

SELF MOTIVATION IN LASTING ENDORPHINS S.M.I.L.E.

England & Wales · Charity number 1074822

Details

Other names SMILE

Status Registered

Legal form Other

Registered 1999-03-24

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: 1) TO RELIEVE THE SICKNESS OF PERSONS WHO ARE SUFFERING FROM CHRONIC PAIN AND IN PARTICULAR, BUT NOT EXCLUSIVELY, THOSE WHO HAVE PREVIOUSLY ATTENDED THE WALTON PAIN MANAGEMENT PROGRAMME, BY CARRYING OUT SUCH CHARITABLE PURPOSES AS WILL RELIEVE THEIR CONDITIONS OF NEED.2) TO SUPPORT THE CHARITABLE WORK OF THE WALTON PAIN MANAGEMENT PROGRAMME

Activities: Support chronic pain sufferers, their families & partners. We use gentle exercise, relaxation & tai chi to help chronic pain sufferers live their lives despite their pain. We organise social events and activities to enable sufferers to regain confidence and enjoy life by making friends. We support other groups throughout England & Wales to form SMILE self help groups and visit pain management prog

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport
- **Who:** People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups

Geography

- Throughout England And Wales

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-03-31 | £10,642 | £7,959 | - | - |
| 2024-03-31 | £13,510 | £13,054 | - | - |
| 2023-03-31 | £10,244 | £10,331 | - | - |
| 2022-03-31 | £6,947 | £8,360 | - | - |
| 2021-03-31 | £2 | £2,467 | - | - |
| 2020-03-31 | £15,067 | £13,687 | - | - |
| 2019-03-31 | £18,817 | £13,679 | - | - |
| 2018-03-31 | £23,285 | £12,295 | - | - |

Trustees

| Name | Role | Appointed |
|----------------|------|------------|
| Eric Smith | | 2022-06-15 |
| Lorraine Lee | | 2016-05-01 |
| SUSAN FAULKNER | | 2016-12-05 |
| Stanley Spence | | 2016-06-27 |