

REGISTERED COMPANY NUMBER: 03592375 (England and Wales)
REGISTERED CHARITY NUMBER: 1071434

REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021
FOR
MIND IN BRIGHTON AND HOVE

MIND IN BRIGHTON AND HOVE

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FOR THE YEAR ENDED 31 MARCH 2021

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MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This report is the combined Directors and Trustees' Report.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

OBJECTIVES AND ACTIVITIES

Our Charitable Objects

The objects of the charity were amended by special resolution on 16 September 2019 and are:

- a) to promote the preservation of good mental health in particular by enabling and empowering everyone experiencing mental health problems to live with, manage and recover from their condition; and
- b) to relieve the needs of people with mental health problems by working to increase the understanding of mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding and challenge stigma and discrimination.

Our Vision

Our vision is of a society that promotes and protects good mental health for all and that treats people with experience of mental health issues fairly, positively, supportively and with respect.

Our Mission

Our mission is to provide a range of advice and information, advocacy and support services to empower anyone experiencing a mental health problem to live a full life and play a full part in society. We will also work to improve local services, raise awareness and promote mental health and wellbeing.

Our Values

Empowerment: we work for the empowerment of individuals and communities and support people to contribute meaningfully to the design and provision of services to enable positive change.

Innovation: we believe in seeking innovative responses to the needs of people with mental health issues, based on the initiatives that people want and that positively challenge the status quo.

Partnership: we work with individuals, groups and other organisations to achieve a more integrated system of mental health provision which builds resilience and wellbeing in the community.

Effectiveness: our skilled staff strive to meet the needs of the communities we serve with integrity and transparency.

Valuing Staff: we respect and value the experience and knowledge of our staff and volunteers. We value the diversity of our workforce and are committed to equality.

Social Justice: we are committed to social justice and recognise that inequality of opportunity is a major cause of mental health issues. We challenge stigma and discrimination wherever we find it and defend the human and civil rights of people with mental health issues.

Independence: our services are structurally independent from statutory organisations. Our services will be as free as possible from conflict of interest both in design and operation and our staff are free to act according to the wishes and needs of our service users.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

Our Main Activities and Key Achievements:

Mental Health Advocacy Services:

- Community Mental Health Advocacy
- IMHA (Independent Mental Health Advocacy)
- ICAA (Independent Care Act Advocacy) and IHCAS (Independent Health Complaints Advocacy Service) in Brighton and Hove

Wellbeing Services:

- Mental Health Advice and Information, Employment Support and Step 2 IAPT (Improving Access to Psychological Therapies) as part of Brighton and Hove Wellbeing Service
- Mental Health Promotion in Brighton and Hove and East Sussex
- Peer Support
- Service User Engagement Projects

Training:

- Mental Health Awareness
- Managing Mental Health in the Workplace
- Wellbeing and Resilience

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

ACTIVITIES AND ACHIEVEMENTS

Advocacy Services:

Our mental health advocacy services have continued to provide individuals with information on services and treatment, space to review and discuss their options and support to self advocate. The core aim of the services is to empower individuals by ensuring that they are fully informed and able to ascertain their options, enabling them to do as much for themselves as they can and ensuring that their views are central to the care and treatment they receive. The services are widely accessible accepting self referrals, referrals from other professionals, carers and other statutory and voluntary sector providers.

We provide advocacy services across West Sussex and Brighton and Hove. Our provision includes specific services for people subject to the Mental Health Act in Brighton and Hove and West Sussex (IMHA). The provision of an advocacy service for children and young people in West Sussex ended in April 2019.

In Brighton and Hove, our partnership delivering Specialist Advocacy, comprised of: Possability People, Brighton and Hove Impetus, Age UK Brighton and Hove and Speak Out ended in June 2019 along with the partnership with MindOut to deliver a Lesbian, Gay, Bisexual and Transgender (LGBT) service.

We were successful in securing new advocacy contracts to deliver advocacy services in B&H as part of the Sussex Advocacy Partnership which commenced in July 2019. Our partners are Speak Out, MindOut, Sussex Interpreting Service, Impact Initiatives and POhWER as the lead partner.

The following table shows the number of clients supported by each advocacy service in 2021 with the comparative figures for 2020:

West Sussex Adult Advocacy:

	2021	2020
Adult Community Advocacy	536	769
IMHA	592	567
Total beneficiaries	1,128	1,336

Brighton and Hove Adult Advocacy:

	2021	2020
Adult Community Advocacy	372	553
Specialist Advocacy	-	48
LGBT Advocacy	-	83
IMHA	329	356
Total beneficiaries	701	1,040

Children and Young People's (CYP) Advocacy:

	2021	2020
West Sussex CYP Advocacy	-	16

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

ACTIVITIES AND ACHIEVEMENTS (cont)

Wellbeing Services:

Brighton and Hove Wellbeing Service

In collaboration with Here, Sussex Partnership Foundation Trust and YMCA Downlink Group we provide an integrated primary care and IAPT (Improving Access to Psychological Therapies) service and Community Wellbeing Services for Brighton and Hove.

Our open access Advice and Information Service is part of the Brighton and Hove Wellbeing Service (BWS), providing advice and information to anyone living in Brighton and Hove, including: web based information, telephone and face to face advice service from our main office, information talks and information and advice at a range of outreach venues across the City.

The contract for the Advice and Information Service ended on 31st August 2020 and we were successful with a bid to the Coronavirus Mental Health Response Fund, securing funding to transition our delivery to a new Mental Health Advice Service in Brighton and Hove. This service provides advice and information on local mental health and wellbeing services, mental health conditions and treatment options, along with a wide range of other mental health related issues. It also provides signposting and support on accessing self-help and wellbeing resources, wellbeing information and self-help groups to support people who wish to identify their own strategies for looking after their mental health

The following table shows the number of clients accessing advice and information in 2021 with the comparative figures for 2020:

BWS Advice and Information

	2021	2020
Total Beneficiaries	367 (Apr to Aug)	1,386
Mental Health Advice Service	962 (Sep to Mar)	

In addition to advice and information we deliver an Employment Advice Service and Step 2 of IAPT within the Brighton and Hove Wellbeing Service.

We deliver the Employment Advisers in IAPT Services Initiative, a pilot project run jointly by Department for Work and Pensions and Department of Health and provided employment support to 537 people receiving treatment in IAPT during 2021 (2020 557). Employment support includes support with job retention and securing employment, volunteering and learning opportunities.

