



**the disability foundation**

the holistic health charity for every body

Registered charity No.1076761

# **Annual General Report**

**March 2020  
To  
February 2021**

# THE DISABILITY FOUNDATION LIMITED

## CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 28 FEBRUARY 2021

	<b>Page</b>
<b>Legal and Administrative Details</b>	<b>1</b>
<b>Report of the Chief Executive</b>	<b>2 to 5</b>
<b>Report of the Trustees</b>	<b>6 to 11</b>
<b>Independent Examiner's Report</b>	<b>12</b>
<b>Statement of Financial Activities</b>	<b>13</b>
<b>Balance Sheet</b>	<b>14</b>
<b>Notes to the Financial Statements</b>	<b>15 to 20</b>
<b>Detailed Statement of Financial Activities</b>	<b>21 to 22</b>

## LEGAL AND ADMINISTRATIVE DETAILS

**Charity number** 1076761

**Company registration number** 03705381 (England and Wales)

**Registered office** c/o Royal National Orthopaedic Hospital  
Brockley Hill  
Stanmore  
Middlesex  
HA7 4LP

<b>Trustees</b>	Robin Gibbons	Trustee, Chair
	Michele Freedman	Trustee
	Rebecca Lowrie	Trustee
	Ruth Vickers	Trustee

**Independent Examiner** Sanjay And, Waterfords Europe Limited t/a  
Jon Avol Waterfords

## CHIEF EXECUTIVE'S REPORT

TDF is pleased to present the Annual Report and summarised Accounts for March 2020 – February 2021.

TDF is pleased to present the Annual Report and summarised Accounts for March 2020-February 2021.

March 2020 was the onset of COVID 19 pandemic and TDF was forced to shut its centre in Stanmore and all its outreach work with partner organisations due to government regulations. As a result, our members felt isolated and also started suffering from loneliness, anxiety and stress due to the lockdown. In response to feedback from our members, TDF therefore launched an online service on Zoom with daily wellbeing webinars and one to one online sessions. We also launched an online support service for our members in the form of TEA@TDF – a weekly drop in session on Zoom.

The main focus of the charity w during this financial year was on devising new protocols for re-opening the centre based on the strict guidelines form the government, NHS and RNOH. However, due to the repeated lockdowns, TDF was unable to open its centre until April 2021.

The pandemic has been a huge challenge for the charity's survival. However, TDF realises it has an even larger role to play in supporting disabled people, their families and carers as well as the NHS. TDF's services – whether face to face or remote - will be needed more than ever for recovery and rehab, to combat loneliness and isolation not to mention the physical and mental effects of the ongoing pandemic situation. I would like to thank everyone for the care and dedication that surrounds this special charity, especially when it faces challenges that could not have been foreseen. TDF relies on you - its members, supporters, friends, advisors, patrons and donors as well as of course its wonderful volunteers, therapists and support staff. Your support and commitment to TDF means so much – now more than ever.

Very best wishes



**Julia Henry Lee**  
**CEO**

## **Monitoring and Evaluation**

This is the monitoring report for TDF's Project related to the funding from Harrow Giving Coronavirus Emergency Response for Advice, Information and Befriending Fund, for the period March 2020 – February 2021, so all figures shown here are until February 2021.

TDF started the first part of its proposed Wellbeing Hub on 16<sup>th</sup> July 2020, with its Daily Wellbeing Webinar sessions. These sessions were conducted via Zoom and were hosted by a different Team TDF therapist every day. Therapists delivered different relaxation therapies such as mindfulness, self-care massage, seated exercise and breathing in order to provide help, advice and information on self-care, stress and wellbeing and providing support to Harrow Residents whilst we are not able to practice other hands on therapies.

The second part of TDF's wellbeing hub, which started in September 2020, was to deliver online one to one therapy sessions such as counselling, hypnotherapy, physical wellbeing, cranio-sacral therapy and nutritional therapy.

Another project under the wellbeing hub was Tea@TDF, TDF's very own virtual 'get together'. This was a chance for TDF members to catch up with TeamTDF and fellow members and interact, share experiences, swap stories and connect with others. This proved to be popular in the winter months during the second lockdown, when people were feeling very isolated and vulnerable. The sessions were hosted by TeamTDF staff and volunteers.

TDF also provided online outreach sessions to the beneficiaries of other disability / carer organisations. During these sessions, a TeamTDF therapist delivered an interactive webinar where the beneficiaries of the other organisations can join in and participate. This is followed by a short Q&A Session. So far, TDF has conducted online outreach sessions on physical wellbeing, pain management and acupuncture.

