

# Cancer Support Suffolk

England & Wales · Charity number 1073241

## Details

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Other names	CANCER CAMPAIGN IN SUFFOLK, CCIS APPEAL, THE CCIS APPEAL
Status	Registered
Legal form	Other
Registered	1999-01-11
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	58 St. Margarets Street Ipswich Suffolk IP4 2BD
Phone	01473211884
Email	<a href="mailto:theteam@cancersupportsuffolk.co.uk">theteam@cancersupportsuffolk.co.uk</a>
Website	<a href="http://www.cancersupportsuffolk.co.uk">www.cancersupportsuffolk.co.uk</a>

## Activities

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**Objects:** The relief and prevention of cancer within the County of Suffolk. To support the care of those suffering with the disease. To assist with the improvement of facilities and support of projects concerned with the prevention and treatment of cancer and in the advancement of knowledge in the prevention, diagnosis and treatment of cancer.

**Activities:** Set up in 1998, Cancer Support Suffolk, helps people before, during and after cancer. Our dedicated team includes complementary therapists, counsellors, educators, ambassadors and business brains that come together to educate and support the people of Suffolk about cancer. We are inherently local. We believe in this little slice of the UK, it's home. That's why all money raised stays within the county.

## Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

- **Area of benefit:** SUFFOLK
- Essex
- Suffolk

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£298,115	£238,507	-	-
2024-07-31	£281,738	£212,578	-	-
2023-07-31	£142,099	£165,104	-	-
2022-07-31	£142,263	£130,448	-	-
2021-07-31	£179,339	£89,902	-	-

## Trustees

Name	Role	Appointed
Jonathan Wynne Ripman	Chair	1998-07-13
Chris Gray		2017-11-30
DR LIZ SHERWIN		
JOHN BUTTON FRICS		
Jonathan George Shelton Agar DL		2024-10-21
Nicolas Anthony Hulme CBE		2026-02-09
Rosetta Richardson		2023-11-01
Stephen Runnacles		2023-06-01
Teresa Ann Budrey		2024-10-21

**Cancer Support Suffolk**

England & Wales - Charity number 1073241

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# Accounts

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CANCER SUPPORT SUFFOLK



ANNUAL REPORT

&

FINANCIAL STATEMENTS

For the year ended 31 July 2025

Registered Charity No: 1073241

# **CANCER SUPPORT SUFFOLK**

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# **CANCER SUPPORT SUFFOLK**

## **REFERENCE AND ADMINISTRATIVE INFORMATION**

**Charity Registration Number – 1073241**

**Name:** - The name of the charity is Cancer Support Suffolk

**Present Trustees** Jonathan Ripman  
Chris Gray  
John Button  
Dr Liz Sherwin  
Stephen Runnacles  
Rosetta Richardson appointed 1/11/2023  
Jonathan Agar DL appointed 21/10/2024  
Teresa Ann Budrey appointed 21/10/2024

**Administrative Offices** 58 St Margarets Street  
Ipswich  
IP4 2BD

**Independent Examiner** Simon Lasky  
RDP Accountants  
Dencora Business centre  
36 White House Road  
Ipswich  
IP1 5LT

**Bankers** Barclays Bank plc  
Allica Bank

# **CANCER SUPPORT SUFFOLK**

## **TRUSTEES' REPORT**

### **FOR THE YEAR ENDED 31 July 2025**

The trustees present their annual report and financial statements for the year ended 31 July 2025.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

#### **Legal and administrative information**

The information on page 1 forms part of this report.

The trustees set out below have held office during the entire year to the date of this report, are shown on page 1 of this report.

The Charity was registered on 11 January 1999.

The Charity is governed by Scheme Regulations approved by the Charity Commission.

#### **Management and governance arrangements**

The appointment of trustees is by a resolution of the trustees. New trustees are identified by the existing trustees and invited to join the trustee body. They are chosen as being people of good character and standing within the local community usually with previous experience of being a charity trustee. With this background formal training is not usually required but where necessary appropriate briefing is arranged. Background information is provided in the form of previous year's annual report and financial statements, minutes of the meetings of the trustees in the previous year and an introduction meeting with existing Trustees..

Trustees meet every month to consider the how the Charity is faring.

#### **Objectives and activities for the Public Benefit**

CSS is an independent charity that has no affiliation to any national charity or organization. Our objectives are to educate the community on cancer & body awareness, to improve the wellbeing for those with a cancer diagnosis through educational and wellbeing workshops, counselling, and complementary therapies. To reduce the fear of cancer its diagnosis and treatment which enables us to help before, during and after cancer.

#### **Review of the year**

Set up in 1998, Cancer Support Suffolk, helps people before, during and after cancer. Our dedicated team includes complementary therapists, counsellors, educators, ambassadors and business brains that come together to educate and support the people of Suffolk about cancer. We are inherently local. We believe in this little slice of the UK, it's home. .That's why all money raised stays within the county.

It has been an exciting year for our Charity, with a change of staff enabling us to raise more funds and expand our services to Cancer Suffers.

## **CANCER SUPPORT SUFFOLK**

### **TRUSTEES' REPORT [continued] FOR THE YEAR ENDED 31 July 2025**

#### **Review of the Year (continued)**

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Overview of our main activities Prevention (helping before) One in two of us will have a cancer diagnosis in our lifetime; therefore, we will all know someone or will be that person with a cancer diagnosis. These are scary statistics!

CSS understands the importance of getting the message of self- management, awareness and prevention into our community. We all need to understand what the risks are, what changes to look out for and to know what our bodies look like today, so if tomorrow there are some changes we can recognise them and act by visiting our GP's.

National research by CRUK shows that an early diagnosis leads to more successful and less invasive treatment, meaning what is learnt at one of our workshops really can save lives.

Therapies (during) in clinical and community settings The CSS cancer specialist complementary therapy team provide free therapies and counselling to those with a cancer diagnosis. The project provides a variety of therapies that all result in an increase in the wellbeing of each patient. We use the most appropriate therapy for each individual, factoring in which cancer, what the psychological effects are, what surgery they have had, the type of treatment and its effects. This is a project about people and their wellbeing and giving them confidence to help with the management of their own treatment.

Our new website <https://www.cancersupportsuffolk.co.uk/> contains incredibly moving stories from people we have helped in the past, as well as a full description of the wide range of support we offer to the General Public.

#### **Review of financial situation**

There was a surplus for the year ended 31 July 2025 of £59,608 [2024: £69,160. The activities of the Trust are affected by the level of income produced by fund raising activities. Our income during the year was £298,115, compared to £281,738 in the previous year.

#### **Investment policy**

The policy is to generate income from all surplus funds we may have from time to time. Our deposits are reviewed on a quarterly basis to ensure both the generation of the most income, while protecting the Charity's assets.

#### **Reserves policy**

Unrestricted reserves, of £223,154, are carried forward for future periods. The restricted funds, of £73,762 are to be carried forward and used to fund specific projects

#### **Going concern**

Trustees consider that with these provisions the Trust remains a going concern.

