

Breaking Out of the Bubble

England & Wales · Charity number 1080202

Details

Other names	PEOPLE FIRST LAMBETH
Status	Registered
Legal form	Charitable company
Company number	03807856
Registered	2000-04-04
Register	View on the Charity Commission register

Contact

Address	Breaking Out Of The Bubble We Are 336 336 Brixton Road Stockwell London SW9 7AA
Phone	02077377909
Email	bobteam@breakingoutofthebubble.org.uk
Website	www.breakingoutofthebubble.org.uk

Activities

Objects: (1) TO RELIEVE AND SUPPORT PEOPLE WITH LEARNING DIFFICULTIES LIVING OR WORKING IN THE LONDON BOROUGH OF LAMBETH, GREATER LONDON AND ITS ENVIRONS THROUGH SERVICES WHICH ENABLE PEOPLE WITH LEARNING DIFFICULTIES TO OBTAIN THEIR FULL RIGHTS AND PRIVILEGES AS CITIZENS(2) THE ADVANCEMENT OF EDUCATION AND TRAINING OF PROFESSIONALS, CARERS AND THE PUBLIC ABOUT THE NEEDS OF PEOPLE WITH LEARNING DIFFICULTIES SO PEOPLE WITH LEARNING DIFFICULTIES MAY ACHIEVE FULL PARTICIPATION IN THE COMMUNITY.

Activities: We provide self-advocacy groups to adults with learning difficulties. We provide one to one support, information and advice as well as supporting people to campaign about issues which effect their lives.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** LONDON BOROUGH OF LAMBETH, GREATER LONDON AND ITS ENVIRONS
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£67,426	£78,232	-	-
2024-03-31	£98,091	£81,267	-	-
2023-03-31	£104,523	£95,896	-	-
2022-03-31	£71,073	£61,033	-	-
2021-03-31	£78,123	£89,754	-	-

Trustees

Name	Role	Appointed
Christina Watkins		2013-12-12
DANA BROWN		
MAN YEN TANG		
MANNY JOSEPH ORAKA		
SUSAN LAFFEY		
Sabina Lahere		2019-12-05

Breaking Out of the Bubble

England & Wales - Charity number 1080202

Accounts

Charity number 1080202
Company number 03807856

BREAKING OUT OF THE BUBBLE LTD

(A company limited by Guarantee)
REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025
FOR
BREAKING OUT OF THE BUBBLE LTD

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BREAKING OUT OF THE BUBBLE LTD

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for the Year Ended 31 March 2025**

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BREAKING OUT OF THE BUBBLE LTD

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2025**

The Management Committee presents its report and unaudited financial statements for the year ended 31 March 2025.

Reference and Administrative Information

Charity Name:	Breaking Out Of The Bubble Ltd
Charity Registration Number:	1080202
Company Registration Number:	3807856
Registered Office and Operational address:	336 Brixton Road LONDON SW9 7AA

Management Committee at 31.3.2025

Dana Brown
Susan Laffey
Emanuel Oraka
Man Yen Tang
Christina Watkins
Sabina Lahere

Project Co-Ordinator

Dr Vic Forrest

Advisors

Hilary Adams
Frances Pitcher

Independent Examiners

Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
KENT
CT6 5NP

Bankers

Unity Trust Bank, Nine Brindleyplace, Birmingham B1 2HD
COIF, Charities Deposit Fund 80 Cheapside, London EC2V 6DZ

BREAKING OUT OF THE BUBBLE LTD

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2025**

Breaking Out of the Bubble Directors' Report 2025



We are pleased that we have been able to work face to face in our rooms in 336 during all of the past year. It's great to have this space of our own. Thanks to Tudor Trust for making that possible as well as some important admin and governance work. We really love our rooms and it's really important that PWLDs can drop in to work with us, tell us about their problems or just chat. As well as dropping in PWLDs have been able to come to the regular face to face groups or meetings we hold. Of course, we attend some Zoom meetings when we have to, and share lots of phone calls and emails, but we see each other and other people with learning difficulties (PWLDs) every weekday except for most Fridays. Often, PWLDs don't have computers, tablets, or smart phones. It's really important that they can come and see us in a place they know how to find, because it's not safe out there at all, not these days.

We are continuing to do a lot of supporting of PWLDs to be safer and get out of bad situations with people who are using and abusing them. We have also continued to spread the word a lot about how to support PWLDs to be safer in the community and deal with hate crime and hate incidences. Also, some of the few PWLDs we work with who do have smart phones and tablets are continuing to get into trouble with people online who want to take advantage of them. We have supported those PWLDs too. Part of this work has involved training new recruits to Lambeth and Southwark Metropolitan Police. Since our last directors report we have provided 3 police training workshops for over 20 new recruits. We have also provided 2 online safety workshops, one for Disability Advice Service Lambeth's (DASL) Parents with Learning Difficulties peer group and the other for People First Self-advocacy.

We really need to keep working with people to deal with these horrible issues and have been supporting PWLDs to avoid or deal with the same sorts of issues we mentioned in our last directors report such as online scamming, blackmailing and threatening abuse.

We now have funding from Trust for London's Social Justice Fund to strengthen our organisation, so that we can go forward quite a long way into the future.



'So, when any of us leave... other people can come in and know how we work in the way of Breaking Out of the Bubble' - Gina

For a lot of years, we have gone from project to project and back-to-back supporting local PWLDs. We haven't had enough time to think about making sure that we find ways to share all the things we know about working together and all the training and guidance we have developed. It's great that we now have the resources to do this.

BREAKING OUT OF THE BUBBLE LTD

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2025**



'We've still got many, many years of struggle ahead to change people's ideas of what people with learning difficulties can do...We are trying to change the way the general public think about people with learning difficulties. People should look at people with learning difficulties in a different way. We were once on the road to hell, now we are on the road to hope.' - Neil

'It's like influencing other organisations and other places ... to work the way we work... If they don't do it then people with learning difficulties won't get the treatment we've got. So, we just want it to go a bit further.' - Gina



'People with learning difficulties can do a lot of things in life but some people don't understand people with learning difficulties. They think we are just little teddy bears that's why they look down on us. Some people just don't see us as people. People need to know who we really are as PWLDs. We should show the whole world who we really are as people with learning difficulties and that we can do a lot of things, that we can work and organise events, and write book chapters, train the police, you name it, and they are just putting us down all the time. We want to be proud of ourselves and achieve our goals, that could be anything. This is what life is all about doing things, being independent and being a person.' - Jennifer

BREAKING OUT OF THE BUBBLE LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2025

Trust for London supported us to feel confident about our ideas and put together the best application possible. We also wanted to work alongside different funders so that they can be as supportive as possible to PWLDs applying for funding. We included this in our application to TFL's Disability Justice Fund.

We have made a good start, thinking up questions and working on developing questionnaires about working with funders, for both funders themselves and learning difficulty organisations who receive or want to receive funding. We have also made useful contacts when attending networking events and conferences. For example, Learning Disability England have agreed to send completed questionnaires out to all their members.

This year we received funding from the Nation Lottery Awards for All to continue our face to face support work with PWLD and develop involvement with older PWLD who are missing out on self-advocacy support. We have started working on getting in contact with older PWLD in care homes. We have liaised with Jenny Johnson from the Lambeth Safeguarding Adults Board who has helped us with contact details for people who can help us move forward. This fund has also enabled us to continue supporting individual PWLDs to deal with their problems, be safer and mix in more within the local community, including community organisations that they were unable to access previously.

Last year with the support of Heart n Soul, we learned a lot more about social media and how it can be used to communicate with others in useful ways. Since then we have redesigned our website and built up our social media presence and online communications. We regularly post on X and Facebook, updating people about what BOB is doing, reaching 150 followers now. We have also created a monthly 'BOB news blast' email newsletter using Mailchimp. We send information about the work we have done and what we will be doing to people on our mailing list, which has led to more people being aware of us. We also mention the activities of other organisations we attend such as the Healthy Living Platform and Platform Community Café. This has kept our members and other service users informed of both what BOB is doing and what they can get involved in within the community.



Last year we got a new radio show of our own at Brixton Radio, which is still going. We talk about all sorts of issues including what life is like for PWLDs and the support we want. But, we also talk about how to keep as happy as possible and what matters in life and lots of other things, not all good. One of the important things about the show is that it's us, PWLDs, doing it. People can tune in to Brixton Radio and hear a show run by PWLDs. They can hear what we are really like and know what we can do, including making jokes and lifting people's spirits. We choose great music for that show and have a good laugh at times.

BREAKING OUT OF THE BUBBLE LTD

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2025**

We have given 11 radio shows during the April 2024 to March 2025 period covering a wide range of topics. Here are some examples: hate crime awareness, the barriers PWLD face, relationships and what our dreams and goals for the future are. We produce the show entirely, coming up with the topic, choosing music and also presenting the show live. Since our last report, the show has been listened to by over 180 people on catch up. We are unsure how many have listened to it live. We have plan to have guests on our show, to ensure that even more PWLD and their supporters views are heard by the community. We have met with students from Roots and Shoots to begin this process.

Here are two recent episodes:

Hate Crime Awareness week episode

<https://www.mixcloud.com/brixtonradiolive/breaking-out-the-bubble-081024/>

Relationship episode

<https://www.mixcloud.com/brixtonradiolive/breaking-out-the-bubble-140125/>

'The radio show is fun to do because all of us have got learning difficulties and we have a laugh on the radio show. And we talk about what we want to talk about, and the people that listen to it can hear what people with learning difficulties have to say. We talk about different subjects and it's quite interesting for the people that hear. I think that lots of people listen to the radio show. I don't think they have listened to people with learning difficulties doing a show before.' - Gina



We are still interested in using art to communicate with people and have now had quite a lot of meetings about what we want to do exactly. We have begun completing an Arts Council application form as well as developing our connections with local artists, photographers and film makers. We have also visited several exhibitions ourselves to help us understand more clearly what we would like to achieve and are researching suitable places for exhibiting work.



'I think some people think of us as some sort of alien race. Over the years they look at you as if you come from some far away planet, the way they react to you' (Neil). 'This exhibition will help because you will find out how we feel' (Gina).

BREAKING OUT OF THE BUBBLE LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2025

We have continued to hand out our set of guidelines for supporting PWLDs in the community and have been going out and sharing them with other organisations and also giving out our window stickers to show PWLDs that we have worked with the staff inside and that they are 'a friend of Breaking Out of the Bubble' and as such should be welcoming and supportive.



Neil, one of our staff with learning difficulties has continued his involvement with Lambeth's Learning Disability forum and Assembly as one of their board members and our rep.

Let's Dance our inclusive monthly dance we co-host with Disability Advice Service Lambeth, held publicly in Pop Brixton, is open to anyone and everyone. Let's Dance continues to flourish. Usually we have 30 to 40 people attending each time. 30 new people both with and without LD have attended the dance since our last report.



We facilitate a weekly face to face group of PWLDs. At the BOB Group people learn more about speaking up, rights and choice. They talk about any concerns or interests they have. We also tell them about our work and ask them what they think. We have a regular group of 10 PWLD that come to the group. This year two new people have joined the group. We keep in touch regularly with 20+ PWLDs who we speak to often on the telephone, who drop in to see us or attend the BOB Group. However, if we include all of our projects between April 2024-2025 we have worked with over 140 PWLDs.

This financial year we have been able to meet and work with a wide range of staff and service users from different organisations, having influence within them through face to face meetings and training. We don't only send emails and leaflets explaining our work. We meet up, which takes some arranging and often rearranging. We have met up in person with nearly all of the organisations listed below: Vida Walsh Community Service, Platform Community Café, St Vincent's Community Centre, Carers Hub Lambeth, Lambeth Links, London Borough of Southwark Council, Metropolitan Police (Lambeth and

BREAKING OUT OF THE BUBBLE LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2025

Southwark), London Borough of Lambeth Safeguarding Adults Board, London Borough of Lambeth Learning Disability Assembly and Forum, Roots and Shoots, Keyring, Rathbone Society, Lambeth Accessibility Working Group, Alliance for Inclusive Education's Stronger Voices Steering Group, Shaping Our Lives National User Group, Lambeth College The Fish Lounge, DASL (learning disability parents peer group), Trust for London disability social justice fund networking events, Southbank Centre Community Engagement Team, Healthy Living Platform, Hear Us Croydon, Sunshine Studios, Haywood Gallery, Pete Fleishman Independent co-production consultant, Park College Kennington, Care Trade, Share Community) Learning Disability England, Dr Colin Cameron, Shaping Our Lives, Age UK and Antoine Rogers from Evidence to Exist.

