



# Ocean Youth Trust South

## *Adventure Under Sail*



## 2021 Annual Report



# OCEAN YOUTH TRUST SOUTH AND COVID-19

**This Annual Report covers the financial year  
1<sup>st</sup> November 2020 to 31<sup>st</sup> October 2021.**

**Due to the Covid-19 pandemic, we were unable to run any  
voyages at all in 2020.**

**We resumed operations in June 2021 and ran a full  
programme of successful voyages from then until  
the end of the sailing season.**

**This report is a tribute to all our volunteers, staff, donors,  
sponsors, supporters and friends, who did everything they  
could to see us through the most challenging period in the  
charity's history and ensured that we could continue to  
offer life-changing experiences to young people who need  
opportunities like this more than ever.**

**This report includes examples of the immense support we  
received during the year, as well as evidence of the lasting  
impact that our voyages can have on the lives of young  
people who have the chance to sail with us.**

**With the continuing support of all the friends of Ocean  
Youth Trust South, we look forward to continuing our work,  
playing our part in the effort to help young people recover  
from the lasting effects of the pandemic.**

# **OCEAN YOUTH TRUST SOUTH**

Registered Charity No. 1079959

## **2021 ANNUAL REPORT**

For the year ending 31 October 2021

The Trust is registered in England and Wales  
as a company limited by guarantee (No. 3898084)

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## THE OBJECTIVES OF THE TRUST

Ocean Youth Trust South exists to offer personal development through adventure under sail to young people aged 11 to 25.

The majority of young crew members come from vulnerable or disadvantaged backgrounds or face significant problems at home or at school; but there are also places for young people from mainstream backgrounds.

Young crew members living in a wide variety of circumstances benefit enormously from being taken right out of their familiar environment and encouraged to face new challenges, enjoy new experiences, make friends, work as a team, acquire new skills and, above all, develop their confidence.

In practice this is achieved by putting twelve to fifteen young people together on board our 32-metre ketch, *Prolific*, with safety and support provided by skilled sea staff.

## ABOUT OCEAN YOUTH TRUST SOUTH

### Background and purpose

- Ocean Youth Trust South is one of a number of independent regional Ocean Youth Trust charities based around the UK, most of them (including OYT South) founded in 2000. They all grew out of the Ocean Youth Club (OYC), which was established in 1960 by Chris Ellis and Chris Courtauld.
- In a normal season OYT South takes over 500 young people to sea.
- The Trust's main purpose is to offer **Adventure Under Sail** as a personal development opportunity for young people aged 11 to 25.
- The Trust aims to reach as wide a range of young people as possible, and works in partnership with other charities and youth organisations to arrange voyages for vulnerable and disadvantaged young people who would never normally have the opportunity to take part in something like this.
- Voyages can last from two days to two weeks and involve up to fifteen young crew members at a time, plus six to eight adult sea staff.
- The charity's usual sailing area covers the south coast of England, the West Country, France and the Channel Islands, with occasional longer and more challenging voyages such as the Tall Ships race series.

### OYT South people and organisation

OYT South normally has a team of six full-time and two part-time staff: the Staff Skipper and Staff Engineer on board the boat, and our Chief Executive, Business Manager, Admin Manager and part-time Finance Manager and Admin Assistant ashore. In 2021 we had a Staff Cadet on board, and we will also have a third staff member on board for the second half of the 2022 season.

We are also grateful for the commitment of our volunteers, who sail as sea staff, undertake vessel maintenance and provide essential shore support.

OYT South is managed by a Board of Trustees, some of whom are also qualified sea staff.



## THE 2021 SAILING SEASON

We returned to sailing at the end of June 2021 after 603 days with no young people on board, due to Covid.

The season began cautiously, with limited numbers of people on board to allow for some social distancing – in addition to extensive pre-voyage screening.



It was immediately clear how much the young people appreciated the opportunity to get outside, spending time with old friends or making new ones. The first voyage of the year was a bubble group of sixth-formers from Ardingly College. A boy aged 18 said:

*“My favourite part was all the steering I got to do, ‘cos I didn't even know we'd be allowed to do stuff like that, so it*

*was really good. I had a great time, learnt a lot and the crew were all brilliant, most fun I've had this year!”*

By the third week of July, we were able to run our first mixed voyage of the year and alongside those who were excited to be sailing, we also started to see young people who had really struggled during the pandemic and lockdowns: there was considerable anxiety about spending a week away with strangers. However, a week of glorious sunshine, beaches and dolphins turned out to be just what they needed.



An important feature of OYT South's work is our partnerships with other organisations, some of whom represent young people who faced specific additional challenges during the pandemic – at the same time as seeing their fundraising severely disrupted. [MACS](#), the charity for young people born without eyes or with underdeveloped eyes, was very keen to sail this year; but they generally fund a lot of their activities through events, such as the London Marathon, which had been cancelled. OYT South and MACS therefore made a joint application to Sail Training International's Youth Development Fund, which made this year's voyage possible.

This is a normally close-knit and supportive group of young people but because of Covid they hadn't seen each other for two years. A boy aged 22 said the most memorable thing for him was *"Just coming back and just seeing familiar faces, being a big family."* A girl aged 23 said: *"It's been amazing to have some normality after the past 18 months."*



2020 should have seen some great celebrations for the 400<sup>th</sup> anniversary of the Mayflower's voyage from England to the New World. Sadly Covid put a stop to those plans, but this year we were delighted to take part in the rearranged ASTO Southampton to Dartmouth Mayflower 400 Race, against other sail training vessels crewed by young people. Dartmouth Academy selected *Prolific's* crew, choosing students who would never normally have a chance to take part in something like this, and combining students who would not normally spend time together. One boy said: *"My best bit was probably getting on with everybody that I didn't think I'd get along with, like playing games and stuff that I haven't played for ages"* and another crew member, who is transgender, said: *"My most memorable bit was I think just the whole trip in general, meeting like amazing people and like getting on with people I've never really got on with before."* All this despite a voyage which many found very challenging – one girl commented: *"Thanks to everyone for helping me dying from sea sick it was amazing."*



The last weeks of the school summer holidays were spent working our way back from Dartmouth to the Solent via Poole – with yet more positive feedback. A 16-year-old said: *"My best bit was the time when I was sitting on deck with the overfalls, and the waves were quite rough and it was really lovely, just like going over the waves - and I really loved the navigating. ... And the most memorable bit is when I was on the first anchor watch and we went to do the bearings - and we looked at the stars and that was lovely."* And a parent wrote: *"Just to say thank you for the amazing trip our daughter has just been on! She enjoyed it hugely, one of life's experiences she will never forget! We will be looking at booking her and her sister next year."*

One of the consequences of the pandemic was a huge interruption to our volunteer recruitment and training programme. Normally the best young people each season are invited back to train as volunteers: around a third of our volunteers are former young crew members aged 16-25 and these people are vital role models for the next generation of young crew members, as well as being essential to the future of the charity. However, none of those who earned recommendations in 2019 had been able to pursue their training in 2020, and



opportunities were very limited in 2021 as we were keeping numbers down to aid distancing on board. So in early September we had a special training voyage for young volunteers aged 17-22, to build their skills and confidence. They all made huge progress and the voyage cemented their places as hugely valued members of the team going forwards.

More than two years ago we started working with a school in Tower Hamlets to train and recruit volunteers from more diverse backgrounds, and though the project was delayed due to Covid, we were delighted this week to see the first of their former students qualify as a volunteer. A second London school has since joined the programme.

As we moved into the autumn, we were able to see the impact of our voyages on some exceptionally vulnerable young people. One group had experienced issues including domestic violence, threats, substance abuse, and mental health conditions including PTSD. It was interesting to see how people who endured chaotic lives responded to the chance to control and manage their own world with genuine responsibilities on board. One said:

*"After being praised once or twice for my steering I am super confident. Was really fun doing watch shifts, made it seem all official." Another said: "My most enjoyable bit was probably just like being part of the crew with the boat ... like it's actually us doing it, scary!"*

A similar sentiment came from crew members on a voyage run in partnership with the Ellen MacArthur Cancer Trust: one said: *"It gives confidence to be given so much responsibility"*







George Green's School in Tower Hamlets is a regular client and this year's group was particularly appreciative of the opportunity, especially after all the restrictions of the past year. A girl aged 16 said *"My most memorable bit was the sunsets and sunrises, the moonrises, the skies ... I enjoyed my voyage and found it wonderful. The crew were all thoughtful, genuine and resourceful*

*people who gave me an experience that my mind couldn't even comprehend. I love Prolific."* And a boy aged 16 said: *"I have enjoyed this trip very much. I am very appreciative of this experience and want to say thank you to all the crew, as it was very fun, entertaining and educational."*

Cowes Enterprise College provided *Prolific's* crew for the Association of Sail Training Organisations Small Ships Race, in very challenging weather – and were thrilled to come second in their class. This is a school which has been developing a marine curriculum and we had a similar group from Bay House School, Gosport, on a voyage funded largely by Portsmouth Harbour Marine. This school has recently set up a Marine & Maritime classroom and these students were doing Marine & Maritime qualifications and have all expressed an interest in the marine industry. This is clearly an area where we would like to be able to keep developing what we can offer in order to meet the needs of schools.



Bruern Abbey School teaches boys up to age 13 with specific learning difficulties including dyslexia, dyscalculia, ADHD, Asperger's and more. The best quote of the voyage came from skipper Ollie who said that all the boys reminded him of himself on his first sail training voyage aged 12. So maybe there was a future skipper in the crew!



The Limes College, Sutton, is a pupil referral unit for students excluded from or unable to attend mainstream school, and the group they booked to sail this year had such a history of social, emotional, behaviour and mental health problems that The Limes felt it was appropriate to send four of their own staff for just four young people – in addition to OYT South's own staff and volunteers. Skipper Holly commented: *"The group collectively did really well on the first evening, stating that they were up for an*

*adventure and then living up to this by handling the dark, poor visibility, and immense rain really well whilst maintaining a good lookout in watches, and then keeping an anchor watch throughout the windy night. They worked really hard on Tuesday, when we had strong winds and tacked round the eastern Solent a few times, and all seemed to enjoy the storm-bound day alongside in Cowes – in particular the movie night in the saloon."*

The season ended with a voyage for east London charity Ambition, Aspire, Achieve, who spent one stormbound day planning an amazing Hallowe'en party. One 13-year-old said: *"This has been the best trip I've ever had. If this was a hotel I would stay here for longer. I definitely would go again. The best bit was the sailing, driving, and THE FOOD. 5 stars all day. This place has helped me a lot."* And the group leader told us: *"On this trip I have had the best experience ever ... The staff have been excellent, they have been welcoming and encouraging ... I would like to say that I have learnt so much about sailing and have been surprised at how much it takes to sail a boat. Every bit of this trip has been enjoyable."*



It was fantastic to return to sailing in 2021 after losing so many voyages to the pandemic. A short season, but a hugely successful one which all rested on the tremendous support we receive from donors, sponsors, volunteers, clients, suppliers, staff and more. On behalf of all the young people who achieved so much on board this year: a heartfelt thank you!



