

Reach Learning Disability

# Annual Report and Accounts

2021/22

Supporting people with learning disabilities in Nottinghamshire



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# Who We Are and What We Do

Reach's overall goal is to enable people with learning disabilities in Nottinghamshire to achieve a good life in the community. The charity started life as Southwell Care Project in 1999, set up by parents who were worried about the lack of local services for their family member with a learning disability. We now reach people from across the county, supporting 250 regular clients a week at our centres.

Our day centres are Reach Mansfield, Reach Newark, Reach Southwell, Flower Pod Southwell and Flower Pod Newark. We offer over 50 weekly courses at our centres, as well as socials, day trips, holidays and supported volunteering. Our popular holidays and trips create further opportunity for our clients to gain vital skills and confidence.

Our domiciliary care agency, Reach Learning Disability Care CIC (Reach Care), provides high-quality one-to-one care support for people with learning disabilities. Since 2018 this service has been rated Outstanding by the Care Quality Commission (CQC) – less than 4% of adult social care organisations achieve this.

We also run best practice projects to enable people with learning disabilities and their families to achieve a better quality of life. Examples of two such projects can be found on pages 22, 24 and 25. Work on our long-awaited accommodation for adults with learning disabilities in Southwell has begun. More information about our Southwell Accommodation Project is on page 20.

## Where We Work

Our services are available to people with learning disabilities across Nottinghamshire and include:



**Courses and activities at our five centres**



**One-to-one care support from Reach Care**



**Accommodation services**



**Support for family carers**



**Holidays, day trips and social activities**







# Chair's Report

As the new Chair of the Board of Reach Learning Disability, it is my honour to begin my report by giving thanks to David Thompson who retired in November as Chair. David was a founding Trustee of the charity and served as Chair for 20 years, and his passion, commitment and tenacity have been the driving force behind our development into the extraordinary organisation we are today. David's vision and drive have resulted in many people with learning disabilities achieving a good life in the community.

I must also offer further thanks to two other long-serving Trustees who retired in November 2021. Keith Harding and Madeline Oliver have both served the organisation over many years, and we thank them for their commitment in supporting the charity through its development.



My personal involvement with Reach started in 2016 when I was engaged as a Business Performance Consultant funded by a grant from the Cabinet Office's Local Sustainability Fund. I was so impressed by the ethos of the organisation and the positive impact Reach has on the lives of the people it serves that I couldn't bring myself to leave when my contract came to an end. I joined as a Trustee and am now proud to be continuing David's legacy as Chair.

There is no doubt that I am taking over from David during difficult and yet exciting times. Despite staffing challenges presented by the Covid-19 pandemic and the nationwide staff shortage in the care sector, we have continued to strive to provide outstanding support to clients and their families. It has of course also been a challenging year financially. With sound financial management we are weathering the storm and continue to be in a secure position.

Our strategic approach to achieving an enduring and positive impact for people with learning disabilities, their families and carers is to offer varied, personalised services. We have developed a unique model of support comprising day services, care support, accommodation and best practice projects. This blend helps provide sustainable and diverse income streams. In the past two years, we have made significant progress in extending this model. We have broadened our offer through the creation of an additional day centre, and we have purchased our first

property to provide living accommodation to clients. The construction of our two new supported living houses for 12 people in Southwell is well underway. We successfully achieved our fundraising target and with the help of a contingency loan we have a plan to meet the increased building costs.

As we face the year ahead, we remain committed to the careful management of this precious organisation while looking for new opportunities to further our purpose as a charity. We have an outstanding management team who, along with our staff, have shown exceptional commitment and flexibility to sustain excellence throughout the pandemic. Our Board of Trustees bring a wealth of experience and skill to the collaborative governance of the organisation. Our volunteers give their time and expertise so willingly and add value to everything we do. It is to all these people I give my sincerest thanks for everything we have achieved over this past year.

**Rachel Lannon**  
Chair



# Chief Executive's Report

Dealing with the aftermath of the pandemic has, in its own way, been as challenging as the previous 12 months. Bringing our day service clients back into our buildings-based service has required much sensitivity from our amazing staff team. Inevitably, our client-facing colleagues are fatigued from what has been the most challenging time in the charity's history. As to be expected, fundraising for our new accommodation project in Southwell has been all consuming and has, quite naturally, stretched our limited resources in this area of our operations.

In Spring 2022 after an enormously successful fundraising campaign, we completed the demolition of the bungalow previously on site and commenced construction of our two new supported living houses. Their completion, targeted for next April, will be the culmination of a 23-year-long held dream for the charity. Along with a bungalow purchased in Newark this year, to accommodate two clients, this marks a major strategic move for Reach into residential property ownership. This, effectively, completes the circle for us in terms of provision of supported living, care support and day service activities.

Our Care Quality Commission (CQC) 'Outstanding' rated domiciliary care company, Reach Care, has, like most health and social care organisations across the UK, struggled to recruit staff to fulfil the contracts we currently hold. We hope that commissioning authorities will soon recognise the immense skill, experience and dedication of the social care workforce and their value to society and enable us to remunerate them appropriately.

This year saw the completion of our latest day service base: Flower Pod Newark. A wonderful two-acre site central to Newark-upon-Trent, it is already thriving and delivering horticultural therapeutic activities for over 40 adults with learning disabilities in the town. Grateful thanks go to Premier Modular who gifted the building and its installation. It has already made such a huge difference to the lives of so many people.

This last year, we have substantially increased our work supporting parents and carers who, having navigated the pandemic, now face enormous challenges with care staff shortages, tightening Local Authority budgets and cost of living increases. Our 'Carers Matter' Project Manager has worked tirelessly to support parents and carers of Reach clients with some immensely satisfying outcomes.

One of our proudest achievements has been the completion of a three-year best practice project called the ROSE (Reach Out Stop Exploitation) Project. We trained 14 Reach clients as Peer Mentors who, in turn, delivered



training on positive relationships and how to stay safe from sexual exploitation to schools, colleges, social work teams and organisations around the county. Just another great example of Reach working at the cutting edge of our sector.

This year has been challenging for us financially and, already, next year looks equally daunting. However, I truly believe that maintaining the quality we deliver at every level of the organisation is imperative to our long-term sustainability and survival. Our strategic focus going forward is all about doing more of what we excel at. As ever, I must end by recognising the loyalty and commitment of all our staff and volunteers who make Reach the unique and special organisation that it is.

**Steve Shatwell**  
Chief Executive





# Financial Review

Reach's consolidated accounts show a net income of £3,083,112, an increase of 5.7% on last year and a surplus of £543,932, with an unrestricted component of £30,649. This increases our unrestricted funds to £823,910, a 3.9% increase on last year.

Our restricted funds have increased to £1,039,484 as our accommodation appeal successfully secured additional funds to meet the cost of building our two supported living houses in Southwell. Further funds are pledged and will be drawn down in the next financial year as construction continues.

Principal funding for Reach Learning Disability, the charity, has continued to come through its charitable activities. With a phased return to our day centres, and the investment in an additional day centre, Flower Pod Newark, we have been able to grow our personal budget income from Nottinghamshire County Council by 9% whilst maintaining our contract with their adult community learning service (Inspire Learning).

Our project funding from the National Lottery Community Fund, The Masonic Charitable Foundation and Samworth Foundation Young Voices has continued into this year.

Government grants totalling £65,643 were received.

Our expenditure on charitable activities increased by 12.8% to £2,425,064. This increase is largely due to an uplift in salaries reflecting the need to remain competitive in the employment market and the staffing of new additional services.

We have seen the income from our domiciliary care business, Reach Learning Disability Care CIC, fall by 2.9% to £1,419,118. Our recruitment challenges mirror those experienced nationally across the care sector, leading to managed contraction in order to maintain safe services.

Government grants added £11,029 to the CIC's income during the year.

The surplus for the year has resulted in a donation to the charity of £33,950.

With the addition of Flower Pod Newark to our day centres, the purchase of a supported living bungalow, and commencement of building two additional supported living houses, our fixed assets have increased by £372,401 to £669,540.

Our cash balances total £1,337,231 at the year end, a movement of £312,858 during the year, with £1,039,484 restricted in use.

**Sharon Card**  
**Finance Director**





# A Strategy for Impact and Growth 2020 – 2023

## The Issue

People with learning disabilities are at higher risk than other people of poor physical and mental health, loneliness and social exclusion.

## Barriers to Inclusion

Low self-esteem, low confidence, poor skills, negative perceptions, lack of opportunity.

## Our Vision



A community where people with learning disabilities can make a good future for themselves – a safe, healthy and happy life filled with purpose, achievement, opportunity and friendship.

## What We Offer to Achieve Change



- Courses and social activities
- Outreach courses around the country
- One-to-one care support
- Supported volunteering opportunities
- Volunteer led activities
- Supported holidays and trips
- Accommodation solutions
- Family support
- Special projects to tackle exclusion.

## Our Mission



We work to achieve an enduring and positive impact by supporting all those who place their trust in us – people with learning disabilities, their families and carers. To accomplish this, we will bring together the support of extraordinary people in our community and the imagination, skills, commitment and compassion of our team.

## Our Strategic Direction for Growth 2020-23



- Reach more people
- Increase delivery of activities & services to achieve impact
- Introduce new services to meet identified needs
- Continue innovating new solutions to promote inclusion.



## Difference Made

More people with learning disabilities and their families will have:

- More independent lives with greater voice and choice
- Improved physical and emotional health
- The skills and knowledge they need to stay safe
- More opportunities to participate in community life.

## Impact

More people with learning disabilities in Nottinghamshire achieve a good life in the community.

## Our Values



- Everything we do should inspire **trust** and **confidence**
- We all need to feel **safe**, encouraged and valued
- Everyone has the right to **aspire**
- Understanding **individual needs** takes time and care
- We all have the right to share in the **life of the community**
- The **voices** of people with learning disabilities AND their families must be heard
- Our commitment to **high standards** must underpin all that we do.

## Critical to Success



- Expert, knowledgeable, caring staff
- Dedicated volunteers including peer mentors
- Welcoming, accessible venues
- Engaged community and funders
- Strong networks and partnerships
- Person-centred, creative, flexible approaches
- Reliable income streams
- Effective infrastructure
- A learning culture.



# About the People We Support

## People with learning disabilities face disproportionate risk of disadvantage, for example:

- “Research has shown that, on average, people with a learning disability and autistic people die earlier than the general public, and do not receive the same quality of care as people without a learning disability or who are not autistic.” (NHS LeDeR website [nhs.uk](https://www.nhs.uk) – Learning from Lives and Deaths 2021/22).
- “Over 1 in 3 people with a learning disability said that being bullied is one of the things they worry about most when they go out.” (Mencap research, 2019).
- “People with a learning disability may be more likely to experience deprivation, poverty, abuse and other negative life events earlier on in life.” (National Institute for Health and Care Excellence, 2016).
- The number of older people we support who still live at home with parents in their seventies and eighties is growing. Many have been unable to make decisions about the future.
- A recent survey amongst Reach family carers showed that worries about the future including financial issues were major causes of anxiety.
- About 40% of our clients live in areas where the general population is at risk of economic and financial exclusion, including within certain Mansfield and Newark wards identified as being in the 10% & 20% most deprived in the country. (Indices of Multiple Deprivation 2019).

- Clients tell us about exclusion linked to rural isolation, with patchy local transport and lack of affordable social housing being priority concerns for many.
- Challenges within the learning disability care sector are complex and not always understood even by policy-makers or the media. The needs of people with learning disabilities don’t always seem represented in generic initiatives to address social mobility and health inequalities (cf Intellectual and Physical Disability, Social Mobility, Social Inclusion & Health. Centre for Disability Research, Emerson et al 2009). Our clients want to have a voice in the decisions that affect them and actively contribute to their community.

