

**Carers Lewisham**  
**Annual Report and Financial Statements**  
**Year Ended 31st March 2023**

Charity registration number: 1073592  
Company registration number: 03681548

## **Carers Lewisham**

### **Annual Report and Financial Statements**

**Year Ended 31<sup>st</sup> March 2023**

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## **Carers Lewisham**

### **Charity Reference and Administrative Details**

**Year Ended 31<sup>st</sup> March 2023**

<b>Trustees</b>	V Fulcher N Hervey J Riley (appointed on 18 January 2019) R Jones (appointed on 1 Nov 2023) T Spilsbury (appointed on 1 Jan 2024) T Clark (appointed on 7 Feb 2024)
<b>Charity registration number</b>	1073592
<b>Company registration number</b>	03681548
<b>Chief Executive</b>	T Spilsbury
<b>Registered office</b>	Lewisham Carers Centre Waldram Place Forest Hill London SE23 2LB
<b>Auditor</b>	Azets Audit Services Gladstone House 77-79 High Street Egham Surrey TW20 9HY

## **Carers Lewisham**

### **Trustees' Annual Report**

#### **Year Ended 31st March 2023**

The Trustees present their report and the audited financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

This report serves the purposes of both a Trustees' report and directors' report under company law.

#### **Trustees of the charity**

The directors of the charitable company are its trustees for the purposes of charity law. The trustees who have served during the year and since the year end were as follows:

V Fulcher  
N Hervey  
J Cook (resigned on 1 Apr 2024)  
D D'Elia (resigned on 1 Apr 2024)  
J Riley (appointed on 18 Jan 2019)  
R Jones (appointed on 1 Nov 2023)  
T Spilsbury (appointed on 1 Jan 2024)  
T Clark (appointed on 7 Feb 2024)

#### **Objectives and activities**

##### **Objectives**

The objects of the charity (the "Objects") are:-

i) To alleviate the conditions of life amongst people who are caring for who have cared or elderly, sick, disabled, handicapped or otherwise infirm persons at home hereinafter called "Carers" and who are in necessitous circumstances and of dependents of Carers being dependents who are themselves in necessitous circumstances.

ii) To relieve and alleviate and to advance, promote, encourage and assist in the relief or alleviation of all kinds of mental and physical infirmity, sickness, disablement or handicap including mental illness attributable to caring amongst Carers and those persons for whom they are caring.

iii) To advance education concerning caring amongst Carers and the public.

Providing that Carers or those persons for whom Carers are caring reside or work in the London Borough of Lewisham.

In setting these objectives, the Trustees have had due regard to public benefit guidance published by the Charity Commission, in accordance with their duty under section 17 of the Charities Act 2011.

The charity seeks to meet these charitable objectives through the following:

- Provide advice, information, counselling, advocacy and support to anyone with current or recent caring responsibilities in the London Borough of Lewisham;
- Raise public and professional awareness of carers and their needs;
- Encourage and facilitate carers to define their own service needs and to enable carers' views to be put before service providers and policy makers;
- Initiate service developments to respond to carers' needs; and
- Provide advice, information and training to professionals who work with carers in Lewisham.

## **Carers Lewisham**

### **Trustees' Annual Report**

#### **Year Ended 31st March 2023**

#### **Objectives and activities (continued)**

##### **Objectives (continued)**

As of June 10th 2019 the charity's Board of Trustees voted to a change of control and become a wholly owned subsidiary of Your Voice in Health and Social Care (YVHSC). Your Voice in Health and Social Care had successfully bid for the adult services contract and is a charitable organisation similar to the charity. Both organisations' aims and objectives are comparable to not require amendment under the change of control agreement and agreement by the Charity Commission. The agreement provides financial stability for the charity and adds value to the organisations as a whole. The Carers Lewisham Board becomes a Committee of Your Voice in Health and Social Care providing advice and strategic guidance while all aspects of governance rests with YVHSC.

The aims remain focussed on providing support to Carers in particular through the established projects for Young Carers, Carers seeking employment, Carers of people with Dementia and our counselling service.

The vision remains, that all Carers in the London Borough of Lewisham are recognised, valued, empowered and supported, whatever their background, age, ethnicity, language, culture, religion, gender or sexuality.

The majority of resources are expended on staff costs as services provided by the charity are very labour intensive.

