

Pukar Disability Centre

Enable | Educate | Empower

ANNUAL REPORT

1st April 2022 – 31st March 2023

ANNUAL GENERAL MEETING

7th May 2024



CONTENTS

Chairperson's Report	3
Treasurer's Report	4
Service Development Manager's Report	5
Carers/Outreach Officer's Report	6
Volunteer coordinator	7
Management Committee	8
Pukar's Service Provision	8-11
Pukar Confidence Building	12
Employment Support	12
Volunteer Support	12
Organization Referrals	13
Financial Report	14-15
Case-Studies	16
Quotes	17
Words of Gratitude	18
Images	19

Chairperson's Report

It is with great pleasure I present this Annual Report for Pukar Disability Resource Centre. I would like to thank all our supporters and stakeholders, who have made it possible to further our service provision and enabled us to continue our work programs for the BAME disabled people, carers and their families in Preston and the surrounding areas.

It has again been another challenging and dynamic year for Pukar and all staff, members, volunteers and board members are to be congratulated on their efforts and dedication to the services of Pukar in the last year. Everyone has made efforts to ensure Pukar strives to meet the needs of service users.

Pukar has reached out increasingly to many more people with a diverse range of needs in the last year and it is commendable to see in effect just how much the Preston community has benefited from the services delivered, so increasing community cohesion and social inclusion for the most vulnerable client groups in Preston and surrounding areas. We have been able to achieve this with current resources but constant demand proves the need for a service like Pukar's to continuously expand our resources in order to increase the capacity for delivery to meet the demand. All this has been possible with the in-depth partnerships that have been built with other organisation's and mainstream service providers, to break down barriers and encourage an equal and fair access to services.

We look forward to working with all our partners, supporters and stakeholders in the forthcoming year, to ensure our services continue to be provided.

Once again I would like to thank all who have contributed, for their continued support and hard work for Pukar.

We want to thank all our Funders including the team at Reaching communities, Community Foundation for Lancashire Preston City Council and others.

Keith Holden
Chairperson

Treasurer's Report

I would like to thank Mr Keith Holden Chair of Pukar, my fellow trustees, our dedicated staff members, volunteers, all tutors and supporters. During this challenging year.

Please see enclosed our financial report. Pukar is in a sustainable position and goes from strength to strength, in a challenging environment. If anyone wants to see the full accounts please let myself or contact the centre manager.

I would personally like to give special thanks to supporters-funding providers, partners that supported Pukar during the past years, their support has yielded many positive results.

Khalid Akram
Treasurer

Service Development Manager's Report

I am pleased to forward key points for the annual report.

There has been a continued increase in carers and disabled people requesting support from Pukar, this effort has been coupled with support from all the staff at Pukar to identify, support and meet these needs.

The courses and training at Pukar are carefully considered and designed to develop confidence and learning as well as provide opportunities for teamwork. Feedback from people attending the learning is positive and beneficial. The tutors have experience and have built a positive learning and understanding specific needs of learners, some with special needs. Pukar has been able to support various learning needs of people through student support. Pukar has been true to its values of promoting learning since its inception. Many people have learned skills

The current service provision has supported people with multiple needs including supporting people access IT resources, reducing poverty levels amongst a large number of people.

Projects at Pukar have been successfully delivered. This has enabled multiple supports to people. The value of service provision has increased as well as referral process increased through joint work. Future success will involve continued partnership working. Pukar has invested time and resources in ensuring the organisation is in a capable position to meet the multiple needs of people accessing the organisation. Pukar has identified strategic opportunities to deliver services. The success of these opportunities will result in future sustainability.

Sustainable funding remains a key challenge for Pukar, the organisation is working hard to ensure future funding is sourced to enable this to benefit services users.

Wellbeing support has been at the heart of support for people and we have successfully delivered on wellbeing projects that have resulted in positive outcomes for people

I would like to thank, trustees, staff, volunteers, funders and teachers for their continued support to the organisation

**Younus Khan,
Service Development Manager**

Carers'/Outreach Officer Report

Pukar aims to provide a link between disabled people and carers from diverse communities and mainstream agencies/service providers to try and improve the accessibility of service provision for carers and disabled people. Our service users receive information in several diverse languages to enable them to better understand the services that are available and what other forms of help they can receive.

We have provided support to service users with form filling, advocacy, debt and housing advice, attendance at medical appointments, as well as various other learning, advice and guidance. In addition, existing and new Carers continue to benefit with carers breaks and courses throughout the year such as arts and crafts, learning courses, health and safety, and wellbeing courses.

