

Registered Charity Number: 1078082
Registered Company Number: 03863341

**YMCA YORK AND EAST RIDING
(A COMPANY LIMITED BY GUARANTEE)
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**



YMCA YORK AND EAST RIDING

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YMCA YORK AND EAST RIDING

Legal and administrative information

| | |
|------------------------------|---|
| Trustees | R W Wakefield C Berens I A Cauthorn |
| Independent Examiners | UHY Hacker Young 14 Park Row Nottingham NG1 6GR |
| Bankers | HSBC UK Bank PLC East Midlands Commercial Centre Donnington Court Pegasus Business Park Herald Way Castle Donnington Leicestershire DE74 2BU |
| Registered Office | 16 St. James's Street Nottingham NG1 6FG |
| Company Registration | 03863341 |
| Charity Registration | 1078082 |

YMCA YORK AND EAST RIDING

THE REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

Charity Information

The full name of the charity is YMCA York and East Riding. The legal registration details are :-

| | |
|-----------------------------|--|
| Date of Incorporation | 21 October 1999 |
| Charity Registration Number | 1078082 |
| Company Registration Number | 03863341 |
| Registered office | 16 St. James's Street, Nottingham. NG1 6FG |

Objectives and Activities

The charitable objects of YMCA York and East Riding are:

- to unite those who, regarding Jesus Christ as their Saviour according to the Holy Scriptures, desire to be his disciples in their faith and to associate their efforts for the extension of His Kingdom;
- to lead young people to the Lord Jesus Christ, and to fulness of life in Him;
- to provide residential accommodation for persons aged 16 - 25 years who are in need, hardship or distress, by reason of their social, physical or economic circumstances;
- to provide or assist in the provision of education for persons of all ages, with the object of developing their mental, physical or spiritual capacities;
- to provide or assist in the provision, in the interests of social welfare, of facilities for recreation and other leisure time occupation for men and women with the object of improving their conditions of life.

Supported Housing

The vision for York and East Riding is to be the provider of choice for young people seeking safe quality supported accommodation as a stepping stone to independence and to be the best they can be. Therefore, we will target homes for the cohort of 16 to 24 year olds to be able to live an independent life yet be supported to realise their full potential through education, training, employment and support (health and wellbeing). YMCA York and East Riding will work hard to establish good work relationships with the local authorities and partners to address the needs of such young people. The aim is to target areas of deprivation and expand our services by additional supported bedspaces plus the associated community employment and engagement in these neighbourhoods. Our unique ability to supplement the benefits systems with additional funding through charitable causes enables us to guide individuals through their journey to becoming good contributing members of their communities.

Review of the year

The charity has undertaken no trading during the year. It has been successful in being awarded a number of grants that were commenced during the year but were undertaken by YMCA Robin Hood Group on the charity's behalf.

YMCA YORK AND EAST RIDING

THE REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023 (continued)

Structure, Governance and Management

Governing document

YMCA York and East Riding is a charitable company limited by guarantee, incorporated on 21 October 1999, and was registered as a charity on 5 November 1999. The company was established under a memorandum of association which established the objects of the charitable company and is governed by its articles of association.

Appointment of the Board of Trustees

The Directors of YMCA York and East Riding are also charity trustees for the purpose of charity law and under YMCA York and East Riding's articles are known as the Board of Management.

The trustees who served during the year are noted on the charity information page at the front of the financial statements.

Trustee induction and training

Trustees are encouraged to attend appropriate external training courses that appertain to their role. In addition, they are expected to help YMCA York and East Riding and be aware of policies and procedures that we adhere to.

Organisation

The Board of Management meets up to four times a year. YMCA Robin Hood Group may be called on for advice and assistance.

Risk management

The trustees actively review the major risks which the charity faces on a regular basis, and believe that adequate systems are in place to reduce/mitigate significant operational and business risks.

Going Concern

The Board Members consider it appropriate to adopt the going concern basis of accounting in preparing the financial statements.

YMCA Robin Hood Group have provided a parental guarantee for the company for the reporting period.

Financial Review

Reserves Policy

The trustees have established that going forward a reserve policy of maintenance of funds to cover three months expenditure would be appropriate as a minimum. This position will be reviewed by the Trustees annually to reflect any change in the charity's circumstances. Reserves are currently above this level, so will be managed down over time.

YMCA YORK AND EAST RIDING

THE REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023 (continued)

Future Plans

The charity aims to focus delivery on projects supporting young and vulnerable people in the local community.

