

EMPOWER (Braintree District)

England & Wales · Charity number 1073418

Details

Other names	CHRISTIAN YOUTH OUTREACH BRAINTREE DISTRICT TRUST, CYO BRAINTREE DISTRICT
Status	Registered
Legal form	Other
Registered	1999-01-21
Register	View on the Charity Commission register

Contact

Address	15 Larch Grove Witham Essex CM8 2LW
Phone	07771593506
Email	info@empowerschools.org.uk
Website	www.empowerschools.org.uk

Activities

Objects: (A) TO ADVANCE THE CHRISTIAN FAITH IN ACCORDANCE WITH THE STATEMENT OF BELIEFS APPEARING IN THE SCHEDULE HERETO PARTICULARLY AMONGST CHILDREN AND YOUNG PEOPLE IN THE SCHOOLS, COLLEGES AND OTHER EDUCATIONAL ESTABLISHMENTS IN BRAINTREE AND THE SURROUNDING AREA AND ELSEWHERE AS THE TRUSTEES AMY FROM TIME TO TIME THINK FIT (B) TO ADVANCE EDUCATION IN ACCORDANCE WITH CHRISTIAN PRINCIPLES IN THE SAID LOCALITY AND ELSEWHERE AS THE TRUSTEES MAY FROM TIME TO TIME THINK FIT.

Activities: Mentoring - Assemblies - Re Lessons - Lunch Clubs - After School Clubs - Football Coaching.

Classification

- **How:** Provides Human Resources
- **What:** Religious Activities, Recreation
- **Who:** Children/young People

Geography

- **Area of benefit:** BRAINTREE AND THE SURROUNDING AREA AND ELSEWHERE
- Essex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£86,630	£63,315	-	-
2024-03-31	£52,245	£63,694	-	-
2023-03-31	£47,598	£53,437	-	-
2022-03-31	£50,977	£47,758	-	-
2021-03-31	£42,758	£39,417	-	-

Trustees

Name	Role	Appointed
Andrew Knight		2018-06-06
Catherine Joy Mann		2024-05-08
David Bland		2022-05-24
Denise Cheesman		2019-05-02
Irene Mary Webber		2015-06-17
Rev Barry Cheesman		2019-09-24

Accounts



EMPOWER (BRAINTREE DISTRICT)

Trustees report and accounts
For the year ended 31st March 2025

Registered charity number 1073418

EMPOWER (Braintree District)
Index to accounts

Legal and administrative details	page 3
Report of the trustees	pages 4 to 6
Independent examiner’s report	page 7
Statement of assets & liabilities	page 8
Receipts and payments account	page 9

Legal and Administrative Details for the year ended 31st March 2025

Trustees	David Bland
	Barry Cheesman
	Denise Cheesman
	Andrew Knight
	Cathy Mann
	Irene Webber

Registered address	St. Michaels Church House St. Michaels Lane Braintree Essex CM7 1EY
--------------------	---

Independent Examiner

N K Smith
19 Highbury Way
Great Cornard
Sudbury
Suffolk
CO10 0HE

EMPOWER (Braintree District)

Report of the trustees for the year ended 31st March 2025

The Trustees present their annual report for the year ended 31st March 2025.

The accounts have been prepared in accordance with the charity's governing document, the Charities Act and the statement of recommended practice "Accounting and Reporting by Charities".

Structure Governance and Management

The Charity was registered in January 1999. The Charity was renamed EMPOWER (Braintree District) during the year to more appropriately define its aims in supporting both students and schools. Under the constitution the power to appoint Trustees, of which there shall be at least three, is vested in the existing Trustees.

The trustees who served during the year were:

David Bland

Barry Cheesman

Denise Cheesman

Andrew Knight

Cathy Mann

Irene Webber

Summary of Objectives

The objects of the Trust are:

- a) to advance the Christian faith particularly amongst children and young people in the schools, colleges and other educational establishments in Braintree and the surrounding area.
- b) to advance education in the said locality.

Public benefit

The Trustees have had regard to the public benefit general guidance issued by the Charity Commission. In this respect, we are committed to providing services on a fair and equitable basis, regardless of race, ethnicity, religion, lifestyle, sex, sexuality, physical/mental disability, offending background or any other factor. Furthermore, we believe that the range of services delivered demonstrate the clear and obvious public benefit of our activities.

Activities

Over the past twelve months, Empower has continued to work in the primary and secondary schools around the Braintree and Halstead areas. The work consisted of:

Assemblies

Over the year, the Empower team presented to 40+ schools (roughly 7,500 children), typically every six weeks. Topics covered a wide range of issues, presenting Christian values at their core in a relevant educational style.

Lessons

Mostly taking the form of interview-style lessons, our secondary schools team worked closely with RE Departments to aid GCSE students through Years 10 and 11, along with helping to cover modules on Christianity for younger years. Lessons of a similar delivery were presented to the Braintree area primary schools, with both primary and secondary school team members collaborating on topics related to Creation and Science. Such is the popularity of Empower's delivery of lessons, this opened up opportunities for a number of projects which are outlined in this report.

Lunch Clubs

These continue to be popular in a number of primary schools, so much that registers and a queuing system have been implemented in some cases. The weekly secondary school club at Notley High continues to see a regular weekly attendance of around 20 students spanning all year groups. A further weekly lunch club was established at Tabor Academy which is proving to be popular with a number of students from different year groups. The content of the groups varies between schools, some having a more laid-back content while others have specific Christianity-focused activities. In all of them, the team embraces the opportunity to engage in conversation with students who attend, and teachers who may be present.