##### **Beneficiaries**

A carer is defined as someone who spends a proportion of their life providing unpaid support and care to a friend or family member who - due to illness, age, disability, mental health or addiction - cannot cope without their support. It includes parents caring for a child with disabilities or a young person caring for a parent, family member or sibling.

Each carer's experience is unique to their own circumstances and the causes of taking on caring responsibilities can be varied and multiple, including:

- Serious physical illness
- Long-term physical disability
- Long-term neurological conditions
- Mental health problems
- Dementia
- Addiction
- Learning difficulties

Just as the reasons why someone becomes a carer vary greatly, the variety of tasks that a carer fulfils is diverse. They can include the following duties:

- Practical household tasks such as cooking, cleaning, washing up, ironing, paying bills and financial management
- Personal care such as bathing, dressing, lifting, administering medication and collecting prescriptions
- Emotional support such as listening, offering advice and friendship

Although the distinction is often made between a full-time or part-time carer, there is not a minimum time requirement or age restriction that "qualifies" someone as being more or less of a carer.

There is a considerable body of evidence which points to the adverse impact on health, future employment and education opportunities as well as the social and leisure activities of those providing unpaid care.

## **Carers Lewisham**

### **Trustees' Annual Report**

#### **Year Ended 31st March 2023**

#### **Objectives and activities (continued)**

##### **Activities Undertaken**

During 2022/23 Carers Lewisham has:

1. Reviewed and restructured Carers Lewisham to deliver efficiencies and streamline service delivery in light of significant changes to funding as detailed below.
2. Two core-funding centres have expired this year due. The ESF funded Working for Carers will cease to be funded due to the exit from the European union and the Young Carers funding has been amalgamated into a central carers contract.
3. A further sub-contracted Dementia Carers contract has ended due to the primary providers losing the core contract.
4. As of 2022/2023 the local authority carers contract will be re-tendered with the result to be announced in 2023/2024.
5. Carers Lewisham is currently undergoing a significant change in its key object and values to ensure the charity remains a key part and an advocate of carers in Lewisham.
6. Carers Lewisham will no longer be the primary carers body for parent company Your Voice in Health and Social Care. YVHSC will be the Carers Trust partner with Carers Lewisham focusing on carers in Lewisham only.
7. Carers Lewisham recognised the cost-of-living crisis and the impact on staff and awarded all staff, below Chief Executive, a 5% cost of living bonus.

##### **Financial review**

###### **a. Going concern**

The Board recognise the significant changes to service delivery for year 2022/2023 and the realised and potential future loss in funding to the organisation. Therefore we will restructure the organisation to be more responsive to the local carer in Lewisham and will be reviewing Carers Lewisham governance to act more as a voice for the carers in Lewisham only.

The Board have decided, regardless of the outcome of the Adult Carers tender, to review and put up for sale the fixed asset of Waldram Place SE23 2LB. The Board intend to utilise the income realised from this sale to relocate Carers Lewisham, review its governance and invest in the future of Carers in Lewisham. It is anticipated that Carers Lewisham will become a much smaller, locally focussed charity, with significant reserves at its disposal in relation to the size of the charity.

By realising the asset and restructuring the organisation, while reviewing the governance the Board feels this will safeguard the Charities long term future and move it towards self-sustainability on a much reduced income but with objects to support carers in Lewisham only.

Further details are given in the accounting policies.

## **Carers Lewisham**

### **Trustees' Annual Report**

#### **Year Ended 31st March 2023**

##### **b. Reserves policy**

The main source of funding for the charity is contracts for services with the London Borough of Lewisham. The main expenditure of the charity is on staff costs.

The Trustees consider that the maximum level of reserves should be approximately three months of total recurring expenditure, equating to £150,650 for 2023. In line with Charity Commission recommendations we will focus on making provisions for unrestricted reserves and ensuring the levels remain adequate to ensure the following:

- A. Continuity of service to the people in Lewisham
- B. Funding of the on-going business and its sustained long-term future.
- C. Funding of new projects.
- D. Funding for specific proposed capital expenditure. .
- E. Protection of employees' jobs.
- F. Provision for rises in statutory charges i.e. NI and Business Rates.

