

THE MOVEMENT CENTRE FOR TARGETED TRAINING
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020



THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 DECEMBER 2020**

Trustees	Stuart Gillies Katrina Graham Alison Shields Angela Tomley David Vicary, Chair of Trustees David Williams
Company registered number	03713213
Charity registered number	1075549
Registered office	Robert Jones & Agnes Hunt Orthopaedic Hospital Oswestry Shropshire SY10 7AG
Accountants	WR Partners Chartered Accountants Belmont House Shrewsbury Business Park Shrewsbury Shropshire SY2 6LG
Key Management Personnel	Mrs V Handbury Madin - Chief Executive Officer (Resigned 28 February 2020) Mr J A Wilkes - Chief Executive Officer (Appointed 1 December 2020)

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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 DECEMBER 2020

The Trustees present their annual report together with the financial statements of the Charitable Company for the year 1 January 2020 to 31 December 2020. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

The Movement Centre for Targeted Training (which operates under its working name The Movement Centre) is a UK charity and specialist treatment centre for children dedicated to supporting children and their families living with movement disabilities. We provide a specialist therapy called Targeted Training to help children gain movement control. Our vision is that all children who have a disability affecting their movement control are able to reach their full potential. Our mission is to maximise the potential of children's movement control through Targeted Training therapy.

Targeted Training has been developed to help children with movement disabilities gain control of their movement. It helps enable children to gain new skills and independence, which can have a huge impact on their lives. It can also make a big difference to the lives of their family and friends. Through a course of Targeted Training therapy children can gain head control, so they can interact with their family; it can help children develop the skills to sit unaided, so that they can play with their friends. For some children it can enable them to walk, which means they can be far more independent.

We welcome any family to come to The Movement Centre who may benefit. Diagnoses include, but are not limited to: Cerebral palsy, Global Developmental Delay; Genetic Disorders; Down syndrome; an Acquired Brain Injury; Childhood strokes; Undiagnosed; Syndrome without a name (SWAN).

The onset of the COVID-19 pandemic has been devastating and this has impacted on every area and activity of the organisation. In particular, the hard work in 2019 that had gone into restoring the reserves to a sensible level has been undone. The staff have been furloughed for much of the year, however, much effort has been expended by the staff and trustees alike to ensure that when the centre could be open it was. Unfortunately, the cohort of children that we treat were amongst those most affected as they were required to shield for much of the year. When the opportunity to travel for treatment arose was severely undermined by parents who were naturally cautious and risk averse and those that were willing to travel but had to travel a long distance and stay overnight locally were unable to do so as there was no local accommodation available. The trusts and foundations that we have previously relied upon for funding have cut back on the grants that they have awarded as their own fundraising activities have been impacted as they desperately protected their own reserves – any grants that have been awarded have been far less than normal.

To end 2020, we have provided almost 1,000 courses of Targeted Training therapy to help 615 children to gain independence and a better quality of life through increased movement control. As well as a direct benefit to the child, Targeted Training can have a huge impact on family life. We are delighted to report continuing good progress towards our objectives in 2020. We are pleased to report a number of highlights from the year. In 2020 we have:

- **Raised further awareness of our services:** These efforts continued in the face of adversity but as can be expected there was a massive drop off in attendance and take-up of the treatment.
- **Continued our impact:** There have been 37 courses of Targeted Training therapy active during 2020 albeit many of these were carried over from 2019 and that treatment all but stalled as the impact of lockdowns was felt, notwithstanding, the centre open whenever it was allowed to.
- **Johnny Wilkes** was appointed as the new CEO in December 2020.
- **Demonstrated the continued effectiveness of Targeted Training therapy** through our clinical outcomes, with children showing improvements in functional and motor abilities leading to greater independence and a better quality of life.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Further details of some of the highlights above can be found in the report.

Objectives and activities

a. Policies and objectives

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

b. Strategies for achieving objectives

Our Legal objectives as set out in our governing document are as follows:

To promote the relief of persons suffering from difficulties of movement control anywhere in the world and in particular but not so as to limit the generality of the foregoing:

- The provision to treat conditions that are of neurological or neuromuscular origin, whether congenital or acquired. Such conditions may include cerebral palsy, cerebral vascular accident, muscular dystrophy, head injury or developmental delay.

In order to fulfil our legal objectives we deliver our specialist therapy, Targeted Training therapy, to children who face problems of movement control.

In furtherance of the Objects but not otherwise the Centre may exercise the following powers:

1. The provision to develop, promote and rehabilitate human movement in general and (in particular but not exclusively) the management of movement control;
2. The provision to develop methods of assessment, management and treatment of those with movement difficulties;
3. The provision for education and training of all persons involved with movement difficulties in relation to the development promotion, treatment and rehabilitation of human movement including patients their families and other carers;
4. The provision to design and develop equipment to meet the aims expressed in 1 and 2 above and to produce or facilitate the production of such equipment;
5. The provision to promote the dissemination and acquisition of knowledge relating to the development, promotion and rehabilitation of human movement (in particular but not exclusively) with respect to the outcome of research and development detailed in 2 and 4 above.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Objectives and activities (continued)

c. Activities undertaken to achieve objectives

The objective of The Movement Centre is to help resolve the problems and difficulties that are a consequence of poor control of movement due to a disability that impacts on movement. The Movement Centre has worked historically to provide Targeted Training therapy to children, and this is the continued focus of our work.

Functional difficulties in these children range from inability to control head posture in those most severely affected to problems with walking in the least affected. The Movement Centre aims to meet its objectives by:

- Providing a clinical service assessing and treating children with movement control difficulties, aiming to improve functional abilities and quality of life
- Raising awareness and teaching of the techniques developed at The Movement Centre ensuring that an ever widening audience is aware of what can be achieved
- Researching and developing methods to enhance movement control, including equipment. This is vital to ensure that children are offered the optimal therapy provision.