Mentoring

Empower's demand for mentoring in secondary schools has increased year on year due to the raised awareness of mental and emotional distress being experienced by many young people. For this past year, the charity has mentored around 200 young people across five secondary schools, ranging from regular weekly sessions for those battling ongoing issues (eg trauma at home, behavioural difficulties, poor mental health) to times spent with those in a brief season of difficulty (eg exam worries, transition to a new school). We were most grateful to receive some new funding for our work in Halstead which enabled us to employ an additional part time mentor to work specifically in that area. We have also extended our mentoring offer to include group bike maintenance sessions for secondary school boys.. This was well received by the participating school which paved the way for a second visit later in the year. As a result, we will be offering it to additional schools in the coming year.

Project: A-Cross The World

Returning for its fifteenth year, A-Cross The World (ATW) was presented in its traditional face-to-face format to all the local primary schools in the Halstead area and North Braintree. ATW was a well-organised exploration of different representations of the cross by Christian communities around the world. Schools were pleased to see the lessons achieve many objectives laid out by the Department for Education and are keen to host this project again in the future.

Project: Anam Cara

We delivered our Anam Cara reflection room project into a local Halstead Area secondary school during Summer 2024. Using a classroom space for an entire week, Anam Cara had a number of 'stations' that students could visit during their planned lesson, all intended to evoke personal reflection. As has been the case in previous schools, the project proved to be hugely successful for the week and has prompted interest from other schools who hope to host the project in the coming year.

Project: GSUS Live

After a three-year wait, Empower was privileged to host the GSUS Live project in three local secondary schools. The interactive classroom sessions took students on a tour of three significant life issues, offering advice to computer characters to help prompt a positive outcome. Empower has hosted the project on a number of occasions and hopes to be able to have a return visit from GSUS Live in a few years.

Other Projects

Our primary schools team delivered an effective series of modules on Creation during the Spring Term in addition to expanding on other lessons topics throughout the year.

Staffing

The appointment of our new Halstead focussed secondary schools mentor in September 2024 substantially increased our mentoring capacity in the area. We are delighted to say that we have just been advised that additional funding has secured their employment for another 12 months.

Trustees

We are delighted that Cathy Mann agreed to rejoin the Board of Trustees during the year. As a retired headteacher, she brings very valuable experience to the Board and additional support to primary schools workers in particular.

Funders

The Trustees are so grateful to all those individuals and groups that have made this important work possible. Whilst every supporter is vital to our work, we acknowledge specifically the support of:

The Saffron Community fund, via The Essex Community Foundation

The Little Braxted Community and Educational Trust, via The Essex Community Foundation

The Hinckford Deanery

The Bishop Radford Trust

The Dulverton Trust, via The Essex Community Foundation

Risk Management

The Trustees have assessed the major risks to which the Trust is exposed and are satisfied that systems are in place to mitigate exposure to major risks. The reserves of the Trust are maintained at a level which will support the continuance of the activities for a minimum of three months.

We consider this report to be an accurate and fair account of the Charity's activities during the 2024/25 financial year.

On behalf of the Trustees,

A handwritten signature in dark ink, appearing to read 'Barry Cheesman', with a long horizontal flourish extending to the right.

Barry Cheesman

Independent examiner's report on the accounts to the trustees of EMPOWER (Braintree District) on accounts for the year ended 31 March 2025

I report to the trustees on my examination of the accounts of the charity ("the Trust") for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which give me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

N K Smith FCA

19 Highbury Way, Great Cornard, Sudbury, Suffolk, CO10 0HE

11 July 2025

EMPOWER (Braintree District)
(charity no 1073418)

STATEMENT OF ASSETS AND LIABILITIES

31 MARCH 2025

	2025	2024
	£	£
Current assets		
Bank accounts	<u>50,140</u>	<u>26,825</u>
Unrestricted funds		
Brought forward	26,825	38,274
Net results	<u>23,315</u>	<u>-11,449</u>
Carried forward	<u>50,140</u>	<u>26,825</u>

Signed by one trustee on behalf of all the trustees:

Signature: *A. M. Webber*

Print name: **IRENE M. WEBBER**

Date of approval: *14th July 2025*

EMPOWER (Braintree District)

RECEIPTS AND PAYMENTS ACCOUNT

YEAR ENDED 31 MARCH 2025

	2025	2024
	£	£
Income		
Donations		
Gift aided	20,416	14,520
Churches	15,091	15,437
Business	4,560	4,560
Schools	9,202	650
Personal	4,842	6,278
	<u>54,111</u>	<u>41,445</u>
Other		
Grants received	21,500	3,500
Miscellaneous	5,202	3,148
Tax refund	5,019	3,764
Interest	798	388
	<u>86,630</u>	<u>52,245</u>
Expenditure		
Salaries	54,534	56,990
Schools work	2,013	1,935
Office expenses	1,739	1,338
Sundry expenses	1,577	59
Accountancy	490	460
Employees' expenses	1,583	1,487
Pension cost	1,379	1,425
	<u>63,315</u>	<u>63,694</u>
Net results	<u>23,315</u>	<u>-11,449</u>

Note

Grants received consist of the following:

Great Yeldham PCC	15,500	0
Essex Community Foundation	6,000	0
The John James Charity	0	2,000
Rank Foundation	0	1,500
	<u>21,500</u>	<u>3,500</u>

Accounts



Christian Youth Outreach Braintree District Trust

Trustees report and accounts
For the year ended 31st March 2024

Registered charity number 1073418

Christian Youth Outreach Braintree District Trust

Index to accounts

Legal and administrative details	page 3
Report of the trustees	pages 4 to 6
Independent examiner's report	page 7
Statement of assets & liabilities	page 8
Receipts and payments account	page 9

Christian Youth Outreach Braintree District Trust
Legal and Administrative Details for the year ended 31st March 2024

Registered charity number	1073418
Trustees	David Bland Sean Carter (<i>resigned Oct 2023</i>) Barry Cheesman Denise Cheesman Andrew Knight Nicholas Vosper (<i>resigned Sept 2023</i>) Irene Webber
Director	Matt Ager
Registered address	St. Michaels Church House St. Michaels Lane Braintree Essex CM7 1EY
Bankers	Natwest
Independent Examiner	N K Smith 19 Highbury Way Great Cornard Sudbury Suffolk CO10 0HE

Christian Youth Outreach Braintree District Trust

Report of the trustees for the year ended 31st March 2024

The Trustees present their annual report for the year ended 31st March 2024.

