

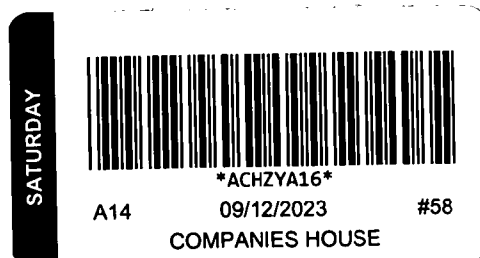
Registered number

03751889

SOUND MINDS

Report and Accounts

31 March 2023





**SOUND MINDS**  
**Company Information**

**Chair**

Mrs Sheba Forbes

**Vice Chair**

Mr. Oliver Nesbit

**Treasurer**

Mr Christopher Lam

**Trustees**

Ms. Sarah Rackham

Mr. David Evans

Mrs Sheba Forbes

Mr Leopold Benenfield King

Mr. Oliver Nesbit

Ms. Lucy Alphonse

Ms Elena Chapman (resigned 24 April 2023)

Mr Christopher Lam

Mr Devon Marston

**Patron**

Melba Wilson OBE

**Auditors**

Brookfield & Co

18 Concanon Road

London

SW2 5TA

**Bankers**

HSBC

2 Craven Road

London

W2 3PY

**Registered number**

03751889

**Secretary**

P Brewer

**Registered Office**

20-22 York Road

London

SW11 3QA

**Charity registration no**

1079521



**SOUND MINDS**  
**Trustees Report**  
**Year to 31st March 2023**

**OUR PURPOSES AND ACTIVITIES**

Sound Minds is a user led charity and social enterprise improving people's mental health and wellbeing through arts participation and peer support. The charity uses the power of creativity to help people to rebuild their confidence and gain the skills they need to lead fulfilled lives in their community.

Sound Minds consistently implements ground breaking solutions to the problems of living with life disrupting mental illness, winning national awards across both the arts and mental health sectors. The majority of Sound Minds employees and many of our charity trustees are themselves mental health service users who originally came to use the service they now help to provide.

Sound Minds has a large well equipped music rehearsal space, music technology studios, classrooms and an art studio. We specialise in matching aspiring musicians at any level of ability, providing teaching and ongoing support so that anyone can enjoy the benefits of making music together.

Alongside our arts offer Sound Minds has more than 10 years of experience delivering a range of peer support services in mental health.

Sound Minds charitable object is:

*To promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress in London (all the London Boroughs) and neighbouring counties through the provision of opportunities for education, training, musical and cultural activities, and other opportunities in relieving and rehabilitating such persons.*

The main strategies employed in relation to these purposes are:

- **Widening participation in arts activities**
- **Training**
- **Involving service users in the delivery of our own services**
- **Raising awareness of mental health issues**
- **Developing arts related employment for our service users**
- **Peer support and consultation**

**Widening participation in arts activities**

Arts activities have an important role to play in helping people to rebuild lives that have been disrupted by episodes of severe mental ill health. Making music together, filmmaking, visual arts and creative writing are powerful tools to enable people to rebuild their social networks, gain confidence, learn about working as a team, as well as learning new technical skills.



## **Training**

Sound Minds provides formal and informal training in music production, visual art, film and peer support.

### **Involving service users in the delivery of our services**

The involvement of service users in the running and delivery of our services has been essential to the success of the charity. People with personal experience of mental ill health form the majority of our trustees, staff, sessional staff and volunteers.

### **Raising awareness of mental health issues**

Sound Minds uses art exhibitions, film screenings and music and drama performances, media coverage and the artworks themselves to provide a springboard to greater understanding of mental health in the wider community.

### **Developing arts related employment for our service users**

Sound Minds has a track record of building people's confidence in their own abilities and helping them in practical ways to fulfil their potential. Voluntary and sessional employment opportunities include teaching, individual tuition, supporting live entertainment, filmmaking and visual arts, often in partnership with other local community organisations and businesses.

