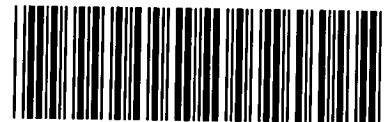


Charity registration number 1074508

Company registration number 3614799 (England and Wales)

NETHERTON FEELGOOD FACTORY
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

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NETHERTON FEELGOOD FACTORY

LEGAL AND ADMINISTRATIVE INFORMATION

| | |
|-----------------------------|--|
| Trustee | Mr L P James (Chair to 27th September 2021) Mr W G Penney (Chair from 27th September 2021) Mr M Buxton Ms L Cluskey Mr D Cummins Mr J Flynn Ms L M Glenn Ms U Ingham Mr G Loughlin Ms H Martin Ms M McEllenborough |
| Secretary | Mrs S Duncan |
| Chief Executive | Mrs S Duncan |
| Charity number | 1074508 |
| Company number | 3614799 |
| Registered office | Glovers Lane Netherton Liverpool Merseyside L30 5QW |
| Independent examiner | Helen Furlong FCCA McLintocks (NW) Limited 46 Hamilton Square Birkenhead Wirral Merseyside CH41 5AR |
| Bankers | NatWest Bank Plc West Yorkshire Retail CSC 1 Victoria Place Holbeck Leeds LS11 5AN |
| Insurers | Ansvar Insurance Limited Ansvar House St Leonard's Road Eastbourne East Sussex BN21 3UR |

NETHERTON FEELGOOD FACTORY

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NETHERTON FEELGOOD FACTORY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's Memorandum and Articles of Association the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The objectives of the Netherton Feelgood Factory are to promote the health, education and quality of life of the public in the Metropolitan Borough of Sefton and surrounding areas. The organisation aims to enable people to improve their health and wellbeing by using community development approach to ill health prevention and health improvement.

In setting our objectives and planning our activities, the trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

Priorities identified through consultation with the local community are:

- to improve access to health, social care and related information and services
- to encourage healthier lifestyles
- to provide services and activities to support isolated older people
- to provide services and activities to support isolated families

The Feelgood Factory's strategy to achieve these objectives has been by means of a variety of activities and services held both within the purpose-built healthy living centre and as outreach services in the wider community. The Charity has continued to lease office space to other organisations and hire rooms and facilities on a day or half day basis.

Achievements and performance

The Feelgood Factory provides services for the whole of the community from childhood to old age in order to promote health and wellbeing in the most holistic way possible. During the year our range of services has included:

- Advice and information services
- Healthy living activities for the whole community that concentrate on physical exercises and food and nutrition
- Breast feeding support
- Mental health activities including a drop-in to support people with more severe and enduring mental health issues and programmes to promote good mental health
- Community services project which provides a range of practical services to help older people stay safe and well both by providing support in their own home and through activities in the centre
- A community garden

Due to the global Coronavirus pandemic our normal activities had to be reduced in numbers at times. Services included:

Advice and Information

The Feelgood Factory has continued to provide the main information and advice service in the centre of Netherton. Our centre and its staff have provided key information about local and national services and health and wellbeing to local people. We also provide a community computer hub.

NETHERTON FEELGOOD FACTORY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Healthy Living Activities

We have provided a range of activities aimed at providing health and wellbeing. These have included exercise classes such as Zumba, Pilates, Line Dancing and Aerobics as well as a general health programme, Steps to Health, and a variety of food and nutrition programmes.

Brest Feeding Support

This programme trains volunteers to act as peer mentors for local mothers who wish to breastfeed. It also runs support groups. Overall the programme helps to promote the health of mothers and babies and provided education about the wider benefits of breastfeeding. During the year we have developed programmes aimed at helping parents with their mental wellbeing, including a group run in partnership with PANDA Sefton.

Mental Health Projects

The Drop-In for people with more severe and enduring mental health problems, has continued to operate twice weekly in Netherton and Linacre. We have also continued to provide more general wellbeing support sessions, in particular Think Differently, Cope Differently and Bereavement Support, and some one-to-one sessions. Our programme to support people experiencing loneliness has also continued to grow and now includes a befriending service and a range of groups and activities including Good Afternoon Social, Crafting, Creative Writing and Feelgood Learning.

