

RLSS POOLE LIFEGUARD

England & Wales · Charity number 1073840

Details

Status Registered

Legal form Other

Registered 1999-02-04

Register [View on the Charity Commission register](#)

Contact

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Poole
Dorset
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Website www.rlss-poole.org.uk

Activities

Objects: TO PRESERVE OR ASSIST IN THE PRESERVATION OF LIFE AT SEA ON THE FORESHORE OF SANDBANKS PENINSULA AND POOLE HARBOUR AT WEEKENDS, PUBLIC HOLIDAYS AND AT SUCH OTHER TIMES AS MAY BE PRACTICAL DURING THE SUMMER SEASON.

Activities: In addition to the teaching of lifesaving techniques to both club members and the general public lifeguard cover is provided at Sandbanks beach, Poole during the summer months.

Classification

- **How:** Provides Human Resources, Provides Services
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Amateur Sport
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** SANDBANKS PENINSULA AND POOL HARBOUR
- Dorset

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£50,475	£37,420	-	-
2023-12-31	£31,226	£26,519	-	-
2022-12-31	£15,534	£21,227	-	-
2021-12-31	£4,760	£19,619	-	-
2020-12-31	£8,695	£19,860	-	-

Trustees

Name	Role	Appointed
Thomas McMahon	Chair	2025-04-01
Amanda Wise-Hall		2022-01-01
BRIAN PEMBERTON		
LOUISE HARRISON		2012-03-07
MARK SHAKLES		

Accounts



Annual Report - 2024



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Patron

The Mayor and Admiral of The Port of Poole

Appointed Governance Trustees

Jill Bailey
Louise Harrison
Brian Pemberton

The Executive Trustees Committee will appoint the Governance Trustees for a period of five years, an appointed Governance Trustee may stand down from their role at any time. Appointed Governance Trustees are appointed to maintain a governance overview of the club and to provide stability.

Executive Trustees Committee 2024

President	Vacant
Chairman	Amanda Wise-Hall
Vice Chairman	Vacant
Hon Secretary	Clare Hawkins
Hon Treasurer	Mark Shakles
Club Captain	Tom McMahon
Pool/Open Water Training Officer	Andrew Smart
Equipment Officer	Tim Travers
Public Relations Officer	Vacant
Competitions Officer	Tim Harris
Membership Secretary	Julie Larner
Fundraising Officer	Vacant

All members of the Executive Committee are Trustees of the club as stated in the RLSS Poole Lifeguard Club Executive Committee roles document. As such they are responsible for the general control and management of the administration of the club.

Club Aims

To preserve or assist in the preservation of life at sea on the foreshore of Sandbanks Peninsula and Poole Harbour.

Club Objectives

Upon request to assist in the preservation of life at other locations throughout the year.

To promote the development of lifeguard training and expertise.

To arrange and promote lectures, demonstrations, and competitions and to form classes of instruction, to bring about a widespread and thorough knowledge of the principles that underlie the arts of swimming and lifesaving.

To promote awareness of the Club and the RLSS-UK to a high level.

-

Training Nights

Thursday evening remains our main "club night" at the Dolphin Swimming Pool.

Pool training sessions are "held" every Thursday evening throughout the year (including school holidays except Easter Week and Christmas Week when we have a break.

The evening is now divided into two main sessions:

- **Session 1: 7.00pm to 8.30pm** - caters for the Rookie members. They normally start at 7.00pm for a dry theory / life support session followed by a pool session from 7.30pm to 8.30pm.
- **Session 2: 8.00pm to 9.30pm** - caters for members of a slightly older age group and covers training towards the National Lifesaving Academy Qualification This includes theory / life support sessions followed by a pool session for both junior and senior members.

Training in Lifesaving, Lifeguarding and Life Support skills are given to members both in the swimming pool and in open water at Sandbanks.

Open water training sessions are organised for the summer months on a Thursday evening.

Examinations are regularly undertaken for RLSS / SLSA / RYA awards.

Training is also provided in first aid, power boat handling, paddle craft, radio communications and other associated topics throughout the year.

• Training Courses

If you're interested in any of our courses then please contact our Training Officers, either via email at training@rlss-poole.org.uk or come along to the Dolphin Swimming Pool, Thursdays between 7.00pm and 8.30pm and introduce yourself to the trainers.

Alternatively, you can visit the club website for more info and e-mail: info@rlsspoole.org.uk

For those existing club members who wish to develop their skills as a trainer the club provides training bursaries. These bursaries can cover lifesaving, life guarding and boat handling instructor courses.

• Membership

RLSS Poole Lifeguard is open to anyone aged 9 years and above. There is an annual subscription fee which is renewable by the end of December each year. The membership year runs from the 1st of January to 31st December.

We offer four categories of membership: Senior, Junior, Family and Supporter:

- A Senior Member is one who is 18 years of age or over.
- A Junior Member less than 18 years of age
- A Family Membership consists of 3 or more family members living at the same address; max of 2 adults. Children are under 18 and in full time education.
- The Supporter membership is for non-active members (parents and friends).

If you are interested in joining, please contact one of the following: -

- Membership Secretary - membership@rlss-poole.org.uk
- Pool Training Officer - training@rlss-poole.org.uk
- For further info send an email to info@rlss-pool.org.uk

Or come along to the Dolphin Pool on a Thursday evening between 7.00pm and 8.30pm. We will be glad to see you and welcome you on board.

Please note that the Executive Committee have the right to refuse or cancel membership.

• Cost

Due to the increase in cost of living, the cost of Membership has changed as agreed by the Executive Committee. Members pay by monthly standing order at a fee of £12.50 per month for weekly swim fee.

2023		2024	
Senior	£45.00	Senior	£50.00
Junior	£35.00	Junior	£40.00
Supporter	£25.00	Supporter	£30.00
Family	£80.00	Family	£100.00

2024 Trustee Annual Reports

Chairman's Report

The year started with members taking part in the internal Club Competition, which was well attended, followed by the Poole, Bournemouth, and Christchurch Lifesaving Association (PBCLSA) Twilight competitions, as well as hosting a sponsored swim and members raised an incredible £1173 to help formulate a bursary fund for future competition entrants.

The first of many safety cover events of the year started in May and finished in September. Members volunteered and provided manned safety boats, kayakers and beach walkers at two Sandbanks Triathlons, two British Rowing Regattas, The Poole Harbour Canoe Race and of course, our very own Brownsea Island Swim, ensuring the safety of all swimmers and participants. In addition, club members provided weekly safety cover on kayaks, from mid-April through to mid-October for East Dorset Open Water Swimming Club.

The evening beach training sessions were held for the whole of the summer and all members were invited to take part, however Trainers struggled to balance the demands of the new NLA awards alongside our general beach lifesaving goals.

In July the club were invited to host the Wessex Branch Beach Training Day - feedback from neighbouring clubs was that the day was a great success and enjoyed by all. The young people even managed to squeeze in a boat ride in Legacy! As with previous years, members again took to Hamworthy Park Fete to help raise awareness of water safety and lifesaving skills.

The kayak training sessions and boat familiarisation days during the summer proved very successful and the club's intention is to continue these into 2025.

In October, 13 members entered the South Region Heats of the RLSS UK National Life Saving Championships in Dorchester in the Junior Pairs, Senior Pairs, Individual and Masters events. Six qualified to represent the South Region at the National Lifesaving Championships held in Leeds in November, competing against lifesavers from the other 12 regions of RLSS UK.

Our Masters competitor finished in 8th place in the 50-59 years Master's Open, with our Open Male, finishing 11th. Our Senior Open Boys pair finished in a very respectable 10th in the Senior Open, and a very impressive 6th for our Senior Girls Pairing, who also bagged a silver medal in the wet scenario.

Finally, as a club we have achieved so much in the past year and continue to see member and trainer numbers grow.

Amanda Wise-Hall

Treasurer's Report

2024 was a good year in terms of the club finances.

We ended the year, up on previous years, which puts us in a very stable position going forward. Membership was buoyant at 105 for the year, which accounted for £3659 in membership fees.

We were also successful in making claims for Gift Aid during 2024 and were able to back date for 5 years, which provided an additional £3877. Our members also undertook a Sponsored Swim and raised an incredible £1173 to formulate a competition bursary fund.

The weather was at long last, favourable to us during 2024, which enabled the club to deliver and run the first successful Brownsea Island Swim since 2019. This was a huge success with 224 swimmers and over 100 volunteers which made up the Marshal Team and Safety Cover Team. Feedback was that it was a thoroughly enjoyable event for all those involved. Budgets were created at the start of the year, with the intention of generating approx. £6500 to keep the club running. However, due to costs spiralling, we decided to self-cater and due to a potential health and safety concern on the day itself, we were advised to source our own route off the island for all swimmers. This gave us an overall saving and the total from the swim in 2024 was £9476. An additional £805 was generously donated to the club by swimmers, which meant the swim generated just over £10K for 2024.

The Brownsea Swim 2024 also donated over £6500, spread across the following clubs that kindly came out to support RLSS Poole LG with the safety cover, and without whom we could not hold the event. Poole Harbour Canoe, Branksome SLSC, Southbourne SLSC, Bournemouth Lifeguards, RLSS Boscombe Lifeguards and Poole Sea Scouts

Mark Shakles

Club Captain's Report

2024 has proved to be another successful year for the club.

Training has been to a good standard and beach training through the summer was well attended, however the NLA qualifications continued to provide challenges. As a result, the focus for beach training 2025 will move to operational and practical skills rather than the repetitive syllabus that we have worked towards for the past 2 years

A key activity in the club calendar is providing safety cover for swimmers engaging in open water swims either as individual challenges or as part of triathlon events. 2024 saw our members volunteer to take part in:

- Brownsea Island swim
- Sandbanks Triathlons (x2)
- Support to GB Rowing (x2)
- Poole Harbour Canoe Club - Harbour race
- Regular cover for East Dorset Open Water Swimming Club.

The Seahorse swim did not take place last year, but it is taking place in 2025 and is already on our calendar. Unfortunately, the Brownsea Swim will not take place in 2025. Whilst this is disappointing in terms of our activity and profile, it is equally a blessing not to have the planning burden that goes with such a high-profile event and gives some much-needed time back to the organisers of this event - Thank you Mark & Lou for all that you have done with this event.

