

The Centre Place

LGBT+ Service
Nottinghamshire

Talkzone Mental Health
Service

Annual Review
April 2021-March 2022

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Staff Team

The Centre Place

Christie Conroy - Director Safeguarding and Prevent Lead (May-October 2021)
Helen Azar – Interim Director (October 2021-January 2022)
Georgia Crossland – Service Manager Safeguarding Lead (appointed January 2022)
Trudi Harrison – Administration Manager
Anita Pearson - Domestic Support
Andy Marks - IT Consultant Volunteer
Melanie Batty – Social Prescribing Link Worker

LGBT+ Service Nottinghamshire

Claire Bradley - LGBT+ Specialist Social Worker
Georgia Crossland - LGBT+ Specialist Social Worker
Emma Harman - LGBT+ Project Worker
Nat Henderson – Volunteer LGBT+ Project Worker

Talkzone Counselling Service

Kerry Peppard - Talkzone Clinical Lead Counsellor
Ian Shaw - Talkzone Counsellor
Emma Samson - Talkzone Counsellor
Deborah Royce – Talkzone Counsellor
Beverley Cawthorne – Mental Health and Wellbeing Worker
Jean Darnborough - Trainee Talkzone Counsellor
Kimberley Flynn - Trainee Talkzone Counsellor
Kim Coulthard - Trainee Talkzone Counsellor

Auditor: Community Accounting Plus

Banking: Unity Trust Bank PLC

Trustees

Carolyn Gillgrass Chair
Michelle Sayer Treasurer
Michelle Martin Secretary
Jodie Blaydes Trustee
Samantha Walker Trustee
Callum Sawyer Trustee
Lee Davenport Trustee

Chairs Report

In February 2022 we were able to celebrate 25 years of The Centre Place providing community services. A little later than planned due to the covid restrictions however it was fantastic to see The Centre Place staff, The Centre Place service users both past and present, and colleagues from partner organisations coming together to celebrate the occasion. We were able to showcase the brilliant work The Centre Place has delivered looking back at previous projects and celebrating its achievements. On behalf of the trustee's I would like to Thank you all for your invaluable support over the past 25 years.

Over the last twelve months, The Centre Place has continued to deliver services across Talkzone and LGBT+ Nottinghamshire and as our services continue to expand, we have welcomed new staff to The Centre Place Team and have recently been successful in appointing a new social prescribing link worker.

This year has not been without its challenges and there has been a number of changes within the structure of the staff team. We have sadly said goodbye recently to Jenny who was employed as The Centre Place, CEO and we will also be saying our goodbye's to Trudi Harrison, Office Manager, who is moving on into alternative employment and we wish you all the very best in your new role.

In addition, there have also been changes within the structure of the management committee, whereby we have lost some of our members, due to them also moving on into new roles and recruitment to the committee will remain a focus as we move into the new year.

The management committee wish to take the opportunity to thank all staff for your continued hard work and commitment to the Centre Place. We appreciate that you often go above and beyond the call of duty, to ensure that we continue to deliver good quality services in the support of all children and young people who access The Centre Place.

Jodie Fowler
Chair of Trustees

The Treasurers Report

I am pleased to report that once again the professional services delivered by The Centre Place has been recognised by local and national bodies who have supported the charity this year through a number of funding streams and grants.

On behalf of the Management Committee, staff and young people and families accessing the service we would like to express our gratitude to the following awarding bodies for their on-going support and recognition in our services.

- The National Lottery Community Fund
- Bassetlaw Clinical Commissioning Group
- The Peoples Health Trust
- Nottinghamshire County Council Local Improvement Scheme
- Nottinghamshire Victim Care
- Active Notts

I would like to thank everyone within the team who has been involved in securing funding from the above organisations; the success in attracting funding to support and grow the services is a testament to the exemplary support being provided to the local community, by The Centre Place. I would like to extend a thank you to CA Plus for their financial services and examining the accounts.

Michelle Sayer
Treasurer

25 Years Celebration Event

In February 2022 we were able to celebrate 25 years of The Centre Place providing community services. A little later than planned due to the Covid- 19 restrictions however it was fantastic to see The Centre Place staff, The Centre Place service users both past and present, and colleagues from partner organisations coming together to celebrate the occasion. We were able to showcase the brilliant work The Centre Place has delivered, looking back at previous projects and celebrating achievements.