The above are just some of the factors that exclude people with learning disabilities. This disadvantage puts them at higher risk than average during times of change and societal upheaval – for example, “people with a learning disability have died from COVID-19 more than 6 times the rate of the general population.” (Mencap report & website 2022 My Health, My Life: Barriers to healthcare for people with a learning disability during the pandemic 2020).

Now as we face the cost-of-living and social care recruitment crises, people with learning disabilities and their families are again likely to be amongst the first and worst affected.



“[...] it is broadly estimated that approximately 2% of the adult population will have a learning disability, however a significant proportion of this group will not be known to health or social care services. Evidence shows estimates vary because many adults with mild learning disabilities do not use specialist learning disability services, and are unlikely to self-identify as having a learning disability.

It is predicted the number of adults in Nottinghamshire with a learning disability is expected to increase from 15,227 in 2017 to 16,660 in 2035. The greatest increase in prevalence will occur within the 65+ age groups.” (Nottinghamshire Joint Strategic Needs Assessment: Learning Disabilities 2019).



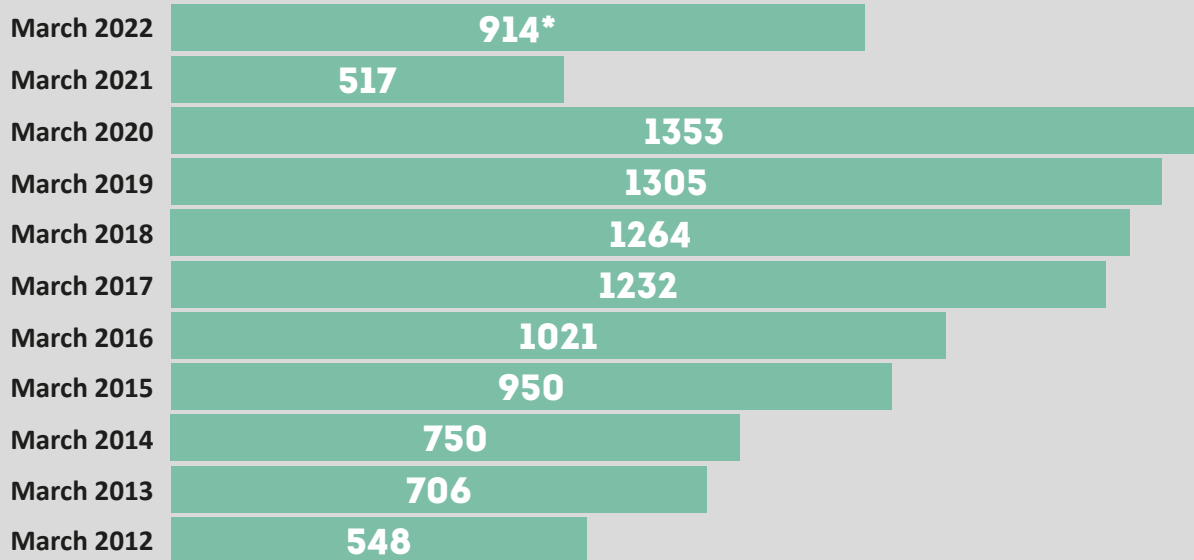




# Average Weekly Client Facing Hours

## Reach Learning Disability

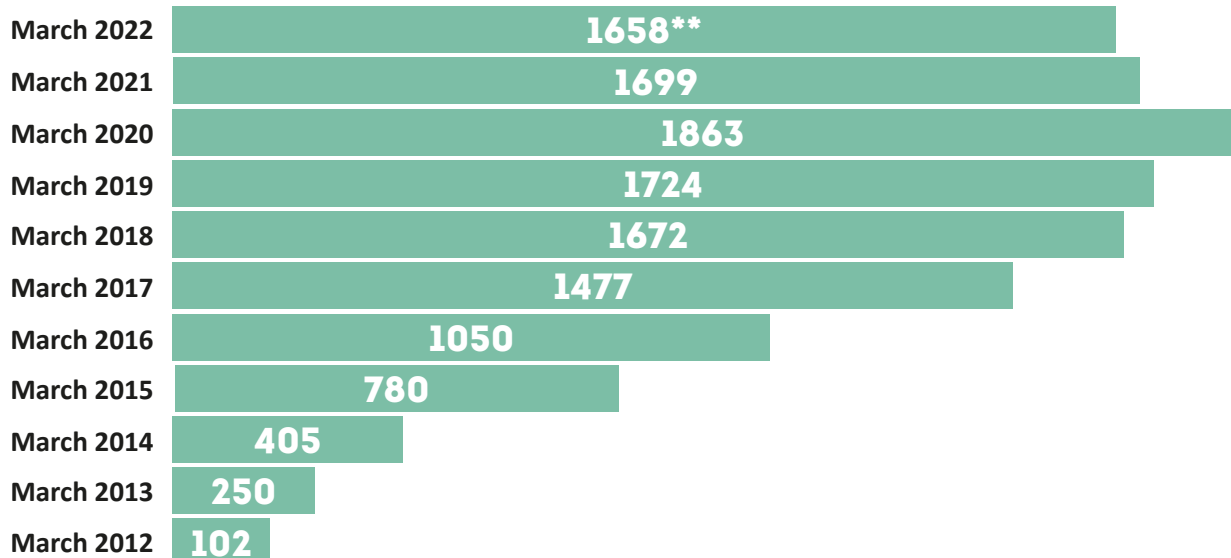
## Day Service Hours



\* Our 2021/22 weekly day service client-facing hours increased in 2021/22 as we gradually moved away from our alternative services developed during the Covid-19 pandemic, returning to a building-based service. We expect this to continue this year, returning to pre-pandemic levels by the end of 2022/23.

## Reach Learning Disability Care CIC

## Care Support Hours\*



\* Care support hours include sleep and waking night shifts.

\*\* Our 2021/22 weekly care support hours are lower than in previous years due to not having the required number of employees to deliver a full and safe service. This is due to the ongoing challenges in social care recruitment. You can read more about this in our Reach Care report on page 26.



# Fundraising Statement

Looking forward, there is no doubt that 2022/23 will be a challenging year. The likely impact of the cost-of-living crisis on our fundraising is of great concern. We are looking to our funders and supporters to help us to once again rise to the challenge, and enable our delivery colleagues to support our clients and families through this difficult time. As can be seen throughout this Report, those who support us can rest assured that their money is well spent and makes a real difference to the lives of some of the most vulnerable people in society.

## Our approach

It has cost the charity £1,039,650 to provide services to people with learning disabilities this year. Approximately £727,000 was met from personal budgets, trading, contracts and business grants. The outstanding balance of £312,650 has been raised from grants, donations from organisations and individuals, and events. This voluntary income adds value to our service and enables staff to deliver innovative, bespoke and holistic responses to the needs of clients and family carers.

Our approach is to achieve good return for our time and resources to meet the charity's current financial needs whilst developing longer-term income streams. Applications to grant-making organisations forms the foundation of our fundraising, but stewarding current relationships, building individual income streams, and working closely with community groups and companies are also important. During the first part of 2021/22, securing major grants for our Southwell Accommodation Project was a particular focus.

Fundraising is managed by a small team who also coordinate marketing communications for the entire charity, including managing our digital platforms. Specialist volunteers, freelancers, and agencies provide us with communications and technology services when required.

During 2021 we ran two appeals, communicating with supporters who have opted in to receive appeal information and via local media:

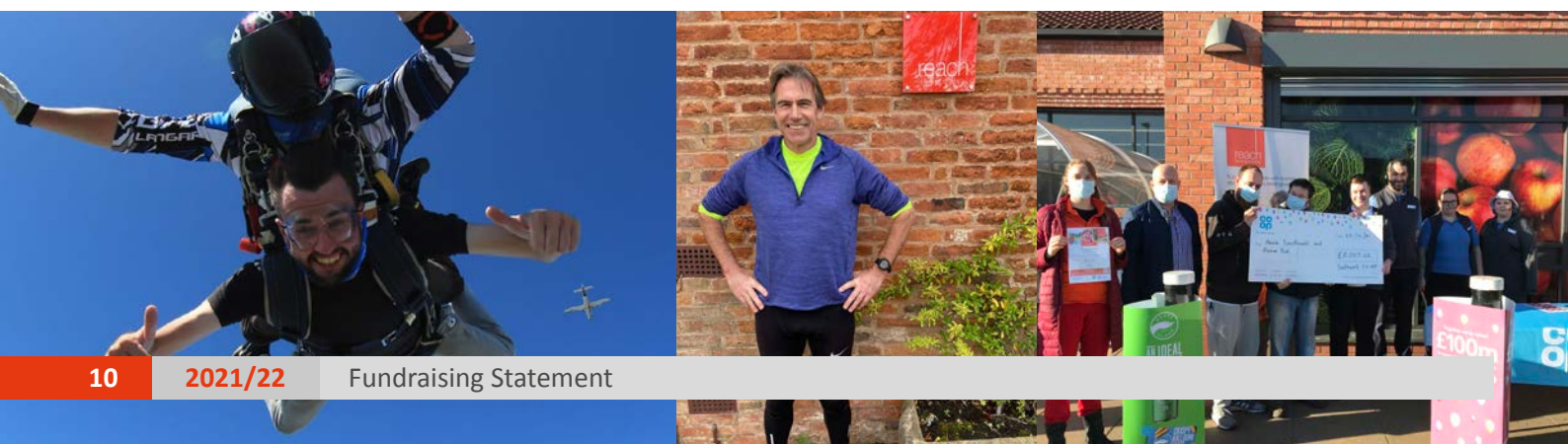
- In Spring 2021 we launched our 'At Home in My Community Appeal' to help fundraise for our Southwell Accommodation Project. We aimed to raise £125,000 to secure a matched funding donation of £125,000 from a generous benefactor. We exceeded our target thanks to the ongoing generosity and kindness of local people, including those who took part in challenge events. To inform the community about the project, we ran a free-to-enter 'Design your Dream House' competition with local schools, held a donor engagement 'Cream Tea' event and undertook extensive PR.
- Big Give Christmas Challenge — we once again participated in this national matched funding initiative, exceeding our target of £30,000 towards costs of running day trips and holidays, which have been so sorely missed by our clients.

Changing social restrictions due to Covid-19 throughout 2021 continued to affect community and event planning. However, in addition to participation in virtual events like the Virtual London Marathon, supporters did participate in safe 'real-life' events, including a summer sky-dive and the Virgin London Marathon.

The Fundraising Team also submits our annual tender to Inspire Learning. We are proud of securing a contract each year, enabling centre teams to deliver exceptional learning experiences.

## Voluntary scheme for regulating fundraising

Reach complies with current fundraising regulatory standards. We are registered with the Fundraising Regulator and are committed to the Fundraising Promise and adherence to the Code of Fundraising Practice. We subscribe to the Fundraising levy. Information about the Code is provided in training to staff, volunteers and third parties involved in our fundraising. A link to the Fundraising Regulator's website is provided on our website.





All privacy notices, including our supporter privacy notice, are available on our website or from the fundraising team. We do not swap or sell our supporter data.

Supporters can change communication preferences at any time. We comply with General Data Protection Regulations, working with colleagues to review and improve policies and procedures.

We will continue to work to ensure transparency about how we fundraise.

