

**RELATE DORSET AND SOUTH WILTSHIRE  
(A COMPANY LIMITED BY GUARANTEE)  
ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

**E d w a r d s & K e e p i n g**

Chartered Accountants

# RELATE DORSET AND SOUTH WILTSHIRE

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# RELATE DORSET AND SOUTH WILTSHIRE

## TRUSTEES' REPORT

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The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

### OBJECTIVES AND ACTIVITIES

The Objects of the Centre are:

- To educate the public concerning the institution of marriage, with particular reference to emotional, physical and sexual relationships and with a view to developing personal responsibilities and enriching family life.
- To promote research into all aspects of married life and to publish the results of all such research.
- To safeguard and protect the good health, both mental and physical, of adults and children and to prevent poverty, hardship and distress.

Relate's vision is a future in which healthy relationships form the heart of a thriving society.

Our mission is to develop and support healthy relationships by: helping couples, families and individuals to make relationships work better; delivering inclusive, high-quality services that are relevant at every stage of life; helping both the public and policy makers to improve their understanding of relationships and what makes them flourish.

### Summary of the year

The 2022-2023 year was difficult for the Centre due to the continuing impact of Covid-19. The Centre had re-opened but room bookings were down as a result of the Pandemic. Less funding was available having been provided during the Pandemic to keep charities going and more organisations were applying for a limited pot. We struggled to obtain grants and other forms of funding and therefore had to look into other ways of obtaining funds.

As we owned a Charge-free property we researched raising funds against the property, approaching several lending institutions. Unfortunately, no institution was willing to lend us any money as our budget for the future was very negative. As a result of this we were forced to place the property on the market for sale with a 10 year Leaseback to Relate Dorset and South Wiltshire. We now have a buyer on this basis and our income is slowly increasing which means we will be secure financially going forward.

Counselling has been offered face to face as well as via zoom and/or phone. The male perpetrator programme has continued via zoom. We have written and delivered a Refugee Programme and are developing a programme for female perpetrators of domestic violence.

### Additional details of objectives and activities

The population of Dorset is primarily rural. This usually has an impact on people accessing Relates' services with the cost and availability of transport being a prohibitive factor. The use of zoom and phone this year has made counselling and our other programmes accessible to all.

We continue to see people coming to Relate Dorset and South Wiltshire because of money worries. We aim to make it as accessible as possible for all couples in Dorset and South Wiltshire to seek help as soon as they start having problems and we are able to allocate a proportion of our surplus to bursary funding for this purpose.

### Public benefit

The charity trustees have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance, by working to prevent harm and distress by helping couples, families and individuals to make relationships work better and to educate the general public in this regard. The charity's activities do not include any detriment to beneficiaries or convey any significant incidental private benefit to those governing the charity. The charity's beneficiaries - families in relationship crisis or experiencing difficulties - are the general public.

### Volunteers

To ensure quality we use qualified and experienced practitioners to deliver our services and offer placements to trainees on Relate Training courses and to counsellors training to work with children and young people locally on recognised courses. Volunteers greatly enhance our services in reception and trustee roles. We are grateful for the knowledge, skills and experience that they willingly bring to the charity.

# RELATE DORSET AND SOUTH WILTSHIRE

## TRUSTEES' REPORT

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### ACHIEVEMENT AND PERFORMANCE

The trustees have met more regularly than usual during this year in order to review the ongoing financial situation. They also review progress of the Business Plan via action planning. We are increasingly finding that having a wider portfolio of counselling, education and separation services enables clients to access the right service at the right time and builds confidence in the Relate brand as providing relationship help at every stage of life.

#### Counselling

We have been able to continue to offer counselling services throughout the year face to face and via zoom and phone.

We collect outcome measures using PHQ9 and ENRICH standardised tools alongside a bespoke pre and post counselling questionnaire.