Throughout the year members hit the age limit that they are allowed to take part in safety cover, and we saw a few members take part for the first time. 2025 should bring even more members that are old enough to take part, and we look forward to welcoming them on to the team.

It is my intention that we repeat the very successful kayak training days that were run during the summer months and helped support our events. We will also be repeating the boat familiarisation days open to the younger members of the club, and as a taster to slightly older members with a view to completing formal RYA training. On one familiarisation day we even managed to rescue a group of four people that were being swept away from shore on paddle boards due to difficult conditions. This highlighted the benefit that our presence can have even when we were not anticipating being in a rescue capacity.

I firmly believe that event cover is a key part of club life as it gives vital experience, develops confidence and fosters team spirit.

Once again, I'd like to thank the army of parents that support the club throughout the year. It makes a huge difference having the additional help on beach training events and getting up ridiculously early to deliver your young people to the beach for safety cover.

Thank you all, it really is appreciated - and if any parents would like to become more involved with supporting events (Shore walking, kayak cover or boat crew) please come and have a chat!

Tom McMahon

Pool Training Officers Report

In many ways, this has been a challenging year in terms of training. Firstly, in beach training, which saw a lacklustre turnout and a struggle to balance the demands of the new NLA awards alongside our general beach lifesaving goals.

The second, being the loss of 22 members this membership year. We understand that education must come first, and for some, that tastes change as they explore other areas of interest. Nevertheless, this is still an area of concern and will be something we look to address this membership year.

On a positive note, we have welcomed 12 new members to the club across Rookie and NLA, bringing the deficit to ten, although retention will remain a focus on the agenda.

I would also like to welcome Megan Sinden and Michele Wafa to the training team, who have both qualified as Rookie Instructors, and Ellen Shakles, who has qualified as a Young Leader. Thank you for volunteering your time to give back to the club. You are fantastic advocates for lifesaving and a credit to the club.

Finally, I would like to say a huge thank you to all the instructors that give up their time each week: the club would not be what it is today without you. I look forward, cautiously yet positively, to what 2025 will bring.

Andy Smart

Competitions Officer's Report

2024 has been a successful year for competitions, both in terms of participation, and results.

Internal Club Competition

The internal club competition was run in January with great and enthusiastic attendance. Full results and photos are available on the club website.

Twilights

We ran an indoor Twilight at the Dolphin pool back in February with teams from Poole, Boscombe, Branksome, Bournemouth and Southbourne attending. 15 Junior teams - 6 from Poole competed (1st, 8th, 11th, 12th, 13th, 14th), 13 Open teams - 4 from Poole competed (6th, 8th, 11th, 12th) and 5 Masters teams, with the Poole Masters helping to run the event.

In the Boscombe Twilight Poole entered 2 Junior teams, finishing 5th and 7th out of 12 teams, 1 Open team who finished 2nd out of 6 teams, and a Masters team who finished 3rd out of 6 teams

RLSS National Lifesaving Championships

We had 13 entries for the Regional Championships in Dorchester, once again, the best represented club in the Southern region. 6 RLSS Poole members qualified to go through to represent the South region at the National finals in Leeds.

Our Senior girls finished 6th in the Senior girls pairs whilst winning a silver medal in the wet scenario. Our Senior boys finished 10th in the Senior Open pairs and 11th in the Open and our Masters finished 8th in the Masters men (50-59) Full results and photos are available on the club website

Results and photos can be seen at <https://www.rlss.org.uk/lifesaving-sport-results>

We have maintained our Competitions group in the late session, and in this group, I continue to coach competition and swimming skills to Seniors and Masters. Our national lifesaving championship competitors were also coached in this session leading up to the competitions including dry side scenario sessions.

I have continued to work to encourage competition training, and on improving competition skills throughout the club, promoting and running Twilight practice sessions for both sessions.

We currently have 6 gates which are worn, and the club are looking to replace them. We are also looking to invest in some more race fins as well as junior sport manikins.

As part of the clubs 50th year anniversary, we recently purchased club celebration swim hats which have already been worn with pride at two of the Twilight competitions.

Tim Harris

Membership Officer's Report

Membership for 2024 - a total of 107 members, 74 of which are between the ages of 9 to 17 years and 33 of which are members made up from Seniors, Supporters and Life Member with membership numbers slowly increasing year on year.

Our new system of getting new members to complete a taster form is working well and we usually hold a waiting list with the view to take a new intake around September each year. They are then invited for a swim test when membership spaces become available.

We still need to enrol or keep our existing Senior members to be able to continue offering safety cover for many of the events we cover throughout the spring and summer months, and we need to have a further push in membership between the ages of 16 years and upwards.

Julie Larner

Equipment Officer's Report

I am very happy to present this year's Equipment Officer end of year report, highlighting the status and updates regarding our vital equipment. This year, we have made significant strides in ensuring that our equipment is in optimum condition to support our lifesaving, event and training activities.

Kayaks

Our fleet of kayaks has been actively used throughout the year for both training and safety cover operations, not least our deployment in support of the Brownsea Island Swim. Regular maintenance checks and repairs have been conducted to ensure their seaworthiness, including fitting out the fleet with new padded seating for safety and comfort. We have taken delivery of some donated scaffolding to further improve our storage arrangements.

Surf Life Saving Boards

The surf life-saving boards remain an essential part of our rescue equipment. This year, we faced some challenges with wear and tear due to age and as a consequence, several older and obsolete boards were disposed of. Plans are in place to add some new inflatable rescue boards to our fleet, as part of the ongoing program of equipment upgrades. We hope to finalise that in the 1st quarter of 2025.

Sandbanks Beach developments

To better organize and store our equipment, plans are in place to install new equipment racks in the storage area of the right-hand garage. This racking will be robust and corrosion resistant have provided a more systematic and accessible way to store our life-saving clothing, reducing the time taken to retrieve and stow equipment and extending its' lifespan. Following the highly successful Brownsea Island Swim of 2024, we conducted a clear-out of the garages, disposing of several obsolete items of equipment and clothing, to make space for a larger changing area and new kit. It is now safe and more comfortable for members to change. The roll out of beach kit bags and bibs was a success and likely to be repeated this coming season.

Thank you to Dave Perch for his ongoing maintenance of the garage padlocks and, also on that subject, new keys have been cut for the new compound gate lock.

Brownsea Island Swim

This year's event required the re-deployment of much of our event equipment and it stood up very well. The marker buoys, anchors and weights were used to good effect. Thank you to Brian for speedily arranging the repair of one of our large orange markers that was damaged through the year. We were able to get great value out of the tentage, re-using the large marquees for race control and admin. Cold casualty packs were re-used from previous years and our existing set of radios performed well, despite their advancing years. Overall, the event was efficiently provided for this year with only minimal purchases required.

Rigid Inflatable Boats- Legacy and Apollo

Work is still underway to replace both Legacy and Apollo in the near future with completely new equipment. The hope is that we can prolong the legacy

of Legacy and offer it to 3rd Poole Sea Scouts, in line with the delivery of our replacement vessels. Apollo will be sold to make room for an upgrade after more than 25yrs of service.

Following the disappointing news that we will need to relocate our boats from Royal Motor Yacht Club, we recently received exciting updates from the Executive that there may be an alternative home available at Rockley Park, Hamworthy- watch this space for more updates.

Dolphin Swimming Pool

Further repairs have been made to long serving storage at the Dolphin with newly reinforced cage shelving. The new “shed” installed last season appears to be holding up well.

2025

Plans for the early part of this year include the purchase of new gazebos, mesh fencing and feather flags for training and events, the new galvanised racking for the beach and finalising the new safety boats.

Thank you as always for all the willing helpers who have helped move kit and equipment, cleaned and maintained things and generally looked after our vital equipment over the year.

Tim Travers

RLSS Poole Lifeguard Annual Club Honour Awards for 2024

The Annual Awards nominations and ceremony will take place alongside our 50th Anniversary Celebration. Details will be announced on the club website

RLSS UK National Honour Awards for 2024

Congratulations to the following members who were awarded National Honour Awards for 2024.

Lara Moore
12 Year Service Medal

BROWNSEA SWIM 2024 REPORT

The weather was at long last, favourable to us during 2024, which enabled the club to deliver and run the first successful Brownsea Island Swim, since 2019.

244 swimmers entered the swim, but only 224 eventually took to the water in June 2024.

The day was a huge success and with over 100 volunteers, that made up the Marshal Team and Safety Cover Team, joining us, the day turned out to be a thoroughly enjoyable event for all those involved. It was just so lovely to see so many smiling faces and everybody having such a great time. It was just like Brownsea Swims of old, before we had to tackle COVID and Extreme Weather Incidents, as reasons for cancelling so many attempts at running a successful swim.

The usual budgets were created at the start of the year, with the intention of generating a target of approx. £6500 to keep the club running. This event has been our sole fund-raising event for a number of years.

However, due to costs spiralling, we decided to self-cater and due to a potential H&S concern on the day itself, we were advised to source our own passage off the island for all swimmers and marshals. This provided us with an overall saving, and the total from the swim in 2024 increased to £9476. Add to that, the £805 generously donated to the club, by swimmers, meant the swim generated just over £10K for the club in 2024.

The Brownsea Swim 2024 also donated over £6500, spread across the following clubs that kindly came out to support RLSS Poole LG with the safety cover, and without whom we could not hold the event. Poole Harbour Canoe, Branksome SLSC, Southbourne SLSC, Bournemouth Lifeguards, RLSS Boscombe Lifeguards and Poole Sea Scouts.

Another Good News Story - Since 2009 we have encouraged Swimmers to use the swim to raise sponsorship for a charity of their choice. We just ask swimmers to let us know their chosen charity and the amount they actually raised for them. This year the swim actually generated £12404.00 spread over 24 different charities. Which makes it even more special.

