

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st March 2023
for
Heartlands Cystic Fibrosis Centre

West - Chartered Accountants
Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

Heartlands Cystic Fibrosis Centre

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for the Year Ended 31st March 2023

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Heartlands Cystic Fibrosis Centre

Report of the Trustees
for the Year Ended 31st March 2023

The trustees present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Heartlands Cystic Fibrosis Centre

Report of the Trustees for the Year Ended 31st March 2023

OBJECTIVES AND ACTIVITIES

Objectives and Activities

The objectives of the Charity are to raise funds for:

- o a centre of excellence for the medical care of patients with cystic fibrosis for the whole of the West Midlands region through the provision, maintenance, and improvement of a specialist fibrosis centre at the Heart of England NHS Foundation Trust.
- o the provision of the continual improvement of facilities of whatever nature for patients at the CF Centre as the Trustees may from time to time deem appropriate.
- o the promotion of research into the causes and treatment of cystic fibrosis and to publish results thereof.
- o the provision of counselling services for persons suffering from cystic fibrosis and their families.
- o the furtherance of public education about cystic fibrosis and research into the condition.
- o the education, training and rehabilitation of people suffering from cystic fibrosis to enable them to earn a living and develop their full potential as members of society.

Review of activities

During the year the charity has deployed the funds raised in a number of different ways including:

- o Funding of education and training for CF professionals
- o Providing grants to patients
- o Enhancing the facilities available for in-patients

Structure, Governance and Management

The Charity is governed by a Trust Deed dated 4 November 1998.

The Trustees are appointed by the Board of Trustees and serve for a five-year term after which they may put themselves forward for re-appointment.

The charitable status of the organisation has been confirmed by The Charities Commission. The major risks to which the charity is exposed, as identified by the trustees, have been reviewed and a system has been established to mitigate those risks.

Recruitment and appointment of new Trustees

In selecting individuals for appointment as trustees, the trustees have regard to skills, knowledge and experience needed for the effective administration of the charity.

Risk management

The Trustees have examined the major risks that the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

Reserves Policy

The Trustees aim to maintain free reserves in unrestricted funds at a level which will provide sufficient funds available to cover ongoing expenses and commitments and to enable significant projects and initiatives to be taken forward. At year end £156,357 was held in reserve, which will in part be deployed as part of a patient room refurbishment initiative.

Heartlands Cystic Fibrosis Centre

Report of the Trustees for the Year Ended 31st March 2023

Public Benefit

The trustees are aware of the obligations of the charity, which are set out in the Guidance issued by The Charities Commission under The Charities Act 2006. They are confident that the work of the charity in pursuit of its objects is delivering Public Benefit. The Trustees will comply with the future reporting requirements in this regard.

Financial Review

The Charity's income for the year ended 31 March 2023 was £45,716 which included £20,570 grant from the CF Trust. Expenditure totalled £31,033.

Achievements

During the year the Charity created a new initiative to support the mental health of CF patients costing £2,140. It also provided £900 in emergency funding for patients in financial difficulty.

Future Plans

The Charity is committed to continual update and refurbishment of CF patient facilities. This will include the refurbishment of a further nine patient rooms and three patient areas of the centre, with a fund-raising campaign set to begin in the 2023/2024 financial year.

Trustees' responsibilities in relation to the financial statements

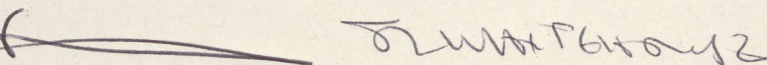
The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- o select suitable accounting policies and then apply them consistently;
- o observe the methods and principles in the Charities SORP 2015 (FRS 102);
- o make judgements and estimates that are reasonable and prudent;
- o state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- o prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will not continue in business

