



ANNUAL REPORT
1st April 2020 - 31st March
2021
ANNUAL GENERAL MEETING
2022

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Avenham Lane
Preston
PR1 3XP

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REGISTERED CHARITY NUMBER: 1077534

CONTENTS

Chairperson Report	3
Treasurers Report	4
Service Development Manager's Report	5
Carers'/Outreach Officer's Report	6
Volunteer coordinator	7
Management Committee	8
Pukar's Service Provision	8-11
Pukar Confidence Building	12
Employment Support	12
Volunteer Support	12
Referrals	13
Financial Report	14-15
Case-Studies	16-17
Quotes	18

Words of Gratitude

19

Images

20

Chairperson's Report

It is with great pleasure I present this Annual Report for Pukar Disability Resource Centre.

I would like to thank all our supporters and stakeholders, who have made it possible to further our service provision and enabled us to continue our work programs for the BAME disabled people, carers and their families in Preston and the surrounding areas.

It has again been another challenging and dynamic year for Pukar and all staff, members, volunteers and board members are to be congratulated on their efforts and dedication to the services of Pukar in the last year. Everyone has made efforts to ensure Pukar strives to meet the needs of service users.

Pukar has reached out increasingly to many more people with a diverse range of needs in the last year and it is commendable to see in effect just how much the Preston community has benefited from the services delivered, so increasing community cohesion and social inclusion for the most vulnerable client groups in Preston and surrounding areas. We have been able to achieve this with current resources but constant demand proves the

need for a service like Pukar's to continuously expand our resources in order to increase the capacity for delivery to meet the demand. All this has been possible with the in-depth partnerships that have been built with other organisation's and mainstream service providers, to break down barriers and encourage an equal and fair access to services.

We look forward to working with all our partners, supporters and stakeholders in the forth-coming year, to ensure our services continue to be provided.

Once again I would like to thank all who have contributed, for their continued support and hard work for Pukar.

We want to thank all our Funders including the team at Reaching communities. WEA, CAB, Preston City Council, Disability Action and others.

Keith Holden
Chairperson

Treasurer's Report

I would like to thank Mr Keith Holden Chair of Pukar, my fellow trustees, our dedicated staff members, volunteers, all tutors and supporters. During this challenging year.

Please see enclosed our financial report for 2020 - 2021. Pukar is in a sustainable position and goes from strength to strength, in a challenging environment. If anyone wants to see the full accounts please let myself or contact the centre manager.

I would personally like to give special thanks to supporters-funding providers, partners that supported Pukar during the past years.

Mahmud Amirat
Treasurer Pukar

Service Development Manager's Report

I am pleased to forward key points for the annual report.

There has been a continued increase in carers and disabled people requesting support from Pukar, this effort has been coupled with support from all the staff at Pukar to identify, support and meet these needs.

The courses and training at Pukar are carefully considered and designed to develop confidence and learning as well as provide opportunities for teamwork. Feedback from people attending the learning is positive and beneficial. The tutors have experience and have built a positive learning and understanding specific needs of learners, some with special needs. Pukar has been able to support various learning needs of people through student support. Pukar has been true to its values of promoting learning since its inception. Many people have learned skills

The current service provision has supported people with multiple needs including supporting people access IT resources, reducing poverty levels amongst a large number of people.

Projects at Pukar have been successfully delivered. This has enabled multiple supports to people. The value of service provision has increased as well as referral process increased through joint work. Future success will involve continued partnership working.

Pukar has invested time and resources in ensuring the organisation is in a capable position to meet the multiple needs of people accessing the organisation. Pukar has identified strategic opportunities to deliver services. The success of these opportunities will result in future sustainability.

Reductions in funding remains a key challenge for Pukar, the organisation is working hard to ensure funding received is spent efficiently to benefit services users.

During Covid Pukar has continued service provision, to people adapting service provision mainly on the phone and online classes. Pukar continued to provide services.

I would like to thank, trustees, staff, volunteers, funders and teachers for their continued support to the organization

Younus Khan,
Service Development Manager

Carers'/Outreach Officer Report

Pukar aims to provide a link between disabled people and carers from diverse communities and mainstream agencies/service providers to try and improve the accessibility of service provision for carers and disabled people. Our service users receive information in several diverse languages to enable them to better understand the services that are available and what other form of help they can receive.

Referrals have been made to many organisations including social services, occupational therapy assessments. Referrals have been made to many other organisations including, ICANN, Galloways Society for the blind, Ncompass, DENW, PMF, and, CAB, Nelson and Colne college.

Outreach Officer and volunteers have provided support to service users at medical appointments, provided housing advice, form filling, advocacy debt advice as well as various other learning, advice and guidance.