#### Children and Young People (CYP)

In 2022-23, on our own and in partnership with Mid Wilts Relate, we continued to deliver sessions to children and young people in Salisbury and wider Wiltshire schools. We also delivered private CYP counselling. We have continued our work with CAMHS in Dorset and offered counselling sessions to young people outside of school. We continue to seek funding to enable us to deliver important prevention and early intervention work with children and young people enabling better social and emotional skills, communication, the ability to manage their own behaviour and mental health, giving a stronger foundation for learning at school, an easier transition into adulthood, better job prospects, healthier relationships and improved mental and physical health.

#### Families

We have continued to engage with Dorset Families Matter (Dorset's response to the national 'Troubled Families' agenda) to provide access for eligible families to core and bespoke services.

#### Perpetrator Programmes

We have continued to run the Choose To Change programme for male perpetrators of domestic violence via Zoom. We are continuing to work towards Respect accreditation.

We are developing a female perpetrators of domestic violence programme in conjunction with Relate Cymru.

#### Refugee Programme

We have written a unique programme for refugees which we have delivered to Dorset Council to great acclaim. We are looking to deliver this programme further afield.

#### Supervised Contact

We continue to offer this service being the only place in the area to do so. We have clients travelling many miles to see their children. Income from this service is continuing to increase.

#### Room hire and conferences

RDSW offer a welcoming, professional service to businesses and members of the local community. Users appreciate the tranquillity of the building and the convenience offered by the location in Poundbury. In 2022-23 there were less bookings due to the lasting impact of the pandemic but bookings continue to increase and many have been taken for next year.

#### Co-location

Redlands Counselling Training continue to use our facilities for their counselling training courses and have booked rooms for next year. The organisation that delivers PIP benefit assessments has continued to rent their room and has signed a Licence for a further 7 years. We have rented out one other room and are advertising two other rooms to rent and a great deal of interest has been shown in renting them.

# RELATE DORSET AND SOUTH WILTSHIRE

## TRUSTEES' REPORT

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### FINANCIAL REVIEW

RDSW annual expenditure was £355,259 the greater part allocated to staff costs. Annual income was £239,651 leaving a net loss of £115,608.

The Trustees designate that reserves should cover 4 months running costs (approximately £138,000). We continue to monitor the level of our unrestricted reserves regularly. We do not currently have sufficient funds to cover this but will do once the property has been sold. Unrestricted funds amount to £391,381 of which £311,382 is the freehold property value.

The unrestricted income derived has decreased due to the ongoing effects of the pandemic.

Over recent years there have been changes in the profile of the funding we receive. There is significantly less funding available since the Pandemic with more Charities applying for any available funding. Activities are funded as specific projects and contracts, rather than out of Local Authority grants. The administration is significantly more complex, and the cost of securing this type of funding increases our overhead costs. We work in partnership with Relate Mid Wilts to deliver children and young people's counselling in schools in South Wiltshire under a County Council contract.

We aim to provide access to services to all, regardless of their financial status. Support from Dorchester Joint Markets, Awards for All and other local funders has been valuable in attaining this aim. We are grateful to a number of local trusts who support us with regular donations. We have a fundraising plan and approach local and national funders to replenish our bursary fund.

Our solar panel installation continues to generate an income alongside sustainable electricity. We also hire out rooms at our premises in Poundbury to the private sector, the statutory sector and to other voluntary and community groups.

Our next year's budget shows a small loss due to the continuing effects of Covid-19.

### STRUCTURE, GOVERNANCE AND MANAGEMENT

Relate Dorset and South Wiltshire (RDSW) is a registered charity and company limited by guarantee governed by a memorandum of association dated 5 March 1998. Trustee Directors are elected at the AGM and appointed by the members. Our work is conducted within the requirements of our Constitution and Articles of Association. The board of Trustees oversee the operational and strategic direction of the organisation. Prospective trustees are invited to attend trustee meetings in a co-opted capacity to gain an understanding of the organisation and then taken through an induction process carried out by the Chair. All trustees are invited to attend training alongside staff and practitioners.

