

# FIRST TOUCH

England & Wales · Charity number 1072500

## Details

---

Other names	FRIENDS OF THE NEO- NATAL UNIT AT ST. GEORGES, FRIENDS OF N.N.U AT ST. GEORGES, FRIENDS OF NNU AT ST GEORGES
Status	Registered
Legal form	Other
Registered	1998-11-19
Register	<a href="#">View on the Charity Commission register</a>

## Contact

---

Address	St. Georges Hospital Blackshaw Road London SW17 0QT
Phone	02089440131
Email	<a href="mailto:info@first-touch.org.uk">info@first-touch.org.uk</a>
Website	<a href="http://www.first-touch.org.uk">www.first-touch.org.uk</a>

## Activities

---

**Objects:** THE RELIEF, CARE AND TREATMENT OF PREMATURE AND SICK NEWBORN BABIES IN THE NEO-NATAL UNIT AT ST. GEORGES HOSPITAL, BY PROVIDING AND ASSISTING IN THE PROVISION OF SPECIALIST EQUIPMENT AND IMPROVING AMENITIES AND FACILITIES, SUPPORTING AND ASSISTING THE FAMILIES OF SUCH BABIES WHO ARE OR HAVE BEEN PATIENTS ON THE UNIT.

**Activities:** First Touch is concerned with the relief, care and treatment of premature and sick new babies in the neonatal unit at St George Hospital, by providing and assisting in the provision of specialist equipment and improved amenities and facilities, and to support and assist the families of such babies who are or who have been on the unit.

## Classification

- **How:** Makes Grants To Individuals, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Other Defined Groups

## Geography

- **Area of benefit:** TOOTING
- Wandsworth

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£211,505	£374,099	-	-
2024-03-31	£213,998	£143,425	-	-
2023-03-31	£197,698	£230,861	-	-
2022-03-31	£292,551	£237,807	-	-
2021-03-31	£193,220	£193,606	-	-

## Trustees

Name	Role	Appointed
<b>Benedict Kiran Donald Shaw</b>	Chair	2023-01-18
ADAM GARY NORGETT		2023-01-18
Clare Joanne O'Grady		2023-01-18
Dr Sijo Francis		2017-06-01
Louise Jane Hunter		2023-01-18
Natalie Ann Daly		2023-01-18
Paula Abramson		2020-12-01
Robert Nestor		2023-01-18

**FIRST TOUCH**

England & Wales - Charity number 1072500

---

# Accounts

---

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended  
31 March 2025  
for  
First Touch**

**Azets Audit Services Limited  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey  
GU7 1LQ**

## **First Touch**

### **Contents of the Financial Statements for the Year Ended 31 March 2025**

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 11
Detailed Statement of Financial Activities	12

## **First Touch**

### **Report of the Trustees for the Year Ended 31 March 2025**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the annual report and financial statements of the charity.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1072500

##### **Principal address**

Neonatal Unit  
Lanesborough Wing  
St George's Hospital  
Tooting  
London SW17 0QT

##### **Trustees**

Achim Herbert Vogt  
Adam Gary Norgett  
Benedict Kiran Donald Shaw  
Clare Joanne O'Grady  
Dr Sijo Francis  
Kim Caddy  
Louise Jane Hunter  
Natalie Ann Daly  
Nicole Eastwood  
Paula Abramson  
Robert Nestor

##### **Independent examiner**

Azets Audit Services  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey GU7 1LQ

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Structure, Governance and Management**

The Trust is a registered charity (charity number 1072500) and is constituted under a Trust deed dated 8th September 1998. The Trust was established by a parent of a baby treated on the unit, and was originally known as The Friends of the Neonatal Unit at St George's Hospital. The name was officially changed in June 2008 to First Touch, which was felt to better represent the impact of the Charity on babies' lives.

The current Trustees all have experience of the unit either as parents who have had a baby treated on the unit or as clinical staff.

##### **New Trustees**

New Trustees are selected and appointed by the existing Trustees. On appointment new Trustees are given a welcome pack which includes a brief history of the Charity, a copy of the last three years financial statements, a copy of the Trust Deed and Supplemental Deed, and copies of the Charity Commission's guidance "The Essential Trustee: What you need to know" and "Charities and Public Benefit".

##### **Relevant Interests**

At this time none of the Trustees has a relevant interest but, in accordance with the Trust's policy, any Trustee with a relevant interest is required to disclose such interest and withdraw from any decisions where a conflict may arise.

## First Touch

### Report of the Trustees for the Year Ended 31 March 2025

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Additional Governance Issues**

At the Trustee meetings, the Trustees agree the broad strategy and areas of activity for the Charity, including large expenditure on equipment, and training and welfare budgets. The day-to-day administration of funds, processing, and marketing is delegated to the Charity Director and Coordinator. Its management is in the hands of a Management Committee.

##### **Risk Management**

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and Aims**

The Charity's objective, as set out in the governing document, is the relief and treatment of premature and sick babies in the neonatal unit at St Georges Hospital by providing and assisting in the provision of specialist equipment, improving the amenities and facilities, and to support and assist the families of such babies who are or have been on the unit.

##### **Significant Activities**

The main activities undertaken for public benefit in relation to the stated objects are:

- The purchase of medical equipment (augmenting that acquired by the NHS Trust);
- Funding supplementary and specialist training for nurses; and,
- Support through the welfare fund for families and babies.

The neonatal unit at St George's Hospital is a level three centre of excellence meaning the sickest babies from South-West London and the South-East of England, and occasionally further afield, are transferred to the unit for treatment and, therefore, benefit from the funds used by the Charity.

There is no means testing relating to provisions from the welfare fund for families, support is available to all.

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2011 to have regard to the Charity Commission's general guidance on public benefit.

#### **BACKGROUND**

COVID-19 permanently altered the way in which First Touch works with the neonatal unit. The First Touch staff continue to work remotely in the main but maintaining a regular presence on the Unit. Staff are mindful of the ongoing need to keep the risk of infections low especially in the winter months to protect the vulnerable patients and their families.

The First Touch staff offer a visible and accessible resource at the unit, which enables easier communication with clinical staff to understand what is needed, often at quite short notice, and from a fund-raising perspective with the main source of donations coming from parents and families on or formally on the unit. Many parents meet the First Touch staff and see work undertaken and want to help support by raising funds or making donations.

The Trustees would like to pay tribute to both First Touch staff and the clinical and administrative staff on the Neonatal unit who are a crucial conduit enabling First Touch to continue to be agile and active supporting the unit as necessary.

## First Touch

### Report of the Trustees for the Year Ended 31 March 2025

#### **ACHIEVEMENTS AND PERFORMANCE & FINANCIAL REVIEW**

The Charity received income of £211,505 (2024: £213,998). A small decrease over the previous year but still reflecting the hard work of our staff and generosity of so many of our supporters.

Many of the families that are served by the Neonatal do not come from affluent backgrounds and they often go out of their way to raise funds in grateful thanks for the treatment their babies have received. The Charity takes great pride in the fact that most of its income is raised by those who have directly benefited from the work of the unit and the work of First Touch.

First Touch is fortunate to have a following of fundraisers and donors who step up to raise funds for equipment and projects as they are identified. The Trustees note with gratitude that the consistent achieving of targets reflects the hard work and dedication of our staff, together with families and individuals. Gift aid tax relief and gifts in kind make a huge difference to the overall total.

The Charity considers that its long-term main function is to fund the purchase of medical equipment to increase the capability of the unit to bring wellbeing to babies in its care. The charity responds to requests from the NNU for equipment and only if funds are available or if the Trustees believe that funds can be raised in a timely fashion does the charity commit to a purchase.

The Trustees are keen to emphasise that the level of income is not the only way to measure success. The staff undertake other roles, including raising awareness for many of the issues surrounding premature birth and baby loss, together with welfare activities: making a stay on the unit more pleasant for families and staff. The feedback that is received from staff and families on the unit about the charity's role is reviewed regularly by the Trustees and is overwhelmingly positive.

#### **Equipment**

This year commitment to equipment spending continues, however, some delayed invoices from last financial year together with this year meant that equipment spend in the accounts stands at £260,501.

It is important to note that whilst the Trustees frequently agree to purchase equipment mindful of fundraising campaigns or funds in hand in any financial year the procurement policy at St George's Trust dictates that equipment must be sourced through them and subsequently invoiced. As such the Trustees have no control over the timing of the purchases and receipt of invoices. These timings combined with the very different nature of demands on the Charity's funds during the pandemic led to the Trustees agreeing that it was appropriate for welfare spending to exceed the equipment spending in these exceptional times, and the Trustees continue to monitor the balance between equipment and welfare.

#### **Welfare**

One of the guiding tenets of the Charity is to seek to enhance the "amenities and facilities, and to support the families of babies who are or have been on the ward". This falls into the Welfare category.

Each baby on the unit at Christmas receives a Christmas Stocking and festive edible treats were available on the unit for staff and families. Babies also received a small gift to celebrate Easter, Mother and Father's days, World Prematurity Day and other celebrations all funded by the Charity. The Amazon wish continues to be a popular and convenient way for supporters to arrange these seasonal donations together with day-to-day supplies such as tea bags, snacks, muslins and general supplies for the staff and families that make such a difference to a very intense and difficult time for families

## First Touch

### Report of the Trustees for the Year Ended 31 March 2025

#### Awareness and support

First Touch has also funded the training of Peer Supporters, volunteer parents trained by St Georges to be a visible and accessible face for families, visiting the nurseries and talking face to face with parents. So far this is proving popular and successful.

#### Staff

The staff at First Touch is the catalyst that allows the Charity to channel the generosity of volunteers and supporters to make such a tangible difference to the life and well-being of the babies on the unit. The Trustees recognise this is without doubt the single most important contribution to the work of the charity and wish to place on record their gratitude to all of the staff.

This has been a particularly difficult and challenging year for First Touch Staff, in May 2024 Sarah Collins, Charity Director left her role as she moved away from London. Sarah led First Touch brilliantly over 20 years, growing and shaping it to be the success that it is today. The Trustee Board were deeply saddened to see her go and send their very best wishes to her and her family for their home.

Additionally, and very sadly Louise Williams, Charity Co-ordinator since 2013 passed away in January 2025 after a long illness. Louise made a huge contribution to First Touch, and the benefits that the charity brought to families on the unit. In memory of Louise the reading corner has been named Louise's Library, books to entertain siblings or to read to babies may be borrowed from there and are supplied by First Touch in a number of languages common to the parents on the unit.

The Trustees were working to recruit a new Charity Director at the end of the financial year and meanwhile Sonja has been invaluable continuing to keep the charity working from day to day. Since then, Laura de Rooy (formerly a consultant on the unit and Trustee) has accepted the position and has resigned as Trustee to avoid any conflicts. This will enable the charity to go forward with plans for the coming year to continue to work innovatively and creativity to continue to support the Neonatal unit, together with the staff and families there.

#### Reserves Policy

The reserves held by the Charity at 31 March 2025 were £251,064 (2024: £413,658) and are split between unrestricted reserves totalling £241,064 (2024: £406,158) and restricted reserves of £10,000 (2024: £7,500).

