

Registered number: 03725494
Charity number: 1074974

**CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND
INFORMATION SERVICE**

(A Company Limited by Guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2024

Trustees	P Clarke E C Morgan-Tamosunas (resigned 21 November 2023) R L Holland (resigned 21 November 2023) E C Chamberlayne (resigned 21 November 2023) S Imrie P Windred E M Kamel S Owers A C Evans P Carrington (resigned 27 July 2023) S F Ferguson H Wade (appointed 28 March 2024) L Ruaux Brookes (appointed 28 March 2024) S Mitchell (appointed 28 March 2024) S Rehm (appointed 28 March 2024) K Robson (appointed 5 September 2023)
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Company registered number 03725494

Charity registered number 1074974

Registered office 33 Clarendon Street
Cambridge
CB1 1JX

Operating Name Centre 33

Chief Executive Officer E Green

Independent auditors Peters Elworthy & Moore
Chartered Accountants
Statutory Auditors
Salisbury House
Station Road
Cambridge
CB1 2LA

Bankers Barclays Bank PLC
Benet Street Business Centre
PO Box 2
Cambridge
CB2 3PZ

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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees who are also Directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

OBJECTIVES AND ACTIVITIES

Our Objectives

The charity's objectives are to relieve and prevent suffering caused by mental or physical ill health, or by financial hardship, or need caused by other reasons, through the provision of counselling, information, and other services for young people aged 25 and under in the City of Cambridge, the County of Cambridgeshire, the City of Peterborough and surrounding areas.

Our Public Benefit

Centre 33 carries out a range of activities in pursuance of its charitable aims. The Trustees consider that these activities comply with both Section 4 of the Charities Act 2011 and the Charity Commission's guide on public benefit. Centre 33 works to benefit both the young people who access its services and the wider community of Cambridgeshire and Peterborough.

Our Vision, Mission and Values

We opened our doors in 1981 to offer young people a safe space where they could receive free, confidential and professional support in a non-judgemental and welcoming setting.

We have grown but stay true to our founding principles in all our work. We believe young people deserve respect and excellent care and support, no matter what they come to us with.

We receive positive feedback from young people who say they feel they have been listened to, are taken seriously, and have a say in their own support which makes a difference to them. The wider sector also gives us positive feedback including commissioners who say we are a trusted and respected brand, valued for our focus on young people, data usage and local knowledge.

We are a team of over 100 staff and volunteers. We work across the county, in hubs, remotely, in schools and in the community with thousands of young people each year. Last year we directly supported nearly 4000 young people on a one-to-one basis. The charity received an income of £3.0m through a combination of contracts, charitable grants and donations.

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FOR THE YEAR ENDED 31 MARCH 2024

Our **Vision** is:

- A future where all young people are listened to, respected and supported.

Our **Mission** in Cambridgeshire is:

- To offer young people support with practical issues and emotional needs that is free, confidential, empowering, easy-access and high quality.
- To actively work with other local services so that young people’s needs are met, and their voices are heard.

We apply the following **Values** to all our work and those we work with:

<p>Young people led</p> <ul style="list-style-type: none">• We are led by young people’s needs and treat them as unique individuals• We believe in a strengths-based, humanistic approach to support• We trust and support young people to take a central part in deciding what support is right for them• We ask young people what they want from us and involve them in the decision making about our services	<p>Striving for excellence</p> <ul style="list-style-type: none">• We care intensely about our work - we are committed to making a positive difference to the lives of young people• We demonstrate a high level of expertise in our fields• We research best practice and work to evidence based, benchmarked standards and measured outcomes• We are professionally curious and forward thinking - we seek feedback, self-reflect and continuously learn together from our experiences
<p>Collaborative</p> <ul style="list-style-type: none">• We genuinely value our working community, our supporters and our volunteers• We support each other through challenges and prioritise wellbeing• We actively seek working collaborations with partners and communities for better outcomes for young people• We challenge systems that don't act in young people's interests and speak out on their behalf	<p>Inclusive</p> <ul style="list-style-type: none">• We welcome all with no judgement• We are easy to approach, we don't turn away, we listen and support• We respect each other and our young people for our diverse experiences and qualities - everyone's views are important to us• We welcome and celebrate diversity

ACHIEVEMENTS AND PERFORMANCE

Centre 33 achieves its aims and supports young people across Cambridgeshire and Peterborough up to the age of 25 through:

1. Direct support to young people: Offering young people support with practical issues and emotional needs through a range of services that is free, confidential, empowering, easy-access and high quality.

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2. Proactive partnership: Actively working with other local services so that young people's needs are met, and their voices are heard.

'Our 'Someone to Talk to' Service (STTT)

Our 'Someone to Talk to' service is the cornerstone of our universal services. It supports young people aged 13-25 holistically on a range of presenting needs including mental health and emotional wellbeing, employment, education, finance, housing, relationships, sexual health.

It is a free, confidential, self-referral service which effectively targets and supports young people who are at higher risk of poor mental health; have complex needs; and/or are less able to engage with current services. The service mapped reach of specific groups of vulnerable young people (including ethnic minorities, young people with disability, LGBTQ+ young people, young carers, those experiencing socioeconomic disadvantage, housing need, and young people living in areas of deprivation) across all our services, 72% of the young people supported this year are in one or more of these groups. When looking specifically at young people accessing our STTT service and mental health interventions (i.e., excluding Young Carers), 64% of the young people supported are in one or more vulnerable groups.

The service offers free advice, assessment, and advocacy support to young people via open access drop-ins. The service aims to give young people access to information, raise awareness and support them to make timely and informed choices in their lives. The support offer includes access to engagement & support workers who can provide expertise around sexual health, housing, employment, emotional wellbeing as well as counsellors and Children's Wellbeing Practitioners who offer mental health interventions.

Our mental health interventions (Counselling and Guided Self-help wellbeing support are available to young people coming via the self-referral Someone to Talk to Drop in as well as YOUNited, a professional based referral pathway for a range of mental health services). Through all these offers of support, young people can access other professional help if more appropriate.