We wanted to say something more about some of the new things we have done since our last Director's Report.

We worked with Dr, Antoine Rogers to put in a request for funding from Lambeth for a project which would involve us but be led by Evidence to Exist. We met with Kevin Shaw a man with Down's system from Ireland who wanted to meet with us to find out what we do and how we work. We gave DASL's parents group and staff online safety training. We visited Tate modern and met with the person responsible for access for disabled people. We met with Hear Us Croydon and spoke about BOB's work and training the police. We supported Healthy Living Platform to make their flyers easy read and we attended many of their healthy lunches with different PWLD where we discussed healthy eating and engage with different organisations and members of the public. We explained our current work to Pete Fleishmann an independent consultant specialising in co-production. We met with Southbank Centre Community Engagement Team to share what both of our services are able to offer. We had supportive meetings with Sunshine Studios about a funding application for a new project of theirs involving PWLD. We had regular meetings in Platform Café with PWLD. Platform Café kindly provided free food. We attended Park College Kenninton's and Roots and Shoot's open days and talked with representatives from both organisations and Share Community and Share Trade. They told us about their work and we told them about ours. We met with Roots and Shoots student interns, shared what we do and found out how they might like to work with us. We started the process of involving a couple of students in our radio show. We attended the Learning Difficulty England conference where we shared information about our work and about other self-advocacy organisations work and also discussed how LD England could support us to publicise and share our research questionnaire with other organisations that could help us find out more about the funding issues self-advocacy organisations face.

We attended People First Self Advocacy's London Network Campaign event in November 2024 and met and worked with The Advocacy Project, One to One Enfield, Generate, Changing Perspectives, Inclusion London, Advocacy in Greenwich and Involved Kingston. Dr Colin Cameron (Assistant Professor at Northumbria University) approached us with a request to co-write with two of our staff with LDs, Jennifer and Gina, an article for Disability and Society about why the organisation Shaping Our Lives is important. Jennifer and Gina are members of Shaping Our Lives' National user group. We have enjoyed working with Colin on this.

Becky Short, a policy manager for the office of the victims commissioner for England and Wales met with us to ask our opinions on the rights of pwld when in police custody and how PWLD might feel about having a lawyer assigned to them automatically if in custody or questioned. We also discussed easy read information for PWLD to know their options and shared our easy read document we developed for reporting crimes to the police.

It's been great attending Trust For London's learning and networking events. In September 2024 the following groups were invited to attend alongside BOB – WinVisible, National Survivor User Network, Camden Disability Action, Inclusion London, Disability Arts Online, Touretteshero CIC, Candoco Dance Company, Birthing Ourselves, Deaf Unity, Suvai Deaf East Community, Kingston Upon Thames Association, Act up! Newham, SEN Mamas CIC, People First Self Advocacy, Action Disability Kensington and Chelsea, Action on Disability Hammersmith, ADHD Babes, BME Volunteers CIC, Bromley Experts by Experience, Deaf Ethnic Women's Association, Deafinitely Theatre, DPAC, filmpro, Mobility Help for Disabled UK, Reasonable Access, WISH. It's been wonderful being part of the group of organisations funded within TFL's disability social justice fund. The organisations have been able to share knowledge and connections and support one another.

BREAKING OUT OF THE BUBBLE LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2025

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 15 July 1999 and registered as a charity on 4th April 2000. The aim of the company is to support people with learning difficulties who live in Lambeth and the area so they can have the same rights as everyone else. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee retire every year but may be re-elected by the full members at the Annual General Meeting.

Due to the nature of the work of Breaking Out Of The Bubble and the fact that is a user led organisation we have a policy that states that only people with learning difficulties are allowed to become full members of the Management Committee and so have legal control over the organisation. However, the members of the committee make use of the services of "advisors" who have experience in charity administration. We currently have two advisors who have more than 20 years experience each as directors and managers of various charities and projects.

We believe that people with learning difficulties are the experts about what people with learning difficulties need and so it is natural and correct that they will have control of our organisation. For these reasons we say that we are a Disabled Peoples Organisation.

Two directors have left the Committee this year and while we welcome new applications to become a director we are pleased to have most of the same stable group for another year.

Responsibilities of the Management Committee

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

The Management Committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006.

The Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

BREAKING OUT OF THE BUBBLE LTD

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2025**

Responsibilities of the Management Committee (continued)

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant information of which the company's Independent Examiners are unaware; and as the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's Independent Examiners are aware of that information.

Independent Examiners

The Independent Examiners, Hilary Adams Ltd, will be proposed for re-appointment at the forthcoming Annual General Meeting.

The report has been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

Approved by the Management Committee on ^{30th OCTOBER} 2025 and signed on its behalf by:


E-Oraka - Director
S. LANERE

BREAKING OUT OF THE BUBBLE LTD

**STATEMENT OF FINANCIAL ACTIVITIES
(including Income and Expenditure Account)
for the Year Ended 31 March 2025**

	Notes	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Incoming resources from generated funds:					
Voluntary income:					
Donations & grants	4	18,750	45,093	63,843	93,299
Activities for generating funds:					
Investment income	5	723	-	723	1,052
Miscellaneous income		2,860	-	2,860	3,740
Incoming resources from charitable activities:					
Grants & contracts		-	-	-	-
Total incoming resources		22,333	45,093	67,426	98,091
Resources expended					
Costs of generating funds:					
Costs of generating voluntary income		-	-	-	-
Charitable activities		28,689	49,543	78,232	81,267
Total resources expended	3	28,689	49,543	78,232	81,267
STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES					
Net incoming resources before other recognised gains					
(net income for the year)		(6,356)	(4,450)	(10,806)	16,824
Other recognised gains					
Gain on revaluation of investments		-	-	-	-
Transfer between funds		-	-	-	-
Net movement in funds		(6,356)	(4,450)	(10,806)	16,824
Total funds brought forward		27,054	8,873	35,927	19,103
Total funds carried forward	13	20,698	4,423	25,121	35,927

Movements in funds are disclosed in Note 13 to the financial statements.

The notes form part of these financial statements

BREAKING OUT OF THE BUBBLE LTD (REGISTERED NUMBER: 03807856)

**STATEMENT OF FINANCIAL POSITION
31 March 2025**

	Notes	31.3.25		31.3.24	
		£	£	£	£
FIXED ASSETS					
Tangible assets	10		-		-
CURRENT ASSETS					
Debtors	11	3,410		3,400	
Cash at bank		<u>57,553</u>		<u>56,019</u>	
		60,963		59,419	
CREDITORS					
Amounts falling due within one year	12	<u>35,842</u>		<u>23,492</u>	
NET CURRENT ASSETS			<u>25,121</u>		<u>35,927</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>25,121</u>		<u>35,927</u>
RESERVES					
Restricted funds			4,423		8,873
Unrestricted funds					
Income and expenditure account	13		<u>20,698</u>		<u>27,054</u>
			<u>25,121</u>		<u>35,927</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The report has been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

In accordance with Section 444 of the Companies Act 2006, the Income & Expenditure Account has not been delivered.

The financial statements were approved by the Board of Directors on 30th October 2025 and were signed on its behalf by:

.....
E Orla - Director

S. LAHERE

DANIEL BROWN

.....
D Brown - Chair

The notes form part of these financial statements

BREAKING OUT OF THE BUBBLE LTD

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 March 2025

1. STATUTORY INFORMATION

Breaking Out Of The Bubble Ltd is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Accounting convention

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents grants and donations received.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% & 20% on cost

Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy, The following specific policies are applied to particular categories of income:

- Grants are recognised when receivable;
- Investment income is included when receivable.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with both the costs of attracting the income and those of providing the facilities to generate the income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

BREAKING OUT OF THE BUBBLE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2025**

3. Total Resources Expended

	Basis of allocation	Disability Justice	Inclusive Support - Lottery Community Fund	Lottery Fund new	Trust for London	Tudor Trust	Unrestricted	2025 Total	2024 Total
		£	£	£	£	£	£	£	£
Costs directly allocated to activities									
Groups costs	Direct	-	-	-	-	-	-	-	52
Consultancy	Direct	-	-	-	-	-	-	-	1,900
Accountancy	Direct	720	-	-	-	60	-	780	660
Support costs allocated to activities									
Premises	Floor area	8,789	-	-	-	3,813	1,193	13,795	13,340
Staff costs	Time	26,779	8,082	3,802	598	12,209	7,296	58,766	60,863
Communications	Time	-	-	-	-	832	311	1,143	1,049
General office expenses	Usage	462	-	118	193	1,768	1,121	3,662	3,292
Bank charges	Usage	-	-	-	-	68	18	86	72
Depreciation	Usage	-	-	-	-	-	-	-	39
Total resources expended		36,750	8,082	3,920	791	18,750	9,939	78,232	81,267

BREAKING OUT OF THE BUBBLE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2025**

4. INCOMING RESOURCES FROM ACTIVITIES TO FURTHER THE CHARITY'S OBJECTS

	Unrestricted Funds £	Restricted Funds £	2025 Total £	2024 Total £
Tudor Trust	18,750	-	18,750	25,000
Big Lottery Fund	-	5,000	5,000	9,880
TFL Commissioning	-	-	-	18,400
Trust for London	-	40,093	40,093	40,000
Other Income	<u>3,583</u>	-	<u>3,583</u>	<u>4,811</u>
	<u>22,333</u>	<u>45,093</u>	<u>67,426</u>	<u>98,091</u>

5. INVESTMENT INCOME

	31.3.25	31.3.24
	£	£
Deposit account interest	<u>723</u>	<u>1,052</u>

6. NET OUTGOING RESOURCES FOR THE YEAR

The surplus/(deficit) is stated after charging:

	31.3.25	31.3.24
	£	£
Directors' remuneration and other benefits etc	<u>-</u>	<u>-</u>

7. STAFF COSTS

	31.3.25	31.3.24
	£	£
Wages and salaries	57,963	60,018
Pension costs	<u>803</u>	<u>845</u>
	<u>58,766</u>	<u>60,863</u>

Average number of employees, including directors, during the year was as follows: 7 (2024: 7)

8. TRUSTEE REMUNERATION AND RELATED PARTY TRANSACTIONS

No members of the management committee received any remuneration during the year (2024: Nil). No expenses were reimbursed during the year (2024: Nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2024: Nil).

