

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE

England & Wales · Charity number 1074974

Details

Other names CENTRE 33

Status Registered

Legal form Charitable company

Company number [03725494](#)

Registered 1999-04-01

Register [View on the Charity Commission register](#)

Contact

Address 33 Clarendon Street
Cambridge
CB1 1JX

Phone 03334141809

Email Hello@centre33.org.uk

Website www.centre33.org.uk

Activities

Objects: TO RELIEVE AND PREVENT SUFFERING CAUSED BY MENTAL OR PHYSICAL ILL HEALTH, OR BY FINANCIAL HARDSHIP, OR NEED CAUSED BY OTHER REASONS, THROUGH THE PROVISION OF COUNSELLING, INFORMATION AND OTHER SERVICES TO OR SUPPORT FOR YOUNG PEOPLE AGED 25 AND UNDER IN THE CITY OF CAMBRIDGE, THE COUNTY OF CAMBRIDGESHIRE, THE CITY OF PETERBOROUGH AND SURROUNDING AREAS.

Activities: Centre 33 provides free and confidential services to young people up to the age of 25 in Cambridgeshire and Peterborough. We support and advocate for young people with their mental health and wellbeing, issues with housing, money, sexual health, education, caring responsibilities and more.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Prevention Or Relief Of Poverty, Accommodation/housing, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People

Geography

- **Area of benefit:** CITY OF CAMBRIDGE, THE COUNTY OF CAMBRIDGESHIRE, THE CITY OF PETERBOROUGH AND SURROUNDING AREAS
- Cambridgeshire
- Peterborough City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£3,792,668	£3,275,527	£1,501,401	83
2024-03-31	£3,020,014	£2,937,627	£984,260	84
2023-03-31	£2,861,484	£3,060,517	£901,873	83
2022-03-31	£2,738,993	£2,464,790	£1,100,906	77
2021-03-31	£1,557,921	£1,558,218	£579,248	68

Trustees

Name	Role	Appointed
Alice Claire Evans		2021-03-02
Dr Susan Imrie		2020-04-21
Dr Susan Mitchell		2024-03-28
Harry Wade		2024-03-28
Karen Jane Robson		2023-09-05
Laura Ruaux Brookes		2024-03-28
PETER DAVID CLARKE		2022-01-10
Sandra Rehm		2024-03-28
Sarah Ferguson		2023-02-28
Susanne Owers		2020-09-08

Accounts

Registered number: 03725494
Charity number: 1074974

**CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND
INFORMATION SERVICE**

(A Company Limited by Guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

CONTENTS

	Page
Reference and Administrative Details of the Charity, its Trustees and Advisers	1
Trustees' Report	2 - 12
Independent Auditor's Report on the Financial Statements	13 - 17
Statement of Financial Activities	18
Balance Sheet	19
Statement of Cash Flows	20
Notes to the Financial Statements	21 - 43

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2025

Trustees	P Clarke S Imrie P Windred E M Kamel S Owers A C Evans S F Ferguson H Wade L Ruaux Brookes S Mitchell S Rehm K Robson
Company registered number	03725494
Charity registered number	1074974
Registered office	33 Clarendon Street Cambridge CB1 1JX
Operating Name	Centre 33
Chief Executive Officer	E Green
Independent auditor	PEM Audit Limited Registered Auditor Salisbury House Station Road Cambridge CB1 2LA
Bankers	Barclays Bank PLC Benet Street Business Centre PO Box 2 Cambridge CB2 3PZ

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2025

The Trustees, who are also Directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

OBJECTIVES AND ACTIVITIES

Our Objectives

The charity's objectives are to relieve and prevent suffering caused by mental or physical ill health, or by financial hardship, or need caused by other reasons, through the provision of counselling, information, and other services for young people aged 25 and under in the City of Cambridge, the County of Cambridgeshire, the City of Peterborough and surrounding areas.

Our Public Benefit

Centre 33 carries out a range of activities in pursuance of its charitable aims. The Trustees consider that these activities comply with both Section 4 of the Charities Act 2011 and the Charity Commission's guide on public benefit. Centre 33 works to benefit both the young people who access its services and the wider community of Cambridgeshire and Peterborough.

Our Vision, Mission and Values

We opened our doors in 1981 to offer young people a safe space where they could receive free, confidential and professional support in a non-judgemental and welcoming setting.

We have grown but stay true to our founding principles in all our work. We believe young people deserve respect and excellent care and support, no matter what they come to us with.

We receive positive feedback from young people who say they feel they have been listened to, are taken seriously, and have a say in their own support which makes a difference to them. The wider sector also gives us positive feedback including commissioners who say we are a trusted and respected brand, valued for our focus on young people, data usage and local knowledge.

We are a team of over 100 staff and volunteers. We work across the county, in hubs, remotely, in schools and in the community with thousands of young people each year. Last year we directly supported nearly 4000 young people on a one-to-one basis and the charity received an income of £3.8m through a combination of contracts, charitable grants and donations.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Our **Vision** is:

- A future where all young people are listened to, respected and supported.

Our **Mission** in Cambridgeshire is:

- To offer young people support with practical issues and emotional needs that is free, confidential, empowering, easy-access and high quality.
 - To actively work with other local services so that young people’s needs are met, and their voices are heard.
- We apply the following **Values** to all our work and those we work with:

Young people led • We are led by young people's needs and treat them as unique individuals • We believe in a strengths-based, humanistic approach to support • We trust and support young people to take a central part in deciding what support is right for them • We ask young people what they want from us and involve them in the decision making about our services	Striving for excellence • We care intensely about our work - we are committed to making a positive difference to the lives of young people • We demonstrate a high level of expertise in our fields • We research best practice and work to evidence based, benchmarked standards and measured outcomes • We are professionally curious and forward thinking - we seek feedback, self-reflect and continuously learn together from our experiences
Collaborative • We genuinely value our working community, our supporters and our volunteers • We support each other through challenges and prioritise wellbeing • We actively seek working collaborations with partners and communities for better outcomes for young people • We challenge systems that don't act in young people's interests and speak out on their behalf	Inclusive • We welcome all with no judgement • We are easy to approach, we don't turn away, we listen and support • We respect each other and our young people for our diverse experiences and qualities - everyone's views are important to us • We welcome and celebrate diversity

ACHIEVEMENTS AND PERFORMANCE

Centre 33 achieves its aims and supports young people across Cambridgeshire and Peterborough up to the age of 25 through:

1. Direct support to young people: Offering young people support with practical issues and emotional needs through a range of services that is free, confidential, empowering, easy-access and high quality.
2. Proactive partnership: Actively working with other local services so that young people’s needs are met, and their voices are heard.

Our 'Someone to Talk to' Service (STTT)

Our 'Someone to Talk to' open access drop-in provides holistic support to young people aged 13-25 across Cambridgeshire & Peterborough. Young people access support around key issues including mental health and emotional wellbeing, employment, education, finance, housing, relationships and sexual health.

It is a free, confidential, self-referral service which effectively targets and supports young people who are at higher risk of poor mental health; have complex needs; and/or are less able to engage with current services. Across the last year 74% of young people who accessed support were from marginalised groups (including young people with a housing/homelessness need, young people living in areas of deprivation and/or experiencing socioeconomic disadvantage, LGBTQ+ young people, young carers, ethnic minorities).

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

In 2024/25, 955 young people were supported through our 'Someone to Talk to' open access drop-in. 91% of young people presented with needs around their mental health & emotional wellbeing, 49% of young people sought help with issues around work, money, housing and poverty and 63% had needs around their relationships.

Following a young person coming to the 'Someone to Talk to' drop-in, some may go on to access further mental health interventions through our Counselling and Guided Self-Help Wellbeing teams. Young people may also be referred into these interventions following a referral to the YOUNited referral hub. Last year 1,161 young people accessed counselling or guided self-help with Centre 33. After accessing support, 72% of young people saw improved mental health following the support they received and 92% of young people reported having made progress towards their goals. Progress is measured by CORE – an indicator of psychological distress and wellbeing that is used to monitor the progress and effectiveness of counselling.

Our 'Someone to Talk to' staff maintained and further developed strong partnerships during 2024/25 across the local children and young people's sector. For example, we:

- Continued to help young people to access mental health support through being part of YOUNited, a key local partnership made up of Cambridgeshire and Peterborough Foundation Trust, (CPFT), Ormiston Families and Centre 33.
- Enabled young people to be referred to and get access to housing to meet their needs via our joint work with providers of accommodation for young people in Cambridge City.
- Piloted a group-based offer for young people in partnership with CPSL Mind and CPFT Relational and Emotional Difficulties service (REDS).
- Continued to strengthen our hub network through our new hub in Huntingdon and the ongoing commitment to finding a new Cambridge hub – to meet increased demand and ensure young people can access support from safe, consistent places designed by and for them.
- Hosted visits from the Department of Health and Department of Education highlighting the 'Someone to Talk to' early support hub model.
- Promoted the benefits of youth hubs and young people's holistic support to address their wide-ranging needs through our work with Youth Access and its members.

Our Schools Counselling Provision

As well as providing counselling in our community based 'Someone to Talk to' Hubs, Centre 33 provides counselling in many secondary schools across Cambridgeshire. This provides a safe place for young people to share their feelings and explore ways of overcoming their distress.

In 2024/25, 321 young people received counselling through our school-based counselling offer in 14 schools across Cambridgeshire including South Cambridgeshire, East Cambridgeshire and Cambridge.

In 2024/25 78% of young people showed improvements in their mental health when completing CORE and 100% of young people reported having made progress towards their goals.

Our Young Carers Project

Centre 33 provides one-to-one support and advocacy for children and young people up to the age of 25 who take on practical and/or emotional caring responsibilities. The service aims to ensure that young carers have the same life chances, levels of wellbeing and voice as their peers by reducing the negative impact of caring responsibilities. It fulfils the statutory requirements to identify young carers needing support and offers young carer needs assessments and transition assessments into adulthood for young adult carers.

Following Centre 33's support, in 2024/25 76% of young carers said that their caring responsibilities impacted

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

them less, 85% felt less isolated and 97% felt listened to.

In 2024/25 our Young Carer Service:

- Reached over 1,700 people through outreach work including Young Carers awareness raising training and assemblies/ PSHE Lessons (remote and in-person).
- Provided support to over 1,025 young carers up to the age of 25, including an assessment of needs or one-to-one support, group support or access to trips & activities. 22% of young carers / young adult carers assessed were providing very high levels of care.
- Enabled an improvement in the negative impact of caring responsibilities for 62% of secondary-aged young carers and 56% of primary-age young carers.
- Trained and supported 262 Young Carers Champions in School and Further Education Settings.
- Continued a two-year pilot working with Young Adult Carers (16–25-year-olds) – providing assessment and support and creating opportunities to develop and respond to unmet needs.

Young Carers staff have developed strong partnerships across the local children and young people's sector. In 2024/25 we:

- Gave young carers a voice via the running of a Young Carers Advisory Board with young carer representatives.
- Built strong relationships and supported young carers champion roles within primary schools, secondary schools and in Further Education settings across Cambridgeshire and Peterborough. The impact of this work can be seen through a recent school census where the numbers of identified Young Carers was recorded for the first time and Cambridgeshire was in the top 5 counties for identification of Young Carers.
- Ensured professionals can identify young carers and the right support can be accessed via our partnership work with Cambridgeshire County Council and Peterborough City Council and health partners.
- Operated as the young carers lead within an All-Age Carers Contract for Cambridgeshire and Peterborough, feeding in young carers voice to the development of the Local Authority's All Age Carers Strategy and development of future carers service.
- Developed strong links with Papworth Trust and Cambridge Skills, through our Young Adult Carers pilot, developing opportunities for training and employment for young adult carers who face barriers to employment and education specifically due to caring roles.

A new Centre 33 hub in Cambridge

In September 2024, following a detailed feasibility exercise demonstrating the unsuitability of our current small support hub (33 Clarendon Street) to meet the growing needs for local young people, Centre 33 purchased a new Cambridge property (4a Newmarket Road). The £915,000 purchase cost was funded by two grants received in 2024/25 totaling £625,000 and a contribution from the future sale of our existing property in Clarendon Street. The new property requires significant refurbishment before it can open, and Centre 33 is currently fundraising for the costs of the necessary building work.

Centre 33 has performed a comprehensive risk assessment and detailed financial planning related to this project. Funding status, forecast expenditure and cash projections are reviewed regularly. This is an ambitious capital project, but one that Centre 33 is in a solid position to deliver. The aim is to start building work in the Autumn of 2025 and to open the new hub in the 2026/27 financial year

Fullscope

Centre 33 is a founding member of Fullscope (fullscopecollaboration.org.uk) and became its host organisation in July 2020. Fullscope is a collective of Cambridgeshire-based voluntary sector organisations working to deliver comprehensive support packages for children and young people aged 0-25 across Cambridgeshire to address mental health challenges.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

As host, Centre 33:

- Acts as the legal entity for employing necessary staff (namely Programme Director, Project Manager and staff with specialist expertise such Data Analyst and Communication Lead).
- Holds Fullscope funds and ensures they are used in accordance with agreed project budgets.
- Provides financial management.
- Is accountable to the National Lottery Community Fund and other project funds.
- Provides infrastructure and physical space to work and develop the collaboration's work.

In 2024/25, Fullscope:

- Enabled over 70 professionals to participate at an inaugural 'An Invitation to Think' seminar in June 2024, a successful day filled with energising conversations delivering long lasting ripple effects across the system.
- Launched www.helpyouhelpthem.org.uk, a co-produced resource with young people for young people.
- Continued projects looking at the system's pressure points and worked with colleagues to break down barriers for access, including further developing the offer to professionals to support their understanding of self-harm in young people and expanding our CB4ward project experiment.
- Worked with the East Cambridgeshire Integrated Neighbourhood to listen to over 1000 children's voices asking, 'What Matters to you'. The Mapping Soham Stories brings together co-production work and strategic influencing work.
- Continued as active participants in the Voluntary Sector Network's steering group, making important strategic steps towards greater representation at Board level and wider engagement across the VCSE.

Fundraising

We continue to be inspired by the strategic partners, individuals and organisations who funded our work supporting young people. Centre 33's income has seen strong growth in recent years and wants to further diversify its funding streams to ensure long-term financial sustainability. This year the fundraising team worked with the Senior Leadership Team to develop, refine and execute a change in strategic direction in fundraising, as laid out in the 5-year plan. Increases were achieved in both unrestricted and overall income. The organisation continued to use contractors to support with grants/trusts applications who were monitored through regular meetings and regular check-ins to ensure they adhered to the charity's values.

Centre 33 has strict standards for how donors are stewarded, and their personal data is secure and protected under GDPR legislation and our privacy notice. Throughout the year Centre 33 has received no complaints about fundraising activity. Centre 33 has not previously been required to register with the Fundraising Regulator; but during this financial year evaluated the regulator's Code of Fundraising Practice and is putting in place processes and policies to ensure that all aspects of the Code are embedded in our fundraising activity prior to an application to the regulator.

FINANCIAL REVIEW

Key Results

In 2024/25:

- Income totalled £3,792,668 (£3,020,014 in 2023/24)
- Expenditure totalled £3,275,527 (£2,937,627 in 2023/24)
- This resulted in a positive net movement in funds for the year of £517,141 (positive movement of £82,387 in 2023/24)

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Income

Income, excluding capital donations, increased slightly year on year with some new contracts and grants secured and increased unrestricted income. Centre 33 remains extremely grateful to those organisations and individuals who funded our work, without whom the achievements within the year would not have been possible.

Expenditure

Costs have increased slightly year on year due to increasing staff costs. Staff costs, which in the main relate to direct service delivery, account for 80% (80% in 2023/24) of total expenditure.

Assets and Liabilities

At 31 March 2025, Centre 33 had:

- Total funds/net assets of £1,501,401 (£984,260 at 31 March 2024).
- Fixed assets of £1,089,479 (£186,880 at 31 March 2024). This comprises the newly acquired property at 4a Newmarket Road, the Clarendon Street property (valued at historic cost) and the refurbishment of the Peterborough and Huntingdon offices.
- Current assets of £933,086 (£1,015,732 at 31 March 2024). Of this, £797,574 (£963,546 at 31 March 2024) was cash.
- Creditors of £521,164 (£218,352 at 31 March 2024) which includes deferred income of £300,253 (£52,275 at 31 March 2024).

Pensions

Centre 33's pension scheme is operated through Creative Pension Trust. All staff are auto enrolled under the current legislation. The scheme does not carry a liability.

Reserves policy

The Trustees have resolved that the Charity should aim to keep a level of free reserves equal to between two and three months average expenditure. Centre 33 can deviate from this policy in exceptional circumstances which must be signed off by the FRSC. Reserves will then be managed to return to be compliant with policy within a reasonable timeline, as agreed by FRSC, following the period of exceptional circumstance.

This policy is based on a thorough review of risks and needs. In developing this policy, Trustees have considered the following:

- The priority of spending incoming funds on meeting the organisation's core strategic purpose
- The requirement to ensure essential services for vulnerable beneficiaries are maintained if any funding streams are reduced / removed, large, unexpected expenses materialise or a short-term deficit in cashflow materialises
- The importance of scaling reserves with the growth of the organisation
- The desire to maintain flexibility to future opportunities and to launch new initiatives
- The ownership of a freehold property that could be sold in the medium-term to leverage additional funds.

Trustees and management do not want to hold surplus funds unnecessarily, but believe long-term sustainability is paramount to beneficiaries and therefore on balance are comfortable that this policy is appropriate for the organisation.

The reserves levels are reviewed on an annual basis as a minimum, at Board level, and whenever deemed necessary appropriate action is taken so that the reserves level complies with this policy.

Unrestricted Reserves

At 31 March 2025, Centre 33 held unrestricted reserves of £1,337,370 (£733,093 at 31 March 2024).

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

It is important to note that £983,667 of this total can only be realised through the disposal of two tangible fixed assets, namely our Cambridge premises (33 Clarendon Street and 4a Newmarket Road). In addition, £105,812 represents the remaining carrying value of tangible fixed assets held by Centre 33 for operational use to carry out its activities.

This leaves free reserves amounting to £247,891.

Major changes in 2024/25 included purchasing 4a Newmarket Road, funded by a combination of grants and a contribution from the future sale of our existing property in Clarendon Street. Centre 33 is currently fundraising for the costs of refurbishment so we can open the new property as a fit-for-purpose young people's support hub and sell Clarendon Street. During this period of transition, the Trustees approved a plan to deviate from our normal reserves targets of between two and three months' average expenditure. We have secured a bank overdraft to support cashflow and reserves will be managed to return to our target upon the sale of Clarendon Street which is held at a book cost significantly below its realisable value.

Restricted Reserves

At 31 March 2025, Centre 33 held restricted reserves of £164,031 (£251,167 at 31 March 2024).

Restricted reserves are funds which have been given by funders for a particular service. The charity is unable to use these funds outside of the agreed purpose.

These funds relate to unspent amounts ongoing projects within the 'Someone to Talk to' and Fullscope services

No restricted funds were in deficit.

Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Documentation and Constitution

Centre 33 constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is also a registered charity. It is governed by its Articles of Association.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Appointment, Induction and Training of Trustees

Trustee recruitment is managed by the HR Sub-Committee.

In selecting a person to be appointed as a trustee, consideration is given to how their residence, occupation, employment, special knowledge, and personal or professional qualifications may contribute to delivering against the objects of the charity. A periodic trustees' skills audit is also conducted to assess any areas where additional expertise may be required.

The minimum number of trustees is three and the maximum is fifteen.

New Trustees are elected by the Board of Trustees at the Annual General Meeting.

All new Trustees are provided with comprehensive induction and training to become familiar with their roles and responsibilities and Centre 33's work. This includes meeting with key staff and receipt of an induction pack containing copies of key policies and documents and a copy of the Good Trustee Guide.

Following their appointment, Centre 33 provides trustees with ongoing training as appropriate.

Organisational structure and decision-making policies

The Trustees of Centre 33 are responsible for the overall direction and management of the Charity.

The Board of Trustees meets regularly throughout the year to discuss and decide on issues affecting the Charity, delegating appropriate matters to its sub-committees and operational management to the Chief Executive Officer.

Trustees are required to disclose all relevant interests and declare potential conflicts of interest at each Trustee meeting which is then recorded in the minutes.

The core Senior Leadership Team consists of the Chief Executive Officer, Deputy Chief Executive Officer, Director of Finance and HR, Director of Partnerships & Development and Head of Operations, Projects and Communication, with a wider SLT including Head of Quality & Impact and Director of Services.

The Senior Management Team includes the Senior Leadership Team as well as Clinical Leads, Service Leads and specialist managers.

Volunteers

Centre 33 would not be able to deliver its services without the skills, dedicated support, and commitment of its volunteers. In 2024/25, the organisation was supported by over 50 volunteers. Most volunteer activity relates to the delivery of counselling and support services to young people. These volunteers are supported by specialist supervision in addition to the general volunteer support package. Some volunteers provide practical support in running and maintaining services. Volunteers receive full induction as well as on-going training and support during their time at Centre 33.

Pay policy for key management personnel

External benchmarking has established a salary framework for all roles across Centre 33. The board agrees the annual pay increases for the whole staff group, in line with the financial performance of the charity.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Related party relationships

Centre 33 has no related party arrangements to disclose.

Risk management

Risks are identified, monitored, managed, and recorded in a Risk Log.

The Board of Trustees oversees the development and implementation of the risk management strategy. The Board and Senior Leadership Team review the Risk Log annually to confirm that the major risks have been identified correctly and that controls are in place to manage them. The HR Sub-Committee reviews on a quarterly basis.

The Finance and Risk Sub-Committee is responsible for the ongoing monitoring of the Risk Log to ensure that all significant risks are identified and prioritised and that appropriate controls and actions are in place and will highlight significant changes to the Board of Trustees.

Centre 33's Senior Leadership Team is responsible for ensuring that the risk management policy is implemented and for co-ordinating risk management activity across Centre 33.

Principal current risks have been influenced by inflation, increasing demand, organisation growth, the employment market, and the long-term sustainability of funding.

Principal Risks and Uncertainties

In 2025/26 principal risks have been identified in the following areas:

Increase needs and distress experienced by young people

There is worrying evidence that rates of mental distress have risen sharply amongst young people and the increase in cost of living has disproportionately affected some young people. Centre 33 monitors the increase in severity and demand of young people needs; it shares this knowledge locally; and develops partnership responses to respond to increase demand or emerging new needs of young people.

Staff Recruitment and Retention (including inflationary pressures on salaries)

Recruitment in social care is a challenge across the UK. There are many factors influencing this situation including unprecedented levels of inflation, a tough labour market, and the changes in general working patterns, a concern regarding job security, and the subsequent changes in employment patterns within some social care settings. Centre 33 has found that its salaries have dropped behind market rates which finds creates challenges to recruiting and retain quality staff to meet its growth in funding.

Young Peoples Support Hubs and office hubs

Change to - The growth in Centre 33 over the last few years has meant that our Cambridge premises are no longer fit for purpose. This year we purchased a new premises in Cambridge. We are fundraising for refurbishment costs which we hope to complete in 2026.

PLANS FOR FUTURE PERIODS

Centre 33 has developed a multi-year Strategic Plan (April 2022 - March 2028). This plan has four overarching strategic goals.

Impact goals

- All young people across Cambridgeshire and Peterborough can receive holistic support that is accessible, high quality, impactful, targeted and led by them.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

- Centre 33 advocates for positive change for young people through dissemination of knowledge and best practice, and collaborative working to ensure high levels of understanding of their needs and clear pathways of support.

Enabling goals

- Centre 33's workforce and governance is high quality, stable and diverse: working in quality community-based hubs and practices.
- Centre 33 has financial stability over this five-year period; achieved through a clear vision, adequate resources, complies with best practice and legal requirements; and an established funding mix.

Priorities

- Continue to ensure that contract/grant requirements are fulfilled
- Progress our three influencing priorities, with a particular focus on young people participation.:
 - Ensuring local services support young people up to 25
 - Ensuring all support is person-centered and holistic (both practical and emotional needs)
 - Championing accessibility particularly for vulnerable targeted groups
- Establish our new and more fit for purpose Cambridge Young People's Support Hub.
- Raise sufficient funding to maintain our current delivery of services and our ambitions and progress the fundraising vision to ensure a more flexible and sustainable funding mix.
- Review Centre 33 working with a focus on how digital tools could enhance young people and staff's experience.
- Ensure staff receive a fair salary

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Disclosure of information to auditors

Each of the persons who are Trustees at the time when this Trustees' Report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditors are unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Philip Windred

P Windred
Trustee

Date: 10 October 2025

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE**

OPINION

We have audited the financial statements of Centre Thirty Three Young People's Counselling and Information Service (the 'charity') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

OTHER INFORMATION

The other information comprises the information included in the Annual Report other than the financial statements and our Auditor's Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the senior statutory auditor ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the Charity through discussions with Trustees and other management, and from our knowledge and experience of the sector;
- we obtained an understanding of the legal and regulatory framework applicable to the Charity and how the Charity is complying with that framework;
- we obtained an understanding of the Charity's policies and procedures on compliance with laws and regulations, including documentation of any instances of non-compliance;
- we identified which laws and regulations were significant in the context of the Charity. The Laws and regulations we considered in this context were Companies Act 2006, Charities Act 2011 and taxation legislation. We assessed the required compliance with these laws and regulations as part of our audit procedures on the related financial statement items;
- in addition, we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which might be fundamental to the Charity's ability to operate or to avoid material penalty; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

As a result of the above risk assessment procedures we identified the greatest risk of material misstatement on the financial statements arising from irregularities and fraud to be within the potential for management to override controls together with the risk of fraudulent revenue recognition. We considered the risk of fraudulent revenue recognition to be most prevalent in the cut-off of revenue. We:

- performed analytical procedures to identify any unusual or unexpected relationships; and
- performed audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business;
- we evaluated the assumptions and judgements used by management within significant accounting estimates and assessed whether these indicated evidence of management bias;
- we used Audit Data Analytics to review the client data for unusual trends/anomalies; and
- performed substantive testing for a sample of transactions from client grant/donation/CRM records to supporting documentation and receipts to ensure that all income was appropriately recognised in the correct period and any restrictions appropriately recognised.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reviewing minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditor's Report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

USE OF OUR REPORT

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

Michael Hewett (Senior Statutory Auditor)

for and on behalf of

PEM Audit Limited

Registered Auditor

Salisbury House

Station Road

Cambridge

CB1 2LA

Date: 10 October 2025

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2025

	Note	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
INCOME FROM:					
Donations and legacies	3	196,224	652,000	848,224	255,068
Charitable activities	4	2,496,596	423,744	2,920,340	2,744,841
Other trading activities	5	14,312	-	14,312	7,180
Other income	6	9,792	-	9,792	12,925
TOTAL INCOME		2,716,924	1,075,744	3,792,668	3,020,014
EXPENDITURE ON:					
Raising funds	7	55,167	-	55,167	188,456
Charitable activities	8	2,657,890	562,470	3,220,360	2,749,171
TOTAL EXPENDITURE		2,713,057	562,470	3,275,527	2,937,627
NET INCOME		3,867	513,274	517,141	82,387
Transfers between funds	16	600,410	(600,410)	-	-
NET MOVEMENT IN FUNDS		604,277	(87,136)	517,141	82,387
RECONCILIATION OF FUNDS:					
Total funds brought forward		733,093	251,167	984,260	901,873
Net movement in funds		604,277	(87,136)	517,141	82,387
TOTAL FUNDS CARRIED FORWARD		1,337,370	164,031	1,501,401	984,260

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 21 to 43 form part of these financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)
REGISTERED NUMBER: 03725494

BALANCE SHEET
AS AT 31 MARCH 2025

	Note	2025 £	2025 £	2024 £	2024 £
FIXED ASSETS					
Tangible assets	13		1,089,479		186,880
CURRENT ASSETS					
Debtors	14	135,512		52,186	
Cash at bank and in hand		797,574		963,546	
		933,086		1,015,732	
CURRENT LIABILITIES					
Creditors: amounts falling due within one year	15	(521,164)		(218,352)	
NET CURRENT ASSETS			411,922		797,380
TOTAL NET ASSETS			1,501,401		984,260
CHARITY FUNDS					
Restricted funds	16		164,031		251,167
Unrestricted funds	16		1,337,370		733,093
TOTAL FUNDS			1,501,401		984,260

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

Philip Windred

P Windred
Trustee

Date: 10 October 2025

The notes on pages 21 to 43 form part of these financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2025

	Note	2025 £	2024 £
CASH FLOWS FROM OPERATING ACTIVITIES			
Net cash from operating activities	18	766,212	208,633
CASH FLOWS FROM INVESTING ACTIVITIES			
Purchase of tangible fixed assets	13	(932,184)	(25,110)
NET CASH USED IN INVESTING ACTIVITIES		(932,184)	(25,110)
CHANGE IN CASH AND CASH EQUIVALENTS IN THE YEAR		(165,972)	183,523
Cash and cash equivalents at the beginning of the year		963,546	780,023
CASH AND CASH EQUIVALENTS AT THE END OF THE YEAR	19	797,574	963,546

The notes on pages 21 to 43 form part of these financial statements

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

1. GENERAL INFORMATION

Centre Thirty Three Young People's Counselling & Information Service is a charitable company limited by guarantee and incorporated in England and Wales. It's registered office and principal place of business is 33 Clarendon Street, Cambridge, CB1 1JX.

2. ACCOUNTING POLICIES

2.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Its functional and presentational currency is GBP. The figures are rounded to the nearest pound.

Centre Thirty Three Young People's Counselling and Information Service meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 GOING CONCERN

The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for a period of at least 12 months from the date of approval of these accounts. In making this assessment they have made due regard to secured and pipeline funding and planned charitable activities. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

2. ACCOUNTING POLICIES (CONTINUED)

2.3 INCOME

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued. Grants related to general activities are included within Income from donations and legacies and grants related to service delivery are included within income from charitable activities.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold.

Where the donated good is a fixed asset, it is measured at fair value, unless it is impractical to measure this reliably, in which case the cost of the item to the donor should be used. The gain is recognised as income from donations and a corresponding amount is included in the appropriate fixed asset class and depreciated over the useful economic life in accordance with the Charity's accounting policies.

On receipt, donated professional services and facilities are recognised on the basis of the value of the gift to the Charity which is the amount it would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Other income is recognised in the period in which it is receivable and to the extent the goods have been provided or on completion of the service.

2.4 EXPENDITURE

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes fundraising costs for seeking donations and legacies, including trading which can include events. Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives as well the costs of negotiating for initial contracts/applying for grants which require the charity to provide specific charitable activities well as associated support costs.

