

REGISTERED COMPANY NUMBER: 03592375 (England and Wales)  
REGISTERED CHARITY NUMBER: 1071434

**REPORT OF THE TRUSTEES AND**  
**AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022**  
**FOR**  
**MIND IN BRIGHTON AND HOVE**



**MIND IN BRIGHTON AND HOVE**

**CONTENTS OF THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

---

	<b>Page</b>
<b>Report of the Trustees</b>	<b>1 to 13</b>
<b>Report of the Independent Auditors</b>	<b>14 to 17</b>
<b>Statement of Financial Activities</b>	<b>18</b>
<b>Balance Sheet</b>	<b>19</b>
<b>Cash Flow Statement</b>	<b>20</b>
<b>Notes to the Cash Flow Statement</b>	<b>21</b>
<b>Notes to the Financial Statements</b>	<b>22 to 34</b>
<b>Detailed Statement of Financial Activities</b>	<b>35</b>

---

**MIND IN BRIGHTON AND HOVE**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

---

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This report is the combined Directors and Trustees' Report.

## **MIND IN BRIGHTON AND HOVE**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31 MARCH 2022**

---

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

##### **Our Charitable Objects**

The objects of the charity were amended by special resolution on 16 September 2019 and are:

a) to promote the preservation of good mental health in particular by enabling and empowering everyone experiencing mental health problems to live with, manage and recover from their condition; and

b) to relieve the needs of people with mental health problems by working to increase the understanding of mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding and challenge stigma and discrimination.

##### **Our Vision**

Our vision is of a society that promotes and protects good mental health for all and that treats people with experience of mental health issues fairly, positively, supportively and with respect.

##### **Our Mission**

Our mission is to provide a range of advice and information, advocacy and support services to empower anyone experiencing a mental health problem to live a full life and play a full part in society. We will also work to improve local services, raise awareness and promote mental health and wellbeing.

##### **Our Values**

**Empowerment:** we work for the empowerment of individuals and communities and support people to contribute meaningfully to the design and provision of services to enable positive change.

**Innovation:** we believe in seeking innovative responses to the needs of people with mental health issues, based on the initiatives that people want and that positively challenge the status quo.

**Partnership:** we work with individuals, groups and other organisations to achieve a more integrated system of mental health provision which builds resilience and wellbeing in the community.

**Effectiveness:** our skilled staff strive to meet the needs of the communities we serve with integrity and transparency.

**Valuing Staff:** we respect and value the experience and knowledge of our staff and volunteers. We value the diversity of our workforce and are committed to equality.

**Social Justice:** we are committed to social justice and recognise that inequality of opportunity is a major cause of mental health issues. We challenge stigma and discrimination wherever we find it and defend the human and civil rights of people with mental health issues.

**Independence:** our services are structurally independent from statutory organisations. Our services will be as free as possible from conflict of interest both in design and operation and our staff are free to act according to the wishes and needs of our service users.

##### **Our Main Activities and Key Achievements:**

##### **Mental Health Advocacy Services:**

- Community Mental Health Advocacy
- IMHA (Independent Mental Health Advocacy)
- ICAA (Independent Care Act Advocacy) and IHCAS (Independent Health Complaints Advocacy Service) in Brighton and Hove

##### **Wellbeing Services:**

- Mental Health Advice and Information,
- Employment Support and IAPT (Improving Access to Psychological Therapies) as part of Brighton and Hove Wellbeing Service

**MIND IN BRIGHTON AND HOVE**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

---

- Wellbeing and Mental Health Promotion
- Men's Mental Health and Community Development
- Peer support

**Training:**

- Mental Health Awareness
- Managing Mental Health in the Workplace
- Wellbeing and Resilience

## **MIND IN BRIGHTON AND HOVE**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31 MARCH 2022**

---

#### **OBJECTIVES AND ACTIVITIES**

##### **Significant activities**

##### **Advocacy Services:**

Our mental health advocacy services have continued to provide individuals with information on services and treatment, space to review and discuss their options and support to self advocate. The core aim of the services is to empower individuals by ensuring that they are fully informed and able to ascertain their options, enabling them to do as much for themselves as they can and ensuring that their views are central to the care and treatment they receive. The services are widely accessible accepting self referrals, referrals from other professionals, carers and other statutory and voluntary sector providers.

We provide advocacy services across West Sussex and Brighton and Hove. Our provision includes specific services for people subject to the Mental Health Act in Brighton and Hove and West Sussex (IMHA). We are a partner within the Sussex Advocacy Partnership in B&H which commenced in July 2019. Our partners are Speak Out, MindOut, Sussex Interpreting Service, Impact Initiatives and POHWER, as the lead partner.

The following table shows the number of clients supported by each advocacy service in 2022 with the comparative figures for 2021:

##### **West Sussex Adult Advocacy:**

	<b>2022</b>	<b>2021</b>
Adult Community Advocacy	601	536
IMHA	381	592
<b>Total beneficiaries</b>	<b>982</b>	<b>1,128</b>

##### **Brighton and Hove Adult Advocacy:**

	<b>2022</b>	<b>2021</b>
Adult Community Advocacy	434	372
IMHA	318	329
<b>Total beneficiaries</b>	<b>752</b>	<b>701</b>

##### **Wellbeing Services:**

Our open access Advice and Information Service, provided mental health advice and information to anyone living in Brighton and Hove as part of the Brighton and Hove Wellbeing Service (BWS), a partnership with Here, Sussex Partnership Foundation Trust and YMCA Downlink Group until August 2020.

We transitioned our delivery to a new Mental Health Advice Service in Brighton and Hove from September 2020 which included funding from the Coronavirus Mental Health Response Fund. This service provides advice and information on local mental health and wellbeing services, mental health conditions and treatment options, along with a wide range of other mental health related issues. It also provides signposting and support on accessing self-help and wellbeing resources, wellbeing information and self-help groups to support people who wish to identify their own strategies for looking after their mental health.

The following table shows the number of clients accessing advice and information in 2022 with the comparative figures for 2021:

	<b>2022</b>	<b>2021</b>
<b>BWS Advice and Information</b>		367 (April to August)
Advice Service	1,018	962 (Sep to Mar)

We also continue to deliver an Advice Service as part of the Brighton and Hove Wellbeing Service. The Employment Advisers in IAPT Services Initiative is a pilot project run jointly by Department for Work and Pensions and Department of Health and provided employment support to 771 people receiving treatment in IAPT during 2022 (2021 537). Employment advice includes support with job retention and securing employment, volunteering and learning opportunities.

## **MIND IN BRIGHTON AND HOVE**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31 MARCH 2022**

---

#### **OBJECTIVES AND ACTIVITIES**

Within IAPT, Mind in Brighton and Hove provided Step 2, low intensity treatment for people with mild to moderate depression or anxiety disorders, delivered by Psychological Wellbeing Practitioners (PWP's). The contract for this service ended on 31st August 2020.

