

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

England & Wales · Charity number 1077083

Details

Other names NUCA

Status Registered

Legal form Charitable company

Company number [03628231](#)

Registered 1999-08-19

Register [View on the Charity Commission register](#)

Contact

Address Zest
18 Upperthorpe
Sheffield
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Activities

Objects: 3. THE PROMOTION FOR THE BENEFIT OF THE PUBLIC OF URBAN REGENERATION IN AREAS OF SOCIAL AND ECONOMIC DEPRIVATION (AND IN PARTICULAR IN THE NETHERTHORPE, UPPERTHORPE AND LANGSETT AREAS OF SHEFFIELD) BY ALL OR ANY OF THE FOLLOWING MEANS;3.1 THE RELIEF OF POVERTY IN SUCH WAYS AS MAY BE THOUGHT FIT;3.2 THE RELIEF OF UNEMPLOYMENT IN SUCH WAYS AS MAY BE THOUGHT FIT, INCLUDING ASSISTANCE TO FIND EMPLOYMENT;3.3 THE ADVANCEMENT OF EDUCATION, TRAINING OR RETRAINING, PARTICULARLY AMONG UNEMPLOYED PEOPLE, AND PROVIDING UNEMPLOYED PEOPLE WITH WORK EXPERIENCE;3.4 THE PROVISION OF FINANCIAL ASSISTANCE, TECHNICAL ASSISTANCE, OR BUSINESS ADVICE OR CONSULTANCY IN ORDER TO PROVIDE AND EMPLOYMENT OPPORTUNITIES FOR UNEMPLOYED PEOPLE IN CASES OF FINANCIAL OR OTHER CHARITABLE NEED THROUGH HELP;3.5 THE CREATION OF TRAINING AND EMPLOYMENT OPPORTUNITIES BY THE PROVISION OR WORKSPACE, BUILDINGS AND/OR LAND FOR USE ON FAVOURABLE TERMS;3.6 THE MAINTENANCE, IMPROVEMENT OR PROVISION OF PUBLIC AMENITIES;3.7 THE PROVISION OF ASSISTANCE IN THE PROVISION OF RECREATIONAL FACILITIES FOR THE PUBLIC AT LARGE AND/OR THOSE WHO BY REASONS OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES, HAVE NEED OF SUCH FACILITIES;3.8 THE PROTECTION OR CONSERVATION OF THE ENVIRONMENT;3.9 THE PROVISION OF PUBLIC HEALTH FACILITIES AND CHILDCARE;3.10 THE PROMOTION OF PUBLIC SAFETY AND PREVENTION OF CRIME; AND3.11 SUCH OTHER MEANS AS MAY BE FROM TIME TO TIME BE DETERMINED SUBJECT TO THE PRIOR CONSENT OF THE COMMISSION.

Activities: Zest is a development trust in Sheffield with a focus on Netherthorpe, Upperthorpe and Langsett. Zest manages the Zest Healthy Living Centre, comprising a pool, gym, cafe, library and offices and runs a children's weight management service, GP exercise referral and cardiac rehabilitation. Zest has services to assist people into work & training and a children's sports programme.

Classification

- **How:** Makes Grants To Organisations, Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Amateur Sport, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups

Geography

- **Area of benefit:** NETHERTHORPE, UPPERTHORPE AND LANGSETT AREAS OF SHEFFIELD
- Sheffield City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£2,269,641	£1,983,024	£1,225,006	90
2024-03-31	£1,827,449	£2,113,518	£842,535	86
2023-03-31	£2,126,612	£2,275,701	£1,082,823	75
2022-03-31	£2,503,013	£2,229,019	£2,145,187	96
2021-03-31	£1,704,237	£1,658,019	£1,966,963	61

Trustees

Name	Role	Appointed
Lucy Charlotte Smith	Chair	2019-11-04
ABDUL RAHMAN ABDULRUB		
Adam Butcher		2023-11-16
Gabriela Elena Socol		2025-05-26
Jean Alison Grist		2017-12-04
Kathryn Mudge		2013-09-06
Ruth Womack		2023-11-16
Simon Jones		2020-10-29

Accounts

Company registration number: 03628231

Charity registration number: 1077083

Netherthorpe and Upperthorpe Community Alliance

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Netherthorpe and Upperthorpe Community Alliance

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Netherthorpe and Upperthorpe Community Alliance

Trustees' Report

Reference and Administrative Details

The trustees (who are also directors of Netherthorpe and Upperthorpe Community Alliance for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the annual report and financial statements of the charity.

Charity registration number: 1077083

Company Registration Number: 03628231

Trustees:

- A Abdulrub
- A M D Butcher
- K M Daubney
- J A S Grist
- S Jones
- K Mudge
- L C Smith
- G E Socol (appointed 26 May 2025)
- D S Thornett (resigned 4 November 2024)
- R M Womack

Chief Executive Officer: M Dean

Secretary: S Markham

Registered Office:

18 Upperthorpe
Sheffield
South Yorkshire
S6 3NA

Auditor:

Hawsons Chartered Accountants
Pegasus House
463a Glossop Road
Sheffield
South Yorkshire
S10 2QD

Bankers:

Unity Trust Bank plc
Nine Brindleyplace
Birmingham
B1 2HB

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

Solicitors:

Graysons with Watson Esam Solicitors

4 – 12 Paradise Square

Sheffield

S1 1TB

Taylor Bracewell

17-23 Thorne Road

Doncaster

DN1 2RP

Bhayani HR and Employment Law

59 Shoreham Street

Sheffield

S1 4SB

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

Chair's Foreword

This year's report shines a spotlight on the capital programme underway at the Zest Centre; cherishing our 150+ years of heritage and improving our environmental impact. But as everyone knows, Zest is more than a building, it is a community! And now more than ever we need to champion the role of the local community to overcome challenges and celebrate our strengths.

The following pages demonstrate the breadth and depth of our collective local impact in 2024-25, achievements which have been recognised by residents, members, partner agencies and funders, alongside national leaders in the world of public health.

On behalf of the trustees, I'd like to thank the staff and volunteer team for their hard work over the last year. I'd also like to say a special thanks to Dave Thornett, who stepped down just before our last AGM, for his dedication over the eighteen years that he served on the Board. Thanks to ongoing and new Trustees for their continued strategic oversight and expertise.

One of the highlights for me this year was attending a dinner and 'community conversation' with fellow trustees and 'Friends of Zest'. Put on by the communities' team, it was done in a very 'Zest' way; collaborative, informal and insightful, with lots of delicious food! Another highlight was attending a 'girls takeover' youth group session, where once again there was an incredible amount of creativity and positive energy amongst the staff and young people.

Writing this in the aftermath of another tragic event in our local neighbourhood, it is important to remember what Zest is all about. Being a place where everyone feels welcome and safe, where different voices are heard and where people are healthier, happier and more connected, is what we are here for. The people of Upperthorpe, Netherthorpe and Langsett, from all walks of life, are who we are here for.

As we prepare to conclude our 'community conversations' and refresh our strategic vision and values in the months ahead, I want to thank everyone who makes Zest the space and community that it is, and is on the journey with us to learn and grow in the future.

Lucy Smith

.....
L C Smith
Chair of Trustees

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2025.

Structure, governance and management

The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee as defined by the Companies Act 2006. The charity trades as Zest which is a trading name of Netherthorpe and Upperthorpe Community Alliance.

Trustees

Membership of the Charity is open to individuals, community or voluntary groups who live, work or are based in the Netherthorpe, Upperthorpe and Langsett areas of Sheffield or who use the charity's services.

Trustees are appointed so that there are up to 5 Member Trustees, 5 Non-Member Trustees and 2 Co-optees. Member Trustees are elected, on a rotating basis, by member organisations at the Annual General Meeting. Non-member Trustees are selected by the Trustees at a Trustees meeting, taking into account the need for a mix of skills and experience on the Board. Trustees serve a term of office as near to 3 years as possible.

All new trustees are subject to a structured trustee induction process as set out in the Trustees' Terms of Reference.

The trustees delegate all day-to-day decision-making concerning staff and resources to the Chief Executive. The Trustees are responsible for all strategic decisions about the charity.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Objectives and activities

The object of the charity as defined in the memorandum and articles of association is:

The promotion for the benefit of the public of urban regeneration in areas of social and economic deprivation (and in particular in the Netherthorpe, Upperthorpe and Langsett areas of Sheffield).

Further details of the charity's objects are set out in the charity's memorandum and articles of association.

Zest's vision is: 'To enable everyone in our communities to lead healthy and successful lives'.

Zest's mission is:

- (1) To provide a healthy living centre delivering responsive services to tackle local inequalities, including
 - Health and wellbeing
 - Employment and skills
 - Sport, leisure and recreation
- (2) To foster communities where everyone feels welcomed, valued and can fully participate in the life of the community.
- (3) To play an active role in supporting other disadvantaged communities in Sheffield.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. All the activities are undertaken to further the charity's charitable purposes for the public benefit.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

We have **four distinct values** that underpin our work and everything we do:

Personalised

To achieve the best personal outcomes we navigate individuals and families through a tailored journey of support that can involve accessing a range of joined up wellbeing support services provided and hosted by Zest and our community partners.

Inclusive

We strive to keep our services and facilities affordable, physically and culturally accessible. We run a range of tailored sessions including women only and disability specific swim sessions, and host the only ramp access swimming pool in the city.

Asset based

We empower local people and address local need by identifying and utilising the knowledge, energy and creativity within our community.

Collaborative

We collaborate with a range of local partners; playing to our strengths to provide responsive interventions that aim to achieve the best outcomes for our local community.

Achievements and performance

Key Achievements

- Securing £2.7m 5-year programme of capital investment to ensure the Zest Centre will continue as a vital city leisure facility, heritage asset and key local community resource for future generations.
- A commitment from Sheffield City Council to a new long-term lease for the Zest Centre providing security of tenure, community control and ownership.
- Delivering on the first phase of the Zest Centre capital programme; fitting new slate roofing, roof glazing and internal refit of the former 'slipper baths' spaces to help ensure we can continue to provide access to high quality community spaces.
- Celebrating the 10 year anniversary of our volunteer led library. This reflects the continued value and commitment of local community volunteers of all ages, making it possible for Zest to develop and deliver a rich, responsive and embedded community activity programme.
- Continued focus on community unity and celebration, including our volunteer led family Eid event, Jamaican Independence Day celebration, Langsett lantern parade and the ever popular Zest Centre festive event.
- Hosting a visit from the Chief Medical Officer, Sir Chris Whitty and the SCC Director of Public Health, Greg Fell to shine a light on Zest's best practice in promoting neighbourhood health & wellbeing.

The Zest Centre: Library Service

This year was a momentous one for Upperthorpe Library. We celebrated 10 years since the library was rescued from closure by local volunteers - along with 16 sister volunteer led libraries in Sheffield.

There was a grand dinner and BBC local and national coverage! At Upperthorpe we marked the occasion with some special events. Two local authors, Joanne Clague and Sarah Daniels, discussed their work, we had a local history drop in from Walkley Historians and an exhibition about the history of Upperthorpe Library.

An additional highlight was a gorgeous and popular photography exhibition of local wildlife by Ponderosa Nature Group Photographer, Kerry Taylor-Osborne. Also this year, there were many enriching community and book friendly sessions held in the library - toddler groups, the summer reading challenge, dementia friendly dining, adult literacy, Sheffield Museums together with Health and advice drop ins.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

The Zest Centre: Food works Cafe

Food Works believe that food has the power to bring people together, tackle inequalities, and build a more sustainable future for Sheffield.

The partnership with Zest has been an important part of their mission; from providing a daily variety of hot lunches, to offering fresh fruit, vegetables, and pantry staples through our community market, which welcomes around 25 shops each day, Monday to Friday.

The Just Meals range, handmade by skilled volunteers using family recipes, offers wholesome frozen meals that save people the time and cost of shopping and cooking providing real support both for vulnerable community members and for busy people who still want access to healthy, home cooked food.

Together, we've made sure no child goes hungry by providing free meals during every school half-term. The dedication of Zest, alongside the incredible support of our volunteers and community, continues to inspire us.

Zest are proud to stand with Food Works in ensuring access to good food, skills, and opportunities for all.

Service highlights

- 8,000 hot meals served.
- 8,000 hot drinks served.
- 4,600 volunteer hours contributed.
- 9,000 kg of carbon saved through hot meals served.
- 3,500 kg of carbon saved through Just Meal sales.
- Workshops and skills sessions delivered throughout the year, including barista training, knife skills, fermenting, pickling, and pastry making.

The Zest Centre: Leisure Service

Delivering high quality, inclusive leisure services, including comprehensive swimming programme, women only and mixed gym facilities, exercise referral programme and responsive exercise class programme.

'The adult disabled swim sessions are fantastic, great camaraderie and support for many of us who have considerable difficulties'

Service highlights

- Introduced CoursePro; a new swimming lesson management system to improve efficiency and streamline administration. This allows tracking of their child's progress and parents receive automatic emails and texts.

'The portal is fantastic! I can easily track my child's progress each week, and they get so excited seeing how much they are improving'

- Introduced Bank Holiday opening, offering a range of sessions including swimming lessons, to increase accessibility, encourage wider participation and drive income.
- Introduced a Women-Only Parent and Toddler session and altered men only session to increase participation; increasing the attendance by 156% in just 6 months.
- Launched the *Think Green* campaign, embedding environmental responsibility across the centre; achieving 88% in an environmental audit. Initiatives included 144 solar panels, LED lighting, sub-metering, simpler recycling, and proactive steps to reduce food waste, making operations greener, more efficient, and compliant with new regulations.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

- Introduced another class to see fitness classes increase by 57%.
- Supported private hire of a SEND group from September to February.

What's on the horizon

Zest Gym

Due to the gyms being closed for roofing work and solar panel installation both gyms will be refreshed with a makeover including a women-only free weights area and the replacement of old machines.

We aim to attract new members and re-engage those lost during the gym closure by expanding our gym offerings and increasing class opportunities. A larger team will enable us to run more sessions, including small group classes such as strength training for women, bespoke programmes and Personal Training. We plan to access funding opportunities to deliver exercise programmes with clear health benefits such as for cancer patients and menopause support.

Focused campaigns, including Women-Only gym student promotions and New Year offers, will help drive participation. We will invest more in training and development for staff to support these offerings, including an enhanced exercise referral provision, extending to a broader range of medical conditions including cancer support.

Zest Swim

We plan to increase swimming opportunities, with Kids Swim for Free initiative, and more choices of activities over the summer holidays. We will introduce another Aqua Aerobics session to meet demand and consider adult lessons and growth in our private 1:1 lessons for individuals with special needs.

National campaigns such as Drowning Prevention Week and National Fitness Day will provide opportunities to engage the wider community.

Pool hire remains a challenge as we balance demand with operational hours and staffing. We will continue to support groups such as the University Clubs and Sea Cadets. School bookings for the next academic year remain uncertain and any gaps in the schedule will be filled with private bookings. Building on this year's successful sessions with private hire for adults with special needs, the pool will remain fully utilised.

Zest Swimming Lessons

CoursePro will introduce online payments, streamlining billing, improving debt collection, and making the process quicker and more efficient.

Sustainability and Green Initiatives

Sustainability remains a priority, with the installation solar panels on the gym and pool roofs and actively exploring opportunities to expand green initiatives within the building to further reduce our environmental impact.

These projects bring challenges, particularly in developing the right staff skills and managing the unpredictability of casual staff. With stronger planning, a more skilled team, and ongoing community engagement, we are confident these initiatives will be delivered successfully, driving revenue, improving access, participation, and customer satisfaction.

Local Health & Wellbeing Services

Delivering high quality community-based health and wellbeing services for groups and individuals in our community. The main programme is called People Keeping Well; Zest is part of a city network of locally based, 'health creation' activities and services underpinned by community development.

"I'm so glad this service exists... the coach speaks my language, so she understands my challenges on a personal level. It's a great service, I feel comfortable and would recommend to everyone"

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

Service Highlights

- Starting a Garden Gathering Group which has had 62 different people attending.
- Health checks sessions re-starting, with 136 checks across 27 sessions.
- A massive 68% increase in demand for our outdoor activity groups.
- A 19% increase in attendances to our dementia-friendly services.
- A 90% improvement in wellness reported by our gardening gathering group.
- Ongoing and vital support to run our groups from local volunteers.

'Volunteering has lessened the social isolation caused as a result of chronic mental health problems and has given me a sense of purpose.' An Over 50s Group Volunteer

This year has been defined by new beginnings; we started a gardening project, a menopause group, and a diabetes group. We also re-started regular health checks at Zest and in the community, delivering our first writing for wellbeing course and a combined yoga and creative writing session.

What's on the Horizon

We're excited to keep developing our wellbeing work and plan to continue our process of engaging with the community to improve and expand our current projects.

Here are some plans for 2025-2026:

- Further garden development, including food growing group and activities in our new roundhouse.
- Development of menopause training sessions.
- Increase EDI and reach underrepresented groups.
- Exploring the idea of a monthly wellbeing café.
- Starting a creative writing group, following our successful writing for wellbeing course.

Children, Young People & Families

'OMG absolutely brilliant seeing the community coming together singing eating and dancing, amazing atmosphere' Jamaican Independence Celebration Attendee

This Community Can

The 'This Community Can' (TCC) team work with the local community to develop local activities, groups and initiatives that give voice to the less heard and improve the lives of people across our community.

- The service supported 657 adults and supported 210 young people.
- 69% of people supported were from local Ethnic Minority Communities.
- The service supported 71 volunteers.

'I really enjoyed it and I've felt really well supported since starting my role at Zest. I have learnt a lot and I really appreciate the opportunities for professional development...' Zest Volunteer

The TCC team and volunteers are proud and delighted with how relationships and groups have grown and people have bonded to provide mutual support and learning. The 7 regular sessions in English, Craft, reading and social dining that we run with volunteers, have developed in terms of quality and reach of participation. New sessions have developed from local demand too - we started a block of Creative Writing sessions which will develop later in 2025 to an ongoing slot.

We have been delighted to capture invaluable feedback from our volunteers and community in all that we do.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

Service highlights

- Growth in the 3 English, 3 Craft and book club sessions. New Creative Writing Sessions; successful Food and Mood sessions with Advice in Martin Street.
- Eid Al Adha June 2024 co-planned and co-delivered with community volunteers with a fabulous atmosphere and 220 people attending.
- Meet the Trustees July 2024 - great problem solving, challenging and exploratory discussions with 20 attendees and 5 trustees.
- Football Food and Friendship July 2024. 110 young attendees participating in great workshops in partnership with FURD and Sheffield Wednesday Community Programme.
- Museum Visit for the Youth Club to the Caribbean Footsteps Exhibition with Simon Jones Trustee sharing his story.
- Tea Tent for TARAs Aug 2025 encouraging TARA membership.
- Black history month and beyond - Gospel session May 2024 (50 attendees), Jamaican Independence Aug 2024 (100 attendees) both joyful and enthusiastically received events while Telling our Story at Kelham Island Museum evoked fascinating, resonant stories of people from different communities arriving and making homes in the UK recorded in a video.
- Volunteer Thank you with 26 attendees Sept 2024.
- First Langsett Lantern Parade - Nov 2024 fabulous atmosphere with 85 participants.
- Calm in Nature Exhibition with the Ponderosa Nature Group through October 2024 100 visitors enjoyed gorgeous pictures of local landscape, flora and fauna.
- International Women's Day March 2025 - pampering during Ramadan 42 participants.

What's on the horizon

Alongside growing and developing existing groups towards independence, we are keen to develop more social opportunities which bring a range of our different communities together as community cohesion seems more important than ever. Community Cinema and community dining proposals have garnered a strongly positive local response when mooted.

Empowering groups and individuals is central to our mission and we're running sessions on 'turning your side hustle into a business', and working towards running a traders' market. We hope to offer training to help people to prepare properly for their 'Life in the UK' test, as well as enhance our ever-in-demand English Conversation offer. Our newly trained form filling volunteers will be out and about at different sessions supporting people with their legal and financial paperwork challenges.

Partnerships will be enriched as we plan our events calendar enabling us to improve the quality and reach of what we do, and learn a lot as we do it. The Lantern Festival, Eid Events and Black History Month and beyond programmes are key examples here but more will ensue.

Lastly we hope to nourish our conversations in a variety of imaginative, accessible and engaging ways with all local communities. We aim to ensure people are heard and responded to. It's this last organic element to our work that motivates us most of all.

Holiday Activities & Food

'The kids have tried so many different activities this summer. there's no way we could have afforded to give them this experience.'

The service has supported 2,873 young people with the provision of positive activities and food during school holiday periods.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

Service highlights

- Following the introduction of system improvements we have rebuilt our attendance to 90% eligible children.
- We have doubled the number of places available in two of our most 'in need' neighbourhoods.

What's on the horizon

The Government has announced funding for a further 3 years. We hope to work with SCC and the other coordinators to develop the project further, particularly to cater for SEND and Young People.

Early Years Programme

'The work you do is amazing and I parent in a whole different way now, understanding my child better who is now on the pathway to an assessment.'

The Early Years Programme includes the following key projects:

Empowering Parents Empowering Communities (EPEC) Being a Parent and EPEC Baby n Us

Training parents (citywide) to become parent group leaders delivering 50 groups to 374 parents. The groups cover being A Parent, Baby n Us, Being a Parent Autism, Being A Parent of Teens, and Being a parent together for co-parents/ single parents.

Early Years People Keeping Well

10 volunteers recruited and trained to deliver 4 Baby n Toddler groups at Zest and Primrose/ Sharrow family hubs.

Active start

Training 2 members of staff to deliver training to staff, volunteers and families to promote the importance of Movement and Play in the Early Years. A small pot of funds was available for resources.

The service supported 123 young people and 460 adults.

The service supported 57 volunteers, 55% of which were from local Ethnic Minority communities.

Service highlights

- Family hub network community champion project was a great success making new connections in Stocksbridge and Stannington delivering Family Hub service events. The community grant allowed us to buy new resources as well as furnish a new Breastfeeding room.
- EPEC has been over performing targets with 3 volunteers gaining employment.
- The Early years project ran 4 successful baby and toddler groups at Zest and Primrose, and Sharrow Family Hubs. The contract continued and has recently been extended to end March 26. Two volunteers have gained employment.
- The Family holiday grant was utilised August 2025 taking 3 families on holiday to Tattershall Holiday park as well as an annual trip to Chatsworth with a travel grant. We are hoping to rebook this in the coming year.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

Supporting our Young People

'I get to do new things I haven't done before'

The Zest youth offer is centred on provision of locally rooted neighbourhood youth clubs shaped by local young people and offering a range of workshops, positive activities, trips and residentials that help people feel more confident and resilient, improve their life skills, develop a stronger voice and to feel safer in the community.

Total number adults/young people supported:

- 256 different young people supported through the youth club offer.
- 92% of the young people supported were from local Ethnic Minority communities including young people with Yemeni, Somali and Black Caribbean backgrounds.
- 4 people supported to volunteer to support youth service delivery.

The team continue to focus on building strong relationships with young people, creating a foundation of trust and providing a safe space for them to socialise. Delivering sessions that help young people develop the skills needed to cope with emotional and physical challenges in their daily lives, including youth conflict, exploitation by criminal gangs, social media pressures, and difficult home environments.

Staff have been upskilled to respond effectively to the increasing prevalence of low-level mental health issues. The "Youth Voice" platform will offer workshops that explore local issues, empowering young people to reflect on their choices, understand their barriers, and develop a stronger sense of belonging.

Service highlights

Highlights for 2024-25 include a whole host of workshops and activities and trips, including:

Knife crime workshop	First aid course	DJ workshop	
Self-care workshop	Boxing	Black History Month and Beyond	Self defence
Survival skills	Mediation workshop	Team building	Residential
Alton Towers	Mental health workshop	Period Proud workshop	
Healthy eating sessions	Eid party	Street doctors	

What's on the horizon

Looking ahead, the primary focus will be on equipping young people with essential life skills and fostering greater confidence and resilience. With mental health challenges on the rise among young people, we are committed to providing targeted support through one-to-one monitoring sessions. Each staff member will be assigned to a group of young people, enabling closer relationships and ensuring that individual needs and concerns are identified and addressed promptly.

There are also plans to expand the programme of workshops and activities, responding to the evolving interests and challenges faced by our youth. By continuing to upskill our team, we aim to provide timely, relevant support-particularly around mental health, social pressures, and personal development.

By listening to the youth voice and working collaboratively, the youth service will continue to create a safe, inclusive environment where every young person can thrive.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

Work and Training Services

The Zest for Work team has continued to deliver a comprehensive range of employment, skills and wellbeing support throughout 2024-25, helping local people move closer to work, training and improved confidence.

Participants benefited from personalised one-to-one guidance, volunteering opportunities, and access to accredited training and numeracy workshops. The team's inclusive approach ensured strong engagement with people from ethnic minority backgrounds, females and those with disabilities, reflecting our commitment to equality and accessibility.

Alongside this, the service achieved the matrix Standard accreditation for providing high-quality information, advice and guidance, and invested in staff development through professional qualifications.

The team's ongoing dedication has created meaningful outcomes for participants and strengthened our partnerships and role within the local community.

Service highlights

Highlights for 2024-25 include:

- 349 people supported across all Zest Work and Training programmes (employment and non-work contracts).
- 3 x mental health educational courses were delivered, one Anxiety Management and two Managing Depression. 49 Referrals were received of which there were 26 course attendees in year.
- Project Multiply, involved 115 engagements, 11 three-hour numeracy workshops and 62 attendees.
- 19 people volunteered with the service.
- 30 people accessed the community access point for a virtual appointment with Citizens Advice Sheffield. The main reason for using was for benefits advice with 39% wanting help with multiple issues.

Employment & Skills Impact

- 47 participants (35%) moved into employment or education/training.
- 56% of employment programme participants were economically inactive at registration - demonstrating success in engaging those furthest from the labour market.
- 19 People volunteered with the service and 63% of whom went into paid employment.

Diversity & Inclusion:

- 60% of participants who accessed employment support identified as being from the local Ethnic Minority Community. This is a 9% increase on the previous year.
- Across all projects, 50% of participants were from the local ethnic minority community - showing inclusion across both employment and wellbeing services.
- Gender: 63% Female, 30% Male and 7% Did not disclose.
- Disability: 35% of employment participants identified as having a disability - maintaining a high level of accessibility and inclusive support.
- Achieved Disability Confident Committed Status as an employer.
- Matrix Standard accreditation achieved - for providing high quality information, advice and guidance service.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

What's on the horizon

Secure future funding to continue support people back into work; particularly those who are economically inactive or receiving non-work-related benefits.

Partnership work with Sheffield Citizens Advice including the relaunch of the Community Access Point to provide virtual appointments to offer virtual appointments for people who are digitally excluded.

Work to strengthen relationships with employers, including developing links with large local employers such as Aviva.

Review and further develop the Mental Health Educational Programme to enhance participant outcomes.

Continue to invest in staff development through training and professional qualifications.

Work towards achieving Disability Confident Employer - Level 2 status.

Subsidiary and other controlled companies

The charity also controls Upperthorpe and Netherthorpe Healthy Living Centre Trust, a registered charity (Charity number 1090345) and a company limited by guarantee (company number 4258284), as it is able to appoint and remove trustees in that charitable company. Its incoming resources for the year were £115,000 (2024: £80,000) and its total resources expended were £210,854 (2024: £175,863), leaving a net decrease in funds of £95,854 (2024: £95,863). At 31 March 2025 the net assets of Upperthorpe and Netherthorpe Healthy Living Centre Trust were £670,553 (2024: £766,407).

Financial review

The group has made a surplus of £286,617 in the year (2024: deficit of £336,151). Unrestricted funds are showing a deficit before transfers of £90,563 (2024: surplus of £17,709) and restricted funds are showing a surplus of £377,180 (2024: deficit of £353,860) for the year. At 31 March 2025 total fund balances were £1,895,559 of which £721,055 were unrestricted and £1,174,504 were restricted.

The charity has made a surplus of £382,471 in the year (2024: deficit of £240,288). Unrestricted funds are showing a deficit before transfers of £76,835 (2024: surplus of £33,180) and restricted funds are showing a surplus of £459,306 (2024: deficit of £273,468) for the year. At 31 March 2025 total fund balances were £1,225,006 of which £624,082 were unrestricted and £600,924 were restricted.

Reserves Statement

The charity maintained its reserves policy during the year and agreed that funds of £225,000 should be held in reserve.

The reserves are held to support organisational resilience. This is considered prudent given the short-term grant and contract funding cycles that the charity is subject to. This is characteristic of the local and national voluntary, community and social enterprise sector; tied to the ongoing downward pressure on national and local government funding.

This 'resource for resilience' includes but is not limited to:

- Bridging defined financial gaps in contracts and services that allow for maintenance of essential services for our beneficiaries. For example, funding a service whilst awaiting the outcome of a funding application.
- Accounting for redundancy costs associated with contracts and services coming to an end.
- Underwriting of 'opening' deficit budgets, where funding levels are not yet clearly defined [at the start of the annual funding cycle] but where there is a clearly defined plan to address the stated deficit.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

- Covering a loss of income due to periods of Zest Centre closure, for example, to undertake essential repairs and maintenance or due to a pandemic.
- Investing to save, for example, purchasing ITC equipment or other capital investment that supports future viability.

Any call on reserves must be approved by the Board of Trustees and monitored using a quarterly financial risk management plan.

The Trustees agreed that any surplus above that needed for reserves may be re-invested to support charitable activities and that any such re-investment will be agreed by the Trustees.

Free unrestricted reserves at 31 March 2025 were £220,398 an increase of £7,373. This is 2% below the target of £225,000. Ongoing financial risk management and monitoring alongside clear business development objectives ensure the company retains a secure footing that minimises any call on reserves.

Zest Future Plans

The Zest Centre will be placed into the hands of the community, a landmark moment as we sign a new 30 year lease with Sheffield City Council and help secure the future of this vital local asset.

Tied to this will be work to continue to improve the condition of the building and its facilities. For the coming period, this will be centred the installation of solar panels on our pitched roof areas to reduce our carbon footprint and save on energy. This will be coupled with improvements to our mixed gym and women only gym facilities in line with customer need and demand.

Valuable Views

An Autumn of Community Conversations across all our groups and activities is planned to help inform our future plans, priorities and to reinvigorate our mission.

Tied to this is some work with our staff, trustees and volunteers to refresh our core values and ensure we can embed them across our practice. This is a work in progress and encompasses:

- Personalised Support: Every Individual Matters
- Inclusive - Everyone Belongs
- Connected = Thriving Together
- Equitable: Fairness & Justice for All
- Future Generations: Stewardship and Opportunity

Promoting Unity

We will also play a continued role as a city-wide advocate, working to ensure our local communities have a voice and, take a collective stance on key issues impacting the most vulnerable. Presently speaking, this includes amplifying the work of the Race Equality Partnership Sheffield to stand together for every community. We are committed to ensuring that everyone in our community feel safe, respected, and valued.

Together we will:

- Support our communities to report and respond to hate crime, and ensure people know how to access the right support.
- Amplify positive stories of Sheffield's commitment to equity, inclusion, and belonging.
- Work collectively to create safe spaces for dialogue, understanding, and action.
- Hold ourselves accountable to Sheffield's ambition of becoming an anti-racist city.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

At a neighbourhood level we are also responding to the ongoing challenge of exploitation and serious violence resulting from organised crime. To this end we are working with local partners, including Sheffield City Council, South Yorkshire Police and YAFA to develop a Netherthorpe & Upperthorpe Together Action Plan: to help promote a thriving, safe and welcoming neighbourhood for people to live, work and grow up in.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. During 2024/25 the trustees received reports and held meetings to assess financial and other risks to the company and agreed strategies to mitigate key risks. This is captured in a Company Risk Management Action Plan.

Disclosure of information to auditor

Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

The annual report was approved by the trustees of the charitable company on 10/12/2025 and signed on its behalf by:

Lucy Smith

.....
L C Smith
Trustee

Netherthorpe and Upperthorpe Community Alliance

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Netherthorpe and Upperthorpe Community Alliance for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the parent charitable company and the group and of the incoming resources and application of resources, including its income and expenditure, of the charitable group for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the parent charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the parent charitable company and the group and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the parent charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Netherthorpe and Upperthorpe Community Alliance

Independent Auditor's Report to the Members of Netherthorpe and Upperthorpe Community Alliance

Opinion

We have audited the financial statements of Netherthorpe and Upperthorpe Community Alliance (the 'charitable parent company') and its subsidiary (the 'group') for the year ended 31 March 2025, which comprise the Consolidated Statement of Financial Activities, Statement of Financial Activities, Consolidated Balance Sheet, Balance Sheet, Consolidated Statement of Cash Flows and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and parent charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements or a material misstatement in the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Netherthorpe and Upperthorpe Community Alliance

Independent Auditor's Report to the Members of Netherthorpe and Upperthorpe Community Alliance (continued)

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the and Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the and Trustees' Report have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the group and the parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the and the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- the information given in the trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities set out on page 16, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor responsibilities for the audit of the financial statements

We have been appointed auditor under the Companies Act 2006 and report in accordance with this Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Netherthorpe and Upperthorpe Community Alliance

Independent Auditor's Report to the Members of Netherthorpe and Upperthorpe Community Alliance (continued)

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

The charitable company is subject to laws and regulations that directly and indirectly affect the financial statements. Based on our understanding of the charitable company and the environment it operates within, we determined that the laws and regulations which were most significant included FRS 102, Companies Act 2006, Health and Safety regulations and the Charities Act 2011. We considered the extent to which non-compliance with these laws and regulations might have a material effect on the financial statements, including how fraud might occur. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to the posting of inappropriate journal entries to improve the company's result for the period, and management bias in key accounting estimates.

Audit procedures performed by the engagement team included:

- Discussions with management and those responsible for legal compliance procedures within the charitable company to obtain an understanding of the legal and regulatory framework applicable to the charitable company and how the charitable company complies with that framework, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;
- Reviewing minutes of Trustee meetings;
- Identifying and assessing the design effectiveness of controls that management has in place to prevent and detect fraud and non-compliance with laws and regulations;
- Challenging assumptions and judgements made by management in their significant accounting estimates.
- Identifying and testing journal entries, in particular any journal entries posted with unusual account combinations or posted by senior management.

There are inherent limitations in the audit procedures described above and the more removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we are to become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at www.frc.org.uk/auditors/audit-assurance/auditor-s-responsibilities-for-the-audit-of-the-fi/description-of-the-auditor-s-responsibilities-for. This description forms part of our auditor's report.

Netherthorpe and Upperthorpe Community Alliance

Independent Auditor's Report to the Members of Netherthorpe and Upperthorpe Community Alliance (continued)

Use of our report

This report is made solely to the charitable parent company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the group's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable parent company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Hawsons

.....
Simon Bladen (Senior Statutory Auditor)

For and on behalf of Hawsons Chartered Accountants, Statutory Auditor

Pegasus House
463a Glossop Road
Sheffield
South Yorkshire
S10 2QD

Date: 10/12/2025
.....

Netherthorpe and Upperthorpe Community Alliance

Consolidated Statement of Financial Activities for the Year Ended 31 March 2025

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Incoming resources					
Donations and gifts	2	694	-	694	368
Charitable activities	3	837,753	1,374,500	2,212,253	1,827,449
Other trading activities	4	592	-	592	896
Investment income	5	56,102	-	56,102	44,517
Total Incoming resources		<u>895,141</u>	<u>1,374,500</u>	<u>2,269,641</u>	<u>1,873,230</u>
Resources expended					
Charitable activities	6	<u>985,704</u>	<u>997,320</u>	<u>1,983,024</u>	<u>2,209,381</u>
Total expenditure		<u>985,704</u>	<u>997,320</u>	<u>1,983,024</u>	<u>2,209,381</u>
Net (outgoing resources)/incoming resources		(90,563)	377,180	286,617	(336,151)
Transfers between funds		<u>47,582</u>	<u>(47,582)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(42,981)	329,598	286,617	(336,151)
Reconciliation of funds					
Total funds brought forward		<u>764,036</u>	<u>844,906</u>	<u>1,608,942</u>	<u>1,945,093</u>
Total funds carried forward	16	<u><u>721,055</u></u>	<u><u>1,174,504</u></u>	<u><u>1,895,559</u></u>	<u><u>1,608,942</u></u>

The notes on pages 25 to 48 form an integral part of these financial statements.

Netherthorpe and Upperthorpe Community Alliance

Statement of Financial Activities for the Year Ended 31 March 2025

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Incoming resources					
Donations and gifts	2	694	-	694	368
Charitable activities	3	837,753	1,374,500	2,212,253	1,827,449
Other trading activities	4	592	-	592	896
Investment income	5	56,102	-	56,102	44,517
Total incoming resources		<u>895,141</u>	<u>1,374,500</u>	<u>2,269,641</u>	<u>1,873,230</u>
Resources expended					
Charitable activities	6	<u>971,976</u>	<u>915,194</u>	<u>1,887,170</u>	<u>2,113,518</u>
Total expenditure		<u>971,976</u>	<u>915,194</u>	<u>1,887,170</u>	<u>2,113,518</u>
Net (outgoing resources)/incoming resources		(76,835)	459,306	382,471	(240,288)
Transfers between funds		<u>33,941</u>	<u>(33,941)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(42,894)	425,365	382,471	(240,288)
Reconciliation of funds					
Total funds brought forward		<u>666,976</u>	<u>175,559</u>	<u>842,535</u>	<u>1,082,823</u>
Total funds carried forward	16	<u><u>624,082</u></u>	<u><u>600,924</u></u>	<u><u>1,225,006</u></u>	<u><u>842,535</u></u>

The notes on pages 25 to 48 form an integral part of these financial statements.

Netherthorpe and Upperthorpe Community Alliance

(Registration number: 03628231)

Consolidated Balance Sheet as at 31 March 2025

		31 March 2025		31 March 2024	
	Note	Group £	Company £	Group £	Company £
Fixed assets					
Tangible assets	11	1,316,685	648,342	1,220,358	456,245
Current assets					
Debtors	13	235,762	235,762	110,373	163,033
Cash at bank and in hand		487,667	485,457	391,527	336,573
		<u>723,429</u>	<u>721,219</u>	<u>501,900</u>	<u>499,606</u>
Creditors: Amounts falling due within one year	14	<u>(144,555)</u>	<u>(144,555)</u>	<u>(113,316)</u>	<u>(113,316)</u>
Net current assets		<u>578,874</u>	<u>576,664</u>	<u>388,584</u>	<u>386,290</u>
Net assets		<u>1,895,559</u>	<u>1,225,006</u>	<u>1,608,942</u>	<u>842,535</u>
Charity funds:					
Restricted funds	16	1,174,504	600,924	844,906	175,559
Unrestricted funds	17	<u>721,055</u>	<u>624,082</u>	<u>764,036</u>	<u>666,976</u>
Total charity funds		<u>1,895,559</u>	<u>1,225,006</u>	<u>1,608,942</u>	<u>842,535</u>

The financial statements on pages 21 to 48 were approved by the trustees, and authorised for issue on 10/12/2025..... and signed on their behalf by:

Lucy Smith

.....
L C Smith
Trustee

The notes on pages 25 to 48 form an integral part of these financial statements.

Netherthorpe and Upperthorpe Community Alliance

Consolidated Statement of Cash Flows for the Year Ended 31 March 2025

	2025 £	2024 £
Cash flows from operating activities		
Net cash income/(expenditure)	286,617	(336,151)
Adjustments to cash flows from non-cash items		
Depreciation	168,054	151,871
Investment income	<u>(2,604)</u>	<u>(2,230)</u>
	452,067	(186,510)
Working capital adjustments		
(Increase)/decrease in debtors	(125,389)	17,368
Increase in creditors	<u>31,239</u>	<u>33,872</u>
Net cash flows from operating activities	<u>357,917</u>	<u>(135,270)</u>
Cash flows from investing activities		
Interest received	2,604	2,230
Acquisitions of tangible assets	<u>(264,381)</u>	<u>(23,988)</u>
Net cash flows from investing activities	<u>(261,777)</u>	<u>(21,758)</u>
Net increase/(decrease) in cash and cash equivalents	96,140	(157,028)
Cash and cash equivalents at 1 April	<u>391,527</u>	<u>548,555</u>
Cash and cash equivalents at 31 March	<u><u>487,667</u></u>	<u><u>391,527</u></u>

The notes on pages 25 to 48 form an integral part of these financial statements.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Accounting policies

The following accounting policies have been used consistently in dealing with items which are considered material to the charitable company's affairs.

Statutory information

Netherthorpe and Upperthorpe Community Alliance is a company (No. 03628231) and charity (No. 1077083) domiciled in England and Wales. The address of its registered office is: 18 Upperthorpe, Sheffield, South Yorkshire, S6 3NA.

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Netherthorpe and Upperthorpe Community Alliance meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Basis of consolidation

The financial statements consolidate the accounts of Netherthorpe and Upperthorpe Community Alliance and its controlled undertaking, Upperthorpe & Netherthorpe Healthy Living Centre Trust.

Exemptions for qualifying entities

The charitable company has taken advantage of the exemption from preparing a statement of cashflows on the basis that it is a qualifying entity and the group cashflow statement included within these financial statements includes the company's cashflows.

Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. In making that assessment, the trustees have specifically considered the impact of the coronavirus on the operations of the charity, alongside actions taken to mitigate that impact. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors and which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the accounts.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

1 Accounting policies (continued)

Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Grants received are allocated between activities and between restricted and unrestricted funds according to their nature.

Income from investments is included in the year in which it is receivable.

Income is deferred when income has been received in advance relating to a contract to perform a service, where that service has not yet been provided, either in full or in part.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount.

Where the amount paid for the rental of the land and buildings used by the charity is below the commercial rate, a donation is included in income for the difference between the commercial rate and the amount actually paid by the charity.

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

Resources expended

Resources expended are recognised in the year in which they are incurred.

Charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes grants made to projects, costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant expenditure is included based on the date that individual projects' expenditure has been incurred, rather than the date that the grants are defrayed to the projects.

Governance costs included those costs associated with meeting constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource, and include irrecoverable VAT.

Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of the resources.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

1 Accounting policies (continued)

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Asset class	Depreciation method and rate
Leasehold buildings	straight line over the life of the lease
Leasehold property improvements	4% straight line
Plant and machinery	33%/20% and 10% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Fixed assets costing less than £500 are not capitalised.

Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss if any.

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the estimated future cash flows are discounted to their present value using a pre-tax discount rate that reflects current market assessments of the time value of money and the risks specific to the asset for which the estimates of future cash flows have not been adjusted.

If the recoverable amount of an asset is estimated to be less than its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. An impairment loss is recognised immediately in income/(expenditure) for the year, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease.

Recognised impairment losses are reversed if, and only if, the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset in prior years. A reversal of an impairment loss is recognised immediately, unless the relevant asset is carried in at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

Leasing and hire purchase commitments

Rentals payable under operating leases are charged against income on a straight line basis over the period of the lease.

Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowing in current liabilities.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

1 Accounting policies (continued)

Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities. Where shares are issued, any component that creates a financial liability of the company is presented as a liability in the balance sheet. The corresponding dividends relating to the liability component are charged as interest expense in the statement of comprehensive income.

Judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There are no judgements or estimates which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities.

2 Donations and gifts

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Donations and gifts	694	694	368	368
	<u>694</u>	<u>694</u>	<u>368</u>	<u>368</u>
	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Analysis by fund				
Unrestricted fund	694	694	368	368
Restricted fund	-	-	-	-
	<u>694</u>	<u>694</u>	<u>368</u>	<u>368</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

3 Income from charitable activities

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Sales within charitable activities	618,764	618,764	594,341	594,341
Services provided	1,593,489	1,593,489	1,233,108	1,233,108
	<u>2,212,253</u>	<u>2,212,253</u>	<u>1,827,449</u>	<u>1,827,449</u>

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Analysis by fund				
Unrestricted fund	780,945	780,945	1,009,232	1,009,232
Restricted fund	1,431,308	1,431,308	818,217	818,217
	<u>2,212,253</u>	<u>2,212,253</u>	<u>1,827,449</u>	<u>1,827,449</u>

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
SCC - Empowering Parents Empowering Communities	30,000	30,000	32,500	32,500
SCC - Behavioural Change	-	-	17,057	17,057
SCC – Live Lighter	-	-	292,867	292,867
SCC – Community Wellbeing Programme	115,506	115,506	111,808	111,808
SCC – Social Prescribing	-	-	52,589	52,589
SCC – Dementia	42,888	42,888	39,000	39,000
HAF – Winter	12,251	12,251	23,520	23,520
HAF – Easter	25,516	25,516	21,001	21,001
HAF – Half term	9,190	9,190	8,994	8,994
HAF - Summer	77,091	77,091	90,396	90,396
HAF – Coordinator	42,600	42,600	6,300	6,300
SCC – Upperthorpe Library	25,000	25,000	25,000	25,000
Other small contracts	20,000	20,000	16,883	16,883
UHLC Service Level Agreement	115,000	115,000	80,000	80,000
The National Lottery Community Fund - This Community Can	132,992	132,992	67,186	67,186
BBC Children in Need	39,928	39,928	-	-
SCC - Capital Receipts	-	-	8,996	8,996
Other small grants	33,943	33,943	6,585	6,585
ERF Walkley	-	-	(683)	(683)
SCC - Anxiety and Depression Educational Programme	33,030	33,030	24,129	24,129
Jubilation income	-	-	200	200

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

3 Income from charitable activities (continued)

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Pathways to Success	-	-	15,940	15,940
Resilient Communities	50,000	50,000	50,000	50,000
Parents & Carers	-	-	27,857	27,857
People Keeping Well Early Years	9,600	9,600	11,426	11,426
Multiply 2023	13,750	13,750	18,850	18,850
Shared Prosperity	30,150	30,150	9,833	9,833
Faces	-	-	9,550	9,550
Advice Triage	-	-	7,469	7,469
Family Hub Champions	1,000	1,000	20,000	20,000
Dads Mental Health	42,500	42,500	40,000	40,000
Baby EPEC & Us	30,000	30,000	30,000	30,000
Peer Support Worker Synergy	28,597	28,597	12,438	12,438
Walkley Youth	26,289	26,289	17,495	17,495
Compass	-	-	14,424	14,424
Reaching Communities	-	-	5,000	5,000
UK SPF Employment	80,160	80,160	18,498	18,498
Pool hire	75	75	-	-
Swimming Pool Support Fund	20,682	20,682	-	-
Stannington Kids	5,000	5,000	-	-
Edward St Craft	625	625	-	-
Edward St Food	625	625	-	-
NHS Family Coach	3,939	3,939	-	-
UK SPF Employment Support North	20,000	20,000	-	-
UKSPF Skills Employability SY				
Employment Support	12,000	12,000	-	-
Employment Support SEND	5,507	5,507	-	-
Green Space	7,119	7,119	-	-
Universal Youth	28,641	28,641	-	-
Walkley Universal Youth	29,988	29,988	-	-
Library book funding	1,504	1,504	-	-
Capital grant	390,803	390,803	-	-
Total services provided	<u>1,593,489</u>	<u>1,593,489</u>	<u>1,233,108</u>	<u>1,233,108</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

4 Income from other trading activities

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Non-charitable trading activities	592	592	896	896
	<u>592</u>	<u>592</u>	<u>896</u>	<u>896</u>

5 Investment income

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Rental income	53,498	53,498	42,287	42,287
Interest receivable	2,604	2,604	2,230	2,230
	<u>56,102</u>	<u>56,102</u>	<u>44,517</u>	<u>44,517</u>

6 Expenditure on charitable activities

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Staff costs	1,115,193	1,115,193	1,279,209	1,279,209
Depreciation and impairment	168,054	72,284	151,871	56,101
Training and recruitment	8,529	8,529	9,154	9,154
Rent, rates, insurance and utilities	264,440	264,440	293,447	293,447
Printing, postage and stationery	5,052	5,052	8,957	8,957
Repairs and renewals	63,760	63,760	60,145	60,145
Travel and volunteer expenses	3,159	3,159	5,073	5,073
Community activities	167,530	167,530	197,244	197,244
Cleaning and security costs	43,587	43,587	36,801	36,801
Subscriptions	11,877	11,877	6,065	6,065
Equipment hire	6,498	6,498	11,102	11,102
Advertising and publicity	4,591	4,591	10,675	10,675
Legal, professional and consultancy fees	11,520	11,520	3,863	3,863
General expenses	77,774	77,690	85,250	85,157
	<u>1,951,564</u>	<u>1,855,710</u>	<u>2,158,856</u>	<u>2,062,993</u>
Grant funding of activities	11,479	11,479	29,041	29,041
Allocated support costs	19,981	19,981	21,484	21,484
	<u>1,983,024</u>	<u>1,887,170</u>	<u>2,209,381</u>	<u>2,113,518</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

6 Expenditure on charitable activities (continued)

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Analysis by fund				
Unrestricted funds	950,803	937,075	1,037,304	1,021,833
Restricted funds	<u>1,032,221</u>	<u>950,095</u>	<u>1,172,077</u>	<u>1,091,685</u>
	<u>1,983,024</u>	<u>1,887,170</u>	<u>2,209,381</u>	<u>2,113,518</u>

7 Grants payable

Analysis of grants

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Shutter Arkwork & Sign Work	-	-	2,410	2,410
Telecoms Project	-	-	3,734	3,734
Peachzz	-	-	14,000	14,000
Walkley Community Forum	-	-	3,000	3,000
Imagesign	3,732	3,732	-	-
JDP	4,105	4,105	-	-
Grants to individuals	700	700	-	-
Other small grants	<u>2,942</u>	<u>2,942</u>	<u>5,897</u>	<u>5,897</u>
	<u>11,479</u>	<u>11,479</u>	<u>29,041</u>	<u>29,041</u>

8 Support costs

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Audit fee	15,255	15,255	16,526	16,526
Legal and professional fees	<u>4,726</u>	<u>4,726</u>	<u>4,958</u>	<u>4,958</u>
	<u>19,981</u>	<u>19,981</u>	<u>21,484</u>	<u>21,484</u>

9 Net incoming/outgoing resources

Net incoming/(outgoing) resources for the year include:

	2025 £	2024 £
Depreciation	168,054	151,871
Fees payable to the Charity's auditors in respect of:		
The audit of the Charity's annual accounts	11,025	10,500
All non-audit services not included above	<u>4,230</u>	<u>6,026</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

10 Staff costs

The aggregate payroll costs were as follows:

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Wages and salaries	1,007,956	1,007,956	1,156,280	1,156,280
Social security costs	67,326	67,326	77,752	77,752
Pension costs	39,911	39,911	45,177	45,177
	<u>1,115,193</u>	<u>1,115,193</u>	<u>1,279,209</u>	<u>1,279,209</u>

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Management and administration	10	10	12	12
Service delivery – contracted	48	48	62	62
Service delivery - casual	32	32	12	12
	<u>90</u>	<u>90</u>	<u>86</u>	<u>86</u>

No trustees, nor any persons connected with them, have received any remuneration from the group during the year (2024: £Nil).

