

Friends of Murambinda Hospital



UK Registered Charity 1073978

ANNUAL REPORT 2023-24



Child and Adolescent Resource Centre outreach visit

Image by Isabella Terrington

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The Hospital

Murambinda Mission Hospital (MMH) is the Designated District Hospital for Buhera District in Manicaland Province, Zimbabwe. The Hospital was founded in 1968 by the Sisters of the Little Company of Mary (LCM), under the Catholic Church's Archdiocese of Harare. The Hospital carries out its mission to care for the poor by serving a population of around 300,000 people in an area with a diameter of 200 kilometres.

The hospital is led by Sr Maryof LCM, the Hospital Executive Manager and Sr Tawodzera is Assistant Matron and currently acting Matron, and Dr Shelton Kwiri as District Medical Officer.. They are supported by a Board of Trustees and Hospital Executive Committee.

The aim of improving the health services for all the people of Buhera and to be a “Pool of Healing” continues to be pursued with energy and dedication.



Murambinda Town

Image by Isabella Terrington or Huw Howells

The District

Buhera District consists mainly of ‘Communal Land’. This means there is no title ownership of land, (except within designated growth points, Murambinda and Birchenough Bridge). Land use is governed through a system of traditional leaders and elected councillors. Buhera covers an area of 5,364 km². The area suffers from very low rainfall, and a miniscule land area is under irrigation. Irregular rainfall leads to poor harvests and food shortages.

Through hard work and experience gained from previous periods of hardship, the population of Buhera has developed a remarkable capacity for survival. Poverty remains a great hindrance to the development of Buhera and its people. MMH, among others, aims to assist the community to overcome these hurdles.

Message from the Chair Looking ahead with hope.

Dear All,

Thank you once again for your generosity this past year. This report shows the direct practical way that your donations are effective.

We always look to the future; ideally, we would like to get to a position where we are no longer needed as Murambinda Mission Hospital is self-sufficient. This is why we have invested heavily in the past in solar power and in the kitchen garden to reduce running costs and why we are investing in the tuck shop this year. The hope is that it will provide a source of income to the hospital as well as a benefit to staff and visitors.

Looking to the future is not just a matter of trying to achieve better finances but trying to improve the prospects and lives of the next generation. The project to reduce teenage pregnancy through a grass roots community initiative is showing early promise and we are pleased to have been able to fund it.

FMH has been managed by six trustees for some time, we are delighted to welcome three new younger trustees, all are UK Doctors with experience of Murambinda. They will provide fresh ideas and impetus as we look ahead.

All running costs are covered by trustees, none of your donations are spent on administration or publicity. Thank you for your support, please do what you can to help us in the coming year.

www.fmh.org.uk/donations-2/

Dr Mike Thompson
Chair of FMH

**FRIENDS OF MURAMBINDA HOSPITAL
FUNDING FEEDBACK FORM.**

Application Title: HOSPITAL FURNITURE AND MEDICAL EQUIPMENT.

Name of main Applicant: *Murambinda Mission Hospital*

Date Submitted: 09 May 2022

Date Approved: 18 May 2022

Approved by Hospital Board

Yes.

	INCOME		
	DATE	Project Detail	Amount in US\$
	01/08/2022	Funding for hospital furniture and Medical equipment	17,542.84
		Total Income	17,542.84
	Less EXPENDITURE		
	Date		US\$
	24/05/2023	DMD Healthcare – 15 Wheelchairs	2,850.00
	24/05/2023	Vital Medicals – Trolleys	3,200.00
	24/05/2023	Dynamic Medicals- Stretcher beds	1,100.00
	13/11/2023	Walcraft Furnishers –Office and nurse chairs	3,300.00
	22/11/2023	Kapslocke – Patient chairs	5,400.00
		TOTAL	US\$15,850.00
		Balance	US\$1,692.84

Hospital furniture and Medical Equipment play important role in modern healthcare. They help health professionals to perform their operations with utmost safety of patient. They are also important for patients to feel comfortable during their stay in hospital. Medical equipment is important to provide efficient and effective healthcare to the patient.

