Shantona Women's & Family Services Ltd.

England & Wales · Charity number 1075752

Details

Other names	SHANTONA WOMENS CENTRE, Shantona Women's & Family Centre Ltd.
Status	Registered
Legal form	Charitable company
Company number	03496978
Registered	1999-05-28
Register	View on the Charity Commission register

Contact

Address	Shantona Women's & Family Services Shepherds Lane Leeds LS8 5AW
Phone	0113 2497120
Email	admin@shantona.co.uk
Website	www.shantona.co.uk

Activities

Objects: TO PROMOTE THE BENEFIT OF THE PUBLIC IN LEEDS AND THE SURROUNDING AREA BY THE ADVANCEMENT OF EDUCATION, RELIEF OF POVERTY, THE PRESERVATION AND PROTECTION OF GOOD HEALTH AND THE PROVISION OF FACILITIES FOR RECREATION AND LEISURE-TIMEOCCUPATION IN THE INTERESTS OF SOCIAL WELFARE, IN PARTICULAR BUT WITHOUT PREJUDICE TO THE FOREGOING, FOR WOMEN OF BANGLADESHI AND OTHER MINORITY ETHNIC ORIGIN.

Activities: Shantona caters for women, young people and children based in Harehills and Chapeltown areas of Leeds to fulfil their full potential. The projects include Education & training, Family support & Health, Youth Provisions, Playscheme, Early Years, Mobile Creche and childcare facilities etc.

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Classification

- **How:** Provides Other Finance, Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Amateur Sport, Environment/conservation/heritage, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** LEEDS
- Leeds City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£558,533	£589,538	£315,300	25
2024-03-31	£574,401	£649,354	£346,305	27
2023-03-31	£621,466	£577,033	£421,258	27
2022-03-31	£539,744	£583,111	£376,825	28
2021-03-31	£674,927	£549,879	£420,192	27

Trustees

Name	Role	Appointed
Ann Eveleigh	Chair	2018-12-10
Alexandra Willows		2020-07-20
Aysha Malik		2021-04-26
Dr Maria Hussain		2025-07-22
Lynne Anne GUZHA		2018-04-23
Maria Ayaz		2025-04-29
Melody Walker		2019-06-17
Susan Boalch		2019-11-04

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Shantona Women's & Family Services Ltd.

England & Wales - Charity number 1075752

Accounts

Company registered number 3496978
Registered charity number 1075752

Shantona Women's & Family Services Ltd

Financial Statements

for the year ended 31st March 2025

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Shantona Women's & Family Services Ltd

Trustees' Report for the year ended 31st March 2025

The trustees present their report and unaudited financial statements for the year ended 31st March 2025

Reference and Administrative Information

Charity name	Shantona Women's & Family Services Ltd
Charity Registration Number	1075752
Company Registration Number	3496978
Registered Office	Shepherds Lane Leeds LS8 5AW

Trustees

Ann Eveleigh	Chair
Melody Walker	Vice chair
Lynne Anne Guzha	Treasurer
Susan Boalch	
Ally Martin	
Aysha Malik	
Jazmin Khatun	resigned 16/07/2025
Sulthana Ahmed	resigned 02/07/2025
Noor Ali	joined 21/01/2025

Company Secretary

Nahid Rasool

Principal staff

Nahid Rasool	CEO

Independent Examiner

Paul Cowham MA ACA DChA
Withington Works
Withington Baths
30 Burton Road
Manchester, M20 3EB

Bankers

Unity Trust Bank
Four Brindleyplace
Birmingham
B1 2JB

Charity Bank Limited
194 High Street
Tonbridge
Kent
TN9 1BE

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Shantona Women's & Family Services Ltd

Trustees' Report
for the year ended 31 March 2025

Objectives and activities

Shantona has been operating as a limited company since January 1998 and as a registered charity since 28th May 1999. It's charitable objectives are; "To promote the benefit of women in Leeds and the surrounding area by the advancement of education, relief of poverty, the preservation and protection of good health and the provision of facilities for recreation and leisure-time occupation in the interests of social welfare, in particular but without prejudice to the foregoing, for women of Bangladeshi origin."

The name Shantona means, "Comfort" in Bengali. Established in 1998 by local Bangladeshi women, the aim of Shantona is to provide a separate, safe centre for women, children and young people.

The organisation has been operating for over 27 years and received various awards and recognition for the strengths, achievements and benefits to the community. Shantona played an incredibale role to support the most vulnerable and difficult to reach culturally diverse community who were facing many disadvantages, which includes escalation of violence, through out the pandamic, mental health and other health issues, on top of existing inequalities.

Shantona's diverse team reaches out to isolated women, building trusting relationships and empowering culturally diverse women and families to be confident, independent and resilient, to tackle inequality and to participate in programmes to improve community cohesion.

Shantona is highly regarded as a specialist organisation providing culturally sensitive support to culturally diverse communities and over many years has developed resources to support communities, as well as professionals to adopt culturally sensitive services. The Organisation challenges inequalities, discrimination and poor cultural practice. We address issues such as domestic abuse (DV), Child Sexual Exploitation (CSE), Mental health and health and wellbeing provision to support the culturally diverse communities. Through our work, women and girls have developed leadership skills and have become empowered to influence and challenge culturally sensitive issues within their community which would otherwise remain hidden and go unreported. As a result, women are now sharing their experiences around domestic abuse and child sexual exploitation publicly and influencing faith groups including mosques.

In order to meet the needs of community our services have expanded and we are now using various other premises to meet the demand. Shantona continues to look for larger premises, suitable to support vulnerable women and their families.

Shantona's services over the year include:

Domestic Violence (DV) Support: Supporting Culturally diverse women and girls who are facing abuse including; domestic (mental, physical, emotional abuse), forced marriage, honour based violence, Child Sexual Exploitation and isolation resulting from divorce or marriage or relation breakdown.

Healthcare Provision – Working with culturally diverse women, children and young people to address health inequality, promoting healthy life-styles, easing access to health services and meeting the health-related recreational needs of the community.

Mental Health – To create a safe, non-judgemental and friendly space to support culturally diverse 16+ women with mild to moderate mental health needs.

Child Sexual Exploitation (CSE) - increasing awareness and supporting young people to seek help and disclose any sexual exploitation they face within a culturally sensitive environment.

Older Peoples Project - creating opportunities for women aged 50+ (mainly from the South Asian Community) to meet new people, build friendships, socialise and obtain emotional support.

Community Cohesion Project - to build community resilience; protect vulnerable people who due to isolation, inequality and feeling oppressed within the community and wider society are at higher risk of developing extreme views. To focus on issues such as cohesion and integration, empowerment and women's rights, voice and leadership,

DARS Complex Needs – working directly with women and girls with complex needs, providing one to one intensive support, and taking a holistic approach to meet their specific needs.

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Training & Development – to develop customised support to vulnerable culturally diverse women who often faced barriers to engage in economic activities. The project supports them to realise and value of their potential and progress into self-employment pathways.

IDVA/ISVA – we have trained six staff members to become specialist advisers to provide specific support to culturally diverse communities.

LDVS Sanctuary Support – to provide support to people living in properties in safe accommodation that have a sanctuary installation through the Leeds Housing Options (LHO) managed Sanctuary Scheme and offer specialist support to those with protected characteristics whilst considering the needs of any children living within those properties.

Youth Club - working with young people to facilitate their personal, social and educational development and supporting them during their period of transition from dependence to independence.

Early Years Provision: providing 30 hours free pre-school nursery education to children aged 2 and 3-4 years, by bilingual staff who have a good knowledge and understanding of the local communities' needs. This year we have achieved outstanding by Ofsted.

Community Minibus: Shantona runs a community minibus for the community that it serves. The minibus has been vital for engaging local women, children and young people and enabling them to take part in wider activities, including educational, social & recreational trips, holiday scheme outings, nature walks etc.

Role and Contribution of Volunteers:
Over the past year Shantona has benefitted from a team of 17 volunteers ensuring that we were able to deliver our services effectively. Our volunteers have actively contributed as part of the Health, Young People's Services and DV project.

Achievements and performance

Over the years Shantona has provided unique services, not only to overcome barriers to access services, but also to help people become independent. At the same time we are challenging the bad practices of cultural norm.

From being a small community organization, providing social and recreational activities for the Bangladeshi community with the focus on a particular geographical area of Leeds, it is now catering for people from various ethnically diverse communities. By advocating and meeting the needs of our target group, we hope to benefit the whole of society by encouraging integration and community cohesion and reducing inequality.

The trustees confirm that they have paid due regard to Charity Commission guidance on public benefit in deciding what activities the charity should undertake.

Financial review

Shantona has again been successful in attracting funding from various sources.
It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year. The charity has designated funds amounting to £122,303 which have been set aside out of unrestricted funds for specific purposes. Note 17 provides further details of the purpose of these funds.

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Plans for future periods

Shantona is continuously striving as an organisation, we have developed our resources and staff has adopted, extended and changed to cater for the ever growing complex needs of the community. Our continued commitment to excellence involves our community co-production strategy to always work at the heart of the reported needs of the community. Last few years Shantona has been established as a place, which is trusted and accessed by the culturally diverse communities, at the same time we are influencing leaders and policy manaker to improve changes in services to remove barriers for them. We are working closely with women and girls alliances, Orion partners and others to develop new strategies for women centre approaches in Leeds.

Shantona has successfully secured over £1 million in Community Ownership Fund (COF), and the Clothworkers Foundation funding to purchase and renovate a building in Harehills, creating *A Community Haven* for vulnerable women and girls. This new space will enable us to provide multiple, integrated services under one roof.

Future plans include:

- As part of the growing organisation, we need to have appropriate staff and management structures to maintain the new asset and build a long-term sustainable future for the organisation.
- Work with extended partners to improve service delivery within the new venue.
- Establishing better succession plan for all major posts.
- Continue to develop our specialist services for culturally diverse communities, who are facing inequalities in all walks of their lives.
- Continuing to raise awareness around violence against women and girls and producing resources.
- Strengthen the services for women centre under the one roof, where women and girls feels safe to access.
- Carrying out research and developing further services to meet the needs of the community and dealing with new emerging issues.
- Increasing the amount of young people's provision including CSE, ISVA
- Giving local young people the tools to bring pride in where they live and influence leadership.
- Involvement in further partnerships with various domestic violence projects by bringing an integrated approach, to tackle various issues around DV and CSE; our joint approach will be citywide to increase working with people who are not reporting violence, as well as working on child sexual exploitation through a targeted support service with Safer Leeds and the Domestic Violence Forum.
- Explore options for development of the service through usage of different premises and exploring alternative premises to enhance and expand current services.

Structure, governance and management

The charity is a company limited by guarantee and registered as a charity on 28 May 1999. The charitable company was established under a Memorandum of Association which established its objects and powers and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year were:
Lynne Anne Guzha
Ann Eveleigh
Melody Walker
Susan Boalch
Ally Martin
Aysha Malik
Sulthana Ahmed
Jazmin Khatun
Noor Ali

Under the requirements of the Memorandum and Articles of Association the members of the Management Committee shall comprise of no more than twenty members of the community elected at the annual general meeting and shall meet at least six times each year. The company has created structures to ensure that there are agreed roles for members. The members of the board have managerial and business acumen, an understanding of the needs of the local community and awareness of local issues as well as an understanding of the requirements of charity law.

The Management Committee of the company has the power to determine applications for membership, and responsibility for the strategic direction and proper running of the charity.

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Recruitment and appointment of Trustees
Board of Trustees are recruited through advertising and via networking, interviewed by the Chair and CEO prior to joining. Members are elected at the annual general meeting and may be co-opted at other times.

Introduction and training of Trustees
New Trustees complete a skills audit and receive a comprehensive induction session with the CEO, as well as receiving a Management Committee Handbook. Trustees are encouraged to attend annual away days and to observe Shantona's services.Trustees are offered training in various areas inorder to fulfill their roles.

Day to day management is delegated to the following key personnel: -

Nahid Rasool (CEO): manages and develops staff, finance, premises and other resources of Shantona in collaboration with the Management Committee. Responsible for ensuring and facilitating the participation of service users and ensuring a high professional profile for the Centre's work with relevant agencies, commissioners and other stake holders.

Harpreet Dosanjh (Office Manager): deals with PAYE, book-keeping, managing the bank accounts, providing yearly financial information for the independent examination, evaluating user information for monitoring purposes and gathering information required by funders or partner organisations.

Ashia Akhtar (Administrator/PA to Director): Day to day administration of the centre and being the first point of contact for the organisation and service users via the telephone and face to face.

Diane Law (Project Development Co-ordinator): to work with the senior management team to support the improvement in the provision, practice, and performance of the workplace to maintain existing quality standard marks and work towards new ones. And to assist the CEO in generating income through commissioning processes and the submission of grant funding applications.

Bilquis Afzal (Facilities & Project Manager): to play a crucial role in shaping the future of Shantona by leading the transition into our new premises, development and implementation of operational policies and procedures, ensuring efficiency and effectiveness in our day-to-day activities and driving forward, generating income to sustain, managing assets of the organisation and our long-term strategic goals.
To provide leadership, management, and support for the CEO and staff delivering Community services.

None of the trustees has any beneficial interest in the company. All the trustees are members of the company and guarantee to contribute no more than £1 in the event of a winding up.

Risk Factors
The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

Company status
The company is limited by guarantee and all members have agreed to contribute a sum not exceeding £1 in the event of a winding-up. The number of guarantees at 31st March 2025 was 7.

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Statement of trustee responsibilities
The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and the income and expenditure of the charitable company for that period. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose at any time the financial position of the charitable company and to enable it to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees, who are directors for the purposes of company law, who served during the year and up to the date of this report are set out on page 1.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the provisions applicable to companies' subject to the small companies' regime of the Companies Act 2006.

Approved by the trustees and signed on their behalf by:

AP Eveleigh
..... Signed

Ann Eveleigh
..... Name

22 July 2025
..... Date

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Independent Examiner's Report to the Trustees of

Shantona Women's & Family Services Ltd

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Cowham

Paul Cowham FCA DChA
Withington Works
Withington Baths
30 Burton Road
Manchester, M20 3EB

Date 24/7/2025

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Shantona Women's & Family Services Ltd

Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2025

	Note	Unrestricted funds £	Restricted funds £	Total funds 2025 £	*Total funds 2024 £*
Income					
Donations and legacies	3	3,109	-	3,109	*3,976*
Charitable activities	4	107,976	432,498	540,474	*561,495*
Fees and other income	5	13,207	-	13,207	*7,485*
Investments	6	1,743	-	1,743	*1,445*
Total income		**126,035**	**432,498**	**558,533**	***574,401***
Expenditure					
Raising funds	-	-	-	-	-
Charitable activities	7	153,164	436,374	589,538	*649,354*
Total expenditure		**153,164**	**436,374**	**589,538**	***649,354***
Net income/(expenditure) for the year	8	**(27,129)**	**(3,876)**	**(31,005)**	***(74,953)***
Transfer between funds		-	-	-	-
Net movement in funds for the year		**(27,129)**	**(3,876)**	**(31,005)**	***(74,953)***
Reconciliation of funds					
Total funds brought forward		319,471	26,834	346,305	*421,258*
Total funds carried forward		**292,342**	**22,958**	**315,300**	***346,305***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

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Shantona Women's & Family Services Ltd
Company number 3496978

Balance sheet as at 31 March 2025

	Note	2025		*2024*	
		£	£	£	£
Fixed assets					
Tangible assets	13		2,318		*564*
Total fixed assets			**2,318**		***564***
Current assets					
Debtors	14	6,164		*20,181*	
Cash at bank and in hand		308,318		*326,960*	
Total current assets		**314,482**		***347,141***	
Liabilities					
Creditors: amounts falling due in less than one year	15	(1,500)		*(1,400)*	
Net current assets			**312,982**		***345,741***
Total assets less current liabilities			315,300		*346,305*
Net assets			**315,300**		***346,305***
Funds of the charity					
Restricted income funds	16		22,958		*26,834*
Unrestricted income funds	17		292,342		*319,471*
Total charity funds			**315,300**		***346,305***

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 11 to 23 form part of these accounts.

Approved by the trustees on 22 July 2025 and signed on their behalf by:

Lynne Guzha
Name

L Guzha

Signature

Ann Eveleigh
Name

AP Eveleigh

Signature

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Shantona Women's & Family Services Ltd

Statement of Cash Flows
for the year ending 31 March 2025

	Note	2025 £	*2024* *£*
Cash provided by/(used in) operating activities	20	**(18,490)**	***(93,794)***
Cash flows from investing activities:			
Bank interest		1,743	*1,445*
Proceeds from sale of tangible fixed assets		-	-
Purchase of tangible fixed assets		-	-
Proceeds from sale of investments		-	-
Purchase of investments		-	-
Cash provided by/(used in) investing activities		**1,743**	***1,445***
Cash flows from financing activities:			
Repayment of borrowing		-	-
Cash inflows from new borrowing		-	-
Cash provided by/(used in) financing activities		**-**	**-**
Increase/(decrease) in cash and cash equivalents in the year		(16,747)	*(92,349)*
Cash and cash equivalents at the beginning of the year		326,960	*419,309*
Cash and cash equivalents at the end of the year		**310,213**	***326,960***

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1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Shantona Women's & Family Services Ltd meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required. No such restatement was required.

c Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.
There are no key judgments which the trustees have made which have a significant effect on the accounts.
The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

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d Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

e Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

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g Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

h Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £2,500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Motor vehicles:	25% reducing balance
Fixtures equipment and toys	15% straight line
Computer equipment:	33% straight line

m Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

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O Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

P Pensions

Employees of the charity are entitled to join the charity's defined contribution workplace pension scheme. The charity's liability to the scheme is restricted to the contributions disclosed in note 9, subject to the minimum legal requirement.