No trustees have received any reimbursed expenses from the charity during the year (2024: £Nil).

The total employee benefits of the key management personnel of the charitable company were £202,506 (2024 - £190,008). The key management personnel of the charity comprise the trustees and the Senior Management Team, which at the year end comprises the staff members listed below:

Chief Executive Officer
Finance and Contracts Manager
Health Service Manager
Employment and Skill Service Manager
Communities Manager
Strategic Youth Services Manager

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

11 Tangible fixed assets

Group

	Land and buildings £	Improvements To Leasehold Property £	Fixtures, Fittings and Equipment £	Total £
Cost				
At 1 April 2024	2,563,404	981,878	650,087	4,195,369
Additions	-	247,101	17,280	264,381
At 31 March 2025	<u>2,563,404</u>	<u>1,228,979</u>	<u>667,367</u>	<u>4,459,750</u>
Depreciation				
At 1 April 2024	1,799,292	618,972	556,747	2,975,011
Charge for the year	<u>95,770</u>	<u>49,159</u>	<u>23,125</u>	<u>168,054</u>
At 31 March 2025	<u>1,895,062</u>	<u>668,131</u>	<u>579,872</u>	<u>3,143,065</u>
Net book value				
At 31 March 2025	<u>668,342</u>	<u>560,848</u>	<u>87,495</u>	<u>1,316,685</u>
At 31 March 2024	<u>764,112</u>	<u>362,906</u>	<u>93,340</u>	<u>1,220,358</u>

The leasehold property owned by the subsidiary charitable company is subject to a legal charge held by The Secretary of State for Health for £499,152.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

11 Tangible fixed assets (continued)

Charitable company

	Improvements To Leasehold Property £	Fixtures, Fittings and Equipment £	Total £
Cost			
At 1 April 2024	981,878	544,458	1,526,336
Additions	<u>247,101</u>	<u>17,280</u>	<u>264,381</u>
At 31 March 2025	<u>1,228,979</u>	<u>561,738</u>	<u>1,790,717</u>
Depreciation			
At 1 April 2024	618,972	451,119	1,070,091
Charge for the year	<u>49,159</u>	<u>23,125</u>	<u>72,284</u>
At 31 March 2025	<u>668,131</u>	<u>474,244</u>	<u>1,142,375</u>
Net book value			
At 31 March 2025	<u>560,848</u>	<u>87,494</u>	<u>648,342</u>
At 31 March 2024	<u>362,906</u>	<u>93,339</u>	<u>456,245</u>

12 Subsidiary

The trustees of Netherthorpe and Upperthorpe Community Alliance control Upperthorpe and Netherthorpe Healthy Living Centre Trust. Therefore, they are in a position to govern the financial and operating policies of Upperthorpe and Netherthorpe Healthy Living Centre Trust in order to obtain benefits from its activities.

Name	Company number	Registered office	Class of share	Holding
Upperthorpe & Netherthorpe Healthy Living Centre Trust	04258284	18 Upperthorpe, Sheffield, South Yorkshire S6 3NA	N/A	N/A

The financial results of the subsidiary for the year were:

Income	Expenditure	Deficit for the year	Net assets
£	£	£	£
115,000	(210,854)	(95,854)	670,553

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

13 Debtors

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Trade debtors	219,098	219,098	83,308	83,308
Due from group undertakings	-	-	-	53,494
Other debtors	4,115	4,115	10,357	9,523
Prepayments and accrued income	12,549	12,549	16,708	16,708
	<u>235,762</u>	<u>235,762</u>	<u>110,373</u>	<u>163,033</u>

14 Creditors: amounts falling due within one year

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Trade creditors	58,335	58,335	40,113	40,113
Other taxation and social security	19,012	19,012	-	-
Other creditors	2,541	2,541	8,840	8,840
Accruals	40,258	40,258	45,125	45,125
Deferred income	24,409	24,409	19,238	19,238
	<u>144,555</u>	<u>144,555</u>	<u>113,316</u>	<u>113,316</u>

15 Deferred income

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Deferred income at 1 April 2024	19,238	19,238	5,125	5,125
Amounts released from previous periods	(19,238)	(19,238)	(5,125)	(5,125)
Resources deferred in the period	24,409	24,409	19,238	19,238
Deferred income at year end	<u>24,409</u>	<u>24,409</u>	<u>19,238</u>	<u>19,238</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

16 Restricted funds

2025

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Charity					
SCC – Healthy Communities Programme	-	54,491	(54,491)	-	-
Empowering Communities	5,180	31,735	(34,520)	-	2,395
Tesco Jacks	-	21,144	(21,144)	-	-
SCC - Dementia (Hillsborough)	6,402	21,444	(19,554)	-	8,292
Donations - Library Fundraising	5,732	-	-	(5,732)	-
SCC – Dementia Upperthorpe	6,442	21,444	(19,554)	-	8,332
BBC Children in Need	-	39,993	(35,086)	-	4,907
National Lottery Community Fund - This Community Can	21,804	135,935	(126,712)	-	31,027
SCC – Holiday Activities and Food	(10,171)	166,648	(153,788)	-	2,689
SCC – This Girl Can	4,699	-	-	-	4,699
SCC – Community Champions	-	15,000	(9,087)	-	5,913
NHS – CCG 3 Tier	28,209	-	-	(28,209)	-
Sport England - Leading The Way	6,163	709	(188)	-	6,684
Multiply	-	13,750	(13,750)	-	-
Small grants	3,295	-	(1,093)	-	2,202
Resilient Communities	-	25,000	(25,000)	-	-
People Keeping Well Early years	-	9,600	(2,484)	-	7,116
Community Development LAC	8,500	-	-	-	8,500
SCC – Universal Health	-	28,641	(14,386)	-	14,255
Shared Prosperity	9,301	34,480	(24,897)	-	18,884
Dads Mental Health	25,692	43,000	(44,175)	-	24,517
Baby EPEC & Us	19,051	30,000	(28,239)	-	20,812
Family Hub Champions	14,768	1,445	(16,213)	-	-
Walkley	1,000	27,422	(28,422)	-	-
Walkley Youth	8,037	(6,250)	-	-	1,787
Hillsborough Cost of Living	1,300	-	(313)	-	987
Mental Health	-	33,031	(24,630)	-	8,401

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

16 Restricted funds (continued)

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
UK SPF Employment	-	80,180	(80,180)	-	-
Compass	10,155	-	(10,155)	-	-
Community Wellbeing Programme	-	46,217	(46,217)	-	-
Peer Support Worker Synergy	-	28,598	(25,103)	-	3,495
UK SPF North	-	20,000	(20,000)	-	-
Capital grant	-	342,451	(7,973)	-	334,478
UK Carbon	-	40,176	(1,841)	-	38,335
Solar	-	15,412	(617)	-	14,795
Walkley Universal Youth	-	29,989	(17,294)	-	12,695
Stannington Kids	-	5,000	(3,750)	-	1,250
Edward St Craft	-	625	-	-	625
Edward St Food	-	625	-	-	625
NHS Family coach	-	3,939	(1)	-	3,938
Employment Support SEND	-	5,507	-	-	5,507
Green Space	-	7,119	(4,337)	-	2,782
Total Charity restricted funds	<u>175,559</u>	<u>1,374,500</u>	<u>(915,194)</u>	<u>(33,941)</u>	<u>600,924</u>
Subsidiary					
The Building Complex Fund	517,961	-	(61,510)	(27,181)	429,270
Zest Improvement Fund	151,386	-	(20,616)	13,540	144,310
Total Subsidiary restricted funds	<u>669,347</u>	<u>-</u>	<u>(82,126)</u>	<u>(13,641)</u>	<u>573,580</u>
Total restricted funds	<u>844,906</u>	<u>1,374,500</u>	<u>(997,320)</u>	<u>(47,582)</u>	<u>1,174,504</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

16 Restricted funds (continued)

2024

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Charity					
SCC – CIL Walkley Ward	(437)	3,000	(2,563)	-	-
SCC – ESF	-	17,057	(17,057)	-	-
SCC – Healthy Communities Programme	13,707	55,594	(69,301)	-	-
Empowering Communities	5,503	32,500	(32,823)	-	5,180
Alliance of Sport - Level the Playing Field	3,548	-	(3,548)	-	-
Tesco Jacks	1	1,849	(1,850)	-	-
SCC – ERF	26,618	-	(26,618)	-	-
SCC – Device Loan Scheme	2,503	-	(2,503)	-	-
SCC - Dementia (Hillsborough)	6,082	19,500	(19,180)	-	6,402
Donations - Library Fundraising	6,859	2,605	(3,732)	-	5,732
SCC – Dementia Upperthorpe	6,083	19,500	(19,141)	-	6,442
SCC – FACES (Family Adult Community Education Service)	-	9,550	(9,550)	-	-
BBC Children in Need	24,713	-	(24,713)	-	-
National Lottery Community Fund - This Community Can	103,386	67,186	(148,768)	-	21,804
NHS – City SP 2021	-	31,417	(31,417)	-	-
SCC – Social Prescribing	784	21,172	(21,956)	-	-
SCC – Holiday Activities and Food	37,842	150,211	(198,224)	-	(10,171)
SCC – This Girl Can	5,198	-	(499)	-	4,699
SCC – Community Champions	1,803	10,027	(11,830)	-	-
SCC – Live Lighter Extension	70,053	-	(70,053)	-	-
NHS – CCG 3 Tier	29,928	-	(1,719)	-	28,209
NHS – Student Mental Health	18,522	271	(18,793)	-	-
Sport England - Leading The Way	6,960	706	(1,503)	-	6,163
Parents and carers	-	27,857	(27,857)	-	-
Universal Small	-	15,940	(15,940)	-	-

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

16 Restricted funds (continued)

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Multiply	1,400	18,850	(20,250)	-	-
Small grants	(1,562)	4,857	-	-	3,295
Resilient Communities	2,464	50,000	(52,464)	-	-
People Keeping Well					
Early years	1	11,426	(11,427)	-	-
Jubilation	-	200	(200)	-	-
Youth Winn	411	-	(411)	-	-
TCC Ward Pot	1,226	-	(1,226)	-	-
North LAC Youth	2,999	-	(2,999)	-	-
Community Development					
LAC	8,500	-	-	-	8,500
New Base	383	-	(383)	-	-
Walkley TAP ERF	3,000	-	(3,000)	-	-
SCC – Universal Health	59,976	-	(59,976)	-	-
Shared Prosperity	-	9,833	(532)	-	9,301
Stocksbridge Uni Youth	-	1,324	(1,324)	-	-
Dads Mental Health	-	40,000	(14,308)	-	25,692
Baby EPEC & Us	-	30,000	(10,949)	-	19,051
Winn Gardens Fun Day	-	1,111	(1,111)	-	-
Family Hub Champions	-	20,000	(5,232)	-	14,768
Walkley	-	9,458	(8,458)	-	1,000
Walkley Youth	-	8,037	-	-	8,037
Hillsborough Cost of					
Living	-	1,300	-	-	1,300
University of York	-	2,497	(2,497)	-	-
Mental Health	-	24,129	(24,129)	-	-
Advice Triage	-	7,469	(7,469)	-	-
UK SPF Employment	-	18,498	(18,498)	-	-
Compass	-	14,424	(4,269)	-	10,155
Community Wellbeing					
Programme	-	46,217	(46,217)	-	-
Peer Support Worker					
Synergy	-	12,438	(12,438)	-	-
Total Charity restricted funds	448,454	818,010	(1,090,905)	-	175,559

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

16 Restricted funds (continued)

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Subsidiary					
The Building Complex Fund	537,976	-	(59,776)	39,761	517,961
Zest Improvement Fund	172,002	-	(20,616)	-	151,386
Total Subsidiary restricted funds	<u>709,978</u>	<u>-</u>	<u>(80,392)</u>	<u>39,761</u>	<u>669,347</u>
Total restricted funds	<u>1,158,432</u>	<u>818,010</u>	<u>(1,171,297)</u>	<u>39,761</u>	<u>844,906</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

16 Restricted funds (continued)

UHLC Library - A staff supported, volunteer led community library, offering book loans, computer use, IT skills support, reading groups and children's groups - all free of charge.

SCC - ESF - The focus of this project is to fund a lead keyworker who will provide a quality employment support service for its ESF Pathways project. Lead keyworkers offer advice, guidance and support to a number of out of work individuals recruited to the programme and relevant employability options.

SCC - Healthy Communities Programme - Commissioned under the SCC People keeping Well Framework to create joined up, local approach so that people can be supported better within their own communities. This programme provides neighbourhood-based support for patients at risk of declining health and wellbeing.

Zest fundraising - This fund comprises of money raised to help with the running of the centre.

Empowering Parents, Empowering communities - EPEC is a parenting programme run by trained local parents for local parents with new volunteer parent group leaders being trained each year. It aims to improve child development and outcomes, parenting, family resilience and family relationships.

Level the Playing Field - Alliance of Sport national programme of small grant funding to develop and activate local best practice programmes of sport and physical activity to increase opportunities for Black and Ethnic Minority children at risk of entering the Criminal Justice System.

Tesco Jacks - A project to provide positive physical activities for children and young people with the aim of them gaining social responsibilities and creating connections with their local community. (This project was delayed due to COVID).

SCC - ERF - This was post COVID funding to build local communities and encourage people to shop locally.

SCC - Dementia (Hillsborough and Upperthorpe) - To create and develop dementia-friendly communities, where the needs of people living with dementia and their carers are understood by other citizens and organisations. Providing people with access to good quality information, advice and guidance, creating more dementia-friendly activities and groups and providing training and support to staff, volunteers and communities on dementia.

Library fundraising - This fund comprises money raised by volunteers to help with the running of the library in the centre.

SCC - FACES - There are two parts to this contract, all funded by the Sheffield City Council Lifelong Learning Department. We employ a learning champion who engages with people in the community, attending outreach such as libraries and children's centres as well as the faith organisations. To help individuals get into learning such as basic maths, English and IT, vocational training i.e. CSCS, forklift driver training, catering or further education. Providing information and advice on training available for adults, along with the delivery of short courses in community settings. Subjects include women's wellbeing, High Five, healthy eating, and personal development.

BBC Children in Need - A project centred on improving the lives of local young people aged 11 to 18 experiencing deprivation. Structured youth club sessions will be delivered with a specific emphasis on improving self confidence and resilience, giving them improved life skills and stronger voice and making them feel safer in their community.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

16 Restricted funds (continued)

National Lottery Community Fund - This Community Can - Developed in response to needs identified by communities living in the inner city areas of Sheffield, where levels of poverty, vulnerability and isolation are concentrated and where people are not readily accessing existing services, including those provided by Zest. The project builds connections and relationships in and across communities and enhances the capability of local residents to influence positive change where they live, using volunteers to build community through positive activities.

NHS - City SP 2021 - To provide a social prescribing link worker to the GP Neighbourhood network, to support patients access a range of community based services.

SCC - Holiday Activities and Food projects - All HAF projects are, collectively, a project which provides food and activity throughout the school holidays for children who are in receipt of free school meals.

SCC - This Girl Can - To deliver physical activity opportunities and encourage more women to become physically active. Used to fund a member of staff to deliver physical activity classes and was also used to buy trainers to run Couch to 5K courses and online classes.

SCC - Community Champions - This project recruits, trains and supports volunteers to have conversations within their community which are fed back into Sheffield Council to inform the development of public services.

SCC - Live Lighter Extension - An extension of the citywide weight management service which enabled us to partner with other community organisations and reach a wider, more diverse range of individuals with our 12 week weight management service.

NHS - CCG 3 Tier - A contract to assess people on a waiting list for bariatric surgery.

NHS - Student Mental Health - This project is funded from the Sheffield Mental Health Transformation Fund. We are contracted by Sheffield CCG but report to Sheffield MIND. The objectives are around supporting Sheffield 18+ students to manage their mental health. It funds one part time mental health and wellbeing coach who carries a case load and also delivers training and group work.

Sport England - Leading the Way - This project is aimed at encouraging more people from BAME communities into physical activity and particularly into coaching opportunities. Our objective is to recruit and train 25 ambassadors (volunteers) who will deliver physical activity groups or classes.

Parents & Carers - A project dedicated to assisting parents and carers into education, training, and employment, complete with a package of support from our Keyworkers. Eligibility: aged 18 or over, living in Sheffield, and currently unemployed or economically inactive.

Universal Small - Universal Lot 3 (Small) - Step to Success - Supporting Sheffield adults facing barriers to work or training. A Work & Wellbeing Coach designs and connects pathways to education, employment, or training for unemployed and economically inactive adults, particularly those with long-term physical or mental health issues, disabilities, or behavioural challenges.

Multiply - A government programme aimed at helping adults aged 19+ improve their numeracy skills, build confidence with numbers, and gain qualifications. We deliver short courses covering topics such as My Energy Costs, Cooking on a Budget, My Green World and Number Natter for people for whom English is an additional language.

Small Grants - funding for Zest to allocate small grants to health focussed community groups for projects benefiting people in the local community.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

16 Restricted funds (continued)

SCC - Resilient Communities - Social Prescribing NUL and Hillsborough - This contract with Sheffield City Council is to deliver a social prescribing service through the People Keeping Well Partnership. Social prescribing is a way of GP's (and other health professionals) referring individuals with social, emotional and practical needs to non-medical services, for example to the range of health, wellbeing and practical support that we have at Zest. We deliver this service by employing a Health Link Worker to support individuals to access services.

Jubilation - Through the Arts Council jubilee fund, this work supported the community to create a piece of artwork to commemorate the jubilee.

Youth Winn - Funding to deliver evening youth club provision in the Winn Gardens Area.

TCC Ward Pot - A fund designed for community integration events and used to fund our annual Jamaican Independence celebration. This project is now complete.

North LAC Youth -To provide an after school pilot and holiday activity for young people in Stannington. This project is now complete.

Community Development LAC - SCC grant funding for a community development worker with a focused remit on cost of living and welcome spaces.

NU Base - Viola Capital Grant - Used as part of capital programme.

Walkley TAP ERF - To fund web based business directory.

Universal Youth - Funding from SCC to fund local youth clubs provision in Upperthorpe, Stannington and Stocksbridge. Delivered in partnership with Sheffield Wednesday Community Programme.

SCC - TAP - This was funding to produce an online or other such directory to promote business in the Walkley area of Sheffield.

Shared Prosperity CDW - A fund to provide a community development worker to work in the LAC area to support other Welcome Space to offer support services to the community. This fund also supports local work and children's activities (dictated by local need).

Stocksbridge Uni Youth - A fund to support recruitment for a youth project in Stocksbridge. This project is now complete.

Dads Mental Health - A project which supports dads of children in the perinatal period who are struggling with their mental health. The project coordinates peer support activities.

EPEC Baby - A strand of the project above to provide specific volunteer support for parents of babies.

Winn Gardens Fun Day - Grant funding for a community fund day on the Winn Gardens estate.

Family Hub Champions - A project which primarily supports Family Hub activities and acts as a link into communities to ensure every family is aware of services on offer from their local family hub.

Community Development LAC - This was a community development project to provide post covid support to local communities, inc cost of living. This project is now complete.

Walkley ERF - Co-ordinating Walkley Festival & other events.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

16 Restricted funds (continued)

Walkley Youth - Local grant funding to support continuation of the Upperthorpe Youth club whilst awaiting the outcome of a Children in Need funding bid.

Hillsborough Cost of Living - A fund to run a cost of living support day, as well as children's holiday activity session. This project is now complete.

University of York - This fund was to support a researcher from the University of York to access our community in order to support her research project. This project is now complete.

SCC Mental Health A&D - Zest delivers two 7-week psychoeducational courses: Anxiety Management and Managing Depression. Each course aims to help participants build confidence and develop a personalised plan for self-managing their mental health. GPs and healthcare professionals refer individuals to these programmes, which are available to all Sheffield residents, regardless of employment status.

Advice Triage - To facilitate appointments for those needing advice, people were assessed and helped to access either face-to-face advice services based within Zest or the community access point for the remote Citizens Advice Service. This provided beneficiaries with confidential and accessible support on crucial issues such as benefits, housing, immigration, debt, and legal matters.

UK SPF Employment - Work & Wellbeing Coaches provide information, advice, and guidance, offering tailored employment support for economically inactive and socially excluded unemployed people in Sheffield. The main priority is local residents, i.e. Netherthorpe, Upperthorpe, and Langsett, covering the central area and neighbouring communities such as Walkley. Attending community venues, such as libraries and faith buildings, for outreach in Stannington and Stocksbridge.

Community Compass - Navigating support and advice for local residents. Zest aims to address the specific needs and aspirations of the Walkley community and surrounding areas. This project will provide Information, Advice, and Guidance (IAG) on topics such as the cost of living. We aim to promote a sense of belonging through equitable access to services, working to ensure that everyone in our community has access to resources, services, and opportunities.

SCC CWP Hills & Winn - Funds from Sheffield City Council to support activity in Winn Gardens where St John's Owlerton are sub contracted to deliver community based public health interventions.

Zest Peer Support Worker Synergy - Funding from Synergy Mental Health Alliance (via SY ICB) for 2 x Peer Support Workers who work with clients with severe mental illness and support around goal focussed peer support.

The Building Complex Fund is the fund where the various resources were applied to meet the costs associated with the lease, design and construction work to the buildings. Depreciation is charged to this fund.

Capital grant - Funding from Sheffield City Council for renovation work to be carried out on the Zest building.

The Zest Improvement Fund was provided by the Social Enterprise Investment Fund and Sheffield City Council for improvements to the swimming pool roof. Depreciation is charged to this fund.

All funds are considered to have sufficient resources available to enable each fund to be applied in accordance with its restrictions.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

17 Unrestricted funds

Group

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
2025					
Unrestricted funds					
Unrestricted fund	<u>764,036</u>	<u>895,141</u>	<u>(985,704)</u>	<u>47,582</u>	<u>721,055</u>
Total unrestricted funds	<u><u>764,036</u></u>	<u><u>895,141</u></u>	<u><u>(985,704)</u></u>	<u><u>47,582</u></u>	<u><u>721,055</u></u>

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
2024					
Unrestricted funds					
Unrestricted fund	<u>786,088</u>	<u>1,055,013</u>	<u>(1,037,304)</u>	<u>(39,761)</u>	<u>764,036</u>
Total unrestricted funds	<u><u>786,088</u></u>	<u><u>1,055,013</u></u>	<u><u>(1,037,304)</u></u>	<u><u>(39,761)</u></u>	<u><u>764,036</u></u>

Charity

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
2025					
Unrestricted funds					
Unrestricted fund	<u>666,976</u>	<u>895,141</u>	<u>(971,976)</u>	<u>33,941</u>	<u>624,082</u>
Total unrestricted funds	<u><u>666,976</u></u>	<u><u>895,141</u></u>	<u><u>(971,976)</u></u>	<u><u>33,941</u></u>	<u><u>624,082</u></u>

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
2024					
Unrestricted funds					
Unrestricted fund	<u>633,796</u>	<u>1,055,013</u>	<u>(1,021,833)</u>	<u>-</u>	<u>666,976</u>
Total unrestricted funds	<u><u>633,796</u></u>	<u><u>1,055,013</u></u>	<u><u>(1,021,833)</u></u>	<u><u>-</u></u>	<u><u>666,976</u></u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

18 Analysis of net assets between funds

Group

	Unrestricted fund £	Restricted funds £	2025 £
2025			
Tangible fixed assets	500,657	816,028	1,316,685
Current assets	364,953	358,476	723,429
Current liabilities	(144,555)	-	(144,555)
Total net assets	<u>721,055</u>	<u>1,174,504</u>	<u>1,895,559</u>
	Unrestricted fund £	Restricted funds £	2024 £
2024			
Tangible fixed assets	551,011	669,347	1,220,358
Current assets	326,341	175,559	501,900
Current liabilities	(113,316)	-	(113,316)
Total net assets	<u>764,036</u>	<u>844,906</u>	<u>1,608,942</u>

Charity

	Unrestricted fund £	Restricted funds £	2025 £
2025			
Tangible fixed assets	405,894	242,448	648,342
Current assets	362,743	358,476	721,219
Current liabilities	(144,555)	-	(144,555)
Total net assets	<u>624,082</u>	<u>600,924</u>	<u>1,225,006</u>
	Unrestricted fund £	Restricted funds £	2024 £
2024			
Tangible fixed assets	456,245	-	456,245
Current assets	324,047	175,559	499,606
Current liabilities	(113,316)	-	(113,316)
Total net assets	<u>666,976</u>	<u>175,559</u>	<u>842,535</u>

19 Operating lease commitments

	Group 2025 £	Charity 2025 £	Group 2024 £	Charity 2024 £
Within one year	4,050	4,050	4,050	4,050
Between one and five years	2,867	2,867	4,050	4,050
After five years	-	-	2,643	2,643
	<u>6,917</u>	<u>6,917</u>	<u>10,743</u>	<u>10,743</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

20 Pension commitments

The group operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the group to the fund and amounted to £39,911 (2024: £45,177). There were no outstanding contributions payable to the fund at the reporting date.

21 Analysis of net debt

Group

	At 1 April 2024 £	Financing cash flows £	At 31 March 2025 £
Cash at bank and in hand	391,527	96,140	487,667
Net debt	391,527	96,140	487,667

	At 1 April 2023 £	Financing cash flows £	At 31 March 2024 £
Cash at bank and in hand	548,555	(157,028)	391,527
Net debt	548,555	(157,028)	391,527

22 Related party transactions

Transactions with trustees are disclosed in note 10.

The financial results of Upperthorpe and Netherthorpe Healthy Living Centre Trust are disclosed in note 12 of these financial statements.

There were no other related party transactions in the year.

Accounts

Company registration number: 03628231

Charity registration number: 1077083

Netherthorpe and Upperthorpe Community Alliance

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Netherthorpe and Upperthorpe Community Alliance

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Netherthorpe and Upperthorpe Community Alliance

Trustees' Report

Reference and Administrative Details

The trustees (who are also directors of Netherthorpe and Upperthorpe Community Alliance for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the annual report and financial statements of the charity.

Charity registration number: 1077083

Company Registration Number: 03628231

Trustees: A Abdulrub
A M D Butcher (appointed 16 November 2023)
K M Daubney (appointed 17 July 2023)
J A S Grist
S Jones
L C Smith
D S Thornett
K Mudge
R M Womack (appointed 16 November 2023)

Chief Executive Officer: M Dean

Secretary: S Markham

Registered Office: 18 Upperthorpe
Sheffield
South Yorkshire
S6 3NA

Auditor: Hawsons Chartered Accountants
Pegasus House
463a Glossop Road
Sheffield
South Yorkshire
S10 2QD

Bankers: Unity Trust Bank plc
Nine Brindleyplace
Birmingham
B1 2HB

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

Solicitors:

Graysons with Watson Esam Solicitors

4 – 12 Paradise Square

Sheffield

S1 1TB

Taylor Bracewell

17-23 Thorne Road

Doncaster

DN1 2RP

Bhayani HR and Employment Law

59 Shoreham Street

Sheffield

S1 4SB

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2024.

Structure, governance and management

The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee as defined by the Companies Act 2006. The charity trades as Zest which is a trading name of Netherthorpe and Upperthorpe Community Alliance.

Trustees

Membership of the Charity is open to individuals, community or voluntary groups who live, work or are based in the Netherthorpe, Upperthorpe and Langsett areas of Sheffield or who use the charity's services.

Trustees are appointed so that there are up to 5 Member Trustees, 5 Non-Member Trustees and 2 Co-optees. Member Trustees are elected, on a rotating basis, by member organisations at the Annual General Meeting. Non-member Trustees are selected by the Trustees at a Trustees meeting, taking into account the need for a mix of skills and experience on the Board. Trustees serve a term of office as near to 3 years as possible.

All new trustees are subject to a structured trustee induction process as set out in the Trustees' Terms of Reference.

The trustees delegate all day-to-day decision making concerning staff and resources to the Chief Executive. The Trustees are responsible for all strategic decisions about the charity.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Objectives and activities

The object of the charity as defined in the memorandum and articles of association is:

The promotion for the benefit of the public of urban regeneration in areas of social and economic deprivation (and in particular in the Netherthorpe, Upperthorpe and Langsett areas of Sheffield).

Further details of the charity's objects are set out in the charity's memorandum and articles of association.

Zest's vision is: 'To enable everyone in our communities to lead healthy and successful lives'.

Zest's mission is:

- (1) To provide a healthy living centre delivering responsive services to tackle local inequalities, including
 - Health and wellbeing
 - Employment and skills
 - Sport, leisure and recreation
- (2) To foster communities where everyone feels welcomed, valued and can fully participate in the life of the community.
- (3) To play an active role in supporting other disadvantaged communities in Sheffield.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. All the activities are undertaken to further the charity's charitable purposes for the public benefit.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

We have **four distinct values** that underpin our work and everything we do:

Personalised

To achieve the best personal outcomes we navigate individuals and families through a tailored journey of support that can involve accessing a range of joined up wellbeing support services provided and hosted by Zest.

Inclusive

We strive to keep our services and facilities affordable, physically and culturally accessible. We run a range of tailored sessions including women only and disability specific swim sessions, and host the only ramp access swimming pool in the city.

Asset based

We empower local people and address local need by identifying the strengths within our community.

Collaborative

We collaborate by default to develop innovative approaches and achieve the best outcomes for our local communities.

Achievements and performance

At the time of writing this report we are reminded of the vital importance of our role in standing up for the less heard voices in our community and building unity and strength through our day-to-day community work.

As the threat of race riots loomed in the Summer of 2024, I was very proud to see our City stand in unity and solidarity and say 'not in our name' and provide a clear rebuff to the far right and make it clear that our diversity is our strength.

The recent change in Government and the release of Lord Darzi's report on the critical state of the NHS also points firmly to the value of community infrastructure. Darzi has made it clear that too little is spent in the community to support people to stay active and keep well where they live.

"Creating the conditions across our communities that make it easier for people to be physically active can significantly improve the health of our nation. The infrastructure needed to deliver these conditions already exists, it is however, chronically under-resourced, relying on short-term investment that means organisations who support people at street level with non-judgemental intervention, cannot plan or scale what they do. This needs to change."

A call to action no less and a strong lever for further devolution of power to our region, city and neighbourhoods.

As we look back at 2023-24 we can be very proud of what we have achieved. 'We' represents the staff and volunteers who make us tick, our dedicated charity trustees, our invaluable partner organisations and the community that shape so much of what we do.

Key Achievements

- Celebrating 25 years of Zest; amplifying community voice, leading major area regeneration and evolving into the thriving community enterprise we are today.
- Securing 3 years funding from BBC Children in Need to support our local youth clubs.
- An inclusive leisure programme going from strength to strength with increased participation thanks to a new class programme, more tailored swimming sessions and a new PT service.
- A continued focus on community led cultural celebration including Jamaican Independence Day, Joyous Gospel Choir and Coronation Party.
- Reflecting on a wonderful women-only offer from women only swims, women only fitness classes, cycling and walking activities and girls youth club night.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

- Zest for Work being shortlisted for a VAS Employment & Skills award.
- A thriving volunteer base that runs as a golden thread throughout our offer, from the volunteer run library, digital champions, wellbeing champions, gardeners and community event support!

Celebrating 25 years

We celebrated our 25th anniversary during the year. It was a great time to acknowledge everything we do as an organisation and what we've achieved in the past.

We celebrated with a big birthday bash highlighting some key moments on our journey and invited people to sign our giant birthday card. We were overwhelmed by the many kind comments left by those who use our services.

Something for everyone

We used the opportunity of our birthday to shout out about the many wonderful things Zest does as an organisation with our Something for Everyone campaign. We highlighted the amazing work our teams do to support our local communities with our health, work and training services, our family support networks, our community events and the work we do to support our young people. It was also a great opportunity to thank our volunteers who make it all possible and enable Zest to provide services for everyone in the community.

The Zest Centre: Library Service

The library has supported 5 in house Zest groups for all ages over the year including toddlers, dementia friendly groups, craft groups and English lessons. In addition; partner organisation; ReadEasy, who work in Adult Literacy have started sessions here. There are 3 new volunteers and 1 who went on to gain employment. 4 events have been held, including an author presentation from Joanne Clague who grew up in Upperthorpe, our AGM, a Christmas event and a really successful Zest 25th Birthday event!

The Zest Centre: Food works Cafe

The Food Works Upperthorpe continues to be an amazing resource for everyone who visits the Zest Centre. Providing delicious value meals to the community the cafe has been a major support hub during the cost-of-living crisis with its Pay What You Can Afford and **Just Meals** offerings.

Whether it's an after-swim coffee with friends or popping in for a bite to eat from the delicious food on offer the cafe is there for everyone. But as well as the great food the cafe has worked with Zest for Work to support its Multiply initiative using cooking to help adults with their arithmetic.

Service highlights

- 6000 hot meals served
- 4500 hot drinks served
- 3500 volunteer hours
- 7000kg of carbon saved through hot meals served
- 2500kg carbon saved through Just Meal sales
- Skills sessions throughout the year including Barista training, knife skills, food hygiene level 2 certifications
- 5* hygiene rating

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

The Zest Centre: Leisure Service

“What a brilliant find! Found this remarkable friendly place, this is something else.”

This period focussed on expanding leisure offerings to better serve the community:

- Increasing the capacity for children's swimming lessons by adding more sessions and streamlining payment processes.
- Revamped the timetable to include a new Saturday Parent and Toddler session, tailored for working parents, which contributed to a 45% rise in participation and generated an extra £6,800. Introduction of a men-only session and an early intervention Parent and Toddler session in partnership with Rygate, catering specifically to children with physical disabilities.
- Growth in exercise referral, driven by more dedicated resources and the launch of an in-house cardiac rehabilitation service.
- A flexible approach to private pool hire supported local sports groups, transgender community, and groups with special needs. A new system was also implemented to assist the local ME group, demonstrating commitment to inclusivity and community support.

Service highlights

- Swimming lessons generated an income increase of 51% on the previous period, and an increase in average lesson capacity to 78%.
- Gym and public swim activities grew substantially, with gym attendance up by 36% and swim participation increasing by 30%. Improved staff scheduling to ensure service continuity contributed to a 20% rise in women-only session attendance compared to the previous year.
- Disabled and Quiet Adult swim sessions saw a 25% increase in participation, impacted by timetable revisions and enhanced reputation.
- The introduction of new fitness classes, and continued success of a senior fitness class, attracting over 500 extra customers over the year.
- Expanded our women-only swimming lesson group with an additional female teacher, and upskilled our existing staff, adding three new qualified teachers and an additional aqua instructor for consistent service delivery.
- 56% of gym sessions are now attended by women compared to 34% in the previous reporting period an increase of 119%. Total Women Only attending women only gym sessions have increased from 3303 to 3938: yearly growth of 19.2%.
- 13% increase in Direct Debit memberships. 26% increase in participation of 17-34 year olds, tapping into student market.

What's on the horizon

- Implementing a new swimming lesson management system modern system to enhance operational efficiency, improve communication with service users, and strengthen our reputation.
- Development of environmental sustainability plan as part of a renewed Business Plan.
- Increasing the diversity of gym classes to better cater to the varied needs of our customers.
- Integration of the new Sheffield referral scheme 'Movewell' linking our health and leisure services to provide a holistic approach to exercise referrals and attract more customers.
- Expanding operating hours, to include including Bank Holidays, and a flexible approach to accommodate additional pool hire.
- Enhancing swimming lesson service to be more inclusive for neuro-diverse children by providing an improved one-to-one service.
- Introducing additional revenue-generating options of merchandise sales to enhance customer experience and boost overall income.
- Navigating a programme of major capital works and improvements to the Zest Centre.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

Health & Wellbeing

Local Health Services

“There are some places you go and you get a welcome feel, I definitely feel welcomed at zest and the staff I’ve met here, I’m so glad I reached out to you and started with coaching, I feel like I’m turning my life around, going in the right direction.”

Delivering high quality community-based health and wellbeing services for groups and individuals in our community. The main programme is called People Keeping Well; Zest is part of a city network of locally based, ‘health creation’ activities and services underpinned by community development.

Supported 1340 adults (23% male and 57% female).

77% of people supported had protected characteristics.

Service Highlights

Providing a range of culturally sensitive women's physical activity groups for local women and many this year have learnt to ride bikes and even moved to road cycling.

The LGBTQ+ older people's group celebrated its 2nd anniversary this year and continued to meet monthly, welcoming anyone 50+ who identifies as LGBTQ+.

Establishment of the new Mental Health Peer Support project, providing community based mental health support to students and people who live locally. This is funded by the NHS and via Synergy, a positive new Mental Health alliance in the voluntary sector.

Mental health continues to be a key focus and the team provide a range of support around managing mental health issues and other wellbeing matters via tailored health and wellbeing coaching services.

What's on the Horizon

- The health team will be looking to establish a number of new groups, based on what our clients and groups have told us this year.
- A more culturally appropriate dementia café, serving food and providing activities that are diverse and inclusive.
- A Diabetes support group.
- A chronic pain café, for those managing long term pain.
- Menopause support groups.
- Continuing to pursue funding for mental health services, with a view to have free community counselling services.
- The garden continues to grow! Funding from South Yorkshire Integrated Care Board (ICB) provides a small amount of dedicated staff time to work with our wonderful partners, Percy Street CIC and Foodworks and really rejuvenate the space by encouraging more local people to spend time in nature and improve their wellbeing through green social prescribing.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

City Health Services

Live Lighter Sheffield

“Thank you for everything, my child is a totally different kid now”

Zest delivered the final year of the 5 year city-wide ‘tier 2’ adult child and family weight management service, commissioned by Sheffield City Council.

Service Highlights

- An all-time high number of referrals into the adult service (3847 up from 3391).
- Total number adults/young people supported 1176.
- Successful adult completers exceeding the target of 400.
- Number of family completers 107.
- Front line workers completing brief interventions training 306.
- A very successful final year of the programme.

Children, Young People & Families

“I think I influenced others to get involved in their community and help each other” (volunteer)

The communities team delivered 11 different projects over the year. These projects supported children and their families, as well as our diverse communities. This year has seen the team really work on community development, bringing together other communities and partners in our localities.

Zest have grown and developed the early years and children’s offer, creating a bigger service to meet the need of the communities we serve.

The team have delivered a range of courses, activities, groups and events in the local community and through the wider city. Working hard to gain the trust lesser heard communities, working with people to improve these communities, and act as a conduit so everyone’s voices can be heard by the Council and other agencies.

The service supported 1292 adults and supported 1471 young people.

The service supported 102 volunteers.

75% of people supported were from local Ethnic Minority Communities.

Service highlights

- ‘This Community Can’ team brought together our communities with a range of wonderful events - Jamaican Independence celebration, Coronation Party, Joyous Gospel Choir event reaching out to new participants and partners and work with our new local Ukrainian communities.
- A new project was established supporting dad’s who experience mild mental health challenges. Through this we identified a clear need for Dad and Toddler groups, the first one we started had 16 Dads attending, with the demand and attendance consistently increasing since then.
- Holiday Activities & Food Programme: We supported schools to deliver full summer programme. Families were more willing to attend school provision due to existing trust relationships. This resulted in a 400% increase in attendance from this area, including families that were previously disengaged from school.
- Empowering Parents Empowering Communities has been over performing targets resulting in the contract being renewed for a further 3 years with 3 volunteers gaining employment.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

What's on the horizon

In the coming year, focus will shift to retain our existing services, with some contracts coming to an end in March. Buoyed by the autumn budget; expecting to see our work with children and education expand, particularly, Early Start and Family Hub work expand and continue.

Local anchor and community work will continue, with grass roots groups growing in Upperthorpe, Netherthorpe and Langsett. Our focus in this area will be community integration and strengthening. Cost of living support will be integral in this area and supported by the Shared Prosperity Fund.

Working to expand primary provision, restarting a free homework club for primary children, as well as afterschool and holiday activities.

Supporting our Young People

The Zest youth offer is centred on provision of locally rooted neighbourhood youth clubs shaped by local young people and offering a range of workshops, positive activities, trips and residentials that help people feel more confident and resilient, improve their life skills, develop a stronger voice and to feel safer in the community.

Total number adults/young people supported: 213 (Male 153, Female 60).

91% of the young people supported were from local Ethnic Minority communities including young people with Yemeni, Somali and Black Caribbean backgrounds.

3 people supported to becoming volunteers.

Service highlights

- Boosted by the announcement of a further 3 years funding from BBC Children in Need, the local youth club offer continues to go from strength to strength.
- Delivery of a variety of self-awareness sessions over the year including a self-confidence session. We also had a session around how are you feeling today and how they felt about certain situations for example how they feel about meeting new people, moving to a new school or area.
- Cooking sessions have been provided to introduce the young people to new skills.
- There have been various joint trips throughout the year with two youth clubs from the Walkley and Hillsborough ward to encourage the young people to meet new friends and encourage partnership working.
- The young people have had access to a community based trusted adult who is able to build effective relationships with young people. The service has been used by young people attending to have a general chat; resulted in some young people being enrolled onto counselling sessions.

What's on the horizon

- Strengthening local partnerships with the YAFA youth club and SWFC Community Programme.
- Developing the young workforce including establishing a development pathway with Reach Up Youth.
- Developing a workforce with the skills needed to support young people's day to day issues.
- Supporting board members understand the youth department and development.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

Work and Training Services

“Really friendly, kind and caring staff willing to help you in whatever way they can. I really appreciate their time and effort. I enjoyed both course I attended and found them interesting and engaging...Thank you!”

Zest provides a range of tailored employment support services and training courses to help individuals develop employability skills, secure work, and progress in their careers. Our free, impartial Information, Advice, and Guidance (IAG) service supports customers with personalised action plans, regular progress reviews, and access to IT resources for job searching.

The service also offers mental health support, including anxiety management and managing depression courses, alongside the Multiply programme to boost adult numeracy skills.

Zest helps facilitate volunteering and work placements, and offers mock interviews, to build confidence. We also support employers by matching them with suitable candidates.

An experienced staff team ensure that services are confidential, respectful, and tailored to individual needs. Zest is committed to delivering high-quality, up-to-date guidance, with a focus on health and wellbeing.

The service supported 39 people to volunteer.

37% of volunteers were from the local Ethnic Minority Communities.

123 clients engaged and supported to access employment and training (51% from local Ethnic Minority communities).

47 clients supported into employment or training.

66 people participated in the multiply numeracy programme.

Service highlights

- Issued 671 foodbank vouchers over the 12 months, averaging nearly 56 vouchers per month, or approximately 12 per week.
- One of three projects to be shortlisted for an employment and skills award in Sheffield through the Voluntary Action Sheffield awards.
- Working in partnership with down2youthisotherapy, Green Tree Therapy, Purple Shoot, Learn for Life and IDAS.
- Local employers Leahurst nursing home, NHS and South Yorkshire Fire & Rescue.
- ZFW was the first provider in the city to achieve its targets on the ESF pathways project.
- Installation of Community Access Point for additional advice service capacity.

What's on the horizon

- Zest for work to move to the Zest centre to improve service integration.
- New 6 month pilot project to start in the Autumn called 'Certified Return to Work' to support people out of work with complex barriers.
- Mental Health Educational Project has been extended until March 2026.
- Extending our reach to include Stannington and Stocksbridge, for outreach, events to provide employment and training support.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

Supporting the local economy

Zest worked closely with local traders and community groups in Walkley, Upperthorpe & Infirmary Road to revise our local high streets. The initiative was part of Sheffield City Council's Economic Recovery Fund (ERF).

Service highlights

Initiative highlights have included:

- Cash injections to renovate six shop fronts and make them more appealing to shoppers.
- Improvements to high streets including new seating, planting.
- Sponsorship to support seasonal events which have attracted hundreds of shoppers.
- Additions to the large-scale street art initiative linking Upperthorpe and Walkley with more than 30 street artworks to brighten up the area by covering surfaces blighted by graffiti.
- In addition, part of the project included revitalising Walkley Festival. The hugely popular festival had been suspended for a number of years due to lack of funding. Being able to bring it back helped to lift community spirit and promote local enterprise.

What's on the horizon

Phase 2 of the ERF programme concludes towards the end of the year with plans for six trees to line the pavement on Infirmary Road, custom bin wraps across the area, the further extension of the Arts Trail to include two large scale murals and at least six shop shutters as well as new finger post signage linking Upperthorpe with Philadelphia and Infirmary Road.

Zest are planning to provide a legacy to the project by supporting a newly formed social enterprise to continue providing seasonal market events in Walkley including the hugely successful festival which this year attracted more than 2,000 visitors.

Subsidiary and other controlled companies

The charity also controls Upperthorpe and Netherthorpe Healthy Living Centre Trust, a registered charity (Charity number 1090345) and a company limited by guarantee (company number 4258284), as it is able to appoint and remove trustees in that charitable company. Its incoming resources for the year were £80,000 (2023: £80,000) and its total resources expended were £175,863 (2022: £174,203), leaving a net decrease in funds of £95,863 (2023: £94,423). At 31 March 2024 the net assets of Upperthorpe and Netherthorpe Healthy Living Centre Trust were £766,407 (2022: £862,270).

Financial review

The group has made a deficit of £336,151 in the year (2023: deficit of £200,094). Unrestricted funds are showing a surplus of £17,709 (2023: deficit of £45,101) and restricted funds are showing a deficit of £353,860 (2023: deficit of £154,993) for the year. At 31 March 2024 total fund balances were £1,608,942 of which £764,036 were unrestricted and £844,906 were restricted.

The charity has made a deficit of £240,288 in the year (2023: deficit of £105,671). Unrestricted funds are showing a surplus of £33,180 (2022: deficit of £31,070) and restricted funds are showing a deficit of £273,468 (2023: deficit of £74,601) for the year. At 31 March 2024 total fund balances were £842,535 of which £666,976 were unrestricted and £175,559 were restricted.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

Reserves Statement

The charity maintained its reserves policy during the year and agreed that funds of £225,000 should be held in reserve.

The reserves are held to support organisational resilience. This is considered prudent given the short-term grant and contract funding cycles that the charity is subject to. This is characteristic of the local and national voluntary, community and social enterprise sector; tied to the ongoing downward pressure on national and local government funding.

This 'resource for resilience' includes but is not limited to:

- Bridging defined financial gaps in contracts and services that allow for maintenance of essential services for our beneficiaries. For example, funding a service whilst awaiting the outcome of a funding application.
- Accounting for redundancy costs associated with contracts and services coming to an end.
- Underwriting of 'opening' deficit budgets, where funding levels are not yet clearly defined [at the start of the annual funding cycle] but where there is a clearly defined plan to address the stated deficit.
- Covering a loss of income due to periods of Zest Centre closure, for example, to undertake essential repairs and maintenance or due to a pandemic.
- Investing to save, for example, purchasing ITC equipment or other capital investment that supports future viability.

Any call on reserves must be approved by the Board of Trustees and monitored using a quarterly financial risk management plan.