### **Peer Support and consultation**

Established in 2008, Canerows Peer Support Services is our pioneering initiative under the Sound Minds umbrella, in co-production with South West London and St. Georges Mental Health NHS Trust, South West London CCG and Wandsworth Council. Canerows focuses on people from black and ethnic minority heritage who are over represented in hospitals and more likely to be assessed under the Mental Health Act. Canerows includes Mama Low's Kitchen, a one day user led drop in, Post Discharge Peer Support funded by CCG and our Ward Visiting Service.

## **ACHIEVEMENTS AND PERFORMANCE**

Over the course of the year there was a gradual handover between Paul Brewer, Operations Manager and previous CEO, and Chas de Swiet, the new CEO who started in January '22.

Looking at the full year there were 148 unique individuals using our services as Wandsworth residents, and 37 from other boroughs. This is a positive number as the organisation is still building whilst coming out of Covid with a new staff team. 53% were BAME and 42% female.

The number of referrals was variable over the year, Q4 referrals were very high, largely as we were included on the Joy app for referrals which is used by local GPs.

The provision of our services almost entirely shifted to in person, by the end of Q2 there was only one person reliant on phone support.

Despite a challenging financial picture, we found the funds to refurbish the front office with the support of Good Gym.

The Cranfield Trust matched us with a business strategy consultant, Adrian Haberberg, to help us work on our strategic plan. We held an away day on 10/1/23 for staff and Management Committee, the findings were reported back to the Management Committee on 24/3/23.



## **ART STUDIO**

Sound Minds was awarded a grant to participate in the Wandsworth Arts Festival Fringe. The project was called 'Back to the Beginning' and there was a series of participatory workshops led by Sam Haynes and Paul Brewer. The final group piece was a mixture of visual art, sculpture, song writing and filmmaking. The resulting exhibition launched on 23rd June.

The refurbishment work on the art studio was completed in Q2. This provided a much extended studio space and a small gallery which we can use for internal exhibitions and hires.

## **MUSIC**

Band rehearsals and one to one tuition continues to build towards pre pandemic activity levels. Music sessions to two local secure units continued.

We held our first post-pandemic gig on 27th May in the live room in our studios. 4 bands played with 2 individual artists, there was a good audience at capacity. A second gig on 22nd July was held in the live room.

We also performed our first external gig post-pandemic. 3 Sound Minds members performed at the Capital Project Trust's 25<sup>th</sup> Birthday celebration on 21/7/22.

A key highlight in the year was a gig at The Bedford pub on 2/11/22 to celebrate Sound Minds' 30th anniversary.

Sound Minds was invited to perform at the opening celebrations of Battersea Power Station on 22/10/22. We showcased our Breathe members who performed on an outdoors stage to a good crowd.

We produced an event on 10/2/23 where we showcased performances by Breathe members and launched our new film 'Community' produced with the support of the South West London and St George's Mental Health NHS Trust.

### **Sound Minds Community Choir**

The Wandsworth Foundation awarded Sound Minds £19,594 over 2 years to fund activity on the strategic plan and fundraising. It also covered the costs of running the Community Choir over 21 months. As part of the development of the choir an open rehearsal and BBQ was held on 22/8/22, it was attended by 21 people. The BBQ was effective with 42% of attendances in Q3 coming from people who were new for the BBQ.

### **Breathe Music – young people's sessions**

Breathe Music is our afternoon programme of tuition and workshops for young people 18-25, now in its fourth year. The Breathe members are becoming the core of our activity and in the case of showcases and gigs are proving to be strong and in demand performers.

## **CANEROWS PEER SUPPORT SERVICES**

### **The Gathering**

A 'Gathering' session was held on 13/10/22. It was successful with presentations from Esua Goldsmith, Melba Wilson and Colin King on Seni's Law. 100% of the 23 people who completed the evaluation questionnaire rated the event overall as excellent or good.

Another 'Gathering' session was held on 16/3/23, it was attended by 55 people and 30 feedback forms were completed. There were talks including one from Mac Downes on the history of Battersea. Devon, the founder of Sound Minds and Canerows, was interviewed by Mia Morris.