9. TAXATION

As a charity, Breaking Out Of The Bubble Ltd is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

BREAKING OUT OF THE BUBBLE LTD**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2025**

10. TANGIBLE FIXED ASSETS		Plant and machinery etc £
COST		
At 1 April 2024		11,782
Additions		-
Disposals		-
At 31 March 2025		<u>11,782</u>
DEPRECIATION		
At 1 April 2024		11,782
Charge for year		-
Eliminated on disposal		-
At 31 March 2025		<u>11,782</u>
NET BOOK VALUE		
At 31 March 2025		<u>-</u>
At 31 March 2024		<u>-</u>
11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	31.3.25	31.3.24
	£	£
Other debtors	<u>3,410</u>	<u>3,400</u>
12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	31.3.25	31.3.24
	£	£
Taxation and social security	-	201
Other creditors	<u>35,842</u>	<u>23,291</u>
	<u>35,842</u>	<u>23,492</u>

BREAKING OUT OF THE BUBBLE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2025**

13. MOVEMENT IN FUNDS	At 1.4.24	Net movement in funds	Transfers between funds	At 31.3.25
Unrestricted Funds				
General Fund	27,580	(6,356)	(526)	20,698
Wellness Fund - Tudor	(526)	-	526	-
Restricted Funds				
Disability Justice	-	3,343	-	3,343
Inclusive Support - Lottery Community Fund	8,082	(8,082)	-	-
Lottery Fund new	-	1,080	-	1,080
Trust for London	791	(791)	-	-
TOTAL FUNDS	<u>35,927</u>	<u>(10,806)</u>	<u>-</u>	<u>25,121</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
Unrestricted funds			
General Fund	22,333	(28,689)	(6,356)
Wellness Fund - Tudor	-	-	-
	<u>22,333</u>	<u>(28,689)</u>	<u>(6,356)</u>
Restricted funds			
Disability Justice	40,093	(36,750)	3,343
Inclusive Support - Lottery Community Fund	-	(8,082)	(8,082)
Lottery Fund new	5,000	(3,920)	1,080
Trust for London	-	(791)	(791)
	<u>45,093</u>	<u>(49,543)</u>	<u>(4,450)</u>
	<u>67,426</u>	<u>(78,232)</u>	<u>(10,806)</u>

Trust for London - Disability Justice Fund

A three year project that aims to strengthen Breaking Out Of The Bubble and the control PWLD have over how the organisation, specifically to record, share and develop the way BOB Works plan our future and reach more people with LD and find out how funders can work better with PWLD

Inclusive Support Awards for All

Funding from the National Lottery Awards for All, has enabled us to support individual PWLDs to deal with their problems; be safer, and mix in with more within the local community, including community organisations that they were unable to access previously

Tudor Trust Grant towards general running costs

The majority of this Grant is used for our office space. The balance goes on Administration and Governance as well as other unfunded activity costs such as Telephone, Insurance and Payroll costs for example

Trust For London Commissioning Project

A 12 Month Pilot Project that explored how people with learning disabilities can be involved in the planning and Commissioning of services/projects. PWLD Commissioned a series of training sessions for the BoB Staff and Directors that was delivered by a local Disability Charity

**CHARTERED ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS
ON THE UNAUDITED FINANCIAL STATEMENTS OF
BREAKING OUT OF THE BUBBLE LTD
PREVIOUSLY KNOWN AS PEOPLE FIRST LAMBETH**

We report on the accounts of the company for the year ended 31 March 2025, which are set out on pages 9 to 16.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts; and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Hilary Adams

Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
Kent
CT6 5NP

Date: *6/4/25*

Breaking Out of the Bubble

England & Wales - Charity number 1080202

Accounts

**Charity number 1080202
Company number 03807856**

BREAKING OUT OF THE BUBBLE LTD

(A company limited by Guarantee)

REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

FOR

BREAKING OUT OF THE BUBBLE LTD

BREAKING OUT OF THE BUBBLE LTD**CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 March 2024**

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Notes to the Financial Statements	13
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Income and Expenditure Account	20

BREAKING OUT OF THE BUBBLE LTD**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2024**

The Management Committee presents its report and unaudited financial statements for the year ended 31 March 2024.

Reference and Administrative Information

Charity Name:	Breaking Out Of The Bubble Ltd
Charity Registration Number:	1080202
Company Registration Number:	3807856
Registered Office and Operational address:	336 Brixton Road LONDON SW9 7AA

Management Committee at 31.3.2024

Dana Brown
Susan Laffey
Emanuel Oraka
Man Yen Tang
Christina Watkins
Sabina Lahere

Project Co-Ordinator

Dr Vic Forrest

Advisors

Hilary Adams
Frances Pitcher

Independent Examiners

Hilary Adams Ltd Chartered Accountants, 158 High Street Herne Bay KENT CT6 5NP

Bankers

Unity Trust Bank plc, PO Box 7193, Planetary Road Willenhall WV1 9DG

Breaking Out of the Bubble Directors' Report 2024



We are pleased that we have been able to work face to face in our rooms in 336 during all of the past year. It's great to have this space of our own. Thanks to Tudor Trust for making that possible as well as some important admin and governance work. We really love our rooms and it's really important that PWLDs can drop in to work with us, tell us about their problems or just chat. As well as dropping in PWLDs have been able to come to the regular face to face groups or meetings we hold. Of course, we attend some Zoom meetings when we have to, and share lots of phone calls and emails, but we see each other and other people with learning difficulties (PWLDs) every weekday except for most Fridays. Often, PWLDs don't have computers, tablets, or smart phones. It's really important that they can come and see us in a place they know how to find, because it's not safe out there at all, not these days.

We've done a lot of supporting of PWLDs to be safer and get out of bad situations with people who are using and abusing them. We have spread the word a lot about how to support PWLDs to be safer in the community and deal with hate crime and hate incidences. Also, some of the few PWLDs we work with who do have smart phones and tablets have got into trouble with people online who want to take advantage of them. We have supported those PWLDs too. Part of our work supporting PWLDs to be safe has involved training 40+ new recruits to Lambeth and Southwark Metropolitan Police.

We really need to keep working with people to deal with these horrible issues and have been supporting PWLDs to avoid or deal with the same sorts of issues we mentioned in our last directors report such as online scamming, blackmailing and threatening abuse.

We decided to apply for a good amount of money from Trust for London's Social Justice Fund to strengthen our organisation, so that we can go forward quite a long way into the future.



'So, when any of us leave... other people can come in and know how we work in the way of Breaking Out of the Bubble' - Gina

For a lot of years, we have gone from project to project and back-to-back supporting local PWLDs. We haven't had enough time to think about making sure that we find ways to share all the things we know about working together and all the training and guidance we have developed.

'We've still got many, many years of struggle ahead to change people's ideas of what people with learning difficulties can do... We are trying to change the way the general public think about people with learning difficulties. People should look at people with learning difficulties in a different way. We were once on the road to hell, now we are on the road to hope.' - Neil



'It's like influencing other organisations and other places ... to work the way we work... If they don't do it then people with learning difficulties won't get the treatment we've got. So, we just want it to go a bit further.' - Gina



'People with learning difficulties can do a lot of things in life but some people don't understand people with learning difficulties. They think we are just little teddy bears that's why they look down on us. Some people just don't see us as people. People need to know who we really are as PWLDs. We should show the whole world who we really are as people with learning difficulties and that we can do a lot of things, that we can work and organise events, and write book chapters, train the police, you name it, and they are just putting us down all the time. We want to be proud of ourselves and achieve our goals, that could be anything. This is what life is all about doing things, being independent and being a person.' - Jennifer

Trust for London supported us to feel confident about our ideas and put together the best application possible. We also wanted to work alongside different funders so that they can be as supportive as possible to PWLDs applying for funding. We included this in our application to TFL's Social Justice Fund.

This year we have been looking a lot at how we communicate with the outside world, with society in general and different organisations and groups both online and in other ways. We put in an application to produce a new book, but unfortunately that application was not successful. We are hoping to apply to other funders to continue that work at some stage. However, we worked with Brixton Bugle to produce an article about our work they printed in their newspaper.

https://brixtonblog.com/Bugle_98_html/0008.html

We have worked on updating our website, and with the support of Heart n Soul, and have learned a lot more about social media and how it can be used to communicate with others in useful ways. We now use X and Instagram much more. Our work with Heart n Soul was funded as part of our pilot project looking at commissioning other services to work with us. As well as learning about commissioning on this project we were able to commission Heart n Soul directly with the support of Trust for London.



This year we got a new radio show of our own at Brixton Radio. We talk about all sorts of issues including what life is like for PWLDs and the support we want. But, we also talk about how to keep as happy as possible and what matters in life and lots of other things, not all good. One of the important things about the show is that it's us, PWLDs, doing it. People can tune in to Brixton Radio and hear a show run by PWLDs. They can hear what we are really like and know what we can do, including making jokes and lifting people's spirits. We choose great music for that show and have a good laugh at times.

<https://www.mixcloud.com/brixtonradlolive/breaking-out-the-bubble-120624/>

'The radio show is fun to do because all of us have got learning difficulties and we have a laugh on the radio show. And we talk about what we want to talk about, and the people that listen to it can hear what people with learning difficulties have to say. We talk about different subjects and it's quite interesting for the people that hear. I think that lots of people listen to the radio show. I don't think they have listened to people with learning difficulties doing a show before.' - Gina



During the past year, we've become very interested in using art to communicate with people. Watch this space to see how we develop this ambition. As well as having meetings to talk about what we want to do, we have focused on finding allies to support us with this project.



'I think some people think of us as some sort of alien race. Over the years they look at you as if you come from some far away planet, the way they react to you' (Neil). 'This exhibition will help because you will find out how we feel' (Gina).

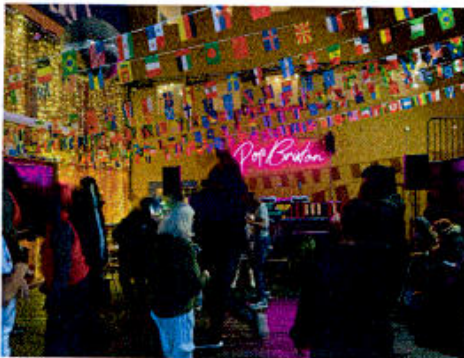
We have developed a set of guidelines for supporting PWLDs in the community and have been going out and sharing them with local businesses and community and other organisations. We have produced window stickers to show PWLDs that we have worked with the staff inside and that they are 'a friend of Breaking Out of the Bubble' and as such should be welcoming and supportive.



Neil, one of our staff with learning difficulties, has become even more involved with a Lambeth's Learning Disability forum and Assembly. He has moved from being just our representative there to also being a rep. on the board. In January we gave a presentation at the Assembly on our top tips for supporting people with learning difficulties who are at risk of or experiencing hate crime and incidences. We created the top tips earlier when we completed our work with Inclusion London on supporting PWLDs who are at risk of, or experiencing hate crime or incidences. In December we gave a presentation about our top tips to Lambeth Safeguarding Adults Board (SAB) Community Engagement Group. This led to the SAB manager asking us to email our top tips to her and requesting to meet with us at our rooms at 336 Brixton Road to talk about how we can work together further in the future.

We wanted to find out more about what happens to PWLDs who move from living in the community into care homes when they are older and could not get anywhere with finding out about this subject from what social services had online. We found out a local group of older LGBTQ+ people called Brixton Umbrella Circle had a campaign called Not Going Into The Care Closet and we asked if we could come to their meetings as they too were concerned about inadequate and in some cases abusive care of elderly people in care homes. They were happy to involve us and had no trouble understanding the cross-overs in our work. We learned a lot from our ongoing meetings with them and the members of social services they were meeting with. Using our experience, we were able to introduce one circle member to Carers Hub, a useful organisation we work with. We were also able to explain about direct payments to a disabled member of the circle and send them information about how to go about applying for them.

Let's Dance our inclusive monthly dance we co-host with Disability Advice Service Lambeth, held publicly in Pop Brixton, is open to anyone and everyone. Let's Dance is flourishing well after the pandemic. We often have over 45 people attending.



We facilitate a weekly face to face group of PWLDs. At the BOB Group people learn more about speaking up, rights and choice. They talk about any concerns or interests they have. We also tell them about our work and ask them what they think. 15 people attend this group. We keep in touch regularly with 28+ PWLDs who we speak to often on the telephone, who drop in to see us or attend the BOB Group. However, if we include all of our projects between April 2023-2024 we have worked with over 100 PWLDs.

Funding from the National Lottery Awards for All has enabled us to support individual PWLDs to deal with their problems, be safer and mix in more within the local community, including community organisations that they were unable to access previously.

This financial year, funded by Trust for London, we have been able to meet and work with a wide range of staff and service users from different organisations, including the following, having influence within them through face to face meetings and training. We don't only send emails and leaflets explaining our work to different organisations. We meet up, which takes some arranging and often rearranging. We have met up in person with nearly all of the organisations listed below: Vida Walsh Community Service, Platform Community Café, The Advocacy Academy, Brixton Ritzy Cinema, St Vincent's Community Centre, Carers Hub Lambeth, Lambeth Links, London Borough of Southwark Council, Transport for All, All Sewn Up (community sewing group), Lambeth and Southwark Metropolitan Police, London Borough of Lambeth Safeguarding Adults Board, London Borough of Lambeth Learning Disability Assembly and Forum, Wheels for Wellbeing, Roots and Shoots, Keyring, Rathbone Society Lambeth, Brixton Windmill Community Centre, Lambeth Accessibility Working Group, Alliance for Inclusive Education's Stronger Voices Steering Group, Shaping Our Lives National User Group and Lambeth College. We have also worked with the following local cafes Coffee Shop 272, Pipoca, Cable Café, Van Gough Café, Collective in Kennington Park.

