

TRUSTEES' ANNUAL REPORT
AND
INDEPENDENTLY EXAMINED CONSOLIDATED
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024
FOR
THE INTERNATIONAL CONTINENCE SOCIETY

THE INTERNATIONAL CONTINENCE SOCIETY

**CONTENTS OF THE TRUSTEES' ANNUAL REPORT & INDEPENDENTLY EXAMINED
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

	Page
Trustees' Annual Report	1
Independent Examiner's Report	20
Statement of Financial Activities	21
Consolidated Statement of Financial Activities	22
Balance Sheet	23
Consolidated Balance Sheet	24
Statement of Cash Flows	25
Consolidated Statement of Cash Flows	25
Notes to the Financial Statements	27



Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	48 Corn Street, Third Floor, Bristol, BS1 1HQ
Correspondence Address	48 Corn Street, Third Floor, Bristol, BS1 1HQ
E-mail	info@ics.org
Website	www.ics.org
Telephone	+44 (0) 117 944 4881
General Secretary appointed	John Heesakkers, 3 year term began 09/09/22
General Secretary-Elect appt'd	Tufan Tarcen, 1 year term began 25/10/24 will become GS thereafter for 3 year term
Treasurer appointed	Steven Schraffordt Koops, 3 year term began 09/09/22
Trustees appointed 2023	Hidehiro Kakizaki, appointed 20/10/2023 confirmed for 3 year term at 2024 AGM
Trustees appointed 2022	Reappointed for 3 year terms 3 Feb 2023: Marcus Drake, Lori Birder, Enrico Finazzi Agro
Trustees appointed 2021	Elisabetta Costantini, 3 year term began 09/09/2022
	Philip Van Kerrebroeck, reappointed for 3 year term
	Frankie Bates, 3 year term began 20/10/2021, reappointed for 3 year term
Company Secretary	Dominic Turner (appointed 20/11/2023)
Independent Examiner	M Bracher of Gravita Western Ltd (previously Haines Watts Western Ltd), Bath House, 6-8 Bath Street, Bristol BS1 6HL
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA
Investment Managers	Crystal Wealth Management LLP

Staff

Dominic Turner	Chief Executive Officer (from 5 February 2024, previously IT Director)
Daniel Snowdon	Executive Director (left employment 2 February 2024)
Roger Blackmore	Flash Developer/Graphics Designer
Mairead Corbet	Projects and Events Manager (left employment 19 July 2024)
Danielle Piotrowski	Marketing and Events Coordinator (left employment 15 November 2024)
Tracy Griffin	Administrator and Membership Secretary (part time - retired 30 April 2024)
Sam Giles	Membership Coordinator (joined 24 July 2024)
Charlotte Nash	Committee and Events Coordinator (joined 10 December 2024)
Sarah Waters	Bookkeeper (self-employed)
Sarah Ashworth	Bookkeeper (self-employed)

ICS Honorary Members

Peter Caldwell (Deceased)	Patrick Bates (Deceased)	Pieter Donker (Deceased)
Peter Gammelgaard (Deceased)	Eric Glen	Axel Ingelman-Sundberg (Deceased)
Guus Kramer	David Rowan (Deceased)	Paul Abrams
Walter Artibani	Jacques Corcos	Jo Laycock (Deceased)
Sender Herschorn	Karl-Erik Andersson	Adrian Wagg
Linda Cardozo (Deceased)	Ted Arnold	Sherif Mourad
Jerzy Gajewski	Helmut Madersbacher	Alan Wein
David Castro Diaz	Katherine Moore	Mandy Fader
Carlos D'Ancona		

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence. Established in 1971.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement

The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

How our activities deliver public benefit

Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the majority of the ICS website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Purposes and Aims

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, news articles and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

Ensuring our work delivers our aims

The key objectives for 2024 were to hold a successful annual meeting in Madrid, to maintain the ICS membership at circa 3,000 members, to review and implement a revised investment strategy, and to

continue to support the establishment of the two new ICS open-access journals, *Continence* and *Continence Reports*.

The focus of our work

Strategic efforts will continue to advance the educational output of the ICS, mainly through the implementation of ICS Live, webinars, increasing content on ICS TV to provide e-learning, and the continued update and production of ICS standardisation reports and other key educational publications. The financial planning and controls for the society will continue to be reviewed to ensure strategies are fit for purpose.

Structure, Governance and Management

Board of Trustees

The ICS Board of Trustees is required to meet four times a year (twice in person and twice virtually) and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Setting pay and remuneration of key management personnel through an annual performance review and formal consideration of a cost of living increase.
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership (for first terms of office).

Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The Directors of the company are also charity trustees for the purposes of charity law. As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Chief Executive Officer. The CEO is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS.

ICS Committees 2024

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children and Young Adults' Committee
- ICS Developing World Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years. Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (Steven Schraffordt Koops). In conjunction with the Chief Executive Officer and the ICS Accountants, Gravita Western Ltd (previously Haines Watts Western Ltd), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities. Please note the further comment on reserves in the financial review section on page 14.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to war, terrorist attacks or natural disasters is a major concern. This was particularly felt during 2020 and 2021 due to the COVID-19

pandemic. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event. A risk reduction has been realised through the agreement to host every other annual meeting in Europe. This continent offers the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded. In 2024 a new PCO was appointed, MCI Netherlands B.V. for 2026-2028 with the same no loss guarantee.

With regard to the Society's finances, the bookkeeper and accountants are fully aware of the current status and systems used and could take over from the Directors in this regard in an emergency. The General Secretary and the Directors are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director has documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- To host a successful Annual Scientific Meeting, a high quality educational event which will continue to secure the status of the ICS as the premier international multidisciplinary conference in the field of incontinence.
- To support establishment of the two new open-access journals owned by ICS.
- To set up and develop new strategic partnerships with individuals and organisations.
- To maintain the ICS membership at ~3,000 or more members.
- To enable more accessible educational content for our global membership.
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.

Executive Summary

The meeting held in Madrid was an outstanding success both scientifically and financially with very strong industry support and a high registration total of 1,953 delegates (2023: 1,434). We would like to thank SINUG our local partner and ICS Affiliate society for hosting ICS in Spain and foregoing the SINUG annual meeting for this year, allowing all Spanish delegates to attend a special SINUG session at ICS 2024 Madrid and encouraging all local sponsors to support the ICS meeting for that year. We would also thank the Local Organising Committee, Scientific and Education Committees for organising such a landmark scientific event.

ICS recorded 2,969 members for 2024 (2023: 2,760). This growth is in line with holding our annual meeting in Europe. Challenges remain post covid for all our medical professionals who face increased financial pressures with increased travel and accommodation costs and restrictions on leave to attend meetings.

In financial terms the charity closed the year with a very positive position, whereby income in the year was in excess of expenditure. This was due to the healthy surplus received from the annual meeting in addition to new revenue streams for projects outside of the annual meeting. The board has continued to develop the two new journals to create new additional streams of revenue outside of the annual meeting.

Achievements and Performance

ICS Annual Scientific Meeting 2024

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 54th Annual Meeting of the ICS remained an in-person only event. The meeting was attended by 1,953 delegates from over 60 countries which proved the international appeal of ICS meetings. The total numbers were helped by the European location and the incredible support of our Local Organising Committee and SINUG our Spanish affiliate society.

The Scientific Committee continued the strategy of providing programme 'tracks' to ensure that delegates would always have some content of interest or relevance at any point in the programme.

Our full thanks go to Pedro Blasco Hernández (Honorary Meeting Chair) and Carmen González Enguita (Honorary Meeting Co-Chair), Alicia Martín Martínez (Local Scientific Programme Chairs) and the whole ICS 2024 local organising committee for their dedicated efforts and commitment. Evaluation scores were highly positive in all categories. Thanks are also due to the ICS office staff, ICS committees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS each year where a surplus has been made.