All expenditure is inclusive of irrecoverable VAT.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

2. ACCOUNTING POLICIES (CONTINUED)

2.5 TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets costing £1,500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

No depreciation is provided on the freehold building at Clarendon Street. It is the policy of the Trustees to maintain this building in such condition that its useful economic life is indeterminate. In the opinion of the Trustees, this policy results in the residual value of the property (by reference to the price ruling at the time of acquisition) being not less than its present value in the accounts. Consequently, no depreciation is charged on this property.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

Leasehold additions	- over the lease term
Plant and machinery	- 10%
Fixtures and fittings	- 25%
Office equipment	- 25%

2.6 DEBTORS

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.7 CASH AT BANK AND IN HAND

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.8 LIABILITIES AND PROVISIONS

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

2. ACCOUNTING POLICIES (CONTINUED)

2.9 FINANCIAL INSTRUMENTS

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.10 OPERATING LEASES

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight-line basis over the lease term.

2.11 PENSIONS

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.12 FUND ACCOUNTING

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. Where possible, an allocation of the costs of administering such funds is charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

3. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £
Donations	192,224	27,000	219,224
Grants	4,000	625,000	629,000
	<u>196,224</u>	<u>652,000</u>	<u>848,224</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

3. INCOME FROM DONATIONS AND LEGACIES (CONTINUED)

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Donations	111,209	127,859	239,068
Grants	16,000	-	16,000
	<u>127,209</u>	<u>127,859</u>	<u>255,068</u>

Donated services of trained volunteer counsellors to assist the charity with counselling services are valued at £12,389 (2024: £13,775). The value of these services is recognised within incoming resources as a donation, and an equivalent charge includes within expenditure on charitable activities.

The Charity also benefits from support from volunteers to assist with general administration. In accordance with the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the accounts as it cannot be reliably measured.

Grants received, included in the above, are as follows:

	2025 £	2024 £
The Pye Foundation	4,000	4,000
Buckles Solicitors	-	10,000
City & University Cambridge Masonic Trust	-	2,000
The Evelyn Trust - Cambridge Hub	500,000	-
The John Apthorp Charity - Cambridge Hub	125,000	-
	<u>629,000</u>	<u>16,000</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

4. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £
Young Carers Services - grant income	-	31,711	31,711
Young Carers Services - contracted income	495,060	-	495,060
Someone to Talk to - grant income	-	178,548	178,548
Someone to Talk to - contracted income	1,817,503	-	1,817,503
Schools - contracted income	184,033	-	184,033
Fullscope - grant income	-	173,485	173,485
Fullscope - contracted income	-	40,000	40,000
	<u>2,496,596</u>	<u>423,744</u>	<u>2,920,340</u>

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Young Carers Services - grant income	-	57,523	57,523
Young Carers Services - contracted income	484,766	-	484,766
Someone to Talk to - grant income	-	471,557	471,557
Someone to Talk to - contracted income	1,361,661	-	1,361,661
Schools - contracted income	177,304	-	177,304
Fullscope - grant income	-	152,030	152,030
Fullscope - contracted income	-	40,000	40,000
	<u>2,023,731</u>	<u>721,110</u>	<u>2,744,841</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

Grants received, included in the above, are as follows:

	2025 £	2024 £
John Huntingdon's Charity	4,092	4,092
Cambridge Community Foundation	10,119	47,831
Cambridgeshire County Council	-	1,100
Wright's Clock Land	4,500	4,500
Simon Gibson Charitable Trust	10,000	-
Bishop Laney's Charity	3,000	-
Young Carers Services - grant income	31,711	57,523
Peterborough City Council	-	274,000
Screwfix Foundation	-	5,310
Govia Thameslink	10,000	-
Ivy Mary Macfie Charitable Fund	3,000	-
Cambridge City Council Homelessness Prevention Grant	44,000	40,000
Cambridge City Council - Community Grants	47,000	-
Cambridgeshire County Council Community Grants	-	46,000
Cambridge Masonic Trust	-	1,750
Prudence Trust	50,956	-
Ely Trinity Dole	2,000	2,000
Thomas Parsons Charity	-	5,000
ECU Trust	-	5,000
Harry Cureton Charitable Trust	7,292	-
The King Baudouin Foundation	-	31,502
Wright's Clock Land	4,200	-
Huntingdon Freeman's Trust	10,100	40,416
Cambridgeshire Community Foundation	-	20,000
Anonymous/Other	-	579
Someone to Talk to - grant income	178,548	471,557
The National Lottery Community Fund - Partnership London South East Region	168,485	149,300
Ely South Primary Care Network	5,000	-
NHS Cambridgeshire and Peterborough ICB	-	2,730
Fullscope - grant income	173,485	152,030

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

5. INCOME FROM OTHER TRADING ACTIVITIES

Income from non charitable trading activities

	Unrestricted funds 2025 £	Total funds 2025 £
Rental income, recharges and management fees	14,312	14,312
	Unrestricted funds 2024 £	Total funds 2024 £
Rental income, recharges and management fees	7,180	7,180

6. OTHER INCOMING RESOURCES

	Unrestricted funds 2025 £	Total funds 2025 £
Deposit account interest	9,792	9,792
	Unrestricted funds 2024 £	Total funds 2024 £
Deposit account interest	12,925	12,925

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

7. EXPENDITURE ON RAISING FUNDS

COSTS OF RAISING VOLUNTARY INCOME

	Unrestricted funds 2025 £	Total funds 2025 £
Fundraising	27,933	27,933
Wages and salaries	23,907	23,907
National insurance	2,214	2,214
Pension costs	1,113	1,113
	55,167	55,167
	Unrestricted funds 2024 £	Total funds 2024 £
Fundraising	89,353	89,353
Wages and salaries	88,468	88,468
National insurance	7,047	7,047
Pension costs	3,588	3,588
	188,456	188,456

During the year the Trustees reviewed the method of apportionment of costs of generating voluntary income. From 2025 these have been better aligned to reflect that much of the income generated is within income from charitable activities and accordingly these costs are now included within direct charitable expenditure. The 2024 comparatives are therefore not on a like-for-like basis.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

8. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

Summary by fund type

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Young Carers Services	544,238	57,711	601,949
Someone to Talk to	1,929,437	263,212	2,192,649
Schools	184,215	-	184,215
Fullscope	-	241,547	241,547
	<u>2,657,890</u>	<u>562,470</u>	<u>3,220,360</u>

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Young Carers Services	305,953	108,882	414,835
Someone to Talk to	1,496,827	504,232	2,001,059
Schools	139,871	-	139,871
Fullscope	-	193,406	193,406
	<u>1,942,651</u>	<u>806,520</u>	<u>2,749,171</u>

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES

	Activities undertaken directly 2025 £	Support costs 2025 £	Total funds 2025 £
Young Carers Services	594,786	7,163	601,949
Someone to Talk to	2,165,505	27,144	2,192,649
Schools	181,712	2,503	184,215
Fullscope	238,643	2,904	241,547
	<u>3,180,646</u>	<u>39,714</u>	<u>3,220,360</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

	Activities undertaken directly 2024 £	Support costs 2024 £	Total funds 2024 £
Young Carers Service	405,666	9,169	414,835
Someone to Talk to	1,969,917	31,142	2,001,059
Schools	136,863	3,008	139,871
Fullscope	190,147	3,259	193,406
	<u>2,702,593</u>	<u>46,578</u>	<u>2,749,171</u>

ANALYSIS OF DIRECT COSTS

	Young Carers Services 2025 £	Someone to talk to 2025 £	Schools 2025 £	Fullscope 2025 £	Total funds 2025 £
Staff costs	534,108	1,739,949	173,455	126,054	2,573,566
Office costs	16,530	125,097	4,253	40,863	186,743
Property costs	17,970	154,506	-	-	172,476
Service costs	10,139	57,765	108	70,073	138,085
Other staff costs	16,039	88,188	3,896	1,653	109,776
	<u>594,786</u>	<u>2,165,505</u>	<u>181,712</u>	<u>238,643</u>	<u>3,180,646</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

ANALYSIS OF DIRECT COSTS (continued)

	Young Carers Services 2024 £	Someone to talk to 2024 £	Schools 2024 £	Fullscope 2024 £	Total funds 2024 £
Staff costs	360,136	1,604,428	133,016	142,194	2,239,774
Office costs	6,814	135,180	2,196	6,055	150,245
Property costs	16,319	144,329	-	-	160,648
Service costs	15,918	34,062	133	40,061	90,174
Other staff costs	6,479	51,918	1,518	1,837	61,752
	<u>405,666</u>	<u>1,969,917</u>	<u>136,863</u>	<u>190,147</u>	<u>2,702,593</u>

ANALYSIS OF SUPPORT COSTS

	Young Carers Services 2025 £	Someone to talk to 2025 £	Schools 2025 £	Fullscope 2025 £	Total funds 2025 £
Legal and professional fees (governance)	3,073	11,646	1,074	1,246	17,039
Auditors' remuneration (governance)	3,760	14,245	1,313	1,524	20,842
Auditors' remuneration - non audit (governance)	330	1,253	116	134	1,833
	<u>7,163</u>	<u>27,144</u>	<u>2,503</u>	<u>2,904</u>	<u>39,714</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

ANALYSIS OF SUPPORT COSTS (continued)

	Young Carers Services 2024 £	Someone to talk to 2024 £	Schools 2024 £	Fullscope 2024 £	Total funds 2024 £
Legal and professional fees (governance)	6,105	20,735	2,003	2,170	31,013
Auditors' remuneration (governance)	2,237	7,599	734	795	11,365
Auditors' remuneration - non audit (governance)	827	2,808	271	294	4,200
	<u>9,169</u>	<u>31,142</u>	<u>3,008</u>	<u>3,259</u>	<u>46,578</u>

Legal and professional governance costs are allocated to each activity. Auditors' remuneration is allocated to charitable activities in proportion to charitable income generated by those activities.

10. AUDITOR'S REMUNERATION

The auditor's remuneration (inclusive of VAT) amounts to an auditor fee of £19,800 (2024 - £20,400), and preparation of the statutory financial statements of £2,200 (2024 - £4,200) and tax compliance services of £nil (2024 - £660).

11. STAFF COSTS

	2025 £	2024 £
Wages and salaries	2,289,905	2,054,680
Social security costs	206,686	187,509
Pension costs	104,209	96,688
	<u>2,600,800</u>	<u>2,338,877</u>

During the year, one employee (2024: No employees) was made redundant as part of a minor restructuring. Termination payments amounted to £1,483 (2024: £NIL) of statutory redundancy pay.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

11. STAFF COSTS (CONTINUED)

The average number of persons employed by the Charity during the year was as follows:

	2025 No.	2024 No.
Young Carers Services	11	11
Someone to Talk to	39	36
Schools	5	7
Trainees	1	3
Central (including fundraising)	24	24
Fullscope	3	3
	<u>83</u>	<u>84</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025 No.	2024 No.
In the band £60,001 - £70,000	-	1
In the band £70,001 - £80,000	1	-

Key management personnel are those persons having authority and responsibility for planning, directing and controlling the activities of the Charity. Of the Senior Leadership Team, this consists of the Chief Executive Officer. The aggregate cost of key management remuneration (inclusive of employer NIC and pension contributions) was £84,580 (2024 - £77,860). Remuneration for key management personnel is set using industry benchmarking and overseen by the Chair.

12. TRUSTEES' REMUNERATION AND EXPENSES

During the year, no Trustees received any remuneration or other benefits (2024 - £NIL).

During the year ended 31 March 2025, expenses totaling £179 were reimbursed or paid directly to 3 Trustees (2024 - £22 to 1 Trustee). The expenses related to trustee training and meeting expenses.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

13. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold additions £	Motor vehicles £	Fixtures and fittings £	Office equipment £
COST					
At 1 April 2024	61,561	109,782	10,997	82,125	22,833
Additions	922,106	-	-	10,078	-
At 31 March 2025	<u>983,667</u>	<u>109,782</u>	<u>10,997</u>	<u>92,203</u>	<u>22,833</u>
DEPRECIATION					
At 1 April 2024	-	17,640	10,997	48,948	22,833
Charge for the year	-	12,652	-	16,933	-
At 31 March 2025	<u>-</u>	<u>30,292</u>	<u>10,997</u>	<u>65,881</u>	<u>22,833</u>
NET BOOK VALUE					
At 31 March 2025	<u>983,667</u>	<u>79,490</u>	<u>-</u>	<u>26,322</u>	<u>-</u>
At 31 March 2024	<u>61,561</u>	<u>92,142</u>	<u>-</u>	<u>33,177</u>	<u>-</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

13. TANGIBLE FIXED ASSETS (CONTINUED)

	Total £
COST	
At 1 April 2024	287,298
Additions	932,184
At 31 March 2025	1,219,482
DEPRECIATION	
At 1 April 2024	100,418
Charge for the year	29,585
At 31 March 2025	130,003
NET BOOK VALUE	
At 31 March 2025	1,089,479
At 31 March 2024	186,880

All the charity's assets were used in furtherance of the charity's objectives. The freehold properties (33 Clarendon Street, Cambridge and 4a Newmarket Road, Cambridge) are shown at cost.

14. DEBTORS

	2025 £	2024 £
DUE WITHIN ONE YEAR		
Trade debtors	92,265	22,160
Prepayments and accrued income	43,247	30,026
	135,512	52,186

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	38,505	29,194
Other taxation and social security	44,218	43,866
Other creditors	18,461	16,584
Accruals and deferred income	419,980	128,708
	521,164	218,352
	2025	2024
	£	£
Deferred income at 1 April 2024	52,275	261,481
Resources deferred during the year	300,253	52,275
Amounts released from previous periods	(52,275)	(261,481)
	300,253	52,275

Grants and contracts received in advance refers to payments received on account for contracts or performance-related grants.

Deferred income is income, other than that described above, received in the year for services to be provided in the next financial period.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

16. STATEMENT OF FUNDS

STATEMENT OF FUNDS - CURRENT YEAR

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2025 £
UNRESTRICTED FUNDS					
DESIGNATED FUNDS					
33 Clarendon Street	61,561	-	-	-	61,561
4a Newmarket Road	-	-	-	922,106	922,106
Other fixed assets	125,319	-	-	(19,507)	105,812
	<u>186,880</u>	<u>-</u>	<u>-</u>	<u>902,599</u>	<u>1,089,479</u>
GENERAL FUNDS					
General Funds	546,213	2,716,924	(2,713,057)	(302,189)	247,891
	<u>733,093</u>	<u>2,716,924</u>	<u>(2,713,057)</u>	<u>600,410</u>	<u>1,337,370</u>
TOTAL UNRESTRICTED FUNDS					
RESTRICTED FUNDS					
Young Carers Services	-	57,711	(57,711)	-	-
Someone to Talk to	59,074	179,548	(238,622)	-	-
Fullscope	192,093	213,485	(241,547)	-	164,031
4a Newmarket Road	-	625,000	(24,590)	(600,410)	-
	<u>251,167</u>	<u>1,075,744</u>	<u>(562,470)</u>	<u>(600,410)</u>	<u>164,031</u>
	<u>984,260</u>	<u>3,792,668</u>	<u>(3,275,527)</u>	<u>-</u>	<u>1,501,401</u>
TOTAL OF FUNDS					

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

16. STATEMENT OF FUNDS (CONTINUED)

STATEMENT OF FUNDS - PRIOR YEAR

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2024 £
UNRESTRICTED FUNDS					
DESIGNATED FUNDS					
33 Clarendon Street	61,561	-	-	-	61,561
Other fixed assets	133,249	-	-	(7,930)	125,319
	<u>194,810</u>	<u>-</u>	<u>-</u>	<u>(7,930)</u>	<u>186,880</u>
GENERAL FUNDS					
General Funds	496,691	2,171,045	(2,131,107)	9,584	546,213
TOTAL UNRESTRICTED FUNDS	<u>691,501</u>	<u>2,171,045</u>	<u>(2,131,107)</u>	<u>1,654</u>	<u>733,093</u>
RESTRICTED FUNDS					
Young Carers Services	-	108,882	(108,882)	-	-
Someone to Talk to	24,028	548,057	(504,232)	(8,779)	59,074
Fullscope	186,344	192,030	(193,406)	7,125	192,093
	<u>210,372</u>	<u>848,969</u>	<u>(806,520)</u>	<u>(1,654)</u>	<u>251,167</u>
TOTAL OF FUNDS	<u><u>901,873</u></u>	<u><u>3,020,014</u></u>	<u><u>(2,937,627)</u></u>	<u><u>-</u></u>	<u><u>984,260</u></u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

16. STATEMENT OF FUNDS (CONTINUED)

RESTRICTED FUNDS

Young Carers Services

The charity receives various grants and donations which fund certain aspects of its work on the young carers project.

Someone to Talk to

Someone to Talk to is a free and confidential one-stop shop for young people who have mental health and practical needs. The service is for all young people but actively targets those experiencing mental health inequalities and barriers to accessing services. The most common needs we see are mental health/emotional wellbeing, homelessness, financial competence and safer sexual choices. The service also provides specialist mental health support through short-term, solution-focused counselling to young people.

The charity receives various grants and donations which are restricted for various projects within the Somone to Talk to charitable activities.

Fullscope

Fullscope is a consortium of seven local charities with a shared mission to improve mental health and wellbeing of children and young people in Cambridgeshire and Peterborough. Initially funded by The Big Lottery Fund the consortium was established in June 2019 and is managed by the members based on a Memorandum of Understanding. On 1 July 2020 Centre 33 went from a Partner to become the Lead Partner. As a result it is responsible for the income and expenses of the consortium. All income and expenses related to Fullscope are included within this fund.

DESIGNATED FUNDS

33 Clarendon Street

The fund represents the funds expended when the freehold property was purchased in 1991, along with subsequent costs.

4a Newmarket Road

The fund represents the funds expended when the freehold property was purchased in 2024, along with subsequent costs.

Other fixed assets

This fund represents the net book value of the charity's remaining tangible fixed assets. As these are used for operational purposes these funds are otherwise not freely available for use by the charity.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

ANALYSIS OF NET ASSETS BETWEEN FUNDS - CURRENT YEAR

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £
Tangible fixed assets	1,089,479	-	1,089,479
Current assets	769,055	164,031	933,086
Creditors due within one year	(521,164)	-	(521,164)
TOTAL	1,337,370	164,031	1,501,401

ANALYSIS OF NET ASSETS BETWEEN FUNDS - PRIOR YEAR

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Tangible fixed assets	186,880	-	186,880
Current assets	764,565	251,167	1,015,732
Creditors due within one year	(218,352)	-	(218,352)
TOTAL	733,093	251,167	984,260

18. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net income for the year (as per Statement of Financial Activities)	517,141	82,387
ADJUSTMENTS FOR:		
Depreciation charges	29,585	33,040
(Increase)/decrease in debtors	(83,326)	444,169
Increase/(decrease) in creditors	302,812	(350,963)
NET CASH PROVIDED BY OPERATING ACTIVITIES	766,212	208,633

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

19. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2025 £	2024 £
Cash in hand	797,574	963,546

20. ANALYSIS OF CHANGES IN NET DEBT

	At 1 April 2024 £	Cash flows £	At 31 March 2025 £
Cash at bank and in hand	963,546	(165,972)	797,574

21. PENSION COMMITMENTS

During the year the charity made contributions of £108,093 (2024: £96,688) to a defined contribution pension scheme for the benefit of employees. Employer contributions payable to the pension fund at the balance sheet date were £8,717 (2024: £8,465).

The basis for allocation of the cost between activities and funds is the same as for other costs, as described in the accounting policies.

22. OPERATING LEASE COMMITMENTS

At 31 March 2025 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2025 £	2024 £
Not later than 1 year	56,453	76,055
Later than 1 year and not later than 5 years	79,069	43,708
	135,522	119,763

23. RELATED PARTY TRANSACTIONS

During the year 5 (2024: 3) trustees made unconditional donations to the charity totaling £20,918 (2024: £630). There were no other related party transactions (2024: None).

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

24. CONTINGENT LIABILITIES

In 1991, Cambridge City Council advanced £17,000 to the Charity to enable it to buy the freehold property 33 Clarendon Street, Cambridge for the sum of £48,361. The was advanced on the condition that the building be only used for purposes specified in the Charity's objectives and that, in the event of the property being sold, an amount would be repayable, being the lower of £17,000 plus interest calculated at 2% below the base rate of Midland Bank and 17/66ths of the market value of the property, provided that, in the event of the £17,000 plus interest figure being the lower of the two, the difference between this and the 17/66ths figure is applied for the purposes of the Charity, otherwise the higher would be repayable. The contingent liability was released during the year and no contingent liability existed at the balance sheet date.

Accounts

Registered number: 03725494
Charity number: 1074974

**CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND
INFORMATION SERVICE**

(A Company Limited by Guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

CONTENTS

	Page
Reference and Administrative Details of the Company, its Trustees and Advisers	1
Trustees' Report	2 - 12
Independent Auditors' Report on the Financial Statements	13 - 17
Statement of Financial Activities	18
Balance Sheet	19
Statement of Cash Flows	20
Notes to the Financial Statements	21 - 42

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2024

Trustees	P Clarke
	E C Morgan-Tamosunas (resigned 21 November 2023)
	R L Holland (resigned 21 November 2023)
	E C Chamberlayne (resigned 21 November 2023)
	S Imrie
	P Windred
	E M Kamel
	S Owers
	A C Evans
	P Carrington (resigned 27 July 2023)
	S F Ferguson
	H Wade (appointed 28 March 2024)
	L Ruaux Brookes (appointed 28 March 2024)
	S Mitchell (appointed 28 March 2024)
	S Rehm (appointed 28 March 2024)
	K Robson (appointed 5 September 2023)

Company registered number 03725494

Charity registered number 1074974

Registered office 33 Clarendon Street
Cambridge
CB1 1JX

Operating Name Centre 33

Chief Executive Officer E Green

Independent auditors Peters Elworthy & Moore
Chartered Accountants
Statutory Auditors
Salisbury House
Station Road
Cambridge
CB1 2LA

Bankers Barclays Bank PLC
Benet Street Business Centre
PO Box 2
Cambridge
CB2 3PZ

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees who are also Directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

OBJECTIVES AND ACTIVITIES

Our Objectives

The charity's objectives are to relieve and prevent suffering caused by mental or physical ill health, or by financial hardship, or need caused by other reasons, through the provision of counselling, information, and other services for young people aged 25 and under in the City of Cambridge, the County of Cambridgeshire, the City of Peterborough and surrounding areas.

Our Public Benefit

Centre 33 carries out a range of activities in pursuance of its charitable aims. The Trustees consider that these activities comply with both Section 4 of the Charities Act 2011 and the Charity Commission's guide on public benefit. Centre 33 works to benefit both the young people who access its services and the wider community of Cambridgeshire and Peterborough.

Our Vision, Mission and Values

We opened our doors in 1981 to offer young people a safe space where they could receive free, confidential and professional support in a non-judgemental and welcoming setting.

We have grown but stay true to our founding principles in all our work. We believe young people deserve respect and excellent care and support, no matter what they come to us with.

We receive positive feedback from young people who say they feel they have been listened to, are taken seriously, and have a say in their own support which makes a difference to them. The wider sector also gives us positive feedback including commissioners who say we are a trusted and respected brand, valued for our focus on young people, data usage and local knowledge.

We are a team of over 100 staff and volunteers. We work across the county, in hubs, remotely, in schools and in the community with thousands of young people each year. Last year we directly supported nearly 4000 young people on a one-to-one basis. The charity received an income of £3.0m through a combination of contracts, charitable grants and donations.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Our **Vision** is:

- A future where all young people are listened to, respected and supported.

Our **Mission** in Cambridgeshire is:

- To offer young people support with practical issues and emotional needs that is free, confidential, empowering, easy-access and high quality.
- To actively work with other local services so that young people’s needs are met, and their voices are heard.

We apply the following **Values** to all our work and those we work with:

Young people led • We are led by young people’s needs and treat them as unique individuals • We believe in a strengths-based, humanistic approach to support • We trust and support young people to take a central part in deciding what support is right for them • We ask young people what they want from us and involve them in the decision making about our services	Striving for excellence • We care intensely about our work - we are committed to making a positive difference to the lives of young people • We demonstrate a high level of expertise in our fields • We research best practice and work to evidence based, benchmarked standards and measured outcomes • We are professionally curious and forward thinking - we seek feedback, self-reflect and continuously learn together from our experiences
Collaborative • We genuinely value our working community, our supporters and our volunteers • We support each other through challenges and prioritise wellbeing • We actively seek working collaborations with partners and communities for better outcomes for young people • We challenge systems that don't act in young people's interests and speak out on their behalf	Inclusive • We welcome all with no judgement • We are easy to approach, we don't turn away, we listen and support • We respect each other and our young people for our diverse experiences and qualities - everyone's views are important to us • We welcome and celebrate diversity

ACHIEVEMENTS AND PERFORMANCE

Centre 33 achieves its aims and supports young people across Cambridgeshire and Peterborough up to the age of 25 through:

1. Direct support to young people: Offering young people support with practical issues and emotional needs through a range of services that is free, confidential, empowering, easy-access and high quality.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

2. Proactive partnership: Actively working with other local services so that young people's needs are met, and their voices are heard.

'Our 'Someone to Talk to' Service (STTT)

Our 'Someone to Talk to' service is the cornerstone of our universal services. It supports young people aged 13-25 holistically on a range of presenting needs including mental health and emotional wellbeing, employment, education, finance, housing, relationships, sexual health.

It is a free, confidential, self-referral service which effectively targets and supports young people who are at higher risk of poor mental health; have complex needs; and/or are less able to engage with current services. The service mapped reach of specific groups of vulnerable young people (including ethnic minorities, young people with disability, LGBTQ+ young people, young carers, those experiencing socioeconomic disadvantage, housing need, and young people living in areas of deprivation) across all our services, 72% of the young people supported this year are in one or more of these groups. When looking specifically at young people accessing our STTT service and mental health interventions (i.e., excluding Young Carers), 64% of the young people supported are in one or more vulnerable groups.

The service offers free advice, assessment, and advocacy support to young people via open access drop-ins. The service aims to give young people access to information, raise awareness and support them to make timely and informed choices in their lives. The support offer includes access to engagement & support workers who can provide expertise around sexual health, housing, employment, emotional wellbeing as well as counsellors and Children's Wellbeing Practitioners who offer mental health interventions.

Our mental health interventions (Counselling and Guided Self-help wellbeing support are available to young people coming via the self-referral Someone to Talk to Drop in as well as YOUNited, a professional based referral pathway for a range of mental health services). Through all these offers of support, young people can access other professional help if more appropriate.

In 2023/24, 1,000 young people were supported through our Someone to Talk to open access drop in. 88% of young people presented with needs around their mental health & emotional wellbeing, 39% of young people sought help with issues around work, money, housing and poverty and 61% had needs around their relationships.

In 2023/24, 1,685 young people accessed counselling or guided self-help with Centre 33. Young people accessed this following coming to one of our Someone to Talk to drop ins or following a referral into YOUNited and being allocated to Centre 33 offer.

Looking at our paired CORE scores (Clinical Outcomes in Routine Evaluation – a measure of psychological distress and wellbeing that is used to monitor the progress and effectiveness of counselling) in 2023/2024, 56% of young people were in severe or moderately severe distress according to their earliest score when first seeking support from Centre 33. After accessing support, 73% of young people saw progress following the support they received and 91% of young people reported having made progress towards their goals.

Our 'Someone to Talk to' staff maintained and further developed strong partnerships during 2023/24 across the local children and young people's sector. For example, they:

- o Continued to be part of YOUNited, a key partnership that has enabled us to deliver mental health support to young people. YOUNited is made up of Cambridgeshire and Peterborough Foundation Trust, (CPFT), Cambridgeshire Community Services (CCS), Ormiston Families and Centre 33.
- o Worked jointly with providers of accommodation for young people in Cambridge City, enabling young people to be referred to and get access to housing to meet their needs.
- o Were part of the ICB commissioned Young People's Mental Health review looking at the needs of young people aged 16-25 and the possible solutions across the system.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

- o Continued to be a part of the Children & Young Peoples Emotional Wellbeing & Mental Health Board.
- o Continued to work with Youth Access, working alongside similar organisations to promote youth hubs and young people's holistic support to address their wide-ranging needs including mental health.
- o Continued to strengthen our hub network through our new hub in Huntingdon and the ongoing commitment to finding a new Cambridge hub to meet increased demand.
- o Following success in securing fund for 24/25 from the Responding to the Department of Health & Social Care Share Outcomes Fund, are looking to fund Early Intervention mental health hubs for young people through expanding the service, complying with their research and working with other hubs across the country.

Our Schools Counselling Provision

As well as providing counselling in our community based Someone to Talk to Hubs, Centre 33 provides counselling in many secondary schools across Cambridgeshire. This provides a safe place for young people to share their feelings and explore ways of overcoming their distress.

In 2023/24, Centre 33 provided counselling in 14 schools across Cambridgeshire including South Cambridgeshire, East Cambridgeshire, Cambridge, and St Neots. Over 400 young people received one-to-one counselling.

In 2023/24 72% of young people showed improvements in their mental health when completing CORE and 97% of young people reported having made progress towards their goals.

Our Young Carers Project

Centre 33 provides one-to-one support and advocacy for children and young people up to the age of 25 who take on practical and/or emotional caring responsibilities. The service aims to ensure that young carers have the same life chances, levels of wellbeing and voice as their peers by reducing the negative impact of caring responsibilities. It fulfils the statutory requirements to identify young carers needing support and offers young carer needs assessments and transition assessments into adulthood for young adult carers.

In 2023/24 our Young Carer Service:

- o Reached over 6,000 people through outreach work including Young Carers awareness raising training and assemblies/ PSHE Lessons (remote and in-person).
- o Provided support to over 1,130 young carers up to the age of 25, including an assessment of needs or one-to-one support, group support or access to trips & activities. Over 21% of young carers / young adult carers assessed were providing very high levels of care.
- o Enabled an improvement in the negative impact of caring responsibilities for 65% of secondary-aged young carers and 58% of primary-age young carers .
- o Trained and supported nearly 300 Young Carers Champions in School and Further Education Setting.
- o Launched a two-year pilot working with Young Adult Carers (16–25-year-olds) – providing assessment and support and creating opportunities to develop and respond to unmet needs.

Young Carers staff have developed strong partnerships across the local children and young people's sector. In 2023/24 they:

- o Continued to run a Young Carers Advisory Board with young carer representatives to give young carers a voice.
- o Built strong relationships and supported young carers champion roles within primary schools, secondary schools and in Further Education settings across Cambridgeshire and Peterborough. In Spring 2023 the success of this work was highlighted in the school census where number of identified Young Carers was recorded for the first time and Cambridgeshire was in the top 5 counties for identification of Young Carers.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

- o Continued to work in partnership with Cambridgeshire County Council and Peterborough City Council as well as health partners to help identify young carers and ensure the right support can be accessed.
- o Operated as the young carers lead within an All-Age Carers Contract for Cambridgeshire and Peterborough, feeding in Young Carers voice to the development of the LA All Age Carers Strategy and development of future carers service.
- o Developed strong links with Papworth Trust and Cambridge Skills, through the Young Adult Carers pilot, developing opportunities for training and employment for Young Adult Carers who face barriers to employment and education specifically due to caring roles.