## **CANCER SUPPORT SUFFOLK**

### **TRUSTEES' REPORT [continued] FOR THE YEAR ENDED 31 July 2025**

#### **Risk review**

The trustees continue to review the major risks to which the charity is exposed, and the systems in place to mitigate against those risks.

The trustees will work towards increasing the promotion of the Trust to those who might benefit from their benevolence. This is to ensure that the income at their disposal is fully utilised in meeting the objects of the trust deed.

The specific risks that the Trust faces are in the management of the funds and use of the income. These are negated by all grant applications requiring all trustees to consider and agree to the award of grants; financial updates and review by the trustees at their meetings; contingency plans for the provision of accounting should the treasurer no longer be available either in the short or longer term; independent examination of the accounts by qualified accountants.

Approved by the trustees on 31/03/2026 and signed on behalf of the trustees

A handwritten signature in black ink, appearing to read 'Stephen Runnacles', with a horizontal line underneath the name.

S M Runnacles

## **Independent Examiner's report to the trustees of Cancer Support Suffolk**

I report to the trustees on my examination of the accounts of Cancer Support Suffolk for the year ended 31 August 2025.

### **Responsibilities and basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- 2) the accounts do not accord with those records; or
- 3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Simon Lasky FCCA  
RDP Accountants  
Dencora Business Centre  
36 White House Road  
Ipswich  
IP1 5LT

Date 31 - 3 - 2026

## **CANCER SUPPORT SUFFOLK**

### **STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 July 2025**

	2025			2024		
	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
<b>INCOME</b>						
Grants Received	32,961	-	32,961	14,000	141,950	155,950
Donations	107,839	-	107,839	82,470	-	82,470
Interest Received	5,559	-	5,559	3,625	-	3,625
Fund Raising and Other Income	151,756	-	151,756	39,693	-	39,693
	<u>298,115</u>	<u>-</u>	<u>298,115</u>	<u>139,789</u>	<u>141,850</u>	<u>281,738</u>
<b>EXPENDITURE</b>						
Cost of Fund Raising Expenditure	45,609	-	45,609	21,357	-	21,357
Other Administration	72,972	23,264	96,236	93,514	23,277	116,791
Charitable Expenditure	42,854	53,808	96,662	17,433	56,997	74,430
	<u>161,435</u>	<u>77,072</u>	<u>238,507</u>	<u>132,304</u>	<u>80,274</u>	<u>212,578</u>
<b>SURPLUS/(DEFICIT) FOR YEAR</b>	<b><u>136,680</u></b>	<b><u>(77,072)</u></b>	<b><u>59,608</u></b>	<b><u>7,484</u></b>	<b><u>61,676</u></b>	<b><u>69,160</u></b>
Funds B/Fwd 1 August 2024	86,474	150,834	237,308	19,652	148,496	168,148
Transfer between Funds	-	-	-	59,338	(59,338)	-
<b>Funds Carried Forward 31<sup>st</sup> July 2025</b>	<b><u>223,154</u></b>	<b><u>73,762</u></b>	<b><u>296,916</u></b>	<b><u>86,474</u></b>	<b><u>150,834</u></b>	<b><u>237,308</u></b>

## **CANCER SUPPORT SUFFOLK**

BALANCE SHEET  
AS AT 31 July 2025

	2025			2024		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
<b>CURRENT ASSETS</b>						
Bank and Building Society Balances	223,650	73,762	297,412	89,511	150,834	240,245
<b>CURRENT LIABILITIES</b>						
Other Creditors	496	-	496	3,037	-	3,037
<b>NET ASSETS</b>	<b>223,154</b>	<b>73,762</b>	<b>296,916</b>	<b>86,474</b>	<b>150,834</b>	<b>237,208</b>
<b>FUNDS</b>	<b>223,154</b>	<b>73,762</b>	<b>296,916</b>	<b>86,474</b>	<b>150,834</b>	<b>237,208</b>

Approved on 31/3/2026



S M Runnacles

# **CANCER SUPPORT SUFFOLK**

## **NOTES TO ACCOUNTS FOR THE YEAR ENDED 31 July 2025**

### **Note 1. Accounting Policies**

#### **Charity Information**

Cancer Support Suffolk is an unincorporated registered charity, governed by a Trust deed, domiciled in England and Wales.

The object of the Charity is to help people before, during and after cancer. Our dedicated team includes complementary therapists, counsellors, educators, ambassadors.

#### **Basis of accounting**

The financial statements have been prepared under the historical cost convention.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest pound.

The accounts have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) rather than the version referred to in the Regulations which has since been withdrawn

The charity is a Public Benefit Entity as defined by FRS102.

#### **Going concern**

The Trustees have reviewed the financial position of the charity and in particular the level of the unrestricted reserves. The current level of the unrestricted reserves requires the Trustees to monitor the future expenditure. On this basis the Trustees continue to consider that the charity is a going concern.

#### **Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted Funds are held and expended only for the purposes laid down by the donors of those funds.

# **CANCER SUPPORT SUFFOLK**

## **NOTES TO ACCOUNTS continued FOR THE YEAR ENDED 31 July 2025**

### **Note 1. Accounting Policies continued**

#### **Incoming resources**

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

#### **Resources expended**

Expenditure has been classified under headings that aggregate all costs related to the category. Charitable activities are those resulting from grants issued to institutions and also costs incurred in connection with governance and support of the charity and compliance with constitutional and statutory requirements. Raising funds includes the cost of Investment Management. Resources expended include attributable VAT which cannot be recovered

#### **Cash and cash equivalents**

Cash and cash equivalents include cash in hand and deposits held at call with banks.

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

#### **Accounting estimates and areas of judgement**

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. There are no critical accounting estimates.

#### **Taxation**

The Trust is a charity within the meaning of Section 506(1) of the Taxes Act 1998. Accordingly the trust is potentially exempt from taxation in respect of income or capital gains received within categories covered by Section 505 of the Taxes Act 1998 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied to exclusively charitable purposes

## **CANCER SUPPORT SUFFOLK**

**NOTES TO ACCOUNTS continued  
FOR THE YEAR ENDED 31 July 2025**

### **Note 2. Funds**

a) **Unrestricted funds**, comprises of the Income Fund which the trustees are free to use in accordance with the charitable objects.

b) **Restricted Funds**, comprises of the Income Fund which the Trustees can only use for the purposes laid down by the donors of those funds

#### **Summary as at 31<sup>st</sup> July 2024**

	<b><u>B/fwd 1/8/2023</u></b>	<b><u>Net movement in Funds</u></b>	<b><u>C/fwd 31/07/2024</u></b>
Unrestricted Fund	19,652	66,822	86,474
Restricted Fund	148,496	2,338	150,834
	168,148	69,160	237,308

#### **Summary as at 31<sup>st</sup> July 2025**

	<b><u>B/fwd 1/8/2024</u></b>	<b><u>Net movement in Funds</u></b>	<b><u>C/fwd 31/07/2025</u></b>
Unrestricted Fund	86,474	136,680	223,154
Restricted Fund	150,834	(77,072)	73,782
	237,308	59,608	296,916

### **Note 3. Related Party Transactions**

There are no related party transactions or balances in either year.

No trustee has received remuneration or expenses for their services to the charity.