Brownsea Swim 2024 Sponsorship Details			Totals = £12,402.08
Swim No.	Category	Charity	Amount
251	Ladies Wetsuit (Full Dist)	MNDA	£3,640.00
270	Ladies Wetsuit (Full Dist)	Julia Laister	£1,340.00
237	Ladies Wetsuit (Full Dist)	Brain Tumour Charity	£1,200.00
252	Ladies Wetsuit (Full Dist)	Alice's Arc	£1,000.00
129	Ladies Wetsuit (Full Dist)	Breast Cancer Support	£670.00
	Donations via Stripe	RLSS Poole Lifeguard	£590.08
127	Ladies Non Wetsuit (Full Dist)	National Trust	£500.00
245	Ladies Wetsuit (Full Dist)	Poole Africa Link	£475.00
249	Ladies Wetsuit (Full Dist)	Cancer Research UK	£430.00
261	Ladies Wetsuit (Full Dist)	unaccompanied refugees and asylum seekers	£300.00
233	Ladies Wetsuit (Full Dist)	MIND	£300.00
445	Mens Wetsuit (Full Dist)	Diverse Abilities	£300.00
311	Mens Non Wetsuit (Full Dist)	Help For Heroes	£250.00
320	Mens Non Wetsuit (Full Dist)	Macmillan Cancer Support	£202.00
116	Ladies Non Wetsuit (Full Dist)	Cancer Research UK	£200.00
477	Mens Wetsuit (Full Dist)	RLSS Boscombe Lifeguards	£165.00
481	Mens Wetsuit (Full Dist)	Macmillan Cancer Support	£165.00
457	Mens Wetsuit (Full Dist)	Wateraid	£150.00
483	Mens Wetsuit (Full Dist)	RLSS Poole Lifeguard	£100.00
495	Mens Wetsuit (Full Dist)	RLSS Boscombe Lifeguards	£100.00
255	Ladies Wetsuit (Full Dist)	Refuge	£100.00
444	Mens Wetsuit (Full Dist)	Rose Road Association	£85.00
	Donation	RLSS Poole Lifeguard	£80.00
485	Mens Wetsuit (Full Dist)	Parkinsons	£60.00

It is with immense pride that we (RLSS Poole Lifeguard) can now say that the running total raised for a whole host of different, local, national and international charities, since 2009, is a staggering **£167,087.21**



Mark Shakles

RLSS Equipment List 2024

RLSS Equipment List 2024						
ASSET	LOCATION	QUANTITY	Include in insurance y/n	COST PER ITEM	TOTAL COST	Active/ Remove
Rib 5.9mtr	RMYC	1	y	£13,000	£13,000	Active
115HP Suzuki Outboard	RMYC	1	y	£2,000	£2,000	Active
Road Trailer	RMYC	1	y	£1,200	£1,200	Active
Legacy Equipment		1	y	£1,775	£1,775	Active
Legacy Cover		1	y	£1,000	£1,000	Active
Legacy Estimated Equipment value at RMYC					£18,975	
Rib 3.8mtr + 15hp engine	RMYC	1	y	£2,500	£2,500	Active
Road Trailer	RMYC	1	y	£500	£500	Active
Apollo Equipment		1	y	£500	£500	Active
Apollo Estimated Equipment value at RMYC					£3,500	
Total Value at RMYC					£22,475	
Junior Racing Board	Sandbanks - Garage No. 2 & 3	2	y	£500	£1,000	Active
Nipper Boards	Sandbanks - Garage No. 2 & 3	2	y	£310	£620	Active
Racing Malibu Boards	Sandbanks - Garage No. 2 & 3	4	y	£699	£2,796	Active
Rescue Boards	Sandbanks - Garage No. 2 & 3	4	y	£850	£3,400	Active
Paddles	Sandbanks - Garage No. 2 & 3	20	y	£45	£900	Active
Lifejackets	Sandbanks - Garage No. 2 & 3	4	y	£150	£600	Active
Lifejackets	Sandbanks - Garage No. 2 & 3	4	y	£150	£600	Active
Buoyancy Aids	Sandbanks - Garage No. 2 & 3	10	y	£75	£750	Active
Buoyancy Aids	Sandbanks - Garage No. 2 & 3	10	y	£75	£750	Active
Rescue Tubes	Sandbanks - Garage No. 2 & 3	12	y	£75	£900	Active
Radios (Handheld)	Sandbanks - Garage No. 2 & 3	3	y	£250	£750	Active
Radio (Base)	Sandbanks - Garage No. 2 & 3	1	y	£250	£250	Active
Salopettes	Sandbanks - Garage No. 2 & 3	20	y	£70	£1,400	Active
Kag Tops	Sandbanks - Garage No. 2 & 3	20	y	£70	£1,400	Active
Red sit on top kayaks	Sandbanks - Garage No. 2 & 3	10	y	£350	£3,500	Active
Orange sit on top kayak	Sandbanks - Garage No. 2 & 3	2	y	£350	£700	Active
VHF Private Event Radios	garage 1	20	y	£200	£4,000	Active
marine band vhf radio	Sandbanks - Garage No. 2 & 3	2	y	£250	£500	Active
Foam Float Boards	Sandbanks - Garage No. 2 & 3	2	n	£150	£300	Active
Lifejackets	Sandbanks - Garage No. 2 & 3	2	n	£150	£300	Active
Tables	Sandbanks - Garage No. 2 & 3	5	n	£50	£250	Active
Electric Urn	Sandbanks - Garage No. 2 & 3	2	n	£100	£200	Active
BBQ & Gas Bottle	Sandbanks - Garage No. 2 & 3	1	n	£100	£100	Active
Anchor, Wrap & Chain	Sandbanks - Garage No. 2 & 3	4	n	£0	£0	Active
Reel & Line	Sandbanks - Garage No. 2 & 3	1	n	£500	£500	Question
Coxswain Drysuits + Equip	various homes	10	y	£750	£7,500	Question
Estimated equipment value in Sandbanks - Garage No. 2 & 3					£32,316	
Event Shelters	Sandbanks - Garage No.1	3	y	£250	£750	Active
ID Card Printer	Sandbanks - Garage No.1	1	y	£450	£450	Active
Inflatable Tubes for Finish	Sandbanks - Garage No.1	12	y	£200	£2,400	Active
Inflatable First Aid Shelter	Sandbanks - Garage No.1	0	n	£1,000	£0	remove
Large Yellow & Orange Buoy	Sandbanks - Garage No.1	4	y	£650	£2,600	Active
Loud Hailer	Sandbanks - Garage No.1	1	y	£350	£350	Active
Orange Safety Cover Bibs	Sandbanks - Garage No.1	1	y	£500	£500	Active
Orange Olympic Mark Buoy	Sandbanks - Garage No.1	8	y	£450	£3,600	Active
20KG Disc Weights	Sandbanks - Garage No.1	12	n	£75	£900	Active
Airhorns	Sandbanks - Garage No.1	2	n	£50	£100	Active
Anchor, Warp & Chain	Sandbanks - Garage No.1	10	n	£100	£1,000	Active
Assorted Lanyards	Sandbanks - Garage No.1	1	n	£250	£250	Active
Assorted Tapes	Sandbanks - Garage No.1	1	n	£0	£0	Active
Bad Weather Protection Kit	Sandbanks - Garage No.1	32	n	£0	£0	Active
Beach Shelter	Sandbanks - Garage No.1	2	n	£50	£100	Active
Brownsea Swim Banners	Sandbanks - Garage No.1	2	n	£100	£200	Active
Camera Tripod	Sandbanks - Garage No.1	1	n	£0	£0	Active
Cold Case Packs	Sandbanks - Garage No.1	23	n	£6	£138	Active
Feather Flags	Sandbanks - Garage No.1	5	n	£50	£250	Active
Foot Pump	Sandbanks - Garage No.1	1	n	£100	£100	Active
Gantry	Sandbanks - Garage No.1	1	n	£0	£0	Active
Hi Vis Marshall Bibs	Sandbanks - Garage No.1	24	n	£10	£240	Active
Hi Vis Marshall Bibs	Sandbanks - Garage No.1	10	n	£10	£100	Active
Hi Vis Marshall Bibs	Sandbanks - Garage No.1	5	n	£10	£50	Active
Hi Vis Marshall Bibs	Sandbanks - Garage No.1	10	n	£10	£100	Active
ID Cards	Sandbanks - Garage No.1	1	n	£0	£0	Active
ID Cards Box	Sandbanks - Garage No.1	1	n	£75	£75	Active

Marquee 6x3m	Sandbanks - Garage No.1	1	n	£75	£75	Active
Marquee 9x3m	Sandbanks - Garage No.1	1	n	£100	£100	Active
Large Yellow Cones	Sandbanks - Garage No.1	4	n	£0	£0	Active
Place Cards	Sandbanks - Garage No.1	350	n	£75	£75	Active
Plastic Chain	Sandbanks - Garage No.1	1	n	£0	£0	Active
Rain Pouches	Sandbanks - Garage No.1	17	n	£0	£0	Active
Registration Boxes	Sandbanks - Garage No.1	9	n	£0	£0	Active
Roll of Carpet	Sandbanks - Garage No.1	4	n	£0	£0	Active
Rubber Stamp	Sandbanks - Garage No.1	1	n	£0	£0	Active
Spare Swim Hats	Sandbanks - Garage No.1	69	n	£0	£0	Active
Stop Watches	Sandbanks - Garage No.1	1	n	£500	£500	Active
Storage Boxes	Sandbanks - Garage No.1	12	n	£25	£300	Active
Swim Hats	Sandbanks - Garage No.1	100	n	£0	£0	Active
Tarpaulin (Large)	Sandbanks - Garage No.1	1	n	£0	£0	Active
Trugs	Sandbanks - Garage No.1	6	n	£10	£60	Active
Umbrellas	Sandbanks - Garage No.1	3	n	£0	£0	Active
VIP Weather Writers	Sandbanks - Garage No.1	2	n	£10	£20	Active
Whistles	Sandbanks - Garage No.1	100	n	£1	£75	Active