## WHAT OUR CUSTOMERS AND CREW SAY ABOUT OYT SOUTH

Two **HAMPSHIRE CHILDREN'S HOMES** selected young people for a voyage and one later wrote: *"I wanted to say a huge thank you to you and your team on behalf of our young resident who has had the most amazing time and has not stopped talking about the trip since we collected her. She has grown in confidence and has told us about all of the challenges that she faced during the voyage, and how she was encouraged and supported to achieve every challenge presented to her ... She has been talking so positively about this experience I feel it has been the highlight of the year for her so far. She has spoken so highly of your team on*



*board and how helpful, friendly and kind all the crew were to her for which I am grateful as she was initially very anxious."* A girl aged 16 told us the best bit was: *"Probably just meeting everyone and getting to know people, 'cos of lockdown and we haven't been able to go out and stuff, it's just so much nicer to just meet loads more new people ... Really fun, enjoyed every minute of the trip. Got to learn loads of new things and learned how to work better in a group. Very educational."*

After another voyage, a parent wrote: *"[My daughter] had a great time on her recent voyage and I think this was a great way for her to end a stressful school year ... I wanted to thank you, and OYT South for the opportunities you have given her. She has faced many challenges in the last few years and your work has helped towards giving her the tools and confidence to realise she is as able and deserving as others to achieve."*

Another parent said: *"Our daughter has spent all afternoon travelling back home, regaling us with her experiences and how much fun she had working alongside friendly and supportive crew and volunteers ... Hope the season continues to bring many more sailing positives, you achieve lots more successes and awards. Your 'training' ethos is fantastic and your reputation second to none."*



Many crew members sailing in 2021 had initially booked as far back as 2019 and waited a long time to sail after all 2020 voyages were cancelled. Another parent wrote: *"As you know, the initial voyage was scheduled for April 2020 in the Solent and [my daughter] had resigned herself to the fact that it was a fantastic, yet missed, opportunity and never anticipated that she would be considered to participate at a later date ... Since she stepped off Prolific back in Brixham, she hasn't stopped talking about her adventures with the Ocean Youth Trust and can't wait to sail with you again. She can't pinpoint what she enjoyed the most as she's still buzzing from the voyage and tales of her new experiences, from holding on tight on deck in choppy waters with music playing whilst the waves seemed as high as the side of Prolific; steering and hoisting the sails; jumping into*



*the sea and swimming out of her depth; learning technical terms and teaching others how to record in the log book; seeing dolphins swim alongside and the beautiful views of the Cornish coastline; night-time sailing; watching out for lobster pot buoys; making new friends; dinghy race; beach cove BBQ; the showers at Plymouth marina and washing up with disco lights!"*

Meanwhile, the fears and anxieties of those who had struggled during the pandemic were voiced by a 15-year-old who said: *"I think my most memorable bit would be the fact that I actually made good mates 'cos I thought I was just going to be like a little loner on the side."*

Others had spent a lot of time during lockdowns staring at screens, for education, entertainment and socialising. One 16-year-old boy wanted to put into the words how it felt finally to be experiencing something for himself: *"There's like a sort of weird thing that you can't - with experiences you can't really see it the same way as like a photo or a video and it's like being there has so much more meaning to it, and it's like you're actually experiencing it, there's a lot of things you don't have in a photo, like even smallest things like the sound of like, I don't know, waves splashing, going past the wind, the wind in my hands, and all that kind of thing, you just don't have that when you're not there."*





**DARTMOUTH ACADEMY** was a new client in 2021 and responded to our detailed post-voyage feedback: *"This is absolutely brilliant – so much to digest ... THANK YOU to everyone involved ... what an amazing opportunity, and how clearly you've seen our pupils. I can't express how very grateful we are to OYT South – just phenomenal."* Another staff member said: *"As a member of the leadership team at Dartmouth Academy I am so impressed with this entire endeavour. The report submitted here is comprehensive and as I know all these pupils well it makes me so happy that they have had the opportunity to undertake this experience. Thank you to all at OYT South".*



**BAY HOUSE SCHOOL, GOSPORT**, had a voyage in October funded largely by Portsmouth Harbour Marine. The school has recently set up a Marine & Maritime classroom and these students were doing Marine & Maritime qualifications. The teacher who sailed with them on the voyage wrote afterwards: *"Many thanks indeed for providing such an in-depth report from the sailing trip, with our Year 10 Marine and Maritime 'cadets'. The data provided is extremely useful and can be used in multiple ways. I believe this trip has been a pivotal point in the young people's lives. They've learnt new skills, dealt with setbacks maturely, had to live with people they don't necessarily know that well, independently looked after themselves etc. If anything, I feel the trip has released a new energy amongst the group which has pushed them into thinking about*



*their futures within the Maritime Industry - and we need to celebrate this. Thanks again, I look forward to working with OYT South in the not too distant future."* And one of the parents wrote: *"She came back engaged and excited and I think the trip was what she really needed after a difficult year! ... It was so great for her physical and mental well-being at the moment."*

A staff member from **ARDINGLY COLLEGE** told us after their voyage: *"Kids all still buzzing. Some of the older kids said it was the best thing they had ever done and I am only a little bit offended as I had taught them for 5 years and taken them on many other camps and trips!"*

**MACS**, the charity for young people born without eyes or with under-developed eyes, brought a group to sail in the summer. A girl aged 19 said: *"Thank you for allowing me to be myself again. Also thanks for giving me the best week of the past 2 years of my life. I will remember this week for ever ... I expect in a few years' time I'll still remember everyone's faces around this table all smiling at me, and the laughter throughout the whole trip."* One of the carers said: *"My favourite part of the trip has been seeing my sister being really independent ..."* Another carer who



came to support a girl who is blind and has learning difficulties said her best bit was: *"Just seeing her being so confident in all the things that she's done this week, and really ready to have a go and join in, and everyone looking after her so well and people doing lots of one-to-one with her when she's putting sails up and winching and things."*

A 17-year-old who has been selected to join our volunteers' training programme said: *"Thank you once again for getting me a place on the voyage last week, I had the most incredible week, with the most incredible group of people and I met people on the voyage who I will stay in touch with for years to come ... Of all the voyages I have been on I have to say this was my favourite, it was exactly what I needed, I feel as though this voyage really helped me discover more about myself but has also really allowed my confidence to blossom. ... I think the last week made me realise what a huge role the charity plays in my life and how grateful I am to everyone involved."*

**LIMES COLLEGE** pupil referral unit sent a group of students with complex needs and one of the accompanying staff said: *"An amazing vessel with an excellent crew. Really enjoyed meeting the OYT South team. My watchleader was very friendly and helpful and I learnt a lot from watching and listening to her instructions. A brilliant skipper and first mate. A well-run ship. Really learnt a lot. Thank you all so much."*



The Operations Manager of the **AMBER FOUNDATION**, which helps people move out of homelessness and unemployment, said: *"The residents had such a wonderful time and clearly learned lots of new skills and made some memories which I'm sure will last a lifetime. Thanks to you and the crew for your continued support and we hope to work with you again for another voyage in the future."*



A team from **PARKSTONE YACHT CLUB**, where the Commodore, Gary Wakefield, has chosen us as one of the two charities he will support through his time in office, joined us for a day sail. Gary said: *"A great insight into the OYT South operation. The day was immaculately planned and professionally conducted. Thank you, I was*

*inspired to return"* and one of his colleagues added: *"Fantastic day out from some of the best people out there. Wonderful effort! Thank you."*

The head of **COWES ENTERPRISE COLLEGE** said: *"It has been wonderful to hear our students talk about their voyage with such pride and confidence and I'm sure it will have been life changing for them. Many thanks to the whole team for everything you have all done to give our students such a wonderful experience."*

Finally, more comments from parents: *"He absolutely loved his experience on Prolific. Thank you to the whole crew for making it such a positive experience for him. I'm sure it's something he will never forget. He was very nervous in the weeks leading up, even having doubts about going and needed a lot of encouragement from us to get there. I think he was surprised by how hard it was, especially in the challenging conditions but he really enjoyed the adventure of it all - the teamwork, getting to know new people, making new friends and learning new skills (he's not stopped tying knots since he's been home!). He said he would definitely like to do it again and gain some more experience in the future and would love to sail further afield next time."*

*"Usually reluctant and shy, she came back full of enthusiasm and the experience really boosted her self-esteem."*

*"I must share with you that bringing [my daughter] to the boat was one of the most thrilling 'Mum' experiences I've ever had ... I can't stop thinking about her having such an amazing experience."*



## 2021 FACTS AND FIGURES

**Berth sales:** After 603 days with no young people on board, from November 2019 to June 2021, we resumed operations on 26th June 2021, with 60% of a normal season still available to sail, and ran a full programme of 23 voyages and two day sails between June and November, without having to cancel a single one. We sailed with reduced numbers to allow for some space and distancing on board and that, combined with the shorter season, meant we offered 236 places on voyages this year, compared with almost 600 in a normal full season.

We filled 219 places (93% of the berths we were offering), after some late drop-outs mainly due to positive Covid tests or close contacts.

**Crew members:** 62% of the 192 places filled on youth voyages went to young people who were disadvantaged or vulnerable in some way, or to group leaders (teachers, youth workers or carers) who were needed for the young people to sail. 58 places (26%) went to individuals who had some physical or learning difficulty. Many came to us via mainstream and special schools, youth groups and other charities. But we still offer places for young people from all backgrounds: you do not need to be disadvantaged to sail with us. 19% of young crew members on these voyages were aged 13 or under; 31% were 14 or 15; 28% were 16-18; 13% were aged 19-25 and 9% were leaders or carers aged 25+, or disadvantaged adults. The age profile was a little older than usual because we there were so many replacement voyages for cancelled 2020 bookings, with everyone now a year older.

**Berth cost subsidies:** All crew members aged 11-25 had a basic subsidy of 50% of the true cost of running their voyage, paid for through our fundraising. This keeps voyages affordable for young people from the widest possible range of backgrounds and is a key element of our charitable purpose. In addition, 136 young people allocated additional bursary funding thanks to OYT South's generous donors, either because they had some disadvantage or as members of our trainee volunteer programme who needed experience to work towards watchleader or bosun qualifications.

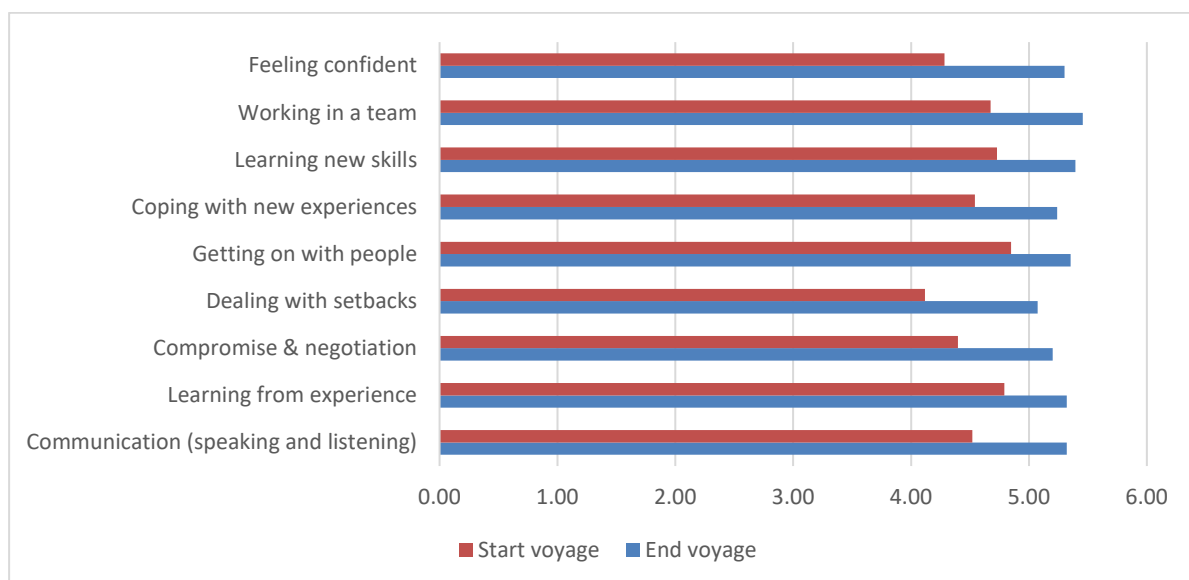
**Volunteers:** Volunteers gave 538 days to sail on our voyages. A third of staff and volunteer berths were filled by people aged 25 or under.