**Cancer Support Suffolk**

England & Wales - Charity number 1073241

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# Accounts

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CANCER SUPPORT SUFFOLK



ANNUAL REPORT

&

FINANCIAL STATEMENTS

For the year ended 31 July 2024

Registered Charity No: 1073241

# **CANCER SUPPORT SUFFOLK**

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# **CANCER SUPPORT SUFFOLK**

## **REFERENCE AND ADMINISTRATIVE INFORMATION**

**Charity Registration Number – 1073241**

**Name:** - The name of the charity is Cancer Support Suffolk

**Present Trustees**

Jonathan Ripman  
Chris Gray  
John Button  
Dr Liz Sherwin  
Stephen Runnacles  
Rosetta Richardson appointed 1/11/2023  
Jonathan Agar DL appointed 21/10/2024  
Teresa Ann Budrey appointed 21/10/2024

**Administrative Offices**

58 St Margarets Street  
Ipswich  
IP4 2BD

**Independent Examiner**

Simon Lasky  
RDP Accountants  
Dencora Business centre  
36 White House Road  
Ipswich  
IP1 5LT

**Bankers**

Barclays Bank plc  
Leicester  
Leicestershire  
LE87 2BB

# **CANCER SUPPORT SUFFOLK**

## **TRUSTEES' REPORT**

### **FOR THE YEAR ENDED 31 July 2024**

The trustees present their annual report and financial statements for the year ended 31 July 2024.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

#### **Legal and administrative information**

The information on page 1 forms part of this report.

The trustees set out below have held office during the entire year to the date of this report, are shown on page 1 of this report.

The Charity was registered on 11 January 1999.

The Charity is governed by Scheme Regulations approved by the Charity Commission.

#### **Management and governance arrangements**

The appointment of trustees is by a resolution of the trustees. New trustees are identified by the existing trustees and invited to join the trustee body. They are chosen as being people of good character and standing within the local community usually with previous experience of being a charity trustee. With this background formal training is not usually required but where necessary appropriate briefing is arranged. Background information is provided in the form of previous year's annual report and financial statements, minutes of the meetings of the trustees in the previous year and an introduction meeting with existing Trustees..

Trustees meet every month to consider the how the Charity is faring.

#### **Objectives and activities for the Public Benefit**

CSS is an independent charity that has no affiliation to any national charity or organization. Our objectives are to educate the community on cancer & body awareness, to improve the wellbeing for those with a cancer diagnosis through educational and wellbeing workshops, counselling, and complementary therapies. To reduce the fear of cancer its diagnosis and treatment which enables us to help before, during and after cancer.

#### **Review of the year**

Set up in 1998, Cancer Support Suffolk, helps people before, during and after cancer. Our dedicated team includes complementary therapists, counsellors, educators, ambassadors and business brains that come together to educate and support the people of Suffolk about cancer. We are inherently local. We believe in this little slice of the UK, it's home. .That's why all money raised stays within the county.

It has been an exciting year for our Charity, with a change of staff enabling us to raise more funds and expand our services to Cancer Suffers.

# **CANCER SUPPORT SUFFOLK**

## **TRUSTEES' REPORT [continued] FOR THE YEAR ENDED 31 July 2024**

### **Review of the Year (continued)**

On 15th November 2023, the Trustees decided to change the name of the Charity from Cancer Campaign in Suffolk, to Cancer Support Suffolk. The Trustees feel that the new name more accurately reflects the range of activities carried out by the Charity.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Overview of our main activities Prevention (helping before) One in two of us will have a cancer diagnosis in our lifetime; therefore, we will all know someone or will be that person with a cancer diagnosis. These are scary statistics!

CSS understands the importance of getting the message of self- management, awareness and prevention into our community. We all need to understand what the risks are, what changes to look out for and to know what our bodies look like today, so if tomorrow there are some changes we can recognise them and act by visiting our GP's.

National research by CRUK shows that an early diagnosis leads to more successful and less invasive treatment, meaning what is learnt at one of our workshops really can save lives.

Therapies (during) in clinical and community settings The CSS cancer specialist complementary therapy team provide free therapies and counselling to those with a cancer diagnosis. The project provides a variety of therapies that all result in an increase in the wellbeing of each patient. We use the most appropriate therapy for each individual, factoring in which cancer, what the psychological effects are, what surgery they have had, the type of treatment and its effects. This is a project about people and their wellbeing and giving them confidence to help with the management of their own treatment.

Our new website <https://www.cancersupportsuffolk.co.uk/> contains incredibly moving stories from people we have helped in the past, as well as a full description of the wide range of support we offer to the General Public.

### **Review of financial situation**

There was a surplus for the year ended 31 July 2024 of £69,160 [2023: Deficit £23,055]. The activities of the Trust are affected by the level of income produced by fund raising activities. Our income during the year was £281,738, compared to £142,099 in the previous year.

### **Investment policy**

The policy is to generate income from all surplus funds we may have from time to time. Our deposits are reviewed on a quarterly basis to ensure both the generation of the most income, while protecting the Charity's assets.

### **Reserves policy**

Unrestricted reserves, of £86,474, are carried forward for future periods. The restricted funds, of £150,834 are to be carried forward and used to fund specific projects

### **Going concern**

Trustees consider that with these provisions the Trust remains a going concern.

## **CANCER SUPPORT SUFFOLK**

### **TRUSTEES' REPORT [continued] FOR THE YEAR ENDED 31 July 2024**

#### **Risk review**

The trustees continue to review the major risks to which the charity is exposed, and the systems in place to mitigate against those risks.

The trustees will work towards increasing the promotion of the Trust to those who might benefit from their benevolence. This is to ensure that the income at their disposal is fully utilised in meeting the objects of the trust deed.

The specific risks that the Trust faces are in the management of the funds and use of the income. These are negated by all grant applications requiring all trustees to consider and agree to the award of grants; financial updates and review by the trustees at their meetings; contingency plans for the provision of accounting should the treasurer no longer be available either in the short or longer term; independent examination of the accounts by qualified accountants.

Approved by the trustees on 22<sup>nd</sup> April 2024 and signed on behalf of the trustees

A handwritten signature in black ink, appearing to read 'Stephen Runnacles', with a horizontal line underneath the name.

S M Runnacles

## **Independent Examiner's report to the trustees of Cancer Care Suffolk**

I report to the trustees on my examination of the accounts of Cancer Care Suffolk for the year ended 31 July 2024.