In 2023/24, 1,000 young people were supported through our Someone to Talk to open access drop in. 88% of young people presented with needs around their mental health & emotional wellbeing, 39% of young people sought help with issues around work, money, housing and poverty and 61% had needs around their relationships.

In 2023/24, 1,685 young people accessed counselling or guided self-help with Centre 33. Young people accessed this following coming to one of our Someone to Talk to drop ins or following a referral into YOUNited and being allocated to Centre 33 offer.

Looking at our paired CORE scores (Clinical Outcomes in Routine Evaluation – a measure of psychological distress and wellbeing that is used to monitor the progress and effectiveness of counselling) in 2023/2024, 56% of young people were in severe or moderately severe distress according to their earliest score when first seeking support from Centre 33. After accessing support, 73% of young people saw progress following the support they received and 91% of young people reported having made progress towards their goals.

Our 'Someone to Talk to' staff maintained and further developed strong partnerships during 2023/24 across the local children and young people's sector. For example, they:

- o Continued to be part of YOUNited, a key partnership that has enabled us to deliver mental health support to young people. YOUNited is made up of Cambridgeshire and Peterborough Foundation Trust, (CPFT), Cambridgeshire Community Services (CCS), Ormiston Families and Centre 33.
- o Worked jointly with providers of accommodation for young people in Cambridge City, enabling young people to be referred to and get access to housing to meet their needs.
- o Were part of the ICB commissioned Young People's Mental Health review looking at the needs of young people aged 16-25 and the possible solutions across the system.

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- o Continued to be a part of the Children & Young Peoples Emotional Wellbeing & Mental Health Board.
- o Continued to work with Youth Access, working alongside similar organisations to promote youth hubs and young people's holistic support to address their wide-ranging needs including mental health.
- o Continued to strengthen our hub network through our new hub in Huntingdon and the ongoing commitment to finding a new Cambridge hub to meet increased demand.
- o Following success in securing fund for 24/25 from the Responding to the Department of Health & Social Care Share Outcomes Fund, are looking to fund Early Intervention mental health hubs for young people through expanding the service, complying with their research and working with other hubs across the country.

Our Schools Counselling Provision

As well as providing counselling in our community based Someone to Talk to Hubs, Centre 33 provides counselling in many secondary schools across Cambridgeshire. This provides a safe place for young people to share their feelings and explore ways of overcoming their distress.

In 2023/24, Centre 33 provided counselling in 14 schools across Cambridgeshire including South Cambridgeshire, East Cambridgeshire, Cambridge, and St Neots. Over 400 young people received one-to-one counselling.

In 2023/24 72% of young people showed improvements in their mental health when completing CORE and 97% of young people reported having made progress towards their goals.

Our Young Carers Project

Centre 33 provides one-to-one support and advocacy for children and young people up to the age of 25 who take on practical and/or emotional caring responsibilities. The service aims to ensure that young carers have the same life chances, levels of wellbeing and voice as their peers by reducing the negative impact of caring responsibilities. It fulfils the statutory requirements to identify young carers needing support and offers young carer needs assessments and transition assessments into adulthood for young adult carers.

In 2023/24 our Young Carer Service:

- o Reached over 6,000 people through outreach work including Young Carers awareness raising training and assemblies/ PSHE Lessons (remote and in-person).
- o Provided support to over 1,130 young carers up to the age of 25, including an assessment of needs or one-to-one support, group support or access to trips & activities. Over 21% of young carers / young adult carers assessed were providing very high levels of care.
- o Enabled an improvement in the negative impact of caring responsibilities for 65% of secondary-aged young carers and 58% of primary-age young carers .
- o Trained and supported nearly 300 Young Carers Champions in School and Further Education Setting.
- o Launched a two-year pilot working with Young Adult Carers (16–25-year-olds) – providing assessment and support and creating opportunities to develop and respond to unmet needs.

Young Carers staff have developed strong partnerships across the local children and young people's sector. In 2023/24 they:

- o Continued to run a Young Carers Advisory Board with young carer representatives to give young carers a voice.
- o Built strong relationships and supported young carers champion roles within primary schools, secondary schools and in Further Education settings across Cambridgeshire and Peterborough. In Spring 2023 the success of this work was highlighted in the school census where number of identified Young Carers was recorded for the first time and Cambridgeshire was in the top 5 counties for identification of Young Carers.

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- o Continued to work in partnership with Cambridgeshire County Council and Peterborough City Council as well as health partners to help identify young carers and ensure the right support can be accessed.
- o Operated as the young carers lead within an All-Age Carers Contract for Cambridgeshire and Peterborough, feeding in Young Carers voice to the development of the LA All Age Carers Strategy and development of future carers service.
- o Developed strong links with Papworth Trust and Cambridge Skills, through the Young Adult Carers pilot, developing opportunities for training and employment for Young Adult Carers who face barriers to employment and education specifically due to caring roles.

Fullscope

Centre 33 is a founding member of Fullscope (fullscopecollaboration.org.uk) and became its host organisation in July 2020. Fullscope is a collective of Cambridgeshire-based voluntary sector organisations working to deliver comprehensive support packages for children and young people aged 0-25 across Cambridgeshire to address mental health challenges.

As host, Centre 33:

- o Acts as the legal entity for employing necessary staff (namely Programme Director, Project Manager and staff with specialist expertise such data analyst and communication leads).
- o Holds Fullscope funds and ensures they are used in accordance with agreed project budgets.
- o Provides financial management.
- o Is accountable to the National Lottery Fund and other project funds.
- o Provides infrastructure and physical space to work and develop the collaboration's work.

In 2023/24, Fullscope:

- o Led projects to look at the system's pressure points and worked with colleagues to break down barriers for access, including supporting a young person to co-chair the 16-25 transition steering group, further developing the offer to professionals to support their understanding to self-harm in young people, and starting a CB4 project experiment with family 1.
- o Worked with 2 supported accommodations to better understand young people's mental health needs.
- o Coordinated the voluntary sector mental health response, including co-facilitating the Thriving Partners forum, leading the self-assessment of the ITRIVE framework and the co-ordination and engagement with the Integrated Care System.
- o Reached out to vulnerable families and young people with the Creative Health Artscaping project.