Estimated value of Brownsea equipment at Sandbanks - Garage No.1 £10,650

Adult Manikin	Dolphin Swimming Pool	6	y	£265	£1,590	Active
Junior Manikin	Dolphin Swimming Pool	2	y	£265	£530	Active
Baby Manikin	Dolphin Swimming Pool	2	y	£280	£560	Active
Family manikin Sets	Dolphin Swimming Pool	2	y	£750	£1,500	Active
Choking Charlie	Dolphin Swimming Pool	1	y	£600	£600	Active
Electronic Manikin	Dolphin Swimming Pool	1	y	£1,000	£1,000	Active
AED Training Sets	Dolphin Swimming Pool	2	y	£130	£260	Active
Rescue Tubes	Dolphin Swimming Pool	8	y	£120	£960	Active
Rescue Tubes Junior	Dolphin Swimming Pool	8	y	£100	£800	Active
Flippers(pair)	Dolphin Swimming Pool	20	y	£30	£600	Active
Towing Manikin	Dolphin Swimming Pool	2	y	£350	£700	Active
Towing Manikin	Dolphin Swimming Pool	1	y	£350	£350	Active
Storage Crates	Dolphin Swimming Pool	2	y	£350	£700	Active
Body Boards	Dolphin Swimming Pool	7	n	£20	£140	Active
Handmaid Gates	Dolphin Swimming Pool	1	n	£100	£100	Active
Diving Bricks	Dolphin Swimming Pool	6	n	£30	£180	Active
Diving Bricks	Dolphin Swimming Pool	3	n	£25	£75	Active
Throw Ropes	Dolphin Swimming Pool	12	n	£20	£240	Active
Swim Hoops	Dolphin Swimming Pool	8	n	£5	£40	Active
Reaching Aids	Dolphin Swimming Pool	7	n	£3	£18	Active
Water Polo Goals	Dolphin Swimming Pool	2	n	£25	£50	Active
Various Balls	Dolphin Swimming Pool	6	n	£3	£15	Active
Spine Board	Dolphin Swimming Pool	1	n	£1,000	£1,000	Active
Storage Cupboards	Dolphin Swimming Pool	1	n	£250	£250	Active

Estimated equipment value at Dolphin Pool £10,150

estimated total equipment value as of today £84,157

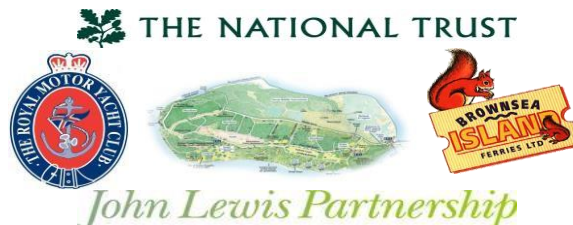
potential value of equipment that should be insured £75,591

value of minimum level to be insured	£2,000
total number of items equal to or above £2000	10
total cost of items equal to or above £2000	£45,296

Acknowledgements

RLSS Poole Lifeguard is incredibly grateful for and appreciated the continued support received during 2024 from:

Officers and Staff, Royal Motor Yacht Club
BCP Beach Staff
Members and Clubs from the PBCLSA
Beach Officers and Staff BCP
RNLI
SLSA-GB
Poole Harbour Canoe Club
Dolphin Swimming Pool – Everyone Active
Marine Volunteer Boat Service
North Haven Yacht Club
Supporters of the Annual Brownsea Island Swim



All of our club members and of course, any other people that we have missed off the above list!

Distribution

The Royal Life Saving Society UK Headquarters
RLSS Wessex Branch Chairman
BCP Council
Dolphin Swimming Poole
Patron
Trustees
RLSS Poole Lifeguard website - www.rlss-poole.org.uk

With thanks to the Executive Committee

RLSS Poole Lifeguard would like to thank all its Executive Committee Trustees for all the work that they have done during 2024, we look forward to working with those that have offered themselves for election or re-election and wish those that wish to stand down all the best for the future.

INFORMATION FOR 2025

EMAIL ADDRESSES:

treasurer@rlss-poole.org.uk	equipment@rlss-poole.org.uk
chair@rlss-poole.org.uk	president@rlss-poole.org.uk
clubcaptain@rlss-poole.org.uk	membership@rlss-poole.org.uk
training@rlss-poole.org.uk	fundraising@rlss-poole.org.uk
comps@rlss-poole.org.uk	honsec@rlss-poole.org.uk
	pr@rlss-poole.org.uk

GENERAL

info@rlss-poole.org.uk
brownsea@rlss-poole.org.uk

jill.bailey2@sky.com

General Enquiries about RLSS Poole Lifeguard
Information or enquiries relating to the Brownsea
Island Swim
RLSS Wessex Branch – representative for Poole

DIARY DATES 2025:

EXECUTIVE MEETING DATES:

PLG AGM 2025	The Cornerstone Academy	5 Mar 2025
Committee Meeting No 1	The Cornerstone Academy	10 Feb 2025
Committee Meeting No 2		12 May 2025
Committee Meeting No 3		2 July 2025
Committee Meeting No 4		15 Sept 2025
Committee Meeting No 5		12 Nov 2025
Committee Meeting No 6		9 Feb 2026
PLG Annual General Meeting 2026		11 Mar 2026

RLSS / RLSS WESSEX DATES:

RLSS Wessex AGM	TBC
RLSS UK Annual Conference	TBC
RLSS UK National Drowning Prevention Week	14 – 21 June 2025
RLSS UK National Honours Ceremony	18 October 2025
RLSS UK National LS Championships – Leeds	1 November 2025
RLSS UK National Speed Championships – Liverpool	29 – 30 March 2025

SUMMER BEACH TRAINING DATES:

Twilight Beach Dates May – Aug 2025

CLUB DATES:

PLG Indoor Twilight Competition	1 Feb 24
Sponsored Swim	May 2025

SAFETY COVER EVENT DATES:

Studland Seahorse Swim	June 2025
Sandbanks Triathlon (No. 1)	8 June 2025
Poole Harbour Race	20 Sept 2025
Sandbanks Triathlon (No. 2)	5 Oct 2025

2024 IN PICTURES



RLSS POOLE LIFEGUARD

**UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024**



Contents of the Financial Statements for the Year Ended 31st December 2024

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Report of the Trustees	3-5
Independent Examiner's Report	6
Statement of Financial Activities	7
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Report of the Trustees for the Year Ended 31 December 2024

The trustees present their report with the financial statements of the charity for the year ended 31 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

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Public benefit and Objectives

The charity provides public benefit by providing lifesaving and water safety education and training to club members, and members of the local community, as well as providing safety cover for local waterborne events and activities.

Trustee Appointment, Induction and Training

Potential new trustees are invited to events, meetings and presentations if they are not known to the club and its members. They have the opportunity to discuss trusteeship with existing trustees and will be made aware of their governance obligations.

Activities and achievements

The Trustees acknowledge that the Club's success is wholly dependent on the dedication and commitment of its volunteers who provide training in water safety, lifesaving, lifeguarding and safety skills. The Club continued to utilise the RLSS National Lifesaving Academy (NLA) Awards programme and delivered a number of successful programs including beach training during the summer, providing members with much needed experience of lifesaving at sea. The sessions included the use of paddle boards and kayaks as how to enter and exit the sea safely when the weather is producing large dumping wave onto the shoreline etc.

The Club has been able to, once again, provide invaluable waterborne safety cover for an array of local open water events throughout summer season. The club's volunteers provided manned safety boats, kayakers and beach walkers at two Sandbanks Triathlons, two British Rowing Regattas, The Poole Harbour Canoe Race and of course, our very own Brownsea Island Swim, ensuring the safety of all swimmers and participants.

In addition, two members of our club, have provided safety cover on kayaks, every Tuesday evening, from mid-April through to mid-October 2024, for East Dorset Open Water Swimming Club, at their weekly training evening at Shore Road Beach, Poole.

The weather was at long last, favourable to us during 2024, which enabled the club to deliver and run the first successful Brownsea Island Swim since 2019. This was a huge success and 250 swimmers and over 100 volunteers, that made up the Marshal Team and Safety Cover Team, turned out to make it a thoroughly enjoyable event for all those involved.

Report of the Trustees for the Year Ended 31 December 2024 (continued)

Activities and achievements (continued)

The year started with teams taking part in the Poole, Bournemouth, and Christchurch Lifesaving Association (PBCLSA) Twilight competitions, and a number of members entered the South Region Heats of the RLSS UK National Life Saving Championships in Dorchester in October. The Club entered competitors in the Junior Pairs, Senior Pairs, Individual and Masters event events. 13 members represented the club with 6 qualifying to represent the South Region at the National Lifesaving Championships held in Leeds in November, competing against lifesavers from the other 12 regions of RLSS UK.

Our Masters competitor finished in 8th place in the 50-59 years Masters open, with our Open Male, finishing 11th. Our Senior Open Boys pair finished in a very respectable 10th in the senior pairs open, and a very impressive 6th for our Senior Girls Pairing, who also bagged a silver medal in the wet scenario.

Financial Review

During the year the charity had income of £50,475 (2023:£31,226) and expenditure of £37,420 (2023:£26,520) leaving the charity with a surplus of £13,055 (2023:surplus £4,706). The charity had unrestricted funds of £90,571 (2023:£77,294) and restricted funds of £204 (2023:£425). Free reserves (unrestricted reserves less the net book value of fixed assets) were £73,950 (2023:£55,284).

Reserves Policy

It is the policy of the Trustees to maintain free reserves to a level sufficient to meet the anticipated demands, and a minimum of three year's operating costs. Unrestricted reserves at the year end are just below this minimum requirement based on the actual expenditure for the year to 31 December 2024.

Risk Management

The major risks to which the Club is exposed, as identified by Trustees, are being reviewed and process established to mitigate those risks.

Report of the Trustees for the Year Ended 31 December 2024 (continued)

Registered Charity Number

1073840

Registered Office

c/o Everyone Active

Kingland Road

Poole

Dorset

BH15 1TN

Trustees

M Shakles

L Harrison

B Pemberton

D Ayres

A Wise-Hall

Independent Examiner

Miss J A Richardson FCA FCCA DChA

32 Award Road

Wimborne

Dorset

BH21 7NT

Approved by order of the board of trustees on 5th March 2025 and signed on its behalf by:

A Wise-Hall - Chair of Trustees

**Independent Examiner's Report to the Trustees of
RLSS Poole Lifeguard**

Independent examiner's report to the trustees of RLSS Poole Lifeguard ('the Charity')

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 December 2024.

