THE INTERNATIONAL CONTINENCE SOCIETY

England & Wales · Charity number 1074929

Details

Status	Registered
Legal form	Charitable company
Company number	03589542
Registered	1999-03-30
Register	View on the Charity Commission register

Contact

Address	International Continence Society 48 Corn Street 3rd Floor Bristol BS1 1HQ
Phone	01179444881
Email	info@ics.org
Website	www.ics.org

Activities

Objects: THE ADVANCEMENT OF BASIC AND CLINICAL SCIENCES CONCERNED WITH THE FUNCTION AND DYSFUNCTION OF THE URINARY TRACT, BOWEL AND PELVIC FLOOR

Activities: The advancement of sciences, the promotion of research and the publication of results, concerned with the area of incontinence.

Classification

- **How:** Makes Grants To Individuals, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

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Geography

- Bristol City

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£952,131	£589,790	£1,228,877	4
2023-12-31	£358,223	£544,730	-	-
2022-12-31	£760,527	£943,471	£979,246	9
2021-12-31	£324,537	£365,150	-	-
2020-12-31	£284,562	£407,128	-	-

Trustees

Name	Role	Appointed
Dr Howard Goldman		2025-10-01
Dr Lori Birder		2019-09-05
Frances Bridget Bates		2021-10-20
Prof Adrian Stuart Wagg		2025-10-01
Prof Elisabetta Costantini		2022-09-09
Prof Enrico Finazzi Agro		2020-11-25
Prof Hidehiro Kakizaki		2023-09-29
Prof Maurizio Serati		2025-10-01
Prof Tufan Tarcan		2024-10-25

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THE INTERNATIONAL CONTINENCE SOCIETY

England & Wales - Charity number 1074929

Accounts

TRUSTEES' ANNUAL REPORT

AND

INDEPENDENTLY EXAMINED CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024

FOR

THE INTERNATIONAL CONTINENCE SOCIETY

THE INTERNATIONAL CONTINENCE SOCIETY

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International Continence Society
www.ics.org info@ics.org +44(0)117 944 4881

Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	48 Corn Street, Third Floor, Bristol, BS1 1HQ
Correspondence Address	48 Corn Street, Third Floor, Bristol, BS1 1HQ
E-mail	info@ics.org
Website	www.ics.org
Telephone	+44 (0) 117 944 4881
General Secretary appointed	John Heesakkers, 3 year term began 09/09/22
General Secretary-Elect appt'd	Tufan Tarcan, 1 year term began 25/10/24 will become GS thereafter for 3 year term
Treasurer appointed	Steven Schraffordt Koops, 3 year term began 09/09/22
Trustees appointed 2023	Hidehiro Kakizaki, appointed 20/10/2023 confirmed for 3 year term at 2024 AGM Reappointed for 3 year terms 3 Feb 2023: Marcus Drake, Lori Birder, Enrico Finazzi Agro
Trustees appointed 2022	Elisabetta Costantini, 3 year term began 09/09/2022 Philip Van Kerrebroeck, reappointed for 3 year term
Trustees appointed 2021	Frankie Bates, 3 year term began 20/10/2021, reappointed for 3 year term
Company Secretary	Dominic Turner (appointed 20/11/2023)
Independent Examiner	M Bracher of Gravita Western Ltd (previously Haines Watts Western Ltd), Bath House, 6-8 Bath Street, Bristol BS1 6HL
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA
Investment Managers	Crystal Wealth Management LLP

Staff

Dominic Turner	Chief Executive Officer (from 5 February 2024, previously IT Director)
Daniel Snowdon	Executive Director (left employment 2 February 2024)
Roger Blackmore	Flash Developer/Graphics Designer
Mairead Corbet	Projects and Events Manager (left employment 19 July 2024)
Danielle Piotrowski	Marketing and Events Coordinator (left employment 15 November 2024)
Tracy Griffin	Administrator and Membership Secretary (part time - retired 30 April 2024)
Sam Giles	Membership Coordinator (joined 24 July 2024)
Charlotte Nash	Committee and Events Coordinator (joined 10 December 2024)
Sarah Waters	Bookkeeper (self-employed)
Sarah Ashworth	Bookkeeper (self-employed)

ICS Honorary Members

Peter Caldwell (Deceased)
Peter Gammelgaard (Deceased)
Guus Kramer
Walter Artibani
Sender Herschorn
Linda Cardozo (Deceased)
Jerzy Gajewski
David Castro Diaz
Carlos D'Ancona
Patrick Bates (Deceased)
Eric Glen
David Rowan (Deceased)
Jacques Corcos
Karl-Erik Andersson
Ted Arnold
Helmut Madersbacher
Katherine Moore
Pieter Donker (Deceased)
Axel Ingelman-Sundberg (Deceased)
Paul Abrams
Jo Laycock (Deceased)
Adrian Wagg
Sherif Mourad
Alan Wein
Mandy Fader

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence. Established in 1971.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement

The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

How our activities deliver public benefit

Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the majority of the ICS website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Purposes and Aims

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, news articles and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

Ensuring our work delivers our aims

The key objectives for 2024 were to hold a successful annual meeting in Madrid, to maintain the ICS membership at circa 3,000 members, to review and implement a revised investment strategy, and to

continue to support the establishment of the two new ICS open-access journals, *Continence* and *Continence Reports*.

The focus of our work

Strategic efforts will continue to advance the educational output of the ICS, mainly through the implementation of ICS Live, webinars, increasing content on ICS TV to provide e-learning, and the continued update and production of ICS standardisation reports and other key educational publications. The financial planning and controls for the society will continue to be reviewed to ensure strategies are fit for purpose.

Structure, Governance and Management

Board of Trustees

The ICS Board of Trustees is required to meet four times a year (twice in person and twice virtually) and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Setting pay and remuneration of key management personnel through an annual performance review and formal consideration of a cost of living increase.
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership (for first terms of office).

Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The Directors of the company are also charity trustees for the purposes of charity law. As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Chief Executive Officer. The CEO is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS.

ICS Committees 2024

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children and Young Adults' Committee
- ICS Developing World Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years. Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (Steven Schraffordt Koops). In conjunction with the Chief Executive Officer and the ICS Accountants, Gravita Western Ltd (previously Haines Watts Western Ltd), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities. Please note the further comment on reserves in the financial review section on page 14.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to war, terrorist attacks or natural disasters is a major concern. This was particularly felt during 2020 and 2021 due to the COVID-19

pandemic. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event. A risk reduction has been realised through the agreement to host every other annual meeting in Europe. This continent offers the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded. In 2024 a new PCO was appointed, MCI Netherlands B.V. for 2026-2028 with the same no loss guarantee.

With regard to the Society's finances, the bookkeeper and accountants are fully aware of the current status and systems used and could take over from the Directors in this regard in an emergency. The General Secretary and the Directors are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director has documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- To host a successful Annual Scientific Meeting, a high quality educational event which will continue to secure the status of the ICS as the premier international multidisciplinary conference in the field of incontinence.
- To support establishment of the two new open-access journals owned by ICS.
- To set up and develop new strategic partnerships with individuals and organisations.
- To maintain the ICS membership at ~3,000 or more members.
- To enable more accessible educational content for our global membership.
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.

Executive Summary

The meeting held in Madrid was an outstanding success both scientifically and financially with very strong industry support and a high registration total of 1,953 delegates (2023: 1,434). We would like to thank SINUG our local partner and ICS Affiliate society for hosting ICS in Spain and foregoing the SINUG annual meeting for this year, allowing all Spanish delegates to attend a special SINUG session at ICS 2024 Madrid and encouraging all local sponsors to support the ICS meeting for that year. We would also thank the Local Organising Committee, Scientific and Education Committees for organising such a landmark scientific event.

ICS recorded 2,969 members for 2024 (2023: 2,760). This growth is in line with holding our annual meeting in Europe. Challenges remain post covid for all our medical professionals who face increased financial pressures with increased travel and accommodation costs and restrictions on leave to attend meetings.

In financial terms the charity closed the year with a very positive position, whereby income in the year was in excess of expenditure. This was due to the healthy surplus received from the annual meeting in addition to new revenue streams for projects outside of the annual meeting. The board has continued to develop the two new journals to create new additional streams of revenue outside of the annual meeting.

Achievements and Performance

ICS Annual Scientific Meeting 2024

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 54th Annual Meeting of the ICS remained an in-person only event. The meeting was attended by 1,953 delegates from over 60 countries which proved the international appeal of ICS meetings. The total numbers were helped by the European location and the incredible support of our Local Organising Committee and SINUG our Spanish affiliate society.

The Scientific Committee continued the strategy of providing programme 'tracks' to ensure that delegates would always have some content of interest or relevance at any point in the programme.

Our full thanks go to Pedro Blasco Hernández (Honorary Meeting Chair) and Carmen González Enguita (Honorary Meeting Co-Chair), Alicia Martín Martínez (Local Scientific Programme Chairs) and the whole ICS 2024 local organising committee for their dedicated efforts and commitment. Evaluation scores were highly positive in all categories. Thanks are also due to the ICS office staff, ICS committees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS each year where a surplus has been made.

New ICS Journals

Two new journals Continence and Continence Reports launched in December 2021 continued to grow. The Editors of the journals were respectively, Lori Birder, and Sajjad Rahnama'i. The journals are open-access format to support the new model of journals, and to support the ICS's charitable goal to grow and share continence education globally. With DOAJ (June) and Scopus (October) accepted in 2023, Web of Science accepted in June 2024.

Awards and Fellowships

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered 11 fellowships covering Urodynamics, Neurourology, Clinical and Research to early career doctors from Argentina, Belgium, Canada, Gambia, Indonesia, Mexico, Pakistan, Russia, Ukraine and the United States.

Educational Courses 2024

During 2024 ICS was able to offer faculty to 20 educational events around the world:

- 13 January - ICS Masterclass on Pelvic Pain: Organ-Based Pain
- 04 February - Focal Neurological Pelvic Pain: ICS Global Pelvic Pain Exchange Program

- 08 March - Neurodiagnostics for Pelvic Pain: ICS Global Pelvic Pain Exchange Program
- 05 April - TENS, Blocks, Stimulation, and Pumps for Pelvic Pain: ICS Global Pelvic Pain Exchange Program
- 10 May - Systemic Pain involving the Pelvis: ICS Global Pelvic Pain Exchange Program
- 14 June - Pharm, Psych and Patient Empowerment for Pelvic Pain: ICS Global Pelvic Pain Exchange Program
- 30 January - IUGA & ICS Free Webinar - Female Voiding Disfunction: Functional and Anatomic
- 10 - 12 January - ICS 11th Workshop for Surgical Repair of Vaginal Fistula & Urinary Incontinence
- 19 January - Sacral Neuromodulation or Botulinum Toxin for Refractory OAB
- 19 - 21 April - ICS Guest Lecture at the 5th Spring Urological Symposium - Cyprus Urological Association
- 18 - 19 April - All Around Pelvic Floor Anatomy International Symposium
- 16 - 17 March - ICS Masterclass on Conservative Management 2024
- 06 April - ICS Guest Lecture at EAU24: The 39th Annual Congress
- 19 April - ICS Guest Lecture at FUSICON 2024
- 25 November - The role of urodynamics in female UI: Urodynamics Under the Lens
- 7-8 September - ICS Lecture at Pan-Pacific Continence Society, PPCS 2024 Bali
    - 7 Sep - Prof Dr John PFA Heesakkers - Update on the EAU RF SATURN trial
    - 8 Sep – Prof Dr John PFA Heesakkers - Infravesical Obstruction in Male Neurogenic LUTS
- 19 June - ICS Workshop at 2024 IUGA 49th Annual Meeting
- 21 June - ICS Guest Lecture at 49th IUGA Annual Meeting
- 14 - 15 August - ICS Guest Lectures at 6th Tabriz International Functional Urology Course (TIFU 2024)
- 04 - 07 September - ICS Guest Lectures at XVIII Paulista Congress of Urology

ICS Membership

The ICS recorded 2,969 members for 2024 (2023: 2,760). The Board increased the membership fee for 2023. The ICS strives to keep the membership fee as low as possible to keep the ICS accessible. The lower membership fees for nurses, physiotherapists and early career professionals were continued at the same rate. To extend the public benefit of ICS membership the Board continued to offer free one year membership for early career professionals that had not held ICS membership before.

ICS Committees

ICS Committees continued to deliver education and research projects in a wide spectrum of areas. We thank the ICS Committee Chairs and Members for their incredible work.

ICS Children and Young Adults Committee – Chair: Ashani Couchman

1. Application and acceptance of workshop for ICS Madrid – inter disciplinary workshop in conjunction with physiotherapy and psychology
2. Plan for white paper to follow the workshop - underway
3. Completed 1 podcase – we have not completed further podcasts
4. CISC paper completed – awaiting next steps and representation to board

ICS Developing World Committee – Chair: Sherif Mourad

1. We organized a very successful fistula repair workshop in Lusaka – Zambia on January 3-5, 2024. The event was well attended by around 40 attendees and was highly appreciated by the

locals. We had participants from many countries included Zambia, The Gambia, Saudi Arabia, France, Oman, Iraq, Kenya, United Kingdom, Egypt and Pakistan.

2. We are currently preparing for the "Fistula Course" January 2025 and to continue of the successful history of this course. The course will take place in Banjul – The Gambia as we got a serious invitation to visit this area.
3. The ICS Fistula Course became very popular among our membership and also among the international community interested in fistula and urinary incontinence in developing countries. The course attracts many trainees from different countries to join the 3-day training course which is a real hands on workshop.
4. We had active participation in the urogynecological workshop during the AAU meeting in Bally – September 2024.
5. We have a proposal for publication of a handbook/book chapter/article on Managing Urethral Catheters in Low and Middle Income Countries. This proposal was sent to us looking for collaboration from colleagues from Banjul (Gambia), and its main objective is to serve as a guide for health professionals working in developing countries and those from developed countries visiting as part of relief teams, on how to diagnose and solve problems presented by urethral catheters in this type of environments.

ICS Education Committee – Chair: Howard Goldman

1. ICS Podcasts and Early Career Session

The Education Committee led by Shannon Wallace has revamped and reorganized the ICS Podcast Series. ICS now offers bimonthly 20min-1hour long podcasts to ICS listeners on a variety of topics related to urinary and fecal incontinence, pelvic floor dysfunction, bowel dysfunction and complex surgical planning and techniques. In addition, we also offer a podcast series on the upcoming workshops at the annual ICS meeting (hosted by Shannon Wallace). This podcast series aims to advertise and highlight the world-class workshops that are going to be offered and increase the ICS annual meeting registration numbers as well as workshop numbers

We are also responsible for designing and coordinating the Early Career Session at the ICS Annual Meeting. This year we are very excited to offer a valuable session on "From Burnout to Balance: Thriving in Healthcare" and we have coordinated a speaker and some group activities.

2. ICS Education committee website video reviews

have reviewed over 4500 videos in the ICS website and highlighted the videos more than 3 years old as "The video is more than three years old. There may be more recent related video content available here on ICS TV." It was also decided to remove only any dangerous or controversial content.

3. Update on ICS Observerships and Related Activities

<u>Grant Proposals</u>

Medtronic (Medtronic International Observerships)

Completed (MDT230034142)

- The grant proposal was submitted with all necessary documents (agenda, budget, W-8BEN form) and was accepted.

Laborie (Laborie International Observerships)

- A letter of request was sent to Tim Panciera, Laborie Vice President of Sales & Global Marketing; the grant proposal was accepted.

Boston Scientific (Boston Scientific International Observerships)

Completed (204761)

- The grant proposal was submitted along with all required documents (agenda, budget, W-8BEN form); however, it was rejected.

<u>Host Centre Application Form</u>

- An updated version of the Host Centre Application Form has been created (Host_Application_Form ver 16.04.2023).

ICS Observerships 2024

- Eleven early career professionals (ECPs) received funding, with priority given to applicants from low-income countries.

ICS Ethics Committee – Chair: Bill Gibson

1. The committee has and worked under the revised terms of reference which were adopted at the meeting in Toronto.
2. The committee has prepared and presented a workshop on The Ethical Treatment of Incontinence in Children and Adolescents at this meeting. This will form the basis of a White Paper which the committee has agreed to prepare.
3. The committee chair had input in to discussions with the Scientific Committee around ethical aspects of some submissions to the annual meeting

ICS Neurourology Promotion Committee – Chair: Sanjay Sinha

1. Collaborative Programs
    a. Annual Congress of the Functional and Female Urology Section of the Urological Society of India, April 19 and 20, 2024 in Hyderabad. Dr Desiree Vrijens was ICS faculty and presented an ICS State of Art Lecture. (In-person Event)
    b. Libyan Urology Association Congress, December 9, 2023. Lecture on 'High risk Neurogenic Lower Urinary Tract Dysfunction'. (Online Event)
    c. ICS Neuro-Urology Lecture at the XVIII Paulista Congress in São Paulo, September 3-7, 2024 by Dr Sanjay Sinha. (In-person Event)
2. Global Neuro-Urology Initiative GNUI
    a. The first GNUI was held in association with Colombian Urologists on November 18, 2023 (Host Lead: Dr Julián Azuero)
3. Publications
    a. The third project from the Unusual Neuro-Urological Conditions series was published in Continence Journal. Lead Author: Dr Ryuji Sakakibara. DOI:10.1016/j.cont.2024.101340
4. Best Review in Neuro-Urology Award (Annual, Long-term Activity)
    a. The award was launched in 2024 and the first award will be handed over this year at the ICS Madrid meeting to Dr Vicktor Bruno Pereira Pinto from Brazil. The manuscript is being submitted to Continence Journal.
    b. The next year's award including the cut-off dates have been announced. Briefly, the submission deadline for ICS 2025 is March 31, 2025. Details can be found at https://www.ics.org/news/1468
5. Early Career Shadow Committee Project
    a. The project has been initiated with 10 proposed names from across the globe including South America (3), North America (1), Europe (3), Asia (2), and Africa (1).
    b. We envisage that the NUPC-ECSC will join the NUPC for a part of the committee meeting at ICS Annual Meetings with an expansion of We envisage an expansion of academic and social activities as well as mentorship through this initiative.

ICS Nursing Committee – Chair: Tamara Dickinson

1. Nursing mailers Angie Rantell & Janie Thompson continued to create nursing focused mailers for mass distribution
2. Publications completed and in process
    - Terminology for conservative interventions (as requested by the Standardization & Terminology Committee) – Complete a draft of the manuscript by the close of 2024,

share with workgroup members for their approval as co-authors and then submit to *Continence*

- Fecal Incontinence for the APRN 2nd edition – first chapter drafts have been submitted to Donna Bliss (editor)

3. Nursing Committee Podcasts (goal of at least 2 per year)
    - Getting Involved with the ICS: A Nursing and Physiotherapist Perspective with Tamara Dickinson (Nursing Chair), Paula Igualaga-Martinez (Physiotherapy Chair) and Shannon Wallace (moderator), a collaborative project of the nursing and physiotherapy committees- completed and launched January 2024
    - Bowel & bladder diary training document: Discussion, Review and Practical Tips with Donna Bliss, Janie Thompson and Tamara Dickinson (moderator) – completed and launched in Spring 2024
    - Developing nursing research: Qualitative and Quantitative approaches by Joan Ostaszkiewicz and Diane Newman (discussions initiated) *Was NOT completed*
    - Submission of high quality nursing workshop and forum for Madrid 2024

ICS Physiotherapy Committee – Chair: Paula Igualada-Martinez

1. ICI Algorithm Masterclass
2. 23rd Physiotherapy Forum – 260 participants – Survey of ICS Pelvic Floor terminology
3. Developing international standards of pelvic health training – Aim to finish in 2026
    a. International Survey: Led by The University of Queensland (Australia) in collaboration with the PT Committee, this survey investigates clinical practice, training methods, and the credentials of pelvic health physiotherapists. The survey has been completed, and data analysis is in progress, with results aim to be presented at the ICS 2025 Meeting.
    b. Scoping Review: Led by Brunel University (UK) in collaboration with the PT Committee and the International Organization of Physiotherapists in Pelvic and Women's Health (IOPPWH), this review assesses global training documentation to understand how physiotherapists acquire knowledge in pelvic health. More than 30 universities, pelvic health organisations, and private education providers are participating. Ethical approval is pending, and preliminary findings are expected to be shared at the ICS 2025 Meeting.

ICS Scientific Committee - Chair: Adrian Wagg

State of the Art Lectures

- SOA1 How Do Male Lower Urinary Tract Symptoms Guide our Management of Benign Prostatic Obstruction? **Paul Abrams**
- SOA2 European Union Continence Strategy. **Philip Van Kerrebroeck**
- SOA3 Primary, Secondary Prevention and Conservative Treatment of Pelvic Organ Prolapse. **Suzanne Hagen**

State of the Art Round Tables

- RT1 Treatment of Male Lower Urinary Tract Symptoms: Are We in a New Era?
- RT2 Pelvic Floor Dysfunction in Male and Female Cancers: Conservative Management Strategies Before and After Cancer Treatment
- RT3 Management of Faecal Incontinence and Bowel Dysfunction Following Surgery
- RT4 Fibrosis of the Lower Urinary Tract — Pathogenesis, Functional Consequences and Novel Therapeutic Targets
- RT5 Research Impact: New Dimensions and New Paradigms

- RT6 Expanding Neuromodulation Applications to the Lower Urinary Tract: Pudendal and Implantable Tibial
- RT7 Big Data Analysis in Urodynamics
- RT8 Pregnancy and the Pelvic Floor

ICS Standardisation Steering Committee - Chair: Matthias Oelke

1. Publications:

- Bliss DZ, Igualada-Martinez P, Engberg S, Herbert JH, Gurvich OV, Igbedioh C, Hunter A, Voelkl J, Cuiñas León K, Schizas AMP. Standard Questions for a bowel diary to assess fecal incontinence in adults: A consensus project of the International Continence Society. Continence. 2023; 6: 100588.
- Sihra R, Barratt R, Hamid R, Kessler TM, Sievert KD, Neshatian L, Paquette I, Sahai A, Thomas L, Thakare N, Sontoro GA, Higazy A, Fahmy M, Zarate-Lopez N, Heldwein FL, Williams A, Emmanuel A, Drake MJ. The implications of neurogenic bowel dysfunction for urinary tract reconstruction in neurogenic urinary tract dysfunction: An International Continence Society working group report. Continence. 2023; 6: 100590.
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ICS Urodynamics Committee – Chair: Tufan Tarcan

1. E-Learning Project combined with ICS UD Committee Teaching Modules
    a. Analysis of Voiding: Pressure Flow Analysis
    b. Filling Cystometry
    c. Uroflowmetry and Measurement of Postvoid Residual Urine
2. Completed and “ready for submission” ICS teaching modules of the UD Committee in 2024:
    a. Tarcan T, Acar O, Agarwal MM, Rubilotta E, De Nunzio C, Rosier P. ICS Educational Module: The Practice of Uroflowmetry in Adults. Continence Vol 9, 2024. 101065
    b. Patel M, Bhide A, Digesu GA, Tarcan T. Best practice for Videourodynamics: A teaching module of the International Continence Society Urodynamics Committee. Continence 9 (2024) 101212.
    c. Maurizio Serati, Tufan Tarcan, Anna Padoa, Hashim Hashim, Andrea Braga, Karl Dietrich Sievert, Peter F W M Rosier. Objective assessment of lower urinary tract function in female stress urinary incontinence. ICS Educational Module. Continence-D-24-00092
    d. Carlos Arturo Levi D’Ancona, Tufan Tarcan, Stefania Musco, Arthur Degani, Peter F.W.M. Rosier. ICS Teaching Module on the Urodynamics and Accessory Tests in the Assessment of Post-Radical Prostatectomy Urinary Incontinence. To be submitted soon to Continence

e. Sanjay Sinha, Tufan Tarcan, John Spiech, Mauricio Plata, Enrico Finazzi-Agro, Marcus Drake. ICS Module on Urodynamics for Male LUTS. To be submitted soon to Continence.
f. Christian Hector Cobreros, Tufan Tarcan, Andrew Gammie, Maurizo Serrati, Carlos Dancona. ICS Teaching module: Measurement of Abdominal Leak Point Pressures in Females with stress urinary incontinence without neurological abnormalities. To be submitted soon to Continence.
g. A Bacon, T Dickinson, A Garcia-Mora, S Sinha, T van Steenbergen, T Tarcan, A Gammie. ICS Teaching Module on setting up urodynamic equipment. To be submitted soon to Continence.

3. The Urodynamic Charts Review Project
4. Assessment of Sensation During UDS
5. The UD Committee submitted two workshops for the ICS 2024 meeting:
    a. How can the ICS help me improve my urodynamics? (rejected)
    b. How do invasive urodynamic studies affect my clinical decision in non-neurogenic lower urinary tract dysfunction? (accepted) Faculty: Tufan Tarcan, Chris Harding, Maurizio Serati, Carlos D'Ancona. Will be held in Madrid 2024 annual meeting.
6. The Urodynamics Book Project which was planned as the joined product of the ICS UD Committee and the Italian Urodynamics Society (SIUD) is running. The chapter and authors are approved by both societies. The publisher company is Springer and the agreement is already signed. The chief editor is Dr. Enrico Finazzi Agro, and co-editors are Dr. Tufan Tarcan, Dr. Alexandre Fornari, Dr. Maurizio Serati and Dr. Vincenzo Li Marzi. The invitation letters are sent to the authors, their responses are received, and the chapters are currently in the writing process.

Critical Success Factors (CSF's) / Key Performance Indicators (KPI's)

CSFs identified at last strategic review concluded in 2022. New KPI measurements introduced in 2023.

1. CSF Establish financial security: protect, diversify and increase income

- Create Industry Committee
- Maximise income from ICS membership: secure, affiliates, new markets
- Create a risk register and review regularly
- Investigate options for fundraising: foundations, crowdfunding, grants

Outcome: most objectives met or partially met/in process

KPI Reserve Policy Met:

2024	£ GBP	% of target
Actual	1,228,877	109.8
Target	1,119,689	

Above target. Very successful annual meeting together with new income streams from partnerships with industry outside of the ASM. Also a slight rise in total membership.

Action for 2025: Continue to work on funding streams not dependent on annual meeting

2. CSF Ensure the highest quality scholarly activity

- Establish and grow the ICS Journals
- Ensure a constant stream of high quality ICS publications

- Board to work with Scientific and Education Committees on a project plan for the annual meeting programme
- Develop further e-learning opportunities for ICS members and meeting delegates

Outcome: All objectives met / in progress.

KPI – propose to measure Impact Factor of new ICS Journals – these figures will be published once Journal has been indexed by Clarivate which takes some time after the journal is established (expect first impact factor in 2025). KPI target to compare impact factor with previous official society journal's impact factor.

3. Improve Governance (Board/organisational)

- Establish Governance and Nominations Committee
- Update Articles and Bylaws in line with report recommendations
- Implementing the actions from the governance review
- Broadening the range of skills and experience on the Board
- 4 meetings a year of the Board: two times virtual, two times live
- Improve efficiency of Board meetings: agenda items and papers

Outcome: All objectives met.

KPI – Board of Trustee Meetings Held

2024	BOT Meetings	% of target
Actual	**4**	100.0
Target	4	

Strengthen the organisation (staff and committees)

- Review organisation structure and resourcing, including staffing
- Review all activity and rationalise based on ICS strategy
- Decide which committees and activities should continue/cease
- Put in place measures and reviews to ensure progress and high standards

Outcome: All objectives met.

KPI – Employee Performance Targets

Staff	Performance Targets	Met	% of Target
2	10	10	100.0

Note: Due to staff changes (other staff left, retired or joined in 2024), only two staff participated in the performance appraisal scheme for 2024

Put in place programme to reach out the potential new members outside the US and Europe

- Create a plan and timeline for how to reach 50% ICS members
- Define most important countries to ICS outside US/Europe
- Partnerships …
- Translations …

Outcome: objectives met, new 5 year membership growth strategy developed.

KPI – Membership Growth

Year	Membership	Growth %
2024	2,969	7.6
2023	2,760	

As membership is linked to the annual meeting, the success of the ICS 2024 Madrid meeting was reflected in healthy membership growth in 2024.

Financial Review

Results for the year

The consolidated results of the charity and its trading subsidiary, Conticom, showed net incoming funds in the year of £394,611 (2023: net outgoing funds of £110,462) with closing consolidated funds of £1,228,877 (2023: £834,266).

Consolidated Income

Income in the year was from the Annual Meeting and trading of £641,841 (2023: £220,772), membership fees £250,008 (2023: £215,654), royalty income totalling £3,883 (2023: £1,153), donations and legacies of £54,855 (2023: £93,263), Educational activities totalling £0 (2023: £609) and interest from Investments of £1,544 (2023: £2,352).

With this funding the Charity has been able to finance: the staffing and technical costs of hosting the annual meeting, educational activities, including awards, observerships, courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the membership of 2969 and support for the ICS journals. The majority of award costs were covered by educational grants received from Pfizer, Laborie and Medtronic.

The total profit of the trading subsidiary was £500 (2023: £70,860).

Consolidated Expenditure

Expenditure in the year was on Educational Activities £150,298 (2023: £258,612), Annual Meeting expenditure £307,910 (2023: £104,721) and Publication and Membership £131,582 (2023: £286,118).

Annual Meeting

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to a professional conference organiser (PCO) by Conticom-ICS Limited, the wholly-owned trading subsidiary of ICS. Kenes International served as PCO from 2008 until the conclusion of their contract on 25 October 2024. Following this, an invitation to tender process was conducted to appoint the next PCO beginning in 2026. For 2025, MCI Middle East was appointed as PCO for a single year due to the joint meeting in Abu Dhabi.

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The updated four year rotation policy involves a European meeting every other year, with the alternate years in a destination outside of Europe; on the provision that an adequate surplus is forecast. The society continues to be reliant on income from the annual meeting, so ensuring a financially successful

meeting is important. The ICS will continue to reach a range of countries through its educational course programme.

Industry Supported Projects Outside of the Annual Meeting
As income from the annual meeting has been highly variable and lower since the pandemic, the society has been developing other educational project proposals outside of the annual meeting. The intention is to develop alternative sources of income outside of the annual meeting directly supported by our industry partners. Multiple project concepts were developed in 2023 and proposed to our industry partners for educational support grants/contracts with a view to delivering them in 2024-2026.

As requested by the membership, the table below shows an overview of the Annual Meeting income, expenditure and surplus.

	£	£	£	£	£
	2024	**2023**	**2022**	**2021**	**2020**
Sponsorship & exhibition	415,398	255,478	448,618	324,141	312,172
Registrations	832,881	456,997	464,622	183,695	118,088
Other income	94,392	122,262	86,521	15,589	673
Total income	1,342,671	834,737	999,761	523,425	430,933
Total expenditure	1,040,913	905,735	971,650	391,073	401,367
Surplus/(Deficit)	301,758	(70,998)	28,111	132,352	29,566
Surplus of which Conticom received including Scientific Services Fee	431,478	129,600	173,061	298,592	218,009

Investment Performance

The charity's investment portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio rose by 4.25% in 2024, a profit of £32,270, which has been declared in the accounts as net gains on investments (2023: £5,186).

£1,544 was received in interest from bank accounts and has been declared as income from investments for the year to 31 December 2024 (2023: £2,352).

Reserves Policy
In order to maintain prudent levels of financial reserves the following conditions should be met:

a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
    - Calculations are to be based on estimated future combined operating costs for the next two years.
    - These operating costs are to only take into account running costs not guaranteed to be financed by matching income.
b) Provide an element of contingency for unforeseen liabilities.
    - Which should be £100,000
c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £499,030 for 2025 and £520,659 for 2026, giving a total of £1,019,689 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,119,689 as at 31.12.2024.

As of 31st December 2024, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£1,228,877** (2023: £834,266); therefore covering the level of reserves required. It needs to be noted that this calculation does not take into account charitable activities (Educational courses, grants, observerships, awards and ICS journal subscription costs) which have been committed of approximately £55,000 each year. The 2024 surplus above the reserves policy will be utilised during 2025 to cover general ICS charitable and running costs.

Conticom-ICS Limited
The trading subsidiary continued to support the Charity in meeting its objectives.

Plans for Future Periods

ICS Annual Meeting 2025: ICS-EUS 2025 Abu Dhabi

Meeting Chairs: Yaser Saeedi, Sherif Mourad
Local Scientific Programme Chair: Yasser Farahat

The 55th Annual Meeting of the ICS will be a joint meeting with the Emirates Urology Society (EUS) and supported by the Pan Arab Continence Society (PACS) and take place at the ADNEC in Abu Dhabi, United Arab Emirates.

Future Meetings

ICS 2026: Maastricht, Netherlands. Honorary Meeting Chair: Gommert Van Koeveringe
ICS 2027: Florence, Italy. Honorary Meeting Chair: Enrico Finazzi Agro

ICS Strategic Plan
The Board will review and update the ICS strategic goals in order to direct ICS resources to the most important areas of work for the financial sustainability of the charity, and in order to achieve societal goals for the charity's mission to deliver public benefit.

Industry Supported Education Projects

To address the variable financial surplus generated by the annual meeting, the Board of Trustees will continue to develop new additional sources of funding from industry supported educational projects in 2025.

ICS Journals

The Board will continue to develop and grow the ICS journals. An application was submitted for PubMed accreditation of the journals. Unfortunately due to the rules being made much stricter, this was rejected on first application. The Editorial Board will execute an action plan to address the comments received in order to prepare for re-application after an embargo period.

ICS Committees

ICS Committees continue to develop plans for addressing the needs of our members and the public. A new "top 3" priority system has been introduced to focus activities of each committee. As volunteers we owe a huge debt to all committee members for their outstanding dedication to the field of continence to further our understanding of the bladder and pelvic floor and highlight and alleviate the suffering of patients worldwide.

ICS Children and Young Adults Committee – Chair: Ashani Couchman

1. Complete a regular podcast
2. Delivery white paper for the management of faecal incontinence and pelvic pain
3. Deliver a urodynamic workshop in conjunction with the urodynamic committee – focus on children and adolescents
4. Complete the terminology document which has been in progress for the last three years

ICS Developing World Committee – Chair: Sherif Mourad

1. Holding a workshop during ICS 2024 in Madrid.
2. Holding the ICS Fistula Course 2025 in Banjul – The Gambia.
3. Having ICS speakers in the national meeting of developing countries (we participated last year in the 1st Banjul International Surgical Scientific Conference in Gambia, presenting the topic "Minimally Invasive Management of Vesicovaginal Fistulae")
4. Collaborate with centers in these countries as online events to try to set up online seminars/webinars. Possible issues to deal with are; Fistula (prevention, diagnosis, surgical management), Native tissue repair of POP, Female urinary incontinence, Male LUTS, Neurogenic Bladder Dysfunction and Conservative Management of Urinary Incontinence.
5. Publishing new papers about urogynecological disorders in the developing world.

ICS Education Committee – Chair: Howard Goldman

1. Continue observerships.
2. Providing speakers for other society meetings.
3. Podcasts.

ICS Ethics Committee – Chair: Bill Gibson

Transition period to new elected chair taking office in 2024.

