

# **Rural Extension with Africa's Poor**

**40 Dragonfly Close  
Frome BA11 5BX**

**Charity registration number 1075121**

**Report of the Trustees and Accounts  
For the year ended 5 April 2021**

# **Rural Extension with Africa's Poor**

## **Report of the Trustees**

### **For the year ended 5 April 2021**

*The Trustees present their report and the accounts of the Trust for the year ended 5 April 2021.*

## **OPERATIONS REVIEW**

### **Introduction to REAP**

REAP (Rural Extension with Africa's Poor) aims to enable Africa's poor, especially those in rural areas, to reach their full potential and become good stewards of God's creation. This holistic vision seeks to teach them to make use of the many local resources available, so that they can maintain their own dignity and become fully functional in supporting their own families, gain fulfilment and contribute positively to the community. We continue to see many taking up our teaching, uplifted in this way.

REAP's approach is to work alongside the rural poor to counter three of the most common problems that we have identified as facing development in Africa. These are seen as dependency (overcome by teaching and motivating the poor to do something themselves rather than wait for external aid), the challenges of money and materialism (by providing spiritual motivation and encouraging selfless sharing with others) and environmental concerns (to be met by encouraging the conservation of natural resources and making use of locally available materials which otherwise would be seen as waste).

REAP has developed a wide range of ideas that can be introduced with little or no cost to the user and cover every aspect of life. These form the core of REAP's teaching. Our proactive work focuses on training of trainers and through this we have also added to our portfolio of teaching by drawing on the experience of those we have trained as well as trying new things.

REAP's teaching is refined on an ongoing basis; teaching aids and planting materials that are appropriate to individual needs are produced, taking into account different local customs and climates. The team works with and follows up many contacts, particularly within African churches and para-church organisations, to ensure that their teaching is effective, fully accepted and sustainable. Much of this follow up has recently been by telephone and other remote means due to restrictions caused by Covid 19.

The COVID19 pandemic has of course affected our work. It has limited travel and gathering together. We have responded to this by adapting our way of working, and in particular encouraging those that we have trained to reach out into their local areas with the teaching that they see as relevant. The pandemic has also increased the interest in Natural Medicines and in particular we have seen growing interest in the growing of Artemisia. We have been able to respond to this interest by having more planting material available both from the REAP farm but also from those that we have trained.

## **Rural Extension with Africa's Poor**

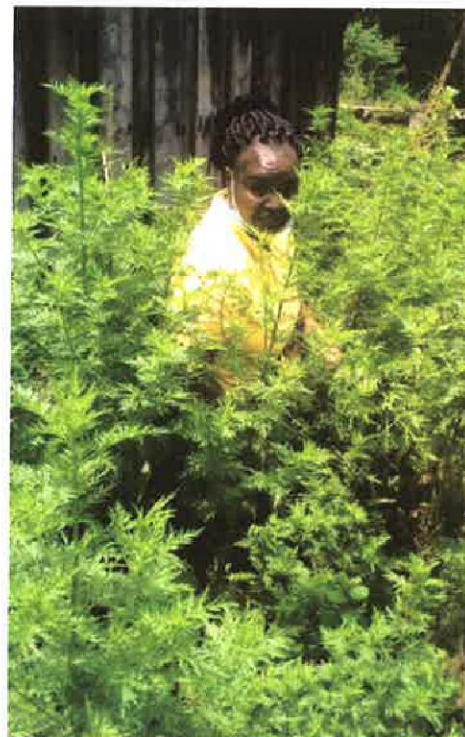
### **Report of the Trustees**

### **For the year ended 5 April 2021 continued**

The photograph is of Marietta Musila amongst her Artemisia plants. She attended the Natural Medicine Seminar in March 2020 and during the lockdown was on her upcountry farm in Embu. She had taken planting material from the seminar and during the lockdown planted, cared for and propagated her Artemisia. She has since shared planting materials with many neighbours, and we have been able to put others enquiring from that area in touch with her for planting materials.

#### **Use of the REAP plot of land at Kajulu, near Kisumu**

The REAP farm near Kisumu continues to thrive. Most of the plants and techniques relating to the different aspects of REAP teaching can be seen. The reporting year coincided with the start of COVID19 spreading in Kenya and the resulting lockdown and other restrictions. As a result, the team based in Kisumu have not been able to get out and visit so have focused on work within the farm and have been open to receive visitors and share with them. The number of visitors has been much lower than in previous years.