For those that are unable to attend the centre, we have provided support at home. Home visits have been an integral part of the work we do and this has reduced isolation and improved wellbeing for so many of our carers. The provision of this service is valuable in ensuring people are not excluded and are aware of the services they can receive. Referrals have been made to many organisations such as community, voluntary and statutory services to ensure full holistic support where there is a need.

It is encouraging to know that there has been an Increase in the number of carers that attend the centre, particularly those that are hidden and isolated. Throughout the year the numbers of Personal Independent form fillings have also risen along with DLA and ESA form filling. Outreach work has required maintaining accurate records and files of client interactions, referrals made, case file updates, and follow-up reports on client activity.

The services provided by Pukar are very much needed and valued by our service users, many of whom are vulnerable. I hope Pukar continues to progress and develop its services with many more people coming through its doors. I hope we continue to develop a relationship of trust with our service users so they grow in confidence and self esteem.

Suraya Bashir
Outreach Officer

Volunteer Coordinator

The Volunteer Coordinators' role is pivotal in recruiting volunteers to support the operations at Pukar Centre. Volunteer recruitment is conducted in alignment with the ethos of Pukar, with a significant portion of volunteers comprising carers, and individuals with health conditions, or disabilities. Each volunteer undergoes induction, during which we identify and devise ways to support them in fulfilling their volunteering duties.

A significant project our volunteers engage in is assisting our service users in improving their reading abilities. Through a collaborative effort with Shannon Trust, Pukar has launched a reading project specifically aimed at enhancing the reading skills of individuals who face challenges in this area. This initiative has seen notable progress this year as the project has advanced to its next phase.

In this next phase, Shannon Trust has proposed the development of an innovative app to further support the readers. Our dedicated readers and volunteer reading coaches have played a vital role in this process, providing valuable feedback to help refine and improve the app's development. Their insights and experiences have been instrumental in ensuring that the app meets the specific needs and preferences of our service users. This app will provide additional resources and tools tailored to the individual needs of each reader, offering them personalized assistance and guidance as they work towards improving their reading proficiency. This technological advancement represents an exciting opportunity to expand the impact of the project and better cater to the diverse needs of our service users.

Volunteers constitute a cornerstone of the organization, serving as a linchpin for service provision. Pukar boasts a rich history of fruitful partnerships with volunteers. Additionally, the role encompasses Outreach support, involving direct engagement with individuals and organizations. This proactive approach has yielded numerous positive outcomes, including improvements in financial benefits and individuals securing employment as a result of their involvement with Pukar. Home visits have also been conducted to support individuals who were unable to attend the centre.

Nahid Qurban
Volunteer Coordinator

Project Support Officer

We have achieved significant success in maintaining a variety of projects at Pukar. I have diligently collated, captured, and reported evidence by meticulously monitoring all staff activities. This monthly reporting is fundamental to our operations. Our systems for gathering evidence have undergone enhancements, ensuring that our reporting remains current and aligns with the standards expected by our funders. Additionally, our efforts in marketing, promotion, and coordinating assessments have proven successful, resulting in a notable increase in the number of service users attending the centre.