### Vulnerable people

Our Ethical Fundraising Policy includes our approach to the protection of vulnerable people. The policy is available on our website or from the Fundraising Team. All Fundraising staff and volunteers undertake safeguarding training every year and can seek advice from colleagues with expertise on issues relating to vulnerable people.

### Complaints and compliance

Our Fundraising Complaints Policy explains how an individual can complain and is available on our website. We did not receive any complaints about fundraising during 2021/22. Staff and volunteers are made aware of policies and procedures pertaining to fundraising, including complaints, ethical fundraising, data protection, and safeguarding of vulnerable people. This happens through inductions, team meetings, email updates, and training. We use a specialist fundraising database to ensure compliance with GDPR, Fundraising Code of Practice and related regulations and laws.

### Monitoring activities

- Staff members and volunteers across Reach help with fundraising. Planned activities are clarified and supervised by the Fundraising Team who provide guidance, including on risk assessments.
- Service level agreements or contracts are in place with third parties proportionate to our relationship and any expected return. These outline key

responsibilities, timelines, milestones, target income, handling and processing of monies, data protection and confidentiality, complaints process, and how to describe our relationship with the third party. We ensure correct safeguards are in place with parties that are fundraising on our behalf. We explain to them about the Code of Fundraising Practice, data protection, safeguarding and ask them to confirm compliance.

- Trustees are informed of performance against fundraising plans and budget at quarterly meetings, and are apprised of emerging risk relating to fundraising.
- Fundraising staff undertake regular training and professional development via Reach's online training portal and fundraising-specific training providers. As Fundraising Director, I am an individual member of the Institute of Fundraising. I work with the Team to regularly review compliance and practice, to address training needs, and to deliver fundraising training and updates as appropriate.

### Summary of Future Objectives – 2022/23

- Secure £300,000 in revenue income and small capital grants
- Increase number of multi-year grants
- Secure outstanding balance for final build stage of accommodation project and outside area
- Grow diversified, unrestricted income streams to ensure stability and sustainability
- Communicate impact and stories using multi-modal channels.

The Fundraising Team thanks all local and national supporters for their generosity during the past year, and thanks our colleagues and volunteers for their help.

**Julia Sandhu**  
Fundraising Director





## Partner Story – Association for Real Change (ARC England)

As a local charity, Reach is firmly rooted in Nottinghamshire. Every day, our staff connect with local health and social care agencies, district and county councils, community and voluntary sector organisations, and local funders to help improve quality of life for people with learning disabilities in our county.

However, we also believe it is important to be part of national conversations about the very complex challenges facing the learning disability sector today. The Association for Real Change (ARC England) is a national membership organisation providing support for learning disability organisations. Through ARC England we can connect with other providers facing similar issues, share best practice, and have our voice heard by national policymakers through ARC England's lobbying and networking. This all helps us to make better informed decisions and to provide the best possible quality of service to people with learning disabilities in Nottinghamshire.

Recent examples of how membership of ARC England has made a difference to Reach's work include:

- Updates about legal decisions around sleep-ins and national minimum wage.
- Guidance on interpreting fast-moving government policy and decisions during Covid-19, including social restrictions, clarification of position regarding vaccination and help with PPE.
- Updating the Department of Health and Social Care (DHSC) about sector challenges ensuring the voice of learning disability could be heard alongside that of the age-related adult social care dominant voice and assumptions.

Right now, like most providers, we face multiple challenges. The shortage of quality care support workers is impacting on Reach Care, whilst the cost-of-living crisis and ongoing Covid-19 issues threaten growth and development. By being part of national conversations about how to tackle such complex difficulties, we can continue striving for a sustainable future.



"As members of ARC England since 2015, Reach's input into our work is highly valued; their role in our 2021 Virtual Visit with DHSC and Care Quality Commission colleagues played a vital part in driving home the message about what life is really like in learning disability services and how hard staff worked during the pandemic to maintain excellent care.

Providers coming together under the ARC England banner to represent the sector's needs has never been more important. Below-inflation fee uplifts, a recruitment crisis and the steep rise in living costs is affecting services, staff and supported people. We are lobbying the Government to make their Fair Cost of Care exercise more representative of the learning disability sector and continuing to bring members together to share best practice in offering high quality, person-centred care.

The creation of the ARC England Learning Disability Research Unit will tackle the problem of a lack of available data about learning disability social care. This will allow new insight into the sector's size and value, providing a knowledge base to inform business planning and shape policy making. As an ARC England member, Reach will be invited to take part in a quarterly CEO Confidence Index which will track sector health across a range of key indicators.

Reach provides an outstanding example to fellow ARC England members and the wider learning disability and autism sector, and we look forward to continuing our relationship for many years to come."

**Clive Parry, ARC England Director**  
**Liz Collins, ARC England Relationship and Communications Manager**







# Reach Out and About

“

**I LIKE GOING TO  
DIFFERENT PLACES  
WITH MY FRIENDS**

Amelia, Reach Mansfield



“

**I LIKE SWIMMING  
WITH MY FRIENDS AT  
REACH**

Laura, Reach Southwell



“

**I ENJOY BEING WITH  
MY FRIENDS**

Steve, Reach Mansfield







**Chantelle Welscher**

Group Manager - Client Services

2021 was of course another testing year with Covid-19 still very much having an impact on our centres. I thank our clients, families, volunteers and staff who have so willingly complied with the necessary safety mitigations.

Friends sometimes ask me, “what do people actually do at Reach?” Well, there’s no easy answer because what

we offer at each of our centres is so diverse. Each week people are enjoying over 50 courses, projects and socials which add up to a lot of learning and fun.

At the same time, our centre staff work with clients and families to tackle some very deep-rooted issues. It’s not just the courses and projects that make the difference, but the work that goes on ‘around the edges’ — for example, a Manager noticing that someone is unhappy, and working closely with the individual to address the issues.

All Reach centres have their own unique character and facilities; we are fortunate that, across our service, we offer beautiful outdoor spaces, well-resourced training kitchens, halls for sports and drama/creative activities, and some very nice classrooms. But it is the dedication, care and creativity of our staff and volunteers that has the true power to change people’s lives.

We know there are many more people we could be reaching. Funding from Nottinghamshire County Council’s Local Communities Fund will help me and the Centre Managers to build capacity and ensure we are here for the long-term. This includes developing our relationships with stakeholders, including councils, commissioners, schools and other charities. I thank all our staff, funders and partners who help us to offer creative, enriching learning and social experiences.

## Green Citizens Project

As with many other big issues, people with learning disabilities are still too often left out of conversations about environmental sustainability. Our Green Citizens programme will enable clients at our Flower Pod centres to play active roles in their communities as environmental protectors and leaders.

Funding through the Samworth Foundation’s Transformation & Innovation Programme is helping to introduce new green technology, equipment, and wildlife spaces to both Flower Pod sites. This will help transform our capacity to manage water and energy, and improve biodiversity.

Clients are getting involved with capturing the story of change at each Flower Pod and will share this with other local people and organisations, including visitors to the sites. Clients will become empowered to confidently share their own passion for nature, and to actively contribute to Nottinghamshire’s green future.



Phil has attended Reach for many years, including undertaking volunteer roles. Most recently he has undertaken mentoring and leadership roles within ROSE and Green Citizens. He says: “I like coming to Flower Pod to give my gardening experience to other clients – like with the ROSE project, mentoring. It gets me out of the house and I can see my friends. I like nature and watching the wildlife.”





**Maria Williams**

Reach Mansfield - Centre Manager

Over the past year, we have seen a steady growth of clients attending the centre with some new faces joining us. We have increased the sessions we deliver to keep up with the demand and are looking into increasing daily sessions once more so we can have additional clients attend Reach Mansfield in the near future.

Early in 2022, clients took part in the Get Wise project to produce two short films which were shared with families and carers. This opportunity enabled clients to find out about how a film is put together – from writing the storyboard, working on lines and making props, to understanding camera angles and working as a team on the production.

It's been wonderful to get back to producing our seasonal concerts again. We love putting them on for our family carers and local community, who always give us great feedback. It's great to see clients' smiles getting bigger with every performance as they grow in confidence. Singing and dancing as a group brings so much joy!

We nominated Amelia Page, a Reach Mansfield client, for a Mansfield Rotary Club Courage Award this year for her positive outlook on life. Reach staff have seen Amelia's confidence grow while she has been attending the centre – she brightens up everyone's day and always has an 'I'll give it a go' attitude. She received her award in person, alongside a civic citation from the Mayor of Mansfield. Well done Amelia – we are all proud of you!



## Katie's Story

In 2021, Katie Foulstone started working at Reach Mansfield under the Government Kickstart Scheme. She soon became a fantastic member of the Mansfield Team who fits in well with everyone. We offered her a permanent contract this year as a Project Coordinator to help facilitate the courses and activities we offer to clients.



"Everyone must start somewhere in their career and my start was at Reach! Stepping into the role of Project Coordinator, I have encountered fun challenges and experiences that have helped me develop my abilities. I assist clients in the classroom, teaching people important life skills — I get to see clients learn new topics, expand their interests and grow with each session they attend. The Mansfield team has encouraged me since the beginning and are committed to making Reach a safe, inclusive space for everyone. I can confidently say that I love going to work."



**Vickie Ward**

Reach Newark - Centre Manager

We have worked hard to gradually increase the number and range of courses, enabling clients to return to fun, safe activities that build confidence and self-esteem. Our flexible, enthusiastic staff, tutors and project coordinators, are skilled at adapting each session they deliver to meet the needs of each client. Let's not forget, too, our wonderful volunteers who bring their own unique skills and experiences to share with clients.

One of my highlights is our Drama group's performance of The Lion King in front of a full house. The atmosphere was one of excitement as clients sang, acted and danced their way through the show to demonstrate their skills, self-confidence and teamwork. The group has already decided what they want to perform next, and we are looking forward to a pantomime at Christmas!

We have listened to our clients about how services should return and evolve, and how we can create a safe environment which remains positive for learning. Each term, clients complete learner feedback forms that help us shape our courses around individual needs and interests. We update our 'You Said: We Did' board regularly to keep everyone informed of the positive changes made as a result of this feedback.

At our learner forums, client representatives report on feedback they have gathered from their peers. Tutors use this information to shape their course content. For example, clients fed back that they'd like to learn about Egyptian history. The Tutor, Hayley, developed a course accordingly, with clients creating their own canopic jars. It is also thanks to learner forum representatives that the immensely popular weekly bowling sessions returned as soon as it was safe to do so.



## Lorraine's Story

Lorraine has been attending Reach Newark for 13 years and has been a Client Representative since 2019. Lorraine shared:



"I love coming to Reach. It gets me out the house and I get to see all my friends and staff. Currently I do the Craft and the Sit and Be Fit classes. I love making things and I enjoy keeping fit.

I am the Client Representative for the Sit and Be Fit class which I really enjoy. It is an important job to have as I am the voice of my class. I like being able to listen to my friends and get their views as well as any suggestions they would like to make for the next term.

We all get together at the forum and bring any new ideas or make note of whether anyone needs any equipment for their class. At the last forum, my class decided we wanted to learn more about animals and movements as well as learning Makaton animal signs. I took this to the forum and then our Tutor, Romany, made it happen for the following term, which made us all very happy."





**Helen Davenport**

Reach Southwell - Centre Manager

Our focus at Reach Southwell has been about safely re-engaging with each other and the community.

In March 2022 clients used their cooking skills to prepare a two-course meal for family carers to thank them for their support, working together to serve and greet guests. Carers said they really appreciated the effort clients made and enjoyed the opportunity to come together as a group.

