



**the disability foundation**  
the holistic health charity for every body

Registered charity No.1076761

# **Annual General Report**

**March  
2022 To  
February 2023**

## **THE DISABILITY FOUNDATION LIMITED**

### **CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 28 FEBRUARY 2023**

	<b>Page</b>
<b>Legal and Administrative Details</b>	<b>1</b>
<b>Report of the Chief Executive</b>	<b>2 to 6</b>
<b>Report of the Trustees</b>	<b>7 to 9</b>
<b>Independent Examiner's Report</b>	<b>10</b>
<b>Statement of Financial Activities</b>	<b>11</b>
<b>Balance Sheet</b>	<b>12</b>
<b>Notes to the Financial Statements</b>	<b>13 to 18</b>
<b>Detailed Statement of Financial Activities</b>	<b>19 to 20</b>

## **THE DISABILITY FOUNDATION LIMITED**

### **LEGAL AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

03705381 (England and Wales)

#### **Registered Charity number**

1076761

#### **Registered office**

Louis Fleischmann Building  
Brockley Hill  
Stanmore  
Middlesex  
HA7 4LP

#### **Trustees**

Mr Robin Stephen Gibbons Consultant  
Ms Rebecca Lowrie Sex Educator  
Ms Ruth Vickers Retired  
Ms Michele Freedman Voluntary Fundraiser/consultant

#### **Independent Examiner**

Sanjay Anand  
Waterfords Europe Limited t/a Jon Avol Waterfords  
204 Field End Road  
Pinner  
Middlesex  
HA5 1RD

## THE DISABILITY FOUNDATION LIMITED

### REPORT OF THE CHIEF EXECUTIVE

### FOR THE YEAR ENDED 28 FEBRUARY 2023

TDF is pleased to present the Annual Report and summarised Accounts for 2023.

TDF's main focus during this year period has been to continue to rebuild after covid and provide support for the community most adversely affected by it – disabled people, people who were shielding, people with complex and chronic medical conditions, their families, carers, care workers not to mention NHS staff. It was really noticeable that many of our service users were still cautious about having hands on therapies and this affected our user figures until January 2023 when there was an upward trend. We have also had to contend with the cost of living crisis.

Thanks to a grant from Harrow Giving, we opened our Warm Hub in October 2022 to provide a warm space to Harrow residents along with gentle exercise and refreshments.

We were also delighted to be significantly involved in delivering an NHS Staff Wellbeing Programme at the RNOH and the RNOH Nurses Day as well as delivering Pamper Parlour treatments to the patients of RNOH Spinal Injury Unit on a fortnightly basis. We are working towards resuming most of our pre covid outreach work with the Peace Hospice Watford, Harrow Care Homes, Jewish Care and Northwick Park Hospital. We won funding from Tesco Community Fund to commence a home visit project and TDF has registered with the Harrow Wins Lottery in order to increase potential funding.

TDF's small team remains dedicated in providing self care services, respite and rehabilitation to the people who need it most. Our recovery post covid has been challenging and the cost of living crisis has added to this challenge yet Team TDF has remained undeterred. Our commitment to the cause is stronger than ever because we can see the blatant need for our services across the board. We really look forward to the next year period with continued hope and positivity and we thank everyone for their support and for playing a part in making TDF what it is.

Very best wishes.



Julia Henry Lee  
CEO



Sona Malde  
Acting Joint CEO

## **THE DISABILITY FOUNDATION LIMITED**

### **REPORT OF THE CHIEF EXECUTIVE**

#### **FOR THE YEAR ENDED 28 FEBRUARY 2023**

### **MONITORING AND EVALUATION**

#### **THERAPY SERVICE**

##### **Face to face therapies at TDF's centre**

After the pandemic lockdowns, TDF's centre reopened gradually from April 2021. Initially the centre was open only a few days with restricted hours, but this built up to offering therapy service from Monday – Friday between 9.45 a.m. till 5.15 p.m. New therapists have joined our team and that we reopened Therapy Room 5 in January 2023, which means that more appointments have been made available to our service users. There were a total of 2294 filled appointments in the centre from April 21 – February 22. This is an increase in the number of filled appointments as compared last year, when there were 1622 appointments. This shows that that client were getting their confidence back to return to our centre for treatments. TDF's online services

TDF is still continuing to deliver online cranio-sacral therapy and counselling one to one sessions on Zoom. This service proved very valuable for members who desperately needed these therapies but were unable to leave their homes during lockdown and is still used by members unable to access the centre. TDF therapists delivered a total of 18 online appointments during March 22 – February 23.

