

**Registered Charity Number: 1078082**  
**Registered Company Number: 03863341**

**YMCA YORK AND EAST RIDING**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**ANNUAL REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2025**

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**Legal and administrative information**

<b>Trustees</b>	R W Wakefield C Berens T A Cauthorn
<b>Independent Examiners</b>	UHY Hacker Young 14 Park Row Nottingham NG1 6GR
<b>Bankers</b>	HSBC UK Bank PLC East Midlands Commercial Centre Donnington Court Pegasus Business Park Herald Way Castle Donnington Leicestershire DE74 2BU
<b>Registered Office</b>	16 St. James’s Street Nottingham NG1 6FG
<b>Company Registration</b>	03863341
<b>Charity Registration</b>	1078082

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**THE REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

The Trustees present their annual report and financial statements for the year ended 31 March 2025. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued October 2019 (second edition)".

**Charity Information**

The full name of the charity is YMCA York and East Riding. The legal registration details are :-

Date of Incorporation	21 October 1999
Charity Registration Number	1078082
Company Registration Number	03863341
Registered office	16 St. James's Street, Nottingham. NG1 6FG

A full list of Trustees can be viewed on the legal and administrative information page (page 3).

**2024/2025 Strategic Intent**

Everyone deserves a fair chance to discover who they are and what they can become. YMCA York and East Riding, sitting as part of the wider YMCA Robin Hood Group and YMCA England and Wales federation, our work is guided by this fundamental belief and is shaped in response to the needs of our local communities.

Our strategy – shared with YMCA Robin Hood Group - centres the experiences and opportunities for children, young people and their families. The services we facilitate are in direct reflection of the varied backgrounds and challenges young people within our community face.

We believe in opportunity for all, a belief we share wholeheartedly as federated member and part of the global YMCA movement, now over 180 years in the making.

These beliefs have driven a strategy for our YMCA that is based in the hope and unwavering ambition that all children and young people in our region will one day have a fair chance to life-shaping opportunities.

**A. Local Need**

The region we serve is a vibrant hub of diverse cultures, experiences, identities, needs and financial backgrounds. No two families are alike, and in some areas, this means significantly disparate access to opportunities, even between children living in neighbouring postcodes.

**B. Our North Star**

In June 2024, we and the wider group launched our North Star mission across the organisation to unite our diverse services under a shared ambition and language of positive social change for children and young people

**Our North Star statement is:** We work relentlessly to ensure all children and young people have the developmental relationships and close connections that help them discover who they are, develop the strengths and abilities to shape their own lives, and learn how to engage with and contribute to the world around them.

Our North Star statement weaves together the threads that are fundamental to the work we do at YMCA. No matter where a young person starts from, it promises to meet them where they are to help them build a positive future.

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**THE REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

Throughout this year, we have worked hard to embed the North Star direction into all we do, empowering our staff team to deliver services driven by impact and outcomes for those we support beyond all else.

**C. Developmental Assets and Relationships**

At the core of our North Star sits a research-backed youth development framework that guides how we structure and craft our services for young people. Insights from a decade of research from the Search Institute show that a child's likelihood of a happy, healthy future significantly increases when they are supported by the community around them to build positive personal competencies and behaviours.

Broadly, these qualities can be categorised into External Assets (those gained from positive experiences and support systems in a child's environment), and Internal Assets (the internal values and skills that guide a child's behaviours). Within this, there are eight sub-categories, and 40 individual assets.

External Assets

- Support
- Empowerment
- Boundaries & expectations
- Constructive use of time

Internal Assets

- Commitment to learning
- Positive values
- Social competencies
- Positive identity

Supporting the assets are a set of Developmental Relationships – characteristics of positive relationships that best support children to build their strengths and abilities:

- Express Care
- Challenge Growth
- Provide Support
- Share Power
- Expand Possibilities

Despite the disparity of experiences amongst children and young people in our region, development of these assets can help each of them discover and fulfil their potential. Our programmes and services are crafted by design to be grounded in these principles and support all young people holistically and equitably.

Developmental Assets and Relationships are the foundation to which the 'how' of our North Star becomes action.

**D. Our Approach**

With consideration to our community's diverse experiences, purposeful integration of the North Star mission to all our programming acts as a golden thread between the work at YMCA York and East Riding with that of the wider YMCA Robin Hood Group.