## **Mama Lows Kitchen**

The group met face to face throughout the year.

The attendance at Mama Low's continues to improve with 27 unique individuals in Q4, compared to 21 in Q3 and 17 in Q2. In Q4 the representation of people from BME communities was at 48% and of women was at 41%.

Ashley Ghoorbin started work as the Project Worker on 13<sup>th</sup> January. Regular trips were held both to cultural events in London and to the seaside.

We started to provide a free hot lunch for all members on Tuesdays at Sound Minds on 6/12/22.

## **Post Discharge Peer Support**

The service continued face to face, sessions included:

- Advice and sharing knowledge of services
- Support/advice with relationships and mental health
- Encouraging people to keep active and identify a weekly routine
- Befriending
- Help with appointments
- Goal setting

Over the course of the year the Post Discharge Support Worker engaged with 17 people, 53% were BME.

In Q3 we dropped the differentiation between face to face and phone contact as it did not add value post pandemic.

## **Ward Visiting**

Through the year we regularly saw wards closing to our visitors owing to intermittent Covid outbreaks. Supervision sessions for Ward Visitors happened on a fortnightly basis and the steering group met every other month.

Over the course of the year there were 977 engagements which was just short of the target of 1000. In Q4 54% were BME and 53% were women.

On 31/3/22 Chas de Swiet and Mia Morris interviewed 7 potential ward visitors and decided to take 6 people forwards, 4 people completed the training. At that point there were 13 visitors which is at full strength. Another successful recruitment round happened in September with interviews on 8/9/22 and 5 people were taken onto the training course.

Training for Ward Visitors was offered on de-escalation, suicide response, gambling awareness, building emotional awareness, the menopause and welfare rights.

## **Peer led Groupwork**

Peer led group work has been a success over the year. Sandi Grant has continued to run the weekly Recovery Group on Rose Ward and has also been running a weekly art group.

John Watson started running music sessions on 19th August for the older adults on Crocus Ward. These sessions have continued and have proven to be a big success with great feedback from the occupational therapists.



## **Measuring impact**

Canerows has used a short questionnaire with inpatients for more than 10 years to find out how patients rate aspects of their inpatient stay and the Canerows service. This year, as for most previous years over 90% of respondents give Canerows Ward Visiting a 'Good' or Excellent' rating.

## **FINANCIAL REVIEW**

It has been a challenging year for Sound Minds with the increased staff costs of having a CEO and an Operations Manager in post during the handover. The fundraising picture has also been competitive in the post Covid climate that we are in. Both these factors were mitigated by some successful income generation and tight expenditure control. An unrestricted reserves position at the end of year of £132,732 was a good result.

The charity continued to benefit from diverse income streams including Together, Wandsworth CCG, Wimbledon Foundation, City Bridge and Momark.

Successful fundraising included securing £6,000 from City Hall to pilot an Agent for Change project; £7,145 from Wandsworth Council to cover our increased costs due to inflation and so we can provide an additional hot lunch once / week; and another £4,984 from Wandsworth Council for a 6-month trial of social prescribing starting in April 2023.

There were also sizeable donations although a significant amount were received in 2021/22 and deferred to 2022/23. We continue to be enormously grateful to the Clarke family and the foundation who allowed us to create our new art studio and gallery, and also facilitated corporate donations.

It has been a continued challenge for service users to get local authority personal budgets. There have however been occasional significant awards.

In November '22 we learnt that we would be an Arts Council NPO from 1/4/23, the funding is £92,500 per year for 3 years. The last few months of 2022/23 involved gearing up for increased arts activity including the recruitment of new staff.

## **Investment Policy**

The charity's reserves are held in an interest bearing bank account, with no further investments.

## **Reserves Policy**

The Management Committee has a policy whereby unrestricted funds not committed or invested (Free Reserves) are held equivalent to three to six months of annual expenditure, to allow time for the charity to find alternative sources of funding in the event of an unanticipated reduction in income. At the year end our reserves exceeded this.