We have supported clients to build confidence in accessing the community. Our In, Out and About group have played golf at Norwood Park, tried bowls at the local green with support from some of the club's members and enjoyed a walk in Rufford Park. Just being able to have a cup of coffee with friends has given everyone a boost. With the support of Newark and Sherwood District Council, our Women's group went litter picking around Southwell; clients felt a shared sense of ownership in helping to keep our neighbourhood clean and tidy.

Our Inspire 'Nottinghamshire by Bus' course helped clients re-engage with using public transport to explore the local area. Clients practised numeracy and independence skills by looking up bus routes, checking timetables and using bus passes. In Nottingham, we took a tour of the Old Lace Market, while in Newark we visited the Civil War Museum. We finished the course with a re-enactment of a Victorian school room. The sessions have provided opportunities for clients to broaden their horizons, stay active and make great memories with friends.

We welcomed two young people as part of the Government Kickstart Scheme, and also a supported intern for 6 months, who is now a trainee Classroom Assistant at Portland College. We hope to continue supporting young people to develop their workplace skills.



## Suzanna's Story

The 'Nottinghamshire by Bus' course was particularly helpful to Reach Southwell client, Suzanna, who said:



"Car parks are hard sometimes to park. I need to use the bus sometimes. I don't like sitting in the back of the bus. It makes me wobbly. Helen and Liz help me. I like sitting at the front. It's easier. I put my bus pass on the machine and it would go green. You have to do it twice so it can get my helper on. Sometimes I press the button to stop the bus. We went to the museum and I played a game with my friends. They make me laugh. I loved it."

### Suzanna's mum, Karen, said:

"After the lockdown, I was hesitant for Suzanna to get back out again. For Suzanna, going back to Reach with all the restrictions, like wearing the masks and washing her hands all the time, was very hard for her to do. It took her a while to accept it, but staff helped her ease into and adapt to the changes. Suzanna loves going out and about, but she doesn't like sitting at the back of the bus, so staff support her to sit at the front where she's much happier. The staff are very caring. We appreciate everything they do for her."



**Jane Hufton**

Flower Pod Southwell - Centre Manager

This has been a year of getting back to normal! Of clearing the over-grown garden, of welcoming back clients and volunteers, of welcoming new clients and volunteers, of getting out and about... and we have all loved it!

It has been heart-warming to have our clients back, as the social contact and sense of purpose that Flower Pod Southwell gives them is essential to their well-being, and their families and carers.

Many longstanding volunteers have now returned, and Wayne Wilmot, Reach Volunteer Manager, has helped us recruit new volunteers. They, alongside some Corporate Volunteering groups, have helped get the garden back into shape. We must give a special mention to our colleagues from across Reach who spent a day here tackling the garden with enthusiasm. Sam Ward, our Horticultural Lead, has re-wilded some areas which reduces the workload, and complements our drive to make the site more wildlife friendly.

The team have shown great resilience and camaraderie to keep us operational in the face of many changes, and this has been recognised by others outside of Reach. Jaq, a Speech and Language Therapist from the Newark Living Well team, who supported clients to improve communication skills, said: "We love this place; you do everything right here."

A Kickstart placement was so enthused by her 6 months with us that she went on to secure a job with Reach Care. She said that we had changed her view of the health and care sector — she had thought it would be boring! Whatever we do at Flower Pod Southwell, we are definitely not boring!



## Harvey's Story

Harvey is an outgoing and chatty young man, but this masks a lack of basic numeracy and literacy. We were delighted when he joined the Numbers in Everyday Life course. Tutor Samantha Dakin said:



"I thought Harvey would struggle but he surpassed all my expectations. He was soon counting, writing, matching numbers, and telling the time. To the surprise of his mother, he even recognised the time on their clock at home."

### Harvey said:

"Learning about numbers was quite hard. I remember telling the time and drawing the hands on clocks. I love coming to Flower Pod and talking to people about sport, trains and beer. My favourite job is watering. I've learned how to look after tomato plants and now I have some at home."





**Christine Daniels**

Flower Pod Newark - Centre Manager

This has been an exciting year for Flower Pod Newark as we worked towards opening as a full centre in April 2022.

Our three-part modular building, generously donated and installed by the team from Premier Modular, arrived in September 2021, so we finally had an indoor space other than the polytunnels! By the end of March 2022, we had running water and flushing toilets, which was cause for even more excitement.

We are now supporting 42 clients across 8 sessions a week, with many coming to us for more than one session. I am supported by a Project Co-ordinator, staff from Reach Newark and five excellent volunteers.

Activities have ranged from gardening through to mindfulness, and included crafting, researching the history of gardens, music and singing. We also looked at where our food comes from and made jam and apple juice from produce we have grown in the garden.

It has been a long and sometimes quite difficult journey to clear and develop our two-acre site, but for me the reward is seeing clients out in the fresh air, chatting and laughing with their friends.

Thanks to the generosity of some incredible businesses and individuals, we are the very proud owners of a building, providing much needed shelter, warmth, electricity, running water and even Wi-Fi. With special thanks to Premier Modular for their project management and provision of the building for free. I'd like to thank everyone who gave their time, resources and materials to make this happen, including:



## Charlotte's Story

Charlotte was a client at Reach Newark, but has really taken to gardening, and for the last 15 months has attended Flower Pod Newark. She enjoys it so much that she now attends sessions with us three days a week. Charlotte really likes to be useful, so she volunteers by tidying up and watering between the morning and afternoon sessions. She has learnt a lot about gardening, including the names of plants, and is really interested in the butterflies that we have been encouraging in the garden.



### Charlotte says:

"I love meeting my friends and making new ones at Flower Pod Newark. I enjoy working in the garden and learning new things about growing vegetables and flowers. I also like the craft sessions and using things in the garden to make pretty things like bouquets and buttonholes."

**BNA TRUST  
BDS  
GRAHAM JONES CRANES  
MODULAR LINK  
MODULAR MOVEMENTS  
P COLES PLUMBING  
PREMIER MODULAR  
WARNER ELECTRICAL**



# Southwell Accommodation Project



## Southwell Accommodation Project

Excitingly, demolition of an existing building and construction of the two new buildings on our accommodation site began in early 2022. It has taken us over 20 years to reach this point. We have met many challenges on the way but have persisted due the high level of need.

Across the country, the lack of affordable, quality housing means older adults with learning disabilities are still living at home with parents in their seventies and eighties: “Many people with a learning disability do not get a choice about where they live or who they live with. Too often they are moved into accommodation far away from family and friends.” (Mencap website).

In rural localities like Southwell, affordable accommodation options for people with learning disabilities are especially limited. This leads families to delay making decisions about the future. But ultimately, alternative accommodation must be found, often due to parental illness or death. Without proper planning, at a time of great personal change, adults with learning disabilities can find themselves having to move away from familiar community and social networks to new locations. The loss of friends, family and support in one go can have a very detrimental impact on an individual’s emotional and physical wellbeing.

This was the problem our founding Trustees sought to help address when the charity started life as The Southwell Care Project in 1999. Their vision was of accommodation built to a high specification that would enable people to stay in the community where they felt safe and could flourish.

## Making it happen

Not a brick could have been laid without the financial help of supporters of all sizes, some well-known to us and some new. Through our matched funding ‘At Home in our Community Appeal’ and local PR, we reached out to our community. As well as hitting our original matched funding target of £250,000, we secured additional donations from local people, including major gifts from generous benefactors. We also received wonderful support from several local charitable trusts who have supported us for a number of years, and we thank them for their help. Early gifts to the project were instrumental in helping to lever in further funding. We are beyond delighted to have been able to secure grants from major national grantmakers and are proud to be able to list their names amongst our funders.

We view our Accommodation Project as a long-term asset that will benefit local people with learning disabilities and their families today and for years to come.



“After so many years of aspiring and planning, when I saw the foundations go down and the walls going up in early 2022, I could hardly believe it. As the construction progresses brick by brick, I thank our former and current Trustees, staff, local community, grantmakers of all sizes and our expert volunteer and professional advisors and contractors for helping make our vision become a reality.”

**Steve Shatwell, Chief Executive**

## Key Facts



Two connecting houses accommodating 6 people each



Agreement that our build could represent affordable housing element on planned development site



Built to an environmentally, sustainable specification, utilising innovative ecotechnology with low maintenance and running costs



Located in a pleasant, tree-lined site with easy access to community facilities



Completion date set for Spring 2023





# David's Story



There's a bit of banter about who is doing the washing up as David and his housemates sit down for lunch, just like in any house share. With Reach's support, the three are enjoying full and independent lives in their local community of Southwell.

Today's lunch is David's favourite – sausage rolls – bought from the local butchers. While out, he popped into the post office to add to his Harry Potter sticker collection. Wherever he goes, David is warmly greeted in the shops by people who have known him and his family for many years. It is this connection with the local community which helped David cope with the upheaval of two house moves in the past few years.

All three of the housemates have struggled to find suitable accommodation in Southwell where they could live independently of their families.

The lack of affordable social housing in rural areas like Southwell, means that David and his housemates are some of the many Reach clients who have had to face unstable living situations. Their search will end in 2023, when, all being well, all three will move into Reach's Southwell accommodation.



"Since our Mum passed away a few years ago, David has lived in rented accommodation with two housemates, supported by Reach. David very much wants to stay in Southwell. When he's out and about, people stop for a chat, often because they remember Mum. This sense of connection means so much to David. We are so glad as a family that David can now look forward to a stable home in the place where he feels at home."

David's sister



**WATCH OUR FILM TO FIND OUT WHAT OUR PROJECT MEANS TO LOCAL FAMILIES**

**[WWW.REACHUK.ORG/ACCOMMODATION](http://WWW.REACHUK.ORG/ACCOMMODATION)**



# All Part of Life Project



**Wayne Wilmot**  
Volunteer Manager



To find out more, visit our All Part of Life webpage  
[www.reachuk.org/projects/all-part-of-life/](http://www.reachuk.org/projects/all-part-of-life/)

Our five-year 'All Part of Life' Project, funded by The National Lottery Community Fund (TNLCF), aims to develop volunteering at Reach. In this, our third year of the project, we have been focusing on recovery and positivity. We are so pleased to have been able to move forward, using the learning from the Covid-19 pandemic, building on the strength and talents within our communities.

We have now welcomed many more volunteers back to our centres. Volunteers from the local community have told us they felt happy to return to Reach because of our focus on keeping people safe, how we have kept in touch throughout the pandemic, and the flexibility we offer to volunteers. Most of all, they have enjoyed re-connecting with clients, staff and other volunteers. Thank you to all our volunteers – we're so glad to have you back!



**Reach Mansfield volunteer, Hilary said:**

"It was completely inspirational! The clients worked so hard. Well done all of you. I felt privileged to be able to be a volunteer in the session." We were so proud when Hilary was awarded the Volunteers' Week Shining Star by Mansfield Community & Voluntary Services in 2021.

## Key Achievements



Arranged new opportunities for adults with learning disabilities to volunteer within other charities



Improved volunteer induction processes for people with learning disabilities in response to individual need – for example, having a reader to read questions if required



Returned to making presentations to community groups to promote volunteering, including local gardening clubs, University of the Third Age groups and local universities



Improved co-ordination of use of our Reach van for volunteering across the charity



Maintained the Reach Southwell gardens with help from a client volunteer and young people from a local secondary school



Welcomed back Corporate Volunteering teams at Flower Pod Southwell



Welcomed our very first Corporate Volunteering team at Flower Pod Newark.

