

REGISTERED COMPANY NUMBER: 03910122 (England and Wales)
REGISTERED CHARITY NUMBER: 1080046

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 August 2022
for
InterAct Stroke Support

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for the Year Ended 31 August 2022

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 August 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Charitable objectives:

The principal object of the Charity is to benefit the public by providing a live interactive reading service carried out by professional actors for stroke patients in hospitals, stroke clubs, and in their homes via a virtual delivery.

Mission:

To deliver a reading service in hospitals, stroke clubs and online and to facilitate creative workshops. These are all provided by professional actors with the aim of engaging stroke survivors to achieve an improved quality of life and active participation in their daily activities.

Objectives for the year were:

- a) To restart our hospital work and stroke clubs as soon as possible
- b) To continue to sustain an online reading service for stroke survivors
- c) To rebuild our hospital actor teams post Covid and national lockdowns

Training and Development

Training continues to be crucial to our work, not only to maintain standards but also to keep our readers up to date on best practice developments.

We currently have 148 readers all of whom are professional actors. New readers serve a three month probation, during which their suitability is assessed. Before being taken on permanently they are shadowed by the training team at least twice, and reports on their progress are sent to our office. They are expected to be familiar with our reading manual (which contains a wide variety of short stories, poetry and non-fiction) and our Long File (a selection of more difficult material for patients with longer concentration spans).

The administration of our work at our stroke clubs continues to be overseen by the Stroke Club Co-ordinator.

Public benefit

The activities of the Charity are available to patients on stroke wards in the hospitals and at the stroke clubs that we serve. We are also doing virtual readings both one to one and to stroke clubs using digital technology. The fundamental aim is to improve the quality of life of stroke patients.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

By the end of the financial year we read to 529 people in the 12 hospitals that have resumed in-person sessions post-COVID. We experienced numerous halts to our hospital work due to Covid outbreaks, which were disruptive to both hospitals and ourselves.

By the end of the financial year we read to 58 people at the 12 stroke clubs that had resumed in-person group sessions

Over the financial year we delivered 698 InterAct at Home sessions. Once again, the good old fashioned telephone was our most popular service. InterAct at Home is an ideal opportunity for stroke survivors to continue their rehabilitation through live readings delivered by professional actors, in the comfort of their homes. We held by invitation, an event at the Orange Tree Theatre in July to celebrate our 8th biennial short story competition. Dame Margaret Drabble selected the top 3 stories, with the winner being "The Rut" by Julia Bourke. Ian Talbot OBE compered the event and Ahlam Wynne, a stroke specialist nurse at West Middlesex came and talked about the impact of InterAct on hospital wards. It was commented by the judging panel that although the number was lower than usual, the quality of stories received this year was especially good. The competition works both as a valuable fundraiser but also provides fresh reading material for us to use in our work.

We were once again selected by the Chiswick Book Festival as a chosen charity for this year's event. This was our last year as a chosen charity and InterAct are very grateful to the festival for consistently supporting us over eleven years. £2700 was raised this year via the festival.

We continued to develop our podcasts RIGHT SIDE OF THE BRAIN where we interviewed people from the Arts, Culture and Health sectors with episodes going out fortnightly. By the end of the financial year, we had delivered a total of 59 fortnightly podcasts since its inception in May 2020.

The Charity welcomed Jess Warshaw as our new office Administrator. Jess has a background in theatre, arts administration, and social media. She is currently studying British Sign Language and is committed to learning about accessibility and inclusion.

ACHIEVEMENT AND PERFORMANCE

Funding

The main sources of funding are by way of grants and donations from trusts, foundations, companies and private individuals. The Charity's Chief Executive, Fundraiser and the Ambassadors are primarily responsible for raising funds, and do so, wherever possible on a multi year basis. InterAct is most grateful to all its supporters for the financial assistance provided during the year, without which the service would be unable to operate.

