

THE SOUTH ASIAN HEALTH FOUNDATION (U.K.)

(Registered Charity No. 1073178)



ANNUAL TRUSTEES REPORT 2024-2025

Trustees' Annual Report 2024-2025

Governing Document

Trust Deed

Charity constitution

Trustees incorporated as a body

Charity Address

39 Westfield Road, Edgbaston, Birmingham, B15 3QE

Bankers

Santander and Lloyds

Patrons

Lord Naren Patel Kt has held several esteemed positions including Chair of the National Patient Safety Agency, Chair of the Specialist Training Authority, Chairman of the Clinical Standards Board for Scotland and Chairman of the Specialist Training Authority in Scotland, in addition to holding a life peerage in The House of Lords. He has also held the prestigious positions of President of the Royal College of Obstetrics and Gynaecology and Chairman of the Academy of Royal Medical Colleges.

Professor Ajay Shah is the British Heart Foundation Professor of Cardiology at King's College, London. He is one of the most respected academics and clinicians in the international cardiology community and has an inspirational record of academic achievement. In addition, he has been elected to the Fellowship of the European Society of Cardiology and the Academy of Medical Sciences.

Professor Raj Bhopal CBE is Emeritus Professor of Public Health at Edinburgh University, Fellow of the Faculty of Public Health Medicine and the Royal College of Physicians of Edinburgh. He is an expert in, and internationally respected leader of health research in ethnic minority communities. He was bestowed the first SAHF Global Lifetime Achievement award in 2009 for services to the field of Ethnicity in Health.

Professor Kamran Abbasi is Editor-in-Chief of the British Medical Journal and also editor at the Journal of the Royal Society of Medicine. He is also an acclaimed medical journalist and has written for the Health Foundation, one of numerous other contributions too extensive to list here. He was bestowed a SAHF Global Lifetime Achievement award in 2024

Trustees during year 2024-2025

Professor Kiran C R Patel (Chairman of Trustees) graduated from Cambridge University in 1993 and currently has several roles and responsibilities. He is as a Consultant Cardiologist (with a subspecialist interest in heart failure and device therapy) and is Chief Medical Officer and Deputy CEO at University Hospitals Birmingham. He holds Honorary Chairs at the Universities of Birmingham, Warwick and Coventry. He is a non executive member of Council at Aston University and an Advisor on the Board of NHS Employers. In 2008 he was elected a Fellow of the Royal College of Physicians, one of the youngest Fellows of the College.

He was founder member and continues to be Chair of the South Asian Health Foundation. He was trustee to the UK Health Forum 2003-2012. The expertise gleaned from both the NHS and voluntary sectors, led to him advising the Public Health Foundation of India on developing healthcare systems in 2009-10 and informing the ministerial briefing for the UN Summit on non-communicable disease in 2011. A random but interesting fact is that he prescribed the world's first COVID vaccine in December 2020.

Professor Wasim Hanif is a Consultant Diabetologist in Birmingham and also an esteemed academic in the field of ethnicity and diabetes. He also serves on several national bodies, including the National Institute for Health and Clinical Excellence Technology Appraisal group. He is currently Chair of the SAHF Diabetes group and leads several highly successful community health promotion and education programmes in that capacity. Internationally, Wasim also is engaged with the Prevent India programme based in Hyderabad and is a global leader in the field of Ramadan and diabetes.

Professor Kamlesh Khunti is Professor of Primary Care Diabetes and Vascular Medicine, University of Leicester, UK. He leads a research group undertaking research into the early identification and interventions in people with cardiometabolic diseases. His work has influenced national and international guidelines on screening and management of people with diabetes. He is Director of the Leicester Diabetes Centre, East Midlands Applied Research Collaboration and The Centre for Ethnic Health Research.