### **Responsibilities and basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- 2) the accounts do not accord with those records; or
- 3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Simon Lasky FCCA  
RDP Accountants  
Dencora Business Centre  
36 White House Road  
Ipswich  
IP1 5LT

Date 1 May 2025

## **CANCER SUPPORT SUFFOLK**

### **STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 July 2024**

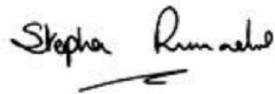
	<b>2024</b>			<b>2023</b>		
	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>INCOME</b>						
Grants Received	14,000	141,950	155,950	-	114,314	114,314
Donations	82,470	-	82,470	9,770	10,803	20,573
Interest Received	3,625	-	3,625	1,130	-	1,130
Fund Raising and Other Income	39,693	-	39,693	5,349	733	6,082
	<u>139,788</u>	<u>141,950</u>	<u>281,738</u>	<u>16,249</u>	<u>125,850</u>	<u>142,099</u>
<b>EXPENDITURE</b>						
Cost of Fund Raising Expenditure	21,357	-	21,357			
Other Administration	93,514	23,277	116,791	69,139	-	69,139
Charitable Expenditure	17,433	56,997	74,430	4,951	91,015	95,965
	<u>132,304</u>	<u>80,274</u>	<u>212,578</u>	<u>74,090</u>	<u>91,015</u>	<u>165,104</u>
<b>SURPLUS/(DEFICIT) FOR YEAR</b>	<b>7,484</b>	<b>61,676</b>	<b>69,160</b>	<b>(57,841)</b>	<b>34,835</b>	<b>(23,006)</b>
Funds B/Fwd 1 August 2023	19,652	148,496	168,148	77,493	113,661	191,154
Transfer between Funds	59,338	(59,338)	-	-	-	-
<b>Funds Carried Forward 31<sup>st</sup> July 2024</b>	<b>86,474</b>	<b>150,834</b>	<b>237,308</b>	<b>19,652</b>	<b>148,496</b>	<b>168,148</b>

# **CANCER SUPPORT SUFFOLK**

**BALANCE SHEET**  
**AS AT 31 July 2024**

	<b>2024</b>			<b>2023</b>		
	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>
<b>CURRENT ASSETS</b>						
Bank and Building Society Balances	89,511	150,834	240,245	19,652	148,496	168,148
<b>CURRENT LIABILITIES</b>						
Other Creditors	3,037	-	3,037	-	-	-
<b>NET ASSETS</b>	<b>86,474</b>	<b>150,834</b>	<b>237,208</b>	<b>19,652</b>	<b>148,496</b>	<b>168,148</b>
<b>FUNDS</b>	<b>86,474</b>	<b>150,834</b>	<b>237,208</b>	<b>19,652</b>	<b>148,496</b>	<b>168,148</b>

Approved on 21<sup>st</sup> April 2025



S M Runnacles

# **CANCER SUPPORT SUFFOLK**

## **NOTES TO ACCOUNTS FOR THE YEAR ENDED 31 July 2024**

### **Note 1. Accounting Policies**

#### **Charity Information**

Cancer Support Suffolk is an unincorporated registered charity, governed by a Trust deed, domiciled in England and Wales.

The object of the Charity is to help people before, during and after cancer. Our dedicated team includes complementary therapists, counsellors, educators, ambassadors.

#### **Basis of accounting**

The financial statements have been prepared under the historical cost convention.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest pound.

The accounts have been prepared to give a 'true and fair view' and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) rather than the version referred to in the Regulations which has since been withdrawn

The charity is a Public Benefit Entity as defined by FRS102.

#### **Going concern**

The Trustees have reviewed the financial position of the charity and in particular the level of the unrestricted reserves. The current level of the unrestricted reserves requires the Trustees to monitor the future expenditure. On this basis the Trustees continue to consider that the charity is a going concern.

#### **Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted Funds are held and expended only for the purposes laid down by the donors of those funds.

## **CANCER SUPPORT SUFFOLK**

### **NOTES TO ACCOUNTS continued FOR THE YEAR ENDED 31 July 2024**

#### **Note 1. Accounting Policies continued**

##### **Incoming resources**

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

##### **Resources expended**

Expenditure has been classified under headings that aggregate all costs related to the category. Charitable activities are those resulting from grants issued to institutions and also costs incurred in connection with governance and support of the charity and compliance with constitutional and statutory requirements. Raising funds includes the cost of Investment Management. Resources expended include attributable VAT which cannot be recovered

##### **Cash and cash equivalents**

Cash and cash equivalents include cash in hand and deposits held at call with banks.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

##### **Accounting estimates and areas of judgement**

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. There are no critical accounting estimates.

##### **Taxation**

The Trust is a charity within the meaning of Section 506(1) of the Taxes Act 1998. Accordingly the trust is potentially exempt from taxation in respect of income or capital gains received within categories covered by Section 505 of the Taxes Act 1998 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied to exclusively charitable purposes

## **CANCER SUPPORT SUFFOLK**

### **NOTES TO ACCOUNTS continued FOR THE YEAR ENDED 31 July 2024**

#### **Note 2. Funds**

a) **Unrestricted funds**, comprises of the Income Fund which the trustees are free to use in accordance with the charitable objects.

b) **Restricted Funds**, comprises of the Income Fund which the Trustees can only use for the purposes laid down by the donors of those funds

#### **Summary as at 31<sup>st</sup> July 2023**

	<b><u>B/fwd 1/8/2022</u></b>	<b><u>Net movement in Funds</u></b>	<b><u>C/fwd 31/07/2023</u></b>
Unrestricted Fund	77,493	(57,841)	19,652
Restricted Fund	113,661	34,835	148,496
	191,154	(23,006)	168,148

#### **Summary as at 31<sup>st</sup> July 2024**

	<b><u>B/fwd 1/8/2023</u></b>	<b><u>Net movement in Funds</u></b>	<b><u>C/fwd 31/07/2024</u></b>
Unrestricted Fund	19,652	66,822	86,474
Restricted Fund	148,496	2,338	150,834
	168,148	69,160	237,308

#### **Note 3. Related Party Transactions**

There are no related party transactions or balances in either year.

No trustee has received remuneration or expenses for their services to the charity.



**Cancer Support Suffolk**

England & Wales - Charity number 1073241

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# Accounts

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# Trustees' Annual Report for the period

		Period start date		Period end date			
<b>From</b>	1	Month 8	Year 2021	<b>To</b>	31st	Month 7	Year 2022

## Section A Reference and administration details

**Charity name** Cancer Support Suffolk

**Other names charity is known by** CSS

**Registered charity number (if any)** 1073241

**Charity's principal address** 56-58 St Margarets Street  
 Ipswich  
 Suffolk  
**Postcode** IP4 2 BD

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	JW Ripman	Chair		
2	J Button			
3	Dr Liz Sherwin			
4	Chris Gray			
5	S M Runnacles		Appointed 1/06/2023	
6	Rosie Richardson		Appointed 1/11/2023	
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

--

**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document  
(eg. trust deed, constitution)

A Deed of Trust

How the charity is constituted  
(eg. trust, association, company)

Unincorporated

Trustee selection methods  
(eg. appointed by, elected by)

Appointed by Chair and one other Trustee

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

CSS is an independent charity that has no affiliation to any national charity or organization. Our objectives are to educate the community on cancer & body awareness, to improve the wellbeing for those with a cancer diagnosis through educational and wellbeing workshops, counselling, and complementary therapies. To reduce the fear of cancer its diagnosis and treatment which enables us to help before, during and after cancer.

