

**Company registered number 3496978**  
**Registered charity number 1075752**

**Shantona Women's & Family Centre Ltd**

**Financial Statements**

**for the year ended 31st March 2023**

**Shantona Women's & Family Centre Ltd**  
**Trustees' Report for the year ended 31<sup>st</sup> March 2023**

The trustees present their report and unaudited financial statements for the year ended 31<sup>st</sup> March 2023

**Reference and Administrative Information**

Charity name	Shantona Women's & Family Centre Ltd
Charity Registration Number	1075752
Company Registration Number	3496978
Registered Office	Shepherds Lane Leeds LS8 5AW

**Trustees**

Ann Eveleigh	Chair
Melody Walker	Vice chair
Lynne Anne Guzha	Treasurer
Susan Boalch	
Ally Martin	
Lauren Richardson	Resigned (17/01/2023)
Aysha Malik	
Tayba Azim	
Sulthana Ahmed	

**Company Secretary**

Nahid Rasool

**Principal staff**

Nahid Rasool	CEO
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**Independent Examiner**

Paul Cowham MA FCA DChA  
Green Fish resource Centre  
46 – 50 Oldham Street  
Manchester  
M4 1LE

**Bankers**

Unity Trust Bank  
Four Brindleyplace  
Birmingham  
B1 2JB

Charity Bank Limited  
194 High Street  
Tonbridge  
Kent  
TN9 1BE

## **Shantona Women's & Family Centre Ltd**

### **Trustees' Report for the year ended 31 March 2023**

#### **Objectives and activities**

Shantona has been operating as a limited company since January 1998 and as a registered charity since 28<sup>th</sup> May 1999. Its charitable objectives are; "To promote the benefit of women in Leeds and the surrounding area by the advancement of education, relief of poverty, the preservation and protection of good health and the provision of facilities for recreation and leisure-time occupation in the interests of social welfare, in particular but without prejudice to the foregoing, for women of Bangladeshi origin."

The name Shantona means, "Comfort" in Bengali. Established in 1998 by local Bangladeshi women, the aim of Shantona is to provide a separate, safe centre for women, children and young people.

The organisation has been operating for over 25 years and received various awards and recognition for the strengths, achievements and benefits to the community. Through out the pandemic, Shantona played an incredible role to support the most vulnerable and difficult to reach culturally diverse community who were facing many disadvantages, which includes escalation of violence, mental health and other health issues, on top of existing inequalities.

Shantona's diverse team reaches out to isolated women, building trusting relationships and empowering culturally diverse women and families to be confident, independent and resilient, to tackle inequality and to participate in programmes to improve community cohesion.

Shantona is highly regarded as a specialist organisation providing culturally sensitive support to culturally diverse communities and over many years has developed resources to support communities, as well as professionals to adopt culturally sensitive services. The Organisation challenges inequalities, discrimination and poor cultural practice. We address issues such as domestic abuse (DV), Child Sexual Exploitation (CSE), Mental health and health and wellbeing provision to support the culturally diverse communities. Through our work, women and girls have developed leadership skills and have become empowered to influence and challenge culturally sensitive issues within their community which would otherwise remain hidden and go unreported. As a result, women are now sharing their experiences around domestic abuse and child sexual exploitation publicly and influencing faith groups including mosques.

In order to meet the needs of community our services have expanded and we are now using various other premises to meet the demand. Shantona continues to look for larger premises, suitable to support vulnerable women and their families.

#### **Shantona's services over the year include:**

**Domestic Violence (DV) Support:** Supporting Culturally diverse women and girls who are facing abuse including; domestic (mental, physical, emotional abuse), forced marriage, honour based violence, Child Sexual Exploitation and isolation resulting from divorce or marriage breakdown.

**Healthcare Provision –** Working with culturally diverse women, children and young people to address health inequality, promoting healthy life-styles, easing access to health services and meeting the health-related recreational needs of the community.

**Mental Health –** To create a safe, non-judgemental and friendly space to support culturally diverse 16+ women with mild to moderate mental health needs.

**Child Sexual Exploitation (CSE) -** increasing awareness and supporting young people to seek help and disclose any sexual exploitation they face within a culturally sensitive environment.

