

MANCHESTER CARERS CENTRE

England & Wales · Charity number 1075020

Details

Status Registered

Legal form Charitable company

Company number [03530606](#)

Registered 1999-04-08

Register [View on the Charity Commission register](#)

Contact

Address Manchester Carers Centre
Bridge 5 Mill
22a BESWICK STREET
Manchester
M4 7HR

Phone 01612727270

Email admin@manchestercarers.org.uk

Website www.manchestercarers.org.uk

Activities

Objects: TO PROMOTE THE RELIEF OF SICK, ELDERLY AND DISABLED PERSONS IN THE MANCHESTER AREA BY THE PROVISION OF FACILITIES TO RELIEVE THE STRESSES EXPERIENCED BY THEIR CARERS; AND TO PROVIDE THEIR CARERS WITH INFORMATION, SUPPORT AND A WIDE RANGE OF SERVICES APPROPRIATE TO THEIR NEEDS.

Activities: To promote the relief of sick, elderly and disabled persons in the Manchester area by the provision of facilities to relieve the stresses experienced by their carers. To provide a range of high quality information, advice, emotional and practical support services for carers including access to respite care, breaks, training and learning opportunities, peer support and social activities.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** MANCHESTER
- Manchester City

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2025-03-31 | £262,744 | £243,990 | - | - |
| 2024-03-31 | £166,222 | £227,838 | - | - |
| 2023-03-31 | £229,901 | £207,801 | - | - |
| 2022-03-31 | £246,869 | £283,771 | - | - |
| 2021-03-31 | £352,668 | £279,739 | - | - |

Trustees

| Name | Role | Appointed |
|------------------------------|-------|------------|
| CHRISTINE STOPFORTH | Chair | 2013-01-15 |
| ANTHONY RICHARD KIRVEN | | 2024-06-27 |
| CATHERINE ANNE HEANEY | | 2024-01-31 |
| Canon Dr Addy Lazz-Onyenobi | | 2018-05-30 |
| DAVID PRIOR | | 2012-07-27 |
| Lisa Dawn Ellan Fowles | | 2020-05-22 |
| RUCKSANA MAHMOOD | | 2025-02-19 |
| Rev WINIFRED AUDRIA CAMPBELL | | 2024-01-31 |

MANCHESTER CARERS CENTRE

England & Wales - Charity number 1075020

Accounts

MANCHESTER CARERS CENTRE

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

Charity registration number 1075020

Company registration number 3530606 (England and Wales)

MANCHESTER CARERS CENTRE

LEGAL AND ADMINISTRATIVE INFORMATION

| | | |
|-----------------------------|--|---|
| Trustees | Ms L D E Fowles Dr A Lazz-Onyenobi Mr D Prior Ms C Stopforth Mr C E Thompson Rev W Campbell Miss C A Heaney Ms R Mahmood Mr A Kirven | (Appointed 19 February 2025) (Appointed 27 June 2024) |
| Secretary | Ms S J Devine | |
| Charity number | 1075020 | |
| Company number | 3530606 | |
| Registered office | Bridge 5 Mill 22a Beswick Street Manchester M4 7HR | |
| Independent examiner | P Bell ACCA Champion TLL Limited 7-9 Station Road Preston Lancashire PR4 6SN | |

MANCHESTER CARERS CENTRE

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MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)' (effective 1 January 2019).

Objectives and activities

Objects:

The principal activities of our charity are to promote the relief of sick, elderly and disabled persons in the Manchester area by the provision of facilities to relieve the stresses experienced by their Carers; and to provide their Carers with information, support and a wide range of services appropriate to their needs.

Manchester Carers Centre was established as a company on 19th March 1998 and as a registered charity on 8th April 1999. Manchester City Council, the Co-operative Bank and The Princess Royal Trust for Carers were founding supporters. We are a current network partner and affiliated to the Carers Trust. Carers Trust is a major charity for, with and about Carers. They work to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. Their vision is that unpaid Carers count and can access the help they need to live their lives. We share their aims.

Manchester Carers Centre is a small independent local charity serving some of the most deprived communities in Manchester. Our primary purpose is reflected in our mission statement, 'Changing Carers' Lives'. Carers frequently contact the Centre on the brink of breakdown; they can be exhausted, lonely and in desperate need of support. Manchester Carers Centre provides Carers with access to information, practical help, emotional support and a range of services focused on responding to need and bringing about positive change that has a lasting impact on lives. Small changes can make big differences to Carers everyday lives. We have over 25 years' experience and expertise of supporting unpaid Carers and their families in the City of Manchester. Manchester is the 6th most deprived local authority in England (Index of Multiple Deprivation 2019). There are significant health, economic and employment inequalities experienced by Carers across the City and our activities seek to promote Carers health and wellbeing.

Our Vision:

Our Vision is that Manchester is a community where the role and contribution of unpaid carers is universally understood, valued and respected. We ensure that those Carers who choose to Care are supported, enabled and sustained in their caring role through our quality range of services. Carers assist the individuals they look after to keep healthy, connected and as independent as possible, therefore our work to relieve the stresses of Carers positively impacts on the individuals that are cared for as well. Carers are empowered to achieve their personal goals and aspirations and help to stay physically and mentally well through our activities and support.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Our Aim:

We aim to see a society where unpaid Carers are recognised, respected and given access to services that will not only improve their lives but change them for the better. We build on the strengths and assets of Carers to strengthen them as individuals, their families and all communities in our city of Manchester.

Our Mission:

Our mission is to Change Carers' lives in the Manchester area. Small changes can make big differences. Our passion for Carers drives us. All our activities operate in the interest of our beneficiaries, unpaid Carers and the individuals they care for.

Our Values:

- **Integrity and honesty**
We are committed to a culture of openness and continuous improvement.
- **Quality**
We strive for excellence in all our services. We deliver meaningful outcomes, which change carers' lives for the better.
- **Innovation and positivity**
Trustees, staff and volunteers share a passion for improving Carers' lives. This drives us forward to search for solutions and better ways of delivering services effectively, in partnership and collaboration with a range of individuals and organisations in Manchester. We are part of the Carers Manchester Network and a strong contributor.
- **Equality and respect**
We strive to be accessible and inclusive. Carers come from all communities and all walks of life. We celebrate diversity and the skills, strengths and potential that Carers offer our community, and ensure that they are involved as much as possible and are at the heart of everything we do.

Outcomes

Through our activities, we work to ensure the following outcomes for Carers in Manchester are achieved.

With our help Carers Are well informed and their financial situations improved

Carers are aware of their rights and how to access services with our help. They know what support is available in Manchester in line with their needs and are supported to access this help.

With our help Carers Have improved health and wellbeing

We operate a range of activities to ensure Carers are encouraged to look after themselves and prioritise their own personal mental and physical health needs, and balance the demands of their caring role.

With our help Carers Are connected

Through our work, Carers have the opportunity to meet others, to share experiences and support one another to combat social isolation. We connect Carers to support services, the wider community, opportunities, experiences and to each other.

With our help Carers Have more equal opportunities

Carers face disadvantage and are encouraged by us to have a life outside of their caring role and pursue educational and social opportunities and interests to improve their quality of life. We support Carers from all diverse communities and work in partnership with other organisations to improve all Carers access to opportunities.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

With our help Carers Are more resilient

Carers are supported to develop coping strategies and enabled to find the confidence to tackle issues and find the solutions that work for them individually.

With our help Carers Are recognised, respected and valued

We ultimately work to ensure Carers are listened to, valued and their strengths and contributions are recognized by themselves, the wider community, policy makers and others.

With our help Carers Are better supported

We work to achieve improved support to Carers from their local community, family and networks and formal public services and voluntary organisations.

With our help Carers Are Heard

We facilitate and collaborate with voluntary and statutory partners to provide Carers with an opportunity to voice their ideas, thoughts, concerns and needs, through consultation and involvement activities. This work ensures Carers have a voice to influence policy and service developments. Every day we listen to Carers expressing their needs and issues and we use this information to shape our service developments.

With our help Carers Young Adult Carers realise their potential

We work to ensure Young Adult Carers (16-25) can achieve the opportunities that all young people can access. We support young people to connect with their peers through events and online networks. We support young adult carers to achieve their full potential and fulfill their ambitions, hopes and dreams.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Objectives and Activities

Manchester Carers Centre works with unpaid Carers **citywide** from all ages 16 upwards.

We have **4 main services / activities**:

A dedicated **Reception Service** to listen to Carers and their needs and to connect them with our most appropriate services for their unique situations. We also connect Carers with specialist services from the Carers Pathway and Network partners citywide. We also link professionals with the organisations they need to connect with in order to support Carers.

We have a unique **Money and More service** that helps Carers with all financial matters to address cost of living issues and improve income maximisation through grants, benefit checks, access to debt advice, fuel efficiency and safety awareness, and budgeting skills.

We have a **Caring 4 Me service** that offers emotional and practical help on any caring issue on a 1:1 basis through short term casework. This service also brings Carers together to combat social isolation and offers a range of short breaks and group activities.

We have a unique **I CAN service** for Young Adult Carers (16-25) citywide. We are the only service in our city that specifically supports this important transition age group. We offer individual support and advice to address their unique needs. We provide regular group activities for respite and for them to get to know their peers. We produce regular e-bulletins and opportunities to develop skills, support to build aspirations for their futures and we help them to cope with their caring responsibilities.

We also seek each year to deliver a range of complementary projects to our main services through fundraising activities and to develop partnerships with statutory and voluntary sector organisations to extend the scope of our services through collaboration.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Achievement and Performance in 2024-25 for our beneficiaries

Total Reach

Manchester Carers Centre directly supported 910 unique Carers from a range of communities across Manchester, which is a growth in demand of 18% on the previous year. This is a great result for a small staff and volunteer team to impact our beneficiaries, unpaid Carers in the City of Manchester.

Money and More – financial support services

A total of 745 Unique Carers were supported through the Money and More service which is a 303% increase on the previous year.

Unpaid Carers often face financial hardship due to the cost of caring and restrictions on their ability to work in paid employment. Many are caring in poverty as the Carers Allowance as the main benefit for unpaid Carers is inadequate and not fit for purpose. Money issues for Carers are compounded by the current cost of living crisis. Our service reduces Carers stress around financial issues and finds practical solutions to Carers worries and concerns. Staff support Carers to maximise their income through our individual grants service. A total of 80 individual Carers were awarded grants submitted in this year. We are pleased to report that £24,450 was distributed to support individual Carers with grants for essential respite breaks, urgent household items, white goods and equipment and access to driving lessons to improve employability and mobility. This is a fantastic result and improved performance of 377% on the previous year thanks to staff efforts and the additional capacity brought by independent projects.

This Service develops partnerships and is proactive about engaging with a range of agencies that are helping Carers with the cost-of-living crisis, IT connectivity, food instability, debt issues, benefits referrals and energy efficiency support. Through our partnerships with Carers Trust, Lifeshare, Foodbanks and Manchester City Council we have linked Carers effectively with the full range of financial support services available across the city, obtaining an estimated value of £5,413 in in-kind support for Carers. We build Carers knowledge and confidence on how to access help independently to build their resilience going forward.

Caring 4 Me – health and wellbeing services

126 Unique Carers were supported through this service in 2024-25 to improve their health and wellbeing. A total of 27 separate group activities were delivered by staff. There was an amazing range of interesting, cultural, art, craft, musical and social activities to celebrate the best of Manchester with Carers and combat social isolation and loneliness often felt by Carers. Carers enjoyed a short break to the People's History Museum, and workshops covering visual arts and mindful movement delivered in partnership with CREATE, a national charity which works to help disadvantaged individuals to access the educational, social and life-enriching benefits of the creative arts. We delivered 7 Carers Study Club sessions in partnership with Open Learn which is part of the Open University, giving Carers the opportunity to learn new skills, try something new or simply embrace a new interest through free online learning sessions. It offered free access to adult learning for life. This project was a great success. Our Money and More service also provided further opportunity to not only offer financial information and practical support, but also a chance to bring Carers together for mutual support through 4 Money and More Information Roadshows in different communities across Manchester.

Our Caring 4 Me service offered one to one appointments to help individual Carers struggling with their caring role and life issues, with a follow up casework service. We achieved great outcomes for the individual Carers we supported. This service is very popular and appreciated by Carers evidenced by Carer feedback and evaluations.

This service provides valuable respite to Carers of all ages 16 plus upwards. This year we are pleased to report that we provided 771 hours of respite and social opportunities to different Carers.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

I CAN – Young Adult Carers services (16-25)

184 unique Young Adult Carers, between the ages of 16-25, were supported through this service in 2024-25.

We delivered 11 group activities specifically for Young Adult Carers this year. This enabled Young Adult Carers to meet their peers and feel part of a special caring community. It gave access to opportunities to develop their skills and further their personal goals and ambitions by being able to engage in new activities to help them recognise their strengths and talents.

We produced a regular E-Bulletin to keep Carers and professionals updated on relevant information for Young Adult Carers, to raise awareness generally and to generate robust referrals from professionals. This year we had a particular project to deliver with the support of Forever Manchester through their Bright Futures Fund. We delivered 6 engaging sessions focusing on teambuilding, confidence building, communication and presentation skills, mindfulness, education and employability, 'my future – steps to get there'. The young people who attended were overwhelmingly positive about their experience and particularly enjoyed connecting with their peers whilst being encouraged to develop new skills and plan for the future. CRH Charitable Trust provided further support in this year to develop our work around the needs of Young Adult Carers who were experiencing mental health issues or who were looking after family members with mental health issues. We delivered some intensive casework to individuals affected by mental health and were also able to provide broader support with regular information updates on sources of help available beyond the remit of our service.

We continued to develop our key partnerships with Manchester City Council and Carers Trust to bring unique opportunities to these young people including attendance at the prestigious MTV Awards and a celebration to mark Young Carers Action Day.

These amazing young people are at risk of being left behind and our bespoke services are designed to address their unique needs to ensure their voices are heard and their needs are addressed.

Public benefit

We considered the Charity Commission's overall guidance and Trustees have had due regard to the Commission's guidance on public benefit. We are clear through all of our regular evaluations of all services that all our operations and activities clearly link to the objects of the charity; to relieve the stresses experienced by Carers and provide them with a range of services to support them. This in turn can have an impact positively, on the quality of life of elderly and disabled individuals that are cared for. Supporting Carers and disabled individuals in our society, who are some of the most marginalised and vulnerable groups, is of obvious general public benefit and builds a stronger and more equitable society.

The Trustees review the aims, objectives, and activities of the charity each year. This report looks at what the charity has achieved and the outcome of its work in the reporting period. The Trustees Report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the Trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives that have been set.

Beneficiaries of our services

Who Benefits?

We work with unpaid Carers 16+ to relieve their stresses and promote health and wellbeing. Our beneficiaries are all unpaid carers within the City of Manchester and the Manchester area. "A Carer is someone of any age who supports, unpaid / unwaged, a relative, partner or friend who due to physical or mental illness, disability, frailty or addiction could not manage without that support."

We do not charge for our services; they are free to Carers, and we enable Carers with financial issues to receive tailored advice and support to relieve financial hardship. We also provide services to former Carers who have been bereaved to help them to adjust to their new circumstances and move forward in their lives at their pace.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Financial review

Income

Our overall income for this financial year is £ 262,744.

We are pleased to report after a huge amount of effort with our fundraising activity we increased our income from the previous financial year significantly, an increase of £96,522. Historically our main funding comes from the Our Manchester grant provided by Manchester City Council. This supports our four services specified in this report. The Our Manchester grant is 38% of our income and the current award ends in March 2026. We worked hard to secure a new funding stream from Carers Trust to expand our Money and More service and this grant offered £50,000 additional income until end of March 2025. We were delighted to secure investment from the National Lottery for £32,711 up to end of March 2025. The National Lottery funding offered us a lifeline for the future with longer term funding to support core costs and staff costs to meet the growing service and organisational demands and significant pressures on us as a charity. We had made significant achievements with diversifying income streams and increasing income, but the current economic climate for all charities means we are really stretching the staff resources that we have to achieve such a good result following on from a deficit in the previous financial year.

Overall Expenditure

Overall expenditure was £243,990. This enabled us to maintain our small staff team of 5 staff (4.5 Full time equivalent) to continue to deliver vital services to unpaid Carers and reach new Carers who had little support. This reflects the increasing costs for all charities.

Net income/expenditure

The accounts show a surplus of £18,754.

Reserves Policy

The Trustees review their Reserves Policy each year and we aim to hold up to 6 months' full running costs in unrestricted and accessible reserves and should hold additional funds to deal with contingencies, unexpected losses and liabilities where possible. 6 months' running costs based on this year's accounts equates to £122,000.

As at March 2025 the balance on general unrestricted funds was £125,950 that is 6 months of our Reserves Policy. The balance on restricted funds was £27,260.

Fundraising and sustainability

Whilst we have been able to successfully return to a surplus at the end of this year from a significant deficit in the previous financial year, the fundraising activity needed to sustain our organisation compromises the time we have available for fulfilling all our organisational responsibilities as a quality charity. Increasing regulation, monitoring requirements, administration and compliance place significant pressures on our small staff and Trustee team. Whilst we have had great fundraising results this year, maintaining the fundraising activity required to achieve the significant funds we need to operate is a key consideration for the Board going forward given all the operational pressures on a small staff team. This is the climate for charities like ours. Ultimately sustainability is a key consideration, as we need to maintain the quality of our service provision as well as funds to run Manchester Carers Centre.

As always, we are incredibly grateful to the support of our funders: Eric Wright Charitable Trust, The National Lottery, CRH Charitable Trust, Forever Manchester, The Open University, Carers Manchester and Carers Trust.

Our main statutory grant was from Our Manchester, and we were grateful for the support of Manchester City Council to provide stability for our four main services.

We would like to thank all of our financial supporters because without your vital help our work with Carers would not be possible and our organisation would not be viable.

Investment policy

The trustees have no formal investment policy in place. They meet regularly and consider whether investing funds are the best use of the Charity's resources. There are currently some funds invested in a high interest account, the levels of which are monitored routinely.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Plans for future periods

The trustees have carefully considered the future of the charity. Following a period of review, the trustees have resolved to wind down the charity's operations and to proceed with a voluntary closure during the coming year. Appropriate steps are being taken to ensure an orderly closure, including meeting all outstanding obligations and ensuring that any remaining funds are applied in accordance with the charity's governing document and charitable purposes.

The trustees wish to record their sincere thanks to all supporters, funders, volunteers, staff and beneficiaries who have contributed to the charity's work over the years. Their commitment and generosity have enabled the charity to achieve its objectives and deliver impact during its lifetime.

In light of the decision to close, the trustees acknowledge that the charity will not continue as a going concern beyond this period.

Structure, governance and management

The charity is a company limited by guarantee, company number 3530606, first registered on 19th March 1998. It was registered as a charity, number 1075020 on 8th April 1999.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

| | |
|--------------------|------------------------------|
| Ms L D E Fowles | |
| Mr A T Hunter | (Resigned 31 December 2024) |
| Dr A Lazz-Onyenobi | |
| Mr D Prior | |
| Ms C Stopforth | |
| Mr C E Thompson | |
| Rev W Campbell | |
| Miss C A Heaney | |
| Ms R Mahmood | (Appointed 19 February 2025) |
| Mr A Kirven | (Appointed 27 June 2024) |

KEY MANAGEMENT PERSONNEL

The Trustees delegate responsibility for the day-to-day management of the charity to the following senior employee:
Shirley Devine - Chief Executive/Company Secretary
Linda Roberts - Assistant To Chief Executive/Finance

Recruitment and Appointment of new Trustees

The board is comprised of a minimum of 4 and a maximum of 12 Trustees. The Trustee body, when complete, shall comprise twelve elected members. We currently have 9 members on the Board.

There is a recruitment process managed by the Board of Trustees. All applicants and potential Trustees are invited to fill out an application form and will be interviewed by the Chair and existing Board members to assess suitability and all checks advised by the Charity Commission.

Elections take place annually at the AGM to elect members as Trustees to the Board. The charity currently has 103 members.

Potential Trustees are asked to complete an application form and attend for interview and the selection process is based upon the business and governance skills and relevant experience they can bring to the organisation to enable Manchester Carers Centre to develop. Many of our current Trustees have direct experience of caring themselves, as well as a range of professional skills, but the organisation also seeks to identify any skills gaps and to recruit professionals and individuals with the relevant business skills and experience to strengthen the Board.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Organisational Structure

The Board of Trustees is responsible for Governance and works alongside the Chief Executive Officer to set the strategic direction for the charity. The Trustees/Directors have important responsibilities and collectively work together as a team for the good of Manchester Carers Centre. The Chief Executive Officer is responsible for working alongside the Board as well as overseeing the overall management of the Centre and its activities, supported by a small, dedicated Staff team.

Induction and Training of new Trustees

There is a Trustee induction and Governance programme and opportunities for Trustees to receive coaching and support from experienced Trustees, as well as to attend relevant training courses, provided by a range of organisations including Carers Trust. Trustees are signposted to governance information on websites as well as resources at the Centre.

Risk management

The Trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

However, the Trustees believe that increasingly, smaller charities are exposed to more risks because of the increasing regulation and compliance pressures, alongside service demands, with minimal resources. Consideration must be given to quality service provision and the availability of sufficient resources to sustain this, alongside viability.

The Trustees' decision to wind down the charity in an orderly way mitigates any future risks the charity may face in light of the growing pressures it faces and the scarcity of funds to ensure quality, safe service provision.

The trustees' report was approved by the Board of Trustees.