Existing and New Carers continue to benefit with carers breaks and courses during the year. Carers' have also received advocacy support on a range of matters. Home visits have formed a key part of the support for those unable to attend the centre. There has been an Increase in numbers of carers that attend the centre particularly those that are hidden and isolated carers and identified to enable them to link into service provision.

Outreach work has involved visiting people in their own homes who struggle being able to access the centre for help and advice. The provision of this service is valuable in ensuring people are not excluded and are aware of the services they can receive Throughout the year the numbers of Personal Independent form fillings have risen along with DLA and ESA form filling. Outreach work has required maintaining accurate records and files of client interactions and what referrals were made. These documents include outreach visits, referrals as well as case file, and follow-up reports on client activity.

The services that are provided by Pukar are much needed by the vulnerable people, and I hope that Pukar continues to progress and develop its services further with many more people coming through its doors.

Outreach Officer

Volunteer Coordinator

The Volunteer Coordinators' role is to recruit volunteers to support the works at Pukar Centre. Volunteer recruitment has been conducted keeping in mind the ethos of the Pukar with most volunteers being either carers or people with health conditions or disabilities. Every volunteer undertakes induction where we identify and find ways to support them in carrying out their volunteering duties. Feedback has been positive and even with the restrictions on activities during the pandemic volunteers have adapted and carried on supporting service users through online sessions. This includes online English classes, groups, and one on one and regular online meetings with the Embrace group.

The plan for next year is to identify more volunteers who can be linked to current and future projects. This will help ensure the sustainability of the organization as well as develop skills and transferable skills for volunteers.

Nahid Qurban Volunteer Coordinator

Project Support Officer

We have been successful in sustaining a number of projects at Pukar. I have collated, captured and reported evidence by monitoring all the work carried out by staff. This is reported monthly and is an integral part of the work. We have improved our systems of evidence gathering. I frequently update and improve the systems to ensure the reporting is up to date and meets the requirements for funders. Marketing and promotion and arranging assessments has been successful and increased the numbers of service users attending the centre.

Swarn Tiwari Project Support Officer

Management Committee

Chairperson	-	Keith Holden
Treasurer	-	Mahmud Amirat
Secretary	-	Khalid Akram

Trustees

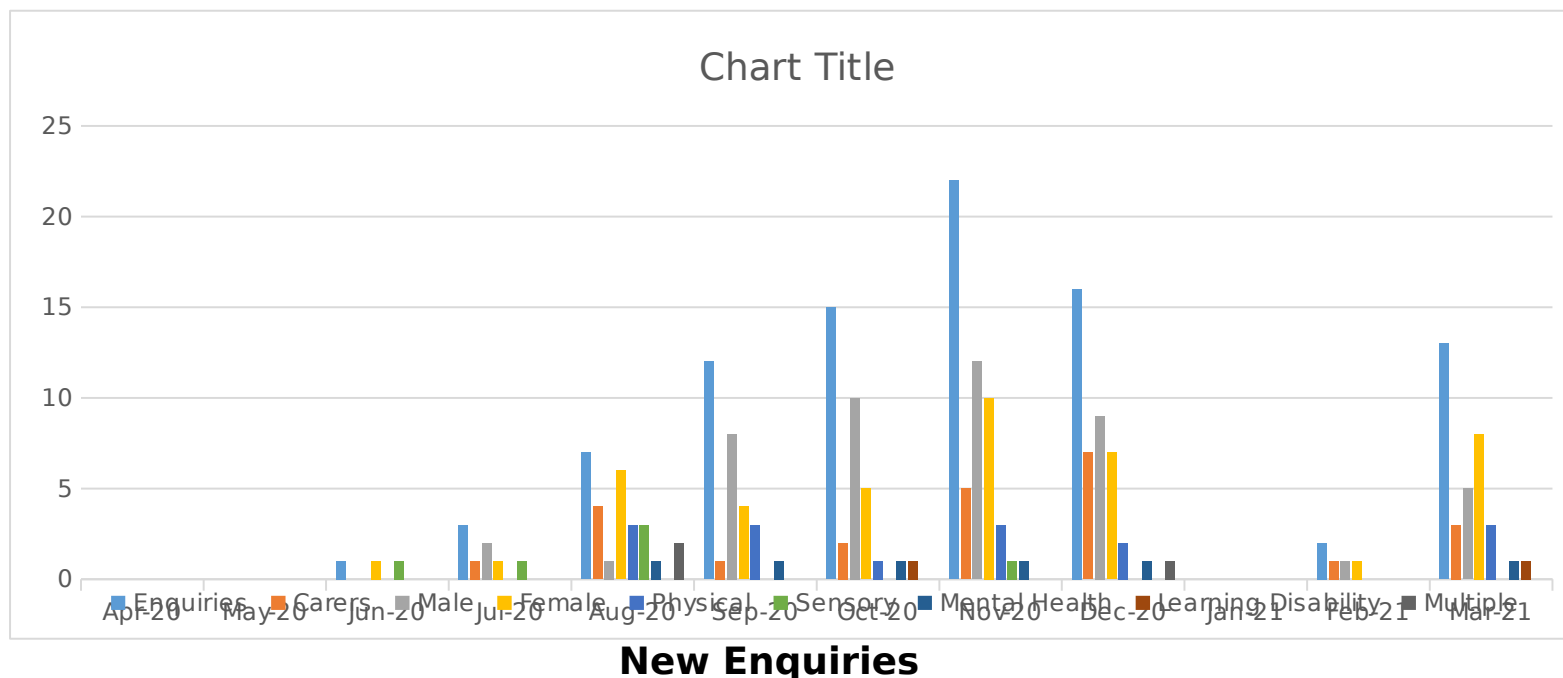
Ayas Isap
Chabildas Parmar
Sarwar Ali
Yasmin Shakir
Khalid Akram
Saajad Tagari
Yakub Gangat