Risk Review

A risk register is in place which is reviewed by the board on an annual basis. Key risks faced by YMCA York and East Riding are external (loss of funding and cash flow exposure), and internal (health and safety of staff, volunteers and clients).

Public Benefit

The trustees have given due consideration to the Charity Commissions Guidance on the operation of the Public Benefit requirement. The charity aims to meet the needs of young and vulnerable people of East Riding. Work is targeted to the most deprived areas, areas of low educational achievement, high levels of anti-social behavior and crime.

Responsibilities of the Trustees

The Trustees are responsible for preparing the Annual Report and the Financial Statements in accordance with the Companies Act 2006, and for being satisfied that the financial statements give a true and fair view. The Trustees are also responsible for preparing financial statements in accordance with United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources including income and expenditure for the financial year. In preparing those financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP (FRS102);
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue on that basis.

The trustees are responsible for maintaining adequate accounting records which show and explain the Charity's transactions with reasonable accuracy at any time, the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

YMCA YORK AND EAST RIDING

THE REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023 (continued)

In so far as we are aware:

- There is no relevant information of which the charitable company's independent examiner are unaware of; and
- We have taken all the steps that we ought to have taken to make ourselves aware of any relevant audit information and to establish that the charitable company's independent examiners are aware of that information.

Transactions and financial position

The Statement of Financial Activities shows a surplus (2022 - deficit) for the year on unrestricted funds of £3,289 (2022: £128) and a surplus of £39,037 (2022: £nil) on restricted funds.

The reserves at the year-end stand at £107,008 (2022: £64,682).

This report was approved by the Board and signed on their behalf by:

DocuSigned by:

Craig Berens

79CC4BB1A0564DF...
C Berens

Date: 11-10-23



Independent Examiner's Report to the Trustees of YMCA York and East Riding

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023 which are set out on pages 9 to 17.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

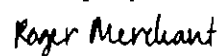
Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

DocuSigned by:

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Roger Merchant BSc FCA
For and on behalf of UHY Hacker Young
Chartered Accountants

YMCA YORK AND EAST RIDING

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2023

| | Notes | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2023 £ | Total Funds 2022 £ |
|--------------------------------------|-------|----------------------------|--------------------------|--------------------------|--------------------------|
| Income | | | | | |
| Income from Charitable Activities | | 5,632 | 39,037 | 44,669 | - |
| Total Income | | 5,632 | 39,037 | 44,669 | - |
| Expenditure | | | | | |
| Expenditure on Charitable Activities | | (2,343) | - | (2,343) | (128) |
| Total Expenditure | | (2,343) | - | (2,343) | (128) |
| Net Income/(Expenditure) | 2 | 3,289 | 39,037 | 42,326 | (128) |
| Total funds brought forward | | 55,912 | 8,770 | 64,682 | 64,810 |
| Net movement in funds | | 3,289 | 39,037 | 42,326 | (128) |
| Total funds carried forward | | 59,201 | 47,807 | 107,008 | 64,682 |

Income and expenditure relate to both restricted and unrestricted activities derived from continuing activities.

YMCA YORK AND EAST RIDING

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 March 2022

| | Notes | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|--------------------------------------|-------|----------------------------|--------------------------|--------------------------|--------------------------|
| Income | | | | | |
| Income from Charitable Activities | | - | - | - | 13 |
| Total Income | | - | - | - | 13 |
| Expenditure | | | | | |
| Expenditure on Charitable Activities | | (128) | - | (128) | (1,545) |
| Total Expenditure | | (128) | - | (128) | (1,545) |
| Net Income/(Expenditure) | 2 | (128) | - | (128) | (1,532) |
| Total funds brought forward | | | | | |
| | | 56,040 | 8,770 | 64,810 | 66,342 |
| Net movement in funds | | (128) | - | (128) | (1,532) |
| Total funds carried forward | | 55,912 | 8,770 | 64,682 | 64,810 |

Income and expenditure relate to both restricted and unrestricted activities derived from continuing activities.