Fundraising

Centre 33 has seen strong growth in recent years and wants to further diversify its income streams to ensure long-term financial sustainability. To support this in 2023/24, additional resources were brought into supplement and support the fundraising team and to work with Senior Leadership team to develop, refine and execute a change in strategic direction in fundraising, as laid out in the 5-year plan, with beneficial results forecast in the coming years. Centre 33 recruited a Director of Partnerships & Development who will oversee this work, as well as a Fundraising Administrator and fixed term Corporate Lead. The organisation continued to use contractors to support with grants/trusts applications who were monitored through regular meetings and regular check-ins to ensure they adhered to the charity's ethical fundraising policy.

Centre 33 has strict standards for how donors are stewarded, and their personal data is secure and protected under GDPR legislation and our privacy notice. Throughout the year Centre 33 has received no complaints about fundraising activity. Centre 33 has not previously been required to register with the Fundraising Regulator; but during this financial year evaluated the regulator's Code of Fundraising Practice and is putting in place processes and policies to ensure that all aspects of the Code are embedded in our fundraising activity prior to application to the regulator. Centre 33 is a member of the Chartered Institute of Fundraising.

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FINANCIAL REVIEW

Key Results

In 2023/24:

- Income totalled £3,020,014 (£2,861,484 in 2022/23)
- Expenditure totalled £2,937,627 (£3,060,517 in 2022/23)
- This resulted in a positive net movement in funds for the year of £82,387 (negative movement of £199,033 in 2022/23)

Income

Income has remained relatively stable year on year with some new contracts and grants secured and good progress made towards increasing unrestricted income in future years. Centre 33 remain extremely grateful to those organisations and individuals who funded our work, without whom the achievements within the year would not have been possible.

Expenditure

Costs have decreased slightly year on year, albeit with increasing staff costs. Staff costs, which in the main relate to direct service delivery, account for 80% (78% in 2022/23) of total expenditure.

Assets and Liabilities

At 31 March 2024, Centre 33 had:

- Total funds/net assets of £984,260 (£901,873 at 31 March 2023)
- Fixed assets of £186,880 (£194,810 at 31 March 2023). This comprises the Clarendon Street property valued at cost and the refurbishment of the Peterborough offices and Huntingdon offices.
- Current assets of £1,015,732 (£1,276,378 at 31 March 2023). Of this, £963,546 (£780,023 at 31 March 2023) was cash
- Creditors of £218,352 (£569,315 at 31 March 2023) which includes deferred income of £52,275 (£261,481 at 31 March 2023).

Pensions

Centre 33's pension scheme is operated through Creative Pension Trust. All staff are auto enrolled under the current legislation. The scheme does not carry a liability.

Reserves policy

The Trustees have resolved that the Charity should aim to keep a level of free reserves equal to between two and three months average expenditure.

This policy is based on a thorough review of risks and needs. In developing this policy, Trustees have considered the following:

- The priority of spending incoming funds on meeting the organisation's core strategic purpose
- The requirement to ensure essential services for vulnerable beneficiaries are maintained if any funding streams are reduced / removed, large, unexpected expenses materialise or a short-term deficit in cashflow materialises
- The importance of scaling reserves with the growth of the organisation
- The desire to maintain flexibility to future opportunities and to launch new initiatives

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- The ownership of a freehold property that could be sold in the medium-term to leverage additional funds

Trustees and management do not want to hold surplus funds unnecessarily, but believe long-term sustainability is paramount to beneficiaries and therefore on balance are comfortable that this policy is appropriate for the organisation.

The reserves levels are reviewed on an annual basis as a minimum, at Board level, and whenever deemed necessary appropriate action is taken so that the reserves level complies with this policy.

Unrestricted Reserves

At 31 March 2024, Centre 33 held unrestricted reserves of £733,093 (£691,501 at 31 March 2023).

It is important to note that £61,561 of this total can only be realised through the disposal of a tangible fixed asset, namely our Cambridge premises (33 Clarendon Street). In addition, £125,319 represents the remaining carrying value of tangible fixed assets held by Centre 33 for operational use to carry out its activities.

This leaves free reserves amounting to £546,213.

Budgeted expenditure for 2024/25, including activities funded by restricted donations/grants but excluding Fullscope, is in the region of £3.1m and therefore target free reserves are in the range of £500k to £750k. The current free reserves are at the low end of this target and the Charity will continue to fundraise and seek further unrestricted funds. It is acknowledged that the unrestricted funds are not large and therefore need to be grown through investment in fundraising.

Restricted Reserves

At 31 March 2024, Centre 33 held restricted reserves of £251,167 (£210,372 at 31 March 2023).

Restricted reserves are funds which have been given by funders for a particular service. The charity is unable to use these funds outside of the agreed purpose.

These funds relate to unspent amounts ongoing projects within the Someone to Talk to and Fullscope services

No restricted funds were in deficit.

Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Documentation and Constitution

Centre 33 constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is also a registered charity. It is governed by its Articles of Association.

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Appointment, Induction and Training of Trustees

Trustee recruitment is managed by the HR Sub-Committee.

In selecting a person to be appointed as a trustee, consideration is given to how their residence, occupation, employment, special knowledge, and personal or professional qualifications may contribute to delivering against the objects of the charity. A periodic trustees' skills audit is also conducted to assess any areas where additional expertise may be required.

The minimum number of trustees is three and the maximum is fifteen.

New Trustees are elected by the Board of Trustees at the Annual General Meeting.

All new Trustees are provided with comprehensive induction and training to become familiar with their roles and responsibilities and Centre 33's work. This includes meeting with key staff and receipt of an induction pack containing copies of key policies and documents and a copy of Good Trustee Guide.

Following their appointment, Centre 33 provides trustees with ongoing training as appropriate.

Organisational structure and decision-making policies

The Trustees of Centre 33 are responsible for the overall direction and management of the Charity.

The Board of Trustees meets regularly throughout the year to discuss and decide on issues affecting the Charity, delegating appropriate matters to its sub-committees and operational management to the Chief Executive Officer.

Trustees are required to disclose all relevant interests and declare potential conflicts of interest at each Trustee meeting which is then recorded in the minutes.