#### **Brighton and Hove Mental Health Promotion**

We delivered a structured programme of activities and events to promote the emotional wellbeing and mental health of people living in B&H. The focus of the activities changed during 2019/2020 with a change in contract and since 1st October 2019 this service was part of the B&H Community Roots partnership. The contract for this ended on 31st March 2021 and during 2021 the service supported a total of 3153 participants.

#### **Community Resource - Lighthouse Recovery Support at the Allen Centre**

Within Lighthouse, a service for people with a diagnosis of personality disorder, our Community Resource Coordinator provided advice and information to individual members and workshops on topics such as resilience and addressing barriers to participating in the community. The contract for this ended on 31st December 2020 and there were 150 advice appointments in 2021.

#### **Crawley and Horsham Peer Mentoring Service**

We recruit, train and support peer mentors to empower mentees to make informed choices about their lives and set achievable goals within outcome focused support plans. Peer mentors are supported through one-to-one and group supervisions to reflect on their own personal recovery and how their experiences can positively influence the support they give to mentees. Each mentor/mentee match is time-limited with the aim of attaining specific goals as both mentors and mentees continue on their journey to recovery. In 2022 the service supported a total of 54 clients (109; 2021).

#### **Peer Support - Lighthouse Recovery**

Within Lighthouse, our Peer Support Coordinator recruits, trains and supports peer support volunteers and members to support and co-facilitate groups and activities. Since 1st October 2019 this service has been part of the B&H Community Roots partnership. Since March 2020 volunteering activity has been much reduced due to the pandemic, we had an average of 3 active volunteers who provided 127 hours of support (2021 average of 7 active volunteers, providing 7.5 hours of support).

#### **Substance Misuse**

Our service user participation project for Substance Misuse in B&H supported and facilitated service user and peer support groups across the city, developed links between regional and local service user groups, peer support, aftercare services and networks, and worked closely with service providers and commissioners. The contract for this ended on 30th September 2021 and during 2021 60 service users were supported to participate.

#### **Pace Setter/Practice Hope Award**

We were successful in securing funds to be involved in a new Primary Care Quality Improvement pilot project in Brighton and Hove. This project provided support, training and resources to 6 local GP surgeries to strengthen their capacity to provide appropriate, timely care and support to children and young people experiencing thoughts of suicide and/or self-harm. This contract ended on 30th September 2020.

#### **Pathfinder West Sussex**

As part of Pathfinder West Sussex, an Alliance of 10 providers, we develop and deliver targeted mental health support services across West Sussex. Targeted mental health services bridge the gap between universal health and wellbeing services and specialist mental health services. Mind in Brighton and Hove's West Sussex Community Advocacy, West Sussex IMHA and Crawley and Horsham Peer Mentoring services are within Pathfinder.

#### **Wellbeing in East Sussex**

We have continued to develop our Mental Health Promotion and Wellbeing support in East Sussex. We deliver a range of activities and events, to promote the emotional wellbeing and mental health of local communities and individuals. We also develop and deliver events to mark key mental health dates during the year such as Mental Health Awareness Week and World Mental Health Day. During 2022 the service supported a total of 2151 participants (2021 3106).

## **MIND IN BRIGHTON AND HOVE**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31 MARCH 2022**

---

#### **OBJECTIVES AND ACTIVITIES**

##### **Men's Mental Health Community Development**

We successfully secured a grant to deliver a new Men's Mental Health pilot project in Hastings which aims to improve the mental health of men, particularly between 30-59 years of age, and to reduce suicide rates in East Sussex. We engage with communities and individuals to empower men in the target age group who are experiencing or are at risk of mental health problems, and to increase the provision of services and community self-help that aims to promote good mental health. The project commenced on 1st April 2021 and during the year engaged with 317 people.

##### **Get Set to Go**

We successfully secured funding through Mind's grant process for the Get Set to Go scheme 2019, a national Mind initiative with funding from Sport England and the National Football League, in partnership with Active Sussex, Sussex Cricket Foundation and Albion in the Community. This service supported 16 people in Hastings to access physical activity opportunities during 2021. This contract ended on 31st October 2020.

##### **Orbit/Breathing Space**

We successfully secured a 2-year contract starting 1st March 2020 to provide wellbeing support to tenants of Orbit Housing in East Sussex. This service was delivered as part of a partnership with other Local Minds in different areas with Mind in Bexley as the lead partner and this contract ended on 28th February 2022. We were successful with our tender proposal to secure a new contract directly with Orbit Housing to deliver wellbeing support to tenants and local people across East Sussex, Brighton & Hove and West Sussex, which commenced on 1st March 2022. During the year, we supported 88 people.

##### **Training in Mind**

We develop and deliver established training packages and create bespoke training, workshops and specialist talks for organisations focusing on Managing Mental Health in the Workplace, Mental Health Awareness and Wellbeing and Resilience training. We have adapted all our training courses to be delivered effectively face to face or remotely, to local organisations and employers.

##### **Public benefit**

Our main activities and who we aim to help are described below. All our charitable activities focus on empowering anyone experiencing a mental health problem to live a full life and play a full part in society and are undertaken to further our charitable purposes for the public benefit. We also work to improve local services, raise awareness and promote mental health and wellbeing.

Mind in Brighton and Hove's trustees confirm that the activities of the charity are carried out in line with its objectives for the benefit of the public. The impact of our work on our beneficiaries is a key criterion when deciding which activities to undertake and how best to achieve our mission. Mind in Brighton and Hove's trustees therefore confirm that they have complied with section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

##### **Volunteers**

The organisation has benefited from the services of 35 volunteers (2021 50) and is extremely grateful for the contribution made by these individuals. Volunteers have undertaken roles as Peer Mentors in Crawley and Horsham, in our Brighton and Hove Mental Health Advice Service, at Lighthouse Recovery and in our Wellbeing in East Sussex projects.



**MIND IN BRIGHTON AND HOVE**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

---

**ACHIEVEMENT AND PERFORMANCE**

**Fundraising activities**

Mind in Brighton and Hove conducts its own fundraising activities. We do not commission professional fundraisers or commercial participators. The charity is not signed up to a voluntary fundraising regulation scheme or standard.

We do not directly monitor all fundraising activities performed on our behalf but we do provide guidance about expected standards and behaviour to individuals and organisations using our branded collection buckets etc. This guidance includes ensuring vulnerable people and the wider public are protected from behaviours which include; unreasonable intrusion on a person's privacy; unreasonable persistent methods to receive a donation; and undue pressure on a person to give a donation.

Mind in Brighton and Hove has not received any complaints about fundraising activities performed by the charity or anyone else on its behalf.

## **MIND IN BRIGHTON AND HOVE**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31 MARCH 2022**

---

#### **FINANCIAL REVIEW**

##### **Financial position**

The results for the year and the financial position of the charity at the year-end are shown in the financial statements on pages 17 and 18 with the accompanying notes to the accounts on pages 21 to 35.