In addition, there are certain underlying needs identified by the Trustees, which are explained below. The Trustees deem it necessary to set aside cover for the loss or reduction of statutory or other funding of specific projects and to provide for any such project that suffers accordingly. Generally, projects are funded on a two-year basis and it will be our policy to set aside reserves for where funding is not renewed. The Trustees, aware of the responsibility, have taken, and will continue to take, every step available to obtain, where possible, the increased funding necessary to continue their operation or provide for closure costs. i.e. statutory redundancy payments in the case of failed or insufficient funding. The board of Trustees will continue to monitor the levels of all reserves and reviews will be made on a quarterly basis, using, where available, the latest budget information.

During the year, the trustees reviewed the charity's income streams. The trustees identified that income from several of the charity's contracts had historically been reported as restricted funding. The trustees have therefore made a fund transfer during the year, to move historic balances on these contracts to unrestricted funds.

The trustees have reviewed the restricted grant awards that the charity has received. These include grants from The Jack Petchey Charity and The Screwfix Charity. The trustees consider these grants to be fully utilised as at 31 March 2023.

As at 31 March 2023, the charity held reserves of £476,576 (2022: £747,897) of which £Nil (2022: £Nil) related to restricted funds. The reserves include tangible fixed assets of £525,785 (2022: £703,776).

As at 31 March 2023, the charity held free reserves of (£49,209) (2022: (£44,121)), which is below the target level set by the Trustees. Plans are in place to seek new funding streams in the coming years, which are expected to improve the charity's free reserve position.

##### **c. Remuneration of key management**

The charity considers its key management personnel to be the Trustees and the Chief Executive. The Chief Executive is remunerated through the parent charity, Your Voice in Health and Social Care.

Remuneration of management is benchmarked against other comparable organisations identified both on income and accountability; special attention is given to the organisations responsibilities as a deliverer of statutory responsibilities. In the case of the Chief Executive the salary is adjusted on previous experience and incorporates a bonus structure based on performance.

##### **d. Fundraising**

The charity does not actively undertake fundraising activities but is often the recipient of financial contribution via donation and legacy.

## **Carers Lewisham**

### **Trustees' Annual Report**

#### **Year Ended 31st March 2023**

##### **e. Risk Management**

The Board has instructed the Chief Executive to conduct a review of the major risks to which the charity is exposed. A risk register has been established and will be updated annually. The key risks faced by the charity include loss of income to core contractual income and a review of the fixed asset based at Waldram Place, Forest Hill, SE23. The property is on leasehold to Carers Lewisham for 77 years but a fit for purpose review is under way.

##### **Structure, governance and management**

###### **a. Constitution**

The charity is a charitable company limited by guarantee, and was incorporated on 10 December 1998. It is also a registered charity and became registered with the Charity Commission on 10 December 1998.

###### **b. Governing Document**

The charitable company is controlled by its governing document, the memorandum and articles of association, adopted on 10 December 1998.

###### **c. Recruitment and appointment of Trustees**

New Trustees are introduced to the charity by meetings with the Chair and Chief Executive where they are briefed on the workings of the charity and their responsibilities. They are then invited to attend a committee meeting as an observer.

###### **e. Trustee induction and training**

On appointment, Trustees are then given an induction pack that includes details on:

- Role description
- Organisational Chart
- Organisational Work plan
- Code of Practice
- Introduction of Board Members
- Budget List of forthcoming meetings
- Guide to Healthwatch
- Policies and Procedures
- Insurance Coverage
- Declaration of Commitment
- Legal Responsibilities & Forms

##### **Plans for future periods**

Due to the financial pressures prevalent across the Health and Social Care sector, the charity is seeking to focus all activities on core funded contracts with less expenditure on activities and services that are not secured.

Part of this is the change to service delivery for the counselling service. Carers wishing to access the service are still able to do so for free for the first 10-12 sessions (need assessed) but the service then reverts to fee paying for subsequent sessions to support the service as a viable on-going concern.

The charity will seek to bid for further Carers contracts and work closely with the national body to secure additional and carer focussed funding.



**Trustees' Annual Report**

**Year Ended 31st March 2023**

**Plans for future periods (continued)**

The charity will not be bidding on contracts that fail to meet a minimum central cost contribution threshold so as to support efficiency and enable growth of adequate reserves.