## **Plans for Future Periods**

In November we were offered funding to become an Arts Council England National Portfolio Organisation from the 2023/24 financial year. This is a significant change for Sound Minds with an increased emphasis on our arts activity.



## **Reference and administrative details**

Charity Number 1079521  
Company number 3751889  
Registered office 20-22 York Road, London, SW11 3QA

### **Our advisers**

Auditors: Brookfield and Co., 18 Concanon Road, London, SW2 5TA  
Bankers: HSBC, 15 - 17 Praed Street, Paddington, London, W2 1NJ

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing Document**

The organisation is a charitable company limited by guarantee on 14<sup>th</sup> April 1999 and registered as a charity on 24<sup>th</sup> February 2000. Full membership is open to anyone who is a user of mental health services and has attended our own services for six or more weeks. Associate membership is open to any individual living or working in London. In the event of the company being wound up, all members are required to contribute an amount not exceeding £1.

### **Recruitment and appointment of Management Committee**

The directors of the charitable company (the charity) are its trustees for the purpose of charity law. Under the requirements of our governing documents members of the Management Committee must offer themselves for re-election at the next Annual General Meeting. The Management Committee actively recruits committee members with skills and experience to match the changing needs of the organisation, including specialist mental health knowledge, general management experience and experience in the arts and voluntary sectors. At least 2 service using trustees must be present at each meeting in order to ensure that the organisation can continue to benefit from service user skills, views and experience in planning and development.

### **Trustee Induction and Training**

The suitability of any prospective trustee is considered by the committee and the general membership and due safeguarding procedures are followed. New trustees are individually briefed by the existing trustees and the CEO in order to familiarize them with the work of the charity and their obligations under charity and company law. New trustees are offered a full introduction to the work, history, values, methods and priorities of the charity and have an opportunity to gain hands on experience of the work of the organization.



## Organisation

The day to day operational management of the services rests with the Chief Executive who ensures that the charity delivers what is specified, maintains financial controls and achieves key performance indicators. The CEO is responsible for ensuring that the staff team receive supervision and appraisal and that they continue to develop their skills and working practices.

The charity works within the context of local and national priorities and policies. We are represented at local Acute Care Forums and a range of local mental health provider forums and within the arts and mental health sectors locally and nationally.

Signed on behalf of the Board

*Christopher R. Lam*

CHRISTOPHER LAM

Trustee

Dated

4/12/2023



## **SOUND MINDS**

### **Statement of Directors' Responsibilities**

The trustees are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the trustees to prepare accounts for each financial year. Under that law the trustees have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



## **SOUND MINDS**

### **Independent auditors' report to the shareholders of SOUND MINDS**

We have audited the accounts of SOUND MINDS for the year ended 31 March 2023 which comprise the Profit and Loss Account, the Balance Sheet and notes to the accounts, including a summary of significant accounting policies

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

#### **Respective responsibilities of directors and auditors**

As explained more fully in the Statement of Directors' Responsibilities, the directors are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

In accordance with the exemption provided by APB Ethical Standard - Provisions Available for Smaller Entities (Revised), we have prepared and submitted the company's returns to the tax authorities and assisted with the preparation of the accounts.

#### **Scope of the audit of the accounts**

A description of the scope of an audit of financial statements is provided on the APB's website at [www.frc.org.uk/apb/scope/private.cfm](http://www.frc.org.uk/apb/scope/private.cfm)

#### **Opinion on the accounts**

In our opinion the accounts:

- give a true and fair view of the state of the company's affairs as at 31 March 2023 and of its profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been prepared in accordance with the requirements of the Companies Act 2006.



## **SOUND MINDS**

### **Independent auditors' report to the shareholders of SOUND MINDS**

#### **Opinion on other matters prescribed by the Companies Act 2006**

In our opinion the information given in the Directors' Report for the financial year for which the accounts are prepared is consistent with the accounts.

#### **Matters on which we are required to report by exception**


We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the accounts are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the accounts and the directors' report in accordance with the small companies regime.