Fullscope

Centre 33 is a founding member of Fullscope (fullscopecollaboration.org.uk) and became its host organisation in July 2020. Fullscope is a collective of Cambridgeshire-based voluntary sector organisations working to deliver comprehensive support packages for children and young people aged 0-25 across Cambridgeshire to address mental health challenges.

As host, Centre 33:

- o Acts as the legal entity for employing necessary staff (namely Programme Director, Project Manager and staff with specialist expertise such data analyst and communication leads).
- o Holds Fullscope funds and ensures they are used in accordance with agreed project budgets.
- o Provides financial management.
- o Is accountable to the National Lottery Fund and other project funds.
- o Provides infrastructure and physical space to work and develop the collaboration's work.

In 2023/24, Fullscope:

- o Led projects to look at the system's pressure points and worked with colleagues to break down barriers for access, including supporting a young person to co-chair the 16-25 transition steering group, further developing the offer to professionals to support their understanding to self-harm in young people, and starting a CB4 project experiment with family 1.
- o Worked with 2 supported accommodations to better understand young people's mental health needs.
- o Coordinated the voluntary sector mental health response, including co-facilitating the Thriving Partners forum, leading the self-assessment of the ITRIVE framework and the co-ordination and engagement with the Integrated Care System.
- o Reached out to vulnerable families and young people with the Creative Health Artscaping project.

Fundraising

Centre 33 has seen strong growth in recent years and wants to further diversify its income streams to ensure long-term financial sustainability. To support this in 2023/24, additional resources were brought into supplement and support the fundraising team and to work with Senior Leadership team to develop, refine and execute a change in strategic direction in fundraising, as laid out in the 5-year plan, with beneficial results forecast in the coming years. Centre 33 recruited a Director of Partnerships & Development who will oversee this work, as well as a Fundraising Administrator and fixed term Corporate Lead. The organisation continued to use contractors to support with grants/trusts applications who were monitored through regular meetings and regular check-ins to ensure they adhered to the charity's ethical fundraising policy.

Centre 33 has strict standards for how donors are stewarded, and their personal data is secure and protected under GDPR legislation and our privacy notice. Throughout the year Centre 33 has received no complaints about fundraising activity. Centre 33 has not previously been required to register with the Fundraising Regulator; but during this financial year evaluated the regulator's Code of Fundraising Practice and is putting in place processes and policies to ensure that all aspects of the Code are embedded in our fundraising activity prior to application to the regulator. Centre 33 is a member of the Chartered Institute of Fundraising.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

FINANCIAL REVIEW

Key Results

In 2023/24:

- Income totalled £3,020,014 (£2,861,484 in 2022/23)
- Expenditure totalled £2,937,627 (£3,060,517 in 2022/23)
- This resulted in a positive net movement in funds for the year of £82,387 (negative movement of £199,033 in 2022/23)

Income

Income has remained relatively stable year on year with some new contracts and grants secured and good progress made towards increasing unrestricted income in future years. Centre 33 remain extremely grateful to those organisations and individuals who funded our work, without whom the achievements within the year would not have been possible.

Expenditure

Costs have decreased slightly year on year, albeit with increasing staff costs. Staff costs, which in the main relate to direct service delivery, account for 80% (78% in 2022/23) of total expenditure.

Assets and Liabilities

At 31 March 2024, Centre 33 had:

- Total funds/net assets of £984,260 (£901,873 at 31 March 2023)
- Fixed assets of £186,880 (£194,810 at 31 March 2023). This comprises the Clarendon Street property valued at cost and the refurbishment of the Peterborough offices and Huntingdon offices.
- Current assets of £1,015,732 (£1,276,378 at 31 March 2023). Of this, £963,546 (£780,023 at 31 March 2023) was cash
- Creditors of £218,352 (£569,315 at 31 March 2023) which includes deferred income of £52,275 (£261,481 at 31 March 2023).

Pensions

Centre 33's pension scheme is operated through Creative Pension Trust. All staff are auto enrolled under the current legislation. The scheme does not carry a liability.

Reserves policy

The Trustees have resolved that the Charity should aim to keep a level of free reserves equal to between two and three months average expenditure.

This policy is based on a thorough review of risks and needs. In developing this policy, Trustees have considered the following:

- The priority of spending incoming funds on meeting the organisation's core strategic purpose
- The requirement to ensure essential services for vulnerable beneficiaries are maintained if any funding streams are reduced / removed, large, unexpected expenses materialise or a short-term deficit in cashflow materialises
- The importance of scaling reserves with the growth of the organisation
- The desire to maintain flexibility to future opportunities and to launch new initiatives

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

- The ownership of a freehold property that could be sold in the medium-term to leverage additional funds

Trustees and management do not want to hold surplus funds unnecessarily, but believe long-term sustainability is paramount to beneficiaries and therefore on balance are comfortable that this policy is appropriate for the organisation.

The reserves levels are reviewed on an annual basis as a minimum, at Board level, and whenever deemed necessary appropriate action is taken so that the reserves level complies with this policy.

Unrestricted Reserves

At 31 March 2024, Centre 33 held unrestricted reserves of £733,093 (£691,501 at 31 March 2023).

It is important to note that £61,561 of this total can only be realised through the disposal of a tangible fixed asset, namely our Cambridge premises (33 Clarendon Street). In addition, £125,319 represents the remaining carrying value of tangible fixed assets held by Centre 33 for operational use to carry out its activities.

This leaves free reserves amounting to £546,213.

Budgeted expenditure for 2024/25, including activities funded by restricted donations/grants but excluding Fullscope, is in the region of £3.1m and therefore target free reserves are in the range of £500k to £750k. The current free reserves are at the low end of this target and the Charity will continue to fundraise and seek further unrestricted funds. It is acknowledged that the unrestricted funds are not large and therefore need to be grown through investment in fundraising.

Restricted Reserves

At 31 March 2024, Centre 33 held restricted reserves of £251,167 (£210,372 at 31 March 2023).

Restricted reserves are funds which have been given by funders for a particular service. The charity is unable to use these funds outside of the agreed purpose.

These funds relate to unspent amounts ongoing projects within the Someone to Talk to and Fullscope services

No restricted funds were in deficit.

Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Documentation and Constitution

Centre 33 constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is also a registered charity. It is governed by its Articles of Association.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Appointment, Induction and Training of Trustees

Trustee recruitment is managed by the HR Sub-Committee.

In selecting a person to be appointed as a trustee, consideration is given to how their residence, occupation, employment, special knowledge, and personal or professional qualifications may contribute to delivering against the objects of the charity. A periodic trustees' skills audit is also conducted to assess any areas where additional expertise may be required.

The minimum number of trustees is three and the maximum is fifteen.

New Trustees are elected by the Board of Trustees at the Annual General Meeting.

All new Trustees are provided with comprehensive induction and training to become familiar with their roles and responsibilities and Centre 33's work. This includes meeting with key staff and receipt of an induction pack containing copies of key policies and documents and a copy of Good Trustee Guide.

Following their appointment, Centre 33 provides trustees with ongoing training as appropriate.

Organisational structure and decision-making policies

The Trustees of Centre 33 are responsible for the overall direction and management of the Charity.

The Board of Trustees meets regularly throughout the year to discuss and decide on issues affecting the Charity, delegating appropriate matters to its sub-committees and operational management to the Chief Executive Officer.

Trustees are required to disclose all relevant interests and declare potential conflicts of interest at each Trustee meeting which is then recorded in the minutes.

The core Senior Leadership Team consists of the Chief Executive Officer, Deputy Chief Executive Officer, Director of Finance and HR, Director of Partnerships & Development and Head of Operations, Projects and Communication, with a wider SLT including Head of Quality & Impact and Director of Services.

The Senior Management Team includes the Senior Leadership Team as well as Clinical Leads, Service Leads and specialist managers.

Volunteers

Centre 33 would not be able to deliver its services without the skills, dedicated support, and commitment of its volunteers. In 2023/24, the organisation was supported by over 50 volunteers. Most volunteer activity relates to the delivery of counselling and support services to young people. These volunteers are supported by specialist supervision in addition to the general volunteer support package. Some volunteers provide practical support in running and maintaining services. Volunteers receive full induction as well as on-going training and support during their time at Centre 33.

Pay policy for key management personnel

The Chair, Deputy Chair, Treasurer, and Chair of the HR Sub-Committee set the salary for the Chief Executive Officer and agrees the annual pay increases for the whole staff group, in line with the financial performance of the charity.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Related party relationships

Centre 33 has no related party arrangements to disclose.

Risk management

Risks are identified, monitored, managed, and recorded in a Risk Log.

The Board of Trustees oversees the development and implementation of the risk management strategy. The Board and Senior Leadership Team review the Risk Log annually to confirm that the major risks have been identified correctly and that controls are in place to manage them. The HR Sub-Committee reviews on a quarterly basis.

The Finance and Risk Sub Committee is responsible for the ongoing monitoring of the Risk Log to ensure that all significant risks are identified and prioritised and that appropriate controls and actions are in place and will highlight significant changes to the Board of Trustees.

Centre 33's Senior Leadership Team is responsible for ensuring that the risk management policy is implemented and for co-ordinating risk management activity across Centre 33.

Principal current risks have been influenced by inflation, increasing demand, organisation growth, the employment market, and the long-term sustainability of funding.

Principal Risks and Uncertainties

In 2023/24 the principal risks have been in the following areas:

Increase in distress experienced by young people

There is worrying evidence that rates of mental distress have risen sharply amongst young people, and that this, combined with deferred demand from the lockdown periods threatens to overwhelm services. Alongside this, the effect of the pandemic and increase in costs of living on young people's mental health has disproportionately affected some young people, and this threatens to exacerbate existing inequalities. The increase in severity of issues and demand is being monitored. Centre 33 is sharing knowledge and planning with partners across the sector to manage future demand.

Staff Recruitment and Retention (including inflationary pressures on salaries)

Recruitment in social care is a challenge across the UK. There are many factors influencing this situation including unprecedented levels of inflation, a tough labour market, and the changes in general working patterns, a concern regarding job security, and Brexit and the subsequent changes in employment patterns within some social care settings. Centre 33 finds it challenging to recruit and retain quality staff to meet its growth in funding.

Young Peoples Support Hubs and office hubs

The growth in Centre 33 over the last few years has meant that our Cambridge and Huntingdon premises are no longer fit for purpose. Service and staff needs have been reviewed and other premises are being sought. This year we moved into a new hub in Huntingdon and found a new hub for Cambridge.

PLANS FOR FUTURE PERIODS

Centre 33 has developed a multi-year Strategic Plan (April 2022 - March 2028). This plan has four overarching strategic goals.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Impact goals

- o All young people across Cambridgeshire and Peterborough can receive holistic support that is accessible, high quality, impactful, targeted and led by them.
- o Centre 33 advocates for positive change for young people through dissemination of knowledge and best practice, and collaborative working to ensure high levels of understanding of their needs and clear pathways of support.

Enabling goals

- o Centre 33's workforce and governance is high quality, stable and diverse: working in quality community-based hubs and practices.
- o Centre 33 has financial stability over this five-year period; achieved through a clear vision, adequate resources, complies with best practice and legal requirements; and an established funding mix.

Priorities

- Continue to ensure that contract/grant requirements are fulfilled
- Work towards providing a comprehensive and equitable Someone to Talk to Service across Cambridgeshire & Peterborough which targets young people who are most disadvantaged young people who are facing barriers to accessing services.
- Review Centre 33 working with a focus on how digital tools could enhance young people and staff's experience.
- Progress our three influencing priorities, with a particular focus on young people participation.:
 - Ensuring local services support young people up to 25
 - Ensuring all support is person-centered and holistic (both practical and emotional needs)
 - Championing accessibility particularly for vulnerable targeted groups
- Establish new and more fit for purpose Cambridge Young People Support Hubs
- Raise sufficient funding to maintain our current delivery of services and our ambitions and progress the fundraising vision to ensure a more flexible and sustainable funding mix.
- Ensure staff receive a fair salary

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditors

Each of the persons who are Trustees at the time when this Trustees' Report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditors are unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Philip Windred

P Windred
Trustee

Date: 25 October 2024

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE**

OPINION

We have audited the financial statements of Centre Thirty Three Young People's Counselling and Information Service (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

OTHER INFORMATION

The other information comprises the information included in the Annual Report other than the financial statements and our Auditors' Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITORS' RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the senior statutory auditor ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the Charity through discussions with Trustees and other management, and from our knowledge and experience of the sector;
- we obtained an understanding of the legal and regulatory framework applicable to the Charity and how the Charity is complying with that framework;
- we obtained an understanding of the Charity's policies and procedures on compliance with laws and regulations, including documentation of any instances of non-compliance;
- we identified which laws and regulations were significant in the context of the Charity. The Laws and regulations we considered in this context were Companies Act 2006, Charities Act 2011 and taxation legislation. We assessed the required compliance with these laws and regulations as part of our audit procedures on the related financial statement items;
- in addition, we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which might be fundamental to the Charity's ability to operate or to avoid material penalty; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

We assessed the susceptibility of the Charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we;

- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates set out in the accounting policy were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reviewing minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' Report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

USE OF OUR REPORT

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

Michael Hewett

Michael Hewett (Senior Statutory Auditor)

for and on behalf of

Peters Elworthy & Moore

Chartered Accountants

Statutory Auditors

Salisbury House

Station Road

Cambridge

CB1 2LA

Date: 25 October 2024

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
INCOME FROM:					
Donations and legacies	3	127,209	127,859	255,068	178,337
Charitable activities	4	2,023,731	721,110	2,744,841	2,677,040
Other trading activities	5	7,180	-	7,180	4,484
Investments	6	12,925	-	12,925	1,623
TOTAL INCOME		2,171,045	848,969	3,020,014	2,861,484
EXPENDITURE ON:					
Raising funds	7	188,456	-	188,456	82,283
Charitable activities	8,9	1,942,651	806,520	2,749,171	2,978,234
TOTAL EXPENDITURE		2,131,107	806,520	2,937,627	3,060,517
NET INCOME/(EXPENDITURE)		39,938	42,449	82,387	(199,033)
Transfers between funds	16	1,654	(1,654)	-	-
NET MOVEMENT IN FUNDS		41,592	40,795	82,387	(199,033)
RECONCILIATION OF FUNDS:					
Total funds brought forward	16	691,501	210,372	901,873	1,100,906
Net movement in funds		41,592	40,795	82,387	(199,033)
TOTAL FUNDS CARRIED FORWARD		733,093	251,167	984,260	901,873

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 21 to 42 form part of these financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)
REGISTERED NUMBER: 03725494

BALANCE SHEET
AS AT 31 MARCH 2024

	Note	2024 £	2024 £	2023 £	2023 £
FIXED ASSETS					
Tangible assets	13		186,880		194,810
CURRENT ASSETS					
Debtors	14	52,186		496,355	
Cash at bank and in hand		963,546		780,023	
		<u>1,015,732</u>		<u>1,276,378</u>	
Creditors: amounts falling due within one year	15	(218,352)		(569,315)	
NET CURRENT ASSETS			797,380		707,063
TOTAL NET ASSETS			984,260		901,873
CHARITY FUNDS					
Restricted funds	16	251,167		210,372	
Unrestricted funds	16	733,093		691,501	
TOTAL FUNDS			984,260		901,873

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

Philip Windred

P Windred
Trustee

Date: 25 October 2024

The notes on pages 21 to 42 form part of these financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024

	Note	2024 £	2023 £
CASH FLOWS FROM OPERATING ACTIVITIES			
Net cash used in operating activities	18	195,708	(193,607)
CASH FLOWS FROM INVESTING ACTIVITIES			
Interest received		12,925	1,623
Purchase of tangible fixed assets	13	(25,110)	(61,600)
NET CASH USED IN INVESTING ACTIVITIES		(12,185)	(59,977)
CHANGE IN CASH AND CASH EQUIVALENTS IN THE YEAR		183,523	(253,584)
Cash and cash equivalents at the beginning of the year		780,023	1,033,607
CASH AND CASH EQUIVALENTS AT THE END OF THE YEAR	19	963,546	780,023

The notes on pages 21 to 42 form part of these financial statements

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

1. GENERAL INFORMATION

Centre Thirty Three Young People's Counselling & Information Service is a charitable company limited by guarantee and incorporated in England and Wales. It's registered office and principal place of business is 33 Clarendon Street, Cambridge, CB1 1JX.

2. ACCOUNTING POLICIES

2.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Centre Thirty Three Young People's Counselling and Information Service meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 GOING CONCERN

The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future having made due regard to secured and pipeline funding and planned charitable activities. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. ACCOUNTING POLICIES (CONTINUED)

2.3 INCOME

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold.

Where the donated good is a fixed asset, it is measured at fair value, unless it is impractical to measure this reliably, in which case the cost of the item to the donor should be used. The gain is recognised as income from donations and a corresponding amount is included in the appropriate fixed asset class and depreciated over the useful economic life in accordance with the Charity's accounting policies.

On receipt, donated professional services and facilities are recognised on the basis of the value of the gift to the Charity which is the amount it would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.4 EXPENDITURE

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. ACCOUNTING POLICIES (CONTINUED)

2.5 INTEREST RECEIVABLE

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets costing £1,500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

No depreciation is provided on the freehold buildings. It is the policy of the Trustees to maintain the Freehold building in such condition that its useful economic life is indeterminate. In the opinion of the Trustees, this policy results in the residual value of the property (by reference to the price ruling at the time of acquisition) being not less than its present value in the accounts. Consequently, no depreciation is charged on this property.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

Leasehold additions	- over the lease term
Plant and machinery	- 10%
Fixtures and fittings	- 25%
Office equipment	- 25%

2.7 DEBTORS

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 CASH AT BANK AND IN HAND

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. ACCOUNTING POLICIES (CONTINUED)

2.9 LIABILITIES AND PROVISIONS

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.10 FINANCIAL INSTRUMENTS

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 OPERATING LEASES

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight-line basis over the lease term.

2.12 PENSIONS

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

2.13 FUND ACCOUNTING

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. Where possible, an allocation of the costs of administering such funds is charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

3. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Donations	111,209	127,859	239,068
Grants	16,000	-	16,000
	<u>127,209</u>	<u>127,859</u>	<u>255,068</u>
	<u>127,209</u>	<u>127,859</u>	<u>255,068</u>
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Donations	98,513	52,824	151,337
Grants	27,000	-	27,000
	<u>125,513</u>	<u>52,824</u>	<u>178,337</u>
	<u>125,513</u>	<u>52,824</u>	<u>178,337</u>

Donated services of trained volunteer counsellors to assist the charity with counselling services are valued at £13,775 (2023: £14,775). The value of these services is recognised within incoming resources as a donation, and an equivalent charge includes within expenditure on charitable activities.

The charity also benefits from support from volunteers to assist with general administration. In accordance with the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the accounts.

Grants received, included in the above, are as follows:

	2024 £	2023 £
Batterson Chivers Trust	-	2,000
The Pye Foundation	4,000	4,000
Buckles Solicitors	10,000	16,000
Rhododendron Trust	-	1,000
City & University Cambridge Masonic Trust	2,000	2,000
The Ivan and Rebecca Twigden Charitable Trust	-	2,000
	<u>16,000</u>	<u>27,000</u>
	<u>16,000</u>	<u>27,000</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

4. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Young Carers Services - grant income	-	57,523	57,523
Young Carers Services - contracted income	484,766	-	484,766
Someone to Talk to - grant income	-	471,557	471,557
Someone to Talk to - contracted income	1,361,661	-	1,361,661
Schools - contracted income	177,304	-	177,304
Fullscope - grant income	-	152,030	152,030
Fullscope - contracted income	-	40,000	40,000
	<u>2,023,731</u>	<u>721,110</u>	<u>2,744,841</u>

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Young Carers Services - grant income	-	34,517	34,517
Young Carers Services - contracted income	410,935	-	410,935
Someone to Talk to - grant income	-	268,418	268,418
Someone to Talk to - contracted income	1,527,906	-	1,527,906
Schools - contracted income	159,284	-	159,284
Fullscope - grant income	-	235,980	235,980
Fullscope - contracted income	-	40,000	40,000
	<u>2,098,125</u>	<u>578,915</u>	<u>2,677,040</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

Grants received, included in the above, are as follows:

	2024 £	2023 £
John Huntingdon's Charity	4,092	4,712
Cambridge Community Foundation	47,831	22,930
Cambridgeshire County Council	1,100	2,375
Wright's Clock Land	4,500	4,500
Young Carers Services - grant income	57,523	34,517
Peterborough City Council	274,000	-
Screwfix Foundation	5,310	-
The Evelyn Trust	-	13,500
New Horizons	-	28,403
Cambridge City Council Homelessness Prevention Grant	40,000	40,000
Cambridgeshire County Council Community Grants	46,000	36,500
Cambridge Masonic Trust	1,750	4,463
Harry Cureton Charitable Trust	-	20,000
Innovate & Cultivate	-	6,148
Cole Charitable Trust	-	2,200
Ely Trinity Dole	2,000	2,000
Thomas Parsons Charity	5,000	3,000
ECU Trust	5,000	3,000
Bishop Laney's Charity	-	5,000
The King Baudouin Foundation	31,502	-
Percy Bilton Charity	-	4,700
Huntingdon Freeman's Trust	40,416	30,348
Cambridgeshire Community Foundation	20,000	3,736
John Apthorp Charity	-	14,364
Nationwide Building Society	-	48,056
Anonymous/Other	579	3,000
Someone to Talk to - grant income	471,557	268,418
The National Lottery Community Fund - Partnership London South East Region	149,300	125,611
Cambridgeshire County Council	-	15,000
Cambridgeshire County Council	-	95,369
NHS Cambridgeshire and Peterborough ICB	2,730	-
Fullscope - grant income	152,030	235,980

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

5. INCOME FROM OTHER TRADING ACTIVITIES

Income from non charitable trading activities

	Unrestricted funds 2024 £	Total funds 2024 £
Rental income, recharges and management fees	7,180	7,180
	Unrestricted funds 2023 £	Total funds 2023 £
Rental income, recharges and management fees	4,484	4,484

6. INVESTMENT INCOME

	Unrestricted funds 2024 £	Total funds 2024 £
Deposit account interest	12,925	12,925
	Unrestricted funds 2023 £	Total funds 2023 £
Deposit account interest	1,623	1,623

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

7. EXPENDITURE ON RAISING FUNDS

COSTS OF RAISING VOLUNTARY INCOME

	Unrestricted funds 2024 £	Total funds 2024 £
Fundraising	89,353	89,353
Wages and salaries	88,468	88,468
National insurance	7,047	7,047
Pension costs	3,588	3,588
	188,456	188,456
	Unrestricted funds 2023 £	Total funds 2023 £
Fundraising	44,378	44,378
Wages and salaries	33,463	33,463
National insurance	3,001	3,001
Pension costs	1,441	1,441
	82,283	82,283

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

8. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

Summary by fund type

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Young Carers Services	305,953	108,882	414,835
Someone to Talk to	1,496,827	504,232	2,001,059
Schools	139,871	-	139,871
Fullscope	-	193,406	193,406
	<u>1,942,651</u>	<u>806,520</u>	<u>2,749,171</u>

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Young Carers Services	322,856	31,565	354,421
Someone to Talk to	1,847,681	316,106	2,163,787
Schools	113,618	-	113,618
Fullscope	-	346,408	346,408
	<u>2,284,155</u>	<u>694,079</u>	<u>2,978,234</u>

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES

	Activities undertaken directly 2024 £	Support costs 2024 £	Total funds 2024 £
Young Carers Services	405,666	9,169	414,835
Someone to Talk to	1,969,917	31,142	2,001,059
Schools	136,863	3,008	139,871
Fullscope	190,147	3,259	193,406
	<u>2,702,593</u>	<u>46,578</u>	<u>2,749,171</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

	Activities undertaken directly 2023 £	Support costs 2023 £	Total funds 2023 £
Young Carers Service	346,575	7,846	354,421
Someone to Talk to	2,131,925	31,862	2,163,787
Schools	110,932	2,686	113,618
Fullscope	341,620	4,788	346,408
	<u>2,931,052</u>	<u>47,182</u>	<u>2,978,234</u>

ANALYSIS OF DIRECT COSTS

	Young Carers Services 2024 £	Someone to talk to 2024 £	Schools 2024 £	Fullscope 2024 £	Total funds 2024 £
Staff costs	360,136	1,604,428	133,016	142,194	2,239,774
Office costs	6,814	135,180	2,196	6,055	150,245
Property costs	16,319	144,329	-	-	160,648
Service costs	15,918	34,062	133	40,061	90,174
Other staff costs	6,479	51,918	1,518	1,837	61,752
	<u>405,666</u>	<u>1,969,917</u>	<u>136,863</u>	<u>190,147</u>	<u>2,702,593</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

ANALYSIS OF DIRECT COSTS (continued)

	Young Carers Services 2023 £	Someone to talk to 2023 £	Schools 2023 £	Fullscope 2023 £	Total funds 2023 £
Staff costs	298,258	1,768,716	103,953	80,683	2,251,610
Office costs	6,425	74,137	2,781	59,223	142,566
Property costs	12,021	143,787	196	-	156,004
Service costs	21,510	71,812	715	198,886	292,923
Other staff costs	8,361	73,473	3,287	2,828	87,949
	<u>346,575</u>	<u>2,131,925</u>	<u>110,932</u>	<u>341,620</u>	<u>2,931,052</u>

ANALYSIS OF SUPPORT COSTS

	Young Carers Services 2024 £	Someone to talk to 2024 £	Schools 2024 £	Fullscope 2024 £	Total funds 2024 £
Legal and professional fees (governance)	6,105	20,735	2,003	2,170	31,013
Auditors' remuneration (governance)	2,237	7,599	734	795	11,365
Auditors' remuneration - non audit (governance)	827	2,808	271	294	4,200
	<u>9,169</u>	<u>31,142</u>	<u>3,008</u>	<u>3,259</u>	<u>46,578</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

ANALYSIS OF SUPPORT COSTS (continued)

	Young Carers Services 2023 £	Someone to talk to 2023 £	Schools 2023 £	Fullscope 2023 £	Total funds 2023 £
Legal and professional fees (governance)	4,665	18,945	1,597	2,847	28,054
Auditors' remuneration (governance)	2,694	10,940	922	1,644	16,200
Auditors' remuneration - non audit (governance)	487	1,977	167	297	2,928
	<u>7,846</u>	<u>31,862</u>	<u>2,686</u>	<u>4,788</u>	<u>47,182</u>

Legal and professional governance costs are allocated to each activity. Auditors' remuneration is allocated to charitable activities in proportion to charitable income generated by those activities.

10. AUDITORS' REMUNERATION

The auditors' remuneration (inclusive of VAT) amounts to an auditor fee of £20,400 (2023 - £13,500), preparation of the statutory financial statements of £4,200 (2023 - £1,980) and tax compliance services of £660 (2023 - £600).

11. STAFF COSTS

	2024 £	2023 £
Wages and salaries	2,054,680	2,009,744
Social security costs	187,509	187,252
Pension costs	96,688	92,519
	<u>2,338,877</u>	<u>2,289,515</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

11. STAFF COSTS (CONTINUED)

The average number of persons employed by the Company during the year was as follows:

	2024 No.	2023 No.
Young Carers Services	11	12
Someone to Talk to	36	38
Schools	7	9
Trainees	3	3
Central (including fundraising)	24	19
Fullscope	3	2
	<u>84</u>	<u>83</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2024 No.	2023 No.
In the band £60,001 - £70,000	1	1

Key management personnel are those persons having authority and responsibility for planning, directing and controlling the activities of the Charity. They consist of the Chief Executive Officer and all Trustees. The aggregate cost of key management remuneration (inclusive of employer NIC and pension contributions) was £77,860 (2023 - £82,113). Remuneration for key management personnel is set using industry benchmarking and overseen by the Chair.

12. TRUSTEES' REMUNERATION AND EXPENSES

During the year, no Trustees received any remuneration or other benefits (2023 - £NIL).

During the year ended 31 March 2024, one Trustee expense was incurred or reimbursed by the Charity totalling £22 (2023 - £NIL).

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

13. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold additions £	Fixtures and fittings £	Office equipment £	Total £
COST					
At 1 April 2023	61,561	84,672	82,125	22,833	251,191
Additions	-	25,110	-	-	25,110
At 31 March 2024	<u>61,561</u>	<u>109,782</u>	<u>82,125</u>	<u>22,833</u>	<u>276,301</u>
DEPRECIATION					
At 1 April 2023	-	-	33,548	22,833	56,381
Charge for the year	-	17,640	15,400	-	33,040
At 31 March 2024	<u>-</u>	<u>17,640</u>	<u>48,948</u>	<u>22,833</u>	<u>89,421</u>
NET BOOK VALUE					
At 31 March 2024	<u>61,561</u>	<u>92,142</u>	<u>33,177</u>	<u>-</u>	<u>186,880</u>
At 31 March 2023	<u>61,561</u>	<u>84,672</u>	<u>48,577</u>	<u>-</u>	<u>194,810</u>

All the charity's assets were used in furtherance of the charity's objectives. The freehold property, 33 Clarendon Street, Cambridge is shown at cost.

The freehold property, 33 Clarendon Street, Cambridge has a restriction over its sale as described in note 21.

14. DEBTORS

	2024 £	2023 £
DUE WITHIN ONE YEAR		
Trade debtors	22,160	472,543
Prepayments and accrued income	30,026	23,812
	<u>52,186</u>	<u>496,355</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	29,194	26,200
Other taxation and social security	43,866	38,127
Other creditors	16,584	14,637
Accruals and deferred income	128,708	490,351
	<u>218,352</u>	<u>569,315</u>
	2024 £	2023 £
Deferred income at 1 April 2023	261,481	107,684
Resources deferred during the year	52,275	261,481
Amounts released from previous periods	(261,481)	(107,684)
	<u>52,275</u>	<u>261,481</u>

Grants and contracts received in advance refers to payments received on account for contracts or performance-related grants.