#### **MEMBERSHIP**

The total membership at the end of February 2023 was 277 and 49 new members joined the centre during the last financial year. These figures show an increase as compared to last year; our members are slowly returning to the centre for treatments and there is an increasing interest from new clients.

The most dominant age range of TDF's members is the 66-80 years age group (38%) and the second largest age group was the 51-65 years group (25%). Members over the age of 80 years made up 12% of TDF's total membership.

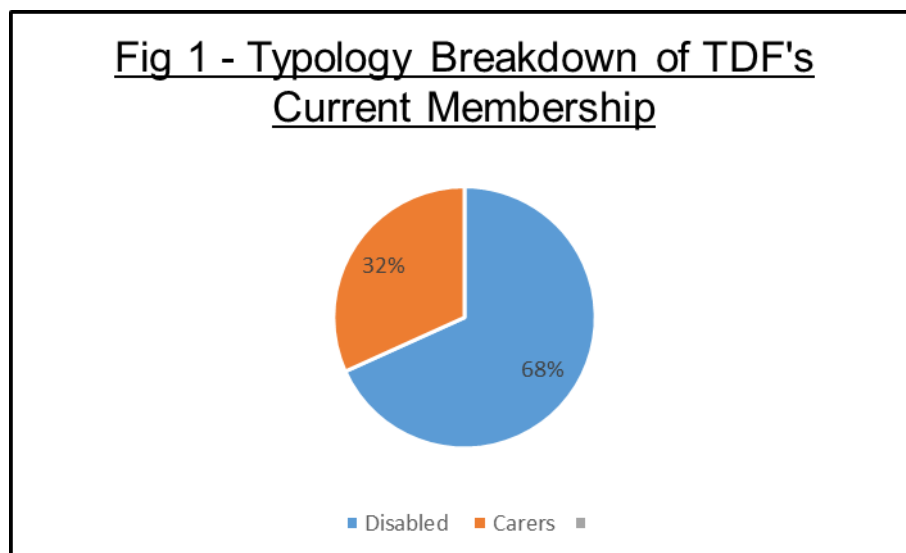
## THE DISABILITY FOUNDATION LIMITED

### REPORT OF THE CHIEF EXECUTIVE

#### FOR THE YEAR ENDED 28 FEBRUARY 2023

Females make up the majority of TDF members (73%) and 27% of members are men. This trend has been observed in the new members joining the centre. The majority of new members joining the centre were female (70%), with men making up 30% of new members. This same pattern has been observed in the previous years.

TDF's members are separated into three main groups disabled (temporary or permanent), carer (paid, unpaid, relative, NHS) or non disabled. TDF's main target groups are disabled people and carers and it is good to see that both these groups have the largest representation in the total membership (See Figure 1 below).



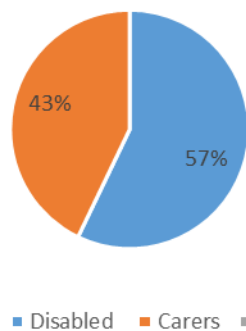
Within the group of carers, 21% of members were NHS staff. It is good that TDF is attracting NHS workers as most of them work at the RNOH where we are based. Our therapies could prevent injuries to staff, saving the NHS money through a decrease in long term sick leave. As can be seen from Fig. 2 below, the majority (72%) of new members are disabled and 6% are disabled carers.