Swarn Tiwari
Project Support Officer

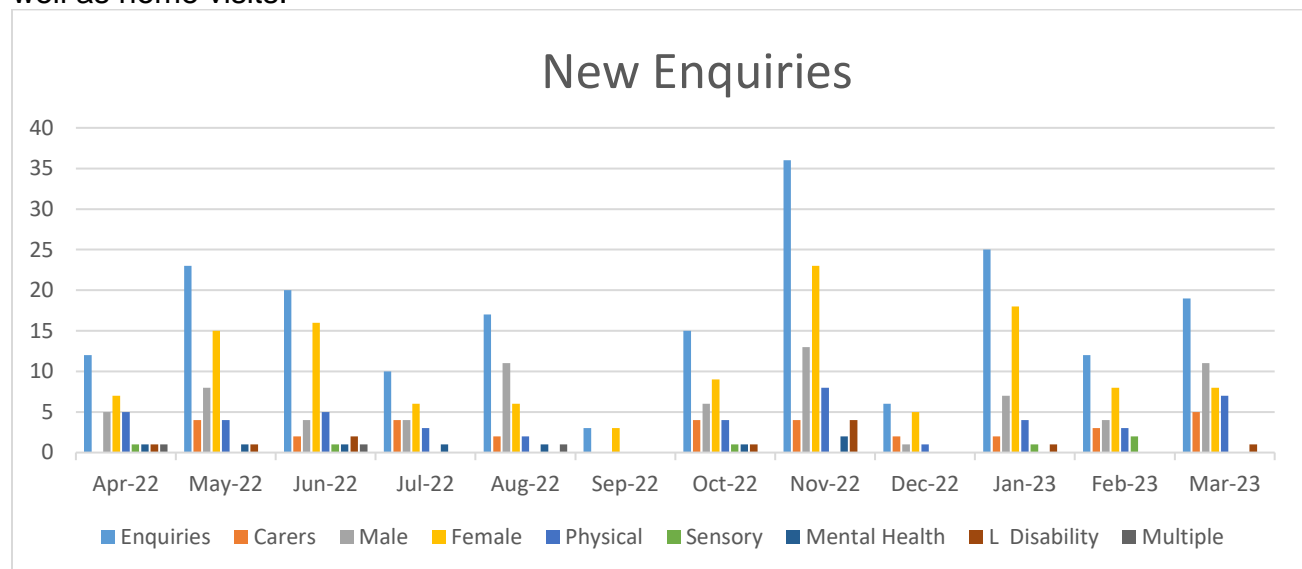
Management Committee Trustees

Keith Holden	-	Chairperson
Khalid Akram	-	Treasurer
Heather Deans	-	Secretary
Ayas Isap		
Chabildas Parmar		
Sarwar Ali		
Saajad Tagari		
Yasmin Shakir		

Pukar's Service Provision

Carers & Disability Work

Work with carers has been an ongoing daily through our service delivery i.e. such as information advice and guidance, advocacy, carers break, trips, form filling, referrals to partner organizations, and carers meetings. There are 21 new carers that have been identified and supported by Pukar over the year. In addition 77 carers have been supported by Pukar, with direct work, arranging classes and activities, form filling, as well as home visits.



Month	Enquiries	Carers	Male	Female	Physical	Sensory	Mental Health	Learning Disability	Multiple
Apr-22	12	0	5	7	5	1	1	1	1
May-22	23	4	8	15	4	0	1	1	0
Jun-22	20	2	4	16	5	1	1	2	1
Jul-22	10	4	4	6	3	0	1	0	0
Aug-22	17	2	11	6	2	0	1	0	1
Sep-22	3	0	0	3	0	0	0	0	0
Oct-22	15	4	6	9	4	1	1	1	0
Nov-22	36	4	13	23	8	0	2	4	0
Dec-22	6	2	1	5	1	0	0	0	0
Jan-23	25	2	7	18	4	1	0	1	0
Feb-23	12	3	4	8	3	2	0	0	0
Mar-23	19	5	11	8	7	0	0	1	0

Total new people enquiring intensive support 198

Total number of new Carers is 32 and existing 56

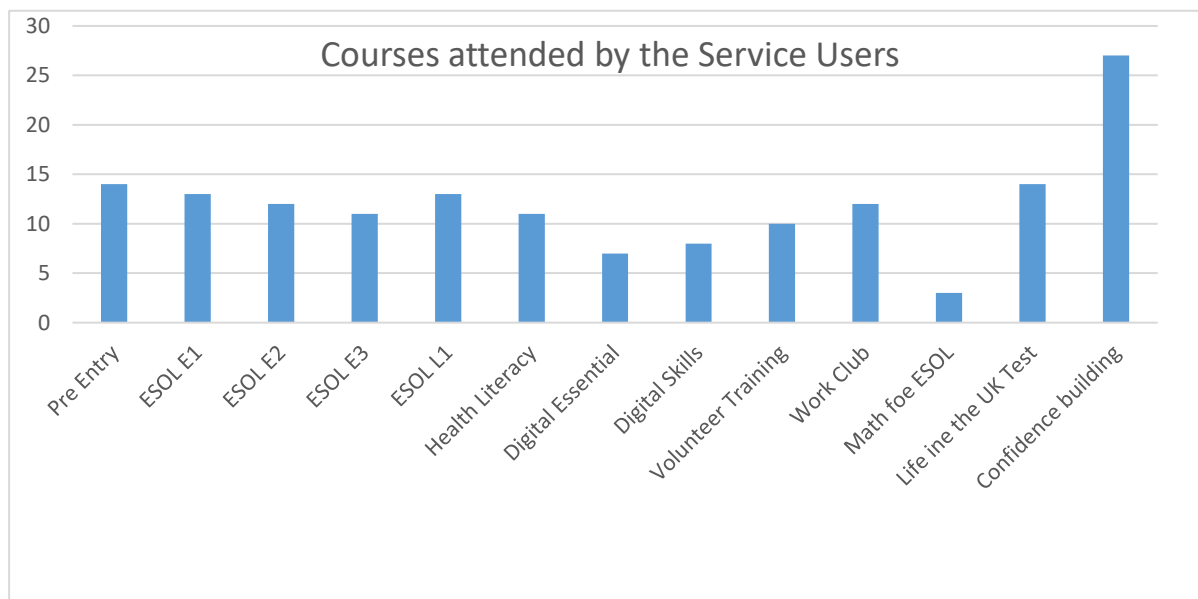
Total number of new people with disability is 74