Professor Vinod Patel is Director of Clinical Skills and the Diabetes Masters Programme at Warwick Medical School at the University of Warwick. He is also Consultant Physician in Endocrinology and Diabetes, Acute Medicine and Medical Obstetrics at the George Eliot Hospital NHS Trust. His main interest is the application of clinical evidence into practical diabetes care to improve patient experience, reduce diabetes complications and prevent diabetes. He has created e:learning modules on diabetes for the BMJ Masterclasses in Diabetes. The clinical skills teaching methods have been incorporated into a textbook by Oxford University Press and 17 videos for world-wide use. His work within his own diabetes department, in partnership with Apnee Sehat (Community Interest Community), was awarded the NHS England Diabetes Innovation Prize in 2015. His diabetes department is very active in research. Vinod is also an author, publishing the book Guru Pi which has sold thousands of copies worldwide.

Professor Amitava Banerjee is Professor of Cardiology at the Farr Institute of Health Informatics at University College London. In addition to general cardiology, he has special

interest in heart failure and atrial fibrillation, and also the role of informatics and electronic health records in delivering better patient care. Ami has been a Trustee of the South Asian Health Foundation since 2014 and has been an active member of the Cardiovascular Working Group.

Dr Amal Lad is a GP trainee based in West Midlands. He is passionate about using creative approaches to improving health awareness within the South Asian community. From his participation in the NHS Clinical Entrepreneur Programme, he has developed the “Meducasian” project which is a collaboration between health care professionals and local communities to break the stigma surrounding mental illness. Aside from being a doctor, Amal is a keen musician and has produced music for a number of film and theatre projects.

Ranjit Dhillon is a cardiac nurse specialist based in Birmingham. She has an established career in cardiac rehabilitation and in 2016 joined a team establishing England’s first familial hyperlipidaemia service for comprehensive assessment and cascade screening in the West Midlands.

Dr Sarah Ali is a Consultant in Endocrinology, Diabetes and General Medicine at Royal Free London NHS Foundation Trust. She is the Clinical Lead for the Barnet Diabetes Community Service and the Diabetes Antenatal Service. She is a committee member as a Consultant Diabetologist for the National Institute for Health and Care Excellence (NICE) Diabetes guidelines update and works on a number of diabetes research and national projects, including a NHS England project on the delivery of Diabetes in the PCN. She is additionally a Trustee for the South Asian Health Foundation. Her specialist interests include diabetes in South Asians, health inequalities in the BAME communities, the delivery of high-quality Community diabetes care, diabetes in pregnancy and diabetes in Ramadan, with publications in these fields.

Dr Harpreet Sood is a Clinical Advisor for the COVID-19 Vaccine programme, a GP and a board member at Health Education England. Harpreet is currently a NHS primary care doctor in London and a digital health expert. Harpreet also sits on the board of Health Education England, a £4.5bn organisation training and developing 160,000 staff across the NHS, where his focus is on developing digital and data science skills for the workforce.

Objectives

The Charity’s objects (“the objects”) are “to relieve or assist in efforts to relieve persons living in the U.K., particularly those of South Asian origin, who are experiencing conditions of sickness, hardship or distress in particular by supporting organizations; implementing and establishing developmental projects which serve the needs of those persons and improve their conditions of need.”

Chairman of Trustees Report: A Review of Activities, Achievements and Development Plans

Structure of SAHF

The formal operational policy originally approved and adopted by South Asian Health Foundation (SAHF) at the AGM in December 2006 was renewed in 2024 and continues to be the charity’s operating procedure. This policy covers important areas such as conflicts of

interest which are essential to safeguard SAHF against in light of the interaction it has in an advisory capacity to several bodies. The policy underwent minor revisions to its travel policy in light of the need for continued restraint for charities operating in the current economic climate.

- Current Chairpersons and group members are:-

Diabetes Group	
Professor Wasim Hanif (Chair)	Professor Vinod Patel
Prof Kamlesh Khunti (Chair)	Professor Kiran Patel
Dr Srikanth Bellary	Dr Mohammed Roshan
Professor Sudhesh Kumar	Dr Kamal Ali
Professor Nita Forouhi	Dr Rahul Nayar
Dr Sailesh Sankar	Professor Paramjit Gill
Dr Ateeq Syed	Dr Sukhdev Singh
Professor Ali Karamat	

Cardiovascular Group	
Dr Anveesha Singh	Prof Kiran Patel
Dr Amitava Banerjee	
Dr Aneesha Chauhan	
Sr Ranjit Dhillon	

Musculoskeletal Working Group	
Dr Ash Samanta	Dr Leher Gumber
Dr Kaushik Chaudhuri	
Dr Moorthy	
Dr Kanta Kumar	

Ethnicity and Health

Since 2001, SAHF has decided to direct the majority of the work of the charity towards the field of ethnicity and health and meet a need in the UK. The following strategies continue to form the priority areas of work for the SAHF.

