

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024
FOR
BRIGHTON & HOVE SPEAK OUT
(A COMPANY LIMITED BY GUARANTEE)

F1 CRT Limited
Flat 24 Wellingtonia Court
Laine Close
Brighton
East Sussex
BN1 6TD

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FOR THE YEAR ENDED 31 MARCH 2024

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Speak Out's Objects

The Charitable objects are : 'the relief of people who have learning difficulties and who live in Brighton and Hove or the immediately surrounding area'.

Speak Out believes people with a learning difficulty/disability should have the support they need to speak up and be heard , participate in decisions made about their lives and access the services they need.

Speak Out's Aims

- People with learning disabilities to claim their rights , and deliver the skills , confidence and knowledge to make choices and take control of their lives.
- People with learning disabilities to get support to speak up and be listened to.
- Services to change in a way that people with learning disabilities want.
- The needs of people with learning disabilities to be included in local policies and public service plans.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES

Speak out's activities

Brighton and Hove Speak Out is a dynamic, independent advocacy charity supporting people with learning disabilities to speak up and take action about the things that matter to them. Our mission is to work alongside people with learning disabilities to make sure they get their voices heard and can address problems they face and live fulfilling lives.

We deliver advocacy with impact, through which people with learning disabilities develop networks, skills and confidence so that they can:

- Challenge discrimination and access their rights
- Make their own choices and have control in their lives
- Access the support and services they need
- Build community links and take an active part in and contribute to community life
- Reduce isolation and improve their wellbeing
- Raise awareness of issues that matter them, challenge policy and campaign for change

We do this by offering a unique range of advocacy services and community projects for adults and young pwld (17+yrs). A team of staff and volunteers supported 483 beneficiaries in 2023/24 with a wide range of issues. Service users were supported to build their skills and confidence and develop community/peer networks leading to greater resilience, reduced isolation and improved wellbeing.

Our current services include:

1-1 issue advocacy. People with learning disabilities are supported by a trained advocate to solve problems, express opinions and make choices about issues in their life. We are part of a pan Sussex partnership led by Polhwer which delivers community and statutory Care Act advocacy and also advocacy support for learning disabled parents going through child protection proceedings.

Citizen advocacy - People with learning disabilities are partnered with volunteers who provide longer term individual advocacy.

Self-advocacy groups and user led campaigning - We facilitate a number of self-advocacy groups which support members to explore and problem solve themes and issues whilst developing the confidence to speak out, learn new skills have a voice in the provision of local health, social care and mainstream services via close work with the Brighton and Hove Learning Disability Partnership Board. The Learning Disability Voices Network enables people to come together and campaign about the shared issues and positive changes for the wider learning-disabled community.

Weekly drop-in sessions - Drop ins offer a space for people to meet and support each other, access immediate short-term advocacy, information and signposting whilst providing peer support to each other.

Consultation activities. We run a variety of focus groups and interviews around themed consultations in conjunction with the Council in order to design services to meet local needs better. Speak Out's engagement work and partnership with the Council and NHS Sussex enables people with learning disabilities to have a voice and positively influence service development.

Easy read and training. We support people with learning disabilities to become trainers and run learning disability awareness training for a variety of services in order to improve the understanding and support of people locally. We also run Accessible Information Training. Additionally, we support local organisations to create accessible easy read information in order that their information can be understood by their learning-disabled service users.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in the planning of future activities.

Speak Out has many links with council, health, leisure and other services in the city and we use these links to positively influence how they work with the learning disabled community. Through our group work and awareness raising training, we ensure that local services understand the needs and priorities of learning disabled people and have tools to help them work more effectively. Additionally, we work more formally with the council in facilitating the Learning Disability Partnership Board and the CCG in order to make plans for people with learning disabilities locally.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENT AND PERFORMANCE

Achievements and Performance in 2023-24

Speak Out had another successful year in 2023/24, facilitating energetic and varied activity, involving many people with learning disabilities in ensuring the voices of people with learning disabilities were heard by local services, policy and decision makers, other key stakeholders and the wider community.

The year started with Speak Out's new CEO in place, Will Davies, plus other new additions to the staff team: Ana Ballesteros joining the 1:1 advocates team and Sian Klein becoming our new Administrator and Fundraising Assistant. We also welcomed new Trustees; Tor Goldfield, Emily Hindle, Margaret Wood, and Nathaniel Lawford to the Speak Out Board.