Respective responsibilities of trustees and examiner

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the RLSS Poole Lifeguard's account carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of RLSS Poole Lifeguard as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn on this report in order to enable a proper understanding of the accounts to be reached.

.....
Miss JA Richardson FCA FCCA DChA

Date

**Statement of Financial Activities
for the Year Ended 31 December 2024**

				2024	2023
	Notes	Unrestricted	Restricted	Total funds	Total funds
		£	£	£	£
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	4,605	-	4,605	641
Other trading activities	3	44,794	150	44,944	29,946
Investment income	4	927	-	927	639
TOTAL INCOME		50,325	150	50,475	31,226
EXPENDITURE ON					
		-	-	-	-
Charitable activities	5	36,449	371	36,820	25,920
Other		600	-	600	600
TOTAL EXPENDITURE		37,049	371	37,420	26,520
NET INCOME		13,276	(221)	13,055	4,706
RECONCILIATION OF FUNDS					
Total funds brought forward		77,294	425	77,720	73,013
TOTAL FUNDS CARRIED FORWARD	12	90,571	204	90,775	77,720

The notes form part of these financial statements

Balance Sheet 31 December 2024

	Notes	Unrestricted	Restricted	2024 Total funds	2023 Total funds
		£	£	£	£
FIXED ASSETS					
Tangible assets	9	16,621	-	16,621	22,010
CURRENT ASSETS					
Debtors	10	1,414	-	1,414	1,343
Cash at bank		73,299	204	73,503	55,967
		<u>74,713</u>	<u>204</u>	<u>74,917</u>	<u>57,311</u>
CREDITORS					
Amounts falling due within one year	11	(764)	-	(764)	(1,601)
NET CURRENT ASSETS		<u>73,950</u>	<u>204</u>	<u>74,154</u>	<u>55,710</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>90,571</u>	<u>204</u>	<u>90,775</u>	<u>77,720</u>
TOTAL FUNDS	12	<u>90,571</u>	<u>204</u>	<u>90,775</u>	<u>77,720</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 5th March 2025 and were signed on its behalf by:

M Shakles - Treasurer

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31 December 2024**

1a LEGAL FORM

RLSS Poole Lifeguard is a registered unincorporated charity in England and Wales registered charity number 1073840. Registration date 4th February 1999. The principal office address is on page 5.

1b ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 10% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2024

1b ACCOUNTING POLICIES (continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their transaction price after allowing for any trade discounts due.

Going Concern

The Trustees have prepared the financial statements on the going concern basis.

2 DONATIONS AND LEGACIES	2024	2023
	£	£
Donations	728	641
Gift Aid received	3,877	-
	<u>4,605</u>	<u>641</u>

3 OTHER TRADING ACTIVITIES	2024	2023
	£	£
Monthly swim fees	8,833	8,895
Boat services, storage and fuel	-	270
Brownsea swim	28,030	12,914
Pool awards	326	1,446
Club awards	160	-
Safety cover and boats	2,250	2,730
Memberships	3,660	3,343
Competitions income	306	282
RYA Centre/Courses income	148	-
Club uniform income	59	65
Sponsored swim	1,173	-
	<u>44,944</u>	<u>29,945</u>

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2024

4	INVESTMENT INCOME	2024	2023
		£	£
	Deposit account interest	927	639
		<u>927</u>	<u>639</u>

5	CHARITABLE ACTIVITIES COSTS	Direct costs	Support costs (see note 6)	Total
		£	£	£
	To promote the development of lifeguard training and expertise	36,820	600	37,420

6	SUPPORT COSTS	2024	2023
		£	£
	Governance	600	600
	Total	<u>600</u>	<u>600</u>

Governance costs include the Independent Examination fee of £600 (2023: £600).

7 TRUSTEES REMUNERATION AND BENEFITS

There was no Trustees' remuneration or other benefits for the year to 31 December 2024 nor for the year ended 31 December 2023

Trustees' expenses

There were no Trustees' expenses paid for the year to 31 December 2024 nor for the year ended 31 December 2023 other than reimbursement of £566 paid to two Trustees for out of pocket expenses in respect of charitable activities.

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2024

8 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted Total funds	Restricted Total funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	642		642
Other trading activities	28,174	1,772	29,946
Investment income	639		639
TOTAL	<u>29,454</u>	<u>1,772</u>	<u>31,226</u>
EXPENDITURE ON			
Charitable activities	-	-	-
To promote the development of lifeguard training and expertise	<u>25,173</u>	<u>1,347</u>	<u>26,520</u>
	-	-	-
TOTAL	<u>25,173</u>	<u>1,347</u>	<u>26,520</u>
NET INCOME	4,281	425	4,706
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>73,013</u>	-	<u>73,014</u>
TOTAL FUNDS CARRIED FORWARD	<u>77,294</u>	<u>425</u>	<u>77,720</u>

9 TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
At 1 January 2024	53,887
Additions/Disposals	-
At 31 December 2024	<u>53,887</u>
DEPRECIATION	
At 1 January 2024	31,877
Charge for year	5,389
At 31 December 2024	<u>37,266</u>
NET BOOK VALUE	
At 31 December 2024	<u>16,621</u>
At 31 December 2023	<u>22,010</u>

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2024

10 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Prepayments and accrued income	1,414	1,343
	<u>1,414</u>	<u>1,343</u>

11 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Accruals and deferred income	764	1,601
	<u>764</u>	<u>1,601</u>

12 MOVEMENT IN FUNDS

	At 1 January 2024	Net movement in funds	At 31 December 2024
Unrestricted funds			
General	72,559	12,103	84,662
Sponsored Swim	1,735	1,173	2,908
Lottie	3,000	-	3,000
Restricted funds			
RYA Course equipment	425	(221)	204
TOTAL FUNDS	<u>77,720</u>	<u>13,055</u>	<u>90,775</u>

Net movement in funds, included in the above are listed as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	49,152	(37,049)	12,103
Sponsored swim	1,173	-	1,173
Sale of Lottie	-	-	-
Restricted funds			
RYA Course equipment	150	(371)	(221)
TOTAL FUNDS	<u>50,475</u>	<u>37,420</u>	<u>13,055</u>

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2024

12 MOVEMENT IN FUNDS - continued

	At 1 January 2023 £	Net movement in funds £	At 31 December 2023 £
Unrestricted funds			
General	67,778	4,781	72,560
Sponsored swim	2,235	(500)	1,735
Sale of Lottie	3,000	-	3,000
Restricted funds	-	-	-
RYA Course equipment	-	425	425
TOTAL FUNDS	<u>73,014</u>	<u>4,706</u>	<u>77,720</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General	29,454	(24,673)	4,781
Sponsored swim	-	(500)	(500)
Sale of Lottie	-	-	-
Restricted funds	-	-	-
RYA Course equipment	1,772	(1,347)	425
TOTAL FUNDS	<u>31,226</u>	<u>(26,520)</u>	<u>4,706</u>

Purpose of restricted funds

RYA Course Equipment - to fund the purchase of course equipment and PPE for the RYA Level 1&2 powerboating courses.

Purpose of designated funds

Sponsored Swim - money raised in memory of Malcolm Acreman. A long time member of the club, who was central to a lot of what went on.

He was a keen paddler, and would always take the lead kayak position with the lead swimmers in the events for which safety cover was provided.

Sale of Lottie - money received from the sale of "Lottie" one of the power boats. Funds ring fenced by the Trustees.

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2024

13 RELATED PARTY DISCLOSURES

There were no related party disclosures for the year ended 31 December 2024.

14 ULTIMATE CONTROLLING PARTY

This charity is controlled by the trustees.

RLSS POOLE LIFEGUARD

**UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024**



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Activities and achievements

The Trustees acknowledge that the Club's success is wholly dependent on the dedication and commitment of its volunteers who provide training in water safety, lifesaving, lifeguarding and safety skills. The Club continued to utilise the RLSS National Lifesaving Academy (NLA) Awards programme and delivered a number of successful programs including beach training during the summer, providing members with much needed experience of lifesaving at sea. The sessions included the use of paddle boards and kayaks as how to enter and exit the sea safely when the weather is producing large dumping wave onto the shoreline etc.

The Club has been able to, once again, provide invaluable waterborne safety cover for an array of local open water events throughout summer season. The club's volunteers provided manned safety boats, kayakers and beach walkers at two Sandbanks Triathlons, two British Rowing Regattas, The Poole Harbour Canoe Race and of course, our very own Brownsea Island Swim, ensuring the safety of all swimmers and participants.

In addition, two members of our club, have provided safety cover on kayaks, every Tuesday evening, from mid-April through to mid-October 2024, for East Dorset Open Water Swimming Club, at their weekly training evening at Shore Road Beach, Poole.

The weather was at long last, favourable to us during 2024, which enabled the club to deliver and run the first successful Brownsea Island Swim since 2019. This was a huge success and 250 swimmers and over 100 volunteers, that made up the Marshal Team and Safety Cover Team, turned out to make it a thoroughly enjoyable event for all those involved.

Report of the Trustees for the Year Ended 31 December 2024 (continued)

Activities and achievements (continued)

The year started with teams taking part in the Poole, Bournemouth, and Christchurch Lifesaving Association (PBCLSA) Twilight competitions, and a number of members entered the South Region Heats of the RLSS UK National Life Saving Championships in Dorchester in October. The Club entered competitors in the Junior Pairs, Senior Pairs, Individual and Masters event events. 13 members represented the club with 6 qualifying to represent the South Region at the National Lifesaving Championships held in Leeds in November, competing against lifesavers from the other 12 regions of RLSS UK.

Our Masters competitor finished in 8th place in the 50-59 years Masters open, with our Open Male, finishing 11th. Our Senior Open Boys pair finished in a very respectable 10th in the senior pairs open, and a very impressive 6th for our Senior Girls Pairing, who also bagged a silver medal in the wet scenario.