New ICS Journals

Two new journals Continence and Continence Reports launched in December 2021 continued to grow. The Editors of the journals were respectively, Lori Birder, and Sajjad Rahnama'i. The journals are open-access format to support the new model of journals, and to support the ICS's charitable goal to grow and share continence education globally. With DOAJ (June) and Scopus (October) accepted in 2023, Web of Science accepted in June 2024.

Awards and Fellowships

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered 11 fellowships covering Urodynamics, Neurourology, Clinical and Research to early career doctors from Argentina, Belgium, Canada, Gambia, Indonesia, Mexico, Pakistan, Russia, Ukraine and the United States.

Educational Courses 2024

During 2024 ICS was able to offer faculty to [20 educational events](#) around the world:

- 13 January - ICS Masterclass on Pelvic Pain: Organ-Based Pain
- 04 February - Focal Neurological Pelvic Pain: ICS Global Pelvic Pain Exchange Program

- 08 March - Neurodiagnostics for Pelvic Pain: ICS Global Pelvic Pain Exchange Program
- 05 April - TENS, Blocks, Stimulation, and Pumps for Pelvic Pain: ICS Global Pelvic Pain Exchange Program
- 10 May - Systemic Pain involving the Pelvis: ICS Global Pelvic Pain Exchange Program
- 14 June - Pharm, Psych and Patient Empowerment for Pelvic Pain: ICS Global Pelvic Pain Exchange Program
- 30 January - IUGA & ICS Free Webinar - Female Voiding Dysfunction: Functional and Anatomic
- 10 - 12 January - ICS 11th Workshop for Surgical Repair of Vaginal Fistula & Urinary Incontinence
- 19 January - Sacral Neuromodulation or Botulinum Toxin for Refractory OAB
- 19 - 21 April - ICS Guest Lecture at the 5th Spring Urological Symposium - Cyprus Urological Association
- 18 - 19 April - All Around Pelvic Floor Anatomy International Symposium
- 16 - 17 March - ICS Masterclass on Conservative Management 2024
- 06 April - ICS Guest Lecture at EAU24: The 39th Annual Congress
- 19 April - ICS Guest Lecture at FUSICON 2024
- 25 November - The role of urodynamics in female UI: Urodynamics Under the Lens
- 7-8 September - ICS Lecture at Pan-Pacific Continence Society, PPCS 2024 Bali
 - 7 Sep - Prof Dr John PFA Heesakkers - Update on the EAU RF SATURN trial
 - 8 Sep – Prof Dr John PFA Heesakkers - Infravesical Obstruction in Male Neurogenic LUTS
- 19 June - ICS Workshop at 2024 IUGA 49th Annual Meeting
- 21 June - ICS Guest Lecture at 49th IUGA Annual Meeting
- 14 - 15 August - ICS Guest Lectures at 6th Tabriz International Functional Urology Course (TIFU 2024)
- 04 - 07 September - ICS Guest Lectures at XVIII Paulista Congress of Urology

ICS Membership

The ICS recorded 2,969 members for 2024 (2023: 2,760). The Board increased the membership fee for 2023. The ICS strives to keep the membership fee as low as possible to keep the ICS accessible. The lower membership fees for nurses, physiotherapists and early career professionals were continued at the same rate. To extend the public benefit of ICS membership the Board continued to offer free one year membership for early career professionals that had not held ICS membership before.

ICS Committees

ICS Committees continued to deliver education and research projects in a wide spectrum of areas. We thank the ICS Committee Chairs and Members for their incredible work.

ICS Children and Young Adults Committee – Chair: Ashani Couchman

1. Application and acceptance of workshop for ICS Madrid – inter disciplinary workshop in conjunction with physiotherapy and psychology
2. Plan for white paper to follow the workshop - underway
3. Completed 1 podcase – we have not completed further podcasts
4. CISC paper completed – awaiting next steps and representation to board

ICS Developing World Committee – Chair: Sherif Mourad

1. We organized a very successful fistula repair workshop in Lusaka – Zambia on January 3-5, 2024. The event was well attended by around 40 attendees and was highly appreciated by the

locals. We had participants from many countries included Zambia, The Gambia, Saudi Arabia, France, Oman, Iraq, Kenya, United Kingdom, Egypt and Pakistan.

2. We are currently preparing for the "Fistula Course" January 2025 and to continue of the successful history of this course. The course will take place in Banjul – The Gambia as we got a serious invitation to visit this area.
3. The ICS Fistula Course became very popular among our membership and also among the international community interested in fistula and urinary incontinence in developing countries. The course attracts many trainees from different countries to join the 3-day training course which is a real hands on workshop.
4. We had active participation in the urogynecological workshop during the AAU meeting in Bally – September 2024.
5. We have a proposal for publication of a handbook/book chapter/article on Managing Urethral Catheters in Low and Middle Income Countries. This proposal was sent to us looking for collaboration from colleagues from Banjul (Gambia), and its main objective is to serve as a guide for health professionals working in developing countries and those from developed countries visiting as part of relief teams, on how to diagnose and solve problems presented by urethral catheters in this type of environments.

ICS Education Committee – Chair: Howard Goldman

1. ICS Podcasts and Early Career Session

The Education Committee led by Shannon Wallace has revamped and reorganized the ICS Podcast Series. ICS now offers bimonthly 20min-1hour long podcasts to ICS listeners on a variety of topics related to urinary and fecal incontinence, pelvic floor dysfunction, bowel dysfunction and complex surgical planning and techniques. In addition, we also offer a podcast series on the upcoming workshops at the annual ICS meeting (hosted by Shannon Wallace). This podcast series aims to advertise and highlight the world-class workshops that are going to be offered and increase the ICS annual meeting registration numbers as well as workshop numbers

We are also responsible for designing and coordinating the Early Career Session at the ICS Annual Meeting. This year we are very excited to offer a valuable session on "From Burnout to Balance: Thriving in Healthcare" and we have coordinated a speaker and some group activities.

2. ICS Education committee website video reviews

have reviewed over 4500 videos in the ICS website and highlighted the videos more than 3 years old as "The video is more than three years old. There may be more recent related video content available here on ICS TV." It was also decided to remove only any dangerous or controversial content.

3. Update on ICS Observerships and Related Activities

Grant Proposals

Medtronic (Medtronic International Observerships)

Completed (MDT230034142)

- The grant proposal was submitted with all necessary documents (agenda, budget, W-8BEN form) and was accepted.

Laborie (Laborie International Observerships)

- A letter of request was sent to Tim Panciera, Laborie Vice President of Sales & Global Marketing; the grant proposal was accepted.

Boston Scientific (Boston Scientific International Observerships)

Completed (204761)

- The grant proposal was submitted along with all required documents (agenda, budget, W-8BEN form); however, it was rejected.

Host Centre Application Form

- An updated version of the Host Centre Application Form has been created (Host_Application_Form ver 16.04.2023).

ICS Observerships 2024

- Eleven early career professionals (ECPs) received funding, with priority given to applicants from low-income countries.

