

Registered Charity Number : 1077897

FOOD FOR ALL
TRUSTEES' REPORT
AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 JULY 2024

FOOD FOR ALL

LEGAL AND ADMINISTRATIVE INFORMATION

FOR THE YEAR ENDED 31 JULY 2024

Trustees

Peter O'Grady - Director
David Hicks - Director
John Linn - Secretary
Shivani Thakkar
Dr Martin Wood
Rita Horn
Ian Ulyatt
Vincent Lane
Raakhi Kanadia
Thomas Evans
Mohan Luthra

Charity Number

1077897

Company Number

03842531

Registered Office

63 Gaddesden Crescent
Watford
England
WD25 9QU

Bankers

Barclays Bank Plc
230/234 Kentish Town Road
London
NW5 2BU

Independent Examiner

Rupeshkumar Patel FCCA
Pentax House
South Hill Avenue
South Harrow
HA2 0DU

FOOD FOR ALL

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TRUSTEES' REPORT

FOR THE YEAR ENDED 31 JULY 2024

The trustees present their annual report and financial statements for the year ended 31 July 2024.

Trustees' report and financial statements

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 July 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Our Aims and Objectives

Purposes and Aims

The main objectives are the relief of poverty by the provision of food to people who are homeless or are in conditions of need by reason of sickness, disability, age or economic circumstances.

Ensuring our work delivers our aims

We review our aims, objectives and activities each year. The review looks at what we achieved and the outcomes of our work in the previous twelve months. The review looks at the success of each key activity and the benefits they have brought to these groups of people we are set up to help. The review also helps us ensure our aim, objectives and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The focus of our work

During the year the charity has continued to provide up to 2,500 free hot meals a day, six days a week. The charity offers a wide range of vegetarian meals to provide a balanced diet. The meals are delivered by a mobile kitchen to meeting points in the City of London and Camden/Kings Cross area and a further six London boroughs.

Daily a team of up to 12 volunteers from the Banking community/corporate community assist in chopping vegetables, preparing meals, boxing up food, serving meals to homeless individuals making cakes and cookies, and cleaning the kitchen.

Food for All established a new initiative, the disaster relief team.

The goal is to travel to disaster zones like earthquakes, floods or conflict zones to support the emergency services and the displaced people.

Highlights of this year's response:

- 1) Christmas tour of Eastern Ukraine.
- 2) Turkey wild forest fires.
- 3) Donbass Ukraine Tour.
- 4) Czech flood support.
- 5) Easter Ukraine tour.
- 6) Earthquake in Morocco.

New Food for All Centres :

Opening of the Hainault Centre by the Mayor of Redbridge.

300 cars and vehicles and 87 NHS ambulances sent to Ukraine from here, working together with a dynamic team from British Ukrainian Aid. Filling the vehicles with essential supplies and finding committed drivers to drive to either Poland or over the border into Ukraine.

Opening of Fleet Street Ukraine support centre.

Opening of the 'Give Me Love' charity shop in Camden Town.

Watford Services:

One day a week approximately one hundred homeless people are provided with a hot meal and take-away food, at Gokula Community Food Bank.

The Meriden Project provides substantial food support to around eighty families each week. Outreach programs to a school in Harrow provide 120 meals for children.

Other activities organized include cookery lessons, health, counselling, education and employment. In addition, the charity runs an environmental garden to demonstrate composting and recycling to the public.

How our activities deliver public benefit

Our main activities and who we try to help are described above. All our activities focus on the prevention and rehabilitation of disadvantaged groups and are undertaken to further our charitable purposes for the public benefit.

Financial Review

The trustees were very satisfied with this year's financial situation, which has never been so strong. We are eternally thankful to BNP Paribas, Chrissie Hynde, Jenny Bellestar and the corporate community for their kindness.

Reserves Policy

The trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. It is the policy of the charity that unrestricted funds, which have not been designated for a specific use, should be maintained at a level equivalent to twelve months' expenditure.