The Trustees agreed that any surplus above that needed for reserves may be re-invested to support charitable activities and that any such re-investment will be agreed by the Trustees.

Free unrestricted reserves at 31 March 2024 were £213,025 an increase of £65,200. This is 5% below the target of £225,000. Ongoing financial risk management and monitoring alongside clear business development objectives ensure the company retains a secure footing that minimises any call on reserves.

Zest Future Plans

Zest is part of a renewed collaborative drive to create a fairer and more prosperous City for all its citizens. The Sheffield City Goals provide us with direction and aspiration ('our North Star'); the emergent City Growth Plan is centred on a twin track of increased productivity and lowering inequality; and the Fair & Healthy Sheffield Plan is underpinned by the need to tackle racism and discrimination as one of 8 building blocks.

"The aim of the plan is to close unfair gaps in length and quality of life by improving the health and wellbeing of those worst off the fastest"

Our attention now turns to how this ambition will be turned into action and how it plays out at neighbourhood level. Zest and its community sector partners have a central role to play, recognising that public investment remains restrictive but that there is increased appetite for devolution of power and resource to our regions, cities and neighbourhoods.

There are 3 C's to illustrate the drivers that will help Zest shape a better and brighter future for everyone in our community over the next 12 months and beyond.

Netherthorpe and Upperthorpe Community Alliance

Trustees' Report (continued)

(1) City Goals alignment

The City Goals were developed with the citizens of Sheffield to define the kind of City we want to live in. One of the key themes is "A Sheffield of Thriving Communities" and one of the goals tied to this ambition is:

"We all have our say over what happens in our neighbourhoods and shape our city around fairness, equity, wellbeing and combating poverty."

Zest will be working to ensure our vision, mission and ambition aligns to this goal and other relevant goals. At a local level we want to ensure we are clear on how we can play our part, take local responsibility and stimulate systematic change.

(2) Community Conversations

Tied to the City Goals work is a need to build on our community development foundations and engage in a set of more formal conversations with our community so we are clear on what is important to them, we understand their challenges and aspirations and that we can use this insight to shape our future neighbourhood and define our ambitions for the next 3-5 years.

(3) Capital Investment

Zest have been working in partnership with Sheffield City Council over a number of years to secure the future of the Zest Centre, to ensure it can remain a pivotal community asset for future generations.

This is centred on major investment as part of the City Leisure Strategy, which recognised the valuable role of the Zest Centre in providing accessible leisure and related community services. This work will be further shaped over the coming 12 months; including a renewed lease, phased capital investment plan and a refreshed Business Plan that better defines how we will achieve our 'triple bottom line' (Economic, Social and Environmental).

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. During 2023/24 the trustees received reports and held meetings to assess financial and other risks to the company and agreed strategies to mitigate key risks. This is captured in a Company Risk Management Action Plan.

Disclosure of information to auditor

Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

The annual report was approved by the trustees of the charitable company on 16/12/2024 and signed on its behalf by:



.....
L C Smith
Trustee

Netherthorpe and Upperthorpe Community Alliance

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Netherthorpe and Upperthorpe Community Alliance for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the parent charitable company and the group and of the incoming resources and application of resources, including its income and expenditure, of the charitable group for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the parent charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the parent charitable company and the group and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the parent charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Netherthorpe and Upperthorpe Community Alliance

Independent Auditor's Report to the Members of Netherthorpe and Upperthorpe Community Alliance

Opinion

We have audited the financial statements of Netherthorpe and Upperthorpe Community Alliance (the 'charitable parent company') and its subsidiary (the 'group') for the year ended 31 March 2024, which comprise the Consolidated Statement of Financial Activities, Statement of Financial Activities, Consolidated Balance Sheet, Balance Sheet, Consolidated Statement of Cash Flows and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and parent charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements or a material misstatement in the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Netherthorpe and Upperthorpe Community Alliance

Independent Auditor's Report to the Members of Netherthorpe and Upperthorpe Community Alliance (continued)

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the and Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the and Trustees' Report have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the group and the parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the and the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- the information given in the trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities set out on page 14, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor responsibilities for the audit of the financial statements

We have been appointed auditor under the Companies Act 2006 and report in accordance with this Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Netherthorpe and Upperthorpe Community Alliance

Independent Auditor's Report to the Members of Netherthorpe and Upperthorpe Community Alliance (continued)

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

The charitable company is subject to laws and regulations that directly and indirectly affect the financial statements. Based on our understanding of the charitable company and the environment it operates within, we determined that the laws and regulations which were most significant included FRS 102, Companies Act 2006, Health and Safety regulations and the Charities Act 2011. We considered the extent to which non-compliance with these laws and regulations might have a material effect on the financial statements, including how fraud might occur. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to the posting of inappropriate journal entries to improve the company's result for the period, and management bias in key accounting estimates.

Audit procedures performed by the engagement team included:

- Discussions with management and those responsible for legal compliance procedures within the charitable company to obtain an understanding of the legal and regulatory framework applicable to the charitable company and how the charitable company complies with that framework, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;
- Reviewing minutes of Trustee meetings;
- Identifying and assessing the design effectiveness of controls that management has in place to prevent and detect fraud and non-compliance with laws and regulations;
- Challenging assumptions and judgements made by management in their significant accounting estimates.
- Identifying and testing journal entries, in particular any journal entries posted with unusual account combinations or posted by senior management.

There are inherent limitations in the audit procedures described above and the more removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we are to become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at www.frc.org.uk/auditors/audit-assurance/auditor-s-responsibilities-for-the-audit-of-the-fi/description-of-the-auditor-s-responsibilities-for. This description forms part of our auditor's report.

Netherthorpe and Upperthorpe Community Alliance

Independent Auditor's Report to the Members of Netherthorpe and Upperthorpe Community Alliance (continued)

Use of our report

This report is made solely to the charitable parent company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the group's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable parent company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

S Bladen

.....
Simon Bladen (Senior Statutory Auditor)

For and on behalf of Hawsons Chartered Accountants, Statutory Auditor

Pegasus House
463a Glossop Road
Sheffield
South Yorkshire
S10 2QD

Date: 17/12/2024
.....

Netherthorpe and Upperthorpe Community Alliance

Consolidated Statement of Financial Activities for the Year Ended 31 March 2024

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Incoming resources					
Donations and gifts	2	368	-	368	496
Charitable activities	2	1,009,232	818,217	1,827,449	2,126,612
Other trading activities	4	896	-	896	432
Investment income	5	44,517	-	44,517	42,490
Total Incoming resources		<u>1,055,013</u>	<u>818,217</u>	<u>1,873,230</u>	<u>2,170,030</u>
Resources expended					
Charitable activities	6	<u>1,037,304</u>	<u>1,172,077</u>	<u>2,209,381</u>	<u>2,370,124</u>
Total expenditure		<u>1,037,304</u>	<u>1,172,077</u>	<u>2,209,381</u>	<u>2,370,124</u>
Net incoming resources/(outgoing resources)		17,709	(353,860)	(336,151)	(200,094)
Transfers between funds		<u>(39,761)</u>	<u>39,761</u>	<u>-</u>	<u>-</u>
Net movement in funds		(22,052)	(314,099)	(336,151)	(200,094)
Reconciliation of funds					
Total funds brought forward		<u>786,088</u>	<u>1,159,005</u>	<u>1,945,093</u>	<u>2,145,187</u>
Total funds carried forward	16	<u><u>764,036</u></u>	<u><u>844,906</u></u>	<u><u>1,608,942</u></u>	<u><u>1,945,093</u></u>

The notes on pages 23 to 48 form an integral part of these financial statements.

Netherthorpe and Upperthorpe Community Alliance

Statement of Financial Activities for the Year Ended 31 March 2024

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Incoming resources					
Donations and gifts	2	368	-	368	496
Charitable activities	2	1,009,232	818,217	1,827,449	2,126,612
Other trading activities	4	896	-	896	432
Investment income	5	44,517	-	44,517	42,490
Total incoming resources		<u>1,055,013</u>	<u>818,217</u>	<u>1,873,230</u>	<u>2,170,030</u>
Resources expended					
Charitable activities	6	<u>1,021,833</u>	<u>1,091,685</u>	<u>2,113,518</u>	<u>2,275,701</u>
Total expenditure		<u>1,021,833</u>	<u>1,091,685</u>	<u>2,113,518</u>	<u>2,275,701</u>
Net incoming resources/(outgoing resources)		<u>33,180</u>	<u>(273,468)</u>	<u>(240,288)</u>	<u>(105,671)</u>
Net movement in funds		33,180	(273,468)	(240,288)	(105,671)
Reconciliation of funds					
Total funds brought forward		<u>633,796</u>	<u>449,027</u>	<u>1,082,823</u>	<u>1,188,494</u>
Total funds carried forward	16	<u><u>666,976</u></u>	<u><u>175,559</u></u>	<u><u>842,535</u></u>	<u><u>1,082,823</u></u>

The notes on pages 23 to 48 form an integral part of these financial statements.

Netherthorpe and Upperthorpe Community Alliance

(Registration number: 03628231)

Consolidated Balance Sheet as at 31 March 2024

		31 March 2024		31 March 2023	
	Note	Group £	Company £	Group £	Company £
Fixed assets					
Tangible assets	11	1,220,358	456,245	1,348,241	488,358
Current assets					
Debtors	13	110,373	163,033	127,741	128,605
Cash at bank and in hand		391,527	336,573	548,555	545,304
		<u>501,900</u>	<u>499,606</u>	<u>676,296</u>	<u>673,909</u>
Creditors: Amounts falling due within one year	14	<u>(113,316)</u>	<u>(113,316)</u>	<u>(79,444)</u>	<u>(79,444)</u>
Net current assets		<u>388,584</u>	<u>386,290</u>	<u>596,852</u>	<u>594,465</u>
Net assets		<u>1,608,942</u>	<u>842,535</u>	<u>1,945,093</u>	<u>1,082,823</u>
Charity funds:					
Restricted funds	16	844,906	175,559	1,159,005	449,027
Unrestricted funds	17	<u>764,036</u>	<u>666,976</u>	<u>786,088</u>	<u>633,796</u>
Total charity funds		<u>1,608,942</u>	<u>842,535</u>	<u>1,945,093</u>	<u>1,082,823</u>

The financial statements on pages 19 to 48 were approved by the trustees, and authorised for issue on 16/12/2024 and signed on their behalf by:



.....
L C Smith
Trustee

The notes on pages 23 to 48 form an integral part of these financial statements.

Netherthorpe and Upperthorpe Community Alliance

Consolidated Statement of Cash Flows for the Year Ended 31 March 2024

	2024 £	2023 £
Cash flows from operating activities		
Net cash expenditure	(336,151)	(200,094)
Adjustments to cash flows from non-cash items		
Depreciation	151,871	175,869
Investment income	(2,230)	(847)
Loss on disposal of tangible fixed assets	-	4,120
	<u>(186,510)</u>	<u>(20,952)</u>
Working capital adjustments		
Decrease in debtors	17,368	168,293
Increase/(decrease) in creditors	<u>33,872</u>	<u>(111,709)</u>
Net cash flows from operating activities	<u>(135,270)</u>	<u>35,632</u>
Cash flows from investing activities		
Interest received	2,230	847
Acquisitions of tangible assets	<u>(23,988)</u>	<u>(95,129)</u>
Net cash flows from investing activities	<u>(21,758)</u>	<u>(94,282)</u>
Net decrease in cash and cash equivalents	(157,028)	(58,650)
Cash and cash equivalents at 1 April	<u>548,555</u>	<u>607,205</u>
Cash and cash equivalents at 31 March	<u><u>391,527</u></u>	<u><u>548,555</u></u>

The notes on pages 23 to 48 form an integral part of these financial statements.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Accounting policies

The following accounting policies have been used consistently in dealing with items which are considered material to the charitable company's affairs.

Statutory information

Netherthorpe and Upperthorpe Community Alliance is a company (No. 03628231) and charity (No. 1077083) domiciled in England and Wales. The address of its registered office is: 18 Upperthorpe, Sheffield, South Yorkshire, S6 3NA.

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Netherthorpe and Upperthorpe Community Alliance meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Basis of consolidation

The financial statements consolidate the accounts of Netherthorpe and Upperthorpe Community Alliance and its controlled undertaking, Upperthorpe & Netherthorpe Healthy Living Centre Trust.

Exemptions for qualifying entities

The charitable company has taken advantage of the exemption from preparing a statement of cashflows on the basis that it is a qualifying entity and the group cashflow statement included within these financial statements includes the company's cashflows.

Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. In making that assessment, the trustees have specifically considered the impact of the coronavirus on the operations of the charity, alongside actions taken to mitigate that impact. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors and which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the accounts.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

1 Accounting policies (continued)

Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Grants received are allocated between activities and between restricted and unrestricted funds according to their nature.

Income from investments is included in the year in which it is receivable.

Income is deferred when income has been received in advance relating to a contract to perform a service, where that service has not yet been provided, either in full or in part.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount.

Where the amount paid for the rental of the land and buildings used by the charity is below the commercial rate, a donation is included in income for the difference between the commercial rate and the amount actually paid by the charity.

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

Resources expended

Resources expended are recognised in the year in which they are incurred.

Charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes grants made to projects, costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant expenditure is included based on the date that individual projects' expenditure has been incurred, rather than the date that the grants are defrayed to the projects.

Governance costs included those costs associated with meeting constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource, and include irrecoverable VAT.

Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of the resources.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

1 Accounting policies (continued)

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Asset class	Depreciation method and rate
Leasehold buildings	straight line over the life of the lease
Leasehold property improvements	4% straight line
Plant and machinery	33%/20% and 10% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Fixed assets costing less than £500 are not capitalised.

Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss if any.

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the estimated future cash flows are discounted to their present value using a pre-tax discount rate that reflects current market assessments of the time value of money and the risks specific to the asset for which the estimates of future cash flows have not been adjusted.

If the recoverable amount of an asset is estimated to be less than its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. An impairment loss is recognised immediately in income/(expenditure) for the year, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease.

Recognised impairment losses are reversed if, and only if, the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset in prior years. A reversal of an impairment loss is recognised immediately, unless the relevant asset is carried in at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

Leasing and hire purchase commitments

Rentals payable under operating leases are charged against income on a straight line basis over the period of the lease.

Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowing in current liabilities.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

1 Accounting policies (continued)

Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities. Where shares are issued, any component that creates a financial liability of the company is presented as a liability in the balance sheet. The corresponding dividends relating to the liability component are charged as interest expense in the statement of comprehensive income.

Judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There are no judgements or estimates which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities.

2 Donations and gifts

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Donations and gifts	368	368	496	496
	<u>368</u>	<u>368</u>	<u>496</u>	<u>496</u>
	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Analysis by fund				
Unrestricted fund	368	368	496	496
Restricted fund	-	-	-	-
	<u>368</u>	<u>368</u>	<u>496</u>	<u>496</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

3 Income from charitable activities

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Sales within charitable activities	594,341	594,341	463,631	463,631
Services provided	1,233,108	1,233,108	1,662,981	1,662,981
	<u>1,827,449</u>	<u>1,827,449</u>	<u>2,126,612</u>	<u>2,126,612</u>

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Analysis by fund				
Unrestricted fund	1,009,232	1,009,232	912,825	912,825
Restricted fund	818,217	818,217	1,213,787	1,213,787
	<u>1,827,449</u>	<u>1,827,449</u>	<u>2,126,612</u>	<u>2,126,612</u>

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
SCC - Empowering Parents Empowering Communities	32,500	32,500	20,000	20,000
SCC - Behavioural Change	17,057	17,057	(743)	(743)
SCC – Tobacco Control Related Education	-	-	50,000	50,000
SCC – Live Lighter	292,867	292,867	295,040	295,040
SCC – Live Lighter Extension	-	-	115,820	115,820
SCC – Community Wellbeing Programme	111,808	111,808	103,006	103,006
SCC – Social Prescribing	52,589	52,589	29,349	29,349
SCC – Winn Gardens	-	-	6,000	6,000
SCC – Dementia	39,000	39,000	43,000	43,000
HAF – Winter	23,520	23,520	16,653	16,653
HAF – Easter	21,001	21,001	19,435	19,435
HAF – Half term	8,994	8,994	7,613	7,613
HAF - Summer	90,396	90,396	83,414	83,414
HAF – Coordinator	6,300	6,300	52,938	52,938
SCC – Upperthorpe Library	25,000	25,000	25,000	25,000
Other small contracts	16,883	16,883	52,062	52,062
UHLC Service Level Agreement	80,000	80,000	80,000	80,000
The National Lottery Community Fund - This Community Can	67,186	67,186	128,475	128,475
BBC Children in Need	-	-	49,384	49,384
SCC - Capital Receipts	8,996	8,996	48,161	48,161
Other small grants	6,585	6,585	16,879	16,879

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

3 Income from charitable activities (continued)

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Voluntary Action	-	-	10,000	10,000
ERF Walkley	(683)	(683)	124,847	124,847
SCC - Anxiety and Depression Educational Programme	24,129	24,129	30,065	30,065
Jubilation income	200	200	10,000	10,000
Pathways to Success	15,940	15,940	23,909	23,909
Resilient Communities	50,000	50,000	50,000	50,000
SSC - Social Accountability	-	-	10,192	10,192
CCG – Mental Health	-	-	23,898	23,898
Parents & Carers	27,857	27,857	41,616	41,616
SCC - Universal Youth	-	-	59,976	59,976
PKW Early Years	11,426	11,426	10,976	10,976
SCC - CIL	-	-	26,016	26,016
Multiply 2023	18,850	18,850	-	-
Shared Prosperity	9,833	9,833	-	-
Faces	9,550	9,550	-	-
Advice Triage	7,469	7,469	-	-
Family Hub Champions	20,000	20,000	-	-
Dads Mental Health	40,000	40,000	-	-
Baby EPEC & Us	30,000	30,000	-	-
PSF Synergy	12,438	12,438	-	-
Walkley Youth	17,495	17,495	-	-
Compass	14,424	14,424	-	-
UK SPF Employment	18,498	18,498	-	-
Reaching Communities	5,000	5,000	-	-
Total services provided	<u>1,233,108</u>	<u>1,233,108</u>	<u>1,662,981</u>	<u>1,662,981</u>

4 Income from other trading activities

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Non-charitable trading activities	896	896	432	432
	<u>896</u>	<u>896</u>	<u>432</u>	<u>432</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

5 Investment income

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Rental income	42,287	42,287	41,643	41,643
Interest receivable	2,230	2,230	847	847
	<u>44,517</u>	<u>44,517</u>	<u>42,490</u>	<u>42,490</u>

6 Expenditure on charitable activities

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Staff costs	1,279,209	1,279,209	1,337,606	1,337,606
Depreciation and impairment	151,871	56,101	175,869	80,099
Training and recruitment	9,154	9,154	5,237	5,237
Rent, rates, insurance and utilities	293,447	293,447	248,496	248,496
Printing, postage and stationery	8,957	8,957	8,792	8,792
Repairs and renewals	60,145	60,145	83,324	83,324
Travel and volunteer expenses	5,073	5,073	7,753	7,753
Community activities	197,244	197,244	185,667	185,667
Cleaning and security costs	36,801	36,801	30,463	30,463
Subscriptions	6,065	6,065	7,551	7,551
Equipment hire	11,102	11,102	12,497	12,497
Advertising and publicity	10,675	10,675	24,913	24,913
Legal, professional and consultancy fees	3,863	3,863	27,979	29,419
General expenses	85,250	85,157	72,066	71,973
	<u>2,158,856</u>	<u>2,062,993</u>	<u>2,228,213</u>	<u>2,133,790</u>
Grant funding of activities	29,041	29,041	126,455	126,455
Allocated support costs	21,484	21,484	15,456	15,456
	<u>2,209,381</u>	<u>2,113,518</u>	<u>2,370,124</u>	<u>2,275,701</u>
	<u>2,209,381</u>	<u>2,113,518</u>	<u>2,370,124</u>	<u>2,275,701</u>

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Analysis by fund				
Unrestricted funds	1,037,304	1,021,833	1,001,344	987,313
Restricted funds	1,172,077	1,091,685	1,368,780	1,288,388
	<u>2,209,381</u>	<u>2,113,518</u>	<u>2,370,124</u>	<u>2,275,701</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

7 Grants payable

Analysis of grants

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Al-Khaimah Restaurant	-	-	1,000	1,000
The African Women's Health Group	-	-	6,905	6,905
Aspiring Community Together Ltd	-	-	6,000	6,000
Disability Sheffield	-	-	3,000	3,000
Firvale Community Hub	-	-	6,000	6,000
ISRAAC Somali Community Association	-	-	5,340	5,340
Manor & Castle Dev Trust Ltd	-	-	3,938	3,938
Roshni Sheffield Women's Resource Centre	-	-	6,000	6,000
Sheffield & District African Caribbean Community Association	-	-	5,400	5,400
Sheffield Mencap & Gateway	-	-	7,500	7,500
Sheffield Wednesday FC Community Programme	-	-	9,166	9,166
ShipShape Health & Wellbeing Ltd	-	-	11,940	11,940
Shutter Arkwork & Sign Work	2,410	2,410	10,065	10,065
SOAR Community (BP)	-	-	6,000	6,000
St John's, Owlerton	-	-	1,618	1,618
Stocksbridge Community Leisure Centre	-	-	4,500	4,500
Telecoms Project	3,734	3,734	9,539	9,539
Wedoliver.com Limited	-	-	1,000	1,000
Peachzz	14,000	14,000	-	-
Walkley Community Forum	3,000	3,000	-	-
Other small grants	5,897	5,897	18,614	18,614
Grants to individuals	-	-	2,930	2,930
	<u>29,041</u>	<u>29,041</u>	<u>126,455</u>	<u>126,455</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

8 Support costs

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Audit fee	16,526	16,526	12,000	12,000
Legal and professional fees	4,958	4,958	3,456	3,456
	<u>21,484</u>	<u>21,484</u>	<u>15,456</u>	<u>15,456</u>

9 Net incoming/outgoing resources

Net outgoing resources for the year include:

	2024 £	2023 £
Depreciation	151,871	175,869
Fees payable to the Charity's auditors in respect of:		
The audit of the Charity's annual accounts	10,500	10,000
All non-audit services not included above	<u>6,026</u>	<u>2,000</u>

10 Staff costs

The aggregate payroll costs were as follows:

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Wages and salaries	1,156,280	1,156,280	1,195,988	1,195,988
Social security costs	77,752	77,752	94,245	94,245
Pension costs	45,177	45,177	47,373	47,373
	<u>1,279,209</u>	<u>1,279,209</u>	<u>1,337,606</u>	<u>1,337,606</u>

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Management and administration	12	12	12	12
Service delivery – contracted	62	62	52	52
Service delivery - casual	12	12	11	11
	<u>86</u>	<u>86</u>	<u>75</u>	<u>75</u>

No trustees, nor any persons connected with them, have received any remuneration from the group during the year (2023: £Nil).

No trustees have received any reimbursed expenses from the charity during the year (2023: £Nil).

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

10 Staff costs (continued)

The total employee benefits of the key management personnel of the charitable company were £190,008 (2023 - £184,363). The key management personnel of the charity comprise the trustees and the Senior Management Team, which at the year end comprises the staff members listed below:

Chief Executive Officer
Finance Manager and contracts
Health Service Manager
Employment and Skill Service Manager
Communities Manager

11 Tangible fixed assets

Group

	Land and buildings £	Improvements To Leasehold Property £	Fixtures, Fittings and Equipment £	Total £
Cost				
At 1 April 2023	2,563,404	971,603	636,374	4,171,381
Additions	-	10,275	13,713	23,988
At 31 March 2024	<u>2,563,404</u>	<u>981,878</u>	<u>650,087</u>	<u>4,195,369</u>
Depreciation				
At 1 April 2023	1,703,522	579,697	539,921	2,823,140
Charge for the year	95,770	39,275	16,826	151,871
At 31 March 2024	<u>1,799,292</u>	<u>618,972</u>	<u>556,747</u>	<u>2,975,011</u>
Net book value				
At 31 March 2024	<u>764,112</u>	<u>362,906</u>	<u>93,340</u>	<u>1,220,358</u>
At 31 March 2023	<u>859,882</u>	<u>391,906</u>	<u>96,453</u>	<u>1,348,241</u>

The leasehold property owned by the subsidiary charitable company is subject to a legal charge held by The Secretary of State for Health for £499,152.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

11 Tangible fixed assets (continued)

Charitable company

	Improvements To Leasehold Property £	Fixtures, Fittings and Equipment £	Total £
Cost			
At 1 April 2023	971,603	530,745	1,502,348
Additions	10,275	13,713	23,988
At 31 March 2024	981,878	544,458	1,526,336
Depreciation			
At 1 April 2023	579,697	434,293	1,013,990
Charge for the year	39,275	16,826	56,101
At 31 March 2024	618,972	451,119	1,070,091
Net book value			
At 31 March 2024	362,906	93,339	456,245
At 31 March 2023	391,906	96,452	488,358

12 Subsidiary

The trustees of Netherthorpe and Upperthorpe Community Alliance control Upperthorpe and Netherthorpe Healthy Living Centre Trust. Therefore, they are in a position to govern the financial and operating policies of Upperthorpe and Netherthorpe Healthy Living Centre Trust in order to obtain benefits from its activities.

Name	Company number	Registered office	Class of share	Holding
Upperthorpe & Netherthorpe Healthy Living Centre Trust	04258284	18 Upperthorpe, Sheffield, South Yorkshire S6 3NA	N/A	N/A

The financial results of the subsidiary for the year were:

Income	Expenditure	Deficit for the year	Net assets
£	£	£	£
80,000	(175,863)	(95,863)	766,407

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

13 Debtors

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Trade debtors	83,308	83,308	103,424	103,424
Due from group undertakings	-	53,494	-	-
Other debtors	10,357	9,523	9,066	9,930
Prepayments and accrued income	16,708	16,708	15,251	15,251
	<u>110,373</u>	<u>163,033</u>	<u>127,741</u>	<u>128,605</u>

14 Creditors: amounts falling due within one year

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Trade creditors	40,113	40,113	28,124	28,124
Other creditors	8,840	8,840	6,921	6,921
Accruals	45,125	45,125	39,274	39,274
Deferred income	19,238	19,238	5,125	5,125
	<u>113,316</u>	<u>113,316</u>	<u>79,444</u>	<u>79,444</u>

15 Deferred income

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Deferred income at 1 April 2023	5,125	5,125	4,386	4,386
Amounts released from previous periods	(5,125)	(5,125)	(4,386)	(4,386)
Resources deferred in the period	19,238	19,238	5,125	5,125
Deferred income at year end	<u>19,238</u>	<u>19,238</u>	<u>5,125</u>	<u>5,125</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Restricted funds

2024

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Charity					
SCC – CIL Walkley Ward	(437)	3,000	(2,563)	-	-
SCC – ESF	-	17,057	(17,057)	-	-
SCC – Healthy Communities Programme	13,707	55,594	(69,301)	-	-
ZEST fundraising	573	207	(780)	-	-
Empowering Communities	5,503	32,500	(32,823)	-	5,180
Alliance of Sport - Level the Playing Field	3,548	-	(3,548)	-	-
Tesco Jacks	1	1,849	(1,850)	-	-
SCC – ERF	26,618	-	(26,618)	-	-
SCC – Device Loan Scheme	2,503	-	(2,503)	-	-
SCC - Dementia ITT (Hillsborough)	6,082	19,500	(19,180)	-	6,402
Donations - Library Fundraising	6,859	2,605	(3,732)	-	5,732
SCC – Dementia Upperthorpe	6,083	19,500	(19,141)	-	6,442
SCC – FACES (Family Adult Community Education Service)	-	9,550	(9,550)	-	-
BBC Children in Need	24,713	-	(24,713)	-	-
National Lottery Community Fund - This Community Can	103,386	67,186	(148,768)	-	21,804
NHS – City SP 2021	-	31,417	(31,417)	-	-
SCC – Social Prescribing	784	21,172	(21,956)	-	-
SCC – HAF Winter	1	23,520	(23,521)	-	-
SCC – HAF Easter	(8,532)	21,001	(25,515)	-	(13,046)
SCC – HAF Summer	-	90,396	(90,396)	-	-
SCC – HAF Half-Term	970	8,994	(8,135)	-	1,829
SCC – HAF Capital	3,128	-	(3,128)	-	-
SCC – HAF Coordinator	42,275	6,300	(47,529)	-	1,046
SCC – This Girl Can	5,198	-	(499)	-	4,699
SCC – Community Champions	1,803	10,027	(11,830)	-	-
SCC – Live Lighter Extension	70,053	-	(70,053)	-	-

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Restricted funds (continued)

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
NHS – CCG 3 Tier	29,928	-	(1,719)	-	28,209
NHS – Student Mental Health	18,522	271	(18,793)	-	-
Sport England - Leading The Way	6,960	706	(1,503)	-	6,163
Parents and carers	-	27,857	(27,857)	-	-
Universal Small	-	15,940	(15,940)	-	-
Multiply	1,400	18,850	(20,250)	-	-
Small grants	(1,562)	4,857	-	-	3,295
Resilient Communities	2,464	50,000	(52,464)	-	-
PWK Early years	1	11,426	(11,427)	-	-
Jubilation	-	200	(200)	-	-
Youth Winn	411	-	(411)	-	-
TCC Ward Pot	1,226	-	(1,226)	-	-
North LAC Youth	2,999	-	(2,999)	-	-
Community Development LAC	8,500	-	-	-	8,500
New Base	383	-	(383)	-	-
Walkley TAP ERF	3,000	-	(3,000)	-	-
SCC – Universal Health	59,976	-	(59,976)	-	-
Shared Prosperity	-	9,833	(532)	-	9,301
Stocksbridge Uni Youth	-	1,324	(1,324)	-	-
Dads Mental Health	-	40,000	(14,308)	-	25,692
Baby EPEC & Us	-	30,000	(10,949)	-	19,051
Winn Gardens Fun Day	-	1,111	(1,111)	-	-
Family Hub Champions	-	20,000	(5,232)	-	14,768
Walkley	-	9,458	(8,458)	-	1,000
Walkley Youth	-	8,037	-	-	8,037
Hillsborough Cost of Living	-	1,300	-	-	1,300
University of York	-	2,497	(2,497)	-	-
Mental Health	-	24,129	(24,129)	-	-
Advice Triage	-	7,469	(7,469)	-	-
UK SPF Employment	-	18,498	(18,498)	-	-
Compass	-	14,424	(4,269)	-	10,155
Community Wellbeing Programme	-	46,217	(46,217)	-	-
PSF Synergy	-	12,438	(12,438)	-	-
Total Charity restricted funds	449,027	818,217	(1,091,685)	-	175,559

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Restricted funds (continued)

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Subsidiary					
The Building Complex Fund	537,976	-	(59,776)	39,761	517,961
Zest Improvement Fund	<u>172,002</u>	<u>-</u>	<u>(20,616)</u>	<u>-</u>	<u>151,386</u>
Total Subsidiary restricted funds	<u>709,978</u>	<u>-</u>	<u>(80,392)</u>	<u>39,761</u>	<u>669,347</u>
Total restricted funds	<u><u>1,159,005</u></u>	<u><u>818,217</u></u>	<u><u>(1,172,077)</u></u>	<u><u>39,761</u></u>	<u><u>844,906</u></u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Restricted funds (continued)

2023

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Charity					
SCC – CIL Walkley Ward	1,008	-	(1,445)	-	(437)
SCC – Covid support	22,500	-	(22,500)	-	-
SCC – Crookesmoor Litter Picking	672	-	(672)	-	-
SCC – ESF	-	9,996	(9,996)	-	-
SCC – Walking for Purpose	1,000	-	(1,000)	-	-
SCC – Healthy Communities Programme	9,494	66,115	(61,902)	-	13,707
ZEST fundraising	499	74	-	-	573
Empowering Communities Alliance of Sport - Level the Playing Field	13,345	27,500	(35,342)	-	5,503
Tesco Jacks	3,548	-	-	-	3,548
Tesco Fit and Fab	263	-	(262)	-	1
Zest for Work	1,000	-	(1,000)	-	-
SCC – Clean Up	-	2,443	(2,443)	-	-
SCC – ERF	500	-	(500)	-	-
SCC – Kickstart	14,327	124,847	(112,556)	-	26,618
SCC – Winn Gardens	3,172	-	(3,172)	-	-
SCC – Device Loan Scheme	10,716	46,217	(56,933)	-	-
Sheffield Bluecoat Foundation	3,500	2,000	(2,997)	-	2,503
SCC - Dementia ITT (Hillsborough)	811	-	(811)	-	-
Donations - Library Fundraising	10,293	21,501	(25,712)	-	6,082
SCC – Children and Family Mentoring	6,976	2,353	(2,470)	-	6,859
SCC – Dementia Upperthorpe	102,199	-	(102,199)	-	-
SCC – YP Befriending	13,307	21,500	(28,724)	-	6,083
SCC – Healthy Holidays 2021	7,354	-	(7,354)	-	-
SCC – FACES (Family Adult Community Education Service)	9,310	-	(9,310)	-	-
BBC Children in Need	10,193	7,487	(17,680)	-	-
	22,124	49,383	(46,794)	-	24,713

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Restricted funds (continued)

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
National Lottery					
Community Fund - This					
Community Can	31,281	128,476	(56,371)	-	103,386
NHS – City SP 2021	3,574	28,000	(31,574)	-	-
SCC – Social Prescribing	-	3,682	(2,898)	-	784
SCC – HAF Winter	4,113	16,654	(20,766)	-	1
SCC – HAF Easter	-	19,436	(27,968)	-	(8,532)
SCC – HAF Summer	-	83,414	(83,414)	-	-
SCC – HAF Half-Term	-	7,613	(6,643)	-	970
SCC – HAF Capital	3,128	-	-	-	3,128
SCC – HAF Coordinator	39,103	52,938	(49,766)	-	42,275
SCC – People Keeping					
Well Extension	9,586	-	(9,586)	-	-
SCC – This Girl Can	5,420	-	(222)	-	5,198
SCC – Community					
Champions	5,000	15,250	(18,447)	-	1,803
SCC – Tobacco	20,573	55,006	(75,579)	-	-
SCC – Live Lighter					
Extension	72,974	115,820	(118,741)	-	70,053
NHS – CCG Urgent Care	5,000	-	(5,000)	-	-
NHS – CCG 3 Tier	35,000	-	(5,072)	-	29,928
NHS – Student Mental					
Health	12,588	23,696	(17,762)	-	18,522
Sport England - Leading					
The Way	8,177	583	(1,800)	-	6,960
SCC – Anxiety and					
Depression Educational					
Programme	-	30,065	(30,065)	-	-
Parents and carers	-	41,616	(41,616)	-	-
Universal Small	-	23,909	(23,909)	-	-
Here for you	-	1,000	(1,000)	-	-
Multiply	-	1,400	-	-	1,400
Small grants	-	-	(1,562)	-	(1,562)
Resilient Communities	-	50,000	(47,536)	-	2,464
PWK Early years	-	10,976	(10,975)	-	1
Jubilation	-	9,626	(9,626)	-	-
Roots & Futures	-	500	(500)	-	-
Youth Winn	-	6,000	(5,589)	-	411
Childrens University	-	380	(380)	-	-
TCC Ward Pot	-	1,642	(416)	-	1,226
North LAC Youth	-	2,999	-	-	2,999

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Restricted funds (continued)

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Community Development					
LAC	-	8,500	-	-	8,500
SCC – CIL	-	26,016	(26,016)	-	-
New Base	-	4,198	(3,815)	-	383
Walkley TAP ERF	-	3,000	-	-	3,000
SCC – Universal Health	-	59,976	-	-	59,976
Total Charity restricted funds	<u>523,628</u>	<u>1,213,787</u>	<u>(1,288,388)</u>	<u>-</u>	<u>449,027</u>
Subsidiary					
The Building Complex Fund	597,752	-	(59,776)	-	537,976
Zest Improvement Fund	192,618	-	(20,616)	-	172,002
Total Subsidiary restricted funds	<u>790,370</u>	<u>-</u>	<u>(80,392)</u>	<u>-</u>	<u>709,978</u>
Total restricted funds	<u><u>1,313,998</u></u>	<u><u>1,213,787</u></u>	<u><u>(1,368,780)</u></u>	<u><u>-</u></u>	<u><u>1,159,005</u></u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Restricted funds (continued)

UHLC Library - A staff supported, volunteer led community library, offering book loans, computer use, IT skills support, reading groups and children's groups - all free of charge.

SCC - CIL - Walkley Ward - Funding from the Local Community Infrastructure Levy Pot. The funding provided for replacement of the flat roof area of the Zest Centre, in line with an independently commissioned building condition report and risk assessment.

SCC - ESF - The focus of this project is to fund a lead keyworker who will provide a quality employment support service for its ESF Pathways project. Lead keyworkers offer advice, guidance and support to a number of out of work individuals recruited to the programme and relevant employability options.

SCC - Healthy Communities Programme - Commissioned under the SCC People keeping Well Framework to create joined up, local approach so that people can be supported better within their own communities. This programme provides neighbourhood-based support for patients at risk of declining health and wellbeing.

Zest fundraising - This fund comprises of money raised to help with the running of the centre.

Empowering Parents, Empowering communities - EPEC is a parenting programme run by trained local parents for local parents with new volunteer parent group leaders being trained each year. It aims to improve child development and outcomes, parenting, family resilience and family relationships.

Level the Playing Field - Alliance of Sport national programme of small grant funding to develop and activate local best practice programmes of sport and physical activity to increase opportunities for Black and Ethnic Minority children at risk of entering the Criminal Justice System.

Tesco Jacks - A project to provide positive physical activities for children and young people with the aim of them gaining social responsibilities and creating connections with their local community. (This project was delayed due to COVID).

SCC - ERF - This was post COVID funding to build local communities and encourage people to shop locally.

SCC - Device Loan Scheme - A scheme which loans tablets, laptops and Sim cards to people who are experiencing poverty and are digitally excluded. These devices are for the specific purposes of completing training and seeking employment.

SCC - Dementia (Hillsborough and Upperthorpe) - To create and develop dementia-friendly communities, where the needs of people living with dementia and their carers are understood by other citizens and organisations. Providing people with access to good quality information, advice and guidance, creating more dementia-friendly activities and groups and providing training and support to staff, volunteers and communities on dementia.

Library fundraising - This fund comprises money raised by volunteers to help with the running of the library in the centre.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Restricted funds (continued)

SCC - FACES - There are two parts to this contract, all funded by the Sheffield City Council Lifelong Learning Department. We employ a learning champion who engages with people in the community, attending outreach such as libraries and children's centres as well as the faith organisations. To help individuals get into learning such as basic maths, English and IT, vocational training i.e. CSCS, forklift driver training, catering or further education. Providing information and advice on training available for adults, along with the delivery of short courses in community settings. Subjects include women's wellbeing, High Five, healthy eating, and personal development.

BBC Children in Need - A project centred on improving the lives of local young people aged 11 to 18 experiencing deprivation. Structured youth club sessions will be delivered with a specific emphasis on improving self confidence and resilience, giving them improved life skills and stronger voice and making them feel safer in their community.

National Lottery Community Fund - This Community Can - Developed in response to needs identified by communities living in the inner city areas of Sheffield, where levels of poverty, vulnerability and isolation are concentrated and where people are not readily accessing existing services, including those provided by Zest. The project builds connections and relationships in and across communities and enhances the capability of local residents to influence positive change where they live, using volunteers to build community through positive activities.

NHS - City SP 2021 - To provide a social prescribing link worker to the GP Neighbourhood network, to support patients access a range of community based services.

SCC - UNI PCN - Funding from Sheffield University PCN to deliver social prescription services for students over 25; connecting students to community activity and supporting around mental health.

SCC - HAF projects - All HAF projects are, collectively, a project which provides food and activity throughout the school holidays for children who are in receipt of free school meals.

SCC - This Girl Can - To deliver physical activity opportunities and encourage more women to become physically active. Used to fund a member of staff to deliver physical activity classes and was also used to buy trainers to run Couch to 5K courses and online classes.

SCC - Community Champions - This project recruits, trains and supports volunteers to have conversations within their community which are fed back into Sheffield Council to inform the development of public services.

SCC - Live Lighter Extension - An extension of the citywide weight management service which enabled us to partner with other community organisations and reach a wider, more diverse range of individuals with our 12 week weight management service.

NHS - CCG 3 Tier - A contract to assess people on a waiting list for bariatric surgery.

NHS - Student Mental Health - This project is funded from the Sheffield Mental Health Transformation Fund. We are contracted by Sheffield CCG but report to Sheffield MIND. The objectives are around supporting Sheffield 18+ students to manage their mental health. It funds one part time mental health and wellbeing coach who carries a case load and also delivers training and group work.

Sport England - Leading the Way - This project is aimed at encouraging more people from BAME communities into physical activity and particularly into coaching opportunities. Our objective is to recruit and train 25 ambassadors (volunteers) who will deliver physical activity groups or classes.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Restricted funds (continued)

Parents & Carers - A project dedicated to assisting parents and carers into education, training, and employment, complete with a package of support from our Keyworkers. Eligibility: aged 18 or over, living in Sheffield, and currently unemployed or economically inactive.

Universal Small - Universal Lot 3 (Small) - Step to Success - Supporting Sheffield adults facing barriers to work or training. A Work & Wellbeing Coach designs and connects pathways to education, employment, or training for unemployed and economically inactive adults, particularly those with long-term physical or mental health issues, disabilities, or behavioural challenges.

Multiply - A government programme aimed at helping adults aged 19+ improve their numeracy skills, build confidence with numbers, and gain qualifications. We deliver short courses covering topics such as My Energy Costs, Cooking on a Budget, My Green World and Number Natter for people for whom English is an additional language.

Small Grants - funding for Zest to allocate small grants to health focussed community groups for projects benefiting people in the local community.

SCC - Resilient Communities - Social Prescribing NUL and Hillsborough - This contract with Sheffield City Council is to deliver a social prescribing service through the People Keeping Well Partnership. Social prescribing is a way of GP's (and other health professionals) referring individuals with social, emotional and practical needs to non-medical services, for example to the range of health, wellbeing and practical support that we have at Zest. We deliver this service by employing a Health Link Worker to support individuals to access services.

SCC- People Keeping Well Early Years Volunteers - This project provides volunteer coordination and support to family centres around Sheffield, providing the centres with volunteer support for their early years groups. The funding pays for the support of 5 volunteers, who run groups across Sheffield City Council Locality G.

Jubilation - Through the Arts Council jubilee fund, this work supported the community to create a piece of artwork to commemorate the jubilee.

Youth Winn - Funding to deliver evening youth club provision in the Winn Gardens Area.

TCC Ward Pot - A fund designed for community integration events and used to fund our annual Jamaican Independence celebration. This project is now complete.

North LAC Youth -To provide an after school pilot and holiday activity for young people in Stannington. This project is now complete.

Community Development LAC - SCC grant funding for a community development worker with a focused remit on cost of living and welcome spaces.

NU Base - Viola Capital Grant - Used as part of capital programme.

Walkley TAP ERF - To fund web based business directory.

Universal Youth - Funding from SCC to fund local youth clubs provision in Upperthorpe, Stannington and Stocksbridge. Delivered in partnership with Sheffield Wednesday Community Programme.

SCC - TAP - This was funding to produce an online or other such directory to promote business in the Walkley area of Sheffield.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Restricted funds (continued)

Shared Prosperity CDW - A fund to provide a community development worker to work in the LAC area to support other Welcome Space to offer support services to the community. This fund also supports local work and children's activities (dictated by local need).

Stocksbridge Uni Youth - A fund to support recruitment for a youth project in Stocksbridge. This project is now complete.

Dads Mental Health - A project which supports dads of children in the perinatal period who are struggling with their mental health. The project coordinates peer support activities.

EPEC Baby - A strand of the project above to provide specific volunteer support for parents of babies.

Winn Gardens Fun Day - Grant funding for a community fund day on the Winn Gardens estate.

Family Hub Champions - A project which primarily supports Family Hub activities and acts as a link into communities to ensure every family is aware of services on offer from their local family hub.

Community Development LAC - This was a community development project to provide post covid support to local communities, inc cost of living. This project is now complete.

Walkley ERF - Co-ordinating Walkley Festival & other events.

Walkley Youth - Local grant funding to support continuation of the Upperthorpe Youth club whilst awaiting the outcome of a Children in Need funding bid.

Hillsborough Cost of Living - A fund to run a cost of living support day, as well as children's holiday activity session. This project is now complete.

University of York - This fund was to support a researcher from the University of York to access our community in order to support her research project. This project is now complete.

SCC Mental Health A&D - Zest delivers two 7-week psychoeducational courses: Anxiety Management and Managing Depression. Each course aims to help participants build confidence and develop a personalised plan for self-managing their mental health. GPs and healthcare professionals refer individuals to these programmes, which are available to all Sheffield residents, regardless of employment status.

Advice Triage - To facilitate appointments for those needing advice, people were assessed and helped to access either face-to-face advice services based within Zest or the community access point for the remote Citizens Advice Service. This provided beneficiaries with confidential and accessible support on crucial issues such as benefits, housing, immigration, debt, and legal matters.

UK SPF Employment - Work & Wellbeing Coaches provide information, advice, and guidance, offering tailored employment support for economically inactive and socially excluded unemployed people in Sheffield. The main priority is local residents, i.e. Netherthorpe, Upperthorpe, and Langsett, covering the central area and neighbouring communities such as Walkley. Attending community venues, such as libraries and faith buildings, for outreach in Stannington and Stocksbridge.

Community Compass - Navigating support and advice for local residents. Zest aims to address the specific needs and aspirations of the Walkley community and surrounding areas. This project will provide Information, Advice, and Guidance (IAG) on topics such as the cost of living. We aim to promote a sense of belonging through equitable access to services, working to ensure that everyone in our community has access to resources, services, and opportunities.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Restricted funds (continued)

SCC CWP Hills & Winn - Funds from Sheffield City Council to support activity in Winn Gardens where St John's Owlerton are sub contracted to deliver community based public health interventions.

Zest PSF Synergy - Funding from Synergy Mental Health Alliance (via SY ICB) for 2 x Peer Support Workers who work with clients with severe mental illness and support around goal focussed peer support.

The Building Complex Fund is the fund where the various resources were applied to meet the costs associated with the lease, design and construction work to the buildings. Depreciation is charged to this fund.

The Zest Improvement Fund was provided by the Social Enterprise Investment Fund and Sheffield City Council for improvements to the swimming pool roof. Depreciation is charged to this fund.

All funds are considered to have sufficient resources available to enable each fund to be applied in accordance with its restrictions.

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

17 Unrestricted funds

Group

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
2024					
Unrestricted funds					
Unrestricted fund	786,088	1,055,013	(1,037,304)	(39,761)	764,036
Total unrestricted funds	<u>786,088</u>	<u>1,055,013</u>	<u>(1,037,304)</u>	<u>(39,761)</u>	<u>764,036</u>

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
2023					
Unrestricted funds					
Unrestricted fund	831,189	956,243	(1,001,344)	-	786,088
Total unrestricted funds	<u>831,189</u>	<u>956,243</u>	<u>(1,001,344)</u>	<u>-</u>	<u>786,088</u>

Charity

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
2024					
Unrestricted funds					
Unrestricted fund	633,796	1,055,013	(1,021,833)	-	666,976
Total unrestricted funds	<u>633,796</u>	<u>1,055,013</u>	<u>(1,021,833)</u>	<u>-</u>	<u>666,976</u>

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
2023					
Unrestricted funds					
Unrestricted fund	664,866	956,243	(987,313)	-	633,796
Total unrestricted funds	<u>664,866</u>	<u>956,243</u>	<u>(987,313)</u>	<u>-</u>	<u>633,796</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

18 Analysis of net assets between funds

Group

	Unrestricted fund £	Restricted funds £	2024 £
2024			
Tangible fixed assets	551,011	669,347	1,220,358
Current assets	326,341	175,559	501,900
Current liabilities	(113,316)	-	(113,316)
Total net assets	<u>764,036</u>	<u>844,906</u>	<u>1,608,942</u>
	Unrestricted fund £	Restricted funds £	2023 £
2023			
Tangible fixed assets	638,263	709,978	1,348,241
Current assets	227,269	449,027	676,296
Current liabilities	(79,444)	-	(79,444)
Total net assets	<u>786,088</u>	<u>1,159,005</u>	<u>1,945,093</u>

Charity

	Unrestricted fund £	Restricted funds £	2024 £
2024			
Tangible fixed assets	456,245	-	456,245
Current assets	324,047	175,559	499,606
Current liabilities	(113,316)	-	(113,316)
Total net assets	<u>666,976</u>	<u>175,559</u>	<u>842,535</u>
	Unrestricted fund £	Restricted funds £	2023 £
2023			
Tangible fixed assets	488,358	-	488,358
Current assets	224,882	449,027	673,909
Current liabilities	(79,444)	-	(79,444)
Total net assets	<u>633,796</u>	<u>449,027</u>	<u>1,082,823</u>

19 Operating lease commitments

	Group 2024 £	Charity 2024 £	Group 2023 £	Charity 2023 £
Within one year	4,050	4,050	4,050	4,050
Between one and five years	4,050	4,050	4,050	4,050
After five years	<u>2,643</u>	<u>2,643</u>	<u>6,693</u>	<u>6,693</u>
	<u>10,743</u>	<u>10,743</u>	<u>14,793</u>	<u>14,793</u>

Netherthorpe and Upperthorpe Community Alliance

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

20 Pension commitments

The group operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the group to the fund and amounted to £45,177 (2023: £47,373). There were no outstanding contributions payable to the fund at the reporting date.