Murambinda Mission Hospital was using old furniture and required to refurnish all the departments including the Administration Block.

We would like to thank FMH for supporting us with funds to procure new furniture and essential medical equipment required for day to day operations.

We are planning to use the balance to do upholstery for the old chairs that are still repairable.



Old worn wheelchairs replaced with new.

Images by Cephas Mudzi unless otherwise stated



New dressing trolleys provided



New patient and office chairs

**FRIENDS OF MURAMBINDA HOSPITAL
FUNDING FEEDBACK FORM.**

Application Title: Funding for Pharmacy.

Name of main Applicant: *Murambinda Mission Hospital*

Date Submitted: 30 May 2023 **Date Approved:** 03 June 2023

Approved by Hospital Board *Yes.*

	INCOME		
	DATE	Project Detail	Amount in US\$
	11/07/2023	Funding for Pharmacy	11,974.95
		Total Income	11,974.95
	Less EXPENDITURE		
	Date		US\$
	03/10/2023	Shrub Marketing –needles and cannulas	186.00
	03/10/2023	Shreesai- 5ml syringes with needles	200.0
	03/10/2023	Sons of Samson- Glycerine and ichtammol	690.94
	03/10/2023	Surgical gloves and Sodium Hypochlorite	550.00
	03/10/2023	Jogmart - Drugs	1,073.10
	03/10/2023	PCD – Drugs	1,917.55
	03/10/2023	Dynamic Medicals- Dental supplies	535.00
	03/10/2023	Hire Care – Sutures and catheters	2,305.00
	03/10/2023	CritiCare – Drugs and surgicals	4185.00
		TOTAL	US\$11,642.59
		Balance	US\$332.36

Murambinda Mission Hospital faced a serious drug shortage in the first and second quarter 2023. The hospital due to limited financial resources had failed to replenish pharmacy stocks for some time and the stocks continued to drop see the table below. A good diagnosis is not much useful if the patient cannot obtain the necessary drugs. We noticed a drop in outpatients as patients preferred to go to other hospitals where they could get drugs.



Project Title: HOSPITAL FLOOR TILES

PROBLEM STATEMENT.

Hospital floors are in bad state, particularly in areas of high traffic-Maternity and Children's ward. The floors and tiles are worn out and have developed patches that are difficult to clean. Patched floors can harbour germs, posing the threat of infection. Currently Maternity floors are worn out. They require replacement with vinyl tiles. The same is required for the Children's wards. The tiles have outlived their span and need replacement.

BACKGROUND.

Murambinda Mission Hospital is moving away from the smooth cement floors that required use of cobra for cleaning. The shiny gleam floors pose danger to both staff and patients as they trip, slip and fall. There are high chances of patients' injuries hence liability risk. Vinyl floor tiles were laid in Male and Female wards. Remaining are Maternity and Children's wards. Vinyl has a non-slip surface thus promoting patient safety.

Project importance

Vinyl floor tiles are required in Maternity and Children wards. The exercise will help improve infection control in the hospital and promote the well being of patients. A clean and safe environment promotes good healthy and facilitates the healing process of our patients.



Worn and shabby corridor tiles...



...transformed.

We are kindly requesting for funds to buy floor tiles for Children ward and maternity department.
We are going to vinyl sheeting which is now recommended for hospitals

PROJECT COST.

Activity	Quantity	Price Per Rolls	Amount in US\$
Removal of old tiles	-	-	500.00
Vinyl Tiles	33 Rolls	340.00	11220.00
Adhesives	-	-	2680.00
Labor and other materials	-	-	5000.00
			19400.00

Project Title: Tuckshop project



Image by Freya Harding

Brief Summary Of The Proposal

In 2022 Murambinda Mission Hospital developed a strategic plan starting from Year 2022 to 2026. Goal number 5 of the strategic plan is to ensure that hospital has sustainable funding base by year 2026 for the sustainable operations of the hospital.