Pukar's Service Provision

Carers & Disability Work

Work with carers has been an ongoing daily through our service delivery i.e. such as information advice and guidance, advocacy, carers break, trips, form filling, referrals to partner organizations, and carers meetings. There are 24 new carers that have been identified and supported by Pukar over the year.

In addition 77 carers have been supported by Pukar, with direct work, arranging classes and activities, form filling, as well as home visits.



Month	Enquiries	Carers	Male	Female	Physical	Sensory	Mental Health	Learning Disability	Multiple
Apr-20	0	0	0	0	0	0	0	0	0
May-20	0	0	0	0	0	0	0	0	0
Jun-20	1	0	0	1	0	0	0	0	0
Jul-20	3	1	2	1	0	1	0	0	0
Aug-20	7	4	1	6	3	3	1	0	2
Sep-20	12	1	8	4	3	0	1	0	0
Oct-20	15	2	10	5	1	0	1	1	0
Nov-20	22	5	12	10	3	0	1	0	0
Dec-20	16	7	9	7	2	0	1	0	1
Jan-21	0	0	0	0	0	0	0	0	0
Feb-21	2	1	1	1	0	0	0	0	0
Mar-21	13	3	5	8	3	0	1	1	0

Note: Covid 19 Lockdown April 2019 -- July 2019 (Working from home)

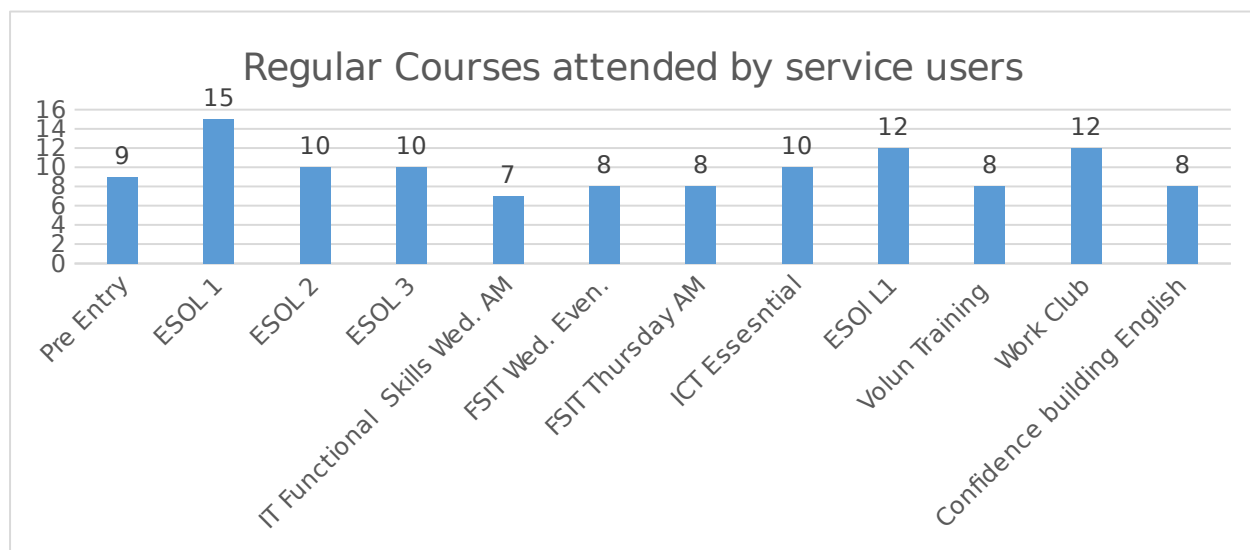
Total new people enquiring intensive support 91

Total number of new Carers identified is 24

On average dealing with 32 queries per week dealing with personal issues and on the telephone, related to health, education, social care, welfare, debt, financial inclusion, home energy, volunteering, complex casework mental health, work, advocacy, translating
In addition regular carers meetings are organized for carers. Guest speakers are invited to provide further information.