The Charity only purchases equipment for which it has funding, or fundraising is undertaken specifically for a piece of equipment. It has minimal running costs other than staff salaries and running costs. The Trustees aim to maintain reserves in unrestricted funds at a level which equates to a minimum of six months of unrestricted charitable expenditure.

The Charity has held assets in cash, either in current or deposit accounts throughout the year. First Touch does not have any interest in real estate property or possess any marketable securities and thus has no financial market exposure. The costs associated with the core activities of the Charity are noted in the attached Statement of Financial Activities.

Approved by order of the board of trustees on 17th January 2026 and signed on its behalf by:

  
.....  
Nicola Eastwood - Trustee

**Independent Examiner's Report to the Trustees of  
First Touch**

I report to the charity trustees on my examination of the financial statement of First Touch (the charity) for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....  
Debra Saunders FCA, BSc (Hons)  
Azets Audit Services  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey GU7 1LQ

Dated: 20 January 2026 .....

First Touch

Statement of Financial Activities  
for the Year Ended 31 March 2025

		Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
	Notes				
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income		47,964	64,539	112,503	89,407
Activities for generating funds	2	87,723	-	87,723	111,005
Investment income	3	1,527	-	1,527	1,439
<b>Incoming resources from charitable activities</b>					
Gifts in kind		<u>9,751</u>	<u>-</u>	<u>9,751</u>	<u>12,147</u>
<b>Total incoming resources</b>		<b>146,966</b>	<b>64,539</b>	<b>211,505</b>	<b>213,998</b>
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Costs of generating voluntary income		4,959	-	4,959	6,262
<b>Charitable activities</b>					
Purchase of medical equipment		198,462	62,039	260,501	8,263
Support through the welfare fund for families and babies		93,948	-	93,948	112,291
Gifts in kind		9,751	-	9,751	12,147
Support costs		<u>4,940</u>	<u>-</u>	<u>4,940</u>	<u>4,462</u>
<b>Total resources expended</b>		<b>312,060</b>	<b>62,039</b>	<b>374,099</b>	<b>143,425</b>
<b>NET (EXPENDITURE)/INCOME</b>		<b>(165,094)</b>	<b>2,500</b>	<b>(162,594)</b>	<b>70,573</b>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<b>406,158</b>	<b>7,500</b>	<b>413,657</b>	<b>343,085</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b><u>241,064</u></b>	<b><u>10,000</u></b>	<b><u>251,064</u></b>	<b><u>413,658</u></b>

The notes form part of these financial statements

**First Touch**

**Balance Sheet  
At 31 March 2025**

	Notes	2025 £	2024 £
<b>CURRENT ASSETS</b>			
Debtors	6	4,543	3,854
Cash at bank		<u>250,001</u>	<u>412,684</u>
		254,544	416,538
 <b>CREDITORS</b>			
Amounts falling due within one year	7	(3,480)	(2,800)
		<u>251,064</u>	<u>413,658</u>
 <b>NET ASSETS</b>			
 <b>FUNDS</b>			
Unrestricted funds	9	241,064	406,158
Restricted funds		<u>10,000</u>	<u>7,500</u>
<b>TOTAL FUNDS</b>		<u>251,064</u>	<u>413,658</u>

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The financial statements were approved by the Board of Trustees on 17th January 2026 and were signed on its behalf by:

Nicola Eastwood  
Nicola Eastwood - Trustee

## First Touch

### Notes to the Financial Statements for the Year Ended 31 March 2025

#### 1. ACCOUNTING POLICIES

##### Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

##### Going concern

We have paid particular attention to the likely effects on the charity of the current global economic uncertainty and the trustees remain confident that sufficient funding, and reserves, are in place and that the charity has adequate resources to enable it to continue as a going concern for the foreseeable future.

##### Incoming resources and debtors

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Debtors and prepaid expenses are included at the monetary value of the transaction.

##### Resources expended and liabilities

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

##### Gifts in kind

Gifts in kind are recognised when received and recorded based on the estimated value of a similar good or service available to buy. These amounts are recognised within income and expenditure.

##### Taxation

The charity is exempt from tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### Capital expenditure

Expenditure of a capital nature is written off to income and expenditure in the year in which it is incurred.

#### 2. ACTIVITIES FOR GENERATING FUNDS

	2025	2024
	£	£
Fundraising events	<u>87,723</u>	<u>111,005</u>

**First Touch**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025**

**3. INVESTMENT INCOME**

	2025	2024
	£	£
Deposit account interest	<u>1,527</u>	<u>1,439</u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**5. STAFF COSTS**

	2025	2024
	£	£
Gross wages	57,442	65,661
Employers NIC	-	437
Employers pensions	1,616	1,269
Other staff costs	847	1,231
	<u>60,660</u>	<u>68,598</u>

No employees (2024: Nil) received employee benefits for the reporting period of more than £60,000.

**6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025	2024
	£	£
Prepayments and accrued income	<u>4,543</u>	<u>3,854</u>

**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025	2024
	£	£
Accruals and deferred income	<u>3,480</u>	<u>2,880</u>

**8. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	£	£	£	£
Current assets	244,544	10,000	254,544	416,538
Current liabilities	<u>(3,480)</u>	<u>-</u>	<u>(3,480)</u>	<u>(2,880)</u>
	<u>241,064</u>	<u>10,000</u>	<u>251,064</u>	<u>413,658</u>

**First Touch**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025**

**9. MOVEMENT IN FUNDS – CURRENT YEAR**

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
<b>Unrestricted funds</b>			
General Fund	406,158	(162,594)	243,564
<b>Restricted funds</b>			
Equipment Fund	7,500	2,500	10,000
	<u>413,658</u>	<u>(162,594)</u>	<u>251,064</u>
<b>TOTAL FUNDS</b>			

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General Fund	146,966	(312,060)	(165,094)
<b>Restricted funds</b>			
Equipment Fund	64,539	(62,039)	2,500
	<u>211,505</u>	<u>(374,099)</u>	<u>(162,594)</u>
<b>TOTAL FUNDS</b>			

**MOVEMENT IN FUNDS – PRIOR YEAR**

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General Fund	338,085	68,073	406,158
<b>Restricted funds</b>			
Equipment Fund	5,000	2,500	7,500
	<u>343,085</u>	<u>70,573</u>	<u>413,658</u>
<b>TOTAL FUNDS</b>			

First Touch

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

9. MOVEMENT IN FUNDS – PRIOR YEAR (continued)

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General Fund	211,280	(143,207)	68,073
<b>Restricted funds</b>			
Equipment Fund	2,718	(218)	2,500
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>213,998</u>	<u>(143,425)</u>	<u>70,573</u>

10. RELATED PARTY DISCLOSURES

There were no transactions with related parties for the year ended 31 March 2025 nor for the year ended 31 March 2024.

11. RESTRICTED FUNDS

**Equipment Fund**

Donations received for specific items of medical equipment are allocated to this fund and any purchases made are then matched accordingly.

First Touch

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2025

	2025 £	2024 £
<b>INCOMING RESOURCES</b>		
<b>Voluntary income</b>		
Donations	93,881	70,256
Gift aid	<u>18,623</u>	<u>19,151</u>
	112,504	89,407
<b>Activities for generating funds</b>		
Fundraising events	87,723	111,005
<b>Investment income</b>		
Deposit account interest	1,527	1,439
<b>Incoming resources from charitable activities</b>		
Gifts in kind	<u>9,751</u>	<u>12,147</u>
<b>Total incoming resources</b>	211,505	213,998
<b>RESOURCES EXPENDED</b>		
<b>Costs of generating voluntary income</b>		
Fundraising and administration	22,368	3,478
Events	<u>800</u>	<u>2,784</u>
	23,168	6,262
<b>Charitable activities</b>		
Medical equipment funding	260,501	8,263
Welfare	32,156	43,018
Staff costs	42,569	68,598
Training post funding	1,014	457
Gifts in kind	<u>9,751</u>	<u>12,147</u>
	336,240	132,701
<b>Support costs</b>		
Independent examiner's fee	3,480	2,880
Other costs	<u>1,460</u>	<u>1,582</u>
	4,940	4,462
<b>Total resources expended</b>	<u>374,099</u>	<u>143,425</u>
<b>Net income/(expenditure)</b>	<u>(162,594)</u>	<u>70,573</u>

**FIRST TOUCH**

England & Wales - Charity number 1072500

---

# Accounts

---

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended  
31 March 2024  
for  
First Touch**

Azets Audit Services Limited  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey  
GU7 1LQ

## First Touch

### Contents of the Financial Statements for the Year Ended 31 March 2024

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 11
Detailed Statement of Financial Activities	12

## First Touch

### Report of the Trustees for the Year Ended 31 March 2024

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the annual report and financial statements of the charity.

#### REFERENCE AND ADMINISTRATIVE DETAILS

##### Registered Charity number

1072500

##### Principal address

Neonatal Unit  
Lanesborough Wing  
St George's Hospital  
Tooting  
London SW17 0QT

##### Trustees

Nicola O'Connor - Retired 31 March 2024  
Nicola Eastwood  
Achim Herbert Vogt  
Laura de Rooy  
Kim Caddy  
Dr Sijo Francis  
Helen Beattie  
Paula Abramson  
Natalie Daly  
Robert Nestor  
Adam Norgett  
Benedict Shaw  
Louise Hunter  
Clare O'Grady

##### Independent examiner

Azets Audit Services  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey GU7 1LQ

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Structure, Governance and Management

The Trust is a registered charity (charity number 1072500) and is constituted under a Trust deed dated 08 September 1998. The Trust was established by a parent of a baby treated on the unit.

The current Trustees all have experience of the unit either as parents who have had a baby treated on the unit or as clinical staff.

##### New Trustees

New Trustees are selected and appointed by the existing Trustees. On appointment new Trustees are given a welcome pack which includes a brief history of the Charity, a copy of the last three years financial statements, a copy of the Trust Deed and Supplemental Deed, and copies of the Charity Commission's guidance "The Essential Trustee: What you need to know" and "Charities and Public Benefit".

##### Relevant Interests

At this time none of the Trustees has a relevant interest but, in accordance with the Trust's policy, any Trustee with a relevant interest is required to disclose such interest and withdraw from any decisions where a conflict may arise.

## First Touch

### Report of the Trustees for the Year Ended 31 March 2024

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Additional Governance Issues**

At the Trustee meetings, the Trustees agree the broad strategy and areas of activity for the Charity, including large expenditure on equipment, and training and welfare budgets. The day-to-day administration of funds, processing, and marketing is delegated to the Charity Director and Coordinator.

Its management is in the hands of a Management Committee.

##### **Risk Management**

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and Aims**

The Charity's objective, as set out in the governing document, is the relief and treatment of premature and sick babies in the neonatal unit at St Georges Hospital by providing and assisting in the provision of specialist equipment, improving the amenities and facilities, and to support and assist the families of such babies who are or have been on the unit.

