

Charity Registration No. 1072559

Company Registration No. 03163645 (England and Wales)

ST GEORGE'S HOUSE CHARITY
ANNUAL REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

ST GEORGE'S HOUSE CHARITY

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	R Ashwell L Bridgen C Cooper T Mountford L Patel S Sockett L Williams	(Appointed 19 September 2024) (Appointed 19 September 2024)
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Secretary	S Sockett
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Charity number	1072559
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Company number	03163645
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Principal address	St George's Hub St Mark's Road Chapel Ash Wolverhampton West Midlands WV3 0QH
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Registered office	St George's Hub St Mark's Road Chapel Ash Wolverhampton West Midlands WV3 0QH
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Independent examiner	Bache Brown & Co Limited Swinford House Albion Street Brierley Hill West Midlands DY5 3EE
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Bankers	Clydesdale Bank 177 Bothwell Street Glasgow G2 7ER
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ST GEORGE'S HOUSE CHARITY

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ST GEORGE'S HOUSE CHARITY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Directors' and Trustees' Report for Year Ended 31st March 2024

The trustees present their report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019)

Note: St. George's House Charity operates as St George's Hub. For the purposes of this report, we will refer to St. George's Hub as SGH.

Introduction

SGH provides an innovative service unique within the West Midlands region specialising entirely on the issues of male exclusion and vulnerability, with development and therapy for individuals enabling personal growth and greater involvement in the community. We operate an open-door policy, never turning away anyone who comes to us seeking help, providing a safety net for those most socially excluded whose voice might not otherwise be listened to.

Through our work we have illustrated that there is a particular way of working with men that meets the needs of the vulnerable and delivers excellent results. There is potential for this to be replicated on a much wider scale. The rapidly evolving social and political landscape has resulted in the disappearance of many traditional support structures for men. There are men who feel traditional certainties have disappeared, a sense of invisibility, leaving them forgotten when they are most vulnerable. This is reflected in the continuing volume of male rough sleepers and increasing numbers of male suicides. SGH operates a safe space where challenging conversations and disclosures can take place leading to therapeutic, life changing outcomes.

Our services are designed and delivered within a Psychologically Informed Environment (P.I.E.) that considers the emotional and psychological needs of the individuals. The aim is to improve awareness of trauma and its impact. The services we provide offer high quality support that does not re-traumatise. We work with many men who have undergone challenging and harrowing lives. Through trauma-informed care we seek to eliminate any anxiety men may feel around accessing ours and statutory services.

Micro details matter. The societal constraints and stigma towards men who are thought to display 'weakness' places them in a particularly vulnerable state. SGH activities provide a litmus test for the issues that are affecting vulnerable men across the city.

Many issues may have changed but underlying trends have not. Homelessness and rough sleeping remain high and are still growing, rents in the city have increased substantially and many of our clients feel forced to rough sleep rather than live in accommodation that is unaffordable.

The impact of the migration from historic benefits such as Working Family Tax Credit means that we are seeing growing numbers of the 'working poor' as clients. Slowdown in the local night-time economy has had a dramatic effect on self-employed workers such as taxi drivers, often placing them in a state of poverty.

We are seeing increasing numbers of our clients with debts. Difficulties with mortgage repayments have begun to become normalised. The rise in the cost of living has had a huge impact on our clients over the year. A growing number of men who are primary carers for children, are suffering greatly. Households are under increased pressure from the rising cost of white goods, fuel, food and the demand for expensive school uniforms all of which builds up the level of stress adversely affecting the mental health of our clients.

Clients that access our service

SGH is proud that our services are a refuge for a wide range of vulnerable men who require support. Often, the men that need help the most, either do not think that they need help or simply cannot find the words to ask for it. Our first task is to let the words flow and to listen. Through listening we come across a breadth of issues, rough sleeping, poor mental health, loneliness, low self-esteem, the need to improve skills and domestic abuse. The common denominator is meeting the specific needs of men. This is where a male centric approach is exceptionally effective.

ST GEORGE'S HOUSE CHARITY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Confidentiality is a key element of our work. We do not use any images for publicity purposes without consent and do not allow any filming to take place in or around the centre. There have been many requests which maybe would positively highlight our work, but allowing this would break down the implicit trust between the clients and the organisation.

'Lived In' Experience

It is very important to recognise and understand the experiences lived by those who become the clients of SGH, as an organisation we value and incorporate these experiences, they are our experts and allow us to highlight any improvements that can be made, preventing complacency. Incorporating user led experience across a wide range of sectors offers a real opportunity to affect significant changes across several levels of bureaucracy. A continual stream of clients feel the need to offer more of their experiences and expertise to others who use our services. The greatest tribute to them is that their role has become so normalised that it has become almost invisible.

We have a long and embedded history of co-production and supporting clients to lead and define the direction of travel for their own recovery. We are proud to employ former clients in paid positions at the charity; experience of issues from the inside out gives our team a unique perspective. We also have a long-established record of our clients becoming volunteers, which is valuable for both clients and SGH development.

Decision making at SGH incorporates the perspective and lived experience of service users at every stage. Our Service User Forum gives clients a voice and a focus; much of the innovation that we are rightfully proud of, stems from these meetings.

We have a rich diversity of clients at SGH. Utilising the lived experience of individuals and communities ensures that we remain compellingly relevant. There is a fluidity between clients, volunteers, staff and trustees that is unique in the local area.