Partnership Meetings

We continue to engage and participate in partnership meetings to provide a collaborative response to the needs of the community and identify any gaps in service provision across the county. We are actively involved in:

- Bassetlaw Health and Equalities Forum
- Bassetlaw Place Based Partnership
- Bassetlaw Voices
- Children and Young People Mental Health Alliance
- Bassetlaw Mental Health Providers

In addition to the above meetings, we have been involved in the Bassetlaw Ukrainian Urgent Response meetings to ensure we provide a proactive response as events unfold in Ukraine. We have reviewed our service offer and put plans in place to ensure we are able to meet the needs of Ukrainian children, young people and their families should they need our services.

The LGBT+ Service Nottinghamshire

LGBT+ Service Nottinghamshire is an expansion of the LGBT+ provision we have been providing since 2010 through the Worksop Out on Wednesday (W.O.W) 16-25's LGBT+ support group.



In 2016 we were awarded funding to run a pilot, we expanded and rebranded as LGBT+ Service Nottinghamshire, offering professional and specialist services for children and young people aged from 11-25, parent and carer support and specialist gender identity support.

In addition to this we added training and consultancy services for professionals across Nottinghamshire. The pilot evidenced the need for the service which was incorporated into our core delivery from 2018. We continue to provide a 11-16 LGBT+ group, a 16-25 LGBT+ group, Trans* and gender diverse group, parents and carers group and one-to-one support for young people and parents and carers. We also offer LGBT+ counselling and family mediation.

We have moved towards the end of the COVID-19 pandemic and have delivered our services appropriately in line with the government guidance and restrictions. The pandemic evidenced how effective working online can be in some situations and therefore after consulting with children and young people we have adapted all services to offer a hybrid model of both face-to-face and online services.

We have continued to chair Nottinghamshire LGBT+ Partnership Forum, previously known as Bassetlaw LGBT+ forum. In light of the changes within the integrated care system and Bassetlaw sitting within the Nottingham and Nottinghamshire ICS footprint our services are developing new relationships with colleagues from across the county and we are looking to establish new partnerships with other organisations who may benefit from attending the Partnership Forum.

We have continued to expand our LGBT+ networks and are actively involved in the UK and Ireland LGBT+ Youth Network, and the National Trans Youth Network which involves over 200 people working across the sector. The aim of this is to work collaboratively, to raise national standards of LGBT+ youth work, increasing visibility of the existence and diverse needs of LGBT+ young people. This Network has provided us with the opportunity to become Rainbow Flag Award Delivery Partner.

Rainbow Flag Award Delivery Partner

The Rainbow Flag Award is a national Quality Assurance Framework for all schools and colleges, focusing on LGBT+, inclusion and visibility. We were successful in becoming a delivery partner in 2020 along with only eight organisations across England. We completed the training for delivery partners in August 2021 and delivered to our first cohort in September 2021 and our second in January 2022. To date we have been successful in delivering The Rainbow Flag Award programme to 2 cohorts with a total of 9 schools working towards achieving the full award.

Training and Consultancy

Over the past year, we have delivered LGBT+ awareness training to 92 professionals from private, public and voluntary sector organisations. We have continued to share our knowledge of positive LGBT+ inclusion and young people's experiences with the aim of tackling LGBT+ inequalities.

Feedback from professionals who have attended our training can be found in the appendix.

Group Sessions and Community Engagement

We have continued to deliver group sessions providing information and advice on LGBT+ issues and inequalities, rights and legislation and opportunities to engage within social and community based activities. We have a structured programme of workshops and activities that we deliver on a weekly basis during a section of the group sessions. Example of some of the workshops and sessions that have been delivered are included within the appendix.