##### **Significant Activities**

The main activities undertaken for public benefit in relation to the stated objects are:

- The purchase of medical equipment (augmenting that acquired by the NHS Trust);
- Funding supplementary and specialist training for nurses; and,
- Support through the welfare fund for families and babies.

The neonatal unit at St George's Hospital is a level three centre of excellence meaning the sickest babies from South-West London and the South-East of England, and occasionally further afield, are transferred to the unit for treatment and, therefore, benefit from the funds used by the Charity.

There is no means testing relating to provisions from the welfare fund for families, support is available to all.

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2011 to have regard to the Charity Commission's general guidance on public benefit.

#### **BACKGROUND**

COVID-19 altered the way in which First Touch works with the neonatal unit. The First Touch staff continue to work remotely in the main, with a continued presence on the Unit. Staff are mindful of the continuing need to keep the risk of infections low especially in the winter months to protect the vulnerable patients and their families.

The First Touch staff offer a visible and accessible resource at the unit, which enables easier communication with clinical staff to understand what is needed, often at quite short notice, and from a fund-raising perspective with the main source of donations coming from parents and families on or formally on the unit. Many parents meet the First Touch staff and see work undertaken and want to help support by raising funds or making donations.

The Trustees would like to pay tribute to both First Touch staff and the clinical and administrative staff on the Neonatal unit who have been a crucial conduit enabling First Touch to continue to be agile and active supporting the unit as necessary.

## First Touch

### Report of the Trustees for the Year Ended 31 March 2024

#### **ACHIEVEMENTS AND PERFORMANCE & FINANCIAL REVIEW**

The Charity received income of £213,998 (2023: £197,698). An increase over the previous year reflecting the hard work of our staff and generosity of so many of our supporters.

Many of the families that are served by the Neonatal do not come from affluent backgrounds and they often go out of their way to raise funds in grateful thanks for the treatment their babies have received. The Charity takes great pride in the fact that most of its income is raised by those who have directly benefited from the work of the unit and the work of First Touch.

First Touch is fortunate to have a following of fundraisers and donors who step up to raise funds for equipment and projects as they are identified. The Trustees note with gratitude that the consistent achieving of targets reflects the hard work and dedication of our staff, together with families and individuals. Gift aid tax relief and gifts in kind make a huge difference to the overall total.

The Charity considers that its long-term main function is to fund the purchase of medical equipment to increase the capability of the unit to bring wellbeing to babies in its care. The charity responds to requests from the NNU for equipment and only if funds are available or if the Trustees believe that funds can be raised in a timely fashion does the charity commit to a purchase.

The Trustees are keen to emphasise that the level of income is not the only way to measure success. The staff undertake other roles, including raising awareness for many of the issues surrounding premature birth and baby loss, together with welfare activities: making a stay on the unit more pleasant for families and staff. The feedback that is received from staff and families on the unit about the charity's role is reviewed regularly by the Trustees and is overwhelmingly positive.

#### **Equipment**

This year commitment to equipment spending continues, however, spending in the accounts totals £8,263 with further invoices expected to arrive in the following financial year for equipment ordered. Expenditure and order highlights included new doors for the NNU with fingerprint entry system, a Baby Leo Incubator, an update to the First Touch Garden in the grounds of St George's, Apnoea Monitors, and a sophisticated simulation training doll. Annual subscriptions including the vCreate system subscription, and training for the Peer Supporter volunteers continue in addition.

It is important to note that whilst the Trustees frequently agree to purchase equipment mindful of fundraising campaigns or funds in hand in any financial year the procurement policy at St George's Trust dictates that equipment must be sourced through them and subsequently invoiced. As such the Trustees have no control over the timing of the purchases and receipt of invoices. These timings combined with the very different nature of demands on the Charity's funds during the pandemic led to the Trustees agreeing that it was appropriate for welfare spending to exceed the equipment spending in these exceptional times, and the Trustees continue to monitor the balance between equipment and welfare.

#### **Welfare**

One of the guiding tenets of the Charity is to seek to enhance the "amenities and facilities, and to support the families of babies who are or have been on the ward". This falls into the Welfare category.

Each baby on the unit at Christmas receives a Christmas Stocking and festive edible treats were available on the unit for staff and families. Babies also received a small gift to celebrate Easter, Mother and Father's days and World Prematurity Day all funded by the Charity. The Amazon wish continues to be a popular and convenient way for supporters to arrange these seasonal donations together with day-to-day supplies such as tea bags, snacks, muslins and general supplies for the staff and families that make such a difference to a very intense and difficult time for families

## First Touch

### Report of the Trustees for the Year Ended 31 March 2022

#### Awareness and support

In this the 25<sup>th</sup> Anniversary Year for First Touch, a party was held during the summer for graduates of the NNU and their families, it was a joyous occasion with many families and staff able to reconnect. Feedback suggested that this is a better alternative to the Christmas Party which comes at a time of high alert for winter germs. First Touch has also funded the training of Peer Supporters, volunteer parents trained by St Georges to be a visible and accessible face for families, visiting the nurseries and talking face to face with parents. So far this is proving popular and successful.

#### Trustees

Nicola O'Connor resigned as Trustee at the end of the Financial Year and is thanks warmly by the Trustees for her help, support and advocacy over her many years of involvement.

#### Staff

The staff at First Touch is the catalyst that allows the Charity to channel the generosity of volunteers and supporters to make such a tangible difference to the life and well-being of the babies on the unit.

The Trustees recognise that without doubt the single most important contribution to the work of the charity is that of the staff and wish to place on record their gratitude. Sarah Collins, Charity Director and Louise Williams, Charity Co-ordinator both go beyond their paid hours as part time staff on behalf of First Touch giving up their personal time to work as both the public face of the charity and day to day management and administration.

During the current financial year there have been some continued challenges for our staff, and they have met them with their inimitable dedication and flexibility allowing First Touch to continue its work, the Trustees are grateful and recognise the additional commitment of our staff stepping in to cover roles where necessary to keep the charity functioning efficiently. It has been a difficult year. In addition, we know that Sarah Collins will be leaving her role in the next financial year as she moves away from London, and the Board are seeking to ensure that staffing is covered appropriately. As part of this process the Trustees were delighted to welcome back Sonja Timpson to the staff.

The charity will continue to work innovatively and creativity to continue to support the Neonatal unit, together with the staff and families there.

#### Reserves Policy

The reserves held by the Charity at 31 March 2024 were £413,658 (2023: £343,085) and are split between unrestricted reserves totalling £406,158 (2023: £338,085) and restricted reserves of £7,500 (2023: £5,000).

The Charity only purchases equipment for which it has funding, or fundraising is undertaken specifically for a piece of equipment. It has minimal running costs other than staff salaries and the Trustees aim to maintain reserves in unrestricted funds at a level which equates to a minimum of six months of unrestricted charitable expenditure.

The Charity has held assets in cash, either in current or deposit accounts throughout the year. First Touch does not have any interest in real estate property or possess any marketable securities and thus has no financial market exposure. The costs associated with the core activities of the Charity are noted in the attached Statement of Financial Activities.

Approved by order of the board of trustees on 15 January 2025 and signed on its behalf by:

Nicola Eastwood - Trustee

**Independent Examiner's Report to the Trustees of  
First Touch**

I report to the charity trustees on my examination of the financial statement of First Touch (the charity) for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Debra Saunders FCA, BSc (Hons)  
Azets Audit Services  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey GU7 1LQ

Dated: 24 January 2025

**First Touch**

**Statement of Financial Activities  
for the Year Ended 31 March 2024**

		Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
	Notes	£	£	£	£
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income		86,689	2,718	89,407	66,666
Activities for generating funds	2	111,005	-	111,005	119,644
Investment income	3	1,439	-	1,439	469
<b>Incoming resources from charitable activities</b>					
Gifts in kind		<u>12,147</u>	<u>-</u>	<u>12,147</u>	<u>10,919</u>
<b>Total incoming resources</b>		211,280	2,718	213,998	197,698
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Costs of generating voluntary income		6,262	-	6,262	8,347
<b>Charitable activities</b>					
Purchase of medical equipment		8,263	-	8,263	87,855
Support through the welfare fund for families and babies		112,073	218	112,291	120,135
Gifts in kind		12,147	-	12,147	10,919
Support costs		<u>4,462</u>	<u>-</u>	<u>4,462</u>	<u>3,605</u>
<b>Total resources expended</b>		<u>143,207</u>	<u>218</u>	<u>143,425</u>	<u>230,861</u>
<b>NET INCOME/(EXPENDITURE)</b>		68,073	2,500	70,573	(33,163)
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>338,085</u>	<u>5,000</u>	<u>343,085</u>	<u>376,248</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>406,158</u></u>	<u><u>7,500</u></u>	<u><u>413,658</u></u>	<u><u>343,085</u></u>

The notes form part of these financial statements

**First Touch**

**Balance Sheet  
At 31 March 2024**

	Notes	2024 £	2023 £
<b>CURRENT ASSETS</b>			
Debtors	6	3,854	5,335
Cash at bank		<u>412,684</u>	<u>340,510</u>
		416,538	345,845
<b>CREDITORS</b>			
Amounts falling due within one year	7	(2,880)	(2,760)
		<u>413,658</u>	<u>343,085</u>
<b>NET ASSETS</b>			
<b>FUNDS</b>	9		
Unrestricted funds		406,158	338,085
Restricted funds		<u>7,500</u>	<u>5,000</u>
<b>TOTAL FUNDS</b>		<u>413,658</u>	<u>343,085</u>

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The financial statements were approved by the Board of Trustees on 15 January 2025 and were signed on its behalf by:

Nicola Eastwood -Trustee

## First Touch

### Notes to the Financial Statements for the Year Ended 31 March 2024

#### 1. ACCOUNTING POLICIES

##### Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

##### Going concern

We have paid particular attention to the likely effects on the charity of the current global economic uncertainty and the trustees remain confident that sufficient funding, and reserves, are in place and that the charity has adequate resources to enable it to continue as a going concern for the foreseeable future.

##### Incoming resources and debtors

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Debtors and prepaid expenses are included at the monetary value of the transaction.

##### Resources expended and liabilities

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

##### Gifts in kind

Gifts in kind are recognised when received and recorded based on the estimated value of a similar good or service available to buy. These amounts are recognised within income and expenditure.

##### Taxation

The charity is exempt from tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### Capital expenditure

Expenditure of a capital nature is written off to income and expenditure in the year in which it is incurred.

#### 2. ACTIVITIES FOR GENERATING FUNDS

	2024	2023
	£	£
Fundraising events	<u>111,005</u>	<u>119,644</u>

First Touch

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

3. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	<u>1,439</u>	<u>469</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

5. STAFF COSTS

	2024	2023
	£	£
Gross wages	65,661	61,619
Employers NIC	437	-
Employers pensions	1,269	1,239
Other staff costs	1,231	1,016
	<u>68,598</u>	<u>63,874</u>

No employees (2023: Nil) received employee benefits for the reporting period of more than £60,000.