Types of Disabilities we have supported people with such as and what it includes

Multiple Disabilities
Learning Disabilities
Mental Health / Depression
Sensory
Physical
Plus many other specific disabilities
Complex needs



Most courses are accredited with certificates and recognized qualifications.

Ethnicity of Service Users and Students Accessing Pukar

Ethnicity	
Asian or Asian British - Bangladeshi	Asian or Asian British - Indian
Asian or Asian British - Pakistani	Asian or Asian British - any other Asian Background
Black or Black British - African	Black or Black British - Caribbean
Black or Black British - any other Black background	Chinese
Mixed - White and Asian	Mixed - White and Black African
Mixed - White and Black Caribbean	Mixed - any other mixed background
White - British	White - Irish
White - any other white background	Arab
Gypsy or Traveler	Persian

Events organised and attended by Pukar

Health & Social Care Conferences	Health Expo / Mela
Assessment Days	AGM's
Trips	BME Forums
Carers Meetings	Careers Support
Certificate Day	Wellbeing
Surgeries	Funding Workshops
Information Advice & Guidance	Enrolment Days
UCLAN Meetings	Disability- Carers Information days.
	Disability Exhibitions

Service Provision at Pukar

- PIP/Attendance Allowance/Carers Allowance Form Filling
- Advocacy
- Outreach Visits
- Workshops
- Joint Assessments
- Other Form Filling
- Disability Training

- Volunteer Support
- Education & Training
- Language Support
- Arranging childcare
- Interpretation
- Carers Support
- Student Support
- Home Visits
- Using Computers
- Volunteer Recruitment
- Joint visits to hospitals
- Carers meetings

Pukar Confidence building & improvement in English

Pukar had a substantial increase in people learning English and waiting to learn English.

People are attending regular classes to improve their English skills. Pukar has recruited volunteers who were trained by the college to enable them using the Basic English framework and resources and able to deliver the Basic English reading, speaking and confidence building classes.

**Pukar Disability Resource Centre
Statement of Financial Activities
for the year ended 31 March 2019**

	Note	Unrestricted Funds	Restricted Funds	2019 £	2018 £
Incoming Resources					
Donations/fund raising		1,033	-	1,033	970
Grants received	2	5,250	28,110	33,361	35,935
Service fees		17,622	15,196	32,817	33,861
Total Incoming Resources		<u>23,905</u>	<u>43,306</u>	<u>67,211</u>	<u>70,766</u>
Resources Expended					
Total Incoming Resources		<u>23,905</u>	<u>43,306</u>	<u>67,211</u>	<u>70,766</u>
Other Expenditure					
Staff costs	3	13,115	30,002	43,117	42,152
Events		64	-	64	605
Travel and subsistence		163	-	163	107
Course fees		23	-	23	892
Rent		3,737	8,719	12,456	12,456
Utilities		2,204	1,250	3,454	3,186
Cleaning		371	41	412	739
Postage, stationery and telephone		436	535	971	1,460
Insurance		134	540	674	(209)
Repairs and maintenance		421	-	421	403
Computer and maintenance		709	158	867	640
Depreciation		188	741	929	1,066
Sundry expenses, Advertising and PR		363	195	558	1,485
Accountancy fees and bookkeeping		2,565	-	2,565	2,466
Legal Fees		15	-	15	-
Total Resources Expenditure	4	<u>24,508</u>	<u>42,181</u>	<u>66,689</u>	<u>67,448</u>
Net Incoming Resources before transfers		(603)	1,125	522	3,318
Transfers between Funds :-					
Unrestricted		-	-	-	-
Restricted		-	-	-	-
Net Incoming Resources for the Year		<u>(603)</u>	<u>1,125</u>	<u>522</u>	<u>3,318</u>
Fund Balances brought forward					
as at 1 April 2018		31,749	1,938	33,687	30,369
Fund Balances carried forward					
as at 31 March 2019		<u>31,146</u>	<u>3,063</u>	<u>34,209</u>	<u>33,687</u>

The project has been successful in achieving outcomes for learners to enable them to gain confidence by developing their skills in conversation. Volunteers have provided an invaluable service to provide learning for the service user, we would like to thank our volunteer tutor

Employment support

Information gathered from service users, Pukar partners and people, who gained employment with the support and help of Pukar centre. People were supported with basic IT support, interview skills, CV building, accessing employment and basic information and advice.