The hospital is struggling to meet its operations cost , pharmacy expenditure being the major concern. Revenue from hospital services thus(user fees) is not enough to cover for the hospital expenses and for this reason the hospital in the past depended heavily on donations to meet the operations budget.

We have noted a drop in donations over the years due to global recession and other external factors affecting donor community.

The hospital is planning to embark on income generating projects to help cushion its funding gaps. We are kindly requesting for funds to construct, equip and stock hospital tuck shop.

Why Is The Project Important

This project will help us to increase our source of income as a hospital, and we need to increase unrestricted revenue so that the hospital has the flexibility to allocate such funds to where there is need.

Project Costs.

Details	Prices USD
Renovate or improve and convert the waiting area into a Canteen	3,000.00
Equipment, one deep freezer	1,000.00
One upright fridge, electric and Gas frier , Gas stove and some kitchen utensils	3,000.00
Initial stocks	2,000.00
Total Project cost	9,000.00

Conclusion

This project will help us to increase our revenue base and profits from this project will help us to kick start other small projects like the poultry project. Self sustainability remains the key result area.



Child and Adolescent Resource Center

PVO 58/18

PO Box 20, Murambinda, Tel: 021-2274
Email: murambinda@bsatt.com

PREVENTION OF TEENAGE PREGNANCY PROGRESS REPORT

Friends of Murambinda Hospital have contributed to setting up, supporting and funding CARC, which supports HIV +ve children and adolescents and their families.



The CARC Coordinator is Mrs Evelyn Natale, a former Buhera District Nursing Officer, with many years of experience in community involvement, counselling and the coordination of services for many in the deprived population of Buhera.

Research has found that early sexual experience, including teenage marriage, subsequent pregnancy and dropping out of school compound the effects of poverty and poor nutrition to damage the health of young women and their babies.

CARC conducted a pilot survey to seek the views of teenage girls and boys, including teenage parents, as well as traditional and religious leaders, parents and teachers. The opening of a new mine in the area, leading to an influx of well-paid male miners, was found to be a significant risk factor leading to pregnancy in

vulnerable young girls. Other factors were bribery by older men, peer pressure and the mixed sex of herders of cattle.

Adverse effects of teenage pregnancy include sexually transmitted infections including AIDS, increased health risk during delivery, exclusion of vulnerable girls from their families and communities and economic exploitation.

CARC recruits and trains volunteers from all sections of the community to impart moral values, responsibilities, rights, faithfulness and compassion by means of meetings in churches, villages, schools and establishing supportive youth activities. These include education in sexual and reproductive health and promotion of positive peer relationships.



Meetings have taken place in schools with pupils and adults

FMH Income and expenditure 2023 -2024



The Friends of Murambinda Hospital has always recognized that retention of long serving and devoted staff is of paramount importance for the Hospital.

A scheme to provide basic foodstuffs for staff has been continued.

The charity recognizes that this limits the use of its resources for improving drug supplies, supporting structural improvements and encouraging good governance.

Balance brought forward	15,952.56
One off donations	38,516.00
SVMH	24,709.00
Standing orders	21,222.00
Gift Aid	7,118.00
Sale of shares	16,085.00
Share dividend	710.00
Interest	53.00
Total new income	108,413.27

Expenditure

Salaries and staff incentives	27,120.00
Groceries	22,400.00
Locum costs	3,264.00
Drs Incentive payments	15,549.00
Bank charges	208.00
Pharmacy	9,500.00
CARC	7,958.00
Tuck Shop	7,200.00
Total expenditure	93,199.00
Balance	31,167.00

Special thanks to the following for their contribution to our work.

Wolsingham Parish Church Beatles arranging Ramblers Lunches
 All Saints Gosworth nominating FMH as their charity of the month
 Mayfield Salisbury Church Edinburgh
 Mazars Charitable Trust
 Sale of Christmas cards
 Carol singing, Guisborough
 Sale of refreshments at Guisborough Choral Society events
 Sunderland Hospitals Charitable Foundation
 Bill Colombi's 75 Challenge (See fund raising below)

Fund Raising

Devoted fund raising.