## Cancer Support Suffolk (CSS)

On 15<sup>th</sup> November 2023, the Trustees decided to change the name of the Charity from Cancer Campaign in Suffolk, to Cancer Support Suffolk. The Trustees feel that the new name more accurately reflects the range of activities carried out by the Charity.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Overview of our main activities Prevention (helping before) One in two of us will have a cancer diagnosis in our lifetime; therefore, we will all know someone or will be that person with a cancer diagnosis. These are scary statistics! CSS understands the importance of getting the message of self-management, awareness and prevention into our community. We all need to understand what the risks are, what changes to look out for and to know what our bodies look like today, so if tomorrow there are some changes we can recognise them and act by visiting our GP's. National research by CRUK shows that an early diagnosis leads to more successful and less invasive treatment, meaning what is learnt at one of our workshops really can save lives.

Therapies (during) in clinical and community settings The CSS cancer specialist complementary therapy team provide free therapies and counselling to those with a cancer diagnosis. The project provides a variety of therapies that all result in an increase in the wellbeing of each patient. We use the most appropriate therapy for each individual, factoring in which cancer, what the psychological effects are, what surgery they have had, the type of treatment and its effects. This is a project about people and their wellbeing and giving them confidence to help with the management of their own treatment.

Our new website <https://www.cancersupportsuffolk.co.uk/> contains incredibly moving stories from people we have helped in the past, as well as a full description of the wide range of support we offer to the General Public.

### Exciting news...

In the autumn of 2022, we were able to open our new hub in the centre of Ipswich. The hub is both a centre for our fund raising and educational staff as well as providing a first-rate environment for our therapy treatments. It also serves as a centre for our friends just to drop in. Our long serving Chief Executive, Karen Hare retired in December 2023, and we thank her for her wonderful service and dedication during her time with the Charity. The Trustees wish Karen all the best for her retirement.

Mark Murphy has taken over as Chief Executive and is making an enormous difference, in launching a new fund-raising initiative and extending the range of therapies offered by the Charity.

During the year, were fortunate enough to secure funding to have the services of a Cancer educator for 12 months.

Our Educator started with us in September 2023 and has already made a huge difference in the area.

We are also pleased to announce that we have secured additional funding for our Educator for a further two years.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Volunteers will always be a vital part of charitable work

## Section D Achievements and performance

### Summary of the main achievements of the charity during the year

In the autumn of 2022, we were able to open our new hub in the centre of Ipswich. The hub is both a centre for our fund raising and educational staff as well as providing a first-rate environment for our therapy treatments. It also serves as a centre for our friends just to drop in.

Our long serving Chief Executive, Karen Hare retired in December 2023, and we thank her for her wonderful service and dedication during her time with the Charity. The Trustees wish Karen all the best for her retirement.

Mark Murphy has taken over as Chief Executive and is making an enormous difference, in launching a new fund-raising initiative and extending the range of therapies offered by the Charity.

During the year, were fortunate enough to secure funding to have the services of a Cancer educator for 12 months.

Our Educator started with us in September 2023 and has already made a huge difference in the area.

We are also pleased to announce that we have secured additional funding for our Educator for a further two years.

A large, empty rectangular box with a thin black border, occupying most of the page. It is intended for the user to write their achievements and performance.

**Section E Financial review**

**Brief statement of the charity's policy on reserves**

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

**Section F Other optional information**

**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Stephen Murray Runnacles

Position

Trustee

Date

30/05/2024



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
**Cancer Support Suffolk**

**On accounts for the year  
ended**

**31<sup>st</sup> July 2023**

**Charity no  
(if any)**

**1073241**

**Set out on pages**

9 and 10

*(remember to include the page numbers of additional sheets)*

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/07/2023**.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

*Anthony Brice*

**Date:**

06/06/2024

**Name:**

Anthony Brice

**Relevant professional  
qualification(s) or body  
(if any):**

FCCA

**Address:**

10, The Thoroughfare,

Harleston

Norfolk, IP20 9AX

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

None



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
Cancer Support Suffolk

No (if any)  
1073241

CC16a

## Receipts and payments accounts

For the period from	Period start date 01/08/2022	To	Period end date 31/07/2023
---------------------	---------------------------------	----	-------------------------------

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grant income	-	84,631	-	84,631	51,851
Donations	9,771	10,803	-	20,573	54,081
Covenants and Gift Aid	-	-	-	-	-
Special events	5,277	-	-	5,277	19,554
Mechandise sales	-	733	-	733	2,702
HQ Counselling/Caring For Me	-	29,683	-	29,683	13,700
Deposit account interest	1,130	-	-	1,130	335
Other income	71	-	-	71	40
<b>Sub total (Gross income for AR)</b>	<b>16,249</b>	<b>125,850</b>	<b>-</b>	<b>142,099</b>	<b>142,263</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>16,249</b>	<b>125,850</b>	<b>-</b>	<b>142,099</b>	<b>142,263</b>
<b>A3 Payments</b>					
General wages and salaries	35,469	-	-	35,469	19,267
HQ Counselling/Caring For Me	-	9,478	-	9,478	-
Other costs of charitable activities	4,951	81,536	-	86,487	70,074
Office expenses	33,670	-	-	33,670	41,107
Sundry expenses	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>74,090</b>	<b>91,014</b>	<b>-</b>	<b>165,104</b>	<b>130,448</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>74,090</b>	<b>91,014</b>	<b>-</b>	<b>165,104</b>	<b>130,448</b>
<b>Net of receipts/(payments)</b>	<b>- 57,841</b>	<b>34,835</b>	<b>-</b>	<b>- 23,005</b>	<b>11,815</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>77,493</b>	<b>113,661</b>	<b>-</b>	<b>191,154</b>	<b>179,339</b>
<b>Cash funds this year end</b>	<b>19,652</b>	<b>148,496</b>	<b>-</b>	<b>168,149</b>	<b>191,154</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Current bank account	19,652	4,767	-
	Business premium bank account	-	50,502	-
	Savings bank account	-	93,227	-
	<b>Total cash funds</b>	<b>19,652</b>	<b>148,496</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
 <small>Stephen Runnacles (Jun 6, 2024 10:57 GMT+1)</small>	Stephen Runnacles	06/06/2024











# CCiS final annual report and financial statements 2023

Final Audit Report

2024-06-06

Created:	2024-06-06
By:	Anthony Brice (anthonyjbrice@gmail.com)
Status:	Signed
Transaction ID:	CBJCHBCAABAA4QIMCHAFGA7KCuOidwC43gi0lJOy4GHF

## "CCiS final annual report and financial statements 2023" History

-  Document created by Anthony Brice (anthonyjbrice@gmail.com)  
2024-06-06 - 9:42:03 AM GMT- IP address: 78.151.176.227
-  Document emailed to steve.m.runnacles@gmail.com for signature  
2024-06-06 - 9:45:40 AM GMT
-  Email viewed by steve.m.runnacles@gmail.com  
2024-06-06 - 9:55:13 AM GMT- IP address: 92.11.14.87
-  Signer steve.m.runnacles@gmail.com entered name at signing as Stephen Runnacles  
2024-06-06 - 9:57:53 AM GMT- IP address: 92.11.14.87
-  Document e-signed by Stephen Runnacles (steve.m.runnacles@gmail.com)  
Signature Date: 2024-06-06 - 9:57:55 AM GMT - Time Source: server- IP address: 92.11.14.87
-  Document emailed to anthony@ajbriceaccountancy.co.uk for signature  
2024-06-06 - 9:57:56 AM GMT
-  Email viewed by anthony@ajbriceaccountancy.co.uk  
2024-06-06 - 11:51:25 AM GMT- IP address: 78.151.176.227
-  Signer anthony@ajbriceaccountancy.co.uk entered name at signing as Anthony Brice  
2024-06-06 - 11:51:44 AM GMT- IP address: 78.151.176.227
-  Document e-signed by Anthony Brice (anthony@ajbriceaccountancy.co.uk)  
Signature Date: 2024-06-06 - 11:51:46 AM GMT - Time Source: server- IP address: 78.151.176.227
-  Agreement completed.  
2024-06-06 - 11:51:46 AM GMT