Volunteers at Pukar

Pukar has recruited and supported volunteers during the year to complement and support the services of Pukar. Volunteers have gained a number of skills including administration, IT, Person Centred Support and learning about organisations that support people from BME communities, people with disabilities from diverse communities

Organisation Referrals


-

Received and Sent

**Pukar Disability Resource Centre
Balance Sheet
as at 31 March 2021**

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	5	<u>2,132</u>	<u>2,658</u>
		2,132	2,658
Current assets			
Stocks			
Debtors	6	870	22,824
Cash at bank and in hand - HSBC		<u>87,480</u>	<u>36,409</u>
		88,350	59,233
Creditors: amounts falling due within one year	7	<u>(16,238)</u>	<u>(14,615)</u>
Net current assets		72,112	44,618
Net assets	8	<u>74,239</u>	<u>47,274</u>
Funds			
Unrestricted funds		43,799	39,770
Restricted funds		30,440	7,504
Total Charity Funds	9	<u>74,239</u>	<u>47,274</u>

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 2 September 2021 and signed on its behalf by:


Mahmud Amirat (Treasurer)
Trustee

CASE STUDIES

Case Study 1.

Ms S is a carer for her daughter who has a learning disability. She visited the office for help with completing a PIP form. Her daughter is 26 years of age and had never applied for any disability related benefit in the past. Mrs S was also unaware that she is a carer.

I completed the PIP form which resulted in Mrs S receiving the Higher Rate benefit amount for her daughter. I then invited Mrs S to my regular carers meetings where I explained to the group the role of carers and how some people don't even realise that they are carer. This was a very emotional meeting, however Mrs S made new friends and felt very relieved that she was able to talk openly about some of the difficulties she faces.

After identifying the difficulties that Mrs S and her daughter face I arranged for appropriate support. I applied for carers allowance for Mrs S which was much needed and also a blue badge for her daughter. This has made travelling much easier and both mother and daughter now go out more. In addition I discussed the possibility of a social care package which Mrs S wants to think about for the moment. I advised Mrs S about other help available such as help with Bus travel (Now Card) and the CEA card (Cinema card)

I invited both Mother and daughter to activity sessions such as yoga, nature walks, bush craft, art sessions, police tour and boxing sessions. Mrs S attended all sessions with her daughter and commented on how they really felt included. Both mother and daughter currently really enjoy the boxing sessions and look forward to these every week. They enjoy valuable time together and have made friends. Her daughter's mental health has also improved Mrs S feels more relaxed now that her daughter is much happier.

I really feel both mother and daughter have benefitted from accessing the services at Pukar and have made some wonderful friends. I attend the boxing classes with Mrs S and her daughter and it is very rewarding to witness the joy they feel.

Case Study 2.

Miss S is a young lady who has visual impairments, at home she helped with the caring duties for her sibling and foster siblings. Miss S was introduced to

Pukar for us to help support her. After assessing her needs a staff listening to her, she was supported by Pukar resulting in positive outcomes.

With the volunteering induction in August and wellbeing tool kit we explored way to help Miss S become more confident and also help her implement what has learned into practice. Miss S is qualified. Due to her disabilities she was not able to any statutory placements.

Miss S was encouraged to attend the work club. We supported her through a couple of job interviews with interview practice. Miss S started to come here regularly and we discussed how she can help create a support group with other visually impaired volunteers/service users. In October 2020 Miss S had her first meeting with the other two visually impaired volunteers and myself.

As their first act of supporting, firstly each other than others would be to help Mr H use public transport Mr H had never been on public transport with a trip to Asda. We met at Pukar Centre and walked to the bus station and then proceeded to catch the bus to Asda. It as an eye opener for me, for the first time in my life I was able to see for myself how difficult it is for people with disabilities to do things that I took for granted. In Asda customers would leave trollies in the path of my visually impaired volunteers. People would just stop dead and start talking not realising they are blocking the way. Even though it was a wet and cold autumn day everybody enjoyed their trip and Mr H was happy that he had finally conquered his fear of using public transport. Miss S was very responsible. She took charge of the trip by helping complete the risk assessment and on the day helped guide and support the other two volunteers.

During the numerous lockdown and restrictions Miss S kept the momentum of the group by having meetings online and in person at Pukar whenever possible. Miss S and her co-volunteers decided to create a support group. They called it Embrace with Miss S as chairperson. The Embrace team has arranged several trips for example: they have been to Lytham, Blackpool. They have also been on conferences for example Sight Village in Birmingham. Miss S has accompanied myself and YK to events and disability training.

The help and support Pukar has provided over the last year has seen Miss S go from being a quiet shy young lady to a confident team leader. We hope she will continue to work with Pukar in the years to come. Feedback from Miss S has been positive and will continue to support Pukar activities.