Particular thanks are given to:

Albert Hunt
Arnold Clark Community Fund
Borrows Charitable Trust
British Humane Association
Broyst Foundation
CB & HH Taylor 1984 Trust
Childwick Trust
City Bridge Trust
Coward Endowment
Dalziel Charitable Trust
Edgar E Lawley Foundation
Equity Charitable Trust
Ernest Kleinwort Charitable Trust
Evelyn May Trust
Frazer Trust
Friarsgate Trust
Garfield Weston Foundation
Gisela Graham Foundation
Granada Foundation
Hadrian Trust
Hollick Family Charitable Trust
James T Howat Charitable Trust
Jeremy Sykes
Joicey Trust
Katie Bradford Arts Trust
Kelton Trust
Lawson Trust
The Leathersellers' Foundation
Lennox Hannay Charitable Trust
Mary Homfray Charitable Trust
Masonic Charitable Foundation
Munro Charitable Trust
Stanley Grundy Foundation
Steel Charitable Trust
Sylvia Waddilove Foundation
TBF & KL Thompson Trust
The Sir Cliff Richard Charitable Trust

Christmas Card sales (Jill Meager)
Nick Ede - Style for Stroke
Chiswick Book Festival

FINANCIAL REVIEW

Reserves policy

The results for the year are set out in the Statement of Financial Activities and the Balance Sheet. The total income at £150,574 was £1,666 lower than the prior year (2021: £152,240). Total expenditure was £143,616; £13,804 higher than the previous year (2021: £129,812). In light of the current economic uncertainty the Trustees will continue to keep income and expenditure under careful review.

The Trustees have examined the Charity's requirements for reserves in the light of risks faced by it. They aim to maintain free reserves in unrestricted funds at a level which equates to approximately six months of unrestricted expenditure. The actual level of unrestricted reserves at 31 August 2022 was £153,464 (2021: £147,106) against unrestricted expenditure for the year of £79,253 (2021: £56,103).

FUTURE PLANS

Plans for the coming year include: -

- a) To restart currently closed hospital and stroke club readings at the earliest opportunity.
- b) To expand the service into Northern Ireland.
- c) To re-establish hospital readings to three sessions per week in the majority of hospital.
- d) To extend our virtual reading service as an integral part of our service delivery using digital technology as well as the telephone.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a company limited by guarantee incorporated on 20 January 2000 governed by its Memorandum and Articles of Association and amended last on 19 November 2011.

The governing body comprises the Trustees who are also directors of the Company. In accordance with the Articles of Association of the Company one third of the Trustees retire from office each year and if their number is not three or a multiple of three the nearest to one third retire. Retiring Trustees are eligible for re-election.

Recruitment and training of trustees

The Charity's elected Trustees are appointed at a meeting of the Board of Trustees on the basis of nominations received from one or more Trustees whose recommendations for eligibility are based on relevant attributes including personal competence, specialist skills and availability. New Trustees are provided with copies of the Charity Commission Guidelines on Trustee Responsibilities, the Charity's governing document, the last Annual Report and Accounts and other important information. All Trustees have a sufficient understanding of the Charity's activities and resources to enable them to fulfil their responsibilities properly.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Management, officers and committee

The Trustees as directors of the Company and Trustees of the Charity are legally responsible for the overall management of the Charity. Day to day management and general policy determination is delegated to the Chief Executive.

The Trustees meet at least four times a year and are supported by Ambassadors. The Ambassadors' principal roles are to fundraise and promote the activities of the Charity. Both the Trustees and the Ambassadors are made up of persons having diverse but relevant skills to meet the needs of the Charity. Meetings of the Trustees are attended by the Chief Executive.