BREAKING OUT OF THE BUBBLE LTD**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2024****Structure, Governance and Management**Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 15 July 1999 and registered as a charity on 4th April 2000. The aim of the company is to support people with learning difficulties who live in Lambeth and the area so they can have the same rights as everyone else. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee retire every year but may be re-elected by the full members at the Annual General Meeting.

Due to the nature of the work of Breaking Out Of The Bubble and the fact that is a user led organisation we have a policy that states that only people with learning difficulties are allowed to become full members of the Management Committee and so have legal control over the organisation. However, the members of the committee make use of the services of "advisors" who have experience in charity administration. We currently have two advisors who have more than 20 years experience each as directors and managers of various charities and projects.

We believe that people with learning difficulties are the experts about what people with learning difficulties need and so it is natural and correct that they will have control of our organisation. For these reasons we say that we are a Disabled Peoples Organisation.

Two directors have left the Committee this year and while we welcome new applications to become a director we are pleased to have most of the same stable group for another year.

Responsibilities of the Management Committee

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

The Management Committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006.

The Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

BREAKING OUT OF THE BUBBLE LTD**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2024**Responsibilities of the Management Committee (continued)

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant information of which the company's Independent Examiners are unaware; and as the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's Independent Examiners are aware of that information.

Independent Examiners

The Independent Examiners, Hilary Adams Ltd, will be proposed for re-appointment at the forthcoming Annual General Meeting.

The report has been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

Approved by the Management Committee on *7th November* 2024 and signed on its behalf by:

E. Oraka
E Oraka - Director

STATEMENT OF FINANCIAL ACTIVITIES
(including Income and Expenditure Account)
for the Year Ended 31 March 2024

	Notes	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Incoming resources from generated funds:					
Voluntary income:					
Donations & grants	4	25,019	68,280	93,299	104,313
Activities for generating funds:					
Investment income	5	1,052	-	1,052	210
Miscellaneous income		3,740	-	3,740	-
Incoming resources from charitable activities:					
Grants & contracts		-	-	-	-
Total incoming resources		29,811	68,280	98,091	104,523
Resources expended					
Costs of generating funds:					
Costs of generating voluntary income		-	-	-	-
Charitable activities		21,667	59,600	81,267	95,896
Total resources expended	3	21,667	59,600	81,267	95,896
STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES					
Net incoming resources before other recognised gains					
(net income for the year)		8,144	8,680	16,824	8,627
Other recognised gains					
Gain on revaluation of investments		-	-	-	-
Transfer between funds		167	(167)	-	-
Net movement in funds		8,311	8,513	16,824	8,627
Total funds brought forward		18,743	360	19,103	10,476
Total funds carried forward	13	27,054	8,873	35,927	19,103

Movements in funds are disclosed in Note 13 to the financial statements.

The notes form part of these financial statements

BREAKING OUT OF THE BUBBLE LTD (REGISTERED NUMBER: 03807856)**STATEMENT OF FINANCIAL POSITION
31 March 2024**

	Notes	31.3.24		31.3.23	
		£	£	£	£
FIXED ASSETS					
Tangible assets	10		-		38
CURRENT ASSETS					
Debtors	11	3,400		3,183	
Cash at bank		<u>56,019</u>		<u>38,436</u>	
		59,419		41,619	
CREDITORS					
Amounts falling due within one year	12	<u>23,492</u>		<u>22,554</u>	
NET CURRENT ASSETS			<u>35,927</u>		<u>19,065</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>35,927</u>		<u>19,103</u>
RESERVES					
Restricted funds			8,873		360
Unrestricted funds					
Income and expenditure account	13		<u>27,054</u>		<u>18,743</u>
			<u>35,927</u>		<u>19,103</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The report has been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

In accordance with Section 444 of the Companies Act 2006, the Income & Expenditure Account has not been delivered.

The financial statements were approved by the Board of Directors on 7th November 2024 and were signed on its behalf by:

E. Oraka
E Oraka - Director

DANA BROWN
D Brown - Chair

The notes form part of these financial statements

BREAKING OUT OF THE BUBBLE LTD**NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31 March 2024****1. STATUTORY INFORMATION**

Breaking Out Of The Bubble Ltd is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES**Accounting convention**

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents grants and donations received.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% & 20% on cost

Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy, The following specific policies are applied to particular categories of income:

- Grants are recognised when receivable;
- Investment income is included when receivable.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with both the costs of attracting the income and those of providing the facilities to generate the income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

BREAKING OUT OF THE BUBBLE LTD

NOTES TO THE FINANCIAL STATEMENTS -
continued
for the Year Ended 31 March 2024

3. Total Resources Expended	Basis of allocation	Inclusive Support - Lottery Community Fund	£	£	TFL Commissioning	£	Trust for London	£	Tudor Trust	£	Unrestricted	£	2024	2023
													Total	Total
			£	£		£	£	£	£	£	£	£	£	£
Costs directly allocated to activities														
Groups costs	Direct	-	-	-	-	-	-	-	52	-	-	-	52	890
Consultancy	Direct	-	-	1,900	-	-	-	-	-	-	-	1,900	900	900
Accountancy	Direct	-	-	-	-	-	-	660	-	-	-	660	660	660
Support costs allocated to activities														
Premises	Floor area	-	-	-	475	12,865	-	-	-	-	-	13,340	13,378	13,378
Staff costs	Time	1,798	-	16,500	38,226	4,339	-	60,863	76,085	-	-	60,863	76,085	76,085
Communications	Time	-	-	-	70	979	-	1,049	934	-	-	1,049	934	934
General office expenses	Usage	-	-	-	631	2,399	262	3,292	2,613	-	-	3,292	2,613	2,613
Bank charges	Usage	-	-	-	-	72	-	72	72	-	-	72	72	72
Depreciation	Usage	-	-	-	-	-	39	39	364	-	-	39	364	364
Total resources expended			1,798	18,400	39,402	21,366	301	81,267	95,896					

BREAKING OUT OF THE BUBBLE LTD**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024****4. INCOMING RESOURCES FROM ACTIVITIES TO FURTHER THE CHARITY'S OBJECTS**

	Unrestricted Funds £	Restricted Funds £	2024 Total £	2023 Total £
Tudor Trust	25,000	-	25,000	25,000
Big Lottery Fund	-	9,880	9,880	-
Inclusion London	-	-	-	30,240
TFL Commissioning	-	18,400	18,400	-
Trust for London	-	40,000	40,000	44,000
Bailey Thomas	-	-	-	4,992
Other Income	<u>4,811</u>	-	<u>4,811</u>	291
	<u>29,811</u>	<u>68,280</u>	<u>98,091</u>	<u>104,523</u>

5. INVESTMENT INCOME

31.3.24	31.3.23
£	£

Deposit account interest	<u>1,052</u>	<u>210</u>
--------------------------	--------------	------------

6. NET OUTGOING RESOURCES FOR THE YEAR

The surplus/(deficit) is stated after charging:

31.3.24	31.3.23
£	£

Directors' remuneration and other benefits etc	<u>-</u>	<u>-</u>
--	----------	----------

7. STAFF COSTS

31.3.24	31.3.23
£	£

Wages and salaries	60,018	74,921
Pension costs	<u>845</u>	<u>1,164</u>
	<u>60,863</u>	<u>76,085</u>

Average number of employees, including directors, during the year was as follows: 7 (2023: 7)

8. TRUSTEE REMUNERATION AND RELATED PARTY TRANSACTIONS

No members of the management committee received any remuneration during the year (2023 Nil). No expenses were reimbursed during the year (2023: Nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2023: Nil).

9. TAXATION

As a charity, Breaking Out Of The Bubble Ltd is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

BREAKING OUT OF THE BUBBLE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024

10.	TANGIBLE FIXED ASSETS		Plant and machinery etc £
	COST		
	At 1 April 2023		11,782
	Additions		-
	Disposals		-
	At 31 March 2024		<u>11,782</u>
	DEPRECIATION		
	At 1 April 2023		11,744
	Charge for year		38
	Eliminated on disposal		-
	At 31 March 2024		<u>11,782</u>
	NET BOOK VALUE		
	At 31 March 2024		<u>-</u>
	At 31 March 2023		<u>38</u>
11.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.3.24	31.3.23
		£	£
	Other debtors	<u>3,400</u>	<u>3,183</u>
12.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.3.24	31.3.23
		£	£
	Taxation and social security	201	219
	Other creditors	<u>23,291</u>	<u>22,335</u>
		<u>23,492</u>	<u>22,554</u>

BREAKING OUT OF THE BUBBLE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024

13. MOVEMENT IN FUNDS	At 1.4.23	Net movement in funds	Transfers between funds	At 31.3.24
Unrestricted Funds				
General Fund	19,269	8,144	167	27,580
Wellness Fund - Tudor	(526)	-	-	(526)
Restricted Funds				
Bailey Thomas	167	-	(167)	-
Inclusive Support - Lottery Community Fund	-	8,082	-	8,082
TFL Commissioning	-	-	-	-
Trust for London	193	598	-	791
TOTAL FUNDS	19,103	16,824	-	35,927

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
Unrestricted funds			
General Fund	29,811	(21,667)	8,144
Wellness Fund - Tudor	-	-	-
	29,811	(21,667)	8,144
Restricted funds			
Bailey Thomas	-	-	-
Inclusive Support - Lottery Community Fund	9,880	(1,798)	8,082
TFL Commissioning	18,400	(18,400)	-
Trust for London	40,000	(39,402)	598
	68,280	(59,600)	8,680
	98,091	(81,267)	16,824

Trust for London - Out There Project

The focus of the project is about influencing other organisations to be able to involve PWLDs further in the local community.

On the Out There Project we developed training and built up links with a wide range of local organisations as well as providing training and consultation on how to support and involve PWLDs so they feel welcome and are included. We didn't only send emails and leaflets explaining our work to different organisations, we met up, which takes some arranging and often rearranging

Inclusion London (Big Lottery Fund administered by Inclusion London) - Hate Crime Project

The project supported people to deal with hate crime and provided consultation and/or training to a range of different organisations

Tudor Trust Grant towards general running**costs**

The majority of this Grant is used for our office space. The balance goes on Administration and Governance as well as other unfunded activity costs such as Telephone, Insurance and Payroll costs for example

Bailey Thomas Information Technology "IT" Project

A small project funded by Bailey Thomas enabling us to develop further necessary IT skills, practice and support for PWLD

**CHARTERED ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS
ON THE UNAUDITED FINANCIAL STATEMENTS OF
BREAKING OUT OF THE BUBBLE LTD
PREVIOUSLY KNOWN AS PEOPLE FIRST LAMBETH**

We report on the accounts of the company for the year ended 31 March 2024, which are set out on pages 11 to 18.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Hilary Adams
Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
Kent
CT6 5NP

Date: *2/12/24*

Breaking Out of the Bubble

England & Wales - Charity number 1080202

Accounts

Charity number 1080202
Company number 03807856

BREAKING OUT OF THE BUBBLE LTD

(A company limited by Guarantee)

REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

FOR

BREAKING OUT OF THE BUBBLE LTD

BREAKING OUT OF THE BUBBLE LTD

**CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 March 2023**

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Notes to the Financial Statements	11
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BREAKING OUT OF THE BUBBLE LTD

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2023**

The Management Committee presents its report and unaudited financial statements for the year ended 31 March 2023.

Reference and Administrative Information

Charity Name:	Breaking Out Of The Bubble Ltd
Charity Registration Number:	1080202
Company Registration Number:	3807856
Registered Office and Operational address:	336 Brixton Road LONDON SW9 7AA

Management Committee at 31.3.2023

Dana Brown
Susan Laffey
Emanuel Oraka
Man Yen Tang
Christina Watkins
Sabina Lahere

Project Co-Ordinator

Dr Vic Forrest

Advisors

Hilary Adams
Frances Pitcher

Independent Examiners

Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
KENT
CT6 5NP

Bankers

Unity Trust Bank, Nine Brindleyplace, Birmingham B1 2HD
COIF, Charities Deposit Fund 80 Cheapside, London EC2V 6DZ

BREAKING OUT OF THE BUBBLE LTD

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2023**

The directors present their report with the financial statements of the company for the year ended 31 March 2023.

