

# SurvivorsUK

England & Wales · Charity number 1077484

## Details

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**Other names** SURVIVORS U.K.

**Status** Registered

**Legal form** Charitable company

**Company number** [03792760](#)

**Registered** 1999-09-20

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Unit F  
The Bagel Factory  
22 White Post Lane  
London

**Phone** 02035983898

**Email** [info@survivorsuk.org](mailto:info@survivorsuk.org)

**Website** [www.survivorsuk.org](http://www.survivorsuk.org)

## Activities

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**Objects:** The Charity's objects (the "Objects") are:(1) To provide protection of health and relief of sickness and distress to males who have suffered sexual abuse or rape and to promote any charitable purpose for the benefit of such individuals and their carers and families.(2) In furtherance of Subclause 3(1) above, the Charity may undertake the following activities:(a) provide centres for meetings and the giving of advice, information, training and education;(b) provide appropriate and considered counselling that adheres to the British Association for Counselling and Psychotherapy's Framework for Good Practice in Counselling and Psychotherapy;(c) provide individual or group based support through a range appropriate of physical and digital based services;(d) advance public awareness about all matters relating to the sexual assault, sexual abuse or rape of men and boys(e) collect and make available information about all matters relating to the sexual assault, sexual abuse or rape of men and boys including issues relating to providing protection of health and relief of sickness and distress to these individuals who have suffered sexual assault, sexual abuse or rape and promoting charitable purposes for the benefit of such males and their carers and families; (f) undertake intersectional activity that helps to recognise and better understand that sexual assault, sexual abuse and rape can take part / be better understood within the context of wider patterns of abuse;(g) use a range of appropriate physical or digital communications to either; procure, write, print, publish, issue and circulate, materials intended to further or achieve the above objects.(3) In relation to Subclauses 3(1) and 3(2) above, although the Charity shall primarily support male individuals, the Charity may also undertake such actions, including the provision of appropriate services to support non-binary individuals where SurvivorsUK is the best fit for their needs.

**Activities:** webchat, counselling, group work, telephone inquiry line, information, advice and independent sexual violence adviser for those who identify as adult men who have been sexually assaulted or raped at any time in their lives.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Charities Or Voluntary Bodies, Other Defined Groups

## Geography

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- **Area of benefit:** NATIONAL
- Scotland
- Throughout England And Wales

## Finances

| Period end | Income     | Expenditure | Assets   | Employees |
|------------|------------|-------------|----------|-----------|
| 2025-03-31 | £1,473,017 | £1,498,225  | £222,105 | 43        |
| 2024-03-31 | £1,165,583 | £1,295,254  | £247,313 | 37        |
| 2023-03-31 | £1,102,117 | £1,010,232  | £376,984 | 30        |
| 2022-03-31 | £79,018    | £1,048,233  | £285,099 | 33        |
| 2021-03-31 | £965,264   | £1,054,471  | £293,994 | 31        |

## Trustees

| Name                             | Role  | Appointed  |
|----------------------------------|-------|------------|
| Simon David Gordon Noel Cornwell | Chair | 2024-04-30 |
| Matthew Foster                   |       | 2025-11-11 |
| Mx Samuel Peterson               |       | 2022-09-20 |
| Nerissa Steel                    |       | 2022-09-20 |
| Rima Hawkins                     |       | 2024-04-30 |
| Tahreen Dewan                    |       | 2022-09-20 |

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# Accounts

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## SurvivorsUK Ltd Annual Report 2024-25

Charity registration - 1077484

Company number - 03792760



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## Legal and administrative information

### Charity name

SurvivorsUK Ltd

### Charity registration no.

1077484

### Company registration no.

03792760

### Registered office and contact details

Unit F, The Bagel Factory  
22 White Post Lane  
London  
E9 5SZ

### Trustees

|                 |                                                                                  |
|-----------------|----------------------------------------------------------------------------------|
| Simon Cornwell  | Chair - appointed as trustee - 30 April 2024 - appointed as Chair - 11 July 2025 |
| Thom Crabbe     | Chair - resigned 11 July 2025                                                    |
| Tanaka Mhishi   | resigned 11 July 2025                                                            |
| David Raeburn   | resigned 30 April 2024                                                           |
| Jemma Ansell    |                                                                                  |
| Tahreen Dewan   |                                                                                  |
| Rima Hawkins    | appointed 30 April 2024                                                          |
| Samuel Peterson |                                                                                  |
| Nerissa Steel   |                                                                                  |

### Chief Executive

|               |                         |
|---------------|-------------------------|
| Paul Dillane  | appointed 17 March 2025 |
| Gary Williams | resigned 2 April 2025   |

### Principal bankers

Unity Trust Bank  
4 Brindley Place  
Birmingham, B1 2JB

### Independent auditor

SBM Associates Limited, trading as SBM & Co  
Freedman House, Christopher Wren Yard  
117 High Street, Croydon  
CR0 1QJ

### Accountants

Enaid Accountancy Ltd  
Units 24 & 25, Goodsheds Container Village  
Hood Road  
Barry, CF62 5QU

## Welcome

### Message from the Chair

I am proud to present SurvivorsUK's Annual Report and Accounts for the financial year 1 April 2024 – 31 March 2025.

This year has been one of consolidation, renewal, and fresh momentum as we completed a period of leadership transition both within the staff team and Board of Trustees. I'd like to express my gratitude for the service of Gary Williams, who retired as CEO early in 2025, and extend a very warm welcome to our new CEO, Paul Dillane. I am also deeply thankful to Thom Crabbe and Tanaka Mhishi for their years of commitment as Chair and Vice-Chair; their steady stewardship helped guide the organisation through important growth and change. This was my first year as Chair, and I could not have taken on this role without the support of our co-Vice Chairs, Samuel Peterson and Nerissa Steel, whose counsel and energy have been invaluable.

Our core services continued to develop in ways that reflect the priorities set out in our strategic plan. Group work remains a distinctive and expanding part of our offer, and we have sustained progress in reducing counselling waiting times through student placements and service redesign. We have strengthened our outreach to communities that have been underrepresented among our clients and invested in fundraising and communications capacity to secure the resources we need to meet rising demand.

None of this would be possible without the dedication of our staff, volunteers, and trustees. Every day they bring compassion, professionalism, and creativity to the work of supporting survivors to begin their journey of recovery. I want to record my particular thanks to our frontline teams for their resilience, to our clinical colleagues for their expertise, and to the growing number of volunteers and peer supporters who help build safer, connected communities.

We are also enormously grateful to our funders, partners, and individual supporters. Their continued belief in SurvivorsUK enables us to innovate, to reach more people, and to hold survivors' needs at the centre of everything we do. Equally important are the survivors and service users who have shared their experiences and helped shape our services; their voices guide our priorities and keep us accountable.

Looking ahead, our focus is on embedding the gains of this year while preparing for the next strategic phase beyond 2025. We will continue to reduce barriers to access, diversify our income, deepen partnerships across the sector, and expand our digital and face-to-face provision so that every boy, man, and non-binary person who needs support can find it.

Thank you to everyone who has contributed to SurvivorsUK this year. Your commitment makes real change possible and gives hope to those we serve.



**SIMON CORNWELL**  
**CHAIR OF TRUSTEES**

## Trustees' annual report

The Board of Trustees, who are also Directors of the Charity for the purposes of the Companies Act, and Trustees for charity law purposes, submit their annual report and the financial statements of SurvivorsUK for the year ended 31 March 2025.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

### Aims and objectives

SurvivorsUK's objective is to provide practical and emotional support to men, boys and gender non-conforming people who have experienced sexual violence, and to promote any charitable purpose for the benefit of our clients and their friends, families and loved ones. We also work to raise awareness of the extent of sexual violence against men, boys and gender non-conforming people – to encourage them to seek the help and support they want and to improve professional practice of those who work with them, such as the police, health and social care professionals. SurvivorsUK was established in 1986 and incorporated as a registered charity in June 1999. Today, the charity is the only specialist service in London to help men, boys and gender non-confirming people navigate the impact of sexual violence. Nationally, we provide help and support through our website, telephone, online helpline services and groupwork. Additionally, in London we provide face to face counselling, groupwork, Independent Sexual Violence Advisors (ISVA), outreach and engagement services and clinics for legal advice and sexual health. Our aim is to help any man, boy or non-binary person over the age of 13 who has experienced sexual violence feel empowered to speak about what has happened to them and to be able to access support, should they want it, so they can deal with the devastating impact that sexual violence can have on all aspects of life.

### Delivering Public Benefit

SurvivorsUK's objectives and activities fully reflect the purposes that the charity was set up to further. There is an inherent public benefit in raising public awareness of the extent of sexual violence against men and boys so that more feel confident to talk about their experiences, seek help, and access appropriate support. The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and activities, and when planning activities.

### Our Service Delivery during 2024/25

#### Counselling

Over the past year, SurvivorsUK's counselling service has continued to deliver specialist, trauma-informed support to men, boys, and non-binary survivors of sexual violence. Demand for counselling has remained high, with sustained pressure on capacity across the year.

At the start of the reporting period, the counselling waiting list stood at approximately 2.5 years, with 300+ clients waiting for support. Through targeted service improvements and workforce expansion, by the beginning of 2025 this was reduced to 18 months, with around 200 clients on the waiting list. This reduction represents a significant achievement in a context of rising demand.

Between January 2024 and March 2025, the counselling service supported 192 clients, delivering 2,374 counselling sessions. Support was provided through a mix of one-off sessions, short-term interventions (six sessions), and longer-term counselling (up to 24 sessions), allowing flexibility to respond to client need and readiness.

During this period, the counselling team expanded to 22 staff members, including paid counsellors, volunteers, and students. This growth has been central to increasing capacity while maintaining clinical quality and supervision standards.

Across the reporting period, the combined counselling services (general and national) received 523 referrals, reflecting both the scale of need and SurvivorsUK's role as a trusted provider of specialist support. The positive feedback from our clients underscores the importance of these services:

'I had therapy with [staff member] , his patient, kind , professional approach was /is second to none, he understood how I felt and all with what comes from being a sexual abuse survivor , I'm looking forward to more help from your organisation and hopefully some clarity and closure, I feel sad that [staff member] and I finished our meetings (last one today) it was an emotional catch net for me every week and a chance to talk to someone as I'm socially isolated'

'[Staff member] was highly professional, easy to talk to and provided the much needed support. [Staff member] helped me confront serious issues and assisted me in overcoming the challenges they presented which impacted my daily life. I am now ready to resume my life with the traumatic past being in the past. My sincere and humble thanks to [staff member] and Survivors.'

'[Staff member] has provided enhanced support for the secondary abuse I have experienced as an adult, as opposed to the support SurvivorsUK provided to me for my primary reason for contacting you years ago for abuse as a minor.

Although not always abuse focused, [staff member] has enabled me to realise my neurodiversity (ADHD) and my life takes on new purpose and ..., adventure in my next chapter of realising who I am.

Thanks from the heart to her compassion, understanding and love in this course of counselling.  
Wishing all at SurvivorsUK the very best.'

'I've attend both group and single counselling and i found both to be brilliant and helpfull in my healing process ,helping me.'

## Outcomes

Evaluation data from counselling clients demonstrates strong improvements in emotional wellbeing, coping, and empowerment:

- 95% reported reduced feelings of tension, anxiety, or nervousness
- 85% felt they had someone to turn to for support when needed
- 90% felt better able to cope when things went wrong
- 90% felt more empowered to make their own choices

These outcomes reflect the effectiveness of trauma-informed counselling in supporting survivors to build resilience, regain a sense of control, and strengthen their support networks.

## Swift Service

The Swift Service continued to play a vital role in providing urgent, short-term therapeutic support for survivors experiencing acute distress while waiting for long-term counselling. All clients accessing the service received 6-12 trauma-focused sessions, including stabilisation techniques, risk and symptom management, and psychoeducation.

During the year, the Swift Service supported 247 clients, delivering approximately 1,300 short-term counselling sessions. This intervention has been particularly effective in reducing immediate distress and supporting emotional regulation during periods of heightened vulnerability.

Client feedback highlights the importance of timely access:

"For the first time in counselling I was able to be honest without fear of judgement."

"He said you really knew your stuff and were incredibly empathetic — the support was impactful."

## National Counselling Service

Our National Counselling Service, funded by the Home Office and delivered through a consortium led by Mankind UK (East Sussex), continued to expand its reach during the year. The service supports clients outside our London catchment area, offering up to six months of counselling.

During 2024–25, the service delivered 548 counselling sessions and supported 86 clients. Clients received a mix of one-off, short-term, and longer-term counselling, depending on clinical need and service availability. Referral pathways across the consortium have enabled many clients to access immediate support through partner organisations. For those choosing to receive counselling directly from SurvivorsUK, waiting times remain low, with a small waiting list of seven clients and an estimated wait of six months.

Client feedback demonstrates the transformative impact of this service:

"I feel like a new man — SurvivorsUK completely changed my life."

"The support I received saved my life."

## Prison Service

Our NHS-funded Prison Project made significant progress this year. Following completion of vetting and prison-specific training, the Prison Link Worker established a presence at HMP Brixton, building relationships with prison staff, mental health teams, and support services.

At year end, six individuals were waiting to begin work with the Prison Link Worker. The project has laid strong foundations for future delivery, including the development of referral pathways, staff engagement, and trauma-informed practice within custodial settings.

## Westminster Service

The Westminster Counselling Service continued to deliver specialist, trauma-informed support to individuals experiencing homelessness and complex disadvantage. The project maintained a strong focus on flexibility, outreach, and meeting clients "where they are," both emotionally and practically.

Across the year:

- Each counsellor worked with 6–11 clients at any one time. A total of 553 counselling sessions were delivered
- Support included therapeutic work, psychoeducation, creative interventions, and practical advocacy

The service integrated creative and relational therapeutic approaches to enhance engagement, particularly for clients with complex trauma, substance use, and housing instability. Feedback from clients and partner staff reflects the value of this work:

"Having therapy is like releasing my pressure valve."

"Thank you for continuing to check in, even when I couldn't respond."

"The session helped me see my clients in a completely different way."

## Looking Ahead

Demand across all counselling services remains high, and waiting times continue to present a significant challenge. Over the coming year, our focus will be on:

- Increasing capacity through sustainable workforce models
- Strengthening specialist provision
- Embedding learning from pilot and outreach services
- Continuing to advocate for funding that reflects the level and complexity of need

The dedication, skill, and resilience of the counselling team have been central to delivering high-quality support in an increasingly challenging context. Their work continues to change lives.

### ISVA (Independent Sexual Violence Advisors) Service

Our ISVA team continued to provide specialist, trauma-informed support to survivors navigating the criminal justice system and related processes. The service focuses on ensuring that survivors feel informed, supported, and empowered to make choices that are right for them, while also providing practical and emotional support throughout often complex and lengthy journeys.

During the reporting period, the ISVA service supported a total of 597 clients, including 160 new clients. Alongside this, our Case Worker service supported 111 clients, of whom 48 were new, providing additional targeted support for survivors with complex needs.

In addition to one-to-one casework, the team delivered 12 Advice Hub sessions, offering accessible information and guidance to survivors nationwide.

The ISVA team has also continued to focus on outreach and partnership work. This included targeted engagement with universities to raise awareness among students and staff about the impact of sexual violence on men, boys, and non-binary people. We strengthened our partnership with the London School of Economics (LSE), providing advice and support to male students, and expanded our external networks through engagement with specialist BAME organisations. Our BAM-focused practitioner supported 65 and connected with other BAME colleagues across UK services, supporting learning, collaboration, and culturally responsive practice. In addition to the core ISVA service, 44 young people were supported during the reporting period through our Young People's ISVA provision. The service also delivered targeted advice support, with both the BAM ISVA and Young People's ISVA providing advice to a further 20 clients. This work strengthened early intervention, improved access to specialist guidance, and supported clients to navigate options at an earlier stage. Client testimonials underscore the invaluable impact of our ISVA services:

"If I didn't have your support I would probably drop the whole thing, you've been invaluable and you're fantastic at your job, you are a soothing presence and very knowledgeable."

"I do not know where I would be without you, thank you. Actually I do know, I would not be here today if I had not found you and SurvivorsUK I am so grateful for you and for very literally saving my life. It has been so hard, but knowing I have you to phone and who checks in has kept me safe."

"Because of everything I have been through you have been one of a few people I can count on to support me and be there and when you say you're going to do something you do it. And as I said I will forever be in your debt because I don't think I would of been able to continue if it wasn't for your amazing support so thank you so much. I accept it has to come to a end at some point. Will I like it absolutely not but its life and down the line I'm sure I will continue to flourish"

"Your support is on another level in terms of the kindness and empathy you in a professional capacity. I can't put it in words"

Our ISVAs play a crucial role within SurvivorsUK, helping clients navigate options, understand processes, and feel supported to make informed decisions at every stage. Client outcomes this year demonstrate the impact of this work:

### Outcomes

- 92% of clients felt more empowered to make choices and more in control of their lives
- 91% reported an improvement in health and wellbeing
- 95% felt better able to cope as a result of the support received

These outcomes reflect the commitment, expertise, and relational approach of the ISVA and Case Work teams, and the importance of specialist advocacy alongside therapeutic and practical support.

### Looking Ahead

In the coming year, the ISVA service will focus on strengthening capacity and sustainability while continuing to deliver high-quality, trauma-informed advocacy. Priorities include, deepening partnerships with universities and community organisations, and expanding preventative and advice-based provision through the Advice Hub. The service will also continue to adapt to increasing demand and complexity, ensuring survivors are supported to make informed choices and feel empowered throughout their journeys.

### Group Work Service – End of Year Summary

During the year, Survivors UK's Group Work Service continued to play a vital role in supporting survivors of sexual violence and abuse, alongside their loved ones. Thanks to continued funding support, we were able to sustain and adapt our group provision, ensuring that survivors could access safe, trauma-informed spaces for connection, reflection, and healing.

Throughout the year, we delivered a wide range of online and in-person group programmes, including CORE groups, identity-based groups, thematic workshops, and peer-support spaces. These groups were facilitated by a dedicated Group Work team, counsellors, and specialist practitioners, providing consistent, high-quality support across the service.

Between April 2024 and March 2025, we received 116 new referrals into group work, and 245 clients accessed group support at least once during this period. Clients were supported through both structured programmes and ongoing monthly groups, enabling people to engage in ways that matched their needs and readiness. Feedback consistently highlighted the importance of peer connection, shared understanding, and feeling safe and believed within group spaces.

Client feedback illustrates the impact of this work:

"This was helpful and enjoyable and I wasn't expecting that."

"It's so nice to be in a space where others know exactly how I feel. I felt so heard and understood."

"This group has been a lifeline for me."

### Outcomes

Evaluation data from group participants shows strong outcomes across emotional wellbeing, empowerment, and connection:

- 100% of participants felt understood by the facilitators
- 94% felt their understanding of sexual violence had improved

- 79% felt better able to engage with their emotions in a healthy way
- 82% felt less isolated
- 85% felt more empowered as a result of attending the group

### Core and Ongoing Groups

CORE groups continued to be a cornerstone of the service, providing survivors with structured, time-limited therapeutic support. Alongside closed CORE programmes, Ongoing CORE groups offered continuity and longer-term peer support. Adjustments were made during the year to improve accessibility, including moving sessions from weekends to weekday evenings based on client feedback.

### Identity-Based and Specialist Groups

We continued to deliver specialist groups tailored to specific identities and experiences, including the Black, Asian and Mixed-Heritage (BAM) Group, Trans, Non-Binary and Gender Questioning (TNBGQ) Group, Allies Group, and Surviving Chemsex Group. These spaces were highly valued, particularly by clients who often feel marginalised or unseen in mainstream services. Case studies demonstrate how culturally responsive, identity-affirming spaces enabled survivors to reconnect with themselves, build confidence, and reduce isolation.

### Monthly and Wellbeing Groups

Monthly Tune-In and Get Together groups provided accessible, informal spaces for both new and returning clients, while Wednesday Wellness sessions offered themed workshops focused on recovery, grounding, and self-care. We also delivered additional wellbeing and social sessions during the festive period, recognising that this time of year can be especially difficult for many survivors.

### Looking Ahead

In the coming year, we will continue refining our group work model, expanding facilitator training, embedding regular client feedback pathways, and developing both digital and in-person provision. Our focus remains on delivering inclusive, trauma-informed group support that responds to the evolving needs of survivors and their communities.

### SurvivorsUK National Helpline

The 2024–25 year was a particularly challenging period for the National Helpline team. The withdrawal of Ministry of Justice funding and the impending closure of the service at the end of the financial year created significant uncertainty. During this time, the service began implementing closure procedures and redundancy consultations. This was later halted when Lottery funding was awarded, securing the continuation of the helpline.

Despite this period of instability and pressure, the helpline remained a vital point of access for survivors seeking immediate, compassionate support. Throughout the year, the service continued to operate at high volume and impact.

Between April 2024 and March 2025:

- 1,126 webchats were handled, providing immediate support to 1,038 individuals
- 411 SMS conversations took place, supporting 365 individuals
- 936 email enquiries were responded to
- Survivors were signposted over 566 times to other services and support options

The helpline team plays a critical role within SurvivorsUK's wider ecosystem, often acting as the first point of contact and supporting survivors to understand their experiences, feel believed, and navigate onward support safely.

Feedback from those who accessed the helpline highlights the importance and impact of this service:

"Just from this chat I've suddenly felt a weight off my shoulders. Thank you for being there to listen and validate my feelings."

"While this has been a rubbish situation, and not many services offer support to people like me, it's been so lovely how kind and caring everyone I've spoken to has been."

"Hearing that I'm not going mad and that it's okay to be confused has been so reassuring."

"I feel a little wobbly but proud to have done this. Thank you — you don't know how much this has meant to me."

"You feel very relaxed when speaking to them, and it has been a great help."

During the year, 233 feedback forms were returned by helpline users. These showed strong outcomes:

- 91% of clients felt they were heard
- 91% found the person they spoke to helpful
- 76% felt much better after the interaction
- 89% said they would use the service again if needed

These outcomes demonstrate the helpline's continued effectiveness, even during a period of organisational uncertainty. The commitment, resilience, and professionalism of the helpline team ensured that survivors continued to receive timely, empathetic, and high-quality support when they needed it most.

### Looking Ahead

Looking ahead, the focus for the National Helpline will be on stabilising the service following a period of uncertainty, strengthening staff wellbeing and retention, and continuing to provide accessible, high-quality support to survivors across multiple contact channels, while working to secure longer-term sustainability.

### Reflection on core service delivery:

As we reflect on the past year, we are proud of the impact our services have had on the lives of the clients we support. Despite ongoing challenges and increasing demand, our teams have continued to deliver high-quality, trauma-informed support across all services. Looking ahead, we remain committed to strengthening and sustaining our provision, expanding capacity where possible, and developing specialist services to meet the evolving needs of survivors.

## Financial review

During the current financial year the Charity incurred a deficit of £25,208 (2024: £129,671), decreasing total reserves at year end to £222,105 (2024: £247,313).

Of the reserves held at year end, £nil (2024: £nil) related to restricted funds and £222,105 (2024: £247,313) related to unrestricted funds.

### Principal Funding Sources

The main funding sources during the year were:

- Ministry of Justice
- The Mayor's Office for Policing and Crime (MOPAC)
- The Home Office
- National Lottery Community Fund
- Westminster City Council

### Reserves Policy

The Trustees have considered Charity Commission guidance on reserves and currently have a policy of holding £250,000 as a general reserve based on three months operational expenditure. The board continue to regularly review the reserve policy to ensure it covers current liabilities and commitments.

The year-end unrestricted reserve was £222,105 which is lower than this requirement, and the board continues to look at ways to diversify the income to ensure the policy is met.

## Structure, governance and management

### Governing document

SurvivorsUK is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

SurvivorsUK is a registered charity constituted as a Limited Company under its Memorandum and Articles of Association. The charity registration number is 1077484 (England and Wales) and the company registration number is 03792760 (England and Wales).

### Recruitment and appointment of Trustees

As set out in the Articles of Association, the Chair of Trustees is nominated at the Annual General Meeting.

The Trustees are also the directors of SurvivorsUK for the purpose of company law. Survivors (UK) articles of association require a minimum of three trustees. Directors meet at least every two months, with a quorum of three trustees.

The objective is to have a range of appropriate skillsets across fields that are relevant to the Charity's objectives. When recruiting new trustees, consideration is given to the existing trustees' skills and experiences and trustees are sought with the additional skills required. Their appointment is by resolution of the Board of Directors/Trustees following which the required legal documentation is completed.

### Trustee induction and training

On their appointment, new Trustees are provided with information, in the form of an induction pack, on their role as a Trustee. Ongoing training is provided as required.

## Organisational structure

SurvivorsUK's Board of Trustees meets at least every 2 months and is responsible for the strategic direction and policy of the Charity, as well as oversight of the Charity's operations.

Board sub-committees are set up as required to consider specific issues. The day-to-day running of the Charity is delegated to the Chief Executive, who is supported by a management team of seven members of staff who report to the CEO. The CEO in turn reports to the Chair of Trustees.

## Remuneration policy

To set the salaries of all staff, the trustees undertake research to benchmark average remuneration packages in the local area and environs, and these are then discussed at appraisals.

## Risk management

The Trustees have conducted their own review of the major risks to which the Charity is exposed, and systems have been established to mitigate those risks.

The main risks identified by the Trustees are currently:

| Risk                                                                                                                                       | Mitigation                                                                                                                                                                                                                                                                                                                                                                            |
|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Charity fails to replace funding as grants come to an end or becomes overly reliant on one funder leading to a significant drop in income. | The charity has appointed a CEO who has a background in fundraising and income generation, who has been charged with broadening and deepening our range of funding streams.                                                                                                                                                                                                           |
| The Charity fails to provide high quality advice leading to a negative impact on reputation and standing in the sector.                    | <p>The Charity will only employ accredited counsellors and also invests in clinical supervision for relevant staff to ensure all advice is provided at a consistently high level.</p> <p>In addition, the Charity invests heavily in training and support for all staff and holds weekly staff meetings to enable a safe space for staff to discuss relevant issues and concerns.</p> |

## Statement of Board of Trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of expenditure over income for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition the trustees confirm that they are happy that content of the annual review in pages 4 to 15 of this document meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

### Information provided to the independent auditor

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as the trustee is aware, there is no relevant audit information of which the company's independent auditor is unaware; and,
- the trustee has taken all the steps he/ she ought to have taken as a trustee in order to make himself/herself aware of any relevant information and to establish that the company's independent auditor is aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of section 418 of the Companies Act 2006.

**Preparation of the report**

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006.

This report was approved and authorised for issue by the Board of Trustees on 29 January 2026 and signed on its behalf by:



**SIMON CORNWELL**  
**CHAIR OF TRUSTEES**

## Independent auditor's report

### Opinion

We have audited the financial statements of SurvivorsUK Ltd (the 'charity') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2025, and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Material uncertainty related to going concern

We draw attention to note 1 in the financial statements, which indicates that the Charity's ability to continue as a going concern has been impacted by a change in the arrangements with one of its major funders, MOPAC. The new larger contract with MOPAC secures funding for the Charity's services for another five years but the Charity will receive significantly more of its funding in arrears. The change in the timing of receipts may restrict the ability of the Charity to settle its liabilities as they fall due. To help manage this issue, the trustees agreed with MOPAC that it will be paying its funding monthly in arrears. The trustees are also seeking additional funds to help manage this situation as well as monitoring the Charity's cashflow. The cashflow forecasting has shown that there are sufficient funds available, but there is limited tolerance.

As stated in note 1, these events and conditions, along with other matters noted above, indicate that a material uncertainty exists that may cast significant doubt on the Charity's ability to continue as a going concern, such that the Charity may not be able to realise its assets and discharge its liabilities in the normal course of business. Our opinion is not modified in respect of this matter.

### Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material

misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

### Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement [set out on page 20], the trustees are responsible for the preparation of financial statements which give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the Charity financial statements are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures can detect irregularities, including fraud is detailed below:

Our approach was as follows:

To identify risks of material misstatement due to irregularities we assessed events or conditions that could lead to irregularities. Our risk assessment procedures included:

- enquiring of Trustees and management and inspection of policy documentation as to the Charity's policies and procedures to prevent and detect irregularities, as well as whether they have knowledge of any actual, suspected, or alleged fraud or breaches of relevant laws and regulations;
- reading Board minutes; and

- using analytical procedures to identify any usual or unexpected relationships.

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience through discussion with the Trustees and management (as required by auditing standards). We communicated with the Trustees and management the policies and procedures in place regarding compliance with laws and regulations.

We identified the legal and regulatory frameworks that are applicable to the entity and determined that the most significant are those that relate to the Charities Act 2011, The Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (the SORP), Occupational Health and Safety regulations, the Data Protection Act, and relevant tax legislation.

In addition, we have considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which may be fundamental to the company's ability to operate or to avoid a material penalty. We identified the following areas as those most likely to have such an effect: employment law, recognising the nature of the Charity's activities and its legal form. Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the Trustees and management and inspection of regulatory and legal correspondence, if any. Therefore, if a breach of operational regulations is not disclosed to us or evident from relevant correspondence, an audit cannot be relied upon to detect that breach.

We communicated identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

Based on the results of our risk assessment we designed our audit procedures to identify non-compliance with such laws and regulations identified above and assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items.

The engagement partner considers the engagement team collectively had the appropriate competence and capabilities to identify or recognise non-compliance with laws and regulations.

As required by auditing standards and considering possible pressures to meet internal key performance indicators and our knowledge of the control environment, we perform procedures to address the risk of management override of controls and the risk of fraudulent revenue recognition, in particular the risk that income is recorded in the incorrect accounting period and the risk that management may be in a position to make inappropriate accounting entries.

We assessed the risks of material misstatement in respect of fraud as follows:

- our audit team discussed whether there were any areas that were susceptible to misstatement as part of our discussion on fraud; and
- we challenged assumptions and judgements made by management in their significant accounting estimates and judgements.

Based on the results of our risk assessment we designed our audit procedures to identify and to address material misstatements in relation to fraud, including, designing appropriate audit procedures, including:

- incorporating an element of unpredictability in the selection of the nature, timing, and extent of our audit procedures;
- identifying journal entries and other adjustments to test based on risk criteria and comparing the identified entries to supporting documentation;
- inspecting the relevant income agreements and their accounting to confirm their recognition in line with the SORP for different revenue streams;
- inspecting stock count sheets;
- obtaining third party bank confirmations; and

- assessing the design and effectiveness of controls in place over areas such as procurement and cash.

We considered the extent to which the audit was considered capable of detecting irregularities: There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentation, or through collusion.

A further description of our responsibilities is available on the FRC's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

### **Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



**STEPHEN MCALPINE (SENIOR STATUTORY AUDITOR)**

**FOR AND ON BEHALF OF SBM ASSOCIATES LIMITED (STATUTORY AUDITORS)**

**DATED: 30 JANUARY 2026**

Freedman House  
Christopher Wren Yard  
117 High Street  
Croydon  
CR0 1QJ

**Statement of financial activities****Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses****For the year ended 31 March 2025**

|                                              |              | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            | <b>Total<br/>Funds</b>            |
|----------------------------------------------|--------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                                              |              | <b>Year ended<br/>31 Mar 2025</b> | <b>Year ended<br/>31 Mar 2025</b> | <b>Year ended<br/>31 Mar 2025</b> | <b>Year ended<br/>31 Mar 2024</b> |
|                                              | <b>Notes</b> | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| <b>Income from:</b>                          |              |                                   |                                   |                                   |                                   |
| Donations and legacies                       | 3            | 33,116                            | 1,436,705                         | <b>1,469,821</b>                  | 1,162,883                         |
| Charitable activities                        | 4            | 3,196                             | -                                 | <b>3,196</b>                      | 2,700                             |
| <b>Total income</b>                          |              | <b>36,312</b>                     | <b>1,436,705</b>                  | <b>1,473,017</b>                  | 1,165,583                         |
| <b>Expenditure on:</b>                       |              |                                   |                                   |                                   |                                   |
| Raising funds                                | 5 & 6        | 45,017                            | -                                 | <b>45,017</b>                     | 26,992                            |
| Charitable activities:                       |              |                                   |                                   |                                   |                                   |
| Delivery of counselling and other services   | 5 & 7        | 11,911                            | 1,369,101                         | <b>1,381,012</b>                  | 1,198,284                         |
| Awareness raising                            | 5 & 8        | 4,592                             | 67,604                            | <b>72,196</b>                     | 69,978                            |
| <b>Total expenditure</b>                     |              | <b>61,520</b>                     | <b>1,436,705</b>                  | <b>1,498,225</b>                  | 1,295,254                         |
| <b>Net income/(expenditure) for the year</b> |              | <b>(25,208)</b>                   | <b>-</b>                          | <b>(25,208)</b>                   | (129,671)                         |
| <b>Reconciliation of funds:</b>              |              |                                   |                                   |                                   |                                   |
| Total funds brought forward                  | 13 & 14      | 247,313                           | -                                 | <b>247,313</b>                    | 376,984                           |
| Total funds carried forward                  | 13 & 14      | <b>222,105</b>                    | <b>-</b>                          | <b>222,105</b>                    | 247,313                           |

The notes on pages 24 to 37 form part of the financial statements.

## Balance sheet

As at 31 March 2025

|                                     | Notes   | £              | Total<br>Funds<br>31 Mar 2025<br>£ | Total<br>Funds<br>31 Mar 2024<br>£ |
|-------------------------------------|---------|----------------|------------------------------------|------------------------------------|
| <b>Fixed assets</b>                 |         |                |                                    |                                    |
| Tangible fixed assets               | 10      |                | -                                  | -                                  |
| <b>Current assets</b>               |         |                |                                    |                                    |
| Debtors and prepayments             | 11      | 174,686        |                                    | 226,822                            |
| Cash at bank and in hand            |         | 108,245        |                                    | 138,315                            |
|                                     |         | <u>282,931</u> |                                    | <u>365,137</u>                     |
| <b>Creditors -</b>                  |         |                |                                    |                                    |
| amounts falling due within one year | 12      | (60,826)       |                                    | (117,824)                          |
|                                     |         | <u></u>        |                                    | <u></u>                            |
| <b>Net current assets</b>           |         |                | <u>222,105</u>                     | <u>247,313</u>                     |
| <b>Net assets</b>                   |         |                | <u>222,105</u>                     | <u>247,313</u>                     |
| <b>Funds of the charity</b>         |         |                |                                    |                                    |
| Restricted funds                    | 13 & 14 |                | -                                  | -                                  |
| Unrestricted funds:                 |         |                |                                    |                                    |
| General funds                       | 13 & 14 | 222,105        |                                    | 247,313                            |
|                                     |         | <u>222,105</u> |                                    | <u>247,313</u>                     |
|                                     |         | <u>222,105</u> |                                    | <u>247,313</u>                     |

The notes on pages 24 to 37 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

They were approved and authorised for issue by the Board of Trustees on 29 January 2026 and signed on their behalf by:



**SIMON CORNWELL**  
**CHAIR OF TRUSTEES**

# Statement of cash flows

## For year ended 31 March 2025

|                                                                 | Total<br>Funds<br>Year ended<br>31 Mar 2025 |          | Total<br>Funds<br>Year ended<br>31 Mar 2024 |           |
|-----------------------------------------------------------------|---------------------------------------------|----------|---------------------------------------------|-----------|
|                                                                 | £                                           | £        | £                                           | £         |
| <b>Cash flows from operating activities:</b>                    |                                             |          |                                             |           |
| Net income/(expenditure) for period (as per SOFA)               |                                             | (25,208) |                                             | (129,671) |
| Adjustments for:                                                |                                             |          |                                             |           |
| (Increase)/decrease in accounts receivable                      | 48,520                                      |          | (69,983)                                    |           |
| (Increase)/decrease in accrued grant income                     | -                                           |          | (6,933)                                     |           |
| (Increase)/decrease in prepayments                              | 3,616                                       |          | (2,792)                                     |           |
| Increase/(decrease) in accounts payable                         | 2,250                                       |          | 3,303                                       |           |
| Increase/(decrease) in HMRC and pensions payable                | 7,989                                       |          | 21                                          |           |
| Increase/(decrease) in accruals                                 | (1,812)                                     |          | 41                                          |           |
| Increase/(decrease) in deferred revenue                         | (63,229)                                    |          | (16,972)                                    |           |
| Increase/(decrease) in credit card                              | (2,196)                                     |          | 4,096                                       |           |
|                                                                 |                                             | (4,862)  |                                             | (89,219)  |
| <b>Net cash used in operating activities</b>                    |                                             | (30,070) |                                             | (218,890) |
| <b>Change in cash and cash equivalents in period</b>            |                                             | (30,070) |                                             | (218,890) |
| <b>Cash and cash equivalents at the beginning of the period</b> |                                             | 138,315  |                                             | 357,205   |
| <b>Cash and cash equivalents at the end of the period</b>       |                                             | 108,245  |                                             | 138,315   |

The notes on pages 24 to 37 form part of the financial statements.

## Notes to the financial statements

### 1. Accounting policies

#### Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 2, and the Companies Act 2006.

The effect of any event relating to the year ended 31 March 2025, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2025 and the results for the year ended on that date.

The functional currency of the Charity is sterling and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

#### Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There is however a material uncertainty that impact this assessment, as during the year the Charity has received a new larger contract with MOPAC for a large proportion of its services. Whilst this secures those services for another five years, it means that a more significant amount of the Charity's revenue is now funded in arrears with minimal spare cash reserves. To mitigate this risk MOPAC have agreed to fund monthly in arrears, but should those payments not come in within a timely manner the Charity may struggle to pay liabilities as they fall due. Cashflow forecasting has shown that there is a small amount of tolerance around this but it is minimal, and the priority of the Board of Trustees is to find additional unrestricted cash reserves to help manage this situation.

#### Legal status

SurvivorsUK Ltd is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered address is Unit F, The Bagel Factory, 22 White Post Lane, London. E9 5SZ.

#### Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds are unrestricted funds which have been designated for a specific purpose by the Trustees. The aim and use of each designated fund is set out in note 13 of the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 13 of the financial statements.

## 1. Accounting policies (continued from previous page)

### Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

Income from charitable activities, including contract income and client fees, is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

Interest is recorded when it is receivable.

### Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated proportionate to total direct costs allocated to each project area, as outlined in note 5 of the financial statements.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### Tangible fixed assets and depreciation

All assets costing more than £1,000 are capitalised unless funded by restricted grants and donations.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on the following basis:

|                     |         |
|---------------------|---------|
| Computers equipment | 3 years |
|---------------------|---------|

### Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values but are not held for investment purposes.

### Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

### Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

## 1. Accounting policies (continued from previous page)

### Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The annual depreciation charge for tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

### Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

### Pensions

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

## 2. Comparative statement of financial activities

|                                            |         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2024<br>£ |
|--------------------------------------------|---------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
|                                            | Notes   |                                                         |                                                       |                                                  |
| Income from:                               |         |                                                         |                                                       |                                                  |
| Donations and legacies                     | 3       | 43,296                                                  | 1,119,587                                             | 1,162,883                                        |
| Charitable activities                      | 4       | 2,700                                                   | -                                                     | 2,700                                            |
| Total income                               |         | 45,996                                                  | 1,119,587                                             | 1,165,583                                        |
| Expenditure on:                            |         |                                                         |                                                       |                                                  |
| Raising funds                              | 5 & 6   | 26,992                                                  | -                                                     | 26,992                                           |
| Charitable activities:                     |         |                                                         |                                                       |                                                  |
| Delivery of counselling and other services | 5 & 7   | 86,377                                                  | 1,111,907                                             | 1,198,284                                        |
| Awareness raising                          | 5 & 8   | 5,044                                                   | 64,934                                                | 69,978                                           |
| Total expenditure                          |         | 118,413                                                 | 1,176,841                                             | 1,295,254                                        |
| Net income/(expenditure) for the year      |         | (72,417)                                                | (57,254)                                              | (129,671)                                        |
| Reconciliation of funds:                   |         |                                                         |                                                       |                                                  |
| Total funds brought forward                | 13 & 14 | 319,730                                                 | 57,254                                                | 376,984                                          |
| Total funds carried forward                | 13 & 14 | 247,313                                                 | -                                                     | 247,313                                          |

**3. Income from donations and legacies**

|              | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------|-----------------------------------|-----------------------------------|-----------------------------------|
|              | <b>Year ended<br/>31 Mar 2025</b> | <b>Year ended<br/>31 Mar 2025</b> | <b>Year ended<br/>31 Mar 2025</b> |
|              | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Grant income | 6,715                             | 1,408,015                         | 1,414,730                         |
| Donations    | 26,401                            | 28,690                            | 55,091                            |
|              | <b>33,116</b>                     | <b>1,436,705</b>                  | <b>1,469,821</b>                  |

  

|              | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------|-----------------------------------|-----------------------------------|-----------------------------------|
|              | <b>Year ended<br/>31 Mar 2024</b> | <b>Year ended<br/>31 Mar 2024</b> | <b>Year ended<br/>31 Mar 2024</b> |
|              | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Grant income | 11,433                            | 1,091,136                         | 1,102,569                         |
| Donations    | 31,863                            | 28,451                            | 60,314                            |
|              | <b>43,296</b>                     | <b>1,119,587</b>                  | <b>1,162,883</b>                  |

**4. Income from charitable activities**

|                                         | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|-----------------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                                         | <b>Year ended<br/>31 Mar 2025</b> | <b>Year ended<br/>31 Mar 2025</b> | <b>Year ended<br/>31 Mar 2025</b> |
|                                         | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Other income from charitable activities | 3,196                             | -                                 | 3,196                             |
|                                         | <b>3,196</b>                      | <b>-</b>                          | <b>3,196</b>                      |

  

|                                         | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|-----------------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                                         | <b>Year ended<br/>31 Mar 2024</b> | <b>Year ended<br/>31 Mar 2024</b> | <b>Year ended<br/>31 Mar 2024</b> |
|                                         | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Other income from charitable activities | 2,700                             | -                                 | 2,700                             |
|                                         | <b>2,700</b>                      | <b>-</b>                          | <b>2,700</b>                      |

## 5. Total expenditure

|                                               | Direct<br>staff<br>costs  | Other<br>direct<br>costs  | Indirect<br>staff<br>costs | Other<br>indirect<br>costs | Total<br>costs            |
|-----------------------------------------------|---------------------------|---------------------------|----------------------------|----------------------------|---------------------------|
|                                               | Year ended<br>31 Mar 2025 | Year ended<br>31 Mar 2025 | Year ended<br>31 Mar 2025  | Year ended<br>31 Mar 2025  | Year ended<br>31 Mar 2025 |
|                                               | £                         | £                         | £                          | £                          | £                         |
| <b>Expenditure on:</b>                        |                           |                           |                            |                            |                           |
| Raising funds                                 | 38,088                    | 865                       | 1,336                      | 4,728                      | 45,017                    |
| Charitable activities                         |                           |                           |                            |                            |                           |
| Delivery of counselling<br>and other services | 1,130,360                 | 64,611                    | 40,998                     | 145,043                    | 1,381,012                 |
| Awareness raising                             | 59,431                    | 3,040                     | 2,142                      | 7,583                      | 72,196                    |
|                                               | <b>1,227,879</b>          | <b>68,516</b>             | <b>44,476</b>              | <b>157,354</b>             | <b>1,498,225</b>          |
|                                               |                           |                           |                            |                            |                           |
|                                               | Direct<br>staff<br>costs  | Other<br>direct<br>costs  | Indirect<br>staff<br>costs | Other<br>indirect<br>costs | Total<br>costs            |
|                                               | Year ended<br>31 Mar 2024 | Year ended<br>31 Mar 2024 | Year ended<br>31 Mar 2024  | Year ended<br>31 Mar 2024  | Year ended<br>31 Mar 2024 |
|                                               | £                         | £                         | £                          | £                          | £                         |
| <b>Expenditure on:</b>                        |                           |                           |                            |                            |                           |
| Raising funds                                 | 21,700                    | 865                       | 911                        | 3,516                      | 26,992                    |
| Charitable activities                         |                           |                           |                            |                            |                           |
| Delivery of counselling<br>and other services | 942,882                   | 58,869                    | 40,437                     | 156,096                    | 1,198,284                 |
| Awareness raising                             | 56,186                    | 2,316                     | 2,360                      | 9,116                      | 69,978                    |
|                                               | <b>1,020,768</b>          | <b>62,050</b>             | <b>43,708</b>              | <b>168,728</b>             | <b>1,295,254</b>          |

Indirect costs have been allocated based on the proportion of direct costs attributable to each activity.

An analysis of costs of raising funds split between restricted and unrestricted funds can be found in note 6.

An analysis of charitable activities split between restricted and unrestricted funds can be found in notes 7 & 8.

An analysis of staff costs can be found in note 9.

Indirect costs includes:

|                      | <b>Total<br/>costs</b>            | Total<br>costs            |
|----------------------|-----------------------------------|---------------------------|
|                      | <b>Year ended<br/>31 Mar 2025</b> | Year ended<br>31 Mar 2024 |
|                      | <b>£</b>                          | £                         |
| Staff costs          | <b>44,478</b>                     | 43,709                    |
| Administrative costs | <b>34,993</b>                     | 37,598                    |
| Finance costs        | <b>19,824</b>                     | 17,707                    |
| Premises costs       | <b>66,360</b>                     | 66,616                    |
| Other staff costs    | <b>17,470</b>                     | 24,615                    |
| IT costs             | <b>13,160</b>                     | 16,692                    |
| Governance costs     | <b>5,547</b>                      | 5,500                     |
|                      | <b>201,832</b>                    | 212,437                   |

Governance costs includes:

|                 | <b>Total<br/>costs</b>            | Total<br>costs            |
|-----------------|-----------------------------------|---------------------------|
|                 | <b>Year ended<br/>31 Mar 2025</b> | Year ended<br>31 Mar 2024 |
|                 | <b>£</b>                          | £                         |
| Statutory audit | <b>4,620</b>                      | 4,465                     |
| Insurance       | <b>927</b>                        | 1,035                     |
|                 | <b>5,547</b>                      | 5,500                     |

## 6. Expenditure on raising funds

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2025 | Year ended<br>31 Mar 2025 | Year ended<br>31 Mar 2025 |
|                    | £                         | £                         | £                         |
| Direct staff costs | 38,088                    | -                         | 38,088                    |
| Direct other costs | 865                       | -                         | 865                       |
| Indirect costs     | 6,064                     | -                         | 6,064                     |
|                    | <b>45,017</b>             | <b>-</b>                  | <b>45,017</b>             |

  

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2024 | Year ended<br>31 Mar 2024 | Year ended<br>31 Mar 2024 |
|                    | £                         | £                         | £                         |
| Direct staff costs | 21,700                    | -                         | 21,700                    |
| Direct other costs | 865                       | -                         | 865                       |
| Indirect costs     | 4,427                     | -                         | 4,427                     |
|                    | <b>26,992</b>             | <b>-</b>                  | <b>26,992</b>             |

## 7. Expenditure on charitable activities – delivery of counselling and other services

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2025 | Year ended<br>31 Mar 2025 | Year ended<br>31 Mar 2025 |
|                    | £                         | £                         | £                         |
| Direct staff costs | -                         | 1,130,360                 | 1,130,360                 |
| Direct other costs | -                         | 64,611                    | 64,611                    |
| Indirect costs     | 11,911                    | 174,130                   | 186,041                   |
|                    | <b>11,911</b>             | <b>1,369,101</b>          | <b>1,381,012</b>          |

  

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2024 | Year ended<br>31 Mar 2024 | Year ended<br>31 Mar 2024 |
|                    | £                         | £                         | £                         |
| Direct staff costs | -                         | 942,882                   | 942,882                   |
| Direct other costs | -                         | 58,869                    | 58,869                    |
| Indirect costs     | 86,377                    | 110,156                   | 196,533                   |
|                    | <b>86,377</b>             | <b>1,111,907</b>          | <b>1,198,284</b>          |

**8. Expenditure on charitable activities – awareness raising**

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2025</b> | <b>Year ended<br/>31 Mar 2025</b> | <b>Year ended<br/>31 Mar 2025</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | 3,245                             | 56,186                            | <b>59,431</b>                     |
| Direct other costs | 724                               | 2,316                             | <b>3,040</b>                      |
| Indirect costs     | 623                               | 9,102                             | <b>9,725</b>                      |
|                    | <b>4,592</b>                      | <b>67,604</b>                     | <b>72,196</b>                     |

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2024</b> | <b>Year ended<br/>31 Mar 2024</b> | <b>Year ended<br/>31 Mar 2024</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | -                                 | 56,186                            | 56,186                            |
| Direct other costs | -                                 | 2,316                             | 2,316                             |
| Indirect costs     | 5,044                             | 6,432                             | 11,476                            |
|                    | <b>5,044</b>                      | <b>64,934</b>                     | <b>69,978</b>                     |

**9. Staff costs**

|                    | <b>Total<br/>costs</b>            | <b>Total<br/>costs</b>            |
|--------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2025</b> | <b>Year ended<br/>31 Mar 2024</b> |
|                    | <b>£</b>                          | <b>£</b>                          |
| Gross salaries     | <b>1,136,940</b>                  | 956,834                           |
| Employer's NIC     | <b>106,013</b>                    | 82,645                            |
| Employer's pension | <b>29,402</b>                     | 24,997                            |
|                    | <b>1,272,355</b>                  | <b>1,064,476</b>                  |

The average headcount during the period was 43 persons (2024: 37 persons).

No employee received employee benefits of more than £60,000 (2024: Nil).

The total employee benefits paid to key management personnel during the year was £171,371 (2024: £162,488).

## 10. Tangible fixed assets

|                                 | Computer<br>equipment<br>£ | Total<br>fixed assets<br>£ |
|---------------------------------|----------------------------|----------------------------|
| <b>Cost</b>                     |                            |                            |
| As of 1 April 2024              | 5,871                      | 5,871                      |
| As of 31 March 2025             | 5,871                      | 5,871                      |
| <b>Accumulated depreciation</b> |                            |                            |
| As of 1 April 2024              | 5,871                      | 5,871                      |
| Charge in the year              | -                          | -                          |
| As of 31 March 2025             | 5,871                      | 5,871                      |
| <b>Net book value</b>           |                            |                            |
| As of 1 April 2024              | -                          | -                          |
| As of 31 March 2025             | -                          | -                          |

## 11. Debtors and prepayments

|                      | Total<br>31 Mar 2025<br>£ | Total<br>31 Mar 2024<br>£ |
|----------------------|---------------------------|---------------------------|
| Accounts receivable  | 133,642                   | 182,162                   |
| Accrued grant income | 6,933                     | 6,933                     |
| Premises deposit     | 12,674                    | 12,674                    |
| Prepayments          | 21,437                    | 25,053                    |
|                      | 174,686                   | 226,822                   |

Accrued grant income consists of income received in April 2025 for the year ended 31 March 2025 (prior year consists of income received in April 2024 for the year ended 31 March 2024).

**12. Creditors: amounts falling due within one year**

|                  | <b>Total</b>       | <b>Total</b>       |
|------------------|--------------------|--------------------|
|                  | <b>31 Mar 2025</b> | <b>31 Mar 2024</b> |
|                  | <b>£</b>           | <b>£</b>           |
| Accounts payable | <b>16,373</b>      | 14,123             |
| Credit card      | <b>2,075</b>       | 4,271              |
| HMRC payable     | <b>24,734</b>      | 21,785             |
| Pensions payable | <b>9,052</b>       | 5,756              |
| Deferred revenue | -                  | 63,229             |
| Accruals         | <b>6,848</b>       | 8,660              |
|                  | <b>60,826</b>      | 117,824            |

Deferred income consists of the following deferred grants:

|                                       | <b>Total</b>       | <b>Total</b>       |
|---------------------------------------|--------------------|--------------------|
|                                       | <b>31 Mar 2025</b> | <b>31 Mar 2024</b> |
|                                       | <b>£</b>           | <b>£</b>           |
| As of 1 April 2024                    | <b>63,229</b>      | 80,201             |
| Amount released to income in the year | <b>(63,229)</b>    | (80,201)           |
| Amount deferred in the year           | -                  | 63,229             |
| As of 31 March 2025                   | -                  | 63,229             |

### 13. Analysis of charity funds

|                                             | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2025<br>£ | Income<br>received<br>in period<br>Year ended<br>31 Mar 2025<br>£ | Resources<br>expended<br>in period<br>Year ended<br>31 Mar 2025<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2025<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2025<br>£ |
|---------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Unrestricted funds</b>                   |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| General funds                               | 247,313                                                         | 36,312                                                            | (61,520)                                                             | -                                                               | 222,105                                                         |
|                                             | <b>247,313</b>                                                  | <b>36,312</b>                                                     | <b>(61,520)</b>                                                      | <b>-</b>                                                        | <b>222,105</b>                                                  |
| <b>Restricted funds</b>                     |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| Bolt Burdon Kemp                            | -                                                               | 28,690                                                            | (28,690)                                                             | -                                                               | -                                                               |
| Holistic Trauma Outreach Project            | -                                                               | 27,329                                                            | (27,329)                                                             | -                                                               | -                                                               |
| Ministry of Justice - Website               | -                                                               | 127,463                                                           | (127,463)                                                            | -                                                               | -                                                               |
| MOPAC - Male Rape Support Fund              | -                                                               | 479,104                                                           | (479,104)                                                            | -                                                               | -                                                               |
| National Lottery Community Fund - groupwork | -                                                               | 201,444                                                           | (201,444)                                                            | -                                                               | -                                                               |
| NHS England                                 | -                                                               | 133,296                                                           | (133,296)                                                            | -                                                               | -                                                               |
| NHS England - prison support                | -                                                               | 63,229                                                            | (63,229)                                                             | -                                                               | -                                                               |
| Transformation Fund                         | -                                                               | 290,542                                                           | (290,542)                                                            | -                                                               | -                                                               |
| VSSS                                        | -                                                               | 85,608                                                            | (85,608)                                                             | -                                                               | -                                                               |
|                                             | <b>-</b>                                                        | <b>1,436,705</b>                                                  | <b>(1,436,705)</b>                                                   | <b>-</b>                                                        | <b>-</b>                                                        |
|                                             | <b>247,313</b>                                                  | <b>1,473,017</b>                                                  | <b>(1,498,225)</b>                                                   | <b>-</b>                                                        | <b>222,105</b>                                                  |

#### Restricted funds – Bolt Burdon Kemp

This is support towards an ISVA worker.

#### Restricted funds – Holistic Trauma Outreach Project

This is funding from Westminster City Council for a holistic trauma outreach project.

#### Restricted funds – MOPAC – Male Rape Support Fund

This is funding to support both the counselling work and also several Independent Sexual Violence Advisors in London.

#### Restricted funds – Ministry of Justice – Website

A further one-year grant was awarded to develop and run the National Male Survivor website and information project.

#### Restricted funds – National Lottery Community Fund – groupwork

This is a new three year grant to support groupwork.

**13. Analysis of charity funds (continued from previous page)****Restricted funds – NHS**

This is a grant to support work with the NHS.

**Restricted funds – NHS prison support**

This is a grant to support work within prison services in collaboration with the NHS.

**Restricted funds – Transformation Fund**

This is a project co-ordinated by the Women and Girl's Network to support counselling work.

**Restricted funds – VSSS**

This is a project co-ordinated by ManKind in collaboration with the Home Office to support counselling work.

|                                  | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2024<br>£ | Income<br>received<br>in period<br>Year ended<br>31 Mar 2024<br>£ | Resources<br>expended<br>in period<br>Year ended<br>31 Mar 2024<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2024<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2024<br>£ |
|----------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Unrestricted funds</b>        |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| General funds                    | 319,730                                                         | 45,996                                                            | (118,413)                                                            | -                                                               | 247,313                                                         |
|                                  | 319,730                                                         | 45,996                                                            | (118,413)                                                            | -                                                               | 247,313                                                         |
| <b>Restricted funds</b>          |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| Bolt Burdon Kemp                 | -                                                               | 28,451                                                            | (28,451)                                                             | -                                                               | -                                                               |
| Holistic Trauma Outreach Project | -                                                               | 26,532                                                            | (26,532)                                                             | -                                                               | -                                                               |
| Ministry of Justice - Website    | -                                                               | 127,463                                                           | (127,463)                                                            | -                                                               | -                                                               |
| MOPAC - Male Rape Support Fund   | 38,801                                                          | 479,604                                                           | (518,405)                                                            | -                                                               | -                                                               |
| National Lottery Community Fund  | 18,453                                                          | -                                                                 | (18,453)                                                             | -                                                               | -                                                               |
| NHS England                      | -                                                               | 132,107                                                           | (132,107)                                                            | -                                                               | -                                                               |
| NHS England - prison support     | -                                                               | 63,229                                                            | (63,229)                                                             | -                                                               | -                                                               |
| Transformation Fund              | -                                                               | 176,593                                                           | (176,593)                                                            | -                                                               | -                                                               |
| VSSS                             | -                                                               | 85,608                                                            | (85,608)                                                             | -                                                               | -                                                               |
|                                  | 57,254                                                          | 1,119,587                                                         | (1,176,841)                                                          | -                                                               | -                                                               |
|                                  | 376,984                                                         | 1,165,583                                                         | (1,295,254)                                                          | -                                                               | 247,313                                                         |

**Restricted funds – National Lottery Community Fund**

This is a previous three year grant ending at the start of 2023 to support groupwork and counselling.

#### 14. Analysis of net assets

|                     | Unrestricted<br>funds<br>31 Mar 2025<br>£ | Restricted<br>funds<br>31 Mar 2025<br>£ | Total<br>funds<br>31 Mar 2025<br>£ |
|---------------------|-------------------------------------------|-----------------------------------------|------------------------------------|
| Fixed assets        | -                                         | -                                       | -                                  |
| Current assets      | 282,931                                   | -                                       | 282,931                            |
| Current liabilities | (60,826)                                  | -                                       | (60,826)                           |
|                     | <b>222,105</b>                            | <b>-</b>                                | <b>222,105</b>                     |

  

|                     | Unrestricted<br>funds<br>31 Mar 2024<br>£ | Restricted<br>funds<br>31 Mar 2024<br>£ | Total<br>funds<br>31 Mar 2024<br>£ |
|---------------------|-------------------------------------------|-----------------------------------------|------------------------------------|
| Fixed assets        | -                                         | -                                       | -                                  |
| Current assets      | 301,908                                   | 63,229                                  | 365,137                            |
| Current liabilities | (54,595)                                  | (63,229)                                | (117,824)                          |
|                     | <b>247,313</b>                            | <b>-</b>                                | <b>247,313</b>                     |

#### 15. Analysis of net debt

|                                  | As at<br>1 Apr 2024<br>£ | Cash flows<br>£ | Other<br>movements<br>£ | As at<br>31 Mar 2025<br>£ |
|----------------------------------|--------------------------|-----------------|-------------------------|---------------------------|
| <b>Cash and cash equivalents</b> |                          |                 |                         |                           |
| Cash at bank                     | 138,315                  | (30,070)        | -                       | 108,245                   |
|                                  | <b>138,315</b>           | <b>(30,070)</b> | <b>-</b>                | <b>108,245</b>            |

  

|                           | As at<br>1 Apr 2023<br>£ | Cash flows<br>£  | Other<br>movements<br>£ | As at<br>31 Mar 2024<br>£ |
|---------------------------|--------------------------|------------------|-------------------------|---------------------------|
| Cash and cash equivalents |                          |                  |                         |                           |
| Cash at bank              | 357,205                  | (218,890)        | -                       | 138,315                   |
|                           | <b>357,205</b>           | <b>(218,890)</b> | <b>-</b>                | <b>138,315</b>            |

16. Other financial commitments

At 31 March 2025, the Charity had annual future minimum lease payments under non-cancellable operating leases (all for property) as set out below:

|                      | Total<br>31 Mar 2025<br>£ | Total<br>31 Mar 2024<br>£ |
|----------------------|---------------------------|---------------------------|
| In one year          | 50,694                    | 50,694                    |
| In two to five years | 38,021                    | 88,715                    |
|                      | <b>88,715</b>             | <b>139,409</b>            |

17. Trustee remuneration

During the year, no Trustee received any remuneration (2024: £Nil). No members of the Board of Trustees received reimbursement of travel expenses to meetings (2024: Nil).

18. Related party transactions

During the year there were no related party transactions (2024: £Nil).



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# Accounts

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## Annual Report 2023-24

Charity registration - 1077484

Company number - 03792760



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## Legal and administrative information

### Charity name

SurvivorsUK Ltd

### Charity registration no.

1077484

### Company registration no.

03792760

### Registered office and contact details

Unit F, The Bagel Factory  
22 White Post Lane  
London  
E9 5SZ

### Trustees

|                 |                         |
|-----------------|-------------------------|
| Thom Crabbe     | Chair                   |
| Tanaka Mhishi   | Vice Chair              |
| David Raeburn   | resigned 30 April 2024  |
| Jemma Ansell    |                         |
| Simon Cornwell  | appointed 30 April 2024 |
| Tahreen Dewan   |                         |
| Rima Hawkins    | appointed 30 April 2024 |
| Samuel Peterson |                         |
| Nerissa Steel   |                         |

### Chief Executive

Gary Williams

### Principal bankers

Unity Trust Bank  
4 Brindley Place  
Birmingham, B1 2JB

### Independent auditor

SBM Associates Limited, trading as SBM & Co  
24 Wandsworth Road  
London  
SW8 2JW

### Accountants

Enaid Accountancy Ltd  
Units 24 & 25, Goodsheds Container Village  
Hood Road  
Barry, CF62 5QU

## Welcome

### Message from the Chair

I'm delighted to present Survivors UK's Annual Report and Accounts for the financial year 2023/24.

It has been a year of sustained progress which is set out in the details of the report. Our unique Group Work services have expanded with support from the National Lottery. Through hard work and beginning regular student placements our counselling waiting list is coming down a little. We have recently appointed an outreach officer to engage with communities underrepresented amongst our clients and we are investing in a new fundraising post. We have been delighted to welcome Simon Cornwell and Rima Hawkins onto the board at our last AGM. Rima in particular fills quite a gap in having a clinician on the board.

As the year ends we are moving into a leadership transition phase. Gary Williams our CEO retires next summer and I and my fantastic vice chair Tanaka Mhisi will be stepping down in the coming months. This is an exciting opportunity for Survivors UK to move into its next phase with a new CEO and a new trustee leadership team of Simon Cornwell, Nerissa Steel and Samuel Peterson 'taking up the reins'.

I will end with a heartfelt thanks to all our funders and supporters who make what Survivors UK does possible. Lastly, and most importantly, my gratitude to our exceptional and growing staff team who do incredible work every day supporting and guiding our clients, rebuilding lives, advocating and raising awareness and making what this organisation exists to do a reality.



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Thom Crabbe (Dec 13, 2024 16:34 GMT)

**THOM CRABBE**  
**CHAIR OF TRUSTEES**

## Trustees annual report

The Board of Trustees, who are also Directors of the Charity for the purposes of the Companies Act, and Trustees for charity law purposes, submit their annual report and the financial statements of SurvivorsUK for the year ended 31 March 2024.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

### Aims and objectives

SurvivorsUK's objective is to provide practical and emotional support to men, boys and gender non-conforming people who have experienced sexual violence, and to promote any charitable purpose for the benefit of our clients and their friends, families and loved ones. We also work to raise awareness of the extent of sexual violence against men, boys and gender non-conforming people – to encourage them to seek the help and support they want and to improve professional practice of those who work with them, such as the police, health and social care professionals. SurvivorsUK was established in 1986 and incorporated as a registered charity in June 1999. Today, the charity is the only specialist service in London to help men, boys and gender non-confirming people navigate the impact of sexual violence. Nationally, we provide help and support through our website, telephone, online helpline services and groupwork. Additionally, in London we provide face to face counselling, groupwork, Independent Sexual Violence Advisors (ISVA), outreach and engagement services and clinics for legal advice and sexual health. Our aim is to help any man, boy or non-binary person over the age of 13 who has experienced sexual violence feel empowered to speak about what has happened to them and to be able to access support, should they want it, so they can deal with the devastating impact that sexual violence can have on all aspects of life.

### Delivering Public Benefit

SurvivorsUK's objectives and activities fully reflect the purposes that the charity was set up to further. There is an inherent public benefit in raising public awareness of the extent of sexual violence against men and boys so that more feel confident to talk about their experiences, seek help, and access appropriate support. The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and activities, and when planning activities.

### Our Service Delivery during 2023/24

#### Counselling

Over the past year, our counselling service has continued to be dedicated to the support of men, boys, and non-binary survivors of sexual abuse. The demand for our services has been significant, with 344 new referrals this year, including those for our specialised roles such as Black, Asian and Minority Ethnic Communities (BAM) Counsellor, Young People, and EMDR. Although our waiting list has been reduced over the last year, it remains at 2.5 years with 300 clients. In order to increase specialist capacity and reduce the waiting list have begun recruiting volunteers and students - an art therapist joined us in June 2024. Our dedicated team of counsellors has provided ongoing support to 608 clients, conducting over 2,271 counselling sessions. The positive feedback from our clients underscores the importance of these services:

'brilliant and helpful in my healing process, helping me throughout my ordeal and giving me the strength to get my case to court...Lorenza my counsellor has helped me through the tough journey and has made me realize that I'm stronger for it, thank you survivors'

'I can say that I have the tools to catch myself when my trauma response kicks in, I don't have that same shame complex about worrying how people see me and that fear of them finding out. I control it now; it does not control me.'

**Outcomes:**

- 100% Improved subjective well-being
- 80% Clients feel better able to cope following counselling

**Swift Service**

Our Swift Service, designed for urgent and immediate support, has been a vital resource for clients in acute distress while they await their long-term counselling. All survivors accessing the service receive 6-12 trauma-focused, short-term therapy sessions, including stabilisation techniques, risk and symptom management, and psychoeducation. We have worked with 247 clients, offering 1,300 short-term sessions (six sessions each) for those on the waiting list. Clients have expressed their gratitude for the quick and effective assistance they received:

'he has never had a more empathetic counsellor before being support by you Jon, he said you really knew your stuff and were just incredibly lovely to work with. He was so grateful for your support and so I just wanted to let you both know how impactful that has been!'

'To say I enjoyed the sessions would be a reach but I felt the benefit of them right from the off and I felt that for the first time in counselling I was truly able to be honest without fear of judgement.'

**National Counselling Service**

Our National Counselling Service, funded by The Home Office and delivered through a consortium led by East Sussex' Mankind UK, has expanded its reach, offering support to clients across the country. Designed for clients outside our London catchment area, we provide six months of counselling support to 18 clients every six months. This year we provided 489 sessions. This initiative has been successful, and due to the steady flow of referrals, we can offer clients immediate support by referring them to our partner organizations. For those who prefer to stay with SUK, there is a small waiting list of seven, with an estimated wait time of six months. The impact of this service has been profound:

'I feel like a new man after counselling, I didn't expect how much Survivors was going to completely change my life for the better'

'SurvivorsUK saved my life because it changed my life. The support I received from my counsellor was outstanding.'

**Prison Service**

Our NHS-funded prison project is progressing swiftly. Our prison link worker has completed his vetting and has been networking with the staff at HMP Brixton to establish how he can deliver the workshops and support clients. He already has six people waiting to start working with him.

**Westminster Service**

Our Westminster Service continues to provide specialised support to the homeless in the Westminster area. The Westminster Project remained steadfast in its commitment to empowering the community throughout the 2023/2024 year. Each counsellor has provided assistance to a clientele ranging from 6 to 11 individuals. This concerted effort has resulted in the provision of a cumulative total of 553 sessions of invaluable support, collectively delivered by the two counsellors. Incorporated creative therapeutic techniques and psychoeducation to enhance engagement and effectiveness of interventions. With a deepened understanding of trauma and its impacts, guiding interventions and interactions with clients and staff, we can adapt a nuanced approach that prioritises meeting clients at their unique intersections of physical, mental, and emotional states. The community has responded positively to our efforts:

'Thank you for continuing to check-in with me even when I wasn't able to respond'

'Having therapy is like releasing my pressure valve'

'I just wanted to thank you for the session you ran a few weeks ago, it's really helped me to see my clients in a completely different way'

### **ISVA (Independent Sexual Violence Advisors) Service**

Our ISVA team has focused on providing specialized support to survivors navigating the criminal justice system, targeting universities to raise awareness among students and staff about the impact on men, boys, and non-binary individuals. This year, we handled 232 new referrals and supported 392 clients. Our ISVAs play a crucial role in providing practical and emotional support, ensuring clients feel informed and empowered throughout their journey. This year, we introduced a new specialist role, BAM ISVA, and successfully launched the Advice Hub, offering nationwide support sessions. Client testimonials underscore the invaluable impact of our ISVA services:

'I have been working with other agencies for almost 3 years and the short time that I have been working with SurvivorsUK, I have received more support and worthwhile interaction than ever before.'

'I would not have got through it without your support, thank you. Knowing you were sat behind me in court kept me calm enough to continue to stay as a witness through one of the toughest things I have ever had to do. Having someone with me during my breaks to sit with and help calm me was helpful.'

'Going through this process is one of the hardest things I have had to do, having you by my side has made it that be easier to deal with.'

### **Outcomes:**

- 96% of Clients feel more empowered to make choices, and feel more in control of their lives
- 80% of clients report an increase in health and wellbeing
- 96% of Clients feel better able to cope

As we reflect on the past year, we are incredibly proud of the impact our services have had on the lives of the clients we support. We remain committed to providing high-quality, trauma-informed care and look forward to continuing this vital work in the year ahead by expanding some of our services and introducing more specialist services.

### **Group Work Service**

We were delighted during the year to secure the future of our Group Work through generous funding by The National Lottery. Our group work services have provided a supportive environment for survivors and their loved ones to connect and heal together. SurvivorsUK has successfully maintained and expanded a range of group programs to meet survivors' needs, including regular weekly, fortnightly, and monthly specialist groups, mostly held online for accessibility. We conducted 14 group programs, led by a dedicated Group Work facilitator, counsellors, and our Independent Sexual Violence Advisor (ISVA) team.

During this period, we received 264 new referrals for group sessions, supporting 402 clients across 438 group sessions. We reduced our waiting list from 9 months to 3 months, with only 58 clients waiting to start the program. These sessions have fostered a sense of community and shared understanding among participants, as reflected in the positive feedback from our clients. The positive feedback from our clients highlights the importance of these services:

'I really enjoyed the conversations in the Break Out Room. I didn't think we would have anything in common and suddenly it turns out we did, we had more in common than I ever could have imagined.'

'It's so nice to be in a space where others know exactly how I feel. I felt so heard and understood.'

'This was helpful and enjoyable and I wasn't expecting that.'

### Outcomes:

- 90% Clients feel better able to access support if they need it
- 100% Improved subjective well-being

### Core group:

Between July 2023 and June 2024, we continued with our cycle of having two parallel groups running consecutively on Monday and Friday evenings. In this period, we therefore delivered 8 groups each with approximately 12 attendees with unique experiences.

### BAM (Black Asian and Mixed Heritage) Group:

Our Black, Asian and Mixed Heritage Client group uses poetry, audio/video platforms, and text resources to facilitate reflective discussions on themes such as joy, love, pride, trauma, body, healing, grief, loss, and survival. During Black History Month in October 2023, the group celebrated "Saluting Our Sisters," emphasizing the vital role of Black women in history, inspiring change, and building supportive communities to keep clients grounded and motivated.

### Tran and non Binary Group:

The monthly Trans, Non-Binary, Gender Questioning (TNBGQ) group has gained momentum, with attendees highlighting its importance despite lower attendance. Supporting clients at different stages of their identity journeys and experiences with sexual violence, the group covers topics such as intimacy, relationships, partner choices related to gender identity, and the challenge of creating safe spaces. Some feedback includes,

'This group is a lifeline to me', "Cis female support groups were closed to me; I am so grateful of this space.'

'Within 30min we are into the nitty gritty of life and I like that. It is so good to have conversations about these things and this space is so safe and good for that.'

### Allies of Survivors Group:

The group follows a structured format with check-ins, discussions, feedback, and grounding exercises. In March 2024, we held our first in-person Allies group, featuring a successful workshop on vicarious trauma. Online themes have included responding to loved ones discussing their trauma, boundaries and self-care, triggers, support networks, and frustrations with mental health services. Feedback from attendees includes:

'This group has been really useful; I resonate with what others are saying.'

### Surviving Chemsex Group:

This group meets regularly and is facilitated by two practitioners experienced with Chemsex-related issues. The group runs 6 to 8 weekly sessions, extending to 8 if needed. We have conducted 2 programmes and a monthly ongoing group for those who have completed the programme and fear returning to the Chemsex scene. Topics include anger, anxiety, disclosure, transitioning to normal life, defining "normal life," and managing uncontrollable factors.

## Sex & Intimacy:

This group is a revamped 8-week version of the 'Speaking about Sex' programme, structured weekly around themes related to sex and intimacy challenges. Topics include separating sex/desire from abuse, the impact of abuse on sexuality/gender identity, trauma's physical effects, developing healthy romantic relationships, understanding intimacy, loneliness/isolation, managing compulsive behaviours, responses from friends/family, and intimate partner violence. Some of the feedback includes:

'The conversation this evening was both profoundly insightful and practically useful. This is support of a high order for male survivors. I have rarely heard such subtle and probing exchange of experience of the effects of abuse on men's lives.'

## Monthly groups:

The monthly Tune-in groups have thrived over the past year, providing a valuable space for regular and new attendees to support each other. Discussions are generated by survivors during check-in, often split between two facilitators, and end with a grounding exercise. We've also held two in-person sessions in London, now scheduled quarterly.

The Get Together group is a more informal version of Tune-in, offering space for general chats and topics like male vulnerability, relationships with carers, and dealing with disrespect from professionals.

Wednesday Wellness sessions have grown in popularity, offering themed workshops on wellness and recovery, both online and in-person. In the past year, we held 7 sessions on topics like Positive Psychology, Somatic Exercises for Stress, Healing from Sexual Trauma, and a pilot on Sex & Intimacy. Breaks in August, November, and March to June were due to other group focuses and limited facilitator availability.

## Concluded groups:

The Ice and Fire sessions expanded our creative writing group, allowing clients to anonymously share their written works on stage with performers. Led by a former client now with the theatre company Ice and Fire, the group started in May 2022 and provided psychological and emotional support throughout. The sessions featured writing and performance forms such as poetry, prose, improvisation, clowning, and acting. The group concluded in June 2023 with a successful fundraising performance, 'The Survivors Manifesto,' featuring actors Andrew Garfield and Waleed Akhtar. We are now working with Ice and Fire to fundraise for another Survivors Manifesto event.

The Dungeons & Dragons (D&D) group offered survivors a role-playing game experience where they could create characters and engage in collaborative storytelling. This helped build supportive relationships and allowed survivors to reconnect with challenging childhood experiences in a safe, fantasy setting. Playing D&D also served as an introduction to group therapy. This group, along with its monthly talking group, concluded in the summer of 2023.

## SurvivorsUK National Helpline

Our helpline continues to serve as a vital initial contact for numerous survivors seeking support. Throughout the year, we handled 1427 webchats, offering immediate assistance to 1386 callers. Additionally, our SMS support received 318 messages, with immediate support provided to 311 individuals. We also responded to 950 support emails; this work resulted in 640 signposts. Our dedicated helpline staff play a crucial role in providing empathetic listening and guiding clients to additional support services as needed. Here are some reflections from those we've helped:

'it's has been really nurturing being in conversation with you. I appreciate your time and reflections in this. It's been a lovely gift.'

'Thanks for allowing me to cry, share, and be believed ... its crazy how much it helps'

' Thank you for time, it's been helpful to get some of this stuff out. I'm going to refer myself to the group. Thanks again, it's vital there are services like this to support people like me.'

**Outcomes:**

- 89% of client felt they been heard
- 95% of client recommend the service to anyone else
- 71% of client feel much better after the chat

**Future Plans**

SurvivorsUK plans to continue to consolidate for the medium term future whilst growing in a sustainable way to meet the ever-increasing demand for our services. The global pandemic and lockdown has had a significant impact on our clients and our services have adapted quickly to meet the changing needs of our clients. As the world returns to office working and face-to-face service delivery becomes safe once more we will carefully adapt our services to meet the needs of our clients. Meeting our clients where they are and adapting to provide the services they need is central to our ethos and it will remain so in the future.

## Financial review

During the current financial year the Charity incurred a deficit of £129,671, although £57,254 of this related to underspends in the prior year that funders had allowed to be carried forward (2023: surplus of £91,885), decreasing total reserves at year end to £247,313 (2023: £376,984).

Of the reserves held at year end, £nil (2023: £57,254) related to restricted funds and £247,313 (2023: £319,730) related to unrestricted funds.

### Principal Funding Sources

The main funding sources during the year were:

- Ministry of Justice
- The Mayor's Office for Policing and Crime (MOPAC)
- The Home Office
- National Lottery Community Fund
- Westminster City Council

### Reserves Policy

The Trustees have considered Charity Commission guidance on reserves and currently have a policy of holding £250,000 as a general reserve based on three months operational expenditure. The board continue to regularly review the reserve policy to ensure it covers current liabilities and commitments.

The year-end unrestricted reserve was £247,313 which is marginally lower than this requirement, and is expected to grow again within the next financial year

## Structure, governance and management

### Governing document

SurvivorsUK is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

SurvivorsUK is a registered charity constituted as a Limited Company under its Memorandum and Articles of Association. The charity registration number is 1077484 (England and Wales) and the company registration number is 03792760 (England and Wales).

### Recruitment and appointment of Trustees

As set out in the Articles of Association, the Chair of Trustees is nominated at the Annual General Meeting.

The Trustees are also the directors of SurvivorsUK for the purpose of company law. Survivors (UK) articles of association require a minimum of three trustees. Directors meet at least every two months, with a quorum of three trustees.

The objective is to have a range of appropriate skillsets across fields that are relevant to the Charity's objectives. When recruiting new trustees, consideration is given to the existing trustees' skills and experiences and trustees are sought with the additional skills required. Their appointment is by resolution of the Board of Directors/Trustees following which the required legal documentation is completed.

### Trustee induction and training

On their appointment, new Trustees are provided with information, in the form of an induction pack, on their role as a Trustee. Ongoing training is provided as required.

## Organisational structure

SurvivorsUK's Board of Trustees meets at least every 2 months and is responsible for the strategic direction and policy of the Charity, as well as oversight of the Charity's operations.

Board sub-committees are set up as required to consider specific issues. The day-to-day running of the Charity is delegated to the Chief Executive, who is supported by a management team of seven members of staff who report to the CEO. The CEO in turn reports to the Chair of Trustees.

## Remuneration policy

To set the salaries of all staff, the trustees undertake research to benchmark average remuneration packages in the local area and environs, and these are then discussed at appraisals.

## Risk management

The Trustees have conducted their own review of the major risks to which the Charity is exposed, and systems have been established to mitigate those risks.

The main risks identified by the Trustees are currently:

| Risk                                                                                                                                       | Mitigation                                                                                                                                                                                                                                                                                                                                                                            |
|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Charity fails to replace funding as grants come to an end or becomes overly reliant on one funder leading to a significant drop in income. | The charity has appointed a CEO who has a background in fundraising and income generation, who has been charged with broadening and deepening our range of funding streams.                                                                                                                                                                                                           |
| The Charity fails to provide high quality advice leading to a negative impact on reputation and standing in the sector.                    | <p>The Charity will only employ accredited counsellors and also invests in clinical supervision for relevant staff to ensure all advice is provided at a consistently high level.</p> <p>In addition, the Charity invests heavily in training and support for all staff and holds weekly staff meetings to enable a safe space for staff to discuss relevant issues and concerns.</p> |

## Statement of Board of Trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of expenditure over income for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition the trustees confirm that they are happy that content of the annual review in pages 4 to 15 of this document meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

### Information provided to the independent auditor

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as the trustee is aware, there is no relevant audit information of which the company's independent auditor is unaware; and,
- the trustee has taken all the steps he/ she ought to have taken as a trustee in order to make himself/herself aware of any relevant information and to establish that the company's independent auditor is aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of section 418 of the Companies Act 2006.

## Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006.

This report was approved and authorised for issue by the Board of Trustees on 12 November 2024 and signed on its behalf by:



Thom Crabbe (Dec 13, 2024 16:34 GMT)

**THOM CRABBE**  
**CHAIR OF TRUSTEES**

## Independent auditor's report

### Opinion

We have audited the financial statements of SurvivorsUK Ltd (the 'charity') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2024, and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

### Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

### Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement [set out on page 20], the trustees are responsible for the preparation of financial statements which give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the Charity financial statements are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures can detect irregularities, including fraud is detailed below:

Our approach was as follows:

To identify risks of material misstatement due to irregularities we assessed events or conditions that could lead to irregularities. Our risk assessment procedures included:

- enquiring of Trustees and management and inspection of policy documentation as to the Charity's policies and procedures to prevent and detect irregularities, as well as whether they have knowledge of any actual, suspected, or alleged fraud or breaches of relevant laws and regulations;;
- reading Board minutes; and
- using analytical procedures to identify any usual or unexpected relationships.

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience through discussion with the Trustees and management (as required by auditing standards). We communicated with the Trustees

and management the policies and procedures in place regarding compliance with laws and regulations.