## THE DISABILITY FOUNDATION LIMITED

### REPORT OF THE CHIEF EXECUTIVE

FOR THE YEAR ENDED 28 FEBRUARY 2023

Fig 2 - Typology Breakdown of TDF's  
New Members



As in the previous financial years, most of the new members joining the charity found out about us through word of mouth - through friends or family members. This means that the members already using the service are extremely happy with the therapies we offer as they are prepared to recommend us to others.

### COMMUNITY OUTREACH SERVICE

TDF was able to resume these services to Peace Hospice in Watford in July 2021. TDF therapists started visiting every Monday and Friday to provide therapies to both their in-patients and outpatients. TDF therapists treated 487 patients at Peace Hospice from March 22 – February 23.

TDF also resumed its services on RNOH wards in January 2022. TDF therapists visit the Duke of Gloucester ward on a monthly basis and other wards like Private Ward as per demand. Apart from this, TDF therapists visit the Spinal Injury Unit in RNOH every fortnight to provide treatments like facial massage, facial reflexology and facial threading to their female patients as part of their Pamper Parlour.

## **THE DISABILITY FOUNDATION LIMITED**

### **REPORT OF THE CHIEF EXECUTIVE**

#### **FOR THE YEAR ENDED 28 FEBRUARY 2023**

TDF therapists were invited to provide therapies to RNOH staff on different wards as a part of their Staff Wellbeing programme. Initially this was a six week project from May – July 2022, which was then later extended to September 2022 – March 2023. TDF therapists offered a total of 422 treatments of acupressure, massage, reiki and reflexology to RNOH staff on various wards and departments of the hospital during from May 2022 – February 2023.

TDF resumed its services to Harrow Care Homes and therapists have been visiting different care homes to offer seated exercises, reflexology and hand massage every week.

As part of its community outreach programme, TDF therapists offered mini treatments to carers from Harrow and Herts during National Carers week in June 2022. Another outreach event was Saracens DisABILITY Hub, during which TDF therapists provided mini treatments to Saracens participants, volunteers and parents.



## **THE DISABILITY FOUNDATION LIMITED**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 28 FEBRUARY 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 28 February 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The Disability Foundation is a pan-disability organisation which exists to support adults, children, their families, carers and friends coping with disability and social disadvantage. We do this in a number of ways:

- Offering complementary therapies to members.
- Creating educational and awareness opportunities.
- Distributing Newsletters.
- Putting people in touch with local support networks.

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

TDF's primary objective over this year period was to focus on building back our post covid service following further covid waves which lasted into March 2022. Most of our work focussed on re-instilling confidence in our vulnerable user groups that complementary therapy care was once again safe as well as re-recruiting our therapy team of both volunteers and paid therapists. The Complementary Therapy field was disproportionately affected by covid and many complementary therapy professionals found alternative work. TDF also reacted to community need by offering wellbeing support to user groups such as the NHS (staff wellbeing), Warm Hub, and a Home Visit Pilot Project. From January 2023, TDF saw the centre figures rise and this upward trend remained steady to the year end in February 2023.

Other key achievements include the following:

- Provided Complementary Support to RNOH Staff Wellbeing Programme from May 2022 to March 2023
- Opened a Warm Hub in October 2022 to support our users during the energy crisis and pending cost of living crisis going into the cold months thanks to funding from Harrow Giving
- Launched a new and improved Instagram page in October 2022
- Re-opened 5th Therapy Room in January 2023
- Online eBay charity shop launched in May 2022
- Harrow Wins Lottery in May 2022
- Relaunched our Outreach Events Service in June 2022
- Planned the launch of our Home Visit Pilot Project thanks to funding from Tesco Community Award
- Relaunched our Facebook page

## **THE DISABILITY FOUNDATION LIMITED**

### **REPORT OF THE TRUSTEES (Contd') FOR THE YEAR ENDED 28 FEBRUARY 2023**

- Returned to offer support on RNOH wards to inpatients

- Launched a 'Pamper Parlour' on the Spinal Injuries Unit at RNOH in conjunction with the nursing team in June 2022

Short term future objectives include

- o TDF continues to focus its support on communities most affected by the covid pandemic

- o Introduce Home Visit Service so that people who cannot get our centre can still access wellbeing support

- o Review fundraising and funding and identify new funding streams

- o Re-start outreach work - Northwick Park Hospital, Saracens Sport Foundation, Jewish Care, RNOH, and Harrow Care Homes.

