

PUKAR DISABILITY RESOURCE CENTRE

England & Wales · Charity number 1077534

Details

Other names Pukar Centre

Status Registered

Legal form Other

Registered 1999-09-23

Register [View on the Charity Commission register](#)

Contact

Address 3-5 Oakham Court
Preston
PR1 3XP

Phone 01772822700

Email enquiries@pukar.org.uk

Website www.pukar.org.uk

Activities

Objects: TO PROMOTE ANY CHARITABLE PURPOSE FOR THE BENEFIT OF ALL PEOPLE WITH DISABILITIES OR THEIR CARERS, PARTICULARLY THOSE OF THE ETHNIC MINORITY COMMUNITY PRIMARILY BUT NOT EXCLUSIVELY WHO ARE FROM PRESTON AND THE SURROUNDING AREA.TO PROMOTE ACCESSIBLE CENTRE IN PRESTON TOWN CENTRE, WHERE DISABLED ADULTS, CHILDREN AND THEIR CARERS CAN ACCESS INFORMATION, RESOURCES AND TRAINING, USING TRAINED STAFF AND VOLUNTEERS.

Activities: Drop in information & advice. Advocacy & support, training & accredited courses, carers outreach project, leisure & social activities, all provided with bi-lingual support for disabled people, carers families and unemployed people

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Disability
- **Who:** Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- **Area of benefit:** PRESTON AND THE SURROUNDING AREA
- Lancashire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£126,299	£112,969	-	-
2024-03-31	£118,322	£99,680	-	-
2023-03-31	£105,279	£89,833	-	-
2022-03-31	£107,811	£106,958	-	-
2021-03-31	£127,923	£100,958	-	-

Trustees

Name	Role	Appointed
KEITH HOLDEN	Chair	
Ayas Isap		2016-12-15
Heather Deans		2022-05-24
Saajid Tagari		2020-03-05
Sarwar Ali		2016-04-07
Waheda Ahmed		2025-11-18
KHALID AKRAM		2017-12-07

Accounts

Pukar Disability Centre

Enable | Educate | Empower

ANNUAL REPORT

1st April 2023 – 31st March 2024

ANNUAL GENERAL MEETING 2025



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Chairperson's Report

It is with great pleasure I present this Annual Report for Pukar Disability Resource Centre.

I would like to thank all our supporters and stakeholders, who have made it possible to further our service provision and enabled us to continue our work programs for the BAME disabled people, carers and their families in Preston and the surrounding areas. It has again been another challenging and dynamic year for Pukar and all staff, members, volunteers and board members are to be congratulated on their efforts and dedication to the services of Pukar in the last year. Everyone has made efforts to ensure Pukar strives to meet the needs of service users.

Pukar has reached out increasingly to many more people with a diverse range of needs in the last year and it is commendable to see in effect just how much the Preston community has benefited from the services delivered, so increasing community cohesion and social inclusion for the most vulnerable client groups in Preston and surrounding areas. We have been able to achieve this with current resources but constant demand proves the need for a service like Pukar's to continuously expand our resources in order to increase the capacity for delivery to meet the demand. All this has been possible with the in-depth partnerships that have been built with other organisation's and mainstream service providers, to break down barriers and encourage an equal and fair access to services.

We look forward to working with all our partners, supporters and stakeholders in the forth-coming year, to ensure our services continue to be provided.

Once again I would like to thank all who have contributed, for their continued support and hard work for Pukar.

We want to thank all our Funders including the team at Reaching communities, Community Foundation for Lancashire Preston City Council and others.

We aim to continue the support and work more in depth with providers.

Keith Holden
Chairperson

Treasurer's Report

I would like to thank Mr Keith Holden Chair of Pukar, my fellow trustees, our dedicated staff members, volunteers, all tutors and supporters. During this challenging year.

Please see enclosed our financial report. Pukar is in a sustainable position and goes from strength to strength, in a challenging environment. If anyone wants to see the full accounts please let myself or contact the centre manager.

I would personally like to give special thanks to supporters-funding providers, partners that supported Pukar during the past years, their support has yielded many positive results.

Khalid Akram
Treasurer

Service Development Manager's Report

I am pleased to forward key points for the annual report.

There has been a continued increase in carers and disabled people requesting support from Pukar, this effort has been coupled with support from all the staff at Pukar to identify, support and meet these needs.

The courses and training at Pukar are carefully considered and designed to develop confidence and learning as well as provide opportunities for teamwork. Feedback from people attending the learning is positive and beneficial. The tutors have experience and have built a positive learning and understanding specific needs of learners, some with special needs. Pukar has been able to support various learning needs of people through student support. Pukar has been true to its values of promoting learning since its inception. Many people have learned skills

The current service provision has supported people with multiple needs including supporting people access IT resources, reducing poverty levels amongst a large number of people.

Multiple Projects at Pukar have been successfully delivered. This has enabled diverse in depth support to people. The value of service provision has increased as well as referral process increased through joint work. Future success will involve continued partnership working. Our partners are key to service provision at Pukar.

Pukar has invested time and resources in ensuring the organisation is in a capable position to meet the multiple needs of people accessing the organisation. Pukar has identified strategic opportunities to deliver services. The success of these opportunities will result in future sustainability.

Sustainable funding remains a key challenge for Pukar, the organisation is working hard to ensure future funding is sourced to enable this to benefit services users.

Wellbeing support has been at the heart of support for people and we have successfully delivered on wellbeing projects that have resulted in positive outcomes for people

I would like to thank, trustees, staff, volunteers, funders and teachers for their continued support to the organisation

Younus Khan,
Service Development Manager

Carers'/Outreach Officer Report

Pukar aims to provide a link between disabled people and carers from diverse communities and mainstream agencies/service providers to try and improve the accessibility of service provision for carers and disabled people. Our service users receive information in several diverse languages to enable them to better understand the services that are available and what other forms of help they can receive.

We have provided support to service users with form filling, advocacy, debt and housing advice, attendance at medical appointments, as well as various other learning, advice and guidance. In addition, existing and new Carers continue to benefit with carers breaks and courses throughout the year such as arts and crafts, health and safety, learning and wellbeing courses.

For those that are unable to attend the centre, we have provided support at home. Home visits have been an integral part of the work we do and this has reduced isolation and improved wellbeing for so many of our carers. The provision of this service is valuable in ensuring people are not excluded and are aware of the services they can receive. Referrals have been made to many organisations such as community, voluntary and statutory services to ensure full holistic support where there is a need.

It is encouraging to know that there has been an increase in the number of carers that attend the centre, particularly those that are hidden and isolated. Throughout the year the number of Personal Independence form fillings have also risen along with DLA and ESA forms. Outreach work has required maintaining accurate records and files of client interactions, referrals made, case file updates, and follow-up reports on client activity.

We have attended many networking events to maintain and build new relationships, gain inspiration, and ensure we are up to date with new and existing services offered to carers.

The services provided by Pukar are very much needed and valued by our service users, many of whom are vulnerable. I hope Pukar continues to progress and develop its services with many more people coming through its doors. I hope we continue to develop a relationship of trust with our service users so they grow in confidence and self-esteem.

Suraya Bashir
Outreach Officer

Volunteer Coordinator

-

The Volunteer Coordinators' role is pivotal in recruiting volunteers to support the operations at Pukar Centre. Volunteer recruitment is conducted in alignment with the ethos of Pukar, with a significant portion of volunteers comprising carers, and individuals with health conditions, or disabilities. Each volunteer undergoes induction, during which we identify and devise ways to support them in fulfilling their volunteering duties.

A significant project our volunteers engage in is assisting our service users in improving their reading abilities. Through a collaborative effort with Shannon Trust, Pukar has launched a reading project specifically aimed at enhancing the reading skills of individuals who face challenges in this area. This initiative has seen notable progress this year as the project has advanced to its next phase.

In this next phase, Shannon Trust has proposed the development of an innovative app to further support the readers. Our dedicated readers and volunteer reading coaches have played a vital role in this process, providing valuable feedback to help refine and improve the app's development. Their insights and experiences have been instrumental in ensuring that the app meets the specific needs and preferences of our service users. This app will provide additional resources and tools tailored to the individual needs of each reader, offering them personalized assistance and guidance as they work towards improving their reading proficiency. This technological advancement represents an exciting opportunity to expand the impact of the project and better cater to the diverse needs of our service users.

Volunteers constitute a cornerstone of the organization, serving as a linchpin for service provision. Pukar boasts a rich history of fruitful partnerships with volunteers. Additionally, the role has encompassed Outreach support, involving direct engagement with individuals and organizations. This proactive approach has yielded numerous positive outcomes, including improvements in financial benefits and individuals securing employment as a result of their involvement with Pukar. Home visits have also been conducted to support individuals who were unable to attend the Centre.

Nahid Qurban
Volunteer Coordinator

Project Support Officer

We have achieved significant success in maintaining a variety of projects at Pukar. I have diligently collated, captured, and reported evidence by meticulously monitoring all staff activities. This monthly reporting is fundamental to our operations. Our systems for gathering evidence have undergone enhancements, ensuring that our reporting remains current and aligns with the standards expected by our funders. Additionally, our efforts in marketing, promotion, and coordinating assessments have proven successful, resulting in a notable increase in the number of service users attending the centre.

Swarn Tiwari
Project Support Officer

Management Committee Trustees

Keith Holden - **Chairperson**

Khalid Akram - **Treasurer**

Heather Deans - **Secretary**

Ayas Isap

Chabildas Parmar

Sarwar Ali

Saajad Tagari

Yasmin Shakir

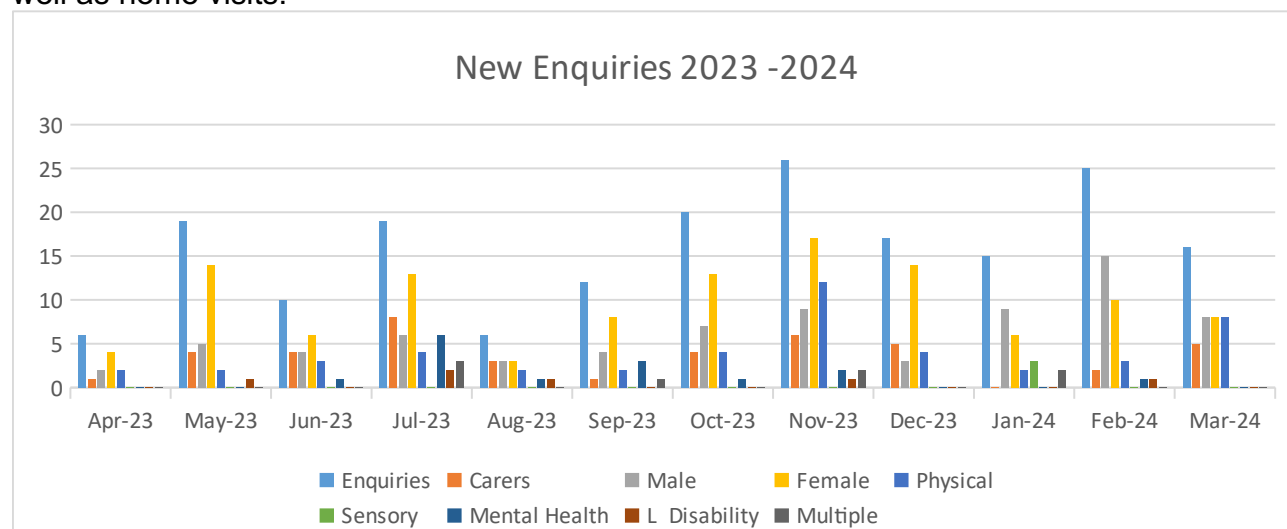
Tony Holdroyd

Pukar's Service Provision

Carers & Disability Work

Work with carers has been an ongoing daily through our service delivery i.e. such as information advice and guidance, advocacy, carers break, trips, form filling, referrals to partner organizations, and carers meetings. There are 43 new carers that have been

identified and supported by Pukar over the year. In addition 68 carers have been supported by Pukar, with direct work, arranging classes and activities, form filling, as well as home visits.



Month	Enquiries	Carers	Male	Female	Physical	Sensory	Mental Health	Learning Disability	Multiple
Apr-23	6	1	2	4	2	-	-	-	-
May-23	19	4	5	14	2	-	-	1	-
Jun-23	10	4	4	6	3	-	1	-	-
Jul-23	19	8	6	13	4	-	6	2	3
Aug-23	6	3	3	3	2	-	1	1	-
Sep-23	12	1	4	8	2	-	3	-	1
Oct-23	20	4	7	13	4	-	1	-	-
Nov-23	26	6	9	17	12	-	2	1	2
Dec-23	17	5	3	14	4	-	-	-	-
Jan-24	15	0	9	6	2	3	-	-	2
Feb-24	25	2	15	10	3	-	1	1	-
Mar-24	16	5	8	8	8	-	1	-	-

- ❖ Total new people enquiring intensive support 191
- ❖ Total number of new Carers is 43 and existing 68
- ❖ Total number of new people with disability is 80
- ❖ In depth casework 28
- ❖ Total number of new Volunteers is 18. Support to existing volunteers continues.
- ❖ Total Others Engaged with 120 people informing about services in detail

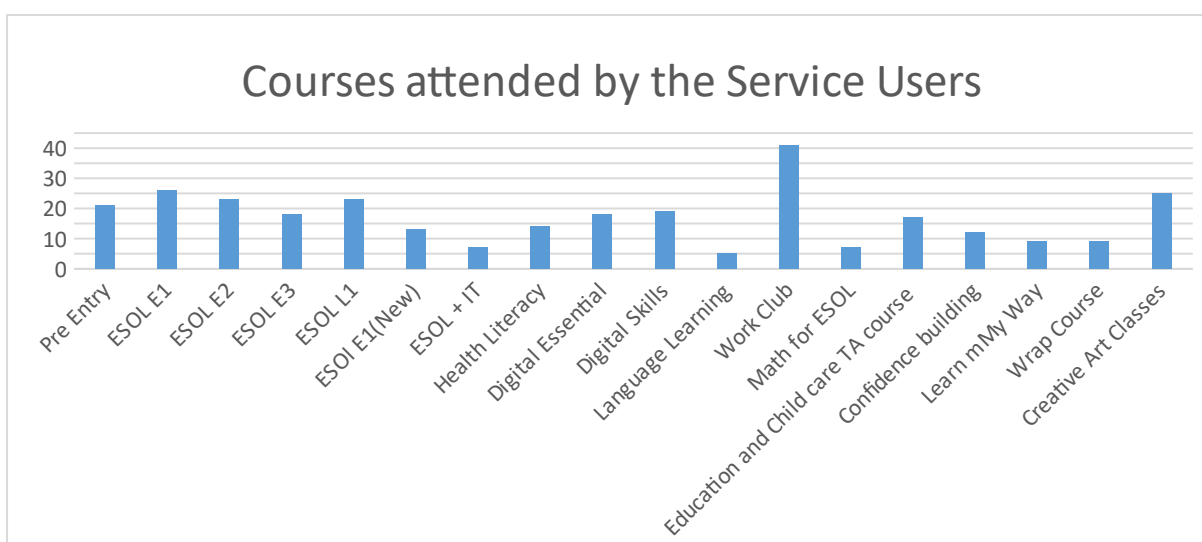
On average dealing with 18 queries per week dealing with personal issues and on the telephone, related to health, education, social care, welfare, debt, financial inclusion, home energy, volunteering, complex casework mental health, work, advocacy,

translating. In addition, regular carer's meetings are organized for carers. Guest speakers are invited to provide further information. Intensive Casework is carried out with many people that is person centered.

Types of Disabilities we have supported people that includes

Multiple Disabilities
Learning Disabilities
Mental Health / Depression
Sensory
Physical
Plus many other specific disabilities
Complex needs

Pukar has also provided training to staff and volunteers and also to organisations, to improve understanding of disability related support. The feedback has been positive and organisations have benefited from the training.



Most courses are accredited with certificates and recognized qualifications.

Total number of accredited: Pukar has recruited total number of **211** people working towards and gaining accredited qualifications that they will be able to use for further qualifications and employment.

Total number of non-accredited: **96** – Non accredited courses were essential for building confidence and develop skills. These included engaging and creative classes

Total number of employment support: **41** people were given 1 to 1 support with CV, Interview techniques, wellbeing, job seeking and career development information. Many people gained employment and some were able to register with professional bodies and also volunteer.

Wellbeing

Over 40 people were supported with 1 to 1 wellbeing support that suffered from depression, anxiety and lack of confidence.

Ethnicity of Service Users and Students Accessing Pukar

Ethnicity	
Asian or Asian British – Bangladeshi	Asian or Asian British – Indian
Asian or Asian British – Pakistani	Asian or Asian British – any other Asian Background
Black or Black British - African	Black or Black British – Caribbean
Black or Black British – any other Black background	Chinese
Mixed – White and Asian	Mixed – White and Black African
Mixed – White and Black Caribbean	Mixed – any other mixed background
White – British	White – Irish
White – any other white background	Arab
Gypsy or Traveler	Persian

Events organised and attended by Pukar

AGM's
Advice & Guidance Information Day
Careers Support
Carer's Day
Disability Exhibitions
Funding Workshops
Health Expo / Mela
Open Days
Volunteer celebration Day

Assessment Days
BME Forums
Carers Meetings
Disability- Carers Information days
Enrolment Days
Health & Social Care Conferences
Meetings with UCLAN
Trips
Wellbeing Events

Service Provision at Pukar

- PIP/Attendance Allowance/Carers Allowance/DLA Form Filling
- Advocacy
- Outreach Visits
- Workshops
- Volunteer Recruitment & Support
- Education & Training
- Joint Assessments
- Other Form Filling
- Disability Training
- Student Support(Placement)
- Home Visits

- Language Support
- Job seeking Support
- Joint visits to hospitals
- Carers meeting

Using Computers

Interpretation

Carers Support

Pukar Confidence building & improvement in English

Pukar had a substantial increase in people learning English and waiting to learn English.

People are attending regular classes to improve their English skills. Pukar has recruited volunteers who were trained by the college to enable them using the Basic English framework and recourses and able to deliver the Basic English reading, speaking and confidence building classes.

The project has been successful in achieving outcomes for learners to enable them to gain confidence by developing their skills in conversation. Volunteers have provided an invaluable service to provide learning for the service user, we would like to thank our volunteer tutor

Employment support

Information gathered from service users, Pukar partners and people, who gained employment with the support and help of Pukar Centre. People were supported with basic IT support, interview skills, CV building, accessing employment and basic information and advice. People with complex needs have been supported into employment, with one to one support.

Volunteer Support

Pukar has recruited and supported volunteers during the year to complement and support the services of Pukar. Volunteers have gained a number of skills including administration, IT, Person Centered Support and learning about organisations that support people from BME communities, people with disabilities from diverse communities

Volunteers have supported Pukar Centre to compliment the support and services. Pukar are the backbone of the organisation. Many volunteers have gained valuable work experience and gained employed after volunteering at the Centre.
Health and wellbeing

Organisation Referrals

Received and Sent

Children's and Family Hub	Primary Care Trust
CAB	Preston City Council
DENW	Preston College
Galloways	Preston City Council Debt Advice
LCC Social Services	Prince's Trust
ICANN	Racial Equality Council (REC)
Lancashire Advocacy	RNIB
Lancashire County Council	Sahara
Lancashire Constabulary	Safe Net Sendias
Lancashire Fire & Rescue	Sendias
Lancashire Wellbeing Service	Sir Tom Finney
LMBE	Stoneygate
Minerva Health Centre	Solicitor
Ncompass	UCLAN
Preston Muslim Forum	Welfare Benefits
Primary Schools	Welfare Rights
Places of Worship	

Financial Report

Pukar Disability Resource Centre Statement of Financial Activities for the year ended 31 March 2024

	Note	Unrestricted Funds	Restricted Funds	2024 £	2023 £
Incoming Resources					
Donations/fund raising		1,496	-	1,496	6,514
Grants received	2	-	97,746	97,746	82,915
Service fees		18,650	-	18,652	15,851
Interest receivable		430	-	-	-
Total Incoming Resources		20,578	97,746	117,894	105,280
Resources Expended					
Total Incoming Resources		20,576	97,746	118,322	105,280
Other Expenditure					
Staff costs	3	6,141	55,265	61,406	59,156
Events		401	496	897	711
Travel and subsistence		72	200	271	152
Course fees		-	-	-	487
Rent		9,965	2,491	12,456	3,456
Utilities		1,880	4,389	6,270	7,400
Cleaning		160	639	799	1,332
Postage, stationery and telephone		186	1,649	1,835	2,418
Insurance		59	530	589	674
Repairs and maintenance		1,062	899	1,961	684
Computer and maintenance		-	-	-	-
Depreciation		201	277	478	658
Child Care		-	-	-	-
Sundry expenses, Advertising, Charges		92	918	1,011	1,527
Accountancy fees and bookkeeping		576	2,304	2,880	2,874
Tuition Fees		-	8,827	8,827	7,995
Legal Fees		-	-	-	-
Total Resources Expenditure	4	20,795	78,884	99,680	89,524
Net Incoming Resources before transfers		(219)	18,862	18,642	15,756
Transfers between Funds :-					
Unrestricted		-	-	-	-
Restricted		-	-	-	-
Net Incoming Resources for the Year		(219)	18,862	18,642	15,756
Fund Balances brought forward					
as at 1 April 2023		36,710	53,826	90,536	74,239
Fund Balances carried forward					
as at 31 March 2024		36,491	72,688	109,178	89,995

**Pukar Disability Resource Centre
Balance Sheet
as at 31 March 2024**

	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	5	1,618	2,096
		1,618	2,096
Current assets			
Stocks			
Debtors	6	6,012	13,041
Cash at bank and in hand - HSBC		154,056	118,117
		<u>160,068</u>	<u>131,158</u>
Creditors: amounts falling due within one year	7	<u>(52,505)</u>	<u>(42,711)</u>
Net current assets		107,563	88,447
Total assets less current liabilities		109,181	90,543
Net assets	8	<u>109,179</u>	<u>90,536</u>
Funds			
Unrestricted funds		36,491	36,710
Restricted funds		72,688	53,826
Total Charity Funds	9	<u>109,179</u>	<u>90,536</u>

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 23 December 2024 and signed on its behalf by:



Khalid Akram (Treasurer)
Trustee

CASE STUDIES

Case Study 1.

