

INTERACT STROKE SUPPORT

England & Wales · Charity number 1080046

Details

Other names	INTERACT READING SERVICE, INTERACT READING SERVICE - SUPPORTING STROKE RECOVERY
Status	Registered
Legal form	Charitable company
Company number	03910122
Registered	2000-03-28
Register	View on the Charity Commission register

Contact

Address	InterAct Stroke Support Unit 303.3 Almond Studios Biscuit Factory Business Complex 100 Drummond Road SE16 4DG
Phone	02038861028
Email	info@interactstroke.org
Website	www.interactstrokesupport.org

Activities

Objects: THE RELIEF OF PEOPLE IN SICKNESS OR DISTRESS BY THE PROVISION OF THE SPOKEN WORD IN A VARIETY OF FORMS WHICH MAY INCLUDE THE PROVISION OF A READING SERVICE

Activities: InterAct Stroke Support takes professional actors into hospitals and stroke clubs to read and interact with stroke survivors. This interaction alleviates boredom, depression and stimulates the brain, thus helping rehabilitation & recovery. Post stroke depression is common and neural stimulation has been shown to help the brain "adaptively rewire" finding new routes from A to B.

Classification

- **How:** Provides Human Resources, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science
- **Who:** Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** NATIONAL
- Northern Ireland
- Scotland
- Birmingham City
- Bristol City
- Cardiff
- East Sussex
- Manchester City
- Newcastle Upon Tyne City
- Oldham
- West Sussex
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£264,691	£217,446	-	-
2024-08-31	£170,328	£215,655	-	-
2023-08-31	£184,008	£234,054	-	-
2022-08-31	£150,574	£143,616	-	-
2021-08-31	£152,240	£129,812	-	-
2020-08-31	£201,470	£189,685	-	-

Trustees

Name	Role	Appointed
IAN TALBOT OBE	Chair	
CHRISTOPHER JOHN RAVENSCROFT		
Clive Mark Rowe		2026-05-28
Dr Anthony Rudd CBE		2020-02-21
Dr Marion Walker MBE		2021-09-30
EDMUND JOSHUA HUBBARD		
John Stephen Ridley		2026-05-28
Jonathan McDonnell		2020-02-21
LEAH JANICE SOWDEN		

INTERACT STROKE SUPPORT

England & Wales - Charity number 1080046

Accounts

Charity registration number 1080046

Company registration number 03910122 (England and Wales)

INTERACT STROKE SUPPORT
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2024

INTERACT STROKE SUPPORT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

L Sowden
E J Hubbard
C J Ravenscroft
A McCormick
Prof A Rudd CBE
J McDonnell
Prof M Walker MBE
A Finch CBE
C L Dorer
I Talbot OBE

(Appointed 6 November 2023)

Secretary

N Mahindru

Charity number

1080046

Company number

03910122

Registered office

8 Holyrood Street
London
SE1 2EL

INTERACT STROKE SUPPORT

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INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 AUGUST 2024

The trustees present their annual report and financial statements for the year ended 31 August 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's Memorandum and Articles Incorporated 20 January 2000 as amended, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The primary aim of InterAct Stroke Support is to improve the quality of life for stroke survivors through live interactive readings delivered by professional actors. These readings provide therapeutic benefits, helping stroke patients regain confidence, memory, and cognitive engagement. We also provide a virtual delivery service directly into people's homes entitled InterAct at Home.

Mission Statement

To promote the recovery of stroke survivors through performance-based services which help improve quality of life and stimulate active participation in daily activities.

InterAct's services are delivered in three primary formats:

- In-person live readings in hospitals and stroke clubs.
- Virtual readings conducted via online platform or by telephone.
- Creative workshops developed within community contexts.

Strategic Goals for the Year

- Reinstating live readings in hospitals post-pandemic.
- Expanding operations to Belfast, with a successful public relations campaign.
- Continuing virtual services through the innovative "InterAct at Home" program.

Training and Development

To ensure high standards, all 127 professional actors undergo rigorous training, including a three-month probationary period with assessments from our dedicated training team. Training sessions cover materials from short stories to more challenging texts, enabling tailored delivery to stroke survivors with varying needs.

Public Benefit

The Trustees have complied with the duty in Section 4 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission

The Trustees confirm that all activities undertaken by InterAct Stroke Support align with its charitable objectives and provide measurable public benefit. By delivering therapeutic reading services to patients in hospitals, stroke clubs, and at home, the Charity improves recovery outcomes and enhances the lives of stroke survivors and their families.

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2024

Achievements and performance

Significant activities and achievements against objectives

2023–2024 was a year of resilience for InterAct Stroke Support. In the previous year, hospital openings were staggered as they started to relax their protocols post Covid and national lockdowns. This year we started with all 20 hospitals commencing at the same time. The charity continued to reconfigure hospital reading teams, following the loss of many Interact readers who had decided that they no longer wished to work in the sensitive environment of a hospital setting. We felt it appropriate to continue to pursue the online platform of InterAct at Home, where we can engage with stroke survivors irrespective of where they live.

Due to the difficult fundraising environment, there was a shortfall in income this financial year and a similar situation occurred in the previous year. The resultant deficits incurred have been funded out of reserves.

Noting this, the Trustees decided it was prudent to set up a funding committee, to meet regularly (every two weeks), to identify and pursue ways of increasing our income streams, thus generating further funds to match our expenditure. The Trustees are pleased to report that income levels have increased in the first five months of 2024/25, enabling planned charitable expenditure to be funded and restoring some of the reserves consumed in 2023 and 2024.

Hospital Readings: Delivered 1,770 live hospital reading sessions, reaching 2,856 stroke survivors in hospitals and stroke clubs. We read in 65 in person stroke clubs this year.

Virtual Readings: Conducted 419 online sessions, to individuals and groups, benefiting over 500 participants.

Key Events

- **Belfast PR Launch:** With the support of Oscar-nominated actor Ciarán Hinds, InterAct celebrated its expansion to Belfast's Whiteabbey Hospital. Media coverage, including features by the BBC, spotlighted the Charity's impactful work.
- **Manchester Reconfiguration:** Successfully transitioned services to Trafford Hospital, accompanied by retraining for local actors. This occurred due to a reconfiguration of stroke services by the local Manchester health authorities.
- **Patron Appointment:** Welcomed Gyles Brandreth, an acclaimed writer and broadcaster, as the Charity's newest patron.
- **Community Engagement:** Piloted innovative partnerships, such as the collaboration with Reconnect Gloucestershire, who offer befriending and support groups for people affected by Stroke, Aphasia and other long term health conditions, and their carers. The charity brought digital reading services to a local hospital.
- **Short Story Competition:** Hosted the 9th Annual Short Story Competition, culminating in a celebratory event at the Orange Tree Theatre. The winning story, *A Backnote of Protest* by Dr. Susan Ruben, was inspired by her interactions with patients. The competition was once again judged by Dame Margaret Drabble.

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2024

Funding

InterAct Stroke Support relies on a diverse range of funding sources, including grants, donations, and corporate sponsorships. The Chief Executive, Fundraiser, and Ambassadors all work to secure multi-year commitments to ensure financial sustainability. Interact is most grateful to all its supporters for the financial assistance provided during the year, without which the service would be unable to operate.

Special gratitude is extended to key supporters, including:

- Anthony and Elizabeth Mellows Charitable Settlement
- Ardbarron Trust
- Birmingham Municipal Charity
- British Humane Association
- Charles S French Charitable Trust
- Crerar Trust
- David Family Foundation
- E H Smith Charitable Trust
- Eleemosyary Charity of William Hobbayne
- Equity Charitable Trust
- Ernest Kleinwort Charitable Trust
- Friarsgate Trust
- Garfield Weston Foundation
- Hadrian Trust
- Halifax Foundation - Northern Ireland
- Helen Hamlyn Trust
- Helen Roll Charity
- Homestead Charitable Trust
- Katie Bradford Arts Trust
- Kelton Trust
- Kensington & Chelsea District Nursing Trust
- Lawson Trust
- Louis Nicholas Charitable Trust
- Murray Smith Charitable Trust
- Peter Courtauld Charitable Trust
- Peter Stebbings Memorial Trust
- Shanly Foundation
- Sirona Foundation
- St Andrews Holborn
- Steve Bloch Image of Disability Charitable Trust
- Tom & Sheila Springer Charity
- University College London Hospitals
- Vandervell Foundation
- Vassilou Family Charitable Trusts
- Wakefield and Tetley Trust
- Weinstock Fund
- Westminster Amalgamated
- Windruff Charitable Trust
- Wyseliot Rose Charitable Trust
- Heather and Andrew Deauville
- Jan Trewartha and The Fascia Hub
- Jeremy Sykes
- Nick Ede - Style for Stroke:

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

Financial Review

Reserves policy

The Trustees have examined the Charity's requirements for reserves in the light of risks faced by it. They aim to maintain free reserves in unrestricted funds at a level which equates to approximately six months of unrestricted expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the Charity's current activities while consideration is given to ways in which additional funds may be raised.

This level of reserves has been maintained throughout the year. The actual level of unrestricted reserves at 31 August 2024 was £61,485 (2023: £112,312) against unrestricted expenditure for the year of £131,285 (2023: £126,696).

The results for the year are set out in the Statement of Financial Activities and the Balance Sheet. The total income at £170,328 was £13,680 lower than the prior year (£184,008). Total expenditure was £215,655; £18,399 lower than the previous year (£234,054). In light of the current economic uncertainty the Trustees will continue to keep income and expenditure under careful review.

Plans for future periods

The Charity remains committed to advancing its mission, with key priorities for the upcoming year including:

1. Sustaining hospital and stroke club operations.
2. Strengthening research initiatives to validate the therapeutic benefits of its services.
3. Expanding community-based projects for stroke survivors and their carers.
4. Exploring diversified funding models to enhance financial resilience.
5. Organizing impactful campaigns for World Stroke Day.

Structure, governance and management

InterAct Stroke Support is a charitable company limited by guarantee, established on 20 January 2000 and governed by its Memorandum and Articles of Association as amended.

The governing body comprises the Trustees who are also directors of the Company. In accordance with the Articles of Association of the Company, one third of the Trustees retire from office each year and if their number is not three or a multiple of three the nearest to one third retire. Retiring Trustees are eligible for re-election.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

L Sowden

E J Hubbard

C E Smith

(Retired 31 October 2024)

C J Ravenscroft

A McCormick

Prof A Rudd CBE

J McDonnell

Prof M Walker MBE

A Finch CBE

C L Dorer

(Appointed 6 November 2023)

I Talbot OBE

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

Recruitment and appointment of trustees

The Charity's elected Trustees are appointed at a meeting of the Board of Trustees on the basis of nominations received from one or more Trustees, whose recommendations for eligibility are based on relevant attributes including personal competence, specialist skills and availability. New Trustees are provided with copies of the Charity Commission Guidelines on Trustee Responsibilities, the Charity's governing document, the last Annual Report and Accounts and other important information. All Trustees have a sufficient understanding of the Charity's activities and resources to enable them to fulfil their responsibilities properly.