As a charity we are determined that the views and experiences of clients are accurately reflected. The city of Wolverhampton has become increasingly diverse since the last census. SGH staff and our services reflect the communities that have made the city their home. The centre remains a place for diverse communities to coalesce and learn from each other. We aim to recruit a client representative onto the SGH Board, giving 'Lived' experience a clear role in governance.

ST GEORGE'S HOUSE CHARITY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Objectives and Activities

The aims and objectives of SGH remain clear and focused, based on:

- Continued delivery and development of our male only service for men who are marginalised, socially excluded, lonely, isolated or otherwise vulnerable.
- Reaching across Wolverhampton to a wider group of men and their families.

Addressing domestic violence and abuse by:

- Offering a safe space for male victims and the help of a key worker.
- Providing support to enable men to gain freedom from and break the cycle of abuse.

Preventing homelessness by:

- Offering advice, support, and signposting to accommodation services to prevent men from reaching a crisis point which may result in them sleeping rough.
- Where rough sleeping occurs, we provide support to alleviate life on the streets.

Tackling Poverty by:

- Ensuring maximum uptake of financial support, building essential life skills and improving employability.
- Offering specialised coaching to clients who are frequently unemployed and who have trouble achieving employment because of other problems in their lives.
- Working with clients to identify and address difficulties, including accessing welfare benefits where complex issues are a challenge.

Promoting healthier lives and relationships by:

- Supporting men to deal with mental health, loneliness, dependency on substances, addiction issues and unhealthy lifestyle choices.
- Providing help for men to make healthier choices for themselves and their families.
- Helping with complex issues including dual diagnosis with positive coping strategies.
- Promoting positive self-image and recognition of the pressures facing men in the changing roles expected of them in society.

Enhancing community safety by:

- Supporting male victims of crime, however marginalised,
- Promoting safer streets, including measures to combat knife crime.
- Providing services to prevent social isolation and vulnerability and working with partners to ensure clients can access appropriate help, health and wellbeing care.

Key activities delivered at SGH within a safe space for vulnerable men and their families. A place where men can start to engage with strategies to resolve problems through the following:

- Advice, support, and guidance around homelessness and housing, employment, welfare benefits, debt and budgeting, drug and alcohol issues, mental health issues,
- Contact with children.
- Reconnecting with family.

ST GEORGE'S HOUSE CHARITY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

- Prevention of homelessness and rough sleeping.
- Support for those vulnerably housed.
- Housing and homelessness advice, advocacy and tenancy sustainment.

Supporting Recovery by:

- Providing a listening service for clients with low to medium mental health issues, supplementing any treatment they are receiving from mental health professionals.
- Mental health support, advice and guidance.
- Helping men to access specialist mental health professionals, psychiatrists, crisis teams.
- Access to counselling, CBT sessions, mindfulness, and person-centred support.
- Addiction, including drug, alcohol and gambling issues: holistic, peer led making positive changes scheme designed to promote more effective coping strategies for stressful situations.
- Employment, welfare, benefits advice and support: Job Club - ensuring Universal Credit compliance and moving towards employability with training on IT and CV writing.
- Debt management including support with managing money, talking through options before deciding next steps.

Casework

- Addressing and coordinating the many strands of complex cases, often involving housing, benefits, child contact agencies, social care and solicitors.
- An identity building service: to obtain vital documents so clients can access benefits, housing and employment,
- Universal Credit (to access mainstream services). A key step on the pathway to recovery.
- Culturally relevant services: 'Koshish', South Asian Men's Peer Support Group helps men from the BAMER communities to address both physical and mental health challenges.

The following detail and case studies illustrate the depth of need and interventions carried out by our staff and demonstrate our compliance with Section 4 of the Charities Act 2006 to have due regard to public benefit:

Preventing Domestic Violence and Abuse

SGH's proposal submitted to WCC for a male specific IDVA has undergone several delays. The recognition that male victims require a specialist worker is very important for the city. There are many cases where men in high risk can be lost in a system under pressure. Men do not feel that they are represented, within the domestic violence and abuse system. There are few male IDVA's nationally and under representation in services results in men perceiving that they and their problems are invisible. Funding would be a springboard to further develop domestic violence and abuse services for men across the city. This would offer significant scope for SGH to further expand the extent of our service. Our proposal provides a powerful opportunity to affect change in the city and we are hopeful that this matter will be resolved so that we can provide positive assistance to our clients.

Case Study

Mr. K, 39, disclosed that he had been a victim of domestic abuse from an ex-partner, with whom he has two children. He now lives with a new partner who was pregnant. His previous partner continued to message him on social media and harassed his friends. Mr. K worried that his trauma and mental health issues would affect his impending fatherhood.

SGH worked with Mr K to identify a Safety Plan and with practical help e.g. Breakfast Packs. We supported him with a plan to gain access to his two young children with his ex-partner, which was successful. He was supported in maximising his income and he received advice regarding implementing healthy coping mechanisms in his lifestyle. He is now interested in becoming an active participant in the SGH Survivor's Group to share his experiences with other DA victims struggling to make changes.

ST GEORGE'S HOUSE CHARITY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Preventing Homelessness

Homelessness, that results in rough sleeping, affects a disproportionate number of men. All homelessness is a blight on a civilised country. However, society appears blinkered towards the impact that life on the streets has on vulnerable and isolated men particularly if substance misuse is a factor. This is true of Wolverhampton as it is of many cities. The deterioration in the physical and mental health of men in a relatively short time is catastrophic. It is important to dispel stereotypical images of homelessness that prevent men seeking help.