One of our service users who is a carer suffered from severe lower back pain for many years. This pain was making her feel very low and hindered her from participating in many activities. She lost confidence and mostly stayed at home because she felt she was not able to physically do any activities and also did not have the confidence to go out and socialize.

She attended a coffee morning at Pukar and finally agreed to try out some swimming sessions. She feels it was the best decision she made as her back pain has significantly reduced and she has also learnt how to swim. She had never been in a swimming pool before these sessions and wasn't aware of the benefits of water and muscle relaxation. She felt the sessions were very friendly and welcoming. As well as making new friends, she is now much happier and more confident. She now regularly attends swimming classes by herself and is much more mobile.

Case Study 2.

Ms S is a carer for her daughter who has a learning disability. She visited the office for help with completing a PIP form. Her daughter is 26 years of age and had never applied for any disability related benefit in the past. Mrs S was also unaware that she is a carer.

Information and support was given about applying for PIP form which resulted in Mrs S receiving the Higher Rate benefit amount for her daughter. I then invited Mrs S to my regular carers meetings where I explained to the group the role of carers and how some people don't even realise that they are carer. This was a very emotional meeting, however Mrs S made new friends and felt very relieved that she was able to talk openly about some of the difficulties she faces.

After identifying the difficulties that Mrs S and her daughter face I arranged for appropriate support. I applied for carers allowance for Mrs S which was much needed and also a blue badge for her daughter. This has made travelling much easier and both mother and daughter now go out more. In addition I discussed the possibility of a social care package which Mrs S

wants to think about for the moment. I advised Mrs S about other help available such as help with Bus travel (Now Card) and the CEA card (Cinema card)

I invited both Mother and daughter to activity sessions such as yoga, nature walks, bush craft, art sessions, police tour and boxing sessions. Mrs S attended all sessions with her daughter and commented on how they really felt included. Both mother and daughter currently really enjoy the boxing sessions and look forward to these every week. They enjoy valuable time together and have made friends. Her daughter's mental health has also improved Mrs S feels more relaxed now that her daughter is much happier.

I really feel both mother and daughter have benefitted from accessing the services at Pukar and have made some wonderful friends. I attend the boxing classes with Mrs S and her daughter and it is very rewarding to witness the joy they feel.

QUOTES from service users

"The activity is something I have never tried. It has been an experience in positive way it has helped with a routine and structure then it helped my body and gave me strength after I have noticed"

*"I think this activity is a fantastic idea. I was struggling to keep active and go out of the home .It gives me motivation to get active and learn a new skills
"*

"If it was not for Pukar I would be on the streets"

"I feel listened to and not rushed"

"Really grateful for support from Pukar, I could not have sorted out my debt"

Words of Gratitude

Pukar Disability Resource Centre would like to thank to all who, supported us during this year! We would also like to show our appreciation to all our valuable partnership organisations & supporters!

Adult & Community
Services

Stoneygate

CAB

Reaching Communities

WEA

Co op.

Red Rose Sports

Princess Trust

Wellbeing Service

Gujarat Hindu Society

Foxton Centre

Tutors

Lancashire County Council

Disability Action

Duchy of Lancaster

Community Foundations

DENW

Nelson & Colne College

UCLAN

Lancashire Adult College

Lancashire Care Trust

Lancashire Constabulary

Preston Muslim Forum

UK Online

Preston City Council

**Preston Community
Network**

Kings Fund GSK

Debt Advice PCC

Lancashire Constabulary

Jobcentre Plus

Age Concern

Galloways

Active Lancashire

Sahara

Diabetes Association

Advance Social Care

Shannon Trust

Good Things Foundation

Images

Class Activities



We would also like to thanks our Board Members, Staffs and Volunteers for their help and support.

Registered charity number
1077534

Pukar Disability Resource Centre
Annual Report and Financial Statements
31 March 2025

Pukar Disability Resource Centre

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Pukar Disability Resource Centre Company Information

Trustees:

Keith Holden (Chairperson)
Khalid Akram (Treasurer)
Sarwar Ali
Chhabildas Parmar
Yasmin Shakir
Ayas Isap
Saajid Tagari
Heather Deans - Appointed 24.05.22
Tony Holroyd

Independent Examiners:

Stephen W Valentine FCA
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

Principal Address:

3 - 5 Oakham Court
Preston
Lancashire
PR1 3XP

Bankers

HSBC
49A Fishergate
Preston
Lancashire
PR1 8BQ

Registered number

1077534

Pukar Disability Resource Centre

Report of the trustees

The trustees present their report and financial statements for the year ended 31 March 2025.

Constitution

Pukar Disability Resource Centre is constituted under a Trust Deed adopted on 23 August 1999 and is a registered charity, number 1077534.

Objects and activities

To promote any charitable purpose for the benefit of the community, who are from Preston and the surrounding areas and to provide an accessible centre in Preston City Centre, where disabled adults, and their carers can access information, resources and training, using trained staff and volunteers.

Organisational structure, governance and management

The charity is controlled by the Trustees who make up the management committee. Details of the current Trustees are set out on page 1. Trustees are elected from amongst the full members of the charity by the members in general meeting or a maximum of one third of the Trustees may be co-opted by the Management Committee.

At the Annual General Meeting of the charity those entitled to vote shall elect from amongst themselves a chairman, secretary and treasurer, who shall hold office from the conclusion of that meeting. They shall be eligible for re-election.

All members of the Management Committee shall retire from office together at the end of the Annual General Meeting next after the date on which they came into office but they may be re-elected or re-appointed.

The Trustees that served during the year ended 31 March 2025 were as follows:

Keith Holden (Chairperson)
Khalid Akram (Treasurer)
Sarwar Ali
Chhabildas Parmar
Yasmin Shakir
Ayas Isap
Saajid Tagari
Heather Deans - Appointed 24.05.22
Tony Holroyd

No trustees have received remuneration over the reporting period.

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity.

Pukar Disability Resource Centre Report of the trustees

Review of Activities and Achievements

How our activities deliver public benefit :-

Pukar has continued to support disabled people in the area and to provide an educational service to the community at large. Ethnic minority disability promotional events have continued to ensure that Pukar and its service is kept in the public eye.

We have skilled and dedicated volunteers who work regularly at Pukar with disabled users and carers. Our volunteers are in great demand and we work closely with other groups to share our volunteer resources. The Trustees would like to express thanks to all the volunteers and staff at Pukar for their hard work during the year.

We have continued to provide courses and training for our users and have extended the range of courses offered this year. A variety of activities are arranged to have opportunities to try something new and hopefully develop new interests.

Financial Review

Total receipts from unrestricted funds were £25,673 for the year and detailed in the financial statements.

Total receipts from restricted funds were £100,628 for the year and detailed in the financial statements.

Unrestricted resources expended total £21,843. Unrestricted resources expended have increased by £1,048 when compared to the previous year. These are detailed in the financial statements.

Restricted resources expended total £91,127. Restricted resources expended have increased by £12,243 when compared to the previous year. These are detailed in the financial statements.

The net result for the year was income over payments of £3,830 on unrestricted funds.

The net result for the year was income over payments of £9,501 on restricted funds.

Pukar staff and volunteers attend networking events, conferences and seminars and facilitate events.

Pukar Disability Resource Centre

Report of the trustees

Statement of trustees' responsibilities

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law, regulations and trust deed. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board on 26 January 2026. For and on behalf of the board of Trustees.



Keith Holden (Chairperson)
Trustee

Pukar Disability Resource Centre

Independent Examiner's Report to the trustees of Pukar Disability Resource Centre

I report to the trustees on my examination of the accounts of Pukar Disability Resource Centre (the Charity) for the year ended 31 March 2025.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to :

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination , no matter has come to my attention

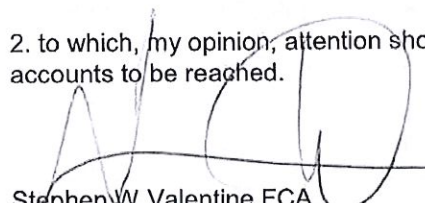
1. which gives me reasonable cause to believe that in,any material respect, the requirements :

- to keep accounting records in accordance with section 130 of the Charities Act ;

and

- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met ; or

2. to which, my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Stephen W Valentine FCA
Independent Examiner

Cameron Valentine Limited
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

26 January 2026

**Pukar Disability Resource Centre
Statement of Financial Activities
for the year ended 31 March 2025**

	Note	Unrestricted Funds	Restricted Funds	2025 £	2024 £
Incoming Resources					
Donations/fund raising		2,540	-	2,540	1,496
Grants received	2	-	100,628	100,628	97,746
Service fees		20,668	-	20,666	18,652
Interest receivable		2,465	-	2,465	430
Total Incoming Resources		<u>25,675</u>	<u>100,628</u>	<u>126,299</u>	<u>118,324</u>
Resources Expended					
Total Incoming Resources		<u>25,673</u>	<u>100,628</u>	<u>126,301</u>	<u>118,324</u>
Other Expenditure					
Staff costs	3	7,784	70,060	77,844	61,406
Events		442	427	869	897
Travel and subsistence		-	206	206	271
Course fees		97	148	245	-
Rent		9,691	2,423	12,114	12,456
Utilities		2,267	5,290	7,557	6,270
Cleaning		163	652	815	799
Postage, stationery and telephone		319	2,181	2,500	1,835
Insurance		63	563	625	589
Repairs and maintenance		31	539	570	1,961
Depreciation		180	252	432	478
Sundry expenses, Advertising, Charges		96	744	840	892
Accountancy fees and bookkeeping		710	2,842	3,552	2,880
Tuition Fees			4,800	4,800	8,827
Legal Fees		-	-	-	-
Total Resources Expenditure	4	<u>21,843</u>	<u>91,127</u>	<u>112,969</u>	<u>99,561</u>
Net Incoming Resources before transfers		3,830	9,501	13,332	18,763
Net Incoming Resources for the Year		3,830	9,501	13,332	18,764
Fund Balances brought forward					
as at 1 April 2024		36,491	72,688	109,179	74,239
Transfers between Funds :-					
Unrestricted		82,189	-	-	-
Restricted		-	(82,189)	-	-
Fund Balances carried forward					
as at 31 March 2025		<u>122,510</u>	<u></u>	<u>122,511</u>	<u>93,003</u>

Pukar Disability Resource Centre
Balance Sheet
as at 31 March 2025

	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	5	1,187	1,618
		1,187	1,618
Current assets			
Stocks			
Debtors	6	6,154	6,012
Cash at bank and in hand - HSBC		169,695	154,058
		<u>175,849</u>	<u>160,070</u>
Creditors: amounts falling due within one year	7	<u>(54,523)</u>	<u>(52,505)</u>
Net current assets		121,326	107,565
Total assets less current liabilities		122,513	109,183
Net assets	8	<u>122,509</u>	<u>109,179</u>
Funds			
Unrestricted funds		122,509	36,491
Restricted funds			72,688
Total Charity Funds	9	<u>122,509</u>	<u>109,179</u>

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 26 January 2026 and signed on its behalf by:



Khalid Akram (Treasurer)
Trustee

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2025

1 Accounting policies

Basis of preparation of the accounts

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on the 16 July 2014 and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. The trustees have a reasonable expectation that the charity has adequate reserves to continue in operational existence for the foreseeable future. Accordingly, the trustees continue to adopt the going concern basis in the preparation of the accounts.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designed for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charges against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Transfers between funds are made when a restriction ceases to apply to a fund, to show restricted assets separately from unspent funds or where a project is funded partially from restricted income and partially from general funds.

Incoming Resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. When donors specify that grants given to the charity must be used in future financial years the income is deferred until that year. No amounts are included in the financial statements for services donated by volunteers.

Resources Expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Other expenditure costs are those incurred in support of support of expenditure on objects of the charity and those in connection with the administration of the charity and compliance with constitutional and statutory requirements. Also included are the costs associated with raising funds from all possible sources of incoming resources and costs associated with raising the profile of the charity.

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2025

Tangible Fixed Assets and Depreciation

Tangible fixed assets are capitalised and included at cost including any incidental expenses of acquisition.

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Computer equipment	33% straight line
Fixtures and fittings	15% reducing balance

2 Grants Received	2025	2024
Donations, grants & other income received	103,168	99,242
Service fees	20,666	18,652
	<u>123,834</u>	<u>117,894</u>

3 Staff Costs	2025	2024
	£	£
Wages and salaries and centre manager costs	77,844	61,406
Employers NI	-	-
Pensions	-	-
	<u>77,844</u>	<u>61,406</u>

No employee earned £50,000 or more

The average number of paid staff, calculated on full-time equivalent basis, analysed by function was:

	2025	2024
Caring services	3	3
Generating funds	1	1
Management and administration	1	1
	<u>5</u>	<u>5</u>

No trustees have received remuneration over the reporting period.

4 Total Resources Expended	2025	2024
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	432	478
Book keeping services	1,440	1,440
Independent examiners remuneration		
	<u></u>	<u></u>

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity. The invoiced amounts are shown above detailed as book keeping services.

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2025

5 Tangible fixed assets

	Computer equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2024	25,618	24,779	50,397
Additions	-	-	-
Surplus on revaluation	-	-	-
Disposals	-	-	-
At 31 March 2025	<u>25,618</u>	<u>24,779</u>	<u>50,397</u>
Depreciation			
At 1 April 2024	25,618	23,161	48,779
Charge for the year	431	-	431
Surplus on revaluation	-	-	-
On disposals	-	-	-
At 31 March 2025	<u>26,049</u>	<u>23,161</u>	<u>49,210</u>
Net book value			
At 31 March 2025	<u>(431)</u>	<u>1,618</u>	<u>1,187</u>
At 31 March 2024	<u>-</u>	<u>1,618</u>	<u>1,618</u>

6 Debtors

	2025 £	2024 £
Trade debtors	3,267	3,042
Prepayments and Sundry Debtors	2,887	2,970
	<u>6,154</u>	<u>6,012</u>

7 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors and accrual	669	115
Other taxes and social security costs	52,342	51,190
Accruals	1,512	1,200
	<u>54,523</u>	<u>52,505</u>

8 Analysis of Net Assets between Funds

	General Funds	Restricted Funds	Total Funds
Tangible fixed assets	851	336	1,187
Current assets	164,758	11,091	175,849
Current liabilities	765	(55,288)	(54,523)
Net assets as at 31 March 2025	<u>166,374</u>	<u>(43,861)</u>	<u>122,513</u>

**Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2025**

9 Movement in funds

	As at 1 April 2024	Incoming Resources	Outgoing Resources	Transfers	As at 31 March 2025
<u>Unrestricted Funds:</u>					
General Funds	36,491	25,673	(21,843)	82,188	122,509
Total Unrestricted Funds	36,491	25,673	(21,843)	82,188	122,509
<u>Restricted Funds:</u>					
Community Foundation - National Lottery	65,639	82,057	(65,508)	(82,188)	-
CAB	482	-	(482)	-	-
Covid Response Grant	277	-	(277)	-	-
Preston City Council	39	9,403	(9,442)	-	-
Mental Health Project - Red Rose	2,659	700	(3,359)	-	-
WEA Grant	2,294	-	(2,294)	-	-
Edward Gostlin	685	-	(685)	-	-
Onward homes project	474	-	(474)	-	-
Arnold Clark	139	-	(139)	-	-
Blackburn Project	-	8,468	(8,468)	-	-
Total Restricted Funds	72,688	100,628	(91,128)	(82,188)	-
Total Funds	109,179	126,301	(112,971)	-	122,509

General Funds represents the free funds of the charity which are not designated for particular purposes.

Purposes of Restricted Funds

National Lottery - The National Lottery Community Fund - Restricted to salaries, general running costs of the organisation, external evaluation, training, purchase of computers and a contribution to the refurbishment of the centre which has now been fully utilized.

Grants in Deferred income

Reaching communities	27,537	4 months - Apr - Jul'25
Blackburn Project	1,532	Lottery Grant
Charitable Giving grant	8,154	To spend on sessional staff and outreach
Albert Hunt - Wellbeing	3,045	The remainder of this grant will be used after Apr'25
Eric Wright	2,500	Wellbeing and confident conversation
PCC - Digital Project	7,300	Grant starts in May'25
Lancs CC - Craft day	200	To buy materials and starts Apr'25
S Kamran - Ramadan donation	200	To buy food vouchers
	50,468	

Registered charity number
1077534

Pukar Disability Resource Centre
Annual Report and Financial Statements
31 March 2025

Pukar Disability Resource Centre

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Trustees' annual report	4-6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10-13

Pukar Disability Resource Centre Company Information

Trustees:

Keith Holden (Chairperson)
Khalid Akram (Treasurer)
Sarwar Ali
Chhabildas Parmar
Yasmin Shakir
Ayas Isap
Saajid Tagari
Heather Deans - Appointed 24.05.22
Tony Holroyd

Independent Examiners:

Stephen W Valentine FCA
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

Principal Address:

3 - 5 Oakham Court
Preston
Lancashire
PR1 3XP

Bankers

HSBC
49A Fishergate
Preston
Lancashire
PR1 8BQ

Registered number

1077534

Pukar Disability Resource Centre

Report of the trustees

The trustees present their report and financial statements for the year ended 31 March 2025.

Constitution

Pukar Disability Resource Centre is constituted under a Trust Deed adopted on 23 August 1999 and is a registered charity, number 1077534.

Objects and activities

To promote any charitable purpose for the benefit of the community, who are from Preston and the surrounding areas and to provide an accessible centre in Preston City Centre, where disabled adults, and their carers can access information, resources and training, using trained staff and volunteers.

Organisational structure, governance and management

The charity is controlled by the Trustees who make up the management committee. Details of the current Trustees are set out on page 1. Trustees are elected from amongst the full members of the charity by the members in general meeting or a maximum of one third of the Trustees may be co-opted by the Management Committee.

At the Annual General Meeting of the charity those entitled to vote shall elect from amongst themselves a chairman, secretary and treasurer, who shall hold office from the conclusion of that meeting. They shall be eligible for re-election.

All members of the Management Committee shall retire from office together at the end of the Annual General Meeting next after the date on which they came into office but they may be re-elected or re-appointed.

The Trustees that served during the year ended 31 March 2025 were as follows:

Keith Holden (Chairperson)
Khalid Akram (Treasurer)
Sarwar Ali
Chhabildas Parmar
Yasmin Shakir
Ayas Isap
Saajid Tagari
Heather Deans - Appointed 24.05.22
Tony Holroyd

No trustees have received remuneration over the reporting period.

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity.

Pukar Disability Resource Centre Report of the trustees

Review of Activities and Achievements

How our activities deliver public benefit :-

Pukar has continued to support disabled people in the area and to provide an educational service to the community at large. Ethnic minority disability promotional events have continued to ensure that Pukar and its service is kept in the public eye.

We have skilled and dedicated volunteers who work regularly at Pukar with disabled users and carers. Our volunteers are in great demand and we work closely with other groups to share our volunteer resources. The Trustees would like to express thanks to all the volunteers and staff at Pukar for their hard work during the year.

We have continued to provide courses and training for our users and have extended the range of courses offered this year. A variety of activities are arranged to have opportunities to try something new and hopefully develop new interests.

Financial Review

Total receipts from unrestricted funds were £25,673 for the year and detailed in the financial statements.

Total receipts from restricted funds were £100,628 for the year and detailed in the financial statements.

Unrestricted resources expended total £21,843. Unrestricted resources expended have increased by £1,048 when compared to the previous year. These are detailed in the financial statements.

Restricted resources expended total £91,127. Restricted resources expended have increased by £12,243 when compared to the previous year. These are detailed in the financial statements.

The net result for the year was income over payments of £3,830 on unrestricted funds.

The net result for the year was income over payments of £9,501 on restricted funds.

Pukar staff and volunteers attend networking events, conferences and seminars and facilitate events.

Pukar Disability Resource Centre Report of the trustees

Statement of trustees' responsibilities

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law, regulations and trust deed. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board on 26 January 2026. For and on behalf of the board of Trustees.



Keith Holden (Chairperson)
Trustee

Pukar Disability Resource Centre

Independent Examiner's Report to the trustees of Pukar Disability Resource Centre

I report to the trustees on my examination of the accounts of Pukar Disability Resource Centre (the Charity) for the year ended 31 March 2025.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to :

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

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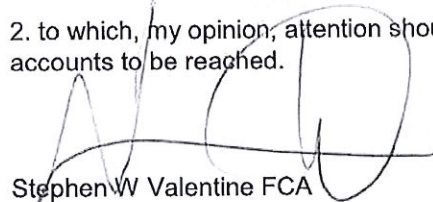
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- to keep accounting records in accordance with section 130 of the Charities Act ;

and

- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met ; or

2. to which, my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Stephen W Valentine FCA
Independent Examiner

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26 January 2026

**Pukar Disability Resource Centre
Statement of Financial Activities
for the year ended 31 March 2025**

	Note	Unrestricted Funds	Restricted Funds	2025 £	2024 £
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Total Incoming Resources		<u>25,673</u>	<u>100,628</u>	<u>126,301</u>	<u>118,324</u>
Other Expenditure					
Staff costs	3	7,784	70,060	77,844	61,406
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Fund Balances carried forward					
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Pukar Disability Resource Centre
Balance Sheet
as at 31 March 2025

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		1,187	1,618
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Unrestricted funds		122,509	36,491
Restricted funds			72,688
Total Charity Funds	9	<u>122,509</u>	<u>109,179</u>

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 26 January 2026 and signed on its behalf by:



Khalid Akram (Treasurer)
Trustee

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2025

1 Accounting policies

Basis of preparation of the accounts

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Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2025

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Pensions	-	-
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No employee earned £50,000 or more

The average number of paid staff, calculated on full-time equivalent basis, analysed by function was:

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Caring services	3	3
Generating funds	1	1
Management and administration	1	1
	<u>5</u>	<u>5</u>

No trustees have received remuneration over the reporting period.