Total number of new Volunteers is 13

On average dealing with 18 queries per week dealing with personal issues and on the telephone, related to health, education, social care, welfare, debt, financial inclusion, home energy, volunteering, complex casework mental health, work, advocacy, translating. In addition, regular carer's meetings are organized for carers. Guest speakers are invited to provide further information. Intensive Casework is carried out with many people that is person centered.

Types of Disabilities we have supported people that includes

Multiple Disabilities
Learning Disabilities
Mental Health / Depression
Sensory
Physical
Plus many other specific disabilities
Complex needs



Most courses are accredited with certificates and recognized qualifications.

Ethnicity of Service Users and Students Accessing Pukar

Ethnicity	
Asian or Asian British – Bangladeshi	Asian or Asian British – Indian
Asian or Asian British – Pakistani	Asian or Asian British – any other Asian Background
Black or Black British - African	Black or Black British – Caribbean
Black or Black British – any other Black background	Chinese
Mixed – White and Asian	Mixed – White and Black African
Mixed – White and Black Caribbean	Mixed – any other mixed background
White – British	White – Irish
White – any other white background	Arab
Gypsy or Traveler	Persian

Events organised and attended by Pukar

AGM's	Assessment Days
Advice & Guidance Information Day	BME Forums
Careers Support	Carers Meetings
Carer's Day	Disability- Carers Information days
Disability Exhibitions	Enrolment Days
Funding Workshops	Health & Social Care Conferences
Health Expo / Mela	Meetings with UCLAN
Open Days	Trips
Volunteer celebration Day	Wellbeing Events

Service Provision at Pukar

- PIP/Attendance Allowance/Carers Allowance/DLA Form Filling
- Advocacy
- Outreach Visits
- Workshops
- Volunteer Recruitment & Support
- Education & Training
- Language Support
- Job seeking Support
- Joint visits to hospitals
- Carers meeting
- Joint Assessments
- Other Form Filling
- Disability Training
- Student Support(Placement)
- Home Visits
- Using Computers
- Interpretation
- Carers Support

Pukar Confidence building & improvement in English

Pukar had a substantial increase in people learning English and waiting to learn English. People are attending regular classes to improve their English skills. Pukar has recruited volunteers who were trained by the college to enable them using the Basic English framework and recourses and able to deliver the Basic English reading, speaking and confidence building classes.

The project has been successful in achieving outcomes for learners to enable them to gain confidence by developing their skills in conversation. Volunteers have provided an invaluable service to provide learning for the service user, we would like to thank our volunteer tutor

Employment support

Information gathered from service users, Pukar partners and people, who gained employment with the support and help of Pukar centre. People were supported with basic IT support, interview skills, CV building, accessing employment and basic information and advice. People with complex needs have been supported into employment, with one to one support.

Volunteer Support

Pukar has recruited and supported volunteers during the year to complement and support the services of Pukar. Volunteers have gained a number of skills including administration, IT, Person Centred Support and learning about organisations that support people from BME communities, people with disabilities from diverse communities

Volunteers have supported Pukar centre to compliment the support and services. Pukar are the backbone of the organisation. Many volunteers have gained valuable work experience and gained employed after volunteering at the centre.
Health and wellbeing

Organisation Referrals

Received and Sent

Children's and Family Hub	Primary Care Trust
CAB	Preston City Council
DENW	Preston College
Galloways	Preston City Council Debt Advice
LCC Social Services	Prince's Trust
ICANN	Racial Equality Council (REC)
Lancashire Advocacy	RNIB
Lancashire County Council	Sahara
Lancashire Constabulary	Safe Net Sendias
Lancashire Fire & Rescue	Sendias
Lancashire Wellbeing Service	Sir Tom Finney
LMBE	Stoneygate
Minerva Health Centre	Solicitor
Ncompass	UCLAN
Preston Muslim Forum	Welfare Benefits
Primary Schools	Welfare Rights
Places of Worship	

Financial Report

Pukar Disability Resource Centre Statement of Financial Activities for the year ended 31 March 2023