**Statement of Trustees' responsibilities**

The Trustees (who are also the directors of the Company for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of their incoming resources and application of resources, including their income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Disclosure of information to the auditors**

We, the directors of the company who held office at the date of approval of these Financial Statements as set out above each confirm, so far as we are aware, that:

- there is no relevant audit information of which the company's auditors are unaware; and
- we have taken all the steps that we ought to have taken as directors in order to make ourselves aware of any relevant audit information and to establish that the company's auditors are aware of that information.

In preparing this report, the Trustees have taken advantage of the small companies exemptions provided by section 415a of the Companies Act 2006. Preparing the accounts for a small company does not require the preparation of a Strategic Report, although much of the typical content is included within the Trustees' report.

Approved by order of the members of the board of Trustees on 10/06/24 ... and signed on their behalf by



**R Jones**  
**Trustee**

## **Independent Auditor's Report to the members of Carers Lewisham**

### **Opinion**

We have audited the financial statements of Carers Lewisham (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, Balance Sheet and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

### **Independent Auditor's Report to the members of Carers Lewisham**

#### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

#### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement set out on page 9, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

#### **Auditor responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of key management, Trustees and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the company through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the recognition of grant income and the allocation of expenditure to funds;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

**Independent Auditor's Report to the members of Carers Lewisham**

**Auditor responsibilities for the audit of the financial statements (continued)**

A further description of our responsibilities is available on the FRC's website [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This forms part of our auditor's report.

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

*Azets Audit Services*

.....  
Paul Creasey FCA (Senior Statutory Auditor)  
For and on behalf of Azets Audit Services  
Chartered Accountants and Statutory Auditor  
Egham  
13 June 2024

# Carers Lewisham

## Statement of Financial Activities (Including Income and Expenditure Account)

Year Ended 31st March 2023

		2023			2022
	Note	Unrestricted funds £	Restricted funds £	Total £	Total £
<b>Income and endowments from:</b>					
Donations and legacies	2	13,152	-	<b>13,152</b>	<b>15,989</b>
Charitable activities	3	264,675	53,487	<b>318,162</b>	<b>266,691</b>
<b>Total income and endowments</b>		<b>277,827</b>	<b>53,487</b>	<b>331,314</b>	<b>282,680</b>
<b>Expenditure on:</b>					
Charitable activities	5	546,170	56,465	<b>602,635</b>	<b>284,106</b>
<b>Total expenditure</b>		<b>546,170</b>	<b>56,465</b>	<b>602,635</b>	<b>284,106</b>
<b>Net expenditure</b>		<b>(268,343)</b>	<b>(2,978)</b>	<b>(271,321)</b>	<b>(1,426)</b>
<b>Transfers between funds</b>		<b>(2,978)</b>	<b>2,978</b>	<b>-</b>	<b>-</b>
<b>Net movement in funds</b>	13	<b>(271,321)</b>	<b>-</b>	<b>(271,321)</b>	<b>(1,426)</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward	13	747,897	-	<b>747,897</b>	<b>749,323</b>
<b>Total funds carried forward</b>	13	<b>476,576</b>	<b>-</b>	<b>476,576</b>	<b>747,897</b>

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

## Carers Lewisham

### Balance Sheet

Year Ended 31st March 2023

	Note	2023 £	2022 £
<b>Fixed assets</b>			
Tangible assets	10	525,785	703,776
		<u>525,785</u>	<u>703,776</u>
<b>Current assets</b>			
Debtors	11	37,141	37,498
Cash at bank and in hand		-	20,028
		<u>37,141</u>	<u>57,526</u>
<b>Creditors: amounts falling due within one year</b>	12	(86,350)	(13,405)
<b>Net current (liabilities) assets</b>		<u>(49,209)</u>	<u>44,121</u>
<b>Net assets</b>		<u>476,576</u>	<u>747,897</u>
<b>Charity Funds</b>			
Restricted funds	13	-	-
Unrestricted funds	13	476,576	747,897
<b>Total charity funds</b>	13	<u>476,576</u>	<u>747,897</u>

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Board on 10/06/24.....

Signed on behalf of the board of trustees



R Jones  
**Trustee**

The notes on pages Page 15 to Page 26 form part of these financial statements.

Company registration number: 03681548

**Notes to the Financial Statements**

**Year Ended 31st March 2023**

**1 Summary of significant accounting policies**

**(a) General information and basis of preparation**

Carers Lewisham is a charitable company limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 3 of these financial statements.