The accounts have been prepared in accordance with the charity's governing document, the Charities Act and the statement of recommended practice "Accounting and Reporting by Charities".

Structure Governance and Management

The Charity was registered in January 1999. Under the constitution the power to appoint Trustees, of which there shall be at least three, is vested in the existing Trustees.

The trustees who served during the year were:

David Bland

Sean Carter

Barry Cheesman

Denise Cheesman

Andrew Knight

Nicholas Vosper

Irene Webber

Summary of Objectives

The objects of the Trust are:

- a) to advance the Christian faith particularly amongst children and young people in the schools, colleges and other educational establishments in Braintree and the surrounding area.
- b) to advance education in the said locality.

Public benefit

The Trustees have had regard to the public benefit general guidance issued by the Charity Commission. In this respect, we are committed to providing services on a fair and equitable basis, regardless of race, ethnicity, religion, lifestyle, sex, sexuality, physical/mental disability, offending background or any other factor. Furthermore, we believe that the range of services delivered demonstrate the clear and obvious public benefit of our activities.

Activities

Over the past twelve months, CYO has continued to work in the primary and secondary schools around the Braintree and Halstead areas. The work consisted of:

Assemblies

Over the year, the CYO team presented to 40+ schools (roughly 7,500 children), typically every six weeks. Topics covered a wide range of issues, presenting Christian values at their core in a relevant educational style.

Lessons

Mostly taking the form of interview-style lessons, our secondary schools team worked closely with RE Departments to aid GCSE students through Years 10 and 11, along with helping to cover modules on Christianity for younger years. Lessons of a similar delivery were presented to the Braintree area primary schools, with both primary and secondary school team members collaborating on topics related to Creation and Science. Such is the popularity of CYO's delivery of lessons, this opened up opportunities for a number of projects which are outlined in this report.

Lunch Clubs

These continue to be popular in a number of primary schools, so much that registers and a queuing system have been implemented in some cases. The weekly secondary school club at Notley High continues to see a regular weekly attendance of around 20 students spanning all year groups. The content of the groups varies between schools, some having a more laid-back content while others have specific Christianity-focused activities. In all of them, the team embrace the opportunity to engage in conversation with students who attend, and teachers who may be present.

Mentoring

CYO's demand for mentoring in secondary schools has increased year on year due to the raised awareness of mental and emotional distress being experienced by many young people. For this past year, the charity has mentored around 200 young people across five secondary schools, ranging from regular weekly sessions for those battling ongoing issues (eg trauma at home, behavioural difficulties, poor mental health) to times spent with those in a brief season of difficulty (eg exam worries, transition to a new school). To some degree, this increase has also been as a result of the Covid-19 pandemic which continues to have an impact. An additional mentor employed in Spring 2023 proved to be a valuable asset to the volume of mentoring offered to various schools, but unfortunately funding for their role ended in Spring 2024. Lack of funding will impact the amount of mentoring sessions that can be offered into 2024/25.

Project: A-Cross The World

Returning for its fifteenth year, A-Cross The World (ATW) was presented in its traditional face-to-face format to all the local primary schools in the Halstead area and North Braintree. ATW was a well-organised exploration of different representations of the cross by Christian communities around the world. Schools were pleased to see the lessons achieve many objectives laid out by the Department for Education and are keen to host this project again in the future.

Project: Anam Cara

CYO's reflection room project was delivered to a local Braintree secondary school during Summer 2024. Using a classroom space for an entire week, Anam Cara had a number of 'stations' that students could visit during their planned lesson, all intended to evoke personal reflection. As has been the case in previous schools, the project proved to be hugely successful for the week. Such was its impact, the headteacher of the school asked for Anam Cara's return to cover all year groups.

Other Projects

Our primary schools team delivered an effective series of modules on Angels during the months of November and December, perfectly combining the Christmas message with core values.

Staffing

The appointment of our secondary schools mentor in January 2023 proved to be effective immediately, increasing the amount of sessions that could be provided to schools in the Braintree area. Unfortunately, funding for the position was only for twelve months so the charity was forced to terminate employment at the end of March 2024. It is of note that CYO used cash reserves to extend the mentor's employment for those final weeks. As mentioned above, the demand for mentoring is ever-present in our local secondary schools so we hope that our financial situation will enable us to re-employ a mentor in the future.

Trustees

We were sad to say farewell to two valued trustees in the Autumn of 2023 and thanked them personally for their commitment to the charity. We are however looking forward to welcoming a new trustee to the board in May 2024. As things stand, we feel our number of trustees is a healthy quorum and trust that existing trustees give ample notice of their resignation to give us time to find and recruit suitable replacements.

Risk Management

The Trustees have assessed the major risks to which the Trust is exposed and are satisfied that systems are in place to mitigate exposure to major risks. The reserves of the Trust are maintained at a level which will support the continuance of the activities for a minimum of three months.

We consider this report to be an accurate and fair account of the Charity's activities during the 2023/24 financial year.

