



End Stigma Surrey – Monitoring Report 2023 – 24: Quarter 3 – Headlines

(Please note from April 2023, the FTE comprises one coordinator on 3.5 days – JS – and MA 1.0 days per week. Activity over Q3 was concentrated mainly on operational and developmental issues such as the e-learning, event organisation and discussions around stigma survey plus what next following end of contract in March 2024. Two drama interventions had to be cancelled as well.)

| Focus area | Update | Numbers engaged with | Dates / timetable (where applicable) |
|----------------------|--|---------------------------|--------------------------------------|
| E-Learning : | Completed – going live , to be confirmed | High number potential | |
| Stigma Survey | 2 nd survey created by SCC/Public Health; lengthy discussions with all ESS partners on format, edits, additions. Being distributed in Q4 | Projected 100 respondents | January 2024 |
| Drama interventions: | <p>Carried over from previous quarter: Reigate & Banstead area – church community development day. Public attendance</p> <p>LGBTQ+ event planned for 4th November – postponed / cancelled as LGBT group numbers reduced</p> <p>Another drama intervention planned for LGBT ‘Love without labels’ event had to be cancelled due to last minute family emergency for one of the actors. (This is very rare and if foreseen or known about in time, another actor will be found but on this occasion we had less than 24 hours notice)</p> <p>As reported in previous quarters – six videos created for e-learning</p> <p>Discussions for interventions in Q4 had with SABP Lived Experience lead for an event at Dorking Halls</p> <p>Volunteer event for Stanwell area</p> | 40 | <p>Jan 24</p> <p>Feb 24</p> |

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| Social media and website | <p>Social media results here: https://docs.google.com/spreadsheets/d/10Y6ukU4Mrh7kcgaQWJ9ZRjt8DLjXa4sp/edit#gid=288372144</p> <p>Blogs, news articles and updates uploaded onto website</p> | | |
| Organising / attending events | <p>Epsom World MH day – ‘Love Me Love My Mind’ drop in / circulating information / talking to general public about mental health stigma</p> <p>LGBT community MH day – ‘Love Without Labels’ including LGBT choir (event organised and managed by ESS project manager – JS)</p> <p>LGBT walking group set up</p> | 50 83 tickets sold via Eventbrite | |
| Men’s MH | Walking group established | tbc | |
| Long Term Conditions & MH | It was decided to create a short film highlighting diabetes and mental health: meeting with GP followed by two scripts written – further discussions / actions taking place Q4 | | 2023-24 And 24-25 |
| Toolkit booklet | A6 brochure edited, finalised and printed Digital version ready to upload on website | 200 initial print run | |
| Champions | Regular meetings run online by project manager JS 2-3 champions actively involved with events | | |
| Operational | Winding down current contract – ending March 2024. Preparing / presenting / discussing with partners MFT and Catalyst and SCC Public Health (MT) throughout quarter 3, the continuation of End Stigma Surrey from April 2024 | | |