

Registered Charity No: 1077548

PAKISTAN WELFARE ORGANISATION

**Reports and Financial Statements
Year ended: 31st MARCH 2024**

PAKISTAN WELFARE ORGANISATION
Reports and Financial Statements

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Legal and administrative information

Status

Pakistan Welfare Organisation is a registered charity governed by its constitution.

Trustees and Management committee

RASHDA AHMED - Chair
TAHIRA DAR - Vice Chair
SALIHA AHMED - Treasurer
SULTANA BEGUM
JAGDISH KAUR
SHENAZ DAR
SAMINA REHMAT
MANISHA SAJJID - SECRETARY

Registered office address

101 St Marks Road, Bristol BS5 6HY

Registered charity number

1077548

Bankers

National Westminster Bank plc

PAKISTAN WELFARE ORGANISATION

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Trustees report

The Trustees present their report and the unaudited financial statements of the charity for the year ended 31st MARCH 2024.

This year has been a transformative one for the Pakistani Women's Organization (PWO). As we continue our mission to empower and amplify the voices of women from Pakistani and South Asian communities, we have expanded our services, deepened our partnerships, and strengthened our advocacy. Our commitment to providing safe spaces, support, and opportunities has remained at the heart of everything we do.

We have engaged with hundreds of women across Bristol, offering vital health, wellbeing, and cultural programs that foster resilience, inclusion, and empowerment.

Our Vision and Mission

PWO was founded 24 years ago by Black and Minoritized women seeking to address systemic inequities and internal community patriarchy. Our goal remains unwavering: to elevate the voices of South Asian women and ensure they have the support and representation needed to thrive.

Achievements and Highlights

Community Engagement & Cultural Celebrations

We celebrated diverse cultural traditions, enhancing community cohesion through events such as:

- Grand Iftars at Saint Marks Road (April 6, 2023) and College Green (April 13, 2023)
- Henna Celebration – Chand Ratt (April 20, 2023)
- Eid Celebrations in Southmead and Fishponds
- Pakistan Independence Day Events at College Green (August 14, 2023) and Fishponds (August 22, 2023)

We organized men and women yoga sessions in the park and share food with them to reduce their isolation and to help them to come back to normal life. We also shared government guideline on Covid and answered their most concern questions and interpretation in Urdu and Punjabi.

We also worked with the NHS to facilitate several vaccination clinics to enable community members to receive their Covid 19 vaccination. **Health & Wellbeing Initiatives**

Our holistic wellbeing approach allowed us to engage women through physical activity, nutrition, and mental health awareness programs, including:

- Women's Tai Chi & Yoga Groups in Southmead and Fishponds (Monthly Sessions)
- Nutritional Wellbeing Session with Jan Davidson
- Healthy Joints & Arthritis Support (UWE Collaboration)
- Chair Yoga Activities for accessibility

We also supported women observing Ramadan through health awareness sessions on fasting and wellbeing, ensuring they could maintain their health during the holy month.

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Skills, Advocacy & Digital Inclusion

We strengthened digital literacy and skills development, equipping women with tools for employment, advocacy, and self-reliance. Key initiatives included:

- First Aid Training with Red Cross
- Artificial Intelligence & Robotics Workshop (July 2023)
- Craft Bazaar at Sparks showcasing women's entrepreneurship
- Community Champion Corner at Sparks – Promoting grassroots women-led initiatives

Addressing Food Insecurity & Economic Challenges

PWO played an active role in tackling food insecurity and supporting vulnerable women and families through:

- Free food deliveries (4-5 times a week) to homeless and needy individuals
- Community Food Festivals (March 2023) to raise awareness
- Feeding Bristol Seminar (March 29, 2023)

Building Partnerships & Expanding Our Network

This year, we have strengthened our collaborations with organizations such as:

- Bristol Refugee Rights
- Chinese Community Wellbeing Society
- Lockleaze Women's Groups & Neighbourhood Trust
- Bristol City Council & South Gloucestershire Council Resettlement Team

These partnerships have allowed us to extend our impact and deliver more targeted services to those in need.

Governance & Leadership

Our dedicated team of trustees, staff, and associates bring a wealth of expertise from health, education, social work, and business to drive PWO's mission forward.

In June 2023, we successfully held our Annual General Meeting (AGM), where a new leadership team was elected for internal improvement to the organisation.

We arrange and deliver for volunteers and for the management online training session to enhance their knowledge and skill in the role of managing projects in the community, awareness of charity expectations and how to monitor and evaluate the services, with tips provided. We have also arranged training courses for staff as we wish to enhance their skills and promote staff work performance and to ensure motivation & team building is provided according to the need of this unusual time.

Future Plans & Looking Ahead

As we move forward, PWO is committed to:

- Expanding mental health and trauma support services
- Strengthening employment and skills training
- Enhancing community cohesion through cultural and leadership events
- Improving digital literacy and AI-focused training for South Asian women

Our vision remains clear: to uplift, empower, and celebrate the voices of women in our community.

Closing Remarks

This year's progress would not have been possible without the dedication of our team, trustees, volunteers, and partners. PWO continues to be a lifeline for women in Bristol and beyond, ensuring they have the tools, resources, and safe spaces needed to thrive.