The core Senior Leadership Team consists of the Chief Executive Officer, Deputy Chief Executive Officer, Director of Finance and HR, Director of Partnerships & Development and Head of Operations, Projects and Communication, with a wider SLT including Head of Quality & Impact and Director of Services.

The Senior Management Team includes the Senior Leadership Team as well as Clinical Leads, Service Leads and specialist managers.

Volunteers

Centre 33 would not be able to deliver its services without the skills, dedicated support, and commitment of its volunteers. In 2023/24, the organisation was supported by over 50 volunteers. Most volunteer activity relates to the delivery of counselling and support services to young people. These volunteers are supported by specialist supervision in addition to the general volunteer support package. Some volunteers provide practical support in running and maintaining services. Volunteers receive full induction as well as on-going training and support during their time at Centre 33.

Pay policy for key management personnel

The Chair, Deputy Chair, Treasurer, and Chair of the HR Sub-Committee set the salary for the Chief Executive Officer and agrees the annual pay increases for the whole staff group, in line with the financial performance of the charity.

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Related party relationships

Centre 33 has no related party arrangements to disclose.

Risk management

Risks are identified, monitored, managed, and recorded in a Risk Log.

The Board of Trustees oversees the development and implementation of the risk management strategy. The Board and Senior Leadership Team review the Risk Log annually to confirm that the major risks have been identified correctly and that controls are in place to manage them. The HR Sub-Committee reviews on a quarterly basis.

The Finance and Risk Sub Committee is responsible for the ongoing monitoring of the Risk Log to ensure that all significant risks are identified and prioritised and that appropriate controls and actions are in place and will highlight significant changes to the Board of Trustees.

Centre 33's Senior Leadership Team is responsible for ensuring that the risk management policy is implemented and for co-ordinating risk management activity across Centre 33.

Principal current risks have been influenced by inflation, increasing demand, organisation growth, the employment market, and the long-term sustainability of funding.

Principal Risks and Uncertainties

In 2023/24 the principal risks have been in the following areas:

Increase in distress experienced by young people

There is worrying evidence that rates of mental distress have risen sharply amongst young people, and that this, combined with deferred demand from the lockdown periods threatens to overwhelm services. Alongside this, the effect of the pandemic and increase in costs of living on young people's mental health has disproportionately affected some young people, and this threatens to exacerbate existing inequalities. The increase in severity of issues and demand is being monitored. Centre 33 is sharing knowledge and planning with partners across the sector to manage future demand.

Staff Recruitment and Retention (including inflationary pressures on salaries)

Recruitment in social care is a challenge across the UK. There are many factors influencing this situation including unprecedented levels of inflation, a tough labour market, and the changes in general working patterns, a concern regarding job security, and Brexit and the subsequent changes in employment patterns within some social care settings. Centre 33 finds it challenging to recruit and retain quality staff to meet its growth in funding.

Young Peoples Support Hubs and office hubs

The growth in Centre 33 over the last few years has meant that our Cambridge and Huntingdon premises are no longer fit for purpose. Service and staff needs have been reviewed and other premises are being sought. This year we moved into a new hub in Huntingdon and found a new hub for Cambridge.

PLANS FOR FUTURE PERIODS

Centre 33 has developed a multi-year Strategic Plan (April 2022 - March 2028). This plan has four overarching strategic goals.

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Impact goals

- o All young people across Cambridgeshire and Peterborough can receive holistic support that is accessible, high quality, impactful, targeted and led by them.
- o Centre 33 advocates for positive change for young people through dissemination of knowledge and best practice, and collaborative working to ensure high levels of understanding of their needs and clear pathways of support.

Enabling goals

- o Centre 33's workforce and governance is high quality, stable and diverse: working in quality community-based hubs and practices.
- o Centre 33 has financial stability over this five-year period; achieved through a clear vision, adequate resources, complies with best practice and legal requirements; and an established funding mix.

Priorities

- Continue to ensure that contract/grant requirements are fulfilled
- Work towards providing a comprehensive and equitable Someone to Talk to Service across Cambridgeshire & Peterborough which targets young people who are most disadvantaged young people who are facing barriers to accessing services.
- Review Centre 33 working with a focus on how digital tools could enhance young people and staff's experience.
- Progress our three influencing priorities, with a particular focus on young people participation.:
 - Ensuring local services support young people up to 25
 - Ensuring all support is person-centered and holistic (both practical and emotional needs)
 - Championing accessibility particularly for vulnerable targeted groups
- Establish new and more fit for purpose Cambridge Young People Support Hubs
- Raise sufficient funding to maintain our current delivery of services and our ambitions and progress the fundraising vision to ensure a more flexible and sustainable funding mix.
- Ensure staff receive a fair salary

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the

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charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditors

Each of the persons who are Trustees at the time when this Trustees' Report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditors are unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Philip Windred

P Windred
Trustee

Date: 25 October 2024

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**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE**

OPINION

We have audited the financial statements of Centre Thirty Three Young People's Counselling and Information Service (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

OTHER INFORMATION

The other information comprises the information included in the Annual Report other than the financial statements and our Auditors' Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITORS' RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the senior statutory auditor ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the Charity through discussions with Trustees and other management, and from our knowledge and experience of the sector;
- we obtained an understanding of the legal and regulatory framework applicable to the Charity and how the Charity is complying with that framework;
- we obtained an understanding of the Charity's policies and procedures on compliance with laws and regulations, including documentation of any instances of non-compliance;
- we identified which laws and regulations were significant in the context of the Charity. The Laws and regulations we considered in this context were Companies Act 2006, Charities Act 2011 and taxation legislation. We assessed the required compliance with these laws and regulations as part of our audit procedures on the related financial statement items;
- in addition, we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which might be fundamental to the Charity's ability to operate or to avoid material penalty; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

We assessed the susceptibility of the Charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we;

- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates set out in the accounting policy were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reviewing minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' Report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