**Older Peoples Project -** creating opportunities for women aged 50+ (mainly from the South Asian Community) to meet new people, build friendships, socialise and obtain emotional support.

**Community Cohesion Project -** to build community resilience; protect vulnerable people who due to isolation, inequality and feeling oppressed within the community and wider society are at higher risk of developing extreme views. To focus on issues such as cohesion and integration, empowerment and women's rights, voice and leadership,

**WLL Complex Needs –** working directly with women and girls with complex needs, providing one to one intensive support, and taking a holistic approach to meet their specific needs.

## **Shantona Women's & Family Centre Ltd**

### **Trustees' Report for the year ended 31 March 2023**

Shoman Adikar (Training & Employment project) – to develop customised support to vulnerable culturally diverse women who often faced barriers to engage in economic activities. The project supports them to realise and value of their potential and progress into self-employment pathways.

IDVA/ISVA – we have trained six staff members to become specialist advisers to provide specific support to culturally diverse communities.

Infrastructure/Resilience Fund - to provide tailored support to local small/micro Culturally diverse ethnic minority led organisations to successfully apply for funding, that have struggled to do so due to the Covid-19 pandemic and ensure resilience through these times.

LDVS Sanctuary Support – to provide support to people living in properties in safe accommodation that have a sanctuary installation through the Leeds Housing Options (LHO) managed Sanctuary Scheme and offer specialist support to those with protected characteristics whilst considering the needs of any children living within those properties.

Shofolta (Globals Make Some Noise) – to provide young people's transition support from COVID lockdown to getting back to school.

Youth Club - working with young people to facilitate their personal, social and educational development and supporting them during their period of transition from dependence to independence.

Early Years Provision: providing 30 hours free pre-school nursery education to children aged 2 and 3-4 years, by bilingual staff who have a good knowledge and understanding of the local communities' needs.

Community Minibus: Shantona runs a community minibus for the community that it serves. The minibus has been vital for engaging local women, children and young people and enabling them to take part in wider activities, including educational, social & recreational trips, holiday scheme outings, nature walks etc.

#### **Role and Contribution of Volunteers:**

Over the past year Shantona has benefitted from a team of 10 volunteers ensuring that we were able to deliver our services effectively. Our volunteers have actively contributed as part of the Health, Young People's Services and DV project.

#### **Achievements and performance**

Over the years Shantona has provided unique services, not only to overcome barriers to access services, but also to help people become independent. At the same time we are challenging the bad practices of cultural norm. From being a small community organisation providing social and recreational activities for the Bangladeshi community with the focus on a particular geographical area of Leeds, it is now catering for people from various ethnically diverse communities. By advocating and meeting the needs of our target group, we hope to benefit the whole of society by encouraging integration and community cohesion and reducing inequality.

The trustees confirm that they have paid due regard to Charity Commission guidance on public benefit in deciding what activities the charity should undertake.

#### **Financial review**

Shantona has again been successful in attracting funding from various sources.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year. The charity has designated funds amounting to £40,752 which have been set aside out of unrestricted funds for specific purposes. Note 17 provides further details of the purpose of these funds.



## **Shantona Women's & Family Centre Ltd**

### **Trustees' Report for the year ended 31 March 2023**

#### **Plans for future periods**

Shantona as an organisation has adopted, extended and changed a lot. Currently we are working with many culturally diverse communities, acting as the voice of small organisations. Shantona works in partnership with several organisations across the city, including Black Health Initiative, Orion Partnership, Women's Lives Leeds Alliance.

Future plans include:

- Expand and develop our services to become more specialist services for culturally diverse communities, who are facing many difficulties because of inequalities
- Continuing to raise awareness around violence against women and girls and producing resources.
- Development of staff team to support the communities.
- Carrying out research and developing further services to meet the needs of the community and dealing with new emerging issues.
- Increasing the amount of young people's provision and improving community cohesion between young people from Harehills.
- Involvement in further partnerships with various domestic violence projects by bringing an integrated approach, to tackle various issues around DV and CSE; our joint approach will be citywide to increase working with people who are not reporting violence, as well as working on child sexual exploitation through a targeted support service with Safer Leeds and the Domestic Violence Forum.
- Explore options for development of the service through usage of different premises and exploring alternative premises to enhance and expand current services.