## **ACHIEVEMENT AND PERFORMANCE**

### **Fundraising Activities**

Income has been generated via small scale events (41 Club Xmas collection), donations, membership, gift aid and several grants.

## **FINANCIAL REVIEW**

### **Reserves policy**

The Trustees strive to increase reserves where possible. The aim is to have sufficient reserves to cover a full year's overhead costs of the charity however this has been affected by the strains of the pandemic and cost of living crisis.

### **Going Concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

## **THE DISABILITY FOUNDATION LIMITED**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 28 FEBRUARY 2023**

#### **FUTURE PLANS**

Now that the Covid pandemic is finally officially over TDF can re-focus on previous aims such as:

- o Promote Wellness Days and Outreach Partnerships and Projects
- o Identify new patrons
- o Strengthen links with the NHS: RNOH Foot and Ankle, Northwick Park Hospital
- o Update TDF's IT system to Windows 10 as recommend by TDF's IT supplier
- o Update TDF's phone system
- o Address funding needs - centre maintenance, IT, website, publicity material,
- o Improve social media campaigns, website and re-introduce fundraising events.
- o Review Outreach Documentation, policies and procedures.
- o Review membership communication to include monitoring, evaluation with questionnaires, testimonials, videos, comment books, feedback forms - post therapy (PADBOT, MYMOP or MYCaW) and regular mailshots
- o Create TDF fundraising sponsored event packages such as fun runs/skydive
- o Continue to raise awareness of TDF locally
- o Improve TDF's literature to include a brochure or sponsorship document to target donors.
- o Make counselling courses and end of life support available for all TDF staff plus a recommended reading list for therapists
- o Offer specialist clinics for specific user groups - such as children, teenagers, carers, NHS and for specific therapies eg Scar clinics, Oncology Massage Clinic, Group Acupuncture, Mindfulness
- o Continue to increase expertise on Advisory Board and Trustee Board

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The Charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Company is set up under its Memorandum and Articles of Association, registered as a Company Limited by Guarantee, registration number 03705381, and is registered with the Charity Commission under the Charities Act 2006, registration number 1076761.

The liability of the Trustees, being members of the charitable company, is limited. Every member of the Charity undertakes to contribute such amount as may be required (not exceeding £10) to the Charity's assets if it should be wound up while he or she is a member or within one year after he or she ceases to be a member, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves.

## **THE DISABILITY FOUNDATION LIMITED**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 28 FEBRUARY 202**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT (CONTD')**

##### **Recruitment and appointment of new trustees**

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

The number of trustees shall be not less than three but not subject to any maximum. One third of the trustees, who have been in office longest retire by rotation at the Annual General Meeting (AGM). Additional trustees can be appointed by recommendation of the existing trustees or by standing for election at the AGM.

##### **Organisational structure**

The Charity has a Board of Trustees that meet regularly. The Board makes final all operational decisions of the charity which are put forward by the senior management team. Day to day running of the charity is carried out by the Chief Executive Officer and the Deputy CEO's, together with a small team of support staff.

##### **Induction and training of new trustees**

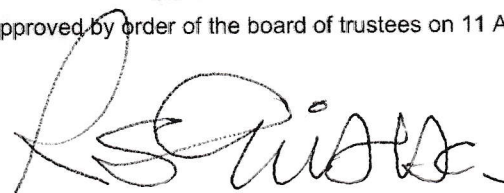
All new trustees, once elected, are inducted by the CEO. All new trustees are handed the NCVO publication The Good Trustee Guide and a pack which contains important organisational policies and documents. All Trustees are encouraged to attend regular training courses made available through the NCVO, LVSC and other local voluntary support bodies such as VAHC, as well as utilise online resources for Trustees and attend networking opportunities. All trustees are also invited to meet the management team and other key staff.