Deferred income is income, other than that described above, received in the year for services to be provided in the next financial period.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

16. STATEMENT OF FUNDS

STATEMENT OF FUNDS - CURRENT YEAR

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2024 £
UNRESTRICTED FUNDS					
DESIGNATED FUNDS					
33 Clarendon Street	61,561	-	-	-	61,561
Other fixed assets	133,249	-	-	(7,930)	125,319
	<u>194,810</u>	<u>-</u>	<u>-</u>	<u>(7,930)</u>	<u>186,880</u>
GENERAL FUNDS					
General Funds	496,691	2,171,045	(2,131,107)	9,584	546,213
TOTAL UNRESTRICTED FUNDS	<u>691,501</u>	<u>2,171,045</u>	<u>(2,131,107)</u>	<u>1,654</u>	<u>733,093</u>
RESTRICTED FUNDS					
Young Carers Services	-	108,882	(108,882)	-	-
Someone to Talk to	24,028	548,057	(504,232)	(8,779)	59,074
Fullscope	186,344	192,030	(193,406)	7,125	192,093
	<u>210,372</u>	<u>848,969</u>	<u>(806,520)</u>	<u>(1,654)</u>	<u>251,167</u>
TOTAL OF FUNDS	<u>901,873</u>	<u>3,020,014</u>	<u>(2,937,627)</u>	<u>-</u>	<u>984,260</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

16. STATEMENT OF FUNDS (CONTINUED)

STATEMENT OF FUNDS - PRIOR YEAR

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2023 £
UNRESTRICTED FUNDS					
DESIGNATED FUNDS					
33 Clarendon Street	61,561	-	-	-	61,561
Cyclical maintenance fund	41,392	-	-	(41,392)	-
Other fixed assets	84,672	-	-	48,577	133,249
Service delivery fund	261,137	-	-	(261,137)	-
	<u>448,762</u>	<u>-</u>	<u>-</u>	<u>(253,952)</u>	<u>194,810</u>
GENERAL FUNDS					
General Funds	<u>363,008</u>	<u>2,229,745</u>	<u>(2,366,438)</u>	<u>270,376</u>	<u>496,691</u>
TOTAL UNRESTRICTED FUNDS	<u>811,770</u>	<u>2,229,745</u>	<u>(2,366,438)</u>	<u>16,424</u>	<u>691,501</u>
RESTRICTED FUNDS					
Young Carers Services	-	31,565	(31,565)	-	-
Someone to Talk to	35,863	320,694	(316,105)	(16,424)	24,028
Fullscope	253,273	279,480	(346,409)	-	186,344
	<u>289,136</u>	<u>631,739</u>	<u>(694,079)</u>	<u>(16,424)</u>	<u>210,372</u>
TOTAL OF FUNDS	<u>1,100,906</u>	<u>2,861,484</u>	<u>(3,060,517)</u>	<u>-</u>	<u>901,873</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

16. STATEMENT OF FUNDS (CONTINUED)

RESTRICTED FUNDS

Young Carers Services

The charity receives various grants and donations which fund certain aspects of its work on the young carers project.

Someone to Talk to

Someone to Talk to is a free and confidential one-stop shop for young people who have mental health and practical needs. The service is for all young people but actively targets those experiencing mental health inequalities and barriers to accessing services. The most common needs we see are mental health/emotional wellbeing, homelessness, financial competence and safer sexual choices. The service also provides specialist mental health support through short-term, solution-focussed counselling to young people.

The charity receives various grants and donations which are restricted for various projects within the Somone to Talk to charitable activities.

Fullscope

Fullscope is a consortium of seven local charities with a shared mission to improve mental health and wellbeing of children and young people in Cambridgeshire and Peterborough. Initially funded by The Big Lottery Fund the consortium was established in June 2019 and is managed by the members based on a Memorandum of Understanding. On 1 July 2020 Centre 33 went from a Partner to become the Lead Partner. As a result it is responsible for the income and expenses of the consortium. All income and expenses related to Fullscope are included within this fund.

DESIGNATED FUNDS

33 Clarendon Street

The fund represents the funds expended when the freehold property was purchased in 1991, along with subsequent costs.

Cyclical maintenance fund

The fund is to provide cyclical maintenance to 33 Clarendon Street. These funds were transferred and used for other property maintenance in the prior year.

Other fixed assets

This fund represents the net book value of the charity's remaining tangible fixed assets. As these are used for operational purposes these funds are otherwise not freely available for use by the charity.

Service delivery fund

This fund represented the unrestricted budgeted deficit for the 2022/23 financial year.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

ANALYSIS OF NET ASSETS BETWEEN FUNDS - CURRENT PERIOD

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Tangible fixed assets	186,880	-	186,880
Current assets	764,565	251,167	1,015,732
Creditors due within one year	(218,352)	-	(218,352)
TOTAL	733,093	251,167	984,260

ANALYSIS OF NET ASSETS BETWEEN FUNDS - PRIOR PERIOD

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Tangible fixed assets	194,810	-	194,810
Current assets	1,066,006	210,372	1,276,378
Creditors due within one year	(569,315)	-	(569,315)
TOTAL	691,501	210,372	901,873

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

18. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net income/(expenditure) for the period (as per Statement of Financial Activities)	82,387	(199,033)
ADJUSTMENTS FOR:		
Depreciation charges	33,040	13,023
Interest	(12,925)	(1,623)
Decrease/(increase) in debtors	444,169	(345,672)
(Decrease)/increase in creditors	(350,963)	339,698
NET CASH PROVIDED BY/(USED IN) OPERATING ACTIVITIES	195,708	(193,607)

19. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2024 £	2023 £
Cash in hand	963,546	780,023
TOTAL CASH AND CASH EQUIVALENTS	963,546	780,023

20. ANALYSIS OF CHANGES IN NET DEBT

	At 1 April 2023 £	Cash flows £	At 31 March 2024 £
Cash at bank and in hand	780,023	183,523	963,546

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

21. CONTINGENT LIABILITIES

In 1991, Cambridge City Council advanced £17,000 to the Charity to enable it to buy the freehold property 33 Clarendon Street, Cambridge for the sum of £48,361. The was advanced on the condition that the building be only used for purposes specified in the Charity's objectives and that, in the event of the property being sold, an amount would be repayable, being the lower of £17,000 plus interest calculated at 2% below the base rate of Midland Bank and 17/66ths of the market value of the property, provided that, in the event of the £17,000 plus interest figure being the lower of the two, the difference between this and the 17/66ths figure is applied for the purposes of the Charity, otherwise the higher would be repayable. The contingent liability at the year-end has been calculated at £28,855 (2023: £28,005). In the event that the building was never sold, no sum would ever be repayable.

22. PENSION COMMITMENTS

During the year the charity made contributions of £96,688 (2023: £92,519) to a defined contribution pension scheme for the benefit of employees. Employer contributions payable to the pension fund at the balance sheet date were £8,465 (2023: £7,708).

The basis for allocation of the cost between activities and funds is the same as for other costs, as described in the accounting policies.

23. OPERATING LEASE COMMITMENTS

At 31 March 2024 the Company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2024 £	2023 £
Not later than 1 year	76,055	49,262
Later than 1 year and not later than 5 years	43,708	31,500
	<u>119,763</u>	<u>80,762</u>

24. RELATED PARTY TRANSACTIONS

During the year 3 trustees made unconditional donations to the charity totalling £630 (2023: £NIL).

25. POST BALANCE SHEET EVENTS

In September 2024, the Charity completed its purchase of a new Cambridge hub.

Accounts

Registered number: 03725494
Charity number: 1074974

**CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND
INFORMATION SERVICE**

(A Company Limited by Guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

CONTENTS

	Page
Reference and Administrative Details of the Company, its Trustees and Advisers	1
Trustees' Report	2 - 12
Independent Auditors' Report on the Financial Statements	13 - 17
Statement of Financial Activities	18
Balance Sheet	19
Statement of Cash Flows	20
Notes to the Financial Statements	21 - 42

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2023

Trustees

P A Carrington (appointed 28 February 2023)
E C Morgan-Tamosunas
C G Davies (resigned 29 November 2022)
R L Holland
E C Chamberlayne
S Imrie
H E James (resigned 29 November 2022)
P Windred
E M Kamel
S Owers
A C Evans
P D Clarke
S F Ferguson (appointed 28 February 2023)

Company registered number 03725494

Charity registered number 1074974

Registered office 33 Clarendon Street
Cambridge
CB1 1JX

Operating Name Centre 33

Chief Executive Officer E Green

Independent auditors Peters Elworthy & Moore
Chartered Accountants
Statutory Auditors
Salisbury House
Station Road
Cambridge
CB1 2LA

Bankers Barclays Bank PLC
Benet Street Business Centre
PO Box 2
Cambridge
CB2 3PZ

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The Trustees who are also Directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

OBJECTIVES AND ACTIVITIES

Our Objectives

The charity's objectives are to relieve and prevent suffering caused by mental or physical ill health, or by financial hardship, or need caused by other reasons, through the provision of counselling, information, and other services for young people aged 25 and under in the City of Cambridge, the County of Cambridgeshire, the City of Peterborough and surrounding areas.

Our Public Benefit

Centre 33 carries out a range of activities in pursuance of its charitable aims. The Trustees consider that these activities comply with both Section 4 of the Charities Act 2011 and the Charity Commission's guide on public benefit. Centre 33 works to benefit both the young people who access its services and the wider community of Cambridgeshire and Peterborough.

Our Vision, Mission and Values

We opened our doors in 1981 to offer young people a safe space where they could receive free, confidential and professional support in a non-judgemental and welcoming setting.

We have grown but stay true to our founding principles in all our work. We believe young people deserve respect and excellent care and support, no matter what they come to us with.

We receive positive feedback from young people who say they feel they have been listened to, are taken seriously, and have a say in their own support which makes a difference to them. The wider sector also gives us positive feedback including commissioners who say we are a trusted and respected brand, valued for our focus on young people, data usage and local knowledge.

We are a team of over 100 staff and volunteers. We work across the county, in hubs, remotely, in schools and in the community with thousands of young people each year. Last year we supported and communicated with 11,000 people via our free services, queries, outreach work and training workshops, and worked closely with nearly 4,000 young people. The charity received an income of £2.8million through a combination of contracts, charitable grants and donations.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Our **Vision** is:

- A future where all young people are listened to, respected and supported.

Our **Mission** in Cambridgeshire is:

- To offer young people support with practical issues and emotional needs that is free, confidential, empowering, easy-access and high quality.
- To actively work with other local services so that young people's needs are met, and their voices are heard.

We apply the following **Values** to all our work and those we work with:

<u>Young people led</u> • We are led by young people's needs and treat them as unique individuals • We believe in a strengths-based, humanistic approach to support • We trust and support young people to take a central part in deciding what support is right for them • We ask young people what they want from us and involve them in the decision making about our services	<u>Striving for excellence</u> • We care intensely about our work - we are committed to making a positive difference to the lives of young people • We demonstrate a high level of expertise in our fields • We research best practice and work to evidence based, benchmarked standards and measured outcomes • We are professionally curious and forward thinking - we seek feedback, self-reflect and continuously learn together from our experiences
<u>Collaborative</u> • We genuinely value our working community, our supporters and our volunteers • We support each other through challenges and prioritise wellbeing • We actively seek working collaborations with partners and communities for better outcomes for young people • We challenge systems that don't act in young people's interests and speak out on their behalf	<u>Inclusive</u> • We welcome all with no judgement • We are easy to approach, we don't turn away, we listen and support • We respect each other and our young people for our diverse experiences and qualities - everyone's views are important to us • We welcome and celebrate diversity

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE

Centre 33 achieves its aims and supports young people across Cambridgeshire and Peterborough up to the age of 25 through:

1. Direct support to young people: Offering young people support with practical issues and emotional needs through a range of services that is free, confidential, empowering, easy-access and high quality.
2. Proactive partnership: Actively working with other local services so that young people's needs are met, and their voices are heard.

'Our 'Someone to Talk to' Service (STTT)

Our 'Someone to Talk to' service is the cornerstone of our universal services. It supports young people aged 13-25 on a range of issues, in particular to become emotionally healthy, sexually healthy, safely housed, in employment/meaningful education/training and to have improved financial situations. The service offers free advice, assessment, and advocacy support to young people via open access drop-ins and workshops. The service aims to give young people access to information, to raise awareness and support them to make timely and informed choices in their lives. The support offer includes access to engagement & support workers who can provide expertise around sexual health, housing, employment, emotional wellbeing as well as counsellors and Children's Wellbeing Practitioners. Across all these offers of support, young people are able to access other professional help if more appropriate.

Last year 'Someone to Talk to' reached and responded to over 3,000 needs from young people, this includes':

- o Supported nearly 1,000 young people through our STTT drop in Service, through one-to-one support virtual or face to face.
 - 89% of young people seeking help came with more than one presenting need
 - 88% presented with needs around their mental health, 39% of young people sought help with issues around work/money/housing/poverty, 60% with needs around their relationships.
- o Providing mental health support to over 2,000 young people, via counselling, guided self-help and group support.
 - 45% of young people seeking support with their mental health were experiencing severe psychological distress and 24% moderately severe.

A key partnership that has enabled Centre 33 to deliver the support to mental health to young people is YOUNited. YOUNited is a partnership between Centre 33, Cambridgeshire and Peterborough Foundation Trust (CPFT), Cambridgeshire Community Services (CCS) and Ormiston Families. The aim of YOUNited is to ensure young people get easier and timely access to the mental health support that best meets their needs. The YOUNited Hub processes all non-crisis professional referrals for children up to the age of 18 for concerns around mental health. Young people (13 -25) can also self-refer to Centre 33 for emotional wellbeing support. Following triage children and young people are placed on the most appropriate pathway to meet their needs based on the iThrive framework of "getting advice", "getting help" and "getting more help". Centre 33's roles are to be part of the initial referral process and to deliver mental health support for young people under 'getting help'. Ormiston Families work with the younger age range under 'getting help'. CPFT work with young people with higher needs (ie "getting more help") and CCS support school age children under 'getting help'.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Our 'Someone to Talk to' staff have developed strong partnerships during 2022/23 across the local children and young people's sector. For example, they:

- Continued to work locally with partners to pilot support to young people at risk of hospitalisation due to their emotional wellbeing & mental health, advocating to ensure they get the support they need.
- Worked jointly with providers of accommodation for young people in Cambridge City, enabling young people to get access to housing to meet their needs
- Continued to work with partners delivering employment support through the New Horizons partnership; Centre 33 provides direct support to young people through employing a job coach.
- Continued to work with Youth Access, working alongside similar organisations to promote youth hubs and young people's holistic support to address their wide-ranging needs including mental health.
- Continued to support working groups linked to the new local Children and Young People's Mental Health Strategy.

Our Young Carers Project

Our Young Carers Assessment and Support Service provides one-to-one support and advocacy to children and young people up to the age of 18 who take on practical and/or emotional caring responsibilities. The service aims to ensure that young carers have the same life chances, levels of wellbeing and voice as their peers by reducing the negative impact of their caring responsibilities. It fulfils the statutory requirements to identify young carers needing support and offers young carer needs assessments and transition assessments.

The service also runs a Young Carers Advisory Board with young carer representatives to give young carers a voice. This Board meets bimonthly to set and review priorities, and through the year has twelve focused workshops for specific areas of learning and development.

Last year our Young Carers Assessment and Support Service:

- Reached over 8,000 people through outreach work including Young Carers awareness raising training and assemblies/ PSHE Lessons (remote and in-person).
- Provided support to over 1,000 young carers which included an assessment of needs or one-to-one support, group support or access to trips & activities. This is a 14% increase in young carers accessing the service compared to the previous year.
- Over 30% of young carers assessed were providing very high levels of care.
- 76% of young carers saw an improvement in the impact of their caring responsibilities from the support provided
- Over 400 young carers accessed group-based support.

Young Carers staff have developed strong partnerships across the local children and young people's sector; for example, during 2022/23, they:

- Participated in the Young Carers Steering Group, bringing together stakeholders and partners from across Local Authority, Education, Health and the voluntary sector to develop and steer priorities to respond to the needs of young carers, including the development of 5 sub-groups.
- Built strong relationships and supported young carers champion roles within primary and secondary schools across Cambridgeshire and Peterborough, along with development of our offer to all schools to identify and support young carers within school.
- Worked closely with Change, Grow, Live (CGL) and the Local Authority to support identification and develop support for families with substance / alcohol use, specifically highlighting the needs for specialist staff within recovery teams to identify and support young carers.
- Contributed to several Health steering groups, developing strong partnership work with CPFT, Cambridge University Hospitals and NHS East of England.
- Worked closely with Primary Care, including young carers training to all GP surgeries and the Young Carers Flag on NHS SystemOne.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

- Partook in the Young Carer Alliance – supporting national young carers partner organisations, influencing policy, and feeding into research opportunities.
- Trained over 2,000 professionals to identify and support young carers in their roles through delivering training packs, webinars, and bitesize remote training sessions to multiple professional partners across health, education, and social care both locally and nationally.
- Delivered a regular young carers module on the LSCB training programme and co-delivered training with the Mental Health recovery team at CPFT on substance use and the impact on young carers.
- Co-developed training films and material and delivered training to all Carer Leads within CPFT.
- Operated as the young carers lead within an All-Age Carers Contract for Cambridgeshire and Peterborough, working closely with Caring Together and Making Space around transitions to adult services, ensuring a whole family approach.

Our Schools Counselling Service

Our Schools Counselling Service offers counselling within secondary schools. This provides a safe place for young people to share their feelings and explore ways of overcoming their distress.

In 2022/23, Centre 33 provided counselling in 11 schools across Cambridgeshire including South Cambridgeshire, East Cambridgeshire, Cambridge, and St Neots. Over 400 young people received one-to-one counselling.

All young people receiving mental health interventions complete verified routine outcome measurement tools. In 2022/23 75% of young people showed improvements in their mental health when completing CORE (Clinical Outcomes in Routine Evaluation – a measure of psychological distress and wellbeing that is used to monitor the progress and effectiveness of counselling) and 84% of young people reported their goals were partially/fully met.

Fullscope

Centre 33 is a founding member of Fullscope (fullscopecollaboration.org.uk) and became its host organisation in July 2020. Fullscope is a collective of Cambridgeshire-based voluntary sector organisations working to deliver comprehensive support packages for children and young people aged 0-25 across Cambridgeshire to address mental health challenges.

As host, Centre 33:

- Acts as the legal entity for employing necessary staff (namely Programme Director, Project Manager and staff with specialist expertise such data analyst and communication leads).
- Holds Fullscope funds and ensures they are used in accordance with agreed project budgets.
- Provides financial management.
- Is accountable to the National Lottery Fund and other project funds.
- Provides infrastructure and physical space to work and develop the collaboration's work.

In 2022/23, Fullscope:

- Led projects to look at the system's pressure points and worked with colleagues to break down barriers for access, including LGBTQ+ Youth and Mental Health Research, understanding self-harm in young people, and Mental Health & Homeless young people.
- Coordinated the voluntary sector mental health response, including development of the local Children & Young People Mental Health strategy, the Thriving Partners implementation, and co-ordination and engagement with the newly emerging Integrated Care System.
- Developed a strategy for Fullscope which has resulted in further funding from the National Lottery Community Fund for the next 3 years.
- Reached out to vulnerable families and young people with the Creative Care Branching Out project.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Fundraising

In 2022/23, additional resources were brought into supplement and support the fundraising team, to work with Senior Leadership team to develop, refine and execute a change in strategic direction in fundraising, as laid out in the 5 year plan. This plan focusses on growing unrestricted funds through individual giving and corporate fundraising, to ensure long term sustainability and improve the charity's ability to allocate funds flexibly and in line with where the need is greatest. These contractors were monitored through regular meetings and had regular check-ins to ensure they adhered to the charity's ethical fundraising policy.

Centre 33 has strict standards for how donors are stewarded, and their personal data is secure and protected under GDPR legislation and our privacy notice. Throughout the year Centre 33 has received no complaints about fundraising activity. Centre 33 recognises the importance of quality reporting, to ensure accountability and transparency so that donors are fully kept up to speed with how their funds are being put to use, particularly in connection with restricted grants and contracts. Centre 33 has not registered with the Fundraising Regulator; however, the charity is evaluating the regulator's Code of Conduct and putting in place processes to ensure that all aspects of the Code are imbedded in our fundraising policies prior to application to the regulator. Centre 33 is registered with the Chartered Institute of Fundraising.

Over the next 5 years, Centre 33 plans to further diversify its income streams to ensure long term financial sustainability. 2022/23 has been a key preparatory phase in bringing this change to the organisation. As well as embedding changes in practice and processes, Centre 33 staff have been supported with training in corporate partnerships and have developed a strategy for individual giving as well as building and refreshing funding pipelines across all our key funding areas. Recruitment and investment are underway to secure permanent roles to help deliver our ambitions help achieve this.

FINANCIAL REVIEW

Key Results

In 2022/23:

- Income totalled £2,861,484 (£2,738,993 in 2021/22)
- Expenditure totalled £3,060,517 (£2,464,790 in 2021/22)
- This resulted in a negative net movement in funds for the year of £199,033 (positive net movement of £247,203 in 2021/22)

Income

Income has remained relatively stable year on year.

Expenditure

Costs have increased year on year, particularly staff costs. In 2021/22, recruitment challenges within the prior year artificially reduced costs. In 2022/23, additional staff and increased salaries have brought cost up to expected levels. Staff costs, which in the main relate to direct service delivery, account for 78% of total expenditure.

Assets and Liabilities

At 31 March 2023, Centre 33 had:

- Net assets of £901,873 (2022 - £1,100,906)
 - Fixed assets of £194,810 (2022 - £146,233). This comprises the Clarendon Street property valued at cost and the refurbishment of the Peterborough offices
 - Current assets of £1,276,378 (2022 - £1,184,290). Of this, £780,023 (2022 - £1,033,607) was cash
 - Creditors of £569,315 (2022 - £229,617)
-

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Pensions

Centre 33's pension scheme is operated through Creative Pension Trust. All staff are auto enrolled under the current legislation. The scheme does not carry a liability.

Reserves policy

The Trustees have resolved that the Charity should aim to keep a level of free reserves equal to between two and three months average expenditure.

This policy is based on a thorough review of risks and needs. In developing this policy, Trustees have considered the following:

- The priority of spending incoming funds on meeting the organisation's core strategic purpose
- The requirement to ensure essential services for vulnerable beneficiaries are maintained if any funding streams are reduced / removed, large, unexpected expenses materialise or a short-term deficit in cashflow materialises
- The importance of scaling reserves with the growth of the organisation
- The desire to maintain flexibility to future opportunities and to launch new initiatives
- The ownership of a freehold property that could be sold in the medium-term to leverage additional funds

Trustees and management do not want to hold surplus funds unnecessarily, but believe long-term sustainability is paramount to beneficiaries and therefore on balance are comfortable that this policy is appropriate for the organisation.

The reserves levels are reviewed on an annual basis as a minimum, at Board level, and whenever deemed necessary appropriate action is taken so that the reserves level complies with this policy.

Unrestricted Reserves

At 31 March 2023, Centre 33 held unrestricted reserves of £691,501 (2022 - £811,770).

It is important to note that £61,561 of this total can only be realised through the disposal of a tangible fixed asset, namely the Cambridge premises (33 Clarendon Street). In addition, £133,249 represents the remaining carrying value of tangible fixed assets held by Centre 33 for operational use to carry out its activities.

This leaves unrestricted funds amounting to £496,691.

Budgeted expenditure for 2023/24, including activities funded by restricted donations/grants but excluding Fullscope, is in the region of £2.9m and therefore target free reserves are in the range of £490k to £735k. The current free reserves are modestly below this target and the Charity will continue to fundraise and seek further unrestricted funds.

Restricted Reserves

At 31 March 2023, Centre 33 held restricted reserves of £210,372 (2022 - £289,136).

Restricted reserves are funds which have been given by funders for a particular service. The charity is unable to use these funds outside of the agreed purpose.

These funds relate to unspent amounts ongoing projects within the Someone to Talk to and Fullscope services.

No restricted funds were in deficit.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Documentation and Constitution

Centre 33 constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is also a registered charity. It is governed by its Articles of Association.

Appointment, Induction and Training of Trustees

Trustee recruitment is managed by the HR Sub-Committee.

In selecting a person to be appointed as a trustee, consideration is given to how their residence, occupation, employment, special knowledge, and personal or professional qualifications may contribute to delivering against the objects of the charity. A periodic trustees' skills audit is also conducted to assess any areas where additional expertise may be required.

The minimum number of trustees is three and the maximum is fifteen.

New Trustees are elected by the Board of Trustees at the Annual General Meeting.

All new Trustees are provided with comprehensive induction and training to become familiar with their roles and responsibilities and Centre 33's work. This includes meeting with key staff and receipt of an induction pack containing copies of key policies and documents and a copy of Good Trustee Guide.

Following their appointment, Centre 33 provides trustees with ongoing training as appropriate.

Organisational structure and decision-making policies

The Trustees of Centre 33 are responsible for the overall direction and management of the Charity.

The Board of Trustees meets regularly throughout the year to discuss and decide on issues affecting the Charity, delegating appropriate matters to its sub-committees and operational management to the Chief Executive Officer.

Trustees are required to disclose all relevant interests and declare potential conflicts of interest at each Trustee meeting which is then recorded in the minutes.

The core Senior Leadership Team consists of the Chief Executive Officer, Deputy Chief Executive Officer, Director of Finance and HR and Head of Operations, Projects and Communication, with a wider SLT including two Director of Services, Head of Impact and Quality and a Head of Partnerships and Development (currently recruiting).

The Senior Management Team includes the above and the service and specialist managers.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Volunteers

Centre 33 would not be able to deliver its services without the skills, dedicated support, and commitment of its volunteers. In 2022/23, the organisation was supported by over 50 volunteers. Most volunteer activity relates to the delivery of counselling and support services to young people. These volunteers are supported by specialist supervision in addition to the general volunteer support package. Some volunteer activity offers practical support in running and maintaining services. Volunteers receive full induction as well as on-going training and support during their time at Centre 33.

Pay policy for key management personnel

The Board reviews and approves the overall pay rise policy for the whole staff group, in line with the financial performance of the charity. This is with support from both the Financial and Risk and HR Sub-Committees, who review the proposed budget and salary increase principles respectively.

The Chair, Deputy Chair and Treasurer set the salary for the Chief Executive Officer.

Related party relationships

Centre 33 has no related party arrangements to disclose.

Risk management

Risks are identified, monitored, managed, and recorded in a Risk Log.

The Board of Trustees is responsible for overseeing the development and implementation of the risk management strategy. The Board and SLT reviews the Risk Log annually to confirm that the major risks have been identified correctly and that controls are in place to manage them.

The Finance and Risk Sub Committee is responsible for the ongoing monitoring of the Risk Log to ensure that all significant risks are identified and prioritised and that appropriate controls and actions are in place and will highlight significant changes to the full board.

Centre 33's Senior Leadership Team is responsible for ensuring that the risk management policy is implemented and for co-ordinating risk management activity across Centre 33.

Principal current risks have been influenced by inflation, organisation growth, the employment market, and the continued impact of Covid-19. In addition, whilst the YOUNited partnership is a positive development for the Charity's beneficiaries it involves significant service development which comes with associated risks.

Principal Risks and Uncertainties

In 2022/23 the principal risks have been in the following areas:

Increase in distress experienced by young people

Concerns about young people's mental health rose in the wake of the Covid-19 pandemic. There is worrying evidence that rates of mental distress have risen sharply amongst young people, and that this, combined with deferred demand from the lockdown periods threatens to overwhelm services. Alongside this, the effect of the pandemic on young people's mental health has disproportionately affected some young people, and this threatens to exacerbate existing inequalities. The increase in severity of issues and demand is being monitored. Centre 33 is sharing knowledge and planning with partners across the sector to manage future demand. However, the impact of increased demand locally means the waiting time for some services will be significant for young people.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Staff Recruitment and Retention (including inflationary pressures on salaries)

Recruitment in social care is a challenge across the UK. There are many factors influencing this situation including unprecedented levels of inflation, a tough labour market, Covid-19 and the changes in general working patterns, a concern regarding job security, and Brexit and the subsequent changes in employment patterns within some social care settings. Centre 33 found it challenging to recruit and retain quality staff to meet its growth in funding.

Young Peoples Support Hubs and office hubs

The growth in Centre 33 over the last few years has meant that our Cambridge and Huntingdon premises are no longer fit for purpose. Service and staff needs have been reviewed and other premises are being sought.

PLANS FOR FUTURE PERIODS

Centre 33 has developed a multi-year Strategic Plan (April 2022 - March 2028). This plan has four overarching strategic goals.

Impact goals

1. All young people across Cambridgeshire and Peterborough can receive holistic support that is accessible, high quality, impactful, targeted and led by them.
2. Centre 33 advocates for positive change for young people through dissemination of knowledge and best practice, and collaborative working to ensure high levels of understanding of their needs and clear pathways of support.

Enabling goals

3. Centre 33's workforce and governance is high quality, stable and diverse: working in quality community-based hubs and practices.
4. Centre 33 has financial stability over this five-year period; achieved through a clear vision, adequate resources, complies with best practice and legal requirements; and an established funding mix.

