

REGISTERED COMPANY NUMBER: 03725494 (England and Wales)
REGISTERED CHARITY NUMBER: 1074974

Report of the Trustees and
Financial Statements for the Year Ended 31 March 2021
for
Centre Thirty Three Young People's
Counselling and Information Service

Lanham and Company Limited
Statutory Auditors &
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

**Centre Thirty Three Young People's
Counselling and Information Service**

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for the Year Ended 31 March 2021**

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**Centre Thirty Three Young People's
Counselling and Information Service**

**Report of the Trustees
for the Year Ended 31 March 2021**

The Trustees who are also Directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2020. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Our Objectives

The charity's objectives are to relieve and prevent suffering caused by mental or physical ill health, or by financial hardship, or need caused by other reasons, through the provision of counselling, information and other services to or support for young people aged 25 and under in the City of Cambridge, the County of Cambridgeshire, the City of Peterborough and surrounding areas.

Our Vision, Mission and Values

Centre 33's Vision is that every young person in Cambridgeshire and Peterborough is listened to and respected for who they are and that they receive the support to enable them to be who they want to be.

Centre 33's Mission is to support young people in Cambridgeshire & Peterborough with their emotional issues and practical needs. We do this through delivering professional services which are safe, free and accessible, which listen to, support and inspire young people to become who they want to be.

Centre 33 applies the following values to all our work and those we work with.

Inclusive and specialist: We believe that all young people should have access to Centre 33's services without thresholds. We listen to, and are led by, young people's needs (including complex need) and offer flexibility and choice to meet these needs. We ensure that we are able to respond to the specialist needs of young people through ensuring we have appropriate qualified and skilled staff who have access to high quality training and support networks.

Supportive and non-judgemental: We believe that every young person has their own strengths, needs, and unique experiences and aim to help young people express who they are without judgement. We respect and celebrate differences between people. We help young people to believe in themselves in order that they achieve their personal aspirations. We respond appropriately and sensitively to requests. We provide our services in a friendly, approachable and non-judgemental manner.

Collaborative and accountable: We work with young people and others to develop new and innovative services to meet the changing needs of young people. We believe that young people should get the best services at the highest quality based on best and reflective practice with proven outcomes. We will be accountable to young people, funders and partners. We will correct things appropriately and sensitively if they go wrong and learn from complaints. We aim to continuously improve our services through consultation with young people.

Our Public Benefit

Centre 33 carries out a range of activities in pursuance of its charitable aims.

The Trustees consider that these activities comply with both Section 4 of the Charities Act 2006 and the Charity Commission's guide on public benefit.

Centre 33 works to benefit both the young people who access its services and the wider community of Cambridgeshire and Peterborough.

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Our Activities

Centre 33 achieves its aims and supports young people across Cambridgeshire and Peterborough up to the age of 25 through the following services:

Our **'Someone to Talk to'** service is the cornerstone of our universal services. It supports young people aged 13-25 on a range of issues, in particular to become emotionally healthy, sexually healthy, safely housed, in employment/meaningful education/training and to have improved financial situations. The service offers free advice, assessment and advocacy support to young people via open access drop-ins and workshops. We aim to give young people access to information, to raise awareness and support them to make timely and informed choices in their lives. The service has counsellors, housing experts & employment coaches (where specialist work is needed) and support young people to access other professional help if more appropriate. This service also provides guided self-help through our trainee Children's Wellbeing Practitioners and Cognitive Behavioural Therapy through recruit to train funding.

Our **Young Carers Project** offers respite, one-to-one support and advocacy to children and young people up to the age of 18 who take on practical and/or emotional caring responsibilities. The service aims to ensure that young carers have the same life chances, levels of well-being and voice as their peers by reducing the negative impact of their caring responsibilities.

Our **Schools Counselling Service** offers counselling within secondary schools. We provide a safe place for young people to share their feelings and explore ways of overcoming their distress. During the last year we completed a review of evidence-based interventions or promising options to meet the mental health needs of young people in Secondary schools. We reviewed these together with the current skill set and ethos of Centre 33 and developed a new broader model to pilot with schools. This new model includes continuing to provide counselling for young people together with guided self-help support through one to one or group-based support and opportunities to share mental health awareness resources.

Centre 33 is a founding member of **Fullscope** and became its host organisation in July 2020. Fullscope is a collective of Cambridgeshire-based voluntary sector organisations working to deliver comprehensive support packages for children and young people aged 0-25 across Cambridgeshire to address mental health challenges. As host we:

- o Act as the legal entity for employing necessary staff (namely Programme Director and Project Manager)
- o Hold Fullscope funds and ensure they are used in accordance with agreed project budgets
- o Provide financial management
- o Are accountable to the National Lottery Fund

Our **Indirect Activities** include advocacy, sitting on strategic boards, partnerships, speaking at events, running assemblies and delivering training.

ACHIEVEMENTS AND PERFORMANCE

'Someone to Talk to' Service

In 2020/21, our Someone to Talk to service:

- o Reached and responded to over 2,300 queries from young people and those that support them
- o Provided 1,300 young people meaningful check in calls / texts during Covid-19 lockdowns to offer support
- o Supported 800 young people on a one-to-one basis through virtual engagement and support services
 - o 96% had more than one presenting need
 - o 92% sought help with their emotional wellbeing
 - o 81% presented with mental health issues plus another issue (e.g., relationships, legal/justice, work/study/money/housing, sexual health)
 - o 50% presented with current or historic thoughts about suicide, an increase on last year
- o Provided mental health support sessions to 400 young people with mental health project workers/counsellors
- o Supported 350 young people to reduce the impact of poverty, including loss of work due to Covid-19 via benefits, food vouchers etc
- o Supported nearly 150 young people on a one-to-one basis with housing/homelessness
- o Supported 50 young people through our New Horizons job coach who provides support with money, employment and training. 17 of these young people enrolled in the full New Horizons programme which offers up to 20 hours coaching.