ICS Ethics Committee – Chair: Bill Gibson

1. The committee has and worked under the revised terms of reference which were adopted at the meeting in Toronto.
2. The committee has prepared and presented a workshop on The Ethical Treatment of Incontinence in Children and Adolescents at this meeting. This will form the basis of a White Paper which the committee has agreed to prepare.
3. The committee chair had input in to discussions with the Scientific Committee around ethical aspects of some submissions to the annual meeting

ICS Neurourology Promotion Committee – Chair: Sanjay Sinha

1. Collaborative Programs
 - a. Annual Congress of the Functional and Female Urology Section of the Urological Society of India, April 19 and 20, 2024 in Hyderabad. Dr Desiree Vrijens was ICS faculty and presented an ICS State of Art Lecture. (In-person Event)
 - b. Libyan Urology Association Congress, December 9, 2023. Lecture on ‘High risk Neurogenic Lower Urinary Tract Dysfunction’. (Online Event)
 - c. ICS Neuro-Urology Lecture at the XVIII Paulista Congress in São Paulo, September 3-7, 2024 by Dr Sanjay Sinha. (In-person Event)
2. Global Neuro-Urology Initiative GNUI
 - a. The first GNUI was held in association with Colombian Urologists on November 18, 2023 (Host Lead: Dr Julián Azuero)
3. Publications
 - a. The third project from the Unusual Neuro-Urological Conditions series was published in Continence Journal. Lead Author: Dr Ryuji Sakakibara. DOI:10.1016/j.cont.2024.101340
4. Best Review in Neuro-Urology Award (Annual, Long-term Activity)
 - a. The award was launched in 2024 and the first award will be handed over this year at the ICS Madrid meeting to Dr Vicktor Bruno Pereira Pinto from Brazil. The manuscript is being submitted to Continence Journal.
 - b. The next year’s award including the cut-off dates have been announced. Briefly, the submission deadline for ICS 2025 is March 31, 2025. Details can be found at <https://www.ics.org/news/1468>
5. Early Career Shadow Committee Project
 - a. The project has been initiated with 10 proposed names from across the globe including South America (3), North America (1), Europe (3), Asia (2), and Africa (1).
 - b. We envisage that the NUPC-ECSC will join the NUPC for a part of the committee meeting at ICS Annual Meetings with an expansion of We envisage an expansion of academic and social activities as well as mentorship through this initiative.

ICS Nursing Committee – Chair: Tamara Dickinson

1. Nursing mailers Angie Rantell & Janie Thompson continued to create nursing focused mailers for mass distribution
2. Publications completed and in process
 - Terminology for conservative interventions (as requested by the Standardization & Terminology Committee) – Complete a draft of the manuscript by the close of 2024,

share with workgroup members for their approval as co-authors and then submit to *Continence*

- Fecal Incontinence for the APRN 2nd edition – first chapter drafts have been submitted to Donna Bliss (editor)
- 3. Nursing Committee Podcasts (goal of at least 2 per year)
 - Getting Involved with the ICS: A Nursing and Physiotherapist Perspective with Tamara Dickinson (Nursing Chair), Paula Igualaga-Martinez (Physiotherapy Chair) and Shannon Wallace (moderator), a collaborative project of the nursing and physiotherapy committees- completed and launched January 2024
 - Bowel & bladder diary training document: Discussion, Review and Practical Tips with Donna Bliss, Janie Thompson and Tamara Dickinson (moderator) – completed and launched in Spring 2024
 - Developing nursing research: Qualitative and Quantitative approaches by Joan Ostaszkiwicz and Diane Newman (discussions initiated) *Was NOT completed*
 - Submission of high quality nursing workshop and forum for Madrid 2024

ICS Physiotherapy Committee – Chair: Paula Igualada-Martinez

1. ICI Algorithm Masterclass
2. 23rd Physiotherapy Forum – 260 participants – Survey of ICS Pelvic Floor terminology
3. Developing international standards of pelvic health training – Aim to finish in 2026
 - a. International Survey: Led by The University of Queensland (Australia) in collaboration with the PT Committee, this survey investigates clinical practice, training methods, and the credentials of pelvic health physiotherapists. The survey has been completed, and data analysis is in progress, with results aim to be presented at the ICS 2025 Meeting.
 - b. Scoping Review: Led by Brunel University (UK) in collaboration with the PT Committee and the International Organization of Physiotherapists in Pelvic and Women's Health (IOPPPWH), this review assesses global training documentation to understand how physiotherapists acquire knowledge in pelvic health. More than 30 universities, pelvic health organisations, and private education providers are participating. Ethical approval is pending, and preliminary findings are expected to be shared at the ICS 2025 Meeting.

ICS Scientific Committee - Chair: Adrian Wagg

State of the Art Lectures

- SOA1 How Do Male Lower Urinary Tract Symptoms Guide our Management of Benign Prostatic Obstruction? **Paul Abrams**
- SOA2 European Union Continence Strategy. **Philip Van Kerrebroeck**
- SOA3 Primary, Secondary Prevention and Conservative Treatment of Pelvic Organ Prolapse. **Suzanne Hagen**

State of the Art Round Tables

- RT1 Treatment of Male Lower Urinary Tract Symptoms: Are We in a New Era?
- RT2 Pelvic Floor Dysfunction in Male and Female Cancers: Conservative Management Strategies Before and After Cancer Treatment
- RT3 Management of Faecal Incontinence and Bowel Dysfunction Following Surgery
- RT4 Fibrosis of the Lower Urinary Tract — Pathogenesis, Functional Consequences and Novel Therapeutic Targets
- RT5 Research Impact: New Dimensions and New Paradigms

- RT6 Expanding Neuromodulation Applications to the Lower Urinary Tract: Pudendal and Implantable Tibial
- RT7 Big Data Analysis in Urodynamics
- RT8 Pregnancy and the Pelvic Floor

ICS Standardisation Steering Committee – Chair: Matthias Oelke

1. Publications:

- Bliss DZ, Igualada-Martinez P, Engberg S, Herbert JH, Gurvich OV, Igbedioh C, Hunter A, Voelkl J, Cuiñas León K, Schizas AMP. Standard Questions for a bowel diary to assess fecal incontinence in adults: A consensus project of the International Continence Society. *Continence*. 2023; 6: 100588.
- Sihra R, Barratt R, Hamid R, Kessler TM, Sievert KD, Neshatian L, Paquette I, Sahai A, Thomas L, Thakare N, Sontoro GA, Higazy A, Fahmy M, Zarate-Lopez N, Heldwein FL, Williams A, Emmanuel A, Drake MJ. The implications of neurogenic bowel dysfunction for urinary tract reconstruction in neurogenic urinary tract dysfunction: An International Continence Society working group report. *Continence*. 2023; 6: 100590.
- Sinha S, Hamid R, Chartier-Kastler EJ, Del Popolo G, Denys P, Haslam C, Panicker JN, Sloane K, Vasudeva P, Vrijens DMJ, Braschi E. The International Continence Society (ICS) survey on intermittent catheterization and global practices with regard to the reuse of catheters. *Continence*. 2023; 6: 100597.
- Rosier PFWM, Valdevenito JP, Smith P, Sinha S, Speich J, Gammie A; Members of the ICS Working Group PFS23. ICS-SUFU standard: Theory, terms, and recommendations for pressure-flow studies performance, analysis, and reporting. Part 1: Background theory and practice. *Neurourol Urodyn*. 2023; 42(8): 1590 – 1602.
- Rosier PFWM, Gammie A, Valdevenito JP, Speich J, Smith P, Sinha S; members of the ICS Working Group PFS23. ICS-SUFU standard: Theory, terms, and recommendations for pressure-flow studies performance, analysis, and reporting. Part 2: Analysis of PFS, reporting, and diagnosis. *Neurourol Urodyn*. 2023; 42(8); 1603 – 1627.
- Schizas A, Hainsworth A, Albuquerque A, Haylen B, Johannessen HH, Igualada-Martinez P, Ong E, Santoro G, Stordahl A. An international Continence Society (ICS) report on the terminology for male anorectal dysfunction. *Continence*. 2024: in press.