- There were 2,049 attendances at programmes aimed at improving physical health throughout exercise
- There were 1,352 attendances at sessions to promote mental wellbeing and alleviate loneliness

Netherton Community Garden

The Netherton Community Garden has developed very well and continued to produce food for the community as well as some social interactive for volunteers.

In response to the pandemic the Feelgood Factory moved some support services online and increased out practical support in the community.

In particular we:

- Undertook over 954 shops for vulnerable people
- Undertook gardening work for 280 gardens for vulnerable people
- Distributed 4,000 frozen meals to families in need
- Distributed 6,000 pancakes and crumpets to families in need
- Donated Christmas Dinner hampers to 30 families
- Donated essential food hampers to 220 families

The Feelgood Factory continues to depend for the achievement of its objectives upon support of a range of partner organisations and upon the hard work of its staff and volunteers.

Financial review

As with many other charities the pandemic caused disruption to activities in the building (although services carried on and most support programmes became virtual or telephone support) and meant that the proposed budget and fundraising strategies for 2020-2021 had to be revised and kept under constant review, with the Finance Committee meeting monthly in order to achieve this.

Income was lost through cessation of room hiring, the loss of tenants and the loss of fees and donations for services.

As at 31 March 2022, the Charity had reserves of £682,744 (2021: £754,133). Included within these reserves are £105,587 (2021 £103,923) of restricted funds (see note 20) and £101,459 (2021: £106,412) of designated funds (see note 21). Included within unrestricted reserves are fixed assets totalling £496,833 (2021: £571,206). These funds can only be realised upon sale of these assets. The Charity had free of £nil (2021: £nil).

NETHERTON FEELGOOD FACTORY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

It is the policy of the Charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the Charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Investment Policy and Returns

Trustees make all decisions about investments and receive regular financial reports from the Finance Sub-Committee detailing the financial position of the organisation.

Risk Identification and Management

The Board have identified the main areas of risk as the costs attached to running and maintaining the building. The risks have been minimised through monitoring the extent of dependence on particular donors.

The Board has a wide range of funding sources to minimise dependence on any one source.

A set of financial regulations exists which specify the cheque signatories and their delegated authority levels. Two signatories, one of whom must be a board member, must sign each cheque.

A computerised financial management system is fully operational and a system to maintain the highest standards of financial management is in place.

Structure, governance and management

The Charity is a charitable company limited by guarantee and not having a share capital. The company is registered in England and Wales, No: 3614799. The principal governing document is the company Memorandum and Articles of Association. The Charity is registered with the Charity Commission, No: 1074508.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr L P James (Chair to 27th September 2021)

Mr W G Penney (Chair from 27th September 2021)

Mr M Buxton

Ms L Cluskey

Mr D Cummins

Mr J Flynn

Ms L M Glenn

Ms U Ingham

Mr G Loughlin

Ms H Martin

Ms M McEllenborough

The Charity is governed by its Board of Directors who, as Trustees of the Charity, are responsible for setting the strategic direction of the organisation and for establishing policy. The Board meets monthly and delegates day-to-day management to the Chief Executive, Sandra Duncan, who leads a staff team with specific areas of responsibility. Written financial and progress reports are provided in advance of the Board Meetings. There is a Finance Sub-Committee that have delegated authority and written terms of reference.

Trustees are nominated and elected by Feelgood Factory members. New Trustees are inducted into their new role by way of formalised information about the role of a trustee and about Feelgood Factory.

A membership register is held by the Company Secretary. One third of Trustees will normally retire each year and are eligible for re-election at the Annual General Meeting. At 31 March 2022 there were 21 members.

Trustees are appointed in accordance with the Company's Memorandum and Articles of Association. The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.


NETHERTON FEELGOOD FACTORY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Employees

The organisation had 12 members of staff at 31 March 2022.

The Trustees' report was approved by the Board of Trustee.