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## THE REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025 (continued)

To holistically support our community, our shared strategies split into two core directives.

### 1. Respond

Dedicated provision for those whose wellbeing is at immediate risk.

This includes support for vulnerable children and young people, who require specialist services to protect their immediate safety, accompanied by longer-term pathways to independence and stability.

This is largely supported through our work with YMCA Robin Hood Group in **Supported Housing**, as well as services delivered by the wider Group such as **Children's Residential Services**. These provide trauma-informed intervention, support and housing for young people and children most at risk.

### 2. Prevent

Activities with a long-term view of positive social change, through developing young people and communities.

#### **Community and Activity Village**

A home to YMCA Robin Hood Group's Prevent strategy at work, the Village in Newark provides an abundance of opportunity for the whole community. Programming supports Health and Wellbeing, Training and Education, Family and Youth Work, plus Business and Hospitality.

#### **Children, Youth and Families**

A blend of services for children and young people from ages 0-17. These services connect models of positive youth development and developmental assets and relationships to create a web of support for young people, equipping them to thrive as they get older.

#### **Hospitality**

Centres of community connection, our hospitality services and community spaces facilitate preventative programming from both YMCA and community partners and value-based organisations.

### **E. Our work**

Specifically at YMCA York and East Riding, our vision is to be the provider of choice for young people seeking safe quality supported accommodation as a stepping stone to independence and to be the best they can be.

Therefore, we will target homes for the cohort of 16 to 24 year olds to be able to live an independent life yet be supported to realise their full potential through education, training, employment and support (health and wellbeing). YMCA York and East Riding will work hard to establish good work relationships with the local authorities and partners to address the needs of such young people.

The aim is to target areas of deprivation and expand our services by additional supported bedspaces plus the associated community employment and engagement in these neighbourhoods. Our unique ability to supplement the benefits systems with additional funding through charitable causes enables us to guide individuals through their journey to becoming good contributing members of their communities.

#### Review of the year

This year, YMCA York and East Riding has worked closely with local authorities and partners to address the needs of young people within our community. Aligned with our North Star mission and strategic Prevent directive, the service has successfully secured several grants, enhancing our capacity to support young people affected by homelessness.

Over several properties, YMCA has capacity to provide 69 temporary supported bedspaces in the area, supporting those in our care with a safe home and dedicated pathways to independence.

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**THE REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

Whilst no direct trading was undertaken, all activities were carried out by YMCA Robin Hood Group in collaboration with the Charity.

Supported Housing

Over the past year, our Supported Housing provision has remained focused on providing high standards of care and support for those experiencing homelessness in the communities we serve.

We are proud that our combined services and outcomes with YMCA Robin Hood Group this year, demonstrated a 77.10% positive move-on rate, which is an over 5% improvement compared to last year's milestone high. "Positive Move-Ons" are one of our most valued measures of success, with each person it represents being a someone impacted by homelessness who now has transitioned to a life of independence.

Figures like this are not just captivating numbers, they are a clear demonstration of the fantastic work of our teams, and the ever-inspiring resilience and determination we see in the young people we support, no matter the challenges they face.

Building Skills, Relationships and Belonging

Committed to our North Star mission, our Supported Housing department worked closely with the young people this year to ensure an abundance of opportunities and experiences were in place to strengthen their support plans, build positive relationships and grow their own skills and abilities.

Residents have been able to experience a huge number of activities, such as creative projects, physical exercise and collaborative DIY projects to personalise and improve their own spaces.

Crucially, our Supported Housing teams have gone above and beyond to ensure our services are welcoming, supportive and embracing of the vibrant mix of cultures that makes up our community. Young people are empowered to feel proud of their identity, and to share their culture enthusiastically, through creating and sharing traditions around key times of the year, such as Christmas and Eid.

Co-Creation

Following on from the development of our Tenant Involvement and Empowerment strategy last year, active participation of young people remains core to our work as practitioners and within policy.

A highlight this year was the transformation of our Goole communal spaces, designed and delivered with residents' input. With a £1,500 budget, young people chose colours, furniture, flooring, and accessories, ensuring the space reflected their needs and preferences.

Teams of B&Q volunteers worked alongside residents and our maintenance team to bring the vision to life. Over two days, they repainted, refinished, built furniture, installed new worktops, and added art deco wall features and soft furnishings to create a welcoming, modern, and homely environment. Beyond the physical transformation, one resident who supported the project secured a part-time job with B&Q, demonstrating the wider opportunities such partnerships can create.