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- o Diversified its mental health support to include guided self-help through our Trainee Children's Wellbeing Practitioners (CWP) as well as CBT through additional funding via Health Education England and working with the Anna Freud Centre.

In addition to the direct work with young people, Centre 33 has developed strong partnerships across the local children and young people's sector. During 2020/21, we worked with a number of partners across the mental health system, including statutory services, to ensure young people get easier access to the services that best meet their needs. We are a partner within a new mental health partnership YOUnited, launching in July 2021. This will include a new integrated central referral hub for mental health services locally. As part of the partnership, we will provide interventions for young people needing mental health support, including the provision of counselling, guided self-help and psychoeducational sessions.

Unfortunately, due to Covid-19 restrictions, Centre 33 has been unable to deliver our outreach events in 2020/21. Therefore our online presence has been of particular importance and we undertook significant amounts of work developing online wellbeing resources. This included the production of a series of health and wellbeing videos to help reach young people who may have felt isolated and unable to access their usual support. These had 4,200 views on our social media channels.

Young Carers Project

In 2020/21, our 33 Young Carers' Service was recommissioned by the local authority to provide an integrated Young Carers Assessment and Support Service as part of an All Age Carers Contract for young carers up to the age of 18. This service is provided in partnership with Early Help Services, education settings and other agencies across Cambridgeshire and Peterborough. It fulfils the statutory requirements to identify Young Carers needing support and offer Young Carer needs assessments and transition assessments.

Over the year, our Young Carers Service:

- o Reached 4,555 people through outreach including our young carers newsletter and professional awareness raising training
- o Provided 700 young carers with one-to-one support, including over 400 new referrals. For the majority of the year, we delivered this support remotely.
- o Hosted 100 young carers at virtual primary school aged community groups
- o Supported 130 young carers in their transition to secondary school or onto further education/employment
- o Trained 450 professionals to identify and support young carers in their roles through training packs and webinars

In addition to this Centre 33 established:

- o A Young Carers Steering Group, bringing together stakeholder and partners from across Local Authority, Education, Health and the voluntary sector to develop and steer young carers priorities
- o A Young Carers Advisory Board with 21 young carer representatives to give young carers a voice. This Board meets bimonthly to set and review priorities, and through the year has twelve focused workshops for specific areas of learning and development

Schools Counselling Service

In 2020/21, Centre 33 provided counselling in 12 schools across Cambridgeshire including South Cambridgeshire, East Cambridgeshire and St Neots. Over 350 young people received one-to-one counselling.

Fullscope

In 2020/2021, Fullscope:

- o Led projects to look at the system's pressure points and worked with colleagues to break down barriers for access. For example, the Single Point Access and GP projects reviewed young people who get "rejected" from statutory services to understand what else could be offered
- o Coordinated the voluntary sector mental health response to Covid-19. Fullscope Plus was established to include three more local charities bringing extra capacity to the system, test independent tech platforms for collaboration and enable more efficient data collection to evidence our impact
- o Reached out to vulnerable families and young people with the Creative Care Programme

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Other activities and achievements

Externally, Centre 33 remains committed to advocacy and sharing our learning. Our staff sat on key local strategic boards including Peterborough & Cambridgeshire Children and Young People Joint Emotional Wellbeing Board, The Carers Board and the Crisis Care Concordat as well the New Horizons Programme Board. In addition, we spoke and participated in local and regional events.

Internally, Centre 33 has invested in organisational infrastructure to create greater efficiency and sustainability. This has included recruiting new roles, including a Finance Officer, Executive Administrator, Grants/Trusts Fundraising Manager and an HR Administrator. We also took on additional premises in Cambridge, Peterborough and Huntingdon.

Fundraising

In addition, Centre 33 has made good progress with its fundraising objectives as set out in the Fundraising Strategy. We have increased resources by investing in the recruitment of a Grants/Trusts Fundraising Manager and by recruiting a trustee to the board with fundraising experience. We have continued to develop infrastructure and resources, including updating fundraising areas of the website and bringing the donate functionality in-house. We have also developed the funding pipelines across a variety of income streams, secured more long-term funding, increased income from individual givers and grants, and increased unrestricted income. Throughout the year Centre 33 has received no complaints about fundraising activity. Supporters and their data are protected under GDPR legislation and our privacy notice.

Measuring Impact

Centre 33 measures the impact of activities via several means including:

- o Demographic data
- o User feedback via questionnaires/surveys, comments books, group discussions etc
- o Externally verified outcome tools
- o Quantitative evidence such as case studies

COVID-19

Our Response

As a result of Covid-19, Centre 33 acknowledged that the young people may be living in families that are potentially more vulnerable. We therefore we remained committed to continuing services and being available to young people who need it, offering support and information with the aim to reduce any sense of isolation by being 'someone to talk to'.

To ensure that Centre 33 was able to support young people through Covid-19, we:

- o Adapted all service models, stopped delivering face to face work (including one-to-one, drop-ins and groups) and established and implemented a remote digital offer. These adaptations were agreed with all funders and have been in place during lockdown periods. As we transition to a post Covid-19 model we are adapting our offer to include a hybrid of virtual, face to face appointments, small group work and drop ins.
- o Equipped staff to deal with the increased risk that young people were presenting by strengthening our support and training for all staff
- o Established a system of welfare and check-in calls for all high-risk young people across all services.
- o Carried out significant social media and other communications to ensure that young people were aware Centre 33 was open. This was co-ordinated across the statutory and voluntary sector partners.
- o Developed a series of short videos and literature for young people in response to the issues they were raising (<http://centre33.org.uk/help/looking-after-your-wellbeing/>)

Impact on Young People

Covid-19 had a significant impact on young people who accessed a support from Centre 33.