Mr W G Penney (Chair)
Trustee

12 September 2022

NETHERTON FEELGOOD FACTORY

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEE OF NETHERTON FEELGOOD FACTORY

I report to the Trustee on my examination of the financial statements of Netherton Feelgood Factory (the Charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the Trustee of the Charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Helen Furlong FCCA
McLintocks (NW) Limited

46 Hamilton Square
Birkenhead
Wirral
Merseyside
CH41 5AR

Dated: 20.9.22

NETHERTON FEELGOOD FACTORY

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

Current financial year

| | | Unrestricted funds general 2022 £ | Unrestricted funds designated 2022 £ | Restricted funds 2022 £ | Total 2022 £ | Total 2021 £ |
|---|-------|--|---|-------------------------------|--------------------|--------------------|
| | Notes | | | | | |
| <u>Income and endowments from:</u> | | | | | | |
| Donations and legacies | 3 | 97,181 | - | 13,970 | 111,151 | 117,960 |
| Charitable activities | 4 | 5,336 | - | 272,185 | 277,521 | 339,992 |
| Other trading activities | 5 | 11,751 | - | 543 | 12,294 | 10,541 |
| Investments | 6 | 12,399 | - | - | 12,399 | 10,440 |
| Other income | 7 | 1,266 | - | - | 1,266 | 5,787 |
| Total income | | 127,933 | - | 286,698 | 414,631 | 484,720 |
| <u>Expenditure on:</u> | | | | | | |
| Raising funds | 8 | 3,223 | - | - | 3,223 | 3,011 |
| Charitable activities | 9 | 243,364 | - | 239,433 | 482,797 | 547,155 |
| Total expenditure | | 246,587 | - | 239,433 | 486,020 | 550,166 |
| Net (outgoing)/incoming resources before transfers | | (118,654) | - | 47,265 | (71,389) | (65,446) |
| Gross transfers between funds | 13 | 50,554 | (4,953) | (45,601) | - | - |
| Net (expenditure)/income for the year/ Net movement in funds | | (68,100) | (4,953) | 1,664 | (71,389) | (65,446) |
| Fund balances at 1 April 2021 | | 543,798 | 106,412 | 103,923 | 754,133 | 819,579 |
| Fund balances at 31 March 2022 | | 475,698 | 101,459 | 105,587 | 682,744 | 754,133 |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

NETHERTON FEELGOOD FACTORY

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

Prior financial year

| | | Unrestricted funds general 2021 £ | Unrestricted funds designated 2021 £ | Restricted funds 2021 £ | Total 2021 £ |
|---|-------|--|---|-------------------------------|--------------------|
| | Notes | | | | |
| <u>Income and endowments from:</u> | | | | | |
| Donations and legacies | 3 | 117,459 | - | 501 | 117,960 |
| Charitable activities | 4 | 87,821 | - | 252,171 | 339,992 |
| Other trading activities | 5 | 9,985 | - | 556 | 10,541 |
| Investments | 6 | 10,440 | - | - | 10,440 |
| Other income | 7 | 5,706 | - | 81 | 5,787 |
| Total income | | 231,411 | - | 253,309 | 484,720 |
| <u>Expenditure on:</u> | | | | | |
| Raising funds | 8 | 2,890 | - | 121 | 3,011 |
| Charitable activities | 9 | 337,775 | - | 209,380 | 547,155 |
| Total expenditure | | 340,665 | - | 209,501 | 550,166 |
| Net (outgoing)/incoming resources before transfers | | (109,254) | - | 43,808 | (65,446) |
| Gross transfers between funds | 13 | (14,684) | 7,410 | 7,274 | - |
| Net (expenditure)/income for the year/ Net movement in funds | | (123,938) | 7,410 | 51,082 | (65,446) |
| Fund balances at 1 April 2020 | | 667,736 | 99,002 | 52,841 | 819,579 |
| Fund balances at 31 March 2021 | | 543,798 | 106,412 | 103,923 | 754,133 |

NETHERTON FEELGOOD FACTORY

BALANCE SHEET

AS AT 31 MARCH 2022

| | Notes | 2022 £ | £ | 2021 £ | £ |
|---|-------|-----------|---------|-----------|---------|
| Fixed assets | | | | | |
| Tangible assets | 14 | | 496,833 | | 571,206 |
| Current assets | | | | | |
| Debtors | 15 | 45,560 | | 87,449 | |
| Cash at bank and in hand | | 158,169 | | 152,427 | |
| | | 203,729 | | 239,876 | |
| Creditors: amounts falling due within one year | 16 | (17,818) | | (56,949) | |
| Net current assets | | | 185,911 | | 182,927 |
| Total assets less current liabilities | | | 682,744 | | 754,133 |
| Income funds | | | | | |
| Restricted funds | 18 | | 105,587 | | 103,923 |
| <u>Unrestricted funds</u> | | | | | |
| Designated funds | 19 | 101,459 | | 106,412 | |
| General unrestricted funds | | 374,239 | | 437,386 | |
| | | | 475,698 | | 543,798 |
| | | | 682,744 | | 754,133 |