The company does not have share capital and each director, being a member of the company, undertakes to contribute an amount not exceeding £10 in the event of the company being wound up. Trustees are appointed in accordance with the Articles of Association and on the basis of recommendation of existing trustees. A new trustee is only appointed where there is the full consent of the existing trustees. The governing documents allow the trustees to invest without limitation.

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks. The trustees regularly assess and examine each operational and business risk to ensure that there are effective systems to mitigate those risks. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

The policies adopted in furtherance of these objects are that the trustees may pay or apply the income, and if they shall think fit, the capital of the trust to or for such charitable purposes whatsoever at such times and in such manner as the trustees shall from time to time think proper and there has been no change in these policies during the period. Distributions have been made in the period to satellite projects throughout the United Kingdom.

Trustees

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Peter O'Grady - Director

David Hicks - Director

John Linn - Secretary

Shivani Thakkar

Dr Martin Wood

Rita Horn

Ian Ulyatt

Vincent Lane

Raakhi Kanadia

Thomas Evans
Mohan Luthra

Trustees' responsibilities statement

The trustees, who are also the directors of Charity for Food For All for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the trustee and signed on its behalf by:



Peter O'Grady
Trustee

Date : 11 June 2025

FOOD FOR ALL

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 JULY 2024

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF FOOD FOR ALL FOR THE YEAR ENDED 31 JULY 2024

I report on the accounts of the charity for the year ended 31 July 2024 set out on following pages.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

The charity's trustees (who are also the directors of Food for All for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act), as amended by section 28 of the Charities Act 2006) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

Examine the accounts (under section 43(3)(a) of the 1993 Act as amended)
To follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act, as amended); and
To state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on whether the accounts present a 'true and fair view'.

In connection with my examination, no material matter has come to my attention:

Which gives me reasonable cause to believe that any material respects the trustees have not met the requirements to ensure that

Proper accounting records are kept (in accordance with section 386 of the Companies Act 2006); and

Accounts are prepared which agree with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities; or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in cursive script that reads "Saadiv & Co".

Name: Rupeshkumar Patel FCCA

Date: 11 June 2025

FOOD FOR ALL

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 JULY 2024

Recommended categories by activity	Notes	Unrestricted funds £	Total Funds 2024 £	Total Funds 2023 £
Income and endowments from:				
Donations and legacies	2	517,517.36	517,517.36	496,692.00
Investments	3	688.53	688.53	-
Total		518,205.89	518,205.89	496,692.00
Expenditure on:				
Charitable activities	4	414,348.92	414,348.92	531,646.00
Other	6	14,499.00	14,499.00	19,333.00
Total		428,847.92	428,847.92	550,979.00
Net income/(expenditure)		89,357.97	89,357.97	(54,287.00)
Net movement in funds		89,357.97	89,357.97	(54,287.00)
Reconciliation of funds:				
Total funds brought forward		143,856.00	143,856.00	198,143.00
Total funds carried forward		233,213.97	233,213.97	143,856.00

FOOD FOR ALL

BALANCE SHEET

FOR THE YEAR ENDED 31 JULY 2024

Recommended categories by activity	Notes	Total Funds 2024 £	Total Funds 2023 £
Fixed assets			
Tangible assets	7	60,502.00	58,001.00
Total fixed assets		60,502.00	58,001.00
Current assets			
Cash at bank and in hand	8	181,554.97	94,698.00
Total current assets		181,554.97	94,698.00
Creditors: amounts falling due within one year	9	8,843.00	8,843.00
Net current assets/(liabilities)		172,711.97	85,855.00
Total net assets or liabilities		233,213.97	143,856.00
Funds of the Charity			
Unrestricted funds	10	233,213.97	143,856.00
Restricted income funds	10	-	-
Endowment funds	10	-	-
Total funds		233,213.97	143,856.00

For the year ended 31 July 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 11 June 2025 and signed on its behalf by:

Peter O'Grady
Trustee

A handwritten signature in blue ink, appearing to read 'Peter O'Grady', with a stylized flourish at the end.

Date : 11 June 2025

FOOD FOR ALL

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JULY 2024

1. Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are as follows.