#### **Structure, governance and management**

The charity is a company limited by guarantee and registered as a charity on 28 May 1999. The charitable company was established under a Memorandum of Association which established its objects and powers and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Lynne Anne Guzha  
Ann Eveleigh  
Melody Walker  
Susan Boalch  
Ally Martin  
Lauren Richardson  
Aysha Malik  
Tayba Azim  
Sulthana Ahmed

Under the requirements of the Memorandum and Articles of Association the members of the Management Committee shall comprise of no more than twenty members of the community elected at the annual general meeting and shall meet at least six times each year. The company has created structures to ensure that there are agreed roles for members. The members of the board have managerial and business acumen, an understanding of the needs of the local community and awareness of local issues as well as an understanding of the requirements of charity law.

The Management Committee of the company has the power to determine applications for membership, and responsibility for the strategic direction and proper running of the charity.

#### **Recruitment and appointment of Trustees**

Board of Trustees are recruited through advertising and via networking, interviewed by the Chair and CEO prior to joining. Members are elected at the annual general meeting and may be co-opted at other times.

#### **Introduction and training of Trustees**

New Trustees complete a skills audit and receive a comprehensive induction session with the CEO, as well as receiving a Management Committee Handbook. Trustees are encouraged to attend annual away days and to observe Shantona's services. Trustees are offered training in various areas in order to fulfill their roles.

## **Shantona Women's & Family Centre Ltd**

### **Trustees' Report for the year ended 31 March 2023**

Day to day management is delegated to the following key personnel: -

Nahid Rasool (CEO): manages and develops staff, finance, premises and other resources of Shantona in collaboration with the Management Committee. Responsible for ensuring and facilitating the participation of service users and ensuring a high professional profile for the Centre's work with relevant agencies, commissioners and other stake holders.

Harpreet Dosanjh (Office Manager): deals with PAYE, book-keeping, managing the bank accounts, providing yearly financial information for the independent examination, evaluating user information for monitoring purposes and gathering information required by funders or partner organisations.

Ashia Akhtar (Administrator/PA to Director): Day to day administration of the centre and being the first point of contact for the organisation and service users via the telephone and face to face.

Diane Law (Project Development Co-ordinator): to work with the senior management team to support the improvement in the provision, practice, and performance of the workplace to maintain existing quality standard marks and work towards new ones. And to assist the CEO in generating income through commissioning processes and the submission of grant funding applications.

Clare Sanderson (Operations Manager): to manage, lead and support the Team of lead practitioners within Shantona, ensuring implementation of appropriate monitoring systems that enable projects to meet their targets and deliver the agreed outcomes. As part of the Senior Management team, contribute to the development of the organisation both operationally and strategically.

None of the trustees has any beneficial interest in the company. All the trustees are members of the company and guarantee to contribute no more than £1 in the event of a winding up.

#### **Risk Factors**

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Company status**

The company is limited by guarantee and all members have agreed to contribute a sum not exceeding £1 in the event of a winding-up. The number of guarantees at 31<sup>st</sup> March 2023 was 8.

# Shantona Women's & Family Centre Ltd

## Trustees' Report for the year ended 31 March 2023

### Statement of trustee responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and the income and expenditure of the charitable company for that period. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose at any time the financial position of the charitable company and to enable it to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees, who are directors for the purposes of company law, who served during the year and up to the date of this report are set out on page 1.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the provisions applicable to companies' subject to the small companies' regime of the Companies Act 2006.

Approved by the trustees and signed on their behalf by:



..... Signed

Melody Walker

..... Name

10 July 2023

..... Date

## Independent Examiner's Report to the Trustees of

### Shantona Women's & Family Centre

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Paul Cowham*

Paul Cowham FCA DChA  
Green Fish Resource Centre  
46 – 50 Oldham Street  
Manchester  
M4 1LE

09 / 01 / 2023

Date .....