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2025 £	*Total 2024 £*
Donations	3,109	-	3,109	*3,976*
Total	3,109	-	3,109	*3,976*
Total by fund 31 March 2024	*3,976*	-	*3,976*	

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4 Income from charitable activities

	Unrestricted £	Restricted £	Total 2025 £	*Unrestricted £*	*Restricted £*	*Total 2024 £*
Grants						
The National Lottery Community Fund	-	108,835	108,835	-	*85,481*	*85,481*
BBC Children in Need CSE	-	12,000	12,000	-	-	-
Best practice network	-	-	-	-	*7,000*	*7,000*
Leeds Community Foundation - Healthy Holidays	-	-	-	-	*15,288*	*15,288*
Early Years NEG	105,476	-	105,476	*97,167*	-	*97,167*
Public Health	-	38,527	38,527	-	*38,527*	*38,527*
Forum Central	-	10,000	10,000	-	*5,000*	*5,000*
Groundwork UK	-	20,000	20,000	-	-	-
Complex Needs Community Fund	-	37,290	37,290	-	-	-
Youth Social Action Fund - CIN	-	-	-	-	*44,891*	*44,891*
Leeds City Council - Youth Services	-	-	-	-	*15,000*	*15,000*
Leeds City Council - Public Health	-	-	-	-	*226*	*226*
Leeds City Council - Small Projects	-	300	300	-	*150*	*150*
LCC Community Committee	-	5,000	5,000	-	-	-
Live well Leeds	-	20,869	20,869	-	*22,201*	*22,201*
Lloyds Bank Foundation	2,500	-	2,500	*50,000*		*50,000*
Locality	-		-	-	*10,000*	*10,000*
Ministry of Justice PCC	-	130,746	130,746	-	*130,746*	*130,746*
Lunch club	-	1,816	1,816	-	*2,342*	*2,342*
Sport England	-	6,400	6,400	-	-	-
Leeds Community Foundation	-	8,920	8,920	-	-	-
LDVS Sanctuary	-	31,288	31,288	-	*36,980*	*36,980*
NCH Welfare milk	-	507	507	-	*242*	*242*
Small Grants	-	-	-	-	*254*	*254*
Total	107,976	432,498	540,474	*147,167*	*414,328*	*561,495*

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5 Fees and other income

	Unrestricted £	Restricted £	2025 £	*2024 £*
User contributions	1,296	-	1,296	*1,728*
Childcare	8,367	-	8,367	*5,032*
Other income	3,544	-	3,544	*725*
	13,207	-	13,207	*7,485*

All income from fees and trading is unrestricted (as with the comparative figures)

6 Investment income

	Unrestricted £	Restricted £	2025 £	*2024 £*
Income from bank deposits	1,743	-	1,743	*1,445*
	1,743	-	1,743	*1,445*

All of the charity's investment income arises from money held in interest bearing deposit accounts. All investment income is unrestricted.

7 Analysis of expenditure on charitable activities

	Total 2025 £	*Total 2024 £*
Staff costs	501,591	*535,559*
Depreciation	141	*188*
Premises costs	18,188	*33,528*
General running costs	23,308	*47,053*
General running costs (in kind)	-	-
Legal and professional a costs	21,901	-
Programme costs	21,003	*29,827*
Travel	1,806	*1,531*
Governance costs		
Other governance costs	100	*268*
Independent examination	1,500	*1,400*
	589,538	649,354

	2025 £	*2024 £*
Restricted expenditure	436,374	*436,374*
Unrestricted expenditure	153,164	*212,980*
	589,538	*649,354*

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8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2025 £	*2024 £*
Depreciation	141	*188*
Independent examiner's remuneration		
- accountancy	700	*650*
- independent examination	800	*750*

9 Staff costs

Staff costs during the year were as follows:

	2025 £	*2024 £*
Wages and salaries	444,521	*466,656*
Social security costs	26,889	*33,984*
Employers pension contributions	21,980	*27,020*
Staff expenses, training & recruitment	3,691	*4,849*
Redundancy	4,510	*3,050*
	501,591	*535,559*

No employee has employee benefits in excess of £60,000 (2024: Nil).

The average number of staff employed during the period was 25 (2024: 26.4).
The average full time equivalent number of staff employed during the period was 18 (2024: 19).

The key management personnel of the charity comprise the trustees, the CEO, the Project Development Co-ordinator, the Office Manager, the Administrator/PA to the CEO. and the Facilities and Project Manager The total employee benefits of the key management personnel of the charity were £131,641 (2024: £113,936).

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received any remuneration, reimbursed travel expense of £36.07 were paid during the year (2024: £60.97).

Aggregate donations from related parties were £nil (2024: £nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2024: nil).

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11 Government grants

The government grants recognised in the accounts were as follows:

	2025	*2024*
	£	*£*
Early Years NEG	105,476	*97,167*
Public Health	38,527	*38,527*
Leeds City Council	*300*	*15,150*
LDVS Sanctuary	*31,288*	*36,980*
Ministry of Justice PCC	*130,746*	*130,746*
	306,337	*150,844*

There were no unfulfilled conditions and contingencies attaching to the grants.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets: tangible assets

Cost	Land & Buildings £	Motor Vehicles £	Fixtures, equipment & toys £	Computer equipment £	Total £
At 1 April 2024	-	23,754	37,168	23,864	84,786
Additions	1,895	-	-	-	1,895
At 31 March 2025	1,895	23,754	37,168	23,864	86,681
Depreciation					
At 1 April 2024	-	23,190	37,168	23,864	84,222
Charge for the year	-	141	-		141
At 31 March 2025	-	23,331	37,168	23,864	84,363
Net book value					
At 31 March 2025	1,895	423	-	-	2,318
At 31 March 2024	*-*	*564*	*-*	*-*	*564*

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14 Debtors

	2025 £	*2024 £*
Accrued income	5,267	*19,284*
Prepayments	897	*897*
	6,164	*20,181*

15 Creditors: amounts falling due within one year

	2025 £	*2024 £*
Other creditors and accruals	1,500	*1,400*
	1,500	*1,400*

16 Analysis of movements in restricted funds

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2025 £
The National Lottery Community Fund - Reaching Communities	9,834	108,835	(105,110)	-	13,559
BBC Children in Need - CSE	-	12,000	(150)	-	11,850
Best Prectice Network Childcare	7,000	-	(7,000)	-	-
Community Ownership Fund	-	-	(8,251)	-	(8,251)
Women's Lives Leeds	-			-	-
Complex Needs Community Fund	-	37,290	(37,290)	-	-
Forum central	-	10,000	(10,000)	-	-
Groundwork UK	-	20,000	(20,000)	-	-
LCC Community Committee	-	5,000	(5,000)	-	-
LCC - lunch club	-	1,816	(1,816)	-	-
LCC Small Projects	-	300	(135)	-	165
Leeds Community Foundation	-	8,920	(8,920)		-
Locality	10,000		(10,000)	-	-
LDVS Sanctuary Support	-	31,288	(31,288)	-	-
Ministry of Justice PCC	-	130,746	(130,746)	-	-
NCH Welfare Milk	-	507	(507)	-	-
Public Health	-	38,527	(38,527)	-	-
Live Well Leeds - CBMHS	-	20,869	(20,869)	-	-
Sport England	-	6,400	(765)	-	5,635
	26,834	432,498	(436,374)	-	22,958

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16 Analysis of movements in restricted funds (continued)

Previous reporting period	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
The National Lottery Community Fund - Reaching Communities	*57,797*	*54,257*	*(102,220)*	-	*9,834*
Awards 4 All-Mental Health	*10,000*		*(10,000)*	-	-
Best Prectice Network Childcare	-	*7,000*	-	-	*7,000*
Women's Lives Leeds	*3,056*	*31,224*	*(34,280)*		-
CLLD - ESIF training & employment	-			-	-
Forum central	-	*5,000*	*(5,000)*		-
Global's Make Some Noise-DCMS	-			-	-
Healthy Holidays	*4,712*	*15,288*	*(20,000)*		-
LCC - lunch club	-	*2,342*	*(2,342)*	-	-
LCC Small Projects	-	*254*	*(254)*		-
LCC Youth Services	-	*15,000*	*(15,000)*	-	-
Leeds Community Foundation	*4,566*		*(4,566)*	-	-
Locality	-	*10,000*	-		*10,000*
BBC Children in Need - YSAF	*(6,120)*	*44,891*	*(38,771)*		-
BBC Children in Need - family/young	*9,209*		*(9,209)*	-	-
LDVS Sanctuary Support	*(4,401)*	*36,980*	*(32,579)*	-	-
Masonic Charitable Foundation	*32,411*	-	*(32,411)*	-	-
NCH Welfare Milk	-	*242*	*(242)*	-	-
Public Health	-	*38,753*	*(38,753)*	-	-
Live Well Leeds - CBMHS	*923*	*22,201*	*(23,124)*	-	-
Ministry of Justice PCC	-	*130,746*	*(130,746)*	-	-
Small Projects - Leeds City Council	-	*150*	*(150)*	-	-
Total	*112,153*	*414,328*	*(499,647)*	-	*26,834*

Name of	Description, nature and purposes of the fund
Public Health	Tackling health inequalities within Bangladeshi community.
The National Lottery Community Fund - Reaching Communities	to develop a scheme aimed at women and girls among black and minority ethnic (BME) groups in the city, to support victims of violence and educate encourage others to build resilience.
Lunch Club	to provide nutritious and healthy eating regime for the elderly.

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16 Analysis of movements in restricted funds (continued)

Name of	Description, nature and purposes of the fund
Early Years	To provide 30 hours free pre-school nursery for children aged 2 & 3-4 years old.
Women's Lives Leeds	to work directly with women and girls with complex needs by providing one to one intensive support, that will take a holistic approach meeting their specific needs.
Live Well Leeds	To create a safe, non-judgmental and friendly space to support BAME 16+ women with mild to moderate mental health needs
Healthy Holidays	to provide a safe and nurturing environment for young people to experience, learn and explore whilst making new friends without the financial constraints of holiday poverty.
Ministry of Justice	To develop and train existing support role (including Male) to become IDVA specific culturally aware relationships with culturally diverse communities.
Infrastructure/ Resilience Fund	to provide tailored support to local small/micro Culturally diverse ethnic minority led organisations to successfully apply for funding, that have struggled to do so due to the Covid-19 pandemic and ensure resilience through these times
LDVS Sanctuary Support	to provide support to people living in properties in safe accommodation that have a sanctuary installation through the Leeds Housing Options (LHO) managed Sanctuary Scheme and offer specialist support to those with protected characteristics whilst considering the needs of any children living within those properties.

17 Analysis of movement in unrestricted funds

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers £	As at 31 March 2025 £
General fund	278,907	126,035	(153,023)	(81,880)	170,039
Core costs, consultancy fees and project development	40,000	-	-	(40,000)	-
Fixed assets	564	-	(141)	1,895	2,318
Building fund	-	-	-	119,985	119,985
	319,471	126,035	(153,164)	-	292,342

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17 Analysis of movements in unrestricted funds (continued)

Previous reporting period	*Balance at 1 April 2023* £	*Income* £	*Expenditure* £	*Transfers* £	*As at 31 March 2024* £
General fund	*268,353*	*160,073*	*(149,519)*	*-*	*278,907*
Core costs, consultancy fees and	*40,000*	*-*	*-*	*-*	*40,000*
Fixed assets	*752*	*-*	*(188)*	*-*	*564*
	309,105	*160,073*	*(149,707)*	*-*	*319,471*

Name of	Description, nature and purposes of the fund
Core costs, consultancy fees and project development	These funds are to make sure all policies and procedures are up to date, as well as development of Shantona's existing and new projects. Also to cover Shantona Women Service's redundancy and other liabilities in the event of Closure
Fixed assets	The fixed asset fund represents the net book value of fixed assets in the accounts which do not form part of free reserves and are to be used by the charity in the furtherence of it's charitable objects.
Building fund	This fund represents the current predicted shortfall on the purchase of a building by the charity, which is due to happen later in 2025. Most of the funds for the purchase have already been secured, and the trustees are optimistic that the charity will be able to raise additional funding to cover at least part of this shortfall.

18 Analysis of net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	-	2,318	-	2,318
Net current assets/(liabilities)	170,039	119,985	22,958	312,982
Total	170,039	122,303	22,958	315,300

19 Lease commitments

The charity had the following commitments under non-cancellable operating leases:

	Land and buildings		Equipment	
	2025 £	*2024* £	2025 £	*2024* £
Leases expiring in:				
One year	-	-	1,899	-
Two to five years	-	-	6,295	4,712

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20 Reconciliation of net movement in funds to net cash flow from operating activities

	2025 £	*2024* *£*
Net income/(expenditure) for the year	(31,005)	*(74,953)*
Adjustments for:		
Depreciation charge	141	*188*
Loss/(profit) on sale of fixed assets	-	-
Dividends, interest and rents from investments	(1,743)	(1,445)
Decrease/(increase) in stock	-	-
Decrease/(increase) in debtors	14,017	*(17,584)*
Increase/(decrease) in creditors	100	-
Net cash provided by/(used in) operating activities	(18,490)	*(93,794)*

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Shantona Women's & Family Services Ltd.

England & Wales - Charity number 1075752

Accounts

Company registered number 3496978
Registered charity number 1075752

Shantona Women's & Family Services Ltd

Financial Statements

for the year ended 31st March 2024

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Shantona Women's & Family Services Ltd

Trustees' Report for the year ended 31st March 2024

The trustees present their report and unaudited financial statements for the year ended 31st March 2024

Reference and Administrative Information

Charity name	Shantona Women's & Family Services Ltd
Charity Registration Number	1075752
Company Registration Number	3496978
Registered Office	Shepherds Lane Leeds LS8 5AW

Trustees

Ann Eveleigh	Chair
Melody Walker	Vice chair
Lynne Anne Guzha	Treasurer
Susan Boalch	
Ally Martin	
Aysha Malik	
Jazmin Khatun	Joined on 06/11/2023
Sulthana Ahmed	

Company Secretary

Nahid Rasool

Principal staff

Nahid Rasool	CEO

Independent Examiner

Paul Cowham MA FCA DChA
Withington Works
Withington Baths
30 Burton Road
Manchester, M20 3EB

Bankers

Unity Trust Bank
Four Brindleyplace
Birmingham
B1 2JB

Charity Bank Limited
194 High Street
Tonbridge
Kent
TN9 1BE

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Shantona Women's & Family Services Ltd

Trustees' Report
for the year ended 31 March 2024

Objectives and activities

Shantona has been operating as a limited company since January 1998 and as a registered charity since 28th May 1999. It's charitable objectives are; "To promote the benefit of women in Leeds and the surrounding area by the advancement of education, relief of poverty, the preservation and protection of good health and the provision of facilities for recreation and leisure-time occupation in the interests of social welfare, in particular but without prejudice to the foregoing, for women of Bangladeshi origin."

The name Shantona means, "Comfort" in Bengali. Established in 1998 by local Bangladeshi women, the aim of Shantona is to provide a separate, safe centre for women, children and young people.

The organisation has been operating for over 26 years and received various awards and recognition for the strengths, achievements and benefits to the community. Through out the pandamic, Shantona played an incredibale role to support the most vulnerable and difficult to reach culturally diverse community who were facing many disadvantages, which includes escalation of violence, mental health and other health issues, on top of existing inequalities.

Shantona's diverse team reaches out to isolated women, building trusting relationships and empowering culturally diverse women and families to be confident, independent and resilient, to tackle inequality and to participate in programmes to improve community cohesion.

Shantona is highly regarded as a specialist organisation providing culturally sensitive support to culturally diverse communities and over many years has developed resources to support communities, as well as professionals to adopt culturally sensitive services. The Organisation challenges inequalities, discrimination and poor cultural practice. We address issues such as domestic abuse (DV), Child Sexual Exploitation (CSE), Mental health and health and wellbeing provision to support the culturally diverse communities. Through our work, women and girls have developed leadership skills and have become empowered to influence and challenge culturally sensitive issues within their community which would otherwise remain hidden and go unreported. As a result, women are now sharing their experiences around domestic abuse and child sexual exploitation publicly and influencing faith groups including mosques.

In order to meet the needs of community our services have expanded and we are now using various other premises to meet the demand. Shantona continues to look for larger premises, suitable to support vulnerable women and their families.

Shantona's services over the year include:

Domestic Violence (DV) Support: Supporting Culturally diverse women and girls who are facing abuse including; domestic (mental, physical, emotional abuse), forced marriage, honour based violence, Child Sexual Exploitation and isolation resulting from divorce or marriage breakdown.

Healthcare Provision – Working with culturally diverse women, children and young people to address health inequality, promoting healthy life-styles, easing access to health services and meeting the health-related recreational needs of the community.

Mental Health – To create a safe, non-judgemental and friendly space to support culturally diverse 16+ women with mild to moderate mental health needs.

Child Sexual Exploitation (CSE) - increasing awareness and supporting young people to seek help and disclose any sexual exploitation they face within a culturally sensitive environment.

Older Peoples Project - creating opportunities for women aged 50+ (mainly from the South Asian Community) to meet new people, build friendships, socialise and obtain emotional support.

Community Cohesion Project - to build community resilience; protect vulnerable people who due to isolation, inequality and feeling oppressed within the community and wider society are at higher risk of developing extreme views. To focus on issues such as cohesion and integration, empowerment and women's rights, voice and leadership,

WLL Complex Needs – working directly with women and girls with complex needs, providing one to one intensive support, and taking a holistic approach to meet their specific needs.

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Training & Development – to develop customised support to vulnerable culturally diverse women who often faced barriers to engage in economic activities. The project supports them to realise and value of their potential and progress into self-employment pathways.

IDVA/ISVA – we have trained six staff members to become specialist advisers to provide specific support to culturally diverse communities.

Infrastructure/Resilience Fund - to provide tailored support to local small/micro Culturally diverse ethnic minority led organisations to successfully apply for funding, that have struggled to do so due to the Covid-19 pandemic and ensure resilience through these times.

LDVS Sanctuary Support – to provide support to people living in properties in safe accommodation that have a sanctuary installation through the Leeds Housing Options (LHO) managed Sanctuary Scheme and offer specialist support to those with protected characteristics whilst considering the needs of any children living within those properties.

Youth Club - working with young people to facilitate their personal, social and educational development and supporting them during their period of transition from dependence to independence.

Early Years Provision: providing 30 hours free pre-school nursery education to children aged 2 and 3-4 years, by bilingual staff who have a good knowledge and understanding of the local communities' needs.

Community Minibus: Shantona runs a community minibus for the community that it serves. The minibus has been vital for engaging local women, children and young people and enabling them to take part in wider activities, including educational, social & recreational trips, holiday scheme outings, nature walks etc.