None of the Trustees have any beneficial interest in the company. All of the Trustees are members of the company guaranteed to contribute £1 in the event of winding up.

Management and Ambassadors

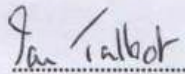
While Trustees maintain ultimate responsibility for governance, strategic oversight, and accountability, day-day management, implementation and administration are delegated to the Chief Executive. The Board of trustees convenes at least quarterly.

The charity also has a group of Ambassadors who play an important role in fundraising, PR and advocacy. Both trustees and Ambassadors collectively bring diverse and complementary skills to advance the Charity's mission.

Risk management

The Trustees are responsible for ensuring that there are effective and adequate risk management and internal control systems in place to manage the major risks to which the Charity is exposed. The Trustees regularly review risks across all areas and where appropriate have implemented systems to mitigate those risks.

The Trustees' report was approved by the Board of Trustees.



I Talbot OBE
Trustee

Date: 13/2/25

INTERACT STROKE SUPPORT

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF INTERACT STROKE SUPPORT

I report to the trustees on my examination of the financial statements of InterAct Stroke Support (the Charity) for the year ended 31 August 2024.

Responsibilities and basis of report

As the trustees of the Charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

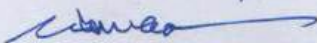
Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Stephen B McAlpine BA(Econ) FCA
SBM Associates Limited, trading as SBM & Co
24 Wandsworth Road
London
SW8 2JW

Dated: 7 March 2025

INTERACT STROKE SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 AUGUST 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
Income and endowments from:							
Donations and legacies	3	76,675	88,114	164,789	81,317	98,463	179,780
Other income	4	3,783	1,756	5,539	4,228	-	4,228
Total income		<u>80,458</u>	<u>89,870</u>	<u>170,328</u>	<u>85,545</u>	<u>98,463</u>	<u>184,008</u>
Expenditure on:							
Raising funds	5	26,571	4,613	31,184	30,177	4,937	35,114
Charitable activities	6	104,714	79,757	184,471	96,519	102,421	198,940
Total expenditure		<u>131,285</u>	<u>84,370</u>	<u>215,655</u>	<u>126,696</u>	<u>107,358</u>	<u>234,054</u>
Net income/(expenditure) and movement in funds		(50,827)	5,500	(45,327)	(41,151)	(8,895)	(50,046)
Reconciliation of funds:							
Fund balances at 1 September 2023		<u>112,312</u>	<u>70,776</u>	<u>183,088</u>	<u>153,463</u>	<u>79,671</u>	<u>233,134</u>
Fund balances at 31 August 2024		<u><u>61,485</u></u>	<u><u>76,276</u></u>	<u><u>137,761</u></u>	<u><u>112,312</u></u>	<u><u>70,776</u></u>	<u><u>183,088</u></u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

INTERACT STROKE SUPPORT

BALANCE SHEET

AS AT 31 AUGUST 2024

	Notes	2024 £	£	2023 £	£
Current assets					
Cash at bank and in hand		139,757		194,138	
Creditors: amounts falling due within one year	11	<u>1,995</u>		<u>11,048</u>	
Net current assets			<u>137,761</u>		<u>183,088</u>
The funds of the Charity					
Restricted income funds	12		76,276		70,776
Unrestricted funds			<u>61,485</u>		<u>112,312</u>
			<u>137,761</u>		<u>183,088</u>

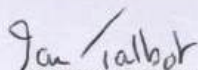
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 August 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 13/2/25



I Talbot OBE

Trustee

Company registration number 03910122 (England and Wales)

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 AUGUST 2024

1 Accounting policies

Charity information

InterAct Stroke Support is a private company limited by guarantee incorporated in England and Wales. The registered office is 8 Holyrood Street, London, SE1 2EL.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles Incorporated 20 January 2000 as amended by special resolution(s) dated 10 October 2002 as amended by certificate of incorporation on change of name dated 06 June 2014, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

The charity operates a defined contribution pension scheme. Contributions payable to the pension scheme are charged to the Statement of Activities in the period to which they relate

1.7 Tangible Fixed Assets

Assets costing less than £1,000 are not capitalised.

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Donations and gifts	76,675	88,114	164,789	81,317	98,463	179,780

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

4 Other income

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Other income	-	1,756	1,756	-	-	-
Reading	2,429	-	2,429	2,030	-	2,030
Interest	1,354	-	1,354	2,198	-	2,198
	<u>3,783</u>	<u>1,756</u>	<u>5,539</u>	<u>4,228</u>	<u>-</u>	<u>4,228</u>

5 Expenditure on raising funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fundraising						
Fundraising fees and staff costs	26,571	4,613	31,184	30,177	4,937	35,114
	<u>26,571</u>	<u>4,613</u>	<u>31,184</u>	<u>30,177</u>	<u>4,937</u>	<u>35,114</u>

6 Expenditure on charitable activities

	Direct and Governance Costs 2024 £	Direct and Governance Costs 2023 £
Direct costs		
Staff costs	38,222	37,345
Actor costs	93,202	108,362
Stroke Club Actors Cost's	4,735	5,978
Office Administrator Fees	17,775	20,174
Office and Administration costs	19,305	14,945
General expenses	5,980	2,245
Community Liaison Officer Fees	5,252	9,891
	<u>184,471</u>	<u>198,940</u>
Analysis by fund		
Unrestricted funds	104,714	96,519
Restricted funds	79,757	102,421
	<u>184,471</u>	<u>198,940</u>

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

7 Independent Examiner's remuneration

Fees payable to the charity's independent examiner:	2024	2023
	£	£
For independent examination services		
Independent examination of the financial statements of the charity	1,840	1,800
	<u> </u>	<u> </u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
	1	1
	<u> </u>	<u> </u>

Employment costs

	2024	2023
	£	£
Wages and salaries	47,778	46,373
	<u> </u>	<u> </u>

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals and deferred income	1,995	11,048
	<u> </u>	<u> </u>

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

12 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants to be used at specific hospitals and stroke clubs.

	At 1 September 2023	Incoming resources	Resources expended	At 31 August 2024
	£	£	£	£
	70,776	89,870	(84,370)	76,276
	<u>70,776</u>	<u>89,870</u>	<u>(84,370)</u>	<u>76,276</u>
Previous year:				
	At 1 September 2022	Incoming resources	Resources expended	At 31 August 2023
	£	£	£	£
	79,671	98,463	(107,358)	70,776
	<u>79,671</u>	<u>98,463</u>	<u>(107,358)</u>	<u>70,776</u>

13 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 September 2023	Incoming resources	Resources expended	At 31 August 2024
	£	£	£	£
General funds	112,312	80,458	(131,285)	61,485
	<u>112,312</u>	<u>80,458</u>	<u>(131,285)</u>	<u>61,485</u>
Previous year:				
	At 1 September 2022	Incoming resources	Resources expended	At 31 August 2023
	£	£	£	£
General funds	153,463	85,545	(126,696)	112,312
	<u>153,463</u>	<u>85,545</u>	<u>(126,696)</u>	<u>112,312</u>

14 Analysis of net assets between funds

	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£
At 31 August 2024:			
Current assets/(liabilities)	61,485	76,276	137,761
	<u>61,485</u>	<u>76,276</u>	<u>137,761</u>

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2024

14 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 31 August 2023:			
Current assets/(liabilities)	112,312	70,776	183,088
	<u>112,312</u>	<u>70,776</u>	<u>183,088</u>

15 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

INTERACT STROKE SUPPORT

England & Wales - Charity number 1080046

Accounts

Charity registration number 1080046

Company registration number 03910122 (England and Wales)

**INTERACT STROKE SUPPORT
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2023**

INTERACT STROKE SUPPORT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

L Sowden
E J Hubbard
C E Smith
C J Ravenscroft
A McCormick
Dr A Rudd CBE
J McDonnell
Dr M Walker MBE
A Finch
C L Dorer
I Talbot OBE

(Appointed 6 November 2023)

Secretary

N Mahindru

Charity number

1080046

Company number

03910122

Registered office

6 Holyrood Street
London
SE1 2EL

INTERACT STROKE SUPPORT

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Independent examiner's report	6
Statement of financial activities	7
Balance sheet	8
Notes to the financial statements	9 - 13

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 AUGUST 2023

The trustees present their annual report and financial statements for the year ended 31 August 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's Memorandum and Articles Incorporated 20 January 2000 as amended by special resolution(s) dated 10 October 2002 as amended, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The principal object of the Charity is to benefit the public by providing a live interactive reading service carried out by professional actors for stroke patients in hospitals, stroke clubs, and in their homes via a virtual delivery.

Mission Statement

To promote the recovery of stroke survivors through performance-based services which help improve quality of life and stimulate active participation in daily activities.

These services include live readings by professional actors face-to-face in hospitals or stroke clubs; readings offered at home by phone or online; and creative workshops developed and delivered within community settings.

Objectives for the year were:

- a) To deliver live readings back in our hospitals following national lockdowns
- b) To expand to Belfast
- c) To continue our interactive work entitled InterAct at Home.

Training and Development

Training continues to be crucial to our work, not only to maintain standards but also to keep our readers up to date on best practice developments.

We currently have 127 readers all of whom are professional actors. New readers serve a three-month probation, during which their suitability is assessed. Before being taken on permanently they are shadowed by the training team at least twice, and reports on their progress are sent to our office. They are expected to be familiar with our reading manual (which contains a wide variety of short stories, poetry and non-fiction) and our Long File (a selection of more difficult material for patients with longer concentration spans).

The administration of our work at our stroke clubs continues to be overseen by the Stroke Club Co-ordinator.

Public Benefit Disclosure

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake.

The activities of the Charity are available to patients on stroke wards in the hospitals and at the stroke clubs that we serve. We are also doing virtual readings both one to one and to stroke clubs using digital technology. The fundamental aim is to improve the quality of life of stroke patients.

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

Achievements and performance

Significant activities and achievements against objectives

The Charity operates from a new office at 8 Holyrood St London SE1 2EL, a few minutes from London Bridge station.

The charity spent the financial year restarting at the 19 hospitals we have traditionally served. Covid and national lockdowns meant that each hospital had its own protocols specific to them which we had to observe. Over the year the charity managed to finally restart at all our hospitals. Another issue we faced with such a long delay in our hospital practice, was a loss of many InterAct readers who had decided they no longer wished to work in the sensitive environment of a hospital setting. This meant we had to recruit and rebuild our hospital teams. Even though hospital work came back onstream during the year, we felt it appropriate to continue to pursue the online platform of InterAct at Home, where we can engage with stroke survivors irrespective of where they live. Spending on service delivery increased substantially in this financial year, bringing our award winning service back onstream following various interruptions beyond our control over the last few years.