J A Brookfield  
(Senior Statutory Auditor)  
for and on behalf of  
Brookfield & Co  
Accountants and Statutory Auditors

18 Concanon Road  
London

SW2 5TA

  
8/12/23



**SOUND MINDS**  
**Statement of Financial Activities**  
**for the year ended 31 March 2023**

		<b>Restricted Funds</b>	<b>Unrestricted Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>
	<b>Notes</b>	<b>2023 £</b>	<b>2023 £</b>	<b>2023 £</b>	<b>2022 £</b>
<b>Incoming resources</b>					
<i>Incoming resources from generated funds:</i>					
Voluntary Income - Donations	6	-	45,175	45,175	6,824
Investment income		-	433	433	14
Activities for generating funds	5	-	28,264	28,264	18,660
<i>Incoming resources from charitable activities:</i>					
Grants	6	135,798	9,399	145,197	130,778
<b>Total Incoming Resources</b>		<b>135,798</b>	<b>83,271</b>	<b>219,069</b>	<b>156,276</b>
<b>Resources expended</b>					
Costs of generating funds		-	-	-	-
Charitable activities		135,798	86,040	221,838	151,796
Governance		-	3,400	3,400	2,737
<b>Total resources expended</b>	<b>7</b>	<b>135,798</b>	<b>89,440</b>	<b>225,238</b>	<b>154,533</b>
Net incoming resources expended for the Year		-	(6,169)	(6,169)	1,743
Transfers between funds		-	-	-	-
Funds brought forward		-	138,901	138,901	137,158
<b>Total Funds carried forward</b>		<b>-</b>	<b>132,732</b>	<b>132,732</b>	<b>138,901</b>



**SOUND MINDS**  
**Balance Sheet**  
**as at 31 March 2023**

	Notes	2023 £	2022 £
Tangible fixed assets	8	-	-
<b>Current assets</b>			
Debtors	9	30,401	27,722
Cash at bank and in hand		135,908	152,507
		<u>166,309</u>	<u>180,229</u>
<b>Creditors: amounts falling due within one year</b>	10	<u>(33,577)</u>	<u>(41,328)</u>
<b>Net current assets</b>		132,732	138,901
<b>Total assets less current liabilities</b>		<u>132,732</u>	<u>138,901</u>
<b>Funds of the Charity</b>			
Restricted Funds		-	-
General Funds		132,732	138,901
<b>Total Funds</b>	12	<u>132,732</u>	<u>138,901</u>

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

The notes on pages 14 to 18 form part of these accounts

Approved by the board on

4/12/2023

Trustee

Christopher R. Lam

CHRISTOPHER LAM



## Notes to the Accounts for the year ended 31 March 2023

### 1. Accounting Policies

The following accounting policies have been used consistently in dealing with items which are considered material in relation to the financial statements.

#### a) Basis of Preparation

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard) and all other applicable accounting standards, as modified by the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England and Wales, effective April 2005 (revised June 2008). The accounts have been drawn up in accordance with the provisions of the Charities (Accounts and Reports) Regulations 2008 and the Companies Acts, and includes the results of the charity's operations which are described in the Trustees' Report, all of which are continuing. In so far as the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England and Wales (revised 2008) requires compliance with specific Financial Reporting Standards, then these have been followed.

Advantage has been taken of Section 396(5) of the Companies Act 2006 to allow the format of the financial statements to be adapted to reflect the special nature of the charity's operation and in order to comply with the requirements of the SORP. The charity has taken advantage of the exemption in the FRSE from the requirement to produce a cash flow statement.

The financial statements are prepared, on a going concern basis, under the historical cost convention. The charity is entirely dependent on continuing grant aid and as a consequence the going concern basis is also dependent on continuing grant aid. The particular accounting policies adopted are set out below.