NICE (National Institute for Health and Care Excellence) recommends particular psychological therapies as first choice interventions for depression and anxiety disorders, delivered based on a stepped care model, which works according to the principle that people should be offered the least intrusive intervention appropriate for their needs first. Mind in Brighton and Hove provides Step 2, low intensity treatment for people with mild to moderate depression or anxiety disorders, delivered by Psychological Wellbeing Practitioners (PWP's). The contract for this service ended on 31st August 2020.

Brighton and Hove Mental Health Promotion

We deliver a structured programme of activities and events to promote the emotional wellbeing and mental health of people living in Brighton and Hove. The focus of the activities changed during 2019/2020 with a change in contract and since 1st October 2019 this service has been part of the B&H Community Roots partnership. During 2021 the service supported a total of 3153 participants (2020 1053).

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

ACTIVITIES AND ACHIEVEMENTS (cont)

Community Resource - Lighthouse Recovery Support at the Allen Centre

Within Lighthouse, a service for people with a diagnosis of personality disorder, our Community Resource Coordinator provides advice and information to individual members and workshops on topics such as resilience and addressing barriers to participating in the community. There was a change in contract during 2019/2020 and our Community Resource Service at Lighthouse ended on 31 December 2020. There were 150 advice appointments in 2021 (2020: 152 appointments).

Peer Support:

Crawley and Horsham Peer Mentoring Service

We recruit, train and support peer mentors to empower mentees to make informed choices about their lives and set achievable goals within outcome focused support plans. Peer mentors are supported through one-to-one and group supervisions to reflect on their own personal recovery and how their experiences can positively influence the support they give to mentees. In 2021 the service supported a total of 109 clients (2020: 111). Each mentor/mentee match is time-limited with the aim of attaining specific goals as both mentors and mentees continue on their journey to recovery.

Peer Support - Lighthouse Recovery Support at the Allen Centre

We recruit, train and support peer support volunteers to work within Lighthouse co-facilitating groups and activities. The focus of the activities changed during 2019/2020 with a change in contract and since 1st October 2019 this service has been part of the B&H Community Roots partnership. In 2021 volunteering activity was much reduced due to the pandemic, we had an average of 7 active volunteers supporting the Lighthouse Community Programme who provided 7.5 hours of support (2020 average of 7 active volunteers, providing a total of 435 hours of support).

Service User Engagement:

Brighton and Hove Mental Health Engagement

This service facilitates the engagement of people aged 16 plus with lived experience of mental health issues in Brighton and Hove. During 2021, 127 people with lived experience of mental health issues were directly involved in consultation and engagement activities (2020: 127). We partner with YMCA Downlink Group to expand our capacity to reach young people, 16 to 25. This contract ended on 31st March 2020.

Substance Misuse

Our Service User Participation Project for Substance Misuse in Brighton and Hove supports and facilitates service user and peer support groups across the city, develops links between regional and local service user groups, peer support, aftercare services and networks, and works closely with all service providers and commissioners in Brighton and Hove. During 2021 although opportunities for engagement were impacted by the pandemic 60 service users (2020: 417) accessed forums, focus groups and other activities.

Pace Setter/Practice Hope Award

We were successful in securing funds to be involved in a new Primary Care Quality Improvement pilot project in Brighton and Hove. This project provides support, training and resources to 6 local GP surgeries to strengthen their capacity to provide appropriate, timely care and support to children and young people experiencing thoughts of suicide and/or self-harm. This contract ended on 30th September 2020.

Pathfinder West Sussex (Targeted Mental Health Support Services)

As part of Pathfinder West Sussex, an Alliance of 10 providers, we develop and deliver targeted mental health support services across West Sussex. Targeted mental health services bridge the gap between universal health and wellbeing services and specialist mental health services.

Mind in Brighton and Hove delivers Community Advocacy, IMHA Advocacy and Peer Mentoring services within Pathfinder and our lead responsibility for Pathfinder website and communications ended on 31st March 2020.

ACTIVITIES AND ACHIEVEMENTS (cont)

Training in Mind

We develop and deliver established training packages and create bespoke training and workshops for organisations focusing on Managing Mental Health in the Workplace, Mental Health Awareness and Resilience training. During the year we adapted all our face to face training courses to be delivered remotely to local organisations and employers.

Wellbeing in East Sussex

During the year we have continued to develop our Mental Health Promotion and Wellbeing support in East Sussex. We deliver a range of activities and events to promote the emotional wellbeing and mental health of local communities and individuals. We adapted how we engaged with people and groups and developed a series of Wellbeing Tips sheets to support health and wellbeing during the pandemic. During 2021 the service supported a total of 3106 participants (2020; 806).

Get Set to Go

We successfully secured funding through national Minds grant process for the Get Set to Go scheme 2019, a national Mind initiative with funding from Sport England and the National Football League, in partnership with Active Sussex, Sussex Cricket Foundation and Albion in the Community. This service supported 16 people in Hastings, to access physical activity opportunities during 2021 (2020; 112). This contract ended on 31st October 2020.

Orbit/Breathing Space

We successfully secured a 2 year contract starting 1st March 2020 to provide wellbeing support to tenants of Orbit Housing in East Sussex. This service is in part of a partnership with other Local Minds in different areas with Mind in Bexley as the lead partner.

Public benefit

Our main activities and who we aim to help are described below. All our charitable activities focus on empowering anyone experiencing a mental health problem to live a full life and play a full part in society and are undertaken to further our charitable purposes for the public benefit.

Mind in Brighton and Hove's trustees confirm that the activities of the charity are carried out in line with its objectives for the benefit of the public. The impact of our work on our beneficiaries is a key criterion when deciding which activities to undertake and how best to achieve our mission. Mind in Brighton and Hove's trustees therefore confirm that they have complied with section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

Volunteers

The organisation has benefited from the services of 50 volunteers (2020 48) and is extremely grateful for the contribution made by these individuals. Volunteers have undertaken roles as Peer Mentors in Crawley and Horsham, in the Brighton and Hove Mental Health Advice and Information Service, at Lighthouse Recovery Support, Get Set to Go and in the Wellbeing in East Sussex projects.

Fundraising activities

Mind in Brighton and Hove conducts its own fundraising activities. We do not commission professional fundraisers or commercial participators. The charity is not signed up to a voluntary fundraising regulation scheme or standard.

We do not directly monitor all fundraising activities performed on our behalf but we do provide guidance about expected standards and behaviour to individuals and organisations using our branded collection buckets etc. This guidance includes ensuring vulnerable people and the wider public are protected from behaviours which include; unreasonable intrusion on a person's privacy; unreasonable persistent methods to receive a donation; and undue pressure on a person to give a donation.

