

REGISTERED COMPANY NUMBER: 03647391 (England and Wales)
REGISTERED CHARITY NUMBER: 1073822

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2024
for
FIRST STOP DARLINGTON

Mitchell Gordon LLP
43 Coniscliffe Road
Darlington
Co. Durham
DL3 7EH

FIRST STOP DARLINGTON

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TRUSTEES' REPORT

MARCH 2024

32 Houndgate, Darlington, DL1 1PD

Tel: 01325 254463 Registered Charity Number 1073822

Company Limited by Guarantee 3647391

FIRST STOP DARLINGTON

Trustees' Annual report for the year ended 31 March 2024

The Trustees present their report and the unaudited financial statements of the charity for the year ended 31st March 2024. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity. The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014 (as amended by Update Bulletin 1 published on 2 February 2016).

The trustees are directors of the Company for the purposes of the Companies Act 2006.

Reference and Administration Information

| | |
|--|--|
| Charity Name: | First Stop Darlington |
| Charity Registration number: | 1073822 |
| Company registration number: | 3647391 |
| Registered office and operational address: | 32 Houndgate, Darlington, DL1 5RH |
| Governing document: | Memorandum and Articles of Association dated 21 st September 1998 and amended by special resolution(s) dated 20 th October 2011 and amended further by special resolution(s) dated 9 th February 2021 |

Board of Trustees

| | |
|-------------------------|---|
| William John Kilgour | Replaced as Chairman April 2024 – after the year end date but prior to the reporting date |
| Maire Margaret Kennan | Resigned 1 st March 2024 |
| Alan Coultas | Resigned 19 th September 2023 |
| Bernadette Mary Chapman | |
| Debra Irving | |
| James Stephen McGill | |
| Victoria Kate Gill | Appointed 29 th August 2023 (Appointed as Chair person April 2024 – after the year end date but prior to the reporting date) |
| Julie Whitehouse | Appointed 23 rd January 2024 |

Company Secretary

Vacancy

Independent Examiner

Lee Harris Bsc (Hons), FCCA
Mitchell Gordon LLP
43 Coniscliffe Rd
Darlington
DL3 7EH

Solicitors

Close Thornton
31 Houndgate
Darlington
DL1 5RH

Bankers

Unity Trust Bank plc, Nine Brindley Place, Birmingham, B1 2HB

Chair Report

This year's Trustee Report reflects the adaptability of the Charity to the increasing needs of people in Darlington. The Charity has developed innovative ways to address some of the fundamental issues underlying the challenges people are having at this difficult time. The work of giving practical advice and support to obtain their rightful benefits and access to housing are complemented by the Well-Being and skills programmes. The important recognition of peoples' mindset and fear of IT lead to support that improves their confidence, self-esteem and ability to cope with the life challenges they face.

First Stop continues to receive funding from a variety of sources which reflects the value our funders apply to our work but also gives a financial confidence that we are not reliant on one funder. We are very grateful for the generosity of our funders for not only financial but also moral support.

The Charity has adapted to the changes after the sad closure of the BikeStop enterprise which was a success in the benefits it brought to many people but not financially sustainable.

The Trustees and CEO benefitted from the Pilotlight Project which helped us to review and evaluate the Charity. We are grateful to Garfield Weston for the Award funding.

On behalf of the Trustee board, I would like to thank the staff for their hard work and enthusiasm during the year, they all make a difference. They fulfil the ethos of First Stop in providing a listening ear and time to work through issues.

I would also like to thank my fellow Trustees for their contributions to the governance and strategy of First Stop as well as support to the Staff and local fundraising. Special thanks to Alan Coultas, a founder Trustee who has been a major factor in the success of First Stop and has stepped down. Along with Maire Kennan who has given 6 years of support and wise advice.

William John Kilgour
Chair

FIRST STOP DARLINGTON

Trustees' Annual report for the year ended 31 March 2024

Who are we?

First Stop Darlington (FSD) is a charity in Darlington. We work with people aged over 16 of any denomination who experience disadvantages due to poverty, isolation, mental health, poor attainment etc. Anything that means a person has fewer options and faces more barriers to live a fulfilled life due to their circumstances. Most of our clients live in the most deprived wards of our town, which are in the lowest 10% decile of deprivation.

The biggest need that we are currently addressing is that of poverty and all its ugly guises. We are supporting people who are unemployed, people who are in full-time work and people in part-time work, we are working with single people, couples, families, and everything in between. Nobody is turned away; it is literally a person's first stop to getting help in a time of crisis.

The charity was founded in 1999 to support people 'in need and distress within Darlington'. Unfortunately, that need is still here, and we have adapted our services to help meet historic and emerging demands, increasing support to families and all on low income. We continue to find ways to adapt ensuring we provide a high-quality service to as many people who need us as possible.

FSD is situated in Houndgate, within an area of deprivation under 10% percentile of the Indices of Multiple Deprivation, where we operate a centre with an appointment service, with crisis access available every day on the ground floor and have offices and a training/activity room/meeting room on the first floor. We offer an in-depth advice service with the use of phones and laptops so that clients can be supported to solve their problems and increase their access to benefits, housing, mental health support, employment support and other services.

Since we began in Feb 1999, we have supported over **10,000** vulnerable people to help them work on their issues and move forwards towards an independent life. We have provided, in total, a range of support services to over 12,000 people over the years, with the addition of various outreach events.

How are we constituted?

First Stop Darlington is a company limited by guarantee, No. 3647391, governed by its Articles and Memorandum of Association. It is registered charity No 1073822 with a core membership of 12 people.

The directors of FSD are the Board of Trustees and are elected by the membership. In 2023-2024, the board had 6 members serving on the Board, none of whom are related to each other.

The Board has an appointed Chair with a vacant Vice Chair position at present. The Articles of Association require that one third of the directors/ trustees retire each year by rotation; retiring trustees are eligible for re-election.

We do not have a treasurer, but all trustees have undergone training in the field of financial management of charities. All trustees are expected to oversee all financial reporting by our financial officer, the CEO and our financial advisors. We are pleased to announce that as of 1st April 2024 we now have a Treasurer – James McGill, who is an existing Trustee who has past and present experience of Treasury roles within the charitable sector.

The role of the trustees is to further the objectives of FSD through taking part in formulating and regularly reviewing strategic aims, ensuring that policy and practice are in keeping with its aims and that FSD functions within the legal and financial requirements of a charitable company and strives to achieve best practice.

