

REGISTERED COMPANY NUMBER: 03630284 (England and Wales)
REGISTERED CHARITY NUMBER: 1073596

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021
FOR
CONWY MIND**

**Williams Denton Cyf
Chartered Certified Accountants
13 Trinity Square
Llandudno
United Kingdom
CONWY
LL30 2RB**

CONWY MIND

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FOR THE YEAR ENDED 31 MARCH 2021**

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Conwy Mind moved location from Trinity Square to the Business Park in Abergele enabling the sale of the Trinity Square property. The decision to sell was made at the end of the last financial year. The entire property was in a very bad state of repair requiring major structural repairs and remodelling to make it fit for purpose. The expense of conducting these works would have been prohibitive. The Board agreed moving to a modern, serviced office would be preferable, providing a safe working space allowing social distancing at this time of restraint. This is more environmentally friendly option with a lower carbon footprint. The funds released through the sale of the building will be used to ensure services will continue to be delivered, even in the event of funding ending. Funds released will be invested to ensure a regular income for the charity and as a safeguard for the future of delivery of services.

The Board of Trustees meet bimonthly and follow a set agenda, occasionally having input from staff delivering services, fundraising and business development as well as advisors from Central Mind. Responsible for Governance and strategic direction, it also reviews the financial situation, service provision and delivery. These meetings are minuted and presented to the Board of Trustees for approval prior to the next meeting.

The Board have a Governance subcommittee which meets monthly to regularly review and update all policies and procedures as part of our Mind Quality Mark (MQM) process. The MQM standard is endorsed by the Charity Commission and is an ongoing process. The Board also have a Finance subcommittee meeting monthly to regularly review financial policies and procedures. The subcommittee scrutinise the financial situation and make recommendations to the Board when necessary and relevant to do so.

The charity will ensure that its recruitment and selection procedures of Staff and Trustees follow the equality and diversity policy. Two references will be taken up from all successful candidates prior to any formal offer, where appropriate referees will be asked to comment on the applicant's suitability for the role. Where relevant to the post, the successful applicant will be asked to agree to a DBS (Disclosure Barring Scheme), enhanced when deemed necessary for the role. Disclosures will be requested prior to the applicant taking up post.

Induction for the new trustees, staff and volunteers includes information on all policies and procedures and on-going training is provided. All staff and volunteers have a designated supervisor who provides appropriate ongoing support and supervision.

Conwy Mind recruits volunteers to assist in the smooth running of services and offers them a robust, accredited training programme, giving them the skills required to perform their role. Over the last year during the epidemic, volunteers have not been engaged as services have generally taken place over the phone or via Zoom. Volunteer recruitment has been reopened to a range of different roles.

CONWY MIND

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

OBJECTIVES AND ACTIVITIES

Objectives and aims

Conwy Mind is affiliated to the national organisation of Mind and incorporates the national aims and objectives in its constitution. Conwy Mind fully subscribes to, and supports, the mission and strategy of national Mind. We aim to promote and work towards this mission and vision in our own community of Conwy County and North Wales recognising that there are specific cultural and regional needs. In order to reflect this, Conwy Mind has committed to our own mission, vision and objectives.

The trustees confirm that they have referred to the guidance in the Charity Commission's guidance on public benefit when reviewing the aims and objectives of Conwy Mind and in planning future activities.

Our Vision in Conwy Mind is of a society where everyone experiencing mental health needs and emotional problems receive both support and respect, and are accepted and included without fear of stigma and discrimination.

Our Purpose is to provide appropriate person-centred advice, guidance, and support, to empower people who experience mental health and emotional problems. We believe that everyone should have the right and opportunity to access comprehensive services that will enable them to improve and reach their full potential. This includes access to services and responses in both Welsh & English.

We campaign to improve services, raise awareness and promote understanding.

Significant activities

- **Staying well** - To support people who experience, or who may develop mental health problems, to stay well.
- **Empowering choice** - To enable people, who experience a mental health problem, to make informed choices about how they live; and their recovery.
- **Improving services and support** - To help people get the right service, at the right time and in the right place, enabling them to live with their mental health problem and improve their situation.
- **Enabling Social Participation** - To 'open doors' for people with experience of mental health problems, to help them participate as fully as possible, in their family and communities.
This implies delivering services in both Welsh and English.
- **Removing Inequality of opportunity** - To bring equality of treatment for people who experience mental ill health prejudice and other forms of discrimination, including for Welsh speakers.
- **Organisational excellence** - To make the most of our charity's assets, by building a culture of compassion, cooperation efficiency and effectiveness.