#### b) Restricted and Unrestricted Funds

The accounts distinguish between restricted and unrestricted funds. Restricted funds are received from donors and are subject to restrictions on the purposes for which they may be used. Unrestricted funds are those where there are no externally imposed restrictions. They include those freely available to the charity for expenditure or appropriation to reserves for internally designated purposes. Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

#### c) Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to specific categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- Investment income is included when receivable.
- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

#### d) Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity. All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis eg. floor areas, per capita or estimated usage

#### e) Tangible Fixed Assets

Fixed assets costing less than £1000 are written off in the year of acquisition and items costing in excess are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is calculated to write off the cost of fixed assets less their estimated residual value over their expected useful life on a reducing balance basis at the rate of 25% per annum.



**Notes to the Accounts**  
**for the year ended 31 March 2023**

**f) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

**g) Cash at bank and in hand**

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account..

**h) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**i) Pensions**

Contributions to employee pension schemes are in line with government legislation.

**Legal status of the Trust**

The trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

**2. Taxation**

Subject to agreement with the Inspector of Taxes, the company is exempt from the payment of any Taxes to the extent it is a registered charity and not liable for Income Tax or Corporation Tax on income derived from its charitable activities. The company does not have a liability to register for VAT.

**3 Surplus/( Deficit) for the period**

The surplus/(deficit) for the period is stated after charging:

	2023 £	2022 £
Depreciation	-	-
Audit and accountancy fees - Brookfield & Co	3,400	2,690

**4 Staff costs**

Staff costs were as follows

	2023 £	2022 £
Wages and salaries	129,922	90,647
Social Security costs	7,931	5,394
Sessional staff and other staff costs	5,950	1,580
	<u>143,803</u>	<u>97,621</u>

	2023 £	2022 £
Numbers of full time employees or full time equivalents	4.7	4.6

No employee had emoluments in excess of £60,000 (2022:Nil) Pension costs are allocated to activities in proportion to the related staffing costs incurred.

**5 Activities for generating funds**

	2023 £	2022 £
Performances	1,400	
Spot contracts/Personal budgets	12,852	9,745
Workshops and conferences	3,330	1,225
Other services	1,400	475
Other activities	9,282	7,215
	<u>28,264</u>	<u>18,660</u>



# Notes to the Accounts

for the year ended 31 March 2023

## 6 Voluntary Income - Grants and donations

	Restricted	Unrestricted	2023 Total	2022 Total
	£	£	£	£
<b>Grants</b>				
Wimbledon Foundation		9,399	9,399	-
Wandsworth Council - Arts Projects	1,950	-	1,950	1,922
City Bridge	15,150	-	15,150	15,000
Together	12,000	-	12,000	12,000
Momark - Canerows	40,785	-	40,785	18,223
Wandsworth Council - Capacity Building	1,814	-	1,814	-
NHS South West London ICB	58,927	-	58,927	58,567
LB Wandsworth - COVID	-	-	-	12,749
Civil Society Roots	4,172	-	4,172	-
Barings	-	-	-	9,000
Big Local SW11	1,000	-	1,000	3,317
	<u>135,798</u>	<u>9,399</u>	<u>145,197</u>	<u>130,778</u>
<b>Donations</b>				
Never too much	-	-	-	1,000
Battersea Methodist mission	-	5,000	5,000	-
Sophie Clark Foundation	-	13,047	13,047	-
Screwfix	-	4,835	4,835	-
JLL	-	5,000	5,000	-
Careys Foundation	-	3,750	3,750	-
Savills	-	5,000	5,000	-
CBRE	-	5,000	5,000	-
Other donations	-	3,543	3,543	5,824
	<u>-</u>	<u>45,175</u>	<u>45,175</u>	<u>6,824</u>

\*\*(Refer note 10 below for Voluntary Income received in 2021/22 but deferred to 2022/23)

## 7 Analysis of project, governance and support costs

	Basis of apportionment	Project expenses £	General support £	Governance Function £	2023 Total £
<b>Charitable activities</b>					
Pro rata staff					
Staff Costs	hrs by project	134,749	9,054	-	143,803
Project expenses	Per project	78,035	-	-	78,035
Depreciation	Core costs	-	-	-	-
		<u>212,784</u>	<u>9,054</u>	<u>-</u>	<u>221,838</u>
<b>Governance Costs</b>					
Statutory audit fee	Governance	-	-	3,400	3,400
Other governance costs		-	-	-	-
		<u>-</u>	<u>-</u>	<u>3,400</u>	<u>3,400</u>
		<u>212,784</u>	<u>9,054</u>	<u>3,400</u>	<u>225,238</u>