Mind in Brighton and Hove has not received any complaints about fundraising activities performed by the charity or anyone else on its behalf.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

FINANCIAL REVIEW

Financial position

The results for the year and the financial position of the charity at the year-end are shown in the financial statements on pages 17 and 18 with the accompanying notes to the accounts on pages 21 to 35.

There was an increase in unrestricted reserves of £112,638 to £1,099,845 at 31st March 2021 (2020 an increase of £95,920). There was an overall increase in restricted reserves of £46,012 to £276,230 at 31st March 2021 (2020 an increase of £70,161).

There was therefore an overall increase in reserves for the year of £158,650 (2020 an increase of £166,081).

Expenditure was all spent on the delivery of Mind's charitable activities as outlined on pages 24 to 25, with the exception of the cost of fundraising as analysed in the Statement of Financial Activities and in the Notes to the accounts.

The movement in fixed assets for the year is set out in note 13 to the financial statements. The organisation is a registered charity and company limited by guarantee and therefore no dividends are payable.

The surplus is as a result of three main factors:

- We significantly exceeded our generated income targets in relation to fundraising donations
- We had staffing changes and vacancies within our Management Team and staff turnover in our Brighton and Hove and West Sussex Advocacy services
- Some of our project budgets underspent in areas such as staff travel and expenses relating to how service delivery needed to be adapted during the pandemic

Future sustainability

Looking to the future, in 2021/2022 we face the end of our B&H Employment Advice Service and the potential end of our current contracts for West Sussex Pathfinder services, both of which are a significant proportion of our income and the potential ending of some smaller contracts, which together creates some uncertainty for us beyond the year end.

While there are reasonable expectations that some of these contracts will be renewed or extended we have undertaken preparation work including identifying the costs and contributions of each individual contract and scenario planning to ensure readiness in the event of any significant changes in contract income. This will help enable us to reduce expenditure in line with income if needed and to mitigate against the impact of this on the organisation.

If required, trustees will give consideration to the use of reserves where the level of reserves allow, to potentially invest and fund future service development and delivery in line with its strategic objectives. Another external risk faced by the organisation post year end is the continued risk of the impact of the COVID-19 pandemic in particular on the health and wellbeing of staff and volunteers; on funding and therefore on the organisation to fulfil its charitable objectives.

Throughout the pandemic we have monitored and adjusted organisational plans and priorities to take these risks into account and ensure risk assessments and plans are developed and regularly reviewed to address these. We have identified and implemented significant adaptations to how we work and how we deliver our services to our beneficiaries. We have monitored and worked in accordance with Government guidance and legislation throughout and proactively communicated changes required to people accessing support. We have achieved our intention to continue to offer all our services throughout, although needing to deliver these in a different way for some periods during the pandemic.

We continued to offer all our services via telephone, text, email and online support and made changes to our telephone and IT systems and procedures to enable this. We have developed new approaches to promoting awareness of mental health and wellbeing and adapted our services to be delivered in a different way by making use of digital technology. We are grateful for the opportunity to access the Emergency IT grant available through national Mind which we benefited from during the year.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

FINANCIAL REVIEW (cont)

Our longer term current contract income remains secure at present, but we face some ongoing challenges to income generated through activities such as training delivery which were significantly impacted due to the pandemic and restrictions during the year and have developed plans to mitigate against this going forwards.

Investment policy and objectives

Trustees make decisions regarding investments in accordance with the charity's Ethical Fundraising and Investment Policy and Guidance. We do not invest in risk-bearing financial instruments. Nearly all of our financial assets are held in short-term cash accounts. Where practical, we aim to maintain account balances which do not exceed the FSA-protected amounts of £85,000.

Reserves policy

The Trustees regularly monitor and review the level of reserves, and the charity's reserves policy is reviewed on an annual basis by the Finance and Business Development Sub Committee for approval by the Board of Trustees. The charity's reserves policy sets out why the charity needs reserves and the level of reserves Trustees believe that the charity needs. The Board continues to review our investment of reserve funds in order to obtain the best returns.

It has been agreed that funds will continue to be designated in 2021 in respect of the remainder of the donation received in December 2018 for investment in the development of our East Sussex Wellbeing services. The legacy received in October 2019 has been designated for investment to maintain the delivery and capacity of our B&H Mental Health Advice Service and for investment in our website development and digital strategy, in accordance with our strategic development objectives.

The Trustees are aware that the charity must balance the need to maintain its reserves against delivery of its charitable objects. The reserves policy continues to be to maintain sufficient reserves to give financial stability to the charity and to its activities in the context of a challenging funding environment. The Trustees continue to examine ways to ensure that our services represent value for money and to maintain the unrestricted reserves at a level to enable the charity to both manage the financial risks it faces and to flexibly fund future work to achieve its aims.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

FUTURE PLANS

During the year we reviewed our strategic priorities and consulted with staff, people that use our services and stakeholders to help steer and develop our new strategy. We finalised and implemented our new 3 year Strategic Business Plan in April 2021.

We implement our Strategy through an Annual Business Plan which is approved and monitored by the Board of Trustees and Sub Committees. Our Annual Business Plan for 2021/2022 reflects our 4 new strategic objectives and plans for 2021/2022 include:

Strategic Priority 1: Financial sustainability

- To retain current contracts and maximise opportunities/best position MiBH to secure new contracts/funding
- Develop plans to mitigate the end of the CMHRF for our Advice service and consider options for expanding the remit
- Development, evaluation and delivery plan for the ESx Men's Mental Health Project
- Review of interest/demand for MHFA training and develop plans for reintroducing face to face training alongside online delivery
- Review our premises requirements and arrangements to ensure cost effectiveness/fit for purpose.

Strategic Priority 2: Business Development and Innovation

- Review our advocacy services to ensure we are best positioned to retain contracts and respond to future changes in the MHA
- Develop project plans for an organisational digital strategy using the NCVO digital and technology toolkit
- Undertake and review the development of the MiBH website incorporating Mind brand refresh
- Review our cyber security and develop plan to achieve Cyber Essential certification
- Produce annual plan for ESx identifying further business development and funding opportunities in 21/22 and beyond
- Consider new approaches and partnerships to increase our reach across Sussex

Strategic Priority 3: Accessibility and inclusion

- Undertake annual equalities monitoring to better inform our work
- Develop plan to implement Mind Influence and Participation toolkit to improve our approach to involving people with lived experience
- Identify key organisations with experience and expertise in supporting racialised communities with a view to developing partnerships
- Identify preferred equality and diversity learning and development opportunities for staff to increase awareness
- Develop annual plan to implement Mind Brand refresh

Strategic Priority 4: Employer of choice

- Review and update our HR Policies and Procedures and ensure they reflect and promote organisational culture and Workplace Wellbeing
- Implement Mind Wellness Action Plans for all staff and volunteers
- Implement a blended model of office and remote working in response to the pandemic
- Ensure opportunities for cross team working are provided through learning and development and regular, professional team meetings

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Mind in Brighton and Hove is a charity and company limited by guarantee, incorporated on 3 July 1998 and the assets and liabilities of the charity were transferred on 1 October 1998 by a resolution passed at its extraordinary meeting held on 27 May 1998. The charity is governed by its Memorandum and Articles of Association as amended by special resolution on 16 September 2019.