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	£	£
This is stated after charging:		
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Book keeping services	1,440	1,440
Independent examiners remuneration		
	<u></u>	<u></u>

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity. The invoiced amounts are shown above detailed as book keeping services.

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2025

5 Tangible fixed assets

	Computer equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2024	25,618	24,779	50,397
Additions	-	-	-
Surplus on revaluation	-	-	-
Disposals	-	-	-
At 31 March 2025	<u>25,618</u>	<u>24,779</u>	<u>50,397</u>
Depreciation			
At 1 April 2024	25,618	23,161	48,779
Charge for the year	431	-	431
Surplus on revaluation	-	-	-
On disposals	-	-	-
At 31 March 2025	<u>26,049</u>	<u>23,161</u>	<u>49,210</u>
Net book value			
At 31 March 2025	<u>(431)</u>	<u>1,618</u>	<u>1,187</u>
At 31 March 2024	<u>-</u>	<u>1,618</u>	<u>1,618</u>

6 Debtors

	2025 £	2024 £
Trade debtors	3,267	3,042
Prepayments and Sundry Debtors	2,887	2,970
	<u>6,154</u>	<u>6,012</u>

7 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors and accrual	669	115
Other taxes and social security costs	52,342	51,190
Accruals	1,512	1,200
	<u>54,523</u>	<u>52,505</u>

8 Analysis of Net Assets between Funds

	General Funds	Restricted Funds	Total Funds
Tangible fixed assets	851	336	1,187
Current assets	164,758	11,091	175,849
Current liabilities	765	(55,288)	(54,523)
Net assets as at 31 March 2025	<u>166,374</u>	<u>(43,861)</u>	<u>122,513</u>

**Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2025**

9 Movement in funds

	As at 1 April 2024	Incoming Resources	Outgoing Resources	Transfers	As at 31 March 2025
<u>Unrestricted Funds:</u>					
General Funds	36,491	25,673	(21,843)	82,188	122,509
Total Unrestricted Funds	36,491	25,673	(21,843)	82,188	122,509
<u>Restricted Funds:</u>					
Community Foundation - National Lottery	65,639	82,057	(65,508)	(82,188)	-
CAB	482	-	(482)	-	-
Covid Response Grant	277	-	(277)	-	-
Preston City Council	39	9,403	(9,442)	-	-
Mental Health Project - Red Rose	2,659	700	(3,359)	-	-
WEA Grant	2,294	-	(2,294)	-	-
Edward Gostlin	685	-	(685)	-	-
Onward homes project	474	-	(474)	-	-
Arnold Clark	139	-	(139)	-	-
Blackburn Project	-	8,468	(8,468)	-	-
Total Restricted Funds	72,688	100,628	(91,128)	(82,188)	-
Total Funds	109,179	126,301	(112,971)	-	122,509

General Funds represents the free funds of the charity which are not designated for particular purposes.

Purposes of Restricted Funds

National Lottery - The National Lottery Community Fund - Restricted to salaries, general running costs of the organisation, external evaluation, training, purchase of computers and a contribution to the refurbishment of the centre which has now been fully utilized.

Grants in Deferred income

Reaching communities	27,537	4 months - Apr - Jul'25
Blackburn Project	1,532	Lottery Grant
Charitable Giving grant	8,154	To spend on sessional staff and outreach
Albert Hunt - Wellbeing	3,045	The remainder of this grant will be used after Apr'25
Eric Wright	2,500	Wellbeing and confident conversation
PCC - Digital Project	7,300	Grant starts in May'25
Lancs CC - Craft day	200	To buy materials and starts Apr'25
S Kamran - Ramadan donation	200	To buy food vouchers
	50,468	

Accounts

Pukar Disability Centre

Enable | Educate | Empower

ANNUAL REPORT

1st April 2022 – 31st March 2023

ANNUAL GENERAL MEETING

7th May 2024



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Chairperson's Report

It is with great pleasure I present this Annual Report for Pukar Disability Resource Centre. I would like to thank all our supporters and stakeholders, who have made it possible to further our service provision and enabled us to continue our work programs for the BAME disabled people, carers and their families in Preston and the surrounding areas.

It has again been another challenging and dynamic year for Pukar and all staff, members, volunteers and board members are to be congratulated on their efforts and dedication to the services of Pukar in the last year. Everyone has made efforts to ensure Pukar strives to meet the needs of service users.

Pukar has reached out increasingly to many more people with a diverse range of needs in the last year and it is commendable to see in effect just how much the Preston community has benefited from the services delivered, so increasing community cohesion and social inclusion for the most vulnerable client groups in Preston and surrounding areas. We have been able to achieve this with current resources but constant demand proves the need for a service like Pukar's to continuously expand our resources in order to increase the capacity for delivery to meet the demand. All this has been possible with the in-depth partnerships that have been built with other organisation's and mainstream service providers, to break down barriers and encourage an equal and fair access to services.

We look forward to working with all our partners, supporters and stakeholders in the forthcoming year, to ensure our services continue to be provided.

Once again I would like to thank all who have contributed, for their continued support and hard work for Pukar.

We want to thank all our Funders including the team at Reaching communities, Community Foundation for Lancashire Preston City Council and others.

Keith Holden
Chairperson

Treasurer's Report

I would like to thank Mr Keith Holden Chair of Pukar, my fellow trustees, our dedicated staff members, volunteers, all tutors and supporters. During this challenging year.

Please see enclosed our financial report. Pukar is in a sustainable position and goes from strength to strength, in a challenging environment. If anyone wants to see the full accounts please let myself or contact the centre manager.

I would personally like to give special thanks to supporters-funding providers, partners that supported Pukar during the past years, their support has yielded many positive results.

Khalid Akram
Treasurer

Service Development Manager's Report

I am pleased to forward key points for the annual report.

There has been a continued increase in carers and disabled people requesting support from Pukar, this effort has been coupled with support from all the staff at Pukar to identify, support and meet these needs.

The courses and training at Pukar are carefully considered and designed to develop confidence and learning as well as provide opportunities for teamwork. Feedback from people attending the learning is positive and beneficial. The tutors have experience and have built a positive learning and understanding specific needs of learners, some with special needs. Pukar has been able to support various learning needs of people through student support. Pukar has been true to its values of promoting learning since its inception. Many people have learned skills

The current service provision has supported people with multiple needs including supporting people access IT resources, reducing poverty levels amongst a large number of people.

Projects at Pukar have been successfully delivered. This has enabled multiple supports to people. The value of service provision has increased as well as referral process increased through joint work. Future success will involve continued partnership working. Pukar has invested time and resources in ensuring the organisation is in a capable position to meet the multiple needs of people accessing the organisation. Pukar has identified strategic opportunities to deliver services. The success of these opportunities will result in future sustainability.

Sustainable funding remains a key challenge for Pukar, the organisation is working hard to ensure future funding is sourced to enable this to benefit services users.

Wellbeing support has been at the heart of support for people and we have successfully delivered on wellbeing projects that have resulted in positive outcomes for people

I would like to thank, trustees, staff, volunteers, funders and teachers for their continued support to the organisation

**Younus Khan,
Service Development Manager**

Carers'/Outreach Officer Report

Pukar aims to provide a link between disabled people and carers from diverse communities and mainstream agencies/service providers to try and improve the accessibility of service provision for carers and disabled people. Our service users receive information in several diverse languages to enable them to better understand the services that are available and what other forms of help they can receive.

We have provided support to service users with form filling, advocacy, debt and housing advice, attendance at medical appointments, as well as various other learning, advice and guidance. In addition, existing and new Carers continue to benefit with carers breaks and courses throughout the year such as arts and crafts, learning courses, health and safety, and wellbeing courses.

For those that are unable to attend the centre, we have provided support at home. Home visits have been an integral part of the work we do and this has reduced isolation and improved wellbeing for so many of our carers. The provision of this service is valuable in ensuring people are not excluded and are aware of the services they can receive. Referrals have been made to many organisations such as community, voluntary and statutory services to ensure full holistic support where there is a need.

It is encouraging to know that there has been an Increase in the number of carers that attend the centre, particularly those that are hidden and isolated. Throughout the year the numbers of Personal Independent form fillings have also risen along with DLA and ESA form filling. Outreach work has required maintaining accurate records and files of client interactions, referrals made, case file updates, and follow-up reports on client activity.

The services provided by Pukar are very much needed and valued by our service users, many of whom are vulnerable. I hope Pukar continues to progress and develop its services with many more people coming through its doors. I hope we continue to develop a relationship of trust with our service users so they grow in confidence and self esteem.

Suraya Bashir
Outreach Officer

Volunteer Coordinator

The Volunteer Coordinators' role is pivotal in recruiting volunteers to support the operations at Pukar Centre. Volunteer recruitment is conducted in alignment with the ethos of Pukar, with a significant portion of volunteers comprising carers, and individuals with health conditions, or disabilities. Each volunteer undergoes induction, during which we identify and devise ways to support them in fulfilling their volunteering duties.

A significant project our volunteers engage in is assisting our service users in improving their reading abilities. Through a collaborative effort with Shannon Trust, Pukar has launched a reading project specifically aimed at enhancing the reading skills of individuals who face challenges in this area. This initiative has seen notable progress this year as the project has advanced to its next phase.

In this next phase, Shannon Trust has proposed the development of an innovative app to further support the readers. Our dedicated readers and volunteer reading coaches have played a vital role in this process, providing valuable feedback to help refine and improve the app's development. Their insights and experiences have been instrumental in ensuring that the app meets the specific needs and preferences of our service users. This app will provide additional resources and tools tailored to the individual needs of each reader, offering them personalized assistance and guidance as they work towards improving their reading proficiency. This technological advancement represents an exciting opportunity to expand the impact of the project and better cater to the diverse needs of our service users.

Volunteers constitute a cornerstone of the organization, serving as a linchpin for service provision. Pukar boasts a rich history of fruitful partnerships with volunteers. Additionally, the role encompasses Outreach support, involving direct engagement with individuals and organizations. This proactive approach has yielded numerous positive outcomes, including improvements in financial benefits and individuals securing employment as a result of their involvement with Pukar. Home visits have also been conducted to support individuals who were unable to attend the centre.

Nahid Qurban
Volunteer Coordinator

Project Support Officer

We have achieved significant success in maintaining a variety of projects at Pukar. I have diligently collated, captured, and reported evidence by meticulously monitoring all staff activities. This monthly reporting is fundamental to our operations. Our systems for gathering evidence have undergone enhancements, ensuring that our reporting remains current and aligns with the standards expected by our funders. Additionally, our efforts in marketing, promotion, and coordinating assessments have proven successful, resulting in a notable increase in the number of service users attending the centre.

Swarn Tiwari
Project Support Officer

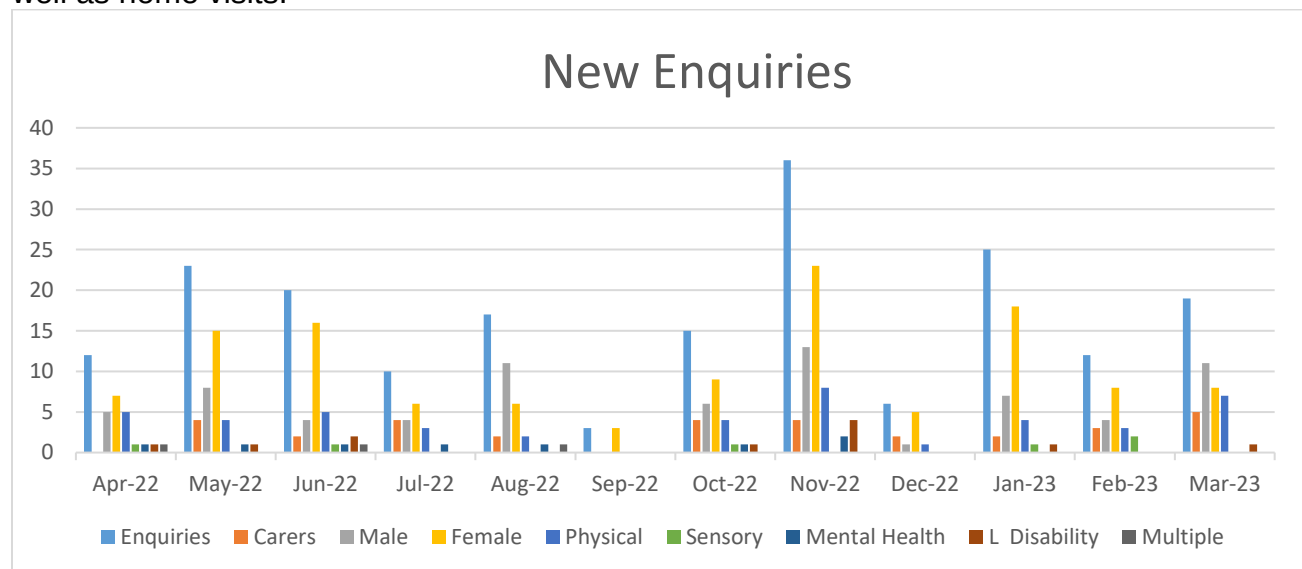
Management Committee Trustees

Keith Holden	-	Chairperson
Khalid Akram	-	Treasurer
Heather Deans	-	Secretary
Ayas Isap		
Chabildas Parmar		
Sarwar Ali		
Saajad Tagari		
Yasmin Shakir		

Pukar's Service Provision

Carers & Disability Work

Work with carers has been an ongoing daily through our service delivery i.e. such as information advice and guidance, advocacy, carers break, trips, form filling, referrals to partner organizations, and carers meetings. There are 21 new carers that have been identified and supported by Pukar over the year. In addition 77 carers have been supported by Pukar, with direct work, arranging classes and activities, form filling, as well as home visits.



Month	Enquiries	Carers	Male	Female	Physical	Sensory	Mental Health	Learning Disability	Multiple
Apr-22	12	0	5	7	5	1	1	1	1
May-22	23	4	8	15	4	0	1	1	0
Jun-22	20	2	4	16	5	1	1	2	1
Jul-22	10	4	4	6	3	0	1	0	0
Aug-22	17	2	11	6	2	0	1	0	1
Sep-22	3	0	0	3	0	0	0	0	0
Oct-22	15	4	6	9	4	1	1	1	0
Nov-22	36	4	13	23	8	0	2	4	0
Dec-22	6	2	1	5	1	0	0	0	0
Jan-23	25	2	7	18	4	1	0	1	0
Feb-23	12	3	4	8	3	2	0	0	0
Mar-23	19	5	11	8	7	0	0	1	0

Total new people enquiring intensive support 198

Total number of new Carers is 32 and existing 56

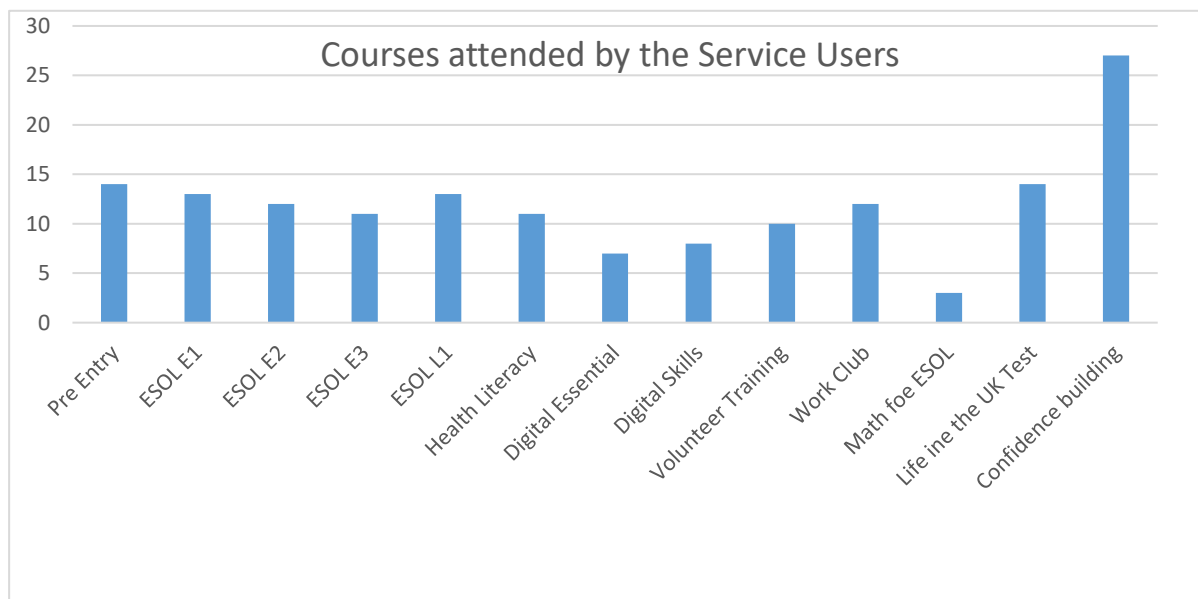
Total number of new people with disability is 74

Total number of new Volunteers is 13

On average dealing with 18 queries per week dealing with personal issues and on the telephone, related to health, education, social care, welfare, debt, financial inclusion, home energy, volunteering, complex casework mental health, work, advocacy, translating. In addition, regular carer's meetings are organized for carers. Guest speakers are invited to provide further information. Intensive Casework is carried out with many people that is person centered.

Types of Disabilities we have supported people that includes

Multiple Disabilities
Learning Disabilities
Mental Health / Depression
Sensory
Physical
Plus many other specific disabilities
Complex needs



Most courses are accredited with certificates and recognized qualifications.

Ethnicity of Service Users and Students Accessing Pukar

Ethnicity	
Asian or Asian British – Bangladeshi	Asian or Asian British – Indian
Asian or Asian British – Pakistani	Asian or Asian British – any other Asian Background
Black or Black British - African	Black or Black British – Caribbean
Black or Black British – any other Black background	Chinese
Mixed – White and Asian	Mixed – White and Black African
Mixed – White and Black Caribbean	Mixed – any other mixed background
White – British	White – Irish
White – any other white background	Arab
Gypsy or Traveler	Persian

Events organised and attended by Pukar

AGM's	Assessment Days
Advice & Guidance Information Day	BME Forums
Careers Support	Carers Meetings
Carer's Day	Disability- Carers Information days
Disability Exhibitions	Enrolment Days
Funding Workshops	Health & Social Care Conferences
Health Expo / Mela	Meetings with UCLAN
Open Days	Trips
Volunteer celebration Day	Wellbeing Events

Service Provision at Pukar

- PIP/Attendance Allowance/Carers Allowance/DLA Form Filling
- Advocacy
- Outreach Visits
- Workshops
- Volunteer Recruitment & Support
- Education & Training
- Language Support
- Job seeking Support
- Joint visits to hospitals
- Carers meeting
- Joint Assessments
- Other Form Filling
- Disability Training
- Student Support(Placement)
- Home Visits
- Using Computers
- Interpretation
- Carers Support

Pukar Confidence building & improvement in English

Pukar had a substantial increase in people learning English and waiting to learn English. People are attending regular classes to improve their English skills. Pukar has recruited volunteers who were trained by the college to enable them using the Basic English framework and recourses and able to deliver the Basic English reading, speaking and confidence building classes.

The project has been successful in achieving outcomes for learners to enable them to gain confidence by developing their skills in conversation. Volunteers have provided an invaluable service to provide learning for the service user, we would like to thank our volunteer tutor

Employment support

Information gathered from service users, Pukar partners and people, who gained employment with the support and help of Pukar centre. People were supported with basic IT support, interview skills, CV building, accessing employment and basic information and advice. People with complex needs have been supported into employment, with one to one support.

Volunteer Support

Pukar has recruited and supported volunteers during the year to complement and support the services of Pukar. Volunteers have gained a number of skills including administration, IT, Person Centred Support and learning about organisations that support people from BME communities, people with disabilities from diverse communities

Volunteers have supported Pukar centre to compliment the support and services. Pukar are the backbone of the organisation. Many volunteers have gained valuable work experience and gained employed after volunteering at the centre.
Health and wellbeing

Organisation Referrals

Received and Sent

Children's and Family Hub	Primary Care Trust
CAB	Preston City Council
DENW	Preston College
Galloways	Preston City Council Debt Advice
LCC Social Services	Prince's Trust
ICANN	Racial Equality Council (REC)
Lancashire Advocacy	RNIB
Lancashire County Council	Sahara
Lancashire Constabulary	Safe Net Sendias
Lancashire Fire & Rescue	Sendias
Lancashire Wellbeing Service	Sir Tom Finney
LMBE	Stoneygate
Minerva Health Centre	Solicitor
Ncompass	UCLAN
Preston Muslim Forum	Welfare Benefits
Primary Schools	Welfare Rights
Places of Worship	

Financial Report

Pukar Disability Resource Centre Statement of Financial Activities for the year ended 31 March 2023

	Note	Unrestricted Funds	Restricted Funds	2023 £	2022 £
Incoming Resources					
Donations/fund raising		514	6,000	6,514	585
Grants received	2	-	82,915	82,915	84,264
Service fees		15,580	270	15,850	22,962
Interest receivable		-	-	-	-
Total Incoming Resources		16,094	89,185	105,279	107,811
Resources Expended					
Total Incoming Resources		16,094	89,185	105,279	107,811
Staff costs	3	5,917	53,241	59,156	64,343
Events		537	175	711	3,545
Travel and subsistence		-	152	152	81
Course fees		-	487	487	81
Rent		2,765	691	3,456	12,456
Utilities		2,220	5,180	7,400	4,686
Cleaning		266	1,065	1,332	2,053
Postage, stationery and telephone		249	2,169	2,418	3,518
Insurance		67	607	674	600
Repairs and maintenance		-	684	684	1,583
Depreciation		254	404	658	405
Sundry expenses, Advertising, Charges		73	1,763	1,836	2,482
Accountancy fees and bookkeeping		575	2,299	2,874	2,952
Tuition Fees		-	7,995	7,995	7,473
Legal Fees		-	-	-	700
Total Resources Expenditure	4	12,923	76,912	89,833	106,958
Net Incoming Resources before transfers		3,171	12,273	15,446	853
Transfers between Funds :-					
Unrestricted		-	-	-	-
Restricted		-	-	-	-
Net Incoming Resources for the Year		3,171	12,273	15,446	853
Fund Balances brought forward					
as at 1 April 2022		33,539	41,553	75,092	74,239
Fund Balances carried forward					
as at 31 March 2023		36,710	53,826	90,538	75,092

**Pukar Disability Resource Centre
Balance Sheet
as at 31 March 2023**

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	5	2,096	1,728
Current assets			
Debtors	6	13,041	3,277
Cash at bank and in hand - HSBC		<u>118,111</u>	<u>95,682</u>
		131,152	98,959
Creditors: amounts falling due within one year	7	<u>(42,711)</u>	<u>(25,590)</u>
Net current assets		88,441	73,369
Net assets	8	<u>90,536</u>	<u>75,092</u>
Funds			
Unrestricted funds		36,710	33,539
Restricted funds		53,826	41,553
Total Charity Funds	9	<u>90,536</u>	<u>75,092</u>

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 8 January 2024 and signed on its behalf by:

Khalid Akram (Treasurer)
Trustee

CASE STUDIES

Case Study 1.