Targeted Training therapy, the therapy technique developed at The Movement Centre, has continued to provide the main focus of activity during the last accounting period, in order for the charity to realise its clinical, teaching and research and development objectives and aims.

d. Main activities undertaken to further the Company's purposes for the public benefit

Our work directly benefits children who face problems with movement control. We deliver Targeted Training therapy, which helps them to maximise their potential by gaining functional skills and greater independence. In delivering our services we further benefit the public, as follows:

- **Families:** Our work with children can have a significant impact on their family life, allowing for greater participation, inclusion and interaction. This can be extremely positive for all members of the family
- **Wider community:** Individuals who gain greater independence through Targeted Training can play a more active role in the community within their lifetime
- **Healthcare providers:** Targeted Training can reduce the need for medical equipment and care intervention

Due to the kind support of fundraisers and donors, The Movement Centre is able to contribute towards the cost of Targeted Training therapy for many of our families, within the limit of our resources. Voluntary income also allows us to continue our work and develop our services. For children who are resident in the UK, applications can be made to a child's local NHS to cover the cost of their therapy. However, this is rarely supported by the NHS.

Children who do not receive NHS funding and need to raise funds are supported by our fundraising team to enable them to do so. In defining our charitable programme, we have regard for the Charity Commission's general guidance on public benefit.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Strategic report

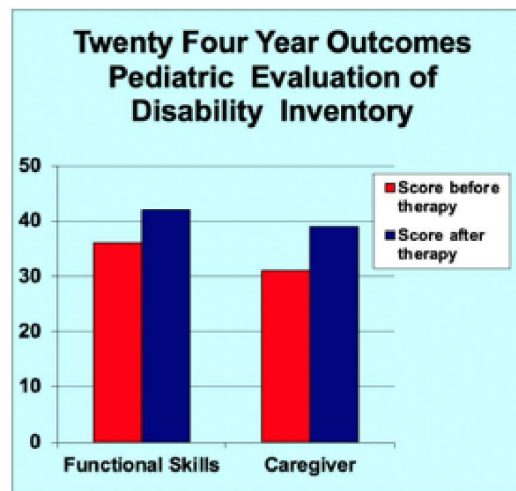
Achievements and performance

a. Main achievements of the Company

We are pleased to report our clinical outcomes for the last financial period. Despite the obvious disruption the pandemic and the lockdowns caused we were still able to provide 31 children with Targeted Training therapy; in sum, 60 sessions were delivered throughout the year at The Movement Centre. Much effort was expended in arranging and rearranging appointments to accommodate the various lockdowns and the needs of the patient and family. For each course of Targeted Training therapy, a number of outcome measures are used throughout the course of therapy. An outcome measure is the result of a test that is used to determine the baseline function of a patient at the beginning of treatment. Once treatment has commenced, the same instrument can be used to determine progress and treatment efficacy. At The Movement Centre we use a range of outcome measures each chosen to provide valuable information about the individual child. An explanation of these outcome measures is as follows:

Paediatric Evaluation of Disability Inventory (PEDI) Questionnaire: Examining the activities of daily living

This is a paediatric measure, which allows us to document functional delay and document changes in functional abilities over time in response to therapeutic intervention. It does so by examining the activities of daily living, such as sitting skills and walking abilities. The higher the score, the greater is the child's ability. The Caregiver section indicates the amount of assistance required from another person, with a higher score indicating greater independence and less reliance on the Caregiver. All scores presented are scaled scores with a range 0 to 100.



The graph demonstrates the accumulative scores for Targeted Training therapy. We are pleased to report that the graph demonstrates the positive impact of Targeted Training on the child's functional abilities.

Chailey Levels of Ability - Observational Scale examining posture

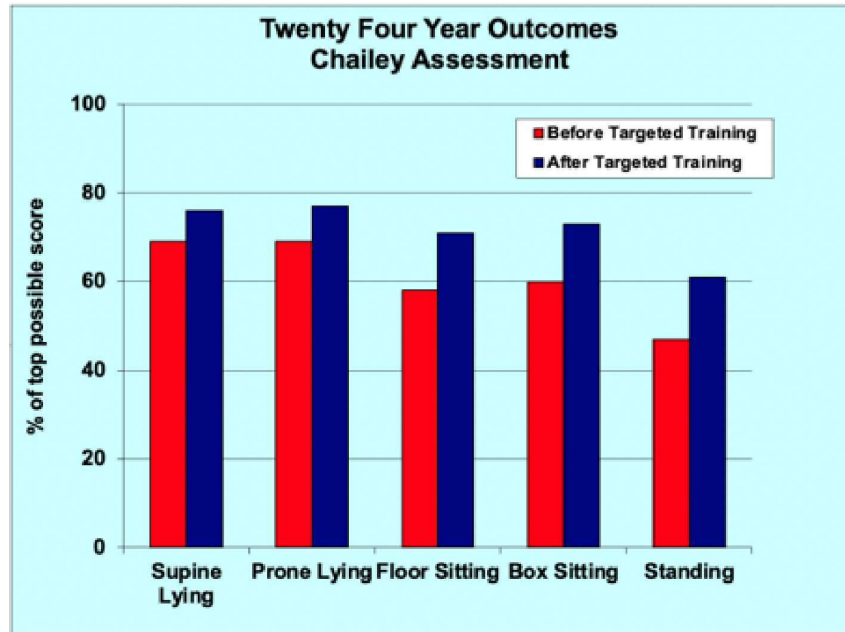
The Chailey Levels of Ability is a scale which measures motor ability in children and young adults. It is an observational scale that details the child's posture at low levels and can record discrete changes in ability. It examines the five postures of: Lying supine; Lying prone; Sitting on floor; Sitting on bench and Standing.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Strategic report (continued)

Achievements and performance (continued)



The Gross Motor Function Measure 66 item set (GMFM-66-IS) - Observational Scale examining functional ability