21 Analysis of net debt

Group

	At 1 April 2023 £	Financing cash flows £	At 31 March 2024 £
Cash at bank and in hand	548,555	(157,028)	391,527
Net debt	548,555	(157,028)	391,527

	At 1 April 2022 £	Financing cash flows £	At 31 March 2023 £
Cash at bank and in hand	607,205	(58,650)	548,555
Net debt	607,205	(58,650)	548,555

22 Related party transactions

Transactions with trustees are disclosed in note 10.

The financial results of Upperthorpe and Netherthorpe Healthy Living Centre Trust are disclosed in note 12 of these financial statements.

There were no other related party transactions in the year.

Accounts

Company registration number: 01077083
Charity registration number: 3628231

**Netherthorpe and Upperthorpe
Community Alliance**

Annual Report and Financial Statements

For the year ended 31 March 2023

Netherthorpe and Upperthorpe Community Alliance

Annual Report

Year ended 31 March 2023

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Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023

The trustees (who are also directors of Netherthorpe and Upperthorpe Community Alliance for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the annual report and financial statements of the charity.

Reference and Administration Details

Charity registration number: 3628231

Company registration number: 01077083

Directors and Trustees: D S Thornett (Chair)
A Abdulrub
K Mudge
J A S Grist
L C Smith
S Jones
T Hunt (Resigned 6 June 2022)
K Daubney (Appointed 17 July 2023)

Chief Executive Officer: M Dean

Secretary: S Markham

Registered Office: 18 Upperthorpe
Sheffield
South Yorkshire
S6 3NA

Auditors: Hawsons Chartered Accountants
Pegasus House
463a Glossop Road
Sheffield
S10 2QD

Bankers: Unity Trust Bank plc
Nine Brindleyplace
Birmingham
B1 2HB

Solicitors: Graysons with Watson Esam Solicitors
4 – 12 Paradise Square
Sheffield
S1 1TB

Taylor Bracewell
17-23 Thorne Road
Doncaster
DN1 2RP

Bhayani HR and Employment Law
59 Shoreham Street
Sheffield
S1 4SB

Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023

Structure, governance and management

The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee as defined by the Companies Act 2006. The charity trades as Zest which is a trading name of Netherthorpe and Upperthorpe Community Alliance.

Trustees

Membership of the Charity is open to individuals, community or voluntary groups who live, work or are based in the Netherthorpe, Upperthorpe and Langsett areas of Sheffield or who use the charity's services.

Trustees are appointed so that there are up to 5 Member Trustees, 5 Non-Member Trustees and 2 Co-optees. Member Trustees are elected, on a rotating basis, by member organisations at the Annual General Meeting. Non-member Trustees are selected by the Trustees at a Trustees meeting, taking into account the need for a mix of skills and experience on the Board. Trustees serve a term of office as near to 3 years as possible.

All new trustees are subject to a structured trustee induction process as set out in the Trustees' Terms of Reference.

The trustees delegate all day-to-day decision making concerning staff and resources to the Chief Executive. The Trustees are responsible for all strategic decisions about the charity.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Objectives and activities

The object of the charity as defined in the memorandum and articles of association is:

The promotion for the benefit of the public of urban regeneration in areas of social and economic deprivation (and in particular in the Netherthorpe, Upperthorpe and Langsett areas of Sheffield).

Further details of the charity's objects are set out in the charity's memorandum and articles of association.

Zest's vision is: 'To enable everyone in our communities to lead healthy and successful lives'.

Zest's mission is:

1. To provide a healthy living centre delivering responsive services to tackle local inequalities, including:
 - a. Health and wellbeing
 - b. Employment and skills
 - c. Sport, leisure and recreation
2. To foster communities where everyone feels welcomed, valued and can fully participate in the life of the community.
3. To play an active role in supporting other disadvantaged communities in Sheffield.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. All the activities are undertaken to further the charity's charitable purposes for the public benefit.

Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023 (continued)

We have **four distinct values** that underpin our work and everything we do:

Personalised

To achieve the best personal outcomes we navigate individuals and families through a tailored journey of support that can involve accessing a range of joined up wellbeing support services provided and hosted by Zest.

Inclusive

We strive to keep our services and facilities affordable, physically and culturally accessible. We run a range of tailored sessions including women only and disability specific swim sessions, and host the only ramp access swimming pool in the city.

Asset based

We empower local people and address local need by identifying the strengths within our community.

Collaborative

We collaborate by default to develop innovative approaches and achieve the best outcomes for our local communities.

Achievements and performance

The period from April 2022 has provided a welcome year of sustained service delivery. The organisation has continued to build on and improve levels of engagement and service take up as we advance into clear water from the pandemic.

During 2022-23 Zest employed 75 contracted staff and was supported by a team of dedicated volunteers. Annual highlights include:

- Establishing a Welcome Space as the impact of cost of living continues to take its toll, providing a safe, warm, accessible space for the local community.
- Investing in a modernised Zest Centre Reception area, café and ground floor library space as the key landing space for our local community.
- Developing a rich programme of EDI Awareness raising as we continue to work to empower our staff & trustee team, promote accessible services and engender a sense of belonging for everyone in our community.
- Flying the flag for the Sheffield VCS Sector as we hosted a National Locality Convention visit; shining a light on our role as a 'local community anchor', our diverse community service offering, and the flagship Zest Centre.
- Reaching out and strengthening our partnerships both locally and across the city and campaigning on key issues; including responding to the cost of living crisis, informing development of an inclusive city skills strategy and pushing for a fair funding framework for the VCS sector.

The Leadership Team focused on a number of key strategic priorities:

A. Reconnecting with the Community through:

Cultural Celebration centred on the Black History Month and Beyond Programme.
Launch of the Friends of Zest Campaign.

B. Securing long-term Investment in the Zest Centre:

A commitment from Sheffield City Council to ring fence Leisure Investment Plan funding to help 'future-proof' the Zest Centre building(s).

C. Providing a coordinated Cost of Living Response:

Hosting a City response event in partnership with the Sheffield Property Association.
Fronting the SCC Welcome Space campaign, played an active role in the Vulnerable Peoples network, and adapting services to ensure we could respond to community need.

Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023 (continued)

The Zest Centre: Library Service

“Volunteering in the library literally saved my life”

The Upperthorpe library offers free children's and adult book loans/reference access to 3000 books. We also offer free printing services, free access to the internet and digital skills training.

We have fantastic spaces for quiet study and work, school visits, home schooling groups, community activities and events.

“Today doing this Treasure Hunt has really made me happy, I never knew libraries could be so nice”.

The Zest Centre: Leisure Service

Swim and gym facilities have shown a welcome improvement on the previous year as we benefit from more consistent and continuous service delivery and take-up. Helped by investment in training to develop both new and existing staff and more dedicated leisure service management.

In addition, the Zest Centre reception and ground floor library area have been fully refurbished, bringing a refreshed and modern feel to the heart of the Centre.

Service highlights

- Extra parent and toddler sessions doubling attendance from 21/22 to 22/23.
- Sold out family fun sessions throughout summer months of 2022/23 increasing whole family participation.
- Introduced wider membership options to suit customer circumstances.
- Revamp of the Zest discount scheme with online options.
- Revamp of the main gym including a new free weights area.

KPI summary

- Swimming pool attendance of 29,497 a 19% uplift on last year (Male: 20% Female: 80%).
- 49% of all swimming attendance of public sessions are over the age of 55 for all public sessions .
- 2600 Women only attendances making up 8.8% of total pool users compared to 7% last year.
- 72% of participation for dedicated women only sessions are from Ethnic Minority communities.
- Swimming Lesson attendance of 18500; a 20% increase on last year.
- Extra parent and toddler sessions created with greater choices in times in 2022-23 with attendance of 1604 which is nearly double the attendance compared to last year.
- 540 leisure members a 12% uplift on last year.
- 247 Zest Discount Scheme members in 22/23 compared to 158 in 21/22 - offering affordable gym/swim sessions.
- 42% of Women only gym users from an Ethnic Minority background.
- 41% of gym users in 22/23 were over 55 years old.
- Overall swim and gym: 21% of users are from Ethnic Minorities.

What's on the horizon

- Extra 123 children's swimming lessons in April 2023 taking lessons up to 800.
- Referrals brought in house with new split pricing structure will see a big increase in participants with newly qualified cardio rehabilitation service.
- Involvement in Swim England swimming campaigns #loveswimming and Drowning Prevention Week.
- Increase in adult swimming lessons with one new lesson (mixed) to encourage adult participation in swimming.
- New email marketing platform to be integrated with targeted leisure marketing and communications.

Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023 (continued)

Health & Wellbeing

Local Health Services

“I’m really proud of the fantastic health teams at Zest. I’m so impressed by how well they constantly adapt and deliver high quality community-based health services for groups and individuals we serve. We’re all really excited by the future holds.” *Maria Ashmore, Senior Health Services Manager.*

- Total number adults worked with: 994 (Male: 30% Female: 70%)
- Number of people supported to volunteer: 12
- People Supported from Diverse Backgrounds and Protected Characteristics: 74%

This percentage encompasses individuals from the following groups: Ethnic Minority Communities, Disabled Individuals, Carers (Excluding Parents), LGBTQ+ (Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, Plus) Community, Refugees and Asylum Seekers.

Service Highlights

New Partnership with Sheffield Wednesday FC

This year, we forged an exciting new alliance with SWFC, who now host our Sporting Memories Group, for individuals aged 50 and above.

Green Prescribing Sessions with Sheffield & Rotherham Wildlife Trust

In close collaboration with the Sheffield & Rotherham Wildlife Trust, we designed a series of invigorating green prescribing sessions tailored specifically for local women.

IAPT Sessions in Arabic

We're proud to report the successful delivery of IAPT (Talking Therapies) sessions in Arabic, a significant milestone in our mission to provide accessible mental health support to diverse communities in Upperthorpe and the surrounding area.

International Women's Day Celebration

Our International Women's Day celebration was a resounding success, with approximately 90 local women in attendance. The event featured vibrant dancing, a captivating traditional dress fashion show, henna artistry, tasty local cuisine, creative crafts, and soothing hand and foot massages.

Social Prescribing Services at Sheffield University

We've expanded our reach by offering Social Prescribing services to students at Sheffield University. Our focus primarily centres on postgraduate and 25+ students, where we provide connections to enriching community activities, valuable mental health support, and health and wellbeing guidance.

Yoga for life

The Yoga group is flourishing – with regulars and newcomers alike. We've even done an outdoor session in the park, enjoying the nature and fresh air. One attendee said, “Thank you so much for arranging this. If it was not at Zest I would have never known what yoga was”. Someone else, “My body is so relaxed, I had forgot what it feels like to be relaxed”.

What's on the Horizon

We have plans to grow our offer to support mental health in our community. We are acutely aware of the long waiting lists and difficulties experienced in trying to access mental health support elsewhere.

The local health team are planning to get their hands dirty and tidy up our allotment and garden space so that we have a functional green space for health activities. We're planning to explore food growing and a sensory garden for our local community to enjoy.

Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023 (continued)

City Health Services

Live Lighter Sheffield

Zest provide a city-wide 'tier 2' adult child and family weight management service, commissioned by Sheffield City Council.

- Total number adults/young people worked with: 1,731 (Male: 28% Female: 72%)
- 36% clients from Ethnic Minority communities; an increase from 22% last year

Service Highlights

This year has seen an all-time high number of referrals into the adult service (3391 up from 2677) and has also created the highest number of successful completers we have ever had in both the adult (442 up from 210) and families (137 up from 47) services.

A very positive and successful experience in taking on the temporary extended service offer with 14 citywide partners. Providing opportunities to deliver the Live Lighter programme in communities and areas that required a more tailored approach. This included using community languages and catering special educational needs.

The team have engaged in a variety of citywide events and initiatives including the Sheffield is Sweet Enough campaign, Move More Sheffield and Children and Young People's Alliance Conference.

What's on the Horizon

Prepare for Live Lighter service retender in Autumn 2023. This will require a multi-faceted Sheffield wide partnership and will have specific resource given to it to ensure the best possible submission from Zest with an optimistic and compassionate approach to weight management at its core.

Children, Young People & Families

"I have learnt things as an individual and as a parent – in fact the most special thing about it, is seeing the positive ripples around my family and people I have spoken to about what I am learning – your community!!! You can genuinely see and feel the positive effect."

The Zest Communities team work across a range of projects supporting parents and young people of all ages, helping to build communities from own back yard of Upperthorpe and Netherthorpe and across the city.

Empowering Parents Empowering Communities (EPEC)

EPEC is a parenting programme run by trained local parents for local parents with new volunteer parent group leaders being trained each year. It aims to improve child development and outcomes, parenting, family resilience and family relationships.

"Training to become a Parent Group Leader is the most special and rewarding thing I have ever done. I feel like I have found where I need to be in life"

Early Years

A range of activities for children aged 0-5 years, we support and run activities for children and families to engage in positive activities in Family Centres and in our community.

This year we have also supported 4 volunteers into employment- a carer, a disability sports assistant, a learning and development assistant and another as an editorial assistant

"It was really rewarding to see the babies and toddlers develop in confidence and explore the different activities we set up for them each week. I learned some very valuable skills, including first aid for children, and I'm grateful for the training and learning opportunities I received."

Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023 (continued)

Holiday Activities & Food Programme (HAF)

Zest is responsible for commissioning and coordinating delivery of free to access activities for Children eligible for Free School Meals in the North West area of Sheffield.

Case study

Through accessing the HAF project Family J have connected with Zest. AJ (a girl aged 9) is autistic and a young carer for her mum, who has mobility issues. Through HAF, over the last year Zest has funded a swimming costume, armbands and floats so that AJ can access funded swimming lessons during the holidays. This meant that when we took them to Bridlington this summer, AJ was able to fully enjoy her first ever trip to the seaside and go into the sea with confidence!

Community Champions

The Community Wellbeing Champion project supports volunteer peer intervention as a method of improving health outcomes through direct community engagement. The primary focus involves conversations about health and wellbeing in the community through volunteer peer support.

This Community Can

This Community Can (TCC) is a community-led project with a team of three aiming to empower individuals and the community through volunteering and social connections. Its development is ongoing and organic being responsive to community aspirations.

TCC supports the running of 10 regular activities many of which are on their way to being independently run by the volunteers.

Alongside regular activities, we have run 26 events 2022-23 including 10 Tea Tents and four events as part of Black History Month and Beyond. These included a Youth Music Showcase and Creative Writing Workshop.

“It’s been an absolutely amazing multicultural event today. My nieces and nephews have joined in activities. My niece won the limbo competition which is spectacularly amazing. We’ve had a difficult relationship at times, we’ve been far apart, but that just brought us close together, it was amazing, I’m so proud of her.” Jamaican Independence 2022 – participant

From TCC volunteers

“I think I influenced others to get involved in their community and help each other”

“It’s brought confidence and courage to have their voices to be heard.”

“Zest looks like my home to spend quality time while helping the people.”

Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023 (continued)

Supporting our Young People

The Zest youth offer is centred on provision of locally rooted neighbourhood youth clubs shaped by local young people and offering a range of workshops, positive activities, trips and residentials that help people feel more confident and resilient, improve their life skills, develop a stronger voice and to feel safer in the community.

- Total number adults/young people worked with: 193 (Male:131 Female: 62)
- 88% of the young people supported were from local Ethnic Minority communities including young people with Yemeni, Somali and Black Caribbean backgrounds.
- 4 people supported to becoming volunteers.

Service highlights

- Providing a range of fun trips, session and activities including sports sessions, arts and crafts sessions, movie nights, trips to the cinema, swimming and roller blading.
- Youth drop-in session for young to attend every Thursday 5pm – 6pm where young people could speak to a designated youth worker about any issues or concerns they may have.
- Girls Youth Club which takes place every Tuesday 6pm – 8pm has gone from strength to strength attracting between 15 – 20 attendees from the local area and wider areas of the city.
- Winn Gardens Youth Club running every Tuesday 6pm – 8pm which is well attended by local young people. Delivered awareness sessions around self-harming and internet safety as it became apparent that there were a number of young people at risk.
- Summer programme including activities such as boxing, go-karting, ice skating, climbing, bike ride at Rother Valley. There was a day trip to Alton Towers which was well attended and thoroughly enjoyed as some young people had never had the chance to go before.
- Weekend residential to Kingswood Outwood Bounds facility. 23 young people engaged in teambuilding, self-confidence and leadership activities. It was an opportunity for some of them to be independent as some of them had never been away from home before.
- Youth consultation sessions including 'How safe do you feel in your area' and 'What do you like about youth club'

What's on the horizon

A growing need for mental health services for young people means we need to invest in staff development/ training to meet some of these needs for young people locally.

Focus on securing future funding as the 3-year Children in Need funding ends in Autumn 2023.

Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023 (continued)

Work and Training Services

"I wouldn't have been able to take on these new challenges if it hadn't been for the support of Zest for Work."

The Zest for Work team continued to provide its tailored employment support services and training courses for individuals and groups in the community. Its role includes helping employers to find the right candidates and ensuring people are fully supported along their journey to finding work and improving their lives.

Service highlights

Matrix accreditation achieved; an internationally recognised quality standard for organisations that deliver information, advice and guidance (IAG).

106 people registered on our ESF Funded key worker projects and over 38% resulted in starting either a paid job or an accredited course.

An impressive 40 different people volunteered in Zest for Work (Male 40% Female 60% Ethnic Minorities 38%).

Delivery of three Zest 4 Life Personal Development Courses to 26 learners.

Delivery of four Adult Learning courses through our FACES programme funded by Sheffield City Council. This included Enable; Enable (Women Only); Further Enabled and Zest 4 Life. 33 learners started 32 Learners completed (97% Retention).

More than 50 people were referred to the S6 foodbank including families. Resulting in over 500 vouchers being issued.

Case study

J had no support network in Sheffield and no experience of working within the UK when he was recommended to Zest. The Zest for Work team set about guiding him with support for each step along the way to securing employment with Tesco.

"I needed urgent support to help me with everything. I was recommended to Zest and I couldn't have been happier. They were very positive and gave me the information, guidance and the support I needed."

The Zest team helped J to create a CV, set up online profiles with job searching websites and helped build his confidence, helping him access a food bank so he didn't go hungry. The team even helped him find a suit for interviews because he had no interview clothes.

"I can't thank the Zest enough they helped me every step of the way and I wouldn't have been able to do this myself without their support - The team at Zest are fantastic, and I was made to feel so welcome" - J Zest for Work client.

What's on the horizon

The majority of contracts are short term so energy is focused on securing future funding to enable us to continue to deliver valuable, tailored employment and skills support in the local community.

Develop multi agency advice drop in sessions at Zest Centre and NU Base (working in partnership with YAFA).

Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023 (continued)

Supporting the local economy

Zest worked closely with local traders and community groups in Walkley and Upperthorpe to encourage people back on to the high street after two years of pandemic restrictions. The initiative was part of Sheffield City Council's Economic Recovery Fund (ERF).

Work involved using the £200K funding pot from Phase 1 of the programme to brighten up the high streets with a range of initiatives. Outputs included:

- Increased high street footfall 10%,
- 10 business reporting new outdoor trading opportunities,
- Cafes and restaurants reported increase on number of targeted covers
- Four high street businesses reported business growing.
- New seating for shoppers / pedestrians

Service highlights

Improved shopfronts

Thirty-eight shop owners on South Road, Howard Road and Upperthorpe expressed interest in the scheme with 18 applying for and being awarded grants of up to £1,000 to improve shopfronts.

Outdoor trading support including street furniture, cycle racks and planters to improve the environment. Part of this including the purchase of tables, chairs and gazebos to support Walkley Festival opportunities and smaller outdoor events such as Christmas Late Opening events.

Arts Trail

Inspired by local children's own drawings on the subject 'what does home mean to you'.

The Arts Trail was designed to link Walkley and Upperthorpe providing a common theme and covering defaced graffiti-ridden telephone exchange boxes and shop shutters with local artists' own street art.

25 exchange boxes and 15 shop shutters were repainted by local artists.

Shop local lamppost banners

Two versions encouraging shoppers to spend their money on the high street in Walkley and Upperthorpe.

Business directory

Part of the project included creating a printed foldout business directory and maps of both Walkley and Upperthorpe highlighting local shops and community buildings. The leaflet was delivered to households throughout the area and made available in shops and public places to promote trade.

What's on the horizon

- To act as an enabler to support local groups and help formulate traders and business associations to represent Walkley and Upperthorpe.
- Application for second round funding to support local economy through Phase 2 of the project
- Planned extension of the programme boundaries to include Infirmary Road

Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023 (continued)

Subsidiary and other controlled companies

The charity also controls Upperthorpe and Netherthorpe Healthy Living Centre Trust, a registered charity (Charity number 1090345) and a company limited by guarantee (company number 4258284), as it is able to appoint and remove trustees in that charitable company. Its incoming resources for the year were £80,000 (2022: £80,000) and its total resources expended were £174,423 (2022: £175,770), leaving a net decrease in funds of £94,423 (2022: £95,770). At 31 March 2023 the net assets of Upperthorpe and Netherthorpe Healthy Living Centre Trust were £862,270 (2022: £956,693).

Financial review

The group has made a deficit of £200,094 in the year (2022: surplus of £178,224). Unrestricted funds are showing a deficit of £45,101 (2022: deficit of £54,121) and restricted funds are showing a deficit of £154,993 (2022: surplus of £232,345) for the year. At 31 March 2023 total fund balances were £1,945,093 of which £786,088 were unrestricted and £1,159,005 were restricted.

The charity has made a deficit of £105,671 in the year (2022: surplus of £273,994). Unrestricted funds are showing a deficit of £31,070 (2022: deficit of £40,186) and restricted funds are showing a deficit of £74,601 (2022: surplus of £314,180) for the year. At 31 March 2023 total fund balances were £1,082,823 of which £633,796 were unrestricted and £449,027 were restricted.

Reserves Statement

The charity reviewed its reserves policy during the year and agreed that funds of £225,000 should be held in reserve, including cover for significant events, as follows:

- £75,000 to cover the costs of closing a substantial area of the business;
- £50,000 working capital to be released against a business case;
- £50,000 to be used for unexpected or emergency costs;
- £50,000 to manage short term budget fluctuation and cash flow issues.

The Trustees agreed that any surplus above that needed for reserves may be re-invested to support charitable activities and that any such re-investment will be agreed by the Trustees.

Free unrestricted group reserves at 31 March 2023 were £147,825 (2022: £188,458), a decrease of £40,633 on the last period. This remains below the target reserve level and requires close financial risk management and monitoring alongside clear business development objectives to ensure the company retains a secure footing that minimises any call on reserves. This includes quarterly review of the 'in year' accounts position and the pipeline investment opportunities to provide a clear and robust position for Trustees.

Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023 (continued)

Zest Future Plans

We are embarking on our 25th year since incorporation and will be reflecting and celebrating all that we have achieved as an empowered community.

Our key opportunities and challenges include:

- Securing the future of key services as key contract come to an end. Includes securing funding to extend our pivotal community development work.
- Working to secure the future of the Zest Centre in the form of an extended lease, fit for purpose management framework and long-term capital funding in the Centre; as part of the Sheffield City Council Leisure Investment Strategy.
- Meeting the challenges of sustained inflation including unsustainable increase in our energy costs; through grant support and investment in energy efficiency measures.
- Reviewing our environmental policies in order to ensure more concerted local action is taken to address Climate Change.
- Ongoing investment in improved knowledge, understanding and awareness of equity, diversity and inclusion through a varied programme of staff training, awareness raising and cultural community programmes including Black History Month and Beyond.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. During 2022/23 the trustees received reports and held meetings to assess financial and other risks to the company and agreed strategies to mitigate key risks. This is captured in a Company Risk Management Action Plan.

Covid-19 Impact, Response & Risk Management

The Charity continued undertake a range of measures to minimise risk, considering both the short and medium to long term impacts of Covid-19 and considered this in the context of Charity Commission guidance relating to Covid-19 incident reporting, noting our duty to disclose risks.

Reporting of Covid-19 incidents to the Charity Commission will be triggered by actions that could result in the charity:

- being unable to deliver vital services to at risk beneficiaries;
- become insolvent and/or forced to close permanently; or highly likely to be insolvent and/or forced to close permanently within the next 12 months.
- being investigated by HMRC for abuse of the furlough scheme or by the police for break of lockdown measures.

Plans to address the key risks highlighted by the Charity Commission are summarised below:

Risk	Measures & Context
Income loss leading to insolvency/ service closure	• Diverse income base including grants and contracts across a range of services. • Multi-year funding agreements. • Commissioner flexibility allowing us to adapt services/ recover from lockdown. • Bi-monthly cashflow analysis and reporting to Board. • Accessing emergency grant schemes.

Netherthorpe and Upperthorpe Community Alliance

Report of the Trustees for the year ended 31 March 2023 (continued)

Covid-19 Impact, Response & Risk Management (continued)

Unable to deliver vital services to at risk clients	• Adapted (blended) service model to cater for at risk beneficiaries including phone and online mental health support, essential item delivery services to vulnerable clients, provision of equipment to enable online access. • Ongoing service adaptation to provide safe settings for client/ community interaction. • Covid-19 Staff Handbook setting out new and adapted protocols, for example, individual risk assessments, home working policy and outbreak protocol.
Covid-19 outbreak leading to service closure	• Covid-19 Staff Handbook setting out new and adapted protocols, for example, Covid-19 outbreak protocol and related Covid-19 safe policies, procedures and session risk assessments. • Covid-19 premises risk assessment and adaptations in accordance with Government guidance. • Lateral flow testing regime including provision of free test kits.
Lockdown measures reintroduced	• Diverse income streams with multi-year agreements. • Local commissioner dialogue and flexibility. • Government financial intervention if businesses forced to close. • Local Authority recovery support package for Zest and wider city leisure services. • Lockdown experience including ability to develop successful community hub service and online service offer. • National recognition that lockdown measures need to balance risk with longer term health & wellbeing and need to continue services albeit on a restricted basis. • Adapted service model to provide effective blended service offer. • Clear home working policy to ensure safe and productive working practices are supported and retained.

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.



D S Thornett
Trustee

Dated: 14/12/2023

Netherthorpe and Upperthorpe Community Alliance

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Netherthorpe and Upperthorpe Community Alliance for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS102)
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Netherthorpe and Upperthorpe Community Alliance

Independent Auditors' Report to the Members of Netherthorpe and Upperthorpe Community Alliance

Opinion

We have audited the financial statements of Netherthorpe and Upperthorpe Community Alliance (the 'parent charitable company') and its subsidiary (the 'group') for the year ended 31 March 2023 which comprise the Consolidated Statement of Financial Activities, Consolidated and Company Balance Sheet, the Consolidated Statement of Cash Flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and the charitable company's affairs as at 31 March 2023, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements or a material misstatement in the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Netherthorpe and Upperthorpe Community Alliance

Independent Auditors' Report to the Members of Netherthorpe and Upperthorpe Community Alliance (continued)

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the strategic report and the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the strategic report and the trustees' report have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the group and parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- the information given in the trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement (set out on page 14), the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed auditor under the Companies Act 2006 and report in accordance with this Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Netherthorpe and Upperthorpe Community Alliance

Independent Auditors' Report to the Members of Netherthorpe and Upperthorpe Community Alliance (continued)

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

The charitable company is subject to laws and regulations that directly and indirectly affect the financial statements. Based on our understanding of the charitable company and the environment it operates within, we determined that the laws and regulations which were most significant included FRS 102, Companies Act 2006, Health and Safety regulations and the Charities Act 2011. We considered the extent to which non-compliance with these laws and regulations might have a material effect on the financial statements, including how fraud might occur. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to the posting of inappropriate journal entries to improve the company's result for the period, and management bias in key accounting estimates.

Audit procedures performed by the engagement team included:

- Discussions with management and those responsible for legal compliance procedures within the charitable company to obtain an understanding of the legal and regulatory framework applicable to the charitable company and how the charitable company complies with that framework, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;
- Reviewing minutes of Trustee meetings;
- Identifying and assessing the design effectiveness of controls that management has in place to prevent and detect fraud and non-compliance with laws and regulations;
- Challenging assumptions and judgements made by management in their significant accounting estimates.
- Identifying and testing journal entries, in particular any journal entries posted with unusual account combinations or posted by senior management.

There are inherent limitations in the audit procedures described above and the more removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we are to become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditors/audit-assurance/auditor-s-responsibilities-for-the-audit-of-the-fi/description-of-the-auditor-s-responsibilities-for. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Hawsons

Simon Bladen, Senior Statutory Auditor

For and on behalf of Hawsons Chartered Accountants, Statutory Auditors

Pegasus House
463a Glossop Road
Sheffield
S10 2QD

Date: *18 December*.....2023

Netherthorpe and Upperthorpe Community Alliance

Consolidated Statement of Financial Activities

Year Ended 31 March 2023

	Notes	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
Incoming resources					
Donations and gifts	2	496	-	496	79,612
Charitable activities	3	912,825	1,213,787	2,126,612	2,364,108
Other trading activities	4	432	-	432	14,814
Investments	5	42,490	-	42,490	45,994
Total incoming resources		956,243	1,213,787	2,170,030	2,504,528
Resources expended					
Charitable activities	6	1,001,344	1,368,780	2,370,124	2,326,304
Total resources expended		1,001,344	1,368,780	2,370,124	2,326,304
Net (outgoing)/ incoming resources before transfers		(45,101)	(154,993)	(200,094)	178,224
Transfers between funds		-	-	-	-
Net movement in funds		(45,101)	(154,993)	(200,094)	178,224
Funds brought forward		831,189	1,313,998	2,145,187	1,996,963
Funds carried forward		786,088	1,159,005	1,945,093	2,145,187

Netherthorpe and Upperthorpe Community Alliance

Statement of Financial Activities

Year Ended 31 March 2023

	Notes	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
Incoming resources					
Donations and gifts	2	496	-	496	79,612
Charitable activities	3	912,825	1,213,787	2,126,612	2,362,593
Other trading activities	4	432	-	432	14,814
Investments	5	42,490	-	42,490	43,994
Total incoming resources		956,243	1,213,787	2,170,030	2,503,013
Resources expended					
Charitable activities	6	987,313	1,288,388	2,275,701	2,229,019
Total resources expended		987,313	1,288,388	2,275,701	2,229,019
Net (outgoing)/ incoming resources before transfers		(31,070)	(74,601)	(105,671)	273,994
Transfers between funds		-	-	-	-
Net movement in funds		(31,070)	(74,601)	(105,671)	273,994
Funds brought forward		664,866	523,628	1,188,494	914,500
Funds carried forward		633,796	449,027	1,082,823	1,188,494

Netherthorpe and Upperthorpe Community Alliance
Company Registration Number: 03628231

Balance Sheets

31 March 2023

	Notes	31 March 2023		31 March 2022	
		Group £	Company £	Group £	Company £
Fixed assets					
Tangible assets	11	1,348,241	488,358	1,433,101	477,448
		<u>1,348,241</u>	<u>488,358</u>	<u>1,433,101</u>	<u>477,448</u>
Current assets					
Debtors	13	127,741	128,605	296,034	296,309
Cash at bank and in hand		548,555	545,304	607,205	604,450
		<u>676,296</u>	<u>673,909</u>	<u>903,239</u>	<u>900,759</u>
Creditors – amounts falling due within one year	14	(79,444)	(79,444)	(191,153)	(189,713)
Net current assets		<u>596,852</u>	<u>594,465</u>	<u>712,086</u>	<u>711,046</u>
Total assets less current liabilities		1,945,093	1,082,823	2,145,187	1,188,494
Creditors – amounts falling due after one year		-	-	-	-
Net assets		<u>1,945,093</u>	<u>1,082,823</u>	<u>2,145,187</u>	<u>1,188,494</u>
Charity funds					
Restricted funds	16	1,159,005	449,027	1,313,998	523,628
Unrestricted funds	17	786,088	633,796	831,189	664,866
Total charity funds		<u>1,945,093</u>	<u>1,082,823</u>	<u>2,145,187</u>	<u>1,188,494</u>

The financial statements were approved by the board of trustees on 13/12/2023.....2023 and signed on its behalf by:



.....
D S Thornett
Trustee

Netherthorpe and Upperthorpe Community Alliance

Consolidated Statement of Cashflows

Year Ended 31 March 2023

	Notes	2023 £	2022 £
Cash flow from operating activities	20	35,632	195,484
Cash flow from investing activities			
Interest received		847	97
Payments to acquire tangible fixed assets		(95,129)	(36,681)
Net cash flow from investing activities		<u>(94,282)</u>	<u>(36,584)</u>
Net (decrease)/increase in cash and cash equivalents		(58,650)	158,900
Cash and cash equivalents at 1 April		607,205	448,305
Cash and cash equivalents at 31 March		<u>548,555</u>	<u>607,205</u>
Cash and cash equivalents consist of:			
Cash at bank and in hand		548,555	607,205
Cash and cash equivalents at 31 March		<u>548,555</u>	<u>607,205</u>

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts

Year Ended 31 March 2023

1. Accounting policies

Company information

Netherthorpe and Upperthorpe Community Alliance is a private company limited by guarantee incorporated in England and Wales. The registered office is Zest Centre Upperthorpe Healthy Living Centre, 18 Upperthorpe, Sheffield, South Yorkshire, S6 3NA.

Accounting convention

The accounts have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

Exemptions for qualifying entities

The charitable company has taken advantage of the exemption from preparing a statement of cashflows on the basis that it is a qualifying entity and the group cashflow statement included within these financial statements includes the company's cashflows.

Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. In making that assessment, the trustees have specifically considered the impact of the coronavirus on the operations of the charity, alongside actions taken to mitigate that impact. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors and which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the accounts.

Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Grants received are allocated between activities and between restricted and unrestricted funds according to their nature.

Income from investments is included in the year in which it is receivable.

Income is deferred when income has been received in advance relating to a contract to perform a service, where that service has not yet been provided, either in full or in part.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount.

Where the amount paid for the rental of the land and buildings used by the charity is below the commercial rate, a donation is included in income for the difference between the commercial rate and the amount actually paid by the charity.

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

1. Accounting policies (continued)

Incoming resources (continued)

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

Resources expended

Resources expended are recognised in the year in which they are incurred.

Charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes grants made to projects, costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant expenditure is included based on the date that individual projects' expenditure has been incurred, rather than the date that the grants are defrayed to the projects.

Governance costs included those costs associated with meeting constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource, and include irrecoverable VAT.

Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of the resources.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Leasehold buildings	straight line over the life of the lease
Leasehold property improvements	4% straight line
Plant and machinery	33%/20% and 10% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Fixed assets costing less than £500 are not capitalised.

Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss if any.

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the estimated future cash flows are discounted to their present value using a pre-tax discount rate that reflects current market assessments of the time value of money and the risks specific to the asset for which the estimates of future cash flows have not been adjusted.

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

1. Accounting policies (continued)

Impairment of fixed assets (Continued)

If the recoverable amount of an asset is estimated to be less than its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. An impairment loss is recognised immediately in income/(expenditure) for the year, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease.

Recognised impairment losses are reversed if, and only if, the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset in prior years. A reversal of an impairment loss is recognised immediately, unless the relevant asset is carried in at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

Leasing and hire purchase commitments

Rentals payable under operating leases are charged against income on a straight line basis over the period of the lease.

Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

Basis of consolidation

The financial statements consolidate the accounts of Netherthorpe and Upperthorpe Community Alliance and its controlled undertaking, Upperthorpe & Netherthorpe Healthy Living Centre Trust.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowing in current liabilities.

Employee benefits`

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities. Where shares are issued, any component that creates a financial liability of the company is presented as a liability in the balance sheet. The corresponding dividends relating to the liability component are charged as interest expense in the statement of comprehensive income.

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

1. Accounting policies (continued)

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. There are no judgements or estimates which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities.

2. Donations and Gifts

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
Donations and gifts	496	496	1,274	1,274
Government Coronavirus Scheme	-	-	3,338	3,338
Donated goods and services	-	-	75,000	75,000
	<u>496</u>	<u>496</u>	<u>79,612</u>	<u>79,612</u>
Analysis by fund				
Unrestricted fund	496	496	79,438	79,438
Restricted fund	-	-	174	174
	<u>496</u>	<u>496</u>	<u>79,612</u>	<u>79,612</u>

3. Charitable Activities

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
Sales within charitable activities	463,631	463,631	281,754	281,754
Services provided	1,662,981	1,662,981	2,082,354	2,080,839
	<u>2,126,612</u>	<u>2,126,612</u>	<u>2,364,108</u>	<u>2,362,593</u>
Analysis by fund				
Unrestricted fund	912,825	912,825	775,555	775,555
Restricted fund	1,213,787	1,213,787	1,588,553	1,587,038
	<u>2,126,612</u>	<u>2,126,612</u>	<u>2,364,108</u>	<u>2,362,593</u>

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

3. Charitable Activities (continued)

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
VAS – People Keeping Well – Early Years Volunteers	-	-	7,840	7,840
SCC – Empowering Parents Empowering Communities	20,000	20,000	37,500	37,500
SCC – FACES (Family Adult Community Education Service)	-	-	24,256	24,256
SCC - ESF 2020/2021	-	-	69,826	69,826
SCC - Behavioural Change	(743)	(743)	16,878	16,878
SCC – Tobacco Control Related Education	50,000	50,000	93,600	93,600
SCC – Mental Health	-	-	28,444	28,444
SCC – Live Lighter	295,040	295,040	290,000	290,000
SCC – Live Lighter Extension	115,820	115,820	347,456	347,456
SCC – Community Wellbeing Programme	103,006	103,006	98,506	98,506
VAS - Healthy Holidays 2020	-	-	118,064	118,064
SCC – Social Prescribing	29,349	29,349	78,000	78,000
SCC – Winn Gardens	6,000	6,000	-	-
SCC – Economic Resilience Fund	-	-	23,893	23,893
SCC – Children and Families Mentoring	-	-	163,655	163,655
SCC – Dementia	43,000	43,000	34,000	34,000
HAF – Winter	16,653	16,653	33,827	33,827
HAF – Easter	19,435	19,435	-	-
HAF – Half term	7,613	7,613	-	-
HAF - Summer	83,414	83,414	-	-
HAF – Coordinator	52,938	52,938	39,103	39,103
SCC – Upperthorpe Library	25,000	25,000	25,000	25,000
NHS – CCG 3 Tier	-	-	35,000	35,000
SCC – Kickstart	-	-	21,441	21,441
SCC – People Keeping Well Extension	-	-	10,000	10,000
Other small contracts	52,062	52,062	48,101	48,101
UHLIC Service Level Agreement	80,000	80,000	80,000	78,485
SCC - Covid Support	-	-	123,500	123,500
SCC – Restart	-	-	18,000	18,000
The National Lottery Community Fund - This Community Can	128,475	128,475	102,922	102,922
BBC Children in Need 2019	49,384	49,384	61,067	61,067
SCC - Capital Receipts	48,161	48,161	26,000	26,000
SCC - This Girl Can	-	-	5,000	5,000
Other small grants	16,879	16,879	21,475	21,475
Voluntary Action	10,000	10,000	-	-
ERF Walkley	124,847	124,847	-	-
Carried forward	1,376,333	1,376,333	2,082,355	2,080,839

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

3. Charitable Activities (continued)

Brought forward	1,376,333	1,376,333	2,082,355	2,080,839
SCC - Anxiety and Depression Educational Programme	30,065	30,065	-	-
Jubilation income	10,000	10,000	-	-
Pathways to Success	23,909	23,909	-	-
Resilient Communities	50,000	50,000	-	-
SSC - Social Accountability	10,192	10,192	-	-
CCG – Mental Health	23,898	23,898	-	-
Parents & Carers	41,616	41,616	-	-
SCC - Universal Youth	59,976	59,976	-	-
PKW Early Years	10,976	10,976	-	-
SCC - CIL	26,016	26,016	-	-
Total services provided	1,662,981	1,662,981	2,082,355	2,080,839

4. Other trading activities

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
Non-charitable trading activities	432	432	14,814	14,814
	432	432	14,814	14,814

5. Investments

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
Rental income	41,643	41,643	45,897	45,897
Interest receivable	847	847	97	97
	42,490	42,490	45,994	45,994

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

6. Expenditure on charitable activities

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
Staff costs	1,337,606	1,337,606	1,362,711	1,362,711
Depreciation and impairment	175,869	80,099	169,786	74,016
Training and recruitment	5,237	5,237	10,011	10,011
Rent, rates, insurance and utilities	248,496	248,496	239,055	239,055
Printing, postage and stationery	8,792	8,792	9,303	9,303
Repairs and renewals	83,324	83,324	66,132	66,132
Travel and volunteer expenses	7,753	7,753	13,967	13,967
Community activities	185,667	185,667	145,382	145,382
Management and outcome fees	-	-	4,911	4,911
Cleaning and security costs	30,463	30,463	26,368	26,368
Subscriptions	7,551	7,551	6,260	6,260
Equipment hire	12,497	12,497	20,317	20,317
Advertising and publicity	24,913	24,913	19,483	19,483
Legal, professional and consultancy fees	27,979	29,419	18,193	16,753
General expenses	72,066	71,973	35,186	35,111
	<u>2,228,213</u>	<u>2,133,790</u>	<u>2,147,065</u>	<u>2,049,780</u>
Grant funding of activities (see note 7)	126,455	126,455	167,669	167,669
Share of governance costs (see note 8)	15,456	15,456	11,570	11,570
	<u>2,370,124</u>	<u>2,275,701</u>	<u>2,326,304</u>	<u>2,229,019</u>
Analysis by fund				
Unrestricted funds	1,001,344	987,313	1,083,669	1,068,219
Restricted funds	1,368,780	1,288,388	1,242,635	1,160,800
	<u>2,370,124</u>	<u>2,275,701</u>	<u>2,326,304</u>	<u>2,229,019</u>

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

7. Grants payable

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
Al-Khaimah Restaurant	1,000	1,000	-	-
The African Women's Health Group	6,905	6,905	6,605	6,605
Aspiring Community Together Ltd	6,000	6,000	14,000	14,000
Disability Sheffield	3,000	3,000	7,000	7,000
Firvale Community Hub	6,000	6,000	14,000	14,000
ISRAAC Somali Community Association	5,340	5,340	12,460	12,460
Manor & Castle Dev Trust Ltd	3,938	3,938	9,188	9,188
Roshni Sheffield Women's Resource Centre	6,000	6,000	14,000	14,000
Sheffield & District African Caribbean Community Association	5,400	5,400	12,600	12,600
Sheffield Mencap & Gateway	7,500	7,500	17,500	17,500
Sheffield Mind	-	-	10,000	10,000
Sheffield Wednesday FC Community Programme	9,166	9,166	13,188	13,188
ShipShape Health & Wellbeing Ltd	11,940	11,940	7,960	7,960
Shutter Arkwork & Sign Work	10,065	10,065	-	-
SOAR Community (BP)	6,000	6,000	14,000	14,000
St John's, Owlerton	1,618	1,618	-	-
Stocksbridge Community Leisure Centre	4,500	4,500	13,500	13,500
Telecoms Project	9,539	9,539	-	-
Wedoliver.com Limited	1,000	1,000	-	-
Other small grants	18,614	18,614	-	-
	123,525	123,525	166,001	166,001
Grants to individuals	2,930	2,930	1,668	1,668
	126,455	126,455	167,669	167,669

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

8. Support costs

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
Governance costs				
Audit fee	12,000	12,000	8,471	8,471
Legal and professional	3,456	3,456	3,099	3,099
	<u>15,456</u>	<u>15,456</u>	<u>11,570</u>	<u>11,570</u>

9. Net income for the year

	2023 £	2022 £
This is stated after charging:		
Depreciation	175,869	169,786
Fees payable to the Charity's auditors in respect of:		
The audit of the Charity's annual accounts	10,000	8,471
All non-audit services not included above	2,000	5,176

10. Staff costs and trustee remuneration

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
Wages and salaries	1,195,988	1,195,988	1,234,530	1,234,530
Social security costs	94,245	94,245	80,362	80,362
Pension costs	47,373	47,373	47,819	47,819
	<u>1,337,606</u>	<u>1,337,606</u>	<u>1,362,711</u>	<u>1,362,711</u>

	2023 Group	2023 Charity	2022 Group	2022 Charity
Management and administration	12	12	14	14
Service delivery – contracted	52	52	51	51
Service delivery - casual	11	11	21	21
	<u>75</u>	<u>75</u>	<u>86</u>	<u>86</u>

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

10. Staff costs and trustee remuneration (continued)

No employees received remuneration amounting to more than £60,000 in the year (2022: none).

During the year, no trustees received any remuneration or other benefits (2022: Nil). No (2022: Nil) trustee expenses have been reimbursed during the year.

The total amount of employee benefits received by key management personnel is £184,363 (2022: £57,206). The key management personnel of the charity comprise the trustees and the Senior Management Team, which at the year end comprises the five (2022: two) staff members listed below.

Chief Executive Officer
Finance Manager
Health Service Manager
Employment and Skill Service Manager
Communities Manager

11. Tangible fixed assets

Group	Leasehold buildings £	Improvements To Leasehold Property £	Fixtures, Fittings And Equipment £	Total £
Cost				
At 1 April 2022	2,563,404	961,853	556,737	4,081,994
Additions	-	9,750	85,379	95,129
Disposals	-	-	(5,742)	(5,742)
At 31 March 2023	2,563,404	971,603	636,374	4,171,381
Depreciation				
At 1 April 2022	1,607,752	540,834	500,307	2,648,893
Charge for the year	95,770	38,863	41,236	175,869
Eliminated on disposal	-	-	(1,622)	(1,622)
At 31 March 2023	1,703,522	579,697	539,921	2,823,140
Net book value				
At 31 March 2023	859,882	391,906	96,453	1,348,241
At 31 March 2022	955,652	421,019	56,430	1,433,101

The leasehold property owned by the subsidiary charitable company is subject to a legal charge held by The Secretary of State for Health for £499,152.

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

11. Tangible fixed assets (continued)

Charity

	Improvements To Leasehold Property £	Fixtures, Fittings And Equipment £	Total £
Cost			
At 1 April 2022	961,853	451,108	1,412,961
Additions	9,750	85,379	95,129
Disposals	-	(5,742)	(5,742)
At 31 March 2023	971,603	530,745	1,502,348
Depreciation			
At 1 April 2022	540,834	394,679	935,513
Charge for the year	38,863	41,236	80,099
Eliminated on disposal	-	(1,622)	(1,622)
At 31 March 2023	579,697	434,293	1,013,990
Net book value			
At 31 March 2023	391,906	96,452	488,358
At 31 March 2022	421,019	56,429	477,448

12. Subsidiary

The trustees of Netherthorpe and Upperthorpe Community Alliance control Upperthorpe and Netherthorpe Healthy Living Centre Trust. Therefore, they are in a position to govern the financial and operating policies of Upperthorpe and Netherthorpe Healthy Living Centre Trust in order to obtain benefits from its activities.