**240** Client-facing volunteer hours each week



**12** adults with learning disabilities actively volunteering

**50** clients actively contributed to community life in the past year

**86** people in client-facing volunteer roles



**14** volunteers providing specialist or ad-hoc support



**100** Corporate Volunteers







# Volunteer Stories



## Emily's Story

Reach Southwell Volunteer

Psychology graduate Emily has used her volunteering experience at Reach to demonstrate to potential employers how she can take on responsibility and use her creative skills in different contexts. She has recently been offered paid employment.

"I volunteer in Reach Southwell's Art class. I have been doing this for five months. I help run sessions and assist clients to develop skills through art which are meaningful to them. I also help with housekeeping and organisation of the charity's facilities. Helen, Reach Southwell Centre Manager, leads the sessions and helped guide me on how to support clients and directs my activity with clients.

The goal which led me to volunteer was to maintain my skills and confidence while looking for work. Volunteering gives me opportunity to develop workplace skills while giving back to my local community.

Volunteering has taught me how to work with a group of vulnerable people. Through volunteering with people with learning disabilities, I have gained an appreciation of the importance of feeling a sense of belonging. The art group is a social environment which provides a lot of peer support. I learn a lot from clients while I try to help them enjoy the session and develop skills.

The best thing about volunteering at Reach is seeing the joy and pleasure that people with learning disabilities can get from undertaking creative activities. I enjoy working on a one-to-one basis to provide individual support. This has reinforced my desire to work with a charity or organisation who advocate and promote acceptance of mental health and learning disability in the future."

You can read more Volunteer Stories at  
[www.reachuk.org/all-part-of-life/#volunteers](http://www.reachuk.org/all-part-of-life/#volunteers)



## Emma's Story

Flower Pod Southwell Volunteer

Reach client Emma recently asked to become a volunteer. She now shares her time and her skills once a week, at Flower Pod Southwell.

Emma says:

"I have really enjoyed learning new skills, meeting new people and the feeling of satisfaction from making Flower Pod look nice. Volunteering is great fun and gives me the chance to help out. Volunteering is good for my confidence, and I feel very proud when people tell me I have done a good job.

My favourite part is helping everyone and talking about day-to-day life. I really enjoy looking after the plants, watering in the polytunnel and working in the garden. It is nice when everything grows, and people say thank you and I know I have done a good job."



**WITH THANKS TO THE NATIONAL  
LOTTERY COMMUNITY FUND FOR  
FUNDING OUR FIVE-YEAR PROJECT TO  
DEVELOP VOLUNTEERING AT REACH.**



# Carers Matter Project



**Catherine Shatwell**  
Carers Matter Manager

My role is to support unpaid family carers of adults with learning disabilities. Carers face multiple challenges. In our recent carers survey, 61% of responders reported feeling isolated from others some of the time or often, and 54% reported currently feeling worried about money and finances.

I help people to see the 'wood for the trees' and to plan ahead with confidence. In keeping with Reach's person-centred ethos, I tailor my support to individual needs, meeting with carers on a one-to-one basis as well as through group socials.

Over the last year I have continued to support carers to build confidence as we return to a more normal way of life. We've gradually moved from socially distanced walks and garden catch ups to small coffee/brunch meetings face-to-face. Meeting in groups once again has enabled carers to share their experiences and concerns with others in similar situations or just to have a laugh together! Carers have reported that they found it particularly helpful over the last year having access to vital information at the right time. For example, keeping up with changing government guidance and carer eligibility for vaccine priority groups.

Looking forward, I will undertake more work to support more people to plan for the future, whilst bringing carers together to share their experiences and provide mutual support.

**520** Hours of one-to-one support



**34**

**Group sessions**



**120**

**Family carers accessed specialist support**

**Engaged with 30 family carers through closed facebook group**



**Steve, family carer to Laura said:**

"Frequent contact with Catherine helps me to build relationships with other carers. I look forward to meeting with others and we share experiences and exchange ideas."



**TO FIND OUT MORE, VISIT OUR CARERS MATTER WEBPAGE**

**[WWW.REACHUK.ORG/PROJECTS/CARERS-MATTER](http://WWW.REACHUK.ORG/PROJECTS/CARERS-MATTER)**

**WE ARE GRATEFUL TO THE NOTTINGHAMSHIRE FREEMASONS FOR THEIR FUNDING TOWARDS OUR CARERS MATTER PROJECT.**



The ROSE project aimed to raise awareness of sexual exploitation and how to stay safe by delivering training to young people with learning disabilities, family carers, and education, health and care professionals.

Everyone at Reach is very proud of what has been achieved by the ROSE Mentors and staff through this ground-breaking three-year initiative.

ROSE Mentors are Reach clients who have trained to deliver guidance and presentations in a range of settings. Covid-19 necessitated some changes during 2020, including delivering online sessions to all target groups. However, in the past year, the team have been able to do what they enjoy most: delivering face-to-face training. During the year, five more Mentors received their AQA 'An Introduction to Peer Education' unit Award, meaning that all have now gained a qualification through ROSE. Senior Mentors also received an additional qualification: AQA unit award 110699 for Service User Participation in Sexual Exploitation (written by Project Consultant and Project Worker).

As the project completes, we are planning our celebration event to share and explore what needs ROSE has met, including looking at the benefits of Peer Mentoring. Invitees include our evaluators from the Ann Craft Trust, representatives from our funder, schools, universities and the voluntary sector, and Reach colleagues and Trustees.

Further information about the project, including availability of resources, are at [www.reachuk.org/projects/rose/](http://www.reachuk.org/projects/rose/).

We extend a special thank you to the Samworth Foundation staff and Trustees. It means a great deal to have been selected as one of the six projects funded through their national Young Voices programme and to have worked with colleagues from across England.

**Bridget Fisher, Project Consultant**  
**Kay Greenwell, Project Coordinator**

**Samworth  
Foundation**

**Thank you to Samworth  
Foundation Young Voices  
Programme**

## REACH

Reach supports everyone working on the project

## OUT

We are taking a message out to people

## STOP

We want to stop bad things happening

## EXPLOITATION

When somebody uses somebody else badly to get what they want

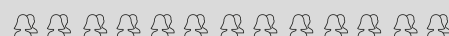
**191**

**people with learning disabilities received training**



**131**

**professionals received training**



**21**

**family carers attended awareness sessions**



**Information leaflets sent to  
80 family carers**

**11**

**Mentors received Peer Education AQA Award**

**5**

**Senior Mentors received further qualification**



**Family carer**

"The information session was delivered extremely well with opportunity to talk about personal experiences for our adults with learning disabilities."



**Staff, William Farr School**

"Thank you so much. Kay and her team were inspirational. To see our students engaging with challenging content so well was a pleasure to see."



**Dani Noquet**

Registered Care Manager

The last year has seen us return to some degree of normality after the lockdowns. Staff are happy that restrictions have now eased and are enjoying seeing the people they support having so much fun, getting out and about again.

Behind the scenes, we have continued to work towards Digital Care Planning, which will enable us to have a central point for all communications and transactions. A new mobile phone and app have proved to be very popular with staff, and gives us a GDPR compliant, secure means of sharing information.

Our Deputy Care Manager is driving our Continuous Improvement Plan to refine our processes and audits, something that inspectors look for when rating us for our quality of care. We remain fiercely proud of our Outstanding rating!

We have been at our office at the Newark Beacon for over a year, and this works really well for everyone – staff like it, it provides excellent training facilities, and there is an on-site café too.

I am studying for a Level 5 Practice Leadership of Positive Behaviour Support qualification with the British Institute of Learning Disabilities, which fits with the overall strategy of Reach. We are now delivering more face-to-face staff training and have revised some of it to include Positive Behaviour Support, which keeps us at the forefront of current practice.

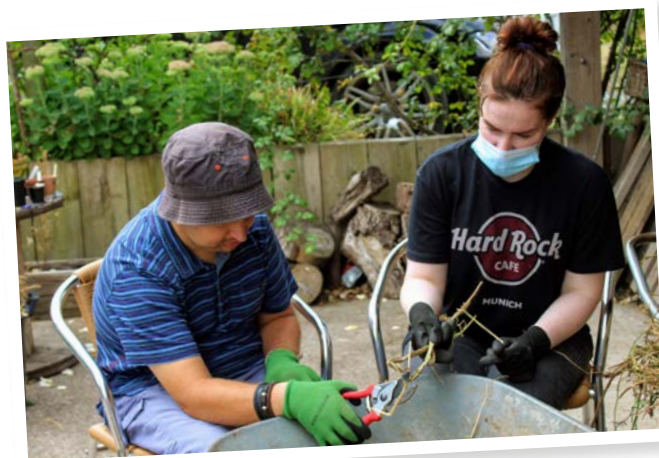
We continue to meet the challenge of the recruitment and retention of staff as the organisation is set to grow. I have attended two focus groups with the Department of Social Care which is trying to address the nationwide issues of recruiting and retaining staff. I'm enormously encouraged

that our retention rate is well above the national average – 81% compared to 71% on average.

Our wellbeing programme for staff has been well received, and this has been enhanced by staff being able to reconnect in person with their colleagues for training and supervision. We also have a Basket of Kindness, so any member of staff who has gone above and beyond can choose a gift from the basket – thank you to the Directors and Trustees who kindly donated gifts!

To encourage more people to join our team, we are making a recruitment film to help show how working at Reach is different to other care roles, and we are running Facebook campaigns. We are also investing in career development for carers by nurturing our talent to step up to new responsibilities as we continue to grow.

The supported living service we set up last year for two gentlemen in Reach-owned accommodation in Newark has worked out really well for them. You can read more about Tom and Lewis in the Reach Care Story on page 27.



Inspected and rated

Outstanding



**TO FIND OUT MORE, VISIT**  
**WWW.REACHUK.ORG/**  
**SERVICES/REACH-CARE/**







Tom and Lewis moved into a shared bungalow owned by Reach Learning Disability in Newark in June 2021, where they are both supported by staff from Reach Care.

Tom had previously lived in supported living accommodation, but the arrangement had failed through no fault of his own, so his parents reluctantly decided to withdraw him from this service. He was having short break care at a residential home, where Lewis was living full time. Lewis' parents felt that the time had come for Lewis to move on to supported living accommodation, and they wanted him to live nearer to them. Reach Learning Disability was in a position to purchase a bungalow in Newark for the two young men to share, and Reach Care was able to provide the support needed.

### **Tom's mother, Louise explained:**

"It has been a happy ending to a pretty challenging few years for us, not being able to access the services that Tom needed. We decided that something needed to be put in place now rather than later in life to meet Tom's future requirements. Tom had been disturbed by the changes in accommodation, so we really wanted him to be settled somewhere where he was happy.

The opportunity arose for Tom to be part of this wonderful home and be cared for by the dedicated team of carers that Reach have provided. It was a big thing to trust people again, but Tom has coped fabulously well and taken it all in his stride. We are so grateful for the help that Reach provided in helping us to find Tom's forever home."

Both Tom and Lewis like to be active and get out and about. Tom has worked at a local recycling charity three

days a week for the last four years. Simon, one of the Reach Care Support Workers says: "Tom loves water, whether it is watering the plants or having a dip in his hot tub in the garden. We will be taking both Tom and Lewis swimming every week from September."

Reach Care Support Worker, Beth, says: "Lewis likes to be out all the time, so we take him out in his Motability car and wheelchair. He enjoys going out for lunch to Lincoln, Sherwood Pines and Clumber Park, and is always smiling and waving at people. He now has an adapted bike so that we can pedal him along and he can enjoy the freedom of cycling."

### **Lewis' mother Sue says:**

"It took Lewis a few weeks to settle, but it has worked out perfectly. We could not get better staff – any problems are quickly resolved. All the family can pop in anytime for a cup of tea. This really is Lewis' forever home. It has changed his life and is the best thing we have done."