Recruitment and Appointment of New Trustees

Board of Trustees (Management Committee)

The directors of the company are also trustees of the charity for purposes of charity law. The appointment of the Trustees is set out in the Articles of Association, which requires there to be a minimum of 3 trustees. A range of methods are used to advertise trustee vacancies. Selected trustees are co-opted to the Board until the next AGM at which they are eligible for election. In addition to the honorary officers of Chair and Treasurer, the Board of Trustees also appoint the Company Secretary trustee. As with all staff and volunteers working for Mind in Brighton and Hove, all Trustees are checked with the Disclosure and Barring Service (DBS). The Board of Trustees includes people with experience in health and social care, commissioning, education, law, business and the charity sector.

Trustee Induction and Training

New trustees receive an induction pack including the governing document, trustee role description, key relevant policies and organisational information. A structured induction is provided over 2 sessions. Trustees are kept up to date through regular service and finance reports. Trustees are encouraged to attend learning and networking events organised by Mind and other external agencies.

Organisation Structure and Decision Making

The Trustees meet bi-monthly to determine policy and strategy, and to review and direct the charity's activities. The Finance and Business Development Sub Committee, comprising of Trustees and senior managers, meets bi-monthly alternating with Board meetings and makes recommendations to the Board on financial matters and fundraising plans and strategies. The day-to-day management of the charity is delegated to the Chief Executive Officer (CEO), who reports to the Trustees. In turn, the Director of Operations reports to the CEO.

Arrangements for Setting Pay and Remuneration of Key Management Personnel

The key management personnel are the CEO, Director of Operations and Service Managers. The salary for these posts are set and reviewed through benchmarking salaries for similar posts in comparable organisations, salaries for key management personnel are also considered in relation to the salaries of other posts in the organisation.

Relationship with Mind

The charity is one of a number of independent local charitable associations that are affiliated to Mind (the National Association for Mental Health; registered charity 219830).

As a separate charity in its own right, the Mind in Brighton and Hove accounts are not consolidated into the Mind accounts. Mind assists the charity by providing networking opportunities with other local Minds, information, training, small grants opportunities and sharing policy advice and good practice to build capacity and good quality services. The charity is required to comply with the Mind Federation Agreement, including Mind brand guidelines and Mind's quality standards, the Mind Quality Mark, against which Mind in Brighton and Hove was reviewed by Mind in October 2016. In the year the charity subscribed to the Mind block insurance policy.

Risk assessment

The Board of Trustees have overall responsibility for risk management and the Trustees review the analysis, assessment and management of risks on an annual basis in accordance with the charity's Risk Strategy and Policy. An annual risk register is maintained, reviewed and updated quarterly. The Trustees can therefore provide reasonable assurance that the major risks to which the charity is exposed have been reviewed and that plans are being developed to mitigate those risks to an acceptable level in its day-to-day operations.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03592375 (England and Wales)

Registered Charity number

1071434

Registered office

51 New England Street
Brighton
East Sussex
BN1 4GQ

Trustees

Andrew John Clinton (resigned 8/12/2020)
Philip John Pragnell (resigned 8/12/2020)
Alex James Simm (Chair) (resigned 8/12/2020)

Deborah J Fortescue (Interim Treasurer)

Laura Greenwood-Pearsons (Chair)

Frank Sims

Sarah Miles

Robin Edward Penfold

Suzanne Violet Farrell

Company Secretary

Robin Edward Penfold

Auditors

Chariot House Limited

Chartered Accountants

44 Grand Parade

Brighton

East Sussex

BN2 9QA

Principal Bankers

CAF Bank Ltd

25 Kings Hill Avenue

Kings Hill

West Malling

Kent

ME19 4JQ

Executive Director

Gillian Unsworth

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Mind In Brighton And Hove for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:


- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Chariot House Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 30/11/21 and signed on its behalf by:


.....
Laura Greenwood-Pearsons - Chair

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
MIND IN BRIGHTON AND HOVE**

Opinion

We have audited the financial statements of Mind In Brighton And Hove (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
MIND IN BRIGHTON AND HOVE**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
MIND IN BRIGHTON AND HOVE**

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.

We performed analytical procedures to identify any unusual or unexpected relationships that might indicate risks of material misstatement due to fraud.

We inspected the minutes of meetings of those charged with governance, and made direct enquiries of management and the board of trustees concerning the charity's policies and procedures relating to:

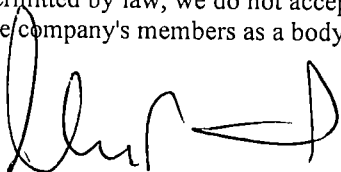
- * Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
- * Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- * The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.

In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates were indicative of a potential bias, and tested significant transactions that were unusual or those outside the normal course of business.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Mark Partridge, FCA (Senior Statutory Auditor)
for and on behalf of Chariot House Limited
Chartered Accountants & Statutory Auditor
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Date: 30/11/21

MIND IN BRIGHTON AND HOVE**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021**

		Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	53,994	-	53,994	59,215
Charitable activities	5				
Advocacy Services		270,009	201,920	471,929	543,905
Wellbeing Services		128,166	677,107	805,273	1,205,919
Other trading activities	3	6,245	325	6,570	54,550
Investment income	4	5,308	-	5,308	6,611
Other income		-	-	-	3,000
Total		463,722	879,352	1,343,074	1,873,200
EXPENDITURE ON					
Charitable activities	6				
Advocacy Services		134,578	167,642	302,220	623,744
Wellbeing Services		211,693	665,698	877,391	1,079,162
Governance Costs		4,813	-	4,813	-
Support costs		-	-	-	4,213
Total		351,084	833,340	1,184,424	1,707,119
NET INCOME		112,638	46,012	158,650	166,081
RECONCILIATION OF FUNDS					
Total funds brought forward		987,207	230,218	1,217,425	1,051,344
TOTAL FUNDS CARRIED FORWARD		<u>1,099,845</u>	<u>276,230</u>	<u>1,376,075</u>	<u>1,217,425</u>