Name	Company number	Registered office	Class of share	Holding
Upperthorpe & Netherthorpe Healthy Living Centre Trust	04258284	18 Upperthorpe Sheffield South Yorkshire S6 3NA	N/A	N/A

The financial results of the subsidiary for the year were:

Income £	Expenditure £	Deficit for the year £	Net assets £
80,000	174,423	(94,423)	862,270

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

13. Debtors

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
Trade debtors	103,424	103,424	281,023	281,023
Amounts owed by group undertakings	-	-	-	275
Other debtors	9,066	9,930	3	3
Prepayments and accrued income	15,251	15,251	15,008	15,008
	<u>127,741</u>	<u>128,605</u>	<u>296,034</u>	<u>296,309</u>

14. Creditors: Amounts falling due within one year

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
Trade creditors	28,124	28,124	77,226	77,226
Other taxation and social security	-	-	49,631	49,631
Other creditors	6,921	6,921	8,735	8,735
Accruals	39,274	39,274	51,175	49,735
Deferred income	5,125	5,125	4,386	4,386
	<u>79,444</u>	<u>79,444</u>	<u>191,153</u>	<u>189,713</u>

15. Deferred income

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
At 1 April	4,386	4,386	1,951	1,951
Utilised brought forward	(4,386)	(4,386)	(1,951)	(1,951)
Income deferred in the year	<u>5,125</u>	<u>5,125</u>	<u>4,386</u>	<u>4,386</u>
At 31 March	<u>5,125</u>	<u>5,125</u>	<u>4,386</u>	<u>4,386</u>

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

16. Restricted funds 2023	Balance at 31 March 2022 £	Incoming resources £	Resources expensed £	Transfer £	Balance at 31 March 2023 £
Charity					
SCC – CIL Walkley Ward	1,008	-	(1,445)	-	(437)
SCC – Covid support	22,500	-	(22,500)	-	-
SCC – Crookesmoor Litter Picking	672	-	(672)	-	-
SCC – ESF	-	9,996	(9,996)	-	-
SCC – Walking for Purpose	1,000	-	(1,000)	-	-
SCC – Healthy Communities Programme	9,494	66,115	(61,902)	-	13,707
ZEST fundraising	499	74	-	-	573
Empowering Communities Alliance of Sport - Level the Playing Field	13,345	27,500	(35,342)	-	5,503
Tesco Jacks	3,548	-	-	-	3,548
Tesco Fit and Fab	263	-	(262)	-	1
Zest for Work	1,000	-	(1,000)	-	-
SCC – Clean Up	-	2,443	(2,443)	-	-
SCC – ERF	500	-	(500)	-	-
SCC – Kickstart	14,327	124,847	(112,556)	-	26,618
SCC – Winn Gardens	3,172	-	(3,172)	-	-
SCC – Device Loan Scheme	10,716	46,217	(56,933)	-	-
Sheffield Bluecoat Foundation	3,500	2,000	(2,997)	-	2,503
SCC - Dementia ITT (Hillsborough)	811	-	(811)	-	-
Donations - Library Fundraising	10,293	21,501	(25,712)	-	6,082
SCC – Children and Family Mentoring	6,976	2,353	(2,470)	-	6,859
SCC – Dementia Upperthorpe	102,199	-	(102,199)	-	-
SCC – YP Befriending	13,307	21,500	(28,724)	-	6,083
SCC – Healthy Holidays 2021	7,354	-	(7,354)	-	-
SCC – FACES (Family Adult Community Education Service)	9,310	-	(9,310)	-	-
BBC Children in Need National Lottery	10,193	7,487	(17,680)	-	-
Community Fund - This Community Can	22,124	49,383	(46,794)	-	24,713
NHS – City SP 2021	31,281	128,476	(56,371)	-	103,386
SCC – Social Prescribing	3,574	28,000	(31,574)	-	-
	-	3,682	(2,898)	-	784
Carried forward	302,966	541,574	(644,617)	-	199,923

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

16. Restricted funds (continued)

	Balance at 31 March 2022 £	Incoming resources £	Resources expensed £	Transfer £	Balance at 31 March 2023 £
Brought forward	302,966	541,574	(644,617)	-	199,923
SCC – HAF Winter	4,113	16,654	(20,766)	-	1
SCC – HAF Easter	-	19,436	(27,968)	-	(8,532)
SCC – HAF Summer	-	83,414	(83,414)	-	-
SCC – HAF Half-Term	-	7,613	(6,643)	-	970
SCC – HAF Capital	3,128	-	-	-	3,128
SCC – HAF Coordinator	39,103	52,938	(49,766)	-	42,275
SCC – People Keeping Well Extension	9,586	-	(9,586)	-	-
SCC – This Girl Can	5,420	-	(222)	-	5,198
SCC – Community Champions	5,000	15,250	(18,447)	-	1,803
SCC – Tobacco	20,573	55,006	(75,579)	-	-
SCC – Live Lighter Extension	72,974	115,820	(118,741)	-	70,053
NHS – CCG Urgent Care	5,000	-	(5,000)	-	-
NHS – CCG 3 Tier	35,000	-	(5,072)	-	29,928
NHS – Student Mental Health	12,588	23,696	(17,762)	-	18,522
Sport England - Leading The Way	8,177	583	(1,800)	-	6,960
SCC – Anxiety and Depression Educational Programme	-	30,065	(30,065)	-	-
Parents and carers	-	41,616	(41,616)	-	-
Universal Small	-	23,909	(23,909)	-	-
Here for you	-	1,000	(1,000)	-	-
Multiply	-	1,400	-	-	1,400
Small grants	-	-	(1,562)	-	(1,562)
Resilient Communities	-	50,000	(47,536)	-	2,464
PWK Early years	-	10,976	(10,975)	-	1
Jubilation	-	9,626	(9,626)	-	-
Roots & Futures	-	500	(500)	-	-
Youth Winn	-	6,000	(5,589)	-	411
Childrens University	-	380	(380)	-	-
TCC Ward Pot	-	1,642	(416)	-	1,226
North LAC Youth	-	2,999	-	-	2,999
Community Development LAC	-	8,500	-	-	8,500
SCC – CIL	-	26,016	(26,016)	-	-
New Base	-	4,198	(3,815)	-	383
Walkley TAP ERF	-	3,000	-	-	3,000
SCC – Universal Health	-	59,976	-	-	59,976
Total Charity restricted funds	523,628	1,213,787	(1,288,388)	-	449,027

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

16. Restricted funds (continued)

	Balance at 31 March 2022 £	Incoming resources £	Resources expensed £	Transfer £	Balance at 31 March 2023 £
Subsidiary					
The Building Complex Fund	597,752	-	(59,776)	-	537,976
Zest Improvement Fund	192,618	-	(20,616)	-	172,002
Total Subsidiary restricted funds	790,370	-	(80,392)	-	709,978
Total restricted funds	1,313,998	1,213,787	(1,368,780)	-	1,159,005

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

16. Restricted funds (continued) 2022	Balance at 31 March 2021 £	Incoming resources £	Resources expensed £	Transfer £	Balance at 31 March 2022 £
Charity					
UHLC core building, pool and gym	-	78,485	(78,485)	-	-
UHLC Library	-	25,000	(25,000)	-	-
SCC – CIL Walkley Ward	-	2,214	(1,194)	(12)	1,008
SCC – Covid support	-	22,500	-	-	22,500
SCC – Crookesmoor Litter Picking	-	672	-	-	672
SCC – ESF 2020/2021	-	44,833	(41,477)	(3,356)	-
SCC – Mental Health 2020/2021	4,384	8,664	(7,266)	(5,782)	-
SCC – Walking for Purpose	6,531	-	(5,154)	(377)	1,000
SCC – Healthy Communities Programme	6,609	52,289	(43,162)	(6,242)	9,494
ZEST fundraising					
SCC – FACES (Family Adult	455	44	-	-	499
Community Education Service)	1,810	7,451	(5,520)	(3,741)	-
SCC - Behavioural Change	-	17,108	(12,397)	(4,711)	-
UKRI					
SCC – Empowering Parents	-	1,878	(1,399)	(479)	-
Empowering Communities	3,372	37,500	(23,668)	(3,859)	13,345
VAS – Healthy Holidays 2020	20,096	-	(19,300)	(796)	-
Alliance of Sport - Level the Playing Field	3,548	-	-	-	3,548
Tesco Jacks	500	-	(237)	-	263
Tesco Fit and Fab	1,166	-	(166)	-	1,000
Zest for Work	-	1,601	(1,601)	-	-
SCC – Clean Up	500	-	-	-	500
SCC – ERF	-	23,893	(9,578)	12	14,327
SCC Kickstart	-	21,750	(18,578)	-	3,172
SCC – Winn Gardens	17,204	46,217	(48,662)	(4,043)	10,716
SCC – Social Prescribing (Hillsborough)	5,684	25,000	(27,914)	(2,770)	-
SCC – Device Loan Scheme	-	3,500	-	-	3,500
SCC – PKW Healthy Holidays	-	9,556	(9,138)	(418)	-
Sheffield Bluecoat Foundation	-	1,311	(500)	-	811
Carried forward	71,859	431,466	(380,396)	(36,574)	86,355

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

16. Restricted funds (continued)

	Balance at 31 March 2021 £	Incoming resources £	Resources expensed £	Transfer £	Balance at 31 March 2022 £
Brought forward	71,859	431,466	(380,396)	(36,574)	86,355
SCC - Dementia ITT (Hillsborough)	9,675	15,000	(12,132)	(2,250)	10,293
Donations - Library Fundraising	5,502	1,657	(183)	-	6,976
SCC – Children and Family Mentoring	-	163,655	(47,512)	(13,944)	102,199
SCC - Dementia Upperthorpe	8,856	19,000	(12,593)	(1,956)	13,307
SCC – YP Befriending	-	8,572	(896)	(322)	7,354
SCC – Healthy Holidays 2021	-	118,064	(108,466)	(288)	9,310
SCC – TAP	-	1,000	(787)	(213)	-
Community Education Service) 2019/20	851	16,805	(9,273)	1,810	10,193
SCC - Mental Health – Anxiety and depression	3,455	-	(3,455)	-	-
SCC – Recovery Pathwa	-	6,769	(6,769)	-	-
SCC – People Keeping Well - Early Years Volunteers	2,693	7,840	(9,591)	(942)	-
BBC Children in Need 2019	13,510	61,067	(51,853)	(600)	22,124
SCC – LAC Consultation	-	1,000	(1,000)	-	-
SCC – HAF Winter	-	33,827	(29,233)	(481)	4,113
SCC – HAF Capital	-	3,500	(372)	-	3,128
SCC – HAF Coordinator	-	39,103	-	-	39,103
SCC – HAF Easter	-	1,881	(1,881)	-	-
National Lottery Community Fund - This Community Can	43,261	102,922	(104,359)	(10,543)	31,281
NHS – West 5 Care	1,705	-	(1,705)	-	-
NHS – City SP 2021	-	28,000	(24,426)	-	3,574
SCC – Social Prescribing	-	25,000	(22,230)	(2,770)	-
SCC – People Keeping Well Extension	-	10,000	(414)	-	9,586
SCC – This Girl Can	5,229	5,000	(3,725)	(1,084)	5,420
SCC – Community Champions	-	5,000	-	-	5,000
SCC – Tobacco	-	93,600	(61,581)	(11,446)	20,573
SCC – Live Lighter Extension	-	347,456	(247,874)	(26,608)	72,974
Carried forward	166,596	1,547,184	(1,142,706)	(108,211)	462,863

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

16. Restricted funds (continued)

	Balance at 31 March 2021 £	Incoming resources £	Resources expensed £	Transfer £	Balance at 31 March 2022 £
Brought forward	166,596	1,547,184	(1,142,706)	(108,211)	462,863
NHS – CCG Urgent Care	-	5,000	-	-	5,000
NHS – CCG 3 Tier	-	35,000	-	-	35,000
NHS - Student Mental Health	32,852	-	(16,243)	(4,021)	12,588
Sport England - Leading The Way	10,000	28	(1,851)	-	8,177
Total Charity restricted funds	209,448	1,587,212	(1,160,800)	(112,232)	523,628
Subsidiary					
The Building Complex Fund	657,528	-	(59,776)	-	597,752
Zest Improvement Fund	214,677	-	(22,059)	-	192,618
Core Management Admin and Finance	-	1,515	-	(1,515)	-
Total Subsidiary restricted funds	790,370	1,515	(81,835)	(1,515)	790,370
Total restricted funds	1,081,653	1,588,727	(1,242,635)	(113,747)	1,313,998

The Upperthorpe Healthy Living Centre (UHLC) Core Building supports the Healthy Living Centre's core staff team and operational costs relating to the building and its key services.

SIB - Power to Change - An emergency COVID19 grant to support community businesses. The grant was used to bridge the trading income gap from temporary closure of the Zest Centre, funding core management and premises running costs.

SCC - CIL - Walkley Ward - Funding from the Local Community Infrastructure Levy Pot. The funding provided for replacement of the flat roof area of the Zest Centre, in line with an independently commissioned building condition report and risk assessment.

National Lottery Fund - COVID19 Response - Grant funding to reduce the impact of COVID19 to support the continued running of the organisation, development of COVID19 response services, for example telephone support to vulnerable residents, home deliveries of essential items, participation in the city wide third sector COVID19 response hub.

SCC - Community COVID Response Fund - Funding to support local organisations to support their local community by helping provide funding to coordinate and deliver COVID19 vaccination awareness sessions focussed on the local ethnic minority community.

UHLC Library - A staff supported, volunteer led community library, offering book loans, computer use, IT skills support, reading groups and children's groups - all free of charge.

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

16. Restricted funds (continued)

SCC COVID Support - A Sheffield City Council grant to help with the running costs of the Zest Centre through the COVID affected period.

SCC - Crookesmoor Litter Picking - A small grant given to help clean up the Crookesmoor area of Sheffield.

SCC - Walking for Purpose - A grant given to create groups for the purpose of becoming healthy through walking.

SCC - YP Befriending - This service offers trained youth workers one to one befrienders for children who access Sheffield's special needs inclusion playcare service.

SCC - ESF 2020/2021 - The focus of this project is to fund a lead keyworker who will provide a quality employment support service for its ESF Pathways project. Lead keyworkers offer advice, guidance and support to a number of out of work individuals recruited to the programme and relevant employability options.

SCC - Healthy Communities Programme - Commissioned under the SCC People keeping Well Framework to create joined up, local approach so that people can be supported better within their own communities. This programme provides neighbourhood-based support for patients at risk of declining health and wellbeing.

ZEST fundraising is funding raised through private donations, event and other activities. Monies raised are used to fund activities and services which we would be unable to fund otherwise including youth, community and library activities and services.

SCC - FACES – There are two parts to this contract, all funded by the Sheffield City Council Lifelong Learning Department. We employ a learning champion who engages with people in the community, attending outreach such as libraries and children's centres as well as the faith organisations. To help individuals get into learning such as basic maths, English and IT, vocational training i.e. CSCS, forklift driver training, catering or further education.

The second part of the contract is to deliver training courses, we took over the management of tutors delivering in the Stocksbridge area. The tutors deliver craft courses and IT and more recently Zest have delivered Art & Wellbeing and (M.O.T) Motivational Organisational and Transformational course.

SCC - Behavioural Change - The aim of this programme is to re-engage clients with employability services, with the ultimate aim of entering sustained employment. The funding covers the cost of delivering the Zest for Life Behaviour Change Course. It is for people who are furthest from the job market, facing barriers to employment.

SCC - Device Loan Scheme - A scheme which loans tablets, laptops and Sim cards to people who are experiencing poverty and are digitally excluded. These devices are for the specific purposes of completing training and seeking employment.

Sheffield Bluecoat Foundation - A small fund aimed at people up to the age of 25 who live within 20 miles of Sheffield Town Hall, to deliver activities with a variety of purposes: education, study of music and other arts.

SCC - Children and Family Mentoring - We recruit, train and support volunteers to act as mentors to young people who are vulnerable, at risk of exclusion from school, or offending, or antisocial behaviour.

UHLC Library - A staff supported, volunteer led community library, offering book loans, computer use, IT skills support, reading groups and children's groups - all free of charge.

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

16. Restricted funds (continued)

SCC COVID Support - A Sheffield City Council grant to help with the running costs of the Zest Centre through the COVID affected period.

SCC - Crookesmoor Litter Picking - A small grant given to help clean up the Crookesmoor area of Sheffield.

SCC - Walking for Purpose - A grant given to create groups for the purpose of becoming healthy through walking.

SCC - YP Befriending - This service offers trained youth workers one to one befrienders for children who access Sheffield's special needs inclusion playcare service.

SCC - ESF 2020/2021 - The focus of this project is to fund a lead keyworker who will provide a quality employment support service for its ESF Pathways project. Lead keyworkers offer advice, guidance and support to a number of out of work individuals recruited to the programme and relevant employability options.

SCC - Clean Up - Sheffield City Council have been provided with a Clean Up Grant from the government centred on providing funding to clean up and improve our local high streets and shopping centres. Zest allocated £2,000 per community clean up area (Upperthorpe, Walkley, Hillsborough and Sharrow) plus £2,000 which will be spent on costs to administer and coordinate the activities/grants and on reporting. Funds will be distributed to local forums to fund local consultation, volunteer litter picking, planting and flower displays, related equipment, plus a new gate for a multi sports area in Winn Gardens.

SCC - LAC Consultation - This project uses Zest's links within the community to gather and share information to inform Sheffield Council's new Local Area Committee system.

SCC - HAF projects - All HAF projects are, collectively, a project which provides food and activity throughout the school holidays for children who are in receipt of free school meals.

SCC - Community Champions - This project recruits, trains and supports volunteers to have conversations within their community which are fed back into Sheffield Council to inform the development of public services.

SCC - Tobacco - A citywide stop smoking service for children and young people. The service provided support and information to help children and young people stop smoking and also provided training to organisations supporting young people.

SCC - Social Prescribing NUL and Hillsborough - This contract with Sheffield City Council is to deliver a social prescribing service through the People Keeping Well Partnership. Social prescribing is a way of GP's (and other health professionals) referring individuals with social, emotional and practical needs to non-medical services, for example to the range of health, wellbeing and practical support that we have at Zest. We deliver this service by employing a Health Link Worker to support individuals to access services.

SCC - Winn Gardens - This funds a part time health trainer and a part time community development worker who are employed by St. John the Baptist Church. Zest works in partnership with St. John's to deliver a range of activities, support and groups to residents on Winn Gardens to improve their health and wellbeing and increase community cohesion.

SCC BME Older People - This grant funding enables Zest to engage older, BME women in activities to improve their health literacy. For example, last year we engaged 15 women in social groups/activities, health walks, weight management programmes and English lessons.

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

16. Restricted funds (continued)

SCC - Dementia (Hillsborough and Upperthorpe) - To create and develop dementia-friendly communities, where the needs of people living with dementia and their carers are understood by other citizens and organisations. Providing people with access to good quality information, advice and guidance, creating more dementia-friendly activities and groups and providing training and support to staff, volunteers and communities on dementia.

Library fundraising - This fund comprises money raised by volunteers to help with the running of the library in the centre.

SCC Capital Receipts - Money was received from Sheffield City Council's capital receipts for money ring fenced for Zest Centre building improvements. The funding paid for replacement and installation of the swimming pool boilers, heat plate and related pipe-works.

SCC- People Keeping Well Early Years Volunteers - This project provides volunteer coordination and support to family centres around Sheffield, providing the centres with volunteer support for their early years groups. The funding pays for the support of 5 volunteers, who run groups across Sheffield City Council Locality G.

SCC - Live Lighter Extension - An extension of the citywide weight management service which enabled us to partner with other community organisations and reach a wider, more diverse range of individuals with our 12 week weight management service.

VAS - Healthy Holiday Community Fund - The project provided healthy meals to families in Upperthorpe, Netherthorpe and Langsett, alongside family activities, aimed at families who are in receipt of free school meals and would otherwise have struggled to cover the cost of food through the school holidays.

BBC Children in Need 2019 - A project centred on improving the lives of local young people aged 11 to 18 experiencing deprivation. Structured youth club sessions will be delivered with a specific emphasis on improving self confidence and resilience, giving them improved life skills and stronger voice and making them feel safer in their community.

BBC Children in Need Booster grant - The booster grant was part of BBC Children in Need's response to supporting organisations during the COVID19 situation. Its purpose is to help Zest reach and meet the needs of the children and young people we work with.

National Lottery Community Fund - This Community Can - Developed in response to needs identified by communities living in the inner city areas of Sheffield, where levels of poverty, vulnerability and isolation are concentrated and where people are not readily accessing existing services, including those provided by Zest. The project builds connections and relationships in and across communities and enhances the capability of local residents to influence positive change where they live, using volunteers to build community through positive activities.

NHS - CCG 3 Tier - A contract to assess people on a waiting list for bariatric surgery.

SCC - Kickstart - A programme set up with the intention of helping young people get into work and employment.

SCC - TAP - This was funding to produce an online or other such directory to promote business in the Walkley area of Sheffield.

SCC - ERF - This was post COVID funding to build local communities and encourage people to shop locally.

SCC - COVID19 - This was response funding to enable Zest to react and support our local communities through lockdown and beyond. This funding contributes to core costs and will help us to shape our COVID response, for example, increased IAG support and specific community campaigns.

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

16. Restricted funds (continued)

NHS - City Centre GP's - To work in partnership with GP surgeries to support the development of the network and provide mental health key worker support for patients.

NHS - West 5 Care - To provide a health trainer to the GP Neighbourhood network, to deliver healthy lifestyle interventions and support for patients.

NHS - City SP 2021 - To provide a social prescribing link worker to the GP Neighbourhood network, to support patients access a range of community based services.

SCC - People Keeping Well Extension - This is a £10,000 per annum grant to deliver the Resilient Communities agenda in the West Sheffield neighbourhoods and as part of the whole People Keeping Well programme. Our objectives are around developing the capacity and capability of local community health organisation through improved resourcing and networking.

SCC - This Girl Can - To deliver physical activity opportunities and encourage more women to become physically active. Used to fund a member of staff to deliver physical activity classes and was also used to buy trainers to run Couch to 5K courses and online classes.

University of Sheffield UKRI - A community research project, in partnership with the University of Sheffield, looking at local people and how they connect with their heritage. Ultimately this research will lead to an exhibition of memories and photos of the local area. Zest provide staff support and links in to the community for the researchers.

VAS - Healthy Holidays 2020 - A project which provides support with the cost of food and activities in the holidays for children who are on free school meals. The project delivered food parcels, recipe kits, activity pack and offered face to face and online activities for children along the upper Don corridor.

Tesco Jacks - A project to provide positive physical activities for children and young people with the aim of them gaining social responsibilities and creating connections with their local community. (This project was delayed due to COVID).

Tesco's Fit and Fab - Funding to provide activities for children during the school holidays alongside packed lunches. (This project was delayed due to COVID).

NHS - Student Mental Health - This project is funded from the Sheffield Mental Health Transformation Fund. We are contracted by Sheffield CCG but report to Sheffield MIND. The objectives are around supporting Sheffield 18+ students to manage their mental health. It funds one part time mental health and wellbeing coach who carries a case load and also delivers training and group work.

Sport England - Leading the Way - This project is aimed at encouraging more people from BAME communities into physical activity and particularly into coaching opportunities. Our objective is to recruit and train 25 ambassadors (volunteers) who will deliver physical activity groups or classes.

Core Management Admin and Finance Fund is funds awarded to pay for the costs of some of the Upperthorpe Health Living Centre's revenue costs with the majority paying for the management of the centre. Some of the funds were used to pay off part of the long-standing pension creditor, these funds have been transferred to unrestricted funds.

The Building Complex Fund is the fund where the various resources were applied to meet the costs associated with the lease, design and construction work to the buildings. Depreciation is charged to this fund.

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

16. Restricted funds (continued)

The Zest Improvement Fund was provided by the Social Enterprise Investment Fund and Sheffield City Council for improvements to the swimming pool roof. Depreciation is charged to this fund.

All funds are considered to have sufficient resources available to enable each fund to be applied in accordance with its restrictions.

17. Unrestricted funds	Group £	Charity £
Balance at 31 March 2021	885,310	705,052
Net movement in funds for the year	(167,868)	(152,418)
Transfer during the year	113,747	112,232
Balance at 31 March 2022	831,189	664,866
Net movement in funds for the year	(45,101)	(31,070)
Transfer during the year	-	-
Balance at 31 March 2023	786,088	633,796

18. Analysis of net assets between funds

Group - 2023	Unrestricted funds £	Restricted funds £	Total funds £
Tangible fixed assets	638,263	709,978	1,348,241
Current assets	227,269	449,027	676,296
Creditors due within one year	(79,444)	-	(79,444)
	786,088	1,159,005	1,945,093
Group - 2022	Unrestricted funds £	Restricted funds £	Total funds £
Tangible fixed assets	642,731	790,370	1,433,101
Current assets	379,611	523,628	903,239
Creditors due within one year	(191,153)	-	(191,153)
	831,189	1,313,998	2,145,187

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

18. Analysis of net assets between funds (continued)

Charity - 2023	Unrestricted funds £	Restricted funds £	Total funds £
Tangible fixed assets	488,358	-	488,358
Current assets	224,882	449,027	673,909
Creditors due within one year	(79,444)	-	(79,444)
	<u>633,796</u>	<u>449,027</u>	<u>1,082,823</u>
Charity - 2022	Unrestricted funds £	Restricted funds £	Total funds £
Tangible fixed assets	477,448	-	477,448
Current assets	377,131	523,628	900,759
Creditors due within one year	(189,713)	-	(189,713)
	<u>664,866</u>	<u>523,628</u>	<u>1,188,494</u>

19. Financial commitments

	2023 Group £	2023 Charity £	2022 Group £	2022 Charity £
As at 31 March the annual commitments under non-cancellable operating leases were as follows:-				
Due within 1 year	4,050	4,050	5,762	5,762
Due within 2 to 5 years	4,050	4,050	19,787	19,787
Due within more than 5 years	6,693	6,693	-	-
	<u>14,793</u>	<u>14,793</u>	<u>25,549</u>	<u>25,549</u>

As at 31 March 2023 the company and the Group had capital commitments of £nil (2022: £nil).

Netherthorpe and Upperthorpe Community Alliance

Notes on Accounts (continued)

Year Ended 31 March 2023

20. Reconciliation of consolidated net incoming resources to net cash flow from operating activities

	2023 Group £	2022 Group £
Net (outgoing)/ incoming resources	(200,094)	178,224
Interest received	(847)	(97)
Depreciation	175,869	169,786
Loss on disposal	4,120	-
Decrease/(increase) in debtors	168,293	(223,566)
(Decrease)/Increase in creditors	(111,709)	71,137
Net cash inflow from operating activities	35,632	195,434

21. Pension commitments

The group operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the group to the fund and amounted to £47,373 (2022: £47,819). There were no outstanding contributions payable to the fund at the reporting date.

22. Analysis of net debt

	1 April 2022 £	Cash flow £	Non-cash Movements £	31 March 2023 £
Cash at the bank and in hand	607,205	(58,650)	-	548,555
	607,205	(58,650)	-	548,555

23. Related party transactions

Transactions with trustees are disclosed in note 10.

The financial results of Upperthorpe and Netherthorpe Healthy Living Centre Trust are disclosed in note 12 of these financial statements.

There were no other related party transactions in the year.

Accounts

CHARITY REGISTRATION NUMBER 1077083
COMPANY REGISTRATION NUMBER 3628231

**NETHERTHORPE AND UPPERTHORPE
COMMUNITY ALLIANCE**

GROUP ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2022

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	D S Thornett (Chair) A Abdulrub K Mudge J A S Grist L C Smith S Jones
Chief Executive Officer	M Dean
Secretary	S Markham
Charity number	1077083
Company number	3628231
Registered office	18 Upperthorpe Sheffield South Yorkshire S6 3NA
Auditors	UHY Hacker Young 6 Broadfield Court Broadfield Way Sheffield S8 0XF
Bankers	Unity Trust Bank plc Nine Brindleyplace Birmingham B1 2HB
Solicitors	Graysons with Watson Esam Solicitors 4 – 12 Paradise Square Sheffield S1 1TB Taylor Bracewell 17-23 Thorne Road Doncaster, DN1 2RP Bhayani HR and Employment Law 59 Shoreham Street Sheffield S1 4SB

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

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NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The object of the charity, which has the trading name of Zest, as defined in the memorandum and articles of association is:

The promotion for the benefit of the public of urban regeneration in areas of social and economic deprivation (and in particular in the Netherthorpe, Uppertorpe and Langsett areas of Sheffield).

Further details of the charity's objects are set out in the charity's memorandum and articles of association.

Zest's vision is: 'To enable everyone in our communities to lead healthy and successful lives'.

Zest's mission is:

- 1 To provide a healthy living centre delivering responsive services to tackle local inequalities, including:
 - a. Health and wellbeing
 - b. Employment and skills
 - c. Sport, leisure and recreation
- 2 To foster communities where everyone feels welcomed, valued and can fully participate in the life of the community.
- 3 To play an active role in supporting other disadvantaged communities in Sheffield.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. All the activities are undertaken to further the charity's charitable purposes for the public benefit.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

We have **four distinct values** that underpin our work and everything we do:

Personalised

To achieve the best personal outcomes we navigate individuals and families through a tailored journey of support that can involve accessing a range of joined up wellbeing support services provided and hosted by Zest.

Inclusive

We strive to keep our services and facilities affordable, physically and culturally accessible. We run a range of tailored sessions including women only and disability specific swim sessions, and host the only ramp access swimming pool in the city.

Asset based

We empower local people and address local need by identifying the strengths within our community.

Collaborative

We collaborate by default to develop innovative approaches and achieve the best outcomes for our local communities.

Achievements and performance

In the period from April 2021, Zest have been focussed on organisational recovery and reset, as we emerged from the Covid-19 pandemic. The pace and nature of this period of adaptation has varied, according to the nature of the service, but has been effectively led by our experienced and knowledgeable Trustees, staff and volunteers.

The reopening of the Zest Centre and Shipton Street hub has meant the welcome return of these much missed hives of support and activity as we sought to reconnect with the local community.

Centre reopening has also meant a welcome return to trading activity. Zest have stabilised its financial position, retaining its freely available reserves and a buoyant level of restricted grant and contract income to ensure effective continuity of services.

During 2021-22 Zest employed 69 contracted staff and was supported by a team of dedicated volunteers. We were also able to make the shift to become a Real Living Wage Foundation employer, ensuring enhanced terms for our lowest paid employees.

The Leadership Team have been focused on the following strategic priorities:

- Re-establishing a safe, accessible and responsive service and activity offer.
- Developing an Equity and Inclusion Action plan, to ensure Zest takes a pro-active approach to addressing local inequalities, beginning with staff engagement to enable improved understanding and awareness raising.
- Working with stakeholders to secure longer term capital funding in order to improve and develop the Zest Centre and Shipton Street.
- Working with voluntary sector partners to navigate the post pandemic commissioning landscape and ensuring that are well placed to sustain and build on the Zest service base.

At the time of writing, it is also clear, that as we emerge from one crisis, we are in the midst of responding to another. Unsustainable rises in the cost of living set against a fragile political and economic landscape, are starting to impact on every aspect of Zest's operation, and, on the community we serve. The current period is focussed on how we can respond collaboratively and effectively to navigate this crisis.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

The Zest Centre: Leisure & Library Service

This period marked the return of regular opening at the Zest Centre and the re-establishment of the leisure and library service base.

Library

A steady phased return, coordinated in close consultation with the Library Volunteers. Beginning with a click and collect service for online book requests, before opening for limited browsing. As the year progressed and vaccinations multiplied there was a return to normal browsing, though we kept to minimal contact. The last part of the service to return was the public computer suite. By November all of Library services were back open to the public. Though not yet back to pre-pandemic levels, borrowing numbers are on the rise, and the number of computer users is also climbing steadily.

Leisure – swimming and gym

This year has seen the welcome re-opening of our core leisure services. It hasn't been without its challenges as we face skills and labour shortages within the industry, but we are getting back on track. The leisure staff team can only be commended for the way they have adapted to keep services running.

There has been a major over haul and improvement of swimming website pages, online communications and promotional material in Zest reception and in pool changing room areas

In terms of key performance indicators:

- Swimming pool 23,289 sessions
- Swimming lesson attendance was 14,782 with 20,367 registrations
- 63% of all swimming sessions were lessons
 - 827 were parent and toddler sessions
 - 250 adult lesson sessions
 - 15% of which were attendances from Black, Asian and other Minority Ethnic Communities
 - 1,708 Women only sessions. 65% of which are from Black, Asian and other Minority Ethnic Communities
- Gym sessions 7,764 sessions
 - 53% (4,124) men
 - 47% (3,640) women
- Leisure membership: 462 Direct Debit members

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Looking ahead the service will aim to:

- Develop more targeted communications to increase membership. This will include social media alerts, website notifications and leaflet targeting to specific audiences such as students.
- Continued and improved use of digital communications to keep membership and social media followers informed of updates and with opportunities for consultation.
- Undertake a price review in light of cost of operating cost pressures.
- Invest in a new reception area.

Health & Wellbeing

Our Local Health Offer

"It's been life changing really. I've lost weight... I have a brighter outlook on life. I feel at less risk of heart problems, which I was really worried about, and feel healthier. I've started going to the gym too and learnt a lot about healthy eating options." Social Prescribing Client, NW, Crosspool

A busy service made up of a dedicated team of people who are passionate about supporting the local community with their health and wellbeing goals. As we come out of the pandemic, we are seeing the effects as a team in ourselves and our clients. We are acutely aware of how everyone has experienced increased difficulties during Covid 19 and how these have impacted health and wellbeing. We are very much looking forward to continuing to gently support our communities in taking the steps they would like to, to support their physical and mental health.

Local Health Services worked with 600 adults across a broad spectrum of age groups.

"I look forward to these walks, I've lived here all my life and not seen some places on the walks we go on!" Green Prescribing Client, Mrs C

Services included:

- Social Prescribing – Where GPs in our area refer to our Health Link Worker if patients need support in accessing local activities to support them in their health and wellbeing goals
- Dementia friendly activities – groups and exercise sessions for people with memory problems. We also provide a check in service for people recently diagnosed with dementia.
- Green Prescribing – running Health walks and signpost to other outdoor activities designed to improve people's health and wellbeing.
- Mental Health Support for students – We run a boxing group and a peer support group for students in Sheffield who are experiencing mental health issues.

Our clients are made up of 69% female and 31% male. 22.5% of our clients are from Black, Asian and other Minority Ethnic communities.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Live Lighter Sheffield

"I want to say thank you for the last 12 weeks and for the whole experience. I can honestly say that you have given me so much motivation to think about things, that it's actually surprised me. I'm enjoying planning my meals, I'm enjoying shopping and discovering new things about food, I'm enjoying walking, I was excited about going to the gym and thoroughly enjoyed my induction tonight. I feel so inspired and energised and it's because of the course, but more importantly what you do as a team in delivering it." Anonymous

Zest provide a city-wide adult child and family weight management service, commissioned by Sheffield City Council. This year saw a welcome return to face to face workshops, whilst retaining online sessions, where these have proved effective. This blended approach is favoured by service users.

Key performance indicators:

- Supported 532 adults and 142 children and young people
- 20% (107) were male adults
- 80% (425) were female adults
- 19% (27) were young males under 18
- 81% (115) were young females under 18
- 15% of adults were from Black, Asian and other Minority Ethnic communities
- 70% of children and young people were from Black, Asian and other Minority Ethnic communities.
- 187 people signed up for the online 'universal' offer
- 190 families accepted referral into the programme as a result of the National Child Measurement Programme proactive feedback calls.
- Focus groups were conducted with our clients and incorporated more in-depth feedback sessions with clients attending week 12 sessions in the last quarter of the year. We hope that this additional client insight will set us up for a strong year 4.

*"Live lighter has probably saved my life. I've lost 4 stone 3 pounds in total now and that makes me feel great... Please pass on my gratitude to all involved in this programme. Thank you." Anonymous,
Feedback received from 12-month review*

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Live Lighter Extended Service

As part of the new government investment into Adult Weight Management services, Zest worked in partnership with Sheffield City Council to sub-commission a variety of localised weight management services, encouraging applications from local community providers on a project between July 2021 and 30 June 2022. This included Sheffield's People Keeping Well (PKW) partners, Healthy Holidays partners, Black, Asian and Minority Ethnic, Disability and Mental health lead organisations as well as organisations in high levels of deprivation postcodes.

We wanted to ensure that local providers were embedded within their communities and were working towards addressing health inequalities at a local level. Training was provided by Live Lighter staff in September/October 2021 to upskill all partners in delivering weight management support, with partners being able to adapt the Live Lighter core 12 week weight management programmes to suit their communities needs, whilst still delivering key messages around health and wellbeing.

Live Lighter ended up partnering with 14 local community organisations, including ACT- Aspiring Communities Together, Shipshape, African Women's Health Group, Disability Sheffield, Firvale Community Hub, SOAR, Roshni, Manor and Castle Development Trust, SADACCA, Stocksbridge CLC, Sheffield Wednesday Community Programme, MIND, Sheffield Mencap and Gateway and ISRAAC.

By 1 April 2022, all partners had been successfully trained and onboarded clients into and begun courses. By this time, 590 individuals had signed up for courses with our partners, with 246 successfully completing (completing 9 out of 12 sessions and losing weight), which shows the great work and need in these communities and areas of Sheffield with the right support.

Looking ahead

- Local Health Services aims to increase our range of dementia activities and also ensure we are engaging meaningfully with local communities about what health and wellbeing services they would like to use.
- The team intends to increase access from a diverse range of individuals and communities and will ensure our health services link with all departments at Zest so that we can continue to provide the best services possible
- As Live Lighter enters its fourth contract year the team is hoping to increase the number of sessions for its Adults and Families courses
- A new website is being built for Live Lighter to improve navigation and help support the team with referrals

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Children, Young People & Families

"This has changed me as a person and as a mother towards my children in a positive and effective way, I am more calm and able to give more to my children by taking time out for myself in order to refill my jug, making us all happier and content."

The Zest Communities team has worked with 2,333 adults and young people this year. 136 were people supported to volunteer. The team work across a range of projects supporting parents and young people of all ages, helping to build communities in our own back garden of Upperthorpe and Netherthorpe and across the city.

Empowering Parent Empowering Communities (EPEC)

EPEC is a parenting programme run by trained local parents for local parents with new volunteer parent group leaders being trained each year. It aims to improve child development and outcomes, parenting, family resilience and family relationships. The Being a Parent course creates a trusting group ethos, where parents are encouraged and supported. This year, the groups have expanded to run parenting courses city wide. For Arabic speakers, parents of teens and for families of children with ASD

"Being part of the Parent Group Leader training programme has been such a wonderful and emotional experience as I have gained a family/friendship for life. It has changed and improved my life for the better, I only wished I had heard about it and done it sooner"

The project worked with 244 adults and young people and an amazing 43 people were supported to volunteer

Early years support

- Worked with 140 adults and young people
- Supporting 5 to volunteer
- 70% Black, Asian and other Ethnic Minority communities

Zest Kids – activities after school and during school holidays

This year, we provided 3 free-to-access per week, open to primary aged children and their families. Activities included sports, crafts, and valuable homework support. As well as regular activities, we worked with partners, including the universities and local theatres groups to offer one-off activities. During school holidays, our activities were accompanied by the offer of a free lunch for attendees who would usually access free school meals.

We continue to provide weekly and holiday early years activities, alongside coordinating early years volunteer support for activity in family centres in Sheffield.

"The whole family have clearly benefited from the social aspect of these clubs during the holidays. We first came for the meals, but returned for the friendship and experiences"

- Worked with 165 adults and young people
- Supporting 15 to volunteer
- 90% Black, Asian and other Minority Ethnic communities

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Youth Mentoring

A service which has provided 50 vulnerable young people with volunteer mentors, helping them stay in school, participate less in anti social behaviour and have better relationships at home. Often in the care system, these children and young people gain support through this project that they are missing elsewhere in their lives. We train volunteer mentors to work with young people, pairing them with a suitable young mentee, with solid positive outcomes for the young people and their families.

- Worked with 98 adults and young people
- Providing 50 volunteer mentors to you people
- Supporting 48 to volunteer
- 9% Black, Asian and other Minority Ethnic communities

This Community Can

“Everywhere should have a This Community Can project.”

This project saw the community recover from Covid-19 and encouraged community members to re-emerge back into social scenarios. We co-delivered a range of range of community events in various local parks, activity weeks in seldom heard communities, community contribution events such as bulb planting alongside school groups, community competitions, faith celebrations, family fun days, nature walks, women’s group, craft group and early year’s groups. The project has harnessed the skills of volunteers within these communities to co-deliver these events and activities, delivered by the community, for the community.

- Worked with 726 adults and young people
- Supporting 13 to volunteer
- 28% Black, Asian and other Minority Ethnic communities

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Holiday Activities and Food

"My boys' confidence has grown massively since attending the HAF sessions. They've not been able to attend many holiday clubs before, so the opportunities for them to make friends are a blessing"

As the HAF coordinator for Locality G, Zest has worked to build partnerships with local delivery providers, schools, caterers and community organisations across the North West of Sheffield, between Rivelin and the Upper Don Valley. Working with these partners we have delivered a programme of holiday activities for children eligible for free school meals. Engaging with children new and familiar, Zest and our partners have ensured that children who normally experience financial barriers to extracurricular clubs have been able to experience a range of activities throughout the holidays. By providing meals at all of these activities we have also been able to lessen the burden of food poverty across the locality. Our success has ensured that we have secured this funding from the Department for Education over the next 3 years.

"The kids love the HAF activities at Zest. Swimming, dancing, sports, all of it. And they really enjoy eating with the other kids, especially the hot meals"

- Supported 945 adults and young people
- Supporting 10 to volunteer
- 65% Black, Asian and other Minority Ethnic communities

Roots and Futures

A collaborative project with the University of Sheffield Archaeology department, SADACCA, Chillypep, and Kelham Island and Neepsend Community Alliance (KINCA), this project sought to engage with communities to find a way to ensure that the different cultures of Sheffield are represented visibly and proportionately through Sheffield heritage legacy. We have continued to be a valuable conduit for the University of Sheffield, who use our community connections and attend our events to access local people to work with on their projects

Looking ahead, the Communities Team will:

- Secure an extension for the Lottery Funded This Community Can project
- Create a successful new Reaching Communities project to continue our vital community development work
- Redevelop and find new funding streams for the local primary-aged activity offer.
- Tender for, and secure another 3 years of the Mentoring project
- Focus on team cohesiveness and wellbeing, stabilising all services to allow for future growth and expansion.
- Work closely with the SCC parenting team to establish new EPEC baby parenting courses
- Work to create a support system for those struggling with the cost of living crisis
- Work to increase community membership and make it more meaningful
- Support wider Zest activities, creating a full calendar of whole organisation events for the year.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Youth Support

Young people like coming to youth club because they have fun, they learn things and youth club is like a family.

The Zest Youth service continues to provide a vital, safe, social hub for young people aged 10-19.

This year was centred on re-establishing face to face activities. Covid-19 hit young people hard. Many were feeling alone and isolated and lost confidence during lockdown. Our Zest Youth Club and Youth Service team met the challenge head on. We developed a new Girls Only Club at the end of August 2021 which grew from week to week. The young people at Winn Gardens have also had sessions to build self-confidence. By the end of the year 65% of the young people were more confident when compared to the beginning of the year.

The service is centred on provision of mixed and girl's only youth sessions offer a range of participatory engagement activities and opportunities across 38 weeks of the year. This includes sports activities, trips and experiences such as climbing, go karting, and ninja warrior.

The youth club also provides informative and educational workshops, centred on the needs and preferences of our young people. This included a Black History session for young people around Black History and successful African Caribbean people.

Outcomes for young people

Overall, we supported 214 young people during the period.

We worked with a diverse group of young people, reflecting our local community. This includes young people with Yemeni, Somali, and Black Caribbean backgrounds.

86% of young people were from Black, Asian and other Minority Ethnic backgrounds.

38% of young people engaged were female

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 186 young people developed improved self-confidence and resilience;

At the beginning of the year a large number of young people were feeling lots of mixed emotions which included feeling socially awkward which affected their ability to improve their self-confidence. This included a number of breakdowns in relationships amongst each other, some of them had developed unhealthy relationships with certain negative individuals due to not being confident with their self-worth.

To address these issues, we consulted with the young people and they all agreed and quoted 'We have not had much fun in the last year so can we have some trips' We arranged trips such as bowling, Ice skating, Escape Room and fun activities including a Sports day with another local youth club, where they were provided with medals and certificates.

The Sports Day was a huge success and a turning point in the improvement of their self- confidence and resilience. Healthy relationships were built from this initiative and some of the young people have continued involvement with the young people outside the area.

Throughout the year we have continued to deliver activities to further develop their self- confidence such as critical thinking activities and offered one to one sessions for those requesting them. We have seen significant progress in a small number of individuals who now feel confident enough to speak for themselves and for others where necessary.

Some of these young people requested to be volunteers on the project and actively support and volunteer in running the weekly sessions.

2 184 young people developed improved life skills and a stronger voice;

After the lockdown we consulted with the young people, and they mentioned some were struggling with time management as a result of not having to get up for school. A number of young people also expressed that they missed online lessons due to sleeping in. We addressed this situation by delivering a session around time management where we discussed how to manage time effectively. The young people are now turning up on time, so they don't miss out and seem happier to be getting back into a routine.

We delivered a session on stress management because the young people had been through a difficult 2 years, and found that some of the girls were self-harming. We explored different coping mechanisms of dealing with stress and we delivered sessions that involved exercise, listening to music and outdoor sports to enhance your mental wellbeing. The majority of the young people are now more relaxed and take part in discussions more readily especially when it involves them saying how they feel.

An external organisation asked if they could come in and interview the young people about why they come to youth club. A group of young people took part in the question and answer session and expressed that **they like coming to youth club because they have fun, they learn things and youth club is like a family**. One young person said they like coming because the youth workers help us. A great example of the young people having a voice especially those that have not always felt confident to speak.

3 166 young people were supported to feel safer in their community.

Living in an area where gun, knife crime and drug users being in the area can be an issue. One of our workers were told that a couple of young people had a knife on them one day. The young person would not disclose who so we decided to bring in an external agency called Streetdoctors who deliver sessions on what to do if someone is bleeding and what to do if someone is unconscious. Both sessions were well attended and very interactive. The young people said it was very helpful and easy to understand.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Youth Engagement

We have learnt that involving the young people in the organisation and running of the youth club is hugely beneficial and has helped us to build positive and trusted relationships with the young people. The young people expressed that they feel more valued and listened to, and it makes them want to come to youth club.

Last year we introduced Instagram as our online platform which works amazingly. This is still going well and a lot of young people use this platform to ask questions or make their requests.

Looking ahead, the youth service will:

- Develop a Winn Gardens 'youth offer' in partnership with St Johns Church and other local stakeholders
- Work with the SYNC partnership to obtain local commissioner buy in and establish responsive local youth hubs in the city.

Work and Training Services

"If I hadn't come to Zest and got the support, I'm not sure if I would still be here today". Anonymous

Zest for Work provides a range of interconnected services, taking a holistic approach to supporting individuals. An experienced team, delivering Matrix accredited Information Advice and Guidance services, empowering individuals to access employment, training and voluntary opportunities.

Zest **secured Matrix Standard** again after a week of audits and assessment. The Matrix Standard is an internationally recognised quality standard for organisations that deliver information, advice and guidance (IAG). It is *the* standard for the Department for Education.

European Social Fund (ESF) Keyworker Project

- 109 people registered with more than 50% resulting in starting a paid job or accredited course
- 53% (58) were not claiming any benefits or were on health related or no-work related benefit
- 47% (51) had been unemployed including long term unemployed in receipt of benefits
- 51% (56) were from Black, Asian and other Minority Ethnic communities
- 36% (39) reported having a disability)
- 13% (14) were aged 18-24 years

Family Adult Community Education Services (FACES)

- 226 people engaged in access to training, employment and volunteering (Sept 2020 – July 2021)
- 43% (97) were Male
- 56% (126) were Female
- 1% (3) prefer not to say
- 16% (37) members of Black, Asian and other Minority Ethnic communities engaged in learning and training or volunteer work

S6 Foodbank

- 52 people have been referred to S6 Foodbank with 586 vouchers issued over the period.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Mental Health Educational Programme

Two psycho-educational courses called, Anxiety Management and Managing Depression, each of which have 7 weekly sessions lasting 2 hours per week. Delivery of courses were hybrid with participants physically in the classroom and some attending virtually.

- 117 referrals in total were made during Apr 2021 and March 2022.
- 13% (15) from Black, Asian and other Minority Ethnic communities

Looking ahead, the Work and Training Team will:

- Secure further opportunities to expand our offer including more innovative and integrated health and work specialist support, for people with disabilities and health conditions.
- Building on existing Parent and Carers project as a specialist provider in the city.
- Applying for grant related projects for a more varied funding stream to maintain existing services and develop new ones.
- Enhancing relationships with local employers and providers with a greener focus and the developing pathways for entrepreneurs
- Develop the service to become a satellite centre to deliver employment related qualifications for professionals delivering employment related projects in the city.
- Work in partnership to support people who are struggling due to the cost-of-living crisis and increased provision to address the digital divide.

Subsidiary and other controlled companies

The charity also controls Upperthorpe and Netherthorpe Healthy Living Centre Trust, a registered charity (Charity number 1090345) and a company limited by guarantee (company number 4258284), as it is able to appoint and remove trustees in that charitable company. Its incoming resources for the year were £80,000 (2021: £80,000) and its total resources expended were £175,770 (2021: £175,770), leaving a net decrease in funds of £95,770 (2021: £95,770). At 31 March 2022 the net assets of Upperthorpe and Netherthorpe Healthy Living Centre Trust were £956,693 (2021: £1,052,463).

Financial review

The group has made a surplus of £178,224 in the year (2021: deficit of £49,552). Unrestricted funds are showing a deficit of £54,121 (2021: surplus of £29,125) and restricted funds are showing a surplus of £232,345 (2021: deficit of £78,677) for the year after transfers between funds. At 31 March 2022 total fund balances were £2,145,187 of which £831,189 were unrestricted and £1,313,998 were restricted.