Priorities

- Continuing to ensure that we fulfil our contract/grant requirements
- Working towards providing a comprehensive and equitable Someone to Talk to Service across Cambridgeshire & Peterborough which targets young people who are most disadvantaged young people who are facing barriers to accessing services
- Reviewing the Young Carers assessment and support model ready for the re-tender expected in early 2024
- Investigating how digital tools could enhance young people and staff's experience
- Progressing our three influencing priorities, with a particular focus on young people participation:
- Ensuring local services support young people up to 25 (Mental Health and Young Carers)
- Ensuring all support is person-centred and holistic (both practical and emotional needs)
- Championing accessibility particularly for vulnerable targeted groups
- Establishing new and more fit for purpose Cambridge and Huntingdon Young People Support Hubs
- Raising sufficient funding to maintain our current delivery of services and our ambitions and progress the fundraising vision to ensure a more flexible and sustainable funding mix
- Ensuring staff receive a fair and competitive salary

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditors

Each of the persons who are Trustees at the time when this Trustees' Report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditors are unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

Approved by order of the members of the board of Trustees and signed on their behalf by:



E C Chamberlyne

Trustee

Date: 20 October 2023

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE**

OPINION

We have audited the financial statements of Centre Thirty Three Young People's Counselling and Information Service (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

OTHER INFORMATION

The other information comprises the information included in the Annual Report other than the financial statements and our Auditors' Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITORS' RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the senior statutory auditor ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the Charity through discussions with Trustees and other management, and from our knowledge and experience of the sector;
- we obtained an understanding of the legal and regulatory framework applicable to the Charity and how the Charity is complying with that framework;
- we obtained an understanding of the Charity's policies and procedures on compliance with laws and regulations, including documentation of any instances of non-compliance;
- we identified which laws and regulations were significant in the context of the Charity. The Laws and regulations we considered in this context were Companies Act 2006, Charities Act 2011 and taxation legislation. We assessed the required compliance with these laws and regulations as part of our audit procedures on the related financial statement items;
- in addition, we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which might be fundamental to the Charity's ability to operate or to avoid material penalty; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

We assessed the susceptibility of the Charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we;

- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates set out in the accounting policy were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reviewing minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' Report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG
PEOPLE'S COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

USE OF OUR REPORT

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

Michael Hewett (Senior Statutory Auditor)

for and on behalf of

Peters Elworthy & Moore

Chartered Accountants

Statutory Auditors

Salisbury House

Station Road

Cambridge

CB1 2LA

Date: 20 October 2023

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023

	Note	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
INCOME FROM:					
Donations and legacies	3	125,513	52,824	178,337	226,803
Charitable activities	4	2,098,125	578,915	2,677,040	2,512,075
Other trading activities	5	4,484	-	4,484	-
Investments	6	1,623	-	1,623	115
TOTAL INCOME		2,229,745	631,739	2,861,484	2,738,993
EXPENDITURE ON:					
Raising funds	7	82,283	-	82,283	81,458
Charitable activities	8,9	2,284,155	694,079	2,978,234	2,383,332
TOTAL EXPENDITURE		2,366,438	694,079	3,060,517	2,464,790
NET (EXPENDITURE)/INCOME		(136,693)	(62,340)	(199,033)	274,203
Transfers between funds	16	16,424	(16,424)	-	-
NET MOVEMENT IN FUNDS		(120,269)	(78,764)	(199,033)	274,203
RECONCILIATION OF FUNDS:					
Total funds brought forward	16	811,770	289,136	1,100,906	826,703
Net movement in funds		(120,269)	(78,764)	(199,033)	274,203
TOTAL FUNDS CARRIED FORWARD		691,501	210,372	901,873	1,100,906

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 21 to 42 form part of these financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)
REGISTERED NUMBER: 03725494

BALANCE SHEET
AS AT 31 MARCH 2023

	Note	2023 £	2023 £	2022 £	2022 £
FIXED ASSETS					
Tangible assets	13		194,810		146,233
			194,810		146,233
CURRENT ASSETS					
Debtors	14	496,355		150,683	
Cash at bank and in hand		780,023		1,033,607	
		1,276,378		1,184,290	
Creditors: amounts falling due within one year	15	(569,315)		(229,617)	
NET CURRENT ASSETS			707,063		954,673
TOTAL NET ASSETS			901,873		1,100,906
CHARITY FUNDS					
Restricted funds	16		210,372		289,136
Unrestricted funds	16		691,501		811,770
TOTAL FUNDS			901,873		1,100,906

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



E C Chamberlayne

Trustee

Date: 20 October 2023

The notes on pages 21 to 42 form part of these financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

	Note	2023 £	2022 £
CASH FLOWS FROM OPERATING ACTIVITIES			
Net cash used in operating activities	18	(193,607)	304,650
CASH FLOWS FROM INVESTING ACTIVITIES			
Interest received		1,623	115
Purchase of tangible fixed assets	13	(61,600)	(84,672)
NET CASH USED IN INVESTING ACTIVITIES		(59,977)	(84,557)
CHANGE IN CASH AND CASH EQUIVALENTS IN THE YEAR		(253,584)	220,093
Cash and cash equivalents at the beginning of the year		1,033,607	813,514
CASH AND CASH EQUIVALENTS AT THE END OF THE YEAR	19	780,023	1,033,607

The notes on pages 21 to 42 form part of these financial statements

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. GENERAL INFORMATION

Centre Thirty Three Young People's Counselling & Information Service is a charitable company limited by guarantee and incorporated in England and Wales. It's registered office and principal place of business is 33 Clarendon Street, Cambridge, CB1 1JX.

2. ACCOUNTING POLICIES

2.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Centre Thirty Three Young People's Counselling and Information Service meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 GOING CONCERN

The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future having made due regard to secured and pipeline funding and planned charitable activities. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. ACCOUNTING POLICIES (CONTINUED)

2.3 INCOME

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold.

Where the donated good is a fixed asset, it is measured at fair value, unless it is impractical to measure this reliably, in which case the cost of the item to the donor should be used. The gain is recognised as income from donations and a corresponding amount is included in the appropriate fixed asset class and depreciated over the useful economic life in accordance with the Charity's accounting policies.

On receipt, donated professional services and facilities are recognised on the basis of the value of the gift to the Charity which is the amount it would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.4 EXPENDITURE

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. ACCOUNTING POLICIES (CONTINUED)

2.5 INTEREST RECEIVABLE

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets costing £1,500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

No depreciation is provided on the freehold buildings. It is the policy of the Trustees to maintain the Freehold building in such condition that its useful economic life is indeterminate. In the opinion of the Trustees, this policy results in the residual value of the property (by reference to the price ruling at the time of acquisition) being not less than its present value in the accounts. Consequently, no depreciation is charged on this property.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Plant and machinery	-	10%
Fixtures and fittings	-	25%
Office equipment	-	25%

2.7 DEBTORS

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 CASH AT BANK AND IN HAND

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. ACCOUNTING POLICIES (CONTINUED)

2.9 LIABILITIES AND PROVISIONS

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.10 FINANCIAL INSTRUMENTS

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 OPERATING LEASES

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight-line basis over the lease term.

2.12 PENSIONS

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

2.13 FUND ACCOUNTING

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. Where possible, an allocation of the costs of administering such funds is charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

3. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Donations	98,513	52,824	151,337
Grants	27,000	-	27,000
	<u>125,513</u>	<u>52,824</u>	<u>178,337</u>
	<u>125,513</u>	<u>52,824</u>	<u>178,337</u>
	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Donations	158,038	47,765	205,803
Grants	21,000	-	21,000
	<u>179,038</u>	<u>47,765</u>	<u>226,803</u>
	<u>179,038</u>	<u>47,765</u>	<u>226,803</u>

Donated services of trained volunteer counsellors to assist the charity with counselling services are valued at £14,775 (2022: £16,200). The value of these services is recognised within incoming resources as a donation, and an equivalent charge includes within expenditure on charitable activities.

The charity also benefits from support from volunteers to assist with general administration. In accordance with the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the accounts.

Grants received, included in the above, are as follows:

	2023 £	2022 £
Batterson Chivers Trust	2,000	-
Cambridgeshire and Peterborough CCG	-	15,000
The Pye Foundation	4,000	-
Buckles Solicitors	16,000	-
Rhododendron Trust	1,000	-
City & University Cambridge Masonic Trust	2,000	-
The Ivan and Rebecca Twigden Charitable Trust	2,000	-
Anonymous/Other	-	6,000
	<u>27,000</u>	<u>21,000</u>
	<u>27,000</u>	<u>21,000</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

4. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Young Carers Services - grant income	-	34,517	34,517
Young Carers Services - contracted income	410,935	-	410,935
Someone to Talk to - grant income	-	268,418	268,418
Someone to Talk to - contracted income	1,527,906	-	1,527,906
Schools - contracted income	159,284	-	159,284
Fullscope - grant income	-	235,980	235,980
Fullscope - contracted income	-	40,000	40,000
Fullscope - other income	-	-	-
	<u>2,098,125</u>	<u>578,915</u>	<u>2,677,040</u>

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Young Carers Services - grant income	-	40,360	40,360
Young Carers Services - contracted income	410,935	-	410,935
Someone to Talk to - grant income	-	553,636	553,636
Someone to Talk to - contracted income	1,183,832	-	1,183,832
Schools - contracted income	116,865	-	116,865
Fullscope - grant income	-	144,811	144,811
Fullscope - contracted income	-	40,000	40,000
Fullscope - other income	-	21,636	21,636
	<u>1,711,632</u>	<u>800,443</u>	<u>2,512,075</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

Grants received, included in the above, are as follows:

	2023 £	2022 £
Children in Need	-	23,319
John Huntingdon's Charity	4,712	3,720
Cambridge Community Foundation	22,930	12,794
Cambridgeshire County Council	2,375	-
Wright's Clock Land	4,500	-
Other	-	527
Young Carers Services - grant income	34,517	40,360
Department of Health and Social Care Health and Wellbeing Fund	-	54,800
Children in Need	-	48,576
The Evelyn Trust	13,500	-
New Horizons	28,403	16,658
Cambridge City Council Homelessness Prevention Grant	40,000	43,000
Cambridgeshire County Council Community Grants	36,500	36,500
Masonic Trust	4,463	35,702
Harry Cureton Charitable Trust	20,000	-
Innovate & Cultivate	6,148	74,162
Cambridgeshire and Peterborough ICB	-	243,739
Cole Charitable Trust	2,200	-
Ely Trinity Dole	2,000	-
Thomas Parsons Charity	3,000	-
ECU Trust	3,000	-
Bishop Laney's Charity	5,000	-
Percy Bilton Charity	4,700	-
Huntingdon Freeman's Trust	30,348	-
Cambridge Community Foundation	3,736	-
John Apthorp Charity	14,364	-
Nationwide Building Society	48,056	-
Anonymous/Other	3,000	499
Someone to Talk to - grant income	268,418	553,636

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

Big Lottery Fund-Community Fund	125,611	78,386
Cambridgeshire County Council	15,000	-
Cambridgeshire County Council	95,369	-
Cambridgeshire and Peterborough CCG - Winter Pressures	-	44,424
The Evelyn Trust	-	13,204
Other	-	8,797
Fullscope - grant income	235,980	144,811

We acknowledge the grant received from the Innovate & Cultivate Fund, a fund provided by Cambridgeshire County Council and managed by Cambridgeshire Community Foundation.

£125,611 was received during the year from the National Lottery Community Fund in relation to the RC London and South East Region programme.

5. INCOME FROM OTHER TRADING ACTIVITIES

Income from non charitable trading activities

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Rental income, recharges and management fees	4,484	4,484	-

6. INVESTMENT INCOME

	Unrestricted funds 2023 £	Total funds 2023 £
Deposit account interest	1,623	1,623

	Unrestricted funds 2022 £	Total funds 2022 £
Deposit account interest	115	115

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

7. EXPENDITURE ON RAISING FUNDS

COSTS OF RAISING VOLUNTARY INCOME

	Unrestricted funds 2023 £	Total funds 2023 £
Fundraising	44,378	44,378
Wages and salaries	33,463	33,463
National insurance	3,001	3,001
Pension costs	1,441	1,441
	<u>82,283</u>	<u>82,283</u>
	Unrestricted funds 2022 £	Total funds 2022 £
Fundraising	29,744	29,744
Wages and salaries	45,815	45,815
National insurance	3,794	3,794
Pension costs	2,105	2,105
	<u>81,458</u>	<u>81,458</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

8. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

Summary by fund type

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Young Carers Services	322,856	31,565	354,421
Someone to Talk to	1,847,681	316,106	2,163,787
Schools	113,618	-	113,618
Fullscope	-	346,408	346,408
	<u>2,284,155</u>	<u>694,079</u>	<u>2,978,234</u>

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Young Carers Services	310,320	43,128	353,448
Someone to Talk to	1,266,903	478,254	1,745,157
Schools	87,972	-	87,972
Fullscope	-	196,755	196,755
	<u>1,665,195</u>	<u>718,137</u>	<u>2,383,332</u>

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES

	Activities undertaken directly 2023 £	Support costs 2023 £	Total funds 2023 £
Young Carers Services	346,575	7,846	354,421
Someone to Talk to	2,131,925	31,862	2,163,787
Schools	110,932	2,686	113,618
Fullscope	341,620	4,788	346,408
	<u>2,931,052</u>	<u>47,182</u>	<u>2,978,234</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

	Activities undertaken directly 2022 £	Support costs 2022 £	Total funds 2022 £
Young Carers Service	344,198	9,250	353,448
Someone to Talk to	1,716,805	28,352	1,745,157
Schools	87,341	631	87,972
Fullscope	196,155	600	196,755
	<u>2,344,499</u>	<u>38,833</u>	<u>2,383,332</u>

ANALYSIS OF DIRECT COSTS

	Young Carers Services 2023 £	Someone to talk to 2023 £	Schools 2023 £	Fullscope 2023 £	Total funds 2023 £
Staff costs	298,258	1,768,716	103,953	80,683	2,251,610
Other staff related costs	6,425	74,137	2,781	59,223	142,566
Office costs	12,021	143,787	196	-	156,004
Property costs	21,510	71,812	715	198,886	292,923
Service costs	8,361	73,473	3,287	2,828	87,949
	<u>346,575</u>	<u>2,131,925</u>	<u>110,932</u>	<u>341,620</u>	<u>2,931,052</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

ANALYSIS OF DIRECT COSTS (continued)

	Young Carers Services 2022 £	Someone to talk to 2022 £	Schools 2022 £	Fullscope 2022 £	Total funds 2022 £
Staff costs	294,079	1,358,958	75,320	57,811	1,786,168
Other staff related costs	6,112	76,716	2,614	41,417	126,859
Office costs	17,601	97,953	-	253	115,807
Property costs	16,354	108,343	3,055	95,039	222,791
Service costs	10,052	74,835	6,352	1,635	92,874
	<u>344,198</u>	<u>1,716,805</u>	<u>87,341</u>	<u>196,155</u>	<u>2,344,499</u>

ANALYSIS OF SUPPORT COSTS

	Young Carers Services 2023 £	Someone to talk to 2023 £	Schools 2023 £	Fullscope 2023 £	Total funds 2023 £
Legal and professional fees (governance)	4,665	18,945	1,597	2,847	28,054
Auditors' remuneration (governance)	2,694	10,940	922	1,644	16,200
Auditors' remuneration - non audit (governance)	487	1,977	167	297	2,928
	<u>7,846</u>	<u>31,862</u>	<u>2,686</u>	<u>4,788</u>	<u>47,182</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

9. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

ANALYSIS OF SUPPORT COSTS (continued)

	Young Carers Services 2022 £	Someone to talk to 2022 £	Schools 2022 £	Fullscope 2022 £	Total funds 2022 £
Legal and professional fees (governance)	6,547	17,855	631	600	25,633
Auditors' remuneration (governance)	2,212	8,588	-	-	10,800
Auditors' remuneration - non audit (governance)	491	1,909	-	-	2,400
	<u>9,250</u>	<u>28,352</u>	<u>631</u>	<u>600</u>	<u>38,833</u>

Legal and professional governance costs are allocated to each activity. Auditors' remuneration is allocated to charitable activities in proportion to charitable income generated by those activities.

10. AUDITORS' REMUNERATION

The auditors' remuneration (inclusive of VAT) amounts to an auditor fee of £13,500 (2022 - £10,800), and preparation of the statutory financial statements of £1,980 (2022 - £1,800) and tax compliance services of £660 (2022 - £600).

11. STAFF COSTS

	2023 £	2022 £
Wages and salaries	2,009,744	1,631,682
Social security costs	187,252	134,526
Pension costs	92,519	71,674
	<u>2,289,515</u>	<u>1,837,882</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

11. STAFF COSTS (CONTINUED)

The average number of persons employed by the Company during the year was as follows:

	2023	2022
	No.	No.
Young Carers Services	12	11
Someone to Talk to	38	39
Schools	9	5
Trainees	3	7
Central (including fundraising)	19	13
Fullscope	2	2
	83	77

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023	2022
	No.	No.
In the band £60,001 - £70,000	1	-

Key management personnel are those persons having authority and responsibility for planning, directing and controlling the activities of the Charity. They consist of the Chief Executive Officer and all Trustees. The aggregate cost of key management remuneration (inclusive of employer NIC and pension contributions) was £82,113 (2022 - £58,584). Remuneration for key management personnel is set using industry benchmarking and overseen by the Chair.

12. TRUSTEES' REMUNERATION AND EXPENSES

During the year, no Trustees received any remuneration or other benefits (2022 - £NIL).

During the year ended 31 March 2023, no Trustee expenses have been incurred (2022 - £NIL).

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

13. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold additions £	Fixtures and fittings £	Office equipment £	Total £
COST					
At 1 April 2022	61,561	84,672	20,525	22,833	189,591
Additions	-	-	61,600	-	61,600
At 31 March 2023	61,561	84,672	82,125	22,833	251,191
DEPRECIATION					
At 1 April 2022	-	-	20,525	22,833	43,358
Charge for the year	-	-	13,023	-	13,023
At 31 March 2023	-	-	33,548	22,833	56,381
NET BOOK VALUE					
At 31 March 2023	61,561	84,672	48,577	-	194,810
At 31 March 2022	61,561	84,672	-	-	146,233

All the charity's assets were used in furtherance of the charity's objectives. The freehold property, 33 Clarendon Street, Cambridge is shown at cost.

The freehold property, 33 Clarendon Street, Cambridge has a restriction over its sale as described in note 21.

14. DEBTORS

	2023 £	2022 £
DUE WITHIN ONE YEAR		
Trade debtors	472,543	90,290
Prepayments and accrued income	23,812	60,393
	496,355	150,683

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	26,200	27,951
Other taxation and social security	38,127	39,834
Other creditors	14,637	18,619
Accruals and deferred income	490,351	143,213
	569,315	229,617
	2023	2022
	£	£
Deferred income at 1 April 2022	107,684	294,726
Resources deferred during the year	261,481	107,684
Amounts released from previous periods	(107,684)	(294,726)
	261,481	107,684

Grants and contracts received in advance refers to payments received on account for contracts or performance-related grants.

Deferred income is income, other than that described above, received in the year for services to be provided in the next financial period.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

16. STATEMENT OF FUNDS

STATEMENT OF FUNDS - CURRENT YEAR

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2023 £
UNRESTRICTED FUNDS					
DESIGNATED FUNDS					
33 Clarendon Street	61,561	-	-	-	61,561
Cyclical maintenance fund	41,392	-	-	(41,392)	-
Other fixed assets	84,672	-	-	48,577	133,249
Service delivery fund	261,137	-	-	(261,137)	-
	<u>448,762</u>	<u>-</u>	<u>-</u>	<u>(253,952)</u>	<u>194,810</u>
GENERAL FUNDS					
General Funds	363,008	2,229,745	(2,366,438)	270,376	496,691
TOTAL UNRESTRICTED FUNDS	<u>811,770</u>	<u>2,229,745</u>	<u>(2,366,438)</u>	<u>16,424</u>	<u>691,501</u>
RESTRICTED FUNDS					
Young Carers Services	-	31,565	(31,565)	-	-
Someone to Talk to	35,863	320,694	(316,105)	(16,424)	24,028
Fullscope	253,273	279,480	(346,409)	-	186,344
	<u>289,136</u>	<u>631,739</u>	<u>(694,079)</u>	<u>(16,424)</u>	<u>210,372</u>
TOTAL OF FUNDS	<u>1,100,906</u>	<u>2,861,484</u>	<u>(3,060,517)</u>	<u>-</u>	<u>901,873</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

16. STATEMENT OF FUNDS (CONTINUED)

STATEMENT OF FUNDS - PRIOR YEAR

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
UNRESTRICTED FUNDS					
DESIGNATED FUNDS					
33 Clarendon Street	61,561	-	-	-	61,561
Fundraising	79,390	-	-	(79,390)	-
Cyclical maintenance fund	41,392	-	-	-	41,392
Other fixed assets	-	-	-	84,672	84,672
Service delivery fund	-	-	-	261,137	261,137
	<u>182,343</u>	<u>-</u>	<u>-</u>	<u>266,419</u>	<u>448,762</u>
GENERAL FUNDS					
General Funds	400,776	1,890,785	(1,746,653)	(181,900)	363,008
	<u>400,776</u>	<u>1,890,785</u>	<u>(1,746,653)</u>	<u>(181,900)</u>	<u>363,008</u>
TOTAL UNRESTRICTED FUNDS	<u>583,119</u>	<u>1,890,785</u>	<u>(1,746,653)</u>	<u>84,519</u>	<u>811,770</u>
RESTRICTED FUNDS					
Young Carers Services	-	43,128	(43,128)	-	-
Fullscope	243,584	206,446	(196,757)	-	253,273
Someone to Talk to	-	598,634	(478,252)	(84,519)	35,863
	<u>243,584</u>	<u>848,208</u>	<u>(718,137)</u>	<u>(84,519)</u>	<u>289,136</u>
TOTAL OF FUNDS	<u>826,703</u>	<u>2,738,993</u>	<u>(2,464,790)</u>	<u>-</u>	<u>1,100,906</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

16. STATEMENT OF FUNDS (CONTINUED)

RESTRICTED FUNDS

Young Carers Services

The charity receives various grants and donations which fund certain aspects of its work on the young carers project.

Someone to Talk to

Someone to Talk to is a free and confidential one-stop shop for young people who have mental health and practical needs. The service is for all young people but actively targets those experiencing mental health inequalities and barriers to accessing services. The most common needs we see are mental health/emotional wellbeing, homelessness, financial competence and safer sexual choices. The service also provides specialist mental health support through short-term, solution-focussed counselling to young people.

The charity receives various grants and donations which are restricted for various projects within the Somone to Talk to charitable activities.

Fullscope

Fullscope is a consortium of seven local charities with a shared mission to improve mental health and wellbeing of children and young people in Cambridgeshire and Peterborough. Initially funded by The Big Lottery Fund the consortium was established in June 2019 and is managed by the members based on a Memorandum of Understanding. On 1 July 2020 Centre 33 went from a Partner to become the Lead Partner. As a result it is responsible for the income and expenses of the consortium. All income and expenses related to Fullscope are included within this fund.

DESIGNATED FUNDS

33 Clarendon Street

The fund represents the funds expended when the freehold property was purchased in 1991, along with subsequent costs.

Cyclical maintenance fund

The fund is to provide cyclical maintenance to 33 Clarendon Street. These funds have been transferred and used for other property maintenance in the year.

Other fixed assets

This fund represents the net book value of the charity's remaining tangible fixed assets. As these are used for operational purposes these funds are otherwise not freely available for use by the charity.

Service delivery fund

This fund represented the unrestricted budgeted deficit for the 2022/23 financial year. This amount has been transferred to general funds at the year end.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

ANALYSIS OF NET ASSETS BETWEEN FUNDS - CURRENT YEAR

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Tangible fixed assets	194,810	-	194,810
Current assets	1,066,006	210,372	1,276,378
Creditors due within one year	(569,315)	-	(569,315)
TOTAL	691,501	210,372	901,873

ANALYSIS OF NET ASSETS BETWEEN FUNDS - PRIOR YEAR

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	146,233	-	146,233
Current assets	895,154	289,136	1,184,290
Creditors due within one year	(229,617)	-	(229,617)
TOTAL	811,770	289,136	1,100,906

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

18. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net (expenditure)/income for the year (as per Statement of Financial Activities)	(199,033)	274,203
ADJUSTMENTS FOR:		
Depreciation charges	13,023	-
Interest received	(1,623)	(115)
(Increase)/decrease in debtors	(345,672)	205,573
Increase/(decrease) in creditors	339,698	(175,011)
Net cash (used in)/provided by operating activities	(193,607)	304,650

19. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2023 £	2022 £
Cash in hand	780,023	1,033,607
TOTAL CASH AND CASH EQUIVALENTS	780,023	1,033,607

20. ANALYSIS OF CHANGES IN NET DEBT

	At 1 April 2022 £	Cash flows £	At 31 March 2023 £
Cash at bank and in hand	1,033,607	(253,584)	780,023
	1,033,607	(253,584)	780,023

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

21. CONTINGENT LIABILITIES

In 1991, Cambridge City Council advanced £17,000 to the Charity in order to enable it to buy the freehold property 33 Clarendon Street, Cambridge for the sum of £48,361. The was advanced on the condition that the building be only used for purposes specified in the Charity's objectives and that, in the event of the property being sold, an amount would be repayable, being the lower of £17,000 plus interest calculated at 2% below the base rate of Midland Bank and 17/66ths of the market value of the property, provided that, in the event of the £17,000 plus interest figure being the lower of the two, the difference between this and the 17/66ths figure is applied for the purposes of the Charity, otherwise the higher would be repayable. The contingent liability at the year end has been calculated at £28,005 (2022: £27,920). In the event that the building were never sold, no sum would ever be repayable.

22. PENSION COMMITMENTS

During the year the charity made contributions of £92,519 (2022 - £71,674) to a defined contribution pension scheme for the benefit of employees. Contributions payable to the pension fund at the balance sheet date were £14,637 (2022: £18,619).

The basis for allocation of the cost between activities and funds is the same as for other costs, as described in the accounting policies.

23. OPERATING LEASE COMMITMENTS

At 31 March 2023 the Company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2023	2022
	£	£
Not later than 1 year	49,262	38,403
Later than 1 year and not later than 5 years	31,500	79,262
	80,762	117,665

24. RELATED PARTY TRANSACTIONS

The Company has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Company at 31 March 2023.

Accounts

Registered number: 03725494
Charity number: 1074974

**CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND
INFORMATION SERVICE**

(A Company Limited by Guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

CONTENTS

	Page
Reference and Administrative Details of the Company, its Trustees and Advisers	1
Trustees' Report	2 - 14
Independent Auditors' Report on the Financial Statements	15 – 19
Statement of Financial Activities	20
Balance Sheet	21
Statement of Cash Flows	22
Notes to the Financial Statements	23 - 44

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE**(A Company Limited by Guarantee)**

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2022**

Trustees P Clarke (resigned 4 May 2021, reappointed 10 January 2022)
E C Morgan-Tamosunas
C G Davies
R Holland
E C Chamberlayne
S Imrie
H E James
P Windred
E M Kamel
S Owers
A C Evans
M Reiss (resigned 7 September 2021)

Company registered number 03725494

Charity registered number 1074974

Registered office 33 Clarendon Street
Cambridge
CB1 1JX

Operating Name Centre 33

Chief Executive Officer E Green

Independent auditors Peters Elworthy and Moore
Chartered Accountants
Statutory Auditors
Salisbury House
Station Road
Cambridge
CB1 2LA

Bankers Barclays Bank PLC
Benet Street Business Centre
PO Box 2
Cambridge
CB2 3PZ

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

The Trustees who are also Directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

Our Objectives

The charity's objectives are to relieve and prevent suffering caused by mental or physical ill health, or by financial hardship, or need caused by other reasons, through the provision of counselling, information, and other services for young people aged 25 and under in the City of Cambridge, the County of Cambridgeshire, the City of Peterborough and surrounding areas.

Our Public Benefit

Centre 33 carries out a range of activities in pursuance of its charitable aims. The Trustees consider that these activities comply with both Section 4 of the Charities Act 2011 and the Charity Commission's guide on public benefit. Centre 33 works to benefit both the young people who access its services and the wider community of Cambridgeshire and Peterborough.

Our Vision, Mission and Values

We opened our doors in 1981 to offer young people a safe space where they could receive free, confidential and professional support in a non-judgemental and welcoming setting.

We have grown but stay true to our founding principles in all our work. We believe young people deserve respect and excellent care and support, no matter what they come to us with.

We receive positive feedback from young people who say they feel they have been listened to, are taken seriously, and have a say in their own support which makes a difference to them. The wider sector also gives us positive feedback including commissioners who say we are a trusted and respected brand, valued for our young people focus, data usage and local knowledge.

We are a team of over 100 staff and volunteers, and we work across the county, in hubs, remotely, in schools and in the community with 1000s of young people each year. Last year we supported and communicated with 31,711 people via our free services, queries, and outreach work, working closely with 2,998 young people and received an income of £2.7million.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Our **Vision** is:

- A future where all young people are listened to, respected and supported.

Our **Mission** in Cambridgeshire is:

- To offer young people support with practical issues and emotional needs that is free, confidential, empowering, easy-access and high quality.
- To actively work with other local services so that young people's needs are met, and their voices are heard.

We apply the following Values to all our work and those we work with:

<u>Young people led</u> • We are led by young people's needs and treat them as unique individuals • We believe in a strengths-based, humanistic approach to support • We trust and support young people to take a central part in deciding what support is right for them • We ask young people what they want from us and involve them in the decision making about our services	<u>Striving for excellence</u> • We care intensely about our work - we are committed to making a positive difference to the lives of young people • We demonstrate a high level of expertise in our fields • We research best practice and work to evidence based, benchmarked standards and measured outcomes • We are professionally curious and forward thinking - we seek feedback, self-reflect and continuously learn together from our experiences
<u>Collaborative</u> • We genuinely value our working community, our supporters and our volunteers • We support each other through challenges and prioritise wellbeing • We actively seek working collaborations with partners and communities for better outcomes for young people • We challenge systems that don't act in young people's interests and speak out on their behalf	<u>Inclusive</u> • We welcome all with no judgement • We are easy to approach, we don't turn away, we listen and support • We respect each other and our young people for our diverse experiences and qualities - everyone's views are important to us • We welcome and celebrate diversity

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE

(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance

Centre 33 achieves its aims and supports young people across Cambridgeshire and Peterborough up to the age of 25 through:

1. Direct support to young people: Offering young people support with practical issues and emotional needs through a range of services that is free, confidential, empowering, easy-access and high quality.
2. Proactive partnership: Actively working with other local services so that young people's needs are met, and their voices are heard.

'Our 'Someone to Talk to' Service (STTT)

Our 'Someone to Talk to' service is the cornerstone of our universal services. It supports young people aged 13-25 on a range of issues, in particular to become emotionally healthy, sexually healthy, safely housed, in employment/meaningful education/training and to have improved financial situations. The service offers free advice, assessment, and advocacy support to young people via open access drop-ins and workshops. We aim to give young people access to information, to raise awareness and support them to make timely and informed choices in their lives. Engagement and support workers provide support when young people seek help and the service includes access to housing experts, employment coaches, counsellors and Children's Wellbeing Practitioners. It also supports young people to access other professional help if more appropriate.

Last year 'Someone to Talk to':

- o Reached and responded to over 2,485 needs from young people and those that support them.
- o Supported 946 young people through our STTT drop in Service, through one-to-one support virtual or face to face (this was a 18% increase from last year).
 - 93% of young people seeking help came with more than one presenting need and 54% sought help with over 8 different presenting needs.
 - 92% presented with needs around their mental health, 40% of young people sought help with issues around work/money/housing/poverty, 68% with needs around their relationships.
 - 32% of young people seeking support with their mental health were experiencing severe psychological distress, 22% moderately severe and 17% severely distressed.
- o Provided mental health support to 1,531 young people, including assessments of young people's mental health needs and access to ongoing mental health support via counselling and guided self-help. Young people accessed this support following accessing our STTT drop in or via a YOUNited referral.
- o 748 young people accessed 4,634 sessions of counselling in our community settings
- o Supported 167 young people on a one-to-one basis with housing/homelessness
- o Supported 29 young people through our New Horizons job coach who provides support with money, employment and training.

Our 'Someone to Talk to' staff have developed strong partnerships across the local children and young people's sector. For example, during 2021/22, Centre 33:

- o Launched the YOUNited partnership, with Cambridgeshire and Peterborough Foundation Trust, (CPFT), Cambridgeshire Community Services (CCS) and Ormiston Families with the aim of ensuring young people get easier and timely access to the mental health support that best meets their needs
- o Worked in partnership with both Pinpoint and Early Help at Cambridgeshire County Council to provide support to young people and parents around emotional wellbeing and mental health with our Children's Wellbeing Practitioners. This has included 1-1 and group based guided self-help support such as dealing with anxiety and low mood.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE

(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

- o Worked jointly with providers of accommodation for young people in Cambridge City, enabling young people to get access to housing to meet their needs.
- o Continued to work with partners delivering the New Horizons Project, providing direct support to young people through employing a job coach.
- o Continued to work with the Centre for Mental Health to evaluate our 'Someone to Talk to' flexible support for young people facing health inequalities and barriers to accessing support.
- o Launched a Key Worker feasibility pilot which aims to advocate for and provide support to young people to enable them to navigate the wider system of support available through statutory and voluntary providers. This support may include mental health services, and any other support identified through an assessment of needs (eg, housing, financial literacy, sexual health, caring responsibilities).
- o We have been part of a working group hosted by Youth Access, working alongside other similar organisations to promote youth advice provision being recognised and supported as part of the Government's new 10-year mental health strategy for young people.
- o Centre 33 also supported the development of the new local Children and Young People's Mental Health Strategy.