## 8 Tangible fixed assets

	Charity Equipment Total £
<b>Cost</b>	
Balance at 1 April 2022	46,704
Additions in the period	-
Balance at 31 March 2023	<u>46,704</u>
<b>Depreciation</b>	
Balance at 1 April 2022	46,704
Charge for the year	-
Balance at 31 March 2023	<u>46,704</u>
<b>Net Book Value</b>	
At 31 March 2023	-
At 31 March 2022	<u>-</u>

## 9 Debtors

	2023 £	2022 £
Trade debtors	12,714	19,247
Accrued Grant Income	17,687	8,475
	<u>30,401</u>	<u>27,722</u>



**Notes to the Accounts  
for the year ended 31 March 2023**

**10 Creditors: amounts falling due within one year**

	2023 £	2022 £
Deferred Income	20,111	33,463
Other accruals	11,020	5,387
Other taxes and social security costs	2,446	2,478
	<u>33,577</u>	<u>41,328</u>

	2023 £	2022 £
<b>Analysis of deferred Income by Funder</b>		
Wimbledon Foundation	10,196	
Art Studio Social Prescribing	3,987	
Capacity Building	5,601	
Civil Society Roots	327	
SWL STG		1,000
Momark		6,882
JLL		5,000
CBRE		5,000
Careys foundation		3,750
Paypal Giving		436
Arts fringe 22		1,560
Screwfix		4,835
Savills		5,000

<u>20,111</u>	<u>33,463</u>
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**11 Analysis of net assets between funds**

	Restricted Funds £	Unrestricted Funds £	Total Funds Funds £
Fixed assets	-	-	-
Current Assets	-	166,309	166,309
Current Liabilities	-	(33,577)	(33,577)
	<u>-</u>	<u>132,732</u>	<u>132,732</u>



**Notes to the Accounts**  
**for the year ended 31 March 2023**  
**12 Analysis of net assets between funds**

	At 1/4/22 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 31/3/23 £
<b>Restricted Funds:</b>					
City Bridge	-	15,150	15,150	-	-
Together	-	12,000	12,000	-	-
Momark - Canerows	-	40,785	40,785	-	-
Wandsworth Council - Arts Projects	-	1,950	1,950	-	-
Wandsworth Council - Capacity Building		1,814	1,814	-	-
NHS South West London ICB		58,927	58,927	-	-
Civil Society Roots		4,172	4,172	-	-
Big Local SW11		1,000	1,000	-	-
<b>Total Restricted Funds</b>	-	135,798	135,798	-	-
<b>Unrestricted Funds:</b>					
<b>Designated Funds</b>					
Premises Fund	20,000	-	-	-	20,000
Other unrestricted funds	118,901	83,271	89,440	-	112,732
<b>Total Unrestricted Funds</b>	138,901	83,271	89,440	-	132,732
<b>Total Funds</b>	138,901	219,069	225,238	-	132,732

**Restricted Funds are for the following purposes;**

**City Bridge**

To expand our arts and music services and facilitate a handover to the new Chief Executive

**Together**

One day per week user led drop in and social club

**Momark - Canerows**

A peer support, training and consultation project

**Wandsworth Council - Arts Projects**

Arts Project

**Wandsworth Council - Capacity Building**

Grant from Wandsworth Council to support our infrastructure and capacity to deliver ongoing cost of living interventions.

**NHS South West London ICB**

Peer support for Wandsworth residents when they leave hospital

**Civil Society Roots**

A development project, funded by City Hill, to employ an Agent for Change to work with BAME service users in Wandsworth.

**Big Local SW11**

Refurbishment of premises

**13 Related party transactions and trustees' remuneration**

Trustees received no emoluments (2022 £nil). No expenses were paid in the period (2022 £nil).