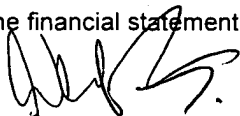
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustee on 12 September 2022



Mr W G Penney (Chair)
Trustee

Company registration number 3614799

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity information

Netherton Feelgood Factory is a private company limited by guarantee incorporated in England and Wales. The registered office is Glovers Lane, Netherton, Liverpool, Merseyside, L30 5QW.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

As with many other charities the pandemic caused disruption to activities in the building (although services carried on and most support programmes became virtual or telephone support) and meant that the proposed budget and fundraising strategies for 2021-2022 had to be revised and kept under constant review.

The Charity has continued to receive grants for services from the grant providers and has seen a large increase in demand for the shopping squad service. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustee in furtherance of their charitable objectives.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for a particular purpose. The aim and use of each of designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The purposes and uses of each restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

Income from donations and grants, including capital grants, is included in incoming resources when these are receivable, except as follows:

- When the donors specify that donations and grants given to the Charity must be used in future accounting periods, the income is deferred until those periods.
- When donors impose conditions which have to be fulfilled before the charity becomes entitled to such income, the income is deferred and not included in incoming resources until the preconditions for use have been met.

When donors specify that donations and grants, including capital grants, are for restricted purposes, which do not amount to preconditions regarding entitlement, this income is included in incoming resources of the restricted funds when received.

Voluntary income included discretionary grants for projects, goods and services where no service agreement or contract exists.

Other grants, which have particular service requirements and which are provided in accordance with a contract or service level agreement are included in the Statement of Financial Activities under the heading Income Resources for Charitable Activities.

Interest is included when received by the Charity.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure reflects all amounts paid and accrued during the year. Expenditure includes VAT which cannot be recovered, and is reported as part of the expenditure to which it relates. All costs are allocated between the expenditure categories of the Statement of Financial Activities (SOFA) on a basis designed to reflect the use of the resource. Where costs cannot be directly attributed to particular headings they are allocated to activities on a basis consistent with the use of the resource.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

1.6 Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised at cost.

The cost of tangible fixed assets includes only expenditure incurred in bringing the asset into working condition for their intended use. Depreciation is provided to write each asset off over its expected useful life using the following rates and methods:

| | |
|--------------------------------|-------------------------|
| Leasehold land and buildings | 4% on cost |
| Building equipment | 15% on cost |
| Fixtures, fittings & equipment | Between 15%-30% on cost |
| Computers | Between 33%-50% on cost |

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.7 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The Charity benefits from various exemptions from taxation afforded by tax legislation and is not liable to corporation tax on income and gains falling within those exemptions.

The Charity is not able to recover Value Added Tax. Expenditure is recorded in the financial statements inclusive of VAT.

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the Trustee are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

| | Unrestricted funds general 2022 £ | Restricted funds 2022 £ | Total 2022 £ | Unrestricted funds general 2021 £ | Restricted funds 2021 £ | Total 2021 £ |
|--|---|----------------------------------|--------------------|---|----------------------------------|--------------------|
| Donations and gifts | 49,891 | 905 | 50,796 | 25,291 | 501 | 25,792 |
| Grants receivable | 47,290 | 13,065 | 60,355 | 92,168 | - | 92,168 |
| | <u>97,181</u> | <u>13,970</u> | <u>111,151</u> | <u>117,459</u> | <u>501</u> | <u>117,960</u> |
| Grants receivable for core activities | | | | | | |
| Comic Relief | - | - | - | 31,100 | - | 31,100 |
| Community Foundation | 2,600 | - | 2,600 | 5,000 | - | 5,000 |
| The Henry Smith Charity | 25,000 | - | 25,000 | 25,000 | - | 25,000 |
| The Big Lottery | - | - | - | 31,068 | - | 31,068 |
| Postcode Neighbourhood | 19,690 | - | 19,690 | - | - | - |
| Sefton CVS | - | 10,650 | 10,650 | - | - | - |
| Liverpool CVS | - | 1,500 | 1,500 | - | - | - |
| Sefton MBC | - | 915 | 915 | - | - | - |
| | <u>47,290</u> | <u>13,065</u> | <u>60,355</u> | <u>92,168</u> | <u>-</u> | <u>92,168</u> |