Case Study 3

Mr. MH has been supported by Pukar with intensive casework, he suffers from mental health, that resulted in family breakdown and he was homeless and was not able to speak English or understand. Pukar supported him with making appointments, reading correspondence, supporting him with links to statutory social and health services. Pukar staff supported him with registering and regularly making bids for housing as well as filling out welfare rights forms. His mental health does fluctuate and he is unable to complete basic tasks and gets confused. Pukar's drop in facility provides him with timely early intervention. ***"I would have no one to support me how Pukar has helped me"***

As a result He now has housing, appropriate benefits, is able to order medicine and is more empowered.

QUOTES

A word from our service users

"I wouldn't be here now if it wasn't for you to encourage me to come onto the volunteer program."

"Thank you, I really enjoy my teaching every week" (From: KL Volunteer ESOL teacher)

"I am on the reading, My teacher helps me a lot, at work now I can follow written instructions I am so happy" (From: JO talking about her volunteer reading coach)

"I'm so grateful that Pukar is here to help people like myself. I don't know where I would have gone- my English is not good enough and I feel comfortable talking to you."

"I'm so happy! I wish I had come and spoken to you sooner- I would have got my problems sorted."

"You're amazing! Thank you so much for your help- I honestly could not have done it without you..."

"We like coming here. The staff are friendly and we have made new friends."

"I feel comfortable and safe at Pukar. I know that I have someone to talk to and you will help me properly. Thank you so much for all your help."

"I *feel* comfortable coming to Pukar I can discuss my needs and feel I receive solutions"

"Without language support I would struggle with form filling and am really pleased for the support"

Quotes from organisations

"We are surprised at how much you have going on at the Centre to support people"

"Pukar is a one stop shop"

Words of Gratitude

Pukar Disability Resource Centre would like to thanks to all who, supported us during this year! We would also like to show our appreciation to all our valuable partnership organisations & supporters!

Adult & Community
Services

Stoneygate

CAB

Reaching Communities

WEA

RESTART

Red Rose Sports

Princess Trust

Wellbeing Service

Gujarat Hindu Society

**Lancashire County
Council**

Duchy of Lancaster

Tutors

Disability Action

**Community
Foundations**

DENW

Nelson & Colne College

UCLAN

**Lancashire Adult
College**

Lancashire Care Trust

**Lancashire
Constabulary**

Preston Muslim Forum

UK Online

Preston City Council

**Preston Community
Network**

LBME PACT

Debt Advice PCC

**Lancashire
Constabulary**

Jobcentre Plus

Age Concern

Galloways

Active Lancashire

Sahara

Diabetes Association

Images

Class Activities



We would also like to thanks our Board Members, Staff, & Volunteers for all their help and support,

Pukar Disability Resource Centre
Annual Report and Financial Statements
31 March 2022

Pukar Disability Resource Centre

Contents

	Page
Charity information	3
Trustees' annual report	4-6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10-13

Pukar Disability Resource Centre Company Information

Trustees:

Keith Holden (Chairperson)
Khalid Akram (Treasurer)
Sarwar Ali
Chabildas Parmar
Yasmin Shakir
Ayas Isap
Saajid Tagari

Independent Examiners:

Stephen W Valentine FCA
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

Principal Address:

3 - 5 Oakham Court
Preston
Lancashire
PR1 3XP

Bankers

HSBC
49A Fishergate
Preston
Lancashire
PR1 8BQ

Registered number

1077534

Pukar Disability Resource Centre Report of the trustees

The trustees present their report and financial statements for the year ended 31 March 2022.

Constitution

Pukar Disability Resource Centre is constituted under a Trust Deed adopted on 23 August 1999 and is a registered charity, number 1077534.

Objects and activities

To promote any charitable purpose for the benefit of the community, who are from Preston and the surrounding areas and to provide an accessible centre in Preston City Centre, where disabled adults, and their carers can access information, resources and training, using trained staff and volunteers.

Organisational structure, governance and management

The charity is controlled by the Trustees who make up the management committee. Details of the current Trustees are set out on page 1. Trustees are elected from amongst the full members of the charity by the members in general meeting or a maximum of one third of the Trustees may be co-opted by the Management Committee.

At the Annual General Meeting of the charity those entitled to vote shall elect from amongst themselves a chairman, secretary and treasurer, who shall hold office from the conclusion of that meeting. They shall be eligible for re-election.

All members of the Management Committee shall retire from office together at the end of the Annual General Meeting next after the date on which they came into office but they may be re-elected or re-appointed.