1. To promote improvements in the quality of, and access to, health and care and health promotion in South Asians.
2. To promote research that leads to the above objectives
3. To act as an advocacy group and advisory body

SAHF aims to achieve success in the following areas:-

- To act as a strategic think tank and provide leadership in policy and health advocacy for professionals and patients

- To promote health and provide education and resources to both healthcare professionals and patients.
- Aim to improve access to services by highlighting areas of need and potential improvement
- To facilitate the development of a network of healthcare professionals to disseminate information and improve cohesive working
- To promote high quality research and to facilitate research and dissemination of research findings wherever possible.

The impact of good health extends far beyond mental and physical well-being. Good health contributes to ameliorating social disadvantage for both the individual and consequently the community. Expertise within the Board of Patrons and Trustees enables SAHF to address issues concerning ethnic minority healthcare in all tiers of society from Government policy to a grass roots level. In the field of research, the charity aims to 'catalyse' and facilitate collaboration rather than undertake research directly in the arena of ethnic health. It aims to commission work where a need is identified. The charity has undertaken a responsibility not only to obtain information, but also to disseminate it to the general public. We continue to develop and promote health interventions in collaboration with the Department of Health, Diabetes UK and the British Heart Foundation, as well as numerous other Governmental and non-governmental organisations.

We have focussed efforts in 20-21 to diabetes and cardiovascular disease but due to the pandemic, we also allocated significant resource and effort to the pandemic. Post pandemic we have supported the development of a musculoskeletal disorders group.

NICE

SAHF and its members have contributed to over 100 NICE guidelines to date, ranging from Chairmanship of guidelines groups and technology appraisal committee membership, to stakeholder input. In 2007, Prof Kiran Patel and Dr Rubin Minhas also appeared before the Health Select Committee as external experts on the investigation into NICE and advised how the voluntary sector could work transparently and effectively with industry and NICE. Back in 2010, SAHF contributed to consultations on the changing roles and responsibilities of NICE. Prof Wasim Hanif has served on the Technology Appraisal Committee in 2010-13 and Dr Minhas served on the Technology Appraisals committee and also Chaired the Familial Hyperlipidaemia guideline. Professor Khunti Chaired the NICE Guidance on Early Detection and Prevention of Diabetes in High-Risk Groups.

Wider Stakeholder Contributions:

SAHF continues to work collaboratively with many organizations, just a sample of which are listed below:

- Government Health Committees
- Dept of health e.g. South Asian CHD toolkit
- Kings Fund
- NICE Guideline groups and appraisal committees
- UK Health Forum

- British Medical Journal (South Asia Awards)
- British Heart Foundation
- Diabetes and Ramadan Alliance
- Men's Health Forum
- British Cardiovascular Society
- British Society of Rheumatology
- British Society of Gastroenterology
- Multiple Sclerosis Society
- NHS England
- Nuffield Council of Bioethics
- NGO Forum
- National electronic library for health
- British Cardiovascular Society
- Diabetes UK
- Silver Star Appeal
- APNA NHS
- CHIEF – Community Health Involvement & Empowerment Forum
- British Transplant Society
- UK National Kidney Federation
- Commonwealth Foundation
- World Health Organisation
- International forum on Smokeless Tobacco
- Scottish Youth Forum
- SANSKAR Canada
- Centre for Ethnic Health Research
- International Diabetes Federation
- JDRF
- The Brown Heart mission (USA)

Medical Student Bursaries

Each year SAHF competitively awards at least one and usually two medical student elective bursaries. These are awarded to students with a view to helping the students to undertake a period of study and experiential learning in a field of medicine relating to south Asian healthcare. We encourage students to deliver papers at a national meeting and invite them to our annual conference to present either as a poster or oral presentation. We continue to have strong applications and this year we awarded one bursary to a medical student.