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

4 Charitable activities

| | Public Benefit | Quality of Life | Health and Wellbeing | Total | Public Benefit | Quality of Life | Health and Wellbeing | Total |
|-----------------------------------|----------------|-----------------|----------------------|---------|----------------|-----------------|----------------------|-----------|
| | 2022 | 2022 | 2022 | 2022 | 2021 | 2021 | 2021 | 2021 |
| | £ | £ | £ | £ | £ | £ | £ | £ |
| Performance related grants | 26,065 | 3,000 | 248,456 | 277,521 | 35,214 | 47,847 | 256,931 | 339,992 |
| Analysis by fund | | | | | | | | |
| Unrestricted funds - general | 620 | - | 4,716 | 5,336 | 35,214 | 27,500 | 25,107 | 87,821 |
| Restricted funds | 25,445 | 3,000 | 243,740 | 272,185 | - | 20,347 | 231,824 | 252,171 |
| | 26,065 | 3,000 | 248,456 | 277,521 | 35,214 | 47,847 | 256,931 | 339,992 |
| Performance related grants | | | | | | | | |
| Steve Morgan Foundation | - | - | - | - | 1,667 | 3,333 | - | (5,000) |
| Sefton MBC | - | 3,000 | 20,000 | 23,000 | 5,000 | 20,000 | - | (25,000) |
| Sport England | - | - | 4,716 | 4,716 | - | - | 25,107 | (25,107) |
| Comic Relief | - | - | - | - | - | 20,347 | - | (20,347) |
| NHS South Sefton CCG | 620 | - | 12,175 | 12,795 | - | - | 12,175 | (12,175) |
| NHS Southport & Formby CCG | - | - | 9,565 | 9,565 | - | - | 9,565 | (9,565) |
| L30's Million | 11,490 | - | - | 11,490 | 28,547 | - | 8,084 | (36,631) |
| North West Boroughs | - | - | 40,000 | 40,000 | - | - | 40,000 | (40,000) |
| Sefton CVS | - | - | 162,000 | 162,000 | - | 4,167 | 162,000 | (166,167) |
| VCF Council Fund | 10,955 | - | - | 10,955 | - | - | - | - |
| Co-Op | 3,000 | - | - | 3,000 | - | - | - | - |
| | 26,065 | 3,000 | 248,456 | 277,521 | 35,214 | 47,847 | 256,931 | 339,992 |

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

5 Other trading activities

| | Unrestricted funds general 2022 £ | Restricted funds 2022 £ | Total 2022 £ | Unrestricted funds general 2021 £ | Restricted funds 2021 £ | Total 2021 £ |
|--------------------|---|----------------------------------|--------------------|---|----------------------------------|--------------------|
| Fundraising events | 11,751 | 543 | 12,294 | 9,985 | 556 | 10,541 |

6 Investments

| | Unrestricted funds general 2022 £ | Unrestricted funds general 2021 £ |
|---------------|---|---|
| Rental income | 12,399 | 10,440 |

7 Other income

| | Unrestricted funds general 2022 £ | Unrestricted funds general 2021 £ | Restricted funds 2021 £ | Total 2021 £ |
|-------------------|---|---|----------------------------------|--------------------|
| External training | - | - | 81 | 81 |
| CJRS Grant | 1,266 | 5,706 | - | 5,706 |
| | 1,266 | 5,706 | 81 | 5,787 |

8 Raising funds

| | Unrestricted funds general 2022 £ | Unrestricted funds general 2021 £ | Restricted funds 2021 £ | Total 2021 £ |
|----------------------------------|---|---|----------------------------------|--------------------|
| <u>Fundraising and publicity</u> | | | | |
| Other fundraising costs | 468 | 134 | 121 | 255 |
| Support costs | 2,755 | 2,756 | - | 2,756 |
| Fundraising and publicity | 3,223 | 2,890 | 121 | 3,011 |
| | 3,223 | 2,890 | 121 | 3,011 |