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Prepayments and accrued income	<u>3,854</u>	<u>5,335</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Accruals and deferred income	<u>2,880</u>	<u>2,760</u>

8. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	Total funds	Total funds
	£	£	£	£
Current assets	409,038	7,500	416,538	345,845
Current liabilities	<u>(2,880)</u>	<u>-</u>	<u>(2,880)</u>	<u>(2,760)</u>
	<u>406,158</u>	<u>7,500</u>	<u>413,658</u>	<u>343,085</u>

First Touch

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

9. MOVEMENT IN FUNDS – CURRENT YEAR

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General Fund	338,085	68,073	406,158
<b>Restricted funds</b>			
Equipment Fund	5,000	2,500	7,500
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>343,085</u>	<u>70,573</u>	<u>413,658</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General Fund	211,280	(143,207)	68,073
<b>Restricted funds</b>			
Equipment Fund	2,718	(218)	2,500
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>213,998</u>	<u>(143,425)</u>	<u>70,573</u>

MOVEMENT IN FUNDS – PRIOR YEAR

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General Fund	374,748	(36,663)	338,085
<b>Restricted funds</b>			
Equipment Fund	1,500	3,500	5,000
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>376,248</u>	<u>(33,163)</u>	<u>343,085</u>

First Touch

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

9. MOVEMENT IN FUNDS – PRIOR YEAR (continued)

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General Fund	291,051	(235,437)	55,614
<b>Restricted funds</b>			
Equipment Fund	1,500	(2,370)	(870)
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>292,551</u>	<u>(237,807)</u>	<u>54,744</u>

10. RELATED PARTY DISCLOSURES

There were no transactions with related parties for the year ended 31 March 2024 nor for the year ended 31 March 2023.

11. RESTRICTED FUNDS

**Equipment Fund**

Donations received for specific items of medical equipment are allocated to this fund and any purchases made are then matched accordingly.

First Touch

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2024

	2024 £	2023 £
<b>INCOMING RESOURCES</b>		
<b>Voluntary income</b>		
Donations	70,256	49,541
Gift aid	<u>19,151</u>	<u>17,125</u>
	89,407	66,666
<b>Activities for generating funds</b>		
Fundraising events	111,005	119,644
<b>Investment income</b>		
Deposit account interest	1,439	469
<b>Incoming resources from charitable activities</b>		
Gifts in kind	<u>12,147</u>	<u>10,919</u>
<b>Total incoming resources</b>	213,998	197,698
<b>RESOURCES EXPENDED</b>		
<b>Costs of generating voluntary income</b>		
Fundraising and administration	3,478	4,875
Events	<u>2,784</u>	<u>3,472</u>
	6,262	8,347
<b>Charitable activities</b>		
Medical equipment funding	8,263	87,855
Welfare	43,018	54,626
Staff costs	68,598	63,874
Training post funding	457	1,635
Gifts in kind	<u>12,147</u>	<u>10,919</u>
	132,701	218,909
<b>Support costs</b>		
Independent examiner's fee	2,880	2,760
Other costs	<u>1,582</u>	<u>845</u>
	4,462	3,605
<b>Total resources expended</b>	<u>143,425</u>	<u>230,861</u>
<b>Net income/(expenditure)</b>	<u><u>70,573</u></u>	<u><u>(33,163)</u></u>

**FIRST TOUCH**

England & Wales - Charity number 1072500

---

# Accounts

---

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended  
31 March 2023  
for  
First Touch**

Azets Audit Services Limited  
Chartered Accountants  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey  
GU7 1LQ

## First Touch

### Contents of the Financial Statements for the Year Ended 31 March 2023

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 11
Detailed Statement of Financial Activities	12

## First Touch

### Report of the Trustees for the Year Ended 31 March 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the annual report and financial statements of the charity.

#### REFERENCE AND ADMINISTRATIVE DETAILS

##### Registered Charity number

1072500

##### Principal address

Neonatal Unit  
Lanesborough Wing  
St George's Hospital  
Tooting  
London SW17 0QT

##### Trustees

Nicola O'Connor  
Nicola Eastwood  
Achim Herbert Vogt  
Laura de Rooy  
Kim Caddy  
Dr Sijo Francis  
Helen Beattie  
Paula Abramson  
Natalie Daly - Appointed 18 January 2023  
Robert Nestor - Appointed 18 January 2023  
Adam Norgett - Appointed 18 January 2023  
Benedict Shaw - Appointed 18 January 2023  
Louise Hunter - Appointed 18 January 2023  
Clare O'Grady - Appointed 18 January 2023

##### Independent examiner

Azets Audit Services Limited  
Chartered Accountants  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey GU7 1LQ

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Structure, Governance and Management

The Trust is a registered charity (charity number 1072500) and is constituted under a Trust deed dated 08 September 1998. The Trust was established by a parent of a baby treated on the unit.

The current Trustees all have experience of the unit either as parents who have had a baby treated on the unit or as clinical staff.

##### New Trustees

New Trustees are selected and appointed by the existing Trustees. On appointment new Trustees are given a welcome pack which includes a brief history of the Charity, a copy of the last three years financial statements, a copy of the Trust Deed and Supplemental Deed, and copies of the Charity Commission's guidance "The Essential Trustee: What you need to know" and "Charities and Public Benefit".

##### Relevant Interests

At this time none of the Trustees has a relevant interest but, in accordance with the Trust's policy, any Trustee with a relevant interest is required to disclose such interest and withdraw from any decisions where a conflict may arise.

## **First Touch**

### **Report of the Trustees for the Year Ended 31 March 2023**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Additional Governance Issues**

At the Trustee meetings, the Trustees agree the broad strategy and areas of activity for the Charity, including large expenditure on equipment, and training and welfare budgets. The day-to-day administration of funds, processing, and marketing is delegated to the Charity Director and Coordinator.

Its management is in the hands of a Management Committee.

##### **Risk Management**

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and Aims**

The Charity's objective, as set out in the governing document, is the relief and treatment of premature and sick babies in the neonatal unit at St Georges Hospital by providing and assisting in the provision of specialist equipment, improving the amenities and facilities, and to support and assist the families of such babies who are or have been on the unit.

##### **Significant Activities**

The main activities undertaken for public benefit in relation to the stated objects are:

- The purchase of medical equipment (augmenting that acquired by the NHS Trust);
- Funding supplementary and specialist training for nurses; and,
- Support through the welfare fund for families and babies.

The neonatal unit at St George's Hospital is a level three centre of excellence meaning the sickest babies from South-West London and the South-East of England, and occasionally further afield, are transferred to the unit for treatment and, therefore, benefit from the funds used by the Charity.

There is no means testing relating to provisions from the welfare fund for families, support is available to all.

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2011 to have regard to the Charity Commission's general guidance on public benefit.

#### **BACKGROUND**

COVID-19 is still impacting the way in which First Touch can work with the neonatal unit. The First Touch staff continue to work remotely in the main, with an increased presence on the unit. Staff are mindful of the continuing need to keep the risk of infections low to protect the vulnerable patients and their families.

The First Touch staff however are able to become a more visible and accessible resource at the unit again, which enables easier communication with clinical staff to understand what is needed, often at quite short notice, and from a fund-raising perspective with the main source of donations coming from parents and families on or formally on the unit. Many parents meet the First Touch staff and see work undertaken and want to help support by raising funds or making donations.

The Trustees would like to pay tribute to both First Touch staff and the clinical and administrative staff on the Neonatal unit who have been a crucial conduit enabling First Touch to continue to be agile and active supporting the unit as necessary.

## First Touch

### Report of the Trustees for the Year Ended 31 March 2023

#### **ACHIEVEMENTS AND PERFORMANCE & FINANCIAL REVIEW**

The Charity received income of £197,698. The Trustees felt that this was a very satisfactory figure especially during this year in which a cost of living crisis became very apparent. The last financial year had an exceptional large single donation and this year's income is back in line with the normal level of income.

Many of the families that are served by the Neonatal do not come from affluent backgrounds and they often go out of their way to raise funds in grateful thanks for the treatment their babies have received. The Charity takes great pride in the fact that most of its income is raised by those who have directly benefited from the work of the unit and the work of First Touch.

First Touch is fortunate to have a following of fundraisers and donors who step up to raise funds for equipment and projects as they are identified. The Trustees note with gratitude that the consistent achieving of targets reflects the hard work and dedication of our staff, together with families and individuals. Gift aid tax relief and gifts in kind make a huge difference to the overall total.

The Charity considers that its main function is to fund the purchase of medical equipment to increase the capability of the unit to bring wellbeing to babies in its care. The charity responds to requests from the NNU for equipment and only if funds are available or if the Trustees believe that funds can be raised in a timely fashion does the charity commit to a purchase.

The Trustees are keen to emphasise that the level of income is not the only way to measure success. Our staff undertake other roles, including raising awareness for many of the issues surrounding premature birth and baby loss, together with welfare activities: making a stay on the unit more pleasant for families and staff. The feedback that is received from staff and families on the unit about the charity's role is reviewed regularly by the Trustees and is overwhelmingly positive.

#### **Equipment**

This year equipment spending has continued, following on from last year's increase after the last two years where the focus was been on welfare spending in response to the COVID-19 difficulties. Spending totalled £87,855 within the financial year, representing 38% of the total expenditure in the financial year. Expenditure highlights included a Criticool unit, heated mattresses and a simulation Mannequin which is on order from the USA, annual subscriptions including the vCreate system subscription, and training for the Peer Supporter volunteers.

Further spending has been identified for the coming year including a breast milk pasteuriser, and biliblankets.

It is important to note that whilst the Trustees frequently agree to purchase equipment mindful of fundraising campaigns or funds in hand in any financial year the procurement policy at St George's Trust dictates that equipment must be sourced through them and subsequently invoiced. As such the Trustees have no control over the timing of the purchases and receipt of invoices. These timings combined with the very different nature of demands on the Charity's funds during the pandemic led to the Trustees agreeing that it was appropriate for welfare spending to exceed the equipment spending in these exceptional times, and the Trustees continue to monitor the balance between equipment and welfare.

#### **Welfare**

One of the guiding tenets of the Charity is to seek to enhance the "amenities and facilities, and to support the families of babies who are or have been on the ward". This falls into the Welfare category.

Each baby on the unit at Christmas receives a Christmas Stocking and festive edible treats were available on the unit for staff and families. Babies also received a small gift to celebrate Easter, Mother and Father's days and World Prematurity Day all funded by the Charity. The Amazon wish continues to be a popular and convenient way for supporters to arrange these seasonal donations together with day-to-day supplies such as tea bags, snacks, muslins and general supplies for the staff and families that make such a difference to a very intense and difficult time for families.

## First Touch

### Report of the Trustees for the Year Ended 31 March 2022

#### Staff Training

Staff training continued virtually, attendance at events was still somewhat curtailed by the pandemic but is something that the Charity is keen to restart when possible.

#### Awareness and support

Similarly, First Touch has been able to restart in person events during the year and has continued to raise the profile of premature birth and the work of the unit virtually and through its very active social media posts. First Touch has funded the training of Peer Supporters, volunteer parents trained by St Georges to be a visible and accessible face for families, until this year accessible on social media and now in person visiting the nurseries and talking face to face with parents. So far this is proving popular and successful.