The successful students are:

Oliver Cujic	Work in Tamil Nadu surgical department and involve working with the surgeons to care for patients before, during and after their surgeries, including the opportunity to scrub in and assist in theatre.
Hasan Imtiaz	Project investigating how socio-economic factors impact access to trauma care

Fellows

SAHF continued to support several fellows this year, having developed a scheme which offered mentoring and personal development to trainees and professionals from a variety of healthcare backgrounds. Many produced projects and publications such as infographics to promote health and well being across communities. The scheme launched in 2023 continued to develop and support the next generation of professionals. We are also now embracing medical students who attend educational events and where possible, present posters and oral presentations of their projects.

Events

➤ **Preston Community Healthcare event**

This year SAHF was pleased to support the south Asian community in Preston with a community education event led by GPs, specialist Doctors, nurses and pharmacists, where individuals and their families were advised about cardiovascular risk factors and how to prevent, treat and manage cardiovascular conditions. Attended by over 200 community members, the event was a great success and received excellent feedback.



South Asian Health Foundation presents:

FREE HEART HEALTH CHECK

➤ **Sunday 24th November, 2024: 10:00 – 14:00**
Raza Community Hall, 103-105 St Paul's Road, Preston PR1 1UH.

Join us for a free heart health check event in Preston. As in many areas across the UK, South Asians in this region are at a significantly higher risk of cardiovascular diseases (CVD), including coronary heart disease (CHD). Research shows that South Asians are nearly twice as likely to develop CHD compared to White Europeans, due in part to factors like a higher prevalence of type 2 diabetes, elevated cholesterol, and lower physical activity levels.

This event will offer cardiovascular education and point-of-care lipid testing.

Book your place by clicking the link or scanning QR code:
<https://forms.office.com/e/kaADWruu12?origin=lprLink>



Sponsored by

 Amarin UK Limited has funded this educational session through an unrestricted independent educational grant and has had no control or influence over the content of this activity or choice of speakers.

 **SOUTH ASIAN HEALTH FOUNDATION**

www.sahf.org.uk [@SouthAsianHF](https://twitter.com/SouthAsianHF) info@sahf.org.uk

➤ **9th Annual Diabetes Ramadan Conference planning**

Building upon the successful 8th Ramadan conference in February 2024, the ninth annual conference will take place in January, 2026. In keeping with previous conferences key national and international speakers are being secured to deliver presentations. <https://www.sahf.org.uk/events/sahf-dar-8th-annual-ramadan-conference>

➤ **25th SAHF Annual Conference: Health Inequalities: Full Stop**

This year SAHF celebrated being 25 years of age and has a stellar line-up at its 25th Annual Conference was held in person on November 7-8th 2024, in Birmingham. This year's theme, of '*Health Inequalities: Full Stop*' followed the launch of the report from SAHF with the same title, authored by SAHF trustees and launched in the House of Lords in 2024.

25th SAHF Global Annual Conference

Health Inequalities: Full Stop

Thursday 7th and Friday 8th November 2024
Edgbaston Park Hotel, 53 Edgbaston Park Rd,
Birmingham B15 2RS, UK