On behalf of the Trustees,

Barry Cheesman

Independent examiner's report on the accounts to the trustees of Christian Youth Outreach Braintree District Trust on accounts for the year ended 31 March 2024

I report to the trustees on my examination of the accounts of the charity ("the Trust") for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which give me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

N K Smith FCA

19 Highbury Way, Great Cornard, Sudbury, Suffolk, CO10 0HE

29 June 2024

CHRISTIAN YOUTH OUTREACH BRAINTREE DISTRICT TRUST
(charity no 1073418)

STATEMENT OF ASSETS AND LIABILITIES

31 MARCH 2024

	2024	2023
	£	£
Current assets		
Bank accounts	<u>26,825</u>	<u>38,274</u>
Unrestricted funds		
Brought forward	38,274	44,113
Net results	<u>-11,449</u>	<u>-5,839</u>
Carried forward	<u>26,825</u>	<u>38,274</u>

Signed by one trustee on behalf of all the trustees:

Signature: *I.M. Webster*

Print name: **IRÉNE MARY WEBBER**

Date of approval: **3-7-2024**

CHRISTIAN YOUTH OUTREACH BRAINTREE DISTRICT TRUST

RECEIPTS AND PAYMENTS ACCOUNT

YEAR ENDED 31 MARCH 2024

	2024	2023
	£	£
Income		
Donations		
Gift aided	14,520	14,317
Churches	15,437	14,596
Business	4,560	4,560
Schools	650	650
Personal	6,278	2,379
	<u>41,445</u>	<u>36,502</u>
Other		
Grants received	3,500	6,172
Miscellaneous	3,148	914
Tax refund	3,764	3,874
Interest	388	136
	<u>52,245</u>	<u>47,598</u>
Expenditure		
Salaries	56,990	46,937
Schools work	1,935	1,805
Office expenses	1,338	1,631
Sundry expenses	59	30
Accountancy	460	420
Employees' expenses	1,487	1,353
Pension cost	1,425	1,261
	<u>63,694</u>	<u>53,437</u>
Net results	<u><u>-11,449</u></u>	<u><u>-5,839</u></u>

Note

Grants received consist of the following:

Essex Community Foundation	0	6,172
The John James Charity	2,000	0
Rank Foundation	1,500	0
	<u>3,500</u>	<u>6,172</u>

Accounts



Christian Youth Outreach Braintree District Trust

Trustees report and accounts
For the year ended 31st March 2023

Registered charity number 1073418

Christian Youth Outreach Braintree District Trust

Index to accounts

Legal and administrative details	page 3
Report of the trustees	pages 4 to 6
Independent examiner's report	page 7
Statement of assets & liabilities	page 8
Receipts and payments account	page 9

Christian Youth Outreach Braintree District Trust
Legal and Administrative Details for the year ended 31st March 2023

Registered charity number 1073418

Trustees	David Bland
	Sean Carter
	Barry Cheesman
	Denise Cheesman
	Andrew Knight
	Nicholas Vosper
	Irene Webber

Director **Matt Ager**

Registered address	St. Michaels Church House St. Michaels Lane Braintree Essex CM7 1EY
--------------------	---

Bankers Natwest

Independent Examiner

N K Smith
19 Highbury Way
Great Cornard
Sudbury
Suffolk
CO10 0HE

Christian Youth Outreach Braintree District Trust

Report of the trustees for the year ended 31st March 2023

The Trustees present their annual report for the year ended 31st March 2023.

The accounts have been prepared in accordance with the charity's governing document, the Charities Act and the statement of recommended practice "Accounting and Reporting by Charities".

Structure Governance and Management

The Charity was registered in January 1999. Under the constitution the power to appoint Trustees, of which there shall be at least three, is vested in the existing Trustees.

The trustees who served during the year were:

David Bland

Sean Carter

Barry Cheesman

Denise Cheesman

Andrew Knight

Nicholas Vosper

Irene Webber

Summary of Objectives

The objects of the Trust are:

- a) to advance the Christian faith particularly amongst children and young people in the schools, colleges and other educational establishments in Braintree and the surrounding area.
- b) to advance education in the said locality.

Public benefit

The Trustees have had regard to the public benefit general guidance issued by the Charity Commission. In this respect, we are committed to providing services on a fair and equitable basis, regardless of race, ethnicity, religion, lifestyle, sex, sexuality, physical/mental disability, offending background or any other factor. Furthermore, we believe that the range of services delivered demonstrate the clear and obvious public benefit of our activities.

Activities

Over the past twelve months, CYO has continued to work in the primary and secondary schools around the Braintree and Halstead areas, albeit with some restrictions in the opening months due to the Covid-19 pandemic. The work consisted of:

Assemblies

Presentations were provided entirely face-to-face, with schools returning to pre-pandemic conditions. Over the year, the CYO team presented to 40+ schools (roughly 7,500 children), typically every six

weeks. Topics covered a wide range of issues, presenting Christian values at their core in a relevant educational style.

Lessons

Similarly to assemblies, face-to-face lessons were back on the menu throughout the past year which resulted in effective re-engagement across all years. Mostly taking the form of interview-style lessons, our secondary schools team worked closely with RE Departments to aid GCSE students through Years 10 and 11, along with helping to cover modules on Christianity for younger years. Such is the popularity of CYO's delivery of lessons, this opened up opportunities for a number of projects which are outlined in this report.

Lunch Clubs

These continue to be popular in a number of primary schools, so much that registers and a queuing system have been implemented in some cases. The weekly secondary school club at Notley High continues to see a regular weekly attendance of over 25 students spanning all year groups. The school introduced a booking-in system for all extra-curricular clubs in order to track student movement; week-on-week, this group has the highest attendance.

Mentoring

CYO's demand for mentoring in secondary schools has increased year on year due to the raised awareness of mental and emotional distress being experienced by many young people. For this past year, the charity has mentored around 200 young people across five secondary schools, ranging from regular weekly sessions for those battling ongoing issues (eg trauma at home, behavioural difficulties, poor mental health) to times spent with those in a brief season of difficulty (eg exam worries, transition to a new school). To some degree, this increase has also been as a result of the Covid-19 pandemic which continues to have an impact. Due to this increase, further appeals were made for funding to employ more mentors and we were successful enough to appoint a new member of staff in January 2023. We are regularly asked to offer more mentoring in schools, such is the demand for the service and the quality it delivers, so we hope that future funding applications will be successful to enable expansion to be possible.