We were successful in planning and hosting our first Family Day in September 2021. Young people were involved in the consultation and planning for the event after sharing their disappointment around Pride events being cancelled due to the ongoing concerns around coronavirus. Young people shared their previous experiences of attending a pride event and the importance of an event for the whole family. We worked in partnership with Clumber Park National Trust who kindly enabled us to have a space within the park which allowed us to provide a Covid-safe space for young people and their families to enjoy, coming together through planned activities encouraging communication with the aim of building peer relationships. Photos of the event can be found in the appendix.

Service Delivery

During the last 12 months we have received 231 new referrals into the service and supported a total of:

158 LGBT+ young people and 33 parents and carers through group and one-to-one support.

We have provided a total of:

One-to-one Support Sessions	Peer Support Groups
310	103

A demographic breakdown of the children and young people is outlined below:

Gender Identity	Aged 11-15 years	Aged 16-18 years	Aged 19 – 25 years	Aged 25 years +
Male	8	3	3	9
Female	5	7	7	24

Trans Male	29	14	10	0
Trans Female	13	6	10	0
Non-Binary	10	4	5	0
Gender fluid	1	3	2	0
Self-describe	3	1	0	0
Questioning	10	3	1	0
Total	79	41	38	33
Total number				
Sexual Orientation	Aged 11-15 years	Aged 16-18 years	Aged 19 – 25 years	Aged 25 years +
Heterosexual	4	3	5	30
Lesbian/Gay female	5	1	5	2
Gay male	8	2	2	1
Bisexual	17	13	9	0
Pansexual	13	9	4	0
Questioning	14	5	4	0
Asexual	0	1	3	0
Self-described	13	3	6	0
Unknown	5	4	0	0
Total	79	41	39	33
Total number				

Health Information	Aged 11-15 years	Aged 16-18 years	Aged 19-25 years	Aged 25 years +
Learning Difficulty	1	2	3	0
Visual Impairment	0	0	0	0
Hearing Impairment	2	0	2	0

Physical Impairment	8	3	3	2
Behavioural Disorder	8	2	1	0
Social Communication Disorder	17	4	4	0
Mental health	13	3	6	2
Other health impairment	0	2	0	0
Total	49	16	19	4
Total number				

Ethnicity	Aged 11-15 years	Aged 16-18 years	Aged 19-25 years	Aged 25 years +
White British	50	25	20	30
White Irish	2	1	0	1
White Other	5	1	2	2
Black British	0	0	0	0
Black African	0	0	0	0
Black Caribbean	0	0	0	0
Black Other	0	0	0	0
Asian British	1	0	1	0
Asian Indian	0	0	0	0
Asian Pakistani	0	1	0	0
Asian Other	0	0	1	0
Dual Heritage – White & Black British	0	0	0	0
Dual Heritage – White & Black Caribbean	0	0	0	0

Dual Heritage – White & Black African	0	0	0	0
Dual Heritage White & Black Asian	0	0	0	0
Dual Heritage White & Black Other	0	0	0	0
Chinese	0	0	0	0
Other	1	0	1	0
Unknown	20	13	13	0
Total	79	41	38	33
Total number				191

Service Impact

One-to-one Support Sessions

Outcome Change Indicator – (after attending a minimum of three one-to-one sessions)	Total % of children and young people
Number of children and young people stating they felt the sessions helped them overcome the issues that made them access the service	100%
Number of children and young people reporting an increase in emotional well-being as a result of accessing the one-to-one sessions.	100%
Numbers of children and young people that reporting an increase in understanding around their sexual orientation or gender identity as a result of accessing the one-to-one sessions.	100%
Numbers of children and young people reporting an increase in feeling safe, more confident coming out to people and more accepted by others as a result of accessing the one-to-one sessions.	100%
Numbers of children and young people reporting an increase their confident levels relating to continuing with school, college or employment as a result of accessing the one-to-one sessions.	90%

We also measure the effectiveness of the support provided and the way in which we are delivering our services

Evaluation of support	Total % of children and young people
Number of children and young people that report feeling listened to and understood by staff	100%

Number of children and young people that report feeling they were able to have their say on what was discussed during their sessions.	95%
Number of children and young people stating that they would recommend one-to-one sessions to others.	100%
Number of children and young people stating they found information about our LGBT+ Services and sessions clear and easy to understand	95%