##### **COMMENCEMENT OF ACTIVITIES**

The Disability Foundation was incorporated as a charitable company limited by guarantee on 1 February 1999. For the purposes of the Companies Act 2006 the Board of Trustees are regarded as Board of Directors of the company.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 11 August 2023 and signed on its behalf by:



**Mr Robin Stephen Gibbons - Trustee**

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE DISABILITY FOUNDATION LIMITED

### Independent examiner's report to the trustees of The Disability Foundation Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 28 February 2023.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1 accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Sanjay Anand**  
**Waterfords Europe Limited t/a Jon Avol Waterfords**

204 Field End Road  
Pinner  
Middlesex  
HA5 1RD

11 August 2023

**THE DISABILITY FOUNDATION LIMITED**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 28 FEBRUARY 2023**

	Notes	Unrestricted fund £	Restricted fund £	<b>28.2.23 Total funds £</b>	28.2.22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		<b>150,675</b>	-	<b>150,675</b>	52,969
Other trading activities	3	<b>5,445</b>	-	<b>5,445</b>	5,610
Investment income	4	<b>818</b>	-	<b>818</b>	515
Other income		-	-	-	23,938
<b>Total</b>		<b><u>156,938</u></b>	-	<b><u>156,938</u></b>	<u>83,032</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	<b>14,833</b>	-	<b>14,833</b>	13,565
<b>Charitable activities</b>					
Costs of generating donations and legacies		<b>94,216</b>	-	<b>94,216</b>	76,865
Expenditure on charitable activities		<b>69,104</b>	-	<b>69,104</b>	50,629
Governance Costs		-	-	-	14,685
<b>Total</b>		<b><u>178,153</u></b>	-	<b><u>178,153</u></b>	<u>155,744</u>
<b>NET INCOME/(EXPENDITURE)</b>		<b>(21,215)</b>	-	<b>(21,215)</b>	(72,712)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<b>46,812</b>	-	<b>46,812</b>	119,524
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b><u>25,597</u></b>	-	<b><u>25,597</u></b>	<u>46,812</u>

The notes form part of these financial statements

**THE DISABILITY FOUNDATION LIMITED**

**BALANCE SHEET**  
**28 FEBRUARY 2023**

	Notes	Unrestricted fund £	Restricted fund £	28.2.23 Total funds £	28.2.22 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	11	2,766	-	2,766	1,432
Cash at bank and in hand		<u>76,702</u>	<u>-</u>	<u>76,702</u>	<u>98,386</u>
		79,468	-	79,468	99,818
<b>CREDITORS</b>					
Amounts falling due within one year	12	(3,314)	-	(3,314)	(3,006)
		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>NET CURRENT ASSETS</b>		<u>76,154</u>	<u>-</u>	<u>76,154</u>	<u>96,812</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		76,154	-	76,154	96,812
<b>CREDITORS</b>					
Amounts falling due after more than one year	13	(50,557)	-	(50,557)	(50,000)
		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>NET ASSETS</b>		<u>25,597</u>	<u>-</u>	<u>25,597</u>	<u>46,812</u>
<b>FUNDS</b>	15				
Unrestricted funds:					
General fund				<u>25,597</u>	<u>46,812</u>
<b>TOTAL FUNDS</b>				<u>25,597</u>	<u>46,812</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 28 February 2023.

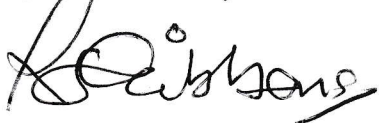
The members have not required the company to obtain an audit of its financial statements for the year ended 28 February 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 August 2023 and were signed on its behalf by:



Mr Robin Stephen Gibbons - Trustee

# THE DISABILITY FOUNDATION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 28 FEBRUARY 2023

### 1. CHARITY STATUS

The charity is a charity limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £Nil towards the assets of the charity in the event of liquidation.