ICS Urodynamics Committee – Chair: Tufan Tarcan

1. E-Learning Project combined with ICS UD Committee Teaching Modules
 - a. Analysis of Voiding: Pressure Flow Analysis
 - b. Filling Cystometry
 - c. Uroflowmetry and Measurement of Postvoid Residual Urine
2. Completed and “ready for submission” ICS teaching modules of the UD Committee in 2024:
 - a. Tarcan T, Acar O, Agarwal MM, Rubilotta E, De Nunzio C, Rosier P. ICS Educational Module: The Practice of Uroflowmetry in Adults. *Continence* Vol 9, 2024. 101065
 - b. Patel M, Bhide A, Digesu GA, Tarcan T. Best practice for Videourodynamics: A teaching module of the International Continence Society Urodynamics Committee. *Continence* 9 (2024) 101212.
 - c. Maurizio Serati, Tufan Tarcan, Anna Padoa, Hashim Hashim, Andrea Braga, Karl Dietrich Sievert, Peter F W M Rosier. Objective assessment of lower urinary tract function in female stress urinary incontinence. ICS Educational Module. *Continence-D-24-00092*
 - d. Carlos Arturo Levi D’Ancona, Tufan Tarcan, Stefania Musco, Arthur Degani, Peter F.W.M. Rosier. ICS Teaching Module on the Urodynamics and Accessory Tests in the Assessment of Post-Radical Prostatectomy Urinary Incontinence. To be submitted soon to *Continence*

- e. Sanjay Sinha, Tufan Tarcan, John Spiech, Mauricio Plata, Enrico Finazzi-Agro, Marcus Drake. ICS Module on Urodynamics for Male LUTS. To be submitted soon to Continence.
 - f. Christian Hector Cobreros, Tufan Tarcan, Andrew Gammie, Maurizio Serrati, Carlos Dancona. ICS Teaching module: Measurement of Abdominal Leak Point Pressures in Females with stress urinary incontinence without neurological abnormalities. To be submitted soon to Continence.
 - g. A Bacon, T Dickinson, A Garcia-Mora, S Sinha, T van Steenberg, T Tarcan, A Gammie. ICS Teaching Module on setting up urodynamic equipment. To be submitted soon to Continence.
3. The Urodynamic Charts Review Project
 4. Assessment of Sensation During UDS
 5. The UD Committee submitted two workshops for the ICS 2024 meeting:
 - a. How can the ICS help me improve my urodynamics? (rejected)
 - b. How do invasive urodynamic studies affect my clinical decision in non-neurogenic lower urinary tract dysfunction? (accepted) Faculty: Tufan Tarcan, Chris Harding, Maurizio Serati, Carlos D'Ancona. Will be held in Madrid 2024 annual meeting.
 6. The Urodynamics Book Project which was planned as the joined product of the ICS UD Committee and the Italian Urodynamics Society (SIUD) is running. The chapter and authors are approved by both societies. The publisher company is Springer and the agreement is already signed. The chief editor is Dr. Enrico Finazzi Agro, and co-editors are Dr. Tufan Tarcan, Dr. Alexandre Fornari, Dr. Maurizio Serati and Dr. Vincenzo Li Marzi. The invitation letters are sent to the authors, their responses are received, and the chapters are currently in the writing process.

Critical Success Factors (CSF's) / Key Performance Indicators (KPI's)

CSFs identified at last strategic review concluded in 2022. New KPI measurements introduced in 2023.

1. CSF Establish financial security: protect, diversify and increase income

- Create Industry Committee
- Maximise income from ICS membership: secure, affiliates, new markets
- Create a risk register and review regularly
- Investigate options for fundraising: foundations, crowdfunding, grants

Outcome: most objectives met or partially met/in process

KPI Reserve Policy Met:

2024	£ GBP	% of target
Actual	1,228,877	109.8
Target	1,119,689	

Above target. Very successful annual meeting together with new income streams from partnerships with industry outside of the ASM. Also a slight rise in total membership.

Action for 2025: Continue to work on funding streams not dependent on annual meeting

2. CSF Ensure the highest quality scholarly activity

- Establish and grow the ICS Journals
- Ensure a constant stream of high quality ICS publications

- Board to work with Scientific and Education Committees on a project plan for the annual meeting programme
- Develop further e-learning opportunities for ICS members and meeting delegates

Outcome: All objectives met / in progress.

KPI – propose to measure Impact Factor of new ICS Journals – these figures will be published once Journal has been indexed by Clarivate which takes some time after the journal is established (expect first impact factor in 2025). KPI target to compare impact factor with previous official society journal's impact factor.

3. Improve Governance (Board/organisational)

- Establish Governance and Nominations Committee
- Update Articles and Bylaws in line with report recommendations
- Implementing the actions from the governance review
- Broadening the range of skills and experience on the Board
- 4 meetings a year of the Board: two times virtual, two times live
- Improve efficiency of Board meetings: agenda items and papers

Outcome: All objectives met.

KPI – Board of Trustee Meetings Held

2024	BOT Meetings	% of target
Actual	4	100.0
Target	4	

Strengthen the organisation (staff and committees)

- Review organisation structure and resourcing, including staffing
- Review all activity and rationalise based on ICS strategy
- Decide which committees and activities should continue/cease
- Put in place measures and reviews to ensure progress and high standards

Outcome: All objectives met.

KPI – Employee Performance Targets

Staff	Performance Targets	Met	% of Target
2	10	10	100.0

Note: Due to staff changes (other staff left, retired or joined in 2024), only two staff participated in the performance appraisal scheme for 2024

Put in place programme to reach out the potential new members outside the US and Europe

- Create a plan and timeline for how to reach 50% ICS members
- Define most important countries to ICS outside US/Europe
- Partnerships ...
- Translations ...

Outcome: objectives met, new 5 year membership growth strategy developed.

KPI – Membership Growth

Year	Membership	Growth %
2024	2,969	7.6
2023	2,760	

As membership is linked to the annual meeting, the success of the ICS 2024 Madrid meeting was reflected in healthy membership growth in 2024.

Financial Review

Results for the year

The consolidated results of the charity and its trading subsidiary, Conticom, showed net incoming funds in the year of £394,611 (2023: net outgoing funds of £110,462) with closing consolidated funds of £1,228,877 (2023: £834,266).

Consolidated Income

Income in the year was from the Annual Meeting and trading of £641,841 (2023: £220,772), membership fees £250,008 (2023: £215,654), royalty income totalling £3,883 (2023: £1,153), donations and legacies of £54,855 (2023: £93,263), Educational activities totalling £0 (2023: £609) and interest from Investments of £1,544 (2023: £2,352).

With this funding the Charity has been able to finance: the staffing and technical costs of hosting the annual meeting, educational activities, including awards, observerships, courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the membership of 2969 and support for the ICS journals. The majority of award costs were covered by educational grants received from Pfizer, Laborie and Medtronic.

The total profit of the trading subsidiary was £500 (2023: £70,860).

Consolidated Expenditure

Expenditure in the year was on Educational Activities £150,298 (2023: £258,612), Annual Meeting expenditure £307,910 (2023: £104,721) and Publication and Membership £131,582 (2023: £286,118).

Annual Meeting

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to a professional conference organiser (PCO) by Conticom-ICS Limited, the wholly-owned trading subsidiary of ICS. Kenes International served as PCO from 2008 until the conclusion of their contract on 25 October 2024. Following this, an invitation to tender process was conducted to appoint the next PCO beginning in 2026. For 2025, MCI Middle East was appointed as PCO for a single year due to the joint meeting in Abu Dhabi.

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The updated four year rotation policy involves a European meeting every other year, with the alternate years in a destination outside of Europe; on the provision that an adequate surplus is forecast. The society continues to be reliant on income from the annual meeting, so ensuring a financially successful

meeting is important. The ICS will continue to reach a range of countries through its educational course programme.

Industry Supported Projects Outside of the Annual Meeting

As income from the annual meeting has been highly variable and lower since the pandemic, the society has been developing other educational project proposals outside of the annual meeting. The intention is to develop alternative sources of income outside of the annual meeting directly supported by our industry partners. Multiple project concepts were developed in 2023 and proposed to our industry partners for educational support grants/contracts with a view to delivering them in 2024-2026.

As requested by the membership, the table below shows an overview of the Annual Meeting income, expenditure and surplus.