- o Of the young people who accessed Centre 33 services in 2020-2021
 - o 42% experienced an increase of stress
 - o 41% experienced a deterioration of their mental health
 - o 31% experienced loneliness or increased isolation
- o The risk level of young people increased with significantly higher numbers of suicide risk and logs of concerns recorded by front line workers. There was a noticeable increase in the proportion of young people presenting with current or historical suicidal thoughts: 40% of young people in 2019/20 vs. 50% in 2020/21.

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o The presenting needs of young people included concerns around education (lack of internet, motivation, transition anxiety), boredom, increased stress, isolation/loneliness, increased conflict at home, deterioration of mental health, decreased support networks, concerns about money, Covid-19 anxiety and lack of physical activity

Financial Impact

Covid-19 had two key financial impacts on Centre 33:

- o There were significant additional costs resulting directly from service adaptation. These included equipping staff to work from home (phones, laptops, screens), supporting staff to enable them to work safely with higher risk young people remotely (training, additional debriefs) and additional running costs (research, software, etc)
- o The funding pipeline was impacted due to not being able to carry out some of usual community fundraising events (e.g., Cambridge Half Marathon) and the change in focus of some of our funders

We are very grateful to the support of a number of funders who helped us bridge these gaps.

We continue to monitor the above to understand the medium/long term impact to both costs and funding.

FINANCIAL REVIEW

Financial Position

Income & Expenditure

In 2020/2021:

- o Net income/(Expenditure) totalled (£297) (vs. £132,112 in 2019/20)
- o Income totalled £1,557,921 (vs. £1,249,892 in 2019/20). The two key income streams were contracts and grants (predominantly contracted income) and Someone To Talk To funding.
- o Expenditure totalled £1,558,218 (vs. £1,117,780 in FY19/20). The majority of expenditure was on employees providing charitable activities
- o The increase in both income and expenditure was across all charitable activities.

Assets & Liabilities

At 31 March 2021, Centre 33 had:

- o Net assets of £579,248 (vs. £579,545 at 31 March 2020)
- o Fixed assets of £61,561 (vs. £61,948 at 31 March 2020). This includes the Clarendon Street property valued at cost
- o Current assets of £1,169,770 (vs. £662,068 at 31 March 2020). Of this, £813,514 was cash
- o Creditors of £652,083 (vs. £144,471 at 31 March 2020). This was predominantly funds held as an agent on behalf of Fullscope, and performance related grants received in advance.

Reserves policy

The Trustees have resolved that the Charity should aim to keep a level of reserves equal to between two and three months average expenditure.

This policy is based on a thorough review of risks and needs. In developing this policy, Trustees have considered the following:

- o The priority of spending incoming funds on meeting the organisation's core strategic purpose
- o The requirement to ensure essential services for vulnerable beneficiaries are maintained if any funding streams are reduced / removed, large, unexpected expenses materialise or a short-term deficit in cashflow materialises
- o The importance of scaling reserves with the growth of the organisation
- o The desire to maintain flexibility to future opportunities and to launch new initiatives
- o The ownership of a freehold property that could be sold in the medium-term to leverage additional funds

Trustees and management do not want to hold surplus funds unnecessarily, but believe long-term sustainability is paramount to beneficiaries and therefore on balance are comfortable that this policy is appropriate for the organisation.

The reserves levels are reviewed on an annual basis as a minimum, at Board level, and whenever deemed necessary appropriate action is taken so that the reserves level complies with this policy.

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Unrestricted Reserves

At 31 March 2021, Centre 33 held unrestricted reserves of £252,289 (vs. £218,818 at 31 March 2020).

This level of unrestricted reserves represents 1.9 months of average expenditure. This is marginally outside policy due to the growth in the organisation in FY21. The organisation are committed to returning unrestricted reserves to within policy limits of 2 to 3 months of expenditure in FY22.

It is important to note that £48,361 of this total can only be realised through the disposal of a tangible fixed asset, namely our Cambridge premises (33 Clarendon Street).

Restricted Reserves

At 31 March 2021, Centre 33 held restricted reserves of £326,959 (vs. £360,727 at 31 March 2020).

Restricted reserves are funds which have been given by funders for a particular service. The charity is unable to use these funds outside of the agreed purpose.

These funds include:

- o Someone to Talk to: Funds have been allocated to delivering mental health support over the next year and for development funding to expand our offer.
- o Young Carers: 3 months of running costs of restricted funds has been ring fenced for wind down costs and the remainder has been allocated to development funding to target groups of young carers who are harder to reach.

No restricted funds were in deficit.

Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

Pensions

Centre 33's pension scheme is operated through Creative Pension Trust. All staff are auto enrolled under the current legislation. The scheme does not carry a liability.

PLANS FOR FUTURE PERIODS

Centre 33's current overarching strategic objectives as set out in the 2018-2021 Strategic Plan are:

- o Developing and enhancing our existing services to ensure young people receive the practical help and emotional support that enables them to be who they want to be
- o Strengthening and influencing the local youth sector through working with partners, sharing our expertise, and embedding co-production across everything we do
- o Ensuring our staff/volunteers are motivated, safe and supported to enable Centre 33 to be a dynamic and ambitious organisation
- o Ensuring we are a financially stable organisation that offers good value for money, though delivering on our Fundraising Strategy

Activities planned to achieve these objectives include:

- o Ensuring that we fulfil our contract/grant requirements
- o Continually reviewing, adapting and developing our services to better reach and meet the needs of young people
- o Delivering our communication, marketing and stakeholder plan to share learning and strengthen the local youth sector
- o Delivering on our workforce strategy ensuring staff have the right capabilities and skills for their roles
- o Ensuring sufficient funding to deliver our services

In 2020/2021, the process was started to develop a new five-year strategic plan from 2022. This will be co-produced by trustees and staff with consultation with young people and key partners. Following the development of the overarching strategic objectives of the plan, detailed operational plans will be developed.