YMCA YORK AND EAST RIDING

Company Number: 03863341

BALANCE SHEET AS AT 31 March 2023

| | Notes | 2023 | | 2022 | |
|--|-------|----------------|----------------|-----------------|---------------|
| | | £ | £ | £ | £ |
| FIXED ASSETS | | | | | |
| Tangible fixed assets | 5 | - | | - | |
| Investments | 6 | <u>50,000</u> | | <u>50,000</u> | |
| | | | 50,000 | | 50,000 |
| CURRENT ASSETS | | | | | |
| Debtors | 7 | - | | 37 | |
| Cash at bank and in hand | | <u>59,619</u> | | <u>39,584</u> | |
| | | | 59,619 | | 39,621 |
| CURRENT LIABILITIES | | | | | |
| Amounts falling due within one year | 8 | <u>(2,611)</u> | | <u>(24,939)</u> | |
| | | | (2,611) | | (24,939) |
| TOTAL ASSETS LESS TOTAL LIABILITIES | | | <u>107,008</u> | | <u>64,682</u> |
| FUNDS | | | | | |
| Unrestricted revenue accumulated funds | | | 59,201 | | 55,912 |
| Restricted revenue accumulated funds | | | 47,807 | | 8,770 |
| TOTAL FUNDS | 9 | | <u>107,008</u> | | <u>64,682</u> |


For the year ending 31 March 2023, the company was exempt from audit under section 479A of the Companies Act 2006 relating to subsidiary companies.

Directors' responsibilities:

- the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of the accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The financial statements were approved and authorised for issue by the Board of Trustees and signed on their behalf by:

DocuSigned by:

 C Berens
 Group CEO

Date: 11-10-23

YMCA YORK AND EAST RIDING

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES

Basis of preparation

YMCA York and East Riding is a company limited by guarantee, registered in England. The address of the registered office is given in the charity information on page 1 of these financial statements.

The charity constitutes a public entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued October 2019 (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Companies Act 2006 and UK General Accepted Practice as it applies from 1 January 2015.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The financial statements are prepared under the historical cost convention

Going Concern

The trustees assess whether the use of going concern is appropriate ie whether there any material uncertainties related to events or conditions that may cast significant doubt on the ability of the trust to continue as a going concern. The members of the council make this assessment each year in respect of a period of one year from the date of approval of the financial statements.

Incoming resources

All incoming resources are included in the Statement of Financial Activities when receipt is probable or more likely than not to be received, and the amount can be quantified with reasonable accuracy.

Grants receivable

Grants are included in the Statement of Financial Activities when the conditions for receiving the grant have been met.

Where performance criteria is not yet met, grant income is deferred until such time as criteria is achieved.

Resources expended

All expenditure is accounted for on an accruals basis, and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with use of the resources.

YMCA YORK AND EAST RIDING

NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)

1. ACCOUNTING POLICIES (continued)

Funds

Unrestricted funds are incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets this criteria is charged to the fund, together with a fair allocation of management and support costs.

Fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation has been provided at the following rates in order to write off the assets (less their estimated residual value) over their useful economic lives:

| | |
|-----------------------|-------------------|
| Fixtures and fittings | 10% straight line |
|-----------------------|-------------------|

YMCA YORK AND EAST RIDING

NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)**2. NET INCOME/EXPENDITURE**

Net income/expenditure is stated after charging:

| | 2023 | 2022 |
|-----------------------------|-------------|-------------|
| | £ | £ |
| Independent Examiners' Fees | 1,210 | 1,100 |

The fee above has been paid by the parent entity, YMCA Robin Hood Group.

3. EMPLOYEES AND DIRECTORS

| | 2023 | 2022 |
|---|-------------|-------------|
| Average employee numbers | | |
| Average number of employees employed by the charity | 3 | 3 |

No trustees received remuneration or expense payments during the year

4. TAXATION

Taxation is not provided on the grounds that Part 11 of the Corporation Tax Act 2010 applies (tax exemption for charitable companies).

5. TANGIBLE FIXED ASSETS

| | Fixtures and fittings £ |
|---------------------------------|--|
| Cost | |
| As at 1 April 2022 | 23,470 |
| Additions | - |
| As at 31 March 2023 | <u>23,470</u> |
| Accumulated depreciation | |
| As at 1 April 2022 | 23,470 |
| Charge for the year | - |
| As at 31 March 2023 | <u>23,470</u> |
| NBV at 31 March 2023 | <u>-</u> |
| NBV at 31 March 2022 | <u>-</u> |

YMCA YORK AND EAST RIDING

NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)**6. INVESTMENTS**

| | 2023 | 2022 |
|-------|---------------|---------------|
| | £ | £ |
| Bonds | <u>50,000</u> | <u>50,000</u> |

An unsecured fixed rate bond for £50,000 was obtained from YMCA Robin Hood Group. The bond is repayable in full by YMCA Robin Hood Group on 7 January 2027.