#### Relationships with any related parties

RDSW is a member of the Relate Federation and as such benefits from the centrally produced policies, procedures and expertise of a large nationally recognised body. Whilst Relate National have offered the opportunity to all Relate Centres to merge with the national charity the trustees have decided that at present it best serves local people and the charitable objectives to remain an independent member of the federation, along with 30 or so other Centres across the country. The Relate Federation supports us with the provision of training, clinical standards, advice and peer support. National contracts enable RDSW to offer free at the point of access services to specific groups eg the Royal Navy and Royal Marines.

RDSW is a director organisation of Continuum, a consortium of Dorset charities providing services to 0-25 year-olds and their families.

#### Risk management

The trustees hold a risk register and review risk regularly.

# RELATE DORSET AND SOUTH WILTSHIRE

## TRUSTEES' REPORT

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### REFERENCE AND ADMINISTRATIVE DETAILS

<b>Trustees</b>	Mrs M M Baker, chair Mr I Hawkins, vice-chair Miss L V Purchase Mrs D Fairhurst Mrs J V Kane (resigned 4 November 2022)
<b>President</b>	Mr G Streatfeild MBE DL
<b>Chief executive officer</b>	Mrs S Merriott
<b>Principal Office</b>	Inspirations 2 Poundbury Business Centre Poundbury Dorchester Dorset DT1 3WA  The charity is incorporated in England and Wales.
<b>Company Registration Number</b>	03557614
<b>Charity Registration Number</b>	1079585
<b>Independent Examiner</b>	H E Jones BA (Hons) FCCA Edwards & Keeping Chartered Accountants Unity Chambers 34 High East Street Dorchester Dorset DT1 1HA

### Statement of directors' responsibilities

The trustees (who are also the directors of Relate Dorset and South Wiltshire for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# RELATE DORSET AND SOUTH WILTSHIRE

## TRUSTEES' REPORT

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### **Small companies provision statement**

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 12 September 2023 and signed on its behalf by:

Mrs M M Baker  
Trustee

## RELATE DORSET AND SOUTH WILTSHIRE

### INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RELATE DORSET AND SOUTH WILTSHIRE

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I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 7 to 19.

#### **Respective responsibilities of trustees and examiner**

As the charity's trustees of Relate Dorset and South Wiltshire (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Relate Dorset and South Wiltshire are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Relate Dorset and South Wiltshire as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

H E Jones BA (Hons) FCCA  
Edwards & Keeping  
Chartered Accountants

Unity Chambers  
34 High East Street  
Dorchester  
Dorset  
DT1 1HA

13 September 2023



## RELATE DORSET AND SOUTH WILTSHIRE

### STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023 (INCLUDING INCOME AND EXPENDITURE ACCOUNT AND STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES)

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
<b>Income and Endowments from:</b>					
Donations and legacies	3	4,726	48,128	52,854	125,972
Charitable activities	4	132,750	-	132,750	137,375
Other trading activities	5	48,205	-	48,205	31,901
Investment income	6	3,081	-	3,081	1,432
Other income	7	2,761	-	2,761	-
Total income		<u>191,523</u>	<u>48,128</u>	<u>239,651</u>	<u>296,680</u>
<b>Expenditure on:</b>					
Charitable activities	8	<u>(285,929)</u>	<u>(69,330)</u>	<u>(355,259)</u>	<u>(336,317)</u>
Total expenditure		<u>(285,929)</u>	<u>(69,330)</u>	<u>(355,259)</u>	<u>(336,317)</u>
Net expenditure		(94,406)	(21,202)	(115,608)	(39,637)
Transfers between funds		<u>438</u>	<u>(438)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(93,968)	(21,640)	(115,608)	(39,637)
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>485,349</u>	<u>101,355</u>	<u>586,704</u>	<u>626,341</u>
Total funds carried forward	17	<u><u>391,381</u></u>	<u><u>79,715</u></u>	<u><u>471,096</u></u>	<u><u>586,704</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2022 is shown in note 17.