Financial Review

During the year the charity had income of £50,475 (2023:£31,226) and expenditure of £37,420 (2023:£26,520) leaving the charity with a surplus of £13,055 (2023:surplus £4,706). The charity had unrestricted funds of £90,571 (2023:£77,294) and restricted funds of £204 (2023:£425). Free reserves (unrestricted reserves less the net book value of fixed assets) were £73,950 (2023:£55,284).

Reserves Policy

It is the policy of the Trustees to maintain free reserves to a level sufficient to meet the anticipated demands, and a minimum of three year's operating costs. Unrestricted reserves at the year end are just below this minimum requirement based on the actual expenditure for the year to 31 December 2024.

Risk Management

The major risks to which the Club is exposed, as identified by Trustees, are being reviewed and process established to mitigate those risks.

Report of the Trustees for the Year Ended 31 December 2024 (continued)

Registered Charity Number

1073840

Registered Office

c/o Everyone Active

Kingland Road

Poole

Dorset

BH15 1TN

Trustees

M Shakles

L Harrison

B Pemberton

D Ayres

A Wise-Hall

Independent Examiner

Miss J A Richardson FCA FCCA DChA

32 Award Road

Wimborne

Dorset

BH21 7NT

Approved by order of the board of trustees on 5th March 2025 and signed on its behalf by:

A Wise-Hall - Chair of Trustees

**Independent Examiner's Report to the Trustees of
RLSS Poole Lifeguard**

Independent examiner's report to the trustees of RLSS Poole Lifeguard ('the Charity')

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 December 2024.

Respective responsibilities of trustees and examiner

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the RLSS Poole Lifeguard's account carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of RLSS Poole Lifeguard as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn on this report in order to enable a proper understanding of the accounts to be reached.

.....
Miss JA Richardson FCA FCCA DChA

Date

**Statement of Financial Activities
for the Year Ended 31 December 2024**

				2024	2023
	Notes	Unrestricted	Restricted	Total funds	Total funds
		£	£	£	£
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	4,605	-	4,605	641
Other trading activities	3	44,794	150	44,944	29,946
Investment income	4	927	-	927	639
TOTAL INCOME		50,325	150	50,475	31,226
EXPENDITURE ON					
		-	-	-	-
Charitable activities	5	36,449	371	36,820	25,920
Other		600	-	600	600
TOTAL EXPENDITURE		37,049	371	37,420	26,520
NET INCOME		13,276	(221)	13,055	4,706
RECONCILIATION OF FUNDS					
Total funds brought forward		77,294	425	77,720	73,013
TOTAL FUNDS CARRIED FORWARD	12	90,571	204	90,775	77,720

The notes form part of these financial statements

Balance Sheet 31 December 2024

	Notes	Unrestricted	Restricted	2024 Total funds	2023 Total funds
		£	£	£	£
FIXED ASSETS					
Tangible assets	9	16,621	-	16,621	22,010
CURRENT ASSETS					
Debtors	10	1,414	-	1,414	1,343
Cash at bank		73,299	204	73,503	55,967
		<u>74,713</u>	<u>204</u>	<u>74,917</u>	<u>57,311</u>
CREDITORS					
Amounts falling due within one year	11	(764)	-	(764)	(1,601)
NET CURRENT ASSETS		<u>73,950</u>	<u>204</u>	<u>74,154</u>	<u>55,710</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>90,571</u>	<u>204</u>	<u>90,775</u>	<u>77,720</u>
TOTAL FUNDS	12	<u>90,571</u>	<u>204</u>	<u>90,775</u>	<u>77,720</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 5th March 2025 and were signed on its behalf by:

M Shakles - Treasurer

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31 December 2024**

1a LEGAL FORM

RLSS Poole Lifeguard is a registered unincorporated charity in England and Wales registered charity number 1073840. Registration date 4th February 1999. The principal office address is on page 5.

1b ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	-	10% on cost
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Taxation

The charity is exempt from corporation tax on its charitable activities.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2024

1b ACCOUNTING POLICIES (continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their transaction price after allowing for any trade discounts due.

Going Concern

The Trustees have prepared the financial statements on the going concern basis.

2 DONATIONS AND LEGACIES	2024	2023
	£	£
Donations	728	641
Gift Aid received	3,877	-
	<u>4,605</u>	<u>641</u>

3 OTHER TRADING ACTIVITIES	2024	2023
	£	£
Monthly swim fees	8,833	8,895
Boat services, storage and fuel	-	270
Brownsea swim	28,030	12,914
Pool awards	326	1,446
Club awards	160	-
Safety cover and boats	2,250	2,730
Memberships	3,660	3,343
Competitions income	306	282
RYA Centre/Courses income	148	-
Club uniform income	59	65
Sponsored swim	1,173	-
	<u>44,944</u>	<u>29,945</u>

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2024

4	INVESTMENT INCOME	2024	2023
		£	£
	Deposit account interest	927	639
		<u>927</u>	<u>639</u>

5	CHARITABLE ACTIVITIES COSTS	Direct costs	Support costs (see note 6)	Total
		£	£	£
	To promote the development of lifeguard training and expertise	36,820	600	37,420

6	SUPPORT COSTS	2024	2023
		£	£
	Governance	600	600
	Total	<u>600</u>	<u>600</u>

Governance costs include the Independent Examination fee of £600 (2023: £600).

7 TRUSTEES REMUNERATION AND BENEFITS

There was no Trustees' remuneration or other benefits for the year to 31 December 2024 nor for the year ended 31 December 2023

Trustees' expenses

There were no Trustees' expenses paid for the year to 31 December 2024 nor for the year ended 31 December 2023 other than reimbursement of £566 paid to two Trustees for out of pocket expenses in respect of charitable activities.

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2024

8 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted Total funds	Restricted Total funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	642		642
Other trading activities	28,174	1,772	29,946
Investment income	639		639
TOTAL	<u>29,454</u>	<u>1,772</u>	<u>31,226</u>
EXPENDITURE ON			
Charitable activities	-	-	-
To promote the development of lifeguard training and expertise	<u>25,173</u>	<u>1,347</u>	<u>26,520</u>
	-	-	-
TOTAL	<u>25,173</u>	<u>1,347</u>	<u>26,520</u>
NET INCOME	4,281	425	4,706
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>73,013</u>	-	<u>73,014</u>
TOTAL FUNDS CARRIED FORWARD	<u>77,294</u>	<u>425</u>	<u>77,720</u>

9 TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
At 1 January 2024	53,887
Additions/Disposals	-
At 31 December 2024	<u>53,887</u>
DEPRECIATION	
At 1 January 2024	31,877
Charge for year	5,389
At 31 December 2024	<u>37,266</u>
NET BOOK VALUE	
At 31 December 2024	<u>16,621</u>
At 31 December 2023	<u>22,010</u>

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2024

10 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Prepayments and accrued income	1,414	1,343
	<u>1,414</u>	<u>1,343</u>

11 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Accruals and deferred income	764	1,601
	<u>764</u>	<u>1,601</u>

12 MOVEMENT IN FUNDS

	At 1 January 2024	Net movement in funds	At 31 December 2024
Unrestricted funds			
General	72,559	12,103	84,662
Sponsored Swim	1,735	1,173	2,908
Lottie	3,000	-	3,000
Restricted funds			
RYA Course equipment	425	(221)	204
TOTAL FUNDS	<u>77,720</u>	<u>13,055</u>	<u>90,775</u>

Net movement in funds, included in the above are listed as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	49,152	(37,049)	12,103
Sponsored swim	1,173	-	1,173
Sale of Lottie	-	-	-
Restricted funds			
RYA Course equipment	150	(371)	(221)
TOTAL FUNDS	<u>50,475</u>	<u>37,420</u>	<u>13,055</u>

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2024

12 MOVEMENT IN FUNDS - continued

	At 1 January 2023 £	Net movement in funds £	At 31 December 2023 £
Unrestricted funds			
General	67,778	4,781	72,560
Sponsored swim	2,235	(500)	1,735
Sale of Lottie	3,000	-	3,000
Restricted funds	-	-	-
RYA Course equipment	-	425	425
TOTAL FUNDS	<u>73,014</u>	<u>4,706</u>	<u>77,720</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General	29,454	(24,673)	4,781
Sponsored swim	-	(500)	(500)
Sale of Lottie	-	-	-
Restricted funds	-	-	-
RYA Course equipment	1,772	(1,347)	425
TOTAL FUNDS	<u>31,226</u>	<u>(26,520)</u>	<u>4,706</u>

Purpose of restricted funds

RYA Course Equipment - to fund the purchase of course equipment and PPE for the RYA Level 1&2 powerboating courses.

Purpose of designated funds

Sponsored Swim - money raised in memory of Malcolm Acreman. A long time member of the club, who was central to a lot of what went on.

He was a keen paddler, and would always take the lead kayak position with the lead swimmers in the events for which safety cover was provided.

Sale of Lottie - money received from the sale of "Lottie" one of the power boats. Funds ring fenced by the Trustees.

**Notes to the Financial Statements (continued)
for the Year Ended 31 December 2024**

13 RELATED PARTY DISCLOSURES

There were no related party disclosures for the year ended 31 December 2024.

14 ULTIMATE CONTROLLING PARTY

This charity is controlled by the trustees.

Accounts

RLSS POOLE LIFEGUARD

**UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023**



Contents of the Financial Statements for the Year Ended 31st December 2023

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Report of the Trustees for the Year Ended 31 December 2023

The trustees present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Governing Document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Public benefit and Objectives

The charity provides public benefit by providing lifesaving and water safety education and training to club members, and members of the local community, as well as providing safety cover for local waterborne events and activities.

Trustee Appointment, Induction and Training

Potential new trustees are invited to events, meetings and presentations if they are not known to the club and its members. They have the opportunity to discuss trusteeship with existing trustees and will be made aware of their governance obligations.

Activities and achievements

The Trustees acknowledge that the Club's success is wholly dependent on the dedication and commitment of its volunteers who provide training in water safety, lifesaving, and lifeguarding and safety skills, and safety cover for local open water events.