Ms S is a carer for her daughter who has a learning disability. She visited the office for help with completing a PIP form. Her daughter is 26 years of age and had never applied for any disability related benefit in the past. Mrs S was also unaware that she is a carer.

I completed the PIP form which resulted in Mrs S receiving the Higher Rate benefit amount for her daughter. I then invited Mrs S to my regular carers meetings where I explained to the group the role of carers and how some people don't even realise that they are carer. This was a very emotional meeting, however Mrs S made new friends and felt very relieved that she was able to talk openly about some of the difficulties she faces.

After identifying the difficulties that Mrs S and her daughter face I arranged for appropriate support. I applied for carers allowance for Mrs S which was much needed and also a blue badge for her daughter. This has made travelling much easier and both mother and daughter now go out more. In addition I discussed the possibility of a social care package which Mrs S wants to think about for the moment. I advised Mrs S about other help available such as help with Bus travel (Now Card) and the CEA card (Cinema card)

I invited both Mother and daughter to activity sessions such as yoga, nature walks, bush craft, and art sessions. Mrs S attended all sessions with her daughter and commented on how they really felt included. Both mother and daughter currently really enjoy the boxing sessions and look forward to these every week. They enjoy valuable time together and have made friends.

Case Study 2.

Case Study: AH Volunteer

Upon his return to the UK after studying abroad, AH reached out to the Pukar Centre. Equipped with a background in Psychology, his objective was to offer support to individuals seeking assistance with their well-being. AH actively contributed to Pukar by implementing well-being toolkits, showcasing his dedication to enhancing the mental health of service users.

His infectious enthusiasm and willingness to help led him to take on additional volunteering responsibilities, including assisting with open days and other events. AH's commitment to the cause was evident as he dedicated over 6 months to volunteering with Pukar, demonstrating his passion for making a positive impact in his community.

AH's journey from volunteering to employment was facilitated by the support of the volunteer coordinator and employment officer at Pukar. They provided guidance and assistance every step of the way, helping him navigate the transition smoothly. With their support and encouragement, AH successfully secured full-time employment with the NHS in his desired field, fulfilling his aspirations while continuing to make a difference in the lives of others.

QUOTES

A word from our service users

I finally feel included

"I *feel* comfortable coming to Pukar I can discuss my needs and feel I receive solutions"

"Without language support I would struggle with form filling and am really pleased for the support"

"Thank you for all the support"

Quotes from organisations

"Pukar meets the needs of BAME people with disabilities"

"We appreciate the feedback from Pukar"

Words of Gratitude

Pukar Disability Resource Centre would like to thank to all who supported us during this year! We would also like to show our appreciation to all our valuable partnership organisations & supporters!

Adult & Community
Services

Stoneygate

CAB

Reaching Communities

WEA

RESTART

Red Rose Sports

Princess Trust

Wellbeing Service

Gujarat Hindu Society

Lancashire County Council

Duchy of Lancaster

Community Foundations

Tutors

Disability Action

DENW

Nelson & Colne College

UCLAN

Lancashire Adult College

Lancashire Care Trust

Lancashire Constabulary

Preston Muslim Forum

UK Online

Preston City Council

Preston Community
Network

LBME PACT

Debt Advice PCC

Lancashire Constabulary

Jobcentre Plus

Age Concern

Galloways

Active Lancashire

Sahara

Diabetes Association

Advance Social Care

Shannon Trust

Images

Class Activities



We would also like to thanks our Board Members, Staffs and Volunteers for their help and support.

Pukar Disability Resource Centre
Annual Report and Financial Statements
31 March 2024

Pukar Disability Resource Centre

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Trustees' annual report	4-6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10-13

Pukar Disability Resource Centre Company Information

Trustees:

Keith Holden (Chairperson)
Khalid Akram (Treasurer)
Sarwar Ali
Chhabildas Parmar
Yasmin Shakir
Ayas Isap
Saajid Tagari
Heather Deans - Appointed 24.05.22
Tony Holroyd

Independent Examiners:

Stephen W Valentine FCA
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

Principal Address:

3 - 5 Oakham Court
Preston
Lancashire
PR1 3XP

Bankers

HSBC
49A Fishergate
Preston
Lancashire
PR1 8BQ

Registered number

1077534

Pukar Disability Resource Centre Report of the trustees

The trustees present their report and financial statements for the year ended 31 March 2024.

Constitution

Pukar Disability Resource Centre is constituted under a Trust Deed adopted on 23 August 1999 and is a registered charity, number 1077534.

Objects and activities

To promote any charitable purpose for the benefit of the community, who are from Preston and the surrounding areas and to provide an accessible centre in Preston City Centre, where disabled adults, and their carers can access information, resources and training, using trained staff and volunteers.

Organisational structure, governance and management

The charity is controlled by the Trustees who make up the management committee. Details of the current Trustees are set out on page 1. Trustees are elected from amongst the full members of the charity by the members in general meeting or a maximum of one third of the Trustees may be co-opted by the Management Committee.

At the Annual General Meeting of the charity those entitled to vote shall elect from amongst themselves a chairman, secretary and treasurer, who shall hold office from the conclusion of that meeting. They shall be eligible for re-election.

All members of the Management Committee shall retire from office together at the end of the Annual General Meeting next after the date on which they came into office but they may be re-elected or re-appointed.

The Trustees that served during the year ended 31 March 2024 were as follows:

Keith Holden (Chairperson)
Khalid Akram (Treasurer)
Sarwar Ali
Chhabildas Parmar
Yasmin Shakir
Ayas Isap
Saajid Tagari
Heather Deans - Appointed 24.05.22
Tony Holroyd

No trustees have received remuneration over the reporting period.

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity.

Pukar Disability Resource Centre Report of the trustees

Review of Activities and Achievements

How our activities deliver public benefit :-

Pukar has continued to support disabled people in the area and to provide an educational service to the community at large. Ethnic minority disability promotional events have continued to ensure that Pukar and its service is kept in the public eye.

We have skilled and dedicated volunteers who work regularly at Pukar with disabled users and carers. Our volunteers are in great demand and we work closely with other groups to share our volunteer resources. The Trustees would like to express thanks to all the volunteers and staff at Pukar for their hard work during the year.

We have continued to provide courses and training for our users and have extended the range of courses offered this year. A variety of activities are arranged to have opportunities to try something new and hopefully develop new interests.

Financial Review

Total receipts from unrestricted funds were £20,576 for the year and detailed in the financial statements.

Total receipts from restricted funds were £97,746 for the year and detailed in the financial statements.

Unrestricted resources expended total £20,795. Unrestricted resources expended have increased by £7,872 when compared to the previous year. These are detailed in the financial statements.

Restricted resources expended total £78,884. Restricted resources expended have increased by £1,972 when compared to the previous year. These are detailed in the financial statements.

The net result for the year was income over payments of -£219 on unrestricted funds.

The net result for the year was income over payments of £18,862 on restricted funds.

Pukar staff and volunteers attend networking events, conferences and seminars and facilitate events.

Pukar Disability Resource Centre Report of the trustees

Statement of trustees' responsibilities

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law, regulations and trust deed. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board on 23 December 2024. For and on behalf of the board of Trustees.



Keith Holden (Chairperson)
Trustee

Pukar Disability Resource Centre

Independent Examiner's Report to the trustees of Pukar Disability Resource Centre

I report to the trustees on my examination of the accounts of Pukar Disability Resource Centre (the Charity) for the year ended 31 March 2024.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to :

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination , no matter has come to my attention

1. which gives me reasonable cause to believe that in,any material respect, the requirements :

- to keep accounting records in accordance with section 130 of the Charities Act ;

and

- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met ; or

2. to which, my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Stephen W Valentine FCA
Independent Examiner

Cameron Valentine Limited
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

23 December 2024

Pukar Disability Resource Centre
Statement of Financial Activities
for the year ended 31 March 2024

	Note	Unrestricted Funds	Restricted Funds	2024 £	2023 £
Incoming Resources					
Donations/fund raising		1,496	-	1,496	6,514
Grants received	2	-	97,746	97,746	82,915
Service fees		18,650	-	18,652	15,851
Interest receivable		430	-	-	-
Total Incoming Resources		<u>20,578</u>	<u>97,746</u>	<u>117,894</u>	<u>105,280</u>
Resources Expended					
Total Incoming Resources		<u>20,576</u>	<u>97,746</u>	<u>118,322</u>	<u>105,280</u>
Other Expenditure					
Staff costs	3	6,141	55,265	61,406	59,156
Events		401	496	897	711
Travel and subsistence		72	200	271	152
Course fees		-	-	-	487
Rent		9,965	2,491	12,456	3,456
Utilities		1,880	4,389	6,270	7,400
Cleaning		160	639	799	1,332
Postage, stationery and telephone		186	1,649	1,835	2,418
Insurance		59	530	589	674
Repairs and maintenance		1,062	899	1,961	684
Computer and maintenance		-	-	-	-
Depreciation		201	277	478	658
Child Care		-	-	-	-
Sundry expenses, Advertising, Charges		92	918	1,011	1,527
Accountancy fees and bookkeeping		576	2,304	2,880	2,874
Tuition Fees		-	8,827	8,827	7,995
Legal Fees		-	-	-	-
Total Resources Expenditure	4	<u>20,795</u>	<u>78,884</u>	<u>99,680</u>	<u>89,524</u>
Net Incoming Resources before transfers		(219)	18,862	18,642	15,756
Transfers between Funds :-					
Unrestricted		-	-	-	-
Restricted		-	-	-	-
Net Incoming Resources for the Year		<u>(219)</u>	<u>18,862</u>	<u>18,642</u>	<u>15,756</u>
Fund Balances brought forward					
as at 1 April 2023		36,710	53,826	90,536	74,239
Fund Balances carried forward					
as at 31 March 2024		<u>36,491</u>	<u>72,688</u>	<u>109,178</u>	<u>89,995</u>

Pukar Disability Resource Centre
Balance Sheet
as at 31 March 2024

	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	5	1,618	2,096
		1,618	2,096
Current assets			
Stocks			
Debtors	6	6,012	13,041
Cash at bank and in hand - HSBC		154,056	118,117
		<u>160,068</u>	<u>131,158</u>
Creditors: amounts falling due within one year	7	<u>(52,505)</u>	<u>(42,711)</u>
Net current assets		107,563	88,447
Total assets less current liabilities		109,181	90,543
Net assets	8	<u>109,179</u>	<u>90,536</u>
Funds			
Unrestricted funds		36,491	36,710
Restricted funds		72,688	53,826
Total Charity Funds	9	<u>109,179</u>	<u>90,536</u>

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 23 December 2024 and signed on its behalf by:



Khalid Akram (Treasurer)
Trustee

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2024

1 Accounting policies

Basis of preparation of the accounts

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on the 16 July 2014 and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. The trustees have a reasonable expectation that the charity has adequate reserves to continue in operational existence for the foreseeable future. Accordingly, the trustees continue to adopt the going concern basis in the preparation of the accounts.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designed for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charges against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Transfers between funds are made when a restriction ceases to apply to a fund, to show restricted assets separately from unspent funds or where a project is funded partially from restricted income and partially from general funds.

Incoming Resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. When donors specify that grants given to the charity must be used in future financial years the income is deferred until that year. No amounts are included in the financial statements for services donated by volunteers.

Resources Expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Other expenditure costs are those incurred in support of expenditure on objects of the charity and those in connection with the administration of the charity and compliance with constitutional and statutory requirements. Also included are the costs associated with raising funds from all possible sources of incoming resources and costs associated with raising the profile of the charity.

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2024

Tangible Fixed Assets and Depreciation

Tangible fixed assets are capitalised and included at cost including any incidental expenses of acquisition.

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Computer equipment	33% straight line
Fixtures and fittings	15% reducing balance

2 Grants Received	2024	2023
Donations, grants & other income received	99,242	89,429
Service fees	18,652	15,851
	117,894	105,280

3 Staff Costs	2024	2023
	£	£
Wages and salaries and centre manager costs	61,406	59,156
Employers NI	-	-
Pensions	-	-
	61,406	59,156
No employee earned £50,000 or more		

The average number of paid staff, calculated on full-time equivalent basis, analysed by function was:

	2024	2023
Caring services	3	3
Generating funds	1	1
Management and administration	1	1
	5	5

No trustees have received remuneration over the reporting period.

4 Total Resources Expended	2024	2023
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	478	658
Book keeping services	1,440	1,440
Independent examiners remuneration		1,194

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity. The invoiced amounts are shown above detailed as book keeping services.

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2024

5 Tangible fixed assets

	Computer equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2023	25,618	24,779	50,397
Additions	-	-	-
Surplus on revaluation	-	-	-
Disposals	-	-	-
At 31 March 2024	<u>25,618</u>	<u>24,779</u>	<u>50,397</u>
Depreciation			
At 1 April 2023	25,523	22,778	48,301
Charge for the year	383	95	478
Surplus on revaluation	-	-	-
On disposals	-	-	-
At 31 March 2024	<u>25,906</u>	<u>22,873</u>	<u>48,779</u>
Net book value			
At 31 March 2024	(288)	1,906	1,618
At 31 March 2023	<u>95</u>	<u>2,001</u>	<u>2,096</u>

6 Debtors

	2024 £	2023 £
Trade debtors	3,042	3,848
Prepayments and Sundry Debtors	2,970	9,193
	<u>6,012</u>	<u>13,041</u>

7 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors and accrual	115	879
Other taxes and social security costs	51,190	39,913
Accruals	1,200	1,919
	<u>52,505</u>	<u>42,711</u>

8 Analysis of Net Assets between Funds

	General Funds	Restricted Funds	Total Funds
Tangible fixed assets	1,282	336	1,618
Current assets	148,954	11,113	160,067
Current liabilities	(49,748)	(2,757)	(52,505)
Net assets as at 31 March 2024	<u>100,488</u>	<u>8,692</u>	<u>109,180</u>

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2024

9 Movement in funds

	As at 1 April 2023	Incoming Resources	Outgoing Resources	Transfers	As at 31 March 2024
<u>Unrestricted Funds:</u>					
General Funds	36,710	20,576	20,795	-	36,491
Total Unrestricted Funds	36,710	20,576	20,795	-	36,491
<u>Restricted Funds:</u>					
Community Foundation - National Lottery	49,564	83,284	67,209	-	65,639
CAB	482	-	-	-	482
Covid Response Grant	277	-	-	-	277
Preston City Council	39	-	-	-	39
Mental Health Project - Red Rose	346	12,000	9,687	-	2,659
WEA Grant	2,294	-	-	-	2,294
Edward Gostlin	685	-	-	-	685
Onward homes project	-	2,462	1,988	-	474
Arnold Clark	139	-	-	-	139
Total Restricted Funds	53,826	97,746	78,884	-	72,688
Total Funds	90,536	118,322	99,679	-	109,179

General Funds represents the free funds of the charity which are not designated for particular purposes.

Pukar Disability Resource Centre

Independent Examiner's Report to the trustees of Pukar Disability Resource Centre

I report to the trustees on my examination of the accounts of Pukar Disability Resource Centre (the Charity) for the year ended 31 March 2024.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to :

- examine the accounts under section 145 of the Charities Act,
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Independent Examiner's Statement

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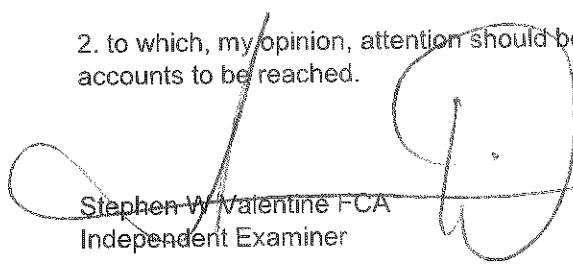
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2. to which, my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Stephen W Valentine FCA
Independent Examiner

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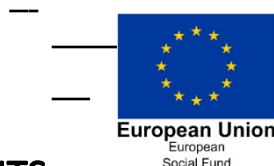
23 December 2024

Accounts

DRAFT

ANNUAL REPORT
1st April 2021 – 31st March 2022
ANNUAL GENERAL MEETING
5th June 2023
3-5 Oakham Court
Avenham Lane
Preston
PR1 3XP
Tel: 01772 822700
Email: enquiries@pukar.org.uk
Website: www.pukar.org.uk

REGISTERED CHARITY NUMBER: 1077534



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Chairperson's Report

It is with great pleasure I present this Annual Report for Pukar Disability Resource Centre.

I would like to thank all our supporters and stakeholders, who have made it possible to further our service provision and enabled us to continue our work programs for the BAME disabled people, carers and their families in Preston and the surrounding areas. It has again been another challenging and dynamic year for Pukar and all staff, members, volunteers and board members are to be congratulated on their efforts and dedication to the services of Pukar in the last year. Everyone has made efforts to ensure Pukar strives to meet the needs of service users.

Pukar has reached out increasingly to many more people with a diverse range of needs in the last year and it is commendable to see in effect just how much the Preston community has benefited from the services delivered, so increasing community cohesion and social inclusion for the most vulnerable client groups in Preston and surrounding areas. We have been able to achieve this with current resources but constant demand proves the need for a service like Pukar's to continuously expand our resources in order to increase the capacity for delivery to meet the demand. All this has been possible with the in-depth partnerships that have been built with other organisation's and mainstream service providers, to break down barriers and encourage an equal and fair access to services.

We look forward to working with all our partners, supporters and stakeholders in the forth-coming year, to ensure our services continue to be provided.

Once again I would like to thank all who have contributed, for their continued support and hard work for Pukar.

We want to thank all our Funders including the team at Reaching communities. WEA, CAB, Preston City Council and others.

Keith Holden
Chairperson

Treasurer's Report

I would like to thank Mr Keith Holden Chair of Pukar, my fellow trustees, our dedicated staff members, volunteers, all tutors and supporters. During this challenging year.

Please see enclosed our financial report for 2021 - 2022. Pukar is in a sustainable position and goes from strength to strength, in a challenging environment. If anyone wants to see the full accounts please let myself or contact the centre manager.

I would personally like to give special thanks to supporters-funding providers, partners that supported Pukar during the past years.

Khalid Akram
Treasurer Pukar

Service Development Manager's Report

I am pleased to forward key points for the annual report.

There has been a continued increase in carers and disabled people requesting support from Pukar, this effort has been coupled with support from all the staff at Pukar to identify, support and meet these needs.

The courses and training at Pukar are carefully considered and designed to develop confidence and learning as well as provide opportunities for teamwork. Feedback from people attending the learning is positive and beneficial. The tutors have experience and have built a positive learning and understanding specific needs of learners, some with special needs. Pukar has been able to support various learning needs of people through student support. Pukar has been true to its values of promoting learning since its inception. Many people have learned skills

The current service provision has supported people with multiple needs including supporting people access IT resources, reducing poverty levels amongst a large number of people.

Projects at Pukar have been successfully delivered. This has enabled multiple supports to people. The value of service provision has increased as well as referral process increased through joint work. Future success will involve continued partnership working. Pukar has invested time and resources in ensuring the organisation is in a capable position to meet the multiple needs of people accessing the organisation. Pukar has identified strategic opportunities to deliver services. The success of these opportunities will result in future sustainability.

Sustainable funding remains a key challenge for Pukar, the organisation is working hard to ensure future funding is sourced to enable this to benefit services users.

I would like to thank, trustees, staff, volunteers, funders and teachers for their continued support to the organisation

Younus Khan,
Service Development Manager

Carers'/Outreach Officer Report

Pukar aims to provide a link between disabled people and carers from diverse communities and mainstream agencies/service providers to try and improve the accessibility of service provision for carers and disabled people.

Our service users receive information in several diverse languages to enable them to better understand the services that are available and what other form of help they can receive.

Referrals have been made to many organisations including social services, occupational therapy assessments. Referrals have been made to many other organisations including, ICANN, Galloways Society for the blind, Ncompass, DENW, PMF, and, CAB, Nelson and Colne college.

Outreach Officer and volunteers have provided support to service users at medical appointments, provided housing advice, form filling, advocacy debt advice as well as various other learning, advice and guidance.

Existing and New Carers continue to benefit with carers breaks and courses during the year. Carers' have also received advocacy support on a range of matters. Home visits have formed a key part of the support for those unable to attend the centre. There has been an Increase in numbers of carers that attend the centre particularly those that are hidden and isolated carers and identified to enable them to link into service provision.

Outreach work has involved visiting people in their own homes who struggle being able to access the centre for help and advice. The provision of this service is valuable in ensuring people are not excluded and are aware of the services they can receive Throughout the year the numbers of Personal Independent form fillings have risen along with DLA and ESA form filling. Outreach work has required maintaining accurate records and files of client interactions and what referrals were made. These documents include outreach visits, referrals as well as case file, and follow-up reports on client activity.