Group Sessions

Evaluation of support	Total % of children and young people
Number of children and young people reporting that the group sessions have increased their knowledge on LGBT+ related issues	100%
Number of children and young people that report feeling that they can have their say at local LGBT+ issues and events as a result of accessing the group sessions.	100%
Number of children and young people stating that they would recommend the group sessions to others.	100%
Number of children and young people stating they found information about our LGBT+ Services and sessions clear and easy to understand	98%
Number of children and young people stating that they feel able to be open and themselves with staff	100%

Future Plans and Developments

Over the past year, we have continued to see an increase in referrals for one-to-one support from Children and young people in Nottingham City. We are currently looking at opportunities to work in partnership with Nottingham City services in partnership with Notts Victim Care to identify how we can bridge the gap.



Talkzone Mental Health Service

Talkzone is a third sector counselling service for children and young people aged 11-25; working in partnership with NHS and other external service providers we aim to provide primary care mental health interventions with particular focus on building resilience and preventing long-term mental health problems occurring. The service was established in 2004 as an addition to existing provision provided by The Centre Place, supporting vulnerable children and young people within Bassetlaw since 1996.

The Service provides one-to-one mental health support and counselling across the Bassetlaw district, with the majority of appointments being provided within Worksop and Retford towns. Counselling sessions are provided for 6-12 weeks with the option to extend or re-refer if additional sessions are required.

We have increased the work force and expanded our Talkzone service to include a Mental health and wellbeing service. This role has enabled us to provide early intervention mental health support to children and young people who do not require counselling but require support with a range of issues including anxiety, resilience building, self-help techniques, managing stress. Sessions are provided for 6-12 weeks with the option to extend or re-refer if additional sessions are required.

We have consulted with young people and designed a mental health and wellbeing youth group that will run as a pilot for the next year. We have designed a 6-month rolling program of activities that will then be repeated to promote a positive mental wellbeing. These groups teach young people new skills to manage their mental health better. The planning for this project started in January 2022 and launched in March 2022.

We have continued to work closely with statutory services and other providers through the collaborative meetings to identify gaps in provision and work to meet the needs of local children and young people.

Our work with the Primary Care Networks has strengthened our relationships with several local GP Surgeries and we continue to offer counselling and mental health & wellbeing sessions from these venues. We are working with PCN's, health colleagues and other Bassetlaw place partners to look at meeting the needs of children and young people, guests from Ukraine and hosts to ensure a proactive and collaborative response is in place for when Ukrainian guests arrive in Bassetlaw.

Talkzone Mental Health and Counselling sessions

We have provided a total of 455 appointments in the last 12 months

A demographic breakdown of the children and young people that were happy to respond is outlined below:

Gender Identity	Aged 11-15 years	Aged 16-18 years	Aged 19 – 25 years
Male	49	28	39

Female	106	61	99
Trans Male	8	5	4
Trans Female	3	3	1
Male with Trans History	0	1	0
Female with Trans History	1	0	0
Gender Fluid/Non-Binary	9	6	2
Prefer not to say	2	1	1
Self-describe	9	1	3
Total	187	106	149
Total number	442		

Sexual Orientation	Aged 11-15 years	Aged 16-18 years	Aged 19 – 25 years
Heterosexual	105	60	107
Gay male	5	3	5
Lesbian/Gay female	9	2	5
Bisexual	14	12	21
Pansexual	12	7	1
Asexual	1	3	0
Questioning	12	3	0
Prefer not to say	12	5	6
Self-described	5	4	0
Total	175	99	145
Total number	419		

Health Information	Aged 11-15 years	Aged 16-18 years	Aged 19-25 years
Learning Difficulty	14	6	7
Visual Impairment	1	0	0
Physical Impairment	3	2	4
Hearing Impairment	2	1	2
Cognitive Impairment	4	2	1
Behavioral Disorder	6	4	5
Social Communication Disorder (Non LGBT+ only)	3	1	1
Neurodiverse (LGBT+ only)	4	1	0
Asthma	21	11	13
Mental Health Issue	9	2	8
Prefer not to say	0	0	0
Other health impairment	5	1	4
Pregnancy and maternity	0	0	1
Total	72	31	46