The Board has updated the Risk Register, taking account of the increased risks posed by the economic pressure caused by the years of inflation and increased energy prices on all aspects of public life. As clients' needs increased so also does the pressure on our staff and donors. The Risk Register has these factors taken into account along with the various risks pertinent to our building, staff, funding etc.

Through the course of this year no trustee has received any remuneration or reimbursement of expenses. As well as participating in Board meetings and strategy reviews, individual board members have participated in fund raising activities. Raising money at a local level remains a challenge, but coffee mornings, CEO Sleepout and Carnival activities remain on the agenda. During this financial year £14,613 was raised through fundraising events and £5,144 raised in donations from the general public.

FSD employs a CEO whose responsibility is the general management of all FSD projects, management of staff and volunteers, building management and leading the team in procuring funding. The CEO attends Board meetings and reports to The Board on finance and operational matters.

The CEO is Tracy Freeman and there are 7 other members of experienced and dedicated staff who provide support and share skills with our clients.

Grant giving funding bodies are our main source of income, supplemented by fund raising efforts by Trustees and staff, and personal donations as mentioned above.

Our thanks for 2023-24 funding go to, National Lottery Community Fund, Ballinger Trust, Garfield Weston Trust, Watson Hope Foundation, County Durham Community Foundation, Greggs Foundation, Trusthouse Foundation, 1989 Willan Trust, Harrison Foundation and all those who sponsored, donated and supported our fundraising efforts throughout the year.

Our aims and how we work

First Stop Darlington provides a Wellbeing and Work Hub in the town centre of Darlington and houses a range of practical, free facilities and activities designed to help people navigate from poverty and all its trappings, through to employment with decent wages that helps lift people out of poverty and achieving long lost goals.

The aims of the organisation are:

- To ensure that confidential, impartial information, advice and support is provided in ways that empower local people to make informed decisions about their life choices and in a way that is sensitive to their needs.
- To support local people to help themselves move forward out of life's difficulties and onwards towards independence.
- To promote positive mental health among service users, including Mindset and Mindfulness work.
- To provide activities around prevention of poor mental health, addiction behaviours and to promote a healthy sense of well-being and increased self-worth.
- To provide Information, Advice and Guidance services regarding welfare benefit claims, benefit issues, money issues, expenditure, poverty, housing issues, access to services etc.
- To provide one to one support while people are working through their issues, sharing problem solving skills and increasing self-esteem and self-confidence to make behavioural changes in their lives.
- Support people to broaden their CV, increase skills through volunteering and courses, improving their job opportunities.
- To work in partnership with other likeminded organisations to deliver wrap around services.
- To highlight the problem of poverty and its associated issues.
- To provide accurate statistical information on poverty issues to inform service planning and delivery.

The Centre is open to the public every weekday to provide impartial confidential information, advice, guidance, support, and onward referral to our clients.

There are 2 Core Project Support Staff, 1.5 Mental Health Support Worker, 1.5 Digital Inclusion Worker, 1 Administrative officer and the CEO. The CEO works directly with clients during holidays and staff illness, ensuring there is full cover for our services.

Strategic Developments During the Year

Darlington Connect & Additional Partnership Engagement

Our commitment to working with other organisations locally involving dealing with the negative results of poverty has continued through the involvement and support of Darlington Connect, a multi-agency project in Darlington Town Centre that First Stop supports through providing staffing one morning per week and through the strategy board.

The CEO also sits on the Voluntary, Charity, Social Enterprise Strategy Group and attends regular meetings, fitting into appropriate task and finish groups as and when appropriate. The group is one of the ways that the VCSE and the Public and Private sector can join together to champion those people in our town who need services and provision. Representing their views at Board meetings is extremely important to all charities.

Pilotlight Project

We continued our work with the Pilotlighters through to October 2023 and continued to gain further insight and strategic support from our team of experts. This resulted in a refreshed Strategy, including a helpful and clear Strategy On A Page, designed to inform quickly and sets out our mission, vision, aims and objectives in an easily accessible visual representation of the larger document.

We continue to work towards the aims and objectives set out in the strategy.

Who do we help?

We have an instant access policy and offer appointments with support staff on the same day of presentation or within 24 hours. This is a crucial part of the relationship that we build with people, if they are brave enough to reach out for help, then we must be attentive enough to begin helping as fast as we can.

We support vulnerable people and families who are experiencing severe poverty. Issues such as finances, housing or benefit problems initially presented by clients, but they may frequently hide other issues such as debt, hunger, poor hygiene, anxiety & stress and often relationship troubles. Our support workers use various tools in their work, such as Trauma Informed Care approach and Mindfulness and are skilled in taking an holistic approach with clients to help them feel at ease and gain the confidence needed to discuss difficult issues.

Our clients are often:

- cash poor
- struggling to manage on low income
- struggling to compete for work due to digital exclusion
- experiencing anxiety, stress and other related mental health issues
- under threat of eviction due to arrears or no accommodation of their own
- sofa surfing and have no permanent address
- have poor prospects of obtaining paid employment
- unable to escape out of poor living conditions without financial and legal support.

Our clients may have experienced at least 3 of the following:

at risk of homelessness; low income and/or zero hour contracts; fuel poverty; hunger; socially excluded; poverty; debt; unemployment; mental ill health; mental illness; low self-esteem; lack self-confidence; low or no self-worth; young parents; leaving care young adults; domestic abuse victims; domestic violence perpetrators; relationship breakdown; self-harm; sexual abuse; survival sex; bereavement; removal of child/children from family home; coping with bereavement; widowed; widower; isolated.

Our services are available in the following formats:

- Pre-booked appointments between 9.30am – 12.30pm – (minimum 6 appointments per day)
- Daily accessed appointments between 1.30pm – 4.30pm – (minimum 6 appointments per day)
- 7 week Mindset Mentor Course running 6 times per year
- Weekly Gardening Club
- Weekly Walk & Talk Session
- Weekly Men's Group/Activities
- Daily Digital Inclusion Sessions
- Differing activity sessions, such as art, meditation etc.
- Outreach sessions for appointments in the community x 2 sessions per week.

Outputs

In 2023 – 2024 we were privileged to work with and support 424 people:

This is again an increase on the previous year's figures, the current economic climate that we are all experiencing continues to cause significant problems for so many people living in our communities. There remains no sign of this abating for those with the lowest incomes.