We identified the legal and regulatory frameworks that are applicable to the entity and determined that the most significant are those that relate to the Charities Act 2011, The Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (the SORP), Occupational Health and Safety regulations, the Data Protection Act, and relevant tax legislation.

In addition, we have considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which may be fundamental to the company's ability to operate or to avoid a material penalty. We identified the following areas as those most likely to have such an effect: employment law, recognising the nature of the Charity's activities and its legal form. Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the Trustees and management and inspection of regulatory and legal correspondence, if any. Therefore, if a breach of operational regulations is not disclosed to us or evident from relevant correspondence, an audit will cannot be relied upon to detect that breach.

We communicated identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

Based on the results of our risk assessment we designed our audit procedures to identify non-compliance with such laws and regulations identified above and assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items.

The engagement partner considers the engagement team collectively had the appropriate competence and capabilities to identify or recognise non-compliance with laws and regulations.

As required by auditing standards and considering possible pressures to meet internal key performance indicators and our knowledge of the control environment, we perform procedures to address the risk of management override of controls and the risk of fraudulent revenue recognition, in particular the risk that income is recorded in the incorrect accounting period and the risk that management may be in a position to make inappropriate accounting entries.

We assessed the risks of material misstatement in respect of fraud as follows:

- our audit team discussed whether there were any areas that were susceptible to misstatement as part of our discussion on fraud; and
- we challenged assumptions and judgements made by management in their significant accounting estimates and judgements.

Based on the results of our risk assessment we designed our audit procedures to identify and to address material misstatements in relation to fraud, including, designing appropriate audit procedures, including:

- incorporating an element of unpredictability in the selection of the nature, timing, and extent of our audit procedures;
- identifying journal entries and other adjustments to test based on risk criteria and comparing the identified entries to supporting documentation;
- inspecting the relevant income agreements and their accounting to confirm their recognition in line with the SORP for different revenue streams;
- inspecting stock count sheets;
- obtaining third party bank confirmations; and
- assessing the design and effectiveness of controls in place over areas such as procurement and cash.

We considered the extent to which the audit was considered capable of detecting irregularities: There are

inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentation, or through collusion.

A further description of our responsibilities is available on the FRC's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

### **Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



**STEPHEN MCALPINE (SENIOR STATUTORY AUDITOR)**

**FOR AND ON BEHALF OF SBM ASSOCIATES LIMITED (STATUTORY AUDITORS)**

**DATED: 13 DECEMBER 2024**

24 Wandsworth Road  
London  
SW8 2JW

## Statement of financial activities

### Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses

#### For the year ended 31 March 2024

|                                                  | Notes   | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2023<br>£ |
|--------------------------------------------------|---------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|--------------------------------------------------|
| <b>Income from:</b>                              |         |                                                         |                                                       |                                                  |                                                  |
| Donations and legacies                           | 3       | 43,296                                                  | 1,119,587                                             | 1,162,883                                        | 1,102,117                                        |
| Charitable activities                            | 4       | 2,700                                                   | -                                                     | 2,700                                            | -                                                |
| <b>Total income</b>                              |         | <b>45,996</b>                                           | <b>1,119,587</b>                                      | <b>1,165,583</b>                                 | 1,102,117                                        |
| <b>Expenditure on:</b>                           |         |                                                         |                                                       |                                                  |                                                  |
| Raising funds                                    | 5 & 6   | 26,992                                                  | -                                                     | 26,992                                           | 25,266                                           |
| Charitable activities:                           |         |                                                         |                                                       |                                                  |                                                  |
| Delivery of counselling<br>and other services    | 5 & 7   | 86,377                                                  | 1,111,907                                             | 1,198,284                                        | 927,456                                          |
| Awareness raising                                | 5 & 8   | 5,044                                                   | 64,934                                                | 69,978                                           | 57,510                                           |
| <b>Total expenditure</b>                         |         | <b>118,413</b>                                          | <b>1,176,841</b>                                      | <b>1,295,254</b>                                 | 1,010,232                                        |
| <b>Net income/(expenditure)<br/>for the year</b> |         | <b>(72,417)</b>                                         | <b>(57,254)</b>                                       | <b>(129,671)</b>                                 | 91,885                                           |
| <b>Reconciliation of funds:</b>                  |         |                                                         |                                                       |                                                  |                                                  |
| Total funds brought<br>forward                   | 13 & 14 | 319,730                                                 | 57,254                                                | 376,984                                          | 285,099                                          |
| Total funds carried<br>forward                   | 13 & 14 | 247,313                                                 | -                                                     | 247,313                                          | 376,984                                          |

The notes on pages 23 to 36 form part of the financial statements.

**Balance sheet****As at 31 March 2024**

|                                     |              |                | <b>Total<br/>Funds<br/>31 Mar 2024</b> | <b>Total<br/>Funds<br/>31 Mar 2023</b> |
|-------------------------------------|--------------|----------------|----------------------------------------|----------------------------------------|
|                                     | <b>Notes</b> | <b>£</b>       | <b>£</b>                               | <b>£</b>                               |
| <b>Fixed assets</b>                 |              |                |                                        |                                        |
| Tangible fixed assets               | 10           |                | -                                      | -                                      |
| <b>Current assets</b>               |              |                |                                        |                                        |
| Debtors and prepayments             | 11           | 226,822        |                                        | 147,114                                |
| Cash at bank and in hand            |              | 138,315        |                                        | 357,205                                |
|                                     |              | <b>365,137</b> |                                        | 504,319                                |
| <b>Creditors -</b>                  |              |                |                                        |                                        |
| amounts falling due within one year | 12           | (117,824)      |                                        | (127,335)                              |
| <b>Net current assets</b>           |              |                | <b>247,313</b>                         | 376,984                                |
| <b>Net assets</b>                   |              |                | <b>247,313</b>                         | 376,984                                |
| <b>Funds of the charity</b>         |              |                |                                        |                                        |
| Restricted funds                    | 13 & 14      |                | -                                      | 57,254                                 |
| Unrestricted funds:                 |              |                |                                        |                                        |
| General funds                       | 13 & 14      | 247,313        |                                        | 319,730                                |
|                                     |              |                | <b>247,313</b>                         | 319,730                                |
|                                     |              |                | <b>247,313</b>                         | 376,984                                |

The notes on pages 23 to 36 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

They were approved and authorised for issue by the Board of Trustees on 12 November 2024 and signed on their behalf by:



Thom Crabbe (Dec 13, 2024 16:34 GMT)

**THOM CRABBE**  
**CHAIR OF TRUSTEES**

# Statement of cash flows

For year ended 31 March 2024

|                                                                 | Total<br>Funds<br>Year ended<br>31 Mar 2024 |           | Total<br>Funds<br>Year ended<br>31 Mar 2023 |         |
|-----------------------------------------------------------------|---------------------------------------------|-----------|---------------------------------------------|---------|
|                                                                 | £                                           | £         | £                                           | £       |
| <b>Cash flows from operating activities:</b>                    |                                             |           |                                             |         |
| Net income/(expenditure) for period (as per SOFA)               |                                             | (129,671) |                                             | 91,885  |
| Adjustments for:                                                |                                             |           |                                             |         |
| Depreciation charges                                            | -                                           |           | 180                                         |         |
| (Increase)/decrease in accounts receivable                      | (69,983)                                    |           | 66,953                                      |         |
| (Increase)/decrease in accrued grant income                     | (6,933)                                     |           | -                                           |         |
| (Increase)/decrease in prepayments                              | (2,792)                                     |           | (632)                                       |         |
| Increase/(decrease) in accounts payables                        | 3,303                                       |           | (2,109)                                     |         |
| Increase/(decrease) in HMRC and pensions payable                | 21                                          |           | 10,146                                      |         |
| Increase/(decrease) in accruals                                 | 41                                          |           | (2,089)                                     |         |
| Increase/(decrease) in deferred revenue                         | (16,972)                                    |           | (25,000)                                    |         |
| Increase/(decrease) in credit card                              | 4,096                                       |           | (1,062)                                     |         |
|                                                                 |                                             | (89,219)  |                                             | 46,387  |
| <b>Net cash used in operating activities</b>                    |                                             | (218,890) |                                             | 138,272 |
| <b>Change in cash and cash equivalents in period</b>            |                                             | (218,890) |                                             | 138,272 |
| <b>Cash and cash equivalents at the beginning of the period</b> |                                             | 357,205   |                                             | 218,933 |
| <b>Cash and cash equivalents at the end of the period</b>       |                                             | 138,315   |                                             | 357,205 |

The notes on pages 23 to 36 form part of the financial statements.

# Notes to the financial statements

## 1. Accounting policies

### Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 2, and the Companies Act 2006.

The effect of any event relating to the year ended 31 March 2024, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2024 and the results for the year ended on that date.

The functional currency of the Charity is sterling and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

### Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment, and the ongoing economic environment has had no material impact on this assessment.

### Legal status

SurvivorsUK Ltd is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered address is Unit F, The Bagel Factory, 22 White Post Lane, London. E9 5SZ.

### Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds are unrestricted funds which have been designated for a specific purpose by the Trustees. The aim and use of each designated fund is set out in note 13 of the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 13 of the financial statements.

### Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

## **1. Accounting policies (continued from previous page)**

### **Income (continued from previous page)**

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

Income from charitable activities, including contract income and client fees, is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

Interest is recorded when it is receivable.

### **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated proportionate to total direct costs allocated to each project area, as outlined in note 5 of the financial statements.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### **Tangible fixed assets and depreciation**

All assets costing more than £1,000 are capitalised unless funded by restricted grants and donations.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on the following basis:

|                     |         |
|---------------------|---------|
| Computers equipment | 3 years |
|---------------------|---------|

### **Cash at bank and in hand**

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values but are not held for investment purposes.

### **Debtors and prepayments**

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

### **Creditors and accruals**

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

### **Critical estimates and judgements**

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The annual depreciation charge for tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

1. Accounting policies (continued from previous page)**Financial instruments**

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

**Pensions**

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

2. Comparative statement of financial activities

|                                              |         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2023<br>£ |
|----------------------------------------------|---------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
|                                              | Notes   |                                                         |                                                       |                                                  |
| Income from:                                 |         |                                                         |                                                       |                                                  |
| Donations and legacies                       | 3       | 50,475                                                  | 1,051,642                                             | 1,102,117                                        |
| Charitable activities                        | 4       | -                                                       | -                                                     | -                                                |
| <b>Total income</b>                          |         | <b>50,475</b>                                           | <b>1,051,642</b>                                      | <b>1,102,117</b>                                 |
| Expenditure on:                              |         |                                                         |                                                       |                                                  |
| Raising funds                                | 5 & 6   | 15,844                                                  | 9,422                                                 | 25,266                                           |
| Charitable activities:                       |         |                                                         |                                                       |                                                  |
| Delivery of counselling and other services   | 5 & 7   | -                                                       | 927,456                                               | 927,456                                          |
| Awareness raising                            | 5 & 8   | -                                                       | 57,510                                                | 57,510                                           |
| <b>Total expenditure</b>                     |         | <b>15,844</b>                                           | <b>994,388</b>                                        | <b>1,010,232</b>                                 |
| <b>Net income/(expenditure) for the year</b> |         | <b>34,631</b>                                           | <b>57,254</b>                                         | <b>91,885</b>                                    |
| Reconciliation of funds:                     |         |                                                         |                                                       |                                                  |
| Total funds brought forward                  | 13 & 14 | 285,099                                                 | -                                                     | 285,099                                          |
| Total funds carried forward                  | 13 & 14 | 319,730                                                 | 57,254                                                | 376,984                                          |

### 3. Income from donations and legacies

|              | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2024<br>£ |
|--------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Grant income | 11,433                                                  | 1,091,136                                             | 1,102,569                                        |
| Donations    | 31,863                                                  | 28,451                                                | 60,314                                           |
|              | <b>43,296</b>                                           | <b>1,119,587</b>                                      | <b>1,162,883</b>                                 |

  

|              | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2023<br>£ |
|--------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Grant income | 16,200                                                  | 1,037,297                                             | 1,053,497                                        |
| Donations    | 34,275                                                  | 14,345                                                | 48,620                                           |
|              | <b>50,475</b>                                           | <b>1,051,642</b>                                      | <b>1,102,117</b>                                 |

### 4. Income from charitable activities

|                                         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2024<br>£ |
|-----------------------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Other income from charitable activities | 2,700                                                   | -                                                     | 2,700                                            |
|                                         | <b>2,700</b>                                            | <b>-</b>                                              | <b>2,700</b>                                     |

  

|                                         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2023<br>£ |
|-----------------------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Other income from charitable activities | -                                                       | -                                                     | -                                                |
|                                         | <b>-</b>                                                | <b>-</b>                                              | <b>-</b>                                         |

**5. Total expenditure**

|                                               | <b>Direct<br/>staff<br/>costs</b> | <b>Other<br/>direct<br/>costs</b> | <b>Indirect<br/>staff<br/>costs</b> | <b>Other<br/>indirect<br/>costs</b> | <b>Total<br/>costs</b>            |
|-----------------------------------------------|-----------------------------------|-----------------------------------|-------------------------------------|-------------------------------------|-----------------------------------|
|                                               | <b>Year ended<br/>31 Mar 2024</b> | <b>Year ended<br/>31 Mar 2024</b> | <b>Year ended<br/>31 Mar 2024</b>   | <b>Year ended<br/>31 Mar 2024</b>   | <b>Year ended<br/>31 Mar 2024</b> |
|                                               | <b>£</b>                          | <b>£</b>                          | <b>£</b>                            | <b>£</b>                            | <b>£</b>                          |
| <b>Expenditure on:</b>                        |                                   |                                   |                                     |                                     |                                   |
| Raising funds                                 | 21,700                            | 865                               | 911                                 | 3,516                               | <b>26,992</b>                     |
| Charitable activities                         |                                   |                                   |                                     |                                     |                                   |
| Delivery of counselling<br>and other services | 942,882                           | 58,869                            | 40,437                              | 156,096                             | <b>1,198,284</b>                  |
| Awareness raising                             | 56,186                            | 2,316                             | 2,360                               | 9,116                               | <b>69,978</b>                     |
|                                               | <b>1,020,768</b>                  | <b>62,050</b>                     | <b>43,708</b>                       | <b>168,728</b>                      | <b>1,295,254</b>                  |
|                                               |                                   |                                   |                                     |                                     |                                   |
|                                               | <b>Direct<br/>staff<br/>costs</b> | <b>Other<br/>direct<br/>costs</b> | <b>Indirect<br/>staff<br/>costs</b> | <b>Other<br/>indirect<br/>costs</b> | <b>Total<br/>costs</b>            |
|                                               | <b>Year ended</b>                 | <b>Year ended</b>                 | <b>Year ended</b>                   | <b>Year ended</b>                   | <b>Year ended</b>                 |
|                                               | <b>31 Mar 2023</b>                | <b>31 Mar 2023</b>                | <b>31 Mar 2023</b>                  | <b>31 Mar 2023</b>                  | <b>31 Mar 2023</b>                |
|                                               | <b>£</b>                          | <b>£</b>                          | <b>£</b>                            | <b>£</b>                            | <b>£</b>                          |
| <b>Expenditure on:</b>                        |                                   |                                   |                                     |                                     |                                   |
| Raising funds                                 | 19,336                            | 815                               | 812                                 | 4,303                               | 25,266                            |
| Charitable activities                         |                                   |                                   |                                     |                                     |                                   |
| Delivery of counselling<br>and other services | 699,780                           | 39,927                            | 29,808                              | 157,941                             | 927,456                           |
| Awareness raising                             | 34,655                            | 11,214                            | 1,847                               | 9,794                               | 57,510                            |
|                                               | <b>753,771</b>                    | <b>51,956</b>                     | <b>32,467</b>                       | <b>172,038</b>                      | <b>1,010,232</b>                  |

Indirect costs have been allocated based on the proportion of direct costs attributable to each activity.

An analysis of costs of raising funds split between restricted and unrestricted funds can be found in note 6.

An analysis of charitable activities split between restricted and unrestricted funds can be found in notes 7 & 8.

An analysis of staff costs can be found in note 9.

Indirect costs includes:

|                      | <b>Total<br/>costs</b>            | Total<br>costs            |
|----------------------|-----------------------------------|---------------------------|
|                      | <b>Year ended<br/>31 Mar 2024</b> | Year ended<br>31 Mar 2023 |
|                      | <b>£</b>                          | £                         |
| Staff costs          | <b>43,709</b>                     | 32,468                    |
| Administrative costs | <b>37,598</b>                     | 22,217                    |
| Finance costs        | <b>17,707</b>                     | 16,613                    |
| Premises costs       | <b>66,616</b>                     | 68,724                    |
| Other staff costs    | <b>24,615</b>                     | 20,672                    |
| IT costs             | <b>16,692</b>                     | 37,367                    |
| Governance costs     | <b>5,500</b>                      | 6,444                     |
|                      | <b>212,437</b>                    | 204,505                   |

Governance costs includes:

|                 | <b>Total<br/>costs</b>            | Total<br>costs            |
|-----------------|-----------------------------------|---------------------------|
|                 | <b>Year ended<br/>31 Mar 2024</b> | Year ended<br>31 Mar 2023 |
|                 | <b>£</b>                          | £                         |
| Statutory audit | <b>4,465</b>                      | 5,622                     |
| Insurance       | <b>1,035</b>                      | 822                       |
|                 | <b>5,500</b>                      | 6,444                     |

**6. Expenditure on raising funds**

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2024</b> | <b>Year ended<br/>31 Mar 2024</b> | <b>Year ended<br/>31 Mar 2024</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | 21,700                            | -                                 | 21,700                            |
| Direct other costs | 865                               | -                                 | 865                               |
| Indirect costs     | 4,427                             | -                                 | 4,427                             |
|                    | <b>26,992</b>                     | <b>-</b>                          | <b>26,992</b>                     |

  

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2023</b> | <b>Year ended<br/>31 Mar 2023</b> | <b>Year ended<br/>31 Mar 2023</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | 12,125                            | 7,211                             | 19,336                            |
| Direct other costs | 511                               | 304                               | 815                               |
| Indirect costs     | 3,208                             | 1,907                             | 5,115                             |
|                    | <b>15,844</b>                     | <b>9,422</b>                      | <b>25,266</b>                     |

**7. Expenditure on charitable activities – delivery of counselling and other services**

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2024</b> | <b>Year ended<br/>31 Mar 2024</b> | <b>Year ended<br/>31 Mar 2024</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | -                                 | 942,882                           | 942,882                           |
| Direct other costs | -                                 | 58,869                            | 58,869                            |
| Indirect costs     | 86,377                            | 110,156                           | 196,533                           |
|                    | <b>86,377</b>                     | <b>1,111,907</b>                  | <b>1,198,284</b>                  |

  

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2023</b> | <b>Year ended<br/>31 Mar 2023</b> | <b>Year ended<br/>31 Mar 2023</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | -                                 | 699,780                           | 699,780                           |
| Direct other costs | -                                 | 39,927                            | 39,927                            |
| Indirect costs     | -                                 | 187,749                           | 187,749                           |
|                    | <b>-</b>                          | <b>927,456</b>                    | <b>927,456</b>                    |

## 8. Expenditure on charitable activities – awareness raising

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2024 | Year ended<br>31 Mar 2024 | Year ended<br>31 Mar 2024 |
|                    | £                         | £                         | £                         |
| Direct staff costs | -                         | 56,186                    | 56,186                    |
| Direct other costs | -                         | 2,316                     | 2,316                     |
| Indirect costs     | 5,044                     | 6,432                     | 11,476                    |
|                    | <b>5,044</b>              | <b>64,934</b>             | <b>69,978</b>             |

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2023 | Year ended<br>31 Mar 2023 | Year ended<br>31 Mar 2023 |
|                    | £                         | £                         | £                         |
| Direct staff costs | -                         | 34,655                    | 34,655                    |
| Direct other costs | -                         | 11,214                    | 11,214                    |
| Indirect costs     | -                         | 11,641                    | 11,641                    |
|                    | -                         | 57,510                    | 57,510                    |

## 9. Staff costs

|                    | Total<br>costs            | Total<br>costs            |
|--------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2024 | Year ended<br>31 Mar 2023 |
|                    | £                         | £                         |
| Gross salaries     | 956,834                   | 705,348                   |
| Employer's NIC     | 82,645                    | 64,433                    |
| Employer's pension | 24,997                    | 16,458                    |
|                    | <b>1,064,476</b>          | 786,239                   |

The average headcount during the period was 37 persons (2023: 30 persons).

No employee received employee benefits of more than £60,000 (2023: Nil).

The total employee benefits paid to key management personnel during the year was £162,488 (2022: £132,500).

**10. Tangible fixed assets**

|                                 | <b>Computer<br/>equipment</b> | <b>Total<br/>fixed assets</b> |
|---------------------------------|-------------------------------|-------------------------------|
|                                 | <b>£</b>                      | <b>£</b>                      |
| <b>Cost</b>                     |                               |                               |
| As of 1 April 2023              | 5,871                         | <b>5,871</b>                  |
| As of 31 March 2024             | <b>5,871</b>                  | <b>5,871</b>                  |
| <b>Accumulated depreciation</b> |                               |                               |
| As of 1 April 2023              | 5,871                         | <b>5,871</b>                  |
| Charge in the year              | -                             | -                             |
| As of 31 March 2024             | <b>5,871</b>                  | <b>5,871</b>                  |
| <b>Net book value</b>           |                               |                               |
| As of 1 April 2023              | -                             | -                             |
| As of 31 March 2024             | -                             | -                             |

**11. Debtors and prepayments**

|                      | <b>Total<br/>31 Mar 2024</b> | <b>Total<br/>31 Mar 2023</b> |
|----------------------|------------------------------|------------------------------|
|                      | <b>£</b>                     | <b>£</b>                     |
| Accounts receivable  | <b>182,162</b>               | 112,179                      |
| Accrued grant income | <b>6,933</b>                 | -                            |
| Premises deposit     | <b>12,674</b>                | 12,674                       |
| Prepayments          | <b>25,053</b>                | 22,261                       |
|                      | <b>226,822</b>               | 147,114                      |

**12. Creditors: amounts falling due within one year**

|                  | <b>Total</b>       | <b>Total</b>       |
|------------------|--------------------|--------------------|
|                  | <b>31 Mar 2024</b> | <b>31 Mar 2023</b> |
|                  | <b>£</b>           | <b>£</b>           |
| Accounts payable | 14,123             | 10,820             |
| Credit card      | 4,271              | 175                |
| HMRC payable     | 21,785             | 22,026             |
| Pensions payable | 5,756              | 5,494              |
| Deferred revenue | 63,229             | 80,201             |
| Accruals         | 8,660              | 8,619              |
|                  | <b>117,824</b>     | <b>127,335</b>     |

Deferred income consists of the following deferred grants:

|                                       | <b>Total</b>       | <b>Total</b>       |
|---------------------------------------|--------------------|--------------------|
|                                       | <b>31 Mar 2024</b> | <b>31 Mar 2023</b> |
|                                       | <b>£</b>           | <b>£</b>           |
| As of 1 April 2023                    | 80,201             | 105,201            |
| Amount released to income in the year | (80,201)           | (105,201)          |
| Amount deferred in the year           | 63,229             | 80,201             |
| As of 31 March 2024                   | <b>63,229</b>      | <b>80,201</b>      |

**13. Analysis of charity funds**

|                                  | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2024<br>£ | Income<br>received<br>in period<br>Year ended<br>31 Mar 2024<br>£ | Resources<br>expended<br>in period<br>Year ended<br>31 Mar 2024<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2024<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2024<br>£ |
|----------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Unrestricted funds</b>        |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| General funds                    | 319,730                                                         | 45,996                                                            | (118,413)                                                            | -                                                               | 247,313                                                         |
|                                  | <b>319,730</b>                                                  | <b>45,996</b>                                                     | <b>(118,413)</b>                                                     | <b>-</b>                                                        | <b>247,313</b>                                                  |
| <b>Restricted funds</b>          |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| Bolt Burdon Kemp                 | -                                                               | 28,451                                                            | (28,451)                                                             | -                                                               | -                                                               |
| Holistic Trauma Outreach Project | -                                                               | 26,532                                                            | (26,532)                                                             | -                                                               | -                                                               |
| Ministry of Justice - Website    | -                                                               | 127,463                                                           | (127,463)                                                            | -                                                               | -                                                               |
| MOPAC - Male Rape Support Fund   | 38,801                                                          | 479,604                                                           | (518,405)                                                            | -                                                               | -                                                               |
| National Lottery Community Fund  | 18,453                                                          | -                                                                 | (18,453)                                                             | -                                                               | -                                                               |
| NHS England                      | -                                                               | 132,107                                                           | (132,107)                                                            | -                                                               | -                                                               |
| NHS England - prison support     | -                                                               | 63,229                                                            | (63,229)                                                             | -                                                               | -                                                               |
| Transformation Fund              | -                                                               | 176,593                                                           | (176,593)                                                            | -                                                               | -                                                               |
| VSSS                             | -                                                               | 85,608                                                            | (85,608)                                                             | -                                                               | -                                                               |
|                                  | <b>57,254</b>                                                   | <b>1,119,587</b>                                                  | <b>(1,176,841)</b>                                                   | <b>-</b>                                                        | <b>-</b>                                                        |
|                                  | <b>376,984</b>                                                  | <b>1,165,583</b>                                                  | <b>(1,295,254)</b>                                                   | <b>-</b>                                                        | <b>247,313</b>                                                  |

**Restricted funds – Bolt Burdon Kemp**

This is support towards an ISVA worker.

**Restricted funds – Holistic Trauma Outreach Project**

This is funding from Westminster City Council for a holistic trauma outreach project.

**Restricted funds – MOPAC – Male Rape Support Fund**

This is funding to support both the counselling work and also several Independent Sexual Violence Advisors in London.

**Restricted funds – Ministry of Justice – Website**

A further one-year grant was awarded in 2017-2018 to develop and run the National Male Survivor website and information project. This included the delivery of a national emotional support service using digital delivery methods.

**Restricted funds – National Lottery Community Fund**

This is a three year grant to support groupwork and counselling.

### 13. Analysis of charity funds (continued from previous page)

#### Restricted funds – NHS

This is a grant to support work with the NHS.

#### Restricted funds – NHS prison support

This is a grant to support work within prison services in collaboration with the NHS.

#### Restricted funds – Transformation Fund

This is a project co-ordinated by the Women and Girl's Network to support counselling work.

#### Restricted funds – Transformation Fund

This is a project co-ordinated by ManKind in collaboration with the Home Office to support counselling work.

|                                  | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2023<br>£ | Income<br>received<br>in period<br>Year ended<br>31 Mar 2023<br>£ | Resources<br>expended<br>in period<br>Year ended<br>31 Mar 2023<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2023<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2023<br>£ |
|----------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Unrestricted funds</b>        |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| General funds                    | 285,099                                                         | 50,475                                                            | (15,844)                                                             | -                                                               | 319,730                                                         |
|                                  | <u>285,099</u>                                                  | <u>50,475</u>                                                     | <u>(15,844)</u>                                                      | <u>-</u>                                                        | <u>319,730</u>                                                  |
| <b>Restricted funds</b>          |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| Bolt Burdon Kemp                 | -                                                               | 14,345                                                            | (14,345)                                                             | -                                                               | -                                                               |
| Holistic Trauma Outreach Project | -                                                               | 25,760                                                            | (25,760)                                                             | -                                                               | -                                                               |
| Lloyds Bank Foundation           | -                                                               | 25,000                                                            | (25,000)                                                             | -                                                               | -                                                               |
| Ministry of Justice - Website    | -                                                               | 149,463                                                           | (149,463)                                                            | -                                                               | -                                                               |
| MOPAC - Male Rape Support Fund   | -                                                               | 451,132                                                           | (412,331)                                                            | -                                                               | 38,801                                                          |
| National Lottery Community Fund  | -                                                               | 136,923                                                           | (118,470)                                                            | -                                                               | 18,453                                                          |
| NHS England                      | -                                                               | 127,210                                                           | (127,210)                                                            | -                                                               | -                                                               |
| Transformation Fund              | -                                                               | 121,809                                                           | (121,809)                                                            | -                                                               | -                                                               |
|                                  | <u>-</u>                                                        | <u>1,051,642</u>                                                  | <u>(994,388)</u>                                                     | <u>-</u>                                                        | <u>57,254</u>                                                   |
|                                  | <u>285,099</u>                                                  | <u>1,102,117</u>                                                  | <u>(1,010,232)</u>                                                   | <u>-</u>                                                        | <u>376,984</u>                                                  |

#### Restricted funds – Lloyds Bank Foundation

This was a three year grant to support groupwork and counselling.

**14. Analysis of net assets**

|                     | Unrestricted<br>funds | Restricted<br>funds | Total<br>funds |
|---------------------|-----------------------|---------------------|----------------|
|                     | 31 Mar 2024           | 31 Mar 2024         | 31 Mar 2024    |
|                     | £                     | £                   | £              |
| Fixed assets        | -                     | -                   | -              |
| Current assets      | 301,908               | 63,229              | 365,137        |
| Current liabilities | (54,595)              | (63,229)            | (117,824)      |
|                     | <b>247,313</b>        | <b>-</b>            | <b>247,313</b> |
|                     |                       |                     |                |
|                     | Unrestricted<br>funds | Restricted<br>funds | Total<br>funds |
|                     | 31 Mar 2023           | 31 Mar 2023         | 31 Mar 2023    |
|                     | £                     | £                   | £              |
| Fixed assets        | -                     | -                   | -              |
| Current assets      | 366,864               | 137,455             | 504,319        |
| Current liabilities | (47,134)              | (80,201)            | (127,335)      |
|                     | <b>319,730</b>        | <b>57,254</b>       | <b>376,984</b> |

**15. Analysis of net debt**

|                           | As at<br>1 Apr 2023 | Cash flows       | Other<br>movements | As at<br>31 Mar 2024 |
|---------------------------|---------------------|------------------|--------------------|----------------------|
|                           | £                   | £                | £                  | £                    |
| Cash and cash equivalents |                     |                  |                    |                      |
| Cash at bank              | 357,205             | (218,890)        | -                  | 138,315              |
|                           | <b>357,205</b>      | <b>(218,890)</b> | <b>-</b>           | <b>138,315</b>       |
|                           |                     |                  |                    |                      |
|                           | As at<br>1 Apr 2022 | Cash flows       | Other<br>movements | As at<br>31 Mar 2023 |
|                           | £                   | £                | £                  | £                    |
| Cash and cash equivalents |                     |                  |                    |                      |
| Cash at bank              | 218,933             | 138,272          | -                  | 357,205              |
|                           | <b>218,933</b>      | <b>138,272</b>   | <b>-</b>           | <b>357,205</b>       |

16. Other financial commitments

At 31 March 2024, the Charity had annual future minimum lease payments under non-cancellable operating leases (all for property) as set out below:

|                      | Total<br>31 Mar 2024<br>£ | Total<br>31 Mar 2023<br>£ |
|----------------------|---------------------------|---------------------------|
| In one year          | 50,694                    | 50,694                    |
| In two to five years | 88,715                    | 139,409                   |
|                      | <u>139,409</u>            | <u>190,103</u>            |

17. Trustee remuneration

During the year, no Trustee received any remuneration (2023: £Nil). No members of the Board of Trustees received reimbursement of travel expenses to meetings (2023: Nil).

18. Related party transactions

During the year there were no related party transactions (2023: £Nil).



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# Accounts

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## Annual Report 2022-23

Charity registration - 1077484

Company number - 03792760



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## Legal and administrative information

### Charity name

SurvivorsUK Ltd

### Charity registration no.

1077484

### Company registration no.

03792760

### Registered office and contact details

Unit F, The Bagel Factory  
22 White Post Lane  
London  
E9 5SZ

### Trustees

|                 |                             |
|-----------------|-----------------------------|
| Thom Crabbe     | Chair                       |
| Tanaka Mhishi   |                             |
| David Raeburn   |                             |
| Jemma Ansell    | appointed 20 September 2022 |
| Tahreen Dewan   | appointed 20 September 2022 |
| Samuel Peterson | appointed 20 September 2022 |
| Nerissa Steel   | appointed 20 September 2022 |

### Chief Executive

Gary Williams

### Principal bankers

Unity Trust Bank  
4 Brindley Place  
Birmingham, B1 2JB

### Independent auditor

SBM Associates Limited, trading as SBM & Co  
24 Wandsworth Road  
London  
SW8 2JW

### Accountants

Andy Nash Accounting & Consultancy Ltd  
Units 24 & 25, Goodsheds Container Village  
Hood Road  
Barry, CF62 5QU

# Welcome

## Message from the Chair

I am delighted to present Survivors UK's Annual Report and Accounts for the financial year 2022/23. Throughout the year, we have remained committed to offering a comprehensive range of support services to survivors in Greater London, while also extending our reach across the UK through awareness campaigns and our online helpline service. Despite facing challenges in meeting the high demand for our services in some areas, we have maintained financial stability, with our income slightly exceeding our expenditure.

In our ongoing efforts to enhance our impact, we are actively exploring plans to diversify our funding sources and seeking collaborative opportunities with sector partners. With the addition of a dedicated communications role, we are expanding our presence on social media, elevating our profile in relation to pertinent news and policy agendas.

A heartfelt thank you goes out to all our funders and supporters, many of whom have steadfastly stood by Survivors UK for many years. Your unwavering support is the foundation upon which all our work rests. I also extend my gratitude to our exceptional staff team, who have adeptly navigated hybrid ways of operating in the post-pandemic world.

As we continue to evolve to meet the needs of our clients, we now offer face-to-face support at more locations, complementing our existing online services. I encourage you to delve into the details of our services and finances for the year, and I sincerely hope that you will continue supporting this remarkable organisation in every way you can.

  
Thom Crabbe (Dec 18, 2023 14:08 GMT)

**THOM CRABBE**  
**CHAIR OF TRUSTEES**

## Trustees annual report

The Board of Trustees, who are also Directors of the Charity for the purposes of the Companies Act, and Trustees for charity law purposes, submit their annual report and the financial statements of SurvivorsUK for the year ended 31 March 2023.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

### Aims and objectives

#### Our vision

Every survivor of sexual violence, regardless of gender identity, is empowered to speak out and seek support.

#### Purpose and aims

SurvivorsUK's objective is to provide practical and emotional support to men, boys and gender nonconforming people who have experienced sexual violence, and to promote any charitable purpose for the benefit of our clients and their friends, families and loved ones.

We also work to raise awareness of the extent of sexual violence against men, boys and gender nonconforming people – to encourage them to seek the help and support they want and to improve professional practice of those who work with them, such as the police, health and social care professionals.

SurvivorsUK was established in 1986 and incorporated as a registered charity in June 1999. Today, the charity is the only specialist service in London helping men, boys and gender nonconforming people navigate the impact of sexual violence. Nationally, we provide help and support through our website, telephone, online helpline services and Group Work. In London we provide face-to-face counselling, group work, Independent Sexual Violence Advisors (ISVA), outreach and engagement services and clinics for legal advice and sexual health.

Our aim is to help any man, boy or gender nonconforming person over the age of 13 who has experienced sexual violence feel empowered to speak about what has happened to them and to be able to access support, should they want it, so they can deal with the devastating impact that sexual violence can have on all aspects of their life.

#### Our approach

SurvivorsUK has identified the three pillars which underpin our activities, communications, ethos, operations and identity:

#### We **Support**

At its core, our organisation will continue to offer services, designed to support our beneficiaries in crucial ways that are not delivered holistically elsewhere.

We will continually monitor and develop these services in order to assess and meet the needs of our beneficiaries, and will not fear adaptation, innovation and change. An empowerment approach forms the basis of all our services.

#### We **Challenge**

Our beneficiaries' needs, and the wider context of abuse and power, are not always acknowledged or understood by statutory services, and the general public does not consistently acknowledge their

existence.

We boldly challenge this invisibility, to raise awareness and ensure better service provision and support in the future.

## We **Build**

The beneficiaries we support often feel isolated, so we connect them with each other in safer spaces, and build physical and online communities. We include friends, families and the general public to build communities of allies and supporters.

We focus on cementing and growing our presence into a firm foundation for a genuine movement for support and change.

## Delivering Public Benefit

SurvivorsUK's objectives and activities fully reflect the purposes that the charity was set up to further. There is an inherent public benefit in raising public awareness of the extent of sexual violence against men and boys so that more feel confident to talk about their experiences, seek help, and access appropriate support. The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and activities, and when planning activities.

## Context

The impact of rape and sexual abuse is enormous and can affect all aspects of people's lives.

The personal difficulties that survivors present to us are extensive, including: relationship difficulties, self-esteem issues, Post Traumatic Stress Disorder, sexual health problems, severe anxiety, depression, suicide attempts and suicidal thoughts, drug or alcohol problems, anger management issues or a declared mental health diagnosis. It is common for survivors to present with dual diagnoses and complex mental health diagnoses such as personality disorders and psychosis. Many have been turned away or even banned from statutory and other third sector services.

We aim to highlight the need for greater awareness of how to respond to male and gender nonconforming victims and survivors among professionals, and for improved responses so that those seeking help have a better experience.

Of the people we help directly, over half report that they were abused as children. Very many present with complex, multiple and acute needs, are experiencing hardship or significant ill-health. The majority of our face-to-face service users are unwaged, on benefits or receiving a state pension.

In a context of increasing economic adversity and inequality we see that the exacerbation of our clients' acute and complex needs has a direct relationship on their capacity to recover from the repercussions of rape and sexual abuse in both the short and long terms. The significant disruption to clients who prefer face-to-face contact during the pandemic has a long-lasting legacy.

For the small minority of clients who choose to report their experiences to the police (3.9% as of our 2015, according to Silent Suffering, Supporting Male Survivors of Sexual Assault), continuing delays and logistical difficulties mean that many survivors see the impact of abuse extended or deferred, resulting in significant distress and higher levels of risk. This is compounded by a media landscape in which high-profile allegations of sexual violence against public figures can foreground harmful societal attitudes towards masculinity (for example, the assumption that men are 'strong' so they could have fought off the attacker), or that sexual violence against gay and bisexual men is acceptable.

The disproportionate impact of sexual violence on black and transgender communities, coupled with widely reported police misconduct is a significant factor in damaging the ability of survivors to confidently access justice and support within the wider criminal justice and social care systems.

Clients have told us about their typically negative experiences seeking help from non-specialist organisations. Some report being turned away because their gender identity doesn't fit within an organisation's definitions or target groups. Others have been asked inappropriate questions or were treated as offenders rather than victims.

## Our service users

### Who do we support?

SurvivorsUK was established as a service for male victims and survivors to cater for people not provided for by other services. We are an inclusive service and welcome people with male and non-binary identities, or anyone who thinks we're the right fit for them. Additionally, we encourage those affected by sexual violence perpetrated against our client group, such as friends, family or loved ones, to contact us.

### What do we mean by sexual violence?

We use the phrase 'sexual violence' to recognise that violence can take many forms, not just physical, and to include any unwanted or non-consensual act performed against a man, boy or non-binary person at any time in their life.

## Achievements and performance

### Key impact 2021/22

- 2,827 people have benefitted from our National Online Male Survivors Helpline this year, with 87% of post-chat survey respondents saying they would recommend the service to others.
- Last year, SurvivorsUK supported over 1,280 survivors through our ISVA, Westminster Project, Groups and Counselling services.
- A total of 248 clients attended our group work sessions.
- We have actively participated in several MOPAC redesign sessions for the reporting and care pathway for survivors of sexual violence, representing the voices of our male and non-binary clients within this reform. This review is an ongoing part of Operation Soteria Bluestone, which is due for launch in Summer 2023.
- Development of Prison Link Worker role, delivering counselling and advocacy support to prisoners in three different London prisons, and improving awareness and understanding of sexual violence and the specific needs of male survivors among London prisons staff.
- The counselling team have teamed up with Mankind, We Are Survivors, West Yorkshire Survivors and First Step to deliver therapy to clients that live across the UK and outside of the areas otherwise served by the consortium members.
- Two of our ISVAS were nominated by LimeCulture as part of their LimeLight Awards, recognising the exceptional standard of service they provide to survivors. Spotlight: Group Work

### Spotlight: Group Work

***Group Work provides different ways for service users to connect with other survivors, tell their truth and share experiences. We offer a wide range of groups that cater for a variety of service user needs – from emotional peer support to creative exploration – with group facilitators and fellow group members there for support.***

### Overview

The foundation of our groups is to provide emotional support, psychoeducation, and creative expression in a safe communal space for survivors and their loved ones to move through the healing process of the trauma of sexual violence and abuse.

In the last year SurvivorsUK has successfully continued and enhanced various group programs that cater to the expressed needs of survivors. These programs include regular weekly, fortnightly, and monthly specialist groups, predominantly conducted online to ensure accessibility.