Over the financial year, we delivered 442 virtual sessions, reaching 514 people either individually or via group sessions. A core group of 22 InterAct readers delivered this service.

In our hospitals, we delivered a total of, 1669 sessions and delivered 97 in person stroke club sessions over the year.

InterAct was again a chosen charity of the Chiswick Book Festival. This represents the last year the charity was part of the festival, having been a chosen charity for many years.

In May we were delighted to expand to Belfast, making InterAct a truly United Kingdom charity, opening at the Whiteabbey Hospital Belfast. This represents our 20th hospital.

We welcomed Charlotte Dorer, as a new trustee. She has a physio/psychology/neuroscience and marketing background and is currently working as a SQUIRE Officer (Stroke Quality Improvement for Rehabilitation) in the NHS East of England focussing on the implementation of the integrated community stroke service model.

We welcomed Katie McKenna as our new office Administrator and welcomed Catherine Taylor as our new Community liaison officer, both working part time at the office.

Prior to 2020, InterAct was partnering with organisations to promote the creativity of stroke survivors post-hospital discharge, in the community. Previous partners included Leonard Cheshire Disability and The Stroke Association, so in Spring 2023 we were thrilled to re-visit our community-based projects, this time with British Home in Streatham. We ran in-person workshops over 10 weeks engaging our actors to facilitate a space in which stroke survivors could showcase their own creativity. Our team of actors encouraged the creativity of the group which culminated in both a literature and drama project. This was our first community project post-lockdown and we hope to be creating more of these going forward.

Style For Stroke supported InterAct Stroke Support with the 'Jumpers for Joy!' collection designed by Style For Stroke founder Nick Ede and Fund Jumpers.

We also launched our 9th Short Story Competition this year with a deadline for entries of December 2023.

Funding

The main sources of funding are by way of grants and donations from trusts, foundations, companies and private individuals. The Charity's Chief Executive, Fundraiser and the Ambassadors are primarily responsible for raising funds, and do so, wherever possible on a multi year basis. InterAct is most grateful to all its supporters for the financial assistance provided during the year, without which the service would be unable to operate.

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

Particular thanks are given to:

Basil Samuel Charitable Trust
Banham Foundation
Bristol Mason's Charity
Charlotte Bonham Carter Charitable Trust
Chiswick Book Festival
City Bridge Trust
Community Foundation for Wales
Dorothy Holmes Charitable
D'Oyly Carte Charitable Trust
Equity Charitable Trust
Eveson Trust
Friends of Charing Cross Hospital
Friends of Chelsea & Westminster Hospital
Friends of Guy's & St Thomas' Hospital
Friends of Royal London Hospital
Hasluck Charitable Trust
Hugh Fraser Foundation
John & Ruth Howard Charitable Trust
John James Bristol Foundation
John S Cohen Charitable Foundation
Kelton Charitable Trust
King's College Hospital - Stroke Fund
Katie Bradford Arts Trust
League of Friends of Edgware Community Hospital
London Catalyst
Manchester & Salford Medical Charities Fund
Manchester University Hospital Foundation Trust
Masonic Charitable Foundation
Maureen Boal Charitable Trust
May Gibson Charitable Trust
Newcastle Hospitals Charity
Simon Gibson Charitable Trust
Sir James Knott Trust
Sir Jules Thom Charitable Trust
St Andrews/Holborn Stafford Charity
Stafford Trust
Stanley Grundy Foundation
Strand Parishes Trust
Tezmae Charitable Trust
The Tompkins Foundation
Wogen Anniversary Trust
Wyseliot Rose Charitable Trust
Jeremy Sykes
Nick Ede

Plans for the Future

Plans for the coming year include: -

- a) To sustain the in-person hospital and stroke club work.
- b) To explore the possibility of clinical research on our work.
- c) To develop further community-based projects with stroke survivors.
- d) To look at alternative funding models including Lottery funding.
- e) To develop a far more active social media presence.

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

Financial review

The results for the year are set out in the Statement of Financial Activities and the Balance Sheet. There was a deficit for the year of £50,046 (2022: surplus of £6,957). The total income of £184,008 was £33,432 higher than the prior year (2022: £150,576). Total expenditure was £234,054, £90,435 higher than the previous year (2022: £143,619). In light of the current economic uncertainty the Trustees will continue to keep income and expenditure under careful review.

Reserves policy

The Trustees have examined the Charity's requirements for reserves in the light of risks faced by it. They aim to maintain free reserves in unrestricted funds at a level which equates to approximately six months of unrestricted expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the Charity's current activities while consideration is given to ways in which additional funds may be raised.

This level of reserves has been maintained throughout the year. The actual level of unrestricted reserves at 31 August 2023 was £112,312 (2022: £153,463) against unrestricted expenditure for the year of £126,696 (2022: £79,256).

Structure, governance and management

The Charity is a company limited by guarantee incorporated on 20 January 2000 governed by its Memorandum and Articles of Association as amended.

The governing body comprises the Trustees who are also directors of the Company. In accordance with the Articles of Association of the Company one third of the Trustees retire from office each year and if their number is not three or a multiple of three the nearest to one third retire. Retiring Trustees are eligible for re-election.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

L Sowden	
E J Hubbard	
C E Smith	
C J Ravenscroft	
A McCormick	
Dr A Rudd CBE	
J McDonnell	
Dr M Walker MBE	
A Finch	
C L Dorer	(Appointed 6 November 2023)
I Talbot OBE	
E P Kidd	(Resigned 8 March 2023)
W J Sykes	(Resigned 8 October 2022)
J N Fergus	(Resigned 12 January 2023)

Recruitment and appointment of trustees

The Charity's elected Trustees are appointed at a meeting of the Board of Trustees on the basis of nominations received from one or more Trustees, whose recommendations for eligibility are based on relevant attributes including personal competence, specialist skills and availability. New Trustees are provided with copies of the Charity Commission Guidelines on Trustee Responsibilities, the Charity's governing document, the last Annual Report and Accounts and other important information. All Trustees have a sufficient understanding of the Charity's activities and resources to enable them to fulfil their responsibilities properly.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

Management, officers and Ambassadors

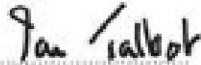
The Trustees as directors of the Company and Trustees of the Charity are legally responsible for the overall management of the Charity. Day to day management and general policy determination is delegated to the Chief Executive.

The Trustees meet at least four times a year and are supported by Ambassadors. The Ambassadors' principal roles are to fundraise and promote the activities of the Charity. Both the Trustees and the Ambassadors are made up of persons having diverse but relevant skills to meet the needs of the Charity. Meetings of the Trustees are attended by the Chief Executive.

Risk management

The Trustees regularly review all areas of risk, including financial, to which the Charity is exposed. Where appropriate, systems have been established to mitigate those risks.

The Trustees' report was approved by the Board of Trustees.



I Talbot OBE
Trustee

Date 11/4/24

INTERACT STROKE SUPPORT

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF INTERACT STROKE SUPPORT

I report to the trustees on my examination of the financial statements of InterAct Stroke Support (the Charity) for the year ended 31 August 2023.

Responsibilities and basis of report

As the trustees of the Charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 the financial statements do not accord with those records; or
- 2 accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Stephen B McAlpine BA(Econ) FCA
SBM Associates Limited, trading as SBM & Co
24 Wandsworth Road
London
SW8 2JW

Dated: 11 April 2024

INTERACT STROKE SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 AUGUST 2023

		Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	Notes	2023	2023	2023	2022	2022	2022
		£	£	£	£	£	£
Income and endowments from:							
Donations and legacies	3	81,317	98,463	179,780	83,560	64,963	148,523
Other income	4	4,228	-	4,228	2,053	-	2,053
Total income		<u>85,545</u>	<u>98,463</u>	<u>184,008</u>	<u>85,613</u>	<u>64,963</u>	<u>150,576</u>
Expenditure on:							
Raising funds	5	30,177	4,937	35,114	22,352	4,861	27,213
Charitable activities	6	96,519	102,421	198,940	56,904	59,502	116,406
Total expenditure		<u>126,696</u>	<u>107,358</u>	<u>234,054</u>	<u>79,256</u>	<u>64,363</u>	<u>143,619</u>
Net income/(expenditure) and movement in funds		(41,151)	(8,895)	(50,046)	6,357	600	6,957
Reconciliation of funds:							
Fund balances at 1 September 2022		153,463	79,671	233,134	147,106	79,071	226,177
Fund balances at 31 August 2023		<u>112,312</u>	<u>70,776</u>	<u>183,088</u>	<u>153,463</u>	<u>79,671</u>	<u>233,134</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

INTERACT STROKE SUPPORT

BALANCE SHEET

AS AT 31 AUGUST 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Cash at bank and in hand		194,138		236,061	
Creditors: amounts falling due within one year	10	<u>11,048</u>		<u>2,926</u>	
Net current assets			<u>183,088</u>		<u>233,134</u>
The funds of the Charity					
Restricted income funds	11		70,776		79,671
Unrestricted funds			<u>112,312</u>		<u>153,463</u>
			<u>183,088</u>		<u>233,134</u>


The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 August 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 3/4/24


I Talbot OBE
Trustee

Company registration number 03910122 (England and Wales)

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2023

1 Accounting policies

Charity information

InterAct Stroke Support is a private company limited by guarantee incorporated in England and Wales. The registered office is 8 Holyrood Street, London, SE1 2EL.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles Incorporated 20 January 2000 as amended by special resolution(s) dated 10 October 2002 as amended by certificate of incorporation on change of name dated 06 June 2014, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

1 Accounting policies (Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

The charity operates a defined contribution pension scheme. Contributions payable to the pension scheme are charged to the Statement of Activities in the period to which they relate.

1.7 Tangible Fixed Assets

Assets costing less than £1,000 are not capitalised.