Ethnicity	Aged 11-15 years	Aged 16-18 years	Aged 19-25 years
White British	93	41	42
White Irish	3	0	0
White Other	2	1	0
Black British	0	0	0
Black African	0	0	0
Black Caribbean	0	1	0
Black Other	0	0	0

Asian British	1	0	1
Asian Indian	0	0	1
Asian Pakistani	0	0	0
Asian Bangladeshi	0	0	0
Asian Other	2	0	0
Dual Heritage - White & Black British	1	0	0
Dual Heritage - White & Black Caribbean	2	0	0
Dual Heritage - White & Black African	0	0	1
Dual Heritage White & Black Asian	0	0	1
Dual Heritage White & Black Other	0	0	0
Chinese	0	2	0
Chinese other	0	0	0
Prefer not to say	0	0	0
Other	2	0	3
Total	106	45	49
Total			

Service Outcomes	Q1	Q2	Q3	Q4
Number of young people demonstrating an improvement in their ability to manage their mental health on a daily basis.	100%	100%	100%	100%
Number of young people demonstrating increased knowledge and understanding of their mental health problems.	100%	100%	100%	100%
Numbers of young people no longer in need of mental health support following completing their programme of therapeutic counselling.	100%	94%	96%	95%
Numbers of patients evidencing a reduction in the risk of self-harm and incidents reaching crisis point in their lives, as a direct result from counselling.	100%	100%	100%	100%

Service evaluation		Q1	Q2	Q3	Q4
Number of patients reporting that they felt listened to and understood by their counsellor	Great deal	100%	67%	70%	65%
	A lot		33%	30%	30%
	Moderately		0%	0%	5%
Number of patients that report counselling has helped them to overcome problems that they presented with you come to see us	Great deal	100%	33%	60%	32%
	A lot		33%	30%	35%
	Moderately		33%	10%	27%
Number of patients stating they would recommend this service to others	Strongly	100%	83%	80%	68%
	Likely		17%	20%	23%
Number of patients stating they found information about our counselling service and sessions clear and easy to understand	Extremely	100%	50%	70%	51%
	Very		33%	20%	38%
	Somewhat		17%	10%	11%

Future Plans and Development

The mental health and wellbeing youth group is an addition to our existing services and at the time of writing this report is in its infancy stage. We hope to establish and mobilise the group over the next year.

Social Prescribing Link Worker

The Children and Young People's Social Prescribing Link Worker (SPLW) service is a role we developed and stabilised in collaboration with Retford and Villages Primary Care Network (PCN) in February 2021. The SPLW employs a non-medical holistic approach to provide children and young people aged 11-19 with one-to-one personalised support. This approach enables young people to take control of their wellbeing, live independently and improve their health outcomes, focusing on the wider determinants of health.

In its first year, 198 referrals have been received to the Social Prescribing Link Worker and a total of XX one-to-one appointments have been delivered.

Future Plans and Development

Due to the success of the Social Prescribing Link Worker role, we will be working Retford and Villages Primary Care Network to increase the workforce for this service. We plan to work with other PCN's within Bassetlaw to develop this role further ensuring all Children and Young People are able to access support from a SPLW.

Appendix 1 – Group sessions and community engagement



Group Support Sessions April 2021- March 2022.pdf

Appendix 2 – LGBT+ Service Nottinghamshire Feedback



LGBT+ Service
Nottinghamshire Feec

Appendix 3 – Talkzone Feedback



Talkzone
Feedback.docx

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Charity registration number: 1074728

The Centre Place

Annual Report and Financial Statements

for the Year Ended 31 March 2022

The Centre Place

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The Centre Place

Reference and Administrative Details

Trustees	Michelle Sayer
	Carolyn Gillgrass
	Jodie Fowler
	Lee Davenport
Senior Management Team	Christie Conroy
Charity Registration Number	1074728
Principal Office	The Abbey Street Community Centre Abbey Street Worksop Nottinghamshire S80 2LA
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

The Centre Place

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2022.