USE OF OUR REPORT

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

Michael Hewett

Michael Hewett (Senior Statutory Auditor)

for and on behalf of

Peters Elworthy & Moore

Chartered Accountants

Statutory Auditors

Salisbury House

Station Road

Cambridge

CB1 2LA

Date: 25 October 2024

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
INCOME FROM:					
Donations and legacies	3	127,209	127,859	255,068	178,337
Charitable activities	4	2,023,731	721,110	2,744,841	2,677,040
Other trading activities	5	7,180	-	7,180	4,484
Investments	6	12,925	-	12,925	1,623
TOTAL INCOME		2,171,045	848,969	3,020,014	2,861,484
EXPENDITURE ON:					
Raising funds	7	188,456	-	188,456	82,283
Charitable activities	8,9	1,942,651	806,520	2,749,171	2,978,234
TOTAL EXPENDITURE		2,131,107	806,520	2,937,627	3,060,517
NET INCOME/(EXPENDITURE)		39,938	42,449	82,387	(199,033)
Transfers between funds	16	1,654	(1,654)	-	-
NET MOVEMENT IN FUNDS		41,592	40,795	82,387	(199,033)
RECONCILIATION OF FUNDS:					
Total funds brought forward	16	691,501	210,372	901,873	1,100,906
Net movement in funds		41,592	40,795	82,387	(199,033)
TOTAL FUNDS CARRIED FORWARD		733,093	251,167	984,260	901,873

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 21 to 42 form part of these financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)
REGISTERED NUMBER: 03725494

BALANCE SHEET
AS AT 31 MARCH 2024

	Note	2024 £	2024 £	2023 £	2023 £
FIXED ASSETS					
Tangible assets	13		186,880		194,810
CURRENT ASSETS					
Debtors	14	52,186		496,355	
Cash at bank and in hand		963,546		780,023	
		1,015,732		1,276,378	
Creditors: amounts falling due within one year	15	(218,352)		(569,315)	
NET CURRENT ASSETS			797,380		707,063
TOTAL NET ASSETS			984,260		901,873
CHARITY FUNDS					
Restricted funds	16		251,167		210,372
Unrestricted funds	16		733,093		691,501
TOTAL FUNDS			984,260		901,873

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

Philip Windred

P Windred
Trustee

Date: 25 October 2024

The notes on pages 21 to 42 form part of these financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024

	Note	2024 £	2023 £
CASH FLOWS FROM OPERATING ACTIVITIES			
Net cash used in operating activities	18	195,708	(193,607)
CASH FLOWS FROM INVESTING ACTIVITIES			
Interest received		12,925	1,623
Purchase of tangible fixed assets	13	(25,110)	(61,600)
NET CASH USED IN INVESTING ACTIVITIES		(12,185)	(59,977)
CHANGE IN CASH AND CASH EQUIVALENTS IN THE YEAR		183,523	(253,584)
Cash and cash equivalents at the beginning of the year		780,023	1,033,607
CASH AND CASH EQUIVALENTS AT THE END OF THE YEAR	19	963,546	780,023

The notes on pages 21 to 42 form part of these financial statements

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

1. GENERAL INFORMATION

Centre Thirty Three Young People's Counselling & Information Service is a charitable company limited by guarantee and incorporated in England and Wales. It's registered office and principal place of business is 33 Clarendon Street, Cambridge, CB1 1JX.

2. ACCOUNTING POLICIES

2.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Centre Thirty Three Young People's Counselling and Information Service meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 GOING CONCERN

The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future having made due regard to secured and pipeline funding and planned charitable activities. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. ACCOUNTING POLICIES (CONTINUED)

2.3 INCOME

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold.

Where the donated good is a fixed asset, it is measured at fair value, unless it is impractical to measure this reliably, in which case the cost of the item to the donor should be used. The gain is recognised as income from donations and a corresponding amount is included in the appropriate fixed asset class and depreciated over the useful economic life in accordance with the Charity's accounting policies.

On receipt, donated professional services and facilities are recognised on the basis of the value of the gift to the Charity which is the amount it would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.4 EXPENDITURE

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. ACCOUNTING POLICIES (CONTINUED)

2.5 INTEREST RECEIVABLE

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets costing £1,500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

No depreciation is provided on the freehold buildings. It is the policy of the Trustees to maintain the Freehold building in such condition that its useful economic life is indeterminate. In the opinion of the Trustees, this policy results in the residual value of the property (by reference to the price ruling at the time of acquisition) being not less than its present value in the accounts. Consequently, no depreciation is charged on this property.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

Leasehold additions	- over the lease term
Plant and machinery	- 10%
Fixtures and fittings	- 25%
Office equipment	- 25%

2.7 DEBTORS

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 CASH AT BANK AND IN HAND

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. ACCOUNTING POLICIES (CONTINUED)

2.9 LIABILITIES AND PROVISIONS

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.10 FINANCIAL INSTRUMENTS

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 OPERATING LEASES

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight-line basis over the lease term.

2.12 PENSIONS

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

2.13 FUND ACCOUNTING

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. Where possible, an allocation of the costs of administering such funds is charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

3. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Donations	111,209	127,859	239,068
Grants	16,000	-	16,000
	<u>127,209</u>	<u>127,859</u>	<u>255,068</u>
	<u>127,209</u>	<u>127,859</u>	<u>255,068</u>
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Donations	98,513	52,824	151,337
Grants	27,000	-	27,000
	<u>125,513</u>	<u>52,824</u>	<u>178,337</u>
	<u>125,513</u>	<u>52,824</u>	<u>178,337</u>

Donated services of trained volunteer counsellors to assist the charity with counselling services are valued at £13,775 (2023: £14,775). The value of these services is recognised within incoming resources as a donation, and an equivalent charge includes within expenditure on charitable activities.

The charity also benefits from support from volunteers to assist with general administration. In accordance with the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the accounts.