Bill Brichieri-Colombi completed his 75th birthday endeavour and raising funds for the hospital by his own physical effort.

To mark his 75th birthday an endeavour entitled '75 Challenge' involved his walking up a local hill named Roseberry Topping 75 times, a distance of 5.7 miles round trip. He did this approximately three times a week. He completed this magnificent feat on 22nd September 2023.



At the top for the 75th time...



....with supporters.

Images from Bill Colombi

Donors

As always we are deeply indebted to each and every donor for their efforts and generosity. Every contribution large or small is much appreciated both from those listed below and those not mentioned.

All Saints Church Gosford	Robert and J Last	Cynthia Takundwa
Helen Belger	Teresa Lawlor	Teeside Wind Band
Bert Community	D Maclean	Three Course Theatre
Alison and Bill Brichieri-Colombi	Debbie and John Matthews	Gordon and Fiona Thomson
R Burridge	Alexander McCall Smith	Michael and Brenda Thomson
Nigel and Elaine Carden	Neil MacGregor	Micheline Thompson
Professor Douglas Chamberlain	Ellen Matingo	Mike Thompson and Kay Shepherd
	Mayfield Salisbury Church, Edinburgh	Naomi Todd
CHoICE Ltd (affiliated to City Hospitals Sunderland NHS FT)	Mazars Charitable Trust	Alison Totty
Jonathan Clark	Dr John Millard	Nienke van Trommel
Judith Clark	Dr Richard Millard	A Uzochukwu
Clare Connolly	John and Mary Miller	Wolsingham Parish Church
John and Ann Connolly		
Carol & John Cooper	Marion Mitchell	
Ann Cudworth	W J Nutt	
Richard de Souza & M Dunkley	William and E O'Neill	
Martin and Sue Dennis	Order of St Lazarus	
Catriona and Sean Doran	Mary Paris	
Stewart Falconer	Dr Stephen Pope	
Richard and Jane Fortin	Julie and Malcolm Potter	
Peter and Margery Grant	Ruby Potter	
Margaret Hahn	Clare Quigley	
Margaret Hart & Peter Jennow		
Judith Harvey	Aidan Rigby	
Joanna Haward	Alice Rigby	
Amanda and David Higginbotham	Jonathan Rigby	
Keith Howard	Richard and Carolyn Rigby	
Marion Howard & Richard Germain	Karsten and Brenda Saunders	
Nicholas Glover	R & J Scott	
Guisborough Choral Society	Rob Skelly	
	Ineke Sipkema	
David Jones	Stina Sipkema	
Elizabeth Jones		
	Brian Smith and Nicky Portergill	
M Kerr	Marie Smith	
Dermot Killingley	David and Penny Stableforth	
Beth Kirby	Liz & Alan Stark	
Michael Kirby		

Trustees

At the time of this report there were six trustees. Dr John Connolly, Mrs. Mary Miller, Dr Carolyn Rigby, Dr Michael Thompson, Dr Michael Thomson and Dr Nienke van Trommel of SVMH as a trustee based in the Netherlands. All of them have worked at or been involved in other ways at Murambinda Hospital in the past. Since then we have welcomed three more trustees all of whom have worked at the Hospital. They are Isabella Terrington, Huw Howells and Matthew Anderson.

N.B. All money donated went to Murambinda Mission Hospital. The trustees bear all administrative costs themselves and give their time freely. No money is spent on fundraising, advertising or management.



Carolyn Rigby and Mary Miller in Murambinda 2020



Michael Thomson MMH 2004



Michael Thompson at Murambinda in 2018



Nienke van Trommel with Monica Glenshaw
2004



John Connolly

Gift Aid Declaration

Friends of Murambinda Hospital (Reg. Charity 1073978)

I [] title []

of [] (address)

Postcode []

would like

Friends [] of Murambinda Mission Hospital to treat all donations I have made since 6 April 2000, and all donations

I make from the date of this declaration until I notify you otherwise, as Gift Aid donations. I will notify Friends of Murambinda Hospital if I no longer pay an amount of income tax equal to the tax reclaimed on my donations.