The charity has made a surplus of £273,994 in the year (2021: £46,218). Unrestricted funds are showing a deficit of £40,186 (2021: surplus of £43,060) and restricted funds are showing a surplus of £314,180 (2021: £3,158) for the year after transfers between funds. At 31 March 2022 total fund balances were £1,188,494 of which £664,866 were unrestricted and £523,628 were restricted.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Reserves Statement

The charity reviewed its reserves policy during the year and agreed that funds of £225,000 should be held in reserve, including cover for significant events, as follows:

- £75,000 to cover the costs of closing a substantial area of the business;
- £50,000 working capital to be released against a business case;
- £50,000 to be used for unexpected or emergency costs;
- £50,000 to manage short term budget fluctuation and cash flow issues.

The Trustees agreed that any surplus above that needed for reserves may be re-invested to support charitable activities and that any such re-investment will be agreed by the Trustees.

Free unrestricted group reserves at 31 March 2022 were £188,458, a decrease of £2,851 on the last period. This remains below the target reserve level and requires close financial risk management and monitoring alongside clear business development objectives to ensure the company retains a secure footing that minimises any call on reserves. This includes quarterly review of the 'in year' accounts position and the pipeline investment opportunities to provide a clear and robust position for Trustees.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Future Plans

Looking to **the year ahead**, the organisations strategic priorities will include;

Reconnecting with the Community

Post pandemic, we have seen a period focused on re-establishing the service base. We now want to see a more structured shift to reconnect with our community, to ensure we are effectively shaping services, addressing changing needs and representing the community we serve. This will include:

- More community outreach through regular events and activities across our local estates
- The launch of our Friends of Zest campaign, to grow our charity membership and representative voice, including potential for new members trustees and a programme of 'Friends of Zest' engagement events
- A programme of community cultural celebration events,
- Improved communication and information sharing.

Equity & Inclusion Plans

Following staff consultations and ongoing conversations, we are implementing the following:

- A regular, participatory programme of EDI training, in consultation with staff and community
- Equity & Inclusion baselines and targets to be established and reported at Board level
- Equity & Inclusion champions from across staff teams to act as critical friends, to inform and champion positive change

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Action on Race

Integral to our approach during the coming period, will be taking the steps to stand up as an Anti-Racist organisation. This is centred on:

- Aligning our response to the finding of the Sheffield Race Equality Commission and to make pledges as an organisation and as a community sector.
- Improving the Racial Literacy of our staff, trustees and volunteers.
- Organisation audit, working with 'Principles of Success' to review our equality and diversity practices through a race lens.
- An emergent race action plan from this process, that includes:
 - Identification of equality champions within our staff teams, to facilitate change and improvement.
 - Creation of safe, informal space(s) for ethnic minority staff to support, share, raise issues and develop ideas.
 - Working with the community, through Friends of Zest on their priorities for 'community action' on race.
 - Filming project to capture the stories of our ethnic minority staff and promote workforce diversity.
 - Celebration of community diversity through events and workshops

A Sustainable Future

- Continuing to invest in our physical asset base and secure longer-term capital funding to improve the condition and viability of the Zest Centre, Shipton Street.
- Focusing on how we achieve sustainable growth as public funding and contracts reduce in terms of both availability and value.
- Identifying routes to minimise the operational impact of increased inflation, in particular as an energy intensive (leisure) business and with a high % of turnover apportioned to staff costs. Short term, this means securing the right energy deals, agreeing fair and affordable pay settlements and identifying potential sources of grant support. Medium term, this means undertaking an independent energy audit, reviewing our organisational structure and lobbying for full cost recovery commissioning arrangements.
- Responding effectively to the cost of living crisis, which means,
 - becoming a Welcoming Place for our community; a source of support, advice warmth and comfort,
 - acting together with our local and sector partners to promote other spaces, services and sources of support and advice, and
 - lobbying and working in partnership with key city stakeholders to ensure we maximise our resources and impact.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Structure, governance and management

The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee as defined by the Companies Act 2006. The charity trades as Zest which is a trading name of Netherthorpe and Uppertorpe Community Alliance.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

D S Thornett	
A Abdulrub	
H M Sims	(Resigned 29 November 2021)
K Mudge	
T Hunt	(Resigned 6 May 2022)
J A S Grist	
L C Smith	
S Jones	

Membership of the Charity is open to individuals, community or voluntary groups who live, work or are based in the Netherthorpe, Uppertorpe and Langsett areas of Sheffield or who use the charity's services.

Trustees are appointed so that there are up to 5 Member Trustees, 5 Non-Member Trustees and 2 Co-optees. Member Trustees are elected, on a rotating basis, by member organisations at the Annual General Meeting. Non-member Trustees are selected by the Trustees at a Trustees meeting, taking into account the need for a mix of skills and experience on the Board. Trustees serve a term of office as near to 3 years as possible.

All new trustees are subject to a structured trustee induction process as set out in the Trustees' Terms of Reference.

The trustees delegate all day-to-day decision making concerning staff and resources to the Chief Executive. The Trustees are responsible for all strategic decisions about the charity.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. During 2021/22 the trustees received reports and held meetings to assess financial and other risks to the company and agreed strategies to mitigate key risks. This is captured in a **Company Risk Management Action Plan**.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Covid-19 Impact, Response & Risk Management

The reporting period was centred on managing the response to the ongoing impact of Covid-19.

The Charity continued undertake a range of measures to minimise risk, considering both the short and medium to long term impacts of Covid-19 and considered this in the context of Charity Commission guidance relating to Covid-19 incident reporting, noting our duty to disclose risks.

Reporting of Covid-19 incidents to the Charity Commission will be triggered by actions that could result in the charity:

- being unable to deliver vital services to at risk beneficiaries;
- become insolvent and/or forced to close permanently; or highly likely to be insolvent and/or forced to close permanently within the next 12 months.
- being investigated by HMRC for abuse of the furlough scheme or by the police for break of lockdown measures.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Plans to address the key risks highlighted by the Charity Commission are summarised below:

Risk	Measures & Context
Income loss leading to insolvency/ service closure	- Diverse income base including grants and contracts across a range of services. - Multi-year funding agreements - Commissioner flexibility allowing us to adapt services/recover from lockdown - Bi-monthly cashflow analysis and reporting to Board - Accessing Covid-19 emergency grant schemes - Regular online trustee meetings throughout the pandemic to address headline risks. - Zest Centre Operational Staffing Review
Unable to deliver vital services to at risk clients	- Adapted (blended) service model to cater for at risk beneficiaries including phone and online mental health support, essential item delivery services to vulnerable clients, provision of equipment to enable online access. - Ongoing service adaptation to provide safe settings for client/ community interaction. - Covid-19 Staff Handbook setting out new and adapted protocols, for example, individual risk assessments, home working policy and outbreak protocol.
Covid-19 outbreak leading to service closure	- Covid-19 Staff Handbook setting out new and adapted protocols, for example, Covid-19 outbreak protocol and related Covid-19 safe policies, procedures and session risk assessments. - Covid-19 premises risk assessment and adaptations in accordance with Government guidance. - Lateral flow testing regime including provision of free test kits.
Lockdown measures reintroduced	- Diverse income streams with multi-year agreements. - Local commissioner dialogue and flexibility. - Government financial intervention if businesses forced to close i.e. Furlough scheme, rates subsidy, industry grants - Local Authority recovery support package for Zest and wider city leisure services. - Lockdown experience including ability to develop successful community hub service and online service offer. - National recognition that lockdown measures need to balance risk with longer term health & wellbeing and need to continue services albeit on a restricted basis - Adapted service model to provide effective blended service offer. - Clear home working policy to ensure safe and productive working practices are supported and retained.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Future Plans

Zest Trustees and Zest Management Team will continue to meet at least bi-monthly to meet and review Covid-19 related risk and agree mitigating actions. As the pandemic wanes the focus is shifting to how the organisation, services and the wider community recover and learn to adapt to living with Covid-19.

The trustees may nominate five trustees to the Upperthorpe and Netherthorpe Healthy Living Centre Board. D S Thornett, M Dean, T Hunt and K Mudge are currently nominated trustees.

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.



D S Thornett
Trustee

Dated: 15 December 2022

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2022

The trustees, who are also the directors of Netherthorpe and Upperthorpe Community Alliance for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that year.

In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

Opinion

We have audited the financial statements of Netherthorpe and Upperthorpe Community Alliance (the 'charitable company') for the year ended 31 March 2022 which comprise the consolidated Statement of Financial Activities, the parent Statement of Financial Activities, the consolidated Balance Sheet, the parent Balance Sheet, the consolidated Statement of Cash Flows, the parent Statement of Cash Flows and the notes to the accounts, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the accounts:

- give a true and fair view of the state of the group and the parent charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been properly prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of accounts section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the accounts in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusion relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE (CONTINUED)

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' Report, which includes the Directors' Report prepared for the purposes of company law, for the financial year of which the accounts are prepared is consistent with the financial statements; and
- the Directors' Report included within the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit, or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE (CONTINUED)

Responsibilities of the trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charitable company for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Based on our understanding of the charity and the sector in which it operates, we identified the principal risks of non-compliance with laws and regulations related to the acts by the charity, which were contrary to applicable laws and regulations including fraud, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to inflated revenue and the charity's net income for the year.

Audit procedures performed included: review of the financial statement disclosures to underlying supporting documentation, review of correspondence with and reports to the regulators, including correspondence with the Charity Commission, review of correspondence with legal advisors, enquiries of management in so far as they related to the financial statements, and in testing of journals and evaluating whether there was evidence of bias by the trustees that represented a risk of material misstatement due to fraud.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE (CONTINUED)

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of the Part 16 of the Companies Act 2006. Our audit work has been undertaken, so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purposes. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Roland Givans (Senior Statutory Auditor)
for and on behalf of UHY Hacker Young

15 December 2022

Chartered Accountants
Statutory Auditor

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Unrestricted funds £	Restricted funds £	Total 2021 £
Income from:							
Donations and gifts	3	79,438	174	79,612	228,356	793	229,149
Charitable activities	4	775,555	1,588,553	2,364,108	578,307	853,515	1,431,822
Other trading activities	5	14,814	-	14,814	1,632	-	1,632
Investments	6	<u>45,994</u>	<u>-</u>	<u>45,994</u>	<u>43,760</u>	<u>-</u>	<u>43,760</u>
Total income		<u>915,801</u>	<u>1,588,727</u>	<u>2,504,528</u>	<u>852,055</u>	<u>854,308</u>	<u>1,706,363</u>
Expenditure on:							
Charitable activities	7	<u>1,083,669</u>	<u>1,242,635</u>	<u>2,326,304</u>	<u>923,456</u>	<u>832,459</u>	<u>1,755,915</u>
Net (outgoing)/incoming resources before transfers		(167,868)	346,092	178,224	(71,401)	21,849	(49,552)
Gross transfers between funds		<u>113,747</u>	<u>(113,747)</u>	<u>-</u>	<u>100,526</u>	<u>(100,526)</u>	<u>-</u>
Net (expenditure)/income for the year/ Net movement in funds		(54,121)	232,345	178,224	29,125	(78,677)	(49,552)
Fund balances at 1 April 2021		<u>885,310</u>	<u>1,081,653</u>	<u>1,966,963</u>	<u>856,185</u>	<u>1,160,330</u>	<u>2,016,515</u>
Fund balances at 31 March 2022		<u>831,189</u>	<u>1,313,998</u>	<u>2,145,187</u>	<u>885,310</u>	<u>1,081,653</u>	<u>1,966,963</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Unrestricted funds £	Restricted funds £	Total 2021 £
Income from:							
Donations and gifts	3	79,438	174	79,612	228,356	793	229,149
Charitable activities	4	7,755,55	1,587,038	2,362,593	578,307	851,389	1,429,696
Other trading activities	5	14,814	-	14,814	1,632	-	1,632
Investments	6	<u>45,994</u>	<u>-</u>	<u>45,994</u>	<u>43,760</u>	<u>-</u>	<u>43,760</u>
Total income		<u>915,801</u>	<u>1,587,212</u>	<u>2,503,013</u>	<u>852,055</u>	<u>852,182</u>	<u>1,704,237</u>
Expenditure on:							
Charitable activities	7	<u>1,068,219</u>	<u>1,160,800</u>	<u>2,229,019</u>	<u>907,395</u>	<u>750,624</u>	<u>1,658,019</u>
Net (outgoing)/incoming resources before transfers		(152,418)	426,412	273,994	(55,340)	101,558	46,218
Gross transfers between funds		<u>112,232</u>	<u>(112,232)</u>	<u>-</u>	<u>98,400</u>	<u>(98,400)</u>	<u>-</u>
Net (expenditure)/income for the year/ net movement in funds		(40,186)	314,180	273,994	43,060	3,158	46,218
Fund balances at 1 April 2021		<u>705,052</u>	<u>209,448</u>	<u>914,500</u>	<u>661,992</u>	<u>206,290</u>	<u>868,282</u>
Fund balances at 31 March 2022		<u>664,866</u>	<u>523,628</u>	<u>1,188,494</u>	<u>705,052</u>	<u>209,448</u>	<u>914,500</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

CONSOLIDATED BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	12	1,433,101	1,566,206
Current assets			
Debtors	13	296,034	72,468
Cash at bank and in hand		<u>607,205</u>	<u>448,305</u>
		903,239	520,773
Creditors: amounts falling due within one year	14	(191,153)	(120,016)
Net current assets		<u>712,086</u>	<u>400,757</u>
Total assets less current liabilities		<u>2,145,187</u>	<u>1,966,963</u>
Income funds			
Restricted funds	17	1,313,998	1,081,653
Unrestricted funds		<u>831,189</u>	<u>885,310</u>
		<u>2,145,187</u>	<u>1,966,963</u>

The financial statements were approved by the board of directors and authorised for issue on 15 December 2022 and are signed on its behalf by:



D S Thornett
Trustee

Company Registration No. 3628231

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	12	477,448	514,784
Current assets			
Debtors	13	296,309	72,468
Cash at bank and in hand		<u>604,450</u>	<u>447,713</u>
		900,759	520,181
Creditors: amounts falling due within one year	14	<u>(189,713)</u>	<u>(120,465)</u>
Net current assets		<u>711,046</u>	<u>399,716</u>
Total assets less current liabilities		<u>1,188,494</u>	<u>914,500</u>
Income funds			
Restricted funds	17	523,628	209,448
Unrestricted funds		<u>664,866</u>	<u>705,052</u>
		<u>1,188,494</u>	<u>914,500</u>

The financial statements were approved by the board of directors and authorised for issue on 15 December 2022 and are signed on its behalf by:



D S Thornett
Trustee

Company Registration No. 3628231

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Group		2021	
		2022		2021	
		£	£	£	£
Cash flows from operating activities					
Cash generated from operations	24		149,587		79,422
Investing activities					
Purchase of tangible fixed assets		(36,681)		(74,495)	
Rental income		45,897		43,556	
Interest received		<u>97</u>		<u>204</u>	
Net cash generated from/(used in) investing activities			9,313		(30,735)
Net cash generated from financing activities			<u>-</u>		<u>-</u>
Net increase in cash and cash equivalents			158,900		48,687
Cash and cash equivalents at beginning of year			<u>448,305</u>		<u>399,618</u>
Cash and cash equivalents at end of year			<u>607,205</u>		<u>448,305</u>

		Charity		2021	
		2022		2021	
		£	£	£	£
Cash flows from operating activities					
Cash generated from operations	24		147,424		101,351
Investing activities					
Purchase of tangible fixed assets		(36,681)		(74,495)	
Rental income		45,897		43,556	
Interest received		<u>97</u>		<u>204</u>	
Net cash generated from/(used in) investing activities			9,313		(30,735)
Net cash generated from financing activities			<u>-</u>		<u>-</u>
Net increase in cash and cash equivalents			156,737		70,616
Cash and cash equivalents at beginning of year			<u>447,713</u>		<u>377,097</u>
Cash and cash equivalents at end of year			<u>604,450</u>		<u>447,713</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Company information

Netherthorpe and Upperthorpe Community Alliance is a private company limited by guarantee incorporated in England and Wales. The registered office is 18 Upperthorpe, Sheffield, South Yorkshire, S6 3NA.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. In making that assessment, the trustees have specifically considered the impact of the coronavirus on the operations of the charity, alongside actions taken to mitigate that impact. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

1.4 Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Grants received are allocated between activities and between restricted and unrestricted funds according to their nature.

Income from investments is included in the year in which it is receivable.

Income is deferred when income has been received in advance relating to a contract to perform a service, where that service has not yet been provided, either in full or in part.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount.

Where the amount paid for the rental of the land and buildings used by the charity is below the commercial rate, a donation is included in income for the difference between the commercial rate and the amount actually paid by the charity.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1.4 Incoming resources (continued)

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

1.5 Resources expended

Resources expended are recognised in the year in which they are incurred.

Charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes grants made to projects, costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant expenditure is included based on the date that individual projects' expenditure has been incurred, rather than the date that the grants are defrayed to the projects.

Governance costs included those costs associated with meeting constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource, and include irrecoverable VAT.

Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of the resources.

1.6 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Leasehold buildings	-	straight line over the life of the lease
Leasehold property improvements	-	4% straight line
Plant and machinery	-	33%/20% and 10% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Fixed assets costing less than £500 are not capitalised.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss, if any.

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the estimated future cash flows are discounted to their present value using a pre-tax discount rate that reflects current market assessments of the time value of money and the risks specific to the asset for which the estimates of future cash flows have not been adjusted.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1.7 Impairment of fixed assets (continued)

If the recoverable amount of an asset is estimated to be less than its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. An impairment loss is recognised immediately in income/(expenditure) for the year, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease.

Recognised impairment losses are reversed if, and only if, the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset in prior years. A reversal of an impairment loss is recognised immediately, unless the relevant asset is carried in at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

1.8 Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured at cost.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.9 Leasing and hire purchase commitments

Rentals payable under operating leases are charged against income on a straight line basis over the period of the lease.

1.10 Pensions

The charity operates a defined contribution pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

1.11 Basis of consolidation

The financial statements consolidate the accounts of Netherthorpe and Upperthorpe Community Alliance and all of its subsidiary undertakings ('subsidiaries').

1.12 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowing in current liabilities.

1.13 Financial instruments

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument.

Financial assets are offset, with the net amounts presented in the accounts when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1.13 Financial instruments (continued)

Basic financial assets

Basic financial assets, which include trade and other receivables and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Impairment of financial assets

Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value if the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including trade and other payables, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised. Debt instruments are subsequently carried at amortisation cost, using the effective interest rate method.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Accounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1.14 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Critical judgements

Donation of land and buildings

The charity and its subsidiary charitable company receive a donation for the land and buildings from which they operate as only a peppercorn rent is paid to the lessor, which is below the commercial rate. To estimate this donation, the trustees need to make an assessment of what the commercial rent would be. They have done this based on a market valuation of the leasehold interest of the property that was done in June 2010. The trustees have used a retail price index calculation to increase the value of this estimate over the time since the valuation was completed.

3 Donations and gifts

Group and Charity

	Unrestricted funds £	Restricted funds £	Total 2022 £	Unrestricted funds £	Restricted funds £	Total 2021 £
Donations and gifts	1,100	174	1,274	35	793	828
Government						
Coronavirus Scheme	3,338	-	3,338	153,321	-	153,321
Donated goods and services	<u>75,000</u>	<u>-</u>	<u>75,000</u>	<u>75,000</u>	<u>-</u>	<u>75,000</u>
	<u>79,438</u>	<u>174</u>	<u>79,612</u>	<u>228,356</u>	<u>793</u>	<u>229,149</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2022**

4 Charitable activities

	Group		Charity	
	2022	2021	2022	2021
	£	£	£	£
Sales within charitable activities	281,754	17,072	281,754	17,072
Services provided under contract	1,644,390	902,697	1,644,390	902,697
Performance related grants	<u>437,964</u>	<u>512,053</u>	<u>436,449</u>	<u>509,927</u>
	<u>2,364,108</u>	<u>1,431,822</u>	<u>2,362,593</u>	<u>1,429,696</u>
Analysis by fund				
Unrestricted funds	775,555	578,307	775,555	578,307
Restricted funds	<u>1,588,553</u>	<u>853,515</u>	<u>1,587,038</u>	<u>851,389</u>
	<u>2,364,108</u>	<u>1,431,822</u>	<u>2,362,593</u>	<u>1,429,696</u>

	Group and Charity	
	2022	2021
	£	£
Services provided under contract		
VAS – People Keeping Well - Early Years Volunteers	7,840	12,600
SCC – Empowering Parents Empowering Communities	37,500	27,500
SCC – FACES (Family Adult Community Education Service)	24,256	15,268
SCC - ESF 2020/2021	69,826	60,217
SCC - Behavioural Change	16,878	4,654
SCC – Tobacco Control Related Education	93,600	93,746
SCC – Mental Health	28,444	25,993
SCC – Live Lighter	290,000	290,000
SCC – Live Lighter Extension	347,456	-
SCC – Community Wellbeing Programme	52,289	52,289
VAS - Healthy Holidays 2020	118,064	106,562
SCC – Social Prescribing	78,000	78,598
SCC – Winn Gardens	46,217	46,217
SCC – Economic Resilience Fund	23,893	-
SCC – Children and Families Mentoring	163,655	-
SCC – Dementia	34,000	35,000
HAF – Winter	33,827	-
HAF – Coordinator	39,103	-
SCC – Upperthorpe Library	25,000	29,000
NHS – CCG 3 Tier	35,000	-
SCC – Kickstart	21,441	-
SCC – People Keeping Well Extension	10,000	10,000
Other small contracts	<u>48,101</u>	<u>10,053</u>
	<u>1,644,390</u>	<u>902,697</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2022**

4 Charitable Activities (continued)

	Group		Charity	
	2022	2021	2022	2021
	£	£	£	£
Performance related grants				
UHLC Service Level Agreement	80,000	-	78,485	77,874
Sheffield City Council	-	80,000	-	-
SCC - Key Worker	-	6,712	-	6,712
SCC - Covid Support	123,500	100,500	123,500	100,500
SCC – Restart	18,000	-	18,000	-
The National Lottery Community Fund - This Community Can	102,922	51,064	102,922	51,064
BBC Children in Need 2019	61,067	46,410	61,067	46,410
SCC - Capital Receipts	26,000	10,000	26,000	10,000
SIB - Power to Change	-	25,000	-	25,000
SCC - CIL - Walkley Ward	-	21,300	-	21,300
SCC - Community Covid Support	-	5,000	-	5,000
SCC - Walking For Purpose	-	8,888	-	8,888
SCC - This Girl Can	5,000	12,500	5,000	12,500
NHS - Student Mental Health	-	47,396	-	47,396
National Lottery - Covid19 Response	-	55,869	-	55,869
BBC Children in Need Booster Grant	-	5,000	-	5,000
Alliance of Sport - Level the Playing Field	-	6,250	-	6,250
Sport England - Leading the Way	-	10,000	-	10,000
Other small grants	<u>21,475</u>	<u>20,164</u>	<u>21,475</u>	<u>20,164</u>
	<u>437,964</u>	<u>512,053</u>	<u>436,449</u>	<u>509,927</u>

5 Other trading activities

Group and Charity

	Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
	£	£	£	£	£	£
Non-charitable trading activities	<u>14,814</u>	<u>-</u>	<u>14,814</u>	<u>1,632</u>	<u>-</u>	<u>1,632</u>

6 Investments

Group and Charity

	2022	2021
	£	£
Rental income	45,897	43,556
Interest receivable	<u>97</u>	<u>204</u>
	<u>45,994</u>	<u>43,760</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2022**

7 Charitable activities

	Group		Charity	
	2022	2021	2022	2021
	£	£	£	£
Staff costs	1,362,711	1,135,624	1,362,711	1,135,624
Depreciation and impairment	169,786	170,660	74,016	74,890
Training and recruitment	10,011	3,546	10,011	3,546
Rent, rates, insurance and utilities	239,055	166,614	239,055	166,000
Printing, postage and stationery	9,303	3,700	9,303	3,700
Repairs and renewals	66,132	63,500	66,132	63,500
Travel and volunteer expenses	13,967	1,904	13,967	1,904
Community activities	145,382	47,718	145,382	47,718
Management and outcome fees	4,911	1,565	4,911	1,565
Cleaning and security costs	26,368	22,920	26,368	22,920
Subscriptions	6,260	4,664	6,260	4,664
Equipment hire	20,317	14,704	20,317	14,704
Advertising and publicity	19,483	15,245	19,483	15,245
Legal, professional and consultancy fees	18,193	13,007	16,753	11,566
General expenses	<u>35,186</u>	<u>60,507</u>	<u>35,111</u>	<u>60,435</u>
	2,147,065	1,725,878	2,049,780	1,627,982
Grant funding of activities (see note 8)	167,669	18,967	167,669	18,967
Share of governance costs (see note 9)	<u>11,570</u>	<u>11,070</u>	<u>11,570</u>	<u>11,070</u>
	<u>2,326,304</u>	<u>1,755,915</u>	<u>2,229,019</u>	<u>1,658,019</u>
Analysis by fund				
Unrestricted funds	1,083,669	923,456	1,068,219	907,395
Restricted funds	<u>1,242,635</u>	<u>832,459</u>	<u>1,160,800</u>	<u>750,624</u>
	<u>2,326,304</u>	<u>1,755,915</u>	<u>2,229,019</u>	<u>1,658,019</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2022**

8 Grants payable

	Group and Charity	
	2022	2021
	£	£
Grants to institutions (14 grants):		
Aspiring Communities Together	14,000	-
African Women's Health Group	6,605	-
Firvale Community Hub	14,000	-
Sheffield Mencap and Gateway	17,500	-
Roshni Women's Support	14,000	-
Sheffield and District African Caribbean Society	12,600	-
Disability Sheffield	7,000	-
Sheffield Mind	10,000	-
ISRAAC Somali Community Association	12,460	-
Manor and Castle Development Trust	9,188	-
SOAR	14,000	-
Shipshape Health and Wellbeing	7,960	-
Stocksbridge Community Leisure	13,500	-
Sheffield Wednesday Football Club Community Forum	13,188	-
Other small grants	-	<u>18,803</u>
	166,001	18,803
Grants to individuals	<u>1,668</u>	<u>164</u>
	<u>167,669</u>	<u>18,967</u>

9 Support costs

	Group and Charity					
	Support costs	Governance costs	2022	Support costs	Governance costs	2021
	£	£	£	£	£	£
Audit fees	-	8,471	8,471	-	8,242	8,242
Legal and professional	-	<u>3,099</u>	<u>3,099</u>	-	<u>2,828</u>	<u>2,828</u>
		<u>11,570</u>	<u>11,570</u>	-	<u>11,070</u>	<u>11,070</u>
Analysed between						
Charitable activities		<u>11,570</u>	<u>11,570</u>	-	<u>11,070</u>	<u>11,070</u>

Group

Governance costs includes payments to the auditors of £8,471 (2021: £8,242) for audit fees. Charitable activities includes payments to the auditors of £5,176 (2021: £3,831) for other services.

Charity

Governance costs includes payments to the auditors of £8,471 (2021: £8,242) for audit fees. Charitable activities includes payments to the auditors of £4,236 (2021: £2,391) for other services.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or any other benefits from employment with the charitable company or any other related entity during the year, and no trustee expenses have been incurred (2021: None).

11 Employees

Number of employees

The average number of employees during the year was:

	Group		Charity	
	2022 Number	2021 Number	2022 Number	2021 Number
Trustees	10	10	8	8
Management/administration/finance	14	14	14	14
Service delivery - contracted	51	42	51	42
Service delivery – casual	<u>21</u>	<u>5</u>	<u>21</u>	<u>5</u>
	<u>96</u>	<u>74</u>	<u>94</u>	<u>69</u>

Employment costs

	Group and Charity	
	2022 £	2021 £
Wages and salaries	1,234,530	1,043,532
Social security costs	80,362	50,535
Other pension costs	<u>47,819</u>	<u>41,557</u>
	<u>1,362,711</u>	<u>1,135,624</u>

There were no employees whose annual remuneration was £60,000 or more.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2022**

12 Tangible fixed assets

	Leasehold buildings	Group Improvements to leasehold property	Fixtures fittings & equipment	Total
	£	£	£	£
Cost				
At 1 April 2021	2,563,404	954,101	527,808	4,045,313
Additions at cost	-	7,752	28,929	36,681
At 31 March 2022	<u>2,563,404</u>	<u>961,853</u>	<u>556,737</u>	<u>4,081,994</u>
Depreciation and impairment				
At 1 April 2021	1,511,982	502,670	464,455	2,479,107
Charge for the year	<u>95,770</u>	<u>38,164</u>	<u>35,852</u>	<u>169,786</u>
At 31 March 2022	<u>1,607,752</u>	<u>540,834</u>	<u>500,307</u>	<u>2,648,893</u>
Carrying Amount				
At 31 March 2022	<u>955,652</u>	<u>421,019</u>	<u>56,430</u>	<u>1,433,101</u>
At 31 March 2021	<u>1,051,422</u>	<u>451,431</u>	<u>63,353</u>	<u>1,566,206</u>

	Leasehold improvements	Charity Fixtures fittings & equipment	Total
	£	£	£
Cost			
At 1 April 2021	954,101	422,179	1,376,282
Additions	<u>7,752</u>	<u>28,929</u>	<u>36,681</u>
At 31 March 2022	<u>961,853</u>	<u>451,108</u>	<u>1,412,961</u>
Depreciation and impairment			
At 1 April 2021	502,670	358,827	861,497
Depreciation charged in the year	<u>38,164</u>	<u>35,852</u>	<u>74,016</u>
At 31 March 2022	<u>540,834</u>	<u>394,679</u>	<u>935,513</u>
Carrying Amount			
At 31 March 2022	<u>421,019</u>	<u>56,429</u>	<u>477,448</u>
At 31 March 2021	<u>451,431</u>	<u>63,353</u>	<u>514,784</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2022**

13 Debtors

	Group		Charity	
	2022	2021	2022	2021
	£	£	£	£
Trade debtors	281,023	45,082	281,023	45,082
Amounts owed by subsidiary undertakings	-	-	275	-
Other debtors	3	10,974	3	10,974
Prepayments and accrued income	<u>15,008</u>	<u>16,412</u>	<u>15,008</u>	<u>16,412</u>
	<u>296,034</u>	<u>72,468</u>	<u>296,309</u>	<u>72,468</u>

14 Creditors: amounts falling due within one year

	Group		Charity	
	2022	2021	2022	2021
	£	£	£	£
Trade creditors	77,226	44,626	77,226	44,626
Amounts due to parent undertaking	-	-	-	1,889
Taxation and social security	49,631	37,535	49,631	37,535
Other creditors	8,735	6,486	8,735	6,486
Accruals	51,175	29,418	49,735	27,978
Deferred income	<u>4,386</u>	<u>1,951</u>	<u>4,386</u>	<u>1,951</u>
	<u>191,153</u>	<u>120,016</u>	<u>189,713</u>	<u>120,465</u>

15 Deferred income

	Group and Charity	
	2022	2021
	£	£
Other deferred income	<u>4,386</u>	<u>1,951</u>
	Group and Charity	
	2022	2021
	£	£
Current liabilities	<u>4,386</u>	<u>1,951</u>
	<u>4,386</u>	<u>1,951</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2022**

16 Pension and other post-retirement benefit commitments **Defined contribution**

	Group and Charity	
	2022	2021
	£	£
Contributions payable by the group and charity for the year	<u>47,819</u>	<u>41,557</u>

The group operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in independently administered funds. The pension cost charge represents contributions payable by the group to the fund.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Group Movement in funds									
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £	
UHLIC Library	-	-	-	-	-	25,000	(25,000)	-	-	
SIB - Power to Change	-	25,000	(25,000)	-	-	-	-	-	-	
SCC - CIL Walkley Ward	-	21,300	-	(21,300)	-	2,214	(1,194)	(12)	1,008	
SCC - Covid support	-	-	-	-	-	22,500	-	-	22,500	
National Lottery - COVID19 Response	-	55,869	(55,869)	-	-	-	-	-	-	
SCC - Community COVID Response Fund	-	5,000	(5,333)	333	-	-	-	-	-	
SCC - Crookesmoor Litter Picking	-	-	-	-	-	672	-	-	672	
SCC - ESF 2020/2021	-	60,217	(50,260)	(9,957)	-	44,833	(41,477)	(3,356)	-	
SCC - Mental Health 2020/2021	-	17,336	(9,556)	(3,396)	4,384	8,664	(7,266)	(5,782)	-	
SCC - Walking for Purpose	-	8,888	(1,531)	(826)	6,531	-	(5,154)	(377)	1,000	
SCC-Healthy Communities Programme	-	52,294	(38,862)	(6,823)	6,609	52,289	(43,162)	(6,242)	9,494	
ZEST fundraising	-	681	(226)	-	455	44	-	-	499	
SCC - FACES (Family Adult Community Education Service)	-	9,973	(3,974)	(4,189)	1,810	7,451	(5,520)	(3,741)	-	
SCC -Behavioural Change	-	4,654	(4,006)	(648)	-	17,108	(12,397)	(4,711)	-	
UKRI	-	1,633	(1,633)	-	-	1,878	(1,399)	(479)	-	
SCC - Empowering Parents										
Empowering Communities	2,569	27,500	(20,956)	(5,741)	3,372	37,500	(23,668)	(3,859)	13,345	
VAS - Healthy Holidays 2020	-	106,562	(82,427)	(4,039)	20,096	-	(19,300)	(796)	-	
Alliance of Sport - Level the Playing Field	-	6,250	(2,702)	-	3,548	-	-	-	3,548	
Tesco Jacks	-	500	-	-	500	-	(237)	-	263	
Tesco Fit and Fab	-	1,166	-	-	1,166	-	(166)	-	1,000	

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds (continued)

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Group Movement in funds Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Zest for Work	-	-	-	-	-	1,601	(1,601)	-	-
SCC - Clean Up	500	-	-	-	500	-	-	-	500
SCC - ERF	-	-	-	-	-	23,893	(9,578)	12	14,327
SCC - Kick Start	-	-	-	-	-	21,750	(18,578)	-	3,172
SCC - Winn Gardens	5,620	46,217	(31,128)	(3,505)	17,204	46,217	(48,662)	(4,043)	10,716
SCC - Social Prescribing (Hillsborough)	8,608	25,000	(25,659)	(2,265)	5,684	25,000	(27,914)	(2,770)	-
SCC - Device Loan Scheme	-	-	-	-	-	3,500	-	-	3,500
SCC - BME Older People	2,499	-	(2,499)	-	-	-	-	-	-
SCC - PKW Healthy Holidays	-	-	-	-	-	9,556	(9,138)	(418)	-
Sheffield Bluecoat Foundation	-	-	-	-	-	1,311	(500)	-	811
SCC - Dementia ITT (Hillsborough)	9,458	19,500	(14,892)	(4,391)	9,675	15,000	(12,132)	(2,250)	10,293
Donations - Library Fundraising	1,588	4,000	(86)	-	5,502	1,657	(183)	-	6,976
SCC - Children and Family Mentoring	-	-	-	-	-	163,655	(47,512)	(13,944)	102,199
SCC - Dementia Upperthorpe	9,998	15,500	(14,397)	(2,245)	8,856	19,000	(12,593)	(1,956)	13,307
SCC - YP Befriending	-	-	-	-	-	8,572	(896)	(322)	7,354
SCC - Capital Receipts: Boiler	-	10,000	(10,714)	714	-	-	-	-	-
SCC - Healthy Holidays 2021	-	-	-	-	-	118,064	(108,466)	(288)	9,310
SCC - TAP	-	-	-	-	-	1,000	(787)	(213)	-
SCC - ESF 2019/20	2,621	6,712	(9,333)	-	-	-	-	-	-
SCC - FACES (Family Adult Community Education Service) 2019/20	8,753	5,295	(7,681)	(5,516)	851	16,805	(9,273)	1,810	10,193
SCC - Mental Health - Anxiety and depression	3,460	8,657	(6,692)	(1,970)	3,455	-	(3,455)	-	-
SCC - Recovery Pathway	-	-	-	-	-	6,769	(6,769)	-	-
SCC - People Keeping Well - Early Years Volunteers	-	12,600	(9,111)	(796)	2,693	7,840	(9,591)	(942)	-

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds (continued)

	Group Movement in funds								Balance at 31 March 2022 £
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	
BBC Children in Need 2019	10,196	46,410	(42,317)	(779)	13,510	61,067	(51,853)	(600)	22,124
BBC Children in Need Booster Grant	-	5,000	(5,000)	-	-	-	-	-	-
SCC - Cohesion	2,876	-	(2,079)	(797)	-	-	-	-	-
SCC - LAC Consultation	-	-	-	-	-	1,000	(1,000)	-	-
SCC - HAF Winter	-	-	-	-	-	33,827	(29,233)	(481)	4,113
SCC - HAF Capital	-	-	-	-	-	3,500	(372)	-	3,128
SCC - HAF Coordinator	-	-	-	-	-	39,103	-	-	39,103
SCC - HAF Easter	-	-	-	-	-	1,881	(1,881)	-	-
National Lottery Community Fund - This Community Can	83,448	51,064	(80,438)	(10,813)	43,261	102,922	(104,359)	(10,543)	31,281
SCC - COVID19	-	5,036	(5,470)	434	-	-	-	-	-
NHS - City Centre GP's	36,916	-	(36,840)	(76)	-	-	-	-	-
NHS - West 5 Care	17,180	-	(11,825)	(3,650)	1,705	-	(1,705)	-	-
NHS - City SP 2021	-	28,598	(26,774)	(1,824)	-	28,000	(24,426)	-	3,574
SCC - Social Prescribing	-	-	-	-	-	25,000	(22,230)	(2,770)	-
SCC - People Keeping Well Extension	-	10,000	(9,118)	(882)	-	10,000	(414)	-	9,586
SCC - This Girl Can	-	12,500	(6,819)	(452)	5,229	5,000	(3,725)	(1,084)	5,420
SCC - Community Champions	-	-	-	-	-	5,000	-	-	5,000
SCC - Tobacco	-	-	-	-	-	93,600	(61,581)	(11,446)	20,573
SCC - Live Lighter Extension	-	-	-	-	-	347,456	(247,874)	(26,608)	72,974
NHS - CCG Urgent Care	-	-	-	-	-	5,000	-	-	5,000
NHS - CCG 3 Tier	-	-	-	-	-	35,000	-	-	35,000
NHS - Student Mental Health	-	47,396	(11,543)	(3,001)	32,852	-	(16,243)	(4,021)	12,588
Sport England - Leading The Way	-	10,000	-	-	10,000	28	(1,851)	-	8,177

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds (continued)

	Group Movement in funds								Balance at 31 March 2022 £
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	
The Building Complex	717,304	-	(59,776)	-	657,528	-	(59,776)	-	597,752
Zest Improvement Fund	236,736	-	(22,059)	-	214,677	-	(22,059)	-	192,618
Core Management Admin and Finance	-	80,000	(77,874)	(2,126)	-	80,000	(78,485)	(1,515)	-
	<u>1,160,330</u>	<u>854,308</u>	<u>(832,459)</u>	<u>(100,526)</u>	<u>1,081,653</u>	<u>1,588,727</u>	<u>(1,242,635)</u>	<u>(113,747)</u>	<u>1,313,998</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds (continued)

	Charity Movement in funds								
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
UHLC core building, pool and gym	-	77,874	(77,874)	-	-	78,485	(78,485)	-	-
UHLC Library	-	-	-	-	-	25,000	(25,000)	-	-
SIB - Power to Change	-	25,000	(25,000)	-	-	-	-	-	-
SCC - CIL Walkley Ward	-	21,300	-	(21,300)	-	2,214	(1,194)	(12)	1,008
SCC - Covid support	-	-	-	-	-	22,500	-	-	22,500
National Lottery - COVID19 Response	-	55,869	(55,869)	-	-	-	-	-	-
SCC - Community COVID Response Fund	-	5,000	(5,333)	333	-	-	-	-	-
SCC - Crookesmoor Litter Picking	-	-	-	-	-	672	-	-	672
SCC - ESF 2020/2021	-	60,217	(50,260)	(9,957)	-	44,833	(41,477)	(3,356)	-
SCC - Mental Health 2020/2021	-	17,336	(9,556)	(3,396)	4,384	8,664	(7,266)	(5,782)	-
SCC - Walking for Purpose	-	8,888	(1,531)	(826)	6,531	-	(5,154)	(377)	1,000
SCC - Healthy Communities	-	-	-	-	-	-	-	-	-
Programme	-	52,294	(38,862)	(6,823)	6,609	52,289	(43,162)	(6,242)	9,494
ZEST fundraising	-	681	(226)	-	455	44	-	-	499
SCC - FACES (Family Adult	-	-	-	-	-	-	-	-	-
Community Education Service)	-	9,973	(3,974)	(4,189)	1,810	7,451	(5,520)	(3,741)	-
SCC - Behavioural Change	-	4,654	(4,006)	(648)	-	17,108	(12,397)	(4,711)	-
UKRI	-	1,633	(1,633)	-	-	1,878	(1,399)	(479)	-
SCC - Empowering Parents	-	-	-	-	-	-	-	-	-
Empowering Communities	2,569	27,500	(20,956)	(5,741)	3,372	37,500	(23,668)	(3,859)	13,345
VAS - Healthy Holidays 2020	-	106,562	(82,427)	(4,039)	20,096	-	(19,300)	(796)	-
Alliance of Sport - Level the Playing Field	-	6,250	(2,702)	-	3,548	-	-	-	3,548
Tesco Jacks	-	500	-	-	500	-	(237)	-	263
Tesco Fit and Fab	-	1,166	-	-	1,166	-	(166)	-	1,000

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds (continued)

	Charity Movement in funds								Balance at 31 March 2022 £
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	
Zest for Work	-	-	-	-	-	1,601	(1,601)	-	-
SCC - Clean Up	500	-	-	-	500	-	-	-	500
SCC - ERF	-	-	-	-	-	23,893	(9,578)	12	14,327
SCC Kickstart	-	-	-	-	-	21,750	(18,578)	-	3,172
SCC - Winn Gardens	5,620	46,217	(31,128)	(3,505)	17,204	46,217	(48,662)	(4,043)	10,716
SCC - Social Prescribing (Hillsborough)	8,608	25,000	(25,659)	(2,265)	5,684	25,000	(27,914)	(2,770)	-
SCC - Device Loan Scheme	-	-	-	-	-	3,500	-	-	3,500
SCC - BME Older People	2,499	-	(2,499)	-	-	-	-	-	-
SCC - PKW Healthy Holidays	-	-	-	-	-	9,556	(9,138)	(418)	-
Sheffield Bluecoat Foundation	-	-	-	-	-	1,311	(500)	-	811
SCC - Dementia ITT (Hillsborough)	9,458	19,500	(14,892)	(4,391)	9,675	15,000	(12,132)	(2,250)	10,293
Donations - Library Fundraising	1,588	4,000	(86)	-	5,502	1,657	(183)	-	6,976
SCC - Children and Family Mentoring	-	-	-	-	-	163,655	(47,512)	(13,944)	102,199
SCC - Dementia Upperthorpe	9,998	15,500	(14,397)	(2,245)	8,856	19,000	(12,593)	(1,956)	13,307
SCC - YP Befriending	-	-	-	-	-	8,572	(896)	(322)	7,354
SCC - Capital Receipts: Boiler	-	10,000	(10,714)	714	-	-	-	-	-
SCC - Healthy Holidays 2021	-	-	-	-	-	118,064	(108,466)	(288)	9,310
SCC - TAP	-	-	-	-	-	1,000	(787)	(213)	-
SCC - ESF 2019/20	2,621	6,712	(9,333)	-	-	-	-	-	-
SCC - FACES (Family Adult Community Education Service) 2019/20	8,753	5,295	(7,681)	(5,516)	851	16,805	(9,237)	1,810	10,193

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds (continued)

	Charity Movement in funds								Balance at 31 March 2022 £
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	
SCC - Mental Health – Anxiety and depression	3,460	8,657	(6,692)	(1,970)	3,455	-	(3,455)	-	-
SCC – Recovery Pathway	-	-	-	-	-	6,769	(6,769)	-	-
SCC – People Keeping Well - Early Years Volunteers	-	12,600	(9,111)	(796)	2,693	7,840	(9,591)	(942)	-
BBC Children in Need 2019	10,196	46,410	(42,317)	(779)	13,510	61,067	(51,853)	(600)	22,124
BBC Children in Need Booster Grant	-	-	5,000	(5,000)	-	-	-	-	-
SCC - Cohesion	2,876	-	(2,079)	(797)	-	-	-	-	-
SCC – LAC Consultation	-	-	-	-	-	1,000	(1,000)	-	-
SCC – HAF Winter	-	-	-	-	-	33,827	(29,233)	(481)	4,113
SCC – HAF Capital	-	-	-	-	-	3,500	(372)	-	3,128
SCC – HAF Coordinator	-	-	-	-	-	39,103	-	-	39,103
SCC – HAF Easter	-	-	-	-	-	1,881	(1,881)	-	-
National Lottery Community Fund - This Community Can	83,448	51,064	(80,438)	(10,813)	43,261	102,922	(104,359)	(10,543)	31,281
SCC - COVID19	-	5,036	(5,470)	434	-	-	-	-	-
NHS - City Centre GP's	36,916	-	(36,840)	(76)	-	-	-	-	-
NHS - West 5 Care	17,180	-	(11,825)	(3,650)	1,705	-	(1,705)	-	-
NHS - City SP 2021	-	28,598	(26,774)	(1,824)	-	28,000	(24,426)	-	3,574
SCC – Social Prescribing	-	-	-	-	-	25,000	(22,230)	(2,770)	-
SCC – People Keeping Well Extension	-	10,000	(9,118)	(882)	-	10,000	(414)	-	9,586
SCC - This Girl Can	-	12,500	(6,819)	(452)	5,229	5,000	(3,725)	(1,084)	5,420
SCC – Community Champions	-	-	-	-	-	5,000	-	-	5,000
SCC – Tobacco	-	-	-	-	-	93,600	(61,581)	(11,446)	20,573
SCC – Live Lighter Extension	-	-	-	-	-	347,456	(247,874)	(26,608)	72,974

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds (continued)

	Charity Movement in funds							
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
NHS – CCG Urgent Care	-	-	-	-	-	5,000	-	5,000
NHS – CCG 3 Tier	-	-	-	-	-	35,000	-	35,000
NHS - Student Mental Health	-	47,396	(11,543)	(3,001)	32,852	-	(16,243)	12,588
Sport England - Leading The Way	-	10,000	-	-	10,000	28	(1,851)	8,177
	<u>206,290</u>	<u>852,182</u>	<u>(750,624)</u>	<u>(98,400)</u>	<u>209,448</u>	<u>1,587,212</u>	<u>(1,160,800)</u>	<u>523,628</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds (continued)

The Upperthorpe Healthy Living Centre (UHLC) Core Building supports the Healthy Living Centre's core staff team and operational costs relating to the building and its key services.

SIB - Power to Change - An emergency COVID19 grant to support community businesses. The grant was used to bridge the trading income gap from temporary closure of the Zest Centre, funding core management and premises running costs.

SCC - CIL - Walkley Ward - Funding from the Local Community Infrastructure Levy Pot. The funding provided for replacement of the flat roof area of the Zest Centre, in line with an independently commissioned building condition report and risk assessment.

National Lottery Fund - COVID19 Response - Grant funding to reduce the impact of COVID19 to support the continued running of the organisation, development of COVID19 response services, for example telephone support to vulnerable residents, home deliveries of essential items, participation in the city wide third sector COVID19 response hub.

SCC - Community COVID Response Fund - Funding to support local organisations to support their local community by helping provide funding to coordinate and deliver COVID19 vaccination awareness sessions focussed on the local ethnic minority community.

UHLC Library - A staff supported, volunteer led community library, offering book loans, computer use, IT skills support, reading groups and children's groups - all free of charge.

SCC COVID Support - A Sheffield City Council grant to help with the running costs of the Zest Centre through the COVID affected period.

SCC - Crookesmoor Litter Picking - A small grant given to help clean up the Crookesmoor area of Sheffield.

SCC - Walking for Purpose - A grant given to create groups for the purpose of becoming healthy through walking.

SCC - YP Befriending - This service offers trained youth workers one to one befrienders for children who access Sheffield's special needs inclusion playcare service.

SCC - ESF 2020/2021 - The focus of this project is to fund a lead keyworker who will provide a quality employment support service for its ESF Pathways project. Lead keyworkers offer advice, guidance and support to a number of out of work individuals recruited to the programme and relevant employability options.

SCC - Healthy Communities Programme - Commissioned under the SCC People keeping Well Framework to create joined up, local approach so that people can be supported better within their own communities. This programme provides neighbourhood-based support for patients at risk of declining health and wellbeing.