# RELATE DORSET AND SOUTH WILTSHIRE

(REGISTRATION NUMBER: 03557614)  
BALANCE SHEET AS AT 31 MARCH 2023

	Note	2023		2022	
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	13		311,382		311,691
<b>Current assets</b>					
Debtors	14	37,480		34,307	
Cash at bank and in hand		<u>147,188</u>		<u>265,490</u>	
		184,668		299,797	
<b>Creditors: Amounts falling due within one year</b>	15	<u>(24,954)</u>		<u>(24,784)</u>	
<b>Net current assets</b>			<u>159,714</u>		<u>275,013</u>
<b>Net assets</b>			<u>471,096</u>		<u>586,704</u>
<b>Funds of the charity:</b>					
<b>Restricted funds</b>		79,715		101,355	
<b>Unrestricted income funds</b>					
Unrestricted funds		<u>391,381</u>		<u>485,349</u>	
<b>Total funds</b>	17		<u>471,096</u>		<u>586,704</u>

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 7 to 19 were approved by the trustees, and authorised for issue on 12 September 2023 and signed on their behalf by:

Mrs M M Baker  
Trustee

# RELATE DORSET AND SOUTH WILTSHIRE

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

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### 1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Inspirations  
2 Poundbury Business Centre  
Poundbury  
Dorchester  
Dorset  
DT1 3WA

### 2 Accounting policies

#### Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and the Companies Act 2006.

#### Basis of preparation

Relate Dorset and South Wiltshire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

#### Exemption from preparing a cash flow statement

The charity has not included a cash flow statement in these financial statements in accordance with Bulletin 1 published on 2 February 2016.

#### Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Turnover is shown net of sales/value added tax, returns, rebates and discounts.

#### Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

#### Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

# RELATE DORSET AND SOUTH WILTSHIRE

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

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### **Investment income**

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

### **Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

### **Government grants**

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

### **Tangible fixed assets**

Individual fixed assets costing £200 or more are initially recorded at cost.

### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Freehold property	Not depreciated
Improvements to freehold property	25% reducing balance basis
Fixtures, fittings and equipment	25% reducing balance basis
Solar panels	20% straight line basis

### **Trade debtors**

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

## RELATE DORSET AND SOUTH WILTSHIRE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

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#### Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

### 3 Income from donations and legacies

	Unrestricted funds	Restricted funds	Total 2023	Total 2022
	General £	£	£	£
Donations and legacies;				
Donations received	1,726	-	1,726	241
Grants	3,000	48,128	51,128	125,731
	<u>4,726</u>	<u>48,128</u>	<u>52,854</u>	<u>125,972</u>

Income from donations and grants in 2022 was £125,972 of which £32,428 was attributable to unrestricted funds and £93,544 to restricted funds.

### 4 Income from charitable activities

	Unrestricted funds	Total 2023	Total 2022
	General £	£	£
Client contributions and contracts	<u>132,750</u>	<u>132,750</u>	<u>137,375</u>

All income from charitable activities in 2022 was attributable to unrestricted funds.

## RELATE DORSET AND SOUTH WILTSHIRE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

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#### 5 Income from other trading activities

	Unrestricted funds		
	General £	Total 2023 £	Total 2022 £
Fundraising	787	787	51
Hire of premises	46,398	46,398	31,101
Solar power income	1,020	1,020	749
	<u>48,205</u>	<u>48,205</u>	<u>31,901</u>

All income from other trading activities in 2022 was attributable to unrestricted funds.

#### 6 Investment income

	Unrestricted funds		
	General £	Total 2023 £	Total 2022 £
Interest receivable	<u>3,081</u>	<u>3,081</u>	<u>1,432</u>

All investment income in 2022 was attributable to unrestricted funds.

#### 7 Other income

	Unrestricted funds		
	General £	Total 2023 £	Total 2022 £
Insurance claims	<u>2,761</u>	<u>2,761</u>	<u>-</u>