There was an increase in unrestricted reserves of £50,329 to £1,150,174 at 31st March 2022 (2021 an increase of £112,638).

There was an decrease in restricted reserves of £106,625 to £169,605 at 31st March 2022 (2021 an increase of £46,012).

There was therefore an overall decrease in reserves for the year of £56,296 (2021 an increase of £158,650)

Expenditure was all spent on the delivery of Mind's charitable activities as outlined on pages 24 to 25, with the exception of the cost of fundraising as analysed in the Statement of Financial Activities and in the Notes to the accounts.

The movement in fixed assets for the year is set out in note 13 to the financial statements. The organisation is a Registered Charity and Company Limited by Guarantee and therefore no dividends are payable

##### **The surplus/(deficit) is as a result of the following factors:**

- We significantly exceeded our income targets in relation to fundraising donations.
- We had staffing changes and vacancies within a small number of our services.
- Some of our project budgets slightly underspent in areas such as staff travel and expenses relating to how service delivery needed to be adapted during the year due to the pandemic.
- A transfer of the remaining balance of a service contract that ended in September 2019 to unrestricted funds.
- We recognised a £10,000 legacy which we were due to receive in 2022/2023.

##### **Future sustainability**

Looking to the future, in 2022-2023 we face the potential end of our current B&H Employment Advice Service contract which is a significant proportion of our income and also the potential ending of 2 financially smaller contracts, which together creates some uncertainty for us beyond the year end.

While there are reasonable expectations that some of these contracts will be renewed or extended we have already undertaken preparation work including identifying the costs and contributions of each individual contract and scenario planning to ensure readiness in the event of any significant changes in contract income. This will help enable us to reduce expenditure in line with income if needed and to mitigate against the impact of contracts ending on the organisation.

We have also secured some contract extensions beyond 2023 and continue to research and bid for new funding, alongside identifying and building on income generation opportunities.

Trustees have agreed the use of some reserves to invest in the delivery and development of our Mental Health Advice Service over 2 years. If required, trustees will consider the use of reserves, where the level of reserves allow, to potentially invest and fund future service development and delivery in line with our strategic objectives.

Another external risk faced by the organisation post year end is the continued risk of the impact of the COVID-19 pandemic in particular on the health and wellbeing of staff and volunteers; challenges to face to face delivery and on funding and therefore to some extent on the organisation to fulfil its charitable objectives.

Throughout the pandemic we have monitored and adjusted organisational plans and priorities, ensuring risk assessments are regularly reviewed to address these. Where required, we have implemented significant adaptations to how we work and how we deliver our services to our beneficiaries, achieving our intention to continue to offer all our services throughout. We have monitored and worked in accordance with Public Health and Government guidance and legislation throughout and proactively planned and communicated any changes required.

**MIND IN BRIGHTON AND HOVE**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

---

**FINANCIAL REVIEW**

**Investment policy and objectives**

Trustees make decisions regarding investments in accordance with our Ethical Fundraising and Investment Policy and Guidance. We do not invest in risk-bearing financial instruments. Nearly all of our financial assets are held in short-term cash accounts. Where practical, we aim to maintain account balances which do not exceed the FSA-protected amounts of £85,000.

**Reserves policy**

The Trustees regularly monitor and review the level of reserves, and the charity's Reserves Policy is reviewed on an annual basis by the Finance and Business Development Sub Committee for approval by the Board of Trustees. The charity's Reserves Policy sets out why the charity needs reserves and the level of reserves Trustees believe that the charity needs. The Board continues to review our investment of reserve funds in order to obtain the best returns.

It has been agreed that funds will continue to be designated in 2022 in respect of the remainder of the legacy received in October 2019 for investment to continue our B&H Mental Health Advice Service and for investment in our website and digital development, in accordance with our strategic objectives. In addition, a further investment from reserves has been designated to enable our Mental Health Advice Service to maintain its current capacity and extend its delivery to the end of March 2024. The balance of contracts from B&H advocacy contracts which ended in June 2019 have also been designated for use in delivering advocacy services in B&H in the event of the current contract being extended.

The Trustees are aware that the charity must balance the need to maintain its reserves against delivery of its charitable objects. The reserves policy continues to be to maintain sufficient reserves to give financial stability to the charity and to its activities in the context of a challenging funding environment. The Trustees continue to examine ways to ensure that our services represent value for money and to maintain the unrestricted reserves at a level to enable the charity to both manage the financial risks it faces and to flexibly fund future work to achieve its aims.

## **MIND IN BRIGHTON AND HOVE**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31 MARCH 2022**

---

#### **FUTURE PLANS**

During 2020 and 2021 we reviewed our strategic priorities and consulted with staff, people that use our services and stakeholders to help steer and develop our new strategy. We developed and implemented our current 3-year Strategic Business Plan in April 2021. We implement our Strategy through an Annual Business Plan which is approved and monitored by the Board of Trustees and Sub Committees.

Our Annual Business Plan for 2022/2023 reflects our 4 strategic objectives. Plans for 2022/2023 include:

#### **Strategic Priority 1: Financial sustainability**

- \* Retain current contracts and maximise opportunities/best position MiBH to secure new contracts/funding.
- \* Confirm service specification and develop evaluation framework for the Advice Service based on feedback, need and innovation.
- \* Develop opportunities for online donations via our website and review options to maximise our fundraising
- \* Training delivery - Identify gaps and review, develop and build on training materials/course options
- \* Training delivery - Recruit/ increase internal training capacity and plan for promotion in place
- \* Review our current arrangements for the Qualification in Advocacy (QIA) to ensure cost effectiveness/quality/ fit for purpose

#### **Strategic Priority 2: Business Development and Innovation**

- \* Review our advocacy services to ensure we are best positioned to retain contracts and respond to future changes in the MHA
- \* Develop and implement an organisational digital strategy using the NCVO digital & technology toolkit and taking national Mind digital consultation findings into account.
- \* Implement and launch MiBH website incorporating Mind Brand refresh
- \* Achieve/maintain Quality Marks: MQM and Advocacy QPM
- \* Consider new approaches and partnerships to increase our reach across Sussex
- \* Development, evaluation and delivery plan for the Breathing Space Project across Sussex
- \* Development of delivery and evaluation plan for Wellbeing in ESx

#### **Strategic Priority 3: Accessibility and inclusion**

- \* Review and analyse MiBH equalities monitoring information alongside relevant JSNA and make recommendations
- \* Implement revised Influence and Participation Policy to improve our approach to involving people with lived experience
- \* Review our membership offer for MiBH to increase our reach and diversify our membership
- \* Develop annual plan and agreed actions for engaging with racialised communities and strengthening partnerships
- \* Research and identify appropriate staff learning and development to enable all support to follow a trauma-informed care approach
- \* Identify preferred equality and diversity learning and development opportunities for staff to increase awareness

#### **Strategic Priority 4: Employer of choice**

- \* Review Policies and Procedures in accordance with annual policy schedule ensuring our approach continues to reflect a positive organisational culture and promotes workplace wellbeing
- \* Review blended model of office and remote working in response to the pandemic
- \* Ensure opportunities for cross team working are provided through learning & development, regular, professional team meetings and organisational days
- \* Sign up to the Mental Health at Work commitment to improve the mental health and wellbeing of all staff
- \* Living Wage - maintain and publicise commitment to ensuring all employees' salaries remain above B&H Living Wage rates

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

Mind in Brighton and Hove is a charity and company limited by guarantee, incorporated on 3 July 1998 and the assets and liabilities of the charity were transferred on 1 October 1998 by a resolution passed at its extraordinary meeting held on 27 May 1998. The charity is governed by its Memorandum and Articles of Association as amended by special resolution on 16 September 2019.