**Sailing programme:** *Prolific* covered 2,335 nautical miles during the 2021 season.



## MAKING A LASTING DIFFERENCE

In 2021, 175 people completed Outcomes Wheel self-evaluation sheets. This involves individuals giving themselves marks out of 6 in various areas at the start and end of a voyage, so we can measure changes in how they feel about themselves. The graph shows average start and end scores. The biggest change was for 'feeling confident' where the average mark out of 6 rose from 4.28 to 5.30, a 24% improvement. There was a rise of 23% for 'dealing with setbacks'; 18% each for 'compromise and negotiation when living with different people' and 'communication (speaking and listening)'; 17% for 'working in a team'; 15% for 'coping with new experiences'; 14% for 'learning new skills'; 11% each for 'learning from experience' and 'looking after myself'; and 10% for 'getting on with people'.



Further evidence of real achievement is that 118 people earned Royal Yachting Association Start Yachting certificates in 2021, and 23 earned the more advanced Competent Crew certificate. We always stress to young people – especially anyone likely to have little to show by way of academic qualifications – that these certificates mean far more than basic sailing competence: to earn them, a young person must have listened, concentrated, worked in a team, taken on the routine tasks as well as the exciting ones, practised new skills until they mastered them, coped with unfamiliar situations, lived in a confined space with people they don't know, followed safety instructions and much more.

Sail training helps young people to develop the skills to succeed in life, and we can help them move on with real evidence of these skills.

## # SAIL TO WELLBEING

Research by the New Economics Foundation, promoted by the NHS and MIND, has found evidence of five steps people can take to improve mental health and wellbeing. The NHS says "Trying these things could help you feel more positive and able to get the most out of life."

Every one of these five steps is a natural part of a sail training voyage.

You really can #SailToWellbeing.

The steps are:

1. **Connect**
2. **Be active**
3. **Take notice**
4. **Learn**
5. **Give**



### 1. **Connect with other people**

Good relationships are important for your mental wellbeing. They can:

- help you to build a sense of belonging and self-worth
- give you an opportunity to share positive experiences
- provide emotional support and allow you to support others

A voyage with Ocean Youth Trust South is a fantastic opportunity to connect with other people - making new friends, getting to know people from different places and backgrounds, or building links with others who have shared similar life experiences. Living together, eating together, learning new skills, enjoying new experiences, going through tough times as well as good times together, having fun, building lasting friendships: as a crew member on board *Prolific*, you have a real role and responsibilities: you matter to other people and they matter to you. Teamwork counts: you can't hoist a sail on your own. It only takes a few days on board to build a connection with people you may not have met before.

***Connect with other people:***

***Live, work and learn together on board a beautiful sailing vessel,  
bonding as a crew.***

## 2. Be physically active

Being active is not only great for your physical health and fitness. Evidence also shows it can also improve your mental wellbeing by:

- raising your self-esteem
- helping you to set goals or challenges and achieve them
- causing chemical changes in your brain which can help to positively change your mood



A voyage with Ocean Youth Trust South is a fantastic opportunity to be physically active: hoisting sails, grinding winches, working on deck in the open air. During a sail training voyage, there is something active for everyone to do on board - from the most sporty people to those who really don't enjoy competitive sports and team games, as well as people with physical and learning difficulties. And all that activity has a practical purpose and makes a real difference: you put your back into hoisting a sail - and now we're going fast to a new port! Or you didn't think you could climb onto the bowsprit but with encouragement and support, you found you enjoyed it – and saw a dolphin right underneath you!

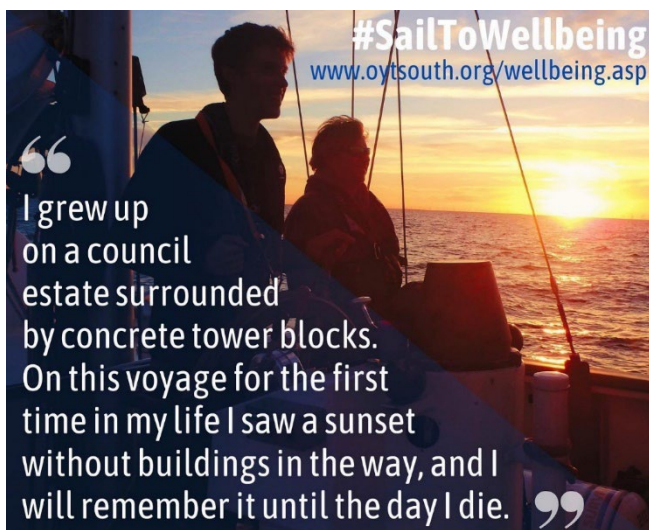
***Be physically active:***

***Hoist a sail, climb out onto the bowsprit, steer the boat  
– all in the open air.***

## 3. Take notice and pay attention to the present moment

Paying more attention to the present moment can improve your mental wellbeing. This includes your thoughts and feelings, your body and the world around you. Some people call this awareness "mindfulness". Mindfulness can help you enjoy life more and understand yourself better. It can positively change the way you feel about life and how you approach challenges.

YouGov research released on May 13th 2021 by the Mental Health Foundation shows that 65 per cent of people find being near water (coast, rivers, lakes and ponds) has a positive impact on their mental health.



A voyage with Ocean Youth Trust South is a fantastic opportunity to get away from all the pressures of everyday life and all the demands that life can make on you, and think about who you really are and what really matters to you.

Sail training gives you a chance to take notice of your thoughts and feelings, your body and the world around you. Out at sea, away from

any pressures you face at home or at school, without the distractions of internet and phones and staring at a screen, you can find yourself sailing under the stars, seeing dolphins playing under the bowsprit, or keeping a lookout and taking the time to watch the sun slowly setting. Noticing the moment when you turn the engine off and 110 tonnes of boat moves under nature's power alone. Taking time to reflect when you have finished a job - a sail hoist or a night watch - and you can think about what you have achieved and what you have learned.

***Take notice:***

***take time to be aware of yourself and your surroundings,  
away from the pressures and demands of everyday life***

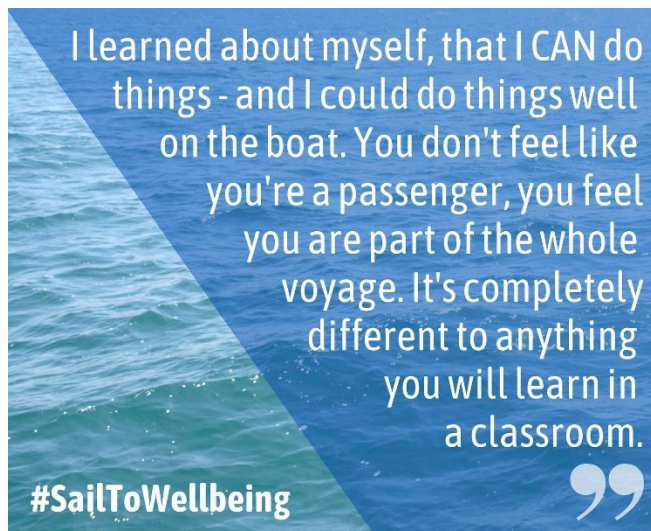
#### **4. Learn new skills**

Research shows that learning new skills can also improve your mental wellbeing by:

- boosting self-confidence and raising self-esteem
- helping you to build a sense of purpose
- helping you to connect with others

A voyage with Ocean Youth Trust South is a fantastic opportunity to learn new skills in an environment which is entirely unlike a classroom and which has something to offer to people of all abilities and interests. You can also take away evidence of what you have learned: this can make all the difference for people who struggle with academic qualifications; but even if you have plenty of exam passes, your sailing experience can help you stand out from others who may have done equally well at school but may not be able to demonstrate the breadth of different life skills which you can develop on board.





Sail training is an ideal opportunity for learning new skills. On board *Prolific*, you can take part in everything from steering the boat to tying knots, navigating the vessel or helping with daily engine checks. You can pick up skills that are directly relevant to everyday life, such as how to cook a meal or how to cope with a new experience that may seem daunting at first. Once you have learned how fantastic it

feels to conquer your fears or master something that seemed too difficult the first time you tried it, you can apply that experience to the next time life throws a challenge in your way. You can earn a recognised sailing qualification on board and take home a certificate to put in your record of achievement so that you can demonstrate in a college application or a job interview that you can work with others, take responsibility, be resilient, follow instructions, complete a task once you have started it, communicate clearly and more - all the skills that employers, families, schools and communities need.

*Learn new skills:  
practical learning outside a classroom,  
developing skills that will make a real difference in everyday life.*

## 5. Give to others

Research suggests that acts of giving and kindness can help improve your mental wellbeing by:

- creating positive feelings and a sense of reward
- giving you a feeling of purpose and self-worth
- helping you connect with other people

A voyage with Ocean Youth Trust South is a fantastic opportunity to give to others - whether that is a hot cup of tea during a cold night watch, an extra hand on a rope when they are struggling, a word of encouragement or praise if they are finding something difficult, a helping hand if you have already mastered a skill and they haven't but want to learn, a listening ear if they need to talk to someone. It is also a chance for other people to do the same for you.

Sail training creates many opportunities for you to give to others - and for them to give to you. And as well as the small acts of giving to others which can happen on any voyage, Ocean Youth Trust South couldn't function without our amazing volunteers - people who give up their time to come on our voyages and make it possible for young crew members to sail, stay safe and have fun. Many of our volunteers are young people who did their first voyage as an ordinary crew member, made a great impression on the skipper - and were invited back for volunteer training and lots of free sailing!

***Give to others:  
make a positive contribution to those around you  
- and let them do the same for you.***

### **Covid-19 and the five steps to wellbeing**

Much has been said about the impact of the pandemic and lockdowns on young people, after long periods of being cooped up, separated from friends, dealing with disruption to education, missing key milestones, worrying about the health of themselves and their families, and facing the prospect of beginning adult life amidst huge economic insecurity. Young people from all backgrounds have had to cope with immense difficulties and this has created real concerns about the prospects and mental wellbeing of a generation. Sail training has a long record of delivering just what young people need in these times: confidence, teambuilding, resilience, communication, friendship, fun and more.

Sail training can help deliver the five steps to wellbeing, making a lasting difference to young people who have experienced the Covid-19 pandemic.

- **Connect with other people:**
- **Be physically active**
- **Take notice**
- **Learn new skills**
- **Give to others**

See [www.oytsouth.org/wellbeing.asp](http://www.oytsouth.org/wellbeing.asp) for more examples of how young people – and adult staff and volunteers – can #sailtowellbeing, as well as a series of short stories by Jo Clark on each of the five steps.