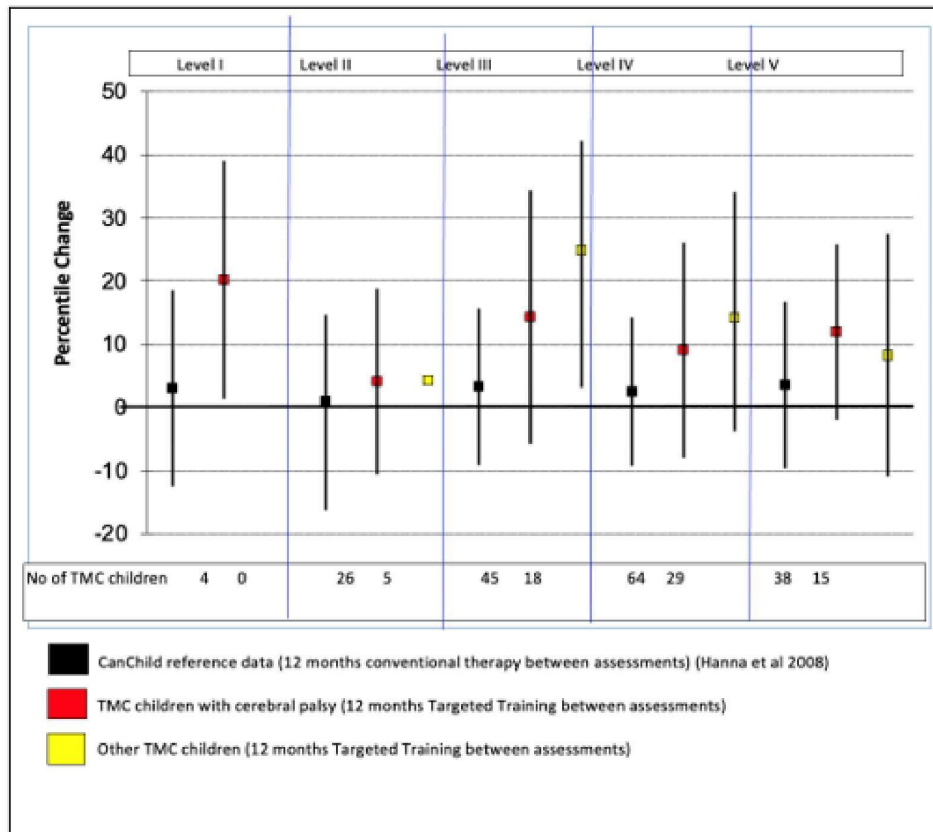
The GMFM measures children's abilities in lying, sitting, crawling, standing, and walking/running. It was first developed in the late 1980's by CanChild for use in both clinical and research settings and has evolved through advanced analytic techniques and in response to requests for more efficient testing. It is most appropriate to review these results in relation to the level of severity of disability of each child and thus a standardised Ability Scale has been used (Gross Motor Function Classification System (GMFCS), as you will see on the graph. This classifies the severity of cerebral palsy into five groups where Level I represent children who walk without restrictions through Level V where self-mobility is severely limited even with the use of assistive technology.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Strategic report (continued)

Achievements and performance (continued)



The CanChild reference data is designed for children with Cerebral Palsy. We have, therefore, separated our data into “TMC children with CP” and “Other TMC children.”

As you will see from the graph below children undertaking Targeted Training therapy have scored more highly than the Canchild reference data for children who had conventional therapy.

The Segmental Assessment of Trunk Control (SATCo) – validated measure examining trunk control

Tools that are central to our assessments is the Segmental Assessment of Trunk Control (SATCo), which were pioneered and developed at The Movement Centre. The SATCo is now an internationally recognised validated measure, which tests the child’s trunk control. SATCo is different from other assessment tools as it does not treat the trunk as one unit, but instead provides regional differentiation of trunk control, allowing clinicians greater specificity in assessing trunk control. It provides information on the level of Static, Active and Reactive control which a child demonstrates.

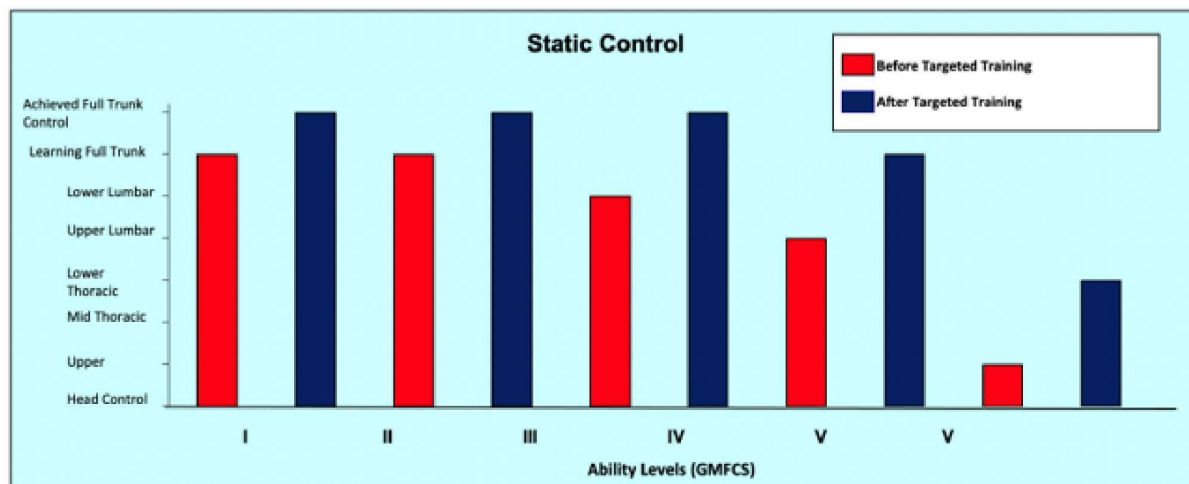
We are very pleased to report that in 2020 we continued to see an improvement in all levels of control (static, active and reactive). The graph above demonstrates the accumulative outcomes for the static level of control. There is an evident improvement for all ability levels, particularly for children who are classified as Level V (5) on the scale, who are the children who are most severely affected.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Strategic report (continued)

Achievements and performance (continued)



Lukas's Story

Lukas suffered an ischemic brain injury following a cardiac arrest just before his fourth birthday. He is now looking forward to his 8th birthday.

His mum Shelley said:

"Lukas has a lot of limitations. He has minimal function in his left hand and cannot stand or walk unaided. This means he was completely reliant on us to get around and we had to carry him everywhere.

"I came across The Movement Centre on social media, was impressed with what I saw and was keen to find out more about the sort of treatment the centre offered and if it might be something that would work for Lukas. I then found someone whose child had completed a course at The Movement Centre, was able to talk about the programme with them and the progress their little boy had made".

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Strategic report (continued)

Achievements and performance (continued)



“It was an amazing story, really, and we made our minds up to get in touch with the centre and see if they could help Lukas - we were just so keen to try anything which would help Lukas develop some improved movement”.

“We discovered that The Movement Centre was doing something which was unique and had been extremely successful through its Targeted Training programme in helping many children over the years.

“Lukas struggles with concentration, which can be challenging, but we have seen a great improvement and since starting his targeted training he has been able to crawl, so can now get about more independently. We are hopeful the treatment will continue to get him stronger on his feet, making him even more independent!