ICS Neurourology Promotion Committee – Chair: Sanjay Sinha

1. Collaborative Projects
    a. Global Neuro-Urology Initiative (1): Tentative proposals from Saudi Arabia (Riyad Almousa) and Kenya (Caroline Nthiwa) Marcus Drake, Kadir Onem.
    b. In-person participation in regional meetings (≥1).

2. Research Projects
    a. Unusual Neuro-urological Conditions Series Part 4 (Desiree Vrijens).
    b. Evaluation and management of high-risk neurogenic lower urinary tract dysfunction in low-resource settings (Luis Miguel Monteiro).
    c. ICS NUPC Guidelines on management of Parkinson's Disease and Lewy Body Disease (A focussed update of the 2015 document) (Ryuji Sakakibara).
3. Early Career Shadow Committee Activities
    a. Research project (2) (Cristiano Gomes Mendes & Stefan DeWachter; Glenn Werneberg & Cristina-Anastasia Rapidi).
    b. Best Review in Neuro-Urology Award Projects (≥1).
    c. Web-based academic activities: Case Discussions in Neuro-Urology (2) (Sanjay Sinha & Stephanie Kotes; Blayne Welk & Charalampos Konstantinidis).

ICS Nursing Committee – Chair: Tamara Dickinson

1. Collaborative nursing and physiotherapy podcast on the need for contribution of nursing in the growth and development of pelvic floor dysfunction programs. (Gisela Maria Assis to lead)
2. To increase the profile of continence nursing within the ICS. Increase nurse's knowledge about ICS opportunities.
    a. Nursing focused podcasts and other ICS communications.
    b. Encourage participation of a nurse participant in all conservative management sessions (all participate).
    c. Submission of workshop for 2025 Annual Meeting (Kris Talley to chair).
3. Evaluate practice and costs of the intermittent catheterisation in developing countries (Julianna Neves de Costa).

ICS Physiotherapy Committee – Chair: Paula Igualada-Martinez

1. Continue to work on the Educational Project
2. Start preparing for Abu Dhabi – we already have a few speaker line up and a few ideas, including working with some local physiotherapists.
3. We may look to update our Website Educational Documents and attempt to put our Key Terminology documents on our Physiotherapy website page.
4. We would to translate the Pelvic floor muscle examination ICS Terminology paper to other languages:
    a. We will explore the languages that are more in need of translation.
    b. We are exploring doing a series of videos about pelvic floor muscle assessment in line with the ICS Terminology.
    c. Based on the above, we may require funding and a proposal will be prepared and sent to the BOT for consideration.

ICS Scientific Committee - Chair: Adrian Wagg

Create the Scientific Programme for ICS-EUS 2024 Abu Dhabi:

1. Develop State of the Art programme of lectures & roundtables.
2. Call for research abstract submissions and review abstracts anonymously.
3. Select the best research for presentation in podium sessions and eposters.
4. Publish all accepted abstracts online and publish podium abstracts in *Continence.*

ICS Standardisation Steering Committee - Chair: Matthias Oelke

1. Online meeting with native speakers (French, Italian, Portuguese, Spanish, Turkish), 2 functional urologists/gynecologists each.
2. Instructions how to perform.
3. Translation of terminology reports published in Continence (n=5).

4. Previous reports published in Neurourology & Urodynamics cannot be translated due to copyright issues
5. Publication of these language-validated reports on the ICS homepage

ICS Urodynamics Committee – Chair: Tufan Tarcan

1. The E-Learning Project combined with ICS UD Committee Teaching modules: We have incorporated our recently started Urodynamics E-Learning project with the ICS teaching modules where the teaching modules are meant to serve as the source of information for the E-Learning project. The E-Learning part of the project is supported by Laborie strictly without any influence on the content.
2. The Urodynamic Charts Review Project: This project of the Urodynamics Committee was pioneered by Andrew Gammie aiming to increase the quality of UD studies worldwide to the ICS standards.
3. Multicentre urodynamic data sharing for machine learning analysis: The project proposal is yet under preparation (by Andrew Gammie, Enrico Finazzi Agro and Tufan Tarcan) and will be presented to the UD Committee and Trustees once ready.

Approved by the Trustees and signed on their behalf by:

Steven Schraffordt Koops
Treasurer
Date 5/9/2025



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

I report to the charity trustees on my examination of the accounts of company for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Matthew Bracher BSc FCA
Institute of Chartered Accountants in England and Wales
For and on behalf of Gravita Western Limited
Bath House
6-8 Bath Street
Bristol
BS1 6HL

Date: 5/9/2025

THE INTERNATIONAL CONTINENCE SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2024

	Notes	**Unrestricted Year ended 31.12.24**	**Restricted Year ended 31.12.24**	**Total Year ended 31.12.24**	Unrestricted Year ended 31.12.23	Restricted Year ended 31.12.23	Total Year ended 31.12.23
		£	**£**	**£**	£	£	£
Income from:							
Donations and legacies	2	**35,371**	**19,484**	**54,855**	73,742	19,521	93,263
Investments	3	**1,493**	**-**	**1,493**	2,327	-	2,327
Charitable activities:							
Annual meeting	5	**-**	**-**	**-**	-	-	-
Distribution from trading subsidiary		**333,482**	**-**	**333,482**	45,217	-	45,217
Subscription and royalties	4	**253,891**	**-**	**253,891**	216,807	-	216,807
Educational activities	6	**-**	**-**	**-**	609	-	609
Total income		**624,237**	**19,484**	**643,721**	338,702	19,521	358,223
Expenditure on:							
Charitable activities:							
Educational activities	7	**130,914**	**19,384**	**150,298**	222,369	36,243	258,612
Publication and membership	7	**131,582**	**-**	**131,582**	286,118	-	286,118
Annual meeting and trading	7		**-**	**-**	-	-	-
Total expenditure		**262,496**	**19,384**	**281,880**	508,487	36,243	544,730
Net gain/(losses) on investments	14	**32,270**	**-**	**32,270**	5,186	-	5,186
Net income/(expenditure) and movement in funds		**394,011**	**100**	**394,111**	(164,599)	(16,722)	(181,321)
Reconciliation of funds:							
Fund balances brought forward		**797,425**	**500**	**797,925**	962,024	17,222	979,246
Fund balances carried forward		**1,191,436**	**600**	**1,192,036**	797,425	500	797,925

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2024

	Notes	**Unrestricted Year ended 31.12.24**	**Restricted Year ended 31.12.24**	**Total Year ended 31.12.24**	Unrestricted Year ended 31.12.23	Restricted Year ended 31.12.23	Total Year ended 31.12.23
		£	**£**	**£**	£	£	£
Income from:							
Donations and legacies	2	**35,371**	**19,484**	**54,855**	73,742	19,521	93,263
Investments	3	**1,544**	**-**	**1,544**	2,352	-	2,352
Charitable activities:							
Annual meeting and trading	5	**641,841**	**-**	**641,841**	220,772	-	220,772
Subscription and royalties	4	**253,891**	**-**	**253,891**	216,807	-	216,807
Educational activities	6	**-**	**-**	**-**	609	-	609
Total income		**932,647**	**19,484**	**952,131**	514,282	19,521	533,803
Expenditure on:							
Charitable activities:							
Educational activities	7	**130,914**	**19,384**	**150,298**	222,369	36,243	258,612
Publication and membership	7	**131,582**	**-**	**131,582**	286,118	-	286,118
Annual meeting and trading	7	**307,910**	**-**	**307,910**	104,721	-	104,721
Total expenditure		**570,406**	**19,384**	**589,790**	613,208	36,243	649,451
Net gains/(losses) on investments	14	**32,270**	**-**	**32,270**	5,186	-	5,186
Net income/(expenditure) and movement in funds		**394,511**	**100**	**394,611**	(93,740)	(16,722)	(110,462)
Reconciliation of funds:							
Fund balances brought forward		**833,766**	**500**	**834,266**	927,506	17,222	944,728
Fund balances carried forward		**1,228,277**	**600**	**1,228,877**	833,766	500	834,266

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2024

	Notes	2024		2023	
		£	**£**	£	£
FIXED ASSETS:					
Intangible assets	12		**1,089**		1,244
Investments	14		**791,470**		759,200
			792,559		760,444
CURRENT ASSETS:					
Debtors	15	**330,552**		8,630	
Cash at bank and in hand		**93,359**		123,759	
		423,911		132,389	
CREDITORS: Amounts falling due within one year	16	**(24,434)**		(94,908)	
NET CURRENT ASSETS:			**399,477**		37,481
TOTAL ASSETS LESS CURRENT LIABILITIES:			**1,192,036**		797,925
FUNDS:					
Unrestricted funds	18		**1,191,436**		797,425
Restricted funds	18		**600**		500
			1,192,036		797,925

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on 5/9/2025 and were signed on their behalf by:



- TREASURER

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2024

		2024		2023	
	Notes	£	£	£	£
FIXED ASSETS:					
Intangible assets	12		**1,089**		1,244
Tangible assets	13		**5,019**		4,378
Investments	14		**791,469**		759,199
			797,577		764,821
CURRENT ASSETS:					
Debtors	15	**348,123**		22,610	
Cash at bank and in hand		**159,669**		141,193	
		507,792		163,803	
CREDITORS: Amounts falling due within one year	16	**(76,492)**		(94,358)	
NET CURRENT ASSETS:			**431,300**		69,445
TOTAL ASSETS LESS CURRENT LIABILITIES:			**1,228,877**		834,266
FUNDS:					
Unrestricted funds	19		**1,228,277**		833,766
Restricted funds	19		**600**		500
			1,228,877		834,266

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on 5/9/2025 and were signed on their behalf by:



- TREASURER

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR ENDING 31 DECEMBER 2024

	Notes	**Charity 2024 £**	Charity 2023 £	**Group 2024 £**	Group 2023 £
Cash flows from operating activities:					
Net cash provided by (used in) operating activities	1	**(31,893)**	(52,711)	**20,433**	(81,433)
Cash flows from investing activities:					
Interest income		**1,493**	2,327	**1,544**	2,352
Purchase of property, plant and equipment		**-**	-	**(3,501)**	(1,624)
Net cash provided by (used in) investing activities		**1,493**	2,327	**(1,957)**	728
Change in cash and cash equivalents in the reporting period	2	**(30,400)**	(50,384)	**18,476**	(80,705)
Cash and cash equivalents at the beginning of the reporting period		**123,759**	174,143	**141,193**	221,898
Cash and cash equivalents at the end of the reporting period		**93,359**	123,759	**159,669**	141,193

NOTES TO CASH FLOWS:

1. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Charity 2024 £	Charity 2023 £	**Group 2024 £**	Group 2023 £
Net movement in funds	**394,111**	(181,322)	**394,611**	(110,463)
Add back depreciation/amortisation charge	**155**	155	**3,015**	2,980
Deduct interest income shown in investing activities	**(1,493)**	(2,327)	**(1,544)**	(2,352)
Deduct/add net (gain)/loss on investments	**(32,270)**	(5,186)	**(32,270)**	(5,186)
Decrease (increase) in debtors	**(321,922)**	90,705	**(325,513)**	78,795
Increase (decrease) in creditors	**(70,474)**	45,264	**(17,866)**	(45,207)
Net cash (used)/gained in/from operating activities	**(31,893)**	(52,711)	**20,433**	(81,433)

NOTES TO CASH FLOWS – continued:

2. ANALYSIS OF CHANGES IN NET FUNDS - CHARITY

	At 1.1.24	Cash flow	At 31.12.24
	£	£	£
Net cash			
Cash at bank and in hand	123,759	(30,400)	93,359
	123,759	(30,400)	93,359

ANALYSIS OF CHANGES IN NET FUNDS - GROUP

	At 1.1.24	Cash flow	At 31.12.24
	£	£	£
Net cash			
Cash at bank and in hand	141,193	18,476	159,669
	141,193	18,476	159,669

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The International Continence Society is a company limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity constitutes a public benefit entity as defined by FRS 102. The address of the registered office and place of business is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is a membership society for professionals working in the field of incontinence.

The principal accounting policies adopted by the charity in drawing up its financial statements are as follows:

(a) Income

All incoming resources are including in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that income will be received. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

For donations to be recognised, the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

(b) Group Accounts

The results of Conticom-ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities, the Balance Sheet and The Statement of Cashflows.

(c) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

1. **ACCOUNTING POLICIES - continued**

(d) Investment assets

The investment in the subsidiary is stated at cost. Listed investments held for the continuing benefit of the charity and are treated as fixed assets and are valued at fair value at the balance sheet date.

(e) Expenditure

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with educational activities, together with publication and membership, and include both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions the assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 7.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

(f) Intangible Assets

The domain name is stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

The domain name is being amortised evenly over 20 years.

(g) Tangible Fixed Assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	-25% on cost
Computer equipment	-33% on reducing balance

(h) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

(i) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

(j) Pension costs

The charity operates a defined pension contribution scheme. Contributions payable for the year are charged in the Statement of Financial Activities. The liability and expense is allocated between activities and between restricted and unrestricted funds on a time apportioned basis.

1. **ACCOUNTING POLICIES - continued**

(l) Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

Basic financial assets

Basic financial assets, which include trade and other debtors, amounts due from group undertakings and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost. Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including trade and other creditors and amounts due to group undertakings are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method. Financial liabilities are derecognised when, and only when, the charity's contractual obligations are discharged, cancelled, or they expire.

(m) Short term liquid investments and cash

Cash at bank is held to meet short-term cash commitments as they fall due rather than for investment purposes and includes all cash equivalents held in the form of short-term highly liquid investments. Cash equivalents are short-term, highly liquid investments that are readily convertible to known amounts of cash and that are subject to an insignificant risk of changes in value.

2. INCOME FROM DONATIONS AND LEGACIES

	Charity		Group	
	2024	2023	**2024**	2023
	£	£	**£**	£
Other donors	**112**	10	**112**	10
Grants – Pfizer grant	**19,484**	19,521	**19,484**	19,521
Grants - other	**35,259**	14,168	**35,259**	14,168
Legacies	**-**	59,564	**-**	59,564
	54,855	93,263	**54,855**	93,263

3. INCOME FROM INVESTMENTS

	Charity		Group	
	2024	2023	**2024**	2023
	£	£	**£**	£
Interest receivable	**1,493**	2,327	**1,544**	2,352
	1,493	2,327	**1,544**	2,352

4. INCOME FROM SUBSCRIPTIONS AND ROYALTIES

	Charity & Group	
	2024	2023
	£	£
Subscription Income:		
Deferred balance brought forward	**24,799**	7,125
Membership income received during the year	**229,851**	233,328
Deferred balance carried forward	**(4,642)**	(24,799)
	250,008	215,654
Royalty income on subscriptions	**3,883**	1,153
	253,891	216,807

5. ANNUAL MEETING AND TRADING

	Charity		Group	
	2024	2023	**2024**	2023
	£	£	**£**	£
Annual meeting income	**-**	-	**453,753**	182,534
Industry projects	-	-	**185,811**	11,342
Book sales	-	-	**2,277**	26,896
	-	-	**641,841**	220,772

6. INCOME FROM EDUCATIONAL ACTIVITES

	Charity & Group	
	2024	2023
	£	£
Other income	**-**	609
	-	609

7. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities	**Publication & Membership**	**Annual meeting**	**Total 2024**	Total 2023
	£	**£**	**£**	**£**	£
Annual meeting expenses	-	**-**	**-**	**-**	-
Journal and other membership costs	**-**	**739**	**-**	**739**	1,367
Travel and subsistence costs	**2,500**	**2,499**	**-**	**4,999**	4,770
Advertising and promotional events	**-**	-	-	**-**	3,240
Education committee costs	**-**	**-**	**-**	**-**	4,711
Standardisation committee costs	**1,193**	-	-	**1,193**	-
Awards, grants and fellowships	**40,537**	-	-	**40,537**	26,081
Educational activity costs	**7,900**	-	-	**7,900**	8,241
Printing and postage costs	**54**	**54**	**-**	**108**	44
Staff costs	**56,141**	**86,317**	**-**	**142,458**	347,577
Finance costs	**4,806**	**4,806**	**-**	**9,612**	12,564
Trustees' board costs	**1,014**	**1,014**	-	**2,028**	-
Support costs (see note 8)	**16,538**	**16,538**	**-**	**14,076**	43,279
Governance costs (see note 8)	**19,615**	**19,615**	**-**	**39,230**	92,856
Charity total	**150,298**	**131,582**	**-**	**281,880**	544,730
Annual meeting and trading expenses	**-**	**-**	**307,910**	**307,910**	104,721
Group total	**150,298**	**131,582**	**307,910**	**589,790**	649,451

8. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS

	Educational Activities Costs	Publication & Membership Costs	Total 2024	Charity & Group Total 2023
	£	£	£	£
Support costs:				
Phone	**7,203**	**7,203**	**14,406**	13,882
Insurance	**1,495**	**1,495**	**2,990**	1,764
Rent, rates, light and heat	**7,038**	**7,038**	**14,076**	11,935
Sundry	**725**	**724**	**1,449**	15,543
Amortisation	**77**	**78**	**155**	154
	16,538	**16,538**	**33,076**	43,278
Governance costs:				
Trustees' board costs	**1,014**	**1,014**	**2,028**	-
Indemnity insurance	**229**	**229**	**458**	270
Staff costs	**10,176**	**10,175**	**20,351**	68,336
Independent examiner's fee (see note 11)	**3,600**	**3,600**	**7,200**	7,560
Legal and professional	**4,596**	**4,597**	**9,193**	16,690
	19,615	**19,615**	**39,230**	92,856

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2023: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group 2024 Number	Charity & Group 2023 Number	Charity & Group 2024 £	Charity & Group 2023 £
Travel and meeting expenses	**16**	6	**11,733**	4,105

10. STAFF COSTS

	Charity 2024 £	Charity 2023 £	Group 2024 £	Group 2023 £
Wages and salaries	**131,880**	338,420	**263,760**	338,420
National insurance contributions	**11,704**	33,702	**23,408**	33,702
Pension contributions	**14,275**	39,890	**28,550**	39,890
Recruitment and training	**4,950**	3,900	**4,950**	3,900
	162,809	415,912	**320,668**	415,912

One employee earned more than £60,000 during the year.

10. STAFF COSTS - continued

The average monthly number of employees, and full time equivalents, during the year were as follows:

	Charity		Group	
	2024	2023	**2024**	2023
	Number	Number	**Number**	Number
Governance	**2.23**	4.15	**4.45**	4.15
Educational activities	**1.43**	3.15	**2.85**	3.15
Publication and membership	**0.35**	0.7	**0.7**	0.7
	4	8	**8**	8

The key management personnel of the group and the charity comprise the trustees and the Chief Executive Officer. The total employee benefits of the key management personnel of the group were £130,921 (2023: £199,658).

11. INDEPENDENT EXAMINER'S REMUNERATION

The independent examiner's remuneration consists of the following:

	Charity		Group	
	2024	2023	**2024**	2023
	£	£	**£**	£
For independent examination	**1,860**	1,678	**1,860**	1,678
For accounting services	**3,365**	3,152	**7,915**	7,352
For preparation of consolidated accounts	**1,975**	1,780	**1,975**	1,780
For general advice, meetings & other services	**-**	950	-	950
	7,200	7,560	**11,750**	11,760

12. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
COST		
At 1 January 2024	**3,106**	**3,106**
At 31 December 2024	**3,106**	**3,106**
AMORTISATION		
At 1 January 2024	**1,862**	**1,862**
Charge for year	**155**	**155**
At 31 December 2024	**2,017**	**2,017**
NET BOOK VALUE		
At 31 December 2024	**1,089**	**1,089**
At 31 December 2023	1,244	1,244

13. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Total
	£	**£**	**£**
COST:			
At 1 January 2024	**13,448**	**62,470**	**75,918**
Additions		**3,501**	**3,501**
At 31 December 2024	**13,448**	**65,971**	**79,419**
DEPRECIATION			
At 1 January 2024	**12,845**	**58,695**	**71,540**
Charge for year	**231**	**2,629**	**2,860**
At 31 December 2024	**13,076**	**61,324**	**74,400**
NET BOOK VALUE:			
At 31 December 2024	**372**	**4,647**	**5,019**
At 31 December 2023	603	3,775	4,378

14. CHARITY FIXED ASSET INVESTMENTS

	£
COST OR VALUATION:	
At 1 January 2024	**759,199**
Increase in market value of investments	**32,270**
At 31 December 2024	**791,469**
NET BOOK VALUE:	
At 31 December 2024	**791,469**
At 31 December 2023	759,199

	2024	2023
	£	£
Listed investments	**791,469**	759,199
Unlisted investments	**1**	1
Total investments	**791,470**	759,200

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited
Company number: 03687688
Country of incorporation: England & Wales
Nature of business: Conference facilitator

Class of shares: Ordinary – 100% holding

	2024	2023
	£	£
Aggregate capital and reserves	**36,842**	36,342
Profit/(loss) for the year	**500**	70,860

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	**641,841**
Cost of sales	**(71,145)**
Gross profit	**570,696**
Other income	**51**
Administrative expenses	**(564,629)**
Operating profit/(loss)	**6,118**
Finance costs and depreciation	**(5,618)**
Net income/(expenditure)	**500**
Retained profit for the year	**500**
Retained profit brought forward	**36,342**
Retained profit carried forward	**36,842**
Assets	**409,105**
Liabilities	**(372,263)**

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2024	2023	**2024**	2023
	£	£	**£**	£
Trade debtors	**-**	30	-	9,504
Prepayments and accrued income	**10,347**	8,600	**348,032**	13,106
Amounts due from group undertaking	**320,205**	-	**-**	-
VAT	**-**	-	**91**	-
	330,552	8,630	**348,123**	22,610

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2024	2023	**2024**	2023
	£	£	**£**	£
Trade creditors	**2,797**	1,086	**8,376**	1,635
Other creditors	**-**	-	**8,654**	2,797
Social security and other taxes	**5,377**	13,703	**10,754**	13,703
Amounts due to group undertaking	**-**	12,521	**-**	-
Accruals and deferred income	**16,260**	67,598	**48,708**	75,946
VAT	-	-	**-**	277
	24,434	94,908	**76,492**	94,358

17. FINANCIAL COMMITMENTS

Total financial commitments, guarantees and contingencies for the charity which are not included in the balance sheet amount to £9,000 (2023 - £15,000).

Total financial commitments, guarantees and contingencies undertaken as a group, which are not included in the balance sheet amount to £18,000 (2023 - £30,000).

18. **STATEMENT OF FUNDS**

	At 01 January 2024 £	Income £	Expenditure £	Gains on Investments £	At 31 December 2024 £
Unrestricted funds:					
General fund	**797,425**	**638,313**	**(276,572)**	**32,270**	**1,191,436**
Total unrestricted funds	**797,425**	**638,313**	**(276,572)**	**32,270**	**1,191,436**
Restricted funds:					
Laborie Fellowship fund	-	-	-	-	-
Continence Promotion Committee fund	-	-	-	-	-
3rd World Fistula work	**500**	-	-	-	**500**
Pfizer grant	-	**19,484**	**(19,384)**	-	**100**
Total restricted funds	**500**	**19,484**	**(19,384)**	-	**600**
Total charity funds	**797,925**	**657,797**	**(295,956)**	**32,270**	**1,192,036**
Subsidiary funds (unrestricted)	**36,341**	**294,334**	**(293,834)**	-	**36,841**
Total consolidated funds	**834,266**	**952,131**	**(589,790)**	**32,270**	**1,228,877**

STATEMENT OF FUNDS - comparatives

	At 01 January 2023 £	Income £	Expenditure £	Gain on Investments £	At 31 December 2023 £
Unrestricted funds:					
General fund	962,024	338,702	(508,487)	5,186	797,425
Total unrestricted funds	962,024	338,702	(508,487)	5,186	797,425
Restricted funds:					
Laborie Fellowship fund	1,838	-	(1,838)	-	-
Continence Promotion Committee fund	7,824	-	(7,824)	-	-
3rd World Fistula work	500	-	-	-	500
Pfizer grant	7,060	19,521	(26,581)	-	-
Total restricted funds	17,222	19,521	(36,243)	-	500
Total charity funds	979,246	358,223	(544,730)	5,186	797,925
Subsidiary funds (unrestricted)	(34,519)	220,798	(149,938)	-	36,341
Intercompany adjustment	-	(45,217)	45,217	-	-
Total consolidated funds	944,727	533,804	(649,451)	5,186	834,266

18. **STATEMENT OF FUNDS - continued**

General fund (unrestricted)
This fund represents the free funds of the charity, which are not designated for particular purposes.

Laborie Fellowship fund (restricted)
The Laborie Fellowship fund relates to a 3 year fellowship programme for an eligible member. Grants are received each year to support funding of the programme.

Continence Promotion Committee Fund (restricted)
The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee.

3rd World Fistula work (restricted)
This fund relates to a restricted donation received in November 2012 to fund 3rd world Fitsula work.

Pfizer grant (restricted)
This fund relates to a Pfizer grant received each year to fund international scholarships.

Fistula course fund (restricted)
This fund relates to a grant received during the year to support the Fistula repair course held in Mumbai.

19. **ANALYSIS OF NET FUNDS BETWEEN FUNDS**

CHARITY	**Restricted Funds £**	**Unrestricted Funds £**	**Total Funds £**
Fund Balances at 31 December 2024 are represented by:			
Fixed assets	**-**	**792,559**	**792,559**
Current assets	**19,984**	**403,927**	**423,911**
Current liabilities	**(19,384)**	**(5,050)**	**(24,434)**
Total Net Assets	**600**	**1,191,436**	**1,192,036**

GROUP	**Restricted Funds £**	**Unrestricted Funds £**	**Total Funds £**
Fund Balances at 31 December 2024 are represented by:			
Fixed assets	**-**	**797,577**	**797,577**
Current assets	**19,984**	**487,808**	**507,792**
Current liabilities	**(19,384)**	**(57,108)**	**(76,492)**
Total Net Assets	**600**	**1,228,277**	**1,228,877**

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS – comparatives

CHARITY	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2023 are represented by:			
Fixed assets	-	760,444	760,444
Current assets	36,743	95,646	132,389
Current liabilities	(36,243)	(58,665)	(94,908)
Total Net Assets	500	797,425	797,925

GROUP	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2023 are represented by:			
Fixed assets	-	764,821	764,821
Current assets	36,743	127,060	163,803
Current liabilities	(36,243)	(58,115)	(94,358)
Total Net Assets	500	833,766	834,266

20. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £28,550 (2023: £39,890) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2023 - £Nil) as at 31 December 2024.

21. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

22. RELATED PARTY TRANSACTIONS

There are no related party transactions that require disclosure (2023 - £Nil) as at 31 December 2024.

THE INTERNATIONAL CONTINENCE SOCIETY

England & Wales - Charity number 1074929

Accounts

TRUSTEES' ANNUAL REPORT

AND

INDEPENDENTLY EXAMINED CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

FOR

THE INTERNATIONAL CONTINENCE SOCIETY

THE INTERNATIONAL CONTINENCE SOCIETY

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International Continence Society
www.ics.org info@ics.org +44(0)117 944 4881

Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	48 Corn Street, Third Floor, Bristol, BS1 1HQ
Correspondence Address	48 Corn Street, Third Floor, Bristol, BS1 1HQ
E-mail	info@ics.org
Website	www.ics.org
Telephone	+44 (0) 117 944 4881
General Secretary appointed	John Heesakkers, 3 year term began 09/09/22
Treasurer appointed	Steven Schraffordt Koops, 3 year term began 09/09/22
Trustees appointed 2023	Hidehiro Kakizaki, appointed 20/10/2023 to be confirmed for 3 year term at 2023 AGM Reappointed for 3 year terms 3 Feb 2023: Marcus Drake, Lori Birder, Enrico Finazzi Agro
Trustees appointed 2022	Elisabetta Costantini, 3 year term began 09/09/2022 Philip Van Kerrebroeck, reappointed for 3 year term
Trustees appointed 2021	Frankie Bates, 3 year term began 20/10/2021
Trustee term concluded 2023	Manjula Annappa
Company Secretary	Dominic Turner (appointed 20/11/2023)
Independent Examiner	M Bracher of Haines Watts, Bath House, 6-8 Bath Street, Bristol BS1 6HL
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA
Investment Managers	Crystal Wealth Management LLP

Staff

Daniel Snowdon	Executive Director (extended sick leave from Monday 13 November 2023)
Dominic Turner	Information Technology Director
Ashley Brookes	Senior Analyst Programmer (left employment 19 May 2023)
Roger Blackmore	Flash Developer/Graphics Designer
Mairead Corbet	Projects and Events Manager
Jennifer Ellis	Projects and Events Manager (left employment 16 January 2023)
Danielle Piotrowski	Marketing and Events Coordinator (joined 7 February 2023)
Tracy Griffin	Administrator and Membership Secretary (part time)
Sarah Waters	Bookkeeper (self-employed)
Sarah Ashworth	Bookkeeper (self-employed)

ICS Honorary Members

Peter Caldwell (Deceased)	Patrick Bates (Deceased)	Pieter Donker (Deceased)
Peter Gammelgaard (Deceased)	Eric Glen	Axel Ingelman-Sundberg (Deceased)
Guus Kramer	David Rowan (Deceased)	Paul Abrams
Walter Artibani	Jacques Corcos	Jo Laycock (Deceased)
Sender Herschorn	Karl-Erik Andersson	Adrian Wagg
Linda Cardozo (Deceased)	Ted Arnold	Sherif Mourad
Jerzy Gajewski	Helmut Madersbacher	Alan Wein
David Castro Diaz	Katherine Moore	

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence. Established in 1971.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement

The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

How our activities deliver public benefit

Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the majority of the ICS website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Purposes and Aims

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, news articles and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

Ensuring our work delivers our aims

The key objectives for 2023 were to hold a successful annual meeting in Toronto, to maintain the ICS membership at circa 3,000 members, to review and implement a revised investment strategy, and to

continue to support the establishment of the two new ICS open-access journals, *Continence* and *Continence Reports*.

The focus of our work

Strategic efforts will continue to advance the educational output of the ICS, mainly through the implementation of ICS Live, webinars, increasing content on ICS TV to provide e-learning, and the continued update and production of ICS standardisation reports and other key educational publications. The financial planning and controls for the society will continue to be reviewed to ensure strategies are fit for purpose.

Structure, Governance and Management

Board of Trustees

The ICS Board of Trustees is required to meet four times a year (twice in person and twice virtually) and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Setting pay and remuneration of key management personnel through an annual performance review and formal consideration of a cost of living increase.
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership (for first terms of office).

Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The Directors of the company are also charity trustees for the purposes of charity law. As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Executive Director and the Information Technology Director. The Directors are full-time employees and report directly to the Trustees who are ultimately responsible for the management and finances of the ICS.

ICS Committees 2023

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children and Young Adults' Committee
- ICS Developing World Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years. Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (Steven Schraffordt Koops). In conjunction with the Executive Director and the ICS Accountants (Haines Watts Accountants [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities. Please note the further comment on reserves in the financial review section on page 7.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. This was particularly felt during 2020 and 2021 due to the COVID-19 pandemic. The

Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event. A risk reduction has been realised through the agreement to host every other annual meeting in Europe. This continent offers the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded.

With regard to the Society's finances, the bookkeeper and accountants are fully aware of the current status and systems used and could take over from the Directors in this regard in an emergency. The General Secretary and the Directors are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director has documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- To host a successful Annual Scientific Meeting, a high quality educational event which will continue to secure the status of the ICS as the premier international multidisciplinary conference in the field of incontinence.
- To support establishment of the two new open-access journals owned by ICS.
- To set up and develop new strategic partnerships with individuals and organisations.
- To maintain the ICS membership at 3,000 or more members.
- To enable more accessible educational content for our global membership.
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.

Achievements and Performance

Executive Summary

The meeting held in Toronto was challenging in the post Covid environment with increased costs of travel putting pressure on European delegates to attend. In addition the Canadian government visa system delays prevented many delegates from attending. The regulatory framework for industry made Toronto less attractive to our sponsors. Overall the meeting made a loss despite being a successful educational event. Our no loss guarantee protected ICS, however the lack of any generated surplus for 2023 was a major concern.

ICS recorded 2,760 members for 2023 (2022: 2,859). This reduction is in line with holding our annual meeting outside of Europe. Post covid all our members face increased financial pressures.

In financial terms the charity closed the year with a deficit position, whereby expenditure in the year was in excess of income. This was largely due to the zero surplus received from the annual meeting.

The board has taken steps including the two new journals to create new streams of revenue in 2024 outside of the annual meeting.
A new office was found for the ICS Office at 48 Corn Street in central Bristol. A huge amount of work was done to move from the remote working environment to hybrid and getting our office setup.

ICS Annual Scientific Meeting 2023

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 53rd Annual Meeting of the ICS returned to an in-person only event. The meeting was attended by 1,434 delegates from over 60 countries, proved the international appeal of ICS meetings. The total numbers were impacted by visa delays by the Canadian government and the increase in travel and accommodation costs post-Covid.

The Scientific Committee continued the strategy of providing programme 'tracks' to ensure that delegates would always have some content of interest or relevance at any point in the programme.

Our full thanks go to Magdy Hassouna (Meeting Chair), Jerzy Gajewski and Nucelio Lemos (Local Scientific Programme Chairs) and the whole ICS 2023 local organising committee for their dedicated efforts and commitment. Evaluation scores were highly positive in all categories. Thanks are also due to the ICS office staff, ICS committees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS each year where a surplus has been made.

New ICS journals

Two new journals Continence and Continence Reports continued to grow. The Editors of the journals were respectively, Lori Birder, and Sajjad Rahnama'i. The journals are open-access format to support the new model of journals, and to support the ICS's charitable goal to grow and share continence education globally.

Awards and Fellowships

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered 8 fellowships covering Urodynamics, Neurourology, Clinical and Research to early career doctors from Bangladesh, Brazil, Canada, Colombia, Ethiopia, Netherlands, Nigeria, Taiwan and the United States.