Project: A-Cross The World

Returning for its fourteenth year, A-Cross The World (ATW) was presented in its traditional face-to-face format to all the local primary schools in the Halstead area and North Braintree. ATW was a well-organised exploration of different representations of the cross by Christian communities around the world. Schools were pleased to see the lessons achieve many objectives laid out by the Department for Education and are keen to host this project again in the future.

Other Projects

Our primary schools team delivered an effective series of modules on Angels during the months of November and December, perfectly combining the Christmas message with core values.

Staffing

In addition to successful grant applications enabling the appointment of a new secondary schools mentor in January (as mentioned above), we also appointed a second primary schools worker in September 2022 using existing funds. We have experienced a sharp increase in the work and calibre

that is able to be achieved in the Braintree primary schools as a result and look forward to seeing further breakthroughs over the coming months. Both of these roles are dependant on future funding, so ongoing success is to a large degree determined by this.

Trustees

We were delighted to welcome two new trustees onto the board in May 2022; both have shared their skillset, one especially offering crucial support to our existing treasurer, and we look forward to see further engagement over the coming months.

Risk Management

The Trustees have assessed the major risks to which the Trust is exposed and are satisfied that systems are in place to mitigate exposure to major risks. The reserves of the Trust are maintained at a level which will support the continuance of the activities for a minimum of three months.

We consider this report to be an accurate and fair account of the Charity's activities during the 2022/23 financial year.

On behalf of the Trustees,

Barry Cheesman

Independent examiner's report on the accounts to the trustees of Christian Youth Outreach Braintree District Trust on accounts for the year ended 31 March 2023

I report to the trustees on my examination of the accounts of the charity ("the Trust") for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which give me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

N K Smith FCA

19 Highbury Way, Great Cornard, Sudbury, Suffolk, CO10 0HE

11 July 2023

CHRISTIAN YOUTH OUTREACH BRAINTREE DISTRICT TRUST

(charity no 1073418)

STATEMENT OF ASSETS AND LIABILITIES

31 MARCH 2023

	2023	2022
	£	£
Current assets		
Bank accounts	<u>38,274</u>	<u>44,113</u>
Unrestricted funds		
Brought forward	44,113	40,894
Net results	<u>-5,839</u>	<u>3,219</u>
Carried forward	<u>38,274</u>	<u>44,113</u>

Signed by one trustee on behalf of all the trustees:

Signature: *A.M. Webber*

Print name: **IRÉNE MARY WEBBER**

Date of approval: **20-7-23**

CHRISTIAN YOUTH OUTREACH BRAINTREE DISTRICT TRUST

RECEIPTS AND PAYMENTS ACCOUNT

YEAR ENDED 31 MARCH 2023

	2023	2022
	£	£
Income		
Donations		
Gift aided	14,317	15,709
Churches	14,596	14,282
Business	4,560	4,560
Schools	650	1,425
Personal	2,379	2,377
	<u>36,502</u>	<u>38,353</u>
Other		
Grants received	6,172	7,975
Miscellaneous	914	925
Tax refund	3,874	3,721
Interest	136	3
	<u>47,598</u>	<u>50,977</u>
Expenditure		
Salaries	46,937	41,655
Schools work	1,805	1,874
Office expenses	1,631	1,599
Sundry expenses	30	217
Accountancy	420	390
Employees' expenses	1,353	856
Pension cost	1,261	1,167
	<u>53,437</u>	<u>47,758</u>
Net results	<u><u>-5,839</u></u>	<u><u>3,219</u></u>

Note

Grants received consist of the following:

Essex Community Foundation	6,172	5,075
Allchurches Trust	0	2,900
	<u>6,172</u>	<u>7,975</u>

Accounts



Christian Youth Outreach Braintree District Trust

Trustees report and accounts
For the year ended 31st March 2022

Registered charity number 1073418

Christian Youth Outreach Braintree District Trust

Index to accounts

Legal and administrative details	page 3
Report of the trustees	pages 4 to 7
Independent examiner's report	page 8
Statement of assets & liabilities	page 9
Receipts and payments account	page 10

Christian Youth Outreach Braintree District Trust
Legal and Administrative Details for the year ended 31st March 2022

Registered charity number	1073418
Trustees	Sean Carter Barry Cheesman Denise Cheesman Terence Clark (<i>resigned during the financial year</i>) Andrew Knight Irene Webber
Director	Matt Ager
Registered address	St. Michaels Church House St. Michaels Lane Braintree Essex CM7 1EY
Bankers	Natwest
Independent Examiner	N K Smith 19 Highbury Way Great Cornard Sudbury Suffolk CO10 0HE

Christian Youth Outreach Braintree District Trust

Report of the trustees for the year ended 31st March 2022

The Trustees present their annual report for the year ended 31st March 2022.

The accounts have been prepared in accordance with the charity's governing document, the Charities Act and the statement of recommended practice "Accounting and Reporting by Charities".

Structure Governance and Management

The Charity was registered in January 1999. Under the constitution the power to appoint Trustees, of which there shall be at least three, is vested in the existing Trustees.

The trustees who served during the year were:

Sean Carter

Terence Clark

Andrew Knight

Irene Webber

Denise Cheesman

Barry Cheesman

Summary of Objectives

The objects of the Trust are:

- a) to advance the Christian faith particularly amongst children and young people in the schools, colleges and other educational establishments in Braintree and the surrounding area.
- b) to advance education in the said locality.

Public benefit

The Trustees have had regard to the public benefit general guidance issued by the Charity Commission. In this respect, we are committed to providing services on a fair and equitable basis, regardless of race, ethnicity, religion, lifestyle, sex, sexuality, physical/mental disability, offending background or any other factor. Furthermore, we believe that the range of services delivered demonstrate the clear and obvious public benefit of our activities.