Shantona Women's & Family Centre Ltd  
Statement of Financial Activities  
(including Income and Expenditure account)  
for the year ended 31 March 2023

	Note	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
<b>Income</b>					
Donations and legacies	3	543	-	543	254
Charitable activities	4	98,313	517,880	616,193	536,785
Fees and other income	5	4,132	-	4,132	2,526
Investments	6	598	-	598	179
<b>Total income</b>		<b>103,586</b>	<b>517,880</b>	<b>621,466</b>	<b>539,744</b>
<b>Expenditure</b>					
Raising funds	-	-	-	-	-
Charitable activities	7	88,803	488,230	577,033	583,111
<b>Total expenditure</b>		<b>88,803</b>	<b>488,230</b>	<b>577,033</b>	<b>583,111</b>
<b>Net income/(expenditure) for the year</b>	8	<b>14,783</b>	<b>29,650</b>	<b>44,433</b>	<b>(43,367)</b>
Transfer between funds		-	-	-	-
<b>Net movement in funds for the year</b>		<b>14,783</b>	<b>29,650</b>	<b>44,433</b>	<b>(43,367)</b>
<b>Reconciliation of funds</b>					
Total funds brought forward		294,322	82,503	376,825	420,192
<b>Total funds carried forward</b>		<b>309,105</b>	<b>112,153</b>	<b>421,258</b>	<b>376,825</b>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

Shantona Women's & Family Centre Ltd  
Company number 3496978

Balance sheet as at 31 March 2023

	Note	2023	2022
		£	£
<b>Fixed assets</b>			
Tangible assets	13	752	1,003
<b>Total fixed assets</b>		<b>752</b>	<b>1,003</b>
<b>Current assets</b>			
Debtors	14	2,597	11,872
Cash at bank and in hand		419,309	365,250
<b>Total current assets</b>		<b>421,906</b>	<b>377,122</b>
<b>Liabilities</b>			
Creditors: amounts falling due in less than one year	15	(1,400)	(1,300)
<b>Net current assets</b>		<b>420,506</b>	<b>375,822</b>
<b>Total assets less current liabilities</b>		<b>421,258</b>	<b>376,825</b>
<b>Net assets</b>		<b>421,258</b>	<b>376,825</b>
<b>Funds of the charity</b>			
Restricted income funds	16	112,153	82,503
Unrestricted income funds	17	309,105	294,322
<b>Total charity funds</b>		<b>421,258</b>	<b>376,825</b>

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 11 to 23 form part of these accounts.

Approved by the trustees on 10 July 2023 ..... and signed on their behalf by:

Lynne Guzha  
Name

Melody Walker  
Name

Signature



Signature



# Shantona Women's & Family Centre Ltd

## Statement of Cash Flows for the year ending 31 March 2023

	Note	2023 £	2022 £
<b>Cash provided by/(used in) operating activities</b>	20	<b>53,461</b>	<b>(54,087)</b>
<hr/>			
<i>Cash flows from investing activities:</i>			
Bank interest		598	179
Proceeds from sale of tangible fixed assets		-	-
Purchase of tangible fixed assets		-	-
Proceeds from sale of investments		-	-
Purchase of investments		-	-
<hr/>			
<b>Cash provided by/(used in) investing activities</b>		<b>598</b>	<b>179</b>
<hr/>			
Increase/(decrease) in cash and cash equivalents in the year		54,059	(53,908)
Cash and cash equivalents at the beginning of the year		365,250	419,158
<hr/>			
<b>Cash and cash equivalents at the end of the year</b>		<b>419,309</b>	<b>365,250</b>
<hr/>			
		-	

## **1 Accounting policies**

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

### **a Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Shantona Women's & Family Centre Ltd meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

### **b Reconciliation with previous Generally Accepted Accounting Practice**

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required. No such restatement was required.

### **c Preparation of the accounts on a going concern basis**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

There are no key judgments which the trustees have made which have a significant effect on the accounts.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.