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**Report of the Trustees
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STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document & Constitution

Centre 33 constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is also a registered charity. It is governed by our Articles of Association.

Appointment, Induction and Training of Trustees

Trustee recruitment is managed by the HR Sub-Committee.

In selecting a person to be appointed as a trustee, consideration is given to how their residence, occupation, employment, special knowledge, and personal or professional qualifications may contribute to delivering against the objects of the charity. A periodic trustees' skills audit is also conducted to assess any areas where additional expertise may be required.

The minimum number of trustees is five and the maximum is fifteen.

New Trustees are elected by the Members at the Annual General Meeting.

All new Trustees are provided with comprehensive induction and training to become familiar with their roles and responsibilities and Centre 33's work. This includes meeting with key staff and receipt of an induction pack containing copies of key policies and documents and a copy of Good Trustee Guide.

Following their appointment, Centre 33 provides trustees with ongoing training as appropriate.

Organisational structure

The Trustees of Centre 33 are responsible for the overall direction and management of the Charity.

The Board of Trustees meets regularly throughout the year to discuss and decide on issues affecting the Charity, delegating appropriate matters to its sub-committees and operational management to the Executive Director.

Trustees are required to disclose all relevant interests and declare potential conflicts of interest at each Trustee meeting which is then recorded in the minutes.

The Senior Leadership Team consists of the Executive Director, Director of Services, Finance and HR Manager, Resources and Operations Manager and Fundraising Manager.

The Senior Management Team includes the above and the operational managers and senior project workers.

Volunteers

Centre 33 would not be able to deliver its services without the skills, dedicated support, and commitment of its volunteers. In 2020/21, we were supported by over 40 volunteers who provided an estimated 3,000 hours of support. Most volunteer activity relates to the delivery of counselling and support services to young people. These volunteers are supported by specialist supervision in addition to the general volunteer support package. Some volunteer activity offers practical support in running and maintaining services. Volunteers receive full induction as well as on-going training and support during their time at Centre 33.

Key management remuneration

The Board of Trustees sets the salary for the Executive Director and agrees the annual pay increases for the whole staff group. These are reviewed in line with the financial performance of the charity and through external benchmarking.

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Risk management

Risks are identified, monitored, managed and recorded in a Risk Log.

The Board of Trustees is responsible for overseeing the development and implementation of the risk management strategy. The Board reviews the Risk Log annually to confirm that the major risks have been identified correctly and that controls are in place to manage them.

The FRSC is responsible for the ongoing monitoring of the Risk Log to ensure that all significant risks are identified and prioritised and that appropriate controls and actions are in place.

Centre 33's Senior Leadership Team is responsible for ensuring that the risk management policy is implemented and for co-ordinating risk management activity across Centre 33.

Principle current risks have been influenced by both Covid-19 and by the negotiations and expected expansions of the Mental Health service through partnership with Cambridge and Peterborough NHS Foundation Trust and Ormiston Families to deliver an integrated wellbeing service to young people across Cambridgeshire and Peterborough. Although this is a very positive development for the Charity's beneficiaries it involves significant service development which comes with associated risks.

In 2020-21 the risks have fallen in the following areas:

Increase in distress experienced by young people

This is primarily due to the effects of Covid-19 and is a trend being experienced across the UK. The increase in severity of issues being presented tested the staff monitoring and support plans. The service has managed this well.

Cultural move to virtual services

The effects of Covid-19 included a radical re-think of how support was offered. The Charity responded speedily and creatively and there was a continuous service offered to young people. The effects of this cultural change have been experienced over months and staff support remains key in mitigating the risk this change in work patterns has created.

Planning for service expansion

In addition to Covid-19 there has been considerable work being undertaken at a Senior Management level planning for the development and launch of YOUNited - an integrated partnership services for statutory and third sector wellbeing services for children and young people. It is likely that this will significantly increase the Charity's turnover in 2021-22 (and further years after that).

Such a development is of great potential benefit for children and young people in Cambridgeshire and Peterborough but applies pressure on the Charity and particularly the management and leadership structures. This risk was recognised early and both short-term and longer-term strategies have been put in place to mitigate this risk.

Recruitment

In the early part of 2021 recruitment in social care became a developing issue across the UK. It is particularly challenging at 'Team Leader' and Senior Management' levels. There may be a number of factors influencing this situation including: Covid-19 and the changes in general working patterns, a concern regarding job security, Brexit and the subsequent changes in employment patterns within some social care settings, salaries and the equivalent of a Bull market for employees at a time when there is a degree of nervousness from employers (including statutory services) regarding the likely economic landscape in coming years.

Trustees are aware of this situation and both short-term and longer-term plans are in place (and being enhanced) to mitigate this risk.

Related Parties

During the year trustees made unconditional donations to the charity with an aggregate value of £3,106.

Wider Network

A core part of how we work is collaborating with other organisations, some of our wider network includes, partners in the voluntary sector, schools, health and social care services and commissioners along with some formal partnership e.g. Fullscope and YOUNited Partnership.