### 2. ACCOUNTING POLICIES

#### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

#### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### **Basis of preparation**

The Disability Foundation Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### **Raising funds**

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

#### **Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

#### **Tangible fixed assets**

Individual fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses. Depreciation is provided at 33 1/3 % to write off the costs less estimated residual value of each asset over its useful economic life.

#### **Taxation**

The Charity is exempt from corporation tax on its charitable activities.

#### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.



# THE DISABILITY FOUNDATION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 28 FEBRUARY 2023

### 2. ACCOUNTING POLICIES - continued

#### Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

#### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

### 3. OTHER TRADING ACTIVITIES

	28.2.23	28.2.22
	£	£
Fundraising events	-	650
Membership Subscriptions	<u>5,445</u>	<u>4,960</u>
	<u>5,445</u>	<u>5,610</u>

### 4. INVESTMENT INCOME

	28.2.23	28.2.22
	£	£
Interest receivable on bank deposits	<u>818</u>	<u>515</u>

### 5. RAISING FUNDS

#### Raising donations and legacies

	28.2.23	28.2.22
	£	£
Staff costs	13,222	13,565
Support costs	<u>1,611</u>	<u>-</u>
	<u>14,833</u>	<u>13,565</u>

### 6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	28.2.23	28.2.22
	£	£
Depreciation - owned assets	-	490
Other operating leases	<u>6,535</u>	<u>(603)</u>

# THE DISABILITY FOUNDATION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 28 FEBRUARY 2023

### 7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 28 February 2023 nor for the year ended 28 February 2022.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 28 February 2023 nor for the year ended 28 February 2022.

### 8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	28.2.23	28.2.22
Charitable activities	-	5
Governance and Fundraising	-	2
	<u>-</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

### 9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	52,969	-	52,969
Other trading activities	5,610	-	5,610
Investment income	515	-	515
Other income	<u>23,938</u>	<u>-</u>	<u>23,938</u>
<b>Total</b>	<u>83,032</u>	<u>-</u>	<u>83,032</u>
<b>EXPENDITURE ON</b>			
Raising funds	13,565	-	13,565
<b>Charitable activities</b>			
Costs of generating donations and legacies	76,865	-	76,865
Expenditure on charitable activities	50,629	-	50,629
Governance Costs	<u>14,685</u>	<u>-</u>	<u>14,685</u>
<b>Total</b>	<u>155,744</u>	<u>-</u>	<u>155,744</u>
<b>NET INCOME/(EXPENDITURE)</b>	(72,712)	-	(72,712)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	<u>119,524</u>	<u>-</u>	<u>119,524</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>46,812</u>	<u>-</u>	<u>46,812</u>

**THE DISABILITY FOUNDATION LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 28 FEBRUARY 2023**

**10. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 March 2022 and 28 February 2023	<u>31,281</u>	<u>52,631</u>	<u>83,912</u>
<b>DEPRECIATION</b>			
At 1 March 2022 and 28 February 2023	<u>31,281</u>	<u>52,631</u>	<u>83,912</u>
<b>NET BOOK VALUE</b>			
At 28 February 2023	<u>-</u>	<u>-</u>	<u>-</u>
At 28 February 2022	<u>-</u>	<u>-</u>	<u>-</u>

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	28.2.23 £	28.2.22 £
Other debtors	2,129	795
Prepayments	<u>637</u>	<u>637</u>
	<u>2,766</u>	<u>1,432</u>

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	28.2.23 £	28.2.22 £
Trade creditors	1,178	688
Social security and other taxes	702	893
Other creditors	174	165
Accruals and deferred income	<u>1,260</u>	<u>1,260</u>
	<u>3,314</u>	<u>3,006</u>

**13. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

	28.2.23 £	28.2.22 £
Bank loans (see note 14)	<u>50,557</u>	<u>50,000</u>

**14. LOANS**

An analysis of the maturity of loans is given below:

	28.2.23 £	28.2.22 £
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>50,557</u>	<u>50,000</u>

**THE DISABILITY FOUNDATION LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 28 FEBRUARY 2023**

**15. MOVEMENT IN FUNDS**

	At 1.3.22 £	Net movement in funds £	At 28.2.23 £
<b>Unrestricted funds</b>			
General fund	<b>46,812</b>	<b>(21,215)</b>	<b>25,597</b>
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b><u>46,812</u></b>	<b><u>(21,215)</u></b>	<b><u>25,597</u></b>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	<b>156,938</b>	<b>(178,153)</b>	<b>(21,215)</b>
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b><u>156,938</u></b>	<b><u>(178,153)</u></b>	<b><u>(21,215)</u></b>

**Comparatives for movement in funds**

	At 1.3.21 £	Net movement in funds £	At 28.2.22 £
<b>Unrestricted funds</b>			
General fund	119,524	(72,712)	46,812
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b><u>119,524</u></b>	<b><u>(72,712)</u></b>	<b><u>46,812</u></b>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	83,032	(155,744)	(72,712)
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b><u>83,032</u></b>	<b><u>(155,744)</u></b>	<b><u>(72,712)</u></b>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.3.21 £	Net movement in funds £	At 28.2.23 £
<b>Unrestricted funds</b>			
General fund	119,524	(93,927)	25,597
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b><u>119,524</u></b>	<b><u>(93,927)</u></b>	<b><u>25,597</u></b>

## THE DISABILITY FOUNDATION LIMITED

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 28 FEBRUARY 2023

#### 15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	239,970	(333,897)	(93,927)
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>239,970</u>	<u>(333,897)</u>	<u>(93,927)</u>

#### 16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 28 February 2023.

# THE DISABILITY FOUNDATION LIMITED

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 28 FEBRUARY 2023

	28.2.23 £	28.2.22 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Regular giving and capital donations	150,675	46,719
Grants	-	6,250
	<b>150,675</b>	52,969
<b>Other trading activities</b>		
Fundraising events	-	650
Membership Subscriptions	5,445	4,960
	<b>5,445</b>	5,610
<b>Investment income</b>		
Interest receivable on bank deposits	818	515
<b>Other income</b>		
Furlough grant	-	23,938
<b>Total incoming resources</b>	<b>156,938</b>	83,032
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Wages	13,055	12,828
Social security	33	615
Pensions	134	122
	<b>13,222</b>	13,565
<b>Charitable activities</b>		
Wages	73,977	72,693
Social security	186	3,483
Pensions	759	689
Other operating leases	6,535	(603)
Rates and water	614	288
Insurance	3,780	3,216
Telephone	1,417	1,586
Postage and stationery	1,248	1,712
Sundries	181	106
Therapists - Treatment Costs	42,416	26,316
Therapists - Supplies	796	1,246
Therapists - Towels	7,372	4,452
Fundraising costs	131	-
Travelling	1,186	526
Office Cleaning	6,096	2,816
IT and Computer Services	4,644	7,537
Consultants costs	5,563	3,172
Repairs and renewals	612	-
Subscriptions	288	215
Depreciation: Fixtures and Computer Equipment	-	490
	<b>157,801</b>	129,940
<b>Support costs</b>		

This page does not form part of the statutory financial statements

**THE DISABILITY FOUNDATION LIMITED**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 28 FEBRUARY 2023**

	28.2.23 £	28.2.22 £
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	797	691
Bank loan interest	<u>1,611</u>	<u>-</u>
	<b>2,408</b>	691
 <b>Governance costs</b>		
Accountancy and payroll costs	3,462	10,288
Independent Examiners Fees	<u>1,260</u>	<u>1,260</u>
	<b>4,722</b>	11,548
 Total resources expended	<u><b>178,153</b></u>	<u>155,744</u>
 <b>Net expenditure</b>	<u><b>(21,215)</b></u>	<u><b>(72,712)</b></u>