The tables below show the various demographics of the participants in the various projects of TDF's wellbeing hub from July 2020 to February 2021.

Table 1 – Total number of participants from July 2020 – February 2021 -

<b>TOTAL ATTENDEES</b>	<b>TDF MEMBERS</b>	<b>HARROW RESIDENTS</b>
1254	1015	562

Table 2 – Age groups of participants from July 2020 – February 2021 -

<b>AGE GROUP</b>	<b>19-35 YEARS</b>	<b>36-50 YEARS</b>	<b>51-65 YEARS</b>	<b>66- 80 YEARS</b>	<b>80+ YEARS</b>
<b>TOTAL</b>	82	161	331	582	98

Table 3 – Shows whether participants are disabled, carers and those who were shielding

<b>GROUP</b>	<b>Disabled</b>	<b>Paid Carer</b>	<b>Unpaid carer</b>	<b>Caring for family member</b>	<b>NHS staff</b>	<b>Working for a disability org</b>	<b>Shielding</b>
<b>TOTAL</b>	851	87	143	57	50	167	140

Table 4 – Gender of participants

<b>Female</b>	1011
<b>Male</b>	243

Table 3 – Ethnic origins of participants

<b>Ethnic group</b>	<b>Total</b>
<b>Asian Indian</b>	277
<b>Black African</b>	7
<b>Black Caribbean</b>	49
<b>Dual nationality</b>	4
<b>Eastern European</b>	35
<b>Other Asian</b>	30
<b>Other Ethnic group</b>	10
<b>Other White</b>	118
<b>White &amp; Asian</b>	36
<b>White British</b>	608
<b>White Irish</b>	2
<b>Ethnicity not known</b>	78

TDF also distributed around a 100 wellbeing packs to Harrow residents and NHS staff. These packs included items to help people relax and destress during the ongoing pandemic situation as well as exercise sheets and self-care products etc promoting wellbeing.

This was a completely new venture for TDF. Pre covid TDF provided complementary therapies at our centre at The Royal National Orthopaedic Hospital in Stanmore which we had to shut in March 2020. We were unable to operate from the centre at the moment as it was used as the hospital COVID 19 testing hub. Our users had been

communicating with us regularly and asking us when we would be able to provide

hands on therapies because they felt isolated, very stressed and many were in pain without their hands on therapies. We also had a lot of new enquiries about therapy support that we can provide so the wellbeing webinars were designed to provide a new type of support. Our first session was on 16th July and since then we hosted half an hour sessions daily, until 12<sup>th</sup> April 2021, when we were able to re-open our centre. These webinars were open to TDF members and non-members, who are sent a Zoom link to join the webinars. A Wellbeing webinar factsheet was also sent to everyone, which gave a brief description of what each session will focus on. Besides this, we also made the recordings of these webinars and posted them on our You Tube channel.

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 28 FEBRUARY 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 28 February 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **Objectives, activities and Principal Activities of the Foundation**

The Disability Foundation is a pan-disability organisation which exists to support adults, children, their families, carers and friends coping with disability and social disadvantage. We do this in a number of ways:

- Offering complementary therapies to members
- Creating educational and awareness opportunities
- Distributing Newsletters
- Putting people in touch with local support networks



# REVIEW OF ACTIVITIES

## ACHIEVEMENT AND PERFORMANCE

### Charitable activities

TDF's targets and objectives for this year period were altered because of COVID-19. TDF was forced to shut its therapy centre in March 2020. TDF's building became the RNOH NHS site Covid testing hub so TDF was not able to re-open for face to face therapies until December 2020 and TDF was then forced to shut again due to the third lockdown. TDF's main objective was to maintain the charity during the global pandemic and plan for re-opening following government guidelines. This included looking new ways of working and measures for social distancing, PPE etc. TDF needed to look at new and additional income streams to deliver this. TDF utilized the furlough scheme to safeguard the charity as well.