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**Report of the Trustees
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REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03725494 (England and Wales)

Registered Charity number

1074974

Registered office

33 Clarendon Street
Cambridge
Cambridgeshire
CB1 1JX

Trustees

P Clarke (resigned 4.5.21)
M Davey (resigned 8.9.20)
E C Morgan-Tamosunas
C G Davies
S Stubbings (resigned 21.4.20)
V Keating (resigned 2.3.21)
R Holland
M Reiss (resigned 7.9.2021)
E C Chamberlayne
S Imrie (appointed 21.4.20)
H E James
L McDowell (appointed 21.4.20) (resigned 24.11.20)
P Windred
A C Evans (appointed 2.3.21)
E M Kamel (appointed 8.9.20)
S Owers (appointed 8.9.20)

Auditors

Lanham and Company Limited
Statutory Auditors &
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

Bankers

Barclays Bank PLC
Bene't Street Business Centre
PO Box 2
Cambridge
CB2 3PZ

Executive Director

E Green

**Centre Thirty Three Young People's
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**Report of the Trustees
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REFERENCE AND ADMINISTRATIVE DETAILS
STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Centre Thirty Three Young People's Counselling and Information Service for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 30 November 2021 and signed on its behalf by:

E C Chamberlayne - Trustee

**Report of the Independent Auditors to the Members of
Centre Thirty Three Young People's
Counselling and Information Service**

Opinion

We have audited the financial statements of Centre Thirty Three Young People's Counselling and Information Service (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note 21 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

**Report of the Independent Auditors to the Members of
Centre Thirty Three Young People's
Counselling and Information Service**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**Report of the Independent Auditors to the Members of
Centre Thirty Three Young People's
Counselling and Information Service**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Andrew Ireland FCCA (Senior Statutory Auditor)
for and on behalf of Lanham and Company Limited
Statutory Auditors &
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

Date: 06 December 2021

**Centre Thirty Three Young People's
Counselling and Information Service**

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	125,048	538,962	664,010	527,995
Charitable activities	5				
Young Carers Services		-	350,955	350,955	230,994
Someone to Talk to		10,000	532,493	542,493	486,091
Other trading activities	3	-	-	-	3,700
Investment income	4	<u>463</u>	<u>-</u>	<u>463</u>	<u>1,112</u>
Total		135,511	1,422,410	1,557,921	1,249,892
EXPENDITURE ON					
Raising funds	6	18,457	-	18,457	31,490
Charitable activities	7				
Young Carers Services		-	391,311	391,311	332,989
Someone to Talk to		59,139	1,064,868	1,124,007	743,882
Fundraising		24,443	-	24,443	9,419
Total		<u>102,039</u>	<u>1,456,179</u>	<u>1,558,218</u>	<u>1,117,780</u>
NET INCOME/(EXPENDITURE)		33,472	(33,769)	(297)	132,112
RECONCILIATION OF FUNDS					
Total funds brought forward		218,818	360,727	579,545	447,433
TOTAL FUNDS CARRIED FORWARD		<u>252,290</u>	<u>326,958</u>	<u>579,248</u>	<u>579,545</u>

The notes form part of these financial statements

**Centre Thirty Three Young People's
Counselling and Information Service**

**Balance Sheet
31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS					
Tangible assets	13	61,561	-	61,561	61,948
CURRENT ASSETS					
Debtors	14	445,330	(89,074)	356,256	104,112
Cash at bank		<u>100,926</u>	<u>712,588</u>	<u>813,514</u>	<u>557,956</u>
		546,256	623,514	1,169,770	662,068
CREDITORS					
Amounts falling due within one year	15	(355,528)	(296,555)	(652,083)	(144,471)
		<u>190,728</u>	<u>326,959</u>	<u>517,687</u>	<u>517,597</u>
NET CURRENT ASSETS					
		<u>190,728</u>	<u>326,959</u>	<u>517,687</u>	<u>517,597</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>252,289</u>	<u>326,959</u>	<u>579,248</u>	<u>579,545</u>
NET ASSETS		<u>252,289</u>	<u>326,959</u>	<u>579,248</u>	<u>579,545</u>
FUNDS	17				
Unrestricted funds:					
General fund				83,146	93,820
Cyclical maintenance fund				41,392	41,392
33 Clarendon Street				48,361	48,361
Fundraising				<u>79,390</u>	<u>35,245</u>
				<u>252,289</u>	<u>218,818</u>
Restricted funds				<u>326,959</u>	<u>360,727</u>
TOTAL FUNDS				<u>579,248</u>	<u>579,545</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30 November 2021 and were signed on its behalf by:

E C Chamberlayne - Trustee

The notes form part of these financial statements

**Centre Thirty Three Young People's
Counselling and Information Service**

**Cash Flow Statement
for the Year Ended 31 March 2021**

	Notes	31.3.21 £	31.3.20 £
Cash flows from operating activities			
Cash generated from operations	1	<u>255,095</u>	<u>158,244</u>
Net cash provided by operating activities		<u>255,095</u>	<u>158,244</u>
Cash flows from investing activities			
Interest received		<u>463</u>	<u>1,112</u>
Net cash provided by investing activities		<u>463</u>	<u>1,112</u>
		<u> </u>	<u> </u>
Change in cash and cash equivalents in the reporting period		255,558	159,356
Cash and cash equivalents at the beginning of the reporting period		<u>557,956</u>	<u>398,600</u>
Cash and cash equivalents at the end of the reporting period		<u><u>813,514</u></u>	<u><u>557,956</u></u>

The notes form part of these financial statements

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Cash Flow Statement
for the Year Ended 31 March 2021**

**1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM
OPERATING ACTIVITIES**

	31.3.21 £	31.3.20 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(297)	132,112
Adjustments for:		
Depreciation charges	387	472
Interest received	(463)	(1,112)
Increase in debtors	(252,144)	(51,521)
Increase in creditors	<u>507,612</u>	<u>78,293</u>
Net cash provided by operations	<u><u>255,095</u></u>	<u><u>158,244</u></u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.20 £	Cash flow £	At 31.3.21 £
Net cash			
Cash at bank	<u>557,956</u>	<u>255,558</u>	<u>813,514</u>
	<u>557,956</u>	<u>255,558</u>	<u>813,514</u>
Total	<u><u>557,956</u></u>	<u><u>255,558</u></u>	<u><u>813,514</u></u>

The notes form part of these financial statements

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements
for the Year Ended 31 March 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going concern

There are no material uncertainties that would cast doubt on the charity's ability to continue as a going concern.

Income

All income is recognised at the fair value in the Statement of Financial Activities once the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Grants

Grants relating to revenue are recognised in income and expenditure over the same period as the expenditure to which they relate once reasonable assurance has been gained that the charity will comply with the conditions and that the funds will be received.