## DONATIONS AND SUPPORT

In this year when income from voyages was greatly reduced by a shortened season, due to Covid, Ocean Youth Trust South is enormously grateful for the donations of funds or equipment we receive from many individuals and organisations, as well as many contributions in the form of time and expertise. Without this support, we would not be able to keep *Prolific* in such good condition, and offer so many opportunities for young people from different backgrounds. Our sincere thanks to all who have supported us in many different ways, including:

\* AkzoNobel \* Alinea \* Amazon Smile \* Sienna Anderson \* Aquafax \* David Ashley \* Janice Aslin \*  
\* Association of Sail Training Organisations \* Aston Martin \* Aumund Foundation \* Azets Audit Services \*  
\* Flora Azulay \* Baily Thomas Charitable Fund \* Alistair Baird \* Paul Bartlett \* Colin M Baxter  
\* Martin Bayfield \* BD marine \* Will Becker \* Chichester U3A \* Chris Beddow \*  
\* Bernard Sunley Charitable Foundation \* Peter Binning \* Alan Birtles \* Brian Boniface \* Veryan Boscawen \*  
\* Deborah Boys \* British Marine \* Paul Burnett \* Bursledon Outside Yacht Club in memory of John Madin \*  
\* Michael Campbell \* John Caulcutt \* JC Caverhill \* Lindy Chamberlain \* Paul Christophers \* Caroline Clarke \*  
\* Andrew Clifford Hill \* Fred Cole \* Dom Coleman \* Glyn Collins \* Tony Collins \* Will Collins \*  
\* Cowes Harbour Commission \* Nic Crawford \* Oliver Crosthwaite-Eyre \* D. C. R. Allen Charitable Trust \*  
\* In memory of Peter Daniel \* Dartmouth Harbour \* Dean & Reddyhoff Marinas \* David Dent \*  
\* Diocese of Winchester \* Dorset Marine Training \* Gilly Drummond \* Easyfundraising \*  
\* Chris Ellis Award fund \* Clifford Ellis \* Emma Ellis \* Gillian Ellis \* Ellis Campbell Charitable Foundation \*  
\* Endeavour Quay Ltd \* English Braids \* Extreme Marine \* Felixstowe Master Mariners \* Steve Furniss \*  
\* Patricia Garad \* Sandy Garrity \* Geoff Herrington Foundation \* Laura Gilbert in memory of Geoff Ewenson \*  
\* Gipsy Moth Trust \* Graham High Charitable Trust \* Louise Grainger \* John Green \*  
\* Ilene Grifen in memory of Joe Vittoria \* \* In memory of Roger Grimsdick \* In memory of Howard Gross \*  
\* Val Hague \* Hampshire & Isle of Wight Community Foundation \* Hampshire Virtual School \*  
\* James Hanratty \* Vernon Harten-Ash \* Amanda Hartley \* Rob Harwood \* John Hasselgren \* Charles Hebert \*  
\* David Heffer \* Fiona Henley \* The Henry Smith Charity \* Fiona & John Hicks \* Phillip Hood \* Peter Hughes \*  
\* In memory of Roy Hughes \* Lord Iliffe \* IM Products \* Anthony Insall \* International Paint \*  
\* Itchenor Yacht Club \* James Myatt Trust \* David H Jones \* Isaac Jones \* JPS Fuels \* C V Jury \* H Kanolik \*  
\* Melanie Kent \* Kids Adventurous Activities \* Andrew Kitching \* Lambert Trust \* Chris Lane \* Ernst Liehr \*  
\* Lymington Harbour Commissioners \* Lady Lucinda Le Marchant \* Marina Developments Limited \*  
\* Marine Advertising Agency \* R & M Martin \* The Honourable Company of Master Mariners \*  
\* Lucy Mathieson \* Adam McNeill \* A Mead \* MECAL \* Medical Support Offshore \* Sylvia Mence \*  
\* Richard Meryon \* Millennium Computer Services \* Charlotte Mitchell \* Mr and Mrs Moir \* Navionics \*  
\* Ned's Fund \* Bill Newton \* Ocean Safety \* Hamish Oliphant \* OneOcean \* J & S Ouvry \*  
\* Orange County Community Foundation \* OYT South Isle of Wight support group \* Parkstone Yacht Club \*  
\* Patrick and Helena Frost Foundation \* In memory of Eric Peacock \* In memory of Martin Pearson \*  
\* Dave Pennefather \* In memory of John Pennefather \* Charles Peplow \* SM Peskett \*  
\* Peter Dixon Charitable Trust \* Phillips 66 Limited \* Francis Piesse \* Jonathan Pinnock \* Pointer Family Trust \*  
\* Poole Harbour Commissioners \* Poole Quay Boat Haven \* Port Hamble \* Tim Porter \* Annette Potter \*  
\* Tom Povey \* Robin Powell \* Kit Power \* *Prolific's* Big Virtual Voyage \* Libby Purves \* Quantum Sails Hamble \*  
\* Raymarine \* Diana Roberts \* Robinsons Compass Adjusters \* Pete Rollason \* Royal Cruising Club \*  
\* Royal Southern Yacht Club Trust in memory of Tony Chamberlain \* Royal Thames Yacht Club \*  
\* Royal Yachting Association \* Andy Royse \* Sail Training International Youth Development Fund \*  
\* Karen Salmon \* SAO Associates \* Saxon Wharf \* Penny Scott-Bayfield \* Jon Seddon \*  
\* Seven Seas Baxter and Grimshaw Trust Ltd \* Annant Shah \* Jamie Sheldon \* Mrs Shepherd \*  
\* Catharine Sillett \* Juan Silveira \* The Society of St Wilfred and St Hilda \* Spinlock \* Stanbury Chameleon \*  
\* Southampton International Boat Show \* Charlotte Sullivan \* Survitec \* Penny Sykes \* tallshipstock.com \*  
\* TCW Electrical \* Technip FMC \* Emma Temple \* Malcolm Thorpe \* R H Tingle \* TK Foundation \*  
\* Topsail Insurance Ltd \* Peter Tracey \* Trinity House \* Victoria Quay \* Mark Vinall \* Vokins Charitable Trust \*  
\* Vortec Marine Ltd \* Jo Walford \* Sandy Walford \* Barry Walker \* Julian Ware \* Wembury Sailing Club \*  
\* WesCom Signal and Rescue \* Weymouth Harbour Commissioners \* Phil Whiffing \* Andrew Wilkes \*  
\* Whirlwind Charitable Trust \* #WillDoes \* Nicola Willoughby \* JM Wyman \* Xylem Water Solutions \*

***Thanks also to other generous donors who prefer to remain anonymous.***

## YOUNG VOLUNTEER OF THE YEAR

This year we received a very generous donation from the Gipsy Moth Trust, aimed at training and supporting young people who excel on an initial youth voyage and are working towards becoming the bosuns and watchleaders of the future. Along with the grant came a trophy: a mounted section of the mizzen mast from *Gipsy Moth IV*, which after her epic 1967 voyage held the records for the fastest voyage around the world by any small vessel; the longest non-stop passage made by a small sailing vessel (15,000 miles); and more than twice the distance of the previous longest passage by a singlehanded sailor.

The first award of the Gipsy Moth Trophy for Ocean Youth Trust South's Young Volunteer of the Year went to Sara Abdur.

Sara first sailed with us on a school voyage in 2019, where she earned her recommendation to join our volunteers' team. OYT South's Chief Executive Mark Todd said: *"We are delighted to announce Sara as the winner of the Gipsy Moth Trophy for OYT South's Young Volunteer of the Year. She has thoroughly deserved it for the effort and energy she has put in as a volunteer, and she has shown immense potential for the future. By supporting young people who will be helping to deliver our voyages for years to come, we can ensure that the values of the Gipsy Moth Trust live on. I am very much looking forward to seeing how far Sara can go in sail training!"*



Sara said: *"Thank you so much for the award, I am truly honoured to be the first winner and can't wait to see and all the amazing people who will get it after me! Being a part of OYT, getting the chance to sail and meeting so many cool people these past few years has honestly helped me a lot and is something I definitely want to keep being involved with the charity so you'll see a lot more of me in the coming years."*

Since winning the award, Sara has passed her Third Mate's assessment – and accepted the chance to join the staff team on board full-time from June to November 2022!



## FINANCE AND FUNDING

In a normal year, berth sales to individuals and youth groups should raise approximately half of the funds needed to run the charity. The rest needs to come in through fundraising. This means that every berth sold to a young person has a subsidy of half what it would have cost without donations.

Donations to Ocean Youth Trust South generally fall into one of three areas:

**Team costs:** Our staff (on the boat and in the office) are our biggest expense, but we cannot operate the charity efficiently and safely without them. No-one is paid more than £45,000, and they all put in very long hours and immense commitment. We are only able to keep staffing costs down at this level because of the huge input from our volunteers.

**Vessel refit, maintenance and equipment:** This covers all the costs of keeping the boat and all her equipment in good condition to ensure we meet or exceed all required safety standards for sailing with young people. It also covers insurance, fuel, harbour fees, food on board and other direct costs of running our voyages. Volunteers also make a tremendous contribution to keeping these costs down – huge amounts of volunteer labour at the winter vessel refit, plus more in-season, provide an enormous saving.

**Bursaries for young people who cannot afford to sail:** OYT South is committed to keeping our voyages accessible to young people from disadvantaged backgrounds. Some of our young crew members come from families who can pay the voyage fees; others come through schools, youth groups and charities which help to pay for their places; but a third category of young people have no-one who can support them to sail with us, and generous donors enable us to provide part-funded or fully-funded places for a significant number of applicants each year.

We aim to ensure that our sponsors and donors are kept in touch with our work, and have a chance to see where their money goes and to understand the difference that their support makes. This can include detailed reports; the chance to join day sails or longer voyages on board *Prolific*; events on board; and the opportunity to nominate young people to sail with us. We are fortunate in having excellent relationships with key donors.

**Over 90% of expenditure in a normal year goes on the direct delivery of our charitable services. (The remainder includes fundraising and governance costs).**

## OYT SOUTH STAFF

### **Chief Executive – Mark Todd**



Previously a solicitor, Mark has been working in sail training since 1997, including nine years as OYT South's Staff Skipper. He moved into a shore-based role in November 2009, and became Chief Executive in 2010. He is Chairman of the Association of Sail Training Organisations, an RYA Yachtmaster Instructor, a Yachtmaster Examiner, and sits on the Yachtmaster Qualifications Panel. He was the inaugural winner in 2011 of the MCA/ASTO Award for Command Commitment to Sail Training, and is an Associate Fellow of the Nautical Institute.

### **Business Manager – Caroline White**

Caroline first sailed with the Ocean Youth Club as a teenager in 1983. A former journalist and qualified fundraiser, she looks after the charity's marketing, communications and fundraising, as well as liaising with clients and volunteers.



### **Finance Manager – Sally Croly**



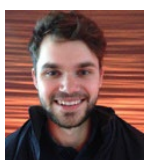
Sally has been with OYT South since 2003, moving up steadily from part-time administration assistant to a full-time role running the office. In 2018 she went back down to part-time hours with a greater focus on the finance side.

### **Staff Skipper – Holly Vint**

Holly first sailed in *John Laing* in 2012 as a young crew member, returning as a volunteer before moving into full-time sailing work. She spent the 2018 season as OYT South's Sailing Support Officer, became a Yachtmaster Instructor and YM Ocean, and was appointed as Staff Skipper at the end of 2020.



### **Staff Engineer – Joshua Caudery**



Josh became involved with OYT South while completing an apprenticeship in marine engineering, and sailed with us as volunteer bosun and watchleader before joining us full-time in November 2015 as *Prolific's* Staff Engineer.

### **Admin Manager – Jo Clark**

A keen yachswoman and dinghy sailor and a qualified RYA Sailability assistant instructor, Jo joined OYT South in 2018 as Operations Assistant but quickly started taking on extra responsibility.



### **Admin Assistant – Annette Potter**



Annette has a strong background in admin and IT, and both her own children have sailed with OYT South in recent years. She joined us in 2020 in a part-time role after Sally decided to reduce her hours as Finance Manager.

### **Staff Mate – Sara Abdur**

Sara first sailed with a school group in 2019 and quickly became a keen volunteer, winning the first OYT South Young Volunteer of the Year Award and passing a watchleader assessment. She is joining the team on a short contract June to November 2022.