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Donations and gifts	81,317	98,463	179,780	83,580	64,963	148,523

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

4 Other income

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Reading	2,030	1,880
Interest	2,198	173
	<u>4,228</u>	<u>2,053</u>

5 Expenditure on raising funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fundraising						
Fundraising fees and staff costs	30,177	4,937	35,114	22,352	4,861	27,213
	<u>30,177</u>	<u>4,937</u>	<u>35,114</u>	<u>22,352</u>	<u>4,861</u>	<u>27,213</u>

6 Expenditure on charitable activities

	Direct and Governance Costs 2023 £	Direct and Governance Costs 2022 £
Direct costs		
Staff costs	37,345	36,111
Actor costs	108,362	29,112
Stroke Club Actors Cost's	5,978	4,513
Office Administrator Fees	20,174	20,228
Office and Administration costs	14,945	15,644
General expenses	2,245	5,698
Community Liaison Officer Fees	9,891	5,100
	<u>198,940</u>	<u>116,406</u>
Analysis by fund		
Unrestricted funds	96,519	56,904
Restricted funds	102,421	59,502
	<u>198,940</u>	<u>116,406</u>

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	1	1
	<u> </u>	<u> </u>
Employment costs	2023 £	2022 £
Wages and salaries	46,681	45,139
	<u> </u>	<u> </u>

There were no employees whose annual remuneration was more than £60,000.

9 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

10 Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals and deferred income	11,048	2,926
	<u> </u>	<u> </u>

11 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants to be used at specific hospitals and stroke clubs.

	At 1 September 2022 £	Incoming resources £	Resources expended £	At 31 August 2023 £
	79,671	98,463	(107,358)	70,776
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 September 2021 £	Incoming resources £	Resources expended £	At 31 August 2022 £
	79,071	64,963	(64,363)	79,671
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

12 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 September 2022	Incoming resources	Resources expended	At 31 August 2023
	£	£	£	£
General funds	153,463	85,545	(126,696)	112,312
Previous year:	At 1 September 2021	Incoming resources	Resources expended	At 31 August 2022
	£	£	£	£
General funds	147,106	85,613	(79,256)	153,463

13 Analysis of net assets between funds

	Unrestricted funds 2023	Restricted funds 2023	Total 2023
	£	£	£
Fund balances at 31 August 2023 are represented by:			
Current assets/(liabilities)	112,312	70,776	183,088
	<u>112,312</u>	<u>70,776</u>	<u>183,088</u>
	Unrestricted funds 2022	Restricted funds 2022	Total 2022
	£	£	£
Fund balances at 31 August 2022 are represented by:			
Current assets/(liabilities)	153,463	79,671	233,134
	<u>153,463</u>	<u>79,671</u>	<u>233,134</u>

14 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

INTERACT STROKE SUPPORT

England & Wales - Charity number 1080046

Accounts

REGISTERED COMPANY NUMBER: 03910122 (England and Wales)
REGISTERED CHARITY NUMBER: 1080046

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 August 2022
for
InterAct Stroke Support

InterAct Stroke Support

Contents of the Financial Statements
for the Year Ended 31 August 2022

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 August 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Charitable objectives:

The principal object of the Charity is to benefit the public by providing a live interactive reading service carried out by professional actors for stroke patients in hospitals, stroke clubs, and in their homes via a virtual delivery.

Mission:

To deliver a reading service in hospitals, stroke clubs and online and to facilitate creative workshops. These are all provided by professional actors with the aim of engaging stroke survivors to achieve an improved quality of life and active participation in their daily activities.

Objectives for the year were:

- a) To restart our hospital work and stroke clubs as soon as possible
- b) To continue to sustain an online reading service for stroke survivors
- c) To rebuild our hospital actor teams post Covid and national lockdowns

Training and Development

Training continues to be crucial to our work, not only to maintain standards but also to keep our readers up to date on best practice developments.

We currently have 148 readers all of whom are professional actors. New readers serve a three month probation, during which their suitability is assessed. Before being taken on permanently they are shadowed by the training team at least twice, and reports on their progress are sent to our office. They are expected to be familiar with our reading manual (which contains a wide variety of short stories, poetry and non-fiction) and our Long File (a selection of more difficult material for patients with longer concentration spans).

The administration of our work at our stroke clubs continues to be overseen by the Stroke Club Co-ordinator.

Public benefit

The activities of the Charity are available to patients on stroke wards in the hospitals and at the stroke clubs that we serve. We are also doing virtual readings both one to one and to stroke clubs using digital technology. The fundamental aim is to improve the quality of life of stroke patients.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

By the end of the financial year we read to 529 people in the 12 hospitals that have resumed in-person sessions post-COVID. We experienced numerous halts to our hospital work due to Covid outbreaks, which were disruptive to both hospitals and ourselves.

By the end of the financial year we read to 58 people at the 12 stroke clubs that had resumed in-person group sessions

Over the financial year we delivered 698 InterAct at Home sessions. Once again, the good old fashioned telephone was our most popular service. InterAct at Home is an ideal opportunity for stroke survivors to continue their rehabilitation through live readings delivered by professional actors, in the comfort of their homes. We held by invitation, an event at the Orange Tree Theatre in July to celebrate our 8th biennial short story competition. Dame Margaret Drabble selected the top 3 stories, with the winner being "The Rut" by Julia Bourke. Ian Talbot OBE compered the event and Ahlam Wynne, a stroke specialist nurse at West Middlesex came and talked about the impact of InterAct on hospital wards. It was commented by the judging panel that although the number was lower than usual, the quality of stories received this year was especially good. The competition works both as a valuable fundraiser but also provides fresh reading material for us to use in our work.

We were once again selected by the Chiswick Book Festival as a chosen charity for this year's event. This was our last year as a chosen charity and InterAct are very grateful to the festival for consistently supporting us over eleven years. £2700 was raised this year via the festival.

We continued to develop our podcasts RIGHT SIDE OF THE BRAIN where we interviewed people from the Arts, Culture and Health sectors with episodes going out fortnightly. By the end of the financial year, we had delivered a total of 59 fortnightly podcasts since its inception in May 2020.

The Charity welcomed Jess Warshaw as our new office Administrator. Jess has a background in theatre, arts administration, and social media. She is currently studying British Sign Language and is committed to learning about accessibility and inclusion.

ACHIEVEMENT AND PERFORMANCE

Funding

The main sources of funding are by way of grants and donations from trusts, foundations, companies and private individuals. The Charity's Chief Executive, Fundraiser and the Ambassadors are primarily responsible for raising funds, and do so, wherever possible on a multi year basis. InterAct is most grateful to all its supporters for the financial assistance provided during the year, without which the service would be unable to operate.

Particular thanks are given to:

Albert Hunt
Arnold Clark Community Fund
Borrows Charitable Trust
British Humane Association
Broyst Foundation
CB & HH Taylor 1984 Trust
Childwick Trust
City Bridge Trust
Coward Endowment
Dalziel Charitable Trust
Edgar E Lawley Foundation
Equity Charitable Trust
Ernest Kleinwort Charitable Trust
Evelyn May Trust
Frazer Trust
Friarsgate Trust
Garfield Weston Foundation
Gisela Graham Foundation
Granada Foundation
Hadrian Trust
Hollick Family Charitable Trust
James T Howat Charitable Trust
Jeremy Sykes
Joicey Trust
Katie Bradford Arts Trust
Kelton Trust
Lawson Trust
The Leathersellers' Foundation
Lennox Hannay Charitable Trust
Mary Homfray Charitable Trust
Masonic Charitable Foundation
Munro Charitable Trust
Stanley Grundy Foundation
Steel Charitable Trust
Sylvia Waddilove Foundation
TBF & KL Thompson Trust
The Sir Cliff Richard Charitable Trust

Christmas Card sales (Jill Meager)
Nick Ede - Style for Stroke
Chiswick Book Festival

FINANCIAL REVIEW

Reserves policy

The results for the year are set out in the Statement of Financial Activities and the Balance Sheet. The total income at £150,574 was £1,666 lower than the prior year (2021: £152,240). Total expenditure was £143,616; £13,804 higher than the previous year (2021: £129,812). In light of the current economic uncertainty the Trustees will continue to keep income and expenditure under careful review.

The Trustees have examined the Charity's requirements for reserves in the light of risks faced by it. They aim to maintain free reserves in unrestricted funds at a level which equates to approximately six months of unrestricted expenditure. The actual level of unrestricted reserves at 31 August 2022 was £153,464 (2021: £147,106) against unrestricted expenditure for the year of £79,253 (2021: £56,103).

FUTURE PLANS

Plans for the coming year include: -

- a) To restart currently closed hospital and stroke club readings at the earliest opportunity.
- b) To expand the service into Northern Ireland.
- c) To re-establish hospital readings to three sessions per week in the majority of hospital.
- d) To extend our virtual reading service as an integral part of our service delivery using digital technology as well as the telephone.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a company limited by guarantee incorporated on 20 January 2000 governed by its Memorandum and Articles of Association and amended last on 19 November 2011.

The governing body comprises the Trustees who are also directors of the Company. In accordance with the Articles of Association of the Company one third of the Trustees retire from office each year and if their number is not three or a multiple of three the nearest to one third retire. Retiring Trustees are eligible for re-election.

Recruitment and training of trustees

The Charity's elected Trustees are appointed at a meeting of the Board of Trustees on the basis of nominations received from one or more Trustees whose recommendations for eligibility are based on relevant attributes including personal competence, specialist skills and availability. New Trustees are provided with copies of the Charity Commission Guidelines on Trustee Responsibilities, the Charity's governing document, the last Annual Report and Accounts and other important information. All Trustees have a sufficient understanding of the Charity's activities and resources to enable them to fulfil their responsibilities properly.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Management, officers and committee

The Trustees as directors of the Company and Trustees of the Charity are legally responsible for the overall management of the Charity. Day to day management and general policy determination is delegated to the Chief Executive.

The Trustees meet at least four times a year and are supported by Ambassadors. The Ambassadors' principal roles are to fundraise and promote the activities of the Charity. Both the Trustees and the Ambassadors are made up of persons having diverse but relevant skills to meet the needs of the Charity. Meetings of the Trustees are attended by the Chief Executive.

Risk management

The Trustees regularly review all areas of risk, including financial, to which the Charity is exposed. Where appropriate, systems have been established to mitigate those risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03910122 (England and Wales)

Registered Charity number

1080046

Registered office

8 Holyrood Street
London
SE1 2EL

Trustees

N M Dunn FRSL (resigned 10.10.21)
J N Fergus FRCS (resigned 12.1.23)
E J Hubbard
E P Kidd
C J Ravenscroft
C E Smith
L J Sowden FCA
W J Sykes Vice Chairman (resigned 8.10.22)
I C Talbot OBE Chairman
C McKevitt (resigned 10.10.21)
A McCormick
A Rudd (appointed 10.10.21)
J R McDonnell (appointed 10.10.21)
A A Finch (appointed 10.10.21)
M F Walker (appointed 10.10.21)

Company Secretary

N Mahindru

InterAct Stroke Support

Report of the Trustees
for the Year Ended 31 August 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

CafCash Ltd
PO Box 289
West Malling
Kent
ME19 4TA

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 30/3/23 and signed on its behalf by:

I. C. Talbot.
I C Talbot OBE - Trustee

Independent Examiner's Report to the Trustees of
InterAct Stroke Support

Independent examiner's report to the trustees of InterAct Stroke Support ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 August 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

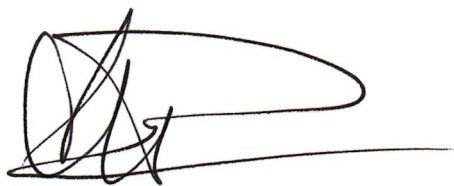
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



S H Pennington

Date: 5/4/23.....