Other key achievements include the following:

- 1.TDF managed to secure emergency funding from Harrow Council, National Lottery and the London Community Foundation Covid 19 Emergency Response Fund. The Joseph Levy Foundation also advised TDF that the remainder of their grant could be diverted to projects undertaken during the pandemic.
- 2.TDF looked at new ways to deliver therapies to those who need them the most as well as continue to support the NHS and carers with a large focus on keyworkers' wellbeing. TDF launched a new digital service to support members and the community in general: TDF-Online started in late July 2020 with one to one therapies online and free daily relaxation webinars. These were later developed into Group Wellbeing Sessions. In January 2021 during Lockdown 3 TDF launched Tea@TDF Online - a drop in chat session with TDF team members to combat the loneliness and isolation of the winter lockdown. In this way, TDF was able to continue providing wellbeing support and access to self-care.
- 3.TDF reviewed its digital presence and remote IT access to improve digital inclusion for its membership and improve TDF's IT systems so that they could be accessed securely off-site because of the increase in working from home.
- 4.TDF worked with its primary partners to continue to support people who are disabled or have chronic and complex medical conditions as well as their families and carers in particular the Peace Hospice where some hands on work was resumed during the various lockdowns.
- 5.TDF reviewed policies on safeguarding for delivering therapies online as well as new guidance on delivering face to face therapies when the centre re-opens.

### **Short term objectives include**

- Re-open the centre for face to face therapies and make necessary safety adjustments to the centre
- Improve social media tools.
- Continue to expand TDF Online Services and targeted group work.
- TDF will focus on its vital role in aiding COVID recovery in the community with the anticipation that there will be greater need because of the impact of COVID in terms of rehabilitation from illness, long Covid as well as the effects that the ongoing pandemic situation is having on general physical and mental health for example loneliness and isolation.
- Improve Therapists' recruitment
- Review fundraising and funding and identify new funding streams
- Re-approach TDF Patrons once the centre re-opens for therapies
- Review the possibility of offering Home Visits Therapy Service for certain therapies such as chiropody and introduce a lone working policy.
- Follow up with partner organisations to re-start outreach work - Peace Hospice, Northwick Park Hospital, Saracens Sport Foundation, Jewish Care, RNOH, Harrow Care Homes.

### **Fundraising activities**

Income has been generated via donations, emergency grant funding, gift aid and patronage.

## **FINANCIAL REVIEW**

### **Reserves policy**

The Trustees strive to increase reserves where possible but are generally satisfied with the current level, albeit a small fall in the figure was reported in the year under review. The aim is to have sufficient reserves to cover a full year's overhead costs of the charity.

### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

## **FUTURE PLANS**

TDF still hopes to still achieve the targets below once the COVID19 pandemic / lockdown has ceased:

- Promote Fundraising Wellness Days
- Identify new patrons
- Follow up with Langdon to provide therapies
- Follow up on project working with RNOH Foot and Ankle team for specific foot issues.
- Identify new funding needs - in particular equipment/furniture updates and maintenance, IT updates, website, publicity material, social media campaigns, and fundraising events.

- Improve TDF's Outreach Documentation, policies and procedures. Improve membership communication to include monitoring and evaluation with questionnaires, testimonials, videos, comment books and feedback books for all wards, outreach venues and in Reception and online and regular mailshots
- Create TDF fundraising sponsored event packages such as fun runs/skydive
- Continue to raise awareness of TDF locally.
- Update TDF's IT system to windows 10 as recommend by TDF's IT supplier
- Continue to review TDF's position of staying on-site at RNOH
- Improve TDF's literature to include a folder brochure to target donors for more donations.
- Make counselling courses and end of life support available for all TDF staff plus a recommended reading list for therapists
- Consider offering specialist clinics for specific user groups - such as children, teenagers, carers, NHS- at specific opening times and introduce more themed group therapy sessions such as art therapy, well woman yoga, physio and occupational therapy
- Continue to increase expertise on Advisory Board

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The Charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Company is set up under its Memorandum and Articles of Association, registered as a Company Limited by Guarantee, registration number 03705381, and is registered with the Charity Commission under the Charities Act 2006, registration number 1076761.

The liability of the Trustees, being members of the charitable company, is limited. Every member of the Charity undertakes to contribute such amount as may be required (not exceeding £10) to the Charity's assets if it should be wound up while he or she is a member or within one year after he or she ceases to be a member, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves.

### **Recruitment and appointment of new trustees**

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

The number of trustees shall be not less than three but not subject to any maximum. One third of the trustees, who have been in office longest retire by rotation at the Annual General Meeting (AGM). Additional trustees can be appointed by recommendation of the existing trustees or by standing for election at the AGM.

### **Organisational structure**

The Charity has a Board of Trustees that meet regularly. The Board makes final all operational decisions of the charity which are put forward by the senior management team. Day to day running of the charity is carried out by the Chief Executive Officer and the Deputy CEO's, together with a small team of support staff.