The notes form part of these financial statements

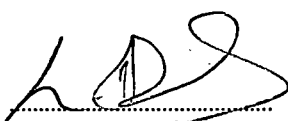
MIND IN BRIGHTON AND HOVE (REGISTERED NUMBER: 03592375)

BALANCE SHEET
31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
CURRENT ASSETS					
Debtors	14	19,520	-	19,520	131,011
Cash at bank and in hand		<u>1,127,687</u>	<u>276,230</u>	<u>1,403,917</u>	<u>1,135,438</u>
		1,147,207	276,230	1,423,437	1,266,449
CREDITORS					
Amounts falling due within one year	15	<u>(47,362)</u>	-	<u>(47,362)</u>	<u>(49,024)</u>
NET CURRENT ASSETS		<u>1,099,845</u>	<u>276,230</u>	<u>1,376,075</u>	<u>1,217,425</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,099,845</u>	<u>276,230</u>	<u>1,376,075</u>	<u>1,217,425</u>
NET ASSETS		<u>1,099,845</u>	<u>276,230</u>	<u>1,376,075</u>	<u>1,217,425</u>
FUNDS	16				
Unrestricted funds				1,099,845	987,207
Restricted funds				<u>276,230</u>	<u>230,218</u>
TOTAL FUNDS				<u>1,376,075</u>	<u>1,217,425</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30/11/21 and were signed on its behalf by:


.....
Laura Greenwood-Pearsons - Trustee

The notes form part of these financial statements

MIND IN BRIGHTON AND HOVE

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2021

	Notes	2021 £	2020 £
Cash flows from operating activities			
Cash generated from operations	1	<u>263,171</u>	<u>448,764</u>
Net cash provided by operating activities		<u>263,171</u>	<u>448,764</u>
 Cash flows from investing activities			
Interest received		<u>5,308</u>	<u>6,611</u>
Net cash provided by investing activities		<u>5,308</u>	<u>6,611</u>
 Change in cash and cash equivalents in the reporting period		 268,479	 455,375
Cash and cash equivalents at the beginning of the reporting period		<u>1,135,438</u>	<u>680,063</u>
 Cash and cash equivalents at the end of the reporting period		 <u>1,403,917</u>	 <u>1,135,438</u>

The notes form part of these financial statements

MIND IN BRIGHTON AND HOVE

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2021

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2021 £	2020 £
Net income for the reporting period (as per the Statement of Financial Activities)	158,650	166,081
Adjustments for:		
Interest received	(5,308)	(6,611)
Decrease in debtors	111,491	302,604
Decrease in creditors	<u>(1,662)</u>	<u>(13,310)</u>
Net cash provided by operations	<u>263,171</u>	<u>448,764</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/20 £	Cash flow £	At 31/3/21 £
Net cash			
Cash at bank and in hand	<u>1,135,438</u>	<u>268,479</u>	<u>1,403,917</u>
	<u>1,135,438</u>	<u>268,479</u>	<u>1,403,917</u>
Total	<u>1,135,438</u>	<u>268,479</u>	<u>1,403,917</u>

The notes form part of these financial statements

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Mind in Brighton and Hove meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

Going Concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. The trustees consider that the Covid-19 pandemic is not likely to have a significant impact on the charity's core funding/contract income. The trustees regard any impact of the pandemic to be on our generated income such as that received from fundraising or training delivery rather than affecting the charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations

Donations are accounted for as received. In the event that a donation is subject to fulfilling performance conditions before the charity is entitled to the funds, the income is deferred until either those conditions are met in full, or their fulfilment is wholly within the control of the charity and it is probable that those conditions will be fulfilled by the reporting period.

Legacy income

The charity recognises residuary legacy income at the earlier date of receipt or when the executors have determined that a payment can be made following the agreement of the estate's accounts, or on notification by the executors that payment will be made. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Grant income; Income from charitable activities

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific conditions and is recognised as earned. Grant funding included in this category provides funding to support activities and is recognised where there is entitlement, probability of receipt, and the amount can be measured with sufficient reliability.

Other income

Income from investments is recognised on a receivable basis.

Income from training courses are recognised as earned.

Income from events is only recognised in the year and period the event takes place. Until such time that the event takes place any such income is deferred to future periods.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES - continued

Income

Other incoming resources comprises one off and irregular income recognised using the same criteria for voluntary income.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure is accounted for on an accruals basis including irrecoverable VAT and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Costs of generating funds is based on the cost of fundraising and activities for generating funds.

Costs of charitable activities is split over the main areas of Mind's activities in order to give an accurate estimation of the resources used by each activity.

Support costs include some salary costs, administrative expenses and depreciation. The costs are allocated on a ratio basis of each project's direct expenditure. It also includes costs previously shown as governance costs which comprise all costs associated with constitutional and statutory requirements.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation.

Equipment, which is mainly comprised of computer equipment, is depreciated on a straight line basis over 3 years.

Refurbishments and adaptations to the charity's leasehold premises are amortised on a straight line basis over the life of the lease.

The charity operates a capitalisation policy where items in excess of £1,000 are capitalised and written off as above.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES - continued

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Volunteers

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the Trustees' Annual Report.

Pension scheme

On 1st September 2015, the charity changed from the group personal pension scheme to a defined contribution scheme under the Government's Auto Enrolment pension reform for eligible staff where the employer contributes 5% or 3% subject to the length of service.

The declaration of compliance was successfully submitted to the Pensions Regulator in October 2015 and our re-declaration of compliance submitted in May 2018, and again in September 2021, confirming that the charity had met the legal duties for auto enrolment.

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	<u>53,994</u>	<u>59,215</u>

3. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising events	482	7,333
Shop income	325	12,036
Hire of Rooms	-	9,191
Training and Consultancy	<u>5,763</u>	<u>25,990</u>
	<u>6,570</u>	<u>54,550</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021****4. INVESTMENT INCOME**