*Artemisia on Marietta's farm*



This practical teaching base is dynamic and new ideas are tried and those that have potential are incorporated into the farm. The farm has received reliable rainfall and the location of the land means a wide range of plants can be grown. Since the soil is fully protected against erosion the farm is a living example of what farmers can do using the simple technology of Vetiver grass to prevent soil erosion; this has continued to be a central part of the teaching.

Throughout the plot and round the periphery ( photo above) trees have been incorporated into the farm in a way that maintains soil fertility and good productive use of a limited plot of land. This is a significant focus for teaching and through our own management this year we have been able to refine our teaching and make it more focused and relevant.

We have planted the main medicinal plants that REAP teaches about and both locally familiar and new medicinal plants can be seen growing by any visitors. The farm is used for multiplying planting material, both from vegetative materials and from seed, for distribution when extending teaching. This year there has been particular interest in Artemisia annua as it is an immune booster and therefore helpful in the COVID19 pandemic. As a result, we have always had rooted cuttings available for distribution, both locally and through sending by courier services to other parts of the country.



## **Rural Extension with Africa's Poor**

### **Report of the Trustees**

### **For the year ended 5 April 2021 continued**

The plot continues to serve as a place for trying new ideas. Although we particularly continue to focus on and encourage the planting of *Artemisia annua* we have been experimenting with the indigenous species of *Artemisia afra* to strengthen what we have already been promoting. The farm is well labelled so that it becomes a resource for learning, including both the local or indigenous species, with local names, and the exotic introduced species. Although we have continued to have some local visitors throughout the year, we have not been able to host groups due to the COVID19 restrictions.



*REAP kitchen*

We continue to add to the variety of ideas in the home garden area where we practice ideas such as container planting and the keyhole garden which are particularly relevant for visitors from Kisumu town. We have developed this as a demonstration of what can be done on very small areas, emphasising ideas relevant for urban farming. Visitors often eat food from this garden cooked in our improved local kitchen.

Although the site has continued to develop as a Visitors' and Training Centre, visitors have been few. The external rural kitchen, which has been fitted out as an operational local kitchen using the fuel saving stoves, and other aspects of teaching included in the REAP extension teaching, has continued to be used and has been a focus on interest for visitors.

We have continued to maintain and improve the paths and routes round the farm for the benefit of visitors while consolidating the production areas. Since the farm has been laid out with paths, visitors can be taken on a route round that plays to their interest. The main areas of interest are natural medicines, care of the soil including Vetiver Grass for erosion control, and for general environmental care which we teach as Creation Care. The whole garden has taken on an internal logic with a good flow for visitors coming to learn or just to see, and we believe better use of the available resources.

As we have developed our teaching in relation to the value of leguminous trees in the garden, we have also been harvesting those trees that have grown to the stage of being a nuisance. This year we have been experimenting successfully with making charcoal from the larger *Leucaena* trees, most of which are self sown and have been left until the shade becomes a problem. We are thus encouraging the planting of *Leucaena* for improving the fertility of the land, for soil conservation, for animal fodder and when thinning the excess can be used for charcoal making. We have used local methods of making charcoal and are now looking at a simple kiln for more efficient production.

*Leucaena trees on the farm, ready for harvest*





## **Rural Extension with Africa's Poor**

### **Report of the Trustees**

### **For the year ended 5 April 2021 continued**

#### **Teaching and Training**

REAP continues to focus on extending the teaching developed into rural communities through both formal seminars and less formal input to local groups. Much local teaching is conducted on the planting, preparation and use of Natural medicines, sometimes covering a range of medicinal plants and sometimes concentrating on specific ones for a group showing interest. Training is given at different levels according to levels of understand and local needs.

REAP normally conducts regular training of trainers' seminars in order to equip people from a range of backgrounds and locations with the knowledge to take to their own work. This reporting year, because of the limitations of COVID19, we have only had one major one-week seminars on Natural Medicines conducted by REAP staff. In February 2021 we had 18 participants from 4 nationalities, though all living within Kenya. We conducted this training at a centre in Karen on the outskirts of Nairobi where one of our former trainees has established an impressive medicinal garden. The training covers a basic focused curriculum on the growing, processing and use of proven medicinal plants and products.