**ONE OF REACH LEARNING DISABILITY'S STRATEGIC OBJECTIVES IS TO DEVELOP OUR OWN PROPERTY PORTFOLIO TO ACCOMMODATE MORE PEOPLE WITH LEARNING DISABILITIES. THIS WILL EXTEND OUR ABILITY TO PROVIDE HIGH QUALITY WRAP-AROUND CARE AND SUPPORT TO MANY MORE REACH CLIENTS IN THE FUTURE.**



# Structure, Governance and Management



## Purposes and Aims

Our charitable object is to provide support and services for people with learning disabilities (including those without a formal diagnosis, those with autism, brain damage and/or whose sensory and communication impairments present a similar barrier to quality of life as living with a learning disability) and their families and carers within a 50-mile radius of Southwell, Nottinghamshire.

## Structure

On 1st April 2014, the charity's name was officially changed from Southwell Care Project to Reach Learning Disability. It is a company limited by guarantee without a share capital (company number 3724275), and also a registered charity (number 1076318). It is governed by its Memorandum and Articles of Association.

On 3rd May 2011, the charity set up a wholly owned domiciliary care agency, Reach Learning Disability Care CIC (company number 07619886).

On 30th March 2019, the charity set up a wholly owned café social enterprise, Reach Cafe CIC (company number 11915426). The company is no longer trading.

## Head Office and Delivery Premises

### Offices

Reach Learning Disability's head office is Prebend Passage, Southwell, Nottinghamshire. This is also our Southwell day service centre.

Reach Learning Disability Care CIC – Beacon Centre, Cafferata Way, Newark, NG24 2TN (as of May 2021). Reach Care provides support to clients and their families across Nottinghamshire.

### The Charity's delivery premises are located at:

Reach Newark – Hawtonville Community Centre, St Mary's Gardens, Newark, NG24 4JQ  
Flower Pod Newark operates at a site next to Eton Court, Newark, NG24 4JB

Reach Mansfield – St John's Church Hall, St John's Street, Mansfield, NG18 1QH

Flower Pod Southwell – Home Farm, Brackenhurst Lane, Southwell, NG25 0QL

We hold the freehold title of a piece of land on Halloughton Road in Southwell.

In June 2021, we purchased the freehold title of a three-bedroom bungalow in Newark, over which CAF Bank hold mortgaged security charge.

## Delivering Public Benefit

The Trustees have due regard to the Charity Commission's public benefit guidance in the course of exercising powers or duties relevant to the guidance. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the set aims and objectives.







# Structure, Governance and Management

## Risk Management

The Trustees have a duty to ensure that appropriate procedures, processes and controls are in place to identify, assess and mitigate against the risks to which the charity is exposed, including those to provide reasonable assurance against fraud and error.

A Risk Register, which identifies the major operational, strategic and business risks which the charity faces and the actions to mitigate against them, is maintained. It is reviewed on a regular basis by the Senior Management Team (SMT) and annually by the Board of Trustees. All changes to the Risk Register are approved by the Trustees. The organisation completes individual operational risk assessments in all areas of our work including specific fundraising events and special projects. Where risks have been identified, action is taken to minimise them, and insurance cover is arranged where available and considered prudent.

## Reserves

It is our policy to maintain unrestricted free reserves at a level which provides funds both to cover three months' operating expenditure of the charity and to mitigate against financial risks in our commercial trading operations. The level of reserves is reviewed regularly taking into account strategic development plans, financial projections and related cash demands. The Trustees believe that the level of resulting free reserves is adequate and not excessive.



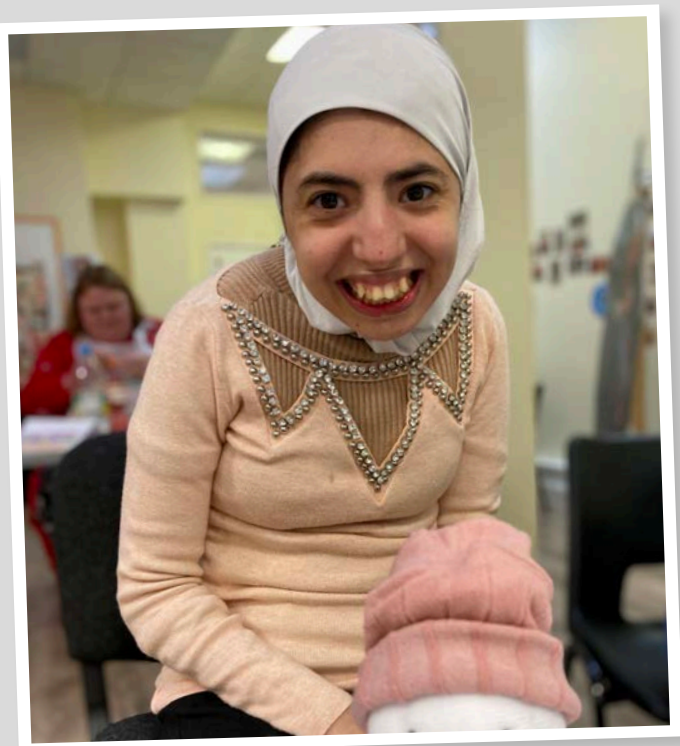
## Governance

The Company is administered by its Council of Management (The Council), the members of which are Trustees for the purposes of Charity Law and directors for the purposes of Company Law. Senior managers report to Trustees on performance against yearly targets at quarterly Trustee meetings. These meetings are supplemented by focused meetings for all Trustees in areas such as finance and strategy every year. Further review and planning also take place at Strategy and Audit meetings with designated Trustees and the SMT. Organisational aims and objectives are reviewed every three years by Trustees and the SMT incorporating feedback from all staff, clients, family carers, volunteers and professional contacts.

Directors of the wholly owned subsidiary company, Reach Learning Disability Care CIC meet four times a year.

Directors of Reach Cafe CIC (Company number 11915426) agreed to cease trading on September 25th 2020.

We have an 85% attendance at Board meetings. We ensure the membership of the Board comprises a good mix of the skills required to steer the organisation together with an adequate representation of family carers. Four of our Trustees have been on the Board for more than nine years. In our sector the experience of long-serving Trustees is invaluable especially at this time of our major development initiatives such as accommodation. During 2019 we adopted a policy regarding constitution of the Trustee Board. All Trustees go through a thorough induction process including ensuring their understanding of their statutory responsibilities. They participate in ongoing training relevant to our work including safeguarding and fundraising.





# Structure, Governance and Management

## Remuneration

The Chief Executive's salary is reviewed annually by the Chair who makes proposals for the Board to agree. In doing so, information is drawn from the Association of Chief Executives of Voluntary Organisations' (ACEVO) pay survey which analyses by charity income, number of employees, sector and whether it is local, regional or national. The general percentage increase awarded to the staff is also taken into account. The positioning of senior management remuneration is delegated to the Chief Executive and declared to the Board annually.

## Affiliations

We are members of the National Council for Voluntary Organisations, the Association for Real Change and Attend. We subscribe to the Fundraising Levy. We engage regularly with other support agencies including our local Councils for Voluntary Service and carers' networks.

## Directors' Responsibilities

Company and Charity Law requires the Council to prepare statements for each financial period, which give a true and fair state of the affairs of the company and of the profit or loss of the company for that period. In preparing those financial statements, the Council is required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Council is responsible for keeping proper accounting records which disclose at any time the financial position of the Company and its subsidiary and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Council is also responsible for safeguarding the assets of the charitable company and of the group and hence for taking reasonable steps for the prevention and detections of fraud and other irregularities.

Signed on behalf of the Council.

**Rachel Lannon**  
Chair







# Officers of Reach Learning Disability



## Council of Management

### **Rachel Lannon — Appointed Chair 8th November 2021.**

Independent Corporate Business Consultant and Trainer with over 10 years' experience of supporting multinational companies and statutory bodies to improve capabilities and capacity. Former Global Procurement and Operations Manager at Kodak Ltd. Former JP.

### **David Thompson FCA – Former Chair Resigned as Chair 8th November 2021.**

Formerly Deputy Chief Executive and Finance Director of The Boots Co plc and Non-executive Director of Cadbury Schweppes plc. Formerly Chairman of Nottingham Building Society. Currently Trustee of the Boots Pension Fund. Formerly Chairman of The Nottingham Healthy Living Centre. Father of a son with learning disabilities. Resigned as Trustee 16th May 2022.

### **Nick Turner – Deputy Chair**

Retired local businessman. Member of Southwell Lions. Verger at Southwell Minster.

### **Bob Gardner**

Retired Chartered Accountant. Most of career spent with three UK public companies in senior roles in finance, business development and general management. Father of a daughter who had profound and multiple disabilities.

### **Madeline Oliver Resigned as Trustee 8th November 2021.**

### **Keith Harding Resigned as Trustee 8th November 2021.**

### **Michael Davidson**

Former Head of Humanities and Religious Education Teacher at Magnus School.

### **Pati Colman**

Former Complaints Manager, Adult Social Care. Former Investigations Officer, Training Officer, Study Supervisor and Mental Health Social Worker with Nottinghamshire County Council. Chair of the Westgate Group for people with disabilities and their families.

### **Julie Payne**

Founder member of Westgate Group. 20-year foster carer. Former chair roles at local school and Family Care adoption panel. Parent of three sons, one with a physical disability. Adoptive parent to two disabled daughters and “mum” to S, who also has disabilities.

### **Adrian Hartley**

Father of a son with complex needs. Expert by Experience working with CQC Inspectors. Co-chair of Carers Space Notts, a carers forum in Nottinghamshire. Chair of the Respectful and Inclusive Language and Communication Learning and Action (a sub-group of CQC Supported Living Coalition). Member of the Learning Disabilities and Autism Physical Health Steering Group Nottingham and Nottinghamshire Integrated Care System (ICS) (LeDeR).

### **Dr Bradley Poulson**

Semi-retired Management Consultant, Academic, and Non-Executive Director. Extensive experience gained working for three of the world's leading IT Services Corporations; and has held CIO and Executive positions within well-known high street retail, financial services, and public sector organisations.

### **Paul Evans**

Director of Youth & Education at St John Ambulance. Strong background in education, youth services, homelessness and mental health. Passionate about social mobility, inclusion and services that create real and lasting change in people's lives. Fellow of the Royal Society of Arts and full member of the Chartered Management Institute.

### **Mark Bramble — Appointed 8th August 2022.**

IT Engineer currently working for Walgreens Boots Alliance. Many years' experience of voluntary work for charities and civic organisations. Father of a son with learning disabilities.





# Officers of Reach Learning Disability

## Senior Paid Officers



**Steve Shatwell**

Chief Executive  
Full-time



**Julia Sandhu**

Fundraising Director  
Full-time



**Alison Hall**

Business Operations Director  
Full-time



**Sharon Card**

Finance Director  
Full-time



## Company Particulars

### Registered Office

Prebend Passage, Southwell, Nottinghamshire, NG25 0JH

### Registered Company Number

3724275

### Registered Charity Number

1076318

### Principal Address

Prebend Passage, Southwell, Nottinghamshire, NG25 0JH

### Auditor

Beeley Hawley & Co Ltd, 44 Nottingham Road, Mansfield  
Nottinghamshire, NG18 1BL

### Solicitors

Browne Jacobson, Mowbray House, Castle Meadow Road  
Nottingham, NG2 1BJ



**WWW.REACHUK.ORG**





# Report of the Independent Auditors



## Report of the Independent Auditors to the Members of Reach Learning Disability

We have audited the financial statements of Reach Learning Disability for the year ended 31 March 2022 on pages 35 to 48. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

### Respective responsibilities of council and auditors

As explained more fully in the Directors' Responsibilities set out on page 30, the Council (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

### Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the council; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Report of the Council to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

### Opinion on financial statements

In our opinion the financial statements:

- Give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- Have been prepared in accordance with the requirements of the Companies Act 2006. Opinion on other matters prescribed by the Companies Act 2006 In our opinion the information given in the Report of the Council for the financial year for which the financial statements are prepared is consistent with the financial statements.