	£	£	£	£	£
	2024	2023	2022	2021	2020
Sponsorship & exhibition	415,398	255,478	448,618	324,141	312,172
Registrations	832,881	456,997	464,622	183,695	118,088
Other income	94,392	122,262	86,521	15,589	673
Total income	1,342,671	834,737	999,761	523,425	430,933
Total expenditure	1,040,913	905,735	971,650	391,073	401,367
Surplus/(Deficit)	301,758	(70,998)	28,111	132,352	29,566
Surplus of which Conticom received including Scientific Services Fee	431,478	129,600	173,061	298,592	218,009

Investment Performance

The charity's investment portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio rose by 4.25% in 2024, a profit of £32,270, which has been declared in the accounts as net gains on investments (2023: £5,186).

£1,544 was received in interest from bank accounts and has been declared as income from investments for the year to 31 December 2024 (2023: £2,352).

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

- a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
 - o Calculations are to be based on estimated future combined operating costs for the next two years.
 - o These operating costs are to only take into account running costs not guaranteed to be financed by matching income.
- b) Provide an element of contingency for unforeseen liabilities.
 - o Which should be £100,000
- c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £499,030 for 2025 and £520,659 for 2026, giving a total of £1,019,689 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,119,689 as at 31.12.2024.

As of 31st December 2024, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£1,228,877** (2023: £834,266); therefore covering the level of reserves required. It needs to be noted that this calculation does not take into account charitable activities (Educational courses, grants, observerships, awards and ICS journal subscription costs) which have been committed of approximately £55,000 each year. The 2024 surplus above the reserves policy will be utilised during 2025 to cover general ICS charitable and running costs.

Conticom-ICS Limited

The trading subsidiary continued to support the Charity in meeting its objectives.

Plans for Future Periods

ICS Annual Meeting 2025: ICS-EUS 2025 Abu Dhabi

Meeting Chairs: Yaser Saeedi, Sherif Mourad

Local Scientific Programme Chair: Yasser Farahat

The 55th Annual Meeting of the ICS will be a joint meeting with the Emirates Urology Society (EUS) and supported by the Pan Arab Continence Society (PACS) and take place at the ADNEC in Abu Dhabi, United Arab Emirates.

Future Meetings

ICS 2026: Maastricht, Netherlands. Honorary Meeting Chair: Gommert Van Koeveringe

ICS 2027: Florence, Italy. Honorary Meeting Chair: Enrico Finazzi Agro

ICS Strategic Plan

The Board will review and update the ICS strategic goals in order to direct ICS resources to the most important areas of work for the financial sustainability of the charity, and in order to achieve societal goals for the charity's mission to deliver public benefit.

Industry Supported Education Projects

To address the variable financial surplus generated by the annual meeting, the Board of Trustees will continue to develop new additional sources of funding from industry supported educational projects in 2025.

ICS Journals

The Board will continue to develop and grow the ICS journals. An application was submitted for PubMed accreditation of the journals. Unfortunately due to the rules being made much stricter, this was rejected on first application. The Editorial Board will execute an action plan to address the comments received in order to prepare for re-application after an embargo period.

ICS Committees

ICS Committees continue to develop plans for addressing the needs of our members and the public. A new “top 3” priority system has been introduced to focus activities of each committee. As volunteers we owe a huge debt to all committee members for their outstanding dedication to the field of continence to further our understanding of the bladder and pelvic floor and highlight and alleviate the suffering of patients worldwide.

ICS Children and Young Adults Committee – Chair: Ashani Couchman

1. Complete a regular podcast
2. Delivery white paper for the management of faecal incontinence and pelvic pain
3. Deliver a urodynamic workshop in conjunction with the urodynamic committee – focus on children and adolescents
4. Complete the terminology document which has been in progress for the last three years

ICS Developing World Committee – Chair: Sherif Mourad

1. Holding a workshop during ICS 2024 in Madrid.
2. Holding the ICS Fistula Course 2025 in Banjul – The Gambia.
3. Having ICS speakers in the national meeting of developing countries (we participated last year in the 1st Banjul International Surgical Scientific Conference in Gambia, presenting the topic “Minimally Invasive Management of Vesicovaginal Fistulae”)
4. Collaborate with centers in these countries as online events to try to set up online seminars/webinars. Possible issues to deal with are; Fistula (prevention, diagnosis, surgical management), Native tissue repair of POP, Female urinary incontinence, Male LUTS, Neurogenic Bladder Dysfunction and Conservative Management of Urinary Incontinence.
5. Publishing new papers about urogynecological disorders in the developing world.

ICS Education Committee – Chair: Howard Goldman

1. Continue observerships.
2. Providing speakers for other society meetings.
3. Podcasts.

ICS Ethics Committee – Chair: Bill Gibson

Transition period to new elected chair taking office in 2024.

ICS Neurourology Promotion Committee – Chair: Sanjay Sinha

1. Collaborative Projects
 - a. Global Neuro-Urology Initiative (1): Tentative proposals from Saudi Arabia (Riyad Almousa) and Kenya (Caroline Nthiwa) Marcus Drake, Kadir Onem.
 - b. In-person participation in regional meetings (≥1).

2. Research Projects
 - a. Unusual Neuro-uological Conditions Series Part 4 (Desiree Vrijens).
 - b. Evaluation and management of high-risk neurogenic lower urinary tract dysfunction in low-resource settings (Luis Miguel Monteiro).
 - c. ICS NUPC Guidelines on management of Parkinson's Disease and Lewy Body Disease (A focussed update of the 2015 document) (Ryuji Sakakibara).
3. Early Career Shadow Committee Activities
 - a. Research project (2) (Cristiano Gomes Mendes & Stefan DeWachter; Glenn Werneberg & Cristina-Anastasia Rapidi).
 - b. Best Review in Neuro-Urology Award Projects (≥ 1).
 - c. Web-based academic activities: Case Discussions in Neuro-Urology (2) (Sanjay Sinha & Stephanie Kotes; Blayne Welk & Charalampos Konstantinidis).

ICS Nursing Committee – Chair: Tamara Dickinson

1. Collaborative nursing and physiotherapy podcast on the need for contribution of nursing in the growth and development of pelvic floor dysfunction programs. (Gisela Maria Assis to lead)
2. To increase the profile of continence nursing within the ICS. Increase nurse's knowledge about ICS opportunities.
 - a. Nursing focused podcasts and other ICS communications.
 - b. Encourage participation of a nurse participant in all conservative management sessions (all participate).
 - c. Submission of workshop for 2025 Annual Meeting (Kris Talley to chair).
3. Evaluate practice and costs of the intermittent catheterisation in developing countries (Julianna Neves de Costa).

ICS Physiotherapy Committee – Chair: Paula Igualada-Martinez

1. Continue to work on the Educational Project
2. Start preparing for Abu Dhabi – we already have a few speaker line up and a few ideas, including working with some local physiotherapists.
3. We may look to update our Website Educational Documents and attempt to put our Key Terminology documents on our Physiotherapy website page.
4. We would to translate the Pelvic floor muscle examination ICS Terminology paper to other languages:
 - a. We will explore the languages that are more in need of translation.
 - b. We are exploring doing a series of videos about pelvic floor muscle assessment in line with the ICS Terminology.
 - c. Based on the above, we may require funding and a proposal will be prepared and sent to the BOT for consideration.

ICS Scientific Committee - Chair: Adrian Wagg

Create the Scientific Programme for ICS-EUS 2024 Abu Dhabi:

1. Develop State of the Art programme of lectures & roundtables.
2. Call for research abstract submissions and review abstracts anonymously.
3. Select the best research for presentation in podium sessions and eposters.
4. Publish all accepted abstracts online and publish podium abstracts in *Continence*.

ICS Standardisation Steering Committee - Chair: Matthias Oelke

1. Online meeting with native speakers (French, Italian, Portuguese, Spanish, Turkish), 2 functional urologists/gynecologists each.
2. Instructions how to perform.
3. Translation of terminology reports published in *Continence* (n=5).