ZEST fundraising is funding raised through private donations, event and other activities. Monies raised are used to fund activities and services which we would be unable to fund otherwise including youth, community and library activities and services.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds (continued)

SCC - FACES – There are two parts to this contract, all funded by the Sheffield City Council Lifelong Learning Department. We employ a learning champion who engages with people in the community, attending outreach such as libraries and children's centres as well as the faith organisations. To help individuals get into learning such as basic maths, English and IT, vocational training i.e. CSCS, forklift driver training, catering or further education.

The second part of the contract is to deliver training courses, we took over the management of tutors delivering in the Stocksbridge area. The tutors deliver craft courses and IT and more recently Zest have delivered Art & Wellbeing and (M.O.T) Motivational Organisational and Transformational course.

SCC - Behavioural Change - The aim of this programme is to re-engage clients with employability services, with the ultimate aim of entering sustained employment. The funding covers the cost of delivering the Zest for Life Behaviour Change Course. It is for people who are furthest from the job market, facing barriers to employment.

SCC - Device Loan Scheme - A scheme which loans tablets, laptops and Sim cards to people who are experiencing poverty and are digitally excluded. These devices are for the specific purposes of completing training and seeking employment.

Sheffield Bluecoat Foundation - A small fund aimed at people up to the age of 25 who live within 20 miles of Sheffield Town Hall, to deliver activities with a variety of purposes: education, study of music and other arts.

SCC - Children and Family Mentoring - We recruit, train and support volunteers to act as mentors to young people who are vulnerable, at risk of exclusion from school, or offending, or antisocial behaviour.

VAS - Healthy Holidays 2020 - To promote activities and food to children in receipt of free school meals during summer holidays. Modified due to COVID19 to provide meal hampers and activity packs. The funding covered the costs for local collection points and delivery.

Alliance of Sport - Level the playing field - This is a tackling inequalities fund and targeted at youth engagement and empowerment, engaging in diversionary activity, youth mentoring through sports and helping get facilities back up and running following the COVID19 lockdown.

SCC - Empowering Parents Empowering Communities - This is a community-based effective parenting programme, training local parents to deliver parenting groups in their own communities, aiming to provide cost effective and accessible help for families. It is centred on peer (parent) led interventions having the potential to promote social networks and engage populations who find it difficult to engage with professional health and social care services and provide pathways for the empowerment of individual community members.

SCC - Clean Up - Sheffield City Council have been provided with a Clean Up Grant from the government centred on providing funding to clean up and improve our local high streets and shopping centres. Zest allocated £2,000 per community clean up area (Upperthorpe, Walkley, Hillsborough and Sharrow) plus £2,000 which will be spent on costs to administer and coordinate the activities/grants and on reporting. Funds will be distributed to local forums to fund local consultation, volunteer litter picking, planting and flower displays, related equipment, plus a new gate for a multi sports area in Winn Gardens.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds (continued)

SCC - LAC Consultation - This project uses Zest's links within the community to gather and share information to inform Sheffield Council's new Local Area Committee system.

SCC - HAF projects - All HAF projects are, collectively, a project which provides food and activity throughout the school holidays for children who are in receipt of free school meals.

SCC - Community Champions - This project recruits, trains and supports volunteers to have conversations within their community which are fed back into Sheffield Council to inform the development of public services.

SCC - Tobacco - A citywide stop smoking service for children and young people. The service provided support and information to help children and young people stop smoking and also provided training to organisations supporting young people.

SCC - Social Prescribing NUL and Hillsborough - This contract with Sheffield City Council is to deliver a social prescribing service through the People Keeping Well Partnership. Social prescribing is a way of GP's (and other health professionals) referring individuals with social, emotional and practical needs to non-medical services, for example to the range of health, wellbeing and practical support that we have at Zest. We deliver this service by employing a Health Link Worker to support individuals to access services.

SCC - Winn Gardens - This funds a part time health trainer and a part time community development worker who are employed by St. John the Baptist Church. Zest works in partnership with St. John's to deliver a range of activities, support and groups to residents on Winn Gardens to improve their health and wellbeing and increase community cohesion.

SCC BME Older People - This grant funding enables Zest to engage older, BME women in activities to improve their health literacy. For example, last year we engaged 15 women in social groups/activities, health walks, weight management programmes and English lessons.

SCC - Dementia (Hillsborough and Uppertorpe) - To create and develop dementia-friendly communities, where the needs of people living with dementia and their carers are understood by other citizens and organisations. Providing people with access to good quality information, advice and guidance, creating more dementia-friendly activities and groups and providing training and support to staff, volunteers and communities on dementia.

Library fundraising - This fund comprises money raised by volunteers to help with the running of the library in the centre.

SCC Capital Receipts - Money was received from Sheffield City Council's capital receipts for money ring fenced for Zest Centre building improvements. The funding paid for replacement and installation of the swimming pool boilers, heat plate and related pipe-works.

SCC- People Keeping Well Early Years Volunteers - This project provides volunteer coordination and support to family centres around Sheffield, providing the centres with volunteer support for their early years groups. The funding pays for the support of 5 volunteers, who run groups across Sheffield City Council Locality G.

SCC - Live Lighter Extension - An extension of the citywide weight management service which enabled us to partner with other community organisations and reach a wider, more diverse range of individuals with our 12 week weight management service.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds (continued)

VAS - Healthy Holiday Community Fund - The project provided healthy meals to families in Upperthorpe, Netherthorpe and Langsett, alongside family activities, aimed at families who are in receipt of free school meals and would otherwise have struggled to cover the cost of food through the school holidays.

BBC Children in Need 2019 - A project centred on improving the lives of local young people aged 11 to 18 experiencing deprivation. Structured youth club sessions will be delivered with a specific emphasis on improving self confidence and resilience, giving them improved life skills and stronger voice and making them feel safer in their community.

BBC Children in Need Booster grant - The booster grant was part of BBC Children in Need's response to supporting organisations during the COVID19 situation. Its purpose is to help Zest reach and meet the needs of the children and young people we work with.

National Lottery Community Fund - This Community Can - Developed in response to needs identified by communities living in the inner city areas of Sheffield, where levels of poverty, vulnerability and isolation are concentrated and where people are not readily accessing existing services, including those provided by Zest. The project builds connections and relationships in and across communities and enhances the capability of local residents to influence positive change where they live, using volunteers to build community through positive activities.

NHS - CCG 3 Tier - A contract to assess people on a waiting list for bariatric surgery.

SCC - Kickstart - A programme set up with the intention of helping young people get into work and employment.

SCC - TAP - This was funding to produce an online or other such directory to promote business in the Walkley area of Sheffield.

SCC - ERF - This was post COVID funding to build local communities and encourage people to shop locally.

SCC - COVID19 - This was response funding to enable Zest to react and support our local communities through lockdown and beyond. This funding contributes to core costs and will help us to shape our COVID response, for example, increased IAG support and specific community campaigns.

NHS - City Centre GP's - To work in partnership with GP surgeries to support the development of the network and provide mental health key worker support for patients.

NHS - West 5 Care - To provide a health trainer to the GP Neighbourhood network, to deliver healthy lifestyle interventions and support for patients.

NHS - City SP 2021 - To provide a social prescribing link worker to the GP Neighbourhood network, to support patients access a range of community based services.

SCC - People Keeping Well Extension - This is a £10,000 per annum grant to deliver the Resilient Communities agenda in the West Sheffield neighbourhoods and as part of the whole People Keeping Well programme. Our objectives are around developing the capacity and capability of local community health organisation through improved resourcing and networking.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

17 Restricted funds (continued)

SCC - This Girl Can - To deliver physical activity opportunities and encourage more women to become physically active. Used to fund a member of staff to deliver physical activity classes and was also used to buy trainers to run Couch to 5K courses and online classes.

University of Sheffield UKRI - A community research project, in partnership with the University of Sheffield, looking at local people and how they connect with their heritage. Ultimately this research will lead to an exhibition of memories and photos of the local area. Zest provide staff support and links in to the community for the researchers.

VAS - Healthy Holidays 2020 - A project which provides support with the cost of food and activities in the holidays for children who are on free school meals. The project delivered food parcels, recipe kits, activity pack and offered face to face and online activities for children along the upper Don corridor.

Tesco Jacks - A project to provide positive physical activities for children and young people with the aim of them gaining social responsibilities and creating connections with their local community. (This project was delayed due to COVID).

Tesco's Fit and Fab - Funding to provide activities for children during the school holidays alongside packed lunches. (This project was delayed due to COVID).

NHS - Student Mental Health - This project is funded from the Sheffield Mental Health Transformation Fund. We are contracted by Sheffield CCG but report to Sheffield MIND. The objectives are around supporting Sheffield 18+ students to manage their mental health. It funds one part time mental health and wellbeing coach who carries a case load and also delivers training and group work.

Sport England - Leading the Way - This project is aimed at encouraging more people from BAME communities into physical activity and particularly into coaching opportunities. Our objective is to recruit and train 25 ambassadors (volunteers) who will deliver physical activity groups or classes.

Core Management Admin and Finance Fund is funds awarded to pay for the costs of some of the Upperthorpe Health Living Centre's revenue costs with the majority paying for the management of the centre. Some of the funds were used to pay off part of the long-standing pension creditor, these funds have been transferred to unrestricted funds.

The Building Complex Fund is the fund where the various resources were applied to meet the costs associated with the lease, design and construction work to the buildings. Depreciation is charged to this fund.

The Zest Improvement Fund was provided by the Social Enterprise Investment Fund and Sheffield City Council for improvements to the swimming pool roof. Depreciation is charged to this fund.
Research

All funds are considered to have sufficient resources available to enable each fund to be applied in accordance with its restrictions.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

18 Analysis of net assets between funds

	Group					
	Unrestricted funds £	Restricted funds £	Total 2022 £	Unrestricted funds £	Restricted funds £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible fixed assets	642,731	790,370	1,433,101	694,001	872,205	1,566,206
Current assets/ (liabilities)	<u>188,458</u>	<u>523,628</u>	<u>712,086</u>	<u>191,309</u>	<u>209,448</u>	<u>400,757</u>
	<u>831,189</u>	<u>1,313,998</u>	<u>2,145,187</u>	<u>885,310</u>	<u>1,081,653</u>	<u>1,966,963</u>

	Charity					
	Unrestricted funds £	Restricted funds £	Total 2022 £	Unrestricted funds £	Restricted funds £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible fixed assets	477,448	-	477,448	514,784	-	514,784
Current assets/ (liabilities)	<u>187,418</u>	<u>523,628</u>	<u>711,046</u>	<u>190,268</u>	<u>209,448</u>	<u>399,716</u>
	<u>664,866</u>	<u>523,628</u>	<u>1,188,494</u>	<u>705,052</u>	<u>209,448</u>	<u>914,500</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

19 Operating lease commitments

At the reporting end date the company had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	Group and Charity	
	2022	2021
	£	£
Within one year	5,762	1,154
Between two and five years	<u>19,787</u>	<u>-</u>
	<u>25,549</u>	<u>1,154</u>

20 Capital commitments

The group and charity had no capital commitments at 31 March 2022.

The leasehold property owned by the subsidiary charitable company is subject to a legal charge held by The Secretary of State for Health of £499,152.

21 Events after the reporting date

As referred to in the going concern section of the accounting policies, the trustees are monitoring the situation concerning the coronavirus and any impact it may have on the charity. Given the current uncertainties, any longer term financial effect cannot be estimated.

22 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel, none of whom were trustees, is as follows.

	Group & charity	
	2022	2021
	£	£
Aggregate compensation	<u>57,206</u>	<u>52,272</u>

Staff remuneration including all key management personnel was reviewed. No company-wide cost of living pay increase was awarded

The following factors were taken into consideration:

- market rates
- inflation
- affordability in the light of uncertainty generated by the Covid-19 pandemic

It was agreed by trustees to review staff remuneration on an annual basis.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

23 Subsidiaries

These financial statements are separate company financial statements for Netherthorpe and Upperthorpe Community Alliance.

The charitable company has control of 100% of the assets and trade of Upperthorpe and Netherthorpe Healthy Living Centre Trust (charity number 1090345), a charitable company limited by guarantee. Netherthorpe and Upperthorpe Community Alliance are able to appoint and remove trustees in this charitable company. Its incoming resources for the year were £80,000 (2021: £80,000) and its total resources expended were £175,770 (2021: £175,770), leaving a net decrease in funds of £95,770 (2021: £95,770). At 31 March 2022 the net assets of Upperthorpe and Netherthorpe Healthy Living Centre Trust were £956,693 (2021: £1,052,463).

24 Cash generated from operations

	Group		Charity	
	2022	2021	2022	2021
	£	£	£	£
Surplus/(deficit) for the year	178,224	(49,552)	273,994	46,218
Adjustments for:				
Investment income recognised in statement of financial activities	(45,994)	(43,760)	(45,994)	(43,760)
Depreciation and impairment of tangible fixed assets	169,786	170,660	74,016	74,890
Movements in working capital:				
(Increase)/decrease in debtors	(223,566)	23,212	(223,841)	23,252
Increase/(decrease) in creditors	68,701	(3,089)	66,813	(1,200)
Increase/(decrease) in deferred income	<u>2,436</u>	<u>(18,049)</u>	<u>2,436</u>	<u>1,951</u>
Cash generated from operations	<u>149,587</u>	<u>79,422</u>	<u>147,424</u>	<u>101,351</u>

25 Analysis of changes in net funds

The charity had no debt during the year.

Accounts

CHARITY REGISTRATION NUMBER 1077083
COMPANY REGISTRATION NUMBER 3628231

**NETHERTHORPE AND UPPERTHORPE
COMMUNITY ALLIANCE**

GROUP ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	T Hunt (Chair) D S Thornett A Abdulrub H M Sims K Mudge J A Grist L Smith S Jones	(Appointed 29 October 2020)
Chief Executive Officer	M Dean	
Secretary	S Markham	
Charity number	1077083	
Company number	3628231	
Registered office	18 Upperthorpe Sheffield South Yorkshire S6 3NA	
Auditors	UHY Hacker Young 6 Broadfield Court Broadfield Way Sheffield S8 0XF	
Bankers	Unity Trust Bank plc Nine Brindleyplace Birmingham B1 2HB	
Solicitors	Graysons with Watson Esam Solicitors 4 – 12 Paradise Square Sheffield S1 1TB	
	Taylor Bracewell 17-23 Thorne Road Doncaster, DN1 2RP	
	Bhayani HR and Employment Law 59 Shoreham Street Sheffield S1 4SB	

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

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NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report and accounts for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The object of the charity, which has the trading name of Zest, as defined in the memorandum and articles of association is:

The promotion for the benefit of the public of urban regeneration in areas of social and economic deprivation (and in particular in the Netherthorpe, Upperthorpe and Langsett areas of Sheffield).

Further details of the charity's objects are set out in the charity's memorandum and articles of association.

Zest's vision is: 'To enable everyone in our communities to lead healthy and successful lives'.

Zest's mission is:

1. To provide a healthy living center delivering responsive services to tackle local inequalities, including:
 - a. Health and wellbeing
 - b. Employment and skills
 - c. Sport, leisure and recreation
2. To foster communities where everyone feels welcomed, valued and can fully participate in the life of the community.
3. To play an active role in supporting other disadvantaged communities in Sheffield.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. All the activities are undertaken to further the charity's charitable purposes for the public benefit.

We have **four distinct values** that underpin our work and everything we do:

Personalised

To achieve the best personal outcomes we navigate individuals and families through a tailored journey of support that can involve accessing a range of joined up wellbeing support services provided and hosted by Zest.

Inclusive

We strive to keep our services and facilities affordable, physically and culturally accessible. We run a range of tailored sessions including women only and disability specific swim sessions, and host the only ramp access swimming pool in the city.

Asset based

We empower local people and address local need by identifying the strengths within our community.

Collaborative

We collaborate by default to develop innovative approaches and achieve the best outcomes for our local communities.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance

"I wanted to express my personal gratitude for the effort and extra time you have contributed to making our children happy during this difficult time. Thank you so much for everyone in Zest for helping the community...!" Abdullah, Father of 7, Children attended Zest for the past 3 years.

Zest has demonstrated effective leadership and collaboration during an unprecedented period of operational challenge defined by the Covid-19 pandemic. A skilful, experienced and dedicated team of Trustees, staff and volunteers have worked with a range of stakeholders to adapt and respond; to ensure we reach those most in need, to ensure organisational stability and lay the foundations for recovery.

Zest employed 56 contracted staff and was supported by a team of dedicated volunteers to deliver an adapted suite of services during 2020-21.

In challenging circumstances, the charity was able to secure its financial base, ensure business continuity and provide the foundations for a strong recovery. Contributory factors included, savings on organisational overheads, due to temporary premises closure, effectively securing emergency Covid-19 grants, including accessing the furlough scheme, and a flexible approach from our local commissioners, in allowing us to retain resources to adapt and deliver services online and in order to respond to need stemming from the pandemic.

Zest have worked to ensure financial stability in a very challenging trading environment, achieving a surplus position and a modest uplift in freely available reserves, to 85% of the reserves target.

Strategic Development Activities

The Central Team have been focussed on managing the Covid-19 response, ensuring business continuity, stability and responsivity throughout the pandemic. This has been centred on regular, weekly management meetings throughout the pandemic to ensure effective leadership and coordination. Key activities included:

- **Zest Centre closure:** managing and coordinating the safe closure of the building during lockdown, including all library and leisure services and the subsequent decision to furlough the majority of the operational staff team, and undertake an operational staffing review.
- **Accessing Covid-19 emergency funding:** working to successfully access Government grants, Local Authority grants, National Lottery grants and a Power to Change community business emergency trading grant helped plug a 'business as usual' funding gap and ensure financial stability. This included accessing the furlough scheme throughout the reporting period.
- **Service adaptation:** coordinating the reorganisation of services to a. create a Covid-19 Community Response Hub to provide single point of access for essential services and b. develop new ways of delivering existing services, including online, over the phone and in outdoor settings and c. adapting to changing needs, for example, handling an increase in clients with mental health issues.
- **Staff support:** managing the shift to home working, including practical requirements such as ensuring effective online access through to ensuring we supported staff health & wellbeing, thorough regular contact and access to mental health support and guidance.
- **Covid-19 Hub network:** participating in a city-wide network of cross-sector partners, coordinated by Voluntary Action Sheffield, to ensure that we could share and respond to the latest intelligence, covering issues from outbreak control through to responding to the uneven social and financial impact of Covid-19. Related to this, Zest also coordinated the development of a local Covid-19 test site on the Shipton Street car park.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

- **Equality & diversity:** Zest developed an Equality & Diversity Group made up of staff and trustees with a view to taking a stronger stance and collective action at organisational level to redress institutional racism, inequality and improve diversity and representation. The first steps have been made in establishing baseline data, which will flow from an all staff survey and recorded small group conversations undertaken in Summer 2021.

The Zest Centre: Leisure & Library Service

The pandemic had a marked impact on the delivery of services hosted at the Zest Centre. Leisure, library and café services were subject to enforced closure.

There was a brief reprieve for leisure services in the early Autumn, but this was short lived.

The main focus, therefore, was on ensuring we could protect and retain staff, undertake essential repairs, remain open for essential services, for example, food parcel collection, and be ready to mobilise when the lockdown measures were eased.

Key activities included:

- **Undertaking building changes and improvements:** the replacement of the flat roof that adjoins the original buildings was completed, the swimming pool was emptied and pool tiles re-grouted ready for reopening.
- **Managing furlough:** the organisation placed the majority of the leisure staff team on furlough, taking steps to top up pay to 100% throughout the period in order to safeguard jobs.
- **Operational staffing review:** Zest undertook a voluntary redundancy process in the Autumn, recognising it was not financially viable to retain the full staff team given the prolonged period of closure.
- **Obtaining financial support:** including a successful £25k grant application to Power to Change to bridge the trading income gap, and welcome support from our Local Authority partners, who allocated an additional £87k to the Centre in recognition of the unprecedented budget pressures.

Zest were able to host school swimming session in the latter part of the year, facilitating 1336 attendances and also delivered a programme of Sport England funded *This Girl Can* online exercise classes, with 342 female attendances, 292 of whom were aged 50 plus and 19% were from a Black and Minority Ethnic minority background.

Zest continued to provide tenancies to a range of community providers, including the NHS Integrated Care Team, The SCC West Multi Agency Service Team, Langsett Advice & Advocacy, the Sheffield Young Women's Housing Project and YAFA.

Health & Wellbeing

Our Local Health Offer

As well as the online classes which I like very much, I also benefitted greatly from the Saturday disabled swimming sessions at Zest and hope that post - pandemic I can return to those sessions. It was so good to chat to the other people there too.' Mrs B, S10, This Girl Can Client

The team continued to deliver services under the local People Keeping Well framework and in partnership with local Primary Care Networks and other key stakeholders.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

The team as a whole supported **442** individual clients during 2020/2021.

Of those clients **232 (52.5%)** were women and **53 (25%)** were from a Black and Minority Ethnic background.

182 (7.4%) of clients reported some level of disability or long-term condition or illness.

Highlights include:

- **Covid-19 Support**

Supporting people through the pandemic was the primary activity for the health team at the beginning of 2020/2021 and staff made wellbeing calls in person and by telephone to new and existing clients. This included providing lots of emotional as well as practical support including fetching shopping and making foodbank referrals.

- **Vaccination Clinic Support**

Zest volunteers and also staff members volunteered their time during Spring 2021 to support vaccination clinics by welcoming and receiving patients, registering their attendance and patient observation post-vaccine.

Zest worked with local community leaders, clinicians and colleagues at ShipShape to deliver 2 video vaccination Q&A sessions aimed at local black and minority ethnic communities.

Community Wellbeing Programme and Social Prescribing:

The Community Wellbeing programme is delivered by the Health and Wellbeing coaches who support people to improve their health and wellbeing by making lifestyle changes- usually around becoming more physically active and by eating more healthily.

Support included:

- **Mental Health Support**

The local health team delivered two dedicated mental health services during 2020/21:

Emotional Wellbeing service - delivered to patients registered with Central GP practices, the Mental Health Key worker supported patients with mild to moderate mental health conditions to focus on their health and wellbeing and navigate support from a range of agencies.

Student Mental Health Project – delivered to students aged 18+ registered with both University GP practices. This supports patients with moderate to severe mental health conditions referred to Zest by Sheffield MIND for emotional and practical support

- **Small grants**

Local community organisations and groups successfully bid for £19k in small grants to fund equipment and services that help people to experience the “5 ways to wellbeing”. Successful bids secured equipment to help make activities Covid-safe and IT equipment to enable people to connect with others from home, pitch/room hire and kit for local football, rugby, running and walking groups, and enrichment activities for isolated people.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Looking ahead, the local Health Team will:

- Continue to support people diagnosed with dementia and their carers, to understand the condition and access support from appropriate agencies.
- Continue to support and facilitate networking and co-operation between local health and wellbeing organisations.
- Continue to extend our Physical Activity offer and engage more women and people from black and minority ethnic communities with coaching opportunities through the This Girl Can and Leading the Way projects.
- Develop and evaluate the student mental health service project and secure further opportunities to enhance our mental health offer.
- Enhance our workplace wellbeing policies to ensure staff feel well supported.

Our City Health Offer

Live Lighter Sheffield

I would love to thank Live Lighter for all the help & advice they've given me through my 12 week course & for showing me how to eat well & better. I'm just so happy that I've been given this opportunity & chance to finally get where I so want to be & to give me my life back, thank you' Live Lighter Bariatric Client

The Live Lighter team developed a new virtual offering that our clients could access online, whilst still receiving the same level of quality support and advice to help manage their weight and promote healthy lifestyles.

In the Zoom sessions this year we have supported 449 adults, children and families towards a healthier lifestyle. Of the adult completers, 76% were female and 20% were from a Black and Minority Ethnic background. Of the child completers, 69% were from a Black and Minority Ethnic background.

An additional 199 individuals have accessed our Universal web-based support which provides lifestyle information that clients can access at their own pace, as well as weekly emails offering encouragement.

The **children and family's sessions** have also benefitted from weekly Zoom physical activity sessions. Children on the programme also received a skipping rope and cones to encourage them to engage in physical activity outside of the sessions.

Here's what some of the participating families had to say about their time on the programme:

Found the sessions really great so far, it has been helpful to have space to talk about healthy eating/ being active because while D is aware he is overweight, he finds it hard to talk to me about changing his habits...it is also good to have the same practitioner delivering the sessions each week for continuity. D said he likes being able to talk to people and the recipe ideas...I also like the play trail that you sent, were going to try that at the weekend also.'

Zest have trained a total of 112 health professionals in 'raising the issue of overweight and obesity.' This includes NHS and STH staff.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Zest continue to support our clients waiting for bariatric surgery. Additional support for these clients has included ongoing monthly drop in sessions since February on Zoom lasting 1 hour, covering various different topics such as sleep, healthy routines, and staying motivated.

Thank you so much. I'm in tears here as I just can't thank you enough for all the help I've been given and that I'm finally going to get the surgery" Live Lighter Bariatric Client.

Young People's Smokefree Service

Despite the challenges faced this year and key interventions in schools being paused for much of this financial year, the Local Authority funded Smokefree team has still been able to deliver and adapt the service for education in primary/ secondary schools and young people in Sheffield accessing the quits service.

- The team has partnered with 4 new primary schools to deliver 6 weeks of smokefree sports based sessions to 270 year 6 children.
- 4 secondary schools have been recruited for a whole school approach and at least 40 teenage students will receive the ASDAN accredited smokefree ambassador training.
- 17 young people have been supported through the quits service despite various lockdowns and restrictions.
- A total of 60 education and health professionals have received some basic training to encourage knowledge and action of referring young people to Zest services around smoking.

Looking ahead, the city Health Team will:

- Support a range of partners in delivery of the extended Live Lighter Sheffield service following additional investment from Central Government
- Re-establish face to face services, delivering Live Lighter sessions in community venues across the City and supporting children and young people in school settings.

Children, Young People & Families

"I personally would like to thank you for all your effort and dedication with the kids, M was so happy having his Zoom meetings, and he was having lots of fun. We hope to see you soon." Salime, Mother of 2, Started attending Zest activities virtually during lockdown.

Zest community services were adapted to meet the needs of the community during the pandemic. Initially, this took the form of a **Covid-19 Community Response Hub**, which, effectively created a single referral point for individuals and families requiring support and also provided a set of additional services. Highlights from this additional provision include:

- **Lockdown Facebook Group**
At the very beginning of Lockdown 1.0 we established the Zest Children and Families Group on Facebook as a way to stay in touch with local families. The group has been used to disseminate Covid-19 messages, provide activities and educational materials for children and as a support hub for parents with various queries. It currently has 107 members
- **Essential Items delivery service**
29 households were supported with regular weekly deliveries of shopping from April to June 2020 for people who had Covid-19, were self-isolating or otherwise were unable to get essential items

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

- **This Community Can Tea Tent**

203 individuals attended, supported by 3 volunteers. Every week on a Tuesday from 10am - 3pm the team put the tent up in the garden behind Zest or in another green space in the local area and offer drop in coffee, tea and biscuits to everyone.

The tea tent has been a great way to meet people in an informal outdoor setting, in particular those who may not have been comfortable coming in to the Zest building.

- **Zoom and Play**

58 sessions, 263 attendances, 5 Volunteers.

During the early stages of lockdown we were able to offer online play sessions for kids. This allowed valuable socialisation time as well as welcome distractions from the various difficulties of lockdown. These sessions continued until children returned to school in September.

The Communities team successfully adapted a range of existing provision to meet the needs of children and families in the local area. This activity was supported by 45 volunteers. Highlights include:

- **Healthy Holidays**

919 Food hampers, 2818 kids meals, 1357 Activity packs, 568 face to face attendances, 22 Volunteers.

The Sheffield Healthy Holidays project has been a citywide effort to reduce child food poverty during the school holidays. As a community hub, Zest has coordinated a number of partner organisations to organise the provision and delivery of food hampers, activity packs and face-to-face activities for families across Netherthorpe, Upperthorpe, Langsett, Hillsborough, Middlewood and Stanington. This project has been particularly vital during lockdowns and COVID restrictions, providing hampers with two meals for a family of four as well as craft and sports packs.

- **Homework Club**

274 attendances, 15 volunteers engaged.

Providing one-to-one video calls with children and young people to assist them with schoolwork was a natural continuation of our ever-popular homework club. Supported by our amazing volunteers we've been able to run this service non-stop since April 2020.

- **Play Trail app**

5 Volunteers engaged.

Developed during the Summer 2020 this app enables families to explore their local play spaces in new ways. Designed for kids to stay active whilst socially distanced, the app provides challenges to be completed at a trail of 9 play areas and green spaces.
<https://arcg.is/18vrqD>



NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

- **Roots and Futures**

A collaborative project with the University of Sheffield Archaeology department, Ecus Ltd and Kelham Island and Neepsend Community Alliance (KINCA), this project sought to connect people to the heritage and history of the local area. An app was created that listed various areas of historical interest, showing them on a map so users can explore and find out information about the places they can see. The app allowed users to upload their own photo's and stories to share their personal histories as local residents.

<https://arcg.is/y9WOL>

- **Empowering Parents Empowering Communities**

This city- wide project is a parenting initiative, where local parents are trained to deliver parenting groups to other parents including Chinese and Arabic communities. The project supported and trained 33 parent volunteers, 55% from a Black and Minority Ethnic background, who have delivered 15 'Being a Parent' groups benefitting 144 adults.

This year 3 of the volunteers have gained employment, one as a Teaching Assistant and one as an Infant Feeding Peer Support worker and one as a Doctor.

Looking ahead, the Communities Team will:

- Stabilise and develop the new youth mentoring project.
- Redevelop and enhance the local primary-aged activity offer.
- Carry out a research project to identify needs of the local community post-pandemic.
- Ensure a smooth comeback to face-to-face activities/services after Covid-19, focussing on team cohesiveness and wellbeing, stabilising all services to allow for future growth and expansion.
- Work closely with the SCC parenting team to establish new opportunities and needs to meet in the community/wider city.
- Work to increase community membership and make it more meaningful.

Our Youth Offer

The Zest Youth service continues to provide a vital, safe, social hub for young people. The main aims of the Children in Need funded project are centred on making 3 key differences:

1. 106 young people developed improved self-confidence and resilience;
2. 102 young people developed improved life skills and a stronger voice;
3. 107 young people were supported to feel safer in their community.

Creating a Covid-safe environment was important for both young people and staff. We delivered a Q&A session on 'How you feel about Covid 19', this brought to light that there was a number of young people that were feeling isolated and vulnerable.

Building Confidence

The team delivered online sessions giving young people tips on how to manage their emotions as a lot of them described their feelings as being "stressed". The youth team recorded exercise videos which were posted on Instagram. We also talked online about managing stress techniques which resulted in some young people requesting 1:1 sessions which interlinked with building self-confidence.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Money Management Skills

Post lockdown, the team delivered a money management workshop to teach young people financial life skills. This covered budgeting, shopping and what kind of bills they will need to pay when they live alone. The feedback received was very positive and some participants said they now feel more confident to manage money and understand what items mean on a payslip.

Support to Feel Safe

We used 'young people friendly' information on our social media to ensure the young people understood how to keep safe in particular with regard the guidance around Covid-19. Young people communicated with the team through Instagram and were able to answer any questions they had. This enabled them to gain a better understanding of keeping safe.

During one of our online sessions it became apparent that the young people were spending more time on social media through the lockdown so we delivered a short session on how to keep safe online. A number of DJ sessions were delivered and in one particular session a Q&A section was incorporated at the end to remind young people how to keep safe online.

Counselling Service

The team developed counselling service based on growing demand for 1:1 support, which was popular especially with females. We delivered this both online and face to face. This is ongoing and at times expanded to the staff. We are currently investing in team counselling skills as we see a greater need for this service.

One young female revealed that she was anxious about school and was practically giving up, and started to drink alcohol. One of the Youth Work Team arranged 1:1 sessions with her around the use of alcohol and how to keep safe. She has now decided that she wants to catch up with her work and wants to become a social worker.

Rooted in the Community

Finally, with our workers being rooted in this community we were able to understand where some of the need was and could target resources. This led us to start providing toiletry hampers rather than food as this was also an important area to support. We regularly dropped hampers at the front door.

Youth service in numbers

Young people accessing our services:	124
Sessions delivered:	56
Hampers delivered:	74
Online study sessions:	16
Counselling sessions:	23

94% of young people accessing the service were from a Black and Minority Ethnic background. 10% of service users were female.

Looking ahead, the Youth Team will:

- Continue to be flexible and alert to community issues
- Develop a Winn Gardens 'youth offer' in partnership with St Johns Church
- Develop a parental support session
- Work with the SYNC partnership to obtain local commissioner buy in and establish responsive local youth hubs in the city.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Supporting People into Work & Training

"Zest has been brilliant, I have had so much support from Russell, he has been awesome helping me to be more confident, to believe in myself and to successfully find employment in a role I wanted to do. Russell always listened, understood and believed in me, he truly has helped me every step of the way. I was encouraged to volunteer with Zest as part of my journey and this has been a big confidence boost for me, meeting others and feeling part of the Zest team. I would recommend Zest to anyone needing support. I can't wait to start my new job! – Thank you". Subair Hujaleh, Zest4Work client

Zest for Work provides a range of interconnected services, taking a holistic approach to supporting individuals. An experienced team, delivering Matrix accredited Information Advice and Guidance services, empowering individuals to access employment, training and voluntary opportunities. Highlights include:

Covid-19 Service Adaptation

The team contacted all services users to compile data and tailor our support, identifying those who are high risk, self-isolators, those seeking employment during the pandemic and those who choose to stop actively seeking employment.

This included launching monthly and weekly newsletters and bulletins to ensure clients had access to up to date information about routes to support and employment.

Keeping People Connected

Through the Good Things Foundation, Zest secured 10 new tablets with free internet access. Some have been distributed to our services users to enable them to continue seeking employment and other services users that have been allocated have been identified as the most vulnerable and isolated. Digital champions have supported those who have limited IT skills. One of the customers a lady contacted us via their device to say

"Thank you all so much for all your help, I can now connect to my family. I am on medication and the app you installed is really helping me to relax as I listen to soothing sounds."

Volunteer Support

In the first week of lockdown we created a "What's App Group" to keep volunteers engaged and up to date. With the structure of volunteering gone, some reported that they were feeling low and that their mental health had started to decline. To counteract this with the use of technology and Zoom, we set up a weekly "Wellbeing Wednesday Group".

Staff and volunteers met online and focused on positive interventions, sharing tips and 'having a laugh' with a quiz. Topics have included, relaxation techniques using headspace app, incorporating the 5 ways to wellbeing and sharing links such as every mind matters quiz for expert advice and a personalised plan.

This **kept everyone connected** and made for a varied, fun and informal meeting. It gave everyone something to look forward to each week, especially our volunteers that are isolated and live alone.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Family Adult Community Education Service (FACES). Engaging and supporting adults into training, employment, or volunteering, including:

- 226 people were engaged (55% female participants).
- 159 people referred to a learning opportunity.
- 49 people supported to access employment advice.
- 18 people supported with volunteering advice and opportunities.
- 15 people progressed onto further learning.
- 4 courses delivered to 33 learners.

Mental Health Educational Programme

- 25 referrals made to managing anxiety and managing depression courses (64% female). This was limited by the pandemic/ courses being put on hold.
- 61 wellbeing calls made to clients waiting to start courses.
The programme was limited by the pandemic/ courses being put on hold.

ESF Lead Keyworker Service, Supporting people into employment and training, which included:

- 55 unemployed and economically inactive people engaged (45% from a Black and Minority Ethnic background, 23% reported to have a disability)
- 22 people secured employment (48% from a Black and Minority Ethnic background)
- 16 people went into education (56% from a Black and Minority Ethnic background, 25% reported to have a disability)

Matrix Accreditation Secured

The service was, again, successful in securing Matrix accreditation, reflecting our continued commitment to high quality and responsive delivery of Information, Advice & Guidance.

Looking ahead, the Work and Training Team will:

- Develop our training and employment support work with young people, in partnership with our youth service
- Work to ensure effective transition to face to face engagement and delivery.
- Work to secure more equitable and longer-term contract arrangements with the Local Authority for delivery of Adult Learning.
- Adapt services to respond to increased vulnerability of service users based on changes to Universal Credit and the increased cost of living.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Subsidiary and other controlled companies

The charity also controls Upperthorpe and Netherthorpe Healthy Living Centre Trust, a registered charity (Charity number 1090345) and a company limited by guarantee (company number 4258284), as it is able to appoint and remove trustees in that charitable company. Its incoming resources for the year were £80,000 (2020: £80,000) and its total resources expended were £175,770 (2020: £176,383), leaving a net decrease in funds of £95,770 (2020: £96,383). At 31 March 2021 the net assets of Upperthorpe and Netherthorpe Healthy Living Centre Trust were £1,052,463 (2020: £1,148,233).

Financial review

The group has made a deficit of £49,552 in the year (2020: surplus of £90,676). Unrestricted funds are showing a surplus of £29,125 (2020: surplus of £25,592) and restricted funds are showing a deficit of £78,677 (2020: surplus of £65,084) for the year after transfers between funds. At 31 March 2021 total fund balances were £1,966,963 of which £885,310 were unrestricted and £1,081,653 were restricted.

The charity has made a surplus of £46,218 in the year (2020: £187,059). Unrestricted funds are showing a surplus of £43,060 (2020: £40,140) and restricted funds are showing a surplus of £3,158 (2020: £146,919) for the year after transfers between funds. At 31 March 2021 total fund balances were £914,500 of which £705,052 were unrestricted and £209,448 were restricted.

Reserves Statement

The charity reviewed its reserves policy during the year and agreed that funds of £225,000 should be held in reserve, including cover for significant events, as follows:

- £75,000 to cover the costs of closing a substantial area of the business;
- £50,000 working capital to be released against a business case;
- £50,000 to be used for unexpected or emergency costs;
- £50,000 to manage short term budget fluctuation and cash flow issues.

The Trustees agreed that any surplus above that needed for reserves may be re-invested to support charitable activities and that any such re-investment will be agreed by the Trustees.

Free unrestricted group reserves at 31 March 2021 were £191,309, a welcome increase of £43,455 on the last period. This remains below the target reserve level and requires close financial risk management and monitoring alongside clear business development objectives to ensure the company retains a secure footing that minimises any call on reserves. This includes quarterly review of the 'in year' accounts position and the pipeline investment opportunities to provide a clear and robust position for Trustees.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Future Plans

Looking to **the year ahead**, the organisations strategic priorities will include;

Covid-19 Recovery & Reset:

- Adapting services to ensure they are Covid-19 safe and accessible.
- Engaging with local stakeholders to understand and address any ongoing negative impact and concerns stemming from Covid-19.
- Supporting local vaccination roll out.
- Working to get the Zest Centre and Shipton Street Hub back up and running with the reintroduction of all face to face services in line with Covid-19 safe protocols alongside ongoing assessment of the changeable trading environment.
- Being prepared for business continuity in the event of future lockdowns & restrictions.
- Introducing permanent agile working practices for staff.

Action on Equality & Diversity

- Establishing a clear set of baseline data and information regarding existing staff, trustee and community member representation, including perspectives on addressing equality & diversity issues.
- Developing an Equality & Diversity Framework setting out priority actions and objectives.
- Establishing a range of accessible options for obtaining staff, trustee & service user voice in relation to equality & diversity.
- Work with local partners to support and enable improved resourcing and capacity building for local Black-led organisations.
- Celebrating the diversity of our local community.

Funding Priorities & Commitments

- Engaging with local commissioners to understand the emerging funding landscape and press for longer term funding commitments/ frameworks for the sector including more consistent practice across the Local Authority.
- Securing longer term capital and revenue funding commitments in relation to the Zest Centre, tied to the City Leisure Strategy, alongside identifying routes to external capital match funding.
- Engaging with the new Local Area Committee structures and consulting with local people to set priorities for the local area.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management

The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee as defined by the Companies Act 2006. The charity trades as ZEST which is a trading name of Netherthorpe and Upperthorpe Community Alliance.

The trustees, who are also directors for the purpose of company law, and who served during the year were:

T Hunt (Chair)

D S Thornett

A Abdulrub

H M Sims

K Mudge

J A Grist

K Hadrami

(Resigned 15 July 2020)

L Smith

S Jones

(Appointed 29 October 2020)

Membership of the Charity is open to individuals, community or voluntary groups who live, work or are based in Netherthorpe, Upperthorpe and Langsett areas of Sheffield or who use the charity's services.

Trustees are appointed so that there are up to 5 Member Trustees, 5 Non-Member Trustees and 2 Co-optees. Member Trustees are elected, on a rotating basis, by member organisations at the Annual General Meeting. Non-member Trustees are selected by the Trustees at a Trustees meeting, taking into account the need for a mix of skills and experience on the Board. Trustees serve a term of office as near to 3 years as possible.

All new trustees are subject to a structured trustee induction process as set out in the Trustees' Terms of Reference.

The trustees delegate all day to day decision making concerning staff and resources to the Chief Executive. The trustees are responsible for all strategic decisions about the charity.

None of the trustees has any beneficial interest in the company. All the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. During 2020/21 the trustees received reports and held meetings to assess financial and other risks to the company and agreed strategies to mitigate key risks. This is captured in a **Company Risk Management Action Plan**.

Covid-19 Impact, Response & Risk Management

The reporting period was centred on managing the response to the ongoing impact of Covid-19.

The Charity continued undertake a range of measures to minimise risk, considering both the short and medium to long term impacts of Covid-19 and considered this in the context of Charity Commission guidance relating to Covid-19 incident reporting, noting our duty to disclose risks.

In terms of formal reporting, Trustees met on the 14th September 2020 to review Charity Commission guidelines in relation to Covid-19 incident reporting and agreed that whilst there was no requirement to report any incidents, it was important to note the triggers and to clearly set out the risk measures that are in place.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Reporting of Covid-19 incidents to the Charity Commission will be triggered by actions that could result in the charity:

- being unable to deliver vital services to at risk beneficiaries;
- become insolvent and/or forced to close permanently; or highly likely to be insolvent and/or forced to close permanently within the next 12 months.
- being investigated by HMRC for abuse of the furlough scheme or by the police for break of lockdown measures.

Plans to address the key risks highlighted by the Charity Commission are summarised below:

Risk	Measures & Context
Income loss leading to insolvency/ service closure	- Diverse income base including grants and contracts across a range of services. - Multi-year funding agreements - Commissioner flexibility allowing us to adapt services/ recover from lockdown - Local authority 2-year recovery support package for Zest and wider city leisure services. - Bi-monthly cashflow analysis and reporting to Board - Furlough draw down - Accessing Covid-19 emergency grant schemes - Regular online trustee meetings throughout the pandemic to address headline risks. - Zest Centre Operational Staffing Review
Unable to deliver vital services to at risk clients	- Adapted (blended) service model to cater for at risk beneficiaries including phone and online mental health support, essential item delivery services to vulnerable clients, provision of equipment to enable online access. - Ongoing service adaptation to provide safe settings for client/ community interaction. - Covid-19 Staff Handbook setting out new and adapted protocols, for example, individual risk assessments, home working policy and outbreak protocol.
Covid-19 outbreak leading to service closure	- Covid-19 Staff Handbook setting out new and adapted protocols, for example, Covid-19 outbreak protocol and related Covid-19 safe policies, procedures and session risk assessments. - Covid-19 premises risk assessment and adaptations in accordance with Government guidance. - Lateral flow testing regime including provision of free test kits.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Risk	Measures & Context
Lockdown measures reintroduced	- Diverse income streams with multi-year agreements. - Local commissioner dialogue and flexibility. - Government financial intervention if businesses forced to close i.e. Furlough scheme, rates subsidy, industry grants - Local Authority recovery support package for Zest and wider city leisure services. - Lockdown experience including ability to develop successful community hub service and online service offer. - National recognition that lockdown measures need to balance risk with longer term health & wellbeing and need to continue services albeit on a restricted basis - Adapted service model to provide effective blended service offer. - Clear home working policy to ensure safe and productive working practices are supported and retained.

Future Plans

Zest Trustees and Zest Management Team will continue to meet at least bi-monthly to meet and review Covid-19 related risk and agree mitigating actions.

As lockdown restrictions are lifted the focus is shifting to how the organisation, services and the wider community recover and learn to adapt to living with Covid-19. In the short term, this includes supporting local vaccination take up, developing safe working practices, and what could be defined as a service 'reset' as social distancing restrictions are lifted and virus protection levels are increased during the Summer and early Autumn of 2021.

The trustees may nominate five trustees to the Upperthorpe and Netherthorpe Healthy Living Centre Board. D S Thornett, M Dean, T Hunt and K Mudge are currently nominated trustees.

Disclosure of information to auditors

Each of the directors has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditors are aware of such information.

The trustees' report was approved by the Board of Trustees.



T Hunt (Chair)
Trustee

Dated: 15 December 2021

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2021

The trustees, who are also the directors of Netherthorpe and Upperthorpe Community Alliance for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that year.

In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

Opinion

We have audited the financial statements of Netherthorpe and Upperthorpe Community Alliance (the 'charitable company') for the year ended 31 March 2021 which comprise the consolidated Statement of Financial Activities, the parent Statement of Financial Activities, the consolidated Balance Sheet, the parent Balance Sheet, the consolidated Statement of Cash Flows, the parent Statement of Cash Flows and the notes to the accounts, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the accounts:

- give a true and fair view of the state of the group and the parent charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been properly prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of accounts section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the accounts in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusion relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE (CONTINUED)

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' Report, which includes the Directors' Report prepared for the purposes of company law, for the financial year of which the accounts are prepared is consistent with the financial statements; and
- the Directors' Report included within the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit, or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE (CONTINUED)

Responsibilities of the trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charitable company for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Based on our understanding of the charity and the sector in which it operates, we identified the principal risks of non-compliance with laws and regulations related to the acts by the charity, which were contrary to applicable laws and regulations including fraud, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to inflated revenue and the charity's net income for the year.