Grants due from government organisations or received in advance are included as current assets or liabilities.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Costs of generating funds comprises the costs associated with attracting voluntary income and the costs of other income generation.

Charitable activities

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Allocation and apportionment of costs

Support and management costs are allocated between funds based on the proportion of staff and volunteer hours in each service, on the assumption that the major management expenses is a result of personnel. Volunteers are weighted as half and work substantially fewer hours.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 10% on cost
Fixtures and fittings	- 25% on cost
Computer equipment	- 25% on cost

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Expenditure on tangible fixed assets has been capitalised only if the cost of an individual item exceeds £1,500. No depreciation is provided on the freehold buildings. It is the policy of the Trustees to maintain the Freehold building in such condition that its useful economic life is indeterminate. In the opinion of the Trustees, this policy results in the residual value of the property (by reference to the price ruling at the time of acquisition) being not less than its present value in the accounts. Consequently, no depreciation is charged on this property.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Donated services

Donated professional services are recognised as income when the charity has control over the service, any conditions associated with the donated service have been met, the receipt of economic benefit from the use by the charity of the service is probable and that economic benefit can be measured reliably.

On receipt, donated professional services are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

In accordance with the Charities SORP (FRS 102), the time of general volunteers is not recognised.

Support costs

Support costs include the central functions and have been allocated to activity cost categories based on the cost of staff time spent on each activity.

Financial Instruments

Financial assets and liabilities are recognised when the company becomes a party to the contractual provisions of the instrument.

Financial instruments which meet the criteria of a basic financial instrument as defined in section 11 of FRS 102 are accounted for under an amortised historic cost model.

Trade debtors and creditors are classed as basic financial instruments and are initially measured at transaction price.

Cash and cash equivalents are classified as basic financial instruments and comprise cash in hand and at bank and short-term deposits with an original maturity date of three months or less.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

2. DONATIONS AND LEGACIES

	31.3.21	31.3.20
	£	£
Donations	90,277	93,459
Grants	546,586	407,391
Donated services and facilities	3,210	13,650
Earned income	<u>23,937</u>	<u>13,495</u>
	<u>664,010</u>	<u>527,995</u>

Donated services of trained volunteer counsellors to assist the charity with counselling services are valued at £3,210. The value of these services is recognised within incoming resources as a donation, and an equivalent charge included within Activities.

The charity also benefits from support from volunteers to assist with general administration. In accordance with FRS 102 and the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the accounts.

Grants received, included in the above, are as follows:

	31.3.21	31.3.20
	£	£
National Lottery Community Fund - Youth Investment Fund	-	129,707
Children in Need	39,936	39,909
Department of Health and Social Care Health and Wellbeing Fund	137,000	-
Cambridge Community Foundation	34,164	-
John Huntingdon's Charity	3,100	3,720
Evelyn Trust	15,000	17,500
The Clothworkers Foundation	4,455	-
Anonymous	3,000	-
Kettles Yard	-	420
The Act Foundation	-	5,431
New Horizons	22,225	26,423
Global's Make Some Noise	20,620	40,386
ECU Trust	-	2,000
Cambridge City Homelessness Prevention Grant	43,000	43,154
Cambridge City Council Community Grants	36,500	36,500
Tesco Groundworks	1,000	7,166
Masonic Trust	35,702	13,388
Harry Cureton Charitable Trust	14,973	4,991
Youth Access	36,585	36,696
Big Lottery Fund	74,989	-
Caring Together	894	-
Hunts Forum of Voluntary Organisations	5,000	-
Innovate & Cultivate	<u>18,443</u>	<u>-</u>
	<u>546,586</u>	<u>407,391</u>

We acknowledge the grant we have received from the Innovate & Cultivate Fund, a fund provided by Cambridgeshire County Council and managed by Cambridgeshire Community Foundation.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

3. OTHER TRADING ACTIVITIES

	31.3.21	31.3.20
	£	£
Rental income	<u>-</u>	<u>3,700</u>

4. INVESTMENT INCOME

	31.3.21	31.3.20
	£	£
Deposit account interest	<u>463</u>	<u>1,112</u>

5. INCOME FROM CHARITABLE ACTIVITIES

		31.3.21	31.3.20
	Activity	£	£
Contracted income	Young Carers Services	350,955	230,994
Contracted income	Someone to Talk to	523,425	486,091
Project management fees	Someone to Talk to	<u>19,068</u>	<u>-</u>
		<u>893,448</u>	<u>717,085</u>

6. RAISING FUNDS

Raising donations and legacies

	31.3.21	31.3.20
	£	£
Staff costs	18,457	30,439
Fundraising events	<u>-</u>	<u>1,051</u>
	<u>18,457</u>	<u>31,490</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Young Carers Services	389,271	2,040	391,311
Someone to Talk to	1,112,888	11,119	1,124,007
Fundraising	<u>24,443</u>	<u>-</u>	<u>24,443</u>
	<u>1,526,602</u>	<u>13,159</u>	<u>1,539,761</u>

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

8. SUPPORT COSTS

	Governance costs
	£
Young Carers Services	2,040
Someone to Talk to	<u>11,119</u>
	<u>13,159</u>

Support costs, included in the above, are as follows:

			31.3.21	31.3.20
	Young Carers Services	Someone to Talk to	Total activities	Total activities
	£	£	£	£
Auditors' remuneration	852	2,148	3,000	3,024
Auditors' remuneration for non audit work	1,005	2,535	3,540	4,080
Legal and professional fees	<u>183</u>	<u>6,436</u>	<u>6,619</u>	<u>-</u>
	<u>2,040</u>	<u>11,119</u>	<u>13,159</u>	<u>7,104</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Auditors' remuneration	3,000	3,024
Auditors' remuneration for non audit work	3,540	4,080
Depreciation - owned assets	<u>387</u>	<u>472</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

11. STAFF COSTS

	31.3.21	31.3.20
	£	£
Wages and salaries	1,123,859	740,795
Social security costs	83,226	53,043
Other pension costs	<u>47,271</u>	<u>32,571</u>
	<u>1,254,356</u>	<u>826,409</u>

The employee benefits of key management personnel during the year was £53,330 (2020: £50,612).