By March 2020 Covid19 had reached Kenya, so we were able to start discussions on how the teaching we have been giving relates to the pandemic. We have always emphasised the value of Natural Medicines for general health and strengthening the immune system, and this has been the basis of our specific response to the pandemic. In this respect our focus upon *Artemisia annua* is seen as particularly relevant, as well as locally available technologies. We developed the thinking further during the February 2021 seminar.



*Training seminar in Subiaco*



## **Rural Extension with Africa's Poor**

### **Report of the Trustees**

### **For the year ended 5 April 2021 continued**

At a more local level non residential seminars have been organised by various churches and REAP staff have been able to facilitate with teaching on a range of topics. Two of the REAP staff conducted a five-day seminar in March 2021 for the students of the Africa Inland Church Missionary College. This training covers the range of teaching we normally give, but with an extra focus on how Natural medicines can facilitate mission outreach.



*Seminar at AIC missionary college, Eldoret*

One focus we have had in REAP has been on the use of available resources that can be found in rural communities. We have for a number of years included teaching on making the tippy tap and the hand washing bottle. When the news of Covid19 reached Kenya one of the main messages was the importance of hand washing. It was therefore very encouraging when many of those whom we have trained spontaneously started actively teaching on the making and use of the tippy tap. We have had many reports of how people responded in the first few weeks of the pandemic to this teaching, and it continues to be shared.



*Teaching on Tippy Tap*

## **Rural Extension with Africa's Poor**

### **Report of the Trustees**

### **For the year ended 5 April 2021 continued**

REAP's proactive work is based on the Kisumu Office and the area within reasonable reach of Kisumu. REAP staff have been invited to conduct non-residential trainings for three organisations in the western part of Kenya. Two training visits have been made to SOFDI (Sustainable Organic Farming Development Initiative), and two at the Every Day Bible College at Kamukuywa. Another NGO has made use of our farm for their own training facilitated by our staff.

#### **Environmental Teaching**

Although we have not been able to go out and promote it as actively as we had planned, during this year, REAP has continued to promote Vetiver Grass and a number of those we have trained have been teaching on its use for soil conservation. Our substantial Vetiver Grass nursery is a local source of planting material. We have received reports of local teaching sessions having been conducted in other places and we still promote small local Vetiver grass nurseries. Although the main emphasis has been in the Butere and Mumias areas of Western Kenya, where a significant number of farmers protecting their land with Vetiver grass, we have had enquiries from further afield and have been able to send planting materials to various parts of Kenya through courier services, even during the period of lockdown.

REAP has continued to network with other organisation on Creation Care. We give teaching relating to Creation Care and the Gospel whenever possible, encouraging churches to be responsible stewards in caring for the environment. We have responded to the growing publicity in the media in relation to climate change and its impact on farming by emphasising the Biblical mandate to care for God's creation, and by developing more practical teaching. In particular we have been working on some materials for the urban church youth on how they can be involved. Although for some of them our teaching on tree planting and soil conservation is relevant, for many in the urban context it is not. So we have focused on the use of water, fuel, power etc. and how this relates to the wider environment. We also teach on the management of waste.

#### **The Nairobi Office**

The Nairobi office continues to be the communication centre for REAP. It is a centre for sharing of ideas more widely and for networking with others interested in what we teach within Kenya, East Africa and internationally. REAP is the local contact organisation and distribution centre for named publications and as a result we have continued to have many visitors interested in Natural Medicines, and this has lead to some strategic linkages and sharing of ideas and teaching in the wider sphere of REAP's teaching. We have also continued our links with ECHO, which has their regional centre in Arusha, and with CMS-Africa, based in Nairobi. The REAP Nairobi office is also a place where individuals and representatives of NGOs and churches throughout the region come to discuss ideas, and this enables the spread of REAP teaching much more widely than in the areas where REAP is proactive. We have continued to follow up on contacts working in South Sudan who continue to pass through the Nairobi office for ideas for their work there but have not had visitors from the wider region. A few from other parts of Africa have contacted us via electronic media, particularly in relation to our teaching on Natural Medicines and Creation Care.