# Report of the Independent Auditors - Continued

## Matters in which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- Adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- The financial statements are not in agreement with the accounting records and returns; or
- Certain disclosures of Council's remuneration specified by law are not made; or
- We have not received all the information and explanations we require for our audit; or
- The Council were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Report of the Council.

*Beeley Hawley & Co Ltd.*

Ray Callingham (Senior Statutory Auditor)  
for and on behalf of Beeley Hawley & Co. Ltd  
Chartered Accountants Statutory Auditors  
44 Nottingham Road  
Mansfield  
Nottinghamshire  
NG18 1BL

**Date: 7th November 2022**





# Statement of Group Financial Activities for the Year Ended 31st March 2022

	Notes	Unrestricted £	Restricted £	2022 Total £	2021 Total £
<b>Income from:</b>					
Donations & Legacies	3	58,994	878,242	937,236	880,700
Charitable Activities	4	1,983,292	162,555	2,145,847	2,034,939
Investments		29		29	49
<b>Total</b>		<b>2,042,315</b>	<b>1,040,797</b>	<b>3,083,112</b>	<b>2,915,688</b>
<b>Expenditure on:</b>					
Raising Funds	6	103,282		103,282	105,704
Charitable Activities		1,897,550	527,514	2,425,064	2,149,200
Governance costs		10,834		10,834	10,504
<b>Total resources used</b>		<b>2,011,666</b>	<b>527,514</b>	<b>2,539,180</b>	<b>2,265,408</b>
<b>Net incoming /(outgoing) resources.</b>		<b>30,649</b>	<b>513,283</b>	<b>543,932</b>	<b>650,280</b>
<b>Transfers between funds</b>					
<b>Total funds brought forward as previously stated</b>		<b>793,261</b>	<b>526,201</b>	<b>1,319,462</b>	<b>669,182</b>
<b>Funds carried forward</b>		<b>823,910</b>	<b>1,039,484</b>	<b>1,863,394</b>	<b>1,319,462</b>

The above statement also serves as the Group's Income & Expenditure Account and the net incoming resources for the year is the excess of income over expenditure.

There have been no recognised gains or losses in the year.



# Balance Sheet as at 31st March 2022

	Notes	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
<b>Fixed Assets</b>					
Tangible Fixed Assets	9	669,540	297,139	668,809	296,164
Investment in Subsidiary Co.	5			30,001	30,001
Loan	10	25,000	25,000	25,000	25,000
		694,540	322,139	723,810	351,165
<b>Current Assets</b>					
Bank balances		1,337,231	1,024,373	1,297,712	834,810
Debtors	11	191,598	158,282	98,576	207,726
		1,528,829	1,182,655	1,396,288	1,042,536
<b>Creditors - amounts falling due within one year</b>	12	130,241	185,332	66,976	74,462
<b>Net current assets</b>		1,398,588	997,323	1,329,312	968,074
<b>Creditors - amounts falling due after one year</b>	13	229,734		189,734	
<b>Net Assets</b>		1,863,394	1,319,462	1,863,388	1,319,239
<b>Represented by:-</b>	17				
<b>Unrestricted Funds</b>					
General Fund		823,910	793,261	823,904	793,038
<b>Restricted Funds</b>		1,039,484	526,201	1,039,484	526,201
<b>Total Funds Carried Forward</b>		1,863,394	1,319,462	1,863,388	1,319,239

These financial statements have been prepared in accordance with the special provision of part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Council of Management on 7th November 2022 and were signed on behalf by:



Rachel Lannon- Chair





# Statement of Group Cash Flows and Statement Charity Cash Flows for the Year Ended 31st March 2022

	Notes	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
<b>Cash used in operating activities</b>	1	704,345	775,217	854,360	625,757
Cash flows from investing activities					
purchase of fixed assets		(391,458)	(12,588)	(391,458)	(12,588)
investment in subsidiary					
interest received		(29)	(49)	-	-
Cash provided by (used in) investing activities		(391,487)	(12,637)	(391,458)	(12,588)
Change in cash and cash equivalents in the year		312,858	762,580	462,902	613,169
Cash and cash equivalents at the beginning of the year		1,024,373	261,793	834,810	221,641
<b>Cash and cash equivalents at the end of the year</b>		<b>1,337,231</b>	<b>1,024,373</b>	<b>1,297,712</b>	<b>834,810</b>

Reconciliation of net movement in funds to net cash flow from operating activities

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Net movement in funds (as per the statement of financial activities)	543,932	650,280	544,149	629,904
Adjustments for:				
Depreciation/impairments	19,057	29,359	18,813	20,687
Interest received	29	49	-	-
Decrease (increase) in stocks	-	700		
Decrease (increase) in debtors	(33,316)	55,211	109,150	(12,371)
Increase (decrease) in creditors	174,643	39,618	182,248	(12,463)
<b>Net cash used in operating activities</b>	<b>704,345</b>	<b>775,217</b>	<b>854,360</b>	<b>625,757</b>



# Notes to the Financial Statements for the Year Ended 31st March 2022

## 1. Accounting Policies

### Accounting convention

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### Group financial statements

The financial statements consolidate the results of the charity and its wholly owned subsidiaries Reach Learning Disability Care CIC and Reach Cafe CIC on a line by line basis. A separate Statement of Financial Activities, and income and expenditure account, for the charity itself are not presented because the charity has taken advantage of the exemptions afforded by section 408 of the Companies Act 2006 and paragraph 397 of the SORP.

### Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

### Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.

### Governance costs

Governance costs include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and Trustees' meetings and reimbursed expenses. Such costs include both direct and allocated support costs.

### Allocation and apportionment of costs

In accordance with the Charities SORP, expenditure has been analysed between the cost of generating funds, charitable activities and governance. Items of expenditure which involve more than one cost category have been apportioned on a reasonable, justifiable and consistent basis for the cost category concerned.

### Taxation

The charity is exempt from corporation tax on its charitable activities.

### Fund accounting

All the resources of the Company are either unrestricted funds expendable at the discretion of the Council in the furtherance of the objects of the Company, or restricted funds which are to be used in accordance with restrictions imposed by the donors.





# Notes to the Financial Statements – Continued

## 2. Financial Performance of the Charity

The consolidated statement of financial activities includes the results of the Charity's wholly owned subsidiaries Reach Learning Disability Care CIC & Reach Cafe CIC.

The summary financial performance of the Charity alone is:-

	2022 £	2021 £
Incoming resources	1,663,965	1,440,149
Gift aid from subsidiary company	33,950	158,600
	1,697,915	1,598,749
Expenditure on charitable activities	1,142,932	958,341
Governance costs	10,834	10,504
	1,153,766	968,845
Net incoming/(outgoing) resources	544,149	629,904
Total funds brought forward	1,319,239	689,335
Total funds carried forward	1,863,388	1,319,239
<b>Represented by</b>		
Restricted funds	1,039,484	526,201
Unrestricted funds	823,904	793,038
	1,863,388	1,319,239



# Notes to the Financial Statements – Continued

## 3. Donations and Legacies

	2022 Unrestricted £	2022 Restricted £	2021 £
<b>Accommodation Project</b>			
Accommodation Appeal		132,184	
Garfield Weston Foundation		100,000	
Anonymous Accommodation Funder (Trust)		100,000	
Mr J Finn			100,000
Winifred Eileen Kemp Trust		50,000	
Mrs S Barnes			50,000
Anonymous Accommodation Funder (Trust)			50,000
Mr D Thompson		40,000	40,000
Tax Refunds		30,592	35,653
The Lady Hind Trust		25,000	
The Chetwode Foundation		8,000	8,000
The DRH No 3 Trust		5,000	5,000
JN Derbyshire Foundation		5,000	
		<b>495,776</b>	<b>288,653</b>
<b>Major Project Funding</b>			
Samworth Foundation: Transformation & Innovation Fund- Green Citizens		87,582	
The National Lottery Community Fund - All Part of Life		82,614	82,614
Samworth Foundation: Young Voices Programme - ROSE Project		66,812	67,026
Masonic Charitable Foundation - Carers Matter		16,996	16,735
		<b>254,004</b>	<b>166,375</b>
<b>Core Funding</b>			
Premier Modular- Donation In Kind		40,000	
Community Donations & Small Charitable Trusts	37,281	6,100	51,520
Big Give Christmas Challenge Donations & Pledges		19,718	24,938
The BNA Charitable Incorporated Organisation			12,822
Tax Refunds	11,713		
The Jones 1986 Charitable Trust	10,000		
The National Lottery Community Fund - Mindfulness Garden		10,000	
The Thomas Farr Charity			10,000
Monday Charitable Trust (Big Give Christmas Challenge Champion)			10,000
Boots Charitable Trust			9,987
Co-op Local Community Fund - Reach Southwell & Flower Pod Southwell		6,233	1,775
Nottinghamshire County Council's Local Improvement Scheme - Reach Together		5,250	7,000
The Mary Robertson Trust (Big Give Christmas Challenge Pledger)		4,000	3,000
The Forbes Charitable Trust		3,000	
Good Things Foundation		1,500	
Asda Foundation		1,994	
The David Crane Charitable Trust		1,000	2,000
Mary Potter Hospital Trust		1,000	
Provincial Grand Lodge		1,000	
British Science Week Community Grants		1,000	
Screwfix Foundation			3,754
The Casa Stella Trust			1,500
first4care (Big Give Christmas Challenge Pledger)			2,500
	<b>58,994</b>	<b>101,795</b>	<b>140,796</b>
<b>Covid-19 Crisis and Stabilisation Funding</b>			
Julia and Hans Rausing			60,012
The National Lottery Community Fund- Coronavirus Community Support Fund			50,000
National Emergencies Trust			21,972
CAF Resilience Fund			17,554
Anonymous Crisis Funder (Trust)			14,050
The Jones 1986 Charitable Trust			10,000
The Thomas Farr Charity			10,000
Edward Gostling Foundation			8,000
Nottinghamshire County Council's Local Improvement Scheme COVID-19 Community Fund			6,500
The D'Oyly Carte Charitable Trust			3,500
Active Notts and Sport England - Tackling Inequalities Fund			3,033
Severn Trent Community Fund			2,000
Persimmon Community Champions			1,000
			<b>207,621</b>
<b>Government Grants</b>			
Job Retention Scheme Grants			42,255
Newark and Sherwood District Council Coronavirus Grants		26,667	35,000
		<b>26,667</b>	<b>77,255</b>
	<b>58,994</b>	<b>878,242</b>	<b>880,700</b>





# Notes to the Financial Statements – Continued

## 4. Charitable Activities

	2022 Unrestricted £	2022 Restricted £	2021 £
Reach Learning Disability Care CIC Income	1,419,118		1,462,067
Personal Budgets	525,253		481,769
Inspire Learning	-	123,579	69,101
Kickstart Grant	-	38,976	-
Short break holidays and trips			1,000
Activities less £2,000	7,651		832
Flower Sales	6,849		6,059
Room Hire / Workshops	8,211		688
Tours & Talks			-
Property Rental	16,210		-
Reach Cafe CIC Income	-		13,423
	<b>1,983,292</b>	<b>162,555</b>	<b>2,034,939</b>



## 5. Commercial Trading Operations

### Reach Learning Disability Care CIC

The wholly owned trading subsidiary Reach Learning Disability Care CIC is incorporated in the United Kingdom and pays all of its profits to the charity by gift aid. Reach Learning Disability Care CIC provides domiciliary care for adults with learning disabilities in Nottinghamshire. The charity owns the entire share capital of thirty thousand ordinary £1 shares.