Role and Contribution of Volunteers:
Over the past year Shantona has benefitted from a team of 10 volunteers ensuring that we were able to deliver our services effectively. Our volunteers have actively contributed as part of the Health, Young People's Services and DV project.

Achievements and performance

Over the years Shantona has provided unique services, not only to overcome barriers to access services, but also to help people become independent. At the same time we are challenging the bad practices of cultural norm.From being a small community organization, providing social and recreational activities for the Bangladeshi community with the focus on a particular geographical area of Leeds, it is now catering for people from various ethnically diverse communities. By advocating and meeting the needs of our target group, we hope to benefit the whole of society by encouraging integration and community cohesion and reducing inequality.

The trustees confirm that they have paid due regard to Charity Commission guidance on public benefit in deciding what activities the charity should undertake.

Financial review

Shantona has again been successful in attracting funding from various sources.
It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year. The charity has designated funds amounting to £40,000, which have been set aside out of unrestricted funds for specific purposes. Note 17 provides further details of the purpose of these funds.

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Plans for future periods

Shantona is continuously striving as an organisation, we have developed our resources and staff has adopted, extended and changed to cater for the ever growing complex needs of the community. Our continued commitment to excellence involves our community co-production strategy to always work at the heart of the reported needs of the community. Last few years Shantona has been established as a place, which is trusted and accessed by the culturally diverse communities, at the same time we are influencing leaders and policy manaker to improve changes in services to remove barriers for them. We are working closely with women and girls alliances, Orion partners and others to develop new strategies for women centre approaches in Leeds.

Future plans include:

- Continue to develop our specialist services for culturally diverse communities, who are facing inequalities in all walks of their lives.
- Continuing to raise awareness around violence against women and girls and producing resources.
- Development of women centre under the one roof, where women and girls feel safe to access.
- Carrying out research and developing further services to meet the needs of the community and dealing with new emerging issues.
- Increasing the amount of young people's provision including CSE, ISVA
- Giving local young people the tools to bring pride in where they live and influence leadership.
- Involvement in further partnerships with various domestic violence projects by bringing an integrated approach, to tackle various issues around DV and CSE; our joint approach will be citywide to increase working with people who are not reporting violence, as well as working on child sexual exploitation through a targeted support service with Safer Leeds and the Domestic Violence Forum.
- Explore options for development of the service through usage of different premises and exploring alternative premises to enhance and expand current services.

Structure, governance and management

The charity is a company limited by guarantee and registered as a charity on 28 May 1999. The charitable company was established under a Memorandum of Association which established its objects and powers and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Lynne Anne Guzha
Ann Eveleigh
Melody Walker
Susan Boalch
Ally Martin
Aysha Malik
Tayba Azim
Sulthana Ahmed
Jazmin Khatun

Under the requirements of the Memorandum and Articles of Association the members of the Management Committee shall comprise of no more than twenty members of the community elected at the annual general meeting and shall meet at least six times each year. The company has created structures to ensure that there are agreed roles for members. The members of the board have managerial and business acumen, an understanding of the needs of the local community and awareness of local issues as well as an understanding of the requirements of charity law.

The Management Committee of the company has the power to determine applications for membership, and responsibility for the strategic direction and proper running of the charity.

Recruitment and appointment of Trustees

Board of Trustees are recruited through advertising and via networking, interviewed by the Chair and CEO prior to joining. Members are elected at the annual general meeting and may be co-opted at other times.

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Shantona Women's & Family Services Ltd

Trustees' Report
for the year ended 31 March 2024

Introduction and training of Trustees
New Trustees complete a skills audit and receive a comprehensive induction session with the CEO, as well as receiving a Management Committee Handbook. Trustees are encouraged to attend annual away days and to observe Shantona's services.Trustees are offered training in various areas inorder to fulfill their roles.

Day to day management is delegated to the following key personnel: -

Nahid Rasool (CEO): manages and develops staff, finance, premises and other resources of Shantona in collaboration with the Management Committee. Responsible for ensuring and facilitating the participation of service users and ensuring a high professional profile for the Centre's work with relevant agencies, commissioners and other stake holders.

Harpreet Dosanjh (Office Manager): deals with PAYE, book-keeping, managing the bank accounts, providing yearly financial information for the independent examination, evaluating user information for monitoring purposes and gathering information required by funders or partner organisations.

Ashia Akhtar (Administrator/PA to Director): Day to day administration of the centre and being the first point of contact for the organisation and service users via the telephone and face to face.

Diane Law (Project Development Co-ordinator): to work with the senior management team to support the improvement in the provision, practice, and performance of the workplace to maintain existing quality standard marks and work towards new ones. And to assist the CEO in generating income through commissioning processes and the submission of grant funding applications.

None of the trustees has any beneficial interest in the company. All the trustees are members of the company and guarantee to contribute no more than £1 in the event of a winding up.

Risk Factors
The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

Company status
The company is limited by guarantee and all members have agreed to contribute a sum not exceeding £1 in the event of a winding-up. The number of guarantees at 31st March 2024 was 8.

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Statement of trustee responsibilities
The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and the income and expenditure of the charitable company for that period. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose at any time the financial position of the charitable company and to enable it to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees, who are directors for the purposes of company law, who served during the year and up to the date of this report are set out on page 1.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the provisions applicable to companies' subject to the small companies' regime of the Companies Act 2006.

Approved by the trustees and signed on their behalf by:

AP Eveleigh
..... Signed

Ann Eveleigh
…….. Name

16 July 2024
..... Date

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Independent Examiner's Report to the Trustees of

Shantona Women's & Family Services Ltd

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or

2. the accounts do not accord with those records; or

3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or

4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Cowham

Paul Cowham FCA DChA
Withington Works
Withington Baths
30 Burton Road
Manchester, M20 3EB

Date 31/7/24 ……

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Shantona Women's & Family Services Ltd

Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2024

	Note	Unrestricted funds £	Restricted funds £	Total funds 2024 £	*Total funds 2023 £*
Income					
Donations and legacies	3	3,976	-	3,976	*543*
Charitable activities	4	147,167	414,328	561,495	*616,193*
Fees and other income	5	7,485	-	7,485	*4,132*
Investments	6	1,445	-	1,445	*598*
Total income		**160,073**	**414,328**	**574,401**	***621,466***
Expenditure					
Raising funds	-	-	-	-	-
Charitable activities	7	149,707	499,647	649,354	*577,033*
Total expenditure		**149,707**	**499,647**	**649,354**	***577,033***
Net income/(expenditure) for the year	8	**10,366**	**(85,319)**	**(74,953)**	***44,433***
Transfer between funds		-	-	-	-
Net movement in funds for the year		**10,366**	**(85,319)**	**(74,953)**	***44,433***
Reconciliation of funds					
Total funds brought forward		309,105	112,153	421,258	*376,825*
Total funds carried forward		**319,471**	**26,834**	**346,305**	***421,258***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

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Shantona Women's & Family Services Ltd
Company number 3496978

Balance sheet as at 31 March 2024

	Note	2024		*2023*	
		£	£	*£*	*£*
Fixed assets					
Tangible assets	13		564		*752*
Total fixed assets			**564**		***752***
Current assets					
Debtors	14	20,181		*2,597*	
Cash at bank and in hand		326,960		*419,309*	
Total current assets		**347,141**		***421,906***	
Liabilities					
Creditors: amounts falling due in less than one year	15	(1,400)		*(1,400)*	
Net current assets			**345,741**		***420,506***
Total assets less current liabilities			346,305		*421,258*
Net assets			**346,305**		***421,258***
Funds of the charity					
Restricted income funds	16		26,834		*112,153*
Unrestricted income funds	17		319,471		*309,105*
Total charity funds			**346,305**		***421,258***

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 11 to 23 form part of these accounts.

Approved by the trustees on 16 July 2024 and signed on their behalf by:

Lynne Guzha
Name

Signature

Ann Eveleigh
Name

Signature

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Shantona Women's & Family Services Ltd

Statement of Cash Flows
for the year ending 31 March 2024

	Note	2024 £	*2023* *£*
Cash provided by/(used in) operating activities	20	**(93,794)**	***53,461***
Cash flows from investing activities:			
Bank interest		1,445	*598*
Proceeds from sale of tangible fixed assets		-	-
Purchase of tangible fixed assets		-	-
Proceeds from sale of investments		-	-
Purchase of investments		-	-
Cash provided by/(used in) investing activities		**1,445**	***598***
Cash flows from financing activities:			
Repayment of borrowing		-	-
Cash inflows from new borrowing		-	-
Cash provided by/(used in) financing activities		**-**	**-**
Increase/(decrease) in cash and cash equivalents in the year		(92,349)	*54,059*
Cash and cash equivalents at the beginning of the year		419,309	*365,250*
Cash and cash equivalents at the end of the year		**326,960**	***419,309***

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1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Shantona Women's & Family Services Ltd meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required. No such restatement was required.

c Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.
There are no key judgments which the trustees have made which have a significant effect on the accounts.
The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

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d Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

e Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

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g Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

h Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £2,500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Motor vehicles:	25% reducing balance
Fixtures equipment and toys	15% straight line
Computer equipment:	33% straight line

m Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

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O Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

P Pensions

Employees of the charity are entitled to join the charity's defined contribution workplace pension scheme. The charity's liability to the scheme is restricted to the contributions disclosed in note 9, subject to the minimum legal requirement.

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2024 £	*Total 2023 £*
Donations	3,976	-	3,976	*543*
Total	3,976	-	3,976	*543*
Total by fund 31 March 2023	*543*	*-*	*543*	

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4 Income from charitable activities

	Unrestricted £	Restricted £	Total 2024 £	*Unrestricted £*	*Restricted £*	*Total 2023 £*
Grants						
The National Lottery Community Fund	-	85,481	85,481	*1,700*	*162,690*	*164,390*
Awards 4 All-Mental Health	-	-	-	-	*10,000*	*10,000*
Best practice network	-	7,000	7,000	-	-	-
CLLD - ESIF	-	-	-	-	*18,718*	*18,718*
Leeds Community Foundation - Healthy Holidays	-	15,288	15,288	-	*21,712*	*21,712*
Early Years NEG	97,167	-	97,167	*94,363*	-	*94,363*
Public Health	-	38,527	38,527	-	*45,696*	*45,696*
Forum Central	-	5,000	5,000	-	-	-
Global's Make Some Noise-DCMS	-	-	-	-	*10,000*	*10,000*
Masonic Charitable Foundation	-	-	-	-	*32,411*	*32,411*
Youth Social Action Fund - CIN	-	44,891	44,891	-	*4,988*	*4,988*
Leeds City Council - Youth Services	-	15,000	15,000	-	*10,500*	*10,500*
Leeds City Council - Public Health	-	226	226	-	-	-
Leeds City Council - Small Projects	-	150	150	-	*1,040*	*1,040*
The Community Shop Trust	-		-	-	*500*	*500*
Live well Leeds	-	22,201	22,201	-	*21,001*	*21,001*
Lloyds Bank Foundation	50,000		50,000	*2,250*	-	*2,250*
Locality	-	10,000	10,000	-	-	-
Ministry of Justice PCC	-	130,746	130,746		*138,022*	*138,022*
Lunch club	-	2,342	2,342	-	*2,180*	*2,180*
BBC Children in Need	-	-	-	-	*10,496*	*10,496*
Leeds Community Foundation	-	-	-	-	*13,429*	*13,429*
LDVS Sanctuary	-	36,980	36,980	-	*14,333*	*14,333*
NCH Welfare milk	-	242	242	-	*164*	*164*
Small Grants	-	254	254	-	-	-
Total	147,167	414,328	561,495	*98,313*	*517,880*	*616,193*

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5 Fees and other income

	Unrestricted £	Restricted £	2024 £	*2023 £*
User contributions	1,728	-	1,728	*1,589*
Other income	5,757	-	5,757	*2,543*
	7,485	-	7,485	*4,132*

All income from fees and trading is unrestricted (as with the comparative figures)

6 Investment income

	Unrestricted £	Restricted £	2024 £	*2023 £*
Income from bank deposits	1,445	-	1,445	*598*
	1,445	-	1,445	*598*

All of the charity's investment income arises from money held in interest bearing deposit accounts. All investment income is unrestricted.

7 Analysis of expenditure on charitable activities

	Total 2024 £	*Total 2023 £*
Staff costs	535,559	*489,242*
Depreciation	188	*251*
Premises costs	33,528	*19,432*
General running costs	47,053	*31,622*
General running costs (in kind)		
Payments to partners		*-*
Programme costs	29,827	*33,184*
Travel	1,531	*1,548*
Governance costs		
Other governance costs	268	*354*
Independent examination	1,400	*1,400*
	649,354	577,033

	2024 £	*2023 £*
Restricted expenditure	499,647	*499,647*
Unrestricted expenditure	149,707	*77,386*
	649,354	*577,033*

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8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2024 £	*2023 £*
Depreciation	188	*251*
Independent examiner's remuneration		
- accountancy	650	*650*
- independent examination	750	*750*

9 Staff costs

Staff costs during the year were as follows:

	2024 £	*2023 £*
Wages and salaries	466,656	*427,167*
Social security costs	33,984	*31,625*
Employers pension contributions	27,020	*25,225*
Staff expenses, training & recruitment	4,849	*5,225*
Redundancy	3,050	-
	535,559	*489,242*

No employee has employee benefits in excess of £60,000 (2023: Nil).

The average number of staff employed during the period was 26.4 (2023: 27).
The average full time equivalent number of staff employed during the period was 19 (2023: 18).

The key management personnel of the charity comprise the trustees, the CEO, the Project Development Co-ordinator, the Office Manager, the Administrator/PA to the CEO, and in the previous year, the operations manager. The total employee benefits of the key management personnel of the charity were £113,936 (2023: £139,141).

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received any remuneration, reimbursed travel expense of £60.97 were paid during the year (2023: £23.50).

Aggregate donations from related parties were £nil (2023: £nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2023: nil).

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11 Government grants

The government grants recognised in the accounts were as follows:

	2024	*2023*
	£	*£*
Early Years NEG	97,167	*94,363*
Public Health	38,527	*45,696*
Leeds City Council	*15,376*	*11,540*
LDVS Sanctuary	*36,980*	*14,333*
Ministry of Justice PCC	*130,746*	*138,022*
	318,796	*151,599*

There were no unfulfilled conditions and contingencies attaching to the grants.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets: tangible assets

Cost	Motor Vehicles £	Fixtures, equipment & toys £	Computer equipment £	Total £
At 1 April 2023	23,754	37,168	23,864	84,786
Additions	-	-	-	-
At 31 March 2024	23,754	37,168	23,864	84,786
Depreciation				
At 1 April 2023	23,002	37,168	23,864	84,034
Charge for the year	188	-		188
At 31 March 2024	23,190	37,168	23,864	84,222
Net book value				
At 31 March 2024	564	-	-	564
At 31 March 2023	*752*	*-*	*-*	*752*

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14 Debtors

	2024 £	*2023 £*
Accrued income	19,284	*1,700*
Prepayments	897	*897*
	20,181	*2,597*

15 Creditors: amounts falling due within one year

	2024 £	*2023 £*
Other creditors and accruals	1,400	*1,400*
	1,400	*1,400*

16 Analysis of movements in restricted funds

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
The National Lottery Community Fund - Reaching Communities	57,797	54,257	(102,220)	-	9,834
Awards 4 All-Mental Health	10,000		(10,000)	-	-
Best Prectice Network Childcare	-	7,000	-	-	7,000
Women's Lives Leeds	3,056	31,224	(34,280)	-	-
CLLD - ESIF training & employment	-			-	-
Forum central	-	5,000	(5,000)	-	-
Global's Make Some Noise-DCMS	-			-	-
Healthy Holidays	4,712	15,288	(20,000)	-	-
LCC - lunch club	-	2,342	(2,342)	-	-
LCC Small Projects	-	254	(254)	-	-
LCC Youth Services	-	15,000	(15,000)	-	-
Leeds Community Foundation	4,566		(4,566)		-
Locality	-	10,000	-	-	10,000
BBC Children in Need - YSAF	(6,120)	44,891	(38,771)	-	-
BBC Children in Need - family/young people	9,209		(9,209)	-	-
LDVS Sanctuary Support	(4,401)	36,980	(32,579)	-	-
Masonic Charitable Foundation	32,411	-	(32,411)	-	-
NCH Welfare Milk	-	242	(242)	-	-
Public Health	-	38,753	(38,753)	-	-
Live Well Leeds - CBMHS	923	22,201	(23,124)	-	-
Ministry of Justice PCC	-	130,746	(130,746)	-	-
Small Projects - Leeds City Council	-	150	(150)	-	-
	112,153	414,328	(499,647)	-	26,834

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16 Analysis of movements in restricted funds (continued)

Previous reporting period	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2023 £
The National Lottery Community Fund - Reaching Communities	50,203	126,270	(118,676)	-	*57,797*
Awards 4 All-Mental Health	-	10,000	-	-	*10,000*
Women's Lives Leeds	1,173	36,420	(34,537)	-	*3,056*
CLLD - ESIF training & employment	(8,243)	18,718	(10,475)		-
Global's Make Some Noise-DCMS	18,659	10,000	(28,659)	-	-
Healthy Holidays	4,000	21,712	(21,000)		*4,712*
LCC - lunch club	55	2,180	(2,235)	-	-
LCC Small Projects	-	1,040	(1,040)		-
LCC Youth Services	-	10,500	(10,500)	-	-
Leeds Community Foundation	-	13,429	(8,863)		*4,566*
BBC Children in Need - YSAF	-	4,988	(11,108)	-	*(6,120)*
BBC Children in Need - family/young	5,382	10,496	(6,669)	-	*9,209*
LDVS Sanctuary Support	10,224	14,333	(28,958)		*(4,401)*
Masonic Charitable Foundation	-	32,411	-		*32,411*
NCH Welfare Milk	-	164	(164)	-	-
Public Health	-	45,696	(45,696)	-	-
LCC - in kind	-			-	-
Leeds Community Foundation	-			-	-
Early Years NEG	-			-	-
Live Well Leeds - CBMHS	620	21,001	(20,698)	-	*923*
Ministry of Justice PCC	-	138,022	(138,022)	-	-
Small Projects - Leeds City Council	-			-	-
The Community Shop Trust	-	500	(500)		-
Small restricted donations	430	-	(430)		-
Total	*82,503*	*517,880*	*(488,230)*	*-*	*112,153*

Name of	Description, nature and purposes of the fund
Public Health	Tackling health inequalities within Bangladeshi community.
The National Lottery Community Fund - Reaching Communities	to develop a scheme aimed at women and girls among black and minority ethnic (BME) groups in the city, to support victims of violence and educate encourage others to build resilience.
Lunch Club	to provide nutritious and healthy eating regime for the elderly.