1.1 Basis of preparation

These accounts have been prepared under the historical cost convention, as modified by the inclusion of charitable properties and fixed asset investments and investment properties at valuation.

These accounts have been prepared in accordance with “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

These accounts are presented in pounds sterling and rounded to the nearest pound.

1.2 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the accounts.

2. Income from Donations and Legacies

Analysis	Unrestricted funds	Total funds 2024	Total funds 2023
	£	£	£
Donation and gifts	498,128.61	498,128.61	496,692.00
Gift Aid	19,388.75	19,388.75	-
	517,517.36	517,517.36	496,692.00

3. Income from Investments

Analysis	Unrestricted funds	Total funds 2024	Total funds 2023
	£	£	£
Interest income	688.53	688.53	-
	688.53	688.53	-

4. Expenditure on Charitable Activities

	Total funds 2024	Total funds 2023
Analysis	£	£
Bank charges	313.07	-
Donations	1,489.00	-
Support Costs	412,546.85	531,646.00
	414,348.92	531,646.00

5. Support Costs

	Total funds 2024	Total funds 2023
Analysis	£	£
Governance Costs		
Accountants fees	-	1,013.00
Staff costs	11,664.67	51,605.00
Food and disposable	189,918.35	156,267.00
Motor expense	34,003.87	25,580.00
Waste disposal	-	12,621.00
Rent	17,615.89	11,110.00
Heat and light	26,853.44	21,394.00
Euro project - Turkey / Belarus	2,000.00	23,433.00
Euro project - Ukraine relief	41,745.30	157,701.00
Resource centre and project costs	74,017.34	51,652.00
Travel expenses	12,232.12	18,507.00
Telephone	-	360.00
Printing, postage and stationery	2,465.89	-
Other costs	29.98	403.00
	412,546.85	531,646.00

6. Other Expenditure

Analysis	Unrestricted funds	Total funds 2024	Total funds 2023
	£	£	£
Depreciation Charge for the Year - Plant & Machinery	1,955.00	1,955.00	2,607.00
Depreciation Charge for the Year - Motor Vehicles	11,279.00	11,279.00	15,038.00

Depreciation Charge for the Year - Commercial Vehicles	1,265.00	1,265.00	1,688.00
	14,499.00	14,499.00	19,333.00

7. Tangible Fixed Assets

	Plant & Machinery	Motor Vehicles	Commercial Vehicles
	£	£	£
7.1 Cost or valuation			
At 01 August 2023	48,672.00	96,253.00	16,000.00
Additions	-	17,000.00	-
Disposals	-	-	-
Revaluations	-	-	-
Transfers	-	-	-
At 31 July 2024	48,672.00	113,253.00	16,000.00
7.2 Depreciation and impairments			
At 01 August 2023	40,850.00	51,136.00	10,938.00
Charge for the year	1,955.00	11,279.00	1,265.00
Disposals	-	-	-
Revaluations	-	-	-
Transfers	-	-	-
At 31 July 2024	42,805.00	62,415.00	12,203.00
7.3 Net book value			
At 01 August 2023	7,822.00	45,117.00	5,062.00
At 31 July 2024	5,867.00	50,838.00	3,797.00

8. Cash at bank and in hand

	Total funds 2024	Total funds 2023
	£	£
Cash at bank and in hand	181,554.97	94,698.00
	181,554.97	94,698.00

9. Creditors: Amounts falling due within one year

	Total funds 2024	Total funds 2023
	£	£
Director's current account	7,830.00	7,830.00
Accruals and deferred income	1,013.00	1,013.00
	8,843.00	8,843.00

10. Charity funds

10.1 Details of material funds held and movements during the CURRENT reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
	£	£	£	£	£	£
Unrestricted funds						
	143,856.00	518,205.89	428,847.92	-	-	233,213.97
Total	143,856.00	518,205.89	428,847.92	-	-	233,213.97

10.2 Details of material funds held and movements during the PREVIOUS reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
	£	£	£	£	£	£
Unrestricted funds						
	198,143.00	496,692.00	550,979.00	-	-	143,856.00
Total	198,143.00	496,692.00	550,979.00	-	-	143,856.00