Activities

Over this past twelve months, CYO has continued to work in the primary and secondary schools around the Braintree and Halstead areas, albeit with some restrictions in the opening months due to the Covid-19 pandemic. The work consisted of:

Assemblies

Presentations were provided both as online videos and face-to-face activities due to differing restrictions between schools. These were accessible to the same 40+ schools (roughly 7,500 children) CYO works in and at the same frequency (one topic per half-term, six over the academic year). All schools had the opportunity to access these assemblies via the charity's YouTube channel and secure download links; in some cases, the charity saw single downloads exceeding 300. As with

previous years, topics varied in content but all presented Christian values in a relevant, educational style.

Lessons

The volume of lessons presented was impacted significantly during the academic year due to the majority of schools being closed to external visitors. However, our secondary schools team still presented a number of RE Lessons to students when schools were open, and our primary team recorded and shared their popular Across The World project online (see below).

Most secondary school lessons operated as an 'interview' style where students were able to discover more about the Christian faith from the views and perspectives of our staff. This is a highly-valued method by the schools and as such is proving more popular each year. Over the academic year, it is estimated around 300 students experienced lessons delivered by the CYO team, either face-to-face or remotely. A legacy of CYO's GSUS Live project (mentioned below) was the booking of a large number of RE Lessons at one particular school, due for presentation in the next financial year.

Lunch Clubs

After almost two years of Primary school activities being halted during the pandemic due to restrictions around external visitors, it was a pleasure to reintroduce some activities in local schools with appropriate safety methods in place (eg restrictions on numbers and not visiting more than one school a day). The weekly club at Notley High saw a regular weekly attendance of over 25 students. Due to the bubble system that was in place in most schools around the county, this activity was limited to a single year group (Year 7) until September 2021 when it was reopened to all years. This boosted attendance figures further and continued to be a weekly activity throughout the year. As with previous years, this was well supported by staff at the school and CYO's input was highly valued and appreciated.

Mentoring

CYO's demand for mentoring in secondary schools has increased year on year due to the raised awareness of mental and emotional distress being experienced by many young people. The Covid-19 pandemic saw a significant increase in mental health concerns nationally, and this was particularly noticeable in our schools. Mentoring was unfortunately restricted in some schools due to their policies on external visitors during the pandemic. As the year progressed, more schools opened their doors and by September 2021 the CYO mentoring team was at regular working capacity.

As predicted in the previous year, the need for mentoring increased substantially, to the point where CYO successfully secured funding to employ two mentors to increase our footprint in secondary schools (more on this in our 'staffing' section). This means, along with our volunteer mentors, we have been able to assist more young people through mentoring and help schools manage the increase of mental health needs in young people. There is still more demand for our mentoring services, such is its popularity and effectiveness, so we are looking to expand our team further in the coming months.

Project: A-Cross The World

Returning for its thirteenth year, A-Cross The World (ATW) was both recorded for remote access and presented in its traditional face-to-face format to all the local primary schools in the Halstead area

and North Braintree. A number of schools expressed their appreciation for the work spent presenting each of the eight lessons, and the views on CYO's YouTube channel reflected how popular the videos were when accessed remotely. Offering one-off lessons to these schools, ATW was a well-organised exploration of different representations of the cross by Christian communities around the world. Schools were pleased to see the lessons achieve many objectives laid out by the Department for Education and are keen to host this project again in the future. It was a particular privilege to see our Halstead Area Primary & Secondary Schools Worker (appointed September 2021) deliver an entire ATW course over several weeks in a local school, leading to future bookings.

Project: GSUS LIVE

CYO was delighted to host this interactive classroom project in three secondary schools at the end of Spring term 2022. Originally designed to work from within a 40ft lorry trailer, the system was adapted during the COVID pandemic to work within regular classrooms to reduce running costs and environmental impact. As a result of a long-standing relationship with Counties UK, the charity who own GSUS Live, CYO was invited to be one of the first areas in the country to host GSUS Live. Now running from iPads, students work in pairs to offer advice to an interactive character struggling with a chosen issue (fear, forgiveness or rejection). Accessing information on historical figures, hearing lyrics from contemporary Christian music and exploring the life and teachings of Jesus, students were able to guide their characters to a successful conclusion. Hailed as 'Outstanding' by Ofsted on many occasions over the past 20 years, CYO's experience was extremely positive and its legacy resulted in multiple RE Lesson bookings at one of the hosting schools, which are booked throughout Summer 2022. GSUS Live currently has a waiting list of around three years, so we will look forward to its return in the future.

Other Projects

A number of other commitments to schools were unfortunately put on hold due to current restrictions, but we were surprised by the amount of work that was possible in comparison to similar charities around the UK. We are delighted with the impact CYO has made in schools over this past year and take pleasure in being a part of this Charity that has reached in excess of 7,500 students.

Staffing

Due to two successful grant applications, from *AllChurches Trust Limited* and *Essex Community Foundation*, we appointed two new workers in September 2021. Our first was as a dedicated secondary school mentor and the other's brief was to similarly fulfil a mentoring role while establishing fresh links with primary schools in the Halstead area. On their start date, our dedicated mentor announced she was pregnant with maternity leave planned for March 2022. A number of students we see have experienced separation and rejection in their lives, so we made sure to appoint 'short-term mentees' to her. These are students who are typically going through a transition in life and need help to adjust over the period of a few weeks. This proved to work well throughout our mentor's time with us, and we wished her farewell at the end of the Spring Term 2022. Grant awards were unaffected due to the allocations for her ending at the same time as her departure.

Our other worker has had an extremely busy and fulfilling time, to the point that we offered additional hours moving forward. Currently, she is considering this proposal. As predicted though, it has further confirmed the demand for CYO's increased input in schools is ever-present and we intend to advertise for an additional Braintree Primary Schools Worker and potentially another mentor for September 2022.

COVID-19

As mentioned earlier, restrictions surrounding the Coronavirus outbreak resulted in some schools being closed at various points for the first term of the financial year (April-July). This resulted in a significant number of mentoring sessions being cancelled. We were pleased the assemblies were able to continue via recorded presentations, reducing the overall negative impact to the charity and its stakeholders.