Quality

Our focus on the impact and quality of our services has also continued to be a major priority throughout 2024-2025. Among other activity, Homelessness Link was commissioned to review our trauma-informed approaches, identifying strengths and areas for development to inform future action planning. Alongside this, all staff received training on strength-based language, ensuring our support empowers young people to reflect on challenges, learn from experiences, and find positive new ways of managing situations.

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## THE REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025 (continued)

The quality of our work has also been recognised externally. In October 2024, the YMCA Goole team was nominated for North Yorkshire Council's Care Leaver Champion Awards and were proud to win at the celebration event held at York University. Three young residents attended the day, taking part in activities and joining the celebrations. The award now takes pride of place in our Goole office, a testament to the amazing support provided to the young people in their homes.

### Structure, Governance and Management

#### Governing document

YMCA York and East Riding is a charitable company limited by guarantee which was incorporated on 21 October 1999, and registered as a charity on 5 November 1999. The company was established under a memorandum of association which established the objects of the charitable company and is governed by its articles of association.

#### Appointment of the Board of Trustees

The Directors of YMCA York and East Riding are also charity trustees for the purpose of charity law and under YMCA York and East Riding's articles are known as the Board of Management.

The trustees who served during the year are noted on the charity information page at the front of the financial statements.

#### Trustee induction and training

Trustees are encouraged to attend appropriate external training courses that appertain to their role. In addition, they are expected to help YMCA York and East Riding and be aware of policies and procedures that we adhere to.

#### Organisation

The Board of Management meets up to four times a year. YMCA Robin Hood Group may be called on for advice and assistance.

#### Risk management

The trustees actively review the major risks which the charity faces on a regular basis, and believe that adequate systems are in place to reduce/mitigate significant operational and business risks.

#### Going Concern

The Board Members consider it appropriate to adopt the going concern basis of accounting in preparing the financial statements.

YMCA Robin Hood Group have provided a parental guarantee for the company for the reporting period.

### Financial Review

#### Reserves Policy

The trustees have established that going forward a reserve policy of maintenance of funds to cover three months expenditure would be appropriate as a minimum. This position will be reviewed by the Trustees annually to reflect any change in the charity's circumstances. Reserves are currently above this level, so will be managed down over time.

#### Future Plans

The charity aims to focus delivery on projects supporting young and vulnerable people in the local community.



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**THE REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

**Risk Review**

A risk register is in place which is reviewed by the board on an annual basis. Key risks faced by YMCA York and East Riding are external (loss of funding and cash flow exposure), and internal (health and safety of staff, volunteers and clients).

**Public Benefit**

The trustees have given due consideration to the Charity Commissions Guidance on the operation of the Public Benefit requirement. The charity aims to meet the needs of young and vulnerable people of East Riding. Work is targeted to the most deprived areas, areas of low educational achievement, high levels of anti-social behavior and crime.

**Responsibilities of the Trustees**

The Trustees are responsible for preparing the Annual Report and the Financial Statements in accordance with the Companies Act 2006, and for being satisfied that the financial statements give a true and fair view. The Trustees are also responsible for preparing financial statements in accordance with United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources including income and expenditure for the financial year. In preparing those financial statements, the Trustees are required to:

Select suitable accounting policies and then apply them consistently;

- Observe the methods and principles in the Charities SORP (FRS102);
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue on that basis.

The trustees are responsible for maintaining adequate accounting records which show and explain the Charity's transactions with reasonable accuracy at any time, the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as we are aware:

- There is no relevant information of which the charitable company's independent examiner are unaware of; and
- We have taken all the steps that we ought to have taken to make ourselves aware of any relevant audit

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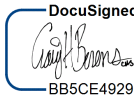
**THE REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

**Transactions and financial position**

The Statement of Financial Activities shows a deficit for the year on unrestricted funds of £60 (2024 - (£1,332)) and a deficit of £28,138 (2024 - Surplus of £2,358) on restricted funds.

The reserves at the year-end stand at £79,836 (2024 - £108,034).

This report was approved by the Board and signed on their behalf by:

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C Berens  
Date: 05-12-25



## **Independent Examiner's Report to the Trustees of YMCA York and East Riding**

I report to the trustees on my examination Of the accounts Of company year ended 31 March 2025 which are setout on pages 12 to 20.