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16 Analysis of movements in restricted funds (continued)

Name of	Description, nature and purposes of the fund
Early Years	To provide 30 hours free pre-school nursery for children aged 2 & 3-4 years old.
Women's Lives Leeds	to work directly with women and girls with complex needs by providing one to one intensive support, that will take a holistic approach meeting their specific needs.
Live Well Leeds	To create a safe, non-judgmental and friendly space to support BAME 16+ women with mild to moderate mental health needs
Healthy Holidays	to provide a safe and nurturing environment for young people to experience, learn and explore whilst making new friends without the financial constraints of holiday poverty.
Ministry of Justice	To develop and train existing support role (including Male) to become IDVA specific culturally aware relationships with culturally diverse communities.
Infrastructure/ Resilience Fund	to provide tailored support to local small/micro Culturally diverse ethnic minority led organisations to successfully apply for funding, that have struggled to do so due to the Covid-19 pandemic and ensure resilience through these times
LDVS Sanctuary Support	to provide support to people living in properties in safe accommodation that have a sanctuary installation through the Leeds Housing Options (LHO) managed Sanctuary Scheme and offer specialist support to those with protected characteristics whilst considering the needs of any children living within those properties.

17 Analysis of movement in unrestricted funds

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	As at 31 March 2024 £
General fund	268,353	160,073	(149,519)	-	278,907
Core costs, consultancy fees and project development	40,000	-	-	-	40,000
Fixed assets	752	-	(188)	-	564
	309,105	160,073	(149,707)	-	319,471

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17 Analysis of movements in unrestricted funds (continued)

Previous reporting period	*Balance at 1 April 2022* £	*Income* £	*Expenditure* £	*Transfers* £	*As at 31 March 2023* £
General fund	*253,319*	*103,586*	*(88,552)*	*-*	*268,353*
Core costs, consultancy fees and	*40,000*	*-*	*-*	*-*	*40,000*
Fixed assets	*1,003*	*-*	*(251)*	*-*	*752*
	294,322	*103,586*	*(88,803)*	*-*	*309,105*

Name of	Description, nature and purposes of the fund
Core costs, consultancy fees and project development	These funds are to make sure all policies and procedures are up to date, as well as development of Shantona's existing and new projects. Also to cover Shantona Women Service's redundancy and other liabilities in the event of Closure
Fixed assets	The fixed asset fund represents the net book value of fixed assets in the accounts which do not form part of free reserves and are to be used by the charity in the furtherence of it's charitable objects.

18 Analysis of net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	-	564	-	564
Net current assets/(liabilities)	278,343	40,564	26,834	345,741
Total	278,907	41,128	26,834	346,305

19 Lease commitments

The charity had the following commitments under non-cancellable operating leases:

	Land and buildings		Equipment	
	2024 £	*2023 £*	2024 £	*2023 £*
Leases expiring in:				
One year	-	-	-	-
Two to five years	-	-	4,712	*7,068*

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20 Reconciliation of net movement in funds to net cash flow from operating activities

	2024 £	*2023* *£*
Net income/(expenditure) for the year	(74,953)	*44,433*
Adjustments for:		
Depreciation charge	188	*251*
Loss/(profit) on sale of fixed assets	-	-
Dividends, interest and rents from investments	(1,445)	(598)
Decrease/(increase) in stock	-	-
Decrease/(increase) in debtors	(17,584)	*9,275*
Increase/(decrease) in creditors	-	*100*
Net cash provided by/(used in) operating activities	(93,794)	*53,461*

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Shantona Women's & Family Services Ltd.

England & Wales - Charity number 1075752

Accounts

Company registered number 3496978
Registered charity number 1075752

Shantona Women's & Family Centre Ltd

Financial Statements

for the year ended 31st March 2023

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Shantona Women's & Family Centre Ltd

Trustees' Report for the year ended 31st March 2023

The trustees present their report and unaudited financial statements for the year ended 31st March 2023

Reference and Administrative Information

Charity name	Shantona Women's & Family Centre Ltd
Charity Registration Number	1075752
Company Registration Number	3496978
Registered Office	Shepherds Lane Leeds LS8 5AW

Trustees

Ann Eveleigh	Chair
Melody Walker	Vice chair
Lynne Anne Guzha	Treasurer
Susan Boalch	
Ally Martin	
Lauren Richardson	Resigned (17/01/2023)
Aysha Malik	
Tayba Azim	
Sulthana Ahmed	

Company Secretary

Nahid Rasool

Principal staff

Nahid Rasool	CEO

Independent Examiner

Paul Cowham MA FCA DChA
Green Fish resource Centre
46 – 50 Oldham Street
Manchester
M4 1LE

Bankers

Unity Trust Bank
Four Brindleyplace
Birmingham
B1 2JB

Charity Bank Limited
194 High Street
Tonbridge
Kent
TN9 1BE

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Shantona Women's & Family Centre Ltd

Trustees' Report
for the year ended 31 March 2023

Objectives and activities

Shantona has been operating as a limited company since January 1998 and as a registered charity since 28th May 1999. It's charitable objectives are; "To promote the benefit of women in Leeds and the surrounding area by the advancement of education, relief of poverty, the preservation and protection of good health and the provision of facilities for recreation and leisure-time occupation in the interests of social welfare, in particular but without prejudice to the foregoing, for women of Bangladeshi origin."

The name Shantona means, "Comfort" in Bengali. Established in 1998 by local Bangladeshi women, the aim of Shantona is to provide a separate, safe centre for women, children and young people.

The organisation has been operating for over 25 years and received various awards and recognition for the strengths, achievements and benefits to the community. Through out the pandamic, Shantona played an incredibale role to support the most vulnerable and difficult to reach culturally diverse community who were facing many disadvantages, which includes escalation of violence, mental health and other health issues, on top of existing inequalities.

Shantona's diverse team reaches out to isolated women, building trusting relationships and empowering culturally diverse women and families to be confident, independent and resilient, to tackle inequality and to participate in programmes to improve community cohesion.

Shantona is highly regarded as a specialist organisation providing culturally sensitive support to culturally diverse communities and over many years has developed resources to support communities, as well as professionals to adopt culturally sensitive services. The Organisation challenges inequalities, discrimination and poor cultural practice. We address issues such as domestic abuse (DV), Child Sexual Exploitation (CSE), Mental health and health and wellbeing provision to support the culturally diverse communities. Through our work, women and girls have developed leadership skills and have become empowered to influence and challenge culturally sensitive issues within their community which would otherwise remain hidden and go unreported. As a result, women are now sharing their experiences around domestic abuse and child sexual exploitation publicly and influencing faith groups including mosques.

In order to meet the needs of community our services have expanded and we are now using various other premises to meet the demand. Shantona continues to look for larger premises, suitable to support vulnerable women and their families.

Shantona's services over the year include:

Domestic Violence (DV) Support: Supporting Culturally diverse women and girls who are facing abuse including; domestic (mental, physical, emotional abuse), forced marriage, honour based violence, Child Sexual Exploitation and isolation resulting from divorce or marriage breakdown.

Healthcare Provision – Working with culturally diverse women, children and young people to address health inequality, promoting healthy life-styles, easing access to health services and meeting the health-related recreational needs of the community.

Mental Health – To create a safe, non-judgemental and friendly space to support culturally diverse 16+ women with mild to moderate mental health needs.

Child Sexual Exploitation (CSE) - increasing awareness and supporting young people to seek help and disclose any sexual exploitation they face within a culturally sensitive environment.

Older Peoples Project - creating opportunities for women aged 50+ (mainly from the South Asian Community) to meet new people, build friendships, socialise and obtain emotional support.

Community Cohesion Project - to build community resilience; protect vulnerable people who due to isolation, inequality and feeling oppressed within the community and wider society are at higher risk of developing extreme views. To focus on issues such as cohesion and integration, empowerment and women's rights, voice and leadership,

WLL Complex Needs – working directly with women and girls with complex needs, providing one to one intensive support, and taking a holistic approach to meet their specific needs.

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Shoman Adikar (Training & Employment project) – to develop customised support to vulnerable culturally diverse women who often faced barriers to engage in economic activities. The project supports them to realise and value of their potential and progress into self-employment pathways.

IDVA/ISVA – we have trained six staff members to become specialist advisers to provide specific support to culturally diverse communities.

Infrastructure/Resilience Fund - to provide tailored support to local small/micro Culturally diverse ethnic minority led organisations to successfully apply for funding, that have struggled to do so due to the Covid-19 pandemic and ensure resilience through these times.

LDVS Sanctuary Support – to provide support to people living in properties in safe accommodation that have a sanctuary installation through the Leeds Housing Options (LHO) managed Sanctuary Scheme and offer specialist support to those with protected characteristics whilst considering the needs of any children living within those properties.

Shofolta (Globals Make Some Noise) – to provide young people's transition support from COVID lockdown to getting back to school.

Youth Club - working with young people to facilitate their personal, social and educational development and supporting them during their period of transition from dependence to independence.

Early Years Provision: providing 30 hours free pre-school nursery education to children aged 2 and 3-4 years, by bilingual staff who have a good knowledge and understanding of the local communities' needs.

Community Minibus: Shantona runs a community minibus for the community that it serves. The minibus has been vital for engaging local women, children and young people and enabling them to take part in wider activities, including educational, social & recreational trips, holiday scheme outings, nature walks etc.

Role and Contribution of Volunteers:
Over the past year Shantona has benefitted from a team of 10 volunteers ensuring that we were able to deliver our services effectively. Our volunteers have actively contributed as part of the Health, Young People's Services and DV project.

Achievements and performance

Over the years Shantona has provided unique services, not only to overcome barriers to access services, but also to help people become independent. At the same time we are challenging the bad practices of cultural norm.From being a small community organisation providing social and recreational activities for the Bangladeshi community with the focus on a particular geographical area of Leeds, it is now catering for people from various ethnically diverse communities. By advocating and meeting the needs of our target group, we hope to benefit the whole of society by encouraging integration and community cohesion and reducing inequality.

The trustees confirm that they have paid due regard to Charity Commission guidance on public benefit in deciding what activities the charity should undertake.

Financial review

Shantona has again been successful in attracting funding from various sources.
It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year. The charity has designated funds amounting to £40,752 which have been set aside out of unrestricted funds for specific purposes. Note 17 provides further details of the purpose of these funds.

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Plans for future periods

Shantona as an organisation has adopted, extended and changed a lot. Currently we are working with many culturally diverse communities , acting as the voice of small organisations. Shantona works in partnership with several organisations across the city, including Black Health Intiative, Orion Partnership, Women's Lives Leeds Allaince.

Future plans include:

- Expand and develop our services to become more specialist services for culturally diverse communities, who are facing many difficulties because of inequalities
- Continuing to raise awareness around violence against women and girls and producing resources.
- Development of staff team to support the communities.
- Carrying out research and developing further services to meet the needs of the community and dealing with new emerging issues.
- Increasing the amount of young people's provision and improving community cohesion between young people from Harehills.
- Involvement in further partnerships with various domestic violence projects by bringing an integrated approach, to tackle various issues around DV and CSE; our joint approach will be citywide to increase working with people who are not reporting violence, as well as working on child sexual exploitation through a targeted support service with Safer Leeds and the Domestic Violence Forum.
- Explore options for development of the service through usage of different premises and exploring alternative premises to enhance and expand current services.

Structure, governance and management

The charity is a company limited by guarantee and registered as a charity on 28 May 1999. The charitable company was established under a Memorandum of Association which established its objects and powers and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year were:
Lynne Anne Guzha
Ann Eveleigh
Melody Walker
Susan Boalch
Ally Martin
Lauren Richardson
Aysha Malik
Tayba Azim
Sulthana Ahmed

Under the requirements of the Memorandum and Articles of Association the members of the Management Committee shall comprise of no more than twenty members of the community elected at the annual general meeting and shall meet at least six times each year. The company has created structures to ensure that there are agreed roles for members. The members of the board have managerial and business acumen, an understanding of the needs of the local community and awareness of local issues as well as an understanding of the requirements of charity law.

The Management Committee of the company has the power to determine applications for membership, and responsibility for the strategic direction and proper running of the charity.

Recruitment and appointment of Trustees

Board of Trustees are recruited through advertising and via networking, interviewed by the Chair and CEO prior to joining. Members are elected at the annual general meeting and may be co-opted at other times.

Introduction and training of Trustees

New Trustees complete a skills audit and receive a comprehensive induction session with the CEO, as well as receiving a Management Committee Handbook. Trustees are encouraged to attend annual away days and to observe Shantona's services.Trustees are offered training in various areas inorder to fulfill their roles.

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Day to day management is delegated to the following key personnel: -

Nahid Rasool (CEO): manages and develops staff, finance, premises and other resources of Shantona in collaboration with the Management Committee. Responsible for ensuring and facilitating the participation of service users and ensuring a high professional profile for the Centre's work with relevant agencies, commissioners and other stake holders.

Harpreet Dosanjh (Office Manager): deals with PAYE, book-keeping, managing the bank accounts, providing yearly financial information for the independent examination, evaluating user information for monitoring purposes and gathering information required by funders or partner organisations.

Ashia Akhtar (Administrator/PA to Director): Day to day administration of the centre and being the first point of contact for the organisation and service users via the telephone and face to face.

Diane Law (Project Development Co-ordinator): to work with the senior management team to support the improvement in the provision, practice, and performance of the workplace to maintain existing quality standard marks and work towards new ones. And to assist the CEO in generating income through commissioning processes and the submission of grant funding applications.

Clare Sanderson (Operations Manager): to manage, lead and support the Team of lead practitioners within Shantona, ensuring implementation of appropriate monitoring systems that enable projects to meet their targets and deliver the agreed outcomes. As part of the Senior Management team, contribute to the development of the organisation both operationally and strategically.

None of the trustees has any beneficial interest in the company. All the trustees are members of the company and guarantee to contribute no more than £1 in the event of a winding up.

Risk Factors
The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

Company status
The company is limited by guarantee and all members have agreed to contribute a sum not exceeding £1 in the event of a winding-up. The number of guarantees at 31st March 2023 was 8.

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Statement of trustee responsibilities
The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and the income and expenditure of the charitable company for that period. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose at any time the financial position of the charitable company and to enable it to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees, who are directors for the purposes of company law, who served during the year and up to the date of this report are set out on page 1.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the provisions applicable to companies' subject to the small companies' regime of the Companies Act 2006.

Approved by the trustees and signed on their behalf by:

..... Signed

Melody Walker
…….. Name

10 July 2023
..... Date

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Independent Examiner's Report to the Trustees of

Shantona Women's & Family Centre

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or

2. the accounts do not accord with those records; or

3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or

4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Cowham

Paul Cowham FCA DChA
Green Fish Resource Centre
46 – 50 Oldham Street
Manchester
M4 1LE

09 / 01 / 2023
Date ……..

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Shantona Women's & Family Centre Ltd

Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2023

	Note	Unrestricted funds £	Restricted funds £	Total funds 2023 £	*Total funds 2022 £*
Income					
Donations and legacies	3	543	-	543	*254*
Charitable activities	4	98,313	517,880	616,193	*536,785*
Fees and other income	5	4,132	-	4,132	*2,526*
Investments	6	598	-	598	*179*
Total income		**103,586**	**517,880**	**621,466**	***539,744***
Expenditure					
Raising funds	-	-	-	-	-
Charitable activities	7	88,803	488,230	577,033	*583,111*
Total expenditure		**88,803**	**488,230**	**577,033**	***583,111***
Net income/(expenditure) for the year	8	**14,783**	**29,650**	**44,433**	***(43,367)***
Transfer between funds		-	-	-	-
Net movement in funds for the year		**14,783**	**29,650**	**44,433**	***(43,367)***
Reconciliation of funds					
Total funds brought forward		294,322	82,503	376,825	*420,192*
Total funds carried forward		**309,105**	**112,153**	**421,258**	***376,825***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

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Shantona Women's & Family Centre Ltd
Company number 3496978

Balance sheet as at 31 March 2023

	Note	2023 £	2023 £	2022 £	2022 £
Fixed assets					
Tangible assets	13		752		*1,003*
Total fixed assets			**752**		***1,003***
Current assets					
Debtors	14	2,597		*11,872*	
Cash at bank and in hand		419,309		*365,250*	
Total current assets		**421,906**		***377,122***	
Liabilities					
Creditors: amounts falling due in less than one year	15	(1,400)		*(1,300)*	
Net current assets			**420,506**		***375,822***
Total assets less current liabilities			421,258		*376,825*
Net assets			**421,258**		***376,825***
Funds of the charity					
Restricted income funds	16		112,153		*82,503*
Unrestricted income funds	17		309,105		*294,322*
Total charity funds			**421,258**		***376,825***

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 11 to 23 form part of these accounts.

Approved by the trustees on 10 July 2023 and signed on their behalf by:

Lynne Guzha
Name

Signature L Guzha

Melody Walker
Name

Signature

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Shantona Women's & Family Centre Ltd

Statement of Cash Flows
for the year ending 31 March 2023

	Note	2023 £	*2022* *£*
Cash provided by/(used in) operating activities	20	**53,461**	***(54,087)***
Cash flows from investing activities:			
Bank interest		598	*179*
Proceeds from sale of tangible fixed assets		-	-
Purchase of tangible fixed assets		-	-
Proceeds from sale of investments		-	-
Purchase of investments		-	-
Cash provided by/(used in) investing activities		**598**	***179***
Increase/(decrease) in cash and cash equivalents in the year		54,059	*(53,908)*
Cash and cash equivalents at the beginning of the year		365,250	*419,158*
Cash and cash equivalents at the end of the year		**419,309**	***365,250***
		-	

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1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Shantona Women's & Family Centre Ltd meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required. No such restatement was required.

c Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

There are no key judgments which the trustees have made which have a significant effect on the accounts.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

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d Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

e Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

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g Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

h Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £2,500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Motor vehicles:	25% reducing balance
Fixtures equipment and toys	15% straight line
Computer equipment:	33% straight line

m Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

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O Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

P Pensions

Employees of the charity are entitled to join the charity's defined contribution workplace pension scheme. The charity's liability to the scheme is restricted to the contributions disclosed in note 9, subject to the minimum legal requirement.