Our Values - are at the heart of everything we do, we are:

- **Open** - We reach out to people who need us;
- **Together** - We're stronger when we work within partnerships;
- **Responsive** - We listen, we act.
- **Independent** - We speak out, on behalf of those we serve,
- **Unstoppable** - We mean to stay financially solvent and relevant to those we serve, so that we never have to give up improving what we do and how we do it.

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those people we are set up to help. The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

ACHIEVEMENT AND PERFORMANCE

In the 12 months to 31st March 2021, Conwy Mind received 1649 referrals from people looking to access support. 1446 individuals received a direct service from Conwy Mind. On average, service users access 12 weeks of support at Conwy Mind, though this average varies between the services offered.

ICan Community Hub

The ICan Community Hub is a BCHUB funded project, the hub was initially set up in Llandudno in February 2020. In March 2020, the Hub became virtual due to the Covid-19 pandemic, providing the one-stop shop for mental health needs through online and telephone services. It provides information and signposting, and one to one support for service users. 868 people have been referred and 748 supported through the ICan Community Hub from April 2020 to March 2021. The Hub is currently funded until March 2022, with discussions currently taking place about continuation funding.

Talking Therapies Hub

Over the year, from April 2020, Conwy Mind extended the Talking Therapies offer to include:

- Parabl
- Active Monitoring
- Conwy Mind counselling service
- Online Serenity CBT

Parabl

Since 2013, Conwy Mind has been a partner in the delivery of the Parabl Talking Therapies, in partnership with lead partner CAIS. The contract service received 213 referrals for one to one counselling, Coping with Life and Mindfulness courses, and Parabl online Serenity CBT course.

The contract is due to end in September 2021, though this is likely to be extended whilst a legacy contract is developed by BCUHB.

Active Monitoring

Active Monitoring is an early intervention service offered over six week guided self help course, to help with any of the follow:, anxiety, depression, self esteem, and feeling alone. Conwy Mind began delivery of Active Monitoring as part of a joint delivery across local Minds in Wales, funded by WCVA in June 2020. In addition to WCVA funding, we have been successful in securing a contract for the GP East Cluster in Conwy County. 323 referrals have been received for Active Monitoring from April 2020 to March 2021.

Conwy Mind Counselling Service

At the beginning of the pandemic, Conwy Mind applied for emergency funding to increase the counselling offer as there was a long waiting list for Parabl services. We successfully funded 6 months of counselling services through the Steve Morgan Foundation Covid-19 response fund, followed by funding from Community Foundation Wales and Moondance Foundation, to continue the service. We delivered 6 weeks of counselling to 182 people between April 2020 and March 2021. The service received 245 referrals, with people being placed on a waiting list to receive the service.

Online CBT

In addition to the online Serenity CBT course offered through the Parabl contract, we have offered a shorter Serenity CBT course to service users. 36 people were supported to access Serenity CBT from April 2020 to March 2021.

Training Hub

As part of the development of the 5 Year Business Plan in June 2020, Conwy Mind developed an external training programme for businesses and organisations, offering a range of mental health and wellbeing courses at a cost as part of the plan to increase income generation to support the sustainability of Conwy Mind. 34 people attended external training sessions from August 2020 (when the Training Hub was established) to March 2021.

Training courses for service users and volunteers were also developed, alongside the external training. 15 people, including young people, attended training sessions from August 2020 to March 2021.

Volunteers

CONWY MIND

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

Throughout the covid-19 pandemic, due to the restrictions, we have only been able to offer opportunities in volunteering in a home-based capacity. We recruited 3 student counsellor volunteers in October 2020 to start delivering counselling in March 2021.

FINANCIAL REVIEW

Financial position

The total income received for the period was £493k, which is an increase on last year by £30k. This increase takes in account changes to the grants and contracts secured, with increased capacity in the organisation for applications due to the appointment of the Business Development Manager in March 2020. The 5 Year Business Plan was developed to include a financial plan for expansion and changes and an annual funding strategy is now developed.