During this time we have run 14 group programmes facilitated by a dedicated Group Work facilitator,

along with counsellors, and members of our Independent Sexual Violence Advisor (ISVA) team.

### The CORE group

The CORE group is a bespoke, 12-week integrative therapeutic group intervention, tailored specifically to each cohort of survivors. It integrates different therapeutic modalities, including group psychotherapy theory, CBT, humanistic theories, and psychodynamic theories. Each group is facilitated by an accredited psychotherapist and another therapist or experienced group facilitator.

The group is based on respect, care, support and mutuality. Group members have all had situations of sexual violence in which trust and control were taken away and the ethos of the group is to give members full control of how they participate, within the group agreement. Survivors shape the course of the topics covered and are supported in exploring these areas with the facilitators.

During March 22 to April 23, we continued with our cycle of having two parallel groups running consecutively on Monday and Friday evenings. In this period, we therefore delivered nine unique groups each with around 12 attendees from diverse backgrounds and of different experiences.

### Key Developments

#### Specialist groups

Our specialist, bespoke groups for underrepresented populations such as BAM (Black, Asian & Mixed Heritage), Young People's and Trans, Non-Binary & Gender Questioning survivors have continued and gathered momentum building on the previous two years. With regular attendance, the need to maintain supportive and healing spaces for survivors where experiences of sexual violence and abuse intersects with protected characteristics has proven crucial.

#### Tune-in Tuesdays

This monthly group has been conducted consistently over the course of the year, adapting from its initial purpose of providing support to survivors who experienced feelings of isolation during the lockdown period. This time of reflection has brought about a mix of both painful and positive experiences for participants.

In this group, we adhere to a structured format consisting of themed sessions. The topics for these sessions are generated by the survivors themselves during the check-in process. Since the number of attendees can reach up to 20 individuals, the check-in is often divided between the two facilitators. Subsequently, the identified topics are explored further within smaller groups, and each session concludes with a grounding exercise.

#### ice&fire participatory theatre group

This participatory group project developed as an extension of the creative writing group, in collaboration with ice&fire theatre group, which amplifies the voices of marginalised communities. The group provides a platform for clients to share experiences and they have collaborated on A Survivors Manifesto, meditating on the experience of being a survivor and how this informs their worldview.

The project started in May 2022 and has conducted 16 sessions thus far during this period. Facilitators are present to provide psychological and emotional support throughout the process. The sessions involve a combination of writing and performance, encompassing various forms such as poetry, prose, improvisation, clowning, and acting. The group concluded in the summer of 2023 with a group performance held in a theatre.

#### Dungeons & Dragons Group

The Dungeons & Dragons group is a facilitated role-playing gaming session which enables survivors to explore aspects of their personality and some of the impact of trauma through fantasy and roleplay.

During this period two D&D groups have met every two weeks on alternating weeks, facilitated by counsellor Lee White and professional games master Lloyd. In addition to the game group, there is a monthly talking group that allows participants to discuss and delve into any issues that may have arisen during the game sessions and how they relate to their own experiences of sexual trauma.

Between April 2022 and March 2023, there have been a total of 40 Dungeons and Dragons game groups and 11 talking groups conducted. These sessions have continued to prove popular and beneficial to clients in reshaping childhood dynamics through gameplay and working through conflicts in a secure and collaborative space.

### Surviving Chemsex

This group stemmed from a recurring theme in group discussions, where we recognised that a significant number of our clients spoke about being victims of sexual violence whilst involved in the Chems scene, or had already been survivors of abuse and later been drawn towards the scene.

This group had unique issues which were not always understood in a wider context. It has been facilitated by two practitioners who have experience of working with those with issues around substance misuse. The group has between six and eight weekly sessions and to date we have run four separate programmes. All intakes are then also invited to a monthly ongoing Chemsex group as isolation, stigma, triggers, and the fear of returning to the Chems scene are all prevalent.

### Allies Group

The vicarious effects of trauma can have a huge burden upon the people supporting the survivor – partners, family members, friends – who often themselves lack support and community. The Allies group is a safe space for people of any gender who are supporting a male or non-binary survivor to congregate.

The group has been meeting on a monthly basis over the past year. The attendance has varied, with an increase in new referrals towards the end of 2022. Currently, we have a consistent group of 9 individuals who attend the sessions intermittently. The topics covered in the group have encompassed areas such as maintaining confidentiality, self-care for allies, disclosure, understanding trauma and its symptoms, and family dynamics, among others.

| Groupwork impact                                                       |                   |
|------------------------------------------------------------------------|-------------------|
| New referrals                                                          | 215 (-4%)         |
| CORE group attendance                                                  | 88 (-18%)         |
| Ongoing CORE group attendance (average)                                | 12 (-20%)         |
| Get Together group attendance (average)                                | 12 (-33%)         |
| Tune-in Tuesdays group attendance                                      | 77 (+38%)         |
| Dungeons and Dragons group attendance                                  | 13 (+33%)         |
| Creative Writing group attendance                                      | 10 (-33%)         |
| BAM group attendance                                                   | 10 (-16%)         |
| Trans, Non-Binary and Gender Questioning group attendance              | 4 (-66%)          |
| Surviving Chemsex group attendance                                     | 20 (+81%)         |
| Speaking About Sex in the Context of Being a Survivor group attendance | 8 (+12%)          |
| Overall clients supported through Group Work                           | 248 + open groups |

## Case Study

R originally made contact with one of the groupwork facilitators through a series of ZOOM calls. As a survivor of childhood and adult sexual abuse he had always felt his life had been blighted by the idea that by having two different abusers he was somehow responsible for what had happened.

Logically he knew that he was not to blame – he said he could think it but he could not feel it. He also had a distrust of men and was worried about going to a group where everyone identified as male or non-binary. However, he decided he had nothing to lose but to give it a go and was advised that if it didn't work out it should not be seen as a failure on his part.

R was initially reluctant to open up in the sessions, saying that his working-class background had never allowed for an environment where men should talk. However, once he started talking, he felt listened to and understood for the first time ever. He told the group that his parents' reaction to his childhood abuse – they had responded by telling him never to speak to them again, citing that he had always been a 'difficult child' – had been more traumatic than the abuse itself.

He found the reception from the group in not just believing him but understanding him to be quite overwhelming. At first he needed regular contact from a facilitator between sessions. However, as the 12 session programme progressed he gained confidence in telling his story. He also enjoyed being in the company of a diverse group of men, saying that many of his pre-conceptions about males of different cultural and educational backgrounds, different ages and sexualities had caused him to see males in a different way and that the brotherhood of survivorship offered a far greater reach than the restrictive circles he had previously engaged with.

By the end of the sessions R had moved away from his family feeling that he had created a new one of his own built on the values of compassion, trust and empathy.

## Spotlight: Counselling Services

***Our counselling services offer survivors the opportunity to speak in-depth about their experiences to a professional on a one-to-one basis. The sessions are trauma-informed, person-centred, and are led by the client and their needs.***

### Overview

The counselling team have been providing client-centered sessions to the service users that have been on the waiting list for the last few years. During 2022-23 counsellors supported 730 clients and provided 2409 sessions.

At the beginning of the 2022-23 period the counselling team consisted of five individual counsellors and one-session support counsellor, fulfilling the equivalent of 3.5 full-time posts. By the end of the year we have rebuilt the counselling team to a full complement of 12 counsellors, including the development of new roles specializing in supporting Black, Asian and Mixed Heritage clients, Eye Movement Desensitization and Reprocessing (EMDR) therapy, young people and Swift Response support (see key developments).

Demand for our service continues to outstrip our resources. We typically add around 10- 20 cases to the waiting list every month, and only close a maximum of 10 cases per month. The residual impact of the coronavirus pandemic and austerity continue to be felt by many of our clients, their mental health and access to other services. This has increased demand upon our services and extended the length of counselling each client requires.

### Key developments

#### Swift Response Team

The Swift Response team provide up to 12 sessions to clients on the waiting list, with a view to either closing their case if the support is adequate or put them back onto the waiting list for longer-term therapy. This will need to be developed based on client and staff feedback.

The Swift Response team were introduced in November 2022 and have started to offer 6-12 sessions to

clients currently on the waiting list for counselling. Currently we have two counsellors working their way through the clients from 2021 and 2022 to offer spaces to clients waiting the longest. Eventually, they will be offering clients that come to our service the support they need straight from assessment.

### BAM counsellor role

We currently have two counsellors offering our Black, Asian and Mixed Heritage clients counselling spaces. This role was developed to centre on the experience of race intersecting with trauma. These roles allow us to connect with more BAM clients and encourage them to use our services.

### Young persons counsellor role

We now have three counsellors trained to support our young clients, including one specific role that was created to address the needs of our young clients, particularly in the 13-18 years old age group. The young persons counsellor helps to reach, engage and work with survivors in this age group.

### EMDR counsellor

Our Eye Movement Desensitisation and Reprocessing (EMDR) counsellor offers clients another trauma-informed method of support. EMDR encourages service users to briefly focus on the trauma memory while simultaneously experiencing bilateral stimulation (typically eye movements), which is associated with a reduction in the vividness and emotion associated with traumatic memories.

Our EMDR counsellor is currently working with 14 clients from the current waiting list, offering 12 sessions of EMDR therapy with the potential of another 12 sessions of talking therapy. This allows the client to have a holistic journey after experiencing intense trauma therapy.

### Prison Link Worker

Sexual violence in prisons has long been ignored, leaving men without adequate support. Over the past year we have been part of a committee with HM Prison Service, Metropolitan Police and NHS England to create a Service that reflects the serious sexual assaults within prisons in London.

The Prison Link Worker role has been developed to raise awareness amongst prison staff of the appropriate responses to sexual violence and gather evidence about the needs of male survivors in prison to inform future service provision. Project findings will be disseminated among relevant organisations within the rape/sexual assault sector and more widely (e.g. mental health, homelessness, HIV charities, drug and alcohol services, LGBT+).

This role was introduced in Summer 2023, and will work in close partnership with three London prisons, providing counselling and advocacy support to prisoners and building understanding with prison staff. The project has been met with great enthusiasm by the prisons our Head of Services has visited, and we anticipate many positive outcomes moving forward.

| Counselling impact             |             |
|--------------------------------|-------------|
| New referrals                  | 271 (+17%)  |
| Current waiting list           | 350 (-18%)  |
| Counselling sessions delivered | 2409 (-20%) |
| Overall clients supported      | 730 (+71%)  |

## Case Study

Client X experienced CSA from a family member at ages 5 and 8. His father left when he was young, and his mother's new partner was abusive. He witnessed violent incidents as a child and grew up in a culture where violence was normalised and not spoken about. The client experienced suicidal ideation and struggled with alcohol and drugs from a young age.

During the initial session the client spoke about the last 2 months of his drinking before he became sober. He blacked out and hurt people, which he does not remember, and had lost friendships because of it. The client said that his guilt, shame and anger towards himself for his behaviour while he was still drinking was the most significant thing that he needed to work through. He also said that he would like to work on improving confidence and self-esteem and (romantic) relationships.

Our counsellor worked with the client using a theoretical integration of Person Centred and Psychodynamic therapy within the framework of the three-stage Trauma Model, including letter-writing exercises which proved a significant step in the client being able to process the trauma from his childhood. The client also asked to learn tools that he could use outside of the sessions. We introduced a 'self-compassion pause' exercise which the client was able to use at various points when he felt overwhelmed.

As a result of the sessions the client felt more able to disrupt negative cycles that he had felt trapped in previously. He became able to notice and sit with his emotions, to do what he needed to look after himself, and also became more able to ask for help from others when he needed it.

During the sessions the client started to reconnect with his passion for performing and took part in an audition for a show, which was a very big step for him. The client seemed to experience a significant shift in his feelings around his previous behaviour while he was still drinking. He said that he had allowed himself to release some of the weight that he had been carrying and seemed to be able to view his past behaviour in a different way with more compassion for himself.

The client said that he felt ready to end counselling and that he was happy with the progress that he had made. The client also provided written feedback stating that:

"I feel I have reclaimed a part of myself I thought I had lost or could only reach with a few drinks/drugs before. I feel confident in myself and ready to live the life I want to live. I also know how to ask for help if and when I fall down in the future."

## Spotlight: Independent Sexual Violence Advisor (ISVA) Services

***Independent Sexual Violence Advisors support people who are considering reporting, or who have reported to the police. This might involve counsellor–client discussions, peer discussion in Group Work, and more focused conversations with the ISVA team.***

***Case Workers can provide practical support to anyone who is not currently going through the criminal justice process. They can assist with areas such as applying for housing, employment, financial support, and finding and accessing other support services.***

***Our service is open to boys, men, and non-binary people over the age of 13 who are living in London or where the offence happened in London.***

### Overview

During this period our ISVA and Case Work team supported approximately 265 clients.

Since 2014, our ISVA team has ensured clients are able to make informed decisions about engaging with the criminal justice system. There is a strong evidence base that the existence of specialist ISVA support increases the likelihood that a survivor will report to the police and remain in the criminal justice process. In addition to our one to one ISVA service, we also offer an ISVA group in collaboration with Group Work, which allows our clients who are engaging with the criminal justice system the opportunity to receive support in a group setting with and from their peers.

The upcoming launch of Operation Soteria Bluestone recognises the barriers our clients face and the importance of receiving the correct support and where ISVAs play a vital role.

We continue to work closely with GALOP, and many of our clients use GALOP services. We are a member of Survivors Trust and through this network actively engage with other London-based services on a regular basis. As part of the London Gateway, we work extremely closely with all the other partner agencies and maintain referral pathways.

## Key Developments

### Team expansion

We have seen significant improvements to the ISVA/Case Work team over the last year – nearly doubling in size to ensure our clients receive the support they deserve.

Our ISVA team is now restored to full capacity, consisting of six ISVAs (four full-time, two part-time). We have also introduced two full-time Case Workers to provide practical support to clients who may not yet be engaged in the criminal justice process, expanding our client remit.

With our expanded, hardworking team, we have been able to reduce our ISVA waiting list to zero, ensuring clients receive immediate support. Our ISVA Manager has continued to work closely with London Survivors Gateway to ensure appropriate referrals are reaching us in a timely fashion.

### ISVA LimeLight Awards

Two of our ISVAs were recognised for their excellent work with nominations for awards by LimeCulture, the UK body for ensuring high quality of service to survivors of sexual violence.

Laura Nulty was shortlisted for the Award for Outstanding Achievement by an ISVA Supporting Adults, while Marcia Brabbs was nominated for the Vicky Bardsley Prize, recognising Outstanding Achievement by an ISVA Supporting Children and Young People.

The LimeLight awards were presented at the National ISVA Conference. To be nominated among our colleagues in the sector signifies the continued exceptional service that our ISVAs offer to the clients we support.

| ISVA impact               |             |
|---------------------------|-------------|
| New referrals             | 70 (-33%)   |
| Overall clients supported | 265 (+6.5%) |

### Case Study

Client G, 54 years old, heterosexual, Black British. G was referred to the Case Worker service through a third party. Client G is a survivor of childhood sexual abuse. They have substance misuse issues and struggle with anxiety and PTSD, with a previous history of suicide attempts.

G came to us for practical support regarding the unsuitable state of their current housing. They shared difficulties that they found integrating into their community and also a need for mental health support with their anxiety and PTSD.

During our support we provided assistance with housing, requesting a housing application form for Hackney Council (12 week wait) and contacting Hackney Housing Advice team for additional support around private renting advice and finding a suitable home. We also referred G to Peter Bradford Housing for specialised housing alongside mental health support.

In addition to accessing mental health support, we signposted to yoga, boxing and spoken word interests in G's local area to help with community integration and positive mental health. We provided mental health resources around topics of discussion, such as combatting negative self-talk, healthy coping mechanisms and setting healthy boundaries.

G sometimes found it difficult in trusting support services and was often hesitant to seek or accept help, creating barriers in the support process. Substance misuse also exasperated his mental health issues. By working with the client, though, the Case Worker was able to help G access help despite these

difficulties.

G was set up with an appointment with Hackney Housing Advice team to discuss his housing issues and what support they can provide, with a housing application to be provided in this appointment. The client has also continued support through Turning Point for his substance misuse issues.

G now has a focus on his 'happiness diet', introducing small changes into his life to improve his mental health. They were extremely grateful for the Case Work service and said although they may not yet be in the best place, he "can see the clouds clearing."

## Spotlight: Helpline Services

*The online helpline is accessible through live text chat (via our website and SMS) and email, 12-8PM, seven days a week. This service allows survivors aged 13 and over to speak with a trained emotional support worker (ESW) for up to 45 minutes a day. This is often the safest and first contact that someone makes when speaking about sexual abuse for the first time.*

*Although we are a service primarily for male and non-binary survivors, we support their partners, family and friends of all genders.*

### Overview

During 2022-23 we received 2,827 calls through our helpline, marking a 5.8% increase on the previous year.

A frequent theme in conversations is supporting male survivors struggling with their sense of masculinity after abuse. Creating space for these conversations continues to reaffirm the necessity of services that specialise in supporting men.

The proportion of respondents to the post-chat survey who reported finding the person they spoke to helpful increased slightly from 93.7% to 94.2%, and the proportion who said they would recommend the service to someone else increased from 84.3% to 87%.

| Helpline impact      |              |
|----------------------|--------------|
| Distinct calls       | 2827 (+5.8%) |
| Average weekly calls | 54.4         |

### Positive outcomes

We know first-hand that when given the right support, male survivors are less likely to internalise shame for having been abused, or externalise feelings in problematic ways. We are proud to receive a high volume of positive feedback from people using our service, demonstrating the success of its work.

Survivors we have worked with have found ways to make sense of their feelings, cultivate self-compassion, and to channel their energies into making a positive difference to the lives of their loved ones, communities and society.

One service user who was receiving frequent safeguarding and emotional support from us two years ago and who is now enjoying robust mental health, has himself gained employment within the sector delivering support to other survivors of sexual abuse. The availability to him of our gender-specialist support has, in his words, changed his life.

## Helpline Service User Feedback

"This place is unique and a must for those who suffer alone"

"This is so brilliant! What a wonderful resource. I'm so pleased and reassured that I have found you in my recovery process."

"I have been in regular sessions with my GP and had independent therapists from IHTT but I never felt being heard or listened to. The way you have responded to me, I felt I always needed this sense of mutual understanding. ... Thank you once again for making me feel heard."

"So happy I have found you today. Thank you a lot. You made me realise it's not my fault"

"I will personally advertise your service"

"I was really grateful to feel safe, accepted and supported as a transgender, queer man. I often feel as though men's spaces aren't meant for people like me, but this was an important and necessary exception."

"Having someone listen and care. The empathy, the validation, the acceptance. The safety of it also. I feel protected here."

"Many thanks for your help. You saved me! You should win an award"

## Spotlight: Westminster Project

*The Westminster Project is a therapeutic outreach programme that engages homeless people in the City of Westminster. Now in its fifth year, this unique project brings therapy to those who would not be able to access traditional services due to systemic, structural, or psychological barriers to engagement.*

### Overview

Trauma-informed care is becoming more embedded in homelessness and statutory services in the UK, but there is still a long way to go. There still appears to be a gap in understanding in the role of childhood trauma leading to substance misuse and homelessness and the subsequent compounding of trauma, and this is reflected in policy and service provision.

The Holistic Therapy Outreach (HTO) role builds on the trauma-informed model, demonstrating flexibility in its approach by committing to meet clients exactly "where they are at", without the need for them to meet certain conditions or travel for engagement to happen. The HTO workers cover three different temporary accommodation sites and visit rough sleepers.

A crucial element of the role is that each client has one supportive point of contact only. It is often the case that clients do not engage with services because they are "passed from pillar to post", having to repeat painful, difficult or background information several times. Clients can (and are encouraged to) self-refer, and this can be done flexibly to reduce nervousness or "saying out loud" what has happened to them, until they feel safe to do so. Additionally, managers and support workers in other services can refer clients who they feel may benefit and engage.

### Key Developments

The St. Mungo's Westminster Move On and Resettlement Services (MORS) have up to 87 residents at one time, between the Westminster projects, training flats, and Scott Lodge in Hounslow. Since late April 2022, 46 clients have been referred to or have in some way interacted with the service. As is to be expected, engagement varies greatly between these clients.

Our Holistic Trauma Outreach counsellors hold between 10 – 14 cases, who they see either weekly or bi-weekly. Both HTO workers work once a week in the project. The therapy sessions take place in numerous locations, tailored around the client's needs, from coffee shops and green spaces to accommodation or on the street where the client is currently staying. The sessions vary from relational therapy to providing

psychological tools to help clients manage CPTSD.

The work we have done during this period on the referral process should mean that referrals are better assessed to the HTO, Compass and Housing First flexible model. The HTO service plays an important part in supporting staff and helping them view their work with clients through a trauma informed lens.

| Westminster Project impact |            |
|----------------------------|------------|
| Appropriate referrals      | 46 (-15%)  |
| Sessions delivered         | 164 (+15%) |
| Overall clients supported  | 46 (-20%)  |

## Future Plans

SurvivorsUK plans to continue to consolidate for the medium term future whilst growing in a sustainable way to meet the ever-increasing demand for our services. The global pandemic and lockdown has had a significant impact on our clients and our services have adapted quickly to meet the changing needs of our clients. As the world returns to office working and face-to-face service delivery becomes safe once more we will carefully adapt our services to meet the needs of our clients. Meeting our clients where they are and adapting to provide the services they need is central to our ethos and it will remain so in the future.

## Financial review

During the current financial year the Charity achieved a surplus of £91,885 (2022: deficit of £8,895), increasing total reserves at year end to £376,984 (2022: £285,099).

Of the reserves held at year end, £57,254 (2022: £Nil) related to restricted funds and £319,730 (2022: £285,099) related to unrestricted funds.

### Principal Funding Sources

The main funding sources during the year were:

- Ministry of Justice
- Mayor's Office for Policing and Crime (MOPAC)
- Lloyds Bank Foundation
- National Lottery Community Fund
- Westminster City Council

### Reserves Policy

The Trustees have considered Charity Commission guidance on reserves and currently have a policy of holding £250,000 as a general reserve based on three months expenditure. The board continue to regularly review the reserve policy to ensure it covers current liabilities and commitments.

The year-end unrestricted reserve was £319,730 which is slightly higher than this requirement, but not excessive, especially in light of the risks inherent in receiving annual grants and the need to plan for the eventuality of multi-year grants coming to an end in 2023-24 and beyond.

## Structure, governance and management

### Governing document

SurvivorsUK is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

SurvivorsUK is a registered charity constituted as a Limited Company under its Memorandum and Articles of Association. The charity registration number is 1077484 (England and Wales) and the company registration number is 03792760 (England and Wales).

### Recruitment and appointment of Trustees

As set out in the Articles of Association, the Chair of Trustees is nominated at the Annual General Meeting.

The Trustees are also the directors of SurvivorsUK for the purpose of company law. Survivors (UK) articles of association require a minimum of three trustees. Directors meet at least every two months, with a quorum of three trustees.

The objective is to have a range of appropriate skillsets across fields that are relevant to the Charity's objectives. When recruiting new trustees, consideration is given to the existing trustees' skills and experiences and trustees are sought with the additional skills required. Their appointment is by resolution of the Board of Directors/Trustees following which the required legal documentation is completed.

### Trustee induction and training

On their appointment, new Trustees are provided with information, in the form of an induction pack, on their role as a Trustee. Ongoing training is provided as required.

## Organisational structure

SurvivorsUK's Board of Trustees meets at least every 2 months and is responsible for the strategic direction and policy of the Charity, as well as oversight of the Charity's operations.

Board sub-committees are set up as required to consider specific issues. The day-to-day running of the Charity is delegated to the Chief Executive, who is supported by a management team of seven members of staff who report to the CEO. The CEO in turn reports to the Chair of Trustees.

## Remuneration policy

To set the salaries of all staff, the trustees undertake research to benchmark average remuneration packages in the local area and environs, and these are then discussed at appraisals.

## Risk management

The Trustees have conducted their own review of the major risks to which the Charity is exposed, and systems have been established to mitigate those risks.

The main risks identified by the Trustees are currently:

| Risk                                                                                                                                       | Mitigation                                                                                                                                                                                                                                                                                                                                                                            |
|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Charity fails to replace funding as grants come to an end or becomes overly reliant on one funder leading to a significant drop in income. | The charity has appointed a CEO who has a background in fundraising and income generation, who has been charged with broadening and deepening our range of funding streams.                                                                                                                                                                                                           |
| The Charity fails to provide high quality advice leading to a negative impact on reputation and standing in the sector.                    | <p>The Charity will only employ accredited counsellors and also invests in clinical supervision for relevant staff to ensure all advice is provided at a consistently high level.</p> <p>In addition, the Charity invests heavily in training and support for all staff and holds weekly staff meetings to enable a safe space for staff to discuss relevant issues and concerns.</p> |

## Statement of Board of Trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of income over expenditure for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition the trustees confirm that they are happy that content of the annual review in pages 4 to 20 of this document meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

### Information provided to the independent auditor

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as the trustee is aware, there is no relevant audit information of which the company's independent auditor is unaware; and,
- the trustee has taken all the steps he/ she ought to have taken as a trustee in order to make himself/herself aware of any relevant information and to establish that the company's independent auditor is aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of section 418 of the Companies Act 2006.

## Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006.

This report was approved and authorised for issue by the Board of Trustees on 14 November 2023 and signed on its behalf by:

  
Thom Crabbe (Dec 18, 2023 14:08 GMT)

**THOM CRABBE**  
**CHAIR OF TRUSTEES**

## Independent auditor's report

### Opinion

We have audited the financial statements of SurvivorsUK Ltd (the 'charity') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2023, and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Other Matter

The financial statements of the Company for the year ended 31 March 2022 were audited by another auditor who expressed an unmodified opinion on those statements on 23 December 2022.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

### Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

### Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement [set out on page 20], the trustees are responsible for the preparation of financial statements which give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the Charity financial statements are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures can detect irregularities, including fraud is detailed below:

Our approach was as follows:

To identify risks of material misstatement due to irregularities we assessed events or conditions that could lead to irregularities. Our risk assessment procedures included:

- enquiring of Trustees and management and inspection of policy documentation as to the Charity's policies and procedures to prevent and detect irregularities, as well as whether they have knowledge of any actual, suspected, or alleged fraud or breaches of relevant laws and regulations;;
- reading Board minutes; and
- using analytical procedures to identify any usual or unexpected relationships.

We identified areas of laws and regulations that could reasonably be expected to have a material effect

on the financial statements from our general commercial and sector experience through discussion with the Trustees and management (as required by auditing standards). We communicated with the Trustees and management the policies and procedures in place regarding compliance with laws and regulations.

We identified the legal and regulatory frameworks that are applicable to the entity and determined that the most significant are those that relate to the Charities Act 2011, The Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (the SORP), Occupational Health and Safety regulations, the Data Protection Act, and relevant tax legislation.

In addition, we have considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which may be fundamental to the company's ability to operate or to avoid a material penalty. We identified the following areas as those most likely to have such an effect: employment law, recognising the nature of the Charity's activities and its legal form. Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the Trustees and management and inspection of regulatory and legal correspondence, if any. Therefore, if a breach of operational regulations is not disclosed to us or evident from relevant correspondence, an audit will cannot be relied upon to detect that breach.

We communicated identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

Based on the results of our risk assessment we designed our audit procedures to identify non-compliance with such laws and regulations identified above and assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items.

The engagement partner considers the engagement team collectively had the appropriate competence and capabilities to identify or recognise non-compliance with laws and regulations.

As required by auditing standards and considering possible pressures to meet internal key performance indicators and our knowledge of the control environment, we perform procedures to address the risk of management override of controls and the risk of fraudulent revenue recognition, in particular the risk that income is recorded in the incorrect accounting period and the risk that management may be in a position to make inappropriate accounting entries.

We assessed the risks of material misstatement in respect of fraud as follows:

- our audit team discussed whether there were any areas that were susceptible to misstatement as part of our discussion on fraud; and
- we challenged assumptions and judgements made by management in their significant accounting estimates and judgements.

Based on the results of our risk assessment we designed our audit procedures to identify and to address material misstatements in relation to fraud, including, designing appropriate audit procedures, including:

- incorporating an element of unpredictability in the selection of the nature, timing, and extent of our audit procedures;
- identifying journal entries and other adjustments to test based on risk criteria and comparing the identified entries to supporting documentation;
- inspecting the relevant income agreements and their accounting to confirm their recognition in line with the SORP for different revenue streams;
- inspecting stock count sheets;
- obtaining third party bank confirmations; and
- assessing the design and effectiveness of controls in place over areas such as procurement and cash.

We considered the extent to which the audit was considered capable of detecting irregularities: There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentation, or through collusion.

A further description of our responsibilities is available on the FRC's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

### **Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



**STEPHEN MCALPINE (SENIOR STATUTORY AUDITOR)**

**FOR AND ON BEHALF OF SBM ASSOCIATES LIMITED (STATUTORY AUDITORS)**

**DATED: 15 DECEMBER 2023**

24 Wandsworth Road  
London  
SW8 2JW

# Statement of financial activities

## Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses

For the year ended 31 March 2023

|                                              |         | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            | Total<br>Funds            |
|----------------------------------------------|---------|---------------------------|---------------------------|---------------------------|---------------------------|
|                                              |         | Year ended<br>31 Mar 2023 | Year ended<br>31 Mar 2023 | Year ended<br>31 Mar 2023 | Year ended<br>31 Mar 2022 |
|                                              | Notes   | £                         | £                         | £                         | £                         |
| <b>Income from:</b>                          |         |                           |                           |                           |                           |
| Donations and legacies                       | 3       | 50,475                    | 1,051,642                 | 1,102,117                 | 1,031,721                 |
| Charitable activities                        | 4       | -                         | -                         | -                         | 7,617                     |
| <b>Total income</b>                          |         | <b>50,475</b>             | <b>1,051,642</b>          | <b>1,102,117</b>          | <b>1,039,338</b>          |
| <b>Expenditure on:</b>                       |         |                           |                           |                           |                           |
| Raising funds                                | 5 & 6   | 15,844                    | 9,422                     | 25,266                    | 30,608                    |
| Charitable activities:                       |         |                           |                           |                           |                           |
| Delivery of counselling and other services   | 5 & 7   | -                         | 927,456                   | 927,456                   | 955,662                   |
| Awareness raising                            | 5 & 8   | -                         | 57,510                    | 57,510                    | 61,963                    |
| <b>Total expenditure</b>                     |         | <b>15,844</b>             | <b>994,388</b>            | <b>1,010,232</b>          | <b>1,048,233</b>          |
| <b>Net income/(expenditure) for the year</b> |         | <b>34,631</b>             | <b>57,254</b>             | <b>91,885</b>             | <b>(8,895)</b>            |
| <b>Reconciliation of funds:</b>              |         |                           |                           |                           |                           |
| Total funds brought forward                  | 13 & 14 | 285,099                   | -                         | 285,099                   | 293,994                   |
| Total funds carried forward                  | 13 & 14 | <b>319,730</b>            | <b>57,254</b>             | <b>376,984</b>            | 285,099                   |

The notes on pages 29 to 43 form part of the financial statements.

**Balance sheet****As at 31 March 2023**

|                                     | Notes   | Total<br>Funds<br>31 Mar 2023<br>£ | Total<br>Funds<br>31 Mar 2022<br>£ |
|-------------------------------------|---------|------------------------------------|------------------------------------|
| <b>Fixed assets</b>                 |         |                                    |                                    |
| Tangible fixed assets               | 10      | -                                  | 180                                |
| <b>Current assets</b>               |         |                                    |                                    |
| Debtors and prepayments             | 11      | 147,114                            | 213,435                            |
| Cash at bank and in hand            |         | 357,205                            | 218,933                            |
|                                     |         | <b>504,319</b>                     | 432,368                            |
| <b>Creditors -</b>                  |         |                                    |                                    |
| amounts falling due within one year | 12      | (127,335)                          | (147,449)                          |
| <b>Net current assets</b>           |         | <b>376,984</b>                     | 284,919                            |
| <b>Net assets</b>                   |         | <b>376,984</b>                     | 285,099                            |
| <b>Funds of the charity</b>         |         |                                    |                                    |
| Restricted funds                    | 13 & 14 | 57,254                             | -                                  |
| Unrestricted funds:                 |         |                                    |                                    |
| General funds                       | 13 & 14 | 319,730                            | 285,099                            |
|                                     |         | <b>319,730</b>                     | 285,099                            |
|                                     |         | <b>376,984</b>                     | 285,099                            |

The notes on pages 29 to 43 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

They were approved and authorised for issue by the Board of Trustees on 14 November 2023 and signed on their behalf by:

  
Thom Crabbe (Dec 18, 2023 14:08 GMT)

**THOM CRABBE**  
**CHAIR OF TRUSTEES**

## Statement of cash flows

For year ended 31 March 2023

|                                                                 | Total<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2022<br>£ |
|-----------------------------------------------------------------|--------------------------------------------------|--------------------------------------------------|
| <b>Cash flows from operating activities:</b>                    |                                                  |                                                  |
| Net income/(expenditure) for period (as per SOFA)               | 91,885                                           | (8,895)                                          |
| Adjustments for:                                                |                                                  |                                                  |
| Depreciation charges                                            | 180                                              | 1,206                                            |
| (Increase)/decrease in accounts receivable                      | 66,953                                           | (96,625)                                         |
| (Increase)/decrease in accrued grant income                     | -                                                | 40,112                                           |
| (Increase)/decrease in prepayments                              | (632)                                            | (12,567)                                         |
| (Increase)/decrease in premises deposit                         | -                                                | (12,674)                                         |
| (Increase)/decrease in other debtors                            | -                                                | 761                                              |
| Increase/(decrease) in accounts payables                        | (2,109)                                          | (5,739)                                          |
| Increase/(decrease) in HMRC and pensions payable                | 10,146                                           | (6,326)                                          |
| Increase/(decrease) in accruals                                 | (2,089)                                          | 7,283                                            |
| Increase/(decrease) in deferred revenue                         | (25,000)                                         | (56,295)                                         |
| Increase/(decrease) in credit card                              | (1,062)                                          | (807)                                            |
|                                                                 | <b>46,387</b>                                    | (141,671)                                        |
| <b>Net cash used in operating activities</b>                    | <b>138,272</b>                                   | (150,566)                                        |
| <b>Change in cash and cash equivalents in period</b>            | <b>138,272</b>                                   | (150,566)                                        |
| <b>Cash and cash equivalents at the beginning of the period</b> | <b>218,933</b>                                   | 369,499                                          |
| <b>Cash and cash equivalents at the end of the period</b>       | <b>357,205</b>                                   | 218,933                                          |

The notes on pages 29 to 43 form part of the financial statements.

# Notes to the financial statements

## 1. Accounting policies

### Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 2, and the Companies Act 2006.

The effect of any event relating to the year ended 31 March 2023, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2023 and the results for the year ended on that date.

The functional currency of the Charity is sterling and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

### Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment, and the ongoing economic environment has had no material impact on this assessment.

### Legal status

SurvivorsUK Ltd is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered address is Unit F, The Bagel Factory, 22 White Post Lane, London. E9 5SZ.

### Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds are unrestricted funds which have been designated for a specific purpose by the Trustees. The aim and use of each designated fund is set out in note 13 of the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 13 of the financial statements.

### Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

## **1. Accounting policies (continued from previous page)**

### **Income (continued from previous page)**

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

Income from charitable activities, including contract income and client fees, is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

Interest is recorded when it is receivable.

### **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated proportionate to total direct costs allocated to each project area, as outlined in note 5 of the financial statements.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### **Tangible fixed assets and depreciation**

All assets costing more than £500 are capitalised unless funded by restricted grants and donations.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on the following basis:

|                     |           |
|---------------------|-----------|
| Computers equipment | 3/4 years |
|---------------------|-----------|

### **Cash at bank and in hand**

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values but are not held for investment purposes.

### **Debtors and prepayments**

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

### **Creditors and accruals**

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

### **Critical estimates and judgements**

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The annual depreciation charge for tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

**1. Accounting policies (continued from previous page)****Financial instruments**

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

**Pensions**

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

**2. Comparative statement of financial activities**

|                                              |         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2022<br>£ |
|----------------------------------------------|---------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
|                                              | Notes   |                                                         |                                                       |                                                  |
| Income from:                                 |         |                                                         |                                                       |                                                  |
| Donations and legacies                       | 3       | 52,508                                                  | 979,213                                               | 1,031,721                                        |
| Charitable activities                        | 4       | 7,617                                                   | -                                                     | 7,617                                            |
| <b>Total income</b>                          |         | <b>60,125</b>                                           | <b>979,213</b>                                        | <b>1,039,338</b>                                 |
| Expenditure on:                              |         |                                                         |                                                       |                                                  |
| Raising funds                                | 5 & 6   | 30,608                                                  | -                                                     | 30,608                                           |
| Charitable activities:                       |         |                                                         |                                                       |                                                  |
| Delivery of counselling and other services   | 5 & 7   | 28,265                                                  | 927,397                                               | 955,662                                          |
| Awareness raising                            | 5 & 8   | 1,832                                                   | 60,131                                                | 61,963                                           |
| <b>Total expenditure</b>                     |         | <b>60,705</b>                                           | <b>987,528</b>                                        | <b>1,048,233</b>                                 |
| <b>Net income/(expenditure) for the year</b> |         | <b>(580)</b>                                            | <b>(8,315)</b>                                        | <b>(8,895)</b>                                   |
| Reconciliation of funds:                     |         |                                                         |                                                       |                                                  |
| Total funds brought forward                  | 13 & 14 | 285,679                                                 | 8,315                                                 | 293,994                                          |
| Total funds carried forward                  | 13 & 14 | 285,099                                                 | -                                                     | 285,099                                          |

### 3. Income from donations and legacies

|              | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2023<br>£ |
|--------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Grant income | 16,200                                                  | 1,037,297                                             | 1,053,497                                        |
| Donations    | 34,275                                                  | 14,345                                                | 48,620                                           |
|              | <b>50,475</b>                                           | <b>1,051,642</b>                                      | <b>1,102,117</b>                                 |

  

|              | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2022<br>£ |
|--------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Grant income | 10,000                                                  | 950,320                                               | 960,320                                          |
| Donations    | 42,508                                                  | 28,893                                                | 71,401                                           |
|              | <b>52,508</b>                                           | <b>979,213</b>                                        | <b>1,031,721</b>                                 |

### 4. Income from charitable activities

|                                         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2023<br>£ |
|-----------------------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Counselling income                      | -                                                       | -                                                     | -                                                |
| Other income from charitable activities | -                                                       | -                                                     | -                                                |
|                                         | <b>-</b>                                                | <b>-</b>                                              | <b>-</b>                                         |

  

|                                         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2022<br>£ |
|-----------------------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Counselling income                      | 2,370                                                   | -                                                     | 2,370                                            |
| Other income from charitable activities | 5,247                                                   | -                                                     | 5,247                                            |
|                                         | <b>7,617</b>                                            | <b>-</b>                                              | <b>7,617</b>                                     |

**5. Total expenditure**

|                                               | <b>Direct<br/>staff<br/>costs</b> | <b>Other<br/>direct<br/>costs</b> | <b>Indirect<br/>staff<br/>costs</b> | <b>Other<br/>indirect<br/>costs</b> | <b>Total<br/>costs</b>            |
|-----------------------------------------------|-----------------------------------|-----------------------------------|-------------------------------------|-------------------------------------|-----------------------------------|
|                                               | <b>Year ended<br/>31 Mar 2023</b> | <b>Year ended<br/>31 Mar 2023</b> | <b>Year ended<br/>31 Mar 2023</b>   | <b>Year ended<br/>31 Mar 2023</b>   | <b>Year ended<br/>31 Mar 2023</b> |
|                                               | <b>£</b>                          | <b>£</b>                          | <b>£</b>                            | <b>£</b>                            | <b>£</b>                          |
| <b>Expenditure on:</b>                        |                                   |                                   |                                     |                                     |                                   |
| Raising funds                                 | 19,336                            | 815                               | 812                                 | 4,303                               | 25,266                            |
| Charitable activities                         |                                   |                                   |                                     |                                     |                                   |
| Delivery of counselling<br>and other services | 699,780                           | 39,927                            | 29,808                              | 157,941                             | 927,456                           |
| Awareness raising                             | 34,655                            | 11,214                            | 1,847                               | 9,794                               | 57,510                            |
|                                               | <b>753,771</b>                    | <b>51,956</b>                     | <b>32,467</b>                       | <b>172,038</b>                      | <b>1,010,232</b>                  |
|                                               |                                   |                                   |                                     |                                     |                                   |
|                                               | <b>Direct<br/>staff<br/>costs</b> | <b>Other<br/>direct<br/>costs</b> | <b>Indirect<br/>staff<br/>costs</b> | <b>Other<br/>indirect<br/>costs</b> | <b>Total<br/>costs</b>            |
|                                               | <b>Year ended<br/>31 Mar 2022</b> | <b>Year ended<br/>31 Mar 2022</b> | <b>Year ended<br/>31 Mar 2022</b>   | <b>Year ended<br/>31 Mar 2022</b>   | <b>Year ended<br/>31 Mar 2022</b> |
|                                               | <b>£</b>                          | <b>£</b>                          | <b>£</b>                            | <b>£</b>                            | <b>£</b>                          |
| <b>Expenditure on:</b>                        |                                   |                                   |                                     |                                     |                                   |
| Raising funds                                 | 22,357                            | 1,486                             | 1,954                               | 4,811                               | 30,608                            |
| Charitable activities                         |                                   |                                   |                                     |                                     |                                   |
| Delivery of counselling<br>and other services | 708,016                           | 36,425                            | 61,017                              | 150,204                             | 955,662                           |
| Awareness raising                             | 25,974                            | 22,295                            | 3,955                               | 9,739                               | 61,963                            |
|                                               | <b>756,347</b>                    | <b>60,206</b>                     | <b>66,926</b>                       | <b>164,754</b>                      | <b>1,048,233</b>                  |

Indirect costs have been allocated based on the proportion of direct costs attributable to each activity.