**SOUTH ASIAN HEALTH
FOUNDATION**

Day 1: Thursday 7th November, 2024

TIME	TITLE OF TALK	SPEAKER
08:00 - 08:45	Registrations and exhibition	
08:45 - 08:50	Chair's introduction	Professor Kamlesh Khunti and Professor Wasim Hamid
08:50 - 09:00	SAHF perspective	Professor Kiran Patel
09:00 - 09:30	Current Diet Guidelines: Evidence-Based or Perpetuating Fallacies?	Professor Salim Yusuf
09:30 - 10:00	Dynamics and Determinants of CVD and Diabetes in South Asians: Learnings from a quarter century of research	Professor Dorairaj Prabhakaran
10:00 - 10:35	Weight Management in people living with overweight / obesity: The next chapter <small>This is a pre-recorded sponsored presentation developed and hosted by Lilly for all healthcare professionals only. Lilly products will be discussed. 09:35-10:45A October 2024.</small>	Dr Shazli Azmi and Professor Franklin Joseph
10:35 - 11:00	Refreshments and exhibition viewing	
11:00 - 11:30	Tackling health inequalities is everyone's business	Professor Bola Owolabi
11:30 - 12:00	Multiple Long Term Conditions and Health Inequalities	Professor Jonathan Valabhji
12:00 - 12:30	Keynote Speaker: Cholesterol lowering throughout the life-course to prevent and treat atherosclerosis	Professor Kausik Ray
12:30 - 14:00	Lunch and poster presentations	
14:00 - 14:30	Talking Health Inequalities: Importance of Lipid Lowering in the South Asian Community <small>This pre-recorded presentation has been organised and hosted by Novartis Pharmaceuticals UK Ltd for all healthcare professionals only. Prescribing information and adverse events reporting information for Novartis products will be discussed at the event. 09-11/2024/107 / October 2024.</small>	Professor Kiran Patel and Dr Sohail Q Khan
14:30 - 15:15	Masterclass Rotation 1	
Fry Suite	1. Health Inequalities in Older People with an Emphasis on Diabetes	Dr Srikanth Bellary and Professor Alan Sinclair
Writers Suite	2. The GDC study - understanding differences between estimated A1c and labA1c and how that influences care	Professor Pratik Choudhary and Professor Ali Karamat
Pavilion	3. Weight Bias and Stigma - Why Language Matters <small>This is a pre-recorded sponsored workshop developed and hosted by Lilly for all healthcare professionals only 09:35-10:45A October 2024.</small>	Dr Mayank Patel and Dr Eralaigh Nicholson
Composers' Suite	4. Implementing Lipid Lowering Therapies into Practice <small>This pre-recorded workshop has been organised and hosted by the Anti-Thrombotic UK Ltd for all healthcare professionals only. Prescribing information and adverse events reporting information for Novartis products will be discussed at the event. 09-11/2024/107 / October 2024.</small>	Dr Sohail Q Khan, Dr Almas Agha and Dr Balraj Mavi
15:15 - 15:40	Refreshments and exhibition viewing + Change around time	
15:40 - 16:20	Masterclass Rotation 2	
Fry Suite	1. Health Inequalities in Older People with an Emphasis on Diabetes	Dr Srikanth Bellary and Professor Alan Sinclair
Writers Suite	2. The GDC study - understanding differences between estimated A1c and labA1c and how that influences care	Professor Pratik Choudhary and Professor Ali Karamat
Pavilion	3. Weight Bias and Stigma - Why Language Matters <small>This is a pre-recorded sponsored workshop developed and hosted by Lilly for all healthcare professionals only 09:35-10:45A October 2024.</small>	Dr Mayank Patel and Dr Eralaigh Nicholson
Composers' Suite	4. Implementing Lipid Lowering Therapies into Practice <small>This pre-recorded workshop has been organised and hosted by the Anti-Thrombotic UK Ltd for all healthcare professionals only. Prescribing information and adverse events reporting information for Novartis products will be discussed at the event. 09-11/2024/107 / October 2024.</small>	Dr Sohail Q Khan, Dr Almas Agha and Dr Balraj Mavi
16:20 - 16:50	See beyond sugar: uncovering risk in type 2 diabetes <small>This is a pre-recorded sponsored presentation and organised by AstraZeneca, intended for all HCPs only. AstraZeneca has provided a sponsorship to this independent programme. AstraZeneca has had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence or accept for the AstraZeneca sponsored speakers presentations.</small>	Professor Vinod Patel
16:50 - 17:20	Polygenic risk scores in CVD - ready for prime time?	Professor Sir Nilesh Samani
17:20 - 17:50	Cardiometabolic risk in South Asians: Findings from the MASALA Study	Professor Alka Kanaya
17:50 - 18:00	Tribute to Winston Crasto	Professor Vinod Patel
18:00	Chair's closing remarks	Professor Kamlesh Khunti and Professor Wasim Hamid