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2023 £	*Total 2022 £*
Donations	543	-	543	*254*
Total	543	-	543	*254*
Total by fund 31 March 2022	*254*	-	*254*	

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4 Income from charitable activities

	Unrestricted £	Restricted £	Total 2023 £	*Unrestricted £*	*Restricted £*	*Total 2022 £*
Grants						
The National Lottery Community Fund	1,700	162,690	164,390	*2,700*	*130,395*	*133,095*
Awards 4 All-Mental Health	-	10,000	10,000	-	-	-
CLLD - ESIF	-	18,718	18,718	-	*37,517*	*37,517*
Leeds Community Foundation - Healthy Holidays	-	21,712	21,712	-	*14,000*	*14,000*
Early Years NEG	94,363		94,363	*68,265*	*1,125*	*69,390*
Public Health	-	45,696	45,696	-	*45,942*	*45,942*
Forum Central	-	-	-	-	*6,000*	*6,000*
Global's Make Some Noise-DCMS	-	10,000	10,000	-	*30,000*	*30,000*
Leeds City Council (in kind)	-	-	-	-	-	-
Masonic Charitable Foundation	-	32,411	32,411	-	-	-
Youth Social Action Fund - CIN	-	4,988	4,988	-	-	-
Leeds City Council - Youth Services	-	10,500	10,500	-	-	-
Leeds City Council - Public Health	-	-	-	-	*21,500*	*21,500*
Leeds City Council - Small Projects	-	1,040	1,040	-	-	-
The Community Shop Trust	-	500	500	-		-
Live well Leeds	-	21,001	21,001	-	*21,001*	*21,001*
Lloyds Bank Foundation	2,250	-	2,250	*25,000*	-	*25,000*
Ministry of Justice PCC		138,022	138,022	-	*85,012*	*85,012*
Henry Smith COVID 19 – DCMS	-		-	-	*21,850*	*21,850*
Lunch club	-	2,180	2,180	-	*1,984*	*1,984*
BBC Children in Need	-	10,496	10,496	-	*9,998*	*9,998*
Leeds Community Foundation	-	13,429	13,429	-	-	-
LDVS Sanctuary Support	-	14,333	14,333	-	*14,333*	*14,333*
NCH Welfare milk	-	164	164	-	*163*	*163*
Total	98,313	517,880	616,193	*95,965*	*440,820*	*536,785*

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5 Fees and other income

	Unrestricted £	Restricted £	2023 £	*2022 £*
User contributions	1,589	-	1,589	*1,426*
Other income	2,543	-	2,543	*1,100*
	4,132	-	4,132	*2,526*

All income from fees and trading is unrestricted (as with the comparative figures)

6 Investment income

	Unrestricted £	Restricted £	2023 £	*2022 £*
Income from bank deposits	598	-	598	*179*
	598	-	598	*179*

All of the charity's investment income arises from money held in interest bearing deposit accounts. All investment income is unrestricted.

7 Analysis of expenditure on charitable activities

	Total 2023 £	*Total 2022 £*
Staff costs	489,242	*477,932*
Depreciation	251	*334*
Premises costs	19,432	*22,614*
General running costs	31,622	*43,930*
General running costs (in kind)		
Payments to partners	-	*13,468*
Programme costs	33,184	*22,219*
Travel	1,548	*1,052*
Governance costs		
Other governance costs	354	*262*
Independent examination	1,400	*1,300*
	577,033	583,111

	2023 £	*2022 £*
Restricted expenditure	488,230	*488,230*
Unrestricted expenditure	88,803	*94,881*
	577,033	*583,111*

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8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2023 £	*2022 £*
Depreciation	251	*334*
Independent examiner's remuneration		
- accountancy	650	*600*
- independent examination	750	*700*

9 Staff costs

Staff costs during the year were as follows:

	2023 £	*2022 £*
Wages and salaries	427,167	*410,177*
Social security costs	31,625	*29,273*
Employers pension contributions	25,225	*25,348*
Staff expenses, training & recruitment	5,225	*8,953*
Redundancy	-	*4,181*
	489,242	*477,932*

No employee has employee benefits in excess of £60,000 (2022: Nil).

The average number of staff employed during the period was 27 (2022: 28).
The average full time equivalent number of staff employed during the period was 18 (2022: 18.5).

The key management personnel of the charity comprise the trustees, the CEO, the Project Development Co-ordinator, the Office Manager, the Administrator/PA to the CEO and the operations manager which was a new addition during the year. The total employee benefits of the key management personnel of the charity were £139,141 (2022: £98,257).

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received any remuneration, reimbursed travel expense of £23.50 were paid during the year (2022: £22).

Aggregate donations from related parties were £nil (2022: £nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2022: nil).

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11 Government grants

The government grants recognised in the accounts were as follows:

	2023	*2022*
	£	*£*
Big Lottery	162,690	*133,095*
Early Years NEG	94,363	*69,390*
Public Health	45,696	*21,500*
Leeds City Council - Small Projects	*1,040*	-
DCMS	*10,000*	*30,000*
CLLD - ESIF	*18,718*	*37,517*
	332,507	*223,985*

There were no unfulfilled conditions and contingencies attaching to the grants.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets: tangible assets

	Motor Vehicles	Fixtures, equipment & toys	Computer equipment	Total
Cost	£	£	£	£
At 1 April 2022	23,754	37,168	23,864	84,786
Additions	-	-	-	-
At 31 March 2023	23,754	37,168	23,864	84,786
Depreciation				
At 1 April 2022	22,751	37,168	23,864	83,783
Charge for the year	251	-		251
At 31 March 2023	23,002	37,168	23,864	84,034
Net book value				
At 31 March 2023	752	-	-	752
At 31 March 2022	*1,003*	-	-	*1,003*

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14 Debtors

	2023 £	*2022 £*
Accrued income	1,700	*10,975*
Prepayments	897	*897*
	2,597	*11,872*

15 Creditors: amounts falling due within one year

	2023 £	*2022 £*
Other creditors and accruals	1,400	*1,300*
	1,400	*1,300*

16 Analysis of movements in restricted funds

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2023 £
The National Lottery Community Fund - Reaching Communities	50,203	126,270	(118,676)	-	57,797
Awards 4 All-Mental Health	-	10,000	-	-	10,000
Women's Lives Leeds	1,173	36,420	(34,537)	-	3,056
CLLD - ESIF training & employment	(8,243)	18,718	(10,475)	-	-
Global's Make Some Noise-DCMS	18,659	10,000	(28,659)	-	-
Healthy Holidays	4,000	21,712	(21,000)	-	4,712
LCC - lunch club	55	2,180	(2,235)	-	-
LCC Small Projects	-	1,040	(1,040)	-	-
LCC Youth Services	-	10,500	(10,500)	-	-
Leeds Community Foundation	-	13,429	(8,863)		4,566
BBC Children in Need - YSAF	-	4,988	(11,108)	-	(6,120)
BBC Children in Need - family/young people	5,382	10,496	(6,669)	-	9,209
LDVS Sanctuary Support	10,224	14,333	(28,958)	-	(4,401)
Masonic Charitable Foundation	-	32,411	-	-	32,411
NCH Welfare Milk	-	164	(164)	-	-
Public Health	-	45,696	(45,696)	-	-
LCC - in kind	-			-	-
Live Well Leeds - CBMHS	620	21,001	(20,698)	-	923
Ministry of Justice PCC	-	138,022	(138,022)	-	-
The Community Shop Trust	-	500	(500)	-	-
Small restricted donations	430	-	(430)	-	-
	82,503	517,880	(488,230)	-	112,153

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16 Analysis of movements in restricted funds (continued)

Previous reporting period	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
The National Lottery Community Fund - Reaching Communities	30,995	123,263	(104,055)	-	*50,203*
Women's Lives Leeds	14,953	7,132	(20,912)	-	*1,173*
The Brelms Trust CIO	2,241	-	(2,241)	-	-
CLLD - ESIF training & employment	(8,201)	37,517	(37,559)		*(8,243)*
Global's Make Some Noise-DCMS	-	30,000	(11,341)	-	*18,659*
Healthy Holidays	10,000	14,000	(20,000)		*4,000*
LCC - lunch club	525	1,984	(2,454)	-	*55*
Forum Central	-	6,000	(6,000)		-
Henry Smith	7,500	-	(7,500)	-	-
Henry Smith - Covid 19	26,506	21,850	(48,356)		-
BBC Children in Need - CSE	11,858	-	(11,858)	-	-
BBC Children in Need - family/young	3,392	9,998	(8,008)	-	*5,382*
LDVS Sanctuary Support	-	14,333	(4,109)		*10,224*
Leeds Strategic Fund	1,440	-	(1,440)		-
NCH Welfare Milk	-	163	(163)	-	-
Public Health-Pre School	-	15,000	(15,000)	-	-
Public Health - COVID19	-	6,500	(6,500)	-	-
Public Health - Family Health	-	9,610	(9,610)	-	-
Public Health	-	36,332	(36,332)	-	-
LCC - in kind	-	-	-	-	-
Leeds Community Foundation	30,000	-	(30,000)	-	-
Early Years NEG	-	1,125	(1,125)	-	-
Live Well Leeds - CBMHS	-	21,001	(20,381)		*620*
Ministry of Justice PCC	-	85,012	(85,012)		-
Small Projects - Leeds City Council	-	-		-	-
UK Community Foundation	20,000	-	(20,000)	-	-
Small restricted donations	670	-	(240)	-	*430*
Total	*151,879*	*440,820*	*(510,196)*	-	*82,503*

Name of	Description, nature and purposes of the fund
Public Health	Tackling health inequalities within Bangladeshi community.
The National Lottery Community Fund - Reaching Communities	to develop a scheme aimed at women and girls among black and minority ethnic (BME) groups in the city, to support victims of violence and educate encourage others to build resilience.
Lunch Club	to provide nutritious and healthy eating regime for the elderly.
BBC-CIN CSE	is to increase awareness and support young people to seek help and disclose about sexual exploitation they face in different situations, within a culturally sensitive environment.
BBC-CIN DV	to support children witnessing violence within family and manage issues after fleeing from domestic violence, in order to build a better family life, settle within the community and take control of their lives.

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16 Analysis of movements in restricted funds (continued)

Name of	Description, nature and purposes of the fund
Early Years	To provide 30 hours free pre-school nursery for children aged 2 & 3-4 years old.
Women's Lives Leeds	to work directly with women and girls with complex needs by providing one to one intensive support, that will take a holistic approach meeting their specific needs.
CLLD-ESIF	to develop customised support to vulnerable BAME women who often faced barriers to engage in economic activities.
Live Well Leeds	To create a safe, non-judgmental and friendly space to support BAME 16+ women with mild to moderate mental health needs
Healthy Holidays	to provide a safe and nurturing environment for young people to experience, learn and explore whilst making new friends without the financial constraints of holiday poverty.
Ministry of Justice	To develop and train existing support role (including Male) to become IDVA specific culturally aware relationships with culturally diverse communities.
Infrastructure/ Resilience Fund	to provide tailored support to local small/micro Culturally diverse ethnic minority led organisations to successfully apply for funding, that have struggled to do so due to the Covid-19 pandemic and ensure resilience through these times
LDVS Sanctuary Support	to provide support to people living in properties in safe accommodation that have a sanctuary installation through the Leeds Housing Options (LHO) managed Sanctuary Scheme and offer specialist support to those with protected characteristics whilst considering the needs of any children living within those properties.
Globals Make Some Noise	to provide young people's transition support from COVID lockdown to getting back to school.

17 Analysis of movement in unrestricted funds

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	As at 31 March 2023 £
General fund	253,319	103,586	(88,552)	-	268,353
Core costs, consultancy fees and project development	40,000	-	-	-	40,000
Fixed assets	1,003	-	(251)	-	752
	294,322	103,586	(88,803)	-	309,105

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17 Analysis of movements in unrestricted funds (continued)

Previous reporting period	*Balance at 1 April 2021* £	*Income* £	*Expenditure* £	*Transfers* £	*As at 31 March 2022* £
General fund	*186,976*	*98,924*	*(72,581)*	*40,000*	*253,319*
Core costs, consultancy fees and	*80,000*	*-*	*-*	*(40,000)*	*40,000*
Fixed assets	*1,337*	*-*	*(334)*	*-*	*1,003*
	268,313	*98,924*	*(72,915)*	*-*	*294,322*

Name of	**Description, nature and purposes of the fund**
Core costs, consultancy fees and project development	These funds are to make sure all policies and procedures are up to date, as well as development of Shantona's existing and new projects. Also to cover Shantona Women Centre's all redundancy and other liabilities in the event of Closure
Fixed assets	The fixed asset fund represents the net book value of fixed assets in the accounts which do not form part of free reserves and are to be used by the charity in the furtherence of it's charitable objects.

18 Analysis of net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	-	752	-	752
Net current assets/(liabilities)	267,601	40,752	112,153	420,506
Total	268,353	41,504	112,153	421,258

19 Lease commitments

The charity had the following commitments under non-cancellable operating leases:

	Land and buildings		Equipment	
	2023 £	*2022* £	2023 £	*2022* £
Leases expiring in:				
One year	-	-	-	-
Two to five years	-	-	7,068	*9,424*

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20 Reconciliation of net movement in funds to net cash flow from operating activities

	2023 £	*2022* *£*
Net income/(expenditure) for the year	44,433	*(43,367)*
Adjustments for:		
Depreciation charge	251	*334*
Loss/(profit) on sale of fixed assets	-	-
Dividends, interest and rents from investments	(598)	(179)
Decrease/(increase) in stock	-	-
Decrease/(increase) in debtors	9,275	*(10,975)*
Increase/(decrease) in creditors	100	*100*
Net cash provided by/(used in) operating activities	53,461	*(54,087)*

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Shantona Women's & Family Services Ltd.

England & Wales - Charity number 1075752

Accounts

Company registered number 3496978
Registered charity number 1075752

Shantona Women's & Family Centre Ltd

Financial Statements

for the year ended 31st March 2022

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Shantona Women's & Family Centre Ltd

Trustees' Report for the year ended 31st March 2022

The trustees present their report and unaudited financial statements for the year ended 31st March 2022

Reference and Administrative Information

Charity name	Shantona Women's Centre Ltd
Charity Registration Number	1075752
Company Registration Number	3496978
Registered Office	Shepherds Lane Leeds LS8 5AW

Trustees

Jill Jones	Resigned 21/01/2022
Ann Eveleigh	Chair
Melody Walker	Vice chair
Susan Boalch	
Ally Martin	
Lauren Richardson	Treasurer
Catherine Mahoney	Resigned 21/01/2022
Lynne Anne Guzha	
Aysha Malik	Appointed 26/04/2021
Tayba Azim	Appointed 12/07/2021
Sulthana Ahmed	Appointed 31/01/2022

Company Secretary

Nahid Rasool

Principal staff

Nahid Rasool	CEO

Independent Examiner

Paul Cowham MA ACA DChA
Green Fish resource Centre
46 – 50 Oldham Street
Manchester
M4 1LE

Bankers

Unity Trust Bank
Four Brindleyplace
Birmingham
B1 2JB

Charity Bank Limited
194 High Street
Tonbridge
Kent
TN9 1BE

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Shantona Women's & Family Centre Ltd

Trustees' Report
for the year ended 31 March 2022

Objectives and activities

Shantona has been operating as a limited company since January 1998 and as a registered charity since 28th May 1999. It's charitable objectives are "To promote the benefit of women in Leeds and the surrounding area by the advancement of education, relief of poverty, the preservation and protection of good health and the provision of facilities for recreation and leisure-time occupation in the interests of social welfare, in particular but without prejudice to the foregoing, for women of Bangladeshi origin."

The name Shantona means, "Comfort" in Bengali. Established in 1998 by local Bangladeshi women, the aim of Shantona is to provide a separate, safe centre for women, children and young people.

The organisation has been operating for over 24 years and received various awards and recognition for the strengths, achievements and benefits to the community including the GSK Impact award 2020, Duke of York community initiative awards 2007 and 2012, A1 Business Excellence and the Golden Owl for our Hope Film.In recognition of her contribution to the public and voluntary sector in Leeds our CEO, Nahid Rasool, was also awarded an Honorary Doctorate by Leeds Beckett University in 2017.

Shantona's diverse team reaches out to isolated women, builds trusting relationships and empowers culturally diverse women and families to be confident, independent and resilient to tackle inequality and to participate in programmes to improve community cohesion.

Shantona is highly regarded as a specialist organisation providing culturally sensitive support to culturally diverse communities and over many years has developed resources to support communities, as well as professionals to adopt culturally sensitive services. The Organisation challenges inequalities, discrimination, and poor cultural practice. Addressing issues such as domestic abuse (DV), Child Sexual Exploitation (CSE), Mental health and health and wellbeing provision to support the culturally diverse communities. Through our work, women and girls have developed leadership skills and have become empowered to influence and challenge culturally sensitive issues within their community which would otherwise remain hidden and go unreported. As a result, women are now sharing their experiences around domestic abuse and child sexual exploitation publicly and influencing faith groups including mosques.

In order to meet the needs of community our services have expanded and we are now using various other premises to meet the demand. However, we need bigger premises within Harehills to accommodate and provide this sensitive support to the most vulnerable women and families.

Covid Impact

Shantona played a huge role to support the community and stayed in touch with the most vulnerable during the lockdown. We have managed to support the community by delivering emergency food parcels, supporting people over the phone and, of course, making great videos like 'Cooking with Zaynah' series which encouraged families to stay healthy at home. We have produced several other videos such as a sports series (incl. tai chi and cricket), crafting series and others. Community support is at the heart of Shantona, so we continued to try our hardest to support the most vulnerable women in our communities.
However, we can now see the huge impact on communities and inequality faced by the communities it serves. Therefore, we have carried out consultations with our services users, and are now looking at service provision focusing on post COVID recovery.