#### Trustees

Six new Trustees have been appointed and took up their posts in January 2023.

#### Staff

The staff at First Touch is the catalyst that allows the Charity to channel the generosity of volunteers and supporters to make such a tangible difference to the life and well-being of the babies on the unit.

The Trustees recognise that without doubt the single most important contribution to the work of the charity is that of the staff and wish to place on record their gratitude. Sarah Collins, Charity Director and Louise Williams, Charity Co-ordinator both go beyond their paid hours as part time staff on behalf of First Touch giving up their personal time to work as both the public face of the charity and day to day management and administration.

During the current financial year there have been some challenges for our staff, and they have met them with their inimitable dedication and flexibility allowing First Touch to continue its work, the Trustees are grateful and recognise the additional commitment of our staff stepping in to cover roles where necessary to keep the charity functioning efficiently. The Trustees recognise that this has been a difficult year.

The charity will continue to work innovatively and creativity to continue to support the Neonatal unit, together with the staff and families there.

#### Reserves Policy

The reserves held by the Charity at 31 March 2023 were £343,085 (2022: £376,248) and are split between unrestricted reserves totalling £338,085 (2022: £374,748) and restricted reserves of £5,000 (2022: £1,500).

The Charity only purchases equipment for which it has funding, or fundraising is undertaken specifically for a piece of equipment. It has minimal running costs other than staff salaries and the Trustees aim to maintain reserves in unrestricted funds at a level which equates to a minimum of six months of unrestricted charitable expenditure.

The Charity has held assets in cash, either in current or deposit accounts throughout the year. First Touch does not have any interest in real estate property or possess any marketable securities and thus has no financial market exposure. The costs associated with the core activities of the Charity are noted in the attached Statement of Financial Activities.

Approved by order of the board of trustees on 17 January 2024 and signed on its behalf by:

Nicola Eastwood - Trustee

**Independent Examiner's Report to the Trustees of  
First Touch**

I report to the charity trustees on my examination of the financial statement of First Touch (the charity) for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Debra Saunders FCA, BSc (Hons)  
Azets Audit Services Limited  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey GU7 1LQ

Dated: 24 January 2024

**First Touch**

**Statement of Financial Activities  
for the Year Ended 31 March 2023**

		Unrestricted funds	Restricted funds	2023 Total funds	2022 Total funds
	Notes	£	£	£	£
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income		61,666	5,000	66,666	93,620
Activities for generating funds	2	119,644	-	119,644	191,175
Investment income	3	469	-	469	11
<b>Incoming resources from charitable activities</b>					
Gifts in kind		<u>10,919</u>	<u>-</u>	<u>10,919</u>	<u>7,745</u>
<b>Total incoming resources</b>		192,698	5,000	197,698	292,551
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Costs of generating voluntary income		8,347	-	8,347	10,842
<b>Charitable activities</b>					
Purchase of medical equipment		86,355	1,500	87,855	92,418
Support through the welfare fund for families and babies		120,135	-	120,135	123,527
Gifts in kind		10,919	-	10,919	7,745
Support costs		<u>3,605</u>	<u>-</u>	<u>3,605</u>	<u>3,275</u>
<b>Total resources expended</b>		<u>229,361</u>	<u>1,500</u>	<u>230,861</u>	<u>237,807</u>
<b>NET (EXPENDITURE)/INCOME</b>		(36,663)	3,500	(33,163)	54,744
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>374,748</u>	<u>1,500</u>	<u>376,248</u>	<u>321,504</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>338,085</u></u>	<u><u>5,000</u></u>	<u><u>343,085</u></u>	<u><u>376,248</u></u>

The notes form part of these financial statements

**First Touch**

**Balance Sheet  
At 31 March 2023**

	Notes	2023 £	2022 £
<b>CURRENT ASSETS</b>			
Debtors	5	5,335	4,374
Cash at bank		<u>340,510</u>	<u>374,394</u>
		345,845	378,768
<b>CREDITORS</b>			
Amounts falling due within one year	6	(2,760)	(2,520)
		<u>343,085</u>	<u>376,248</u>
<b>NET ASSETS</b>			
<b>FUNDS</b>	8		
Unrestricted funds		338,085	374,748
Restricted funds		<u>5,000</u>	<u>1,500</u>
<b>TOTAL FUNDS</b>		<u>343,085</u>	<u>376,248</u>

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The financial statements were approved by the Board of Trustees on 17 January 2024 and were signed on its behalf by:

Nicola Eastwood -Trustee

The notes form part of these financial statements

## First Touch

### Notes to the Financial Statements for the Year Ended 31 March 2023

#### 1. ACCOUNTING POLICIES

##### Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

##### Going concern

We have paid particular attention to the likely effects on the charity of the current global economic uncertainty and the trustees remain confident that sufficient funding, and reserves, are in place and that the charity has adequate resources to enable it to continue as a going concern for the foreseeable future.

##### Incoming resources and debtors

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Debtors and prepaid expenses are included at the monetary value of the transaction.

##### Resources expended and liabilities

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

##### Taxation

The charity is exempt from tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### Capital expenditure

Expenditure of a capital nature is written off to income and expenditure in the year in which it is incurred.

#### 2. ACTIVITIES FOR GENERATING FUNDS

	2023	2022
	£	£
Fundraising events	<u>119,644</u>	<u>191,175</u>

**First Touch**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**3. INVESTMENT INCOME**

	2023	2022
	£	£
Deposit account interest	<u>469</u>	<u>11</u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Prepayments and accrued income	<u>5,335</u>	<u>4,374</u>

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Accruals and deferred income	<u>2,760</u>	<u>2,520</u>

**7. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted funds	Restricted funds	2023 Total funds	2022 Total funds
	£	£	£	£
Current assets	340,845	5,000	345,845	378,768
Current liabilities	<u>(2,760)</u>	<u>-</u>	<u>(2,760)</u>	<u>(2,520)</u>
	<u>338,085</u>	<u>5,000</u>	<u>343,085</u>	<u>376,248</u>

First Touch

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

8. MOVEMENT IN FUNDS – CURRENT YEAR

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General Fund	374,748	(36,663)	338,085
<b>Restricted funds</b>			
Equipment Fund	1,500	3,500	5,000
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>376,248</u>	<u>(33,163)</u>	<u>343,085</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General Fund	192,698	(229,361)	(36,663)
<b>Restricted funds</b>			
Equipment Fund	5,000	(1,500)	3,500
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>197,698</u>	<u>(230,861)</u>	<u>(33,163)</u>

MOVEMENT IN FUNDS – PRIOR YEAR

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General Fund	319,134	(55,614)	374,748
<b>Restricted funds</b>			
Equipment Fund	2,370	(870)	1,500
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>321,504</u>	<u>54,744</u>	<u>376,248</u>

## First Touch

### Notes to the Financial Statements - continued for the Year Ended 31 March 2023

#### 8. MOVEMENT IN FUNDS – PRIOR YEAR (continued)

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General Fund	291,051	(235,437)	55,614
<b>Restricted funds</b>			
Equipment Fund	1,500	(2,370)	(870)
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>292,551</u>	<u>(237,807)</u>	<u>54,744</u>

#### 9. RELATED PARTY DISCLOSURES

There were no transactions with related parties for the year ended 31 March 2023 nor for the year ended 31 March 2022.

#### 10. RESTRICTED FUNDS

##### Equipment Fund

Donations received for specific items of medical equipment are allocated to this fund and any purchases made are then matched accordingly.

First Touch

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023

	2023 £	2022 £
<b>INCOMING RESOURCES</b>		
<b>Voluntary income</b>		
Donations	49,541	62,681
Gift aid	<u>17,125</u>	<u>30,939</u>
	66,666	93,620
<b>Activities for generating funds</b>		
Fundraising events	119,644	191,175
<b>Investment income</b>		
Deposit account interest	469	11
<b>Incoming resources from charitable activities</b>		
Gifts in kind	<u>10,919</u>	<u>7,745</u>
<b>Total incoming resources</b>	197,698	292,550
<b>RESOURCES EXPENDED</b>		
<b>Costs of generating voluntary income</b>		
Fundraising and administration	4,875	7,529
Events	<u>3,472</u>	<u>3,313</u>
	8,347	10,842
<b>Charitable activities</b>		
Medical equipment funding	87,855	92,418
Welfare	54,626	60,396
Staff costs	63,874	62,347
Raffles	-	-
Training post funding	1,635	674
Family accommodation	-	110
Gifts in kind	<u>10,919</u>	<u>7,745</u>
	218,909	223,690
<b>Support costs</b>		
Independent examiner's fee	2,760	2,520
Other costs	<u>845</u>	<u>755</u>
	3,605	3,275
<b>Total resources expended</b>	<u>230,861</u>	<u>237,807</u>
<b>Net (expenditure)/income</b>	<u><u>(33,163)</u></u>	<u><u>54,743</u></u>

**FIRST TOUCH**

England & Wales - Charity number 1072500

---

# Accounts

---

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended  
31 March 2022  
for  
First Touch**

Azets  
Chartered Accountants  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey  
GU7 1LQ

## First Touch

### Contents of the Financial Statements for the Year Ended 31 March 2022

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 11
Detailed Statement of Financial Activities	12

## First Touch

### Report of the Trustees for the Year Ended 31 March 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the annual report and financial statements of the charity.

#### REFERENCE AND ADMINISTRATIVE DETAILS

##### Registered Charity number

1072500

##### Principal address

Neonatal Unit  
Lanesborough Wing  
St George's Hospital  
Tooting  
London SW17 0QT

##### Trustees

Nicola O'Connor  
Nicola Eastwood  
Dr Sandra Adamson Calvert  
Achim Herbert Vogt  
Laura de Rooy  
Kim Caddy  
Dr Sijo Francis  
Helen Edwards  
Paula Abramson

Resigned December 2021

##### Independent examiner

Azets Audit Services Limited  
Chartered Accountants  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey GU7 1LQ

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Structure, Governance and Management

The Trust is a registered charity (charity number 1072500) and is constituted under a Trust deed dated 08 September 1998. The Trust was established by a parent of a baby treated on the unit.

The current Trustees all have experience of the unit either as parents who have had a baby treated on the unit or as clinical staff.

##### New Trustees

New Trustees are selected and appointed by the existing Trustees. On appointment new Trustees are given a welcome pack which includes a brief history of the Charity, a copy of the last three years financial statements, a copy of the Trust Deed and Supplemental Deed, and copies of the Charity Commission's guidance "The Essential Trustee: What you need to know" and "Charities and Public Benefit".

##### Relevant Interests

At this time none of the Trustees has a relevant interest but, in accordance with the Trust's policy, any Trustee with a relevant interest is required to disclose such interest and withdraw from any decisions where a conflict may arise.

## First Touch

### Report of the Trustees for the Year Ended 31 March 2022

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Additional Governance Issues**

At the Trustee meetings, the Trustees agree the broad strategy and areas of activity for the Charity, including large expenditure on equipment, and training and welfare budgets. The day-to-day administration of funds, processing, and marketing is delegated to the Charity Director and Coordinator.