The Trustees that served during the year ended 31 March 2022 were as follows:

Keith Holden (Chairperson)
Khalid Akram (Treasurer)
Sarwar Ali
Chabildas Parmar
Yasmin Shakir
Ayas Isap
Saajid Tagari

No trustees have received remuneration over the reporting period.

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity.

Pukar Disability Resource Centre Report of the trustees

Review of Activities and Achievements

How our activities deliver public benefit :-

Pukar has continued to support disabled people in the area and to provide an educational service to the community at large. Ethnic minority disability promotional events have continued to ensure that Pukar and its service is kept in the public eye.

We have skilled and dedicated volunteers who work regularly at Pukar with disabled users and carers. Our volunteers are in great demand and we work closely with other groups to share our volunteer resources. The Trustees would like to express thanks to all the volunteers and staff at Pukar for their hard work during the year.

We have continued to provide courses and training for our users and have extended the range of courses offered this year. A variety of activities are arranged to have opportunities to try something new and hopefully develop new interests.

Financial Review

Total receipts from unrestricted funds were £13,552 for the year and detailed in the financial statements.

Total receipts from restricted funds were £94,259 for the year and detailed in the financial statements.

Unrestricted resources expended total £23,812. Unrestricted resources expended have decreased by £9,376 when compared to the previous year. These are detailed in the financial statements.

Restricted resources expended total £83,146. Restricted resources expended have increased by £15,376 when compared to the previous year. These are detailed in the financial statements.

The net result for the year was payments over payments of £10,260 on unrestricted funds.

The net result for the year was income over payments of £11,113 on restricted funds.

During the period under review the charity secured funding from the National Lottery and it has been granted a £245,405 funding from The National Lottery Community Fund. This is payable over a three year period. The grant commenced on the 6 March 2019 and will cease on the 5 March 2022.

Pukar Disability Resource Centre Report of the trustees

Statement of trustees' responsibilities

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law, regulations and trust deed. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board on 6 September 2022. For and on behalf of the board of Trustees.

Keith Holden (Chairperson)
Trustee

Pukar Disability Resource Centre

Independent Examiner's Report to the trustees of Pukar Disability Resource Centre

I report to the trustees on my examination of the accounts of Pukar Disability Resource Centre (the Charity) for the year ended 31 March 2021.

Respective Responsibilities of Trustees and Examiner

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephen W Valentine FCA
Independent Examiner

Cameron Valentine Limited
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

06 September 2022

Pukar Disability Resource Centre
Statement of Financial Activities
for the year ended 31 March 2022

	Note	Unrestricted Funds	Restricted Funds	2022 £	2021 £
Incoming Resources					
Donations/fund raising		585	-	585	660
Grants received	2	-	94,259	84,264	113,951
Service fees		12,967		22,961	13,312
Total Incoming Resources		13,552	94,259	107,811	127,923
Staff costs	3	6,434	57,909	64,343	62,599
Events		3,444	101	3,545	36
Travel and subsistence		-	81	81	72
Course fees		81	-	81	172
Rent		9,965	2,491	12,456	12,456
Utilities		1,406	3,280	4,686	2,663
Cleaning		411	1,643	2,053	707
Postage, stationery and telephone		459	3,059	3,518	2,092
Insurance		60	540	600	600
Repairs and maintenance		471	1,112	1,583	14,398
Computer and maintenance		-	-	-	158
Depreciation		324	80	405	526
Sundry expenses, Advertising, Charges		167	2,315	2,482	499
Accountancy fees and bookkeeping		590	2,362	2,952	2,680
Tuition Fees			7,473	7,473	1,234
Legal Fees		-	700	700	66
Total Resources Expenditure	4	23,812	83,146	106,958	100,958
Net Incoming Resources before transfers		(10,260)	11,113	853	26,965
Transfers between Funds :-					
Unrestricted		-	-	-	-
Restricted		-	-	-	-
Net Incoming Resources for the Year		(10,260)	11,113	853	26,965
Fund Balances brought forward					
as at 1 April 2021		43,799	30,440	74,239	47,274
Fund Balances carried forward					
as at 31 March 2022		33,539	41,553	75,092	74,239

Pukar Disability Resource Centre
Balance Sheet
as at 31 March 2022

	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	5	<u>1,728</u>	<u>2,132</u>
Current assets			
Debtors	6	3,277	870
Cash at bank and in hand - HSBC		<u>95,678</u>	<u>87,480</u>
		98,955	88,350
Creditors: amounts falling due within one year	7	<u>(25,590)</u>	<u>(16,238)</u>
Net current assets		73,365	72,112
Net assets	8	<u>75,092</u>	<u>74,239</u>
Funds			
Unrestricted funds		33,539	43,799
Restricted funds		41,553	30,440
Total Charity Funds	9	<u>75,092</u>	<u>74,239</u>

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 6 September 2022 and signed on its behalf by:

Khalid Akram (Treasurer)
Trustee

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2022

1 Accounting policies

Basis of preparation of the accounts

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on the 16 July 2014 and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designed for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charges against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Transfers between funds are made when a restriction ceases to apply to a fund, to show restricted assets separately from unspent funds or where a project is funded partially from restricted income and partially from general funds.