Notable achievements this year were:

- Expanding our Transitions Advocacy project for young people with learning disabilities, through successfully securing three more years funding support from Henry Smith Charity
- Launching a Big Focus Housing campaign, aiming to improve housing options and information for people with learning disabilities in Brighton and Hove
- Thumbs Up trainers (who are people with learning disabilities) provided learning disability awareness training to over 260 people in health and social care services
- The Learning Disability Partnership Board was given a fresh start, increasing participation from people with learning disabilities and statutory and non-statutory partners. The new look Board is now more inclusive and has improved impact in delivering outcomes in the Councils Learning Disability 'Big Plan' strategy
- Self Advocates worked with the NHS to improve access to health care and prevention of Cardiovascular Disease through the co-production of accessible resources, films, and training

Our experts by experience also attended conferences, including Speak Out and Grace Eyre joining forces to run a workshop at the Learning Disability England (LDE) annual conference on how people with learning disabilities can get involved in politics. Later in the year we were happy to meet and welcome new Councillors individually and at Open Advocacy events, who were genuinely interested in Speak Out's work and ethos.

Our Projects - Self advocacy

Speak Out's Learning Disability Voices Network (LDVN) is a self-advocacy network that aims to support people with learning disabilities to bring about significant and tangible changes in a number of ways. One of the ways is through quarterly Open Advocacy meetings. We hosted 4 meetings this year, with self-advocates with learning disabilities leading on planning and delivery, covering the **cost of living crisis, mental health, relationships and health & wellbeing**. Over the year 148 people with learning disabilities took part in LDVN self-advocacy groups and events.

The LDVN project's Our Voices Matter group also got busy making podcasts focusing on themes including health & social care, employment, housing, mental health and hate crime/discrimination. Group members said:

"I have gained confidence and made new friends by coming to the Our Voices Matter group".

"The group gives us space to share our stories, connect to one another and have our voices heard by the local community".

Community Drop-in sessions

Speak Out also provides opportunities to speak up through weekly drop-ins in central and east Brighton and Hove, and through 1:1 advocacy. 126 people attended drop-ins to get support, meet people, support their mental health, and find out information. Some comments from the drop-ins included the following:

"I feel confident that I can talk about things in a comfortable environment, without worrying about them".

"It has helped me get my confidence back after I had problems at work".

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

"I feel part of Speak Out. It's where I see friends and get involved. It's okay to talk to people there."

1-1 Advocacy Casework

The Speak Out Community Advocates exceeded targets, delivering 249 1:1 cases supporting 163 people on a broad range of issues including care planning, accessing health care and housing support - notably we supported 32 parents with a learning disabilities going through child protection proceedings, exceeding our target of 15. Challenges for the team this year include reaching people from some specific underrepresented communities e.g. people with complex needs and those who are isolated with little or no support, people experiencing long waits for support, and lack of support with housing. Comments from beneficiaries about 1:1 advocacy include:

"My advocate has helped me to speak to the council on my behalf, as I felt I wasn't being heard".

"My advocate was very useful. I had an issue and I didn't know what to do. I was panicking. Sometimes I can't do things by myself and Speak Out was by my side".

Overall, this year Speak Out helped 483 people in various ways through advocacy. This is an increase on numbers reached in 2022/23. Lastly, as always, we would like to say a special thank you to our dedicated team of volunteers. This year, 24 volunteers contributed 1,500 hours of time to Speak Out, and to helping us achieve our Mission.

FINANCIAL REVIEW

Financial position

The year ended 31st March 2024 recorded a net income over expenditure surplus of £10,179, with a £11,293 surplus on unrestricted funds and a deficit of £1,114 on restricted funds. Total reserves now stand at £127,829 of which £110,573 is unrestricted funds and £17,256 restricted funds. Total reserves in 2023 stood at £117,650 of which £99,280 was unrestricted and £18,370 was restricted funds.

Total income for the year ended 31st March 2024 amounted to £320,869 compared to £300,379 in the previous year, an increase of £20,490 from 2023.

Total expenditure for the year ended 31st March 2024 amounted to £310,690 compared to £292,358 in the previous year, an increase of £18,332 from 2023.