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at valuation. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**(b) Funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

**(c) Income recognition**

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

**Notes to the Financial Statements**

**Year Ended 31st March 2023**

**(d) Expenditure recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

- Expenditure on charitable activities relates to costs incurred on directly undertaking the activities which further the charity's objectives, including any associated support costs.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

**(e) Support costs allocation**

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs, administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity. Where support costs cannot be directly attributed to particular headings they have been allocated to expenditure on charitable activities on a basis consistent with level of funding received for each activity.

The analysis of these costs is included in note 6.

**(f) Tangible fixed assets**

Fixtures and fittings are stated at cost (or deemed cost) less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

The Trustees have adopted a policy of revaluation for the leasehold property.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Leasehold land and buildings	Straight line over 50 years
Fixtures and fittings	Straight line over 4 years

**(g) Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**(h) Impairment**

Assets not measured at fair value are reviewed for any indication that the asset may be impaired at each balance sheet date. If such indication exists, the recoverable amount of the asset, or the asset's cash generating unit, is estimated and compared to the carrying amount. Where the carrying amount exceeds its recoverable amount, an impairment loss is recognised in profit or loss unless the asset is carried at a revalued amount where the impairment loss is a revaluation decrease.

**(i) Provisions**

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.



**Notes to the Financial Statements**

**Year Ended 31st March 2023**

**(j) Employee benefits**

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

**(k) Tax**

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

**(l) Going concern**

The Trustees recognised that, with the loss of European Social Fund income (as a result of BREXIT) and the difficulty of providing effective service delivery against the efficiencies sought by the local authority, Carers Lewisham required a review of service delivery, structure and purpose. In addition, it was clear that significant expenditures would be required at Waldram Place in the coming years. The Board therefore decided to sell this fixed asset and carry out a downgrade of activities at Carers Lewisham, with the following year taken to review the organisation.

It is proposed that Carers Lewisham moves to more sustainable accommodation and that for the year 2024-25 Carers Lewisham will not bid for new services while consultation, recruitment to a new committee and the terms and objects of the Charity are reassessed. This is a wonderful opportunity for Carers Lewisham to revisit its original purpose and identify a fresh approach to serve Carers in Lewisham for whom the charity is intended. With the substantial income from the sale of Waldram Place, Carers Lewisham can work towards a sustainable future that is responsive and operates within realistic financial constraints in line with the size of the Charity. At the date of approval of these financial statements, the charity has entered into a conditional exchange of contracts for sale.

On this basis, the Board are confident that Carers Lewisham will remain a going concern and continues to prepare the financial statements on that basis.

**(m) Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

## Notes to the Financial Statements

Year Ended 31st March 2023

### (m) Financial instruments (continued)

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

### (n) Judgements and key sources of estimation uncertainty

No significant judgements (apart from those involving estimates) have been made in the process of applying the above accounting policies.

The key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year include:

The Leasehold property is included in the financial statements at valuation less impairment. This value was set in 2017.

## 2 Income from donations and legacies

	2023 £	2022 £
<u>Unrestricted funds</u>		
Donations	13,152	15,989
	<u>13,152</u>	<u>15,989</u>

## 3 Income from charitable activities

	2023 £	2022 £
<u>Restricted funds</u>		
Performance related grants	53,487	25,050
<u>Unrestricted funds</u>		
Contractual payments	264,675	241,641
	<u>318,162</u>	<u>266,691</u>

**4 Analysis of expenditure on charitable activities**

a) Summary by activity

	Activities undertaken directly 2023 £	Support costs 2023 £	<b>Total 2023 £</b>
Adults	318,932	283,703	<b>602,635</b>
Children & Young People	-	-	-
	<b>318,932</b>	<b>283,703</b>	<b>602,635</b>

	Activities undertaken directly 2022 £	Support costs 2022 £	<b>Total 2022 £</b>
Adults	180,662	103,444	<b>284,106</b>
Children & Young People	-	-	-
	<b>180,662</b>	<b>103,444</b>	<b>284,106</b>

b) Summary by fund

	Unrestricted funds 2023 £	Restricted funds 2023 £	<b>Total 2023 £</b>
Adults	546,170	56,465	<b>602,635</b>
Children & Young People	-	-	-
	<b>546,170</b>	<b>56,465</b>	<b>602,635</b>