Our Young Carers Project

Our Young Carers Assessment and Support Service offers respite, one-to-one support and advocacy to children and young people up to the age of 18 who take on practical and/or emotional caring responsibilities. The service aims to ensure that young carers have the same life chances, levels of wellbeing and voice as their peers by reducing the negative impact of their caring responsibilities. It fulfils the statutory requirements to identify Young Carers needing support and offer Young Carer needs assessments and transition assessments. The service also runs a Young Carers Advisory Board with 21 young carer representatives to give Young Carers a voice. This Board meets bimonthly to set and review priorities, and through the year has twelve focused workshops for specific areas of learning and development.

Last year our Young Carers Assessment and Support Service:

- o Reached 11,000 people through outreach work including our Young Carers Bitesize, and service specific awareness raising training and assemblies/ PSHE Lessons (remote and in-person).
- o Provided services to over 1,000 Young Carers. Of this, 555 were new referrals, receiving assessment, one-to-one support, respite and group support. 29% of the 921 of these Young Carers were assessed as providing very high levels of care.
- o We assessed over 500 young carers for impact and 76% saw an improvement in the impact of their caring responsibilities.
- o Hosted over 200 young carers in a combination of remote and face to face group sessions

Young Carers staff have developed strong partnerships across the local children and young people's sector; for example, during 2021/22, they:

- o Participated in the Young Carers Steering Group, bringing together stakeholder and partners from across Local Authority, Education, Health and the voluntary sector to develop and steer young carers priorities.
 - o Built strong relationships and supported Young Carers champion roles within secondary schools across Cambridgeshire and Peterborough, along with developing our primary school's model of support.
 - o Worked closely with Change, Grow, Live (CGL) and the Local Authority to support identification and develop support for families with substance / alcohol use, specifically highlighting the needs for specialist staff within recovery teams to identify and support young carers.
 - o Contribute to several Health steering groups, developing strong partnership work with CPFT, Cambridge University Hospitals and NHS East of England.
 - o Partook in the Young Carer Alliance – supporting national Young Carers partner organisations, influencing policy, and feeding into research opportunities.
-

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE**(A Company Limited by Guarantee)**

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

- o Trained over 1,000 professionals to identify and support young carers in their roles through delivering training packs, webinars, and bitesize remote training sessions to multiple professional partners across health, education, and social care both locally and nationally.
- o Delivered a regular Young Carers module on the LSCB training program and co-delivered training with the Mental Health recovery team at CPFT on substance use and the impact on young carers.
- o Co-developed training films and material and delivered training to all Carer Leads within CPFT.
- o Developed a Young Carers Advisory Group – accessing Local Authority training
- o Operated as the Young Carers lead within an All-Age Carers Contract for Cambridgeshire and Peterborough, working closely to ensure a whole family approach, and working closely with Caring Together and Making Space around transitions to adult services.

Our Schools Counselling Service

Our Schools Counselling Service offers counselling within secondary schools. We provide a safe place for young people to share their feelings and explore ways of overcoming their distress.

In 2021/22, Centre 33 provided counselling in 15 schools across Cambridgeshire including South Cambridgeshire, East Cambridgeshire, Cambridge and St Neots. Over 338 young people received one-to-one counselling.

All young people receiving mental health interventions completed verified routine outcome measurement tools. In 2021/22 72% of young people showed improvements in their mental health when completing CORE and 95% of young people reported their goals were partially/fully met.

Fullscope

Centre 33 is a founding member of Fullscope and became its host organisation in July 2020. Fullscope is a collective of Cambridgeshire-based voluntary sector organisations working to deliver comprehensive support packages for children and young people aged 0-25 across Cambridgeshire to address mental health challenges.

As host we:

- o Act as the legal entity for employing necessary staff (namely Programme Director, Project Manager and supporting staff with specialist expertise such data analyst and communication leads)
- o Hold Fullscope funds and ensure they are used in accordance with agreed project budgets
- o Provide financial management
- o Are accountable to the National Lottery Fund and other project funds
- o Provide infrastructure and physical space to work and develop the collaboration's work.

In 2021/22, Fullscope:

- o Led projects to look at the system's pressure points and worked with colleagues to break down barriers for access. For example, the Single Point Access and GP projects reviewed young people who get "rejected" from statutory services to understand what else could be offered.
- o Coordinated the voluntary sector mental health response to Covid-19.
- o Established Fullscope Plus to include three more local charities bringing extra capacity to the system, test independent tech platforms for collaboration and enable more efficient data collection to evidence impact.
- o Reached out to vulnerable families and young people with the Creative Care Programme and lead the Public Health Self harm project.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Organisational Capacity

Centre 33 has invested in organisational infrastructure to create greater efficiency and sustainability. This included a review of the Senior Leadership Team. The team now consists of the CEO, Deputy CEO and under that role a Head of Impact and Evaluation, Director of Finance and HR, Head of Projects/Comms and Operations and two Directors of Services. We also have a vacancy for a Director of Partnerships and Development which is work in progress due to a competitive recruitment market.

We celebrated 40 years of supporting young people across Cambridgeshire by reconnecting with former staff and supporters and reflecting on our shared values across time. We also filmed young people discussing changes in issues for young people over the period and in the local mental health landscape.

With support from a grant from Children in Need, we opened our Peterborough hub in Cumbergate in the Spring of 2022. This multi-purpose centrally located hub will provide a holistic support offer encompassing young carers, drop-in, counselling, and practical support. We will work together with partners to both co-locate and co-deliver services in an area of high need.

Fundraising

Centre 33 income has grown significantly over the last year.

Much of this increase is from contract funding linked to the YOUnited contract.

In addition, Centre 33 has increased fundraising resources by investing in a Director of Partnerships and Development and has continued to develop infrastructure and resources so that the charity has tailored proposals for all its prospective funders/donors including developing a case for support. This is still work in progress, due to a competitive recruitment market and further work needed to establish short and medium term priorities in fundraising.

Over the next 5 years, Centre 33 plans to further diversify its income streams to ensure long term financial sustainability and is developing a funding pipeline across key funding areas.

Centre 33 has strict standards for how donors are stewarded, and their personal data is secure and protected under GDPR legislation and our privacy notice. Throughout the year Centre 33 has received no complaints about fundraising activity. Centre 33 has not registered with the Fundraising Regulator; however, the charity is evaluating the regulator's Code of Conduct to ensure that all aspects of the Code are imbedded in our fundraising policies prior to application to the regulator in 2023.

Centre 33 has used two external fundraising consultants for Trusts and Foundations and Corporate applications to help with fundraising capacity and prospect research. These contractors were monitored through regular meetings and had regular check-ins to ensure they adhered to the charity's ethical fundraising policy. The charity did not conduct any face-to-face fundraising due to Covid 19.

COVID-19

Our Response

It is over two years since the UK entered its first lock-down to control the spread of Covid-19. This resulted in unprecedented changes for young people and for the services that support them. As a result of Covid-19, Centre 33 continued to adapt the support we provide. We have remained committed to continuing services and being available to young people who need it, offering support and information with the aim to reduce any sense of isolation by ensuring we continued to be 'someone to talk to' for young people who needed us.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

To ensure that Centre 33 was able to support young people through Covid-19 pandemic, we continued to

- Provide flexible engagement with young people offering a choice of face to face where and when it was safe to do so as well as remote offers of support via phone, WhatsApp, email, and online.
- Equip staff to deal with the increased risk that young people were presenting by strengthening our support and training for all staff
- Establish a system of welfare and check-in calls for all high-risk young people across all services which we continued beyond Covid-19 lockdown periods.
- Carry out significant social media and other communications to ensure that young people were aware Centre 33 was open. This was co-ordinated across the statutory and voluntary sector partners.
- Develop a series of short videos and literature for young people in response to the issues they were raising (<http://centre33.org.uk/help/looking-after-your-wellbeing/>).
- Increase our partnership work with the statutory and voluntary sector, to share learning, gaps and develop models of work to ensure young people get the support they need.

Impact on Young People

As the pandemic passes, national data is showing rising referrals to children and young people's mental health services, causing a concern that deferred and additional demand for support with mental health will continue to put high pressure on the mental health system for years to come. However we have no way of predicting the extent to which any changes to young people's mental health will be long-lived, or what the longer-term effects of trauma and loss may be for young people.

Financial Impact

Covid-19 had two key financial impacts on Centre 33:

- The significant additional costs resulting directly from service adaptation continued in 2021/22. These included equipping new staff to work from home (phones, laptops, screens) if joining during times where numbers in our buildings were restricted, supporting staff to enable them to work safely with higher risk young people remotely (training, additional debriefs) and additional running costs (new software/tools with ongoing costs)
- The funding pipeline continued to be impacted due to reduced opportunities for some of our usual community fundraising events and the change in focus of some of our funders

We are very grateful to the support of funders who helped us bridge these gaps.

We continue to monitor the above to understand the medium/long term impact to both costs and funding.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE**(A Company Limited by Guarantee)**

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

Financial review**Financial Position****Key Results**

In 2021/2022:

- Income totalled £2,738,993 (£1,782,962 in 2020/21)
- Expenditure totalled £2,464,790 (£1,535,804 in 2020/21)
- This resulted in a positive net movement in funds for the year of £274,203 (£247,158 in 2020/21)

Income

The main increase in income is as a result of the new YOUnited contract with Cambridgeshire and Peterborough NHS Foundation Trust (CPFT). In addition, and as outlined in the fundraising section, Centre 33 has also increased its income from donations and grants during the year.

Expenditure

Costs have broadly increased in line with income and the level of activities being undertaken by Centre 33. Staff costs which in the main relate to direct service delivery account for around 75% of our total expenditure.

Assets and Liabilities

At 31 March 2022, Centre 33 had:

- Net assets of £1,100,906 (2021 - £826,703)
- Fixed assets of £146,233 (2021 - £61,561). This comprises the Clarendon Street property valued at cost and the refurbishment of the Peterborough offices
- Current assets of £1,184,290 (2021 - £1,169,770). Of this, £1,033,607 (2021 - £813,514) was cash
- Creditors of £229,617 (2021 - £404,628) which includes deferred income of £66,386 (2021 - £294,726)

Pensions

Centre 33's pension scheme is operated through Creative Pension Trust. All staff are auto enrolled under the current legislation. The scheme does not carry a liability.

Reserves policy

The Trustees have resolved that the Charity should aim to keep a level of free reserves equal to between two- and three-months average expenditure.

This policy is based on a thorough review of risks and needs. In developing this policy, Trustees have considered the following:

- The priority of spending incoming funds on meeting the organisation's core strategic purpose
- The requirement to ensure essential services for vulnerable beneficiaries are maintained if any funding streams are reduced / removed, large, unexpected expenses materialise or a short-term deficit in cashflow materialises
- The importance of scaling reserves with the growth of the organisation
- The desire to maintain flexibility to future opportunities and to launch new initiatives
- The ownership of a freehold property that could be sold in the medium-term to leverage additional funds

Trustees and management do not want to hold surplus funds unnecessarily, but believe long-term sustainability is paramount to beneficiaries and therefore on balance are comfortable that this policy is appropriate for the organisation.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE

(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

The reserves levels are reviewed on an annual basis as a minimum, at Board level, and whenever deemed necessary appropriate action is taken so that the reserves level complies with this policy.

Unrestricted Reserves

At 31 March 2022, Centre 33 held unrestricted reserves of £811,770 (2021 - £583,119)).

It is important to note that £61,561 of this total can only be realised through the disposal of a tangible fixed asset, namely our Cambridge premises (33 Clarendon Street). In addition, £84,672 represents the remaining carrying value of tangible fixed assets held by Centre 33 for operational use to carry out its activities. A further £41,392 has been set aside to meet cyclical maintenance costs.

This leaves unrestricted funds amounting to £624,145. The trustees have budgeted a deficit for 2022/23 of £297,000 and have designated a Service delivery fund amounting to £261,137 to meet this. Taking this into account leaves free reserves of £363,008.

Budgeted expenditure for 2022/23, including restricted activities but excluding Fullscope, is in the region of £2.834m and therefore target free reserves are in the range of £472,000 to £708,000. The current free reserves are modestly below this target and the Charity will continue to fundraise and seek further unrestricted funds.

Restricted Reserves

At 31 March 2022, Centre 33 held restricted reserves of £264,504 (2021 - £243,584).

Restricted reserves are funds which have been given by funders for a particular service. The charity is unable to use these funds outside of the agreed purpose.

These funds include:

- Someone to Talk to: £35,863, which represents unspent amounts on grants for projects ongoing at the year end.
- Fullscope: £253,273, which represents unspent amounts on this ongoing project where Centre 33 is the lead partner of seven local charities.

No restricted funds were in deficit.

Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

Structure, governance and management

Governing Documentation and Constitution

Centre 33 constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is also a registered charity. It is governed by our Articles of Association.

Appointment, Induction and Training of Trustees

Trustee recruitment is managed by the HR Sub-Committee.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

In selecting a person to be appointed as a trustee, consideration is given to how their residence, occupation, employment, special knowledge, and personal or professional qualifications may contribute to delivering against the objects of the charity. A periodic trustees' skills audit is also conducted to assess any areas where additional expertise may be required.

The minimum number of trustees is three and the maximum is fifteen.

New Trustees are elected by the Board of Trustees at the Annual General Meeting.

All new Trustees are provided with comprehensive induction and training to become familiar with their roles and responsibilities and Centre 33's work. This includes meeting with key staff and receipt of an induction pack containing copies of key policies and documents and a copy of Good Trustee Guide.

Following their appointment, Centre 33 provides trustees with ongoing training as appropriate.

Organisational structure and decision-making policies

The Trustees of Centre 33 are responsible for the overall direction and management of the Charity.

The Board of Trustees meets regularly throughout the year to discuss and decide on issues affecting the Charity, delegating appropriate matters to its sub-committees and operational management to the Chief Executive Officer.

Trustees are required to disclose all relevant interests and declare potential conflicts of interest at each Trustee meeting which is then recorded in the minutes.

The core Senior Leadership Team consists of the Chief Executive Officer, Deputy Chief Executive Officer, Director of Finance and HR, Head of Operations, Projects and Communication and Director of Partnerships and Development (vacant and currently recruiting), with a wider SLT including two Director of Services and a Head of Impact and Quality.

The Senior Management Team includes the above and the service and specialist managers.

Volunteers

Centre 33 would not be able to deliver its services without the skills, dedicated support, and commitment of its volunteers. In 2021/22, we were supported by over 50 volunteers. Most volunteer activity relates to the delivery of counselling and support services to young people. These volunteers are supported by specialist supervision in addition to the general volunteer support package. Some volunteer activity offers practical support in running and maintaining services. Volunteers receive full induction as well as on-going training and support during their time at Centre 33.

Pay policy for key management personnel

The Board of Trustees sets the salary for the Chief Executive Officer and agrees the annual pay increases for the whole staff group, in line with the financial performance of the charity.

This year an external consultant provided guidance in resetting the employee grade / pay scales structure and provided salary benchmarking data.

Related party relationships

Centre 33 has no related party arrangements to disclose.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Risk management

Risks are identified, monitored, managed, and recorded in a Risk Log.

The Board of Trustees is responsible for overseeing the development and implementation of the risk management strategy. The Board and SLT reviews the Risk Log annually to confirm that the major risks have been identified correctly and that controls are in place to manage them.

The Finance and Risk Sub Committee is responsible for the ongoing monitoring of the Risk Log to ensure that all significant risks are identified and prioritised and that appropriate controls and actions are in place and will highlight significant changes to the full board.

Centre 33's Senior Leadership Team is responsible for ensuring that the risk management policy is implemented and for co-ordinating risk management activity across Centre 33.

Principal current risks have been influenced by organisation growth, the employment market, inflation and the continued impact of Covid-19. In addition, whilst the YOUnited partnership is a positive development for the Charity's beneficiaries it involves significant service development which comes with associated risks.

Principal Risks and Uncertainties

In 2021/22 the principal risks have been in the following areas:

Increase in distress experienced by young people

Concerns about young people's mental health have risen in the wake of the Covid-19 pandemic. There is worrying evidence that rates of mental distress have risen sharply amongst young people, and that this, combined with deferred demand from the lockdown periods threatens to overwhelm services. Alongside this, we know that the effect of the pandemic on young people's mental health has disproportionately affected some young people, and this threatens to exacerbate existing inequalities. The increase in severity of issues and demand is being monitored by Centre 33 and we are sharing knowledge and planning with partners across the sector to manage future demand. However, the impact of increased demand locally means the waiting time for some services will be significant for young people and we need to continue to work together as a system to implement approaches to best meet the needs of young people in a timely way.

Staff Recruitment and Retention

Recruitment in social care is a challenge across the UK. There are many factors influencing this situation including: Covid-19 and the changes in general working patterns, a concern regarding job security, Brexit and the subsequent changes in employment patterns within some social care settings, salaries and the equivalent of a full market for employees at a time when there is a degree of nervousness from employers (including statutory services) regarding the economic landscape in coming years. Centre 33 has found it challenging to recruit and retain quality staff to meet its growth in funding. This risk is a continued focus for the organisation, and is being addressed through ongoing review of salaries and benefits alongside regular reviews of financial affordability.

Organisational Expansion

The growth in Centre 33 over the last year, has put considerable pressures on staff and infrastructure. There has been considerable work at a Senior Leadership Level and Trustee Board to manage this. This includes a restructure of the Senior Leadership Team (leading to 3 more members), additional resources within central/support teams and reviews of central systems, a review of office premises including a new office in Peterborough and renewed focus on organisation values and culture in light of the number of new staff.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Much of the growth has been due to the development and launch of YOUnited – an integrated partnership for statutory and third sector wellbeing services for children and young people. This has taken considerable resource from across the organisation.

Plans for future periods

Based on our research, our work, and our values, this year we have developed a Six-Year strategic Plan (2022-2028). This plan has four overarching goals which will help us achieve our Mission over the next five years. Our four strategic goals fall into areas of impact and areas that enable our work.

Impact goals

- All young people across Cambridgeshire and Peterborough can receive holistic support that is accessible, high quality, impactful, targeted and led by them.
- Centre 33 advocates for positive change for young people through dissemination of knowledge and best practice, and collaborative working to ensure high levels of understanding of their needs and clear pathways of support.

Enabling goals

- Centre 33's workforce and governance is high quality, stable and diverse: working in quality community-based hubs and practices.
- Centre 33 has financial stability over this five-year period; achieved through a clear vision, adequate resources, complies with best practice and legal requirements; and an established funding mix.

Priorities

- Continuing to ensure that we fulfil our contract/grant requirements
- Ensuring our current work is consolidated and new work is embedded into our offer to young people (e.g. YOUnited and key worker schemes)
- Progress our three influencing priorities:
 - o Ensuring local services support young people up to 25 (Mental Health and Young Carers)
 - o Ensuring all support is person-centred and holistic (both practical and emotional needs)
 - o Championing accessibility particularly for vulnerable targeted groups
- Establishing appropriate resources in services, impact, senior leadership and fundraising teams
- Investing in our staff to ensure a strong and stable staffing base, ensuring staff have the right capabilities, environment and skills for their roles
- Establishing an evaluation and research framework that will initially provide an assessment of our baseline data allowing us to review, adapt and develop our services to better reach and meet the needs of young people
- Raising sufficient funding to deliver our services and ambitions
- Ensuring staff receive a fair and competitive salary

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE

(A Company Limited by Guarantee)

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditors

Each of the persons who are Trustees at the time when this Trustees' Report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditors are unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

Approved by order of the members of the board of Trustees and signed on their behalf by:



E C Chamberlyne
Trustee

Date: 29 November 2022

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG PEOPLE'S
COUNSELLING AND INFORMATION SERVICE**

OPINION

We have audited the financial statements of Centre Thirty Three Young People's Counselling and Information Service (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG PEOPLE'S
COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

OTHER INFORMATION

The other information comprises the information included in the Annual Report other than the financial statements and our Auditors' Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG PEOPLE'S
COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITORS' RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the senior statutory auditor ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the Charity through discussions with Trustees and other management, and from our knowledge and experience of the sector;
- we obtained an understanding of the legal and regulatory framework applicable to the Charity and how the Charity is complying with that framework;
- we obtained an understanding of the Charity's policies and procedures on compliance with laws and regulations, including documentation of any instances of non-compliance;
- we identified which laws and regulations were significant in the context of the Charity. The Laws and regulations we considered in this context were Companies Act 2006, Charities Act 2011 and taxation legislation. We assessed the required compliance with these laws and regulations as part of our audit procedures on the related financial statement items;
- in addition, we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which might be fundamental to the Charity's ability to operate or to avoid material penalty; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG PEOPLE'S
COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

We assessed the susceptibility of the Charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we;

- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates set out in the accounting policy were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reviewing minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditors' Report.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF CENTRE THIRTY THREE YOUNG PEOPLE'S
COUNSELLING AND INFORMATION SERVICE (CONTINUED)**

USE OF OUR REPORT

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

Michael Hewett (Senior Statutory Auditor)

for and on behalf of

Peters Elworthy & Moore

Chartered Accountants

Statutory Auditors

Salisbury House

Station Road

Cambridge

CB1 2LA

Date: 01 December 2022

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	As restated Total funds 2021 £
	Note				
INCOME FROM:					
Donations and legacies	3	179,038	47,765	226,803	164,879
Charitable activities	4	1,711,632	800,443	2,512,075	1,617,620
Investments	5	115	-	115	463
TOTAL INCOME		1,890,785	848,208	2,738,993	1,782,962
EXPENDITURE ON:					
Raising funds	6	81,458	-	81,458	44,899
Charitable activities	7	1,665,195	718,137	2,383,332	1,490,905
TOTAL EXPENDITURE		1,746,653	718,137	2,464,790	1,535,804
NET INCOME		144,132	130,071	274,203	247,158
Transfers between funds	16	84,519	(84,519)	-	-
NET MOVEMENT IN FUNDS		228,651	45,552	274,203	247,158
RECONCILIATION OF FUNDS:					
Total funds brought forward		583,119	243,584	826,703	579,545
Net movement in funds		228,651	45,552	274,203	247,158
TOTAL FUNDS CARRIED FORWARD		811,770	289,136	1,100,906	826,703

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 23 to 44 form part of these financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)
REGISTERED NUMBER: 03725494

BALANCE SHEET
AS AT 31 MARCH 2022

	Note	2022 £	2022 £	As restated 2021 £	As restated 2021 £
FIXED ASSETS					
Tangible assets	12		146,233		61,561
			146,233		61,561
CURRENT ASSETS					
Debtors	13	150,683		356,256	
Cash at bank and in hand		1,033,607		813,514	
		1,184,290		1,169,770	
Creditors: amounts falling due within one year	14	(229,617)		(404,628)	
NET CURRENT ASSETS			954,673		765,142
TOTAL ASSETS LESS CURRENT LIABILITIES			1,100,906		826,703
TOTAL NET ASSETS			1,100,906		826,703
CHARITY FUNDS					
Restricted funds	16		289,136		243,584
Unrestricted funds	16		811,770		583,119
TOTAL FUNDS			1,100,906		826,703

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



E C Chamberlayne

Trustee

Date: 29 November 2022

The notes on pages 23 to 44 form part of these financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022

	2022	As restated
	£	2021 £
CASH FLOWS FROM OPERATING ACTIVITIES		
Net cash used in operating activities	304,650	255,095
CASH FLOWS FROM INVESTING ACTIVITIES		
Interest received	115	463
Purchase of tangible fixed assets	(84,672)	-
NET CASH (USED IN)/PROVIDED BY INVESTING ACTIVITIES	(84,557)	463
CASH FLOWS FROM FINANCING ACTIVITIES		
NET CASH PROVIDED BY FINANCING ACTIVITIES	-	-
CHANGE IN CASH AND CASH EQUIVALENTS IN THE YEAR	220,093	255,558
Cash and cash equivalents at the beginning of the year	813,514	557,956
CASH AND CASH EQUIVALENTS AT THE END OF THE YEAR	1,033,607	813,514

The notes on pages 23 to 44 form part of these financial statements

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. GENERAL INFORMATION

Centre Thirty Three Young People's Counselling & Information Service is a charitable company limited by guarantee and incorporated in England and Wales. It's registered office and principal [place of business is 33 Clarendon Street, Cambridge, CB1 1JX.

2. ACCOUNTING POLICIES

2.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Centre Thirty Three Young People's Counselling and Information Service meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 GOING CONCERN

The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future having made due regard to secured and pipeline funding and planned charitable activities. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. ACCOUNTING POLICIES (CONTINUED)

2.3 INCOME

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold.

Where the donated good is a fixed asset, it is measured at fair value, unless it is impractical to measure this reliably, in which case the cost of the item to the donor should be used. The gain is recognised as income from donations and a corresponding amount is included in the appropriate fixed asset class and depreciated over the useful economic life in accordance with the Charity's accounting policies.

On receipt, donated professional services and facilities are recognised on the basis of the value of the gift to the Charity which is the amount it would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.4 EXPENDITURE

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. ACCOUNTING POLICIES (CONTINUED)

2.5 INTEREST RECEIVABLE

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets costing £1,500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

No depreciation is provided on the freehold buildings. It is the policy of the Trustees to maintain the Freehold building in such condition that its useful economic life is indeterminate. In the opinion of the Trustees, this policy results in the residual value of the property (by reference to the price ruling at the time of acquisition) being not less than its present value in the accounts. Consequently, no depreciation is charged on this property.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Plant and machinery	-	10%
Fixtures and fittings	-	25%
Office equipment	-	25%

2.7 DEBTORS

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 CASH AT BANK AND IN HAND

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. ACCOUNTING POLICIES (CONTINUED)

2.9 LIABILITIES AND PROVISIONS

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.10 FINANCIAL INSTRUMENTS

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 OPERATING LEASES

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight-line basis over the lease term.

2.12 PENSIONS

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

2.13 FUND ACCOUNTING

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. Where possible, an allocation of the costs of administering such funds is charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

4. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Young Carers Services - grant income	-	40,360	40,360
Young Carers Services - contracted income	410,935	-	410,935
Someone to Talk to - grant income	-	553,636	553,636
Someone to Talk to - contracted income	1,183,832	-	1,183,832
Schools - contracted income	116,865	-	116,865
Fullscope - grant income	-	144,811	144,811
Fullscope - contracted income	-	40,000	40,000
Fullscope - other income	-	21,636	21,636
	<u>1,711,632</u>	<u>800,443</u>	<u>2,512,075</u>
	As restated Unrestricted funds 2021 £	As restated Restricted funds 2021 £	As restated Total funds 2021 £
Young Carers Services - grant income	-	49,094	49,094
Young Carers Services - contracted income	350,956	-	350,956
Someone to Talk to - grant income	-	450,037	450,037
Someone to Talk to - contracted income	424,092	-	424,092
Schools - contracted income	103,216	-	103,216
Fullscope - grant income	-	195,029	195,029
Fullscope - contracted income	-	33,116	33,116
Fullscope - other income	-	12,080	12,080
	<u>878,264</u>	<u>739,356</u>	<u>1,617,620</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

Grants received, included in the above, are as follows:

	2022 £	2021 £
Children in Need	23,319	39,936
John Huntingdon's Charity	3,720	3,100
Cambridge Community Foundation	12,794	4,164
Tesco Groundworks	-	1,000
Caring Together	-	894
Other	527	-
Young Carers Services - grant income	40,360	49,094
Department of Health and Social Care Health and Wellbeing Fund	54,800	137,000
Children in Need	48,576	-
The Evelyn Trust	-	10,000
New Horizons	16,658	22,225
Global's Make Some Noise	-	20,620
Cambridge City Homelessness Prevention Grant	43,000	43,000
Cambridge City Council Community Grants	36,500	36,500
Masonic Trust	35,702	35,702
Harry Cureton Charitable Trust	-	14,973
Youth Access	-	36,585
Big Lottery Fund	-	74,989
Innovate & Cultivate	74,162	18,443
Cambridgeshire and Peterborough CCG	243,739	-
Anonymous/Other	499	-
Someone to Talk to - grant income	553,636	450,037
Big Lottery Fund-Community Fund	78,386	186,232
Cambridgeshire and Peterborough CCG - Winter Pressures	44,424	-
The Evelyn Trust	13,204	-
Other	8,797	8,797
Fullscope - grant income	144,811	195,029

We acknowledge the grant received from the Innovate & Cultivate Fund, a fund provided by Cambridgeshire County council and managed by Cambridgeshire Community Foundation.