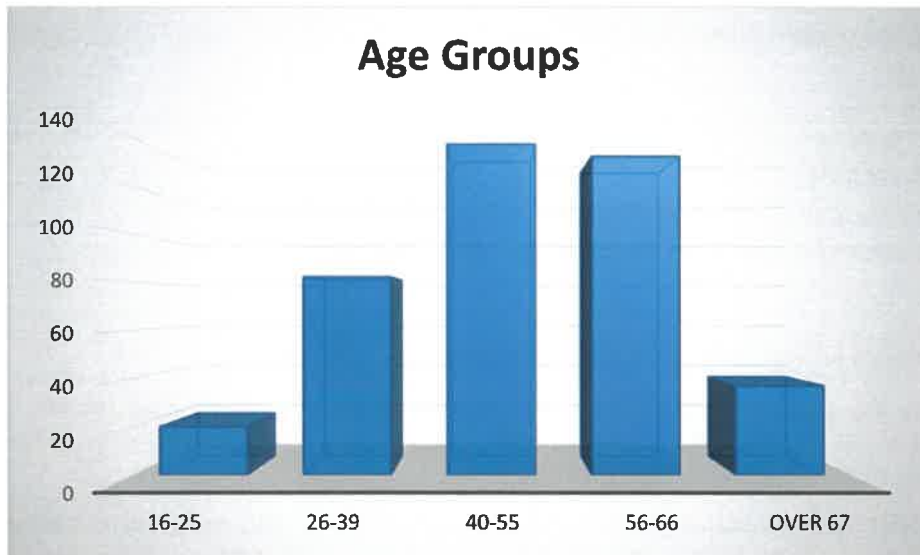
There continues to be a shift in how many women have used the services this year, this continues to bare up the evidence of poverty and bill paying etc. as it is still mainly females who are responsible for organising the household income. There are now only 24 more males accessing the services to women, this has changed from a predominantly male oriented service in the past.

Women are also more likely to keep returning and continuing with their support, slightly more than their male counterparts.

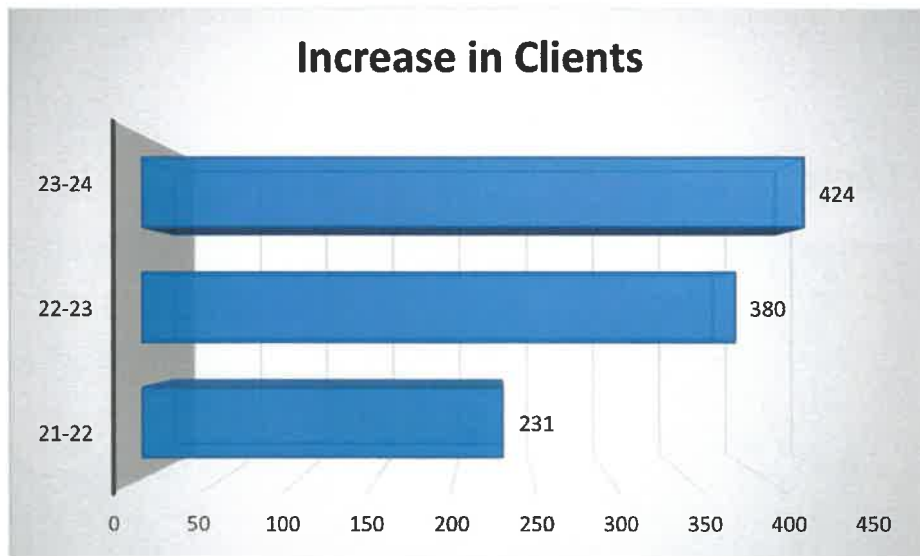


We have also experienced a change in the age range of people accessing the services. We have seen more people in the higher age brackets, as shown in the graph below. The largest increase has been in the 46-65 age group, we have supported many people in this age group who have lost their employment and are struggling to find further work due to the changes in the accepted ways of job searching and applications. This is mostly due to the Covid-19 legacy of most applications now being done online. The people who come to us have not had any regular use of digital equipment or know how to apply for work in what is classed as current

day expectations. They are also severely struggling to live on benefits when they have been used to wages and living to their means, this causes a range of problems that can get out of hand quite quickly without support and help to navigate the system and to teach new digital skills.



Increase in presentation over the past 2 years



As you can see from this graph, our clients have almost doubled in numbers since 2021/2022. It demonstrates the comeback to levels prior to Covid 2019, alongside the amount of people who are struggling with poverty and destitution in our town. We know that over 10,000 households continue to live in poverty today with almost 4,500 children within those homes.

4,378 households living with only 60% of the average income median, include 3,361 children in those homes. We still have a long way to go before we see a recovery for those living on low incomes.

In what ways have our 424 beneficiaries benefited from our support

Benefits and Income

256 people gained support with their financial income. All reported an improvement in their household situation through accessing various solutions such as; an increase of, or new benefits; additional support through increments available through our charity and other organisations e.g. utility vouchers, food

vouchers, discretionary payments to assist with temporary situations, budgeting and understanding essential payments etc.

We supported 176 people to successfully claim annual benefit of £965,246.41 during the year.

Mental Health & Wellbeing

221 people who attended our services identified themselves as having varying degrees of poor mental wellbeing through to significant mental health diagnosis. Those with significant needs were supported with their mental health and wellbeing services, 82 of whom report a significant increase in their self-confidence, self-esteem, self-worth, with improved mental health and reduced isolation also being high on their list of benefits. They have attended a range of activities and also had support through our information & advice team which has resulted in resolving stressful and difficult financial situations all of which were causing additional anxiety and stress.

38 people attended our Mindset Mentoring Course and successfully worked on their thoughts, behaviours and actions that have been holding them back from living to their true potential. This group achieved immense milestones and continue to practice self-care and use the tools they were given to continue their progress of change.

Achievements reported include career developments and career changes, new learning and qualifications, increased volunteering and much more social engagement. This course is set to continue for the next four years, with great thanks to the National Lottery Community Fund and we look forward to increasing the number of courses and supporting more people with this very empowering and life affirming course.