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

9 Charitable activities

| | Public Benefit 2022 £ | Education 2022 £ | Quality of Life 2022 £ | Health and Wellbeing 2022 £ | Total 2022 £ | Total 2021 £ |
|---|--------------------------------|------------------------|---------------------------------|--------------------------------------|--------------------|--------------------|
| Staff costs | 65,489 | - | 4,703 | 165,809 | 236,001 | 324,497 |
| Premises and other costs | 56,031 | 3,320 | 4,515 | 52,372 | 116,238 | 48,761 |
| Office costs | 12,015 | 126 | 371 | 2,004 | 14,516 | 57,827 |
| | <u>133,535</u> | <u>3,446</u> | <u>9,589</u> | <u>220,185</u> | <u>366,755</u> | <u>431,085</u> |
| Share of support costs (see note 10) | 94,291 | 4,487 | 2,362 | 9,841 | 110,981 | 110,989 |
| Share of governance costs (see note 10) | 5,061 | - | - | - | 5,061 | 5,081 |
| | <u>232,887</u> | <u>7,933</u> | <u>11,951</u> | <u>230,026</u> | <u>482,797</u> | <u>547,155</u> |
| Analysis by fund | | | | | | |
| Unrestricted funds - general | 204,034 | 7,933 | 4,494 | 26,903 | 243,364 | 337,775 |
| Restricted funds | 28,853 | - | 7,457 | 203,123 | 239,433 | 209,380 |
| | <u>232,887</u> | <u>7,933</u> | <u>11,951</u> | <u>230,026</u> | <u>482,797</u> | <u>547,155</u> |

For the year ended 31 March 2021

| | Public Benefit £ | Education £ | Quality of Life £ | Health and Wellbeing £ | Total 2021 £ |
|---|------------------------|----------------|-------------------------|------------------------------|--------------------|
| Staff costs | 75,197 | - | 53,792 | 195,508 | 324,497 |
| Premises and other costs | 40,244 | 420 | 111 | 7,986 | 48,761 |
| Office costs | 24,899 | 195 | 2,331 | 30,402 | 57,827 |
| | <u>140,340</u> | <u>615</u> | <u>56,234</u> | <u>233,896</u> | <u>431,085</u> |
| Share of support costs (see note 10) | 94,296 | 4,488 | 2,362 | 9,843 | 110,989 |
| Share of governance costs (see note 10) | 5,067 | - | - | 14 | 5,081 |
| | <u>239,703</u> | <u>5,103</u> | <u>58,596</u> | <u>243,753</u> | <u>547,155</u> |
| Analysis by fund | | | | | |
| Unrestricted funds - general | 239,703 | 615 | 54,236 | 43,221 | 337,775 |
| Restricted funds | - | 4,488 | 4,360 | 200,532 | 209,380 |
| | <u>239,703</u> | <u>5,103</u> | <u>58,596</u> | <u>243,753</u> | <u>547,155</u> |

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

9 Charitable activities

(Continued)

10 Support costs

| | Support costs £ | Governance costs £ | 2022 £ | Support costs £ | Governance costs £ | 2021 £ |
|------------------------|--------------------|-----------------------|----------------|--------------------|-----------------------|----------------|
| Staff costs | 39,362 | - | 39,362 | 39,371 | - | 39,371 |
| Depreciation | 74,374 | - | 74,374 | 74,374 | - | 74,374 |
| Accountancy | - | 3,900 | 3,900 | - | 4,746 | 4,746 |
| Legal and professional | - | 1,161 | 1,161 | - | 335 | 335 |
| | <u>113,736</u> | <u>5,061</u> | <u>118,797</u> | <u>113,745</u> | <u>5,081</u> | <u>118,826</u> |
| Analysed between | | | | | | |
| Fundraising | 2,755 | - | 2,755 | 2,756 | - | 2,756 |
| Charitable activities | <u>110,981</u> | <u>5,061</u> | <u>116,042</u> | <u>110,989</u> | <u>5,081</u> | <u>116,070</u> |
| | <u>113,736</u> | <u>5,061</u> | <u>118,797</u> | <u>113,745</u> | <u>5,081</u> | <u>118,826</u> |

CEO's salary is allocated following an assessment of the time spent in monitoring and supervising front line staff and for running activities herself.