Grants received, included in the above, are as follows:

	2024 £	2023 £
Batterson Chivers Trust	-	2,000
The Pye Foundation	4,000	4,000
Buckles Solicitors	10,000	16,000
Rhododendron Trust	-	1,000
City & University Cambridge Masonic Trust	2,000	2,000
The Ivan and Rebecca Twigden Charitable Trust	-	2,000
	<u>16,000</u>	<u>27,000</u>
	<u>16,000</u>	<u>27,000</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

4. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Young Carers Services - grant income	-	57,523	57,523
Young Carers Services - contracted income	484,766	-	484,766
Someone to Talk to - grant income	-	471,557	471,557
Someone to Talk to - contracted income	1,361,661	-	1,361,661
Schools - contracted income	177,304	-	177,304
Fullscope - grant income	-	152,030	152,030
Fullscope - contracted income	-	40,000	40,000
	<u>2,023,731</u>	<u>721,110</u>	<u>2,744,841</u>

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Young Carers Services - grant income	-	34,517	34,517
Young Carers Services - contracted income	410,935	-	410,935
Someone to Talk to - grant income	-	268,418	268,418
Someone to Talk to - contracted income	1,527,906	-	1,527,906
Schools - contracted income	159,284	-	159,284
Fullscope - grant income	-	235,980	235,980
Fullscope - contracted income	-	40,000	40,000
	<u>2,098,125</u>	<u>578,915</u>	<u>2,677,040</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

Grants received, included in the above, are as follows:

	2024 £	2023 £
John Huntingdon's Charity	4,092	4,712
Cambridge Community Foundation	47,831	22,930
Cambridgeshire County Council	1,100	2,375
Wright's Clock Land	4,500	4,500
Young Carers Services - grant income	57,523	34,517
Peterborough City Council	274,000	-
Screwfix Foundation	5,310	-
The Evelyn Trust	-	13,500
New Horizons	-	28,403
Cambridge City Council Homelessness Prevention Grant	40,000	40,000
Cambridgeshire County Council Community Grants	46,000	36,500
Cambridge Masonic Trust	1,750	4,463
Harry Cureton Charitable Trust	-	20,000
Innovate & Cultivate	-	6,148
Cole Charitable Trust	-	2,200
Ely Trinity Dole	2,000	2,000
Thomas Parsons Charity	5,000	3,000
ECU Trust	5,000	3,000
Bishop Laney's Charity	-	5,000
The King Baudouin Foundation	31,502	-
Percy Bilton Charity	-	4,700
Huntingdon Freeman's Trust	40,416	30,348
Cambridgeshire Community Foundation	20,000	3,736
John Apthorp Charity	-	14,364
Nationwide Building Society	-	48,056
Anonymous/Other	579	3,000
Someone to Talk to - grant income	471,557	268,418
The National Lottery Community Fund - Partnership London South East Region	149,300	125,611
Cambridgeshire County Council	-	15,000
Cambridgeshire County Council	-	95,369
NHS Cambridgeshire and Peterborough ICB	2,730	-
Fullscope - grant income	152,030	235,980

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

5. INCOME FROM OTHER TRADING ACTIVITIES

Income from non charitable trading activities

	Unrestricted funds 2024 £	Total funds 2024 £
Rental income, recharges and management fees	7,180	7,180
	Unrestricted funds 2023 £	Total funds 2023 £
Rental income, recharges and management fees	4,484	4,484

6. INVESTMENT INCOME

	Unrestricted funds 2024 £	Total funds 2024 £
Deposit account interest	12,925	12,925
	Unrestricted funds 2023 £	Total funds 2023 £
Deposit account interest	1,623	1,623

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

7. EXPENDITURE ON RAISING FUNDS

COSTS OF RAISING VOLUNTARY INCOME

	Unrestricted funds 2024 £	Total funds 2024 £
Fundraising	89,353	89,353
Wages and salaries	88,468	88,468
National insurance	7,047	7,047
Pension costs	3,588	3,588
	188,456	188,456
	Unrestricted funds 2023 £	Total funds 2023 £
Fundraising	44,378	44,378
Wages and salaries	33,463	33,463
National insurance	3,001	3,001
Pension costs	1,441	1,441
	82,283	82,283

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

8. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

Summary by fund type

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Young Carers Services	305,953	108,882	414,835
Someone to Talk to	1,496,827	504,232	2,001,059
Schools	139,871	-	139,871
Fullscope	-	193,406	193,406
	<u>1,942,651</u>	<u>806,520</u>	<u>2,749,171</u>

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Young Carers Services	322,856	31,565	354,421
Someone to Talk to	1,847,681	316,106	2,163,787
Schools	113,618	-	113,618
Fullscope	-	346,408	346,408
	<u>2,284,155</u>	<u>694,079</u>	<u>2,978,234</u>

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES

	Activities undertaken directly 2024 £	Support costs 2024 £	Total funds 2024 £
Young Carers Services	405,666	9,169	414,835
Someone to Talk to	1,969,917	31,142	2,001,059
Schools	136,863	3,008	139,871
Fullscope	190,147	3,259	193,406
	<u>2,702,593</u>	<u>46,578</u>	<u>2,749,171</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

	Activities undertaken directly 2023 £	Support costs 2023 £	Total funds 2023 £
Young Carers Service	346,575	7,846	354,421
Someone to Talk to	2,131,925	31,862	2,163,787
Schools	110,932	2,686	113,618
Fullscope	341,620	4,788	346,408
	<u>2,931,052</u>	<u>47,182</u>	<u>2,978,234</u>

ANALYSIS OF DIRECT COSTS

	Young Carers Services 2024 £	Someone to talk to 2024 £	Schools 2024 £	Fullscope 2024 £	Total funds 2024 £
Staff costs	360,136	1,604,428	133,016	142,194	2,239,774
Office costs	6,814	135,180	2,196	6,055	150,245
Property costs	16,319	144,329	-	-	160,648
Service costs	15,918	34,062	133	40,061	90,174
Other staff costs	6,479	51,918	1,518	1,837	61,752
	<u>405,666</u>	<u>1,969,917</u>	<u>136,863</u>	<u>190,147</u>	<u>2,702,593</u>

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9. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

ANALYSIS OF DIRECT COSTS (continued)

	Young Carers Services 2023 £	Someone to talk to 2023 £	Schools 2023 £	Fullscope 2023 £	Total funds 2023 £
Staff costs	298,258	1,768,716	103,953	80,683	2,251,610
Office costs	6,425	74,137	2,781	59,223	142,566
Property costs	12,021	143,787	196	-	156,004
Service costs	21,510	71,812	715	198,886	292,923
Other staff costs	8,361	73,473	3,287	2,828	87,949
	<u>346,575</u>	<u>2,131,925</u>	<u>110,932</u>	<u>341,620</u>	<u>2,931,052</u>