One member of staff was made redundant following a staff restructure which was part of the development of the 5 Year Business Plan. This was due to the Day Services delivery having to close due to the ongoing pandemic and associated restrictions. There were 10 new staff posts created between April 2020 and March 2021, funded through new grants and contracts. 6 staff were retained from the previous year and one member of staff resigned to move onto another role.

There were grants received from BCUHB, Lloyds Foundation and Mind Peer Support grant as part of multi-year grant awards. New grant funding was received from WCVA, Steve Morgan Foundation, Community Foundation Wales, Awards for All, Moondance Foundation and national Mind (Influence and Participation, My Generation. And IT grant funds).

We received continued contract funding from BCUHB for ICan Community Hub and our part of the Parabl contract.

Reserves policy

At year end the unrestricted reserves for Conwy Mind were £275k with total funds of £674k

These unrestricted reserves are in keeping with the reserves policy, which states that reserves are between 3 to 6 months of running costs for the organisation. The Trustees have considered this as adequate to cover any changes to the organisation, taking into consideration increase in staff levels, covid 19 and the development of the 5-year Business Plan.

The affect of the Covid-19 Pandemic on Conwy Mind

In mid-March 2020, Conwy Mind closed the doors to face-to-face services due to the Covid-19 pandemic, as the lockdown restrictions meant staff had to work from home and the offices were closed to all for several months. Services have continued to be delivered online and by telephone since the start of the pandemic.

Staff members have returned to some office-based working (mixed with home-working), initially in September 2020 as some restrictions were lifted, though home working was again put into effect during the circuit breaker lockdown in November 2020 and the longer lockdown of January 2021 to May 2021. Conwy Mind continue to be vigilant in Covid-19 precautions, creating a Covid-19 Policy and procedures to which all staff members, Trustees, volunteers and visitors must adhere. Numbers of people in the office are kept to a minimum at all times, the premises are well ventilated, social distancing markers are throughout the office environment, staff and volunteers are advised to regularly undertake covid tests, and a record of temperatures is kept for everyone entering the office.

There has been a reduction in donations and fundraising due to the pandemic and income generation has potentially been affected by the pandemic, with targets not met for external training income generation and little interest to date in paid-for counselling services.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

FUTURE PLANS

Throughout the past 12 months, we have achieved phase 1 of the 5 Year Business Plan, developing the Community, Talking Therapies and Training Hubs and beginning to work towards phase 2 plans of developing services for families and young people by appointing a Family Worker and offering Mum's Matter.

Phase 2 of the business plan will focus on developing a range of services suitable for those aged 11 years and over, with the development of funding applications to support this work. There will also be the development of peer support groups, as outlined in the Business Plan. Services will be developed in the community, with new venues sought and mobile Hubs created, once covid-19 restrictions are eased.

A new website will be developed and a Marketing and Engagement Officer appointed to co-ordinate and develop marketing and publicity to better reach potential service users across the county.

The Management Team and Trustees will continue to focus on developing quality systems, ensuring all policies and procedures are up-to-date and effective, improving HR systems, continuing improvements to monitoring and evaluation and improvements to premises.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03630284 (England and Wales)

Registered Charity number

1073596

Registered office

Unit 5325
First Floor
North Wales Business Park
Abergele
CONWY
LL22 8LJ

Trustees

Mrs J Baldini Retired
Mr R G Holden Retired Nhs Manager
Mrs J A Horsnell Unemployed (appointed 20.7.21) (resigned 1.9.20)
Mrs J A Horsnell Unemployed (appointed 20.7.21) (resigned 1.9.20)
Mrs M Rastall Retired (resigned 1.9.20)
Mr O F Traynor Director (resigned 1.8.20)
Ms C Cunningham Retired
Dr C Hinds Self Employed Clinical Psychologist, DBT
Mrs M James HR Consultant (resigned 9.12.20)

Company Secretary

Mrs D Roberts

CONWY MIND

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Williams Denton Cyf
Chartered Certified Accountants
13 Trinity Square
Llandudno
United Kingdom
CONWY
LL30 2RB

Approved by order of the board of trustees on and signed on its behalf by:

..... *Baldini* 18.11.21
Trustee

..... *Chapman* 18.11.21

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CONWY MIND**

Independent examiner's report to the trustees of Conwy Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.


Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



MARTIN STEVEN BARRETT
ACCA
Williams Denton Cyf
Chartered Certified Accountants
13 Trinity Square
Llandudno
United Kingdom
CONWY
LL30 2RB

Date: 19/11/21

CONWY MIND

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		185,131	319,168	504,299	454,950
Other trading activities	2	7,500	-	7,500	-
Investment income	3	1,506	-	1,506	188
Other income		5,510	-	5,510	7,849
Total		199,647	319,168	518,815	462,987
EXPENDITURE ON					
Raising funds		1,490	1,980	3,470	964
Charitable activities					
Active Inclusion		-	-	-	101,264
Agor		-	54,086	54,086	55,191
Recovery Compass		-	479	479	-
Lloyds Bank		25,420	-	25,420	11,676
Conwy Mind		-	5,500	5,500	93,061
ICAN Conwy		-	128,819	128,819	29,929
My Generation (Mind)		-	1,035	1,035	2,392
N W Peer Support		-	12,083	12,083	66,875
Parabl		-	62,832	62,832	-
BCUHB		65,092	-	65,092	-
Active Monitoring Programme		-	27,042	27,042	-
Active Monitoring GP Conwy Cluster		-	20,039	20,039	-
Community Foundation Wales		-	6,173	6,173	-
Steve Morgan Foundation		-	13,880	13,880	-
Conwy Council Mental Health Family Worker		-	4,999	4,999	-
Head Office		23,104	-	23,104	1,211
Legacy		12,995	-	12,995	-
Community Fund Training		-	9,765	9,765	-
External Training		1,235	-	1,235	-
Total		129,336	348,712	478,048	362,563
NET INCOME/(EXPENDITURE)		70,311	(29,544)	40,767	100,424
Transfers between funds	12	1	(1)	-	-
Net movement in funds		70,312	(29,545)	40,767	100,424
RECONCILIATION OF FUNDS					
Total funds brought forward		205,580	428,301	633,881	533,457
TOTAL FUNDS CARRIED FORWARD		275,892	398,756	674,648	633,881

The notes form part of these financial statements

CONWY MIND

BALANCE SHEET
31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	8	3,093	363,757	366,850	396,681
CURRENT ASSETS					
Debtors	9	9,253	47,766	57,019	102,682
Cash at bank		258,768	78,543	337,311	161,893
		<u>268,021</u>	<u>126,309</u>	<u>394,330</u>	<u>264,575</u>
CREDITORS					
Amounts falling due within one year	10	4,778	(91,310)	(86,532)	(27,375)
NET CURRENT ASSETS		<u>272,799</u>	<u>34,999</u>	<u>307,798</u>	<u>237,200</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>275,892</u>	<u>398,756</u>	<u>674,648</u>	<u>633,881</u>
NET ASSETS		<u>275,892</u>	<u>398,756</u>	<u>674,648</u>	<u>633,881</u>
FUNDS	12				
Unrestricted funds				275,892	205,580
Restricted funds				<u>398,756</u>	<u>428,301</u>
TOTAL FUNDS				<u>674,648</u>	<u>633,881</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

CONWY MIND

BALANCE SHEET - continued
31 MARCH 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

..... *Baldini* 18.11.21
Trustee

CH Cyfnew 18.11.21

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 5% on reducing balance
Improvements to property	- 5% on reducing balance
Plant and machinery	- 20% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Training Income	7,500	-
	<u>7,500</u>	<u>-</u>

CONWY MIND**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021****3. INVESTMENT INCOME**

	2021	2020
	£	£
Deposit account interest	<u>1,506</u>	<u>188</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	<u>29,831</u>	<u>30,025</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were trustees expenses paid for the year ended 31 March 2021 of £43.17 (2020 - £1,977.60)

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
	10	9
Direct Charitable Administration	<u>1</u>	<u>1</u>
	<u>11</u>	<u>10</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	191,670	263,280	454,950
Investment income	188	-	188
Other income	<u>7,849</u>	<u>-</u>	<u>7,849</u>
Total	<u>199,707</u>	<u>263,280</u>	<u>462,987</u>
EXPENDITURE ON			
Raising funds	964	-	964
Charitable activities			
Active Inclusion	-	101,264	101,264