Shantona's services over the year include:

Domestic Violence (DV) Support - Supporting Culturally diverse women and girls who are facing abuse including: domestic abuse (mental, physical, emotional), forced marriage, honour based violence, Child Sexual Exploitation and isolation resulting from divorce or marriage breakdown.

Healthcare Provision – Working with culturally diverse women, children and young people to address health inequality, promoting healthy lifestyles, easing access to health services and meeting the health-related recreational needs of the community.

Mental Health – To create a safe, non-judgmental and friendly space to support culturally diverse 16+ women with mild to moderate mental health needs.

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Child Sexual Exploitation (CSE) - increasing awareness and supporting young people to seek help and disclose any sexual exploitation they face within a culturally sensitive environment.

Older Peoples Project - creating opportunities for women aged 50+ (mainly from the South Asian Community) to meet new people, build friendships, socialise and obtain emotional support.

Community Cohesion Project - to build community resilience; protect vulnerable people who due to isolation, inequality and feeling oppressed within the community and wider society are at higher risk of developing extreme views. To focus on issues such as cohesion and integration, empowerment and women's rights, voice and leadership,

WLL Complex Needs – working directly with women and girls with complex needs, providing one to one intensive support, and taking a holistic approach to meet their specific needs.

Shoman Adikar (Training & Employment project) – to develop customised support to vulnerable culturally diverse women who often faced barriers to engage in economic activities. The project supports them to realise and value of their potential and progress into self-employment pathways.

IDVA/ISVA – To develop and train existing support role (including Male) to become IDVA specific culturally aware relationships with culturally diverse communities.

Infrastructure/Resilience Fund - to provide tailored support to local small/micro Culturally diverse ethnic minority led organisations to successfully apply for funding, that have struggled to do so due to the Covid-19 pandemic and ensure resilience through these times.

LDVS Sanctuary Support – to provide support to people living in properties in safe accommodation that have a sanctuary installation through the Leeds Housing Options (LHO) managed Sanctuary Scheme and offer specialist support to those with protected characteristics whilst considering the needs of any children living within those properties.

Shofolta (Globals Make Some Noise) – to provide young people's transition support from COVID lockdown to getting back to school.

COVID-19 – brought lot of challenges for the community we serve, as many of our service users were affected, including the staff team.. People from the communities were faced with poverty, deprivation, and inequalities in many areas. During this period Shantona has taken a lead role to ensure, communities are getting the extra support required to recover from the pandemic. Therefore, we have applied for additional funding to increase capacity, develop our IT and technologies to support the most vulnerable women, young people and their families.
Thanks to our funders for providing COVID-19 extraordinary provision, including Big lottery, BBC Children in Need, Henry Smith, Cmmunity Foundation, Public Health, Globals make some noise, MOJ-Police Crime Commissioner fund and Community Match Challenge etc.

Youth Club - working with young people to facilitate their personal, social and educational development and supporting them during their period of transition from dependence to independence.

Early Years Provision: providing 30 hours free pre-school nursery education to children aged 2 and 3-4 years, by bilingual staff who have a good knowledge and understanding of the local communities' needs.

Community Minibus: Shantona runs a community minibus for the community that it serves. The minibus has been vital for engaging local women, children and young people and enabling them to take part in wider activities, including educational, social & recreational trips, holiday scheme outings, nature walks etc.

Role and Contribution of Volunteers:
Over the past year Shantona has benefitted from a team of 9 volunteers ensuring that we were able to deliver our services effectively. Our volunteers have actively contributed as part of the Health, Young People's Services and DV project.

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Shantona Women's & Family Centre Ltd

Trustees' Report
for the year ended 31 March 2022

Achievements and performance

Over the years Shantona has provided unique services, not only to overcome barriers to access services, but also to help people become independent. From being a small community organisation providing social and recreational activities for the Bangladeshi community, with the focus on a particular geographical area of Leeds, it is now catering for people from various ethnic minority communities. By advocating and meeting the needs of our target group, we hope to benefit the whole of society by encouraging integration and community cohesion and reducing inequality.

The trustees confirm that they have paid due regard to Charity Commission guidance on public benefit in deciding what activities the charity should undertake.

Financial review

Shantona has again been successful in attracting funding from various sources.
It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year. The charity has designated funds amounting to £41,003 which have been set aside out of unrestricted funds for specific purposes. Note 17 provides further details of the purpose of these funds.

Plans for future periods

Shantona as an organisation has adopted, extended and changed a lot according to the changing needs of the community. Currently we are working with many culturally diverse communities of interest, became the voice of small organisations and supporting them in a collaborative way, including BHI, Orion Partnership, Women's Lives Leeds etc. Shantona is working in partnership with them, while possibly supporting smaller organisations & raising their voice.

Future plans include:

- Post COVID recovery services development to reduce inequality
- Expand and develop our services to become more specialist services for culturally diverse communities, who are facing many difficulties because of inequalities
- Reaching out to partners outside of Leeds and engaging in further collaboration.
- Continuing to raise awareness around violence against women and girls and producing resources.
- Development of staff team to support the communities.
- Carrying out research and developing further services to meet the needs of the community and dealing with new emerging issues.
- Increasing the amount of young people's provision and improving community cohesion between young people from Harehills.
- Involvement in further partnerships with various domestic violence projects by bringing an integrated approach, to tackle various issues around DV and CSE, our joint approach will be citywide to increase working with people who are not reporting violence, as well as working on child sexual exploitation through a targeted support service with Safer Leeds and the Domestic Violence Forum.

Structure, governance and management

The charity is a company limited by guarantee and registered as a charity on 28 May 1999. The charitable company was established under a Memorandum of Association which established its objects and powers and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year were:
Jill Jones
Catherine Mahoney
Lynne Anne Guzha
Ann Eveleigh
Melody Walker
Susan Boalch
Ally Martin
Lauren Richardson
Aysha Malik
Tayba Azim
Sulthana Ahmed

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Under the requirements of the Memorandum and Articles of Association the members of the Management Committee shall comprise of no more than twenty members of the community elected at the annual general meeting and shall meet at least six times each year. The company has created structures to ensure that there are agreed roles for members. The members of the board have managerial and business acumen, an understanding of the needs of the local community and awareness of local issues as well as an understanding of the requirements of charity law.

The Management Committee of the company has the power to determine applications for membership, and responsibility for the strategic direction and proper running of the charity.

Recruitment and appointment of Trustees

Board of Trustees are recruited through advertising and via networking, interviewed by the Chair and CEO prior to joining. Members are elected at the annual general meeting and may be co-opted at other times.

Introduction and training of Trustees
New Trustees complete a skills audit and receive a comprehensive induction session with the CEO, as well as receiving a Management Committee Handbook. Trustees are encouraged to attend annual away days and to observe Shantona's services. Trustees are offered training in various areas to fulfill their roles.

Day to day management is delegated to the following key personnel: -

Nahid Rasool (CEO): manages and develops staff, finance, premises and other resources of Shantona in collaboration with the Management Committee. Responsible for ensuring and facilitating the participation of service users and ensuring a high professional profile for the Centre's work with relevant agencies, commissioners and other stake holders.

Harpreet Dosanjh (Office Manager): deals with PAYE, book-keeping, managing the bank accounts, providing yearly financial information for the independent examination, evaluating user information for monitoring purposes and gathering information required by funders or partner organisations.

Ashia Akhtar (Administrator/PA to Director): Day to day administration of the centre and being the first point of contact for the organisation and service users via the telephone and face to face.

Diane Law (Project Development Co-ordinator): to work with the senior management team to support the improvement in the provision, practice, and performance of the workplace to maintain existing quality standard marks and work towards new ones. And to assist the CEO in generating income through commissioning processes and the submission of grant funding applications.

None of the trustees has any beneficial interest in the company. All the trustees are members of the company and guarantee to contribute no more than £1 in the event of a winding up.

Risk Factors
The trustees have assessed the major risks to which the charity is exposed and are satisfied those systems are in place to mitigate exposure to the major risks.

Company status
The company is limited by guarantee and all members have agreed to contribute a sum not exceeding £1 in the event of a winding-up. The number of guarantees at 31st March 2022 was 9.

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Statement of trustee responsibilities
The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and the income and expenditure of the charitable company for that period. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose at any time the financial position of the charitable company and to enable it to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees, who are directors for the purposes of company law, who served during the year and up to the date of this report are set out on page 1.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the provisions applicable to companies' subject to the small companies' regime of the Companies Act 2006.

Approved by the trustees and signed on their behalf by:

AP Eveleigh
. ..... Signed

Ann Eveleigh
…..... Name

07 / 19 / 2022
. ..... Date

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Shantona Women's & Family Centre

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Cowham

Paul Cowham FCA DChA
Green Fish Resource Centre
46 – 50 Oldham Street
Manchester
M4 1LE

07 / 21 / 2022

Date ……..……..

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Shantona Women's & Family Centre Ltd

Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2022

	Note	Unrestricted funds £	Restricted funds £	Total funds 2022 £	*Total funds 2021 £*
Income					
Donations and legacies	-	254	-	254	*2,272*
Charitable activities	3	95,965	440,820	536,785	*668,222*
Fees and other income	4	2,526	-	2,526	*4,240*
Investments	5	179	-	179	*193*
Total income		**98,924**	**440,820**	**539,744**	***674,927***
Expenditure					
Raising funds	6	-	-	-	-
Charitable activities	7	72,915	510,196	583,111	*549,879*
Total expenditure		**72,915**	**510,196**	**583,111**	***549,879***
Net income/(expenditure) for the year	8	**26,009**	**(69,376)**	**(43,367)**	***125,048***
Transfer between funds		-	-	-	-
Net movement in funds for the year		**26,009**	**(69,376)**	**(43,367)**	***125,048***
Reconciliation of funds					
Total funds brought forward		268,313	151,879	420,192	*295,144*
Total funds carried forward		**294,322**	**82,503**	**376,825**	***420,192***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

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Shantona Women's & Family Centre Ltd
Company number 3496978

Balance sheet as at 31 March 2022

	Note	2022 £	2022 £	*2021 £*	*2021 £*
Fixed assets					
Tangible assets	13		1,003		*1,337*
Total fixed assets			**1,003**		***1,337***
Current assets					
Debtors	14	11,872		*897*	
Cash at bank and in hand		365,250		*419,158*	
Total current assets		**377,122**		***420,055***	
Liabilities					
Creditors: amounts falling due in less than one year	15	(1,300)		*(1,200)*	
Net current assets			**375,822**		***418,855***
Total assets less current liabilities			376,825		*420,192*
Net assets			**376,825**		***420,192***
Funds of the charity					
Restricted income funds	16		82,503		*151,879*
Unrestricted income funds	17		294,322		*268,313*
Total charity funds			**376,825**		***420,192***

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 11 to 23 form part of these accounts.

Approved by the trustees on 18 July 2022 and signed on their behalf by:

Lauren Richardson	Ann Eveleigh
Name	Name
Signature	Signature AP Eveleigh

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Shantona Women's & Family Centre Ltd

Statement of Cash Flows
for the year ending 31 March 2022

	Note	2022 £	*2021* *£*
Cash provided by/(used in) operating activities	-	**(54,087)**	***131,818***
Cash flows from investing activities:			
Bank interest		179	*193*
Proceeds from sale of tangible fixed assets		-	-
Purchase of tangible fixed assets		-	-
Proceeds from sale of investments		-	-
Purchase of investments		-	-
Cash provided by/(used in) investing activities		**179**	***193***
Increase/(decrease) in cash and cash equivalents in the year		(53,908)	*132,011*
Cash and cash equivalents at the beginning of the year		419,158	*287,147*
Cash and cash equivalents at the end of the year		**365,250**	***419,158***

-

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1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Shantona Women's & Family Centre Ltd meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required. No such restatement was required.

c Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The Covid 19 pandemic has not, as of June 2020, had a significant negative impact on the charity's finances, although the charity has had to adapt some of its services during this time.

There are no key judgments which the trustees have made which have a significant effect on the accounts.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

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d Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

e Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

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g Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

h Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £2,500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Motor vehicles:	25% reducing balance
Fixtures equipment and toys	15% straight line
Computer equipment:	33% straight line

m Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

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O Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

P Pensions

Employees of the charity are entitled to join the charity's defined contribution workplace pension scheme. The charity's liability to the scheme is restricted to the contributions disclosed in note 9, subject to the minimum legal requirement.

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

Income from donations and legacies

	Unrestricted £	Restricted £	Total 2022 £	*Total 2021 £*
Donations	254	-	254	*2,272*
Total	254	-	254	*2,272*
Total by fund 31 March 2021	*1,602*	*670*	*2,272*	

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3 Income from charitable activities

	Unrestricted £	Restricted £	Total 2022 £	*Unrestricted £*	*Restricted £*	*Total 2021 £*
Grants						
The National Lottery Community Fund	2,700	130,395	133,095	*1,700*	*165,980*	*167,680*
Brelms Trust	-	-	-	-	*2,500*	*2,500*
CLLD - ESIF	-	37,517	37,517	-	*25,174*	*25,174*
Leeds Community Foundation - Healthy Holidays	-	14,000	14,000	-	*59,015*	*59,015*
Early Years NEG	68,265	1,125	69,390	*91,812*	-	*91,812*
Public Health	-	45,942	45,942	-	-	-
Forum Central	-	6,000	6,000	-	-	-
Global's Make Some Noise-DCMS	-	30,000	30,000	-	*23,000*	*23,000*
Leeds City Council (in kind)	-	-	-	-	*8,081*	*8,081*
Leeds City Council - Public Health	-	21,500	21,500	-	*36,332*	*36,332*
Leeds City Council - Small Projects	-	-	-		*9,200*	*9,200*
Leeds Strategic Fund	-		-	-	*24,997*	*24,997*
Live well Leeds	-	21,001	21,001	-	*20,001*	*20,001*
Lloyds Bank Foundation	25,000	-	25,000	*25,000*	-	*25,000*
Ministry of Justice PCC	-	85,012	85,012		*22,003*	*22,003*
Henry Smith	-	-	-	-	*30,000*	*30,000*
Henry Smith COVID 19 – DCMS	-	21,850	21,850	-	*65,550*	*65,550*
Lunch club	-	1,984	1,984	-	*834*	*834*
BBC Children in Need	-	9,998	9,998	-	*36,996*	*36,996*
UK Community Foundation	-	-	-	-	*20,000*	*20,000*
LDVS Sanctuary Support	-	14,333	14,333	-	-	-
NCH Welfare milk	-	163	163	-	*47*	*47*
Total	95,965	440,820	536,785	*118,512*	*549,710*	*668,222*

4 Fees and other income

	Unrestricted £	Restricted £	2022 £	*2021 £*
User contributions	1,426	-	1,426	*447*
Other income	1,100	-	1,100	*3,793*
	2,526	-	2,526	*4,240*

All income from fees and trading is unrestricted (as with the comparative figures)

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5 Investment income

	Unrestricted £	Restricted £	2022 £	*2021 £*
Income from bank deposits	179	-	179	*193*
	179	-	179	*193*

All of the charity's investment income arises from money held in interest bearing deposit accounts. All investment income is unrestricted.

6 Analysis of expenditure on raising funds

	Total 2022 £	*Total 2021 £*
Fundraising costs	-	-

7 Analysis of expenditure on charitable activities

	Total 2022 £	*Total 2021 £*
Staff costs	477,932	*442,633*
Depreciation	334	*4,720*
Premises costs	22,614	*18,216*
General running costs	43,930	*62,014*
General running costs (in kind)		*8,081*
Payments to partners	13,468	-
Programme costs	22,219	*12,338*
Travel	1,052	*677*
Governance costs		
Annual general meeting	-	-
Other governance costs	262	-
Independent examination	1,300	*1,200*
	583,111	549,879

	2022 £	*2021 £*
Restricted expenditure	510,196	*510,196*
Unrestricted expenditure	72,915	*39,683*
	583,111	*549,879*

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8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2022 £	*2021 £*
Depreciation	334	*4,720*
Independent examiner's remuneration		
- accountancy	550	*550*
- independent examination	650	*650*

9 Staff costs

Staff costs during the year were as follows:

	2022 £	*2021 £*
Wages and salaries	410,177	*399,205*
Social security costs	29,273	*24,564*
Employers pension contributions	25,348	*23,428*
Staff expenses, training & recruitment	8,953	*1,487*
HMRC JRS receipts	-	*(6,051)*
Redundancy	4,181	-
	477,932	*442,633*

No employee has employee benefits in excess of £60,000 (2021: Nil).

The average number of staff employed during the period was 28 (2021: 27).
The average full time equivalent number of staff employed during the period was 18.5 (2021: 17.5).

The key management personnel of the charity comprise the trustees, the CEO, the Project Development Co-ordinator, the Office Manager and the Administrator/PA to the CEO. The total employee benefits of the key management personnel of the charity were £98,257 (2021: £78,744).

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received any remuneration, reimbursed travel expense of £22 were paid during the year (2021: £nil).

Aggregate donations from related parties were £nil (2021: £nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2021: nil).