Educational Courses 2023

During 2023 ICS was able to offer faculty to 16 educational events around the world:

- Sunday 8th January - Pudenedal Neuropathy: ICS Global Pelvic Pain Exchange Program
- 2nd - 5th February - USICON 2023
- 3rd - 5th March - ICS 10th Workshop for Surgical Repair of Vaginal Fistula & Urinary Incontinence
- Sunday 5th March - Pharmacology for Pain: ICS Global Pelvic Pain Exchange Program
- Saturday 11th March - ICS Guest Lecture at 38th Annual EAU Congress

- Sunday 16th April - Physiotherapy for Pain: ICS Global Pelvic Pain Exchange Program
- Friday 5th May - Psychological Aspects of Pain: ICS Global Pelvic Pain Exchange Program
- 9th - 12th May - 26th Congress of the Iranian Urological Association
- Sunday 4th June - Rectal / Perianal Pain: ICS Global Pelvic Pain Exchange Program
- Friday 9th June - ICS Guest Lecture at INUS Annual Congress 2023
- 15th - 17th June - ICS add-on course at 47th SIUD Congress
- Wednesday 21st June - ICS Workshop at 2023 IUGA 48th Annual Meeting
- Friday 23rd June - ICS Guest Lecture at 48th IUGA Annual Meeting
- 7th - 9th September - 30th Annual Meeting of the Japanese Continence Society
- 7th - 9th September - 19th Pan Arab Continence Society Conference 2023
- 21st - 23rd September - Voiding Dysfunctions Summit - September 2023
- Thursday 28th September - ICS 2023 Late Breaking Abstracts
- Sunday 15th October - "How-To": Basic Approaches to Pelvic Pain: ICS Global Pelvic Pain Exchange Program
- Friday 10th November - Pelvic Floor Muscle tone – Why It is Important and How to Change It: ICS Global Pelvic Pain Exchange Program
- Sunday 19th November - ICS State of the Art at 39° CBU
- 29th - 30th November - Incontinence: The Engineering Challenge XIV
- Sunday 3rd December - Hip Causes of Pelvic Pain: ICS Global Pelvic Pain Exchange Program
- 7th - 9th December - The 14th Annual Conference of the Libyan Urological Association (LUA)
- 7th - 9th December - 8th Annual Meeting of the Society for Pelvic Research

ICS Membership

The ICS recorded 2,760 members for 2023 (2022: 2,859). The Board increased the membership fee for 2023. The ICS strives to keep the membership fee as low as possible to keep the ICS accessible. The lower membership fees for nurses, physiotherapists and early career professionals were continued at the same rate. To extend the public benefit of ICS membership the Board continued to offer free one year membership for early career professionals that had not held ICS membership before.

ICS Committees

ICS Committees continued to deliver education and research projects in a wide spectrum of areas. We thank the ICS Committee Chairs and Members for their incredible work.

ICS Children and Young Adults Committee – Chair: Ashani Couchman

1. Completion of two position papers
   - Position on intermittent catheterisation in adolescents
   - Conservative management of faecal incontinence
2. Successful application for a workshop at ICS 2023
   - Accepted workshop on the holistic management of continence in the adolescence. We had a few challenges with presenters pulling out but we have a complete complement of speakers.
3. Delivery of local educational meeting
   - Serbian meeting delivered successfully with plans for another meeting in the future

ICS Developing World Committee – Chair: Sherif Mourad

1. We organized a very successful fistula repair workshop in Mumbai – India on March 3-5, 2023. The event was heavily attended by around 400 attendees and was highly appreciated by the

locals. We had participants from many countries included India, Bangladesh, Saudi Arabia, Kuwait, United Kingdom, Egypt and Argentina.

2. We are currently preparing for the "Fistula Course" January 2024 and to continue of the successful history of this course. The course will "hopefully" take place in Lusaka – Zambia as we got a serious invitation to visit this area.
3. The ICS Fistula Course became very popular among our membership and also among the International community interested in fistula and urinary incontinence in developing countries. The course attracts many trainees from different countries to join the 3-day training course which is a real hand on workshop.

ICS Education Committee – Chair: Howard Goldman

1. Strengthened support for early career professionals. Increased number of observerships with funding. Session on mentorship at annual meeting. Mentoring round robin at annual meeting.
2. Education area of website reviewed in depth. Older videos, those not current and those with few views (excepting certain areas with limited membership) have been archived. New podcasts added. Plans for capture of new videos from meeting reviewed.
3. Plans for virtual "State of the Art" live webcasts finalized. Will have one on SUI, one on conservative management of incontinence and one on pelvic pain. Also, having one with Medtronic on SNM.

ICS Ethics Committee – Chair: Anne Suskind

1. Dr. William Gibson is leading a 90-minute workshop titled "The Ethics of Continence Care in People Living with Dementia" at ICS 2023 in Toronto. This workshop was created and endorsed by the Ethics Committee and includes several Ethics Committee members including Dr. William Gibson, Dr. Anne Suskind (Ethics Committee Chair) and Joan Ostaszkiewicz. This workshop will serve to outline ethical challenges associated with caring for older adults with dementia and urinary incontinence in the context of the caregiver, aged care homes, and medical and surgical management. Dr. Gibson also recorded a podcast with Dr. Shannon Wallace to help advertise this workshop. This activity is aligned with the ICS Ethics Committee priority to bring educational content to the ICS Membership.
2. Dr. Yahir Santiago-Lastra led the ICS Ethics Committee workshop in Vienna (ICS 2022) on "The Ethics of Sexuality and Pelvic Health". This workshop got outstanding reviews from participants and Dr. Santiago-Lastra is now leading efforts to turn this workshop into an Ethics Committee sponsored publication. This activity is aligned with the ICS Ethics Committee priority to bring educational content to the ICS Membership.
3. The Ethics Committee placed a call for the 2023 Ethics Committee Award. Unfortunately, submissions were reviewed and there were no submissions that were deemed to be deserving of the award. The committee will continue to work to publicize this award for ICS 2024. This activity is aligned with the mission to bring awareness to scholarship around ethical practices in the ICS community.
4. The committee is working to update our mission statement and bylaws to reaffirm our commitment to our overseeing Ethical Standards for the ICS.

ICS Neurourology Promotion Committee – Chair: Rizwan Hamid

1. Collaborative Lectures
    a. Joint workshop at the annual meeting of Urological Society of India, Feb 2023
    b. ICS NUPC lecture at the annual meeting of IUGA , Hague, Netherlands, June 2023
    c. NUPC workshop at the annual ICS meeting in Sept 2023
    d. NUPC workshop at the Japanese Neurourology meeting in Sept 2023 (organised)
2. Publications

a. *Continence*: Lower urinary tract dysfunction in uncommon neurological diseases Part Report of the Neurourology Promotion Committee of International Continence Society Manuscript Number: Continence-D-23-00052
b. *Continence*: Lower urinary tract dysfunction in uncommon neurological diseases Part Report of the Neurourology Promotion Committee of International Continence Society
c. *Continence*: The International Continence Society (ICS) survey on intermittent catheterization and global practices with regard to the reuse of catheters

ICS Nursing Committee – Chair: Tamara Dickinson

1. ICS Bowel diary published, March 2023
2. Moved exciting nursing workshop content to the nursing forum. Topics are timely and should be of interest to all attendees of the meeting. Forum Keynote: The role of nursing in holistically sustainable continence care (T. Vaittinen). Followed by Bioethics, politics and fecal incontinence (A. Rajala), Updates on the Canadian Continence Nursing Front (F. Bates), Introduction of the ICS Bowel Diary (D. Bliss)
3. Terminology for conservative interventions paper requested by the Standardisation Committee manuscript is in progress
4. Podcasts in planning and committee member virtual attendance for committee meeting (only) in Madrid

ICS Physiotherapy Committee – Chair: Paula Igualada-Martinez

1. For the first time since 2019, the Physiotherapy Committee successfully submitted a Workshop proposal.
2. We have developed a Masterclass on Conservative Management of UI scheduled for the first quarter of 2024. The finalised content and list of speakers will be evaluated during our committee meeting, after which it will be submitted to both the Education Committee and the BOT.
3. We have examined the content of an article for the Continence Journal concerning Level 1 Physiotherapeutic assessment of female urinary incontinence, now inclusive of males. This will also undergo a review in Toronto before forwarding it to the BOT.
4. The Physiotherapy Forum has an incredible line up of international physiotherapists. Notably, attendance numbers have doubled compared to last year, and have seen an uptick since our last in-person conference held in Sweden.

ICS Scientific Committee - Chair: Adrian Wagg

State of the Art Lectures

- SOA 1 The Approach and Treatment of Sexual Dysfunction in Men **Gerald Brock**
- SOA 2 Overactive Bladder Drugs and Dementia - Where Does the Truth Lie? **Howard Goldman**
- SOA 3 Bladder Pain Syndromes: Have we made any advances in our understanding? **Michael Chancellor**

State of the Art Round Tables

- RT1 Pelvic Pain: from Syndromes to Treatable Diagnostic Entities
- RT2 Women's Sexual Health and Pelvic Floor Dysfunction
- RT3 Nocturia - A Circadian Dysrhythmia
- RT4 Emerging Neuromodulation Technologies for the Treatment of OAB
- RT5 Optimal service delivery for conservative therapies
- RT6 What's the role of energy based devices in pelvic floor dysfunction?

- RT7 Unravelling OAB: the road to precision treatments
- RT8 What do we really know about the external urethral sphincter?
- The statistics for this year's meeting are attached.

ICS Standardisation Steering Committee - Chair: Matthias Oelke

1. Publications:

i. Kocjancic E, Chung E, Alvarez Garzon J, Haylen H, Iacovelli V, Jaunarena J, Locke J, Millman A, Nahon I, Ohlander S, Pang R, Plata M, Acar O. International Continence Society (ICS) report on the terminology for sexual health in men with lower urinary tract (LUT) and pelvic floor (PF) dysfunction. *Neurourol. Urodyn*. 2022; 41: 140 – 165.

ii. Doumouchtsis SK, De Tayrac R, Lee J, Daly O, Melendez-Munoz J, M Lindo FM, Cross A, White A, Cichowski S, Falconi G, Haylen B. An International Continence Society (ICS)/International Urogyncological Association (IUGA) joint report on the terminology of the assessment and management of Obstetric Pelvic Floor Disorders. *Int Urogynecol J.* 2023; 34(1): 1-42.

iii. Bliss DZ, Igualada-Martinez P, Engberg S, Herbert JH, Gurvich OV, Igbedioh C, Hunter A, Voelkl J, Cuiñas León K, Schizas AMP. Standard Questions for a bowel diary to assess fecal incontinence in adults: A consensus project of the International Continence Society. *Continence*. 2023; 6: 100588.

iv. Sihra R, Barratt R, Hamid R, Kessler TM, Sievert KD, Neshatian L, Paquette I, Sahai A, Thomas L, Thakare N, Sontoro GA, Higazy A, Fahmy M, Zarate-Lopez N, Heldwein FL, Williams A, Emmanuel A, Drake MJ. The implications of neurogenic bowel dysfunction for urinary tract reconstruction in neurogenic urinary tract dysfunction: An International Continence Society working group report. *Continence*. 2023; 6: 100590.

v. Sinha S, Hamid R, Chartier-Kastler EJ,Del Popolo G, Denys P, Haslam C, Panicker JN, Sloane K, Vasudeva P, Vrijens DMJ, Braschi E. The International Continence Society (ICS) survey on intermittent catheterization and global practices with regard to the reuse of catheters. *Continence.* 2023; 6: 100597.

vi. Rosier PFWM, Valdevenito JP, Smith P, Sinha S, Speich J, Gammie A; Members of the ICS Working Group PFS23. ICS-SUFU standard: Theory, terms, and recommendations for pressure-flow studies performance, analysis, and reporting. Part 1: Background theory and practice. *Neurourol Urodyn*. 2023 Apr 25. Online ahead of print.

vii. Rosier PFWM, Gammie A, Valdevenito JP, Speich J, Smith P, Sinha S; members of the ICS Working Group PFS23. ICS-SUFU standard: Theory, terms, and recommendations for pressure-flow studies performance, analysis, and reporting. Part 2: Analysis of PFS, reporting, and diagnosis. *Neurourol Urodyn*. 2023 May 4. Online ahead of print.

2. Translations:

i. ANLUD Report from English to *French* (with / for E. Chartier-Kastler)

ii. ANLUD Report from English to *Spanish* (with / for C. Alvear)

iii. ANLUD Report from English to *Portuguese* (with / for C. Alvear)

ICS Urodynamics Committee – Chair: Tufan Tarcan

1. TEACHING MODULES: Many teaching modules were initiated or re-organized last year. A) Best practice for Videourodynamics: A teaching module of the International Continence Society Urodynamics Committee. The module led by Alex Digesu was re-initiated and re-organized in terms of co-authors. The paper was finalized and submitted to the ICS official journal for publication in June 2023 with the Manuscript Number: Continence-D-23-00038.

2. URODYNAMIC CHARTS REVIEW PROJECT: This project of the Urodynamics Committee was pioneered by Andrew Gammie aiming to increase the quality of UD studies worldwide to the ICS standards.
3. ASSESSMENT OF SENSATION DURING UDS: The project led by Elise De and the urodynamic committee is finalised. The manuscript is under preparation.

Critical Success Factors (CSF's) / Key Performance Indicators (KPI's)

CSFs identified at last strategic review concluded in 2022. New KPI measurements for 2023 report.

1. CSF Establish financial security: protect, diversify and increase income

- Create Industry Committee
- Maximise income from ICS membership: secure, affiliates, new markets
- Create a risk register and review regularly
- Investigate options for fundraising: foundations, crowdfunding, grants

Outcome: most objectives met or partially met/in process

KPI Reserve Policy Met:

2023	£ GBP	% of target
Actual	**834,266**	76.7
Target	1,087,354	

Below target. As detailed above, main cause was the much lower income from our annual meeting post covid. Also a slight drop in membership.

Action for 2024: Control costs, create new funding streams not dependent on annual meeting

2. CSF Ensure the highest quality scholarly activity

- Establish and grow the ICS Journals
- Ensure a constant stream of high quality ICS publications
- Board to work with Scientific and Education Committees on a project plan for the annual meeting programme
- Develop further e-learning opportunities for ICS members and meeting delegates

Outcome: All objectives met / in progress.

KPI – propose to measure Impact Factor of new ICS Journals – these figures will be published once Journal has been accepted by PubMed (this is expected to take 2 years). KPI target to compare impact factor with previous official society journal's impact factor.

3. Improve Governance (Board/organisational)

- Establish Governance and Nominations Committee
- Update Articles and Bylaws in line with report recommendations
- Implementing the actions from the governance review
- Broadening the range of skills and experience on the Board
- 4 meetings a year of the Board: two times virtual, two times live
- Improve efficiency of Board meetings: agenda items and papers

Outcome: All objectives met.

KPI – Board of Trustee Meetings Held

2023	BOT Meetings	% of target
Actual	**4**	100.0
Target	4	

Strengthen the organisation (staff and committees)

- Review organisation structure and resourcing, including staffing
- Review all activity and rationalise based on ICS strategy
- Decide which committees and activities should continue/cease
- Put in place measures and reviews to ensure progress and high standards

Outcome: All objectives met.

KPI – Employee Performance Targets

Staff	Performance Targets	Met	% of Target
5	25	25	100.0

Additional new KPI for 2024 – measure Committee achievements vs 2023 targets

Put in place programme to reach out the potential new members outside the US and Europe

- Create a plan and timeline for how to reach 50% ICS members
- Define most important countries to ICS outside US/Europe
- Partnerships …
- Translations …

Outcome: objectives met, new 5 year membership growth strategy developed.

KPI – Membership Growth

Year	Membership	Growth %
2023	2,760	-3.5
2022	2,859	

Unfortunately membership reduced in 2023. Action – 5 year growth strategy - focus on benefits of membership, develop new partnerships, identify needs in target regions.

Investments Performance

The charity's investment portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio rose by 0.69% in 2023, a profit of £5,186, which has been declared in the accounts as net gains on investments (2022: loss of £30,399).

£2,352 was received in interest from bank accounts and has been declared as income from investments for the year to 31 December 2023 (2022: £381).

Financial Review

Results for the year

The consolidated results of the charity and its trading subsidiary, Conticom, showed net outgoing funds in the year of £110,462 (2022: net outgoing funds of £235,807) with closing consolidated funds of £834,266 (2022: £944,728).

Consolidated Income

Income in the year was from the Annual Meeting and trading of £220,772 (2022: £567,119), membership fees £215,654 (2022: £209,327), royalty income totalling £1,153 (2022: £2,562), donations and legacies of £93,263 (2022: £31,565), Educational activities totalling £609 (2022: £4,564) and interest from Investments of £2,352 (2022: £381)

With this funding the Charity has been able to finance: the staffing and technical costs of hosting the annual meeting, educational activities, including awards, observerships, courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the membership of 2760 and support for the ICS journals. The majority of award costs were covered by an educational grant received from Pfizer.

The total profit of the trading subsidiary was £70,860 (2022: loss of £22,464).

Consolidated Expenditure

Expenditure in the year was on Educational Activities £258,612 (2022: £263,513), Annual Meeting expenditure £104,721 (2022: £447,556) and Publication and Membership £286,118 (2022: £309,857).

The variation in consolidated income and expenditure for 2022 compared to 2023 is due to the requirement for ICS to record a significant proportion of meeting registration income and costs in its accounts in 2022 in order to qualify for the Austrian VAT reduction.

Annual Meeting

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will, under their current contract, continue in the role until 25 October 2024), by Conticom-ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The updated four year rotation policy involves a European meeting every other year, with the alternate years in a destination outside of Europe; on the provision that an adequate surplus is forecast. The society continues to be reliant on income from the annual meeting, so ensuring a financially successful meeting is important. The ICS will continue to reach a range of countries through its educational course programme.

Industry Supported Projects Outside of the Annual Meeting

As income from the annual meeting has been highly variable and lower since the pandemic, the society has been developing other educational project proposals outside of the annual meeting. The intention

is to develop alternative sources of income outside of the annual meeting directly supported by our industry partners. Multiple project concepts were developed in 2023 and proposed to our industry partners for educational support grants/contracts with a view to delivering them in 2024-2026.

As requested by the membership, the table below shows an overview of the Annual Meeting income, expenditure and surplus.

	£	£	£	£	£
	2023	**2022**	**2021**	**2020**	**2019**
Sponsorship & exhibition	255,478	448,618	324,141	312,172	486,948
Registrations	456,997	464,622	183,695	118,088	774,086
Other income	122,262	86,521	15,589	673	116,298
Total income	834,737	999,761	523,425	430,933	1,377,332
Total expenditure	905,735	971,650	391,073	401,367	1,114,308
Surplus/(Deficit)	(70,998)	28,111	132,352	29,566	263,024
Surplus of which Conticom received including Scientific Services Fee	129,600	173,061	298,592	218,009	395,734

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
   - Calculations are to be based on estimated future combined operating costs for the next two years.
   - These operating costs are to only take into account running costs not guaranteed to be financed by matching income.

b) Provide an element of contingency for unforeseen liabilities.
   - Which should be £100,000

c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £496,903 for 2024 and £490,451 for 2025, giving a total of £987,354 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,087,354 as at 31.12.2023.

As of 31st December 2023, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£834,266** (2022: £944,728); therefore below the level of reserves required by £253,088. The trading subsidiary continued to support the Charity in meeting its objectives.

The trustees acknowledge for 2023 the Charity will be under its reserve policy, which in part is due to the legacy of the COVID years. The Board has brought in measures to increase current income and provide new income. The current reserves policy will be reviewed by the Board and amended if this is the agreement. In the interim all costs will be restrained. Costs and activities of the ICS will be reviewed steadily in line with ICS strategy and objectives.

Plans for Future Periods

ICS Annual Meeting 2024

Honorary Meeting Chairs: Pedro Hernandez, Carmen Gonzalez Enguita
Local Scientific Programme Chair: Alicia Martín Martínez

The 54th Annual Meeting of the ICS will take place at the IFEMA in Madrid, Spain.

Future Meetings

ICS-EUS 2025: Abu Dhabi. Meeting Chairs: AbdulQadir Al-Zarooni, Sherif Mourad
ICS 2026: Maastricht, Netherlands. Honorary Meeting Chair: Gommert Van Koeveringe
ICS 2027: Florence, Italy. Honorary Meeting Chair: Enrico Finazzi Agro

ICS Strategic Plan

The Board will review and update the ICS strategic goals in order to direct ICS resources to the most important areas of work for the financial sustainability of the charity, and in order to achieve societal goals for the charity's mission to deliver public benefit.

Industry Supported Education Projects

To address the variable financial surplus generated by the annual meeting, the Board of Trustees plan to develop new additional sources of funding from industry supported educational projects in 2024.

ICS Journals

The Board will expand on actions to establish and grow the ICS journals. An application will be submitted for PubMed accreditation of the journals. An important milestone for the journals.

ICS Committees

ICS Committees continue to develop plans for addressing the needs of our members and the public. A new "top 3" priority system has been introduced to focus activities of each committee. As volunteers we owe a huge debt to all committee members for their outstanding dedication to the field of

continence to further our understanding of the bladder and pelvic floor and highlight and alleviate the suffering of patients worldwide.

ICS Children and Young Adults Committee – Chair: Ashani Couchman

1. Ongoing podcasts - Two further planned podcasts – once every three months
2. Deliver 2 workshops
    a. International collaboration for delivery of a position statement on bowel care management
    b. Deliver a workshop focussed on the paeds and adolescent factors effecting urodynamic practice
3. Increase visibility of the community
    a. Two committee meetings to be organised – just assistance with zoom and two doodle polls for timing

ICS Developing World Committee – Chair: Sherif Mourad

1. Holding a workshop during ICS 2024 in Madrid.
2. Holding the ICS Fistula Course 2024 in Lusaka - Zambia.
3. Having ICS speakers in the national meeting of developing countries.
4. Collaborate with centers in these countries as online events to try to set up online seminars/webinars. Possible issues to deal with are; Fistula (prevention, diagnosis, surgical management), Native tissue repair of POP, Female urinary incontinence, Male LUTS, Neurogenic Bladder Dysfunction and Conservative Management of Urinary Incontinence.
5. Publishing new papers about urogynecological disorders in the developing world.

ICS Education Committee – Chair: Howard Goldman

1. Standing bimonthly interactive webinar for ICS members. Improve “advertising” of all of our great educational videos, etc – greater social media presence
2. Manage observerships/grants/early career group
3. Increase colorectal and nursing exposure

ICS Ethics Committee – Chair: Anne Suskind

1. ICS Ethics Workshop at ICS 2024 Madrid
2. ICS Ethics Award 2024
3. ICS Ethics Committee Paper on “The Ethics of Sexuality and Pelvic Health”

ICS Neurourology Promotion Committee – Chair: Rizwan Hamid

1. Request ICS Board to approve award a certificate and facilitate a 2 week visiting fellowship at the following annual conference with the NU teaching unit for the best presentation in neurourology at the ICS Annual meeting to a young neuro-urologist
2. Committee members to facilitate holding collaborative workshops with international societies in respective countries
3. Committee members to deliberate on 2 research questions for publications in the upcoming year

ICS Nursing Committee – Chair: Tamara Dickinson

1. Submission of high quality nursing workshop and forum for Madrid 2024
2. Quality publications currently in process
    a. Terminology for conservative interventions
    b. Food and Fluid Interventions
3. Nursing focused series of 3 podcasts

ICS Physiotherapy Committee – Chair: Paula Igualada-Martinez

1. Online Masterclass of Conservative Management of UI: taking the ICI guidelines into clinical practice
2. Publication of Level 1 Physiotherapeutic assessment of female and male urinary incontinence in the Continence Journal.
3. There are various proposals on the agenda for discussion at the Physiotherapy meeting in Toronto, following which the Chair will present them at the BOT meeting.

ICS Scientific Committee - Chair: Adrian Wagg

Create the Scientific Programme for ICS 2023 Toronto:

1. Develop State of the Art programme of lectures & roundtables
2. Call for research abstract submissions and review abstracts anonymously
3. Select the best research for presentation in podium sessions and eposters
4. Publish all accepted abstracts online and publish podium abstracts in *Continence*

ICS Standardisation Steering Committee - Chair: Matthias Oelke

1. Finalization of ongoing terminology reports
2. Identification of terminology reports which are outdated and need to be updated in the near future
3. Translation of important terminology reports and the entire glossary from English to French, Italian, Portuguese, Spanish and Turkish

ICS Urodynamics Committee – Chair: Tufan Tarcan

1. ICS Urodynamics E-learning project:
2. ICS teaching modules
3. Urodynamic Charts Review Project

Approved by the Trustees and signed on their behalf by:

Steven Schraffordt Koops
Treasurer
Date 24/09/2024

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

I report to the charity trustees on my examination of the accounts of company for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Matthew Bracher BSc FCA
Institute of Chartered Accountants in England and Wales
For and on behalf of Haines Watts (Western) Limited
Bath House
6-8 Bath Street
Bristol
BS1 6HL

Date: 24/09/2024

THE INTERNATIONAL CONTINENCE SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	**Unrestricted Year ended 31.12.23**	**Restricted Year ended 31.12.23**	**Total Year ended 31.12.23**	Unrestricted Year ended 31.12.22	Restricted Year ended 31.12.22	Total Year ended 31.12.22
		£	**£**	**£**	£	£	£
Income from:							
Donations and legacies	2	**73,742**	**19,521**	**93,263**	15,352	16,213	31,565
Investments	3	**2,327**	**-**	**2,327**	381	-	381
Charitable activities:							
Annual meeting	5	**-**	**-**	**-**	512,128	-	512,128
Distribution from trading subsidiary		**45,217**	**-**	**45,217**	-	-	-
Subscription and royalties	4	**216,807**	**-**	**216,807**	211,889	-	211,889
Educational activities	6	**609**	**-**	**609**	4,564	-	4,564
Total income		**338,702**	**19,521**	**358,223**	744,314	16,213	760,527
Expenditure on:							
Charitable activities:							
Educational activities	7	**222,369**	**36,243**	**258,612**	255,349	8,164	263,513
Publication and membership	7	**286,118**	**-**	**286,118**	309,857	-	309,857
Annual meeting	7	**-**	**-**	**-**	370,101	-	370,101
Total expenditure		**508,487**	**36,243**	**544,730**	935,307	8,164	943,471
Net gain/(losses) on investments	14	**5,186**	**-**	**5,186**	(30,399)	-	(30,399)
Net income/(expenditure) and movement in funds		**(164,599)**	**(16,722)**	**(181,321)**	(221,392)	8,049	(213,343)
Reconciliation of funds:							
Fund balances brought forward		**962,024**	**17,222**	**979,246**	1,183,416	9,173	1,192,589
Fund balances carried forward		**797,425**	**500**	**797,925**	962,024	17,222	979,246

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	**Unrestricted Year ended 31.12.23**	**Restricted Year ended 31.12.23**	**Total Year ended 31.12.23**	Unrestricted Year ended 31.12.22	Restricted Year ended 31.12.22	Total Year ended 31.12.22
		£	**£**	**£**	£	£	£
Income from:							
Donations and legacies	2	**73,742**	**19,521**	**93,263**	15,352	16,213	31,565
Investments	3	**2,352**	**-**	**2,352**	381	-	381
Charitable activities:							
Annual meeting and trading	5	**220,772**	**-**	**220,772**	567,119	-	567,119
Subscription and royalties	4	**216,807**	**-**	**216,807**	211,889	-	211,889
Educational activities	6	**609**	**-**	**609**	4,564	-	4,564
Total income		**514,282**	**19,521**	**533,803**	799,305	16,213	815,518
Expenditure on:							
Charitable activities:							
Educational activities	7	**222,369**	**36,243**	**258,612**	255,349	8,164	263,513
Publication and membership	7	**286,118**	**-**	**286,118**	309,857	-	309,857
Annual meeting	7	**104,721**	**-**	**104,721**	447,556	-	447,556
Total expenditure		**613,208**	**36,243**	**649,451**	1,012,762	8,164	1,020,926
Net gains/(losses) on investments	14	**5,186**	**-**	**5,186**	(30,399)	-	(30,399)
Net income/(expenditure) and movement in funds		**(93,740)**	**(16,722)**	**(110,462)**	(243,856)	8,049	(235,807)
Reconciliation of funds:							
Fund balances brought forward		**927,506**	**17,222**	**944,728**	1,171,362	9,173	1,180,535
Fund balances carried forward		**833,766**	**500**	**834,266**	927,506	17,222	944,728

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2023

	Notes	**2023**		2022	
		£	**£**	£	£
FIXED ASSETS:					
Intangible assets	12		**1,244**		1,399
Investments	14		**759,200**		754,014
			760,444		755,413
CURRENT ASSETS:					
Debtors	15	**8,630**		99,335	
Cash at bank and in hand		**123,759**		174,143	
		132,389		273,478	
CREDITORS: Amounts falling due within one year	16	**(94,908)**		(49,645)	
NET CURRENT ASSETS:			**37,481**		223,833
TOTAL ASSETS LESS CURRENT LIABILITIES:			**797,925**		979,246
FUNDS:					
Unrestricted funds	18		**797,425**		962,024
Restricted funds	18		**500**		17,222
			797,925		979,246

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on 24/09/2024 and were signed on their behalf by:

Dr S Schraffordt Koops - TREASURER

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2023

	Notes	**2023**		2022	
		£	**£**	£	£
FIXED ASSETS:					
Intangible assets	12		**1,244**		1,399
Tangible assets	13		**4,378**		5,578
Investments	14		**759,199**		754,013
			764,821		760,990
CURRENT ASSETS:					
Debtors	15	**22,610**		37,885	
Cash at bank and in hand		**141,193**		221,898	
		163,803		259,783	
CREDITORS: Amounts falling due within one year	16	**(94,358)**		(76,045)	
NET CURRENT ASSETS:			**69,445**		183,738
TOTAL ASSETS LESS CURRENT LIABILITIES:			**834,266**		944,728
FUNDS:					
Unrestricted funds	19		**833,766**		927,506
Restricted funds	19		**500**		17,222
			834,266		944,728

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

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Dr S Schraffordt Koops - TREASURER

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR ENDING 31 DECEMBER 2023

	Notes	**Charity 2023 £**	Charity 2022 £	**Group 2023 £**	Group 2022 £
Cash flows from operating activities:					
Net cash provided by (used in) operating activities	1	**(52,711)**	(122,121)	**(81,433)**	(86,467)
Cash flows from investing activities:					
Interest income		**2,327**	381	**2,352**	381
Purchase of property, plant and equipment		**-**	-	**(1,624)**	(5,681)
Net cash provided by (used in) investing activities		**2,327**	381	**728**	(5,300)
Change in cash and cash equivalents in the reporting period	2	**(50,384)**	(121,740)	**(80,705)**	(91,767)
Cash and cash equivalents at the beginning of the reporting period		**174,143**	295,883	**221,898**	313,665
Cash and cash equivalents at the end of the reporting period		**123,759**	174,143	**141,193**	221,898

NOTES TO CASH FLOWS:

1. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Charity 2023 £	Charity 2022 £	**Group 2023 £**	Group 2022 £
Net movement in funds	(**181,322)**	(213,343)	**(110,463)**	(235,807)
Add back depreciation/amortisation charge	**155**	155	**2,980**	4,209
Deduct interest income shown in investing activities	**(2,327)**	(381)	**(2,352)**	(381)
Deduct/add net (gain)/loss on investments	**(5,186)**	30,399	**(5,186)**	30,399
Decrease (increase) in debtors	**90,705**	106,001	**78,795**	170,437
Increase (decrease) in creditors	**45,264**	(44,952)	**(45,207)**	(55,324)
Net cash (used)/gained in/from operating activities	**(52,711)**	(122,121)	**(81,433)**	(86,467)

NOTES TO CASH FLOWS – continued:

2. ANALYSIS OF CHANGES IN NET FUNDS - CHARITY

	At 1.1.23	Cash flow	At 31.12.23
	£	£	£
Net cash			
Cash at bank and in hand	**174,143**	**(50,384)**	**123,759**
	174,143	**(50,384)**	**123,759**

ANALYSIS OF CHANGES IN NET FUNDS - GROUP

	At 1.1.23	Cash flow	At 31.12.23
	£	£	£
Net cash			
Cash at bank and in hand	**221,898**	**(80,705)**	**141,193**
	221,898	**(80,705)**	**141,193**

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The International Continence Society is a company limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity constitutes a public benefit entity as defined by FRS 102. The address of the registered office and place of business is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is a membership society for professionals working in the field of incontinence.

The principal accounting policies adopted by the charity in drawing up its financial statements are as follows:

(a) Income

All incoming resources are including in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that income will be received. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

For donations to be recognised, the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

(b) Group Accounts

The results of Conticom-ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities, the Balance Sheet and The Statement of Cashflows.

(c) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

1. **ACCOUNTING POLICIES - continued**

(d) Investment assets

The investment in the subsidiary is stated at cost. Listed investments held for the continuing benefit of the charity and are treated as fixed assets and are valued at fair value at the balance sheet date.

(e) Expenditure

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with educational activities, together with publication and membership, and include both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions the assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 7.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

(f) Intangible Assets

The domain name is stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

The domain name is being amortised evenly over 20 years.

(g) Tangible Fixed Assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	-25% on cost
Computer equipment	-33% on reducing balance

(h) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

(i) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

(j) Pension costs

The charity operates a defined pension contribution scheme. Contributions payable for the year are charged in the Statement of Financial Activities. The liability and expense is allocated between activities and between restricted and unrestricted funds on a time apportioned basis.

1. **ACCOUNTING POLICIES - continued**

(l) Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

Basic financial assets

Basic financial assets, which include trade and other debtors, amounts due from group undertakings and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost. Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including trade and other creditors and amounts due to group undertakings are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method. Financial liabilities are derecognised when, and only when, the charity's contractual obligations are discharged, cancelled, or they expire.

(m) Short term liquid investments and cash

Cash at bank is held to meet short-term cash commitments as they fall due rather than for investment purposes and includes all cash equivalents held in the form of short-term highly liquid investments. Cash equivalents are short-term, highly liquid investments that are readily convertible to known amounts of cash and that are subject to an insignificant risk of changes in value.