**Cancer Support Suffolk**

England & Wales - Charity number 1073241

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# Accounts

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# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	1	Month 8	Year 2021		31st	Month 7	Year 2022

## Section A Reference and administration details

**Charity name**

Cancer Campaign in Suffolk

**Other names charity is known by**

CCiS

**Registered charity number (if any)**

1073241

**Charity's principal address**

56-58 St Margarets Street  
Ipswich  
Suffolk  
Postcode IP4 2 BD

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	JW Ripman	Chair		
2	J Button			
3	Dr Liz Sherwin			
4	Chris Gray			
5	Helen Porter			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

--

**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	A Deed of Trust
How the charity is constituted (eg. trust, association, company)	Unincorporated
Trustee selection methods (eg. appointed by, elected by)	Appointed by Chair and one other Trustee

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

CCiS is an independent charity that has no affiliation to any national charity or organization. Our objectives are to educate the community on cancer & body awareness, to improve the wellbeing for those with a cancer diagnosis through educational and wellbeing workshops, counselling and complementary therapies. To reduce the fear of cancer its diagnosis and treatment which enables us to help before, during and after cancer.

## Cancer Campaign in Suffolk (CCiS)

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Over view of our main activities Prevention (helping before) One in 2 of us will have a cancer diagnosis in our lifetime therefore; we will all know someone or will be that person with a cancer diagnosis. These are scary statistic! CCiS understands the importance of getting the message of self-management, awareness and prevention into our community. We all need to understand what the risks are, what changes to look out for and to know what our bodies look like today, so if tomorrow there are some changes we can recognise them and act by visiting our GP's. National research by CRUK shows that an early diagnosis leads to more successful and less invasive treatment, meaning what is learnt at one of our workshops really can save lives.

Therapies (during) in clinical and community settings The CCiS cancer specialist complementary therapy team provide free therapies and counselling to those with a cancer diagnosis. The project provides a variety of therapies that all result in an increase in the wellbeing of each patient. We use the most appropriate therapy for each individual, factoring in which cancer, what the psychological effects are, what surgery they have had, the type of treatment and its effects. This is a project about people and their wellbeing and giving them confidence to help with the management of their own treatment. Case studies...

*Diagnosed at 54 in 2021*

*Loss of Husband August 2020 and Mum diagnosed with cancer June 2022*

*This patient presented extremely anxious, tearful and grieving. Her anxiety rendered her unable to cope and her first therapy was spent in tears then asleep. Gradually by her 3<sup>rd</sup> treatment the anxiety was much reduced.*

*The patient has always claimed after Thai foot massage that it removes physical pain, plus she enjoys the space to openly chat about everything, in a calming environment to relax and reduce anxiety.*

*Her phased return to work was a massive concern because she wanted to reduce her hours.*

*My patient has holidayed to Italy. She wore her husband's panama hat, this made her feel like "he was with me". Relationships with her 2 sons are better. Her letrozole continues to cause cramps and joint pain. She has lymphoedema radiotherapy issues, but is in touch with breast screening. She is looking forward to her next therapy which will be her last as she will be needed to help her mum who is to start her cancer treatment shortly, followed by complementary therapy which she knows will be good for her.*

We have had several new cases of COVID recently which has brought back mask wearing and reduced visiting and clinical appointments so the fears of COVID have still not gone! Many are finding that the effects of COVID and the recent upsurge in cases frightening and have a long lasting negative effect on them. They are presenting with much more complex psychological problems that need longer counselling sessions in some cases up to 50% more than is usual. We are seeing more loneliness, patients experiencing less family time, increased fear of COVID hospitals and the effects it could have on an already compromised immune system. They are having a tough time and are so

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

appreciative of the time and help that CCiS provides... here are a few case studies...

*M had been through treatment but said that it was difficult to get back to “normal life”. She didn’t recognise what normal meant anymore. She wanted a space that was confidential, and she could talk about her worries, fears as well as her hopes for the future. M thought that her feelings were often conflicted and the counsellor accepted this without any judgement. Counselling helped M to understand how her diagnosis had impacted on her and how her reactions of shock, low mood and anxiety were normal responses to her experience. Counselling helped M to consider what was important to her and how she might make changes when she was ready.*

*As D progressed in her counselling sessions she became more able to express to her family her fears and worries . She was also more open to asking others to support her in ways that were important to her. Sometimes this meant asking others for practical help and sometimes it meant asking for quiet companionship when she felt tired or anxious. D also responded well to self-care strategies that helped her to relax and manage intrusive thoughts. Counselling helped D to reflect on and prioritise her own needs. The realisation that she could allow others to care for her helped D to get through what she described as “those awful days after chemotherapy”. D felt that counselling enabled her to do things differently, to recognize the importance of self-care and to allow those close to her to express their love and care for her.*

As you can see the results of this project on the wellbeing of those who have counselling and/or complementary therapies are amazing; people are less anxious, look more positively on their future and feel more in control of their situation. This has a huge impact on the way they manage not only their treatment but their personal lives as well.

#### **Exciting news...**

We are expanding to meet vital needs of those with cancer and their families...

We understand the huge need to continue working in the community to meet the increasing demands of those with cancer and their families. We have successfully leased a property for 10 years in the heart of Ipswich giving a central location, easy access, with parking close by. The property is grade 2 listed and needs some work to ensure it meets the requirements of those we want to welcome to our new Community Cancer Hub. The refurbishment will take many months and we hope to open in the Autumn of 2022.

#### **Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Volunteers will always be a vital part of charitable work

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

#### Exciting news...

We are expanding to meet vital needs of those with cancer and their families...

We understand the huge need to continue working in the community to meet the increasing demands of those with cancer and their families. We have successfully leased a property for 10 years from Feb 2022 in the heart of Ipswich giving a central location, easy access, with parking close by. The property is grade 2 listed and needs some work to ensure it meets the requirements of those we want to welcome to our new Community Cancer Hub. The refurbishment will take many months and we hope to open in the Autumn of 2022.

A large, empty rectangular box with a thin black border, occupying most of the page. It is intended for the user to write their achievements and performance.