Depreciation is allocated to Public Benefit as all activities are funded from restricted funds.

The majority of governance costs are allocated to Public Benefit as all other activities are funded by restricted funds with the exception of subscriptions which are allocated based on which activity incurs the cost.

Governance costs include payments to the Independent Examiner of £3,900 (2021:£4,746)

11 Trustee

None of the Trustee (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

12 Employees

The average monthly number of employees during the year was:

| | 2022 Number | 2021 Number |
|-----------------------|----------------|----------------|
| Charitable activities | 11 | 13 |
| Administration | <u>3</u> | <u>3</u> |
| Total | <u>14</u> | <u>16</u> |

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

| 12 Employees | (Continued) | |
|-----------------------|----------------|----------------|
| Employment costs | 2022 £ | 2021 £ |
| Wages and salaries | 249,783 | 328,155 |
| Social security costs | 14,929 | 21,589 |
| Other pension costs | 10,651 | 14,124 |
| | <u>275,363</u> | <u>363,868</u> |

There were no employees whose annual remuneration was more than £60,000.

13 Transfers

Transfers

Transfers relate to a proportion of the overhead costs charged to the individual projects (see note 21).

During the year, the redundancy reserve was increased to reflect staff changes during the year (see note 22).

14 Tangible fixed assets

| | Leasehold land and buildings £ | Building equipment £ | Fixtures, fittings & equipment £ | Computers £ | Total £ |
|------------------------------------|---|----------------------------|---|----------------|------------------|
| Cost | | | | | |
| At 1 April 2021 | 1,831,596 | 90,172 | 31,363 | 26,034 | 1,979,165 |
| At 31 March 2022 | <u>1,831,596</u> | <u>90,172</u> | <u>31,363</u> | <u>26,034</u> | <u>1,979,165</u> |
| Depreciation and impairment | | | | | |
| At 1 April 2021 | 1,261,499 | 90,172 | 31,363 | 24,924 | 1,407,958 |
| Depreciation charged in the year | <u>73,264</u> | <u>-</u> | <u>-</u> | <u>1,110</u> | <u>74,374</u> |
| At 31 March 2022 | <u>1,334,763</u> | <u>90,172</u> | <u>31,363</u> | <u>26,034</u> | <u>1,482,332</u> |
| Carrying amount | | | | | |
| At 31 March 2022 | <u>496,833</u> | <u>-</u> | <u>-</u> | <u>-</u> | <u>496,833</u> |
| At 31 March 2021 | <u>570,096</u> | <u>-</u> | <u>-</u> | <u>1,110</u> | <u>571,206</u> |

During the year part of the leasehold property was rented out by the Charity to other charitable organisations. The fair value of this component part of the property cannot be reliably measured without due cost to the Charity.

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

15 Debtors

| | 2022 £ | 2021 £ |
|--------------------------------------|---------------|---------------|
| Amounts falling due within one year: | | |
| Trade debtors | 41,067 | 82,096 |
| Prepayments and accrued income | 4,493 | 5,353 |
| | <u>45,560</u> | <u>87,449</u> |

16 Creditors: amounts falling due within one year

| | Notes | 2022 £ | 2021 £ |
|------------------------------------|-------|---------------|---------------|
| Other taxation and social security | | 4,281 | 5,959 |
| Government grants | 17 | - | 36,955 |
| Trade creditors | | 8,320 | 4,995 |
| Other creditors | | 1,317 | 4,294 |
| Accruals and deferred income | | 3,900 | 4,746 |
| | | <u>17,818</u> | <u>56,949</u> |

17 Government grants

Deferred income is included in the financial statements as follows:

| | 2022 £ | 2021 £ |
|-------------------------------------|-----------|---------------|
| Deferred income is included within: | | |
| Current liabilities | - | 36,955 |
| | <u>-</u> | <u>36,955</u> |
| Movements in the year: | | |
| Deferred income at 1 April 2021 | 36,955 | - |
| Released from previous periods | (36,955) | - |
| Resources deferred in the year | - | 36,955 |
| | <u>-</u> | <u>36,955</u> |
| Deferred income at 31 March 2022 | - | 36,955 |