The Club saw the introduction of the new National Lifesaving Academy (NLA) Awards programme and supported several senior members to undertake training courses offered by RLSS UK Wessex Branch to qualify National Lifesaving Academy (NLA) Instructors.

This allowed the Club to plan and run beach training for the summer, providing members with much needed experience of lifesaving at sea. The sessions included the use of paddle boards and kayaks as well as wave jumping! Members of all ages completed RLSS UK awards throughout the year from Rookie Lifeguard Bronze Level 1 to Gold Level 3, and NLA Bronze Certificate for the Beach strand.

The Club has been able to, once again, provide the usual safety cover for several open water swim events through the summer months. The club's volunteers provided manned safety boats, kayakers and beach walkers at the Swanage Triathlon, the Sandbanks Triathlon, the Seahorse Swim at Studland and the Sandbanks Tri, ensuring the safety of all swimmers. In addition, safety cover has been provided for East Dorset Open Water Swimming Club at their weekly training evening at Shore Road Beach, Poole. The Club was able to reinstate the organisation of the annual Brownsea Swim, however regrettably this was to be cancelled due to weather conditions on the day. Plans for the 2024 event are already underway.

The year started with teams taking part in the Poole, Bournemouth, and Christchurch Lifesaving Association (PBCLSA) Twilight competitions, and a number of members entered the South Region Heats of the RLSS UK National Life Saving Championships in Dorchester in October. The Club entered competitors in the Junior Pairs, Senior Pairs and Individual events. The Open 17-19 Pair and three Individuals qualified to represent the South Region at the National Lifesaving Championships held in Leeds in November, competing against lifesavers from the other 12 regions of RLSS UK.

Report of the Trustees for the Year Ended 31 December 2023 (continued)

Activities and achievements (continued)

The Trustees held a club review day in October 2023, to which all Club Executive members and club instructors were invited. This allowed members to review the ongoing 5-year action plan and the Executive team roles, which will provide a structure for taking the Club forward to meet the aims and objectives of the charity.

Financial Review

During the year the charity had income of £31,226 (2022:£15,534) and expenditure of £26,519 (2022:£21,227) leaving the charity with a surplus of £4,706 (2022: deficit £5,693). The charity had unrestricted funds of £77,294 (2022:£73,013) and restricted funds of £425 (2022:£nil).

Reserves Policy

It is the policy of the Trustees to maintain free reserves to a level sufficient to meet the anticipated demands, and a minimum of three year's operating costs. Unrestricted reserves at the year end are just below this minimum requirement based on the actual expenditure for the year to 31 December 2023.

Risk Management

The major risks to which the Club is exposed, as identified by Trustees, are being reviewed and process established to mitigate those risks.

Executive Committee Reports

CHAIR

We started the year off with the introduction of the new RLSS National Lifesaving Academy (NLA) award programme with several senior members gaining Instructor status. Following several local news reports of individuals getting into difficulty whilst swimming/paddling at the beach, the Club took the vote to work on the beach strand for the next few years.

In February we held our 2023 Annual Awards - we were able to hand out NLA Bronze Certificates for Beach to over 85% of our members! The poolside was filled with cheers as trophies were awarded to well deserving nominees. Every member of the Club deserved an award for their hard work and dedication to lifesaving.

The first of many safety cover events of the year started in May and finished in September. As usual club members volunteered to help and needed to be onsite early to lay the courses and be water ready for the events to commence. Once the events were finished, members needed to help wash and pack away. Events included the Swanage Triathlon, Sandbanks Triathlon, Seahorse Swim and finally the Results Triathlon.

Our Beach Training days also made a comeback for the whole of the summer and members from both Rookie and NLA programmes took part. Weekly sessions included beach fitness, paddling, kayaking, simulated rescues and even wave jumping! All enjoyed the sessions both in the water and on land. This was followed by a finale BBQ social, with games on the beach. Thank you to all those that helped - it was a great success!

In July the club had a promotional stand at the Hamworthy Park Fete again, to raise awareness of water safety and lifesaving skills.

Report of the Trustees for the Year Ended 31 December 2023 (continued)

Executive Committee Reports

CHAIR (continued)

To finish off the year, the club yet again attained an outstanding achievement at the RLSS UK National Championships, A team of competitors and volunteer casualties took part in the Southern Regional competition to represent Poole. Following a fiercely contested competition, in which all our team members excelled, 5 competitors moved forward as debutants to represent the Southern region at the National finals in Leeds on 5 November. However due to circumstances, only 2 competed at the finals where they finished 6th overall and picked up an impressive bronze medal each in the aquatic initiative test.

Finally, the year has not been without challenges, one of which was to arrange a development day to review our current Executive team structure and the 5-year plan outlining the club aims alongside the understanding that we all need to remain flexible in our approach to leading the club into 2024 and beyond.

As a club we have achieved so much in the past year and continue to see member and trainer numbers grow.

Amanda Wise-Hall

CLUB CAPTAIN

2023 has proved to be another successful year for the club. Training has been to a good standard and beach training through the summer was particularly well attended. The National Lifesaving Academy qualifications have started well and will undoubtedly deliver first class lifesavers on completion. It is fantastic to see everyone having fun whilst learning; and improvements in skills can really be seen at all levels on Thursday nights.

A key activity in the club calendar is providing safety cover for swimmers engaging in open water swims either as individual challenges or as part of triathlon events. 2023 saw our members volunteer to take part in: ●The Seahorse Swim ●Swanage Triathlon

●Sandbanks Triathlons (x2) ●Salty Sea Dog Swim ●Regular cover for East Dorset Open Water Swimming Club.

Unfortunately, whilst we had a team ready to support the Brownsea Island Swim 2023, the event had to be cancelled due to weather and sea conditions. We are keen to support Brownsea Swim 2024 and hope the conditions will be much better. We have received requests to cover various other events however have decided that our priority is to focus on our current engagements and have agreed to support one new event for 2024, details of which will be circulated later in the year.

Throughout the year members hit the age limit that they are allowed to take part in safety cover, and we saw a few members take part for the first time. 2024 should bring even more members that are old enough to take part, and we look forward to welcoming them to the team. Event cover is a key part of club life as it gives vital experience, develops confidence, and fosters team spirit.

Once again, I'd like to thank the army of parents that support the club throughout the year. It makes a huge difference having the additional help on beach training evenings and getting up ridiculously early to deliver your children to the beach for safety cover. Thank you all, it really is appreciated.

Tom McMahon

Report of the Trustees for the Year Ended 31 December 2023 (continued)

Executive Committee Reports (continued)

COMPETITIONS

2023 has been a successful year for competitions, both in terms of participation, and results.

We ran an indoor Twilight at the Dolphin pool back in January 2023 with teams from Poole, Boscombe, Branksome, Bournemouth and Southbourne attending. 18 Junior teams, 7 from Poole competed (2nd, 8th, 9th, 12th, 14th), 9 Open teams, 2 from Poole competed (1st, 4th) and 4 Masters teams, with the Poole Masters helping to run the event. In the Boscombe Twilight Poole entered 5 Junior teams and took a clean sweep 1,2,3 as well as 7th and 11th from 13 teams. Poole had 2 Open teams who finished 3rd and 7th from 8 teams, and a Masters team which finished 1st out of 4 teams. In the Bournemouth Twilight Poole entered 3 junior teams, finishing 2nd, 5th and 12th from 16 teams. In the Open category Poole entered 1 team which finished 4th from 9 teams, and in the Masters Poole finished a disappointing 4th out of 4 teams.

RLSS National Lifesaving Championships <https://www.rlss-poole.org.uk/nationalchamps/>

We had 12 entries for the Regional Championships in Dorchester, once again, the best represented club in the Southern region. 5 members went through to the National finals in Leeds, but due to circumstance only 2 were able to attend where they finished 6th overall and picked up an impressive bronze medal each in the aquatic initiative test.

We also provided volunteers and casualties for the Police National Lifesaving competition which was hosted by Dorset police at the Dolphin pool in June. The internal club competition was run in January of this year with great and enthusiastic attendance. Scores are being collated for prizes to be awarded at our Annual Awards event.

We have maintained our Competitions group in the late session, and in this group, I continue to coach competition and swimming skills to seniors and Masters. Our National Lifesaving Championship competitors were also coached in this session leading up to the competitions including dry side scenario sessions.

I have continued to work to encourage competition training, and on improving competition skills throughout the club, promoting, and running Twilight practice sessions for both sessions.

Tim Harris

MEMBERSHIP

Membership for 2023, a total of 94 members, 64 of which are between the ages of 9 to 17 and 30 of which are members made up from Seniors, Supporters and Life Members, We are now getting our membership numbers back on track after a couple of hard Covid years and it's great to see the club returning slowly back to its former buoyant state.

Our new system of getting new members to complete a taster form is working well and we have a lot of interest from new potential members. They are then invited for a swim test when membership spaces become available. It would be nice to see a recruitment drive for more senior members to ensure the club is able to fulfil its commitment to future safety cover and events as we seem to struggle to do this at the moment.

Julie Larner

Report of the Trustees for the Year Ended 31 December 2023 (continued)

Executive Committee Reports (continued)

TRAINING

Pool Training - This has been a fantastic year for pool training with the introduction to National Lifesaving Academy (NLA) replacing the old Survive and Save programme. We have successfully put five groups through their initial award, NLA Bronze Lifesaving Certificate. It has been a bit of a challenging transition with more difficult elements required of our members who had just turned 12. Finding the right balance is key to this, and this is an ongoing process as we progress through the awards of this exciting new suite of awards. We have also seen the formation of a new Rookie group and the introduction of a new set of theory. The Rookie programme is designed to be used by leisure centres and private swim schools, where time is limited. As a result, the Rookie awards were designed for practical training only with all theory removed. As a club, we felt that the theory that we were giving our Rookies needed to be refined so that it reflected the level of the award being taken. This has now been implemented and is being used with our 2 Rookie groups.

Beach Training - This has been a successful year for beach training, in terms of being able to run full sessions this year. The introduction of NLA Bronze Star Beach meant that we had to adapt to a new training programme, which proved more challenging than expected. We will be continuing to work on this in the 2024 season to iron out the issues we had with implementing the NLA programme into our training.