2. INCOME FROM DONATIONS AND LEGACIES

	Charity		Group	
	2023	2022	**2023**	2022
	£	£	**£**	£
Other donors	**10**	120	**10**	120
Grants – Pfizer grant	**19,521**	16,213	**19,521**	16,213
Grants, including EU Tech Project	**14,168**	15,232	**14,168**	15,232
Legacies	**59,564**	-	**59,564**	-
	93,263	31,565	**93,263**	31,565

3. INCOME FROM INVESTMENTS

	Charity		Group	
	2023	2022	**2023**	2022
	£	£	**£**	£
Interest receivable	**2,327**	381	**2,352**	381
	2,327	381	**2,352**	381

4. INCOME FROM SUBSCRIPTIONS AND ROYALTIES

	Charity & Group	
	2023	2022
	£	£
Subscription Income:		
Deferred balance brought forward	**7,125**	3,922
Membership income received during the year	**233,328**	212,530
Deferred balance carried forward	**(24,799)**	(7,125)
	215,654	209,327
Royalty income on subscriptions	**1,153**	2,562
	216,807	211,889

5. ANNUAL MEETING

	Charity		Group	
	2023	2022	**2023**	2022
	£	£	**£**	£
Annual meeting income	**-**	512,128	**220,772**	512,128
	-	512,128	**220,772**	512,128

6. INCOME FROM EDUCATIONAL ACTIVITES

	Charity & Group	
	2023	2022
	£	£
Other income	**609**	4,564
	609	4,564

7. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities	**Publication & Membership**	**Annual meeting**	**Total 2023**	Total 2022
	£	**£**	**£**	**£**	£
Annual meeting expenses	-	-	-	-	370,101
Journal and other membership costs	-	**1,367**	-	**1,367**	1,131
Travel and subsistence costs	**2,385**	**2,385**	-	**4,770**	2,888
Advertising and promotional events	**3,240**	-	-	**3,240**	179
Publication committee costs	-	-	-	-	8,500
Education committee costs	**4,711**	-	-	**4,711**	-
Awards, grants and fellowships	**26,081**	-	-	**26,081**	10,664
Educational activity costs	**8,241**	-	-	**8,241**	1,053
Printing and postage costs	**22**	**22**	-	**44**	606
Staff costs	**139,582**	**207,995**	-	**347,577**	403,031
Finance costs	**6,282**	**6,282**	-	**12,564**	7,122
Trustees' board costs	-	-	-	-	6,690
Support costs (see note 8)	**21,640**	**21,639**	-	**43,279**	54,407
Governance costs (see note 8)	**46,428**	**46,428**	-	**92,856**	77,099
Charity total	**258,612**	**286,118**	-	**544,730**	943,471
Annual meeting expenses	-	-	**104,721**	**104,721**	77,455
Group total	**258,612**	**286,118**	**104,721**	**649,451**	1,020,926

8. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS

	Charity & Group			
	Educational Activities Costs	**Publication & Membership Costs**	**Total 2023**	Total 2022
	£	**£**	**£**	£
Support costs:				
Phone	**6,941**	**6,941**	**13,882**	12,975
Insurance	**882**	**882**	**1,764**	1,024
Rent, rates, light and heat	**5,968**	**5,967**	**11,935**	14,085
Sundry	**7,771**	**7,772**	**15,543**	26,168
Amortisation	**77**	**77**	**154**	155
	21,639	**21,639**	**43,278**	54,407
Governance costs:				
Trustees' board costs	**-**	**-**	**-**	173
Indemnity insurance	**135**	**135**	**270**	269
Staff costs	**34,168**	**34,167**	**68,335**	51,723
Independent examiner's fee (see note 11)	**3,780**	**3,780**	**7,560**	10,800
Legal and professional	**8,345**	**8,345**	**16,690**	14,134
	46,428	**46,427**	**92,855**	77,099

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2022: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group		Charity & Group	
	2023 Number	2022 Number	**2023 £**	2022 £
Travel and meeting expenses	**6**	11	**4,105**	4,020

10. STAFF COSTS

	Charity		Group	
	2023	2022	**2023**	2022
	£	£	**£**	£
Wages and salaries	**338,420**	364,651	**338,420**	364,651
National insurance contributions	**33,702**	38,666	**33,702**	38,666
Pension contributions	**39,890**	46,817	**39,890**	46,817
Recruitment and training	**3,900**	4,620	**3,900**	4,620
	415,912	454,754	**415,912**	454,754

Two employees earned more than £60,000 during the year.

10. **STAFF COSTS - continued**

The average monthly number of employees, and full time equivalents, during the year were as follows:

	Charity		Group	
	2023	2022	**2023**	2022
	Number	Number	**Number**	Number
Governance	**4.15**	4.7	**4.15**	4.7
Educational activities	**3.15**	3.7	**3.15**	3.7
Publication and membership	**0.7**	0.6	**0.7**	0.6
	8	9	**8**	9

The key management personnel of the group and the charity comprise the trustees, the administrative director and the I.T. director. The total employee benefits of the key management personnel of the group were £199,658 (2022: £190,030).

11. **INDEPENDENT EXAMINER'S REMUNERATION**

The independent examiner's remuneration consists of the following:

	Charity		Group	
	2023	2022	**2023**	2022
	£	£	**£**	£
For independent examination	**1,678**	2,550	**1,678**	2,550
For accounting services	**3,152**	4,650	**7,352**	7,450
For preparation of consolidated accounts	**1,780**	2,750	**1,780**	2,750
For general advice, meetings & other services	**950**	850	**950**	850
	7,560	10,800	**11,760**	13,600

12. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
COST		
At 1 January 2023	**3,106**	**3,106**
At 31 December 2023	**3,106**	**3,106**
AMORTISATION		
At 1 January 2023	**1,707**	**1,707**
Charge for year	**155**	**155**
At 31 December 2023	**1,862**	**1,862**
NET BOOK VALUE		
At 31 December 2023	**1,244**	**1,244**
At 31 December 2022	1,399	1,399

13. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Total
	£	**£**	**£**
COST:			
At 1 January 2023	**13,052**	**61,242**	**74,294**
Additions	**396**	**1,228**	**1,624**
At 31 December 2023	**13,448**	**62,470**	**75,918**
DEPRECIATION			
At 1 January 2023	**12,306**	**56,410**	**68,716**
Charge for year	**539**	**2,285**	**2,824**
At 31 December 2023	**12,845**	**58,695**	**71,540**
NET BOOK VALUE:			
At 31 December 2023	**603**	**3,775**	**4,378**
At 31 December 2022	746	4,832	5,578

14. CHARITY FIXED ASSET INVESTMENTS

	£
COST OR VALUATION:	
At 1 January 2023	**754,013**
Increase in market value of investments	**5,186**
At 31 December 2023	**759,199**
NET BOOK VALUE:	
At 31 December 2023	**759,199**
At 31 December 2022	754,013

	2023	2022
	£	£
Listed investments	**759,199**	754,013
Unlisted investments	**1**	1
Total investments	**759,200**	754,014

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited
Company number: 03687688
Country of incorporation: England & Wales
Nature of business: Conference facilitator

Class of shares: Ordinary – 100% holding

	2023	2022
	£	£
Aggregate capital and reserves	**36,342**	(34,518)
Profit/(loss) for the year	**70,860**	(22,464)

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	**220,773**
Cost of sales	**(52,935)**
Gross profit	**167,838**
Other income	**25**
Administrative expenses	**(92,873)**
Operating profit/(loss)	**74,990**
Finance costs and depreciation	**(4,130)**
Net income/(expenditure)	**70,860**
Retained profit for the year	**70,860**
Retained profit brought forward	**(34,519)**
Retained profit/(loss)carried forward	**36,341**
Assets	**48,313**
Liabilities	(**11,971)**

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2023	2022	**2023**	2022
	£	£	**£**	£
Trade debtors	**30**	57	**9,504**	57
Prepayments and accrued income	**8,600**	33,543	**13,106**	35,614
Amounts due from group undertaking	**-**	63,521	**-**	-
Other debtors	**-**	2,214	**-**	2,214
	8,630	99,335	**22,610**	37,885

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2023	2022	**2023**	2022
	£	£	**£**	£
Trade creditors	**1,086**	1,388	**1,635**	2,269
Other creditors	**-**	-	**2,797**	2,404
Social security and other taxes	**13,703**	15,633	**13,703**	15,633
Amounts due to group undertaking	**12,521**	-	**-**	-
Accruals and deferred income	**67,598**	32,624	**75,946**	55,630
VAT	**-**	-	**277**	109
	94,908	49,645	**94,358**	76,045

17. FINANCIAL COMMITMENTS

Total financial commitments, guarantees and contingencies for the charity which are not included in the balance sheet amount to £15,000 (2022 - £Nil).

Total financial commitments, guarantees and contingencies undertaken as a group, which are not included in the balance sheet amount to £30,000 (2022 - £Nil).

18. **STATEMENT OF FUNDS**

	At 01 January 2023 £	Income £	Expenditure £	Gains on Investments £	At 31 December 2023 £
Unrestricted funds:					
General fund	**962,024**	**338,702**	**(508,487)**	**5,186**	**797,425**
Total unrestricted funds	**962,024**	**338,702**	**(508,487)**	**5,186**	**797,425**
Restricted funds:					
Laborie Fellowship fund	**1,838**	**-**	**(1,838)**	**-**	**-**
Continence Promotion Committee fund	**7,824**	**-**	**(7,824)**	**-**	**-**
3rd World Fistula work	**500**	**-**	**-**	**-**	**500**
Pfizer grant	**7,060**	**19,521**	**(26,581)**	**-**	**-**
Total restricted funds	**17,222**	**19,521**	**(36,243)**	**-**	**500**
Total charity funds	**979,246**	**358,223**	**(544,730)**	**5,186**	**797,925**
Subsidiary funds (unrestricted)	**(34,519)**	**220,798**	**(149,938)**	**-**	**36,341**
Intercompany adjustment	**-**	**(45,217)**	**45,217**	**-**	**-**
Total consolidated funds	**944,727**	**533,804**	**(649,451)**	**5,186**	**834,266**

STATEMENT OF FUNDS - comparatives

	At 01 January 2022 £	Income £	Expenditure £	Losses on Investments £	At 31 December 2022 £
Unrestricted funds:					
General fund	1,183,416	744,314	(935,307)	(30,399)	962,024
Total unrestricted funds	1,183,416	744,314	(935,307)	(30,399)	962,024
Restricted funds:					
Laborie Fellowship fund	8	-	1,830	-	1,838
Continence Promotion Committee fund	7,824	-	-	-	7,824
3rd World Fistula work	500	-	-	-	500
Pfizer grant	841	16,213	(9,994)	-	7,060
Total restricted funds	9,173	16,213	(8,164)	-	17,222
Total charity funds	1,192,589	760,527	(943,471)	-	979,246
Subsidiary funds (unrestricted)	(12,054)	54,991	(77,455)	-	(34,518)
Intercompany adjustment	-	-	-	-	-
Total consolidated funds	1,180,535	815,518	(1,020,926)	(30,399)	944,728

18. **STATEMENT OF FUNDS - continued**

General fund (unrestricted)
This fund represents the free funds of the charity, which are not designated for particular purposes.

Laborie Fellowship fund (restricted)
The Laborie Fellowship fund relates to a 3 year fellowship programme for an eligible member. Grants are received each year to support funding of the programme.

Continence Promotion Committee Fund (restricted)
The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee.

3rd World Fistula work (restricted)
This fund relates to a restricted donation received in November 2012 to fund 3rd world Fitsula work.

Pfizer grant (restricted)
This fund relates to a Pfizer grant received each year to fund international scholarships.

Fistula course fund (restricted)
This fund relates to a grant received during the year to support the Fistula repair course held in Mumbai.

19. **ANALYSIS OF NET FUNDS BETWEEN FUNDS**

CHARITY	**Restricted Funds** £	**Unrestricted Funds** £	**Total Funds** £
Fund Balances at 31 December 2023 are represented by:			
Fixed assets	**-**	**760,444**	**760,444**
Current assets	**36,743**	**95,646**	**132,389**
Current liabilities	**(36,243)**	**(58,665)**	**(94,908)**
Total Net Assets	**500**	**797,425**	**797,925**

GROUP	**Restricted Funds** £	**Unrestricted Funds** £	**Total Funds** £
Fund Balances at 31 December 2023 are represented by:			
Fixed assets	**-**	**764,821**	**764,821**
Current assets	**36,743**	**127,060**	**163,803**
Current liabilities	**(36,243)**	**(58,115)**	**(94,358)**
Total Net Assets	**500**	**833,766**	**834,266**

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS – comparatives

CHARITY	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2022 are represented by:			
Fixed assets	-	755,413	755,413
Current assets	25,386	248,092	273,478
Current liabilities	(8,164)	(41,481)	(49,645)
Total Net Assets	17,222	962,024	979,246

GROUP	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2022 are represented by:			
Fixed assets	-	760,990	760,990
Current assets	25,386	234,397	259,783
Current liabilities	(8,164)	(67,881)	(76,045)
Total Net Assets	17,222	927,506	944,728

20. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £39,890 (2022: £46,816) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2022 - £Nil) as at 31 December 2023.

21. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

22. RELATED PARTY TRANSACTIONS

There are no related party transactions that require disclosure (2022 - £Nil) as at 31 December 2023.

THE INTERNATIONAL CONTINENCE SOCIETY

England & Wales - Charity number 1074929

Accounts

International Continence Society
www.ics.org info@ics.org +44(0)117 944 4881

Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	Bath House, 6-8 Bath Street, Bristol, BS1 6HL
Correspondence Address	6-8 Bath Street, Bristol, BS1 6HL
E-mail	info@ics.org
Website	www.ics.org
Telephone	+44 (0) 117 944 4881
General Secretary appointed	John Heesakkers, 3 year term began 09/09/22
Treasurer appointed	Steven Schraffordt-Koops, 3 year term began 09/09/22
Trustees appointed 2022	Elisabetta Costantini, 3 year term began 09/09/22
Trustees appointed 2021	Frankie Bates, 3 year term began 20/10/2021
Trustees appointed 2020	Marcus Drake (reappointed for a 3 year term), Lori Birder, Manjula Annappa, Enrico Finazzi Agro (3 year term)
Trustee term renewed 2022	Philip Van Kerrebroeck
Trustee terms concluded 2022	David Castro Diaz
Company Secretary	Daniel Snowdon (appointed 14/01/2011)
Independent Examiner	M Bracher of Haines Watts, Bath House, 6-8 Bath Street, Bristol BS1 6HL
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA
Investment Managers	Crystal Wealth Management LLP

Staff

Daniel Snowdon	Executive Director
Dominic Turner	I.T. Director
Avicia Burchill	Projects and Events Manager – part time (left employment 28 January 2022)
Ashley Brookes	Senior Analyst Programmer
Roger Blackmore	Flash Developer/Graphics Designer
Robert Lewis	Video Editor / Post Production Assistant (left employment 24 February 2022)
Mairead Corbet	Projects and Events Coordinator (from 28th March 2022)
Jennifer Ellis	Projects and Events Manager
Tracy Griffin	Administrator and Membership Secretary – part time
Sarah Ashworth	Bookkeeper - self-employed
Sarah Waters	Bookkeeper - self-employed

ICS Honorary Members

Peter Caldwell	(Deceased)	Patrick Bates	Pieter Donker (Deceased)
Peter Gammelgaard	(Deceased)	Eric Glen	Axel Ingelman-Sundberg (Deceased)
Guus Kramer		David Rowan (Deceased)	Paul Abrams
Walter Artibani		Jacques Corcos	Jo Laycock
Sender Herschorn		Karl-Erik Andersson	Adrian Wagg
Linda Cardozo		Ted Arnold	Sherif Mourad
Jerzy Gajewski		Helmut Madersbacher	Alan Wein
David Castro Diaz			

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement
The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

The trustees have had regard to Charity Commission guidance on public benefit. Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the majority of the ICS website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, news articles and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The key objectives for 2022 were to hold a successful annual meeting in Vienna, to maintain the ICS membership at circa 3,000 members, to review and implement a revised investment strategy, to run a governance review with an external consultant, and to support the launch and establishment of the two new ICS open-access journals, Continence and Continence Reports.

Strategic efforts will continue to advance the educational output of the ICS, mainly through the implementation of ICS Live, webinars, increasing content on ICS TV to provide e-learning, and the continued update and production of ICS standardisation reports and other key educational publications. The financial planning and controls for the society will continue to be reviewed to ensure strategies are fit for purpose.

History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the ICS was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of over 3,000 from 70 different countries covering many disciplines: physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and basic scientists. The founding members agreed that the ICS should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in the region of 1,500 - 2,000 delegates from all corners of the globe.

Structure, Governance and Management

Board of Trustees

The ICS Board of Trustees is required to meet four times a year (twice in person and twice virtually) and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Setting pay and remuneration of key management personnel through an annual performance review and formal consideration of a cost of living increase.
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership (for first terms of office).

Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The Directors of the company are also charity trustees for the purposes of charity law. As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Executive Director and the IT Director. The Executive Director is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS, as well as the review and approval of administrative procedures implemented by the Executive Director.

ICS Committees 2022

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children and Young Adults' Committee
- ICS Developing World Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years. Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared

to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (Steven Schraffordt-Koops). In conjunction with the Executive Director and the ICS Accountants (Haines Watts Accountants [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities. Please note the further comment on reserves in the financial review section on page 14.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. This was particularly felt during 2020 and 2021 due to the COVID-19 pandemic. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event. A risk reduction has been realised through the agreement to host every other annual meeting in Europe. This continent offers the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded.

Although all efforts are made to ensure the administration of the ICS could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Executive Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and accountants are fully aware of the current status and systems used and could take over from the Executive Director in this regard in an emergency. A selected group of the Trustees and the Executive Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director has documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- To host a successful Annual Scientific Meeting resulting in a surplus, and a high quality educational event which will continue to secure the status of the ICS as the premier international multidisciplinary conference on continence.
- To launch two open-access journals under the ownership of ICS.
- To set up and develop new strategic partnerships with individuals and organisations.

- To maintain the ICS membership at 3,000 or more members.
- To enable more accessible educational content for our global membership.
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.

Executive Summary

The ICS continued to be challenged by the residual effects of the COVID-19 pandemic which gave some uncertainty to the optimal format for the annual meeting, scheduled to be held in September in Vienna. The Board acted decisively in agreeing that ICS 2022 should be a hybrid meeting (a first for ICS). This allowed for both in-person and online presence and was judged to offer the maximum flexibility for international ICS delegates in an uncertain year.

The Board's decision was prudent as even by September it was clear that the world had not fully recovered from the pandemic, with some groups and countries less able or willing to travel internationally. It is anticipated that 2023 will offer more opportunity for delegates to travel to the ICS annual meeting.

ICS recorded 2,859 members for 2022 (2023: 3,145). This reduction is estimated to be primarily due to ICS ceasing its long-term journal subscription with Neurourology & Urodynamics. The two new ICS-owned journals (Continence, and Continence Reports) are now being established. It is anticipated that as the journals grow in stature that ICS member numbers will recover. The Board is also planning to launch new initiatives to both retain ICS members and bring in new members.

In financial terms the charity closed the year with a deficit position, whereby expenditure in the year was in excess of income. This was largely due to the low surplus received from the annual meeting. This is attributed due 2022 being a transitional year as the pandemic draws to a close and the residual effects are still present. The hybrid format of the meeting, while successful on a technical level and in providing access for all, was judged to be less appropriate for a niche conference like ICS runs. The Board agreed that it is important for the ICS community to attend in person in order to network, connect and provide the optimal conditions for education and learning. ICS 2023 will return to an in-person meeting format.

Achievements and Performance

ICS Annual Scientific Meeting 2022

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 52nd Annual Meeting of the ICS was hosted as a hybrid event for the first time in the history of ICS. The meeting was attended by 1,400 delegates: 1047 in-person and 353 Online. diversity of delegates, with over 60 countries represented, proved the international appeal of ICS meetings. The total numbers were impacted by ongoing restrictions to travel for some countries and due to challenges in taking training leave due to backlogs caused by the pandemic.

The Scientific Committee continued the strategy of providing programme 'tracks' to ensure that delegates would always have some content of interest or relevance at any point in the programme.

Our full thanks go to Helmut Madersbacher (Meeting Chair), Elisabeth Udier, Wilhelm Hübner and Barbara Bodner-Adler (Local Scientific Programme Chairs), Engelbert Hanzel (LOC Chair) and the whole ICS 2022 local organising committee for their dedicated efforts and commitment. Evaluation scores were highly positive in all categories. Thanks are also due to the ICS office staff, ICS committees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS each year where a surplus has been made.

New ICS journals

After significant negotiations and preparation, the Board were proud to launch ICS' first fully owned journals in the form of Continence and Continence Reports. The Editors of the journals were respectively, Lori Birder, and Sajjad Rahnama'i. The journals will be open-access format to support the new model of journals, and to support the ICS's charitable goal to grow and share continence education globally.

Awards and Fellowships

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered 4 fellowships covering Urodynamics, Neurourology, Clinical and Research. Grants were awarded to fellows from Colombia, Taiwan, Belgium and India.

Educational Courses 2022

During 2022 ICS was able to offer faculty to several educational events around the world using online platforms.

Educational Courses held in 2022 are outlined below.

Course	**Date**	**Location**	**Speakers**
33rd Annual Forum Urodynamicum	March	Aachen, Netherlands	Prof Sakineh Hajebrahimi and Prof David Castro-Diaz
Iranian Association of Urology	May	Online	Hashim Hashim, Philipp Van Kerrebroeck, Kari Tikkinen
5th Functional Urologic Surgery Course	May	Turkey	David Castro Diaz, Sherif Mourad, Alex Digesu, Emre Huri and Tufan Tarcan.
Scandinavian Association of Urology (NUF) Bi-Annual Meeting	June	Helsinki, Finland	Marcus Drake
INUS (moved from 2021)	June	Innsbruck, Austria	David Castro-Diaz, Emmanuel Chartier-Kastler and Rizwan Hamid
Continence 2022	June	Sao Paulo	Marcus Drake (UK) & Peter Gilling (New Zealand)
IUGA	June	Austin, Texas	Rebecca Rogers

Congresso Nazionale SIUD 2022	June	Verona, Italy	SALVADOR ARLANDIS
XVII Paulista Congress of Urology - Sociedade Brasielira de Urologia (SBU)	Sept	Sao Paulo	Stefania Musco & Vincent Tse
SIUD meets ICS	Sept	Florence	David Castro Diaz, Enrico Finazzi Agrò Emmanuel Chartier-Kastler, Dick Janssen, Philip Van Kerrebroeck and Montserrat Espuña
The Annual Scientific Meeting of Indonesian Urological Association (ASMIUA)	Sept	Indonesia	Anna Padoa, Rhonda Kotarinos & Marisa Clifton
2nd Annual Meeting of the Mexican Society of Urogenital Sciences (Sociedad Mexicana de Ciencias Urogenitales AC)	Oct	Tlaxcala, Mexico	Matthew O Fraser
ALAPP 2022 Annual Congress	Oct	Finland	Christian Cobreros, Tufan Tarcan, Cristina Carboni and Gustavo Garrido.
3rd Oman Urological Society Conference	Oct	Oman	David Castro-Diaz
Italian Urogynecological Association (AIUG) Annual Meeting	Oct	Naples, Italy	David Castro-Diaz
PACS & EUSC	Oct	Dubai	Dudley Robinson, KD Sievert and Bary Berghmans
2022 7th Annual Meeting Society for Pelvic Research	Dec	North Carolina, USA	Dr. Marianna Alperin, MD MS

ICS Membership

The ICS recorded 2,859 members for 2022 (2021: 3,145). The Board did not increase the membership fee for 2022. The ICS strives to keep the membership fee as low as possible to keep the ICS accessible. To extend the public benefit of ICS membership the Board introduced free one year membership for early career professionals that had not held ICS membership before. The lower membership fees for nurses, physiotherapists and early career professionals were continued.

There were many other projects undertaken in 2022 and some notable achievements are highlighted.

The full annual reports of each committee are available at ICS Documents. The below are a selection of ICS committee achievements.

Children and Young Adults Committee

The Coloplast Fellowships were awarded, with the three host centres; in London, the Netherlands and Italy.

Project updates:

- Terminology paper for Adolescent Transition: One section has been completed and the second is well on the way to completion.
- Recommendations for clean intermittent catheterisation – paper complete and approved by Wellspect.
- Bowel pathology in the Adolescent – written and nearing completion.

Developing World Committee

- Systematic review completed, led by Sakineh Hajebrahimi, about "Prevalence of urinary incontinence in developing countries".
- ICS speakers attend the national meeting of developing countries.

The ICS Fistula Course is very popular among our membership and the international community interested in fistula and urinary incontinence in developing countries. The course attracts many trainees from different countries to join the 3-day training course which is a real hands-on workshop. The 10th Course will take place in March 2023.

Education Committee

- Created excellent ICS 2022 workshop programme & Early Career Session, designed in response to the recent tragic suicide of one of our most promising young members.
- Streamlined evaluation of educational content for workshops using new surveys
- ICS TV and online presence continues to blossom.
- Brand new podcast initiative already had 13,000 downloads.
- Started scheduling optional monthly meetings & mandatory quarterly meetings - allow for more timely response, more input from the entire committee and a venue for office to get things done efficiently.

Ethics Committee

- Yahir Santiago-Lastra lead efforts to update and reconceptualize the Ethics Committee Website. Future work will include adding an Ethics Community Section to the microsite where ICS members can raise ethical questions/concerns to the committee.

- Committee members Tamara Dickinson, Ina Elving, Yahir Santiago-Lastra, and Anne Suskind filmed a new video at ICS Vienna to promote the 2023 ICS Ethics Abstract Award.
- The committee voted to select the ICS Ethics Abstract Award for ICS Vienna 2022 to two participants, splitting the award to 250 Euros each.

Neurourology Promotion Committee

Continuing projects:
- 'Recommendations for IC and underdevelopment countries paper'
- MOOCS
- NUGI

Courses/ collaborative workshops during 2022:
- Lecture at Annual meeting of International Neurourology Society Jun 2022 in Innsbruck
- Tabriz Functional urology. Tabriz, Iran Aug 2022
- NUPC workshop at the annual ICS meeting in Sept 2022

The above took place as part of the 2022/2023 plan to hold 3-4 collaborative workshops with international societies.

Nursing Committee

- Joanne Dean spearheaded the Nursing Forum and workshop at ICS Vienna 2022.
- Committee focused on marketing including increasing nursing exposure with scheduled mailers.
- Committee Partnership Project: Podcast titled "Abstracts: Demystifying the process for nursing and physiotherapist success" created by Nursing and Physiotherapy Committees with hopes of more collaborative ventures in the future
- ICS Bowel Diary project completed

Current ongoing projects:
- Food and Fluids Intervention for Urinary and Faecal Incontinence
- LUTS/PFD Terminology Document

Physiotherapy Committee

- Marie-Pierre Cyr and Heidi Moossdorff-Steinhauser led the organisation of the Physiotherapy Forum 2022, did a great job despite dealing with a hybrid model and with many ICS transitions.
- Reviewing the APTA Academy of Pelvic Health course endorsement. APTA has not fully updated their terminology. This review has led to the committee looking at this process in general.

Scientific Committee

The number of abstracts received was an increase on the previous two years (although this remains lower than in the pre Covid era). We again extended the deadline by an extra week, which resulted in an increase in abstracts from 584 to 695, plus 61 Video abstracts.

We had the lowest abstract rejection rate this year which reflects the hard work over the year to make the process easier to comply with, and a final check asking the authors to review the abstract as it will appear, with a reminder of the rules.

Once again, the standard and uniformity of abstract marking continues to improve, and this was obvious on reviewing scoring from individual scorers. There continues to be a greater use of the entire score scale and a pleasing trend towards a Gaussian distribution. We invited the editorial board of Continence and Continence Reports to assist with the abstract reviewing and are grateful for their assistance.

Standardisation Steering Committee

- ICS Glossary: An online collation of 2068 terms/descriptors as of August 2022 (in 2021: 1455) from all ICS documents back to the year 2000, initiated by Bernie Haylen. Ongoing project with Bernie who also wishes to support the project in the future.
- Rebranding of ICS Wiki as ICS Terminology Discussion: with the online access provided by the Glossary. This is under the leadership of Sajjad Rahnama'i and Sarah Haag.
- Published papers:
    - ICS IUGA Joint Report on the Terminology for Female Obstetric Trauma (WG 20)
    - ICS Report on the Terminology for Sexual Health in Men with Lower Urinary Tract and Pelvic Floor Dysfunction (WG 22)
- Work continuing on six other reports. Introducing a new, streamlined process for ICS translations with web-based language translator using AI-technology. Pilot project complete with accuracy of content at approximately 99%.

The committee continue to work on updates to the ICS Glossary; an online collation of terms/descriptors from all ICS documents back to 2000. Features include: (i) access to all recent and past references for each term; (ii) instant copying of each reference; (iii) instant download of all reference documents; (iv) instant contribution to more extensive feedback via ICS Terminology Discussion; (v) instant short feedback to ICS Office. This provides the ultimate facility for terminology accessibility, exclusive to ICS.

Urodynamics Committee

- Ongoing teaching module 'Urodynamics in Patients with Myelomeningocele'. Paper is in the writing process.
- 3 New Assignments: UDS in Neobladder, Urethral Pressure Profilometry and Sensation (Urodynamic techniques - Advanced) Reporting during Cytometry (Member survey)
- ICS-validated Urodynamic Courses: renewal of three applications.
- Ongoing projects: The Urodynamics Book Project and Assessment of the Quality of the Urodynamic Charts.
- 2 Urodynamic workshops, not included in ICS 2022 programme, run as online courses after the annual meeting

Information Technology Department – Development Projects (2022)

ICS continues to evolve and adapt to the rapid change in technology and business environment in our sector. Innovation and technical skills keep us relevant and brings the "work smarter" ethos to everything we do at ICS.

<u>Covid-19 Global Pandemic</u>

Coming out of the lockdowns and travel restrictions in 2022, decisions for holding the meeting were deferred to the latest possible date to give maximum decision-making freedom to the Board. At the start of the year Austria where the Annual Meeting was planned was still in lockdown with severe

travel restrictions. By May this had opened up giving the green light for the first physical annual meeting since 2019 Gothenburg. With global effects still in effect in different regions, the decision was taken to have a hybrid meeting combining a physical in-person event with online streaming and delegate interaction.

Staff Changes

Avicia Burchill left in 2021, with her responsibilities for the annual meeting programme and education committee taken on by the IT Director. Rob Lewis left the team in Jan 2022, with a reduction in technical manpower and video content production responsibilities shared by the technical team.

ICS Office

A few months before the Annual meeting we were informed by our landlord that they were selling the building and ICS needed to move out of 19 Portland Square. This had a huge impact, requiring the IT team to migrate all on-premises IT infrastructure to the cloud and dismantle our servers and the ICS Studio and move out into storage and our staff back to remote working. This coincided with the busiest time of year in the run up to ICS 2022. Our previous projects migrating office and telephony systems to the cloud for remote working during Covid put us in good stead but migrating the remaining core systems in a short time frame was challenging. All corporate IT systems were successfully migrated to the cloud on schedule with the last day in the office the 21 September.

ICS 2022 Hybrid Meeting

With many delegates still unable to travel to ICS 2022 Vienna, a sophisticated hybrid meeting format was planned, with both online delegates and presenters as well as the in-person meeting in Vienna. This demanded new systems to support both online access to streamed content for delegates via the ICS website and remote presentations shown in the session halls to in-person delegates and also streamed to online delegates. Interactive feedback from online delegates was also required to allow them to ask questions during Q&A as well as the audience in the hall. ICS technical team streamed the entire event with multiple cameras and presentation feeds in each of the session halls.

ICS 2022 Hybrid Registration

Implement new per session registration API for real time workshop and goldpass sales / authentication for online delegate access.

ICS 2022 Education Committee Meeting (29 April & 1 May, Online)

Submission, Review, Programme Construction, Publication of Workshops for ICS 2022.

ICS 2022 Online Presentation Confirmation System

Allow presenters to confirm and change the status of their presentations from in-person to virtual zoom presentation.

ICS 2022 Scientific Committee Meeting (4-5 May, Online)

Hosted the 2-day ICS Scientific Committee Programme construction meeting, selecting the best abstracts for the ICS 2022 scientific programme. Submission, Review, Programme Construction, Publication of Abstracts for ICS 2022.

ICS Global Continence Network

A next generation, easily searchable database of worldwide continence organisations connecting our members with patients and professional societies. Members can easily register their local societies to appear on the website. Replaced legacy sitelinks system with the new “Global Continence Network” AngularJS platform.

Microsoft Azure “Front Door”

Securing the ICS website from increased hacking and bot attacks. Research system set up on the Azure “Front Door” platform, which was very effective, however the cost was prohibitive. Alternative measures were developed to reduce our exposure.

Workshop Submission changes 2022 for EC

Changes to the Workshop Submission Platform to assist the Education Committee to improve the information submitted and enhance the quality of review.

International Consultation on Incontinence - ICI7 Publication

Coordinated and managed the workflow of ICI7 chapter manuscripts to final typesetting, publication and sales. With 23 chapters from 22 committees and 226 authors this was a massive project published both as an ebook and print on demand in 21 volumes.

Google AngularJS → Angular, Next Generation ICS Platform / UX / Interface “Project Sonic”

With end of life of the Google AngularJS javascript programming language, a new “Angular” Design is planned for the latest evolution of the programming language. New Angular / Materials / Bootstrap interface for next gen apps for the ICS website. Initial research was completed.

ICS Podcasts 2022

Following the successful launch of ICS Podcasts, Season 2 was completed with the "Urodynamics Under the Lens" series of podcasts sponsored by Laborie.

ICS Masterclass

ICS Masterclass Webinar "Contemporary Management of Stress Incontinence" was held on 11 June 2022 with 16 Speakers, 4.5 hours live stream. This was a premiere event with paying delegates - ICS handled marketing and online registration for the event as well as hosting the webinar.

ICS Live

This popular format had numerous live streamed episodes covering a range of topics throughout the year by a range of global experts in the field.

Promotional Videos

Many promotional videos were produced in 2022 for our different marketing channels for ICS 2022 and ICS 2023 highlighting all aspects of the scientific programme, future meetings and abstract and workshop submission.

Zettle Payments

An alternative payment processor Zettle was integrated to allow payment links to be sent to members as an alternative to PayPal.

Financial Review

Results for the year

The consolidated results of the charity and its trading subsidiary, Conticom, showed net outgoing funds in the year of £235,807 (2021: net outgoing funds of £20,100) with closing consolidated funds of £944,728 (2021: £1,180,535).

Consolidated Income

Income in the year was from the Annual Meeting and trading of £567,119 (2021: £309,491), membership fees £209,327 (2021: £237,710), royalty income totalling £2,562 (2021: £56,060), donations of £31,565 (2021: £29,615), Educational activities totalling £4,564 (2021: £1,121) and interest from Investments of £381 (2021: £31)

With this funding the Charity has been able to finance: the staffing and technical costs of hosting the virtual meeting, educational activities, including awards, fellowships, courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the annual meeting, the membership of 2,859 and support for the two ICS journals. The majority of award costs were covered by an educational grant received from Pfizer.

The total loss of the trading subsidiary was £22,464 (2021: profit of £14,696).

Consolidated Expenditure

Expenditure in the year was on Educational Activities £263,513 (2021: £162,200), Annual Meeting expenditure £447,556 (2021: £294,794) and Publication and Membership £309,857 (2021: £202,950).

Annual Meeting

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will, under their current contract, continue in the role until 29 March 2024), by Conticom-ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The updated four year rotation policy involves a European meeting every other year, with the alternate years in a destination outside of Europe; on the provision that an adequate surplus is forecast. The meeting surplus continues to be the major income of the charity so must be protected. The ICS will continue to reach a range of countries through its educational course programme.

As requested by the membership, the table below shows an overview of the Annual Meeting income, expenditure and surplus.

	£	£	£	£	£
	2022	**2021**	**2020**	**2019**	**2018**
Sponsorship & exhibition	448,618	324,141	312,172	486,948	640,194
Registrations	464,622	183,695	118,088	774,086	601,770
Other income	86,521	15,589	673	116,298	80,442
Total income	999,761	523,425	430,933	1,377,332	1,322,406
Total expenditure	971,650	391,073	401,367	1,114,308	1,243,573
Surplus/(Deficit)	28,111	132,352	29,566	263,024	78,833
Surplus of which Conticom received including Scientific Services Fee	31,034	298,592	218,009	395,734	190,627

The variation in costs/expenditure for 2022 is due to the requirement for ICS to record a significant proportion of meeting registrations and costs in order to qualify for the Austrian VAT reduction.