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the Trustees



Dr J L Whitehouse - Chair of Trustees

Heartlands Cystic Fibrosis Centre

Report of the Trustees
for the Year Ended 31st March 2023

Dated: 29 January 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1074745

Principal address

Ward 26 Heartlands Hospital
Bordesley Green East
Bordesley Green
Birmingham
West Midlands
B9 5SS


Trustees

Dr J L Whitehouse - Chair
Dr D Honeybourne - Vice Chair & Founder Trustee (resigned 1/1/2023)
Dr D Stableforth - Founder Trustee
Mr D Sellers - Treasurer
Mrs J Bull MBE - Patients' Representative
Dr R Rashid
Ms J M Barrett
Dr N Patel
Mr S Williams - Patients' Representative (resigned 30/4/2022)
Mrs J Wainwright (appointed 2/8/2022)
Mrs N Gilday (appointed 2/8/2022)

Independent Examiner

West - Chartered Accountants
Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

Approved by order of the board of trustees on
..... and signed on its behalf by:



.....
Dr J L Whitehouse - Trustee

Independent Examiner's Report to the Trustees of
Heartlands Cystic Fibrosis Centre

Independent examiner's report to the trustees of Heartlands Cystic Fibrosis Centre

I report to the charity trustees on my examination of the accounts of Heartlands Cystic Fibrosis Centre (the Trust) for the year ended 31st March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Susan West

West - Chartered Accountants
Office 2 Greswolde House
197b Station Road
Knowle
Solihull
West Midlands
B93 0PU

29th January 2024

Heartlands Cystic Fibrosis Centre

Statement of Financial Activities
for the Year Ended 31st March 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		28,105	-	28,105	10,903
Charitable activities					
Charitable Activities		16,445	1,100	17,545	20,489
Cystic Fibrosis Trust		50	-	50	-
Investment income	2	16	-	16	6
Total		<u>44,616</u>	<u>1,100</u>	<u>45,716</u>	<u>31,398</u>
EXPENDITURE ON					
Charitable activities					
Charitable Activities		31,086	(53)	31,033	37,717
Other		-	-	-	876
Total		<u>31,086</u>	<u>(53)</u>	<u>31,033</u>	<u>38,593</u>
NET INCOME/ (EXPENDITURE)		13,530	1,153	14,683	(7,195)
RECONCILIATION OF FUNDS					
Total funds brought forward		141,107	567	141,674	148,869
TOTAL FUNDS CARRIED FORWARD		<u>154,637</u>	<u>1,720</u>	<u>156,357</u>	<u>141,674</u>

The notes form part of these financial statements

Heartlands Cystic Fibrosis Centre

Balance Sheet 31st March 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Debtors	5	-	620	620	520
Cash at bank		158,607	1,100	159,707	210,560
		158,607	1,720	160,327	211,080
CREDITORS					
Amounts falling due within one year	6	(3,970)	-	(3,970)	(69,406)
NET CURRENT ASSETS		154,637	1,720	156,357	141,674
TOTAL ASSETS LESS CURRENT LIABILITIES		154,637	1,720	156,357	141,674
NET ASSETS		154,637	1,720	156,357	141,674
FUNDS	7				
Unrestricted funds				154,637	141,107
Restricted funds				1,720	567
TOTAL FUNDS				156,357	141,674

The financial statements were approved by the Board of Trustees and authorised for issue on 29th Jan 2024 and were signed on its behalf by:

.....
Dr J L Whitehouse - Trustee

Heartlands Cystic Fibrosis Centre

Notes to the Financial Statements
for the Year Ended 31st March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	16	6

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2023 nor for the year ended 31st March 2022.