## OYT SOUTH BOARD OF TRUSTEES

### **Eamonn Feeney – Chair of the Board**

Eamonn is a chartered accountant and former Managing Director of MDL Marinas. He joined the Trustees in January 2013 to provide additional help with finance and general management issues, and became Chair in May 2017.



### **Martyn Powe - Treasurer**



Martyn started sailing in 1996 when serving with the Royal Air Force. Two of his children sailed as crew on *John Laing* so after retiring from the RAF in 2013, he began sailing as a volunteer with OYT South, qualifying as a First Mate in 2015. He now runs a small part time business as a book-keeper and was appointed as OYT South's Treasurer in 2020.

### **Steve Lacey – Safeguarding Officer**

Steve retired in 2015 after many years as a senior youth worker with Dorset County Council. He first brought a group of young people to sail with OYT South in 2002. He is a keen racing and cruising sailor. He is OYT South's Safeguarding Officer, and sails as first mate.



### **Lauren Mackenzie - Youth Trustee**



Lauren is the youth trustee: we always have a trustee in the same age range as our service users. She has volunteered on board since completing a voyage for her Gold DofE. Having recently finished a degree in Maths and Statistics, she is now working towards qualifying as a first mate. With financial support from Trinity House and a huge amount of experience gained on board *Prolific*, she hopes to complete a range of courses up to the level of Yachtmaster Offshore over the next year.

### **Brian Eyres**

Brian is a former OYC / OYT staff skipper, who got involved with our previous vessel *John Laing* after the vessel's naming ceremony. A qualified bookkeeper, he was Treasurer until 2020.



### **Richard Griffiths**

Richard has been a Trustee since 2009 and was Chair of the Trust from 2013 to 2017. He is a keen sailor. Richard is a District Judge in the West Country with broad legal and regulatory experience.

### **Ben Martin**

Ben works in renewable fuels for Phillips66 and is a member of the Institute of Chartered Shipbrokers. He first sailed with OYT South as a young crew member in 2005 and eventually became a first mate.



### **Lesley Robinson OBE**

Lesley is CEO of British Marine, the leisure marine trade association, and has a commercial, international and business development background. She is also treasurer for a foundation enhancing women's empowerment in the third world.

### **Edward Bishop QC**

Ed joined the Board in 2017. He is a barrister specialising in medical negligence, human rights, personal injury and police law, and has been a QC since 2011. He also plays the fiddle in the country folk band Police Dog Hogan.





## OYT SOUTH BOARD OF TRUSTEES (continued)

### **Lee Mosscrop**



Lee joined the Board in 2019, having sailed as a volunteer for over 10 years before qualifying as a relief skipper on board *Prolific*. He retired from the Police Service in 2010 and now works as a freelance sailing instructor, delivering instructor training at home and abroad. He also gets asked to appear as an expert witness and to compile post-accident reports in marine accidents involving fatalities or serious injury cases.

### **John Hicks**

John has Board level experience through his role on the Professional Business Services Council at the Department of Business Energy & Industrial Strategy where he is a member of the SteerCo accountable for delivering the Industrial Strategy, a key component of which centres around future UK talent. He also has senior level experience in construction engineering and professional business services. A lifelong recreational sailor, he has worked with young people through Sea Scouts - as well as mentoring undergraduates.



### **Roger Bolton**



Roger worked on board ex- Americas Cup yachts in the Caribbean before graduating in Yacht Manufacturing & Surveying and then starting work for International Paint where he has held various roles and is now Professional Market Sales Executive, managing the large users such as Pendennis Shipyard, Sunseeker, Princess and Oyster Marine. The role encompasses many aspects from selling paint, fault investigation, paint inspection and paint application.

### **Nyssa Hutchings**

Nyssa teaches at Park House School in Newbury, which has brought school groups to sail for many years, and is also a qualified watchleader. She joined the board in April 2022 to help us keep in touch with the education sector and ensure that our voyages continue to meet the needs of schools and students. She is keen to promote the value of *Prolific* as a place of community, family, safety and life experiences that may not be available to young people due to life circumstances and challenges. As someone who works with teenagers every day, she understands the impact of dramatic world events on young people and how OYT South staff can help them to overcome these challenges.



## PATRON AND VICE PATRONS

OYT South's longstanding Patron is **Lord Iliffe**, a keen yachtsman.

There are eight Vice Patrons:

**Michael Campbell**

**Libby Purves**

**Professor Khalid Aziz**

**The Rt Hon. the Lord Phillips of Worth Matravers**

**Jamie Sheldon**

**Paul Heiney**

**Nicholas Bonham**

**Mrs Gilly Drummond OBE DL**

## ADVENTURE UNDER SAIL WITH OCEAN YOUTH TRUST SOUTH IS AN IDEAL ENVIRONMENT FOR THE DEVELOPMENT OF YOUNG PEOPLE BECAUSE:

- It takes young people right out of their normal environment and away from TV, computer games and mobile phones.
- It's an excellent way of building confidence, developing character and promoting a sense of responsibility.
- Living and working with others in a confined space places a high priority on tolerance and teamwork.
- Our boat is an ideal size for everyone on board to get to know each other, and for the staff to work with each young person to ensure they get the most out of the experience.



## WHAT DO YOUNG PEOPLE GET OUT OF SAILING WITH OCEAN YOUTH TRUST SOUTH?



- An OYT South voyage is a fantastic fun working holiday during which people will learn new skills, make friends and return with a real sense of achievement.
- Everyone who sails with us is challenged to achieve something they never believed they would be able to do.
- *Prolific* carries no passengers - everyone on board plays a full part in every aspect of the voyage.
- Opportunities to learn range from seamanship and navigation to cooking and general life skills.
- Our sea staff make every crew member a promise: whatever energy and enthusiasm you put into the voyage, we will match and beat it.
- Crew members can work for recognised qualifications such as the RYA Competent Crew or Start Yachting certificates, or the residential element of the Duke of Edinburgh Gold Award.
- All crew members get a voyage certificate to put in their Record of Achievement.
- OYT South has a club ethos and atmosphere - we encourage crew members to stay involved, help at refits, earn qualifications, train as sea staff, and be part of the team.

## WHO CAN SAIL WITH OYT SOUTH?

We aim to encourage anyone aged 11 to 25 who wants to sail with us, from the widest possible range of backgrounds, including those with no sailing experience as well as keen and competent sailors. We take roughly equal numbers of girls and boys. Some sail as part of a group, with a group leader if required; others book as individuals and come along to make new friends. Our boat is not specially adapted for people with disabilities, but individuals with a range of physical or learning difficulties have sailed with us successfully.



We also run occasional adult voyages, which can include sponsors, prospective volunteer sea staff, other supporters who want to learn more about our work, or corporate team-building events. Adult voyages can also be run for exactly the same purposes as youth voyages: to develop confidence, broaden horizons and raise aspirations for people who have had limited opportunities in life.



## WHAT'S THE BOAT LIKE?

*Prolific* was built in 2005 as a replica of an 1898 fishing boat – a fantastic hybrid of traditional character and modern materials. She is 32 metres long overall, including bowsprit. Ketch-rigged, she combines great sailing performance with a design which ensures that young people really

can do everything on board. High bulwarks give a good sense of security on deck. Regular inspections ensure that she conforms to all required safety standards.

She has a large navigation area which allows young crew members to be fully involved with pilotage and passage planning; plenty of galley space where young people take turns to cook meals; more than enough bunks for the usual complement of 12-15 young people and 6-8 adults; and a vast saloon where everyone can sit together for meals and games, and to share in making plans and decisions. This is not a boat where the skipper determines what will happen and then simply gives orders. We aim to explain, discuss and, where possible, offer choices.





## WHO RUNS THE VOYAGES?

We have a highly-qualified professional skipper, and a staff engineer responsible for boat maintenance. In addition, we carry at up to six volunteer sea staff on every voyage. All our staff, both professionals and volunteers, possess Royal Yachting Association qualifications appropriate to their level of responsibility, and have passed a rigorous OYT South assessment at the appropriate level.

As well as sailing ability, all our staff are trained and assessed on their suitability for working with young people, and checked with the Disclosure and Barring Service. We aim to have both male and female staff on every voyage. We encourage keen and competent crew members to train as sea staff - those over sixteen can sail as volunteer relief bosuns, and those over the age of eighteen can be assessed on their ability to sail as watch leaders.



### A FEW KEY POINTS:

OYT South voyages really are open to anyone. Though the majority of voyages are booked for groups of disadvantaged young people, we have places available each year for young people from more fortunate backgrounds – for DofE Award voyages, leadership training or activity holidays.

- We do not require any previous sailing experience.
- A staff : crew ratio of better than 1 : 2 allows for a lot of individual attention.
- We involve the crew in decisions about the voyage - what we do, where we go and how we get there.
- We aim to give the crew a lot of responsibility - by the end of the voyage, a good crew can be effectively running the boat.

Our style is deliberately very relaxed and informal - Libby Purves described us in the Times as "the larkiest of sail training organisations."



**Charity Registration No. 1079959  
Company Registration No. 3898084 (England and Wales)**

**OCEAN YOUTH TRUST SOUTH  
(A company limited by guarantee)  
ANNUAL REPORT  
AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 OCTOBER 2021**

# OCEAN YOUTH TRUST SOUTH

## LEGAL AND ADMINISTRATIVE INFORMATION

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|                                |  |
|--------------------------------|--|
| <b>Chairman</b>                | Eamonn Feeney  |
| <b>Chief Executive Officer</b> | Mark Todd  |
| <b>Trustees</b>                | Brian Eyres<br>Steve Lacey<br>Ben Martin<br>Richard Griffiths<br>Eamonn Feeney<br>Lesley Robinson OBE<br>Edward Bishop<br>Lauren Mackenzie<br>Lee Mosscrop<br>Martyn Powe<br>John Hicks (Appointed 21 January 2021)<br>Roger Bolton (Appointed 21 January 2021)<br>Nyssa Hutchings (Appointed 25 April 2022) |
| <b>Other Officers</b>          | Caroline White, Business Manager   |
| <b>Charity number</b>          | 1079959  |
| <b>Company number</b>          | 3898084  |
| <b>Registered Office</b>       | 8 North Meadow<br>Weevil Lane<br>Gosport<br>Hampshire<br>United Kingdom<br>PO12 1BP  |
| <b>Independent Examiner</b>    | Azets Audit Services<br>Carnac Place<br>Cams Hall Estate<br>Fareham<br>Hampshire<br>PO16 8UY   |
| <b>Bankers</b>                 | Lloyds Bank PLC<br>57 High Street<br>Christchurch<br>Dorset<br>BH23 1BB  |

The Trustees, who are directors for the purposes of company law, present their report and financial statements for the year ended 31 October 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).



# OCEAN YOUTH TRUST SOUTH

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 OCTOBER 2021

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### Chair's report

The financial year began with the world still deep in the Coronavirus pandemic and, in common with other charities and businesses, Ocean Youth Trust South faced huge uncertainties. Having been unable to operate at all during the 2020 sailing season, it was not clear whether we would be able to run any voyages in 2021. Restrictions were still in place which prevented a normal start to the sailing season in March, but the decision was taken to do everything possible to have the boat ready, with staff, volunteers and clients in place, to resume operations as soon as restrictions were lifted and the Trustees agreed that voyages could be managed safely.

We therefore completed necessary work on the vessel, with sea trials at the end of April, and by late May when we were permitted to sail with very small groups of adults, we ran refresher training for staff and volunteers, most of whom had not sailed at all for 18 months, to ensure that the charity would be ready to run voyages with young people.