The services that are provided by Pukar are much needed by the vulnerable people, and I hope that Pukar continues to progress and develop its services further with many more people coming through its doors.

Suraya Bashir Outreach Officer

Volunteer Coordinator

The Volunteer Coordinators' role is to recruit volunteers to support the works at Pukar Centre. Volunteer recruitment has been conducted keeping in mind the ethos of the Pukar with most volunteers being either carers or people with health conditions or disabilities. Every volunteer undertakes induction where we identify and find ways to support them in carrying out their volunteering duties. Feedback has been positive and even with the restrictions on activities during the pandemic volunteers have adapted and carried on supporting service users through online sessions. This includes online English classes, groups, and one on one and regular online meetings with the Embrace group.

Pukar has embarked on reading project with partner Shannon trust, that will aim to improve reading for people whose struggle with reading.

The plan for next year is to identify more volunteers who can be linked to current and future projects. This will help ensure the sustainability of the organization as well as develop skills and transferable skills for volunteers.

Nahid Qurban Volunteer Coordinator

Project Support Officer

We have been successful in sustaining a number of projects at Pukar. I have collated, captured and reported evidence by monitoring all the work carried out by staff. This is reported monthly and is an integral part of the work. We have improved our systems of evidence gathering. I frequently update and improve the systems to ensure the reporting is up to date and meets the requirements for funders. Marketing and promotion and arranging assessments has been successful and increased the numbers of service users attending the centre.

Swarn Tiwari Project Support Officer

Management Committee Trustees

Keith Holden - **Chairperson**

Khalid Akram - **Treasurer**

Yasmin Shakir - **Secretary**

Ayas Isap

Chabildas Parmar

Sarwar Ali

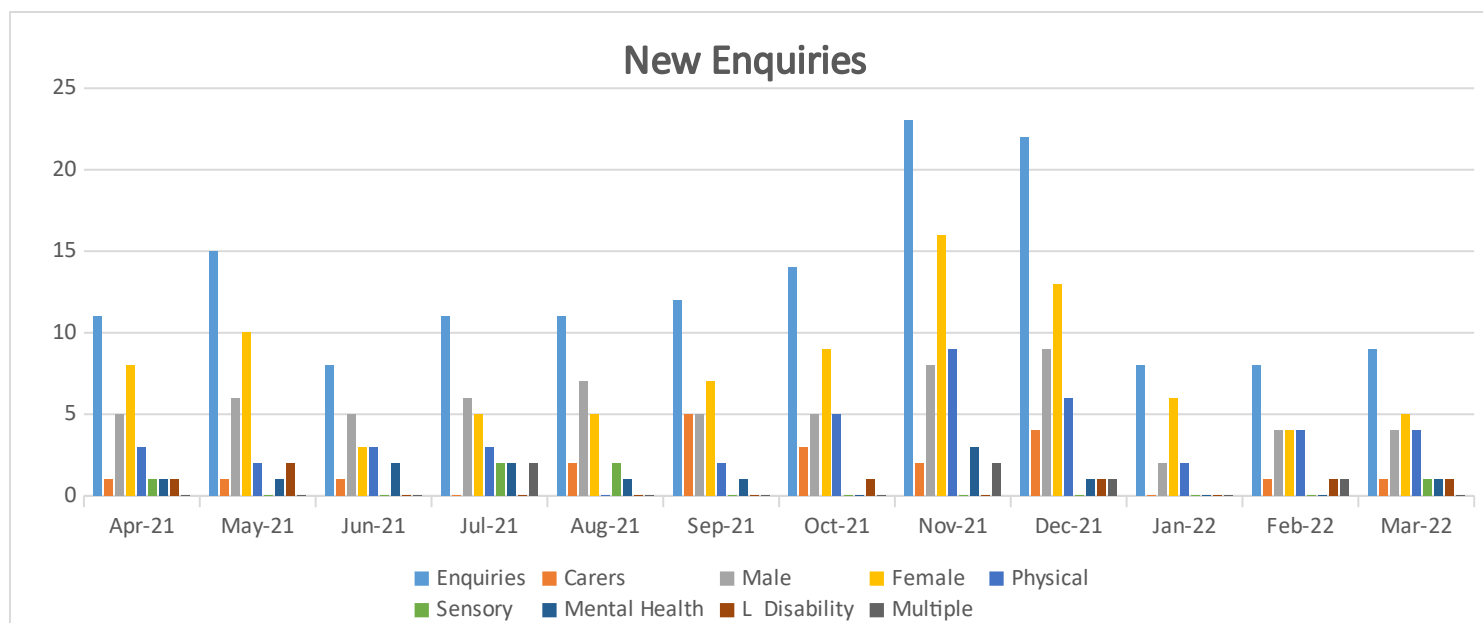
Saajad Tagari

Yakub Gangat

Pukar's Service Provision

Carers & Disability Work

Work with carers has been an ongoing daily through our service delivery i.e. such as information advice and guidance, advocacy, carers break, trips, form filling, referrals to partner organizations, and carers meetings. There are 21 new carers that have been identified and supported by Pukar over the year. In addition 77 carers have been supported by Pukar, with direct work, arranging classes and activities, form filling, as well as home visits.



Month	Enquiries	Carers	Male	Female	Physical	Sensory	Mental Health	Learning Disability	Multiple
Apr-21	11	1	5	8	3	1	1	1	0
May-21	15	1	6	10	2	0	1	2	0
Jun-21	8	1	5	3	3	0	2	0	0
Jul-21	11	0	6	5	3	2	2	0	2

Aug-21	11	2	7	5	0	2	1	0	0
Sep-21	12	5	5	7	2	0	1	0	0
Oct-21	14	3	5	9	5	0	0	1	0
Nov-21	23	2	8	16	9	0	3	0	2
Dec-21	22	4	9	13	6	0	1	1	1
Jan-22	8	0	2	6	2	0	0	0	0
Feb-22	8	1	4	4	4	0	0	1	1
Mar-22	9	1	4	5	4	1	1	1	0

Total new people enquiring intensive support 152

Total number of new Carers is 21 and existing 47

Total number of new people with disability is 71

Total number of new Volunteer is 23

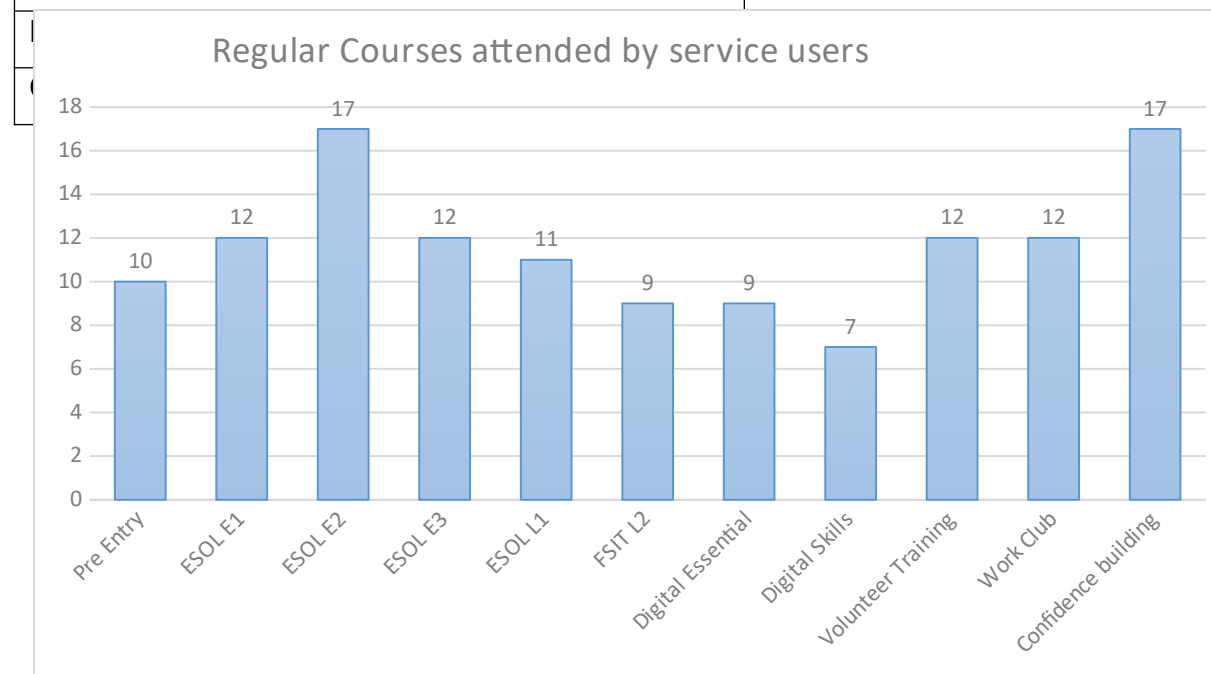
On average dealing with 24 queries per week dealing with personal issues and on the telephone, related to health, education, social care, welfare, debt, financial inclusion, home energy, volunteering, complex casework mental health, work, advocacy, translating

In addition regular carers meetings are organised for carers. Guest speakers are invited to provide further information.

Intensive Casework is carried out with many people that is person centered.

Types of Disabilities we have supported people that includes

Multiple Disabilities
Learning Disabilities
Mental Health / Depression
Sensory
Physical



Most courses are accredited with certificates and recognized qualifications.

Ethnicity of Service Users and Students Accessing Pukar

Ethnicity	
Asian or Asian British – Bangladeshi	Asian or Asian British – Indian
Asian or Asian British – Pakistani	Asian or Asian British – any other Asian Background
Black or Black British - African	Black or Black British – Caribbean
Black or Black British – any other Black background	Chinese
Mixed – White and Asian	Mixed – White and Black African
Mixed – White and Black Caribbean	Mixed – any other mixed background
White – British	White – Irish
White – any other white background	Arab
Gypsy or Traveler	Persian

Events organised and attended by Pukar

Health & Social Care Conferences	Health Expo / Mela
Assessment Days	AGM's
Trips	BME Forums
Carers Meetings	Careers Support
Volunteer celebration Day	Wellbeing Event
Carers Day	Funding Workshops
Information Advice & Guidance	Enrolment Days
UCLAN Meetings	Disability- Carers Information days.
	Disability Exhibitions

Service Provision at Pukar

- PIP/Attendance Allowance/Carers Allowance Form Filling
- Advocacy
- Outreach Visits
- Workshops
- Volunteer Recruitment & Support
- Education & Training
- Language Support
- Job seeking Support
- Joint Assessments
- Other Form Filling
- Disability Training
- Student Support(Placement)
- Home Visits
- Using Computers
- Interpretation

- Joint visits to hospitals
- Carers meetings

Carers Support

Pukar Confidence building & improvement in English

Pukar had a substantial increase in people learning English and waiting to learn English.

People are attending regular classes to improve their English skills. Pukar has recruited volunteers who were trained by the college to enable them using the Basic English framework and resources and able to deliver the Basic English reading, speaking and confidence building classes.

**Pukar Disability Resource Centre
Statement of Financial Activities
for the year ended 31 March 2019**

	Note	Unrestricted Funds	Restricted Funds	2019 £	2018 £
Incoming Resources					
Donations/fund raising		1,033	-	1,033	970
Grants received	2	5,250	28,110	33,361	35,935
Service fees		17,622	15,196	32,817	33,861
Total Incoming Resources		<u>23,905</u>	<u>43,306</u>	<u>67,211</u>	<u>70,766</u>
Resources Expended					
Total Incoming Resources		<u>23,905</u>	<u>43,306</u>	<u>67,211</u>	<u>70,766</u>
Other Expenditure					
Staff costs	3	13,115	30,002	43,117	42,152
Events		64	-	64	605
Travel and subsistence		163	-	163	107
Course fees		23	-	23	892
Rent		3,737	8,719	12,456	12,456
Utilities		2,204	1,250	3,454	3,186
Cleaning		371	41	412	739
Postage, stationery and telephone		436	535	971	1,460
Insurance		134	540	674	(209)
Repairs and maintenance		421	-	421	403
Computer and maintenance		709	158	867	640
Depreciation		188	741	929	1,066
Sundry expenses, Advertising and PR		363	195	558	1,485
Accountancy fees and bookkeeping		2,565	-	2,565	2,466
Legal Fees		15	-	15	-
Total Resources Expenditure	4	<u>24,508</u>	<u>42,181</u>	<u>66,689</u>	<u>67,448</u>
Net Incoming Resources before transfers		(603)	1,125	522	3,318
Transfers between Funds :-					
Unrestricted		-	-	-	-
Restricted		-	-	-	-
Net Incoming Resources for the Year		<u>(603)</u>	<u>1,125</u>	<u>522</u>	<u>3,318</u>
Fund Balances brought forward					
as at 1 April 2018		31,749	1,938	33,687	30,369
Fund Balances carried forward					
as at 31 March 2019		<u>31,146</u>	<u>3,063</u>	<u>34,209</u>	<u>33,687</u>

The project has been successful in achieving outcomes for learners to enable them to gain confidence by developing their skills in conversation. Volunteers have provided an invaluable service to provide learning for the service user, we would like to thank our volunteer tutor

Employment support

Information gathered from service users, Pukar partners and people, who gained employment with the support and help of Pukar centre. People were supported with basic IT support, interview skills, CV building, accessing employment and basic information and advice. People with complex needs have been supported into employment, with one to one support.

Volunteer Support

Pukar has recruited and supported volunteers during the year to complement and support the services of Pukar. Volunteers have gained a number of skills including administration, IT, Person Centred Support and learning about organisations that support people from BME communities, people with disabilities from diverse communities

Volunteers have supported Pukar centre to compliment the support and services. Pukar are the backbone of the organisation. Many volunteers have gained valuable work experience and gained employed after volunteering at the centre.

Health and wellbeing

Organisation Referrals

-

Received and Sent

Active Lancashire	Primary Care Trust
CAB	Preston City Council
DENW	Preston College
Galloways	Preston City Council Debt Advice
Gujarati Hindu Society	Prince's Trust
ICANN	Racial Equality Council (REC)
Lancashire Advocacy	RNIB
Lancashire County Council	Sahara
Lancashire Constabulary	Safe Net Sendias
Lancashire Fire & Rescue	Sendias
Lancashire Wellbeing Service	Sir Tom Finney
LMBE	Stoneygate
Minerva Health Centre	Solicitor
Ncompass	UCLAN
Preston Muslim Forum	Welfare Benefits
Primary Schools	Welfare Rights
Places of Worship	

Financial Report

Pukar Disability Resource Centre

Statement of Financial Activities for the year ended 31 March 2022

	Note	Unrestricted Funds	Restricted Funds	2022 £	2021 £
Incoming Resources					
Donations/fund raising		585	-	585	660
Grants received	2	-	94,259	84,264	113,951
Service fees		<u>12,967</u>		22,961	13,312
Total Incoming Resources		<u>13,552</u>	<u>94,259</u>	<u>107,811</u>	<u>127,923</u>

Staff costs	3	6,434	57,909	64,343	62,599
Events		3,444	101	3,545	36
Travel and subsistence		-	81	81	72
Course fees		81	-	81	172
Rent		9,965	2,491	12,456	12,456
Utilities		1,406	3,280	4,686	2,663
Cleaning		411	1,643	2,053	707
Postage, stationery and telephone		459	3,059	3,518	2,092
Insurance		60	540	600	600
Repairs and maintenance		471	1,112	1,583	14,398
Computer and maintenance		-	-	-	158
Depreciation		324	80	405	526
Sundry expenses, Advertising, Charges		167	2,315	2,482	499
Accountancy fees and bookkeeping		590	2,362	2,952	2,680
Tuition Fees			7,473	7,473	1,234
Legal Fees		-	700	700	66
Total Resources Expenditure	4	<u>23,812</u>	<u>83,146</u>	<u>106,958</u>	<u>100,958</u>
Unrestricted		-	-	-	-
Restricted		-	-	-	-
Net Incoming Resources for the Year		(10,260)	11,113	853	26,965
Fund Balances brought forward					
as at 1 April 2021		43,799	30,440	74,239	47,274
Fund Balances carried forward as at 31 March 2022		<u>43,799</u>	<u>30,440</u>	<u>74,239</u>	<u>47,274</u>
Balance Sheet as at 31 March 2022		<u>~~33,539~~</u>	<u>~~41,553~~</u>	<u>~~75,092~~</u>	<u>~~74,239~~</u>
	Notes		2022		2021
			£		£
Fixed assets					
Tangible assets	5		<u>1,728</u>		<u>2,132</u>
Current assets					

Debtors	6	3,277	870
Cash at bank and in hand - HSBC		95,678	87,480
		98,955	88,350
Creditors: amounts falling due			
Within one year	7	(25,590)	(16,238)
Net current assets		73,365	72,112
Net assets	8	~~75,092~~	~~74,239~~
Funds			
Unrestricted funds		33,539	43,799
Restricted funds		41,553	30,440
Total Charity Funds	9	~~75,092~~	~~74,239~~

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 6 September 2022 and signed on its behalf by:

Khalid Akram (Treasurer)
Trustee

CASE STUDIES

Case Study 1.

Case Study: N.K.

N.K. was referred to me as a potential volunteer with a work history in the banking industry, but had been out of work for an extended period of time due to health issues and visual impairment. After an initial induction, we mutually agreed that N.K. would shadow me in order to gain experience and eventually assist with applying for blue badges.

To assist with N.K.'s job search, we referred her to the Pukar work club where she received support in completing her CV and conducting job searches. Additionally, N.K. provided assistance to the job coach during sessions. Throughout her volunteering period with Pukar, N.K. has demonstrated her commitment to personal and professional development by completing the introduction to volunteering course and currently pursuing the Digital Essentials course.

Case Study 2.

One of our service users who is a carer suffered from lower back pain for many years. This pain was making her feel very low and hindered her from participating in many activities. She lost confidence and mostly stayed at home because she felt she was not able to physically do any activities and also did not have the confidence to go out and socialise. She attended a coffee morning at Pukar and finally agreed to try out some swimming sessions. She feels it was the best decision she made as her back pain has significantly reduced and she has also learnt how to swim. She had never been in a swimming pool before these sessions and wasn't aware of the benefits of water and muscle relaxation. She felt the sessions were very friendly and welcoming. As well as making new friends, she is now much happier and more confident. She now regularly attends swimming classes by herself and is much more mobile.

-

QUOTES

A word from our service users

"I'm so happy! I wish I had come and spoken to you sooner- I would have got my problems sorted."

"You're amazing! Thank you so much for your help- I honestly could not have done it without you"

“I feel comfortable and safe at Pukar. I know that I have someone to talk to and you will help me properly. Thank you so much for all your help.”

“I *feel* comfortable coming to Pukar I can discuss my needs and feel I receive solutions”

“Without language support I would struggle with form filling and am really pleased for the support”

“Thank you for all the support”

Quotes from organisations

“ Pukar meets the needs of BAME people with disabilities”

“ We appreciate the feedback from Pukar”

“ Pukar has a good understanding of needs of people”

Words of Gratitude

Pukar Disability Resource Centre would like to thanks to all who, supported us during this year! We would also like to show our appreciation to all our valuable partnership organisations & supporters!

Adult & Community
Services

Stoneygate

CAB

Reaching Communities

WEA

RESTART

Red Rose Sports

Princess Trust

Wellbeing Service

Gujarat Hindu Society

Lancashire County Council

Duchy of Lancaster

Community Foundations

Tutors

Disability Action

DENW

Nelson & Colne College

UCLAN

Lancashire Adult College

Lancashire Care Trust

Lancashire Constabulary

Preston Muslim Forum

UK Online

Preston City Council

Preston Community
Network

LBME PACT

Debt Advice PCC

Lancashire Constabulary

Jobcentre Plus

Age Concern

Galloways

Active Lancashire

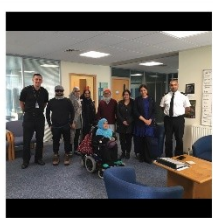
Sahara

Diabetes Association

Advance Social Care

Images

Class Activities



We would also like to thanks our Board Members, Staff, & Volunteers for all their help and support,

**THE MUSLIM WELFARE ASSOCIATION OF CHESTERFIELD
AND NORTH DERBYSHIRE**

**FINANCIAL STATEMENTS
FOR
31 March 2023**

Charity Number 1117487

Financial Statements For the year ended 31 May 2023

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Members Of The Board And Professional Advisers

The Board of Trustees

Farooq Saddique – Chairman
Mahroof Saddique – Treasurer
Zafar Iqbal – Secretary
Stephen Price – Trustee
Omar Hammadi – Trustee

Registered Office

10A Marsden Street
Chesterfield
S40 1JY

Independent Examiner

Mothin Ali
My Leeds Accountant Ltd
Leeds
LS8 2TB

Trustees Annual Report – Year Ended 31 March 2023

The trustees have the pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2023

Objectives And Activities

The objectives of the charity are to support CIF work and the running of a luncheon club for the benefit of the Muslim community of Chesterfield and Northeast Derbyshire. The charity also supports the interests of Muslim women within the designated area.

Summary of The Main Activities Undertaken for The Public Benefit In Relation To These Objects

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustees' meetings and ensure that this is the driving force behind our activities.

Achievements And Performance

It has been a very busy but also a very rewarding year with fundraising at the heart of our efforts to raise enough funds to repair the roof and install new windows and fans to provide ventilation in the summer and warmth in the winter. I am pleased to announce that as I write this, we are just over £10,000 short of the required £130,000 to carry out the above repairs and make our wonderful premises secure and watertight. This I feel has been an absolutely wonderful achievement by all the community and I feel so proud of everyone who has given up their time and money in order to get to this point.

We have continued to establish Youth forums for children from 8-18 years old to tackle everyday issues and allow children to address any questions that they have about Islam and how it affects their daily lives. This project is also ongoing and was started last summer as it was felt that our children needed a platform to air their queries and concerns and discuss matters which they perhaps otherwise would not broach at home such as online bullying and eating disorders.