Investment Performance

The charity's investment portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio fell by 3.88% in 2022, a loss of £30,399, which has been declared in the accounts as net losses on investments (2021: gain of £5,816).

£381 was received in interest from bank accounts and investments has been declared as income from investments for the year to 31 December 2022 (2021: £31).

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
   - Calculations are to be based on estimated future combined operating costs for the next two years.
   - These operating costs are to only take into account running costs not guaranteed to be financed by matching income.

b) Provide an element of contingency for unforeseen liabilities.
   - Which should be £100,000

c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £603,383 for 2023 and £619,254 for 2024, giving a total of £1,222,637 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,322,637 as at 31.12.2022.

As of 31st December 2022, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£944,728** (2021: £1,180,535); therefore below the level of reserves required by £377,909. The trading subsidiary continued to support the Charity in meeting its objectives.

The trustees acknowledge for 2022 the Charity will be under its reserve policy, which in part is due to the legacy of the COVID years. The Board is bringing in measures to increase current income and provide new income. The current reserves policy will be reviewed by the Board and amended if this is the agreement. In the interim all costs will be restrained. Costs and activities of the ICS will be reviewed steadily in line with ICS strategy and objectives.

Plans for Future Periods

ICS Annual Meeting 2023

Annual Meeting Chair: Magdy Hassouna
Local Scientific Programme Chairs: Jerzy Gajewski, Nucelio Lemos

The 53rd Annual Meeting of the ICS will take place at the Metro Toronto Convention Centre in Toronto, Canada. This will be the first solely in-person ICS annual meeting since ICS 2019 in Gothenburg.

Future Meetings

ICS 2024: Madrid, Spain. Honorary Meeting Chair: Pedro Hernandez. Co- Honorary Meeting Chair: Carmen Gonzalez Enguita
ICS 2025: Destination decision pending
ICS 2026: Maastricht, Netherlands. Honorary Meeting Chair: Gommert Van Koeveringe
ICS 2027: Florence, Italy. Honorary Meeting Chair: Enrico Finazzi Agro

ICS Strategic Plan

The Board will review and update the ICS strategic goals in order to direct ICS resources to the most important areas of work for the financial sustainability of the charity, and in order to achieve societal goals for the charity's mission to deliver public benefit.

Governance review

The Board will commission an external review of governance within ICS. Priority actions will be addressed in year, with a plan developed to implement the wider recommendations.

ICS Journals

The Board will expand on actions to establish and grow the ICS journals. An application will be submitted for PubMed accreditation of the journals. An important milestone for the journals.

ICS Standards 2022/2023

The successful ICS Standards, a comprehensive e-publication bringing together many of the major initiatives of the ICS, publication will be reviewed and updated for 2023. This will ensure that core ICS publications are collated and easier accessible, therefore disseminating the important information more readily.

ICS COMMITTEES

Standardisation Steering Committee
The Standardisation Steering Committee (SSC) will continue to work on and develop key terminology documents:

- ICS Report on the Terminology for Male Anorectal Dysfunction (WG 14)
- Terminology Discussions project

The committee are also continuing with the translation project for the ICS reports and glossary using a web-based language translator. This will considerably speed up the process of translating ICS reports.

Education Committee
The Education Committee will continue to focus on developing Masterclasses during 2023 and onwards. Another priority being the set-up of new observerships, funded by industry partners. As part of the observerships focus, the committee plan to review host centres.

Information Technology Department – Future Plans (for 2023)

ICI 7 Book Sales
Launch the ICI7 Book with promotions and sales facilitated by the ICS website ecommerce and digital download platforms. Upgrade shop to allow differential pricing for members on products.

Home Page Revamp
New designs and layouts for key ICS.ORG / ICS Members / ICS 2023 homepages to give direct navigation to essential actions and enhance the user experience for members and delegates.

Committee Member Renewal / Disclosure Reminder Automation
Automate emails sent at the start of the year to committee members for membership renewal and online conflict of interest disclosures to comply with committee membership Bylaws. This will reduce the administration overhead significantly.

Visa Invitation Automation
Create an online platform to allow abstract authors/delegates to download an invitation letter as PDF on behalf of ICS to enable them to make early Visa applications to ICS 2023 (Canadian visas can take a long time).

Google Analytics GA4
With Google's Universal Analytics retiring in September 2023 ICS plans to migrate to the new GA4 platform. This essential tool gives information on usage of the ICS website identifying opportunities, measuring goals and performance of the ICS website. The new platform promises better understanding of our users and is essential to migrate before the current platform goes offline.

ShortUrls Admin

New generation editor to allow staff to manage shortcut urls to redirect from short friendly urls to deep links in the website.

Memory Cache Admin
New generation website for memory cache administration so staff can investigate content stored in memory cache on the website and remove keys – high performance search to cope with vast increase in use of this system.

YouTube to Vimeo Automation
New backend automation processes to automatically download all ICS TV videos from our YouTube channel, reupload them to our Vimeo channel and also to our new cloud-based corporate storage for archival backup of all ICS content and intellectual property.

WorldPay Alternative Payment Processor
With card fraud increasing globally and additional banking security making taking card payments ever more challenging, implementing a new alternative payment processor will assist members who require an alternative method for card payment.

Contact Us
Reviewing the options to contact ICS to make it easier for members to contact the person directly without everything going to a global mailbox address. This will cut down the administration required and put members in touch with the right person directly.

Late Breaking Abstracts
New processes to allow the very latest high impact research to be presented at the annual meeting after the normal on-time abstract process.

Online Education
New series of ICS Masterclass, ICS Live and ICS Podcasts to cover the latest hot topics in Continence.

Approved by the Trustees and signed on their behalf by:

Steven Schraffordt-Koops
Treasurer
Date

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

I report to the charity trustees on my examination of the accounts of company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities

I have no concerns, other than the matter set out below, and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Matthew Bracher FCA
Institute of Chartered Accountants in England and Wales
For and on behalf of Haines Watts Bristol Limited
Bath House
6-8 Bath Street
Bristol
BS1 6HL

Date:

THE INTERNATIONAL CONTINENCE SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2022

	Notes	**Unrestricted Year ended 31.12.22**	**Restricted Year ended 31.12.22**	**Total Year ended 31.12.22**	Unrestricted Year ended 31.12.21	Restricted Year ended 31.12.21	Total Year ended 31.12.21
		£	**£**	**£**	£	£	£
Income from:							
Donations and legacies	2	**15,352**	**16,213**	**31,565**	15,135	14,480	29,615
Investments	3	**381**	**-**	**381**	31	-	31
Charitable activities:							
Annual meeting	5	**512,128**	**-**	**512,128**	-	-	-
Distribution from trading subsidiary							
Subscription and royalties	4	**211,889**	**-**	**211,889**	293,770	-	293,770
Educational activities	6	**4,564**	**-**	**4,564**	1,121	-	1,121
Total income		**744,314**	**16,213**	**760,527**	310,057	14,480	324,537
Expenditure on:							
Charitable activities:							
Educational activities	7	**255,349**	**8,164**	**263,513**	145,823	16,377	162,200
Publication and membership	7	**309,857**	**-**	**309,857**	202,950	-	202,950
Annual meeting	7	**370,101**	**-**	**370,101**			
Total expenditure		**935,307**	**8,164**	**943,471**	348,773	16,377	365,150
Net gain/(losses) on investments	14	**(30,399)**	**-**	**(30,399)**	5,816	-	5,816
Net income/(expenditure) and movement in funds		**(221,392)**	**8,049**	**(213,343)**	(32,900)	(1,897)	(34,797)
Reconciliation of funds:							
Fund balances brought forward		**1,183,416**	**9,173**	**1,192,589**	1,216,316	11,070	1,227,386
Fund balances carried forward		**962,024**	**17,222**	**979,246**	1,183,416	9,173	1,192,589

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2022

	Notes	**Unrestricted Year ended 31.12.22**	**Restricted Year ended 31.12.22**	**Total Year ended 31.12.22**	Unrestricted Year ended 31.12.21	Restricted Year ended 31.12.21	Total Year ended 31.12.21
		£	**£**	**£**	£	£	£
Income from:							
Donations and legacies	2	**15,352**	**16,213**	**31,565**	15,135	14,480	29,615
Investments	3	**381**	**-**	**381**	31	-	31
Charitable activities:							
Annual meeting and trading	5	**567,119**	**-**	**567,119**	309,491	-	309,491
Subscription and royalties	4	**211,889**	**-**	**211,889**	293,770	-	293,770
Educational activities	6	**4,564**	**-**	**4,564**	1,121	-	1,121
Total income		**799,305**	**16,213**	**815,518**	619,548	14,480	634,028
Expenditure on:							
Charitable activities:							
Educational activities	7	**255,349**	**8,164**	**263,513**	145,823	16,377	162,200
Publication and membership	7	**309,857**	**-**	**309,857**	202,950	-	202,950
Annual meeting	7	**447,556**	**-**	**447,556**	294,794	-	294,794
Total expenditure		**1,012,762**	**8,164**	**1,020,926**	643,567	16,377	659,944
Net gains/(losses) on investments	14	**(30,399)**	**-**	**(30,399)**	5,816	-	5,816
Net income/(expenditure) and movement in funds		**(243,856)**	**8,049**	**(235,807)**	(18,203)	(1,897)	(20,100)
Reconciliation of funds:							
Fund balances brought forward		**1,171,362**	**9,173**	**1,180,535**	1,189,565	11,070	1,200,635
Fund balances carried forward		**927,506**	**17,222**	**944,728**	1,171,362	9,173	1,180,535

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2022

		2022		2021	
	Notes	**£**	**£**	£	£
FIXED ASSETS:					
Intangible assets	12		**1,399**		1,554
Investments	14		**754,014**		784,412
			755,413		785,966
CURRENT ASSETS:					
Debtors	15	**99,335**		205,337	
Cash at bank and in hand		**174,143**		295,883	
		273,478		501,220	
CREDITORS: Amounts falling due within one year	16	**(49,645)**		(94,597)	
NET CURRENT ASSETS:			**223,833**		406,623
TOTAL ASSETS LESS CURRENT LIABILITIES:			**979,246**		1,192,589
FUNDS:					
Unrestricted funds	18		**962,024**		1,183,416
Restricted funds	18		**17,222**		9,173
			979,246		1,192,589

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on …….. and were signed on their behalf by:

Dr S Schraffordt Koops - TREASURER

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2022

		2022		2021	
	Notes	**£**	**£**	£	£
FIXED ASSETS:					
Intangible assets	12		**1,399**		1,554
Tangible assets	13		**5,578**		3,951
Investments	14		**754,013**		784,412
			760,990		789,917
CURRENT ASSETS:					
Debtors	15	**37,885**		208,322	
Cash at bank and in hand		**221,898**		313,665	
		259,783		521,987	
CREDITORS: Amounts falling due within one year	16	**(76,045)**		(131,369)	
NET CURRENT ASSETS:			**183,738**		390,618
TOTAL ASSETS LESS CURRENT LIABILITIES:			**944,728**		1,180,535
FUNDS:					
Unrestricted funds	19		**927,506**		1,171,362
Restricted funds	19		**17,222**		9,173
			944,728		1,180,535

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on …….. and were signed on their behalf by:

Dr S Schraffordt Koops - TREASURER

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR ENDING 31 DECEMBER 2022

	Notes	**Charity 2022 £**	Charity 2021 £	**Group 2022 £**	Group 2021 £
Cash flows from operating activities:					
Net cash provided by (used in) operating activities	1	**(122,121)**	(84,168)	**(86,467)**	(123,047)
Cash flows from investing activities:					
Interest income		**381**	31	**381**	31
Purchase of property, plant and equipment		**-**	-	**(5,681)**	(528)
Disposal of property, plant and equipment		**-**	-	**-**	-
Purchase of investments		**-**	-	**-**	-
Net cash provided by (used in) investing activities		**381**	31	**(5,300)**	(497)
Change in cash and cash equivalents in the reporting period	2	**(121,740)**	(84,137)	**(91,767)**	(123,544)
Cash and cash equivalents at the beginning of the reporting period		**295,883**	380,020	**313,665**	437,209
Cash and cash equivalents at the end of the reporting period		**174,143**	295,883	**221,898**	313,665

NOTES TO CASH FLOWS:

1. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Charity 2022 £	Charity 2021 £	**Group 2022 £**	Group 2021 £
Net movement in funds	**(213,343)**	(34,797)	**(235,807)**	(20,100)
Add back depreciation/amortisation charge	**155**	155	**4,209**	6,807
Deduct interest income shown in investing activities	**(381)**	(31)	**(381)**	(31)
Deduct/add net (gain)/loss on investments	**30,399**	(5,816)	**30,399**	(5,816)
Decrease (increase) in debtors	**106,001**	(78,947)	**170,437**	(138,983)
Increase (decrease) in creditors	**(44,952)**	35,268	**(55,324)**	35,076
Net cash (used)/gained in/from operating activities	**(122,121)**	(84,168)	**(86,467)**	(123,047)

NOTES TO CASH FLOWS – continued:

2. ANALYSIS OF CHANGES IN NET FUNDS - CHARITY

	At 1.1.22 £	Cash flow £	At 31.12.22 £
Net cash			
Cash at bank and in hand	**295,883**	**(121,740)**	**174,143**
	295,883	**(121,740)**	**174,143**

ANALYSIS OF CHANGES IN NET FUNDS - GROUP

	At 1.1.22 £	Cash flow £	At 31.12.22 £
Net cash			
Cash at bank and in hand	**313,665**	**(91,767)**	**221,898**
	313,665	**(91,767)**	**221,898**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The International Continence Society is a company limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity constitutes a public benefit entity as defined by FRS 102. The address of the registered office and place of business is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is a membership society for professionals working in the field of incontinence.

The principal accounting policies adopted by the charity in drawing up its financial statements are as follows:

(a) Income

All incoming resources are including in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that income will be received. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

For donations to be recognised, the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

(b) Group Accounts

The results of Conticom-ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities, the Balance Sheet and The Statement of Cashflows.

(c) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

1. **ACCOUNTING POLICIES - continued**

(d) Investment assets

The investment in the subsidiary is stated at cost. Listed investments held for the continuing benefit of the charity and are treated as fixed assets and are valued at fair value at the balance sheet date.

(e) Expenditure

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with educational activities, together with publication and membership, and include both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions the assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 7.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

(f) Intangible Assets

The domain name is stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

The domain name is being amortised evenly over 20 years.

(g) Tangible Fixed Assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	-25% on cost
Computer equipment	-33% on reducing balance

(h) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

(i) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

(j) Pension costs

The charity operates a defined pension contribution scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

1. **ACCOUNTING POLICIES - continued**

(l) Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

Basic financial assets

Basic financial assets, which include trade and other debtors, amounts due from group undertakings and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost. Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including trade and other creditors and amounts due to group undertakings are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method. Financial liabilities are derecognised when, and only when, the charity's contractual obligations are discharged, cancelled, or they expire.

(m) Short term liquid investments and cash

Cash at bank is held to meet short-term cash commitments as they fall due rather than for investment purposes and includes all cash equivalents held in the form of short-term highly liquid investments. Cash equivalents are short-term, highly liquid investments that are readily convertible to known amounts of cash and that are subject to an insignificant risk of changes in value.

2. INCOME FROM DONATIONS AND LEGACIES

	Charity		Group	
	2022	2021	**2022**	2021
	£	£	**£**	£
Other donors	**120**	10	**120**	10
Grants – Pfizer grant	**16,213**	14,480	**16,213**	14,480
Grants, including EU Tech Project	**15,232**	15,125	**15,232**	15,125
	31,565	29,615	**31,565**	29,615

3. INCOME FROM INVESTMENTS

	Charity		Group	
	2022	2021	**2022**	2021
	£	£	**£**	£
Interest receivable	**381**	31	**381**	31
	381	31	**381**	31

4. INCOME FROM SUBSCRIPTIONS AND ROYALTIES

	Charity & Group	
	2022	2021
	£	£
Subscription Income:		
Deferred balance brought forward	**3,922**	8,670
Membership income received during the year	**212,530**	232,962
Deferred balance carried forward	**(7,125)**	(3,922)
	209,327	237,710
Royalty income on subscriptions	**2,562**	56,060
	211,889	293,770

5. ANNUAL MEETING

	Charity		Group	
	2022	2021	**2022**	2021
	£	£	**£**	£
Annual meeting income	**512,128**	-	**512,128**	-
	512,128	-	**512,128**	-

6. INCOME FROM EDUCATIONAL ACTIVITES

	Charity & Group	
	2022	2021
	£	£
Other income	**4,564**	1,121
	4,564	1,121

7. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities	**Publication & Membership**	**Annual meeting**	**Total 2022**	Total 2021
	£	**£**	**£**	**£**	£
Annual meeting expenses	-	**-**	**370,101**	**370,101**	**-**
Journal and other membership costs	**-**	**1,131**	**-**	**1,131**	45,718
Travel and subsistence costs	**1,444**	**1,444**	**-**	**2,888**	-
Advertising and promotional events	**179**	-	-	**179**	146
Publication committee costs	**8,500**	**-**	**-**	**8,500**	26
Education committee costs	**-**	**-**	**-**	**-**	9,841
Awards, grants and fellowships	**10,664**	-	-	**10,664**	16,329
Educational activity costs	**1,053**	-	-	**1,053**	-
Printing and postage costs	**303**	**303**	**-**	**606**	48
Staff costs	**168,710**	**234,321**	**-**	**403,031**	213,614
Finance costs	**3,561**	**3,561**	**-**	**7,122**	10,658
Foreign exchange loss/(gain)	**-**	**-**	**-**	**-**	(596)
Trustees' board costs	**3,345**	**3,345**	**-**	**6,690**	-
Support costs (see note 8)	**27,204**	**27,203**	**-**	**54,407**	27,126
Governance costs (see note 8)	**38,550**	**38,549**	**-**	**77,099**	42,240
Charity total	**263,513**	**309,857**	**370,101**	**943,471**	365,150
Annual meeting expenses	**-**	**-**	**77,455**	**77,455**	294,794
Books and merchandising	-	-	-	-	-
Group total	**263,513**	**309,857**	**447,556**	**1,020,926**	659,944

8. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS

	Educational Activities Costs	Publication & Membership Costs	Total 2022	Charity & Group Total 2021
	£	£	£	£
Support costs:				
Phone	**6,488**	**6,487**	**12,975**	11,209
Insurance	**512**	**512**	**1,024**	968
Rent, rates, light and heat	**7,043**	**7,042**	**14,085**	9,418
Sundry	**13,084**	**13,084**	**26,168**	5,376
Amortisation	**77**	**78**	**155**	155
	27,204	**27,203**	**54,407**	27,126
Governance costs:				
Trustees' board costs	**87**	**86**	**173**	-
Indemnity insurance	**135**	**134**	**269**	268
Staff costs	**25,861**	**25,862**	**51,723**	24,528
Independent examiner's fee (see note 11)	**5,400**	**5,400**	**10,800**	6,600
Legal and professional	**7,067**	**7,067**	**14,134**	10,844
	38,550	**38,549**	**77,099**	42,240

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2021: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group		Charity & Group	
	2022	2021	**2022**	2021
	Number	Number	**£**	£
Travel and meeting expenses	**11**	1	**4,020**	2,251

10. STAFF COSTS

	Charity		Group	
	2022	2021	**2022**	2021
	£	£	**£**	£
Wages and salaries	**364,651**	193,715	**364,651**	387,430
National insurance contributions	**38,666**	19,571	**38,666**	39,142
Pension contributions	**46,817**	24,856	**46,817**	49,712
Recruitment and training	**4,620**	-	**4,620**	-
	454,754	238,142	**454,754**	476,284

Two employees earned more than £60,000 during the year.

10. STAFF COSTS - continued

The average monthly number of employees during the year were as follows:

	Charity		Group	
	2022	2021	**2022**	2021
	Number	Number	**Number**	Number
Governance	**4.7**	0.3	**4.7**	0.3
Educational activities	**3.7**	1.79	**3.7**	1.95
Publication and membership	**0.6**	2.09	**0.6**	2.25
Meeting co-ordinators	-	-	-	4.18
	9	4.18	**9**	8.68

The key management personnel of the group and the charity comprise the trustees, the administrative director and the I.T. director. The total employee benefits of the key management personnel of the group were £190,030 (2021: £179,536).

11. INDEPENDENT EXAMINER'S REMUNERATION

The independent examiner's remuneration consists of the following:

	Charity		Group	
	2022	2021	**2022**	2021
	£	£	**£**	£
For independent examination	**2,550**	1,680	**2,550**	1,680
For accounting services	**4,650**	3,120	**7,450**	7,120
For preparation of consolidated accounts	**2,750**	1,800	**2,750**	1,800
For general advice, meetings & other services	**850**	-	**850**	-
	10,800	6,600	**13,600**	10,600

12. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
COST		
At 1 January 2022	**3,106**	**3,106**
At 31 December 2022	**3,106**	**3,106**
AMORTISATION		
At 1 January 2022	**1,552**	**1,552**
Charge for year	**155**	**155**
At 31 December 2022	**1,707**	**1,707**
NET BOOK VALUE		
At 31 December 2022	**1,399**	**1,399**
At 31 December 2021	1,554	1,554

13. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Total
	£	**£**	**£**
COST:			
At 1 January 2022	**13,052**	**59,921**	**72,973**
Additions	**-**	**5,681**	**5,681**
Disposals	-	**(4,360)**	**(4,360)**
At 31 December 2022	**13,052**	**61,242**	**74,294**
DEPRECIATION			
At 1 January 2022	**11,791**	**57,231**	**69,022**
Charge for year	**515**	**3,539**	**4,054**
Eliminated on disposal	**-**	**(4,360)**	**(4,360)**
At 31 December 2022	**12,306**	**56,410**	**68,716**
NET BOOK VALUE:			
At 31 December 2022	**746**	**4,832**	**5,578**
At 31 December 2021	1,261	2,690	3,951

14. CHARITY FIXED ASSET INVESTMENTS

	£
COST OR VALUATION:	
At 1 January 2022	**784,412**
Increase in market value of investments	**(30,399)**
At 31 December 2022	**754,013**
NET BOOK VALUE:	
At 31 December 2022	**754,013**
At 31 December 2021	784,412

	2022	2021
	£	£
Listed investments	**754,013**	784,411
Unlisted investments	**1**	1
Total investments	**754,014**	784,412

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited
Company number: 03687688
Country of incorporation: England & Wales
Nature of business: Conference facilitator

Class of shares: Ordinary – 100% holding

	2022	2021
	£	£
Aggregate capital and reserves	**(34,518)**	(12,054)
Profit/(loss) for the year	**(22,464)**	14,696

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	**54,889**
Trading income	**-**
	54,889
Cost of sales	**(18,604)**
Gross profit	**36,285**
Other income	**102**
Administrative expenses	**(51,495)**
Operating profit/(loss)	**(15,108)**
Finance costs and depreciation	**(7,356)**
Net income/(expenditure)	**(22,464)**
Retained profit for the year	**(22,464)**
Retained profit brought forward	**(12,054)**
Retained profit/(loss)carried forward	**(34,518)**
Assets	**55,403**
Liabilities	**(89,921)**

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2022	2021	**2022**	2021
	£	£	**£**	£
Trade debtors	**57**	-	**57**	129,431
Prepayments and accrued income	**33,543**	64,127	**35,614**	78,891
Amounts due from group undertaking	**63,521**	141,210	**-**	-
Other debtors	**2,214**	-	**2,214**	-
	99,335	205,337	**37,885**	208,322

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2022	2021	**2022**	2021
	£	£	**£**	£
Trade creditors	**1,388**	45,875	**2,269**	46,685
Other creditors	**-**	-	**2,404**	2,181
Social security and other taxes	**15,633**	-	**15,633**	14,765
Accruals and deferred income	**32,624**	48,722	**55,630**	66,742
VAT	-	-	**109**	996
	49,645	94,597	**76,045**	131,369

17. FINANCIAL COMMITMENTS

Total financial commitments, guarantees and contingencies for the charity which are not included in the balance sheet amount to £Nil (2021 - £6,575).

Total financial commitments, guarantees and contingencies undertaken as a group, which are not included in the balance sheet amount to £Nil (2021 - £13,149).

18. **STATEMENT OF FUNDS**

	At 01 January 2022 £	Income £	Expenditure £	Gains on Investments £	At 31 December 2022 £
Unrestricted funds:					
General fund	**1,183,416**	**744,314**	**(935,307)**	**(30,399)**	**962,024**
Total unrestricted funds	**1,183,416**	**744,314**	**(935,307)**	**(30,399)**	**962,024**
Restricted funds:					
Laborie Fellowship fund	**8**	**-**	**1,830**	**-**	**1,838**
Continence Promotion Committee fund	**7,824**	**-**	**-**	**-**	**7,824**
3rd World Fistula work	**500**	**-**	**-**	**-**	**500**
Pfizer grant	**841**	**16,213**	**(9,994)**	**-**	**7,060**
Total restricted funds	**9,173**	**16,213**	**(8,164)**	**-**	**17,222**
Total charity funds	**1,192,589**	**760,527**	**(943,471)**	**-**	**979,246**
Subsidiary funds (unrestricted)	**(12,054)**	**54,991**	**(77,455)**	**-**	**(34,518)**
Intercompany adjustment	**-**	**-**	**-**	**-**	**-**
Total consolidated funds	**1,180,535**	**815,518**	**(1,020,926)**	**(30,399)**	**944,728**

STATEMENT OF FUNDS - comparatives

	At 01 January 2021 £	Income £	Expenditure £	Losses on Investments £	At 31 December 2021 £
Unrestricted funds:					
General fund	1,216,316	310,057	(348,773)	5,816	1,183,416
Total unrestricted funds	1,216,316	310,057	(348,773)	5,816	1,183,416
Restricted funds:					
Laborie Fellowship fund	8	-	-	-	8
Continence Promotion Committee fund	7,824	-	-	-	7,824
3rd World Fistula work	500	-	-	-	500
Pfizer grant	2,738	14,480	(16,377)	-	841
Total restricted funds	11,070	14,480	(16,377)	-	9,173
Total charity funds	1,227,386	324,537	(365,150)	5,816	1,192,589
Subsidiary funds (unrestricted)	(26,751)	309,491	(294,794)	-	(12,054)
Intercompany adjustment	-	-	-	-	-
Total consolidated funds	1,200,635	634,028	(659,944)	5,816	1,180,535

18. **STATEMENT OF FUNDS - continued**

General fund (unrestricted)
This fund represents the free funds of the charity, which are not designated for particular purposes.

Laborie Fellowship fund (restricted)
The Laborie Fellowship fund relates to a 3 year fellowship programme for an eligible member. Grants are received each year to support funding of the programme.

Continence Promotion Committee Fund (restricted)
The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee.

3rd World Fistula work (restricted)
This fund relates to a restricted donation received in November 2012 to fund 3rd world Fitsula work.

Pfizer grant (restricted)
This fund relates to a Pfizer grant received each year to fund international scholarships.

Fistula course fund (restricted)
This fund relates to a grant received during the year to support the Fistula repair course held in Sudan.

19. **ANALYSIS OF NET FUNDS BETWEEN FUNDS**

CHARITY	**Restricted Funds £**	**Unrestricted Funds £**	**Total Funds £**
Fund Balances at 31 December 2022 are represented by:			
Fixed assets	**-**	**755,413**	**755,413**
Current assets	**25,386**	**248,092**	**273,478**
Current liabilities	**(8,164)**	**(41,481)**	**(49,645)**
Total Net Assets	**17,222**	**962,024**	**979,246**

GROUP	**Restricted Funds £**	**Unrestricted Funds £**	**Total Funds £**
Fund Balances at 31 December 2022 are represented by:			
Fixed assets	**-**	**760,990**	**760,990**
Current assets	**25,386**	**234,397**	**259,783**
Current liabilities	**(8,164)**	**(67,881)**	**(76,045)**
Total Net Assets	**17,222**	**927,506**	**944,728**

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS – comparatives

CHARITY	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2021 are represented by:			
Fixed assets	-	785,966	785,966
Current assets	25,550	475,670	501,220
Current liabilities	(16,377)	(78,220)	(94,597)
Total Net Assets	9,173	1,183,416	1,192,589

GROUP	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2021 are represented by:			
Fixed assets	-	789,917	789,917
Current assets	25,550	496,437	521,987
Current liabilities	(16,377)	(114,992)	(131,369)
Total Net Assets	9,173	1,171,362	1,180,535

20. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £46,816 (2021: £49,712) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2021 - £Nil) as at 31 December 2022.

21. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

22. RELATED PARTY TRANSACTIONS

There are no related party transactions that require disclosure (2021 - £Nil) as at 31 December 2022.

THE INTERNATIONAL CONTINENCE SOCIETY

England & Wales - Charity number 1074929

Accounts

TRUSTEES' ANNUAL REPORT

AND

INDEPENDENTLY EXAMINED CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

FOR

THE INTERNATIONAL CONTINENCE SOCIETY

THE INTERNATIONAL CONTINENCE SOCIETY

CONTENTS OF THE TRUSTEES' ANNUAL REPORT & INDEPENDENTLY EXAMINED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

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International Continence Society
www.ics.org info@ics.org +44(0)117 944 4881

Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	Bath House, 6-8 Bath Street, Bristol, BS1 6HL,
Correspondence Address	19 Portland Square, Bristol, BS2 8SJ
E-mail	info@ics.org
Website	www.ics.org
Telephone	+44 (0) 117 944 4881
General Secretary appointed	David Castro Diaz, 3 year term began 05/09/19
General Secretary-Elect appointed	John Heesakkers, 1 year term began 20/10/21
Treasurer appointed	John Heesakkers, 3 year term began 05/09/19
Trustees appointed 2021	Frankie Bates, 3 year term began 20/10/2021
Trustees appointed 2020	Marcus Drake (reappointed for a 3 year term), Lori Birder, Manjula Annappa, Enrico Finazzi Agro (3 year term)
Trustee appointed 2019	Philip Van Kerrebroeck
Trustee terms concluded 2021	Cristina Naranjo-Ortiz
Company Secretary	Daniel Snowdon (appointed 14/01/2011)
Independent Examiner	M Bracher of Haines Watts, Bath House, 6-8 Bath Street, Bristol BS1 6HL
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA
Investment Managers	Crystal Wealth Management LLP

Staff

Daniel Snowdon	Executive Director
Dominic Turner	I.T. Director
Avicia Burchill	Projects and Events Manager – part time
Ashley Brookes	Senior Analyst Programmer
Roger Blackmore	Flash Developer/Graphics Designer
Robert Lewis	Video Editor / Post Production Assistant
Jennifer Ellis	Projects and Events Coordinator
Tracy Griffin	Administrator and Membership Secretary – part time
Beth Clement	Administrator (left employment 14 May 2022)
Sarah Ashworth	Bookkeeper - self-employed
Sarah Waters	Bookkeeper - self-employed

ICS Honorary Members

Peter Caldwell	(Deceased)	Patrick Bates		Pieter Donker	(Deceased)
Peter Gammelgaard	(Deceased)	Eric Glen		Axel Ingelman-Sundberg	(Deceased)
Guus Kramer		David Rowan	(Deceased)	Paul Abrams	
Walter Artibani		Jacques Corcos		Jo Laycock	
Sender Herschorn		Karl-Erik Andersson		Adrian Wagg	

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement
The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

The trustees have had regard to Charity Commission guidance on public benefit. Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the majority of the ICS website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, news articles and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The key objectives for 2021 were to hold a successful annual meeting in Melbourne (later changed to an online meeting due to the pandemic, but still holding a significant Australian presence) to maintain

the ICS membership at 3,000 or more members, to review and implement a revised investment strategy, and to enable more accessible educational content for our global membership. Due to the pandemic a physical meeting was not possible and so a second virtual meeting was organised instead.

Strategic efforts will continue to advance the educational output of the ICS, mainly through the implementation of ICS Live, ICS TV, e-learning and the continued update and production of ICS standardisation reports. The financial planning and controls for the society will continue to be reviewed to ensure strategies are fit for purpose.

History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the ICS was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of over 3,000 from 70 different countries covering many disciplines: physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and basic scientists. The founding members agreed that the ICS should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 2,000 delegates from all corners of the globe, before the pandemic took effect.

Structure, Governance and Management

Board of Trustees

The ICS Board of Trustees is required to meet twice a year and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership.

Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the company are also charity trustees for the purposes of charity law. As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Executive Director and the IT Director. The Executive Director is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS, as well as the review and approval of administrative procedures implemented by the Executive Director.

ICS Committees 2021

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children and Young Adults' Committee
- ICS Developing World Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Meetings Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Meetings Committee where the General Secretary is always the Chair). Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the

risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (John Heesakkers). In conjunction with the Executive Director and the ICS Accountants (Haines Watts Accountants [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities. Please note the further comment on reserves in the financial review section on page 14.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. This was particularly felt during 2020 due to the COVID-19 pandemic. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event. A risk reduction has been realised through the agreement to host every other annual meeting in Europe. This continent offers the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded.

Although all efforts are made to ensure the administration of the ICS could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Executive Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and accountants are fully aware of the current status and systems used and could take over from the Executive Director in this regard in an emergency. A selected group of the Trustees and the Executive Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director has documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- Following a strategic Board review meeting in February 2017 the trustees agreed the primary strategic aim for 2017 – 2022 is for the ICS "to be the global home of science and clinical education for LUTS, Incontinence and Pelvic Floor Disorders".

- To host a successful Annual Scientific Meeting resulting in a surplus, and a high quality educational event which will continue to secure the status of the ICS as the premier international multidisciplinary conference on continence.
- To set up and develop new strategic partnerships with individuals and organisations.
- To maintain the ICS membership at 3,000 or more members.
- To enable more accessible educational content for our global membership.
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.

Executive Summary

The ICS continued to be challenged by the COVID-19 pandemic which first began in February 2020. The implications for the ICS annual meeting and educational courses were again greatly uncertain. The Board acted decisively in March 2021 to change the ICS Annual Meeting to an online event (previously to be held in Melbourne). The Board decided that an early decision was important in order to give the online meeting the very best chance of success and to limit the risk put on the society from attempting to hold a physical meeting in Australia with all of the uncertainty caused by the pandemic. The Board also took consideration that a cancelled meeting would mean all faculty being unable to present their valued content.

The Board's decision was prudent as at the time of planned live meeting it was not possible to hold a live meeting in Melbourne, so significant losses were avoided. The online meeting was highly successful and brought in 400 more attendees (1,644) than virtual ICS 2020.

ICS continued the educational product for the membership and global community in the form of 'ICS Live'. This involved ICS faculty presenting online with the opportunity for viewers to interact live with the presenters. A range of content was covered, with any related to COVID being streamed as free for all. All content remains available on the ICS website with more ICS Live events planned for 2022.