.....David Prior

Mr D Prior

Trustee

Date:10/10/25

MANCHESTER CARERS CENTRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF MANCHESTER CARERS CENTRE

I report to the trustees on my examination of the financial statements of Manchester Carers Centre (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006;
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Without qualifying my report, I draw attention to the disclosures made in the Trustees Report and Note 1.2 to the financial statements which explain that the trustees have resolved to close the charity and that the financial statements have not been prepared on a going concern basis.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Champion TLL Limited

P Bell ACCA

7-9 Station Road

Hesketh Bank

Preston

Lancashire

PR4 6SN

Date: 10/10/25

MANCHESTER CARERS CENTRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

| | Notes | Unrestricted funds 2025 £ | Restricted funds 2025 £ | Total 2025 £ | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total 2024 £ |
|---------------------------------------|-------|------------------------------------|----------------------------------|--------------------|------------------------------------|----------------------------------|--------------------|
| Income from: | | | | | | | |
| Donations and legacies | 3 | 29,036 | 131,291 | 160,327 | 5,241 | 59,071 | 64,312 |
| Charitable activities | 4 | - | 100,000 | 100,000 | - | 100,000 | 100,000 |
| Investments | 5 | 2,417 | - | 2,417 | 1,910 | - | 1,910 |
| Total income | | <u>31,453</u> | <u>231,291</u> | <u>262,744</u> | <u>7,151</u> | <u>159,071</u> | <u>166,222</u> |
| Expenditure on: | | | | | | | |
| Charitable activities | 6 | 80,487 | 163,503 | 243,990 | 54,573 | 173,265 | 227,838 |
| Total expenditure | | <u>80,487</u> | <u>163,503</u> | <u>243,990</u> | <u>54,573</u> | <u>173,265</u> | <u>227,838</u> |
| Net income/(expenditure) | | (49,034) | 67,788 | 18,754 | (47,422) | (14,194) | (61,616) |
| Transfers between funds | | 48,692 | (48,692) | - | 180 | (180) | - |
| Net movement in funds | 9 | (342) | 19,096 | 18,754 | (47,242) | (14,374) | (61,616) |
| Reconciliation of funds: | | | | | | | |
| Fund balances at 1 April 2024 | | 126,292 | 8,164 | 134,456 | 173,534 | 22,538 | 196,072 |
| Fund balances at 31 March 2025 | | <u>125,950</u> | <u>27,260</u> | <u>153,210</u> | <u>126,292</u> | <u>8,164</u> | <u>134,456</u> |

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

MANCHESTER CARERS CENTRE

BALANCE SHEET

AS AT 31 MARCH 2025

| | Notes | 2025 | | 2024 | |
|---|-------|----------------|----------------|----------------|----------------|
| | | £ | £ | £ | £ |
| Fixed assets | | | | | |
| Tangible assets | 13 | | 1,903 | | 4,099 |
| Current assets | | | | | |
| Debtors | 15 | 343 | | 255 | |
| Investments | 16 | 85,001 | | 85,001 | |
| Cash at bank and in hand | | 71,508 | | 49,623 | |
| | | <u>156,852</u> | | <u>134,879</u> | |
| Creditors: amounts falling due within one year | 17 | <u>(5,545)</u> | | <u>(4,522)</u> | |
| Net current assets | | | <u>151,307</u> | | <u>130,357</u> |
| Total assets less current liabilities | | | <u>153,210</u> | | <u>134,456</u> |
| The funds of the charity | | | | | |
| Restricted income funds | 19 | | 27,260 | | 8,164 |
| Unrestricted funds | 20 | | 125,950 | | 126,292 |
| | | | <u>153,210</u> | | <u>134,456</u> |

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on10/10/25.....

David Prior
.....
Mr D Prior
Trustee

C. Stopforth
.....
Ms C Stopforth
Trustee

Company registration number 3530606 (England and Wales)

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Manchester Carers Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Bridge 5 Mill, 22a Beswick Street, Manchester, M4 7HR.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

The trustees have resolved to wind down the charity's operations and to proceed with a voluntary closure during the forthcoming year. Accordingly, the financial statements have not been prepared on a going concern basis but instead on a basis appropriate for an orderly closure of the charity.

This change of basis has been applied to reflect that the charity will not continue in operational existence for the foreseeable future. Assets and liabilities have therefore been stated at amounts expected to be realised or settled in the normal course of closure.

No material adjustments to asset and liability values were required as a result of this change of basis.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are free reserves that have been designated by the trustees for specific purposes. These are further disclosed in the notes to the accounts.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Support costs

All activity relates to one charitable cost heading and any costs relating to fundraising are immaterial. Support costs consist of governance as shown in the notes to the accounts and are allocated to the direct charitable costs heading.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

| | |
|------------------------|-------------------|
| Leasehold improvements | 20% straight line |
| Fixtures and fittings | 25% straight line |

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

| | Unrestricted funds 2025 £ | Restricted funds 2025 £ | Total 2025 £ | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total 2024 £ |
|---|------------------------------------|----------------------------------|--------------------|------------------------------------|----------------------------------|--------------------|
| Donations and gifts | 286 | - | 286 | 299 | - | 299 |
| Grants | 28,750 | 131,291 | 160,041 | 4,942 | 59,071 | 64,013 |
| | <u>29,036</u> | <u>131,291</u> | <u>160,327</u> | <u>5,241</u> | <u>59,071</u> | <u>64,312</u> |
| Grants | | | | | | |
| Individual Carer's Grant | - | 20,825 | 20,825 | - | 8,700 | 8,700 |
| Awards for All | - | - | - | - | 10,000 | 10,000 |
| Our Manchester Cost of Living Grant | - | 15,000 | 15,000 | - | - | - |
| National Lottery - Reaching Communities | - | 32,711 | 32,711 | - | 25,521 | 25,521 |
| CRH Charitable Trust | - | 10,000 | 10,000 | - | 10,000 | 10,000 |
| Eric Wright | 27,000 | - | 27,000 | - | - | - |
| Carers Trust - Fuel Poverty | - | 50,000 | 50,000 | - | - | - |
| Other | 1,750 | 2,755 | 4,505 | 4,942 | 4,850 | 9,792 |
| | <u>28,750</u> | <u>131,291</u> | <u>160,041</u> | <u>4,942</u> | <u>59,071</u> | <u>64,013</u> |

4 Income from charitable activities

| | Restricted funds 2025 £ | Restricted funds 2024 £ |
|-----------------------|----------------------------------|----------------------------------|
| Carers support | | |
| Grants | <u>100,000</u> | <u>100,000</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

4 Income from charitable activities (Continued)

Performance related grants analysis

| | Carers support 2025 £ | Carers support 2024 £ |
|------------------------------|--|--|
| MCC - Our Manchester Funding | 100,000 | 100,000 |
| Other | - | - |
| | <u>100,000</u> | <u>100,000</u> |

5 Income from investments

| | Unrestricted funds 2025 £ | Unrestricted funds 2024 £ |
|---------------------|--|--|
| Interest receivable | 2,417 | 1,910 |
| | <u>2,417</u> | <u>1,910</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

6 Expenditure on charitable activities

| | Carers support 2025 £ | Carers support 2024 £ |
|---|-----------------------------|-----------------------------|
| Direct costs | | |
| Staff costs | 163,503 | 173,499 |
| Depreciation and impairment | 2,196 | 2,929 |
| Carers activities | 8,177 | 11,335 |
| IT and software | 6,857 | 3,257 |
| Staff and volunteer costs | 5,121 | 3,149 |
| Rent, rates and insurance | 17,009 | 14,396 |
| HR support | 1,512 | 1,512 |
| Postage and stationery | 1,519 | 2,187 |
| Telephone | 3,342 | 3,363 |
| Subscriptions | 1,701 | 1,191 |
| Sundry | 1,493 | 1,262 |
| Bank charges | 68 | 80 |
| | <u>212,498</u> | <u>218,160</u> |
| Grant funding of activities (see note 7) | 27,150 | 5,120 |
| Share of support and governance costs (see note 8) | | |
| Governance | 4,342 | 4,558 |
| | <u>243,990</u> | <u>227,838</u> |
| Analysis by fund | | |
| Unrestricted funds - general | 80,487 | 54,573 |
| Restricted funds | 163,503 | 173,265 |
| | <u>243,990</u> | <u>227,838</u> |

7 Grants payable

Grants paid to individuals amount to £27,150 (2024: £5,120).

The grants are made up as follows :

| | |
|--|------------------------|
| Cash grants (Carers Trust grants) paid to individuals | £24,450 (2024: £5,120) |
| Asda Vouchers distributed to individuals (Our Manchester Cost of Living grant) | £2,700 |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

| | | |
|--|-------------------|-------------------|
| 8 Support costs allocated to activities | 2025 | 2024 |
| | £ | £ |
| Governance costs | 4,342 | 4,558 |
| | <u> </u> | <u> </u> |
| Analysed between: | | |
| Carers support | 4,342 | 4,558 |
| | <u> </u> | <u> </u> |
| 9 Net movement in funds | 2025 | 2024 |
| | £ | £ |
| The net movement in funds is stated after charging/(crediting): | | |
| Fees payable for the independent examination of the charity's financial statements | 2,256 | 2,256 |
| Depreciation of owned tangible fixed assets | 2,196 | 2,929 |
| | <u> </u> | <u> </u> |

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

11 Employees

The average monthly number of employees during the year was:

| | 2025 | 2024 |
|-------------------------|-------------------|-------------------|
| | Number | Number |
| | 6 | 6 |
| | <u> </u> | <u> </u> |
| Employment costs | 2025 | 2024 |
| | £ | £ |
| Wages and salaries | 120,097 | 123,120 |
| Social security costs | 28,301 | 34,659 |
| Other pension costs | 15,105 | 15,720 |
| | <u> </u> | <u> </u> |
| | <u>163,503</u> | <u>173,499</u> |

There were no employees whose annual remuneration was more than £60,000.

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

13 Tangible fixed assets

| | Leasehold improvements £ | Fixtures and fittings £ | Total £ |
|------------------------------------|--------------------------------|-------------------------------|------------|
| Cost | | | |
| At 1 April 2024 | 38,122 | 55,445 | 93,567 |
| At 31 March 2025 | 38,122 | 55,445 | 93,567 |
| Depreciation and impairment | | | |
| At 1 April 2024 | 38,122 | 51,346 | 89,468 |
| Depreciation charged in the year | - | 2,196 | 2,196 |
| At 31 March 2025 | 38,122 | 53,542 | 91,664 |
| Carrying amount | | | |
| At 31 March 2025 | - | 1,903 | 1,903 |
| At 31 March 2024 | - | 4,099 | 4,099 |

14 Financial instruments

| | 2025 £ | 2024 £ |
|---|-----------|-----------|
| Carrying amount of financial assets | | |
| Instruments measured at fair value through profit or loss | 85,001 | 85,001 |

15 Debtors

| | 2025 £ | 2024 £ |
|---|-----------|-----------|
| Amounts falling due within one year: | | |
| Trade debtors | 343 | - |
| Prepayments and accrued income | - | 255 |
| | 343 | 255 |

16 Current asset investments

| | 2025 £ | 2024 £ |
|---------------|-----------|-----------|
| Bank deposits | 85,001 | 85,001 |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

17 Creditors: amounts falling due within one year

| | 2025 £ | 2024 £ |
|------------------------------|--------------|--------------|
| Trade creditors | 6 | 6 |
| Other creditors | 1,250 | - |
| Accruals and deferred income | 4,289 | 4,516 |
| | <u>5,545</u> | <u>4,522</u> |

18 Retirement benefit schemes

| | 2025 £ | 2024 £ |
|---|---------------|---------------|
| Defined contribution schemes | | |
| Charge to profit or loss in respect of defined contribution schemes | 15,105 | 15,720 |
| | <u>15,105</u> | <u>15,720</u> |

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

| | At 1 April 2024 £ | Incoming resources £ | Resources expended £ | Transfers £ | At 31 March 2025 £ |
|-----------------------|-------------------------|----------------------------|----------------------------|-----------------|--------------------------|
| | 8,164 | 231,291 | (163,503) | (48,692) | 27,260 |
| | <u>8,164</u> | <u>231,291</u> | <u>(163,503)</u> | <u>(48,692)</u> | <u>27,260</u> |
| Previous year: | At 1 April 2023 £ | Incoming resources £ | Resources expended £ | Transfers £ | At 31 March 2024 £ |
| | 22,538 | 159,071 | (173,265) | (180) | 8,164 |
| | <u>22,538</u> | <u>159,071</u> | <u>(173,265)</u> | <u>(180)</u> | <u>8,164</u> |

At the year end the balance on Restricted Funds is as follows:

National Lottery Community Fund - £10,946
 CRH Charitable Trust - £5,067
 Individual Carers Funds - £380
 Our Manchester Cost of Living Grant - £10,367
 Carers Manchester - £500

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

| | At 1 April 2024 £ | Incoming resources £ | Resources expended £ | Transfers £ | At 31 March 2025 £ |
|-----------------------|----------------------------------|-------------------------------------|-------------------------------------|------------------------|-----------------------------------|
| Fixed Assets | 4,099 | - | (2,196) | - | 1,903 |
| Staff Provision | 16,035 | - | - | - | 16,035 |
| Business development | 10,140 | - | - | - | 10,140 |
| Core costs | 96,018 | 31,453 | (78,291) | - | 49,180 |
| General funds | - | - | - | 48,692 | 48,692 |
| | <u>126,292</u> | <u>31,453</u> | <u>(80,487)</u> | <u>48,692</u> | <u>125,950</u> |
| Previous year: | At 1 April 2023 £ | Incoming resources £ | Resources expended £ | Transfers £ | At 31 March 2024 £ |
| Fixed Assets | 7,028 | - | (2,929) | - | 4,099 |
| Staff Provision | 20,000 | - | (3,965) | - | 16,035 |
| Business development | 42,000 | - | (31,860) | - | 10,140 |
| Core costs | - | - | - | 5,000 | 5,000 |
| General funds | 104,506 | 7,151 | (15,819) | (4,820) | 91,018 |
| | <u>173,534</u> | <u>7,151</u> | <u>(54,573)</u> | <u>180</u> | <u>126,292</u> |

21 Analysis of net assets between funds

| | Unrestricted funds 2025 £ | Restricted funds 2025 £ | Total 2025 £ |
|------------------------------|------------------------------------|----------------------------------|--------------------|
| At 31 March 2025: | | | |
| Tangible assets | 1,903 | - | 1,903 |
| Current assets/(liabilities) | 124,047 | 27,260 | 151,307 |
| | <u>125,950</u> | <u>27,260</u> | <u>153,210</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

21 Analysis of net assets between funds

(Continued)

| | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total 2024 £ |
|------------------------------|------------------------------------|----------------------------------|--------------------|
| At 31 March 2024: | | | |
| Tangible assets | 4,099 | - | 4,099 |
| Current assets/(liabilities) | 122,193 | 8,164 | 130,357 |
| | <u>126,292</u> | <u>8,164</u> | <u>134,456</u> |

22 Related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year.

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including any guarantees, during the year.

MANCHESTER CARERS CENTRE

England & Wales - Charity number 1075020

Accounts

MANCHESTER CARERS CENTRE

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

Charity registration number 1075020

Company registration number 3530606 (England and Wales)

MANCHESTER CARERS CENTRE

LEGAL AND ADMINISTRATIVE INFORMATION

| | | |
|-----------------------------|---|--|
| Trustees | Ms L D E Fowles Mr A T Hunter Dr A Lazz-Onyenobi Mr D Prior Ms C Stopforth Mr C E Thompson Rev W Campbell Miss C A Heaney Mr A Kirven | (Appointed 31 January 2024) (Appointed 31 January 2024) (Appointed 27 June 2024) |
| Secretary | Ms S J Devine | |
| Charity number | 1075020 | |
| Company number | 3530606 | |
| Registered office | Bridge 5 Mill 22a Beswick Street Manchester M4 7HR | |
| Independent examiner | P Bell ACCA Champion TLL Limited 7-9 Station Road Preston Lancashire PR4 6SN | |

MANCHESTER CARERS CENTRE

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| Notes to the financial statements | 13 - 22 |

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Objects:

The principal activities of our charity are to promote the relief of sick, elderly and disabled persons in the Manchester area by the provision of facilities to relieve the stresses experienced by their Carers; and to provide their Carers with information, support and a wide range of services appropriate to their needs.

Manchester Carers Centre was established as a company on 19th March 1998 and as a registered charity on 8th April 1999. Manchester City Council, the Co-operative Bank and The Princess Royal Trust for Carers were founding supporters. We are a current network partner and affiliated to the Carers Trust. Carers Trust is a major charity for, with and about Carers. They work to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. Their vision is that unpaid Carers count and can access the help they need to live their lives. We share their aims.

Manchester Carers Centre's is a small independent local charity serving some of the most deprived communities in Manchester. Our primary purpose is reflected in our mission statement, 'Changing Carers' Lives'. Carers frequently contact the Centre on the brink of breakdown; they can be exhausted, lonely and in desperate need of support. Manchester Carers Centre provides Carers with access to information, practical help, emotional support and a range of services focused on responding to need and bringing about positive change that has a lasting impact on lives. Small changes can make big differences to Carers everyday lives. We have over 25 years' experience and expertise of supporting unpaid Carers and their families in the City of Manchester. Manchester is the 6th most deprived local authority in England (Indices of Deprivation 2019) with some of the most deprived neighbourhoods being based within the North of the City where we are developing a deeper service footprint. There are significant health, economic and employment inequalities experienced by Carers across the City and our activities seek to promote Carers health and wellbeing.

Our Vision:

Our Vision is that Manchester is a community where the role and contribution of unpaid carers is universally understood, valued and respected. We ensure that those Carers who choose to Care are supported, enabled and sustained in their caring role through our quality range of services. Carers assist the individuals they look after to keep healthy, connected and as independent as possible, therefore our work to relieve the stresses of Carers positively impacts on the individuals that are cared for as well. Carers are empowered to achieve their personal goals and aspirations and help to stay physically and mentally well through our activities and support.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Our Aim:

We aim to see a society where unpaid Carers are recognised, respected and given access to services that will not only improve their lives but change them for the better. We build on the strengths and assets of Carers to strengthen them as individuals, their families and all communities in our city of Manchester.

Our Mission:

Our mission is to Change Carers' lives in the Manchester area. Small changes can make big differences. Our passion for Carers drives us. All our activities operate in the interest of our beneficiaries, unpaid Carers and the individuals they care for.

Our Values:

- **Integrity and honesty**
We are committed to a culture of openness and continuous improvement.
- **Quality**
We strive for excellence in all our services. We deliver meaningful outcomes, which change carers' lives for the better.
- **Innovation and positivity**
Trustees, staff and volunteers share a passion for improving Carers' lives. This drives us forward to search for solutions and better ways of delivering services effectively, in partnership and collaboration with a range of individuals and organisations in Manchester. We are part of the Carers Manchester Network and a strong contributor.
- **Equality and respect**
We strive to be accessible and inclusive. Carers come from all communities and all walks of life. We celebrate diversity and the skills, strengths and potential that Carers offer our community, and ensure that they are involved as much as possible and are at the heart of everything we do.

Outcomes

Through our activities, we work to ensure the following outcomes for Carers in Manchester are achieved.

With our help Carers Are well informed and their financial situations improved

Carers are aware of their rights and how to access services with our help. They know what support is available in Manchester in line with their needs and are supported to access this help.

With our help Carers Have improved health and wellbeing

We operate a range of activities to ensure Carers are encouraged to look after themselves and prioritise their own personal mental and physical health needs, and balance the demands of their caring role.

With our help Carers Are connected

Through our work, Carers have the opportunity to meet others, to share experiences and support one another to combat social isolation. We connect Carers to support services, the wider community, opportunities, experiences and to each other.

With our help Carers Have more equal opportunities

Carers face disadvantage and are encouraged by us to have a life outside of their caring role and pursue educational and social opportunities and interests to improve their quality of life. We support Carers from all diverse communities and work in partnership with other organisations to improve all Carers access to opportunities.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

With our help Carers Are more resilient

Carers are supported to develop coping strategies and enabled to find the confidence tackle issues and find the solutions that work for them individually.

With our help Carers Are recognised, respected and valued

We ultimately work to ensure Carers are listened to, valued and their strengths and contributions are recognized by themselves, the wider community, policy makers and others.

With our help Carers Are better supported

We work to achieve improved support to Carers from their local community, family and networks and formal public services and voluntary organisations.

With our help Carers Are Heard

We facilitate and collaborate with voluntary and statutory partners to provide Carers with an opportunity to voice their ideas, thoughts, concerns and needs, through consultation and involvement activities. This work ensures Carers have a voice to influence policy and service developments. Every day we listen to Carers expressing their needs and issues and we use this information to shape our service developments.

With our help Carers Young Adult Carers realise their potential

We work to ensure Young Adult Carers (16-25) can achieve the opportunities that all young people can access. We support young people to connect with their peers through events and online networks. We support young adult carers to achieve their full potential and fulfill their ambitions, hopes and dreams.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Objectives and Activities

Manchester Carers Centre works with unpaid Carers **citywide** from all ages 16 upwards.

We have 4 main services / activities:

A dedicated **Reception Service** to listen to Carers and their needs and to connect them with our most appropriate services for their unique situations. We also connect Carers with specialist services and services from the Carers Pathway and Network partners citywide. We also link professionals with the organisations they need to connect with in order to support Carers.

We have a unique **Money and More service** that helps Carers with all financial matters to address cost of living issues and improve income maximisation through grants, benefit checks, access to debt advice, fuel efficiency and safety awareness, and budgeting skills.

We have a **Caring 4 Me service** that offers emotional and practical help on any caring issue on a 1:1 basis through short term casework. This service also brings Carers together to combat social isolation and offers a range of short breaks and group activities.

We have a unique **LCAN service** for Young Adult Carers (16-25) citywide. We are the only service in our city that specifically supports this important transition age group. We offer individual support and advice to address their unique needs. We provide regular group activities for respite and for them to get to know their peers. We produce regular e-bulletins and opportunities to develop skills, support to build aspirations for their futures and we help them to cope with their caring responsibilities.

We also seek each year to deliver a range of complementary projects to our main services through fundraising activities and to develop partnerships with statutory and voluntary sector organisations to extend the scope of our services through collaboration.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Achievement and Performance in 2023-24 for our beneficiaries

Total Reach

Manchester Carers Centre directly supported 770 unique Carers from a range of communities across Manchester, which is a growth in demand of 13% on the previous year. This is a great result for a small staff and volunteer team to impact our beneficiaries, unpaid Carers in the City of Manchester.