	Note	Unrestricted Funds	Restricted Funds	2023 £	2022 £
Incoming Resources					
Donations/fund raising		514	6,000	6,514	585
Grants received	2	-	82,915	82,915	84,264
Service fees		15,580	270	15,850	22,962
Interest receivable		-	-	-	-
Total Incoming Resources		16,094	89,185	105,279	107,811
Resources Expended					
Total Incoming Resources		16,094	89,185	105,279	107,811
Staff costs	3	5,917	53,241	59,156	64,343
Events		537	175	711	3,545
Travel and subsistence		-	152	152	81
Course fees		-	487	487	81
Rent		2,765	691	3,456	12,456
Utilities		2,220	5,180	7,400	4,686
Cleaning		266	1,065	1,332	2,053
Postage, stationery and telephone		249	2,169	2,418	3,518
Insurance		67	607	674	600
Repairs and maintenance		-	684	684	1,583
Depreciation		254	404	658	405
Sundry expenses, Advertising, Charges		73	1,763	1,836	2,482
Accountancy fees and bookkeeping		575	2,299	2,874	2,952
Tuition Fees		-	7,995	7,995	7,473
Legal Fees		-	-	-	700
Total Resources Expenditure	4	12,923	76,912	89,833	106,958
Net Incoming Resources before transfers		3,171	12,273	15,446	853
Transfers between Funds :-					
Unrestricted		-	-	-	-
Restricted		-	-	-	-
Net Incoming Resources for the Year		3,171	12,273	15,446	853
Fund Balances brought forward					
as at 1 April 2022		33,539	41,553	75,092	74,239
Fund Balances carried forward					
as at 31 March 2023		36,710	53,826	90,538	75,092

**Pukar Disability Resource Centre
Balance Sheet
as at 31 March 2023**

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	5	2,096	1,728
Current assets			
Debtors	6	13,041	3,277
Cash at bank and in hand - HSBC		<u>118,111</u>	<u>95,682</u>
		131,152	98,959
Creditors: amounts falling due within one year	7	<u>(42,711)</u>	<u>(25,590)</u>
Net current assets		88,441	73,369
Net assets	8	<u>90,536</u>	<u>75,092</u>
Funds			
Unrestricted funds		36,710	33,539
Restricted funds		53,826	41,553
Total Charity Funds	9	<u>90,536</u>	<u>75,092</u>

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 8 January 2024 and signed on its behalf by:

Khalid Akram (Treasurer)
Trustee

CASE STUDIES

Case Study 1.

Ms S is a carer for her daughter who has a learning disability. She visited the office for help with completing a PIP form. Her daughter is 26 years of age and had never applied for any disability related benefit in the past. Mrs S was also unaware that she is a carer.

I completed the PIP form which resulted in Mrs S receiving the Higher Rate benefit amount for her daughter. I then invited Mrs S to my regular carers meetings where I explained to the group the role of carers and how some people don't even realise that they are carer. This was a very emotional meeting, however Mrs S made new friends and felt very relieved that she was able to talk openly about some of the difficulties she faces.

After identifying the difficulties that Mrs S and her daughter face I arranged for appropriate support. I applied for carers allowance for Mrs S which was much needed and also a blue badge for her daughter. This has made travelling much easier and both mother and daughter now go out more. In addition I discussed the possibility of a social care package which Mrs S wants to think about for the moment. I advised Mrs S about other help available such as help with Bus travel (Now Card) and the CEA card (Cinema card)

I invited both Mother and daughter to activity sessions such as yoga, nature walks, bush craft, and art sessions. Mrs S attended all sessions with her daughter and commented on how they really felt included. Both mother and daughter currently really enjoy the boxing sessions and look forward to these every week. They enjoy valuable time together and have made friends.

Case Study 2.

Case Study: AH Volunteer

Upon his return to the UK after studying abroad, AH reached out to the Pukar Centre. Equipped with a background in Psychology, his objective was to offer support to individuals seeking assistance with their well-being. AH actively contributed to Pukar by implementing well-being toolkits, showcasing his dedication to enhancing the mental health of service users.

His infectious enthusiasm and willingness to help led him to take on additional volunteering responsibilities, including assisting with open days and other events. AH's commitment to the cause was evident as he dedicated over 6 months to volunteering with Pukar, demonstrating his passion for making a positive impact in his community.

AH's journey from volunteering to employment was facilitated by the support of the volunteer coordinator and employment officer at Pukar. They provided guidance and assistance every step of the way, helping him navigate the transition smoothly. With their support and encouragement, AH successfully secured full-time employment with the NHS in his desired field, fulfilling his aspirations while continuing to make a difference in the lives of others.