Its management is in the hands of a Management Committee.

##### **Risk Management**

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and Aims**

The Charity's objective, as set out in the governing document, is the relief and treatment of premature and sick babies in the neonatal unit at St Georges Hospital by providing and assisting in the provision of specialist equipment, improving the amenities and facilities, and to support and assist the families of such babies who are or have been on the unit.

##### **Significant Activities**

The main activities undertaken for public benefit in relation to the stated objects are:

- The purchase of medical equipment (augmenting that acquired by the NHS Trust);
- Funding supplementary and specialist training for nurses; and,
- Support through the welfare fund for families and babies.

The neonatal unit at St George's Hospital is a level three centre of excellence meaning the sickest babies from South-West London and the South-East of England, and occasionally further afield, are transferred to the unit for treatment and, therefore, benefit from the funds used by the Charity.

There is no means testing relating to provisions from the welfare fund for families, support is available to all.

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2011 to have regard to the Charity Commission's general guidance on public benefit.

##### **COVID-19**

The impact of COVID-19 has remained a challenge for everyone at the Neonatal Unit. The First Touch staff are looking forward to increasing the time they can spend at the unit, while continuing to work flexibly including remotely to minimise the risk of infections.

The First Touch staff are usually a visible and accessible resource at the unit, which enables easy communication with clinical staff to understand what is needed, often at quite short notice, and from a fund-raising perspective with the main source of donations coming from parents and families on or formally on the unit. Many parents meet the First Touch staff and see work undertaken and want to help support by raising funds or making donations.

As restrictions remained in place, and time moved on with Charity staff unable to attend the unit frequently it was hugely important to maintain communication with clinical teams and supporters and First Touch staff worked tirelessly to ensure that these critical links were sustained.

The Trustees would like to pay tribute to both First Touch staff and the clinical and administrative staff on the Neonatal unit who have been a crucial conduit enabling First Touch to continue to be agile and active supporting the unit as necessary. As restrictions ease the Trustees and Staff remain mindful that as a hospital setting extra vigilance is always required as is a readiness to move back to a more remote function, if needed, should infections rise again.

## First Touch

### Report of the Trustees for the Year Ended 31 March 2022

#### **ACHIEVEMENTS AND PERFORMANCE & FINANCIAL REVIEW**

The Charity received income of £291,951. A truly inspiring total given the difficulties posed by COVID-19, which included one donation from the Kennedy family who through a sponsored cycle ride “Lions Ride 2021” raised a total of £98,000 for which the Trustees were truly grateful.

First Touch is fortunate to have a following of fundraisers and donors who step up to raise funds for equipment and projects as they are identified. The Trustees note with gratitude that the consistent achieving of targets reflects the hard work and dedication of our staff, together with families and individuals that are impacted by the unit and choose to fundraise. Gift aid tax relief, and gifts in kind make a huge difference to the overall total.

The Charity takes great pride in the fact that most of its income is raised by those who have directly benefited from the work of the unit and the work of First Touch. The Charity considers that its main function is to fund the purchase of medical equipment to increase the capability of the unit to bring wellbeing to babies in its care. The charity responds to requests from the NNU for equipment and only if funds are available or if the Trustees believe that funds can be raised in a timely fashion does the charity commit to a purchase.

The Trustees are keen to emphasise that the level of income is not the only way to measure success. Our staff undertake other roles, including raising awareness for many of the issues surrounding premature birth and baby loss, together with welfare activities: making a stay on the unit more pleasant for families and staff. The feedback that is received from staff and families on the unit about the charity’s role is reviewed regularly by the Trustees and is overwhelmingly positive.

#### **Equipment**

This year equipment spending has started to rise again after the last two years where the focus has been on welfare spending in response to the COVID-19 difficulties. Spending totalled £92,418 within the financial year, representing 38% of the total expenditure in the financial year. Expenditure highlights included three maquet ventilators, refurbishment of the Expressing Room, the annual vCreate system subscription, sofas for the ICU and SCBU staff rooms and training for the Peer Supporter volunteers.

Further spending has been identified for the coming year including breast pumps, a transport incubator and privacy screens.

It is important to note that whilst the Trustees frequently agree to purchase equipment mindful of fundraising campaigns or funds in hand in any financial year the procurement policy at St George’s Trust dictates that equipment must be sourced through them and subsequently invoiced. As such the Trustees have no control over the timing of the purchases and receipt of invoices. These timings combined with the very different nature of demands on the Charity’s funds during the pandemic led to the Trustees agreeing that it was appropriate for welfare spending to exceed the equipment spending in these exceptional times, and the Trustees continue to monitor the balance between equipment and welfare.

#### **Welfare**

One of the guiding tenets of the Charity is to seek to enhance the “amenities and facilities, and to support the families of babies who are or have been on the ward”. This falls into the Welfare category.

Each baby on the unit at Christmas receives a Christmas Stocking and festive edible treats were available on the unit for staff and families. Babies also received a small gift to celebrate Easter, Mother and Father’s days and World Prematurity Day all funded by the Charity. The Amazon wish continues to be a popular and convenient way for supporters to arrange these seasonal donations together with day-to-day supplies such as tea bags, snacks, muslins and general supplies for the staff and families that make such a difference.

## First Touch

### Report of the Trustees for the Year Ended 31 March 2022

#### Staff Training

Staff training continued virtually, attendance at events was still somewhat curtailed by the pandemic but is something that the Charity is keen to restart when possible.

#### Awareness and support

Similarly, First Touch has been unable to attend in person events during the financial year but has continued to raise the profile of premature birth and the work of the unit virtually and through its very active social media posts. First Touch has funded the training of Peer Supporters, volunteer parents trained by St Georges to be a visible and accessible face for families, currently accessible on social media it is hoped that the volunteers will be able to attend the nurseries in person soon, so far this is proving popular and successful.

#### Trustees

There have been no changes to the Trustees in the current year, but the need for new Trustees has been identified and vacancies will be advertised, and interviews held during the coming year.

#### Staff

The staff at First Touch is the catalyst that allows the Charity to channel the generosity of volunteers and supporters to make such a tangible difference to the life and well-being of the babies on the unit.

The Trustees recognise that without doubt the single most important contribution to the work of the charity is that of the staff and wish to place on record their gratitude. Sarah Collins, Charity Director and Louise Williams, Charity Co-ordinator both go beyond their paid hours as part time staff on behalf of First Touch giving up their personal time to work as both the public face of the charity and day to day management and administration. Especially in these more difficult times the Trustees have appreciated the dedication and drive of both Sarah and Louise who have so expertly juggled their personal and professional time and kept First Touch moving forward.

The Trustees look ahead to further challenges in 2022/3 expecting that COVID-19 may continue to impact the economy, the hospital environment, and the way that First Touch can work, but they hope that life will begin to return to something closer to normality in due course. The charity will continue to work innovatively and creativity to continue to support the Neonatal unit, together with the staff and families there.

#### Reserves Policy

The Charity only purchases equipment for which it has funding, or fundraising is undertaken specifically for a piece of equipment. It has minimal running costs other than staff salaries and the Trustees aim to maintain reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure.

The Charity has held assets in cash, either in current or deposit accounts throughout the year. First Touch does not have any interest in real estate property or possess any marketable securities and thus has no financial market exposure. The costs associated with the core activities of the Charity are noted in the attached Statement of Financial Activities.

Approved by order of the board of trustees on 18<sup>th</sup> January 2023 and signed on its behalf by:

Nicola Eastwood - Trustee

**Independent Examiner's Report to the Trustees of  
First Touch**

I report on the accounts for the year ended 31 March 2022 set out on pages five to nine.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

**Other matters**

Your attention is drawn to the fact that the charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) 2<sup>nd</sup> edition issued in October 2019 in preference to the Accounting and Reporting Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has since been withdrawn.

We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

M S Leigh BA FCA CF  
Azets Audit Services Limited  
Chartered Accountants  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey  
GU7 1LQ

Date : 24 January 2023

**First Touch**

**Statement of Financial Activities  
for the Year Ended 31 March 2022**

		Unrestricted funds	Restricted funds	2022 Total funds	2021 Total funds
	Notes	£	£	£	£
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income		92,160	1,500	93,620	64,346
Activities for generating funds	2	191,175	-	191,175	78,893
Investment income	3	11	-	11	43
<b>Incoming resources from charitable activities</b>					
Gifts in kind		<u>7,745</u>	<u>-</u>	<u>7,745</u>	<u>49,938</u>
<b>Total incoming resources</b>		291,051	1,500	292,551	193,220
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Costs of generating voluntary income		10,842	-	10,842	681
<b>Charitable activities</b>					
Purchase of medical equipment		90,048	2,370	92,418	31,152
Support through the welfare fund for families and babies		123,527	-	123,527	108,715
Gifts in kind		7,745	-	7,745	49,938
Legal and administrative costs		<u>3,275</u>	<u>-</u>	<u>3,275</u>	<u>3,120</u>
<b>Total resources expended</b>		235,437	2,370	237,807	193,606
<b>NET (OUTGOING)/INCOMING RESOURCES</b>		55,614	(870)	54,744	(386)
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>319,134</u>	<u>2,370</u>	<u>321,504</u>	<u>321,890</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>374,748</u></u>	<u><u>1,500</u></u>	<u><u>376,248</u></u>	<u><u>321,504</u></u>

The notes form part of these financial statements

**First Touch**

**Balance Sheet  
At 31 March 2022**

	Notes	2022 £	2021 £
<b>CURRENT ASSETS</b>			
Debtors	5	4,374	3,488
Cash at bank		<u>374,394</u>	<u>320,416</u>
		378,768	323,904
<b>CREDITORS</b>			
Amounts falling due within one year	6	(2,520)	(2,400)
		<u>376,248</u>	<u>321,504</u>
<b>NET ASSETS</b>			
<b>FUNDS</b>	8		
Unrestricted funds		374,748	319,134
Restricted funds		<u>1,500</u>	<u>2,370</u>
<b>TOTAL FUNDS</b>		<u>376,248</u>	<u>321,504</u>

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The financial statements were approved by the Board of Trustees on 18<sup>th</sup> January 2023 and were signed on its behalf by:

Nicola Eastwood -Trustee

## First Touch

### Notes to the Financial Statements for the Year Ended 31 March 2022

#### 1. ACCOUNTING POLICIES

##### Accounting convention

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) 2<sup>nd</sup> edition issued in October 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and the Charities Act 2011 and UK Generally Accepted Practice.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) 2<sup>nd</sup> edition issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

##### Going concern

We have paid particular attention to the likely effects on the charity of the current Covid-19 outbreak and the trustees remain confident that sufficient funding, and reserves, are in place and that the charity has adequate resources to enable it to continue as a going concern for the foreseeable future.

##### Incoming resources and debtors

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Debtors and prepaid expenses are included at the monetary value of the transaction.

##### Resources expended and liabilities

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

##### Taxation

The charity is exempt from tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### Capital expenditure

Expenditure of a capital nature is written off to income and expenditure in the year in which it is incurred.