# RELATE DORSET AND SOUTH WILTSHIRE

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

### 8 Expenditure on charitable activities

	Counselling, therapy, mediation, education and learning £	Total 2023 £	Total 2022 £
Staff costs (see note 12)	287,481	287,481	213,549
Counselling and administrative services	1,739	1,739	44,694
Training and treatment management	12,605	12,605	15,561
Catering costs	1,183	1,183	296
Rent and rates	3,773	3,773	7,034
Light, heat and power	1,725	1,725	2,351
Insurance	2,872	2,872	2,583
General maintenance	5,797	5,797	4,200
Telephone and internet	3,521	3,521	2,776
Printing, postage and stationery	2,193	2,193	2,120
Publications and membership fees	11,545	11,545	13,952
Cleaning	3,153	3,153	2,181
Travel	199	199	-
Computer software and maintenance	4,618	4,618	12,497
Advertising	1,161	1,161	300
Accountancy fees	2,415	2,415	2,365
Independent examiner's fee	580	580	560
Legal and professional fees	430	430	2,340
Employment tribunal payment	3,250	3,250	-
Bank charges	195	195	327
Irrecoverable VAT	3,520	3,520	5,032
General expenses	86	86	279
Depreciation	1,218	1,218	1,320
	<u>355,259</u>	<u>355,259</u>	<u>336,317</u>

£285,929 (2022 - £282,496) of the above expenditure was attributable to unrestricted funds and £69,330 (2022 - £53,821) to restricted funds.

## RELATE DORSET AND SOUTH WILTSHIRE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

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#### 9 Government grants

Government grants were received in the year in respect of the Apprenticeship Scheme as well as the Coronavirus Job Retention Scheme and local council Coronavirus business support grants in the previous year. The amount of grants recognised in the financial statements was £1,500 (2022 - £32,337).

#### 10 Net incoming/outgoing resources

Net outgoing resources for the year include:

	2023 £	2022 £
Depreciation of fixed assets	1,218	1,320
Accountant's fees - independent examination	580	560
Accountant's fees - accountancy and other services	2,415	2,365

#### 11 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

##### Mrs J V Kane

During the year, the above trustee (who resigned in November 2022) was reimbursed expenses totalling £32 (2022: £nil) in relation to travel expenses.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

#### 12 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
<b>Staff costs during the year were:</b>		
Wages and salaries	278,252	205,936
Social security costs	6,969	5,151
Pension costs	2,260	1,834
Compensation payments	-	628
	<u>287,481</u>	<u>213,549</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2023 No	2022 No
Employees	<u>11</u>	<u>11</u>

No employee received emoluments of more than £60,000 during the year.



## RELATE DORSET AND SOUTH WILTSHIRE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

#### 13 Tangible fixed assets

	Freehold property £	Property improvements £	Fixtures, furniture and equipment £	Solar panels £	Total £
<b>Cost</b>					
At 1 April 2022	307,726	124,552	58,501	9,173	499,952
Additions	-	-	909	-	909
At 31 March 2023	307,726	124,552	59,410	9,173	500,861
<b>Depreciation</b>					
At 1 April 2022	-	124,552	54,536	9,173	188,261
Charge for the year	-	-	1,218	-	1,218
At 31 March 2023	-	124,552	55,754	9,173	189,479
<b>Net book value</b>					
At 31 March 2023	307,726	-	3,656	-	311,382
At 31 March 2022	307,726	-	3,965	-	311,691

#### 14 Debtors

	2023 £	2022 £
Trade debtors	28,429	22,786
Prepayments	7,196	9,451
Accrued income	1,855	2,070
	37,480	34,307

#### 15 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	820	938
VAT repayable	4,939	3,751
Other creditors	12,244	6,653
Accruals	6,951	13,442
	24,954	24,784

#### 16 Commitments

##### Pension commitments

The charity operates a defined contribution pension scheme. The pension cost charge for the period represents contributions payable by the charity to the scheme and amounted to £2,260 (2022 - £1,834).

There were no outstanding or prepaid contributions at either the beginning or end of the financial year.