Day 2: Friday 8th November, 2024

TIME	TITLE OF TALK	SPEAKER
08:00 - 09:00	Registrations and exhibition	
09:00 - 09:30	NHS England Priorities to reduce health inequalities	Dr Clare Hambling
	Lifetime Achievement Awards:	
09:30 - 10:00	"So far..."	Professor Kiran Patel
10:00 - 10:30	A Journey to the Unknown	Professor Kamran Abbasi
10:30 - 11:00	Low carbohydrate diets: hype or hope in South Asians?	Professor Nita Ferozhi
11:00 - 11:30	Refreshments and exhibition viewing	
11:30 - 11:45	Ethnicity in health inequalities research: known unknowns and the unknown unknowns	Professor Amitava Banerjee
11:45 - 12:00	Health Inequalities Report	Dr Sarah Ali
12:00 - 12:15	The Brown Heart Documentary	Dr Nirmal Joshi and Dr Ranu Joshi
12:15 - 12:30	Chair's closing remarks	
12:30	Lunch and departure	

Platinum Sponsors



Gold Sponsor



Silver Sponsors



Conference Partner



This conference was developed by SAHF. The sponsoring companies have had no input or control over the conference agenda, speaker selection or presentations, with the exception of the symposium and workshop sessions, for which the respective sponsoring companies are fully responsible.

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**SOUTH ASIAN HEALTH
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The Lifetime Achievement Award (presented annually at the SAHF Annual Conference), was this year bestowed jointly upon Professor Kiran Patel who talked about the journey 'So far.....' and Professor Kamran Abassi who talked about a 'Journey to the Unknown'.

The conference also saw the launch of the Brown Heart Documentary which will be launched globally to raise awareness of south Asian cardiovascular disease.

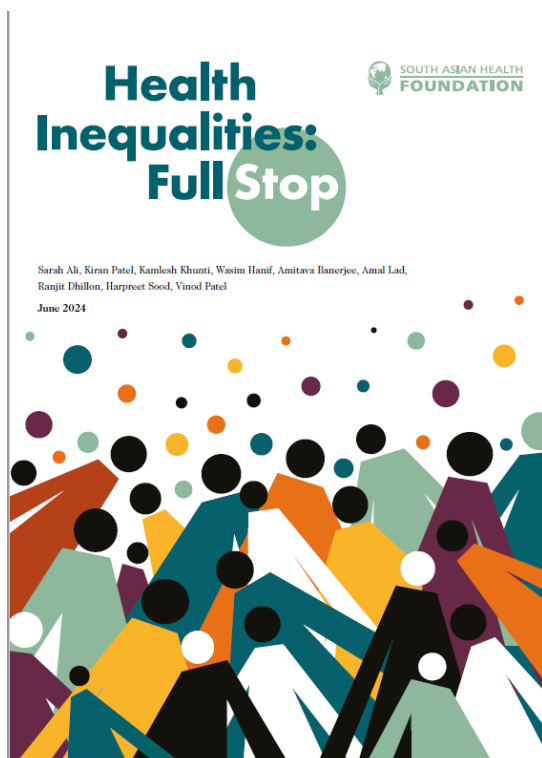
We are indebted to the support of unrestricted funding from our industry sponsors without which our conferences would not be possible. We are grateful to have received support from many individual donors too.

Industry sponsorship received in 2024-25

Sanofi	£10000
Amarin	£10532.91
Astra Zeneca	£20000
Novo Nordisk	£10000
Novartis	£25000
Eli Lilly	£5000
Boehringer Ingelheim	£3000

➤ Publications

SAHF trustees continue to publish widely as individuals but our most significant contribution in 2024 was the launch of the Health Inequalities report 'Full Stop' which received widespread national acclaim for clear and tangible ways in which inequalities can be prevented and ameliorated. The artwork within the report was from our very own trustees Dr Sarah Ali too.



➤ South Asian Health Foundation Activity

Over the last couple of years, SAHF's reputation and reach have dramatically increased as demonstrated by the number of support requests we have received year on year.

The support requests came from other Universities, community groups, NHS Trusts, charity groups and industry partners and have varied in nature. We also had requests from communities and held awareness raising events in the Midlands and in Preston.