Notes to the accounts for the year ended 31 March 2023 (continued)

**d Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

**e Donated services and facilities**

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**f Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Notes to the accounts for the year ended 31 March 2023 (continued)

**g Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

**h Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**i Operating leases**

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

**j Tangible fixed assets**

Individual fixed assets costing £2,500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Motor vehicles:	25% reducing balance
Fixtures equipment and toys	15% straight line
Computer equipment:	33% straight line

**m Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**n Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**o Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

# Shantona Women's & Family Centre Ltd

## Notes to the accounts for the year ended 31 March 2023 (continued)

### O Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

### P Pensions

Employees of the charity are entitled to join the charity's defined contribution workplace pension scheme. The charity's liability to the scheme is restricted to the contributions disclosed in note 9, subject to the minimum legal requirement.

## 2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

## 3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Donations	543	-	543	254
<b>Total</b>	543	-	543	254
<i>Total by fund 31 March 2022</i>	254	-	254	

# Shantona Women's & Family Centre Ltd

Notes to the accounts for the year ended 31 March 2023 (continued)

## 4 Income from charitable activities

	Unrestricted £	Restricted £	Total 2023 £	Unrestricted £	Restricted £	Total 2022 £
Grants						
The National Lottery Community Fund Awards 4 All-Mental Health	1,700	162,690	164,390	2,700	130,395	133,095
CLLD - ESIF Leeds Community Foundation - Healthy Holidays	-	10,000	10,000	-	-	-
Early Years NEG	-	18,718	18,718	-	37,517	37,517
Public Health Forum Central	94,363	21,712	21,712	68,265	14,000	14,000
Global's Make Some Noise-DCMS	-	45,696	45,696	-	1,125	69,390
Leeds City Council (in kind)	-	-	-	-	45,942	45,942
Masonic Charitable Foundation	-	-	-	-	6,000	6,000
Youth Social Action Fund - CIN	-	10,000	10,000	-	30,000	30,000
Leeds City Council - Youth Services	-	-	-	-	-	-
Leeds City Council - Public Health	-	32,411	32,411	-	-	-
Leeds City Council - Small Projects	-	4,988	4,988	-	-	-
The Community Shop Trust	-	10,500	10,500	-	-	-
Live well Leeds	-	-	-	-	21,500	21,500
Lloyds Bank Foundation	-	1,040	1,040	-	-	-
Ministry of Justice PCC	-	500	500	-	-	-
Henry Smith COVID 19 - DCMS	-	21,001	21,001	-	21,001	21,001
Lunch club	2,250	-	2,250	25,000	-	25,000
BBC Children in Need	-	138,022	138,022	-	85,012	85,012
Leeds Community Foundation	-	-	-	-	21,850	21,850
LDVS Sanctuary	-	2,180	2,180	-	1,984	1,984
Support	-	10,496	10,496	-	9,998	9,998
NCH Welfare milk	-	13,429	13,429	-	-	-
	-	14,333	14,333	-	14,333	14,333
	-	164	164	-	163	163
<b>Total</b>	<b>98,313</b>	<b>517,880</b>	<b>616,193</b>	<b>95,965</b>	<b>440,820</b>	<b>536,785</b>

# Shantona Women's & Family Centre Ltd

## Notes to the accounts for the year ended 31 March 2023 (continued)

### 5 Fees and other income

	Unrestricted £	Restricted £	2023 £	2022 £
User contributions	1,589	-	1,589	1,426
Other income	2,543	-	2,543	1,100
	<u>4,132</u>	<u>-</u>	<u>4,132</u>	<u>2,526</u>

All income from fees and trading is unrestricted (as with the comparative figures)

### 6 Investment income

	Unrestricted £	Restricted £	2023 £	2022 £
Income from bank deposits	598	-	598	179
	<u>598</u>	<u>-</u>	<u>598</u>	<u>179</u>

All of the charity's investment income arises from money held in interest bearing deposit accounts. All investment income is unrestricted.