### **Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company Law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect Of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the giving cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not company with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in to enable a proper understanding of the accounts to be reached.

Signed:

Signed by:  
  
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**David Allum FCCA**

**For and on behalf of UHY Hacker Young  
Chartered Accountants**

## YMCA YORK AND EAST RIDING

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**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the year ended 31 March 2025**

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
<b>Income</b>					
Income from Charitable Activities	2	51,938	23,800	75,738	5,000
<b>Total Income</b>		<u>51,938</u>	<u>23,800</u>	<u>75,738</u>	<u>5,000</u>
<b>Expenditure</b>					
Expenditure on Charitable Activities	3	(51,998)	(51,938)	(103,936)	(3,974)
<b>Total Expenditure</b>		<u>(51,998)</u>	<u>(51,938)</u>	<u>(103,936)</u>	<u>(3,974)</u>
<b>Net Income/(Expenditure)</b>		<u>(60)</u>	<u>(28,138)</u>	<u>(28,198)</u>	<u>1,026</u>
<b>Total funds brought forward</b>		57,869	50,165	108,034	107,008
<b>Net movement in funds</b>		(60)	(28,138)	(28,198)	1,026
<b>Total funds carried forward</b>	10	<u>57,809</u>	<u>22,027</u>	<u>79,836</u>	<u>108,034</u>

Income and expenditure relate to both restricted and unrestricted activities derived from continuing activities.

## YMCA YORK AND EAST RIDING

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**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the year ended 31 March 2024**

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
<b>Income</b>					
Income from Charitable Activities		-	5,000	5,000	44,669
<b>Total Income</b>		-	5,000	5,000	44,669
<b>Expenditure</b>					
Expenditure on Charitable Activities		(1,332)	(2,642)	(3,974)	(2,343)
<b>Total Expenditure</b>		(1,332)	(2,642)	(3,974)	(2,343)
<b>Net Income/(Expenditure)</b>	2	(1,332)	2,358	1,026	42,326
<b>Total funds brought forward</b>					
		59,201	47,807	107,008	64,682
<b>Net movement in funds</b>		(1,332)	2,358	1,026	42,326
<b>Total funds carried forward</b>		57,869	50,165	108,034	107,008

Income and expenditure relate to both restricted and unrestricted activities derived from continuing activities.

**Company Number: 03863341****BALANCE SHEET AS AT 31 March 2025**

	Notes	2025		2024	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible fixed assets	7	-		-	
Investments	8	<u>50,000</u>		<u>50,000</u>	
			50,000		50,000
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		<u>88,298</u>		<u>64,558</u>	
			88,298		64,558
<b>CURRENT LIABILITIES</b>					
Amounts falling due within one year	9	<u>(58,462)</u>		<u>(6,524)</u>	
			(58,462)		(6,524)
<b>TOTAL ASSETS LESS TOTAL LIABILITIES</b>			<u><u>79,836</u></u>		<u><u>108,034</u></u>
<b>FUNDS</b>					
Unrestricted revenue accumulated funds			57,809		57,869
Restricted revenue accumulated funds			22,027		50,165
<b>TOTAL FUNDS</b>	10		<u><u>79,836</u></u>		<u><u>108,034</u></u>

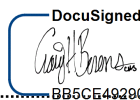
For the year ending 31 March 2025, the company was exempt from audit under section 479A of the Companies Act 2006 relating to subsidiary companies.

Directors' responsibilities:

- the members have not required the company to obtain an audit of its accounts for the year in questions in accordance with section 476;
- the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of the accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The financial statements were approved and authorised for issue by the Board of Trustees and signed on their behalf by:

DocuSigned by:  
  
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**C Berens**

**Group CEO**

**Date:** 05-12-25

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**NOTES FORMING PART OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

**1. ACCOUNTING POLICIES**

**Basis of preparation**

YMCA York and East Riding is a company limited by guarantee, registered in England. The address of the registered office is given in the charity information on page 1 of these financial statements.

YMCA York and East riding is a Public Benefit Entity as defined by FRS 102. The financial statements have been prepared in accordance with the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued October 2019 (second edition)".

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The financial statements are prepared under the historical cost convention

**Going Concern**

The Trustees make an assessment each year, in respect of a period of one year from the date of the approval of the financial statements, whether there any material uncertainties related to events or conditions that may cast significant doubt on the ability of the trust to continue as a going concern and therefore whether the use of going concern is appropriate.