Risk management

The Trustees regularly review all areas of risk, including financial, to which the Charity is exposed. Where appropriate, systems have been established to mitigate those risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03910122 (England and Wales)

Registered Charity number

1080046

Registered office

8 Holyrood Street
London
SE1 2EL

Trustees

N M Dunn FRSL (resigned 10.10.21)
J N Fergus FRCS (resigned 12.1.23)
E J Hubbard
E P Kidd
C J Ravenscroft
C E Smith
L J Sowden FCA
W J Sykes Vice Chairman (resigned 8.10.22)
I C Talbot OBE Chairman
C McKevitt (resigned 10.10.21)
A McCormick
A Rudd (appointed 10.10.21)
J R McDonnell (appointed 10.10.21)
A A Finch (appointed 10.10.21)
M F Walker (appointed 10.10.21)

Company Secretary

N Mahindru

InterAct Stroke Support

Report of the Trustees
for the Year Ended 31 August 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

CafCash Ltd
PO Box 289
West Malling
Kent
ME19 4TA

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 30/3/23 and signed on its behalf by:

I. C. Talbot.
I C Talbot OBE - Trustee

Independent Examiner's Report to the Trustees of
InterAct Stroke Support

Independent examiner's report to the trustees of InterAct Stroke Support ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 August 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

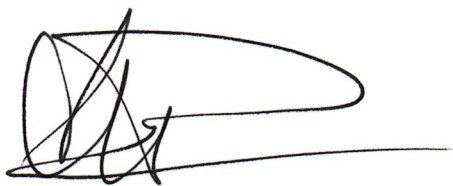
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



S H Pennington

Date: 5/4/23

InterAct Stroke Support

Statement of Financial Activities
for the Year Ended 31 August 2022

	Notes	Unrestricted funds £	Restricted fund £	31.8.22 Total funds £	31.8.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	83,558	64,963	148,521	151,136
Other trading activities	3	1,935	-	1,935	1,086
Investment income	4	118	-	118	18
Total		85,611	64,963	150,574	152,240
EXPENDITURE ON					
Raising funds	5	22,351	9,821	32,172	29,171
Charitable activities	6				
Reading		56,902	52,534	109,436	98,623
Governance costs		-	2,008	2,008	2,018
Total		79,253	64,363	143,616	129,812
NET INCOME		6,358	600	6,958	22,428
RECONCILIATION OF FUNDS					
Total funds brought forward		147,106	79,071	226,177	203,749
TOTAL FUNDS CARRIED FORWARD		153,464	79,671	233,135	226,177

The notes form part of these financial statements

InterAct Stroke Support

Balance Sheet
31 August 2022

	Notes	Unrestricted funds £	Restricted fund £	31.8.22 Total funds £	31.8.21 Total funds £
CURRENT ASSETS					
Cash at bank		154,290	81,771	236,061	228,747
CREDITORS					
Amounts falling due within one year	11	(826)	(2,100)	(2,926)	(2,570)
NET CURRENT ASSETS		<u>153,464</u>	<u>79,671</u>	<u>233,135</u>	<u>226,177</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		153,464	79,671	233,135	226,177
NET ASSETS		<u>153,464</u>	<u>79,671</u>	<u>233,135</u>	<u>226,177</u>
FUNDS	12				
Unrestricted funds				153,464	147,106
Restricted funds				79,671	79,071
TOTAL FUNDS				<u>233,135</u>	<u>226,177</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

InterAct Stroke Support

Balance Sheet - continued
31 August 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30/3/23 and were signed on its behalf by:

I. C. Talbot.
I C Talbot OBE - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 update Bulletin 1 not to prepare a Statement of Cash Flows.

Income

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of specific performance by the Charity, are recognised when the Charity becomes unconditionally entitled to the grant.
- Investment income is included when receivable.
- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the Charity earns the right to consideration by its performance.

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting voluntary income.
- Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the Charity and include the accountancy fees and costs linked to the strategic management of the Charity.
- All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Taxation

The charity is exempt from corporation tax on its charitable activities.

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each fund is set out in the notes to the financial statements.

