

LET'S GO STROKE CLUB

England & Wales · Charity number 1079932

Details

Other names LETS GO CLUB

Status Registered

Legal form Other

Registered 2000-03-21

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: TO PROMOTE THE RELIEF OF ALL PERSONS IN THE BOROUGH OF HALTON AND SURROUNDING AREAS WHO HAVE SUFFERED A STROKE AND THEIR DEPENDANTS AND CARERS, PARTICULARLY BY THE PROVISION OF SOCIAL, RECREATIONAL AND THERAPEUTIC ACTIVITIES WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE

Activities: The Lets Go Stroke Club is a social club where stroke survivors, their families and friends can meet every month, to make new friends and support each other. Stroke can be a devastating condition and we aim to reach not only the sufferer but to engage with their families and carers to help them cope with the relentless stress of caring for their loved ones. We are totally run by volunteers.

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** BOROUGH OF HALTON
- Halton
- St Helens
- Warrington

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£16,290	£18,119	-	-
2023-12-31	£12,669	£14,718	-	-
2022-12-31	£11,000	£19,000	-	-
2021-12-31	£28,281	£11,080	-	-
2020-12-31	£12,900	£7,330	-	-

Trustees

Name	Role	Appointed
Teresa Veronica Cook	Chair	2015-04-01
Dianne Ryder		2013-10-16
Mr Mike Duncan		2018-03-14
Robert Rigby		2017-03-08
Rosemary Cook		2017-03-08
Sandra Byrne		2016-03-08

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Accounts

Let's Go Stroke Club

Minutes of the Annual General Meeting of the Let's Go Stroke Club held at the DCBL Stadium, Widnes on 11 March 2020 at 8.00pm.

- a) **Attendance register** - circulated and there were **?** members present.
- b) **Apologies for absence** - received from Irene Brindle, Martin Higgins, Marion MacDonald, Sue Henry, Doreen & Julie Orme, Tony Moffatt, Mary Evans.

One minutes silence was held for all members who have sadly passed away in the previous 12 months.

We also congratulated 4 of our members who have recently married.

- c) **Minutes of the previous AGM meeting** held on Wednesday 13 March 2019 were read and approved by Elsie Douglas and seconded by Harold Thorley.
- d) There were no matters arising.
- e) **The accounts** for the period ending 31 December 2019 were approved by Kath Ashton and seconded by Dianne Ryder. There were no questions arising.
- f) **Chair's report:** Teresa Cook presented her yearly report yearly and thanked all committee members for their continuing hard work and support.
- g) Election of Committee**
- h) Dianne Ryder and Barry Heap were re-elected onto the Committee with no opposition.
- i) Members: Unfortunately there were no nominations received or volunteers for the 2 vacant positions on the committee. Teresa Cook reminded all present that any member who is interested in joining the Committee and volunteer at anytime and be co-opted at the next AGM.
- j) Any other business:**
- k) Teresa Cooke encouraged all club members to participate in all future activities, especially the day trips which, this year, were very poorly supported.
- l) There being no further business, Teresa declared the meeting closed at 8.25pm and encouraged all to eat the lovely buffet provided.

Date of the next Annual General Meeting - 10 March 2021.