Pre-Employment

75 people successfully attended classes to improve and gain support towards employment or to improve their working options. They successfully improved their communication and IT skills through our Digital Inclusion courses and our pre-employment supported job search sessions. 39 reported a significant increase in their motivation and aspirations for their futures, using the lessons and skills they were given to help them understand their needs and identify their next steps towards gaining their aspired employment. This included further education and training with other providers, in-work training for promotion and applications for new jobs.

Housing

70 people needed help and gained support with their housing needs. 39 were living in unstable accommodation or sofa surfing. 14 were immediately referred to DBC Homeless Housing Officers, 21 were supported to find more stable solutions, with most opening a Darlington Home Search account and supporting them to bid on properties. 4 people are living in mobile homes and a van, we continue to support them with their housing needs.

The remaining 31 people presented with issues which were causing their tenancies to become unstable. We were able to secure the existing tenancy for 26 of those people, through working on their income and budget, ensuring they could keep up with their rent payments and still manage their household bills. We supported the remaining 5 people into more affordable accommodation.

Case study – Male aged 54

Summary of Presenting Issues and Client Background

Client presented in October 2023. He is a 54-year-old male who has worked for most of his working life as a train conductor. He has Bipolar type 1 but has always been able to keep his condition well managed at work.

He did work throughout Covid but when places started to open again, he found he could not keep up his work pace and cope with the stress of his job in the way he had before Covid. He had bouts of sickness and times off work but had been long term sick for a few months. His SSP was coming to an end when he presented at First Stop.

While chatting he also explained that his partner had just been sectioned in a mental health hospital recently, however there was no local places available, so she had been placed in a hospital 70 miles away, which was making visiting difficult.

Intervention

We made a universal credit (UC) claim but as a single man because UC does not allow you to claim benefit when someone is not physically at the appointment, meaning we could not make a joint claim due to partner being in hospital. We also sent for PIP forms as client had not wanted to claim when he was working as he stated he had enough money to live on when they both worked. This was before their mental health had deteriorated. He now accepted that they needed some additional help.

We saw the client over the next few months, sometimes to complete forms, but sometimes just a chat and catch up with what was going on in his life and how he was coping. He always stated just entering the project put him at ease and he could feel himself relaxing and felt he was in a safe place.

Partner was transferred to a hospital locally in January and they arranged an afternoon release so we could make her a universal credit claim and join it to clients claim. Client's partner was discharged from hospital in February and although still unwell was at least back at home.

Outcome

Client then felt he was well enough to try and go back to work which he did manage for a few weeks but was not coping with his bipolar, work and a clinically depressed partner. Something had to give, we spoke at length about asking for a meeting at work and just laying his cards on the table. Client spoke highly about his work managers and how they had supported him but felt it would be best if he left work to concentrate on his mental health, and the health of his partner who was struggling to get out of bed most days.

Is this the perfect end, probably not but it is what is working for them at this moment in time. We will continue to support them both on their journey for as long as they need us. Be that helping with benefits, finances etc. But also, and much more importantly, just by having an listening ear, welcoming place and a friendly smile. This can mean so much more and offer them the type of support that we believe is unique to our charity. And as the client often tells us we were there when he didn't even know he needed us.

Total amount of annual benefits applied and in receipt of was £19,013.12. This excludes council tax rebate and the housing element of universal credit which we did apply for, but amount given is unknown to us.

Case study – Female 62

Summary of Presenting Issues and Client's Background

62 year old female, married, working part-time in the retail sector. Client has worked with same employer for 28 years. Changes to working practices and an unsettled working environment leading to client wishing to consider alternative employment. They desired to know more about using technology and improve digital skills. They were able to commit to attending at various times during the week.

Intervention and Engagement

Client attended a wide range of digital sessions between May and September 2023, they dropped into sessions sometimes 2/3 times per week depending on work commitments. Their development included general computer awareness including scams, phishing, cyber security, internet, email, photos, using QR codes, introduction to word processing and using features of a smartphone. The client was given assistance to create their CV and searching for jobs. Client was able to attend more than one session per week when not working.

Outcomes

Client was recently made redundant due to closure of the retail outlet. Client was confident in job searching due to the training and in applying for jobs, they were successful in being offered several interviews and offered jobs. Within a couple of weeks of redundancy client was able to secure employment which utilises her new computer skills and is exactly what she was looking for. Client's confidence using digital equipment was much improved.

Who do we work alongside?

It is important to acknowledge the work that is undertaken in Darlington by a range of charities who all help to support our work with vulnerable people and provide fantastic services themselves. First Stop works well in partnership, and has links with the following agencies:

- Citizens Advice
- TV & D YMCA
- Darlington Mind
- St Augustine's SVP Group
- We Are With You
- Age UK
- Tandem
- DBC Housing Department
- DWP
- Darlington Refuge
- St Mary's Food bank
- Additional Food Banks
- 700 Club
- Darlington Credit Union
- Human Kind
- Learning & Skills Council
- Kings Church

Outreach in the Community

We support St Mary's Foodbank with our IAG and support service; Firth Moor Community Centre and Quakers Meeting House with IT courses during the year. We also attended The Bread & Butter sessions to ensure their attendees know what help and support they can access at First Stop.

We also attended numerous one off events to spread awareness of our services, such as Job Fairs, Volunteer Fairs etc.

Darlington Connect

We continue to be part of a new connection of charities within the town and we support the manning of the Darlington Connect Building in the Town Centre on Wednesday mornings. Plans are afoot this year to provide one or two courses from these premises too, due to their accessibility for those who have additional needs.

How do we assess outcomes and impacts?

As a Board, we strive to monitor the impact our work has on the lives of our clients. Due to the complex nature of the support offered to individuals with complex problems, this is never easy. Our staff use various techniques to measure how successful their outcomes have been. Outreach clinic sessions and time spent on one to one meetings can be listed but ultimately success will only be measured by the individuals' own stories: those who are able to manage their own finances, those whose self-confidence has grown so that they can look for work, those who are successful in finding and holding down a job, and those who manage to find long term security of housing.

The Board continues to investigate ways of assessing the effectiveness of our methods of delivery and co-operate with the CEO in exploring ways of developing the services offered. All our grant work is collated through our Inform Database and is reported to each funder on the successes and the difficulties that people face in their lives.

We are grateful to our clients for the feedback they supply to the support workers so that we can have an indicator of how the client feels about the support he or she has been offered.

We also value the feedback we receive from our funders and partners, analysis of which helps us improve our offers of support, improve our bid writing skills and ensure we are giving our funders what they need to develop their interaction with the charity and the support they provide.