	2021	2020
	£	£
Deposit account interest	<u>5,308</u>	<u>6,611</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2021	2020
		£	£
Grants	Advocacy Services	471,929	543,905
Grants	Wellbeing Services	<u>805,273</u>	<u>1,205,919</u>
		<u>1,277,202</u>	<u>1,749,824</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
B&H CC - Brighton & Hove Community Advocacy	-	5,594
B&H CC - Brighton & Hove Specialist Advocacy	-	9,812
B&H CC - Brighton and Hove IMHA	-	6,155
B&H CC - Mental Health Promotion	-	33,346
B&H CCG - Brighton and Hove Substance Misuse	24,774	51,669
B&H CCG - Brighton & Hove Specialist Advocacy	-	36,738
B&H CCG - Brighton & Hove Community Advocacy	-	19,405
B&H CCG - Brighton & Hove IMHA Service	-	21,346
B&H CCG - Brighton & Hove Wellbeing Service	247,042	621,567
B&H CCG - Lighthouse Recovery at the Allen Centre	-	30,424
B&H CCG - Brighton & Hove Mental Health Engagement	-	21,434
B&H CCG - Employment Advice	232,000	209,334
Coastal West Sussex , Crawley and Horsham and Mid Sussex CCG and West Sussex CC - West Sussex Children and Young People's Advocacy	-	4,132
Coastal West Sussex , Crawley and Horsham and Mid Sussex CCG and West Sussex CC - Crawley and Horsham Peer Mentoring	34,447	33,971
Coastal West Sussex , Crawley and Horsham and Mid Sussex CCG and West Sussex CC - West Sussex IMHA Service	94,696	93,389
Coastal West Sussex , Crawley and Horsham and Mid Sussex CCG and West Sussex CC - Pathfinder West Sussex Website (formerly Head Forward)	-	23,965
Coastal West Sussex, Crawley and Horsham and Mid Sussex CCG and West Sussex CC - West Sussex Pathfinder Incentive Payment	30,446	30,024
Coastal West Sussex, Crawley and Horsham and Mid Sussex CCG and West Sussex CC - Community Advocacy	175,313	162,547
SPFT - PWP Trainee Funding	-	73,658
B&H CC Advocacy Hub	201,920	151,440
East Sussex - Get Set To Go	5,450	30,850
Pace Setter (Practice Hope) Project	-	47,097
East Sussex County Council	-	5,000
B&H CCG - Lighthouse Community Roots	50,574	26,927
East Sussex - Orbit	19,370	-
Brighton & Hove Mental Health Advice	<u>64,685</u>	-
Carried forward	1,180,717	1,749,824

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2021	2020
	£	£
Brought forward	1,180,717	1,749,824
Pathfinder Website	3,775	-
Brighton & Hove Risk Pool	34,724	-
Hastings Voluntary Action - Big Local Grant	1,000	-
Sussex Partnership NHS Trust	24,358	-
B&H CC Mental Health Promotion - Community Roots	31,693	-
B&H CCG Mental Health Supported accomodation	935	-
	<u>1,277,202</u>	<u>1,749,824</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7)	Support costs (see note 8)	Totals
	£	£	£
Advocacy Services	302,220	-	302,220
Wellbeing Services	877,391	-	877,391
Governance Costs	-	4,813	4,813
	<u>1,179,611</u>	<u>4,813</u>	<u>1,184,424</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2021	2020
	£	£
Staff costs	1,024,360	1,443,690
Other Direct Costs	39,160	70,234
Support Costs	100,763	123,422
Payments to Partners	15,328	59,310
MindOut LGBT Advocacy	-	6,250
	<u>1,179,611</u>	<u>1,702,906</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

8. SUPPORT COSTS

	Governance costs
	£
Governance Costs	<u>4,813</u>

Support costs, included in the above, are as follows:

Governance costs

	2021 Governance Costs £	2020 Total activities £
Auditors' remuneration	4,800	4,200
Other Governance costs	<u>13</u>	<u>13</u>
	<u>4,813</u>	<u>4,213</u>

9. AUDITORS' REMUNERATION

The charge for the Auditors' Remuneration is made up as follows:

	2021 £	2020 £
Audit Fees - current year	3,600	3,200
Audit Fees - underprovision in previous year	-	-
Audit Fees - non audit work (accounts preparation)	1,200	1,000

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

No trustee was reimbursed any expenses during the year (2020: None).

11. STAFF COSTS

The average monthly headcount during the year was 43 (2020: 65), equating to 35 full time equivalent (2020: 54).

The aggregate payroll costs in respect of these employees were :

	2021 £	2020 £
Wages and Salaries	916,052	1,276,990
Social Security cost	76,519	104,807
Pension Costs	<u>31,789</u>	<u>43,406</u>
	<u>1,024,360</u>	<u>1,425,204</u>

The number of staff who were opted into the pension scheme as at 31 March 2021 was 29 (2020 : 63).

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2021**11. STAFF COSTS - continued**

One employee received emoluments (excluding employers national insurance and pension contributions) in excess of £60,000 (2020 : None).

The charity considers its key management personnel comprises the Trustees, Chief Executive Officer, Operations Director and 4 Service Managers. Total employment benefits (including employers national insurance and pension contributions) to its key management personnel were £265,928 (2020 : £306,516 restated).

A total of £1,947 was paid out in redundancy costs during the year.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2019

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	59,215	-	59,215
Charitable activities			
Advocacy Services	255,936	287,969	543,905
Wellbeing Services	139,629	1,066,290	1,205,919
Other trading activities	47,547	7,003	54,550
Investment income	6,611	-	6,611
Other income	3,000	-	3,000
Total	511,938	1,361,262	1,873,200
EXPENDITURE ON			
Charitable activities			
Advocacy Services	257,572	366,172	623,744
Wellbeing Services	153,173	925,989	1,079,162
Support costs	4,213	-	4,213
Total	414,958	1,292,161	1,707,119
NET INCOME	96,980	69,101	166,081
Transfers between funds	(1,060)	1,060	-
Net movement in funds	95,920	70,161	166,081
RECONCILIATION OF FUNDS			
Total funds brought forward	891,285	160,059	1,051,344
TOTAL FUNDS CARRIED FORWARD	987,205	230,220	1,217,425

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2021**13. TANGIBLE FIXED ASSETS**

	Short leasehold £	Fixtures and fittings £	Totals £
COST			
At 1 April 2020 and 31 March 2021	<u>77,392</u>	<u>10,284</u>	<u>87,676</u>
DEPRECIATION			
At 1 April 2020 and 31 March 2021	<u>77,392</u>	<u>10,284</u>	<u>87,676</u>
NET BOOK VALUE			
At 31 March 2021	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2020	<u>-</u>	<u>-</u>	<u>-</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Grants receivable	450	28,380
Other debtors	2,641	88,333
Prepayments	<u>16,429</u>	<u>14,298</u>
	<u>19,520</u>	<u>131,011</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	12,589	3,031
Social security and other taxes	20,234	28,897
Other creditors	1,900	-
Accrued expenses	<u>12,639</u>	<u>17,096</u>
	<u>47,362</u>	<u>49,024</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2021**16. MOVEMENT IN FUNDS**