The past year was one of change and adjustment. We came through the worst of the pandemic and built up to coming into 336 every weekday, usually. It was great for the team in Breaking Out of the Bubble (BOB) and the people with learning difficulties (PWLDs) we support to be back together in person. While we had provided Zoom meetings for those who could access them, most of our communication with our members was via one to one and group conference calls as Zoom meetings were not accessible to most.

When Supporting Each Other Equals Power, our joint project with SCIE and People First Self-advocacy, ended we talked in depth in our team and with our members about what we wanted to do in the future, what we want BOB to focus on. We decided our time would be best used working mostly on supporting other organisations and people to understand who PWLDs are really, how we need to be included more in society and how we need to be supported to have a life with improved wellbeing and safety.

'The reason why they don't see us is because the people with learning difficulties are hidden away. They want to hide us away but we don't want that. ...Basically, if they know more about us they will get us and that will help them and that will help us'.
(Jen): 'and it will be a better place to live in' (Gina).



'They have views about us and they don't know us so how can you have a view about us if you don't know what we're really like' (Gina).



'They look down on us and everyone is looking happy and leaving us out all the time. They keep hiding us away and pretending we don't exist but we do exist and they are making things difficult for us, but we need to get on with life like everybody else. ...Society has got some problems with people with learning difficulties. They need to work with us, get to know us and communicate with us, not push us underneath the carpet like we are nothing because we are people, people with learning difficulties' (Jen).

BREAKING OUT OF THE BUBBLE LTD

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2023**



'Not enough is being done to help people with learning difficulties to become part of the community... So, we have to go out there and educate them about what learning disability is. What learning disability is about and what specific problems people with learning disabilities have... It will make going about a lot easier for us if we know people are going to treat us the right way' (Neil).

'We are trying to reach them in the brain so they treat people with learning difficulties better' (Wenda).



The two main projects we worked on, the Big Lottery funded hate crime work with Inclusion London and the Trust For London funded Out There project, about influencing other organisations to be able to involve PWLDs further in the local community went very well and we were able to learn and share a lot while supporting other PWLDs. A smaller project funded by Bailey Thomas also went well enabling us to develop further necessary IT skills, practice and support.

On the Out There Project we developed training and built up links with a wide range of local organisations as well as providing training and consultation on how to support and involve PWLDs so they feel welcome and are included. We didn't only send emails and leaflets explaining our work to different organisations, we met up, which takes some arranging and often rearranging.

We began and continued to host a weekly BOB group for PWLD's, where people get experience of speaking out and telling us their views and wishes. We divided those who attend into two halves. One half comes one week and the other the next. This was necessary because of spacing and coronavirus.

BREAKING OUT OF THE BUBBLE LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023

People who attend this group learn more about speaking up and their rights and choices. They also talk about any concerns or interests they have. We tell them about our work and find out what they think. Here are some comments that BOB members have made when asked if they feel like their voices are heard in the group (names have been changed):

'Most definitely. I wish there were more places like this'(Arthur).



'Yes. It's nice to get our voice heard. That's why we have a management committee, innit. We talk about different things and we go out' (Jane).

'It's lovely to come here on a Thursday. More happier to come here' (Alicia).

'You're surrounded by people. Good people. I haven't run into anyone that's upset me yet' (Arthur).

In addition, we applied to Trust for London for funding for BOB to commission and oversee another organisation to work in collaboration with us supporting people to go where they want and mix in outside in settings that are not just for PWLDs. Part of the reason for doing this is that we want BOB to stay small. We all think being small helps us to work better and allows all of us to be involved in the decisions we need to make in BOB day in day out, as well as the big ones about what new work we want to do and how to move forward with our work.

We applied to the National Lottery to continue our work that we were doing with Inclusion London as part of their Hate Crime Partnership. Inclusion London got the funding for us last time from the Big Lottery Partnership Fund. The rules changed and organisations can't fund other organisations any more so us and Inclusion London both just applied separately. We talked with each other to make sure our funding bids would work together in the most useful way. We titled our application Protecting Ourselves Together. The problem is PWLDs ended up unsafe within our local community for other reasons as well as hate crime. We know that if PWLD's are not asked the right questions and supported the right way a lot of serious issues can go unchecked and not be dealt with. We wanted this project to have an influence nationally and explained to the Big Lottery how we plan to do that and why we think it is important.

We supported people to deal with the following hate crime and incidences issues: internet scamming, coercion through dating and hook up sites, street mockery, thieving 'friends', rude and angry service staff, sexual abuse, forced entry of home, cuckooing and threats of murder and extreme violence. We have developed training about uncovering abuse and crime that might be happening and how to respond to it. We also provided consultation and/or training to a range of different organisations and people that will be mentioned later in this report. In addition we set up and ran a fortnightly Keeping Safe, Well and Happy Group and gathered data for Inclusion London's hate crime research. This data was also useful for recommendations we needed to produce later in the year so that Inclusion London and BOB can share nationally how to support PWLDs around the subject of hate crime and incidences.

In March we hosted a large Hate Crime and Hate Incidences Conference. 30 PWLDs came along with supporters from local organisations for PWLDs as well as representatives from Lambeth and Southwark Councils, the community police, Transport for London, Wheels for Wellbeing, Transport for All, Generate UK, Inclusion London and DASL.

BREAKING OUT OF THE BUBBLE LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023

We provided five different workshops, Being Safe Out and About, Police and Support, Being Safe in the Home, Being Safe on Transport and Being Safe Online. Police and Support was facilitated by one of Breaking Out of the Bubble staff with LDs and a Community Engagement Police Officer, Being Safe on Transport was facilitated by Transport for All and one of BOB's staff with LDs. The rest of the workshops were facilitated by BOB staff.

Ignite Me Theatre acted out a range of different hate crimes and incidences that PWLDs can experience. This was very well done and useful and helped to open up conversations in the workshops.

The feedback forms we handed out at the end of the conference showed how much people had appreciated the day. Everyone, except for one person who said the conference was useful, said they found the conference very useful.

People said the conference led to them understanding or understanding more about the following issues, cuckooing, internet catfishing to get money or information from people, sexual and other abuse, fake 'friends', the importance of asking questions about hate crime and incidences, the importance of having trusted people to talk with, what to do when a hate crime or incidence happens, and how as far as possible to avoid incidences and remain safe. People also said the conference helped them to understand what sort of hate crime issues PWLDs are facing and the scale of the problem.

As always, once these subjects were discussed with PWLDs people started to tell us about hate crime and incidences that happened to them or are still happening. At times it was shocking to hear these stories about what has happened to people we know and care about. All of the hate crime and incidences mentioned previously had happened to one or the other of the PWLDs at the conference.



We also started having face to face management committee meetings again and are back hosting Let's Dance in Pop Brixton.

'Let's Dance is an event that we put on and loads of people with learning difficulties and without learning difficulties come and dance. Everybody is together and we are mingling together. It is wonderful and we feel great about that' (Gina).

We were able to start taking full advantage of our new much bigger space, funded by Tudor Trust.

It's great having our own space and more room. Here are some of the things BOB staff with learning difficulties had to say about this.

'Having a big space makes our lives better because we can go from room to room we can work in different rooms. We can have private conversations, one to one, and a big group in the big room (Gina).

'Before we had this all the groups had to share a small space but now we have spread out our wings as we now have got space that we can use five days a week. We were here basically five days a week and that is so much more relaxing because we don't have to worry about getting out of the way' (Neil).

BREAKING OUT OF THE BUBBLE LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023



'You can do the groups in here and I like this space. The one thing is you can have a laugh and joke because you can be a bit louder. When we had the small space we was all squashed up. It was not private' (Wenda).

We gave talks and/or training on our work supporting PWLDs, to the following: Share Community students and staff, Carers Hub management, carers with LDs and support staff, Lambeth Assembly, Kingston and St George's University, Transport for All, Shaping Our Lives, The Cherry Gross Foundation, Wheels for Wellbeing, local police, Lambeth Assembly Health Week, Changing Our Lives, St John's at Waterloo and DASL. We were requested to train staff in Loughborough Junction Farm and Playground Community Projects, the Advocacy Academy, Vida Walsh, St Vincent's Community Centre and five local cafes. The Metropolitan Police Partnership and Prevention Team for Southwark and Lambeth requested we provide ongoing training for 20 to 30 new recruits starting in February, which we did. This led to us being asked to train 300 to 500 new recruits in Hendon Police College. Lambeth social services approached us in December to work with Elfrida Rathbone providing training for people with LDs on the benefits of vaccination for Covid 19, which we agreed to do. We also share our work with PWLDs and organisations who support them within Lambeth's Learning Disability Forum and Assembly, which we attend regularly.

In the year from April 2022 to April 2023 we worked with over 90 PWLDs and spoke with 23 of them at least every one or two weeks individually. 15 attend our BOB Group. 10 took part in our Keeping Safe Well and Happy Group, which focused on hate crime and abuse. These numbers show how well we managed to provide support, and training during such difficult times and how we continued to keep up with most of our contacts and started to develop new ones.

Here are some quotes from the BOB team about our work.

'We've been meeting with the police and we are training them' (Neil).

'And it's ongoing' (Gina).

'We do the BOB group every Thursday Afternoon' (Wenda).

'We have two BOB groups because so many people want to come and it's due to safety reasons as well because of Covid' (Gina).

'If people want to draw, if people want to talk about anything they talk. Some people don't want to talk they get on with their drawing' (Wenda).

'They can talk about anything that's bothering them or that they are wondering about because the thing about people with learning difficulties is we are quite curious about other people, curious about what's going on in the outside world. People with learning difficulties love chatting as well. People with learning difficulties in our team are well versed in chatting. We just love to chat' (Neil).

BREAKING OUT OF THE BUBBLE LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023

'We were talking to the police on Monday. It was good.' (Wenda).

'Yesterday it was great talking to the police they are wonderful' (Gina).

'The same police you saw before' (Jen).

'Literally, we was talking about the event what we are going to do in March and it was great because they [Transport for All] were talking about what they were going to do. They are going to set up a table and talk and have things on their table, leaflets and all of that' (Gina).

'And also, we are gonna train the new, who come, literally it's a class for new cadets. We decided that we are going to do role-plays. There is one role-play in particular that I am gonna do' (Gina).

'We did design the training for the Out There project and the police project. The training is great, what we train about' (Gina).

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 15 July 1999 and registered as a charity on 4th April 2000. The aim of the company is to support people with learning difficulties who live in Lambeth and the area so they can have the same rights as everyone else. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee retire every year but may be re-elected by the full members at the Annual General Meeting.

Due to the nature of the work of Breaking Out Of The Bubble and the fact that is a user led organisation we have a policy that states that only people with learning difficulties are allowed to become full members of the Management Committee and so have legal control over the organisation. However, the members of the committee make use of the services of "advisors" who have experience in charity administration. We currently have two advisors who have more than 20 years experience each as directors and managers of various charities and projects.

We believe that people with learning difficulties are the experts about what people with learning difficulties need and so it is natural and correct that they will have control of our organisation. For these reasons we say that we are a Disabled Peoples Organisation.

Two directors have left the Committee this year and while we welcome new applications to become a director we are pleased to have most of the same stable group for another year.

Responsibilities of the Management Committee

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

The Management Committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006.

The Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

BREAKING OUT OF THE BUBBLE LTD

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2023**

Responsibilities of the Management Committee (continued)

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant information of which the company's Independent Examiners are unaware; and as the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's Independent Examiners are aware of that information.

Independent Examiners

The Independent Examiners, Hilary Adams Ltd, will be proposed for re-appointment at the forthcoming Annual General Meeting.