## Section E Financial review

**Brief statement of the charity's policy on reserves**

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>	<u>Jonathan Ripman</u> <small>Jonathan Ripman (May 25, 2023 09:58 GMT+1)</small>	
<b>Full name(s)</b>	Jonathan Ripman	
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	25/05/2023	



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
**Cancer Campaign in Suffolk**

**On accounts for the year  
ended**

**31<sup>st</sup> July 2022**

**Charity no  
(if any)**

**1073241**

**Set out on pages**

10 and 11

*(remember to include the page numbers of additional sheets)*

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/07/2022**.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

**25/05/2023**

**Name:**

Anthony Brice

**Relevant professional  
qualification(s) or body  
(if any):**

FCCA

**Address:**

10, The Thoroughfare,

Harleston

Norfolk, IP20 9AX

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

None



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
**Cancer Campaign in Suffolk**

No (if any)  
**1073241**

**CC16a**

## Receipts and payments accounts

For the period from	Period start date 01/08/2021	To	Period end date 31/07/2022
---------------------	---------------------------------	----	-------------------------------

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grant income	1,424	50,427	-	51,851	124,905
Donations	48,582	5,499	-	54,081	3,604
Covenants and Gift Aid	-	-	-	-	-
Special events	19,554	-	-	19,554	73,155
Mechandise sales	-	2,702	-	2,702	186
HQ Counselling/Caring For Me	-	13,700	-	13,700	559
Deposit account interest	335	-	-	335	235
Other income	40	-	-	40	6,563
<b>Sub total (Gross income for AR)</b>	<b>69,935</b>	<b>72,328</b>	<b>-</b>	<b>142,263</b>	<b>209,207</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>69,935</b>	<b>72,328</b>	<b>-</b>	<b>142,263</b>	<b>209,207</b>
<b>A3 Payments</b>					
General wages and salaries	19,267	-	-	19,267	22,945
HQ Counselling/Caring For Me	-	-	-	-	4,670
Other costs of charitable activities	2,011	68,063	-	70,074	47,968
Office expenses	41,107	-	-	41,107	14,319
Sundry expenses	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>62,385</b>	<b>68,063</b>	<b>-</b>	<b>130,448</b>	<b>89,902</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>62,385</b>	<b>68,063</b>	<b>-</b>	<b>130,448</b>	<b>89,902</b>
<b>Net of receipts/(payments)</b>	<b>7,550</b>	<b>4,265</b>	<b>-</b>	<b>11,815</b>	<b>119,305</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>69,943</b>	<b>109,396</b>	<b>-</b>	<b>179,339</b>	<b>60,034</b>
<b>Cash funds this year end</b>	<b>77,493</b>	<b>113,661</b>	<b>-</b>	<b>191,154</b>	<b>179,339</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Current bank account	-	26,023	-
	Business premium bank account	-	32,982	-
	Savings bank account	113,661	18,488	-
	<b>Total cash funds</b>	<b>113,661</b>	<b>77,493</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
 <small>Jonathan Ripman [May 25, 2023 09:58 GMT+1]</small>	Jonathan Ripman	25/05/2023

**Cancer Support Suffolk**

England & Wales - Charity number 1073241

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# Accounts

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## Trustees' Annual Report for the period

From 2020 - 2021 Period start date August 2020 Period end, date 31 July 2021

Charity name: Cancer Campaign in Suffolk

Charity registration number: 1073241

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	CCiS is an independent charity that has no affiliation to any national charity or organization. Our objectives are to educate the community on cancer & body awareness, to improve the wellbeing for those with a cancer diagnosis through educational and wellbeing workshops, counselling and complementary therapies. To reduce the fear of cancer its diagnosis and treatment which enables us to help before, during and after cancer.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Over view of our main activities</p> <p>Prevention (helping before)</p> <p>One in 2 of us will have a cancer diagnosis in our lifetime therefore; we will all know someone or will be that person with a cancer diagnosis. These are scary statistic! CCiS understands the importance of getting the message of self-management, awareness and prevention into our community. We all need to understand what the risks are, what changes to look out for and to know what our bodies look like today, so if tomorrow there are some changes we can recognise them and act by visiting our GP's. National research by CRUK shows that an early diagnosis leads to more successful and less invasive treatment, meaning what is learnt at one of our workshops really can save lives.</p> <p>Therapies (during) in clinical and community settings</p>

		<p>The CCiS cancer specialist complementary therapy team provide free therapies and counselling to those with a cancer diagnosis.</p> <p>The project provides a variety of therapies that all result in an increase in the wellbeing of each patient. We use the most appropriate therapy for each individual, factoring in which cancer, what the psychological effects are, what surgery they have had, the type of treatment and its effects. This is a project about people and their wellbeing and giving them confidence to help with the management of their own treatment. Those with a cancer diagnosis can present with some very complex psychological problems, which may take both complementary therapy and counselling to get them in a position to move on. The results of this project are amazing; people sleep better, look more positively on their future and feel more in control of their situation. This has a huge impact on the way they manage not only their treatment but their personal lives as well.</p> <p>We have also recognised that once a patient is discharged from the need for clinical help, they can no longer access these services within the hospital. Therefore, we have recently collaborated with a local support group and health care centre to provide CCiS Community Complementary therapy and Counselling Caring for Me. This now makes available complementary therapies and counselling for anyone with a cancer diagnosis in the community. Giving people the choice to use the project at a time that is right for the individual.</p> <p>Health &amp; Wellbeing (during &amp; after)</p> <p>CCiS 'It's all about you beauty wig and wellbeing workshops'. ( IAAY)</p> <p>IAAY workshops gives help, support and advice on beauty, skin care and all hair loss.</p> <p>The psychological and physical effects of cancer treatment is enormous with loss of self-esteem, confidence and body</p>
--	--	---

		image issues. These workshops help women to regain and manage some of these issues and giving them a feeling of wellbeing. They experience not only the psychological effects but the physical ones too; hair loss including eyebrows and eyelashes and all bodily hair as well as dry cracking sore skin. We ensure that all products used are the best available that are paraben, petrochemical and talc free. All provided in a safe friendly environment outside of the hospitals and we encourage a casual peer support group that's fun, enlightening and informative.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Invaluable
Other		

### Achievements and Performance

	SORP reference	
--	----------------	--

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Para 1.20

To help before during and after cancer

The Educational workshops continue to help people become more body and cancer aware covering advice on; the risks factors, diet, lifestyle choices, and how to self-examine. National research shows that an earlier diagnosis can save lives with less invasive surgery and a more positive outcome.

Prevention and awareness are extremely important and will save lives with earlier diagnoses giving us more cancer survivors.

COVID The announcement that changed our world forever made by Boris Johnson's on 23<sup>rd</sup> March 2020

That is why people will only be allowed to leave their home for the following very limited purposes:

- shopping for basic necessities, as infrequently as possible
- one form of exercise a day - for example a run, walk, or cycle - alone or with members of your household;
- any medical need, to provide care or to help a vulnerable person; and
- travelling to and from work, but only where this is absolutely necessary and cannot be done from home

To ensure compliance with the Government's instruction to stay at home, we will immediately:

- close all shops selling non-essential goods, including clothing and electronic stores and other premises including libraries, playgrounds and outdoor gyms, and places of worship;
- we will stop all gatherings of more than two people in public – excluding people you live with;
- and we'll stop all social events, including weddings, baptisms and other ceremonies, but excluding funerals.