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
Unrestricted funds			
General fund	800,126	109,741	909,867
Designated Riverstone Donation	70,249	(31,827)	38,422
Designated Legacy	116,832	-	116,832
Brighton & Hove Risk Pool	-	34,724	34,724
	987,207	112,638	1,099,845
Restricted funds			
Brighton & Hove IMHA	22,579	-	22,579
Brighton & Hove Specialist Advocacy	3,542	-	3,542
B&H Mental Health Advice and Information	12,815	-	12,815
Lighthouse Recovery Project	19,585	-	19,585
Mental Health Promotion - Community Roots	4,317	(4,317)	-
East Sussex Development	12,349	325	12,674
Brighton & Hove Mental Health Engagement	7,887	(95)	7,792
Department of Work and Pensions - Employment Advice	82,980	10,221	93,201
B&H Advocacy Hub	18,201	34,278	52,479
East Sussex - Get Set To Go	14,507	(10,764)	3,743
Pace Setter (Practice Hope) Project	31,361	(25,963)	5,398
Lighthouse Community Roots Project	95	7,038	7,133
Brighton & Hove Mental Health Advice Service	-	31,957	31,957
East Sussex - Orbit	-	3,332	3,332
	230,218	46,012	276,230
TOTAL FUNDS	1,217,425	158,650	1,376,075

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2021**16. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	428,998	(319,257)	109,741
Designated Riverstone Donation	-	(31,827)	(31,827)
Brighton & Hove Risk Pool	<u>34,724</u>	<u>-</u>	<u>34,724</u>
	463,722	(351,084)	112,638
Restricted funds			
B&H Wellbeing Service	271,400	(271,400)	-
Mental Health Promotion - Community Roots	31,693	(36,010)	(4,317)
East Sussex Development	325	-	325
Brighton & Hove Mental Health Engagement	-	(95)	(95)
Department of Work and Pensions - Employment Advice	232,000	(221,779)	10,221
B&H Advocacy Hub	201,920	(167,642)	34,278
East Sussex - Get Set To Go	5,450	(16,214)	(10,764)
Pace Setter (Practice Hope) Project	-	(25,963)	(25,963)
Lighthouse Community Roots Project	50,574	(43,536)	7,038
Hastings Voluntary Action - Big Local Grant	1,000	(1,000)	-
Brighton & Hove Mental Health Advice Service	64,685	(32,728)	31,957
East Sussex - Orbit	19,370	(16,038)	3,332
Brighton & Hove Mental Health supported accommodation	<u>935</u>	<u>(935)</u>	<u>-</u>
	<u>879,352</u>	<u>(833,340)</u>	<u>46,012</u>
TOTAL FUNDS	<u>1,343,074</u>	<u>(1,184,424)</u>	<u>158,650</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2021**16. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1/4/19 £	Net movement in funds £	Transfers between funds £	At 31/3/20 £
Unrestricted funds				
General fund	656,525	117,733	25,868	800,126
Designated Redundancy Fund	14,428	-	(14,428)	-
Designated Pathfinder West Sussex Fund	12,500	-	(12,500)	-
Designated Riverstone Donation	91,000	(20,751)	-	70,249
Designated Legacy	116,832	-	-	116,832
	891,285	96,982	(1,060)	987,207
Restricted funds				
Brighton & Hove Community Advocacy	6,046	(6,046)	-	-
Brighton & Hove IMHA	30,772	(8,193)	-	22,579
Brighton & Hove Specialist Advocacy	9,654	(2,312)	(3,800)	3,542
B&H Mental Health Advice and Information	12,815	-	-	12,815
Lighthouse Recovery Project	28,886	(9,206)	-	19,680
Mental Health Promotion - Community Roots	2,305	2,012	-	4,317
East Sussex Development	5,346	-	-	5,346
West Sussex Children and Young People's Advocacy	11,828	(16,688)	4,860	-
Brighton & Hove Mental Health Engagement	12,610	(4,723)	-	7,887
Department of Work and Pensions - Employment Advice	39,797	43,183	-	82,980
B&H Advocacy Hub	-	18,201	-	18,201
East Sussex - Get Set To Go	-	21,510	-	21,510
Pace Setter (Practice Hope) Project	-	31,361	-	31,361
	160,059	69,099	1,060	230,218
TOTAL FUNDS	<u>1,051,344</u>	<u>166,081</u>	<u>-</u>	<u>1,217,425</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2021**16. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	511,938	(394,205)	117,733
Designated Riverstone Donation	-	(20,751)	(20,751)
	511,938	(414,956)	96,982
Restricted funds			
Brighton & Hove Community Advocacy	25,000	(31,046)	(6,046)
Brighton & Hove IMHA	27,500	(35,693)	(8,193)
Brighton & Hove Specialist Advocacy	46,550	(48,862)	(2,312)
B&H Wellbeing Service	695,225	(695,225)	-
Lighthouse Recovery Project	57,351	(66,557)	(9,206)
Mental Health Promotion - Community Roots	33,346	(31,334)	2,012
West Sussex Children and Young People's Advocacy	4,132	(20,820)	(16,688)
Brighton & Hove Mental Health Engagement	21,434	(26,157)	(4,723)
Department of Work and Pensions - Employment Advice	209,334	(166,151)	43,183
B&H Advocacy Hub	151,440	(133,239)	18,201
East Sussex - Get Set To Go	42,853	(21,343)	21,510
Pace Setter (Practice Hope) Project	47,097	(15,736)	31,361
	1,361,262	(1,292,163)	69,099
TOTAL FUNDS	1,873,200	(1,707,119)	166,081

FUND DETAILS**1. Advocacy Services****(a) Brighton and Hove Community Advocacy**

Advocacy service for people in the community with mental health issues. Funded by B&H CC and B&H CCG. Contract ended 30 June 2019.

(b) Brighton and Hove IMHA

Statutory advocacy service for people in B&H detained under the Mental Health Act. Funded by B&H CCG. Contract ended 30 June 2019.

(c) Brighton and Hove Specialist Advocacy

Advocacy services supporting adults in B&H using or seeking to use Adult Social Care and Health Services and Independent Advocacy under the Care Act. Funded by B&H CCG. Contract ended 30 June 2019.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2021**

16. MOVEMENT IN FUNDS - continued

(d) West Sussex Community Advocacy

Advocacy service for people in the community with mental health issues, provided across West Sussex in community and in-patient settings. Funded by West Sussex CC and the CCGs in West Sussex.

(e) West Sussex Children and Young People's Advocacy

Advocacy service for children and young people with emotional wellbeing or mental health issues aged 11 to 18, provided across West Sussex. Funded by West Sussex CC and the CCGs in West Sussex. Contract ended 30 April 2019.