The report has been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

Approved by the Management Committee on 12th October 2023 and signed on its behalf by:

E. Oraka
E Oraka - Director

BREAKING OUT OF THE BUBBLE LTD

**STATEMENT OF FINANCIAL ACTIVITIES
(including Income and Expenditure Account)
for the Year Ended 31 March 2023**

	Notes	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Incoming resources from generated funds:					
Voluntary income:					
Donations & grants	4	25,081	79,232	104,313	71,061
Activities for generating funds:					
Investment income	5	210	-	210	12
Miscellaneous income		-	-	-	-
Incoming resources from charitable activities:					
Grants & contracts		-	-	-	-
Total incoming resources		25,291	79,232	104,523	71,073
Resources expended					
Costs of generating funds:					
Costs of generating voluntary income		-	-	-	-
Charitable activities		17,001	78,895	95,896	74,939
Total resources expended	3	17,001	78,895	95,896	74,939
STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES					
Net incoming resources before other recognised gains (net income for the year)					
		8,290	337	8,627	(3,866)
Other recognised gains					
Gain on revaluation of investments		-	-	-	-
Transfer between funds		(23)	23	-	-
Net movement in funds		8,267	360	8,627	(3,866)
Total funds brought forward		10,476	-	10,476	14,342
Total funds carried forward	13	18,743	360	19,103	10,476

Movements in funds are disclosed in Note 13 to the financial statements.

BREAKING OUT OF THE BUBBLE LTD (REGISTERED NUMBER: 03807856)

**STATEMENT OF FINANCIAL POSITION
31 March 2023**

	Notes	31.3.23		31.3.22	
		£	£	£	£
FIXED ASSETS					
Tangible assets	10		38		402
CURRENT ASSETS					
Debtors	11	3,183		3,187	
Cash at bank		<u>38,436</u>		<u>32,583</u>	
		41,619		35,770	
CREDITORS					
Amounts falling due within one year	12	<u>22,554</u>		<u>25,696</u>	
NET CURRENT ASSETS			<u>19,065</u>		<u>10,074</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>19,103</u>		<u>10,476</u>
RESERVES					
Restricted funds			360		-
Unrestricted funds					
Income and expenditure account	13		<u>18,743</u>		<u>10,476</u>
			<u>19,103</u>		<u>10,476</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The report has been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

In accordance with Section 444 of the Companies Act 2006, the Income & Expenditure Account has not been delivered.

The financial statements were approved by the Board of Directors on 12th October 2023 and were signed on its behalf by:

E. Oraka
E Oraka - Director

DANA BROWN
D Brown - Chair

The notes form part of these financial statements

BREAKING OUT OF THE BUBBLE LTD

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 March 2023

1. STATUTORY INFORMATION

Breaking Out Of The Bubble Ltd is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Accounting convention

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents grants and donations received.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% & 20% on cost

Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectivities of the charity.
- Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy, The following specific policies are applied to particular categories of income:

- Grants are recognised when receivable;
- Investment income is included when receivable.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with both the costs of attracting the income and those of providing the facilities to generate the income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

BREAKING OUT OF THE BUBBLE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

3. Total Resources Expended

	Basis of allocation	Bailey Thomas		Hate Crime Project		Trust for London		Tudor Trust		Unrestricted		2023 Total		2022 Total	
		£	£	£	£	£	£	£	£	£	£	£	£	£	
Costs directly allocated to activities															
Groups costs	Direct	200	372	31	287	-	-	-	-	-	-	890	1,363		
Consultancy	Direct	-	900	-	-	-	-	-	-	-	-	900	96		
Accountancy	Direct	-	220	220	220	-	-	-	-	-	-	660	630		
Support costs allocated to activities															
Premises	Floor area	-	1,500	1,500	10,378	-	-	-	-	-	-	13,378	7,944		
Staff costs	Time	4,080	25,833	41,938	4,234	-	-	-	-	-	-	76,085	61,033		
Communications	Time	102	737	95	-	-	-	-	-	-	-	934	615		
General office expenses	Usage	443	692	32	1,446	-	-	-	-	-	-	2,613	2,815		
Bank charges	Usage	-	-	-	72	-	-	-	-	-	-	72	72		
Depreciation	Usage	-	-	-	-	-	-	-	-	364	-	364	371		
Total resources expended		4,825	30,254	43,816	16,637	364	95,896	74,939							

BREAKING OUT OF THE BUBBLE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

4. INCOMING RESOURCES FROM ACTIVITIES TO FURTHER THE CHARITY'S OBJECTS

	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
Tudor Trust	25,000	-	25,000	25,000
Big Lottery Fund	-	-	-	34,785
Inclusion London	-	30,240	30,240	9,276
Trust for London	-	44,000	44,000	-
Bailey Thomas	-	4,992	4,992	-
Other Income	<u>291</u>	<u>-</u>	<u>291</u>	<u>2,012</u>
	<u>25,291</u>	<u>79,232</u>	<u>104,523</u>	<u>71,073</u>

5. INVESTMENT INCOME

	31.3.23 £	31.3.22 £
Deposit account interest	<u>210</u>	<u>12</u>

6. NET OUTGOING RESOURCES FOR THE YEAR

The surplus/(deficit) is stated after charging:

	31.3.23 £	31.3.22 £
Directors' remuneration and other benefits etc	<u>-</u>	<u>-</u>

7. STAFF COSTS

	31.3.23 £	31.3.22 £
Wages and salaries	74,921	60,267
Pension costs	<u>1,164</u>	<u>766</u>
	<u>76,085</u>	<u>61,033</u>

Average number of employees, including directors, during the year was as follows: 7 (2022: 7)

8. TRUSTEE REMUNERATION AND RELATED PARTY TRANSACTIONS

No members of the management committee received any remuneration during the year (2022 Nil). No expenses were reimbursed during the year (2022: Nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2022: Nil).

9. TAXATION

As a charity, Breaking Out Of The Bubble Ltd is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

BREAKING OUT OF THE BUBBLE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023**

10. TANGIBLE FIXED ASSETS		
		Plant and machinery etc
		£
COST		
At 1 April 2022		11,782
Additions		-
Disposals		<u>-</u>
At 31 March 2023		<u>11,782</u>
DEPRECIATION		
At 1 April 2022		11,380
Charge for year		364
Eliminated on disposal		<u>-</u>
At 31 March 2023		<u>11,744</u>
NET BOOK VALUE		
At 31 March 2023		<u>38</u>
At 31 March 2022		<u>402</u>
11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	31.3.23	31.3.22
	£	£
Other debtors	<u>3,183</u>	<u>3,187</u>
12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	31.3.23	31.3.22
	£	£
Taxation and social security	219	74
Other creditors	<u>22,335</u>	<u>25,622</u>
	<u>22,554</u>	<u>25,696</u>

BREAKING OUT OF THE BUBBLE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

13. MOVEMENT IN FUNDS	At 1.4.22	Net movement in funds	Transfers between funds	At 31.3.23
Unrestricted Funds				
General Fund	11,002	8,290	(23)	19,269
Wellness Fund - Tudor	(526)	-	-	(526)
Restricted Funds				
Bailey Thomas	-	167	-	167
Hate Crime	-	(14)	14	-
Trust for London	-	184	9	193
TOTAL FUNDS	<u>10,476</u>	<u>8,627</u>	<u>-</u>	<u>19,103</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
Unrestricted funds			
General Fund	25,291	(17,001)	8,290
Wellness Fund - Tudor	-	-	-
	<u>25,291</u>	<u>(17,001)</u>	<u>8,290</u>
Restricted funds			
Bailey Thomas	4,992	(4,825)	167
Hate Crime	30,240	(30,254)	(14)
Trust for London	44,000	(43,816)	184
	<u>79,232</u>	<u>(78,895)</u>	<u>337</u>
	<u>104,523</u>	<u>(95,896)</u>	<u>8,627</u>

Trust for London - Out There Project

The focus of the project is about influencing other organisations to be able to involve PWLDs further in the local community.

On the Out There Project we developed training and built up links with a wide range of local organisations as well as providing training and consultation on how to support and involve PWLDs so they feel welcome and are included. We didn't only send emails and leaflets explaining our work to different organisations, we met up, which takes some arranging and often rearranging

Inclusion London (Big Lottery Fund administered by Inclusion London) - Hate Crime Project

The project supported people to deal with hate crime and provided consultation and/or training to a range of different organisations

Tudor Trust Grant towards general running costs

The majority of this Grant is used for our office space. The balance goes on Administration and Governance as well as other unfunded activity costs such as Telephone, Insurance and Payroll costs for example

Bailey Thomas Information Technology "IT" Project

A small project funded by Bailey Thomas enabling us to develop further necessary IT skills, practice and support for PWLD

**CHARTERED ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS
ON THE UNAUDITED FINANCIAL STATEMENTS OF
BREAKING OUT OF THE BUBBLE LTD
PREVIOUSLY KNOWN AS PEOPLE FIRST LAMBETH**

We report on the accounts of the company for the year ended 31 March 2023, which are set out on pages 9 to 15.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Hilary Adams

Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
Kent
CT6 5NP

Date: 16/10/2023

Breaking Out of the Bubble

England & Wales - Charity number 1080202

Accounts

Charity number 1080202
Company number 03807856

BREAKING OUT OF THE BUBBLE LTD

(A company limited by Guarantee)

REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

FOR

BREAKING OUT OF THE BUBBLE LTD

BREAKING OUT OF THE BUBBLE LTD

**CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 March 2022**

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Statement of Financial Position	5
Notes to the Financial Statements	6
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Income and Expenditure Account	12

BREAKING OUT OF THE BUBBLE LTD

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2022**

The Management Committee presents its report and unaudited financial statements for the year ended 31 March 2022.

Reference and Administrative Information

Charity Name:	Breaking Out Of The Bubble Ltd
Charity Registration Number:	1080202
Company Registration Number:	3807856
Registered Office and Operational address:	336 Brixton Road LONDON SW9 7AA

Management Committee at 31.3.2022

Sharon Anderson – resigned 21.10.2021
Dana Brown
Susan Laffey
Emanuel Oraka
Man Yen Tang
Christina Watkins
Sabina Lahere

Project Co-Ordinator

Dr Vic Forrest

Advisors

Hilary Adams
Frances Pitcher

Accountants

Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
KENT
CT6 5NP

Bankers

Unity Trust Bank, Nine Brindleyplace, Birmingham B1 2HD
COIF, Charities Deposit Fund 80 Cheapside, London EC2V 6DZ

BREAKING OUT OF THE BUBBLE LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2022

The directors present their report with the financial statements of the company for the year ended 31 March 2022.

It has been a busy year. Despite the pandemic continuing we have begun to get back to our normal way of working, meeting in our office at 336 Brixton Road to work and starting up some of our in person groups and activities once again.

The Supporting Each Other Equals Power (SEOEP) project, that we were part of in partnership with SCIE and People First (Self Advocacy), came to an end in December 2021. Throughout the project we continued to support people in the borough, who have little or no support, to deal with issues that arose during the pandemic and helped them to keep up with and develop relationships with us and each other.

As the SEOEP project ended we applied for and were granted funding for two new projects, which both began in April 2022. One funded by Trust for London, called the 'Out There' project. This project aims to campaign and create opportunities for local people with learning difficulties to speak out about issues that matter to them and to influence the people in charge of running services and relevant local organisations, to bring about positive changes, helping them to break out of the bubble they are often trapped in.

The second project we started up in April, funded in association with Inclusion London, is our 'Hate Crime' project. This was a continuation of the hate crime work we had started up in the previous year as well as the development of training that we will give to individuals with learning difficulties and organisations that work with people with learning difficulties on how to keep well, safe and happy in the community and not be a victim of hate crime.

Despite the continued circulation of Covid – 19 we have started up some of our face to face groups and activities once again, in a safe way. We run one weekly in person group called the BOB group and one fortnightly in person group called the Keeping Well, Safe and Happy group.

We have also started up the 'Let's Dance' event again; the first one since the beginning of the pandemic happened in June 2022. It has been successful so far and fun to get back to. We are hoping to build up the relationships we had with other organisations and colleges before the pandemic and make sure they come to the 'Let's Dance' events once again. The dance is inclusive to all, and everyone in the community is invited to join.

Over the past year we have continued to be in regular contact with our members, one to one and in groups; over phone calls, zoom meetings and WhatsApp calls. While we have begun meeting in person once again, we have continued to provide some of our groups on zoom for those who are still nervous to be out and about in the community. But we are encouraging more members of BOB to come into our offices at 336 Brixton Road.

We continue to support staff members with learning difficulties to access zoom and Microsoft teams; also providing IT support for phones and tablets when needed.