Ladies' classes are being provided to allow our mothers and sisters to congregate in a safe environment and discuss Islam and better educate themselves. We hope that such classes will also help to alleviate the big problem of Isolation and depression that many Muslims especially women feel living in a small community.

Funeral Service - One of our key objectives was to be totally independent and be able to carry out the ghusl of the deceased in our own community rather than having to travel many miles to do this and rely on the permission and understanding of others. We will be looking at completing this project once our new community centre has been up and running for a few years.

Interfaith Forum - we have built on our extremely successful inter-faith Project where members of the non-Muslim community are welcomed into the Mosque to allow them to sit with us and see Islam being practised in front of their eyes rather than letting the media drive an anti-Islamic narrative. We have made many new friends and we provide a platform for them discuss new and interesting subjects.

Interpreting/Signposting - We have been providing an interpretation and signposting service from the mosque as quite a few members of our community do not have English as their first language, and we will use signposting to point members to the varied services available to help make their daily lives more fulfilling.

Over the past year we have been extremely active in providing a foodbank initiative for vulnerable members of not only the local Muslim community but also the wider population . We have an open-door policy where families who are struggling to make ends meet are encouraged to come into our premises and help themselves to basic necessities. We have set up a fund where members can provide financial assistance to the most vulnerable in Chesterfield & North Derbyshire.

Finally, we have been at the forefront in welcoming Refugee families from Syria who have suffered horrifically both physically and mentally. We have worked with such families to help provide them with food, medical assistance, schooling and interpretation as and when required and the whole community has pitched in together to make these families (who are dispersed throughout Derbyshire) welcome.

FINANCIAL REVIEW

Reserves Policy

The reserves policy is to build up reserves to sustain our activities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is based at 10a Marsden Street, Chesterfield, Derbyshire, S40 1JY which is the principal address of the charity (Registered Charity No. 1117487).

Induction and Training of Trustees

A skills audit has been undertaken to discover those skills which are required by the trustee body. Efforts are made to recruit trustees who meet the skill requirement. The overall composition of the trustee body aims to be as representative of the community as is possible.

Risk Management Policy

The trustees examine the major risks that the charity faces each financial year when preparing and updating the strategic plan. The charity has developed systems to monitor and control these risks to mitigate any impact that they may have on the charity in the future.

Independent Examiner

Mothin Ali of My Leeds Accountant Ltd, has been appointed as the independent examiner for the year ending 31 March 2023.

Signed on behalf of the trustees:

F Saddique
Chairman

Approved by the trustees on: 03 October 2023

Independent Examiners Reports to The Trustees for The Year Ended 31 March 2023

Independent Examiners Report to the Trustees

I report on the accounts of the charity for the year ended 31 March 2023 which are set out on pages 6 to 14.

Respective Responsibilities of Trustees and The Examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under charity law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act.
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, as amended); and state whether matters have come to my attention.

Basis Of Independent Examiner's Statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention other than that disclosed below:

1 Which gives me reasonable cause to believe that, in any material respect, the requirements to keep accounting records in accordance with section 130 of the Act; and to prepare accounts which accord with the accounting records, comply with the accounting requirements of the Act; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Concerns encountered during the course of the independent examination were: -
Records and evidence were incomplete with respect to income received relating to donations and fundraising.

Mothin Ali FCCA
My Leeds Accountant Ltd
Leeds

LS8 2TB

**Statement Of Financial Activities
Year Ended 31 March 2023**

	Unrestric ted funds	Restrict ed income funds	Endowm ent funds	Total this year	Total last year
	£	£	£	£	£
Incoming resources (Note 3)					
Donations	34,622	-	-	34,622	104,353
Grants Receivable	18,286			18,286	19,071
Other Income		-	-		16,059
Other incoming resources	-		-	-	-
Total incoming resources	52,908		-	52,908	140,419
Resources expended (Note 4)					
Costs of Generating Funds	109,073		-	109,073	71,437
		-	-		
Total resources expended	109,073	-	-	109,073	71,437
Net incoming/(outgoing) resources before transfers	56,165	-	-	56,165	68,982
Gross transfers between funds	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	56,165	-	-	56,165	68,982
Net movement in funds	56,165	-	-	56,165	68,982
Total funds brought forward	293,470	-	-	293,470	224,488
Total funds carried forward	237,305	-	-	237,305	293,470

Balance Sheet As At 31 March 2023

		Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets						
Tangible assets (Note 9)		266,113	-	-	266,113	271,775
Total fixed assets		266,113	-	-	266,113	271,775
Current assets						
Cash at bank and in hand		9,311	-	-	9,311	64,814
Total current assets		9,311	-	-	9,311	64,814
Net current assets/(liabilities)		9,311	-	-	9,311	64,814
Total assets less current liabilities		275,424	-	-	275,424	336,589
Creditors: amounts falling due after one year (Note 12)		38,119	-	-	38,119	43,119
Net assets		237,305	-	-	237,305	293,470
Funds of the Charity						
Unrestricted funds		237,305			237,305	293,470
Restricted income funds (Note 13)			-		-	
Total funds		237,305	-	-	237,305	293,470

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

.....
Date

The notes on pages 9 to 13 form part of these financial statements.

Notes To The Financial Statements for the Year Ended 31 March 2023

1 Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Charity information

The Muslim Welfare Association of Chesterfield and North Derbyshire is a registered charity. The charity's registered office is 10A Marsden Street, Chesterfield S40 1JY. At the end of the year there were five Trustees.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in Sterling which is the functional currency of the charity. Monetary amounts in these financial statements to the nearest £.

The accounts have been prepared on historical cost convention apart from freehold property that is carried at market value. The principal accounting policies adopted are set out below.

These are the accounts for the year ended 31 March 2021 are prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 January 2015.

1.2 Going concern.

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for defined purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Gifts in kind have been included at market value of gifts received and in assets acquired. No amounts are included in the financial statements for services donated by volunteers.

1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with use of the resources. Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in the support of the charitable activities.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial instruments

The charity has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or

section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

1.12 Depreciation

Individual fixed assets costing £1000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight-line balance basis as follows: -

Asset category

Equipment

Land and Properties

Annual rate

- 4 Years straight line

50 Years Straight Line

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimated and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

Note 3

Analysis of incoming resources

	Analysis	This year	Last year
		£	£
Voluntary income	Donations	34,622	104,353
	Grants	18,286	16,995
	Other Income	-	19,071
	Total	52,908	140,419

Note 4 Analysis of resources expended

	Analysis	This year £	Last year £
Costs of generating voluntary income	Travel expenses	289	
	Rates	251	287
	Light and heat	10,354	7,209
	Water rates	661	698
	Repairs and maintenance	82,799	49,399
	Cleaning	626	2,255
	Computer software, consumables and maintenance	-	1,129
	Insurance	1,853	1,659
	Postage	4	-
	Stationery	162	392
	Telecommunications and data costs	698	354
	Accountancy fees	400	400
	Professional fees	-	1,300
	Bank charges	61	25
	Charitable donations	2,748	-
	Other office costs	1,336	-
	Depreciation of freehold land and property	5,662	5,662
	Entertaining	1,170	667
	Sundry expenses	- 1	1
	Total	109,073	71,437

**Notes To The Financial Statements
Year Ended 31 March 2023**

Note 5 Tangible fixed assets

5.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Payments on account and assets under construction	Total
	£	£	£	£	£	£
Balance brought forward	283,099	-	-	-	-	283,099
Additions	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Transfers *	-	-	-	-	-	-
Balance carried forward	283,099	-	-	-	-	283,099

5.2 Accumulated depreciation and impairment provisions

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB
** Rate					

Balance brought forward	-	-	-	5,662	-	5,662
Depreciation charge for year	5,662	-	-	-	-	5,662
Impairment provisions	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Transfers*	-	-	-	-	-	-
Balance carried forward	5,662	-	-	5,662	-	11,324

5.3 Net book value

Brought forward	283,099	-	-	-	-	277,437
Carried forward	277,437	-	-	-	-	271,775

Notes To The Financial Statements Year Ended 31 March 2023

Note 6

Creditors and accruals

6.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Ummah Welfare Trust	5 ,000	15 ,000	-	-
Qurban Ali	15 ,000	25 ,000	-	-
Sherko Ismal	10 ,039	10 ,039	-	-
Funeral Deposits	13 ,080	13 ,080	-	-
Omar Hammadi	-	2 ,000	-	-
Total	43 ,119	65 ,119	-	-

**THE MUSLIM WELFARE ASSOCIATION OF CHESTERFIELD
AND NORTH DERBYSHIRE**

**FINANCIAL STATEMENTS
FOR
31 March 2023**

Charity Number 1117487

Financial Statements

For the year ended 31 May 2023

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Members Of The Board And Professional Advisers

The Board of Trustees

Farooq Saddique – Chairman
Mahroof Saddique – Treasurer
Zafar Iqbal – Secretary
Stephen Price – Trustee
Omar Hammadi – Trustee

Registered Office

10A Marsden Street
Chesterfield
S40 1JY

Independent Examiner

Mothin Ali
My Leeds Accountant Ltd
Leeds
LS8 2TB

Trustees Annual Report – Year Ended 31 March 2023

The trustees have the pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2023

Objectives And Activities

The objectives of the charity are to support CIF work and the running of a luncheon club for the benefit of the Muslim community of Chesterfield and Northeast Derbyshire. The charity also supports the interests of Muslim women within the designated area.

Summary of The Main Activities Undertaken for The Public Benefit In Relation To These Objects

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustees' meetings and ensure that this is the driving force behind our activities.

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It has been a very busy but also a very rewarding year with fundraising at the heart of our efforts to raise enough funds to repair the roof and install new windows and fans to provide ventilation in the summer and warmth in the winter. I am pleased to announce that as I write this, we are just over £10,000 short of the required £130,000 to carry out the above repairs and make our wonderful premises secure and watertight. This I feel has been an absolutely wonderful achievement by all the community and I feel so proud of everyone who has given up their time and money in order to get to this point.

We have continued to establish Youth forums for children from 8-18 years old to tackle everyday issues and allow children to address any questions that they have about Islam and how it affects their daily lives. This project is also ongoing and was started last summer as it was felt that our children needed a platform to air their queries and concerns and discuss matters which they perhaps otherwise would not broach at home such as online bullying and eating disorders.

Ladies' classes are being provided to allow our mothers and sisters to congregate in a safe environment and discuss Islam and better educate themselves. We hope that such classes will also help to alleviate the big problem of Isolation and depression that many Muslims especially women feel living in a small community.

Funeral Service - One of our key objectives was to be totally independent and be able to carry out the ghusl of the deceased in our own community rather than having to travel many miles to do this and rely on the permission and understanding of others. We will be looking at completing this project once our new community centre has been up and running for a few years.

Interfaith Forum - we have built on our extremely successful inter-faith Project where members of the non-Muslim community are welcomed into the Mosque to allow them to sit with us and see Islam being practised in front of their eyes rather than letting the media drive an anti-Islamic narrative. We have made many new friends and we provide a platform for them discuss new and interesting subjects.

Interpreting/Signposting - We have been providing an interpretation and signposting service from the mosque as quite a few members of our community do not have English as their first language, and we will use signposting to point members to the varied services available to help make their daily lives more fulfilling.

Over the past year we have been extremely active in providing a foodbank initiative for vulnerable members of not only the local Muslim community but also the wider population . We have an open-door policy where families who are struggling to make ends meet are encouraged to come into our premises and help themselves to basic necessities. We have set up a fund where members can provide financial assistance to the most vulnerable in Chesterfield & North Derbyshire.

Finally, we have been at the forefront in welcoming Refugee families from Syria who have suffered horrifically both physically and mentally. We have worked with such families to help provide them with food, medical assistance, schooling and interpretation as and when required and the whole community has pitched in together to make these families (who are dispersed throughout Derbyshire) welcome.

FINANCIAL REVIEW

Reserves Policy

The reserves policy is to build up reserves to sustain our activities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is based at 10a Marsden Street, Chesterfield, Derbyshire, S40 1JY which is the principal address of the charity (Registered Charity No. 1117487).

Induction and Training of Trustees

A skills audit has been undertaken to discover those skills which are required by the trustee body. Efforts are made to recruit trustees who meet the skill requirement. The overall composition of the trustee body aims to be as representative of the community as is possible.

Risk Management Policy

The trustees examine the major risks that the charity faces each financial year when preparing and updating the strategic plan. The charity has developed systems to monitor and control these risks to mitigate any impact that they may have on the charity in the future.

Independent Examiner

Mothin Ali of My Leeds Accountant Ltd, has been appointed as the independent examiner for the year ending 31 March 2023.

Signed on behalf of the trustees:

F Saddique
Chairman

Approved by the trustees on: 03 October 2023

Independent Examiners Reports to The Trustees for The Year Ended 31 March 2023

Independent Examiners Report to the Trustees

I report on the accounts of the charity for the year ended 31 March 2023 which are set out on pages 6 to 14.

Respective Responsibilities of Trustees and The Examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under charity law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act.
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, as amended); and state whether matters have come to my attention.

Basis Of Independent Examiner's Statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention other than that disclosed below:

1 Which gives me reasonable cause to believe that, in any material respect, the requirements to keep accounting records in accordance with section 130 of the Act; and to prepare accounts which accord with the accounting records, comply with the accounting requirements of the Act; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Concerns encountered during the course of the independent examination were: -
Records and evidence were incomplete with respect to income received relating to donations and fundraising.

Mothin Ali FCCA
My Leeds Accountant Ltd
Leeds

LS8 2TB

Statement Of Financial Activities **Year Ended 31 March 2023**

	Unrestric ted funds £	Restrict ed income funds £	Endowm ent funds £	Total this year £	Total last year £
Incoming resources (Note 3)					
Donations	34,622	-	-	34,622	10,435
Grants Receivable	18,286			18,286	1,907
Other Income		-	-		16,059
Other incoming resources	-		-	-	-
Total incoming resources	52,908		-	52,908	140,419
Resources expended (Note 4)					
Costs of Generating Funds	109,073		-	109,073	71,437
		-	-		
Total resources expended	109,073	-	-	109,073	71,437
Net incoming/(outgoing) resources before transfers	56,165	-	-	56,165	68,982
Gross transfers between funds	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	56,165	-	-	56,165	68,982
Net movement in funds	56,165	-	-	56,165	68,982
Total funds brought forward	293,470	-	-	293,470	224,488
Total funds carried forward	237,305	-	-	237,305	293,470

Balance Sheet As At 31 March 2023

		Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets						
Tangible assets (Note 9)		266,113	-	-	266,113	271,775
Total fixed assets		266,113	-	-	266,113	271,775
Current assets						
Cash at bank and in hand		9,311	-	-	9,311	64,814
Total current assets		9,311	-	-	9,311	64,814
Net current assets/(liabilities)		9,311	-	-	9,311	64,814
Total assets less current liabilities		275,424	-	-	275,424	336,589
Creditors: amounts falling due after one year (Note 12)		38,119	-	-	38,119	43,119
Net assets		237,305	-	-	237,305	293,470
Funds of the Charity						
Unrestricted funds		237,305			237,305	293,470
Restricted income funds (Note 13)			-		-	
Total funds		237,305	-	-	237,305	293,470

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

.....
Date

The notes on pages 9 to 13 form part of these financial statements.

Notes To The Financial Statements for the Year Ended 31 March 2023

1 Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Charity information

The Muslim Welfare Association of Chesterfield and North Derbyshire is a registered charity. The charity's registered office is 10A Marsden Street, Chesterfield S40 1JY. At the end of the year there were five Trustees.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in Sterling which is the functional currency of the charity. Monetary amounts in these financial statements to the nearest £.

The accounts have been prepared on historical cost convention apart from freehold property that is carried at market value. The principal accounting policies adopted are set out below.

These are the accounts for the year ended 31 March 2021 are prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 January 2015.

1.2 Going concern.

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for defined purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.4 Incoming resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Gifts in kind have been included at market value of gifts received and in assets acquired. No amounts are included in the financial statements for services donated by volunteers.

1.5 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with use of the resources. Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in the support of the charitable activities.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial instruments

The charity has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or

section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

1.12 Depreciation

Individual fixed assets costing £1000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight-line balance basis as follows: -

Asset category

Equipment

Land and Properties

Annual rate

- 4 Years straight line

50 Years Straight Line

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimated and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

Note 3

Analysis of incoming resources

	Analysis	This year	Last year
		£	£
Voluntary income	Donations	34,622	104,353
	Grants	18,286	16,995
	Other Income	-	19,071
	Total	52,908	140,419

Note 4 Analysis of resources expended

	Analysis	This year £	Last year £
Costs of generating voluntary income	Travel expenses	289	
	Rates	251	287
	Light and heat	10,354	7,209
	Water rates	661	698
	Repairs and maintenance	82,799	49,399
	Cleaning	626	2,255
	Computer software, consumables and maintenance	-	1,129
	Insurance	1,853	1,659
	Postage	4	-
	Stationery	162	392
	Telecommunications and data costs	698	354
	Accountancy fees	400	400
	Professional fees	-	1,300
	Bank charges	61	25
	Charitable donations	2,748	-
	Other office costs	1,336	-
	Depreciation of freehold land and property	5,662	5,662
	Entertaining	1,170	667
	Sundry expenses	- 1	1
	Total	109,073	71,437

**Notes To The Financial Statements
Year Ended 31 March 2023**

Note 5 Tangible fixed assets

5.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Payments on account and assets under construction	Total
	£	£	£	£	£	£
Balance brought forward	283,099	-	-	-	-	283,099
Additions	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Transfers *	-	-	-	-	-	-
Balance carried forward	283,099	-	-	-	-	283,099

5.2 Accumulated depreciation and impairment provisions

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB
** Rate					

Balance brought forward	-	-	-	5,662	-	5,662
Depreciation charge for year	5,662	-	-	-	-	5,662
Impairment provisions	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Transfers*	-	-	-	-	-	-
Balance carried forward	5,662	-	-	5,662	-	11,324

5.3 Net book value

Brought forward	283,099	-	-	-	-	277,437
Carried forward	277,437	-	-	-	-	271,775

Notes To The Financial Statements Year Ended 31 March 2023

Note 6

Creditors and accruals

6.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Ummah Welfare Trust	5 ,000	15 ,000	-	-
Qurban Ali	15 ,000	25 ,000	-	-
Sherko Ismal	10 ,039	10 ,039	-	-
Funeral Deposits	13 ,080	13 ,080	-	-
Omar Hammadi	-	2 ,000	-	-
Total	43 ,119	65 ,119	-	-

Accounts



ANNUAL REPORT
1st April 2020 - 31st March
2021
ANNUAL GENERAL MEETING
2022

3-5 Oakham Court
Avenham Lane
Preston
PR1 3XP

Tel: 01772 822700

Email: enquiries@pukar.org.uk

Website: www.pukar.org.uk

REGISTERED CHARITY NUMBER: 1077534



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Chairperson's Report

It is with great pleasure I present this Annual Report for Pukar Disability Resource Centre.

I would like to thank all our supporters and stakeholders, who have made it possible to further our service provision and enabled us to continue our work programs for the BAME disabled people, carers and their families in Preston and the surrounding areas.

It has again been another challenging and dynamic year for Pukar and all staff, members, volunteers and board members are to be congratulated on their efforts and dedication to the services of Pukar in the last year. Everyone has made efforts to ensure Pukar strives to meet the needs of service users.

Pukar has reached out increasingly to many more people with a diverse range of needs in the last year and it is commendable to see in effect just how much the Preston community has benefited from the services delivered, so increasing community cohesion and social inclusion for the most vulnerable client groups in Preston and surrounding areas. We have been able to achieve this with current resources but constant demand proves the

need for a service like Pukar's to continuously expand our resources in order to increase the capacity for delivery to meet the demand. All this has been possible with the in-depth partnerships that have been built with other organisation's and mainstream service providers, to break down barriers and encourage an equal and fair access to services.

We look forward to working with all our partners, supporters and stakeholders in the forth-coming year, to ensure our services continue to be provided.

Once again I would like to thank all who have contributed, for their continued support and hard work for Pukar.

We want to thank all our Funders including the team at Reaching communities. WEA, CAB, Preston City Council, Disability Action and others.

Keith Holden
Chairperson

Treasurer's Report

I would like to thank Mr Keith Holden Chair of Pukar, my fellow trustees, our dedicated staff members, volunteers, all tutors and supporters. During this challenging year.

Please see enclosed our financial report for 2020 - 2021. Pukar is in a sustainable position and goes from strength to strength, in a challenging environment. If anyone wants to see the full accounts please let myself or contact the centre manager.

I would personally like to give special thanks to supporters-funding providers, partners that supported Pukar during the past years.

Mahmud Amirat
Treasurer Pukar

Service Development Manager's Report

I am pleased to forward key points for the annual report.

There has been a continued increase in carers and disabled people requesting support from Pukar, this effort has been coupled with support from all the staff at Pukar to identify, support and meet these needs.

The courses and training at Pukar are carefully considered and designed to develop confidence and learning as well as provide opportunities for teamwork. Feedback from people attending the learning is positive and beneficial. The tutors have experience and have built a positive learning and understanding specific needs of learners, some with special needs. Pukar has been able to support various learning needs of people through student support. Pukar has been true to its values of promoting learning since its inception. Many people have learned skills

The current service provision has supported people with multiple needs including supporting people access IT resources, reducing poverty levels amongst a large number of people.

Projects at Pukar have been successfully delivered. This has enabled multiple supports to people. The value of service provision has increased as well as referral process increased through joint work. Future success will involve continued partnership working.

Pukar has invested time and resources in ensuring the organisation is in a capable position to meet the multiple needs of people accessing the organisation. Pukar has identified strategic opportunities to deliver services. The success of these opportunities will result in future sustainability.

Reductions in funding remains a key challenge for Pukar, the organisation is working hard to ensure funding received is spent efficiently to benefit services users.

During Covid Pukar has continued service provision, to people adapting service provision mainly on the phone and online classes. Pukar continued to provide services.