Staffing Support and Appraisal

Staff are offered regular support and an open-door policy by the CEO; they have opportunities to talk about their work and progress both formally and informally and to also have input and ideas into the running of our services and how they develop. FSD is fortunate to have had minimal staffing restructures for downsizing purposes and we are blessed with a staff team who have been a crucial part of our charity for some years. We do enjoy the energy that new people bring and always welcome new team members when funding allows.

First Stop Thanks

Trustees

This year we have said a very fond farewell to Alan Coultas, who is a founding member of First Stop and remained on the Board for 25 years. Alan has dedicated much of his life to many charities within the town always leaving them in a strong, healthy position and all the better with his input but First Stop has held a special place for him and we have flourished with his involvement.

We are indeed sad to see Alan go but happy for his wife, Ann, who now gets to spend more time enjoying their retirement together. We also know that Alan is always just a phone call away and enjoys a catch up and a healthy discussion about our strategy as we move forward in our complicated and difficult economy and political landscape.

We have also said goodbye to Maire Kennan who resigned at the end of the financial year. Maire has been a Trustee for 6 years and has helped guide the organisation towards its current position, helping navigate the charity through Covid, keeping a keen eye on our Risk Register and ensuring Governance and Safety were foremost in mind, alongside supporting fundraising events and a cold sleepout event too.

Staff

The Trustees of First Stop wish to pay tribute to the dedication and hard work of all members of staff and volunteers who ensured those who need our services and help were able to access support throughout the year. They work with dedication, professionalism, compassion and their wonderful sense of humour, putting everyone at ease as soon as they meet us.

Financial Review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves Policy

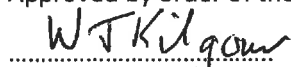
The Trustees have examined the charity's requirements for reserves considering the main risks to the organisation. It has established a policy that the Charity's unrestricted funds, not committed or invested in tangible fixed assets and that are cash-backed, should be adequate to cover foreseeable shortfalls in income for a sufficient period to enable the Trustees to take corrective action. At 31 March 2024, the Trustees have calculated the reserves level required to be £130,000 in light of the level of project expenditure planned in 2024/25, ensuring we have 6 months reserves. The management committee will continue to keep this policy, and the reserves level under review. **At 31 March 2024 the actual level of free reserves is £66,640 equalling 4 months reserves. (2023: £64,897).**

C. Financial Review

The Statement of Financial Activities on pages 14 and the Balance Sheet on pages 15 - 16 show a healthy financial position, the main features of which are:

Unrestricted reserves of £232,904 Which included the building. Restricted reserves of £nil.

Approved by order of the board of trustees on 16 July 2024 and signed on its behalf by:



William John Kilgour - Trustee

Independent Examiner's Report to the Trustees of
First Stop Darlington

Independent examiner's report to the trustees of First Stop Darlington ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



L Harris Bsc (Hons), FCCA

Mitchell Gordon LLP
43 Coniscliffe Road
Darlington
Co. Durham
DL3 7EH

16 July 2024

FIRST STOP DARLINGTON

Statement of Financial Activities **for the Year Ended 31 March 2024**

| | Notes | Unrestricted funds £ | Restricted funds £ | 31/3/24 Total funds £ | 31/3/23 Total funds £ |
|------------------------------------|-------|----------------------------|--------------------------|--------------------------------|--------------------------------|
| Income and endowments from | | | | | |
| Donations and legacies | | 8,912 | 5,000 | 13,912 | 3,309 |
| Charitable activities | | | | | |
| Charitable activities | | - | 218,750 | 218,750 | 184,975 |
| Other trading activities | 3 | 28,283 | - | 28,283 | 7,420 |
| Investment income | 4 | <u>2,426</u> | <u>-</u> | <u>2,426</u> | <u>640</u> |
| Total | | <u>39,621</u> | <u>223,750</u> | <u>263,371</u> | <u>196,344</u> |
| Expenditure on | | | | | |
| Raising funds | | 532 | - | 532 | 1,064 |
| Charitable activities | | | | | |
| General activities | | 38,273 | - | 38,273 | 34,038 |
| Charitable activities | | <u>187</u> | <u>223,562</u> | <u>223,749</u> | <u>183,975</u> |
| Total | | <u>38,992</u> | <u>223,562</u> | <u>262,554</u> | <u>219,077</u> |
| Net gains/(losses) on investments | | <u>(1)</u> | <u>-</u> | <u>(1)</u> | <u>-</u> |
| NET INCOME/(EXPENDITURE) | | 628 | 188 | 816 | (22,733) |
| Reconciliation of funds | | | | | |
| Total funds brought forward | | <u>232,277</u> | <u>-</u> | <u>232,277</u> | <u>255,010</u> |
| Total funds carried forward | | <u><u>232,905</u></u> | <u><u>188</u></u> | <u><u>233,093</u></u> | <u><u>232,277</u></u> |

The notes form part of these financial statements

FIRST STOP DARLINGTON

Balance Sheet **31 March 2024**

| | Notes | Unrestricted funds £ | Restricted funds £ | 31/3/24 Total funds £ | 31/3/23 Total funds £ |
|--|-------|----------------------------|--------------------------|--------------------------------|--------------------------------|
| Fixed assets | | | | | |
| Tangible assets | 10 | 167,222 | - | 167,222 | 168,712 |
| Investments | 11 | <u>-</u> | <u>-</u> | <u>-</u> | <u>1</u> |
| | | 167,222 | - | 167,222 | 168,713 |
| Current assets | | | | | |
| Debtors | 12 | 14,074 | - | 14,074 | 11,114 |
| Cash at bank and in hand | | <u>227,517</u> | <u>-</u> | <u>227,517</u> | <u>207,807</u> |
| | | 241,591 | - | 241,591 | 218,921 |
| Creditors | | | | | |
| Amounts falling due within one year | 13 | (112,205) | 189 | (112,016) | (86,572) |
| | | <u>-</u> | <u>-</u> | <u>-</u> | <u>-</u> |
| Net current assets | | <u>129,386</u> | <u>189</u> | <u>129,575</u> | <u>132,349</u> |
| Total assets less current liabilities | | 296,608 | 189 | 296,797 | 301,062 |
| Creditors | | | | | |
| Amounts falling due after more than one year | 14 | (63,704) | - | (63,704) | (68,785) |
| | | <u>-</u> | <u>-</u> | <u>-</u> | <u>-</u> |
| NET ASSETS | | <u>232,904</u> | <u>189</u> | <u>233,093</u> | <u>232,277</u> |
| Funds | 17 | | | | |
| Unrestricted funds | | | | 232,904 | 232,277 |
| Restricted funds | | | | <u>189</u> | <u>-</u> |
| Total funds | | | | <u>233,093</u> | <u>232,277</u> |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

FIRST STOP DARLINGTON

Balance Sheet - continued

31 March 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16 July 2024 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'W J Kilgour', written in a cursive style.