**Induction and training of new trustees**

All new trustees, once elected, are inducted by the CEO. All new trustees are handed the NCVO publication The Good Trustee Guide and a pack which contains important organisational policies and documents. All Trustees are encouraged to attend regular training courses made available through the NCVO, LVSC and other local voluntary support bodies such as VAHC, as well as utilise online resources for Trustees and attend networking opportunities. All trustees are also invited to meet the management team and other key staff.

**REFERENCE AND ADMINISTRATIVE DETAILS**

Registered Company number  
03705381 (England and Wales)

**Registered Charity number**

1076761

**Registered office**

Louis Fleischmann Building  
Brockley Hill  
Stanmore  
Middlesex  
HA7 4LP

**Trustees**

Mr Robin Stephen Gibbons Consultant  
Ms Rebecca Lowrie Sex Educator  
Ms Ruth Vickers Retired  
Ms Michele Freedman Voluntary Fundraiser/consultant

**Independent Examiner**


Sanjay Anand  
FCCA  
Waterfords Europe Limited t/a Jon Avol Waterfords  
204 Field End Road  
Eastcote  
Pinner  
Middlesex  
HA5 1RD

**COMMENCEMENT OF ACTIVITIES**

The Disability Foundation was incorporated as a charitable company limited by guarantee on 1 February 1999. For the purposes of the Companies Act 2006 the Board of Trustees are regarded as Board of Directors of the company.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 27 July 2021 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'R. Gibbons', written over a horizontal dotted line.

Mr Robin Stephen Gibbons - Trustee

## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE DISABILITY FOUNDATION LIMITED**

### **Independent examiner's report to the trustees of The Disability Foundation Limited ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 28 February 2021.

#### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Sanjay Anand  
FCCA  
Waterfords Europe Limited t/a Jon Avol Waterfords  
204 Field End Road  
Eastcote  
Pinner  
Middlesex  
HA5 1RD

28 July 2021

**THE DISABILITY FOUNDATION LIMITED**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 28 FEBRUARY 2021**

	Notes	Unrestricted fund £	Restricted fund £	<b>28.2.21 Total funds £</b>	28.2.20 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		<b>18,952</b>	-	<b>18,952</b>	205,742
<b>Charitable activities</b>					
Expenditure on charitable activities		<b>60,248</b>	-	<b>60,248</b>	-
Other trading activities	3	<b>1,031</b>	-	<b>1,031</b>	11,432
Investment income	4	<b>702</b>	-	<b>702</b>	875
Other income		<b>65,666</b>	-	<b>65,666</b>	-
<b>Total</b>		<b>146,599</b>	-	<b>146,599</b>	218,049
<b>EXPENDITURE ON</b>					
Raising funds		<b>14,314</b>	-	<b>14,314</b>	15,974
<b>Charitable activities</b>					
Costs of generating donations and legacies		<b>(3,244)</b>	<b>3,245</b>	<b>1</b>	-
Expenditure on charitable activities		<b>115,831</b>	-	<b>115,831</b>	201,437
Governance Costs		<b>6,720</b>	-	<b>6,720</b>	6,785
<b>Total</b>		<b>133,621</b>	<b>3,245</b>	<b>136,866</b>	224,196
<b>NET INCOME/(EXPENDITURE)</b>		<b>12,978</b>	<b>(3,245)</b>	<b>9,733</b>	<b>(6,147)</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<b>106,546</b>	<b>3,245</b>	<b>109,791</b>	115,938
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>119,524</b>	-	<b>119,524</b>	109,791

# THE DISABILITY FOUNDATION LIMITED

## BALANCE SHEET

28 FEBRUARY 2021

	Notes	Unrestricted fund £	Restricted fund £	28.2.21 Total funds £	28.2.20 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	9	490	-	490	1,045
<b>CURRENT ASSETS</b>					
Debtors	10	548	-	548	3,504
Cash at bank and in hand		182,650	-	182,650	115,816
		183,198	-	183,198	119,320
<b>CREDITORS</b>					
Amounts falling due within one year	11	(14,164)	-	(14,164)	(10,574)
<b>NET CURRENT ASSETS</b>		169,034	-	169,034	108,746
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		169,524	-	169,524	109,791
<b>CREDITORS</b>					
Amounts falling due after more than one year	12	(50,000)	-	(50,000)	-
<b>NET ASSETS</b>		119,524	-	119,524	109,791
<b>FUNDS</b>	14				
Unrestricted funds:					
General fund				119,524	106,546
Restricted funds:					
Restricted Funds				-	3,245
<b>TOTAL FUNDS</b>				119,524	109,791

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 28 February 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 28 February 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 27 July 2021 and were signed on its behalf by:

Mr Robin Stephen Gibbons - Trustee



## THE DISABILITY FOUNDATION LIMITED

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 28 FEBRUARY 2021

#### 1. CHARITY STATUS

The charity is a charity limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £Nil towards the assets of the charity in the event of liquidation.