Money and More – financial support services

A total of 185 Unique Carers were supported through the Money and More service.

Unpaid Carers often face financial hardship due to the cost of caring and restrictions on their ability to work in paid employment. Many are caring in poverty as the Carers Allowance as the main benefit for unpaid Carers is inadequate and not fit for purpose. Money issues for Carers are compounded by the current cost of living crisis. Our service reduces Carers stress around financial issues and finds practical solutions to Carers worries and concerns. Staff support Carers to maximise their income through our individual grants service. A total of 43 individual grant applications for Carers were submitted in this year. We are pleased to report that £5,120 was distributed to support individual Carers with grants for essential respite breaks, urgent household items, white goods and equipment and access to driving lessons to improve employability and mobility. This is a fantastic result and improved performance of 108% on the previous year thanks to staff efforts and the additional capacity brought by independent projects in response to the cost of living crisis.

This Service develops partnerships and is proactive about engaging with a range of agencies in the city that are helping Carers with the cost of living crisis, IT connectivity, food instability, debt issues and benefits referrals. Through our partnerships with Carers Trust, Lifeshare, Foodbanks and Manchester City Council we have linked Carers effectively with the full range of financial support services available across the city. We build Carers knowledge and confidence on how to access help independently to build their resilience going forward.

Caring 4 Me – health and wellbeing services

219 Unique Carers were supported through this service in 2023-24 to improve their health and wellbeing. 32 separate activities were delivered by staff. There was amazing range of interesting, cultural, art, craft, historic, musical and social activities to celebrate the best of Manchester with Carers and combat social isolation and loneliness often felt by Carers. Carers enjoyed short breaks to the People's History Museum, Manchester Art Gallery, Elizabeth Gaskell's House, RHS Bridgewater, Factory International, Bridgewater Hall, Salford Museum, as well as two afternoon teas. Three special coffee mornings featuring Laughter Yoga, Tote Bag making, and Crafts were also offered. Workshops covering photography, ceramics and visual arts, delivered in partnership with CREATE, a national charity which works to help disadvantaged individuals to access the educational, social and life-enriching benefits of the creative arts. Our partnership gave Carers the opportunity to try something new and explore creative opportunities to enhance their wellbeing.

Our Caring 4 Me service offered one to one appointments to help individual Carers struggling with their caring role and life issues, with a follow up casework service. We achieved great outcomes for the individual Carers we supported. This service is very popular and appreciated by Carers evidenced by Carer feedback and evaluations.

This service provides valuable respite to Carers of all ages 16 plus upwards. This year we are pleased to report that we provided 1,117 hours of respite and social opportunities to Carers.

I CAN – Young Adult Carers services (16-25)

201 unique Young Adult Carers, between the ages of 16-25, were supported through this service in 2023-24.

We delivered 10 activities for Young Adult Carers this year in partnership with other organisations. This enabled Young Adult Carers to meet their peers and feel part of a special caring community. It gave access to opportunities to develop their skills and further their personal goals and ambitions by being able to engage in new activities to help them recognise their strengths and talents.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

We produced a regular E-Bulletin to keep Carers and professionals aware of relevant information for Young Adult Carers, to raise awareness generally and to generate robust referrals from professionals. This year we had a particular project to deliver with the support of CRH Charitable Trust, so we focused on the needs of Young Adult Carers who were experiencing mental health issues or who were looking after family members with mental health issues. We delivered some intensive casework to individuals affected and achieved some great results validated by evaluations and experiences of Young Adult Carers themselves.

We continued to develop key partnerships with Manchester City Council, 42nd Street and other mental health organisations to help build the resilience and health and wellbeing of our Young Adult Carers. We ensure Young Adult Carers are given opportunities to share their views and speak their truth, enabled by a participation fund from Manchester City Council and access to Carers Trust initiatives.

We are extremely proud of our work with young adult carers and with demand for our I CAN service growing by 47% compared to last year, it is clear that this distinct group of Carers need our support. We want to ensure that these amazing young people are not left behind and can realise their dreams and we continue to work hard to ensure this unique citywide service is sustained.

Our overall performance of supporting 770 unique Carers and producing clear outcomes and overwhelming positive feedback from service users and financial supporters is testimony to the effectiveness of the whole Manchester Carers Centre team, Trustees, staff and volunteers.

Beneficiaries of our services

Who Benefits?

We work with unpaid Carers 16+ to relief their stresses and promote and health and wellbeing. Our beneficiaries are all unpaid carers within the City of Manchester and the Manchester area. "A Carer is someone of any age who supports, unpaid / unwaged, a relative, partner or friend who due to physical or mental illness, disability, frailty or addiction could not manage without that support."

We do not charge for our services; they are free to Carers, and we enable Carers with financial issues to receive tailored advice and support to relieve financial hardship. We also provide services to former Carers who have been bereaved to help them to adjust to their new circumstances and move forward in their lives at their pace.

Achievements and performance

Financial review

Income

Our overall income for this financial year is £ 166,222.

Our main funding comes from the Our Manchester grant which supports our four services specified in this report. This is 60% of our income. We need to fundraise each year to support our core costs, staff costs and service activity costs to meet the growing demand. We raised £66,222 from other sources of financial support this year.

Overall Expenditure

Overall expenditure was £227,838. This enabled us to maintain our small staff team of 6 staff (5.5 Full time equivalent) to continue to deliver vital services to unpaid Carers and reach new Carers who had little support. This was against a backdrop of the cost of living crisis with growing costs for all charities to contend with and fierce competition for funding. This year the Trustees utilised designated funds from our reserves to maintain our capacity and maintain our business development and fundraising activities.

Net income/expenditure

The accounts show an expected deficit, which was £61,616.

Investment policy and objectives

The Trustees regularly review the level of funds held and ensure we achieve the best rates of interest balanced against access needs.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Reserves Policy

The Trustees review their Reserves Policy each year and we aim to hold up to 6 months' running costs in unrestricted and accessible reserves and should hold additional funds to deal with contingencies, unexpected losses and liabilities where possible. 6 months' running costs based on this year's accounts equates to £113,900.

As at March 2024 the balance on general unrestricted funds was £126,292 that is 7 months of our Reserves Policy. The balance on restricted funds was £8,164.

Fundraising and sustainability

By underpinning our infrastructure and staff costs, utilising designated reserves, we were able to continue to develop staff time to fundraising from independent trust funds and foundations and continue to build our knowledge on business development strategies. We received an additional 7 grants from independent Trusts and Foundations to extend our services. Thanks to Eric Wright Charitable Trust, The Albert Hunt Trust, Lottery Cost of Living Community Organisations, National Lottery Awards for All, CRH Charitable Trust, Forever Manchester, Carers Trust).

Our main statutory grants was from Our Manchester, and we were grateful for the support of Manchester City Council to provide stability for our four main services.

We would like to thank all of our financial supporters because without your vital help our work with Carers would not be possible and our organisation would not be viable.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Plans for future periods

FUTURE PLANS FOR 2024/25

1. SERVICE DELIVERY

We have four main services that are well received by Carers, our Reception Service which listens and connects individual Carers to help and support; our Money and More service that helps Carers with all financial matters to address cost of living issues and improve income maximisation through grants, benefit checks, access to debt advice, fuel efficiency and safety awareness, and budgeting skills; our Caring 4 Me service that offers emotional and practical help on any caring issue on a 1:1 basis through short term casework. This service also brings Carers together to combat social isolation and offers a range of short breaks and group activities; and our I CAN service for Young Adult Carers (16-25) citywide. We are the only service in our city that specifically supports this important transition age group. We offer individual support and advice to address their unique needs. We provide regular group activities for respite and for them to get to know their peers. We produce regular e-bulletins and opportunities to develop skills, support to build aspirations for their futures and we help them to cope with their caring responsibilities.

We intend to build the capacity to extend the activities for all these services and to ensure their continued viability through our fundraising efforts and evidence base our effective work with the Our Manchester grant team. We aim to deliver a range of projects this year from non-statutory funders to enhance our core service capacity above and extend our service range and offer.

2. LISTENING TO CARERS AND WORKING IN PARTNERSHIP

We need to keep listening to Carers, involving and engaging them through a range of methods and mediums, so that we stay relevant to their needs as an organisation in line with the local context. By enabling Carers to speak out through consultations we can support positive change in policy and practice. We are a proud Network Partner of Carers Trust and will continue to engage in nationwide opportunities to benefit our Carers in Manchester. We intend to partner with Carers Trust and Gas Distribution Network to deliver a project focussing Income Maximisation and Fuel Poverty within the portfolio of our Money and More service. We are adept at working in partnership and want to maintain an outward looking approach to working together with partners in Manchester to benefit Carers. We are a network member of Carers Manchester, a voluntary sector alliance that seeks to work together to create more opportunities and services for Carers.

3. ENVIRONMENTAL IMPACT

We are based in one of the most sustainable venues in Manchester and are part of the Bridge 5 Mill community of Changemakers

Manchester Carers Centre operates our services within a Centre which operates with ethical, progressive and sustainable positive environmental practices. We are part of a network of changemakers that work to benefit the environment and community. We intend to continue to network and build connections to move forward on our Journey to becoming net zero.

4. SUSTAINABILITY

We need to future-proof our organisation for longevity. We are impactful and well respected for our service track record for Carers, however increasing costs and fierce competition for funds for charities nationwide means we need to develop a clear sustainability plan to invest in our infrastructure and build staff capacity and find new funding sources. We need to continue to build on the success we have had with diversifying and strengthening our governance and continue to profile and showcase our impact with new and existing financial supporters to raise funds for our continued viability.

Structure, governance and management

The charity is a company limited by guarantee, company number 3530606, first registered on 19th March 1998. It was registered as a charity, number 1075020 on 8th April 1999.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Ms L D E Fowles

Mr A T Hunter

Dr A Lazz-Onyenobi

Mr D Prior

Ms C Stopforth

Mr C E Thompson

Rev W Campbell

(Appointed 31 January 2024)

Miss C A Heaney

(Appointed 31 January 2024)

Mr A Kirven

(Appointed 27 June 2024)

KEY MANAGEMENT PERSONNEL

The Trustees delegate responsibility for the day-to-day management of the charity to the following senior employee:

Shirley Devine - Chief Executive/Company Secretary

Linda Roberts – Assistant To Chief Executive/Finance

Recruitment and Appointment of new Trustees

The board is comprised of a minimum of 4 and a maximum of 12 Trustees. The Trustee body, when complete, shall comprise twelve elected members. We currently have 6 members on the Board.

There is a recruitment process managed by the Board of Trustees. All applicants and potential Trustees are invited to fill out an application form and will be interviewed by the Chair and existing Board members to assess suitability and all checks advised by the Charity Commission.

Elections take place annually at the AGM to elect members as Trustees to the Board. The charity currently has 67 members.

Potential Trustees are asked to complete an application form and attend for interview and the selection process is based upon the business and governance skills and relevant experience they can bring to the organisation to enable Manchester Carers Centre to develop. Many of our current Trustees have direct experience of caring themselves, as well as a range of professional skills, but the organisation also seeks to identify any skills gaps and to recruit professionals and individuals with the relevant business skills and experience to strengthen the Board.

Organisational Structure

The Board of Trustees is responsible for Governance and works alongside the Chief Executive Officer to set the strategic direction for the charity. The Trustees/Directors have important responsibilities and collectively work together as a team for the good of Manchester Carers Centre. The Chief Executive Officer is responsible for working alongside the Board as well as overseeing the overall management of the Centre and its activities, supported by a small, dedicated Staff team.

Induction and Training of new Trustees

There is a Trustee induction and Governance programme and opportunities for Trustees to receive coaching and support from experienced Trustees, as well as to attend relevant training courses, provided by a range of organisations including Carers Trust. Trustees are signposted to governance information on websites as well as resources at the Centre.

Risk management

The Trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Public benefit

We considered the Charity Commission's overall guidance and Trustees have had due regard to the Commission's guidance on public benefit. We are clear through all of our regular evaluations of all services that all our operations and activities clearly link to the objects of the charity; to relieve the stresses experienced by Carers and provide them with a range of services to support them. This in turn can have an impact positively, on the quality of life of elderly and disabled individuals that are cared for. Supporting Carers and disabled individuals in our society, who are some of the most marginalised and vulnerable groups, is of obvious general public benefit and builds a stronger and more equitable society.

The Trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcome of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Beneficiaries of our services

Who Benefits?

We work with unpaid Carers to relief their stresses and promote and health and wellbeing. Our beneficiaries are all unpaid carers in Manchester and the Manchester area. "A Carer is someone of any age who supports, unpaid / unwaged, a relative, partner or friend who due to physical or mental illness, disability, frailty or addiction could not manage without that support." We have specific services for Young Adult Carers 16-25 and for Adult Carers over 18 and upwards. We signpost younger carers under 16 to statutory and partnership organisations with specific children's projects.

We do not charge for our services; they are free to Carers, and we enable Carers with financial issues to receive tailored advice and support to relieve financial hardship. We also provide services to former Carers who have been bereaved to help them to adjust to their new circumstances and move forward in their lives at their pace.

The trustees' report was approved by the Board of Trustees.



Mr D Prior
Trustee

Date: 18/11/24

MANCHESTER CARERS CENTRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF MANCHESTER CARERS CENTRE

I report to the trustees on my examination of the financial statements of Manchester Carers Centre (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Champion TLL Limited

P Bell ACCA

7-9 Station Road
Hesketh Bank
Preston
Lancashire
PR4 6SN

Dated:18/11/24.....

MANCHESTER CARERS CENTRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

| | Notes | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total 2024 £ | Unrestricted funds 2023 £ | Restricted funds 2023 £ | Total 2023 £ |
|---------------------------------------|-------|---------------------------------|-------------------------------|-----------------------|---------------------------------|-------------------------------|-----------------------|
| Income from: | | | | | | | |
| Donations and legacies | 3 | 5,241 | 59,071 | 64,312 | 21,317 | 50,911 | 72,228 |
| Charitable activities | 4 | - | 100,000 | 100,000 | 157,292 | - | 157,292 |
| Investments | 5 | 1,910 | - | 1,910 | 381 | - | 381 |
| Total income | | <u>7,151</u> | <u>159,071</u> | <u>166,222</u> | <u>178,990</u> | <u>50,911</u> | <u>229,901</u> |
| Expenditure on: | | | | | | | |
| Charitable activities | 6 | 54,573 | 173,265 | 227,838 | 169,841 | 37,960 | 207,801 |
| Total expenditure | | <u>54,573</u> | <u>173,265</u> | <u>227,838</u> | <u>169,841</u> | <u>37,960</u> | <u>207,801</u> |
| Net income/(expenditure) | | <u>(47,422)</u> | <u>(14,194)</u> | <u>(61,616)</u> | <u>9,149</u> | <u>12,951</u> | <u>22,100</u> |
| Transfers between funds | | 180 | (180) | - | 3,324 | (3,324) | - |
| Net movement in funds | 9 | <u>(47,242)</u> | <u>(14,374)</u> | <u>(61,616)</u> | <u>12,473</u> | <u>9,627</u> | <u>22,100</u> |
| Reconciliation of funds: | | | | | | | |
| Fund balances at 1 April 2023 | | <u>173,534</u> | <u>22,538</u> | <u>196,072</u> | <u>161,061</u> | <u>12,911</u> | <u>173,972</u> |
| Fund balances at 31 March 2024 | | <u><u>126,292</u></u> | <u><u>8,164</u></u> | <u><u>134,456</u></u> | <u><u>173,534</u></u> | <u><u>22,538</u></u> | <u><u>196,072</u></u> |

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

MANCHESTER CARERS CENTRE

BALANCE SHEET

AS AT 31 MARCH 2024

| | Notes | 2024 | | 2023 | |
|---|-------|--------------------------|--------------------------|--------------------------|--------------------------|
| | | £ | £ | £ | £ |
| Fixed assets | | | | | |
| Tangible assets | 13 | | 4,099 | | 7,028 |
| Current assets | | | | | |
| Debtors | 15 | 255 | | - | |
| Investments | 16 | 85,001 | | 85,001 | |
| Cash at bank and in hand | | 49,623 | | 108,095 | |
| | | <u>134,879</u> | | <u>193,096</u> | |
| Creditors: amounts falling due within one year | 17 | <u>(4,522)</u> | | <u>(4,052)</u> | |
| Net current assets | | | <u>130,357</u> | | <u>189,044</u> |
| Total assets less current liabilities | | | <u>134,456</u> | | <u>196,072</u> |
| Net assets excluding pension liability | | | <u>134,456</u> | | <u>196,072</u> |
| | | | <u><u> </u></u> | | <u><u> </u></u> |
| The funds of the charity | | | | | |
| Restricted income funds | 19 | 8,164 | | 22,538 | |
| Unrestricted funds | | 126,292 | | 173,534 | |
| | | <u>134,456</u> | | <u>196,072</u> | |
| | | <u><u> </u></u> | | <u><u> </u></u> | |

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 16th October 2024

Daniel Prior
Mr D Prior
Trustee

Cynthia Stopforth
Ms C Stopforth
Trustee

Company registration number 3530606 (England and Wales)

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Manchester Carers Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Bridge 5 Mill, 22a Beswick Street, Manchester, M4 7HR.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are free reserves that have been designated by the trustees for specific purposes. These are further disclosed in the notes to the accounts.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies (Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Support costs

All activity relates to one charitable cost heading and any costs relating to fundraising are immaterial. Support costs consist of governance as shown in the notes to the accounts and are allocated to the direct charitable costs heading.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

| | |
|------------------------|-------------------|
| Leasehold improvements | 20% straight line |
| Fixtures and fittings | 25% straight line |

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

3 Income from donations and legacies

| | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total 2024 £ | Unrestricted funds 2023 £ | Restricted funds 2023 £ | Total 2023 £ |
|--|------------------------------------|----------------------------------|--------------------|------------------------------------|----------------------------------|--------------------|
| Donations and gifts | 299 | - | 299 | 1,677 | - | 1,677 |
| Grants | 4,942 | 59,071 | 64,013 | 19,640 | 50,911 | 70,551 |
| | <u>5,241</u> | <u>59,071</u> | <u>64,312</u> | <u>21,317</u> | <u>50,911</u> | <u>72,228</u> |
| Grants receivable for core activities | | | | | | |
| Individual Carer's Grant | - | 8,700 | 8,700 | - | - | - |
| Awards for All | - | 10,000 | 10,000 | - | - | - |
| The National Lottery Community Fund Community Organisations Cost of Living Fund | - | 25,521 | 25,521 | - | - | - |
| CRH CHARitable Trust | - | 10,000 | 10,000 | - | - | - |
| Other | 4,942 | 4,850 | 9,792 | 19,640 | 50,911 | 70,551 |
| | <u>4,942</u> | <u>59,071</u> | <u>64,013</u> | <u>19,640</u> | <u>50,911</u> | <u>70,551</u> |

4 Income from charitable activities

| | Unrestricted funds 2024 £ | Restricted funds 2024 £ | Total 2024 £ | Unrestricted funds 2023 £ | Restricted funds 2023 £ | Total 2023 £ |
|-----------------------|------------------------------------|----------------------------------|--------------------|------------------------------------|----------------------------------|--------------------|
| Carers support | | | | | | |
| Grants | - | 100,000 | 100,000 | 157,292 | - | 157,292 |
| | <u>-</u> | <u>100,000</u> | <u>100,000</u> | <u>157,292</u> | <u>-</u> | <u>157,292</u> |

Performance related grants analysis

| | Carers support 2024 £ | Carers support 2023 £ |
|--------------------------------------|--------------------------------|--------------------------------|
| MCC - Our Manchester Funding | 100,000 | 80,446 |
| MCC - Carers North Partnership Grant | - | 76,666 |
| Other | - | 180 |
| | <u>100,000</u> | <u>156,932</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

5 Income from investments

| | Unrestricted funds 2024 £ | Unrestricted funds 2023 £ |
|---------------------|------------------------------------|------------------------------------|
| Interest receivable | 1,910 | 381 |

6 Expenditure on charitable activities

| | Carers support 2024 £ | Carers support 2023 £ |
|---|--------------------------------|--------------------------------|
| Direct costs | | |
| Staff costs | 173,499 | 163,025 |
| Depreciation and impairment | 2,929 | 2,671 |
| Carers activities | 11,335 | 4,778 |
| IT and software costs | 3,257 | 4,534 |
| Staff and volunteer costs | 3,149 | 1,806 |
| Rent, rates and insurance | 14,396 | 11,352 |
| HR support | 1,512 | 1,654 |
| Printing, postage and stationery | 2,187 | 2,021 |
| Telephone | 3,363 | 5,310 |
| Subscriptions | 1,191 | 2,696 |
| Miscellaneous costs | 1,262 | 1,426 |
| Bank charges | 80 | 57 |
| | <u>218,160</u> | <u>201,330</u> |
| Grant funding of activities (see note 7) | 5,120 | 2,450 |
| Share of support and governance costs (see note 8) | | |
| Governance | 4,558 | 4,021 |
| | <u>227,838</u> | <u>207,801</u> |
| Analysis by fund | | |
| Unrestricted funds - general | 54,573 | 169,841 |
| Restricted funds | 173,265 | 37,960 |
| | <u>227,838</u> | <u>207,801</u> |

7 Grants payable

Grants paid to individuals amount to £5,120 (2023: £2,450).

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

8 Support costs allocated to activities

| | 2024 £ | 2023 £ |
|--------------------------|-----------|-----------|
| Governance costs | 4,558 | 4,021 |
| Analysed between: | | |
| Carers support | 4,558 | 4,021 |

9 Net movement in funds

| | 2024 £ | 2023 £ |
|---|-----------|-----------|
| The net movement in funds is stated after charging/(crediting): | | |
| Depreciation of owned tangible fixed assets | 2,929 | 2,671 |

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

11 Employees

The average monthly number of employees during the year was:

| | 2024 Number | 2023 Number |
|-------------------------|----------------|----------------|
| | 6 | 6 |
| Employment costs | 2024 | 2023 |
| | £ | £ |
| Wages and salaries | 123,120 | 115,322 |
| Social security costs | 34,659 | 34,099 |
| Other pension costs | 15,720 | 13,604 |
| | 173,499 | 163,025 |

There were no employees whose annual remuneration was more than £60,000.