We acknowledge the grant received from the Department of Health and Social Care Health and Wellbeing Fund of £54,800. The grant was full expended during the year.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

5. INVESTMENT INCOME

	Unrestricted funds 2022 £	Total funds 2022 £
Deposit account interest	115	115
	Unrestricted funds 2021 £	Total funds 2021 £
Deposit account interest	463	463

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

6. EXPENDITURE ON RAISING FUNDS

COSTS OF RAISING VOLUNTARY INCOME

	Unrestricted funds 2022 £	Total funds 2022 £
Fundraising	29,744	29,744
Wages and salaries	45,815	45,815
National insurance	3,794	3,794
Pension costs	2,105	2,105
	<u>81,458</u>	<u>81,458</u>
	As restated Unrestricted funds 2021 £	As restated Total funds 2021 £
Fundraising	3,669	3,669
Wages and salaries	39,028	39,028
National insurance	1,395	1,395
Pension costs	807	807
	<u>44,899</u>	<u>44,899</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

7. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

Summary by fund type

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Young Carers Services	310,320	43,128	353,448
Someone to Talk to	1,266,903	478,254	1,745,157
Schools	87,972	-	87,972
Fullscope	-	196,755	196,755
	<u>1,665,195</u>	<u>718,137</u>	<u>2,383,332</u>
	As restated Unrestricted funds 2021 £	As restated Restricted funds 2021 £	As restated Total 2021 £
Young Carers Services	256,348	51,508	307,856
Someone to Talk to	549,471	453,647	1,003,118
Schools	63,288	-	63,288
Fullscope	-	116,643	116,643
	<u>869,107</u>	<u>621,798</u>	<u>1,490,905</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

8. ANALYSIS OF EXPENDITURE BY ACTIVITIES

	Activities undertaken directly 2022 £	Support costs 2022 £	Total funds 2022 £
Young Carers Services	344,198	9,250	353,448
Someone to Talk to	1,716,805	28,352	1,745,157
Schools	87,341	631	87,972
Fullscope	196,155	600	196,755
	<u>2,344,499</u>	<u>38,833</u>	<u>2,383,332</u>

	As restated Activities undertaken directly 2021 £	Support costs 2021 £	As restated Total funds 2021 £
Young Carers Service	305,816	2,040	307,856
Someone to Talk to	992,086	11,032	1,003,118
Schools	63,201	87	63,288
Fullscope	116,643	-	116,643
	<u>1,477,746</u>	<u>13,159</u>	<u>1,490,905</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

8. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

ANALYSIS OF DIRECT COSTS

	Young Carers Services 2022 £	Someone to talk to 2022 £	Schools 2022 £	Fullscope 2022 £	Total funds 2022 £
Staff costs	294,079	1,358,958	75,320	57,811	1,786,168
Other staff related costs	6,112	76,716	2,614	41,417	126,859
Office costs	17,601	97,953	-	253	115,807
Property costs	16,354	108,343	3,055	95,039	222,791
Service costs	10,052	74,835	6,352	1,635	92,874
	<u>344,198</u>	<u>1,716,805</u>	<u>87,341</u>	<u>196,155</u>	<u>2,344,499</u>

	As restated Young Carers Services 2021 £	As restated Someone to Talk to 2021 £	As restated Schools 2021 £	Fullscope 2021 £	As restated Total funds 2021 £
Staff costs	279,014	844,745	54,843	35,815	1,214,417
Other staff related costs	10,141	67,317	4,313	13,750	95,521
Office costs	6,468	16,765	-	-	23,233
Property costs	8,407	14,286	413	36,928	60,034
Service costs	1,786	48,973	3,632	30,150	84,541
	<u>305,816</u>	<u>992,086</u>	<u>63,201</u>	<u>116,643</u>	<u>1,477,746</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

8. ANALYSIS OF EXPENDITURE BY ACTIVITIES (CONTINUED)

ANALYSIS OF SUPPORT COSTS

	Young Carers Services 2022 £	Someone to Talk to 2022 £	Schools 2022 £	Fullscope 2022 £	Total funds 2022 £
Legal and professional fees (governance)	6,547	17,855	631	600	25,633
Auditors' remuneration (governance)	2,212	8,588	-	-	10,800
Auditors' remuneration - non audit (governance)	491	1,909	-	-	2,400
	<u>9,250</u>	<u>28,352</u>	<u>631</u>	<u>600</u>	<u>38,833</u>

	Young Carers Services 2021 £	Someone to Talk to 2021 £	Schools 2021 £	Fullscope 2021 £	Total funds 2021 £
Legal and professional fees (governance)	183	6,349	87	-	6,619
Auditors' remuneration (governance)	852	2,148	-	-	3,000
Auditors' remuneration - non audit (governance)	1,005	2,535	-	-	3,540
	<u>2,040</u>	<u>11,032</u>	<u>87</u>	<u>-</u>	<u>13,159</u>

Legal and professional governance costs are allocated to each activity. Auditors' remuneration is allocated to Young Carers Services and Some to Talk to in proportion to charitable income for these activities.

9. AUDITORS' REMUNERATION

The auditors' remuneration (inclusive of VAT) amounts to an auditor fee of £10,800 (2021 - £3,000), and preparation of the statutory financial statements of £1,800 (2021 - £3,540) and tax compliance services of £600 (2021 - £Nil).

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

10. STAFF COSTS

	2022	As restated 2021
	£	£
Wages and salaries	1,631,682	1,121,876
Social security costs	134,526	85,943
Pension costs	71,674	47,828
	<u>1,837,882</u>	<u>1,255,647</u>

The average number of persons employed by the Company during the year was as follows:

	2022	2021
	No.	No.
Young Carers Services	11	18
Someone to Talk to	39	25
Schools	5	5
Trainees	7	8
Central (including fundraising)	13	12
Fullscope	2	1
	<u>77</u>	<u>69</u>

No employee received remuneration amounting to more than £60,000 in either year.

Key management personnel are those persons having authority and responsibility for planning, directing and controlling the activities of the Charity. They consist of the Chief Executive Officer and all Trustees. The aggregate cost of Key Management Remuneration was £58,584 (2021 - £53,330). Such remuneration is permitted by the memorandum and Articles of Association and permission granted from the charity commission. Remuneration for Key Management Personnel is set using industry benchmarking and overseen by the Chair.

11. TRUSTEES' REMUNERATION AND EXPENSES

During the year, no Trustees received any remuneration or other benefits (2021 - £NIL).

During the year ended 31 March 2022, no Trustee expenses have been incurred (2021 - £NIL).

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

12. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold additions £	Fixtures and fittings £	Office equipment £	Total £
COST OR VALUATION					
At 1 April 2021	61,561	-	20,525	22,833	104,919
Additions	-	84,672	-	-	84,672
At 31 March 2022	<u>61,561</u>	<u>84,672</u>	<u>20,525</u>	<u>22,833</u>	<u>189,591</u>
DEPRECIATION					
At 1 April 2021	-	-	20,525	22,833	43,358
At 31 March 2022	<u>-</u>	<u>-</u>	<u>20,525</u>	<u>22,833</u>	<u>43,358</u>
NET BOOK VALUE					
At 31 March 2022	<u>61,561</u>	<u>84,672</u>	<u>-</u>	<u>-</u>	<u>146,233</u>
At 31 March 2021	<u>61,561</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>61,561</u>

All the charity's assets were used in furtherance of the charity's objectives. The freehold property, 33 Clarendon Street, Cambridge is shown at cost.

The freehold property, 33 Clarendon Street, Cambridge has a restriction over its sale as described in note 21.

13. DEBTORS

	2022 £	2021 £
DUE WITHIN ONE YEAR		
Trade debtors	90,290	343,001
Prepayments and accrued income	60,393	13,255
	<u>150,683</u>	<u>356,256</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	As restated
	£	2021
		£
Trade creditors	27,951	47,810
Other taxation and social security	39,834	27,614
Other creditors	18,619	8,238
Accruals and deferred income	143,213	320,966
	229,617	404,628
	2022	2021
	£	£
Deferred income at 1 April 2021	294,726	-
Resources deferred during the year	107,684	294,726
Amounts released from previous periods	(294,726)	-
	107,684	294,726

Grants and contracts received in advance refers to payments received on account for contracts or performance-related grants.

Deferred income is income, other than that described above, received in the year for services to be provided in the next financial period.

15. PRIOR YEAR ADJUSTMENTS

During the year it was identified that the Fullscope consortium has been incorrectly accounted for in the prior year, following the charity becoming the Lead Partner on 1 July 2020. As a result the income and expenditure transferred on this date, which previously classified as agent income and within other creditors as deferred income, has been recognised as income and carried forward in restricted funds. The adjustment totals £247,455.

During the year it was identified that the classification of certain income streams in the prior year was incorrect. In particular, income from charitable activities consists predominantly of contract income which has now been classified as unrestricted. The total income reanalysed as unrestricted income is £902,068. The total expenditure reanalysed as unrestricted expenditure is £811,967. There is no impact on total income or expenditure for the year.

As a result of the above changes the opening restricted fund balances at 1 April 2020 for Young Carer Services of £113,684 and Someone to talk to of £127,043 have been transferred to unrestricted general funds. These balances represent accumulated surpluses on contract income to 31 March 2020.

The net impact is that total funds at 31 March 2021 have increased by £247,455 to £826,703. Of this £243,584 represents restricted funds (previously £326,958) and unrestricted funds amount to £583,119 (previously £252,290).

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

16. STATEMENT OF FUNDS

STATEMENT OF FUNDS - CURRENT YEAR

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
UNRESTRICTED FUNDS					
DESIGNATED FUNDS					
33 Clarendon Street	61,561	-	-	-	61,561
Fundraising	79,390	-	-	(79,390)	-
Cyclical maintenance fund	41,392	-	-	-	41,392
Other fixed assets	-	-	-	84,672	84,672
Service delivery fund	-	-	-	261,137	261,137
	<u>182,343</u>	<u>-</u>	<u>-</u>	<u>266,419</u>	<u>448,762</u>
GENERAL FUNDS					
General Funds	400,776	1,890,785	(1,746,653)	(181,900)	363,008
TOTAL UNRESTRICTED FUNDS	<u>583,119</u>	<u>1,890,785</u>	<u>(1,746,653)</u>	<u>84,519</u>	<u>811,770</u>
RESTRICTED FUNDS					
Young Carers Services	-	43,128	(43,128)	-	-
Fullscope	243,584	206,446	(196,757)	-	253,273
Someone to Talk to	-	598,634	(478,252)	(84,519)	35,863
	<u>243,584</u>	<u>848,208</u>	<u>(718,137)</u>	<u>(84,519)</u>	<u>289,136</u>
TOTAL OF FUNDS	<u><u>826,703</u></u>	<u><u>2,738,993</u></u>	<u><u>(2,464,790)</u></u>	<u><u>-</u></u>	<u><u>1,100,906</u></u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

16. STATEMENT OF FUNDS (CONTINUED)

STATEMENT OF FUNDS - PRIOR YEAR

	As restated Balance at 1 April 2020 £	As restated Income £	As restated Expenditure £	As restated Transfers in/out £	As restated Balance at 31 March 2021 £
UNRESTRICTED FUNDS					
DESIGNATED FUNDS					
33 Clarendon Street	48,360	-	-	13,200	61,560
Fundraising	35,245	66,272	(22,127)	-	79,390
Cyclical maintenance fund	41,392	-	-	-	41,392
	<u>124,997</u>	<u>66,272</u>	<u>(22,127)</u>	<u>13,200</u>	<u>182,342</u>
GENERAL FUNDS					
General Fund	<u>334,547</u>	<u>971,307</u>	<u>(891,877)</u>	<u>(13,200)</u>	<u>400,777</u>
TOTAL UNRESTRICTED FUNDS	<u>459,544</u>	<u>1,037,579</u>	<u>(914,004)</u>	<u>-</u>	<u>583,119</u>
RESTRICTED FUNDS					
Young Carers Services	-	51,508	(51,508)	-	-
Someone to Talk to	-	453,647	(453,647)	-	-
Fullscope	120,000	240,228	(116,644)	-	243,584
	<u>120,000</u>	<u>745,383</u>	<u>(621,799)</u>	<u>-</u>	<u>243,584</u>
TOTAL OF FUNDS	<u>579,544</u>	<u>1,782,962</u>	<u>(1,535,803)</u>	<u>-</u>	<u>826,703</u>

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

16. STATEMENT OF FUNDS (CONTINUED)

RESTRICTED FUNDS

Young Carers Services

The charity receives various grants and donations which fund certain aspects of its work on the young carers project. These include amounts from Children in Need (£23,319), John Huntingdon's Charity (£3,720), Cambridge Community Foundation (£12,974) and other (£3,115). All grants were fully spent in the year.

Someone to Talk to

Someone to Talk to is a free and confidential one-stop shop for young people who have mental health and practical needs. The service is for all young people but actively targets those experiencing mental health inequalities and barriers to accessing services. The most common needs we see are mental health/emotional wellbeing, homelessness, financial competence and safer sexual choices. The service also provides specialist mental health support through short-term, solution-focussed counselling to young people.

The charity receives various grants and donations which are restricted for various projects within the Somone to Talk to charitable activities. These included amounts from Children in Need (£48,576) and Cambridgeshire and Peterborough Clinical Commissioning Group (£34,300) totalling £82,876 for the new Hub in Peterborough. In addition the charity received grants totalling £43,000 towards projects on homelessness and £54,800 from the Department of Health and Social Care Health and Wellbeing Fund.

The transfers in the year represent the value of the capital grants received, which have now been transferred to unrestricted following completion of the new Hub in Peterborough.

At the year end the Charity had unspent amounts for grants from Cambridgeshire and Peterborough Clinical Commissioning Group relating to Winter Pressures (£968) and Key Worker (£34,895) projects ongoing at the year end.

Fullscope

Fullscope is a consortium of seven local charities with a shared mission to improve mental health and wellbeing of children and young people in Cambridgeshire and Peterborough. Initially funded by The Big Lottery Fund the consortium was established in June 2019 and is managed by the members based on a Memorandum of Understanding. On 1 July 2020 Centre 33 went from a Partner to become the Lead Partner. As a result it is now responsible for the income and expenses of the consortium. All income and expenses related to Fullscope are included within this fund. The prior year comparatives have been restated to reflect this change.

DESIGNATED FUNDS

33 Clarendon Street

The fund represents the funds expended when the freehold property was purchased in 1991, along with subsequent costs.

Cyclical maintenance fund

The fund is to provide cyclical maintenance to 33 Clarendon Street.

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

16. STATEMENT OF FUNDS (CONTINUED)

Fundraising

The was previously set up to set aside monies to invest into future fundraising activities. The balance has been transferred to general funds at the year end.

Other fixed assets

This fund represents the net book value of the charity's remaining tangible fixed assets. As these are used for operational purposes these funds are otherwise not freely available for use by the charity.

Service delivery fund

This fund represents the unrestricted budgeted deficit for the 2022/23 financial year. This amount has been set aside to ensure service delivery is maintained.

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

ANALYSIS OF NET ASSETS BETWEEN FUNDS - CURRENT YEAR

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	146,233	-	146,233
Current assets	895,154	289,136	1,184,290
Creditors due within one year	(229,617)	-	(229,617)
TOTAL	811,770	289,136	1,100,906

ANALYSIS OF NET ASSETS BETWEEN FUNDS - PRIOR YEAR

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	61,561	-	61,561
Current assets	926,186	243,584	1,169,770
Creditors due within one year	(404,628)	-	(404,628)
TOTAL	583,119	243,584	826,703

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

18. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net income for the year (as per Statement of Financial Activities)	274,203	247,158
ADJUSTMENTS FOR:		
Depreciation charges	-	387
Interest	(115)	(463)
Decrease/(increase) in debtors	205,573	(252,144)
Increase/(decrease) in creditors	(175,011)	260,157
NET CASH PROVIDED BY OPERATING ACTIVITIES	304,650	255,095

19. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2022 £	2021 £
Cash in hand	1,033,607	813,514
TOTAL CASH AND CASH EQUIVALENTS	1,033,607	813,514

20. ANALYSIS OF CHANGES IN NET DEBT

	At 1 April 2021 £	Cash flows £	At 31 March 2022 £
Cash at bank and in hand	813,514	220,093	1,033,607
	813,514	220,093	1,033,607

CENTRE THIRTY THREE YOUNG PEOPLE'S COUNSELLING AND INFORMATION SERVICE
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

21. CONTINGENT LIABILITIES

In 1991, Cambridge City Council advanced £17,000 to the Charity in order to enable it to buy the freehold property 33 Clarendon Street, Cambridge for the sum of £48,361. The was advanced on the condition that the building was only used for purposes specified in the Charity's objectives and that, in the event of the property being sold, an amount would be repayable, being the lower of £17,000 plus interest calculated at 2% below the base rate of Midland Bank and 17/66ths of the market value of the property, provided that, in the event of the £17,000 plus interest figure being the lower of the two, the difference between this and the 17/66ths figure is applied for the purposes of the Charity, otherwise the higher would be repayable. The contingent liability at the year end has been calculated at £27,920 (2021: £28,275). In the event that the building was never sold, no sum would ever be repayable.

22. PENSION COMMITMENTS

During the year the charity made contributions of £71,675 (2021 - £47,827) to a defined contribution pension scheme for the benefit of employees.

The basis for allocation of the cost between activities and funds is the same as for other costs, as described in the accounting policies.

23. OPERATING LEASE COMMITMENTS

At 31 March 2022 the Company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2022	2021
	£	£
Not later than 1 year	38,403	8,675
Later than 1 year and not later than 5 years	79,262	7,989
	117,665	16,664

24. RELATED PARTY TRANSACTIONS

During the year trustees made unconditional donations to the charity with an aggregate value of £11,499 (2021: £3,106).

Accounts

REGISTERED COMPANY NUMBER: 03725494 (England and Wales)
REGISTERED CHARITY NUMBER: 1074974

Report of the Trustees and
Financial Statements for the Year Ended 31 March 2021
for
Centre Thirty Three Young People's
Counselling and Information Service

Lanham and Company Limited
Statutory Auditors &
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

**Centre Thirty Three Young People's
Counselling and Information Service**

**Contents of the Financial Statements
for the Year Ended 31 March 2021**

	Page
Report of the Trustees	1 to 10
Report of the Independent Auditors	11 to 13
Statement of Financial Activities	14
Balance Sheet	15
Cash Flow Statement	16
Notes to the Cash Flow Statement	17
Notes to the Financial Statements	18 to 29

**Centre Thirty Three Young People's
Counselling and Information Service**

**Report of the Trustees
for the Year Ended 31 March 2021**

The Trustees who are also Directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2020. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Our Objectives

The charity's objectives are to relieve and prevent suffering caused by mental or physical ill health, or by financial hardship, or need caused by other reasons, through the provision of counselling, information and other services to or support for young people aged 25 and under in the City of Cambridge, the County of Cambridgeshire, the City of Peterborough and surrounding areas.

Our Vision, Mission and Values

Centre 33's Vision is that every young person in Cambridgeshire and Peterborough is listened to and respected for who they are and that they receive the support to enable them to be who they want to be.

Centre 33's Mission is to support young people in Cambridgeshire & Peterborough with their emotional issues and practical needs. We do this through delivering professional services which are safe, free and accessible, which listen to, support and inspire young people to become who they want to be.

Centre 33 applies the following values to all our work and those we work with.

Inclusive and specialist: We believe that all young people should have access to Centre 33's services without thresholds. We listen to, and are led by, young people's needs (including complex need) and offer flexibility and choice to meet these needs. We ensure that we are able to respond to the specialist needs of young people through ensuring we have appropriate qualified and skilled staff who have access to high quality training and support networks.

Supportive and non-judgemental: We believe that every young person has their own strengths, needs, and unique experiences and aim to help young people express who they are without judgement. We respect and celebrate differences between people. We help young people to believe in themselves in order that they achieve their personal aspirations. We respond appropriately and sensitively to requests. We provide our services in a friendly, approachable and non-judgemental manner.

Collaborative and accountable: We work with young people and others to develop new and innovative services to meet the changing needs of young people. We believe that young people should get the best services at the highest quality based on best and reflective practice with proven outcomes. We will be accountable to young people, funders and partners. We will correct things appropriately and sensitively if they go wrong and learn from complaints. We aim to continuously improve our services through consultation with young people.

Our Public Benefit

Centre 33 carries out a range of activities in pursuance of its charitable aims.

The Trustees consider that these activities comply with both Section 4 of the Charities Act 2006 and the Charity Commission's guide on public benefit.

Centre 33 works to benefit both the young people who access its services and the wider community of Cambridgeshire and Peterborough.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Report of the Trustees
for the Year Ended 31 March 2021**

Our Activities

Centre 33 achieves its aims and supports young people across Cambridgeshire and Peterborough up to the age of 25 through the following services:

Our **'Someone to Talk to'** service is the cornerstone of our universal services. It supports young people aged 13-25 on a range of issues, in particular to become emotionally healthy, sexually healthy, safely housed, in employment/meaningful education/training and to have improved financial situations. The service offers free advice, assessment and advocacy support to young people via open access drop-ins and workshops. We aim to give young people access to information, to raise awareness and support them to make timely and informed choices in their lives. The service has counsellors, housing experts & employment coaches (where specialist work is needed) and support young people to access other professional help if more appropriate. This service also provides guided self-help through our trainee Children's Wellbeing Practitioners and Cognitive Behavioural Therapy through recruit to train funding.

Our **Young Carers Project** offers respite, one-to-one support and advocacy to children and young people up to the age of 18 who take on practical and/or emotional caring responsibilities. The service aims to ensure that young carers have the same life chances, levels of well-being and voice as their peers by reducing the negative impact of their caring responsibilities.

Our **Schools Counselling Service** offers counselling within secondary schools. We provide a safe place for young people to share their feelings and explore ways of overcoming their distress. During the last year we completed a review of evidence-based interventions or promising options to meet the mental health needs of young people in Secondary schools. We reviewed these together with the current skill set and ethos of Centre 33 and developed a new broader model to pilot with schools. This new model includes continuing to provide counselling for young people together with guided self-help support through one to one or group-based support and opportunities to share mental health awareness resources.

Centre 33 is a founding member of **Fullscope** and became its host organisation in July 2020. Fullscope is a collective of Cambridgeshire-based voluntary sector organisations working to deliver comprehensive support packages for children and young people aged 0-25 across Cambridgeshire to address mental health challenges. As host we:

- o Act as the legal entity for employing necessary staff (namely Programme Director and Project Manager)
- o Hold Fullscope funds and ensure they are used in accordance with agreed project budgets
- o Provide financial management
- o Are accountable to the National Lottery Fund

Our **Indirect Activities** include advocacy, sitting on strategic boards, partnerships, speaking at events, running assemblies and delivering training.

ACHIEVEMENTS AND PERFORMANCE

'Someone to Talk to' Service

In 2020/21, our Someone to Talk to service:

- o Reached and responded to over 2,300 queries from young people and those that support them
- o Provided 1,300 young people meaningful check in calls / texts during Covid-19 lockdowns to offer support
- o Supported 800 young people on a one-to-one basis through virtual engagement and support services
 - o 96% had more than one presenting need
 - o 92% sought help with their emotional wellbeing
 - o 81% presented with mental health issues plus another issue (e.g., relationships, legal/justice, work/study/money/housing, sexual health)
 - o 50% presented with current or historic thoughts about suicide, an increase on last year
- o Provided mental health support sessions to 400 young people with mental health project workers/counsellors
- o Supported 350 young people to reduce the impact of poverty, including loss of work due to Covid-19 via benefits, food vouchers etc
- o Supported nearly 150 young people on a one-to-one basis with housing/homelessness
- o Supported 50 young people through our New Horizons job coach who provides support with money, employment and training. 17 of these young people enrolled in the full New Horizons programme which offers up to 20 hours coaching.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Report of the Trustees
for the Year Ended 31 March 2021**

- o Diversified its mental health support to include guided self-help through our Trainee Children's Wellbeing Practitioners (CWP) as well as CBT through additional funding via Health Education England and working with the Anna Freud Centre.

In addition to the direct work with young people, Centre 33 has developed strong partnerships across the local children and young people's sector. During 2020/21, we worked with a number of partners across the mental health system, including statutory services, to ensure young people get easier access to the services that best meet their needs. We are a partner within a new mental health partnership YOUnited, launching in July 2021. This will include a new integrated central referral hub for mental health services locally. As part of the partnership, we will provide interventions for young people needing mental health support, including the provision of counselling, guided self-help and psychoeducational sessions.

Unfortunately, due to Covid-19 restrictions, Centre 33 has been unable to deliver our outreach events in 2020/21. Therefore our online presence has been of particular importance and we undertook significant amounts of work developing online wellbeing resources. This included the production of a series of health and wellbeing videos to help reach young people who may have felt isolated and unable to access their usual support. These had 4,200 views on our social media channels.

Young Carers Project

In 2020/21, our 33 Young Carers' Service was recommissioned by the local authority to provide an integrated Young Carers Assessment and Support Service as part of an All Age Carers Contract for young carers up to the age of 18. This service is provided in partnership with Early Help Services, education settings and other agencies across Cambridgeshire and Peterborough. It fulfils the statutory requirements to identify Young Carers needing support and offer Young Carer needs assessments and transition assessments.

Over the year, our Young Carers Service:

- o Reached 4,555 people through outreach including our young carers newsletter and professional awareness raising training
- o Provided 700 young carers with one-to-one support, including over 400 new referrals. For the majority of the year, we delivered this support remotely.
- o Hosted 100 young carers at virtual primary school aged community groups
- o Supported 130 young carers in their transition to secondary school or onto further education/employment
- o Trained 450 professionals to identify and support young carers in their roles through training packs and webinars

In addition to this Centre 33 established:

- o A Young Carers Steering Group, bringing together stakeholder and partners from across Local Authority, Education, Health and the voluntary sector to develop and steer young carers priorities
- o A Young Carers Advisory Board with 21 young carer representatives to give young carers a voice. This Board meets bimonthly to set and review priorities, and through the year has twelve focused workshops for specific areas of learning and development

Schools Counselling Service

In 2020/21, Centre 33 provided counselling in 12 schools across Cambridgeshire including South Cambridgeshire, East Cambridgeshire and St Neots. Over 350 young people received one-to-one counselling.

Fullscope

In 2020/2021, Fullscope:

- o Led projects to look at the system's pressure points and worked with colleagues to break down barriers for access. For example, the Single Point Access and GP projects reviewed young people who get "rejected" from statutory services to understand what else could be offered
- o Coordinated the voluntary sector mental health response to Covid-19. Fullscope Plus was established to include three more local charities bringing extra capacity to the system, test independent tech platforms for collaboration and enable more efficient data collection to evidence our impact
- o Reached out to vulnerable families and young people with the Creative Care Programme

**Centre Thirty Three Young People's
Counselling and Information Service**

**Report of the Trustees
for the Year Ended 31 March 2021**

Other activities and achievements

Externally, Centre 33 remains committed to advocacy and sharing our learning. Our staff sat on key local strategic boards including Peterborough & Cambridgeshire Children and Young People Joint Emotional Wellbeing Board, The Carers Board and the Crisis Care Concordat as well the New Horizons Programme Board. In addition, we spoke and participated in local and regional events.

Internally, Centre 33 has invested in organisational infrastructure to create greater efficiency and sustainability. This has included recruiting new roles, including a Finance Officer, Executive Administrator, Grants/Trusts Fundraising Manager and an HR Administrator. We also took on additional premises in Cambridge, Peterborough and Huntingdon.

Fundraising

In addition, Centre 33 has made good progress with its fundraising objectives as set out in the Fundraising Strategy. We have increased resources by investing in the recruitment of a Grants/Trusts Fundraising Manager and by recruiting a trustee to the board with fundraising experience. We have continued to develop infrastructure and resources, including updating fundraising areas of the website and bringing the donate functionality in-house. We have also developed the funding pipelines across a variety of income streams, secured more long-term funding, increased income from individual givers and grants, and increased unrestricted income. Throughout the year Centre 33 has received no complaints about fundraising activity. Supporters and their data are protected under GDPR legislation and our privacy notice.

Measuring Impact

Centre 33 measures the impact of activities via several means including:

- o Demographic data
- o User feedback via questionnaires/surveys, comments books, group discussions etc
- o Externally verified outcome tools
- o Quantitative evidence such as case studies

COVID-19

Our Response

As a result of Covid-19, Centre 33 acknowledged that the young people may be living in families that are potentially more vulnerable. We therefore we remained committed to continuing services and being available to young people who need it, offering support and information with the aim to reduce any sense of isolation by being 'someone to talk to'.

To ensure that Centre 33 was able to support young people through Covid-19, we:

- o Adapted all service models, stopped delivering face to face work (including one-to-one, drop-ins and groups) and established and implemented a remote digital offer. These adaptations were agreed with all funders and have been in place during lockdown periods. As we transition to a post Covid-19 model we are adapting our offer to include a hybrid of virtual, face to face appointments, small group work and drop ins.
- o Equipped staff to deal with the increased risk that young people were presenting by strengthening our support and training for all staff
- o Established a system of welfare and check-in calls for all high-risk young people across all services.
- o Carried out significant social media and other communications to ensure that young people were aware Centre 33 was open. This was co-ordinated across the statutory and voluntary sector partners.
- o Developed a series of short videos and literature for young people in response to the issues they were raising (<http://centre33.org.uk/help/looking-after-your-wellbeing/>)

Impact on Young People

Covid-19 had a significant impact on young people who accessed a support from Centre 33.

- o Of the young people who accessed Centre 33 services in 2020-2021
 - o 42% experienced an increase of stress
 - o 41% experienced a deterioration of their mental health
 - o 31% experienced loneliness or increased isolation
- o The risk level of young people increased with significantly higher numbers of suicide risk and logs of concerns recorded by front line workers. There was a noticeable increase in the proportion of young people presenting with current or historical suicidal thoughts: 40% of young people in 2019/20 vs. 50% in 2020/21.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Report of the Trustees
for the Year Ended 31 March 2021**

o The presenting needs of young people included concerns around education (lack of internet, motivation, transition anxiety), boredom, increased stress, isolation/loneliness, increased conflict at home, deterioration of mental health, decreased support networks, concerns about money, Covid-19 anxiety and lack of physical activity

Financial Impact

Covid-19 had two key financial impacts on Centre 33:

- o There were significant additional costs resulting directly from service adaptation. These included equipping staff to work from home (phones, laptops, screens), supporting staff to enable them to work safely with higher risk young people remotely (training, additional debriefs) and additional running costs (research, software, etc)
- o The funding pipeline was impacted due to not being able to carry out some of usual community fundraising events (e.g., Cambridge Half Marathon) and the change in focus of some of our funders

We are very grateful to the support of a number of funders who helped us bridge these gaps.

We continue to monitor the above to understand the medium/long term impact to both costs and funding.

FINANCIAL REVIEW

Financial Position

Income & Expenditure

In 2020/2021:

- o Net income/(Expenditure) totalled (£297) (vs. £132,112 in 2019/20)
- o Income totalled £1,557,921 (vs. £1,249,892 in 2019/20). The two key income streams were contracts and grants (predominantly contracted income) and Someone To Talk To funding.
- o Expenditure totalled £1,558,218 (vs. £1,117,780 in FY19/20). The majority of expenditure was on employees providing charitable activities
- o The increase in both income and expenditure was across all charitable activities.

Assets & Liabilities

At 31 March 2021, Centre 33 had:

- o Net assets of £579,248 (vs. £579,545 at 31 March 2020)
- o Fixed assets of £61,561 (vs. £61,948 at 31 March 2020). This includes the Clarendon Street property valued at cost
- o Current assets of £1,169,770 (vs. £662,068 at 31 March 2020). Of this, £813,514 was cash
- o Creditors of £652,083 (vs. £144,471 at 31 March 2020). This was predominantly funds held as an agent on behalf of Fullscope, and performance related grants received in advance.

Reserves policy

The Trustees have resolved that the Charity should aim to keep a level of reserves equal to between two and three months average expenditure.

This policy is based on a thorough review of risks and needs. In developing this policy, Trustees have considered the following:

- o The priority of spending incoming funds on meeting the organisation's core strategic purpose
- o The requirement to ensure essential services for vulnerable beneficiaries are maintained if any funding streams are reduced / removed, large, unexpected expenses materialise or a short-term deficit in cashflow materialises
- o The importance of scaling reserves with the growth of the organisation
- o The desire to maintain flexibility to future opportunities and to launch new initiatives
- o The ownership of a freehold property that could be sold in the medium-term to leverage additional funds

Trustees and management do not want to hold surplus funds unnecessarily, but believe long-term sustainability is paramount to beneficiaries and therefore on balance are comfortable that this policy is appropriate for the organisation.