An analysis of costs of raising funds split between restricted and unrestricted funds can be found in note 6.

An analysis of charitable activities split between restricted and unrestricted funds can be found in notes 7 & 8.

An analysis of staff costs can be found in note 9.

Indirect costs includes:

|                      | <b>Total<br/>costs</b>            | Total<br>costs            |
|----------------------|-----------------------------------|---------------------------|
|                      | <b>Year ended<br/>31 Mar 2023</b> | Year ended<br>31 Mar 2022 |
|                      | <b>£</b>                          | £                         |
| Staff costs          | <b>32,468</b>                     | 66,928                    |
| Administrative costs | <b>22,217</b>                     | 32,590                    |
| Finance costs        | <b>16,613</b>                     | 17,967                    |
| Premises costs       | <b>68,724</b>                     | 36,944                    |
| Other staff costs    | <b>20,672</b>                     | 30,717                    |
| IT costs             | <b>37,367</b>                     | 26,618                    |
| Governance costs     | <b>6,444</b>                      | 19,918                    |
|                      | <b>204,505</b>                    | 231,682                   |

Governance costs includes:

|                  | <b>Total<br/>costs</b>            | Total<br>costs            |
|------------------|-----------------------------------|---------------------------|
|                  | <b>Year ended<br/>31 Mar 2023</b> | Year ended<br>31 Mar 2022 |
|                  | <b>£</b>                          | £                         |
| Statutory audit  | <b>5,622</b>                      | 6,000                     |
| Insurance        | <b>822</b>                        | 758                       |
| Strategic review | -                                 | 858                       |
| Legal costs      | -                                 | 12,302                    |
|                  | <b>6,444</b>                      | 19,918                    |

**6. Expenditure on raising funds**

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2023</b> | <b>Year ended<br/>31 Mar 2023</b> | <b>Year ended<br/>31 Mar 2023</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | 12,125                            | 7,211                             | 19,336                            |
| Direct other costs | 511                               | 304                               | 815                               |
| Indirect costs     | 3,208                             | 1,907                             | 5,115                             |
|                    | <b>15,844</b>                     | <b>9,422</b>                      | <b>25,266</b>                     |

  

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2022</b> | <b>Year ended<br/>31 Mar 2022</b> | <b>Year ended<br/>31 Mar 2022</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | 22,357                            | -                                 | 22,357                            |
| Direct other costs | 1,486                             | -                                 | 1,486                             |
| Indirect costs     | 6,765                             | -                                 | 6,765                             |
|                    | <b>30,608</b>                     | <b>-</b>                          | <b>30,608</b>                     |

**7. Expenditure on charitable activities – delivery of counselling and other services**

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2023</b> | <b>Year ended<br/>31 Mar 2023</b> | <b>Year ended<br/>31 Mar 2023</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | -                                 | 699,780                           | 699,780                           |
| Direct other costs | -                                 | 39,927                            | 39,927                            |
| Indirect costs     | -                                 | 187,749                           | 187,749                           |
|                    | <b>-</b>                          | <b>927,456</b>                    | <b>927,456</b>                    |

  

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2022</b> | <b>Year ended<br/>31 Mar 2022</b> | <b>Year ended<br/>31 Mar 2022</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | -                                 | 708,016                           | 708,016                           |
| Direct other costs | -                                 | 36,425                            | 36,425                            |
| Indirect costs     | 28,265                            | 182,956                           | 211,221                           |
|                    | <b>28,265</b>                     | <b>927,397</b>                    | <b>955,662</b>                    |

## 8. Expenditure on charitable activities – awareness raising

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2023 | Year ended<br>31 Mar 2023 | Year ended<br>31 Mar 2023 |
|                    | £                         | £                         | £                         |
| Direct staff costs | -                         | 34,655                    | 34,655                    |
| Direct other costs | -                         | 11,214                    | 11,214                    |
| Indirect costs     | -                         | 11,641                    | 11,641                    |
|                    | -                         | 57,510                    | 57,510                    |

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2022 | Year ended<br>31 Mar 2022 | Year ended<br>31 Mar 2022 |
|                    | £                         | £                         | £                         |
| Direct staff costs | -                         | 25,974                    | 25,974                    |
| Direct other costs | -                         | 22,295                    | 22,295                    |
| Indirect costs     | 1,832                     | 11,862                    | 13,694                    |
|                    | 1,832                     | 60,131                    | 61,963                    |

## 9. Staff costs

|                    | Total<br>costs            | Total<br>costs            |
|--------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2023 | Year ended<br>31 Mar 2022 |
|                    | £                         | £                         |
| Gross salaries     | 705,348                   | 741,110                   |
| Employer's NIC     | 64,433                    | 60,763                    |
| Employer's pension | 16,458                    | 21,402                    |
|                    | 786,239                   | 823,275                   |

The average headcount during the period was 30 persons (2022: 33 persons).

No employee received employee benefits of more than £60,000 (2022: Nil).

The total employee benefits paid to key management personnel during the year was £132,500 (2022: £107,281).

**10. Tangible fixed assets**

|                                 | <b>Computer<br/>equipment<br/>£</b> | <b>Total<br/>fixed assets<br/>£</b> |
|---------------------------------|-------------------------------------|-------------------------------------|
| <b>Cost</b>                     |                                     |                                     |
| As of 1 April 2022              | 5,871                               | <b>5,871</b>                        |
| As of 31 March 2023             | <b>5,871</b>                        | <b>5,871</b>                        |
| <b>Accumulated depreciation</b> |                                     |                                     |
| As of 1 April 2022              | 5,691                               | <b>5,691</b>                        |
| Charge in the year              | 180                                 | <b>180</b>                          |
| As of 31 March 2023             | <b>5,871</b>                        | <b>5,871</b>                        |
| <b>Net book value</b>           |                                     |                                     |
| As of 1 April 2022              | 180                                 | <b>180</b>                          |
| As of 31 March 2023             | -                                   | -                                   |

**11. Debtors and prepayments**

|                     | <b>Total<br/>31 Mar 2023<br/>£</b> | <b>Total<br/>31 Mar 2022<br/>£</b> |
|---------------------|------------------------------------|------------------------------------|
| Accounts receivable | 112,179                            | 179,132                            |
| Premises deposit    | 12,674                             | 12,674                             |
| Prepayments         | 22,261                             | 21,629                             |
|                     | <b>147,114</b>                     | <b>213,435</b>                     |

**12. Creditors: amounts falling due within one year**

|                  | <b>Total</b>       | <b>Total</b>       |
|------------------|--------------------|--------------------|
|                  | <b>31 Mar 2023</b> | <b>31 Mar 2022</b> |
|                  | <b>£</b>           | <b>£</b>           |
| Accounts payable | 10,820             | 12,929             |
| Credit card      | 175                | 1,237              |
| HMRC payable     | 22,026             | 14,630             |
| Pensions payable | 5,494              | 2,744              |
| Deferred revenue | 80,201             | 105,201            |
| Accruals         | 8,619              | 10,708             |
|                  | <b>127,335</b>     | <b>147,449</b>     |

Deferred income consists of the following deferred grants:

|                                       | <b>Total</b>       | <b>Total</b>       |
|---------------------------------------|--------------------|--------------------|
|                                       | <b>31 Mar 2023</b> | <b>31 Mar 2022</b> |
|                                       | <b>£</b>           | <b>£</b>           |
| As of 1 April 2022                    | 105,201            | 161,496            |
| Amount released to income in the year | (105,201)          | (161,496)          |
| Amount deferred in the year           | 80,201             | 105,201            |
| As of 31 March 2023                   | <b>80,201</b>      | <b>105,201</b>     |

**13. Analysis of charity funds**

|                                  | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2023<br>£ | Income<br>received<br>in period<br>Year ended<br>31 Mar 2023<br>£ | Resources<br>expended<br>in period<br>Year ended<br>31 Mar 2023<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2023<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2023<br>£ |
|----------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Unrestricted funds</b>        |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| General funds                    | 285,099                                                         | 50,475                                                            | (15,844)                                                             | -                                                               | 319,730                                                         |
|                                  | <b>285,099</b>                                                  | <b>50,475</b>                                                     | <b>(15,844)</b>                                                      | <b>-</b>                                                        | <b>319,730</b>                                                  |
| <b>Restricted funds</b>          |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| Bolt Burdon Kemp                 | -                                                               | 14,345                                                            | (14,345)                                                             | -                                                               | -                                                               |
| Holistic Trauma Outreach Project | -                                                               | 25,760                                                            | (25,760)                                                             | -                                                               | -                                                               |
| Lloyds Bank Foundation           | -                                                               | 25,000                                                            | (25,000)                                                             | -                                                               | -                                                               |
| Ministry of Justice - Website    | -                                                               | 149,463                                                           | (149,463)                                                            | -                                                               | -                                                               |
| MOPAC - Male Rape Support Fund   | -                                                               | 451,132                                                           | (412,331)                                                            | -                                                               | 38,801                                                          |
| National Lottery Community Fund  | -                                                               | 136,923                                                           | (118,470)                                                            | -                                                               | 18,453                                                          |
| NHS England                      | -                                                               | 127,210                                                           | (127,210)                                                            | -                                                               | -                                                               |
| Transformation Fund              | -                                                               | 121,809                                                           | (121,809)                                                            | -                                                               | -                                                               |
|                                  | -                                                               | <b>1,051,642</b>                                                  | <b>(994,388)</b>                                                     | -                                                               | <b>57,254</b>                                                   |
|                                  | <b>285,099</b>                                                  | <b>1,102,117</b>                                                  | <b>(1,010,232)</b>                                                   | <b>-</b>                                                        | <b>376,984</b>                                                  |

**Restricted funds – Bolt Burdon Kemp**

This is support towards an ISVA worker.

**Restricted funds – Holistic Trauma Outreach Project**

This is funding from Westminster City Council for a holistic trauma outreach project.

**Restricted funds – Lloyds Bank Foundation**

This is a three year grant to support groupwork and counselling.

**Restricted funds – MOPAC – Male Rape Support Fund**

A further one-year grant was awarded in 2019-2020 to continue funding the first male client specific Independent Sexual Violence Advisor in London.

**Restricted funds – Ministry of Justice – Website**

A further one-year grant was awarded in 2017-2018 to develop and run the National Male Survivor website and information project. This included the delivery of a national emotional support service using digital delivery methods.

### 13. Analysis of charity funds (continued from previous page)

#### **Restricted funds – National Lottery Community Fund**

This is a three year grant to support groupwork and counselling.

#### **Restricted funds – NHS**

This is a grant to support work with the NHS.

#### **Restricted funds – Transformation Fund**

This is a project co-ordinated by the Women and Girl's Network to support counselling work.

**13. Analysis of charity funds (continued from previous page)**

|                                  | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2022<br>£ | Income<br>received<br>in period<br>Year ended<br>31 Mar 2022<br>£ | Resources<br>expended<br>in period<br>Year ended<br>31 Mar 2022<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2022<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2022<br>£ |
|----------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Unrestricted funds</b>        |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| General funds                    | 285,679                                                         | 60,125                                                            | (60,705)                                                             | -                                                               | 285,099                                                         |
|                                  | <u>285,679</u>                                                  | <u>60,125</u>                                                     | <u>(60,705)</u>                                                      | <u>-</u>                                                        | <u>285,099</u>                                                  |
| <b>Restricted funds</b>          |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| Bolt Burdon Kemp                 | -                                                               | 28,893                                                            | (28,893)                                                             | -                                                               | -                                                               |
| City Bridge Trust                | -                                                               | 15,000                                                            | (15,000)                                                             | -                                                               | -                                                               |
| Henry Smith Foundation           | -                                                               | 12,375                                                            | (12,375)                                                             | -                                                               | -                                                               |
| Holistic Trauma Outreach Project | -                                                               | 19,320                                                            | (19,320)                                                             | -                                                               | -                                                               |
| Lloyds Bank Foundation           | -                                                               | 33,333                                                            | (33,333)                                                             | -                                                               | -                                                               |
| London Crime Prevention Fund     | -                                                               | 117,096                                                           | (117,096)                                                            | -                                                               | -                                                               |
| Ministry of Justice - Website    | -                                                               | 149,463                                                           | (149,463)                                                            | -                                                               | -                                                               |
| MOPAC - Male Rape Support Fund   | -                                                               | 252,804                                                           | (252,804)                                                            | -                                                               | -                                                               |
| National Lottery Community Fund  | 8,315                                                           | 98,002                                                            | (106,317)                                                            | -                                                               | -                                                               |
| NHS England                      | -                                                               | 81,138                                                            | (81,138)                                                             | -                                                               | -                                                               |
| Oak Foundation                   | -                                                               | 9,000                                                             | (9,000)                                                              | -                                                               | -                                                               |
| Peter Sowerby                    | -                                                               | 25,000                                                            | (25,000)                                                             | -                                                               | -                                                               |
| Stavros Niarchos Foundation      | -                                                               | 9,000                                                             | (9,000)                                                              | -                                                               | -                                                               |
| Transformation fund              | -                                                               | 128,789                                                           | (128,789)                                                            | -                                                               | -                                                               |
|                                  | <u>8,315</u>                                                    | <u>979,213</u>                                                    | <u>(987,528)</u>                                                     | <u>-</u>                                                        | <u>-</u>                                                        |
|                                  | <u>293,994</u>                                                  | <u>1,039,338</u>                                                  | <u>(1,048,233)</u>                                                   | <u>-</u>                                                        | <u>285,099</u>                                                  |

**Restricted funds – City Bridge Trust**

This is a three-year grant towards the full-time salary of the Director of Clinical Services, therapeutic programme and other costs to support adult male survivors of sexual abuse in the London area.

**Restricted funds – Henry Smith Foundation**

This is a three-year grant towards the counselling support for male survivors of sexual abuse.

**Restricted funds – London Crime Prevention Fund**

This is a grant towards the counselling support for male survivors of sexual abuse via the Mayors Office for Policing and Crime.

### 13. Analysis of charity funds (continued from previous page)

#### Restricted funds – Oak Foundation

This was a discretionary grant to support the counselling work.

#### Restricted funds – Peter Sowerby

This was a grant to support accessibility of the new website.

#### Restricted funds – Stavros Niarchos Foundation

This was a grant to support counselling salaries.

### 14. Analysis of net assets

|                     | Unrestricted<br>funds<br>31 Mar 2023<br>£ | Restricted<br>funds<br>31 Mar 2023<br>£ | Total<br>funds<br>31 Mar 2023<br>£ |
|---------------------|-------------------------------------------|-----------------------------------------|------------------------------------|
| Fixed assets        | -                                         | -                                       | -                                  |
| Current assets      | 366,864                                   | 137,455                                 | 504,319                            |
| Current liabilities | (47,134)                                  | (80,201)                                | (127,335)                          |
|                     | <b>319,730</b>                            | <b>57,254</b>                           | <b>376,984</b>                     |

  

|                     | Unrestricted<br>funds<br>31 Mar 2022<br>£ | Restricted<br>funds<br>31 Mar 2022<br>£ | Total<br>funds<br>31 Mar 2022<br>£ |
|---------------------|-------------------------------------------|-----------------------------------------|------------------------------------|
| Fixed assets        | 180                                       | -                                       | 180                                |
| Current assets      | 327,167                                   | 105,201                                 | 432,368                            |
| Current liabilities | (42,248)                                  | (105,201)                               | (147,449)                          |
|                     | <b>285,099</b>                            | <b>-</b>                                | <b>285,099</b>                     |

### 15. Analysis of net debt

|                           | As at<br>1 Apr 2022<br>£ | Cash flows<br>£ | Other<br>movements<br>£ | As at<br>31 Mar 2023<br>£ |
|---------------------------|--------------------------|-----------------|-------------------------|---------------------------|
| Cash and cash equivalents |                          |                 |                         |                           |
| Cash at bank              | 218,933                  | 138,272         | -                       | 357,205                   |
|                           | <b>218,933</b>           | <b>138,272</b>  | <b>-</b>                | <b>357,205</b>            |

  

|                           | As at<br>1 Apr 2021<br>£ | Cash flows<br>£  | Other<br>movements<br>£ | As at<br>31 Mar 2022<br>£ |
|---------------------------|--------------------------|------------------|-------------------------|---------------------------|
| Cash and cash equivalents |                          |                  |                         |                           |
| Cash at bank              | 369,499                  | (150,566)        | -                       | 218,933                   |
|                           | <b>369,499</b>           | <b>(150,566)</b> | <b>-</b>                | <b>218,933</b>            |

**16. Other financial commitments**

At 31 March 2023, the Charity had annual future minimum lease payments under non-cancellable operating leases (all for property) as set out below:

|                      | <b>Total</b>       | <b>Total</b> |
|----------------------|--------------------|--------------|
|                      | <b>31 Mar 2023</b> | 31 Mar 2022  |
|                      | <b>£</b>           | £            |
| In one year          | <b>50,694</b>      | 50,694       |
| In two to five years | <b>139,409</b>     | 190,103      |
|                      | <b>190,103</b>     | 240,797      |

**17. Trustee remuneration**

During the year, no Trustee received any remuneration (2022: £Nil). No members of the Board of Trustees received reimbursement of travel expenses to meetings (2022: Nil).

**18. Related party transactions**

During the year there were no related party transactions (2022: £Nil).



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# Accounts

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## Annual Report 2021-22

Charity registration - 1077484

Company number - 03792760



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## Legal and administrative information

### Charity name

SurvivorsUK Ltd

### Charity registration no.

1077484

### Company registration no.

03792760

### Registered office and contact details

Unit F, The Bagel Factory  
22 White Post Lane  
London  
E9 5SZ

### Trustees

|                         |                                                                            |
|-------------------------|----------------------------------------------------------------------------|
| Thom Crabbe             | (Chair - appointed 10 October 2021) trustee from 1 April 2021              |
| Tanaka Mhishi           | appointed 1 April 2021                                                     |
| David Raeburn           | appointed 1 April 2021                                                     |
| Jemma Ansell            | appointed 20 September 2022                                                |
| Tahreen Dewan           | appointed 20 September 2022                                                |
| Samuel Peterson         | appointed 20 September 2022                                                |
| Nerissa Steel           | appointed 20 September 2022                                                |
| Daniel Mark Carr        | (Chair - resigned 10 October 2021)                                         |
| Emily McFadden          | (Interim Co-Chair - appointed 10 October 2021) - resigned 15 February 2022 |
| Rushna Alyas            | appointed 1 April 2021 - resigned 13 October 2021                          |
| Sara Brennan            | resigned 15 February 2022                                                  |
| Mark Brown              | resigned 8 October 2021                                                    |
| Dr James Brock Chisholm | resigned 20 September 2022                                                 |
| Sami Heath Qasem        | appointed 1 April 2021 - resigned 15 February 2022                         |

### Chief Executive

Gary Williams

### Principal bankers

Unity Trust Bank  
4 Brindley Place  
Birmingham, B1 2JB

### Independent auditor

Johnsons Chartered Accountants  
1 - 2 Craven Road  
Ealing  
London, W5 2UA

### Accountants

Andy Nash Accounting & Consultancy Ltd  
Units 24 & 25, Goodsheds Container Village  
Hood Road  
Barry, CF62 5QU

# Welcome

## Message from the Chair

I am very proud to be Chair of Trustees at SurvivorsUK and to introduce our Annual Report and Accounts for 2021-22.

Our organisation helps rebuild lives that have been shattered by the experience of sexual violence. This report sets out why we exist and what we have done this year to realise our aims and purpose. It is a powerful report, which I encourage you to read in full.

The last year has been one of significant transition and challenge at SurvivorsUK, including several changes in our staff team and on the Board. I'd like to thank all staff and trustees who have worked for or given time and skills to the organisation during the year, in particular to our outgoing Chief Executive, Alex Feis-Bryce. Special mention also goes to Emily McFadden, who stepped up as a brilliant Co-Chair during a demanding period for the organisation in the second half of the reporting year.

I am delighted that the organisation is rebuilding strongly with a new senior team, ably-led by our Chief Executive, Gary Williams, and new base at Hackney Wick. We are focussed on consolidating our core work, as well as maximising our impact and always driven by our values: to support, to challenge and to build. We are currently undertaking a refresh of our strategy for the new times we are in.

I shall end with grateful thanks to all our funders and supporters, without whom none of this would happen. From our major funders, to our individual supporters, every pound given helps us provide vital support to survivors.



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Thom Crabbe (Dec 23, 2022 16:56 GMT)

**THOM CRABBE**  
**CHAIR OF TRUSTEES**

## Trustees annual report

The Board of Trustees, who are also Directors of the Charity for the purposes of the Companies Act, and Trustees for charity law purposes, submit their annual report and the financial statements of SurvivorsUK for the year ended 31 March 2022.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

### Aims and objectives

#### Our vision

Every survivor of sexual violence, regardless of gender identity, is empowered to speak out and seek support

#### Purpose and aims

SurvivorsUK's objective is to provide practical and emotional support to men, boys and gender nonconforming people who have experienced sexual violence, and to promote any charitable purpose for the benefit of our clients and their friends, families and loved ones.

We also work to raise awareness of the extent of sexual violence against men, boys and gender nonconforming people – to encourage them to seek the help and support they want and to improve professional practice of those who work with them, such as the police, health and social care professionals.

SurvivorsUK was established in 1986 and incorporated as a registered charity in June 1999. Today, the charity is the only specialist service in London helping men, boys and gender nonconforming people navigate the impact of sexual violence. Nationally, we provide help and support through our website, telephone, online helpline services and Group Work. In London we provide face-to-face counselling, group work, Independent Sexual Violence Advisors (ISVA), outreach and engagement services and clinics for legal advice and sexual health.

Our aim is to help any man, boy or gender nonconforming person over the age of 13 who has experienced sexual violence feel empowered to speak about what has happened to them and to be able to access support, should they want it, so they can deal with the devastating impact that sexual violence can have on all aspects of their life.

#### Our approach

SurvivorsUK has identified the three pillars which underpin our activities, communications, ethos, operations and identity:

#### We **Support**

At its core, our organisation will continue to offer services, designed to support our beneficiaries in crucial ways that are not delivered holistically elsewhere.

We will continually monitor and develop these services in order to assess and meet the needs of our beneficiaries, and will not fear adaptation, innovation and change. An empowerment approach forms the basis of all our services.

#### We **Challenge**

Our beneficiaries' needs, and the wider context of abuse and power, are not always acknowledged or understood by statutory services, and the general public does not consistently acknowledge their

existence.

We boldly challenge this invisibility, to raise awareness and ensure better service provision and support in the future.

## We **Build**

The beneficiaries we support often feel isolated, so we connect them with each other in safer spaces, and build physical and online communities. We include friends, families and the general public to build communities of allies and supporters.

We focus on cementing and growing our presence into a firm foundation for a genuine movement for support and change.

## Delivering Public Benefit

SurvivorsUK's objectives and activities fully reflect the purposes that the charity was set up to further. There is an inherent public benefit in raising public awareness of the extent of sexual violence against men and boys so that more feel confident to talk about their experiences, seek help, and access appropriate support. The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and activities, and when planning activities.

## Context

The impact of rape and sexual abuse is enormous and can affect all aspects of people's lives.

The personal difficulties that survivors present to us are extensive, including: relationship difficulties, self-esteem issues, Post Traumatic Stress Disorder, sexual health problems, severe anxiety, depression, suicide attempts and suicidal thoughts, drug or alcohol problems, anger management issues or a declared mental health diagnosis. It is common for survivors to present with dual diagnoses and complex mental health diagnoses such as personality disorders and psychosis. Many have been turned away or even banned from statutory and other third sector services.

We aim to highlight the need for greater awareness of how to respond to male and gender nonconforming victims and survivors among professionals, and for improved responses so that those seeking help have a better experience.

Of the people we help directly, over half report that they were abused as children. Very many present with complex, multiple and acute needs, are experiencing hardship or significant ill-health. The majority of our face-to-face service users are unwaged, on benefits or receiving a state pension.

In a context of increasing economic adversity and inequality we see that the exacerbation of our clients' acute and complex needs has a direct relationship on their capacity to recover from the repercussions of rape and sexual abuse in both the short and long terms. The significant disruption to clients who prefer face-to-face contact during the pandemic has a long-lasting legacy.

For the small minority of clients who choose to report their experiences to the police (3.9% as of our 2015, according to Silent Suffering, Supporting Male Survivors of Sexual Assault), continuing delays and logistical difficulties mean that many survivors see the impact of abuse extended or deferred, resulting in significant distress and higher levels of risk. This is compounded by a media landscape in which high-profile allegations of sexual violence against public figures can foreground harmful societal attitudes towards masculinity (for example, the assumption that men are 'strong' so they could have fought off the attacker), or that sexual violence against gay and bisexual men is acceptable.

The disproportionate impact of sexual violence on Black and transgender communities, coupled with widely reported police misconduct is a significant factor in damaging the ability of survivors to confidently access justice and support within the wider criminal justice and social care systems.

Clients have told us about their typically negative experiences seeking help from non-specialist organisations. Some report being turned away because their gender identity doesn't fit within an organisation's definitions or target groups. Others have been asked inappropriate questions or were treated as offenders rather than victims.

## Our service users

### Who do we support?

SurvivorsUK was established as a service for male victims and survivors to cater for people not provided for by other services. We are an inclusive service and welcome anyone who identifies as male or gender nonconforming. Additionally, we encourage those affected by sexual violence perpetrated against our client group, such as friends, family or loved ones, to contact us.

### What do we mean by sexual violence?

We use the phrase 'sexual violence' to recognise that violence can take many forms, not just physical, and to include any unwanted or non-consensual act performed against a man, boy or gender nonconforming person at any time in their life.

## Achievements and performance

### Key impact 2021/22

- 2,673 people accessed our national online helpline for support this year
- Last year, SurvivorsUK supported over 973 survivors through our ISVA, Westminster Project, Groups and Counselling services
- Of those survivors directly supported, 161 are young people aged between 13-24 years old
- We supported 249 men, boys and gender nonconforming survivors in relation to the criminal justice system
- Approximately 60% of clients access more than one of our services, such as accessing the helpline or groups while on the counselling waiting list
- 97% of service users reported SurvivorsUK helped them feel more confident

### SurvivorsUK services overview

The past year has been a challenging, but constructive one for SurvivorsUK. With the continuation of COVID-19 pandemic restrictions for much of the year, we have continued to provide services online and have actually increased the number of clients we are supporting. Whilst an online offer has worked well for many clients in Group Work, counselling, and is the norm our national web chat helpline, there are some clients for whom face-to-face support is vital. We have experienced reduced income in some areas and anticipate tough times ahead for voluntary sector funding with squeezed public sector budgets and the cost of living crisis.

As restrictions from the pandemic began to ease we finally took a lease on new premises in Hackney Wick, East London. This base is allowing for service teams to start coming together again and provides space for face-to-face contact with clients and meetings with policymakers and prospective supporters.

It has been a year of significant changes in the staff team. We have seen a change in Chief Executive and other key leadership roles during the year, which has been unsettling for both clients and staff. In the short term this has required reducing some activities and maintaining laser focus on our day-to-day service to clients.

After a period of sustained recruitment and rebuilding the team, we now have a strong management and service delivery team in place, with new staff members bringing energy and renewal across our services. New appointments in counselling provide specialist support to clients of Black, Asian, and Mixed Heritage and young clients, while new 'swift response' roles focus on providing interim intervention to new clients and reducing waiting times for support.

SurvivorsUK services continue to be very well regarded and valued by clients and funders. The following sections provide a more detailed update, service by service.

## Spotlight: Group Work

*Group Work provides different ways for service users to connect with other survivors, tell their truth and share experiences. We offer a wide range of groups that cater for a variety of service user needs – from emotional peer support to creative exploration – with group facilitators and fellow group members there for support.*

### Overview

The foundation of our groups is to provide emotional support, psychoeducation, and creative expression in a safe communal space for survivors and their loved ones to move through the healing process of the trauma of sexual violence and abuse.

Group programmes that were introduced at SurvivorsUK in the last two years have been successfully established and developed within this period, with regular weekly, fortnightly and monthly specialist groups (largely run online), based on the expressed needs of survivors.

There have been 14 group programmes facilitated by a dedicated Group Work facilitator, counsellors, and members of our Independent Sexual Violence Advisor (ISVA) team.

### The CORE group

The CORE group is a bespoke, 12-week integrative therapeutic group intervention, tailored specifically to each cohort of survivors. It integrates different therapeutic modalities, including group psychotherapy theory, CBT, humanistic theories, and psychodynamic theories. Each group is facilitated by an accredited psychotherapist and another therapist or experienced group facilitator.

The group is based on respect, care, support and mutuality. Group members have all had situations of sexual violence in which trust and control were taken away and the ethos of the group is to give members full control of how they participate, within the group agreement. Survivors shape the course of the topics covered and are supported in exploring these areas with the facilitators.

This group was run with three cohorts per week, totaling nine groups over the last year.

### Trauma information workshop

Over the two trauma information sessions we delivered in 2021/22, attendees fed back that they found the workshop to be very informative and helpful. Many spoke of feeling reassurance and encouragement to find out that their reactions to abuse and trauma were both “normal” and to be expected. They “no longer felt alone” and were grateful to have become a part of the SurvivorsUK community.

### Key Developments

#### Specialist groups

Our specialist, bespoke groups for underrepresented populations such as BAM (Black, Asian & Mixed Heritage), Young People's and Trans, Non-Binary & Gender Questioning survivors have continued and gathered momentum building on the previous two years. With regular attendance, the need to maintain supportive and healing spaces for survivors where experiences of sexual violence and abuse intersects with protected characteristics has proven crucial.

#### Lifting Lockdown/Tune-in Tuesdays

‘Lifting Lockdown’ was a group convening twice monthly throughout the year for survivors who have felt isolated under lockdown. As with the CORE and Get Together groups, we followed a format of themed sessions with the topics created by the survivors themselves in the check-in.

This group became ‘Tune-in Tuesdays’ when lockdown came to an end and now meets once per month. It is distinct to the Get Together group, in that it is more focused on individual and collective emotional exploration.

## Philosophy

The Philosophy group met once per fortnight and was chaired by two facilitators, plus a philosophy scholar. In each session a different philosopher was discussed, although no prior philosophical knowledge was required for participation – only a keen interest to explore ideas. Up to 15 people attended each week and some of the questions raised proved relevant to society's view of sexual violence.

## Dungeons & Dragons Group

The Dungeons & Dragons group is a facilitated role-playing gaming session which enables survivors to explore aspects of their personality and some of the impact of trauma through fantasy and roleplay.

The continuing success of this group is borne out in feedback from the 2021-22 cohort. Some participants stated that it had allowed them to safely explore gender and identity. Others reported feeling less isolated and more connected. Some players have found it an important part of managing their trauma and a safe escape from difficult or challenging thoughts and feelings.

## Breaking The Pattern

During 2021/22 we started a group for survivors who have perpetrated or who have been at risk of perpetrating sexual abuse. Those involved found the sessions particularly helpful in how they viewed themselves. By acknowledging where they had harmed others they were better equipped to move on and proved to be a unique opportunity to speak openly.

The group ensures that clients who have sexual offending as a concern can access support separate from those who would find this triggering.

## Speaking About Sex in The Context of Being a Survivor

This group stemmed from a recurring theme in CORE group sessions and was requested by survivors for further exploration within its own group. Three online sessions were piloted with a closed group of those who had expressed an interest in the subject. Themes included impact of sexual violence on sex, harmful sex, sex addiction, not having any sex, sober sex, and enjoying healthy sex in intimate relationships.

| Groupwork impact                                                       |                   |
|------------------------------------------------------------------------|-------------------|
| New referrals                                                          | 224 (+30%)        |
| CORE group attendance                                                  | 108 (+3%)         |
| Ongoing CORE group attendance (average)                                | 15 (-25%)         |
| Get Together group attendance (average)                                | 18 (-21%)         |
| Tune-in Tuesdays group attendance                                      | 56 (+154%)        |
| Dungeons and Dragons group attendance                                  | 10 (+66%)         |
| Breaking The Pattern group attendance                                  | 5 (+66%)          |
| Creative Writing group attendance                                      | 15 (-37%)         |
| BAM group attendance                                                   | 12 (no change)    |
| Trans, Non-Binary and Gender Questioning group attendance              | 12 (-33%)         |
| Surviving Chemsex group attendance                                     | 11                |
| Speaking About Sex in the Context of Being a Survivor group attendance | 7                 |
| Overall clients supported through Group Work                           | 240 + open groups |

## Case Study

**Client G, 38 years old, gay male. G was a survivor of both childhood sexual abuse, and adult sexual violence while involved in the Chemsex scene. Up until accessing Group Work he had never spoken about the childhood sexual abuse before.**

G saw the impact of being involved in the Chemsex scene as overwhelming and negative. He had had two children from a previous female partner, a responsible job, good relationship with family and a wide circle of friends. However, he had been drawn towards the scene because, he felt, he had never dealt with his childhood trauma.

He had been concerned about talking about his substance misuse with other survivors as he was worried it might be seen as a “lifestyle choice” and therefore he was not as worthy of support. We assessed G for Group Work and after some discussion agreed that he might be best suited for our Surviving Chemsex group.

G found the environment was one where he could be totally honest about his life without fear of being judged. The first session was particularly challenging, but he soon realised that everyone shared his anxieties and fears. The sessions gave him confidence not “press the self-destruct button” in his life, rebuild his relationships and return to work, whilst finding non-harmful stimulation.

Through the confidence he has gained G now feels ready to join our 12 session CORE group programme. He feels he has got back in touch with his authentic self and has learnt not to respond to negative voices which have previously prevented him from moving forward.

## Spotlight: Counselling Services

**Our counselling services offer survivors the opportunity to speak in-depth about their experiences to a professional on a one-to-one basis. The sessions are trauma-informed, person-centred, and are led by the client and their needs.**

### Overview

The counselling team have been providing client-centred sessions to the service users that have been on the waiting list for the last few years. During 2021-22 counsellors supported over 400 clients and provided 3,023 sessions..

At the beginning of the 2021/22 period the counselling team consisted of eight individual counsellors and one-session support counsellor, fulfilling the equivalent of 5 full-time posts. Loss of funding meant we lost a few counselling team members, but at the end of this period we have rebuilt the counselling team to a full complement of 12 counsellors, including the development of new roles specialising in supporting Black, Asian and Mixed Heritage clients, Eye Movement Desensitisation and Reprocessing (EMDR) therapy, and Swift Response support (see key developments).

Demand for our service continues to outstrip our resources. We typically add a minimum of 20 cases to the waiting list every month, and only close a maximum of 10 cases per month. The compounding effects of the coronavirus pandemic and austerity have destabilised many of our clients' mental health and access to other services, increasing demand upon our services and extending the length of counselling each client requires.

### Swift Response Counselling Scheme

In February 2021 we piloted a ‘swift response’ counselling scheme to try and tackle the waiting list backlog for counselling, offering short-term intervention to support clients with a brief course of counselling, signposting, and information while waiting for regular counselling.

Clients on the waiting list were offered up to four stand-alone, individual support sessions with our dedicated waiting list support counsellor while they waited. This provided emotional support, practical assistance, and psycho-educational support. A resource pack was provided at assessment with tailored self-care exercises, signposting and information.

The feedback that clients gave was that a one-off session, although supportive and needed, wasn't enough to 'hold' them while they waited for therapy. Funding was therefore sought for a regular Swift Response team, which was secured in April 2022.

### Key developments

#### **BAM counsellor role**

This role was developed to support our Black, Asian and Mixed Heritage clients, centred on their experience where race intersects with trauma. Through this role we intend to reach out and connect with more BAM clients and encourage them to use our services.

#### **Young persons counsellor role**

This role has been created to help address the lower numbers of young clients we receive, particularly in the 13-18 years old age group. The young persons counsellor will help to reach, engage and work with survivors in this age group. In order to achieve this, we recommend that SurvivorsUK work alongside Children and Adolescent Mental Health Services (CAMHS) for referrals.

#### **EMDR counsellor**

The Eye Movement Desensitisation and Reprocessing (EMDR) counsellor role has been reinstated, offering clients another trauma-informed method of support. EMDR encourages service users to briefly focus on the trauma memory while simultaneously experiencing bilateral stimulation (typically eye movements), which is associated with a reduction in the vividness and emotion associated with traumatic memories. This will be re-introduced to clients on the waiting list gradually.

#### **Swift Response Team**

The Swift Response team will provide up to 12 sessions to clients on the waiting list, with a view to either close their case if the support is adequate or put them back onto the waiting list for longer-term therapy. This will need to be developed based on client and staff feedback.

The team is to consist of 1 senior counsellor, 2 full-time Swift Response counsellors and a caseworker. At the time of writing (November 2022), the Swift Response counsellor and caseworker are being introduced to the waiting list gradually.

| Counselling impact             |            |
|--------------------------------|------------|
| New referrals                  | 231 (-52%) |
| Current waiting list           | 429 (-22%) |
| Counselling sessions delivered | 3,023 (+3) |
| Overall clients supported      | 426 (-37%) |

### **Spotlight: Independent Sexual Violence Advisor (ISVA) Services**

*Independent Sexual Violence Advisors support people who are considering reporting, or who have reported to the police. This might involve counsellor-client discussions, peer discussion in Group Work, and more focused conversations with the ISVA team.*

*Our service is open to boys, men, and gender nonconforming people over the age of 13 who are living in London or where the offence happened in London.*

#### Overview

Our ISVA team currently consists of four ISVAs and during this period supported approximately 157 clients.

Since 2014, our ISVA team has ensured clients are able to make informed decisions about engaging with the criminal justice system. There is a strong evidence base that the existence of specialist ISVA services like ours increases the likelihood that survivors will report to the police and remain in the criminal justice process. We are also in the process of setting up an ISVA group in collaboration with Group Work, which will allow our clients who are engaging with the criminal justice system the opportunity to receive support in a group setting with and from their peers.

Over the last year there were significant changes to the ISVA team and services to ensure the survivors needs were being met. By removing the ISVA manager case load, the manager was able to focus on expanding the team, support policy reviews and effectively allocate cases. We secured funding for further staff and have recently recruited a new full-time Multiple Disadvantages ISVA, a full-time caseworker and a full-time Swift Response caseworker. This has effectively removed our ISVA waiting list, providing immediate benefit for clients.

We continue to work closely with Galop and many of our clients use Galop services. We are a member of Survivors Trust and through this network actively engage with a range of London-based services on a regular basis. As part of the London Gateway, we work extremely closely with all the other partner agencies and maintain referral pathways.

### **Key developments**

#### **ISVA welcome pack**

We introduced an ISVA welcome pack, which provides our clients with information they may find useful whilst being supported by an ISVA. This is emailed out to every client and provides a list of resources, information about SurvivorsUK and lets them know what to expect from their ISVA.

#### **SARANA Implementation**

ISVAs now use a Sexual Assault Risk and Needs Assessment (SARANA) form on first contact with clients. The form enables an open and friendly conversation between the client and their ISVA while gathering information, reducing the number of professionals clients had to speak to before being allocated to an ISVA.

This change was motivated by concern that clients were being re-traumatised through having to repeat themselves to multiple professionals. By looking at how the referral process could flow in the best possible way, we have enabled a more compassionate and efficient experience for the client.