We thank everyone who has contributed to our journey and look forward to another year of empowerment,

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Charitable objectives

To contribute to improving the quality of life for the local Pakistani community, as well as individuals from other ethnic minority communities in Bristol, by removing barriers and improving access to main stream services and entitlements.

Arrange and facilitate social, cultural, educational and recreational activities and events in consultation with the community concerned and other organisations.

We achieve that by delivery of a range of direct services such as information and advice, educational training courses, and cultural awareness training

Responsibilities and basis of preparation of the report

The trustees of the charity are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the trustees

.....
RASHDA AHMED (Chair)

Date

PAKISTAN WELFARE ORGANISATION
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Independent Examiner's report to the Trustees
for the year ended 31st MARCH 2024

I report on the accounts of the Charity for the year ended, which are set out on pages 4 to 7 of this report.

Respective responsibilities of trustees and examiner :

The charity's trustees are responsible for the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is my responsibility to:

Examine the accounts under section 43 of the 1993 Act; to follow the procedures laid down in the general directions given by the Charity Commission under section 43(7)b of the 1993 Act; and to state whether particular matters have come to my attention.

Basis of independent examiner's report :

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement :

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements: to keep accounting records in accordance with section 41 of the 1993 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Rejoice Kampengele ICPA, Cert CIB, DMS
Faire Accountancy Services
50 Northover Road
Bristol
BS9 3LJ

Date.....

PAKISTAN WELFARE ORGANISATION**Reports and Financial Statements****Statement of Financial Activities (including Income and Expenditure Account)
for the year ended 31st MARCH 2024**

		Unrestricted Funds £	Restricted Funds	Total Funds 2024 £	2023 £
	Notes				
Incoming Resources:					
Voluntary Donations	4	341	-	341	575
Gift Aid Claims		-		-	-
Incoming resources from charitable	5	0	67,105	67,105	47,677
Bank Interest Received		-		-	-
Total Incoming resources		341	67,105	67,446	48,252
Resources Expended:					
Resources Expended	6	13,824	2,785	16,609	11,768
Governance	7	699		699	676
Total Resources Expended		14,523	2,785	17,308	12,444
Net Surplus / (Deficit) for the year		- 14,182	64,320	50,138	35,808
Opening Funds		68,085	2,541	70,626	34,818
Closing Funds		53,903	66,861	120,764	70,626
No restricted funds at the end of the year					

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Balance Sheet as at 31st MARCH 2024

	<u>Notes</u>	<u>2024</u> £	£	<u>2023</u>
Fixed assets				
Furniture and Equipment	2		286	381
Current assets				
Cash at Bank and in Hand		120,794		70,491
Less: Current Liabilities	3	<u>(1,017)</u>		<u>(667)</u>
			<u>119,777</u>	<u>69,824</u>
Net Assets			<u><u>120,063</u></u>	<u><u>70,205</u></u>
REPRESENTED BY:				
Restricted Funds			66,861	20,471
Unrestricted Funds			53,903	50,155
			<u><u>120,764</u></u>	<u><u>70,626</u></u>

Signed on behalf of the trustees

.....
RASHDA AHMED (Chair)

Date

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for the year ended 31st MARCH 2024

1. Accounting policies

- a) The financial statements have been prepared under the Statement of Recommended Practice - Accounting and Reporting by Charities, issued in March 2005 and follows the Charities (Accounts and Reports) Regulations 2008.
- b) Voluntary income is received by the way of members donations . Donations received is included in full in the Statement of Financial Activities in the year in which they are received.
- c) Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.
- d) Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life as follows:
- Equipment & Furniture 20%
- e) Unrestricted funds are donations and other incoming resources received for the objects of the charity without further specified purpose and are available as general funds.
- f) Restricted funds are to be used for specific purposes as laid down by the donor.

2. Tangible Fixed Assets	Plant & Machinery £	Equipment & Fittings £	Total £	2023
Cost:				
As at 31 December 2021	6,798	13,627	20,425	20,425
Addition	-	-	-	-
Disposal/Adjustment	-	-	-	-
As at 31 December 2022	6,798	13,627	20,425	20,425
Depreciation:				
As at 31 December 2021	6,618	13,246	19,864	19,677
Charge	45	95	140	187
Disposal	-	-	-	-
As at 31 December 2022	6,663	13,341	20,004	19,864
Net Book Value:				
As at 31st December 2022	135	286	421	561

3. Current Liabilities	2024	2023
Accruals	£ 1,017	£ 1,100

4. Voluntary Donations	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	2023 £
Miscellaneous	575	-	575	2,875
	575	-	575	2,875

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for the year ended 31st MARCH 2024

5. Incoming Resources from Charitable Activities

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Grants	0	67,105	67,105	47,677
	<u>26,452</u>	<u>21,225</u>	<u>47,677</u>	<u>47,677</u>

6. Resources Expended

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Salaries and Social security costs	4645		4,645	1,595
Rent and rates	2600		2,600	2,400
Accountancy Fees	350		350	350
Training & Development	60		60	
Miscellaneous	125		125	
Event expenses	6579	2785	9,364	7,773
Total				<u>12,118</u>

7. Governance

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Bank charges	0		0	12
Depreciation	140		140	187
Insurance	349		349	314
	<u>489</u>	<u>-</u>	<u>489</u>	<u>513</u>