# **Rural Extension with Africa's Poor**

## **Report of the Trustees**

### **For the year ended 5 April 2021 continued**

#### **Proposed activities and focus for next year**

With the COVID19 pandemic we have had increasing interest in the growing and use of Artemisia. We have thus focused on increasing the amount planted, as well as teaching more widely on its use as an immune booster. This means we are encouraging those we have trained to propagate the plants and share them in their communities. All the Artemisia we grow is propagated from cuttings so remains true to type, and we are committed to following up on those we have trained.

We also have three six day Natural Medicine training seminars planned for the year, and are available for more localised training.

With the growing awareness of the impacts of climate change we have two main emphases in our training on sustainable agriculture and creation care. We have long been promoting responsible care for the soil for sustainable production, and with more unreliable rainfall this is part of our response to climate change as it has the advantage of preventing the soil drying out so quickly and thus makes better use of the rain when it falls. We also promote crops including trees which can benefit from the rain whenever it falls rather than those crops that are very sensitive to timely rainfall.

We also teach on responsible practices that reduce CO2 emissions or help capture it. and thus help mitigate against climate change especially at the local level. As well as care for the soil, we teach on the value of trees both in the general environment and on the farm, and our improved kitchen programme is geared to sustainable use of fuel wood through more efficient stoves and kitchens.

Dr Roger Sharland  
REAP Director



# **Rural Extension with Africa's Poor**

## **Report of the Trustees**

### **For the year ended 5 April 2021 continued**

#### **TRUSTEES' REPORT**

The Trust, Rural Extension with Africa's Poor REAP "REAP UK" is governed by a deed dated 18th March 1999. The principal objectives of REAP are:-

- a) To support (financially or otherwise) individuals and organisations operating in Africa and being engaged in the relief of poverty, sickness and infirmity in Africa and all forms of need, hardship or distress associated therewith;
- b) To promote and further widen rural development thinking so as better to assist the support of and eventual self-sufficiency of poor local African communities;
- c) To advance and further the religious and other charitable work of local churches in Africa; and
- d) To promote and further educational endeavour in any or all of the above areas.

Achieving these objectives involves the support of the work of REAP Kenya and other similar charitable agencies. REAP Kenya continues to give teaching relating to Creation Care, Natural medicines and the Gospel, encouraging churches to be responsible stewards in caring for the environment. It also continues to promote awareness of the challenges of climate change and teaching on how to respond appropriately.

#### **Composition of the Trustee Board**

The make up of the Trustee Board is as follows:

Trustee	Role	Term of office
Stephen Burgess	Safeguarding and Data Protection	Three years to 31 October 2021
Paul Fountain	Trustee	Three years to 31 October 2021
Hannah Hallett	Secretary	Three years to 31 October 2021
Michael Hallett	Treasurer	Three years to 31 October 2021
Philip M Johnson	Chair	Two years to 31 October 2022

After many years' service, Paul Fountain is due to step down in October 2021. In January we launched a recruitment campaign for two new Trustees, who we hope to appoint in the new financial year.

#### **Operations**

Like all Charities REAP was impacted by Covid 19. Dr Roger Sharland was unable to visit the UK so in June we organised an online meeting of supporters. This was well attended, and we believe a first for REAP.

During the year Trustees reviewed REAP's safeguarding policy and produced a new suite of policy guidance for safeguarding with a summary of REAP's policy posted on the website see:- [reap-eastafrica.org/wp-content/uploads/2021/07/Safeguarding-Policy-summary-July-2021.pdf](https://reap-eastafrica.org/wp-content/uploads/2021/07/Safeguarding-Policy-summary-July-2021.pdf)

Efforts are continuing to increase awareness of REAP's activities and good work in a cost-effective manner (e.g., via newsletters, increased stories / updates through REAP's Facebook page, website development and new options for giving). Trustees hope regular giving will increase in the longer run, as this will provide the charity with some predictability that helps underpin its operations.

## **Rural Extension with Africa's Poor**

### **Report of the Trustees**

### **For the year ended 5 April 2021 (continued)**

Towards the end of the year, we retained the services of a Fund-Raising Consultant to help us apply for grants. Initially we worked with the consultant to prepare a target list of grant awarding agencies that fit with REAP's ethos and objectives. Up to 5th April 2021 we had prepared and submitted 13 applications to grant making agencies. These submissions were well received but we had no positive responses. Several responses were negative as there is a good deal of competition for grant funding. We continued to monitor the remaining applications that we submitted as well as preparing and submitting new applications.