#### **Online referral form**

We introduced an online referral form that professionals, and clients alike could use to refer into our service. The form was made shorter and wording simplified to make it more accessible for all clients, especially those with learning needs. Our ISVA team has also created procedures for attending court and dealing with first disclosures, which will help staff in the delivery of our services as well as inducting new staff.

| <b>ISVA impact</b>                             |             |
|------------------------------------------------|-------------|
| New referrals                                  | 100 (-33%)  |
| Clients signposted to more appropriate service | 22 (+12%)   |
| Overall clients supported                      | 249 (+164%) |

## Case Study

***Client X, 47 years old, Gay, White British. X was referred to the ISVA team through Group Work services. X was supported by an ISVA for 7 months before being allocated to a new worker, due to his ISVA leaving the organisation.***

Client X has substance misuse issues with previous history of suicide attempts, and is receiving support from another organisation. They have two ongoing police investigations, related to childhood abuse by a teacher and non-recent sexual violence by an ex-partner.

Client X came to us for emotional support through their ongoing police investigations, guidance around the criminal justice process, and advocacy support in speaking with police. They also requested support around financial worries. The stress of reporting severely affected their ability to work and they wanted support speaking to a GP regarding mental health.

During our support we provided information regarding criminal justice process and advocated with police, provided monthly check-in calls for emotional support and signposted for financial support with debts. We also provided information around CICA (Criminal Injuries Compensation Authority).

We provided a supporting letter to their GP to explain their anxiety and stress resulting from police investigation and the impact this was having upon their ability to work. X is currently receiving support through an external debt charity and is feeling less anxious regarding debts.

Client X has built a relationship with his new ISVA and often states that his ISVA “always goes above and beyond. She supports me with healthcare, benefits, emotionally and signposts me to a variety of points of help.”

## Spotlight: Helpline Services

***The online helpline is accessible through live chat (via our website and SMS) and email, 12-8PM, seven days a week. This service allows survivors of any age to speak with a trained emotional support worker (ESW) for up to 45 minutes a day. This is often the safest and first contact that someone makes when speaking about sexual abuse for the first time.***

***Although we are a service primarily for male and gender nonconforming survivors, we support their partners, family and friends of all genders.***

## Overview

During 2021/22 we received 2673 calls through our helpline, and have seen an overall increase in the number of callers disclosing both having experienced sexual violence and having harmed others sexually.

We welcome that these individuals are reaching out for support and work in a carefully tailored way to affirm them as survivors and the parts of them that are brave enough to recognise, acknowledge and seek to be accountable for harm they have caused. We also offer a group specifically for survivors who have harmed others (Breaking The Pattern), and in tandem we signpost into specialist services to address perpetration.

A frequent theme in conversations is supporting male survivors struggling with their sense of masculinity after abuse – a significant minority of whom in this context are vulnerable to radicalisation towards misogynistic hate crime. Creating space for these conversations continues to reaffirm the necessity of services that specialise in supporting men, both for the benefit of men themselves and for all those with whom they interact.

Transphobic narratives in the media continue to weaponise sexual violence to pit cis women against trans women. These experiences reiterate to us the need for the sexual violence sector to articulate clearly a unified analysis of patriarchy as the shared cause of the distinctive types of suffering each gender group experiences after sexual violence. In this way all groups' energy may be directed towards tackling the common causes of their different suffering.

| Helpline impact                           |             |
|-------------------------------------------|-------------|
| Distinct callers                          | 2673 (+11%) |
| Average weekly calls                      | 51.4        |
| People signposted to appropriate services | 714         |

### Positive outcomes

We know first-hand that when given the right support, male survivors need not either permanently internalise shame for having been abused, nor externalise feelings in problematic ways. We are proud to have continued to receive a high volume of positive feedback from people using our service demonstrating the success of its work.

Survivors we have worked with have found ways to make sense of their feelings, cultivate self-compassion, and to channel them into making a positive difference to the lives of their loved ones, communities and society.

One service user who was receiving frequent safeguarding and emotional support from us two years ago, who is now enjoying robust mental health, has himself gained employment within the sector delivering support to other survivors of sexual abuse. The availability to him of our gender-specialist support has, in his words, changed his life.

### Webchat Case Study

*For many male and gender nonconforming survivors of sexual abuse, speaking aloud (such as on the phone) about their abuse feels prohibitively stressful, or impossible to do in privacy. In the words of some of our callers (from our call log with only spelling fixed):*

"I've been so unsure of what to do where to go and I've tried phone lines but when I'm triggered, I can't talk"

"I'm close to house-bound, especially in the winter. and I'm afraid to talk to someone on phone because I live in a flat and the walls are thin"

"I get accidentally misgendered on the phone too which doesn't help me feel safe as a trans person. Nobody ever asks pronouns and it's not their fault but it triggers me and I end up just hanging up"

"I'm really grateful just to write what I can't talk about ... I must admit it has helped me talking. I don't feel hate towards myself as much and the sinking depression feeling I get."

### Spotlight: Westminster Project

*The Westminster Project is a therapeutic outreach programme that engages homeless people in the City of Westminster. We deliver therapeutic services to people who have experienced trauma and live the history of that trauma in the context of homelessness. Now in its fourth year, this unique project brings therapy to those who would not be able to access traditional services due to systemic, structural, or psychological barriers to engagement.*

### Overview

Trauma-informed care is becoming more embedded in homelessness and statutory services in the UK, but there is still a long way to go. There still appears to be a gap in understanding in the role of childhood trauma leading to substance misuse and homelessness and the compounding of trauma, and this is reflected in service provision, policy and societal understanding.

The Holistic Therapy Outreach (HTO) role builds on the trauma-informed model but demonstrates greater flexibility in its approach by committing to meet clients exactly "where they are at", without the need for them to meet certain conditions or travel for engagement to happen. The HTO workers cover three

different temporary accommodation sites and visit rough sleepers.

A crucial element of the role is that each client has one supportive point of contact only. It is often the case that clients do not engage with services because they are “passed from pillar to post”, having to repeat painful, difficult or background information several times. Clients can (and are encouraged to) self-refer, and this can be done flexibly to reduce nervousness or “saying out loud” what has happened to them, until they feel safe to do so. Additionally, managers and support workers in other services can refer clients who they feel may benefit and engage.

### Key Developments

The HTO is now embedded within St. Mungo’s Westminster Move On and Resettlement Services (MORS), Compass Team, and Housing First services, allowing clients which may struggle with more traditional therapeutic interventions to access trauma-informed therapy. We are currently reviewing and streamlining our referral process so that clients can be better assessed to the HTO’s flexible model and meet the complex needs of service users.

### Trauma clinics

The HTO service plays an important part in supporting homelessness service staff and helping them view their work with clients through a trauma informed lens. We have provided educational support to services across the borough, and can be tapped into in an informal manner, or through a more structured training programme.

As of October 2022, a rolling programme of three-hour training sessions is being delivered once per quarter, sharing specialist knowledge and best practices, including:

- the impact of trauma
- working creatively and courageously with clients at risk of suicide
- working with people with a potential diagnosis of personality disorder
- working with people with substance misuse issues
- working with parents who have had children taken into care
- motivating the unmotivated

The HTO team is currently working on a comprehensive training about working with male survivors of child sexual abuse, tapping into SurvivorsUK’s years of expertise in this field.

| Westminster Project impact |            |
|----------------------------|------------|
| Appropriate referrals      | 54 (+107%) |
| Existing clients           | 4          |
| Trauma clinics delivered   | 7          |
| Sessions delivered         | 143        |
| Overall clients supported  | 58 (+123%) |

## Future Plans

SurvivorsUK plans to continue to consolidate for the medium term future whilst growing in a sustainable way to meet the ever-increasing demand for our services. The global pandemic and lockdown has had a significant impact on our clients and our services have adapted quickly to meet the changing needs of our clients. As the world returns to office working and face-to-face service delivery becomes safe once more we will carefully adapt our services to meet the needs of our clients. Meeting our clients where they are and adapting to provide the services they need is central to our ethos and it will remain so in the future.

## Financial review

During the current financial year the Charity incurred a deficit of £8,895 (2021: deficit of £89,207), decreasing total reserves at year end to £285,099 (2021: £293,994).

Of the reserves held at year end, £Nil (2021: £8,315) related to restricted funds and £285,099 (2021: £285,679) related to unrestricted funds.

### Principal Funding Sources

The main funding sources during the year were:

- Ministry of Justice
- Mayor's Office for Policing and Crime (MOPAC)
- Lloyds Bank Foundation
- National Lottery Community Fund
- Westminster City Council

### Reserves Policy

The Trustees have considered Charity Commission guidance on reserves and currently have a policy of holding £100,000 as a general reserve. During the next year the Trustees will be reviewing the current reserve policy and intend to move to a model based on current liabilities and commitments.

The year-end unrestricted reserve was £285,099 which is equivalent to just over three months' expenditure. These funds have been set aside in recognition of the risks inherent in receiving annual grants and the need to plan for the eventuality of multi-year grants coming to an end in 2022-23 and beyond.

## Structure, governance and management

### Governing document

SurvivorsUK is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

SurvivorsUK is a registered charity constituted as a Limited Company under its Memorandum and Articles of Association. The charity registration number is 1077484 (England and Wales) and the company registration number is 03792760 (England and Wales).

### Recruitment and appointment of Trustees

As set out in the Articles of Association, the Chair of Trustees is nominated at the Annual General Meeting.

The Trustees are also the directors of SurvivorsUK for the purpose of company law. Survivors (UK) articles of association require a minimum of three trustees. Directors meet at least every two months, with a quorum of three trustees.

The objective is to have a range of appropriate skillsets across fields that are relevant to the Charity's

objectives. When recruiting new trustees, consideration is given to the existing trustees' skills and experiences and trustees are sought with the additional skills required. Their appointment is by resolution of the Board of Directors/Trustees following which the required legal documentation is completed.

### Trustee induction and training

On their appointment, new Trustees are provided with information, in the form of an induction pack, on their role as a Trustee. Ongoing training is provided as required.

### Organisational structure

SurvivorsUK's Board of Trustees meets at least every 2 months and is responsible for the strategic direction and policy of the Charity, as well as oversight of the Charity's operations.

Board sub-committees are set up as required to consider specific issues. The day-to-day running of the Charity is delegated to the Chief Executive, who is supported by a management team of seven members of staff who report to the CEO. The CEO in turn reports to the Chair of Trustees.

### Remuneration policy

To set the salaries of all staff, the trustees undertake research to benchmark average remuneration packages in the local area and environs, and these are then discussed at appraisals.

### Risk management

The Trustees have conducted their own review of the major risks to which the Charity is exposed, and systems have been established to mitigate those risks.

The main risks identified by the Trustees are currently:

| Risk                                                                                                                                       | Mitigation                                                                                                                                                                                                                                                                                                                                                                            |
|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Charity fails to replace funding as grants come to an end or becomes overly reliant on one funder leading to a significant drop in income. | The charity has appointed a CEO who has a background in fundraising and income generation, who has been charged with broadening and deepening our range of funding streams.                                                                                                                                                                                                           |
| The Charity fails to provide high quality advice leading to a negative impact on reputation and standing in the sector.                    | <p>The Charity will only employ accredited counsellors and also invests in clinical supervision for relevant staff to ensure all advice is provided at a consistently high level.</p> <p>In addition, the Charity invests heavily in training and support for all staff and holds weekly staff meetings to enable a safe space for staff to discuss relevant issues and concerns.</p> |

## Statement of Board of Trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of expenditure over income for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition the trustees confirm that they are happy that content of the annual review in pages 4 to 20 of this document meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

### Information provided to the independent auditor

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as the trustee is aware, there is no relevant audit information of which the company's independent auditor is unaware; and,
- the trustee has taken all the steps he/ she ought to have taken as a trustee in order to make himself/herself aware of any relevant information and to establish that the company's independent auditor is aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of section 418 of the Companies Act 2006.

## Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006.

This report was approved and authorised for issue by the Board of Trustees on 15 December 2022 and signed on its behalf by:



Thom Crabbe (Dec 23, 2022 16:56 GMT)

**THOM CRABBE**  
**CHAIR OF TRUSTEES**

## Independent auditor's report

### Opinion

We have audited the financial statements of SurvivorsUK Ltd (the 'charity') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2022, and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

The objectives of our audit are to identify and assess the risks of material misstatement of the financial statements due to fraud and error; to obtain sufficient appropriate audit evidence regarding the assessed risks of material misstatement due to fraud or error; and to respond appropriately to those risks. Owing to the inherent limitations of an audit, there is an unavoidable risk that material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with the ISAs (UK).

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We obtained an understanding of the legal and regulatory frameworks applicable to the Charity and the sector in which it operates. We determined that the following laws and regulations were most significant: The Charities Act 2011, UK GAAP, Occupational Health and Safety regulations, the Data Protection Act.
- We obtained an understanding of how the Charity are complying with those legal and regulatory frameworks and made enquiries to the management of known or suspected instances of fraud and non-compliance with laws and regulations. We corroborated our enquiries through our review of board minutes, other relevant meeting minutes and review of correspondence with regulatory bodies where appropriate.
- We assessed the susceptibility of the Charity's financial statements to material misstatement, including how fraud might occur.

Audit procedures performed by the audit team included:

- Identifying and assessing the controls management has in place to prevent and detect fraud;
- Understanding how those charged with governance considered and addressed the potential for override

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

### Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement [set out on page 19], the trustees are responsible for the preparation of financial statements which give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error, or override of controls or other

inappropriate influence over the financial reporting process;

- Challenging assumptions and judgments made by management in its significant accounting estimates and judgments;
- Identifying and testing journal entries, in particular journal entries posted with unusual account combinations; and
- Assessing the extent of compliance with the relevant laws and regulations.

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations are from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusions.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities).

This description forms part of our auditor's report.

### Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

*Edmund Cartwright*  
[Edmund Cartwright \(Dec 23, 2022 17:13 GMT\)](#)

**EDMUND CARTWRIGHT (SENIOR STATUTORY AUDITOR)**  
**FOR AND ON BEHALF OF JOHNSONS, CHARTERED ACCOUNTANTS**  
**DATED: 23 DECEMBER 2022**

Statutory Auditor  
Ground Floor  
1 - 2 Craven Road  
Ealing, London  
W5 2UA

## Statement of financial activities

### Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses

For the year ended 31 March 2022

|                                            |         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2021<br>£ |
|--------------------------------------------|---------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|--------------------------------------------------|
|                                            | Notes   |                                                         |                                                       |                                                  |                                                  |
| <b>Income from:</b>                        |         |                                                         |                                                       |                                                  |                                                  |
| Donations and legacies                     | 3       | 52,508                                                  | 979,213                                               | 1,031,721                                        | 956,772                                          |
| Charitable activities                      | 4       | 7,617                                                   | -                                                     | 7,617                                            | 8,492                                            |
| Total income                               |         | 60,125                                                  | 979,213                                               | 1,039,338                                        | 965,264                                          |
| <b>Expenditure on:</b>                     |         |                                                         |                                                       |                                                  |                                                  |
| Raising funds                              | 5 & 6   | 30,608                                                  | -                                                     | 30,608                                           | 19,470                                           |
| Charitable activities:                     |         |                                                         |                                                       |                                                  |                                                  |
| Delivery of counselling and other services | 5 & 7   | 28,265                                                  | 927,397                                               | 955,662                                          | 902,276                                          |
| Awareness raising                          | 5 & 8   | 1,832                                                   | 60,131                                                | 61,963                                           | 132,725                                          |
| Total expenditure                          |         | 60,705                                                  | 987,528                                               | 1,048,233                                        | 1,054,471                                        |
| Net income/(expenditure) for the year      |         | (580)                                                   | (8,315)                                               | (8,895)                                          | (89,207)                                         |
| <b>Reconciliation of funds:</b>            |         |                                                         |                                                       |                                                  |                                                  |
| Total funds brought forward                | 13 & 14 | 285,679                                                 | 8,315                                                 | 293,994                                          | 383,201                                          |
| Total funds carried forward                | 13 & 14 | 285,099                                                 | -                                                     | 285,099                                          | 293,994                                          |

The notes on pages 27 to 41 form part of the financial statements.

**Balance sheet****As at 31 March 2022**

|                                     | Notes   | Total<br>Funds<br>31 Mar 2022<br>£ | Total<br>Funds<br>31 Mar 2021<br>£ |
|-------------------------------------|---------|------------------------------------|------------------------------------|
| <b>Fixed assets</b>                 |         |                                    |                                    |
| Tangible fixed assets               | 10      | 180                                | 1,386                              |
| <b>Current assets</b>               |         |                                    |                                    |
| Debtors and prepayments             | 11      | 213,435                            | 132,442                            |
| Cash at bank and in hand            |         | 218,933                            | 369,499                            |
|                                     |         | <b>432,368</b>                     | 501,941                            |
| <b>Creditors -</b>                  |         |                                    |                                    |
| Amounts falling due within one year | 12      | (147,449)                          | (209,333)                          |
| <b>Net current assets</b>           |         | <b>284,919</b>                     | 292,608                            |
| <b>Net assets</b>                   |         | <b>285,099</b>                     | 293,994                            |
| <b>Funds of the charity</b>         |         |                                    |                                    |
| Restricted funds                    | 13 & 14 | -                                  | 8,315                              |
| Unrestricted funds:                 |         |                                    |                                    |
| General funds                       | 13 & 14 | 285,099                            | 285,679                            |
|                                     |         | <b>285,099</b>                     | 285,679                            |
|                                     |         | <b>285,099</b>                     | 293,994                            |

The notes on pages 27 to 41 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

They were approved and authorised for issue by the Board of Trustees on 15 December 2022 and signed on their behalf by:



Thom Crabbe (Dec 23, 2022 16:56 GMT)

**THOM CRABBE**  
**CHAIR OF TRUSTEES**

## Statement of cash flows

For year ended 31 March 2022

|                                                                 | Total<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2021<br>£ |
|-----------------------------------------------------------------|--------------------------------------------------|--------------------------------------------------|
| <b>Cash flows from operating activities:</b>                    |                                                  |                                                  |
| Net income/(expenditure) for period (as per SOFA)               | (8,895)                                          | (89,207)                                         |
| Adjustments for:                                                |                                                  |                                                  |
| Depreciation charges                                            | 1,206                                            | 1,926                                            |
| (Increase)/decrease in accounts receivable                      | (96,625)                                         | 93,783                                           |
| (Increase)/decrease in accrued grant income                     | 40,112                                           | 104,306                                          |
| (Increase)/decrease in prepayments                              | (12,567)                                         | 1,657                                            |
| (Increase)/decrease in premises deposit                         | (12,674)                                         | 3,149                                            |
| (Increase)/decrease in other debtors                            | 761                                              | (761)                                            |
| Increase/(decrease) in accounts payables                        | (5,739)                                          | (25,623)                                         |
| Increase/(decrease) in HMRC and pensions payable                | (6,326)                                          | 8,207                                            |
| Increase/(decrease) in accruals                                 | 7,283                                            | 1,085                                            |
| Increase/(decrease) in deferred revenue                         | (56,295)                                         | 43,725                                           |
| Increase/(decrease) in credit card                              | (807)                                            | 587                                              |
|                                                                 | <u>(141,671)</u>                                 | <u>232,041</u>                                   |
| <b>Net cash used in operating activities</b>                    | <b>(150,566)</b>                                 | <b>142,834</b>                                   |
| <b>Change in cash and cash equivalents in period</b>            | <b>(150,566)</b>                                 | <b>142,834</b>                                   |
| <b>Cash and cash equivalents at the beginning of the period</b> | <b>369,499</b>                                   | <b>226,665</b>                                   |
| <b>Cash and cash equivalents at the end of the period</b>       | <b>218,933</b>                                   | <b>369,499</b>                                   |

The notes on pages 27 to 41 form part of the financial statements.

# Notes to the financial statements

## 1. Accounting policies

### Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 2, and the Companies Act 2006.

The effect of any event relating to the year ended 31 March 2022, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2022 and the results for the year ended on that date.

The functional currency of the Charity is sterling and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

### Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment, and the ongoing global COVID-19 pandemic has had no material impact on this assessment.

### Legal status

SurvivorsUK Ltd is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered address is Unit F, The Bagel Factory, 22 White Post Lane, London. E9 5SZ.

### Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds are unrestricted funds which have been designated for a specific purpose by the Trustees. The aim and use of each designated fund is set out in note 13 of the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 13 of the financial statements.

### Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

## **1. Accounting policies (continued from previous page)**

### **Income (continued from previous page)**

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

Income from charitable activities, including contract income and client fees, is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

Interest is recorded when it is receivable.

### **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated proportionate to total direct costs allocated to each project area, as outlined in note 5 of the financial statements.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### **Tangible fixed assets and depreciation**

All assets costing more than £500 are capitalised unless funded by restricted grants and donations.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on the following basis:

|                     |           |
|---------------------|-----------|
| Computers equipment | 3/4 years |
|---------------------|-----------|

### **Cash at bank and in hand**

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values but are not held for investment purposes.

### **Debtors and prepayments**

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

### **Creditors and accruals**

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

### **Critical estimates and judgements**

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The annual depreciation charge for tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

**1. Accounting policies (continued from previous page)****Financial instruments**

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

**Pensions**

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

**2. Comparative statement of financial activities**

|                                              |         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2021<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2021<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2021<br>£ |
|----------------------------------------------|---------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
|                                              | Notes   |                                                         |                                                       |                                                  |
| Income from:                                 |         |                                                         |                                                       |                                                  |
| Donations and legacies                       | 3       | 48,808                                                  | 907,964                                               | 956,772                                          |
| Charitable activities                        | 4       | 8,492                                                   | -                                                     | 8,492                                            |
| <b>Total income</b>                          |         | <b>57,300</b>                                           | <b>907,964</b>                                        | <b>965,264</b>                                   |
| Expenditure on:                              |         |                                                         |                                                       |                                                  |
| Raising funds                                | 5 & 6   | 19,470                                                  | -                                                     | 19,470                                           |
| Charitable activities:                       |         |                                                         |                                                       |                                                  |
| Delivery of counselling and other services   | 5 & 7   | 101,747                                                 | 800,529                                               | 902,276                                          |
| Awareness raising                            | 5 & 8   | 14,967                                                  | 117,758                                               | 132,725                                          |
| <b>Total expenditure</b>                     |         | <b>136,184</b>                                          | <b>918,287</b>                                        | <b>1,054,471</b>                                 |
| <b>Net income/(expenditure) for the year</b> |         | <b>(78,884)</b>                                         | <b>(10,323)</b>                                       | <b>(89,207)</b>                                  |
| Reconciliation of funds:                     |         |                                                         |                                                       |                                                  |
| Total funds brought forward                  | 13 & 14 | 364,563                                                 | 18,638                                                | 383,201                                          |
| Total funds carried forward                  | 13 & 14 | 285,679                                                 | 8,315                                                 | 293,994                                          |

### 3. Income from donations and legacies

|              | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2022<br>£ |
|--------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Grant income | 10,000                                                  | 950,320                                               | 960,320                                          |
| Donations    | 42,508                                                  | 28,893                                                | 71,401                                           |
|              | <b>52,508</b>                                           | <b>979,213</b>                                        | <b>1,031,721</b>                                 |

  

|              | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2021<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2021<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2021<br>£ |
|--------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Grant income | 3,860                                                   | 879,668                                               | 883,528                                          |
| Donations    | 44,948                                                  | 28,296                                                | 73,244                                           |
|              | <b>48,808</b>                                           | <b>907,964</b>                                        | <b>956,772</b>                                   |

### 4. Income from charitable activities

|                                         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2022<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2022<br>£ |
|-----------------------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Counselling income                      | 2,370                                                   | -                                                     | 2,370                                            |
| Other income from charitable activities | 5,247                                                   | -                                                     | 5,247                                            |
|                                         | <b>7,617</b>                                            | <b>-</b>                                              | <b>7,617</b>                                     |

  

|                                         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2021<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2021<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2021<br>£ |
|-----------------------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Counselling income                      | 4,565                                                   | -                                                     | 4,565                                            |
| Other income from charitable activities | 3,927                                                   | -                                                     | 3,927                                            |
|                                         | <b>8,492</b>                                            | <b>-</b>                                              | <b>8,492</b>                                     |

**5. Total expenditure**

|                                               | <b>Direct<br/>staff<br/>costs</b> | <b>Other<br/>direct<br/>costs</b> | <b>Indirect<br/>staff<br/>costs</b> | <b>Other<br/>indirect<br/>costs</b> | <b>Total<br/>costs</b>            |
|-----------------------------------------------|-----------------------------------|-----------------------------------|-------------------------------------|-------------------------------------|-----------------------------------|
|                                               | <b>Year ended<br/>31 Mar 2022</b> | <b>Year ended<br/>31 Mar 2022</b> | <b>Year ended<br/>31 Mar 2022</b>   | <b>Year ended<br/>31 Mar 2022</b>   | <b>Year ended<br/>31 Mar 2022</b> |
|                                               | <b>£</b>                          | <b>£</b>                          | <b>£</b>                            | <b>£</b>                            | <b>£</b>                          |
| <b>Expenditure on:</b>                        |                                   |                                   |                                     |                                     |                                   |
| Raising funds                                 | 22,357                            | 1,486                             | 1,954                               | 4,811                               | <b>30,608</b>                     |
| Charitable activities                         |                                   |                                   |                                     |                                     |                                   |
| Delivery of counselling<br>and other services | 708,016                           | 36,425                            | 61,017                              | 150,204                             | <b>955,662</b>                    |
| Awareness raising                             | 25,974                            | 22,295                            | 3,955                               | 9,739                               | <b>61,963</b>                     |
|                                               | <b>756,347</b>                    | <b>60,206</b>                     | <b>66,926</b>                       | <b>164,754</b>                      | <b>1,048,233</b>                  |
|                                               |                                   |                                   |                                     |                                     |                                   |
|                                               | Direct<br>staff<br>costs          | Other<br>direct<br>costs          | Indirect<br>staff<br>costs          | Other<br>indirect<br>costs          | Total<br>costs                    |
|                                               | Year ended                        | Year ended                        | Year ended                          | Year ended                          | Year ended                        |
|                                               | 31 Mar 2021                       | 31 Mar 2021                       | 31 Mar 2021                         | 31 Mar 2021                         | 31 Mar 2021                       |
|                                               | £                                 | £                                 | £                                   | £                                   | £                                 |
| <b>Expenditure on:</b>                        |                                   |                                   |                                     |                                     |                                   |
| Raising funds                                 | 11,379                            | 2,832                             | 1,044                               | 4,215                               | 19,470                            |
| Charitable activities                         |                                   |                                   |                                     |                                     |                                   |
| Delivery of counselling<br>and other services | 618,412                           | 40,171                            | 48,366                              | 195,327                             | 902,276                           |
| Awareness raising                             | 28,158                            | 68,720                            | 7,114                               | 28,733                              | 132,725                           |
|                                               | 657,949                           | 111,723                           | 56,524                              | 228,275                             | 1,054,471                         |

Indirect costs have been allocated based on the proportion of direct costs attributable to each activity.

An analysis of costs of raising funds split between restricted and unrestricted funds can be found in note 6.

An analysis of charitable activities split between restricted and unrestricted funds can be found in notes 7 & 8.

An analysis of staff costs can be found in note 9.

Indirect costs includes:

|                      | <b>Total<br/>costs</b> | Total<br>costs |
|----------------------|------------------------|----------------|
|                      | <b>Year ended</b>      | Year ended     |
|                      | <b>31 Mar 2022</b>     | 31 Mar 2021    |
|                      | <b>£</b>               | £              |
| Staff costs          | <b>66,928</b>          | 56,524         |
| Administrative costs | <b>32,590</b>          | 132,149        |
| Finance costs        | <b>17,967</b>          | 16,706         |
| Premises costs       | <b>36,944</b>          | 37,819         |
| Other staff costs    | <b>30,717</b>          | 27,656         |
| IT costs             | <b>26,618</b>          | 11,335         |
| Governance costs     | <b>19,918</b>          | 2,610          |
|                      | <b>231,682</b>         | 284,799        |

Governance costs includes:

|                                  | <b>Total<br/>costs</b> | Total<br>costs |
|----------------------------------|------------------------|----------------|
|                                  | <b>Year ended</b>      | Year ended     |
|                                  | <b>31 Mar 2022</b>     | 31 Mar 2021    |
|                                  | <b>£</b>               | £              |
| Statutory audit                  | <b>6,000</b>           | -              |
| Independent examination          | -                      | 945            |
| Insurance                        | <b>758</b>             | 206            |
| Trustee meetings and recruitment | -                      | 584            |
| Strategic review                 | <b>858</b>             | 875            |
| Legal costs                      | <b>12,302</b>          | -              |
|                                  | <b>19,918</b>          | 2,610          |

**6. Expenditure on raising funds**

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2022</b> | <b>Year ended<br/>31 Mar 2022</b> | <b>Year ended<br/>31 Mar 2022</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | 22,357                            | -                                 | 22,357                            |
| Direct other costs | 1,486                             | -                                 | 1,486                             |
| Indirect costs     | 6,765                             | -                                 | 6,765                             |
|                    | <b>30,608</b>                     | <b>-</b>                          | <b>30,608</b>                     |

  

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2021</b> | <b>Year ended<br/>31 Mar 2021</b> | <b>Year ended<br/>31 Mar 2021</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | 11,379                            | -                                 | 11,379                            |
| Direct other costs | 2,832                             | -                                 | 2,832                             |
| Indirect costs     | 5,259                             | -                                 | 5,259                             |
|                    | <b>19,470</b>                     | <b>-</b>                          | <b>19,470</b>                     |

**7. Expenditure on charitable activities – delivery of counselling and other services**

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2022</b> | <b>Year ended<br/>31 Mar 2022</b> | <b>Year ended<br/>31 Mar 2022</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | -                                 | 708,016                           | 708,016                           |
| Direct other costs | -                                 | 36,425                            | 36,425                            |
| Indirect costs     | 28,265                            | 182,956                           | 211,221                           |
|                    | <b>28,265</b>                     | <b>927,397</b>                    | <b>955,662</b>                    |

  

|                    | <b>Unrestricted<br/>Funds</b>     | <b>Restricted<br/>Funds</b>       | <b>Total<br/>Funds</b>            |
|--------------------|-----------------------------------|-----------------------------------|-----------------------------------|
|                    | <b>Year ended<br/>31 Mar 2021</b> | <b>Year ended<br/>31 Mar 2021</b> | <b>Year ended<br/>31 Mar 2021</b> |
|                    | <b>£</b>                          | <b>£</b>                          | <b>£</b>                          |
| Direct staff costs | -                                 | 618,412                           | 618,412                           |
| Direct other costs | -                                 | 40,171                            | 40,171                            |
| Indirect costs     | 101,747                           | 141,946                           | 243,693                           |
|                    | <b>101,747</b>                    | <b>800,529</b>                    | <b>902,276</b>                    |

## 8. Expenditure on charitable activities – awareness raising

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2022 | Year ended<br>31 Mar 2022 | Year ended<br>31 Mar 2022 |
|                    | £                         | £                         | £                         |
| Direct staff costs | -                         | 25,974                    | 25,974                    |
| Direct other costs | -                         | 22,295                    | 22,295                    |
| Indirect costs     | 1,832                     | 11,862                    | 13,694                    |
|                    | <b>1,832</b>              | <b>60,131</b>             | <b>61,963</b>             |

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2021 | Year ended<br>31 Mar 2021 | Year ended<br>31 Mar 2021 |
|                    | £                         | £                         | £                         |
| Direct staff costs | -                         | 28,158                    | 28,158                    |
| Direct other costs | -                         | 68,720                    | 68,720                    |
| Indirect costs     | 14,967                    | 20,880                    | 35,847                    |
|                    | <b>14,967</b>             | <b>117,758</b>            | <b>132,725</b>            |

## 9. Staff costs

|                    | Total<br>costs            | Total<br>costs            |
|--------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2022 | Year ended<br>31 Mar 2021 |
|                    | £                         | £                         |
| Gross salaries     | <b>741,110</b>            | 645,106                   |
| Employer's NIC     | <b>60,763</b>             | 52,214                    |
| Employer's pension | <b>21,402</b>             | 17,153                    |
|                    | <b>823,275</b>            | 714,473                   |

The average headcount during the period was 33 persons (2021: 31 persons).

No employee received employee benefits of more than £60,000 (2020: Nil).

The total employee benefits paid to key management personnel during the year was £107,281 (2021: £131,739).

**10. Tangible fixed assets**

|                          | <b>Computer<br/>equipment<br/>£</b> | <b>Total<br/>fixed assets<br/>£</b> |
|--------------------------|-------------------------------------|-------------------------------------|
| Cost                     |                                     |                                     |
| As of 1 April 2021       | 5,871                               | <b>5,871</b>                        |
| As of 31 March 2022      | <b>5,871</b>                        | <b>5,871</b>                        |
| Accumulated depreciation |                                     |                                     |
| As of 1 April 2021       | 4,485                               | <b>4,485</b>                        |
| Charge in the year       | 1,206                               | <b>1,206</b>                        |
| As of 31 March 2022      | <b>5,691</b>                        | <b>5,691</b>                        |
| Net book value           |                                     |                                     |
| As of 1 April 2021       | <b>1,386</b>                        | <b>1,386</b>                        |
| As of 31 March 2022      | <b>180</b>                          | <b>180</b>                          |

**11. Debtors and prepayments**

|                      | <b>Total<br/>31 Mar 2022<br/>£</b> | <b>Total<br/>31 Mar 2021<br/>£</b> |
|----------------------|------------------------------------|------------------------------------|
| Accounts receivable  | <b>179,132</b>                     | 82,507                             |
| Accrued grant income | -                                  | 40,112                             |
| Premises deposit     | <b>12,674</b>                      | -                                  |
| Prepayments          | <b>21,629</b>                      | 9,062                              |
| Other debtors        | -                                  | 761                                |
|                      | <b>213,435</b>                     | 132,442                            |

**12. Creditors: amounts falling due within one year**

|                  | <b>Total</b>       | <b>Total</b>       |
|------------------|--------------------|--------------------|
|                  | <b>31 Mar 2022</b> | <b>31 Mar 2021</b> |
|                  | <b>£</b>           | <b>£</b>           |
| Accounts payable | 12,929             | 18,668             |
| Credit card      | 1,237              | 2,044              |
| HMRC payable     | 14,630             | 19,296             |
| Pensions payable | 2,744              | 4,404              |
| Deferred revenue | 105,201            | 161,496            |
| Accruals         | 10,708             | 3,425              |
|                  | <b>147,449</b>     | <b>209,333</b>     |

Deferred income consists of the following deferred grants:

|                                       | <b>Total</b>       | <b>Total</b>       |
|---------------------------------------|--------------------|--------------------|
|                                       | <b>31 Mar 2022</b> | <b>31 Mar 2021</b> |
|                                       | <b>£</b>           | <b>£</b>           |
| As of 1 April 2021                    | 161,496            | 117,771            |
| Amount released to income in the year | (161,496)          | (117,771)          |
| Amount deferred in the year           | 105,201            | 161,496            |
| As of 31 March 2022                   | <b>105,201</b>     | <b>161,496</b>     |

**13. Analysis of charity funds**

|                                  | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2022<br>£ | Income<br>received<br>in period<br>Year ended<br>31 Mar 2022<br>£ | Resources<br>expended<br>in period<br>Year ended<br>31 Mar 2022<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2022<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2022<br>£ |
|----------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Unrestricted funds</b>        |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| General funds                    | 285,679                                                         | 60,125                                                            | (60,705)                                                             | -                                                               | 285,099                                                         |
|                                  | <b>285,679</b>                                                  | <b>60,125</b>                                                     | <b>(60,705)</b>                                                      | <b>-</b>                                                        | <b>285,099</b>                                                  |
| <b>Restricted funds</b>          |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| Bolt Burdon Kemp                 | -                                                               | 28,893                                                            | (28,893)                                                             | -                                                               | -                                                               |
| City Bridge Trust                | -                                                               | 15,000                                                            | (15,000)                                                             | -                                                               | -                                                               |
| Henry Smith Foundation           | -                                                               | 12,375                                                            | (12,375)                                                             | -                                                               | -                                                               |
| Holistic Trauma Outreach Project | -                                                               | 19,320                                                            | (19,320)                                                             | -                                                               | -                                                               |
| Lloyds Bank Foundation           | -                                                               | 33,333                                                            | (33,333)                                                             | -                                                               | -                                                               |
| London Crime Prevention Fund     | -                                                               | 117,096                                                           | (117,096)                                                            | -                                                               | -                                                               |
| Ministry of Justice - Website    | -                                                               | 149,463                                                           | (149,463)                                                            | -                                                               | -                                                               |
| MOPAC - Male Rape Support Fund   | -                                                               | 252,804                                                           | (252,804)                                                            | -                                                               | -                                                               |
| National Lottery Community Fund  | 8,315                                                           | 98,002                                                            | (106,317)                                                            | -                                                               | -                                                               |
| NHS England                      | -                                                               | 81,138                                                            | (81,138)                                                             | -                                                               | -                                                               |
| Oak Foundation                   | -                                                               | 9,000                                                             | (9,000)                                                              | -                                                               | -                                                               |
| Peter Sowerby                    | -                                                               | 25,000                                                            | (25,000)                                                             | -                                                               | -                                                               |
| Stavros Niarchos Foundation      | -                                                               | 9,000                                                             | (9,000)                                                              | -                                                               | -                                                               |
| Transformation Fund              | -                                                               | 128,789                                                           | (128,789)                                                            | -                                                               | -                                                               |
|                                  | <b>8,315</b>                                                    | <b>979,213</b>                                                    | <b>(987,528)</b>                                                     | <b>-</b>                                                        | <b>-</b>                                                        |
|                                  | <b>293,994</b>                                                  | <b>1,039,338</b>                                                  | <b>(1,048,233)</b>                                                   | <b>-</b>                                                        | <b>285,099</b>                                                  |

**Restricted funds – Bolt Burdon Kemp**

This is support towards an ISVA worker.

**Restricted funds – City Bridge Trust**

This is a three-year grant towards the full-time salary of the Director of Clinical Services, therapeutic programme and other costs to support adult male survivors of sexual abuse in the London area.

**Restricted funds – Henry Smith Foundation**

This is a three-year grant towards the counselling support for male survivors of sexual abuse.

### **13. Analysis of charity funds (continued from previous page)**

#### **Restricted funds – Holistic Trauma Outreach Project**

This is funding from Westminster City Council for a holistic trauma outreach project.

#### **Restricted funds – Lloyds Bank Foundation**

This is a three year grant to support groupwork and counselling.

#### **Restricted funds – London Crime Prevention Fund**

This is a grant towards the counselling support for male survivors of sexual abuse via the Mayors Office for Policing and Crime.

#### **Restricted funds – MOPAC – Male Rape Support Fund**

A further one-year grant was awarded in 2019-2020 to continue funding the first male client specific Independent Sexual Violence Advisor in London.

#### **Restricted funds – Ministry of Justice – Website**

A further one-year grant was awarded in 2017-2018 to develop and run the National Male Survivor website and information project. This included the delivery of a national emotional support service using digital delivery methods.

#### **Restricted funds – National Lottery Community Fund**

This is a three year grant to support groupwork and counselling.

#### **Restricted funds – NHS**

This is a grant to support work with the NHS.

#### **Restricted funds – Oak Foundation**

This was a discretionary grant to support the counselling work.

#### **Restricted funds – Peter Sowerby**

This was a grant to support accessibility of the new website.

#### **Restricted funds – Stavros Niarchos Foundation**

This was a grant to support counselling salaries.

#### **Restricted funds – Transformation Fund**

This is a project co-ordinated by the Women and Girl's Network to support counselling work.

