

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 31st March 2022**  
**for**  
**Heartlands Cystic Fibrosis Centre**

West - Chartered Accountants  
Office 2 Greswolde House  
197b Station Road  
Knowle  
Solihull  
West Midlands  
B93 0PU

**Heartlands Cystic Fibrosis Centre**

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**for the Year Ended 31st March 2022**

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## **Heartlands Cystic Fibrosis Centre**

### **Report of the Trustees** **for the Year Ended 31st March 2022**

The trustees present their report with the financial statements of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **Heartlands Cystic Fibrosis Centre**

### **Report of the Trustees** **for the Year Ended 31st March 2022**

#### **OBJECTIVES AND ACTIVITIES**

##### Objectives and Activities

The objectives of the Charity are to raise funds for:

- o a centre of excellence for the medical care of patients with cystic fibrosis for the whole of the West Midlands region through the provision, maintenance, and improvement of a specialist fibrosis centre at the Heart of England NHS Foundation Trust.
- o the provision of the continual improvement of facilities of whatever nature for patients at the CF Centre as the Trustees may from time to time deem appropriate.
- o the promotion of research into the causes and treatment of cystic fibrosis and to publish results thereof.
- o the provision of counselling services for persons suffering from cystic fibrosis and their families.
- o the furtherance of public education about cystic fibrosis and research into the condition.
- o the education, training and rehabilitation of people suffering from cystic fibrosis to enable them to earn a living and develop their full potential as members of society.

##### Review of activities

During the year the charity has deployed the funds raised in a number of different ways including:

- o Funding of education and training for CF professionals
- o Providing grants to patients
- o Enhancing the facilities available for in-patients

##### Structure, Governance and Management

The Charity is governed by a Trust Deed dated 4 November 1998.

The Trustees are appointed by the Board of Trustees and serve for a five-year term after which they may put themselves forward for re-appointment.

The charitable status of the organisation has been confirmed by The Charities Commission. The major risks to which the charity is exposed, as identified by the trustees, have been reviewed and a system has been established to mitigate those risks.

##### Recruitment and appointment of new Trustees

In selecting individuals for appointment as trustees, the trustees have regard to skills, knowledge and experience needed for the effective administration of the charity.

##### Risk management

The Trustees have examined the major risks that the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

##### Reserves Policy

The Trustees aim to maintain free reserves in unrestricted funds at a level which will provide sufficient funds available to cover ongoing expenses and commitments and to enable significant projects and initiatives to be taken forward. At year end £141,674 was held in reserve, which will in part be deployed as part of a patient room refurbishment initiative.

##### Public Benefit

The trustees are aware of the obligations of the charity, which are set out in the Guidance issued by The Charities Commission under The Charities Act 2006. They are confident that the work of the charity in pursuit of its objects is delivering Public Benefit. The Trustees will comply with the future reporting requirements in this regard.

## **Heartlands Cystic Fibrosis Centre**

### **Report of the Trustees** **for the Year Ended 31st March 2022**

#### Financial Review

The Charity's income for the year ended 31 March 2022 was £31,398 which included a £10,000 grant from Sports England to provide exercise equipment for patients. Expenditure totalled £38,593 which included spending £9,953 on exercise equipment to fulfil the requirements of the Sports England grant.

#### Achievements

During the year the Charity provided support with grant funded exercise equipment for 60 patients and distributed £1,780 in emergency funding for patients in financial difficulty.

#### Future Plans

The Charity is committed to continual update and refurbishment of patient rooms and patient areas. Furthermore, the Charity's trustees will determine how in the future the Charity can raise funds and deploy them in order to continue to support CF patients.

#### Trustees' responsibilities in relation to the financial statements

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- o select suitable accounting policies and then apply them consistently;
- o observe the methods and principles in the Charities SORP 2015 (FRS 102);
- o make judgements and estimates that are reasonable and prudent;
- o state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- o prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will not continue in business

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the Trustees

Dr J L Whitehouse - Chair of Trustees

Dated: 20 January 2023

**Heartlands Cystic Fibrosis Centre**

**Report of the Trustees**  
**for the Year Ended 31st March 2022**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1074745