“The Movement Centre has been wonderful throughout. The staff have all been lovely, really friendly, and always make the appointments fun for Lukas - even with all the PPE!

Awards Party

Every year we celebrate the achievements of all of the children, just like Lukas, who come to The Movement Centre and those who have completed a course of therapy. Sadly, the onset of the pandemic meant that the 2020 party had to be cancelled and at the time of writing it is highly unlikely that there will be a 2021 party; we are tentatively planning the 2022 party as it is a key date in our diary, and it will be wonderful to be able to have fun again with so many of the families.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Strategic report (continued)

Achievements and performance (continued)

Integrated sensory items into our assessments at The Movement Centre

When a child has a brain injury, they are unable to perceive the world as others do. Sensory integration helps build a framework to enable children to properly perceive sensory input, including movement. In 2019 sensory equipment had become fully a part of our assessments at The Movement Centre. Sensory items create a calming environment for our children as well as playing a part in Targeted Training practise at assessments. The safety of our families and staff is our primary concern therefore we have put in place multiple measures to make TMC as safe as possible so that it is 'Covid compliant'. Sadly, this internal review determined that much of the equipment such as the sensory equipment had to be 'mothballed' until it is safe to resume normal activities.

Use of activity packs

Our activity packs are for children who are receiving Targeted Training therapy at The Movement Centre. They include activity sheets for children, tailored for their level of ability.

Targeted Training therapy involves the children being supported by a standing frame, allowing them to reach in all directions, whilst having an upright posture. Having more interactive and engaging equipment makes the therapy even more enjoyable for the children and, by keeping them active, increases the potential for each child to make progress. As Targeted Training therapy also takes place daily in the home, it is important that we are able to support families and help them to engage the child in the activity. Daily practise is essential and getting the child engaged and encouraging them to reach during the each their sessions and appointments is an extremely important part of the therapy. Children respond best if they are interested in something, so we can use their interests as a basis for their Targeted Training therapy activity packs. We believe that by enhancing the therapy sessions children will have an even better chance of reaching their full potential.



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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Strategic report (continued)

Achievements and performance (continued)

b. Review of activities

Enhancing our services

In line with our aims and objectives we continually work towards further developing and enhancing our services.

Our **Annual Patient Survey** enables us to gain feedback. We are pleased to report that 85% of those who completed the survey said their experience at The Movement Centre had been excellent and 100% said that they would recommend The Movement Centre. On the survey we invited families to describe their experience at The Movement Centre. Here are just a few of the comments from our families:

"Amazing & practically life-changing."

"A very personal, supportive and informative experience for Ruby and all her family."

"Fantastic professionals with our daughter's best interests at heart."

"The Movement Centre is very child-centred & caring and we have had a very positive experience."

"We feel more confident that Eddie is ready for each new step!"

"TMC & staff have given Henry the confidence & strength that he needs on his road to independence, we can't thank you enough!"

*"Professional, non-judgmental, friendly team that helps children reach their potential supporting their family."
"Absolutely amazing team working wonders with our son Harry."*

"It's been one of the best things we could have done for Rosa. Her life has changed for the better because of the treatment from TMC."

Everyone/all the family has benefitted greatly from Targeted Training therapy & the help and the support we've received from TMC"



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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Strategic report (continued)

Achievements and performance (continued)

The survey also provided us with valuable information on how our services could be further improved and it is our aim to continue to improve upon the service we provide.

c. Factors relevant to achieve objectives

Research and Development

The Movement Centre for Targeted Training has a commitment to research and development that supports our work.

Teaching and Raising Awareness

The Movement Centre actively engages with external audiences to raise awareness of our work. In a typical year we would have had a detailed programme of teaching and raising awareness, however, the planned activity was decimated when the various lockdowns were announced; listed below are the activities that were being planned but had to be cancelled:

- The Movement Centre has regular contact with Keele University and offers the opportunity to provide clinical supervision for physiotherapy students.
- Work experience for students attending schools in the local area.
- Our team was due to attend several Kidz to Adultz exhibitions across the country to raise awareness of Targeted Training therapy to families and clinicians.
- Our Physiotherapists, Jack Mantle and Sarah Bew, were on standby to continue the provision of in-service training sessions at Birmingham Children's Hospital, Alder Hey, Leeds General Infirmary, the Coventry and Warwickshire Partnership trust, and were due to teach on Keele University's post-graduate module Assistive Technology in Neurological Rehabilitation.

Communications

One of our continued main objectives is to increase our impact. One of the ways in which we aim to achieve this is by providing Targeted Training therapy at The Movement Centre to a greater number of children. In order to meet this objective, we are developing our communications. As well as delivering our key messages to clinical audiences we are aware that we need to ensure that this information is shared more widely. In the latter part of 2020, we outsourced our social media to a local agency with a clear mandate to drive up the profile of the Centre and in particular to improve our presence on the primary social media platforms such as Facebook, LinkedIn, Twitter and Instagram.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Strategic report (continued)

Achievements and performance (continued)

Developing our Database

In 2020 we continued our work on the development of our database, Salesforce, with software development company Impact Box. The Movement Centre previously had a number of different databases and storage systems for data. Salesforce which is now widely used in the charity sector; It is tailored to our needs and, therefore, allows us to store all of the data we need. As it is fully integrated it will also allow us to report more successfully in the future, not only on clinical outputs but on all aspects of our work. We aim to carry out further work on the system where we would link Salesforce directly with our accounting software, Xero. By developing and using one Customer Relationship Management System we will be able to:

- Better comply with GDPR legislation
- More successfully measure our impact
- Produce more robust reports on our clinical outcomes
- Directly relate finance to our service delivery

d. Fundraising activities and income generation

NHS Support

Historically, The Movement Centre has treated patients referred by the NHS, and in some cases funded by the NHS. Unfortunately, this practice ceased in 2019. The primary consequence of this was a reduction in patient referrals, with an impact on income and thus financial reserves. The team responded by increasing our own publicity efforts and our family fund-raising capability. The result by the 2019 year end was a recovery on recruitment numbers and this continued into the first quarter of 2020. However, the announcement of the first lockdown in late March 2020 and the subsequent lockdowns obliterated these efforts. The cohort of children we treat were instructed to shield and those that could travel between lockdowns were unwilling to do so as many have to travel a great distance and overnight stays were not possible. Indeed, there was a good deal of parents who were naturally very risk averse and were not willing to risk attending the appointments.