The charity was delighted to be able to resume residential sailing with young people at the end of June, with safety precautions in place which proved effective and allowed us to run a full programme of voyages until the end of October, with no voyage cancellations.

By that stage we had already lost 40% of the season; and voyage income was further reduced by the decision to limit numbers on board to allow for some social distancing. We also put in place a Covid policy which included a requirement for two negative tests before sailing, as well as other Covid-safe protocols. The Trust pledged refunds to anyone who could not sail due to the Covid policy, partly to avoid deterring initial bookings and partly to encourage honest reporting.

The decision to run as much of the season as possible was rewarded by some exceptional feedback from parents, carers, young people and group organisers. In terms of reputation and relationships with clients and donors, Trustees believe that the right balance was struck between running as many voyages as possible while implementing Covid protocols which included reducing the numbers per voyage. We demonstrated to clients and donors that we understood the difficulties faced by young people during the pandemic and the urgent need for them to be offered activities to help their recovery: it was clear that we were working hard to sail as soon as we could do so safely and within the rules; but we prioritised the wellbeing of those on board ahead of any desire to pack in the maximum numbers, being mindful of how people might feel about being in crowded spaces, after months of lockdown.

We put rigorous safety plans in place in order to give confidence to clients; and we delivered safe and effective voyages for the last four months of the season. We were able to offer replacement voyages to many of the clients who had faced cancellations in 2020, and the remainder have since been offered priority booking for 2022. The Trust therefore ended the year on excellent terms with clients and donors, many of whom expressed their appreciation for what we had been able to achieve in spite of the continuing impact of the pandemic.

The result of the shorter season, reduced numbers on board and significant short-notice Covid cancellations was that we filled 219 berths on board, compared with 566 in our last full season before Covid – just 38.6% of the 2019 figure. This obviously had a very significant impact on voyage income: but, as evidence of high levels of demand, those 219 places amounted to 93% of the berths we were actually offering, with the shortfall mainly due to late drop-outs following positive Covid tests or close contacts.

With the reduction in voyage income in mind, Trustees had to balance the desire to minimise expenditure, protect our finances and secure our future, with the need to prepare for safe sailing and to bring furloughed staff back to undertake essential work.

# OCEAN YOUTH TRUST SOUTH

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 OCTOBER 2021

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The cost of maintaining our vessel, *Prolific*, varies from year to year as different work is required in different cycles in order to fulfil our coding requirements and protect the value of our major asset. It was unfortunate that the refit work required in 2021-2, immediately following the financial year covered by this report, and after two seasons affected by the pandemic, made this the most expensive year in the refit cycle. However, the Trustees had previously designated funds for major work on the boat, so while every effort was made during this financial year to raise money for the 2021-2 refit, the Trust had the security of knowing that we could draw on reserves for this refit as needed.

Looking ahead to the 2022 sailing season, uncertainties remain about any lingering effects of the pandemic as well as possible new variants, but the Trust is planning for a full season of voyages from March to November. We may continue with some restrictions in numbers on board, but we hope the limit will be higher than in 2021 even if slightly below full capacity. We will need to continue to guarantee refunds or replacement voyages for Covid-related cancellations.

Ocean Youth Trust South's charitable purpose has always been about supporting young people and it is clear that both the pandemic and lockdowns have had a lasting impact on their wellbeing. Activities such as sail training, helping young people to develop confidence, team-working, resilience, communication and more, will be needed more than ever to support the national recovery from the pandemic. The Trustees are determined to do everything possible to ensure that Ocean Youth Trust South remains in a strong position to play our part.

I would like to thank all our volunteers, donors and staff for their hard work and continued support.

### **Objectives and activities**

#### ***Objects and aims***

Ocean Youth Trust South exists to offer personal development through adventure under sail to young people aged 11 to 25.

The aim of our work is to help young people develop the skills they need to succeed in life.

#### ***Public benefit***

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### ***Use of volunteers***

The Trust relies on voluntary help. While the amount of volunteer help we could accept for the pre-season vessel refit and preparation was severely limited by Covid, and we then sailed with reduced numbers of volunteers per voyage for the rest of the season, we still had 52 individual volunteers giving a total of 538 days to sail on voyages during the season. This was in addition to pre-season refresher training and a range of other activities - including fundraising: *Prolific's* Big Virtual Voyage in March attracted impressive levels of volunteer commitment and raised more than £5,800.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

### **Achievements and performance**

#### **Financial review**

Whilst the year saw the beginnings of a return to more normal operations after no sailing at all in 2020 due to the Coronavirus pandemic, this period was still profoundly affected by Covid. It may therefore be instructive to compare this year's figures not simply with the financial year ending October 2020, but also with the previous year ending October 2019, our last full season unaffected by Covid. Trustees would like to draw attention to a number of areas:

# OCEAN YOUTH TRUST SOUTH

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 OCTOBER 2021

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- (i) Income from charitable activities was £81,433, up from £14,078 in the previous year, but still a long way short of the total of £195,485 achieved in our last pre-Covid season in 2019. This was due to a shorter season, fewer places offered per voyage to aid distancing on board, and a significant number of people dropping out at short notice for Covid-related reasons, even though no voyages were completely cancelled by Covid after we resumed operations in June 2021.
- (ii) The increase in donations and legacies to £315,060 (2020: £306,730 but 2019: £166,407) went a long way towards making up for the lost income from charitable activities.
- (iii) Total expenditure rose to £349,695 (2020: £341,715), still well below the 2019 total of £410,735. Items such as victuals, fuel and harbour fees rose as we resumed sailing, but not to the level seen in a full season with full crews. Freelance sailing fees were higher than might otherwise have been expected in a shorter season due to pre-season staff refresher training followed by the need to train and assess a new Staff Skipper.
- (iv) Expenditure on vessel maintenance was £32,116 (2020: £37,659), significantly down from 2019 (£67,812), but this is substantially independent of the actual usage of the vessel. There is a cycle for servicing, repairing and replacing equipment and some things were due in 2021 even though the vessel had not sailed in the previous year. The refit in winter 2021-22 will be the most expensive of the cycle and costs should fall back again the following year.
- (v) Our previous vessel *John Laing* was fully depreciated down to her residual value, whereas the current vessel *Prolific* is being depreciated over periods of between 5-20 years, dependent on asset type on the vessel, and this gives rise to a depreciation charge in year of £41,724, which will be ongoing. The net income figure for the year is calculated after applying the depreciation charge.
- (vi) The net income figure for the year, after depreciation, was £47,280, thanks to generous donors and a fundraising effort designed to put the Trust in position to approach the particularly expensive winter vessel refit which began in November 2021. Under the unique circumstances of the pandemic and the reduction of income-generating activities, we regard this as a satisfactory outcome and a tribute to all those who helped to reduce expenditure or increase income. The position is much better than Trustees feared when we first considered the likely financial implications of the pandemic.

### Staffing

The charity continued to make maximum use of the Coronavirus Job Retention Scheme (CJRS) until it ended in September 2021. Overall, staff were furloughed for 31% of their normal working time between November 2020 and September 2021. Maximum use of the 'flexible furlough' was made, bringing staff back to work at various times for specific tasks and part-time when needed in anticipation of starting the (shortened) sailing season. The Trust saved 19% of its total wage bill for the year by making claims under the CJRS.

The CEO was furloughed for 36% of the year, resuming full time in June 2021. The boat staff were furloughed for 27% of the year, resuming full-time in March 2021. Shore-based staff were furloughed for 32%, slowly working more and more part time until most resumed normal working in June 2021; the Admin Assistant was the last to resume full-time in October 2021. The Business Manager and the new Skipper were not furloughed at all.

### Clients

Many clients had paid, in part or in full, for 2020 voyages which were cancelled, but chose to ask us to hold those funds on account for voyages in 2021 rather than asking for a refund. This was evidence of the continuing commitment of our clients and their belief in the value of the work we can do with young people; and significant numbers of these clients enjoyed replacement voyages in 2021. However, due to the shorter season and client availability, some payments for 2020 voyages are still being held for



# OCEAN YOUTH TRUST SOUTH

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 OCTOBER 2021

replacement voyages in 2022; and we also carried over some 2021 payments for people who had to drop out of voyages due to Covid. At the end of the financial year we held £37,516 of clients' money on account for future voyages (2020: £60,127; 2019: £26,838). Of this £13,022 was carried over from 2020 & 2021 and £24,494 was for voyages in 2022.

### Donors

The intention in the longer term is to achieve a position in which the Trust receives approximately 50% of its funds from voyage fees paid by young people and their families or the organisations which arrange for them to sail with us, and fundraises to meet the remaining funding requirement. The trustees are enormously grateful to the many very generous donors who support the charity.

### Year end position

- At the end of the year the charity was in a satisfactory financial position, with total reserves of almost £1.22m dominated by *Prolific* and her future needs, as follows:

| Type of reserve | £                |
|-----------------|------------------|
| Restricted      | 468,659          |
| Designated      | 507,349          |
| General         | 243,740          |
| Total           | <u>1,219,748</u> |

At the year end the restricted funds balance comprised the vessel herself and cash specifically donated for the remaining refit work in future years.

The trustees have designated funds to cover those future likely repair and refurbishment costs too material to be funded from a normal year's operating cash flow. It will be the trustees' intention to top up this Designated Fund from time to time, where possible, so that the charity maintains the ability to cope with expected future material repair needs.

As usual, the charity maintained a general reserve of some six months normal operating costs.

- Cash and cash equivalents were up by £68,860 in 2021 to £783,599 (2020: £714,739).
- The figure for cash generated from operations was £72,479 (2020: £74,739).

### Policy on reserves

The Trust's policy is to hold free reserves of between three and six months' operating expenses. The trustees aim towards the upper end of that range. Free reserves at this level permit the trust to continue operating without income for a sufficient period to either source additional funding donations or wind up activities in an orderly manner.

### Investment policy and objectives

During the year the Trust continued to maintain a high-interest account. Since the year-end the Trust has moved further to protect its reserves from the risk of inflation. The decision has been made to invest any cash not expected to be needed in the near future in an investment fund suitable for charities, with ready access if needed. After an exhaustive selection process the Trust has appointed Quilter Cheviot as its investment manager, and selected its Climate Assets Fund as the appropriate fund in which to invest.

### Going concern

The Trustees considered a range of scenarios for the 2022 season including the possibility of once again losing a number of voyages to Covid, while continuing to operate at below maximum occupancy. This could make significant inroads into our designated reserves; but would still leave us with sufficient funds to continue operating. However, as things stand, with a full programme of voyages planned and the possibility of increasing capacity as the year goes on, and with the continued support of our donors, we

# OCEAN YOUTH TRUST SOUTH

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 OCTOBER 2021

have a chance of performing better than the most cautious scenarios. Therefore, the Trustees are satisfied that, with our continuing success in bringing in new funds and the enthusiasm of our established clients to resume sailing with us, the charity has adequate reserves to see us through the 2022 season and the winter 2022/23 refit and maintain itself as a going concern into the future.

### Structure, governance and management

#### *Nature of governing document*

Ocean Youth Trust South is a company limited by guarantee, constituted by the Memorandum and Articles of Association. It is a registered charity governed by a management committee drawn from individuals elected at an annual general meeting (the trustees).

#### *Trustees serving during the year*

Brian Eyres  
Steve Lacey  
Frederick Cole (resigned 9 December 2021)  
Ben Martin  
Richard Griffiths  
Eamonn Feeney  
Lesley Robinson OBE

Edward Bishop  
Lauren Mackenzie  
Shaun Ormrod (resigned 21 January 2021)  
Lee Mossdrop  
Martyn Powe  
John Hicks (appointed 21 January 2021)  
Roger Bolton (appointed 21 January 2021)

#### *Recruitment and appointment of trustees*

The Trustees may co-opt additional trustees subject to confirmation by the membership at an AGM.