4. Previous reports published in Neurourology & Urodynamics cannot be translated due to copyright issues
5. Publication of these language-validated reports on the ICS homepage

ICS Urodynamics Committee – Chair: Tufan Tarcan

1. The E-Learning Project combined with ICS UD Committee Teaching modules: We have incorporated our recently started Urodynamics E-Learning project with the ICS teaching modules where the teaching modules are meant to serve as the source of information for the E-Learning project. The E-Learning part of the project is supported by Laborie strictly without any influence on the content.
2. The Urodynamic Charts Review Project: This project of the Urodynamics Committee was pioneered by Andrew Gammie aiming to increase the quality of UD studies worldwide to the ICS standards.
3. Multicentre urodynamic data sharing for machine learning analysis: The project proposal is yet under preparation (by Andrew Gammie, Enrico Finazzi Agro and Tufan Tarcan) and will be presented to the UD Committee and Trustees once ready.

Approved by the Trustees and signed on their behalf by:

Steven Schraffordt Koops
Treasurer
Date 5/9/2025



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

I report to the charity trustees on my examination of the accounts of company for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Matthew Bracher BSc FCA
Institute of Chartered Accountants in England and Wales
For and on behalf of Gravita Western Limited
Bath House
6-8 Bath Street
Bristol
BS1 6HL

Date: 5/9/2025

THE INTERNATIONAL CONTINENCE SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2024

		Unrestricted Year ended 31.12.24	Restricted Year ended 31.12.24	Total Year ended 31.12.24	Unrestricted Year ended 31.12.23	Restricted Year ended 31.12.23	Total Year ended 31.12.23
	Notes	£	£	£	£	£	£
Income from:							
Donations and legacies	2	35,371	19,484	54,855	73,742	19,521	93,263
Investments	3	1,493	-	1,493	2,327	-	2,327
<i>Charitable activities:</i>							
Annual meeting	5	-	-	-	-	-	-
Distribution from trading subsidiary		333,482	-	333,482	45,217	-	45,217
Subscription and royalties	4	253,891	-	253,891	216,807	-	216,807
Educational activities	6	-	-	-	609	-	609
Total income		624,237	19,484	643,721	338,702	19,521	358,223
Expenditure on:							
<i>Charitable activities:</i>							
Educational activities	7	130,914	19,384	150,298	222,369	36,243	258,612
Publication and membership	7	131,582	-	131,582	286,118	-	286,118
Annual meeting and trading	7	-	-	-	-	-	-
Total expenditure		262,496	19,384	281,880	508,487	36,243	544,730
Net gain/(losses) on investments	14	32,270	-	32,270	5,186	-	5,186
Net income/(expenditure) and movement in funds		394,011	100	394,111	(164,599)	(16,722)	(181,321)
Reconciliation of funds:							
Fund balances brought forward		797,425	500	797,925	962,024	17,222	979,246
Fund balances carried forward		1,191,436	600	1,192,036	797,425	500	797,925

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2024

		Unrestricted Year ended 31.12.24	Restricted Year ended 31.12.24	Total Year ended 31.12.24	Unrestricted Year ended 31.12.23	Restricted Year ended 31.12.23	Total Year ended 31.12.23
		£	£	£	£	£	£
Income from:							
Donations and legacies	2	35,371	19,484	54,855	73,742	19,521	93,263
Investments	3	1,544	-	1,544	2,352	-	2,352
Charitable activities:							
Annual meeting and trading	5	641,841	-	641,841	220,772	-	220,772
Subscription and royalties	4	253,891	-	253,891	216,807	-	216,807
Educational activities	6	-	-	-	609	-	609
Total income		932,647	19,484	952,131	514,282	19,521	533,803
Expenditure on:							
Charitable activities:							
Educational activities	7	130,914	19,384	150,298	222,369	36,243	258,612
Publication and membership	7	131,582	-	131,582	286,118	-	286,118
Annual meeting and trading	7	307,910	-	307,910	104,721	-	104,721
Total expenditure		570,406	19,384	589,790	613,208	36,243	649,451
Net gains/(losses) on investments	14	32,270	-	32,270	5,186	-	5,186
Net income/(expenditure) and movement in funds		394,511	100	394,611	(93,740)	(16,722)	(110,462)
Reconciliation of funds:							
Fund balances brought forward		833,766	500	834,266	927,506	17,222	944,728
Fund balances carried forward		1,228,277	600	1,228,877	833,766	500	834,266

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2024

		2024		2023	
	Notes	£	£	£	£
FIXED ASSETS:					
Intangible assets	12		1,089		1,244
Investments	14		791,470		759,200
			792,559		760,444
CURRENT ASSETS:					
Debtors	15	330,552		8,630	
Cash at bank and in hand		93,359		123,759	
		423,911		132,389	
CREDITORS: Amounts falling due within one year	16	(24,434)		(94,908)	
NET CURRENT ASSETS:			399,477		37,481
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,192,036		797,925
FUNDS:					
Unrestricted funds	18		1,191,436		797,425
Restricted funds	18		600		500
			1,192,036		797,925

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on 5/9/2025 and were signed on their behalf by:



- TREASURER

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2024

		<u>2024</u>		<u>2023</u>	
	Notes	£	£	£	£
FIXED ASSETS:					
Intangible assets	12		1,089		1,244
Tangible assets	13		5,019		4,378
Investments	14		791,469		759,199
			<u>797,577</u>		<u>764,821</u>
CURRENT ASSETS:					
Debtors	15	348,123		22,610	
Cash at bank and in hand		<u>159,669</u>		<u>141,193</u>	
		507,792		163,803	
CREDITORS: Amounts falling due within one year	16	<u>(76,492)</u>		<u>(94,358)</u>	
NET CURRENT ASSETS:			<u>431,300</u>		<u>69,445</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u>1,228,877</u>		<u>834,266</u>
FUNDS:					
Unrestricted funds	19		1,228,277		833,766
Restricted funds	19		<u>600</u>		<u>500</u>
			<u>1,228,877</u>		<u>834,266</u>

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- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

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5/9/2025

The financial statements were approved by the Trustees on and were signed on their behalf by:



- TREASURER

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

**STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR
ENDING 31 DECEMBER 2024**

	Notes	Charity 2024 £	Charity 2023 £	Group 2024 £	Group 2023 £
Cash flows from operating activities:					
Net cash provided by (used in) operating activities	1	(31,893)	(52,711)	20,433	(81,433)
Cash flows from investing activities:					
Interest income		1,493	2,327	1,544	2,352
Purchase of property, plant and equipment		-	-	(3,501)	(1,624)
Net cash provided by (used in) investing activities		1,493	2,327	(1,957)	728
Change in cash and cash equivalents in the reporting period	2	(30,400)	(50,384)	18,476	(80,705)
Cash and cash equivalents at the beginning of the reporting period		123,759	174,143	141,193	221,898
Cash and cash equivalents at the end of the reporting period		93,359	123,759	159,669	141,193

NOTES TO CASH FLOWS:

1. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Charity 2024 £	Charity 2023 £	Group 2024 £	Group 2023 £
Net movement in funds	394,111	(181,322)	394,611	(110,463)
Add back depreciation/amortisation charge	155	155	3,015	2,980
Deduct interest income shown in investing activities	(1,493)	(2,327)	(1,544)	(2,352)
Deduct/add net (gain)/loss on investments	(32,270)	(5,186)	(32,270)	(5,186)
Decrease (increase) in debtors	(321,922)	90,705	(325,513)	78,795
Increase (decrease) in creditors	(70,474)	45,264	(17,866)	(45,207)
Net cash (used)/gained in/from operating activities	(31,893)	(52,711)	20,433	(81,433)

THE INTERNATIONAL CONTINENCE SOCIETY
STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR
ENDING 31 DECEMBER 2024

NOTES TO CASH FLOWS – continued:

2. ANALYSIS OF CHANGES IN NET FUNDS - CHARITY

	At 1.1.24 £	Cash flow £	At 31.12.24 £
Net cash			
Cash at bank and in hand	<u>123,759</u>	<u>(30,400)</u>	<u>93,359</u>
	<u>123,759</u>	<u>(30,400)</u>	<u>93,359</u>

ANALYSIS OF CHANGES IN NET FUNDS - GROUP

	At 1.1.24 £	Cash flow £	At 31.12.24 £
Net cash			
Cash at bank and in hand	<u>141,193</u>	<u>18,476</u>	<u>159,669</u>
	<u>141,193</u>	<u>18,476</u>	<u>159,669</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The International Continence Society is a company limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity constitutes a public benefit entity as defined by FRS 102. The address of the registered office and place of business is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is a membership society for professionals working in the field of incontinence.