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2023 | 2022 |
|---------------|-------------|-------------|
| | £ | £ |
| Other debtors | - | 37 |
| | <u>-</u> | <u>37</u> |

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2023 | 2022 |
|-------------------------|--------------|---------------|
| | £ | £ |
| Accruals | 1,210 | 2,501 |
| Related party creditors | 1,401 | 1,401 |
| Deferred income | - | 21,037 |
| | <u>2,611</u> | <u>24,939</u> |

YMCA YORK AND EAST RIDING

NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)**9. ANALYSIS OF FUNDS**

| | At 31 March 2021 | Incoming Resources | Outgoing Resources | At 31 March 2022 | Incoming Resources | Outgoing Resources | At 31 March 2023 |
|---|---------------------|-----------------------|-----------------------|---------------------|-----------------------|-----------------------|---------------------|
| | £ | £ | £ | £ | £ | £ | £ |
| Unrestricted | | | | | | | |
| General reserve | 56,040 | - | (128) | 55,912 | 5,632 | (2,343) | 59,201 |
| Restricted | | | | | | | |
| Awards for All | 8,770 | - | - | 8,770 | 10,000 | - | 18,770 |
| The National Lottery Community Fund | - | - | - | - | 10,000 | - | 10,000 |
| B&Q Foundation | | | | - | 4,037 | - | 4,037 |
| The Scurrah Wainwright Charity | | | | - | 5,000 | - | 5,000 |
| The Liz and Terry Bramall Foundation | | | | - | 10,000 | - | 10,000 |
| | 8,770 | - | - | 8,770 | 39,037 | - | 47,807 |
| Total reserves | 64,810 | - | (128) | 64,682 | 44,669 | (2,343) | 107,008 |

Restricted Reserves

Income receivable with restrictive conditions accounted for, in accordance with latest SORP recommendations, within a restricted fund.

Awards for All

We were awarded a further Awards for All grant of £10K for a life-skills programme, supporting our residents to develop core skills from communication through to team work through a series of outdoor education challenges. They were also given a unique opportunity to embark on a Tall Ships experience, putting their newfound skills into good use whilst navigating the waters around the British coast with their peers from other YMCAs. This project was delayed due to the Covid pandemic and is anticipated to be fully utilised in the subsequent financial year.

The National Lottery Community Fund

We were awarded a grant from The National Lottery Community Fund which helps the company meet the cost of the counsellor, with detailed knowledge and experience of childhood trauma, who provides interventions for young people aged between 16 - 25 years old living at the hostel. The funding also enables the charity to employ an engagement worker for 1 day a week who works with the young people at the hostel to improve their motivation, health and key skills.

YMCA YORK AND EAST RIDING

NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)

9. ANALYSIS OF FUNDS (continued)

B&Q Foundation

Thanks to a very generous grant from the Foundation, we were able to install a secure bike storage facility and purchase new bicycles for our residents. This has enabled them to access new opportunities in training and education, and develop healthier lifestyles.

Scurrah Wainwright

This funding provided support to young homeless people (16-25) with mental health conditions such as anxiety and depression, to develop resilient, transferable life skills through a Trauma Informed Counsellor and a programme of positive activity. By moving to a Trauma Informed Approach (TIA) our impact with residents will improve and ultimately, help them find their way to full independence more effectively. We plan to introduce a part time Counselling role to the service for 2-years (or 1-year) that will form part of our future core offering.

Liz and Terry Bramall

This funding provided valuable support for young homeless people (16-25) with mental health conditions such as anxiety and depression, to develop resilient, transferable life skills through a Trauma Informed Counsellor and a programme of positive activity. By moving to a Trauma Informed Approach (TIA) our impact with residents will improve and ultimately, help them find their way to full independence more effectively. We plan to introduce a part time Counselling role to the service for 2-years (or 1-year) that will form part of our future core offering.

10. TRUSTEES REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023, nor for the year ended 31 March 2022.

There were no trustees' expenses paid for the year ended 31 March 2023, nor for the year ended 31 March 2022.

11. RELATED PARTY TRANSACTIONS

YMCA Robin Hood Group

Transactions during the year with YMCA Robin Hood Group, a related charity through common management, were in relation to income and expenditure. At the year end, a balance of £1,401 (2022: £1,401) was owed to YMCA Robin Hood Group.

The company also holds a £50,000 (2022 - £50,000) bond investment in YMCA Robin Hood Group. In the year ended 31 March 2023 and 31 March 2022 the company waived all interest payments due to it in respect of the bond.

12. MEMBERS

The Charity is incorporated as a company limited by guarantee having no share capital and, in accordance with the Memorandum of Association, every member is liable to contribute a sum of not more than £1 in the event of the Association being wound up. At 31 March 2023 there were 3 (2022: 3) members.