The Trustees continue to adopt the going concern basis in preparing the financial statements.

**Incoming resources**

All incoming resources are included in the Statement of Financial Activities when receipt is probable or more likely than not to be received, and the amount can be quantified with reasonable accuracy.

**Grants receivable**

Grants are included in the Statement of Financial Activities when the conditions for receiving the grant have been met.

Where performance criteria is not yet met, grant income is deferred until such time as criteria is achieved.

**Resources expended**

All expenditure is accounted for on an accruals basis, and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with use of the resources.

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)**

**1. ACCOUNTING POLICIES (continued)**

**Funds**

Unrestricted funds are incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets this criteria is charged to the fund, together with a fair allocation of management and support costs.

**Fixed assets and depreciation**

Tangible fixed assets are stated at cost less depreciation. Depreciation has been provided at the following rates in order to write off the assets (less their estimated residual value) over their useful economic lives:

Fixtures and fittings: 10% straight line

**2. INCOME FROM CHARITABLE ACTIVITIES**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Unrestricted income	51,938	-
Restricted income	23,800	5,000
<b>Total income</b>	<b>75,738</b>	<b>5,000</b>



**NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)****3. TOTAL EXPENDITURE**

	<b>Unrestricted 2025 £</b>	<b>Restricted 2025 £</b>	<b>Total 2025 £</b>	<b>Total 2024 £</b>
<b>Activities to further objectives</b>				
Project expenses	50,603	51,938	102,541	3,974
Other expenses	1,395	-	1,395	-
<b>Total resources expended</b>	<b>51,998</b>	<b>51,938</b>	<b>103,936</b>	<b>3,974</b>

**4. NET INCOME/EXPENDITURE**

Net income/expenditure is stated after charging:

	<b>2025 £</b>	<b>2024 £</b>
Independent Examiners' Fees	1,395	1,271

The fee above has been paid by the parent entity, YMCA Robin Hood Group.

**5. EMPLOYEES AND DIRECTORS**

<b>Average employee numbers</b>	<b>2025</b>	<b>2024</b>
Average number of employees employed by the charity	3	3

No trustees received remuneration or expense payments during the year

**6. TAXATION**

Taxation is not provided on the grounds that Part 11 of the Corporation Tax Act 2010 applies (tax exemption for charitable companies).

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**NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)**

**7. TANGIBLE FIXED ASSETS**

	<b>Fixtures and fittings £</b>
<b>Cost</b>	
As at 1 April 2024	23,470
As at 31 March 2025	<u>23,470</u>
<b>Accumulated depreciation</b>	
As at 1 April 2024	23,470
As at 31 March 2025	<u>23,470</u>
<b>NBV at 31 March 2025</b>	<u><u>-</u></u>
<b>NBV at 31 March 2024</b>	<u><u>-</u></u>

**8. INVESTMENTS**

	<b>2025 £</b>	<b>2024 £</b>
Bonds	<u>50,000</u>	<u>50,000</u>

An unsecured fixed rate bond for £50,000 was obtained from YMCA Robin Hood Group. The bond is repayable in full by YMCA Robin Hood Group on 7 January 2027.

**9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2025 £</b>	<b>2024 £</b>
Accruals	1,271	1,271
Related party creditors	57,191	5,253
	<u>58,462</u>	<u>6,524</u>

# NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)

## 10. ANALYSIS OF FUNDS

	At 31 March 2023	Incoming Resources	Outgoing Resources	At 31 March 2024	Incoming Resources	Outgoing Resources	Transfers	At 31 March 2025
	£	£	£	£	£	£	£	£
<b>Unrestricted</b>								
General reserve	59,201	-	(1,332)	57,869	51,938	(51,998)	-	57,809
<b>Restricted</b>								
Awards for All	18,770	-	-	18,770	19,840	- 20,543	-	18,067
The National Lottery Community Fund	10,000	-	-	10,000	-	- 10,000	-	-
B&Q Foundation	4,037	-	-	4,037	-	- 4,037	-	-
The Scurrah Wainwright Charity	5,000	-	-	5,000	-	- 5,000	-	-
The Liz and Terry Bramall Foundation	10,000	-	-	10,000	-	- 10,000	-	-
The Haremead Trust	-	5,000	(2,642)	2,358	-	- (2,358)	-	-
Sainsbury's Good food for all of us 2024-25'	-	-	-	-	1,500	-	-	1,500
'Groundwork Comic Relief Community Fund'	-	-	-	-	2,460	-	-	2,460
	47,807	5,000	(2,642)	50,165	23,800	(51,938)	-	22,027
<b>Total reserves</b>	<b>107,008</b>	<b>5,000</b>	<b>(3,974)</b>	<b>108,034</b>	<b>75,738</b>	<b>(103,936)</b>	<b>-</b>	<b>79,836</b>

### Restricted Reserves

Income receivable with restrictive conditions accounted for, in accordance with latest SORP recommendations, within a restricted fund.