Heartlands Cystic Fibrosis Centre

Notes to the Financial Statements - continued
for the Year Ended 31st March 2023

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	10,903	-	10,903
Charitable activities			
Charitable Activities	9,389	11,100	20,489
Investment income	6	-	6
Total	<u>20,298</u>	<u>11,100</u>	<u>31,398</u>
EXPENDITURE ON			
Charitable activities			
Charitable Activities	25,884	11,833	37,717
Other	876	-	876
Total	<u>26,760</u>	<u>11,833</u>	<u>38,593</u>
NET INCOME/(EXPENDITURE)	(6,462)	(733)	(7,195)
RECONCILIATION OF FUNDS			
Total funds brought forward	147,569	1,300	148,869
TOTAL FUNDS CARRIED FORWARD	<u>141,107</u>	<u>567</u>	<u>141,674</u>

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Prepayments	<u>620</u>	<u>520</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other creditors	<u>3,970</u>	<u>69,406</u>

7. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	141,107	13,530	154,637
Restricted funds			
Crisis Fund	520	100	620
Sport England	47	(47)	-
Gary Bond	-	1,100	1,100
	<u>567</u>	<u>1,153</u>	<u>1,720</u>
TOTAL FUNDS	<u>141,674</u>	<u>14,683</u>	<u>156,357</u>

Heartlands Cystic Fibrosis Centre

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

7. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	44,616	(31,086)	13,530
Restricted funds			
Crisis Fund	-	100	100
Sport England	-	(47)	(47)
Gary Bond	1,100	-	1,100
	<u>1,100</u>	<u>53</u>	<u>1,153</u>
TOTAL FUNDS	<u>45,716</u>	<u>(31,033)</u>	<u>14,683</u>

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	147,569	(6,462)	141,107
Restricted funds			
Crisis Fund	1,300	(780)	520
Sport England	-	47	47
	<u>1,300</u>	<u>(733)</u>	<u>567</u>
TOTAL FUNDS	<u>148,869</u>	<u>(7,195)</u>	<u>141,674</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	20,298	(26,760)	(6,462)
Restricted funds			
Crisis Fund	1,100	(1,880)	(780)
Sport England	10,000	(9,953)	47
	<u>11,100</u>	<u>(11,833)</u>	<u>(733)</u>
TOTAL FUNDS	<u>31,398</u>	<u>(38,593)</u>	<u>(7,195)</u>

Heartlands Cystic Fibrosis Centre

Notes to the Financial Statements - continued
for the Year Ended 31st March 2023

7. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	147,569	7,068	154,637
Restricted funds			
Crisis Fund	1,300	(680)	620
Gary Bond	-	1,100	1,100
	<u>1,300</u>	<u>420</u>	<u>1,720</u>
TOTAL FUNDS	<u>148,869</u>	<u>7,488</u>	<u>156,357</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	64,914	(57,846)	7,068
Restricted funds			
Crisis Fund	1,100	(1,780)	(680)
Sport England	10,000	(10,000)	-
Gary Bond	1,100	-	1,100
	<u>12,200</u>	<u>(11,780)</u>	<u>420</u>
TOTAL FUNDS	<u>77,114</u>	<u>(69,626)</u>	<u>7,488</u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2023.

Heartlands Cystic Fibrosis Centre

Detailed Statement of Financial Activities
for the Year Ended 31st March 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	28,105	10,903
Investment income		
Deposit account interest	16	6
Charitable activities		
Charitable Activities	17,445	8,739
Grants	150	11,750
	<u>17,595</u>	<u>20,489</u>
Total incoming resources	45,716	31,398
 EXPENDITURE		
Charitable activities		
Secretarial support	19,010	19,539
Insurance	264	264
Healthcare professional fees	6,220	3,360
Telephone	1,240	953
Gym equipment	264	9,953
Advertising	-	720
Sundries	358	350
Event costs	34	698
Medical supplies	403	-
Conference fees	1,128	-
Education / training	492	-
Crisis fund expenditure	900	1,880
	<u>30,313</u>	<u>37,717</u>
 Support costs		
Governance costs		
Independent examiner fees	720	876
Total resources expended	31,033	38,593
Net income/(expenditure)	14,683	(7,195)

This page does not form part of the statutory financial statements