W J Kilgour - Trustee

FIRST STOP DARLINGTON

Notes to the Financial Statements for the Year Ended 31 March 2024

1. STATEMENT OF FUNDS

Unrestricted Funds:

General - The free funds of the charity which are available for the general work of the charity at the discretion of the Trustees.

Restricted Funds:

These funds relate to grants and donations received for specific purposes as follows:

The Ballinger Charitable Trust - 3 year funding of £20,000 from April 2022 - March 2025 funding is for Core services.

The National Lottery Fund - Reaching Communities Fund - A 2-year pilot project from April 2022 - March 2024 for the introduction of a Mental Health Support Worker and the delivery of a Mindset Mentor programme to research the benefits of this approach to people who are stuck and unable to move forward in their lives.

Garfield Weston - 1 year core funding to support the charity to support those who are homeless, at risk of homelessness and those who are marginalised in our community. (July 2022 - June 2023 £25,000).

Additional funding gained - February 2024 - January 2025 for core funding.

Watson Hope Foundation - This is a new foundation that kindly donated £20,000 per year for 3 years (2023-2026) The grant is for core funding and given due to the work and dedication of the charity in supporting people out of their worst circumstances, with opportunities, a gain of confidence and enhance self-belief.

Greggs Foundation -£20,000 November 2023 - 2026 3 year funding towards the strategic and administrative development of the organisation.

Harrison Foundation - November 2023 - October 2024 to provide Digital Inclusion courses to those who do not have IT skills and experience digital exclusion.

Awards4All - £9,469 September 2023 - August 2024 provide activities to support people with their mental wellbeing and activities towards gaining employment skills.

Trusthouse Charitable Foundation - £9,764 November 2023 - October 2024 towards the cost of core service provision - Welfare benefits and financial wellbeing.

1989 Willan Trust - £4,613 November 2023 - October 2024 towards salary cost of Support Worker delivering core services.

Tees Esk & Wear Valley NHS Trust - £9,646 for 1year funding November 2022 - October 2023 to deliver support and activities to those experiencing anxiety, stress and depression in addition to the cost of living crisis.

County Durham Community Foundation - £5,000 core cost funding January 2023 - December 2023 to support the core work of the charity.

The Princes Trust - £4,500 November 2023 - October 2026 3 year funding towards Digital Inclusion promotional and publicity activities.

County Durham Community Foundation - Poverty Hurts Fund - £9,906 January 2023 - December 2023 to provide support to those struggling in the Cost of Living Crisis, providing help and support to maximise the income of the households of the people we are supporting.

NHS - Health Improvement Fund - £17,119 to provide mental health wellbeing services and activities between October 2022 - September 2023 to improve their overall wellbeing and improve their self-confidence and self-worth.

FIRST STOP DARLINGTON

Notes to the Financial Statements - continued **for the Year Ended 31 March 2024**

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value.

Income

All income is recognised in the Statement of Financial Activities once the Charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

~~Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.~~

| | |
|-----------------------|-------------------------------|
| Freehold property | - not provided |
| Fixtures and fittings | - 33% on cost and 20% on cost |
| Computer equipment | - 33% on cost |

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

FIRST STOP DARLINGTON

Notes to the Financial Statements - continued **for the Year Ended 31 March 2024**

3. OTHER TRADING ACTIVITIES

| | 31/3/24 | 31/3/23 |
|---------------------------|---------------|--------------|
| | £ | £ |
| Fundraising events | 14,613 | 4,480 |
| Management charges income | 7,440 | - |
| Room hire | <u>6,230</u> | <u>2,940</u> |
| | <u>28,283</u> | <u>7,420</u> |

4. INVESTMENT INCOME

| | 31/3/24 | 31/3/23 |
|--------------------------|--------------|------------|
| | £ | £ |
| Deposit account interest | <u>2,426</u> | <u>640</u> |

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

| | 31/3/24 | 31/3/23 |
|-----------------------------|--------------|--------------|
| | £ | £ |
| Depreciation - owned assets | <u>1,489</u> | <u>1,260</u> |

6. TRUSTEES' REMUNERATION AND BENEFITS

During the year, no Trustees received any remuneration or other benefits (2023 - £nil).

Trustees' expenses

During the year, no Trustee expenses were incurred (2023 - £nil).

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

| | 31/3/24 | 31/3/23 |
|---------------------|----------|----------|
| | <u>9</u> | <u>7</u> |
| Charitable services | | |

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

| | Unrestricted funds £ | Restricted funds £ | Total funds £ |
|-----------------------------------|-------------------------|-----------------------|------------------|
| Income and endowments from | | | |
| Donations and legacies | 3,309 | - | 3,309 |
| Charitable activities | | | |
| Charitable activities | 3,720 | 181,255 | 184,975 |
| Other trading activities | 7,420 | - | 7,420 |
| Investment income | <u>640</u> | <u>-</u> | <u>640</u> |
| Total | <u>15,089</u> | <u>181,255</u> | <u>196,344</u> |

FIRST STOP DARLINGTON

Notes to the Financial Statements - continued for the Year Ended 31 March 2024

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

| | Unrestricted funds £ | Restricted funds £ | Total funds £ |
|------------------------------------|----------------------------|--------------------------|---------------------|
| Expenditure on | | | |
| Raising funds | 1,064 | - | 1,064 |
| Charitable activities | | | |
| General activities | 34,038 | - | 34,038 |
| Charitable activities | <u>2,720</u> | <u>181,255</u> | <u>183,975</u> |
| Total | <u>37,822</u> | <u>181,255</u> | <u>219,077</u> |
| NET INCOME/(EXPENDITURE) | (22,733) | - | (22,733) |
| Reconciliation of funds | | | |
| Total funds brought forward | 255,010 | - | 255,010 |
| Total funds carried forward | <u>232,277</u> | <u>-</u> | <u>232,277</u> |

9. INDEPENDENT EXAMINER'S REMUNERATION

Fees payable to the Charity's independent examination of the Charity's annual accounts £1,588 (2023: £1,512).