There is no such thing as a typical rough sleeper. Clients come from right across the social spectrum bringing with them a wide range of experiences. There are many intertwined issues that form a backdrop to rough sleeping and homelessness, including unemployment, Section 21 notices, mental and physical health issues, substance misuse and the consequence of relationship breakdown. However, individual experiences resulting in homelessness and rough sleeping are unique. With our considerable expertise and knowledge in rough sleeping, we recognise broad correlations and indicators that tend to be present when homelessness occurs. Through sensitive engagement, our work identifies the key factors, motivations and context that may not appear to be evident during initial interventions. It is through developing trusting and transparent relationships with clients, that we reach the root causes, dynamics of and solutions to homelessness.

Wolverhampton has quality hostel provision, but an over reliance on the private sector is masking the numbers. Services, including our own, are working continuously to provide options for homeless men, but the housing challenges of the city are rapidly reaching crisis proportions. There is a shortage of one-bedroom flats of all types and many of our clients are single men who are greatly affected by this. The cost of rents has increased dramatically. Historically, when we worked with a rough sleeper, there were several options available including different types of tenure. There is a massive divergence in the quality of accommodation available, much of which is completely unaffordable for many of our clients including men in work, who are struggling financially. Each individual case supporting a rough sleeper is taking a considerably more time than it would have five years ago, and the depth and length of intervention is growing. Cases are becoming ever more complex. The work is holistic, we support clients with both the practical and emotional effects of rough sleeping. Outsourcing accommodation to Birmingham has been affected by Birmingham City Council's financial situation.

Intervening at the earliest stage is key to preventing homelessness. Increasingly we provide high quality intensive support for men who are having to leave tenancies that they cannot afford but there are few alternatives when leaving a property voluntarily. Our expertise in providing services for homeless men remains unparalleled in Wolverhampton. Since April 2023 SGH has been working in partnership with the P3 charity to deliver financial inclusion and housing support, both within our centre and the 'Peter Bilson House' Project. This innovative partnership has assisted those in most housing need in the city. Building a strong and viable tenancy requires financial stability and income maximisation. This can involve a tailored package of individualised interventions including setting up a bank account, supporting a universal credit claim, support with P.I.P, and return to work advice.

Case Study:

Mr. C, 44, had to leave the family home when his wife began a new relationship. In a state of shock, he moved to a bedsit close by and began to 'self-medicate' with alcohol. As a result, he lost his job, became detached from his children, which led him into a vicious cycle of self-loathing. At his lowest point he was briefly rough sleeping and there were genuine doubts whether he would survive.

When he accessed our service, we were able to mediate between him and his landlord, to actively prevent rough sleeping and provide him with a solid foundation. With support in our safe space, we were able to bring together the various strands of his life: he was supported to reconnect with his children who were delighted to get their father back. By attending our 'Job Club' he gained the confidence to contact his old employers. The vacancy had not been filled and they were happy to welcome him back to the fold. He is seeking help for his alcohol addiction and has currently been sober for 12 weeks.

Improving Mental Health

SGH is passionate about learning, recognising the process of gaining skills as part of a holistic process. There are a range of learning opportunities and activity-based sessions provided for men. SGH has expertise in helping men, particularly those with mental health issues. 'SmartTech' sessions provide an innovative means of supporting men into recovery. The structured programme supports men to gain skills and a lot more. The content and format of the sessions we provide are designed by the clients themselves many of whom have had highly negative experiences in conventional, formal educational settings. The sessions give users the tools to improve their mental health recovery by finding creative means to access support.

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TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

The need for this has become particularly important as budget cuts have resulted in fewer statutory services being available. The men we work with are not traditional learners so engaging them in a range of creative activities has been very important. Men with mental health problems, often fall off the 'educational' ladder and improving knowledge and skills can take many forms. The word 'learner' has been incorporated into the lexicon of our work. The label has had an important effect on participants and has given a boost to the self-esteem of men who perceive themselves as 'stupid', particularly when they were told this explicitly in the formal education of their earlier years.

Many learners have a highly negative experience of traditional learning settings; childhood experiences can be a factor in depression and lifelong struggles with mental ill health. Different experiences of learning can undo some of these deep-set experiences and must be sensitively and holistically addressed in each unique individual

Case Study

Mr. E is a 42-year-old father of three, from mixed heritage. He had spent a short time in prison after an altercation with a man who had been harassing his daughter. His 15-year relationship collapsed, and he left the family home temporarily lodging with his brother. He fell into a deep and profound depression that resulted in him being unable to leave the house. His brother was completely bewildered about what to do. A friend who was aware of SGH's services, suggested we could help. He had been interested in photography in his youth but was unsure how to use the camera on his smartphone. Another client was able to show him new skills and he began to interact with others who had been through similar experiences. We supported him with accessing mental health services but also by participating in SmartTech he learned ways to interact on social media with others suffering anxiety and depression. This made evenings and weekends considerably less daunting, helping facilitate a move towards recovery.

Tackling Poverty

SGH has continued to deliver the Household Support Fund, on behalf of WCC, directly helping some of the most vulnerable families across Wolverhampton. Poverty in the city's most deprived wards has been heightened since the end of the pandemic. The winter of 2023 was extremely difficult for many in the city as the price of energy remained historically high and many clients started to use less fuel in their homes. Food inflation has not eased, and rents have increased. All of this has particularly affected those least able to afford it. This includes the working poor, who are scraping by with multiple jobs, living from week to week in a precarious financial state. Many reported an existential sense of worry about the future. We have been able to support men who are the primary carers within the family with breakfast items, school uniform and shoes, winter coats and utility bills, the cost of which is increasingly prohibitive for them.