---

## **MIND IN BRIGHTON AND HOVE**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 31 MARCH 2022**

---

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Recruitment and Appointment of New Trustees**

##### **Board of Trustees (Management Committee)**

The directors of the company are also trustees of the charity for purposes of charity law. The appointment of the Trustees is set out in the Articles of Association, which requires there to be a minimum of 3 trustees. A range of methods are used to advertise trustee vacancies. Selected trustees are co-opted to the Board until the next AGM at which they are eligible for election. In addition to the honorary officers of Chair and Treasurer, the Board of Trustees also appoint the Company Secretary trustee. As with all staff and volunteers working for Mind in Brighton and Hove, all Trustees are checked with the Disclosure and Barring Service (DBS). The Board of Trustees includes people with experience in health and social care, commissioning, education, law, business and the charity sector.

##### **Trustee Induction and Training**

New trustees receive an induction pack including the governing document, trustee role description, key relevant policies and organisational information. A structured induction is provided over 2 sessions. Trustees are kept up to date through regular service and finance reports. Trustees are encouraged to attend learning & development and networking events organised by Mind and other external agencies.

##### **Organisation Structure and Decision Making**

The Trustees meet bi-monthly to determine policy and strategy, and to review and direct the charity's activities. The Finance and Business Development Sub Committee, comprising of Trustees and senior managers, meets bi-monthly alternating with Board meetings and makes recommendations to the Board on financial matters and fundraising plans and strategies. The day-to-day management of the charity is delegated to the Chief Executive Officer (CEO), who reports to the Trustees. In turn, the Director of Operations reports to the CEO.

##### **Arrangements for Setting Pay and Remuneration of Key Management Personnel**

The key management personnel are the CEO, Director of Operations and Service Managers. The salary for these posts are set and reviewed through benchmarking salaries for similar posts in comparable organisations, salaries for key management personnel are also considered in relation to the salaries of other posts in the organisation.

##### **Relationship with Mind**

The charity is one of a number of independent local charitable associations that are affiliated to Mind (the National Association for Mental Health; registered charity 219830). As a separate charity in its own right, the Mind in Brighton and Hove accounts are not consolidated into the Mind accounts. Mind assists the charity by providing networking opportunities with other local Minds, information, small grants opportunities and sharing policy advice and good practice to build capacity and good quality services. In turn Mind in Brighton and Hove assists national Mind by providing information about people's experiences, services, funding and local mental health policy and themes.

The charity is required to comply with the Mind Federation Agreement, including Mind brand guidelines and Mind's quality standards, the Mind Quality Mark, against which Mind in Brighton and Hove was reviewed by Mind and successfully re-achieved the Mind Quality Mark in August 2022. In the year the charity subscribed to the Mind block insurance policy.

##### **Risk assessment**

The Board of Trustees have overall responsibility for risk management and the Trustees review the analysis, assessment and management of risks on an annual basis in accordance with the charity's Risk Strategy and Policy. An annual risk register is maintained, reviewed and updated quarterly. The Trustees can therefore provide reasonable assurance that the major risks to which the charity is exposed have been reviewed and that plans are being developed to mitigate those risks to an acceptable level in its day-to-day operations.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

03592375 (England and Wales)

##### **Registered Charity number**

1071434

**MIND IN BRIGHTON AND HOVE**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

---

**Registered office**

51 New England Street  
Brighton  
East Sussex  
BN1 4GQ

**Trustees**

Deborah Fortescue (Interim Treasurer)  
Laura Greenwood-Pearsons (Chair)  
Frank Sims (resigned 30/11/2021)  
Sarah Miles  
Robin Penfold (Company Secretary)  
Suzanne Farrell (resigned 28/6/2022)

**Company Secretary**

Robin Penfold

**Auditors**

Chariot House Limited  
Chartered Accountants and Statutory Auditor  
44 Grand Parade  
Brighton  
BN2 9QA

**Principal Bankers**

CAF Bank Ltd  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4JQ

**Executive Director**

Gillian Unsworth

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Mind In Brighton And Hove for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**MIND IN BRIGHTON AND HOVE**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

---

**STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued**

In so far as the trustees are aware:

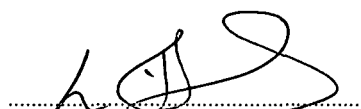
- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

**AUDITORS**

The auditors, Chariot House Limited, will be considered for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on .....22/11/22..... and signed on its behalf by:

  
.....  
Laura Greenwood-Pearsons - Trustee

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
MIND IN BRIGHTON AND HOVE**

---

**Opinion**

We have audited the financial statements of Mind In Brighton And Hove (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

**Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

**Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.



**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
MIND IN BRIGHTON AND HOVE**

---

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

**Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF MIND IN BRIGHTON AND HOVE**

---

### **Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.

We performed analytical procedures to identify any unusual or unexpected relationships that might indicate risks of material misstatement due to fraud.

We inspected the minutes of meetings of those charged with governance, and made direct enquiries of management and the board of trustees concerning the charity's policies and procedures relating to:

- \* Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
- \* Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- \* The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.

In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates were indicative of a potential bias, and tested significant transactions that were unusual or those outside the normal course of business.

We also

- " discussed and reviewed the charity's business model and forward planning to assess going concern
- " communicated applicable laws and regulations throughout the audit team and remained alert to any indications of non-compliance throughout the audit.
- " reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- " Carried out substantive testing on income and expenditure
- " Re-performed reconciliations of control accounts, and recalculating items such as depreciation

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

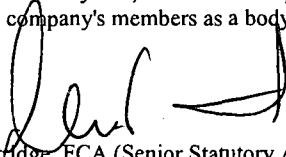
A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
MIND IN BRIGHTON AND HOVE**

---

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Mark Partridge, FCA (Senior Statutory Auditor)  
for and on behalf of Chariot House Limited  
Chartered Accountants and Statutory Auditor  
44 Grand Parade  
Brighton  
BN2 9QA

Date: .....