The ICS again exceeded 3,000 members, with a total of 3144 members for 2021. This continues to meet a strategic aim to consolidate and sustain a core ICS membership of 3,000 or more.

In financial terms the charity closed the year in with a small deficit position, which is regarded as a success given that no live annual meeting was possible. This speaks to the success of the online meeting and the support of the ICS community and membership. The year-end reserves ensure the ongoing financial health of the charity for the foreseeable future. The Board limit the financial risk of low ICS annual meeting income by ensuring that ICS is in Europe in alternate years. Other income generation projects are under consideration in order to further diversify the income of the Charity.

Achievements and Performance

ICS Annual Scientific Meeting 2021

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 51st Annual Meeting of the ICS again took place online due to the COVID-19 pandemic. The meeting was attended by 1,640 delegates. This was above expectations and was nearly 400 higher

than for ICS 2020, so is taken as a very strong attendance for a virtual meeting. The diversity of delegates, with over 60 countries represented, proved the international appeal of ICS meetings.

The Scientific Committee continued the strategy of providing programme 'tracks' to ensure that delegates would always have some content of interest or relevance at any point in the programme.

Our full thanks go to Helen O'Connell (Meeting Chair), Chris Maher (Co-Meeting Chair), Anna Rosamilia and Vincent Tse (Local Scientific Programme Chairs), Rowan Cockerell (CEO, Continence Foundation of Australia) and the whole ICS 2021 local organising committee for their dedicated efforts and commitment. This was proven with close to 25% of attendees coming from Australia. Evaluation scores were highly positive in all categories. Thanks are also due to the ICS office staff, ICS committees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS each year where a surplus has been made.

Awards and Fellowships

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered 3 Urodynamics and 2 Neurourology fellowships, with the funds provided through an educational grant from Pfizer. The reviewers emphasised awarding persons from less developed countries, although worthy candidates from more developed countries were also included.

Educational Courses 2021

In the setting of the pandemic the ICS was able to offer faculty to several educational events around the world using online platforms. The hosts have enjoyed a variety of speakers, some of whom would have not been able to attend their event due to availability and cost. We have also received requests from new hosts which may have been a result of the launch of the new online application and associated marketing.

Educational Courses held in 2021 are outlined below.

Course	Location	Date	Speaker(s)
Masterclass on High-Risk Neurogenic Bladder by the Vattikuti Foundation	Online	March	Sanjay Sinha, India (Lead) Rizwan Hamid, Enrico Finazzi-Agro
Iranian Urological Association (IUA) Congress 2021	Online	May	David Castro-Diaz, Salvador Arlandis Philip Van Kerrebroeck
III PELVIC FLOOR WEEK	Online	May	Cristiane Carboni
ALAPP	Online	May	Adrian Wagg confirmed – sorting other speakers Carlos D'Ancona, Cristiane Carboni and a nurse
PACS 2021	Online	May	David Castro Diaz, Bruno Deval, Bary Berghmans
Association Marocaine d'Urologie	Online	June	Didn't proceed as no French speakers were located

Course	Location	Date	Speaker(s)
4th FUNCTIONAL UROLOGIC SURGERY COURSE WITH 3D PRINTED MODELS AND FRESH-FROZEN CADAVERS	Online	July	David Castro Diaz, Sherif Mourad, Alex Digesu, Emre Huri
ESSFU_EAU	Online	July	Marcio Averbeck
Tabriz international functional urology-TIFU2021	Online	August	Stefan de Wachter, Sajjad Rahnama'i:, Chris Gomes, Rizwan Hamid
SIUD	Italy	Sept	David Castro Diaz
2nd Oman Urological Society Conference	Oman	Sept	Dick Janssen, Sheriff Mourad, Bassem Wadie
PPCS	Japan	Sept	Howard Goldman
Endourocentre	Russia	October	Joanne Robinson & Ervin Kocjanic
Turkish Continence Society, 7th National Congress of Functional and Female Urology	Turkey	October	Multiple ICS members, Cüneyd Özkürkçügil, Mesut Gürdal, David C.Diaz, Tufan Tarcan, Ervin Kocjancic, Sherif Mourad,
SINUG	Spain	Nov	Paula Igualada-Martinez, Kristene Whitmore, Elise De, Amelia Stanton
ICS Educational Course during the 2021 Brazilian Urological Society	Brazil	December	David Castro Diaz, Enrico Finazzi Agró, Tufan Tarcan
IUGA	Singapore	Dec	Tricia Kuo
SIU joint parallel plenary	Dubai	Nov	Rizwan Hamid, David Castro Diaz, Sherif Mourad

ICS TV & ICS Live Review



The ICS live events continued during 2021 with the aim to providing one per month as it was felt this was the office capacity and optimal saturation limit of people watching. It was noted that the numbers watching *live* greatly reduced probably owing to people returning to "normal" work patterns. However, watch-back times on demand continue with a post event marketing campaign. Due to the pandemic no studio recording was undertaken during 2021.

YouTube channel views: 570,500 this year alone! Followers now at 2771.

ALL ICS TV older than 5 years was watched and vetted by the Education/Scientific Committees. Outdated content was removed. This process is to be continued annually.

ICS Membership

The ICS recorded 3,144 members for 2021 which represents the fifth successive year in exceeding 3,000 members.

The Board did not increase the membership fee for 2021. The ICS strives to keep the membership fee as low as possible to keep the ICS accessible. To extend the public benefit of ICS membership the Board introduced free one year membership for early career professionals that had not held ICS membership before. The lower membership fees for nurses, physiotherapists and early career professionals were continued.

There were many other projects undertaken in 2021 and some notable achievements are highlighted.

The full annual reports of each committee are available at ICS Documents. The below are a selection of ICS committee achievements.

Children and Young Adults Committee

The Coloplast Fellowship geared to promote adolescent Urology was awarded to three recipients.

The following projects are in process:

- Finalisation of the document – Management of bowel pathology in the Adolescent
- ICS course of Transitional Care of the Adolescent patient in Abu Dhabi – postponed, aim to reinstate in 2022.
- Transitional Urology workshop for ICS 2022. Presentations recorded.
- Terminology paper for Adolescent Transition – delivery expected in 2022.
- Completion of recommendations for clean intermittent catheterization – expected 2021.

Developing World Committee
The 9th ICS Fistula Course took place in December 2021 in Aswan, Egypt. The ICS Fistula Course is very popular among our membership and the international community interested in fistula and urinary incontinence in developing countries. The course attracts many trainees from different countries to join the 3-day training course which is a real hands-on workshop.

Education Committee
This year workshops were selected for ICS 2021 with the concept of a hybrid meeting in mind. However, the committee delayed advising the workshop chairs of the acceptance of their applications until the Board confirmed that the meeting would be online. The committee then revisited the scores and selected the top scored for the live streamed sessions.

The Early Careers page was developed as a one stop microsite for those in their early career stages to find relevant parts of the ICS website. https://www.ics.org/earlycareers

Sadly, we lost Niko Veit-Rubin during this year. He had served on the Education Committee for 6 years.

Ethics Committee
The white paper, "Ethical Considerations in Caring for Older Adults with Urinary Incontinence" was published and Anne Suskind shared findings from this as part of an ICS 2021 Roundtable.

The Committee also created a workshop for ICS 2021 titled, "Is Telemedicine an Ethical Alternative to In-Person Care?" This was selected as a Live offering during the annual conference and focused on exploring the ethical considerations surrounding the use of telemedicine for incontinence care.

The committee updated their Terms of Reference to include a member to serve as a point of contact to the Education and Scientific Committee.

Neurourology Promotion Committee
The year 2021 continued in the same vein as year 2020 with COVID-19 affecting all aspects of our lives. Unfortunately, no face-to-face meetings were possible but the NUPC continued to organise and participate in web-based teaching and training modules.

There were several collaborative workshops this year:

- Tabriz Functional urology. Tabriz, Iran Aug 2021
- A programme on Neurourology in Neurogenic bladder in association with Vattituki Institute in Jun 2021
- Colombian Urology Society, Dec 2021
- Joint SIU / ICS Couse at the annual meeting of SIU booked for Nov 2021 in Dubai
- NUPC nursing workshop at the annual ICS meeting in Oct 2021

Also, 'Recommendations for IC and underdevelopment countries' has been finalised by Emmanuel and all the lectures for the MOOCS teaching videos have been received, with recordings expected in a few months.

Nursing Committee
The committee transitioned to virtual planning quickly, pre-recording a multidisciplinary workshop on "Telehealth and its Application to Continence Care: Evolving Best Practices" as well as hosting a Nursing Forum for the 2021 online conference.

A database of sites was set up that could host applicants for the Nursing Fellowship. However, this project has been put on hold due to the pandemic. This is also the case for the Nursing Educational Courses, due to take place in China.

Scheduled mailers providing the latest ICS nursing content and news throughout the year were scheduled to increase nursing exposure.

Physiotherapy Committee
The committee are in the process of establishing additional podcasts to complement the series of podcasts which the Institute of physiotherapy created.

Due to continued Covid concerns, the Round Table was moved online. Changing to an online format this year was more difficult compared to the previous year, however the committee secured quality speakers for about 20-to-25-minute lectures followed by about a 10-minute question and answering session. There was also the 20th physiotherapy forum celebration.

Recruitment and planning have begun for Physiotherapy Forum in Vienna 2022.

Scientific Committee
The number of abstracts received was down again at 618 (including 39 videos). However, this was more that we may have expected given the uncertainties around the Pandemic and the ongoing restrictions on novel research. We once again deliberately extended the abstract deadline to try and encourage late submissions. Given these restrictions, these numbers are very satisfactory and continues to reflect the high standing with which both clinicians and scientists hold ICS.

Rejection of abstracts was lower than ever and equally spread between breach of anonymity, duplication and incomplete data. This is very encouraging and reflects the hard work in improving the procedure, with increased clear and numerous checkpoints now incorporated into the submission process, along with clear instruction on minimum and maximal length (400 – 1200 words) and two figures.

The standard and uniformity of abstract marking continues to improve, and this was obvious on reviewing scoring from individual scorers where there is now a greater use of the entire score scale and a pleasing trend towards a Gaussian distribution. We continue to use the editorial board of the NUU and are grateful for their assistance. All abstracts were marked as required by a minimum of 3 reviewers one of which was a scientific committee member.

Standardisation Steering Committee
The SSC's main focus is the creation of scientific content via terminology documents. The committee have completed/ Near completion: Ten (3 Published in 2017; 1 in 2018; 2 in 2019, 3 in 2020 and a further 1 in 2021). The document published in 2021 was, 'ICS Terminology for Pelvic Floor Muscle Assessment (SSCWG16).

The committee continue working on updates to the ICS Glossary. This is an online collation of 1455 terms/descriptors (as of August 2021) from all ICS documents back to 2000. This works well on mobile handsets. Features include: (i) access to all recent and past references for each term; (ii) instant copying of each reference; (iii) instant download of all reference documents; (iv) instant contribution to more extensive feedback via ICS Terminology Discussion (below); (v) instant short feedback to ICS Office. This provides the ultimate facility for terminology accessibility, exclusive to ICS.

Urodynamics Committee
The project continues with the ongoing production of new modules, 2 of which were published this year. These were:

11: Wen JG, Djurhuus JC, Rosier PFWM, Bauer SB. ICS educational module: Cystometry in children. Neurourol Urodyn. 2018 Nov;37(8):2306-2310.

12: Wen JG, Djurhuus JC, Rosier PFWM, Bauer SB. ICS educational module: Pressure flow study in children. Neurourol Urodyn. 2018 Nov;37(8):2311-2314.

The committee has approved, along with the ED Committee, two applications to organize international ICS-validated Urodynamic Courses: 1-SINUG ICS-recognised Urodynamic Course, 2- ICS-Recognised Course: an online Urodynamics course, King Abdulaziz University Hospital, Jeddah, KSA.

The committee are also working on a new project to evaluate UD charts and give feedback to the applications on how to improve their UD practice according to ICS standards as well as continuing with the Urodynamics Book Project.

Information Technology Department – Development Projects

ICS continues to evolve and adapt to the rapid change in technology and business environment in our sector. Innovation and technical skills keep us relevant and brings the "work smarter" ethos to everything we do at ICS.

Covid-19 Global Pandemic

All our innovation in modern online collaborative platforms paid off during the pandemic and allowed ICS to continue to function remotely. After the success of our online meeting in Las Vegas in 2020, and with the pandemic effects on travel and events, we prepared to deliver the ICS 2021 Melbourne meeting online. An early strategic decision to hold this meeting online only cut the amount of re-working the scientific programme. Lessons learnt from 2020 made increasing the resilience of our online platform a top priority for 2021 and was one of the major technical projects delivered.

Major projects completed in 2021:

Remote Working

ICS continued to work remotely due to government pandemic measures. Essential site maintenance tasks were permitted. We continued to develop our cloud based tools for remote working.

ICS 2021 Scientific Committee Meeting

This 2 day highly complex meeting was again conducted online using Zoom and the ICS Website. A large committee was able to collaborate and construct a huge and complex scientific programme together across a broad range of disciplines, selecting the very best science to create an engaging programme for our members and delegates. This was a huge achievement for the committee and the team to accomplish this task in a virtual format.

ICS 2021 Melbourne Online

A huge effort was made to create a range of new features for the ICS website to support live broadcasts and interaction for the online meeting. An enormous amount of content was created ahead of the annual meeting for on-demand playback and live stream were created for live broadcast during the meeting. Lessons were learnt from 2020 and a single stream with breaks between sessions over a much longer day pattern to appeal to our audience over a huge time zone span was created.

- 4 days of Live Broadcasts
- 61 Live Sessions – nearly double 2020!
- 59 On Demand Sessions – 10% more than 2020!
- New online programme explorer
- Improved live session platform
- Improved comments platform for sessions and abstracts
- Abstracts video upload direct to YouTube
- Paywall to restrict content to event delegates
- Virtual Industry Exhibition
- "Live Lounge" interactive explorable world to enable social networking for delegates

ICS 2021 AGM Zoom Webinar

Production of a zoom webinar based AGM, meeting our company and charity legal obligations and holding a vital dialogue with our loyal members during a very trying period.

ICI 7

ICS hosted the 7th International Consultation on Incontinence. Due to the pandemic this was also hosted online with all ICS 2021 delegates receiving free registration. ICS built a dedicated website for ICI7 which published their scientific programme of 22 chapters over 4 days of live streams. All the committee presentations were very popular. ICS plan to publish the resulting ICI book in 2022.

Website Hosting Migration to Microsoft Azure

Fundamental change to hosting strategy from a dedicated server located in a datacentre in London by Elite PLC (formerly Tollon Ltd) since 1999 to a virtualized cloud based hosting platform. This required a major migration of the existing ICS website from Microsoft Website to the latest Web Application architecture. This involved migrating hundreds of systems within the legacy website that had incompatible tooling to the latest Wasabi interface.

- New platform allows instant resource scaling to increase the number of CPUs / Memory available during periods of high demand (e.g. during peak loads of virtual meeting)
- Advanced costing model to charge for hosting services dynamically based on utilisation.
- Enterprise level tools to handle spikes in demand.
- Advanced logging and diagnostic tools to monitor performance and diagnose problems,
- Access to Microsoft Engineers to log support issues.
- Automated fast deployment toolchain for website updates reducing downtime.
- Automated backup strategy for point-in-time recovery.

Website Projects

- New PayPal payments platform
- ICS 2021 Registration Wizard
- ICS 2021 VIP Registration
- Video Production Widget – tracks video streaming metadata for technical staff
- Active User Metrics – give realtime data on users engaging in content for industry symposia
- Migrated hundreds of outdated legacy systems to new Wasabi interface
- ICS Forums – a new forum system migrating over from the old documents comments system

ICS Podcasts

A new ICS platform for audio podcasts with a series of episodes broadcast throughout the year. Audience can subscribe to premium content in continence research and education with world experts in long format discussions via their favourite podcast platforms: Apple iTunes, Spotify,

Google Play, Amazon

ICS Live Events

To meet the needs of our members the Education Committee worked with the office to create an online format for education to broadcast our education courses online.

- 4 ICS Live events in 2021

Video Projects

- ICS 2021 Promotional Videos - Scientific Programme
- ICS 2022 Promotional Video (for ICS 2021)
- ICS 2021 Webcasts / ICS 2021 Melbourne Online

Financial Review

Results for the year

The consolidated results of the charity and its trading subsidiary, Conticom, showed net outgoing funds in the year of £20,100 (2020: net outgoing funds of £218,747) with closing consolidated funds of £1,180,535 (2020: £1,200,635).

Consolidated Income

Income in the year was from the Annual Meeting and trading of £309,491 (2020: £228,342), membership fees £237,710 (2020: £220,919), royalty income totalling £56,060 (2020: £7,742), donations of £29,615 (2020: £15,530), Educational activities totalling £1,121 (2020: £2,085) and interest from Investments of £31 (2020: £907)

With this funding the Charity has been able to finance: the staffing and technical costs of hosting the virtual meeting, educational activities, including awards, fellowships, courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the annual meeting, the membership of 3,144 and subscriptions to the NaU Journal. The majority of award costs were covered by an educational grant received from Pfizer.

The total profit of the trading subsidiary was £14,696 (2020: Loss of £103,707).

Consolidated Expenditure

Expenditure in the year was on Educational Activities £162,200 (2020: £176,749), Annual Meeting expenditure £294,794 (2020: £310,824) and Publication and Membership £202,950 (2020: £230,379).

Annual Meeting

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will, under their current contract, continue in the role until 10 March 2023), by Conticom-ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom-ICS Limited.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The updated four

year rotation policy involves a European meeting every other year (from 2022), with the alternate years in a destination outside of Europe; on the provision that an adequate surplus is forecast. The meeting surplus continues to be the major income of the charity so must be protected. The ICS will continue to reach a range of countries through its educational course programme.

As requested by the membership, the table below shows an overview of the Annual Meeting income, expenditure and surplus.

	£	£	£	£	£
	2021	**2020**	**2019**	**2018**	**2017**
Sponsorship & exhibition	324,141	312,172	486,948	640,194	801,445
Registrations	183,695	118,088	774,086	601,770	1,031,819
Other income	15,589	673	116,298	80,442	136,830
Total income	523,425	430,933	1,377,332	1,322,406	1,970,094
Total expenditure	391,073	401,367	1,114,308	1,243,573	1,341,113
Surplus/(Deficit)	132,352	29,566	263,024	78,833	628,981
Surplus of which Conticom received including Scientific Services Fee	298,592	218,009	395,734	190,627	635,335

Investment Performance

The charity's investment portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio rose by 0.75% in 2021, a profit of £5,816, which has been declared in the accounts as net gains on investments (2020: profit of £7,526).

£31 was received in interest from bank accounts and investments has been declared as income from investments for the year to 31 December 2021 (2020: £907).

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
    - Calculations are to be based on estimated future combined operating costs for the next two years.

- These operating costs are to only take into account running costs not guaranteed to be financed by matching income.

b) Provide an element of contingency for unforeseen liabilities.
   - Which should be £100,000

c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £600,455 for 2022 and £604,007 for 2023, giving a total of £1,204,462 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,304,462 as at 31.12.2021.

As of 31st December 2021, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£1,180,535** (2020: £1,200,635); therefore below the level of reserves required by £123,927. The trading subsidiary continued to support the Charity in meeting its objectives.

The trustees acknowledge for 2021 the Charity will be under its reserve policy, although not by such a level that invites serious concern. The Board considered that this was due to exceptional circumstances due to the pandemic. The Board also considered that future running costs did not include near guaranteed income such as membership dues. The Board resolved to review the reserves policy again when ICS was able to return to European annual meeting destinations in person (ICS 2022 in Vienna being the first occasion). In the interim all costs should be restrained. Costs and activities of the ICS will be reviewed steadily in line with ICS strategy and objectives.

Plans for Future Periods

ICS Annual Meeting 2022

Annual Meeting Chair: Helmut Madersbacher
Local Scientific Programme Chairs: Barbara Bodner-Adler, Wilhelm Hubner, Elisabeth Udier

The 52nd Annual Meeting of the ICS is scheduled to take place at the Austria Convention Centre in Vienna, Austria. This will be the first in-person ICS annual meeting since ICS 2019 in Gothenburg. ICS 2022 will also offer online attendance to delegates, therefore making ICS 2022 the first truly hybrid ICS meeting.

Future Meetings

ICS 2023: Toronto, Canada. Chair: Magdy Hassouna
ICS 2024: Madrid, Spain. Chair: Pedro Hernandez
ICS 2026: Maastricht, Netherlands. Chair: Gommert Van Koeveringe
ICS 2027: Florence, Italy. Chair: Enrico Finazzi Agro

ICS Strategic Plan

The Board will review and update the ICS strategic plan.

Governance review

The Board will commission an external review of governance within ICS. Priority actions will be addressed in year, with a plan developed to implement the wider recommendations.

ICS Journal

The Board will consider options for improving the contractual deal and member experience for the ICS Journal.

ICS Standards 2021/2022

The successful ICS Standards, a comprehensive e-publication bringing together many of the major initiatives of the ICS, publication will be reviewed and updated for 2022. This will ensure that core ICS publications are collated and easier accessible, therefore disseminating the important information more readily.

ICS COMMITTEES

Standardisation Steering Committee

The Standardisation Steering Committee (SSC) will continue to work on and develop key terminology documents, aiming to publish the following papers in 2022:

- ICS Report on the Terminology for Male Anorectal Dysfunction (WG 14)
- ICS IUGA Joint Report on the Terminology for Female Obstetric Trauma (WG 20)
- ICS Report on the Terminology for Sexual Health in Men with Lower Urinary Tract and Pelvic Floor Dysfunction (WG 22)

The committee are also undertaking a translation project for ICS reports and glossary using a web-based language translator. This will considerably speed up the process of translating ICS reports.

Education Committee

The Education Committee will recruit a new chair in 2022 as the current chair, Elise De, will be stepping down in 2022. Furthermore, next year the committee will work with the office to implement a new deadline for workshop submissions.

Urodynamics Committee

The Urodynamics Committee plan to launch a new tool to measure the technical quality of their Urodynamics traces. Members will be able to upload an anonymised trace via survey monkey. Two members of the ICS Urodynamics committee will review the trace, give comments and score the technical quality.

Information Technology Department – Future Plans (for 2022)

With so much uncertainty resulting from COVID, many plans are duplicated with a virtual and physical options being planned and prepared for. Our annual meeting destination is scheduled to be ICS 2022 Vienna but with international travel banned and lockdowns being in place in both locations there are no guarantees a physical event can go forward. To give us the maximum freedom of decision, we are delaying submission, programme construction and registration until later in 2022 to give the maximum chance that restrictions have lifted. The I.T. team is in a far better position, with a wealth of experience hosting online events and working efficiently in remote teams.

ICS 2022 Online / Hybrid

Planning already for both eventualities – if a physical meeting were to go ahead we would intend to also provide some online access to those delegates unable to attend. If no physical meeting could happen, planning for an online meeting format.

Zettle Alternative Payments System

For alternative card payments we will integrate the Zettle payments platform.

New “Continence” Journal

ICS are launching 2 new open platform journals – “Continence” and “Continence Reports”. We will work with the publisher to promote the new venture and encourage submissions. We will also publish our meeting abstracts in a supplement of our official journal.

Azure Front Door

We will investigate the Azure “Front Door” platform which offers protection against bot and denial of service (DOS) attacks.

Azure Files

We will migrate our network storage currently on a server in Portland Square to a cloud based service.

Approved by the Trustees and signed on their behalf by:

John Heesakkers
Treasurer
23rd September 2022

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

I report to the charity trustees on my examination of the accounts of company for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities

I have no concerns, other than the matter set out below, and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Matter of concern identified

The Trustees' view on the impact of COVID-19 is disclosed on the Trustees report. However, not all future events or conditions can be predicted. The COVID-19 viral pandemic is one of the most significant economic events for the UK with unprecedented levels of uncertainty of outcomes. It is therefore difficult to evaluate all of the potential implications on the charitable company's trade, suppliers and wider economy.

Matthew Bracher FCA
Institute of Chartered Accountants in England and Wales
For and on behalf of Haines Watts Bristol Limited
Bath House
6-8 Bath Street
Bristol
BS1 6HL

23rd September 2022

THE INTERNATIONAL CONTINENCE SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2021

	Notes	**Unrestricted Year ended 31.12.21**	**Restricted Year ended 31.12.21**	**Total Year ended 31.12.21**	Unrestricted Year ended 31.12.20	Restricted Year ended 31.12.20	Total Year ended 31.12.20
		£	**£**	**£**	£	£	£
Income from:							
Donations and legacies	2	**15,135**	**14,480**	**29,615**	130	15,400	15,530
Investments	3	**31**	**-**	**31**	891	-	891
Charitable activities:							
Distribution from trading subsidiary		**-**	**-**	**-**	29,318	-	29,318
Subscription and royalties	4	**293,770**	**-**	**293,770**	228,661	-	228,661
Educational activities	6	**1,121**	**-**	**1,121**	2,085	-	2,085
Other income	5	**-**	**-**	**-**	8,077	-	8,077
Total income		**310,057**	**14,480**	**324,537**	269,162	15,400	284,562
Expenditure on:							
Charitable activities:							
Educational activities	7	**145,823**	**16,377**	**162,200**	154,399	22,350	176,749
Publication and membership	7	**202,950**	**-**	**202,950**	230,379	-	230,379
Total expenditure		**348,773**	**16,377**	**365,150**	384,778	22,350	407,128
Net gain/(losses) on investments	14	**5,816**	**-**	**5,816**	7,526	-	7,526
Net income/(expenditure) and movement in funds		**(32,900)**	**(1,897)**	**(34,797)**	(108,090)	(6,950)	(115,040)
Reconciliation of funds:							
Fund balances brought forward		**1,216,316**	**11,070**	**1,227,386**	1,324,406	18,020	1,342,426
Fund balances carried forward		**1,183,416**	**9,173**	**1,192,589**	1,216,316	11,070	1,227,386

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2021

	Notes	**Unrestricted Year ended 31.12.21**	**Restricted Year ended 31.12.21**	**Total Year ended 31.12.21**	Unrestricted Year ended 31.12.20	Restricted Year ended 31.12.20	Total Year ended 31.12.20
		£	**£**	**£**	£	£	£
Income from:							
Donations and legacies	2	**15,135**	**14,480**	**29,615**	130	15,400	15,530
Investments	3	**31**	**-**	**31**	907	-	907
Charitable activities:							
Annual meeting and trading	14	**309,491**	**-**	**309,491**	228,342	-	228,342
Subscription and royalties	4	**293,770**	**-**	**293,770**	228,661	-	228,661
Educational activities	6	**1,121**	**-**	**1,121**	2,085	-	2,085
Other income	5	**-**	**-**	**-**	16,154	-	16,154
Total income		**619,548**	**14,480**	**634,028**	476,279	15,400	491,679
Expenditure on:							
Charitable activities:							
Educational activities	7	**145,823**	**16,377**	**162,200**	154,399	22,350	176,749
Publication and membership	7	**202,950**	**-**	**202,950**	230,379	-	230,379
Annual meeting	7	**294,794**	**-**	**294,794**	310,824	-	310,824
Total expenditure		**643,567**	**16,377**	**659,944**	695,602	22,350	717,952
Net gains/(losses) on investments	14	**5,816**	**-**	**5,816**	7,526	-	7,526
Net income/(expenditure) and movement in funds		**(18,203)**	**(1,897)**	**(20,100)**	(211,797)	(6,950)	(218,747)
Reconciliation of funds:							
Fund balances brought forward		**1,189,565**	**11,070**	**1,200,635**	1,401,362	18,020	1,419,382
Fund balances carried forward		**1,171,362**	**9,173**	**1,180,535**	1,189,565	11,070	1,200,635

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2021

		2021		2020	
	Notes	**£**	**£**	£	£
FIXED ASSETS:					
Intangible assets	12		**1,554**		1,709
Investments	14		**784,412**		778,596
			785,966		780,305
CURRENT ASSETS:					
Debtors	15	**205,337**		126,390	
Cash at bank and in hand		**295,883**		380,020	
		501,220		506,410	
CREDITORS: Amounts falling due within one year	16	**(94,597)**		(59,329)	
NET CURRENT ASSETS:			**406,623**		447,081
TOTAL ASSETS LESS CURRENT LIABILITIES:			**1,192,589**		1,227,386
FUNDS:					
Unrestricted funds	18		**1,183,416**		1,216,316
Restricted funds	18		**9,173**		11,070
			1,192,589		1,227,386

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on 23rd September 2022 and were signed on their behalf by:

Dr J Heesakkers - TRUSTEE

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2021

		2021		2020	
	Notes	**£**	**£**	£	£
FIXED ASSETS:					
Intangible assets	12		**1,554**		1,709
Tangible assets	13		**3,951**		10,075
Investments	14		**784,412**		778,595
			789,917		790,379
CURRENT ASSETS:					
Debtors	15	**208,322**		69,340	
Cash at bank and in hand		**313,665**		437,209	
		521,987		506,549	
CREDITORS: Amounts falling due within one year	16	**(131,369)**		(96,293)	
NET CURRENT ASSETS:			**390,618**		410,256
TOTAL ASSETS LESS CURRENT LIABILITIES:			**1,180,535**		1,200,635
FUNDS:					
Unrestricted funds	19		**1,171,362**		1,189,565
Restricted funds	19		**9,173**		11,070
			1,180,535		1,200,635

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2021 in accordance with Section 476 of the Companies Act 2006.

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(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

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Dr J Heesakkers – TRUSTEE

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR ENDING 31 DECEMBER 2021

	Notes	**Charity 2021 £**	Charity 2020 £	**Group 2021 £**	Group 2020 £
Cash flows from operating activities:					
Net cash provided by (used in) operating activities	1	**(84,168)**	(14,886)	**(123,047)**	28,207
Cash flows from investing activities:					
Interest income		**31**	891	**31**	907
Purchase of property, plant and equipment		**-**	-	**(528)**	(2,800)
Disposal of property, plant and equipment		**-**	-	**-**	-
Purchase of investments		**-**	-	**-**	-
Net cash provided by (used in) investing activities		**31**	891	**(497)**	(1,893)
Change in cash and cash equivalents in the reporting period	2	**(84,137)**	(13,995)	**(123,544)**	26,314
Cash and cash equivalents at the beginning of the reporting period		**380,020**	394,015	**437,209**	410,895
Cash and cash equivalents at the end of the reporting period		**295,883**	380,020	**313,665**	437,209

NOTES TO CASH FLOWS:

1. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Charity 2021 £	Charity 2020 £	**Group 2021 £**	Group 2020 £
Net movement in funds	**(34,797)**	(115,040)	**(20,100)**	(218,747)
Add back depreciation/amortisation charge	**155**	155	**6,807**	10,423
Deduct interest income shown in investing activities	**(31)**	(891)	**(31)**	(907)
Deduct/add net (gain)/loss on investments	**(5,816)**	(7,526)	**(5,816)**	(7,526)
Decrease (increase) in debtors	**(78,947)**	206,403	**(138,983)**	346,111
Increase (decrease) in creditors	**35,268**	(97,987)	**35,076**	(101,147)
Net cash (used)/gained in/from operating activities	**(84,168)**	(14,886)	**(123,047)**	28,207

NOTES TO CASH FLOWS – continued:

2. ANALYSIS OF CHANGES IN NET FUNDS - CHARITY

	At 1.1.21 £	Cash flow £	At 31.12.21 £
Net cash			
Cash at bank and in hand	**380,020**	**(84,137)**	**295,883**
	380,020	**(84,137)**	**295,883**

ANALYSIS OF CHANGES IN NET FUNDS - GROUP

	At 1.1.21 £	Cash flow £	**At 31.12.21 £**
Net cash			
Cash at bank and in hand	**437,209**	**(123,544)**	**313,665**
	437,209	**(123,544)**	**313,665**

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The International Continence Society is a company limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The accounts have been prepared on the assumption that the charity is able to continue as a going concern. However, the COVID-19 pandemic is likely to have a profound impact on the global economy, and may in turn affect the charity. The trustees have considered the impact of this issue on the charitable company's current and future financial position. The charity holds unrestricted, group general reserves of £1,171,362 and a group cash balance of £313,665. The trustees consider that the charity has sufficient cash reserves to continue as a going concern for a period of at least 12 months from the date on which these financial statements are approved. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity constitutes a public benefit entity as defined by FRS 102. The address of the registered office and place of business is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is a membership society for professionals working in the field of incontinence.

The principal accounting policies adopted by the charity in drawing up its financial statements are as follows:

(a) Income

All incoming resources are including in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that income will be received. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

For donations to be recognised, the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

(b) Group Accounts

The results of Conticom-ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities, the Balance Sheet and The Statement of Cashflows.

(c) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

1. **ACCOUNTING POLICIES - continued**

(d) Investment assets

The investment in the subsidiary is stated at cost. Listed investments held for the continuing benefit of the charity and are treated as fixed assets and are valued at fair value at the balance sheet date.

(e) Expenditure

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with educational activities, together with publication and membership, and include both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions the assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 7.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

(f) Intangible Assets

The domain name is stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

The domain name is being amortised evenly over 20 years.

(g) Tangible Fixed Assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	-25% on cost
Computer equipment	-33% on reducing balance

(h) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

(i) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

(j) Pension costs

The charity operates a defined pension contribution scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

1. **ACCOUNTING POLICIES - continued**

(l) Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

Basic financial assets

Basic financial assets, which include trade and other debtors, amounts due from group undertakings and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost. Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including trade and other creditors and amounts due to group undertakings are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method. Financial liabilities are derecognised when, and only when, the charity's contractual obligations are discharged, cancelled, or they expire.

(m) Short term liquid investments and cash

Cash at bank is held to meet short-term cash commitments as they fall due rather than for investment purposes and includes all cash equivalents held in the form of short-term highly liquid investments. Cash equivalents are short-term, highly liquid investments that are readily convertible to known amounts of cash and that are subject to an insignificant risk of changes in value.

(n) Government grants

Government grants received and receivable relate to the Job Retention Scheme and Business Support Grants set up by the government in response to the COVID-19 pandemic.

Government grants are recognised in the Statement of Financial Activities over the periods in which the entity recognises the related costs for which the grant is intended to compensate.

Those grants which become receivable as compensation for expenses or losses already incurred or for the purpose of giving immediate financial support to the entity with no future related costs are recognised in income in the period in which it becomes receivable.