	Unrestricted funds 2022 £	Restricted funds 2022 £	<b>Total 2022 £</b>
Adults	259,056	25,050	<b>284,106</b>
Children & Young People	-	-	-
	<b>259,056</b>	<b>25,050</b>	<b>284,106</b>

**5 Allocation of support costs**

Support cost 2023	Basis of allocation	Adults £ 2023	Total £ 2023
	2023		
Staff costs	Proportion of income received for activity	-	-
Governance		21,527	21,527
Postage, printing and stationary		5,865	5,865
ICT Maintenance		6,933	6,933
Telephone and Internet		1,343	1,343
Depreciation		21,309	21,309
Rates		475	475
Light and heat		610	610
Other		61,782	61,782
Marketing		837	837
Consultancy		180	180
Impairment of tangible fixed assets		162,842	162,842
Total		283,703	283,703

Support cost 2022	Basis of allocation	Adults £ 2022	Total £ 2022
	2022		
Staff costs	Proportion of income received for activity	50,783	50,783
Governance		18,101	18,101
Postage, printing and stationary		6,999	6,999
ICT Maintenance		3,190	3,190
Telephone and Internet		3,290	3,290
Depreciation		18,229	18,229
Rates		1,808	1,808
Light and heat		3,438	3,438
Subscriptions		2,692	2,692
Other		(5,086)	(5,086)
Total		103,444	103,444

**Notes to the Financial Statements**

**Year Ended 31st March 2023**

**6 Governance costs**

	<b>2023</b>	2022
	<b>£</b>	<b>£</b>
Auditor's remuneration: Audit services	<b>14,830</b>	<b>6,950</b>
Non-audit services	<b>2,083</b>	<b>1,415</b>
Prior year auditor: Adjustment regarding 2022	<b>-</b>	<b>(2,400)</b>
Legal fees	<b>3,540</b>	<b>11,356</b>
Other	<b>1,074</b>	<b>780</b>
	<b>21,527</b>	<b>18,101</b>

**7 Net income / (expenditure) for the year**

Net income / (expenditure) is stated after charging / (crediting):

	<b>2023</b>	2022
	<b>£</b>	<b>£</b>
Depreciation of tangible fixed assets	<b>21,309</b>	<b>18,229</b>
Impairment of tangible fixed assets	<b>162,842</b>	<b>-</b>

**8 Trustees' and key management personnel remuneration and expenses**

The trustees neither received nor waived any remuneration during the year (2022: £Nil).

The total amount of employee benefits received by key management personnel is £Nil (2022 - £Nil).  
The Trust considers its key management personnel compromise the trustees and the Chief Executive.  
The Chief Executive is remunerated through the parent charity, Your Voice in Health and Social Care.

The trustees did not have any expenses reimbursed during the year (2022 - £Nil).

**9 Staff costs and employee benefits**

The average monthly number of employees during the Year was as follows:

	<b>2023</b>	2022
	<b>Number</b>	<b>Number</b>
Carers Support	<b>8</b>	<b>8</b>
Admin and Support	<b>2</b>	<b>1</b>
Management	<b>4</b>	<b>2</b>
	<b>14</b>	<b>11</b>

## Carers Lewisham

### Notes to the Financial Statements

#### Year Ended 31st March 2023

##### 9 Staff costs and employee benefits (continued)

The total staff costs and employee benefits were as follows:

	2023 £	2022 £
Wages and salaries	243,259	200,106
Social security	20,635	11,868
Defined contribution pension costs	6,945	6,145
	<b>270,839</b>	<b>218,119</b>

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

##### 10 Tangible fixed assets

	Land and buildings £	Computer equipment £	Total £
Cost or valuation:			
At 1 April 2022	775,956	143,141	919,097
Additions	-	6,160	6,160
At 31 March 2023	775,956	149,301	925,257
Depreciation:			
At 1 April 2022	77,595	137,726	215,321
Charge for the year	15,519	5,790	21,309
Impairment charge for the year	162,842	-	162,842
At 31 March 2023	255,956	143,516	399,472
Net book value:			
At 31 March 2023	520,000	5,785	525,785
At 31 March 2022	698,361	5,415	703,776

The net book value of land and buildings comprised:

	2023 £	2022 £
Land and buildings:		
Long leasehold	520,000	698,361

## Carers Lewisham

### Notes to the Financial Statements

#### Year Ended 31st March 2023

#### 10 Tangible fixed assets (continued)

##### *Tangible fixed assets held at valuation*

The historic cost equivalent of land and buildings included at valuation are as follows:

	2023 Land and buildings £	2022 Land and buildings £
Cost	187,914	187,914
Accumulated depreciation	(22,550)	(18,791)
Net book value	165,364	169,123

Post year end, the charity has entered into a conditional exchange of contracts to sell the leasehold property for £520,000. As such, the carrying value of the property has been impaired to this value.