### 7 Analysis of expenditure on charitable activities

	Total 2023 £	Total 2022 £
Staff costs	489,242	477,932
Depreciation	251	334
Premises costs	19,432	22,614
General running costs	31,622	43,930
General running costs (in kind)	-	13,468
Payments to partners	33,184	22,219
Programme costs	1,548	1,052
Travel	354	262
Governance costs	1,400	1,300
Other governance costs		
Independent examination		
	<u>577,033</u>	<u>583,111</u>
	<u>2023</u>	<u>2022</u>
	<u>£</u>	<u>£</u>
Restricted expenditure	488,230	488,230
Unrestricted expenditure	88,803	94,881
	<u>577,033</u>	<u>583,111</u>

## Notes to the accounts for the year ended 31 March 2023 (continued)

**8 Net income/(expenditure) for the year**

This is stated after charging/(crediting):	2023 £	2022 £
Depreciation	251	334
Independent examiner's remuneration		
- accountancy	650	600
- independent examination	750	700
	<hr/>	<hr/>

**9 Staff costs**

Staff costs during the year were as follows:

	2023 £	2022 £
Wages and salaries	427,167	410,177
Social security costs	31,625	29,273
Employers pension contributions	25,225	25,348
Staff expenses, training & recruitment	5,225	8,953
Redundancy	-	4,181
	<hr/>	<hr/>
	489,242	477,932
	<hr/>	<hr/>

No employee has employee benefits in excess of £60,000 (2022: Nil).

The average number of staff employed during the period was 27 (2022: 28).

The average full time equivalent number of staff employed during the period was 18 (2022: 18.5).

The key management personnel of the charity comprise the trustees, the CEO, the Project Development Co-ordinator, the Office Manager, the Administrator/PA to the CEO and the operations manager which was a new addition during the year. The total employee benefits of the key management personnel of the charity were £139,141 (2022: £98,257).

**10 Trustee remuneration and expenses, and related party transactions**

Neither the trustees nor any persons connected with them received any remuneration, reimbursed travel expense of £23.50 were paid during the year (2022: £22).

Aggregate donations from related parties were £nil (2022: £nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2022: nil).

# Shantona Women's & Family Centre Ltd

## Notes to the accounts for the year ended 31 March 2023 (continued)

### 11 Government grants

The government grants recognised in the accounts were as follows:

	2023	2022
	£	£
Big Lottery	162,690	133,095
Early Years NEG	94,363	69,390
Public Health	45,696	21,500
Leeds City Council - Small Projects	1,040	-
DCMS	10,000	30,000
CLLD - ESIF	18,718	37,517
	<hr/>	<hr/>
	332,507	223,985
	<hr/>	<hr/>

There were no unfulfilled conditions and contingencies attaching to the grants.

### 12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

### 13 Fixed assets: tangible assets

	Motor Vehicles £	Fixtures, equipment & toys £	Computer equipment £	Total £
<b>Cost</b>				
At 1 April 2022	23,754	37,168	23,864	84,786
Additions	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
At 31 March 2023	23,754	37,168	23,864	84,786
	<hr/>	<hr/>	<hr/>	<hr/>
<b>Depreciation</b>				
At 1 April 2022	22,751	37,168	23,864	83,783
Charge for the year	251	-	-	251
	<hr/>	<hr/>	<hr/>	<hr/>
At 31 March 2023	23,002	37,168	23,864	84,034
	<hr/>	<hr/>	<hr/>	<hr/>
<b>Net book value</b>				
At 31 March 2023	752	-	-	752
	<hr/>	<hr/>	<hr/>	<hr/>
At 31 March 2022	1,003	-	-	1,003
	<hr/>	<hr/>	<hr/>	<hr/>

# Shantona Women's & Family Centre Ltd

## Notes to the accounts for the year ended 31 March 2023 (continued)

### 14 Debtors

	2023 £	2022 £
Accrued income	1,700	10,975
Prepayments	897	897
	<hr/>	<hr/>
	2,597	11,872
	<hr/>	<hr/>

### 15 Creditors: amounts falling due within one year

	2023 £	2022 £
Other creditors and accruals	1,400	1,300
	<hr/>	<hr/>
	1,400	1,300
	<hr/>	<hr/>