Our aspiration is to engage with the respective NHS CCGs with a view to turning the funding back on, but this will prove difficult as the pandemic has ravaged public finances and the NHS is also opted to undergo a major restructure to the ICS model so identifying the key decision makers will be a challenge.

Raising Funds

The team at The Movement Centre has worked hard to raise funds over the last year. We would like to thank all of our individual supporters, corporate supporters and the multiple charitable trusts and foundations who have supported our work. We would not be able to continue without them. In particular, a major boost was the award of a restricted £55,000 grant from the National Lottery in November 2020.

We continued to put further resources into publicity, including on social media (to replace the referral aspect of the NHS) and in working proactively with families to help them raise the funds they need to attend The Movement Centre. We also offer financial support to families towards the cost of a course of therapy, through our fundraising, which we hope will enable more children to be able to receive Targeted Training therapy. In order to do this, we rely on the kind support of fundraisers and donors. That said, the feedback from them is demonstrating that their own fundraising efforts have been severely impacted by the pandemic and in order to protect their own positions and reserves there were fewer grants awarded and those that were awarded resulted in significantly lower sums than those that we have traditionally enjoyed. This continues to place enormous strain on our own financial position, and this has added to a sharp downturn in the take up of treatment.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Strategic report (continued)

Achievements and performance (continued)

All of our fundraising is undertaken with consideration for our donors, we never pass on information to third parties. We actively monitor fundraising activities undertaken on our behalf as far as resources allow, and do not use those practices considered unacceptable by society. We have received no complaints in the last financial period. The Movement Centre is registered with the Fundraising Regulator. We adhere to the Fundraising Code of Practice and Fundraising Promise and agree to ensure that all of our fundraising is legal, open, honest, and respectful.

Further information on our fundraising and those who have supported us in 2020 can be found in our latest Impact Review and on our website.

Financial review

a. Going concern

After formally reviewing financial forecasting at The Movement Centre's Annual General Meeting, the Trustees have a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the 12 next months and the foreseeable future. This is recorded in the minutes of the meeting. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

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b. Reserves policy

At the period end total funds stood at £117,581. This is lower than the limit set by the trustees as stated in our reserves policy. Tangible fixed assets stood at £18,449 at the end of the financial period.

The Movement Centre has reviewed the need to hold reserves, having taken account of the guidance issued by the Charity Commission. Reserves must be unrestricted funds, which are available to spend on the charity's purposes. Restricted funds, fixed assets and designated reserves cannot be considered as part of the Reserves Policy.

The Movement Centre provides Targeted Training therapy to children with a disability that affects their movement control. Each course can be of up to twelve months duration. We rely on voluntary income to be able to deliver our services and we believe that it is vital that continuity of service delivery should be maintained to all those enrolled for treatment.

In order to make a judgment on the amount of reserve the Trustees have considered:

- The risks in respect of expenditure and unrestricted and restricted income
- The impact of any long term absence of a key member of staff
- Any external identified potential major risks to income and expenditure during the year

The Trustees consider that appropriate levels of free reserves are £70,000 - £90,000 based on the current risks of The Movement Centre. The total free reserves for the year ended 31 December 2020 amount to £22,351 (2019: £20,731). This is not currently in line with the Trustees Policy and will be reviewed for the year ended 31 December 2021.

As a proportion of The Movement Centre's income is restricted we would aim to have funds in the bank of between £90,000 and £110,000 at any one time.

However, the cessation of NHS referrals and funding led to a drain on reserves whilst the strengthened approach to recruitment and fund-raising is taking time to become effective.

Much of our income is 'restricted' but most of this is restricted to the treatment of children, which is our core activity.

At the period end total restricted funds balances stood at £76,781. This is considered to be too low and will begin to be restored once the recruitment 'pipeline' development is restored, in 2021.

The Board was kept fully briefed by the Treasurer during the recovery period.

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FOR THE YEAR ENDED 31 DECEMBER 2020

c. Financial review

2019 had been a poor year financially, however, the strategic planning that had been conducted by the trustees had begun to take effect and by March 2020 the green shoots of recovery were evident as the enrolment of the families was broadly in line with the projections made. The announcement of the first lockdown undermined any further growth and the organisation were wholly reliant of the government furlough scheme. A core funding grant from the Charities Aid Foundation (CAF) to enable a restart amounting to £5,000 was received in June 2020 and a National Lottery grant of £55,000 of which £25,000 was to cover reserves arrived in November 2020 and these enabled the centre to continue – the 2020 accounts would be far bleaker had these grants not been awarded. Indeed, the immediate future remains exceptionally precarious, and the fundraising team have double downed on their efforts to secure funds from every source available.

Income

The total income from 1st January 2020 to 31st December 2020 was £272,007. Our key activities consisted of:

- Charitable activities £31,784
- Voluntary income £208,434
- Unrestricted income made up 8.5% of the total (earned income and voluntary income)
- 100% of all voluntary income (fundraising and donations) was unrestricted

Expenditure

The total expenditure for the period was £200,776. This consisted of:

- Raising voluntary funds £6,872
- Charitable activities £193,904

d. Material investments policy

The Trustees retain the power to decide our investment strategy, and any investments would remain in line with the Charity Commission guidance. The Movement Centre does not currently have any available funds to invest, however if the situation were to change, the Trustees would refer to the current investment policy which is reviewed annually.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

e. Principal risks and uncertainties

A summary of the impact of Covid-19

The impact of Covid-19 hit The Movement Centre hard in March 2020 the year had started well, with the recruitment campaign for new patients bearing fruit so that by March we were on a sustainable track with a healthy forecast 'patient pipeline' and the beginning of a recovery of reserves. In March, however, Covid-19 struck, which had a huge effect on The Movement Centre as it did on everyone.

The effect was felt in two ways. Clinically, the effect was to reduce very severely our ability to treat patients, and thus to receive income from patients. Parents were reluctant to bring patients to be treated, staff had little work, and when the scheme was announced, all staff were furloughed, and business stopped. As staff were unable to work (under the terms of the scheme), all activity became the responsibility of the unpaid trustees.