ANALYSIS OF SUPPORT COSTS

	Young Carers Services 2024 £	Someone to talk to 2024 £	Schools 2024 £	Fullscope 2024 £	Total funds 2024 £
Legal and professional fees (governance)	6,105	20,735	2,003	2,170	31,013
Auditors' remuneration (governance)	2,237	7,599	734	795	11,365
Auditors' remuneration - non audit (governance)	827	2,808	271	294	4,200
	<u>9,169</u>	<u>31,142</u>	<u>3,008</u>	<u>3,259</u>	<u>46,578</u>

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9. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

ANALYSIS OF SUPPORT COSTS (continued)

	Young Carers Services 2023 £	Someone to talk to 2023 £	Schools 2023 £	Fullscope 2023 £	Total funds 2023 £
Legal and professional fees (governance)	4,665	18,945	1,597	2,847	28,054
Auditors' remuneration (governance)	2,694	10,940	922	1,644	16,200
Auditors' remuneration - non audit (governance)	487	1,977	167	297	2,928
	<u>7,846</u>	<u>31,862</u>	<u>2,686</u>	<u>4,788</u>	<u>47,182</u>

Legal and professional governance costs are allocated to each activity. Auditors' remuneration is allocated to charitable activities in proportion to charitable income generated by those activities.

10. AUDITORS' REMUNERATION

The auditors' remuneration (inclusive of VAT) amounts to an auditor fee of £20,400 (2023 - £13,500), preparation of the statutory financial statements of £4,200 (2023 - £1,980) and tax compliance services of £660 (2023 - £600).

11. STAFF COSTS

	2024 £	2023 £
Wages and salaries	2,054,680	2,009,744
Social security costs	187,509	187,252
Pension costs	96,688	92,519
	<u>2,338,877</u>	<u>2,289,515</u>

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

11. STAFF COSTS (CONTINUED)

The average number of persons employed by the Company during the year was as follows:

	2024 No.	2023 No.
Young Carers Services	11	12
Someone to Talk to	36	38
Schools	7	9
Trainees	3	3
Central (including fundraising)	24	19
Fullscope	3	2
	<u>84</u>	<u>83</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2024 No.	2023 No.
In the band £60,001 - £70,000	1	1

Key management personnel are those persons having authority and responsibility for planning, directing and controlling the activities of the Charity. They consist of the Chief Executive Officer and all Trustees. The aggregate cost of key management remuneration (inclusive of employer NIC and pension contributions) was £77,860 (2023 - £82,113). Remuneration for key management personnel is set using industry benchmarking and overseen by the Chair.

12. TRUSTEES' REMUNERATION AND EXPENSES

During the year, no Trustees received any remuneration or other benefits (2023 - £NIL).

During the year ended 31 March 2024, one Trustee expense was incurred or reimbursed by the Charity totalling £22 (2023 - £NIL).

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

13. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold additions £	Fixtures and fittings £	Office equipment £	Total £
COST					
At 1 April 2023	61,561	84,672	82,125	22,833	251,191
Additions	-	25,110	-	-	25,110
At 31 March 2024	<u>61,561</u>	<u>109,782</u>	<u>82,125</u>	<u>22,833</u>	<u>276,301</u>
DEPRECIATION					
At 1 April 2023	-	-	33,548	22,833	56,381
Charge for the year	-	17,640	15,400	-	33,040
At 31 March 2024	<u>-</u>	<u>17,640</u>	<u>48,948</u>	<u>22,833</u>	<u>89,421</u>
NET BOOK VALUE					
At 31 March 2024	<u>61,561</u>	<u>92,142</u>	<u>33,177</u>	<u>-</u>	<u>186,880</u>
At 31 March 2023	<u>61,561</u>	<u>84,672</u>	<u>48,577</u>	<u>-</u>	<u>194,810</u>

All the charity's assets were used in furtherance of the charity's objectives. The freehold property, 33 Clarendon Street, Cambridge is shown at cost.

The freehold property, 33 Clarendon Street, Cambridge has a restriction over its sale as described in note 21.

14. DEBTORS

	2024 £	2023 £
DUE WITHIN ONE YEAR		
Trade debtors	22,160	472,543
Prepayments and accrued income	30,026	23,812
	<u>52,186</u>	<u>496,355</u>

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	29,194	26,200
Other taxation and social security	43,866	38,127
Other creditors	16,584	14,637
Accruals and deferred income	128,708	490,351
	<u>218,352</u>	<u>569,315</u>
	2024 £	2023 £
Deferred income at 1 April 2023	261,481	107,684
Resources deferred during the year	52,275	261,481
Amounts released from previous periods	(261,481)	(107,684)
	<u>52,275</u>	<u>261,481</u>

Grants and contracts received in advance refers to payments received on account for contracts or performance-related grants.

Deferred income is income, other than that described above, received in the year for services to be provided in the next financial period.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

16. STATEMENT OF FUNDS

STATEMENT OF FUNDS - CURRENT YEAR

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2024 £
UNRESTRICTED FUNDS					
DESIGNATED FUNDS					
33 Clarendon Street	61,561	-	-	-	61,561
Other fixed assets	133,249	-	-	(7,930)	125,319
	<u>194,810</u>	<u>-</u>	<u>-</u>	<u>(7,930)</u>	<u>186,880</u>
GENERAL FUNDS					
General Funds	496,691	2,171,045	(2,131,107)	9,584	546,213
TOTAL UNRESTRICTED FUNDS	<u>691,501</u>	<u>2,171,045</u>	<u>(2,131,107)</u>	<u>1,654</u>	<u>733,093</u>
RESTRICTED FUNDS					
Young Carers Services	-	108,882	(108,882)	-	-
Someone to Talk to	24,028	548,057	(504,232)	(8,779)	59,074
Fullscope	186,344	192,030	(193,406)	7,125	192,093
	<u>210,372</u>	<u>848,969</u>	<u>(806,520)</u>	<u>(1,654)</u>	<u>251,167</u>
TOTAL OF FUNDS	<u>901,873</u>	<u>3,020,014</u>	<u>(2,937,627)</u>	<u>-</u>	<u>984,260</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