Incoming Resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. When donors specify that grants given to the charity must be used in future financial years the income is deferred until that year. No amounts are included in the financial statements for services donated by volunteers.

Resources Expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Other expenditure costs are those incurred in support of support of expenditure on objects of the charity and those in connection with the administration of the charity and compliance with constitutional and statutory requirements. Also included are the costs associated with raising funds from all possible sources of incoming resources and costs associated with raising the profile of the charity.

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2022

Tangible Fixed Assets and Depreciation

Tangible fixed assets are capitalised and included at cost including any incidental expenses of acquisition.

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Computer equipment	33% straight line
Fixtures and fittings	15% reducing balance

2 Grants Received	2022	2021
Donations, grants & other income received	84,849	114,611
Service fees	22,961	13,312
	<u>107,810</u>	<u>127,923</u>

3 Staff Costs	2022	2021
	£	£
Wages and salaries and centre manager costs	62,005	62,005
Pensions	41	41
	<u>62,046</u>	<u>62,046</u>

No employee earned £50,000 or more

The average number of paid staff, calculated on full-time equivalent basis, analysed by function was:

	2022	2021
Caring services	3	3
Generating funds	1	1
Management and administration	1	1
	<u>5</u>	<u>5</u>

No trustees have received remuneration over the reporting period.

4 Total Resources Expended	2022	2021
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	405	526
Book keeping services	1,440	1,440
Independent examiners remuneration	<u>1,240</u>	<u>1,240</u>

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity. The invoiced amounts are shown above detailed as book keeping services.

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2022

5 Tangible fixed assets

	Computer equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2021	25,618	23,753	49,371
At 31 March 2022	<u>25,618</u>	<u>23,753</u>	<u>49,371</u>
Depreciation			
At 1 April 2021	25,156	22,083	47,239
Charge for the year	250	154	404
At 31 March 2022	<u>25,406</u>	<u>22,237</u>	<u>47,643</u>
Net book value			
At 31 March 2022	<u>212</u>	<u>1,516</u>	<u>1,728</u>
At 31 March 2021	<u>462</u>	<u>1,670</u>	<u>2,132</u>

6 Debtors

	2022 £	2021 £
Trade debtors	2,845	456
Prepayments	432	414
	<u>3,277</u>	<u>870</u>

7 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors and accrual	2,296	707
Other taxes and social security costs	21,592	13,750
Accruals	1,702	1,781
	<u>25,590</u>	<u>16,238</u>

8 Analysis of Net Assets between Funds

	General Funds	Restricted Funds	Total Funds
Tangible fixed assets	1,392	336	1,728
Current assets	87,842	11,113	98,955
Current liabilities	(22,833)	(2,757)	(25,590)
Net assets as at 31 March 2022	<u>66,401</u>	<u>8,692</u>	<u>75,093</u>

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2022

9 Movement in funds

	As at 1 April 2021	Incoming Resources	Outgoing Resources	Transfers	As at 31 March 2022
<u>Unrestricted Funds:</u>					
General Funds	43,799	13,552	(23,812)	-	33,539
Total Unrestricted Funds	43,799	13,552	(23,812)	-	33,539
<u>Restricted Funds:</u>					
Community Foundation - National Lottery	30,440	69,648	(58,535)	-	41,553
Active Lancashire		3,390	(3,390)		-
Preston City Council		4,861	(4,861)	-	-
Furlough		1,744	(1,744)	-	-
Disability Action Grant		2,940	(2,940)		-
WEA Grant		11,675	(11,675)	-	-
Total Restricted Funds	30,440	94,258	(83,145)	-	41,553
Total Funds	74,239	107,810	(106,957)	-	75,092

General Funds represents the free funds of the charity which are not designated for particular purposes.

Purposes of Restricted Funds

National Lottery - New Horizons Project - The National Lottery Community Fund - Restricted to salaries, general running costs of the organisation, external evaluation, training, purchase of computers and a contribution to the refurbishment of the centre.

Pukar Disability Resource Centre
Independent Examiner's Report to the trustees of Pukar Disability Resource Centre

I report to the trustees on my examination of the accounts of Pukar Disability Resource Centre (the Charity) for the year ended 31 March 2021.

Respective Responsibilities of Trustees and Examiner

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephen W Valentine FCA
Independent Examiner

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06 September 2022