QUOTES

A word from our service users

I finally feel included

"I *feel* comfortable coming to Pukar I can discuss my needs and feel I receive solutions"

"Without language support I would struggle with form filling and am really pleased for the support"

"Thank you for all the support"

Quotes from organisations

"Pukar meets the needs of BAME people with disabilities"

"We appreciate the feedback from Pukar"

Words of Gratitude

Pukar Disability Resource Centre would like to thanks to all who, supported us during this year! We would also like to show our appreciation to all our valuable partnership organisations & supporters!

Adult & Community
Services

Stoneygate

CAB

Reaching Communities

WEA

RESTART

Red Rose Sports

Princess Trust

Wellbeing Service

Gujarat Hindu Society

Lancashire County Council

Duchy of Lancaster

Community Foundations

Tutors

Disability Action

DENW

Nelson & Colne College

UCLAN

Lancashire Adult College

Lancashire Care Trust

Lancashire Constabulary

Preston Muslim Forum

UK Online

Preston City Council

Preston Community
Network

LBME PACT

Debt Advice PCC

Lancashire Constabulary

Jobcentre Plus

Age Concern

Galloways

Active Lancashire

Sahara

Diabetes Association

Advance Social Care

Shannon Trust

Images

Class Activities



We would also like to thanks our Board Members, Staffs and Volunteers for their help and support.

Pukar Disability Resource Centre
Annual Report and Financial Statements
31 March 2024

Pukar Disability Resource Centre

Contents

	Page
Charity information	3
Trustees' annual report	4-6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10-13

Pukar Disability Resource Centre Company Information

Trustees:

Keith Holden (Chairperson)
Khalid Akram (Treasurer)
Sarwar Ali
Chhabildas Parmar
Yasmin Shakir
Ayas Isap
Saajid Tagari
Heather Deans - Appointed 24.05.22
Tony Holroyd

Independent Examiners:

Stephen W Valentine FCA
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

Principal Address:

3 - 5 Oakham Court
Preston
Lancashire
PR1 3XP

Bankers

HSBC
49A Fishergate
Preston
Lancashire
PR1 8BQ

Registered number

1077534

Pukar Disability Resource Centre Report of the trustees

The trustees present their report and financial statements for the year ended 31 March 2024.

Constitution

Pukar Disability Resource Centre is constituted under a Trust Deed adopted on 23 August 1999 and is a registered charity, number 1077534.

Objects and activities

To promote any charitable purpose for the benefit of the community, who are from Preston and the surrounding areas and to provide an accessible centre in Preston City Centre, where disabled adults, and their carers can access information, resources and training, using trained staff and volunteers.

Organisational structure, governance and management

The charity is controlled by the Trustees who make up the management committee. Details of the current Trustees are set out on page 1. Trustees are elected from amongst the full members of the charity by the members in general meeting or a maximum of one third of the Trustees may be co-opted by the Management Committee.

At the Annual General Meeting of the charity those entitled to vote shall elect from amongst themselves a chairman, secretary and treasurer, who shall hold office from the conclusion of that meeting. They shall be eligible for re-election.

All members of the Management Committee shall retire from office together at the end of the Annual General Meeting next after the date on which they came into office but they may be re-elected or re-appointed.

The Trustees that served during the year ended 31 March 2024 were as follows:

Keith Holden (Chairperson)
Khalid Akram (Treasurer)
Sarwar Ali
Chhabildas Parmar
Yasmin Shakir
Ayas Isap
Saajid Tagari
Heather Deans - Appointed 24.05.22
Tony Holroyd

No trustees have received remuneration over the reporting period.

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity.

Pukar Disability Resource Centre Report of the trustees

Review of Activities and Achievements

How our activities deliver public benefit :-

Pukar has continued to support disabled people in the area and to provide an educational service to the community at large. Ethnic minority disability promotional events have continued to ensure that Pukar and its service is kept in the public eye.

We have skilled and dedicated volunteers who work regularly at Pukar with disabled users and carers. Our volunteers are in great demand and we work closely with other groups to share our volunteer resources. The Trustees would like to express thanks to all the volunteers and staff at Pukar for their hard work during the year.

We have continued to provide courses and training for our users and have extended the range of courses offered this year. A variety of activities are arranged to have opportunities to try something new and hopefully develop new interests.

Financial Review

Total receipts from unrestricted funds were £20,576 for the year and detailed in the financial statements.

Total receipts from restricted funds were £97,746 for the year and detailed in the financial statements.

Unrestricted resources expended total £20,795. Unrestricted resources expended have increased by £7,872 when compared to the previous year. These are detailed in the financial statements.

Restricted resources expended total £78,884. Restricted resources expended have increased by £1,972 when compared to the previous year. These are detailed in the financial statements.

The net result for the year was income over payments of -£219 on unrestricted funds.