### Awards for All

We were awarded a further Awards for All grant of £10K for a life-skills programme, supporting our residents to develop core skills from communication through to team work through a series of outdoor education challenges. They were also given a unique opportunity to embark on a Tall Ships experience, putting their newfound skills into good use whilst navigating the waters around the British coast with their peers from other YMCAs. This project was delayed due to the Covid pandemic and is anticipated to be fully utilised in the subsequent financial year.

### The National Lottery Community Fund

We were awarded a grant from The National Lottery Community Fund which helps the company meet the cost of the counsellor, with detailed knowledge and experience of childhood trauma, who provides interventions for young people aged between 16 - 25 years old living at the hostel. The funding also enables the charity to employ an engagement worker for 1 day a week who works with the young people at the hostel to improve their motivation, health and key skills.

### B&Q Foundation

Thanks to a very generous grant from the Foundation, we were able to install a secure bike storage facility and purchase new bicycles for our residents. This has enabled them to access new opportunities in training and education, and develop healthier lifestyles.

### Scurrah Wainwright

This funding provided support to young homeless people (16-25) with mental health conditions such as anxiety and depression, to develop resilient, transferable life skills through a Trauma Informed Counsellor and a programme of positive activity. By moving to a Trauma Informed Approach (TIA) our impact with residents will improve and ultimately, help them find their way to full independence more effectively. We plan to introduce a part time Counselling role to the service for 2-years (or 1-year) that will form part of our future core offering.

### Groundwork Comic Relief Community Fund

The charity received a grant from the Groundwork Comic Relief Community Fund to support local community initiatives. The funds were used in accordance with the grant terms to deliver targeted activities benefiting disadvantaged groups.

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**NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)****10. ANALYSIS OF FUNDS (continued)****Liz and Terry Bramall**

This funding provided valuable support for young homeless people (16-25) with mental health conditions such as anxiety and depression, to develop resilient, transferable life skills through a Trauma Informed Counsellor and a programme of positive activity. By moving to a Trauma Informed Approach (TIA) our impact with residents will improve and ultimately, help them find their way to full independence more effectively. We plan to introduce a part time Counselling role to the service for 2-years (or 1-year) that will form part of our future core offering.

**Haremead Trust**

The charity was awarded a grant to meet the cost of counselling services provided to young residents of our Hostel and transitional homes in the area. The aim of the program is for residents to achieve better outcomes as they progress through our service in their journey towards independence.

**Sainsbury's 'Good food for all of us'**

Through the support of Sainsbury's "Good Food for All of Us" grant, we were able to expand our efforts to tackle food poverty in our community. The funding enabled us to provide nutritious meals, run cooking workshops, and improve access to essential food supplies for vulnerable individuals and families.

**11. TRUSTEES REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025, nor for the year ended 31 March 2024.

There were no trustees' expenses paid for the year ended 31 March 2025, nor for the year ended 31 March 2024.

**12. RELATED PARTY TRANSACTIONS****YMCA Robin Hood Group**

During the year, YMCA Robin Hood Group, a related charity through common management, paid for expenses on behalf of YMCA York and East Riding totalling £nil (2024 - £3,852). At the year end, a balance of £57,191 (2024 - £5,253) was owed to YMCA Robin Hood Group.

The company also hold a £50,000 (2024 - £50,000) bond investment in YMCA Robin Hood Group. In the year ended 31 March 2025 and 31 March 2024 the company waived all interest payments due to it in respect of the bond.

**13. MEMBERS**

The Charity is incorporated as a company limited by guarantee having no share capital and, in accordance with the Memorandum of Association, every member is liable to contribute a sum of not more than £1 in the event of the Association being wound up. At 31 March 2025 there were 3 (2024 - 3) members.