Case Study:

Mr Y, 50, is a single father with two teenage daughters, one of whom has special educational needs. He gained custody of his children who attend different schools across the city but as a self-employed builder, this has placed a strain on his availability for work which has led to significant shortfalls in his income. He was simply unable to afford to school uniform for one of his daughters resulting in stress and anxiety which led him to our service. We were able to support him with the cost of the uniform and provided support with an application for Universal Credit. He had never wanted to claim benefits but acknowledged that a degree of financial stability would allow him to be a more effective parent/father.

Reducing Social Isolation

Building on our pilot work, SGH was successful in a bid to deliver 'Know Your Neighbourhood'. Funded by DCMS, via the Heart of England Community Foundation. The project has helped us to address the negative effect that loneliness and isolation has on physical and mental health. Through this project we have been able to measure the impact that participation in our programme has had. Through participation in the holistic activities of this project it has been possible to identify troubling issues facing vulnerable men, a significant number of whom seemed to have given up on life and participation in this project enabled them to turn their lives around.

'Computers for the Terrified' has provided a portal to enable clients to begin to understand and liberate the potential of their electronic devices. Older men have found a new vocabulary via SmartTech sessions and find themselves able to engage in life affirming activities such as speaking to their grandchildren abroad

The SGH client led Learning Circle has continued its remarkable journey to becoming the go-to forum for lonely, vulnerable and isolated men in the city, breaking down boundaries and barriers, building the capacity to listen and respect the views of others.

ST GEORGE'S HOUSE CHARITY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Our Chess Club has provided a creative way enable conversation and address social isolation. There were many men who saw chess as "not for the likes of us" but as they developed their skills, it became a very important basis for their engagement with others.

Case Study

Mr. O, 34 has been 'clean' for 6 months after several years of addiction to heroin. He found afternoons particularly challenging. His peer group had all been addicts and he recognised that he had to physically and physiologically move away from them. Instinctively inward looking and reticent, he found mixing in groups difficult. Initially he watched Connect as an onlooker but found the work increasingly interesting. The eclectic age range and life experiences of participants in the Learning Circle led him to believe he would not be judged. Initially he observed but as his confidence improved and blossomed, he felt able to offer his perspective. Taking part in a group and being stimulated offered him a roadmap to a more fulfilling life. He has registered for a course at a local college and has a plan to work with children with special needs.

SGH remains committed to delivering public benefit through all our charitable activities. Our services not only benefit the men and children who come to us for support, but also contributes to change within the wider community and beyond. We are proud of the impact we have made in the past year, and we will continue to deliver.

SGH role in Partnership working across Wolverhampton.

At SGH we remain committed to working collaboratively with other agencies supporting vulnerable individuals and families. Many of these individuals are known to other services and agencies.

Unnecessary competition can be very unhelpful to the achievement of outcomes. The needs of clients should transcend any competitive boundaries that may exist across agencies. Safeguarding vulnerable individuals should always remain paramount. Partnership working with effective agreements and service level agreements enables all organisations to work more effectively. These agreements should go beyond funding bids and the pressures of obtaining commercial advantage.

Funding

Fundraising is an ongoing and constant activity recognising the need to diversify a funding portfolio and maintain financial stability. As a charity we do not exist in a vacuum and the continuing scarcity of funding has sometimes meant fierce competition to gain access to shrinking funding pots. Whilst recognising the value of partnership we also understand the need that all organisations have for financial sustainability.

SGH has broad strategic priorities and a specific and constantly expanding client group who need our help. This, in addition to our innovative and needs led approach, can present a challenge when in competition with larger national charities. Sometimes meaning a reliance on short term funding from funders who have a good understanding of the issues of our client group, and the importance of our work in addressing these issues.

Having sufficient income to sustain our work is clearly an absolute priority. SGH has a continually refreshed funding strategy to pursue these core funds. The focus of the trustees is financial stability so that SGH can continue to meet the needs of our clients.

Concluding Comments

SGH has an expanding and evolving role in addressing the issues that stem from and result in vulnerability in men. A paternalistic society whilst stereotyping the role of women also places stereotypical pressures on men. These pressures leave vulnerable men marginalised as potential victims of homelessness, addiction, criminality, domestic abuse and sometimes suicide. Much of our work transcends stereotyping and increasingly we work with both men, their immediate and wider family to address stigma and marginalisation.

We explore and address issues such as the complex and composite causes of homelessness, relationship breakdown, domestic abuse, Section 21 evictions, unemployment, loneliness, and mental health. These issues are inextricably interlinked and cannot be solved in isolation.

ST GEORGE'S HOUSE CHARITY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

This inevitably challenges a culture that wishes solutions to be simple and not multi-faceted. Our experience is that without these tailored interventions, progress towards recovery can be stalled. However, it is always heartening to witness the power of those individuals who have transformed their lives through access to our services and are progressing in the community with a new confidence and self-respect.

The trials, tribulations and experiences through which our clients have lived, combined with the commitment of staff and volunteers, provides a liberating melange in which vulnerable men can find themselves and begin to thrive. Despite a societal culture which is increasingly intolerant and stigmatising of difference, staff continue to address the issues with dedication and drive.

SGH Board of trustees are especially grateful for the outstanding dedication of the CEO, her clear leadership and team of committed staff and volunteers delivering excellent services to clients with a wide range of complex needs. Volunteers form a key part of our organisation supporting staff to deliver all services, assisting with the day-to-day demands of running the service. SGH champions our staff and volunteers as experts, providing the best possible support with client needs at the heart of all services.