Audit procedures performed included: review of the financial statement disclosures to underlying supporting documentation, review of correspondence with and reports to the regulators, including correspondence with the Charity Commission, review of correspondence with legal advisors, enquiries of management in so far as they related to the financial statements, and in testing of journals and evaluating whether there was evidence of bias by the trustees that represented a risk of material misstatement due to fraud.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE (CONTINUED)

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of the Part 16 of the Companies Act 2006. Our audit work has been undertaken, so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purposes. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Roland Givans (Senior Statutory Auditor)
for and on behalf of UHY Hacker Young

15 December 2021

Chartered Accountants
Statutory Auditor

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	Total 2021 £	Unrestricted funds £	Restricted funds £	Total 2020 £
Income from:							
Donations and gifts	3	228,356	793	229,149	5,233	449	5,682
Charitable activities	4	578,307	853,515	1,431,822	872,609	813,535	1,686,144
Other trading activities	5	1,632	-	1,632	22,893	2,132	25,025
Investments	6	43,760	-	43,760	44,001	-	44,001
Total income		<u>852,055</u>	<u>854,308</u>	<u>1,706,363</u>	<u>944,736</u>	<u>816,116</u>	<u>1,760,852</u>
Expenditure on:							
Charitable activities	7	<u>923,456</u>	<u>832,459</u>	<u>1,755,915</u>	<u>1,005,596</u>	<u>664,580</u>	<u>1,670,176</u>
Net (outgoing)/incoming resources before transfers		(71,401)	21,849	(49,552)	(60,860)	151,536	90,676
Gross transfers between funds		<u>100,526</u>	<u>(100,526)</u>	-	<u>86,452</u>	<u>(86,452)</u>	-
Net income/(expenditure) for the year/ Net movement in funds		29,125	(78,677)	(49,552)	25,592	65,084	90,676
Fund balances at 1 April 2020		<u>856,185</u>	<u>1,160,330</u>	<u>2,016,515</u>	<u>830,593</u>	<u>1,095,246</u>	<u>1,925,839</u>
Fund balances at 31 March 2021		<u>885,310</u>	<u>1,081,653</u>	<u>1,966,963</u>	<u>856,185</u>	<u>1,160,330</u>	<u>2,016,515</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	Total 2021 £	Unrestricted funds £	Restricted funds £	Total 2020 £
Income from:							
Donations and gifts	3	228,356	793	229,149	5,233	449	771
Charitable activities	4	578,307	851,389	1,429,696	872,609	811,514	1,689,034
Other trading activities	5	1,632	-	1,632	22,893	2,132	25,025
Investments	6	<u>43,760</u>	<u>-</u>	<u>43,760</u>	<u>44,001</u>	<u>-</u>	<u>44,001</u>
Total income		<u>852,055</u>	<u>852,182</u>	<u>1,704,237</u>	<u>944,736</u>	<u>814,095</u>	<u>1,758,831</u>
Expenditure on:							
Charitable activities	7	<u>907,395</u>	<u>750,624</u>	<u>1,658,019</u>	<u>989,027</u>	<u>582,745</u>	<u>1,571,772</u>
Net (outgoing)/incoming resources before transfers		(55,340)	101,558	46,218	(44,291)	231,350	187,059
Gross transfers between funds		<u>98,400</u>	<u>(98,400)</u>	<u>-</u>	<u>84,431</u>	<u>(84,431)</u>	<u>-</u>
Net income for the year/ Net movement in funds		43,060	3,158	46,218	40,140	146,919	187,059
Fund balances at 1 April 2020		<u>661,992</u>	<u>206,290</u>	<u>868,282</u>	<u>621,852</u>	<u>59,371</u>	<u>681,223</u>
Fund balances at 31 March 2021		<u>705,052</u>	<u>209,448</u>	<u>914,500</u>	<u>661,992</u>	<u>206,290</u>	<u>868,282</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

CONSOLIDATED BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	12	1,566,206	1,662,371
Current assets			
Debtors	14	72,468	95,680
Cash at bank and in hand		<u>448,305</u>	<u>399,618</u>
		520,773	495,298
Creditors: amounts falling due within one year	15	<u>(120,016)</u>	<u>(141,154)</u>
Net current assets		<u>400,757</u>	<u>354,144</u>
Total assets less current liabilities		<u>1,966,963</u>	<u>2,016,515</u>
Income funds			
Restricted funds	18	1,081,653	1,160,330
Unrestricted funds		<u>885,310</u>	<u>856,185</u>
		<u>1,966,963</u>	<u>2,016,515</u>

The financial statements were approved by the board of directors and authorised for issue on 15 December 2021 and are signed on its behalf by:



T Hunt (Chair)
Trustee

Company Registration No. 3628231

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	12	514,784	515,179
Current assets			
Debtors	14	72,468	95,720
Cash at bank and in hand		<u>447,713</u>	<u>377,097</u>
		520,181	472,817
Creditors: amounts falling due within one year	15	<u>(120,465)</u>	<u>(119,714)</u>
Net current assets		<u>399,716</u>	<u>353,103</u>
Total assets less current liabilities		<u>914,500</u>	<u>868,282</u>
Income funds			
Restricted funds	18	209,448	206,290
Unrestricted funds		<u>705,052</u>	<u>661,992</u>
		<u>914,500</u>	<u>868,282</u>

The financial statements were approved by the board of directors and authorised for issue on 15 December 2021 and are signed on its behalf by:



T Hunt (Chair)
Trustee

Company Registration No. 3628231

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Group		2020	
		2021		2020	
		£	£	£	£
Cash flows from operating activities					
Cash generated from operations	25		79,422		133,457
Investing activities					
Purchase of tangible fixed assets		(74,495)		(53,454)	
Rental income		43,556		43,645	
Interest received		<u>204</u>		<u>356</u>	
Net cash (used in) investing activities			(30,735)		(9,453)
Net cash generated from financing activities			<u>-</u>		<u>-</u>
Net increase in cash and cash equivalents			48,687		124,004
Cash and cash equivalents at beginning of year			<u>399,618</u>		<u>275,614</u>
Cash and cash equivalents at end of year			<u>448,305</u>		<u>399,618</u>

		Charity		2020	
		2021		2020	
		£	£	£	£
Cash flows from operating activities					
Cash generated from operations	25		101,351		113,489
Investing activities					
Purchase of tangible fixed assets		(74,495)		(53,454)	
Rental income		43,556		43,645	
Interest received		<u>204</u>		<u>356</u>	
Net cash (used in) investing activities			(30,735)		(9,453)
Net cash generated from financing activities			<u>-</u>		<u>-</u>
Net increase in cash and cash equivalents			70,616		104,036
Cash and cash equivalents at beginning of year			<u>377,097</u>		<u>273,061</u>
Cash and cash equivalents at end of year			<u>447,713</u>		<u>377,097</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Company information

Netherthorpe and Upperthorpe Community Alliance is a private company limited by guarantee incorporated in England and Wales. The registered office is 18 Upperthorpe, Sheffield, South Yorkshire, S6 3NA.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The accounts are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. In making that assessment, the trustees have specifically considered the impact of the coronavirus on the operations of the charity, alongside actions taken to mitigate that impact. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

1.4 Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. Grants received are allocated between activities and between restricted and unrestricted funds according to their nature.

Income from investments is included in the year in which it is receivable.

Income is deferred when income has been received in advance relating to a contract to perform a service, where that service has not yet been provided, either in full or in part.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount.

Where the amount paid for the rental of the land and buildings used by the charity is below the commercial rate, a donation is included in income for the difference between the commercial rate and the amount actually paid by the charity.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1.4 Incoming resources (continued)

Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business, net of discounts, VAT and other sales related taxes.

1.5 Resources expended

Resources expended are recognised in the year in which they are incurred.

Charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes grants made to projects, costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant expenditure is included based on the date that individual projects' expenditure has been incurred, rather than the date that the grants are defrayed to the projects.

Governance costs included those costs associated with meeting constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource, and include irrecoverable VAT.

Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of the resources.

1.6 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Leasehold buildings	-	straight line over the life of the lease
Leasehold property improvements	-	4% straight line
Plant and machinery	-	33%/20% and 10% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Fixed assets costing less than £500 are not capitalised.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss, if any.

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the estimated future cash flows are discounted to their present value using a pre-tax discount rate that reflects current market assessments of the time value of money and the risks specific to the asset for which the estimates of future cash flows have not been adjusted.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1.7 Impairment of fixed assets (continued)

If the recoverable amount of an asset is estimated to be less than its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. An impairment loss is recognised immediately in income/(expenditure) for the year, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease.

Recognised impairment losses are reversed if, and only if, the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset in prior years. A reversal of an impairment loss is recognised immediately, unless the relevant asset is carried in at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

1.8 Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured at cost.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.9 Leasing and hire purchase commitments

Rentals payable under operating leases are charged against income on a straight line basis over the period of the lease.

1.10 Pensions

The charity operates a defined contribution pension scheme. Contributions are charged in the accounts as they become payable in accordance with the rules of the scheme.

1.11 Basis of consolidation

The financial statements consolidate the accounts of Netherthorpe and Upperthorpe Community Alliance and all of its subsidiary undertakings ('subsidiaries').

1.12 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowing in current liabilities.

1.13 Financial instruments

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument.

Financial assets are offset, with the net amounts presented in the accounts when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1.13 Financial instruments (continued)

Basic financial assets

Basic financial assets, which include trade and other receivables and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Impairment of financial assets

Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value if the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including trade and other payables, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised. Debt instruments are subsequently carried at amortisation cost, using the effective interest rate method.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Accounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1.14 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Critical judgements

Donation of land and buildings

The charity and its subsidiary charitable company receive a donation for the land and buildings from which they operate as only a peppercorn rent is paid to the lessor, which is below the commercial rate. To estimate this donation, the trustees need to make an assessment of what the commercial rent would be. They have done this based on a market valuation of the leasehold interest of the property that was done in June 2010. The trustees have used a retail price index calculation to increase the value of this estimate over the time since the valuation was completed.

3 Donations and gifts

Group and Charity

	Unrestricted funds £	Restricted funds £	Total 2021 £	Unrestricted funds £	Restricted funds £	Total 2020 £
Donations and gifts	35	793	828	322	449	771
Government						
Coronavirus Scheme	153,321	-	153,321	4,911	-	4,911
Donated goods and services	<u>75,000</u>	<u>-</u>	<u>75,000</u>	<u>-</u>	<u>-</u>	<u>-</u>
	<u>228,356</u>	<u>793</u>	<u>229,149</u>	<u>5,233</u>	<u>449</u>	<u>5,682</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2021**

4 Charitable activities

	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
Sales within charitable activities	17,072	285,807	17,072	285,807
Services provided under contract	902,697	1,036,863	902,697	1,036,863
Performance related grants	<u>512,053</u>	<u>363,474</u>	<u>509,927</u>	<u>361,453</u>
	<u>1,431,822</u>	<u>1,686,144</u>	<u>1,429,696</u>	<u>1,684,123</u>
Analysis by fund				
Unrestricted funds	578,307	872,609	578,307	872,609
Restricted funds	<u>853,515</u>	<u>813,535</u>	<u>851,389</u>	<u>811,514</u>
	<u>1,431,822</u>	<u>1,686,144</u>	<u>1,429,696</u>	<u>1,684,123</u>

	Group and Charity	
	2021	2020
	£	£
Services provided under contract		
SCC – Sheffield's Working	-	99,988
VAS – People Keeping Well - Early Years Volunteers	12,600	7,000
SCC – Empowering Parents Empowering Communities	27,500	24,918
SCC – FACES (Family Adult Community Education Service)	15,268	31,582
SCC - ESF 2020/2021	60,217	-
SCC - Behavioural Change	4,654	-
SCC - Holiday Hunger	5,000	-
SCC – Tobacco Control Related Education	93,746	99,996
SCC – Mental Health	25,993	17,312
SCC – Live Lighter	290,000	292,000
SCC – Community Wellbeing Programme	52,289	58,800
VAS - Healthy Holidays 2020	106,562	-
SCC – Social Prescribing	78,598	49,999
SCC – Winn Gardens	46,217	38,000
CCG - City Centre GPs	-	83,558
CCG - West 5 Cave	-	42,642
SCC – Dementia	35,000	28,500
SCC – Support for Services 2019/20	-	30,000
SCC – Upperthorpe Library	29,000	25,000
SYHA - Working Winn	-	6,728
SYFR - Safer Together	-	15,309
SCC – People Keeping Well Extension	10,000	-
Manor & Castle Development Trust	-	17,518
NHS Hillsborough GP's	-	15,500
Other small contracts	<u>10,053</u>	<u>52,513</u>
	<u>902,697</u>	<u>1,036,863</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

4 Charitable Activities (continued)

	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
Performance related grants				
UHLC Service Level Agreement	-	-	77,874	77,979
Sheffield City Council	80,000	80,000	-	-
SCC - Key Worker	6,712	47,453	6,712	47,453
SCC - Covid Support	100,500	-	100,500	-
Veolia Trust	-	1,539	-	1,539
The National Lottery Community Fund - This Community Can	51,064	100,623	51,064	100,623
BBC Children in Need 2019	46,410	39,686	46,410	3
SCC - Capital Receipts	10,000	57,084	10,000	57,084
SIB - Power to Change	25,000	-	25,000	-
SCC - CIL - Walkley Ward	21,300	-	21,300	-
SCC - Community Covid Support	5,000	-	5,000	-
SCC - Walking For Purpose	8,888	-	8,888	-
SCC - FACES (Faces Adult Community Education Service) 2019/20	-	13,309	-	13,309
SCC - This Girl Can	12,500	-	12,500	-
SCC - BME Older People	-	9,976	-	9,976
NHS - Student Mental Health	47,396	-	47,396	-
National Lottery - Covid19 Response	-	55,869	-	55,869
BBC Children in Need Booster Grant	5,000	-	5,000	-
Alliance of Sport - Level the Playing Field	6,250	-	6,250	-
Sport England - Leading the Way	10,000	-	10,000	-
Other small grants	<u>20,164</u>	<u>13,804</u>	<u>20,164</u>	<u>13,804</u>
	<u>512,053</u>	<u>363,474</u>	<u>509,927</u>	<u>361,453</u>

5 Other trading activities

	Group and Charity					
	Unrestricted funds	Restricted funds	Total 2021	Unrestricted funds	Restricted funds	Total 2020
	£	£	£	£	£	£
Non-charitable trading activities	<u>1,632</u>	<u>-</u>	<u>1,632</u>	<u>22,893</u>	<u>2,132</u>	<u>25,025</u>

6 Investments

	Group and Charity	
	2021	2020
	£	£
Rental income	43,556	43,645
Interest receivable	<u>204</u>	<u>356</u>
	<u>43,760</u>	<u>44,001</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2021**

7 Charitable activities

	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
Staff costs	1,135,624	1,078,208	1,135,624	1,078,208
Depreciation and impairment	170,660	176,040	74,890	79,729
Training and recruitment	3,546	3,588	3,546	3,588
Rent, rates, insurance and utilities	166,614	129,168	166,000	128,587
Printing, postage and stationery	3,700	11,434	3,700	11,434
Repairs and renewals	63,500	65,373	63,500	65,373
Travel and volunteer expenses	1,904	9,674	1,904	9,674
Community activities	47,718	25,391	47,718	25,391
Management and outcome fees	1,565	40,402	1,565	40,402
Cleaning and security costs	22,920	18,578	22,920	18,578
Subscriptions	4,664	4,558	4,664	4,558
Equipment hire	14,704	17,335	14,704	17,335
Advertising and publicity	15,245	17,383	15,245	17,383
Legal, professional and consultancy fees	13,007	19,092	11,566	
General expenses	<u>60,507</u>	<u>35,386</u>	<u>60,435</u>	<u>35,314</u>
	1,725,878	1,649,619	1,627,982	1,551,215
Grant funding of activities (see note 8)	18,967	9,190	18,967	9,190
Share of governance costs (see note 9)	<u>11,070</u>	<u>11,367</u>	<u>11,070</u>	<u>11,367</u>
	<u>1,755,915</u>	<u>1,670,176</u>	<u>1,658,019</u>	<u>1,571,772</u>
Analysis by fund				
Unrestricted funds	923,456	1,005,596	907,395	989,027
Restricted funds	<u>832,459</u>	<u>664,580</u>	<u>750,624</u>	<u>582,745</u>
	<u>1,755,915</u>	<u>1,670,176</u>	<u>1,658,019</u>	<u>1,571,772</u>

8 Grants payable

	Group and Charity	
	2021	2020
	£	£
Grants to institutions (23 grant)	18,803	9,190
Grants to individuals (3 grants)	<u>164</u>	<u>-</u>
	<u>18,967</u>	<u>9,190</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

9 Support costs

	Group and Charity					
	Support costs	Governance costs	2021	Support costs	Governance costs	2020
	£	£	£	£	£	£
Audit fees		8,242	8,242	-	8,904	8,904
Legal and professional	-	<u>2,828</u>	<u>2,828</u>	-	<u>2,463</u>	<u>2,463</u>
	-	<u>11,070</u>	<u>11,070</u>	-	<u>11,367</u>	<u>11,367</u>
Analysed between						
Charitable activities	-	<u>11,070</u>	<u>11,070</u>	-	<u>11,367</u>	<u>11,367</u>

Group

Governance costs includes payments to the auditors of £8,242 (2020: £8,904) for audit fees. Charitable activities includes payments to the auditors of £3,831 (2020: £3,507) for other services.

Charity

Governance costs includes payments to the auditors of £8,242 (2020: £8,904) for audit fees. Charitable activities includes payments to the auditors of £2,391 (2020: £2,067) for other services.

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or any other benefits from employment with the charitable company or any other related entity during the year, and no trustee expenses have been incurred (2020: None).

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2021**

11 Employees

Number of employees

The average number of employees during the year was:

	Group		Charity	
	2021 Number	2020 Number	2021 Number	2020 Number
Trustees	10	10	8	8
Management/administration/finance	14	12	14	12
Service delivery - contracted	42	44	42	44
Service delivery – casual	<u>5</u>	<u>8</u>	<u>5</u>	<u>8</u>
	<u>71</u>	<u>74</u>	<u>69</u>	<u>72</u>

Employment costs

	Group and Charity	
	2021	2020
	£	£
Wages and salaries	1,043,532	979,568
Social security costs	50,535	59,566
Other pension costs	<u>41,557</u>	<u>39,074</u>
	<u>1,135,624</u>	<u>1,078,208</u>

There were no employees whose annual remuneration was £60,000 or more.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2021**

12 Tangible fixed assets

	Group			Total
	Leasehold buildings	Improvements to leasehold property	Fixtures fittings & equipment	
	£	£	£	£
Cost				
At 1 April 2020	2,563,404	909,465	501,885	3,974,754
Additions at cost	-	44,636	29,859	74,495
Disposals	-	-	(3,936)	(3,936)
At 31 March 2021	<u>2,563,404</u>	<u>954,101</u>	<u>527,808</u>	<u>4,045,313</u>
Depreciation and impairment				
At 1 April 2020	1,416,212	464,506	431,665	2,312,383
Charge for the year	95,770	38,164	36,726	170,660
Eliminated in respect of disposals	-	-	(3,936)	(3,936)
At 31 March 2021	<u>1,511,982</u>	<u>502,670</u>	<u>464,455</u>	<u>2,479,107</u>
Carrying Amount				
At 31 March 2021	<u>1,051,422</u>	<u>451,431</u>	<u>63,353</u>	<u>1,566,206</u>
At 31 March 2020	<u>1,147,192</u>	<u>444,959</u>	<u>70,220</u>	<u>1,662,371</u>

	Charity		Total
	Leasehold improvements	Fixtures fittings & equipment	
	£	£	£
Cost			
At 1 April 2020	909,465	396,257	1,305,722
Additions	44,636	29,859	74,495
Disposals	-	(3,936)	(3,936)
At 31 March 2021	<u>954,101</u>	<u>422,180</u>	<u>1,376,281</u>
Depreciation and impairment			
At 1 April 2020	464,506	326,037	790,543
Depreciation charged in the year	38,164	36,726	74,890
Eliminated in respect of disposals	-	(3,936)	(3,936)
At 31 March 2021	<u>502,670</u>	<u>358,827</u>	<u>861,497</u>
Carrying Amount			
At 31 March 2021	<u>451,431</u>	<u>63,353</u>	<u>514,784</u>
At 31 March 2020	<u>444,959</u>	<u>70,220</u>	<u>515,179</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2021**

13 Financial Instruments

	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
Carrying amount of financial assets				
Debt instruments measured at amortised cost	<u>504,361</u>	<u>473,252</u>	<u>503,769</u>	<u>450,771</u>
Carrying amount of financial liabilities				
Measured at amortised cost	<u>82,481</u>	<u>113,916</u>	<u>82,930</u>	<u>92,476</u>

14 Debtors

	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
Trade debtors	45,082	73,235	45,082	73,235
Amounts owed by subsidiary undertakings	-	-	-	40
Other debtors	10,974	399	10,974	399
Prepayments and accrued income	<u>16,412</u>	<u>22,046</u>	<u>16,412</u>	<u>22,046</u>
	<u>72,468</u>	<u>95,680</u>	<u>72,468</u>	<u>95,720</u>

15 Creditors: amounts falling due within one year

	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
Trade creditors	44,626	70,913	44,626	70,913
Amounts due to parent undertaking	-	-	1,889	-
Taxation and social security	37,535	27,238	37,535	27,238
Other creditors	6,486	4,316	6,486	4,316
Accruals	29,418	18,687	27,978	17,247
Deferred income	<u>1,951</u>	<u>20,000</u>	<u>1,951</u>	<u>-</u>
	<u>120,016</u>	<u>141,154</u>	<u>120,465</u>	<u>119,714</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2021**

16 Deferred income

	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
Other deferred income	<u>1,951</u>	<u>20,000</u>	<u>1,951</u>	<u>-</u>
	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
Current liabilities	<u>1,951</u>	<u>20,000</u>	<u>1,951</u>	<u>-</u>
	<u>1,951</u>	<u>20,000</u>	<u>1,951</u>	<u>-</u>

17 Pension and other post-retirement benefit commitments **Defined contribution**

	Group and Charity	
	2021	2020
	£	£
Contributions payable by the group and charity for the year	<u>41,557</u>	<u>39,074</u>

The group operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in independently administered funds. The pension cost charge represents contributions payable by the group to the fund.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2021**

18 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Group Movement in funds								
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Veolia Trust	5,130	1,539	(11,346)	4,677	-	-	-	-	-
SIB - Power to Change	-	-	-	-	-	25,000	(25,000)	-	-
SCC - CIL Walkley Ward	-	-	-	-	-	21,300	-	(21,300)	-
Upperthorpe United	-	623	(591)	(32)	-	-	-	-	-
National Lottery - COVID19 Response	-	-	-	-	-	55,869	(55,869)	-	-
SCC - Community COVID Response Fund	-	-	-	-	-	5,000	(5,333)	333	-
SYFR - Safer Together	-	15,309	(14,735)	(574)	-	-	-	-	-
SCC - ESF 2020/2021	-	-	-	-	-	60,217	(50,260)	(9,957)	-
SCC - Mental Health 2020/2021	-	-	-	-	-	17,336	(9,556)	(3,396)	4,384
SCC - Walking for Purpose	-	-	-	-	-	8,888	(1,531)	(826)	6,531
SCC - Healthy Communities									
Programme	6,000	58,800	(54,326)	(10,474)	-	52,294	(38,862)	(6,823)	6,609
ZEST fundraising	7,310	-	-	(7,310)	-	681	(226)	-	455
SCC – FACES (Family Adult									
Community Education Service)	2,154	14,863	(17,145)	128	-	9,973	(3,974)	(4,189)	1,810
SCC -Behavioural Change	-	-	-	-	-	4,654	(4,006)	(648)	-
UKRI	-	-	-	-	-	1,633	(1,633)	-	-
SCC - Empowering Parents									
Empowering Communities	4,945	24,918	(27,294)	-	2,569	27,500	(20,956)	(5,741)	3,372
VAS – Healthy Holidays 2020	-	-	-	-	-	106,562	(82,427)	(4,039)	20,096
Alliance of Sport – Level the Playing Field	-	-	-	-	-	6,250	(2,702)	-	3,548
Tesco Jacks	-	-	-	-	-	500	-	-	500
Tesco Fit and Fab	-	-	-	-	-	1,166	-	-	1,166

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

18 Restricted funds (continued)

	Group Movement in funds								
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
SYNC - Sheffield Youth	-	17,518	(15,505)	(2,013)	-	-	-	-	-
Neighbourhood and Communities	10,000	-	(9,500)	-	500	-	-	-	500
SCC - Clean Up	-	24,999	(22,836)	(2,163)	-	-	-	-	-
SCC - Social Prescribing	-	38,000	(26,753)	(5,627)	5,620	46,217	(31,128)	(3,505)	17,204
SCC - Winn Gardens	-	25,000	(16,392)	-	8,608	25,000	(25,659)	(2,265)	5,684
SCC - Social Prescribing (Hillsborough)	-	9,976	(7,477)	-	2,499	-	(2,499)	-	-
SCC - BME Older People	5,334	15,750	(11,626)	-	9,458	19,500	(14,892)	(4,391)	9,675
SCC - Dementia ITT (Hillsborough)	430	2,063	(905)	-	1,588	4,000	(86)	-	5,502
Donations - Library Fundraising	12,734	-	(11,276)	(1,458)	-	-	-	-	-
SCC - Dementia Youth	5,334	12,750	(8,086)	-	9,998	15,500	(14,397)	(2,245)	8,856
SCC - Dementia Upperthorpe	-	57,084	-	(57,804)	-	10,000	(10,714)	714	-
SCC - Capital Receipts: Boiler	-	2,052	(2,184)	132	-	-	-	-	-
SCC - Fire extinguisher	-	3,700	(3,700)	-	-	-	-	-	-
SCC - Cycle Racks	-	47,453	(44,832)	-	2,621	6,712	(9,333)	-	-
SCC - ESF 2019/20	-	31,582	(22,829)	-	8,753	5,295	(7,681)	(5,516)	851
SCC - FACES (Family Adult Community Education Service) 2019/20	-	17,312	(13,852)	-	3,460	8,657	(6,692)	(1,970)	3,455
SCC - Mental Health - Anxiety and depression	-	6,250	(1,240)	(5,010)	-	-	-	-	-
SCC - Holiday Hunger	-	7,000	(11,638)	4,638	-	12,600	(9,111)	(796)	2,693
SCC - People Keeping Well - Early Years Volunteers	-	39,685	(29,489)	-	10,196	46,410	(42,317)	(779)	13,510
BBC Children in Need 2019	-	-	-	-	-	-	-	-	-

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

18 Restricted funds (continued)

	Group Movement in funds								
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
BBC Children in Need Booster Grant	-	-	-	-	-	5,000	(5,000)	-	-
SCC - Cohesion	-	6,324	(3,448)	-	2,876	-	(2,079)	(797)	-
Sports England Summer Programme	-	8,492	(7,781)	(711)	-	-	-	-	-
VAS - Healthy Holiday Community Fund	-	2,500	(2,500)	-	-	-	-	-	-
SCC - Holiday Hunger August 2019	-	90	(90)	-	-	-	-	-	-
National Lottery Community Fund - This Community Can	-	100,623	(17,175)	-	83,448	51,064	(80,438)	(10,813)	43,261
SCC - COVID19	-	419	(419)	-	-	5,036	(5,470)	434	-
NHS - City Centre GP's	-	83,558	(46,642)	-	36,916	-	(36,840)	(76)	-
NHS - West 5 Care	-	42,642	(25,462)	-	17,180	-	(11,825)	(3,650)	1,705
NHS - Hillsborough GP's	-	15,500	(13,950)	(1,550)	-	-	-	-	-
NHS - City SP 2021	-	1,734	(1,734)	-	-	28,598	(26,774)	(1,824)	-
NHS - CCG Urgent Care	-	8	(8)	-	-	-	-	-	-
SCC - People Keeping Well Extension	-	-	-	-	-	10,000	(9,118)	(882)	-
SCC - This Girl Can	-	-	-	-	-	12,500	(6,819)	(452)	5,229
NHS - Student Mental Health	-	-	-	-	-	47,396	(11,543)	(3,001)	32,852
Sport England - Leading The Way	-	-	-	-	-	10,000	-	-	10,000
The Building Complex	777,080	-	(59,776)	-	717,304	-	(59,776)	-	657,528
Zest Improvement Fund	258,795	-	(22,059)	-	236,736	-	(22,059)	-	214,677
Core Management Admin and Finance	-	80,000	(77,979)	(2,021)	-	80,000	(77,874)	(2,126)	-
	1,095,246	816,116	(664,580)	(86,452)	1,160,330	854,308	(832,459)	(100,526)	1,081,653

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

18	Restricted funds (continued)	Charity Movement in funds								
		Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
	UHLC core building, pool and gym	-	77,979	(77,979)	-	-	77,874	(77,874)	-	-
	Veolia Trust	5,130	1,539	(11,346)	4,677	-	-	-	-	-
	SIB - Power to Change	-	-	-	-	-	25,000	(25,000)	-	-
	SCC - CIL Walkley Ward	-	-	-	-	-	21,300	-	(21,300)	-
	Upperthorpe United	-	623	(591)	(32)	-	-	-	-	-
	National Lottery - COVID19 Response	-	-	-	-	-	55,869	(55,869)	-	-
	SCC - Community COVID Response Fund	-	-	-	-	-	5,000	(5,333)	333	-
	SYFR - Safer Together	-	15,309	(14,735)	(574)	-	-	-	-	-
	SCC - ESF 2020/2021	-	-	-	-	-	60,217	(50,260)	(9,957)	-
	SCC - Mental Health 2020/2021	-	-	-	-	-	17,336	(9,556)	(3,396)	4,384
	SCC - Walking for Purpose	-	-	-	-	-	8,888	(1,531)	(826)	6,531
	SCC - Healthy Communities	-	-	-	-	-	-	-	-	-
	Programme	6,000	58,800	(54,326)	(10,474)	-	52,294	(38,862)	(6,823)	6,609
	ZEST fundraising	7,310	-	-	(7,310)	-	681	(226)	-	455
	SCC - FACES (Family Adult	-	-	-	-	-	-	-	-	-
	Community Education Service)	2,154	14,863	(17,145)	128	-	9,973	(3,974)	(4,189)	1,810
	SCC - Behavioural Change	-	-	-	-	-	4,654	(4,006)	(648)	-
	UKRI	-	-	-	-	-	1,633	(1,633)	-	-
	SCC - Empowering Parents	-	-	-	-	-	-	-	-	-
	Empowering Communities	4,945	24,918	(27,294)	-	2,569	27,500	(20,956)	(5,741)	3,372
	VAS - Healthy Holidays 2020	-	-	-	-	-	106,562	(82,427)	(4,039)	20,096
	Alliance of Sport - Level the Playing Field	-	-	-	-	-	6,250	(2,702)	-	3,548
	Tesco Jacks	-	-	-	-	-	500	-	-	500
	Tesco Fit and Fab	-	-	-	-	-	1,166	-	-	1,166

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

18

Restricted funds (continued)

	Charity Movement in funds								
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
SYNC - Sheffield Youth	-	17,518	(15,505)	(2,013)	-	-	-	-	-
Neighbourhood and Communities	10,000	-	(9,500)	-	500	-	-	-	500
SCC - Clean Up	-	24,999	(22,836)	(2,163)	-	-	-	-	-
SCC - Social Prescribing	-	38,000	(26,753)	(5,627)	5,620	46,217	(31,128)	(3,505)	17,204
SCC - Winn Gardens	-	25,000	(16,392)	-	8,608	25,000	(25,659)	(2,265)	5,684
SCC - Social Prescribing (Hillsborough)	-	9,976	(7,477)	-	2,499	-	(2,499)	-	-
SCC - BME Older People	5,334	15,750	(11,626)	-	9,458	19,500	(14,892)	(4,391)	9,675
SCC - Dementia ITT (Hillsborough)	430	2,063	(905)	-	1,588	4,000	(86)	-	5,502
Donations - Library Fundraising	12,734	-	(11,276)	(1,458)	-	-	-	-	-
SCC - Dementia Youth	5,334	12,750	(8,086)	-	9,998	15,500	(14,397)	(2,245)	8,856
SCC - Dementia Upperthorpe	-	57,084	-	(57,804)	-	10,000	(10,714)	714	-
SCC - Capital Receipts: Boiler	-	2,052	(2,184)	132	-	-	-	-	-
SCC - Fire extinguisher	-	3,700	(3,700)	-	-	-	-	-	-
SCC - Cycle Racks	-	47,453	(44,832)	-	2,621	6,712	(9,333)	-	-
SCC - ESF 2019/20	-	31,582	(22,829)	-	8,753	5,295	(7,681)	(5,516)	851
SCC - FACES (Family Adult Community Education Service) 2019/20	-	17,312	(13,852)	-	3,460	8,657	(6,692)	(1,970)	3,455
SCC - Mental Health	-	6,250	(1,240)	(5,010)	-	-	-	-	-
Anxiety and depression	-	7,000	(11,638)	4,638	-	12,600	(9,111)	(796)	2,693
SCC - Holiday Hunger	-	39,685	(29,489)	-	10,196	46,410	(42,317)	(779)	13,510
SCC - People Keeping Well - Early Years Volunteers	-	-	-	-	-	-	-	-	-
BBC Children in Need 2019	-	-	-	-	-	-	-	-	-

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

18 Restricted funds (continued)

	Charity Movement in funds								
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
BBC Children in Need Booster Grant	-	-	-	-	-	5,000	(5,000)	-	-
SCC - Cohesion	-	6,324	(3,448)	-	2,876	-	(2,079)	(797)	-
Sports England Summer Programme	-	8,492	(7,781)	(711)	-	-	-	-	-
VAS - Healthy Holiday Community Fund	-	2,500	(2,500)	-	-	-	-	-	-
SCC - Holiday Hunger August 2019	-	90	(90)	-	-	-	-	-	-
National Lottery Community Fund - This Community Can	-	100,623	(17,175)	-	83,448	51,064	(80,438)	(10,813)	43,261
SCC - COVID19	-	419	(419)	-	-	5,036	(5,470)	434	-
NHS - City Centre GP's	-	83,558	(46,642)	-	36,916	-	(36,840)	(76)	-
NHS - West 5 Care	-	42,642	(25,462)	-	17,180	-	(11,825)	(3,650)	1,705
NHS - Hillsborough GP's	-	15,500	(13,950)	(1,550)	-	-	-	-	-
NHS - City SP 2021	-	1,734	(1,734)	-	-	28,598	(26,774)	(1,824)	-
SCC – People Keeping Well Extension	-	-	-	-	-	10,000	(9,118)	(882)	-
SCC - This Girl Can	-	-	-	-	-	12,500	(6,819)	(452)	5,229
NHS - Student Mental Health	-	-	-	-	-	47,396	(11,543)	(3,001)	32,852
Sport England - Leading The Way	-	-	-	-	-	10,000	-	-	10,000
	<u>59,371</u>	<u>814,095</u>	<u>(582,745)</u>	<u>(84,431)</u>	<u>206,290</u>	<u>852,182</u>	<u>(750,624)</u>	<u>(98,400)</u>	<u>209,448</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

18 Restricted funds (continued)

The Uppertorpe Healthy Living Centre (UHLC) Core Building supports the Healthy Living Centre's core staff team and operational costs relating to the building and its key services.

Veolia Trust – This project was to improve access for disabled customers to the centre, improve disabled changing facilities, improve toilets and showers in the swimming pool changing area and to re-decorate the pool changing area with a waterproof paint.

SIB – Power to Change – An emergency COVID19 grant to support community businesses. The grant was used to bridge the trading income gap from temporary closure of the Zest Centre, funding core management and premises running costs.

SCC – CIL – Walkley Ward – Funding from the Local Community Infrastructure Levy Pot. The funding provided for replacement of the flat roof area of the Zest Centre, in line with an independently commissioned building condition report and risk assessment.

Uppertorpe United – Originally centred on creating a new community football team, providing opportunity for young people and adults to become part of a high quality football experience. Now focussed on providing regular coached football activities and sessions to the local community, part funded through direct session fees.

National Lottery Fund – COVID19 Response – Grant funding to reduce the impact of COVID19 to support the continued running of the organisation, development of COVID19 response services, for example telephone support to vulnerable residents, home deliveries of essential items, participation in the city wide third sector COVID19 response hub.

SCC – Community COVID Response Fund – Funding to support the local organisations to support their local community by helping provide funding to coordinate and deliver COVID19 vaccination awareness sessions focussed on the local ethnic minority community.

SYFR - Safer Together – To improve awareness of priority community safety issues and raise confidence and aspiration amongst excluded communities in Inner City Sheffield. This includes engaging local BAME communities in the target areas through existing networks with a view to delivering a series of safety workshops centred on home safety, prevention of road traffic collisions and water safety.

SCC – ESF 2020/2021 – The focus of this project is to fund a lead keyworker who will provide a quality employment support service for its ESF Pathways project. Lead keyworkers offer advice, guidance and support to a number of out of work individuals recruited to the programme and relevant employability options.

SCC - Healthy Communities Programme – Commissioned under the SCC People Keeping Well Framework to create joined up, local approach so that people can be supported better within their own communities. This programme provides neighbourhood-based support for patients at risk of declining health and wellbeing.

ZEST fundraising is funding raised through private donations, event and other activities. Monies raised are used to fund activities and services which we would be unable to fund otherwise including youth, community and library activities and services.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

18 Restricted funds (continued)

SCC - FACES – There are two parts to this contract, all funded by the Sheffield City Council Lifelong Learning Department. We employ a learning champion who engages with people in the community, attending outreach such as libraries and children's centres as well as the faith organisations. To help individuals get into learning such as basic maths, English and IT, vocational training i.e. CSCS, forklift driver training, catering or further education.

The second part of the contract is to deliver training courses, we took over the management of tutors delivering in the Stocksbridge area. The tutors deliver craft courses and IT and more recently Zest have delivered Art & Wellbeing and (M.O.T) Motivational Organisational and Transformational course.

BBC Children in Need – A project centred on improving the lives of local young people aged 11 – 18 centred on two key strands i) a weekly youth club with structured engagement activities and ii) a key worker service to support young people on a 1-2-1 and group basis to overcome barriers and progress into employment and learning.

SCC – Behavioural Change – The aim of this programme is to re-engage clients with employability services, with the ultimate aim of entering sustained employment. The funding covers the cost of delivering the Zest for Life Behaviour Change Course. It is for people who are furthest from the job market, facing barriers to employment.

VAS – Healthy Holidays 2020 – To promote activities and food to children in receipt of free school meals during summer holidays. Modified due to COVID19 to provide meal hampers and activity packs. The funding covered the costs for local collection points and delivery.

Alliance of Sport – Level the playing field – This is a tackling inequalities fund and targeted at youth engagement and empowerment, engaging in diversionary activity, youth mentoring through sports and helping get facilities back up and running following the COVID19 lockdown.

SCC - Empowering Parents Empowering Communities – This is a community-based effective parenting programme, training local parents to deliver parenting groups in their own communities, aiming to provide cost effective and accessible help for families. It is centred on peer (parent) led interventions having the potential to promote social networks and engage populations who find it difficult to engage with professional health and social care services and provide pathways for the empowerment of individual community members.

SCC - Ward Pot – a variety of community engagement activities including cooking lessons for adults and families, gardening and circus equipment for children, support for Upperthorpe United junior football team, resources for Upperthorpe Library, older persons coffee morning and trip and a Human Library event.

SYNC – A 9 month National Lottery Funded Project lead by Manor & Castle Development Trust to devise a 'community led public health model' to challenge the exploitation of young people in our communities. Part of this will be to upskill the current workforce, empower community stakeholders and to negotiate partnerships with statutory agencies. Zest are funded to employ a strategic lead and be part of a city wide steering group to develop this city wide, community led model with a view to seeking additional investment.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

18 Restricted funds (continued)

SCC - Clean Up – Sheffield City Council has been provided with a Clean Up Grant from the Government centred on providing funding to clean up and improve our local high streets and shopping centres. Zest allocated £2,000 per community clean up are (Upperthorpe, Walkley, Hillsborough and Sharrow) plus £2,000 has been spent on costs at Zest to administer and coordinate the activities/grants and on reporting. Funds will be distributed to local forums to fund local consultation, volunteer litter picking, planting and flower displays, related equipment, plus a new gate for a multi sports area in Winn Gardens.

SCC - Social Prescribing NUL and Hillsborough – This contract with Sheffield City Council is to deliver a social prescribing service through the People Keeping Well Partnership. Social prescribing is a way of GPs (and other health professionals) referring individuals with social, emotional and practical needs to non-medical services, for example to the range of health, wellbeing and practical support that we have at Zest. We deliver this service by employing a Health Link Worker to support individuals to access services.

SCC - Winn Gardens – This funds a part time health trainer and a part time community development worker who are employed by St. John the Baptist Church. Zest works in partnership with St. John's to deliver a range of activities, support and groups to residents on Winn Gardens to improve their health and wellbeing and increase community cohesion.

SCC BME Older People – This grant funding enables Zest to engage older, BME women in activities to improve their health literacy. For example, last year we engaged 15 women in social groups/activities, health walks, weight management programmes and English lessons.

SCC - Dementia (Hillsborough and Upperthorpe) – To create and develop dementia-friendly communities, where the needs of people living with dementia and their carers are understood by other citizens and organisations. Providing people with access to good quality information, advice and guidance, creating more dementia-friendly activities and groups and providing training and support to staff, volunteers and communities on dementia.

SCC - Dementia Intergenerational Project – A project bringing together older people living with dementia and their carers with children and young people using music and singing.

Library Fundraising – This fund comprises money raised by volunteers to help with the running of the library in the centre.

SCC – Capital Receipts: Boiler – Money was received from Sheffield City Council's capital receipts for money ring fenced for Zest Centre building improvements. The funding paid for replacement and installation of the swimming pool boilers, heat plate and related pipework.

SCC - Fire Extinguishers – Funding was received from the Sheffield City Council local ward pot to fund replacement fire extinguishers for the Zest Centre to ensure it remains safe for public use.

SCC - Cycle Racks – Funding was received from the Sheffield City Council local ward pot to fund improvements to the cycle racks in front of the Zest Centre.

SCC - Holiday Hunger – The project provided healthy meals to families in Upperthorpe, Netherthorpe and Langsett, alongside family activities aimed at families who are in receipt of free school meals and would otherwise have struggled to cover the cost of food throughout the school holidays.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

18 Restricted funds (continued)

SCC – People Keeping Well Early Years Volunteers – This project provides volunteer coordination and support to family centres around Sheffield, providing the centres with volunteer support for their early years groups. The funding pays for the support of 5 volunteers, who run groups across Sheffield City Council Locality G.

VAS - Healthy Holiday Community Fund – The project provided healthy meals to families in Upperthorpe, Netherthorpe and Langsett, alongside family activities, aimed at families who are in receipt of free school meals and would otherwise have struggled to cover the cost of food through the school holidays.

SCC - Holiday Hunger August 2019 – The project provided healthy meals to families in Upperthorpe, Netherthorpe and Langsett, alongside family activities, aimed at families who are in receipt of free school meals and would otherwise have struggled to cover the cost of food through the school holidays.

BBC Children in Need 2019 – A project centred on improving the lives of local young people aged 11 to 18 experiencing deprivation. Structured youth club sessions will be delivered with a specific emphasis on improving self confidence and resilience, giving them improved life skills and stronger voice and making them feel safer in their community.

BBC Children in Need booster grant – The booster grant was part of BBC Children in Need's response to supporting organisations during the COVID19 situation. Its purpose is to help Zest reach and meet the needs of the children and young people we work with.

National Lottery Community Fund – This Community Can –Developed in response to needs identified by communities living in the inner city areas of Sheffield, where levels of poverty, vulnerability and isolation are concentrated and where people are not readily accessing existing services, including those provided by Zest. The project builds connections and relationships in and across communities and enhances the capability of local residents to influence positive change where they live, using volunteers to build community through positive activities.

SCC - Anxiety and depression management courses – This is funded by Sheffield City Council and two psycho-educational courses called Anxiety Management and Managing Depression, each of which have 7 weekly sessions of 2 hours. The aim of the service is to work to build resilience and help individuals to develop positive coping strategies in their lives enabling them to manage their mental health and prevent the need for longer term support and actively avoid hospital admissions. This approach also supports self growth and development, so that individuals can access mainstream activities within their community which may include support to return to work, education, volunteering and employment.

SCC - Walking for Purpose/ Walking in Time – A Sheffield City Council funded project for adults and residents of Sheffield who are out of work. A five week programme, delivered in Hillsborough and Upperthorpe which included workshops and local walks to support people to be more active, improve their motivation, mental health and ultimately job readiness. Delivered twice in each of the two People Keeping Well areas plus one additional programme delivered in partnership with pedal ready, using bikes instead of walking.

SCC – COVID19 – This was response funding to enable Zest to react and support our local communities through lockdown and beyond. This funding contributes to core costs and will help us to shape our COVID response, for example, increased IAG support and specific community campaigns.

NHS - City Centre GP's – To work in partnership with GP surgeries to support the development of the network and provide mental health key worker support for patients.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

18 Restricted funds (continued)

NHS - West 5 Care – To provide a health trainer to the GP Neighbourhood network, to deliver healthy lifestyle interventions and support for patients.

NHS - Hillsborough GP's – To provide a social prescribing link worker to the GP Neighbourhood network, to support patients access a range of community based services.

NHS - City SP 2021 – To provide a social prescribing link worker to the GP Neighbourhood network, to support patients access a range of community based services.

SCC – People Keeping Well Extension – This is a £10,000 per annum grant to deliver the Resilient Communities agenda in the West Sheffield neighbourhoods and as part of the whole People Keeping Well programme. Our objectives are around developing the capacity and capability of local community health organisation through improved resourcing and networking.

SCC – This Girl Can – To deliver physical activity opportunities and encourage more women to become physically active. Used to fund a member of staff to deliver physical activity classes and was also used to buy trainers to run Couch to 5K courses and online classes.

University of Sheffield UKRI – A community research project, in partnership with the University of Sheffield, looking at local people and how they connect with their heritage. Ultimately this research will lead to an exhibition of memories and photos of the local area. Zest provide staff support and links in to the community for the researchers.

VAS - Healthy Holidays 2020 – A project which provides support with the cost of food and activities in the holidays for children who are on free school meals. The project delivered food parcels, recipe kits, activity pack and offered face to face and online activities for children along the upper Don corridor.

Tesco Jacks – A project to provide positive physical activities for children and young people with the aim of them gaining social responsibilities and creating connections with their local community. (This project was delayed due to COVID).

Tesco Fit and Fab – Funding to provide activities for children during the school holidays alongside packed lunches. (This project was delayed due to COVID).

NHS – Student Mental Health – This project is funded from the Sheffield Mental Health Transformation Fund. We are contracted by Sheffield CCG but report to Sheffield MIND. The objectives are around supporting Sheffield 18+ students to manage their mental health. It funds one part time mental health and wellbeing coach who carries a case load and also delivers training and group work.

Sport England – Leading the Way – This project is aimed at encouraging more people from BAME communities into physical activity and particularly into coaching opportunities. One objective is to recruit and train 25 ambassadors (volunteers) who will deliver physical activity groups or classes.

Core Management Admin and Finance Fund is funds awarded to pay for the costs of some of the Upperthorpe Health Living Centre's revenue costs with the majority paying for the management of the centre. Some of the funds were used to pay off part of the long-standing pension creditor, these funds have been transferred to unrestricted funds.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2021**

18 Restricted funds (continued)

The Building Complex Fund is the fund where the various resources were applied to meet the costs associated with the lease, design and construction work to the buildings. Depreciation is charged to this fund.

The Zest Improvement Fund was provided by the Social Enterprise Investment Fund and Sheffield City Council for improvements to the swimming pool roof. Depreciation is charged to this fund.
 Research

All funds are considered to have sufficient resources available to enable each fund to be applied in accordance with its restrictions.

19 Analysis of net assets between funds

	Group					
	Unrestricted funds	Restricted funds	Total 2021	Unrestricted funds	Restricted funds	Total 2020
	£	£	£	£	£	£
Fund balances at 31 March 2021 are represented by:						
Tangible fixed assets	694,001	872,205	1,566,206	708,331	954,040	1,662,371
Current assets/ (liabilities)	<u>191,309</u>	<u>209,448</u>	<u>400,757</u>	<u>147,854</u>	<u>206,290</u>	<u>354,144</u>
	<u>885,310</u>	<u>1,081,653</u>	<u>1,966,963</u>	<u>856,185</u>	<u>1,160,330</u>	<u>2,016,515</u>

	Charity					
	Unrestricted funds	Restricted funds	Total 2021	Unrestricted funds	Restricted funds	Total 2020
	£	£	£	£	£	£
Fund balances at 31 March 2021 are represented by:						
Tangible fixed assets	514,784	-	514,784	515,179	-	515,179
Current assets/ (liabilities)	<u>190,268</u>	<u>209,448</u>	<u>399,716</u>	<u>146,813</u>	<u>206,290</u>	<u>353,103</u>
	<u>705,052</u>	<u>209,448</u>	<u>914,500</u>	<u>661,992</u>	<u>206,290</u>	<u>868,282</u>

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

20 Operating lease commitments

At the reporting end date the company had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	Group and Charity	
	2021 £	2020 £
Within one year	<u>1,154</u>	<u>1,154</u>

21 Capital commitments

The group and charity had no capital commitments at 31 March 2021.

The leasehold property owned by the subsidiary charitable company is subject to a legal charge held by The Secretary of State for Health of £499,152.

22 Events after the reporting date

As referred to in the going concern section of the accounting policies, the trustees are monitoring the situation concerning the coronavirus and any impact it may have on the charity. Given the current uncertainties, any longer term financial effect cannot be estimated.

23 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel, none of whom were trustees, is as follows.

	Group & charity	
	2021 £	2020 £
Aggregate compensation	<u>52,272</u>	<u>56,472</u>

Staff remuneration including all key management personnel was reviewed. No company-wide cost of living pay increase was awarded

The following factors were taken into consideration:

- market rates
- inflation
- affordability in the light of uncertainty generated by the Covid-19 pandemic

It was agreed by trustees to review staff remuneration on an annual basis.

NETHERTHORPE AND UPPERTHORPE COMMUNITY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

24 Subsidiaries

These financial statements are separate company financial statements for Netherthorpe and Upperthorpe Community Alliance.

The charitable company has control of 100% of the assets and trade of Upperthorpe and Netherthorpe Healthy Living Centre Trust (charity number 1090345), a charitable company limited by guarantee. Netherthorpe and Upperthorpe Community Alliance are able to appoint and remove trustees in this charitable company. Its incoming resources for the year were £80,000 (2020: £80,000) and its total resources expended were £175,770 (2020: £176,383), leaving a net decrease in funds of £95,770 (2020: £96,383). At 31 March 2021 the net assets of Upperthorpe and Netherthorpe Healthy Living Centre Trust were £1,052,463 (2020: £1,148,233).

25 Cash generated from operations

	Group		Charity	
	2021	2020	2021	2019
	£	£	£	£
(Deficit)/surplus for the year	(49,552)	90,676	46,218	187,059
Adjustments for:				
Investment income recognised in statement of financial activities	(43,760)	(44,001)	(43,760)	(44,001)
Depreciation and impairment of tangible fixed assets	170,660	176,040	74,890	79,729
Movements in working capital:				
Decrease in stocks	-	132	-	132
Decrease/(increase) in debtors	23,212	(46,000)	23,252	(46,040)
(Decrease)/increase in creditors	(3,089)	(2,085)	(1,200)	(2,085)
(Decrease) in deferred income	(18,049)	(41,305)	1,951	(61,305)
Cash generated from operations	<u>79,422</u>	<u>133,457</u>	<u>101,351</u>	<u>113,489</u>

26 Analysis of changes in net funds

The charity had no debt during the year.