*24th November 2022*

**MIND IN BRIGHTON AND HOVE****STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	55,121	-	55,121	53,994
<b>Charitable activities</b>					
Advocacy Services		270,009	201,920	471,929	471,929
Wellbeing Services		89,667	376,650	466,317	805,273
Other trading activities	3	8,392	-	8,392	6,570
Investment income	4	3,516	-	3,516	5,308
<b>Total</b>		<u>426,705</u>	<u>578,570</u>	<u>1,005,275</u>	<u>1,343,074</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	6				
Advocacy Services		247,704	224,510	472,214	302,220
Wellbeing Services		125,467	458,451	583,918	877,391
Governance Costs		5,439	-	5,439	4,813
<b>Total</b>		<u>378,610</u>	<u>682,961</u>	<u>1,061,571</u>	<u>1,184,424</u>
<b>NET INCOME/(EXPENDITURE)</b>		48,095	(104,389)	(56,296)	158,650
<b>Transfers between funds</b>	16	<u>2,235</u>	<u>(2,235)</u>	-	-
<b>Net movement in funds</b>		50,330	(106,624)	(56,296)	158,650
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		1,099,845	276,230	1,376,075	1,217,425
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>1,150,175</u>	<u>169,604</u>	<u>1,319,779</u>	<u>1,376,075</u>

The notes form part of these financial statements

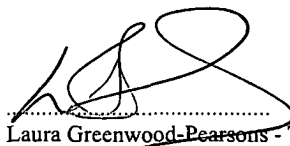
**MIND IN BRIGHTON AND HOVE (REGISTERED NUMBER: 03592375)**

**BALANCE SHEET**  
**31 MARCH 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	14	61,523	-	61,523	19,520
Cash at bank and in hand		<u>1,138,579</u>	<u>169,604</u>	<u>1,308,183</u>	<u>1,403,917</u>
		1,200,102	169,604	1,369,706	1,423,437
<b>CREDITORS</b>					
Amounts falling due within one year	15	(49,927)	-	(49,927)	(47,362)
		<u>1,150,175</u>	<u>169,604</u>	<u>1,319,779</u>	<u>1,376,075</u>
<b>NET CURRENT ASSETS</b>					
		<u>1,150,175</u>	<u>169,604</u>	<u>1,319,779</u>	<u>1,376,075</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>1,150,175</u>	<u>169,604</u>	<u>1,319,779</u>	<u>1,376,075</u>
<b>NET ASSETS</b>					
		<u>1,150,175</u>	<u>169,604</u>	<u>1,319,779</u>	<u>1,376,075</u>
<b>FUNDS</b>	16				
Unrestricted funds				1,150,175	1,099,845
Restricted funds				<u>169,604</u>	<u>276,230</u>
<b>TOTAL FUNDS</b>				<u>1,319,779</u>	<u>1,376,075</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 22/11/22 and were signed on its behalf by:

  
Laura Greenwood-Pearsons - Trustee

The notes form part of these financial statements

**MIND IN BRIGHTON AND HOVE****CASH FLOW STATEMENT**  
**FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	2022 £	2021 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	<u>(99,250)</u>	<u>263,171</u>
Net cash (used in)/provided by operating activities		<u>(99,250)</u>	<u>263,171</u>
<b>Cash flows from investing activities</b>			
Interest received		<u>3,516</u>	<u>5,308</u>
Net cash provided by investing activities		<u>3,516</u>	<u>5,308</u>
<b>Change in cash and cash equivalents in the reporting period</b>		<u>(95,734)</u>	<u>268,479</u>
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>1,403,917</u>	<u>1,135,438</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>1,308,183</u></u>	<u><u>1,403,917</u></u>

The notes form part of these financial statements

**MIND IN BRIGHTON AND HOVE**

**NOTES TO THE CASH FLOW STATEMENT**  
**FOR THE YEAR ENDED 31 MARCH 2022**

---

**1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2022 £	2021 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(56,296)	158,650
Adjustments for:		
Interest received	(3,516)	(5,308)
(Increase)/decrease in debtors	(42,003)	111,493
Increase/(decrease) in creditors	<u>2,565</u>	<u>(1,664)</u>
Net cash (used in)/provided by operations	<u>(99,250)</u>	<u>263,171</u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1/4/21 £	Cash flow £	At 31/3/22 £
Net cash			
Cash at bank and in hand	<u>1,403,917</u>	<u>(95,734)</u>	<u>1,308,183</u>
	<u>1,403,917</u>	<u>(95,734)</u>	<u>1,308,183</u>
Total	<u>1,403,917</u>	<u>(95,734)</u>	<u>1,308,183</u>

The notes form part of these financial statements

---

## **MIND IN BRIGHTON AND HOVE**

### **NOTES TO THE FINANCIAL STATEMENTS** **FOR THE YEAR ENDED 31 MARCH 2022**

---

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Mind in Brighton and Hove meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

##### **Going Concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. The trustees consider that the Covid-19 pandemic is not likely to have a significant impact on the charity's core funding/contract income. The trustees regard any impact of the pandemic to be on our generated income such as that received from fundraising or training delivery rather than affecting the charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

##### **Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

##### **Donations**

Donations are accounted for as received. In the event that a donation is subject to fulfilling performance conditions before the charity is entitled to the funds, the income is deferred until either those conditions are met in full, or their fulfilment is wholly within the control of the charity and it is probable that those conditions will be fulfilled by the reporting period.

##### **Legacy income**

The charity recognises residuary legacy income at the earlier date of receipt or when the executors have determined that a payment can be made following the agreement of the estate's accounts, or on notification by the executors that payment will be made. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

##### **Grant income; Income from charitable activities**

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific conditions and is recognised as earned. Grant funding included in this category provides funding to support activities and is recognised where there is entitlement, probability of receipt, and the amount can be measured with sufficient reliability.

##### **Other income**

Income from investments is recognised on a receivable basis.

Income from training courses are recognised as earned.

Income from events is only recognised in the year and period the event takes place. Until such time that the event takes place any such income is deferred to future periods.



**MIND IN BRIGHTON AND HOVE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2022**

---

**1. ACCOUNTING POLICIES - continued**

**Income**

Other incoming resources comprises one, off and irregular income recognised using the same criteria for voluntary income.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure is accounted for on an accruals basis including irrecoverable VAT and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Costs of generating funds is based on the cost of fundraising and activities for generating funds.

Costs of charitable activities is split over the main areas of Mind's activities in order to give an accurate estimation of the resources used by each activity.

Support costs include some salary costs, administrative expenses and depreciation. The costs are allocated on a ratio basis of each project's direct expenditure. It also includes costs previously shown as governance costs which comprise all costs associated with constitutional and statutory requirements.

**Tangible fixed assets**

Tangible fixed assets are stated at cost less accumulated depreciation.

Equipment, which is mainly comprised of computer equipment, is depreciated on a straight line basis over 3 years.

Refurbishments and adaptations to the charity's leasehold premises are amortised on a straight line basis over the life of the lease.