**13. Analysis of charity funds (continued from previous page)**

|                                  | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2021<br>£ | Income<br>received<br>in period<br>Year ended<br>31 Mar 2021<br>£ | Resources<br>expended<br>in period<br>Year ended<br>31 Mar 2021<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2021<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2021<br>£ |
|----------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Unrestricted funds</b>        |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| General funds                    | 364,563                                                         | 57,300                                                            | (136,184)                                                            | -                                                               | 285,679                                                         |
|                                  | 364,563                                                         | 57,300                                                            | (136,184)                                                            | -                                                               | 285,679                                                         |
| <b>Restricted funds</b>          |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| Bolt Burdon Kemp                 | -                                                               | 28,296                                                            | (28,296)                                                             | -                                                               | -                                                               |
| City Bridge Trust                | -                                                               | 60,000                                                            | (60,000)                                                             | -                                                               | -                                                               |
| Henry Smith Foundation           | 10,323                                                          | 49,375                                                            | (59,698)                                                             | -                                                               | -                                                               |
| Holistic Trauma Outreach Project | -                                                               | 22,570                                                            | (22,570)                                                             | -                                                               | -                                                               |
| Lloyds Bank Foundation           | -                                                               | 41,667                                                            | (41,667)                                                             | -                                                               | -                                                               |
| London Crime Prevention Fund     | -                                                               | 145,069                                                           | (145,069)                                                            | -                                                               | -                                                               |
| Ministry of Justice - Website    | -                                                               | 149,463                                                           | (149,463)                                                            | -                                                               | -                                                               |
| MOPAC - Male Rape Support Fund   | -                                                               | 160,113                                                           | (160,113)                                                            | -                                                               | -                                                               |
| National Lottery Community Fund  | 8,315                                                           | 97,311                                                            | (97,311)                                                             | -                                                               | 8,315                                                           |
| NHS England                      | -                                                               | 87,337                                                            | (87,337)                                                             | -                                                               | -                                                               |
| Transformation Fund              | -                                                               | 66,763                                                            | (66,763)                                                             | -                                                               | -                                                               |
|                                  | 18,638                                                          | 907,964                                                           | (918,287)                                                            | -                                                               | 8,315                                                           |
|                                  | 383,201                                                         | 965,264                                                           | (1,054,471)                                                          | -                                                               | 293,994                                                         |

#### 14. Analysis of net assets

|                     | Unrestricted<br>funds<br>31 Mar 2022<br>£ | Restricted<br>funds<br>31 Mar 2022<br>£ | Total<br>funds<br>31 Mar 2022<br>£ |
|---------------------|-------------------------------------------|-----------------------------------------|------------------------------------|
| Fixed assets        | 180                                       | -                                       | 180                                |
| Current assets      | 327,167                                   | 105,201                                 | 432,368                            |
| Current liabilities | (42,248)                                  | (105,201)                               | (147,449)                          |
|                     | <b>285,099</b>                            | <b>-</b>                                | <b>285,099</b>                     |

  

|                     | Unrestricted<br>funds<br>31 Mar 2021<br>£ | Restricted<br>funds<br>31 Mar 2021<br>£ | Total<br>funds<br>31 Mar 2021<br>£ |
|---------------------|-------------------------------------------|-----------------------------------------|------------------------------------|
| Fixed assets        | 1,386                                     | -                                       | 1,386                              |
| Current assets      | 332,130                                   | 169,811                                 | 501,941                            |
| Current liabilities | (47,837)                                  | (161,496)                               | (209,333)                          |
|                     | <b>285,679</b>                            | <b>8,315</b>                            | <b>293,994</b>                     |

#### 15. Analysis of net debt

|                           | As at<br>1 Apr 2021<br>£ | Cash flows<br>£  | Other<br>movements<br>£ | As at<br>31 Mar 2022<br>£ |
|---------------------------|--------------------------|------------------|-------------------------|---------------------------|
| Cash and cash equivalents |                          |                  |                         |                           |
| Cash at bank              | 369,499                  | (150,566)        | -                       | 218,933                   |
|                           | <b>369,499</b>           | <b>(150,566)</b> | <b>-</b>                | <b>218,933</b>            |

  

|                           | As at<br>1 Apr 2020<br>£ | Cash flows<br>£ | Other<br>movements<br>£ | As at<br>31 Mar 2021<br>£ |
|---------------------------|--------------------------|-----------------|-------------------------|---------------------------|
| Cash and cash equivalents |                          |                 |                         |                           |
| Cash at bank              | 226,665                  | 142,834         | -                       | 369,499                   |
|                           | <b>226,665</b>           | <b>142,834</b>  | <b>-</b>                | <b>369,499</b>            |

**16. Other financial commitments**

At 31 March 2022, the Charity had annual future minimum lease payments under non-cancellable operating leases (all for property) as set out below:

|                      | <b>Total</b>       | <b>Total</b>       |
|----------------------|--------------------|--------------------|
|                      | <b>31 Mar 2022</b> | <b>31 Mar 2021</b> |
|                      | <b>£</b>           | <b>£</b>           |
| In one year          | <b>50,694</b>      | -                  |
| In two to five years | <b>190,103</b>     | -                  |
|                      | <b>240,797</b>     | -                  |

**17. Trustee remuneration**

During the year, no Trustee received any remuneration (2021: £Nil). No members of the Board of Trustees received reimbursement of travel expenses to meetings (2021: Nil).

**18. Related party transactions**

During the year there were no related party transactions (2021: £Nil).



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# Accounts

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# SurvivorsUK Ltd

## Trustees Annual Report and Unaudited Financial Statements

### Year ended 31 March 2021

Charity registration - 1077484

Company number - 03792760



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## Legal and administrative information

### Charity name

SurvivorsUK Ltd

### Previous operating names

Survivors U.K. and Survivors (UK) Limited

### Charity registration no.

1077484

### Company registration no.

03792760

### Registered office and contact details

c/o Andy Nash Accounting & Consultancy Ltd  
Units 24 & 25, Goodsheds Container Village  
Hood Road  
Barry, CF62 5QU

### Trustees

|                         |                                                                          |
|-------------------------|--------------------------------------------------------------------------|
| Thom Crabbe             | (Interim Co-Chair - appointed 10 October 2021) trustee from 1 April 2021 |
| Emily McFadden          | (Interim Co-Chair - appointed 10 October 2021)                           |
| Daniel Mark Carr        | (Chair - resigned 10 October 2021)                                       |
| Rushna Alyas            | appointed 1 April 2021 - resigned 13 October 2021                        |
| Sara Brennan            |                                                                          |
| Mark Brown              | resigned 8 October 2021                                                  |
| Dr James Brock Chisholm |                                                                          |
| Tanaka Mhishi           | appointed 1 April 2021                                                   |
| Sami Heath Qasem        | appointed 1 April 2021                                                   |
| David Raeburn           | appointed 1 April 2021                                                   |

### Chief Executive

Alex Feis-Bryce

### Principal bankers

Unity Trust Bank  
4 Brindley Place  
Birmingham, B1 2JB

### Independent examiner

Haines Watts  
4 Claridge Court  
Lower Kings Road  
Berkhamsted, HP4 2AF

### Accountants

c/o Andy Nash Accounting & Consultancy Ltd  
Units 24 & 25, Goodsheds Container Village  
Hood Road  
Barry, CF62 5QU

## Message from the Co-Chairs

SurvivorsUK, like the rest of the sector and indeed the world, has faced a challenging year.

The global pandemic of COVID-19, experienced during our last financial year March 2020 to March 2021 was something that had not been anticipated, and has meant huge and significant changes to all of our lives as we knew them.

The trustees are so proud of our staff team, led by our Chief Executive Alex Feis-Bryce, for their hard work, dedication, resilience, flexibility and determination to move our services online seamlessly. The staff team has ensured the ongoing support of our current clients, as well as new clients we have begun to support during the pandemic. Like many organisations some of our key income has been impacted alongside costs incurred to move services online

In spite of the challenges we are currently supporting more than 3000 survivors every year; and we have supported more than 5000 on their recovery journey since we started supporting our clients remotely.

Our staff team has continued to expand, which has given us the opportunity to support even more men and boys who have experienced sexual violence.

Alongside our front-line work and services supporting men and boys who have experienced sexual assault, we have continued work behind the scenes on other projects crucial to the future of the organisation.

We are excited about moving into our new office space in the next year, which will provide a comfortable environment for our staff to work, as well as space for some of our therapeutic services to return from remote, back to in-person. We understand that for many of our clients, they have appreciated the flexibility of remote counselling and we plan to adapt to the needs of our clients by adopting a hybrid and flexible approach.

We have just launched our new brand, which we feel really shows our core values, as well as being more engaging and accessible. We have received fantastic feedback on this from our clients.

SurvivorsUK has been a powerful success for 35 years this year, and we are determined to ensure the organisation continues to thrive. We are just about to launch our Challenge35 campaign, which aims to raise £35,000 to celebrate our birthday, and to secure funds to enable to continue our much-needed work, supporting men and boys who have experienced sexual violence and assault.

Our ultimate goal is to continue to develop and adapt our services to meet the needs of everyone - our existing beneficiaries and those we are yet to reach. We strive to create a community of support for our clients and their loved ones and, as we grow, we're delighted that we're moving ever closer to that goal.

Best wishes,



**EMILY MCFADDEN & THOM CRABBE**  
**INTERIM CO CHAIRS**

## Trustees annual report

The Board of Trustees, who are also Directors of the Charity for the purposes of the Companies Act, and Trustees for charity law purposes, submit their annual report and the financial statements of SurvivorsUK for the year ended 31 March 2021.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

## Aims and objectives

### Purpose and aims

SurvivorsUK's objective is to provide practical and emotional support to men, boys and non-binary people who have experienced sexual violence, and to promote any charitable purpose for the benefit of our clients and their friends, families and loved ones. We also work to raise awareness of the extent of sexual violence against men, boys and non-binary people – to encourage them to seek the help and support they want and to improve professional practice of those who work with them, such as the police, health and social care professionals. SurvivorsUK was established in 1986 and incorporated as a registered charity in June 1999. Today, the charity is the only specialist service in London to help men, boys and non-binary people navigate the impact of sexual violence. Nationally, we provide help and support through our website, telephone, online helpline services and groupwork. Additionally, in London we provide face to face counselling, groupwork, Independent Sexual Violence Advisors (ISVA), outreach and engagement services and clinics for legal advice and sexual health.

Our aim is to help any man, boy or non-binary person over the age of 13 who has experienced sexual violence feel empowered to speak about what has happened to them and to be able to access support, should they want it. When they do, we want to ensure they have access to the kinds of support that they want, so they can deal with the devastating impact that sexual violence can have on all aspects of life.

Delivering Public Benefit SurvivorsUK's objectives and activities fully reflect the purposes that the charity was set up to further. There is an inherent public benefit in raising public awareness of the extent of sexual violence against men and boys so that more feel confident to talk about their experiences, seek help, and access appropriate support.

The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and activities, and when planning activities.

### Context

Since 2014 Operation Hydrant (the national policing response to non-recent child sexual abuse investigations concerning persons of public prominence, or in relation to those offences which took place within institutional settings) has 8820 victims on its register. Of these, 6156 identify as male and 19 are of unknown sex. Yet there remains an overwhelming number of unreported and unrecorded cases. A report, Silent Suffering, Supporting Male Survivors of Sexual Assault, which launched in November 2015, cited our research on the percentage of men who report their experiences of rape and sexual assault to the police (3.9%). This report shows that in the period 2010-2014, there were 26,483 recorded incidents of men being victims of sexual assault or rape. Taking into account that just 3.9% of men will report the crime to the police, the estimate of actual sexual assaults and rapes against men across the UK is 679,051 incidences from 2010-2014. The report also highlights a number of barriers to men reporting their experiences in a society where rape, sexual assault and sexual abuse remain taboo. Shame, guilt, isolation, fear of ridicule and not being believed are common barriers that prevent men and boys telling someone and seeking help. Further barriers include societal attitudes towards masculinity (for example, the assumption that men are 'strong' and should be able to fight so they could have fought off the attacker).

Clients have told us about their typically negative experiences seeking help from non-specialist organisations. Some report being turned away because their gender identity doesn't fit with the

organisation's definitions or target groups. Others have been asked inappropriate questions or were treated as offenders rather than victims. We aim to highlight the need for greater awareness of how to respond to male victims and survivors among professionals, and for improved responses so that those seeking help have a better experience.

Of the people we help directly, over half report that they were abused as children. Many present with complex, multiple and acute needs who are experiencing hardship or significant ill-health. The majority of our face-to-face service users are unwaged, on benefits or receiving a state pension. The impact of rape and sexual abuse is enormous and can affect all aspects of people's lives. Key issues that people present with include relationship difficulties, self-esteem issues, Post Traumatic Stress Disorder, sexual health problems, severe anxiety, depression, suicide attempts and suicidal thoughts, drug or alcohol problems, anger management issues or declared a mental health diagnosis. Many present with dual diagnoses and complex mental health diagnoses such as personality disorders and psychosis. Many have been turned away or banned from statutory and other third sector services.

## Our service users

### What do we mean by sexual violence?

We use the phrase 'sexual violence' to recognise that violence can take many forms, not just physical, and to include any unwanted or non-consensual act performed against a man, boy or non-binary person at any time in their life.

### Who do we support?

SurvivorsUK was established as a service for male victims and survivors to cater for people not provided for by other services. We are an inclusive service and welcome anyone who identifies as male or non-binary.

Additionally we encourage those affected by sexual violence perpetrated against our client group, such as friends, family or loved ones, to contact us.

## Achievements and performance

### Online

#### Website and social media

SurvivorsUK's website is for many service users the first step in looking for help and support and is a valuable national resource for male and non-binary survivors throughout the UK. In addition to a national database of services and vital information about sexual violence, a key aspect of our website is our blog which gives a platform to survivors to tell their story anonymously. This can be extremely powerful for both the survivors speaking out about their experiences and anyone else who has experienced sexual violence who visits our website.

In 2020/21 our website had 212,485 visitors.

Throughout this financial year the team have been working on a rebranding project which will involve a web rebuild and a significant improvement in how our website integrates with our helpline. These projects are expected to be completed before the end of 2021.

|            | Facebook fans | Facebook | Twitter fans | Twitter | Instagram fans | Instagram |
|------------|---------------|----------|--------------|---------|----------------|-----------|
| 2020/21    | 5.2K          | 14.4K    | 9.1K         | 4K      | 2.5K           | 6.3K      |
| % increase | +4%           | -49%     | +12%         | +5%     | +67%           | +19%      |

## Outreach and engagement

Numbers of outreach attendance is significantly lower due to the difficulties around COVID-19. A key factor which made our outreach work, which had previously been conducted mostly in person, more difficult this year was the fact that many organisations were no longer able to invite external speakers. We therefore shifted the focus to online outreach including recordings, webinars and video series for external organisations. The numbers of people reached directly, described below as “combined attendance”, has therefore reduced during the pandemic but we are confident that the videos and online resources that have been produced have been widely disseminated to a large audience.

| Outreach 2020/2021                     |            |
|----------------------------------------|------------|
| Outreach combined attendance           | 942 (-64%) |
| Number of Outreach sessions            | 72 (+14%)  |
| Number of key contacts                 | 88 (+9%)   |
| Planning, Training & Workshop sessions | 32 (-47%)  |

## Service delivery

Key factors for service delivery in the year

### Adapting to the global pandemic and lockdown

The global pandemic and the lockdown which has been in place for much of the period covered by this report has had a significant impact on our clients and staff and we were forced to quickly transition from delivering the majority of our services face-to-face to delivering all of our services remotely. This brought with it a number of logistical challenges but thanks to the hard-work and determination of our staff team and the resilience of clients we were able to ensure that all of our services were still being delivered throughout this period.

## Staff and services

One of the salient changes in terms of service staff has been a significant expansion across the organisation. This has allowed exciting changes in terms of both the quantity but also the scope of services being delivered. Increased resources have also allowed for increased creativity but with no compromise in the passion, conviction and empathy with which we deliver our frontline services.

## Service users

The lockdown has brought with it additional difficulties for many of our clients and this has meant that many are presenting with increased levels of risk and often greater support needs. Despite the difficult global context, we continue to see service users’ resilience and survivorship and many survivors’ desire to build a community of peer support and a mutuality of care.

## The Counselling Service

Over the past year, the team worked together to maintain all counselling services using a remote delivery model, in response to the Covid-19 pandemic and the hiatus between SurvivorsUK premises. The majority of our clients have continued to receive their services via phone or video-calling, with a small number choosing to pause their support until we’re able to resume face-to-face sessions. We continue to deliver our innovative counselling+ model offering a trauma-informed approach to meet the needs of vulnerable male and non-binary clients. We offer EMDR as part of our model. This intervention is currently being delivered by Support Counsellor, Salma Khanom, the second practitioner we have supported to gain their EMDR practitioner qualification.

The service has been sustained by seven funders/commissions with the stated intent to offer an alternative to the more limited provision available via the NHS, or other charities, and to ensure that rape crisis services

are accessible for non-binary people, boys and men.

Our team of Support Counsellors has continued to work responsively to meet clients' needs in terms of contact outside session times; flexibility of appointment times and counselling approach; and contact with other professionals in order to provide a wraparound service. Because our current funding is for provision to Londoners, we have restricted new referrals to people living in London since the end of 2020. We have continued counselling to those clients outside London who were already engaged, or waiting, prior to that time.

At the end of December 2020, we recruited our first Waiting List Support Counsellor, Leigh Graham funded by the Mayor's Office For Policing and Crime (MOPAC). Leigh's 1 year, full-time, post was created to pilot counselling support for the 200+ men and non-binary people waiting for weekly counselling with SurvivorsUK. Our 8 individual Support Counsellors fulfill the equivalent of approximately 4.5 full-time posts. The team is managed by the Counselling Lead, Elizabeth Noble, who also delivers a small number of clinical hours.

In addition to the counselling+ model, we have been testing an innovative approach to support for clients waiting for ongoing counselling. Wait times for counselling continue to grow due to the demand for our service. At time of writing around 280 people are on our counselling waiting list and most people are waiting around 15 months from assessment to the start of their counselling.

Since February 2021, our Waiting List Support Counsellor Leigh Graham has been delivering stand-alone, 50-minute counselling sessions to clients on the waiting list for regular counselling. The dual aims of this pilot initiative are:

- Support clients with brief counselling, signposting, and information while waiting for regular counselling
- Learn more about the needs of clients on our waiting list in order to shape future interventions for this group

Because of the one-off/very brief nature of the intervention, it is not appropriate to use pre and post outcome measurement tools. We do have powerful qualitative feedback from clients on their experience of accessing waiting list support sessions. This has been shared directly with clients at our Service User forum in February 2021. A majority of clients who have accessed sessions with Leigh have reported feeling supported, and appreciative of the space to talk. Clients state that one-off sessions enable them to release emotions and share thoughts in an environment of trust and non-judgement. A majority of clients accessing sessions so far have explicitly voiced strong endorsement for the concept of waiting-list support. All clients that Leigh has shared self-help resources and signposting information with have stated this was helpful. Clients have stated that self-help materials aid them in understanding their experience of trauma, and give them tools to keep themselves safe, mentally and physically.

### Counselling Case study

Paul is a Black British, heterosexual cis-man in his forties. He came to SurvivorsUK seeking EMDR to help him with flashbacks resulting from childhood sexual abuse. When Paul started therapy, he described his flashbacks as like driving along and seeing billboard adverts by the roadside. He didn't remember a time in his life without flashbacks, and was prompted to seek help as they were becoming more vivid, and encroaching on all areas of his life. In addition to the sadness, anger, disgust and anxiety that his flashbacks prompted, Paul also experienced difficulties with focussing, and asserting boundaries.

After 20 sessions of counselling and EMDR, Paul reported a decrease in intensity of his flashbacks from 10/10 to 0/10. He also transformed his core belief that he was "unworthy of love" to a "firm belief that (he is) worthy of love and respect", which Paul stated was positively impacting his ability to identify and express his needs. Paul described improvements in his self confidence, and decreased anxiety and depression, as a result of his therapy.

At the close of counselling Paul said: "Counselling and EMDR work through Survivors has literally been life changing. I have lived with this horrible burden for over four decades and the work that my counsellor and I have done together has resulted in a paradigm shift in my sense of being. I finally feel able to make my own choices and live my own life".

| Counselling                                   |              |
|-----------------------------------------------|--------------|
| New referrals                                 | 483 (+2%)    |
| New clients assessed                          | 555 (+305%)  |
| Counselling Sessions Delivered                | 2,926 (+57%) |
| Overall Clients supported through counselling | 685 (+34%)   |

| Counselling                                                         |            |
|---------------------------------------------------------------------|------------|
| Number of clients able to explore their feelings and problems       | 91% (+8%)  |
| Number of clients who reported improved coping                      | 92% (+24%) |
| Clients who completed a course of counselling (minimum 12 sessions) | 78% (-7%)  |

### The ISVA Service

The ISVA team has undergone some significant changes in the last financial year. We have significantly expanded the team recruiting an ISVA Coordinator, an additional ISVA post and a Caseworker which is the first of its kind at SurvivorsUK.

We have also worked hard to establish new service standards and procedures.

### Changes implemented to the ISVA Service

- Triage assessment – creation and implementation of initial assessments for ISVA referrals.
  - Identifying complex cases for MD ISVAs.
  - Assessing risks and needs prior to ISVA contact.
  - Establishing whether the ISVA service is the appropriate service for the survivor.
  - Giving survivors a choice of gender of their worker.
  - Signposting/referring to other internal and external services.
- Elimination of ISVA waiting list – in April '20 there was a backlog of cases from December '19
- New service standards implemented:
  - New referrals contacted within 5 days to arrange (or complete if possible) initial assessment.
  - First ISVA contact within 1-2 weeks of allocation/completion of initial assessment.
  - Frequency of ISVA contact – minimum once a month check-in with clients to re-assess their needs and potential risks.
- Creation of ISVA information booklet – shared with clients after the initial assessment.

| ISVA                                             |           |
|--------------------------------------------------|-----------|
| New referrals to ISVA Service                    | 151 (+3%) |
| Overall clients supported through ISVA           | 94 (+17%) |
| Number of cases closed                           | 75        |
| Clients signposted to a more appropriate service | 25        |

We also implemented new outcome measures for our ISVA service but saw improvements from the previous year where measures were comparable.

| ISVA                                                                          |            |
|-------------------------------------------------------------------------------|------------|
| Clients report better health and wellbeing                                    | 94%        |
| Clients feel more empowered and have better choice and control in their lives | 97% (+16%) |
| Clients feel better able to access further support if they need it            | 84% (+12%) |
| Clients feel more informed about consent and their rights                     | 78%        |

#### Service user feedback:

"I have been asking questions since I reported over two years ago and these first two times that I have spoken to you, I finally feel like my questions are being answered and I am starting to understand the process and what will happen next".

"Your regular contact is really nice, and I find it really reassuring. I am so very grateful for the support that you are providing to me."

"I actually felt a bit triggered when I saw your text message and then I wasn't going to answer your call. I am now so glad that I did. I did not realise that I was still allowed to access help from SurvivorsUK after withdrawing from the Police process. I am so grateful for the help and support that I can still receive."

"...I have to say you been a great support and I don't know where I would be if I didn't have that at times it's comforting and really reassuring"

### The Casework Service

We started a new Caseworker service in January 2021, delivered by 1 newly recruited staff member (full-time role) under the management of the ISVA service.

Caseworker responsibilities include:

- Processing ISVA referrals.
- Triaging ISVA referrals (initial assessments booking and completion).
- Clinic26.
- Overseeing Civil Law Clinic bookings.
- Casework.

Casework support includes:

- Support, information, and advice around Housing.

- Referrals to GP, Mental Health and other support services.
- Information on Immigration and referrals to a specialist service.
- Support, information and advice on Finances and Benefits.
- Support around Employment and Education.
- General advocacy with other professionals involved in survivors' care.
- Police and Independent Office for Police Conduct (IOPC) complaints.
- Criminal Injuries Compensation Authority (CICA) scheme applications.

## The Helpline service

Our national helpline services provide free, confidential support to men, boys (trans and cisgender) and non-binary people affected by sexual violence, by instant messaging (online and SMS) and email, 7 days a week.

With more survivors suddenly at home as lockdowns took hold, emails to the helpline service more than doubled compared to the previous year, and instant support via SMS text messaging increased significantly (by 13%), while live chats via our website reduced by a similar amount (12%). This is likely to reflect an increased reliance on mobile phones for private communication.

| Helpline             |             |
|----------------------|-------------|
| Distinct calls       | 2,408 (-5%) |
| Average weekly calls | 46.2        |

In January the messaging provider WhatsApp came under global scrutiny for announcing a change to its privacy policy that would have affected our service users detrimentally, were we to accept it. As a result we took the difficult decision to stop advertising our WhatsApp number and to begin a managed transition away from the service, before the change would otherwise come into effect in May 2021. This accounts for a 24% drop in WhatsApp chats before the end of the 2020-21 financial year.

To compensate for the impending loss of WhatsApp we began scoping possible work with specialist software developers to make our website live chat service more accessible and user-friendly, work that we hope will come to fruition in 2021-22, subject to funding.

Those who get in touch with our helpline regularly tell us about the life-changing impact it had. Some examples below:

"This chat service is a really great thing ... I am leaving the chat in a much better headspace than when I went into it."

"It's great to know this is here to be honest. ... I really feel like you've listened and you understand and haven't judged me. I feel a glimpse of relief just in speaking to you."

"It's been a weight has lifted a bit having talked to you about my problems ... I'm really grateful just to write what I can't talk about"

"I must admit it has helped me talking. I don't feel hate towards myself as much."

"This service is a lifesaver. Chatting by text is a great way to communicate with someone which is intimate without being overwhelming."

"Helped me put things into perspective and made me feel like there is support out there if I need it."

| Helpline                                                                                |          |
|-----------------------------------------------------------------------------------------|----------|
| Callers who responded to our post-chat survey said the person they spoke to was helpful | 92% (+1) |

## Groupwork

Lockdown presented interesting new challenges for us all, including the Groupwork service. At the end of March 2020 we engaged the services of a freelance Zoom facilitator who is experienced both in facilitating groups on Zoom and in managing concerns such as safeguarding and security. During the year we adapted to the changing needs, both in how we deliver groups and the content of the groups.

We have been so grateful to our clients' commitment to the groupwork programme through this period and their flexibility in moving to an online platform. Almost 100% of the groupwork clients have stayed engaged with the programme during this transition.

We have engaged an external consultant to write an impact report regarding online working. We hope that this will provide information and guidance for other organisations as well as inform our online service for the future.

### The core 12 session groups

The foundation of the Groupwork programme at SurvivorsUK is the 12 session closed group. This has continued and grown online through the last year. During April 2020-2021 we have delivered 12 core groups. We have found a smaller group size is preferable on Zoom so the average size is 8.

The core group is a bespoke integrative therapeutic group intervention. By this we mean that it is tailored specifically to survivors and it integrates different therapeutic modalities, including group psychotherapy theory, CBT, humanistic theories and psychodynamic theories.

The group ethos is respect, care, support and mutuality. Group members have all had situations of sexual violence in which trust and control were taken away and the ethos of the group is to give group members full control, within the group agreement, of how they participate. Trust and safety are crucial and at all times we work to create a safe space. We also work with an existential framework of honouring the trauma and encouraging each person to consider how they might want to make some sense of meaning in their lives so they can be the person they want to be.

Themes explored in the group include shame, anger, anxiety, depression, disclosure, sexuality, gender identity, confronting the abuser, suicide, self harm and self destructive behaviour, relationships, intimacy and many more.

### Ongoing Group

Given our understanding of trauma informed support as the presence of a reparative connection, we want to create a space for group members to have a sustained relationship both with SurvivorsUK and each other. This is consistent with the idea of building communities rather than simply applying an intervention. The Ongoing Group is a monthly group open to anyone who has gone through the groupwork programme. Before lockdown this was attended by 8-15 people each month but in this reporting period the attendance has increased to an average of 20.

### The BAM Group

At SurvivorsUK we are acutely aware that people from Black and Minority Ethnic Communities are under-represented within our population and we wanted to create a safe and dedicated space for these clients. This is a monthly open group for clients who self-identify as Black and Asian men who are also survivors. During the reporting period this group has become a crucial space for BAM clients to reflect on the death of George Floyd and the Black Lives Matter movement through the context of being a survivor. After George Floyd's death we dedicated our Instagram page for two weeks to the needs of BAM communities.

### Trans & Nonbinary Group

Another under-represented group within our population are trans and nonbinary survivors. We have a

dedicated group for these clients, some of whom have also engaged with the core groups and others who wished to remain in a trans and nonbinary dedicated space. This is a monthly open group with a current membership of 12.

### **Creative Writing Group**

We are very aware of the power of the written word and that for some people this is an easier mode of expression than speaking. We run a 6 week closed Creative Writing Group on an ongoing basis. In this reporting period we have delivered four six week programmes. The facilitators of this group have shown particular flair in translating this to an online format.

During the reporting period the Creative Writing group has expanded to include a monthly 'Open mic night' which is open to anyone who has attended the Creative Writing Group. This is an opportunity for service users to meet together, showcase their work and be nourished by others' creativity.

### **Get together**

Since Dec 2018 we have been holding a monthly Get Together. This is open to any client currently receiving services or who is on the waiting list. The three stipulations of engaging are: Confidentiality, Respecting each other and 'all you have to do is show up'. The Get-together is designed to be an informal, unpressured opportunity for survivors to meet together for an informal chat. Before lockdown the average attendance was 15-20, during the reporting period this has risen to 20-25. We have adapted the format for Zoom. We gather, have a light-touch check in, and then there are themed break out rooms such as 'Social chat', 'Coping', 'Relationships with ourselves and each other', 'Expressing ourselves creatively' etc. In response to client feedback we have also introduced a breakout room check in for those who wish to take part in a more significant emotional discussion.

### **Festive season groups**

We are aware that the Christmas / New Year season is a challenging one for many, and particularly this year in Lockdown. During the seasonal period we facilitated four additional group spaces, each of which were attended by 20-23 people.

### **Allies Group**

We have become increasingly aware of the crucial role that allies (friends, family, loved ones) play in survivors' lives and twice a year we have offered a parallel space as part of the Ongoing Group. Prior to lockdown we were planning to launch a monthly open Allies' Group and we launched this during this last year. The take up was less than we had anticipated so we advertised it in a more targeted fashion and now have a viable group.

### **Service User panel**

Whilst the Service User Panel isn't a formal part of the Groupwork Programme, attendance has hugely increased because of clients' engagement with other groups. We meet three times a year after the Get-Together which means that attendance is high from across all services and new members are supported by more established clients.

### **Trauma information workshop**

Whilst our core groups have an element of psycho-education, this is not their principle focus, and we are also aware that many clients who are on the waiting list would appreciate some information about trauma, the impact of trauma and how to cope with some of the symptoms of trauma. To this end we hold a trauma information workshop three times a year. They are attended by an average of 20 people.

### **New groups**

We wanted to adapt creatively to the pandemic and not stand still. As well as adapting the existing groups as outlined above, below are new ventures, groups and opportunities we have introduced during this last year.

## Lockdown reach out / Lifting Lockdown / Surviving Lockdown

It is testament to the experience of the reporting year that this group has had three different names. 'Lockdown reach out' was a response to the group members of the groups who had to move online. They asked if they could continue fortnightly online until such time as we could meet face to face once again. We then extended the invitation list to all on the waiting list or who are receiving services through SurvivorsUK. As lockdown restrictions eased we renamed it 'Lifting Lockdown', hastily changing it once again to 'Surviving Lockdown' just before Christmas. It has continued as 'Surviving Lockdown' but with the intention of renaming it once again 'Lifting Lockdown' from April 2021.

The aim of this group is to provide a space for survivors to explore the impact of Covid and of lockdown through the lens of being a survivor. This group is typically attended by 20-23 people.

## Dungeon & Dragons Group

This had been in the planning stages prior to lockdown but has been delivered online on a fortnightly basis from June 2020. The Dungeon and Dragons Group is an opportunity for clients who are currently on the assessed and waiting list to engage in a facilitated role playing game which will enable them to explore aspects of their personality and some of the impact of trauma through fantasy and role play. This has been a remarkably successful group and we have a sign up list ready for two more groups. An interview with the two facilitators for International Men's Day can be found here:

<https://www.facebook.com/SurvivorsUK/videos/one-of-the-therapy-groups-we-run-is-a-dungeons-and-dragons-therapy-group-where-s/711941059528412/>

We have also introduced a fortnightly Dungeons and Dragons Talking Group on the request of the D&D group participants. This allows group participants to reflect and discuss in a facilitated space what the game has brought up for them.

## Breaking the Pattern

Prior to lockdown we were in the planning stages for starting a group for survivors who have perpetrated or who have been at risk of perpetrating sexual abuse. This is due to the difficulty some of these clients have in accessing group services. We had thought to delay this until we returned to face-to-face work, but as lockdown continued and demand for this group increased, we decided to pilot it online.

We consulted with specialist groups of practitioners working within the probation service as well as academics in creating both the content and format of this group. We have now created and delivered an eight-session closed group and are gathering participants for another. One of the facilitators has completed the StopSO course and the other has worked extensively in sexual health and in sexual health outreach, including with offenders. We have consulted with Stop It Now and with the Probation and Jigsaw workers connected with individual participants.

This is a challenging group to facilitate within an organisation for survivors, but we have seen a number of demonstrable benefits:

- It ensures that clients who have sexual offending as a concern are able to access support separately from clients who would find this extremely challenging
- It ensures that clients who have sexual offending as a concern aren't further silenced but are able to access a group in which they can speak about all aspects of themselves
- It is consistent with our ethic of hospitality and welcome to all

## Young people's group

We have held an open monthly young people's group online from June 2020. We have 5 consistent members and 3 new referrals. We have also worked with our Community and Engagement Officer, Digital Communications Officer and ISVA Co-ordinator in advertising our services for 13-19 year olds.

## Clinic26

Before lockdown Clinic26 was a monthly specialist sexual health clinic for survivors created in partnership between SurvivorsUK and the Royal London Hospital. We reinstated this as part of the groupwork provision in Nov 2020. It involves a group meeting followed by the opportunity for 1:1 appointments with a sexual health doctor, sexual health advisor, counsellor and / or caseworker. We have extended its remit and advertised it as a wellbeing clinic. Each clinic has been attended on average by 12 clients.

## ISVA support group

Feedback both from clients and ISVAs stated that service users going through or who had gone through the Criminal Justice System had no opportunity to speak about the emotional impact of this journey. In Nov 2020 we started an ISVA support group which is a monthly open group attended by a maximum of 10 people.

There have been a number of one-off events which have been facilitated by the groupwork programme:

## SurvivorsUK rebranding project

We have been engaged in a rebranding project in conjunction with ShapeHistory, a branding agency. Clients have been engaged in this process through the groupwork programme. We created a particular space for two art workshops that fed into the visual rebrand as well as several focus groups to discuss the wording and rebrand as a whole.

## Training

We delivered training at York University on how effectively to deliver therapeutic groups online (see appendix 6) and for a consortium of third sector organisations School for Social Entrepreneurs. We have also held a workshop for Mankind in Brighton about how best they might deliver their groupwork programme online.

In addition we have responded to queries from a number of survivors organisations about how they might either adapt or create their groupwork model, including groups in Hereford and Bath & Avon.

We have had an ongoing contact with a survivors organisation in Lancashire who have both consulted us as to how best to support their young people on a 1:1 basis and referred them to our groupwork programme.

## EastEnders

The EastEnders scriptwriter and production team worked in close collaboration with us on the Danny Dyer abuse storyline which was prominent particularly over the Christmas / New Year period 2020-2021. As well as consulting with staff on the script, we arranged for service users from the groupwork programme to meet with producers, scriptwriters and with Danny Dyer to advise on the storyline and character development. This is an example of an increasingly close relationship between the groupwork programme and our external communications and media teams. Below is a blog written by one of the groupwork members who participated in this process:

<https://www.survivorsuk.org/blog/press-release-survivorsuk-works-with-eastenders-on-csa-storyline-featuring-danny-dyer/>

## Peer support update

Group itself creates the opportunity for mutuality of relationship and peer support. It is well documented that doing something for others is beneficial to mental health and group members' ability to support each other is of significant therapeutic benefit. This has the potential to continue beyond and outside the parameters of the group.

The following are examples of this:

- Many of the groups have continued contact as a group beyond the twelve sessions
- Many group participants have developed mutually supportive friendships beyond the life of the

group

- Group members have been able to support each other with specific concerns. For example, over Christmas one group member was housed in temporary accommodation which didn't include cooking facilities. Another group member arranged for us to deliver a food package to that person

### Thrivers Peer led group

As a result of a hunger from the groups to create more spaces and forums to meet, one service user has set up a purely peer led group, Thrivers, of SurvivorsUK clients. This has now been brought under the umbrella of SurvivorsUK and will be a focus for the service user reps once they are appointed. Currently Thrivers exists on a Discord platform but we will extend this to face to face social groups once conditions allow.

### Feedback

Examples of changes made in the last 12 months as a result of service user feedback:

- The development of the service user rep post and taking Thrivers under the umbrella of SurvivorsUK
- The development of the 'Talking group' as an extension of the Dungeon and Dragons Group
- Creating and maintaining the various Lockdown groups
- The creation of an ISVA support group

### Established members at the get together

Established members of earlier groups attend both the Ongoing group and the Get-together and are informal peer mentors for those who are those who perhaps are attending the Get-together for the first time. On a number of occasions an attendee at the Get-together has asked to be referred into the groupwork programme as a result of speaking with established group members at the Get-together.

### Podcast

Over the past year the Groupwork Co-ordinator and one of the Groupwork Facilitators have built on the 'Trauma Talks' project which has been a result of the groupwork programme.

These podcasts are affiliated with SurvivorsUK and are available to download for free, with accompanying support sheets about all aspects of trauma and the inter-relationship of different experiences of trauma. So far group members have been involved in recording podcasts on the following topics:

- Surviving child sexual abuse
- Surviving the prison system
- Trauma and intersectionality
- Trauma and chemsex
- Managing the Covid-19 pandemic and lockdown as a survivor of other trauma

These podcasts are available to survivors, interested parties and other professionals. A link to the Trauma talks website is:

<https://www.traumataalks.co.uk>

### Research

At SurvivorsUK we often receive research requests and the group members have the opportunity, should they wish to, to feed into research in the area of sexual abuse. For some service users this is an invaluable

opportunity to express themselves and have their voice heard in a way which might make a difference both to services, general understanding and political response.

The ethos of the groups is about strength building. We continue to call the programme 'Groupwork' because it is work. We address painful, vulnerable areas of people's lives but always with the belief and knowledge that this is a journey on which we are engaged together to build resilience, integrate our pain and create a future in which we can be more fully who we are.

During this last year we have worked hard to make ourselves available online. We have adapted the groupwork programme for online provision, adapting the way in which groups are structured and run and considering access and barriers to online work for service users through lockdown. For example, we put one service user in touch with our zoom consultant so he could receive bespoke support in managing access to emails, downloading Zoom and linking into the group.

One of the significant benefits of online working is that our Groupwork programme now has a UK remit. This is something we will continue through a blended provision of online and face to face working as we come out of lockdown.

Our core impact reports and online surveys show that 80% of groupwork clients show improvement in wellbeing. This in addition to the qualitative feedback, very low drop-out rates and increased attendance are testament to the positive value of the groups in survivors' lives.

#### Quotes from service users

'Thank you always for your amazing input. It's worth saying, even if you hear it often. For me your interaction, manner and style simply could not be better. I hope that my appreciation is perhaps a source of nurture.'

'It ... feels secure - you do amazingly well organising so much for us...'

"Invaluable in helping me cope through lockdown - a lifeline"

'One thing that is stable in a world that is falling apart, don't have to say anything if you don't want.'

"Couldn't get through lockdown without SurvivorsUK"

#### Case study - P

P is a 67 year old who lives in Scotland and referred himself to the core groups. He had been taken into the care of a church elder at age 11 following the death of his mother and was sexually abused by him until his early 20s. He had also been removed from school and any contact with the outside world except for the church community. P managed to leave the abusers home in his 20s with the help of a friend from the church, but continued to live a very solitary life, remaining very dependent on the friend who had helped him leave. When P was assessed he said he had a computer but didn't know how to turn it on or how to access his email. We put him in touch with our Zoom consultant who worked out his computer was locked, sourced a local computer repair shop near him, called ahead to explain what was needed and then arranged for him to take the computer into the shop to be unlocked and for Zoom to be downloaded. She then arranged a 1:1 training session via the phone to explain how to access his emails and to access zoom. She reported that when he logged onto Zoom and saw her face, he was utterly astonished: 'There you are!!' he cried! P went on to access the 12 session group, speaking for the first time about the years of sexual abuse and coercive control, meeting other men and creating relationships of friendship and trust. He described the group as utterly life changing.

## Outputs

| Groupwork                                                       |                                                  |
|-----------------------------------------------------------------|--------------------------------------------------|
| Group sessions combined attendance                              | 1857 (+115%)                                     |
| New referrals                                                   | 171 (+11%)                                       |
| People who accessed the 12 session core group                   | 105 (+7%)                                        |
| People who accessed the Trans & nonbinary group                 | 18 (+45%)                                        |
| People who accessed the BAM Group                               | 12 (+33%)                                        |
| People who accessed Wellbeing day                               | N/A                                              |
| People accessed the Creative Writing Group                      | 24 (+50%)                                        |
| An average of people who access each monthly Ongoing Group      | 20 (+40%)                                        |
| An average of people who access each monthly Get-Together       | 23 (+14%)                                        |
| People who accessed the Dungeon & Dragons Groups                | 6                                                |
| An average of people who access Clinic26                        | 12                                               |
| An average of people attending the young people's monthly group | 5                                                |
| People who accessed Breaking the Pattern Group                  | 3                                                |
| An average of people attending the Trauma Information Workshop  | 20                                               |
| An average of people attending the Lockdown groups              | 22                                               |
| An average of people attending each monthly ISVA support group  | 8                                                |
| Overall Clients supported through Groupwork                     | 178 + all the clients who access the open groups |

## The Holistic Trauma Outreach Service in Westminster (HTO)

This service is now in its third year. The role of HTO worker was created in partnership with the Commissioner of Westminster Homelessness Services in response to a growing desire to be more flexible around outreach and support with the most vulnerable and marginalised in the local homeless population.