The principal accounting policies adopted by the charity in drawing up its financial statements are as follows:

(a) Income

All incoming resources are including in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that income will be received. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

For donations to be recognised, the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

(b) Group Accounts

The results of Conticom-ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities, the Balance Sheet and The Statement of Cashflows.

(c) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024

1. ACCOUNTING POLICIES - continued

(d) Investment assets

The investment in the subsidiary is stated at cost. Listed investments held for the continuing benefit of the charity and are treated as fixed assets and are valued at fair value at the balance sheet date.

(e) Expenditure

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with educational activities, together with publication and membership, and include both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions the assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 7.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

(f) Intangible Assets

The domain name is stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

The domain name is being amortised evenly over 20 years.

(g) Tangible Fixed Assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	-25% on cost
Computer equipment	-33% on reducing balance

(h) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

(i) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

(j) Pension costs

The charity operates a defined pension contribution scheme. Contributions payable for the year are charged in the Statement of Financial Activities. The liability and expense is allocated between activities and between restricted and unrestricted funds on a time apportioned basis.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024

1. ACCOUNTING POLICIES - continued

(l) Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

Basic financial assets

Basic financial assets, which include trade and other debtors, amounts due from group undertakings and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost. Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including trade and other creditors and amounts due to group undertakings are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method. Financial liabilities are derecognised when, and only when, the charity's contractual obligations are discharged, cancelled, or they expire.

(m) Short term liquid investments and cash

Cash at bank is held to meet short-term cash commitments as they fall due rather than for investment purposes and includes all cash equivalents held in the form of short-term highly liquid investments. Cash equivalents are short-term, highly liquid investments that are readily convertible to known amounts of cash and that are subject to an insignificant risk of changes in value.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

2. INCOME FROM DONATIONS AND LEGACIES

	Charity		Group	
	2024	2023	2024	2023
	£	£	£	£
Other donors	112	10	112	10
Grants – Pfizer grant	19,484	19,521	19,484	19,521
Grants - other	35,259	14,168	35,259	14,168
Legacies	-	59,564	-	59,564
	<u>54,855</u>	<u>93,263</u>	<u>54,855</u>	<u>93,263</u>

3. INCOME FROM INVESTMENTS

	Charity		Group	
	2024	2023	2024	2023
	£	£	£	£
Interest receivable	1,493	2,327	1,544	2,352
	<u>1,493</u>	<u>2,327</u>	<u>1,544</u>	<u>2,352</u>

4. INCOME FROM SUBSCRIPTIONS AND ROYALTIES

	Charity & Group	
	2024	2023
	£	£
Subscription Income:		
Deferred balance brought forward	24,799	7,125
Membership income received during the year	229,851	233,328
Deferred balance carried forward	(4,642)	(24,799)
	<u>250,008</u>	<u>215,654</u>
Royalty income on subscriptions	<u>3,883</u>	<u>1,153</u>
	<u>253,891</u>	<u>216,807</u>

5. ANNUAL MEETING AND TRADING

	Charity		Group	
	2024	2023	2024	2023
	£	£	£	£
Annual meeting income	-	-	453,753	182,534
Industry projects	-	-	185,811	11,342
Book sales	-	-	2,277	26,896
	<u>-</u>	<u>-</u>	<u>641,841</u>	<u>220,772</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

6. INCOME FROM EDUCATIONAL ACTIVITIES

	Charity & Group	
	2024	2023
	£	£
Other income	-	609
	<u>-</u>	<u>609</u>

7. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities £	Publication & Membership £	Annual meeting £	Total 2024 £	Total 2023 £
Annual meeting expenses	-	-	-	-	-
Journal and other membership costs	-	739	-	739	1,367
Travel and subsistence costs	2,500	2,499	-	4,999	4,770
Advertising and promotional events	-	-	-	-	3,240
Education committee costs	-	-	-	-	4,711
Standardisation committee costs	1,193	-	-	1,193	-
Awards, grants and fellowships	40,537	-	-	40,537	26,081
Educational activity costs	7,900	-	-	7,900	8,241
Printing and postage costs	54	54	-	108	44
Staff costs	56,141	86,317	-	142,458	347,577
Finance costs	4,806	4,806	-	9,612	12,564
Trustees' board costs	1,014	1,014	-	2,028	-
Support costs (see note 8)	16,538	16,538	-	14,076	43,279
Governance costs (see note 8)	19,615	19,615	-	39,230	92,856
Charity total	150,298	131,582	-	281,880	544,730
Annual meeting and trading expenses	-	-	307,910	307,910	104,721
Group total	<u>150,298</u>	<u>131,582</u>	<u>307,910</u>	<u>589,790</u>	<u>649,451</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024

8. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS

	Educational Activities		Publication & Membership		Charity & Group	
	Costs	Costs	Costs	Costs	Total	Total
	£	£	£	£	2024	2023
Support costs:						
Phone	7,203	7,203	14,406			13,882
Insurance	1,495	1,495	2,990			1,764
Rent, rates, light and heat	7,038	7,038	14,076			11,935
Sundry	725	724	1,449			15,543
Amortisation	77	78	155			154
	<u>16,538</u>	<u>16,538</u>	<u>33,076</u>			<u>43,278</u>
Governance costs:						
Trustees' board costs	1,014	1,014	2,028			-
Indemnity insurance	229	229	458			270
Staff costs	10,176	10,175	20,351			68,336
Independent examiner's fee (see note 11)	3,600	3,600	7,200			7,560
Legal and professional	4,596	4,597	9,193			16,690
	<u>19,615</u>	<u>19,615</u>	<u>39,230</u>			<u>92,856</u>

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2023: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group		Charity & Group	
	2024	2023	2024	2023
	Number	Number	£	£
Travel and meeting expenses	16	6	11,733	4,105

10. STAFF COSTS

	Charity		Group	
	2024	2023	2024	2023
	£	£	£	£
Wages and salaries	131,880	338,420	263,760	338,420
National insurance contributions	11,704	33,702	23,408	33,702
Pension contributions	14,275	39,890	28,550	39,890
Recruitment and training	4,950	3,900	4,950	3,900
	<u>162,809</u>	<u>415,912</u>	<u>320,668</u>	<u>415,912</u>

One employee earned more than £60,000 during the year.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024

10. STAFF COSTS - continued

The average monthly number of employees, and full time equivalents, during the year were as follows:

	Charity		Group	
	2024 Number	2023 Number	2024 Number	2023 Number
Governance	2.23	4.15	4.45	4.15
Educational activities	1.43	3.15	2.85	3.15
Publication and membership	0.35	0.7	0.7	0.7
	<u>4</u>	<u>8</u>	<u>8</u>	<u>8</u>

The key management personnel of the group and the charity comprise the trustees and the Chief Executive Officer. The total employee benefits of the key management personnel of the group were £130,921 (2023: £199,658).