The charity operates a capitalisation policy where items in excess of £1,000 are capitalised and written off as above.

**Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

On 1st September 2015, the charity changed from the group personal pension scheme to a defined contribution scheme under the Government's Auto Enrolment pension reform for eligible staff where the employer contributes 5% or 3% subject to individual terms and conditions.

**MIND IN BRIGHTON AND HOVE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**1. ACCOUNTING POLICIES - continued**

**Pension costs and other post-retirement benefits**

The declaration of compliance was successfully submitted to the Pension Regulator in October 2015 and our re-declaration of compliance submitted in May 2018, and again in September 2021, confirming that the charity had met the legal duties for auto enrolment.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Cash at bank and in hand**

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Volunteers**

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the Trustees' Annual Report.

**2. DONATIONS AND LEGACIES**

	2022	2021
	£	£
Donations	39,711	53,994
Gift aid	5,410	-
Legacies	<u>10,000</u>	<u>-</u>
	<u>55,121</u>	<u>53,994</u>

**3. OTHER TRADING ACTIVITIES**

	2022	2021
	£	£
Fundraising events	2,290	482
Shop income	-	325
Training and Consultancy	<u>6,102</u>	<u>5,763</u>
	<u>8,392</u>	<u>6,570</u>

**4. INVESTMENT INCOME**

	2022	2021
	£	£
Deposit account interest	<u>3,516</u>	<u>5,308</u>

**MIND IN BRIGHTON AND HOVE****NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2022****5. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	2022 £	2021 £
Grants	Advocacy Services	471,929	471,929
Grants	Wellbeing Services	466,317	805,273
		<u>938,246</u>	<u>1,277,202</u>

Grants received, included in the above, are as follows:

	2022 £	2021 £
Brighton & Hove City Council - B&H Substance Misuse	24,773	24,774
Brighton & Hove CCG - B&H Wellbeing Service	-	247,042
Brighton & Hove CCG - Employment Advice	239,000	232,000
West Sussex CCG's - Pathfinder Services, including WSX Community Advocacy, IMHA and Peer Mentoring	334,903	334,902
Department of Work and Pensions - Access to Work	3,059	-
POhWER - B&H Advocacy Hub	201,920	201,920
Mind (NAMH) - Get Set to Go	-	5,450
Southdown Housing Association - Lighthouse Community Roots	40,735	50,574
Mind in Bexley - Orbit Breathing Spaces	18,191	19,370
Orbit Group Ltd - Breathing Spaces Sussex	6,763	-
Mind (NAMH) - B&H Mental Health Advice	-	64,685
West Sussex Pathfinder Partners- Pathfinder website	-	3,775
Brighton & Hove CCG - B&H WB Service Risk Pool	-	34,724
Hastings Voluntary Action - Big Local Grant	-	1,000
Sussex Partnership NHS Trust	-	24,358
B&H City Council Mental Health Promotion - Community Roots	-	31,693
B&H CCG Mental Health Supported accommodation	-	935
East Sussex County Council - Men's Mental Health	68,902	-
	<u>938,246</u>	<u>1,277,202</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs (see note 7) £	Support costs (see note 8) £	Totals £
Advocacy Services	472,214	-	472,214
Wellbeing Services	583,918	-	583,918
Governance Costs	-	5,439	5,439
	<u>1,056,132</u>	<u>5,439</u>	<u>1,061,571</u>

**MIND IN BRIGHTON AND HOVE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**7. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	2022	2021
	£	£
Staff costs	883,897	1,024,360
Other Direct Costs	44,492	39,160
Support Costs	117,388	100,763
Payments to Partners	10,355	15,328
	<u>1,056,132</u>	<u>1,179,611</u>

**8. SUPPORT COSTS**

	Governance costs
	£
Governance Costs	<u>5,439</u>

Support costs, included in the above, are as follows:

**Governance costs**

	2022 Governance Costs	2021 Total activities
	£	£
Auditors' remuneration	5,400	4,800
Other Governance costs	<u>39</u>	<u>13</u>
	<u>5,439</u>	<u>4,813</u>

**9. AUDITORS' REMUNERATION**

The charge for the Auditors' Remuneration inclusive of vat s made up as follows:

	2022	2021
	£	£
Audit Fees - current year	3,900	3,600
Audit Fees - underprovision in previous year	-	-
Audit Fees - non audit work (accounts preparation)	1,500	1,200

**10. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**MIND IN BRIGHTON AND HOVE****NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022****10. TRUSTEES' REMUNERATION AND BENEFITS - continued****Trustees' expenses**

No trustee was reimbursed any expenses during the year (2021: None).

**11. STAFF COSTS**

The average monthly headcount during the year was 37 (2021: 43), equating to 31 full time equivalent (2021: 35).

The aggregate payroll costs in respect of these employees were :

	2022	2021
	£	£
Wages and Salaries	794,951	916,052
Social Security cost	61,350	76,519
Pension Costs	<u>27,596</u>	<u>31,789</u>
	<u>883,897</u>	<u>1,024,360</u>

The number of staff who were opted into the pension scheme as at 31 March 2022 was 29 (2021 : 29).

One employee received emoluments (excluding employers national insurance and pension contributions) in excess of £60,000 (2021 : one).

The charity considers its key management personnel comprises the Trustees, Chief Executive Officer, Operations Director and 4 Service Managers. Total employment benefits (including employers national insurance and pension contributions) for its key management personnel were £242,146 (2021 : £265,928).

**12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	53,994	-	53,994
<b>Charitable activities</b>			
Advocacy Services	270,009	201,920	471,929
Wellbeing Services	128,166	677,107	805,273
Other trading activities	6,245	325	6,570
Investment income	<u>5,308</u>	<u>-</u>	<u>5,308</u>
<b>Total</b>	<u>463,722</u>	<u>879,352</u>	<u>1,343,074</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Advocacy Services	134,578	167,642	302,220
Wellbeing Services	211,693	665,698	877,391
Governance Costs	<u>4,813</u>	<u>-</u>	<u>4,813</u>
<b>Total</b>	<u>351,084</u>	<u>833,340</u>	<u>1,184,424</u>

**MIND IN BRIGHTON AND HOVE****NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2022**

<b>12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued</b>			
	Unrestricted funds £	Restricted funds £	Total funds £
NET INCOME	112,638	46,012	158,650
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	987,207	230,218	1,217,425
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>1,099,845</u>	<u>276,230</u>	<u>1,376,075</u>
<b>13. TANGIBLE FIXED ASSETS</b>			
	Short leasehold £	Fixtures and fittings £	Totals £
<b>COST</b>			
At 1 April 2021 and 31 March 2022	<u>77,392</u>	<u>10,284</u>	<u>87,676</u>
<b>DEPRECIATION</b>			
At 1 April 2021 and 31 March 2022	<u>77,392</u>	<u>10,284</u>	<u>87,676</u>
<b>NET BOOK VALUE</b>			
At 31 March 2022	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2021	<u>-</u>	<u>-</u>	<u>-</u>
<b>14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		2022 £	2021 £
Trade debtors		47,569	-
Grants receivable		-	450
Other debtors		10,000	2,641
Prepayments		<u>3,954</u>	<u>16,429</u>
		<u>61,523</u>	<u>19,520</u>