Objectives and activities

Objects and aims

The principal objects of the charity are:

To promote any charitable purpose, especially but not exclusively, for the benefit of young people residing within Nottinghamshire, by the advancement of education, the relief of poverty and distress and the protection of health and wellbeing, in particular by the provision of advice, support and information with object of improving the conditions of life.

Objectives, strategies and activities

See separate annual review for full details, available on request.

Public benefit

We support and empower young people to make positive changes to their lives and the lives of their families through providing a wide range of free and accessible information, support, advice and professional counselling services, as well as providing them with a safe place to meet away from pubs, drugs, violence and crime. We provide a range of informal and formal workshops and activities, enabling young people to develop their skills and gain recognised accreditations, that will enhance their chances of secured employment or furthering their education.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Financial review

Policy on reserves

The Management Committee have established a policy whereby the unrestricted funds (the free reserves) held by the Charity should be between three and six months of the resources expended in general funds. At this level the Management Committee felt that they would be able to continue the current charity's activities in the event of a significant drop in income.

Structure, governance and management

Nature of governing document

The charity is operated under the rules of its constitution dated 14 May 1998, amended 4 February 1999 and most recently amended 30th November 2017.

Recruitment and appointment of trustees

Overall management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the constitution. Day to day project activity is managed and carried out by paid staff.

New Trustees are elected at the AGM.

The Centre Place

Statement of Trustees' Responsibilities

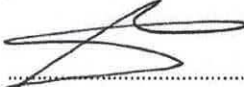
The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 3.1.23 and signed on its behalf by:


.....
Michelle Sayer
Trustee

The Centre Place

Independent Examiner's Report to the trustees of The Centre Place

Independent examiner's report to the trustees of The Centre Place

I report to the trustees on my examination of the accounts of The Centre Place (the Charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 16/01/2023.....

The Centre Place

Statement of Financial Activities for the Year Ended 31 March 2022

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	2	3,308	-	3,308	68,868
Charitable activities	3	38,002	575,453	613,455	237,586
Investment income	4	12	-	12	20
Total Income		<u>41,322</u>	<u>575,453</u>	<u>616,775</u>	<u>306,474</u>
Expenditure on:					
Charitable activities	6	<u>(32,631)</u>	<u>(224,699)</u>	<u>(257,330)</u>	<u>(185,291)</u>
Total Expenditure		<u>(32,631)</u>	<u>(224,699)</u>	<u>(257,330)</u>	<u>(185,291)</u>
Net income		8,691	350,754	359,445	121,183
Gross transfers between funds		<u>(48,457)</u>	<u>48,457</u>	-	-
Net movement in funds		(39,766)	399,211	359,445	121,183
Reconciliation of funds					
Total funds brought forward		<u>168,993</u>	<u>67,430</u>	<u>236,423</u>	<u>115,240</u>
Total funds carried forward	13	<u>129,227</u>	<u>466,641</u>	<u>595,868</u>	<u>236,423</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 13.

The Centre Place

Statement of Financial Activities for the Year Ended 31 March 2022

These are the figures for the previous accounting period and are included for comparative purposes

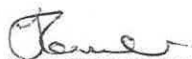
	Note	Unrestricted £	Restricted £	Total 2021 £
Income and Endowments from:				
Donations and legacies	2	68,868	-	68,868
Charitable activities	3	61,710	175,876	237,586
Investment income	4	20	-	20
Total Income		<u>130,598</u>	<u>175,876</u>	<u>306,474</u>
Expenditure on:				
Charitable activities	6	<u>(32,752)</u>	<u>(152,539)</u>	<u>(185,291)</u>
Total Expenditure		<u>(32,752)</u>	<u>(152,539)</u>	<u>(185,291)</u>
Net movement in funds		97,846	23,337	121,183
Reconciliation of funds				
Total funds brought forward		<u>71,147</u>	<u>44,093</u>	<u>115,240</u>
Total funds carried forward	13	<u><u>168,993</u></u>	<u><u>67,430</u></u>	<u><u>236,423</u></u>