11. INDEPENDENT EXAMINER'S REMUNERATION

The independent examiner's remuneration consists of the following:

	Charity		Group	
	2024 £	2023 £	2024 £	2023 £
For independent examination	1,860	1,678	1,860	1,678
For accounting services	3,365	3,152	7,915	7,352
For preparation of consolidated accounts	1,975	1,780	1,975	1,780
For general advice, meetings & other services	-	950	-	950
	<u>7,200</u>	<u>7,560</u>	<u>11,750</u>	<u>11,760</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

12. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
COST		
At 1 January 2024	3,106	3,106
At 31 December 2024	<u>3,106</u>	<u>3,106</u>
AMORTISATION		
At 1 January 2024	1,862	1,862
Charge for year	155	155
At 31 December 2024	<u>2,017</u>	<u>2,017</u>
NET BOOK VALUE		
At 31 December 2024	<u>1,089</u>	<u>1,089</u>
At 31 December 2023	<u>1,244</u>	<u>1,244</u>

13. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Total
	£	£	£
COST:			
At 1 January 2024	13,448	62,470	75,918
Additions		3,501	3,501
At 31 December 2024	<u>13,448</u>	<u>65,971</u>	<u>79,419</u>
DEPRECIATION			
At 1 January 2024	12,845	58,695	71,540
Charge for year	231	2,629	2,860
At 31 December 2024	<u>13,076</u>	<u>61,324</u>	<u>74,400</u>
NET BOOK VALUE:			
At 31 December 2024	<u>372</u>	<u>4,647</u>	<u>5,019</u>
At 31 December 2023	<u>603</u>	<u>3,775</u>	<u>4,378</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

14. CHARITY FIXED ASSET INVESTMENTS

	£	
COST OR VALUATION:		
At 1 January 2024		759,199
Increase in market value of investments		32,270
At 31 December 2024		<u>791,469</u>
NET BOOK VALUE:		
At 31 December 2024		<u>791,469</u>
At 31 December 2023		<u>759,199</u>
	2024	2023
	£	£
Listed investments	791,469	759,199
Unlisted investments	<u>1</u>	<u>1</u>
Total investments	<u>791,470</u>	<u>759,200</u>

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited

Company number: 03687688

Country of incorporation: England & Wales

Nature of business: Conference facilitator

Class of shares: Ordinary – 100% holding

	2024	2023
	£	£
Aggregate capital and reserves	36,842	36,342
Profit/(loss) for the year	<u>500</u>	<u>70,860</u>

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	641,841
Cost of sales	(71,145)
Gross profit	570,696
Other income	51
Administrative expenses	<u>(564,629)</u>
Operating profit/(loss)	6,118
Finance costs and depreciation	<u>(5,618)</u>
Net income/(expenditure)	500
Retained profit for the year	500
Retained profit brought forward	36,342
Retained profit carried forward	<u>36,842</u>
Assets	409,105
Liabilities	(372,263)

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2024	2023	2024	2023
	£	£	£	£
Trade debtors	-	30	-	9,504
Prepayments and accrued income	10,347	8,600	348,032	13,106
Amounts due from group undertaking	320,205	-	-	-
VAT	-	-	91	-
	<u>330,552</u>	<u>8,630</u>	<u>348,123</u>	<u>22,610</u>

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2024	2023	2024	2023
	£	£	£	£
Trade creditors	2,797	1,086	8,376	1,635
Other creditors	-	-	8,654	2,797
Social security and other taxes	5,377	13,703	10,754	13,703
Amounts due to group undertaking	-	12,521	-	-
Accruals and deferred income	16,260	67,598	48,708	75,946
VAT	-	-	-	277
	<u>24,434</u>	<u>94,908</u>	<u>76,492</u>	<u>94,358</u>

17. FINANCIAL COMMITMENTS

Total financial commitments, guarantees and contingencies for the charity which are not included in the balance sheet amount to £9,000 (2023 - £15,000).

Total financial commitments, guarantees and contingencies undertaken as a group, which are not included in the balance sheet amount to £18,000 (2023 - £30,000).

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024

18. STATEMENT OF FUNDS

	At 01 January 2024 £	Income £	Expenditure £	Gains on Investments £	At 31 December 2024 £
Unrestricted funds:					
General fund	797,425	638,313	(276,572)	32,270	1,191,436
Total unrestricted funds	797,425	638,313	(276,572)	32,270	1,191,436
Restricted funds:					
Laborie Fellowship fund	-	-	-	-	-
Continence Promotion Committee fund	-	-	-	-	-
3 rd World Fistula work	500	-	-	-	500
Pfizer grant	-	19,484	(19,384)	-	100
Total restricted funds	500	19,484	(19,384)	-	600
Total charity funds	797,925	657,797	(295,956)	32,270	1,192,036
Subsidiary funds (unrestricted)	36,341	294,334	(293,834)	-	36,841
Total consolidated funds	834,266	952,131	(589,790)	32,270	1,228,877

STATEMENT OF FUNDS - comparatives

	At 01 January 2023 £	Income £	Expenditure £	Gain on Investments £	At 31 December 2023 £
Unrestricted funds:					
General fund	962,024	338,702	(508,487)	5,186	797,425
Total unrestricted funds	962,024	338,702	(508,487)	5,186	797,425
Restricted funds:					
Laborie Fellowship fund	1,838	-	(1,838)	-	-
Continence Promotion Committee fund	7,824	-	(7,824)	-	-
3 rd World Fistula work	500	-	-	-	500
Pfizer grant	7,060	19,521	(26,581)	-	-
Total restricted funds	17,222	19,521	(36,243)	-	500
Total charity funds	979,246	358,223	(544,730)	5,186	797,925
Subsidiary funds (unrestricted)	(34,519)	220,798	(149,938)	-	36,341
Intercompany adjustment	-	(45,217)	45,217	-	-
Total consolidated funds	944,727	533,804	(649,451)	5,186	834,266

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024

18. STATEMENT OF FUNDS - continued

General fund (unrestricted)

This fund represents the free funds of the charity, which are not designated for particular purposes.

Laborie Fellowship fund (restricted)

The Laborie Fellowship fund relates to a 3 year fellowship programme for an eligible member. Grants are received each year to support funding of the programme.

Continence Promotion Committee Fund (restricted)

The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee.

3rd World Fistula work (restricted)

This fund relates to a restricted donation received in November 2012 to fund 3rd world Fitsula work.

Pfizer grant (restricted)

This fund relates to a Pfizer grant received each year to fund international scholarships.

Fistula course fund (restricted)

This fund relates to a grant received during the year to support the Fistula repair course held in Mumbai.

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS

CHARITY

**Fund Balances at 31 December 2024
are represented by:**

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	792,559	792,559
Current assets	19,984	403,927	423,911
Current liabilities	(19,384)	(5,050)	(24,434)
Total Net Assets	600	1,191,436	1,192,036

GROUP

**Fund Balances at 31 December 2024
are represented by:**

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	797,577	797,577
Current assets	19,984	487,808	507,792
Current liabilities	(19,384)	(57,108)	(76,492)
Total Net Assets	600	1,228,277	1,228,877

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS – comparatives

<u>CHARITY</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2023 are represented by:			
Fixed assets	-	760,444	760,444
Current assets	36,743	95,646	132,389
Current liabilities	(36,243)	(58,665)	(94,908)
Total Net Assets	500	797,425	797,925
<u>GROUP</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2023 are represented by:			
Fixed assets	-	764,821	764,821
Current assets	36,743	127,060	163,803
Current liabilities	(36,243)	(58,115)	(94,358)
Total Net Assets	500	833,766	834,266

20. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £28,550 (2023: £39,890) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2023 - £Nil) as at 31 December 2024.

21. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

22. RELATED PARTY TRANSACTIONS

There are no related party transactions that require disclosure (2023 - £Nil) as at 31 December 2024.