**Principal address**

Ward 26 Heartlands Hospital

Bordesley Green East

Bordesley Green

Birmingham

West Midlands

B9 5SS

**Trustees**

Dr J L Whitehouse - Chair

Dr D Honeybourne - Vice Chair & Founder Trustee

Dr D Stableforth - Founder Trustee

Mr D Sellers - Treasurer

Mrs J Bull MBE - Patients' Representative

Dr R Rashid

Ms J M Barrett

Dr N Patel

Mr S Williams - Patients' Representative

**Independent Examiner**

West - Chartered Accountants

Office 2 Greswolde House

197b Station Road

Knowle

Solihull

West Midlands

B93 0PU

Approved by order of the board of trustees on 20th January 2023 and signed on its behalf by:

Dr J L Whitehouse - Trustee

**Independent Examiner's Report to the Trustees of  
Heartlands Cystic Fibrosis Centre**

**Independent examiner's report to the trustees of Heartlands Cystic Fibrosis Centre**

I report to the charity trustees on my examination of the accounts of Heartlands Cystic Fibrosis Centre (the Trust) for the year ended 31st March 2022.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Susan West  
West - Chartered Accountants  
Office 2 Greswolde House  
197b Station Road  
Knowle  
Solihull  
West Midlands  
B93 0PU

20th January 2023

**Heartlands Cystic Fibrosis Centre****Statement of Financial Activities**  
**for the Year Ended 31st March 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		<b>10,903</b>	-	<b>10,903</b>	12,431
<b>Charitable activities</b>					
Charitable Activities		<b>9,389</b>	<b>11,100</b>	<b>20,489</b>	25,727
Investment income	2	<b>6</b>	-	<b>6</b>	23
<b>Total</b>		<b>20,298</b>	<b>11,100</b>	<b>31,398</b>	38,181
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Charitable Activities		<b>25,884</b>	<b>11,833</b>	<b>37,717</b>	42,049
Other		<b>876</b>	-	<b>876</b>	954
<b>Total</b>		<b>26,760</b>	<b>11,833</b>	<b>38,593</b>	43,003
<b>NET INCOME/(EXPENDITURE)</b>		<b>(6,462)</b>	<b>(733)</b>	<b>(7,195)</b>	<b>(4,822)</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<b>147,569</b>	<b>1,300</b>	<b>148,869</b>	153,691
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>141,107</b>	<b>567</b>	<b>141,674</b>	148,869

The notes form part of these financial statements



**Heartlands Cystic Fibrosis Centre****Balance Sheet**  
**31st March 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	5	-	520	520	1,481
Cash at bank		210,513	47	210,560	193,929
		<u>210,513</u>	<u>567</u>	<u>211,080</u>	<u>195,410</u>
<b>CREDITORS</b>					
Amounts falling due within one year	6	(69,406)	-	(69,406)	(46,541)
<b>NET CURRENT ASSETS</b>		<u>141,107</u>	<u>567</u>	<u>141,674</u>	<u>148,869</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>141,107</u>	<u>567</u>	<u>141,674</u>	<u>148,869</u>
<b>NET ASSETS</b>		<u>141,107</u>	<u>567</u>	<u>141,674</u>	<u>148,869</u>
<b>FUNDS</b>	7				
Unrestricted funds				141,107	147,569
Restricted funds				567	1,300
<b>TOTAL FUNDS</b>				<u>141,674</u>	<u>148,869</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 20th January 2023 and were signed on its behalf by:

Dr J L Whitehouse - Trustee

**Notes to the Financial Statements**  
**for the Year Ended 31st March 2022**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. INVESTMENT INCOME**

	<b>2022</b>	2021
	<b>£</b>	£
Deposit account interest	<b>6</b>	23
	<u><u>        </u></u>	<u><u>        </u></u>

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st March 2022 nor for the year ended 31st March 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31st March 2022 nor for the year ended 31st March 2021.

**Heartlands Cystic Fibrosis Centre****Notes to the Financial Statements - continued**  
**for the Year Ended 31st March 2022****4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	12,431	-	12,431
<b>Charitable activities</b>			
Charitable Activities	-	25,727	25,727
Investment income	23	-	23
<b>Total</b>	<u>12,454</u>	<u>25,727</u>	<u>38,181</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable Activities	17,622	24,427	42,049
Other	954	-	954
<b>Total</b>	<u>18,576</u>	<u>24,427</u>	<u>43,003</u>
<b>NET INCOME/(EXPENDITURE)</b>	(6,122)	1,300	(4,822)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	153,691	-	153,691
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>147,569</u>	<u>1,300</u>	<u>148,869</u>