#### 2. ACTIVITIES FOR GENERATING FUNDS

	2022	2021
	£	£
Fundraising events	191,175	77,857
Raffles	-	1,036
	<u>191,175</u>	<u>78,893</u>

**First Touch**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022**

**3. INVESTMENT INCOME**

	2022	2021
	£	£
Deposit account interest	<u>11</u>	<u>43</u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022	2021
	£	£
Prepayments and accrued income	<u>4,374</u>	<u>3,488</u>

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022	2021
	£	£
Accruals and deferred income	<u>2,520</u>	<u>2,400</u>

**7. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted funds	Restricted funds	2022 Total funds	2021 Total funds
	£	£	£	£
Current assets	377,268	1,500	378,768	323,904
Current liabilities	<u>(2,520)</u>	<u>-</u>	<u>(2,520)</u>	<u>(2,400)</u>
	<u>374,748</u>	<u>1,500</u>	<u>376,248</u>	<u>321,504</u>

First Touch

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

8. MOVEMENT IN FUNDS – CURRENT YEAR

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General Fund	319,134	55,614	374,748
<b>Restricted funds</b>			
Equipment Fund	2,370	(870)	1,500
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>321,504</u>	<u>54,744</u>	<u>376,248</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General Fund	291,051	(235,437)	55,614
<b>Restricted funds</b>			
Equipment Fund	1,500	(2,370)	(870)
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>292,551</u>	<u>(237,807)</u>	<u>54,744</u>

MOVEMENT IN FUNDS – PRIOR YEAR

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General Fund	319,520	(386)	319,134
<b>Restricted funds</b>			
Equipment Fund	2,370	-	2,370
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>321,890</u>	<u>(386)</u>	<u>321,504</u>

## First Touch

### Notes to the Financial Statements - continued for the Year Ended 31 March 2022

#### 8. MOVEMENT IN FUNDS – PRIOR YEAR (continued)

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General Fund	193,220	(193,606)	(386)
<b>Restricted funds</b>			
Equipment Fund	-	-	-
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>193,220</u>	<u>(193,606)</u>	<u>(386)</u>

#### 9. RELATED PARTY DISCLOSURES

There were no transactions with related parties for the year ended 31 March 2022 nor for the year ended 31 March 2021.

#### 10. RESTRICTED FUNDS

##### Equipment Fund

Donations received for specific items of medical equipment are allocated to this fund and any purchases made are then matched accordingly.

First Touch

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2022

	2022 £	2021 £
<b>INCOMING RESOURCES</b>		
<b>Voluntary income</b>		
Donations	62,681	52,367
Gift aid	<u>30,939</u>	<u>11,979</u>
	93,620	64,346
<b>Activities for generating funds</b>		
Fundraising events	191,175	77,857
Raffles	<u>-</u>	<u>1,036</u>
	191,175	78,893
<b>Investment income</b>		
Deposit account interest	11	43
<b>Incoming resources from charitable activities</b>		
Gifts in kind	<u>7,745</u>	<u>49,938</u>
<b>Total incoming resources</b>	292,550	193,220
<b>RESOURCES EXPENDED</b>		
<b>Costs of generating voluntary income</b>		
Fundraising and administration	7,529	681
Events	<u>3,313</u>	<u>-</u>
	10,842	681
<b>Charitable activities</b>		
Medical equipment funding	92,418	31,152
Welfare	60,396	52,194
Staff costs	62,347	55,028
Raffles	-	-
Training post funding	674	1,493
Family accommodation	110	-
Gifts in kind	<u>7,745</u>	<u>49,938</u>
	223,690	189,805
<b>Legal and administrative costs</b>		
Independent examiner's fee	2,520	2,400
Other costs	<u>755</u>	<u>720</u>
	<u>3,275</u>	<u>3,120</u>
<b>Total resources expended</b>	<u>237,807</u>	<u>193,906</u>
<b>Net (expenditure)/income</b>	<u><u>54,743</u></u>	<u><u>(386)</u></u>

**FIRST TOUCH**

England & Wales - Charity number 1072500

---

# Accounts

---

**REGISTERED CHARITY NUMBER: 1072500**

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended  
31 March 2021  
for  
First Touch**

Azets  
Chartered Accountants  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey  
GU7 1LQ

## First Touch

### Contents of the Financial Statements for the Year Ended 31 March 2021

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 11
Detailed Statement of Financial Activities	12

## First Touch

### Report of the Trustees for the Year Ended 31 March 2021

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the annual report and financial statements of the charity.

#### REFERENCE AND ADMINISTRATIVE DETAILS

##### Registered Charity number

1072500

##### Principal address

Neonatal Unit  
Lanesborough Wing  
St George's Hospital  
Tooting  
London SW17 0QT

##### Trustees

Nicola O'Connor  
Mary Dorothy Goggin - resigned January 2021  
Nicola Eastwood  
Dr Sandra Adamson Calvert  
Achim Herbert Vogt  
Laura de Rooy  
Kim Caddy  
Dr Sijo Francis  
Helen Edwards - appointed December 2020  
Paula Abramson - appointed December 2020

##### Independent examiner

Azets Audit Services Limited  
Chartered Accountants  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey GU7 1LQ

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Structure, Governance and Management

The Trust is a registered charity (charity number 1072500) and is constituted under a Trust deed dated 08 September 1998. The Trust was established by a parent of a baby treated on the unit.

The current Trustees all have experience of the unit either as parents who have had a baby treated on the unit or as clinical staff.

##### New Trustees

New Trustees are selected and appointed by the existing Trustees. On appointment new Trustees are given a welcome pack which includes a brief history of the Charity, a copy of the last three years financial statements, a copy of the Trust Deed and Supplemental Deed, and copies of the Charity Commission's guidance "The Essential Trustee: What you need to know" and "Charities and Public Benefit".

##### Relevant Interests

At this time none of the Trustees has a relevant interest but, in accordance with the Trust's policy, any Trustee with a relevant interest is required to disclose such interest and withdraw from any decisions where a conflict may arise.

## First Touch

### Report of the Trustees for the Year Ended 31 March 2021

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Additional Governance Issues**

At the Trustee meetings, the Trustees agree the broad strategy and areas of activity for the Charity, including large expenditure on equipment, and training and welfare budgets. The day to day administration of funds, processing, and marketing is delegated to the Charity Director and Coordinator.

Its management is in the hands of a Management Committee.

##### **Risk Management**

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and Aims**

The Charity's objective, as set out in the governing document, is the relief and treatment of premature and sick babies in the neonatal unit at St Georges Hospital by providing and assisting in the provision of specialist equipment, improving the amenities and facilities, and to support and assist the families of such babies who are or have been on the unit.

##### **Significant Activities**

The main activities undertaken for public benefit in relation to the stated objects are:

- The purchase of medical equipment (augmenting that acquired by the NHS Trust);
- Funding supplementary and specialist training for nurses; and,
- Support through the welfare fund for families and babies.

The neonatal unit at St George's Hospital is a level three centre of excellence meaning the sickest babies from South West London and the South East of England, and occasionally further afield, are transferred to the unit for treatment and, therefore, benefit from the funds used by the Charity.

There is no means testing relating to provisions from the welfare fund for families, support is available to all.

The Trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2011 to have regard to the Charity Commission's general guidance on public benefit.

##### **COVID-19**

By the end of the 2020 financial year Covid-19 was already a serious challenge, many changes had already taken place as mentioned in the last report; the First Touch staff had transitioned to work from home and Trustees had quickly adapted to Zoom meetings. The charity was already facilitating fresh food deliveries and hot meals for the unit staff and families for whom getting to the shops and ensuring supplies being available was difficult. This continued through much of 2020 and into 2021.

The First Touch staff are usually a visible and accessible resource at the unit, which enables easy communication with clinical staff to understand what is needed, often at quite short notice, and from a fund-raising perspective with the main source of donations coming from parents and families on or formally on the unit. Many parents meet the First Touch staff and see work undertaken and want to help support by raising funds or making donations.

As restrictions remained in place, and time moved on with Charity staff unable to attend the unit and continue to work from home it was hugely important to maintain communication with clinical teams and supporters and First Touch staff worked tirelessly to ensure that these critical links were sustained.

The Trustees would like to pay tribute to both First Touch staff and the clinical and administrative staff on the Neonatal unit who have been a crucial link enabling First Touch to continue to be agile and active supporting the unit as necessary. As restrictions ease the Trustees and Staff remain mindful that as a hospital setting extra vigilance is always required as is a readiness to move back to a more remote function, if needed, should infections rise again.

## First Touch

### Report of the Trustees for the Year Ended 31 March 2021

#### **ACHIEVEMENTS AND PERFORMANCE & FINANCIAL REVIEW**

The Charity received income of £193,220. Given the restrictions in place that prevented many of our usual fundraising opportunities such as the London Marathon, Royal Parks runs and so many other local events the Trustees were delighted with this total.

First Touch is fortunate to have a following of fundraisers and donors who step up to raise funds for equipment and projects as they are identified. The Trustees continue to be grateful for this and note that consistent achieving of targets reflects the hard work and dedication of our staff, together with families and individuals that are impacted by the unit and choose to fundraise. Gift aid tax relief, and gifts in kind make a huge difference to the overall total, and particularly this year there were some generous gifts of food, hot meals and treats for staff.

The Charity takes great pride in the fact that the majority of its income is raised by those who have directly benefited from the work of the unit and the Charity. The Charity considers that its main function is to fund the purchase of medical equipment to increase the capability of the unit to bring wellbeing to babies in its care. In the main the charity responds to requests from the NNU for equipment and only if funds are available or if the Trustees believe that funds can be raised in a timely fashion does the charity commit to a purchase. During this financial year the focus of our clinical staff was very much on the welfare of the babies, unit staff and families rather than the procurement of new equipment and the First Touch Trustees were keen to support any way possible.

The Trustees are keen to emphasise that the level of income is not the only way to measure success. Our staff undertake other roles, including raising awareness for many of the issues surrounding premature birth and baby loss, together with welfare activities: making a stay on the unit more pleasant for families and staff. The feedback that we receive from staff and families on the unit about the charity's role is reviewed regularly by the Trustees and is overwhelmingly positive.

#### **Equipment**

This year equipment spending totalled £31,152 and represented 16% of the total expenditure in the financial year. A Retcam (Retinal Imaging Equipment) was purchased together with a number of pieces of smaller equipment such as baby baths, playmats for long term patients, weighing scales and face masks. Fundraising began in July 2020 for three maquets, a ventilator system in which the Neonatal Unit at St Georges has invested already giving the unit the opportunity to be a research leader in this area.

It is important to note that whilst the Trustees frequently agree to purchase equipment mindful of fundraising campaigns or funds in hand in any financial year the procurement policy at St George's Trust dictates that equipment must be sourced through them and subsequently invoiced. As such the Trustees have no control over the timing of the purchases and receipt of invoices. These timings combined with the very different nature of demands on the Charities funds during the pandemic led to the Trustees agreeing that it was appropriate for welfare spending to exceed the equipment spending in these exceptional times.