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

11. STAFF COSTS - continued

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Young Carers Services	18	15
Schools	5	-
Someone to Talk to	33	28
Fundraising	3	-
Central	<u>9</u>	<u>11</u>
	<u><u>68</u></u>	<u><u>54</u></u>

No employees received emoluments in excess of £60,000.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	70,025	457,970	527,995
Charitable activities			
Young Carers Services	-	230,994	230,994
Someone to Talk to	-	486,091	486,091
Other trading activities	-	3,700	3,700
Investment income	<u>1,112</u>	<u>-</u>	<u>1,112</u>
Total	71,137	1,178,755	1,249,892
EXPENDITURE ON			
Raising funds	18,134	13,356	31,490
Charitable activities			
Young Carers Services	-	332,989	332,989
Someone to Talk to	10,753	733,129	743,882
Fundraising	<u>9,419</u>	<u>-</u>	<u>9,419</u>
Total	<u>38,306</u>	<u>1,079,474</u>	<u>1,117,780</u>
NET INCOME	32,831	99,281	132,112
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>185,988</u>	<u>261,445</u>	<u>447,433</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>218,819</u></u>	<u><u>360,726</u></u>	<u><u>579,545</u></u>

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

13. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 April 2020 and 31 March 2021	<u>61,561</u>	<u>10,997</u>	<u>9,528</u>	<u>22,833</u>	<u>104,919</u>
DEPRECIATION					
At 1 April 2020	-	10,997	9,141	22,833	42,971
Charge for year	<u>-</u>	<u>-</u>	<u>387</u>	<u>-</u>	<u>387</u>
At 31 March 2021	<u>-</u>	<u>10,997</u>	<u>9,528</u>	<u>22,833</u>	<u>43,358</u>
NET BOOK VALUE					
At 31 March 2021	<u>61,561</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>61,561</u>
At 31 March 2020	<u>61,561</u>	<u>-</u>	<u>387</u>	<u>-</u>	<u>61,948</u>

All the charity's assets were used in furtherance of the charity's objectives. The freehold property, 33 Clarendon Street, Cambridge is shown at cost.

The freehold property, 33 Clarendon Street, Cambridge has a restriction over its sale as described in note 18.

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade debtors	343,001	87,688
Prepayments and accrued income	<u>13,255</u>	<u>16,424</u>
	<u>356,256</u>	<u>104,112</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade creditors	47,810	5,815
Social security and other taxes	27,614	15,525
Other creditors	255,693	4,217
Accruals and deferred income	26,240	6,864
Grants and contracts received in advance	<u>294,726</u>	<u>112,050</u>
	<u>652,083</u>	<u>144,471</u>

Grants and contracts received in advance refers to payments received on account for contracts or performance-related grants.

Deferred income is income, other than that described above, received in the year for services to be provided in the next financial period.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

16. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.21 £	31.3.20 £
Within one year	8,675	8,652
Between one and five years	<u>7,989</u>	<u>11,983</u>
	<u><u>16,664</u></u>	<u><u>20,635</u></u>

The total lease payments recognised as an expense in the SoFA in the year is £16,009 (2020: £31,602)

17. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	93,820	(10,674)	83,146
Cyclical maintenance fund	41,392	-	41,392
33 Clarendon Street	48,361	-	48,361
Fundraising	<u>35,245</u>	<u>44,145</u>	<u>79,390</u>
	218,818	33,471	252,289
Restricted funds			
Young Carers Services	113,684	11,178	124,862
Someone to Talk to	127,043	75,054	202,097
Fullscope	<u>120,000</u>	<u>(120,000)</u>	<u>-</u>
	<u>360,727</u>	<u>(33,768)</u>	<u>326,959</u>
TOTAL FUNDS	<u><u>579,545</u></u>	<u><u>(297)</u></u>	<u><u>579,248</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	69,239	(79,913)	(10,674)
Fundraising	<u>66,272</u>	<u>(22,127)</u>	<u>44,145</u>
	135,511	(102,040)	33,471
Restricted funds			
Young Carers Services	402,488	(391,310)	11,178
Someone to Talk to	1,019,922	(944,868)	75,054
Fullscope	<u>-</u>	<u>(120,000)</u>	<u>(120,000)</u>
	<u>1,422,410</u>	<u>(1,456,178)</u>	<u>(33,768)</u>
TOTAL FUNDS	<u><u>1,557,921</u></u>	<u><u>(1,558,218)</u></u>	<u><u>(297)</u></u>

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	95,463	(1,643)	93,820
Cyclical maintenance fund	41,392	-	41,392
33 Clarendon Street	48,361	-	48,361
Fundraising	<u>772</u>	<u>34,473</u>	<u>35,245</u>
	185,988	32,830	218,818
Restricted funds			
Young Carers Services	135,872	(22,188)	113,684
Someone to Talk to	125,573	1,470	127,043
Fullscope	<u>-</u>	<u>120,000</u>	<u>120,000</u>
	<u>261,445</u>	<u>99,282</u>	<u>360,727</u>
TOTAL FUNDS	<u><u>447,433</u></u>	<u><u>132,112</u></u>	<u><u>579,545</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	9,111	(10,754)	(1,643)
Fundraising	<u>62,026</u>	<u>(27,553)</u>	<u>34,473</u>
	71,137	(38,307)	32,830
Restricted funds			
Young Carers Services	310,800	(332,988)	(22,188)
Someone to Talk to	593,955	(592,485)	1,470
Fullscope	<u>274,000</u>	<u>(154,000)</u>	<u>120,000</u>
	<u>1,178,755</u>	<u>(1,079,473)</u>	<u>99,282</u>
TOTAL FUNDS	<u><u>1,249,892</u></u>	<u><u>(1,117,780)</u></u>	<u><u>132,112</u></u>

