

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
for
Leicestershire Leicester And Rutland
Headway

Duncan & Toplis Limited
Park House
37 Clarence Street
Leicester
Leicestershire
LE1 3RW

Leicestershire Leicester And Rutland
Headway

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for the Year Ended 31 March 2025

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Leicestershire Leicester And Rutland
Headway

Report of the Trustees
for the Year Ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's objects are;

- to provide services and facilities calculated to rehabilitate and relieve from their disabilities persons who live with brain injuries and who reside in Leicestershire and Rutland.
- to assist the families and carers of persons who live with brain injuries

Public benefit

The Trustees have had due regard to guidance published by the Charity Commission on public benefit and considers the charity acts in accordance with the guidance.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

The Trustees are satisfied with the results for the year 2024-2025.

During this period, the Charity continued to provide vital services and support to adults with acquired brain injury (ABI), along with their families, carers, and supporters. Between 1 April 2024 and 31 March 2025, the service received **103 new referrals**, of which **59% were male**.

Referral analysis indicated that:

- **30%** of individuals referred had experienced a **stroke**
- **18%** were the result of **road traffic collisions**

69% of all referrals were for residents within the county, with **Charnwood** being the borough with the highest number.

We enhanced our digital presence through continued updates to our website and increased activity on social media platforms. In January, we welcomed a trainee counsellor from the University of Derby, who now provides support sessions to service users, family members, and Headway staff.

The year marked a positive period of change, with the development of new initiatives and the expansion of existing services. A notable achievement was receiving '**Highly Commended**' in the Charity category of the **NHS Parliamentary Awards 2024**.

To strengthen our leadership capacity, the Fundraising and Engagement Executive was promoted to **Development Manager**, supporting the Service Director with day-to-day responsibilities and decision-making.

Leicestershire Leicester And Rutland
Headway

Report of the Trustees
for the Year Ended 31 March 2025

ACHIEVEMENTS AND PERFORMANCE

Fundraising activities

We experienced many successful outcomes from our fundraising campaigns, largely due to improved networking, targeted marketing, and increased community engagement. These efforts have positively influenced donor behaviour and enhanced income generation.

Notable successes include:

- **£348,000** awarded over five years by the **National Lottery Reaching People & Communities** for our Learning to Be Me Again project, which will expand our Community Outreach programme with new community hubs and a hospital liaison service
- A donation from **Lutterworth Rotary Club** towards equipment and the promotion of inclusive sports
- **Heather Savigny's** tandem skydive raised nearly **£4,000** for a residential break to the Norfolk Broads
- **Michael Gardner**, aka The Walking Poet, raised **£1,340** through book sales and donations
- **£2,000** legacy from **J.A. Barson**
- **£2,500** from the **Leicester Freemasons**
- **£800** from the **Market Harborough Catenians**
- **£3,500** from the **Maud Elkington Charitable Trust**
- **£1,000** from **The Chesterton House Foundation**
- **£1,000** from the **Florence Turner Trust**
- **£2,500** from the **Hedley Foundation**
- **£732** awarded by **Blaby District Council**
- **£8,400** from the **NHS Research Enablement Project**

We extend our sincere thanks to **Affinity Law, K. Feltham, the Solanki family**, and those who contributed through the **Navratri donation**, which raised a further **£4,000**. Without the generosity of these individuals and organisations, we would be unable to maintain the high standard of services we provide.

FINANCIAL REVIEW

Financial position

The net decrease in resources during the year was £19,667 compared with a net decrease of £4,845 in the previous year. Incoming resources show an increase of £31,925 in comparison with 2023/24, which was mainly due to an increase in expenditure during a period of growth for the charity. Resources expended increased by £46,213.

The main funders during the year were the Social Services Departments of Leicester City and Leicestershire County Councils and Leicester Integrated Care Board. Leicestershire County Council continue to purchase our services through the Community Life Choices Framework agreement whilst Leicester City Council buy support through a similar framework agreement called Community Opportunities.

We would also like to extend our sincere thanks to some of our other donors who are not mentioned in the Review of Activities but have made either a one-off contribution or who are long standing supporters of Headways' work:

Thank you to all those who have offered their support either financially, with sponsorship or with the gift of time.