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11 Government grants

The government grants recognised in the accounts were as follows:

	2022	*2021*
	£	*£*
Big Lottery	130,395	*167,680*
Early Years NEG	69,390	*91,812*
Public Health	67,442	*36,332*
Leeds City Council - Small Projects	-	*9,200*
DCMS	*30,000*	*23,000*
CLLD - ESIF	*37,517*	*25,174*
	334,744	*305,024*

There were no unfulfilled conditions and contingencies attaching to the grants.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets: tangible assets

	Motor Vehicles	Fixtures, equipment & toys	Computer equipment	Total
Cost	£	£	£	£
At 1 April 2021	23,754	37,168	23,864	84,786
Additions	-	-	-	-
At 31 March 2022	23,754	37,168	23,864	84,786
Depreciation				
At 1 April 2021	22,417	37,168	23,864	83,449
Charge for the year	334	-		334
At 31 March 2022	22,751	37,168	23,864	83,783
Net book value				
At 31 March 2022	1,003	-	-	1,003
At 31 March 2021	*1,337*	*-*	*-*	*1,337*

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14 Debtors

	2022 £	*2021 £*
Accrued income	10,975	-
Prepayments	897	*897*
	11,872	*897*

15 Creditors: amounts falling due within one year

	2022 £	*2021 £*
Other creditors and accruals	1,300	*1,200*
	1,300	*1,200*

16 Analysis of movements in restricted funds

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
The National Lottery Community Fund - Reaching Communities	30,995	123,263	(104,055)	-	50,203
Women's Lives Leeds	14,953	7,132	(20,912)	-	1,173
The Brelms Trust CIO	2,241	-	(2,241)	-	-
CLLD - ESIF training & employment	(8,201)	37,517	(37,559)		(8,243)
Global's Make Some Noise-DCMS	-	30,000	(11,341)	-	18,659
Healthy Holidays	10,000	14,000	(20,000)		4,000
LCC - lunch club	525	1,984	(2,454)	-	55
Forum Central	-	6,000	(6,000)		-
Henry Smith	7,500	-	(7,500)	-	-
Henry Smith - Covid 19	26,506	21,850	(48,356)		-
BBC Children in Need - CSE	11,858	-	(11,858)	-	-
BBC Children in Need - family/young people	3,392	9,998	(8,008)	-	5,382
LDVS Sanctuary Support	-	14,333	(4,109)		10,224
Leeds Strategic Fund	1,440	-	(1,440)		-
NCH Welfare Milk	-	163	(163)	-	-
Public Health-Pre School	-	15,000	(15,000)	-	-
Public Health - COVID19	-	6,500	(6,500)	-	-
Public Health - Family Health	-	9,610	(9,610)	-	-
Public Health	-	36,332	(36,332)	-	-
LCC - in kind	-	-	-	-	-
Leeds Community Foundation	30,000	-	(30,000)	-	-
Early Years NEG	-	1,125	(1,125)	-	-
Live Well Leeds - CBMHS	-	21,001	(20,381)		620
Ministry of Justice PCC	-	85,012	(85,012)		-
UK Community Foundation	20,000	-	(20,000)	-	-
Small restricted donations	670	-	(240)	-	430
	151,879	440,820	(510,196)	-	82,503

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16 Analysis of movements in restricted funds (continued)

Previous reporting period	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2021 £
The National Lottery Community Fund -	12,440	132,827	(114,272)	-	*30,995*
The National Lottery Community Fund -	7,705	33,153	(25,905)	-	*14,953*
The Brelms Trust CIO	1,304	2,500	(1,563)	-	*2,241*
CLLD - ESIF training & employment	-	25,174	(33,375)		*(8,201)*
Global's Make Some Noise-DCMS	-	23,000	(23,000)	-	-
Healthy Holidays	-	28,180	(18,180)		*10,000*
LCC - lunch club	-	1,669	(1,144)	-	*525*
Henry Smith	7,350	30,000	(29,850)	-	*7,500*
Henry Smith - Covid 19	-	65,550	(39,044)		*26,506*
BBC Children in Need - CSE	7,009	21,738	(16,889)	-	*11,858*
BBC Children in Need - family/young	-	12,498	(9,106)	-	*3,392*
BBC Children in Need - COVID	-	2,760	(2,760)	-	-
Leeds Strategic Fund	-	24,997	(23,557)		*1,440*
NCH Welfare Milk	-	47	(47)	-	-
Public Health	-	36,332	(36,332)	-	-
LCC - in kind	-	8,081	(8,081)	-	-
Leeds Community Foundation	-	30,000	-	-	*30,000*
Live Well Leeds - CBMHS	-	20,001	(20,001)	-	-
Ministry of Justice PCC	-	22,003	(22,003)	-	-
Small Projects - Leeds City Council	1,514	9,200	(10,714)	-	-
UK Community Foundation	-	20,000	-	-	*20,000*
Small restricted donations	-	670	-	-	*670*
Total	*37,322*	*550,380*	*(435,823)*	-	*151,879*

Name of	Description, nature and purposes of the fund
Public Health	Tackling health inequalities within Bangladeshi community.
The National Lottery Community Fund - Reaching Communities	to develop a scheme aimed at women and girls among black and minority ethnic (BME) groups in the city, to support victims of violence and educate encourage others to build resilience.
Lunch Club	to provide nutritious and healthy eating regime for the elderly.
BBC-CIN CSE	is to increase awareness and support young people to seek help and disclose about sexual exploitation they face in different situations, within a culturally sensitive environment.
BBC-CIN DV	to support children witnessing violence within family and manage issues after fleeing from domestic violence, in order to build a better family life, settle within the community and take control of their lives.
Henry Smith	Contribution towards Core Salaries for strategic development.

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16 Analysis of movements in restricted funds (continued)

Name of	Description, nature and purposes of the fund
Early Years	To provide 30 hours free pre-school nursery for children aged 2 & 3-4 years old.
Women's Lives Leeds	to work directly with women and girls with complex needs by providing one to one intensive support, that will take a holistic approach meeting their specific needs.
CLLD-ESIF	to develop customised support to vulnerable BAME women who often faced barriers to engage in economic activities.
Live Well Leeds	To create a safe, non-judgmental and friendly space to support BAME 16+ women with mild to moderate mental health needs
Healthy Holidays	to provide a safe and nurturing environment for young people to experience, learn and explore whilst making new friends without the financial constraints of holiday poverty.
Ministry of Justice	To develop and train existing support role (including Male) to become IDVA specific culturally aware relationships with culturally diverse communities.
Infrastructure/ Resilience Fund	to provide tailored support to local small/micro Culturally diverse ethnic minority led organisations to successfully apply for funding, that have struggled to do so due to the Covid-19 pandemic and ensure resilience through these times
LDVS Sanctuary Support	to provide support to people living in properties in safe accommodation that have a sanctuary installation through the Leeds Housing Options (LHO) managed Sanctuary Scheme and offer specialist support to those with protected characteristics whilst considering the needs of any children living within those properties.
Globals Make Some Noise	to provide young people's transition support from COVID lockdown to getting back to school.

17 Analysis of movement in unrestricted funds

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	As at 31 March 2022 £
General fund	186,976	98,924	(72,581)	40,000	253,319
Core costs, consultancy fees and project development	80,000	-	-	(40,000)	40,000
Fixed assets	1,337	-	(334)	-	1,003
	268,313	98,924	(72,915)	-	294,322

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17 Analysis of movements in unrestricted funds (continued)

Previous reporting period	*Balance at 1 April 2020* £	*Income* £	*Expenditure* £	*Transfers* £	*As at 31 March 2021* £
General fund	*211,765*	*124,547*	*(109,336)*	*(40,000)*	*186,976*
Core costs, consultancy fees and	*40,000*	-	-	*40,000*	*80,000*
Fixed assets	*6,057*	-	*(4,720)*	-	*1,337*
	257,822	*124,547*	*(114,056)*	-	*268,313*

Name of	Description, nature and purposes of the fund
Core costs, consultancy fees and project development	These funds are to make sure all policies and procedures are up to date, as well as development of Shantona's existing and new projects. Also to cover Shantona Women Centre's all redundancy and other liabilities in the event of Closure
Fixed assets	The fixed asset fund represents the net book value of fixed assets in the accounts which do not form part of free reserves and are to be used by the charity in the furtherence of it's charitable objects.

18 Analysis of net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	-	1,003	-	1,003
Net current assets/(liabilities)	252,316	41,003	82,503	375,822
Total	253,319	42,006	82,503	376,825

19 Lease commitments

The charity had the following commitments under non-cancellable operating leases:

	Land and buildings		Equipment	
	2022 £	*2021* £	2022 £	*2021* £
Leases expiring in:				
One year	-	-	-	-
Two to five years	-	-	9,424	*11,780*

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20 Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	*2021* *£*
Net income/(expenditure) for the year	(43,367)	*125,048*
Adjustments for:		
Depreciation charge	334	*4,720*
Loss/(profit) on sale of fixed assets	-	-
Dividends, interest and rents from investments	(179)	(193)
Decrease/(increase) in stock	-	-
Decrease/(increase) in debtors	(10,975)	*2,243*
Increase/(decrease) in creditors	100	-
Net cash provided by/(used in)	(54,087)	*131,818*

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Shantona Women's & Family Services Ltd.

England & Wales - Charity number 1075752

Accounts

Company registered number 3496978
Registered charity number 1075752

Shantona Women's & Family Centre Ltd

Financial Statements

for the year ended 31st March 2021

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Shantona Women's & Family Centre Ltd

Trustees' Report for the year ended 31st March 2021

The trustees present their report and unaudited financial statements for the year ended 31st March 2021

Reference and Administrative Information

Charity name	Shantona Women's Centre Ltd
Charity Registration Number	1075752
Company Registration Number	3496978
Registered Office	Shepherds Lane Leeds LS8 5AW

Trustees

Jill Jones	Treasurer
Ann Eveleigh	Chair
Melody Walker	Vice chair
Susan Boalch	
Saima Javeed	Resigned 26/03/2021
Ally Martin	
Lauren Richardson	
Catherine Mahoney	
Lynne Anne Guzha	

Company Secretary

Nahid Rasool

Principal staff

Nahid Rasool	CEO

Independent Examiner

Paul Cowham MA ACA DChA
Green Fish resource Centre
46 – 50 Oldham Street
Manchester
M4 1LE

Bankers

Unity Trust Bank
Four Brindleyplace
Birmingham
B1 2JB

Charity Bank Limited
194 High Street
Tonbridge
Kent
TN9 1BE

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Shantona Women's & Family Centre Ltd

Trustees' Report
for the year ended 31 March 2021

Objectives and activities

Shantona has been operating as a limited company since January 1998 and as a registered charity since 28th May 1999. Its charitable objectives are; "To promote the benefit of women in Leeds and the surrounding area by the advancement of education, relief of poverty, the preservation and protection of good health and the provision of facilities for recreation and leisure-time occupation in the interests of social welfare, in particular but without prejudice to the foregoing, for women of Bangladeshi origin."

The name Shantona means, "Comfort" in Bengali. Established in 1998 by local Bangladeshi women, the aim of Shantona is to provide a separate, safe centre for women, children and young people.

In 2018 Shantona celebrated our 20th year of operation. We have received various awards and recognition for the strengths, achievements and benefits to the community including the Duke of York community initiative awards 2007 and 2012, A1 Business Excellence and the Golden Owl for our Hope Film. In recognition of her contribution to the public and voluntary sector in Leeds our CEO, Nahid Rasool, was also awarded an Honorary Doctorate of the University by Leeds Beckett in 2017.

Shantona's diverse team reaches out to isolated women, building trusting relationships and empowering BAME women and families to be confident, independent and resilient, to tackle inequality and to participate in programmes to improve community cohesion.

Shantona challenges inequalities, discrimination and poor cultural practice. We address issues such as domestic abuse (DV), Child Sexual Exploitation (CSE), preventing extremism and provide parenting support within BAME communities. Through our work, women and girls have developed leadership skills and have become empowered to influence and challenge culturally sensitive issues within their community which would otherwise remain hidden and go unreported. As a result, women are now sharing their experiences around domestic abuse and child sexual exploitation publicly and influencing faith groups including mosques.

Shantona is highly regarded as a specialist organisation providing culturally sensitive support to BAME communities and over many years has developed resources to support professionals to adopt culturally sensitive services.

As a result of growing demand Shantona built an extension to its centre in 2011 and, since then, increasing numbers of women, children and families use the centre. Because of this increase, we are now unable to accommodate the needs of the community within the centre and are now using various other premises to meet the demand.

Covid Impact

During the first lockdown Shantona's staff team worked from home for a period but we never lost contact with the community in response to Lockdown. We've changed gear and have been delivering emergency food parcels, supporting people over the phone and of course, making great videos like the Cooking with Zaynah series to encourage families to stay healthy at home.
We have produced a number of other videos in the pipeline such as a sports series (including things like tai chi and cricket), crafting series and others. Community support is at the heart of Shantona, so we're trying our hardest to support some of the most vulnerable women in our communities. From June 2020 we returned to the office and started some of our face to face and group work. We have also developed a COVID safe workplace and implemented a thorough risk assessment.

Shantona's services over the year include:

Domestic Violence (DV) Support: Supporting BAME women and girls who are facing abuse including; domestic (mental, physical, emotional abuse), forced marriage, honour based violence, Child Sexual Exploitation and isolation resulting from divorce or marriage breakdown.

Isolation Work – to work with victims of DV from marginalised BAME women, who often become socially excluded and lonely after leaving violent relationship, for many reasons including community pressure, lack of confidence and skills.

Child Sexual Exploitation (CSE) - increasing awareness and supporting young people to seek help and disclose any sexual exploitation they face within a culturally sensitive environment.

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Healthcare Provision – Working with BAME women, children and young people to address health inequality, promoting healthy life-styles, easing access to health services and meeting the health-related recreational needs of the community.

Older Peoples Project - creating opportunities for women aged 50+ (mainly from the South Asian Community) to meet new people, build friendships, socialise and obtain emotional support.

Community Cohesion Project - to build community resilience; protect vulnerable people who due to isolation, inequality and feeling oppressed within the community and wider society are at higher risk of developing extreme views. To focus on issues such as cohesion and integration, empowerment and women's rights, voice and leadership,

Women's Lives Leeds – working directly with women and girls with complex needs, providing one to one intensive support, and taking a holistic approach to meet their specific needs.

Shoman Adiker (Training & Employment project) – to develop customised support to vulnerable BAME women who often faced barriers to engage in economic activities. The project supports them to realise and value of their potential and progress into self-employment pathways.

COVID-19 – brought lot of challenges for the community we serve, as many of our service users were affected by that, which includes the staff team, as they are the part of the community. People from the communities were faced with poverty, deprivation and inequalities in many areas. During this period Shantona has taken a lead role to make sure, communities are getting the extra support to come out of the difficult time. Therefore we have applied for additional funding to increase capacity, develop our ITand technologies to support the most vulnerable women, young people and their families.
Thanks to our funders for providing COVID-19 extraordinary provision, including Big lottery, BBC Children in Need, Henry Smith, Cmmunity Foundation, Public Health, Globals make some noise, MOJ-Police Crime Commissioner fund and Community Match Challenge etc.

Youth Club - working with young people to facilitate their personal, social and educational development and supporting them during their period of transition from dependence to independence.

Early Years Provision: providing 30 hours free pre-school nursery education to children aged 2 and 3-4 years, by bilingual staff who have a good knowledge and understanding of the local communities' needs.

Community Minibus: Shantona runs a community minibus for the community that it serves. The minibus has been vital for engaging local women, children and young people and enabling them to take part in wider activities, including swimming, play scheme outings, nature walks etc.

Role and Contribution of Volunteers:
Over the past year Shantona has benefitted from a team of 5 volunteers ensuring that we were able to deliver our services effectively. Our volunteers have actively contributed as part of the Health, Young People's Services and DV project.

Achievements and performance
Over the years Shantona has provided unique services, not only to overcome barriers to access services, but also to help people become independent. From being a small community organisation providing social and recreational activities for the Bangladeshi community with the focus on a particular geographical area of Leeds, it is now catering for people from various ethnic minority communities. By advocating and meeting the needs of our target group, we hope to benefit the whole of society by encouraging integration and community cohesion and reducing inequality.

The trustees confirm that they have paid due regard to Charity Commission guidance on public benefit in deciding what activities the charity should undertake.

Financial review
Shantona has again been successful in attracting funding from various sources.
It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current

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activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year. The charity has designated funds amounting to £80,000 which have been set aside out of unrestricted funds for specific purposes. Note 17 provides further details of the purpose of these funds.

Plans for future periods
Shantona as an organisation has adopted, extended and changed a lot. Currently we are working with many culturally diverse communities of interest, became the voice of small organisations and supporting them in a collaborative way, including BHI, Orion Partnership, Women's Lives Leeds etc. are small organisations which Shantona is supporting whereas we are working in partnership with them, while possibly supporting smaller organisations & their voice.

Future plans include:

- Develop our services to become more specialist services for culturally diverse communities, who are facing many difficulties because of inequalities
- Reaching out to partners outside of Leeds and engaging in further collaboration.
- Continuing to raise awareness around violence against women and girls and producing resources.
- Development of staff team to support the communities.
- Carrying out research and developing further services to meet the needs of the community and dealing with new emerging issues.
- Increasing the amount of young people's provision and improving community cohesion between young people from Harehills.
- Involvement in further partnerships with various domestic violence projects by bringing an integrated approach, to tackle various issues around DV and CSE; our joint approach will be citywide to increase working with people who are not reporting violence, as well as working on child sexual exploitation through a targeted support service with Safer Leeds and the Domestic Violence Forum.

Structure, governance and management

The charity is a company limited by guarantee and registered as a charity on 28 May 1999. The charitable company was established under a Memorandum of Association which established its objects and powers and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Jill Jones
Catherine Mahoney
Lynne Anne Guzha
Ann Eveleigh
Melody Walker
Susan Boalch
Saima Javeed
Ally Martin
Lauren Richardson

Under the requirements of the Memorandum and Articles of Association the members of the Management Committee shall comprise of no more than twenty members of the community elected at the annual general meeting and shall meet at least six times each year. The company has created structures to ensure that there are agreed roles for members. The members of the board have managerial and business acumen, an understanding of the needs of the local community and awareness of local issues as well as an understanding of the requirements of charity law.

The Management Committee of the company has the power to determine applications for membership, and responsibility for the strategic direction and proper running of the charity.

Recruitment and appointment of Trustees

Board of Trustees are recruited through advertising and via networking, interviewed by the Chair and CEO prior to joining. Members are elected at the annual general meeting and may be co-opted at other times.

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Shantona Women's & Family Centre Ltd

Trustees' Report
for the year ended 31 March 2021

Introduction and training of Trustees
New Trustees complete a skills audit and receive a comprehensive induction session with the CEO, as well as receiving a Management Committee Handbook. Trustees are encourage to attend annual away days and to observe Shantona's services .Trustees are offered training in areas inorder to fulfill their roles.

Day to day management is delegated to the following key personnel: -

Nahid Rasool (CEO): manages and develops staff, finance, premises and other resources of Shantona in collaboration with the Management Committee. Responsible for ensuring and facilitating the participation of service users and ensuring a high professional profile for the Centre's work with relevant agencies, commissioners and other stake holders.