Financially, the effect was mixed. Our normal sources of funds were substantially reduced, not just from patients, but also from grants and events income, in part because furloughed staff were unable to apply for funds or organise events. However, the government furlough scheme covered much of the staff cost and protected our finances. After some months, various charitable funding sources became available, and trustees applied for this funding as best they could.

As a result, income was received from sources including the Charities Aid Foundation, and from the government via Shrewsbury Council. This helped sustain our finances. In August, trustees applied to the National Lottery Community Fund for support, with the objective of financing the restarting of operations and investing in the growth of The Movement Centre throughput to the maximum our facilities could handle. This would help The Movement Centre to reduce its charge to patients and would assist in dealing with the Coronavirus backlog of untreated children. We are pleased to say that our application was granted, and we received £55,000 in November 2020. In the autumn, staff had begun to work part time to recommence treatment of current patients and to begin the recruitment of new patients. We have also received significant sums from other sources in late 2020 such that we will commence 2021 in a healthier position than had been anticipated.

Structure, governance and management

a. Constitution

The Movement Centre for Targeted Training is a charitable company limited by guarantee, incorporated on 12th December 1999 and registered as a charity at the same date. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. The Movement Centre is the working name of the charity.

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Structure, governance and management (continued)

b. Methods of appointment or election of Trustees

The management of the Company is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

The Trustees' skill set represents healthcare, physiotherapy, disability, marketing, finance and accounting, management, governance and data protection. An annual skills analysis ensures the Trustees offer a suitable range of knowledge and skills to support the charity. Where a skills gap is identified we seek Trustees to bridge this gap.

The Movement Centre has a policy for trustee recruitment and induction and keeps a Register of Interest, which is available on request. Each year at the Annual General Meeting one third of the Trustees are required to retire by rotation. All Trustees are notified prior to the Annual General Meeting advising them of the retiring Trustees and requesting nominations. The Trustees may appoint a person who is willing to act to be a Trustee, either to fill a vacancy or as an additional Trustee.

Dave Williams opted to resign in 2020 and the Board of Trustees is actively seeking new additions to the board.

The Movement Centre adheres to all of the recommendations in the new Charity Governance Code, which was published in July 2017.

c. Organisational structure and decision-making policies

The Board of Trustees is responsible for the overall direction of the charity, policies and legal compliance and they support the operational team. Trustee indemnity insurance is included in our insurance policy.

d. Policies adopted for the induction and training of Trustees

The Movement Centre recognises that an effective Board of Trustees is essential if the charity is to achieve its objectives. The Board must seek to be diverse and have representatives who reflect the people with whom the charity works. The Board must have available to it all of the knowledge and skills required to run the charity. Individual Trustees must have sufficient knowledge, both of Trusteeship in general and of The Movement Centre's activities, to enable them to carry out their role and to represent The Movement Centre at meetings and other events. The Trustees must ensure that they retain overall responsibility and control of the Trustee recruitment, selection and induction process. The skills of the Trustees must be matched to those required to maximise the effectiveness of The Movement Centre. All Trustee positions are voluntary and unpaid. Although reasonable out of pocket expenses can be covered, it is usual practice for TMC trustees not to claim expenses unless exceptional.

As part of their induction, newly appointed Trustees are invited to attend clinical sessions at The Movement Centre so that they can familiarise themselves with the work of the organisation. New Trustees are provided with all the information required to familiarise themselves with their legal responsibilities and if felt necessary, will receive external training to fully understand. They are given an overview of the annual report and accounts and flow of operations from the CEO. They will also meet with all staff and are given a specific overview on fundraising.

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Structure, governance and management (continued)

e. Financial risk management

The Trustees have assessed the major risks to which the Company is exposed, in particular those related to the operations and finances of the Company, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

In accordance with our Risk Management Policy, the Trustees have considered the major risks to which the charity is exposed and have reviewed those risks and established systems and procedures to manage those risks.

The Movement Centre employs the widely used method of maintaining a risk register which is reviewed monthly by staff and quarterly by Trustees. The register monitors strategic and management, financial, and operational risks and enables a sophisticated approach to prioritising areas for remedial action and strengthens The Movement Centre's attempts to deal with problems before they arise.

Plans for future periods

The considerable work carried out on our strategic development in 2019 has come to a grinding halt in 2020, notwithstanding, once fully operational it will be our aim to pick up where we left off and in particular our focus will be to:

- Increase our impact by providing Targeted Training therapy to a greater number of children at The Movement Centre:
 - Develop our marketing to create further awareness of Targeted Training therapy
 - Create future partnerships and links with other organisations to create further awareness of our work
- Reduce our risks:
 - Grow our fundraising and aim to minimise risks through creating a more robust and sustainable funding model
 - Develop the team structure at The Movement Centre
- Continue to enhance our services so that families receive the best possible experience:
 - Develop our activity packs with a greater range of sensory items and equipment
 - Investigate the possibility for an app to help support our families through their Targeted Training journey
 - Continue evaluation and possible adoption of a new standing frame that can be used in Targeted Training therapy

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' report including the Strategic report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:



David Vicary
(Chair of Trustees)

Date: 8th August 2021

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 DECEMBER 2020

**Independent Examiner's Report to the Trustees of The Movement Centre for Targeted Training
(‘the Company’)**

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 December 2020.

Responsibilities and Basis of Report

As the Trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2020

Independent Examiner's Statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

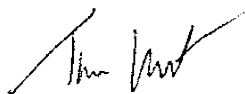
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Company's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Company's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Company and the Company's Trustees as a body, for my work or for this report.

Signed:



Dated: 09/08/2021

Tim Lunt

BA FCCA MIRPM

WR Partners
Chartered Accountants
Belmont House
Shrewsbury Business Park
Shrewsbury
Shropshire
SY2 6LG

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2020

	Note	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Income from:					
Donations and legacies	3	208,434	-	208,434	106,103
Charitable activities	4	31,784	-	31,784	60,945
Other trading activities	5	8,559	23,204	31,763	41,932
Investments	6	-	26	26	102
Total income		248,777	23,230	272,007	209,082
Expenditure on:					
Raising funds	7	-	6,872	6,872	5,200
Charitable activities	8	171,996	21,908	193,904	287,932
Total expenditure		171,996	28,780	200,776	293,132
Net movement in funds		76,781	(5,550)	71,231	(84,050)
Reconciliation of funds:					
Total funds brought forward	15	-	46,350	46,350	130,400
Net movement in funds		76,781	(5,550)	71,231	(84,050)
Total funds carried forward		76,781	40,800	117,581	46,350

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 25 to 39 form part of these financial statements.