Signature []

Date []

Please return this half of completed form to

Dr. C Rigby, Treasurer,
Friends of Murambinda Hospital
East Park Cottage
Hutton Lane
Guisborough
Cleveland TS14 8AA

Please cut-----

BANKERS ORDER FORM

To the manager of my bank Date [] / [] / []

Name of my bank [] Bank plc.

Address of my bank []
Postcode []

Please pay Friends of Murambinda account no. 40-52-40 00006100
at Cafcash Ltd, Kings Hill, West Malling, Kent ME19 4TA

the sum of £ [] every [] month/quarter/year* *delete as required

starting on [] / [] / [] until further notice.

Please debit my account no. []

Name (capitals) []

Address []
Postcode []



Contact details:

Dr Mike Thompson, Chair
55 Wilbury Avenue,
Hove BN3 6GH
f.m.h@live.co.uk

Dr Carolyn Rigby,
Treasurer,
East Park Cottage,
Hutton Lane,
Guisborough
TS14 8AA

Donate whatever you can:

1. Online at www.fmh.org.uk
2. By sending cheques payable to “Friends of Murambinda Hospital” to the treasurer at the address above
3. By filling in a standing order form above.
4. Or if you have a non-UK bank account please contact the treasurer for SWIFT and IBAN details.

Murambinda Mission Hospital is a beacon of good care. It is more reliant than ever on external funding due to conditions within Zimbabwe.

FMH relies entirely on donations to pay for the projects we are asked to fund.

All donations go to help projects at Murambinda; none is spent on administration.

All administrative costs are met by the trustees; we have no paid employees and no advertising or fundraising costs.



CHARITY COMMISSION
FOR ENGLAND AND WALES

FRIENDS OF MURAMBINDA HOSPITAL

1973978

Receipts and payments accounts

CC16a

For the period
from

Period start date
06.04.2023

To

Period end date
05.04.2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
ONE OFF DONATIONS	63,225	-	-	63,225	56,637
TAX RECLAIMED ON GIFT AID DONATIONS	7,118	-	-	7,118	10,963
STANDING ORDERS	21,222	-	-	21,222	20,733
SHARE DIVIDEND	710	-	-	710	639
SALE OF SHARES	16,085	-	-	16,085	-
BANK INTEREST	53	-	-	53	52
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	108,413	-	-	108,413	89,024
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	108,413	-	-	108,413	89,024
A3 Payments					
Murambinda Hospital Staff	45,933	-	-	45,933	48,029
Groceries	22,400	-	-	22,400	23,066
Bank Charges	208	-	-	208	190
Child and Adolescent Resource Centre	7,958	-	-	7,958	11,405
Hospital shop	7,200	-	-	7,200	-
Pharmacy	9,500	-	-	9,500	-
Medical Equipment	-	-	-	-	19,683
Renovations	-	-	-	-	13,241
	-	-	-	-	-
Sub total	93,199	-	-	93,199	115,614
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	93,199	-	-	93,199	115,614
Net of receipts/(payments)	15,214	-	-	15,214	- 26,590
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	15,953	-	-	15,953	42,543
Cash funds this year end	31,167	-	-	31,167	15,953

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	31,167	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		CAROLYN RIGBY	6.4.24	



Independent Examiner's Report on the Accounts

Section A

Independent Examiner's Report

Report to the trustees/members of

Charity Name

FRIENDS OF MURAMBINDA HOSPITAL

On accounts for the year ended

050424

Charity no (if any)

1073978

Set out on pages

(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below*):

(1) which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act;
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed

C. Quigley

Date

02/01/25

Name

CLAIRE QULGLEY

Relevant professional qualification(s) or body (if any)

ASSOCIATION OF CERTIFIED ACCOUNTANTS (ACCA)

Address

35 LANCASTER ROAD,
BRIGHTON
BN1 5D9

Section B**Disclosure**

Only complete if the examiner needs to highlight material problems

Give here brief details of any items that the examiner wishes to disclose

N/A