#### **Welfare**

One of the guiding tenets of the Charity is to seek to enhance the "amenities and facilities, and to support the families of babies who are or have been on the ward". This falls into the Welfare category.

NICU Family Room has been refurbished and the Special Care Baby Unit Corridors, family area and staff rooms have been updated.

The pandemic gave rise to logistical difficulties especially around movements of the unit staff and families, so First Touch procured supplies of hot meals, fresh fruit and vegetables, for both staff and families. An Amazon wish list was established which enabled supporters to send items ranging from tea bags to Christmas stockings to the unit directly. These were additional to the initiatives that have already been established and continue to support the babies on their journey through the unit.

## First Touch

### Report of the Trustees for the Year Ended 31 March 2021

#### Welfare (continued)

The Charity covers the cost of the Christmas party for graduates of the NNU each year, however in 2020 First Touch funded a virtual event with an entertainer for families to enjoy. Feedback was hugely positive for this different initiative, which is to be repeated in 2021. Each baby on the unit at Christmas receives a Christmas Stocking and edible treats were available on the unit for staff and families. Babies also received a small gift to celebrate Easter, Mother and Father's days and World Prematurity Day all funded by the Charity.

The Trustees were hugely grateful for some wonderful gifts in kind for the unit including a Christmas delivery of so much Lindt Chocolate that it had to be shared with other departments around the hospital.

#### Staff Training

Staff training continued where possible virtually but attendance at events was curtailed by the pandemic but is something that the Charity is keen to restart when possible.

#### Awareness and support

Similarly, First Touch has been unable to attend in person events during the financial year, but has continued to raise the profile of premature birth and the work of the unit virtually and through its very active social media posts.

#### Trustees

Two new Trustees were appointed in December 2020.

Helen Edwards is a partner in a law firm advising on Real Estate matters, her twins were patients on the unit from February to June 2011.

Paula Abramson is a psychotherapist specialising in providing bereavement support following the death of a baby or child. Paula worked as a counsellor on the unit from January 2008 for six years.

#### Staff

The staff at First Touch is the catalyst that allows the Charity to channel the generosity of volunteers and supporters to make such a tangible difference to the life and well-being of the babies on the unit.

The Trustees recognise that without doubt the single most important contribution to the work of the charity is that of the staff and wish to place on record their gratitude. Sarah Collins, Charity Director and Louise Williams, Charity Co-ordinator both go beyond their paid hours as part time staff on behalf of First Touch giving up their personal time to work as both the public face of the charity and day to day management and administration. Especially in these more difficult times the Trustees have appreciated the dedication and drive of both Sarah and Louise who have so expertly juggled their personal and professional time and kept First Touch moving forward.

The Trustees look ahead to further challenges in 2021/2022 expecting that Covid-19 will continue to impact the economy, the hospital environment, and the way that First Touch can work, but they hope that life will begin to return to something closer to normality in due course. The charity will continue to work innovatively and creativity to continue to support the Neonatal unit, together with the staff and families there.

#### Reserves Policy

The Charity only purchases equipment for which it has funding, or fundraising is undertaken specifically for a piece of equipment. It has minimal running costs other than staff salaries and the Trustees aim to maintain reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure.

The Charity has held assets in cash, either in current or deposit accounts throughout the year. First Touch does not have any interest in real estate property or possess any marketable securities and thus has no financial market exposure. The costs associated with the core activities of the Charity are noted in the attached Statement of Financial Activities.

Approved by order of the board of trustees on 23 December 2021 and signed on its behalf by:

Nicola Eastwood - Trustee

**Independent Examiner's Report to the Trustees of  
First Touch**

I report on the accounts for the year ended 31 March 2021 set out on pages five to nine.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

**Other matters**

Your attention is drawn to the fact that the charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) 2<sup>nd</sup> edition issued in October 2019 in preference to the Accounting and Reporting Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has since been withdrawn.

We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

M S Leigh BA FCA CF  
Azets Audit Services Limited  
Chartered Accountants  
Ashcombe Court  
Woolsack Way  
Godalming  
Surrey  
GU7 1LQ

Date : 17 January 2022

**First Touch**

**Statement of Financial Activities  
for the Year Ended 31 March 2021**

		Unrestricted funds	Restricted funds	2021 Total funds	2020 Total funds
	Notes	£	£	£	£
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income		64,346	-	64,346	67,993
Activities for generating funds	2	78,893	-	78,893	90,073
Investment income	3	43	-	43	215
<b>Incoming resources from charitable activities</b>					
Gifts in kind		<u>49,938</u>	<u>-</u>	<u>49,938</u>	<u>20,278</u>
<b>Total incoming resources</b>		193,220	-	193,220	178,559
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Costs of generating voluntary income		681	-	681	12,641
<b>Charitable activities</b>					
Purchase of medical equipment		31,152	-	31,152	56,064
Support through the welfare fund for families and babies		108,715	-	108,715	96,139
Gifts in kind		49,938	-	49,938	20,278
Legal and administrative costs		<u>3,120</u>	<u>-</u>	<u>3,120</u>	<u>2,860</u>
<b>Total resources expended</b>		<u>193,606</u>	<u>-</u>	<u>193,606</u>	<u>187,982</u>
<b>NET (OUTGOING)/INCOMING RESOURCES</b>					
		(386)	-	(386)	(9,423)
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>319,520</u>	<u>2,370</u>	<u>321,890</u>	<u>331,313</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>319,134</u></u>	<u><u>2,370</u></u>	<u><u>321,504</u></u>	<u><u>321,890</u></u>

The notes form part of these financial statements

**First Touch**

**Balance Sheet  
At 31 March 2021**

	Notes	2021 £	2020 £
<b>CURRENT ASSETS</b>			
Debtors	5	3,488	3,144
Cash at bank		<u>320,416</u>	<u>321,086</u>
		323,904	324,230
<b>CREDITORS</b>			
Amounts falling due within one year	6	(2,400)	(2,340)
		<u>321,504</u>	<u>321,890</u>
<b>NET ASSETS</b>			
<b>FUNDS</b>	8		
Unrestricted funds		319,134	319,520
Restricted funds		<u>2,370</u>	<u>2,370</u>
<b>TOTAL FUNDS</b>		<u>321,504</u>	<u>321,890</u>

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The financial statements were approved by the Board of Trustees on 23 December 2021 and were signed on its behalf by:

Nicola Eastwood -Trustee

The notes form part of these financial statements

## First Touch

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 1. ACCOUNTING POLICIES

##### Accounting convention

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) 2<sup>nd</sup> edition issued in October 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and the Charities Act 2011 and UK Generally Accepted Practice.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) 2<sup>nd</sup> edition issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

##### Going concern

We have paid particular attention to the likely effects on the charity of the current Covid-19 outbreak and the trustees remain confident that sufficient funding, and reserves, are in place and that the charity has adequate resources to enable it to continue as a going concern for the foreseeable future.

##### Incoming resources and debtors

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Debtors and prepaid expenses are included at the monetary value of the transaction.

##### Resources expended and liabilities

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

##### Taxation

The charity is exempt from tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### Capital expenditure

Expenditure of a capital nature is written off to income and expenditure in the year in which it is incurred.

#### 2. ACTIVITIES FOR GENERATING FUNDS

	2021	2020
	£	£
Fundraising events	77,857	89,824
Raffles	1,036	249
	<u>78,893</u>	<u>90,073</u>

**First Touch**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021**

**3. INVESTMENT INCOME**

	2021	2020
	£	£
Deposit account interest	<u>43</u>	<u>215</u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021	2020
	£	£
Prepayments and accrued income	<u>3,488</u>	<u>3,144</u>

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021	2020
	£	£
Accruals and deferred income	<u>2,400</u>	<u>2,340</u>

**7. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted funds	Restricted funds	2021 Total funds	2020 Total funds
	£	£	£	£
Current assets	321,534	2,370	323,904	324,230
Current liabilities	<u>(2,400)</u>	<u>-</u>	<u>(2,400)</u>	<u>(2,340)</u>
	<u>319,134</u>	<u>2,370</u>	<u>321,504</u>	<u>321,890</u>

First Touch

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

8. MOVEMENT IN FUNDS – CURRENT YEAR

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General Fund	319,520	(386)	319,134
<b>Restricted funds</b>			
Equipment Fund	2,370	-	2,370
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>321,890</u>	<u>(386)</u>	<u>321,504</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General Fund	193,220	(193,606)	(386)
<b>Restricted funds</b>			
Equipment Fund	-	-	-
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>193,220</u>	<u>(193,606)</u>	<u>(386)</u>

MOVEMENT IN FUNDS – PRIOR YEAR

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
<b>Unrestricted funds</b>			
General Fund	327,913	(8,393)	319,520
<b>Restricted funds</b>			
Equipment Fund	3,400	(1,030)	2,370
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>331,313</u>	<u>(9,423)</u>	<u>321,890</u>

## First Touch

### Notes to the Financial Statements - continued for the Year Ended 31 March 2021

#### 8. MOVEMENT IN FUNDS – PRIOR YEAR (continued)

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General Fund	165,859	(174,252)	(8,393)
<b>Restricted funds</b>			
Equipment Fund	12,700	(13,730)	(1,030)
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>178,559</u>	<u>(187,986)</u>	<u>(9,423)</u>

#### 9. RELATED PARTY DISCLOSURES

There were no transactions with related parties for the year ended 31 March 2021 nor for the year ended 31 March 2020.

#### 10. RESTRICTED FUNDS

##### Equipment Fund

Donations received for specific items of medical equipment are allocated to this fund and any purchases made are then matched accordingly.

First Touch

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2021

	2021 £	2020 £
<b>INCOMING RESOURCES</b>		
<b>Voluntary income</b>		
Donations	52,367	57,443
Gift aid	<u>11,979</u>	<u>10,550</u>
	64,346	67,993
<b>Activities for generating funds</b>		
Fundraising events	77,857	89,824
Raffles	<u>1,036</u>	<u>249</u>
	78,893	90,073
<b>Investment income</b>		
Deposit account interest	43	215
<b>Incoming resources from charitable activities</b>		
Gifts in kind	<u>49,938</u>	<u>20,278</u>
<b>Total incoming resources</b>	193,220	178,559
<b>RESOURCES EXPENDED</b>		
<b>Costs of generating voluntary income</b>		
Fundraising and administration	681	9,926
Events	<u>-</u>	<u>2,715</u>
	681	12,641
<b>Charitable activities</b>		
Medical equipment funding	31,152	56,064
Welfare	52,194	35,913
Staff costs	55,028	45,764
Raffles	-	14
Training post funding	1,493	7,782
Family accommodation	-	6,666
Gifts in kind	<u>49,938</u>	<u>20,278</u>
	189,805	172,481
<b>Legal and administrative costs</b>		
Independent examiner's fee	2,400	2,100
Other costs	<u>720</u>	<u>760</u>
	<u>3,120</u>	<u>2,860</u>
<b>Total resources expended</b>	<u>193,906</u>	<u>187,982</u>
<b>Net (expenditure)/income</b>	<u>(386)</u>	<u>(9,423)</u>