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

| 13 Tangible fixed assets | Leasehold improvements £ | Fixtures and fittings £ | Total £ |
|---|--------------------------------|-------------------------------|-------------|
| Cost | | | |
| At 1 April 2023 | 38,122 | 54,633 | 92,755 |
| At 31 March 2024 | 38,122 | 54,633 | 92,755 |
| Depreciation and impairment | | | |
| At 1 April 2023 | 38,122 | 47,605 | 85,727 |
| Depreciation charged in the year | - | 2,929 | 2,929 |
| At 31 March 2024 | 38,122 | 50,534 | 88,656 |
| Carrying amount | | | |
| At 31 March 2024 | - | 4,099 | 4,099 |
| At 31 March 2023 | - | 7,028 | 7,028 |
| 14 Financial instruments | | 2024 | 2023 |
| | | £ | £ |
| Carrying amount of financial assets | | | |
| Instruments measured at fair value through profit or loss | | 85,001 | 85,001 |
| 15 Debtors | | 2024 | 2023 |
| | | £ | £ |
| Amounts falling due within one year: | | | |
| Prepayments and accrued income | | 255 | - |
| 16 Current asset investments | | 2024 | 2023 |
| | | £ | £ |
| Bank deposits | | 85,001 | 85,001 |
| 17 Creditors: amounts falling due within one year | | 2024 | 2023 |
| | | £ | £ |
| Trade creditors | | 6 | 6 |
| Accruals and deferred income | | 4,516 | 4,046 |
| | | 4,522 | 4,052 |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

18 Retirement benefit schemes

| | 2024 | 2023 |
|---|---------------|---------------|
| | £ | £ |
| Defined contribution schemes | | |
| Charge to profit or loss in respect of defined contribution schemes | 15,720 | 13,604 |
| | <u>15,720</u> | <u>13,604</u> |

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

| | At 1 April 2023 £ | Incoming resources £ | Resources expended £ | Transfers £ | At 31 March 2024 £ |
|----------------|-------------------------|----------------------------|----------------------------|----------------|--------------------------|
| | 22,538 | 159,071 | (173,265) | (180) | 8,164 |
| | <u>22,538</u> | <u>159,071</u> | <u>(173,265)</u> | <u>(180)</u> | <u>8,164</u> |
| Previous year: | At 1 April 2022 £ | Incoming resources £ | Resources expended £ | Transfers £ | At 31 March 2023 £ |
| | 12,911 | 50,911 | (37,960) | (3,324) | 22,538 |
| | <u>12,911</u> | <u>50,911</u> | <u>(37,960)</u> | <u>(3,324)</u> | <u>22,538</u> |

At the year end the balance on Restricted Funds is as follows:

Awards for All - Carers Breaks - £802
 Carers Trust - Young Carers Action Day - £442
 CRH Charitable Trust - £2,641
 Individual Carers Funds - £4,005
 Young Carers Participation Budget - Manchester City Council - £274

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

| | At 1 April 2023 | Incoming resources | Resources expended | Transfers | At 31 March 2024 |
|----------------------|--------------------|-----------------------|-----------------------|------------|---------------------|
| | £ | £ | £ | £ | £ |
| Fixed Assets | 7,028 | - | (2,929) | - | 4,099 |
| Staff Provision | 20,000 | - | (3,965) | - | 16,035 |
| Business development | 42,000 | - | (31,860) | - | 10,140 |
| Core costs | - | - | - | 5,000 | 5,000 |
| General funds | 104,506 | 7,151 | (15,819) | (4,820) | 91,018 |
| | <u>173,534</u> | <u>7,151</u> | <u>(54,573)</u> | <u>180</u> | <u>126,292</u> |

| Previous year: | At 1 April 2022 | Incoming resources | Resources expended | Transfers | At 31 March 2023 |
|----------------------|--------------------|-----------------------|-----------------------|--------------|---------------------|
| | £ | £ | £ | £ | £ |
| Fixed Assets | 7,543 | - | (2,671) | 2,156 | 7,028 |
| Staff Provision | 20,000 | - | - | - | 20,000 |
| Business development | - | - | - | 42,000 | 42,000 |
| General funds | 133,518 | 178,990 | (167,170) | (40,832) | 104,506 |
| | <u>161,061</u> | <u>178,990</u> | <u>(169,841)</u> | <u>3,324</u> | <u>173,534</u> |

21 Analysis of net assets between funds

| | Unrestricted funds 2024 | Restricted funds 2024 | Total 2024 |
|------------------------------|-------------------------------|-----------------------------|----------------|
| | £ | £ | £ |
| At 31 March 2024: | | | |
| Tangible assets | 4,099 | - | 4,099 |
| Current assets/(liabilities) | 122,193 | 8,164 | 130,357 |
| | <u>126,292</u> | <u>8,164</u> | <u>134,456</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

21 Analysis of net assets between funds

(Continued)

| | Unrestricted funds 2023 £ | Restricted funds 2023 £ | Total 2023 £ |
|------------------------------|------------------------------------|----------------------------------|--------------------|
| At 31 March 2023: | | | |
| Tangible assets | 7,028 | - | 7,028 |
| Current assets/(liabilities) | 166,506 | 22,538 | 189,044 |
| | <u>173,534</u> | <u>22,538</u> | <u>196,072</u> |

22 Related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year.

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including any guarantees, during the year.

MANCHESTER CARERS CENTRE

England & Wales - Charity number 1075020

Accounts

MANCHESTER CARERS CENTRE

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

Charity registration number 1075020

Company registration number 3530606 (England and Wales)

MANCHESTER CARERS CENTRE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Ms L D E Fowles
Mr A T Hunter
Dr A Lazz-Onyenobi
Mr D Prior
Ms C Stopforth
Mr C E Thompson

Secretary

Ms S J Devine

Charity number

1075020

Company number

3530606

Registered office

Bridge 5 Mill
22a Beswick Street
Manchester
M4 7HR

Independent examiner

P Buck FCA, DChA
Champion TLL Limited
7-9 Station Road
Preston
Lancashire
PR4 6SN

MANCHESTER CARERS CENTRE

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MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Objects:

The principal activities of our charity are to promote the relief of sick, elderly and disabled persons in the Manchester area by the provision of facilities to relieve the stresses experienced by their Carers; and to provide their Carers with information, support and a wide range of services appropriate to their needs.

Manchester Carers Centre was established as a company on 19th March 1998 and as a registered charity on 8th April 1999. Manchester City Council, the Co-operative Bank and The Princess Royal Trust for Carers were founding supporters. We are a current network partner and affiliated to the Carers Trust. Carers Trust is a major charity for, with and about Carers. They work to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. Their vision is that unpaid Carers count and can access the help they need to live their lives. We share their aims.

Manchester Carers Centre's is a small independent local charity serving some of the most deprived communities in Manchester. Our primary purpose is reflected in our mission statement, 'Changing Carers' Lives'. Carers frequently contact the Centre on the brink of breakdown; they can be exhausted, lonely and in desperate need of support. Manchester Carers Centre provides Carers with access to information, practical help, emotional support and a range of services focused on responding to need and bringing about positive change that has a lasting impact on lives. Small changes can make big differences to Carers everyday lives. We have over 25 years' experience and expertise of supporting unpaid Carers and their families in the City of Manchester. Manchester is the 6th most deprived local authority in England (Indices of Deprivation 2019) with some of the most deprived neighbourhoods being based within the North of the City where we are developing a deeper service footprint. There are significant health, economic and employment inequalities experienced by Carers across the City and our activities seek to promote Carers health and wellbeing.

Our Vision:

Manchester is a community where the role and contribution of unpaid carers is universally understood, valued and respected. Carers are empowered to achieve their personal goals and aspirations and stay physically and mentally well. Carers are enabled and sustained in their caring role through quality support and services. Carers assist the individuals they look after to keep healthy, connected and as independent as possible.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Our Aim:

We aim to see a society where unpaid Carers are recognised, respected and given access to services that will not only improve but change their lives for the better. We build on the strengths and assets of Carers to strengthen individuals, families and communities in our city of Manchester.

Our mission is to Change Carers' lives in the Manchester area. Our passion for Carers drives us. All our activities operate in the interest of our beneficiaries, unpaid Carers.

Our Values:

- **Integrity and honesty**
We are committed to a culture of openness and continuous improvement.
- **Quality**
We strive for excellence in all our services. We deliver meaningful outcomes, which change carers' lives for the better.
- **Innovation and positivity**
Trustees, staff and volunteers share a passion for improving Carers' lives. This drives us forward to search for solutions and better ways of delivering services effectively, in partnership and collaboration with all individuals and organisations in Manchester.
- **Equality and respect**
We are accessible and inclusive. Carers come from all communities and all walks of life. We celebrate diversity and the skills, strengths and potential that Carers offer our community, and ensure that they are involved as much as possible and are at the heart of everything we do.

Outcomes

Through our activities, we work to ensure the following outcomes for Carers in Manchester are achieved.

With our help Carers....

Are well informed and their financial situations improved..

Carers are aware of their rights and how to access services with our help. They know what support is available in Manchester in line with their needs and are supported to access this help.

Have Improved health and wellbeing...

We operate a range of activities to ensure Carers are encouraged to look after themselves and prioritise their own personal mental and physical health needs, and balance the demands of their caring role.

Are connected...

Through our work, Carers have the opportunity to meet others, to share experiences and support one another to combat social isolation. We connect Carers to support services, the wider community, opportunities, experiences and to each other.

Have more equal opportunities...

Carers face disadvantage and are encouraged by us to have a life outside of their caring role and pursue educational and social opportunities and interests to improve their quality of life. We support Carers from all diverse communities and work in partnership with other organisations to improve all Carers access to opportunities.

Are more resilient....

Carers are supported to develop coping strategies and enabled to find the confidence tackle issues and find the solutions that work for them individually.

Are recognised, respected and valued...

We ultimately work to ensure Carers are listened to, valued and their strengths and contributions are recognized by themselves, the wider community, policy makers and others.

Are better supported....

We work to achieve improved support to Carers from their local community, family and networks and formal public services and voluntary organisations.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Are Heard....

We facilitate and collaborate with voluntary and statutory partners to provide Carers with an opportunity to voice their ideas, thoughts, concerns and needs, through consultation and involvement activities. This work ensures Carers have a voice to influence policy and service developments. Every day we listen to Carers expressing their needs and issues and we use this information to shape our service developments.

Young Adult Carers realise their potential...

We work to ensure Young Adult Carers (16-25) can achieve the opportunities that all young people can access. We support young people to connect with their peers through events and online networks. We support young adult carers to achieve their full potential and fulfill their ambitions, hopes and dreams.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Significant activities

The Context We Operated In - 1st April 2022 – 31st March 2023

This year saw the world emerging from the pandemic, and with it the need to address the ongoing impact Covid-19 had had on unpaid Carers and the people they support. After prolonged periods of lockdown and isolation Carers were tired and needed connectivity and help to rebuild and heal. Statutory services put in place for Carers and those individuals they cared for were very limited during Covid, so the impact of caring was extremely intense and left a legacy with Carers. They emerged from the pandemic more isolated and stressed with a significant impact on their health and wellbeing. Manchester Carers Centre responded to this situation proactively by taking our services out to Carers in their local communities through our information Roadshows. We worked hard to connect Carers with the services and support they needed from ourselves and across the Carers Pathway in Manchester. The Pathway connected a range of service providers working together collaboratively to improve Carers situations. We were very successful in ensuring Carers were better informed and connected. The mental health of Carers was a key concern as many had had to cope alone in their caring role under difficult and challenging circumstances. This year we made real efforts to bring Carers together across the City to enjoy social activities and short breaks offering respite and companionship to combat isolation. This was a tremendous help in improving Carers health and wellbeing and resilience.

The Cost of Living crisis brought rising fuel and food costs which hit many Carers hard, with many turning to Manchester Carers Centre for practical help with utility bills, rising costs, food instability, debt, Unemployment, and housing issues. Manchester Carers Centre responded to this crisis by fundraising for additional staff hours to support the rising demand from Carers for help with money issues. We supported individual Carers to access grants, benefits, food, items to improve IT connectivity such as laptops, mobile phones and access to Wi-Fi.

Manchester Carers Centre as an organisation proved its agility to respond to changing need at the same time as we were facing maximum funding insecurity ourselves and escalating costs. We proactively fundraised to secure longer term funding, which was our main focus. We are pleased to report that we successfully competed for a three year service development programme called Our Manchester, supported by Manchester City Council. At the close of March 2023 we received notification of our success. It was a mixed picture with statutory funding as the funding for the North Locality partnership work was uncertain at this time due to budget constraints and we ended this particular neighbourhood focused work on 31st March 2023. We were, however, extremely proud of our achievements with partner organisations in the North locality and left a significant legacy to build upon in the future. We did obtain an important Business Development grant this year to help us build capacity for Manchester Carers Centre, Alzheimers Society and Moodswings. This grant enabled us to deepen our relationship and benefit all our organisations with delivery and sustainability.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Services Delivered In 2022-23 and Results / Achievement and Performance

Between 1st April 2022 and 31st March 2023 Manchester Carers Centre directly supported 681 unique Carers from a range of communities across Manchester. We also extended the support to these Individual Carers by referring Carers to specialist services across the network of organisations in Manchester that supported Carers. Although we help Carers of all ages, we are particularly pleased to report that we supported 136 unique Young Adult Carers, between the ages of 16-25, an increase of 67% on the previous year which is an excellent performance. Young Adult Carers are particularly hard to engage with because of the restrictions on their time due to their caring responsibilities. We worked hard to help to build Young Adult Carers confidence and aspirations for the future, despite their challenges. We have successfully built up a carer community of Young Adults that appreciate and engage with our services regularly.

Following the pandemic, the service staff delivered 22 outreach and information Roadshows in the North Locality of our city. We worked hard to partner with diverse community groups and promote equality of access to our services and that of the Carers Pathway. This year, 31% of Carers supported were new to our services which shows the impact of our outreach and engagement work. We were particularly pleased to support 409 Carers from the North locality as well as 272 Carers from Central and South localities. 32% of the Carers we worked with were from Black and Minority Ethnic communities, which demonstrates our ability to promote equality of access.

We were determined to be out and about in the community post Covid, helping Carers to connect with each other and to connect them with vital support across the Pathway. Carers needed opportunities to promote their health and wellbeing and be offered invaluable respite and time off from their responsibilities. To meet this need we delivered an outstanding range of 43 peer group activities across the year. This included music and ceramic workshops, massage workshops, keepfit activities. We were delighted to work in partnership with CREATE and MCRAActive. We delivered a range of short breaks offering a variety of interesting cultural and arts experiences i.e. Royal Exchange Theatre, Manchester Museum, Whitworth Art Gallery and Bridgewater Hall, as well as some more challenging experiences for Young Adult Carers, such as Delamere Forest Go Ape experience. We are grateful for all our independent supporters for being able to bring important quality time to unpaid Carers.

Adaptability and Access Points

We promote our services for Carers using a range of formats. We ensure that Carers are able to get in touch and access our services by offering a range of contact options. Carers can contact us by telephone (Monday – Thursday 10am-1pm), email, text or through a contact form on our website. Our 1:1 services are tailored to suit the needs of Carers and can be face to face, over the phone, email or via video conferencing. We also ensure that those Carers who are not easily able to access internet based methods are included by providing information by phone and by post.

When planning short breaks and activities we take into account a range of access considerations, including accessibility of the venue, transport links, parking, and timings of the event to ensure as many Carers as possible can attend without barriers.

We utilize our social media platforms and ensure we plan relevant posts and content for Carers and professionals. We are proud of our partnership work and collaborations with professionals, and we worked with 86 unique professional organisations during the year to improve service delivery for Carers.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Carers North Partnership

The Carers North Partnership continued to work hard in this year to connect Carers to services and raise awareness amongst professionals and community based organisations, promoting the message to 'think Carer' when supporting individuals. The efforts of our small team paid off with 60% of all unique Carers and 45% of Young Adult Carers accessing our services being from North neighbourhoods. Along with our partners Moodswings, Alzheimers, Talbot House, Hopewell and The Fed Our, we are proud of everything we have achieved in North Manchester. Our contract to deliver this partnership ended on 31st March 2023 but the legacy of the North Partnership will continue with greater awareness of Carers services and support and opportunities for future partnerships.

Business Development Project

We secured a Covid Recovery Grant in late 2021 from Young Manchester to develop a Business Development project in collaboration with our Carers North Partnership partners. This project continued in this year and provided Manchester Carers Centre and our partners, Moodswings and Alzheimers, with some valuable capacity building support, including fundraising development, policy and procedural work, capacity support with staff recruitment, and support to tackle specific issues (for example, building access). Essentially this grant enabled 3 organisations to work together, research funding opportunities, support each other with specific organisational challenges, and develop and share good practice. We are grateful to Young Manchester for their support.

Our Manchester

This grant enabled us to deliver our important citywide work for Carers of all ages as well as to sustain the delivery of our Young Adult Carers service. As an organisation we are proud to continue to offer vital help to young adult carers aged 16-25 at a key point in their caring journey. At this age many young people are planning their futures, shaping their dreams, but the young people we work with have an added dimension to consider, and our service is there to support them. We offer 1:1 support and coaching, including emotional support, and future planning around education and employment. We also deliver peer group activities for young adult Carers, providing an opportunity for these young people to meet others in similar situations whilst enjoying activities that other young people take for granted. We delivered 11 sessions for Young Adult Carers (16-25), including art workshops in partnership with 42nd Street, a short break to the International Food & Drink Festival, theatre trips, karaoke, and an adventurous day at Go Ape in Delamere Forest to mark Young Carers Action Day 2023. We are grateful to Carers Trust for their additional support for our Young Adult Carers.

Carers Grants Service and Financial Support to Carers

Unpaid caring by nature often places financial strain on individuals, caused by the additional cost of caring and the earning ability of Carers diminished due to time constraints. The Cost of Living crisis compounded the financial pressures Carers were facing and many turned to Manchester Carers Centre for support. In this year £2,695 was awarded for individual Carer Grants from Carers Trust and we were grateful for their support. We also referred Carers to other organisations offering a range of support including computers, technology, household items, sim cards, food banks (average parcel £25) with an estimated value of goods obtained by our partner organisations for Carers of £5,325. Our thanks to all the external partners we refer Carers to for continuing to offer practical support and assistance to unpaid Carers.

Achievements and performance

Overall Performance

We supported 681 unpaid Carers in this financial year with detailed case work and care with their individual issues as well as bringing Carers together for a range of 43 health and wellbeing activities. 27 well planned and executed outreach activities were delivered by ourselves or in partnership. We worked with a total of 86 partner organisations across the year. These statistics and qualitative feedback from Carers and professionals about our interventions and services demonstrate the impact of a small staff team's excellent ability to make a difference in challenging times.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Financial review

Income

Our overall income for this financial year is **£229,901**.

Our main funding comes from the Our Manchester grant which supports our citywide activities with Carers and Manchester Local Care Organisation (MLCO) for the Carers North Partnership. We also received funding from other funders to deliver specific activities, including Young Adult Carers activities and Short Breaks for Carers.

Overall Expenditure

Overall expenditure was **£207,801**.

Net Income/expenditure

The accounts show a surplus of **£22,100** which is a very pleasing result given rising costs. Some of the income raised in this year will be used to deliver projects in 2023-24 in line with planned activity and funder agreements.

Investment policy and objectives

The Trustees regularly review the level of funds held.

Reserves Policy

The Trustees review their Reserves Policy each year and we aim to hold up to 6 months running costs in unrestricted and accessible reserves and should hold additional funds to deal with contingencies, unexpected losses and liabilities. 6 months running costs based on this year's accounts equates to **£103,900**.

As at March 2023 the balance on general unrestricted funds was **£104,506** that is within the target level in our Reserves Policy. The balance on restricted funds was **£22,358**.

Fundraising and sustainability

Focusing on our fundraising strategy has resulted in successfully obtaining 4 grants from independent Trusts and Foundations (Eric Wright Charitable Trust (2 grants), Edward Gostling Foundation, and a grant from the GM Cost of Living programme funded by Eric Wright Charitable Trust). Our 2 main statutory grants were from Our Manchester and Carers North Partnership. This gave us the capacity to provide a broader range of service activity for Carers and provide more depth to our delivery in some important areas such as financial assistance and respite for Carers.

We would like to thank all of our financial supporters because without your vital help our work with Carers would not be possible.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Plans for future periods

FUTURE PLANS FOR 2023/24

PRIORITY 1 – Involve Carers as Expert Partners to express their voices and give feedback on their needs

We need to keep listening to Carers, involving and engaging them through a range of methods and mediums, so that we stay relevant to their needs as an organisation in line with the local context. By enabling Carers to speak out through consultations we can support positive change in policy and practice.

PRIORITY 2 – Services

We need to ensure the new Our Manchester programme from April 2023 – March 2026 is developed successfully. We need to ensure our new service 'I CAN', 'Money and More' and 'Caring 4 Me' are developed to high standards and can demonstrate their impact on supporting Carers. We need to focus on 1-1 work, formalising our approaches and implementing a clear design and an impact tool.

We need to ensure projects from independent funders align with Carers needs and voices and are well run, monitored, evaluated and exceed the expectations of our financial supporters.

PRIORITY 3 – Staffing

We need to build staffing capacity and invest in staff training and development and maintain our fantastic team ethos.

PRIORITY 4 – Finance

Continue to manage our financial resources to our usual meticulous high standards and with prudence. We need to have a broader diversification of funding streams and focus on longer term funding opportunities.

PRIORITY 5 - Fundraising

We need to create a broader portfolio of funding streams that support the development of our service strengths and specialisms. We need a good funding mix of smaller and larger grants, both short and long term. We need to invest in different fundraising methods to attract different types of funding to gain new financial supporters.

PRIORITY 6 – Governance

Actively recruit new Trustees this year and review the constitution.