I would like to thank, trustees, staff, volunteers, funders and teachers for their continued support to the organization

Younus Khan,
Service Development Manager

Carers'/Outreach Officer Report

Pukar aims to provide a link between disabled people and carers from diverse communities and mainstream agencies/service providers to try and improve the accessibility of service provision for carers and disabled people. Our service users receive information in several diverse languages to enable them to better understand the services that are available and what other form of help they can receive.

Referrals have been made to many organisations including social services, occupational therapy assessments. Referrals have been made to many other organisations including, ICANN, Galloways Society for the blind, Ncompass, DENW, PMF, and, CAB, Nelson and Colne college.

Outreach Officer and volunteers have provided support to service users at medical appointments, provided housing advice, form filling, advocacy debt advice as well as various other learning, advice and guidance.

Existing and New Carers continue to benefit with carers breaks and courses during the year. Carers' have also received advocacy support on a range of matters. Home visits have formed a key part of the support for those unable to attend the centre. There has been an Increase in numbers of carers that attend the centre particularly those that are hidden and isolated carers and identified to enable them to link into service provision.

Outreach work has involved visiting people in their own homes who struggle being able to access the centre for help and advice. The provision of this service is valuable in ensuring people are not excluded and are aware of the services they can receive Throughout the year the numbers of Personal Independent form fillings have risen along with DLA and ESA form filling. Outreach work has required maintaining accurate records and files of client interactions and what referrals were made. These documents include outreach visits, referrals as well as case file, and follow-up reports on client activity.

The services that are provided by Pukar are much needed by the vulnerable people, and I hope that Pukar continues to progress and develop its services further with many more people coming through its doors.

Outreach Officer

Volunteer Coordinator

The Volunteer Coordinators' role is to recruit volunteers to support the works at Pukar Centre. Volunteer recruitment has been conducted keeping in mind the ethos of the Pukar with most volunteers being either carers or people with health conditions or disabilities. Every volunteer undertakes induction where we identify and find ways to support them in carrying out their volunteering duties. Feedback has been positive and even with the restrictions on activities during the pandemic volunteers have adapted and carried on supporting service users through online sessions. This includes online English classes, groups, and one on one and regular online meetings with the Embrace group.

The plan for next year is to identify more volunteers who can be linked to current and future projects. This will help ensure the sustainability of the organization as well as develop skills and transferable skills for volunteers.

Nahid Qurban Volunteer Coordinator

Project Support Officer

We have been successful in sustaining a number of projects at Pukar. I have collated, captured and reported evidence by monitoring all the work carried out by staff. This is reported monthly and is an integral part of the work. We have improved our systems of evidence gathering. I frequently update and improve the systems to ensure the reporting is up to date and meets the requirements for funders. Marketing and promotion and arranging assessments has been successful and increased the numbers of service users attending the centre.

Swarn Tiwari Project Support Officer

Management Committee

Chairperson	-	Keith Holden
Treasurer	-	Mahmud Amirat
Secretary	-	Khalid Akram

Trustees

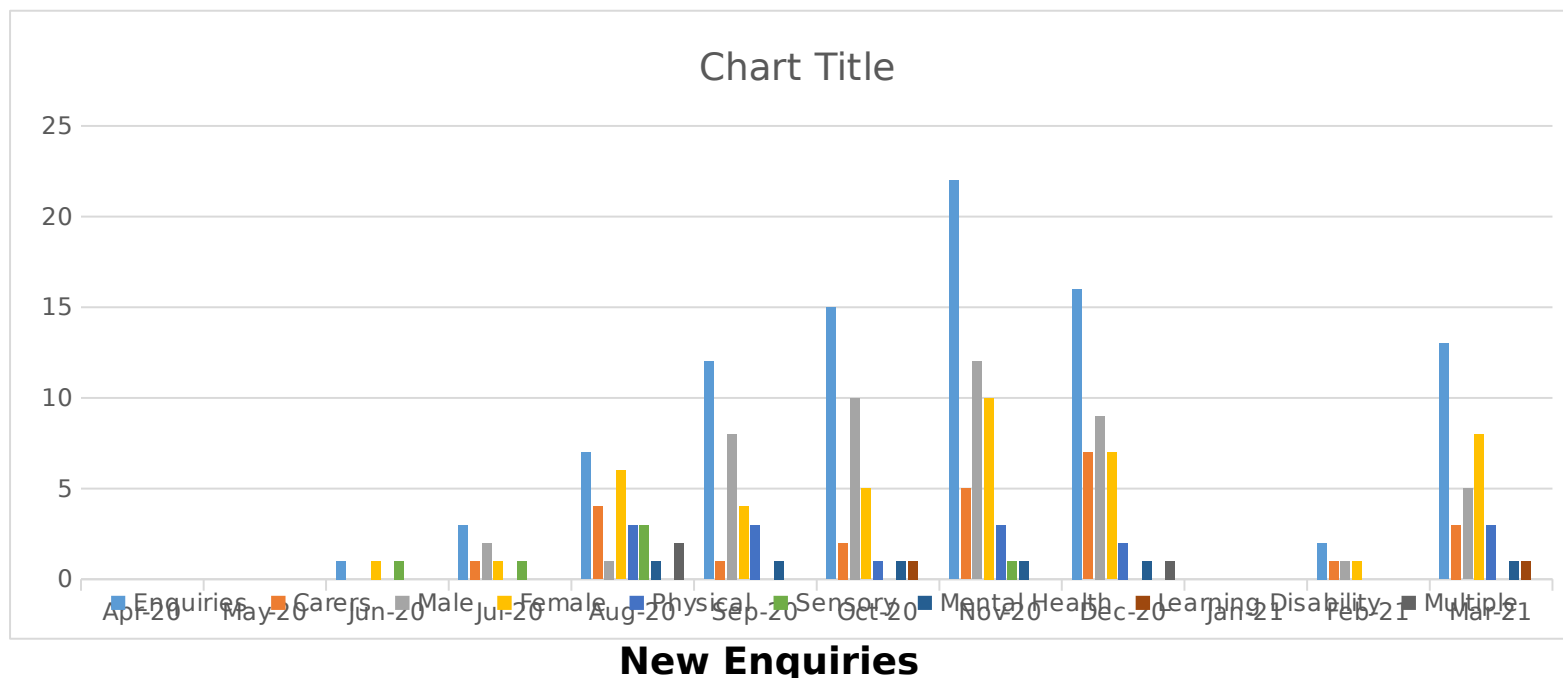
Ayas Isap
Chabildas Parmar
Sarwar Ali
Yasmin Shakir
Khalid Akram
Saajad Tagari
Yakub Gangat

Pukar's Service Provision

Carers & Disability Work

Work with carers has been an ongoing daily through our service delivery i.e. such as information advice and guidance, advocacy, carers break, trips, form filling, referrals to partner organizations, and carers meetings. There are 24 new carers that have been identified and supported by Pukar over the year.

In addition 77 carers have been supported by Pukar, with direct work, arranging classes and activities, form filling, as well as home visits.



Month	Enquiries	Carers	Male	Female	Physical	Sensory	Mental Health	Learning Disability	Multiple
Apr-20	0	0	0	0	0	0	0	0	0
May-20	0	0	0	0	0	0	0	0	0
Jun-20	1	0	0	1	0	0	0	0	0
Jul-20	3	1	2	1	0	1	0	0	0
Aug-20	7	4	1	6	3	3	1	0	2
Sep-20	12	1	8	4	3	0	1	0	0
Oct-20	15	2	10	5	1	0	1	1	0
Nov-20	22	5	12	10	3	0	1	0	0
Dec-20	16	7	9	7	2	0	1	0	1
Jan-21	0	0	0	0	0	0	0	0	0
Feb-21	2	1	1	1	0	0	0	0	0
Mar-21	13	3	5	8	3	0	1	1	0

Note: Covid 19 Lockdown April 2019 -- July 2019 (Working from home)

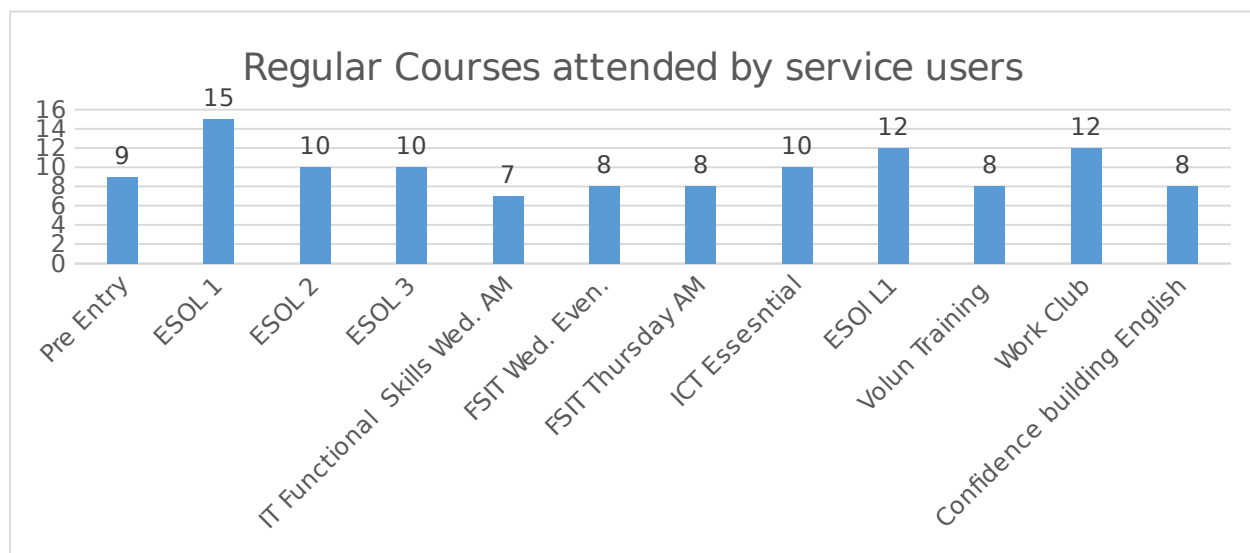
Total new people enquiring intensive support 91

Total number of new Carers identified is 24

On average dealing with 32 queries per week dealing with personal issues and on the telephone, related to health, education, social care, welfare, debt, financial inclusion, home energy, volunteering, complex casework mental health, work, advocacy, translating
In addition regular carers meetings are organized for carers. Guest speakers are invited to provide further information.

Types of Disabilities we have supported people with such as and what it includes

Multiple Disabilities
Learning Disabilities
Mental Health / Depression
Sensory
Physical
Plus many other specific disabilities
Complex needs



Most courses are accredited with certificates and recognized qualifications.

Ethnicity of Service Users and Students Accessing Pukar

Ethnicity	
Asian or Asian British - Bangladeshi	Asian or Asian British - Indian
Asian or Asian British - Pakistani	Asian or Asian British - any other Asian Background
Black or Black British - African	Black or Black British - Caribbean
Black or Black British - any other Black background	Chinese
Mixed - White and Asian	Mixed - White and Black African
Mixed - White and Black Caribbean	Mixed - any other mixed background
White - British	White - Irish
White - any other white background	Arab
Gypsy or Traveler	Persian

Events organised and attended by Pukar

Health & Social Care Conferences	Health Expo / Mela
Assessment Days	AGM's
Trips	BME Forums
Carers Meetings	Careers Support
Certificate Day	Wellbeing
Surgeries	Funding Workshops
Information Advice & Guidance	Enrolment Days
UCLAN Meetings	Disability- Carers Information days.
	Disability Exhibitions

Service Provision at Pukar

- PIP/Attendance Allowance/Carers Allowance Form Filling
- Advocacy
- Outreach Visits
- Workshops
- Joint Assessments
- Other Form Filling
- Disability Training

- Volunteer Support
- Education & Training
- Language Support
- Arranging childcare
- Interpretation
- Carers Support
- Student Support
- Home Visits
- Using Computers
- Volunteer Recruitment
- Joint visits to hospitals
- Carers meetings

Pukar Confidence building & improvement in English

Pukar had a substantial increase in people learning English and waiting to learn English.

People are attending regular classes to improve their English skills. Pukar has recruited volunteers who were trained by the college to enable them using the Basic English framework and resources and able to deliver the Basic English reading, speaking and confidence building classes.

**Pukar Disability Resource Centre
Statement of Financial Activities
for the year ended 31 March 2019**

	Note	Unrestricted Funds	Restricted Funds	2019 £	2018 £
Incoming Resources					
Donations/fund raising		1,033	-	1,033	970
Grants received	2	5,250	28,110	33,361	35,935
Service fees		17,622	15,196	32,817	33,861
Total Incoming Resources		<u>23,905</u>	<u>43,306</u>	<u>67,211</u>	<u>70,766</u>
Resources Expended					
Total Incoming Resources		<u>23,905</u>	<u>43,306</u>	<u>67,211</u>	<u>70,766</u>
Other Expenditure					
Staff costs	3	13,115	30,002	43,117	42,152
Events		64	-	64	605
Travel and subsistence		163	-	163	107
Course fees		23	-	23	892
Rent		3,737	8,719	12,456	12,456
Utilities		2,204	1,250	3,454	3,186
Cleaning		371	41	412	739
Postage, stationery and telephone		436	535	971	1,460
Insurance		134	540	674	(209)
Repairs and maintenance		421	-	421	403
Computer and maintenance		709	158	867	640
Depreciation		188	741	929	1,066
Sundry expenses, Advertising and PR		363	195	558	1,485
Accountancy fees and bookkeeping		2,565	-	2,565	2,466
Legal Fees		15	-	15	-
Total Resources Expenditure	4	<u>24,508</u>	<u>42,181</u>	<u>66,689</u>	<u>67,448</u>
Net Incoming Resources before transfers		(603)	1,125	522	3,318
Transfers between Funds :-					
Unrestricted		-	-	-	-
Restricted		-	-	-	-
Net Incoming Resources for the Year		<u>(603)</u>	<u>1,125</u>	<u>522</u>	<u>3,318</u>
Fund Balances brought forward					
as at 1 April 2018		31,749	1,938	33,687	30,369
Fund Balances carried forward					
as at 31 March 2019		<u>31,146</u>	<u>3,063</u>	<u>34,209</u>	<u>33,687</u>

The project has been successful in achieving outcomes for learners to enable them to gain confidence by developing their skills in conversation. Volunteers have provided an invaluable service to provide learning for the service user, we would like to thank our volunteer tutor

Employment support

Information gathered from service users, Pukar partners and people, who gained employment with the support and help of Pukar centre. People were supported with basic IT support, interview skills, CV building, accessing employment and basic information and advice.

Volunteers at Pukar

Pukar has recruited and supported volunteers during the year to complement and support the services of Pukar. Volunteers have gained a number of skills including administration, IT, Person Centred Support and learning about organisations that support people from BME communities, people with disabilities from diverse communities

Organisation Referrals

-

Received and Sent

**Pukar Disability Resource Centre
Balance Sheet
as at 31 March 2021**

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	5	<u>2,132</u>	<u>2,658</u>
		2,132	2,658
Current assets			
Stocks			
Debtors	6	870	22,824
Cash at bank and in hand - HSBC		<u>87,480</u>	<u>36,409</u>
		88,350	59,233
Creditors: amounts falling due within one year	7	<u>(16,238)</u>	<u>(14,615)</u>
Net current assets		72,112	44,618
Net assets	8	<u>74,239</u>	<u>47,274</u>
Funds			
Unrestricted funds		43,799	39,770
Restricted funds		30,440	7,504
Total Charity Funds	9	<u>74,239</u>	<u>47,274</u>

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 2 September 2021 and signed on its behalf by:


Mahmud Amirat (Treasurer)
Trustee

CASE STUDIES

Case Study 1.

Ms S is a carer for her daughter who has a learning disability. She visited the office for help with completing a PIP form. Her daughter is 26 years of age and had never applied for any disability related benefit in the past. Mrs S was also unaware that she is a carer.

I completed the PIP form which resulted in Mrs S receiving the Higher Rate benefit amount for her daughter. I then invited Mrs S to my regular carers meetings where I explained to the group the role of carers and how some people don't even realise that they are carer. This was a very emotional meeting, however Mrs S made new friends and felt very relieved that she was able to talk openly about some of the difficulties she faces.

After identifying the difficulties that Mrs S and her daughter face I arranged for appropriate support. I applied for carers allowance for Mrs S which was much needed and also a blue badge for her daughter. This has made travelling much easier and both mother and daughter now go out more. In addition I discussed the possibility of a social care package which Mrs S wants to think about for the moment. I advised Mrs S about other help available such as help with Bus travel (Now Card) and the CEA card (Cinema card)

I invited both Mother and daughter to activity sessions such as yoga, nature walks, bush craft, art sessions, police tour and boxing sessions. Mrs S attended all sessions with her daughter and commented on how they really felt included. Both mother and daughter currently really enjoy the boxing sessions and look forward to these every week. They enjoy valuable time together and have made friends. Her daughter's mental health has also improved Mrs S feels more relaxed now that her daughter is much happier.

I really feel both mother and daughter have benefitted from accessing the services at Pukar and have made some wonderful friends. I attend the boxing classes with Mrs S and her daughter and it is very rewarding to witness the joy they feel.

Case Study 2.

Miss S is a young lady who has visual impairments, at home she helped with the caring duties for her sibling and foster siblings. Miss S was introduced to

Pukar for us to help support her. After assessing her needs a staff listening to her, she was supported by Pukar resulting in positive outcomes.

With the volunteering induction in August and wellbeing tool kit we explored way to help Miss S become more confident and also help her implement what has learned into practice. Miss S is qualified. Due to her disabilities she was not able to any statutory placements.

Miss S was encouraged to attend the work club. We supported her through a couple of job interviews with interview practice. Miss S started to come here regularly and we discussed how she can help create a support group with other visually impaired volunteers/service users. In October 2020 Miss S had her first meeting with the other two visually impaired volunteers and myself.

As their first act of supporting, firstly each other than others would be to help Mr H use public transport Mr H had never been on public transport with a trip to Asda. We met at Pukar Centre and walked to the bus station and then proceeded to catch the bus to Asda. It as an eye opener for me, for the first time in my life I was able to see for myself how difficult it is for people with disabilities to do things that I took for granted. In Asda customers would leave trollies in the path of my visually impaired volunteers. People would just stop dead and start talking not realising they are blocking the way. Even though it was a wet and cold autumn day everybody enjoyed their trip and Mr H was happy that he had finally conquered his fear of using public transport. Miss S was very responsible. She took charge of the trip by helping complete the risk assessment and on the day helped guide and support the other two volunteers.

During the numerous lockdown and restrictions Miss S kept the momentum of the group by having meetings online and in person at Pukar whenever possible. Miss S and her co-volunteers decided to create a support group. They called it Embrace with Miss S as chairperson. The Embrace team has arranged several trips for example: they have been to Lytham, Blackpool. They have also been on conferences for example Sight Village in Birmingham. Miss S has accompanied myself and YK to events and disability training.

The help and support Pukar has provided over the last year has seen Miss S go from being a quiet shy young lady to a confident team leader. We hope she will continue to work with Pukar in the years to come. Feedback from Miss S has been positive and will continue to support Pukar activities.

Case Study 3

Mr. MH has been supported by Pukar with intensive casework, he suffers from mental health, that resulted in family breakdown and he was homeless and was not able to speak English or understand. Pukar supported him with making appointments, reading correspondence, supporting him with links to statutory social and health services. Pukar staff supported him with registering and regularly making bids for housing as well as filling out welfare rights forms. His mental health does fluctuate and he is unable to complete basic tasks and gets confused. Pukar's drop in facility provides him with timely early intervention. ***"I would have no one to support me how Pukar has helped me"***

As a result He now has housing, appropriate benefits, is able to order medicine and is more empowered.

QUOTES

A word from our service users

"I wouldn't be here now if it wasn't for you to encourage me to come onto the volunteer program."

"Thank you, I really enjoy my teaching every week" (From: KL Volunteer ESOL teacher)

"I am on the reading, My teacher helps me a lot, at work now I can follow written instructions I am so happy" (From: JO talking about her volunteer reading coach)

"I'm so grateful that Pukar is here to help people like myself. I don't know where I would have gone- my English is not good enough and I feel comfortable talking to you."

"I'm so happy! I wish I had come and spoken to you sooner- I would have got my problems sorted."

"You're amazing! Thank you so much for your help- I honestly could not have done it without you..."

"We like coming here. The staff are friendly and we have made new friends."

"I feel comfortable and safe at Pukar. I know that I have someone to talk to and you will help me properly. Thank you so much for all your help."

"I feel comfortable coming to Pukar I can discuss my needs and feel I receive solutions"

"Without language support I would struggle with form filling and am really pleased for the support"

Quotes from organisations

"We are surprised at how much you have going on at the Centre to support people"

"Pukar is a one stop shop"

Words of Gratitude

Pukar Disability Resource Centre would like to thanks to all who, supported us during this year! We would also like to show our appreciation to all our valuable partnership organisations & supporters!

Adult & Community
Services

Stoneygate

CAB

Reaching Communities

WEA

RESTART

Red Rose Sports

Princess Trust

Wellbeing Service

Gujarat Hindu Society

**Lancashire County
Council**

Duchy of Lancaster

Tutors

Disability Action

**Community
Foundations**

DENW

Nelson & Colne College

UCLAN

**Lancashire Adult
College**

Lancashire Care Trust

**Lancashire
Constabulary**

Preston Muslim Forum

UK Online

Preston City Council

**Preston Community
Network**

LBME PACT

Debt Advice PCC

**Lancashire
Constabulary**

Jobcentre Plus

Age Concern

Galloways

Active Lancashire

Sahara

Diabetes Association

Images

Class Activities



We would also like to thanks our Board Members, Staff, & Volunteers for all their help and support,

Pukar Disability Resource Centre
Annual Report and Financial Statements
31 March 2022

Pukar Disability Resource Centre

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Trustees' annual report	4-6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10-13

Pukar Disability Resource Centre Company Information

Trustees:

Keith Holden (Chairperson)
Khalid Akram (Treasurer)
Sarwar Ali
Chabildas Parmar
Yasmin Shakir
Ayas Isap
Saajid Tagari

Independent Examiners:

Stephen W Valentine FCA
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

Principal Address:

3 - 5 Oakham Court
Preston
Lancashire
PR1 3XP

Bankers

HSBC
49A Fishergate
Preston
Lancashire
PR1 8BQ

Registered number

1077534

Pukar Disability Resource Centre Report of the trustees

The trustees present their report and financial statements for the year ended 31 March 2022.