#### *Induction and training of trustees*

A Trustee Induction Pack has been prepared summarising a trustee's duties along with the history, operating methods, staffing structure and finances of the trust. All new trustees are invited to meet with the Chairman and Chief Executive to discuss the role and the organisation.

#### *Organisational structure*

The Trust is managed by the Chief Executive and Business Manager in accordance with the policies set out by the Trustees. In matters of seamanship and vessel safety the skipper in command of the vessel has the ultimate decision-making authority having due regard to the standard operating procedures laid down by the charity. The charity is a member of the Association of Sail Training Organisations and is a Royal Yachting Association Sea School.

#### *Major risks and management of those risks*

- Total loss of a vessel
- Reputational risk from death or serious injury to a person participating in a voyage
- Major disruption in fundraising income
- Slow resumption of normal activity post Covid-19 lockdown

The operational risks are addressed by rigorous operating standards addressing all aspects of safety on board, and the financial risks by both maintaining adequate reserves and by a continuing effort with a wide range of supporters and donors to do everything possible to maintain income. As noted above, following the Covid-19 lockdown, the charity has the reserves necessary to cope with no resumption of activity at all during 2022.

The trustees' report was approved by the Board of Trustees.

  
Eamonn Feeney

Chairman

Dated: ..... May 2<sup>nd</sup> 2022

# OCEAN YOUTH TRUST SOUTH

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF OCEAN YOUTH TRUST SOUTH

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I report to the trustees on my examination of the financial statements of Ocean Youth Trust South (the charity) for the year ended 31 October 2021.

#### Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

*Azets Audit Services*

Zara Hogg FCA (Senior Statutory Auditor)  
For and on behalf of Azets Audit Services  
Statutory Auditors  
the Institute of Chartered Accountants in England and Wales

Carnac Place  
Cams Hall Estate  
Fareham  
Hampshire  
PO16 8UY

Dated: *31 May 2022*

# OCEAN YOUTH TRUST SOUTH

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 OCTOBER 2021

|  | Note | Unrestricted funds<br>general<br>2021<br>£ | Unrestricted funds<br>designated<br>2021<br>£ | Restricted funds<br>2021<br>£ | Total<br>2021<br>£ | Unrestricted funds<br>general<br>2020<br>£ | Unrestricted funds<br>designated<br>2020<br>£ | Restricted funds<br>2020<br>£ | Total<br>2020<br>£ |
|--|------|--|---|-------------------------------|--------------------|--|---|-------------------------------|--------------------|
| <b><u>Income and Endowments from:</u></b>                              |      |  |   |                               |                    |  |   |                               |                    |
| Donations and legacies   | 3    | 159,135                                    | -   | 155,925                       | 315,060            | 183,284                                    | -   | 123,446                       | 306,730            |
| Charitable activities  | 4    | 81,433                                     | -   | -                             | 81,433             | 14,078                                     | -   | -                             | 14,078             |
| Investments  | 5    | 408  | -   | -                             | 408                | 1,346                                      | -   | -                             | 1,346              |
| Other income   | 6    | 74   | -   | -                             | 74                 | 620  | -   | -                             | 620                |
| <b>Total income</b>  |      | <b>241,050</b>                             | <b>-</b>                                      | <b>155,925</b>                | <b>396,975</b>     | <b>199,328</b>                             | <b>-</b>                                      | <b>123,446</b>                | <b>322,774</b>     |
| <b><u>Expenditure on:</u></b>  |      |  |   |                               |                    |  |   |                               |                    |
| Raising funds  | 7    | 23,510                                     | -   | 3,519                         | 27,029             | 23,953                                     | -   | 3,049                         | 27,002             |
| Charitable activities  | 8    | 133,536                                    | -   | 189,130                       | 322,666            | 192,993                                    | -   | 121,720                       | 314,713            |
| <b>Total resources expended</b>  |      | <b>157,046</b>                             | <b>-</b>                                      | <b>192,649</b>                | <b>349,695</b>     | <b>216,946</b>                             | <b>-</b>                                      | <b>124,769</b>                | <b>341,715</b>     |
| <b>Net incoming / (outgoing) resources before transfers</b>            |      | <b>84,004</b>                              | <b>-</b>                                      | <b>(36,724)</b>               | <b>47,280</b>      | <b>(17,618)</b>                            | <b>-</b>                                      | <b>(1,323)</b>                | <b>(18,941)</b>    |
| Gross transfers between funds  |      | (70,285)                                   | 49,000  | 21,285                        | -                  | 40,401                                     | -   | (40,401)                      | -                  |
| <b>Net income / (expenditure) for the year / Net movement in funds</b> |      | <b>13,719</b>                              | <b>49,000</b>                                 | <b>(15,439)</b>               | <b>47,280</b>      | <b>22,783</b>                              | <b>-</b>                                      | <b>(41,724)</b>               | <b>(18,941)</b>    |
| Fund balances at 1 November 2020                                       |      | 230,021                                    | 458,349                                       | 484,098                       | 1,172,468          | 207,238                                    | 458,349                                       | 525,822                       | 1,191,409          |
| <b>Fund balances at 31 October 2021</b>                                |      | <b>243,740</b>                             | <b>507,349</b>                                | <b>468,659</b>                | <b>1,219,748</b>   | <b>230,021</b>                             | <b>458,349</b>                                | <b>484,098</b>                | <b>1,172,468</b>   |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.



# OCEAN YOUTH TRUST SOUTH

## BALANCE SHEET AS AT 31 OCTOBER 2021

|   |      | 2021      | 2020      |
|---|------|-----------|-----------|
|   | Note | £         | £         |
| <b>Fixed assets</b>                                   |      |           |           |
| Tangible assets                                       | 13   | 539,128   | 578,159   |
| <b>Current assets</b>                                 |      |           |           |
| Debtors   | 14   | 56,827    | 26,916    |
| Cash at bank and in hand                              |      | 783,599   | 714,739   |
|   |      | 840,426   | 741,655   |
| <b>Creditors: Amounts falling due within one year</b> | 15   | (159,806) | (147,346) |
| <b>Net current assets</b>                             |      | 680,620   | 594,309   |
| <b>Total assets less current liabilities</b>          |      | 1,219,748 | 1,172,468 |
| <b>Income funds</b>                                   |      |           |           |
| Restricted funds                                      | 17   | 468,659   | 484,098   |
| Unrestricted funds – designated                       | 18   | 507,349   | 458,349   |
| Unrestricted funds - general                          |      | 243,740   | 230,021   |
|   |      | 1,219,748 | 1,172,468 |

The charity is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 October 2021.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on May 2<sup>nd</sup> 2022



Eamonn Feeney  
Chairman

Company Registration No. 3898084

# OCEAN YOUTH TRUST SOUTH

## STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 OCTOBER 2021

|   | Notes | £       | 2021 | £       | £     | 2020 | £       |
|---|-------|---------|------|---------|-------|------|---------|
| <b>Cash flows from operating activities</b>                     |       |         |      |         |       |      |         |
| Cash generated from operations                                  | 23    |         |      | 72,479  |       |      | 74,739  |
| <b>Investing activities</b>                                     |       |         |      |         |       |      |         |
| Purchase of tangible fixed assets                               |       | (4,026) |      |         | -     |      |         |
| Proceeds on disposal of tangible fixed assets                   |       | -       |      |         | 700   |      |         |
| Interest received   |       | 407     |      |         | 1,346 |      |         |
|   |       |         |      |         |       |      |         |
| <b>Net cash generated from / (used in) investing activities</b> |       |         |      | (3,619) |       |      | 2,046   |
| <b>Net cash used in financing activities</b>                    |       |         |      | -       |       |      | -       |
|   |       |         |      |         |       |      |         |
| <b>Net increase in cash and cash equivalents</b>                |       |         |      | 68,860  |       |      | 76,785  |
| Cash and cash equivalents at beginning of year                  |       |         |      | 714,739 |       |      | 637,954 |
| <b>Cash and cash equivalents at end of year</b>                 |       |         |      | 783,599 |       |      | 714,739 |

# OCEAN YOUTH TRUST SOUTH

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021

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### 1 Accounting policies

#### Charity information

Ocean Youth Trust South is a private company limited by guarantee incorporated in England and Wales. The registered office is 8 North Meadow, Weevil Lane, Gosport, PO12 1BP, United Kingdom.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements and after having modelled and considered various possible levels of impact of Covid-19, the trustees have a firm expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Government grants for the CJRS are recognised in the period to which they relate.

Deferred income relates to sailing fees for the following year only, which is invoiced in advance and the amounts deferred are released in full in that following year when the event booked has taken place.

#### 1.5 Expenditure

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of generating funds are the costs associated with attracting voluntary income.

# OCEAN YOUTH TRUST SOUTH

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021

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Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by time spent and other costs by their usage.

Governance costs include costs of the preparation and examination of the statutory accounts, the cost of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

### **1.6 Tangible fixed assets**

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

|                     |                                |
|---------------------|--------------------------------|
| Plant and equipment | Written down to residual value |
| Computers           | 15-33%% straight line          |
| Sailing vessels     | 5-20% straight line            |

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

### **1.7 Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.



# OCEAN YOUTH TRUST SOUTH

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021

### 1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

### 1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

### 1.10 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

## 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

## 3 Donations and legacies

|                     | Unrestricted<br>funds<br>general | Restricted<br>funds | Total          | Unrestricted<br>funds<br>general | Restricted<br>funds | Total          |
|---------------------|----------------------------------|---------------------|----------------|----------------------------------|---------------------|----------------|
|                     | 2021                             | 2021                | 2021           | 2020                             | 2020                | 2020           |
|                     | £                                | £                   | £              | £                                | £                   | £              |
| Donations and gifts | 159,135                          | 116,929             | 276,064        | 173,284                          | 74,101              | 247,385        |
| COVID-19 related    | -                                | 38,996              | 38,996         | 10,000                           | 49,345              | 59,345         |
| government grants   |                                  |                     |                |                                  |                     |                |
|                     | <u>159,135</u>                   | <u>155,925</u>      | <u>315,060</u> | <u>183,284</u>                   | <u>123,446</u>      | <u>306,730</u> |

## 4 Charitable activities

|                                    | Sailing<br>2021<br>£ | Sailing<br>2020<br>£ |
|------------------------------------|----------------------|----------------------|
| Sales within charitable activities | 81,433               | 14,078               |

## 5 Investments

|                     | Unrestricted funds<br>general<br>2021<br>£ | Unrestricted funds<br>general<br>2020<br>£ |
|---------------------|--|--|
| Interest receivable | 408  | 1,346                                      |

# OCEAN YOUTH TRUST SOUTH

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021

### 6 Other income

|   | Unrestricted funds<br>general | Unrestricted funds<br>general |
|---|-------------------------------|-------------------------------|
|   | 2021                          | 2020                          |
|   | £                             | £                             |
| Net gain on disposal of tangible fixed assets | -                             | 700                           |
| Other income                                  | 74                            | (80)                          |
|   | <u>74</u>                     | <u>620</u>                    |