**MIND IN BRIGHTON AND HOVE****NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022****15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022	2021
	£	£
Trade creditors	3,222	12,589
Social security and other taxes	15,833	20,234
Other creditors	-	1,900
Accrued expenses	13,007	12,639
Deferred income	<u>17,865</u>	<u>-</u>
	<u>49,927</u>	<u>47,362</u>

**16. MOVEMENT IN FUNDS**

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
<b>Unrestricted funds</b>				
General fund	909,867	90,387	19,585	1,019,839
Designated Riverstone Donation	38,422	(38,422)	-	-
Designated Legacy	116,832	(3,870)	(43,471)	69,491
Brighton & Hove Risk Pool	34,724	-	-	34,724
Designated B&H Advocacy	<u>-</u>	<u>-</u>	<u>26,121</u>	<u>26,121</u>
	1,099,845	48,095	2,235	1,150,175
<b>Restricted funds</b>				
Brighton & Hove IMHA	22,579	-	(22,579)	-
Brighton & Hove Specialist Advocacy	3,542	-	(3,542)	-
B&H Mental Health Advice and Information	12,815	(12,815)	-	-
Lighthouse Recovery Project	19,585	-	(19,585)	-
East Sussex Development	12,674	-	-	12,674
Brighton & Hove Mental Health Engagement	7,792	(7,792)	-	-
Department of Work and Pensions - Employment Advice	93,201	(11,718)	-	81,483
B&H Advocacy Hub	52,479	(22,590)	-	29,889
East Sussex - Get Set To Go	3,743	-	-	3,743
Pace Setter (Practice Hope) Project	5,398	-	-	5,398
Lighthouse Community Roots Project	7,133	1,814	-	8,947
Brighton & Hove Mental Health Advice Service	31,957	(75,428)	43,471	-
East Sussex - Orbit	3,332	7,673	-	11,005
East Sussex County Council - Men's Mental Health	<u>-</u>	<u>16,465</u>	<u>-</u>	<u>16,465</u>
	<u>276,230</u>	<u>(104,391)</u>	<u>(2,235)</u>	<u>169,604</u>
<b>TOTAL FUNDS</b>	<u>1,376,075</u>	<u>(56,296)</u>	<u>-</u>	<u>1,319,779</u>

**MIND IN BRIGHTON AND HOVE****NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022****16. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	426,706	(336,319)	90,387
Designated Riverstone Donation	-	(38,422)	(38,422)
Designated Legacy	-	(3,870)	(3,870)
	426,706	(378,611)	48,095
<b>Restricted funds</b>			
B&H Mental Health Advice and Information	-	(12,815)	(12,815)
Brighton & Hove Mental Health Engagement	-	(7,792)	(7,792)
Department of Work and Pensions - Employment Advice	239,000	(250,718)	(11,718)
B&H Advocacy Hub	201,920	(224,510)	(22,590)
Lighthouse Community Roots Project	40,735	(38,921)	1,814
Brighton & Hove Mental Health Advice Service	-	(75,428)	(75,428)
East Sussex - Orbit	24,953	(17,280)	7,673
West Sussex Community	3,059	(3,059)	-
East Sussex County Council - Men's Mental Health	68,902	(52,437)	16,465
	578,569	(682,960)	(104,391)
<b>TOTAL FUNDS</b>	<u>1,005,275</u>	<u>(1,061,571)</u>	<u>(56,296)</u>



**MIND IN BRIGHTON AND HOVE****NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022****16. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
<b>Unrestricted funds</b>			
General fund	800,126	109,741	909,867
Designated Riverstone Donation	70,249	(31,827)	38,422
Designated Legacy	116,832	-	116,832
Brighton & Hove Risk Pool	-	34,724	34,724
	987,207	112,638	1,099,845
<b>Restricted funds</b>			
Brighton & Hove IMHA	22,579	-	22,579
Brighton & Hove Specialist Advocacy	3,542	-	3,542
B&H Mental Health Advice and Information	12,815	-	12,815
Lighthouse Recovery Project	19,585	-	19,585
Mental Health Promotion - Community Roots	4,317	(4,317)	-
East Sussex Development	12,349	325	12,674
Brighton & Hove Mental Health Engagement	7,887	(95)	7,792
Department of Work and Pensions - Employment Advice	82,980	10,221	93,201
B&H Advocacy Hub	18,201	34,278	52,479
East Sussex - Get Set To Go	14,507	(10,764)	3,743
Pace Setter (Practice Hope) Project	31,361	(25,963)	5,398
Lighthouse Community Roots Project	95	7,038	7,133
Brighton & Hove Mental Health Advice Service	-	31,957	31,957
East Sussex - Orbit	-	3,332	3,332
	230,218	46,012	276,230
<b>TOTAL FUNDS</b>	<u>1,217,425</u>	<u>158,650</u>	<u>1,376,075</u>

**MIND IN BRIGHTON AND HOVE****NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022****16. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	428,998	(319,257)	109,741
Designated Riverstone Donation	-	(31,827)	(31,827)
Brighton & Hove Risk Pool	34,724	-	34,724
	463,722	(351,084)	112,638
<b>Restricted funds</b>			
B&H Wellbeing Service	271,400	(271,400)	-
Mental Health Promotion - Community Roots	31,693	(36,010)	(4,317)
East Sussex Development	325	-	325
Brighton & Hove Mental Health Engagement	-	(95)	(95)
Department of Work and Pensions - Employment Advice	232,000	(221,779)	10,221
B&H Advocacy Hub	201,920	(167,642)	34,278
East Sussex - Get Set To Go	5,450	(16,214)	(10,764)
Pace Setter (Practice Hope) Project	-	(25,963)	(25,963)
Lighthouse Community Roots Project	50,574	(43,536)	7,038
Hastings Voluntary Action - Big Local Grant	1,000	(1,000)	-
Brighton & Hove Mental Health Advice Service	64,685	(32,728)	31,957
East Sussex - Orbit	19,370	(16,038)	3,332
Brighton & Hove Mental Health supported accommodation	935	(935)	-
	879,352	(833,340)	46,012
<b>TOTAL FUNDS</b>	<b>1,343,074</b>	<b>(1,184,424)</b>	<b>158,650</b>

**FUND DETAILS****1. Advocacy Services****(a) West Sussex Community Advocacy**

Advocacy service for people in the community with mental health issues, provided across West Sussex in community and in-patient settings. Funded by West Sussex CCGs and part of the Pathfinder West Sussex contract.