Plans for the Future

- To scope developmental opportunities in marketing and to develop a Communication Strategy, implementing key messages, a vital step to enable us to increase the reach of SGH with a platform that will improve the potency of our online presence. This will develop links with local businesses willing to offer support, including the update of the SGH website.
- To continue the development of SGH as the centre of expertise in understanding and addressing men's issues, working with them to implement effective interventions.
- To implement a Male IDVA service as soon as possible; to fund and recruit a male IDVA, and thus to expand Domestic Violence and Abuse provision for men and their children in the city to include high-risk threshold cases.
- To prepare a report to the Local Authority to express our concern at the unfortunate deaths of several clients (including clients who have accessed our services historically). This has reached a level where an expression of concern is required. This could form a wider part of addressing and working to improve the public health outcomes of Wolverhampton's men and there may be learning for other services in the city.
- To set up a Father's Support Group building on the success of our Family Friday sessions and the lived experience of clients. The impact of being a parent on our clients cannot be overstated, whether the child is living with the father or not. Bringing up a child invokes a wide range of emotions, compounded if a relationship breakdown has led to temporary estrangement. The physical and mental health consequences are often highly pronounced.
- To scope the provision of a DA Survivors' Group to share the experiences of male victims of domestic abuse. This experience brings its own unique insight and there is much shared learning to be explored; breaking down barriers between men can bring much reward to all concerned.
- To initiate a Suicide Loss Forum to help to process grief.
- To continue to highlight men's mental health issues locally and to deliver sessions regarding effective interventions.
- To increase the wider skills and knowledge of clients, volunteers and staff, SGH will work with partner agencies to address health related issues impacting the lives of our clients. These are increasing and include dementia, cancer, diabetes, high blood pressure, alcohol consumption and unhealthy diets, addiction and mental health problems. As the population ages, it is important that such issues are given due regard.

Reserves Policy

The trustees primary aim is to set aside in designated funds sufficient reserves so that SGH is better able to meet financial risks as evaluated and regularly reviewed by trustees. Therefore, funds have been allocated to a designated service continuity fund sufficient for SGH to maintain services for six months in the event of a short-term loss of funding. This fund is also there to draw on should there be delays in securing new funding or temporary delays in the payment of grants or contracts. A designated fully costed staff redundancy fund is also maintained, as required. In addition, the trustees aim to maintain a designated property fund to ensure that we are able to properly repair and where appropriate, to improve our premises. The trustees also consider it prudent to hold some free reserves to draw on in case of unforeseen operational costs. In the year to 31st March 2024, we have been able to meet these aims.

ST GEORGE'S HOUSE CHARITY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Financial Review

The financial statements show that in the year to 31st March 2024, SGH experienced an operational loss of £34,827, a considerable loss but one which SGH is well positioned to sustain; our balance sheet confirms that notwithstanding this more difficult year, the overall financial position of SGH remains strong. As a small, long established charity we are all too aware of funding vagaries in our sector and so we strive for sustainability by forward planning and the careful use of resources. With the result that SGH is well able to sustain this loss.

It was a challenging year, the first full year after the changes in government support for the Rough Sleeping initiative which resulted in a major loss of direct funding for SGH. However, as a result of unstinting efforts by our senior staff team, significant alternative funding was secured from regional and local organisations administering statutory funding streams. This new funding, together with continuing support from those charitable trusts who have funded us over many years, provided the stability needed in this year of funding change. With a small staff team, prioritising the need for fund raising against time spent working with clients remains a key focus. We know that many of our clients need ongoing support, and the security of our being there for them in the long term is crucial. So, heartfelt thanks once again to the Lloyds Bank Foundation, the Hargrave Foundation and many other smaller charitable trusts, local businesses and organisations who recognise the importance of the work we do to support men and their families, and so underpin our longevity which is so important to our clients and the local community.

It is clear that the country faces daunting financial challenges, many of which are reflected in the lives of us all, men, women and families. However, it is often the effects on men and their families of such difficulties and the resulting pressures they face, that are little recognised nor understood. Thus, whilst working to widen our funding sources, SGH will once again be seeking support from those who have supported us previously.

Risk Management

SGH Board of Trustees is committed to effective risk management and has implemented a robust risk management framework to identify, assess and mitigate risks that may affect our ability to achieve our strategic objectives.

The charity takes a rigorous approach to the management of risk at all levels of the organisation, with trustees having overall responsibility. The CEO monitors policies and procedures regularly to identify internal risks. Concerns are discussed at team meetings and in supervision, with risk assessments being undertaken and appropriate measures implemented as required. Trustees regularly review policies and procedures at board meetings and the CEO includes health and safety issues in her report. Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors to the centre.

Safeguarding is of paramount importance; SGH recognises that working with higher risk clients raises the safeguarding threshold, and so the issue is systematically and rigorously discussed at case management and any concerns are acted upon. Alongside regular team meetings, supervision and case management, the CEO delivers support and debriefing for the wellbeing of staff members as they work to help and support clients.

By taking a proactive approach to risk management, SGH can more easily identify and address potential issues before they become major challenges and so better ensure that we remain well-positioned to achieve our strategic and long-term goals. SGH recognises the importance of identifying and managing specific types of risks, such as changes in funding priorities or political and economic uncertainties. In the current climate, most significantly there are major concerns arising from inflation and the cost-of-living crisis.