We are very busy with our work. But we are enjoying the work and finding it less stressful. We find it joyful and relaxing even. We are happy to be doing what we want to be doing and making our own decisions.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 15 July 1999 and registered as a charity on 4th April 2000. The aim of the company is to support people with learning difficulties who live in Lambeth and the area so they can have the same rights as everyone else. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

BREAKING OUT OF THE BUBBLE LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2022

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee retire every year but may be re-elected by the full members at the Annual General Meeting.

Due to the nature of the work of Breaking Out Of The Bubble and the fact that is a user led organisation we have a policy that states that only people with learning difficulties are allowed to become full members of the Management Committee and so have legal control over the organisation. However, the members of the committee make use of the services of "advisors" who have experience in charity administration. We currently have two advisors who have more than 20 years experience each as directors and managers of various charities and projects.

We believe that people with learning difficulties are the experts about what people with learning difficulties need and so it is natural and correct that they will have control of our organisation. For these reasons we say that we are a Disabled Peoples Organisation.

Two directors have left the Committee this year and while we welcome new applications to become a director we are pleased to have most of the same stable group for another year.

Responsibilities of the Management Committee

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

The Management Committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006.

The Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant information of which the company's accountants are unaware; and as the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's accountants are aware of that information.

Accountants

The accountants, Hilary Adams Ltd, will be proposed for re-appointment at the forthcoming Annual General Meeting.

The report has been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

Approved by the Management Committee on

2022 and signed on its behalf by:

E Oraka - Director

BREAKING OUT OF THE BUBBLE LTD

**STATEMENT OF FINANCIAL ACTIVITIES
(including Income and Expenditure Account)
for the Year Ended 31 March 2022**

	Notes	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Incoming resources from generated funds:					
Voluntary income:					
Donations & grants	4	27,000	44,061	71,061	78,123
Activities for generating funds:					
Investment income	5	12	-	12	3
Miscellaneous income		-	-	-	-
Incoming resources from charitable activities:					
Grants & contracts		-	-	-	-
Total incoming resources		<u>27,012</u>	<u>44,061</u>	<u>71,073</u>	<u>78,126</u>
Resources expended					
Costs of generating funds:					
Costs of generating voluntary income		-	-	-	-
Charitable activities		<u>30,542</u>	<u>44,397</u>	<u>74,939</u>	<u>96,698</u>
Total resources expended	3	<u>30,542</u>	<u>44,397</u>	<u>74,939</u>	<u>96,698</u>
STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES					
Net incoming resources before other recognised gains					
(net income for the year)		(3,530)	(336)	(3,866)	(18,572)
Other recognised gains					
Gain on revaluation of investments		-	-	-	-
Transfer between funds		(175)	175	-	-
Net movement in funds		<u>(3,705)</u>	<u>(161)</u>	<u>(3,866)</u>	<u>(18,572)</u>
Total funds brought forward		<u>14,181</u>	<u>161</u>	<u>14,342</u>	<u>32,914</u>
Total funds carried forward	13	<u>10,476</u>	<u>-</u>	<u>10,476</u>	<u>14,342</u>

Movements in funds are disclosed in Note 13 to the financial statements.

BREAKING OUT OF THE BUBBLE LTD (REGISTERED NUMBER: 03807856)

**STATEMENT OF FINANCIAL POSITION
31 March 2022**

	Notes	31.3.22 £	£	31.3.21 £	£
FIXED ASSETS					
Tangible assets	10		402		773
CURRENT ASSETS					
Debtors	11	3,187		-	
Cash at bank		<u>32,583</u>		<u>41,032</u>	
		35,770		41,032	
CREDITORS					
Amounts falling due within one year	12	<u>25,696</u>		<u>27,463</u>	
NET CURRENT ASSETS			<u>10,074</u>		<u>13,569</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>10,476</u>		<u>14,342</u>
RESERVES					
Restricted funds			-		161
Unrestricted funds					
Income and expenditure account	13		<u>10,476</u>		<u>14,181</u>
			<u>10,476</u>		<u>14,342</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The report has been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

In accordance with Section 444 of the Companies Act 2006, the Income & Expenditure Account has not been delivered.

The financial statements were approved by the Board of Directors on and were signed on its behalf by:

.....
E Oraka - Director

.....
D Brown - Chair

The notes form part of these financial statements

BREAKING OUT OF THE BUBBLE LTD

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 March 2022

1. STATUTORY INFORMATION

Breaking Out Of The Bubble Ltd is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Accounting convention

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents grants and donations received.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% & 20% on cost

Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy, The following specific policies are applied to particular categories of income:

- Grants are recognised when receivable;
- Investment income is included when receivable.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with both the costs of attracting the income and those of providing the facilities to generate the income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

BREAKING OUT OF THE BUBBLE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022

3. Total Resources Expended

	Basis of allocation	Bally Thomas Fund	Big Lottery Fund	Hate Crime Project	Tudor Trust	Wellness Fund - Tudor	Unrestricted	2022 Total	2021 Total
		£	£	£	£	£	£	£	£
Costs directly allocated to activities									
Groups costs	Direct	-	65	-	-	421	877	1,363	72
Consultancy	Direct	-	96	-	-	-	-	96	4,959
Accountancy	Direct	-	630	-	-	-	-	630	630
Support costs allocated to activities									
Premises	Floor area	-	740	-	7,204	-	-	7,944	6,275
Staff costs	Time	-	31,167	8,988	16,577	-	4,301	61,033	75,329
Communications	Time	-	615	-	(105)	105	-	615	4,671
General office expenses	Usage	-	1,754	288	765	-	8	2,815	4,093
Bank charges	Usage	-	54	-	18	-	-	72	72
Depreciation	Usage	-	-	-	-	-	371	371	597
Total resources expended		-	35,121	9,276	24,459	526	5,557	74,939	96,698

BREAKING OUT OF THE BUBBLE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022**

4. INCOMING RESOURCES FROM ACTIVITIES TO FURTHER THE CHARITY'S OBJECTS

	Unrestricted Funds £	Restricted Funds £	2022 Total £	2021 Total £
Tudor Trust	25,000	-	25,000	8,250
SCIE	-	-	-	22,615
Big Lottery Fund	-	34,785	34,785	35,480
Sport for Confidence	-	-	-	1,221
London Community Fund	-	-	-	10,000
Inclusion London	-	9,276	9,276	-
Other Income	<u>2,012</u>	<u>-</u>	<u>2,012</u>	<u>560</u>
	<u>27,012</u>	<u>44,061</u>	<u>71,073</u>	<u>78,126</u>

5. INVESTMENT INCOME

	31.3.22 £	31.3.21 £
Deposit account interest	<u>12</u>	<u>3</u>

6. NET OUTGOING RESOURCES FOR THE YEAR

The deficit is stated after charging:

	31.3.22 £	31.3.21 £
Directors' remuneration and other benefits etc	<u>-</u>	<u>-</u>

7. STAFF COSTS

	31.3.22 £	31.3.21 £
Wages and salaries	60,267	73,878
Social security costs	-	357
Pension costs	<u>766</u>	<u>1,094</u>
	<u>61,033</u>	<u>75,329</u>

Average number of employees, including directors, during the year was as follows: 7 (2021: 6)

8. TRUSTEE REMUNERATION AND RELATED PARTY TRANSACTIONS

No members of the management committee received any remuneration during the year (2021 Nil). No expenses were reimbursed during the year (2021: Nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2021: Nil).

9. TAXATION

As a charity, Breaking Out Of The Bubble Ltd is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

BREAKING OUT OF THE BUBBLE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022**

10.	TANGIBLE FIXED ASSETS		Plant and machinery etc £
	COST		
	At 1 April 2021		11,782
	Additions		-
	Disposals		<u>-</u>
	At 31 March 2022		<u>11,782</u>
	DEPRECIATION		
	At 1 April 2021		11,009
	Charge for year		371
	Eliminated on disposal		<u>-</u>
	At 31 March 2022		<u>11,380</u>
	NET BOOK VALUE		
	At 31 March 2022		<u>402</u>
	At 31 March 2021		<u>773</u>
11.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		31.3.22	31.3.21
		£	£
	Trade debtors	-	-
	Other debtors	<u>3,187</u>	<u>-</u>
		<u>3,187</u>	<u>-</u>
12.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		31.3.22	31.3.21
		£	£
	Taxation and social security	74	210
	Other creditors	<u>20,630</u>	<u>27,253</u>
		<u>20,704</u>	<u>27,463</u>

BREAKING OUT OF THE BUBBLE LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022

13. MOVEMENT IN FUNDS	At 1.4.21	Net movement in funds	Transfers between funds	At 31.3.22
Unrestricted Funds				
General Fund	14,181	(3,004)	(175)	11,002
Wellness Fund - Tudor	-	(526)	-	(526)
Restricted Funds				
Big Lottery Fund	161	(336)	175	-
Hate Crime	-	-	-	-
TOTAL FUNDS	<u>14,342</u>	<u>(3,866)</u>	<u>-</u>	<u>10,476</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
Unrestricted funds			
Core	27,012	(30,016)	(3,004)
Wellness Fund - Tudor	-	(526)	(526)
	<u>27,012</u>	<u>(30,542)</u>	<u>(3,530)</u>
Restricted funds			
Big Lottery Fund	34,785	(35,121)	(336)
Hate Crime	9,276	(9,276)	-
	<u>44,061</u>	<u>(44,397)</u>	<u>(336)</u>
	<u>71,073</u>	<u>(74,939)</u>	<u>(3,866)</u>

**CHARTERED ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS
ON THE UNAUDITED FINANCIAL STATEMENTS OF
BREAKING OUT OF THE BUBBLE LTD
PREVIOUSLY KNOWN AS PEOPLE FIRST LAMBETH**

We report on the accounts of the company for the year ended 31 March 2022, which are set out on pages 4 to 10.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Hilary Adams

Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
Kent
CT6 5NP

Date: 19/0/22

This page does not form part of the statutory financial statements

BREAKING OUT OF THE BUBBLE LTD

**DETAILED INCOME AND EXPENDITURE ACCOUNT
for the Year Ended 31 March 2022**

	31.3.22		31.3.21	
	£	£	£	£
Turnover				
Tudor Trust	25,000		8,250	
SCIE	-		22,615	
Big Lottery Fund	34,785		35,480	
London Community Fund	-		10,000	
Sport for Confidence	-		1,221	
Inclusion London	9,276		-	
Consultancy	2,000		-	
Donations	<u>-</u>		<u>557</u>	
		71,061		78,123
Establishment costs				
Rent	7,245		5,441	
Rates	183		-	
Insurance	<u>516</u>		<u>834</u>	
		<u>7,944</u>		<u>6,275</u>
		63,117		71,848
Administrative expenses				
Wages	60,267		73,878	
Social security	-		357	
Pensions	766		1,094	
Staff training	862		1,700	
Travel	6		-	
Printing, postage and stationery	11		8	
Communications	615		4,671	
Meetings costs	1,010		22	
Activity costs	353		50	
Sundry expenses	135		12	
Accountancy	630		630	
Payroll service	934		831	
Consultancy fees	96		4,959	
Subscriptions	287		-	
Software & maintenance	<u>580</u>		<u>1,542</u>	
		<u>66,552</u>		<u>89,754</u>
		(3,435)		(17,906)
Activity costs				
Bank charges		<u>72</u>		<u>72</u>
		(3,507)		(17,978)
Depreciation				
Fixtures and fittings		29		29
Computer equipment		<u>342</u>		<u>568</u>
		(3,878)		(18,575)
Finance income				
Deposit account interest		<u>12</u>		<u>3</u>
NET (DEFICIT)		<u>(3,866)</u>		<u>(18,572)</u>

This page does not form part of the statutory financial statements

Breaking Out of the Bubble

England & Wales - Charity number 1080202

Accounts

Charity number 1080202
Company number 03807856

BREAKING OUT OF THE BUBBLE LTD

(A company limited by Guarantee)

REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

FOR

BREAKING OUT OF THE BUBBLE LTD



BREAKING OUT OF THE BUBBLE LTD

**CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 March 2021**

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BREAKING OUT OF THE BUBBLE LTD

**REPORT OF THE TRUSTEES
for the Year Ended 31 March 2021**

The Management Committee presents its report and unaudited financial statements for the year ended 31 March 2021.