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)
REGISTERED NUMBER: 03713213

BALANCE SHEET
AS AT 31 DECEMBER 2020

	Note	2020 £	2019 £
Fixed assets			
Tangible assets	12	18,449	25,619
		<u>18,449</u>	<u>25,619</u>
Current assets			
Debtors	13	4,028	-
Cash at bank and in hand		112,300	30,011
		<u>116,328</u>	<u>30,011</u>
Creditors: amounts falling due within one year	14	(17,196)	(9,280)
Net current assets		<u>99,132</u>	<u>20,731</u>
Total net assets		<u><u>117,581</u></u>	<u><u>46,350</u></u>
Charity funds			
Restricted funds	15	76,781	-
Unrestricted funds	15	40,800	46,350
Total funds		<u><u>117,581</u></u>	<u><u>46,350</u></u>

The Company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



David Vicary
Chair of Trustees

Date: 8th August 2021

The notes on pages 25 to 39 form part of these financial statements.

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

1. General information

The Movement Centre for Targeted Training is a private limited company by guarantee, incorporated in England and Wales, with its registered office and principal place of business at The Movement Centre, Robert Jones & Agnes Hunt Hospital, Oswestry, Shropshire, SY10 7AG.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the second edition Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Movement Centre for Targeted Training meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Company status

The Charitable Company is limited by guarantee. The members of the Charitable Company are the Trustees named on page 1. In the event of the Charitable Company being wound up, the liability in respect of the guarantee is limited to £1 per member of the Charity.

2.3 Going concern

The Directors have considered the going concern basis of the financial statements preparation which includes consideration of the impact of the ongoing Coronavirus (COVID-19) global pandemic, and are satisfied that the Charitable Company is well placed to manage the financial impacts of the pandemic.

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

2. Accounting policies (continued)

2.4 Income

All income is recognised once the Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

2. Accounting policies (continued)

2.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.6 Government grants

Government grants relating to tangible fixed assets are treated as deferred income and released to the Statement of financial activities over the expected useful lives of the assets concerned. Other grants are credited to the Statement of financial activities as the related expenditure is incurred.

2.7 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.8 Taxation

The Company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.9 Tangible fixed assets and depreciation

Tangible fixed assets costing £NIL or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

2. Accounting policies (continued)

2.9 Tangible fixed assets and depreciation (continued)

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, on the following bases:

Depreciation is provided on the following basis:

Short-term leasehold property	-	10% on cost
Treatment equipment	-	25% reducing balance
Office equipment	-	25% reducing balance

2.10 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.11 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.12 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.13 Financial instruments

The Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.14 Pensions

The Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

2. Accounting policies (continued)

2.15 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Income from donations and legacies

	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £	<i>Total funds 2019 £</i>
Donations	145,449	-	145,449	106,103
Government grants	62,985	-	62,985	-
	<u>208,434</u>	<u>-</u>	<u>208,434</u>	<u>106,103</u>
<i>Total 2019</i>	<u>40,046</u>	<u>66,057</u>	<u>106,103</u>	

During the year, the Charity has received £62,985 (2019: £Nil) of government grants in relation to claims regarding furlough support.

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020**

4. Income from charitable activities

	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £	<i>Total funds 2019 £</i>
Provision of therapy	31,769	-	31,769	60,888
Other income	15	-	15	57
	<u>31,784</u>	<u>-</u>	<u>31,784</u>	<u>60,945</u>
<i>Total 2019</i>	<u>59,900</u>	<u>1,045</u>	<u>60,945</u>	

5. Income from other trading activities

Income from fundraising events

	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £	<i>Total funds 2019 £</i>
Community fundraising	4,083	3,031	7,114	13,388
Challenge events	-	15,881	15,881	10,341
Lottery and raffle income	-	1,570	1,570	1,464
Events	-	394	394	5,033
Individual fundraising	-	2,328	2,328	5,385
Corporate fundraising	4,476	-	4,476	6,321
	<u>8,559</u>	<u>23,204</u>	<u>31,763</u>	<u>41,932</u>
<i>Total 2019</i>	<u>-</u>	<u>41,932</u>	<u>41,932</u>	

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020**

6. Investment income

	Unrestricted funds 2020 £	Total funds 2020 £	<i>Total funds 2019 £</i>
Interest receivable	26	26	102
	<u>26</u>	<u>26</u>	
<i>Total 2019</i>	<u>102</u>	<u>102</u>	

7. Expenditure on raising funds

Costs of raising voluntary income

	Unrestricted funds 2020 £	Total funds 2020 £	<i>Total funds 2019 £</i>
Expenditure on raising voluntary income	6,872	6,872	5,200
	<u>6,872</u>	<u>6,872</u>	
<i>Total 2019</i>	<u>5,200</u>	<u>5,200</u>	

8. Analysis of expenditure by activities

	Activities undertaken directly 2020 £	Support costs 2020 £	Total funds 2020 £	<i>Total funds 2019 £</i>
Direct costs	141,243	52,661	193,904	287,932
	<u>141,243</u>	<u>52,661</u>	<u>193,904</u>	
<i>Total 2019</i>	<u>227,186</u>	<u>60,746</u>	<u>287,932</u>	

THE MOVEMENT CENTRE FOR TARGETED TRAINING
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020**

8. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Direct costs	Total	<i>Total</i>
	2020	funds	<i>funds</i>
	£	2020	<i>2019</i>
		£	<i>£</i>
Staff costs	123,502	123,502	204,640
Rent and services	7,987	7,987	10,920
Insurance	995	995	1,505
Equipment refurbishment	3,453	3,453	5,718
Equipment hire	2,267	2,267	1,317
Equipment	240	240	128
Publication and promotion	15	15	-
Events and awards for children	-	-	24
Utilities	2,784	2,784	2,934
	<u>141,243</u>	<u>141,243</u>	<u>227,186</u>
<i>Total 2019</i>	<u>227,186</u>	<u>227,186</u>	