The Centre Place

(Registration number: 1074728)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Current assets			
Debtors	10	496	-
Cash at bank and in hand	11	<u>597,709</u>	<u>237,625</u>
		598,205	237,625
Creditors: Amounts falling due within one year	12	<u>(2,337)</u>	<u>(1,202)</u>
Net assets		<u>595,868</u>	<u>236,423</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	13	466,641	67,430
Unrestricted income funds			
Unrestricted funds		<u>129,227</u>	<u>168,993</u>
Total funds	13	<u>595,868</u>	<u>236,423</u>

The financial statements on pages 5 to 16 were approved by the trustees, and authorised for issue on 16/01/2023 and signed on their behalf by:



Jodie Fowler
Trustee

The Centre Place

Cash Flow Statement for the Year Ended 31 March 2022

	Note	2022 £	2021 £
Cash flows from operating activities			
Net cash income		359,445	121,183
Adjustments to cash flows from non-cash items			
Investment income	4	<u>(12)</u>	<u>(20)</u>
		359,433	121,163
Working capital adjustments			
Increase in debtors	10	(496)	-
Increase in creditors	12	<u>1,135</u>	<u>26</u>
Net cash flows from operating activities		360,072	121,189
Cash flows from investing activities			
Interest receivable and similar income	4	<u>12</u>	<u>20</u>
Net increase in cash and cash equivalents		360,084	121,209
Cash and cash equivalents at 1 April		<u>237,625</u>	<u>116,416</u>
Cash and cash equivalents at 31 March		<u><u>597,709</u></u>	<u><u>237,625</u></u>
Reconciliation of net cash flow to movement in net funds			
Increase in cash		360,084	121,209
Net funds at 1 April 2021		<u>237,625</u>	<u>116,416</u>
Net funds at 31 March 2022		<u><u>597,709</u></u>	<u><u>237,625</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

The Centre Place

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

The Centre Place meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

The Centre Place

Notes to the Financial Statements for the Year Ended 31 March 2022

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Pensions

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

The Centre Place

Notes to the Financial Statements for the Year Ended 31 March 2022

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations from individuals	-	-	49
Grants, including capital grants;			
Government grants	-	-	66,319
Grants from other charities	3,308	3,308	2,500
	<u>3,308</u>	<u>3,308</u>	<u>68,868</u>

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Grants and donations	-	575,453	575,453	175,876
Service delivery	23,393	-	23,393	60,754
Room hire	3,848	-	3,848	396
Sales and fees	3,157	-	3,157	360
Training income	7,604	-	7,604	200
	<u>38,002</u>	<u>575,453</u>	<u>613,455</u>	<u>237,586</u>

The Centre Place

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Investment income

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Interest receivable and similar income;			
Interest receivable on bank deposits	12	12	20

5 Grants and donations

	Unrestricted funds £	Restricted funds £	Total funds £
Bassetlaw CCG	-	377,103	377,103
South Yorkshire HA	-	815	815
Sundry	3,308	-	3,308
National Lottery Community Fund	-	143,930	143,930
People's Health Trust	-	3,748	3,748
Nottinghamshire CC	-	34,185	34,185
Catch 22	-	13,172	13,172
BCVS	-	2,500	2,500
	<u>3,308</u>	<u>575,453</u>	<u>578,761</u>

The Centre Place

Notes to the Financial Statements for the Year Ended 31 March 2022

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Bank charges	-	117	117	-
Clinical supervision	-	2,498	2,498	1,215
Communications	81	422	503	-
Consultant fees	-	13,662	13,662	-
Equipment repairs and renewals	-	6,164	6,164	4,279
Hospitality	5	140	145	-
Insurance	-	1,107	1,107	1,438
Legal and professional	9	4,401	4,410	5,374
LGBT+ publications and resource	-	1,073	1,073	-
IT costs	-	1,954	1,954	-
Payroll	-	1,073	1,073	-
Sundry expenses	213	37	250	-
Premises costs	-	1,492	1,492	5,172
Printing and stationery	-	1,040	1,040	-
Recruitment	-	295	295	-
Rent	1,125	4,500	5,625	-
Staff travel	112	608	720	50
Training and conferences	-	703	703	320
Utilities	-	4,912	4,912	4,421
Volunteer expenses	-	100	100	451
Wages, NI and pensions	31,078	178,063	209,141	161,241
Workshops	8	338	346	529
Office costs	-	-	-	801
	<u>32,631</u>	<u>224,699</u>	<u>257,330</u>	<u>185,291</u>

7 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	194,699	150,251
Social security costs	10,726	7,845
Pension costs	<u>3,716</u>	<u>3,145</u>
	<u>209,141</u>	<u>161,241</u>

The Centre Place

Notes to the Financial Statements for the Year Ended 31 March 2022

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022 No	2021 No
Average number of employees	<u>10</u>	<u>9</u>

8 (2021 - 8) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £3,716 (2021 - £3,145).