Constitution

Pukar Disability Resource Centre is constituted under a Trust Deed adopted on 23 August 1999 and is a registered charity, number 1077534.

Objects and activities

To promote any charitable purpose for the benefit of the community, who are from Preston and the surrounding areas and to provide an accessible centre in Preston City Centre, where disabled adults, and their carers can access information, resources and training, using trained staff and volunteers.

Organisational structure, governance and management

The charity is controlled by the Trustees who make up the management committee. Details of the current Trustees are set out on page 1. Trustees are elected from amongst the full members of the charity by the members in general meeting or a maximum of one third of the Trustees may be co-opted by the Management Committee.

At the Annual General Meeting of the charity those entitled to vote shall elect from amongst themselves a chairman, secretary and treasurer, who shall hold office from the conclusion of that meeting. They shall be eligible for re-election.

All members of the Management Committee shall retire from office together at the end of the Annual General Meeting next after the date on which they came into office but they may be re-elected or re-appointed.

The Trustees that served during the year ended 31 March 2022 were as follows:

Keith Holden (Chairperson)
Khalid Akram (Treasurer)
Sarwar Ali
Chabildas Parmar
Yasmin Shakir
Ayas Isap
Saajid Tagari

No trustees have received remuneration over the reporting period.

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity.

Pukar Disability Resource Centre Report of the trustees

Review of Activities and Achievements

How our activities deliver public benefit :-

Pukar has continued to support disabled people in the area and to provide an educational service to the community at large. Ethnic minority disability promotional events have continued to ensure that Pukar and its service is kept in the public eye.

We have skilled and dedicated volunteers who work regularly at Pukar with disabled users and carers. Our volunteers are in great demand and we work closely with other groups to share our volunteer resources. The Trustees would like to express thanks to all the volunteers and staff at Pukar for their hard work during the year.

We have continued to provide courses and training for our users and have extended the range of courses offered this year. A variety of activities are arranged to have opportunities to try something new and hopefully develop new interests.

Financial Review

Total receipts from unrestricted funds were £13,552 for the year and detailed in the financial statements.

Total receipts from restricted funds were £94,259 for the year and detailed in the financial statements.

Unrestricted resources expended total £23,812. Unrestricted resources expended have decreased by £9,376 when compared to the previous year. These are detailed in the financial statements.

Restricted resources expended total £83,146. Restricted resources expended have increased by £15,376 when compared to the previous year. These are detailed in the financial statements.

The net result for the year was payments over payments of £10,260 on unrestricted funds.

The net result for the year was income over payments of £11,113 on restricted funds.

During the period under review the charity secured funding from the National Lottery and it has been granted a £245,405 funding from The National Lottery Community Fund. This is payable over a three year period. The grant commenced on the 6 March 2019 and will cease on the 5 March 2022.

Pukar Disability Resource Centre Report of the trustees

Statement of trustees' responsibilities

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law, regulations and trust deed. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board on 6 September 2022. For and on behalf of the board of Trustees.

Keith Holden (Chairperson)
Trustee

Pukar Disability Resource Centre

Independent Examiner's Report to the trustees of Pukar Disability Resource Centre

I report to the trustees on my examination of the accounts of Pukar Disability Resource Centre (the Charity) for the year ended 31 March 2021.

Respective Responsibilities of Trustees and Examiner

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephen W Valentine FCA
Independent Examiner

Cameron Valentine Limited
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

06 September 2022

Pukar Disability Resource Centre
Statement of Financial Activities
for the year ended 31 March 2022

	Note	Unrestricted Funds	Restricted Funds	2022 £	2021 £
Incoming Resources					
Donations/fund raising		585	-	585	660
Grants received	2	-	94,259	84,264	113,951
Service fees		12,967		22,961	13,312
Total Incoming Resources		13,552	94,259	107,811	127,923
Staff costs	3	6,434	57,909	64,343	62,599
Events		3,444	101	3,545	36
Travel and subsistence		-	81	81	72
Course fees		81	-	81	172
Rent		9,965	2,491	12,456	12,456
Utilities		1,406	3,280	4,686	2,663
Cleaning		411	1,643	2,053	707
Postage, stationery and telephone		459	3,059	3,518	2,092
Insurance		60	540	600	600
Repairs and maintenance		471	1,112	1,583	14,398
Computer and maintenance		-	-	-	158
Depreciation		324	80	405	526
Sundry expenses, Advertising, Charges		167	2,315	2,482	499
Accountancy fees and bookkeeping		590	2,362	2,952	2,680
Tuition Fees			7,473	7,473	1,234
Legal Fees		-	700	700	66
Total Resources Expenditure	4	23,812	83,146	106,958	100,958
Net Incoming Resources before transfers		(10,260)	11,113	853	26,965
Transfers between Funds :-					
Unrestricted		-	-	-	-
Restricted		-	-	-	-
Net Incoming Resources for the Year		(10,260)	11,113	853	26,965
Fund Balances brought forward					
as at 1 April 2021		43,799	30,440	74,239	47,274
Fund Balances carried forward					
as at 31 March 2022		33,539	41,553	75,092	74,239

Pukar Disability Resource Centre
Balance Sheet
as at 31 March 2022

	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	5	<u>1,728</u>	<u>2,132</u>
Current assets			
Debtors	6	3,277	870
Cash at bank and in hand - HSBC		<u>95,678</u>	<u>87,480</u>
		98,955	88,350
Creditors: amounts falling due within one year	7	<u>(25,590)</u>	<u>(16,238)</u>
Net current assets		73,365	72,112
Net assets	8	<u>75,092</u>	<u>74,239</u>
Funds			
Unrestricted funds		33,539	43,799
Restricted funds		41,553	30,440
Total Charity Funds	9	<u>75,092</u>	<u>74,239</u>

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 6 September 2022 and signed on its behalf by:

Khalid Akram (Treasurer)
Trustee

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2022

1 Accounting policies

Basis of preparation of the accounts

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on the 16 July 2014 and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designed for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charges against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Transfers between funds are made when a restriction ceases to apply to a fund, to show restricted assets separately from unspent funds or where a project is funded partially from restricted income and partially from general funds.

Incoming Resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. When donors specify that grants given to the charity must be used in future financial years the income is deferred until that year. No amounts are included in the financial statements for services donated by volunteers.

Resources Expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Other expenditure costs are those incurred in support of expenditure on objects of the charity and those in connection with the administration of the charity and compliance with constitutional and statutory requirements. Also included are the costs associated with raising funds from all possible sources of incoming resources and costs associated with raising the profile of the charity.

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2022

Tangible Fixed Assets and Depreciation

Tangible fixed assets are capitalised and included at cost including any incidental expenses of acquisition.

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Computer equipment	33% straight line
Fixtures and fittings	15% reducing balance

2 Grants Received	2022	2021
Donations, grants & other income received	84,849	114,611
Service fees	22,961	13,312
	<u>107,810</u>	<u>127,923</u>

3 Staff Costs	2022	2021
	£	£
Wages and salaries and centre manager costs	62,005	62,005
Pensions	41	41
	<u>62,046</u>	<u>62,046</u>

No employee earned £50,000 or more

The average number of paid staff, calculated on full-time equivalent basis, analysed by function was:

	2022	2021
Caring services	3	3
Generating funds	1	1
Management and administration	1	1
	<u>5</u>	<u>5</u>

No trustees have received remuneration over the reporting period.

4 Total Resources Expended	2022	2021
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	405	526
Book keeping services	1,440	1,440
Independent examiners remuneration	<u>1,240</u>	<u>1,240</u>

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity. The invoiced amounts are shown above detailed as book keeping services.

**Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2022**

5 Tangible fixed assets

	Computer equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2021	25,618	23,753	49,371
At 31 March 2022	<u>25,618</u>	<u>23,753</u>	<u>49,371</u>
Depreciation			
At 1 April 2021	25,156	22,083	47,239
Charge for the year	250	154	404
At 31 March 2022	<u>25,406</u>	<u>22,237</u>	<u>47,643</u>
Net book value			
At 31 March 2022	<u>212</u>	<u>1,516</u>	<u>1,728</u>
At 31 March 2021	<u>462</u>	<u>1,670</u>	<u>2,132</u>

6 Debtors

	2022 £	2021 £
Trade debtors	2,845	456
Prepayments	432	414
	<u>3,277</u>	<u>870</u>

7 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors and accrual	2,296	707
Other taxes and social security costs	21,592	13,750
Accruals	1,702	1,781
	<u>25,590</u>	<u>16,238</u>

8 Analysis of Net Assets between Funds

	General Funds	Restricted Funds	Total Funds
Tangible fixed assets	1,392	336	1,728
Current assets	87,842	11,113	98,955
Current liabilities	(22,833)	(2,757)	(25,590)
Net assets as at 31 March 2022	<u>66,401</u>	<u>8,692</u>	<u>75,093</u>

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2022

9 Movement in funds

	As at 1 April 2021	Incoming Resources	Outgoing Resources	Transfers	As at 31 March 2022
<u>Unrestricted Funds:</u>					
General Funds	43,799	13,552	(23,812)	-	33,539
Total Unrestricted Funds	43,799	13,552	(23,812)	-	33,539
<u>Restricted Funds:</u>					
Community Foundation - National Lottery	30,440	69,648	(58,535)	-	41,553
Active Lancashire		3,390	(3,390)		-
Preston City Council		4,861	(4,861)	-	-
Furlough		1,744	(1,744)	-	-
Disability Action Grant		2,940	(2,940)		-
WEA Grant		11,675	(11,675)	-	-
Total Restricted Funds	30,440	94,258	(83,145)	-	41,553
Total Funds	74,239	107,810	(106,957)	-	75,092

General Funds represents the free funds of the charity which are not designated for particular purposes.

Purposes of Restricted Funds

National Lottery - New Horizons Project - The National Lottery Community Fund - Restricted to salaries, general running costs of the organisation, external evaluation, training, purchase of computers and a contribution to the refurbishment of the centre.

Pukar Disability Resource Centre
Independent Examiner's Report to the trustees of Pukar Disability Resource Centre

I report to the trustees on my examination of the accounts of Pukar Disability Resource Centre (the Charity) for the year ended 31 March 2021.

Respective Responsibilities of Trustees and Examiner

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephen W Valentine FCA
Independent Examiner

Cameron Valentine Limited
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

06 September 2022

Accounts

Pukar Disability Resource Centre
Annual Report and Financial Statements
31 March 2021

Pukar Disability Resource Centre

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**Pukar Disability Resource Centre
Company Information**

Trustees:

Keith Holden (Chairperson)
Mahmud Amirat (Treasurer)
Sarwar Ali
Chabildas Parmar
Yasmin Shakir
Khalid Akram
Ayas Isap
Saajid Tagari

Independent Examiners:

Stephen W Valentine FCA
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

Principal Address:

3 - 5 Oakham Court
Preston
Lancashire
PR1 3XP

Bankers

HSBC
49A Fishergate
Preston
Lancashire
PR1 8BQ

Registered number

1077534

Pukar Disability Resource Centre Report of the trustees

The trustees present their report and financial statements for the year ended 31 March 2021.

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All members of the Management Committee shall retire from office together at the end of the Annual General Meeting next after the date on which they came into office but they may be re-elected or re-appointed.

The Trustees that served during the year ended 31 March 2021 were as follows:

Keith Holden (Chairperson)
Mahmud Amirat (Treasurer)
Sarwar Ali
Chabildas Parmar
Yasmin Shakir
Khalid Akram
Ayas Isap
Saajid Tagari

No trustees have received remuneration over the reporting period.

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity.

Pukar Disability Resource Centre Report of the trustees

Review of Activities and Achievements

How our activities deliver public benefit :-

Pukar has continued to support disabled people in the area and to provide an educational service to the community at large. Ethnic minority disability promotional events have continued to ensure that Pukar and its service is kept in the public eye.

We have skilled and dedicated volunteers who work regularly at Pukar with disabled users and carers. Our volunteers are in great demand and we work closely with other groups to share our volunteer resources. The Trustees would like to express thanks to all the volunteers and staff at Pukar for their hard work during the year.

We have continued to provide courses and training for our users and have extended the range of courses offered this year. A variety of activities are arranged to have opportunities to try something new and hopefully develop new interests.

Financial Review

Total receipts from unrestricted funds were £37,217 for the year and detailed in the financial statements.

Total receipts from restricted funds were £90,706 for the year and detailed in the financial statements.

Unrestricted resources expended total £33,188. Unrestricted resources expended have increased by £16,661 when compared to the previous year. These are detailed in the financial statements.

Restricted resources expended total £67,770. Restricted resources expended have decreased by £40,080 when compared to the previous year. These are detailed in the financial statements.

The net result for the year was income over payments of £4,020 on unrestricted funds.

The net result for the year was income over payments of £22,936 on restricted funds.

During the period under review the charity secured funding from the National Lottery and it has been granted a £245,405 funding from The National Lottery Community Fund. This is payable over a three year period. The grant commenced on the 6 March 2019 and will cease on the 5 March 2022.

Pukar Disability Resource Centre

Report of the trustees

Statement of trustees' responsibilities

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law, regulations and trust deed. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board on 2 September 2021. For and on behalf of the board of Trustees.



Keith Holden (Chairperson)
Trustee

Pukar Disability Resource Centre
Independent Examiner's Report to the trustees of Pukar Disability Resource Centre

I report to the trustees on my examination of the accounts of Pukar Disability Resource Centre (the Charity) for the year ended 31 March 2021.

Respective Responsibilities of Trustees and Examiner

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

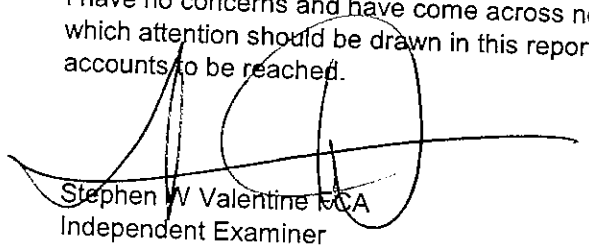
I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stephen W Valentine FCA
Independent Examiner

Cameron Valentine Limited
Unit 2 Ferry Road Office Park
Ferry Road
Riversway
Preston
Lancashire
PR2 2YH

02 September 2021

**Pukar Disability Resource Centre
Statement of Financial Activities
for the year ended 31 March 2021**

	Note	Unrestricted Funds	Restricted Funds	2021 £	2020 £
Incoming Resources					
Donations/fund raising		660	-	660	1,294
Grants received	2	20,765	87,186	107,951	116,487
Service fees		15,792	3,520	19,312	19,661
Total Incoming Resources		<u>37,217</u>	<u>90,706</u>	<u>127,923</u>	<u>137,442</u>
Resources Expended					
Total Incoming Resources		<u>37,217</u>	<u>90,706</u>	<u>127,923</u>	<u>137,442</u>
Other Expenditure					
Staff costs	3	6,297	56,302	62,599	59,715
Events		7	29	36	785
Travel and subsistence		-	72	72	630
Course fees		172	-	172	450
Rent		9,965	2,491	12,456	7,296
Utilities		513	2,150	2,663	4,385
Cleaning		141	566	707	466
Postage, stationery and telephone		810	1,282	2,092	2,208
Interest - Other		-	-	-	2
Insurance		60	540	600	622
Repairs and maintenance		14,096	302	14,398	42,622
Computer and maintenance		-	158	158	257
Depreciation		421	105	526	694
Sundry expenses, Advertising and PR		104	395	499	1,477
Accountancy fees and bookkeeping		536	2,144	2,680	2,621
Tuition Fees			1,234	1,234	-
Legal Fees		66	-	66	148
Total Resources Expenditure	4	<u>33,188</u>	<u>67,770</u>	<u>100,958</u>	<u>124,378</u>
Net Incoming Resources before transfers		4,029	22,936	26,965	13,064
Transfers between Funds :-					
Unrestricted		-	-	-	-
Restricted		-	-	-	-
Net Incoming Resources for the Year		4,029	22,936	26,965	13,064
Fund Balances brought forward as at 1 April 2020		39,770	7,504	47,274	34,209
Fund Balances carried forward as at 31 March 2021		<u>43,799</u>	<u>30,440</u>	<u>74,239</u>	<u>47,273</u>

Pukar Disability Resource Centre
Balance Sheet
as at 31 March 2021

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	5	<u>2,132</u>	<u>2,658</u>
		2,132	2,658
Current assets			
Stocks			
Debtors	6	870	22,824
Cash at bank and in hand - HSBC		<u>87,480</u>	<u>36,409</u>
		88,350	59,233
Creditors: amounts falling due within one year	7	<u>(16,238)</u>	<u>(14,615)</u>
Net current assets		72,112	44,618
Net assets	8	<u>74,239</u>	<u>47,274</u>
Funds			
Unrestricted funds		43,799	39,770
Restricted funds		30,440	7,504
Total Charity Funds	9	<u>74,239</u>	<u>47,274</u>

The Statement of Financial Activities, the Balance Sheet and related notes were approved by the Board of Trustees on 2 September 2021 and signed on its behalf by:



Mahmud Amirat (Treasurer)
Trustee

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2021

1 Accounting policies

Basis of preparation of the accounts

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on the 16 July 2014 and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designed for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charges against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Transfers between funds are made when a restriction ceases to apply to a fund, to show restricted assets separately from unspent funds or where a project is funded partially from restricted income and partially from general funds.

Incoming Resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. When donors specify that grants given to the charity must be used in future financial years the income is deferred until that year. No amounts are included in the financial statements for services donated by volunteers.

Resources Expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Other expenditure costs are those incurred in support of support of expenditure on objects of the charity and those in connection with the administration of the charity and compliance with constitutional and statutory requirements. Also included are the costs associated with raising funds from all possible sources of incoming resources and costs associated with raising the profile of the charity.

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2021

Tangible Fixed Assets and Depreciation

Tangible fixed assets are capitalised and included at cost including any incidental expenses of acquisition.

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Computer equipment	33% straight line
Fixtures and fittings	15% reducing balance

2 Grants Received

	2021	2020
Donations, grants & other income received	108,611	117,781
Service fees	19,312	19,661
	<u>127,923</u>	<u>137,442</u>

3 Staff Costs

	2021	2020
	£	£
Wages and salaries and centre manager costs	62,005	58,649
Employers NI	-	-
Pensions	41	274
	<u>62,046</u>	<u>58,923</u>
No employee earned £50,000 or more		

The average number of paid staff, calculated on full-time equivalent basis, analysed by function was:

	2021	2020
Caring services	3	3
Generating funds	1	1
Management and administration	1	1
	<u>5</u>	<u>5</u>

No trustees have received remuneration over the reporting period.

4 Total Resources Expended

	2021	2020
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	526	694
Book keeping services	1,440	1,440
Independent examiners remuneration	<u>1,240</u>	<u>1,181</u>

The charity has during the year made payments to a company to which Mr Keith Holden is a connected party. The company invoiced the charity for its professional services and the invoices were paid accordingly by the charity. All payments were made in accordance with the constitution of the charity. The invoiced amounts are shown above detailed as book keeping services.

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2021

5 Tangible fixed assets

	Computer equipment £	Fixtures and fittings £	Total £
Cost			
At 1 April 2020	25,618	23,753	49,371
Additions	-	-	-
Surplus on revaluation	-	-	-
Disposals	-	-	-
At 31 March 2021	<u>25,618</u>	<u>23,753</u>	<u>49,371</u>
Depreciation			
At 1 April 2020	24,925	21,788	46,713
Charge for the year	295	231	526
Surplus on revaluation	-	-	-
On disposals	-	-	-
At 31 March 2021	<u>25,220</u>	<u>22,019</u>	<u>47,239</u>
Net book value			
At 31 March 2021	<u>398</u>	<u>1,734</u>	<u>2,132</u>
At 31 March 2020	<u>693</u>	<u>1,965</u>	<u>2,658</u>

6 Debtors

	2021 £	2020 £
Trade debtors	456	916
Prepayments	414	21,908
	<u>870</u>	<u>22,824</u>

7 Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors and accrual	707	1,319
Other taxes and social security costs	13,750	12,115
Accruals	1,781	1,181
	<u>16,238</u>	<u>14,615</u>

8 Analysis of Net Assets between Funds

	General Funds	Restricted Funds	Total Funds
Tangible fixed assets	1,716	416	2,132
Current assets	65,412	22,936	88,348
Current liabilities	(13,481)	(2,757)	(16,238)
Net assets as at 31 March 2021	<u>53,647</u>	<u>20,595</u>	<u>74,242</u>

Pukar Disability Resource Centre
Notes to the Accounts
for the year ended 31 March 2021

9 Movement in funds

	As at 1 April 2020	Incoming Resources	Outgoing Resources	Transfers	As at 31 March 2021
<u>Unrestricted Funds:</u>					
General Funds	39,770	37,217	(33,188)	-	43,799
Total Unrestricted Funds	39,770	37,217	(33,188)	-	43,799
<u>Restricted Funds:</u>					
Community Foundation - National Lottery	7,504	87,186	(64,250)	-	30,440
CAB Project	-	3,520	(3,520)	-	-
Total Restricted Funds	7,504	90,706	(67,770)	-	30,440
Total Funds	47,274	127,923	(100,958)	-	74,239

General Funds represents the free funds of the charity which are not designated for particular purposes.

Purposes of Restricted Funds

National Lottery - New Horizons Project - The National Lottery Community Fund - Restricted to salaries, general running costs of the organisation, external evaluation, training, purchase of computers and a contribution to the refurbishment of the centre.