### 16 Analysis of movements in restricted funds

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2023 £
The National Lottery Community Fund -					
Reaching Communities	50,203	126,270	(118,676)	-	57,797
Awards 4 All-Mental Health	-	10,000	-	-	10,000
Women's Lives Leeds	1,173	36,420	(34,537)	-	3,056
CLLD - ESIF training & employment	(8,243)	18,718	(10,475)	-	-
Global's Make Some Noise-DCMS	18,659	10,000	(28,659)	-	-
Healthy Holidays	4,000	21,712	(21,000)	-	4,712
LCC - lunch club	55	2,180	(2,235)	-	-
LCC Small Projects	-	1,040	(1,040)	-	-
LCC Youth Services	-	10,500	(10,500)	-	-
Leeds Community Foundation	-	13,429	(8,863)	-	4,566
BBC Children in Need - YSAF	-	4,988	(11,108)	-	(6,120)
BBC Children in Need - family/young people	5,382	10,496	(6,669)	-	9,209
LDVS Sanctuary Support	10,224	14,333	(28,958)	-	(4,401)
Masonic Charitable Foundation	-	32,411	-	-	32,411
NCH Welfare Milk	-	164	(164)	-	-
Public Health	-	45,696	(45,696)	-	-
LCC - in kind	-	-	-	-	-
Live Well Leeds - CBMHS	620	21,001	(20,698)	-	923
Ministry of Justice PCC	-	138,022	(138,022)	-	-
The Community Shop Trust	-	500	(500)	-	-
Small restricted donations	430	-	(430)	-	-
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	82,503	517,880	(488,230)	-	112,153
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>



# Shantona Women's & Family Centre Ltd

Notes to the accounts for the year ended 31 March 2023 (continued)

## 16 Analysis of movements in restricted funds (continued)

Previous reporting period	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
The National Lottery Community Fund -					
Reaching Communities	30,995	123,263	(104,055)	-	50,203
Women's Lives Leeds	14,953	7,132	(20,912)	-	1,173
The Brelms Trust CIO	2,241	-	(2,241)	-	-
CLLD - ESIF training & employment	(8,201)	37,517	(37,559)	-	(8,243)
Global's Make Some Noise-DCMS	-	30,000	(11,341)	-	18,659
Healthy Holidays	10,000	14,000	(20,000)	-	4,000
LCC - lunch club	525	1,984	(2,454)	-	55
Forum Central	-	6,000	(6,000)	-	-
Henry Smith	7,500	-	(7,500)	-	-
Henry Smith - Covid 19	26,506	21,850	(48,356)	-	-
BBC Children in Need - CSE	11,858	-	(11,858)	-	-
BBC Children in Need - family/young	3,392	9,998	(8,008)	-	5,382
LDVS Sanctuary Support	-	14,333	(4,109)	-	10,224
Leeds Strategic Fund	1,440	-	(1,440)	-	-
NCH Welfare Milk	-	163	(163)	-	-
Public Health-Pre School	-	15,000	(15,000)	-	-
Public Health - COVID19	-	6,500	(6,500)	-	-
Public Health - Family Health	-	9,610	(9,610)	-	-
Public Health	-	36,332	(36,332)	-	-
LCC - in kind	-	-	-	-	-
Leeds Community Foundation	30,000	-	(30,000)	-	-
Early Years NEG	-	1,125	(1,125)	-	-
Live Well Leeds - CBMHS	-	21,001	(20,381)	-	620
Ministry of Justice PCC	-	85,012	(85,012)	-	-
Small Projects - Leeds City Council	-	-	-	-	-
UK Community Foundation	20,000	-	(20,000)	-	-
Small restricted donations	670	-	(240)	-	430
<b>Total</b>	<b>151,879</b>	<b>440,820</b>	<b>(510,196)</b>	<b>-</b>	<b>82,503</b>

Name of	Description, nature and purposes of the fund
Public Health	Tackling health inequalities within Bangladeshi community.
The National Lottery Community Fund - Reaching Communities	to develop a scheme aimed at women and girls among black and minority ethnic (BME) groups in the city, to support victims of violence and educate encourage others to build resilience.
Lunch Club	to provide nutritious and healthy eating regime for the elderly.
BBC-CIN CSE	is to increase awareness and support young people to seek help and disclose about sexual exploitation they face in different situations, within a culturally sensitive environment.
BBC-CIN DV	to support children witnessing violence within family and manage issues after fleeing from domestic violence, in order to build a better family life, settle within the community and take control of their lives.

