

CARLISLE DIOCESE MOTHERS' UNION

REPORT AND CONSOLIDATED ACCOUNTS  
FOR THE YEAR ENDED  
31ST DECEMBER 2023

Registered Charity No. 1078251

Contents:

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Consolidated Statement of Financial Activities

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The Diocesan President, Vice Presidents and Unit Co-ordinators are elected by members of the Diocesan Council by simple majority.

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Cumberland Building Society, Carlisle CA3 0JF

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In order to carry out this aim the objects of the Mothers' Union are:

To uphold Christ's teaching on the nature of marriage and to promote its wider understanding.

To encourage parents to bring up their children in the faith and life of the Church.

To maintain a world-wide fellowship of Christians united in prayer, worship and service.

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To help those whose family life has met with adversity.

Membership is open to all who have been baptised in the name of the Holy Trinity and who declare their support for the aims and objects of the Mothers' Union.

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They shall debate, consider and determine all matters of policy and strategy to be effected on behalf of Carlisle Diocese Mothers' Union.

They shall manage and supervise the finances of the charity and and review & evaluate it's work.

They shall receive, consider and respond to all resolutions received from the Diocesan Council.

Procedures are in place for the regular training of Trustees to ensure good practice and awareness of their responsibilities. Training is also given to Deanery and Branch officers at regular intervals.

#### Reserves Policy

The Trustees have reviewed the Unrestricted Reserves of the charity. This review has considered the nature of the income and expenditure streams and the need to match variable income with fixed expenditure commitments. The review has concluded that to allow the charity to be managed efficiently reserves should be kept at a level which equates to approximately 12 months of charitable expenditure.

#### Organisation

Carlisle Diocese Mothers' Union is autonomous and is one of the federated Mothers' Union Charities in the British Isles. As such it operates in conjunction with the central charity of the Mothers' Union based at Mary Sumner House, 24 Tufton Street, London. SW1P 3RB.

## Review of the Year.

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To enable all members to be informed, a newsletter is produced and distributed 3 times a year. During 2023 the Trustees met 4 times and the Council met twice - all meetings were face to face. There was also a face to face Sharing Day held in May 2023. This included a presentation from Adam Sach of M.S.H.

The General Meeting of the Mothers Union was held in York in September and attended by several members.

## Ongoing Projects :

Away from it All (AFIA) : During 2023 CDMU teamed up with Time to Change (Women out West) and hired a caravan at Seacote Holiday Park, St Bees. The caravan was offered to families who would otherwise not be able to afford a break. This venture has been well supported and the intention is to continue this in 2024. AFIA also supported 2 other families with adversities providing them with short breaks / days out. AFIA can also provide breaks for carers.

Hospital Work : Providing garments for stillborn and premature babies; the provision of "Crosses in a Pocket" placed in the chapels to comfort those in trouble. The MUFFIN project provides toiletries for people admitted unexpectedly into hospital, refuges and hostels.

## Links with Schools.

During the year CDMU provided "welcome bags" for parents/ carers of new school starters. Some members were also involved in the "Open the Book" project which aims to bring the Bible stories alive for children, as well as in other Christian activities.

## Advocacy.

During 2023 links have been strengthened with several refuges and hospices providing "bags of care" and "Gifts of love".

Prison Work - Sadly, since the Visitors and Children's Support group of Haverigg Prison folded in November 2022, MU members have no longer been able to volunteer in the Play Area.

Efforts were still made to retain a contact with the prison in order to provide Christmas cards for prisoners.

The Trustees have considered the requirements of the Charity Commission regarding public benefit and are satisfied that the activities of Carlisle Diocese Mothers' Union meet these requirements.

## **Independent examiner's report to the trustees of Carlisle Diocese Mothers' Union**

I report to the trustees on my examination of the accounts of Carlisle Diocese Mothers' Union (the Charity) for the year ended 31 December 2023.

### **Responsibilities and basis of report**

As the trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Name: Mr William Douthwaite**

**Address: Tidal Views, Heversham. Milnthorpe. LA7 7EW**

**Date: 16th July 2024**

# Carlisle Diocesan Mothers' Union

## Consolidated Statement of Financial Activities for the year to 31st December 2023

### INCOME

#### Voluntary Income.

	2023		2022	
	£	£	£	£
Subscriptions and Levies	18,294		19,557	
Donations & Legacy	2,111		4,703	
Gift Aid recovered	0		0	
Special Events inc Summer of Hope	7,925		9,056	
Income from Meetings	<u>3,709</u>	32,039	<u>3,603</u>	36,919

#### Income from Trading Activities

Turnover grant from MSH (2022 = 2 yrs)		742		1,283
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#### Other Income

Investment Income		999		284
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#### TOTAL INCOME

**33,781**

**£38,486**

### EXPENDITURE

#### Payments to Central Mothers' Union

Membership Subscriptions	16,400		17,108	
Donations to Mary Sumner House	30		721	
Overseas Fund	1,590		1,741	
Summer of Hope	294		253	
		18,314		19,822

#### Administration & Training

Conference & Training Days	164		90	
Meeting Costs	2,494		3,578	
Insurance (2022 = 2 years)	450		880	
Office Holder Expenses	4,313		4,159	
Speakers Fees & Expenses	<u>1,285</u>	8,705	<u>1,181</u>	9,888

#### Other Expenses

AFIA support			793	
Communication & Printing	2,908		1,893	
Project Support	6,266		2,907	
CDMU Website	0		800	
DBS Registration	145		145	
Branch & Deanery Admin Exps	2,127	11,447	2,867	9,405

#### TOTAL EXPENDITURE

**38,466**

**£39,115**

#### NET INCOME/ (EXPENDITURE)

**-4,685**

**-£629**

#### General Funds B/fwd

**57,644**

**£58,273**

#### General Funds C/fwd

**52,959**

**£57,644**

**Carlisle Diocesan Mothers' Union**  
**Consolidated Balance Sheet as at 31st December 2023**

	<u>2023</u>		<u>2022</u>	
<b>General Fund</b>	£	£	£	£
CBF Deposit Account		22,047		22,047
Cash at Bank - Diocesan Account	18,736		18,063	
Cash at Bank - Branches	11,146		12,402	
Cash at Bank - Deaneries	<u>1,029</u>	30,912	<u>5,132</u>	35,597
<b>TOTAL FUNDS (as per I&amp;E)</b>		<b><u>£52,959</u></b>		<b><u>£57,644</u></b>
<b>Restricted Fund (One to Five Activities)</b>				
Opening Balance		15,180		16,016
Less: 1 to 5 Grants and Expenses		-200		-397
Add : Investment Income		369		150
Share valuation increase/ (decrease)		415		-589
Closing Balance		<b><u>£15,764</u></b>		<b><u>£15,180</u></b>
Represented by:				
CBF Deposit Account		11,895		11,525
CBF Investment Fund		4,831		4,416
Diocesan Current Account		-962		-762
		<b><u>£15,764</u></b>		<b><u>£15,180</u></b>
<b>AFIA (Away from it All) Fund</b>				
Opening Balance Adjustment (Lloyds Bank)		3,699		
Donations and Legacies (incl Caravan)		4,361		
Caravan Expenditure		-2,198		
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Closing Balance		<b><u>£5,412</u></b>		
Represented by:				
Lloyds Current a/c		5,456		
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**Date: xxxxx 16/07/2024**