➤ Focus groups

SAHF catalysed the contribution of patients and families to research studies from the Universities of Warwick and Bristol this year

➤ Media and Communications

 TWITTER: @SouthAsianHF	 YOUTUBE: SAHFUK	 WEBSITE: www.sahf.org.uk	 Instagram: southasianhf
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Future activities

- Forge links across the health and social care spectrum to address health inequality
- Continue addressing areas of need in delivering high quality community grassroots education sessions
- Raise funds for SAHF through industry and community engagement
- Source funding for Educational resources for Mental Health Awareness
- Source funding for Ramadan Patient Guidance
- Update the '*Diabetes UK and SAHF recommendations on diabetes research priorities for British South Asians*'
- Engage with BAME (Black, Asian and Minority Ethnic Communities)
- Develop Respiratory working group
- Develop Mental Health Working Group
- Develop and publish Lipid Guidelines

Final Remarks

The South Asian Health Foundation's (SAHF) resilience shines in a landscape where many health charities struggle to endure beyond their early stages. We are proud to have reached our 25th anniversary, a significant milestone achieved despite ongoing economic challenges.

Over the years, our conferences have consistently attracted leading international and national experts in South Asian health, engaging participants from both statutory and voluntary sectors. Our focused strategy emphasises translating research findings into clinical practice and advancing the education of healthcare professionals.

Mental health remains a critical concern within the South Asian community, requiring sustained focus and collaborative efforts to reduce its impact. Furthermore, the integration of mental and physical health is a pressing issue. We will address this and raise awareness and highlight good practice too.

None of our work would be possible without the unwavering dedication of our trustees and working group members, who continue to invest their time and energy in advancing SAHF's mission. Through their efforts, SAHF provides education and guidance to healthcare professionals, patients, and carers not only in the UK but also globally, improving the health and well-being of communities disproportionately affected by health inequalities.

SOUTH ASIAN HEALTH FOUNDATION (UK)
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2025

	Unrestricted £	Restricted £	2025 Total £	2024 Total £
Income from:				
Donations	91,424	-	91,424	108,200
Other	2,417	-	2,417	2,314
Total Income	93,841	-	93,841	110,514
Expenditure on:				
Charitable activities	(136,224)	-	(136,224)	(111,636)
Total Expenditure	(136,224)	-	(136,224)	(111,636)
Net (expenditure)/income	(42,383)	-	(42,383)	(1,122)
Reconciliation of Funds				
Total funds brought forward	189,182	79,797	268,979	270,101
Total funds carried forward	146,799	79,797	226,596	268,979



Professor K C R Patel - Chairman
Signed on behalf of the Board of Trustees

SOUTH ASIAN HEALTH FOUNDATION (UK)
BALANCE SHEET AS AT 31 MARCH 2025

	<u>2025</u>	<u>2024</u>
	£	£
Fixed Assets	998	1,331
Current Assets		
Cash at Bank	<u>226,596</u>	<u>268,979</u>
	227,595	270,310
Creditors – Amounts falling due within one year	<u>(998)</u>	<u>(1,331)</u>
Net Current Assets	226,596	268,979
Funds		
Unrestricted Funds	146,799	189,182
Restricted Funds	<u>79,797</u>	<u>79,797</u>
	226,596	268,979



Professor K C R Patel - Chairman
Signed on behalf of the Board of Trustees

SOUTH ASIAN HEALTH FOUNDATION (UK)
NOTES TO THE ACCOUNTS - 31 MARCH 2025

Accounting Policies

General

The Financial Statements have been prepared under the Historical Cost Convention and in accordance with the applicable accounting standards and the charities SORP (Statement of Recommended Practice: 'Accounting by Charities').

Summary of Net Assets by Funds

	Unrestricted Funds	Restricted Funds	Total
Net Current Assets	£146,799	£79,797	£226,596

Expenditure

	2025
Core Activities	£110,989
Administrative Expenses	£18,470
Conference Travel Expenses	£5,890
IT Expenses	£874
Total	£136,223

Notes to the Accounts for 2024-25

1. Depreciation policy: 25% depreciation is charged to Core Work.
2. Creditors represent an accrual for expenses.
3. £18,470 was spent on administrator support for the charity.
4. Kiran Patel donated his fee for chairing a symposium to SAHF (£556.50)
5. Donation of £391.35 received from The Thinking School
6. During the year, £nil (2023: £nil) was spent on expenses for Trustees.



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