## Notes to the accounts for the year ended 31 March 2023 (continued)

**16 Analysis of movements in restricted funds (continued)**

<b>Name of</b>	<b>Description, nature and purposes of the fund</b>
Early Years	To provide 30 hours free pre-school nursery for children aged 2 & 3-4 years old.
Women's Lives Leeds	to work directly with women and girls with complex needs by providing one to one intensive support, that will take a holistic approach meeting their specific needs.
CLLD-ESIF	to develop customised support to vulnerable BAME women who often faced barriers to engage in economic activities.
Live Well Leeds	To create a safe, non-judgmental and friendly space to support BAME 16+ women with mild to moderate mental health needs
Healthy Holidays	to provide a safe and nurturing environment for young people to experience, learn and explore whilst making new friends without the financial constraints of holiday poverty.
Ministry of Justice	To develop and train existing support role (including Male) to become IDVA specific culturally aware relationships with culturally diverse communities.
Infrastructure/ Resilience Fund	to provide tailored support to local small/micro Culturally diverse ethnic minority led organisations to successfully apply for funding, that have struggled to do so due to the Covid-19 pandemic and ensure resilience through these times
LDVS Sanctuary Support	to provide support to people living in properties in safe accommodation that have a sanctuary installation through the Leeds Housing Options (LHO) managed Sanctuary Scheme and offer specialist support to those with protected characteristics whilst considering the needs of any children living within those properties.
Globals Make Some Noise	to provide young people's transition support from COVID lockdown to getting back to school.

**17 Analysis of movement in unrestricted funds**

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	As at 31 March 2023 £
General fund	253,319	103,586	(88,552)	-	268,353
Core costs, consultancy fees and project development	40,000	-	-	-	40,000
Fixed assets	1,003	-	(251)	-	752
	<hr/> 294,322	<hr/> 103,586	<hr/> (88,803)	<hr/> -	<hr/> 309,105
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

# Shantona Women's & Family Centre Ltd

## Notes to the accounts for the year ended 31 March 2023 (continued)

### 17 Analysis of movements in unrestricted funds (continued)

Previous reporting period	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	As at 31 March 2022 £
General fund	186,976	98,924	(72,581)	40,000	253,319
Core costs, consultancy fees and project development	80,000	-	-	(40,000)	40,000
Fixed assets	1,337	-	(334)	-	1,003
	<u>268,313</u>	<u>98,924</u>	<u>(72,915)</u>	<u>-</u>	<u>294,322</u>

Name of	Description, nature and purposes of the fund
Core costs, consultancy fees and project development	These funds are to make sure all policies and procedures are up to date, as well as development of Shantona's existing and new projects. Also to cover Shantona Women Centre's all redundancy and other liabilities in the event of Closure
Fixed assets	The fixed asset fund represents the net book value of fixed assets in the accounts which do not form part of free reserves and are to be used by the charity in the furtherance of its charitable objects.

### 18 Analysis of net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	-	752	-	752
Net current assets/(liabilities)	267,601	40,752	112,153	420,506
	<u>268,353</u>	<u>41,504</u>	<u>112,153</u>	<u>421,258</u>

### 19 Lease commitments

The charity had the following commitments under non-cancellable operating leases:

	Land and buildings		Equipment	
	2023 £	2022 £	2023 £	2022 £
Leases expiring in:				
One year	-	-	-	-
Two to five years	-	-	7,068	9,424

# Shantona Women's & Family Centre Ltd

Notes to the accounts for the year ended 31 March 2023 (continued)

## 20 Reconciliation of net movement in funds to net cash flow from operating activities

	2023 £	2022 £
<b>Net income/(expenditure) for the year</b>	44,433	(43,367)
<b>Adjustments for:</b>		
Depreciation charge	251	334
Loss/(profit) on sale of fixed assets	-	-
Dividends, interest and rents from investments	(598)	(179)
Decrease/(increase) in stock	-	-
Decrease/(increase) in debtors	9,275	(10,975)
Increase/(decrease) in creditors	100	100
	<hr/>	<hr/>
<b>Net cash provided by/(used in) operating activities</b>	53,461	(54,087)
	<hr/> <hr/>	<hr/> <hr/>