Investment policy and objectives

The constitution of the charity authorises it to make and hold investments using general funds not needed for immediate working purposes.

In practice the charity has never had sufficient surplus to invest to provide income for the future and has no plans to do so. The current practice is to deposit surplus funds with UK banks.

Leicestershire Leicester And Rutland
Headway

Report of the Trustees
for the Year Ended 31 March 2025

FINANCIAL REVIEW

Reserves policy

The charity's policy on reserves has been designed to protect it from uncertainties in funding from statutory bodies. It aims to ensure that there are sufficient general and designated funds to meet the potential cost of redundancies and the provision of non-statutory funded services for at least six months when combined with the commitment from local government to give a three-month notice period for any funding changes.

The policy continues to provide as far as possible protection from the variation in funding from voluntary bodies arising from the interruption or non replacement of expiring charitable grants.

The Trustees have reviewed the level of reserves required and are satisfied that they are at an appropriate level. They have resolved to work towards maintaining the reserves at a level in line with the charity's policy.

Free reserves, which are unrestricted reserves in excess of designated reserves less the fixed asset element of unrestricted reserves stand at £35,861 as of 31 March 2025 (2024 - £28,600).

Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

FUTURE PLANS

- Continue to improve access to services across the City, County and Rutland through the Reaching Communities funding and the "Learning to be me again" project delivered by our Community Outreach Workers
- Maintain fundraising income through online campaigns, corporate sponsorship, events, and public donations.
- Explore the opportunity of Legacy fundraising.
- Continue to improve and maintain our digital presence, increasing online engagement.
- Continue to deliver a high-quality day service to individuals with acquired brain injuries whom benefit from the longer-term support offered in this safe and inclusive environment

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 23rd November 1998 and registered as a charity on 17th February 1999. It began operations on 1st April 1999 when the assets and liabilities of Headway Leicester (charity number 702489) were transferred. The company was established under a Memorandum of Association, dated 23rd November 1998, which sets out the objects and powers of the charitable company, and it is governed by its Articles of Association (company number 03672087). In the event of the company being wound up, its members will be required to contribute an amount, which will not exceed £10 each.

Leicestershire Leicester And Rutland
Headway

Report of the Trustees
for the Year Ended 31 March 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

The directors of the company are also Trustees of the charity for the purposes of charity law and under the company's Articles they are known as members of the Committee of Management. Under the requirements of the Memorandum and Articles of Association, the members of the committee are elected to serve for a period of three years, after which they must be re-elected at the next Annual General Meeting.

Richard Perrins, James Lewis, Carol Birch and Stephen Nottridge retire by rotation and are eligible to offer themselves for re-election.

The charity actively encourages service users to take an interest and assist in the running of the charity and encourages these stakeholders to apply for Board positions. James Lewis and Simon Gerrard have themselves suffered an acquired brain injury and receive Headway support, they provide extremely valuable input and insight into living with an acquired brain injury. James and Simon act as spokespersons for other Headway users, ensuring their views are represented. Similarly, Stephen Nottridge is a carer of a person with an acquired brain injury and presents the interests of families and carers of those with ABI.

It is normal practice to invite potential trustees to visit the service and have the opportunity to meet some of the team and people who use the services before appointing them. New trustees are given a full briefing pack, including access to all policies and procedures. There have been no new trustee appointments during this reporting period.

The management of Leicestershire Leicester and Rutland Headway is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Organisational structure and decision making

Leicestershire Leicester and Rutland Headway has a Committee of Management comprising of up to sixteen members who meet quarterly and who are responsible for the strategic direction and policy of the charity. At present the committee members come from a variety of professional backgrounds. The board has a skills audit procedure to assist in the recruitment of new Trustees.

The Services Director attends and reports to the meetings of the committee but does not have voting rights.

Day to day responsibility for the provision of services rests with the Services Director.

The Committee of Management is supported by two sub committees each with specific remits including governance, finance and human resources, fundraising, marketing and media.

The charity is an affiliated Group of the national organisation Headway, the brain injury association, which provides advice, formulates national policy, sets standards, and represents the brain injured at a national level. However, the national organisation does not have any direct responsibility for the running of the charity, which rests solely with the Committee of Management.