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

8. Analysis of expenditure by activities (continued)

Analysis of support costs

	Direct costs	Total	<i>Total</i>
	2020	funds	<i>funds</i>
	£	2020	<i>2019</i>
		£	<i>£</i>
Staff costs	20,378	20,378	38,726
Depreciation	8,198	8,198	8,614
Telephone and internet	435	435	-
Postage and stationery	179	179	1,162
Staff training	3	3	343
Subscriptions	39	39	26
Travel	382	382	1,249
Publication and promotion	4,329	4,329	4,193
Events and awards for children	13,360	13,360	-
Bank charges	449	449	561
Consumables	1,123	1,123	761
IT costs	757	757	1,001
Governance costs	3,029	3,029	4,110
	<u>52,661</u>	<u>52,661</u>	<u>60,746</u>
<i>Total 2019</i>	<u>60,746</u>	<u>60,746</u>	

9. Independent examiner's remuneration

	2020	<i>2019</i>
	£	<i>£</i>
Fees payable to the charitable company's independent examiner for the independent examination of the charitable company's annual accounts	<u>2,028</u>	<u>1,950</u>

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

10. Staff costs

	2020	<i>2019</i>
	£	£
Wages and salaries	127,119	<i>205,776</i>
Social security costs	10,134	<i>17,012</i>
Contribution to defined contribution pension schemes	6,627	<i>20,578</i>
	143,880	<i>243,366</i>

The average number of persons employed by the Company during the year was as follows:

	2020	<i>2019</i>
	No.	No.
Employees	8	<i>8</i>

No employee received remuneration amounting to more than £60,000 in either year.

During the period key management personnel received remuneration totalling £9,077 (2019: £47,732). No benefits were received.

11. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2019 - £NIL).

During the year ended 31 December 2020, no Trustee expenses have been incurred (2019 - £NIL).

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020**

12. Tangible fixed assets

	Short-term leasehold property £	Plant and machinery £	Office equipment £	Total £
Cost or valuation				
At 1 January 2020	16,501	130,013	30,733	177,247
Additions	-	-	1,028	1,028
At 31 December 2020	<u>16,501</u>	<u>130,013</u>	<u>31,761</u>	<u>178,275</u>
Depreciation				
At 1 January 2020	12,275	116,004	23,349	151,628
Charge for the year	1,650	3,510	3,038	8,198
At 31 December 2020	<u>13,925</u>	<u>119,514</u>	<u>26,387</u>	<u>159,826</u>
Net book value				
At 31 December 2020	<u>2,576</u>	<u>10,499</u>	<u>5,374</u>	<u>18,449</u>
At 31 December 2019	<u>4,226</u>	<u>14,009</u>	<u>7,384</u>	<u>25,619</u>

13. Debtors

	2020 £	2019 £
Due within one year		
Trade debtors	3,939	-
Prepayments and accrued income	89	-
	<u>4,028</u>	<u>-</u>

THE MOVEMENT CENTRE FOR TARGETED TRAINING
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020**

14. Creditors: Amounts falling due within one year

	2020 £	2019 £
Trade creditors	10,835	588
Other taxation and social security	782	4,185
Pension creditor	1,371	2,080
Other creditors	-	62
Accruals and deferred income	4,208	2,365
	<u>17,196</u>	<u>9,280</u>

15. Statement of funds

Statement of funds - current year

	Balance at 1 January 2020 £	Income £	Expenditure £	Balance at 31 December 2020 £
Unrestricted funds				
General Funds - all funds	<u>46,350</u>	<u>23,230</u>	<u>(28,780)</u>	<u>40,800</u>
Restricted funds				
Clinical Equipment	-	19,600	(4,453)	15,147
Core Reserve Support	-	30,500	(27,944)	2,556
Donor Targeted Training Therapy	-	67,677	(62,062)	5,615
Support Equipment	-	16,435	(8,649)	7,786
Other Reserves	-	15,000	(1,440)	13,560
Patient Targeted Training Therapy	-	99,565	(67,448)	32,117
	<u>-</u>	<u>248,777</u>	<u>(171,996)</u>	<u>76,781</u>
Total of funds	<u>46,350</u>	<u>272,007</u>	<u>(200,776)</u>	<u>117,581</u>

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(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020**

15. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 January 2019 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 December 2019 £</i>
Unrestricted funds					
General Funds - all funds	115,400	109,136	(76,760)	(101,426)	46,350
Restricted funds					
Targeted Training Therapy	15,000	90,663	(207,089)	101,426	-
Clinical Equipment	-	5,846	(5,846)	-	-
Core Reserve Support	-	3,437	(3,437)	-	-
	15,000	99,946	(216,372)	101,426	-
Total of funds	130,400	209,082	(293,132)	-	46,350

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

16. Restricted Funds

Patient Targeted Training Therapy

The Targeted Training Therapy fund holds the payments made by Parents to support the cost of their child receiving Targeted Training and this treatment is/or will be scheduled but has not yet been delivered.

Donor Targeted Training Therapy

The Targeted Training Therapy fund holds the payments made by Donors to support the cost of the children receiving Targeted Training and this treatment is/or will be scheduled but has not yet been delivered.

Clinical Equipment

The Clinical Equipment fund represents funds received for clinical equipment used to enhance Targeted Training Therapy.

Support Equipment

The Support Equipment fund represents funds received for general equipment used at The Movement Centre.

Core Reserve Support

The Core Reserve Support fund represents funds received to supplement The Movement Centre core reserves to enable it to continue trading.

Other

Other represents miscellaneous items such as staff training, publicity and general infrastructure support such as website design etc.

17. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Restricted funds 2020 £	Unrestricted funds 2020 £	Total funds 2020 £
Tangible fixed assets	-	18,449	18,449
Current assets	76,781	39,547	116,328
Creditors due within one year	-	(17,196)	(17,196)
Total	76,781	40,800	117,581

THE MOVEMENT CENTRE FOR TARGETED TRAINING
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
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17. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior period

	<i>Unrestricted funds 2019 £</i>	<i>Total funds 2019 £</i>
Tangible fixed assets	25,619	25,619
Current assets	30,011	30,011
Creditors due within one year	(9,280)	(9,280)
Total	<u>46,350</u>	<u>46,350</u>

18. Pension commitments

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge represents contributions payable by the charitable company to the fund and amounted to £6,627 (2019: £20,578). £1,371 (2019: £2,080) was payable to the fund at the balance sheet date and included within creditors.

19. Related party transactions

The Charitable Company has not entered into any related party transactions during the year (2019: £Nil), nor are there any outstanding balances owing between related parties and the Charitable Company at 31 December 2020.