2. INCOME FROM DONATIONS AND LEGACIES

	Charity		Group	
	2021	2020	**2021**	2020
	£	£	**£**	£
Other donors	**10**	130	**10**	130
Grants – Pfizer grant	**14,480**	15,400	**14,480**	15,400
Grants, including EU Tech Project	**15,125**	-	**15,125**	-
	29,615	15,530	**29,615**	15,530

3. INCOME FROM INVESTMENTS

	Charity		Group	
	2021	2020	**2021**	2020
	£	£	**£**	£
Interest receivable	**31**	891	**31**	907
	31	891	**31**	907

4. INCOME FROM SUBSCRIPTIONS AND ROYALTIES

	Charity & Group	
	2021	2020
	£	£
Subscription Income:		
Deferred balance brought forward	**8,670**	69,627
Membership income received during the year	**232,962**	159,962
Deferred balance carried forward	**(3,922)**	(8,670)
	237,710	220,919
Royalty income on subscriptions	**56,060**	7,742
	293,770	228,661

5. OTHER INCOME

	Charity		Group	
	2021	2020	**2021**	2020
	£	£	**£**	£
Furlough grant		8,077		16,154
	-	8,077	-	16,154

6. INCOME FROM EDUCATIONAL ACTIVITES

	Charity & Group	
	2021	2020
	£	£
Other income	**1,121**	2,085
	1,121	2,085

7. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities	**Publication & Membership**	**Annual meeting**	**Total 2021**	Total 2020
	£	**£**	**£**	**£**	£
Journal and other membership costs	**-**	**45,718**	**-**	**45,718**	65,218
Travel and subsistence costs	**-**	**-**	**-**	**-**	-
Advertising and promotional events	**146**	-	-	**146**	153
Publication committee costs	**26**	**-**	**-**	**26**	-
Education committee costs	**9,841**	**-**	**-**	**9,841**	6,188
Standardisation committee costs	**-**	-	-	**-**	3,887
Awards, grants and fellowships	**16,329**	-	-	**16,329**	15,923
Educational activity costs	**-**	-	-	**-**	6,009
Printing and postage costs	**24**	**24**	**-**	**48**	407
Staff costs	**96,120**	**117,494**	-	**213,614**	215,417
Finance costs	**5,329**	**5,329**	**-**	**10,658**	9,068
Foreign exchange loss/(gain)	**(298)**	**(298)**	**-**	**(596)**	36
Trustees' board costs	**-**	**-**	**-**	**-**	9,552
Support costs (see note 8)	**13,563**	**13,563**	-	**27,126**	22,313
Governance costs (see note 8)	**21,120**	**21,120**	**-**	**42,240**	52,957
Charity total	**162,200**	**202,950**		**365,150**	407,128
Annual meeting expenses	**-**	**-**	**294,794**	**294,794**	310,824
Books and merchandising	**-**	**-**	**-**	**-**	-
Group total	**162,200**	**202,950**	**294,794**	**659,944**	717,952

8. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS

	Educational Activities Costs	Publication & Membership Costs	Total 2021	Charity & Group Total 2020
	£	£	£	£
Support costs:				
Phone	**5,605**	**5,605**	**11,209**	9,076
Insurance	**484**	**484**	**968**	1,116
Rent, rates, light and heat	**4,709**	**4,709**	**9,418**	10,040
Sundry	**2,688**	**2,688**	**5,376**	1,926
Amortisation	**77**	**77**	**155**	155
	13,563	**13,563**	**27,126**	22,313
Governance costs:				
Trustees' board costs	**-**	**-**	**-**	7,456
Indemnity insurance	**134**	**134**	**268**	251
Staff costs	**12,264**	**12,264**	**24,528**	24,722
Independent examiner's fee (see note 11)	**3,300**	**3,300**	**6,600**	7,080
Legal and professional	**5,422**	**5,422**	**10,844**	13,448
	21,120	**21,120**	**42,240**	52,957

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2020: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group		Charity & Group	
	2021	2020	**2021**	2020
	Number	Number	**£**	£
Travel and meeting expenses	**1**	9	**2,251**	9,371

10. STAFF COSTS

	Charity		Group	
	2021	2020	**2021**	2020
	£	£	**£**	£
Wages and salaries	**193,715**	195,715	**387,430**	391,430
National insurance contributions	**19,571**	19,420	**39,142**	38,839
Pension contributions	**24,856**	25,005	**49,712**	50,010
Recruitment and training	**-**	-	**-**	-
	238,142	240,140	**476,284**	480,279

One employee earned more than £60,000 during the year.

10. **STAFF COSTS - continued**

The average monthly number of employees during the year were as follows:

	Charity		Group	
	2021	2020	**2021**	2020
	Number	Number	**Number**	Number
Governance	**0.3**	0.3	**0.3**	0.3
Educational activities	**1.79**	1.95	**1.95**	1.95
Publication and membership	**2.09**	2.25	**2.25**	2.25
Meeting co-ordinators	**-**	-	**4.18**	4.5
	4.1	4.5		9
	8		**8.68**	

The key management personnel of the group and the charity comprise the trustees, the administrative director and the I.T. director. The total employee benefits of the key management personnel of the group were £179,536 (2020: £179,972).

11. **INDEPENDENT EXAMINER'S REMUNERATION**

The independent examiner's remuneration consists of the following:

	Charity		Group	
	2021	2020	**2021**	2020
	£	£	**£**	£
For independent examination	**1,680**	1,800	**1,680**	1,800
For accounting services	**3,120**	2,880	**7,120**	6,680
For preparation of consolidated accounts	**1,800**	1,560	**1,800**	1,560
For general advice, meetings & other services	**-**	840	**-**	840
	6,600	7,080	**10,600**	10,880

12. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
COST		
At 1 January 2021	**3,106**	**3,106**
At 31 December 2021	**3,106**	**3,106**
AMORTISATION		
At 1 January 2021	**1,397**	**1,397**
Charge for year	**155**	**155**
At 31 December 2021	**1,552**	**1,552**
NET BOOK VALUE		
At 31 December 2021	**1,554**	**1,554**
At 31 December 2020	1,709	1,709

13. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Total
	£	**£**	**£**
COST:			
At 1 January 2021	**12,524**	**59,921**	**72,445**
Additions	**528**	**-**	**528**
At 31 December 2021	**13,052**	**59,921**	**72,973**
DEPRECIATION			
At 1 January 2021	**11,177**	**51,193**	**62,370**
Charge for year	**614**	**6,038**	**6,652**
At 31 December 2021	**11,791**	**57,231**	**69,022**
NET BOOK VALUE:			
At 31 December 2021	**1,261**	**2,690**	**3,951**
At 31 December 2020	1,347	8,728	10,075

14. CHARITY FIXED ASSET INVESTMENTS

	£
COST OR VALUATION:	
At 1 January 2021	**778,596**
Increase in market value of investments	**5,816**
At 31 December 2021	**784,412**
NET BOOK VALUE:	
At 31 December 2021	**784,412**
At 31 December 2020	778,596

	2021	2020
	£	£
Listed investments	**784,411**	778,595
Unlisted investments	**1**	1
Total investments	**784,412**	778,596

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited
Company number: 03687688
Country of incorporation: England & Wales
Nature of business: Conference facilitator

Class of shares: Ordinary – 100% holding

	2021	2020
	£	£
Aggregate capital and reserves	**(8,841)**	(26,750)
Profit/(loss) for the year	**17,909**	(103,707)

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	**309,491**
Trading income	**-**
	309,491
Cost of sales	**(2,845)**
Gross profit	**306,646**
Administrative expenses	**(283,946)**
Operating profit/(loss)	**22,700**
Finance costs and depreciation	**(8,004)**
Net income/(expenditure)	**14,696**
Retained profit for the year	**14,696**
Retained profit brought forward	**(26,750)**
Retained profit/(loss)carried forward	**(12,054)**
Assets	**165,928**
Liabilities	**(177,982)**

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2021	2020	**2021**	2020
	£	£	**£**	£
Trade debtors	**-**	26,683	**129,431**	63,602
Prepayments and accrued income	**64,127**	1,839	**78,891**	5,738
Amounts due from group undertaking	**141,210**	97,868	-	-
Other debtors	-	-	-	-
	205,337	126,390	**208,322**	69,340

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2021	2020	**2021**	2020
	£	£	**£**	£
Trade creditors	**45,875**	882	**46,685**	1,647
Other creditors	**-**	770	**2,181**	4,409
Social security and other taxes	**-**	-	**14,765**	16,722
Accruals and deferred income	**48,722**	57,677	**66,742**	72,963
VAT	-	-	**996**	552
	94,597	59,329	**131,369**	96,293

17. FINANCIAL COMMITMENTS

Total financial commitments, guarantees and contingencies for the charity which are not included in the balance sheet amount to £6,575 (2020 - £10,382).

Total financial commitments, guarantees and contingencies undertaken as a group, which are not included in the balance sheet amount to £13,149 (2020 - £20,282).

18. **STATEMENT OF FUNDS**

	At 01 January 2021 £	Income £	Expenditure £	Gains on Investments £	At 31 December 2021 £
Unrestricted funds:					
General fund	**1,216,316**	**310,057**	**(348,773)**	**5,816**	**1,183,416**
Total unrestricted funds	**1,216,316**	**310,057**	**(348,773)**	**5,816**	**1,183,416**
Restricted funds:					
Laborie Fellowship fund	**8**	**-**	**-**	**-**	**8**
Continence Promotion Committee fund	**7,824**	**-**	**-**	**-**	**7,824**
3rd World Fistula work	**500**	**-**	**-**	**-**	**500**
Pfizer grant	**2,738**	**14,480**	**(16,377)**	**-**	**841**
Total restricted funds	**11,070**	**14,480**	**(16,377)**	**-**	**9,173**
Total charity funds	**1,227,386**	**324,537**	**(365,150)**	**5,816**	**1,192,589**
Subsidiary funds (unrestricted)	**(26,751)**	**309,491**	**(294,794)**	**-**	**(12,054)**
Intercompany adjustment	**-**	**-**	**-**	**-**	**-**
Total consolidated funds	**1,200,635**	**634,028**	**(659,944)**	**5,816**	**1,180,535**

STATEMENT OF FUNDS - comparatives

	At 01 January 2020 £	Income £	Expenditure £	Losses on Investments £	At 31 December 2020 £
Unrestricted funds:					
General fund	1,324,406	269,162	(384,778)	7,526	1,216,316
Total unrestricted funds	1,324,406	269,162	(384,778)	7,526	1,216,316
Restricted funds:					
Laborie Fellowship fund	4,546	-	(4,538)	-	8
Continence Promotion Committee fund	7,824	-	-	-	7,824
3rd World Fistula work	500	-	-	-	500
Pfizer grant	5,150	15,400	(17,812)	-	2,738
Total restricted funds	18,020	15,400	(22,350)	-	11,070
Total charity funds	1,342,426	284,562	(407,128)	7,526	1,227,386
Subsidiary funds (unrestricted)	76,956	236,435	(340,142)	-	(26,751)
Intercompany adjustment	-	(29,318)	29,318	-	-
Total consolidated funds	1,419,382	491,679	(717,952)	-	1,200,635

18. **STATEMENT OF FUNDS - continued**

General fund (unrestricted)
This fund represents the free funds of the charity, which are not designated for particular purposes.

Laborie Fellowship fund (restricted)
The Laborie Fellowship fund relates to a 3 year fellowship programme for an eligible member. Grants are received each year to support funding of the programme.

Continence Promotion Committee Fund (restricted)
The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee.

3rd World Fistula work (restricted)
This fund relates to a restricted donation received in November 2012 to fund 3rd world Fitsula work.

Pfizer grant (restricted)
This fund relates to a Pfizer grant received each year to fund international scholarships.

Fistula course fund (restricted)
This fund relates to a grant received during the year to support the Fistula repair course held in Sudan.

19. **ANALYSIS OF NET FUNDS BETWEEN FUNDS**

CHARITY	**Restricted Funds** £	**Unrestricted Funds** £	**Total Funds** £
Fund Balances at 31 December 2021 are represented by:			
Fixed assets	**-**	**785,966**	**785,966**
Current assets	**25,550**	**475,670**	**501,220**
Current liabilities	**(16,377)**	**(78,220)**	**(94,597)**
Total Net Assets	**9,173**	**1,183,416**	**1,192,589**

GROUP	**Restricted Funds** £	**Unrestricted Funds** £	**Total Funds** £
Fund Balances at 31 December 2021 are represented by:			
Fixed assets	**-**	**789,917**	**789,917**
Current assets	**25,550**	**496,437**	**521,987**
Current liabilities	**(16,377)**	**(114,992)**	**(131,369)**
Total Net Assets	**9,173**	**1,171,362**	**1,180,535**

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS – comparatives

CHARITY	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2020 are represented by:			
Fixed assets	-	780,305	780,305
Current assets	33,420	472,990	506,410
Current liabilities	(22,350)	(36,979)	(59,329)
Total Net Assets	11,070	1,216,316	1,227,386

GROUP	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2020 are represented by:			
Fixed assets	-	790,379	790,379
Current assets	33,420	473,129	506,549
Current liabilities	(22,350)	(73,943)	(96,293)
Total Net Assets	11,070	1,189,565	1,200,635

20. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £49,712 (2020: £50,011) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2020 - £Nil) as at 31 December 2021.

21. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

22. RELATED PARTY TRANSACTIONS

There are no related party transactions that require disclosure (2020 - £Nil) as at 31 December 2021.

THE INTERNATIONAL CONTINENCE SOCIETY

England & Wales - Charity number 1074929

Accounts

IRIS

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TRUSTEES' ANNUAL REPORT

AND

INDEPENDENTLY EXAMINED CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2020

FOR

THE INTERNATIONAL CONTINENCE SOCIETY

THE INTERNATIONAL CONTINENCE SOCIETY

CONTENTS OF THE TRUSTEES' ANNUAL REPORT & INDEPENDENTLY EXAMINED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

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International Continence Society
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Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	Bath House, 6-8 Bath Street, Bristol, BS1 6HL,
Correspondence Address	19 Portland Square, Bristol, BS2 8SJ
E-mail	info@ics.org
Website	www.ics.org
Telephone	+44 (0) 117 944 4881
General Secretary appointed	David Castro Diaz, 3 year term began 05/09/19.
Treasurer appointed	John Heesakkers, 3 year term began 05/09/19.
Trustees appointed 2020	Marcus Drake (reappointed for a 3 year term), Lori Birder, Manjula Annappa, Enrico Finazzi Agro (3 year term)
Trustee appointed 2019	Philip Van Kerrebroeck,
Trustee reappointed 30/08/18	Cristina Naranjo-Ortiz, 3 year term
Trustee terms concluded	Carlos D'Ancona, Mauro Cervigni, Alex Lin
Company Secretary	Daniel Snowdon (appointed 14/01/2011)
Independent Examiner	M Bracher of Haines Watts, Bath House, 6-8 Bath Street, Bristol BS1 6HL
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA
Investment Managers	Crystal Wealth Management LLP

Staff

Daniel Snowdon	Executive Director
Dominic Turner	I.T. Director
Avicia Burchill	Projects and Events Manager – part time
Ashley Brookes	Senior Analyst Programmer
Roger Blackmore	Flash Developer/Graphics Designer
Robert Lewis	Video Editor / Post Production Assistant
Jennifer Ellis	Projects and Events Coordinator
Tracy Griffin	Administrator and Membership Secretary – part time
Beth Clement	Administrator (appointed 22 July 2019)
Leah Collis	Administrator (left employment 19 July 2019)
Sarah Ashworth	Bookkeeper - self-employed
Sarah Waters	Bookkeeper - self-employed

ICS Honorary Members

Peter Caldwell (Deceased)
Peter Gammelgaard (Deceased)
Guus Kramer
Walter Artibani
Sender Herschorn
Linda Cardozo
Jerzy Gajewski
Patrick Bates
Eric Glen
David Rowan (Deceased)
Jacques Corcos
Karl-Erik Andersson
Ted Arnold
Helmut Madersbacher
Pieter Donker (Deceased)
Axel Ingelman-Sundberg (Deceased)
Paul Abrams
Jo Laycock
Adrian Wagg
Sherif Mourad
Alan Wein

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement
The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

The trustees have had regard to Charity Commission guidance on public benefit. Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the majority of the ICS website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, news articles and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The key objectives for 2020 were to hold a successful annual meeting in Las Vegas, to maintain the ICS membership at 3,000 or more members, to set up and develop new strategic partnerships, to review and implement a revised investment strategy, and to enable more accessible educational content for

our global membership. Due to the pandemic a physical meeting was not possible and so a virtual meeting was organised instead.

Strategic efforts will continue to advance the educational output of the ICS, mainly through the implementation of ICS Live, ICS TV, the ICS Institute and the continued update and production of ICS standardisation reports. The financial planning and controls for the society will continue to be reviewed to ensure strategies are fit for purpose.

History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the ICS was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of over 3,000 from 70 different countries covering many disciplines: physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and basic scientists. The founding members agreed that the ICS should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 2,000 delegates from all corners of the globe, before the pandemic took effect.

Structure, Governance and Management

Board of Trustees

The ICS Board of Trustees is required to meet twice a year and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership.

Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the company are also charity trustees for the purposes of charity law. As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Executive Director and the IT Director. The Executive Director is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS, as well as the review and approval of administrative procedures implemented by the Executive Director.

ICS Committees 2020

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children and Young Adults' Committee
- ICS Developing World Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Meetings Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Meetings Committee where the General Secretary is always the Chair). Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the

risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (John Heesakkers). In conjunction with the Executive Director and the ICS Accountants (Haines Watts Accountants [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities. Please note the further comment on reserves in the financial review section on page 16.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. This was particularly felt during 2020 due to the COVID-19 pandemic. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event. A risk reduction has been realised through the agreement to host every other annual meeting in Europe. This continent offers the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded.

Although all efforts are made to ensure the administration of the ICS could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Executive Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and accountants are fully aware of the current status and systems used and could take over from the Executive Director in this regard in an emergency. A selected group of the Trustees and the Executive Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director has documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- Following a strategic Board review meeting in February 2017 the trustees agreed the primary strategic aim for 2017 – 2022 is for the ICS "to be the global home of science and clinical education for LUTS, Incontinence and Pelvic Floor Disorders".

- To host a successful Annual Scientific Meeting in Las Vegas, U.S.A. resulting in a surplus, and a high quality congress which will continue to secure the status of the ICS as the premier international multidisciplinary conference on continence.
- To set up and develop new strategic partnerships with individuals and organisations.
- To maintain the ICS membership at 3,000 or more members.
- To enable more accessible educational content for our global membership.
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.

Executive Summary

The ICS was challenged by the COVID-19 pandemic which erupted in February 2020. The implications for the ICS annual meeting and educational courses was greatly uncertain. At first, the ICS placed a hold on educational courses and moved the ICS 2020 meeting in Las Vegas from August to November. All sessions and speakers were moved to the new date, and potential delegates were kept closely informed. Then, when the pandemic showed no signs of abating the Board took the decision to move ICS 2020 to an online meeting format. The risks and costs of a late cancelled physical meeting were too high. The Board also took consideration that a cancelled meeting would mean all faculty being unable to present their valued content. A major research and transition project began involving the ICS office, Kenes, Local Organising Committee, ICS committees and the faculty. Due to the great efforts and initiative of all involved this resulted in a successful inaugural online ICS 2020 annual meeting.

ICS initiated a new educational product for the membership and global community in the form of 'ICS Live'. This involved ICS faculty presenting online with the opportunity for viewers to interact live with the presenters. A range of content was covered, with any related to COVID being streamed as free for all. 24 ICS Live events were held in 2020 covering the full multidisciplinary spectrum of ICS topics. All content remains available on the ICS website with many more ICS Live events planned for 2021.

The ICS again exceeded 3,000 members, with a total of 3120 members for 2020. This continues to meet a strategic aim to consolidate and sustain a core ICS membership of 3,000 or more.

In financial terms the charity closed the year in with an expected deficit position due to the low surplus received from the online ICS 2020 meeting. The year-end reserves ensure the ongoing financial health of the charity for the foreseeable future. The Board resolved to limit the financial risk of ICS annual meeting income by changing the rotation policy to ensure that ICS is in Europe in alternate years. Other income generation projects are under consideration in order to further diversify the income of the Charity.

Achievements and Performance

ICS Annual Scientific Meeting 2020

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 50th Annual Meeting of the ICS took place online due to the COVID-19 pandemic. The meeting was attended by 1,211 delegates. This was close to expectations and is seen as a good result given the ongoing disruption caused by the pandemic and this being an online meeting. The diversity of delegates, with over 60 countries represented, proved the international appeal of ICS meetings.

38 Live sessions were held including 8 Round Tables, 3 State of the Art lectures, 25 workshops and 2 industry symposia. 22 on-demand sessions included over 400 abstract presentations.

The Scientific Committee continued the strategy of providing programme 'tracks' to ensure that delegates would always have some content of interest or relevance at any point in the programme.

Our full thanks go to Gamal Ghoniem (Meeting Chair), Howard Goldman (Local Scientific Programme Chair), Vani Dandolu (co- Local Scientific Programme Chair) and the whole ICS 2020 local organising committee for their commitment. Evaluation scores were highly positive in all categories. Thanks are also due to the ICS office staff, ICS committees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS each year where a surplus has been made.

Awards and Fellowships

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered the following: twelve scholarships and eleven conference travel awards. The reviewers emphasised awarding persons from less developed countries, although worthy candidates from more developed countries were also included.

The lifetime achievement award was awarded to Alan Wein and will be presented at the next ICS Annual Dinner at the annual scientific meeting.

Educational Courses 2020

The ICS Education Committee has continued a successful add-on educational course format in which ICS faculty contribute to an existing local meeting. Add-on courses have a number of benefits over stand-alone courses as they allow the ICS to have more courses at already established meetings ensuring correct target audience and bearing less risk. By focusing on add-on courses a wider range of educational opportunities can be undertaken each year, which allows the ICS to further extend the worldwide sharing of good practice and knowledge. The committee have introduced a policy of a maximum of one funded ICS speaker per calendar year, to ensure the same people do not speak repeatedly at courses.

Educational Courses held in 2020 are outlined below. Many were affected due to the COVID pandemic. Virtual events were held where possible while some others were cancelled or postponed to 2021.

Course Name	Speaker & Profession	COVID Position	Budget
PACS	David Castro, Hashim Hashim	Unaffected	£ 2,000
INUS	Marcus Drake, Guilio Del Popolo	Unaffected	£ -
ICCS	Giovanni Mosiello, Mario Patricolo, Francesco Cappellano, Rien Nijman	Cancelled - not COVID related	£ -
Pan-Pacific Continence Society	Howard Goldman	Cancelled	£ 2,000

Queens Square	Emmanuel Chartier Kastler, Charalampos Konstantinidis, Desiree Vrijen, Doreen Mcclurg	POSTPONED June 2021	£ 1,000
3D cadaver course	David and Sherif		£ -
Regional course (Istanbul)	Mauro Cervigni	No word yet	£ -
Moscow - Female Functional Urology: Milestones and Guarantees	Sherif Mourad Mauro Cervigni	Virtual Lecture	£ -
ESSFU	Marcio Averbeck	Cancelled	£ -
CAU_Cyprus Urological Association			£ 550
ICS Course on Transitional Continence Management_AbuDhabi	Postponed from 2019 Giovanni Mosiello & Rien Nijman	POSTPONED, date TBC	£ -
LUT Dysfunction Meeting - Sao Paulo	Ervin Kocjancic & Carlos (unfunded)	Postponed	£ 3,000
25th Panhellenic Urological Congress	David Castro	Virtual Lecture	£ -
SUFU Lecture	Lori Birder	Unaffected	£ -
NCOI2020	Dudley Robinson	Cancelled	£ 2,700
South Brazilian Section of the Urology Society	selection of local urologists	POSTPONED, Dec 20	£ 1,000
Dubai - Emirates Urological Society	TBC	TBC	£ -
Urodynamics Course	Rizwan Hamid and Phillip Van Kerrebroeck	TBC	£ -
Iranian Urological Association	Matthias Oelke	Virtual Lecture	£ 1,800
Workshop and Symposium on Urodynamics and Functional Urology - Pakistan	Rizwan Hamid	POSTPONED, date TBC	£ -
Neurourology Tunisia		POSTPONED, date TBC	£ -

Columbia Urology Society	TBC	TBC	£ 1,000
Sicily		TBC	
Izmir Cadaver	Paula Igualada-Martinez	POSTPONED, date TBC	£ 600
SBU	Jalesh Panniker Giovanni Mosiello	TBC	£ 1,000
Nurses China		No word yet	
Saudi Urology Association	Rizwan Hamid	Unaffected	£ -
ANPC	Julie Westaway	POSTPONED, date TBC	£ 100
SIUD	Hashim Hashim	POSTPONED, Dec 20	£ -
IUGA	David Castro-Diaz	Virtual Lecture	£ -

ICS TV & ICS Live Review



The ICS office responded quickly to the pandemic and lack of face to face meetings by creating a range of live broadcast events streamed live to all. Willing volunteers were able to provide a range of talks from COVID related content to general ICS topics. During the height of the pandemic watch times averaged around 50 people which reduced as people started to return to routine work. However, watch back times on demand still continue with a post event campaign. In total the ICS live events have been watched approximately 11,000 times since April. ICS Live events will continue to be offered post ICS 2020 Online.

ICS TV has continued to enjoy increased watch times but due to the pandemic no studio recording was undertaken after February 2020. Adrian Wagg and Paula Igualada-Martinez created Faculty development videos to add to our suite.

ICS Membership

The ICS recorded 3,120 members for 2020 which represents the fourth successive year in exceeding

3,000 members. 2020 was a record for first-time members, with 1,664 joining.

The Board did not increase the membership fee for 2020. The ICS strives to keep the membership fee as low as possible to keep the ICS accessible. To extend the public benefit of ICS membership the Board introduced free one year membership for early career professionals that had not held ICS membership before. The lower membership fees for nurses, physiotherapists and early career professionals were continued.

There were many other projects undertaken in 2020 and some notable achievements are highlighted.

The full annual reports of each committee are available at ICS Documents. The below are a selection of ICS committee achievements.

Children and Young Adults Committee
It has been a tumultuous year for everyone in the world and the same can be said for the Children's Committee. We mourned the loss of our chair Mario Patricolo. A great asset to the Paediatric and Adolescent Urology Community. He was an energetic and enthusiastic teacher, leader, and colleague. He will be missed.

The plans as a committee have been delayed due to the COVID-19 pandemic and some time had to be taken to ensure members of the committee from highly impacted areas were given time to manage the situation at home.

We would not be able to deliver any of our goals without the support and patience of the ICS office staff. Their diligence and advice has been greatly appreciated.

Developing World Committee
The last activity that took place last year was the "ICS Fistula Course" in Khartoum – Sudan in December 2019. The ICS Fistula Course is very popular among our membership and also among the International community interested in fistula and urinary incontinence in developing countries. The course actually attracts many trainees from different countries to join the 3-day training course which is a real hands-on workshop. It was decided after board advice to cancel the "Fistula Course" this year and to resume this activity in 2021 (date to be advised).

Education Committee
The committee plans and delivers all the ICS education courses and guest lectures. As detailed above the majority of courses were either cancelled, postponed or moved online in 2020.

The entire committee was engaged in selecting workshops for ICS 2020. The committee successfully reviewed all the workshops applications and held a very useful online meeting to create the educational program and discuss the future activities of the committee.

The committee launched ICS Live events to provide online education to members during the pandemic.

Ethics Committee
Dr. Nina Davis has completed consecutive 3-year terms. Dr. Anne Suskind will be her successor, which started at the online meeting in 2020.

The Committee held two sessions at ICS 2020 Online: A spotlight on session entitled, A Sizeable Problem: Should We Operate on the Morbidly Obese? An Ethics Debate to be moderated by Linda

Cardozo. Plus, their annual free workshop entitled 'Autonomy and Consent in Modern Medical Practice' This was a case-based workshop that will focus on the bioethical principle of autonomy in the larger context of advice and consent and the treating practitioner's attitudes about the patient's condition and potential therapeutic interventions.

Nursing Committee

The committee hosted a Nursing Forum and Nursing Workshop for the 2020 online conference. Members of the committee were also involved in the review of the abstracts submitted to the main annual meeting in conjunction with the Scientific Committee.

Committee members, Jo Booth and Donna Bliss, published a consensus document about Bladder and Bowel Training, NAU 39, 1234-1254. doi: 10.1002/nau.24345.

In response to the COVID-9 pandemic, Donna Bliss, Frankie Bates, and Tamara Dickerson developed and participated in a live webinar on "Continence Nursing during COVID-19 Adjustments and Implications for the Future". Other speakers included Jo Booth, Joanne Dean (both members of the Nursing Committee), Gilbert Liu, and Veronika Geng. In all, the speakers discussed adjustments in continence nursing from the perspective of 6 countries and 5 different settings. There were more than 1,000 views of this webinar.

Physiotherapy Committee

The Committee held their annual Physiotherapy Forum led by Nelly Faghani. The committee also supported a roundtable (RT4) of male incontinence and erectile dysfunction following prostatectomy. Plus, an ICS core curriculum: Institute of physiotherapy: New frontiers in conservative management for pelvic floor dysfunction in conjunction with the ICS physiotherapy committee, which is chaired by Cristiane Carboni, Melanie Morin, Heather Moky, and Sege Marchand.

Scientific Committee

The Committee coordinated and participated in the review of a high number of abstracts. The number of accepted abstracts was down on last year at 724 (2019: (2019: 946). However this was more that we may have expected given the uncertainties around the Pandemic and we deliberately extended the abstract deadline to try and encourage late submissions. This therefore continues to reflect the high standing with which both clinicians and scientists hold ICS.

The majority of rejected abstracts were for breach of anonymity despite this being made clear at numerous checkpoints during the submission process. There also remain a significant number of incomplete abstracts despite clear instruction on minimum length of 400 words. There is also a maximum word count of 1200 words and two figures.

The standard and uniformity of abstract marking continues to improve and this was obvious on reviewing scoring from individual scorers where there is now a greater use of the entire score scale and a pleasing trend towards a Gaussian distribution. We continue to use the editorial board of the NUU and are grateful for their assistance. All abstracts were marked as required by a minimum of 3 reviewers one of which was a scientific committee member.

Standardisation Steering Committee

The SSC's main focus is the creation of scientific content via terminology documents. The committee have completed/ Near completion: Nine (3 Published in 2017; 1 Published in 2018; 2 published in 2019, 3 in 2020). The three documents published in 2020 were: (1) ICS Report on the Standardisation of Terminology for Single-use Body-worn Absorbent Incontinence Products; working group of the International Continence Society (SSCWG11), (2) ICS Report on the Terminology for Surgical

Management of Male Lower Urinary Tract Dys-function (SSCWG17) and (3) ICS Report on the Terminology for Female Pelvic Floor Fistulas (SSCWG18).

The committee continue working on updates to the ICS Glossary. This is an online collation of 1124 terms/descriptors from all ICS documents back to 2000. This works well on mobile handsets. Features include: (i) access to all recent and past references for each term; (ii) instant copying of each reference; (iii) instant download of all reference documents; (iv) instant contribution to more extensive feedback via ICS Terminology Discussion (below); (v) instant short feedback to ICS Office. This provides the ultimate facility for terminology accessibility, exclusive to ICS.

Urodynamics Committee

The project continues with the ongoing production of new modules, some of which were published this year. The list of the 10 modules that are completed including the publication and filming:

1: Krhut J, Zachoval R, Smith PP, Rosier PF, Valanský L, Martan A, Zvara P. Pad weight testing in the evaluation of urinary incontinence. Neurourol Urodyn. 2014 Jun;33(5):507-10. doi: 10.1002/nau.22436. Epub 2013 Jun 24. Review. PubMed PMID: 23797972.
2: Rosier PF, Kirschner-Hermanns R, Svihra J, Homma Y, Wein AJ. ICS teaching module: Analysis of voiding, pressure flow analysis (basic module). Neurourol Urodyn. 2016 Jan;35(1):36-8. doi: 10.1002/nau.22660. Epub 2014 Sep 11. PubMed PMID: 25214425.
3: Asimakopoulos AD, De Nunzio C, Kocjancic E, Tubaro A, Rosier PF, Finazzi-Agrò E. Measurement of post-void residual urine. Neurourol Urodyn. 2016 Jan;35(1):55-7. doi: 10.1002/nau.22671. Epub 2014 Sep 22. PubMed PMID: 25251215.
4: Gammie A, D'Ancona C, Kuo HC, Rosier PF. ICS teaching module: Artefacts in urodynamic pressure traces (basic module). Neurourol Urodyn. 2017 Jan;36(1):35-36. doi: 10.1002/nau.22881. Epub 2015 Sep 15. Review. PubMed PMID: 26372678.
5: Digesu GA, Gargasole C, Hendricken C, Gore M, Kocjancic E, Khullar V, Rosier PF. ICS teaching module: Ambulatory urodynamic monitoring. Neurourol Urodyn. 2017 Feb;36(2):364-367. doi: 10.1002/nau.22933. Epub 2015 Nov 23. PubMed PMID: 26594872.
6: Tarcan T, Demirkesen O, Plata M, Castro-Diaz D: ICS Teaching Module: Detrusor leak point pressures in patients with relevant neurological abnormalities. Neurourol Urodyn 2017 Feb; 36(2):259-262. doi: 10.1002/nau.22947.
7: D'Ancona CAL, Gomes MJ, Rosier PFWM. ICS teaching module: Cystometry (basic module). Neurourol Urodyn. 2017 Sep;36(7):1673-1676. doi: 10.1002/nau.23181. Epub 2016 Nov 28. Review. PubMed PMID: 27891659.
8: Krhut J, Zachoval R, Rosier PFWM, Shelly B, Zvara P. Electromyography in the assessment and therapy of lower urinary tract dysfunction in adults. Neurourol Urodyn. 2018 Jan;37(1):27-32. doi: 10.1002/nau.23278. Review. PubMed PMID: 28419532.
9: Guralnick ML, Fritel X, Tarcan T, Espuna M, Rosier PFWM: ICS-Educational Module: Cough stress test in the evaluation of female urinary incontinence: Introducing the ICS-Uniform Cough Stress Test. Neurourol Urodyn 2018; 37(5):1849-1855. DOI: 10.1002/nau.23519
10: Schurch B, Iacovelli V, Averbeck MA, Stefano C, Altaweel W, Finazzi Agrò E. Urodynamics in patients with spinal cord injury: A clinical review and best practice paper by a working group of The International Continence Society Urodynamics Committee. Neurourol Urodyn. 2018 Feb;37(2):581-591. doi: 10.1002/nau.23369. *(This one has been converted to a best practice consensus paper.)*

The committee continue with their project (book) on urodynamic techniques (provisional title "Practical Urodynamics". This project will have no costs for the ICS because it could be conducted with the collaboration of the Italian Society of Urodynamics, that have an agreement with a publisher (Springer).

Information Technology Department – Development Projects

ICS continues to evolve and adapt to the rapid change in technology and business environment in our sector. Innovation and technical skills keep us relevant and brings the "work smarter" ethos to everything we do at ICS.

Covid-19 Global Pandemic

Never has this been more the case than in 2020 when a sudden global pandemic struck without warning. The government introduced unprecedented measures closing the ICS office and forcing all staff to work from home. This also led to our annual meeting *ICS 2020 Las Vegas* being first moved to later in the year and then cancelled, moving to a virtual format *ICS 2020 Online*. This was itself a great deal of work - we made and promoted 3 scientific programmes in 2020!.