Trustees

We sadly accepted the resignation of Terence Clark from our board of trustees due to ill health. Subsequent role-adjustments within the trusteeship ensured all areas of responsibility continued to be covered.

Risk Management

The Trustees have assessed the major risks to which the Trust is exposed and are satisfied that systems are in place to mitigate exposure to major risks. The reserves of the Trust are maintained at a level which will support the continuance of the activities for a minimum of three months.

We consider this report to be an accurate and fair account of the Charity's activities during the 2021/22 financial year.

On behalf of the Trustees,

Barry Cheesman

Independent examiner's report on the accounts to the trustees of Christian Youth Outreach Braintree District Trust

I report to the trustees on my examination of the accounts of the charity for the year ended 31 March 2022, which are set out on pages 9 and 10.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which give me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

N K Smith FCA

19 Highbury Way, Great Cornard, Sudbury, Suffolk, CO10 0HE

14 June 2022

CHRISTIAN YOUTH OUTREACH BRAINTREE DISTRICT TRUST
(charity no 1073418)

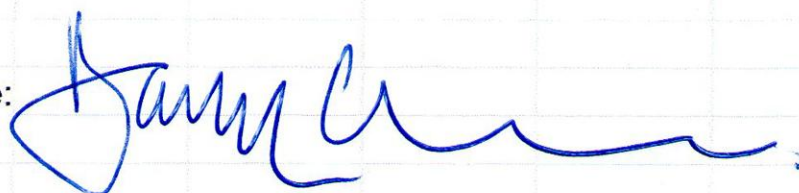
STATEMENT OF ASSETS AND LIABILITIES

31 MARCH 2022

	2022 £	2021 £
Current assets		
Bank accounts	<u>44,113</u>	<u>40,894</u>
Unrestricted funds		
Brought forward	40,894	37,553
Net results	<u>3,219</u>	<u>3,341</u>
Carried forward	<u>44,113</u>	<u>40,894</u>

Signed by one trustee on behalf of all the trustees:

Signature:



Print name:

Barry Cheesman.

Date of approval:

23/6/2022

CHRISTIAN YOUTH OUTREACH BRAINTREE DISTRICT TRUST

(charity no 1073418)

RECEIPTS AND PAYMENTS ACCOUNT

YEAR ENDED 31 MARCH 2022

					2022		2021
					£		£
Income							
Donations							
Gift aided					15,709		13,748
Churches					14,282		15,413
Business					4,560		4,560
Schools					1,425		1,081
Personal					2,377		1,796
					38,353		36,598
Other							
Grants received					7,975		0
Miscellaneous					925		2,666
Tax refund					3,721		3,481
Interest					3		13
					50,977		42,758
Expenditure							
Salaries					41,655		34,832
Schools work					1,874		1,469
Office expenses					1,599		1,402
Sundry expenses					217		0
Accountancy					390		440
Employees' expenses					856		183
Pension cost					1,167		1,091
					47,758		39,417
Net results					3,219		3,341
Note							
Grants received consist of the following:							
Essex Community Foundation					5,075		
Allchurches Trust					2,900		
					7,975		

Accounts



Christian Youth Outreach Braintree District Trust

Trustees report and accounts
For the year ended 31st March 2021

Registered charity number 1073418

Christian Youth Outreach Braintree District Trust

Index to accounts

Legal and administrative details	page 3
Report of the trustees	pages 4 to 6
Independent examiner's report	page 7
Statement of assets & liabilities	page 8
Receipts and payments account	page 9

Christian Youth Outreach Braintree District Trust
Legal and Administrative Details for the year ended 31st March 2021

Registered charity number 1073418

Trustees	Sean Carter
	Barry Cheesman
	Denise Cheesman
	Terence Clark
	Andrew Knight
	Irene Webber

Director Matt Ager

Registered address St. Michaels Church House
St. Michaels Lane
Braintree
Essex
CM7 1EY

Bankers Natwest

Independent Examiner

N K Smith
19 Highbury Way
Great Cornard
Sudbury
Suffolk
CO10 0HE

Christian Youth Outreach Braintree District Trust

Report of the trustees for the year ended 31st March 2021

The Trustees present their annual report for the year ended 31st March 2021.

The accounts have been prepared in accordance with the charity's governing document, the Charities Act and the statement of recommended practice "Accounting and Reporting by Charities".

Structure Governance and Management

The Charity was registered in January 1999. Under the constitution the power to appoint Trustees, of which there shall be at least three, is vested in the existing Trustees.

The trustees who served during the year were:

Sean Carter

Terence Clark

Andrew Knight

Irene Webber

Denise Cheesman

Barry Cheesman

Summary of Objectives

The objects of the Trust are:

- a) to advance the Christian faith particularly amongst children and young people in the schools, colleges and other educational establishments in Braintree and the surrounding area.
- b) to advance education in the said locality.

Public benefit

The Trustees have had regard to the public benefit general guidance issued by the Charity Commission. In this respect, we are committed to providing services on a fair and equitable basis, regardless of race, ethnicity, religion, lifestyle, sex, sexuality, physical/mental disability, offending background or any other factor. Furthermore, we believe that the range of services delivered demonstrate the clear and obvious public benefit of our activities.

Activities

Over this past twelve months, CYO has continued to work in the primary and secondary schools around the Braintree and Halstead areas, albeit with significant restrictions due to the Covid-19 pandemic. The work consisted of:

Assemblies

All presentations were provided as online videos through the academic year, accessible to the same 40+ schools (roughly 7,500 children) CYO works in and at the same frequency (one topic per half-term, six over the academic year). All schools had the opportunity to access these assemblies via YouTube and secure download links; in some cases, the charity saw single downloads exceeding

300. As with previous years, topics varied in content but all presented Christian values in a relevant, educational style.