**(b) West Sussex Independent Mental Health Advocacy (IMHA)**

Statutory advocacy service for people detained by the Mental Health Act in West Sussex. Funded by West Sussex CCGs and part of the Pathfinder West Sussex contract.

**(c) Sussex Advocacy Partnership**

Community Advocacy, IMHA and statutory advocacy services for people in Brighton and Hove. This is a partnership with POHWER, MindOut, Speak Out, SIS and Impact Initiatives which started on 1st July 2019. Funded by B&H CC and B&H CCG through POHWER as lead partner.

## **MIND IN BRIGHTON AND HOVE**

### **NOTES TO THE FINANCIAL STATEMENTS - continued** **FOR THE YEAR ENDED 31 MARCH 2022**

---

#### **16. MOVEMENT IN FUNDS - continued**

##### **2. Wellbeing Services**

**(a) Brighton and Hove Wellbeing Service**

Mind in Brighton and Hove delivered Advice and Information, Employment Advice and Step 2 of Improving Access to Psychological Therapies (IAPT) as part of the B&H Wellbeing Service until the contract ended on 31st August 2020.

**(b) Brighton and Hove Advice Service**

Provides advice and information on a range of local mental health and wellbeing services, mental health conditions and treatment options along with self-help and well-being support and resources.

We transitioned our delivery to a new Mental Health Advice Service from September 2020 which included funding from the Coronavirus Mental Health Response Fund received via national Mind.

**(c) Brighton and Hove Employment Advice**

Employment advice includes support with job retention and securing employment, volunteering and learning opportunities for people accessing support in IAPT. A pilot project run jointly by DWP and DH and delivered as part of the Brighton and Hove Wellbeing Service.

**(d) Brighton and Hove Substance Misuse Service User Involvement**

Developed and supported substance misuse service user groups locally, promoted engagement in treatment and planning of substance misuse services and facilitated peer support. Funded by B&H City Council and this contract ended on 30th Sept 2021.

**(e) Crawley and Horsham Peer mentoring**

Provides support for people with mental health issues in Crawley and Horsham through matching them with appropriate volunteer peer mentors to help them achieve their personal goals and reduce social isolation. Funded by West Sussex CCGs and part of the Pathfinder West Sussex contract.

**(f) Wellbeing in East Sussex**

Mental health promotion and wellbeing support in East Sussex, providing a range of activities and events to promote the emotional wellbeing and mental health of local communities and individuals. Funded via a donation from Riverstone until 31st March 2022.

**(g) Pace Setter/Practice Hope**

A Primary Care Quality Improvement project in Brighton and Hove, supporting GPs to improve how they support young people with thoughts of suicide and self-harm. This contract ended on 30th September 2020.

**(h) Get Set to Go**

A national Mind initiative with funding from Sport England and the National Football League supporting individuals in Hastings to access physical activity opportunities. This contract ended on 31st October 2020.

**(i) Brighton and Hove Lighthouse Recovery**

A partnership with Southdown and Sussex Partnership NHS Foundation Trust providing therapeutic interventions for people with a personality disorder diagnosis in B&H. Delivered as part of the B&H Community Roots partnership and funded by B&H CCG through Southdown as lead partner. The contract started on 1st October 2019.

**(j) Brighton and Hove Mental Health Promotion**

Delivered activities and events to promote the emotional wellbeing and mental health of people living in B&H. Delivered as part of the Community Roots partnership and funded by B&H CCG through Southdown as lead provider. This contract ended on 31st March 2021.

**(k) East Sussex Orbit Local Mind partnership**

## **MIND IN BRIGHTON AND HOVE**

### **NOTES TO THE FINANCIAL STATEMENTS - continued** **FOR THE YEAR ENDED 31 MARCH 2022**

---

#### **16. MOVEMENT IN FUNDS - continued**

A partnership with a number of Local Minds around the country, provided wellbeing support to tenants of Orbit Housing in Hastings and surrounding areas. Funded by Orbit through Mind in Bexley as lead provider. This contract ended on 28th February 2022.

(l) Orbit Breathing Space - Sussex

Providing wellbeing support to Orbit tenants and local people across East Sussex, B&H and West Sussex. Funded by Orbit and the contract started on 1st March 2022.

(m) East Sussex Men's Mental Health Community Development.

Engages with communities and individuals to empower men in the target age group who are experiencing or at risk of mental health problems or suicide. Funded by East Sussex County Council and the contract started on 1st April 2021.

#### **FUND DETAILS (DESIGNATED)**

(a) Riverstone donation - to continue the delivery of Wellbeing in East Sussex project.

(b) Legacy - the remainder of the legacy received in October 2019 to continue our B&H Mental Health Advice Service and for investment in our website and digital development in accordance with our strategic objectives.

(c) Continue to designate the B&H Wellbeing Service end of contract shared risk pool.

(d) The balance of contracts from B&H advocacy contracts which ended in June 2019 to continue and maintain capacity in B&H advocacy in the event of the current contract being extended.

#### **17. EMPLOYEE BENEFIT OBLIGATIONS**

##### **Defined contribution schemes**

The charity operates a defined contribution pension scheme for all qualifying employees. Contributions to the scheme totalled £27,596 (2021; £31,789). The cost is split between unrestricted and restricted funds in line with the allocation of gross salaries.

#### **18. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

#### **19. MEMBERS**

Mind in Brighton and Hove is a charitable company, limited by guarantee, registered in England and Wales, and has no share capital. No one member has overall control of the company.

In accordance with Clause 8 of the Memorandum of Association every member is liable to contribute a sum of up to £1 in the event of the company being wound up.

The company's registered number and registered office address can be found in the 'Legal and Administrative Information' section of the accounts.

**MIND IN BRIGHTON AND HOVE****DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	39,711	53,994
Gift aid	5,410	-
Legacies	<u>10,000</u>	<u>-</u>
	55,121	53,994
<b>Other trading activities</b>		
Fundraising events	2,290	482
Shop income	-	325
Training and Consultancy	<u>6,102</u>	<u>5,763</u>
	8,392	6,570
<b>Investment income</b>		
Deposit account interest	3,516	5,308
<b>Charitable activities</b>		
Grants	<u>938,246</u>	<u>1,277,202</u>
<b>Total incoming resources</b>	1,005,275	1,343,074
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	795,457	1,024,360
Social security	60,990	-
Pensions	27,450	-
Other Direct Costs	44,492	39,160
Support Costs	117,388	100,763
Payments to Partners	<u>10,355</u>	<u>15,328</u>
	1,056,132	1,179,611
<b>Support costs</b>		
<b>Governance costs</b>		
Auditors' remuneration	5,400	4,800
Other Governance costs	<u>39</u>	<u>13</u>
	5,439	4,813
<b>Total resources expended</b>	<u>1,061,571</u>	<u>1,184,424</u>
<b>Net (expenditure)/income</b>	<u>(56,296)</u>	<u>158,650</u>

This page does not form part of the statutory financial statements