Headway receives a proportion of its funding through Framework agreements and a discretionary grant from the social services departments of Leicestershire County Council and Leicester City Council and the Independent Care Board in Leicester, Leicestershire and Rutland.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03672087 (England and Wales)

Registered Charity number

1074011

Leicestershire Leicester And Rutland
Headway

Report of the Trustees
for the Year Ended 31 March 2025

Registered office

4 Hospital Close
Leicester
Leicestershire
LE5 4WP

Trustees

Richard Perrins	- Chairperson
Christopher McKinney	- Company Secretary
Dr Sarah Gunn (resigned 31 January 2025)	
Christopher Sworn	
Richard Palmer	
Carol Birch	
Dedunu De Silva	
Stephen Nottridge	
Tharmananthar Shankaradhas	
James Lewis	
Simon Gerrard (appointed 30 April 2024)	
Danielle Young (appointed 30 April 2024)	

Services Director

Mary Goulty

Company Secretary

C P McKinney

Independent Examiner

Duncan & Toplis Limited
Park House
37 Clarence Street
Leicester
Leicestershire
LE1 3RW

Bankers

The Royal Bank of Scotland
91 93 Regent Street
Leamington Spa
CV32 4NT

Santander UK Plc
Bridle Road
Bootle
Merseyside
L30 4YD

CCLA Investment Management Ltd
Senator House
85 Queen Victoria Street
London
EC4V 4ET

Leicestershire Leicester And Rutland
Headway

Report of the Trustees
for the Year Ended 31 March 2025

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 12 September 2025 and signed on its behalf by:

.....
R A Perrins - Trustee

Independent Examiner's Report to the Trustees of
Leicestershire Leicester And Rutland
Headway

Independent examiner's report to the trustees of Leicestershire Leicester And Rutland Headway ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Tommie Simpson FCA

Duncan & Toplis Limited
Park House
37 Clarence Street
Leicester
Leicestershire
LE1 3RW

Date: 12 September 2025

Leicestershire Leicester And Rutland
Headway

Statement of Financial Activities
for the Year Ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	26,006	76,455	102,461	86,437
Charitable activities	5				
Day Centre		112,776	-	112,776	98,239
Outreach		18,661	-	18,661	18,760
Other trading activities	3	27,385	-	27,385	27,120
Investment income	4	4,793	-	4,793	5,732
Other income	6	<u>5,291</u>	<u>-</u>	<u>5,291</u>	<u>3,154</u>
Total		<u>194,912</u>	<u>76,455</u>	<u>271,367</u>	<u>239,442</u>
EXPENDITURE ON					
Raising funds	7	60,013	705	60,718	46,944
Charitable activities	8				
Day Centre		116,265	31,297	147,562	137,737
Outreach		<u>51,567</u>	<u>31,187</u>	<u>82,754</u>	<u>59,606</u>
Total		<u>227,845</u>	<u>63,189</u>	<u>291,034</u>	<u>244,287</u>
NET INCOME/(EXPENDITURE)		(32,933)	13,266	(19,667)	(4,845)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>118,034</u>	<u>27,169</u>	<u>145,203</u>	<u>150,048</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>85,101</u></u>	<u><u>40,435</u></u>	<u><u>125,536</u></u>	<u><u>145,203</u></u>

The notes form part of these financial statements

Leicestershire Leicester And Rutland
Headway

Balance Sheet
31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
FIXED ASSETS					
Tangible assets	15	10,256	9,690	19,946	13,260
CURRENT ASSETS					
Debtors	16	45,396	-	45,396	12,659
Cash at bank and in hand		<u>72,391</u>	<u>33,274</u>	<u>105,665</u>	<u>158,956</u>
		117,787	33,274	151,061	171,615
CREDITORS					
Amounts falling due within one year	17	(42,943)	(2,528)	(45,471)	(39,672)
		<u>74,844</u>	<u>30,746</u>	<u>105,590</u>	<u>131,943</u>
NET CURRENT ASSETS					
		<u>74,844</u>	<u>30,746</u>	<u>105,590</u>	<u>131,943</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		85,100	40,436	125,536	145,203
NET ASSETS		<u>85,100</u>	<u>40,436</u>	<u>125,536</u>	<u>145,203</u>
FUNDS	19				
Unrestricted funds				85,100	118,034
Restricted funds				<u>40,436</u>	<u>27,169</u>
TOTAL FUNDS				<u>125,536</u>	<u>145,203</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Leicestershire Leicester And Rutland
Headway