The reserves levels are reviewed on an annual basis as a minimum, at Board level, and whenever deemed necessary appropriate action is taken so that the reserves level complies with this policy.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Report of the Trustees
for the Year Ended 31 March 2021**

Unrestricted Reserves

At 31 March 2021, Centre 33 held unrestricted reserves of £252,289 (vs. £218,818 at 31 March 2020).

This level of unrestricted reserves represents 1.9 months of average expenditure. This is marginally outside policy due to the growth in the organisation in FY21. The organisation are committed to returning unrestricted reserves to within policy limits of 2 to 3 months of expenditure in FY22.

It is important to note that £48,361 of this total can only be realised through the disposal of a tangible fixed asset, namely our Cambridge premises (33 Clarendon Street).

Restricted Reserves

At 31 March 2021, Centre 33 held restricted reserves of £326,959 (vs. £360,727 at 31 March 2020).

Restricted reserves are funds which have been given by funders for a particular service. The charity is unable to use these funds outside of the agreed purpose.

These funds include:

- o Someone to Talk to: Funds have been allocated to delivering mental health support over the next year and for development funding to expand our offer.
- o Young Carers: 3 months of running costs of restricted funds has been ring fenced for wind down costs and the remainder has been allocated to development funding to target groups of young carers who are harder to reach.

No restricted funds were in deficit.

Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

Pensions

Centre 33's pension scheme is operated through Creative Pension Trust. All staff are auto enrolled under the current legislation. The scheme does not carry a liability.

PLANS FOR FUTURE PERIODS

Centre 33's current overarching strategic objectives as set out in the 2018-2021 Strategic Plan are:

- o Developing and enhancing our existing services to ensure young people receive the practical help and emotional support that enables them to be who they want to be
- o Strengthening and influencing the local youth sector through working with partners, sharing our expertise, and embedding co-production across everything we do
- o Ensuring our staff/volunteers are motivated, safe and supported to enable Centre 33 to be a dynamic and ambitious organisation
- o Ensuring we are a financially stable organisation that offers good value for money, though delivering on our Fundraising Strategy

Activities planned to achieve these objectives include:

- o Ensuring that we fulfil our contract/grant requirements
- o Continually reviewing, adapting and developing our services to better reach and meet the needs of young people
- o Delivering our communication, marketing and stakeholder plan to share learning and strengthen the local youth sector
- o Delivering on our workforce strategy ensuring staff have the right capabilities and skills for their roles
- o Ensuring sufficient funding to deliver our services

In 2020/2021, the process was started to develop a new five-year strategic plan from 2022. This will be co-produced by trustees and staff with consultation with young people and key partners. Following the development of the overarching strategic objectives of the plan, detailed operational plans will be developed.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Report of the Trustees
for the Year Ended 31 March 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document & Constitution

Centre 33 constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is also a registered charity. It is governed by our Articles of Association.

Appointment, Induction and Training of Trustees

Trustee recruitment is managed by the HR Sub-Committee.

In selecting a person to be appointed as a trustee, consideration is given to how their residence, occupation, employment, special knowledge, and personal or professional qualifications may contribute to delivering against the objects of the charity. A periodic trustees' skills audit is also conducted to assess any areas where additional expertise may be required.

The minimum number of trustees is five and the maximum is fifteen.

New Trustees are elected by the Members at the Annual General Meeting.

All new Trustees are provided with comprehensive induction and training to become familiar with their roles and responsibilities and Centre 33's work. This includes meeting with key staff and receipt of an induction pack containing copies of key policies and documents and a copy of Good Trustee Guide.

Following their appointment, Centre 33 provides trustees with ongoing training as appropriate.

Organisational structure

The Trustees of Centre 33 are responsible for the overall direction and management of the Charity.

The Board of Trustees meets regularly throughout the year to discuss and decide on issues affecting the Charity, delegating appropriate matters to its sub-committees and operational management to the Executive Director.

Trustees are required to disclose all relevant interests and declare potential conflicts of interest at each Trustee meeting which is then recorded in the minutes.

The Senior Leadership Team consists of the Executive Director, Director of Services, Finance and HR Manager, Resources and Operations Manager and Fundraising Manager.

The Senior Management Team includes the above and the operational managers and senior project workers.

Volunteers

Centre 33 would not be able to deliver its services without the skills, dedicated support, and commitment of its volunteers. In 2020/21, we were supported by over 40 volunteers who provided an estimated 3,000 hours of support. Most volunteer activity relates to the delivery of counselling and support services to young people. These volunteers are supported by specialist supervision in addition to the general volunteer support package. Some volunteer activity offers practical support in running and maintaining services. Volunteers receive full induction as well as on-going training and support during their time at Centre 33.

Key management remuneration

The Board of Trustees sets the salary for the Executive Director and agrees the annual pay increases for the whole staff group. These are reviewed in line with the financial performance of the charity and through external benchmarking.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Report of the Trustees
for the Year Ended 31 March 2021**

Risk management

Risks are identified, monitored, managed and recorded in a Risk Log.

The Board of Trustees is responsible for overseeing the development and implementation of the risk management strategy. The Board reviews the Risk Log annually to confirm that the major risks have been identified correctly and that controls are in place to manage them.

The FRSC is responsible for the ongoing monitoring of the Risk Log to ensure that all significant risks are identified and prioritised and that appropriate controls and actions are in place.

Centre 33's Senior Leadership Team is responsible for ensuring that the risk management policy is implemented and for co-ordinating risk management activity across Centre 33.

Principle current risks have been influenced by both Covid-19 and by the negotiations and expected expansions of the Mental Health service through partnership with Cambridge and Peterborough NHS Foundation Trust and Ormiston Families to deliver an integrated wellbeing service to young people across Cambridgeshire and Peterborough. Although this is a very positive development for the Charity's beneficiaries it involves significant service development which comes with associated risks.

In 2020-21 the risks have fallen in the following areas:

Increase in distress experienced by young people

This is primarily due to the effects of Covid-19 and is a trend being experienced across the UK. The increase in severity of issues being presented tested the staff monitoring and support plans. The service has managed this well.

Cultural move to virtual services

The effects of Covid-19 included a radical re-think of how support was offered. The Charity responded speedily and creatively and there was a continuous service offered to young people. The effects of this cultural change have been experienced over months and staff support remains key in mitigating the risk this change in work patterns has created.

Planning for service expansion

In addition to Covid-19 there has been considerable work being undertaken at a Senior Management level planning for the development and launch of YOUnited - an integrated partnership services for statutory and third sector wellbeing services for children and young people. It is likely that this will significantly increase the Charity's turnover in 2021-22 (and further years after that).

Such a development is of great potential benefit for children and young people in Cambridgeshire and Peterborough but applies pressure on the Charity and particularly the management and leadership structures. This risk was recognised early and both short-term and longer-term strategies have been put in place to mitigate this risk.

Recruitment

In the early part of 2021 recruitment in social care became a developing issue across the UK. It is particularly challenging at 'Team Leader' and Senior Management' levels. There may be a number of factors influencing this situation including: Covid-19 and the changes in general working patterns, a concern regarding job security, Brexit and the subsequent changes in employment patterns within some social care settings, salaries and the equivalent of a Bull market for employees at a time when there is a degree of nervousness from employers (including statutory services) regarding the likely economic landscape in coming years.

Trustees are aware of this situation and both short-term and longer-term plans are in place (and being enhanced) to mitigate this risk.

Related Parties

During the year trustees made unconditional donations to the charity with an aggregate value of £3,106.

Wider Network

A core part of how we work is collaborating with other organisations, some of our wider network includes, partners in the voluntary sector, schools, health and social care services and commissioners along with some formal partnership e.g. Fullscope and YOUnited Partnership.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Report of the Trustees
for the Year Ended 31 March 2021**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03725494 (England and Wales)

Registered Charity number

1074974

Registered office

33 Clarendon Street
Cambridge
Cambridgeshire
CB1 1JX

Trustees

P Clarke (resigned 4.5.21)
M Davey (resigned 8.9.20)
E C Morgan-Tamosunas
C G Davies
S Stubbings (resigned 21.4.20)
V Keating (resigned 2.3.21)
R Holland
M Reiss (resigned 7.9.2021)
E C Chamberlayne
S Imrie (appointed 21.4.20)
H E James
L McDowell (appointed 21.4.20) (resigned 24.11.20)
P Windred
A C Evans (appointed 2.3.21)
E M Kamel (appointed 8.9.20)
S Owers (appointed 8.9.20)

Auditors

Lanham and Company Limited
Statutory Auditors &
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

Bankers

Barclays Bank PLC
Bene't Street Business Centre
PO Box 2
Cambridge
CB2 3PZ

Executive Director

E Green

**Centre Thirty Three Young People's
Counselling and Information Service**

**Report of the Trustees
for the Year Ended 31 March 2021**

REFERENCE AND ADMINISTRATIVE DETAILS
STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Centre Thirty Three Young People's Counselling and Information Service for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 30 November 2021 and signed on its behalf by:

E C Chamberlayne - Trustee

**Report of the Independent Auditors to the Members of
Centre Thirty Three Young People's
Counselling and Information Service**

Opinion

We have audited the financial statements of Centre Thirty Three Young People's Counselling and Information Service (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note 21 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

**Report of the Independent Auditors to the Members of
Centre Thirty Three Young People's
Counselling and Information Service**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**Report of the Independent Auditors to the Members of
Centre Thirty Three Young People's
Counselling and Information Service**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Andrew Ireland FCCA (Senior Statutory Auditor)
for and on behalf of Lanham and Company Limited
Statutory Auditors &
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

Date: 06 December 2021

**Centre Thirty Three Young People's
Counselling and Information Service**

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	125,048	538,962	664,010	527,995
Charitable activities	5				
Young Carers Services		-	350,955	350,955	230,994
Someone to Talk to		10,000	532,493	542,493	486,091
Other trading activities	3	-	-	-	3,700
Investment income	4	<u>463</u>	<u>-</u>	<u>463</u>	<u>1,112</u>
Total		135,511	1,422,410	1,557,921	1,249,892
EXPENDITURE ON					
Raising funds	6	18,457	-	18,457	31,490
Charitable activities	7				
Young Carers Services		-	391,311	391,311	332,989
Someone to Talk to		59,139	1,064,868	1,124,007	743,882
Fundraising		<u>24,443</u>	<u>-</u>	<u>24,443</u>	<u>9,419</u>
Total		<u>102,039</u>	<u>1,456,179</u>	<u>1,558,218</u>	<u>1,117,780</u>
NET INCOME/(EXPENDITURE)		33,472	(33,769)	(297)	132,112
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>218,818</u>	<u>360,727</u>	<u>579,545</u>	<u>447,433</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>252,290</u></u>	<u><u>326,958</u></u>	<u><u>579,248</u></u>	<u><u>579,545</u></u>

The notes form part of these financial statements

**Centre Thirty Three Young People's
Counselling and Information Service**

**Balance Sheet
31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS					
Tangible assets	13	61,561	-	61,561	61,948
CURRENT ASSETS					
Debtors	14	445,330	(89,074)	356,256	104,112
Cash at bank		<u>100,926</u>	<u>712,588</u>	<u>813,514</u>	<u>557,956</u>
		546,256	623,514	1,169,770	662,068
CREDITORS					
Amounts falling due within one year	15	(355,528)	(296,555)	(652,083)	(144,471)
		<u>190,728</u>	<u>326,959</u>	<u>517,687</u>	<u>517,597</u>
NET CURRENT ASSETS					
		<u>190,728</u>	<u>326,959</u>	<u>517,687</u>	<u>517,597</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>252,289</u>	<u>326,959</u>	<u>579,248</u>	<u>579,545</u>
NET ASSETS		<u>252,289</u>	<u>326,959</u>	<u>579,248</u>	<u>579,545</u>
FUNDS	17				
Unrestricted funds:					
General fund				83,146	93,820
Cyclical maintenance fund				41,392	41,392
33 Clarendon Street				48,361	48,361
Fundraising				<u>79,390</u>	<u>35,245</u>
				<u>252,289</u>	<u>218,818</u>
Restricted funds				<u>326,959</u>	<u>360,727</u>
TOTAL FUNDS				<u>579,248</u>	<u>579,545</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30 November 2021 and were signed on its behalf by:

E C Chamberlayne - Trustee

The notes form part of these financial statements

**Centre Thirty Three Young People's
Counselling and Information Service**

**Cash Flow Statement
for the Year Ended 31 March 2021**

	Notes	31.3.21 £	31.3.20 £
Cash flows from operating activities			
Cash generated from operations	1	<u>255,095</u>	<u>158,244</u>
Net cash provided by operating activities		<u>255,095</u>	<u>158,244</u>
 Cash flows from investing activities			
Interest received		<u>463</u>	<u>1,112</u>
Net cash provided by investing activities		<u>463</u>	<u>1,112</u>
Change in cash and cash equivalents in the reporting period		255,558	159,356
Cash and cash equivalents at the beginning of the reporting period		<u>557,956</u>	<u>398,600</u>
 Cash and cash equivalents at the end of the reporting period		<u><u>813,514</u></u>	<u><u>557,956</u></u>

The notes form part of these financial statements

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Cash Flow Statement
for the Year Ended 31 March 2021**

**1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM
OPERATING ACTIVITIES**

	31.3.21 £	31.3.20 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(297)	132,112
Adjustments for:		
Depreciation charges	387	472
Interest received	(463)	(1,112)
Increase in debtors	(252,144)	(51,521)
Increase in creditors	<u>507,612</u>	<u>78,293</u>
Net cash provided by operations	<u><u>255,095</u></u>	<u><u>158,244</u></u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.20 £	Cash flow £	At 31.3.21 £
Net cash			
Cash at bank	<u>557,956</u>	<u>255,558</u>	<u>813,514</u>
	<u>557,956</u>	<u>255,558</u>	<u>813,514</u>
Total	<u><u>557,956</u></u>	<u><u>255,558</u></u>	<u><u>813,514</u></u>

The notes form part of these financial statements

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements
for the Year Ended 31 March 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going concern

There are no material uncertainties that would cast doubt on the charity's ability to continue as a going concern.

Income

All income is recognised at the fair value in the Statement of Financial Activities once the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Grants

Grants relating to revenue are recognised in income and expenditure over the same period as the expenditure to which they relate once reasonable assurance has been gained that the charity will comply with the conditions and that the funds will be received.

Grants due from government organisations or received in advance are included as current assets or liabilities.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Costs of generating funds comprises the costs associated with attracting voluntary income and the costs of other income generation.

Charitable activities

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Allocation and apportionment of costs

Support and management costs are allocated between funds based on the proportion of staff and volunteer hours in each service, on the assumption that the major management expenses is a result of personnel. Volunteers are weighted as half and work substantially fewer hours.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 10% on cost
Fixtures and fittings	- 25% on cost
Computer equipment	- 25% on cost

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Expenditure on tangible fixed assets has been capitalised only if the cost of an individual item exceeds £1,500. No depreciation is provided on the freehold buildings. It is the policy of the Trustees to maintain the Freehold building in such condition that its useful economic life is indeterminate. In the opinion of the Trustees, this policy results in the residual value of the property (by reference to the price ruling at the time of acquisition) being not less than its present value in the accounts. Consequently, no depreciation is charged on this property.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Donated services

Donated professional services are recognised as income when the charity has control over the service, any conditions associated with the donated service have been met, the receipt of economic benefit from the use by the charity of the service is probable and that economic benefit can be measured reliably.

On receipt, donated professional services are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

In accordance with the Charities SORP (FRS 102), the time of general volunteers is not recognised.

Support costs

Support costs include the central functions and have been allocated to activity cost categories based on the cost of staff time spent on each activity.

Financial Instruments

Financial assets and liabilities are recognised when the company becomes a party to the contractual provisions of the instrument.

Financial instruments which meet the criteria of a basic financial instrument as defined in section 11 of FRS 102 are accounted for under an amortised historic cost model.

Trade debtors and creditors are classed as basic financial instruments and are initially measured at transaction price.

Cash and cash equivalents are classified as basic financial instruments and comprise cash in hand and at bank and short-term deposits with an original maturity date of three months or less.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

2. DONATIONS AND LEGACIES

	31.3.21	31.3.20
	£	£
Donations	90,277	93,459
Grants	546,586	407,391
Donated services and facilities	3,210	13,650
Earned income	<u>23,937</u>	<u>13,495</u>
	<u>664,010</u>	<u>527,995</u>

Donated services of trained volunteer counsellors to assist the charity with counselling services are valued at £3,210. The value of these services is recognised within incoming resources as a donation, and an equivalent charge included within Activities.

The charity also benefits from support from volunteers to assist with general administration. In accordance with FRS 102 and the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the accounts.

Grants received, included in the above, are as follows:

	31.3.21	31.3.20
	£	£
National Lottery Community Fund - Youth Investment Fund	-	129,707
Children in Need	39,936	39,909
Department of Health and Social Care Health and Wellbeing Fund	137,000	-
Cambridge Community Foundation	34,164	-
John Huntingdon's Charity	3,100	3,720
Evelyn Trust	15,000	17,500
The Clothworkers Foundation	4,455	-
Anonymous	3,000	-
Kettles Yard	-	420
The Act Foundation	-	5,431
New Horizons	22,225	26,423
Global's Make Some Noise	20,620	40,386
ECU Trust	-	2,000
Cambridge City Homelessness Prevention Grant	43,000	43,154
Cambridge City Council Community Grants	36,500	36,500
Tesco Groundworks	1,000	7,166
Masonic Trust	35,702	13,388
Harry Cureton Charitable Trust	14,973	4,991
Youth Access	36,585	36,696
Big Lottery Fund	74,989	-
Caring Together	894	-
Hunts Forum of Voluntary Organisations	5,000	-
Innovate & Cultivate	<u>18,443</u>	<u>-</u>
	<u>546,586</u>	<u>407,391</u>

We acknowledge the grant we have received from the Innovate & Cultivate Fund, a fund provided by Cambridgeshire County Council and managed by Cambridgeshire Community Foundation.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

3. OTHER TRADING ACTIVITIES

	31.3.21	31.3.20
	£	£
Rental income	<u>-</u>	<u>3,700</u>

4. INVESTMENT INCOME

	31.3.21	31.3.20
	£	£
Deposit account interest	<u>463</u>	<u>1,112</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	31.3.21	31.3.20
	£	£
Contracted income Activity		
Contracted income Young Carers Services	350,955	230,994
Contracted income Someone to Talk to	523,425	486,091
Project management fees Someone to Talk to	<u>19,068</u>	<u>-</u>
	<u>893,448</u>	<u>717,085</u>

6. RAISING FUNDS

Raising donations and legacies

	31.3.21	31.3.20
	£	£
Staff costs	18,457	30,439
Fundraising events	<u>-</u>	<u>1,051</u>
	<u>18,457</u>	<u>31,490</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Young Carers Services	389,271	2,040	391,311
Someone to Talk to	1,112,888	11,119	1,124,007
Fundraising	<u>24,443</u>	<u>-</u>	<u>24,443</u>
	<u>1,526,602</u>	<u>13,159</u>	<u>1,539,761</u>

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

8. SUPPORT COSTS

	Governance costs
	£
Young Carers Services	2,040
Someone to Talk to	<u>11,119</u>
	<u>13,159</u>

Support costs, included in the above, are as follows:

	31.3.21	31.3.20
	Total activities	Total activities
	£	£
Young Carers Services		
£		
Auditors' remuneration	852	2,148
Auditors' remuneration for non audit work	1,005	2,535
Legal and professional fees	<u>183</u>	<u>6,436</u>
	<u>2,040</u>	<u>11,119</u>
	<u>13,159</u>	<u>7,104</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Auditors' remuneration	3,000	3,024
Auditors' remuneration for non audit work	3,540	4,080
Depreciation - owned assets	<u>387</u>	<u>472</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

11. STAFF COSTS

	31.3.21	31.3.20
	£	£
Wages and salaries	1,123,859	740,795
Social security costs	83,226	53,043
Other pension costs	<u>47,271</u>	<u>32,571</u>
	<u>1,254,356</u>	<u>826,409</u>

The employee benefits of key management personnel during the year was £53,330 (2020: £50,612).

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

11. STAFF COSTS - continued

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Young Carers Services	18	15
Schools	5	-
Someone to Talk to	33	28
Fundraising	3	-
Central	<u>9</u>	<u>11</u>
	<u><u>68</u></u>	<u><u>54</u></u>

No employees received emoluments in excess of £60,000.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	70,025	457,970	527,995
Charitable activities			
Young Carers Services	-	230,994	230,994
Someone to Talk to	-	486,091	486,091
Other trading activities	-	3,700	3,700
Investment income	<u>1,112</u>	<u>-</u>	<u>1,112</u>
Total	71,137	1,178,755	1,249,892
EXPENDITURE ON			
Raising funds	18,134	13,356	31,490
Charitable activities			
Young Carers Services	-	332,989	332,989
Someone to Talk to	10,753	733,129	743,882
Fundraising	<u>9,419</u>	<u>-</u>	<u>9,419</u>
Total	<u>38,306</u>	<u>1,079,474</u>	<u>1,117,780</u>
NET INCOME	32,831	99,281	132,112
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>185,988</u>	<u>261,445</u>	<u>447,433</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>218,819</u></u>	<u><u>360,726</u></u>	<u><u>579,545</u></u>

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

13. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 April 2020 and 31 March 2021	<u>61,561</u>	<u>10,997</u>	<u>9,528</u>	<u>22,833</u>	<u>104,919</u>
DEPRECIATION					
At 1 April 2020	-	10,997	9,141	22,833	42,971
Charge for year	<u>-</u>	<u>-</u>	<u>387</u>	<u>-</u>	<u>387</u>
At 31 March 2021	<u>-</u>	<u>10,997</u>	<u>9,528</u>	<u>22,833</u>	<u>43,358</u>
NET BOOK VALUE					
At 31 March 2021	<u>61,561</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>61,561</u>
At 31 March 2020	<u>61,561</u>	<u>-</u>	<u>387</u>	<u>-</u>	<u>61,948</u>

All the charity's assets were used in furtherance of the charity's objectives. The freehold property, 33 Clarendon Street, Cambridge is shown at cost.

The freehold property, 33 Clarendon Street, Cambridge has a restriction over its sale as described in note 18.

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade debtors	343,001	87,688
Prepayments and accrued income	<u>13,255</u>	<u>16,424</u>
	<u>356,256</u>	<u>104,112</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade creditors	47,810	5,815
Social security and other taxes	27,614	15,525
Other creditors	255,693	4,217
Accruals and deferred income	26,240	6,864
Grants and contracts received in advance	<u>294,726</u>	<u>112,050</u>
	<u>652,083</u>	<u>144,471</u>

Grants and contracts received in advance refers to payments received on account for contracts or performance-related grants.

Deferred income is income, other than that described above, received in the year for services to be provided in the next financial period.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

16. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.21 £	31.3.20 £
Within one year	8,675	8,652
Between one and five years	<u>7,989</u>	<u>11,983</u>
	<u><u>16,664</u></u>	<u><u>20,635</u></u>

The total lease payments recognised as an expense in the SoFA in the year is £16,009 (2020: £31,602)

17. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	93,820	(10,674)	83,146
Cyclical maintenance fund	41,392	-	41,392
33 Clarendon Street	48,361	-	48,361
Fundraising	<u>35,245</u>	<u>44,145</u>	<u>79,390</u>
	218,818	33,471	252,289
Restricted funds			
Young Carers Services	113,684	11,178	124,862
Someone to Talk to	127,043	75,054	202,097
Fullscope	<u>120,000</u>	<u>(120,000)</u>	<u>-</u>
	<u>360,727</u>	<u>(33,768)</u>	<u>326,959</u>
TOTAL FUNDS	<u><u>579,545</u></u>	<u><u>(297)</u></u>	<u><u>579,248</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	69,239	(79,913)	(10,674)
Fundraising	<u>66,272</u>	<u>(22,127)</u>	<u>44,145</u>
	135,511	(102,040)	33,471
Restricted funds			
Young Carers Services	402,488	(391,310)	11,178
Someone to Talk to	1,019,922	(944,868)	75,054
Fullscope	<u>-</u>	<u>(120,000)</u>	<u>(120,000)</u>
	<u>1,422,410</u>	<u>(1,456,178)</u>	<u>(33,768)</u>
TOTAL FUNDS	<u><u>1,557,921</u></u>	<u><u>(1,558,218)</u></u>	<u><u>(297)</u></u>

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	95,463	(1,643)	93,820
Cyclical maintenance fund	41,392	-	41,392
33 Clarendon Street	48,361	-	48,361
Fundraising	<u>772</u>	<u>34,473</u>	<u>35,245</u>
	185,988	32,830	218,818
Restricted funds			
Young Carers Services	135,872	(22,188)	113,684
Someone to Talk to	125,573	1,470	127,043
Fullscope	<u>-</u>	<u>120,000</u>	<u>120,000</u>
	<u>261,445</u>	<u>99,282</u>	<u>360,727</u>
TOTAL FUNDS	<u><u>447,433</u></u>	<u><u>132,112</u></u>	<u><u>579,545</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	9,111	(10,754)	(1,643)
Fundraising	<u>62,026</u>	<u>(27,553)</u>	<u>34,473</u>
	71,137	(38,307)	32,830
Restricted funds			
Young Carers Services	310,800	(332,988)	(22,188)
Someone to Talk to	593,955	(592,485)	1,470
Fullscope	<u>274,000</u>	<u>(154,000)</u>	<u>120,000</u>
	<u>1,178,755</u>	<u>(1,079,473)</u>	<u>99,282</u>
TOTAL FUNDS	<u><u>1,249,892</u></u>	<u><u>(1,117,780)</u></u>	<u><u>132,112</u></u>

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	95,463	(12,317)	83,146
Cyclical maintenance fund	41,392	-	41,392
33 Clarendon Street	48,361	-	48,361
Fundraising	<u>772</u>	<u>78,618</u>	<u>79,390</u>
	185,988	66,301	252,289
Restricted funds			
Young Carers Services	135,872	(11,010)	124,862
Someone to Talk to	<u>125,573</u>	<u>76,524</u>	<u>202,097</u>
	<u>261,445</u>	<u>65,514</u>	<u>326,959</u>
TOTAL FUNDS	<u><u>447,433</u></u>	<u><u>131,815</u></u>	<u><u>579,248</u></u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	78,350	(90,667)	(12,317)
Fundraising	<u>128,298</u>	<u>(49,680)</u>	<u>78,618</u>
	206,648	(140,347)	66,301
Restricted funds			
Young Carers Services	713,288	(724,298)	(11,010)
Someone to Talk to	1,613,877	(1,537,353)	76,524
Fullscope	<u>274,000</u>	<u>(274,000)</u>	<u>-</u>
	<u>2,601,165</u>	<u>(2,535,651)</u>	<u>65,514</u>
TOTAL FUNDS	<u><u>2,807,813</u></u>	<u><u>(2,675,998)</u></u>	<u><u>131,815</u></u>

Purposes of Restricted funds

Someone to Talk to

Someone to Talk to is a free and confidential one-stop shop for young people who have mental health and practical needs. The service is for all young people but actively targets those experiencing health inequalities and barriers to accessing services. The most common needs we see are mental health/emotional wellbeing, homelessness, financial competence and safer sexual choices. The service also provides specialist mental health support through short-term, solution-focussed counselling to young people. The service is funded by Cambridge City Council, The Lottery, Evelyn Trust, ACT, Globals Make Some Noise, Cambridgeshire County Council, Peterborough City Council and Cambridgeshire & Peterborough CCG.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

17. MOVEMENT IN FUNDS - continued

Our Schools Counselling Service offers counselling within 16 secondary schools. We provide a safe place for young people to share their feelings and explore ways to overcoming their distress. The service is funded through individual schools and the Evelyn Trust.

Young Carers Services

The young carers project is mainly funded by Cambridgeshire County Council (Central Government National Carers Strategy Grant) with funding for some aspects of the work from the Big Lottery Fund, Children in Need and numerous smaller grants and donations. The project is aimed at anyone under the age of 18 whose life is restricted due to the need to take care of someone with physical or mental health problems, a disability or is affected by alcohol or substance abuse. It provides breaks from caring through one-to-one support and group work.

Fullscope

Fullscope is a consortium of seven local charities with a shared mission to improve the mental health and wellbeing of children and young people in Cambridgeshire and Peterborough. The Fullscope Restricted reserves are funds held by Centre 33 for the other charities in the consortium to spend in order to improve the mental health and wellbeing of young people.

Purposes of General funds

The general fund represents the free funds of the charity which are not designated for particular purposes.

Purpose of Designated funds

Cyclical maintenance fund

The fund was established in 2014 following the transfer from two historic designated funds, the purpose of the fund is to provide resources for cyclical maintenance to 33 Clarendon Street.

33 Clarendon Street

The fund represents the funds expended when the freehold property was purchased in 1991.

Fundraising

Fundraising is our investment into fundraising this is mainly made up of infrastructure costs such as our database and fundraising staffing; including our Fundraising Manager, Fundraising Administrator and contributions to other key staff. This costs are met by unrestricted income and reserves investments.

18. EMPLOYEE BENEFIT OBLIGATIONS

During the year the charity made contributions of £47,827 to a defined contribution pension scheme for the benefit of employees.

The basis for allocation of the cost between activities and funds is the same as for other costs, as described in the accounting policies.

**Centre Thirty Three Young People's
Counselling and Information Service**

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

19. CONTINGENT LIABILITIES

In 1991, Cambridge City Council advanced £17,000 to the Charity in order to enable it to buy the freehold property 33 Clarendon Street, Cambridge for a sum of £48,361. This was advanced on the condition that the building was only used for purposes specified in the Charity's objectives and that, in the event of the property being sold, an amount would be repayable, being the lower of £17,000 plus interest calculated at 2% below the base rate of Midland Bank and 17/66ths of the market value of the property, provided that, in the event of the £17,000 plus interest figure being the lower of the two, the difference between this and the 17/66ths figure is applied for the purposes of the charity, otherwise the higher would be repayable.

The contingent liability at the end of the year has been calculated at £28,275.

In the event that the building was never sold, no sum would ever be repayable.

20. RELATED PARTY DISCLOSURES

During the year trustees made unconditional donations to the charity with an aggregate value of £3,106.

21. FRC ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES

In common with many other charities of our size and nature we use our auditors to assist with the preparation of the financial statements.

22. DISCLOSURE OF FUNDS RECEIVED AS AGENT

The charity has acted as an agent on behalf of the Fullscope consortium, a consortium of seven local charities with a shared mission to improve the mental health and wellbeing of children and young people in Cambridgeshire and Peterborough, during the year.

During the year Centre 33 received income of £364,109 as an agent for the Fullscope consortium, and incurred expenses of £116,653.

Centre 33 received fees of £19,208 for managing the Fullscope consortium.

The balance held on behalf of the Fullscope consortium was £247,456 at the year end. This is included in other creditors.

At the year end the following balances owed by the Fullscope consortium were included in Centre 33's trade creditors: £37,500 owed to Kite Trust, and £633 owed to Blue Smile.

This page does not form part of the statutory financial statements