Both changing our entire IT infrastructure to online working and creating a virtual meeting was a huge responsibility that the I.T. team delivered on. This was only made possible by work completed in previous years to keep systems modern and up to date so that when ICS had to suddenly relocate and host a virtual meeting the systems were agile and flexible enough to allow it. Gratitude is due to the dedicated I.T. team who worked under extreme pressure to deliver on all our projects.

UK Furlough Scheme

Due to disruption to the business ICS adopted the government supported furlough scheme. This meant the loss of two technical staff (Roger / Rob) for a significant period with Dominic and Ashley covering their roles with a reduction in capacity.

Major projects completed in 2020:

Remote Working

The ICS website was as always the gateway for the public and ICS members to access ICS services. Building on our cloud-based infrastructure with Microsoft Office 365 / Teams rollout ICS was well placed to move to complete remote working for all staff. Email, Voice Call Telephony, Video Conferencing, Team Productivity were all integrated for home working. VPN secure access to network resources allowed remote file access. Equipment and computers were repurposed, reconfigured and cannibalised to meet the needs of all staff to work remotely. On premises hardware and systems were made more resilient, automated where appropriate while other critical services were moved to the cloud.

ICS 2020 Scientific Committee Meeting

This 2 day highly complex meeting was conducted online using Zoom and the ICS Website. A large committee was able to collaborate and construct a huge and complex scientific programme together across a broad range of disciplines, selecting the very best science to create an engaging programme for our members and delegates. This was a huge achievement for the committee and the team to accomplish this task in a virtual format.

ICS 2020 Online

A huge effort was made to create a range of new features for the ICS website to support live broadcasts and interaction for the online meeting. An enormous amount of content was created ahead of the annual meeting for on-demand playback and 2 live streams were created for live broadcast during the meeting. Despite technical problems during the meeting our strategic decisions to host our content on the YouTube platform with all of our data backed up we were able to recover from problems on the first morning with our website hosting provider and seamlessly resume service to our delegates.

- 4 days of Live Broadcasts in 2 halls
- 35 Live Sessions

- 59 On Demand Sessions
- New live session platform
- Comments platform for sessions and abstracts
- Abstracts video upload direct to YouTube
- New paywall to restrict content to event delegates

Website Projects

- New Voting Admin Platform
- Automated all membership renewal reminders
- New OpenGraph API integration to send all website email via Office 365
- All legacy systems upgraded to use new notifications platform
- Permission editor directive - a permissions editor which can be added to anything on the website that needs to have restricted access.

ICS Live Events

To meet the needs of our members the Education Committee worked with the office to create an online format for education to broadcast our education courses online.

- ICS Live Brand
- Live Studio Event – Modern Technology Webinar with Prof Emre Huri
- 26 ICS Live Broadcasts throughout the year

Video Projects

- ICS 2020 Promotional Videos - Scientific Programme
- ICS 2021 Promotional Video (for ICS 2020)
- ICS 2020 Webcasts / ICS 2020 Online
- How-To Animations + Help videos for ICS 2020 Online

Financial Review

Results for the year

The consolidated results of the charity and its trading subsidiary, Conticom, showed net outgoing funds in the year of £218,747 (2019: net outgoing funds of £32,173) with closing consolidated funds of £1,200,635 (2019: £1,419,382).

Consolidated Income

Income in the year was from the Annual Meeting and trading of £228,342 (2019: £457,648), membership fees £220,919 (2019: £177,481), royalty income totalling £7,742 (2019: £97,456), donations of £15,530 (2019: £43,877), Educational activities totalling £2,085 (2019: £29,546), interest from Investments of £907 (2019: £3,248) and furlough grants of £16,154 (2019: £NIL).

With this funding the Charity has been able to finance: the staffing and technical costs of hosting the virtual meeting, educational activities, including awards, fellowships, courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the annual meeting, the membership of over 3,000 and subscriptions to the NaU Journal. The majority of award costs were covered by an educational grant received from Pfizer.

The total loss of the trading subsidiary was £103,707 (2019: Profit of £118,310).

Consolidated Expenditure

Expenditure in the year was on Educational Activities £176,749 (2019: £295,434), Annual Meeting expenditure £310,824 (2019: £338,897) and Publication and Membership £230,379 (2019: £240,376).

ICS adopted the government supported furlough scheme for four employees over a period of 2-4 months per employee.

Annual Meeting

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will, under their current contract, continue in the role until 15 April 2022), by Conticom-ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom-ICS Limited.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The updated four year rotation policy involves a European meeting every other year (from 2022), with the alternate years in a destination outside of Europe; on the provision that an adequate surplus is forecast. The meeting surplus continues to be the major income of the charity so must be protected. The ICS will continue to reach a range of countries through its educational course programme.

As requested by the membership, the table below shows an overview of the Annual Meeting income, expenditure and surplus.

	£	£	£	£	£
	2020	**2019**	**2018**	**2017**	**2016**
Sponsorship & exhibition	312,172	486,948	640,194	801,445	465,380
Registrations	118,088	774,086	601,770	1,031,819	871,593
Other income	673	116,298	80,442	136,830	150,771
Total income	430,933	1,377,332	1,322,406	1,970,094	1,487,744
Total expenditure	401,367	1,114,308	1,243,573	1,341,113	1,372,160
Surplus/(Deficit)	29,566	263,024	78,833	628,981	115,584
Surplus of which Conticom received including Scientific Services Fee	218,009	395,734	190,627	635,335	206,857

Investment Performance

The charity's investment portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio rose by 1% in 2020, a profit of £7,526, which has been declared in the accounts as net gains on investments (2019: profit of £33,278).

£907 was received in interest from bank accounts and investments has been declared as income from investments for the year to 31 December 2020 (2019: £3,248).

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
   - Calculations are to be based on estimated future combined operating costs for the next two years.
   - These operating costs are to only take into account running costs not guaranteed to be financed by matching income.

b) Provide an element of contingency for unforeseen liabilities.
   - Which should be £100,000

c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £627,571 for 2021 and £651,213 for 2022, giving a total of £1,278,784 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,378,784 as at 31.12.2020.

As of 31st December 2020, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£1,200,635** (2019: £1,419,382); therefore below the level of reserves required by £178,149. The trading subsidiary continued to support the Charity in meeting its objectives.

The trustees acknowledge for 2020 the Charity will be under its reserve policy. The Board considered that this was due to exceptional circumstances due to the pandemic. The Board also considered that future running costs did not include near guaranteed income such as membership dues. The Board resolved to review the reserves policy again when ICS was able to return to European annual meeting destinations in person (ICS 2022 in Vienna being the first occasion). In the interim all costs should be restrained. Costs and activities of the ICS will be reviewed steadily in line with ICS strategy and objectives.

Pay policy for senior staff

The trustees and the senior management team comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. All trustees give of their time freely and no trustee received remuneration in the year. Details of trustees' expenses are disclosed in note 9 to the accounts. The pay of the senior staff is reviewed

annually and normally increased in accordance with average earnings. In view of the nature of the charity, the trustees benchmark against pay levels for similarly experienced staff.

Investment Powers and Policy

Under the Memorandum and Articles of Association, the Charity has the power to invest in any way the Trustees wish. The Trustees, having regard to the liquidity requirements of operating the Charity and to the reserves policy, operated a policy of keeping approximately 70% of total funds available in interest-bearing, yet instant access accounts.

Plans for Future Periods

ICS Annual Meeting 2021

Annual Meeting Chair: Helen O'Connell, Co-Chair: Chris Maher
Local Scientific Programme Chairs: Anna Rosamilia, Vincent Tse

The 51st Annual Meeting of the ICS was scheduled to take place at the Melbourne Convention Centre in Melbourne, Australia. However, due to the pandemic the meeting will again be held virtually as in 2020.

Future Meetings

ICS 2022: Vienna, Austria. Chair: Heinz Koelbl
ICS 2023: Toronto, Canada. Chair: Magdy Hassouna
ICS 2024: Madrid, Spain. Chair: Pedro Hernandez

Investment strategy

For the Board to review and implement a revised investment strategy

ICS Journal

The Board will consider options for improving the contractual deal and member experience for the ICS Journal.

ICS Standards 2020/2021

The successful ICS Standards, a comprehensive e-publication bringing together many of the major initiatives of the ICS, publication will be reviewed and updated for 2021. This will ensure that core ICS publications are collated and easier accessible, therefore disseminating the important information more readily.

ICS COMMITTEES

Standardisation Steering Committee

The Standardisation Steering Committee (SSC) will continue to work on and develop key terminology documents. The committee have a new Chair starting at ICS 2020 Online, Matthias Oelke. Who will take on the existing projects and work with the Committee on plans/recommendations for new terminology updates.

Urodynamics Committee

The Urodynamics Committee will continue to work on the new ICS teaching modules to build on the modules previous completed. The urodynamics committee is working with the Standardisation and Education committees to standardise urodynamics. These modules will be published, used in educational lectures and become e-learning modules. This information is available via the ICS website.

Education Committee
The Committee plan to undertake a full review of course strategy. This is from a strategic level for the board to consider the future format of the courses provided by the ICS and whether the existing format is in line with the future strategy of the ICS. A full review of the courses will be presented to the Board along with a budget request. The Committee also plan to launch a new, dedicated, microsite: ICS Early Careers in 2021. This will be a one stop shop for ICS early career professionals.

Information Technology Department – Future Plans (for 2021)

With so much uncertainty resulting from COVID, many plans are duplicated with a virtual and physical options being planned and prepared for. Our annual meeting destination is scheduled to be ICS 2021 Melbourne but with international travel banned and lockdowns being in place in both locations there are no guarantees a physical event can go forward. The I.T. team is in a far better position, with a wealth of experience hosting online events and working efficiently in remote teams.

ICS 2021 Online / Hybrid
Planning already for both eventualities – if a physical meeting were to go ahead we would intend to also provide some online access to those delegates unable to attend. If no physical meeting could happen, planning for an online meeting format.

Microsoft Azure Migration
Migrating our website to the latest Microsoft Website Application will give our website a badly needed upgrade, allowing us to migrate from our current website hosting provider to Microsoft Azure. This is a far more modern replacement for our website hosting infrastructure. Microsoft Azure is one of the world's largest website hosting platforms and will future proof the organisation as well as giving us a more stable, scalable platform. This will also allow us to solve some technical issues which our current provider has been unable to resolve since the annual meeting.

ICS Forums
Completing development of the ICS Forums system and rolling out the new system to all ICS Committees and Working Groups.

PayPal Integration *(delayed from 2020 due to going online for the Annual Meeting)*
A new ICS Payments System to handle card transactions integrating with the PayPal merchant platform

7th International Consultation on Incontinence
Planning to host the 7th meeting of ICI. The I.T. team are responsible for the dissemination of the scientific outputs and will typeset and publish-on-demand the book.

ICS Podcasts
Create a new podcasts platform for ICS with seasons of pre-recorded audio programmes featuring exciting speakers from the ICS faculty on a range of topics of interest to our members.

Approved by the Trustees and signed on their behalf by:

John Heesakkers
Treasurer
Date: 21st September 2021

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

I report to the charity trustees on my examination of the accounts of company for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities

I have no concerns, other than the matter set out below, and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Matter of concern identified

The Trustees' view on the impact of COVID-19 is disclosed on the Trustees report. However, not all future events or conditions can be predicted. The COVID-19 viral pandemic is one of the most significant economic events for the UK with unprecedented levels of uncertainty of outcomes. It is therefore difficult to evaluate all of the potential implications on the charitable company's trade, suppliers and wider economy.

Matthew Bracher FCA
Institute of Chartered Accountants in England and Wales
For and on behalf of Haines Watts Bristol Limited
Bath House
6-8 Bath Street
Bristol
BS1 6HL

Date: 21st September 2021

THE INTERNATIONAL CONTINENCE SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2020

	Notes	**Unrestricted Year ended 31.12.20**	**Restricted Year ended 31.12.20**	**Total Year ended 31.12.20**	Unrestricted Year ended 31.12.19	Restricted Year ended 31.12.19	Total Year ended 31.12.19
		£	**£**	**£**	£	£	£
Income from:							
Donations and legacies	2	**130**	**15,400**	**15,530**	457	43,420	43,877
Investments	3	**891**	**-**	**891**	3,241	-	3,241
Charitable activities:							
Distribution from trading subsidiary		**29,318**	**-**	**29,318**	-	-	-
Subscription and royalties	4	**228,661**	**-**	**228,661**	274,937	-	274,937
Educational activities	6	**2,085**	**-**	**2,085**	29,546	-	29,546
Other income	5	**8,077**	**-**	**8,077**	-	-	-
Total income		**269,162**	**15,400**	**284,562**	308,181	43,420	351,601
Expenditure on:							
Charitable activities:							
Educational activities	7	**154,399**	**22,350**	**176,749**	253,632	41,802	295,434
Publication and membership	7	**230,379**	**-**	**230,379**	239,928	-	239,928
Total expenditure		**384,778**	**22,350**	**407,128**	493,560	41,802	535,362
Net gain/(losses) on investments	14	**7,526**	**-**	**7,526**	33,278	-	33,278
Net income/(expenditure) and movement in funds		**(108,090)**	**(6,950)**	**(115,040)**	(152,101)	1,618	(150,483)
Reconciliation of funds:							
Fund balances brought forward		**1,324,406**	**18,020**	**1,342,426**	1,476,507	16,402	1,492,909
Fund balances carried forward		**1,216,316**	**11,070**	**1,227,386**	1,324,406	18,020	1,342,426

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2020

	Notes	**Unrestricted Year ended 31.12.20**	**Restricted Year ended 31.12.20**	**Total Year ended 31.12.20**	Unrestricted Year ended 31.12.19	Restricted Year ended 31.12.19	Total Year ended 31.12.19
		£	**£**	**£**	£	£	£
Income from:							
Donations and legacies	2	**130**	**15,400**	**15,530**	457	43,420	43,877
Investments	3	**907**	**-**	**907**	3,248	-	3,248
Charitable activities:							
Annual meeting and trading	14	**228,342**	**-**	**228,342**	457,648	-	457,648
Subscription and royalties	4	**228,661**	**-**	**228,661**	274,937	-	274,937
Educational activities	6	**2,085**	**-**	**2,085**	29,546	-	29,546
Other income	5	**16,154**	**-**	**16,154**	-	-	-
Total income		**476,279**	**15,400**	**491,679**	765,836	43,420	809,256
Expenditure on:							
Charitable activities:							
Educational activities	7	**154,399**	**22,350**	**176,749**	253,632	41,802	295,434
Publication and membership	7	**230,379**	**-**	**230,379**	240,376	-	240,376
Annual meeting	7	**310,824**	**-**	**310,824**	338,897	-	338,897
Total expenditure		**695,602**	**22,350**	**717,952**	832,905	41,802	874,707
Net gains/(losses) on investments	14	**7,526**	**-**	**7,526**	33,278	-	33,278
Net income/(expenditure) and movement in funds		**(211,797)**	**(6,950)**	**(218,747)**	(33,791)	1,618	(32,173)
Reconciliation of funds:							
Fund balances brought forward		**1,401,362**	**18,020**	**1,419,382**	1,435,153	16,402	1,451,555
Fund balances carried forward		**1,189,565**	**11,070**	**1,200,635**	1,401,362	18,020	1,419,382

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2020

	Notes	2020 £	2020 £	2019 £	2019 £
FIXED ASSETS:					
Intangible assets	12		**1,709**		1,864
Investments	14		**778,596**		771,070
			780,305		772,934
CURRENT ASSETS:					
Debtors	15	**126,390**		332,793	
Cash at bank and in hand		**380,020**		394,015	
		506,410		726,808	
CREDITORS: Amounts falling due within one year	16	**(59,329)**		(157,316)	
NET CURRENT ASSETS:			**447,081**		569,492
TOTAL ASSETS LESS CURRENT LIABILITIES:			**1,227,386**		1,342,426
FUNDS:					
Unrestricted funds	18		**1,216,316**		1,324,406
Restricted funds	18		**11,070**		18,020
			1,227,386		1,342,426

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on 21st September 2021 and were signed on their behalf by:

Dr J Heesakkers - TRUSTEE

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2020

		2020		2019	
	Notes	£	£	£	£
FIXED ASSETS:					
Intangible assets	12		**1,709**		1,864
Tangible assets	13		**10,075**		17,543
Investments	14		**778,595**		771,069
			790,379		790,476
CURRENT ASSETS:					
Debtors	15	**69,340**		415,451	
Cash at bank and in hand		**437,209**		410,895	
		506,549		826,346	
CREDITORS: Amounts falling due within one year	16	**(96,293)**		(197,440)	
NET CURRENT ASSETS:			**410,256**		628,906
TOTAL ASSETS LESS CURRENT LIABILITIES:			**1,200,635**		1,419,382
FUNDS:					
Unrestricted funds	18		**1,189,565**		1,401,362
Restricted funds	18		**11,070**		18,020
			1,200,635		1,419,382

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

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(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

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The financial statements were approved by the Trustees on 21st September 2021 and were signed on their behalf by:

Dr J Heesakkers – TRUSTEE

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR ENDING 31 DECEMBER 2020

	Notes	**Charity 2020 £**	Charity 2019 £	**Group 2020 £**	Group 2019 £
Cash flows from operating activities:					
Net cash provided by (used in) operating activities	1	**(14,886)**	(240,161)	**28,207**	(225,007)
Cash flows from investing activities:					
Interest income		**891**	3,241	**907**	3,248
Purchase of property, plant and equipment		**-**	-	**(2,800)**	(13,729)
Disposal of property, plant and equipment		**-**	-	**-**	-
Purchase of investments		**-**	-	**-**	-
Net cash provided by (used in) investing activities		**891**	3,241	**(1,893)**	(10,481)
Change in cash and cash equivalents in the reporting period	2	**(13,995)**	(236,920)	**26,314**	(235,488)
Cash and cash equivalents at the beginning of the reporting period		**394,015**	630,935	**410,895**	646,383
Cash and cash equivalents at the end of the reporting period		**380,020**	394,015	**437,209**	410,895

NOTES TO CASH FLOWS:

1. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Charity 2020 £	Charity 2019 £	**Group 2020 £**	Group 2019 £
Net movement in funds	**(115,040)**	(150,483)	**(218,747)**	(32,173)
Add back depreciation/amortisation charge	**155**	155	**10,423**	11,537
Deduct interest income shown in investing activities	**(891)**	(3,241)	**(907)**	(3,248)
Deduct/add net (gain)/loss on investments	**(7,526)**	(33,278)	**(7,526)**	(33,278)
Decrease (increase) in debtors	**206,403**	(113,102)	**346,111**	(232,150)
Increase (decrease) in creditors	**(97,987)**	59,788	**(101,147)**	64,305
Net cash (used)/gained in/from operating activities	**(14,886)**	(240,161)	**28,207**	(225,007)

NOTES TO CASH FLOWS – continued:

2. ANALYSIS OF CHANGES IN NET FUNDS - CHARITY

	At 1.1.20 £	Cash flow £	At 31.12.20 £
Net cash			
Cash at bank and in hand	394,015	(13,995)	380,020
	394,015	(13,995)	380,020

ANALYSIS OF CHANGES IN NET FUNDS - GROUP

	At 1.1.20 £	Cash flow £	At 31.12.20 £
Net cash			
Cash at bank and in hand	410,895	26,314	437,209
	410,895	26,314	437,209

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The International Continence Society is a company limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The accounts have been prepared on the assumption that the charity is able to continue as a going concern. However, the COVID-19 pandemic is likely to have a profound impact on the global economy, and may in turn affect the charity. The trustees have considered the impact of this issue on the charitable company's current and future financial position. The charity holds unrestricted, group general reserves of £1,189,565 and a group cash balance of £437,209. The trustees consider that the charity has sufficient cash reserves to continue as a going concern for a period of at least 12 months from the date on which these financial statements are approved. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity constitutes a public benefit entity as defined by FRS 102. The address of the registered office and place of business is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is a membership society for professionals working in the field of incontinence.

The principal accounting policies adopted by the charity in drawing up its financial statements are as follows:

(a) Income

All incoming resources are including in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that income will be received. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

For donations to be recognised, the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

(b) Group Accounts

The results of Conticom-ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities, the Balance Sheet and The Statement of Cashflows.

(c) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

1. ACCOUNTING POLICIES - continued

(d) **Investment assets**

The investment in the subsidiary is stated at cost. Listed investments held for the continuing benefit of the charity and are treated as fixed assets and are valued at fair value at the balance sheet date.

(e) **Expenditure**

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with educational activities, together with publication and membership, and include both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions the assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 7.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

(f) **Intangible Assets**

The domain name is stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

The domain name is being amortised evenly over 20 years.

(g) **Tangible Fixed Assets**

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	-25% on cost
Computer equipment	-33% on reducing balance

(h) **Foreign Currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

(i) **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

(j) **Pension costs**

The charity operates a defined pension contribution scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

1. ACCOUNTING POLICIES - continued

(l) **Financial Instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

Basic financial assets

Basic financial assets, which include trade and other debtors, amounts due from group undertakings and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost. Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including trade and other creditors and amounts due to group undertakings are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method. Financial liabilities are derecognised when, and only when, the charity's contractual obligations are discharged, cancelled, or they expire.

(m) **Short term liquid investments and cash**

Cash at bank is held to meet short-term cash commitments as they fall due rather than for investment purposes and includes all cash equivalents held in the form of short-term highly liquid investments. Cash equivalents are short-term, highly liquid investments that are readily convertible to known amounts of cash and that are subject to an insignificant risk of changes in value.

(n) **Government grants**

Government grants received and receivable relate to the Job Retention Scheme and Business Support Grants set up by the government in response to the COVID-19 pandemic.

Government grants are recognised in the Statement of Financial Activities over the periods in which the entity recognises the related costs for which the grant is intended to compensate.

Those grants which become receivable as compensation for expenses or losses already incurred or for the purpose of giving immediate financial support to the entity with no future related costs are recognised in income in the period in which it becomes receivable.

2. INCOME FROM DONATIONS AND LEGACIES

	Charity		Group	
	2020	2019	**2020**	2019
	£	£	**£**	£
Other donors	**130**	28,307	**130**	28,307
Grants	**15,400**	15,570	**15,400**	15,570
	15,530	43,877	**15,530**	43,877

3. INCOME FROM INVESTMENTS

	Charity		Group	
	2020	2019	**2020**	2019
	£	£	**£**	£
Interest receivable	**891**	3,241	**907**	3,248
	891	3,241	**907**	3,248

4. INCOME FROM SUBSCRIPTIONS AND ROYALTIES

	Charity & Group	
	2020	2019
	£	£
Subscription Income:		
Deferred balance brought forward	**69,627**	37,325
Membership income received during the year	**159,962**	209,783
Deferred balance carried forward	**(8,670)**	(69,627)
	220,919	177,481
Royalty income on subscriptions	**7,742**	97,456
	228,661	274,937

5. OTHER INCOME

	Charity		Group	
	2020	2019	**2020**	2019
	£	£	**£**	£
Furlough grant	**8,077**	-	**16,154**	-
	8,077	-	**16,154**	-

6. INCOME FROM EDUCATIONAL ACTIVITES

	Charity & Group	
	2020	2019
	£	£
Cadaver Course income	-	19,590
Fistula Course income	-	8,000
Other income	**2,085**	1,956
	2.085	29,546

7. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities	**Publication & Membership**	**Annual meeting**	**Total 2020**	Total 2019
	£	**£**	**£**	**£**	£
Journal and other membership costs	**-**	**65,218**	**-**	**65,218**	68,984
Travel and subsistence costs	**-**	**-**	**-**	**-**	116
Advertising and promotional events	**153**	-	-	**153**	-
Publication committee costs	**-**	**-**	**-**	**-**	479
Education committee costs	**6,188**	**-**	**-**	**6,188**	8,754
Standardisation committee costs	**3,887**	-	-	**3,887**	-
Awards, grants and fellowships	**15,923**	-	-	**15,923**	53,083
Educational activity costs	**6,009**	-	-	**6,009**	80,733
Printing and postage costs	**203**	**204**	**-**	**407**	310
Staff costs	**97,423**	**117,994**	-	**215,417**	208,988
Finance costs	**4,534**	**4,534**	**-**	**9,068**	11,524
Foreign exchange loss/(gain)	**18**	**18**	**-**	**36**	5,850
Trustees' board costs	**4,776**	**4,776**	**-**	**9,552**	20,914
Support costs (see note 8)	**11,157**	**11,156**	-	**22,313**	26,780
Governance costs (see note 8)	**26,478**	**26,479**	**-**	**52,957**	48,847
Charity total	**176,749**	**230,379**		**407,128**	535,362
Annual meeting expenses	**-**	**-**	**310,824**	**310,824**	338,897
Books and merchandising	-	**-**	-	**-**	448
Group total	**176,749**	**230,379**	**310,824**	**717,952**	874,707

8. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS

	Educational Activities Costs £	Publication & Membership Costs £	Total 2020 £	Charity & Group Total 2019 £
Support costs:				
Phone	**4,538**	**4,538**	**9,076**	12,816
Insurance	**558**	**558**	**1,116**	1,462
Rent, rates, light and heat	**5,020**	**5,020**	**10,040**	10,638
Sundry	**963**	**963**	**1,926**	1,708
Amortisation	**78**	**77**	**155**	156
	11,157	**11,156**	**22,313**	26,780
Governance costs:				
Trustees' board costs	**3,728**	**3,728**	**7,456**	8,048
Indemnity insurance	**125**	**126**	**251**	243
Staff costs	**12,361**	**12,361**	**24,722**	24,106
Independent examiner's fee (see note 11)	**3,540**	**3,540**	**7,080**	6,462
Legal and professional	**6,724**	**6,724**	**13,448**	9,988
	26,478	**26,479**	**52,957**	48,847

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2019: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group 2020 Number	2019 Number	Charity & Group 2020 £	2019 £
Travel and meeting expenses	**9**	9	**9,371**	22,930

10. STAFF COSTS

	Charity 2020 £	2019 £	Group 2020 £	2019 £
Wages and salaries	**195,715**	188,725	**391,430**	377,450
National insurance contributions	**19,420**	18,831	**38,839**	37,662
Pension contributions	**25,005**	23,619	**50,010**	47,237
Recruitment and training	-	1,920	-	1,920
	240,140	233,095	**480,279**	464,269

Two employees earned more than £60,000 during the year.

10. STAFF COSTS - continued

The average monthly number of employees during the year were as follows:

	Charity		Group	
	2020	2019	**2020**	2019
	Number	Number	**Number**	Number
Governance	**0.3**	0.28	**0.3**	0.28
Educational activities	**1.95**	1.85	**1.95**	1.85
Publication and membership	**2.25**	2.37	**2.25**	2.37
Meeting co-ordinators	**-**	-	**4.5**	4.5
	4.5	4.5	**9**	9

The key management personnel of the group and the charity comprise the trustees, the administrative director and the I.T. director. The total employee benefits of the key management personnel of the group were £179,972 (2019: £175,432).

11. INDEPENDENT EXAMINER'S REMUNERATION

The independent examiner's remuneration consists of the following:

	Charity		Group	
	2020	2019	**2020**	2019
	£	£	**£**	£
For independent examination	**1,800**	1,720	**1,800**	1,720
For accounting services	**2,880**	2,920	**6,680**	6,520
For preparation of consolidated accounts	**1,560**	1,720	**1,560**	1,720
For general advice, meetings & other services	**840**	102	**840**	102
	7,080	6,462	**10,880**	10,062

12. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
COST		
At 1 January 2020	**3,106**	**3,106**
At 31 December 2020	**3,106**	**3,106**
AMORTISATION		
At 1 January 2020	**1,242**	**1,242**
Charge for year	**155**	**155**
At 31 December 2020	**1,397**	**1,397**
NET BOOK VALUE		
At 31 December 2020	**1,709**	**1,709**
At 31 December 2019	1,864	1,864

13. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Total
	£	**£**	**£**
COST:			
At 1 January 2020	**11,146**	**58,654**	**69,800**
Additions	**1,533**	**1,267**	**2,800**
Disposals	**(155)**	**-**	**(155)**
At 31 December 2020	**12,524**	**59,921**	**72,445**
DEPRECIATION:			
At 1 January 2020	**10,432**	**41,825**	**52,257**
Charge for year	**900**	**9,368**	**10,268**
Eliminated on disposal	**(155)**	-	**(155)**
At 31 December 2020	**11,177**	**51,193**	**62,370**
NET BOOK VALUE:			
At 31 December 2020	**1,347**	**8,728**	**10,075**
At 31 December 2019	714	16,829	17,543

14. CHARITY FIXED ASSET INVESTMENTS

	£
COST OR VALUATION:	
At 1 January 2020	**771,070**
Increase in market value of investments	**7,526**
At 31 December 2020	**778,596**
NET BOOK VALUE:	
At 31 December 2020	**778,596**
At 31 December 2019	771,070

	2020	2019
	£	£
Listed investments	**778,595**	771,069
Unlisted investments	**1**	1
Total investments	**778,596**	771,070

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited
Company number: 03687688
Country of incorporation: England & Wales
Nature of business: Conference facilitator

Class of shares: Ordinary – 100% holding

	2020	2019
	£	£
Aggregate capital and reserves	**(26,750)**	79,957
Profit/(loss) for the year	**(103,707)**	118,310

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	**228,342**
Trading income	-
	228,342
Cost of sales	**(10,661)**
Gross profit	**217,681**
Administrative expenses	**(329,481)**
Operating profit/(loss)	**(111,800)**
Interest receivable and other similar income	**8,093**
Net income/(expenditure)	**103,707**
Retained profit for the year	**(103,707)**
Retained profit brought forward	**76,956**
Retained profit/(loss)carried forward	**(26,751)**
Assets	**108,082**
Liabilities	**134,832**

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2020	2019	**2020**	2019
	£	£	**£**	£
Trade debtors	**26,683**	5,480	**63,602**	268,840
Prepayments and accrued income	**1,839**	15,625	**5,738**	49,155
Amounts due from group undertaking	**97,868**	214,232	-	-
Other debtors	-	97,456	-	97,456
	126,390	332,793	**69,340**	415,451

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2020	2019	**2020**	2019
	£	£	**£**	£
Trade creditors	**882**	18,246	**1,647**	21,976
Other creditors	**770**	2,437	**4,409**	4,678
Social security and other taxes	**-**	-	**16,722**	15,743
Accruals and deferred income	**57,677**	136,633	**72,963**	153,962
VAT	-	-	**552**	1,081
	59,329	157,316	**96,293**	197,440

17. FINANCIAL COMMITMENTS

Total financial commitments, guarantees and contingencies for the charity which are not included in the balance sheet amount to £10,382 (2019 - £9,811).

Total financial commitments, guarantees and contingencies undertaken as a group, which are not included in the balance sheet amount to £20,282 (2019 - £17,211).

18. STATEMENT OF FUNDS

	At 01 January 2020 £	Income £	Expenditure £	Gains on Investments £	At 31 December 2020 £
Unrestricted funds:					
General fund	**1,324,406**	**269,162**	**(384,778)**	**7,526**	**1,216,316**
Total unrestricted funds	**1,324,406**	**269,162**	**(384,778)**	**7,526**	**1,216,316**
Restricted funds:					
Laborie Fellowship fund	**4,546**	**-**	**(4,538)**	**-**	**8**
Continence Promotion Committee fund	**7,824**	**-**	**-**	**-**	**7,824**
3rd World Fistula work	**500**	**-**	**-**	**-**	**500**
Pfizer grant	**5,150**	**15,400**	**(17,812)**	**-**	**2,738**
Fistula course fund	-	-	-	-	-
Total restricted funds	**18,020**	**15,400**	**(22,350)**	**-**	**11,070**
Total charity funds	**1,342,426**	**284,562**	**(407,128)**	**7,526**	**1,227,386**
Subsidiary funds (unrestricted)	**76,956**	**236,435**	**(340,142)**	**-**	**(26,751)**
Intercompany adjustment	**-**	**(29,318)**	**29,318**	**-**	**-**
Total consolidated funds	**1,419,382**	**491,679**	**(717,952)**	**7,526**	**1,200,635**

STATEMENT OF FUNDS - comparatives

	At 01 January 2019 £	Income £	Expenditure £	Losses on Investments £	At 31 December 2019 £
Unrestricted funds:					
General fund	1,476,507	308,181	(493,560)	33,278	1,324,406
Total unrestricted funds	1,476,507	308,181	(493,560)	33,278	1,324,406
Restricted funds:					
Laborie Fellowship fund	3,517	12,150	(11,121)	-	4,546
Continence Promotion Committee fund	7,824	-	-	-	7,824
3rd World Fistula work	500	-	-	-	500
Pfizer grant	4,561	15,700	(15,111)	-	5,150
Fistula course fund	-	15,570	(15,570)	-	-
Total restricted funds	16,402	43,420	(41,802)	-	18,020
Total charity funds	1,492,909	351,601	(535,362)	33,278	1,342,426
Subsidiary funds (unrestricted)	(41,354)	457,655	(339,345)	-	76,956
Intercompany adjustment	-	-	-	-	-
Total consolidated funds	1,451,555	809,256	(874,707)	33,278	1,419,382

18. STATEMENT OF FUNDS - continued

General fund (unrestricted)
This fund represents the free funds of the charity, which are not designated for particular purposes.

Laborie Fellowship fund (restricted)
The Laborie Fellowship fund relates to a 3 year fellowship programme for an eligible member. Grants are received each year to support funding of the programme.

Continence Promotion Committee Fund (restricted)
The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee.

3rd World Fistula work (restricted)
This fund relates to a restricted donation received in November 2012 to fund 3rd world Fitsula work.

Pfizer grant (restricted)
This fund relates to a Pfizer grant received each year to fund international scholarships.

Fistula course fund (restricted)
This fund relates to a grant received during the year to support the Fistula repair course held in Sudan.

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS

CHARITY	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2020 are represented by:			
Fixed assets	-	780,305	780,305
Current assets	33,420	472,990	506,410
Current liabilities	(22,350)	(36,979)	(59,329)
Total Net Assets	11,070	1,216,316	1,227,386

GROUP	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2020 are represented by:			
Fixed assets	-	790,379	790,379
Current assets	33,420	473,129	506,549
Current liabilities	(22,350)	(73,943)	(96,293)
Total Net Assets	11,070	1,189,565	1,200,635

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS – comparatives

CHARITY	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2019 are represented by:			
Fixed assets	-	772,934	772,934
Current assets	31,490	695,318	726,808
Current liabilities	(13,470)	(143,846)	(157,316)
Total Net Assets	18,020	1,324,406	1,342,426

GROUP	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2019 are represented by:			
Fixed assets	-	790,476	790,476
Current assets	31,490	794,856	826,346
Current liabilities	(13,470)	(183,970)	(197,440)
Total Net Assets	18,020	1,401,362	1,419,382

20. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £50,011 (2019: £47,237) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2019 - £Nil) as at 31 December 2020.

21. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

22. RELATED PARTY TRANSACTIONS

There are no related party transactions that require disclosure (2019 - £Nil) as at 31 December 2020.