PRIORITY 7 - Environmental Impact Green Policy / Premises

We need to implement our sustainability policy and develop partners within Bridge 5 Mill to work together on environmental impact issues.

PRIORITY 8 - IT and GDPR

We need to keep abreast of developments in the law and ensure we remain compliant.

PRIORITY 9 – Partnerships

We need to focus on developing strong partnerships and connections to support our work for Carers.

Structure, governance and management

The charity is a company limited by guarantee, company number 3530606, first registered on 19th March 1998. It was registered as a charity, number 1075020 on 8th April 1999.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Ms L D E Fowles
Mr A T Hunter
Dr A Lazz-Onyenobi
Mr D Prior
Ms C Stopforth
Mr C E Thompson

Recruitment and Appointment of new Trustees

The board is comprised of a minimum of 4 and a maximum of 12 Trustees. The Trustee body, when complete, shall comprise twelve elected members. We currently have 6 members on the Board.

There is a recruitment process managed by the Board of Trustees. All applicants and potential Trustees are invited to fill out an application form and will be interviewed by the Chair and existing Board members to assess suitability and all checks advised by the Charity Commission.

Elections take place annually at the AGM to elect members as Trustees to the Board. The charity currently has 67 members.

Potential Trustees are asked to complete an application form and attend for interview and the selection process is based upon the business and governance skills and relevant experience they can bring to the organisation to enable Manchester Carers Centre to develop. Many of our current Trustees have direct experience of caring themselves, as well as a range of professional skills, but the organisation also seeks to identify any skills gaps and to recruit professionals and individuals with the relevant business skills and experience to strengthen the Board.

Organisational Structure

The Board of Trustees is responsible for Governance and works alongside the Chief Executive Officer to set the strategic direction for the charity. The Trustees/Directors have important responsibilities and collectively work together as a team for the good of Manchester Carers Centre. The Chief Executive Officer is responsible for working alongside the Board as well as overseeing the overall management of the Centre and its activities, supported by a small, dedicated Staff team.

Induction and Training of new Trustees

There is a Trustee induction and Governance programme and opportunities for Trustees to receive coaching and support from experienced Trustees, as well as to attend relevant training courses, provided by a range of organisations including Carers Trust. Trustees are signposted to governance information on websites as well as resources at the Centre.

Risk management

The Trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Public benefit

We considered the Charity Commission's overall guidance and Trustees have had due regard to the Commission's guidance on public benefit. We are clear through all of our regular evaluations of all services that all our operations and activities clearly link to the objects of the charity; to relieve the stresses experienced by Carers and provide them with a range of services to support them. This in turn can have an impact positively, on the quality of life of elderly and disabled individuals that are cared for. Supporting Carers and disabled individuals in our society, who are some of the most marginalised and vulnerable groups, is of obvious general public benefit and builds a stronger and more equitable society.

The Trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcome of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

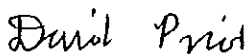
Beneficiaries of our services

Who Benefits?

We work with unpaid Carers to relief their stresses and promote and health and wellbeing. Our beneficiaries are all unpaid carers in Manchester and the Manchester area. "A Carer is someone of any age who supports, unpaid / unwaged, a relative, partner or friend who due to physical or mental illness, disability, frailty or addiction could not manage without that support." We have specific services for Young Adult Carers 16-25 and for Adult Carers over 18 and upwards. We signpost younger carers under 16 to statutory and partnership organisations with specific children's projects.

We do not charge for our services; they are free to Carers, and we enable Carers with financial issues to receive tailored advice and support to relieve financial hardship. We also provide services to former Carers who have been bereaved to help them to adjust to their new circumstances and move forward in their lives at their pace.

The trustees' report was approved by the Board of Trustees.



Mr D Prior
Trustee

27th September 2023

Date:

MANCHESTER CARERS CENTRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF MANCHESTER CARERS CENTRE

I report to the trustees on my examination of the financial statements of Manchester Carers Centre (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Champion TLL Limited

P Buck FCA, DChA

7-9 Station Road

Hesketh Bank

Preston

Lancashire

PR4 6SN

Dated: 27/09/23

MANCHESTER CARERS CENTRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

Current financial year

| | Notes | Unrestricted funds 2023 £ | Restricted funds 2023 £ | Total 2023 £ | Total 2022 £ |
|---|-------|------------------------------------|----------------------------------|--------------------|--------------------|
| Income from: | | | | | |
| Donations and legacies | 3 | 21,317 | 50,911 | 72,228 | 49,713 |
| Charitable activities | 4 | 157,292 | - | 157,292 | 197,113 |
| Investments | 5 | 381 | - | 381 | 43 |
| Total income | | 178,990 | 50,911 | 229,901 | 246,869 |
| Expenditure on: | | | | | |
| Charitable activities | 6 | 169,841 | 37,960 | 207,801 | 283,770 |
| Net incoming/(outgoing) resources before transfers | | 9,149 | 12,951 | 22,100 | (36,901) |
| Gross transfers between funds | | 3,324 | (3,324) | - | - |
| Net income/(expenditure) for the year/ Net movement in funds | | 12,473 | 9,627 | 22,100 | (36,901) |
| Fund balances at 1 April 2022 | | 161,061 | 12,911 | 173,972 | 210,873 |
| Fund balances at 31 March 2023 | | 173,534 | 22,538 | 196,072 | 173,972 |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

MANCHESTER CARERS CENTRE

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

Prior financial year

| | Notes | Unrestricted funds 2022 £ | Restricted funds 2022 £ | Total 2022 £ |
|---|-------|------------------------------------|----------------------------------|--------------------|
| <u>Income from:</u> | | | | |
| Donations and legacies | 3 | 11,515 | 38,198 | 49,713 |
| Charitable activities | 4 | 197,113 | - | 197,113 |
| Investments | 5 | 43 | - | 43 |
| Total income | | 208,671 | 38,198 | 246,869 |
| <u>Expenditure on:</u> | | | | |
| Charitable activities | 6 | 195,051 | 88,719 | 283,770 |
| Net incoming/(outgoing) resources before transfers | | 13,620 | (50,521) | (36,901) |
| Gross transfers between funds | | 594 | (594) | - |
| Net Income/(expenditure) for the year/ Net movement in funds | | 14,214 | (51,115) | (36,901) |
| Fund balances at 1 April 2021 | | 146,847 | 64,026 | 210,873 |
| Fund balances at 31 March 2022 | | 161,061 | 12,911 | 173,972 |

MANCHESTER CARERS CENTRE

BALANCE SHEET

AS AT 31 MARCH 2023

| | Notes | 2023 £ | £ | 2022 £ | £ |
|---|-------|-----------|---------|-----------|---------|
| Fixed assets | | | | | |
| Tangible assets | 12 | | 7,028 | | 7,544 |
| Current assets | | | | | |
| Debtors | 14 | - | | 257 | |
| Investments | 15 | 85,001 | | 85,001 | |
| Cash at bank and in hand | | 108,095 | | 84,966 | |
| | | | 193,096 | | 170,224 |
| Creditors: amounts falling due within one year | 16 | (4,052) | | (3,796) | |
| Net current assets | | | 189,044 | | 166,428 |
| Total assets less current liabilities | | | 196,072 | | 173,972 |
| Income funds | | | | | |
| Restricted funds | | | 22,538 | | 12,911 |
| <u>Unrestricted funds - general</u> | | | | | |
| Designated funds | 17 | 69,028 | | 27,544 | |
| General unrestricted funds | | 104,506 | | 133,517 | |
| | | | 173,534 | | 161,061 |
| | | | 196,072 | | 173,972 |

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

27th September 2023

The financial statements were approved by the Trustees on

David Prior

Mr D Prior
Trustee

Christine Stopforth
Ms C Stopforth
Trustee

Company registration number 3530606

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity Information

Manchester Carers Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Bridge 5 Mill, 22a Beswick Street, Manchester, M4 7HR.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are free reserves that have been designated by the trustees for specific purposes. These are further disclosed in the notes to the accounts.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies (Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Support costs

All activity relates to one charitable cost heading and any costs relating to fundraising are immaterial. Support costs consist of governance as shown in the notes to the accounts and are allocated to the direct charitable costs heading.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

| | |
|------------------------|-------------------|
| Leasehold improvements | 20% straight line |
| Fixtures and fittings | 25% straight line |

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

MANCHESTER CARERS CENTRE

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

| 3 Donations and legacies | Unrestricted funds general | | Restricted funds | | Total | |
|---------------------------------------|----------------------------|---------------|------------------|---------------|---------------|---------------|
| | 2023 | 2022 | 2023 | 2022 | 2023 | 2022 |
| | £ | £ | £ | £ | £ | £ |
| Donations and gifts | 1,677 | - | - | - | 1,677 | 5,265 |
| Grants | 19,640 | 50,911 | 50,911 | 38,198 | 70,551 | 44,448 |
| | <u>21,317</u> | <u>50,911</u> | <u>50,911</u> | <u>38,198</u> | <u>72,228</u> | <u>49,713</u> |
| | | | | | | |
| Grants receivable for core activities | 19,640 | 50,911 | 50,911 | 38,198 | 70,551 | 44,448 |
| Other | 19,640 | 50,911 | 50,911 | 38,198 | 70,551 | 44,448 |
| | <u>19,640</u> | <u>50,911</u> | <u>50,911</u> | <u>38,198</u> | <u>70,551</u> | <u>44,448</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

| | Charitable activities 2023 £ | Charitable activities 2022 £ |
|--------------------------------------|---------------------------------------|---------------------------------------|
| Grants | 157,292 | 197,113 |
| Performance related grants | | |
| MCC - Our Manchester Funding | 80,446 | 80,446 |
| MCC - Carers North Partnership Grant | 76,666 | 116,667 |
| Other | 180 | - |
| | <u>157,292</u> | <u>197,113</u> |

5 Investments

| | Unrestricted funds general 2023 £ | Unrestricted funds general 2022 £ |
|---------------------|---|---|
| Interest receivable | 381 | 43 |
| | <u>381</u> | <u>43</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

6 Charitable activities

| | Charitable Activities 2023 £ | Charitable Activities 2022 £ |
|--|---------------------------------------|---------------------------------------|
| Staff costs | 163,025 | 195,372 |
| Depreciation and impairment | 2,671 | 3,109 |
| Carers activities | 4,778 | 50,640 |
| IT and software costs | 4,534 | 5,425 |
| Staff and volunteer costs | 1,806 | 2,121 |
| Rent, rates and insurance | 11,352 | 10,826 |
| HR support | 1,654 | 1,670 |
| Printing, postage and stationery | 2,021 | 3,007 |
| Telephone | 5,310 | 6,543 |
| Subscriptions | 2,696 | 410 |
| Miscellaneous costs | 1,426 | 611 |
| Bank charges | 57 | 46 |
| | <u>201,330</u> | <u>279,780</u> |
| Grant funding of activities (see note 7) | 2,450 | - |
| Share of governance costs (see note 8) | 4,021 | 3,990 |
| | <u>207,801</u> | <u>283,770</u> |
| Analysis by fund | | |
| Unrestricted funds - general | 169,841 | 195,051 |
| Restricted funds | 37,960 | 88,719 |
| | <u>207,801</u> | <u>283,770</u> |

7 Grants payable

Grants paid to individuals amount to £2,450 (2022: £9,100).

8 Support costs

| | Support costs £ | Governance costs £ | 2023 £ | 2022 £ |
|---|-----------------------|--------------------------|--------------|--------------|
| Charitable activities | - | 4,021 | 4,021 | 3,990 |
| | <u>-</u> | <u>4,021</u> | <u>4,021</u> | <u>3,990</u> |
| Analysed between Charitable activities | - | 4,021 | 4,021 | 3,990 |
| | <u>-</u> | <u>4,021</u> | <u>4,021</u> | <u>3,990</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

The average monthly number of employees during the year was:

| | 2023 Number | 2022 Number |
|-------------------------|----------------|----------------|
| | 6 | 8 |
| | <u>6</u> | <u>8</u> |
| Employment costs | 2023 | 2022 |
| | £ | £ |
| Wages and salaries | 115,322 | 140,152 |
| Social security costs | 34,099 | 41,533 |
| Other pension costs | 13,604 | 13,687 |
| | <u>163,025</u> | <u>195,372</u> |

There were no employees whose annual remuneration was more than £60,000.

11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

12 Tangible fixed assets

| | Leasehold Improvements £ | Fixtures and fittings £ | Total £ |
|------------------------------------|--------------------------------|-------------------------------|---------------|
| Cost | | | |
| At 1 April 2022 | 38,122 | 52,475 | 90,597 |
| Additions | - | 2,156 | 2,156 |
| | <u>38,122</u> | <u>54,631</u> | <u>92,753</u> |
| At 31 March 2023 | 38,122 | 54,631 | 92,753 |
| | <u>38,122</u> | <u>54,631</u> | <u>92,753</u> |
| Depreciation and impairment | | | |
| At 1 April 2022 | 38,122 | 44,932 | 83,054 |
| Depreciation charged in the year | - | 2,671 | 2,671 |
| | <u>38,122</u> | <u>47,603</u> | <u>85,725</u> |
| At 31 March 2023 | 38,122 | 47,603 | 85,725 |
| | <u>38,122</u> | <u>47,603</u> | <u>85,725</u> |
| Carrying amount | | | |
| At 31 March 2023 | - | 7,028 | 7,028 |
| | <u>-</u> | <u>7,028</u> | <u>7,028</u> |
| At 31 March 2022 | - | 7,544 | 7,544 |
| | <u>-</u> | <u>7,544</u> | <u>7,544</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

| | | |
|---|---------------|---------------|
| 13 Financial instruments | | |
| | 2023 | 2022 |
| | £ | £ |
| Carrying amount of financial assets | | |
| Instruments measured at fair value through profit or loss | 85,001 | 85,001 |
| | <u>85,001</u> | <u>85,001</u> |
| 14 Debtors | | |
| | 2023 | 2022 |
| | £ | £ |
| Amounts falling due within one year: | | |
| Trade debtors | - | 86 |
| Prepayments and accrued income | - | 171 |
| | <u>-</u> | <u>257</u> |
| | <u>-</u> | <u>257</u> |
| 15 Current asset investments | | |
| | 2023 | 2022 |
| | £ | £ |
| Bank deposits | 85,001 | 85,001 |
| | <u>85,001</u> | <u>85,001</u> |
| 16 Creditors: amounts falling due within one year | | |
| | 2023 | 2022 |
| | £ | £ |
| Trade creditors | 6 | 6 |
| Accruals and deferred income | 4,046 | 3,790 |
| | <u>4,052</u> | <u>3,796</u> |
| | <u>4,052</u> | <u>3,796</u> |

17 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

| | Balance at 1 April 2021 | Resources expended | Transfers | Balance at 1 April 2022 | Resources expended | Transfers | Balance at 31 March 2023 |
|----------------------|----------------------------|-----------------------|---------------|----------------------------|-----------------------|---------------|-----------------------------|
| | £ | £ | £ | £ | £ | £ | £ |
| Fixed Assets | 10,652 | (3,108) | - | 7,543 | (2,671) | 2,156 | 7,028 |
| Staff Provision | - | - | 20,000 | 20,000 | - | - | 20,000 |
| Business development | - | - | - | - | - | 42,000 | 42,000 |
| | <u>10,652</u> | <u>(3,108)</u> | <u>20,000</u> | <u>27,543</u> | <u>(2,671)</u> | <u>44,156</u> | <u>69,028</u> |
| | <u>10,652</u> | <u>(3,108)</u> | <u>20,000</u> | <u>27,543</u> | <u>(2,671)</u> | <u>44,156</u> | <u>69,028</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

18 Analysis of net assets between funds

| | Unrestricted funds 2023 £ | Restricted funds 2023 £ | Total 2023 £ | Unrestricted funds 2022 £ | Restricted funds 2022 £ | Total 2022 £ |
|--|------------------------------------|----------------------------------|--------------------|------------------------------------|----------------------------------|--------------------|
| Fund balances at 31 March 2023 are represented by: | | | | | | |
| Tangible assets | - | - | 7,028 | - | - | 7,544 |
| Current assets/(liabilities) | 104,506 | 22,538 | 189,044 | 133,517 | 12,911 | 166,428 |
| | <u>104,506</u> | <u>22,538</u> | <u>196,072</u> | <u>133,517</u> | <u>12,911</u> | <u>173,972</u> |

The restricted fund balance at 31 March 2023 of £22,538 is made up of £10,000 from the Edward Gostling Foundation, £605 from Individual Carers Funds, £6,933 from the Eric Wright Foundation and £5,000 from MACC.

19 Related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year.

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including any guarantees, during the year.

MANCHESTER CARERS CENTRE

England & Wales - Charity number 1075020

Accounts

Charity registration number 1075020

Company registration number 3530606 (England and Wales)

MANCHESTER CARERS CENTRE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

MANCHESTER CARERS CENTRE

LEGAL AND ADMINISTRATIVE INFORMATION

| | |
|-----------------------------|---|
| Trustees | Ms L D E Fowles Mr A T Hunter Mr A Lazz-Onyenobi Mr D Prior Ms C Stopforth Mr C E Thompson |
| Secretary | Ms S J Devine |
| Charity number | 1075020 |
| Company number | 3530606 |
| Registered office | Bridge 5 Mill 22a Beswick Street Manchester M4 7HR |
| Independent examiner | P Buck FCA, DChA Champlon TLL Limited 7-9 Station Road Preston Lancashire PR4 6SN |

MANCHESTER CARERS CENTRE

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| Notes to the financial statements | 17 - 26 |

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The principal activities of our charity are to promote the relief of sick, elderly and disabled persons in the Manchester area by the provision of facilities to relieve the stresses experienced by their Carers; and to provide their Carers with information, support and a wide range of services appropriate to their needs.

Manchester Carers Centre was established as a company on 19th March 1998 and as a registered charity on the 8th April 1999. Manchester City Council, the Co-operative Bank and The Princess Royal Trust for Carers were founding supporters. We are a current network partner and affiliated to the Carers Trust. Carers Trust is a major charity for, with and about Carers. They work to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. Their vision is that unpaid Carers count and can access the help they need to live their lives. We share their aims.

Manchester Carers Centre is a small independent local charity serving some of the most deprived communities in Manchester. Our primary purpose is reflected in our mission statement, 'Changing Carers' Lives'. Carers frequently contact the Centre on the brink of breakdown; they can be exhausted, lonely and in desperate need of support. Manchester Carers Centre provides Carers with access to information, practical help, emotional support and a range of services focused on responding to need and bringing about positive change that has a lasting impact on lives. Small changes can make big differences to Carers everyday lives. We have over 24 years' experience and expertise of supporting unpaid Carers and their families in the City of Manchester. Manchester is the 6th most deprived local authority in England (Indices of Deprivation 2019) with some of the most deprived neighbourhoods being based within the North of the City where we are developing a deeper service footprint. There are significant health, economic and employment inequalities experienced by Carers across the City and our activities seek to promote Carers health and wellbeing.

Our Vision:

Manchester is a community where the role and contribution of unpaid carers is universally understood, valued and respected. Carers are empowered to achieve their personal goals and aspirations and stay physically and mentally well. Carers are enabled and sustained in their caring role through quality support and services. Carers assist the individuals they look after to keep healthy, connected and as independent as possible.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

We aim to see a society where unpaid Carers are recognised, respected and given access to services that will not only improve but change their lives for the better. We build on the strengths and assets of Carers to strengthen individuals, families and communities in our city of Manchester.

Our mission is to change Carers' lives in the Manchester area. Our passion for Carers drives us. All our activities operate in the interest of our beneficiaries, unpaid Carers.

Our Values:

- Integrity and honesty

We are committed to a culture of openness and continuous improvement.

- Quality

We strive for excellence in all our services. We deliver meaningful outcomes, which change carers' lives for the better.

- Innovation and positivity

Trustees, staff and volunteers share a passion for improving Carers' lives. This drives us forward to search for solutions and better ways of delivering services effectively, in partnership and collaboration with all individuals and organisations in Manchester.

- Equality and respect

We are accessible and inclusive. Carers come from all communities and all walks of life. We celebrate diversity and the skills, strengths and potential that Carers offer our community, and ensure that they are involved as much as possible and are at the heart of everything we do.

Outcomes

Through our activities, we work to ensure the following outcomes for Carers in Manchester are achieved.

With our help Carers....

Are well informed and their financial situations improved..

Carers are aware of their rights and how to access services with our help. They know what support is available in Manchester in line with their needs and are supported to access this help.

Have improved health and wellbeing...

We operate a range of activities to ensure Carers are encouraged to look after themselves and prioritise their own personal mental and physical health needs, and balance the demands of their caring role.

Are connected...

Through our work, Carers have the opportunity to meet others, to share experiences and support one another to combat social isolation. We connect Carers to support services, the wider community, opportunities, experiences and to each other.

Have more equal opportunities...

Carers face disadvantage and are encouraged by us to have a life outside of their caring role and pursue educational and social opportunities and interests to improve their quality of life. We support Carers from all diverse communities and work in partnership with other organisations to improve all Carers access to opportunities.

Are more resilient....

Carers are supported to develop coping strategies and enabled to find the confidence tackle issues and find the solutions that work for them individually.

Are recognised, respected and valued...

We ultimately work to ensure Carers are listened to, valued and their strengths and contributions are recognized by themselves, the wider community, policy makers and others.

Are better supported....

We work to achieve improved support to Carers from their local community, family and networks and formal public services and voluntary organisations.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Are Heard...

We facilitate and collaborate with voluntary and statutory partners to provide Carers with an opportunity to voice their ideas, thoughts, concerns and needs, through consultation and involvement activities. This work ensures Carers have a voice to influence policy and service developments. Every day we listen to Carers expressing their needs and issues and we use this information to shape our service developments.

Young Adult Carers realise their potential...