The workshops had to stop when all community and schools went into lockdown. We did not have the equipment or expertise to take these projects into the virtual world at the first lockdown. However, we rose to the challenge and created fundraising opportunities through this devastating

time. One of which was a fantastic fundraising raffle that raised the profile worldwide and provided much-needed funds to get CCI through the Covid challenges and gave us the required equipment for both home and virtual working.

The counselling and complementary therapy continues to be of huge benefit for those diagnosed with cancer. We provide 4/6 x 75 minute sessions per patient free of charge and the referral process is through all hospital health professionals or self-referral. To date this project has provided over 31,050 therapeutic hours to improve the mental health and wellbeing of those with a cancer diagnosis.

#### COVID

The onset of lockdown has had devastating effects on lots of people especially those with a cancer diagnosis not only have they had to self-isolate but also they have had appointment changes and cancellations in surgery and treatments plan disrupted and in some cases stopped. The resulting effect is a very worried, frightened community and never more has our counselling project been more vital to help patients through this very worrying time. Counselling sessions are more than the usual 4-6 free sessions as the needs are becoming more complex due to the huge uncertainty of life in lockdown and its effects both mentally and physically for those with a cancer diagnosis and their families.

Our IAAY beauty and wellbeing project has helped lots of women gain in confidence and self-esteem. Helping them to manage hair loss and skin problems due to the cruel treatments, they have had to endure. We help them to understand how to take care of their skin nails, and how to draw eyebrows that frame the face. Giving them a sense of wellbeing and an ability to face the world again during and after treatment. To date we have had just over 300 guests to this project. The lockdown stopped all workshops until further notice.

		<p>We ended our financial year still in a pandemic that has had a devastating effect on all our lives especially those with cancer. We hope for better times.</p> <p>We look forward to the next financial year with a secure funding base to face the challenges of 2021-22.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/A
Performance of fundraising activities against objectives set	Para 1.41	Greatly improved
Investment performance against objectives	Para 1.41	None
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are to ensure the charity can function for at least 6 months this has been recently increased because of Covid and the uncertainty of be able to fundraise in the usual way.
Amount of reserves held	Para 1.22	£80,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grants and trusts
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Decline in grant and trust funding or more charities going for funding from the same sources because their usual funding has diminished.
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	unincorporated
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Chair of Trustees and CEO appoint trustees

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	Work in collaboration with ESNEFT hospitals
Other		

### Reference and Administrative details

Charity name	Cancer Campaign in Suffolk
Other name the charity uses	CCiS
Registered charity number	1073241
Charity's principal address	56-58 St Margarets Street Ipswich Suffolk IP4 2 BD

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Jonathan Ripman	Chairman		
2	Helen Porter			
3	Dr Timothy Cutler			
4	John Button			
5	Christopher Gray			
6	Dr Elizabeth Sherwin			
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

--

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

## Other optional information

--

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Jonathan Ripman</i> <small>Jonathan Ripman (Apr 30, 2022 07:49 GMT+1)</small>	
Full name(s)	Jonathan Ripman	
Position (eg Secretary, Chair, etc)	Chair of Trustees	
Date	30/04/2022	



# CCiS Organisational Chart

2020/21



## Chair of Trustees

Jonathan Ripman

## Trustees

John Button	Chris Grey	Helen Porter	Tim Cutler	Liz Sherwin
-------------	------------	--------------	------------	-------------

## Staff

Chief Exec

Karen Hare

Fundraiser

Admin

Educator

Alice Stebbings

Judith Weale

Sarah Louise Manton

## John Le Vay Cancer Support and Information Centre

Leads for Counselling & Complementary Therapy

Sharron Wardman-Brown    Lesley Atkinson-Baldwyn

Complementary Therapists

Mary Cronin    Patricia Smith    Sue Cronly-Dillon    Joy lightfoot

Counsellors

Sally Thomson & Chris Myhill



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
**Cancer Campaign Suffolk**

**On accounts for the year  
ended**

**31<sup>st</sup> July 2021**

**Charity no  
(if any)**

**1073241**

**Set out on pages**

15 and 16

*(remember to include the page numbers of additional sheets)*

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/07/2020**.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

*Anthony Brice*

**Date:**

**30/04/2022**

**Name:**

Anthony Brice

**Relevant professional  
qualification(s) or body  
(if any):**

FCCA

**Address:**

The Old Forge, The Street,

Pulham St Mary, Diss

Norfolk, IP21 4RD

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

None



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
**Cancer Campaign Suffolk**

No (if any)  
**1073241**

**CC16a**

## Receipts and payments accounts

For the period from	Period start date 01/08/2020	To	Period end date 31/07/2021
---------------------	---------------------------------	----	-------------------------------

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grant income	7,000	117,905	-	124,905	41,798
Donations	3,581	23	-	3,604	6,758
Covenants and Gift Aid	-	-	-	-	1,434
Special events	73,155	-	-	73,155	5,301
Mechandise sales	-	186	-	186	1,114
Caring For Me	-	559	-	559	9,750
Deposit account interest	235	-	-	235	638
Other income	-	6,563	-	6,563	14,150
<b>Sub total (Gross income for AR)</b>	<b>83,971</b>	<b>125,236</b>	<b>-</b>	<b>209,207</b>	<b>80,943</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>83,971</b>	<b>125,236</b>	<b>-</b>	<b>209,207</b>	<b>80,943</b>
<b>A3 Payments</b>					
General wages and salaries	16,382	6,563	-	22,945	21,775
Caring For Me	-	4,670	-	4,670	6,310
Other costs of charitable activities	-	47,968	-	47,968	69,659
Office expenses	14,319	-	-	14,319	12,194
Sundry expenses	-	-	-	-	916
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>30,701</b>	<b>59,201</b>	<b>-</b>	<b>89,902</b>	<b>110,854</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>30,701</b>	<b>59,201</b>	<b>-</b>	<b>89,902</b>	<b>110,854</b>
<b>Net of receipts/(payments)</b>	<b>53,270</b>	<b>66,035</b>	<b>-</b>	<b>119,305</b>	<b>- 29,911</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>16,673</b>	<b>43,361</b>	<b>-</b>	<b>60,034</b>	<b>89,945</b>
<b>Cash funds this year end</b>	<b>69,943</b>	<b>109,396</b>	<b>-</b>	<b>179,339</b>	<b>60,034</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Current bank account	-	47,473	-
	Business premium bank account	-	50	-
	Savings bank account	109,396	22,420	-
	<b>Total cash funds</b>	<b>109,396</b>	<b>69,943</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK

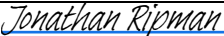
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
 <small>Jonathan Ripman (Apr 30, 2022 07:49 GMT+1)</small>	Jonathan Ripman	30/04/2022









# CCis Trustees Annual Report and Financial Statements YE 31.07.21

Final Audit Report

2022-04-30

Created:	2022-04-29
By:	Anthony Brice (anthonyjbrice@gmail.com)
Status:	Signed
Transaction ID:	CBJCHBCAABAA-11FB608XLJFjAXLpy2AdvPK9d__VA-X

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