#### 2. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

##### **Basis of preparation**

The Disability Foundation Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Raising funds**

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

##### **Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

##### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

##### **Tangible fixed assets**

Individual fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses. Depreciation is provided at 33 1/3 % to write off the costs less estimated residual value of each asset over its useful economic life.

##### **Taxation**

The Charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

## THE DISABILITY FOUNDATION LIMITED

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 28 FEBRUARY 2021

#### 2. ACCOUNTING POLICIES - continued

##### Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

##### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 3. OTHER TRADING ACTIVITIES

	28.2.21	28.2.20
	£	£
Fundraising events	356	921
Membership Subscriptions	675	10,511
	<u>1,031</u>	<u>11,432</u>

#### 4. INVESTMENT INCOME

	28.2.21	28.2.20
	£	£
Interest receivable on bank deposits	<u>702</u>	<u>875</u>

#### 5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	28.2.21	28.2.20
	£	£
Depreciation - owned assets	555	4,439
Other operating leases	<u>5,749</u>	<u>6,029</u>

#### 6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 28 February 2021 nor for the year ended 28 February 2020.

##### Trustees' expenses

There were no trustees' expenses paid for the year ended 28 February 2021 nor for the year ended 28 February 2020.

# THE DISABILITY FOUNDATION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 28 FEBRUARY 2021

### 7. STAFF COSTS

The average monthly number of employees during the year was as follows:

	28.2.21	28.2.20
Charitable activities	4	4
Governance and Fundraising	<u>1</u>	<u>1</u>
	<u>5</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

### 8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	205,742	-	205,742
Other trading activities	11,432	-	11,432
Investment income	<u>875</u>	<u>-</u>	<u>875</u>
<b>Total</b>	218,049	-	218,049
<b>EXPENDITURE ON</b>			
Raising funds	15,974	-	15,974
<b>Charitable activities</b>			
Expenditure on charitable activities	199,682	1,755	201,437
Governance Costs	<u>6,785</u>	<u>-</u>	<u>6,785</u>
<b>Total</b>	<u>222,441</u>	<u>1,755</u>	<u>224,196</u>
<b>NET INCOME/(EXPENDITURE)</b>	(4,392)	(1,755)	(6,147)
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	110,938	5,000	115,938
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>106,546</u>	<u>3,245</u>	<u>109,791</u>

# THE DISABILITY FOUNDATION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 28 FEBRUARY 2021

### 9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 29 February 2020 and 28 February 2021	<u>31,281</u>	<u>52,631</u>	<u>83,912</u>
<b>DEPRECIATION</b>			
At 29 February 2020	30,236	52,631	82,867
Charge for year	<u>555</u>	<u>-</u>	<u>555</u>
At 28 February 2021	<u>30,791</u>	<u>52,631</u>	<u>83,422</u>
<b>NET BOOK VALUE</b>			
At 28 February 2021	<u>490</u>	<u>-</u>	<u>490</u>
At 28 February 2020	<u>1,045</u>	<u>-</u>	<u>1,045</u>

### 10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	28.2.21 £	28.2.20 £
Other debtors	-	2,500
Prepayments	<u>548</u>	<u>1,004</u>
	<u>548</u>	<u>3,504</u>

### 11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	28.2.21 £	28.2.20 £
Trade creditors	1,173	7,173
Social security and other taxes	308	1,992
Other creditors	127	269
Accruals and deferred income	<u>12,556</u>	<u>1,140</u>
	<u>14,164</u>	<u>10,574</u>

### 12. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	28.2.21 £	28.2.20 £
Bank loans (see note 13)	<u>50,000</u>	<u>-</u>

### 13. LOANS

An analysis of the maturity of loans is given below:

	28.2.21 £	28.2.20 £
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>50,000</u>	<u>-</u>