We also recognise the importance of managing risks related to governance, compliance with legal and regulatory requirements and staffing risks, including the need to attract and retain a diverse and skilled workforce. The identification, assessment and management of risks to all aspects of the organisation is part of our ongoing business planning. Regarding our strategic objectives, we work continually to identify the risks that most seriously threaten our ability to meet the needs of our clients, and the most serious of those risks remains the loss of funding. By monitoring these risks closely and taking proactive steps to manage them, we can better ensure we remain well-positioned to achieve our strategic objectives and deliver high-quality services.

Internal Financial Control: it is vital that we minimise the risk of financial mismanagement and fraud, and consequently, we have robust financial controls in place that are overseen by the trustees. Quarterly financial reports are submitted to the financial sub-committee to help to ensure transparency and accountability in our financial management practices.

ST GEORGE'S HOUSE CHARITY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

As described above, the risk that most seriously threatens our ability to meet the needs of our clients remains the loss of funding. Over the past 12 months we have worked to mitigate these risks by diversifying funding streams, building stronger donor relationships and strategic partnerships; thus, we have been able to maintain our services whilst working within changing funding provision. The need to maintain our financial resilience and to continue the work to diversify our sources of funding therefore, remains our focus. Our aim is to ensure that SGH has the resources to continue to make appositve impact in our community.

Structure, governance and management

The charity is a company limited by guarantee, operating as St. George's Hub, and is governed primarily by the Memorandum and Articles of Association as adopted on 23rd February 1996.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

R Ashwell	
L Bridgen	(Appointed 19 September 2024)
C Cooper	(Appointed 19 September 2024)
C Horton	(Resigned 28 April 2023)
T Mountford	
L Patel	
S Sockett	
L Williams	

ST GEORGE'S HOUSE CHARITY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

SGH has continued to enjoy the commitment of the Board members throughout the year. The trustees attend bi-monthly Board meetings; in addition, trustees with the relevant expertise and experience work with the CEO on finance, fundraising and HR sub-committees to formulate and scrutinise plans and policies. Thus, trustees ensure they are fully engaged and better equipped to support the organisation's ongoing success at a strategic level.

The CEO reports directly to the Board. She oversees the staff team and volunteers. The CEO has supervision sessions with all staff members, in addition to holding regular plenary staff meetings. Key to maintaining and improving the relevance and efficacy of our services is to ensure that we are in close touch with the views of our clients, who are at the centre of everything we do. Thus, we hold regular Service User Forums; clients are encouraged to come along to an allocated SGH Board meeting slot and their voice is at the heart of our work. On a daily basis, staff and volunteers work one-to-one, (or in small groups) with service users; these fewer formal settings encourage our clients to give systematic and expansive feedback on all our services.

Our focus when recruiting new trustees is to ensure that their understanding and commitment aligns with SGH aims and objectives. It is equally important that the skills and competencies of the trustees are at a high level and relate to the business needs of the organisation. Trustees bring a diverse range of experience and expertise from across the voluntary, community, public and private sectors. Recruitment to the Board is made by a selection process which includes the Chair and CEO. The Chair then makes a recommendation to the full Board as to whether to appoint. It is important that the skills and competences reflect the roles and responsibilities required by law for Charity Trustees and Company Directors. A skills matrix is maintained and reviewed to support the selection process. This also supports the succession planning of charity trustees. Additionally, new trustees are invited to meet with the Chair to familiarise themselves with the charity and the context within which it operates. Induction is led by the Chair and the CEO of the charity and covers:

- The obligations of trustees.
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

Trustees are asked to draw information from the various Charity Commission publications along with the Memorandum and Articles and the latest financial statements. Feedback from new trustees about their induction has consistently been very positive, regarding ease and support provided.

To comply with the current Disclosure and Barring Service procedures, all trustees complete and sign a fit and proper person declaration every two years and the charity has also adopted a code of conduct for its trustees.

None of the trustees has any beneficial interest in the company. All the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees' report was approved by the Board of Trustees.



R Ashwell

Trustee

Dated: 4th November 2024

ST GEORGE'S HOUSE CHARITY

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF ST GEORGE'S HOUSE CHARITY

I report to the trustees on my examination of the financial statements of St George's House Charity (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Bache Brown & Co.

Bache Brown & Co Limited

Swinford House
Albion Street
Brierley Hill
West Midlands
DY5 3EE

Dated: 4.11.24

ST GEORGE'S HOUSE CHARITY

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Income and endowments from:							
Donations and legacies	3	9,038	-	9,038	2,454	-	2,454
Charitable activities	4	45,000	77,700	122,700	30,000	131,686	161,686
Investments	5	20	-	20	22	-	22
Other income	6	8,000	-	8,000	16,425	-	16,425
Total income		62,058	77,700	139,758	48,901	131,686	180,587
Expenditure on:							
Charitable activities	7	84,775	89,810	174,585	48,256	134,946	183,202
Total expenditure		84,775	89,810	174,585	48,256	134,946	183,202
Net expenditure		(22,717)	(12,110)	(34,827)	645	(3,260)	(2,615)
Transfers between funds		(247)	247	-	-	-	-
Net movement in funds		(22,964)	(11,863)	(34,827)	645	(3,260)	(2,615)
Reconciliation of funds:							
Fund balances at 1 April 2023		205,338	87,128	292,466	204,693	90,388	295,081
Fund balances at 31 March 2024		182,374	75,265	257,639	205,338	87,128	292,466