InterAct Stroke Support

Statement of Financial Activities
for the Year Ended 31 August 2022

	Notes	Unrestricted funds £	Restricted fund £	31.8.22 Total funds £	31.8.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	83,558	64,963	148,521	151,136
Other trading activities	3	1,935	-	1,935	1,086
Investment income	4	118	-	118	18
Total		<u>85,611</u>	<u>64,963</u>	<u>150,574</u>	<u>152,240</u>
EXPENDITURE ON					
Raising funds	5	22,351	9,821	32,172	29,171
Charitable activities	6				
Reading		56,902	52,534	109,436	98,623
Governance costs		-	2,008	2,008	2,018
Total		<u>79,253</u>	<u>64,363</u>	<u>143,616</u>	<u>129,812</u>
NET INCOME		<u>6,358</u>	<u>600</u>	<u>6,958</u>	<u>22,428</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>147,106</u>	<u>79,071</u>	<u>226,177</u>	<u>203,749</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>153,464</u></u>	<u><u>79,671</u></u>	<u><u>233,135</u></u>	<u><u>226,177</u></u>

The notes form part of these financial statements

InterAct Stroke Support

Balance Sheet
31 August 2022

	Notes	Unrestricted funds £	Restricted fund £	31.8.22 Total funds £	31.8.21 Total funds £
CURRENT ASSETS					
Cash at bank		154,290	81,771	236,061	228,747
CREDITORS					
Amounts falling due within one year	11	(826)	(2,100)	(2,926)	(2,570)
NET CURRENT ASSETS		<u>153,464</u>	<u>79,671</u>	<u>233,135</u>	<u>226,177</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>153,464</u>	<u>79,671</u>	<u>233,135</u>	<u>226,177</u>
NET ASSETS		<u>153,464</u>	<u>79,671</u>	<u>233,135</u>	<u>226,177</u>
FUNDS					
	12			153,464	147,106
Unrestricted funds				79,671	79,071
Restricted funds					
TOTAL FUNDS				<u>233,135</u>	<u>226,177</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

InterAct Stroke Support

Balance Sheet - continued

31 August 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on30/3/23..... and were signed on its behalf by:

.....I. C. Talbot......
I C Talbot OBE - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 update Bulletin 1 not to prepare a Statement of Cash Flows.

Income

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of specific performance by the Charity, are recognised when the Charity becomes unconditionally entitled to the grant.

- Investment income is included when receivable.

- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the Charity earns the right to consideration by its performance.

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting voluntary income.

- Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the Charity and include the accountancy fees and costs linked to the strategic management of the Charity.

- All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Taxation

The charity is exempt from corporation tax on its charitable activities.

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each fund is set out in the notes to the financial statements.

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity, and have not been designated for other purposes.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	31.8.22	31.8.21
	£	£
Donations	147,632	150,174
Gift aid	889	962
	<u>148,521</u>	<u>151,136</u>

3. OTHER TRADING ACTIVITIES

	31.8.22	31.8.21
	£	£
Fundraising events	55	50
Commissioned work carried out	1,880	1,036
	<u>1,935</u>	<u>1,086</u>

4. INVESTMENT INCOME

	31.8.22	31.8.21
	£	£
Deposit account interest	118	18
	<u>118</u>	<u>18</u>

5. RAISING FUNDS**Raising donations and legacies**

	31.8.22	31.8.21
	£	£
Staff costs	9,022	8,505
Allocation of fees	20,368	20,241
	<u>29,390</u>	<u>28,746</u>

Other trading activities

	31.8.22	31.8.21
	£	£
Entertaining, publicity and events	2,782	425
	<u>2,782</u>	<u>425</u>
Aggregate amounts	<u>32,172</u>	<u>29,171</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £	Support costs £	Totals £
Reading	109,436	-	109,436
Governance costs	-	2,008	2,008
	<u>109,436</u>	<u>2,008</u>	<u>111,444</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.8.22	31.8.21
	£	£
Staff costs	40,504	39,879
Insurance	2,424	1,115
Postage and stationery	1,613	2,359
Hospital actors' fees	24,833	16,830
Hospital actors' travel	961	-
Admin and secretarial costs	15,833	12,531
Stroke club actors' fees	4,813	2,749
Training	841	-
Short stories	250	750
CRB clearance costs	-	106
Office expenses	12,208	20,630
Community projects	-	800
Travel & accommodation	56	-
CLO fees	5,100	600
	<u>109,436</u>	<u>98,349</u>
Carried forward	109,436	98,349

7. DIRECT COSTS OF CHARITABLE ACTIVITIES - continued

	31.8.22	31.8.21
	£	£
Brought forward	109,436	98,349
Trustees' expenses	-	274
	<u>109,436</u>	<u>98,623</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2022 nor for the year ended 31 August 2021.

Trustees' expenses

Travel costs amounting to £NIL (2022: £274) were reimbursed to the Trustees during the year.

9. STAFF COSTS

	31.8.22	31.8.21
	£	£
Wages and salaries	47,035	47,269
Social security costs	1,416	60
Other pension costs	1,075	1,055
	<u>49,526</u>	<u>48,384</u>

The average monthly number of employees during the year was as follows:

	31.8.22	31.8.21
Administrative	<u>1</u>	<u>2</u>

No employees received emoluments in excess of £60,000.

10. TANGIBLE FIXED ASSETS

Assets costing less than £1,000 are not capitalised.

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	31.8.22	31.8.21
	£	£
Accruals and deferred income	2,926	2,570
	<u> </u>	<u> </u>

12. MOVEMENT IN FUNDS		Net movement	At
	At 1.9.21	in funds	31.8.22
	£	£	£
Unrestricted funds			
General Unrestricted Funds	147,106	6,358	153,464
Restricted funds			
Restricted Funds	79,071	600	79,671
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>226,177</u>	<u>6,958</u>	<u>233,135</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General Unrestricted Funds	85,611	(79,253)	6,358
Restricted funds			
Restricted Funds	64,963	(64,363)	600
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>150,574</u>	<u>(143,616)</u>	<u>6,958</u>

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.9.20 £	Net movement in funds £	At 31.8.21 £
Unrestricted funds			
General Unrestricted Funds	127,145	19,676	146,821
Designated funds	285	-	285
	<hr/>	<hr/>	<hr/>
	127,430	19,676	147,106
Restricted funds			
Restricted Funds	76,319	2,752	79,071
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>203,749</u>	<u>22,428</u>	<u>226,177</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Unrestricted Funds	75,779	(56,103)	19,676
Restricted funds			
Restricted Funds	76,461	(73,709)	2,752
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>152,240</u>	<u>(129,812)</u>	<u>22,428</u>

The restricted fund relates to income received for work in hospitals, stroke clubs and Pembrokeshire Hospice.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 August 2022.

INTERACT STROKE SUPPORT

England & Wales - Charity number 1080046

Accounts

Charity registration number 1080046

Company registration number 03910122 (England and Wales)

INTERACT STROKE SUPPORT
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 AUGUST 2023

INTERACT STROKE SUPPORT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

L Sowden
E J Hubbard
C E Smith
C J Ravenscroft
A McCormick
Dr A Rudd CBE
J McDonnell
Dr M Walker MBE
A Finch
C L Dorer
I Talbot OBE

(Appointed 6 November 2023)

Secretary

N Mahindru

Charity number

1080046

Company number

03910122

Registered office

8 Holyrood Street
London
SE1 2EL

INTERACT STROKE SUPPORT

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Independent examiner's report	6
Statement of financial activities	7
Balance sheet	8
Notes to the financial statements	9 - 13

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 AUGUST 2023

The trustees present their annual report and financial statements for the year ended 31 August 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's Memorandum and Articles Incorporated 20 January 2000 as amended by special resolution(s) dated 10 October 2002 as amended, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The principal object of the Charity is to benefit the public by providing a live interactive reading service carried out by professional actors for stroke patients in hospitals, stroke clubs, and in their homes via a virtual delivery.

Mission Statement

To promote the recovery of stroke survivors through performance-based services which help improve quality of life and stimulate active participation in daily activities.

These services include live readings by professional actors face-to-face in hospitals or stroke clubs; readings offered at home by phone or online; and creative workshops developed and delivered within community settings.

Objectives for the year were:

- a) To deliver live readings back in our hospitals following national lockdowns
- b) To expand to Belfast
- c) To continue our interactive work entitled InterAct at Home.

Training and Development

Training continues to be crucial to our work, not only to maintain standards but also to keep our readers up to date on best practice developments.

We currently have 127 readers all of whom are professional actors. New readers serve a three-month probation, during which their suitability is assessed. Before being taken on permanently they are shadowed by the training team at least twice, and reports on their progress are sent to our office. They are expected to be familiar with our reading manual (which contains a wide variety of short stories, poetry and non-fiction) and our Long File (a selection of more difficult material for patients with longer concentration spans).

The administration of our work at our stroke clubs continues to be overseen by the Stroke Club Co-ordinator.

Public Benefit Disclosure

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake.

The activities of the Charity are available to patients on stroke wards in the hospitals and at the stroke clubs that we serve. We are also doing virtual readings both one to one and to stroke clubs using digital technology. The fundamental aim is to improve the quality of life of stroke patients.

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

Achievements and performance

Significant activities and achievements against objectives

The Charity operates from a new office at 8 Holyrood St London SE1 2EL, a few minutes from London Bridge station.

The charity spent the financial year restarting at the 19 hospitals we have traditionally served. Covid and national lockdowns meant that each hospital had its own protocols specific to them which we had to observe. Over the year the charity managed to finally restart at all our hospitals. Another issue we faced with such a long delay in our hospital practice, was a loss of many InterAct readers who had decided they no longer wished to work in the sensitive environment of a hospital setting. This meant we had to recruit and rebuild our hospital teams. Even though hospital work came back onstream during the year, we felt it appropriate to continue to pursue the online platform of InterAct at Home, where we can engage with stroke survivors irrespective of where they live. Spending on service delivery increased substantially in this financial year, bringing our award winning service back onstream following various interruptions beyond our control over the last few years.

Over the financial year, we delivered 442 virtual sessions, reaching 514 people either individually or via group sessions. A core group of 22 InterAct readers delivered this service.

In our hospitals, we delivered a total of, 1669 sessions and delivered 97 in person stroke club sessions over the year.