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

18 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

| | Movement in funds | | | | Movement in funds | | | | Balance at 31 March 2022 £ |
|------------------------------|---------------------------------|----------------------------|----------------------------|----------------|---------------------------------|----------------------------|----------------------------|-----------------|----------------------------------|
| | Balance at 1 April 2020 £ | Incoming resources £ | Resources expended £ | Transfers £ | Balance at 1 April 2021 £ | Incoming resources £ | Resources expended £ | Transfers £ | |
| Healthy Living Centre | 48,110 | 162,058 | 138,527 | (28,245) | 43,396 | 182,000 | (141,957) | (32,892) | 50,547 |
| Comic Relief | 3,198 | 20,347 | 6,963 | - | 16,582 | - | (16,784) | 202 | - |
| Breastfeeding Support Sefton | 13,161 | 40,000 | 28,466 | (7,972) | 16,723 | 47,200 | (27,731) | (10,000) | 26,192 |
| Other funds | (11,628) | 30,904 | 35,545 | 43,491 | 27,222 | 57,498 | (52,961) | (2,911) | 28,848 |
| | <u>52,841</u> | <u>253,309</u> | <u>209,501</u> | <u>7,274</u> | <u>103,923</u> | <u>286,698</u> | <u>(239,433)</u> | <u>(45,601)</u> | <u>105,587</u> |

The Healthy Living Centre project provides a wide range of activities to improve health and wellbeing.

The Comic Relief funding is to develop active ageing projects to enable older people to undertake group-based volunteering activity, making a difference to their communities and interacting with their peers.

The Breastfeeding Sefton project is for peer-led support for mothers and mothers-to-be to encourage and enable breastfeeding throughout Sefton.

Included in other funds are Drop in and Garden Projects.

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

19 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

| | Balance at 1 April 2020 £ | Transfers £ | Balance at 1 April 2021 £ | Transfers £ | Balance at 31 March 2022 £ |
|--------------------|---------------------------------|----------------|---------------------------------|----------------|----------------------------------|
| Redundancy Reserve | 84,602 | 7,410 | 92,012 | (4,953) | 87,059 |
| Maintenance Fund | 14,400 | - | 14,400 | - | 14,400 |
| | <u>99,002</u> | <u>7,410</u> | <u>106,412</u> | <u>(4,953)</u> | <u>101,459</u> |

The Redundancy Reserve has been designated to cover the costs of redundancy payments should the organisation cease to operate.

The Maintenance Fund has been designated to cover the ongoing regular but infrequent costs associated with the maintenance of the building.

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

20 Analysis of net assets between funds

| | Unrestricted funds 2022 £ | Designated funds 2022 £ | Restricted funds 2022 £ | Total 2022 £ | Unrestricted funds 2021 £ | Designated funds 2021 £ | Restricted funds 2021 £ | Total 2021 £ |
|--|------------------------------------|----------------------------------|----------------------------------|--------------------|------------------------------------|----------------------------------|----------------------------------|--------------------|
| Fund balances at 31 March 2022 are represented by: | | | | | | | | |
| Tangible assets | 496,833 | - | - | 496,833 | 571,206 | - | - | 571,206 |
| Current assets/(liabilities) | (21,135) | 101,459 | 105,587 | 185,911 | 182,927 | - | - | 182,927 |
| | <u>475,698</u> | <u>101,459</u> | <u>105,587</u> | <u>682,744</u> | <u>754,133</u> | <u>-</u> | <u>-</u> | <u>754,133</u> |

NETHERTON FEELGOOD FACTORY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

21 Operating lease commitments

At the reporting end date the Charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

| | 2022 £ | 2021 £ |
|----------------------------|---------------|--------------|
| Within one year | 2,474 | 6,259 |
| Between two and five years | 8,028 | 2,704 |
| | <u>10,502</u> | <u>8,963</u> |

22 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

| | 2022 £ | 2021 £ |
|------------------------|---------------|---------------|
| Aggregate compensation | <u>35,788</u> | <u>35,788</u> |

Included within donations and gifts are donations from trustees and Key management personnel totalling £195 (2021: £205). There were no other disclosable related party transactions during the year (2021 - none)