The summary financial performance of the subsidiary alone is:

	2022 £	2021 £
Turnover	1,408,089	1,421,291
Other income	11,029	40,776
Investment income	29	49
Cost of sales and administrative costs	1,385,194	1,303,608
Net profit/(loss)	33,953	158,508
Amount gift aided to the charity	33,950	158,600
Retained in subsidiary	3	(92)
The assets and liabilities of the subsidiary were:		
Fixed assets	731	975
Current assets	166,490	298,485
Current liabilities	(97,215)	(269,457)
Long term liabilities	(40,000)	
Total net liabilities	30,006	30,003
Aggregate share capital and reserves	30,006	30,003





# Notes to the Financial Statements – Continued

## Reach Cafe CIC

The wholly owned subsidiary Reach Cafe CIC is incorporated in the United Kingdom and pays all of its profits to the charity by gift aid. The charity owns the entire share capital of one ordinary £1 shares.

The summary financial performance of the subsidiary alone is:

	2022 £	2021 £
Turnover	-	24
Other income	-	13,399
Donations		
Cost of sales and administrative costs	220	(7,045)
Net profit/(loss)	(220)	20,468
Amount gift aided to the charity	-	-
Retained in subsidiary	(220)	20,468
The assets and liabilities of the subsidiary were:		
Fixed assets		
Current assets	1	234
Current liabilities	-	(13)
Total net liabilities	1	221
Aggregate share capital and reserves	1	221

Reach Cafe CIC ceased trading during the year 2021.



# Notes to the Financial Statements – Continued

## 6. Expenditure Analysed by Purpose

	Costs of Raising Funds £	Charitable Activities £	Governance Costs £	Total 2022 £	Total 2021 £
Salaries, pensions and N.I.	93,916	782,808	8,504	885,228	722,539
Contracted labour / consultancy		58,721		58,721	50,108
Marketing and communications	2,081	-		2,081	4,114
Training costs		7,192		7,192	6,264
Travel expenses		6,084		6,084	4,822
Rent and utilities		49,780		49,780	42,230
Maintenance and cleaning		17,824		17,824	11,682
Insurances		7,007		7,007	7,093
Office equipment and repairs		10,496		10,496	19,670
Printing, post and stationery		6,715		6,715	5,931
Telephone / internet	1,620	11,104		12,724	11,966
Website costs		169		169	254
Software subscriptions	3,751	8,251		12,002	11,233
Professional charges	935	10,001		10,936	9,343
Audit fee		-	2,330	2,330	2,000
Banking charges		1,540		1,540	1,009
Mortgage repayments		4,123		4,123	
DBS checks		773		773	579
Depreciation of fixed assets		18,813		18,813	20,688
Short break holidays and trips		-		-	0
Clients' activities		30,208		30,208	11,131
Clients' flower growing activities		2,913		2,913	779
Direct costs of Fundraising Events	979	3,319		4,298	979
Other costs		1,809		1,809	343
Subsidiary loan write off		-		-	24,088
Commercial trading operations- Reach Care CIC		1,385,194		1,385,194	1,303,608
Commercial trading operations- Reach Cafe CIC		220		220	(7,045)
	103,282	2,425,064	10,834	2,539,180	2,265,408

The heading Salaries, Pensions and N.I. includes £61,305 in respect of employers N.I.





# Notes to the Financial Statements – Continued

## 7. Net Incoming / Outgoing Resources

Net incoming resources are stated after charging:

	2022 £	2021 £
Depreciation	18,813	20,688
Auditors remuneration	2,000	2,000
	20,813	22,688

## 8. Staff Numbers

The average number of employees throughout the year was as follows

	2022	2021
Management and administration	16	12
Service delivery	86	86
	102	98

The full time equivalent number of staff who received emoluments, including pension contribution, in excess of £60,000 are shown below:

Salary Band £	2022	2021
60,000 – 69,999	1	0
	1	0

## 9. Fixed Assets – Group

	Freehold Property £	Leasehold Premises £	Office & Other Equipment £	Motor Vehicle £	Total 2022 £	Total 2021 £
Cost brought forward	120,588	268,602	58,783	29,998	477,971	471,643
Additions during year	319,271	72,187			391,458	12,588
Impairment						(6,260)
Cost carried forward	439,859	340,789	58,783	29,998	869,429	477,971
Depreciation						
Brought forward		115,525	57,808	7,499	180,832	157,733
Charge for year		13,188	244	5,625	19,057	23,099
Carried forward	-	128,713	58,052	13,124	199,889	180,832
Net Book Value						
At 31st March 2022	439,859	212,076	731	16,874	669,540	297,139
At 31st March 2021	120,588	153,077	975	22,499	297,139	



# Notes to the Financial Statements – Continued

## 10. Loan

A loan was made to Golden Lane Housing Ltd, to assist them in the purchase of 33 Silvey Avenue Southwell, which is used by adults with learning disabilities. It is secured by a second charge on the property, is interest free and only repayable in the event of its sale or cessation of use by people with learning disabilities.

## 11. Debtors

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Reach Learning Disability Care CIC trade debtors	119,441	102,579		
Personal budgets	62,189	41,709	62,189	41,709
Others	325	1,736	325	1,736
Reach Learning Disability Care CIC donation			33,950	158,600
Prepayments	9,643	12,258	2,112	5,681
	191,598	158,282	98,576	207,726

## 12. Creditors due within one year

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Expense accruals	44,205	30,066	16,000	
Sundry creditors	1,000	7,000	1,000	1,000
Trade creditors	16,353	8,204	15,593	7,865
PAYE	35,571	33,820	14,963	13,552
Pensions	7,112	6,242	3,420	2,045
Bounce Back Loan	20,000	100,000	10,000	50,000
Mortgage	6,000		6,000	
	130,241	185,332	66,976	74,462

## 13. Creditors due after one year

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Bounce Back Loan	80,000		40,000	
Mortgage	149,734		149,734	
	229,734	-	189,734	-



## 14. Operating Lease Commitments

At 31 March 2022 the Charity was committed to making the payment of £21,500 during the next year in respect of an operating lease expiring in 2035.

## 15. Payments to Trustees

No expenses were paid to Trustees throughout the year.

## 16. Movement in Funds

	At 01.04.21	Net movement in funds	Transfers between funds	At 31.03.22
	£	£	£	£
<b>Unrestricted Funds</b>				
General Fund	793,261	30,649	-	823,910
<b>Restricted Funds</b>	526,201	513,283	-	1,039,484
	1,319,462	543,932	-	1,863,394

Net movement in funds included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted Funds</b>			
General Fund	2,042,315	(2,011,666)	30,649
<b>Restricted Funds</b>	1,040,797	(527,514)	513,283
	3,083,112	(2,539,180)	543,932





## 17. Analysis of Funds

	General Fund £	Restricted Fund £	Total £
Tangible Fixed Assets	229,681	439,859	669,540
Loan	25,000		25,000
Cash at Bank and in Hand	737,606	599,625	1,337,231
Debtors	191,598		191,598
Creditors- due within one year	(130,241)		(130,241)
Creditors- due after one year	(229,734)		(229,734)
	823,910	1,039,484	1,863,394

## 18. Secured debts

Bank borrowings are secured by a First Legal Charge over 1a Sheridan Close, Balderton, Newark, Nottinghamshire NG24 3RB.

## 19. Accommodation

On 19 December 2018, Reach Learning Disability took possession of the Freehold Title of the property, Springfield Bungalow, Halloughton Road, Southwell upon which we are currently building a facility to accommodation 12 adults with learning disabilities. At this current time, the property itself is subject to an encumbrance by virtue of a Section 106 agreement which will be released once the aforementioned property has been built and is occupied. In our opinion, the value of this encumbrance equates to the open market value of the property as it stands and therefore, at this stage, the only asset value that is recognised on the Balance Sheet is in relation to capitalised costs expended to date in the construction.



# Supporters and Partners



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**Writing and layout:** Reach staff, Beryl Pettitt and Full Phat Design  
**Photographs:** Beverley Rayner and other Reach Staff



# Thanks to Our Supporters



To every person, community, company, grantmaker and organisation who has supported our work this year – thank you.

- Actons Solicitors
- Advocacy 2 Engagement
- Asda Foundation
- Asda Newark
- Averham, Staythorpe and Kelham Parish Council
- Shelagh Barnes
- Beekeepers John Britton and Ian Saunders
- Geoffrey and Dianora Bond
- British Science Week Community Grants
- British Sugar
- Carnill & Co
- Church of Promise
- Concrete Repairs Limited UK
- David Solomons Charitable Trust
- Pat Dean and Sue Powell
- Dominic Joyce, Filmmaker
- Engie Regeneration
- Jeremy Finn
- first4care
- Forbes Charitable Foundation
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- Good News Journal
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- Heron Food
- Home Bake
- Hyde Barker Podiatry
- Hy-Ram Engineering
- Inner Wheel Club of Mansfield
- Jigsaw Planning and Development
- JN Derbyshire Trust
- Kate Greenaway Action Group
- Living Waters Fellowship
- Lloyds Pharmacy
- Local schools for their support of our Dream House competition
- Lowes Wong Junior School
- Mansfield CVS
- Christine and Kevin Martin
- Minster fb
- MKM Newark
- Morrisons Newark
- Newark Advertiser
- Newark and Sherwood Community Lottery
- Newark and Sherwood CVS
- Nottingham Trent University Brackenhurst
- Nottinghamshire Community Foundation
- Nottinghamshire County Council - Local Improvement Scheme
- Nottinghamshire Freemasons and the Masonic Charitable Foundation
- PDA Search & Selection
- Chris Prentice and Jane Pillinger
- Prime Print
- Provincial Grand Lodge of Nottinghamshire
- Reach Bridge Club







- Ridgeway Marketing
- Robin Hood Lottery
- Rotary Club of Mansfield
- Rototek
- Samworth Foundation
- Screen Pop
- Southwell & District Lions Club
- Southwell Bridge Club
- Southwell Business Club
- Southwell Co-op
- Southwell Life Magazine
- St Leonard's Church, Newark
- Staythorpe Power Station
- Sullivan's Sword
- The Bramley
- The Chetwode Foundation
- The Co-op Local Community Fund
- The David Crane Charitable Trust
- The DRH No 3 Trust
- The Fulfillment People
- The Harris Family Charitable Trust
- The Lady Hind Trust
- The Mary Potter Convent Hospital Trust
- The Mary Robertson Trust
- The National Lottery Community Fund
- National Lottery Awards for All
- The Poyser Fund
- The Reed Foundation
- The Veg Stop
- The Wine Bank
- David Thompson
- T&S Leisure Security Services
- Utility Warehouse
- Viking Challenge
- Volunteers, each and every one
- Waitrose, Trinity Square Nottingham
- Westhorpe Fund
- Winifred Eileen Kemp Trust
- Woodborough Horticultural Society



### Accommodation Project

We thank the Trusts & Foundations pledging grants to our Southwell Accommodation Project during 2021/22. They include:

- The Edward Gostling Foundation
- The Jones 1986 Charitable Trust
- The Clothworkers' Foundation
- Wolfson Foundation





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