InterAct was again a chosen charity of the Chiswick Book Festival. This represents the last year the charity was part of the festival, having been a chosen charity for many years.

In May we were delighted to expand to Belfast, making InterAct a truly United Kingdom charity, opening at the Whiteabbey Hospital Belfast. This represents our 20th hospital.

We welcomed Charlotte Dorer, as a new trustee. She has a physio/psychology/neuroscience and marketing background and is currently working as a SQUIRE Officer (Stroke Quality Improvement for Rehabilitation) in the NHS East of England focussing on the implementation of the integrated community stroke service model.

We welcomed Katie McKenna as our new office Administrator and welcomed Catherine Taylor as our new Community liaison officer, both working part time at the office.

Prior to 2020, InterAct was partnering with organisations to promote the creativity of stroke survivors post-hospital discharge, in the community. Previous partners included Leonard Chesire Disability and The Stroke Association, so in Spring 2023 we were thrilled to re-visit our community-based projects, this time with British Home in Streatham. We ran in-person workshops over 10 weeks engaging our actors to facilitate a space in which stroke survivors could showcase their own creativity. Our team of actors encouraged the creativity of the group which culminated in both a literature and drama project. This was our first community project post-lockdown and we hope to be creating more of these going forward.

Style For Stroke supported InterAct Stroke Support with the 'Jumpers for Joy!' collection designed by Style For Stroke founder Nick Ede and Fund Jumpers.

We also launched our 9th Short Story Competition this year with a deadline for entries of December 2023.

Funding

The main sources of funding are by way of grants and donations from trusts, foundations, companies and private individuals. The Charity's Chief Executive, Fundraiser and the Ambassadors are primarily responsible for raising funds, and do so, wherever possible on a multi year basis. InterAct is most grateful to all its supporters for the financial assistance provided during the year, without which the service would be unable to operate.

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

Particular thanks are given to:

Basil Samuel Charitable Trust
Banham Foundation
Bristol Mason's Charity
Charlotte Bonham Carter Charitable Trust
Chiswick Book Festival
City Bridge Trust
Community Foundation for Wales
Dorothy Holmes Charitable
D'Oyly Carte Charitable Trust
Equity Charitable Trust
Eveson Trust
Friends of Charing Cross Hospital
Friends of Chelsea & Westminster Hospital
Friends of Guy's & St Thomas' Hospital
Friends of Royal London Hospital
Hasluck Charitable Trust
Hugh Fraser Foundation
John & Ruth Howard Charitable Trust
John James Bristol Foundation
John S Cohen Charitable Foundation
Kelton Charitable Trust
King's College Hospital - Stroke Fund
Katie Bradford Arts Trust
League of Friends of Edgware Community Hospital
London Catalyst
Manchester & Salford Medical Charities Fund
Manchester University Hospital Foundation Trust
Masonic Charitable Foundation
Maureen Boal Charitable Trust
May Gibson Charitable Trust
Newcastle Hospitals Charity
Simon Gibson Charitable Trust
Sir James Knott Trust
Sir Jules Thorn Charitable Trust
St Andrews/Holborn Stafford Charity
Stafford Trust
Stanley Grundy Foundation
Strand Parishes Trust
Tezmae Charitable Trust
The Tompkins Foundation
Wogen Anniversary Trust
Wyseliot Rose Charitable Trust
Jeremy Sykes
Nick Ede

Plans for the Future

Plans for the coming year include: -

- a) To sustain the in-person hospital and stroke club work.
- b) To explore the possibility of clinical research on our work.
- c) To develop further community-based projects with stroke survivors.
- d) To look at alternative funding models including Lottery funding.
- e) To develop a far more active social media presence.

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 AUGUST 2023

Financial review

The results for the year are set out in the Statement of Financial Activities and the Balance Sheet. There was a deficit for the year of £50,046 (2022: surplus of £6,957). The total income of £184,008 was £33,432 higher than the prior year (2022: £150,576). Total expenditure was £234,054; £90,435 higher than the previous year (2022: £143,619). In light of the current economic uncertainty the Trustees will continue to keep income and expenditure under careful review.

Reserves policy

The Trustees have examined the Charity's requirements for reserves in the light of risks faced by it. They aim to maintain free reserves in unrestricted funds at a level which equates to approximately six months of unrestricted expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the Charity's current activities while consideration is given to ways in which additional funds may be raised.

This level of reserves has been maintained throughout the year. The actual level of unrestricted reserves at 31 August 2023 was £112,312 (2022: £153,463) against unrestricted expenditure for the year of £126,696 (2022: £79,256).

Structure, governance and management

The Charity is a company limited by guarantee incorporated on 20 January 2000 governed by its Memorandum and Articles of Association as amended.

The governing body comprises the Trustees who are also directors of the Company. In accordance with the Articles of Association of the Company one third of the Trustees retire from office each year and if their number is not three or a multiple of three the nearest to one third retire. Retiring Trustees are eligible for re-election.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

L Sowden	
E J Hubbard	
C E Smith	
C J Ravenscroft	
A McCormick	
Dr A Rudd CBE	
J McDonnell	
Dr M Walker MBE	
A Finch	
C L Dorer	(Appointed 6 November 2023)
I Talbot OBE	
E P Kidd	(Resigned 8 March 2023)
W J Sykes	(Resigned 8 October 2022)
J N Fergus	(Resigned 12 January 2023)

Recruitment and appointment of trustees

The Charity's elected Trustees are appointed at a meeting of the Board of Trustees on the basis of nominations received from one or more Trustees, whose recommendations for eligibility are based on relevant attributes including personal competence, specialist skills and availability. New Trustees are provided with copies of the Charity Commission Guidelines on Trustee Responsibilities, the Charity's governing document, the last Annual Report and Accounts and other important information. All Trustees have a sufficient understanding of the Charity's activities and resources to enable them to fulfil their responsibilities properly.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

INTERACT STROKE SUPPORT

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

Management, officers and Ambassadors

The Trustees as directors of the Company and Trustees of the Charity are legally responsible for the overall management of the Charity. Day to day management and general policy determination is delegated to the Chief Executive.

The Trustees meet at least four times a year and are supported by Ambassadors. The Ambassadors' principal roles are to fundraise and promote the activities of the Charity. Both the Trustees and the Ambassadors are made up of persons having diverse but relevant skills to meet the needs of the Charity. Meetings of the Trustees are attended by the Chief Executive.

Risk management

The Trustees regularly review all areas of risk, including financial, to which the Charity is exposed. Where appropriate, systems have been established to mitigate those risks.

The Trustees' report was approved by the Board of Trustees.



I Talbot OBE

Trustee

Date: 11/4/24

INTERACT STROKE SUPPORT

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF INTERACT STROKE SUPPORT

I report to the trustees on my examination of the financial statements of InterAct Stroke Support (the Charity) for the year ended 31 August 2023.

Responsibilities and basis of report

As the trustees of the Charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 the financial statements do not accord with those records; or
- 2 accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Stephen B McAlpine BA(Econ) FCA
SBM Associates Limited, trading as SBM & Co
24 Wandsworth Road
London
SW8 2JW

Dated: 11 April 2024

INTERACT STROKE SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 AUGUST 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
Income and endowments from:							
Donations and legacies	3	81,317	98,463	179,780	83,560	64,963	148,523
Other income	4	4,228	-	4,228	2,053	-	2,053
Total income		<u>85,545</u>	<u>98,463</u>	<u>184,008</u>	<u>85,613</u>	<u>64,963</u>	<u>150,576</u>
Expenditure on:							
Raising funds	5	30,177	4,937	35,114	22,352	4,861	27,213
Charitable activities	6	96,519	102,421	198,940	56,904	59,502	116,406
Total expenditure		<u>126,696</u>	<u>107,358</u>	<u>234,054</u>	<u>79,256</u>	<u>64,363</u>	<u>143,619</u>
Net income/(expenditure) and movement in funds		(41,151)	(8,895)	(50,046)	6,357	600	6,957
Reconciliation of funds:							
Fund balances at 1 September 2022		153,463	79,671	233,134	147,106	79,071	226,177
Fund balances at 31 August 2023		<u>112,312</u>	<u>70,776</u>	<u>183,088</u>	<u>153,463</u>	<u>79,671</u>	<u>233,134</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

INTERACT STROKE SUPPORT

BALANCE SHEET

AS AT 31 AUGUST 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Cash at bank and in hand		194,138		236,061	
Creditors: amounts falling due within one year	10	<u>11,048</u>		<u>2,926</u>	
Net current assets			<u>183,088</u>		<u>233,134</u>
The funds of the Charity					
Restricted income funds	11	70,776		79,671	
Unrestricted funds		<u>112,312</u>		<u>153,463</u>	
			<u>183,088</u>		<u>233,134</u>

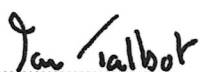
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 August 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 3/4/24



I Talbot OBE
Trustee

Company registration number 03910122 (England and Wales)

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 AUGUST 2023

1 Accounting policies

Charity information

InterAct Stroke Support is a private company limited by guarantee incorporated in England and Wales. The registered office is 8 Holyrood Street, London, SE1 2EL.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles Incorporated 20 January 2000 as amended by special resolution(s) dated 10 October 2002 as amended by certificate of incorporation on change of name dated 06 June 2014, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

The charity operates a defined contribution pension scheme. Contributions payable to the pension scheme are charged to the Statement of Activities in the period to which they relate

1.7 Tangible Fixed Assets

Assets costing less than £1,000 are not capitalised.

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Donations and gifts	81,317	98,463	179,780	83,560	64,963	148,523

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

4 Other income

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Reading	2,030	1,880
Interest	2,198	173
	<u>4,228</u>	<u>2,053</u>

5 Expenditure on raising funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fundraising						
Fundraising fees and staff costs	30,177	4,937	35,114	22,352	4,861	27,213
	<u>30,177</u>	<u>4,937</u>	<u>35,114</u>	<u>22,352</u>	<u>4,861</u>	<u>27,213</u>

6 Expenditure on charitable activities

	Direct and Governance Costs 2023 £	Direct and Governance Costs 2022 £
Direct costs		
Staff costs	37,345	36,111
Actor costs	108,362	29,112
Stroke Club Actors Cost's	5,978	4,513
Office Administrator Fees	20,174	20,228
Office and Administration costs	14,945	15,644
General expenses	2,245	5,698
Community Liaison Officer Fees	9,891	5,100
	<u>198,940</u>	<u>116,406</u>
Analysis by fund		
Unrestricted funds	96,519	56,904
Restricted funds	102,421	59,502
	<u>198,940</u>	<u>116,406</u>

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	1	1
	<u>1</u>	<u>1</u>
Employment costs	2023 £	2022 £
Wages and salaries	46,681	45,139
	<u>46,681</u>	<u>45,139</u>

There were no employees whose annual remuneration was more than £60,000.