Balance Sheet - continued
31 March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12 September 2025 and were signed on its behalf by:

.....
R A Perrins - Trustee

Leicestershire Leicester And Rutland
Headway

Notes to the Financial Statements
for the Year Ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are apportioned between activities based on an estimate of management time spent.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- 20% on cost
Fixtures and fittings	- 15% on cost
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Leicestershire Leicester And Rutland
Headway

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

1. ACCOUNTING POLICIES - continued

Debtors

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective rate of interest method, less any impairment.

Creditors

Short term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

Going concern

The trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing the financial statements.

2. DONATIONS AND LEGACIES

	31.3.25	31.3.24
	£	£
Donations	29,697	15,155
Grants	<u>72,764</u>	<u>71,282</u>
	<u>102,461</u>	<u>86,437</u>

Grants received, included in the above, are as follows:

	31.3.25	31.3.24
	£	£
Leicestershire County Council	1,200	5,000
Community Foundation Leicestershire & Rutland	-	5,000
T S Shipman Trust	2,000	-
Freemasons Leicester	2,500	-
Paget Trust	-	1,000
Maud Elkington Charitable Trust	3,500	3,000
Garfield Weston	-	20,000
North West Leicestershire District Council	-	100
Asda Foundation	-	400
Local Giving Limited	-	500
Chesterton House Foundation	1,000	1,000
Blaby District Council	732	500
Clothworkers' Foundation	-	9,600
The National Lottery Community Fund	57,832	16,569
Florence Trust	1,000	1,000
The Gillian Stevenson Trust	-	7,613
J R Corah Foundation Fund	500	-
Hedley	<u>2,500</u>	<u>-</u>
	<u>72,764</u>	<u>71,282</u>

Leicestershire Leicester And Rutland
Headway

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

3. OTHER TRADING ACTIVITIES		31.3.25	31.3.24
		£	£
Fundraising events		<u>27,385</u>	<u>27,120</u>
4. INVESTMENT INCOME		31.3.25	31.3.24
		£	£
Deposit account interest		<u>4,793</u>	<u>5,732</u>
5. INCOME FROM CHARITABLE ACTIVITIES		31.3.25	31.3.24
	Activity	£	£
Fees charged	Day Centre	33,690	25,185
Council Funding	Day Centre	78,947	72,815
Craft sales	Day Centre	139	239
Fees charged	Outreach	5,400	5,498
NHS Funding	Outreach	<u>13,261</u>	<u>13,262</u>
		<u>131,437</u>	<u>116,999</u>
6. OTHER INCOME		31.3.25	31.3.24
		£	£
Subscriptions		<u>5,291</u>	<u>3,154</u>
7. RAISING FUNDS			
Raising donations and legacies		31.3.25	31.3.24
		£	£
Staff costs		33,098	25,420
Printing and advertising		7,384	1,582
Travel		633	30
Just giving charges		613	216
Charity Ball		8,331	8,829
Sundries		461	764
Support costs		<u>10,198</u>	<u>10,103</u>
		<u>60,718</u>	<u>46,944</u>

Leicestershire Leicester And Rutland
Headway

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

8. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 9) £	Support costs (see note 10) £	Totals £
Day Centre	86,403	61,159	147,562
Outreach	<u>52,174</u>	<u>30,580</u>	<u>82,754</u>
	<u>138,577</u>	<u>91,739</u>	<u>230,316</u>

9. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.3.25 £	31.3.24 £
Staff costs	114,916	88,877
Purchases	19,253	16,492
Gardening	1,697	-
Travel	<u>2,711</u>	<u>1,007</u>
	<u>138,577</u>	<u>106,376</u>