The net result for the year was income over payments of £18,862 on restricted funds.

Pukar staff and volunteers attend networking events, conferences and seminars and facilitate events.

Pukar Disability Resource Centre Report of the trustees

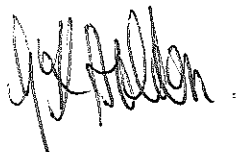
Statement of trustees' responsibilities

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law, regulations and trust deed. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board on 23 December 2024. For and on behalf of the board of Trustees.



Keith Holden (Chairperson)
Trustee

Pukar Disability Resource Centre

Independent Examiner's Report to the trustees of Pukar Disability Resource Centre

I report to the trustees on my examination of the accounts of Pukar Disability Resource Centre (the Charity) for the year ended 31 March 2024.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to :

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination , no matter has come to my attention

1. which gives me reasonable cause to believe that in,any material respect, the requirements :

- to keep accounting records in accordance with section 130 of the Charities Act ;

and

- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met ; or

2. to which, my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Stephen W Valentine FCA
Independent Examiner

Cameron Valentine Limited
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

23 December 2024

**Pukar Disability Resource Centre
Statement of Financial Activities
for the year ended 31 March 2024**

	Note	Unrestricted Funds	Restricted Funds	2024 £	2023 £
Incoming Resources					
Donations/fund raising		1,496	-	1,496	6,514
Grants received	2	-	97,746	97,746	82,915
Service fees		18,650	-	18,652	15,851
Interest receivable		430	-	-	-
Total Incoming Resources		<u>20,578</u>	<u>97,746</u>	<u>117,894</u>	<u>105,280</u>
Resources Expended					
Total Incoming Resources		<u>20,576</u>	<u>97,746</u>	<u>118,322</u>	<u>105,280</u>
Other Expenditure					
Staff costs	3	6,141	55,265	61,406	59,156
Events		401	496	897	711
Travel and subsistence		72	200	271	152
Course fees		-	-	-	487
Rent		9,965	2,491	12,456	3,456
Utilities		1,880	4,389	6,270	7,400
Cleaning		160	639	799	1,332
Postage, stationery and telephone		186	1,649	1,835	2,418
Insurance		59	530	589	674
Repairs and maintenance		1,062	899	1,961	684
Computer and maintenance		-	-	-	-
Depreciation		201	277	478	658
Child Care		-	-	-	-
Sundry expenses, Advertising, Charges		92	918	1,011	1,527
Accountancy fees and bookkeeping		576	2,304	2,880	2,874
Tuition Fees		-	8,827	8,827	7,995
Legal Fees		-	-	-	-
Total Resources Expenditure	4	<u>20,795</u>	<u>78,884</u>	<u>99,680</u>	<u>89,524</u>
Net Incoming Resources before transfers		(219)	18,862	18,642	15,756
Transfers between Funds :-					
Unrestricted		-	-	-	-
Restricted		-	-	-	-
Net Incoming Resources for the Year		<u>(219)</u>	<u>18,862</u>	<u>18,642</u>	<u>15,756</u>
Fund Balances brought forward					
as at 1 April 2023		36,710	53,826	90,536	74,239
Fund Balances carried forward					
as at 31 March 2024		<u>36,491</u>	<u>72,688</u>	<u>109,178</u>	<u>89,995</u>

Pukar Disability Resource Centre
Balance Sheet
as at 31 March 2024

	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	5	1,618	2,096
		1,618	2,096
Current assets			
Stocks			
Debtors	6	6,012	13,041
Cash at bank and in hand - HSBC		154,056	118,117
		<u>160,068</u>	<u>131,158</u>
Creditors: amounts falling due within one year	7	<u>(52,505)</u>	<u>(42,711)</u>
Net current assets		107,563	88,447
Total assets less current liabilities		109,181	90,543
Net assets	8	<u>109,179</u>	<u>90,536</u>
Funds			
Unrestricted funds		36,491	36,710
Restricted funds		72,688	53,826
Total Charity Funds	9	<u>109,179</u>	<u>90,536</u>

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 23 December 2024 and signed on its behalf by:



Khalid Akram (Treasurer)
Trustee

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2024

1 Accounting policies

Basis of preparation of the accounts

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on the 16 July 2014 and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. The trustees have a reasonable expectation that the charity has adequate reserves to continue in operational existence for the foreseeable future. Accordingly, the trustees continue to adopt the going concern basis in the preparation of the accounts.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designed for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charges against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Transfers between funds are made when a restriction ceases to apply to a fund, to show restricted assets separately from unspent funds or where a project is funded partially from restricted income and partially from general funds.