Harpreet Dosanjh (Office Manager): deals with PAYE, book-keeping, managing the bank accounts, providing yearly financial information for the independent examination, evaluating user information for monitoring purposes and gathering information required by funders or partner organisations.

Ashia Akhtar (Administrator/PA to Director): Day to day administration of the centre and being the first point of contact for the organisation and service users via the telephone and face to face.

None of the trustees has any beneficial interest in the company. All the trustees are members of the company and guarantee to contribute no more than £1 in the event of a winding up.

Risk Factors
The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

Company status
The company is limited by guarantee and all members have agreed to contribute a sum not exceeding £1 in the event of a winding-up. The number of guarantees at 31st March 2021 was 8.

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Statement of trustee responsibilities
The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities). Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and the income and expenditure of the charitable company for that period. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose at any time the financial position of the charitable company and to enable it to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees, who are directors for the purposes of company law, who served during the year and up to the date of this report are set out on page 1.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the provisions applicable to companies' subject to the small companies' regime of the Companies Act 2006.

Approved by the trustees and signed on their behalf by:

AP Eveleigh
..... Signed

Ann Eveleigh
…….. Name

07 / 19 / 2021
..... Date

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Independent Examiner's Report to the Trustees of

Shantona Women's & Family Centre

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or

2. the accounts do not accord with those records; or

3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or

4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Cowham

Paul Cowham FCA DChA
Green Fish Resource Centre
46 – 50 Oldham Street
Manchester
M4 1LE

07 / 27 / 2021
Date ……..

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Shantona Women's & Family Centre Ltd

Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total funds 2021 £	*Total funds 2020 £*
Income					
Donations and legacies	-	1,602	670	2,272	*340*
Charitable activities	3	118,427	549,710	668,137	*533,382*
Fees and other income	4	4,325	-	4,325	*9,557*
Investments	5	193	-	193	*280*
Total income		**124,547**	**550,380**	**674,927**	***543,559***
Expenditure					
Raising funds	6	-	-	-	-
Charitable activities	7	114,056	435,823	549,879	*512,502*
Total expenditure		**114,056**	**435,823**	**549,879**	***512,502***
Net income/(expenditure) for the year	8	**10,491**	**114,557**	**125,048**	***31,057***
Transfer between funds		-	-	-	-
Net movement in funds for the year		**10,491**	**114,557**	**125,048**	***31,057***
Reconciliation of funds					
Total funds brought forward		257,822	37,322	295,144	*264,087*
Total funds carried forward		**268,313**	**151,879**	**420,192**	***295,144***

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

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Shantona Women's & Family Centre Ltd
Company number 3496978

Balance sheet as at 31 March 2021

	Note	2021 £	2021 £	*2020 £*	*2020 £*
Fixed assets					
Tangible assets	13		1,337		*6,057*
Total fixed assets			**1,337**		***6,057***
Current assets					
Debtors	14	897		*3,140*	
Cash at bank and in hand		419,158		*287,147*	
Total current assets		**420,055**		***290,287***	
Liabilities					
Creditors: amounts falling due in less than one year	15	(1,200)		*(1,200)*	
Net current assets			**418,855**		***289,087***
Total assets less current liabilities			420,192		*295,144*
Net assets			**420,192**		***295,144***
Funds of the charity					
Restricted income funds	16		151,879		*37,322*
Unrestricted income funds	17		268,313		*257,822*
Total charity funds			**420,192**		***295,144***

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 11 to 22 form part of these accounts.

Approved by the trustees on 07 / 27 / 2021 ..... and signed on their behalf by:

Jill Jones	Ann Eveleigh
Name	Name
Signature Jill Jones	Signature AP Eveleigh

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Shantona Women's & Family Centre Ltd

Statement of Cash Flows
for the year ending 31 March 2021

	Note	2021 £	*2020* *£*
Cash provided by/(used in) operating activities	-	**131,818**	***40,217***
Cash flows from investing activities:			
Bank interest		193	*280*
Proceeds from sale of tangible fixed assets		-	-
Purchase of tangible fixed assets		-	-
Proceeds from sale of investments		-	-
Purchase of investments		-	-
Cash provided by/(used in) investing activities		**193**	***280***
Increase/(decrease) in cash and cash equivalents in the year		132,011	*40,497*
Cash and cash equivalents at the beginning of the year		287,147	*246,650*
Cash and cash equivalents at the end of the year		**419,158**	***287,147***

-

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1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Shantona Women's & Family Centre Ltd meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required. No such restatement was required.

c Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The Covid 19 pandemic has not, as of June 2020, had a significant negative impact on the charity's finances, although the charity has had to adapt some of its services during this time.

There are no key judgments which the trustees have made which have a significant effect on the accounts.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

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d Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

e Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

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g Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

h Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i Operating leases

Operating leases are leases in which the title to the assets, and the risks and rewards of ownership, remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

j Tangible fixed assets

Individual fixed assets costing £2,500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Motor vehicles:	25% reducing balance
Fixtures equipment and toys	15% straight line
Computer equipment:	33% straight line

m Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

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O Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

P Pensions

Employees of the charity are entitled to join the charity's defined contribution workplace pension scheme. The charity's liability to the scheme is restricted to the contributions disclosed in note 9, subject to the minimum legal requirement.

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

Income from donations and legacies

	Unrestricted £	Restricted £	Total 2021 £	*Total 2020 £*
Donations	1,602	670	2,272	*340*
Total	1,602	670	2,272	*340*
Total by fund 31 March 2020	*340*	*-*	*340*	

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3 Income from charitable activities

	Unrestricted £	Restricted £	Total 2021 £	*Unrestricted £*	*Restricted £*	*Total 2020 £*
Grants						
Public Health	-	36,332	36,332	-	*36,332*	*36,332*
The National Lottery Community Fund	1,700	165,980	167,680	-	*158,154*	*158,154*
Brelms Trust	-	2,500	2,500	-	*2,500*	*2,500*
BSBT Home Office		-	-	-	*80,634*	*80,634*
CLLD - ESIF	-	25,174	25,174	-	-	-
Leeds Community Foundation	-	59,015	59,015	-	*2,420*	*2,420*
Early Years	91,727		91,727	*110,478*	-	*110,478*
Global's Make Some Noise-DCMS	-	23,000	23,000	-	-	-
GSK impact award	-	-	-	*30,000*	-	*30,000*
Leeds City Council (in kind)	-	8,081	8,081		*7,362*	*7,362*
Leeds City Council Playscheme	-	-	-	-	*970*	*970*
Leeds City Council - Small Projects		9,200	9,200	-	*2,074*	*2,074*
Leeds Strategic Fund	-	24,997	24,997	-	*12,498*	*12,498*
Live well Leeds	-	20,001	20,001	-	*20,001*	*20,001*
Lloyds Bank Foundation	25,000	-	25,000	-	-	-
Ministry of Justice PCC		22,003	22,003	-	-	-
Henry Smith	-	30,000	30,000	-	*29,400*	*29,400*
Henry Smith COVID 19 – DCMS	-	65,550	65,550	-	-	-
Lunch club	-	834	834	-	*1,399*	*1,399*
BBC Children in Need	-	36,996	36,996	-	*38,616*	*38,616*
UK Community Foundation	-	20,000	20,000	-	-	-
Other		47	47	-	*544*	*544*
Total	118,427	549,710	668,137	*140,478*	*392,904*	*533,382*

4 Fees and other income

	Unrestricted £	Restricted £	2021 £	*2020 £*
User contributions	447	-	447	*2,989*
Childcare	85	-	85	*4,403*
Other income	3,793	-	3,793	*2,165*
	4,325	-	4,325	*9,557*

All income from fees and trading is unrestricted (as with the comparative figures)

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5 Investment income

	Unrestricted £	Restricted £	2021 £	*2020 £*
Income from bank deposits	193	-	193	*280*
	193	-	193	*280*

All of the charity's investment income arises from money held in interest bearing deposit accounts. All investment income is unrestricted.

6 Analysis of expenditure on raising funds

	Total 2021 £	*Total 2020 £*
Fundraising costs	-	-

7 Analysis of expenditure on charitable activities

	Total 2021 £	*Total 2020 £*
Staff costs	442,633	*414,986*
Depreciation	4,720	*4,868*
Premises costs	18,216	*13,036*
General running costs	62,014	*26,840*
General running costs (in kind)	8,081	*7,362*
Payments to partners	-	*23,940*
Programme costs	12,338	*17,722*
Travel	677	*2,232*
Governance costs		
Annual general meeting	-	-
Other governance costs	-	*316*
Independent examination	1,200	*1,200*
	549,879	512,502

	2021 £	*2020 £*
Restricted expenditure	435,823	*435,823*
Unrestricted expenditure	114,056	*76,679*
	549,879	*512,502*

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8 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2021 £	*2020 £*
Depreciation	4,720	*4,868*
Independent examiner's remuneration		
- accountancy	550	*550*
- independent examination	650	*650*

9 Staff costs

Staff costs during the year were as follows:

	2021 £	*2020 £*
Wages and salaries	399,205	*371,051*
Social security costs	24,564	*21,394*
Employers pension contributions	23,428	*19,869*
Staff expenses, training & recruitment	1,487	*2,672*
HMRC JRS receipts	(6,051)	-
	442,633	*414,986*

No employee has employee benefits in excess of £60,000 (2020: Nil).

The average number of staff employed during the period was 27 (2020: 26).
The average full time equivalent number of staff employed during the period was 17.5 (2020: 17).

The key management personnel of the charity comprise the trustees, the CEO, the Finance & Monitoring Officer and the Administrator/PA to the CEO. The total employee benefits of the key management personnel of the charity were £78,744 (2020: £77,201).

10 Trustee remuneration and expenses, and related party transactions

Neither the trustees nor any persons connected with them received any remuneration, reimbursed travel expense of £nil were paid during the year (2020: £7).

Aggregate donations from related parties were £nil (2020: £nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2020: nil).

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11 Government grants

The government grants recognised in the accounts were as follows:

	2021 £	*2020 £*
Big Lottery	165,980	*158,154*
Early Years NEG	91,727	*110,478*
Public Health	36,332	*36,332*
Leeds City Council - Playscheme	-	*970*
Leeds City Council - Small Projects	*9,200*	*2,074*
DCMS	*88,550*	-
CLLD - ESIF	*25,174*	-
	416,963	*308,008*

There were no unfulfilled conditions and contingencies attaching to the grants.

12 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

13 Fixed assets: tangible assets

Cost	Motor Vehicles £	Fixtures, equipment & toys £	Computer equipment £	Total £
At 1 April 2020	23,754	37,168	23,864	84,786
Additions	-	-	-	-
At 31 March 2021	23,754	37,168	23,864	84,786
Depreciation				
At 1 April 2020	21,971	37,168	19,590	78,729
Charge for the year	446	-	4,274	4,720
At 31 March 2021	22,417	37,168	23,864	83,449
Net book value				
At 31 March 2021	1,337	-	-	1,337
At 31 March 2020	*1,783*	*-*	*4,274*	*6,057*

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14 Debtors

	2021 £	*2020 £*
Accrued income	-	*2,243*
Prepayments	897	*897*
	897	*3,140*

15 Creditors: amounts falling due within one year

	2021 £	*2020 £*
Other creditors and accruals	1,200	*1,200*
	1,200	*1,200*

16 Analysis of movements in restricted funds

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2021 £
The National Lottery Community Fund - Reaching Communities	12,440	132,827	(114,272)	-	30,995
The National Lottery Community Fund - Women's Lives Leeds	7,705	33,153	(25,905)	-	14,953
The Brelms Trust CIO	1,304	2,500	(1,563)	-	2,241
CLLD - ESIF training & employment	-	25,174	(33,375)		(8,201)
Global's Make Some Noise-DCMS	-	23,000	(23,000)	-	-
Healthy Holidays	-	28,180	(18,180)		10,000
LCC - lunch club	-	1,669	(1,144)	-	525
Henry Smith	7,350	30,000	(29,850)	-	7,500
Henry Smith - Covid 19	-	65,550	(39,044)		26,506
BBC Children in Need - CSE	7,009	21,738	(16,889)	-	11,858
BBC Children in Need - family/young people	-	12,498	(9,106)	-	3,392
BBC Children in Need - COVID	-	2,760	(2,760)	-	-
Leeds Strategic Fund	-	24,997	(23,557)		1,440
NCH Welfare Milk	-	47	(47)	-	-
Public Health	-	36,332	(36,332)	-	-
LCC - in kind	-	8,081	(8,081)	-	-
Leeds Community Foundation	-	30,000	-	-	30,000
Live Well Leeds - CBMHS	-	20,001	(20,001)		-
Ministry of Justice PCC	-	22,003	(22,003)		-
Small Projects - Leeds City Council	1,514	9,200	(10,714)	-	-
UK Community Foundation	-	20,000	-	-	20,000
Small restricted donations	-	670	-	-	670
	37,322	550,380	(435,823)	-	151,879

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16 Analysis of movements in restricted funds (continued)

Previous reporting period	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2020 £
The National Lottery Community Fund -	-	*117,507*	*(105,067)*	-	*12,440*
The National Lottery Community Fund -	*7,375*	*31,210*	*(30,880)*	-	*7,705*
Brelms Trust	*1,915*	*2,500*	*(3,111)*	-	*1,304*
BSBT Home Office	*(2,346)*	*49,960*	*(47,614)*	-	-
BSBT-HM Hate Crime	-	*30,674*	*(30,674)*	-	-
LCC - lunch club	-	*1,399*	*(1,399)*	-	-
Henry Smith	*7,200*	*29,400*	*(29,250)*	-	*7,350*
BBC Children in Need - CSE	-	*28,627*	*(21,618)*	-	*7,009*
BBC Children in Need - family/young	-	*9,989*	*(9,989)*	-	-
Leeds Strategic fund	*9,969*	*12,498*	*(22,467)*	-	-
NCH Welfare Milk	-	*252*	*(252)*	-	-
Public Health	-	*36,504*	*(36,504)*	-	-
LCC - Playscheme	-	*970*	*(970)*		-
LCC - in kind	-	*7,362*	*(7,362)*	-	-
Live Well Leeds - CBMHS	-	*20,001*	*(20,001)*	-	-
Small Projects - Community	-	*2,420*	*(2,420)*	-	-
Small Projects - Leeds City Council	-	*2,074*	*(560)*	-	*1,514*
Small Projects - Oblong Leeds	-	*120*	*(120)*		-
Time to Shine (Big Lottery &	-	*9,437*	*(9,437)*		-
Total	*24,113*	*392,904*	*(379,695)*	-	*37,322*

Name of	Description, nature and purposes of the fund
Public Health	Tackling health inequalities within Bangladeshi community.
The National Lottery Community Fund - Reaching Communities	to develop a scheme aimed at women and girls among black and minority ethnic (BME) groups in the city, to support victims of violence and educate encourage others to build resilience.
LCC Lunch Club	to provide nutritious and healthy eating regime for the elderly.
BBC-CIN CSE	is to increase awareness and support young people to seek help and disclose about sexual exploitation they face in different situations, within a culturally sensitive environment.
BBC-CIN DV	to support children witnessing violence within family and manage issues after fleeing from domestic violence, in order to build a better family life, settle within the community and take control of their lives.
Henry Smith	Contribution towards Core Salaries for strategic development.

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16 Analysis of movements in restricted funds (continued)

Name of	Description, nature and purposes of the fund
Early Years	To provide 30 hours free pre-school nursery for children aged 2 & 3-4 years old.
Women's Lives Leeds	to work directly with women and girls with complex needs by providing one to one intensive support, that will take a holistic approach meeting their specific needs.
Leeds Strategic Fund	To work with victims of DV from marginalised BME women, to break their fear of loneliness and enable to lead an independent life.
CLLD-ESIF	to develop customised support to vulnerable BAME women who often faced barriers to engage in economic activities.
Live Well Leeds	To create a safe, non-judgmental and friendly space to support BAME 16+ women with mild to moderate mental health needs
Healthy Holidays	to provide a safe and nurturing environment for young people to experience, learn and explore whilst making new friends without the financial constraints of holiday poverty.

17 Analysis of movement in unrestricted funds

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	As at 31 March 2021 £
General fund	211,765	124,547	(109,336)	(40,000)	186,976
Core costs, consultancy fees and project development	40,000	-	-	40,000	80,000
Fixed assets	6,057	-	(4,720)	-	1,337
	257,822	124,547	(114,056)	-	268,313

Previous reporting period	*Balance at 1 April 2019 £*	*Income £*	*Expenditure £*	*Transfers £*	*As at 31 March 2020 £*
General fund	*189,049*	*150,655*	*(127,939)*	-	*211,765*
Core costs, consultancy fees and project development	*40,000*	-	-	-	*40,000*
Fixed assets	*10,925*	-	*(4,868)*	-	*6,057*
	239,974	*150,655*	*(132,807)*	-	*257,822*

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17 Analysis of movements in unrestricted funds (continued)

Name of	Description, nature and purposes of the fund
Core costs, consultancy fees and project development	These funds are to make sure all policies and procedures are up to date, as well as development of Shantona's existing and new projects. Also to cover Shantona Women Centre's all redundancy and other liabilities in the event of Closure
Fixed assets	The fixed asset fund represents the net book value of fixed assets in the accounts which do not form part of free reserves and are to be used by the charity in the furtherence of it's charitable objects.

18 Analysis of net assets between funds

	General fund £	Designated funds £	Restricted funds £	Total £
Tangible fixed assets	-	1,337	-	1,337
Net current assets/(liabilities)	185,639	81,337	151,879	418,855
Total	186,976	82,674	151,879	420,192

19 Lease commitments

The charity had the following commitments under non-cancellable operating leases:

	Land and buildings		Equipment	
	2021 £	*2020 £*	2021 £	*2020 £*
Leases expiring in:				
One year	-	-	-	942
Two to five years	-	-	11,780	-

20 Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	*2020 £*
Net income/(expenditure) for the year	125,048	*31,057*
Adjustments for:		
Depreciation charge	4,720	*4,868*
Loss/(profit) on sale of fixed assets	-	-
Dividends, interest and rents from investments	(193)	(280)
Decrease/(increase) in stock	-	-
Decrease/(increase) in debtors	2,243	*4,472*
Increase/(decrease) in creditors	-	*100*
Net cash provided by/(used in)	131,818	*40,217*

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