10. SUPPORT COSTS

	Finance £	Administration £	Premises £	Governance costs £	Totals £
Raising donations and legacies	43	8,086	1,480	589	10,198
Day Centre	257	48,503	8,875	3,524	61,159
Outreach	<u>129</u>	<u>24,251</u>	<u>4,438</u>	<u>1,762</u>	<u>30,580</u>
	<u>429</u>	<u>80,840</u>	<u>14,793</u>	<u>5,875</u>	<u>101,937</u>

Activity	Basis of allocation
Finance	Management time spent on activities
Administration	Management time spent on activities
Premises	Management time spent on activities
Governance costs	Management time spent on activities

Support costs, included in the above, are as follows:

Finance

	Raising donations and legacies £	Day Centre £	Outreach £	31.3.25 Total activities £	31.3.24 Total activities £
Bank charges	<u>43</u>	<u>257</u>	<u>129</u>	<u>429</u>	<u>402</u>

Leicestershire Leicester And Rutland
Headway

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

10. SUPPORT COSTS - continued
Administration

				31.3.25	31.3.24
	Raising donations and legacies £	Day Centre £	Outreach £	Total activities £	Total activities £
Wages	5,852	35,108	17,554	58,514	55,276
Social security	280	1,679	840	2,799	2,371
Pensions	108	650	325	1,083	1,081
Telephone	334	2,003	1,001	3,338	6,766
Postage and stationery	192	1,152	576	1,920	1,519
Sundries	126	755	378	1,259	415
IT costs	549	3,293	1,646	5,488	8,838
Travel	-	-	-	-	25
Subscriptions	31	185	93	309	1,274
Training	340	2,042	1,021	3,403	794
Health and safety	54	323	161	538	419
Recruitment fees	52	309	154	515	106
Depreciation of tangible fixed assets	<u>168</u>	<u>1,004</u>	<u>502</u>	<u>1,674</u>	<u>596</u>
	<u><u>8,086</u></u>	<u><u>48,503</u></u>	<u><u>24,251</u></u>	<u><u>80,840</u></u>	<u><u>79,480</u></u>

Premises

				31.3.25	31.3.24
	Raising donations and legacies £	Day Centre £	Outreach £	Total activities £	Total activities £
Rates and water	127	756	378	1,261	1,208
Light and heat	370	2,224	1,112	3,706	3,666
Repairs and maintenance	483	2,894	1,447	4,824	8,671
Depreciation of tangible fixed assets	<u>500</u>	<u>3,001</u>	<u>1,501</u>	<u>5,002</u>	<u>2,903</u>
	<u><u>1,480</u></u>	<u><u>8,875</u></u>	<u><u>4,438</u></u>	<u><u>14,793</u></u>	<u><u>16,448</u></u>

Governance costs

				31.3.25	31.3.24
	Raising donations and legacies £	Day Centre £	Outreach £	Total activities £	Total activities £
Independent Examiners fee	292	1,750	875	2,917	2,772
Insurance	283	1,694	847	2,824	1,865
Legal fees	<u>14</u>	<u>80</u>	<u>40</u>	<u>134</u>	<u>103</u>
	<u><u>589</u></u>	<u><u>3,524</u></u>	<u><u>1,762</u></u>	<u><u>5,875</u></u>	<u><u>4,740</u></u>

Leicestershire Leicester And Rutland
Headway

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

11. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.25	31.3.24
	£	£
Independent Examiners fee	2,917	2,772
Depreciation - owned assets	<u>6,676</u>	<u>3,500</u>

12. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

13. STAFF COSTS

	31.3.25	31.3.24
	£	£
Wages and salaries	197,390	162,854
Social security costs	9,387	6,985
Other pension costs	<u>3,633</u>	<u>3,186</u>
	<u>210,410</u>	<u>173,025</u>

The remuneration of key management personnel amounted to £83,835 (2024 - £70,138).

The average monthly number of employees during the year was as follows:

	31.3.25	31.3.24
	11	9
Direct charitable activities	<u>11</u>	<u>9</u>

No employees received emoluments in excess of £60,000.

14. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	13,494	72,943	86,437
Charitable activities			
Day Centre	98,239	-	98,239
Outreach	18,760	-	18,760
Other trading activities	27,120	-	27,120
Investment income	5,732	-	5,732
Other income	<u>3,154</u>	<u>-</u>	<u>3,154</u>
Total	<u>166,499</u>	<u>72,943</u>	<u>239,442</u>

EXPENDITURE ON

Leicestershire Leicester And Rutland
Headway

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

14. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Raising funds	43,368	3,576	46,944
Charitable activities			
Day Centre	106,409	31,328	137,737
Outreach	<u>48,733</u>	<u>10,873</u>	<u>59,606</u>
Total	<u>198,510</u>	<u>45,777</u>	<u>244,287</u>
 NET INCOME/(EXPENDITURE)	 (32,011)	 27,166	 (4,845)
 RECONCILIATION OF FUNDS			
Total funds brought forward	150,048	-	150,048
	<u> </u>	<u> </u>	<u> </u>
 TOTAL FUNDS CARRIED FORWARD	 <u><u>118,037</u></u>	 <u><u>27,166</u></u>	 <u><u>145,203</u></u>

15. TANGIBLE FIXED ASSETS

	Improvements to property £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2024	173,725	24,580	50,156	248,461
Additions	<u>8,330</u>	<u>3,401</u>	<u>1,631</u>	<u>13,362</u>
At 31 March 2025	<u>182,055</u>	<u>27,981</u>	<u>51,787</u>	<u>261,823</u>
 DEPRECIATION				
At 1 April 2024	162,907	23,873	48,421	235,201
Charge for year	<u>4,370</u>	<u>631</u>	<u>1,675</u>	<u>6,676</u>
At 31 March 2025	<u>167,277</u>	<u>24,504</u>	<u>50,096</u>	<u>241,877</u>
 NET BOOK VALUE				
At 31 March 2025	<u><u>14,778</u></u>	<u><u>3,477</u></u>	<u><u>1,691</u></u>	<u><u>19,946</u></u>
At 31 March 2024	<u><u>10,818</u></u>	<u><u>707</u></u>	<u><u>1,735</u></u>	<u><u>13,260</u></u>

Leicestershire Leicester And Rutland
Headway

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade debtors	9,840	7,159
Other debtors	29,016	100
Prepayments and accrued income	<u>6,540</u>	<u>5,400</u>
	<u><u>45,396</u></u>	<u><u>12,659</u></u>

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Bank loans and overdrafts (see note 18)	2,528	-
Trade creditors	7,839	14,433
Social security and other taxes	7,027	4,134
Other creditors	17,720	12,067
Accruals and deferred income	<u>10,357</u>	<u>9,038</u>
	<u><u>45,471</u></u>	<u><u>39,672</u></u>

18. LOANS

An analysis of the maturity of loans is given below:

	31.3.25	31.3.24
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u><u>2,528</u></u>	<u><u>-</u></u>

19. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	At 31.3.25
	£	£	£
Unrestricted funds			
General fund	113,034	(32,934)	80,100
Voluntary grant equalisation	<u>5,000</u>	<u>-</u>	<u>5,000</u>
	118,034	(32,934)	85,100
Restricted funds			
Leicestershire County Council	-	1,200	1,200
Paget Trust	1,000	(1,000)	-
Blaby District Council	-	732	732
Clothworkers' Foundation	9,600	-	9,600
The National Lottery Community Fund	16,569	12,035	28,604
Lutterworth Rotary	<u>-</u>	<u>300</u>	<u>300</u>
	<u>27,169</u>	<u>13,267</u>	<u>40,436</u>
TOTAL FUNDS	<u><u>145,203</u></u>	<u><u>(19,667)</u></u>	<u><u>125,536</u></u>