The notes form part of these financial statements

**THE DISABILITY FOUNDATION LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 28 FEBRUARY 2021**

**14. MOVEMENT IN FUNDS**

	At 29.2.20 £	Net movement in funds £	At 28.2.21 £
<b>Unrestricted funds</b>			
General fund	<b>106,546</b>	<b>12,978</b>	<b>119,524</b>
<b>Restricted funds</b>			
Restricted Funds	<b>3,245</b>	<b>(3,245)</b>	<b>-</b>
<b>TOTAL FUNDS</b>	<b><u>109,791</u></b>	<b><u>9,733</u></b>	<b><u>119,524</u></b>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	<b>146,599</b>	<b>(133,621)</b>	<b>12,978</b>
<b>Restricted funds</b>			
Restricted Funds	<b>-</b>	<b>(3,245)</b>	<b>(3,245)</b>
<b>TOTAL FUNDS</b>	<b><u>146,599</u></b>	<b><u>(136,866)</u></b>	<b><u>9,733</u></b>

**Comparatives for movement in funds**

	At 1.3.19 £	Net movement in funds £	At 28.2.20 £
<b>Unrestricted funds</b>			
General fund	110,938	(4,392)	106,546
<b>Restricted funds</b>			
Restricted Funds	5,000	(1,755)	3,245
<b>TOTAL FUNDS</b>	<b><u>115,938</u></b>	<b><u>(6,147)</u></b>	<b><u>109,791</u></b>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	218,049	(222,441)	(4,392)
<b>Restricted funds</b>			
Restricted Funds	-	(1,755)	(1,755)
<b>TOTAL FUNDS</b>	<b><u>218,049</u></b>	<b><u>(224,196)</u></b>	<b><u>(6,147)</u></b>

# THE DISABILITY FOUNDATION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 28 FEBRUARY 2021

### 14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.3.19 £	Net movement in funds £	At 28.2.21 £
<b>Unrestricted funds</b>			
General fund	110,938	8,586	119,524
<b>Restricted funds</b>			
Restricted Funds	5,000	(5,000)	-
<b>TOTAL FUNDS</b>	<u>115,938</u>	<u>3,586</u>	<u>119,524</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	364,648	(356,062)	8,586
<b>Restricted funds</b>			
Restricted Funds	-	(5,000)	(5,000)
<b>TOTAL FUNDS</b>	<u>364,648</u>	<u>(361,062)</u>	<u>3,586</u>

### 15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 28 February 2021.

# THE DISABILITY FOUNDATION LIMITED

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 28 FEBRUARY 2021

	28.2.21 £	28.2.20 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Regular giving and capital donations	13,952	168,742
Patronage	<u>5,000</u>	<u>37,000</u>
	18,952	205,742
<b>Other trading activities</b>		
Fundraising events	356	921
Membership Subscriptions	<u>675</u>	<u>10,511</u>
	1,031	11,432
<b>Investment income</b>		
Interest receivable on bank deposits	702	875
<b>Charitable activities</b>		
Grants received	60,248	-
<b>Other income</b>		
Furlough grant	<u>65,666</u>	<u>-</u>
<b>Total incoming resources</b>	146,599	218,049
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Wages	14,083	15,545
Social security	61	241
Pensions	<u>170</u>	<u>188</u>
	14,314	15,974
<b>Charitable activities</b>		
Wages	79,803	88,090
Social security	346	1,364
Pensions	961	1,063
Other operating leases	5,749	6,029
Rates and water	162	1,158
Insurance	2,145	2,008
Telephone	2,804	1,412
Postage and stationery	450	3,681
Sundries	36	1,111
Therapists - Treatment Costs	5,352	63,771
Therapists - Supplies	181	1,739
Therapists - Towels	219	749
Volunteer Expenses	336	4,526
Fundraising costs	-	10
Travelling	-	402
Office Cleaning	839	5,968
Laundry	-	728
IT and Computer Services	4,626	5,388
Consultants costs	9,499	6,214
Repairs and renewals	1,414	193
Carried forward	114,922	195,604

**THE DISABILITY FOUNDATION LIMITED**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 28 FEBRUARY 2021**

	28.2.21 £	28.2.20 £
<b>Charitable activities</b>		
Brought forward	<b>114,922</b>	195,604
Subscriptions	<b>355</b>	186
Training costs	-	120
Depreciation: Fixtures and Computer Equipment	<b>555</b>	4,439
	<b>115,832</b>	200,349
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	-	1,088
<b>Governance costs</b>		
Accountancy and payroll costs	<b>5,340</b>	5,645
Independent Examiners Fees	<b>1,380</b>	1,140
	<b>6,720</b>	6,785
Total resources expended	<b>136,866</b>	224,196
<b>Net income/(expenditure)</b>	<b>9,733</b>	(6,147)

This page does not form part of the statutory financial statements