Reserves policy

Brighton & Hove Speak Out is committed to using its resources in pursuit of its charitable objectives. It is also committed however to maintaining a level of reserves that is prudent to meet on-going liabilities.

In seeking to balance these priorities, the trustees have agreed that, it is prudent to hold a level of reserves that equates to 4 months of current expenditure.

The trustees have designated funds towards website development and extra core staffing support around marketing of £8,273. This leaves £102,300 in general unrestricted reserves, which amounts to 3.9 months of budgeted expenditure for 2024/25 in operational reserve. This is slightly below the level set by our policy, the future financial outlook is to pursue a policy of increasing reserves, both by diversifying income generation and by continuing to effectively manage resources, as identified in our Plans for the Future section. However, the trustees are confident they have sufficient reserves for funding forthcoming commitments in the coming year. The board of trustees monitors the level of reserves and takes appropriate action if reserves fall outside the desired range.

FUTURE PLANS

Our plans for 2024/25 include extending and strengthening our drop-in services to parts of the city that experience higher levels of deprivation, secure funding to continue our successful Learning Disability Voices Network, forge closer collaborations and partnerships with other voluntary sector groups to increase opportunities for people we support, and to continue and develop our much need 1:1 advocacy service.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is constituted as a company limited by guarantee incorporated on 14 July 1999.

It is governed by its Memorandum and Articles of Association.

It gained charitable status on 11 August 1999.

In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Organisational structure

Brighton & Hove Speak Out is currently governed by a Board of 8 people who are voted in at the AGM, 7 of whom are Trustees. Of the wider board, four people have a learning disability and/or autism. One Trustee resigned in 2024 and 4 new Trustees joined the Board in 2024. The board has two subgroups: Operations (overseeing finance, HR, and strategy), and Comms (overseeing comms, marketing and promotion). The board is advised by people with learning disabilities and Speak Out volunteers via focus groups and workshops and their feedback is incorporated into planning direct project work and longer-term goals. New board members are provided with training to understand their governance role and can attend external training about this.

Speak Out employed 12 permanent staff during 2023/24, two of whom are full time with the remaining working part time. The posts comprised the CEO, the Deputy, and project workers delivering front line advocacy, group work and outreach. One member of staff has a learning disability and other people with learning disabilities were employed on an ad hoc basis to deliver Learning Disability Awareness, Accessibility, and Health Training across the city. Our work was supported by a team of 18 volunteers including trustees.

Decision making

The Charity produces an annually updated 3 year development plan which outlines the project work plans for the year ahead and potential developments for future years. All staff and Board members participate in deciding the priorities for future work and fundraising. User views are influential in this process, supplied by evaluation and individual feedback throughout the year and the views provided by the Advisors Group. Staff make regular work reports to the Governance Board who monitor progress and targets reached throughout the year.

Risk review

The Trustees have conducted their own review of the major risks to which the charity is exposed and systems have been established to mitigate those risks. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and events and by ensuring consistent quality of delivery for all operational aspects of the charity. These procedures are reviewed periodically to ensure that they still meet the needs of the charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03807112 (England and Wales)

Registered Charity number

1076995

Registered office

The Brighthelm Centre
40 North Road
Brighton
East Sussex
BN1 1YD

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

Trustees

Kate McLachlan
Rohan Lowe
Jo-Anne Carden (Chair)
Shelley Brown (resigned 19.6.23)
Nick Handley (resigned 25.9.23)
Victoria Goldfield (appointed 19.6.23)
Emily Hindle (appointed 25.9.23) (resigned 26.2.24)
Sophie Cook (appointed 20.5.24)
Rahul Bhoopal Sarnaik (appointed 26.2.24)
Margaret Wood (appointed 29.11.23)
Nathaniel Lawford (appointed 29.11.23)

Company Secretary

Jo-Anne Carden

Independent Examiner

Christopher Robert Tyler FCA DChA FCIE
F1 CRT Limited
Flat 24 Wellingtonia Court
Laine Close
Brighton
East Sussex
BN1 6TD

Bankers

CafCash Limited
Kings Hill
West Malling
Kent
ME19 4TA

Approved by order of the board of trustees on 25/11/24 and signed on its behalf by:


.....
Jo-Anne Carden - Trustee

BRIGHTON & HOVE SPEAK OUT

STATEMENT OF TRUSTEES' RESPONSIBILITIES **FOR THE YEAR ENDED 31 MARCH 2024**

The trustees (who are also the directors of Brighton & Hove Speak Out for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRIGHTON & HOVE SPEAK OUT**

Independent examiner's report to the trustees of Brighton & Hove Speak Out ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher Robert Tyler FCA DChA FCIE

F1 CRT Limited
Flat 24 Wellingtonia Court
Laine Close
Brighton
East Sussex
BN1 6TD

Date: 21 December 2024

BRIGHTON & HOVE SPEAK OUT**STATEMENT OF FINANCIAL ACTIVITIES**
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	3,823	2	3,825	3,481
Charitable activities					
Grants	4	55,305	172,412	227,717	213,727
Other income		5,000	-	5,000	5,000
Sales		11,016	-	11,016	5,450
Contracts		-	72,353	72,353	72,353
Investment income	3	958	-	958	368
Total		76,102	244,767	320,869	300,379
EXPENDITURE ON					
Raising funds	5	3,566	-	3,566	8,050
Charitable activities					
Charitable activities	6	61,243	245,881	307,124	284,308
Total		64,809	245,881	310,690	292,358
NET INCOME/(EXPENDITURE)		11,293	(1,114)	10,179	8,021
RECONCILIATION OF FUNDS					
Total funds brought forward		99,280	18,370	117,650	109,629
TOTAL FUNDS CARRIED FORWARD		110,573	17,256	127,829	117,650

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
CURRENT ASSETS					
Debtors	13	9,103	-	9,103	10,166
Cash at bank and in hand		112,755	17,255	130,010	154,384
		<u>121,858</u>	<u>17,255</u>	<u>139,113</u>	<u>164,550</u>
CREDITORS					
Amounts falling due within one year	14	(11,284)	-	(11,284)	(46,900)
		<u>110,574</u>	<u>17,255</u>	<u>127,829</u>	<u>117,650</u>
NET CURRENT ASSETS					
		<u>110,574</u>	<u>17,255</u>	<u>127,829</u>	<u>117,650</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>110,574</u>	<u>17,255</u>	<u>127,829</u>	<u>117,650</u>
NET ASSETS					
		<u>110,574</u>	<u>17,255</u>	<u>127,829</u>	<u>117,650</u>
FUNDS					
	15			110,574	99,280
Unrestricted funds				17,255	18,370
Restricted funds				<u>127,829</u>	<u>117,650</u>
TOTAL FUNDS					
				<u>127,829</u>	<u>117,650</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

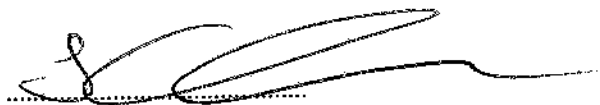
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25/11/24 and were signed on its behalf by:


Jo-Anne Carden - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)', Financial Reporting Standard FRS102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The trustees/directors consider that there are no material uncertainties about the company's ability to continue as a going concern.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Incoming resources from charitable activities are recognised on an earned basis in the year in which the conditions for receipt are met.

Expenditure

Expenditure is recognised in the period in which it is incurred.

Expenditure on grants is recorded once the Charity has made an unconditional commitment to pay the grant and this has been communicated to the beneficiary or the grant has been paid, whichever is the earlier.

Expenditure is allocated to the particular activity where the cost relates directly to that activity. Support costs include central functions and have been allocated to activity cost categories on the basis consistent with the use of resources. Allocations are predominantly based on usage and staff time expended.

Tangible fixed assets

Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life, or where specifically for a project, over the life of the project. The company has a minimum value of £750 for capitalisation of fixed assets.