# RELATE DORSET AND SOUTH WILTSHIRE

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

### 17 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
<b>Unrestricted funds</b>					
<b>General</b>					
General fund	124,990	191,523	(281,338)	14,916	50,091
Capital fund	307,726	-	-	-	307,726
	<u>432,716</u>	<u>191,523</u>	<u>(281,338)</u>	<u>14,916</u>	<u>357,817</u>
<b>Designated</b>					
Bursary fund	5,000	-	-	-	5,000
Property maintenance fund	29,399	-	(3,214)	(16,185)	10,000
IT fund	17,034	-	(470)	-	16,564
Planning and marketing fund	1,200	-	(907)	1,707	2,000
	<u>52,633</u>	<u>-</u>	<u>(4,591)</u>	<u>(14,478)</u>	<u>33,564</u>
<b>Total unrestricted funds</b>	<u>485,349</u>	<u>191,523</u>	<u>(285,929)</u>	<u>438</u>	<u>391,381</u>
<b>Restricted funds</b>					
Children in Need CYP Counselling fund	6,177	-	(6,011)	-	166
Verwood Solar Farm Grant fund	1,631	-	(115)	-	1,516
Learning Difficulties Family Counselling Bursary fund	1,000	-	-	-	1,000
National Lottery Fund Choose2Change Programme fund	54,388	40,628	(46,786)	(438)	47,792
Somerset Covid-19 Response & Recovery Fund	423	-	(170)	-	253
National Lottery for Parenting Apart Programme Fund	4,293	-	(4,293)	-	-
Social Enterprise Support Fund (Time to Change)	29,579	-	(4,794)	-	24,785
Wiltshire Community Fund	3,714	-	(2,712)	-	1,002
Verdon Smith Charitable Foundation Fund	150	-	(150)	-	-
Arnold Clark Community Grant Fund	-	750	(613)	-	137
Magic Little Grants Fund	-	500	(108)	-	392
Welcome to Dorset Fund	-	4,000	(3,328)	-	672
Dorchester Car Boot fund	-	2,000	-	-	2,000
Children in Need Resources Fund	-	250	(250)	-	-
	<u>101,355</u>	<u>48,128</u>	<u>(69,330)</u>	<u>(438)</u>	<u>79,715</u>
<b>Total restricted funds</b>	<u>101,355</u>	<u>48,128</u>	<u>(69,330)</u>	<u>(438)</u>	<u>79,715</u>
<b>Total funds</b>	<u>586,704</u>	<u>239,651</u>	<u>(355,259)</u>	<u>-</u>	<u>471,096</u>

The amounts included under transfers from restricted funds to unrestricted funds during the year relate to the purchase of capital equipment included as part of additions in Note 13 - Tangible fixed assets.

# RELATE DORSET AND SOUTH WILTSHIRE

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
<b>Unrestricted funds</b>					
<i><b>General</b></i>					
General fund	190,401	203,136	(269,229)	682	124,990
Capital fund	307,726	-	-	-	307,726
	<u>498,127</u>	<u>203,136</u>	<u>(269,229)</u>	<u>682</u>	<u>432,716</u>
<i><b>Designated</b></i>					
Bursary fund	5,000	-	-	-	5,000
Property maintenance fund	52,712	-	(3,313)	(20,000)	29,399
IT fund	6,688	-	(9,654)	20,000	17,034
Planning and marketing fund	1,500	-	(300)	-	1,200
	<u>65,900</u>	<u>-</u>	<u>(13,267)</u>	<u>-</u>	<u>52,633</u>
<b>Total unrestricted funds</b>	<u>564,027</u>	<u>203,136</u>	<u>(282,496)</u>	<u>682</u>	<u>485,349</u>
<b>Restricted funds</b>					
Children in Need CYP Counselling fund	6,629	9,970	(10,422)	-	6,177
Verwood Solar Farm Grant fund	1,945	-	(314)	-	1,631
Learning Difficulties Family Counselling Bursary fund	1,000	-	-	-	1,000
National Lottery Fund Choose2Change Programme fund	51,540	39,678	(36,830)	-	54,388
Somerset Covid-19 Response & Recovery Fund	1,200	-	(777)	-	423
National Lottery for Parenting Apart Programme Fund	-	9,932	(4,957)	(682)	4,293
Social Enterprise Support Fund (Time to Change)	-	30,000	(421)	-	29,579
Wiltshire Community Fund	-	3,814	(100)	-	3,714
Verdon Smith Charitable Foundation Fund	-	150	-	-	150
	<u>62,314</u>	<u>93,544</u>	<u>(53,821)</u>	<u>(682)</u>	<u>101,355</u>
<b>Total restricted funds</b>	<u>62,314</u>	<u>93,544</u>	<u>(53,821)</u>	<u>(682)</u>	<u>101,355</u>
<b>Total funds</b>	<u>626,341</u>	<u>296,680</u>	<u>(336,317)</u>	<u>-</u>	<u>586,704</u>

The amounts included under transfers from restricted funds to unrestricted funds during the previous year relate to the purchase of capital equipment included as part of additions in tangible fixed assets.