Leicestershire Leicester And Rutland
Headway

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

19. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	194,912	(227,846)	(32,934)
Restricted funds			
T S Shipman Trust	2,000	(2,000)	-
Tesco Groundwork - Creative Art	1,400	(1,400)	-
Freemasons Leicester	2,500	(2,500)	-
Leicestershire County Council	1,200	-	1,200
Maud Elkington Charitable Trust	3,500	(3,500)	-
Florence Turner Trust (FL001)	1,000	(1,000)	-
Paget Trust	-	(1,000)	(1,000)
Chesterton House Foundation	1,000	(1,000)	-
Blaby District Council	732	-	732
The National Lottery Community Fund	57,832	(45,797)	12,035
Lutterworth Rotary	300	-	300
Affinity Law	791	(791)	-
J R Corah Foundation Fund	500	(500)	-
Hedley Foundation	2,500	(2,500)	-
Michael Gardener	1,200	(1,200)	-
	<u>76,455</u>	<u>(63,188)</u>	<u>13,267</u>
TOTAL FUNDS	<u>271,367</u>	<u>(291,034)</u>	<u>(19,667)</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	30,048	(32,014)	25,000	23,034
Expenses contingency	10,000	-	-	10,000
Staffing contingency	50,000	-	-	50,000
Voluntary grant equalisation	5,000	-	-	5,000
Property contingency	30,000	-	-	30,000
Fundraising contingency	25,000	-	(25,000)	-
	150,048	(32,014)	-	118,034
Restricted funds				
Paget Trust	-	1,000	-	1,000
Clothworkers' Foundation	-	9,600	-	9,600
The National Lottery Community Fund	-	16,569	-	16,569
	-	27,169	-	27,169
TOTAL FUNDS	<u>150,048</u>	<u>(4,845)</u>	<u>-</u>	<u>145,203</u>

Leicestershire Leicester And Rutland
Headway

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

19. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	166,499	(198,513)	(32,014)
Restricted funds			
The Day Centre Grants	5,000	(5,000)	-
Leicestershire County Council	5,000	(5,000)	-
Garfield Weston	20,000	(20,000)	-
Maud Elkington Charitable Trust	3,000	(3,000)	-
Florence Turner Trust (FL001)	1,000	(1,000)	-
The Gillian Stevenson Charitable Trust	2,613	(2,613)	-
Paget Trust	1,000	-	1,000
John Lewis Plc	1,416	(1,416)	-
Nelsons Solicitors	245	(245)	-
North West Leicestershire District Council	100	(100)	-
Community Foundation Leics & Rutland	5,000	(5,000)	-
Asda Foundation	400	(400)	-
Local Giving Ltd	500	(500)	-
Chesterton House Foundation	1,000	(1,000)	-
Blaby District Council	500	(500)	-
Clothworkers' Foundation	9,600	-	9,600
The National Lottery Community Fund	16,569	-	16,569
	<u>72,943</u>	<u>(45,774)</u>	<u>27,169</u>
TOTAL FUNDS	<u>239,442</u>	<u>(244,287)</u>	<u>(4,845)</u>

Designated Funds

The income funds of the charity include designated funds which have been set aside out of the unrestricted funds by the Trustees for a specific purpose.

Expenses contingency - To cover overhead, contract costs and other closure costs in the event of reduced/cessation of funding.

Staffing contingency - To cover the staffing costs of the house, for three months, in the event of reduced/cessation of funding.

Voluntary grant equalisation - To cover the variation in voluntary income arising from interruption or non-replacement of expiring charitable grants.

Property contingency - To cover costs in the event that the University Hospital of Leicester NHS trust determines to dispose of Headway House.

Fundraising contingency - To cover the costs of the fundraising exercise in the event that the income therefrom falls below the outgoing thereon over a two-year period.

Restricted Funds

ASDA Foundation - Funds relating to a course promoting healthy eating.

Leicestershire Leicester And Rutland
Headway

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

19. MOVEMENT IN FUNDS - continued

Blaby District Council - Funds relating to supporting the new kitchen project in the Day centre.

Chesterton House Project - Funds relating to the Day Centre Activity sessions including Animal Magic sessions.

Clothworkers Foundation - Funds relating to supporting the new kitchen project in the Day centre.

Community Foundation Leicestershire & Rutland - Funds relating to the wildlife environmental garden project.

Florence Turner Trust - Funding relating to supporting the costs of Neuro Occupational Therapy Day Centre sessions.

Garfield Weston - Funding relating to the Day Centre core costs.

Day Centre Grant - Funds relating to supporting core costs of the Day Centre.

Gillian Stevenson Trust - Funds relating to supporting the repair of the floor in the Day centre.

John Lewis PLC - Funding relating to the support of the Fatigue Management Course.

Leicestershire County Council (Shires) - Funding supporting the Community Outreach team.

Local Giving Ltd (Post Code Lottery) - Funding the Day Centre to reduce isolation in the Community.