Finally, I would like to say a huge thank you to all the instructors that have made the club what it is. We wouldn't be a club without you. A huge thank you also goes out to our fantastic members and parents, and we look forward to your continued support.

Andy Smart

EQUIPMENT

Firstly, can I say a massive thank you to Brian Pemberton for his commitment to the role of Equipment Officer over many years. Thanks to his stewardship, the Club is in a strong position for its equipment and resources. I was very pleased to be able to take up the reins in 2023 and I'm grateful to him for his time and for mentoring me as a newbie!

Thanks to a team of willing helpers under Brian's direction, the old container was decommissioned and the garages at Sandbanks were re-imagined, with event equipment taking the 1st garage and operational items in the other 2 spaces. Thanks are due to our carpenters, scaffolders, and everyone else for making this happen.

I was introduced to my new role with some repair work on our fleet of kayaks in preparation for the Brownsea Island swim. The swim itself also needed my support and, despite not being able to see the event through, it served as a useful practice run for this coming year, which is destined to be a huge success for the Club.

At the swimming pool, I was asked to replace the ageing plastic storage unit and have now installed something larger in its place. It seemed a little precious when it was finished so, fingers crossed, it will perform well for you all. I hope you all agree that its neat and tidy and a good use of space. Thank you also to my young apprentice for his help in the construction phase.

Next steps for the is to push through phase 2 of re-organising the garages. There are several items of old and unserviceable equipment to dispose of and some further reorganisation needed, in advance of the summer beach training and safety cover programme. I also plan to get more up to speed on the needs of Legacy and Apollo. Thanks again for everyone's help and for making me feel so welcome!

Tim Travers

Report of the Trustees for the Year Ended 31 December 2023 (continued)

Registered Charity Number
1073840

Registered Office
c/o Everyone Active
Kingland Road
Poole
Dorset
BH15 1TN

Trustees
M Shakles
L Harrison
B Pemberton
D Ayres
A Wise-Hall

Independent Examiner
Miss J A Richardson FCA FCCA DChA
32 Award Road
Wimborne
Dorset
BH21 7NT

Approved by order of the board of trustees on *..13th March 2024 ..* and signed on its behalf by:



A Wise-Hall - Chair of Trustees

**Independent Examiner's Report to the Trustees of
RLSS Poole Lifeguard**

Independent examiner's report to the trustees of RLSS Poole Lifeguard ('the Charity')

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 December 2023.

Respective responsibilities of trustees and examiner

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the RLSS Poole Lifeguard's account carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of RLSS Poole Lifeguard as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn on this report in order to enable a proper understanding of the accounts to be reached.



.....
Miss JA Richardson FCA FCCA DChA

Date ...13th March 2024

**Statement of Financial Activities
for the Year Ended 31 December 2023**

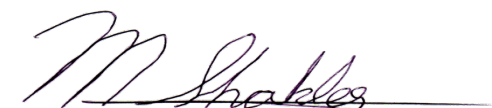
				2023	2022
	Notes	Unrestricted	Restricted	Total funds	Total funds
		£	£	£	£
INCOME AND ENDOWMENTS FROM					
Donations and legacies		642	-	642	2,297
Other trading activities	3	28,173	1,772	29,946	13,183
Investment income	4	639	-	639	54
TOTAL		29,453	1,772	31,226	15,534
EXPENDITURE ON					
		-	-	-	-
Charitable activities	5	24,572	1,347	25,919	21,227
Other		600	-	600	-
TOTAL		25,172	1,347	26,519	21,227
NET INCOME		4,281	425	4,706	(5,693)
RECONCILIATION OF FUNDS					
Total funds brought forward		73,013	-	73,013	78,706
TOTAL FUNDS CARRIED FORWARD	12	77,294	425	77,719	73,013

The notes form part of these financial statements

Balance Sheet 31 December 2023

				2023	2022
	Notes	Unrestricted	Restricted	Total funds	Total funds
		£	£	£	£
FIXED ASSETS					
Tangible assets	9	22,010	-	22,010	27,399
CURRENT ASSETS					
Debtors	10	1,343	-	1,343	1,465
Cash at bank		<u>55,542</u>	<u>425</u>	<u>55,967</u>	<u>45,829</u>
		56,885	425	57,310	47,294
CREDITORS					
Amounts falling due within one year	11	<u>(1,601)</u>	<u>-</u>	<u>(1,601)</u>	<u>(1,680)</u>
NET CURRENT ASSETS		<u>55,284</u>	<u>425</u>	<u>55,709</u>	<u>45,614</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		77,294	425	77,719	73,013
TOTAL FUNDS	12	<u><u>77,294</u></u>	<u><u>425</u></u>	<u><u>77,719</u></u>	<u><u>73,013</u></u>

The financial statements were approved by the Board of Trustees and authorised for issue on *..13th March 2024 ...* and were signed on its behalf by:



M Shakles - Treasurer

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31 December 2023**

1 LEGAL FORM

RLSS Poole Lifeguard is a registered unincorporated charity in England and Wales registered charity number 1073840. The principal office address is on page 8.

2 ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	-	10% on cost
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Taxation

The charity is exempt from corporation tax on its charitable activities.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account

**Notes to the Financial Statements (continued)
for the Year Ended 31 December 2023**

2 ACCOUNTING POLICIES (continued)

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their transaction price after allowing for any trade discounts due.

3 OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Monthly swim fees	8,895	5,989
Boat services, storage and fuel	270	-
Brownsea swim	12,914	-
Pool awards	1,446	-
Course fees and training	-	335
Safety cover and boats	2,730	2,480
Memberships	3,343	2,239
Competitions income	282	268
RYA Centre/Courses income	-	1,800
Club uniform income	65	72
	-	-
	<u>29,946</u>	<u>13,183</u>

4 INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	639	54
	<u>639</u>	<u>54</u>

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2023

5 CHARITABLE ACTIVITIES COSTS

	Direct costs	Support costs (see note 6)	Total
	£	£	£
To promote the development of lifeguard training and expertise	<u>25,919</u>	<u>600</u>	<u>26,519</u>

6 SUPPORT COSTS

	2023	2022
	£	£
Management	-	-
Governance	<u>600</u>	<u>424</u>
Total	<u>600</u>	<u>424</u>

7 TRUSTEES REMUNERATION AND BENEFITS

There were no Trustees' remuneration or other benefits for the year to 31 December 2023 nor for the year ended 31 December 2022

Trustees' expenses

There were no Trustees' expenses paid for the year to 31 December 2023 nor for the year ended 31 December 2022 other than reimbursement of out of pocket expenses for charitable activities.

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2023

8 COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted Total funds	Restricted Total funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2,297		2,297
Other trading activities	13,183		13,183
Investment income	54		54
	-	-	-
TOTAL	15,534	-	15,534
EXPENDITURE ON			
Charitable activities	-	-	-
To promote the development of lifeguard training and expertise	21,227	-	21,227
	-	-	-
TOTAL	21,227	-	21,227
NET INCOME	(5,693)	-	(5,693)
RECONCILIATION OF FUNDS			
Total funds brought forward	78,706	-	78,706
TOTAL FUNDS CARRIED FORWARD	73,013	-	73,013

9 TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
At 1 January 2023	53,887
Additions/Disposals	0
At 31 December 2023	<u>53,887</u>
DEPRECIATION	
At 1 January 2023	26,488
Charge for year	5,389
At 31 December 2023	<u>31,877</u>
NET BOOK VALUE	
At 31 December 2023	<u>22,010</u>
At 31 December 2022	<u>27,399</u>

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2023

10 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Prepayments and accrued income	1,343	1,465
	<u>0</u>	<u>0</u>
	<u>1,343</u>	<u>1,465</u>

11 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Accruals and deferred income	1,601	1,680
	<u>0</u>	<u>0</u>
	<u>1,601</u>	<u>1,680</u>

12 MOVEMENT IN FUNDS

	At 1 January 2023	Net movement in funds	At 31 December 2023
Unrestricted funds			
General	67,778	4,781	72,559
Sponsored Swim	2,235	(500)	1,735
Lottie	3,000	-	3,000
Restricted funds			
RYA Course equipment	-	425	425
TOTAL FUNDS	<u>73,013</u>	<u>4,706</u>	<u>77,719</u>

Net movement in funds, included in the above are listed as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,454	(24,673)	4,781
Sponsored swim	-	(500)	(500)
Sale of Lottie	-	-	-
Restricted funds			
RYA Course equipment	1,772	(1,347)	425
TOTAL FUNDS	<u>31,226</u>	<u>26,519</u>	<u>4,706</u>

Notes to the Financial Statements (continued)
for the Year Ended 31 December 2023

12 MOVEMENT IN FUNDS - continued

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General	78,706	(10,928)	67,778
Sponsored swim	-	2,235	2,235
Sale of Lottie	-	3,000	3,000
Restricted funds	-	-	-
RYA Course equipment	-	-	-
TOTAL FUNDS	<u>78,706</u>	<u>(5,693)</u>	<u>73,013</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General	13,299	(24,227)	(10,928)
Sponsored swim	2,235	-	2,235
Sale of Lottie	-	3,000	3,000
Restricted funds	-	-	-
RYA Course equipment	-	-	-
TOTAL FUNDS	<u>15,534</u>	<u>(21,227)</u>	<u>(5,693)</u>

Purpose of restricted funds

RYA Course Equipment - to fund the purchase of course equipment and PPE for the RYA Level 1&2

Purpose of designated funds

Sponsored Swim - money raised in memory of Malcolm Acreman. A long time member of the club, who was central to a lot of what went on.

He was a keen paddler, and would always take the lead kayak position with the lead swimmers in the events for which safety cover was provided.

Sale of Lottie - money received from the sale of "Lottie" one of the power boats. Funds ring fenced by the Trustees

RYA Course - course fees received in the year that will be used for courses in the new year

**Notes to the Financial Statements (continued)
for the Year Ended 31 December 2023**

13 RELATED PARTY DISCLOSURES

There were no related party disclosures for the year ended 31 December 2023.

14 ULTIMATE CONTROLLING PARTY

This charity is controlled by the trustees.