10. TANGIBLE FIXED ASSETS

| | Freehold property £ | Fixtures and fittings £ | Computer equipment £ | Totals £ |
|------------------------|---------------------------|----------------------------------|----------------------------|-----------------|
| COST | | | | |
| At 1 April 2023 | 165,000 | 10,226 | 16,591 | 191,817 |
| Disposals | <u>-</u> | <u>(456)</u> | <u>(12,590)</u> | <u>(13,046)</u> |
| At 31 March 2024 | <u>165,000</u> | <u>9,770</u> | <u>4,001</u> | <u>178,771</u> |
| DEPRECIATION | | | | |
| At 1 April 2023 | - | 9,478 | 13,627 | 23,105 |
| Charge for year | - | 168 | 1,321 | 1,489 |
| Eliminated on disposal | <u>-</u> | <u>(305)</u> | <u>(12,740)</u> | <u>(13,045)</u> |
| At 31 March 2024 | <u>-</u> | <u>9,341</u> | <u>2,208</u> | <u>11,549</u> |
| NET BOOK VALUE | | | | |
| At 31 March 2024 | <u>165,000</u> | <u>429</u> | <u>1,793</u> | <u>167,222</u> |
| At 31 March 2023 | <u>165,000</u> | <u>748</u> | <u>2,964</u> | <u>168,712</u> |

Included in cost or valuation of land and buildings is freehold land of £165,000 (2023 - £165,000) which is not depreciated.

The directors believe that there was no material change in the property value therefore no depreciation has been provided. This is due to the maintenance and upkeep of the building.

FIRST STOP DARLINGTON

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

11. FIXED ASSET INVESTMENTS

There were no investment assets outside the UK.

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 31/3/24 | 31/3/23 |
|--------------------------------|---------------|---------------|
| | £ | £ |
| Trade debtors | 3,804 | 14 |
| Other debtors | 250 | 1,150 |
| Prepayments and accrued income | 815 | - |
| Prepayments | <u>9,205</u> | <u>9,950</u> |
| | <u>14,074</u> | <u>11,114</u> |

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 31/3/24 | 31/3/23 |
|---|----------------|---------------|
| | £ | £ |
| Bank loans and overdrafts (see note 15) | 5,049 | 4,711 |
| Trade creditors | 1,056 | 3,771 |
| Social security and other taxes | 2,779 | 2,569 |
| Pension creditor | 752 | 661 |
| Other creditors | - | 28 |
| Deferred income | 100,333 | 72,866 |
| Accrued expenses | <u>2,047</u> | <u>1,966</u> |
| | <u>112,016</u> | <u>86,572</u> |

14. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

| | 31/3/24 | 31/3/23 |
|--------------------------|---------------|---------------|
| | £ | £ |
| Bank loans (see note 15) | <u>63,704</u> | <u>68,785</u> |

15. LOANS

An analysis of the maturity of loans is given below:

| | 31/3/24 | 31/3/23 |
|---|---------------|---------------|
| | £ | £ |
| Amounts falling due within one year on demand: | | |
| Bank loans | <u>5,049</u> | <u>4,711</u> |
| Amounts falling due between two and five years: | | |
| Bank loans - 1-5 years | <u>23,487</u> | <u>22,266</u> |
| Amounts falling due in more than five years: | | |
| Repayable by instalments: | | |
| Bank loans more than 5 years | 40,217 | 46,519 |

FIRST STOP DARLINGTON

Notes to the Financial Statements - continued **for the Year Ended 31 March 2024**

16. SECURED DEBTS

The following secured debts are included within creditors:

| | 31/3/24 £ | 31/3/23 £ |
|------------|---------------|---------------|
| Bank loans | <u>68,753</u> | <u>73,496</u> |

The above debt is secured against the building owned by the company.

17. MOVEMENT IN FUNDS

| | At 1/4/23 £ | Net movement in funds £ | At 31/3/24 £ |
|---------------------------|----------------|----------------------------------|--------------------|
| Unrestricted funds | | | |
| General fund | 232,277 | 627 | 232,904 |
| Restricted funds | | | |
| Awards for all | - | 189 | 189 |
| TOTAL FUNDS | <u>232,277</u> | <u>816</u> | <u>233,093</u> |

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Gains and losses £ | Movement in funds £ |
|----------------------------------|----------------------------|----------------------------|--------------------------|---------------------------|
| Unrestricted funds | | | | |
| General fund | 39,621 | (38,993) | (1) | 627 |
| Restricted funds | | | | |
| Big Lottery Wellbeing Fund | 81,455 | (81,455) | - | - |
| Ballinger Trust | 20,000 | (20,000) | - | - |
| Watson Hope Fund | 20,000 | (20,000) | - | - |
| 1989 Willen Trust | 1,922 | (1,922) | - | - |
| Awards for all | 4,680 | (4,491) | - | 189 |
| County Durham Community Fund | 7,427 | (7,427) | - | - |
| Garfield Weston Pilotlight Fund | 5,700 | (5,700) | - | - |
| Garfield Weston Foundation | 12,500 | (12,500) | - | - |
| Greggs Foundation | 8,333 | (8,333) | - | - |
| Harrison Foundation | 37,909 | (37,909) | - | - |
| Health Improvement Fund | 8,560 | (8,560) | - | - |
| The Princes Trust | 1,500 | (1,500) | - | - |
| Tees Esk & Wear Valley NHS Trust | 5,627 | (5,627) | - | - |
| Trusthouse Charitable Foundation | 8,137 | (8,137) | - | - |
| | <u>223,750</u> | <u>(223,561)</u> | <u>-</u> | <u>189</u> |
| TOTAL FUNDS | <u>263,371</u> | <u>(262,554)</u> | <u>(1)</u> | <u>816</u> |

FIRST STOP DARLINGTON

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

| | At 1/4/22 £ | Net movement in funds £ | At 31/3/23 £ |
|---------------------------|----------------|----------------------------------|--------------------|
| Unrestricted funds | | | |
| General fund | 255,010 | (22,733) | 232,277 |
| | <hr/> | <hr/> | <hr/> |
| TOTAL FUNDS | <u>255,010</u> | <u>(22,733)</u> | <u>232,277</u> |