9 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

10 Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals and deferred income	11,048	2,926
	<u>11,048</u>	<u>2,926</u>

11 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants to be used at specific hospitals and stroke clubs.

	At 1 September 2022 £	Incoming resources £	Resources expended £	At 31 August 2023 £
	79,671	98,463	(107,358)	70,776
	<u>79,671</u>	<u>98,463</u>	<u>(107,358)</u>	<u>70,776</u>
Previous year:	At 1 September 2021 £	Incoming resources £	Resources expended £	At 31 August 2022 £
	79,071	64,963	(64,363)	79,671
	<u>79,071</u>	<u>64,963</u>	<u>(64,363)</u>	<u>79,671</u>

INTERACT STROKE SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 AUGUST 2023

12 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 September 2022	Incoming resources	Resources expended	At 31 August 2023
	£	£	£	£
General funds	153,463	85,545	(126,696)	112,312
	<u>153,463</u>	<u>85,545</u>	<u>(126,696)</u>	<u>112,312</u>
Previous year:	At 1 September 2021	Incoming resources	Resources expended	At 31 August 2022
	£	£	£	£
General funds	147,106	85,613	(79,256)	153,463
	<u>147,106</u>	<u>85,613</u>	<u>(79,256)</u>	<u>153,463</u>

13 Analysis of net assets between funds

	Unrestricted funds 2023	Restricted funds 2023	Total 2023
	£	£	£
Fund balances at 31 August 2023 are represented by:			
Current assets/(liabilities)	112,312	70,776	183,088
	<u>112,312</u>	<u>70,776</u>	<u>183,088</u>
	<u>112,312</u>	<u>70,776</u>	<u>183,088</u>
	Unrestricted funds 2022	Restricted funds 2022	Total 2022
	£	£	£
Fund balances at 31 August 2022 are represented by:			
Current assets/(liabilities)	153,463	79,671	233,134
	<u>153,463</u>	<u>79,671</u>	<u>233,134</u>
	<u>153,463</u>	<u>79,671</u>	<u>233,134</u>

14 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

INTERACT STROKE SUPPORT

England & Wales - Charity number 1080046

Accounts

REGISTERED COMPANY NUMBER: 03910122 (England and Wales)
REGISTERED CHARITY NUMBER: 1080046

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 August 2020
for
InterAct Stroke Support

Contents of the Financial Statements
for the Year Ended 31 August 2020

	Page
Report of the Trustees	1 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10 to 11
Notes to the Financial Statements	12 to 19

InterAct Stroke Support

Report of the Trustees for the Year Ended 31 August 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 August 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Charitable objectives:

The principal object of the Charity is to benefit the public by providing a live interactive reading service carried out by professional actors for stroke patients in hospitals and stroke clubs.

Mission:

The mission of the Charity is to improve the quality of life of stroke patients through the provision of its reading service thereby contributing to the rehabilitation and recovery of the patient.

Objectives for the year were:

- a) Developing and creating community projects with stroke survivors.
- b) Continuing to develop partnerships with like minded charities.
- c) Extending readings to three per week at our hospitals.
- d) Exploring the potential of working in Northern Ireland.

Training and Development

Training continues to be crucial to our work, not only to maintain standards but also to keep our readers up to date on best practice developments.

At any one time we have available 141 professional actors. New readers serve a three month probation, during which their suitability is assessed. Before being taken on permanently they are shadowed by the training team at least twice, and reports on their progress are sent to our office. They are expected to be familiar with our reading manual (which contains a wide variety of short stories, poetry and non-fiction) and our Long File (a selection of more difficult material for patients with longer concentration spans). The expansion into Wales has led to the addition of an extra Trainer to our team. She is another highly experienced admin leader and reader.

The administration of our work at our 50 stroke clubs continues to be overseen by the Stroke Club Co-ordinator.

Public benefit

The activities of the Charity are available to patients on stroke wards in the hospitals and at the stroke clubs that we serve. We are doing virtual readings both one to one and to stroke clubs using digital technology. The fundamental aim is to improve the quality of life of stroke patients.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

We started the financial year with readings in all our hospitals. We read to 1117 people in 19 hospitals, delivered 68 stroke club sessions and 100 reading sessions at the Pembridge Palliative Care Centre. This represents 6 months of activity. Our work was then suspended from 16th March 2020 due to Covid-19.

We welcomed two new ambassadors to the charity. Actress Rula Lenska and artist Joanna Brendon MBE. Rula has also joined the reading team for Charing Cross hospital. We also welcomed Professor Anthony Rudd as a new trustee. Professor Rudd is the former UK National clinical director of Stroke and has observed our work first hand at St Thomas' hospital where he was based.

InterAct went into partnership with Leonard Cheshire Disability to work with stroke survivors at their Wandsworth site, London. In a project lasting 16 weeks, the group created a radio play entitled Coffee House Chronicles. Both InterAct and Leonard Cheshire were looking to extend this partnership, but it was curtailed by Covid -19.

For the eighth consecutive year InterAct was a chosen charity of the Chiswick Book Festival. We received £5,000.00 for which, many thanks. This money will be used to deliver our service to Charing Cross Hospital.

During this financial year, for the first time, InterAct created its own stroke club. Named 'The Christchurch', it initially started as a 10 week community project with the group producing an oral record of their lives as stroke survivors. At the end of the project the group wanted to stay together, and InterAct's own stroke club was born. It was running very successfully until Covid. However, since then the InterAct team have continued to keep in regular touch with members of the group, and the group will reform again post Covid.

Working in partnership with 'A Thousand Word Photos' InterAct was part of an evening at the Arcola Theatre. The performance celebrated famous collaborations between writers and photographers. Alongside projections of the photographs that inspired the writers, InterAct actors brought their stories to life. All proceeds went to InterAct Stroke Support.

The Cleveland Clinic based in Victoria, London has chosen InterAct as its local charity to support. The clinic will open two brand new stroke wards in 2021 and Nirjay Mahindru met Michelle Barclay, the patient experience manager at their Grosvenor Square site. They are looking to help promote InterAct and support our work. We hope this will be the start of a very positive relationship with the Cleveland.

The Charity announced the winner of our Ruth Rendell short story competition in April online. We had planned to have an awards ceremony at the Orange Tree Theatre, in Richmond, on 17th April 2020, with readings from InterAct Actors and some prominent guest speakers, all cancelled due to Covid. The winner was Christine Harrison with her story The English Lesson.

With the outbreak of Covid we were no longer able to deliver our normal services to the hospitals and stroke clubs. So we embarked on two new strands to our work. The first is a series of podcasts entitled 'The right side of the Brain'. These are released fortnightly and have guests from the arts, culture and health sectors. The podcasts are available on a variety of platforms. The take up has been very encouraging.

InterAct Stroke Support

Report of the Trustees for the Year Ended 31 August 2020

The second strand is an online reading service using social media techniques such as Zoom and Skype. We have delivered live interactive sessions to stroke clubs. Alongside these we have set up a system whereby we can deliver one to one sessions directly into patients homes. This work will allow us to reach isolated patients all over the country. These two new strands will continue once the pandemic is over.

The Charity adapted to Covid conditions by moving our files to the cloud, thus allowing the office to continue to operate remotely throughout this period.

ACHIEVEMENT AND PERFORMANCE

Funding

The main sources of funding are by way of grants and donations from trusts, foundations, companies and private individuals. The Charity's Chief Executive, Fundraiser and the Ambassadors are primarily responsible for raising funds, and do so, wherever possible on a multi year basis. InterAct is most grateful to all its supporters for the financial assistance provided during the year, without which the service would be unable to operate.

Particular thanks are given to:

29th May 1961 Charitable Trust
AMW Charitable Trust
Ballinger Charitable Trust
Barbour Foundation
Basil Samuel Charitable Trust
Borrows Charitable Trust
Brian Shaw Memorial Trust
City Bridge Trust
Co-op Community Fund
Coward Endowment
Duncan Norman Trust
Edward & Dorothy Cadbury Trust
Equity Charitable Trust
GJW Turner Trust
Gledswood Charitable Trust
Hadrian Trust
Hyde Park Place Estate Charity
Inch Trust
James Edward Harris Trust
James Tudor Foundation
John James Bristol Foundation
John S Cohen Charitable Trust
Joicey Trust
Joseph Strong Frazer Trust
Kelton Charitable Trust
Leonard Cheshire Inv 0918
Lord of Birmingham's Charity
Louis and Marion Ferrar Charitable Will Trust
Louis Nicholas Residuary Charitable Trust
Mabel Harper Charitable Trust
Merchant Taylors' Company
Morrisons Foundation
Munro Charitable Trust
Pembroke Hospice Charity Inv 0892
Persula Foundation
Roger & Douglas Trust
Sampimon Trust
Sheila & Denis Cohen Charitable Trust
Simpson Charitable trust
Sir James Knott Trust
Thomas Tunnock Ltd
Tilehouse Trust

ACHIEVEMENT AND PERFORMANCE

W G Edwards Charitable Foundation
Westminster Amalgamated Charity
Woodroffe Benton Foundation
Wyseliot Rose Charitable Trust
ZVM Rangoonwala Foundation

Chiswick Book Festival
Jo Brendon
Fraser Cains
Christmas Card sales (Jill Meager)
Nick Ede - Style for Stroke
Kierran Crilly- Runs

Donations in memory of Nan Millard
Donations in memory of Annabel Bosanquet

FINANCIAL REVIEW

Reserves policy

The Trustees have examined the Charity's requirements for reserves in the light of risks faced by it. They aim to maintain free reserves in unrestricted funds at a level which equates to approximately six months of unrestricted expenditure. The actual level of unrestricted reserves at 31 August 2020 was £127,430 (2019: £119,549) against unrestricted expenditure for the year of £73,154 (2019: £107,546).

The results for the year are set out in the Statement of Financial Activities and the Balance Sheet. The total income at £201,470; was £32,266 lower than the prior year (£233,736). Total expenditure was £189,685; £39,732 lower than the previous year (£229,417). In light of the current economic uncertainty the Trustees will continue to keep under review income and expenditure carefully.

As set out on page 2, the measures put in place by the government to control the spread of Covid-19 have impacted on the operations of the Charity during the year ended 31 August 2020, and have continued to do so in the current financial year. The financial impact on the charity is a reduction in charitable expenditure as actors are unable to go into hospitals and stroke clubs to carry out readings. At the same time, there has been a reduction in voluntary income received by the Charity. The trustees are confident that costs can be controlled and cashflow can be managed to minimise the impact on the Charity's reserves.