Maud Elkington Charitable Trust - Funding relating to supporting the costs of Neuro Occupational Therapy Digital Day sessions.

Nelson Solicitors - Funding supporting the Travelling Gallery.

North West Leicester District Council - Funding relating to the Coronation Tea Event and the launch of the travelling gallery.

Paget Trust - Funding relating to the costs of day centre activities.

The National Lottery Community Fund - Funding relating to the expansion of the Day Centre Provision.

The Henry Smith Charity - Funding awarded for improving the lives as part of the charity's early intervention and project, enabling the charity to offer valuable support to individuals following brain injury.

Freemasons Leicester - Funding relates to providing support for the carers group.

Helen Cope - Funding relates to supporting day centre activities.

Douglas Arter Foundation - Funding relates to supporting day centre activities.

Arnold Clarke Community Fund - Funding relates to supporting day centre activities.

Co-Op Community Fund - Funding relates to supporting one to one counselling by neurological occupational therapist.

T S Shipman Trust - Funding relating to the Day Centre core costs.

J R Corah Foundation Fund - Funding supporting the Community Outreach Team.

Leicestershire Leicester And Rutland
Headway

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

19. MOVEMENT IN FUNDS - continued

Hedley Grant - Funding relating to supporting the following costs, occupational therapy, physical therapy, art therapy and counselling.

The Hanley Trust - Funding relating to the Day Centre core costs.

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

Leicestershire Leicester And Rutland
Headway

Detailed Statement of Financial Activities
for the Year Ended 31 March 2025

	31.3.25 £	31.3.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	29,697	15,155
Grants	<u>72,764</u>	<u>71,282</u>
	102,461	86,437
Other trading activities		
Fundraising events	27,385	27,120
Investment income		
Deposit account interest	4,793	5,732
Charitable activities		
Fees charged	39,090	30,683
Council Funding	78,947	72,815
NHS Funding	13,261	13,262
Craft sales	<u>139</u>	<u>239</u>
	131,437	116,999
Other income		
Subscriptions	<u>5,291</u>	<u>3,154</u>
Total incoming resources	271,367	239,442
EXPENDITURE		
Raising donations and legacies		
Wages	31,038	23,926
Social security	1,485	1,026
Pensions	575	468
Printing and advertising	7,384	1,582
Travel	633	30
Just giving charges	613	216
Charity Ball	8,331	8,829
Sundries	<u>461</u>	<u>764</u>
	50,520	36,841
Charitable activities		
Wages	107,838	83,652
Social security	5,103	3,588
Pensions	1,975	1,637
Purchases	19,253	16,492
Gardening	1,697	-
Travel	<u>2,711</u>	<u>1,007</u>
	138,577	106,376

This page does not form part of the statutory financial statements

Leicestershire Leicester And Rutland
Headway

Detailed Statement of Financial Activities
for the Year Ended 31 March 2025

	31.3.25 £	31.3.24 £
Support costs		
Finance		
Bank charges	429	402
Administration		
Wages	58,514	55,276
Social security	2,799	2,371
Pensions	1,083	1,081
Telephone	3,338	6,766
Postage and stationery	1,920	1,519
Sundries	1,259	415
IT costs	5,488	8,838
Travel	-	25
Subscriptions	309	1,274
Training	3,403	794
Health and safety	538	419
Recruitment fees	515	106
Depreciation of computer equipment	<u>1,674</u>	<u>596</u>
	80,840	79,480
Premises		
Rates and water	1,261	1,208
Light and heat	3,706	3,666
Repairs and maintenance	4,824	8,671
Depreciation of improvements to property	4,370	2,704
Depreciation of fixtures and fittings	<u>632</u>	<u>199</u>
	14,793	16,448
Governance costs		
Independent Examiners fee	2,917	2,772
Insurance	2,824	1,865
Legal fees	<u>134</u>	<u>103</u>
	<u>5,875</u>	<u>4,740</u>
Total resources expended	<u>291,034</u>	<u>244,287</u>
Net expenditure	<u>(19,667)</u>	<u>(4,845)</u>

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Richard Alexander Perrins's e-mail address is: regperrins1@gmail.com.