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Agor	-	55,191	55,191
Lloyds Bank	11,676	-	11,676
Conwy Mind	90,875	2,186	93,061
ICAN Conwy	-	29,929	29,929
My Generation (Mind)	-	2,392	2,392
N W Peer Support	-	66,875	66,875
Head Office	-	1,211	1,211
Total	103,515	259,048	362,563
NET INCOME	96,192	4,232	100,424
Transfers between funds	(2,196)	2,196	-
Net movement in funds	93,996	6,428	100,424
RECONCILIATION OF FUNDS			
Total funds brought forward	111,584	421,873	533,457
TOTAL FUNDS CARRIED FORWARD	205,580	428,301	633,881

8. TANGIBLE FIXED ASSETS

	Freehold property £	Improvements to property £	Plant and machinery £	Totals £
COST				
At 1 April 2020 and 31 March 2021	201,460	261,797	157,079	620,336
DEPRECIATION				
At 1 April 2020	98,605	24,887	100,163	223,655
Charge for year	10,073	13,090	6,668	29,831
At 31 March 2021	108,678	37,977	106,831	253,486
NET BOOK VALUE				
At 31 March 2021	92,782	223,820	50,248	366,850
At 31 March 2020	102,855	236,910	56,916	396,681

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade debtors	47,766	39,928
Amounts owed by group undertakings	-	61,728
Prepayments	9,253	1,026
	<u>57,019</u>	<u>102,682</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Bank loans and overdrafts (see note 11)	24,698	14,754
Trade creditors	5,854	5,803
Social security and other taxes	-	2,980
Pension	1,843	884
Accruals and deferred income	54,137	-
Accrued expenses	-	2,954
	<u>86,532</u>	<u>27,375</u>

11. LOANS

An analysis of the maturity of loans is given below:

	2021	2020
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>24,698</u>	<u>14,754</u>

CONWY MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

12. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
Fundraising and Donations	-	8,901	(8,901)	-
Head Office	205,580	(16,400)	86,712	275,892
Lloyds Bank Foundation	-	(460)	460	-
External Training	-	6,265	(6,265)	-
Legacy	-	72,005	(72,005)	-
	<u>205,580</u>	<u>70,311</u>	<u>1</u>	<u>275,892</u>
Restricted funds				
Agor	393,145	(54,086)	-	339,059
ICAN Conwy	23,398	(9,373)	-	14,025
N W Peer Support	9,578	(9,577)	(1)	-
Recovery Compass	2,180	(2,180)	-	-
Recovery College	-	45,672	-	45,672
	<u>428,301</u>	<u>(29,544)</u>	<u>(1)</u>	<u>398,756</u>
TOTAL FUNDS	<u>633,881</u>	<u>40,767</u>	<u>-</u>	<u>674,648</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Fundraising and Donations	9,319	(418)	8,901
Head Office	7,776	(24,176)	(16,400)
BCUHB	65,092	(65,092)	-
Lloyds Bank Foundation	24,960	(25,420)	(460)
External Training	7,500	(1,235)	6,265
Legacy	85,000	(12,995)	72,005
	<u>199,647</u>	<u>(129,336)</u>	<u>70,311</u>
Restricted funds			
Active Monitoring Programme	28,342	(28,342)	-
Agor	-	(54,086)	(54,086)
Community Fund Training	9,765	(9,765)	-
ICAN Conwy	119,576	(128,949)	(9,373)
Mind - IT Upgrade	5,500	(5,500)	-
My Generation (Mind)	1,035	(1,035)	-
N W Peer Support	2,506	(12,083)	(9,577)
Parabl Talking Therapies	62,832	(62,832)	-
Recovery Compass	(1,701)	(479)	(2,180)
Community Foundation Wales	6,173	(6,173)	-
Steve Morgan Foundation	14,430	(14,430)	-
Active Monitoring GP Conwy Cluster	20,039	(20,039)	-
Recovery College	45,672	-	45,672
Conwy Council Mental Health Family Worker	4,999	(4,999)	-
	<u>319,168</u>	<u>(348,712)</u>	<u>(29,544)</u>
TOTAL FUNDS	<u><u>518,815</u></u>	<u><u>(478,048)</u></u>	<u><u>40,767</u></u>