Depreciation policy applied:

Equipment - over 2 years on a straight line basis.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

BRIGHTON & HOVE SPEAK OUT**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2024**1. ACCOUNTING POLICIES - continued****Fund accounting**

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Operating leases

Rentals payable under operating leases are charged on a straight line basis over the terms of the lease.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	3,825	3,481

3. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	958	368

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2024	2023
		£	£
Grants	Grants	227,717	213,727
Online filing incentive	Other income	5,000	5,000
Contracts	Sales	11,016	5,450
Contracts	Contracts	72,353	72,353
		316,086	296,530

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Barchester Charitable Foundation	-	400
Boshier Hinton Foundation	-	800
Brighton and Hove City Council	64,322	64,322
Chalk Cliff Trust	-	800
Douglas Arter Foundation	-	500
Ernest Kleinwort Charitable Trust	-	5,000
The February Foundation	5,000	-
Garfield Weston	10,000	-
Good Things Foundation	-	2,000
The Hendy Foundation	-	810
Henry Smith Trust	89,100	86,600
Learning Disability England	-	3,300
The National Lottery Community Fund	-	16,228
NHS Sussex ICB	27,395	16,000
The Open University - Social History Group	2,400	-
The Pebble Trust	-	4,667
Postcode Society Trust	25,000	-
South Coast Ambulance Service	-	1,800
Sussex Community Foundation	750	3,000
Trust for Developing Communities	3,750	7,500
	227,717	213,727

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

4. INCOME FROM CHARITABLE ACTIVITIES - continued

The following grants received in 2023/24 have been deferred to 2024/25:

	2024	2023
	£	£
Transitions - Henry Smith Trust	-	14,850
CVDP - NHS Sussex ICB	-	27,395

5. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Raising funds	3,566	8,050

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £
Charitable activities	307,124

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2024	2023
	£	£
Project costs	28,042	17,164
Staff costs	231,330	215,759
Premises and office costs	28,889	29,183
Professional costs	14,403	15,898
Governance costs	4,460	6,304
	307,124	284,308

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Independent examiner's fee	1,000	1,000

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024****9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

One trustee was reimbursed travel expenses of £9 (2023 : £75).

10. STAFF COSTS

Staff costs were as follows:

	2024 £	2023 £
Salaries	202,776	186,661
Social security costs	14,734	13,931
Pension costs	<u>3,663</u>	<u>3,479</u>
	<u>221,173</u>	<u>204,071</u>
Average number of employees	7	7

No employee received emoluments in excess of £60,000 (2023 : none).

Brighton & Hove Speak Out considers that the key management personnel comprise the Board of Trustees and the Director. The total employee benefits of the key management personnel of the charity were £37,977 (2023 : £38,279).

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES (2023)

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	3,481	-	3,481
Charitable activities			
Grants	50,655	163,072	213,727
Other income	5,000	-	5,000
Sales	5,450	-	5,450
Contracts	72,353	-	72,353
Investment income	<u>368</u>	<u>-</u>	<u>368</u>
Total	<u>137,307</u>	<u>163,072</u>	<u>300,379</u>
EXPENDITURE ON			
Raising funds	8,050	-	8,050
Charitable activities			
Charitable activities	<u>121,745</u>	<u>162,563</u>	<u>284,308</u>
Total	<u>129,795</u>	<u>162,563</u>	<u>292,358</u>
NET INCOME	7,512	509	8,021

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES (2023) - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	91,767	17,862	109,629
TOTAL FUNDS CARRIED FORWARD	<u>99,279</u>	<u>18,371</u>	<u>117,650</u>

12. TANGIBLE FIXED ASSETS

	Office equipment £
COST	
At 1 April 2023 and 31 March 2024	<u>870</u>
DEPRECIATION	
At 1 April 2023 and 31 March 2024	<u>870</u>
NET BOOK VALUE	
At 31 March 2024	<u>-</u>
At 31 March 2023	<u>-</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Other debtors	7,246	8,329
Rent deposit	1,000	1,000
Prepayments and accrued income	857	837
	<u>9,103</u>	<u>10,166</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	6,796	1,062
Social security and other taxes	3,488	2,563
Other creditors	-	30
Accruals	1,000	1,000
Deferred income	-	42,245
	<u>11,284</u>	<u>46,900</u>

BRIGHTON & HOVE SPEAK OUT**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2024**15. MOVEMENT IN FUNDS**

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	99,280	11,294	(8,273)	102,301
Designated fund - towards website development and extra core staffing support around marketing.	-	-	8,273	8,273
	99,280	11,294	-	110,574
Restricted funds				
Brighton and Hove City Council - Speak Out East	-	519	-	519
Cardiovascular Disease Prevention	-	3,011	-	3,011
Henry Smith Trust - LDVN	18,370	(5,275)	-	13,095
Henry Smith Trust - Transitions	-	630	-	630
	18,370	(1,115)	-	17,255
TOTAL FUNDS	117,650	10,179	-	127,829