The HTO role exists to provide therapeutic services to a client group in a more flexible, informal and person-centred way. This role is defined by meeting clients “where they are at”, without conditions or prerequisites.

The model is integrative, using an approach that best fits the client in the current moment, and offering interventions appropriate to the needs and lifestyle of each client. It involves techniques to help the client feel grounded and introduces appropriate information around trauma and the impact it has on the brain, mind and body.

The HTO worker can support the client to build practical coping strategies and offer them space to speak about what has happened to them. This is done at the client's pace and where they feel safe and provides an opportunity for them to create a narrative of their experience and to develop a connection with another person, through which healing and recovery can evolve.

Clients can (and are encouraged to) self-refer, and this can be done flexibly to reduce nervousness or “saying out loud” what has happened to them, until they feel safe to do so. After referral, the client and HTO worker agree a simple action plan, meeting place, contact methods and boundaries. Having only one point of contact enables consistency, so that clients do not get ‘lost’ over time when they change

accommodation, go to prison, return to sleeping rough, go to hospital or move to more independent living.

In addition to supporting clients directly, part of the role is to improve cross-sector professional knowledge and understanding of sexual violence-related trauma and to support staff. Sharing specialist knowledge and best practice is delivered through a rolling programme of 3 hour training sessions, including:

- the impact of trauma
- working creatively and courageously with clients who are at risk of suicide
- working with people with a potential diagnosis of personality disorder
- working with parents who have had children taken into care
- motivating the unmotivated

Informal support also occurs through conversations in services with individual staff members, about their wellbeing, for example, or supporting them in exploring how best to work with a client who has experienced trauma. This can be on an 'ad hoc' basis, when conversations arise naturally in which staff members can air concerns, or can be arranged more regularly through advice clinics and sessions.

This service has been challenging to deliver during the pandemic. The challenges have involved:

- Clients not finding phone contact helpful or meaningful
- Clients losing their phones or frequently changing numbers
- Poor reception or lack of private space to speak
- Loss of structure and contact with support workers made it harder for clients to remember and keep appointments

Despite the above challenges, 26 clients remained in regular phone contact, regular training sessions for support staff were held on Zoom and the trauma clinics, after being paused, were re-established on zoom and well attended.

Of the 26 clients, 6 are women and 20 are men. No clients identify as trans or nonbinary.

A service restructure meant that the HTO worker took on the role of service manager in May 2020. A decision was made not to recruit as it would be very difficult for a new member of staff to start in the role of HTO during a period of remote working. However, this meant that the existing HTO had less time to dedicate to the role.

In September 2020 we recruited Lee White from within the team and Cecilia Covella, both initially for one day and in March 2021 Cecilia increased their hours to two days. They are line managed and supervised by the Services Manager. Soon after they started in role, the extension of lockdown restrictions meant that all their work needed to be carried out by 'phone. They started face to face sessions at the end of March 2021.

### **Future Plans**

SurvivorsUK plans to continue to consolidate for the medium term future whilst growing in a sustainable way to meet the ever-increasing demand for our services. The global pandemic and lockdown has had a significant impact on our clients and our services have adapted quickly to meet the changing needs of our clients. As the world returns to office working and face-to-face service delivery becomes safe once more we will carefully adapt our services once more to meet the needs of our clients. Meeting our clients where they are and adapting to provide the services they need is central to our ethos and it will remain so in the future.

We are also excited about the opportunities presented by our new website and rebrand which, we believe, reflect our personality and values as an organisation and will help us reach out to more male and non-

binary survivors in need of our support.

## Financial review

During the current financial year the Charity incurred a deficit of £89,207 (2020: surplus of £61,948), decreasing total reserves at year end to £293,994 (2020: £383,201).

Of the reserves held at year end, £8,315 (2020: £18,638) related to restricted funds and £285,679 (2020: £364,563) related to unrestricted funds.

### Principal Funding Sources

The main funding sources during the year were:

- Ministry of Justice
- Home Office
- Mayor's Office for Policing and Crime (MOPAC)
- City Bridge Trust
- Comic Relief
- Lloyds Bank Foundation
- Henry Smith Charity
- Westminster City Council

### Reserves Policy

The Trustees have considered Charity Commission guidance on reserves and currently have a policy of holding £100,000 as a general reserve. During the next year the Trustees will be reviewing the current reserve policy and intend to move to a model based on current liabilities and commitments.

The year-end unrestricted reserve was £285,679 which is equivalent to just over three months' expenditure. These funds have been set aside in recognition of the risks inherent in receiving annual grants and the need to plan for the eventuality of multi-year grants coming to an end in 2021-22 and beyond.

A significant proportion of this will be spent on the aforementioned plans for an extension and refurbishment of our office space.

## Structure, governance and management

### Governing document

Survivors (UK) is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

SurvivorsUK is a registered charity constituted as a Limited Company under its Memorandum and Articles of Association. The charity registration number is 1077484 (England and Wales) and the company registration number is 03792760 (England and Wales).

### Recruitment and appointment of Trustees

As set out in the Articles of Association, the Chair of Trustees is nominated at the Annual General Meeting.

The Trustees are also the directors of Survivors (UK) for the purpose of company law. Survivors (UK) articles of association require a minimum of three trustees. Directors meet every two months, with a quorum of

three trustees.

The objective is to have a range of appropriate skillsets across fields that are relevant to the Charity's objectives. When recruiting new trustees, consideration is given to the existing trustees' skills and experiences and trustees are sought with the additional skills required. Their appointment is by resolution of the Board of Directors/Trustees following which the required legal documentation is completed.

### Trustee induction and training

On their appointment, new Trustees are provided with information, in the form of an induction pack, on their role as a Trustee. Ongoing training is provided as required.

### Organisational structure

SurvivorsUK's Board of Trustees meets every 2 months and is responsible for the strategic direction and policy of the Charity, as well as oversight of the Charity's operations.

Board sub-committees are set up as required to consider specific issues. The day to day running of the Charity is delegated to the Chief Executive who is supported with a FTE of four staff who report to the CEO. The CEO in turn reports to the Chair of Trustees.

### Remuneration policy

To set the salaries of all staff, the trustees undertake research to benchmark average remuneration packages in the local area and environs, and these are then discussed at appraisals.

### Risk management

The Trustees have conducted their own review of the major risks to which the Charity is exposed, and systems have been established to mitigate those risks.

The main risks identified by the Trustees are currently:

| Risk                                                                                                                                       | Mitigation                                                                                                                                                                                                                                                                                                                                                                            |
|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Charity fails to replace funding as grants come to an end or becomes overly reliant on one funder leading to a significant drop in income. | <p>The Trustees are currently reviewing the reserves policy to ensure it is fit for purpose and provides a suitable cushion to protect the Charity from any sudden drop in income.</p> <p>In addition, towards the end of the financial year the Charity put in place plans to recruit a fundraising officer in the next financial year.</p>                                          |
| The Charity fails to provide high quality advice leading to a negative impact on reputation and standing in the sector.                    | <p>The Charity will only employ accredited counsellors and also invests in clinical supervision for relevant staff to ensure all advice is provided at a consistently high level.</p> <p>In addition, the Charity invests heavily in training and support for all staff and holds weekly staff meetings to enable a safe space for staff to discuss relevant issues and concerns.</p> |

## Statement of Board of Trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of expenditure over income for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition the trustees confirm that they are happy that content of the annual review in pages 4 to 24 of this document meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

### Information provided to the independent examiner

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as the trustee is aware, there is no relevant audit information of which the company's independent examiner is unaware; and,
- the trustee has taken all the steps he/ she ought to have taken as a trustee in order to make himself/herself aware of any relevant information and to establish that the company's independent examiner is aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of section 418 of the Companies Act 2006.

### Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006.

This report was approved and authorised for issue by the Board of Trustees on DATE and signed on its behalf by:



EMILY MCFADDEN & THOM CRABBE  
INTERIM CO CHAIRS

## Independent examiner's report

I report to the Trustees on my examination of the accounts of SurvivorsUK Ltd (charity number 1077484, company number 03792760) for the year ended 31 March 2021 which are set out on pages 27 to 44.

### Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

### Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
- the accounts do not accord with those records; or,
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or,
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable

in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**SHAUN BROWNSMITH FCA**

**DATED:** 22 December 2021

For and on behalf of Haines Watts Chartered Accountants  
4 Claridge Court  
Lower Kings Road  
Berkhamsted  
Hertfordshire, HP4 2AF

**Statement of financial activities****Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses****For the year ended 31 March 2021**

|                                              |              | <b>Unrestricted<br/>Funds<br/>Year ended<br/>31 Mar 2021<br/>£</b> | <b>Restricted<br/>Funds<br/>Year ended<br/>31 Mar 2021<br/>£</b> | <b>Total<br/>Funds<br/>Year ended<br/>31 Mar 2021<br/>£</b> | <b>Total<br/>Funds<br/>Year ended<br/>31 Mar 2020<br/>£</b> |
|----------------------------------------------|--------------|--------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------------|
|                                              | <b>Notes</b> |                                                                    |                                                                  |                                                             |                                                             |
| <b>Income from:</b>                          |              |                                                                    |                                                                  |                                                             |                                                             |
| Donations and legacies                       | 3            | 48,808                                                             | 907,964                                                          | <b>956,772</b>                                              | 737,112                                                     |
| Charitable activities                        | 4            | 8,492                                                              | -                                                                | <b>8,492</b>                                                | 21,905                                                      |
| <b>Total income</b>                          |              | <b>57,300</b>                                                      | <b>907,964</b>                                                   | <b>965,264</b>                                              | 759,017                                                     |
| <b>Expenditure on:</b>                       |              |                                                                    |                                                                  |                                                             |                                                             |
| Raising funds                                | 5 & 6        | 19,470                                                             | -                                                                | <b>19,470</b>                                               | 4,412                                                       |
| Charitable activities:                       |              |                                                                    |                                                                  |                                                             |                                                             |
| Delivery of counselling and other services   | 5 & 7        | 101,747                                                            | 800,529                                                          | <b>902,276</b>                                              | 595,974                                                     |
| Awareness raising                            | 5 & 8        | 14,967                                                             | 117,758                                                          | <b>132,725</b>                                              | 96,683                                                      |
| <b>Total expenditure</b>                     |              | <b>136,184</b>                                                     | <b>918,287</b>                                                   | <b>1,054,471</b>                                            | 697,069                                                     |
| <b>Net income/(expenditure) for the year</b> |              | <b>(78,884)</b>                                                    | <b>(10,323)</b>                                                  | <b>(89,207)</b>                                             | 61,948                                                      |
| <b>Reconciliation of funds:</b>              |              |                                                                    |                                                                  |                                                             |                                                             |
| Total funds brought forward                  | 13 & 14      | 364,563                                                            | 18,638                                                           | <b>383,201</b>                                              | 321,253                                                     |
| Total funds carried forward                  | 13 & 14      | <b>285,679</b>                                                     | <b>8,315</b>                                                     | <b>293,994</b>                                              | 383,201                                                     |

The notes on pages 30 to 44 form part of the financial statements.

## Balance sheet

As at 31 March 2021

|                                     | Notes   | Total<br>Funds<br>31 Mar 2021<br>£ | Total<br>Funds<br>31 Mar 2020<br>£ |
|-------------------------------------|---------|------------------------------------|------------------------------------|
| <b>Fixed assets</b>                 |         |                                    |                                    |
| Tangible fixed assets               | 10      | 1,386                              | 3,312                              |
| <b>Current assets</b>               |         |                                    |                                    |
| Debtors and prepayments             | 11      | 132,442                            | 334,576                            |
| Cash at bank and in hand            |         | 369,499                            | 226,665                            |
|                                     |         | <b>501,941</b>                     | 561,241                            |
| <b>Creditors -</b>                  |         |                                    |                                    |
| amounts falling due within one year | 12      | (209,333)                          | (181,352)                          |
| <b>Net current assets</b>           |         | <b>292,608</b>                     | 379,889                            |
| <b>Net assets</b>                   |         | <b>293,994</b>                     | 383,201                            |
| <b>Funds of the charity</b>         |         |                                    |                                    |
| Restricted funds                    | 13 & 14 | 8,315                              | 18,638                             |
| Unrestricted funds:                 |         |                                    |                                    |
| General funds                       | 13 & 14 | 285,679                            | 364,563                            |
|                                     |         | <b>285,679</b>                     | 364,563                            |
|                                     |         | <b>293,994</b>                     | 383,201                            |

The notes on pages 30 to 44 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2021, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2021 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

They were approved and authorised for issue by the Board of Trustees on DATE and signed on their behalf by:




EMILY MCFADDEN & THOM CRABBE  
INTERIM CO CHAIRS

## Statement of cash flows

### For year ended 31 March 2021

|                                                                 | Total<br>Funds<br>Year ended<br>31 Mar 2021<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2020<br>£ |
|-----------------------------------------------------------------|--------------------------------------------------|--------------------------------------------------|
| <b>Cash flows from operating activities:</b>                    |                                                  |                                                  |
| Net income/(expenditure) for period (as per SOFA)               | (89,207)                                         | 61,948                                           |
| Adjustments for:                                                |                                                  |                                                  |
| Depreciation charges                                            | 1,926                                            | 1,777                                            |
| (Increase)/decrease in accounts receivable                      | 93,783                                           | (92,029)                                         |
| (Increase)/decrease in accrued grant income                     | 104,306                                          | (94,242)                                         |
| (Increase)/decrease in prepayments                              | 1,657                                            | (3,429)                                          |
| (Increase)/decrease in premises deposit                         | 3,149                                            | -                                                |
| (Increase)/decrease in other debtors                            | (761)                                            |                                                  |
| Increase/(decrease) in accounts payables                        | (25,623)                                         | 27,418                                           |
| Increase/(decrease) in HMRC and pensions payable                | 8,207                                            | 5,246                                            |
| Increase/(decrease) in accruals                                 | 1,085                                            | (4,310)                                          |
| Increase/(decrease) in deferred revenue                         | 43,725                                           | 74,331                                           |
| Increase/(decrease) in credit card                              | 587                                              | (199)                                            |
|                                                                 | <b>232,039</b>                                   | (85,437)                                         |
| <b>Net cash used in operating activities</b>                    | <b>142,832</b>                                   | (23,489)                                         |
| <b>Cash flows from investing activities:</b>                    |                                                  |                                                  |
| Purchase of fixed assets                                        | -                                                | (540)                                            |
| <b>Net cash used in investing activities</b>                    | <b>-</b>                                         | (540)                                            |
| <b>Change in cash and cash equivalents in period</b>            | <b>142,832</b>                                   | (24,029)                                         |
| <b>Cash and cash equivalents at the beginning of the period</b> | <b>226,665</b>                                   | 250,694                                          |
| <b>Cash and cash equivalents at the end of the period</b>       | <b>369,497</b>                                   | 226,665                                          |

The notes on pages 30 to 44 form part of the financial statements.

## Notes to the financial statements

### 1. Accounting policies

#### Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 2, and the Companies Act 2006.

The effect of any event relating to the year ended 31 March 2021, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2021 and the results for the year ended on that date.

The functional currency of the Charity is sterling and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

#### Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment, and the ongoing global COVID-19 pandemic has had no material impact on this assessment.

#### Legal status

SurvivorsUK Ltd is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered address is c/o Andy Nash Accounting & Consultancy Ltd, Units 24 & 25, Goodsheds Container Village, Hood Road, Barry, CF62 5QU

#### Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds are unrestricted funds which have been designated for a specific purpose by the Trustees. The aim and use of each designated fund is set out in note 13 of the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 13 of the financial statements.

#### Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

## **1. Accounting policies (continued from previous page)**

### **Income (continued from previous page)**

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

Income from charitable activities, including contract income and client fees, is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

Interest is recorded when it is receivable.

### **Expenditure and irrecoverable VAT**

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated proportionate to total direct costs allocated to each project area, as outlined in note 5 of the financial statements.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### **Tangible fixed assets and depreciation**

All assets costing more than £500 are capitalised unless funded by restricted grants and donations.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on the following basis:

|                     |         |
|---------------------|---------|
| Computers equipment | 3 years |
|---------------------|---------|

### **Cash at bank and in hand**

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values but are not held for investment purposes.

### **Debtors and prepayments**

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

### **Creditors and accruals**

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

### **Critical estimates and judgements**

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The annual depreciation charge for tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

## 1. Accounting policies (continued from previous page)

### Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

### Pensions

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

## 2. Comparative statement of financial activities

|                                              |         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2020<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2020<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2020<br>£ |
|----------------------------------------------|---------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
|                                              | Notes   |                                                         |                                                       |                                                  |
| Income from:                                 |         |                                                         |                                                       |                                                  |
| Donations and legacies                       | 3       | 45,271                                                  | 691,841                                               | 737,112                                          |
| Charitable activities                        | 4       | 21,905                                                  | -                                                     | 21,905                                           |
| <b>Total income</b>                          |         | <b>67,176</b>                                           | <b>691,841</b>                                        | <b>759,017</b>                                   |
| Expenditure on:                              |         |                                                         |                                                       |                                                  |
| Raising funds                                | 5 & 6   | 4,412                                                   | -                                                     | 4,412                                            |
| Charitable activities:                       |         |                                                         |                                                       |                                                  |
| Delivery of counselling and other services   | 5 & 7   | 13,847                                                  | 582,127                                               | 595,974                                          |
| Awareness raising                            | 5 & 8   | 2,246                                                   | 94,437                                                | 96,683                                           |
| <b>Total expenditure</b>                     |         | <b>20,505</b>                                           | <b>676,564</b>                                        | <b>697,069</b>                                   |
| <b>Net income/(expenditure) for the year</b> |         | <b>46,671</b>                                           | <b>15,277</b>                                         | <b>61,948</b>                                    |
| Reconciliation of funds:                     |         |                                                         |                                                       |                                                  |
| Total funds brought forward                  | 13 & 14 | 317,892                                                 | 3,361                                                 | 321,253                                          |
| Total funds carried forward                  | 13 & 14 | 364,563                                                 | 18,638                                                | 383,201                                          |

**3. Income from donations and legacies**

|              | <b>Unrestricted<br/>Funds<br/>Year ended<br/>31 Mar 2021<br/>£</b> | <b>Restricted<br/>Funds<br/>Year ended<br/>31 Mar 2021<br/>£</b> | <b>Total<br/>Funds<br/>Year ended<br/>31 Mar 2021<br/>£</b> |
|--------------|--------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------|
| Grant income | 3,860                                                              | 879,668                                                          | <b>883,528</b>                                              |
| Donations    | 44,948                                                             | 28,296                                                           | <b>73,244</b>                                               |
|              | <b>48,808</b>                                                      | <b>907,964</b>                                                   | <b>956,772</b>                                              |

  

|              | <b>Unrestricted<br/>Funds<br/>Year ended<br/>31 Mar 2020<br/>£</b> | <b>Restricted<br/>Funds<br/>Year ended<br/>31 Mar 2020<br/>£</b> | <b>Total<br/>Funds<br/>Year ended<br/>31 Mar 2020<br/>£</b> |
|--------------|--------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------|
| Grant income | -                                                                  | 691,841                                                          | 691,841                                                     |
| Donations    | 45,271                                                             | -                                                                | 45,271                                                      |
|              | <b>45,271</b>                                                      | <b>691,841</b>                                                   | <b>737,112</b>                                              |

**4. Income from charitable activities**

|                                         | <b>Unrestricted<br/>Funds<br/>Year ended<br/>31 Mar 2021<br/>£</b> | <b>Restricted<br/>Funds<br/>Year ended<br/>31 Mar 2021<br/>£</b> | <b>Total<br/>Funds<br/>Year ended<br/>31 Mar 2021<br/>£</b> |
|-----------------------------------------|--------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------|
| Counselling income                      | 4,565                                                              | -                                                                | <b>4,565</b>                                                |
| Other income from charitable activities | 3,927                                                              | -                                                                | <b>3,927</b>                                                |
|                                         | <b>8,492</b>                                                       | <b>-</b>                                                         | <b>8,492</b>                                                |

  

|                                         | <b>Unrestricted<br/>Funds<br/>Year ended<br/>31 Mar 2020<br/>£</b> | <b>Restricted<br/>Funds<br/>Year ended<br/>31 Mar 2020<br/>£</b> | <b>Total<br/>Funds<br/>Year ended<br/>31 Mar 2020<br/>£</b> |
|-----------------------------------------|--------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------|
| Counselling income                      | 21,580                                                             | -                                                                | 21,580                                                      |
| Other income from charitable activities | 325                                                                | -                                                                | 325                                                         |
|                                         | <b>21,905</b>                                                      | <b>-</b>                                                         | <b>21,905</b>                                               |

## 5. Total expenditure

|                                               | Direct<br>staff<br>costs  | Other<br>direct<br>costs  | Indirect<br>staff<br>costs | Other<br>indirect<br>costs | Total<br>costs            |
|-----------------------------------------------|---------------------------|---------------------------|----------------------------|----------------------------|---------------------------|
|                                               | Year ended<br>31 Mar 2021 | Year ended<br>31 Mar 2021 | Year ended<br>31 Mar 2021  | Year ended<br>31 Mar 2021  | Year ended<br>31 Mar 2021 |
|                                               | £                         | £                         | £                          | £                          | £                         |
| <b>Expenditure on:</b>                        |                           |                           |                            |                            |                           |
| Raising funds                                 | 11,379                    | 2,832                     | 1,044                      | 4,215                      | 19,470                    |
| Charitable activities                         |                           |                           |                            |                            |                           |
| Delivery of counselling<br>and other services | 618,412                   | 40,171                    | 48,366                     | 195,327                    | 902,276                   |
| Awareness raising                             | 28,158                    | 68,720                    | 7,114                      | 28,733                     | 132,725                   |
|                                               | <b>657,949</b>            | <b>111,723</b>            | <b>56,524</b>              | <b>228,275</b>             | <b>1,054,471</b>          |
|                                               |                           |                           |                            |                            |                           |
|                                               | Direct<br>staff<br>costs  | Other<br>direct<br>costs  | Indirect<br>staff<br>costs | Other<br>indirect<br>costs | Total<br>costs            |
|                                               | Year ended<br>31 Mar 2020 | Year ended<br>31 Mar 2020 | Year ended<br>31 Mar 2020  | Year ended<br>31 Mar 2020  | Year ended<br>31 Mar 2020 |
|                                               | £                         | £                         | £                          | £                          | £                         |
| <b>Expenditure on:</b>                        |                           |                           |                            |                            |                           |
| Raising funds                                 | -                         | 3,429                     | 249                        | 734                        | 4,412                     |
| Charitable activities                         |                           |                           |                            |                            |                           |
| Delivery of counselling<br>and other services | 422,128                   | 41,088                    | 33,604                     | 99,154                     | 595,974                   |
| Awareness raising                             | 30,662                    | 44,484                    | 5,451                      | 16,086                     | 96,683                    |
|                                               | <b>452,790</b>            | <b>89,001</b>             | <b>39,304</b>              | <b>115,974</b>             | <b>697,069</b>            |

Indirect costs have been allocated based on the proportion of direct costs attributable to each activity.

An analysis of costs of raising funds split between restricted and unrestricted funds can be found in note 6.

An analysis of charitable activities split between restricted and unrestricted funds can be found in notes 7 & 8.

An analysis of staff costs can be found in note 9.

Indirect costs includes:

|                      | Total<br>costs<br>Year ended<br>31 Mar 2021<br>£ | Total<br>costs<br>Year ended<br>31 Mar 2020<br>£ |
|----------------------|--------------------------------------------------|--------------------------------------------------|
| Staff costs          | 56,524                                           | 39,304                                           |
| Administrative costs | 132,149                                          | 33,881                                           |
| Finance costs        | 16,706                                           | 14,624                                           |
| Premises costs       | 37,819                                           | 26,164                                           |
| Other staff costs    | 27,656                                           | 25,629                                           |
| IT costs             | 11,335                                           | 10,473                                           |
| Governance costs     | 2,610                                            | 5,203                                            |
|                      | <b>284,799</b>                                   | <b>155,278</b>                                   |

Governance costs includes:

|                                  | Total<br>costs<br>Year ended<br>31 Mar 2021<br>£ | Total<br>costs<br>Year ended<br>31 Mar 2020<br>£ |
|----------------------------------|--------------------------------------------------|--------------------------------------------------|
| Independent examination          | 945                                              | 900                                              |
| Insurance                        | 206                                              | 605                                              |
| Trustee meetings and recruitment | 584                                              | 1,047                                            |
| Strategic review                 | 875                                              | 2,244                                            |
| Other                            | -                                                | 407                                              |
|                                  | <b>2,610</b>                                     | <b>5,203</b>                                     |

## 6. Expenditure on raising funds

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2021 | Year ended<br>31 Mar 2021 | Year ended<br>31 Mar 2021 |
|                    | £                         | £                         | £                         |
| Direct staff costs | 11,379                    | -                         | 11,379                    |
| Direct other costs | 2,832                     | -                         | 2,832                     |
| Indirect costs     | 5,259                     | -                         | 5,259                     |
|                    | <b>19,470</b>             | <b>-</b>                  | <b>19,470</b>             |

  

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2020 | Year ended<br>31 Mar 2020 | Year ended<br>31 Mar 2020 |
|                    | £                         | £                         | £                         |
| Direct other costs | 3,429                     | -                         | 3,429                     |
| Indirect costs     | 983                       | -                         | 983                       |
|                    | <b>4,412</b>              | <b>-</b>                  | <b>4,412</b>              |

## 7. Expenditure on charitable activities – delivery of counselling and other services

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2021 | Year ended<br>31 Mar 2021 | Year ended<br>31 Mar 2021 |
|                    | £                         | £                         | £                         |
| Direct staff costs | -                         | 618,412                   | 618,412                   |
| Direct other costs | -                         | 40,171                    | 40,171                    |
| Indirect costs     | 101,747                   | 141,946                   | 243,693                   |
|                    | <b>101,747</b>            | <b>800,529</b>            | <b>902,276</b>            |

  

|                    | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            |
|--------------------|---------------------------|---------------------------|---------------------------|
|                    | Year ended<br>31 Mar 2020 | Year ended<br>31 Mar 2020 | Year ended<br>31 Mar 2020 |
|                    | £                         | £                         | £                         |
| Direct staff costs | -                         | 422,128                   | 422,128                   |
| Direct other costs | -                         | 41,088                    | 41,088                    |
| Indirect costs     | 13,847                    | 118,911                   | 132,758                   |
|                    | <b>13,847</b>             | <b>582,127</b>            | <b>595,974</b>            |

**8. Expenditure on charitable activities – awareness raising**

|                    | <b>Unrestricted<br/>Funds<br/>Year ended<br/>31 Mar 2021<br/>£</b> | <b>Restricted<br/>Funds<br/>Year ended<br/>31 Mar 2021<br/>£</b> | <b>Total<br/>Funds<br/>Year ended<br/>31 Mar 2021<br/>£</b> |
|--------------------|--------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------|
| Direct staff costs | -                                                                  | 28,158                                                           | <b>28,158</b>                                               |
| Direct other costs | -                                                                  | 68,720                                                           | <b>68,720</b>                                               |
| Indirect costs     | 14,967                                                             | 20,880                                                           | <b>35,847</b>                                               |
|                    | <b>14,967</b>                                                      | <b>117,758</b>                                                   | <b>132,725</b>                                              |

  

|                    | <b>Unrestricted<br/>Funds<br/>Year ended<br/>31 Mar 2020<br/>£</b> | <b>Restricted<br/>Funds<br/>Year ended<br/>31 Mar 2020<br/>£</b> | <b>Total<br/>Funds<br/>Year ended<br/>31 Mar 2020<br/>£</b> |
|--------------------|--------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------|
| Direct staff costs | -                                                                  | 30,662                                                           | 30,662                                                      |
| Direct other costs | -                                                                  | 44,484                                                           | 44,484                                                      |
| Indirect costs     | 2,246                                                              | 19,291                                                           | 21,537                                                      |
|                    | <b>2,246</b>                                                       | <b>94,437</b>                                                    | <b>96,683</b>                                               |

**9. Staff costs**

|                    | <b>Total<br/>costs<br/>Year ended<br/>31 Mar 2021<br/>£</b> | <b>Total<br/>costs<br/>Year ended<br/>31 Mar 2020<br/>£</b> |
|--------------------|-------------------------------------------------------------|-------------------------------------------------------------|
| Gross salaries     | <b>645,106</b>                                              | 439,878                                                     |
| Employer's NIC     | <b>52,214</b>                                               | 36,342                                                      |
| Employer's pension | <b>17,153</b>                                               | 15,874                                                      |
|                    | <b>714,473</b>                                              | 492,094                                                     |

The average headcount during the period was 31 persons (2020: 18 persons).

No employee received employee benefits of more than £60,000 (2020: Nil).

The total employee benefits paid to key management personnel during the year was £131,739 (2020: £126,195).

## 10. Tangible fixed assets

|                                 | Computer<br>equipment<br>£ | Total<br>fixed assets<br>£ |
|---------------------------------|----------------------------|----------------------------|
| <b>Cost</b>                     |                            |                            |
| As of 1 April 2020              | 5,871                      | 5,871                      |
| As of 31 March 2021             | 5,871                      | 5,871                      |
| <b>Accumulated depreciation</b> |                            |                            |
| As of 1 April 2020              | 2,559                      | 2,559                      |
| Charge in the year              | 1,926                      | 1,926                      |
| As of 31 March 2021             | 4,485                      | 4,485                      |
| <b>Net book value</b>           |                            |                            |
| As of 1 April 2020              | 3,312                      | 3,312                      |
| As of 31 March 2021             | 1,386                      | 1,386                      |

## 11. Debtors and prepayments

|                      | Total<br>31 Mar 2021<br>£ | Total<br>31 Mar 2020<br>£ |
|----------------------|---------------------------|---------------------------|
| Accounts receivable  | 82,507                    | 176,290                   |
| Accrued grant income | 40,112                    | 144,418                   |
| Premises deposit     | -                         | 3,149                     |
| Prepayments          | 9,062                     | 10,719                    |
| Other debtors        | 761                       | -                         |
|                      | 132,442                   | 334,576                   |

**12. Creditors: amounts falling due within one year**

|                  | <b>Total</b>       | <b>Total</b>       |
|------------------|--------------------|--------------------|
|                  | <b>31 Mar 2021</b> | <b>31 Mar 2020</b> |
|                  | <b>£</b>           | <b>£</b>           |
| Accounts payable | 18,668             | 44,291             |
| Credit card      | 2,044              | 1,457              |
| HMRC payable     | 19,296             | 12,753             |
| Pensions payable | 4,404              | 2,740              |
| Deferred revenue | 161,496            | 117,771            |
| Accruals         | 3,425              | 2,340              |
|                  | <b>209,333</b>     | <b>181,352</b>     |

Deferred income consists of the following deferred grants:

|                                       | <b>Total</b>       | <b>Total</b>       |
|---------------------------------------|--------------------|--------------------|
|                                       | <b>31 Mar 2021</b> | <b>31 Mar 2020</b> |
|                                       | <b>£</b>           | <b>£</b>           |
| As of 1 April 2020                    | 117,771            | 43,440             |
| Amount released to income in the year | (117,771)          | (43,440)           |
| Amount deferred in the year           | 161,496            | 117,771            |
| As of 31 March 2021                   | <b>161,496</b>     | <b>117,771</b>     |

### 13. Analysis of charity funds

|                                  | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2021<br>£ | Income<br>received<br>in period<br>Year ended<br>31 Mar 2021<br>£ | Resources<br>expended<br>in period<br>Year ended<br>31 Mar 2021<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2021<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2021<br>£ |
|----------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Unrestricted funds</b>        |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| General funds                    | 364,563                                                         | 57,300                                                            | (136,184)                                                            | -                                                               | 285,679                                                         |
|                                  | <b>364,563</b>                                                  | <b>57,300</b>                                                     | <b>(136,184)</b>                                                     | <b>-</b>                                                        | <b>285,679</b>                                                  |
| <b>Restricted funds</b>          |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| Bolt Burdon Kemp                 | -                                                               | 28,296                                                            | (28,296)                                                             | -                                                               | -                                                               |
| City Bridge Trust                | -                                                               | 60,000                                                            | (60,000)                                                             | -                                                               | -                                                               |
| Henry Smith Foundation           | 10,323                                                          | 49,375                                                            | (59,698)                                                             | -                                                               | -                                                               |
| Holistic Trauma Outreach Project | -                                                               | 22,570                                                            | (22,570)                                                             | -                                                               | -                                                               |
| Lloyds Bank Foundation           | -                                                               | 41,667                                                            | (41,667)                                                             | -                                                               | -                                                               |
| London Crime Prevention Fund     | -                                                               | 145,069                                                           | (145,069)                                                            | -                                                               | -                                                               |
| Ministry of Justice - Website    | -                                                               | 149,463                                                           | (149,463)                                                            | -                                                               | -                                                               |
| MOPAC - Male Rape Support Fund   | -                                                               | 160,113                                                           | (160,113)                                                            | -                                                               | -                                                               |
| National Lottery Community Fund  | 8,315                                                           | 97,311                                                            | (97,311)                                                             | -                                                               | 8,315                                                           |
| NHS England                      | -                                                               | 87,337                                                            | (87,337)                                                             | -                                                               | -                                                               |
| Transformation Fund              | -                                                               | 66,763                                                            | (66,763)                                                             | -                                                               | -                                                               |
|                                  | <b>18,638</b>                                                   | <b>907,964</b>                                                    | <b>(918,287)</b>                                                     | <b>-</b>                                                        | <b>8,315</b>                                                    |
|                                  | <b>383,201</b>                                                  | <b>965,264</b>                                                    | <b>(1,054,471)</b>                                                   | <b>-</b>                                                        | <b>293,994</b>                                                  |

#### Restricted funds – Bolt Burdon Kemp

This is support towards an ISVA worker.

#### Restricted funds – City Bridge Trust

This is a three-year grant towards the full-time salary of the Director of Clinical Services, therapeutic programme and other costs to support adult male survivors of sexual abuse in the London area.

#### Restricted funds – Henry Smith Foundation

This is a three-year grant towards the counselling support for male survivors of sexual abuse.

#### Restricted funds – Holistic Trauma Outreach Project

This is funding from Westminster City Council for a holistic trauma outreach project.

### 13. Analysis of charity funds (continued from previous page)

#### **Restricted funds – Lloyds Bank Foundation**

This is a three year grant to support groupwork and counselling.

#### **Restricted funds – London Crime Prevention Fund**

This is a grant towards the counselling support for male survivors of sexual abuse via the Mayors Office for Policing and Crime.

#### **Restricted funds – MOPAC – Male Rape Support Fund**

A further one-year grant was awarded in 2019-2020 to continue funding the first male client specific Independent Sexual Violence Advisor in London.

#### **Restricted funds – Ministry of Justice – Website**

A further one-year grant was awarded in 2017-2018 to develop and run the National Male Survivor website and information project. This included the delivery of a national emotional support service using digital delivery methods.

#### **Restricted funds – National Lottery Community Fund**

This is a three year grant to support groupwork and counselling.

#### **Restricted funds – NHS**

This is a grant to support work with the NHS.

#### **Restricted funds – Transformation Fund**

This is a project co-ordinated by the Women and Girl's Network to support counselling work.

**13. Analysis of charity funds (continued from previous page)**

|                                  | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2020<br>£ | Income<br>received<br>in period<br>Year ended<br>31 Mar 2020<br>£ | Resources<br>expended<br>in period<br>Year ended<br>31 Mar 2020<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2020<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2020<br>£ |
|----------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Unrestricted funds</b>        |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| General funds                    | 317,892                                                         | 67,176                                                            | (20,505)                                                             | -                                                               | 364,563                                                         |
|                                  | <u>317,892</u>                                                  | <u>67,176</u>                                                     | <u>(20,505)</u>                                                      | <u>-</u>                                                        | <u>364,563</u>                                                  |
| <b>Restricted funds</b>          |                                                                 |                                                                   |                                                                      |                                                                 |                                                                 |
| Bolt Burdon Kemp                 | -                                                               | 7,172                                                             | (7,172)                                                              | -                                                               | -                                                               |
| City Bridge Trust                | -                                                               | 45,000                                                            | (45,000)                                                             | -                                                               | -                                                               |
| Henry Smith Foundation           | 3,361                                                           | 49,350                                                            | (42,388)                                                             | -                                                               | 10,323                                                          |
| Holistic Trauma Outreach Project | -                                                               | 30,840                                                            | (30,840)                                                             | -                                                               | -                                                               |
| London Crime Prevention Fund     | -                                                               | 136,926                                                           | (136,926)                                                            | -                                                               | -                                                               |
| Ministry of Justice - Website    | -                                                               | 149,464                                                           | (149,464)                                                            | -                                                               | -                                                               |
| MOPAC - Male Rape Support Fund   | -                                                               | 72,784                                                            | (72,784)                                                             | -                                                               | -                                                               |
| National Lottery Community Fund  | -                                                               | 102,052                                                           | (93,737)                                                             | -                                                               | 8,315                                                           |
| NHS England                      | -                                                               | 48,785                                                            | (48,785)                                                             | -                                                               | -                                                               |
| Transformation Fund              | -                                                               | 49,468                                                            | (49,468)                                                             | -                                                               | -                                                               |
|                                  | <u>3,361</u>                                                    | <u>691,841</u>                                                    | <u>(676,564)</u>                                                     | <u>-</u>                                                        | <u>18,638</u>                                                   |
|                                  | <u>321,253</u>                                                  | <u>759,017</u>                                                    | <u>(697,069)</u>                                                     | <u>-</u>                                                        | <u>383,201</u>                                                  |

**14. Analysis of net assets**

|                     | Unrestricted<br>funds | Restricted<br>funds | Total<br>funds |
|---------------------|-----------------------|---------------------|----------------|
|                     | 31 Mar 2021           | 31 Mar 2021         | 31 Mar 2021    |
|                     | £                     | £                   | £              |
| Fixed assets        | 1,388                 | -                   | 1,388          |
| Current assets      | 332,128               | 169,811             | 501,939        |
| Current liabilities | (47,837)              | (161,496)           | (209,333)      |
|                     | <b>285,679</b>        | <b>8,315</b>        | <b>293,994</b> |

  

|                     | Unrestricted<br>funds | Restricted<br>funds | Total<br>funds |
|---------------------|-----------------------|---------------------|----------------|
|                     | 31 Mar 2020           | 31 Mar 2020         | 31 Mar 2020    |
|                     | £                     | £                   | £              |
| Fixed assets        | 3,312                 | -                   | 3,312          |
| Current assets      | 424,832               | 136,409             | 561,241        |
| Current liabilities | (63,581)              | (117,771)           | (181,352)      |
|                     | <b>364,563</b>        | <b>18,638</b>       | <b>383,201</b> |

**15. Analysis of net debt**

|                           | As at<br>1 Apr 2020 | Cash flows     | Other<br>movements | As at<br>31 Mar 2021 |
|---------------------------|---------------------|----------------|--------------------|----------------------|
|                           | £                   | £              | £                  | £                    |
| Cash and cash equivalents |                     |                |                    |                      |
| Cash at bank              | 226,665             | 142,832        | -                  | 369,497              |
|                           | <b>226,665</b>      | <b>142,832</b> | <b>-</b>           | <b>369,497</b>       |

  

|                           | As at<br>1 Apr 2019 | Cash flows      | Other<br>movements | As at<br>31 Mar 2020 |
|---------------------------|---------------------|-----------------|--------------------|----------------------|
|                           | £                   | £               | £                  | £                    |
| Cash and cash equivalents |                     |                 |                    |                      |
| Cash at bank              | 250,694             | (24,029)        | -                  | 226,665              |
|                           | <b>250,694</b>      | <b>(24,029)</b> | <b>-</b>           | <b>226,665</b>       |

## 16. Other financial commitments

At 31 March 2021, the Charity had annual future minimum lease payments under non-cancellable operating leases (all for property) as set out below:

|             | Total<br>31 Mar 2021 | Total<br>31 Mar 2020 |
|-------------|----------------------|----------------------|
|             | £                    | £                    |
| In one year | -                    | 20,187               |
|             | -                    | 20,187               |

## 17. Trustee remuneration

During the year, no Trustee received any remuneration (2020: £Nil). No members of the Board of Trustees received reimbursement of travel expenses to meetings (2020: Four members totalling £482).

## 18. Related party transactions

During the year there were no related party transactions (2020: £Nil).