We work to ensure Young Adult Carers (16-25) can achieve the opportunities that all young people can access. We support young people to connect with their peers through events and online networks. We support young adult carers to achieve their full potential and fulfill their ambitions, hopes and dreams.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Covid-19 Pandemic – The context we operated in

The Covid-19 pandemic continued to have a significant, unprecedented impact on both unpaid Carers lives and the way we deliver our services to ensure Carers continued to be supported, connected and informed during this challenging time. We are pleased to report that we consistently delivered our full range of services throughout the pandemic with a blended offer of telephone, online, text, email and postal support to reach as many Carers proactively in this crisis. We did not furlough any of our staff and delivered our services to increased demand with 100% operational access and continuity. The complexity of Carers situations and the rapidly changing context enabled us to prove our agility and flexibility to respond to urgent needs and emergency situations. The vaccination programme made a huge difference to Carers, offering tangible hope and reassurance. We promoted the prioritization of the vaccination to unpaid Carers with our colleagues from the Carers Manchester Network at local levels. We encouraged Carers to register with their GPs for easier and tailored access and overall recognition of their role so their health and wellbeing needs could be formally recognised. We worked with health organisations where there was vaccine hesitancy to encourage informed choice and take up. The lifting of social restrictions at various points in the year allowed us to engage with more Carers face to face and be more present in local communities promoting the new Pathway for Carers support in Manchester.

Services Delivered in 2021-2022 and Results / Achievement and Performance

In this year our role continued to change. We were developing more neighbourhood focused work in the North Locality to identify new Carers of all ages and circumstances in partnership with a range of voluntary organisations working to enhance Carers services together in our city. We were an active member of Carers Manchester Network and the lead partner for Carers Manchester North Locality. The new Carers Pathway has a Carers Manchester Contact Point with a telephone helpline service for Carers and our role is to identify Carers in the community with information and advice needs and signpost them to the new service. We also deliver a range of activities in local communities to promote Carers health, wellbeing and connectivity with our five other partners, Alzheimers Society, Moodswings, The Fed, Talbot House and Hopewell, who are also responding to the needs of Carers with their particular expertise. Three locality partnerships, North, Central and South work on common objectives to reach more Carers at an earlier point in their caring journey and to raise awareness of Carers issues with professionals and the general public.

Manchester Carers Centre supported 383 unique Carers from a range of communities across Manchester to connect with services across the Carers Manchester Pathway. 49% of the 383 individual Carers we worked with were new. The pandemic had a detrimental effect on many Carers. It had been an unprecedented time that nobody was prepared for and left many Carers alone, feeling very isolated and in really intensive caring situations. Staff delivered emotional support services, signposted effectively to colleagues across the Carers Manchester Pathway and worked really hard to link Carers with sources of financial help, respite and peer group social activities, as many family budgets were under immense pressure. Of the Carers we supported this year Citywide, 179 were from the North Locality which demonstrates we were developing a much deeper footprint in the North with our colleagues from the North Partnership.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Adaptability and Access Points

We supported a diverse range of Carers of all ages using a range of online and offline methods including telephone support, paper based information through postal mailings, social media platforms, and more recently virtual conferencing. We produced information in a range of formats and mediums. Our new website has a range of access features to ensure all Carers are able to access the information and know how to contact us directly if they need to. The Social Media Team worked hard to get clear, accurate messages out to Carers via Facebook and Twitter, by text and email. Digitally excluded Carers received support by telephone and letters. This adaptability produced a lot of additional work for the Service Team, but ensured those that were least able to access us were included. As pandemic restrictions were lifted or changed at different points in the year we worked hard with all our partners in making our presence known in the community and diverse neighbourhoods. When conditions allowed we delivered as many face to face opportunities and events for isolated carers as we could. We engaged with Carers to listen to and understand their needs as we emerge from the pandemic. We also used the opportunity to connect with professionals and community groups to publicise the new Pathway for Carers services in Manchester.

Activities and Projects

The Carers North Partnership delivered specialist and bespoke services for Carers, keeping Carers engaged and supported in unprecedented conditions. We worked together to market each other's services and share ideas and plans to develop new services in the North Locality and raise awareness of the new Carers Pathway together using diverse methods. The Carers Manchester North Partnership has great expertise working with Carers, looking after people with mental health issues, dementia, learning disabilities and from particular community organisations to reach black and minority ethnic Carers. Manchester Carers Centre specifically delivered 36 different events and activities throughout the year, which is a great achievement in difficult pandemic conditions and evidences our transition to a new outreach role in the community.

We were agile and if conditions allowed we delivered some face to face activities but planned virtual activities as well to cope with changing circumstances, often at short notice. In this year we delivered 26 activities to promote the Health and Wellbeing of Carers and 10 outreach Roadshow activities to publicise the new Carers Pathway service offer for Carers and to engage with professionals. We worked with 117 unique professionals from a range of organisations across Manchester. All these events were instrumental in helping us to attract new Carers. We also attracted those Carers who were particularly isolated and needed to meet and engage with their peers in a safe and supportive environment, carefully facilitated by experienced and empathetic staff.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Young Adult Carers

We are particularly proud to have delivered 2 new projects for our Young Adult Carers Service in this year which allowed us to deliver more in-depth services to Young Adult Carers aged 16 – 25 and achieve particular outcomes for young people. We worked with young people through a range of mediums offering one to one mentoring appointments, opportunities to engage socially, learning and development workshops and producing e-bulletins on a monthly basis to keep young people informed of services and opportunities available during the pandemic. We are grateful to the North West Young People's Development Trust and St James Place Charitable Foundation for their financial support received in 2020-2021 to identify and work with more young Carers in the pandemic and respond to the emerging needs of this group. These projects were delivered in this year, 2021-2022. We remain grateful to Lloyds Bank Foundation for their support to our independent work with young adult Carers. They have been on a real journey with our flagship service and supported our efforts and achievements for six and a half years, giving us additional income during the pandemic so we could extend the delivery of our Lloyds project to March 2022. All these excellent financial supporters have helped us succeed in producing brighter futures for young people with caring responsibilities from many deprived communities and we are very grateful for their belief in our ability and expertise.

Carers Grants Service and Financial Support to Carers

We reacted to the financial stresses that Carers and their families were experiencing by putting a lot of effort into helping Carers to make grant applications for urgent support to benefit Carers. Carers are often experiencing financial hardship, on low incomes. Centre staff provide targeted support to help raise funds from independent grant giving trusts. This year, staff helped 26 individual Carers and their families achieve a holiday/short break, buy essential household equipment and take part in activities that benefit their health and wellbeing, and improve skills for resilience. £7,120 was awarded in this year from Carers Trust and we were grateful for their support. £9,100 was directly distributed to Carers by us this year from this year's awards and some residual grants from the previous financial year's awards.

Manchester Carers Centre staff also worked in partnership with Carers Manchester Contact Point to refer Carers to Manchester City Council Carers Emergency Support Fund. This enabled Carers access urgent funds from the City Council for much needed household equipment, white goods, and support with utility bills.

Our thanks to Carers Trust and Manchester City Council for their generous grants, which were so well received by Carers to alleviate hardship in difficult conditions. Manchester Carers Centre team also worked hard to connect Young Adult Carers with technology to ensure they were digitally included and 6 Young Adult Carers were awarded mobile phones with a year's data package through Manchester Carers Centre's partnership with Lifeshare. We also developed partnerships with local foodbanks so that we could directly make referrals as a known registered provider to alleviate Carers who were experiencing food instability.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance

Overall Performance

Given that we are a small charity with a small staff team equivalent to 5 full time staff, we have once again produced amazing results for Carers in a year like no other. This is down to the passion, dedication and commitment of the Trustees, management and staff team.

We have the confidence of the Carers that we serve through a long and established record of performance in Manchester of achieving meaningful results for each individual Carer that we can.

We transitioned into a new outreach role in the North and developed great collaborative work with our Carers Manchester North Partnership. We delivered more support to Young Adult Carers through our independent supporters. We continued to respond to Carers financial issues and respite issues by achieving independent grants ourselves or referring Carers to organisations we worked in partnership with.

One of the highlights of the year was undertaking 10 outreach roadshows to make contact with new Carers and new professionals in the local neighbourhoods of North Manchester. We planned and delivered 26 events and activities for Carers of all age groups when social distancing restrictions started to lift.

We trained our staff and implemented a new Charity Log database improving our efficiency. To demonstrate our commitment to being a good Employer we offered flexible working arrangements to staff during the pandemic and we were pleased to obtain National Living Wage status demonstrating our commitment to paying staff a living wage.

The culmination of all our achievements was to achieve formal recognition of the quality of our services and the high standards of how we run our organisations through the award of the Trusted Charity Quality Mark Level 1 in January 2022.

Financial review

Income

Our overall income for this financial year is £246,869.

Our main funding comes from Manchester Local Care Organisation (MLCO) for the Carers North Partnership and the Our Manchester grant which supports our citywide activities with Carers. We were delighted to also receive a Covid Recovery Fund grant from Young Manchester to provide Business Development Support to ourselves and our Carers North Partnership partners.

Overall Expenditure

Overall expenditure was £283,771.

Net Income/expenditure

The accounts show a deficit of £36,902. A significant proportion of this year's expenditure related to restricted income carried forward from 2020-2021 to deliver Young Adult Carers Projects.

The Trustees review their Reserves Policy each year and we aim to hold up to 6 months running costs in unrestricted and accessible reserves and should hold additional funds to deal with contingencies, unexpected losses and liabilities. 6 months running costs based on this year's accounts equates to £141,885.

As at March 2022 the balance on general unrestricted funds was £133,517 that is within the target level in our Reserves Policy. The balance on restricted funds was £12,911.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Fundraising and sustainability

We continue to identify and apply for sources of additional funding to improve our diversity of income streams and for sustainability. This year we have received funding from 5 new and additional sources on top of our 2 main grants from Carers North Partnership Grant and Our Manchester. This is a pleasing result. Fundraising was more limited this year as we focused on implementing a new database and training all staff and concentrated on achieving the Trusted Charity Quality Mark Level 1, these were very challenging pieces of work against the backdrop of the pandemic and offering continuous services to Carers.

The Trustees regularly review the level of funds held.

Risk management

The Trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Plans for future periods

FUTURE PLANS FOR 2022/23

We need to fundraise for New Service Development based on current Carers expressed needs

The following needs are priority areas for development of new or extended services:

- Health and Wellbeing of Carers
- Mental health / emotional support services development needed
- Combatting social isolation of Carers with more connectivity opportunities and activities
- Respite and Short Breaks for Carers
- Influencing appropriate formal service developments for individuals who are cared for, to benefit carers
- Financial support, higher food, energy and transport costs and pressure on family budgets
- Young Adult Carers Service

- We need to expand more formal methods of Carer involvement and engagement
- Listen to and survey Carers needs and influence service development and demonstrate how this has been done
- Work to ensure all Carers are recognized and respected as expert care partners by all professionals in our awareness raising work in Localities
- Create mechanisms for the voices of Carers to be heard at all levels within our organisation
- Ensure the North Locality Partnership work has a Carers Reference Group or Ambassadors
- Ensure the YACS service has a Carers Reference Group or Ambassadors
- Develop a stronger membership base of local carers / consider how to utilize to strengthen the involvement and voice of Carers locally and to link with Board

Profile, Identity, Independence and Sustainability

- Make sure we have an excellent profile within the city and keep our achievements at the forefront, and utilize all opportunities to build up goodwill towards Manchester Carers Centre and its partners and collaborators
- We need to build new relationships, new opportunities and new partnerships and attract new funding to maintain our independence as a charity through diverse funding streams and a broad range of activity so we can develop our work citywide and in particular in the North Locality.

Fundraising

- The fundraising climate for charities tends to support short term funding and projects, but Carers need long term, reliable services in their communities. We need to attract new funding supporters, with longer term funding to build our staff capacity to deliver sustainable services.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Finance

- Continue to manage our financial resources carefully and prudently for the benefit of Carers.

Staffing

- Going forward we need to ensure we develop the appropriate staffing structure and build capacity to realise our ambition to grow and develop for Carers

Governance

- The Trusted Charly quality mark demonstrated our strong governance but we need to attract additional trustees to share the responsibilities more broadly and enhance the talent and capacity of our Board

Premises

- We need to make the most of our current premises and all the opportunities of mixing with all the other tenants at Bridge 5 Mill. It is a good community of voluntary organisations with expertise in environmental issues.
- We need to consider environmental issues more by connecting with the experts in our building.

IT

- We need to continue to invest in IT applications and Infrastructure, staff knowledge and training.

Structure, governance and management

The charity is a company limited by guarantee, company number 3530606, first registered on 19th March 1998. It was registered as a charity, number 1075020 on 8th April 1999.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Ms L D E Fowles

Mr A T Hunter

Mr A Lazz-Onyenobi

Mr D Prior

Ms C Stopforth

Mr C E Thompson

The board is comprised of a minimum of 4 and a maximum of 12 Trustees. The Trustee body, when complete, shall comprise twelve elected members. We currently have 6 members on the Board.

There is a recruitment process managed by the Board of Trustees. All applicants and potential Trustees are invited to fill out an application form and will be interviewed by the Chair and existing Board members to assess suitability and all checks advised by the Charity Commission.

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Elections take place annually at the AGM to elect members as Trustees to the Board. The charity currently has 67 members.

Potential Trustees are asked to complete an application form and attend for interview and the selection process is based upon the business and governance skills and relevant experience they can bring to the organisation to enable Manchester Carers Centre to develop. Many of our current Trustees have direct experience of caring themselves, as well as a range of professional skills, but the organisation also seeks to identify any skills gaps and to recruit professionals and individuals with the relevant business skills and experience to strengthen the Board.

The Board of Trustees is responsible for Governance and works alongside the Chief Executive Officer to set the strategic direction for the charity. The Trustees/Directors have important responsibilities and collectively work together as a team for the good of Manchester Carers Centre. The Chief Executive Officer is responsible for working alongside the Board as well as overseeing the overall management of the Centre and its activities, supported by a small, dedicated Staff team.

There is a Trustee Induction and Governance programme and opportunities for Trustees to receive coaching and support from experienced Trustees, as well as to attend relevant training courses, provided by a range of organisations including Carers Trust. Trustees are signposted to governance information on websites as well as resources at the Centre.

Risk management

The Trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

Risks are standing agenda item and are reviewed and addressed at Trustee Board Meetings

MANCHESTER CARERS CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Public benefit

We considered the Charity Commission's overall guidance and Trustees have had due regard to the Commission's guidance on public benefit. We are clear through all of our regular evaluations of all services that all our operations and activities clearly link to the objects of the charity; to relieve the stresses experienced by Carers and provide them with a range of services to support them. This in turn can have an impact positively, on the quality of life of elderly and disabled individuals that are cared for. Supporting Carers and disabled individuals in our society, who are some of the most marginalised and vulnerable groups, is of obvious general public benefit and builds a stronger and more equitable society.

The Trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcome of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Beneficiaries of our services

Who Benefits?

We work with unpaid Carers:

"A Carer is someone of any age who supports, unpaid / unwaged, a relative, partner or friend who due to physical or mental illness, disability, frailty or addiction could not manage without that support."

Our beneficiaries are all unwaged carers in Manchester and the Manchester area. We have specific services for Young Adult Carers 16-25 and for Adult Carers over 18 and upwards. We signpost younger carers to partnership organisations with specific projects. We do not generally charge for our services, they are free to Carers and we enable Carers with financial issues to receive tailored advice and support to relieve financial hardship. We also provide services to former Carers who have been bereaved to help them to adjust to their new circumstances. We are part of Carers Manchester Network, a group of organisations in our City that share information and work together and collaborate on policy and service development so that all our beneficiaries benefit from the partnerships.

Manchester Carers Centre services are targeted at an approximate population of 65,000 unpaid / unwaged adult Carers and younger Carers in the city of Manchester (source: Carers Manchester). Our Services operate within the parliamentary constituency of Manchester but our constitution does enable us to work more broadly in Greater Manchester and the surrounding area.

The trustees' report was approved by the Board of Trustees.

David Prior

Mr D Prior
Trustee

Date: *31/8/22*

MANCHESTER CARERS CENTRE
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF MANCHESTER CARERS CENTRE

I report to the trustees on my examination of the financial statements of Manchester Carers Centre (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Champlon TLL Limited

P Buck FCA, DChA
7-9 Stallon Road
Hesketh Bank
Preston
Lancashire
PR4 6SN

Dated: 31/8/22

MANCHESTER CARERS CENTRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

| Current financial year | | Unrestricted funds general 2022 | Unrestricted funds designated 2022 | Restricted funds 2022 | Total 2022 | Total 2021 |
|---|---|---------------------------------------|--|--------------------------|-----------------|----------------|
| Notes | £ | £ | £ | £ | £ | £ |
| Income from: | | | | | | |
| Donations and legacies | 3 | 11,515 | - | 38,198 | 49,713 | 195,800 |
| Charitable activities | 4 | 197,113 | - | - | 197,113 | 156,776 |
| Investments | 5 | 43 | - | - | 43 | 92 |
| Total Income | | 208,671 | - | 38,198 | 246,869 | 352,668 |
| Expenditure on: | | | | | | |
| Charitable activities | 6 | 191,943 | 3,109 | 88,719 | 283,771 | 279,739 |
| Net incoming/(outgoing) resources before transfers | | 16,728 | (3,109) | (50,521) | (36,902) | 72,929 |
| Gross transfers between funds | | (19,406) | 20,000 | (594) | - | - |
| Net (expenditure)/income for the year/ Net movement in funds | | (2,678) | 16,891 | (51,115) | (36,902) | 72,929 |
| Fund balances at 1 April 2021 | | 136,195 | 10,652 | 64,026 | 210,873 | 137,944 |
| Fund balances at 31 March 2022 | | 133,517 | 27,543 | 12,911 | 173,971 | 210,873 |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

MANCHESTER CARERS CENTRE

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

| Prior financial year | | Unrestricted funds 2021 £ | Restricted funds 2021 £ | Total 2021 £ |
|---|-------|------------------------------------|----------------------------------|--------------------|
| | Notes | | | |
| <u>Income from:</u> | | | | |
| Donations and legacies | 3 | 6,490 | 189,310 | 195,800 |
| Charitable activities | 4 | 156,776 | - | 156,776 |
| Investments | 5 | 92 | - | 92 |
| Total income | | 163,358 | 189,310 | 352,668 |
| <u>Expenditure on:</u> | | | | |
| Charitable activities | 6 | 188,656 | 91,083 | 279,739 |
| Net incoming/(outgoing) resources before transfers | | (25,298) | 98,227 | 72,929 |
| Net (expenditure)/income for the year/ Net movement in funds | | (25,298) | 98,227 | 72,929 |
| Fund balances at 1 April 2020 | | 105,215 | 32,729 | 137,944 |
| Fund balances at 31 March 2021 | | 79,917 | 130,956 | 210,873 |

MANCHESTER CARERS CENTRE

BALANCE SHEET

AS AT 31 MARCH 2022

| | Notes | 2022 | | 2021 | |
|---|-------|----------------|----------------|-----------------|----------------|
| | | £ | £ | £ | £ |
| Fixed assets | | | | | |
| Tangible assets | 11 | | 7,544 | | 10,652 |
| Current assets | | | | | |
| Debtors | 13 | 256 | | 1,243 | |
| Investments | 14 | 85,001 | | 85,001 | |
| Cash at bank and in hand | | 84,966 | | 125,209 | |
| | | <u>170,223</u> | | <u>211,453</u> | |
| Creditors: amounts falling due within one year | 15 | <u>(3,796)</u> | | <u>(11,232)</u> | |
| Net current assets | | | <u>166,427</u> | | <u>200,221</u> |
| Total assets less current liabilities | | | <u>173,971</u> | | <u>210,873</u> |
| Income funds | | | | | |
| Restricted funds | | | 12,911 | | 130,956 |
| Unrestricted funds - designated | | | 27,543 | | - |
| <u>Unrestricted funds - general</u> | | | | | |
| Designated funds | 16 | 27,544 | | 10,652 | |
| General unrestricted funds | | <u>105,973</u> | | <u>69,265</u> | |
| | | | <u>133,517</u> | | <u>79,917</u> |
| | | | <u>173,971</u> | | <u>210,873</u> |

MANCHESTER CARERS CENTRE

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2022

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 3/8/22

David Prior
Mr D Prior
Trustee

Christine Stopforth
Ms C Stopforth
Trustee

Company registration number 3530606

MANCHESTER CARERS CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity Information

Manchester Carers Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Bridge 5 Mill, 22a Beswick Street, Manchester, M4 7HR.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are free reserves that have been designated by the trustees for specific purposes. These are further disclosed in the notes to the accounts.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Support costs

All activity relates to one charitable cost heading and any costs relating to fundraising are immaterial. Support costs consist of governance as shown in the notes to the accounts and are allocated to the direct charitable costs heading.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

| | |
|------------------------|-------------------|
| Leasehold improvements | 20% straight line |
| Fixtures and fittings | 25% straight line |

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

3 Donations and legacies

| | Unrestricted funds general 2022 £ | Restricted funds 2022 £ | Total 2022 £ | Unrestricted funds general 2021 £ | Restricted funds 2021 £ | Total 2021 £ |
|--|---|----------------------------------|--------------------|---|----------------------------------|--------------------|
| Donations and gifts | 5,265 | - | 5,265 | 942 | - | 942 |
| Grants | 6,250 | 38,198 | 44,448 | 5,374 | 189,310 | 194,684 |
| Other | - | - | - | 174 | - | 174 |
| | <u>11,515</u> | <u>38,198</u> | <u>49,713</u> | <u>6,490</u> | <u>189,310</u> | <u>195,800</u> |
| Grants receivable for core activities | | | | | | |
| Individual Carer's Grant | - | 7,920 | 7,920 | - | 14,780 | 14,780 |
| Lloyds Bank Foundation - Young Adult Carers | - | - | - | - | 33,128 | 33,128 |
| MCC - Our Manchester Funding | - | - | - | 5,000 | 60,000 | 65,000 |
| St James Trust | - | - | - | - | 7,500 | 7,500 |
| North West Young People's Development Trust | - | - | - | - | 15,000 | 15,000 |
| National Lottery | - | - | - | - | 15,000 | 15,000 |
| Children In Need - Chrysalis Project | - | - | - | - | 14,039 | 14,039 |
| Forever Manchester | - | - | - | - | 5,000 | 5,000 |
| Connecting Carers | - | - | - | - | 11,987 | 11,987 |
| Carers Trust - CAN Project | - | - | - | - | 8,250 | 8,250 |
| Carers Trust – Creative Writing | - | - | - | - | 5,000 | -5,000 |
| Eric Wright | - | 10,000 | 10,000 | - | - | - |
| Carers Trust – Young Carers Action Day | - | 750 | 750 | - | - | - |
| Young Manchester | - | 19,528 | 19,528 | - | - | - |
| MCC – Expanded Additional Restrictions Grant | 6,163 | - | 6,613 | - | - | - |
| Manchester City Council | 87 | - | 87 | - | - | - |
| | <u>6,250</u> | <u>38,198</u> | <u>44,448</u> | <u>5,374</u> | <u>189,310</u> | <u>194,684</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

4 Charitable activities

| | Charitable activities 2022 £ | Charitable activities 2021 £ |
|--------------------------------------|---------------------------------------|---------------------------------------|
| Grants | <u>197,113</u> | <u>156,776</u> |
| Performance related grants | | |
| MCC - Our Manchester Funding | 80,446 | 80,446 |
| MCC - Carers North Partnership Grant | 116,667 | 76,330 |
| Other | - | - |
| | <u>197,113</u> | <u>156,776</u> |

5 Investments

| | Unrestricted funds general 2022 £ | Unrestricted funds general 2021 £ |
|---------------------|---|---|
| Interest receivable | <u>43</u> | <u>92</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

6 Charitable activities

| | Charitable Activities 2022 £ | Charitable Activities 2021 £ |
|--|---------------------------------------|---------------------------------------|
| Staff costs | 195,372 | 181,275 |
| Depreciation and impairment | 3,109 | 3,109 |
| Charitable activities | <u>81,300</u> | <u>91,083</u> |
| | 279,781 | 275,467 |
| Share of governance costs (see note 8) | <u>3,990</u> | <u>4,272</u> |
| | <u>283,771</u> | <u>279,739</u> |
| Analysis by fund | | |
| Unrestricted funds - general | 191,943 | 188,656 |
| Unrestricted funds - designated | 3,109 | - |
| Restricted funds | <u>88,719</u> | <u>91,083</u> |
| | <u>283,771</u> | <u>279,739</u> |

7 Grants payable

Grants paid to individuals amount to £9,100 (2021: £14,280).