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	95,463	(12,317)	83,146
Cyclical maintenance fund	41,392	-	41,392
33 Clarendon Street	48,361	-	48,361
Fundraising	<u>772</u>	<u>78,618</u>	<u>79,390</u>
	185,988	66,301	252,289
Restricted funds			
Young Carers Services	135,872	(11,010)	124,862
Someone to Talk to	<u>125,573</u>	<u>76,524</u>	<u>202,097</u>
	<u>261,445</u>	<u>65,514</u>	<u>326,959</u>
TOTAL FUNDS	<u><u>447,433</u></u>	<u><u>131,815</u></u>	<u><u>579,248</u></u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	78,350	(90,667)	(12,317)
Fundraising	<u>128,298</u>	<u>(49,680)</u>	<u>78,618</u>
	206,648	(140,347)	66,301
Restricted funds			
Young Carers Services	713,288	(724,298)	(11,010)
Someone to Talk to	1,613,877	(1,537,353)	76,524
Fullscope	<u>274,000</u>	<u>(274,000)</u>	<u>-</u>
	<u>2,601,165</u>	<u>(2,535,651)</u>	<u>65,514</u>
TOTAL FUNDS	<u><u>2,807,813</u></u>	<u><u>(2,675,998)</u></u>	<u><u>131,815</u></u>

Purposes of Restricted funds

Someone to Talk to

Someone to Talk to is a free and confidential one-stop shop for young people who have mental health and practical needs. The service is for all young people but actively targets those experiencing health inequalities and barriers to accessing services. The most common needs we see are mental health/emotional wellbeing, homelessness, financial competence and safer sexual choices. The service also provides specialist mental health support through short-term, solution-focussed counselling to young people. The service is funded by Cambridge City Council, The Lottery, Evelyn Trust, ACT, Globals Make Some Noise, Cambridgeshire County Council, Peterborough City Council and Cambridgeshire & Peterborough CCG.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

17. MOVEMENT IN FUNDS - continued

Our Schools Counselling Service offers counselling within 16 secondary schools. We provide a safe place for young people to share their feelings and explore ways to overcoming their distress. The service is funded through individual schools and the Evelyn Trust.

Young Carers Services

The young carers project is mainly funded by Cambridgeshire County Council (Central Government National Carers Strategy Grant) with funding for some aspects of the work from the Big Lottery Fund, Children in Need and numerous smaller grants and donations. The project is aimed at anyone under the age of 18 whose life is restricted due to the need to take care of someone with physical or mental health problems, a disability or is affected by alcohol or substance abuse. It provides breaks from caring through one-to-one support and group work.

Fullscope

Fullscope is a consortium of seven local charities with a shared mission to improve the mental health and wellbeing of children and young people in Cambridgeshire and Peterborough. The Fullscope Restricted reserves are funds held by Centre 33 for the other charities in the consortium to spend in order to improve the mental health and wellbeing of young people.

Purposes of General funds

The general fund represents the free funds of the charity which are not designated for particular purposes.

Purpose of Designated funds

Cyclical maintenance fund

The fund was established in 2014 following the transfer from two historic designated funds, the purpose of the fund is to provide resources for cyclical maintenance to 33 Clarendon Street.

33 Clarendon Street

The fund represents the funds expended when the freehold property was purchased in 1991.

Fundraising

Fundraising is our investment into fundraising this is mainly made up of infrastructure costs such as our database and fundraising staffing; including our Fundraising Manager, Fundraising Administrator and contributions to other key staff. This costs are met by unrestricted income and reserves investments.

18. EMPLOYEE BENEFIT OBLIGATIONS

During the year the charity made contributions of £47,827 to a defined contribution pension scheme for the benefit of employees.

The basis for allocation of the cost between activities and funds is the same as for other costs, as described in the accounting policies.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

19. CONTINGENT LIABILITIES

In 1991, Cambridge City Council advanced £17,000 to the Charity in order to enable it to buy the freehold property 33 Clarendon Street, Cambridge for a sum of £48,361. This was advanced on the condition that the building was only used for purposes specified in the Charity's objectives and that, in the event of the property being sold, an amount would be repayable, being the lower of £17,000 plus interest calculated at 2% below the base rate of Midland Bank and 17/66ths of the market value of the property, provided that, in the event of the £17,000 plus interest figure being the lower of the two, the difference between this and the 17/66ths figure is applied for the purposes of the charity, otherwise the higher would be repayable.

The contingent liability at the end of the year has been calculated at £28,275.

In the event that the building was never sold, no sum would ever be repayable.

20. RELATED PARTY DISCLOSURES

During the year trustees made unconditional donations to the charity with an aggregate value of £3,106.

21. FRC ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES

In common with many other charities of our size and nature we use our auditors to assist with the preparation of the financial statements.

22. DISCLOSURE OF FUNDS RECEIVED AS AGENT

The charity has acted as an agent on behalf of the Fullscope consortium, a consortium of seven local charities with a shared mission to improve the mental health and wellbeing of children and young people in Cambridgeshire and Peterborough, during the year.

During the year Centre 33 received income of £364,109 as an agent for the Fullscope consortium, and incurred expenses of £116,653.

Centre 33 received fees of £19,208 for managing the Fullscope consortium.

The balance held on behalf of the Fullscope consortium was £247,456 at the year end. This is included in other creditors.

At the year end the following balances owed by the Fullscope consortium were included in Centre 33's trade creditors: £37,500 owed to Kite Trust, and £633 owed to Blue Smile.

This page does not form part of the statutory financial statements