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2022</b>	2021
	£	£
Prepayments	<u><b>520</b></u>	<u>1,481</u>

## Heartlands Cystic Fibrosis Centre

### Notes to the Financial Statements - continued for the Year Ended 31st March 2022

#### 6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other creditors	<b>69,406</b>	46,541

#### 7. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	<b>147,569</b>	<b>(6,462)</b>	<b>141,107</b>
<b>Restricted funds</b>			
Crisis Fund	<b>1,300</b>	<b>(780)</b>	<b>520</b>
Sport England	-	47	47
	<b>1,300</b>	<b>(733)</b>	<b>567</b>
<b>TOTAL FUNDS</b>	<b>148,869</b>	<b>(7,195)</b>	<b>141,674</b>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	<b>20,298</b>	<b>(26,760)</b>	<b>(6,462)</b>
<b>Restricted funds</b>			
Crisis Fund	<b>1,100</b>	<b>(1,880)</b>	<b>(780)</b>
Sport England	<b>10,000</b>	<b>(9,953)</b>	<b>47</b>
	<b>11,100</b>	<b>(11,833)</b>	<b>(733)</b>
<b>TOTAL FUNDS</b>	<b>31,398</b>	<b>(38,593)</b>	<b>(7,195)</b>

#### Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	153,691	(6,122)	147,569
<b>Restricted funds</b>			
Crisis Fund	-	1,300	1,300
<b>TOTAL FUNDS</b>	<b>153,691</b>	<b>(4,822)</b>	<b>148,869</b>

## Heartlands Cystic Fibrosis Centre

### Notes to the Financial Statements - continued for the Year Ended 31st March 2022

#### 7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	12,454	(18,576)	(6,122)
<b>Restricted funds</b>			
Cystic Fibrosis Trust	23,477	(23,477)	-
Crisis Fund	1,750	(450)	1,300
Gym Equipment	500	(500)	-
	<u>25,727</u>	<u>(24,427)</u>	<u>1,300</u>
<b>TOTAL FUNDS</b>	<u>38,181</u>	<u>(43,003)</u>	<u>(4,822)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	153,691	(12,584)	141,107
<b>Restricted funds</b>			
Crisis Fund	-	520	520
Sport England	-	47	47
	<u>-</u>	<u>567</u>	<u>567</u>
<b>TOTAL FUNDS</b>	<u>153,691</u>	<u>(12,017)</u>	<u>141,674</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	32,752	(45,336)	(12,584)
<b>Restricted funds</b>			
Cystic Fibrosis Trust	23,477	(23,477)	-
Crisis Fund	2,850	(2,330)	520
Gym Equipment	500	(500)	-
Sport England	10,000	(9,953)	47
	<u>36,827</u>	<u>(36,260)</u>	<u>567</u>
<b>TOTAL FUNDS</b>	<u>69,579</u>	<u>(81,596)</u>	<u>(12,017)</u>

**Heartlands Cystic Fibrosis Centre**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31st March 2022**

**8. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st March 2022.

**Heartlands Cystic Fibrosis Centre****Detailed Statement of Financial Activities**  
**for the Year Ended 31st March 2022**

	2022 £	2021 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	<b>10,903</b>	12,431
<b>Investment income</b>		
Deposit account interest	<b>6</b>	23
<b>Charitable activities</b>		
Charitable Activities	<b>8,739</b>	25,227
Grants	<b>11,750</b>	500
	<b>20,489</b>	25,727
<b>Total incoming resources</b>	<b>31,398</b>	38,181
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Salary recharge accrual	-	23,477
Secretarial support	<b>19,539</b>	16,511
Insurance	<b>264</b>	75
Healthcare professional fees	<b>3,360</b>	(2,408)
Telephone	<b>953</b>	924
Gym equipment	<b>9,953</b>	520
Advertising	<b>720</b>	2,052
Sundries	<b>350</b>	348
Event costs	<b>698</b>	-
Crisis fund expenditure	<b>1,880</b>	550
	<b>37,717</b>	42,049
<b>Support costs</b>		
<b>Governance costs</b>		
Accountancy and legal fees	<b>876</b>	954
<b>Total resources expended</b>	<b>38,593</b>	43,003
<b>Net expenditure</b>	<b>(7,195)</b>	(4,822)

This page does not form part of the statutory financial statements