### 7 Raising funds

|                                      | Unrestricted<br>funds<br>general | Restricted<br>funds | Total         | Unrestricted<br>funds<br>general | Restricted<br>funds | Total         |
|--------------------------------------|----------------------------------|---------------------|---------------|----------------------------------|---------------------|---------------|
|                                      | 2021                             | 2021                | 2021          | 2020                             | 2020                | 2020          |
|                                      | £                                | £                   | £             | £                                | £                   | £             |
| <u>Fundraising and<br/>publicity</u> |                                  |                     |               |                                  |                     |               |
| Advertising                          | 217                              | -                   | 217           | -                                | -                   | -             |
| Staff costs                          | <u>23,293</u>                    | <u>3,519</u>        | <u>26,812</u> | <u>23,953</u>                    | <u>3,049</u>        | <u>27,002</u> |
|                                      | <u>23,510</u>                    | <u>3,519</u>        | <u>27,029</u> | <u>23,953</u>                    | <u>3,049</u>        | <u>27,002</u> |

### 8 Charitable activities

|  | Sailing<br>2021 | Sailing<br>2020 |
|--|-----------------|-----------------|
|  | £               | £               |
| Staff costs                            | 95,352          | 96,644          |
| Depreciation and impairment            | 43,058          | 43,296          |
| Freelance sailing fees                 | 7,958           | 810             |
| Vessel maintenance                     | 32,116          | 37,659          |
| Training                               | 2,365           | 4,278           |
| Victuals                               | 9,334           | 1,062           |
| Fuel, harbour fees and charts          | 11,706          | 3,271           |
| Licences and insurance                 | <u>15,345</u>   | <u>14,856</u>   |
|  | 217,234         | 201,876         |
| Share of support costs (see note 9)    | 101,223         | 106,922         |
| Share of governance costs (see note 9) | <u>4,209</u>    | <u>5,915</u>    |
|  | <u>322,666</u>  | <u>314,713</u>  |
| <b>Analysis by fund</b>                |                 |                 |
| Unrestricted funds - general           | 133,536         | 192,993         |
| Restricted funds                       | <u>189,130</u>  | <u>121,720</u>  |
|  | <u>322,666</u>  | <u>314,713</u>  |

# OCEAN YOUTH TRUST SOUTH

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021

### 9 Support costs

|  | Support costs  | Governance costs | 2021           | Support costs  | Governance costs | 2020           |
|--|----------------|------------------|----------------|----------------|------------------|----------------|
|  | £              | £                | £              | £              | £                | £              |
| Staff costs                            | 81,342         | -                | 81,342         | 79,640         | -                | 79,640         |
| Operating lease charges                | 5,241          | -                | 5,241          | 6,557          | -                | 6,557          |
| Finance costs                          | 1,077          | -                | 1,077          | 1,190          | -                | 1,190          |
| Administration costs                   | 11,924         | -                | 11,924         | 19,535         | -                | 19,535         |
| Bad debt                               | 1,639          | -                | 1,639          | -              | -                | -              |
| Audit fees                             | -              | 4,209            | 4,209          | -              | 5,915            | 5,915          |
|  | <u>101,223</u> | <u>4,209</u>     | <u>105,432</u> | <u>106,922</u> | <u>5,915</u>     | <u>112,837</u> |
| Analysed between Charitable activities | <u>101,223</u> | <u>4,209</u>     | <u>105,432</u> | <u>106,922</u> | <u>5,915</u>     | <u>112,837</u> |

### 10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 11 Employees

#### Number of employees

The average monthly number of employees during the year was:

|            | 2021<br>Number | 2020<br>Number |
|------------|----------------|----------------|
| Shorebased | 5              | 5              |
| Sailing    | 3              | 3              |
|            | <u>8</u>       | <u>8</u>       |

#### Employment costs

|                       | 2021<br>£      | 2020<br>£      |
|-----------------------|----------------|----------------|
| Wages and salaries    | 187,295        | 186,826        |
| Social security costs | 12,038         | 12,547         |
| Other pension costs   | 4,173          | 3,913          |
|                       | <u>203,506</u> | <u>203,286</u> |

The total employee benefits of the key management personnel of the charity, that being the CEO & Business Manager, were £79,464 (2020 - £79,464).

The five shore-based employees are a mixture of full and part time staff representing four full time equivalent staff positions.

There were no employees whose annual remuneration was £60,000 or more.

### 12 Taxation

The Charity is a registered charity and is therefore exempt from taxation.

# OCEAN YOUTH TRUST SOUTH

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021

### 13 Tangible fixed assets

|                                    | Plant and<br>equipment<br>£ | Computers<br>£ | Sailing<br>vessels<br>£ | Total<br>£ |
|------------------------------------|-----------------------------|----------------|-------------------------|------------|
| <b>Cost</b>                        |                             |                |                         |            |
| At 1 November 2020                 | 24,697                      | 16,401         | 726,611                 | 767,709    |
| Additions                          | -                           | 4,026          | -                       | 4,026      |
| Disposals                          | -                           | (100)          | -                       | (100)      |
| As at 31 October 2021              | 24,697                      | 20,327         | 726,611                 | 771,635    |
| <b>Depreciation and impairment</b> |                             |                |                         |            |
| At 1 November 2020                 | 24,197                      | 15,354         | 149,999                 | 189,550    |
| Depreciation charged in the year   | -                           | 1,334          | 41,723                  | 43,057     |
| Eliminated in respect of disposals | -                           | (100)          | -                       | (100)      |
| At 31 October 2021                 | 24,197                      | 16,588         | 191,722                 | 232,507    |
| <b>Carrying amount</b>             |                             |                |                         |            |
| At 31 October 2021                 | 500                         | 3,739          | 534,889                 | 539,128    |
| At 31 October 2020                 | 500                         | 1,047          | 576,612                 | 578,159    |

### 14 Debtors

#### Amounts falling due within one year

|                                | 2021<br>£ | 2020<br>£ |
|--------------------------------|-----------|-----------|
| Trade debtors                  | 40,954    | 7,394     |
| Other debtors                  | 6,225     | 4,497     |
| Prepayments and accrued income | 9,648     | 15,025    |
|                                | 56,827    | 26,916    |

### 15 Creditors: amounts falling due within one year

|                                    | 2021<br>£ | 2020<br>£ |
|------------------------------------|-----------|-----------|
| Other taxation and social security | 19,115    | 19,144    |
| Deferred income                    | 108,012   | 59,963    |
| Trade creditors                    | 24,513    | 60,822    |
| Other creditors                    | 2,566     | 740       |
| Accruals and deferred income       | 5,600     | 6,677     |
|                                    | 159,806   | 147,346   |

Deferred income relates to invoices raised for voyages booked in 2022 and for Grants & Donations towards sailing activities in 2022.

### 16 Retirement benefit schemes

#### Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £4,173 (2020 - £3,913).

Contributions totalling £1,200 (2020 - £1,202) which were payable to the scheme at the end of the year are included in creditors.



# OCEAN YOUTH TRUST SOUTH

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021

### 17 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

|                                    | Balance<br>at 1<br>November<br>2020 | Incoming<br>resources | Movement in funds<br>Resources<br>expended | Transfers       | Balance<br>at 31<br>October<br>2021 |
|------------------------------------|-------------------------------------|-----------------------|--|-----------------|-------------------------------------|
|                                    | £                                   | £                     | £  |                 | £                                   |
| <i>Prolific</i> fund               | 484,098                             | -                     | (41,724)                                   | 26,285          | 468,659                             |
| Sailing fees fund                  | -                                   | 64,259                | (60,759)                                   | (3,500)         | -                                   |
| Refit and maintenance fund         | -                                   | 22,100                | (20,600)                                   | (1,500)         | -                                   |
| Salary fund                        | -                                   | 30,570                | (30,570)                                   | -               | -                                   |
| Covid-19 related government grants | -                                   | 38,996                | (38,996)                                   | -               | -                                   |
|                                    | <u>484,098</u>                      | <u>155,925</u>        | <u>(192,649)</u>                           | <u>(21,285)</u> | <u>468,659</u>                      |

The *Prolific* fund represents funds received to enable the charity to have purchased *Prolific* as a replacement for *John Laing*. This includes the additional work required to continue to enhance *Prolific*'s operating capacity.

The Sailing fees fund represents funds received to pay for sailing fees associated with future voyages.

The Refit and maintenance fund represents funds received to maintain *Prolific* in a seaworthy state.

The Salary fund represents funds received to pay for employment costs.

### 18 Unrestricted funds - designated

These are unrestricted funds which are material to the charity's activities made up as follows:

|                       | Balance at 1<br>November<br>2019 | Incoming<br>resources | Movement in funds<br>Balance at 1<br>November<br>2020 | Transfers     | Balance at<br>31 October<br>2021 |
|-----------------------|----------------------------------|-----------------------|---|---------------|----------------------------------|
|                       | £                                | £                     | £   | £             | £                                |
| Boat contingency fund | 30,000                           | -                     | 30,000  | -             | 30,000                           |
| Boat refit fund       | 428,349                          | -                     | 428,349   | 49,000        | 477,349                          |
|                       | <u>458,349</u>                   | <u>-</u>              | <u>458,349</u>  | <u>49,000</u> | <u>507,349</u>                   |

The Boat contingency fund exists to cover unplanned maintenance and repair costs during the next year's sailing.

The Boat refit fund exists to cover major maintenance and refurbishment work which will need to be carried out at regular intervals. These works include replacing the following: main mast, engines, winches, windlass, fire systems, sails, standing rigging and electrics.

# OCEAN YOUTH TRUST SOUTH

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2021

### 19 Analysis of net assets between funds

|  | Unrestricted<br>funds -<br>general<br>2021<br>£ | Unrestricted<br>funds -<br>designated<br>2021<br>£ | Restricted<br>funds<br>2021<br>£ | Total<br>2021<br>£ | Total<br>2020<br>£ |
|--|---|--|----------------------------------|--------------------|--------------------|
| Fund balances at 31 Oct 2021 are represented by: |   |  |                                  |                    |                    |
| Tangible assets                                  | 88,781  | -  | 450,347                          | 539,128            | 578,159            |
| Current assets / (liabilities)                   | 154,959   | 507,349  | 18,312                           | 680,620            | 594,309            |
|  | <u>243,740</u>                                  | <u>507,349</u>                                     | <u>468,659</u>                   | <u>1,219,748</u>   | <u>1,172,468</u>   |

### 20 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

### 21 Operating lease commitments

#### Lessee

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

|                 | 2021<br>£    | 2020<br>£ |
|-----------------|--------------|-----------|
| Within one year | <u>7,800</u> | <u>-</u>  |

### 22 Related party transactions

#### Transactions with related parties

During the year the charity entered into the following transactions with related parties:

|  | Services provided<br>2021<br>£ | 2020<br>£  |
|--|--------------------------------|------------|
| Entities controlled by trustees of the company | <u>-</u>                       | <u>173</u> |

During the year the charitable company incurred expenses of £nil (2020: £173). The outstanding balance at the year end is £nil (2020: £nil).

### 23 Cash generated from operations

|   | 2021<br>£            | 2020<br>£            |
|---|----------------------|----------------------|
| Surplus/(deficit) for the year                                    | 47,280               | (18,941)             |
| Adjustments for:  |                      |                      |
| Investment income recognised in statement of financial activities | (408)                | (1,346)              |
| Gain on disposal of tangible fixed assets                         | -                    | (700)                |
| Depreciation and impairment of tangible fixed assets              | 43,058               | 43,296               |
| Movements in working capital:                                     |                      |                      |
| (Increase) / decrease in debtors                                  | (29,911)             | 73,494               |
| (Decrease) / increase in creditors                                | (35,589)             | 57,036               |
| Increase / (decrease) in deferred income                          | <u>48,049</u>        | <u>(78,100)</u>      |
| <b>Cash generated from operations</b>                             | <u><u>72,479</u></u> | <u><u>74,739</u></u> |

### 24 Analysis of changes in net funds

The charity had no debt during the year.





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