FUTURE PLANS

Plans for the coming year include: -

- a) To restart our hospital and stroke club work at the earliest opportunity.
- b) To expand the service into Northern Ireland.
- c) To re-establish hospital readings to three sessions per week in the majority of hospitals .
- d) To incorporate our virtual reading service as an integral part of our service delivery, using digital technology.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a company limited by guarantee incorporated on 20 January 2000 governed by its Memorandum and Articles of Association and amended last on 19 November 2011.

The governing body comprises the Trustees who are also Directors of the Company. In accordance with the Articles of Association of the Company one third of the Trustees retire from office each year and if their number is not three or a multiple of three the nearest to one third retire. Retiring Trustees are eligible for re-election.

Recruitment and training of trustees

The Charity's elected Trustees are appointed at a meeting of the Board of Trustees on the basis of nominations received from one or more Trustees whose recommendations for eligibility are based on relevant attributes including personal competence, specialist skills and availability. New Trustees are provided with copies of the Charity Commission Guidelines on Trustee Responsibilities, the Charity's governing document, the last Annual Report and Accounts and other important information. All Trustees have a sufficient understanding of the Charity's activities and resources to enable them to fulfil their responsibilities properly.

Management, officers and committee

The Trustees as directors of the Company and Trustees of the Charity are legally responsible for the overall management of the Charity. Day to day management and general policy determination is delegated to the Chief Executive.

The Trustees meet at least four times a year and are supported by Ambassadors. The Ambassadors' principal roles are to fundraise and promote the activities of the Charity. Both the Trustees and the Ambassadors are made up of persons having diverse but relevant skills to meet the needs of the Charity. Meetings of the Trustees are attended by the Chief Executive.

Risk management

The Trustees regularly review all areas of risk, including financial, to which the Charity is exposed. Where appropriate, systems have been established to mitigate those risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03910122 (England and Wales)

Registered Charity number

1080046

Registered office

Room 8
Victoria Charity Centre
11 Belgrave Road
London
SW1V 1RB

InterAct Stroke Support

Report of the Trustees
for the Year Ended 31 August 2020

Trustees

N M Dunn FRSL
J N Fergus FRCS
E J Hubbard
E P Kidd
C J Ravenscroft
C E Smith
L J Sowden FCA
W J Sykes Vice Chairman
I C Talbot OBE Chairman
C McKeivitt
A McCormick

Company Secretary

N Mahindru

Bankers

CafCash Ltd
PO Box 289
West Mailing
Kent
SW1V 1RB

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on and signed on its behalf by:

.....
I C Talbot OBE - Trustee

Independent Examiner's Report to the Trustees of
InterAct Stroke Support

Independent examiner's report to the trustees of InterAct Stroke Support ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 August 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

S H Pennington FCCA

Date:

InterAct Stroke Support

Statement of Financial Activities
for the Year Ended 31 August 2020

	Notes	Unrestricted funds £	Restricted fund £	31.8.20 Total funds £	31.8.19 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	80,652	118,375	199,027	230,045
Other trading activities	3	-	2,060	2,060	3,500
Investment income	4	383	-	383	191
Total		<u>81,035</u>	<u>120,435</u>	<u>201,470</u>	<u>233,736</u>
EXPENDITURE ON					
Raising funds	5	21,537	9,690	31,227	31,736
Charitable activities	6				
Reading		51,617	104,741	156,358	195,581
Governance costs		-	2,100	2,100	2,100
Total		<u>73,154</u>	<u>116,531</u>	<u>189,685</u>	<u>229,417</u>
NET INCOME		<u>7,881</u>	<u>3,904</u>	<u>11,785</u>	<u>4,319</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>119,549</u>	<u>72,415</u>	<u>191,964</u>	<u>187,645</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>127,430</u></u>	<u><u>76,319</u></u>	<u><u>203,749</u></u>	<u><u>191,964</u></u>

The notes form part of these financial statements

InterAct Stroke Support

Balance Sheet
31 August 2020

	Notes	Unrestricted funds £	Restricted fund £	31.8.20 Total funds £	31.8.19 Total funds £
CURRENT ASSETS					
Debtors	10	-	2,549	2,549	2,549
Cash at bank		128,645	75,870	204,515	194,532
		<u>128,645</u>	<u>78,419</u>	<u>207,064</u>	<u>197,081</u>
CREDITORS					
Amounts falling due within one year	11	(1,215)	(2,100)	(3,315)	(5,117)
		<u>127,430</u>	<u>76,319</u>	<u>203,749</u>	<u>191,964</u>
NET CURRENT ASSETS					
		<u>127,430</u>	<u>76,319</u>	<u>203,749</u>	<u>191,964</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>127,430</u>	<u>76,319</u>	<u>203,749</u>	<u>191,964</u>
NET ASSETS					
		<u>127,430</u>	<u>76,319</u>	<u>203,749</u>	<u>191,964</u>
FUNDS					
	13				
Unrestricted funds				127,430	119,549
Restricted funds				76,319	72,415
				<u>203,749</u>	<u>191,964</u>
TOTAL FUNDS					
				<u>203,749</u>	<u>191,964</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

InterAct Stroke Support

Balance Sheet - continued
31 August 2020

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
I C Talbot OBE - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of specific performance by the Charity, are recognised when the Charity becomes unconditionally entitled to the grant.
- Investment income is included when receivable.
- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the Charity earns the right to consideration by its performance.

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting voluntary income.
- Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the Charity and include the accountancy fees and costs linked to the strategic management of the Charity.
- All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Taxation

The charity is exempt from corporation tax on its charitable activities.

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each fund is set out in the notes to the financial statements.

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity, and have not been designated for other purposes.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	31.8.20	31.8.19
	£	£
Donations	198,247	229,830
Gift aid	780	215
	<u>199,027</u>	<u>230,045</u>

3. OTHER TRADING ACTIVITIES

	31.8.20	31.8.19
	£	£
Commissioned work carried out	<u>2,060</u>	<u>3,500</u>

4. INVESTMENT INCOME

	31.8.20	31.8.19
	£	£
Deposit account interest	<u>383</u>	<u>191</u>

Notes to the Financial Statements - continued
for the Year Ended 31 August 2020**5. RAISING FUNDS****Raising donations and legacies**

	31.8.20	31.8.19
	£	£
Staff costs	8,855	8,438
Allocation of fees	20,645	19,454
	<u>29,500</u>	<u>27,892</u>

Other trading activities

	31.8.20	31.8.19
	£	£
Entertaining, publicity and events	1,727	3,844
	<u>31,227</u>	<u>31,736</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £	Support costs £	Totals £
Reading	156,358	-	156,358
Governance costs	-	2,100	2,100
	<u>156,358</u>	<u>2,100</u>	<u>158,458</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.8.20	31.8.19
	£	£
Staff costs	35,420	33,752
Insurance	1,272	1,398
Postage and stationery	2,833	2,251
Sundries	137	215
Hospital actors' fees	49,548	75,754
Hospital actors' travel	5,787	8,025
Admin and secretarial costs	18,300	16,997
Stroke club actors' fees	4,588	6,492
Pembridge Hospice actors' fees	9,398	18,132
Training	2,968	5,163
Short stories	250	750
CRB clearance costs	-	38
Office expenses	18,490	14,175
Allocation of fees	-	39
	<u>148,991</u>	<u>183,181</u>
Carried forward	148,991	183,181

Notes to the Financial Statements - continued
for the Year Ended 31 August 2020

7. DIRECT COSTS OF CHARITABLE ACTIVITIES - continued

	31.8.20	31.8.19
	£	£
Brought forward	148,991	183,181
Community projects	6,385	10,615
Travel & accommodation	364	1,785
Professional fees	618	-
	<u>156,358</u>	<u>195,581</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2020 nor for the year ended 31 August 2019.

Trustees' expenses

Travel costs amounting to £NIL (2019: £106) were reimbursed to the Trustees during the year.

9. STAFF COSTS

	31.8.20	31.8.19
	£	£
Wages and salaries	41,400	40,014
Social security costs	1,819	1,356
Other pension costs	1,056	820
	<u>44,275</u>	<u>42,190</u>

The average monthly number of employees during the year was as follows:

	31.8.20	31.8.19
Administrative	<u>1</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued
for the Year Ended 31 August 2020

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.8.20	31.8.19
	£	£
Other debtors	2,549	2,549
	<u> </u>	<u> </u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.8.20	31.8.19
	£	£
Accruals and deferred income	3,315	5,117
	<u> </u>	<u> </u>

12. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.8.20	31.8.19
	£	£
Within one year	12,714	12,714
Between one and five years	-	12,714
	<u> </u>	<u> </u>
	<u>12,714</u>	<u>25,428</u>

Charge Registered at Companies House:

Rent Deposit Deed: £12,714 (Amount Outstanding)

Date	Name	Amount	Description
13/11/2009	The Secretary of State of Communities and Local Government	All monies due or to become due from the company to the chargee under the terms of the aforementioned instrument creating or evidencing the charge. The amount from time to time standing to the credit of an interest bearing deposit account.	Rent Deposit Deed

13. MOVEMENT IN FUNDS

	At 1.9.19 £	Net movement in funds £	At 31.8.20 £
Unrestricted funds			
Unrestricted Funds	119,549	7,881	127,430
Restricted funds			
Restricted Funds	72,415	3,904	76,319
TOTAL FUNDS	<u>191,964</u>	<u>11,785</u>	<u>203,749</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted Funds	81,035	(73,154)	7,881
Restricted funds			
Restricted Funds	120,435	(116,531)	3,904
TOTAL FUNDS	<u>201,470</u>	<u>(189,685)</u>	<u>11,785</u>

Comparatives for movement in funds

	At 1.9.18 £	Net movement in funds £	At 31.8.19 £
Unrestricted funds			
Unrestricted Funds	118,196	1,353	119,549
Restricted funds			
Restricted Funds	69,449	2,966	72,415
TOTAL FUNDS	<u>187,645</u>	<u>4,319</u>	<u>191,964</u>

13. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted Funds	108,899	(107,546)	1,353
Restricted funds			
Restricted Funds	124,837	(121,871)	2,966
TOTAL FUNDS	<u>233,736</u>	<u>(229,417)</u>	<u>4,319</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.9.18 £	Net movement in funds £	At 31.8.20 £
Unrestricted funds			
Unrestricted Funds	118,196	9,234	127,430
Restricted funds			
Restricted Funds	69,449	6,870	76,319
TOTAL FUNDS	<u>187,645</u>	<u>16,104</u>	<u>203,749</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted Funds	189,934	(180,700)	9,234
Restricted funds			
Restricted Funds	245,272	(238,402)	6,870
TOTAL FUNDS	<u>435,206</u>	<u>(419,102)</u>	<u>16,104</u>

The restricted fund relates to income received for work in hospitals, stroke clubs and Pembridge Hospice.

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 August 2020.