## RELATE DORSET AND SOUTH WILTSHIRE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

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#### **Purpose of designated funds**

The 'Bursary fund' represents funds as agreed by the trustees to be utilised specifically to enable people who are suffering relationship difficulties but with financial hardship to access the services of the charity.

The 'Property maintenance fund' represents funds as agreed by the trustees to be utilised specifically towards the maintenance of the freehold building.

The 'IT fund' represents funds as agreed by the trustees to be utilised specifically towards the purchase of IT equipment.

The 'Planning and marketing fund' represents funds as agreed by the trustees to be utilised specifically towards the future development and promotion of the charity.

#### **Purpose of restricted funds**

The 'Children in Need CYP Counselling fund' represents a grant received to be specifically used towards one to one counselling sessions for children and young people with emotional and psychological difficulties in the Weymouth, Portland and Dorchester area.

The 'Verwood Solar Farm Grant fund' represents a grant received from the Verwood Solar Farm Fund Group to be specifically used towards relationship counselling in Verwood.

The 'Learning Difficulties Family Counselling Bursary fund' represents grants received from the The Bailey Thomas Charitable Fund to be specifically used towards counselling for families of people with learning difficulties.

The 'National Lottery Fund Choose2Change Programme fund' represents a grant received from The National Lottery Community Fund to be specifically used towards a programme for perpetrators of domestic abuse.

The 'Somerset Covid-19 Response & Recovery Fund' represents a grant received from the Somerset Community Foundation to be specifically used towards continuing delivery professional counselling services during Covid-19.

The 'National Lottery for Parenting Apart Programme Fund' represents a grant received from The National Lottery Community Fund to be specifically used towards a programme designed and developed to support parents and children going through parental conflict, separation or divorce and was fully utilised in the year.

The 'Social Enterprise Support Fund (Time to Change)' represents a grant received from The National Lottery Community Fund as part of the Social Enterprise Support Fund: Restart and Recover to be specifically used towards staff costs to support delivery of a new programme for female perpetrators of domestic abuse.

The 'Wiltshire Community Fund' represents a grant received from The Wiltshire Community Foundation to be specifically used towards training counsellors.

The 'Verdon Smith Charitable Foundation Fund' represents a donation received to be specifically used towards counselling for people in Salisbury and was fully utilised in the year.

The 'Arnold Clark Community Grant Fund' represents a grant received to be specifically used towards recruitment in the Salisbury area.

The 'Magic Little Grants Fund' represents a grant received from Localgiving to be specifically used towards community coffee mornings.

The 'Welcome to Dorset Fund' represents a grant received from the Dorset Community Foundation to be specifically used towards refugee programmes.

The 'Dorchester Car Boot Fund' represents a grant received from Dorset Council to be specifically used towards lower cost counselling sessions for children and young people from low-income households.

The 'Children in Need Resources Fund' represents a grant received to be specifically used towards training resources and was fully utilised in the year.

## RELATE DORSET AND SOUTH WILTSHIRE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

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#### 18 Analysis of net assets between funds

	Unrestricted funds		Restricted funds	2023 Total funds
	General £	Designated £	£	£
Tangible fixed assets	311,382	-	-	311,382
Current assets	71,389	33,564	79,715	184,668
Current liabilities	(24,954)	-	-	(24,954)
Total net assets	<u>357,817</u>	<u>33,564</u>	<u>79,715</u>	<u>471,096</u>

#### 19 Related party transactions

There were no related party transactions in the year.