CONWY MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
Head Office	111,584	96,192	(2,196)	205,580
Restricted funds				
Active Inclusion 024041	-	(1)	1	-
Agor	421,873	(28,728)	-	393,145
ICAN Conwy	-	23,398	-	23,398
My Generation (Mind)	-	(1)	1	-
N W Peer Support	-	9,578	-	9,578
Parabl Talking Therapies	-	(2,193)	2,193	-
Recovery Compass	-	2,180	-	2,180
Active Inclusion 024220	-	(1)	1	-
	<u>421,873</u>	<u>4,232</u>	<u>2,196</u>	<u>428,301</u>
TOTAL FUNDS	<u>533,457</u>	<u>100,424</u>	<u>-</u>	<u>633,881</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Head Office	199,707	(103,515)	96,192
Restricted funds			
Active Inclusion 024041	42,668	(42,669)	(1)
Active Inclusion 024134	52,484	(52,484)	-
Agor	-	(28,728)	(28,728)
ICAN Conwy	50,682	(27,284)	23,398
My Generation (Mind)	5,000	(5,001)	(1)
N W Peer Support	11,800	(2,222)	9,578
Parabl Talking Therapies	64,682	(66,875)	(2,193)
Recovery Compass	28,642	(26,462)	2,180
Active Inclusion 024220	7,322	(7,323)	(1)
	<u>263,280</u>	<u>(259,048)</u>	<u>4,232</u>
TOTAL FUNDS	<u>462,987</u>	<u>(362,563)</u>	<u>100,424</u>

CONWY MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
Fundraising and Donations	-	8,901	(8,901)	-
Head Office	111,584	79,792	84,516	275,892
Lloyds Bank Foundation	-	(460)	460	-
External Training	-	6,265	(6,265)	-
Legacy	-	72,005	(72,005)	-
	111,584	166,503	(2,195)	275,892
Restricted funds				
Active Inclusion 024041	-	(1)	1	-
Agor	421,873	(82,814)	-	339,059
ICAN Conwy	-	14,025	-	14,025
My Generation (Mind)	-	(1)	1	-
N W Peer Support	-	1	(1)	-
Parabl Talking Therapies	-	(2,193)	2,193	-
Active Inclusion 024220	-	(1)	1	-
Recovery College	-	45,672	-	45,672
	421,873	(25,312)	2,195	398,756
TOTAL FUNDS	533,457	141,191	-	674,648

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Fundraising and Donations	9,319	(418)	8,901
Head Office	207,483	(127,691)	79,792
BCUHB	65,092	(65,092)	-
Lloyds Bank Foundation	24,960	(25,420)	(460)
External Training	7,500	(1,235)	6,265
Legacy	85,000	(12,995)	72,005
	<u>399,354</u>	<u>(232,851)</u>	<u>166,503</u>
Restricted funds			
Active Inclusion 024041	42,668	(42,669)	(1)
Active Inclusion 024134	52,484	(52,484)	-
Active Monitoring Programme	28,342	(28,342)	-
Agor	-	(82,814)	(82,814)
Community Fund Training	9,765	(9,765)	-
ICAN Conwy	170,258	(156,233)	14,025
Mind - IT Upgrade	5,500	(5,500)	-
My Generation (Mind)	6,035	(6,036)	(1)
N W Peer Support	14,306	(14,305)	1
Parabl Talking Therapies	127,514	(129,707)	(2,193)
Recovery Compass	26,941	(26,941)	-
Active Inclusion 024220	7,322	(7,323)	(1)
Community Foundation Wales	6,173	(6,173)	-
Steve Morgan Foundation	14,430	(14,430)	-
Active Monitoring GP Conwy Cluster	20,039	(20,039)	-
Recovery College	45,672	-	45,672
Conwy Council Mental Health Family Worker	4,999	(4,999)	-
	<u>582,448</u>	<u>(607,760)</u>	<u>(25,312)</u>
TOTAL FUNDS	<u>981,802</u>	<u>(840,611)</u>	<u>141,191</u>

CONWY MIND

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

13. RELATED PARTY DISCLOSURES

Agor:Open (Company Limited by Guarantee) (Company Number 09098333) was incorporated on 23 June 2014. Agor:Open is a wholly controlled subsidiary of Conwy Mind.

During the year to 31 March 2021 Conwy Mind paid expenses of £1,200 on behalf of Agor:Open.

During the year to 31 March 2021 Agor:Open transferred £62,928 to Conwy Mind.

During the year to 31 March 2021 a balance of £25,028 owing from Agor:Open to Conwy Mind was written off.

At 31 March 2021, Agor:Open owed Conwy Mind £nil (2020 - £61,728)