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £24,046 (2021 - £52,329).

8 Independent examiner's fees

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2022 £	2021 £
Independent examination	980	980
Other financial services	872	567
	<u>1,852</u>	<u>1,547</u>

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

10 Debtors

	2022 £	2021 £
Prepayments	<u>496</u>	<u>-</u>

11 Cash and cash equivalents

	2022 £	2021 £
Cash on hand	243	312
Cash at bank	<u>597,466</u>	<u>237,313</u>
	<u>597,709</u>	<u>237,625</u>

The Centre Place

Notes to the Financial Statements for the Year Ended 31 March 2022

12 Creditors: amounts falling due within one year

	2022 £	2021 £
Other creditors	1,212	1,202
Accruals	1,125	-
	<u>2,337</u>	<u>1,202</u>

13 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General fund	168,993	41,322	(32,631)	(48,457)	129,227
Restricted funds					
Talkzone	47,689	356,538	(36,569)	(7,898)	359,760
LGBT+ Support	17,348	215,599	(166,666)	37,917	104,198
Mental Healthy	-	-	(20,079)	20,831	752
Digital Projects	-	2,500	(1,092)	-	1,408
Green Spaces	-	816	(293)	-	523
Covid Lottery	2,393	-	-	(2,393)	-
Total restricted funds	<u>67,430</u>	<u>575,453</u>	<u>(224,699)</u>	<u>48,457</u>	<u>466,641</u>
Total funds	<u>236,423</u>	<u>616,775</u>	<u>(257,330)</u>	<u>-</u>	<u>595,868</u>
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £	
Unrestricted funds					
<i>General</i>					
General fund	71,147	130,598	(32,752)	168,993	
Restricted					
Talkzone	24,618	142,504	(119,433)	47,689	
LGBT+ Support	19,475	13,117	(15,244)	17,348	
Covid Lottery	-	20,255	(17,862)	2,393	
Total restricted funds	<u>44,093</u>	<u>175,876</u>	<u>(152,539)</u>	<u>67,430</u>	
Total funds	<u>115,240</u>	<u>306,474</u>	<u>(185,291)</u>	<u>236,423</u>	

The Centre Place

Notes to the Financial Statements for the Year Ended 31 March 2022

The specific purposes for which the funds are to be applied are as follows:

Talkzone provides funding for Salaries and support costs.

LGBT+ Support provides funding for specialist staffing and support costs.

Mental Healthy provides funding for a counsellor.

Digital Projects provides funding to support children and young people access digital mental health apps and reduce digital exclusion.

Green Spaces provides funding for providing intervention in green spaces.

Covid Lottery provides funds to cover the additional costs relating to the pandemic.

The transfers between funds this year reflect a reallocation of balances following a review of the distinct restrictions placed upon funding.

14 Analysis of net assets between funds

	Unrestricted		2022
	General £	Restricted £	Total funds £
Current assets	131,564	466,641	598,205
Current liabilities	(2,337)	-	(2,337)
Total net assets	<u>129,227</u>	<u>466,641</u>	<u>595,868</u>

	Unrestricted		2021
	General £	Restricted £	Total funds £
Current assets	168,993	68,632	237,625
Current liabilities	-	(1,202)	(1,202)
Total net assets	<u>168,993</u>	<u>67,430</u>	<u>236,423</u>

15 Related party transactions

16 3rd party funds

	Opening balances £	Incoming resources £	(Resources expended) £	Closing balances £
MH Alliance	-	6,000	-	6,000
	<u>-</u>	<u>6,000</u>	<u>-</u>	<u>6,000</u>

17 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.