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity, and have not been designated for other purposes.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	31.8.22	31.8.21
	£	£
Donations	147,632	150,174
Gift aid	889	962
	<u>148,521</u>	<u>151,136</u>

3. OTHER TRADING ACTIVITIES

	31.8.22	31.8.21
	£	£
Fundraising events	55	50
Commissioned work carried out	1,880	1,036
	<u>1,935</u>	<u>1,086</u>

4. INVESTMENT INCOME

	31.8.22	31.8.21
	£	£
Deposit account interest	118	18
	<u>118</u>	<u>18</u>

Notes to the Financial Statements - continued
for the Year Ended 31 August 2022

5. RAISING FUNDS**Raising donations and legacies**

	31.8.22	31.8.21
	£	£
Staff costs	9,022	8,505
Allocation of fees	20,368	20,241
	<u>29,390</u>	<u>28,746</u>

Other trading activities

	31.8.22	31.8.21
	£	£
Entertaining, publicity and events	2,782	425
	<u>2,782</u>	<u>425</u>
Aggregate amounts	<u>32,172</u>	<u>29,171</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £	Support costs £	Totals £
Reading	109,436	-	109,436
Governance costs	-	2,008	2,008
	<u>109,436</u>	<u>2,008</u>	<u>111,444</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.8.22	31.8.21
	£	£
Staff costs	40,504	39,879
Insurance	2,424	1,115
Postage and stationery	1,613	2,359
Hospital actors' fees	24,833	16,830
Hospital actors' travel	961	-
Admin and secretarial costs	15,833	12,531
Stroke club actors' fees	4,813	2,749
Training	841	-
Short stories	250	750
CRB clearance costs	-	106
Office expenses	12,208	20,630
Community projects	-	800
Travel & accommodation	56	-
CLO fees	5,100	600
	<u>109,436</u>	<u>98,349</u>
Carried forward	109,436	98,349

Notes to the Financial Statements - continued
for the Year Ended 31 August 2022

7. DIRECT COSTS OF CHARITABLE ACTIVITIES - continued

	31.8.22	31.8.21
	£	£
Brought forward	109,436	98,349
Trustees' expenses	-	274
	<u>109,436</u>	<u>98,623</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2022 nor for the year ended 31 August 2021.

Trustees' expenses

Travel costs amounting to £NIL (2022: £274) were reimbursed to the Trustees during the year.

9. STAFF COSTS

	31.8.22	31.8.21
	£	£
Wages and salaries	47,035	47,269
Social security costs	1,416	60
Other pension costs	1,075	1,055
	<u>49,526</u>	<u>48,384</u>

The average monthly number of employees during the year was as follows:

	31.8.22	31.8.21
Administrative	<u>1</u>	<u>2</u>

No employees received emoluments in excess of £60,000.

10. TANGIBLE FIXED ASSETS

Assets costing less than £1,000 are not capitalised.

Notes to the Financial Statements - continued
for the Year Ended 31 August 2022

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.8.22	31.8.21
	£	£
Accruals and deferred income	2,926	2,570

12. MOVEMENT IN FUNDS

	At 1.9.21 £	Net movement in funds £	At 31.8.22 £
Unrestricted funds			
General Unrestricted Funds	147,106	6,358	153,464
Restricted funds			
Restricted Funds	79,071	600	79,671
TOTAL FUNDS	226,177	6,958	233,135

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Unrestricted Funds	85,611	(79,253)	6,358
Restricted funds			
Restricted Funds	64,963	(64,363)	600
TOTAL FUNDS	150,574	(143,616)	6,958

Notes to the Financial Statements - continued
for the Year Ended 31 August 2022

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.9.20 £	Net movement in funds £	At 31.8.21 £
Unrestricted funds			
General Unrestricted Funds	127,145	19,676	146,821
Designated funds	285	-	285
	<hr/>	<hr/>	<hr/>
	127,430	19,676	147,106
Restricted funds			
Restricted Funds	76,319	2,752	79,071
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<hr/> 203,749 <hr/>	<hr/> 22,428 <hr/>	<hr/> 226,177 <hr/>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Unrestricted Funds	75,779	(56,103)	19,676
Restricted funds			
Restricted Funds	76,461	(73,709)	2,752
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<hr/> 152,240 <hr/>	<hr/> (129,812) <hr/>	<hr/> 22,428 <hr/>

The restricted fund relates to income received for work in hospitals, stroke clubs and Pembrokeshire Hospice.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 August 2022.