16. STATEMENT OF FUNDS (CONTINUED)

STATEMENT OF FUNDS - PRIOR YEAR

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2023 £
UNRESTRICTED FUNDS					
DESIGNATED FUNDS					
33 Clarendon Street	61,561	-	-	-	61,561
Cyclical maintenance fund	41,392	-	-	(41,392)	-
Other fixed assets	84,672	-	-	48,577	133,249
Service delivery fund	261,137	-	-	(261,137)	-
	<u>448,762</u>	<u>-</u>	<u>-</u>	<u>(253,952)</u>	<u>194,810</u>
GENERAL FUNDS					
General Funds	363,008	2,229,745	(2,366,438)	270,376	496,691
TOTAL UNRESTRICTED FUNDS	<u>811,770</u>	<u>2,229,745</u>	<u>(2,366,438)</u>	<u>16,424</u>	<u>691,501</u>
RESTRICTED FUNDS					
Young Carers Services	-	31,565	(31,565)	-	-
Someone to Talk to	35,863	320,694	(316,105)	(16,424)	24,028
Fullscope	253,273	279,480	(346,409)	-	186,344
	<u>289,136</u>	<u>631,739</u>	<u>(694,079)</u>	<u>(16,424)</u>	<u>210,372</u>
TOTAL OF FUNDS	<u>1,100,906</u>	<u>2,861,484</u>	<u>(3,060,517)</u>	<u>-</u>	<u>901,873</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

16. STATEMENT OF FUNDS (CONTINUED)

RESTRICTED FUNDS

Young Carers Services

The charity receives various grants and donations which fund certain aspects of its work on the young carers project.

Someone to Talk to

Someone to Talk to is a free and confidential one-stop shop for young people who have mental health and practical needs. The service is for all young people but actively targets those experiencing mental health inequalities and barriers to accessing services. The most common needs we see are mental health/emotional wellbeing, homelessness, financial competence and safer sexual choices. The service also provides specialist mental health support through short-term, solution-focussed counselling to young people.

The charity receives various grants and donations which are restricted for various projects within the Somone to Talk to charitable activities.

Fullscope

Fullscope is a consortium of seven local charities with a shared mission to improve mental health and wellbeing of children and young people in Cambridgeshire and Peterborough. Initially funded by The Big Lottery Fund the consortium was established in June 2019 and is managed by the members based on a Memorandum of Understanding. On 1 July 2020 Centre 33 went from a Partner to become the Lead Partner. As a result it is responsible for the income and expenses of the consortium. All income and expenses related to Fullscope are included within this fund.

DESIGNATED FUNDS

33 Clarendon Street

The fund represents the funds expended when the freehold property was purchased in 1991, along with subsequent costs.

Cyclical maintenance fund

The fund is to provide cyclical maintenance to 33 Clarendon Street. These funds were transferred and used for other property maintenance in the prior year.

Other fixed assets

This fund represents the net book value of the charity's remaining tangible fixed assets. As these are used for operational purposes these funds are otherwise not freely available for use by the charity.

Service delivery fund

This fund represented the unrestricted budgeted deficit for the 2022/23 financial year.

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

ANALYSIS OF NET ASSETS BETWEEN FUNDS - CURRENT PERIOD

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Tangible fixed assets	186,880	-	186,880
Current assets	764,565	251,167	1,015,732
Creditors due within one year	(218,352)	-	(218,352)
TOTAL	733,093	251,167	984,260

ANALYSIS OF NET ASSETS BETWEEN FUNDS - PRIOR PERIOD

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Tangible fixed assets	194,810	-	194,810
Current assets	1,066,006	210,372	1,276,378
Creditors due within one year	(569,315)	-	(569,315)
TOTAL	691,501	210,372	901,873

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

18. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net income/(expenditure) for the period (as per Statement of Financial Activities)	82,387	(199,033)
ADJUSTMENTS FOR:		
Depreciation charges	33,040	13,023
Interest	(12,925)	(1,623)
Decrease/(increase) in debtors	444,169	(345,672)
(Decrease)/increase in creditors	(350,963)	339,698
NET CASH PROVIDED BY/(USED IN) OPERATING ACTIVITIES	195,708	(193,607)

19. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2024 £	2023 £
Cash in hand	963,546	780,023
TOTAL CASH AND CASH EQUIVALENTS	963,546	780,023

20. ANALYSIS OF CHANGES IN NET DEBT

	At 1 April 2023 £	Cash flows £	At 31 March 2024 £
Cash at bank and in hand	780,023	183,523	963,546

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

21. CONTINGENT LIABILITIES

In 1991, Cambridge City Council advanced £17,000 to the Charity to enable it to buy the freehold property 33 Clarendon Street, Cambridge for the sum of £48,361. The was advanced on the condition that the building be only used for purposes specified in the Charity's objectives and that, in the event of the property being sold, an amount would be repayable, being the lower of £17,000 plus interest calculated at 2% below the base rate of Midland Bank and 17/66ths of the market value of the property, provided that, in the event of the £17,000 plus interest figure being the lower of the two, the difference between this and the 17/66ths figure is applied for the purposes of the Charity, otherwise the higher would be repayable. The contingent liability at the year-end has been calculated at £28,855 (2023: £28,005). In the event that the building was never sold, no sum would ever be repayable.

22. PENSION COMMITMENTS

During the year the charity made contributions of £96,688 (2023: £92,519) to a defined contribution pension scheme for the benefit of employees. Employer contributions payable to the pension fund at the balance sheet date were £8,465 (2023: £7,708).

The basis for allocation of the cost between activities and funds is the same as for other costs, as described in the accounting policies.

23. OPERATING LEASE COMMITMENTS

At 31 March 2024 the Company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2024 £	2023 £
Not later than 1 year	76,055	49,262
Later than 1 year and not later than 5 years	43,708	31,500
	<u>119,763</u>	<u>80,762</u>

24. RELATED PARTY TRANSACTIONS

During the year 3 trustees made unconditional donations to the charity totalling £630 (2023: £NIL).

25. POST BALANCE SHEET EVENTS

In September 2024, the Charity completed its purchase of a new Cambridge hub.