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

ST GEORGE'S HOUSE CHARITY

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Tangible assets	12		68,849		74,701
Current assets					
Debtors	13	11,050		-	
Cash at bank and in hand		184,749		225,796	
		195,799		225,796	
Creditors: amounts falling due within one year	14	(7,009)		(8,031)	
Net current assets			188,790		217,765
Total assets less current liabilities			257,639		292,466
Income funds					
Restricted funds	15		75,265		87,128
<u>Unrestricted funds</u>					
Designated funds	16	156,063		149,206	
General unrestricted funds		26,311		56,132	
			182,374		205,338
			257,639		292,466

ST GEORGE'S HOUSE CHARITY

STATEMENT OF FINANCIAL POSITION (CONTINUED)

AS AT 31 MARCH 2024

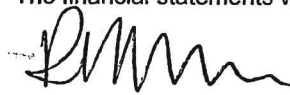
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 4 November 2024



.....
R Ashwell
Trustee

Company registration number 03163645

ST GEORGE'S HOUSE CHARITY

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

St George's House Charity is a private company limited by guarantee incorporated in England and Wales. The registered office is St George's Hub, St Mark's Road, Chapel Ash, Wolverhampton, West Midlands, WV3 0QH.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise of unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements,

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

ST GEORGE'S HOUSE CHARITY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.5 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses. These are capitalised if they can be used for more than one year, and cost at least £1,000.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	5% on cost
Equipment	20% on cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

ST GEORGE'S HOUSE CHARITY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	2024	2023
	£	£
Donations and gifts	9,038	2,454
	<u> </u>	<u> </u>

All donations are unrestricted

ST GEORGE'S HOUSE CHARITY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities

	2024 £	2023 £
Sales within charitable activities	105,168	146,686
Services provided under contract	17,532	15,000
	<u>122,700</u>	<u>161,686</u>
Analysis by fund		
Unrestricted funds	45,000	30,000
Restricted funds	77,700	131,686
	<u>122,700</u>	<u>161,686</u>

5 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	20	22

6 Grant income

	2024 £	2023 £
Unrestricted grant income	8,000	16,425

ST GEORGE'S HOUSE CHARITY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

7 Expenditure on charitable activities

	2024 £	2023 £
Staff costs	142,032	151,754
Depreciation and impairment	5,852	5,853
Activity and welfare	10,125	8,991
Property costs	2,128	1,866
Insurance	5,759	5,792
Office expenses	8,689	8,946
	<u>174,585</u>	<u>183,202</u>
Analysis by fund		
Unrestricted funds	84,775	48,256
Restricted funds	89,810	134,946
	<u>174,585</u>	<u>183,202</u>

8 Support costs

	Support costs £	Governance costs £	2024 £	2023 £	Basis of allocation
Independent examination	-	3,120	3,120	2,856	Governance
Companies house	-	13	13	13	Governance
	<u>-</u>	<u>3,133</u>	<u>3,133</u>	<u>2,869</u>	
Analysed between					
Charitable activities	-	3,133	3,133	2,869	
	<u>-</u>	<u>3,133</u>	<u>3,133</u>	<u>2,869</u>	

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

The average monthly number of employees during the year was:

2024 Number	2023 Number
<u>5</u>	<u>6</u>

ST GEORGE'S HOUSE CHARITY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

10 Employees

(Continued)

Employment costs	2024 £	2023 £
Wages and salaries	142,032	151,754

The number of employees earning over £60,000 per annum was Nil (2023 - Nil).

11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

12 Tangible fixed assets

	Freehold land and buildings £	Equipment £	Total £
Cost			
At 1 April 2023	114,392	13,238	127,630
At 31 March 2024	114,392	13,238	127,630
Depreciation and impairment			
At 1 April 2023	40,040	12,889	52,929
Depreciation charged in the year	5,720	132	5,852
At 31 March 2024	45,760	13,021	58,781
Carrying amount			
At 31 March 2024	68,632	217	68,849
At 31 March 2023	74,352	349	74,701

13 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Grants due	11,050	-

ST GEORGE'S HOUSE CHARITY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

14 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	3,059	2,699
Other creditors	1,264	2,675
Accruals and deferred income	2,686	2,657
	<u>7,009</u>	<u>8,031</u>

15 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Capital - Hub Purchase	74,352	-	(5,720)	-	68,632
Identity Building Project	2,062	-	-	-	2,062
WCC Male Domestic Abuse	-	17,532	(17,532)	-	-
DLUCH Rough Sleepers Initiative	434	-	-	(434)	-
Alternative Giving - Branding	637	-	-	-	637
One City Fund - No Place Like Home	1	-	-	(1)	-
P3 Charity	-	17,500	(17,500)	434	434
Heart of England Community	-	27,438	(27,438)	-	-
Winters Pressures Fund	9,642	-	(9,890)	248	-
Wolverhampton Voluntary & Community Action	-	6,000	(6,000)	-	-
Alternative Giving - IT	-	3,500	-	-	3,500
The recovery College	-	5,730	(5,730)	-	-
	<u>87,128</u>	<u>77,700</u>	<u>(89,810)</u>	<u>247</u>	<u>75,265</u>

ST GEORGE'S HOUSE CHARITY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

15 Restricted funds

(Continued)

Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
Capital - Hub Purchase	80,072	-	(5,720)	-	74,352
Identity Building Project	2,062	-	-	-	2,062
WCC Male Domestic Abuse	-	15,000	(15,000)	-	-
DLUCH Rough Sleepers Initiative	(184)	65,201	(64,583)	-	434
Lloyds Bank Foundation	-	25,000	(25,000)	-	-
One City Fund - No Place Like Home	601	-	(600)	-	1
Winters Pressures Fund	7,200	26,485	(24,043)	-	9,642
Alternative Giving - Branding	637	-	-	-	637
	<u>90,388</u>	<u>131,686</u>	<u>(134,946)</u>	<u>-</u>	<u>87,128</u>

ST GEORGE'S HOUSE CHARITY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

15 Restricted funds

(Continued)

Capital - Hub Purchase

The balance on Capital funds represents the net book value of assets purchased with grant funding.