-

8 Support costs

| | Support costs £ | Governance costs £ | 2022 Support costs £ | Governance costs £ | 2021 £ |
|---|-----------------------|--------------------------|-------------------------|--------------------------|--------------|
| Charitable activities | - | 3,990 | <u>3,990</u> | - | <u>4,272</u> |
| | - | 3,990 | <u>3,990</u> | - | <u>4,272</u> |
| Analysed between Charitable activities | - | 3,990 | <u>3,990</u> | - | <u>4,272</u> |

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

MANCHESTER CARERS CENTRE
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

10 Employees

The average monthly number of employees during the year was:

| | 2022 Number | 2021 Number |
|--|----------------|----------------|
| | 8 | 9 |

Employment costs

| | 2022 £ | 2021 £ |
|-----------------------|----------------|----------------|
| Wages and salaries | 140,152 | 165,049 |
| Social security costs | 41,533 | 10,469 |
| Other pension costs | 13,687 | 5,757 |
| | <u>195,372</u> | <u>181,275</u> |

There were no employees whose annual remuneration was more than £60,000.

11 Tangible fixed assets

| | Leasehold improvements £ | Fixtures and fittings £ | Total £ |
|------------------------------------|--------------------------------|-------------------------------|---------------|
| Cost | | | |
| At 1 April 2021 | 38,122 | 52,475 | 90,597 |
| At 31 March 2022 | <u>38,122</u> | <u>52,475</u> | <u>90,597</u> |
| Depreciation and impairment | | | |
| At 1 April 2021 | 38,122 | 41,822 | 79,944 |
| Depreciation charged in the year | - | 3,109 | 3,109 |
| At 31 March 2022 | <u>38,122</u> | <u>44,931</u> | <u>83,053</u> |
| Carrying amount | | | |
| At 31 March 2022 | <u>-</u> | <u>7,544</u> | <u>7,544</u> |
| At 31 March 2021 | <u>-</u> | <u>10,652</u> | <u>10,652</u> |

12 Financial Instruments

| | 2022 £ | 2021 £ |
|---|---------------|---------------|
| Carrying amount of financial assets | | |
| Instruments measured at fair value through profit or loss | <u>85,001</u> | <u>85,001</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

| | | | |
|--|---|---------------|---------------|
| 13 Debtors | | 2022 | 2021 |
| | Amounts falling due within one year: | £ | £ |
| | Trade debtors | 85 | 210 |
| | Prepayments and accrued income | 171 | 1,033 |
| | | <u>256</u> | <u>1,243</u> |
| | | | |
| 14 Current asset investments | | 2022 | 2021 |
| | | £ | £ |
| | Unlisted investments | 85,001 | 85,001 |
| | | <u>85,001</u> | <u>85,001</u> |
| | | | |
| 15 Creditors: amounts falling due within one year | | 2022 | 2021 |
| | | £ | £ |
| | Trade creditors | 6 | 8 |
| | Accruals and deferred income | 3,790 | 11,226 |
| | | <u>3,796</u> | <u>11,232</u> |

16 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

| | Movement in funds | | | | |
|-----------------|-------------------------------------|--|-------------------------------------|------------------------|---|
| | Incoming resources £ | Balance at 1 April 2021 £ | Resources expended £ | Transfers £ | Balance at 31 March 2022 £ |
| Fixed Assets | 10,652 | 10,652 | (3,108) | - | 7,544 |
| Staff Provision | - | - | - | 20,000 | 20,000 |
| | <u>10,652</u> | <u>10,652</u> | <u>(3,108)</u> | <u>20,000</u> | <u>27,544</u> |

MANCHESTER CARERS CENTRE
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

| 17 Analysis of net assets between funds | Unrestricted funds | | Designated funds | | Restricted funds | | Total Unrestricted funds | | Total Restricted funds | | Total | |
|--|--------------------|---|------------------|---|------------------|---|--------------------------|---|------------------------|---|----------------|---|
| | 2022 | £ | 2022 | £ | 2022 | £ | 2021 | £ | 2021 | £ | 2021 | £ |
| Fund balances at 31 March 2022 are represented by: | | | | | | | | | | | | |
| Tangible assets | - | | 7,544 | | - | | 10,652 | | - | | 10,652 | |
| Current assets/(liabilities) | 133,516 | | 20,000 | | 12,911 | | 125,571 | | 64,025 | | 200,221 | |
| | <u>133,516</u> | | <u>27,544</u> | | <u>12,911</u> | | <u>136,223</u> | | <u>64,025</u> | | <u>210,873</u> | |

The restricted fund balance at 31 March 2022 of £12,911 is made up of £168 re: Carers Trust Young Carers Action Day Grant, £2,979 re North Partnership and £9,764 re: Young Manchester Covid Recovery Fund Grant.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

18 Related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year.

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including any guarantees, during the year.

MANCHESTER CARERS CENTRE

England & Wales - Charity number 1075020

Accounts

REGISTERED COMPANY NUMBER: 3530606 (England and Wales)
REGISTERED CHARITY NUMBER: 1075020

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021
FOR
MANCHESTER CARERS CENTRE

Champion TLL Limited
7-9 Station Road
Hesketh Bank
Preston
Lancashire
PR4 6SN

MANCHESTER CARERS CENTRE

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FOR THE YEAR ENDED 31 MARCH 2021

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MANCHESTER CARERS CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

MANCHESTER CARERS CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

OBJECTIVES AND ACTIVITIES

Objectives and aims

Objects

The principal activities of our charity are to promote the relief of sick, elderly and disabled persons in the Manchester area by the provision of facilities to relieve the stresses experienced by their Carers; and to provide their Carers with information, support and a wide range of services appropriate to their needs.

Manchester Carers Centre was established as a company on 19th March 1998 and as a registered charity on the 8th April 1999. Manchester City Council, the Co-operative Bank and The Princess Royal Trust for Carers were founding supporters. We are a current network partner and affiliated to the Carers Trust. Carers Trust is a major charity for, with and about Carers. They work to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. Their vision is that unpaid Carers count and can access the help they need to live their lives. We share their aims.

Manchester Carers Centre's is a small independent local charity serving some of the most deprived communities in Manchester. Our primary purpose is reflected in our mission statement, 'Changing Carers' Lives'. Carers frequently contact the Centre on the brink of breakdown; they can be exhausted, lonely and in desperate need of support. Manchester Carers Centre provides carers with access to information, practical help, emotional support and a range of services focused on responding to need and bringing about positive change that has a lasting impact on lives. Small changes can make big differences to Carers everyday lives. We have over 23 years' experience and expertise of supporting unpaid carers and their families in the City of Manchester. Manchester is the 6th most deprived local authority in England (Indices of Deprivation 2019) with some of the most deprived neighbourhoods being based within the North of the City where we are developing a deeper service footprint. There are significant health, economic and employment inequalities experienced by Carers across the City and our activities seek to promote Carers health and wellbeing.

Aims

Our mission is to Change Carers' lives in the Manchester area. All our activities operate in the interest of our beneficiaries, unpaid Carers.

Our Values:

- Integrity and honesty

We are committed to a culture of openness and continuous improvement.

- Quality

We strive for excellence in all our services. We deliver meaningful outcomes, which change carers' lives for the better.

- Innovation and positivity

Trustees, staff and volunteers share a passion for improving Carers' lives. This drives us forward to search for solutions and better ways of delivering services effectively, in partnership and collaboration with all individuals and organisations in Manchester.

- Equality and respect

We are accessible and inclusive. Carers come from all communities and all walks of life. We celebrate diversity and the skills, strengths and potential that Carers offer our community, and ensure that they are involved as much as possible and are at the heart of everything we do.

MANCHESTER CARERS CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

Significant activities

Covid-19 Pandemic

The Covid- 19 pandemic has had a significant, unprecedented impact on both unpaid Carers lives and the way we deliver our services to ensure Carers continued to be supported, connected and informed during this challenging time. We are pleased to report that we consistently delivered our full range of services throughout the pandemic with a blended offer of telephone, online, text, email and postal support to reach as many Carers proactively in this crisis. We did not furlough any of our staff and delivered our services to increased demand. The complexity of Carers situations and the rapidly changing context enabled us to prove our agility and flexibility to respond to urgent needs and emergency situations. We delivered our Carersline helpline to unprecedented numbers at the height of the pandemic and were able to connect with and reassure Carers with emotional support and practical help.

Transition and Changing Role

The implementation of the new Carers Strategy and new Carers Pathway for Manchester meant from August 2020 our role transitioned into enabling Carers to seek information and advice from the new Carers Manchester Contact Point, while we concentrated on developing a new neighbourhood role in the North Locality of Manchester to connect local Carers with services and support. Our role is to identify Carers and link them to appropriate support through awareness raising activities. We also raise awareness with professionals to create a Carer-friendly response in the wider community.

As part of the new Manchester Carers Strategy, Manchester Carers Centre became the lead partner for Carers Manchester North Partnership, working closely with 5 other partners (Moodswings, Alzheimers Society, Talbot House, The Fed and Hopewell (formerly North Manchester Black Health Forum)) to improve services and support for Carers in North Manchester by working together to develop new projects and activities to benefit unpaid Carers. Our Carers telephone helpline, which has been a vital and successful service for 21 years, ended on 17th August 2020. We had successfully helped thousands of Manchester's unpaid Carers with their information and advice needs until a better resourced service was made available in partnership with other organisations.

Outcomes

Through our activities, we work to ensure the following outcomes for Carers in Manchester are achieved.

With our help Carers...

Are well informed and their financial situations improved..

Carers are aware of their rights and how to access services with our help. They know what support is available in Manchester in line with their needs and are supported to access this help.

Have improved health and wellbeing...

We operate a range of activities to ensure Carers are encouraged to look after themselves and prioritise their own personal mental and physical health needs, and balance the demands of their caring role.

Are connected...

Through our work, Carers have the opportunity to meet others, to share experiences and support one another to combat social isolation. We connect Carers to support services, the wider community, opportunities, experiences and to each other.

Have more equal opportunities...

Carers face disadvantage and are encouraged by us to have a life outside of their caring role and pursue educational and social opportunities and interests to improve their quality of life. We support Carers from all diverse communities and work in partnership with other organisations to improve all Carers access to opportunities.

Are more resilient...

Carers are supported to develop coping strategies and enabled to find the confidence tackle issues and find the solutions that work for them individually.

MANCHESTER CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

Are recognised, respected and valued...

We ultimately work to ensure Carers are listened to, valued and their strengths and contributions are recognized by themselves, the wider community, policy makers and others.

Are better supported...

We work to achieve improved support to Carers from their local community, family and networks and formal public services and voluntary organisations.

Are Heard...

We facilitate and collaborate with voluntary and statutory partners to provide Carers with an opportunity to voice their ideas, thoughts, concerns and needs, through consultation and involvement activities. This work ensures Carers have a voice to influence policy and service developments. We work closely with 18 other organisations that form part of Carers Manchester Network, facilitated by Gaddum, a voluntary organisation in Manchester.

Young Adult Carers realise their potential...

We work to ensure Young Adult Carers (16-25) can achieve the opportunities that all young people can access. We support young people to connect with their peers through events and online networks. We support young adult carers to achieve their full potential and fulfill their ambitions, hopes and dreams.

Services Delivered in 2020-2021 and Results / Achievement and Performance

In this year we supported 878 unique Carers from a range of communities across Manchester, an increase of 80 Carers on the previous year. As we transitioned into our role of leading Carers development work in the North Locality, we identified increasing numbers of Carers from the North Locality. We reached 227 new Carers in the pandemic who didn't know where to turn to and were very appreciative of the support they received from Manchester Carers Centre, this is 25% of the 878 individual Carers we worked with. We worked with 92 unique professionals from a range of organisations across Manchester. We delivered a dedicated service to 104 Young Adult Carers which represents 11% of the total Carers we helped. We delivered 25 different group sessions that offered short breaks for Carers on Zoom in the year. We were able to innovate and respond to changing needs with new projects and to expand our services proactively to Carers known to us.

Information, advice & support:

Between 1st April -17th August 2020 we continued to support Carers through our Carers helpline, providing a vital lifeline for Carers facing uncertainty in a global pandemic. Our staff continued to be on hand to provide reassurance, practical support and emergency referrals (food parcels, medicines delivery, PPE provision, and priority shopping letters), grant applications for financial support, distribution of self-care packs and most vitally, a listening ear. Carers were bewildered with the confusing amount of mixed messages being issued in the pandemic and staff were able to help them navigate and tailor the best information to their circumstances.

Adaptability and Access Points

We supported a diverse range of Carers of all ages using a range of online and offline methods including telephone support, paper based information through postal mailings, social media platforms, and more recently virtual conferencing. We produced information in a range of formats and mediums. Our new website has a range of access features to ensure all Carers are able to access the information and know how to contact us directly if they need to. The Social Media Team worked hard to get clear, accurate messages out to Carers via Facebook and Twitter, by text and email. Digitally excluded Carers received support by telephone and letters. This adaptability produced a lot of additional work for the Service Team, but ensured those that were least able to access us were included.

MANCHESTER CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

Carers Manchester North Locality Partnership

On 1st November 2020 Manchester Carers Centre competed to become the lead organisation for the Carers Manchester North Partnership, which is one of three Locality Partnerships across the City. Carers Manchester North partners are Moodswings, Alzheimers Society, Talbot House, Hopewell (formerly the North Manchester Black Health Forum) and The Fed. Together we bring a broad range of knowledge, skills and expertise to improve the identification of unpaid/unwaged Carers in local communities across North Manchester. We work with professionals to improve service responses to Carers and link Carers with services across the overall Carers Pathway. Our aim is to work closely with Integrated Neighbourhood Teams, GP Practices, Primary Care organisations and a range of local organisations to create Carer friendly neighbourhoods and link Carers to activities in their local areas to improve their health and wellbeing. We are committed to ensuring the success of the Pathway for the benefit of Carers across the City and are pleased to be delivering vital work to develop opportunities and support for Carers in the North Locality.

Our thanks to our partners in the Carers North Locality Partnership for their continued support and enthusiasm, helping to develop a strong network of support and focus for Carers in this very vibrant part of Manchester with great communities. Our thanks also to Carers Manchester partners and the wider network of 18 organisations that work so hard to improve services for Carers.

Carers Manchester North Partnership Activities

All 6 partners delivered their own specialist and bespoke services for Carers, keeping Carers engaged and supported in unprecedented conditions. We also worked together to market each other's services and share ideas and plans in common meetings. The Partnership has great expertise working with Carers, looking after people with mental health issues, dementia, learning disabilities and from particular community organisations to reach black and minority ethnic Carers.

Health and Wellbeing Services for Carers / Connecting Carers in the North Locality:

All of our partnership services are aimed at ending the loneliness and isolation of Carers and connecting Carers with their peers for mutual support. Staff identify and assess the needs of Carers for particular support that will benefit the unique individual and their family. Some examples of our successes in this year: We delivered 7 virtual Coffee Mornings which was a new experience for Carers meeting on Zoom from the convenience of their own homes, this medium really worked well for some of our Carers. Sessions covered a wealth of topics from Relaxation, Reminiscence, Carers Rights and also included fun quizzes and time to chat. Having time to talk to other Carers in a safe space can never be underestimated and feedback from Carers attending the coffee morning sessions echoed this.

We developed a Creative Writing course that was adapted for online delivery as well as offline participation. Carer could either meet on Zoom or correspond with staff and receive their Creative Writing packs by post. This project was a fantastic, creative outlet in pandemic conditions. 53 Carers participated in two 6 week learning and development courses and learnt a skill for life thanks to the generosity of our funders. This was an important respite activity for Carers and offered them an important short break and time to themselves.

Manchester Carers Centre recognised the immense stress and isolation Carers were experiencing looking after shielding and vulnerable adults and children at home in a pandemic. It is well documented how the effects of caring can impact on Carers' own health and wellbeing and the situation for Carers was serious. The impact of the Covid-19 pandemic with repeated lockdowns and restrictions took a further toll on Carers mental and physical wellbeing and one of our key priorities this year has been to adapt and introduce services to support Carers through this crisis. We actively fundraised from a range of supporters to develop our capacity to deliver a Call a Carer emotional support service to Carers. This was a listening ear and a safe place for Carers to share their anxieties and needs with experienced and supportive staff. The uptake and feedback of the service was heartening, only due to the generous support of all our independent funders, we were able to collectively deliver this service to 294 different cohorts of Carers in this year. This was a preventative service, to arrest the deterioration of Carers mental health and to support them to implement some good strategies to sustain them. Our services provide Carers with the opportunity to recharge their batteries and take care of themselves too. Caring can be very rewarding and valuing Carers contributions is really important, but delivering services that assists stress management and provide coping strategies enables Carers health and wellbeing to be prioritized.

MANCHESTER CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

Carers Grants Service

We reacted to the financial stresses that Carers and their families were experiencing by putting a lot of effort into helping Carers to make grant applications for urgent support to benefit Carers. Carers are often experiencing financial hardship, on low incomes. Centre staff provide targeted support to help raise funds from independent grant giving Trusts. This year, staff helped 41 individual Carers and their families achieve a holiday/short break, buy essential household equipment and take part in activities that benefit their health and wellbeing, and improve skills for resilience. £14,280 was directly distributed to Carers by us this year from Carers Trust.

Manchester Carers Centre was instrumental in supporting the development of a new Carers Emergency Support Fund through Manchester City Council. Manchester Carers Centre staff worked in partnership with Manchester City Council Carers Emergency Support Fund staff to help Carers access urgent funds from the City Council. We estimate the value of grants awarded to Carers directly by Manchester City Council was approximately £5000. This was a very good example of partnership work between statutory and voluntary organisations.

Our thanks to Carers Trust and Manchester City Council for their generous grants, which were so well received by Carers to alleviate hardship in difficult conditions.

Young Adult Carers Service

We are particularly proud of continuing to achieve independent funding to continue to develop our flagship Young Adult Carers service, which is the only service supporting this unique cohort of Carers in the city. Lloyds Bank Foundation have loyally supported this service as the core funder for 5 years but we desperately needed to secure more finances to expand the service to reach more Young Adult Carers and to deepen the level of support we were able to offer on different issues. This year we were delighted to be awarded £14,039 from Children in Need to run a short project offering targeted support to benefit Young Carers aged 16-18 years through our Chrysalis Project targeted at North Manchester communities. This project was really successful at attracting new 16-18 year olds, and we are able to sustain our help to young Carers through the generosity of independent supporters who are impressed with our work and the contribution of young adult carers to caring for loved ones.

Our Young Adult Carers Service worked with 104 individual Young Adult Carers during this year which is a brilliant result. The service helps build the confidence of young people fulfil their potential for promising futures. It enables them to negotiate boundaries around their caring role and help them to exercise choice by bringing in sources of support for them and their families. Importantly it connects young people who are isolated to promote positive mental and physical wellbeing. We have helped to develop young adult carers as Ambassadors for their peer group. During this year some of the young people we have worked with have contributed to key strategic initiatives, helping to develop policy and resources for young people across our City and raising awareness of the issues they face as they continue their caring into adulthood.

We would like to thank all our independent funders who help us sustain the Young Adult Carers Service for 16-25 year olds with caring responsibilities. A key aim is to secure viable funding for the sustainability of this important service going forward.

Public benefit

We considered the Charity Commission's overall guidance and Trustees have had due regard to the Commission's guidance on public benefit. We are clear through all of our regular evaluations of all services that all our operations and activities clearly link to the objects of the charity; to relieve the stresses experienced by Carers and provide them with a range of services to support them. This in turn can have an impact positively, on the quality of life of elderly and disabled individuals that are cared for. Supporting Carers and disabled individuals in our society, who are some of the most marginalised and vulnerable groups, is of obvious general public benefit and builds a stronger and more equitable society.

The Trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcome of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

MANCHESTER CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Beneficiaries of our services

Who Benefits?

We work with unpaid Carers:

"A Carer is someone of any age who supports, unpaid / unwaged, a relative, partner or friend who due to physical or mental illness, disability, frailty or addiction could not manage without that support."

Our beneficiaries are all unwaged carers in Manchester and the Manchester area. We have specific services for Young Adult Carers 16-25 and for Adult Carers over 18 and upwards. We signpost younger carers to partnership organisations with specific projects. We do not generally charge for our services, they are free to Carers and we enable Carers with financial issues to receive tailored advice and support to relieve financial hardship. We also provide services to former Carers who have been bereaved to help them to adjust to their new circumstances. We are part of Carers Manchester Network, a group of organisations in our City that share information and work together and collaborate on policy and service development so that all our beneficiaries benefit from the partnerships.

Manchester Carers Centre services are targeted at an approximate population of 65,000 unpaid / unwaged adult Carers and younger Carers in the city of Manchester (source: Carers Manchester). Our Services operate within the parliamentary constituency of Manchester but our constitution does enable us to work more broadly in Greater Manchester and the surrounding area.

Overall Performance

Given that we are a small charity with a small staff team equivalent to 6 full time staff, we have once again produced amazing results for Carers in a year like no other. This is down to the passion, dedication and commitment of the Trustees, management and staff team. We have the confidence of the Carers that we serve through a long and established record of performance in Manchester of achieving meaningful results for each individual Carer that we can. We faced the pandemic with determination to continue to serve, we faced insecurity of funding with self-belief and brought in new funding streams to maximize the help in Covid-19, we relieved Carers financial stresses, promoted health and wellbeing activities, changed our role, and developed new partnerships to strengthen our impact. We sincerely thank all our funders in this year for building our capacity and believing in our talents to impact on higher numbers of Carers. Your support is vital to our sustainability in a climate of so much insecurity for the voluntary sector. We are a grass roots organisation embedded in our community.

MANCHESTER CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

FINANCIAL REVIEW

Financial performance

Income

Our overall income for this financial year is £352,668. Last year it was £231,247. This is an increase of £121,421 due to our ability to attract the support of additional funding streams to build our service capacity infrastructure and service delivery. It was also down to the overall recognition that charities were operating on the frontline in this pandemic and were very flexible and agile and needed support quickly.

Our main funding comes from Manchester Local Care Organisation (MLCO) for the transition work, for the Carers North Partnership new grant and Our Manchester support for our citywide activity with adult Carers. Lloyds Bank Foundation remain a committed funder for our Young Adult Carers Service, we were able to attract additional independent funding for projects or increased staff support to build the capacity of the Young Adult Carers Service that is much needed for young people with caring responsibilities.

Carers Centre staff also raised income for 41 Carers and their families through individual grant applications, totaling £14,780 , alleviating the financial stresses of Carers .

Overall Expenditure

Overall expenditure increased from £261,848 year-end March 2020 to £279,738 year-end March 2021. This was an increase of £17,890.

Net income/expenditure

The accounts show a surplus of £72,929. This is a very pleasing result and reflects our successful fundraising activity and prudent financial management. Some of the fundraised projects we received income for in this financial year will be delivered in 2021-2022 for practical reasons and to sustain the services for a longer period.

Investment policy and objectives

The Trustees regularly review the level of funds held and at the beginning of the pandemic and ensured funds were accessible to run the organisation effectively during lockdown.

Reserves policy

The Trustees review their Reserves Policy each year and we aim to hold up to 6 months running costs in unrestricted and accessible reserves and should hold additional funds to deal with contingencies, unexpected losses and liabilities. This equates to £140,000.

As at March 2021 the balance on general unrestricted funds was £134,845 that is within the target level in our Reserves Policy. The balance on restricted funds was £64,025.

Fundraising and sustainability

We continue to identify and apply for sources of additional funding to improve our diversity of income streams and for sustainability. This year we have received funding from 12 new and additional sources on top of our 3 main grants from Carers North Partnership Grant, Our Manchester and Lloyds Bank Foundation. This is a very pleasing result.

MANCHESTER CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

FUTURE PLANS FOR 2021/22

1. We aim to remain responsive to Carers needs by listening to Carers, doing what we can to respond in collaboration with others, in partnership and through our own efforts.
2. We will continue to be flexible to the changing needs of carers and innovate with solution-focused services.
3. We are committed to working with all Carers Manchester network members and partners to collaborate on the delivery of the new Carers Pathway service for Manchester to ensure it is a great success by producing tangible outcomes for Carers.
4. We work in partnership with Carers Trust and Network Partners across the UK to share best practice, ideas and modes for service delivery.
5. We will work towards obtaining the Trusted Charity Quality Mark (NCVO) to demonstrate our commitment to quality.
6. We will work to develop the profile of our Young Adult Carers services and achieve a more sustainable footing by attracting new funding streams.
7. We will invest in a new database, Charitylog and improve our monitoring, evaluation and report writing ability and capacity to demonstrate our knowledge of Carers and the impact of our services.
8. We will ensure, as lead for the Carers North Partnership, that we develop great working relationships with our colleagues in the North to benefit Carers in our vibrant North community.
9. We need to work hard at attracting longer term investment from funders to balance the short term investment of statutory funding streams
10. We need to build our capacity as a staff team as we are incredibly busy and very stretched and so are our partners. We are targeting our efforts to build the business capability of Carers North Partnership so we have more infrastructure support that will benefit and strengthen all.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Manchester Carers Centre is a company limited by guarantee, company number 3530606, first registered on 19th March 1998. It was registered as a charity, number 1075020 on 8th April 1999.

Recruitment and appointment of new trustees

The board is comprised of a minimum of 4 and a maximum of 12 Trustees. The Trustee body, when complete, shall comprise twelve elected members. We currently have 6 members on the Board.

There is a recruitment process managed by the Board of Trustees. All applicants and potential Trustees are invited to fill out an application form and will be interviewed by the Chair and existing Board members to assess suitability and all checks advised by the Charity Commission.

Elections take place annually at the AGM to elect members as Trustees to the Board. The charity currently has 61 members.

Potential Trustees are asked to complete an application form and attend for interview and the selection process is based upon the business and governance skills and relevant experience they can bring to the organisation to enable Manchester Carers Centre to develop. Many of our current Trustees have direct experience of caring themselves, as well as a range of professional skills, but the organisation also seeks to identify any skills gaps and to recruit professionals and individuals with the relevant business skills and experience to strengthen the Board.

Organisational structure

The Board of Trustees is responsible for Governance and works alongside the Chief Executive Officer to set the strategic direction for the charity. The Trustees/Directors have important responsibilities and collectively work together as a team for the good of Manchester Carers Centre. The Chief Executive Officer is responsible for working alongside the Board as well as overseeing the overall management of the Centre and its activities, supported by a small, dedicated Staff team.

Induction and training of new trustees

There is a Trustee induction and Governance programme and opportunities for Trustees to receive coaching and support from experienced Trustees, as well as to attend relevant training courses, provided by a range of organisations including Carers Trust. Trustees are signposted to governance information on websites as well as resources at the Centre.

MANCHESTER CARERS CENTRE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Trustees have assessed the major risks to which the charitable company is exposed, in particular those related to the operations and finances of the charitable company, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

Risks are standing agenda item and are reviewed and addressed at Trustee Board Meetings

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
3530606 (England and Wales)

Registered Charity number
1075020

Registered office
Bridge 5 Mill
22a Beswick Street
Manchester
M4 7HR

Trustees
D Prior Treasurer
Ms C Stopforth Chair
A Hunter
C Thompson
Dr A Lazz-Onyenobi
Ms L Fowles (appointed 22.5.2020)

Independent Examiner
P Buck
ICAEW
Champion TLL Limited
7-9 Station Road
Hesketh Bank
Preston
Lancashire
PR4 6SN

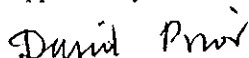
Bankers
The Co-operative Bank plc
1 Balloon Street
Manchester
M2 5NS

KEY MANAGEMENT PERSONNEL

The Trustees delegate responsibility for the day-to-day management of the charity to the following senior employees:

Shirley Devine - Chief Executive/Company Secretary
Linda Roberts - Assistant To Chief Executive/Finance

Approved by order of the board of trustees on 1 December 2021 and signed on its behalf by:



D Prior - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
MANCHESTER CARERS CENTRE**

Independent examiner's report to the trustees of Manchester Carers Centre ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



P Buck
ICAEW
Champion TLL Limited
7-9 Station Road
Hesketh Bank
Preston
Lancashire
PR4 6SN

1 December 2021

MANCHESTER CARERS CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

| | Notes | Unrestricted funds £ | Restricted fund £ | 2021 Total funds £ | 2020 Total funds £ |
|------------------------------------|-------|----------------------------|-------------------------|-----------------------------|-----------------------------|
| INCOME AND ENDOWMENTS FROM | | | | | |
| Donations and legacies | 2 | 6,490 | 189,310 | 195,800 | 66,866 |
| Charitable activities | 4 | | | | |
| Charitable activities | | 156,776 | - | 156,776 | 163,494 |
| Investment income | 3 | <u>92</u> | <u>-</u> | <u>92</u> | <u>887</u> |
| Total | | 163,358 | 189,310 | 352,668 | 231,247 |
| | | | | | |
| EXPENDITURE ON | | | | | |
| Charitable activities | | | | | |
| Charitable activities | | <u>121,725</u> | <u>158,014</u> | <u>279,739</u> | <u>261,848</u> |
| | | | | | |
| NET INCOME/(EXPENDITURE) | | 41,633 | 31,296 | 72,929 | (30,601) |
| | | | | | |
| RECONCILIATION OF FUNDS | | | | | |
| | | | | | |
| Total funds brought forward | | <u>105,215</u> | <u>32,729</u> | <u>137,944</u> | <u>168,545</u> |
| | | | | | |
| TOTAL FUNDS CARRIED FORWARD | | <u>146,848</u> | <u>64,025</u> | <u>210,873</u> | <u>137,944</u> |

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

MANCHESTER CARERS CENTRE

BALANCE SHEET
31 MARCH 2021

| | Notes | Unrestricted funds £ | Restricted fund £ | 2021 Total funds £ | 2020 Total funds £ |
|--|-------|-------------------------|----------------------|--------------------------|--------------------------|
| FIXED ASSETS | | | | | |
| Tangible assets | 10 | 10,652 | - | 10,652 | 4,732 |
| CURRENT ASSETS | | | | | |
| Debtors | 11 | 1,243 | - | 1,243 | 1,652 |
| Investments | 12 | 85,001 | - | 85,001 | 85,000 |
| Cash at bank | | <u>61,184</u> | <u>64,025</u> | <u>125,209</u> | <u>52,729</u> |
| | | 147,428 | 64,025 | 211,453 | 139,381 |
| CREDITORS | | | | | |
| Amounts falling due within one year | 13 | (11,232) | - | (11,232) | (6,169) |
| NET CURRENT ASSETS | | <u>136,196</u> | <u>64,025</u> | <u>200,221</u> | <u>133,212</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | <u>146,848</u> | <u>64,025</u> | <u>210,873</u> | <u>137,944</u> |
| NET ASSETS | | <u>146,848</u> | <u>64,025</u> | <u>210,873</u> | <u>137,944</u> |
| FUNDS | 14 | | | | |
| Unrestricted funds: | | | | | |
| General fund | | | | 136,196 | 105,215 |
| Designated fund - Staff Training & Capacity and additional staff hours | | | | 10,652 | - |
| | | | | <u>146,848</u> | <u>105,215</u> |
| Restricted funds | | | | <u>64,025</u> | <u>32,729</u> |
| TOTAL FUNDS | | | | <u>210,873</u> | <u>137,944</u> |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

MANCHESTER CARERS CENTRE

BALANCE SHEET - continued
31 MARCH 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 1 December 2021 and were signed on its behalf by:

David Prior

D Prior - Trustee

Cynthia Stopforth

C Stopforth - Trustee

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Support costs

All activity relates to one charitable cost heading and any costs relating to fundraising are immaterial. Support costs consist of governance as shown in the notes to the accounts and are allocated to the direct charitable costs heading.

Tangible fixed assets

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their useful economic lives on a straight line basis as follows:

25% on Equipment

20% on Leasehold improvements

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

2. DONATIONS AND LEGACIES

| | 2021 | 2020 |
|----------------------|----------------|---------------|
| | £ | £ |
| Donations | 942 | 1,395 |
| Grants | 194,684 | 64,819 |
| Miscellaneous income | 174 | 652 |
| | <u>195,800</u> | <u>66,866</u> |

Grants received, included in the above, are as follows:

| | 2021 | 2020 |
|---|----------------|---------------|
| | £ | £ |
| Individual Carer's Grant | 14,780 | 16,539 |
| Lloyds Bank Foundation - Young Adult Carers | 33,128 | 21,530 |
| MCC - Our Manchester Funding | 65,000 | - |
| St James Trust | 7,500 | - |
| Eric Wright Trust | - | 10,000 |
| Carers Trust | - | 6,750 |
| Awards For All | - | 10,000 |
| North West Young People's Development Trust | 15,000 | - |
| National Lottery | 15,000 | - |
| Children in Need - Chrysalis Project | 14,039 | - |
| Forever Manchester | 5,000 | - |
| Connecting Carers | 11,987 | - |
| Carers Trust - CAN Project | 8,250 | - |
| Carers Trust - Creative Writing | 5,000 | - |
| | <u>194,684</u> | <u>64,819</u> |

3. INVESTMENT INCOME

| | 2021 | 2020 |
|--------------------------|-----------|------------|
| | £ | £ |
| Deposit account interest | <u>92</u> | <u>887</u> |

4. INCOME FROM CHARITABLE ACTIVITIES

| | 2021 | 2020 |
|--------|----------------|----------------|
| | £ | £ |
| Grants | <u>156,776</u> | <u>163,494</u> |

Grants received, included in the above, are as follows:

| | 2021 | 2020 |
|--------------------------------------|----------------|----------------|
| | £ | £ |
| MCC - Our Manchester Funding | 80,446 | 80,446 |
| MCC - Carers North Partnership Grant | <u>76,330</u> | <u>83,048</u> |
| | <u>156,776</u> | <u>163,494</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

5. GRANTS PAYABLE

Grants paid to individuals amount to £14,280 (2020: £15,809).

6. SUPPORT COSTS

| | |
|-----------------------|--|
| | Governance costs £ <u>4,272</u> |
| Charitable activities | |

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

| | | |
|-----------------------------|--------------|--------------|
| | 2021 | 2020 |
| | £ | £ |
| Depreciation - owned assets | <u>3,109</u> | <u>2,096</u> |

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

No (2020: one) members of the management committee received travel and subsistence expenses during the year (2020: £149).

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

| | Unrestricted funds £ | Restricted fund £ | Total funds £ |
|------------------------------------|----------------------------|-------------------------|---------------------|
| INCOME AND ENDOWMENTS FROM | | | |
| Donations and legacies | 12,047 | 54,819 | 66,866 |
| Charitable activities | | | |
| Charitable activities | 163,494 | - | 163,494 |
| Investment income | <u>887</u> | <u>-</u> | <u>887</u> |
| Total | 176,428 | 54,819 | 231,247 |
| EXPENDITURE ON | | | |
| Charitable activities | | | |
| Charitable activities | <u>212,004</u> | <u>49,844</u> | <u>261,848</u> |
| NET INCOME/(EXPENDITURE) | (35,576) | 4,975 | (30,601) |
| Transfers between funds | <u>6,993</u> | <u>(6,993)</u> | <u>-</u> |
| Net movement in funds | (28,583) | (2,018) | (30,601) |
| RECONCILIATION OF FUNDS | | | |
| Total funds brought forward | 133,798 | 34,747 | 168,545 |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

| | | | |
|--|-------------------------------------|----------------------------------|------------------------------|
| 9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued | Unrestricted funds £ | Restricted fund £ | Total funds £ |
| | <hr/> | <hr/> | <hr/> |
| TOTAL FUNDS CARRIED FORWARD | <u><u>105,215</u></u> | <u><u>32,729</u></u> | <u><u>137,944</u></u> |

| | | | |
|----------------------------------|---|--|----------------------|
| 10. TANGIBLE FIXED ASSETS | Improvements to property £ | Fixtures and fittings £ | Totals £ |
| COST | | | |
| At 1 April 2020 | 38,122 | 43,449 | 81,571 |
| Additions | <u>-</u> | <u>9,029</u> | <u>9,029</u> |
| At 31 March 2021 | <u><u>38,122</u></u> | <u><u>52,478</u></u> | <u><u>90,600</u></u> |
| DEPRECIATION | | | |
| At 1 April 2020 | 38,122 | 38,717 | 76,839 |
| Charge for year | <u>-</u> | <u>3,109</u> | <u>3,109</u> |
| At 31 March 2021 | <u><u>38,122</u></u> | <u><u>41,826</u></u> | <u><u>79,948</u></u> |
| NET BOOK VALUE | | | |
| At 31 March 2021 | <u><u>-</u></u> | <u><u>10,652</u></u> | <u><u>10,652</u></u> |
| At 31 March 2020 | <u><u>-</u></u> | <u><u>4,732</u></u> | <u><u>4,732</u></u> |

| | | |
|---|---------------------|---------------------|
| 11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR | 2021 £ | 2020 £ |
| Trade debtors | 210 | 210 |
| Prepayments | <u>1,033</u> | <u>1,442</u> |
| | <u><u>1,243</u></u> | <u><u>1,652</u></u> |

| | | |
|--------------------------------------|-------------------|-------------------|
| 12. CURRENT ASSET INVESTMENTS | 2021 £ | 2020 £ |
| Bank deposits | <u>85,001</u> | <u>85,000</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2021 | 2020 |
|------------------|---------------|--------------|
| | £ | £ |
| Trade creditors | 6 | 6 |
| Other creditors | - | 306 |
| Accrued expenses | <u>11,226</u> | <u>5,857</u> |
| | <u>11,232</u> | <u>6,169</u> |

14. MOVEMENT IN FUNDS

| | At 1.4.20 | Net movement | Transfers | At |
|--|----------------|----------------|---------------|----------------|
| | £ | in funds | between | 31.3.21 |
| | | £ | funds | £ |
| Unrestricted funds | | | | |
| General fund | 105,215 | 44,742 | (13,761) | 136,196 |
| Designated fund - Staff Training & Capacity and additional staff hours | - | <u>(3,109)</u> | <u>13,761</u> | <u>10,652</u> |
| | 105,215 | 41,633 | - | 146,848 |
| Restricted funds | | | | |
| Restricted Fund | 32,729 | 31,296 | - | 64,025 |
| | <u>137,944</u> | <u>72,929</u> | <u>-</u> | <u>210,873</u> |

Net movement in funds, included in the above are as follows:

| | Incoming resources | Resources expended | Movement in funds |
|--|--------------------|--------------------|-------------------|
| | £ | £ | £ |
| Unrestricted funds | | | |
| General fund | 163,358 | (118,616) | 44,742 |
| Designated fund - Staff Training & Capacity and additional staff hours | - | <u>(3,109)</u> | <u>(3,109)</u> |
| | 163,358 | (121,725) | 41,633 |
| Restricted funds | | | |
| Restricted Fund | 189,310 | (158,014) | 31,296 |
| | <u>352,668</u> | <u>(279,739)</u> | <u>72,929</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

| | At 1.4.19 £ | Net movement in funds £ | Transfers between funds £ | At 31.3.20 £ |
|---|----------------|----------------------------------|------------------------------------|--------------------|
| Unrestricted funds | | | | |
| General fund | 113,798 | (35,576) | 26,993 | 105,215 |
| Designated fund - Staff Training & Capacity and additional staff hours | <u>20,000</u> | - | <u>(20,000)</u> | - |
| | 133,798 | (35,576) | 6,993 | 105,215 |
| Restricted funds | | | | |
| Restricted Fund | 34,747 | 4,975 | (6,993) | 32,729 |
| | <u>168,545</u> | <u>(30,601)</u> | <u>-</u> | <u>137,944</u> |

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 176,428 | (212,004) | (35,576) |
| Restricted funds | | | |
| Restricted Fund | 54,819 | (49,844) | 4,975 |
| | <u>231,247</u> | <u>(261,848)</u> | <u>(30,601)</u> |

A current year 12 months and prior year 12 months combined position is as follows:

| | At 1.4.19 £ | Net movement in funds £ | Transfers between funds £ | At 31.3.21 £ |
|---|----------------|----------------------------------|------------------------------------|--------------------|
| Unrestricted funds | | | | |
| General fund | 113,798 | 9,166 | 13,232 | 136,196 |
| Designated fund - Staff Training & Capacity and additional staff hours | <u>20,000</u> | <u>(3,109)</u> | <u>(6,239)</u> | <u>10,652</u> |
| | 133,798 | 6,057 | 6,993 | 146,848 |
| Restricted funds | | | | |
| Restricted Fund | 34,747 | 36,271 | (6,993) | 64,025 |
| | <u>168,545</u> | <u>42,328</u> | <u>-</u> | <u>210,873</u> |

MANCHESTER CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 339,786 | (330,620) | 9,166 |
| Designated fund - Staff Training & Capacity and additional staff hours | - | (3,109) | (3,109) |
| | 339,786 | (333,729) | 6,057 |
| Restricted funds | | | |
| Restricted Fund | 244,129 | (207,858) | 36,271 |
| | <u>583,915</u> | <u>(541,587)</u> | <u>42,328</u> |

The restricted fund balance at 31 March 2021 of £64,026 is made up of £900 re Awards For All (Carers Companion); £32,295 re the Lloyds Bank Foundation; £1,774 re the Individual Carers Fund; £7,500 St James Place; £6,557 re North Partnership and £15,000 re: North West Young People's Development.

The transfer between the designated and the restricted funds of £7,996 relates to amounts spent on fixed assets and transfers re staff costs, overheads, etc.

15. RELATED PARTY DISCLOSURES

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year.

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including any guarantees, during the year.