#### **Financial Summary**

The sources of REAP's funding are giving from organisations, Charitable Trusts (which are somewhat hard to predict in nature), and individual giving which is of growing importance. In 2020/21 income was £33,653 which was down by £13,712 from the previous year mainly due to some organisations choosing not to fund REAP and the general turn down in charity funding due to Covid 19.

During the year REAP UK made grants of £32,996 to REAP Kenya. Less than 5.1% of income was used to cover administrative and promotional costs. An increase from the previous year due to the retention of the Fund-Raising Consultant. But most income is applied to operations in Kenya – including missionary work, training, natural medicine seminars, up-keep of the Kisumu farm, etc. Trustees are not remunerated.



By order of the Board  
Philip M Johnson, Chair  
Dated: 9 January 2022



## **Independent Examiner's Report to the Trustees of Rural Extension with Africa's Poor**

I report on the accounts of the charity for the year ended 5 April 2021 which are set out on pages eleven to thirteen.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Simon Porter FCA  
Independent Examiner  
120 Woodcote Road, Caversham, Reading RG4 7EZ

Dated: 9 January 2022

# Rural Extension with Africa's Poor

## Statement of Financial Activities For the year ended 5 April 2021

	Note	2021 £	2020 £
<b>Incoming resources:</b>			
Donations received	2	31,941	45,984
Gift Aid tax receivable		1,712	1,381
<b>Total incoming resources in the period</b>		<b>33,653</b>	<b>47,365</b>
<b>Resources expended:</b>			
<b>In furtherance of the Charity's objectives:</b>			
Grants made	3	32,996	38,941
<b>For management and administration:</b>			
Website		14	0
Fundraising		1,600	0
Fees to independent examiner		100	100
<b>Total expenditure in the period</b>		<b>34,710</b>	<b>39,041</b>
<b>Net (outgoing)/incoming resources and net movement in funds in the period</b>		<b>(1,057)</b>	<b>8,324</b>
<b>Funds brought forward at 5 April 2020 (2019)</b>		<b>18,095</b>	<b>9,771</b>
<b>Funds carried forward at 5 April 2021 (2020)</b>		<b>17,038</b>	<b>18,095</b>

The Notes on page 13 form part of these Accounts



# Rural Extension with Africa's Poor

## Balance Sheet As at 5 April 2021

Charity registration number 1075121

	Note	2021 £	2020 £
<b>Current assets:</b>			
Debtors	5	1,712	1,381
Bank balance		16,026	16,814
		<u>17,738</u>	<u>18,195</u>
<b>Current liabilities:</b>			
Accruals		700	100
		<u>700</u>	<u>100</u>
<b>Net current assets and net assets</b>		<u>17,038</u>	<u>18,095</u>
<b>Accumulated funds</b>	3	<u>17,038</u>	<u>18,095</u>

These Accounts were approved by the Board of Trustees on 9 January 2022.



Philip M Johnson

Trustee

Dated: 9 January 2022

The Notes on page 13 form part of these Accounts

# Rural Extension with Africa's Poor

## Notes to the Accounts

As at 5 April 2021

### 1. Accounting policies

These accounts have been prepared using the following accounting policies:

Donations received are included when they are received, net of tax where appropriate.

Tax received is accrued in the year that the corresponding gift is received.

Income from sales of books and videos is included when it is received.

Interest received is included net of tax when it is received.

	2021 £	2020 £
<b>2. Donations received</b>		
Donations received	<u>31,941</u>	<u>45,984</u>
<b>3. Grants</b>		
Grants made	<u>32,996</u>	<u>38,941</u>
<b>4. Movements in Funds</b>		
<b>Unrestricted funds:</b>		
Balance at start of year	18,095	9,771
Net incoming resources for year	<u>(1,057)</u>	<u>8,324</u>
Balance at end of year	<u>17,038</u>	<u>18,095</u>
<b>Restricted funds:</b>		
Balance at start of year	0	0
Net incoming resources for year	<u>0</u>	<u>0</u>
Balance at end of year	<u>0</u>	<u>0</u>
<b>Accumulated funds</b>	<u>17,038</u>	<u>18,095</u>
<b>5. Debtors</b>		
Gift Aid recoverable	<u>1,712</u>	<u>1,381</u>
	<u>1,712</u>	<u>1,381</u>