Revenue

The Identity Building Project funds the provision of the essential documentation required for clients to access mainstream services.

The WCC Male Domestic Violence & Abuse contract enables SGH to respond to any male victim and their children who presents or discloses as a victim of domestic abuse, and to provide on going, comprehensive and appropriate support.

The DLUHC Rough Sleepers Initiative targets the city's most vulnerable rough sleepers; SGH offers advice, support, and activities to tackle rough sleeping.

The funding from Lloyds Bank Foundation enables SGH to directly help male rough sleepers and homeless men, offering advice and guidance, supporting men to move into safe and suitable accommodation.

The Alternative Giving CIO granted funding to SGH for a new sign and branding to clearly distinguish our centre. Often coming to our premises is a critical first step for men in Wolverhampton seeking help. This has improved our visibility, helping to make SGH accessible to both clients and the local community.

The One City — No Place Like Home Fund enabled SGH to expand the provision of breakfast packs to some of the most vulnerable men in the city. This directly targets those suffering poverty and inequality.

The Winter Pressures Fund was set up to help to support people and alleviate the pressures faced by the NHS. SGH provided group and individual support, advice sessions and a peer support programme, enabling clients to improve their mental health.

The P3 Rough Sleepers Service, funded through DUHC, targets help towards the city's most vulnerable rough sleepers. SGH is subcontracted to P3 to work to ensure that clients are benefit compliant, are supported with financial inclusion and helped with housing support and thus to facilitate their transition into a sustainable tenancy.

The WVCA Know Your Neighbourhood Pilot. The SGH 'Connect' scheme (described below) was devised and trialled through this fund. SGH had found that many men from the BAMER communities were suffering acute social isolation which was adversely affecting their physical and mental health. Alongside the calendar of activities that was developed, the SGH client led learning circle enables and encourages experiences to be shared; peer led mentoring groups were set up encompassing the diverse communities from across the city, building mutual support networks whilst focussing on the wellbeing of individuals. Users of the group have become volunteers and are the main drivers of the group, all of which greatly boosts confidence and self-esteem.

The Heart of England, Know Your Neighbourhood funding from DCMS aims to develop collective understanding of what works to improve wellbeing and pride in local community through volunteering and community initiatives to tackle loneliness. SGH offers 'Connect' the peer mentoring and volunteering scheme for lonely, vulnerable and isolated men 18+ in Wolverhampton, set up and developed originally under the WVCA KYN pilot project described. 'Connect' is user led with support from our Community Engagement Officer who is fluent in several South Asian languages; her role is to facilitate the group to engage with local communities that are traditionally reluctant to access services. A weekly calendar of diverse activities is delivered to help tackle chronic loneliness.

ST GEORGE'S HOUSE CHARITY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

15 Restricted funds

(Continued)

The Recovery College Commissioning of Community Sector Training Courses Pilot funded SGH to deliver a range of recovery wellbeing courses to help and support disadvantaged men experiencing mental health inequalities in the most underserved and deprived areas of the Black Country. A structured programme was set up to support clients to use IT devices in the first instance and then progress to tier one courses. The sessions give users the tools to improve their mental health recovery via creative means, a vital tool when services are closed.

The Alternative Giving CIO granted SGH funding for the IT zone and for new desktop computers to support our work targeting the digital exclusion of many of our clients. Clients who do not have access to IT equipment or do not have basic IT skills and literacy cannot gain access to wider society, and thus struggle in crucial areas such as housing, employment and complying with Universal Credit requirements.

Note: DLUHC Department of Levelling Up, Housing and Communities, previously MHCLG, Ministry of Housing, Communities and Local Government.

DCMS: Department of Culture, Media and Sport.

16 Designated funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	Movement in funds			Movement in funds		
	Balance at 1 April 2022	Incoming resources	Resources expended	Balance at 1 April 2023	Incoming resources	Balance at 31 March 2024
	£	£	£	£	£	£
Service continuity	89,670	-	(1,155)	88,515	6,453	94,968
Premises refurbishment fund	25,000	-	-	25,000	-	25,000
Staff redundancy	33,725	1,966	-	35,691	404	36,095
	<u>148,395</u>	<u>1,966</u>	<u>(1,155)</u>	<u>149,206</u>	<u>6,857</u>	<u>156,063</u>

Designated funds

The service continuity fund represents approximately six months running costs and is to provide for the continuation of services in the event of an unexpected loss of funding.

The premises refurbishment fund is to ensure that we are able to maintain and improve our premises as required.

The staff redundancy fund is fully costed based on the years of service of core staff members.

ST GEORGE'S HOUSE CHARITY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

17 Analysis of net assets between funds

	Unrestricted funds £	Designated funds £	Restricted funds £	Total £
Fund balances at 31 March 2024 are represented by:				
Tangible assets	217	-	68,632	68,849
Current assets/(liabilities)	26,094	156,063	6,633	188,790
	<u>26,311</u>	<u>156,063</u>	<u>75,265</u>	<u>257,639</u>

18 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).