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	76,102	(64,808)	11,294
Restricted funds			
Archive Project	2,400	(2,400)	-
Brighton and Hove City Council - Advocacy	72,354	(72,354)	-
Brighton and Hove City Council - Engagement	38,000	(38,000)	-
Brighton and Hove City Council - Speak Out East	15,517	(14,998)	519
Cardiovascular Disease Prevention	27,395	(24,384)	3,011
Henry Smith Trust - LDVN	59,401	(64,676)	(5,275)
Henry Smith Trust - Transitions	29,700	(29,070)	630
	244,767	(245,882)	(1,115)
TOTAL FUNDS	320,869	(310,690)	10,179

BRIGHTON & HOVE SPEAK OUT**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024****15. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	91,767	7,513	99,280
Restricted funds			
Covid Stories	7,162	(7,162)	-
Help Line	438	(438)	-
Henry Smith Trust - LDVN	-	18,370	18,370
Henry Smith Trust - Transitions	1,016	(1,016)	-
The National Lottery Community Fund - LDVN	9,246	(9,246)	-
	<u>17,862</u>	<u>508</u>	<u>18,370</u>
TOTAL FUNDS	<u>109,629</u>	<u>8,021</u>	<u>117,650</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	137,307	(129,794)	7,513
Restricted funds			
Brighton and Hove City Council - Engagement	38,001	(38,001)	-
Brighton and Hove City Council - Speak Out East	16,166	(16,166)	-
Covid Stories	800	(7,962)	(7,162)
Help Line	1,667	(2,105)	(438)
Henry Smith Trust - LDVN	59,400	(41,030)	18,370
Henry Smith Trust - Transitions	27,200	(28,216)	(1,016)
The National Lottery Community Fund - LDVN	18,228	(27,474)	(9,246)
Parent and Mother Project	1,610	(1,610)	-
	<u>163,072</u>	<u>(162,564)</u>	<u>508</u>
TOTAL FUNDS	<u>300,379</u>	<u>(292,358)</u>	<u>8,021</u>

The purpose of each restricted funding was as follows:

Learning Disability Voices Network (LDVN)

The LDVN is funded by The Henry Smith Charity, it is a user led project which brings together people with learning disabilities to have a strong collective voice in order to address issues they face and bring about positive change for themselves and the wider community. The project supports a range of activities including group work, drop ins and other events.

Transitions

BRIGHTON & HOVE SPEAK OUT

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

15. MOVEMENT IN FUNDS - continued

The Henry Smith Foundation funds this project providing a range of advocacy support, including groups and one to one advocacy for young people going through the transition from children to adults' services and resulting in greater independence.

Speak Out East

Brighton & Hove City Council (BHCC) funds Speak Out East —The council fund Speak Out East, a drop in based in East Brighton which brings together people with learning disabilities and volunteers on a weekly basis and supports people with learning disabilities to link in with the local community.

Engagement

Brighton City Council funds engagement work with people with learning disabilities in the City via a network of self-advocacy groups and regular external focus groups. This work is part of a citywide engagement and community development partnership which is led by another local charity, The Trust for Developing Communities.

Cardiovascular Disease Prevention (CVDp)

Funded by NHS Sussex this project focusses on Improving access to cardiovascular disease prevention (CVDp) and management for those with a learning disability and autistic people.
Delivery of co-produced short films, training and easy read resources.

Archive Project

A research project, funded by the Open University Social History Research group.
Involved Speak Out members undertaking research into the accessibility of archives and the recorded history of people with learning disabilities.

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

17. COMMITMENTS UNDER OPERATING LEASES

At 31 March 2024 , the charity had the following commitments under non-cancellable operating leases , payable as follows:

<u>Premises</u>	2024	2023
Payments due:	£	£
Within one year	18,390	17,683
Between two and five years	<u> </u>	<u> </u>
	<u>18,390</u>	<u>17,683</u>

The lease for the office premises at Brighthelm Church and Community Centre , North Road , Brighton, BN1 1YD is on a rolling contract since 1st September 2020.