#### 11 Debtors

	2023 £	2022 £
Trade debtors	37,141	37,498

#### 12 Creditors: amounts falling due within one year

	2023 £	2022 £
Bank overdraft	48,207	-
Trade creditors	-	(6)
Other tax and social security	5,734	4,054
Other creditors	7,731	1,592
Accruals and deferred income	24,678	7,765
	86,350	13,405

#### 13 Fund reconciliation

##### Unrestricted funds

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2023 £
Unrestricted	124,507	277,827	(546,170)	159,864	16,028
Revaluation reserve	623,390	-	-	(162,842)	460,548
	747,897	277,827	(546,170)	(2,978)	476,576

## Notes to the Financial Statements

Year Ended 31st March 2023

13 Fund reconciliation (continued)

## Unrestricted funds (continued)

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
Unrestricted	(24,765)	257,630	(259,056)	150,698	<b>124,507</b>
Revaluation reserve	682,194	-	-	(58,804)	<b>623,390</b>
	657,429	257,630	(259,056)	91,894	<b>747,897</b>

## Restricted funds

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2023 £
Young Carers	-	53,487	(56,465)	2,978	-

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
General Restricted	91,894	25,050	(25,050)	(91,894)	-

## Fund descriptions

## a) Unrestricted funds

This represents funds received to support the charitable activities of the organisation, without restriction on use. The transfers are explained in sections (b) and (c) below.

## b) Revaluation reserve

This represents the valuation uplift on the charity's leasehold property. A transfer is made to unrestricted funds to offset the depreciation charged on the valuation uplift. There is no tax impact from this transaction.

As per note 10, the carrying value of the property was impaired as at 31 March 2023. The impairment charge has been offset against the revaluation reserve.



**Notes to the Financial Statements**

**Year Ended 31st March 2023**

**13 Fund reconciliation (continued)**

**Fund descriptions (continued)**

c) Restricted funds

This represents specific grant funding received for the charity's work on Carers in Employment, Young Carers and dementia support.

During the prior year, the trustees reviewed the charity's income streams. The trustees identified that income from several of the charity's contracts had historically been reported as restricted funding. The trustees have therefore made a fund transfer during the year, to move historic balances on these contracts to unrestricted funds.

**14 Analysis of net assets between funds**

	Unrestricted funds 2023 £	Revaluation reserve 2023 £	Restricted funds 2023 £	Total 2023 £
Tangible Fixed assets	65,237	460,548	-	525,785
Net current assets	(49,209)	-	-	(49,209)
<b>Total</b>	<b>16,028</b>	<b>460,548</b>	<b>-</b>	<b>476,576</b>

	Unrestricted funds 2022 £	Revaluation reserve 2022 £	Restricted funds 2022 £	Total 2022 £
Tangible Fixed assets	80,386	623,390	-	703,776
Net current assets	44,121	-	-	44,121
<b>Total</b>	<b>124,507</b>	<b>623,390</b>	<b>-</b>	<b>747,897</b>

**15 Related party transactions**

The charity is a wholly-owned subsidiary of Your Voice in Health and Social Care, a charitable company registered in England & Wales (Company registration number 08397315; Charity registration number 1154672).

During the year, the charity paid £27,000 (2022: £20,000) to Your Voice in Health and Social Care, as contribution to central costs. No amounts were outstanding (2022: £Nil) at year end.

## **Carers Lewisham**

### **Notes to the Financial Statements**

#### **Year Ended 31st March 2023**

##### **16 Financial Instruments**

The charity held the following financial instruments, measured at amortised cost:

	<b>2023</b> <b>£</b>	<b>2022</b> <b>£</b>
Trade debtors	<b><u>37,140</u></b>	<b><u>37,498</u></b>
Trade creditors	-	(6)
Other creditors	<b><u>13,465</u></b>	<b><u>1,592</u></b>
	<b><u>13,465</u></b>	<b><u>1,586</u></b>