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|----------------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 15,089 | (37,822) | (22,733) |
| Restricted funds | | | |
| Big Lottery Wellbeing Fund | 80,197 | (80,197) | - |
| Ballinger Trust | 20,000 | (20,000) | - |
| Watson Hope Fund | 20,001 | (20,001) | - |
| County Durham Community Fund | 5,000 | (5,000) | - |
| Garfield Weston Pilotlight Fund | 618 | (618) | - |
| Garfield Weston Foundation | 16,667 | (16,667) | - |
| Harrison Foundation | 21,049 | (21,049) | - |
| Health Improvement Fund | 8,560 | (8,560) | - |
| Tees Esk & Wear Valley NHS Trust | 6,686 | (6,686) | - |
| CDCF Col Fund | 2,477 | (2,477) | - |
| | <hr/> | <hr/> | <hr/> |
| | 181,255 | (181,255) | - |
| | <hr/> | <hr/> | <hr/> |
| TOTAL FUNDS | <u>196,344</u> | <u>(219,077)</u> | <u>(22,733)</u> |

A current year 12 months and prior year 12 months combined position is as follows:

| | At 1/4/22 £ | Net movement in funds £ | At 31/3/24 £ |
|---------------------------|----------------|----------------------------------|--------------------|
| Unrestricted funds | | | |
| General fund | 255,010 | (22,106) | 232,904 |
| Restricted funds | | | |
| Awards for all | - | 189 | 189 |
| | <hr/> | <hr/> | <hr/> |
| TOTAL FUNDS | <u>255,010</u> | <u>(21,917)</u> | <u>233,093</u> |

FIRST STOP DARLINGTON

Notes to the Financial Statements - continued **for the Year Ended 31 March 2024**

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Gains and losses £ | Movement in funds £ |
|----------------------------------|----------------------------|----------------------------|--------------------------|---------------------------|
| Unrestricted funds | | | | |
| General fund | 54,710 | (76,815) | (1) | (22,106) |
| Restricted funds | | | | |
| Big Lottery Wellbeing Fund | 161,652 | (161,652) | - | - |
| Ballinger Trust | 40,000 | (40,000) | - | - |
| Watson Hope Fund | 40,001 | (40,001) | - | - |
| 1989 Willen Trust | 1,922 | (1,922) | - | - |
| Awards for all | 4,680 | (4,491) | - | 189 |
| County Durham Community Fund | 12,427 | (12,427) | - | - |
| Garfield Weston Pilotlight Fund | 6,318 | (6,318) | - | - |
| Garfield Weston Foundation | 29,167 | (29,167) | - | - |
| Greggs Foundation | 8,333 | (8,333) | - | - |
| Harrison Foundation | 58,958 | (58,958) | - | - |
| Health Improvement Fund | 17,120 | (17,120) | - | - |
| The Princes Trust | 1,500 | (1,500) | - | - |
| Tees Esk & Wear Valley NHS Trust | 12,313 | (12,313) | - | - |
| Trusthouse Charitable Foundation | 8,137 | (8,137) | - | - |
| CDCF Col Fund | <u>2,477</u> | <u>(2,477)</u> | <u>-</u> | <u>-</u> |
| | <u>405,005</u> | <u>(404,816)</u> | <u>-</u> | <u>189</u> |
| TOTAL FUNDS | <u><u>459,715</u></u> | <u><u>(481,631)</u></u> | <u><u>(1)</u></u> | <u><u>(21,917)</u></u> |

18. RELATED PARTY DISCLOSURES

Owing to the nature of the Charity's operations and the composition of the Board of Trustees being drawn from local public and private sector organisations, transactions may take place with organisations in which the Charity has an interest. All transactions involving such organisations are conducted at arm's length.

FIRST STOP DARLINGTON

Detailed Statement of Financial Activities
for the Year Ended 31 March 2024

| | 31/3/24 £ | 31/3/23 £ |
|---|----------------|----------------|
| Income and endowments | | |
| Donations and legacies | | |
| Donations | 10,143 | 3,309 |
| Gift aid | <u>3,769</u> | <u>-</u> |
| | 13,912 | 3,309 |
| Other trading activities | | |
| Fundraising events | 14,613 | 4,480 |
| Management charges income | 7,440 | - |
| Room hire | <u>6,230</u> | <u>2,940</u> |
| | 28,283 | 7,420 |
| Investment income | | |
| Deposit account interest | 2,426 | 640 |
| Charitable activities | | |
| Grants | <u>218,750</u> | <u>184,975</u> |
| Total incoming resources | 263,371 | 196,344 |
| Expenditure | | |
| Raising donations and legacies | | |
| Fundraising expenses | 532 | 1,064 |
| Charitable activities | | |
| Wages | 172,413 | 134,904 |
| Social security | 8,484 | 6,133 |
| Pensions | 3,520 | 2,800 |
| Insurance | 2,200 | 1,525 |
| Light and heat | 3,867 | 2,004 |
| Advertising | 123 | 565 |
| Other fees | 8,635 | 4,508 |
| IT costs | 6,256 | 6,847 |
| Governance costs | 266 | 210 |
| Premises costs | 7,579 | 3,588 |
| Client Welfare | 35,052 | 35,320 |
| Administration costs | 6,139 | 8,573 |
| Other staff costs | 1,370 | 1,245 |
| Training costs | - | 3,600 |
| Fixtures and fittings | 168 | 242 |
| Computer equipment | 1,321 | 1,019 |
| Mortgage | <u>4,629</u> | <u>4,930</u> |
| | <u>262,022</u> | <u>218,013</u> |
| Total resources expended | <u>262,554</u> | <u>219,077</u> |
| Net income/(expenditure) before gains and losses | 817 | (22,733) |

This page does not form part of the statutory financial statements

FIRST STOP DARLINGTON

Detailed Statement of Financial Activities
for the Year Ended 31 March 2024

| | 31/3/24 £ | 31/3/23 £ |
|--|-------------------|------------------------|
| Realised recognised gains and losses | | |
| Realised gains/(losses) on fixed asset investments | <u>(1)</u> | <u>-</u> |
| Net income/(expenditure) | <u><u>816</u></u> | <u><u>(22,733)</u></u> |