Lessons

The volume of lessons presented was impacted significantly during the academic year due to the majority of schools being closed to external visitors. However, our secondary schools team still presented a number of RE Lessons to students when schools were open, and our primary team recorded and shared their popular Across The World project online (see below).

Most secondary school lessons operated as an 'interview' style where students were able to discover more about the Christian faith from the views and perspectives of our staff. This is a highly-valued method by the schools and as such is proving more popular each year. Over the academic year, it is estimated around 300 students experienced lessons delivered by the CYO team, either face-to-face or remotely.

Lunch Clubs

Primary school activities unfortunately were halted during the pandemic due to restrictions around external visitors, but the weekly club at Notley High saw a regular weekly attendance of over 25 students. Due to the bubble system that was in place in most schools around the county, this activity was limited to a single year group (Year 7); the positive outcome from this was that our secondary schools team were able to build a rapport with the new intake and they had a familiar place to be each week during their first year of secondary school which brought with it much disruption and uncertainty. As with previous years, this was well supported by staff at the school and CYO's input was highly valued and appreciated.

Mentoring

CYO's demand for mentoring in secondary schools has increased year on year due to the raised awareness of mental and emotional distress being experienced by many young people. The Covid-19 pandemic saw a significant increase in mental health concerns nationally, and this was particularly noticeable in our schools. For the first term of the financial year (Summer 2020), schools were closed and therefore mentoring was not possible at all. The charity remained in regular communication with secondary schools to gauge the need for mentoring once schools resumed in September 2020. At the start of the new academic year, some schools were still closed to external visitors, but the demand for mentoring increased in others, meaning CYO's overall input remained the same. Further school closures in the Autumn and Spring Terms disrupted mentoring again, but weekly workload resumed towards the end of March 2021. Looking forward, it is expected that the need for mentoring will increase substantially. As a result, CYO is in the process of securing funding to employ at least one dedicated mentor to increase our footprint in schools. This means, along with our volunteer mentors, we hope to be able to assist more young people through mentoring and help schools manage the increase of mental health needs in young people.

Project: A-Cross The World

Returning for its twelfth year, A-Cross The World (ATW) was recorded and offered online to all the local primary schools in the Halstead area and North Braintree. A number of schools expressed their appreciation for the work spent presenting each of the eight lessons. Offering one-off lessons to these schools, ATW was a well-organised exploration of different representations of the cross by

Christian communities around the world. Schools were pleased to see the lessons achieve many objectives laid out by the Department for Education and are keen to host this project again in the future.

A number of other commitments to schools were unfortunately put on hold due to current restrictions, but we were surprised by the amount of work that was possible in comparison to similar charities around the UK. We are delighted with the impact CYO has made in schools over this past year and take pleasure in being a part of this Charity that has reached in excess of 7,500 students.

Staffing

We successfully appointed a new worker in April 2020 as a replacement to our previous primary & secondary schools worker. Her main brief was to increase mentoring in the Halstead and Hedingham schools; this was impacted significantly due to schools being closed for her first term of employment. From September 2020, she quickly made an impression and amassed a full timetable of mentoring in one of the schools. We were delighted to learn of her pregnancy early in 2021 which resulted in her giving intention to leave CYO at the end of the summer term. We intend to seek a replacement for her so that we can continue delivering the services she provided. If we are particularly successful with funding, we are open to considering employing two workers to cover a wider field of options.

COVID-19

As mentioned earlier, restrictions surrounding the Coronavirus outbreak resulted in schools being closed for the first term of the financial year (April-July). This resulted in a significant number of mentoring sessions being cancelled. We were pleased the assemblies were able to continue via recorded presentations, reducing the overall negative impact to the charity and its stakeholders.

Risk Management

The Trustees have assessed the major risks to which the Trust is exposed and are satisfied that systems are in place to mitigate exposure to major risks. The reserves of the Trust are maintained at a level which will support the continuance of the activities for a minimum of three months.

We consider this report to be an accurate and fair account of the Charity's activities during the 2020/21 financial year.

On behalf of the Trustees,

Barry Cheesman

Independent examiner's report on the accounts to the trustees of Christian Youth Outreach Braintree District Trust

I report to the trustees on my examination of the accounts of the charity for the year ended 31 March 2021, which are set out on pages 8 and 9.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which give me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

N K Smith FCA

19 Highbury Way, Great Cornard, Sudbury, Suffolk, CO10 0HE

9 September 2021

CHRISTIAN YOUTH OUTREACH BRAINTREE DISTRICT TRUST
(charity no 1073418)

STATEMENT OF ASSETS AND LIABILITIES

31 MARCH 2021

	2021 £	2020 £
Current assets		
Bank accounts	<u>40,894</u>	<u>37,553</u>
Unrestricted funds		
Brought forward	37,553	25,387
Net results	<u>3,341</u>	<u>12,166</u>
Carried forward	<u>40,894</u>	<u>37,553</u>

Signed by one trustee on behalf of all the trustees:

Signature: *J. M. Webber*

Print name: IRÉNÉ MARY WEBBER

Date of approval: 17-9-2021

CHRISTIAN YOUTH OUTREACH BRAINTREE DISTRICT TRUST

(charity no 1073418)

RECEIPTS AND PAYMENTS ACCOUNT

YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
Income		
Donations		
Gift aided	13,748	14,659
Churches	15,413	20,511
Business	4,560	4,560
Schools	1,081	2,540
Personal	1,796	1,700
	<u>36,598</u>	<u>43,970</u>
Other		
Miscellaneous	2,666	12,776
Tax refund	3,481	3,674
Interest	13	37
	<u>42,758</u>	<u>60,457</u>
Expenditure		
Salaries	34,832	42,833
Schools work	1,469	1,619
Office expenses	1,402	1,288
Sundry expenses	0	95
Accountancy	440	490
Employees' expenses	183	940
Pension cost	1,091	1,026
	<u>39,417</u>	<u>48,291</u>
Net results	<u>3,341</u>	<u>12,166</u>