(f) West Sussex IMHA

Statutory advocacy service for people detained under the Mental Health Act in West Sussex. Funded by West Sussex CC and the CCGs in West Sussex.

(g) Sussex Advocacy Partnership

Community advocacy, IMHA and statutory advocacy services for people in Brighton and Hove. This is a partnership with POhWER, MindOut, Speak Out, SIS and Impact Initiatives which started on 1 July 2019. Funded by B&H CC and B&H CCG through POhWER as the lead provider.

2. Wellbeing Services

(a) Brighton and Hove Wellbeing Service

Mind in Brighton and Hove deliver Advice and Information, Employment Advice and Support and Step 2 of Improving Access to Psychological Therapies IAPT Services as part of the Brighton and Hove Wellbeing service contract which started on 1 June 2017. This is a partnership with Here, Sussex Partnership NHS Foundation Trust and YMCA Downlink Group and is funded by B&H CCG through Here as the lead provider.

(b) Brighton and Hove Lighthouse Recovery at the Allen Centre

A partnership with Sussex Oakleaf and Sussex Partnership NHS Foundation Trust providing therapeutic interventions for people with a personality disorder in B&H. Funded by B&H CCG through Sussex Oakleaf as lead provider. The contract ended on 30 September 2019.

(c) Brighton and Hove Mental Health Engagement

Delivery of citywide engagement activity in B&H that enables mental health services users to evidence and articulate their needs and ambitions and support co-designed solutions. We partner with YMCA Downlink to expand our capacity to reach young people aged 16 to 25. Funded by B&H CCG. This contract ended 31 March 2020.

(d) Brighton and Hove Mental Health Promotion

A structured programme of activities and events to promote the emotional wellbeing and mental health of people living in areas of socio-economic deprivation and delivery of a programme of public events and publicity to support key calendar events, such as World Mental Health Day. Funded by B&H CC. This contract ended on 30 September 2019.

(e) Brighton and Hove Substance Misuse Service User Involvement

A service that develops and supports substance misuse service user groups locally, promotes engagement in treatment and planning of substance misuse services, provides training and facilitates peer support. Funded by B&H CCG.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2021**

16. MOVEMENT IN FUNDS - continued

(f) Crawley and Horsham Peer Mentoring

Provides support for people with mental health issues in Crawley and Horsham through matching them with appropriate volunteer peer mentors to help them achieve their personal goals and reduce social isolation. Funded by West Sussex CC and the CCGs in West Sussex.

(g) Pathfinder West Sussex Website

Development and maintenance of a website for Pathfinder West Sussex. Funded by West Sussex CC and the CCGs in West Sussex. This contract ended on 31st March 2020.

(h) Mind in East Sussex

Funding from East Sussex Mind Shops Profit Share to invest in the development of Mind Services in East Sussex. This arrangement ended on 31st March 2021.

(i) Wellbeing in East Sussex

Mental health promotion and programmes of activities and events to raise awareness and promote the emotional wellbeing and mental health of people in East Sussex. Funded by a donation received from Riverstone in December 2018, this project started in April 2019.

(j) Pace Setter/Practice Hope

A Primary Care Quality Improvement project in Brighton and Hove, supporting GP's to improve how they support young people with thoughts of suicide and self harm. This contract ended on 30th September 2020.

(k) Get Set to Go

A national Mind initiative with funding from Sport England and the National Football League supporting individuals in Hastings to access physical activity opportunities. This contract ended on 31st October 2020

(l) Brighton and Hove Lighthouse Recovery

A partnership with Southdown and Sussex Partnership NHS Foundation Trust providing therapeutic interventions for people with a personality disorder diagnosis in B&H. Delivered as part of the B&H Community Roots partnership and funded by B&H CCG through Southdown as lead provider. This contract started on 1 October 2019.

(m) Brighton and Hove Mental Health Promotion

A structured programmes of activities and events to promote the emotional wellbeing and mental health of people living in Brighton and Hove. Delivered as part of the B&H Community Roots partnership and funded by B&H CCG through Southdown as lead provider. This contract started on 1 October 2019.

(n) East Sussex Orbit/Breathing Space

A partnership with a number of Local Minds around the country, with Mind in Bexley as lead partner. Delivered in Hastings and surrounding areas to provide well being support to tenants of Orbit Housing. This contract stated on 1st March 2020.

MIND GENERATED INCOME PROJECTS

Training in Mind

Income generated through the delivery of bespoke mental health awareness, managing mental health in the workplace and resilience training courses, to other organisations and individuals.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

16. MOVEMENT IN FUNDS - continued

FUND DETAILS (DESIGNATED)

(a) Riverstone Donation - to continue the delivery of Wellbeing in East Sussex.

(b) Legacy - the legacy received has been designated for investment to maintain the delivery and capacity of our B&H Mental Health Advice Service and for investment in our website development and digital strategy, in accordance with our strategic development objectives.

17. EMPLOYEE BENEFIT OBLIGATIONS

Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. Contributions to the scheme totalled £31,789 (2020; £43,406). The cost is split between unrestricted and restricted funds in line with the allocation of gross salaries.

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

19. MEMBERS

Mind in Brighton and Hove is a charitable company, limited by guarantee, registered in England and Wales, and has no share capital. No one member has overall control of the company.

In accordance with Clause 8 of the Memorandum of Association every member is liable to contribute a sum of up to £1 in the event of the company being wound up.

The company's registered number and registered office address can be found in the 'Legal and Administrative Information' section of the accounts.

MIND IN BRIGHTON AND HOVE**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	53,994	59,215
Other trading activities		
Fundraising events	482	7,333
Shop income	325	12,036
Hire of Rooms	-	9,191
Training and Consultancy	<u>5,763</u>	<u>25,990</u>
	6,570	54,550
Investment income		
Deposit account interest	5,308	6,611
Charitable activities		
Grants	1,277,202	1,749,824
Other income		
Miscellaneous income	<u>-</u>	<u>3,000</u>
Total incoming resources	1,343,074	1,873,200
EXPENDITURE		
Charitable activities		
Wages	1,024,360	1,443,690
Other Direct Costs	39,160	70,234
Support Costs	100,763	123,422
Payments to Partners	15,328	59,310
MindOut LGBT Advocacy	<u>-</u>	<u>6,250</u>
	1,179,611	1,702,906
Support costs		
Governance costs		
Auditors' remuneration	4,800	4,200
Other Governance costs	<u>13</u>	<u>13</u>
	<u>4,813</u>	<u>4,213</u>
Total resources expended	<u>1,184,424</u>	<u>1,707,119</u>
Net income	<u>158,650</u>	<u>166,081</u>

This page does not form part of the statutory financial statements