Incoming Resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. When donors specify that grants given to the charity must be used in future financial years the income is deferred until that year. No amounts are included in the financial statements for services donated by volunteers.

Resources Expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Other expenditure costs are those incurred in support of expenditure on objects of the charity and those in connection with the administration of the charity and compliance with constitutional and statutory requirements. Also included are the costs associated with raising funds from all possible sources of incoming resources and costs associated with raising the profile of the charity.

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2024

Tangible Fixed Assets and Depreciation

Tangible fixed assets are capitalised and included at cost including any incidental expenses of acquisition.

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Computer equipment	33% straight line
Fixtures and fittings	15% reducing balance

2 Grants Received	2024	2023
Donations, grants & other income received	99,242	89,429
Service fees	18,652	15,851
	<u>117,894</u>	<u>105,280</u>

3 Staff Costs	2024	2023
	£	£
Wages and salaries and centre manager costs	61,406	59,156
Employers NI	-	-
Pensions	-	-
	<u>61,406</u>	<u>59,156</u>
No employee earned £50,000 or more		

The average number of paid staff, calculated on full-time equivalent basis, analysed by function was:

	2024	2023
Caring services	3	3
Generating funds	1	1
Management and administration	1	1
	<u>5</u>	<u>5</u>

No trustees have received remuneration over the reporting period.

4 Total Resources Expended	2024	2023
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	478	658
Book keeping services	1,440	1,440
Independent examiners remuneration		1,194
	<u></u>	<u></u>

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity. The invoiced amounts are shown above detailed as book keeping services.

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2024

5 Tangible fixed assets

	Computer equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2023	25,618	24,779	50,397
Additions	-	-	-
Surplus on revaluation	-	-	-
Disposals	-	-	-
At 31 March 2024	<u>25,618</u>	<u>24,779</u>	<u>50,397</u>
Depreciation			
At 1 April 2023	25,523	22,778	48,301
Charge for the year	383	95	478
Surplus on revaluation	-	-	-
On disposals	-	-	-
At 31 March 2024	<u>25,906</u>	<u>22,873</u>	<u>48,779</u>
Net book value			
At 31 March 2024	<u>(288)</u>	<u>1,906</u>	<u>1,618</u>
At 31 March 2023	<u>95</u>	<u>2,001</u>	<u>2,096</u>

6 Debtors

	2024 £	2023 £
Trade debtors	3,042	3,848
Prepayments and Sundry Debtors	2,970	9,193
	<u>6,012</u>	<u>13,041</u>

7 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors and accrual	115	879
Other taxes and social security costs	51,190	39,913
Accruals	1,200	1,919
	<u>52,505</u>	<u>42,711</u>

8 Analysis of Net Assets between Funds

	General Funds	Restricted Funds	Total Funds
Tangible fixed assets	1,282	336	1,618
Current assets	148,954	11,113	160,067
Current liabilities	(49,748)	(2,757)	(52,505)
Net assets as at 31 March 2024	<u>100,488</u>	<u>8,692</u>	<u>109,180</u>

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2024

9 Movement in funds

	As at 1 April 2023	Incoming Resources	Outgoing Resources	Transfers	As at 31 March 2024
<u>Unrestricted Funds:</u>					
General Funds	36,710	20,576	20,795	-	36,491
Total Unrestricted Funds	36,710	20,576	20,795	-	36,491
<u>Restricted Funds:</u>					
Community Foundation - National Lottery	49,564	83,284	67,209	-	65,639
CAB	482	-	-	-	482
Covid Response Grant	277	-	-	-	277
Preston City Council	39	-	-	-	39
Mental Health Project - Red Rose	346	12,000	9,687	-	2,659
WEA Grant	2,294	-	-	-	2,294
Edward Gostlin	685	-	-	-	685
Onward homes project	-	2,462	1,988	-	474
Arnold Clark	139	-	-	-	139
Total Restricted Funds	53,826	97,746	78,884	-	72,688
Total Funds	90,536	118,322	99,679	-	109,179

General Funds represents the free funds of the charity which are not designated for particular purposes.

Pukar Disability Resource Centre

Independent Examiner's Report to the trustees of Pukar Disability Resource Centre

I report to the trustees on my examination of the accounts of Pukar Disability Resource Centre (the Charity) for the year ended 31 March 2024.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to :

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination , no matter has come to my attention

1. which gives me reasonable cause to believe that in,any material respect, the requirements :

- to keep accounting records in accordance with section 130 of the Charities Act ;

and

- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met ; or

2. to which, my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Stephen W Valentine FCA
Independent Examiner

Cameron Valentine Limited
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

23 December 2024