Reference and Administrative Information

Charity Name:	Breaking Out Of The Bubble Ltd
Charity Registration Number	1080202
Company Registration Number	3807856
Registered Office and Operational address:	336 Brixton Road LONDON SW9 7AA

Management Committee at 31.3.2021

Sharon Anderson
Dana Brown
Susan Laffey
Emanuel Oraka
Man Yen Tang
Christina Watkins
Sabina Lahere

Project Co-Ordinator

Dr Vic Forrest

Advisors

Hilary Adams
Frances Pitcher

Accountants

Hilary Adams Ltd
Chartered Accountants
158 High Street
Herne Bay
KENT
CT6 5NP

Bankers

Unity Trust Bank, Nine Brindleyplace, Birmingham B1 2HD
COIF, Charities Deposit Fund 80 Cheapside, London EC2V 6DZ

BREAKING OUT OF THE BUBBLE LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2021

The directors present their report with the financial statements of the company for the year ended 31 March 2021.

It's been a difficult year. Along with other organisations in 336 Brixton Road, the pandemic forced us to change how we work and the support we provide.

For our part in Supporting Each Other Equals Power, the project funded by the Big Lottery that we share with SCIE and People First (Self Advocacy), we concentrated on supporting people in the borough, who get little or no support elsewhere, to deal with issues that arose for them during the pandemic and keep up with and develop their supportive social relationships with each other, and us.

In addition to the Big Lottery, Tudor Trust also continued to fund us to deliver our work and with the support of Inclusion London we received some additional funding from the London COVID Response Fund to have necessary training and provide additional support and resources during the COVID-19 crisis.

We have never been busier, and our work has never been more stressful. We worked flat out with peer/clients on day-to-day problems and dangers they were facing at the time, as well as loneliness and anxiety. We focused on supporting people to maintain their physical and mental well-being.

We needed to concentrate on supporting people to deal with their particular problems and to understand the reasons and guidelines for social distancing as well as to receive COVID-19 tests and vaccinations. In addition, we supported peer/clients to remain as happy as possible and to find positive activities they could do at home which included making art, practicing relaxation techniques and writing poetry and fiction.

It was necessary to work closely with other local organisations to support people with learning difficulties to do lots of things, including the following: get food parcels and medication, move towards a diagnosis for autism, have urgent repairs done, join in our Zoom meetings and phone calls, make arrangements with health and other services and book free hot food deliveries. We also worked with other local organisations on getting advice on online safety, staying in touch with what's happening in different organisations for disabled people and people with learning difficulties, developing hate crime awareness support and developing our online communication.

Our work was more time consuming because it involved supporting individuals over the phone mostly, both one at a time and in groups, often to talk about difficult issues they chose to cover, which couldn't be rushed. It had to be at the pace of the peer/client.

We established and continue to provide two regular Zoom meetings every week for peer/clients, the Get Together Group and the Creative Group. We also worked out how to include our staff with learning difficulties in Zoom and Microsoft Teams meetings and developed safe conference and WhatsApp calls and individual Zoom meetings with peer/clients as well as each other.

We developed our website appropriately and added blogs from staff with learning difficulties on dealing with the lockdown, put up instructions for using WhatsApp and a gallery page for people to display art and poetry they produced at home.

Our peer/clients are very keen to meet face to face with us and to resume the activities we provided before the pandemic and as we move into the future we are focusing on how this can be achieved safely.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 15 July 1999 and registered as a charity on 4th April 2000. The aim of the company is to support people with learning difficulties who live in Lambeth and the area so they can have the same rights as everyone else. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

BREAKING OUT OF THE BUBBLE LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2021

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee retire every year but may be re-elected by the full members at the Annual General Meeting.

Due to the nature of the work of Breaking Out Of The Bubble and the fact that is a user led organisation we have a policy that states that only people with learning difficulties are allowed to become full members of the Management Committee and so have legal control over the organisation. However, the members of the committee make use of the services of "advisors" who have experience in charity administration. We currently have two advisors who have more than 20 years experience each as directors and managers of various charities and projects.

We believe that people with learning difficulties are the experts about what people with learning difficulties need and so it is natural and correct that they will have control of our organisation. For these reasons we say that we are a Disabled Peoples Organisation.

Two directors have left the Committee this year and while we welcome new applications to become a director we are pleased to have most of the same stable group for another year.

Responsibilities of the Management Committee

Company law requires the Management Committee to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

The Management Committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006.

The Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

In accordance with company law, as the company's directors, we certify that:

- So far as we are aware, there is no relevant information of which the company's accountants are unaware; and as the directors of the company, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant information and to establish that the charity's accountants are aware of that information.

Accountants

The accountants, Hilary Adams Ltd, will be proposed for re-appointment at the forthcoming Annual General Meeting.

The report has been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

Approved by the Management Committee on 21st October 2021 and signed on its behalf by:

DAN A BROWN

Director

D BROWN - CHAIR

BREAKING OUT OF THE BUBBLE LTD

**STATEMENT OF FINANCIAL ACTIVITIES
(including Income and Expenditure Account)
for the Year Ended 31 March 2021**

	Notes	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Incoming resources from generated funds:					
Voluntary income:					
Donations & grants	4	10,028	68,095	78,123	70,030
Activities for generating funds:					
Investment income	5	3	-	3	11
Miscellaneous income		-	-	-	-
Incoming resources from charitable activities:					
Grants & contracts		-	-	-	-
Total incoming resources		10,031	68,095	78,126	70,041
Resources expended					
Costs of generating funds:					
Costs of generating voluntary income		-	-	-	-
Charitable activities		27,182	69,516	96,698	74,465
Total resources expended	3	27,182	69,516	96,698	74,465
STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES					
Net incoming resources before other recognised gains (net income for the year)					
		(17,151)	(1,421)	(18,572)	(4,424)
Other recognised gains					
Gain on revaluation of investments		-	-	-	-
Transfer between funds		10,275	(10,275)	-	-
Net movement in funds		(6,876)	(11,696)	(18,572)	(4,424)
Total funds brought forward		21,057	11,857	32,914	37,338
Total funds carried forward	12	14,181	161	14,342	32,914

Movements in funds are disclosed in Note 12 to the financial statements.

BREAKING OUT OF THE BUBBLE LTD (REGISTERED NUMBER: 03807856)

**STATEMENT OF FINANCIAL POSITION
31 March 2021**

	Notes	31.3.21		31.3.20	
		£	£	£	£
FIXED ASSETS					
Tangible assets	10		773		354
CURRENT ASSETS					
Cash at bank		<u>41,032</u>		<u>33,909</u>	
				33,909	
CREDITORS					
Amounts falling due within one year	11	<u>27,463</u>		<u>1,349</u>	
NET CURRENT ASSETS			<u>13,569</u>		<u>32,560</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>14,342</u>		<u>32,914</u>
RESERVES					
Restricted funds			161		11,857
Unrestricted funds					
Income and expenditure account	12		<u>14,181</u>		<u>21,057</u>
			<u>14,342</u>		<u>32,914</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The report has been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors on 21st October 2021 and were signed on its behalf by:

.....
 DAN A BROWN

 D Brown - Chair

The notes form part of these financial statements

BREAKING OUT OF THE BUBBLE LTD

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 March 2021

1. STATUTORY INFORMATION

Breaking Out Of The Bubble Ltd is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Accounting convention

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial Reporting Standard Number 1

Exemption has been taken from preparing a cash flow statement on the grounds that the company qualifies as a small company.

Turnover

Turnover represents grants and donations received.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% & 20% on cost

Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Grants are recognised when receivable;
- Investment income is included when receivable.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with both the costs of attracting the income and those of providing the facilities to generate the income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

BREAKING OUT OF THE BUBBLE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021**

3. Total Resources Expended

	Basis of allocation	SCIE	London Covid Response Grant	Lottery Covid Uplift	Unrestricted	2021 Total	2020 Total
		£	£	£	£	£	£
Costs directly allocated to activities							
Groups costs	Direct	(56)	-	22	106	72	843
Consultancy	Direct	1,338	1,697	557	1,367	4,959	2,302
Accountancy	Direct	630	-	-	-	630	630
Support costs allocated to activities							
Premises	Floor area	1,100	-	1,599	3,576	6,275	4,506
Staff costs	Time	44,068	2,880	8,570	19,811	75,329	59,308
Communications	Time	613	3,381	47	630	4,671	825
General office expenses	Usage	(373)	1,810	1,000	1,656	4,093	5,445
Bank charges	Usage	36	-	-	36	72	72
Depreciation	Usage	262	-	335	-	597	534
Total resources expended		47,618	9,768	12,130	27,182	96,698	74,465

BREAKING OUT OF THE BUBBLE LTD**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021****4. INCOMING RESOURCES FROM ACTIVITIES TO FURTHER THE CHARITY'S OBJECTS**

	Restricted Funds £	Unrestricted Funds £	2021 Total £	2020 Total £
Tudor Trust	-	8,250	8,250	25,000
SCIE	58,095	-	58,095	45,030
Sport for Confidence	-	1,221	1,221	-
London Community Fund	10,000	-	10,000	-
Other Income	-	557	557	-
	<u>68,095</u>	<u>10,028</u>	<u>78,123</u>	<u>70,030</u>

5. INVESTMENT INCOME

	31.3.21 £	31.3.20 £
Deposit account interest	<u>3</u>	<u>11</u>

6. NET OUTGOING RESOURCES FOR THE YEAR

The deficit is stated after charging:

	31.3.21 £	31.3.20 £
Directors' remuneration and other benefits etc	<u>-</u>	<u>-</u>

7. STAFF COSTS

	31.3.21 £	31.3.20 £
Wages and salaries	73,878	58,327
Social security costs	357	75
Pension costs	<u>1,094</u>	<u>906</u>
	<u>75,329</u>	<u>59,308</u>

Average number of employees, including directors, during the year was as follows: 6 (2020: 5)

8. TRUSTEE REMUNERATION AND RELATED PARTY TRANSACTIONS

No members of the management committee received any remuneration during the year (2020 Nil). No expenses were reimbursed during the year (2020: Nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year (2020: Nil).

9. TAXATION

As a charity, Breaking Out Of The Bubble Ltd is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

BREAKING OUT OF THE BUBBLE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021**

10. TANGIBLE FIXED ASSETS

	Plant and machinery etc £
COST	
At 1 April 2020	10,766
Additions	1,016
Disposals	<u>-</u>
At 31 March 2021	<u>11,782</u>
DEPRECIATION	
At 1 April 2020	10,412
Charge for year	597
Eliminated on disposal	<u>-</u>
At 31 March 2021	<u>11,009</u>
NET BOOK VALUE	
At 31 March 2021	<u>773</u>
At 31 March 2020	<u>354</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Taxation and social security	210	656
Other creditors	<u>27,253</u>	<u>693</u>
	<u>27,463</u>	<u>1,349</u>

BREAKING OUT OF THE BUBBLE LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021**

12. MOVEMENT IN FUNDS	At 1.4.20	Net movement in funds	Transfers between funds	At 31.3.21
Unrestricted Funds				
General Fund	21,057	(17,151)	10,275	14,181
Restricted Funds				
SCIE	11,857	(2,218)	(9,478)	161
London Covid Response Grant	-	232	(232)	-
Lottery Covid Uplift	-	565	(565)	-
TOTAL FUNDS	<u>32,914</u>	<u>(18,572)</u>	<u>-</u>	<u>14,342</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
Unrestricted funds			
Core	10,031	(27,182)	(17,151)
	10,031	(27,182)	(17,151)
Restricted funds			
SCIE	45,400	(47,618)	(2,218)
London Covid Response Grant	10,000	(9,768)	232
Lottery Covid Uplift	12,695	(12,130)	565
	68,095	(69,516)	(1,421)
	<u>78,126</u>	<u>(96,698)</u>	<u>(18,572)</u>

**CHARTERED ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS
ON THE UNAUDITED FINANCIAL STATEMENTS OF
BREAKING OUT OF THE BUBBLE LTD
PREVIOUSLY KNOWN AS PEOPLE FIRST LAMBETH**

We report on the accounts of the company for the year ended 31 March 2021, which are set out on pages 4 to 10.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Hilary Adams Ltd
Chartered Accountants
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Date: 26 October 2021